A. Publications from the institute (in last 6 years)

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
1.	Collaboration of Traditional Ayurveda Knowledge with modern technology	Published	World Journal of Pharmaceutical Research Vol 9, Issue 5, 2020. World Journal of pharma Research, pp 1828
2.	Efficacy of Ayurvedic drugs in the management of chronic non healing venous ulcer -a case study	Published	International Journal of Ayurveda and pharma research(IJAPR) IJAPR: April 2020: Vol 8 : Issue 4 page 19-21.
3.	Efficacy of ayurvedic compounds and leech therapy in kitibha (psoriasis) - A case report	Published	International Journal of Research In Ayurveda and pharmacy(IJRAP) IJAPR: April 2020: Vol 8; Issue 4, 19-22
4.	Concept of sangyaharana (anesthesia) in ancient India- A critical study	Published	International Journal of Research In Ayurveda and pharmacy(IJRAP) IJRAP : June 2020: Vol 11; Issue 3, 72-74
5.	Efficacy of ayurvedic medicine and leech therapy in primary symptomatic varicose vein - A non-randomized open-label single arm trial	Published	World Journal of Pharmacy and Pharmaceutical Science WJPPS: October 2020: Volume 9, Issue 7, 1110- 1120
6.	Efficacy of Gokshuradiguggulu, shudhasilajit and dashmool ghrita in (Astheela) benign prostatic hyperplasia-open observational study	Published	International Journal of Ayurveda and pharma research(IJAPR) IJAPR: April 2020: Vol 8; Issue 4, 40-46
7.	Management of sacrococygeal pilonidal sinus by ksharasutra-a case report	Published	Journal of Research in Ayurvedic Sciences JRAS, Volume 4 Issue 2 (April–June 2020) : 72-76
8.	Ayurvedic understanding of geriatrics and its research perspective	Published	World Journal of Pharmaceutical Research Vol 9, Issue 6, 961-969

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
9.	Management of chronic non-healing wound using ayurvedic drugs -a case study	Published	International Journal of Ayurvedic Medicine Vol 11(2), 337-341
10.	Satwavajayachikitsa in Bhagvadgita	Published	World Journal of Pharmaceutical Research Vol 9, Issue 7, 1110-1120
11.	Collaborative research for improvement of Health- A Researchers Experience	Published	Research Journal of Pharmacology and Pharmacodynamics Vol 13 (1):27-32
12.	Medico Historical perspective of Kitibh Kushtha (Psoriasis) – A common skin disorder	Published	World Journal of Pharmaceutical Research Vol 9(12): 408-415
13.	Medico histotrical perspective of Sushruta – The Father of Surgery	Published	World Journal of Pharmaceutical Research Vol 9 (12): 714-721
14.	Ayurvedic Management of Kampvata (Parkinson's Disease)- A Case Study Report	Published	Research Journal of Pharmacology and Pharmacodynamics Vol 12, Issue 4, Oct-Dec 2020
15.	Assessment of Effectiveness of C1 Herbal oil on Superficial External wound and STSG donors site for Surgical Wound healing – Study protocol for prospective randomized control clinical trial	Published	Protocol article published in Journal of Research in Ayurvedic Sciences 6(3):p 142-147, Jul–Sep 2022. | DOI: 10.4103
16.	Clinical Safety of selected Ayurvedic Formulations in Osteo Arthritis	Published	Journal of Research in Ayurvedic Sciences Vol4(4), Oct-Dec 2020: 140-148

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
17.	Effect of Ayurvedic medicine in the management of acute recurrent pancreatitis: A case report	Published	Journal of Research in Ayurvedic Sciences 2022; Vol 6, Issue 2;74-78
18.	Managing hyperbilirubinemia of alcoholic liver cirrhosis by Ayurvedic Medication : A case report	Published	Journal of clinical and experimental hepatology 2022; Vol 12, Issue S2;3210
19.	An open label clinical trial to evaluate clinical efficacy and safety of AYUSH AGT for external wounds.	Published	Journal of Research in Ayurvedic Sciences Paper, vol 6, issue 4, October- december2022
20.	Efficacy of ksharsutra prepared through automated machine and manual process in fistula in ano; A study protocol for a double blind randomized controlled trial	Published	Journal of Research in Ayurvedic Sciences Vol 6, Issue 2 : 87-92
21.	The Role of Agni karma in the management of Avbahuka : A Case Report	Published	International Journal of AYUSH case reports October-December; 6(4)
22.	Normalisation of highly elevated serum prostate specific agent by ayurveda medication – case series	Published	https://www.researchgate.net/publication/363214736_Normalisation_of_highly_elevated_Serum_Prostate_Specific_Antigen_PSA_by_Ayurveda_Medication_Case_series
23.	"Evaluation of the Effect of jambeerapindasweda in Cervical Spondylosis W.R.T Clinical Symptomatology"	Published	JRAS, (UGC-care list),ISSN 0254-3478 Jan-March vol-4, Issue 1,Pg no.18-25

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
24.	Efficacy and safety of Ayurveda intervention for depression: A systemic review protocol	Published	JRAS, (UGC-care list)ISSN 0254-3478,Vol.4, Issue-2 April-June, 2020
25.	Review of health-care services for older population in India and possibility of incorporating AYUSH in public health system for geriatric care	Published	AYU, International Journal ISSN No. 0974-8520(PubMed), Volume 41 / Issue 1 / January-March 2020,Page no- 3-11
26.	Safety and Efficacy of Ayush Rasayana A and B in Improving Functionality of the Elderly – A Single-Arm Multicenter Study	Published	"Journal of the Indian Academy of Geriatrics"ISSN0974-3405, Published in July - 2022,Pg no-49-57
27.	Development and Validation of Prakriti Assessment Questionnaire/scale	Published	https://www.researchgate.net/publication/378011552_Prakriti_article-development_of_a_standardized_assessment_scale
28.	Development of Ayurvedic "Svasthya Assessment Scale".(SAS)	Published	Ram JB, Yadav B, Ashwathykutty V, Jameela S, Ahmad A, Thrigulla SR, Sharma S, Rana RK, Singhal R, Rao BC, Srikanth N, Dhiman KS. Swasthya Assessment Scale (SAS)- Ayurveda based health assessment tool-insights on its development and validation. Ayu. 2021 Oct- Dec;42(4):151-155. doi: 10.4103/ayu.ayu_40_21. Epub 2023 May 17. PMID: 37347084; PMCID: PMC10281245.
29.	Clinical Evaluation of the effect of Sapthasara Kashaya and Saraswatharishta in Kashtartava (Primary Dysmenorrhoea)	Published	JRAS,ISSN 0256-5601 (UGC-care list), July-September 21 Vol.-5Issue-03 Pg. No-117-124

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
30.	"Efficacy and safety of ayurvedic intervention Ayush-HR in the management of Pre-Hypertension: Study protocol for a double blind randomized controlled clinical trial"	Published	protocol article has been published in Bulletin of Environment, Pharmacocloy and life science ISSN 2277-1808
31.	A Broad Review on Shatavari (Asparagus Racemosus) :Queen of All Herbs	Published	International Journal of Advanced Research(IJAR), ISSN NO 2320-5407, 10(06), 247-254
32.	Review on Pharmacological Actions of Nymphaea nouchali	Published	International Journal of Advanced Research(IJAR), ISSN NO 2320-5407, 10(06), 255-260
33.	Evidence-Based Classical and Ethanomedicinal Review on Holoptelea integrifolia (Roxb) Planch.(Chirbilwa)	Published	World Journal of Pharmaceutical Research (WJPR), ISSN 2277-7105 Volume11, Issue 9,Pg no 299-310
34.	A review on Pharmacological Action of Arjuna (Terminalia arjuna (Roxb.) Wt. and Arn.	Published	World Journal of Pharmaceutical Research (WJPR), ISSN 2277-7105 Volume 11, Issue 9, 1760-1778
35.	Review on Pharmacological actions of Valeriana wallichii (Tagara): A fundamental analysis supporting traditional benefits	Published	International Journal of Ayurveda and Pharma Research (IJAPR), ISSN :2322-0902(P) Vol 10 I Suppl 1
36.	Chyawanprash as add on to the standard of care in preventing COVID-19 infection among apparently healthy healthcare worker – A single arm longitudinal study.	Published	Annals of Ayurvedic Medicine, Vol – 10, Issue -3 Jul.-Sep.2021

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
37.	A randomized controlled trial to evaluate the prophylactic efficacy of Chyawanprash in healthcare workers during the COVID-19 pandemic	Published	JRAS, January – March 2021, Volume5, Number 1ISSN Print: 2456-5601; Online: 2581-9895
38.	Clinical evaluation of the efficacy of Shadbindu Taila and ChitrakaHaritaki in the management of chronic rhinosinusitis: Protocol for a prospective, open-label multicenter single-arm trial	Published	J Res Ayurvedic Sci 2021; 5:131-8.
39.	Clinical Evaluation of the Effect of Saptasaram Kashaya and Saraswatarishta in Kashtartava (Primary Dysmenorrhea)	Published	JRAS – Journal of Research in Ayurvedic Sciences Volume 5, Issue 3, July-September 2021; 5:117-124 ISSN - Print: 2456-5601
40.	Management of Allergic Rhinitis through Ayurvedic formulation: A single-arm clinical study	Published	Mata, Shweta1; Dave, Parth2; Bhardwaj, Naresh3; Pereira, Carlton4; Patel, Kishor1; Bhurke, Laxman W2; Yadav, Babita1; Sharma, Bhagwan Sahai5; Singhal, Richa6; Rao, Bhogavalli Chandrasekhara5; Gupta, Bharti1; Srikanth, Narayanam5; Dhiman, Kartar Singh7. Effect of ayurvedic interventions in the management of allergic rhinitis - An open label multi-centre single arm clinical study. Journal of Research in Ayurvedic Sciences 7(4):p 206-212, October-December 2023. | DOI: 10.4103/jras.jras_40_23
41.	A clinical study to evaluate the efficacy of Ayurvedic intervention in the management of Pinasa (Chronic rhinosinusitis)	Published	-02 articles Mata, Shweta1; Singh, Harbans2; Makhija, Deepa3; Baheti, Sandip2; Yadav, Babita1; Jameela, Sophia3; Khanduri, Shruti3; Singhal, Richa4; Rao, Bhogavalli Chandrasekhara3; Gupta, Bharti1; Srikanth, Narayanam3; Dhiman, Kartar Singh5. A clinical study to evaluate the efficacy of Ayurvedic interventions in the management of Pinasa (chronic rhinosinusitis). Journal of Research in Ayurvedic Sciences 7(4):p 213-220, October-

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
			December 2023. | DOI: 10.4103/jras.jras_29_23 Mata, Shweta1,; Singh, Harbans2; Makhija, Deepa3; Yadav, Babita3; Singhal, Richa3; Chandrasekhara Rao, Bhogavalli3; Shivshankar, Rajput1; Gupta, Bharti1; Srikanth, Narayanam3. Clinical evaluation of the efficacy of Shadbindu Taila and Chitraka Haritaki in the management of chronic rhinosinusitis: Protocol for a prospective, open-label multicenter single-arm trial. Journal of Research in Ayurvedic Sciences 5(3):p 131-138, Jul–Sep 2021. | DOI: 10.4103/jras.jras_43_21
42.	Ayurvedic paradigm for COVID-19 prophylaxis and management strategies: Perspective and evidence-based review	Published	Indian Journal of Traditional Knowledge, Scopus, UGC-care, Dec 2020, ISSN: 2456-5601, eISSN:2581-9895, Page No: 128-134
43.	Water for Health: An overview of principles & practices of Water consumption in Ayurveda	Published	Annals of Ayurvedic Medicine, Science Citation Index Expanded, (SciSearch R), 24th October 2020, 9(3): 189-197. Doi:10.5455/AAM.64136
44.	Ayurveda Coded Drug (Ayush-SR) for the Management of Occupational Stress among IT Professionals: Study Protocol of a Randomized Double-Blind Placebo-Controlled Clinical Trial	Published	JRAS – Journal of Research in Ayurvedic Sciences, UGC-care,April–June 2020, Volume 4 Issue 2
45.	Ayurveda based Dietary and Lifestyle Advocacy for Mental Health & Psychiatric Disorders (Book)	Published	CCRAS, Ministry of AYUSH, Government of India, New Delhi, 2018

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
46.	Evaluation of the Effect of Jambira Pinda Sweda in Cervical Spondylosis w.r.t. Clinical Symptomatology	Published	Journal of Research in Ayurvedic Sciences 2020 | January-March | Volume 4 | Issue 1
47.	A randomized controlled trial to evaluate the prophylactic efficacy of Chyawanprash in healthcare workers during the COVID-19 pandemic	Published	Journal Name: Journal of Research in Ayurvedic Sciences Volume and Issue: Journal of Research in Ayurvedic Sciences - Volume 5, Issue 1, January-March 2021 ISSN: Print: 2456-5601 Online: 2581-9895
48.	Effect of an Ayurvedic Intervention (Ayush-64) as a standard alone treatment in mild to moderate COVID-19: An exploratory prospective single arm clinical trial.	Published	Journal Name: International Journal of Research in Pharmaceutical Sciences Volume and Issue: 13(1), 68-72 ISSN: 0975-7538
49.	Disease Characteristics, Care-Seeking Behavior, and Outcomes Associated With the Use of AYUSH-64 in COVID-19 Patients in Home Isolation in India: A Community-Based Cross-Sectional Analysis	Published	Journal Name: Frontiers in public Health Volume and Issue: July 2022 | Volume 10 | Article 904279
50.	An Evidence-Based Review on Shirodhara: A Unique Panchakarma Therapy	Published	International Journal of Ayurveda and Pharma Research, July 2022 | Vol 10 | Issue 7 ISSN: 2322 - 0902 (P) ISSN: 2322 - 0910 (O)
51.	Disease Characteristics, Care-Seeking Behavior, and Outcomes Associated With the Use of AYUSH-64 in	Published	Frontiers in Public health, Volume 10

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
	COVID-19 Patients in Home Isolation in India: A Community-Based Cross-Sectional Analysis- (Name under state-level collaborators)		
52.	A Review on Takradhara: Special Panchakarma Therapy, (As – author)	Published	IntJAyuPharmChem2018 Vol. 8 Issue 3,135-142,ISSN 2350-0204
53.	Ayurvedic Management of Osteoarthritis Knees with Grade IV Severity and Obesity (Avaranajanya Janu-Sandhigatavata with Sthoulya) – Case Study	Published	in JRAS – Journal of Research in Ayurvedic Sciences October-December 2018; X(X); 1 – 6
54.	Impact Assessment of Effectiveness, Acceptance and Usage of AYUSH Advisories and Measures in Prevention of COVID-19 through AYUSH Sanjivani Mobile Application	Published	in JDRAS – Journal of Drug Research in Ayurvedic Sciences Volume 5 Issue 1 (January–March 2020)
55.	Ayurveda Arsenal for Strengthening Host Defense System against SARS-CoV-2 Infection and Need for Whole System Research: A Narrative Review.	Published	in JRAS – Journal of Research in Ayurvedic Sciences July–September 2020, Volume 4 Issue 3
56.	Efficacy and Safety of Ayurveda Interventions for Depression: A Systematic Review Protocol.	Published	in JRAS – Journal of Research in Ayurvedic Sciences April–June 2020, Volume 4 Issue 2

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
57.	Ayurveda Research Studies on COVID-19 Registered in Clinical Trials Registry of India: A Critical Appraisal.	Published	in JRAS – Journal of Research in Ayurvedic Sciences 25th September 2020, Volume:4 Number:3 ISSN: 2456-5601, eISSN:2581-9895, Page No: 128-134
58.	Ayurvedic paradigm for COVID-19 prophylaxis and management strategies: Perspective and evidence-based review"	Published	in Indian Journal of Traditional Knowledge Dec 2020, ISSN: 2456-5601, eISSN:2581-9895, Page No: 128-134
59.	Mobile App-Reported Use of Traditional Medicine for Maintenance of Health in India During the COVID-19 Pandemic: Cross-sectional Questionnaire Study	Published	in Journal of Medical Internet Research JMIRx Med 2021 | vol. 2 | iss. 2 | e25703
60.	Scientific Review on indication and therapeutic effects of selected nootropic herbs/drugs from Kashyapa Samhita.	Published	in JRAS – Journal of Research in Ayurvedic Sciences January – March 2021, Volume 5 Number 1 ISSN: 2456-5601, eISSN:2581-9895, Page No: 4 – 12
61.	Noxious Alterations in Human Milk: An Ayurveda Perspective	Published	in Journal of Human Lactation. July 26, 2021 doi:10.1177/08903344211032130
62.	A review on preventive and therapeutic potential of selected Ayurveda medicinal plants in viral pandemics	Published	in JRAS – Journal of Research in Ayurvedic Sciences July-September 2021, Volume 5 Number 3 ISSN: 2456-5601, eISSN:2581-9895, Page No: 102-115
63.	"Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Trial"	Published	Mata S, Rajput S, Tuli IP, Mundada P, Gupta B, Srikanth N, Acharya R Ayurveda Management of Allergic Rhinitis: Protocol for a Randomized Controlled Trial JMIR Res Protoc 2024;13:e56063 doi: 10.2196/56063PMID: 39321461PMCID: 11464932

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
64.	Evidence-based Ayurveda-A synthesis of scriptural authority and empirical validation	Published	Aishwarya K, Devarajan D. Vaidyasaadhana: Evidence-based Ayurveda-A synthesis of scriptural authority and empirical validation J Ayurveda Res 2024;5:330-4 10.4103/ijar.ijar_225_24, 0974-7788
65.	Randomized double blind placebo controlled multicentric clinical trial of Ayush M-3 in the management of migraine- A study protocol	Published	Shweta Chaudhary a, Shruti Khanduri b, Sunita Mata c, B.C.S. Rao c, Kuljeet Singh Anand d, R. Kishore Kumar e, K.G. Sudha Kumari f, Bidhan Mahajan g, Rakesh Kumar Rana c, Richa Singhal h, Shweta Mata i, Renu Makhija i, Bharti i, N. Srikanth j, K.S. Dhiman k, Rabinarayan Acharya journal of Ayurveda and Integrative Medicine 16 (2025) 101054 https://doi.org/10.1016/j.jaim.2024.101054
66.	Efficacy and safety of ayurvedic intervention (Sarpgandha Mishran) vs amlodipine for Stage-I primary hypertension- study protocol for a prospective Double-Dummy, Double-Blind, placebo-controlled Randomized Clinical Trial	Published	Yadav, B., Rao, B., Narang, R. et al. Efficacy and safety of ayurvedic intervention (Sarpgandha Mishran) vs amlodipine for Stage-I primary hypertension- study protocol for a prospective Double-Dummy, Double-Blind, placebo-controlled Randomized Clinical Trial. BMC Complement Med Ther 25, 88 (2025).
67.	Clinical evaluation of Ayush-SS granules in exclusively breastfeeding mothers with insufficient lactation: A randomized, double-blind, placebo-controlled trial.	Published	Saxena, U., Ota, S., Rajput, S. et al. Clinical evaluation of Ayush-SS granules in exclusively breastfeeding mothers with insufficient lactation: A randomized, double-blind, placebo-controlled trial. Int Breastfeed J 20, 26 (2025). https://doi.org/10.1186/s13006-025-00721-9
68.	Netraroganidanam: An Important Book on Etiology of Ayurveda Ophthalmology.	Published	Ratheesh, Pulparambil. Netraroganidanam: An Important Book on Etiology of Ayurveda Ophthalmology. Journal of Indian Medical Heritage 3(2):p 77-83, April-June 2024. 10.4103/jimh.jimh_61_24, 3050-5739

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
69.	Efficacy of a Multimodal Ayurveda Regimen in the Management of Primary Knee Osteoarthritis: Protocol for an Open-Label Randomized Controlled Trial	Published	Rai AK, Yadav B, Kumar U, Gupta B, Patel K, Khanduri S, Sharma BS, Singhal R, Chandrasekhararao B, Srikanth N, Acharya R Efficacy of a Multimodal Ayurveda Regimen in the Management of Primary Knee Osteoarthritis: Protocol for an Open-Label Randomized Controlled Trial JMIR Res Protoc 2025;14:e68306 Electronic ISSN: 1438-8871 Print ISSN: 1439-4456
70.	Clinical evaluation of Pushyanug Churna in the management of bacterial vaginosis: A prospective single-arm multicenter pilot study.	Published	Sharma, Savita; Jain, Seema; Ota, Sarada; Tripathi, Arunabh; Shinde, Prashant; Wakode, Vanmala; Rajput, Shivshankar; Rana, Rakesh; Sharma, Bhagwan Sahai; Khanduri, Shruti; Kumar, Adarsh. Clinical evaluation of Pushyanug Churna in the management of bacterial vaginosis: A prospective single-arm multicenter pilot study. Journal of Research in Ayurvedic Sciences 9(4):p 152-160, July-August 2025. | • ISSN: 2456-5601 • Online ISSN: 2581-9895 DOI: 10.4103/jras.jras_298_23
71.	Protocol for an open-label randomized controlled study evaluating Agastya Haritaki Rasayana and Gudardraka in the management of Kaphaja Kasa (wet cough) in children.	Published	Journal of Molecular Science35(3):887-891, November 2025 DoI- 10.004687/1000-9035.2025,121, ISSN: 1000-9035
72.	Global Research Networking in Traditional and Complementary Medicine: Aligning with the Objectives of the World Health Organization Global Traditional Medicine Center.	Published	Narayanan V, Rakesh & Acharya, Rabinarayan & Tripathi, Ashish & Jameela, Sophia & Tripathi, Anurabh & Rai, Amit & Sharma, Swati & Sharma, Lalita & Maheshwar, T. & Choudhary, Kuldeep & Niral, Sojeetra & Khanduri, Shruti & Naik, Raghavendra & Ahmad, Azeem & Jain, Avinash & Paliwal, Rajendra &, Hemant & Namburi, U. R. & Makhija, Pratap & Srikanth, Narayanam. (2025). Global Research Networking in Traditional and Complementary Medicine: Aligning with the Objectives of the World Health Organization Global Traditional Medicine Center. Journal of Indian Medical Heritage. 4. S45-S54. 10.4103/jimh.jimh_87_25.

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
73.	Effect of Ayurveda modalities in the management of Alopecia Totalis.	Published	Mata, Shweta; Rajput, Shivshankar; Gupta, Bharti. Effect of Ayurveda modalities in the management of Alopecia Totalis. Journal of Ayurveda Case Reports 8(4):p 287-290, Oct–Dec 2025. | DOI: 10.4103/jacr.jacr_279_24
74.	Efficacy of Ayurveda interventions (*Pushkar Guggulu* and *Haritaki*) as an adjunct to standard care in stable coronary artery disease: study protocol for a double-blind, randomized controlled study.	Published	Sharma, S., Gupta, A., Rai, A.K. *et al.* Efficacy of Ayurveda interventions (*Pushkar Guggulu* and *Haritaki*) as an adjunct to standard care in stable coronary artery disease: study protocol for a double-blind, randomized controlled study. *BMC Complement Med Ther* (2026). https://doi.org/10.1186/s12906-025-05204-2
75.	Ayush AGT gel-based cream in superficial skin wounds: A multicenter, open-label, single-arm exploratory study.	Published	Gopod, Savita; Panigrahi, Hemanta; Avhad, Anil; Khanduri, Shruti; Rai, Amit Kumar; Dhoke, Sujata; Layeeq, Shaizi; Kale, Kiran V.; Goel, Sumeet; Sharma, Bhagwan Sahay; Jaiswal, Ankit Kumar; Tripathi, Arunabh; Rao, Bhogavalli Chandrasekhara; Srikanth, Narayanam; Acharya, Rabinarayan. Ayush AGT gel-based cream in superficial skin wounds: A multicenter, open-label, single-arm exploratory study. AYU (An International Quarterly Journal of Research in Ayurveda) 46(2):p 113-121, Apr–Jun 2025. |
76.	Effect of the *Havishya* Diet (*Rajaswala Paricharya*) versus Routine Care in Managing Menstrual Disorders: A Randomised Controlled Trial Protocol	Published	Shinde ST, Panigrahi H, Chapaple J. Effect of the *Havishya* Diet (*Rajaswala Paricharya*) versus Routine Care in Managing Menstrual Disorders: A Randomised Controlled Trial Protocol J Clin of Diagn Res.2025; 19(10):JK01-JK05. https://www.doi.org/10.7860/JCDR/2025/81095/21998
77.	A Comprehensive Analysis of Ayurvedic Treatments for Asrigdara (Heavy Menstrual Bleeding)	Published	Agrawal, T., & Panigrahi, H. (2025). A Comprehensive Analysis of Ayurvedic Treatments for Asrigdara (Heavy Menstrual Bleeding). Pharmacognosy Research, 17(4), 1132–1139. https://doi.org/10.5530/pres.20250026
78.	A Comprehensive Review on Ayurveda and Animal Science: Short Communication.	Published	A Comprehensive Review on Ayurveda and Animal Science: Short Communication. International Journal of Ayush Case Reports. Vol 9 Issue- 3 (2025) July-September 2025
79.	Clinical Safety and Efficacy of Ayurveda Multi-Herbal Formulation in the Management of Obesity	Published	Global Advances in Integrative Medicine and Health, 2025 Volume 14: 1-18

S. No.	Title	Status (under submission/ under review/accepted for publication/published)	Publication details
80.	Ekalaushadhi (Single-Herbal Drug) Based Management of Respiratory Disorders in Children: A Review of Scope and Clinical Relevance	Published	Chinese Journal of Health Management Volume 19 Issue 11, Year of Publication 2025, Page 1059-1065 | DoI-10.564220/1674-0815.2025.133
81.	Chapter in book: Holistic health management with Ayurveda: components and approaches	Published	Dawar A. Holistic health management with Ayurveda: components and approaches. In: Pandey A, Pathak P, Gupta RG, editors. Well-being through wisdom: health, education and the Indian knowledge system. New Delhi: Excel India Publishers; 2025 Dec. p. 69–73.
82.	Clinical consensus statements on Marsha Nasya – A feasibility study towards developing clinical practice guidelines of therapeutic procedures in Ayurveda	Published	Devi R. Nair, V. Ashwathykutty, K.S. Praveen Kumar, Shaizi Layeeq, Shruti Khanduri, Bhogavalli Chandrasekhararao, Narayanam Srikanth, Rabinarayan Acharya, Clinical consensus statements on Marsha Nasya – A feasibility study towards developing clinical practice guidelines of therapeutic procedures in Ayurveda, Journal of Ayurveda and Integrative Medicine, Volume 17, Issue 2, 2026.