Ongoing Clinical Projects

1. Efficacy of Ayurveda interventions *(Pushkar Guggulu* and *Haritaki)* as an add-on to standard care in stable coronary artery disease: A Double-Blind Randomized controlled study.
2. Randomized controlled trial of "Anshumati Ksheer Paka" in hypertension-induced left ventricular hypertrophy
3. An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among the elderly population in Ballabhgarh district of Haryana- A Community-Based Study
4. Effect of Seasonal emesis (vasanthik vaman) on metabolic, inflammatory, and microbiome markers in apparently healthy adults – An exploratory Randomized controlled trial
5. Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single arm multi centric study.
6. Effectiveness of Drakshavaleha in Improving the Symptoms of Functional Gastrointestinal Disorders – A Multi-Centre Study
7. To develop minimum standard requirements to practice Kriyakalpa in a Hospital/Clinical Set-Up
8. A Clinical consensus study for developing the practice guidelines and Standardisation of Tarpana & Putapaka with a Feasibility study in Myopia.
9. Comparative Clinical Evaluation Of Bola Parpati and Haritaki Churna versus Tranexamic acid in the Management of Bleeding Piles:A Randomised Controlled Clinical Trial.
10. Clinical Consensus study for the development of Standard Operating Procedure and practice guidenlines for Anjana Karma with a Feasibilty Study in Immature Cataract
11. Evaluation of efficacy and safety of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avaleha in Chronic Rhinosinusitis: A Randomized Controlled Multicenter Study
12. Effectiveness of Punarnavadi Maṇḍūra in the management of Anaemia in older adults: A Community-Based Study
13. Feasibility of Integrating a Yoga Regimen into Ayurveda Treatment-as-Usual (TAU) for Selected Musculoskeletal Conditions: A Multicentric Health Systems Implementation Study in CCRAS Institutes.