Completed Clinical Research Projects

1. Controlled Clinical Trial to assess the effectiveness of topical application of C1 Herbal Oil on Superficial external wound and Split thickness skin graft donors' site for surgical wound healing- 1st & 2nd phase in collaboration with AIIMS Delhi.
2. Clinical evaluation of the effect of Sapthasara Kashaya and Saraswatharishta in Kashtartava (Primary Dysmennorrhoea).
3. Assessment of therapeutic efficacy & safety of Sitopaladi Churna in the management of Kasa (Bronchitis)
4. Clinical evaluation of an Ayurvedic formulation in the management of Allergic Rhinitis-A pilot study
5. Clinical evaluation of the efficacy of Pushyanuga Churna in the management of Shweta Pradara w.r.t. Bacterial vaginosis (Leucorrhoea)
6. Evaluation of Efficacy and Safety of Ayurveda Intervention (Ayush 64) in the management of COVID 19 Infection (Asymptomatic & Mild to Moderate Symptoms) – A open label single arm prospective clinical trial at A & U Tibbia College
7. Evaluation of the efficacy an Ayurvedic Intervention (Chyawnprash) in the prevention of COVID-19 pandemic among Health Care Personnel - A Open Label Single Arm Prospective Study at A & U Tibbia College
8. A pilot study to assess the efficacy of Ayush - 64 in COVID - 19 cases
9. Evaluation of protective potential of an Ayurvedic Rasayan (Chyawanprash) in the prevention of COVID-19 among Health Care Personnel – An open label, prospective Randomized controlled parallel group study.
10. Clinical evaluation of Shadbindu Taila Nasya and Chitraka Haritaki in the management of Pinasa (Chronic Rhinosinusitis)
11. A prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 -A community-based study
12. Clinical efficacy of Kaishore Guggulu and Balaguduchyadi Taila in the management of Gout (Vatarakta)
13. Prospective open labelled observational study to document the potential safety issues and prescription trends of selected Rasaushadhi in CCRAS OPD across India.
14. A clinical evaluation of Pathyadi Kwatha and Anu Taila Nasya in the management of Ardhavabhedaka (Migraine) an Annual Action Plan 2017-18.
15. Clinical Evaluation of the efficacy of "Ayush SS Granules" in exclusively breastfeeding mothers with insufficient Lactation (Stanyalpata)- A randomized Double -blind placebo control trial
16. Randomized control study to evaluate the efficacy of Ayush Card Tea (AYUSH CCT) and Rajyoga Meditation versus conventional treatment on clinical recovery and post-operative outcomes following mitral valve open heart surgery

17. An Open Label Clinical Trial to Evaluate Clinical Efficacy and Safety of AYUSH AGT for External Wounds.
18. Evaluation of Efficacy and safety of AYUSH M3 in the management of Pre-Hypertension – A double blind Randomized control clinical study.
19. Clinical evaluation of Lavan Bhaskara Churna in the management of Amajirna-A Randomized Parallel Group Study
20. Randomized Double blind trial for clinical evaluation of Ksharsutra prepared Manually and by Automated Machine in Fistula-in-ano (Bhagandara).
21. Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine (CARI, New Delhi & RML)
22. Development of Automated Basti Yantra- A comprehensive tool for the administration of enema for therapeutic purpose"
23. Prospective Double Blind Randomized controlled clinical study on Ayurvedic intervention (Sarpagandha Mishran) vs Amlodipine in the management of stage -I Primary Hypertension'
24. Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in Preventing/Reducing the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study
25. Evaluation of AYUSH-SR tablet in occupational Stress among nurses- A Randomized Double blind placebo controlled clinical study
26. Clinical efficacy of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) –Arandomized open-label prospective clinical trial"
27. Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community-based study
28. Randomized Double Blind Placebo controlled Clinical study of Ayurvedic coded drug "AYUSH-A" in the Management of Bronchial Asthma (Tamaka Shwasa)
29. Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study
30. A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)
31. Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial.
32. Evaluation of efficacy and safety of AYUSH-HR in the management of Pre-Hypertension - A Double-blind Randomized Control Clinical Trial.
33. A clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi-center Feasibility study in Cervical Spondylosis
34. Acceptability of the comprehensive Ayurveda Based health care approach in the community and effectiveness of individualized health care – cluster randomized study.

35. Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multi-centre cross-sectional survey study. (Hindon)
36. Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multi-centre cross-sectional survey study. (Delhi Cant)
37. Efficacy of Ayurveda interventions in the management of menorrhagia (Raktapradara) – A randomized controlled trial)
38. Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.
39. Tolerability, treatment adherence and safety of an Ayurvedic intervention-*Dhatri Lauha* in the management of Iron Deficiency Anemia: An open label single arm clinical study
40. Clinical assessment of the efficacy of ayurvedic management in PCOS - A randomized open-label control trial
41. Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial
42. Efficacy and Safety of AYUSH SR tablet in the management of stress among University students – A double-blind randomized placebo-controlled study (JNU)