Introduction of CARI, New Delhi

Central Ayurveda Research Institute, Punjabi Bagh, New Delhi, was established in the year 1979 under Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India. It is registered under the SOCIETIES REGISTRATION ACT OF 1860 w.e.f. 29/07/2011. The institute is housed in a rented building covering approximately 2 acres.

The institute is dedicated to clinical reaserch of Ayurveda.Its mandated is Clinical research on lifestyle related and Non-communicable disorders focussing on other Cardiovascular Diseases.

VISION- To develop scientific evidence in Clinical Research on Non-communicable diseases, focusing on chronic diseases, lifestyle diseases and preventive Cardiology. The vision of the institute is to develop scientific evidence in Clinical Research on Non-communicable diseases, focusing on chronic diseases, lifestyle diseases and preventive Cardiology.

Milestones to achieve Mission:

- SIDCER FERCAP survey visit
- The Institute Obtained Bureau of Indian Standerds Certification on 4th April 2025 QMS liesence No CRO/QM/L-8004510 as per IS/ISO 9001:2015.
- The Institute is also running self finance 1 Year Panchkarma Technician Course since 2018 which is affiliated to Healthcare Sector Skill Council of India. The institute also got ATAB accreditation from Rashtriya Ayurveda Vidyapeeth, Ministry of Ayush.
- The institute is focusing on its mandate through collaborative research projects with AIIMS and Safdarjung hospital with the quality of patient care and safety.

Landmark Moments for CARI New Delhi

A. SIDCER FERCAP Survey Visit

In view of the increasing responsibilities of the CEC and the proposed plan to seek international accreditation from SIDCER-FERCI (Strategic Initiative for Developing Capacity in Ethical Review – Forum for Ethical Review Committees in the Asian and Western Pacific Region), a dedicated CEC Secretariat at CARI, New Delhi was setup . This step was very crucial for streamlining the ethics review process, ensuring compliance with international standards, and enabling the SIDCER-FERCI assessment under the expert guidance of Dr. Nandini Kumar, Former DDG, ICMR and current AYUSH Chair for Ethical Issues.

Accordingly, during the reporting year 2025-26, as part of ongoing efforts to further strengthen and enhance the quality to ethical review system in alignment with global benchmark, the Central Ethics Committee of CCRAS (CEC-CCRAS) were went under an external assessment by the WHO-initiated SIDCER-FERCAP body and after the detailed assessment by the team of international and national experts from 9th March 2026 to 12th March 2026, Central Ayurveda Research Institute (CARI), New Delhi got the survey completion certificate on 12th March,2026. SOP of CEC-CCRAS has been also developed by CEC secretariat during reporting year.

B. BIS certification

The Institute achieved a significant milestone by obtaining the Bureau of Indian Standards (BIS) certification on 4th April 2025, with QMS Licence No. CRO/QM/L-8004510, in accordance with the requirements of IS/ISO 9001:2015. This certification reflects the Institute's commitment to establishing and maintaining a robust Quality Management System (QMS) that ensures consistent delivery of high-quality services in clinical care, research, and academic activities. Compliance with IS/ISO 9001:2015 demonstrates that the Institute adheres to internationally recognized standards for quality, emphasizing process standardization, continuous improvement, risk-based thinking, and customer (patient and stakeholder) satisfaction.

The accreditation holds considerable importance as it strengthens the credibility and reliability of the Institute at both national and international levels. It ensures that all institutional processes are well-documented, monitored, and periodically reviewed for effectiveness and efficiency. Furthermore, it fosters a culture of accountability, transparency, and evidence-based practices among staff and researchers. For clinical and research settings, such certification enhances patient safety, improves service delivery, and supports ethical and regulatory compliance. Overall, the BIS certification not only validates the Institute's quality benchmarks but

also serves as a foundation for continuous quality enhancement and excellence in healthcare and research. CCRAS-CARI, new delhi successfully completed first Surveillence audit of BIS without any non conformities (NC's) subsequent to BIS Certification 09.02.2026 to 10.02.2026.

C.: ATAB Accrediatation

CARI New Delhi got the ATAB accreditation on 8th December 2025 ,this accreditation will serves as a **quality** assurance mechanism in Ayurveda education, helping institutions align with standardized norms and enabling wider national and international recognition. It will also strengthens the integration of Ayurveda into global healthcare systems by ensuring reliable and credible training frameworks.

The Ayurveda Training Accreditation Board (ATAB) is a national accreditation mechanism established by the Ministry of Ayush, Government of India, under the administrative framework of Rashtriya Ayurveda Vidyapeeth (RAV) through a Gazette notification in December 2019. ATAB has been created with the primary objective of accrediting Ayurveda training programs conducted in India and abroad, particularly those courses which are not covered under statutory regulatory bodies such as NCISM. The Objectives of ATAB To ensure quality, uniformity, and standardization in Ayurveda training programs To enhance credibility and global acceptance of Ayurveda education To promote structured and competency-based training in Ayurveda and to safeguard the interests of students, professionals, and stakeholders

D: Collaborations During Current Year

.During the reporting year 2024–25, CARI, New Delhi signed Memorandums of Understanding (MoUs) with Jawaharlal Nehru University (JNU), All India Institute of Ayurveda (AIIA), and Parul Institute of Ayurveda, Vadodara to undertake three major collaborative research studies: (1) a three-year multicentric project with JNU on "Exploring the Role of Prakriti in Host-Pathogen Interactions," involving multiple CCRAS institutes for subject enrollment and sample collection; (2) a SMART 2.0 initiative titled "Effectiveness of Ayush Osto in Post-Menopausal Women with Osteopenia," jointly conducted with AIIA and Parul Institute, evaluating an Ayurvedic formulation for bone health; and (3) a study with JNU on "Entrepreneurship in Ayush Industry," aimed at exploring management and commercialization strategies to enhance the impact and reach of Ayush products and services.

E. **NABH renewal:** NABH renewal certificate has been received on 07.10.2025.

F. **Ayush VISA portal:** Institute has been registered on Ayush VISA portal vide registration no.is caridelhi2024.

I. Administrative Report

1. Staff pattern as per format given below:

Staff pattern (31.03.2026 updated)

S. No.	Name of the sanctioned post	No. of posts sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
1	Director (Institute)	01	-	01	-	-	Dr Bharti, Due to retirement on 31.10.25
2	Assistant Director (Ayurveda)	01	Dr. Hemant Kumar Panigrahi	-	M	Neither	Joined on 25.03.26 taken over charge of Institute Incharge
3	Assistant Director (Medicine)	01	-	01	-	-	-
4	Assistant Director (Bio-Chem.)	01	-	01	-	-	-
5	Assistant Director (Pathology)	01	-	01	-	-	Dr Renu Makhija, Due to retirement on 30.11.25
6	Administrative Officer	01	-	01	-	-	-
7.	Research Officer (Ayurveda)	20	i.Dr.Anu Bhatnagar	01	F	Neither +PWD	1. Dr Hemant Kumar Panigrahi, Due to promotion to the post of Assistant Director (Ay) on 24.03.2026 2. Dr Sudha Kumari K.G. due to transfer RARIM & MMR Goa on 31.05.25 3. Dr. Mayur Surana Chandrakant, resigned on 02.06.25
			ii.Dr.Sakshi Sharma		F	Neither	
			iii.Dr.Seema Jain		F	Neither	
			iv.Dr Babita Yadav		F	OBC	
			v. Dr.Patel Kishorji Premaji		M	Neither	
			vi.Dr.Mata Shweta		F	Neither	
			vii.Dr.Rajput Shiv Shankar		M	Neither +PWD	
			viii. Dr.Athira S.		F	Neither	
			ix. Dr.Shaizi Layeeq		F	Neither	
			x. Dr.Saroj Devi		F	SC	
			xi. Dr.Shweta Chaudhary		F	SC	
			xii. Dr.Neha Dubey		F	Neither	
			xiii. Dr.Kuldeep		M	OBC	
			xiv. Dr Sharwan Kumar Sahu		M	OBC	

S. No.	Name of the Sanctioned post	No.of Posts Sanctioned	Name & Designation Of the persons working against post	No.of Posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
			xv. Dr Swati Sharma		F	Neither	
			xvi. Dr.Renu Rani		F	Neither	
			xvii. Dr Aishwarya K		F	Neither	
			xviii. Dr Ratheesh P		M	OBC	
			xix. Dr Lalita Sharma		F	Neither	Joined on 22.11.25 from RARI Jammu to CARI New Delhi
7a	Research Officer (Psychiatry	00	Dr.Hemant Kumar Gupta		M	Neither	22.07.25 (FN), temprorary joined from RARI, Goa
8	Research Officer (Path.)	01	Dr.Ashima Jain	-	F	Neither	
			Dr Meenakshi Suri		F	Neither	
9	Assistant Matron	01	Ms.Moutusi Biswas	-	F	Neither	
10.	Sister-in-charge	02	Ms Sima Hutait	01	F	Neither	Relieved on 29.11.25 temprorary transfer to CARI Kolkata
11	Asst. Research Officer (Physiotherapy)	01	Ms.Disha Garg	-	F	Neither	
12	Statistical Assistant	01	-	01	-	-	
13	HindiAssistant	01	Smt.Sonali Sharma	-	F	Neither	Sh Karan Singh Hindi Assistant has reported on 12.11.24, temprorary Joined from CARI Bhuvneshwar to CARI New Delhi
14	Staff Nurse	08	i. Ms. Shweta Chaudhary	-	F	SC	Sh Dipender, Staff Nurse has reported 24.11.25 temprorary joined from RRAPCARI Mumbai to CARI New Delhi 2. Smt. Punita S., Staff Nurse, rejoined duty on 20.08.25 in compliance with the judgment of the Hon'ble Supreme Court. Subsequently, on her promotion to the post of Sister In-Charge, she was transferred to RARI, Vijayawada, and relieved from her present post on 11.03.26
			ii. Smt Priya Chugh		F	Neither	
			iii. Ms.Akansha Sharma		F	Neither	
			iv. Smt Ekta		F	SC	
			v. Smt Arannya Mukhjree		F	Neither	
			vi. Ms.Monu Sharma		F	Neither	
			vii.Sh Munesh		M	ST	
			viii. Sh Vijay Singh Rohlaniya		M	OBC	
			ix. Smt Preeti Singh		F	OBC	
15	Pharmacist Gr-I	07	i. Sh. Pramod Kumar	03	M	Neither	
			ii. Sh.Bachharaj Kumhar		M	OBC	

			iii. Sh Veerendra Gupta		M	OBC	
			iv. Sh Navratan Singh Meena		M	ST	
16	Radiographer	01	-	01	-	-	
17	Security In-Charge	01	-	01	-	-	
18	Social Worker	01	-	01	-	-	
19	Stenographer Grade-'I'	01	-	01	-	-	
20	Assistant	01	i. Sh Mukesh Kumar	-	M	SC	Sh Narender Kumar Assistant has reported on 11.12.25, temprorary Joined from CARI Jhansi to CARI New Delhi
			ii. Sh Rajnath Rawat		M	SC	
21	Electrician	01	-	01	-	-	
22	Medical Technologist/ Laboratory Technician	06	i. Sh.Abhishek Gautam	02	M	Neither	Sh V.S Pandey, Due to retirement on 31.12.25
			ii. Sh Lakhmi Chand Yadav		M	OBC	
			iii. Sh.Nempal Singh		M	ST	
23	Panchakarma Technician	04 (2 M+ 2F)	i. Sh Pradeep Mehta	01	M	OBC	-
			ii. Sh Hareesh		M	OBC	
			iii. Smt Jyoti Rawat		F	Neither	
24	Private Secretary	01	-	01	-	-	-
25	Upper Division Clerk	05	Sh. Himanshu	04	M	SC	1. Shri Himanshu joined as UDC on 02.04.25. 2. Sh Ankit Thakran, due to transfer CCRAS Hqrs on 31.05.25
26	Dark Room Assistant	01	Smt Sweta Bhardwaj	-	F	Neither	-
27	Library& Information Assistant	01	Sh Ashish Bajpayee	-	M	Neither	-
28	Driver	02	Sh.Sunil Kumar	01	M	SC	-
29	Gestetner Operator	01	-	01	-	-	-
30	Lower Division Clerk	05	Sh Sonu	04	M	OBC	Shri Himanshu, Lower Division Clerk (LDC), is hereby promoted to the post of (UDC) with effect from 01.04.25
31	Laboratory Assistant	01	-	01	-	-	
32	Laboratory Attendant	03	i. Sh. Surender Mohan Sihara	-	M	ST	-
			ii.Sh.Amit		M	SC	
			iii.Sh Bhupender Singh		M	SC	

S. No.	Nameofthe Sanctionedpost	No.of Posts Sanctioned	Name & Designation Of the persons working against post	No.of Posts Vacant	SexM/F	Whether SC/ST/OBC	Remarks
33	Cook	03	-	03	-	-	
34	Dresser	01	-	01	-	-	
35	Panchakarma Attendant	08	-	08			1. Smt Neetu Chanalia, Due to transfer CCRAS Hqrs on 31.05.25 2. Smt.Kalawati, Due to retirement on 30.06.25
36	Ward Aya	06	i. Smt. Roopa	03	F	Neither	-
			ii. Sh Kumar Vivek		M	Neither	
			iii.Sh Sagar		M	PWD+SC	
37	Chowkidar	04	i.Sh.Kirodh Kumar	02	M	Neither	-
			ii.Sh.Krishna Gopal		M	SC	
38	Dhobhi	01	Sh.Ravinder	-	M	SC	
39	Kitchen Servant	03	-	03	-	-	
40	Labourer/Farma Attendant	03	i. Sh. Bhim Sen	-	M	SC	-
			ii. Sh Deepak Chauhan		M	Neither	
			iii. Sh Manjeet		M	Neither	
41	Mali	02	i. Sh Shiv Raj Meena	-	M	ST	-
			ii. Sh Aman		M	SC	
42	Peon	08	i. Sh. Om Prakash	03	M	Neither	-
			ii.Sh.Dharmveer Singh		M	OBC	
			iii.Sh. Rahul		M	SC	
			iv.Sh. Nagendra		M	Neither	
			v.Sh. Sunil		M	SC	
43	Safaiwala	06	-	06	-	-	-
44	Ward Boy	06	-	06			-
45	Female Attendant (MTS)	01	-	01	-	-	-

2. Details of employees retired during the year 2025-26, CARI, New Delhi

(For Annual report 2025-26)

S.No.	**Name of Officer/Official**	**Designation**	**Date of Birth**	**Date of Retirement**	**Remarks**
1.	Dr Bharti	Director (Institute)	02/10/1965	31/10/2025	Superannuation
2.	Dr Renu Makhija	Asstt Director (Path)	21/11/1965	30/11/2025	Superannuation
3.	Dr Gopesh Kumar Sharma	Research Officer (Ay)	07/09/1965	30/09/2025	Superannuation
4.	Sh Vijay Shankar Pandey	Lab Technician	01/01/1966	31/12/2025	Superannuation
5.	Smt P.Kalawati	Panchkarma Technician	05/06/1965	30/06/2025	Superannuation

The posts below are not in the sanctioned strength of the Institute

1. Dr Hari Om Kaushik, Assistant Director (Coordination), Joined on 11.02.2026 SC/ST/OBC-Neither
2. Dr Hemant Gupta, Research Officer (Psychiatry) has reported on 22.07.25 (FN), temprorary joined from RARI, Goa to CARI New Delhi, SC/ST/OBC-Neither
3. Smt Aastha Dawar, A.R.O (Clinical Psychology), SC/ST/OBC-Neither
4. Ms Sonam Chandok, A.R.O (Clinical Psychology), SC/ST/OBC-Neither
5. Sh Rakesh Redhu, Pharmacist, SC/ST/OBC-Neither, Posted at Rashtrapati Bhavan (New appointed 08.01.2025), Vide Letter No. 2-1/2023-CCRAS/Rectt/3581, dated 09.09.2024
6. Sh Vinod Kumar, Panchkarma Technician, SC/ST/OBC-Neither, Posted at Rashtrapati Bhavan, Vide Letter No. 2-2/2023-CCRAS/Rectt/3559, dated 23.08.2023
7. Ku. Karishma Kumari, Phanchkarma Technician, SC/ST/OBC-OBC, Posted at Rashtapati Bhavan (New appointed 24.01.2025),Vide Letter No. 2-2/2023-CCRAS/Rectt/5541, dated 04.12.2024
8. Sh. Anil Kumar, Animal Attendant, SC/ST/OBC- SC

3. Staff according to the group

S.No.	Group	Number ofStaff						Whetherrostermaintained or not
		General	SC	ST	OBC	Others	Total	
1.	A	17	02	00	04	00	23	**Yes**
2.	B	12	04	02	05	00	23	**Yes**
3.	C	11	12	03	05	00	31	**Yes**
4.	D	00	00	00	00	00	00	**Yes**
Total		40	18	05	14	00	77	

4. Gender wise expenditure done

S.No.	Components	S.T. Category	Others	Total
1	Male Components	68,08,830	5,29,60,419	5,97,69,249
2	Female Components	7,88,649	8,27,84,269	8,35,72,918
Total		75,97,479	13,57,44,688.00	14,33,42,167

5. a) Brief report on Infrastructure of the Institute

Establishment	:	The Institute was established in 1979
Staff working	:	Please see page no 4
Building Own or Rented	:	Rented
Laboratory	:	Biochemistry, Pathology, X-Ray
Any Other	:	OPD, IPD, Panchakarma, Ksharsutra, Leech therapy, Eye OPD, Geriatric OPD, Athritis clinic, Preventive Cardiology& life style clinic, ENT clinic, Balroga, Physiotherapy, Clinical Psychology.

b) OPDs running at different places(satllite centers/services):

I. Ayurveda Treatment Centre at ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi.
II. Ayurvedic Treatment Centre at Safdarjung Hospital,New Delhi.
III. Department of Integrated Medicine Lhmc And Associated Hospital at Lady Hardinge Medical College and Hospital, New Delhi.
IV. First Aid Post at Supreme Court, New Delhi.
V. Ayush Wellness Clinic at President's Estate, New Delhi.
VI. CCRAS- JNU Ayurveda Treatment & Research Facility, Delhi.
VII. CSIR-NPL, Delhi: OPD once a week.
VIII. Press Club of India: OPD once a week.

6. Revenew generated during the year (2025-26) from OPD/IPD/Lab/Panchakarma/Medical plants sale, etc.

S.No.	Section	Amount(in Rs)
1	OPD	5,24,595.00
2	IPD	6,70,444.00
3	X Ray	1,06,542.00
4	Panchkarma	8,16,435.00
5	Panchkarma Lady Harding	4,77,052.00
6	Lab	3,10,367.00
7	Physiotherapy	57,330.00
8	Ksharsutra	1,05,810.00
9	Eye	2,23,746.00
10	ENT	52,622.00
Total		**33,44,943/-**

7. Details of the Budgetary Provision to the Institutes during the reporting period:

Scheme	B.E.	Fund received	Actual expenditure
Plan-Contingency	4,78,51,100	5,33,48,471	5,25,84,373
RA	2,75,00,000	2,68,00,000	2,68,00,000
Non-Plan Pay & Allowances	12,00,00,000	14,28,71,419	14,27,75,889
Plan-Contingency	4,78,51,100	5,33,48,471	5,25,84,373
Total	**19,53,51,100**	**22,30,19,890**	**22,21,60,262**

8. Composition of Central Ethics Committee-CCRAS

Sl. No.	Name & Address	Discipline	Designation
1.	Prof. Subir Kumar Maulik, Former professor, Dept. of Pharmacology, AIIMS, New Delhi	Basic Scientist (Pharmacology)	Chairperson
2.	Prof. Rajesh Khadgawat Dept. of Endocrinology & Metabolism, AIIMS, New Delhi	Clinician (Modern Medicine)	Member
3.	Dr. Jasbir Kaur, Dept. of Ocular Biochemistry Dr. R.P. Centre for Ophthalmic Sciences, AIIMS, New Delhi	Basic Scientist (Biochemistry)	Member
4.	Prof. Mahesh Vyas, Professor & Head, Dept. of Samhita & Siddhant, AIIA, Sarita Vihar, New Delhi	Ayurveda Expert (Basic Principles)	Member
5.	Dr. Deepa Makhija Assistant Director (Ay.) Central Council for Research in Ayurvedic Sciences, New Delhi	Basic Mcdical Scientist (Ayurveda)	Member
6.	Dr. Shruti Khanduri Rescarch Officer (Ay.) Central Council for Rescarch in Ayurvedic Scicnces, New Delhi	Basic Medical Scicntist (Ayurveda)	Member
7.	Dr. Anil Kumar Gupta, Advocate	Legal Expert & Ayurveda doctor	Member
8.	Dr. Avadhesh Kumar Srivastava, Ayurveda Maha Sammelane	Social Scientist/Non-Govt. Agency	Member
9.	Sh. Rama Krishnan, Rashtriya Ayurveda Vidyapeeth	Lay Person (Non-Medical Person)	Member
10.	Prof. R.P. Singh, Centre for Philosophy School of Social Sciences, JNU	Philosopher	Member
11.	Dr Babita Yadav Rescarch Officer (Ay.) Central Ayurveda Rescarch Instilute-New Delhi	Clinician (Ayurveda)	Member
12.	Dr Shweta Mata Research Officer (Ay.) Central Ayurveda Rescarch Institute-Ncw Dclhi	Clinician (Ayurveda)	Member
13.	Dr. Renu Singh Rescarch Officer (Ay.) Central Council for Rescarch in Ayurvedic Sciences, Ncw Delhi	Rescarch Officer (Ayurveda)	Member Secretary

II.Technical Report

1. Programme /Projects allotted and completed during the reporting period(2025-26)

S.No.	Name of the programme	New Programme		Remarks
		Target	Target Achieved	
	A. COLLABORATIVE PROJECTS			
1.	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine. (NIMHANS, Bengaluru)	120	71	Completed
2.	Efficacy of Ayurveda interventions in the management of *menorrhagia (Raktapradara)*–A randomized controlled trial - Collaborative study with VMMC & safdarjung hospital, New Delhi	140	133	Completed
3.	Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study	480 (120 from each center) (reallocated sample size 105 to Haridwar and 135 to parul University))	Gurukul-Haridwar: 89 RGGPGAC & H-Paprola: 115 Parul- Vadodara:122 BHU-Varanasi: 120 Grand Total: 446	Completed
4.	Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-*Dhatri Lauha* in the management of Iron Deficiency Anemia: An open label single arm Multicenter study	480 120 at each center	CBPACS- New Delhi: 118 MSM Khanpur, Sonipat: 117 RGGPGAC & H, Paprola: 119 SAMC & H, Indore: 117 Grand Total:471	Completed
5.	Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study	100	46	ongoing
6.	"An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community-based study"	400	127	ongoing
7.	Randomized controlled trial of "*Anshumati Ksheer Paka"* in hypertension induced left ventricular hypertrophy- Collaborative study with VMMC & safdarjung hospital, New Delhi	110	57	ongoing
8.	Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with	Will be initiated soon		

	Osteopenia- A prospective single arm multi centric study.			
9.	Effect of Seasonal Emesis (Vasanthik Vamana) on Metabolic, Inflammatory, and Microbiome Markers in Apparently Healthy Adults – An Exploratory Randomized Controlled Study.	Will be initiated soon		
10.	Effectiveness of Punarnavadi Maṇḍūra in the management of Anaemia in older adults: A Community-Based Study.	Will be initiated soon		
B. Intra Mural Research(IMR) Projects				
11.	Clinical assessment of the efficacy of Ayurvedic management in PCOS –a randomized open-label control trial- Study site VMMC & safdarjung hospital, New Delhi	180	158	Completed
12.	Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial	100	97	Completed
13.	"Efficacy and Safety of AYUSH SR tablet in the management of stress among university students– A double-blind randomized placebo-controlled study	70	62	Completed
14.	Evaluation of efficacy and safety of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avaleha in Chronic Rhinosinusitis: A Randomized Controlled Multicenter Study	80	Completed: 00 Ongoing: 13	Ongoing
15.	"A Clinical Consensus study for the development of Standard Operating Procedure and practice guidelines for Anjana Karma with a Feasibility study in Immature Cataract"	30	Preparation of guideline is ongoing and clinical work will be initiated shortly	Ongoing
16.	A Clinical Consensus study for developing the practice guidelines and Standardization of Tarpana & Putapaka with a Feasibility study in Myopia".	30	Preparation of guideline is ongoing and clinical work will be initiated shortly	Ongoing
17.	Comparative Clinical Evaluation of Bola Parpati and Haritaki Churna versus Tranexamic acid in the Management of Bleeding Piles: A Randomized Controlled Clinical Trial.	100	Will be initiated soon	
18.	Effectiveness of Drakshavaleha in Improving the Symptoms of Functional Gastrointestinal Disorders – A Multi-Centre Study.	300	20	Ongoing
C. Survey Study				
19.	A Systematic survey of the Labeling Information of Ayurvedic Drugs included in NLEAM and	Completed		

	marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945.			
20.	Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India	Ongoing		
D.Out Reach Activities				
21.	AMHCP Under SCSP 2025-26			
	A)Documentation of Ethno-dietary practices indigenous to India	In 4 states Delhi UP Haryana Uttarakhand	IDI-80 FGD-16 Total Visits - 86	Date of initiation- (28.05.25)
	B)Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across India	In 4 states Delhi UP Haryana Uttarakhand	IDI-81 FGD-5 Famous Religious Places IDI-19 FGD-03 Vedic university- FGD-2 IDI-01 Total Visits - 86	Date of initiation- (28.05.25)
	C) Impact assessment of Ayurveda-based lifestyle advocacy and utilization of medicinal plants in primary healthcare	50 families	IEC APPROVAL TAKEN In collaboration with IAS&R,SKAU, Kurukshetra, HARYANA	Ongoing
E. Pharmacovigilance of ASU & H Drugs				
22.	Pharmacovigilance of ASU & H Drugs	ongoing		
F. Literary Study- Life Profile of Ayurveda Luminary				
23.	Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services.	ongoing		
24.	Documentation of Life Profiles of Luminaries in the field of Ayurveda	ongoing		
25.	Ayurveda Interventions for Khalitya (Hair Fall): A Scoping Review	ongoing		
26.	Efficacy and Safety of Ayurveda interventions in the treatment of Vitiligo (Shwitra) : A Systematic Review	ongoing		
27.	To develop minimum standard requirements to Practice Kriyakalpa in a Hospital/Clinical Set-Up	ongoing		

2. Submission of Information for Research outcomes published in reputed National/ International Journals for the current financial year 2025-26.

S.No.	Name of the Corresponding author	Type of Research Publication (Research Article/ Review article)	Citation of the Research Publication (Research Article) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medico-Ethno-Botanical Survey, Cultivation, Agro techniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	Indexing agency i.e. Scopus, Pubmed, UGC care, Web of Science etc. *(Note: Please check the indexing based on the database link provided in the email)*	DOI, ISSN	Name of Institute /Centre
1.	Dr. Upma Saxena Co-author: Dr. Rajput Shivshankar	Research Article	Saxena, U., Ota, S., Rajput, S. et al. Clinical evaluation of Ayush-SS granules in exclusively breastfeeding mothers with insufficient lactation: A randomized, double-blind, placebo-	Clinical Research	05 April 2025	Springer Nature MEDLINE PubMed PubMed Central SCImago Scopus	https://doi.org/10.1186/s13006-025-00721-9	CCRAS-CARI, New Delhi

			controlled trial. Int Breastfeed J 20, 26 (2025).					
2.	Dr.Pulparambil Ratheesh	Review article	Ratheesh, Pulparambil. Netraroganidanam: An Important Book on Etiology of Ayurveda Ophthalmology. Journal of Indian Medical Heritage 3(2):p 77-83, April-June 2024.	Fundamental Research	09.04.2025 (April, 2025)	Baidu Scholar, CNKI (China National Knowledge Infrastructure), EBSCO Publishing's Electronic Databases, Ex Libris – Primo Central, Google Scholar, Hinari, Infotrieve, National Science Library, Netherlands ISSN centre, ProQuest, TDNet, Wanfang Data.	10.4103/jimh.jimh_61_24, 3050-5739	Central Ayurveda Research Institute, New Delhi
3.	Dr. Uma Kumar Co-author: Dr. Babita Yadav, Dr. Bharti Gupta, Dr. Kishor Patel	Research Article	Rai AK, Yadav B, Kumar U, Gupta B, Patel K, Khanduri S, Sharma BS, Singhal R, Chandrasekhararao B, Srikanth N, Acharya R Efficacy of a Multimodal Ayurveda Regimen in the Management of Primary Knee Osteoarthritis: Protocol for an Open-	Clinical Research	03.09.2025	Indexed in major databases like PubMed, Scopus, and Web of Science	10.2196/68306 Electronic ISSN: 1438-8871 Print ISSN: 1439-4456	CCRAS-CARI

			Label Randomized Controlled Trial JMIR Res Protoc 2025;14:e68306					
4.	Savita Sharma Co-author: Dr. seema Jain Dr. Rajput Shivshankar	Research Article	Sharma, Savita; Jain, Seema; Ota, Sarada; Tripathi, Arunabh; Shinde, Prashant; Wakode, Vanmala; Rajput, Shivshankar; Rana, Rakesh; Sharma, Bhagwan Sahai; Khanduri, Shruti; Kumar, Adarsh. Clinical evaluation of Pushyanug Churna in the management of bacterial vaginosis: A prospective single-arm multicenter pilot study. Journal of Research in Ayurvedic Sciences 9(4):p 152-160, July-August 2025. |	Clinical Research	04.09.2025	UGC care list	• ISSN: 2456-5601 • Online ISSN: 2581-9895 DOI: 10.4103/jras.jras_298_23	CCRAS-CARI, New Delhi
5.	Dr. Swati Sharma, R.O. (Ay.)	Research Article	Protocol for an open-label randomized controlled study evaluating Agastya Haritaki Rasayana and Gudardraka in the management of Kaphaja Kasa (wet cough) in children. Journal of Molecular Science35(3):887-891, November 2025	Clinical Research	26.11.2025	Scopus	DoI-10.004687/1000-9035.2025,121, ISSN: 1000-9035	CARI, New Delhi

6.	Dr. Ashish Tripathi, Dr Lalita sharma, R.O. (Ay.) as co-author	Research Article	Narayanan V, Rakesh & Acharya, Rabinarayan & Tripathi, Ashish & Jameela, Sophia & Tripathi, Anurabh & Rai, Amit & Sharma, Swati & Sharma, Lalita & Maheshwar, T. & Choudhary, Kuldeep & Niral, Sojeetra & Khanduri, Shruti & Naik, Raghavendra & Ahmad, Azeem & Jain, Avinash & Paliwal, Rajendra & ., Hemant & Namburi, U. R. & Makhija, Pratap & Srikanth, Narayanam. (2025). Global Research Networking in Traditional and Complementary Medicine: Aligning with the Objectives of the World Health Organization Global Traditional Medicine Center. Journal of Indian Medical Heritage. 4. S45-S54. 10.4103/jimh.jimh_87_25.	Clinical Research	November 2025	UGC care list	DOI:10.4103/jimh.jimh_87_25	CCRAS-CARI, New Delhi
7.	Dr.Shweta Mata,	Research Article	Mata, Shweta; Rajput, Shivshankar; Gupta, Bharti. Effect of	Clinical Research	04.12.2025	UGC approved	*DOI:* 10.4103/jacr.jacr_279_24	CARI, New Delhi

	R.O. (Ay.) Dr. Rajput Shivshankar- Co-author		Ayurveda modalities in the management of Alopecia Totalis. Journal of Ayurveda Case Reports 8(4):p 287-290, Oct–Dec 2025. | DOI: 10.4103/jacr.jacr_279_24					
8.	Dr. Sakshi Sharma, R.O. (Ay.)	Research Article	Sharma, S., Gupta, A., Rai, A.K. *et al.* Efficacy of Ayurveda interventions (*Pushkar Guggulu* and *Haritaki*) as an adjunct to standard care in stable coronary artery disease: study protocol for a double-blind, randomized controlled study. *BMC Complement Med Ther* (2026). https://doi.org/10.1186/s12906-025-05204-2	Clinical Research	24.01.2026	Scopus, Pubmed, UGC care, Web of Science	*https://doi.org/10.1186/s12906-025-05204-2*	CARI, New Delhi
9.	Dr. H.Panigrahi, Dr. Shaizi Layeeq	Research Article	Gopod, Savita; Panigrahi, Hemanta; Avhad, Anil; Khanduri, Shruti; Rai, Amit Kumar; Dhoke, Sujata; Layeeq, Shaizi; Kale, Kiran V.; Goel,	Ayush AGT gel-based cream in superficial skin wounds: A multicenter, open-label, single-arm exploratory study	Feb 2026	Pubmed	AYU; 46(2):113-121 DOI: 10.4103/ayu.ayu_98_24	CARI, New Delhi

	R.O. (Ay.) - as a Co-author		Sumeet; Sharma, Bhagwan Sahay; Jaiswal, Ankit Kumar; Tripathi, Arunabh; Rao, Bhogavalli Chandrasekhara; Srikanth, Narayanam; Acharya, Rabinarayan. Ayush AGT gel-based cream in superficial skin wounds: A multicenter, open-label, single-arm exploratory study. AYU (An International Quarterly Journal of Research in Ayurveda) 46(2):p 113-121, Apr–Jun 2025. |					
10	Dr. Shaizi Layeeq R.O. (Ay.)- as a Co-author	Research Article	Devi R. Nair, V. Ashwathykutty, K.S. Praveen Kumar, Shaizi Layeeq, Shruti Khanduri, Bhogavalli Chandrasekhararao, Narayanam Srikanth, Rabinarayan Acharya,	Clinical consensus statements on Marsha Nasya -A feasibility study towards developing clinical practice guidelines of therapeutic procedures in Ayurveda	March 2026	Scopus	Journal of Ayurveda and Integrative Medicine 17(2):101298	CARI, New Delhi

			Clinical consensus statements on Marsha Nasya – A feasibility study towards developing clinical practice guidelines of therapeutic procedures in Ayurveda, Journal of Ayurveda and Integrative Medicine, Volume 17, Issue 2, 2026, 101298,					
11	Dr. Sarika Trimbak Shinde Dr. Hemanta Panigrahi- Co-author	Research Article	Shinde ST, Panigrahi H, Chapaple J.Effect of the *Havishya* Diet (*Rajaswala Paricharya*) versus Routine Care in Managing Menstrual Disorders: A Randomised Controlled Trial Protocol J Clin of Diagn Res.2025; 19(10):JK01-JK05. https://www.doi.org/10.7860/JCDR/2025/81095/21998	Clinical research	October 1, 2025	-	**DOI: https://doi.org/10.7860/JCDR/2025/81095.21998**	CARI,

12	Dr. Trapti Agrawal Dr. Hemanta Panigrahi- Co-author	Review Article	Agrawal, T., & Panigrahi, H. (2025). A Comprehensive Analysis of Ayurvedic Treatments for Asrigdara (Heavy Menstrual Bleeding). Pharmacognosy Research, 17(4), 1132–1139. https://doi.org/10.5530/pres.20250026	Fundamental Research	03/10/2025	-	**10.5530/pres.20250026 ISSN:0974-8490**	CARI, New Delhi
13	Dr. Mahesh Kumar Dr. Hemanta Panigrahi- Co-author	Short Communication	A Comprehensive Review on Ayurveda and Animal Science: Short Communication. International Journal of Ayush Case Reports. Vol 9 Issue-3 (2025) July-September 2025	Review article	**September 2025**	**-**	http://doi.org/10.70805/ija-care.v9i3.800	CARI, New Delhi
14	Sanjay kumar giri, Swati Sharma -Co-author	Research article	Clinical Safety and Efficacy of Ayurveda Multi-Herbal Formulation in the Management of Obesity	Clinical article	**2025 Volume 14: 1-18**	**Scopus, web of science**	Global Advances in Integrative Medicine and Health, 2025 Volume 14: 1-18	CARI, New Delhi
15	Narayanan V, Dr. Swati sharma , R.O (Ay.)-	Research Article	Global Research Networking in Traditional and Complementary Medicine: Aligning with the Objectives of the World Health	Clinical Research	November 2025	UGC care list	DOI:10.4103/jimh.jimh_87_25	CCRAS-CARI, New Delhi

	Co-author		Organization Global Traditional Medicine Center. Journal of Indian Medical Heritage. 4. S45-S54. 10.4103/jimh.jimh_87_25.					
16	Swati sharma , R.O. (Ay.)	Review article	Ekalaushadhi (Single-Herbal Drug) Based Management of Respiratory Disorders in Children: A Review of Scope and Clinical Relevance, Chinese Journal Of Health Management	Review	Dec 2025	Scopus	Chinese Journal of Health Management Volume 19 Issue 11, Year of Publication 2025, Page 1059-1065 | DoI- 10.564220/1674-0815.2025.133	CCRAS-CARI, New Delhi

3. Submission of Information about Book /Papers published in Seminar proceedings for the year 2025-26 (April, 2025 to March 2026)

S. No.	Name of the Corresponding author	Type of Research Publication (Book Chapter/Papers in Seminar proceedings)	Citation of the Research Publication (Book Chapter/Papers in Seminar proceedings) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medico-Ethno-Botanical Survey, Cultivation, Agrotechniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance,	Date of publication (Month & Year)	ISBN	Name of Institute / Centre

				Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)			
1.	Aastha Dawar	Chapter in Edited Book	Dawar A. Holistic health management with Ayurveda: components and approaches. In: Pandey A, Pathak P, Gupta RG, editors. Well-being through wisdom: health, education and the Indian knowledge system. New Delhi: Excel India Publishers; 2025 Dec. p. 69–73.	Fundamental Research	Decembe r 2025	ISBN: 978-93-49666-14-6 (pbk); 978-93-49666-21-4 (eBook)	Central Ayurveda Research Institute, New Delhi

4. Submission of Information about Book/Monograph published in the year 2025-26 (April, 2025 to March 2026)

S. No.	Name of the Corresponding author	Type of Research Publication (Book/ Monograph)	Citation of the Research Publication (Book/ Monograph) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medio-Ethno-Botanical Survey, Cultivation, Agrotechniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	ISBN	Name of Institute/ Centre
Nil							

5. Information about the Research outcomes presented in Seminar/Workshop/Conference in the year 2025-26 (April, 2025 to March 2026)

S. No.	Name of the Author (S)	Title of the paper presented	Name of the conference/Seminar/ Webinar/Workshop	Name of the organizer and venue	Date of the event	Name of the Institute/ Centre
1.	Ms. Sonam Chandhok ARO (Cli. Psy.)	How to conduct effective Focus Group Discussion' and 'How to conduct effective In-Depth Interviews	Virtual training for projects under Research Oriented Public Health Care Programme (THCRP-TSP, AMHCP-SCSP, WCH-SCSP and AHC-NE)	CCRAS Headquarters, New Delhi	19.05.2025	C.A.R.I, New Delhi
2.	Dr Swati Sharma R.O(Ay.)	Pain management through Ayurveda in	Bharat Ayurvedic college , muzaffarnagar	Bharat Ayurvedic college , muzaffarnagar	19.5.2025	CARI, New Delhi

		pediatric practices- An integrative approach.				
3.	Dr. Hemanta Panigrahi, R.O.(Ay.)	Presented a paper on Anti-fibrotic effect of Bhumiamalaki (Phyllanthus niruri) extract on liver fibrosis and metabolic markers in Patients with MASLD: Case series	INASL Indian National Association for Study of the Liver Conference 2025	INASL Indian National Association	07.08.2025-10.08.2025	CARI, New Delhi
4.	Dr. Shweta Mata, R.O. (Ay.)	Ayurvedic approach to treat Badhirya (SNHL): A Case Report	National symposium on Pharmacovigilance – Shishu Suraksha: Rastra Suraksha	Rashtriya Ayurved Vidyapeeth at Scope Complex Auditorium, CGO Complex, Lodhi Estate, New Delhi.	19.08.2025	CARI, New Delhi
5.	Dr. Renu Rani, R.O. (Ay.)	Efficacy of Gandhakadi Yoga with and without Rasayana Vati in the management of Bija dusta janya Pandu (Thalessemia Major) in children: A comparative randomized clinical trial	National symposium on Pharmacovigilance – Shishu Suraksha: Rastra Suraksha	Rashtriya Ayurved Vidyapeeth at Scope Complex Auditorium, CGO Complex, Lodhi Estate, New Delhi.	19th August 2025	CARI, New Delhi
6.	Dr. Sakshi Sharma R.O.(Ay.)	Awarded with first prize for the paper presentation on the topic Pediatric Pharmacovigilance: Current Challenges In Ayurveda Prospective"	National Symposium on Pharmacovigilance- Shishu Surakasha: Rashtra Surakasha"	organised by CCRAS-PPvC, RAI Gwalior in collaboration with NPvCC, AIIA New Delhi at Gwalior.	17-18.09.2025	CARI, New Delhi
7.	Mrs. Aastha Dawar, Asst. Research	Attended & presented research paper in international conference	International	Symbiosis Institute of Health Sciences, Pune	03.10.25-04.10.25	CARI, New Delhi

	Officer (Clinical Psychology)	at Symbiosis Institute of Health Sciences, Pune				
8.	Mrs. Aastha Dawar, Asst. Research Officer (Clinical Psychology)	Attended and presented research paper at International Conference on Ayurveda and Integrative approaches at IISc Bengaluru	International Conference on Ayurveda and Integrative approaches	IISc Bengaluru	01.12.2025-02.12.2025	CARI, New Delhi
9.	Dr. Hemanta Panigrahi, R.O.(Ay.)	*Trayopasthambha*: The Ayurvedic Path to Health, Harmony, and Happiness	International seminar on " bliss and blissful life"	Central Sanskrit University, Shri Sadashiv Campus in Puri	14.11.2025-25.11.2025	CARI, New Delhi
10.	Dr Swati Sharma R.O(Ay.)	"Evidence based herbal solutions for pediatric respiratory disorders"	RGGPGA college, Paprola	RGGPGA college, Paprola	25.11.2025	CARI, New Delhi
11.	Dr. Hemanta Panigrahi, R.O.(Ay.)	Leech Therapy	Presented at RAV	RAV, New Delhi	27.02.2026	CARI, New Delhi
12.	Dr. Shweta Mata Rajput, R.O. (Ay.) & Dr. Shrawan Sahu, R.O. (Ay.)	Presented Clinical consensus study on Anjana Netra Kriyakalpa, Kriyakalpa Kaksha undertaken by CCRAS, Ministry of Ayusha, GoI organized on	CARI, Bhubneshwar	CARI, Bengaluru	02nd-03rd March, 2026.	CARI, New Delhi

6. Trainings Imparted by the Officers of the institute in the year 2025-2026

S.No	Name of the Officers	Training Imparted on Areas	Name of the Training	Name of the organizer and venue	Date of the Training	Name of the Training Institute/ Centre
1.	Dr. Hemanta Panigrahi, R.O (Ay.)	TB	Training imparted to patients on TB	CARI, New Delhi	24.04.2025	CARI, New Delhi
2.	Dr. Hemata Panigrahi, R.O. (Ay.) Dr. Ashima Jain, R.O. (Path.) Dr. Meenakshi Suri, R.O. (Path.)	1. Radiology procedures & precautions. 2. TLD badge maintenance. 3. Lead apron handling. 4. Patient preparation. 5. Safety measures.	Exposure Visit cum Training programme to Hospital staff of various CCRAS Institutes (Radiographers and Dark room Assisitants)	CCRAS	16.07.2025	CARI, New Delhi
3.	Dr. Seema Jain, R.O. (Ay.) Dr. Shaizi Layeeq, R.O (Ay.)	1. Equipment maintenance in Panchakarma section. 2. Breakdown and sepsis register. 3. Record management. 4. Raw drug storage. 5. Fire Safety. Privacy and consent.	Exposure Visit cum Training programme to Hospital staff of various CCRAS Institutes (Panchakarma technicians and Attendants)	CCRAS	17.07.2025	CARI, New Delhi
4.	Dr.Babita Yadav, R.O (Ay.)	1. Record Keeping. 2. Consent and referral forms. 3. Incident Report. 4. Infection control 5. Emergency Kit. 6. Spill Management. 7. Waste disposal protocols.	Exposure Visit cum Training programme to Hospital staff of various CCRAS Institutes (Assistant matrons, Sister In-charge, Staff Nurse, MTS)	CCRAS	19.07.2025	CARI, New Delhi

		8. Linen Management. 9. Role in patient safety and quality assurance. 10. NABH documentation Patient communication and empathy practices.				
5.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Ratheesh P, R.O. (Ay.)	1. Record Keeping. 2. Consent and referral forms. 3. Incident Report. 4. Infection control 5. Emergency Kit. 6. Spill Management. 7. Waste disposal protocols. 8. Linen Management. 9. Role in patient safety and quality assurance. 10. NABH documentation. Patient communication and empathy practices	Exposure Visit cum Training programme to Hospital staff of various CCRAS Institutes (Assistant matrons, Sister In-charge, Staff Nurse, MTS)	CCRAS	24.07.2025	CARI, New Delhi
6.	Dr.Kishor Patel, R.O (Ay.) Dr. Shweta Mata, R.O. (Ay.)	1. Record Keeping. 2. Consent and referral forms. 3. Incident Report. 4. Infection control 5. Emergency Kit. 6. Spill Management. 7. Waste disposal protocols. 8. Linen Management. 9. Role in patient safety and quality assurance. 10. NABH documentation. Patient communication and empathy practices	Exposure Visit cum Training programme to Hospital staff of various CCRAS Institutes (Assistant matrons, Sister In-charge, Staff Nurse, MTS)	CCRAS	26.07.2025	CARI, New Delhi
7.	Dr. Saroj Devi, R.O. (Ay.)	1. Record Keeping.	Exposure Visit cum Training programme to Hospital staff of various CCRAS Institutes	CCRAS	31.07.2025	CARI New Delhi

	Dr. Renu Rani R.O. (Ay.)	2. Consent and referral forms. 3. Incident Report. 4. Infection control 5. Emergency Kit. 6. Spill Management. 7. Waste disposal protocols. 8. Linen Management. 9. Role in patient safety and quality assurance. 10. NABH documentation. Patient communication and empathy practices	(Assistant matrons, Sister In-charge, Staff Nurse, MTS)			
8.	Dr. Babita Yadav, R.O (Ay.)	NABH	Training on the topic "Patients rights and responsibilitues" under NABH.	CARI, New Delhi	30.06.2025	CARI, New Delhi
9.	Dr. Sakshi Sharma, R.O (Ay.)	NABH	Training on the topic "Employee Rights & Responsibilities" under NABH.	CARI, New Delhi	31.07.2025	CARI, New Delhi
10.	Dr. Seema Jain, R.O (Ay.)	NABH	Training on the topic "Scope of the institute" under NABH.	CARI, New Delhi	01.08.2025	CARI, New Delhi
11.	Dr. Ashima Jain, R.O (Path.)	NABH	Training on the topic "Emergency codes in hospital and disaster management" under NABH.	CARI, New Delhi	02.08.2025	CARI, New Delhi
12.	Dr. Disha Garg, A.R.O (Physio.)	NABH	Training on the topic "CPR" under NABH.	CARI, New Delhi	02.08.2025	CARI, New Delhi
13.	Dr. Kishor Patel, R.O (Ay.)	NABH	Training on the topic "Three bucket system cleanliness training for cleaning staff" under NABH.	CARI, New Delhi	04.08.2025	CARI, New Delhi
14.	Dr. Meenakshi suri, R.O (Path.)	NABH	Training on the topic "Needle stick injury" under NABH.	CARI, New Delhi	05.08.2025	CARI, New Delhi
15.	Ms Monu Sharma,	NABH	Training on the topic "Spill management" under NABH.	CARI, New Delhi	05.08.2025	CARI, New Delhi

	Staff Nurse					
16.	Ms Seema Hutait, Sister Incharge	NABH	Training on the topic "Infection Control" under NABH.	CARI, New Delhi	06.08.2025	CARI, New Delhi
17.	Dr. Saroj Devi, R.O.(Ay.) Dr. Ratheesh, R.O.(Ay.)	e-office	e-office training programme for officers/officials of CARI, New Delhi	CARI, New Delhi	07.08. 2025, 08.08.2025	CARI, New Delhi
18.	Mrs Aranya, Staff Nurse	NABH	Training on the topic "Handwashing Training and Biomedical Management" under NABH.	CARI, New Delhi	11.08.2025	CARI, New Delhi
19.	Dr. Sakshi Sharma R.O.(Ay.) Dr. Hemant Gupta, R.O. (Psycho)	Rashtriya Karmyogi	As the Master trainer conducted and coordinated One day Training programme of Rashtriya Karmyogi RKLSJSP-Phase-II for Ist Batch of officers/ officials from MTS to level of Director on dated 09.10.2025 at CARI, New Delhi	CARI, New Delhi	09.10.2025	CARI, New Delhi
20.	Dr H K Gupta, R.O. (Psych) Dr. Sakshi Sharma R.O.(Ay.)	Rashtriya Karmyogi	As the Master trainer conducted and coordinated one day Training programme of Rashtriya Karmyogi RKLSJSP-Phase-II for officers/officials at CARI New Delhi	CARI, New Delhi	03.11.2025	CARI, New Delhi
21.	Dr H K Gupta, R.O. (Psych)	Karamyogi Training	Conducted the two-day IGOT Karamyogi Training programme at CARI, Kolkata	CARI, Kolkata	06.11.2025 & 07.11.2025	CARI, Kolkata
22.	Dr. Sakshi Sharma, R.O. (Ay.)	Karamyogi Training	As the Master trainer conducted and coordinated one day Training programme of Rashtriya Karmyogi RKLSJSP-Phase-II for 34 officers/officials at RRAP CARI Mumbai.	CARI Mumbai.	17.11.2025	CARI Mumbai.

23.	Dr H K Gupta, R.O. (Psych)	Karamyogi Training	Conducted the one day IGOT Karamyogi Training programme at RARI, Patna	RARI, Patna	19.11.2025	RARI, Patna
24.	Dr H K Gupta, R.O. (Psych)	Karamyogi Training	Conducted the one day IGOT Karamyogi Training programme at RARI, Lucknow	RARI, Lucknow	21.11.2025	RARI, Lucknow
25.	Dr. Sakshi Sharma, R.O. (Ay.)	Karamyogi Training	As the Master trainer conducted and coordinated two-Day Training programme of Rashtriya Karmyogi RKLSJSP-Phase-II for 24 CCRAS Hq/Intra-Institutional 21-22nd November in 1 st batch on 21 st November and 24 in 2 nd Batch on 22 nd November officers/ officials at NARIP Cheruthuruthy.	NARIP Cheruthuruthy	21.11.2025-22.11.2025	NARIP Cheruthuruthy
26.	Dr. Sakshi Sharma, R.O. (Ay.)	Karamyogi Training	As the Master trainer conducted and coordinated two-day Training programme of Rashtriya Karmyogi RKLSJSP-Phase-II for 15 officers/ officials at RARI, Trivandrum	RARI, Trivandrum	24.11.2025	RARI, Trivandrum
27.	Dr H K Gupta, R.O. (Psych)	Karamyogi Training	Conducted the one day IGOT Karamyogi Training programme at CARI, Bhubaneswar	CARI, Bhubaneswar	24.11.2025	CARI, Bhubaneswar
28.	Dr H K Gupta, R.O. (Psych)	Karamyogi Training	Co-ordinated training programme of 3rd batch of Rashtriya Karmayogi	CARI, New Delhi	30.12.2025	CARI, New Delhi
29.	Dr. Sakshi Sharma, R.O. (Ay.)	Prakriti training	Training of CCRAS -prakriti Assessment Portal for ongoing Ayush -ICMR Collaborative projects at CIMR- AIIMS New Delhi.	AIIMS New Delhi	28.01.2026	AIIMS New Delhi
30.	Dr. Babita Yadav, R.O.(Ay.) Dr. Renu Rani, R.O. (Ay.)	CCRAS BEST Training	Co-ordinated and imparted one day CCRAS BEST Training program for Investigators and Staff of SMART 2.0 Osteopenia project at conference Room, CARI, ND	CARI, New Delhi	18.02.2026	CARI, New Delhi

7 Seminar/Conference/Workshop/CME/Trainings/Technoadministrative Meetings /Events /Awareness lectures for the Society organized by the Institute:

S.No	Name of the Seminar/Conference/CME/ Trainings/Technoadministrative Meetings /Events /Awareness lectures for the Society organized by the Institute	National/ International	Date	No. of Participants
1.	Organized Public awareness lecture in OPD for Patients of CARI, ND as a part of "End Latent TB" campaign.	Institutional	11.04.2025.	120
2.	Organized an awareness lecture on the topic 'Elimination of the latent TB through Ayurvedic intervention' to the students and staff of Sarvodaya Kanya Vidyalaya-2, Punjabi Bagh, Delhi on 16.04.2025 as a part of 'End Latent TB campaign'	Institutional	16.04.2025	48
3.	Organized Lecture on Integration of Ayurveda for TB prevention- Through diet, lifestyle for staff of CARI, ND as a part of the 'End Latent TB campaign'.	Institutional	16.04.2025	50
4.	Organized Pharmacovigilance awareness lecture in OPD for Patients of CARI, ND.	Institutional	17.04.2025	147
5.	Organized an awareness lecture on the topic 'Elimination of the latent TB through Ayurvedic intervention' to the students and staff of SSD SaraswathiBalMandirVidyalaya, Punjabi Bagh (west), New Delhi as a part of the 'End Latent TB campaign'.	Institutional	23.04.2025	200
6.	Organized Pharmacovigilance awareness lecture in OPD for Patients of CARI, ND.	Institutional	17.04.2025	95
7.	Organized Lecture on 'Integration of Ayurveda for TB prevention- Through yoga advocacy' on 24.04.2025 as a part of the 'End Latent TB campaign'.	Institutional	24.04.2025	50
8.	Organized Pharmacovigilance awareness lecture in OPD for Patients of CARI, ND.	Institutional	27.04.2025	118
9.	A Pharmacovigilance awareness lecture was organized in the OPD for patients of CARI, New Delhi.	Institutional	07.05.2025	105
10.	Organized a virtual IEC meeting at CARI, New Delhi.	Institutional	09.05.2025	22
11.	A Pharmacovigilance awareness lecture was organized in the OPD for patients of CARI, New Delhi.	Institutional	17.05.2025.	145
12.	A Pharmacovigilance awareness lecture was organized in the OPD for patients of CARI, New Delhi.	Institutional	20.05.2025	200
13.	A yoga session was conducted at the Institute for the staff as part of the events celebrating International Day of Yoga 2025.	Institutional	22.05.2025.	42

14.	As part of the pre-campaign for World Environment Day 2025, a pledge-taking event was organized at the Institute on 24.05.2025, to encourage staff to reduce the use of single-use plastics.	Institutional	24.05.2025	17
15.	As part of the pre-campaign for World Environment Day 2025, a clean-up drive and waste segregation initiative were organized at the Institute.	Institutional	26.05.2025	32
16.	As part of the pre-campaign activities leading up to World Environment Day 2025, an awareness lecture for the public was organized at the Institute.	Institutional	27.05.2025	206
17.	A yoga session was organized at the Institute for the staff as part of the events for International Day of Yoga 2025.	Institutional	27.05.2025	44
18.	A training workshop was organized at the Institute in the topic “Plastic pollution and solutions” as a part of the pre-campaign for World Environment Day 2025.	Institutional	30.05.2025	23
19.	A Pharmacovigilance awareness lecture was organized in the OPD for patients of CARI, New Delhi.	Institutional	31.05.2025	80
20.	A yoga session was conducted at the Institute for the staff as part of the events celebrating International Day of Yoga 2025	Institutional	04.06.2025.	50
21.	A plantation drive was organized at the Institute as part of the celebration of World Environment Day 2025.	Institutional	05.06.2025	33
22.	Organized a slogan writing competition as part of the celebration of World Environment Day 2025.	Institutional	05.06.2025	19
23.	One-day workshop on "Yoga in Enhancing Modern and Contemporary Healthcare Systems" organized by the Institute at AIAC Auditorium, Dhanvantri Bhawan, Punjabi Bagh (West), New Delhias part of the events celebrating International Day of Yoga.	Institutional	18.06.2025	157
24.	Organized a common Yoga protocol under 11th International Yoga Day at the Institute for Staff’s, Public and for patients on 21.06.2025 as a part of celebration of 11th International Day of Yoga.	Institutional	21.06.2025	325
25.	A patient awareness lecture under pharmacovigilance programme was conducted along with distribution of IEC material and interactive session with patients on 30.06.2025 at OPD, CARI, ND.	Institutional	30.06.2025	110
26.	Organized Hindi Karyashala on “Rajbhasha Parichay, Rajbhasha Neeti, Niyam,	Institutional	27.06.2025	100

	AdhiniyamevamRajbhashaprasnottari" at the Institute on 27.06.2025.			
27.	A patient awareness lecture under pharmacovigilance programme was conducted along with distribution of IEC material and interactive session with patients on 30.06.2025 at OPD, CARI, ND.	Institutional	30.06.2025	142
28.	Organized an exhibition in the event of Shalyacon 2025 held at AIIA	National	13.07.2025 - 15.07.2025	139
29.	Organized Pharmacovigilance awareness lectures and distributed IEC material to participants.	Institutional	16.07.25	87
30.	An Exposure Visit cum Training programme to Radiographers and Dark room Assistants staff of various CCRAS Institutes was organized on 16.07.2025 in CARI, ND.	National	16.07.25	06
31.	An Exposure Visit cum Training programme to Panchakarma technicians and Attendants of various CCRAS Institutes was organized in CARI, ND.	National	17.07.2025	17
32.	An Exposure Visit cum Training programme to Assistant matrons, Sister In-charge, Staff Nurse, MTS of various CCRAS Institutes was organized in CARI, ND.	National	19.07.2025	27
33.	Organized an IEC meeting virtually.	Institutional	22.07.25	16
34.	An Exposure Visit cum Training programme to Assistant matrons, Sister In-charge, Staff Nurse, MTS of various CCRAS Institutes was organized in CARI, ND.	National	24.07.2025	29
35.	Organized Pharmacovigilance awareness lectures and distributed IEC material to participants.	Institutional	25.07.25	87
36.	An Exposure Visit cum Training programme to Assistant matrons, Sister In-charge, Staff Nurse, MTS of various CCRAS Institutes was organized in CARI, ND.	National	26.07.2025	30
37.	Organized Pharmacovigilance awareness lectures, and distributed IEC material to participants.	Institutional	29.07.25	87
38.	An Exposure Visit cum Training programme to Assistant matrons, Sister In-charge, Staff Nurse, MTS of various CCRAS Institutes was organized in CARI, ND.	National	31.07.2025	25
39.	Organized Pharmacovigilance awareness lectures, and distributed IEC material to participants.	Institutional	31.07.2025	87
40.	Organized training on the topic "Patient Rights & Responsibilities" under NABH.	Institutional	30.07.2025	24

41.	Organized training on the topic Employee Rights & Responsibilities" under NABH.	Institutional	31.07.2025	27
42.	Organized Pharmacovigilance awareness lectures and distributed IEC material to participants.	Institutional	26.08.2025	200
43.	Organized training program on "Scope of Institute" as a part of NABH implementation.	Institutional	01.08.2025	28
44.	Organized training program on "Emergency codes in hospital & disaster management" as a part of NABH implementation.	Institutional	02.08.2025	35
45.	Organized training on the topic "CPR Training" in view of NABH norms.	Institutional	02.08.2025	62
46.	Organized training on the topic "Spill Management" in view of NABH norms.	Institutional	05.08.2025.	27
47.	Organized NABH training on Needle Stick injury	Institutional	05.08.2025	19
48.	Organized NABH training on Infection Control.	Institutional	06.08.2025	29
49.	Organized in the e-office training programme for officers/officials of CARI, New Delhi.	Institutional	08.08.2025	27
50.	Organised "Mass pledge against Drug Abuse" on the occasion of 5th Foundation Day of Nasha Mukt Bharat Abhiyan.	Institutional	13.08.2025	44
51.	Organized the 'Panch Pran pledge' as part of the 'Azadi Ka Amrit Mahotsav 2025' celebrations for all employees of CARI, New Delhi.	Institutional	20.08.2025	11
52.	Organized Azadi Ka Amrit Mahotsav – Meri Maati Mera Desh Campaign 2025 and took Panch Pran Pledge with soil.	Institutional	20.08.2025	27
53.	Organized a meeting of the Multidisciplinary committee as per NABH norms as Section In-charge under the chairmanship of the Director Institute.	Institutional	21.08.2025	21
54.	Organized a meeting regarding Vigilance Awareness Week-related courses available on the iGOT platform for all employees of CARI, New Delhi, for the observation of Vigilance Awareness Week (VAW) 2025.	Institutional	26.08.2025.	27
55.	Organized a lecture and Fire Drill Programme delivered by Mr. Y.P. Kasana (retd. Safety Officer, BHAMA Atomic Centre) organized by CARI New Delhi in view of NABH norms.	Institutional	28.08.2025	37
56.	Organized an awareness lecture "Ayurveda for People and Planet - Role of Ayurveda in Geriatric Care" as a part of Ayurveda day celebration.	Institutional	08.09.2025	133
57.	Organized an awareness lecture on "Role of Ayurveda in Diet and Nutrition.	Institutional	10.09.2025	108
58.	Organized an awareness lecture on "Ayurveda for People and Planet".	Institutional	12.09.2025	124

59.	Organized Yoga Camp and contest under 10th Ayurveda Day.	Institutional	12.09.2025	40
60.	Organized an awareness lecture to OPD patients and staff of CARI, ND on Nitya Sevaneeya dravya under 10th Ayurveda Day 2025.	Institutional	15.09.2025	115
61.	Organized Ayurveda food festival and distributed Amala Panak under 10th Ayurveda Day 2025.	Institutional	15.09.2025	306
62.	Organized a webinar entitled “Role of Ayurveda in Cancer Management & Supportive Care” as a part of celebration of 10th Ayurveda Day 2025 by CARI.	Institutional	16.09.2025.	55
63.	Organized a webinar entitled “Role of Ayurveda in Cancer Management & Supportive Care” as a part of celebration of 10th Ayurveda Day 2025 by CARI.	Institutional	16.09.2025.	35
64.	Inauguration of Swasth Nari Sashakt Parivar Abhiyan 2025 was done and a special camp on bone density test for female patients was organized as a part of Swasth Nari Sashakt Parivar Abhiyan 2025 at CARI, New Delhi.	Institutional	17.09.2025.	107
65.	Organized an awareness lecture on “Role of Panchkarma in prevention of diseases”.	Institutional	18.09.2025.	25
66.	Organized a lecture on “Ayurveda focusing on different stages of women’s life” was given as a part of Swasth Nari Sashakt Parivar Abhiyan 2025 at ATC, Safdarjung Hospital, New Delhi.	Institutional	18.09.2025.	30
67.	Organized an awareness session and free consultations with medicine during a Health camp for women at CARI, New Delhi under Swath Nari Sashakt Parivar Abhiyan 2025.	Institutional	19.09.2025.	27
68.	Organized Awareness lecture on "Everyday Ayurveda for Women Healthcare".	Institutional	20.09.2025.	21
69.	Organized Awareness lecture on “Role ofAyurveda for Mental & Emotional Well Being	Institutional	22.09.2025.	25
70.	Awareness programme with a lecture on “Preconception, Pregnency & Postnatal care through Ayurveda” was organised on as a part of Swasth Nari Sashakt Parivar Abhiyan 2025 at ATC, Safdarjung Hospital, New Delhi.	Institutional	22.09.2025.	75
71.	Organized Ayurveda food festival and distributed food to participants and OPD staff under 10th Ayurveda Day 2025.	Institutional	22.09.2025.	505
72.	Organized in Run For Ayurveda organized under 10th Ayurveda Day 2025.	Institutional	22.09.2025.	31
73.	Organized Poshak Aahar Activity and Distriubiution of Ayurvedidc Poshak Ahar under under Rashtriya Poshan Maah 2025.	Institutional	22.09.2025.	600
74.	Organised Press Conference for the 10th Ayurveda day celebration with the theme	Institutional	23.09.2025.	32

	"Ayurveda for People & planet" as directions received by CCRAS HQ and Ministry of Ayush.			
75.	Organized distribution medicinal plants to the patients & visitors of Ayurveda Expo under Plantation drive for the 10th Ayurveda Day.	Institutional	23.09.2025.	300
76.	Organized Ayurveda Day celebrations with Dhanwantri poojan.	Institutional	23.09.2025.	27
77.	Organized an awareness lecture with free distribution of IEC material during a Health camp for Women at CARI, New Delhi under Swath Nari Sashakt Parivar Abhiyan 2025 .	Institutional	23.09.2025.	65
78.	Organized an awareness lecture with free distribution of IEC material during a Health camp for Women at CARI, New Delhi under Swath Nari Sashakt Parivar Abhiyan 2025.	Institutional	26.09.2025.	64
79.	Organized Ayurveda Expo for the 10th Ayurveda Day from 10.09.2025 to 23.09.2025.	Institutional	10.09.2025 to 23.09.2025	2100
80.	Organized ATAB Accreditation Assessment Inspection.	Institutional	27.09.2025.	35
81.	Coordinated renewal of NABH Accreditation Assessment Inspection.	Institutional	27.09.2025.	38
82.	Inauguration of Celebration of Rashtriya Poshan Maah 2025	Institutional	16.09.2025	50
83.	Awareness Lecture on "Ayurvedic nutrition for adolescent girls" and a quiz on "Healthy Dietary Habits, Yoga Postures"	Institutional	16.09.2025	100
84.	Awareness Lecture on "Motape Ki Samasya Ka Samadhan), the theme of "Poshan Bhi, Padhai Bhi"	Institutional	18.09.2025	50
85.	Awareness lecture on "Nutrition and Childhood Obesity"	Raghu Nagar, Dabari, New Delhi	18.09.2025	15
86.	Awareness lecture on "Dietary habits to follow in Anaemia"	Dept. of Ayurveda, Lady Hardinge Medical College (LHMC).	20.09.2025	35
87.	The Food Festival (Paushtik Aahar Mahotsav)	Institutional	22.09.2025	600
88.	Awareness Lecture on importance of Nutrition and balanced diet	Institutional	26.09.2025	80
89.	Awareness Lecture on "Ayurveda me Indriyon ka Mahatva"	Dept. of Ayurveda, Lady Hardinge Medical College (LHMC).	26.09.2025	25
90.	Organized an antakhari programme as a part of Hindi Pakhwada	Institutional	01.10.2025	30
91.	Organized a free health camp, blood sugar testing and an awareness lecture on "Skin	Institutional	01.10.2025	25

	disorders" at CARI, ND as a part of Swasth Nari Sashakta Pariwar Abhiyan on 01.10.2025			
92.	Organized free blood grouping camp in the laboratory of CARI, ND to celebrate national voluntary blood donation day on 01.10.2025	Institutional	01.10.2025	104
93.	Awareness Lecture on "Complementary Feeding in infants and young Children" under the celebration of Rashtriya Poshan Maah 2025	Institutional	03.10.2025	76
94.	Under the celebration of Rashtriya Poshan Maah organized an activity "Ëk Ped Maa ke Naam" in which plantation drive and distribution of tulsi and guduchi saplings	Institutional	03.10.2025	88
95.	Awareness Lecture on "Nitya Sevanīya Āhār (Daily Recommended Diet)"	Dept. of Ayurveda, Lady Hardinge Medical College (LHMC).	03.10.2025	35
96.	Awareness Lecture on Ahar and Aahar Vidhi	Institutional	06.10.2025	87
97.	Growth Monitoring & Health Check-up Camp	Institutional	08.10.2025	43
98.	Awareness Lecture on "Ahaar Vidhi and Virudh Ahaar in Ayurveda"	Dept. of Ayurveda, Lady Hardinge Medical College (LHMC).	09.10.2025	35
99.	Organized and successfully completed first Karmayogi batch training	Institutional	09.10.2025	23
100.	Organized a free aanaemia screening Camp for patients especially females and children in laboratory of CARI, ND as a part celebration of Rashtriya Poshan Maah health camp	Institutional	10.10.2025	65
101.	Institute has participated under Ek Bharat Shresht Bharat with paired state Sikkim, organized a webinar on "Know your paired state Sikkim"and awareness lecture under Ek Bharat Shresht Bharat	Institutional	October-2025 18.10.2025-webinar	157
102.	Organized an awareness lecture on "Swasth Nari Sashakth pariwar" to opd and IPD staff as a part of world menopause day 2025	Institutional	18.10.2025	43
103.	Organized a debate competition for the staff of CARI, ND as a part of Vigilance awareness week 2025	Institutional	2710.2025.	15
104.	Organized a quiz competition for the staff of CARI, ND as a part of Vigilance awareness week 2025	Institutional	2810.2025.	27
105.	Organized a pharmacovigilance awareness lecture for the OPD patients and their attendants	Institutional	29.10.2025	177
106.	Organized Karmayogi batch training	Institutional	03.11.2025	34
107.	Organized a Guest lecture on Preventive Vigilance of Shri Sachidanand Prasad Secretary	Institutional	03.11.2025	24

	NCISM, New Delhi as a part of vigilance Awareness Week			
108.	Pharmacovigilance awareness lectures to OPD patients and their attendants	Institutional	25.11.2025	20
109.	Indian International trade fair, pragati maidan with Ayurveda stall and OPD in the designated area for ministry of Ayush	Institutional	14.11.25 to 27.11.25	52
110.	Organized a preamble recitation event on constitution day	Institutional	26.11.2025	29
111.	Organized CEC-CCRAS meeting in hybrid mode on at CARI, New Delhi	Institutional	26.11.2025	17
112.	Organized Pharmacovigilance awareness lectures to OPD patients and their attendants	Institutional	27.11.2025	141
113.	Organized a press conference for the upcoming 2nd WHO Summit on Traditional Medicine on	Institutional	09.12.2025	23
114.	Organized Ek divasiya Hindi Karyashala' on the topic entitled 'Devnagari Lipi Ka Manakikaran'	Institutional	10.12.2025	24
115.	Organized celebration of Veer Baal Diwas Program in the institute and joined the live webcast of the event graced by Hon'ble prime minster Shr. Narendra Modi	Institutional	26.12.2025	45
116.	Organized 3rd batch of Rashtriya Karmayogi Training programme	Institutional	30.12.2025	26
117.	Organized retirement ceremony of Lab Attendant Sh. V.S. Pandey	Institutional	31.12.2025	82
118.	Organized Pharmacovigilance awareness lectures on	Institutional	17.12.2025 & 30.12.2025	150
119.	Organized NABH training on "Scope of the Institute and patients rights and responsibilities"	Institutional	17.01.2026	32
120.	Organized patient awareness lecture conducted at PPvC CARI, ND	Institutional	20.01.2026	98
121.	Organized patient awareness lecture conducted at ATC, VMMC, Safdarjung Hospital, New Delhi	Institutional	21.01.2026	59
122.	Organised Maa Saraswati Pooja on the occasion of Basant Panchami at CARI, New Delhi	Institutional	21.01.2026	95
123.	Organized celebration of Republic day at CARI,ND	Institutional	26.01.2026	28
124.	Engaged in Bharat parv, 2026 at redfort, New Delhi with Ayurveda stall in the designated area for Ministry of Ayush, New Delhi	Institutional	26.01.2026 to 31.01.2026	250
125.	Organized CEC-CCRAS meeting at conference room of CARI, ND	Institutional	28.01.2026	14
126.	Organised NABH training on HAND WASH at CARI, ND conference room	Institutional	03.02.2026	26
127.	Organised NABH training on Infection control measures at CARI, ND conference room	Institutional	06.02.2026	28
128.	Organised and conducted BIS Surveillance Audit	Institutional	09.02.2026-10.02.2026	36

129.	Organised a CME on "Management of Lifestyle disorders"	Institutional	13.02.206	47
130.	Organised CCRAS BEST Training program for Investigators and Staff of SMART 2.0 Osteopenia project at conference Room, CARI, ND,	Institutional	18.02.2026	20
131.	Organised the Flagging off ceremony of Ambulance sponsored under CSR initiative of NBCFDC, by DG, CCRAS	Institutional	19.02.2026	48
132.	Organised one day GCP Training program for all the Investigators and Project Staff of SMART 3.0	Institutional	26.02.2026	50
133.	Organized visit a team of students and 02 faculties from Samata Ayurvedic Medical College, Hospital & Research Centre visited CCRAS-Central Ayurveda Research Institute (CARI), New Delhi	Institutional	26.02.2026	45
134.	Organised NABH training on Bio-medical waste	Institutional	06.03.2026	27
135.	Organised SIDCER FERCAP Survey visit from at conference Room, CARI, ND	Institutional	09.03.2026 to 12.03.2026	27
136.	Organised women's day programme at the Institute at CARI, ND	Institutional	17.03.2026	30
137.	Organized budget review and technical meeting	Institutional	17.03.2026	15
138.	Organized online Hindi workshop on IT Tools for translation and Rajbhasha Niti with invited speaker shri Keval krishan Retired Scientist F Rastriya suchna vibhagh	Institutional	28.03.2026	75

8 Seminar/conference/workshop/meeting/other activities participated by the officers:-

S.N.	Name of Participant	Title of the Seminar.Conference.Workshop.Meeting	National. International	Date
1.	Dr.Sakshi Sharma R.O (Ay.)	Attended technical meeting under the chairmanship of Director Institute for the road map of New financial year and follow up of CCRAS calendar.	Institutional	01.04.2025
2.	Dr.Shivshankar Rajput R.O. (AY.)	Participated inaugural of Swachhata pakhwada at Old LT Safdarjung Hospital on 01.04.2025	Institutional	01.04.2025
3.	Dr.Shivshankar Rajput R.O. (AY.)	Participated in Two days' workshop on Research methods in Big data Analytics for healthcare: from basics to Applications organized by Indian Council of Medical research (ICMR) HQ, New Delhi	National	02.04.2025 and 03.04.2025
4.	Dr. SudhaKumari K.G, R.O (Ay.)	Reviewed the final report of a study conducted under Ayurgyan scheme of CCRAS on 02.04.2025.	Institutional	02.04.2025
5.	Dr.Sakshi Sharma R.O (Ay.)	Attended VC meeting under the chairmanship of DG, CCRAS regarding the successful financial closure on 31st March 2025 on 03.04.2025.	Institutional	02.04.2025
6.	Dr.Aishwarya K R.O. (Ay.)	Reviewed a manuscript in Cureus Journal in the title 'PathyadiVartiAnjana: An Ayurvedic Topical Ocular Therapy for Simple Myopia-Clinical outcomes in a case report' .	Institutional	04.04.2025
7.	Dr.Shivshankar Rajput R.O. (AY.)	Participated in RCHFocus group meeting and presented second draft of proposal on Topic "Management of menopausal symptoms".	Institutional	05.04.2025
8.	Dr. Hemanta Panigrahi, R.O (Ay.)	Technical inputs given in a meeting as a Member for Ayush council for AYD Ksharsutra method of test in IS19231: 2025(Ayurveda- Glossary of terms standardise terminology for preventive and promotive health) at CCRAS HQ.	Institutional	06.04.2025
9.	All technical Officers	Attended a webinar on "Maternal and Newborn health" organized by National Institute of Indian Medical Heritage, Hyderabad.	National	07.04.2025.
10.	Dr.Sakshi Sharma R.O (Ay.)	Attended meeting for initiation of medicine label survey in the project entitled "A Systematic survey of the labeling information of Ayurvedic drugs included in NLEAM" co-ordinated by nodal institute, CARI Mumbai.	Institutional	07.04.2025
11.	Dr.Kishor Patel, R.O. (Ay.)	Delivered a public awareness lecture to the OPD patients of CARI, ND under the "End Latent TB" campaign.	Institutional	07.04.2025
12.	All technical Officers	Attending a brain storming session on Exploration of preventive and promotiove	National	09.04.2025

		potential of RituShodhana in hybrid mode organised by CCRAS, HQs at 10.00 am		
13.	Dr.Sakshi Sharma R.O (Ay.)	Attended VC meeting under the chairmanship of DG, CCRAS regarding the successful financial closure on 31st March 2025 on 03.04.2025.	National	09.04.2025
14.	Dr. Hemanta Panigrahi, R.O (Ay.)	Training of trainer (TOT) for Research officer and practitioners on LTB elimination through Ayurvedic intervention	CARI, New Delhi	11.04.2025
15.	Dr. Saroj Devi R.O. (Ay.)	Delivered a public awareness lecture to the OPD patients of CARI, ND under the "End Latent TB" campaign.	Institutional	11.04.2025
16.	Dr. SudhaKumari K.G, R.O (Ay.)	Reviewed a proposal submitted to the Research and Innovation component of the Ayurgyan (Erstwhile EMR) Scheme of the Ministry of Ayush (MoA).	Institutional	14.04.2025
17.	Dr.Sakshi Sharma R.O (Ay.)	Attended meeting for filling up the performas of survey in the project entitled "A Systematic survey of the labeling information of Ayurvedic drugs included in NLEAM".	Institutional	15.04.2025
18.	Dr.Sakshi Sharma R.O (Ay.)	Delivered a lecture on the topic "Integration of Ayurveda for TB prevention- through Diet and lifestyle" in compliance of the campaign entitled "Latent Tuberculosis Elimination through Ayurvedic Interventions" .	Institutional	16.04.2025
19.	All technical officers	Participated in an online meeting regarding of discussed of proposed Budget Estimate 2025-26 organized by CARI.	Institutional	16.04.2025
20.	Dr. Shweta Mata, R.O. (Ay.) Dr. MeenakshiSuri, R.O. (Path)	Delivered an awareness lecture on the topic 'Elimination of the latent TB through Ayurvedic intervention' to the students and staff of SarvodayaKanya Vidyalaya-2, Punjabi Bagh, Delhias a part of the 'End Latent TB campaign'.	Institutional	16.04.2025
21.	Dr.Sakshi Sharma R.O (Ay.)	Delivered an awareness lecture "Integration of Ayurveda for TB prevention through Diet and Lifestyle" delivered by Dr.Sakshi Sharma, R.O. (Ay.) at 12.30 pm.	Institutional	16.04.2025
22.	Dr. Shweta Chaudhary, R.O (Ay.)	Attended a 3 days training "Cochrane systematic review.meta-analysis workshop" from April 17-19, 2025	Organized by Cochrane India: KGMU Affiliate King George's Medical University, UP, Lucknow	17.04.2025 to 19.04.2025

23.	Dr.Sakshi Sharma R.O (Ay.) Dr.Kishor Patel, R.O. (Ay.)	Attended meeting with CPWD officers at the site of New building at FC-5, Block –A, Sector -28, Rohini, New Delhi at CARI, New Delhi.	Institutional	21.04.2025
24.	Dr. Hemanta Panigrahi, R.O (Ay.)	ISC Meeting attended for the Project title: Comparative Clinical Evaluation of Bol Parpati and Haritaki Churna versus Tranexamic acid in the Management of Bleeding Piles: A Randomized Controlled Clinical Trial	Institutional	22.04.2025
25.	Dr.Shivshankar Rajput R.O. (Ay.)	Participated in ISC meeting and presented proposal on Topic “Management of menopausal symptoms”.	Institutional	22.04.2025
26.	Dr.Aishwarya K R.O. (Ay.)	Delivered an awareness lecture on the topic ‘Elimination of the latent TB through Ayurvedic intervention’ to the students and staff of SSD SaraswathiBalMandirVidyalaya, Punjabi Bagh (west), New Delhi as a part of the ‘End Latent TB campaign’.	Institutional	23.04.2025
27.	All technical officers	Attended training on Latent TB through video provided by AIIA, New Delhi to the entire staff at 3.00 pm and took pledge to end Latent TB.	Institutional	23.04.2025
28.	Dr. Hemanta Panigrahi, R.O (Ay.)	Chair the Grievance Committee meeting to resolve patients' complaints at CARI New Delhi	Institutional	24.04.2025
29.	Dr. Hemanta Panigrahi, R.O (Ay.)	Chair the Grievance Committee meeting to resolve patients' complaints at LHMC, New Delhi.	Institutional	24.04.2025
30.	All technical officers	Attended a technical review meeting chaired by Director, CARI.	Institutional	24.04.2025
31.	Dr. Renu Rani R.O. (Ay.)	Attended a Webinar on "Introduction to Management Systems Certification", organized by Central Regional Office-CRO for all the peripheral institutes and share experiences of BIS accreditation process at 2.30 pm.	National	24.04.2025
32.	Dr. SudhaKumari K.G, R.O (Ay.) Dr.Shivshankar Rajput R.O. (Ay.)	Reviewed two research proposals under PG-STAR Session 3.0 for the PG Admission Batch 2023-24.	Institutional	25.04.2025
33.	Dr. Saroj Devi R.O. (Ay.)	Coordinateda campaign on Latent TB Elimination through Ayurvedic Intervention,and report was uploaded and submitted in Google Forms provided by AIIA, New Delhi for all activities undertaken by CARI, New Delhi.	Institutional	25.04.2025
34.	Dr. Saroj Devi R.O. (Ay.)	Attended a webinar on GIT disorders in children, conducted by Vaidyaratnam Ayurveda College, Ollur.	National	28.04.2025

35.	Dr. Shweta Mata, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.)	Participated in the 2 day "Online Training of the Trainers (ToT) for implementing ICD-11 and TM Module-2 in sync. with the NAMASTE Portal in the Ayush Sector" on 28th and 29thApril 2025".	National	28.04.2025 and 29.04.2025
36.	Dr.Shivshankar Rajput R.O. (AY.)	Participated in one day Yoga Workshop organized by CCRYN in collaboration with VMMC &Safdarjung hospital at Safdarjung Hospital.	National	29.04.2025
37.	All the technical officers	Attended Technical review meeting Organized by CCRAS headquarters and presented the status of their completed, ongoing and to be initiated projects.	Institutional	29.04.2025
38.	Dr.Aishwarya K R.O. (Ay.)	Reviewed a manuscript in Sage Journal in the title 'Pharmacological Review of Anti-Obesity Herbs from Chakradatta: Insights and Mechanisms.	Institutional	29.04.2025'
39.	Dr. Shweta Chaudhary R.O (Ay.)	Attended a workshop on 'Research Ethics & Good Clinical Practices' (GCP)	Indian Society For Clinical Research (ISCR) in collaboration with Forum for Ethics Review Committees in India (FERCI)	29.04.2025-30.04.2025 (certificate received)
40.	Dr.Sakshi Sharma R.O (Ay.)	Conducted an interview of SRF Ayurveda at Safdarjung Hospital, New Delhi as member of selection committee for the collaborative project CAD .	Institutional	30.04.2025
41.	Dr. Renu Rani R.O. (Ay.)	Conducted an online monthly review meeting of SMART-IDA project for all the collaborative institutes.	Institutional	30.04.2025
42.	Dr. Shweta Mata, R.O. (Ay.)	Reviewedthree research proposals under PG-STAR Session 3.0 for the PG Admission Batch 2023-24.	Institutional	30.04.2025
43.	Dr. Shweta Mata, R.O. (Ay.)	Coordinated Pharmacovigilance awareness lecture in OPD for Patientsof CARI, ND.	Institutional	2.04.2025, 17.04.2025 23.04.2025, 27.04.2025
44.	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Aishwarya K R.O. (Ay.)	Coordinated preparation, printing and distribution of Annual report 2024-25 of CARI, New Delhi.	Institutional	1.04.2025 to 30.04.2025
45.	Dr.Kishor Patel R.O. (Ay.)	Rendered duty as a member of scrutiny committee for the scrutiny of posts of	Institutional	01.05.2025

		Chairperson, National Commission for Indian Medicine (NCISM) and Presidents of all the four autonomous boards of NCISM advertised on 01.03.2025 dated at MoA, New Delhi.		
46.	Dr.Shweta Mata, R.O. (Ay.)	Coordinated a virtual IEC meeting at CARI, New Delhi.	Institutional	09.05.2025
47.	Dr.Renu Rani, R.O. (Ay.)	Reviewed an article in the AYU journal.	Institutional	03.05.2025
48.	Dr.Sakshi Sharma R.O. (Ay.)	Coordinated focus group meeting for Cardiovascular Diseases under the chairmanship of Director CARI, New Delhi .	Institutional	07.05.2025
49.	All the technical officers	Attended the program organized by the All India Congress and the Indraprasthiya Vaidya Sabha, New Delhi, on 8th May 2025, during the visit of Hon'ble Chief Minister of Delhi, Smt. Rekha Gupta.	Institutional	08.05.2025
50.	Dr. Hemanta Panigrahi, R.O (Ay.) Dr.Sakshi Sharma R.O. (Ay.)	Attended VC meeting to review the "progress of Construction of new building of Central Ayurveda Research Institute at FC-5 Block-A, Sector 28, Rohini, New Delhi" under the chairmanship of DDA CCRAS and Dr.PratapMakhija, A.D (Ay.) on 08.05.2025	Institutional	08.05.2025
51.	All the technical officers	Attended an Online meeting organised by Ministry of Ayush at 10:30 am.	Institutional	09.05.2025
52.	All the technical officers	Attended Sensitization VC meeting regarding preparedness of the institute in national war like situation with directions issued by Hon'ble Secretary, Minsitry of Ayush, DG and DDG CCRAS.	Institutional	09.05.2025
53.	All the technical officers	Attended meeting regarding preparedness of the institute in national war like situation under the chairmanship of Director CARI, New Delhi.	Institutional	09.05.2025
54.	Dr. Seema Jain, R.O (Ay.)	Attended meeting regarding Studies to be executed in 2025-26 and IEC meeting.	Institutional	09.05.2025
55.	Dr. SudhaKumari K.G, R.O (Ay.)	Reviewed one research proposals under PG-STAR Session 3.0 for the PG Admission Batch 2023-24	Institutional	09.05.2025
56.	Dr.Renu Rani, R.O. (Ay.) Dr.Saroj Devi, R.O. (Ay.)	Attended an Online meeting organised by Ministry of Ayush at 10:30 am.	Institutional	09.05.2025
57.	Ms. SonamChandhok, ARO (Cli. Psy.)	Attended the virtual Institutional Ethical Committee (IEC) meeting (for SCSP project). 09.05.25.	Institutional	09.05.2025
58.	Dr.Saroj Devi, R.O. (Ay.) Dr.Renu Rani R.O. (Ay.)	Attended a webinar on Mastering the Spine: Transformative case experiences in Ayurvedic vertebral case under 234th episode of AacharRasayana.	National	11.05.2025

59.	Dr.Kuldeep Singh, R.O. (Ay.)	Participated in 7th Meeting of HSSC Sub Council on Ayush & Ayush Skilled Professionals Conclave of PTC Batch 2023-24 at Juniper Hall, India Habitat centre, New Delhi.	National	13.05.2025
60.	Dr.SudhaKumari K.G, R.O (Ay.)	Attended an online review meeting of PG Syllabus (3rd to 6th Semesters) organized by NCISM.	National	15.05.2025
61.	Dr.Shweta Mata, R.O. (Ay.)	Reviewed three research proposals under PG-STAR Session 3.0 for the PG Admission Batch 2023-24.	Institutional	15.05.2025
62.	Ms. Sonam Chandhok, ARO (Cli. Psy.)	Attended two days virtual training program for investigators and team members of projects under Research Oriented Public Health Care Programme (THCRP-TSP, AMHCP-SCSP, WCH-SCSP and AHC-NE) on 19.05.2025 and 27.05.25 at CCRAS Headquarters, New Delhi.	National	19.05.2025 and 27.05.25
63.	Dr. Seema Jain, R.O (Ay.)	Attended training programs on virtual mode for SCSP2025-26 Projects.	Institutional	19.05.2025
64.	Dr.Saroj Devi, R.O. (Ay.)	Attended a webinar on Ayurvedic Approach in Early Cancer Management, conducted by Vaidyaratnam Ayurveda College, Ollur.	National	20.05.2025
65.	Dr. Hemanta Panigrahi, R.O (Ay.)	Attended a Meeting at Headquarters for finalizing the procurement of Ksharsutra recurring &items through GeM Portal Order no. F.No HQ-ADMN054.1.2025.ADMN1141	Institutional	21.05.2025
66.	Dr.Renu Rani, R.O. (Ay.)	Reviewed PG Star synopsis.	Institutional	21.05.2025
67.	All the technical officers	Participated in the yoga session organised at the Institute for the staff as part of the events celebrating International Day of Yoga 2025 on May 22, 2025.	Institutional	22.05.2025
68.	Dr. BabitaYadav, R.O. (Ay.)	Had a meeting with Dr.MadhurYadav, Professor and the Head of integrative department at LHMC on 22.05.2025 to discuss the feasibility of a collaborative project on Heart Failure. A presentation was given by Dr.BabitaYadav, followed by that a detailed discussion was held and in principle, team is willing to collaborate for this proposed project on admitted cases of heart Failure.	Institutional	22.05.2025
69.	All the technical officers	Attended meeting regarding action points of Avlokan 2025 under the chairmanship of Director Institute on 23.05.2025	Institutional	23.05.2025
70.	Dr.Shweta Mata, R.O. (Ay.)	Attended a webinar on Approaching hairfall in Ayurveda organized by Vishwa Ayurveda Parishad, NIA branch, Jaipur	National	23.05.2025

71.	All the technical officers	Attended a pledge-taking event as a part of pre-campaign for World Environment Day 2025, at the Institute on 24.05.2025.	Institutional	24.05.2025
72.	Dr.Saroj Devi, R.O. (Ay.)	Attended a webinar on Management of Musculoskeletal disorders: conceptual and Pragmatic approach, conducted by Vaidyaratnam Ayurveda College, Ollur.	National	25.05.2025
73.	All the technical officers	Attended a clean-up drive and waste segregation initiative organized at the Institute as part of the pre-campaign for World Environment Day 2025, on May 26, 2025.	Institutional	26.05.2025
74.	All the technical officers	Participated in the yoga session organized at the Institute for the staff as part of the events for International Day of Yoga 2025.	Institutional	27.05.2025
75.	Dr. Seema Jain, R.O (Ay.)	Attended training programs on virtual mode for SCSP2025-26 Projects.	Institutional	26.05.2025
76.	Dr.Saroj Devi, R.O. (Ay.)	Delivered an awareness lecture to the OPD patient of CARI, New Delhi under the pre-campaign of World Environment Day 2025.	Institutional	27.05.2025
77.	Dr.HemantaPanigrahi, R.O. (Ay.)	Attended a meeting at Headquarters regarding Publication Policy Implementation	Institutional	28.05.2025
78.	Dr.HemantaPanigrahi, R.O. (Ay.)	Chair the Ano-rectal and wound healing Focus Group meeting	Institutional	29.05.2025
79.	Dr.Aishwarya K, R.O. (Ay.)	Attended focus group meeting of Shalyatantra on 29.05.2025 and presented the proposed project entitled “Efficacy of PanchavalkalaKwatha (cleansing) along with ParadadiLepa (Topical application) versus Normal Saline (cleansing) and Povidone – Iodine ointment (Topical application) in partial thickness wounds: An Open-Label, Two-arm, Randomised Controlled Trial.”	Institutional	29.05.2025
80.	All the officers	Attended e-Office training cum doubt session regarding online training program for implementation of e-Office in the Institute organised by CCRAS, Head Quarters	National	30.05.2025
81.	All the officers	Attended a training workshop organised at the Institute as a part of the pre-campaign for World Environment Day 2025.	Institutional	30.05.2025
82.	Dr. BabitaYadav, R.O. (Ay.) Dr.Saroj Devi, R.O. (Ay.) Dr. Swati Sharma, R.O. (Ay.)	Had a meeting with Dr.Shivram, the Head of the Psychiatric department of LHMC and Dr.Sai Ram, Professor and expert of ASD to discuss the feasibility of a collaborative project on Autism spectrum disorders. A presentation was given by Dr.Saroj Devi, Dr.BabitaYadav and Dr.Swati Sharma ,followed by that a detailed discussion was	Institutional	30.05.2025

		held and in principle ,team is Willing to work with CARI New Delhi.		
83.	Dr.Kuldeep Singh, R.O. (Ay.)	Successfully completed one year e–post graduate program in epidemiology (e learning program January- December 2024 from Indian Institute of Public health, New Delhi)	National	30.05.2025
84.	Dr.Sakshi Sharma, R.O. (Ay.) and Dr.Aishwarya K R.O. (Ay.)	Co-ordinated an interview of pharmacists for the projects "A systematic survey of the labelling Information of Ayurvedic Drugs included in NLEAM and marked in India in compliance with Rule 161 of the D&C Act 1940 and rule 1945"	Institutional	30.05.2025
85.	Dr.Sakshi Sharma, R.O. (Ay.) Dr.Saroj Devi, R.O. (Ay.)	Attended meeting with Nodal officer of CCRAS along with 5 centres for the discussion of the project entitled "A Systematic survey of the labeling information of Ayurvedic drugs included in NLEAM".	Institutional	30.05.2025
86.	Dr.Shweta Mata, R.O. (Ay.)	Coordinated Pharmacovigilance awareness lectures in the OPD for patients of CARI, New Delhi.	Institutional	07.05.2025, 17.05.2025 20.05.2025, 31.05.2025
87.	Dr.SudhaKumari K.G, R.O. (Ay.)	Attended online meeting chaired by The Chairman of Expert Committee regarding Preparation of PG Curriculum of Manasa Roga.	National	1st, 5th, 7th, 8th, 9th, 10th, 12th, 18th, 21st and 23rd May 2025.
88.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Coordinated a virtual Monthly review meeting of SMART IDA.	Institutional	03.06.2025
89.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Dr. Sakshi Sharma, R.O. (Ay.)nominated as Nodal and Dr. Renu Rani, R.O. (Ay.)nominated as Co-Nodal officer for the celebration of IDY-2025.	Institutional	03.06.2025
90.	All the technical officers	Participated in the yoga session organised at the Institute for the staff as part of the events celebrating International Day of Yoga 2025.	Institutional	04.06.2025.
91.	Dr. Renu Rani R.O. (Ay.)	Attended a VC Meeting regarding branding and propagation of IDY-2025 through different social media platforms organized by Ministry of Ayush at 12.00pm to 1.30pm on 04.06.2025.	Institutional	04.06.2025.

92.	Dr. Hemanta Panigrahi, R.O. (Ay.)	Attended a meeting of Yoga Protocols conducted by the Ministry of AYUSH at CARI, New Delhi	Institutional	05.06.2025.
93.	All the technical officers	Attended a plantation drive organized at the Institute as part of the celebration of World Environment Day 2025.	Institutional	05.06.2025.
94.	Dr.Ratheesh P, R.O. (Ay.) & Dr. Saroj Devi, R.O. (Ay.)	Co-ordinated a slogan writing competition and submitted report of Pre-Campaign Activitiesas part of the celebration of World Environment Day 2025, on 05.06.2025.	Institutional	05.06.2025.
95.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended meeting regarding the fixed assets institute-wise under the chairmanship of DDA-CCRAS,scheduled on 09.06.2025.	Institutional	09.06.2025.
96.	Dr. Renu Rani R.O. (Ay.)	Attended Focus group meeting at 2.30 pm for the project of the Paediatrics age group on 09.06.2025.	Institutional	09.06.2025.
97.	Dr. Hemanta Panigrahi, R.O. (Ay.) Dr. Sakshi Sharma, R.O. (Ay.) & Dr. Renu Rani R.O. (Ay.)	Attended virtual meeting under the chairmanship of DG, CCRAS regarding organizing events under International Day of Yoga (IDY) – 2025.	Institutional	10.06.2025.
98.	Dr. Sakshi Sharma, R.O. (Ay.)	Reviewed an Ayurgyan proposal entitled “Genomic Profiling and Ayurvedic Lifestyle Associations in Chronic Kidney Disease: A Pilot Investigation in Gariaband District”.	Institutional	10.06.2025.
99.	Dr. Saroj Devi, R.O. (Ay.)	Attended a webinar on Deriving Prescriptions for Common Respiratory Diseases, conducted by Vaidyaratnam Ayurveda College, Ollur.	National	11.06.2025
100	Dr.Kishor Patel, R.O (Ay.)	Rendered duty as a member of scrutiny committee for the scrutiny of posts of Chairperson, National Commission for Indian Medicine (NCISM) and the Presidents of all the four autonomous boards of NCISM advertised on 01.03.2025 at MoA, New Delhi on 11.06.2025 and 12.06.2025.	National	12.06.2025
101	Dr. Bharti, Director (Institute)	Visited the office of Sh. Chandoliyaji, MP,to invite them under the Signature Event,namely“YOGA SANGAM” guided by the theme “Yoga for One Earth, One Health” for IDY 2025, with the target of 320 participants on 13.06.2025.	Institutional	13.06.2025
102	Dr. Shweta Mata, R.O. (Ay.)	Visited various schools and colleges to register them under the Signature Event,namely“YOGA SANGAM” guided by	Institutional	13.06.2025

	Dr. Ashima Jain, R.O. (Path)	the theme "Yoga for One Earth, One Health" for IDY 2025, with the target of 320 participants on 13.06.2025.		
103	All the technical officers	Attendedvirtual meeting on "Quality, timeliness, and transparency of research outputs" conducted by CCRAS Hqrs on 13.06.2025.	Institutional	11.06.2025
104	Dr. Babita Yadav, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.) Dr. Ratheesh, R.O. (Ay.) Dr. Ashima Jain, R.O. (Path) Dr. Meenakshi Suri, R.O. (Path)	Performed Liaisoning officer duty for the international delegation on the signature event of yoga bandhan IDY 2025 from 17.06.2025 to 21.06.2025.	Institutional	17.06.2025 to 21.06.2025
105	All the technical officers	Attended a Meeting regarding the preparation of the International Day of Yoga 2025 at the committee Room of CARI, New Delhi.	Institutional	16.06.2025.
106	All the technical officers	Attended one day workshop under the name of "YOGA SAMYOG" guided by the theme "Yoga in enhancing modern and contemporary Healthcare systems" organised by the Institute at AIAC Auditorium, Dhanvantri Bhawan, and Punjabi Bagh (West), New Delhi under the celebration of International Day of Yoga.	National	18.06.2025
107	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a workshop – Samyog on the occasion of International Yoga Day 2025	Institutional	18.06.2025
108	Dr. Sakshi Sharma, R.O. (Ay.) & Dr. Renu Rani R.O. (Ay.)	Coordinated a one-day workshop under the name of "YOGA SAMYOG" guided by the theme "Yoga in enhancing modern and contemporary healthcare systems"' organised by the Institute at AIAC Auditorium, DhanvantriBhawan, Punjabi Bagh (West), New Delhi, under the celebration of International Day of Yoga on 18.05.2025.	National	18.06.2025
109	All the technical officers	Participated and performed different duties in the "YOGASAMYOG" event on the IDY-2025 on 18.06.2025.	National	18.06.2025
110	Dr. Hemanta Panigrahi, R.O. (Ay.)	Attended a meeting regarding the organisation of International Yoga Day 2025	Institutional	21.06.2025.
111	Dr. Shweta Chaudhary R.O (Ay.) & Dr. Kuldeep R.O. (Ay.)	Participated in Yoga Day Celebration on the theme of Yoga for One Earth One Health, conducted by Yoga and Naturopathy Department at Ayush Wellness Centre, Rashtrapati Bhavan, New Delhi	Yoga and Naturopathy Department, Ayush	21.06.2025

			Wellness Centre,	
112	Dr. Renu Rani R.O. (Ay.)	Reviewed proposals of SPARK.	Institutional	21.06.2025.
113	Dr. Renu Rani R.O. (Ay.) & Dr.Sakshi Sharma R.O. (Ay.)	Successfully coordinated the Signature Event, namely "YOGA SANGAM" guided by the theme "Yoga for One Earth, One Health" for IDY 2025, with the target of 320 participants on 21.06.2025.	National	21.06.2025
114	All the technical officers	Participated and performed different duties in the Yoga Sangam event on the IDY-2025.	National	21.06.2025
115	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended the celebration of International Yoga Day 2025	National	21.06.2025
116	Dr. Shivshankar Rajput R.O. (Ay.)	Attended the InternationalYoga day 2025 event at Baansera Park, New Delhi.The event was graced by the Honourable LG of Delhi and an International delegate.	National	21.06.2025
117	Dr. Aishwarya K, R.O (Ay.)	Reviewed 5 proposals of SPARK.	Institutional	21.06.2025
118	Dr. Shweta Mata, R.O. (Ay.)	Reviewed 2 proposals of SPARK.	Institutional	21.06.2025
119	All the technical officers	Participated in the Trimahi Baithak related to Vibhaagiya RajabhashaKaryanvayan Samiti on 23.06.2025 at the conference room of CARI, ND.	Institutional	23.06.2025
120	Dr. Bharti, Director (Institute) Dr.Sakshi Sharma R.O. (Ay.) Dr. Babita Yadav, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.) Dr. Ratheesh, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.) Dr. Ashima Jain, R.O. (Path) Dr. Meenakshi Suri, R.O. (Path)	Attended VC Meeting Scheduled under the chairmanship of DG, CCRAS for the celebration of International Day of Yoga (IDY) – 2025.	Institutional	23.06.2025
121	Dr. Seema Jain, R.O. (Ay.)	Attended AMHCP review meeting.	Institutional	27.06.2025
122	All the technical officers	Attended technical review meeting in the committee room under the chairmanship of Director (Institute) on 27.06.2025.	Institutional	27.06.2025

123	All the technical officers	Attended Hindi Karyashala on "राजभाषा परिचय ,नियम ,नीति ,अधिनियम एवं राजभाषा प्रश्नोत्तरी"Shri Sanjay Kumar Singh, Deputy General Manager, Hindi Vibhag at AIAC Auditorium, Dhanvantri Bhawan, Punjabi Bagh (West), New Delhion 27.06.2025.	Institutional	27.06.2025
124	Dr. Bharti, Director (Institute)-Chairperson Dr. Sakshi Sharma, R.O (Ay.) Dr.Kishor Patel, R.O (Ay.) Dr.Saroj Devi, R.O (Ay.) Dr.Meenakshi, R.O (Path.) Dr.Ashima Jain R.O (Path.)	Attended a virtual meeting (online) of Focus Group for Cardiovascular Diseases related research, including Hypertension, held on 30.06.2025.	Institutional	30.06.2025
125	All the technical officers	Attended the Retirement Ceremony of Smt. P. Kalawati, Panchkarma Attendant, CARI, ND at AIAC Auditorium on 30.06.2025.	Institutional	30.06.2025
126	Dr. Renu Rani R.O. (Ay.)	Reviewed proposals of SPARK on 21.06.2025.	Institutional	30.06.2025
127	Dr.Babita Yadav, R.O (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Aishwarya, R.O. (Ay.)	Coordinated data storage and retrieval for all annual reports since the establishment of the institute.	Institutional	July 2025
128	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Conducted a monthly review meeting of the SMART-IDA Project.	National	02.07.2025.
129	Dr. Shrawan Sahu, R.O. (Ay.)	Submitted a Project Proposal for Establishment of Department of Integrated Medicine at Dr. RML Hospital, New Delhi.	National	03.07.2025.
130	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting with nodal officer AYUSH-A project at HQ.	National	04.07.2025.
131	Dr. Hemant Panigrahi, R.O.(Ay.) Dr. Shrawan Sahu, R.O. (Ay.)	Attended a meeting in the office of Prof. (Dr.) Vivek Deewan, Medical Superintendent and Prof. (Dr.) Bijit Kundu, Additional Medical Superintendent for the consideration of space allocation regarding the establishment of Integrated Ayush Department at RML Hospital, New Delhi.	National	04.07.2025.
132	Dr. Shrawan Sahu,	Requested for installing multiple necessary sign boards near the relocated Ayurveda OPD	Institutional	04.07. 2025

	R.O. (Ay.)	and in the Hospital campus in order to ensure wider publicity and better accessibility for the beneficiaries and the work is under process.		
133	Dr. Shrawan Sahu, R.O. (Ay.)	Requested for adding "Ayurveda" as a department in Online Registration System (ORS) Patient Portal and it was subsequently included in the portal.	Institutional	04.07.2025.
134	Dr. Shrawan Sahu, R.O. (Ay.)	Guided.oriented 07 MBBS students of ABVIMS (RML Hospital) who opted Ayurveda for 1 Week Elective Internship wherein topics viz. Introduction to Ayurveda, Common herbs in Ayurveda, Understanding Preventive Ayurveda, Treatment Modalities in Ayurveda and Uniqueness of Ayurveda as a system of medicine were covered.	National	During the month of July 2025
135	Dr. Renu Rani R.O. (Ay.)	Nominated as member of Institutional Research Committee (IRC) of SKAU, Kurukshetraand attended the VC meeting for review of clinical studies.	National	03.07.2025 and 04.07.2025.
136	Dr. Renu Rani R.O. (Ay.)	Attended an online training session on “Psychological Problems of children & Adolescents organized by Ancient Ayurveda Institute.	National	05.07.2025.
137	Dr.Kishor Patel, R.O (Ay.)	Participated in online meeting to review the progress related to the project entitled “Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study" under SMART with 4 collaborating centres, organized by CARI.	National	07.07.2025
138	Dr. Hemant Panigrahi, R.O.(Ay.) Dr. Sakshi Sharma, R.O (Ay.) Dr.Kishor Patel, R.O (Ay.)	Attended a review meeting for the Progress of construction work of the proposed building of the Central Ayurveda Institute at FC-5, Block-A, Sector-28, Rohini on 8.07.2025	National	08.07.2025
139	Dr. Ratheesh P, R.O (Ay.) Dr.Saroj Devi, R.O (Ay.)	Submitted a draft proposal for setting up of Tele-Ayurveda Care Unit at CARIND.	Institutional	10.07.2025.
140	Dr.Saroj Devi, R.O (Ay.)	Nominated as member of ICC by NCISM and Attended an Internal Complaint Committee meeting at NCISM.	National	11.07.2025.
141	Dr. Aishwarya K, R.O (Ay.)	Performed exhibition duty at Shalyacon (25 th Annual conference of national Shushruta Association) at AIIA, Sarita vihar, New delhi.	National	13.07.25.

142	Dr. Shivshankar Rajput R.O. (Ay.)	Performed exhibition duty at Shalyacon (25 th Annual conference of national Shushruta Association) at AIIA, Sarita vihar, New delhi.	National	14.07.25 and 15.07.25.
143	Dr. Shrawan Sahu, R.O. (Ay.)	Participted in a webinar entitled "Thyroid – Diagnosis & Management" organized by Clinical Guruji.	National	14.07.2025.
144	Dr. Ratheesh P, R.O (Ay.) Dr.Saroj Devi, R.O (Ay.)	Submitted draft modules for Ayush course on Ayurveda for HTN for iGOT platform.	Institutional	14.07.2025.
145	Dr.Kishor Patel, R.O (Ay.)	Rendered duty as a member of scrutiny committee for the scrutiny of posts of Chairperson, National Commission for Indian Medicine (NCISM) and Presidents of all the four autonomous boards of NCISM advertised on 01.03.2025 at MoA, New Delhi.		14th to 19th and from 21st to 28th July 2025
146	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Actively participated in the training of FRRO for Ayush VISA portal at Auditorium Hall, Police Station, Barakhamba Road, New Delhi.	National	15.07.2025
147	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivani, JRF (Ay.)	Coordinated Pharmacovigilance awareness lectures and distributed IEC material to participants at CARI, New Delhi.	Institutional	16.07.25, 25.07.25, 29.07.25, 31.07.25
148	Dr. Shweta Mata, R.O. (Ay.)	Completed Karmayogi training on the topic"Yoga Protocol" in virtual mode and got certificate for the same.	National	16.07.2025
149	Dr. Seema Jain, R.O. (Ay.)	Attended AMHCP review meeting by Nodal institute Hyderabad.	National	16.07.2025.
150	Dr. Shrawan Sahu, R.O. (Ay.)	Played a key role for preparing the Draft agenda item along with budget bifurcations details for the establishment of the Department Integrated Medicine at RML Hospital, New Delhi.		17.07.2025.
151	Dr. Sakshi Sharma, R.O. (Ay.)	Completed Karmayogi training on the topic"Yoga Protocol" in virtual mode and got certificate for the same.	National	17.07.2025
152	All the technical officers	Attended meeting on expansion.up gradation of Institute infrastructure at CARI, ND.	Institutional	18.07.2025.
153	Dr. Seema Jain, R.O. (Ay.)	Attended a review meeting SCSP regarding the 2025-26 Projects.	National	18.07.2025
154	Dr. Shrawan Sahu, R.O. (Ay.)	Participated in a webinar entitled "How to Approach an Unconscious Patient "organized by Clinical Guruji.	National	18.07.2025.
155	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Organized a VC meeting as nodal officers for "Awareness on guidelines for Ayush VISA Portal".	National	19.07.2025.

156	Dr. Shweta Mata, R.O. (Ay.)	Participated in online Training on "Ayush Suraksha" Portal organized by AIIA, NPvCC, Sariita Vihar, New Delhi	National	21.07.2025
157	Dr. Sakshi Sharma, R.O. (Ay.)	Completed Karmayogi training on the topic“Code & Conduct” in virtual mode and got certificate For the same.	National	22.07.2025
158	Dr. Saroj Devi, R.O. (Ay.)	Completed Karmayogi training on the topic “Mission LiFE 2.0” in virtual mode and got certificate for the same.	National	23.07.2025
159	Dr. Aishwarya K, R.O (Ay.)	Completed Karmayogi training on the topic “Prevention of Sexual harassment of women at workplace” in virtual mode and got certificate for the same.	National	23.07.2025
160	Dr. Sakshi Sharma, R.O. (Ay.)	Completed Karmayogi training on the topic “Prevention of Sexual harassment of women at workplace” in virtual mode and got certificate for the same.	National	24.07.2025
161	Dr. Saroj Devi, R.O. (Ay.)	Completed Karmayogi training on the topic “Yoga Break at Workplace” in virtual mode and got certificate for the same.	National	24.07.2025
162	Dr. Aishwarya K, R.O (Ay.)	Completed Karmayogi training on the topic “Yoga Break at Workplace” in virtual mode and got certificate for the same.	National	24.07.2025
163	Dr. Aishwarya K, R.O (Ay.)	Completed Karmayogi training on the topic “Mission LiFE 2.0” in virtual mode and got certificate for the same.	National	24.07.2025
164	Dr. Aishwarya K, R.O (Ay.)	Completed Karmayogi training on the topic “Code of conduct for govt. employees” in virtual mode and got certificate for the same.	National	24.07.2025
165	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Organized a VC meeting as nodal officers for “Awareness on guidelines for Ayush VISA Portal”.	National	19.07.2025.
166	Dr. Bharti, Director (Institute)	The fifth half-yearly meeting of NARAKAS, South Delhi was organized at Vigyan Bhavan, New Delhi in which Dr. Bharti, Director (Institute) and Sonali Sharma, Translator (Hindi Assistant) participated on behalf of the Institute..	National	21.7.2025,
167	Dr. Seema Jain, R.O. (Ay.)	Attended a training of officers and employees under I GOT platform.	Institutional	22.07.2025.
168	Dr. Bharti, Director (Institute) Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Aishwarya K,	Coordinated a VC IEC meeting.	Institutional	22.07.25.

	R.O (Ay.)			
169	Dr. Saroj Devi, R.O. (Ay.)	Presented the Research Protocol title "Effectiveness of Drakshavaleha in Improving the Symptoms of Functional Gastrointestinal Disorders: Multi-centre Study in IEC meeting.	Institutional	22.07.2025.
170	Dr. Ratheesh P, R.O (Ay.) Dr.Meenakshi Suri, R.O (Path.) Dr. Aishwarya K, R.O (Ay.)	Attended an IEC Meeting of Research Protocol titled "Effectiveness of Drakshavaleha in improving the Symptoms of Functional Gastrointestinal Disorders- A Multi-centre Study in IEC.	Institutional	22.07.2025.
171	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.)	Attended meeting regarding the development of 5-year plan for the infrastructural development and on 9th Ayurveda Day under the chairmanship of DG (CCRAS).	National	23.07.2025.
172	All the technical officers	Attended meeting regarding development of 5 year plan for the infrastructural development under the chairmanship of Director Institute.	Institutional	23.07.2025.
173	Dr. Hemant Kumar Gupta, R.O. (Psychiatry) Dr. Shrawan Sahu, R.O. (Ay.)	Attended a meeting in the office of Dr.Meena Chandra, HOD, Department of Psychiatry, RML Hospital, regarding the development of good quality collaborative research projects.	National	24.07.2025.
174	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Attended VC meeting to discuss the CEC updates and SIDCER-FERCAP survey.	National	25.07.2025
175	Dr. Shrawan Sahu, R.O. (Ay.)	Participted in a webinar entitled "History & Examination in Pregnancy" organized by Clinical Guruji.	National	25.07.2025.
176	Dr. Sakshi Sharma, R.O (Ay.)	Organized a meeting of pharmacists regarding attendance and leave information.	Institutional	28.07.2025.
177	Dr.Swati Sharma, R.O (Ay.) Dr. Aishwarya K, R.O (Ay.)	Co-ordinated an interview for Panchakarma attendant posts (3) for the Department of Integrative Medicine, LHMC.	Institutional	28.07.25.
178	All the technical officers	Attended a meeting regarding the recruitment of BPL patients in IPD cases.	Institutional	28.07.25.
179	Dr. Shrawan Sahu,	Attended Shalakya Focus Group Meeting.	National	29.07.2025

	R.O. (Ay.)			
180	Dr. Bharti, Director (Institute) Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Participated in a meeting with Dr. Renu Singh, R.O. (Ay.), Dr. Emy, R.O. (Ay.), CCRAS Hqrs regarding SIDCER-FERCAP.	National	29.07.2025
181	Dr. Sakshi Sharma, R.O (Ay.)	Attended webinar lecture on Medicinal plants sector in India, Divestitures and opportunities given by Dr. Arun Chandan, Regional Head RCFC (NR-1) NMPB, MoAyush, organised by Guru Ravidas Ayurveda University Punjab.	National	30.07.2025.
182	All the technical officers	Attended training on Patient Rights & Responsibilities by Dr. Babita Yadav, R.O. (Ay.).	Institutional	30.07.2025
183	Dr. Seema Jain, R.O. (Ay.)	Review meeting SCSP.	Institutional	30.07.2025.
184	Dr. Shrawan Sahu, R.O. (Ay.)	Attended a webinar entitled “Beyond the Sneeze: Bridging the Patient-Practitioner Gap in Allergic Rhinitis” organized by Vishwa Ayurveda Parishad Shalakya Sambhasha Sangathan.	National	30.07.2025
185	Dr. Bharti, Director (Institute)	Attended a meeting of ICC at CCRAS, Hqrs.	National	31.07.2025.
186	All the technical officers	Attended training on Employees Rights & Responsibilities by Dr. Sakshi Sharma, R.O. (Ay.).	Institutional	31.07.2025
187	Dr. Renu Rani R.O. (Ay.)	Attended an online Meeting regarding the Status of IS.ISO 9001:2015 Quality Management System Certification by the Bureau of Indian Standards (BIS)	National	31.07.2025.
188	All technical officers	Participated in a training program on “Scope of Institute” by Dr. Seema Jain as a part of NABH implementation, organized by CARI	Institutional	01.08.2025
189	Dr. Renu Rani R.O. (Ay.)	Conducted a monthly review meeting of the SMART-IDA Project .		01.08.2025
190	All technical officers	Participated in a training program on “Emergency codes in hospital & disaster management” by Dr. Ashima Jain as a part of NABH implementation, organized by CARI.	Institutional	02.08.2025
191	All technical officers	Attended training on the topic “CPR Training” in view of NABH norms.	Institute Level	02.08.2025
192	Dr. Saroj Devi R.O. (Ay.)	Attended a program on the Garbhajeevan Certificate Program in Infertility, organized by Amokhatrayi Wellness and Coaching Institute.	National	03.08.2025.
193	Dr. Saroj Devi R.O. (Ay.)	Attended a meeting at HQ, CCRAS, and helped in developing a Research Protocol with	National	04.08.2025.

	Mrs. Aastha Dawar, Asst. Research Officer (Clinical Psychology)	the title "Effect of Ashwagandha in Reducing Stress Among Adults attending AYUSH OPDs in Delhi-An Operational Clinical Study.		
194	All technical officers	Attended training on the topic "Spill Management" by Mrs. Monu Sharma in view of NABH norms.	Institute Level	05.08.2025
195	All technical officers	Attended NABH training on Needle Stick injury by Dr. Meenakshi, RO (Path)	Institutional	05.08.2025
196	Mrs. Aastha Dawar, Asst. Research Officer (Clinical Psychology)	Completed PG Diploma in Guidance and Counselling (PGDGC).	National	05.08.2025
197	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.)	Attended Rajbhasha karyashala on the topic "Rajbhasha karyanvayan me varishth adhikariyo ki bhumika evum rajbhasha sambhandhi vibhin samitiya" in virtual mode as Director nominee, organised by "Urja dakshta bureau"	Intra-Institute Level	06th August 2025
198	All technical officers	Attended NABH training on Infection Control imparted by Ms. Sima Hutait, Sister I.C.	Institutional	06.08.2025
199	Dr. Kishor Patel, R.O. (Ay.)	Rendered duty as a member of the scrutiny committee for the scrutiny of posts of Chairperson, National Commission for Indian Medicine (NCISM), and Presidents of all four autonomous boards of NCISM at the Ministry of Ayush, New Delhi.	Institutional	06.08.2025.
200	Dr. Sakshi Sharma, R.O. (Ay.)	Coordinated as officiating Director for the visit of AYUSH Director of Uttar Pradesh Ms. Nisha Anant IAS regarding to take an idea about the research orientation in Ayurveda.	Institutional	07.08.2025.
201	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Coordinated a team visit for Ayush Department, Uttar Pradesh Ms. Nisha Anant, IAS, Mission Director, National Ayush Mission, UP.	Institutional	07.08.2025.
202	All technical officers	Participated in a team visit for Ayush Department, Uttar Pradesh Ms. Nisha Anant, IAS, Mission Director, National Ayush Mission, UP.	Institutional	07.08.2025.
203	All technical officers	Participated in the e-office training programme for officers.officials of CARI, New Delhi on 08.08.2025,	Institute Level	07.08. 2025, 08.08.2025
204	All technical officers	Taken "Mass pledge against Drug Abuse" on the occasion of 5th Foundation Day of Nasha Mukt Bharat Abhiyan on	Institutional	13.08.2025
205	Dr. Shaizi Layeeq R.O. (Ay.)	Coordinated "Mass pledge against Drug Abuse" on the 5th Foundation Day of Nasha Mukt Bharat Abhiyan.	Institutional	13.08.2025.

206	Dr. Bharti, Director (Institute) Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Aishwarya K, R.O. (Ay.)	Attended meeting with CCRAS Hqrs team regarding SIDCER-FERCAP Survey of CEC, CCRAS Hqrs at CARI, New Delhi.	National	14.08.2025.
207	Dr. Bharti, Director (Institute) Dr. Shweta Mata R.O. (Ay.) Dr. Shrawan Kumar Sahu, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Participated in Independence Day at the institute grounds.	Institutional	15.08.2025
208	Dr. Sakshi Sharma, R.O. (Ay.)	Presented a keynote address as an invited keynote speaker entitled, "Management of illness & wellness in paediatric through Ayurveda" in the National symposium on Pharmacovigilance – Shishu Suraksha: Rastra Suraksha, organized by Rashtriya Ayurved Vidyapeeth at Scope Complex Auditorium, CGO Complex, Lodhi Estate, New Delhi.	National	18.08.2025
209	Dr. Hemant Panigrahi, R.O.(Ay.)	Reviewed the Manuscript entitled Integrated insights on host plant resistance and indigenous knowledge in chickpea for Helicoverpa management In Journal of Advances in Biology and Biotechnology, Indexed in Index Copernicus, Google Scholar Published on September 1, 2025 DOI: 10.9734.jabb.2025.v28i92920, Volume: 28, Issue: 9, Page Range: 722-729, 2025-09-01	National	19.08.2025
210	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Shaizi Layeeq R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.) Dr. Swati Sharma, R.O. (Ay.) Dr. Saroj Devi R.O. (Ay.)	Attended 30th National Seminar on management of Illness & Wellness in pediatrics through Ayurveda at the Scope Complex, Lodhi road organized by RAV	National	18.08.2025 to 19.08.2025

	Dr. Renu Rani R.O. (Ay.) Dr. Aishwarya K, R.O. (Ay.)			
211	Dr. Bharti, Director (Institute)	Chaired a scientific session at the National symposium on Pharmacovigilance – Shishu Suraksha: Rastra Suraksha, organized by Rashtriya Ayurved Vidyapeeth at Scope Complex Auditorium, CGO Complex, Lodhi Estate, New Delhi.	National	19.08.2025
212	Dr. Seema Jain, R.O. (Ay.)	हिन्दी कार्यशाला भारतीय जनजातीय सहकारी विपणन विकास संघ मर्यादित) ट्राईफेड(	National	20.08.2025
213	Dr. Saroj Devi R.O. (Ay.)	Coordinated Azadi Ka Amrit Mahotsav – Meri Maati Mera Desh Campaign 2025 and took Panch Pran Pledge with soil.	Institutional	20.08.2025.
214	Dr. Aishwarya K, R.O. (Ay.)	Coordinated the 'Panch Pran pledge' as part of the 'Azadi Ka Amrit Mahotsav 2025' celebrations for all employees of CARI, New Delhi.	Institutional	20.08.2025.
215	All technical officers	Attended Pancha Prana Pledge for "Meri Maati Mera Desh" under Azadi Ka Amrit Mahotsav.	Institutional	20.08.2025
216	Dr. Seema Jain, R.O. (Ay.)	हिन्दी कार्यशाला परमाणु खनिज अन्वेषण एवं अनुसंधान निदेशालय) पखनि (कार्यालय विषय .1 : परमाणु ऊर्जा – एक परिचय	National	21.08.2025
217	All technical officers	Attended a meeting of the Multidisciplinary committee as per NABH norms as Section In-charge under the chairmanship of the Director Institute.	Institutional	21.08.2025.
218	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Aishwarya K, R.O. (Ay.)	Completed the Institute ranking.	Institutional	21.08.2025
219	Dr. Swati Sharma, R.O. (Ay.)	Attended Kavya Sangosthi.	Institutional	22.08.2025.
220	Dr. Saroj Devi R.O. (Ay.)	Completed a Certificate course of iGOT Karmyogi on Stay Safe in Cyber Space.	National	22.08.2025.
221	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Saroj Devi R.O. (Ay.)	Scrutinized forms for preparation of results of Panchakrma Technician course 2024-26.	Institutional	25.08.2025.
222	Dr. Ratheesh, R.O. (Ay.) Dr. Aishwarya K, R.O. (Ay.)	Coordinated a meeting regarding Vigilance Awareness Week-related courses available on the iGOT platform for all employees of CARI, New Delhi, as co-nodal officer for the	Institutional	26.08.2025.

		observation of Vigilance Awareness Week (VAW) 2025.		
223	All technical officers	Attended a meeting regarding Vigilance Awareness Week-related courses available on the iGOT platform for all employees of CARI, New Delhi, for the observation of Vigilance Awareness Week (VAW) 2025.	Institutional	26.08.2025.
224	Dr. Seema Jain, R.O. (Ay.)	परमाणु खनिज निदेशालय की गतिविधियां	National	26.08.2025
225	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.) Dr. Swati Sharma, R.O. (Ay.)	Attended introductory training on iGOT Karmayogi platform in view of the Vigilance campaign 2025.	Institute Level	26.08.2025
226	Dr. Shweta Mata R.O. (Ay.)	Coordinated Pharmacovigilance awareness lectures on 26.08.2025 and distributed IEC material to participants.	National	26.08.2025.
227	Dr. Shweta Mata R.O. (Ay.)	Completed a Certificate course of iGOT Karmyogi on the Public Procurement Framework of GOI provided by the Department of Expenditure.	National	27.08.2025.
228	Dr. Shweta Mata R.O. (Ay.)	Completed a Certificate course of iGOT Karmyogi on Code of Conduct for Government Employees provided by the Institute of Secretariat Training and Management.	National	27.08.2025.
229	Dr. Shaizi Layeeq R.O. (Ay.)	Interview of a candidate for Panchakrma Technician (contractual).	Institutional	27.08.2025.
230	All technical officers	Attended a lecture and Fire Drill training delivered by Mr. Y.P. Kasana (retd. Safety Officer, BHAMA Atomic Centre) organized by CARI New Delhi in view of NABH norms.	Institute Level	27.08.2025
231	Dr. Hemant Panigrahi, R.O.(Ay.) Dr. Sakshi Sharma, R.O. (Ay.)	Attended a meeting at CCRAS HQ under the chairmanship of DG, CCRAS, along with CPWD officials regarding the presentation about environmental clearance by the Ministry of Environment for CARI New Building at FC-5 Block A, Sec-28, Rohini.	National	28.08.2025.
232	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Coordinated Fire Safety Mock Drill & Training at CARI, New Delhi.	Institutional	28.08.2025
233	All technical officers	Attended training on the topic “CPR Training” in view of NABH norms.	Institute Level	02.08.2025

234	Dr. Bharti, Director (Institute) Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.	Participated in a CEC review meeting held at CARI, New Delhi	Institute Level	02.09.2025
235	Dr. Sakshi Sharma R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Saroj Devi R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended a Webinar on “Making Your Systematic and Literature Reviews Easier with Covidence” conducted by CCRH & Ministry of Ayush.	Institute Level	03.09.2025
236	Dr. Sakshi Sharma R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Saroj Devi R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended a Webinar on “Making Your Systematic and Literature Reviews Easier with Covidence” conducted by CCRH & Ministry of Ayush.	National	03.09.2025
237	All technical officers	Attended Multidisciplinary Committee meeting regarding testimony of the patients and Eminent Ayurveda Experts at Director (Institutes)’s office	Institute Level	03.09.2025
238	Dr. Shweta Mata, R.O. (Ay.)	Coordinated pharmacovigilance awareness lectures at CARI, New Delhi	Institute Level	03.09.2025, 10.10.2025, 29.10.2025.
239	Dr. Seema Jain R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Co-ordinated & attended an online monthly review meeting of SMART-IDA project of all the collaborative institutes	Institute Level	03.09.2025
240	Dr. Seema Jain R.O. (Ay.)	Virtual Meeting on Discussion of issues in filling in scores in Cultural Food Significance Index (CFSI)	Institute Level	04.09.2025
241	Dr. Sakshi Sharma R.O.(Ay.) Dr. Saroj Devi	Dr. Sakshi Sharma, R.O.(Ay.) attended meeting of therapeutic committee as Chairman and Dr. Saroj Devi, R.O. (Ay.) as a member of	Institute Level	04.09.2025

	R.O. (Ay.)	the committee, in view of implementation of MoM directions vide NABH norms		
242	Dr. Seema Jain R.O.(Ay.)	Virtual Meeting on Discussion of issues in filling in scores in Cultural Food Significance Index (CFSI)	Institute Level	04.09.2025
243	Dr. Shweta Mata, R.O. (Ay.)	Coordinated Ayurveda day activities as a Nodal officer of 10th Ayurveda Day, 2025	Institute Level	04.09.2025
244	All technical officers	Attended Ayurveda Day Inauguration on	Institute Level	08.09.2025
245	Dr. Shweta Mata, R.O. (Ay.)	Coordinated audit of team of QCI visited PPvC, CARI, New Delhi on	Institute Level	09.09.2025.
246	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Saroj Devi R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended webinar on Kayaprabodhini-EP-19 Psycho-behavioural disorder by Dept. of Kayachikitsa, ITRA, Jamnagar, Gujarat	National	09.09.2025
247	Dr. Kuldeep, R.O. (Ay.)	Participated in 33rd ISC Meeting and present a proposal of systematic Review entitled "Efficacy and safety of Ayurveda interventions in the treatment of Vitiligo (Shwitra):A systematic review "	Institute Level	09.09.2025
248	Dr. Shweta Chaudhary R.O (Ay.)	Participated in 33rd ISC Meeting and present a proposal of systematic Review entitled "Efficacy and safety of Ayurveda interventions in the treatment of Vitiligo (Shwitra):A systematic review "	Institute Level	09.09.2025
249	Dr. Aishwarya K, R.O.(Ay.)	Participated in 33rd ISC Meeting and present a proposal of "Efficacy of Panchavalkala kwatha (cleansing) along with Paradadi lepa (topical application) Versus Normal saline (cleansing) and povidone-iodine ointment (topical application) in partial thickness wounds: an open-label, randomised controlled trial"	Institute Level	09.09.2025
250	Dr. Hemanta Panigrahi, R.O.(Ay.)	Delivered Public Awareness lectures on- Role of Ayurveda in Diet and Nutrition	CARI, New Delhi	10.09.2025
251	Dr. Babita, R.O. (Ay.)	Coordinated CEC meeting	National	10.09.2025
252	Dr. Shweta Mata, R.O. (Ay.) Dr. Shaizi Layeeq R.O. (Ay.)	Attended Webinar on Integrative Cancer Care – Ayurveda's Role on the occasion of celebration of 10th Ayurveda Day organised by CCRAS-CARI, Mumbai	National	11.09.2025

	Dr. Shivshankar Rajput R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)			
253	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered an Awareness lecture on "Importance of Ayurveda day" was given as a part of 10th Ayurveda day celebration at ATC, Safdarjung Hospital, New Delhi .	Institute Level	11.09.2025
254	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.)	Attended sensitization meeting with States.UTs for celebration of Ayurveda Day, Swastha Nari, Sashakta Pariwar campaign & status of NAM expenditure.implementation of SNA Sparsh organized by Ministry of Ayush .	Institute Level	11.09.2025
255	Ms. Sonam Chandhok, ARO (Cli. Psy.),	Presented SCSP project status and progress during the 'Sampada' review meeting under the chairmanship of DG and DDG, CCRAS .	Institute Level	11.09.2025 - 12.09.2025
256	Dr. Seema Jain	Visited Kurukshetra under SCSP PROJECT	Institute Level	11.09.2025 – 14.09.2025
257	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Attended a webinar by CCRAS-CARI Mumbai on "Ayurveda for improvement of Quality of life of Cancer patients"	Institute Level	12.09.2025
258	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.)	Attended an awareness lecture on the topic "Ayurveda for People & Planet" delivered by Dr. Sakshi Sharma, R.O. (Ay.) under Ayurveda day celebration .	Institute Level	12.09.2025
259	Dr. Sakshi Sharma R.O.(Ay.)	Delivered an awareness lecture on the topic "Ayurveda for People & Planet" under Ayurveda day celebration.	Institute Level	12.09.2025
260	Dr. Sakshi Sharma R.O.(Ay.)	Attended meeting for "Ek Bharat Shreshtha Bharat" Abhiyan with Mrs. Renu Rajan as Nodal officer of the same at CCRAS HQ .	Institute Level	12.09.2025
261	Dr. Seema Jain R.O.(Ay.)	Review meeting on Sampada-under SCSP program chaired by DG CCRAS	Institute Level	12.09.2025
262	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered an Awareness lecture on "Sandhivata, Aamvata, Katigatvata & Vatarakta" was given as a part of 10th Ayurveda day celebration at ATC, Safdarjung Hospital, New Delhi on 12.09.2025.	Institute Level	12.09.2025
263	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered guest lecture entitled, "Critical review on PCOS studies in Ayurveda and	Institute Level	12.09.2025

		future scope" organized by Vishwa Ayurveda Parishad, NIA branch, Jaipur		
264	All technical officers	Attended Yoga Camp and contest under 10th Ayurveda Day .	Institute Level	12.09.2025
265	All technical officers	Took pledge "say no to drugs" under Nasha Mukti Bharat Abhiyan, 2025.	Institute Level	13.09.2025
266	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered an Awareness lecture on "Traya Upstambha & Ashta Ahar Vidhi Visheshayatana" was given as a part of 10th Ayurveda day celebration at ATC, Safdarjung Hospital, New Delhi .	Institute Level	13.09.2025
267	Dr.Kishor Patel, R.O. (Ay.)	Participated in the webinar - Ayurveda for Gut Microbiome Optimisation oraganized by Sitaram Ayurveda Pharmacy.	National	14.09.2025
268	Dr. Hemanta Panigrahi. R.O.(Ay.)	Attended Akhil Bhartiya Ayurved Mahasamelan, Hindi Pakhvada	Institutional	15.09.2025
269	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Attended a webinar by CCRAS-CARI Mumbai on "Integrating Ayurveda into modern cancer care- Perspective of an expert trained in both systems of medicine"	Institutional	15.09.2025
270	Dr. Seema Jain, R.O. (Ay.) & All Technical Officers	Co-ordination of Inauguration of HINDI PAKHWADA. Attended the Inaugural function of Hindi Pakhwada	Institute Level	15.09.2025
271	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.)	Attended an awareness lecture to OPD patients and staff of CARI, ND on Nitya Sevaneeya dravya under 10th Ayurveda Day 2025.	Institute Level	15.09.2025
272	Dr. Saroj Devi R.O. (Ay.)	Awareness lecture delivered to OPD patients and staff of CARI, ND on Nitya Sevaneeya dravya under 10th Ayurveda Day 2025.	Institute Level	15.09.2025
273	Dr. Saroj Devi R.O. (Ay.) Dr. Astha Dawar, ARO (Cli.Psy.) All the technical officers	Co-ordinated Ayurveda food festival and distributed Amala Panak under 10th Ayurveda Day 2025 Attended Ayurveda food festival and distributed Amala Panak .	Institute Level	15.09.2025
274	Dr. Hemanta Panigrahi. R.O.(Ay.)	Attended a Webinar on 'Role of Ayurveda in Cancer Management & Supportive Care'	National	16.09.2025
275	All technical officers	Attended online webinar on Role of Ayurveda in Cancer management and supportive care by Dr. Sanjay Khedekar, organised by CCRAS-CARI, ND	National	16.09.2025

276	All technical officers Dr. Renu Rani R.O. (Ay.)	Attended inaugural ceremony of 8th Poshan Maah, 2025. Delivered a speech on importance and theme of Poshan maah 2025.	Institute Level	16.09.2025
277	All technical officers	Participated in online technical review meeting held at 3:30PM. organised by CARI, New Delhi.	Institute Level	16.09.2025
278	All technical officers Dr. Kishor Patel, R.O. (Ay.)	All technical officers attended and Dr. Kishor Patel, R.O. (Ay.) coordinated webinar entitled "Role of Ayurveda in Cancer Management & Supportive Care" organized to commemorate celebration of 10th Ayurveda Day 2025 by CARI .	Institute Level	16.09.2025
279	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered an Awareness lecture on "Dincharya and Ritucharya" was given as a part of 10th Ayurveda day celebration at ATC, Safdarjung Hospital, New Delhi .	Institute Level	16.09.2025
280	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Saroj Devi, R.O.(Ay.)	Judged Hindi Tippanee evam aalekhan pratiyogita as a Judge .	Institute Level	16.09.2025
281	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Attended a webinar by CCRAS-CARI Mumbai on "Ayurveda Dietetics and Nutrition in Cancer care"	Institutional	17.09.2025
282	Dr. Sakshi Sharma R.O.(Ay.)	Awarded with first prize for the paper presentation on the topic Pediatric Pharmacovigilance: Current Challenges In Ayurveda Prospective"	Institutional	17-18.09.2025
283	Dr. Shivshankar Rajput R.O. (Ay.) Dr. Renu Rani R.O.(Ay.)	हिंदी पखवाड़े के उपलक्ष्य में टिप्पण एवं आलेखन प्रतियोगिता में भाग लिया.	Institute Level	17.09.2025
284	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered an Awareness lecture on "Ayurveda home remedies" was given as a part of 10th Ayurveda day celebration at ATC, Safdarjung Hospital, New Delhi .	Institute Level	17.09.2025
285	Dr. Sakshi Sharma, R.O. (Ay.)	Awarded with first prize for the paper presentation on the topic Pediatric Pharmacovigilance: Current Challenges In Ayurveda Prospective" at National Symposium on Pharmacovigilance- Shishu Surakasha: Rashtra Surakasha" organised by CCRAS-PPvC, RAI Gwalior in collaboration with NPvCC, AIIA New Delhi at Gwalior	Institute Level	17-18.09. 2025

286	Dr.Kishor Patel, R.O. (Ay.)	Participated in a webinar on "Herbs from Kitchen Garden to Nurture Women's Health: Svasth Naari, Sashakt Naari" oragnized by AMAM & RAV .	National	18.09.2025
287	Dr. Kuldeep, R.O. (Ay.) Dr. Shweta Chaudhary R.O (Ay.) Dr. Saroj Devi R.O. (Ay.)	Attended a Webinar on "Cancer treatment modalities in Ayurveda wrs. Breast Cancer" conducted by CARI, Jhansi.	National	18.09.2025
288	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on the 'Role of ayurveda in prevention and treatment of cancer' organised by CCRAS-RARI, Dimapur.	Regional Ayurveda Research Centre, Dimapur	18.09.2025
289	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on the topic 'Cancer (Arbud) Treatment modalities in Ayurved WSR Breast cancer" In connection with - 10th Ayurveda Day' Ayurveda for people and planet"	Organized by CARI, Jhansi	18.09.2025
290	Dr. Shweta ChaudharyR.O (Ay.)	Webinar on 'Cancer-palliative care and management in Ayurveda' in connection with 10th Ayurveda Day 'Ayurveda for people & Planet'	Organized by NARIP, Cheruturuthy	19.09.2025
291	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on "Role of Ayurveda in Cancer Care"	Organized by MSRARI, Jaipur	19.09.2025
292	Dr. Shweta ChaudharyR.O (Ay.)	Attended online Hindi karyashala on the topic, 'Rajbhasha niti ka karyavayan'	Organized by CARI, New Delhi	19.09.2025
293	Dr. Shweta ChaudharyR.O (Ay.)	Webinar on Integrative Cancer Care – Ayurveda's Role on the occasion of celebration of 10th Ayurveda Day	Organized by CCRAS-RARI, Thiruvanantha puram	19.09.2025
294	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on Ayurveda Day-ayurveda for people & planet' Role of Ayurveda in Cancer Care"	Organized by CCRAS-RARI, Pune	19.09.2025
295	Dr. Shweta Chaudhary R.O (Ay.)	Submitted a proposal in WHO, For WHO Health Heritage Innovations Open Call (H2I) on 20.09.2025 Topic: "Integrating Ayurveda Physicians into Modern Workspaces: A Scalable Model for Holistic Employee Well-being and Traditional Medicine Employment"	International	20.09.2025

296	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on the topic, ' relevance of panchakarma in present era'	Department of panchakarma, faculty of ayurveda, IMS, BHU	20.09.2025
297	Dr. Saroj Devi R.O. (Ay.)	Attended an online webinar on Role of Ayurveda in Integrative Oncology-A surgeon's perspective, 112:00PM to 1:00PM, organized by CCRAS-CARI-Bengaluru.	National	18.09.2025
298	All Technical Officers	Attended and took pledge under Swachhata Hi Seva, 2025 at conference room, CARI	Institute Level	18.09.2025
299	Dr. Shivshankar Rajput R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Coordinated inaugural function and pledge taking ceremony of Swastha Nari Sashakta Pariwar Abhiyan, 2025 .	Institute Level	18.09.2025
300	All Technical Officers	Attended inaugural function of Swastha Nari Sashakta Pariwar Abhiyan, 2025 .	Institute Level	18.09.2025
301	Dr. Seema Jain R.O. (Ay.)	बल मुख्यालय, सशस्त्र सीमा बल, नई दिल्ली द्वारा कंठस्थ 2.0 के प्रगामी प्रयोग हेतु कार्यशाला.	Institute Level	18.09.2025
302	Dr. Shweta Mata, R.O. (Ay.)	Attended an awareness lecture on Role of Ayurveda in Seasonal Dietary and Lifestyle Modifications lor prevention of Seasonal Disorders .	Institute Level	18.09.2025
303	Dr. Seema Jain R.O. (Ay.)	Awareness lecture on Role of Ayurveda in Seasonal Dietary and Lifestyle Modifications lor prevention of Seasonal Disorders .	Institute Level	18.09.2025
304	Dr. Kishor Patel, R.O. (Ay.)	Rendered duty as a member of scrutiny committee for the scrutiny of posts of Chairperson, National Commission for Indian Medicine (NCISM) and Presidents of all the four autonomous boards of NCISM from at Ministry of Ayush, New Delhi	Institute Level	18.09.2025 to 25.09.2025
305	Dr. Shivshankar Rajput R.O. (Ay.)	Awareness lecture on "Ayurveda focusing on different stages of women's life" was given as a part of Swasth Nari Sashakt Parivar Abhiyan 2025 at ATC, Safdarjung Hospital, New Delhi	Institute Level	18.09.2025
306	Dr. Hemanta Panigrahi. R.O.(Ay.)	Webinar on "Cancer- Palliative Care and management in Ayurveda".	National	19.09.2025
307	Dr. Hemanta Panigrahi. R.O.(Ay.)	Web- Conference on Integrating Cancer Care – Institutional and Clinical Experiences- Scopes and Challenges	National	19.09.2025
308	Dr. Hemanta Panigrahi. R.O.(Ay.)	Attended a Webinar on "Role of Ayurveda In Cancer Care"	National	19.09.2025
309	Dr. Hemanta Panigrahi. R.O.(Ay.)	Attended a Webinar on - Integrating Cancer Care – Ayurveda's Role	National	19.09.2025

310	Dr. Kuldeep, R.O. (Ay.) Dr. Shweta Chaudhary R.O (Ay.) Dr. Saroj Devi, R.O.(Ay.)	Participated in a Webinar on "Role of Ayurveda in Cancer Crae" organised by MSRARI Jaipur.	National	19.09.2025
311	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Shweta ChaudharyR.O (Ay.) Dr. Saroj Devi, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended an online webinar on Integrating Cancer Care-Ayurveda's Role, organized by CCRAS-RARI-Thiruvananthapuram. 12:00 to 1:00 pm	National	19.09.2025
312	Dr. Seema Jain, R.O. (Ay.) Dr. Shaizi Layeeq R.O. (Ay.) Dr. Shweta ChaudharyR.O (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended an online webinar on Cancer Palliative care and management in Ayurveda, organized by CCRAS-NARIP, Cheruthurathy. 10:30 to 11:30 pm	National	19.09.2025
313	Dr. Shweta Chaudhary R.O (Ay.) Dr. Saroj Devi R.O.(Ay.)	Attended a webinar on Ayurveda Day-ayurveda for people & planet' Role of Ayurveda in Cancer Care" Organized by CCRAS-RARI, Pune.	National	19.09.2025
314	Dr. Saroj Devi R.O. (Ay.)	Attended an online webinar on Integrated Oncology and Menopause-An Ayurvedic Management, organized by CCRAS-RARI-Vijaywada. 2:30 to 4:30 pm	National	19.09.2025
315	All Technical Officers	राजभाषा नीति का कार्यान्वयन विषय पर हिंदी कार्यशाला में भाग लिया	Institute Level	19.09.2025
316	Dr. Shweta Mata, R.O. (Ay.)	Participated in a Virtual Review Meeting for the Kriyakalpa Project organized by CCRAS hqrs	Institute Level	19.09.2025
317	Dr. Shivshankar Rajput R.O. (AY.)	Conducted an awareness session and free consultations with medicine during a Health camp for women at CARI, New Delhi under Swath Nari Sashakt Parivar Abhiyan 2025	Institute Level	19.09.2025
318	All Technical Officers	Attended online curtain raiser press conference imparted Union Minister under 10th Ayurveda Day, 2025, organized by Ministry of Ayush	Institute Level	19.09.2025
319	Dr. Shweta Chaudhary	Attended a webinar on the topic, ' relevance of panchakarma in present era' Organized by	National	20.09.2025

	R.O (Ay.)	Department of panchakarma, faculty of ayurveda, IMS, BHU.		
320	Dr. Sakshi Sharma R.O.(Ay.)	Participated in Hindi vaad vivaad pratiyogita organised under Hindi pakhwada and got first prize	Institute Level	20.09.2025
321	Dr. Hemant Gupta, R.O. (psych) Dr. Hemanta Panigrahi, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Appointed as judge for Hindi Vad-vivad pratiyogita organised under Hindi pakhwada	Institute Level	20.09.2025
322	Dr.Kishor Patel, R.O. (Ay.)	Participated in the webinar entitled 'Lifestyle Diseases and Hormonal Imbalance: An Integrative Approach to Prevention and Management' organized by Sitaram Ayurveda.	National	21.09.2025
323	Dr. Hemanta Panigrahi, R.O. (Ay.)	Attended a Webinar on - Integrative Cancer Care – Ayurveda's Role	National	22.09.2025
324	Dr. Hemanta Panigrahi, R.O. (Ay.)	Attended a Webinar on - Cancer: निदान और प्रतिषेधात्मक दृष्टिकोण का आयुर्वेद-परख विश्लेषण	National	22.09.2025
325	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Shweta Chaudhary R.O (Ay.)	Attended a Webinar on “Cancer Treatment Barriers and Perspective of Ayurveda” organised by RARI, Lucknow. 22.09.2025	National	22.09.2025
326	Dr. Seema JainR.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Shweta Chaudhary R.O (Ay.) Dr. Saroj Devi, R.O. (Ay.)	Attended a Webinar on “Integrative cancer care- Ayurveda’s Role” Organised by RARI, Patna on 22.09.2025	National	22.09.2025
327	Dr. Shweta Mata, R.O. (Ay.)	Member of Interview committee for contractual post of MTS and Panchakarma Technician at CARI, New Delhi.	Institute Level	22.09.2025
328	All Technical Officers	Attended Ayurveda food festival and distributed food to participants and OPD staff under 10th Ayurveda Day 2025.	Institute Level	22.09.2025
329	Dr. Shweta Mata, R.O. (Ay.)	Coordinated the Run for Ayurveda organized under 10th Ayurveda Day 2025.	Institute Level	22.09.2025
330	All Technical Officers	Participated in Run for Ayurveda organized under 10th Ayurveda Day 2025.	Institute Level	22.09.2025

331	Dr. Shivshankar Rajput R.O. (Ay.)	Awareness programme with a lecture on "Preconception, Pregnency & Postnatal care through Ayurveda" was organised on as a part of Swasth Nari Sashakt Parivar Abhiyan 2025 at ATC, Safdarjung Hospital, New Delhi	Institute Level	22.09.2025
332	Dr. Shweta Mata, R.O. (Ay.)	Participated in Hindi Nibandh pratiyogita organised under Hindi pakhwada and got first prize.	Institute Level	22.09.2025
333	Dr. Renu Rani R.O. (Ay.)	Co-ordinated Poshak Aahar Activity and distriubiution of Ayurvedidc Poshak Ahar under under Rashtriya Poshan Maah	Institute Level	22.09.2025
334	Dr. Shweta ChaudharyR.O (Ay.)	Attended Web Conference on "Integrative Cancer Care – Ayurveda's Role" on the occasion of celebration of 10th Ayurveda Day	RARI, Patna	22.09.2025
335	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on the topic, 'Under the celebration of 10th AYURVEDA DAY 2025 "AYURVEDA FOR PEOPLE AND PLANET"'	RARI-Lucknow	22.09.2025
336	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on the topic, 'Under the celebration of 10th AYURVEDA DAY 2025 "AYURVEDA FOR PEOPLE AND PLANET"'	RARI-Lucknow	22.09.2025
337	Dr. Sakshi Sharma R.O.(Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Shweta Chaudhary R.O (Ay.)	Attended a webinar on the topic, "Cancer and Traditional Medicine: An Integrative Approach" organised by CCRAS-RARI, Dimapur.	Institute Level	23.09.2025
338	Dr. Hemanta Panigrahi, R.O. (Ay.)	Attended 10th Ayurveda Day	Institutional	23.09.2025
339	Dr. Shweta Chaudhary R.O (Ay.)	Attended a webinar organized by CCRAS-CSMCARI, Chennai lecture	National	23.09.2025
340	All Technical Officers	Took Ayurveda day pledge at https:..pledge.mygov.in.ayurveda-day-2025..	Institute Level	23.09.2025
341	Dr. Sakshi Sharma R.O.(Ay.)	As Nodal Officer organised Press Conference for the 10th Ayurveda day celebration with the theme "Ayurveda for People & planet" as directions received by CCRAS HQ and Ministry of Ayush	Institute Level	23.09.2025
342	All Technical Officers	Attended Press Conference for the 10th Ayurveda day celebration with the theme "Ayurveda for People & planet" as directions received by CCRAS HQ and Ministry of Ayush	Institute Level	23.09.2025

343	Dr. Bharti, Director (Institute) Dr. Sakshi Sharma R.O.(Ay.) Dr. Shweta Mata, R.O. (Ay.)	Distributed medicinal plants to the patients & visitors of Ayurveda Expo under Plantation drive for the 10th Ayurveda Day.	Institute Level	23.09.2025
344	Dr. Kuldeep, R.O. (Ay.)	Organized Ayurveda Day celebrations at Ayush Wellness Centre, Rashtrapati Bhawan, New Delhi and Delivered an awareness lecture on the "Relevance of Ayurveda in everyday life and its role in sustaining planetary health"	Institute Level	23.09.2025
345	Dr. Shivshankar Rajput R.O. (Ay.)	Celebration of 10th Ayurveda day with Dhanwantri poojan and an awareness lecture on "Mental health" at ATC Safdarjung Hospital, New Delhi.	Institute Level	23.09.2025
346	Dr. Shweta Chaudhary, R.O (Ay.)	Organized Ayurveda Day celebrations at Ayush Welllness Centre, Rashtrapati Bhawan, New Delhi and Delivered a lecture on the 'Importance of Ayurveda Day'.	Institute Level	23.09.2025
347	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar organized by CCRAS-CSMCARI, Chennai lecture by Dr. Abeena R.	CCRAS-CSMCARI, Chennai	23.09.2025
348	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar organized by CCRAS-CSMCARI, Chennai lecture by Dr. Abeena R.	CCRAS-CSMCARI, Chennai	23.09.2025
349	Dr. Shweta ChaudharyR.O (Ay.)	Attended a webinar on the topic, 'CANCER AND TRADITIONAL MEDICINE: AN INTEGRATIVE APPROACH'	CCRAS-RARC, Dimapur	23.09.2025
350	Dr. Shweta Chaudhary, R.O (Ay.)	Organized Ayurveda Day celebrations at Ayush Welllness Centre, Rashtrapati Bhawan, New Delhi	Ayush Welllness Centre, Rashtrapati Bhawan, New Delhi	23.09.2025
351	Dr. Shweta Chaudhary, R.O (Ay.)	Delivered a lecture on the 'Importance of Ayurveda Day'	Ayush Welllness Centre, Rashtrapati Bhawan, New Delhi	23.09.2025
352	All Technical Officers	Attended meeting for preparation of NABH visit, taken by director (Institute).	Institute Level	24.09.2025
353	Dr. Sakshi Sharma R.O.(Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Appointed as judge for Hindi kavita path. gayan pratiyogita organised under Hindi pakhwada	Institute Level	24.09.2025

354	Dr. Sakshi Sharma R.O.(Ay.)	Completed a Certificate course of iGOT Karmyogi on Stay Safe in Cyber Space.	National	24.09.2025
355	Dr. Seema Jain R.O. (Ay.)	Participated in Hindi kavita path pratiyogita under Hindi pakhwada.	Institute Level	24.09.2025
356	Dr. Shweta Mata, R.O. (Ay.)	Participated in Hindi kavita path pratiyogita under Hindi pakhwada and got third prize	Institute Level	24.09.2025
357	Dr. Shivshankar Rajput R.O. (AY.)	Conducted an awareness lecture with free distribution of IEC material during a Health camp for Women at CARI, New Delhi under Swath Nari Sashakt Parivar Abhiyan 2025	Institute Level	24.09.2025
358	Dr. Hemanta Panigrahi, R.O. (Ay.)	Attended a meeting regarding Tally Training by Hq	Institute Level	25.09.2025
359	Dr. Hemanta Panigrahi, R.O. (Ay.)	Reviewed a Manuscript entitled Synergistic Effects of Silicon and Mycorrhiza on Sorghum Grown under Saline Irrigation Conditions In Journal: International Journal of Plant & Soil Science Indexed in Index Copernicus, National Academy of Agricultural Sciences (NAAS) Published: DOI: 10.9734.IJPSS.2021.v33i2430932 Volume: 33, Issue: 24, Year: 2021, Page Range: 144-156	Institute Level	25.09.2025
360	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Renu Rani R.O. (Ay.) Dr. Ashima Jain R.O. (Path.) Dr. Meenakshi Suri R.O.(Path)	Coordinated NABH Accreditation Reassessment Inspection.	Institute Level	25.09.2025 and 26.09.2025
361	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Coordinated ATAB Accreditation Assessment Inspection	Institute Level	27.09.2025
362	Dr. Seema Jain R.O. (Ay.)	Attended VC meeting to discuss the SCSP Project Proposal for for the financial Year 2026-27.	Institute Level	29.09.2025
363	Dr. Shivshankar Rajput R.O. (AY.)	Awareness program with a lecture on “Shatavari for women’s health” and free IEC Material distribution was conducted as a part of Swasth Nari Sashakt Parivar Abhiyan 2025 at ATC, Safdarjung Hospital, New Delhi.	Institute Level	29.09.2025
364	Dr. Shivshankar Rajput R.O. (Ay.)	delivered a guest lecture on Alternative Healthcare system in India as a part of the	Institute Level	29.09.2025

		Foundation course for MBBS Batch 2025 at Safdarjung Hospital, New Delhi		
365	Dr. Shivshankar Rajput, R.O. (Ay.)	The Certificate of Appreciation has been awarded to Dr. Shivshankar Rajput, R.O. (Ay.) & Incharge, ATC, Safdarjung hospital as guest speaker on the Alternative Healthcare system in India as a part of the Foundation course for MBBS Batch 2025 at Safdarjung Hospital, New Delhi	Institute Level	29.09.2025
366	Dr. Renu Rani R.O. (Ay.)	Participated as team leader for Hindi Prashnottari Pratiyogita under Hindi Pakhwada 2025 and got 3rd Prize.	Institute Level	30.09.2025
367	Dr. Shweta Mata, R.O. (Ay.)	Delivered guest lecture entitled, "Critical review on Badhirya: A research perspective" as a guest speaker in webinar on deafness organized by department of Shalakyatantra, ITRA, Jamnagar	Institute Level	30.09.2025
368	Dr. Gopesh Kumar Sharma, Asst. Prof.	The Retirement ceremony of Dr. Gopesh Kumar Sharma, Asst. Prof. Retired was held	Institute Level	30.09.2025
369	All technical officers	Took pledge on National Voluntary Blood Donation Day at conference room, CARI, ND	Institutional	01.10.2025
370	Dr. Shivshankar Rajput R.O.(Ay.)	Awarness lecture on Skin disorders and Cure with Ayurved	Institutional	01.10.2025
371	Dr. Aishwarya K, R.O.(Ay.) and Mrs. Aastha Dawar, Asst. Research Officer (Clinical Psychology)	Antakshari activity of hindi pakhwada	Institutional	01.10.2025
372	Dr. Saroj Devi, R.O.(Ay.)	Participated in Hindi Antaksharee competition and Quiz Competition	Institutional	01.10.2025
373	Dr. Renu Rani, R.O.(Ay.)	Delivered an awareness lecture on "Complementary Feeding in infants and young children" under the celebration of Rashtriya Poshan Maah	Institutional	03.10.2025
374	Dr. Saroj Devi, R.O.(Ay.)	Coordinated Special Campaign 5.0 from 2nd to 31st October, CARI, ND.	Institutional	02.10.2025 to 31.10.2025
375	All technical officers	Attended meeting regarding Navapradarshini Pakhwada (1st Oct.to 14th Oct 2025) regarding systematically updating and presenting verified information on the Official website of the Council	Institutional	03.10.2025
376	Dr. Sakshi Sharma R.O.(Ay.)	Attended Karmyogi facilitators Refresher Workshop online through a Rashtriya Karmayogi Large scale Jan Seva Program	Institutional	04.10.2025

	Dr. Hemant Gupta, R.O. (Psycho)	through RKLSJSP-Phase II regarding the preparation of upcoming assigned trainings.		
377	Dr. Kishor Patel R.O.(Ay.)	Participated in "Review of Files and Weeding of old Files" as an activity under participation in Special Campaign 5.0	Institutional	04.10.2025 to 06.10.2025.
378	Dr. Sakshi Sharma R.O. (Ay.) Dr. Hemant Gupta, R.O. (Psycho)	Attended Karmyogi facilitators Refresher Workshop on technical part online through a Rashtriya Karmayogi Large scale Jan Seva Program through RKLSJSP-Phase II regarding the preparation of upcoming assigned trainings	Institutional	08.10.2025
379	Dr. Kishor Patel R.O.(Ay.)	Participated in "Cleanliness Campaign of Identified Sites" as an activity under participation in Special Campaign 5.0 on.	Institutional	10.10.2025
380	Dr. Shweta Mata, R.O. (Ay.)	Prepared 10th Ayurveda day consolidated report as a nodal officer of 10th Ayurveda day and submitted to CCRAS hqrs on	Institutional	10.10.2025
381	Dr. Shweta Mata, R.O. (Ay.) Dr. Swati Sharma, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Kuldeep, R.O.(Ay.) Dr. Ratheesh, R.O.(Ay.) Dr. Meenakshi Suri, R.O.(Path.) Dr. Aishwarya K, R.O.(Ay.) Ms. Sonam Chandhok, Asst. Research Officer (Clinical Psychology) Mrs. Aastha Dawar, Asst. Research Officer (Clinical Psychology)	Participated and completed one day Karmayogi (iGOT) Workshop under Rashtriya Karmayogi Jan Seva Programme at CARI New Delhi.	National	09.10.2025
382	Dr. Hemanta Panigrahi, R.O.(Ay.)	Reviewed Manuscript entitled Role of micronutrients in vegetable production- A Review In Journal: International Journal of Plant & Soil Science Indexed in Index Copernicus, National Academy of Agricultural Sciences (NAAS)	National	07.10.2025

383	Dr. Hemanta Panigrahi, R.O.(Ay.)	Chaired the meeting regarding entitlement HPCA.PCA	Institutional	17.10.2025
384	Dr. Shweta Chaudhary R.O. (Ay.)	Concept Note submitted- Topic: *"Development and Validation of a Rakta Sara Assessment Scale Based on Charaka Saṃhita and Biochemical Correlates"* submitted under fundamental research call for proposals on 16.10.2025	National	16.10.2025
385	Dr. Shweta Chaudhary R.O. (Ay.)	Attended a Technical Review Meeting on 17.10.2025 to discuss the guidelines received during Manthan 2025 at Lucknow along with this, Various technical aspects were also discussed	Institutional	17.10.2025
386	All technical officers	Attended technical review meeting organised by CARI, New Delhi.	Institutional	17.10.2025
387	Dr. Seema Jain, R.O.(Ay.)	Attended a Meeting on Formation of committee of experts for SAMPADA Project at CCRAS, Hqrs.	Institutional	17.10.2025
388	Dr. Shweta Chaudhary, R.O (Ay.)	Attended a webinar Ek Bharat Shreshtha Bharat Webinar on Know Your Paired state sikkim on Sat 18 Oct 2025	CARI, DELHI	18.10.2025
389	All technical officers	Participated in pledge taking in language of paired state Sikkim held organised by CARI, New Delhi.	Institutional	18.10.2025
390	All technical officers	Attended awareness lecture on World Menopause Day at conference room, CARI, ND.	Institutional	18.10.2025
391	Dr. Saroj Devi, R.O.(Ay.)	Coordinated Special OPD for Female on World Menopause Day.	National	18.10.2025
392	All female technical officers of the Institute & Dr. Kuldeep, R.O. (Ay.)	Participated in Internal Complaints Committee (ICC) Meeting at CARI, New Delhi.	Institutional	24.10.2025
393	Dr. Bhari Director, Institute Dr. Sakshi Sharma R.O.(Ay.) Dr. Kishor Patel, R.O.(Ay.) Dr. Saroj Devi, R.O.(Ay.)	Participated &coordinated the meeting (online) of Focused Group for Cardiovascular Diseases related research including Hypertension, held.	Institutional	24.10.2025
394	Dr. Sakshi Sharma R.O.(Ay.)	Presented a Concept note on Preventive Cardiology in Focused Group for Cardiovascular Diseases related research including Hypertension, held.	Institutional	24.10.2025

395	Dr. Shweta Chaudhary, R.O (Ay.)	Attended and completed Karmyogi training – 'Yoga break at workplace'	MDNIY (Karmyogi portal)	25.10.2025
396	Dr. Hemant Gupta, R.O.(Psychatry) Dr. Sakshi Sharma R.O.(Ay.) Dr. Saroj Devi, R.O.(Ay.) Dr. Aishwarya K R.O.(Ay.)	Served as a judge in Debate Competition of Vigilance Awareness week, 2025, at 2:30 PM at conference room CARI, ND. Coordinated Debate Competition of Vigilance Awareness week, 2025, at 2:30 PM at conference room CARI, ND .	Institutional	27.10.2025
397	Dr. Shweta Chaudhary, R.O (Ay.)	Decentralized trial and AI adoption in Clinical trial"	CCRH	28.10.2025
398	Dr. Ashima Jain, R.O.(Path.) Dr. Meenakshi Suri, R.O.(Path.) Ms. Sonam Chandhok, Asst. Research Officer (Clinical Psychology) Dr. Aishwarya K R.O.(Ay.)	Served as a judge in Quiz Competition of Vigilance Awareness week, 2025, at 2:30 PM at conference room CARI, ND on. Coordinted Quiz Competition of Vigilance Awareness week, 2025, at 2:30 PM at conference room CARI, ND on 28.10.2025.	Institutional	28.10.2025
399	Dr. Seema Jain, R.O.(Ay.) Ms. Sonam Chandhok, Asst. Research Officer (Clinical Psychology)	Attended Review meeting of SCSP 2025-26, Chaired by DG CCRAS	Institutional	28.10.2025
400	Dr. Shweta Mata, R.O. (Ay.)	Coordinateda pharmacovigilance awareness lecture forthe OPD patients and their attendants .	Institutional	29.10.2025
401	All technical officers	Participated in the webinar entitled "Cyber Vigilance and Security Awareness" organized by CCRAS. New Delhi	National	29.10.2025
402	Dr. Shweta Chaudhary, R.O (Ay.)	Attended a Webinar on "Cyber Vigilance and Security Awareness" to promote safe online practices and strengthen our understanding of cybersecurity	CARI, DELHI	29.10.2025
403	Dr. Shweta Chaudhary, R.O (Ay.)	Attended a webinar on the topic - "Cyber Vigilance and Security Awareness" to promote safe online practices and strengthen our understanding of cybersecurity.	Institutional	29.10.2025~~6~~

404	Dr. Sakshi Sharma R.O.(Ay.)	Attended Karmayogi facilitators Refresher Workshop online through a Rashtriya Karmayogi Large scale Jan Seva Program through RKLSJSP-Phase II regarding the preparation of upcoming assigned trainings.	National	01.11.2025
405	All the technical officers	Attended a Guest lecture as a part of vigilance Awareness Week. Shri Sachidanand Prasad Secretary NCISM, New Delhi took an informative class on Preventive Vigilance.	Institutional	03.11.2025
406	Dr. Seema Jain, R.O.(Ay.) Dr. Babita Yadav, R.O.(Ay.), Dr. Kishor Patel , R.O.(Ay.) Dr. Shivshankar Rajput, R.O.(Ay.) Dr. Shweta Chaudhari, R.O.(Ay.) Dr. Saroj Devi, R.O.(Ay.), Dr. Shrawan Sahu, R.O.(Ay.), Dr. Ashima Jain , R.O.(Path.)	Attended Training of Rashtriya Karmayogi Training Program at CARI, ND and got certificate.	National	03.11.2025
407	Dr. Babita Yadav, R.O.(Ay.), Dr. Shweta Mata, R.O.(Ay.), Dr. Aishwarya K, R.O. (Ay.)	Coordinated sensitization training on SoP of SIDCER-FERCAP at CARI, New Delhi on 04.11.2025.	National	04.11.2025
408	Dr. Saroj Devi R.O.(Ay.), Dr. Ratheesh P, R.O.(Ay.), Dr. Minakshi Suri, R.O.(Path.)	Attended online meeting for Sensitization of the FGID-Draksha Avaleha Project regarding the study methods and CRF	Institutional	04.11.2025
409	Dr. Saroj Devi R.O.(Ay.)	Attended one day online training on Good Clinical practice imparted by Dr. Sandeep Kaushal.	National	06.11.2025
410	Dr. Kishor Patel, R.O.(Ay.)	Participated in a meeting with Ambassadors of India from west side and east side along with the officials of MoA for coordination work related to the 2 nd WHO Global Summit on Traditional Medicine, 2025 at 10:00 AM and 6: 00PM respectively on 06.11.2025 at MoA organized by MoA.	International	06.11.2025

411	All technical officers	Participated in plantation drive under Vande Matram Celebration, 2025 at CARI, ND premises.	Institutional	07.11.2025
412	Dr. Sakshi Sharma R.O.(Ay.)	Attended VC meeting related to newly developed CCRAS "Drug Inventory management system" under the chairmanship of Dr. T. Maheshwar AD(Ayurveda) on 07.11.2025.	Institutional	07.11.2025
413	Dr. Saroj Devi R.O.(Ay.),	Completed iGOT karmayogi course on Ethics and Decentralization in Governance and Public Administration.	Institutional	07.11.2025
414	Dr. Sakshi Sharma R.O.(Ay.)	As Nominated Technical Officer from CCRAS Hq to attend stake holders consultative meeting under the chairmanship of Director General CCRAS organised by council of Scientific and Industrial Research (CSIR)-TKDL at (CSIR science centre) Lodhi garden gate no.2 KK Birla lane.	National	10.11.2025
415	Dr. Aishwarya K, R.O.(Ay.)	Attended a webinar on "Shoulder disorders demystified: evaluation and management"	National	10.11.2025
416	Dr. Kishor Patel, R.O.(Ay.)	Participated in an Ambassadors receptions related to 2 nd WHO Global Summit on Traditional Medicine, 2025 at Sushma Swaraj Bhavan, New Delhi organized by MoA	International	10.11.2025
417	Dr. Seema Jain, R.O.(Ay.)	राजभाषा कार्यशाला- राजभाषा नीति) अधिनियम नियम, संकल्प आदि(at ऊर्जा दक्षता ब्यूरो कार्यालय	National	12.11.2025
418	Dr. Saroj Devi R.O.(Ay.),	Attended online webinar on "Shortage to sustainability: Strengthening the Ayush Pharma Sector through Ek Bharat Sreshta Bharat Programme organised by EBSB programme, Govt. of India, NARIP, Cheruthuruthy.	National	12.11.2025
419	Dr. Shweta Mata, R.O. (Ay.)	Attended an online training programme for all the researchers who have been allotted the task of documentation of life profiles under the project titled "Documentation of Life-profiles of Admirable Personalities to Transform Ayurveda (APTA)".	National	12.11.2025
420	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended An online meeting for sensitization of the Investigators of the FGID - Drakshavaleha project regarding the study methods and CRF	Institutional	04.11.2025
421	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended Online VC Meeting related to newly developed CCRAS Drug Inventory Management System	Institutional	07.11.2025
422	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a virtual meeting under the chairmanship of DG, CCRAS, in connection with the international conference on the	Institutional	14.11.2025

		Ayurveda and Integrative approaches to obesity and metabolic syndrome scheduled on 1st and 2nd December 2025 at Bengaluru.		
423	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended an online meeting with the CCRAS institutes to discuss plans for the *Prakriti and Swasthya Parikshan* Project across India and related research projects, at CCRAS Headquarters, New Delhi	Institutional	18.11.2025
424	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended CEC meeting for project: Comparative Clinical Evaluation of *Bola Parpati* and *Haritaki Churna* versus Tranexamic acid in the Management of Bleeding Piles: A Randomized Controlled Clinical Trial	Institutional	26.11.2025
425	Dr. Hemanta Panigrahi, I.C (Institute) Dr. Shivshankar Rajput R.O.(Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Ashima Jain, R.O. (Path)	Attended the MoU ceremony, signed between CARI, New Delhi and VMMC &Safdarjung Hospital New Delhi for Project "Efficacy of Ayurveda interventions against isoflavones in the management of Menopausal symptoms- A randomized open label-controlled trial"	Institutional	18.11.2025
426	Dr. Shweta Mata, R.O. (Ay.)	Attended online training on Personal and Organizational Value provided by the Department of Personnel and Training DoPT.	National	18.11.2025
427	Dr. Shweta Mata, R.O. (Ay.)	Attended online training on Ethics and Decentralization in Governance and Public Administration provided by the National Academy of Defence Production (NADP) Nagpur.	National	21.11.2025
428	Dr. Shweta Mata, R.O. (Ay.)	Attended online training on Stay Safe in Cyber Space provided by the Indian Cybercrime Coordination Centre-14C.	National	22.11.2025
429	Dr Lalita Sharma, R.O. (Ay.)	Coordinated a preamble recitation event on constitution day	Institutional	26.11.25
430	All technical officers	Recited the Preamble of the Constitution on the Constitution Day and got Certificate	National	26.11 2025
431	Dr. Hemanta Panigrahi, R.O. (Ay.)	Attended CEC meeting and presented a proposal entitled, "Comparative Clinical Evaluation of Bola Parpati and Haritaki Churna versus Tranexamic Acid in the Management of Bleeding Piles: A Randomised Controlled Clinical Trial"	National	26.11.2025
432	Dr. Shweta Mata, R.O. (Ay.)	Attended CEC meeting and presented following proposals:	National	26.11.2025.

		To develop minimum standard requirements to practice Kriyakalpa in a Hospital.Clinical Set-Up Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India. A Clinical consensus study for developing the practice guidelines and Standardisation of Tarpana & Putapaka with a Feasibility study in Myopia		
433	Dr. Shrawan Sahu, R. O. (Ay.)	Attended CEC meeting and presented a proposal entitled, "A Clinical Consensus study for the development of Standard Operating Procedure and practice guidenlines for Anjana Karma with a Feasibilty Study in Immature Cataract"	National	26.11.2025
434	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O (Ay.)	Attended CEC meeting as a member of CEC-CCRAS, New Delhi on 26.11.2025	National	26.11.2025
435	Dr. Shrawan Sahu, R. O. (Ay.)	Attended CEC meeting and presented a proposal entitled, "A Clinical Consensus study for the development of Standard Operating Procedure and practice guidenlines for Anjana Karma with a Feasibilty Study in Immature Cataract" on 26.11.2025.	HRIT University, Delhi-Meerut Road, Ghaziabad	24.11.2025 to 26.11.2025
436	Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O (Ay.)	Attended CEC meeting as a member of CEC-CCRAS, New Delhi on 26.11.2025	Bharat Mandapam, Pragati Maidan, New Delhi	14.11.2025 to 27.11.2025
437	Dr. Aishwarya, R.O. (Ay.) Monika Sharma, Consultant, CEC-Secretariat	Coordinated CEC meeting of CARI, New Delhi on 26.11.2025.	National	26.11.25
438	Dr. Shweta Chaudhary, R.O (Ay.)	Attended Online National Workshop on Systematic Reviews & Meta Analysis	Resilient Foundation	28.11.2025-30.11.2025
439	Dr. Seema Jain, R.O.(Ay.), Ms. Sonam Chandhok, Asst. Research Officer (Clinical Psychology)	Attended a Review Meeting on status of SAMPADA Project on 27.11.2025 at CCRAS, Hqrs.	National	27.11.2025
440	Dr. Shweta Mata, R.O. (Ay.)	Coordinated Pharmacovigilance Awareness lectures to OPD patients and their attendants on 25.11.2025 & 27.11.2025	Institutional	25.11.2025 & 27.11.2025

441	Dr. Seema Jain, R.O.(Ay.), Ms. Sonam Chandhok, Asst. Research Officer (Clinical Psychology)	Attended a Review Meeting on status of SAMPADA Project on 27.11.2025 at CCRAS, Hqrs.	National	27.11.2025
442	Dr. Shivshankar Rajput R.O.(Ay.)	Attended meeting under the chairmanship of Secretary Ayush, Ministry of Ayush for the GTMC WHO Summit schedule.	International	28.11.2025
443	Dr. Shivshankar Rajput R.O.(Ay.)	Attended meeting under the chairmanship of Secretary Ayush, Ministry of Ayush for the GTMC WHO Summit schedule	International	28.11.2025
444	Dr. Saroj Devi R.O.(Ay.),	As a committee member, conducted interviews for the posts of Driver and Office Assistant for SCSP project	Institutional	29.11.2025
445	Dr.Kuldeep, R.O (Ay.) Dr Lalita Sharma, R.O Ay Dr. Saroj Devi R.O. (Ay.)	Participated in a virtual briefing cum training for 2nd WHO Global Summit on Traditional Medicine on 01.12.2025 organized by Ministry of Ayush .	International	01.12.2025
446	Dr. Shivshankar Rajput, R.O.(Ay.)	Attended meeting under the chairmanship of Joint Secretary Ayush, Ms Kavita jain, Ministry of Ayush for the 2nd WHO Global Summit on traditional medicine .	International	04.12.2025
447	Dr. Seema Jain, R.O. (Ay.)	Attended Meeting of 2nd WHO global summit on traditional medicine	International	09.12.2025
448	Dr. Shaizi Layeeq R.O.(Ay.) Dr. Saroj Devi R.O. (Ay.)	Attended interview for SRF(Ay.) as member of selection committee.	Institutional	09.12.2025
449	All technical officers	Attended a meeting of Project Budget along with UC of project at CARI, ND, conference room at 2:30PM on 08.12.2025.	Institutional	08.12.2025
450	Dr. Shweta Chaudhary, R.O (Ay.)	Attended Hindi workshop organized by CARI. New Delhi (online mode)	CARI, New Delhi	10.12.2025
451	Dr. H K Gupta, R.O.(Psychatry.), Dr.Kuldeep, R.O (Ay.)	Participated in briefing cum training session on 10.12.2025 organized by the Ministry of Ayush at Kautilya Hall. Mo Ayush New Delhi	International	10.12.2025
452	Dr. Shaizi Layeeq R.O.(Ay.)	Organised and coordinated the exam of Panchakarma Technician job role.	Institutional	10.12.2025
453	Dr. Saroj Devi R.O. (Ay.),	Attended online Ek Divaseeya Hindi Karyshala on Devnagaree lipi ka Mankikaran,	Institutional	10.12.2025

	Dr Lalita Sharma, R.O Ay	delivered by Shree Brijesh Mishra, Assistant Director, (Rajbhasha,) Employees State Insurance Corporation Regional Office, Haryana at 1:45 PM 10.12.2025		
454	Dr. Shweta Chaudhary, R.O (Ay.)	Attended a VC meeting at 10.00 AM on 11.12.2025 to discuss pending issues regarding Final UCs pertain to IMR and Collaborative projects – Closure of project and final settlement of advance	Institutional	11.12.2025
455	Dr. H. Panigrahi, Director in charge, Dr. Sakshi Sharma, R.O.(Ay.)	Attended a project progress review meeting with officers and officials of CPWD & CARI New Delhi under the chairmanship of Director in charge, Dr. H. Panigrahi CARI, New Delhi for the upcoming building of CARI, New Delhi at construction site Rohini Sector-28.	Institutional	11.12.2025
456	All technical officers	Attended press conference on 2nd WHO global summit on traditional medicine	International	11.12.2025
457	All technical officers	Attended VC meeting at to discuss pending issues regarding Final UCs pertain to IMR and Collaborative projects – Closure of project and final settlement of advance organized by CCRAS Hqrs	Institutional	11.12.2025
458	Dr. Seema Jain, R.O. (Ay.)	Attended Review meeting on SAMPADA for AMHCP(SCSP).	Institutional	11.12.2025
459	Dr. H K Gupta, R.O.(Psychatry)	Attended briefing of protocol officers on GTMC as a part of 2nd WHO global summit on traditional medicine	International	13.12.2025
460	Dr. Sakshi Sharma, R.O.(Ay.)	Executed administrative and technical work and looked after routine official work as officiating institute incharge during the leave of Dr. H. Panigrahi, institute incharge w.e.f. .13.12.2025 to 28.12.2025	Institutional	13.12.2025 to 28.12.2025
461	All technical officers	Attended meeting for discussion on viruddh ahahra under SCSP program	Institutional	16.12.2025
462	Dr. Shivshankar Rajput, R.O.(Ay.)	Visited Hotels Accommodation for WHO Delegate of 2nd WHO Global Summit on traditional medicine.	International	16.12.2025
463	Dr. Saroj Devi R.O. (Ay.) Dr Lalita Sharma, R.O (Ay.)	Attended 2nd WHO Traditional Medicine Global Summit on Traditional Medicine, Ashwagandha Event on 17th December, 2025 at Bharat Mandapam, New Delhi.	International	17.12.2025
464	Dr. H K Gupta, R.O.(Psychatry.), Dr. Kuldeep, R.O (Ay.)	Rendered liaison duties for the Health Minister of Fiji during the 2nd WHO Global Summit on Traditional Medicine, held from 17th to 19th December 2025.	International	17.12.2025 to 19.12.2025
465	Dr. Kishor Patel, R.O. (Ay.)	Participated as a member of security & protocol committee constituted by Ministry of Ayush for coordination work	International	17.12.2025 to 19.12.2025

		related to the 2nd WHO Global Summit on Traditional Medicine, 2025 from 17.12.2026 to 19.12.2026 at Bharat Madapam, New Delhi organized by WHO & MoA.		
466	Dr. Shivshankar Rajput, R.O.(Ay.)	Worked as member of Delhi Field Visit Committee of 2nd WHO Global Summit on traditional medicine organized by ministry of Ayush from 17.12.2025 to 19.12.2025.	International	17.12.2025 to 19.12.2025
467	Dr. Saroj Devi R.O. (Ay.), Dr Lalita Sharma, R.O Ay	Attended closing ceremony of the 2nd WHO Traditional Medicine Global Summit on Traditional Medicine, on 19th December, 2025 at Bharat Mandapam, New Delhi. PM, Shri Narender Modi as Chief guest in presence of Dr. Tedros Adhanom Ghebreyesus, DG, WHO.	International	19.12.2025
468	Dr. Saroj Devi R.O. (Ay.)	Attended online training session on RASA OUSHADHIES IN CANCER MANAGEMENT organised by the Ancient Ayurveda Institute of training	National	20.12.2025
469	Dr. Sakshi Sharma, R.O.(Ay.)	As officiating institute incharge coordinated & attended formal meeting of DG CCRAS to greet chairperson and presidents of NCISM in presence of DDG, Dr. N. Srikantha & OSD, Dr. Pratap Makhija on 22.12.2025.	Institutional	22.12.2025
470	Dr. Shaizi Layeeq R.O.(Ay.)	Monitoring of the IMR Project "Efficacy of Ayurveda interventions in the management of Menorrhagia (Raktapradara)- A randomized controlled trial at Safdarjung Hospital, New Delhi.	Institutional	22.12.2025
471	Dr. Shweta Mata, R.O. (Ay.)	Participated, coordinated and moderated the online consensus meeting of Netra Kriyakalpa from 22.12.25 to 26.12.25.	Institutional	22.12.25 to 26.12.25
472	All technical officers	Attended meeting regarding upgradation of IPD of the institute.	Institutional	23.12.2025
473	Dr. Hemanta Panigrahi, R.O.(Ay.)	Reviewed a Manuscript entitled Concept of Genetics In Ancient Indian Medical Science Ayurveda WSR To Hereditary Diseases (Sahaj Vikaras)- Review a Book Chapter	National	02.12.2025
474	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a meeting regarding the PhD. Pre-Submission Viva Voce of Dr Trapti Agrawal (*Streerog & Prasutitantra*) from the Faculty of Ayurveda	Institutional	04.12.2025
475	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended VC meeting to discuss pending issues regarding Final UCs pertaining to IMR and Collaborative projects – Closure of project and final settlement of advance	Institutional	11.12.2025
476	Dr. Sakshi Sharma, R.O. (Ay.)	Attended training on iGOT Karmayogi platform managing and leading teams.	Institute Level	15.12.2025

477	Dr. Sakshi Sharma, R.O. (Ay.)	Attended training on iGOT Karmayogi platform understand how AI impacts you and your government.	Institute Level	15.12.2025
478	Dr. Sakshi Sharma, R.O. (Ay.)	Attended training on iGOT Karmayogi platform Holistic harmony: Ayush approaches for well being.	Institute Level	15.12.2025
479	Dr. Hemanta Panigrahi, R.O.(Ay.)	Reviewed a Manuscript entitled Direct organogenesis and biochemical estimations of differentiation and TLC screeing method by using F254plates In Journal: Plant Cell Biotechnology and Molecular Biology. Indexed by SCImago (Q4), UGC Care, NAAS score: 5.20 (2024), Index Copernicus (ICV: 112.75), Chemical Abstracts Service (CAS), EBSCO, ProQuest, CAB abstract, Ulrich's, etc.	National	20.12.2025
480	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended the 36th ISC meeting	Institutional	30.12.2025
481	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended Karamyogi Training on the iGOT Karmayogi portal	Institutional	30.12.2025
482	Dr. Sakshi Sharma, R.O.(Ay.) Dr. Shaizi Layeeq R.O.(Ay.)	Received ATAB Accreditation certificate, Rashtriya Ayuveda Vidyapeeth.	Institutional	23.12.2025
483	Dr. Babita Yadav, R.O.(Ay.)	Attended Interview of Ayush Professional at RAV as panelist	Institutional	23.12.2025
484	Dr. Seema Jain, R.O. (Ay.)	Attended expert Group Meeting Under SCSP.	Institutional	24.12.2025
485	Dr. Sakshi Sharma, R.O.(Ay.)	Delivered introductory remark as officiating institute in charge during the celebration of Institutional 26th December 2025 Veer bal diwas as per direction of CCRAS Hq & Ministry of Ayush, all officers and officials joined the live webcast of the event graced by Hon'ble prime minster Shr. Narendra Modi Ji	Institutional	26.12.2025
486	All technical officers	Participated in Veer Baal Diwas Program and joined the live webcast of the event graced by Hon'ble prime minster Shr. Narendra Modi Ji.	Institutional	26.12.2025
487	Dr. Kishor Patel, R.O. (Ay.)	Participated & co-ordinated Project review meeting (Virtual mode) with Uttarakhand Ayurveda University, Gurukul Campus, Haridwar and CARI to discuss the process for closure of collaborative project for the project entitled: Treatment Adherence, Tolerability and Safety of Ayurveda Therapeutic Regimen	Institutional	26.12.2025

		in the Management of Primary Knee Osteoarthritis: An OPD-Based Study at 06:00 PM on 26.12.2025 organized by CARI, New Delhi.		
488	All technical officers	Participated in a 'Vibhaagiya Rajbhasha Kaaryaanvahan Samiti Baithak' on 29.12.2025 organised by CARI, New Delhi.	Institutional	29.12.2025
489	Dr. Babita Yadav, R.O.(Ay.)	ISC meeting at CCRAS Hqrs	Institutional	29.12.2025
490	Dr. Shweta Mata, R.O. (Ay.)	Coordinated pharmacovigilance awareness lectures for OPD patients and their attendants of CARI, New Delhi	Institutional	17.12.2025 & 30.12.2025
491	All technical officers	Attended a meeting at Conference room in the view of New year	Institutional	01.01.2026
492	All technical officers	Attended a meeting organized by Headquarters chaired by DG, CCRAS	National	01.01.2026
493	Dr.Kishor Patel, R.O. (Ay.)	Participated in the webinar entitled - Srotovimanam and it's Role in Diagnosis – Session II oragnized by Sitaram Ayurveda.	National	04.01.2026
494	Dr. Saroj Devi R.O. (Ay.)	Attended an online meeting of NLEAM project organized by nodal officer of the project.	National	06.01.2026
495	All technical officers	Attended a technical review meeting at director Chamber	Institutional	08.01.2026
496	Dr. Shweta Chaudhary, R.O (Ay.)	Attended 9th Siddha Day celebration-Agasthiyar Pooja with a lecture related to Siddha Preventive Measures for good health in Ayush Wellness Centre, Rashtrapati Bhavan, New Delhi on 06.01.2026.	Siddha department at AWC, President's Estate	06.01.2026
497	Dr. Shweta Chaudhary, R.O (Ay.)	Attended Technical review meeting	Institutional	08.01.2026
498	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a VC meeting scheduled in the chairmanship of DG, CCRAS.	Institutional	01.01.2026
499	Dr. Hemanta Panigrahi, R.O.(Ay.)	Reviewed a Manuscript entitled Mass spectrometric, thermodynamic studies using MNDO method and evaluation of the antibacterial and antifungal activities of Bougainvillea spectabilis extracts In Journal: Journal of Applied Physical Science International Indexed in Google Scholar, (NAAS score: 4.19)	National	06.01.2026
	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended 37th ISC meeting for project- A Cross-sectional Survey to study the distribution pattern of different prakriti types across India- A multicentric Study	Institutional	16.01.2026

500	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a meeting in hybrid mode on planning to execute the study entitled "Impact assessment of Ayurveda-based lifestyle advocacy and utilization of medicinal plants in primary healthcare" also under SCSP in the year 2025-26 involving various ayurvedic colleges	Institutional	14.01.2026
501	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended 37th ISC meeting through hybrid mode onwards at CCRAS Hqrs, New Delhi, to review the new project proposals of Fundamental Research, Public Health Research, Medicinal Plant Research and Pharmaceutical Research.	Institutional	16.01.2026
502	Dr. Hemanta Panigrahi, R.O.(Ay.)	Reviewed a Manuscript Phytochemical profiling and in-silico characterization of Passiflora edulis seed extracts. In Journal: Journal of Advances in Biology & Biotechnology Indexed in Index Copernicus (ICV: 94.5), NAAS Score: 5.30 (2024)	National	20.01.2026
503	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a virtual meeting to discuss the projects under SMART 3.0. CARI, Delhi, is identified by the competent authority as a coordinating institute for the multi-centre collaborative project "Effectiveness of Punarnavadi Maṇḍūra in the management of Anaemia in the elderly population: A Community-Based Study". Further, CARI, Delhi, CARI Guwahati, RARI, Nagpur and RARI, Jaipur are also identified as the study sites in this project.	Institutional	22.1.2026
504	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a Stakeholder Consultation Meeting on formulation of Three-Year Action Plan under NAPDDR scheme held at NISD, New Delhi	National	23.01.2026
505	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended A VC meeting with DG sir regarding the evaluation of SPARK proposals	Institutional	31.01.2026
506	Dr. Seema Jain, R.O. (Ay.)	Participated in विश्व हिन्दी दिवस Rajbhasha Sangosthi,NHAI,Dwaraka sec10	National	13.01.2026
507	Dr Lalita Sharma, RO Ay	Attended online 37th ISC meeting for the research proposals on cosmetovigilance and prakriti.	National	16.01.2026
508	Dr. Saroj Devi R.O. (Ay.)	Attended NABH training on Hand Washing Technique given by Ms Aakansha Sharma	Institutional	17.01.2026
509	Dr. Shweta Chaudhary R.O (Ay.) & Dr. Kuldeep R.O. (Ay.)	9th Siddha Day celebration with Distinguished guests on the theme of Siddha for Global health at Ayush Wellness Centre, Rashtrapati Bhavan, New Delhi	Siddha department at AWC, President's Estate	18.01.2026

510	Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Attended a Conference Lancet commission on a citizen centred health system For india Launch Event at India Habitate center New Delhi.	National	21.01.2026
511	Dr. Shaizi Layeeq R.O. (Ay.)	Attended online meeting with HSSC officials under the chairmanship of DG, CCRAS at CCRAS Hqrs	National	22.01.2026
512	Dr. Saroj Devi R.O. (Ay.)	Attended virtual meeting to discuss the project planned under SMART 3.0 titled "Effectiveness of Punarnavadi Mandura in the management of Anaemia in older adults-A Community-based study" organized by CCRAS, HQ	National	22.01.2026
513	Dr. Meenakshi Suri, R.O. (Path.)	Participated in "Horizon: A Global Collaborative Forum on Cancer Care; hepatocellular carcinoma (HCC) in the era of immunotherapy" organized by Jarurat Care Foundation.	National	24.01.2026
514	Dr. Shweta Chaudhary R.O (Ay.)	Judged a competition 'Cooking without Fire' regarding observance of 9th Siddha Day post event celebration with the theme of Siddha Aghaar for Healthy life - at Ayush Wellness Centre, Rashtrapati Bhavan, New Delhi.	Siddha department at AWC, President's Estate	27.01.2026
515	Dr. Lalita Sharma, R.O (Ay.)	Attended CEC meeting as coinvestigator for the proposal entitled, " Study of Molecular Mechanisms of Ayurvedic Formulations for Amavata (Rheumatoid arthritis) -A Case–Control Ex-Vivo Study and Age-Matched Healthy Controls"	National	28.01.2026
516	Mrs. Aastha Dawar, Assistant Research Officer (Clinical Psychology) Dr Disha Garg, Assistant Research Officer (Physiotherapy) Dr Ratheesh P, Research Officer (Ay) Dr Divya Panchal, Consultant (Ayu.) Mr Deepak Chauhan, M.T.S	Participated in Bharat Parv, organised at Red Fort	National	26.01.2026 & 31.01.2026
517	All technical officers	Attended NABH training on HAND WASH at CARI, ND conference room	Institutional	03.02.2026

518	Dr. Seema Jain, R.O. (Ay.), Dr Babita Yadav, RO Ay, Dr Swati Sharma, RO Ay, Dr Lalita Sharma, RO Ay	Attended 16th PEMC of CCRAS	National	03.02.2026
519	Dr. Sakshi Sharma, R.O. (Ay.), Dr Lalita Sharma, RO Ay	Attended 16th PEMC of CCRAS	National	03.02.2026
520	All technical officers	Attended a Technical Review Meeting in the directors Chamber at 2.00 pm	Institutional	05.02.2026
521	Dr. Sakshi Sharma, R.O.(Ay.)	Attended Meeting under the chairmanship of institute Incharge regarding verification and finalizing the report of HPCA at CARI, New Delhi	Institutional	05.02.2026
522	All technical officers	Attended NABH training on Infection control measures at CARI, ND conference room	Institutional	06.02.2026
523	Dr. Babita Yadav, R.O (Ay) Dr.Kishor Patel, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr Lalita Sharma, RO Ay Dr. Kuldeep, R.O. (Ay.) Dr. Aishwarya K, R.O.(Ay.) Dr. Shaizi Layeeq, R.O.(Ay) Dr. Renu Rani, R.O (Ay)	Rendered duties as reviewer under SPARK 4.0	Institutional	06.02.2026
524	Dr. Renu Rani, R.O. (Ay.)	Co-ordinated a meeting in view of BIS Surveillance Audit	Institutional	07.02.2026
525	All technical officers	Attended opening meeting of BIS audit at CARI, ND conference room	Institutional	09.02.2026
526	Dr. Sakshi Sharma, R.O.(Ay.)	As pharmacy incharge attended Opening meeting of BIS Audit Inspection of the institute with the BIS Auditor under the chairmanship of institute Incharge	Institutional	09.02.2026.
527	Dr. Saroj Devi R.O. (Ay.)	Member of Interview Committee for Pharmacist at CARI, ND	Institutional	10.02.2026
528	Dr. Shaizi Layeeq R.O. (Ay.)	Participated in BIS Surveillance Audit as Quality Manager	Institutional	09.02.2026-10.02.2026

	Dr. Renu Rani, R.O. (Ay.)			
529	All technical officers	Attended closing meeting of BIS audit at CARI, ND conference room	Institutional	10.02.2026
530	Dr. Shweta Mata, R.O. (Ay.)	Coordinated Pharmacovigilance awareness lecture at VMMC, Safdarjung Hospital.	Institutional	11.02.2026
531	Dr. Seema Jain, R.O. (Ay.)	Demonstration of IPD during visit of Bapuji Ayurvedic Medical College,Karnataka.	Institutional	12.02.2026
532	Dr. Shweta Mata, R.O. (Ay.) Dr. Lalita Sharma, R.O. (Ay.)	Coordinated visit of 42 students and 03 faculties of Bapuji Ayurvedic Medical College, Karnataka.	Institutional	12.02.2026
533	All technical officers	Participated in a CME program on 'Management of Lifestyle disorders through Ayurveda' organised by CARI-CCRAS, New Delhi.	National	13.02.2026
534	Dr. Seema Jain, R.O. (Ay.)	Delivered a lecture in CME on "Management of Lifestyle disorders"	Institutional	13.02.2026
535	Dr. Seema Jain, R.O. (Ay.)	REVIEW MEETING SAMPANDA	Institutional	13.02.2026.
536	Dr. Shweta Mata, R.O. (Ay.) Dr. Lalita Sharma, R.O. (Ay.)	Coordinated a one-day CME on "Management of Life style disorders" organized by Baidyanath Pharmacy at conference room, CARI, ND	Institutional	13.02.2026.
537	Dr. Hemanta Panigrahi, R.O.(Ay.)	Inaugurated the Rashriya Karma Yogi Workshop CARI, New Delhi 02.04.2026	Institutional	26.02.2026
538	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended 41st Internal Scrutiny Committee (ISC) Meeting for Clinical Research, scheduled by CCRAS hqrs in hybrid mode,	Institutional	27.02.2026
539	Dr. Sakshi Sharma, R.O.(Ay.) Dr. Saroj Devi R.O. (Ay.)	Attended meeting with Nodal Officer and co-Nodal officers of CCRAS for finalizing coordinating educational institutes and their respective sample size under the upcoming project-Cross Sectional Survey of prakriti Assessment and SAS	Institutional	17.02.2026
540	Dr. Shweta Mata, R.O. (Ay.)	Coordinated visit for Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India at CBPACS, Khera Dabur, New Delhi	Institutional	18.02.2026
541	All technical officers	Attended the Flagging off ceremony of Ambulance sponsored under CSR initiative of NBCFDC, by DG, CCRAS	Institutional	19.02.2026
542	Dr. Sakshi Sharma, R.O.(Ay.) Dr Lalita Sharma, R.O Ay	Coordinated the flagging of ceremony of Newly commissioned Patient ambulance received through CSR funding from NBCFDC under the chairmanship of DG CCRAS in presence DDG Dr. N srikantha, Dr. Pratap	Institutional	19.02.2026

	Dr Saroj Devi, R.O Ay	Makhija OSD CCRAS, Dr. AK Meena Vigilance Officer CCRAS and Institute In charge		
543	Dr. Shweta Chaudhary R.O (Ay.) & Dr. Kuldeep R.O. (Ay.)	Participated in the Unani Day Celebration conducted by Unani Department at Ayush Wellness Centre, Rashtrapati Bhavan, New Delhi	Unani Department at Ayush Wellness Centre, Rashtrapati Bhavan	20.02.2026.
544	Dr. Babita Yadav, R.O. (Ay.) Dr.Shaizi Layeeq, R.O. (Ay.) Dr.Saroj Devi, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.) Dr. Aishwarya K, R.O. (Ay.)	Attended virtual meeting regarding the presentation of final proposal under SMART 3.0 titled "Effectiveness of Punarnavadi Mandura in the management of Anaemia in older adults-A Community-based study" organized by CCRAS, HQ	Institutional	20.02.2026
545	Dr. Shweta Mata, R.O. (Ay.)	Participated in an online meeting regarding consensus meeting to be organized at Bhubneshwar.	Institutional	20.02.206
546	All technical officers	Attended a Technical Review Meeting in the directors Chamber at 2.00 pm	Institutional	21.02.2026
547	Dr.Kishor Patel, R.O. (Ay.)	Nominated as the examiner for the viva-voce for the course of the CRAV batch 2025-26 organised by Rashtriya Ayurved Vidhyapeeth at St. Froebel Sr. Sec. School, A-3 Block, Paschim Vihar, New Delhi-110063.	Institutional	22.02.2026
548	Dr. Sakshi Sharma, R.O.(Ay.) Dr.Saroj Devi, R.O. (Ay.)	Attended Meeting with CCRAS HQ, RARI, Mumbai as nodal institute and with other participating centres for concluding the Pharmacovigilance project NLAEM	Institutional	24.02.2026
549	Dr. Sakshi Sharma, R.O.(Ay.), Dr. Shweta Mata, R.O(Ay.), Dr. Ratheesh P, R.O.(Ay.) Dr.Saroj Devi, R.O. (Ay.) Dr.Ashima Jain, R.O.(Path.)	As the Nominated member of medical team, examined and assessed women employees of CCRAS HQ in a Medical Camp organized by CCRAS HQ. Medical Camp was inaugurated by DG CCRAS	Institutional	25.02.2026
550	Dr. Shweta Mata, R.O. (Ay.)	Participated in an online meeting regarding consensus meeting to be organized at Bhubneshwar	Institutional	25.02.2026

551	Dr. Seema Jain, R.O.(Ay.) Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr.Shaizi Layeeq, R.O. (Ay.) Dr.Saroj Devi, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.) Dr. Aishwarya K, R.O. (Ay.)	Participated in the one day GCP Training program for all the Investigators and Project Staff of SMART 3.0.	National	26.02.2026
552	Dr. Renu Rani, R.O. (Ay.)	Co-ordinated and moderated the one day GCP Training program for all the Investigators and Project Staff of SMART 2.0	Institutional	26.02.2026
553	Dr. Shweta Mata, R.O. (Ay.) Dr. Lalita Sharma, R.O. (Ay.)	Organized visit a team of students and 02 faculties from Samata Ayurvedic Medical College, Hospital & Research Centre visited CCRAS-Central Ayurveda Research Institute (CARI), New Delhi	Institutional	26.02.2026
554	Dr. Shaizi Layeeq R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.) Dr.Saroj Devi, R.O. (Ay.)	Attended an online 41st ISC meeting of project titled "Knowledge, Attitude and Practices (KAP) of Parents towards Ayurveda treatment for Respiratory disorders: A Cross-Sectional Study at OPD level" organized by CCRAS, HQ	Institutional	27.02.2026
555	All technical officers	Attended a Technical Review Meeting in the directors Chamber at 2.30 pm	Institutional	28.02.2026
556	Dr. Shweta Mata, R.O. (Ay.)	Participated in an online meeting regarding consensus meeting to be organized at Bhubneshwar	Institutional	28.02.2026
557	Sonam Chandhok, ARO (Cli. Psy.)	Participated as the member of the selection committee for the selection of SRF (Clinical Psychology) at CARI Bengaluru (online mode)	National	03.03.2026
558	Dr. Shaizi Layeeq, R.O.(Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Member of Interview Committee of Collaborative Project of Vasanthik Vaman & Netra kriyakalpa Survey held at Conference room, CARI, New Delhi	Institutional	05.03.2026
559	**Dr. Saroj Devi R.O. (Ay.)**	Member of Interview Committee of SRF for "Effect of Seasonal Emesis (Vasanthik) on Metabolic, Inflammatory Randomized controlled Study" at CARI, ND	Institutional	05.03.2026
560	All technical officers	Participated in NABH training on Bio-medical waste.	Institutional	06.03.2026

561	Dr. Babita Yadav, R.O.(Ay.) Dr. Shaizi Layeeq, R.O.(Ay.) Dr. Renu Rani, R.O.(Ay.)	Attended a MoU signing ceremony for the collaborative project on Vasanthik Vamana at JNU 3.00 pm	Institutional	06.03.2026
562	Dr. Seema Jain, R.O.(Ay.) Sonam Chandhok, ARO (Cli. Psy.),	Attended 3 days Investigators' Training program for projects under Public Health Research Programs organized by CCRAS-NIIMH, Hyderabad.	National	05.03.2026 to 07.03.2026
563	All technical officers	Meeting regarding project budget in view of financial year ending under chairmanship of institute in charge.	Institutional	07.03.2026
564	All technical officers	Attended a review meeting in view of SIDCER-FERCAP Survey Visit preparations at Directors Chamber.	Institutional	07.03.2026
565	All technical officers	Attended a review meeting in view of Expenditure and Unspent balance at Directors Chamber	Institutional	07.03.2026
566	Dr. Renu Rani R.O. (Ay.)	Attended a certificate based 5-day eCME Series on the occasion of World Kidney Day 2026 organized by AIMIL Pharma	National	07.03.2026-12.03.2026
567	All technical officers	Attended post budget Webinar session on Ayush and Address of hon'ble Prime minister shri Narender Modi ji.	Ministry of Ayush & intra-Institutional	09.03.20256
568	All technical officers	Attended Inaugural session of SIDCER FERCAP SURVEY for recognition of Central ethics committee of CCRAS CEC-CCRAS	International	09.03.2026 - 12.03.2026
569	Dr. Babita Yadav, R.O.(Ay.) Dr. Shweta Mata, R.O.(Ay.) Dr. Aishwarya K, R.O.(Ay.)	Co-ordinated the SIDCER FERCAP survey for recognition of Central ethics committee of CCRAS CEC-CCRAS	International	09.03.2026 - 12.03.2026
570	Dr Lalita Sharma, R.O Ay Dr Swati Sharma, RO Ay, Dr Renu Rani, RO Ay, Dr Ashima Jain, RO (Path.) Dr. Shaizi Layeeq, R.O (Ay.)	Coordinated as per assigned committee for organizing SIDCER FERCAP survey for recognition of Central ethics committee of CCRAS CEC-CCRAS	International	09.03.2026 - 12.03.2026
571	Dr. Hemant Gupta, R.O. (Psy.) Dr. Ratheesh, R. O. (Ay.)	Committee member of Lodging & Transport and Liaison of Foreign Delegates for 'SIDCER-FERCAP' Survey.	International	09.03.2026 - 12.03.2026

572	Dr. Rajput Shivshankar, R.O. (Ay.)	Committee member of Audio-visual arrangements for 'SIDCER-FERCAP' Survey.	International	09.03.2026 - 12.03.2026
573	Dr. Sakshi Sharma, R.O.(Ay.) Dr.Kishor Patel, R.O. (Ay.)	Participated in a project progress review meeting under the chairmanship of Director In charge, CARI, Punjabi Bagh, New Delhi, was held between CPWD & CARI officers at site FC-5, Block-A, Sector-28, Rohini, New Delhi	Institutional	10.03.2026
574	Dr. Sakshi Sharma, R.O.(Ay.) Dr.Kishor Patel, R.O. (Ay.)	Visit to the Construction site of new Central Ayurveda Research Institute (CARI) hospital building at FC-5, Block-A, Sector-28, Rohini, New Delhi, aimed at reviewing construction progress	Institutional	10.03.2026
575	Dr.Kishor Patel, R.O. (Ay.) Dr. Shweta Mata Rajput, R.O. (Ay.) Dr. Rajput Shivshankar, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr Lalita Sharma, R.O Ay Dr. Renu Rani, R.O.(Ay.)	Nominated as an expert reviewer for the research proposals received under the Scheme for Training in Ayurveda Research for PG Scholars (PG-STAR) Session 4.0 for the PG Admission Batch 2024–2025 by CCRAS Hqrs	Institutional	10.03.2026
576	**Dr. Saroj Devi R.O. (Ay.)**	Presented protocol in CEC under SMART 3.0 programme titled "Effectiveness of Punarnavadi Mandura in the management of Anaemia in older adults-A Community-based study" for CEC approval at CARI, ND.	Institutional	10.03.2026
577	All female technical officers Dr. Kuldeep, R.O. (Ay.)	All female technical officers attended the ICC meeting and Women's Day celebrations	Institutional	17.03.2026
578	Dr. Renu Rani, R.O.(Ay.)	Attended a meeting on IPD issue and submitted the report of investigation team to the competent authority	Institutional	18.03.2026
579	All technical officers	Participated in a meeting related to Avalokan Action Point Implementation under the chairmanship of Director Incharge, CARI	Institutional	19.03.2026
580	Dr. Seema Jain, R.O.(Ay.)	Attended Hindi workshop on "Rajbhasha neeti,niyam evam adhiniyam"	National	21.03.2026
581	Dr. Hemant Gupta, R.O. (Psy.)	Completion of Mandatory Courses and Comprehensive Assessment on iGOT Karmayogi Portal	Institutional	24.03.2026
582	Dr. Shweta Mata Rajput, R.O. (Ay.)	Completed the training on AI for publications provided by APNA	National	25.03.2026

	Dr. Rajput Shivshankar, R.O. (Ay.)			
583	Dr. Shweta Mata Rajput, R.O. (Ay.) Dr. Rajput Shivshankar, R.O. (Ay.)	Completed the training on Government E marketplace provided by the Institute of secretariat Training and management	National	25.03.2026
584	Dr. Shweta Mata Rajput, R.O. (Ay.) Dr. Rajput Shivshankar, R.O. (Ay.)	Completed the training on Hoilstic harmony: Ayush approaches for well-being provided by National Academy of defence production (NADP) Nagpur	National	25.03.2026
585	All technical officers	Projects budget meeting under chairmanship of institute In charge in view of financial year closing.	Institutional	25.03.2026
586	All technical officers	Attended Rajbhasha karyanvayan samiti baithak	Institutional	25.03.2026
587	Dr.Kishor Patel, R.O. (Ay.)	Participated and coordinated a DSMB meeting for the project entitled;An Exploratory Series of N-of-1 Responder Restricted Study of Ayurveda Regimen on Quality of Life Among Elderly Population in Ballabhgarh District of Haryana – A Community-Based Study; Held in a hybrid mode at CARI, New Delhi	Institutional	25.03.2026
588	Dr. Shaizi Layeeq, R.O.(Ay)	Nominated as an expert reviewer for the research proposals received under the Scheme for Training in Ayurveda Research for PG Scholars (PG-STAR) Session 4.0 for the PG Admission Batch 2024–2025 by CCRAS Hqrs	Institutional	25.03.2026
589	Dr. Babita Yadav, R.O.(Ay.) Dr. Shaizi Layeeq, R.O.(Ay.) Dr. Renu Rani, R.O.(Ay.)	Attended IEC meeting of Vasanthik Vaman Project	Institutional	25.03.2026
590	All technical officers	Workshop on CCRAS Publication Policy	National	27.03.2026
591	Dr. Shweta Mata Rajput, R.O. (Ay.)	Completed the training on cybersecurity (Basic level) provided by Indian Institute of Technology (IIT), Madras	National	27.03.2026
592	Dr. Shweta Mata Rajput, R.O. (Ay.) Dr. Rajput Shivshankar, R.O. (Ay.)	Completed the training on Understanding and managing stress provided by XLRI-xavier school of management	National	27.03.2026
593	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended a Meeting for discussing of the issues of SIDCER-FERCAP	Institutional	03.03.2026

594	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended ICC meeting.awareness programme	Institutional	06.03.2025
595	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended SIDCER-FERCAP Meeting in Hybrid Mode	Institutional	10.03.2026
596	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended ICC Meeting	Institutional	17.03.2026
597	Dr. Hemanta Panigrahi, R.O.(Ay.)	Attended Sameeksha Meeting for implementation of Action Points of CCRAS Avalokan 2026	Institutional	19.03. 2026
598	Dr. Shweta Mata Rajput, R.O. (Ay.)	Completed the training on GenAI for everyone provided by Fractal	National	28.03.2026
599	All technical officers	Attended online Hindi workshop on IT Tools for translation and Rajbhasha Niti with invited speaker shri Keval krishan Retired Scientist F Rastriya suchna vibhagh.	National	28.03.2026
600	Dr. Sakshi Sharma, R.O.(Ay.)	Attended Webinar on the subject “Therapeutic benefits of Dairy Products” with expert Dr. JB Prajapati, Chairman Indian Dairy association of West Jone Delhi, organized by FSSAI and moderated by Dr. Monica Puniya Deputy Director FSSAI.	National	30.03.2026
601	Dr. Sakshi Sharma, R.O.(Ay.)	Co-investigator in the Centre for Excellence project- funded by ICMR-AYUSH	National	2025-26
602	Dr. Sakshi Sharma, R.O.(Ay.)	Co-investigator in, Advanced centre for integrative Health Research in women and child health project entitled, To establish Centre of Excellence for Ayurved Therapy in chronic diseases of women and promoting holistic health care STUDY: 1 A)- To study the efficacy of Ayurvedic treatment in Syndromic management of abnormal vaginal discharge in reproductive age women. - Yet to be start STUDY: 1 B)- To study the effect of Ayurvedic medicine on metabolic parameters in women with history of gestational diabetes. - Ongoing STUDY: 1 C)- To study the efficacy of Ayurvedic medicine in management of menopausal symptoms-Ongoing	National	2025-26

9. Arogya Fair/Exhibition/Mela/Camp attended by Officer

S. No.	Name of Mela/ Exhibition/Camp	Participation	Organizer	Duration&Place	Inauguratedby	Activities
1.	Shalyacon 2025.	Dr. Rajput Shivshankar, R.O. (Ay.) Dr. Aishwarya K, R.O. (Ay.)	AIIA, New Delhi	13,14&15th July 2025.	Shri. Prataprao Ganpatrao, Jadhav, Hon'ble Minister of State, Ministry of Ayush	Visitors: The CCRAS exhibition stall witnessed enthusiastic engagement, with over 139 visitors, including delegates, students, faculty, and dignitaries. Book Sales: A total of 4 books on Marma Chikitsa and 10 books on Biostatistics were sold during the exhibition, reflecting interest in academic and clinical resources published by CCRAS. IEC Material Distribution: Various Information, Education, and Communication (IEC) materials related to CCRAS's activities, its online portals, and publication journals were freely distributed to delegates and students, enhancing awareness and outreach.
2	Inauguration of Swasth Nari Sashakt Parivar Abhiyan 2025 was done and a special camp on bone density test for female patients was organized as a part of Swasth Nari Sashakt Parivar Abhiyan 2025	All technical officers	CARI, New Delhi	17.09.2025, 19.09.2025, 24.09.2025 & 26.09.2025 at CARI, New Delhi.	Dr. Bharti, Director (Institute)	Bone density test for female patients IEC material free distribution Free consultation and distribution of medicine to female patients. Awareness lectures
3	Ayurveda day Expo,	All technical	CARI, New	10.09.2025 to	Dr. Bharti,	

	Organized Ayurveda Expo for the 10th Ayurveda Day.	officers	Delhi	23.09.2025 at CARI, New Delhi.	Director (Institute)	
4.	Blood grouping camp conducted on the occasion blood donor day on at CARI Punjabi bagh New Delhi.	All technical officers	CARI, New Delhi	01/10/2025	Dr. Bharti, Director (Institute)	Total No.of 25 beneficiaries
5.	Growth monitoring and health check up acmp organized under rashtiya Poshan maah 2025	Dr Renu Rani R.O. (Ay); Dr Soniya SRF (Ay).	CARI, New Delhi	08/10/2025	Dr Bharti, Director (Institute) incharge	Total No.of 43 children as beneficiaries The camp included awareness cativities on child nutrition healthy growth and early assessment of health status- promoting as helathier furure for every child.
6.	Free Anemia Screening Camp (Women & Children) for patients especially females and children was organized in the laboratory of CARI New Delhi the occasion of Rashtriya Poshan Maah on at CARI Punjabi bagh New Delhi .	All technical officers	CARI, New Delhi	10/10/2025	Dr. Bharti, Director (Institute)	Total No.of 15 beneficiaries
7.	Women's Day health camp conducted at CCRAS Headquarters, New Delhi	Dr.Sakshi Sharma,Dr. Shweta Mata, Dr. Saroj Devi, Dr. Ratheesh P., Dr. Ashima Jain	CARI, New Delhi	25/02/2026	Dr Hemant Panigrahi, Director (Institute) incharge	Total No.of 63 beneficiaries

10. Subhead Activities

Sub Heads	Activity Description
Technical Staff sponsored for Training outside the organization	1. Participated in the 2 day "Online Training of the Trainers (ToT) for implementing ICD-11 and TM Module-2 in sync. with the NAMASTE Portal in the Ayush Sector" on 28th and 29th April 2025". 2. Dr. Sakshi Sharma, R.O.(Ay.) attended 3 days training ofMaster Trainer by Lead Trainer under the Rashtriya Karmayogi Large Scale Jan Seva Programme- Phase 2 at All India Institute of Ayurveda 25 – 27.09.2025.
Organized Administrative Staff Training at institutional level	Nil
Invited Guest Lectures, delivered Radio/TV Talks and Interviews/ Chaired Scientific sessions.	1. Dr.Hemanta Panigrahi, R.O.(Ay.) and Dr.BabitaYadav, R.O.(Ay.) had attended the seminar on National Technology Day on "Ayur Tech: Innovation in the Ayurveda" organized by Research and Innovation Department of Shri Krishna Ayush University, Kurukshetra as Resource person and Dr.HemantaPanigrahi delivered lecture on "Automated ksharasutra preparation machine: a technological advancement in ayurvedic para-surgical practice" on 15.5.2025 . The session was chaired by the Director NIT, Kurukshetra and Vice Chancellor of the university. This seminar aims to foster knowledge sharing and sensitize delegates, faculty members of academic Institutions about the importance of IP and IP commercialization. 2. Dr.SudhaKumari K.G, R.O (Ay.) has delivered a guest lecture on the topic "Ayush Medical Systems" to final year B. Sc Nursing students of Nursing College, ABVIMS. Dr. RML Hospital. 3. Dr.HemantaPanigrahi, R.O.(Ay.) Chaired Exposure Visit cum Training Program for Radiographer & lab technichians organized by AIIA and CCRAS on 16.07.2025. 4. Dr.HemantaPanigrahi, R.O.(Ay.) Chaired Exposure Visit cum Training Program for Panchkarma Technicians organized by AIIA and CCRAS on 17.07.2025. 5. Dr. Sakshi Sharma, R.O. (Ay.) presented a keynote address as an invited keynote speaker entitled, "Management of illness & wellness in paediatric through Ayurveda" in the National symposium on Pharmacovigilance – Shishu Suraksha: Rastra Suraksha, organized by Rashtriya Ayurved Vidyapeeth at Scope Complex Auditorium, CGO Complex, Lodhi Estate, New Delhi on 18th August, 2025. 6. Dr. Bharti, Director (Institute) chaired a scientific session at the National symposium on Pharmacovigilance – Shishu Suraksha: Rastra Suraksha, organized by Rashtriya Ayurved Vidyapeeth at Scope Complex Auditorium, CGO Complex, Lodhi Estate, New Delhi, on 19th August, 2025.

	7. Dr. Shivshankar Rajput R.O. (Ay.) delivered guest lecture entitled, "Critical review on PCOS studies in Ayurveda and future scope" organized by Vishwa Ayurveda Parishad, NIA branch, Jaipur on 12.09.2025. 8. Dr. Shivshankar Rajput R.O. (Ay.) delivered a guest lecture on Alternative Healthcare system in India as a part of the Foundation course for MBBS Batch 2025 at Safdarjung Hospital, New Delhi on 29.09.2025. 9. Dr. Shweta Mata, R.O. (Ay.) delivered guest lecture entitled, "Critical review on Badhirya: A research perspective" as a guest speaker in webinar on deafness organized by department of Shalakyatantra, ITRA, Jamnagar on 30.09.2025 10. Dr. Shweta Mata, R.O. (Ay.) invited as a guest speaker and delivered a lecture on, "Oral cancer and OPMDs from Ayurveda perspective" organized by RAV at Ch. Brahm Prakash Ayurveda Charak Sansthan, Khera Dabar, Najafgarh, New Delhi on 30th September & 1st October 2025. 11. Dr. Kishor Patel, R.O. (Ay.) invited as a guest to delivered a lecture on the topic 'Role of Ayurceda in Disease Prevention' organized by CSIR-NIScPR on 17.10.2025. 12. Dr. Seema Jain, R.O.(Ay.) served as a Resource Person for Modular Training Program on Metabolic Disorders for Ayush Master Trainers' organized by Central Health Education Bureau, New Delhi-110002 on 27.10.25 13. Sonam Chandhok, ARO (Cli. Psy.), delivered a lecture on 'Overview of In-depth Interview Techniques' as a resource person in the Sensitization programme of the project on Documentation of Life Profiles of Admirable Personalities to Transform Ayurveda (APTA) organized by CCRAS headquarters through VC on 12.11.2025 14. Dr. Shweta Mata, R.O. (Ay.) delivered a guest lecture on Pharmacovigilance Program for ASU & H drugs at Nehru Homeopathic College, Moti Bagh, Delhi on 27.11.2025. 15. Dr. Sakshi Sharma, R.O. (Ay.) delivered a lecture at Indian Aviation Academy New Delhi in training programme for planning for retirement with a target participants as employees of Airport Authority India(AAI) organised by Indian Aviation Academy on 10.12.205. Received a letter of appreciation forthe same. 16. Dr. Babita Yadav, R.O.(Ay.), delivered a lecture on 'Delivered lecture as a resource person on Research overview at RAV three days' Workshop on Research Methodology held at Ayurveda Mahasamelana Hall on 22.12.2025 and 24.12.2025 17. Dr. Sakshi Sharma, R.O. (Ay.) invited Resource person and with due permission of CCRAS HQ delivered lectures in two days Training Program on "Twak Roga" for Teachers, PG Ph.D Scholars, Researchers and Clinicians at National Institute of ayurveda Panchkula organized by RAV on 16-17.01.2026. 18. As per direction of CCRAs HQ Dr. Sakshi Sharma, R.O. (Ay.) imparted Training of CCRAS -prakriti Assessment Portal for ongoing Ayush -

	ICMR Collaborative projects at CIMR- AIIMS New Delhi. Research staff of AIIMS Bhuvneshwar AIIMS Patna, AIIMS Gorakhpur and AIIMS Delhi attended the training on 28.01.2026 19. Dr. Sakshi Sharma, R.O. (Ay.) Served as Invited Expert member for Interview panel for the selection of Project Research scientist II at AIIMS, New Delhi for the Ayush- ICMR project on 21.02.2026. 20. Dr. Kishor Patel, R.O. (Ay.) & Dr. Shweta Mata, R.O. (Ay.) invited as examiner for CRAV course at St. Froebel Sr. Sec. School, A-3 Block, Paschim Vihar, New Delhi on 22.02.2026 21. Sonam Chandhok, ARO (Cli. Psy.), delivered a session on 'Interaction and Rapport Building with Communities for Quality Data Documentation' during the 3 days Investigators' Training program for projects under Public Health Research Programs on 06.03.2026 organized by CCRAS-NIIMH, Hyderabad. 22. Dr. Sakshi Sharama, R.O.(Ay.) delivered Lecture as visiting faculty in classroom for planning for retirement schedule from 9.03.2026 to 11.03.2026 to the of employee Airport authority of India (AAI) with batch of 40-50 on dated 11.03.26 (with 2 session) 11:45 to 1:15 pm
ग .राजभाषा गतिविधियाँ	1. दिनांक 21.7.2025 को नराकास, दक्षिण दिल्ली की पांचवीं छमाही बैठक का आयोजन विज्ञान भवन, नई दिल्ली में किया गया जिसमें संस्थान की ओर से डॉ. भारती, निदेशक (संस्थान) व सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया| राजभाषा नीति पर अपने विचार व्यक्त किए| इसके साथ ही उन्होनें एक रोचक हिंदी प्रश्नोत्तरी का भी आयोजन किया जिसमें सभी ने उत्साह से भाग लिया| 2. ऊर्जा दक्षता ब्यूरो कार्यालय द्वारा दिनांक 06.08.2025 को एक कार्यशाला का ऑनलाइन आयोजन किया गया जिसमें संस्थान की ओर से डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी तथा सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया। 3. भारतीय जनजातीय सहकारी विपणन विकास संघ मर्यादित (ट्राईफेड) के प्रधान कार्यालय द्वारा दिनांक 20 अगस्त, 2025 को दोपहर 2:30 बजे से एक हिन्दी कार्यशाला का ऑनलाइन आयोजन किया गया जिसमें संस्थान की ओर से सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया। 4. दिनांक 22.8.2025 को परिषद मुख्यालय द्वारा काव्य संगोष्ठी का आयोजन किया गया जिसमें संस्थान की ओर से सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने काव्य प्रस्तुति की। 5. दिनांक 15.09.2025 को संस्थान में हिंदी पखवाड़ा 2025 उद्घाटन समारोह आयोजित किया गया| 6. दिनांक 15.09.2025 को राजभाषा कार्यान्वयन समिति की तिमाही बैठक का आयोजन किया गया जिसकी अध्यक्षता निदेशक (संस्थान) ने की| 7. दिनांक 16.09.2025 को भारतीय खेल प्राधिकरण मुख्य कार्यालय द्वारा हिंदी पखवाड़ा 2025 के अवसर पर पुस्तक मेला आयोजित किया गया| सस्थाना की और से सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने इस आयोजन में भगा लिया| इसी के साथ, भारतीय खेल प्राधिकरण द्वारा आयोजित काव्य पाठ एवं रंगोली प्रतियोगिता में निर्णायक मंडल की भूमिका भी निभाई|

	8. दिनांक 17.09.2025 को हिंदी पखवाड़ा 2025 की पहली प्रतियोगिता- टिप्पण एवं आलेखन प्रतियोगिता का आयोजन किया गया| 9. दिनांक 18.09.2025 को बल मुख्यालय, सशस्त्र सीमा बल, नई दिल्ली द्वारा कंठस्थ 2.0 के प्रगामी प्रयोग हेतु ऑनलाइन कार्यशाला का आयोजन किया गया जिसमें संस्थान की ओर से सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया| 10. दिनांक 19.09.2025 को हिंदी कार्यशाला का ऑनलाइन आयोजन किया गया जिमसें अतिथि वक्ता के रूप में श्री कुमार पाल शर्मा, संयुक्त निदेशक (कार्यान्वयन), राजभाषा विभाग, गृह मंत्रालय, भारत सरकार द्वारा "राजभाषा निति का कार्यान्वयन" विषय पर व्याख्यान दिया गया| 11. हिंदी पखवाड़ा 2025 के दौरान दिनांक 19.09.2025 को श्रुतलेख प्रतियोगिता, दिनांक 20.09.2025 को हिंदी वाद - विवाद प्रतियोगिता, दिनांक 22.09.2025 को हिंदी निबन्ध प्रतियोगिता, दिनांक 24.09.2025 को हिंदी कविता पाठ/ गायन प्रतियोगिता, दिनांक 29.09.2025 को हिंदी प्रश्नोत्तरी प्रतियोगिता का आयोजन किया गया जिसमें सभी ने उत्साह से भगा लिया| 12. दिनांक 13.01.2026 को विश्व हिंदी दिवस के अवसर पर भारतीय राष्ट्रीय राजमार्ग प्राधिकरण द्वारा संगोष्ठी का आयोजन किया गया जिसमें संस्थान की ओर से डॉ. सीमा जैन, प्रभारी हिंदी अधिकारी एवं श्रीमती सोनाली शर्मा,अनुवादक ने भाग लिया।
Honors/Awards received	1. Dr. Sakshi Sharma, R.O. (Ay.) awarded with first prize for the paper presentation on the topic PediatricPharmacovigilance: Current Challenges In AyurvedaProspective" at National Symposium on Pharmacovigilance- Shishu Surakasha: Rashtra Surakasha" organised by CCRAS-PPvC, RAI Gwalior in collaboration with NPvCC, AIIA New Delhi at Gwalior on 17-18 th Sept, 2025. 2. The Certificate of Appreciation has been awarded to Dr. Shivshankar Rajput, R.O. (Ay.) & Incharge, ATC, Safdarjung hospital as guest speaker on the Alternative Healthcare system in India as a part of the Foundation course for MBBS Batch 2025 at Safdarjung Hospital, New Delhi on 29.09.2025. 3. The letter of Appreciation has been awarded to Dr. Sakshi Sharma, R.O. (Ay.) as guest speaker at Indian Aviation Academy New Delhi in training programme for planning for retirement with a target participants as employees of Airport Authority India(AAI) organised by Indian Aviation Academy on 10.12.2025.
Celebration/observation of important days, Vigilance Awareness Week, Ayurveda Day Celebration, Poshan Maah Celebration, Independence Day	1. Organized Public awareness lecture in OPD for Patients of CARI, ND as a part of "End Latent TB" campaign on 07.04.2025. 2. Organized Public awareness lecture in OPD for Patients of CARI, ND as a part of "End Latent TB" campaign on 11.04.2025. 3. Organized an awareness lecture on the topic 'Elimination of the latent TB through Ayurvedic intervention' to the students and staff of SarvodayaKanya Vidyalaya-2, Punjabi Bagh, Delhi on 16.04.2025 as a part of 'End Latent TB campaign'.

Celebration, International Women's Day, Plantation drive, etc.	4. Organized Lecture on Integration of Ayurveda for TB prevention- Through diet, lifestyle for staff of CARI, ND as a part of the 'End Latent TB campaign' on 16.04.2025. 5. Organized an awareness lecture on the topic 'Elimination of the latent TB through Ayurvedic intervention' to the students and staff of SSD SaraswathiBalMandirVidyalaya, Punjabi Bagh (west), New Delhi as a part of the 'End Latent TB campaign' on 23.04.2025. 6. Organized Lecture on 'Integration of Ayurveda for TB prevention- Through yoga advocacy' on 24.04.2025 as a part of the 'End Latent TB campaign'. 7. A yoga session was conducted at the Institute for the staff as part of the events celebrating International Day of Yoga 2025 on 22.05.2025. 8. As part of the pre-campaign for World Environment Day 2025, a pledge-taking event was organized at the Institute on 24.05.2025, to encourage staff to reduce the use of single-use plastics. 9. As part of the pre-campaign for World Environment Day 2025, a clean-up drive and waste segregation initiative were organized at the Institute on 26.05.2025. 10. As part of the pre-campaign activities leading up to World Environment Day 2025, an awareness lecture for the public was organized at the Institute on 27.05.2025. 11. A yoga session was organized at the Institute for the staff as part of the events for International Day of Yoga 2025 on 27.05.2025. 12. A training workshop was organised at the Institute as a part of the pre-campaign for World Environment Day 2025 on 30.05.2025. 13. A yoga session was conducted at the Institute for the staff as part of the events celebrating International Day of Yoga 2025 on 04.06.2025. 14. A plantation drive was organized at the Institute as part of the celebration of World Environment Day 2025, on 05.06.2025. 15. Organised a slogan writing competition as part of the celebration of World Environment Day 2025, on 05.06.2025. 16. One-day workshop on "Yoga in Enhancing Modern and Contemporary Healthcare Systems" organised by the Institute at AIAC Auditorium, Dhanvantri Bhawan, Punjabi Bagh (West), New Delhi as part of the events celebrating International Day of Yoga on 18.06.2025. 17. Organized a common Yoga protocol under 11th International Yoga Day at the Institute for Staff's, Public and for patients on 21.06.2025 as a part of celebration of 11th International Day of Yoga. 18. Organized introductory training on the iGOT Karmayogi platform in view of the Vigilance campaign 2025 on 26.08.2025. 19. Organized Independence Day at the institute grounds on 15.08.2025 20. Observance of 10th Ayurveda day celebration from 08.09.2025 – 23.09.2025. 21. Observance of Hindi Pakhwada 22. Observance of Poshan Maah 23. Observance of Swachhata Pakhawada. 24. Observance of Swath Nari Sashakt Parivar Abhiyan 2025

	25. Vigilance Awareness week was Observed from 27.10.2025 to 02.11.2025 in CARI, ND and various activities like pledge taking, debate competition and quiz competition were organized 26. Organized a plantation drive under Vande Matram Celebration, 2025 at CARI, ND premises on 07.11.2025 27. Celebration of Veer Baal Diwas on 26.12.2025 organized by CCRAS-CARI, New Delhi 28. Celebration of Republic day at the institute on 26.01.2026 29. Celebration of International Women's Day on 17.03.2026
Visitorial - National/ International repute at the institute.	1. Dr. Sakshi Sharma, R.O (Ay.) Co-ordinated and Dr.Kishor Patel, R.O. (Ay.) Participated in a project monitoring visit as a member of monitoring team of collaborative center Rajiv Gandhi Govt. Post Graduate Ayurvedic College, Paprola for the project entitled "Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study" under SMART program from 24.04.2025 to 26.04.2025. 2. Dr. Kishor Patel, Research Officer (Ay.), visited Dayalpur PHC under the Comprehensive Rural Health Services Project (CRHSP), AIIMS Ballabhgarh, on 02.05.2025, to discuss issues related to the project titled "An Exploratory Series of N-of-1 Responder Restricted Study of Ayurveda Regimen on Quality of Life Among the Elderly Population in Ballabhgarh District of Haryana: A Community-Based Study." 3. Dr.Kishor Patel R.O. (Ay.) visited CRHSP, AIIMS, Ballabhgarh to discuss the issue related to the project Efficacy and safety of PunarnavadiMandura alone and in combination with Drakshavaleha compared to iron folic acid in the treatment of moderate iron deficiency anaemia among non-pregnant women of reproductive age group: a community-based three arm multi centre randomized controlled trialon 02.05.2025. 4. Dr.BabitaYadav visited Dayalpur PHC at Ballabhgarh on 16.05.2025 for the meeting with the Investigators and project staff regarding the review of the ongoing project on geriatrics and also submitted the randomized envelops to the PI. 5. Dr. Kishor Patel, Research Officer (Ay.), visited CRHSP, AIIMS,Ballabhgarh to discuss theissue related to the project entitled "Efficacy and safety ofPunarnavadiMandura aloneand in combination withDrakshavaleha compared toiron folic acid in thetreatment of moderate irondeficiency anaemia amongnon-pregnant women ofreproductive age group: acommunity-based three armmulti centre randomizedcontrolled trialon 06.06.2025. 6. Dr.Seema Jain, Research Officer (Ay.) and Dr. Renu Rani, Research Officer (Ay.) Conducted Monitoring visit under SMART-IDA program at SAMCH, Indore from 24.07.2025 to 26.07.2025. 7. Dr.Seema Jain, Research Officer (Ay.) and Dr. Renu Rani, Research Officer (Ay.) conducted Monitoring visit under SMART-IDA program at CBPACS, New Delhi on 28.07.2025.

	8. Dr.Seema Jain, Research Officer (Ay.) and Dr. Renu Rani, Research Officer (Ay.) Conducted Monitoring visit under SMART-IDA program at MSM, Khanpur 29.07.25 9. Dr. Seema Jain has visited the following places under the SCSP project: a.Gurudwara Sri Guru Singh Sabha, Ramesh Nagar , for In-Depth Interview under SCSP on 05.08.2025. b. "Jain temple Yamuna Vihar on 05.08.2025 c. AMHCP REVIEW MEETING by Nodal Institute, NIIMH, Hyderabad 08.08.2025. d. SCSP VISIT MATHURA, UP on 12.08.2025 to 16.08.2025. e. Central Sanskrit University visit on 19.08.2025. f. SCSP VISIT KURUKSHETRA, HARYANA on 20.08.2025-24.08.2025. g. Central Sanskrit University visit for FGD under SCSP program on 27.08.2025. h. Dr. Seema Jain has visited AIIMS for AYUSH, A collaborative study REGARDING UC settlement on 07.08.2025. 10. Dr. Seema Jain has visited Kurukshetra under SCSP PROJECT from 11.09.2025 – 14.09.2025. 11. Dr.HemantaPanigrahi, R.O.(Ay.) Visited National MRI, CT Scan & Diagnostic Centre to review the facilities, strengthen cooperation, and ensure smooth coordination in service delivery on 02.09.2025. 12. A team of QCI has visited PPvC, CARI, new Delhi on 09.09.2025 13. Dr. Seema Jain, R.O.(Ay.) visited Mathura for Documentation study on religious practices and rituals under SCSP Project from 08.10.2025 to 12.10.2025 14. Visited CRHSP, AIIMS, Ballabhgarh for monitoring of the collaborative project entitles “Efficacy and safety of Punarnavadi Mandura alone and in combination with Drakshavaleha compared to iron folic acid in the treatment of moderate iron deficiency anaemia among non-pregnant women of reproductive age group: a community-based three arm multi centre randomized controlled trial” along with the scientist of ICMR on 07.11.2025 15. Dr. Seema Jain, R.O.(Ay.) visited Ganganga, Distt, Hapur, UP for SCSP Project on 21.11.2025, 22.11.2025 and 25.11.2025. 16. Dr. Seema Jain, R.O.(Ay.) visited Uttarakhand under SCSP program from 02.12.2025 – 08.12.2025. 17. Dr. Shivshankar Rajput, R.O.(Ay.) visited NIUM, Ghaziabad along with approx. 80 International Delegates on occasion of 2nd WHO Global Summit on traditional medicine on 17.12.2025. 18. Dr. Sakshi Sharma . R.O.(Ay.), Conducted project monitoring as a nominated member of monitoring team by CCRAS Hq. of Parul Institute of Ayurveda Vadodara as collaborative centre of project entitled “Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis An OPD-based study” under SMART program on 30.12.2025

	19. Dr. Seema Jain, R.O.(Ay.) visited Hastinapur for documentation under SCSP project from 02.01.2026 - 03.01.2026. 20. Dr. Seema Jain, R.O.(Ay.) visited Tizara, Distt Alwar,Raj. for documentation under SCSP project from 14.01.2026 - 15.01.2026 21. Dr. Kishor Patel, R.O.(Ay.) participated in Project Monitoring of the collaborative research project entitled "An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana - A community based study" at project visit , Dayalpur PHC, Ballabhgarh, Haryana on 23.02.2026. 22. Coordinated visit for Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India at CBPACS, Khera Dabur, New Delhi on 18/02/2026. 23. Dr. Shweta Mata, R.O.(Ay.), Coordinated visit for Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India at OM Ayurvedic Eye hospital, Gurugram on 27-28.02.2026 24. Dr. Shweta Mata Rajput, R.O. (Ay.) & Dr. Shrawan Sahu, R.O. (Ay.) visited CARI, Bhubneshwar and coordinated the offline meeting for the projects on Clinical consensus study on Netra Kriyakalpa, Kriyakalpa Kaksha and standard validated protocols undertaken by CCRAS, Ministry of Ayusha, GoI organized at CARI, Bhubneswar on 02nd & 03rd March, 2026. 25. Dr. Seema Jain, R.O.(Ay.) and Sonam Chandhok, ARO (Cli. Psy.) visited Shanti Kunj, Haridwar for documentation of indigenous religious practices and rituals under SCSP project to conduct interviews on 13 th -14 th March, 2026. 26. Dr. Seema Jain, R.O.(Ay.) and Sonam Chandhok, ARO (Cli. Psy.), visited Shri Krishna Ayush University, Kurukshetra for the signing of the MoU between CCRAS-CARIND and ISAR, SKAU for the SCSP project to be carried out in 2026-2027, under the chairmanship of the Honb'le VC Vd. K.S. Dhiman on 20.03.2026. 27. Dr. Shweta Mata Rajput, R.O. (Ay.) visited MSM Institute of Ayurveda, Khanpur for documentation of Netra Kriyakalpa Procedures on 30.03.2026
Social activities if any	Nil
Association meetings (retire/working)	1. Retirement Ceremony of Dr.Bharti Director (Institute) was held on 31.10.2025 2. Retirement Ceremony of Dr.Renu Makhija, A.D.(Path.) was held on 30.11.2025. 3. Retirement Ceremony of Lab Attendant Sh. V.S. Pandey on 31.12.2025

11. Social Media Post links

S. No. Month Total post shared Links of the post shared on different platforms

A April 2025 (14)

1. https://www.facebook.com/share/p/18gifbGtao/
2. https://www.facebook.com/share/p/1AdzysnGNL/
3. https://www.facebook.com/share/p/1Eb2aQNMni/
4. https://www.facebook.com/share/p/1ADuKvkXHp/
5. https://www.facebook.com/share/p/19vreH4vHz/
6. https://www.facebook.com/share/p/1Bp56NmuiN/
7. https://www.facebook.com/share/p/1Ccrw9fReF/
8. https://x.com/dbharti98836/status/1912006666922377721?s=48
9. https://x.com/dbharti98836/status/1912008576308068751?s=48
10. https://x.com/dbharti98836/status/1912452311881838843?s=48
11. https://x.com/dbharti98836/status/1912706583257022790?s=48
12. https://x.com/dbharti98836/status/1915265812039979255?s=48
13. https://x.com/dbharti98836/status/1915275254810730612?s=48
14. https://x.com/dbharti98836/status/1915645875897995472?s=48

B May 2025 (19)

1. https://www.facebook.com/share/p/1FKfEK9Qh9/
2. https://www.facebook.com/share/p/1GjThppjYr/
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D July 2025 (25)

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H. November 2025 (28)

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I. December 2025 (18)

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J. January 2026 (8)

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K. February 2026 (24)

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20. https://www.pib.gov.in/PressReleasePage.aspx?PRID=2230803&reg=3&lang=1
21. https://youtu.be/7Ye_y8hooGM?si=HNE_0j9crtChNonT
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L. March 2026 (18)

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Total Number of Posts for the year 2025-26 461

12 RTI (Right to Information) for Annual Report 2025-26

S.No.	Month	RTI received	Referred	Disposed off
1.	April 2025	**Two.** 1. Mr Radhakrishnan, Tamil Nadu dt 2/4/25 Reg Implementation of Hospital Patient Care Allowance 2. Advocate Vikas Kumar Jain dt 4/3/25 reg Personal information of Kirodh Kumar,MTS	-	**Two** Reply has been sent to the Applicant on dated 24/4/25 through e-mail/Letter with copy to CCRAS. 2. Reply has been sent to the Applicant on dated 29/4/25 through e-mail/Letter.
2.	May 2025	**Three** 1. Mr Amit, Delhi dated 09/04/25 reg admissible of HPCA to Research Assistant. 2.Mr Ramesh Chand, Himachal Pradesh 16/04/25 reg rate of HPCA in every Unit. 3.Advocate Vikas Saini, Bihar dated 19/05/25 reg official role & responsibilities of Staff Nurse	-	**Three** **1.** Reply has been sent to the Applicant on dated 05/05/25 through e-mail/Letter with copy to CCRAS. 2. Reply has been sent to the Applicant on dated 14/05/25 through e-mail/Letter with copy to CCRAS. 3. Reply has been sent to the Applicant on dated 29/05/25 through e-mail/Letter with copy to CCRAS.
3.	June 2025	**Three** 1.Sh Aman Kumar, New Delhi reg Processing/approving of HPCA/PCA. 2.PVR Kedarnath, Delhi dated 16/06/25 reg Menu chart & scale of food to the patient. 3.Ms Karuna Rao, Andhra Pradesh dated 05/06/25 reg details of officers working more than o7 years.	-	**Three** 1.Reply has been sent to the Applicant on dated 24/06/25 through e-mail/Letter with copy to CCRAS. 2. Reply has been sent to the Applicant on dated 25/06/25 through e-mail/Letter with copy to CCRAS. 3. Reply has been sent to the Applicant on dated 28/06/25 through e-mail/Letter with copy to CCRAS.
4.	July 2025	**Three**	**-**	**Three**

		1.Mr Govind Panchal, Madhya Pradesh dated 24/6/25 reg Night duty/weekly off, working hours etc to Staff Nurse. 2.Ms G Bhattacharya, West Bengal dated 03/07/25 reg sanctioned strength of Staff Nurse/Surplus and salary to surplus strength. 3.Mr Gurpyar Singh, Patiala (Pb) dated 25/06/25 reg work of Medical Laboratory Technologist and Lab Technician		. Reply has been sent to the Applicant on dated 02/07/25 through e-mail/Letter with copy to CCRAS. 2. Reply has been sent to the Applicant on dated 18/07/25 through e-mail/Letter with copy to CCRAS. . Reply has been sent to the Applicant on dated 24/07/25 through e-mail/Letter with copy to CCRAS.
5.	August 2025	**One** 1.Ms Simerjit Kaur of Sirsa dated 20/07/25 Information for engagement of contractual employees, Outsourced and retired Govt employees.	-	**One** Reply has been by CCRAS Hqr to the Applicant on dated 20/08/25 through e-mail/Letter. No action at Institute level.
6.	September 2025	**Eight** 1.Ms G Bhattacharya, West Bengal dated 11/08/25 reg sanctioned strength & Contractual of Sister Incharge/Staff Nurse and gross expenditure of salary. 2.Mr Ranatunga Reddy, Tamilnadu dated 08/08/25 reg Sanction post, Job responsibility, Biometric Attendance, duty hours etc of Asstt Matron. 3. Mr Vaibhav Kumar Surya, Jharkhand dated 12/08/25 reg Basic pay & NPA in respect of Doctors/Researchers in Ministry of Ayush. 4. Mr Kuldeep Singh Rajasthan dated 20/08/25 reg duties of Staff Nurse & Sister Incharge. Whether	-	**Eight** 1. Reply has been sent to the Applicant on dated 04/09/25 through e-mail with copy to CCRAS Hqr. 2. Reply has been sent to the Applicant on dated 04/09/25 through e-mail with copy to CCRAS Hqr. 3.Reply has been sent to the Applicant on dated 04/09/25 through e-mail with copy to CCRAS Hqr. 4. Reply has been sent to the Applicant on dated 10/09/25 through e-mail with copy to CCRAS Hqr. 5. . Reply has been sent to the Applicant on dated 10/09/25

		they have been assigned duties of LDC/UDC and Store etc 5.Mr Tinu Bhalla, Delhi dated 19/08/2025 reg filled/vacant posts of MLT, Scientist and Administrative staff, recruitment rules/Transfer policy etc. 6.Vaidya Ram Niwas Delhi dated 03/09/25 reg personal information in respect of Mrs Pooja Vashisht, Consultant. 7.Mr Nikhil Prajapati, Gujarat dated 15/09/25 reg Pay upgradation of Medical Laboratory Technologist 8.Mr Om Prakash, Uttar Pradesh dated 25/08/25 reg implementation of MACP to Pharmacists on the recommendation of Fast Track Committee		through e-mail with copy to CCRAS Hqr. 6. Reply has been sent to the Applicant on dated 24/09/25 through e-mail with copy to CCRAS Hqr. 7.Reply has been sent to the Applicant on dated 24/09/25 through e-mail with copy to CCRAS Hqr. 8. Reply has been sent to the Applicant on dated 24/09/25 through e-mail with copy to CCRAS Hqr.
7.	October 2025	**Two** 1.Mr Arjun Singh, Rajasthan dated 05/09/25 reg Promotion Channel, dress allowance, duty hours in respect of Pharmacist. 2.Mr Bhupendra, Hyderabad dated 14/09/2025 reg Office hours to all the staff, Salary, Leave and biometric attendance.	-	**Two** 1.Reply has been sent to the Applicant on dated 17/10/25 through e-mail with copy to CCRAS Hqr. **2.** Reply has been sent to the Applicant on dated 17/10/25 through e-mail with copy to CCRAS Hqr.
8.	**November 2025**	**One** 1.Mr Dinesh, Delhi dated 19/11/25 reg admissible of Bonus for Diwali festival to the contractual employees	**-**	**One** 1.Reply has been sent to the Applicant on dated 22/11/25 through e-mail with copy to CCRAS Hqr.

9.	**December 2025**	**Four** 1.Mr Amar Singh, Fazilka dated 06/12/25reg expenditure on Ayurvedic Medicines/Research from 2014 to 2025. 2.Mr Hunter, Delhi dated 26/11/25 reg payment of Bonus to Ms Deepa (Outsource Employee). 3. Mr Vikas, Delhi dated 26/11/25 reg admissible of Bonus for Diwali festival to the contractual employees. 4.Mr Sunil Gautam, Delhi dated 27/11/2025 reg personal information in respect of Dr Pooja Vashishth, Consultant.	-	**Four** 1.Reply has been sent to the Applicant on dated 06/12/25 through e-mail with copy to CCRAS Hqr. 2. Reply has been sent to the Applicant on dated 10/12/25 through e-mail with copy to CCRAS Hqr. 3. Reply has been sent to the Applicant on dated 10/12/25 through e-mail with copy to CCRAS Hqr. 4. Reply has been sent to the Applicant on dated 24/12/25 through e-mail with copy to CCRAS Hqr
10.	January 25	**One** 1.Mr Sharon, Kerala dated 14/01/26 reg Sanctioned/Vacant Permanent Posts of Staff Nurse and Sister Incharge and proposal/plan to fill up vacant posts.	-	**One** 1.Reply has been sent to the Applicant on dated 06/12/25 through e-mail with copy to CCRAS Hqr.
11.	February 25	**Five** 1.Notice for second appeal hearing at CIC on 03/02/2026 w.r.t.RTI application of Sh Aditya Vats of Delhi. 2.Mr Radheyshyam, Jaipur dated 09/02/2025 reg Numbers of Hospital under Ayush Ministry, Sanctioned/Vacant posts of Staff	-	**Five** 1.Hearing was attended on 03/02/26 by Institute (Incharge) and Assistant. Second appeal dismissed. 2.Reply has been sent to the Applicant on dated 09/02/26 through e-mail with copy to CCRAS Hqr. 3.Reply has been sent to the Applicant on dated 20/02/26

		Nurses and plan to fill up vacant posts. 3.Mr Vikas Gupta, Delhi dated 03/02/2026 reg Number of Manpower either permanent/Contractual. 4.Mr Ayush Verma, Jhansi dated 13/01/26 reg Monthly remuneration/Salary of Contractual Data Entry Operator. 5.Mr Sunil Gautam, Delhi dated 27/01/26 reg RTI First Appeal to DG CCRAS	-	through e-mail with copy to CCRAS Hqr. **4.** Reply has been sent to the Applicant on dated 20/02/26 through e-mail with copy to CCRAS Hqr. 5.Reply sent to CCRAS Hqr on dated 25/02/2026
12.	March 2026	**Four** 1.Mr Vikalp Singh, Gorakhpur dated 27/02/26 reg admissibility of TA/DA and compensation off during out duty to SRF. 2.Mr Mahesh F, Chennai dated 16/03/26 reg number of Lab Technicians upgraded to medical laboratory Technologist. 3.Mr M Suman, Andhra Pradesh dated10/03/26 reg recruitment process of Panchkarma Technician & Assistants, Panchkarma treatment and feedback of patients. 4.Mr Devender Sharma, Mandi, Himachal Pradesh dated 05/02/26 received through CCRAS on 17/03/26 reg remuneration/Salary to contractual employees (Office Assistants & MTS)	-	**Four** **1.** Reply has been sent to the Applicant on dated 10/03/26 through e-mail with copy to CCRAS Hqr. 2.Reply has been sent to the Applicant on dated 27/03/26 through e-mail with copy to CCRAS Hqr. **3.** Reply has been sent to the Applicant on dated 30/03/26 through e-mail with copy to CCRAS Hqr. 4. Reply has been sent to the Applicant on dated 01/04/26 through e-mail with copy to CCRAS Hqr.

13 Details of PhD/PDF scholars at CARI, New Delhi

SN	Name of the PhD /PDF scholar	Co-supervisor/ Mentor	Topic of the thesis	Year of registration	Year of Completion	PhD institution
1.	**Dr. Babita Yadav (CARI, New Delhi)**	**Dr. Bharti, Director (Institute)**	A comparative study of Agnideepan & Vyadhipratyanek Chikitsa vs Vyadhipratyaneek Chikitsa for the management of NAFLD.	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
2.	**Dr. Deepa Makhija (CCRAS hqrs)**	**Dr. Renu Singh, R.O. (Ay.)**	Comparative Study of Efficacy of Pathadi Churna with Trikatu Churna in the management of Amavata (Rheumatoid Arthritis) wsr to the concept of Ama	2020	2025	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
3.	**Dr. Anup Jain (CBPACS)**	**Dr. Seema Jain, R.O. (Ay.)**	Comparative evaluation of efficacy of modified Ashmaghna sweda (stone therapy) and Choorna pinda sweda in management of Katigraha (Lumbar spondylosis).	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
4.	**Dr. Pankaj Katarar (CBPACS)**	**Dr. Seema Jain, R.O. (Ay.)**	Evaluation of the efficacy of Snehapana (oral route) and Matra vasti (rectal route) with Ksheera bala taila in the management of Janu Sandhivata (osteoarthritis of knee)- A randomized clinical trial.	2020	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
5.	**Dr. Mahesh Kumar (CBPACS)**	**Dr. H. Panigrahi, R.O. (Ay.)**	Comparative evaluation of efficacy of Agnikarma and topical Diclofenac sodium gel in the management of Avabahuk (frozen shoulder).	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
6.	**Dr. Trapti Agarwal (CBPACS)**	**Dr. H. Panigrahi, R.O. (Ay.)**	Evaluation of comparative efficacy of Eladi Kashaya versus Tab Tranexamic acid in the management of Asrigdara (Heavy menstrual bleeding).	2020	2026	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha

7.	**Dr. Rakesh Roshan (CBPACS)**	**Dr. Bharti, Director (Institute)**	Study of the Influence of Masa (Month) of Conception on *Prakriti* among Healthy Individuals.	2023	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
8.	**Dr. Arun Kumar-PDF**	**Dr. Seema Jain, R.O. (Ay.)**	Clinical study to evaluate the efficacy of oral administration of Praval Bhasma, Lakshadi Guggulu, and local application of Dashang Lepa with Pinda tail on knee joints having arthritic changes in Hemophilia patients	2023	2025	CCRAS Hqrs
9.	**Dr. Sarika (SGT University, Gurugram)**	**Dr. H. Panigrahi, R.O. (Ay.)**	Evaluation of comparative efficacy of Havishyapan in Rajaswala Paricharya Vs Non Rajaswala Paricharya on menstruation-related symptomatology	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
10.	**Dr. Swati Sharma (CARI, New Delhi)**	**Dr. Bharti, Director (Institute)**	A comparative clinical study to evaluate the efficacy of Agastya Haritaki Rasayana and Gudardraka in the management of Kaphaja Kasa (wet cough) in children: An open-label randomized controlled study	2022	Ongoing	Shri Krishna Ayush University Kurukshetra (Haryana)
11.	**Dr. Pallavi Mundada (CCRAS Hqrs)**	**Dr. Bharti, Director (Institute)**	Evaluation of efficacy of oral Ashwagandha and Abhyanga with Shwadanshtradi oil in chronic knee pain among older adults with knee osteoarthritis – A randomized controlled trial	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
12.	**Dr. Amit Kumar Rai (A & U Tibbia College, Delhi)**	**Dr. Bharti, Director (Institute)**	Comparative evaluation of the efficacy of Baladi granules, Baladi Ksheerpaka, and Yograj Guggulu in primary knee osteoarthritis: A	2022	Ongoing	Datta Meghe Institute of Higher Education and Research

			randomized controlled multi-arm study			(DMIHER), Wardha
13.	**Dr. Neha Dubey (CARI-CCRAS Hqrs)**	**Dr. Babita Yadav, R.O. (Ay.)**	Development of Ayurvedic Diagnostic tool for differential diagnosis of Sandhigata Vata.	2022	Ongoing	Shri Krishna Ayush University Kurukshetra (Haryana)
14.	**Dr. Yamini Garg**	**Dr. Babita Yadav, R.O. (Ay.)**	Role of Ayurvedic dietary intervention to inprove quality of life in autoimmune disorders.	2024	Ongoing	Shri Krishna Ayush University Kurukshetra (Haryana)

14. Details of Internship scholars at CARI, New Delhi:

S.N.	Name of the student	Date of joining	Date of completion
1.	Ms. Nidhi Gupta	22.01.2025	22.04.2025
2.	Ms. Pratibha Chaudhary	21.07.2025	05.08.2025
3.	Ms. Muskan	16.02.2026	Ongoing

Website of the institute

The website of the Central Ayurveda Research Institute (CARI), New Delhi, serves as a comprehensive digital gateway for researchers, practitioners, and the general public interested for the information about the institute. The website platform provides transparent access to the institute's facilities i.e. OPD, IPD,employees cornes, details about projects, Pharmacovigilance activities, MoU Signed, accreditation details, Courses offered by the institute, rate of the services provided by the institute, laboratory facilities and photographs of various departments of the institute.

PART-A

"RESEARCH PROJECTS

A. COLLABORATIVE CLINICAL RESEARCH PROJECTS

A1.) Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine (Project Code: CCL0051)

1.**Objectives:**

Primary Objective: To assess the Clinical Efficacy of Ayush M-3 in Migraine.
Secondary Objective: To assess the Clinical Safety of Ayush M-3 in Migraine

2. Study Design:

The study is designed as a to be conducted at 3 different institutions viz; CARI, New Delhi, Ayurveda Treatment Centre at ABVIMS, Dr. RML hospital & at NIMHANS, Bengaluru. It is a prospective, randomized, double-blind, parallel-group, placebo-controlled, multi-centric study on the diagnosed cases of Migraine. The interventional drug is given for 12 weeks in a dose of 2 tabs bid followed by 4 weeks in a dose of 1 tab bid and 4 weeks without medication for a follow-up visit. The duration of the study project is of three years.

Study Type	**:**	Interventional multicentric collaborative
Purpose	**:**	Treatment
Masking	**:**	Double-blind
Control	**:**	Controlled
Study Period	**:**	3 years
Timing	**:**	Prospective
End Point	**:**	Efficacy and Clinical Safety
No. of Groups	**:**	2

3. Sample Size: 60 patients in each group (2 groups), making a total of 360 patients in 3 centers.

4. Approval of IMR-PEMC, Annual Action Plan, RFD etc., along with the date:IMR PEMC

Sanction order No. - F. No 3-70/2020- CCRAS/ Adm/Coll./ 3421, Dt: 15.10.2020

5. Duration of the study: 3 years

6. Interventions:

Drug Intervention:

Group 1: Ayush M3

Dose : 2 tabs of 500 mg twice a day for 12 weeks followed by 1 tab of 500 mg twice a day for 4 weeks

Form of Administration : Tablet

Route of Administration : Oral

Time of Administration : Twice a day after meals;

Anupana : Water

Group 2: Matching Placebo

Dose : 2 tabs of 500 mg twice a day for 12 weeks followed by 1 tab of 500 mg twice a day for 4 weeks

Twice a day for 4 weeks

Form of Administration : Tablet

Route of Administration : Oral

Time of Administration : Twice a day after meals

Anupana : Water

7. Participating center along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, New Delhi	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946	--
2.	ABVIMS & Dr. RML Hospital, New Delhi	Dr. Jyoti Garg HOD, Department of Neurology jyotigarg.rmlh@gmail.com Mobile no. 7900157900 Coordinator : Dr. Renu Makhija renu_mkhj@yahoo.co.in	Dr. Sudha Kumari K.G, R.O. (Ay.), CARI, ND sudha14ayu@gmail.com 9108175522 & 8281782290
3.	NIMHANS, Bengaluru	Dr. Kishore Kumar R Assistant Professor of Ayurveda, Dept. of Integrated Medicine ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B kulkarni Professor of Neurology 9035160614 09480829409 Co PI : 2 Dr. Umesh C, Scientist C, Department of Integrative Medicine.

8. Date of IEC approval: Ethical clearance was obtained for this project in an ethics committee meeting dated 23.10.2020 at CARI, New Delhi (F.No.1-12/2015/ACRI/Tech/ (IEC) Part II/214 dated.11.10.17) IEC details of ATC RML: File No 461(110/2020)/IEC/PGIMER/RMLH/698 103, dated 01.12.2021

9. CTRI Registration: CTRI/2021/12/038548

10. Date of initiation: Pls see the table below:

Sl. No	Name of the participating center	Date of initiation
1.	CARI, New Delhi	13.05.2022
2.	ATC, ABVIMS, Dr. RML Hospital	14.05.2022
3.	NIMHANS	31.12.2021

11. Budget allocated: Rs. 82,50,955/-

12. Details of budget release

S.no.	Instalment	Sanction order	Date	Date of receipt of fund
1.	**Amount Received during 2020-2021** **24,03,300/-** [CARI- 10,27,500/- RML - 6,62,900/- NIMHANS – 7,12,900/-]	F.No CV/Exp/CCRAS/hqtrs/2020-21/329	02.01.2021	02.01.2021
2.	**Amount Received during 2021-2022** **21,92,345/-** [CARI- 4,66,545/-, RML- 3,00,000/-, Transferred to NIMHANS - 14,25,800/-)	F.No3-97/2020/CCRAS/ Adm/Coll./ 1010	08.06.2021	08.06.2021
3.	**Amount Received during 2022-2023** **Rs. 68,000/-** + Rs. 4,29,330/- (Transferred from RA head of CARI) **Total =4,97,330/-** (For CARI, & RML) **Received -10,52,460/-(**5,00,000/- for CARI, Rs. 5,52,460/- For RML) **Total - Rs. 15,49,790/** -	F.No. 3-97/2020/CCRAS/admin/IMR/1642 F.No3-70/2020-CCRAS/ Admn/Coll./5005,	27.06.2022 13.12.2022	05.07.2022 23.12.2022

4.	**Amount Received during 2023-2024** **Rs. 5,85,436/- + Rs. 2,14,564/-** (Fund returned from RA of CARI) Total =8,00,000/- (For CARI & RML)	F.No.5-10/2023-24/CCRAS/ Accnts, O.O No.466/2023-24	09.08.2023	11.07.2022
5.	**Amount Received during 2024-2025** **Rs.7,63,651/- (1st Quarter Budget)** **Rs.22,000/- (3rd Quarter Budget)**	F.No..HQ-PROJ 011/40/2023-PROJ/436 F.No..HQ-PROJ 011/40/2023-PROJ/5950	26.04.2024 19.12.2024	15.05.2023 27.12.2024

13. Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	1. Pre-trial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with the certificate of analysis:	3 months	Achieved	--
2.	Trial Period	4th month- 22nd month [Recruitment of patients will be up to 18th month].	Achieved at CARI, New Delhi & RML, Delhi Ongoing at NIMHANS, Bengaluru	Due to drug expiry ,fresh batch of medicine was manufactured ,so it going beyond the timelines at one center
3.	Statistical Analysis & submission of final report:	2 months	--	--

14. Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	120	100	20	00
2.	ATC, ABVIMS, Dr. RML Hospital	120	98	22	00
3.	NIMHANS, Bangalore	120	71	49	00

Relevant information, if any:- Study completed

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A2.) Efficacy of Ayurveda interventions in the managementof *menorrhagia (Raktapradara)* – A randomized controlled trial. (Project code – ICL0235)

Objectives:

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara).

Secondary Objective- To assess the efficacy of Ayurveda intervention on the Quality of life of women with menorrhagia (Raktapradara).

Study Design	**:**	Randomized open-label controlled
Study Type	**:**	Interventional prospective study
Purpose	**:**	Treatment
Masking	**:**	open-label
Control	**:**	Controlled
Timings	**:**	Prospective
End Point	**:**	Efficacy & Safety
No. of Groups	**:**	Two
Sample Size	**:**	140 (70 patients in each group)

Date of IEC approval: IEC/VMMC/SJH/Project/2023-02/CC-321 Dated 28/3/2023

Duration of Study : Three years

Drug Interventions Details as mentioned below:

Group A

1) Trinkantamani Pishti (AFI part I, 17:1 pg no. 584, Rasatantrasara Siddhaprayogasa ngraha, Bhasmaprakarana, 33)
   Dose : 250 mg
   Dosage Form : Capsule
   Route of Administration : Oral
   Time of Administration : Two times a day morning and evening before meal
   Duration of therapy : 3 months

2) Ashokarishta (AFI part I, pg.45, Bh. R. Streerogadhikara pg. 114-117)
   Dose : 20 ml
   Dosage Form : Liquid
   Route of Administration : Oral
   Time of Administration : Two times a day, morning and evening after mealDuration of therapy: 3 months
3) Tablet IFA: One tablet (100mg Elemental Iron + 1.5 mg folic acid) twice daily orallywith plain water after breakfast for 3 months.

   Follow Up: 02 Months or 02 Cycles without drug.

Group- B

1) Tablet Tranexamic acid: 500 mg thrice daily orally with plain water for 7 days from1st day of menses for three cycles

2) Tablet IFA: one tablet (100mg Iron + 1.5 mg folic acid) twice daily orally with plainwater after breakfast for 3 months.

Follow Up: 02 Months or 02 Cycles without medicine.

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

CTRI Registration : CTRI/2023/05/052929 Dated 19.05.2023

Date of Initiation : 05/12/2023

Budget allocated : Rs. 62,47,800/-

Details of budget release : Installment-wise

S.N.	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1st Instalment 50,000/-	Office order no-1241/2022-23	14.02.023	20.02.2023
2.	2nd Installment 1,56,000/-	F. NO. PROJ011/134/2022-PROJ/1251	29.05.2023	05.06.2023
3.	3rd Installment 12,74,479/-	F. NO. PROJ011/134/2022-PROJ/5266	2.11.2023	16.11.2023
4.	4th Installment 12,85,150/-	F. NO. PROJ011/134/2022-PROJ/712	7.05.2024	27.05.2024
5.	5th Installment 7,00,000/-	F. NO. PROJ011/134/2022-PROJ/712	12.11.2024	11.02.2025
6.	6th Installment-5,50,000/-	F. NO. PROJ011/134/2022-PROJ/576	28.04.2025	

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	6 months	Achieved	-
2.	Recruitment in main study	23 months	Achieved	-
3.	Treatment Period with follow up period	05 months	Completed	
4.	Statistical Analysis	02 months	-	

Current Status: Completed

Sr No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & SafdarjungHospital, NDNew Delhi	140	133	07	00

Summary of Project: The project has been initiated on 5th December, 2023 with the collaboration of the Gynec & Obs dept. VMMC & Safdarjung Hospital, New Delhi on Menorrhagia (*Raktpradar*) patients. It is an open-label control trial. Project sample size is 140 divided in two groups through a randomization chart to evaluate the effect of *Trinkantamani Pishti, Ashokaristha* in comparison to the tablet Tranexamic acid. Patients are being enrolled after screening and investigations as per protocol i.e., General Investigations, Hormonal assay, Urine R/M, coagulation profile, viral markers and USG (TAS/TVS) following inclusion and exclusion criteria. The enrolled participants will receive in group A (*Trinkantamani Pishti, Ashokarista*) and group B (Tablet Tranexamic acid) for 3 months and 2 months follow up without medicine to observe the long effect of the trial drug. For both groups, Tablet IFA is given as standard care for maintaining the Hb level. The effect of therapy will be assessed by PBAC score and MIQ. The assessment of the patients from both groups is done at Screening, Baseline, 30th day, 60th day, 90th day, 120th day and 150th day. During treatment, investigations are done at Screening, 30th day (coagulation profile) and on 90th day.

Any relevant information: NA

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A3) Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives:

Primary objective: To evaluate the treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis

Secondary Objective(s): To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function.To evaluate the change in the need of rescue analgesic medication.To evaluate the change in quality of life after the study intervention

Study Design:

Study Type	:	Interventional (Clinical Study)
Purpose	:	Treatment
Masking	:	Open Label
Control	:	No
Timing	:	Prospective
End Point	:	To conclude Adherence, Tolerability and Safety of Intervention
No. of groups	:	One
Sample Size	:	480 (120 at each participating centre)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:IMR-PEMC File No. HQ-PROJ011/56/2023-PROJ, Office .Order No. 1328/2022-23 Dated: 27th Feb 2023

Revised sanction Order:

File No. HQ-PROJ011/56/2023-PROJ , Office .Order No. 598/2023-24 Dated: 13th Sep 2023

Duration of Study : 24 months

Interventions details as mentionew below: :

Yograj guggulu	1gm TDS one hour after the meals with lukewarm water
Ashwagandha churna	3 gm BD with milk morning and evening
Local application of Narayana Taila followed by hot fomentation	Twice daily (8 am and 5 pm)

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Gurukul-Haridwar	Prof. Uttam Kumar Sharma
2.	RGGPGAC & H-Paprola	Prof. Vijay Chaudhary
3.	Parul University- Vadodara	Dr. Hemant Toshikhane
4.	BHU-Varanasi	Prof. Jai Prakash Singh
5.	CARI, New Delhi (coordinating centre)	Dr. Sakshi Sharma Dr. Kishore Patel

Date of IEC approval:

Gurukul-Haridwar - 10/03/2023
RGAC-Paprola – 13/02/2023
Parul- Vadodara – 21/03/2023
BHU-Varanasi – 06/05/2023

CTRI Registration/Reference (for clinical trials): CTRI/2023/06/054503

Date of initiation:

S.No.	Name of the participating centre	Date of initiation
1.	Gurukul-Haridwar	13/12/2023
2.	RGGPGAC & H -Paprola	03/01/2024
3.	Parul- Vadodara	17/01/2024
4.	BHU-Varanasi	06/01/2024

Budget allocated: Rs. 1,56,05,704/-
Revised Budget: Rs. 1,67,90,312 /-
Additional Budget sanctioned: Rs. 10,41,088/- (for revised salary of SRF)

For CARI: Rs. 23,66,800 /- + Rs. 2,37,671/-
For Gurukul-Haridwar: Rs. 35,66,143 /- + Rs. 1,91,520/-
For RGGPGAC & H -Paprola: Rs. 35,66,143 /- + Rs. 1,88,976/-
For Parul- Vadodara: Rs. 36,45,523/- + Rs. 2,11,185/-
For BHU-Varanasi: Rs. 36,45,523/- + Rs. 2,11,736/-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	Rs.87,87,440/-	HQ O.O no. 1328/2022-23	27/02/2023	02/03/2023
2.	Rs.6,00,000/-	HQ-PROJ011/56/2023-PROJ/O.O no.936/2023-24	17/05/2023	14/06/2023
3.	Rs.11,28,028/-	HQ-PROJ011/56/2023-PROJ/O.O no. 598/2023-24	13/09/2023	26/10/2023
4.	Rs.12,07,538/-	HQ-PROJ011/56/2023-PROJ/3584	09/09/2024	26/09/2024
5.	Rs.32,24,091/-	HQ-PROJ011/56/2023-PROJ/7401	27/02/2025	13/03/2025

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
6.	Rs.14,83,360/-	F.No.HQ-PROJ011/56/2023-PROJ/1446 dated 06.06.2025	06/06/25	10/06/25
Note: 5% overhead charges have been released to 3 centers				

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	480 (120 each centre)	24Months	RGGPGAC & H, Paprola has achieved its target in Feb 2025, and other 3 centers achieved in December 2025.	NA

Current status:

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of Pts enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1.	Gurukul-Haridwar	105	124	105	0	89	Completed
2.	RGGPGAC & H-Paprola	120	128	120	0	115	Completed
3.	Parul-Vadodara	135	161	135	**0**	122	Completed
4.	BHU-Varanasi	120	130	120	0	120	Completed

Any relevant information:

The SMART program (Scope for Mainstreaming Ayurveda Research in Teaching Professionals), a collaborative research initiative between CCRAS and esteemed Ayurveda colleges across the India has been initiated in Four Participating centers i.e. Gurukul Ay. College Uttrakhand University Haridwar initiated on 13/12/2023, RGGPGAC & H- Paprola on 03/01/20224, Parul University-Vadodara on 17/01/2024, BHU-Varanasi on 06/01/2024. With Project sample size of 480 (120 at each centre and reallocated sample size 105 to Haridwar and 135 to parul University) to assess the Treatment adherence ,Tolerability and Safety of intervention i.e. Ashwagandha churna, Yograj Guggulu and Narayan oil in the management of Primary Knee Osteoarthritis also to observe the changes in quality of life by using SF -12 Questionnaire and changes need to Rescue Analgesic Medications. Patients are being enrolled after screening and investigations as per protocol i.e., General Investigations (CBC, LFT, KFT) including X-ray, ECG as well as following inclusion and exclusion criteria. Change in the Lab safety parameters (CBC, LFT, KFT) from baseline to day 90^{th} and 120^{th}. RGGPGAC & H, Paprola has completed its target in Feb 2025,and other 3 centres, completed their respective target in December 2025 with the overall project completion.

A4.) Tolerability, treatment adherence and safety of an Ayurvedic intervention - *Dhatri Lauha* in the management of Iron Deficiency Anemia: An open label single arm clinical study (CCL0077)

Objectives:

- **Primary Objective:**To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-Dhatri Lauha in the management of Iron deficiency anemia.
- **Secondary Objective(s):**To assess safety of Dhatri Lauha in the management of Iron deficiency anemia. To assess efficacy of Dhatri Lauha in the management of Iron deficiency anemia

Study Design:

Study Type: Interventional
Purpose: Treatment
Masking: Open labeled
Control: No
Timing: Prospective
End Point: Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen
No. of groups: One

Sample Size: 480 (120 from each center)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: yes, it is approved by PEMC and sanctioned vide File No. HQ-PROJ011/60/2023-PROJ on dated 28.04.2023.

Duration of Study: 2 Years + 6 months Extension (F. No. 1-194/2023-24/CARI/Tech./SMART-IDA/ 515 dated 26/03/2025

Interventions: **Dhatri Lauha**

Participating Center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	CBPACS- New Delhi	Dr. Subash Sahu
2.	MSM Khanpur, Sonipat	Dr. Gati Krushna Panda
3.	RGGPGAC & H, Paprola	Prof. Vijay Chaudhary
4.	SAMC & H, Indore	Dr. Ratnaprava Mishra
5.	CARI, ND- Coordinating Institute	Dr Seema Jain, R.O. (Ay.)- Co-I Dr. Renu Rani, R.O. (Ay.)- Co-PI

CTRI Registration/Reference (for clinical trials): CTRI/2023/08/056926 [Registered on: 25/08/2023].

Date of initiation:S.No.	Name of the participating centre	Date of initiation
1.	CBPACS- New Delhi	06.03.2024
2.	MSM Khanpur, Sonipat	28.03.2024
3.	RGGPGAC & H, Paprola	11.03.2024
4.	SAMC & H, Indore	29.02.2024

Total Budget allocated: Rs. 1, 24, 26, 304/-vide office order no File No. HQ-PROJ011/60/2023/PROJ on dated 28.04.2023

Installment Wise Budget Release

S.No.	Instalment	Sanctioned order	Date	Date of receipt of fund
1.	52,75,190/-	File No. HQ-PROJ011/60/2023-PROJ/6780	28.04.2023	08.05.2023
2.	2,65,400/-	HQ-PROJ011/60/2023-PROJ/6780	19.01.2024	06.02.2024
3.	3,58,350/-	File No.HQ-PROJ011/60/2023-PROJ/999	17.05.2024	28.05.2024
4.	3,84,522/-	File No. HQ-PROJ011/60/2023-PROJ/4587	22.10.2024	07.01.2025
5.	42,978/-	File No. HQ-PROJ011/60/2023-PROJ/6517	17.01.2025	18.01.2025
6.	1,85,600/-	File No. HQ-PROJ011/60/2023-PROJ/7506	28.02.2025	06/03/2025
7.	46,63,640/-	File No. HQ-PROJ011/60/2023-PROJ/7823	11.03.2025	13.03.2025
8.	4,20,000/-	File No. HQ-PROJ011/60/2023-PROJ/1032	16.05.2025	17.05.2025
9.	1,46,000/-	File No. HQ-PROJ011/60/2023-PROJ/4053	09.09.2025	12.09.2025

Chronological Timeline & Deliverables

S. No.	Target	Timeline	Achieved/ Not Achieved	Cause of Deviation, If Any
1.	**Total Study Period**	**24 months + 6 months**	Not Achieved	Extended for 6 months
2.	Preparatory phase	03 Months	Achieved	-
3.	Recruitment	18 Months	Achieved	-
4.	Statistical Analysis	02 Months	Achieved	-
5.	Study report	01 Months	Achieved	-
6.	Treatment Period	90 Days (03 Months)	-	-

Current status: Completed

S.No.	Name of the participating centre	Total Target	Total No. of participants enrolled	No. of participants successfully completed	No. of drop out participants
1.	CBPACS- New Delhi	120	120	118	02
2.	MSM Khanpur, Sonipat	120	120	117	03
3.	RGGPGAC & H, Paprola	120	120	119	01
4.	SAMC & H, Indore	120	120	117	03
Total		**480**	**480**	**471**	**09**

Date of Completion: 26.10.2025

S.No.	Name of the participating centre	Date of Last Follow-up
1.	CBPACS- New Delhi	22.07.2025
2.	MSM Khanpur, Sonipat	25.07.2025
3.	RGGPGAC & H, Paprola	22.07.2025
4.	SAMC & H, Indore	17.07.2025

Any relevant information: Patient enrollment and follow-up were completed in July 2025. The electronic case record forms (e-CRFs) and all relevant study data have been shared with the headquarters. The draft manuscript has also been submitted to the headquarters for review on 17.01.2026.

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A5.)Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study

Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study

Objectives:

Primary objective: To compare the clinical efficacy of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care versus standard care alone in patients of stable coronary artery disease

Secondary Objective: To assess the safety of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care in patients of stable coronary artery disease

Study Design:

Study Type	:	Interventional
Purpose	:	Therapeutic
Masking	:	Double Blind
Control	:	Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	2 Groups

Sample Size **:** 100 (50 per group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:
Approved in 2nd PEMC held on 13th & 14th September 2022 as per Council's Sanction Order No. F.No.HQ-PROJ011/128/2022-PROJ, Office Order No.834/2022-23 dated 21st Nov 2022
Revised sanction Order:
F.No.HQ-PROJ011/128/2022-PROJ/3276 dated 21st Aug 2024

Duration of Study: 3 years

Interventions details as mentioned below:
Group-I: Standard Care for CAD with Ayurvedic interventions as per the Current ACC AHA guidelines

- **Pushkar Guggulu**

Dose	1gm.
Dosage form	Capsule (500 mg each)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30capsules
Duration of therapy	6months

- **Haritaki Churna**

Dose	500 mg
Dosage form	Tablet (each containing 500 mg extract)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30 tablets
Duration of therapy	6 months

Group-II: Standard Care for CAD management as per the Current ACC AHA guidelines

Matching Placebo of Pushkar Guggulu

Dose	1gm
Dosage form	Capsule (500 mg each)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30capsules
Duration of therapy	6 months

Matching Placebo of Haritaki Churna

Dose	500mg
Dosage form	Tablet
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30tablets
Duration of therapy	6months

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Department of Cardiology, Safdarjung hospital, Ansari nagar East, New Delhi-29	Dr. Anunay Gupta Associate Professor, Dept. of Cardiology, VMMC and Safdarjung Hospital, New Delhi
2.	CARI, Road no.66, Punjabi Bagh, New Delhi-26	Dr. Sakshi Sharma R.O (Ay.), CARI, New Delhi

Date of IEC approval: IEC/VMMC/SJH/Project/2023-08/CC-396 dated 04/12/2023

CTRI Registration/Reference (for clinical trials): CTRI/2024/02/062553 prospectively registered on dated 12.02.2024

Date of initiation:

S.No.	Name of the participating centre	Date of initiation
1.	Department of cardiology VMMC & Safdarjung Hospital, Ansari nagar, East New Delhi	27/03/2024

Budget allocated: Rs. 61,24,600/-
Revised Budget: Rs.64,08,800/- (Rs. 2,84,200/- for revised salary of SRF)

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	Rs.22,50,000/-	F.No.HQ-PROJ011/128/2022-PROJ.O.O No. 834/2022-23	21/11/2022	03/12/2022
2.	Rs.2,78,350/-	F.No. HQ-PROJ011/128/2022-PROJ/893	16/05/2023	14/06/2023
3.	Rs.4,08,500/-	F.No. HQ-PROJ011/128/2022-PROJ/3276	21/08/2024	13/09/2024
4.	Rs.1,30,000/-	F.No. HQ-PROJ011/128/2022-PROJ/6718	29/01/2025	06/02/2025
5.	Rs.17,60,200/- 2nd installment of SJH	F.No. HQ-PROJ011/128/2022-PROJ/6384	28/11/25	5/12/2025 Release to SJH 16/01/26
6.	Rs.52,000/-	F.No. HQ-PROJ011/128/2022-PROJ/8775	24/02/26	2/03/26

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	100	3 years	Continue	NA

Current status:

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of participants enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1.	Department of cardiology VMMC & Safdarjung Hospital, Ansari nagar, East New Delhi	100	81	80	21	46	Ongoing

Summary of project: Project has been initiated on 27th march 2024. Project sample size is 100 divided in two groups having 50 patients in each group to assess the clinical efficacy and safety of Pushkar Guggulu & Haritaki Churna as an add on therapy along with standard care for the management of the stable coronary artery disease and to observe the changes in Canadian cardiovascular society angina grading scale, Seattle angina questionnaire, grading of exercise stress test , health related Quality of life SF-12 heart QOL EQ 5D, changes in IL-6, Sr. Pro-BNP, effect on lipid profile and blood pressure, ECG & reduction in dose pattern. Patients of CAD are being enrolled after screening following inclusion and exclusion criteria and investigations as per protocol. Group I patients are administered standard care along with Ayurvedic intervention (Pushkar Guggulu & Haritaki Churna) and Group II patients are administered with standard care with matching placebo of Ayurvedic intervention (Pushkar Guggulu & Haritaki Churna). The assessment of the patients is done during selection at 31st day, 61st day, 91st day, 121st day, 151st day and 181st day. During treatment, CBC, LFT, KFT will be done at 90th day also.

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A6.) "An exploratory series of N of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community-based study"

1. **Objectives :**

   Primary objective: To assess the impact of Ayurveda regimen on quality of life among elderly population in the community of Ballabhgarh District of Haryana.

   Secondary objective(s): To assess the impact of Ayurveda regimen on various haematological and biochemical, radiological parameters among elderly population in the community of Ballabhgarh District of Haryana.To assess the impact of Ayurveda regimen on health status of elderly population in the community of Ballabhgarh District of Haryana

2. **Study Design :**

Study Type	**:**	Series of N of 1 responder restricted design
Purpose	**:**	Impact assessment on quality of life in geriatric population
Masking		Open-labellled
Control	**:**	Participant themselves will serve as controls as it will be N of 1 trial
Timing	**:**	Prospective
No. of Groups	**:**	Treatment plan (3 nos. of 2 months each) will be randomized for the administration among geriatric participants (respondents) of 6 months.
Sample size	**:**	400 for screening and 120 for respondents

3. **Saction order along with date:** CCRAS Hqrs office order no.1469/2022-23 dated: 23.03.2023 & F.No.HQ-PROJ011/168/2022-PROJ.
4. **Duration of Study: 30 months.**
5. **Interventions Deails as mentioned below :It is a regimen base treatment for run in period and the main trial.**

The regimen in run-in period will comprise of

- Ayush rasayana A for the period of six days,
- Ayush rasyana B for 84 days
- Lakshaguggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal (from 7th day onwards for a period of 70 days).
- Ksheer bala -101 softule 2 ml for 70 days
- Basti regimen: 14 day in first month regimen in a dose of 60 ml Ksheer bala oil
  It will be accompanied by 1 week break in intervention

The regimen of 180 days will comprise of-

- Ayush rasayana B for 180 days
- Laksha guggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal for a period of 159 days
- Ksheer bala -101 softule 2 ml for 159 days
- Basti regimen: 7 day regimen in a dose of 60 ml Ksheer bala oil bimonthly
- Basti regimen: 14 day regimen in a dose of 60 ml Ksheer bala oil bimonthly

**Based on the outcomes obtained in run-in-period, the treatment plan may be modified if required with due permission of ethics committee.*

6. **Participating centre along with PI & Co-I :**

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	Comprehensive Rural Health Services Project, Ballabhgarh National Highway, 2, Mathura Rd, Ballabhgarh, Faridabad, Haryana - 121004 under AIIMS, New Delhi	**Dr. Puneet Misra** Designation: Professor Department: Centre for Community Medicine Institute Name: All India Institute of Medical Sciences, New Delhi. Address: Room No- 30, Centre for Community Medicine, AIIMS, New Delhi. Telephone: 011-26593773 E-mail: doctormisra@gmail.com	**1. Dr. Sanjay K. Rai,** Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi. 2. **Dr. Gautam Sharma,** Professor, Department of Cardiology, All India Institute of Medical Sciences, New Delhi. 3.**Dr. Harshal Salve**, Additional Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi.
2	**C.C.R.A.S. C.A.R.I., NEW DELHI.**		**1. Dr. Anagha Ranade** Research Officer (Ay.) Central Council for Research in Ayurvedic Sciences, Institutional Area, Opposite D-block, JanakPuri, New Delhi-110058 **2. Dr. Babita Yadav,** Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 **3. Dr. Kishor Patel** Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 7405403106 E- mail : kishoreworld007@gmail.com

7. **Date of IEC approval:**

   Ethical clearance was obtained for this project in ethics committee of AIIMS, New Delhi AIIMS, New Delhi- IEC-867/04.11.2022, dated 07.11.2022.

8. **CTRI Registration/Reference (for clinical trials) :** The project has been registered in CTRI-REF/2022/11/060231.

9. **Date of initiation :** 12.02.2025.

10. **Budget allocated: Rs. 3,96,57,500/-**

11. **Installment wise release- For F.Y.2025-26.**

Installment	Amount	Sanctioned order	Date
1.	Rs.1,50,000/- CARI	F.No.HQ-PROJ011/168/2022-PROJ/5567	30.10.2025

12. **Chronological timeline & deliverables**

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Preparatory Phase 1. Development and printing CRFs: 2. Approval of Institutional ethics committee, CTRI 3. Procurement of medicines along with certificate of analysis:	6 months	Achieved	--
2.	Trial Period	21 months	Initiated	--
3.	Statistical Analysis & submission of final report:	1month	--	--

13. **Current status for run in period**

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
12.02.2025	400	140	174	127	29	18	00

14 **Current status for main trial period**

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
12.02.2025	120	00	107	41	8	58	04

Targets is 120 and we are getting the good number oof respondants from runin period as 127 has already completed the same.

1. **Summary of project:**

This community based collaborative research study is being conducted between AIIMS, New Delhi and CARI, New Delhi. After , a feasibility survey , the apparently healthy participants among geriatric population near Primary Healthcare Centre of dayalpur and the villages surrounding it are being identified. Awareness camps and meetings with sarpanch and other village authorities will be undertaken for sensitizing people about the need of the study and their co-operation for the same. This clinical study comprises of assessment of efficacy of Rasayana. The study is carried out in apparently healthy elderly of age 60 years or more after obtaining their consent. The screening is carried out based on the inclusion criteria in the community of Ballabhgarh District of Haryana. The study is on N of 1 and responder restricted design. Participants from Ballabhgarh district identified using cluster sampling technique. The enrolled participants are administered the treatment modality for a run-in period of three months following which they are divided into responders and non-responders. Only responders are recruited for the actual interventional study. Further, the treatments is randomized for each of the participants being n of 1 trial. Till date out of the 120 sample size ,107 participants are already enrolled .

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A7.) Randomized controlled trial of "*Anshumati Ksheer Paka"* in hypertension induced left ventricular hypertrophy

1. Objectives:
a. Primary: Efficacy of "*Anshumati Ksheer Paka"* in hypertension induced left ventricular hypertrophy.
b. Secondary: Safety of "*Anshumati Ksheer Paka"* in hypertension induced left ventricular hypertrophy. .

2. Study Design : Randomized open-label standard control clinical trial
Study Type : Randomized clinical trial
Purpose : safety and efficacy
Masking : Open label

Control : Control (Standard Care)
Timing : Prospective, 3 year study
End Point : Efficacy
No. of Groups : Two

3. Sample Size : 110 (55 patients in each group)

4. Duration of Study : Three years

5. Drug Interventions as mentioned below:

Group I Standard and add on Ayurveda medicines

Anti hypertensive therapy, medications used to treat are Angiotensin-converting enzyme inhibitors (ACE inhibitors), Angiotensin II receptor blockers (ARB's), Beta blockers, Calcium channel Blockers (CCB) and diuretics.

Ayurvedic Intervention

Anshumati: *Desmodium Gangeticum*, Ksheerpaka (Medicated Milk Preparation)
Dose: 80 ml twice daily
Route of administration: Oral
Time of administration: Before food
Anupana: NA
Duration of therapy: 6 month

Group- II only Standard Care as Anti hypertensive therapy, medications used to treat are Angiotensin-converting enzyme inhibitors (ACE inhibitors), Angiotensin II receptor blockers (ARB's), Beta blockers, Calcium channel Blockers (CCB) and diuretics.

Follow Up:After every 1 month i.e. on day 30, day 60, day 90, day 120, day 150 and day 180.

6. Date of Sanction: 25 June, 2024

7. Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Department of Cardiology, Superspeciality Block, VMMC and Safdarjung Hospital, New Delhi**,** India.	1.Dr. Puneet Gupta Associate Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi 2.Dr. Neha Dubey R.O. (Ay) CARI, New Delhi CCRAS, HQ	Name: Dr. Anunay Gupta Associate Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi Dr. Rajput Shivshankar, Research Officer (Ayurveda) ATC, Safdarjung Hospital, New Delhi Dr. Babita Yadav R.O. (Ay.) CARI New Delhi Dr. Kalpana Kachare, R.O. (Ay), CCRAS, HQ , New Delhi
2.	Central Ayurveda Research Institute, New Delhi	-	

8. Date of IEC approval:

S. No.	Name of the Participating Centre	Date of IEC approval
1.	VMMC and Safdarjung Hospital, New Delhi,	IEC/VMMC/SJH/Project/2023-09/CC-418 Dated on 05.02.2024

9. CTRI Registration : CTRI/2024/03/064352 Dated 18/03/2024

10. **Date of Initiation** : 13/09/2024

S. No.	Name of the participating center	Date of initiation*
1	Department of Cardiology, Superspeciality Block, VMMC and Safdarjung Hospital, New Delhi, India	13/09/2024

11. Budget allocated

Total Budget sanctioned		Safdarjung hospital	CARI Delhi
	Rs 83,95,880/-	Rs 70,20,880/-	Rs 13,75,000/-

12. **Installment wise release:**

S.No.	Installment	Safdarjung hospital	CARI Delhi	Sanctioned order	Date	Date of receipt of fund
1.	1st installment- Rs 21,61,676/-	Rs 15,11,676/-	Rs 6,50,000/-	F.N.HQ-PROJ011/113/2023-PROJ/270	25-06-2024	09-10-2024
2.	2nd installment- Rs. 32,72,852/-	Rs. 30,22,852/-	Rs. 2,50,000/-	F.N.HQ-PROJ011/113/2023-PROJ/3746	28-08-2025	

13. Chronological timeline & deliverables

S.No.	Target For		Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Preparatory Phase		6 months	Achieved	-
2.	Recruitment Phase		24 months	Ongoing	-
3.	Treatment Period		6 months	Ongoing	-
4.	Statistical Analysis, preparation of Report and publication of research article		6 months	-	-

14. Current Status

S. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	Safdarjung Hospital, New Delhi	**95**	**57**	**03**	**35**

Any relevant information: NA

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A8.) Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single arm multi centric study. (CCL0090)

Objectives:

Primary objective: To evaluate the effectiveness of Ayush Osto in Bone mineral density of post-menopausal women with osteopenia

Secondary Objective(s): To assess the safety and tolerability of Ayush Osto in Postmenopausal women with osteopenia.To assess the treatment adherence to Ayush Osto in post-menopausal women with osteopenia

Study Design:

Study Type : Open label, interventional, multicenter, single armed, prospective study

Purpose : Effectiveness, Safety and Tolerability

Masking : No

Control : No (Single arm)

Timing : Prospective

End Point : Effectiveness, Safety and Tolerability after 6 months

No. of groups : 01

Sample Size : 110 (55 for each centre)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

Duration of Study : 2 years

Interventions: **Tablet Ayush Osto**

- Dose: 2 tablets (500 mg each) twice daily
- Dosage form: tablets (500 mg)
- Route of administration: Oral
- Time of administration: Before food
- Anupana: Lukewarm water
- Packing form: 120 tablets in a pet jar
- Total Duration of therapy: 180 days

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI	Name of CoI
1	Central Ayurveda Research Institute, New Delhi	Dr. Babita Yadav	Dr. Renu Rani
2	All India Institute of Ayurveda, New Delhi	Dr. Meenakshi Pandey	Dr. Sandeep Singh Tiwari
3	Parul Institute of Ayurved and Research, Vadodara, Gujarat	Dr Divya B	Dr Anagha Mathad

Date of IEC approval:

- All India Institute of Ayurveda, New Delhi: 26/12/2024
- Parul Institute of Ayurved and Research, Vadodara, Gujarat: 12/02/2025

CTRI Registration/Reference (for clinical trials): 21/04/2025

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	All India Institute of Ayurveda, New Delhi	Not yet Initiated
2.	Parul Institute of Ayurved and Research, Vadodara, Gujarat	Not yet Initiated

Budget allocated: 88,06,400/-

S.No.	Name of the participating centre	Budget allocated
1.	Central Ayurveda Research Institute, New Delhi	30,10,400/-
2.	All India Institute of Ayurveda, New Delhi	29,50,920/-
3.	Parul Institute of Ayurved and Research, Vadodara, Gujarat	28,45,080/-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st- 28,20,000/-	HQ-PROJ011/110/2024-PROJ/1228	07/02/2025	21/2/25
2.	2nd- 3,00,000/-	HQ-PROJ011/110/2024-PROJ/8123	05/02/2026	13/2/26

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre-trial preparations: Procurement of drugs and equipment, engagement of staff, preparation of CRFs, Institution ethical clearance, arrangement for laboratory investigations, publicity	3 months	Done	Due to change in the PI at AIIA, New Delhi & Delay in the drug procurement.
2.	Recruitment of the subject and data collection	4-21 months	Yet to be Started	
3.	Data compilation, analysis, and publication	22-24 months	After Completion of Recruitment data will be shared with headquarters	

Current status: Yet to be initiated after getting the Participants Insurance coveragefor the trial **.**
Any relevant information:CCRAS identified agency is being conitiously being contacted for getting

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A9.) Effect of Seasonal Emesis (Vasanthik Vamana) on Metabolic, Inflammatory, and Microbiome Markers in Apparently Healthy Adults – An Exploratory Randomized Controlled Study. (PROJECT Code- CCL0106)

Objectives:

Primary Objective:

To assess the effect of administration of therapeutic emesis (Vasanthik Vamana) in apparently healthy individuals on gut microbiome composition and Gut microbiota-derived metabolites.

Secondary Objectives(s): To assess the effect of administration of emesis **(** Vasantik Vamana**)** on metabolic profile in apparently healthy individuals. To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on urine microbiome of healthy adult individuals. To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** on nutritional profile in apparently healthy individuals. To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on gut microbiome composition and its metabolic products.To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on oral microbiome composition and also to assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on inflammatory markers

Study Design:

Study Type	: Interventional
Purpose	: Effect of Vamana in Gut & Oral Microbiota
Masking	: NA
Control	: Yes
Timing	: Prospective
End Point	: Change in Gut & Oral Microbiota from baseline to Follow-up
No. of groups	: 2

Sample Size **:** 40

Approval of IMR-PEMC,along with date: F.No/HQADMN018/40/2022-ADMN/2204 dated 10.07.2025

Duration of Study: 1 year

Interventions:

Group-I : ***Purvakarma, Vamana, Samsarjana***

- Deepana Pachana**:** for 3 days **:** *Chitrakadi* Vati 2 tab bd
- Snehana with Go ghrita – 3 to 7 days till obtaining *Samyaka Snehana*
- Abhyanga & Swedan**-** Tila Taila ***** 1 day
- Vamana with Madanaphala**-** Vacha**-**Saindhava**-** Honey Mix, followed by repeated use of Milk /Madhuyasti Kwatha/ Saindhavodaka **)**
- Paschat Karma**:** Dhooma pana with Haridra Dhuma
- Samsarjana Karma_ Specific diet for 3 to 7 days depending upon the *Suddhi* obtained

Group-II : Control Group: No intervention

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI	Name of Co-PI/CoI
1.	CARI, New Delhi	Dr. Babita Yadav	Dr. Shaizi Layeeq Dr. Renu Rani
2.	Jawahar Lal Nehru University	Prof. Dr. Arun Kharat	-
	A & U Tibbia College & Hospital, New Delhi	Prof. Dr Manoj Shamkuwar	Dr. Nitin Jindal

Date of IEC approval: 28/03/2026

CTRI Registration/Reference (for clinical trials) : REF/2026/03/128236

Date of initiation: To be initiated

Budget allocated:

- **CARI, New Delhi- 35,46,800/-**

- **JNU, New Delhi- 60,00,156/-**

Installment wise release:

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	62,20,000/-	HQ-PROJ011/130/2025-PROJ/9348	05.03.2026	07.03.2026

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	**Preparatory Period** (Recruitment of project personnel, IEC approval, Preparation of CRF & e-Format, Training of personnel, Procurement of Medicines).	3 Months	Partially achieved	CRF review under process at CCRAS Hqrs, CTRI approval awaited
2.	**Recruitment & Enrollment period**	2 Months	Yet to be initiated	
3.	**Follow Up Period**	6 Months	--	
4.	**Statistical Analysis & Publication.**	1 Months	--	

Current status: Yet to initiate
Any relevant information: Nil

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A 10.) Effectiveness of Punarnavadi Maṇḍūra in the management of Anaemia in older adults: A Community-Based Study.

Objectives:
Primary Objective: To estimate the proportion of older adults (≥60 years) with mild to moderate anaemia achieving haemoglobin normalization after treatment with Punarnavadi Maṇḍūra

Secondary Objectives: To assess the effect of Punarnavadi Maṇḍūra on haematological indices, iron-related biochemical parameters (serum ferritin, transferrin), and high-sensitivity C-reactive protein in older adults with anaemia. To evaluate the safety of Punarnavadi Maṇḍūra through liver function tests, kidney function tests, estimated glomerular filtration rate (eGFR), and urine albumin–creatinine ratio (uACR) in older adults with anaemia. To know the response rate, in terms of mean change in haemoglobin of the study participants upon administration of Punarnavadi Maṇḍūra To assess the effect of Punarnavadi Maṇḍūra on the health-related quality of life of older adults with anaemia. To assess the effect of Punarnavadi Maṇḍūra on symptoms of anaemia (viz., fatigue severity, loss of appetite, breathlessness on exertion, dizziness, palpitations, generalized weakness and pallor) among older adults.To assess the effect of Punarnavādi Maṇḍūra administration on the mobility and functional status

of the study participants and to evaluate acceptability, adherence, and user experience of the intervention in the community setting using a structured questionnaire and brief qualitative interviews

Study Design:

Study Type : Community based, Pre-test Post-test
Purpose : Interventional
Masking : NA
Control : None
Timing : Prospective
End Point : Effectiveness
No. of groups : 1

Sample Size **:** 2350 (at 9 collaborative site), CCRAS-CARI, New Delhi-250

Approval of IMR-PEMC,along with date: F.No/HQADMN018/40/2022-ADMN/8769 dated 23.02.2026

Duration of Study: 18 months

Interventions:

Name: Punarnavadi Maṇḍūra
Dosage form: Tablet Dose: 500 mg twice daily for 3 months post-meal
Frequency: Twice daily
Anupana: Water
Duration of therapy: 12 weeks

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI	Name of Co-PI/CoI
1.	CARI, New Delhi	Dr. Saroj Devi, R.O. (Ay.)	Dr. Shaizi Layeeq Dr. Aishwarya K.
		Co-PI for coordination- Dr. Babita Yadav, R.O. (Ay.)	Co-I for coordination Dr. Renu Rani
2.	CARI Guwahati	Dr. Jeuti Rani Das, RO (Ay.)	Dr. Prem Lal Bharati Dr. Girindra Kumar Bora
3.	RARI Nagpur	Dr. Vilas Gangurde, RO (Ay.)	Dr. Vanmala Wakode Dr. Sumedh Paikrao
4.	RARI Jaipur	Dr. Kishor A. Gavali	Dr. Avinash Kumar Jain Dr. Monika Kumari
5.	CBPACS, New Delhi	Dr. Yogesh Kumar Pandey	Dr Subhash Sahu Dr. Pankaj Katara
6.	GAC, Paprola	Prof. Dr. Vijay Chaudhary	Dr. Manik Soni Dr. Priyanka Bharadwaj
7.	GAC, Rewa	Prof. Dr. Deepak Kulshreshtha	Dr. Jinesh Jain Dr. Muraree Girare
8.	GAC, Nagpur	Dr. Amit Nakanekar	Prof. Dr. Dhananjay Vitthal Hange Dr. Manjiri Vaibhav Bhende
9.	NEIAH, Shillong	Prof. Dr. Vijay Kumar	Dr. Bishnu Choudhury Dr. Rehana Parveen

Date of IEC approval: In progress
CTRI Registration/Reference (for clinical trials) : yet to be initiated

Date of initiation: To be initiated

Budget allocated: HQ-PROJ011/3/2026-PROJ/1710 dated 17.03.2026

S.No.	Name of the participating centre	Total Budget	1st instalment released
1.	CARI, New Delhi	68,76,108/-	-
2.	CARI Guwahati	49,86,500/-	-
3.	RARI Nagpur	49,86,500/-	-
4.	MSRARI Jaipur	53,23,240/-	-
5.	CBPACS, New Delhi	54,74,440/-	20,82,176/-
6.	GAC, Paprola	35,16,960/-	13,94,784/-
7.	GAC, Rewa	53,23,240/-	20,31,776/-
8.	GAC, Nagpur	53,23,240/-	20,31,776/-
9.	NEIAH, Shillong	35,92,560/-	14,19,984/-
	Total	4,54,02,788/-	89,60,496/-

Installment wise release:

S.No.	Installment (INR)	Sanctioned order	Date	Date of receipt of fund
1.	89,60,496	HQ-PROJ011/3/2026-PROJ/1710 dated 17.03.2026	17.03.2026	20.03.2026

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	**Preparatory Period** (Recruitment of project personnel, IEC approval, Preparation of CRF & e-Format, Training of personnel, Procurement of Medicines).	3 Months	Partially achieved	CRF review under process at CCRAS Hqrs, CEC suggestions incorporated, sanction order issued
2.	**Recruitment & Enrollment period**	12 Months	Yet to be initiated	
3.	**Post-trial activities:**	03 Months	--	

Current Status: Yet to initiate
Any relevant information: Nil

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PART (B) INTRA MURAL RESEARCH PROJECTS

B1.) Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial. (Project code – ICL0226)

Objectives:

- **Primary Objective:** To assess the therapeutic efficacy of Ayurvedic management on irregular menstrualcycles/ Anovulation and Hirsutism in PCOS.
- **Secondary Objective:** To assess the therapeutic efficacy of Ayurvedic management on acne, acanthosis nigricans, and BMI.

Study Design :- Randomized open-label standard control clinical trial

Study Type	**:**	Interventional
Purpose	**:**	Treatment
Masking	**:**	open-label
Control	**:**	Controlled
Timings	**:**	Prospective
End Point	**:**	Efficacy & Safety
No. of Groups	**:**	Two
Sample Size	**:**	180 (90 patients in each group)
Approval of IMR-PEMC	**:**	F.No.HQ-PROJ011/32/2022-PROJ O.O NO-392/2022-23 dated 15.07.2022
Duration of Study	**:**	Three years

Interventions:

Group A: i) *Virechana* therapy (Charak Sutra ch.15/17-18)

S.No	Procedure	Drug & dose	Duration
1	*Deepana – Pachana*	***Trikatu Churna*** – 6 gm. (AFI Part 1,part a,pg. no.322) BD before meal with warm water	3 to 5 days
2	*Snehapana*	***Go- Ghrita*** (30 ml to 250 ml; according to *Koshtha* of participant)	3 to 5 days
3	*Abhyanga & Swedana*	***Bala Taila*** (AFI Part 1, part a, pg. no. 413), *Sarvanga Bashpa swedana*	1 to 3 days
4	*Virechana Karma*	***Trivrit Avaleha****(AH.K. 2/9-10)* [*Trivrit* (*Operculina turpenthum* Linn.), *Tamalpatra* (*Cinnamomum tamala* Nees and Eberm.), *Twak* (*Cinnamomum zeylanicum* Breyn.), *Ela* (*Elettaria cadamomum* Maton.),Honey, Sugar. 60 to 100gm (as per the *Koshtha*)	Single dose
5	*Samsarjana Karma* (Ch. Su. 15/16)	Diet as per *Shuddhi* given below:	3 to 7 days

ii) Ayush-SSM (Stanya Shodhana Mahakashaya) **(Ch. Su. 4/18)**

- **Dose:** 2 tablets of 500 mg twice a day
- **Dosage form:** *Ghanavati*
- **Route of administration:** Oral
- **Time of administration:** Twice daily before meals
- ***Anupana*:** Luke warm water
- **Packing form:** **500 mg** tablets
- **Duration of therapy:** 180 Days

Group B: (Standard control)

Tablet Metformin: Dose & duration

500 mg Once a day-1st week (1-7 days) 500 mg

Twice a day-2nd week (8-14 days)

500 mg Thrice a day-3rd week (15-20 days)

850mg twice a day till 6 months (21 day-200th day)

- **Dosage form:** Tablet
- **Route of administration:** Oral
- **Anupana:** water
- **Packing form:** 500 mg and 850 mg tablets
- **Duration of therapy:** 200 days

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	CRU, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1.Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval : F.No. 1-12/2020-CARICD/Tech/IEC dated 04.05.2022

CTRI Registration : CTRI/2022/09/045478 [Registered on: 13/09/2022]

Date of Initiation

S. No.	Name of the participating center	Date of initiation*
1	CRU, Safdarjung Hospital, New Delhi, India.	17.05.2023

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Budget allocated : 64,85,900/-

Installment wise release :

S.No	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1st installment-50,000/-	F.No.HQ-PROJ011/32/2022-PROJ O.O NO- 392/2022-23	15.07.2022	26.8.2022
2	2nd Installment-14,38,500/-	F.NO-HQ-PROJ011/32/2022-PROJ/4250	04.11.2022	17.11.2022
3.	3rd Installment-6,28,285/-	F.NO.-HQ-PROJ011/32/2022-1249	30.05.2023	05.06.2023
4.	4th Installment-12,20,355/-	F.NO-PROJ011/32/2022-PROJ/4046	14.09.2023	25.10.2023
5.	5th Installment-15,85,000/-	F.NO-PROJ011/32/2022-PROJ/815	13.05.2024	27.05.2024
6.	6th Installment-6,00,000/-	F.NO-PROJ011/32/2022-PROJ/5038	13.11.2024	11.02.2025
7.	7th Installment-5,50,000/-	F.NO-PROJ011/32/2022-PROJ/576	28.04.2025	

Chronological timeline & deliverables

Total Study Period : 36 Months

S.N	Target For	Timeline	Achieved/Not Achieved	Causes of deviation, if any
1.	The period required for Pretrial preparation (after sanction of the project to the PI), Development, and printing CRFs:	5 months	Achieved	-
2.	Trial drug procurement and Subject Recruitment	5-27 months	Achieved	-
3.	Treatment Period	6 months	Completed	
4.	Data verification, Statistical Analysis & Report preparation:	2 months	-	-

Current Status: **Completed**

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	CRU, Safdarjung Hospital, New Delhi, India.	180	158	22	00

Summary of Project: The project has been initiated on 17th May 2023 at CRU (Ay.) VMMC & Safdarjung Hospital, New Delhi. It is an open-label control trial. Project sample size is 180 divided in two groups through a randomization chart to evaluate the effect of tablet AYUSH-SSM after *Virechan* therapy in comparison to tablet Metformin. Patients are being enrolled after screening and investigations as per protocol i.e., General Investigations, Hormonal assay, Urine R/M, Viral markers and USG (TAS/TVS) following inclusion and exclusion criteria The enrolled participants will receive in group A (*Virechan* therapy and AYUSH-SSM tablet) and group B (Tablet Metformin) for 200 days. The effect of therapy will be assessed by Rotterdam criteria 2003**,** Ferrimann – Gallwey Score and Global Acne Grading System (GAGS). The assessment of the patients from both groups is done at Screening, Baseline, 20th day, 50th day, 80th day, 110th day, 140th day 170th day and 200th day. During treatment, investigations are done at Screening and on 200th day.

Relevant information, if any – NA

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B2.) Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial

Objectives:

Primary objective:
To determine the efficacy of Yashtimadhu Ghrita anal infiltration on healing of anal fissure in comparison with 2% Diltiazem topical application

Secondary objective:
- To determine the efficacy of Yashtimadhu Ghrita anal infiltration on reduction of pain & bleeding in comparison with 2% Diltiazem topical application.
- To determine the efficacy of Yashtimadhu Ghrita anal infiltration in prevention of recurrence of anal fissure in comparison with 2 % Diltiazem topical application.
- To assess the safety of Yashtimadhu Ghrita anal infiltration in comparison with 2% Diltiazem topical application

Study design with detail methodology:

- **Study Type** : Randomized controlled clinical trial

- **Control** : Yes
- **Timing** : Prospective
- **No: of groups** : Two
- **Sample size** : 100 (50 in each group).
- **Blinding** : Open Label study
- **Study setting** **:** OPD

Approval of IMR-PEMC along with date File No.HQ-PROJ011/91/2023-PROJ/1410 Dated: 16.03.2023

Duration of study **:** 2 Years 6 Months 19days

Date of IEC approval **:** 12.04.2023

CTRI Registration no **:** CTRI/2023/05/052302

Date of initiation **:** 14.12.2023

Name of participating centre **:** Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi

Total Budget allocated in CARI New Delhi (total): 21,96,800/- office order no. 1410/2022-2023

Instalment release

S.No.	Installment	Sanctioned order	Date
1.	6,50,000/-	HQ-PROJ011/91/2023-PROJ/1409	06.06.2023
2.	81,900/-	HQ-PROJ011/91/2023-PROJ/7305	30.01.2024
3.	10,00,000	F.No.HQ-PROJ011/91/2023-PROJ /444	29.04.2024
4.	4,64,900/-	HQ-PROJ011/91/2023-PROJ/769	06.05.2025

Chronological timeline & deliverables

S.No.	Target for	Time line	Achieved/ Not Achieved	Cause of deviation
1	Preparatory period	3 months	Achieved	NA
2	Recruitment of patients	15 months	Completed	NA
3	Statistical analysis	1 month	Analysed	NA

CURRENT STATUS:

- Study Completed and Target achieved. UC is settled, the protocol article is published, and the original research article is submitted to Surgery Open Sciences, an Elsevier publication, and is under review.

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B3.) "Efficacy and safety of AYUSH SR tablet in the management of stress among university students –A double-blind randomized placebo-controlled study"

Objectives:

- **Primary objective:** To assess the clinical efficacy of AYUSH-SR in the management of stress among university Student
- **Secondary Objective:** To assess the clinical safety of AYUSH-SR in the management of stress among university Student.

Study Design:

Study Type	:	Interventional - Clinical Trial
Purpose	:	Treatment
Masking	:	Double blind
Control	:	Placebo Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	Two (1:1)
Sample Size	**:**	70 (35 in each Group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved in 6th Meeting of Project Evaluation Monitoring Committee (PEMC) held on 12th July, 2023

Duration of Study : Two year
Interventions details as mentioned below:

Group-I AYUSH-SR Tablet /Placebo

Drug References	: Coded Drug
Dose	: 1 gm (500 mg X 2) tab b i d
Dosage form	: Tablet
Route of Administration	: Oral
Time of Administration	: Twice a day after food
Anupana	: water

Duration of therapy : 90 days

Group-II AYUSH-SR Tablet /Placebo

Drug References : Coded Drug
Dose : 1 gm (500 mg X 2) tab b i d
Dosage form : Tablet
Route of Administration : Oral
Time of Administration : Twice a day after food
Anupana : water
Duration of therapy : 90 days

Participating centre along with PI: IMR project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)

Date of IEC approval: 29/11/2023

CTRI Registration/Reference (for clinical trials): CTRI/2024/01/060996

Date of initiation: 11.03.2024

S.No.	Name of the participating centre	Date of initiation*
1.	Study site- CCRAS JNU Ayurveda Treatment and Research Facility, JNU Health Centre Under CARI, New Delhi	11.03.2024

Revised Budget allocated: 22,46,400/- **(for two years**) vide order No. 448/2023-24, **(**File No. HQ-PROJ 011/207/2023-proj/4563, dated 10.08.2023**)** and F.No. HQ-PROJ011/207/2023-PROJ/1537 Dated 13.06.2024

Installment-wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	**6,44,700** Ist Installment 2023-24	File No. HQ-PROJ 011/207/2023-proj/4563	05/10/2023	25/10/2023
2.	**2,57,860** 1st Installment 2024-25	F.N.HQPROJ011/207/2023-PROJ/488	11/05/2024	15/05/2024
3.	**2,36,752** 2nd Installment 2024-25	F.N.HQPROJ011/207/2023-PROJ/3042	08/08/2024	17/09/2024
4.	**2,07,486** 3rd Installment 2024-25	F.No.HQ-PROJ011/207/2023-PROJ/5385	29.11.2024	11.02.2025

5.	**2,61,555** 4th Installment 2024-25	F.N. HQ-PROJ011/207/2023-PROJ/672	29.01.2025	17.02.2025
6.	**2,78,400** Ist Installment 2025-26	(F.N.HQ PROJ011/207/2023-PROJ/796)	07.05.2025	29.05.2025
7.	**2,02,722** 2nd Installment 2025-26	(F.N.HQ-PROJ011/207/2023-PROJ/2803)	30.07.2025	09.10.2025
8.	**1,88,795** 3rd Installment 2025-26	(F.N. HQ-PROJ011/207/2023-PROJ/7149)	05.01.2026	15.01.2026
9.	**56452** 4th Installment 2025-26	(F.N. HQ-PROJ011/207/2023-PROJ/8559)	13.02.2026	21.02.2026

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Period required for pre-study preparations like staff recruitment, procurement of the trial drugs, etc	04 months	Achieved	nil
2.	Period needed for enrolment of patients and collecting the data	17 months	Completed	Delayed, due to delay in IEC meeting
3.	Period required for analyzing the data	03 months	Ongoing	nil

Current status:

Total Screened	-86
Enrolled	-70
Completed	-62
Drop out	-8
Ongoing	-0

Any relevant information: The project has completed. Target achieved. Protocol publication under process.

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B4.) Evaluation of efficacy and safety of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avaleha in Chronic Rhinosinusitis: A Randomized Controlled Multicenter Study. (Project code – ICL0262)

Objectives:

Primary objective: To assess the efficacy of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhinosinusitis

Secondary objective: To assess the safety of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhinosinusitis.

- **Study Design** **:** RCT multi-centric controlled trial
- **Study Type** : Interventional
- **Purpose** : Treatment
- **Level of study** : OPD
- **Masking** : Open labelled
- **Timing** : Prospective
- **Control** : Controlled
- **End Point** : Efficacy and safety of Ayurveda therapeutic regimen.
- **No. of Groups** : two
- **Treatment period** : 56 days
- **Sample Size** : 160 (80 from each institute)

Approval of IMR-PEMC, Annual Action Plan, RFD, etc., along with date: Yes, it is approved by PEMC, held on 24.07.2023, and sanctioned vide Office order no-1313/2024-25 dated 04.03.2025

Duration of Study: Two years

Interventions detailes as mentioned below:

1. shadbindu Taila Marsha Nasya (6 Bindu in each nostril) -Ref.-AFI- Part I, API –Part-II, Vol. IV

Dose : 6 Bindu (3 ml) in one nostril
Dosage form : *Taila* (Medicated oil)
Route of Administration : Nasal

Time of administration : Once a day empty stomach.
Nasya to be given for 4 sittings, seven days in each, with an interval of seven days between each sitting. *Nasya* to be given in each nostril in lying down position early morning in empty stomach after taking *Sthanik Abhyanga* with *Bala Taila* (AFI part I) for 5 minutes followed by Bashpa *Sweda* for 5 minutes.
Duration of therapy : 28 days of therapy + 28 days interval =56 days
Packing : 20 plastic bottles of 10 ml (For one patient).

chitraka Haritaki Avaleha Ref.: API –Part II, Vol. I

Dose : 6 gm
Dosage form : *Avleha* (Solid Convection)
Route of Administration : Oral
Anupana : lukewarm water
Time of administration : Twice a day after food
Duration of therapy : 56 days
Packing : 8 containers of 100 gm packing. (For one patient.)

Group -2 (Control Group):As standard care as mentioned below:

INCS (Intranasal Corticosteroid): Flucticasone Furoate*

- Dose : One puffs into each nostril every 12 hours daily.
- Dosage form : Nasal spray
- Time of administration: Twice a day
- Route of administration: Nasal
- Packing form : 4 canister contains 70 metered doses
- Duration of therapy: 56 days.

Follow-up: 28 days

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	**PI**: Dr. Shweta Mata, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com 8866014946	**Co-PI** 1): Dr. Ashima Jain, MBBS, MD (Path), Research Officer (Path), CARI, New Delhi. 8971121641 **Co-I** 2): Dr. Shrawan Sahu, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi drsahu79@gmail.com 7500799915
2.	RARI, Patna	**PI**: Dr. Kumari Archana RO.(Ay.) MS (Shalakya Tantra), Ph.D.(Ayu.)	**Co-PI** :Dr. (Major) Madhukar (Scientist C), Rajendra Memorial Research Institute of Medical Sciences (RMRI), Agam Kuan, Patna madhukarcaptpatna@gmail.com

		Regional Ayurveda Research Institute, Patna-07 7046074206 archana06bly@gmail.com 6300198391 Balaji_potbhare@yahoo.com	9934064900 **Co-I**: Dr. Balaji Potbhare Research Officer (Ayu), MD Regional Ayurveda Research Institute Patna, pin code: 800007

Date of IEC approval: F.N.1-12/2020-CARI/Tech/IEC/114 dated 14.05.2025

CTRI Registration: CTRI/2025/07/091420 [Registered on: 22/07/2025]

Date of Initiation: 27.01.2026

Budget allocated: Rs. 38,24,792/-

Amount sanctioned in total (As per the sanction order)	**Rs. 38,24,792/-** F.N. HQ-PROJ011/216/2023-PROJ dated 04.03.2025 O.O. No. 313/2024-25

Installment-wise release:

S.NO.	Installment	Sanctioned Order	Date	Date of receipt of fund
1.	**Rs.4,00,000/-** 1st installment F.Y. 2025-26	F.N. HQ-PROJ011/216/2023-PROJ/988	15.05.2025	09.06.2025
2.	**Rs.7,12,146/-** Q3 F.Y. 2025-26	F.N. HQ-Proj011/216/2023-PROJ/6319	27.11.2025	05.01.2026

Chronological timeline & deliverables:

S.No.	Milestones/ Target For	Timelines	Achieved/ Not achieved	Causes of deviation, if any
1.	Preparatory period (Recruitment of project personnel, IEC approval, Preparation of CRF & e-Format, Training of personnel, Procurement of Medicines).	4 months	Achieved	Nil
2.	Study Intervention (for Participants).	84 days	Ongoing	Nil
3.	Recruitment period	15 months	Ongoing	Nil
4.	Statistical Analysis & Publication.	3 months		Nil

Current Status: Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	CARI, New Delhi	13	00	00	13
2.	RARI, Patna	35	00	03	32

Relevant information, if any: Nil

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B5) "A Clinical Consensus study for the development of Standard Operating Procedure and practice guidelines for Anjana Karma with a Feasibility study in Immature Cataract" (Project code – ICL0265)

Primary objective: Development of Standardized Operating Procedure and practice guidelines of Anjana Karma

Secondary objective: To prepare guidelines for procedure with respect to dosage form, temperature of medicine used, retention time for procedures and safety instructions

ii) Standardization of quality indicators of procedures to improve outcome.

Study Design	**:**	Open Clinical Trial – Feasibility study
Study Type	:	Interventional
Purpose	:	Standardization of dose and procedural administration of Anjana and evaluating its feasibility
Level of study	:	OPD
Masking	:	Open labelled
Timing	:	Prospective
Control	:	Non Controlled
End Point	:	Efficacy and safety of Ayurveda therapeutic regimen.
No. of Groups	:	Single
Treatment period	:	**7** days
Sample Size	:	60(30 from each institute)

Approval of IMR-PEMC, Annual Action Plan, RFD, etc., along with date: Yes, it is approved by PEMC, held on 19.11.2024, and sanctioned vide Office order no-1045/2025-26 dated 19.11.2025

- **Duration of Study:** One year
- **Drug Interventions**
- **Chandrodya Varti**
- Dose : 40 mg per application
- Dosage form : *collyrium*

- Route of Administration : External(local in eye)
- Time of administration : Once a day empty stomach.
- Duration of therapy : 7 Days

- Packing : 40 mg plastic container (For one patients.)

Follow Up:28 days

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	PI-Dr. Shrawan Sahu, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi drsahu79@gmail.com 7500799915	Co-PI: Dr. Shweta Mata, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com/8866014946
2.	RARI, Trivandrum	----	**Co-PI** : Dr. Praveen Balakrishnan MS(Ayu-Shalakya Tantra) Research Officer (Ayu), Regional Ayurveda Research Institute for life style related disorders, Poojapura, Trivandrum , pin code: 695012 drpraveenbalakrishnan @gmail.com/7012911654

Date of IEC approval: 28-01-2026(note: proposal was finally approved in this date)

CTRI Registration : CTRI/2026/03/106754 [Registered on: 23/03/2026]

Date of Initiation : 19.11.2025

Budget allocated : Rs. 9,09,200/-

Installment-wise release: 1 st Installment 2025-26 – Rs. 4,35,800/- dated 06.10.2025 file no -HQ-PROJ011/5/2025-PROJ/4816

Chronological timeline & deliverables:

Sl.No	Milestones	Timelines	Achieved/Not achieved
1	**Preparatory period** (Recruitment of project personnel,IEC approval,Preparation of CRF & e-Format,Training of personnel, Procurement of Medicines).	7 months	Ongoing
2	Study Intervention (for Participants).	7 days	
3	Recruitment period	3 months..	
4	Statistical Analysis & Publication.	2 months	

Current Status: Ongoing (Preparation of guideline is ongoing and clinical work will be initiated soon)

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B6) A Clinical Consensus study for developing the practice guidelines and Standardization of Tarpana & Putapaka with a Feasibility study in Myopia". (Project code – ICL0277)

Primary Objective: To develop standard operative procedure and practice guidelines for Tarpana & Putapaka kriyakalpa procedure

Secondary objective: To prepare guidelines for procedure with respect to dosage form, temperature of medicine used, height of administration of medicaments, retention time for procedures and safety instructions**.** Standardization of quality indicators of procedures to improve outcome **.** To assess the feasibility, accepatability and potential effectiveness of the standardized dose and procedure of Tarpana and Putapaka in selected disease condition and intervention conducted at various zones of India ie. Bengaluru, Kerala (Cheruthurthy), New Delhi and Lucknow

i.	**Study type**	Open Clinical Trial – Feasibility study / Interventional (multicentric)
ii.	**Purpose**	Standardization of dose and procedural administration of Tarpana and Putapaka and evaluating its feasibility
iii.	**Masking**	Open Label
iv.	**Control**	Not-Controlled
v.	**Timing**	Prospective
vi.	**End point**	Safety and evaluating feasibility of study intervention
vii.	**No. of groups**	Single
viii.	**Sample size**	30 in each centre **)**minimum sample size for feasibility study **(**
ix.	**Treatment period**	8 days

Approval of IMR-PEMC, Annual Action Plan, RFD, etc., along with date: Yes, it is approved by PEMC, held on 19.11.2024, and sanctioned vide Office order no-660/2025-26 dated 14.08.2025

Duration of Study: One year

Drug Interventions Mahatriphladi Ghrita

Dose : 30 ml
Dosage Form : Ghrita
Route of Administration : Topical
Time of administration : Once a day empty stomach
Duration of therapy : 8 Days
Packing : 2 bottles for one patient

S.No	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, New Bengaluru	Dr. Bhavya B.M, RO (Ayu.) (Shalakya Tantra) Mob: 9741748242 drbhavya25@gmail.com	Dr. Shubhashree M.N, R.O (Ayu.), BAMS, MD, (Dravyaguna) Mob: 9448016968 shubhathejas@gmail.com
2	National Ayurveda Research Institute for Panchakarma, Cheruthuruthy		Dr. Krishnakumar V, R.O (Ayu), BAMS, MS (Ayu), PhD (Shalakya Tantra) Mob: 7306892140 drkkempran@gmail.com
3	Central Ayurveda Research Institute, West Panjabi bagh, New Delhi, Delhi		Dr. Shweta Mata, MS, Ph.D. (Ay-Shalakya Tantra), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com 8866014946
4	Regional Ayurveda Research Institute, Lucknow		Dr. Kamble Pallavi Namdev, R.O (Ayu), M.S (Shalakya- NetraRoga) Mob: 8955325835 drpallavikamble24@gmail.com

Date of IEC approval : 15-12-2025
CTRI Registration : CTRI/2026/01/121414[Registered on: 23/01/2026]
Date of Initiation : 19.11.2025
Budget allocated : Rs. 1,00,000
Installment-wise release : 1 st Installment 205-26 – Rs.50,000 /- dated 20.01.2026 file no -1-33/cash/CCRAS/24-24/7700

Chronological timeline & deliverables:

Sl.No	Milestones	Timelines	Achieved/Not achieved
1	**Preparatory period** (Recruitment of project personnel,IEC approval,Preparation of CRF & e-Format,Training of personnel, Procurement of Medicines).	7 months	Ongoing

2	Study Intervention (for Participants).	5 months	
3	Recruitment period		
4	Statistical Analysis & Publication.		

Current Status Ongoing

Relevant information, if any: Nil

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B7) Comparative Clinical Evaluation of *Bola Parpati and Haritaki Churna* versus Tranexamic acid in the Management of Bleeding Piles: A Randomized Controlled Clinical Trial

Objectives:

Primary objective: To evaluate the efficacy of *Bola parpati and Haritaki churna* versus Tranexamic Acid in patients with bleeding hemorrhoids.

Secondary objective: To evaluate the safety profile of both interventions, as determined by the No. of participants requiring rescue medication during the study period.To determine the duration required for the cessation of active bleeding following treatment initiation.To assess changes in Quality of Life (QoL) within each group using a validated haemorrhoid-specific QoL instrument.To document the frequency of bleeding episodes or symptom relapse post-treatment and to quantify changes in ano-rectal pain intensity utilizing the Visual Analogue Scale (VAS).

Study design with detail methodology:

- **Study Type** : Randomized controlled clinical trial
- **Control** : Yes
- **Timing** : Prospective
- **No: of groups** : Two
- **Sample size** : 100 (50 in each group).
- **Blinding** : Open Label study
- **Study setting** **:** OPD

Approval of IMR-PEMC along with date: File No. HQ-ADMN018/40-2022-ADMN/2204, dt. 10.07.2025

Duration of study **:** 2 Years

Date of IEC approval **:** 05.12.2025

CTRI Registration no : CTRI/2026/01/100317

Date of initiation : 07.10.2025

Name of participating centre: Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi

Total Budget allocated in CARI New Delhi (total): Rs. 24,15,000/- O.O.No. 848/2025-26

Installment release:

S.No.	Installment	Sanctioned order	Date	Date of receipt of Fund
1.	1,25,000/-	HQ-PROJ011/89/2025-PROJ/7455	13.01.2026	

Chronological timeline & deliverables

S.No.	Target for	Time line	Achieved/ Not Achieved	Cause of deviation
1	Preparatory period	4 months	Achieved	NA

CURRENT STATUS:S

CEC approved and CTRI registered. Tranexamic Acid (Control) procured and *Bol Parpati* and *Haritaki churna* (Intervention) order placed from CARI Jhansi.Laboratory investigations finalised,project will be initiated immediately after getting the trial medicines.

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B8). Effectiveness of *Drakshavaleha* in Improving the Symptoms of Functional Gastrointestinal Disorders – A Multi-Centre Study

Objectives:

Primary objective: To evaluate the effectiveness of *Drakshavaleha* in the remission of symptoms of Functional Gastrointestinal Disorders (such as dyspepsia, constipation, abdominal bloating, or distension) in adults

Secondary Objective: To explore the effect of *Drakshavaleha* on the general well-being of the FGID cases.To evaluate the effect of *Drakshavaleha* on the appetite of the FGID cases.To assess the tolerability of *Drakshavaleha* in patients with FGID

Study Design:

Study Type : Multi-centre, single-arm interventional
Purpose : Treatment
Masking : none
Control : not controlled
Timing : one year

End Point : Change in Gastrointestinal symptoms
No. of groups : 1

Sample Size : 4500 (300 Patients per institute)

Approval of IMR-PEMC, along with date: F.No. HQ.-ADMN018/40/2022-ADMN/2204 dated 10.07.2025

Duration of Study : one year

Interventions:

Formulation: *Drakshavaleha*
Dosage: 10 gm twice daily after meal
Duration: 12 weeks
Mode of administration: Oral

Group- - Single arm

Participating centre along with PI: IMR multi-centric

Sr. No.	Name of the Institute	Name of the PI	Names of Co-Is
1	RARI, Gwalior	Dr D S Rotwar	Dr S B Singh
2	RARI, Nagpur	Dr Sumedh Paikrao	Dr Vilas Gangurde
3	RARI, Lucknow	Dr Sreekala V	Dr Sanjay Kumar Singh
			Dr Alok Kumar Srivastav
4	CARI, Bhubaneswar	Dr Sudhanshu Meher	Dr Kshirod Kumar
			Dr Banmali Das
			Dr Purnendu Panda
5	NARIP, Cheruthuruthy	Dr P Pradeep	Dr Chris Antony
			Dr Sariga K S
6	RARI, Patna	Dr Ashok Sinha	Dr Rohit Kumar Ravate
7	CARI, Guwahati	Dr Jeuti Rani Das	Dr P L Bharti
			Dr Amit Madan
			Dr Masram Pravin
8	CARI, Bengaluru	Dr S K Giri	Dr S H Doddamani
9	CARI, Kolkata	Dr Hetalben Amin	Dr T K Mandal
			Dr Debajyoti Das

			Dr Ranjita Ekka
			Dr Shakti Bhushan
10	RARI, Jaipur	Dr. A.K. Jain , R O (Ay)	Dr Bhuvnesh Kumar Sharma
			Dr S.K. Vedi
			Dr Suhas A. Chaudhary
			Dr. Monika Kumari
			Dr Kisaor Gavali
			Dr B R Meena
11	CARI, New Delhi	Dr Saroj Devi	Dr Ratheesh P
			Dr Aishwarya K
			Dr Meenakshi Suri
12	RARI, Ahmedabad	Dr A K Panda	Dr Niral Sojeetra
13	CARI, Patiala	Dr Amit Gajarmal	Dr Sandeep Baheti
			Dr Sangeeta Sangvikar
14	RARI, Vijayawada	Dr Sujata Dhoke	Dr Savita Gopod
			Dr Midhuna Mohan
15	CARI, Mumbai	Dr Govind Reddy	Dr Anil Avhad
			Dr Vipin Sharma

Date of IEC approval: F.No. 1-12/2020-CARICD/tech/CEC/331 dated 12.08.2025

CTRI Registration/Reference (for clinical trials) : CTRI/2025/08/093158 dated 18.08.2025

Date of initiation: 13/11/2026 (date of start of enrolment of the participants)

Budget allocated: 1,70,000/- vide sanction order File No.HQ-PROJ011/69/2025-PROJ dated 29.08.2025

Installment wise release- As per the sanction order, there is no separate budget for the project, the expenditure for the project taken from the GIA-General RA sub-head of the Institute amounting of Rs. Rs. 1,70,000

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Preparatory period	02	**Achieved**	
2.	Duration for participant enrollment	06	Study in progress	**completed**
3.	Duration of treatment	03	Study in progress	**NA**
4.	Data analysis and report writing	01	Not done yet as Study in progress	**NA**

Current status: 281 participants has enrolled out of 300 up to 31/03/2026, study is continue.
Any relevant information:

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C.) SURVEY STUDY

C1.) A Systematic survey of the Labeling Information of Ayurvedic Drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945.

Objectives:

Primary objective: To evaluate the labeling pattern of Classical Ayurvedic formulations marketed in India in compliance with Rule 161 of the D & C Act and Rule 1945.

Secondary objective: To improve the labeling practices implementation and Pharmacovigilance system.

Study Design: Classical Drug Survey Study of Labeling Information of Ayurvedic Classical as per NLEAM

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:
Approved in 11th meeting of PEMC held on 28th March 2024 as per Council's Sanction Order No. 382/2024-25 File No HQ- PROJ011/70/2024-PROJ dated 18/07/2024

Duration of Study **:** 12 months

Participating centers along with PI:

S.No.	Name of the participating center	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma
2.	RARI, Lucknow	Dr. Anjali Parsad
3.	RARI, Trivandrum	Dr. Varsha Sumedhan
4.	CARI, Kolkata	Dr. Shakti Bhushan
5.	CARI, Mumbai (Nodal Institute)	Dr. Dattatray Dighe

Date of IEC approval: Project was appraised in IEC dated 7.11.2024 (As no active voluntary human participation involved in the study).

Date of initiation: 18.01.2025

Budget allocated: 49, 84,284 /-

S.No.	Name of the participating Institute	Amount sanctioned
1.	CARI, New Delhi	9,05,236/-
2.	RARI, Lucknow	9,24,784/-
3.	RARI, Trivandrum	8,98,344/-
4.	CARI, Kolkata	9,33,800/-
5.	CARI, Mumbai	13,22,120/-
	Total	49,84,284/-

Budget Expenditure:

Total sanctioned budget (per site)	Budget released till March 2025	Budget utilized till March 2025	Remaining budget in the project as per the sanction order	Any requirement for additional sanction (If so, provide amount and justification)
Rs. 9,05,236/-	Rs. 5,43,141/- Amount remitted to CCRAS, HQ **Rs. 4,15,679/-** (3,93,141 + 22,538) Rs. 3,25,000/- Rs.94,971/- remitted to CCRAS, HQ- **Rs.32,897/-**	Rs.1,27,462/- Rs.3,87,074/-	3,90,700/-	NA
Total	Rs.9,63,112/-	Rs.5,14,536/-	Rs.3,90,700/-	

Current status:

1. As per the protocol and objectives of the study initially offline Delhi market survey was conducted, 639 medicines from various vendors were identified as per from the National List of Essential Ayurvedic Medicines (NLEAM). After comparative analysis as per availability and objective of the project, 756 classical medicines were allocated to CARI, New Delhi **i.e. 368 offline and 388 online**. Following all the directives of protocol out of 368 offline allocated medicines, 350 were procured offline and out of 388 online allocated medicines 250 medicines were purchased online as per the availability.
2. In compliance with Rule 161 of the D & C Act and Rule 1945, Label capturing with documentation of procured Classical Ayurvedic formulations marketed in Delhi has been done for 350 offline products and 250 online up to the month of January, 2026. Thus, the total 600 classical medicines were documented and completed the project with in extended stipulated time. Data has been submitted to Nodal institute RARI Mumbai for consolidated data compilation and onwards submission to CCRAS HQ.

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C2.) "Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India"

Objectives:

Primary objective is Documentation and identification of Netra Kriyakalpa practices/ methods, medicines, modalities of use, indications among registered Ayurveda practitioners across India

i.	**Study type**	Survey Study
ii.	**Sample size**	Minimum 10 cases per practitioner from 8 zones

Approval of IMR-PEMC, Annual Action Plan, RFD, etc., along with date: Yes, it is approved by PEMC, held on 19.11.2024, and sanctioned vide Office order no-809/2025-26 dated 26.09.2025

Duration of Study: One year

Participating center along with PI & Co-I:

S.No	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	**CARI, Bengaluru**	Dr. Bhavya B.M, RO (Ayu.) (Shalakya Tantra) BAMS, MS (Ayu), (Shalakya Tantra) #12, Uttarahalli Manavarthe Kaval, Uttarahalli (Hobli), Kanakapura Main Road, Talaghattapura post, Bengaluru-560109 Mob: 9741748242 drbhavya25@gmail.com	**Dr. Shashidhar.H.Doddamani** Research officer (Ay.)
2.	**National Ayurveda Research Institute for Panchakarma, Cheruthuruthy**		**Dr Krishnakumar V** Research officer (Ay.)
3.	**CARI, New Delhi**		**Dr. Mata Shweta** Research Officer (Ay.) Mobile : 8866014946 **E-mail : drshwetamataccras@gmail.com**
4.	**RARI, Lucknow**		**Dr. Kamble Pallavi Namdev** **R.O. (Ay.)**

5.	**Regional Ayurveda Research Institute for Mineral and Marine Medicinal Resources, Goa**		**Dr Nandini Jadhav** Research officer (Ay.)
6.	**Regional Ayurveda Research Institute, Patna**		**Dr. Kumari Archana** Research officer (Ay.)
7.	**Regional Ayurveda Research Institute, Thiruvananthapuram**		**Name : Dr. Praveen Balakrishna** Research officer (Ay.)
8.	**Regional Ayurveda Research Institute, Ahmedabad**		**Dr. Parth Prakashbhai Dave** Research officer (Ay.)

Date of IEC approval **:** 26-11-2025

Date of Initiation : 06.01.2026

Budget allocated : Rs. 9,79,200

Installment-wise release: 1 st Installment 205-26 – Rs.1,00,000 /- dated 06.01.2026 file no -1-33/cash/CCRAS/24-24/7245

Chronological timeline & deliverables:

Sl.No	Milestones	Timelines	Achieved/Not achieved
1	**Preparatory period**	1 month	Achieved
2	**Video documentation**	8 months	Ongoing
3	**Data Analysis & Publication.**	3 months	

Current Status: Ongoing

Sl. No.	Name of the Practitioners covered till date	Total No. of Participants successfully surveyed per practitioner till date	Total No. of Netra Kriya Kalpa's recorded per practitioner till date	Name of the Practitioners covered till 31.03.2026	Any Remarks
1	Dr. Riju Aggarwal, Prof., Shalakyatantra dept. CBPACS, New Delhi	05	10	3	
2	Prof. Bharat Bhushan, Director, OM Ayurveda Eye Care Centre, Gurugram, Haryana	08	10		-
3	Dr. Veena Himanshu Sharma, Asso. Prof., Department of Shalakyatantra, MSM Institute of Ayurveda, BPSMV, Khanpur Kalan	11	11		

D. OUTREACH ACTIVITIES

D1.) "**Documentation of Ethno-dietary practices indigenous to India"**

Aim: To document the indigenous ethno-dietary practices in diverse geographical areas, different ethnic groups, and communities across India which will contribute to preservation and promotion of traditional dietary practices.

Objectives: To systemically document the indigenous ethno-dietary practices in diverse geographical areas and communities across India. To critically analyse the variation in indigenous dietary practices based on state, zone, region, cultural/ethnic group and community. To assess the understanding and perception of the community about the relevance and health benefits of indigenous ethno-dietary practicesTo validate the documented data regarding indigenous ethno-dietary practices.

Study setting:

This study will be conducted in culturally and geographically distinct areas across India through the peripheral research institutes of Central Council for Research in Ayurvedic Sciences (CCRAS) under the public health research programmes Ayurveda Mobile Health Care Programme under Scheduled Castes Sub-Plan (AMHCP-SCSP),

Under AMHCP-SCSP the team will cover their respective (in which they are located) and nearby states as per feasibility

Methodology:

The study areas will be selected through multistage sampling. The mapping of geographically and culturally distinct zones in the states will be done. Further, from each zone, one district will be identified. From each district, 4 blocks (2 rural and 2 urban) will be identified. One of the two blocks of both rural and urban will be SC/ST predominant. It will not be applicable where communities are available only in rural or urban areas. **The blocks will be identified from distant places.**

An adaptive study approach will be followed. During the study, if additional culturally distinct areas need to be incorporated or if modifications to area selection are required, necessary adjustments will be made. However, any change will be informed to sponsor and Institutional Ethics Committee (IEC).

Permission from local authorities will be taken as per requirement. Additionally, the local facilitator and/ or village or area head will be approached to facilitate the execution of the study.

ASHA workers may be engaged as per feasibility for effective implementation of the study.

In each block, data will be collected through Focal Group discussions (FGD) and In-depth interviews (IDI). To collect data on shared indigenous ethno-dietary practices across communities FGDs will be conducted. Each FGD will comprise a trained moderator & a note-taker and 6-10 participants. The participants will include individuals who have substantial experiential knowledge of food-related practices. These may include individuals involved in day-to-day food preparation in their households, elders of the community, cook, halwai (confectioner), healers, etc. Representation from various socio-cultural backgrounds will be encouraged to ensure inclusivity and a broad range of perspectives.

Each FGD will comprise of homogenous participants or participants having shared knowledge or interest. Separate FGDs may be conducted for different gender or caste groups, if the need arises. The duration of an FGD will be 1-2 hours approximately. The moderator will follow the questions in the FGD guide to gather relevant insights. For data collection through In-depth interviews (IDI), 5 households will be selected from each block. From each household, IDI will be taken from one participant only. Prior to FGDs/IDIs the knowledge provider(s) will be informed about the study in detail and will be provided 'Knowledge Provider Information Sheet'. The "Written Knowledge provider Consent" will be taken before FGDs/IDIs. Both individual and Group consent will be obtained from the knowledge providers before starting the FGDs. Detailed contact information of the knowledge providers (address and contact number) will be collected so that they could be well informed and updated about the venue and schedule for interviews.

This will also help in contacting Knowledge provider in future for clarification/ query of the data, if any. Audio /audio-visual recording and photography will be done as feasible after obtaining the written informed consent from the participants.Before FGDs/IDIs, it will be ensured that the Knowledge provider is well aware about the purpose of the study and their role.Cultural Sensitivity has to be considered while conducting the FGDs and IDIs.

Incidental health care will be provided by the project team during the visits in the selected area. Beneficiaries will be informed about the Ayurvedic hospitals/ dispensaries etc., available in the vicinity of the area where they can avail health care facilities in future. Additionally, they will be informed about the contact details and facilities available at nearby institute of the CCRAS.

Awareness will be created on health, hygiene, and Ayurveda-based lifestyle advocacy through awareness lectures & distribution of IEC material after FGD. The project personnel will be trained before the initiation of the study.

Study Site: Schedule Caste dominant areas through peripheral institutes of CCRAS. CARI, New Delhi is one of them

Target of number of beneficiaries: Ayurveda health care services will be provided to approx. 40,000 to 45,000 new patients in the selected areas throughout the country.

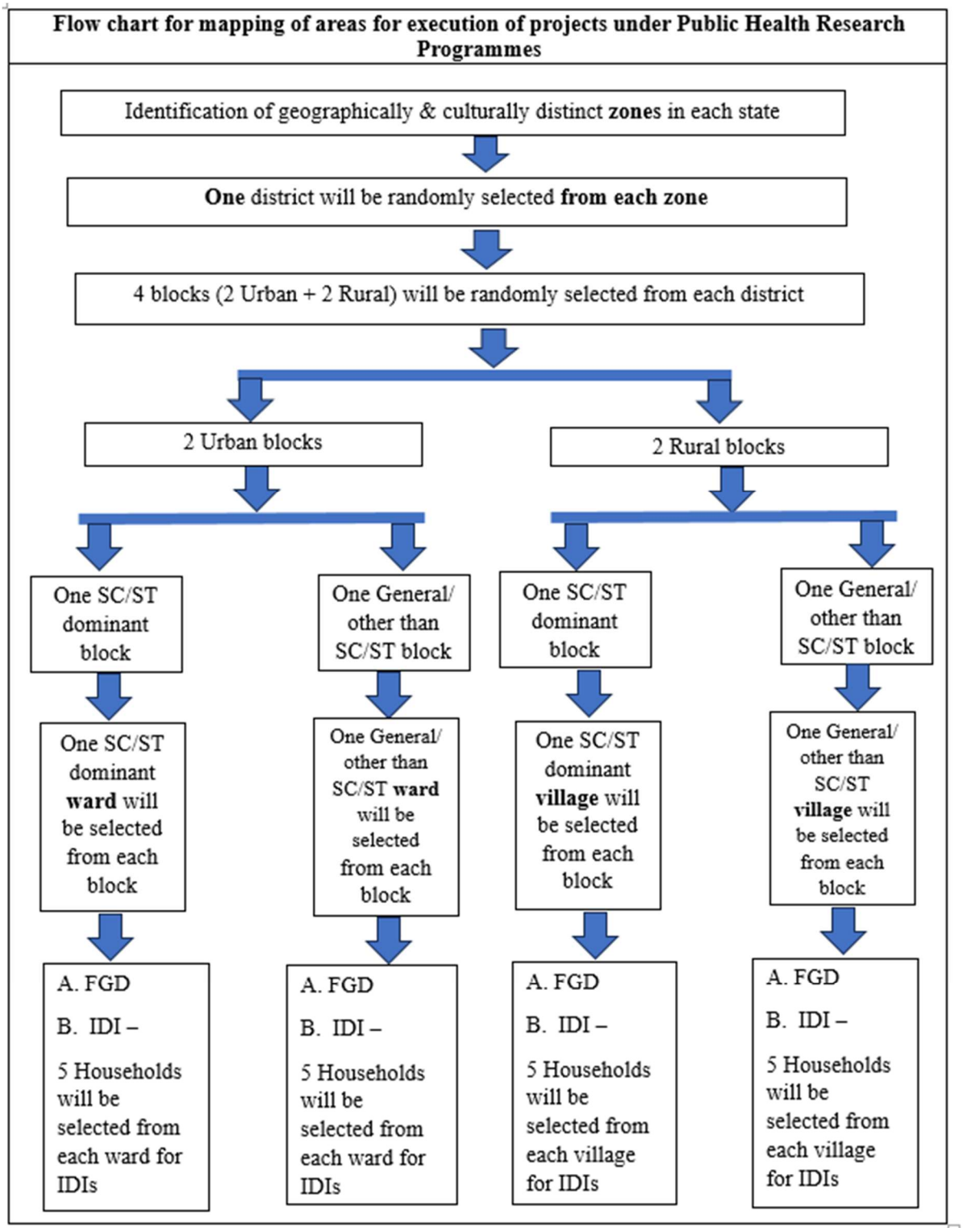
Inclusion criteria:

Eligibility criteria for the Knowledge provider(s) for Project 1:

- Knowledge provider of any gender, aged 18 years and above,
- Individuals having good knowledge and experience in the ethno-dietary practices
- Willing to provide written informed consent and participate in discussions or interviews

Outcomes for Project 1:

- Development of a compendium of Indigenous Ethno-Dietary Practices
- Identification of Commonalities and Variations in Dietary Practices across different states, regions, zones, communities, and cultural or ethnic groups
- Identification of unique Indigenous Recipes pertaining to specific areas and ethnic groups
- Critical interpretation of the Health Relevance of Indigenous Ethno-Dietary Practices
- Obtaining reliable, accurate, and reproducible data on dietary practices



Eligibility criteria for the Knowledge provider/s

- Knowledge provider of any gender, aged 18 years and above,
- Individuals having good knowledge and experience in the ethno-dietary practices
- Willing to provide written informed consent and participate in discussions or interviews

D2.) Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across India

Background

India is a nation rich in a variety of cultures & traditions. Various religions practices and rituals are performed in different regions, religions and communities. Religions practices and rituals serve the purpose of connecting the believers to the divine, devotional practice, and keeping harmony with the universe. Rituals are the ways to express core values, beliefs and traditions of the community. Religious practices in India's culture are very old, and they are an integral part of the unique culture. According to various standard indicators, Indians are notably religious. Most Indian adults pray daily (60%), more than two-thirds attend a place of worship at least once a month (71%), and a large majority consider religion to be very important in their lives (84%).[i] There is immense diversity, with significant regional, linguistic, cultural, and religious differences throughout the country.[ii] Some religious practices and rituals are performed at home in routine and or on special events, ceremonies or festivals. While some religious practices and rituals are performed at specific religious places.

Various religious practices and rituals involve using herbal, herbo-mineral, mineral, and animal-based products. Ayurveda text has described various samskara (religious practices and rituals) for various stages of life eg. *Jatkarma samskara, Namakarana, Annaprashana samskara etc. Ayurveda also recommend use of various herbs, herbo-mineral, mineral and animal- based products in performing samskara (*religious practices and rituals). Few studies are available on religious practices and rituals but comprehensive data regarding use of plants, metals, minerals, animal products and other materials in various religious practices and rituals across India is not available. Hence, this study has been taken with an objective to document the plants, metals, minerals, animal products and other materials used in indigenous religious practices and rituals in diverse geographical areas and communities across India which will contribute to preservation and promotion of religious practices and rituals.

Objectives

Primary objective:

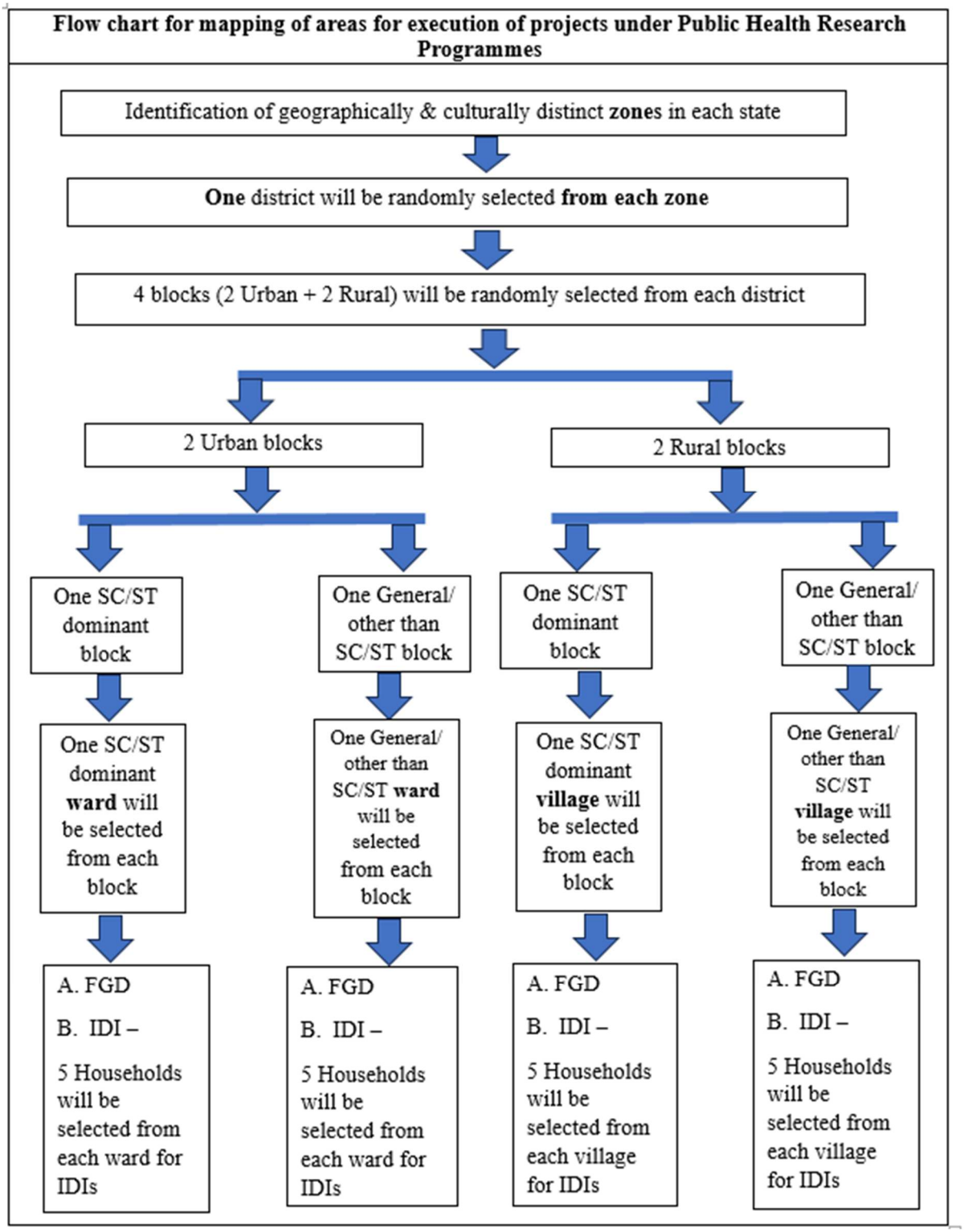
1. To systematically document plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across different regions, cultural groups, and communities of India.
2. To critically analyse the variation in indigenous religious practices and rituals across different states, zones, regions, cultures, and communities within India.
3. To assess the understanding and perception in the community about the relevance and health benefits of indigenous religious practices and rituals.
4. To validate the documented data regarding indigenous religious practices and rituals.

Study setting:

- This study will be conducted in culturally and geographically distinct areas across India through the peripheral research institutes of Central Council for Research in Ayurvedic Sciences (CCRAS) under the public health research programmes- Ayurveda Mobile Health Care Programme under Scheduled Castes Sub-Plan (AMHCP-SCSP).
- Under AMHCP-SCSP the team will cover their respective (in which they are located) and nearby states as per feasibility.

Methedology:The study areas will be selected through multistage sampling. The mapping of geographically and culturally distinct zones in the states will be done. Further, from each zone, one district will be identified. From each district, 4 blocks (2 rural and 2 urban) will be identified. One of the two blocks of both rural and urban will be SC/ST predominant. It will not be applicable where communities are available only in rural or urban areas. The blocks will be identified from distant places.

From each block, 5 households will be selected for In Depth Interviews (IDIs). From each household IDI will be taken from one participant who have good knowledge, and experience regarding religious practices and rituals. In identified blocks, IDI will also be taken from the persons representing different communities such as Priests/ Granthis/ Pastors/ monks/ Shrine caretakers etc. having experience in performing religious practices and rituals.


Flow chart for mapping of areas for execution of projects under Public Health Research Programmes
Identification of geographically & culturally distinct zones in each state
One district will be randomly selected from each zone
4 blocks (2 Urban + 2 Rural) will be randomly selected from each district
2 Urban blocks
2 Rural blocks
One SC/ST dominant block
One General/ other than SC/ST block
One SC/ST dominant block
One General/ other than SC/ST block
One SC/ST dominant ward will be selected from each block
One General/ other than SC/ST ward will be selected from each block
One SC/ST dominant village will be selected from each block
One General/ other than SC/ST village will be selected from each block
A. FGD
B. IDI –
5 Households will be selected from each ward for IDIs
A. FGD
B. IDI –
5 Households will be selected from each ward for IDIs
A. FGD
B. IDI –
5 Households will be selected from each village for IDIs
A. FGD
B. IDI –
5 Households will be selected from each village for IDIs

The mapping of Vedic Universities/Institutions/ Organizations will also be done for collecting data on religious practices and rituals. Focus Group Discussions (FGDs) will be conducted at Vedic Universities, Religious Institutions, and Organizations. Each FGD will be led by a trained moderator, assisted by a trained note-taker, and involve 6-10 participants with substantial knowledge of religious practices and rituals, as well as shared knowledge or interests. The duration of an FGD will be 1-2 hours approximately. The moderator will follow the questions in the FGD guide to gather relevant insights. In addition, the mapping of famous religious places of the state will also be done and data on religious practices and rituals will be collected through IDI/FGD

- Permission from local authorities will be taken as per requirement. Additionally, the local facilitator and/ or village or area head will be approached to facilitate the execution of the study.
- Prior to IDIs /FGDs the knowledge provider(s) will be informed about the study in detail and will be provided Information Sheet. The "Written Knowledge provider Consent" will be taken before IDIs /FGDs. Both individual and Group consent will be obtained from the knowledge providers before starting the FGDs. Detailed contact information of the knowledge providers (address and contact number) will be collected so that they could be well informed and updated about the venue and schedule for interviews. This will also help in contacting Knowledge provider in future for clarification/ query of the data, if any.
- Audio /audio-visual recording and photography will be done as feasible after obtaining the written informed consent from the participants.
- The baseline data regarding the indigenous religious practices or rituals may be collected from Vedic universities/ religious institutions/ organizations/ religious places.
- Representation from various castes/ communities/cultural groups will be encouraged to ensure inclusivity and a broad range of perspectives.
- Before IDIs /FGDs, it will be ensured that the Knowledge provider is well aware about the purpose of the study and their role.
- An adaptive study approach will be followed. During the study, if additional culturally distinct areas need to be incorporated or if modifications to area selection are required, necessary adjustments will be made. However, any change will be informed to sponsor and Institutional Ethics Committee (IEC).

Eligibility criteria for the Knowledge provider(s)

Knowledge provider(s) for this study will be individuals directly involved in performing or preserving ritualistic religious knowledge. The purposive selection will be based on the following criteria:

- Individuals actively engaged in performing or overseeing religious practices and rituals (e.g., Priests, Granthi, Pastors, Monks, Vedic scholars, or traditional practitioners).
- Recognized by the local community as having in-depth knowledge of rituals and associated materials.
- Willing to voluntarily participate and provide informed written consent.

Outcomes

i. Development of a compendium categorizing plants, metals, minerals, animal products, and materials used in indigenous religious practices and Rituals across India.
ii. Identification of Commonalities and Variations in indigenous religious practices and rituals across different states, regions, zones, communities, and cultural or ethnic groups
iii. Identification of unique Indigenous religious practices and rituals pertaining to specific areas and ethnic groups
iv. Critical interpretation of the Health Relevance of indigenous religious practices and rituals
v. Obtaining reliable, accurate and reproducible data on indigenous religious practices and rituals.

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. HQ-PROJ013(11)/1/25-PROJ/19),DATED 03.04.25

Duration of Study: 1 year

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARICD,New Delhi	Dr. Seema Jain,R.O. (Ay)

Date of IEC approval : 14.05.2025

Date of initiation : 28.05.25

S.No.	Name of the participating centre	Date of initiation
1.	CARI,New Delhi	28.05.25

Budget allocated: **:** F.N. HQ-PROJ013(11)/1/25-PROJ/19),DATED 03.04.25

Sanctioned amount-40,46,000/.(Fourty lakh fourty six thousand only) for 1 year

Revised estimate-32,10,125/

Instalment wise release

1st installment	**10,11,500/-**	F.NO. HQ-PROJ013(11)/1/2025-proj/819	07.05.25
2nd installment	**-6,28,046/-**	F.NO. HQ-PROJ013(11)/1/2025-proj/3405	14.08.25
3rd installment	**5,96,374/-**	F.NO. HQ-PROJ013(11)/1/2025-proj/5651	03.11.25
4rd installment	**963987/-**	F.NO. HQ-PROJ013(11)/1/2025-proj/7548	15.01.26
Additional	10218/-	F.NO. HQ-PROJ013(11)/1/2025-proj/10174	28.03.26
Total	32,10,125		

Current status: completed

consolidated information about the work carried out since inception to 31.03.26

S. No.	No. of Tours conducted	No. of Districts (Target)	No. of districts covered *(districts in which 4 blocks have been covered are to be	No. of blocks (Target)	No. of blocks covered **(Area in which 5 IDI of both dietary & ritual & FGD have been compl	No. of Villages/Wards/Areas covered ***(Area in which 5 IDI of both dietary & ritual & FGD have been completed)	No. of Urban/ Rural area covered		No. of SC/ST/Other areas covered			No. of Famous Religious places visited	No. of Vedic Universities/ Religious Institutes covered (in which FGD have been carried out)	Ethno-dietary Practices		Religious Practices & Rituals		Famous Religious Places	Vedic Universities /Institutes	No. of Awareness Lectures delivered	No. of beneficiaries (incidental health care services)
							Urban	Rural	SC	ST	Others			No. of IDIs conducted	No. of FGDs conducted	No. of IDIs conducted	No. of FGDs conducted	No. of IDI/ FGD	No. of FGD		
1.	86 Days	4	4	16	16	16	8	8	8	0	8	22	2 FGD 1 IDI	80	16	81	3	19 IDI 3 FGD	2 FGD 2IDI	25	877

Summary of project:

The study was conducted after obtaining the approval of Institutional Ethics Committee. 01 Research Officer (Ay.) of the Institute monitored the work under the supervision of the Institute In-charge and a separate nameplate was affixed in the space allocated for this purpose within the institute. This SCSP Unit conducted tours and extended health care services, documented information from time to time.

- This study was conducted in culturally and geographically distinct areas across India through the CARI,New Delhi under the public health research programme- Ayurveda Mobile Health Care Programme under Scheduled Castes Sub-Plan (AMHCP-SCSP).the team covered the following areas and near by state as per feasibility.

District proposed in Annual Action plan	**Block proposed in Annual Action plan**	**Area proposed in Annual Action plan**	**New selected District**	**New selected block**	**New selected Area**	**Reason**
South Delhi	Kalkaji		**North-West Delhi**	C-8 block (U)	Pooth kalan	**Due to non-availability of rural population**
	Kalkaji			F-6 block (U)	Sultanpuri	
	Hauz Khas			C-7 block (R)	J.J basti pooth kalan	
	Hauz Khas			Timarpur(R)	Gopalpur	
Mathura (Uttar Pradesh)	Chhata	Urban-Kosi Kalan	**Mathura**	Chhata	Padal(rural)	**Due to feasibility of conducting IDI & FGD**
	Mathura	Urban-Vrindavan		Chhata	Pali (Urban)	
	Govardhan	Rural-Aring		Mathura	Govardhan (Rural)	
	Mathura	Rural-Palson		Mathura	Khamni (urban)	
Kurukshetra (Haryana)	Pehowa (Urban)	Urban-Pehowa Town	**Kurukshetra**	Kurukshetra	Krishna nagr(Rural)	**Due to feasibility of conducting IDI & FGD**
	Thanesar (Urban)	Urban-Thanesar City			Kurukshetra Sec 8 (Urban)	
	Shahbad (Rural)	Rural-Tigari Village		Thanesar	Sec 7 Thanesar(Urban)	
	Thanesar (Rural)	Rural-Chibba			Bramh sarovar(Rural)	

Haridwar (Uttarakhand)	Haridwar	Urban – Haridwar	**Haridwar**			Visit not done, areas may be changed subject to availability and will be informed accordingly
	Roorkee	Urban – Roorkee Nagar Palika Parishad		Haridwar	Haridwar (Urban)	
	Haridwar	Rural – Haridwar			Haridwar (Rural)	
	Roorkee	Rural - Manglaur		Roorkee	Roorkee (Urban)	
					Roorkee (Rural)	
Deharadun (Uttarakhand)	Dehradun	Urban – Raipur				
	Rishikesh	Urban - Rishikesh				
	Dehradun	Rural – Raipur				
	Rishikesh	Rural - Rishikesh				

The study areas were selected through multistage sampling. The mapping of geographically and culturally distinct zones in the states was done. Further, from each zone, one district was identified. From each district, 4 blocks (2 rural and 2 urban) was identified. One of the two blocks of both rural and urban were SC/ST predominant. It was not be applicable where communities are available only in rural or urban areas. **The blocks was identified from distant places.**

From each block, 5 households were selected for In Depth Interviews (IDIs). From each household IDI were taken and FGD (Focus group discussion) between 5-10 persons from Vedic Universities and famous religious places were conducted from the participants who has good knowledge, and experience regarding religious practices and rituals and dietary practices. In identified blocks, IDI will also be taken from the persons representing different communities such as Priests/ Granthis/ Pastors/ monks/ Shrine caretakers etc. having experience in performing religious practices and rituals.

The team put their efforts by distributing IEC material among the masses in Hindi to make people aware of preventive measures for diseases and propagation of ayurvedic concept of Pathy-Apathya. It was found that most of the prevailing diseases responded to the Ayurvedic treatment. Awareness lectures were also conducted by Principal investigator and Co-investigator on maintaining hygiene, diet, lifestyle and immunization on time to time.Total 80 IDIs and 16 FGD were conducted under Ethno-dietary project and 81 IDIs and 05 FGD were conducted under Religious practices and rituals project in this year.

D3.) Impact assessment of Ayurveda-based lifestyle advocacy and utilization of medicinal plants in primary healthcare

Objectives:

Primary Objectives: To assess the impact of adopting Ayurveda-based lifestyle advocacy & utilization of medicinal plants on the general health status of the participants.

Secondary Objectives: To assess adherence to Ayurveda-based lifestyle advocacy regarding *Dinacharya* and *Ritucharya*.To assess the impact of adopting Ayurveda-based lifestyle practices and utilization of medicinal plants on household healthcare expenditure

Brief Research Plan:

This study will be conducted by the CCRAS in collaboration with the Institute of Ayurveda Studies & Research ,Sri Krishna Ayush University, Kurukshetra Haryana,CARI, New Delhi is designated to coordinate with the selected colleges. The colleges will identify SC-dominant areas in consultation with the CCRAS institutes. Before commencing the study, the colleges will obtain Institutional Ethics Committee (IEC) approval. Based on the selection criteria for family inclusion, 50 families (each site) preferably from SC community will be adopted. By each collaborating institute. Each adopted family will receive approximately 10 medicinal plants, Swasthya Raksha Kit, including Anu Taila, Tila Taila, and Dashan Sanskara. Awareness regarding Ayurveda-based lifestyle advocacy will be given to the adopted families. To ensure the integrity of the study, the executing team will undergo specialized training in Good Clinical Practice (GCP) and in the execution of the project. Two to three workshops to raise awareness of plant care & sustainability, utilisation of medicinal plants, home remedies for general health issues, and Ayurveda-based lifestyle advocacy among families will be organised. Health status of the participants will be assessed Quality of Life (SF-12) scale. Field visits at baseline, 2nd, 4th, and 6th months will be conducted to assess the sustainability of the plants, their utilization, compliance with Ayurveda-based lifestyle advocacy, and the health status of the adopted families. During these visits, Ayurvedic incidental care will also be provided. Participants will also be provided with information on nearby Government healthcare facilities and Ayurveda Arogya Mandals.

Methodology :

Study Type	Multicentric, single-arm, community-based study
Control	NA
Timing	Prospective
Blinding	NA
No. of Groups	01
Centers	28 colleges
Sample size	50 families

Selection criteria for adopting families

1.The head of the family is willing to give informed written consent.

2.Participants aged ≥18 years, irrespective of any gender, socioeconomic status residing in the SC-dominating area.
3.The household has adequate space within its premises to develop the kitchen garden.
4. The family is capable of plant care and the sustainability of the plant.
5. Participants should be available for screening, followed by enrollment and periodic follow-up assessments during the study period.

Assessment criteria: Quality of life as assessed through SF-12 Compliance scores reflecting adherence to *Dinacharya* and *Ritucharya* practices.Household healthcare expenditure related to primary healthcare management.Sustainability and continued maintenance of medicinal plants at the household level.

Expected Outcome :

Primary outcome:
Change in **Quality of Life assessed by SF-12**

Secondary Outcomes:
1. Proportion of participants who adopted Ayurveda-based lifestyle practices in their daily lives.
2. Proportion of participants who utilised medicinal plants as a component of primary healthcare.
3. Compliance scores reflecting adherence to *Dinacharya* and *Ritucharya* practices.
4. Reduction in household healthcare expenditure related to primary healthcare management.
5. Sustainability and continued maintenance of medicinal plant cultivation at the household level.

Milestone with deliverables:
Total Study Period: 12 months

Total duration	**12 months**
Preparatory Period (IEC approval, Preparation of CRF & e-Format Recruitment of project personnel, Training of personnel)	3 months
Duration for adoption of family	1 month
Total adoption period per family	6 months
Statistical analysis	2 months

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. HQ-PROJ013(11)/1/2026-PROJ/1711),DATED 17.03.26

Drug Interventions:

1.	Ayurveda-based lifestyle advocacy through BCC module and awareness lectures.
2.	Swasthya Raksha Kit comprising of *Anu Taila*, *Tila Taila*, and *Dashan Sanskara*.

3. Awareness on home remedies and use of medicinal plants through IEC materials/modules developed by CCRAS in regional languages to facilitate proper understanding and utilisation.

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1.	CARI,New Delhi	Dr. Seema Jain,R.O. (Ay)

Date of IEC approval : : F.N. SKAU/IEC/2026/329, DATED 19.0326

2. Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	Yet to be initiated

Budget allocated: : F.N. HQ-PROJ013(11)/1/2026-PROJ/1711),DATED 17.03.26
Rs. 5,00,000/-

3. Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	IAS&R,SKAU,Kurukshetra	Yet to be initiated			

4. Summary of project:

The college will identify SC-dominant areas in consultation with the CARI,New Delhi. Before commencing the study, the colleges obtained Institutional Ethics Committee (IEC) approval. Based on the selection criteria for family inclusion, 50 families (each site) preferably from SC community will be adopted. By each collaborating institute. Each adopted family will receive approximately 10 medicinal plants, Swasthya Raksha Kit, including Anu Taila, Tila Taila, and Dashan Sanskara. Awareness regarding Ayurveda-based lifestyle advocacy will be given to the adopted families. To ensure the integrity of the study, the executing team will undergo specialized training in Good Clinical Practice (GCP) and in the execution of the project. Two to three workshops to raise awareness of plant care & sustainability, utilisation of medicinal plants, home remedies for general health issues, and Ayurveda-based lifestyle advocacy among families will be organised. Health status of the participants will be assessed Quality of Life (SF-12) scale. Field visits at baseline, 2nd, 4th, and 6th months will be conducted to assess the sustainability of the plants, their utilization, compliance with Ayurveda-based lifestyle advocacy, and the health status of the adopted families. During these visits, Ayurvedic incidental care will also be provided. Participants will also be provided with information on nearby Government healthcare facilities and Ayurveda Arogya Mandals.

5. Relevant information, if any

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E.) Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

The Ministry of Ayush has introduced a new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is to develop a culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani, and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral Pharmacovigilance Centres (PPvCCs). A total of 190 misleading advertisements and 13 ADR have been detected from April 2025 to March 2026 and sent to Intermediary Pharmacovigilance Centers (IPvCCs), NIA, Jaipur, and the Drug Controller of Ayush, Delhi State, and also uploaded on the Ayush Suraksha Portal.

The common myth regarding herbal medicines is that these medicines are completely safe and can therefore be safely consumed by the patient on his/her own, without a physician's prescription. This belief has led to large-scale self-medication by people all over the world, often leading to disappointing results, side effects, or unwanted aftereffects. Hence, Ayush practitioners and consumers now need to be vigilant about the safety monitoring of drugs in the interest of Public Health.

The pharmacovigilance initiative will facilitate the detection of potentially unsafe ASU&H medicines and misleading advertisements for taking regulatory action against them. The Standing Finance Committee (SC), chaired by Secretary (Ayush), approved the scheme on November 1, 2017, and subsequently, it was rolled out for implementation in the country near the end of the financial year 2017-18.

1. The JRF (Ay.) has attended two two-day pharmacovigilance workshops held at NIA, Jaipur, on 27.02.2026 & 28.02.2026.
2. The Coordinator and JRF (Ay.) have attended a total of 6 webinars related to pharmacovigilance in the year 2025-26.
3. Conduction of Pharmacovigilance awareness program Pharmacovigilance of ASU & H Drugs on 27.10.2025 at Nehru Homeopathic Medical College & Hospital, New Delhi, coordinated by Dr. Shweta Mata, R.O, (Ay.) & Dr. Shivani Puri, J.R.F, (Ay.)

4. The CARI, New Delhi, PPvC center organized meetings with hospital staff for awareness of ADRs and other important aspects of pharmacovigilance from time to time.
5. A total of 28 pharmacovigilance Awareness lectures were given to OPD & IPD patients and their relatives throughout the year.
6. Two Suggestion boxes with an ADR form are placed at the OPD and IPD areas for patients.
7. Designed & developed a calendar as a part of the IEC awareness material of pharmacovigilance.
8. Misleading advertisements and ADR are uploaded on the Ayush Suraksha Portal daily.
9. Developed a survey project on Cosmetovigilance.

Advertisements and ADR reported in 2025-26

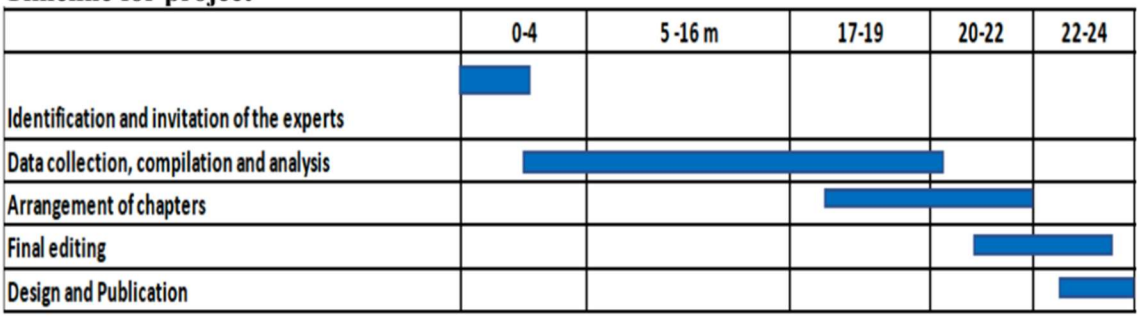
Month	**Status of misleading Advertisement(detected)**	**Suspected Adverse drug reaction**	**Awareness lectures**
April 2025	16	1	4
May 2025	12	1	4
June 2025	17	0	2
July 2025	28	2	4
August 2025	32	3	1
September 2025	15	3	3
October 2025	12	2	2
November 2025	14	0	2
December 2025	11	0	2
January 2026	11	1	2
February 2026	09	0	1
March 2026	13	0	1
Total	**190**	**13**	**28**

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F. Fundamentals & Literary Studies

1. **F1. Project title:** "Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services".
2. **Investigator (name):** Dr. Hemant Ritturaj Kushwaha, SBT, JNU
   Prof. Rupesh Chaturvedi, SBT, JNU
   Dr Shruti Khanduri, Research Officer, Ayurveda, CCRAS
3. **Co-PI (name):** Dr Lalita Sharma, Research Officer, Ayurveda, CCRAS
   Dr Babita Yadav, Research Officer, Ayurveda, CCRAS
4. **Date of sanction/release of money of the project:** 07.01.2026/ 16.01.2026
5. **Date of initiation of the project (Release of First Instalment):** 26/06/2024
6. **Objectives/Deliverables with a timeline fixed for the project:**

Timeline for project



7. **Deliverables achieved during the reporting period as proposed in the scheme:**

Sl. No	Core Deliverables	Status report	Remarks
1	Identification and invitation of the experts	73 experts, mainly in Ayurveda, yoga and naturopathy, Unani, Sowa-Rigpa, and homoeopathy.	
2	Collection of Industry data	**Total visit 41** • 07 Ayurvedic, and 01 homoeopathy manufacturing units provide a duly signed consent form. • 02 Ayurvedic manufacturing units visited but denied to sign the consent form. • 05 yoga and naturopathy centres visited, but were denied permission to sign the consent form. • 01 Alcohol-based (ASU&H products) manufacturing units.	

		• 02 Sowa-Rigpa facilities provides a duly signed consent form. • 01 Raw materials supplier visited but denied to sign the consent form. • 05 Ayurvedic facilities provided a duly signed consent form, and 14 refused to sign. • 03 Unani facilities visited, but consent forms were not signed.	
3	Analysis	Yet to be done	The study is in process
4	Arrangement of Chapters	Already arranged	
5	Final editing	Yet to be done	
6	Any other details		

8. **Interim modification of objectives/methodology, if any (with justifications):** None

9. **If deliverables are not met within the timeline specified in the proposal, then give reasons.**
The delay in delivering the proposed deliverables within the specified timeline was primarily due to challenges in human resource management and administrative processes. Initially, there were delays in appointing required project staff across domains, which affected the timely initiation and execution of project activities. Additionally, the midyear departure of some staff members led to workflow disruptions. The recruitment of replacements was further delayed by administrative constraints, resulting in temporary manpower gaps. Moreover, certain components of the survey work were affected by the limited availability of domain experts, which slowed down data collection and field activities. Efforts are still ongoing to arrange visits to Unani, Homeopathy and Siddha manufacturing units. Delays in issuing office orders for travel budget approvals also disrupted the planned schedule of visits and surveys.

10. **Summary on progress (during the project)**

- **Chapters and Articles:**

The proposed book on AYUSH Entrepreneurship demonstrates structured progress across its sections, with each chapter reflecting a specific stage of development.

The section **"Introduction to AYUSH Entrepreneurship"** is being finalised, indicating that the conceptual foundation of AYUSH, its significance in healthcare, and its linkage with entrepreneurship and traditional knowledge have been thoroughly developed and are currently being refined for clarity and coherence. Similarly, **"AYUSH Industry Landscape"** is also in the final stages, where the integration of AYUSH systems within the Indian healthcare framework and the processes of product development and commercialisation have been comprehensively covered and are undergoing final improvements.

The section **"AYUSH Entrepreneurship: Challenges and Opportunities"** is in the final stage, indicating that extensive work has been carried out to identify sectoral challenges, opportunities, and public health initiatives, and that the content is now being consolidated and refined. The section on **"Identifying AYUSH Business Ideas"** is currently being written, with efforts focused on developing content on innovative business ideas, entrepreneurial approaches, and relevant case studies.

The **"Business Planning and Strategy"** section will be completed, indicating that content on business models, market research, and consumer behaviour has been drafted and is nearing completion. The section **"Legal and Regulatory Considerations"** has reached the finalised stage, reflecting that detailed work on regulatory frameworks, licensing, patent processes, and global patent mapping has been completed.

The chapter on **"AYUSH Product Development and Manufacturing"** is under writing, where technical and operational aspects such as formulation development, quality control, standardization, GMP practices, and the role of CROs are actively being developed. The section **"Funding and Financing for AYUSH"** is also in the writing stage, indicating partial completion, with ongoing refinement of content on funding sources, investor engagement, and government support mechanisms.

The section **"Scaling and Growth Strategies"** will be completed, with groundwork laid through data gathering and conceptual development for expansion and growth strategies. Similarly, **"Marketing and Branding for AYUSH Ventures"** is in the writing stage, reflecting ongoing work on marketing frameworks, branding strategies, and digital outreach.

The chapters **"AYUSH Entrepreneurship and Healthcare Innovation"** and **"Future of AYUSH Entrepreneurship"** are both in the data-collection and planning stages. These sections are currently focused on gathering insights into innovation, integration with modern healthcare, emerging trends, future challenges, and the AYUSH sector's long-term vision.

The work undertaken on the five research articles demonstrates substantial, well-coordinated progress across diverse and significant dimensions of the AYUSH sector, including sustainability, intellectual property, healthcare systems, traditional knowledge, and marketing strategies. The article titled **"AYUSH aspects for sustainable Green Economy: Its Potential and Limitations"** has reached the final editing stage, indicating that an in-depth analysis of the role of AYUSH in promoting sustainable and eco-friendly economic practices has already been completed. This includes examining its environmental benefits, resource efficiency, and potential limitations, with the current focus on refining language, improving clarity, and ensuring overall coherence before final submission.

The research work on **"New landscape of AYUSH patents: Trends, challenges and future perspectives"** has also progressed significantly and is presently under review. This suggests that the study has comprehensively covered patent trends, emerging innovations, regulatory

challenges, and future opportunities within the AYUSH domain. At this stage, the manuscript has undergone drafting and internal revisions and is now being evaluated for quality, accuracy, and scholarly contribution, with scope for incorporating reviewer feedback.

Considerable progress is also evident in the articles **"Gap Analysis in the Healthcare sector in India and opportunities for AYUSH"** and **"Re-evaluation of standard Marketing strategies and theories for the development of AYUSH industry,"** both of which are currently in the writing phase. For the healthcare gap analysis, efforts are focused on identifying deficiencies in the existing healthcare delivery system and analyzing how AYUSH systems can address these gaps through accessibility, affordability, and integrative approaches. Similarly, the marketing-focused study critically examines conventional marketing theories and their applicability to the AYUSH industry, and develops more suitable, sector-specific strategies. Both papers are undergoing data compilation, analytical interpretation, and systematic content structuring, indicating steady mid-stage progress.

The article **"Exploring Ayurvedic Manuscriptology: Reconnecting Roots of Traditional Knowledge with the Contemporary Sciences"** is in its initial phase, with work concentrated on data collection and conceptual planning. This includes identifying relevant manuscripts, understanding traditional knowledge systems, and designing a framework to connect ancient Ayurvedic wisdom with modern scientific perspectives. Although at a preliminary stage, this work lays a crucial foundation for future in-depth research.

- **Expert Discussion, Visits and Surveys:**

The project has conducted extensive visits, meetings, and surveys throughout its duration to build a strong empirical foundation and gain practical insights into the AYUSH sector. Field visits to manufacturing units in regions such as Uttarakhand, Rajasthan, Madhya Pradesh and Uttar Pradesh, including traditional pharmacies and modern contract manufacturing facilities, provided first-hand exposure to production processes, formulation techniques, packaging systems, and levels of technological adoption. These visits highlighted the coexistence of classical manufacturing methods with modern industrial practices and offered insights into challenges related to standardisation, scalability, and GMP compliance.

Institutional visits to research centres and healthcare facilities, including SASTRA University (Tamil Nadu), CARI (Jhansi), MS Integrated Medicine Centre (Jammu & Kashmir) and Sowa-Rigpa Centres (Leh & Delhi), further expanded the scope of understanding by covering diverse AYUSH systems and their applications. These interactions helped in developing a multidisciplinary perspective and contributed to the design of structured survey tools and research methodologies.

The project also involved continuous compilation and analysis of data obtained from visits, surveys, and expert meetings. This included organising field observations, identifying patterns, and deriving insights related to product categorisation, business models, consumer behaviour,

and supply chain mechanisms. These findings have been systematically incorporated into research articles, case studies, and book chapters to ensure that the outputs are grounded in real-world evidence.

Surveys were conducted among Ayurveda students, professionals, and the general public during academic programs and training sessions to assess awareness, perception, and acceptance of AYUSH systems. For example, surveys conducted during training programs at institutions such as Rajeev Gandhi Government PG Ayurveda College, Paprola, Himachal Pradesh, helped capture stakeholder perspectives on AYUSH education, practice, and market potential.

The project also involved numerous expert meetings and professional interactions with key stakeholders, including manufacturers, entrepreneurs, academicians, and regulatory authorities. Notable interactions included discussions with industry leaders such as the Managing Director of Rasraj Pharmacy and the CEO of Vaidyamrit, as well as consultations with the Controller General of Patents and other domain experts. These meetings provided critical insights into regulatory frameworks, intellectual property rights, commercialisation pathways, export challenges, and financial and infrastructural constraints faced by AYUSH enterprises.

Furthermore, interactions during conferences, seminars, and monitoring visits contributed to refining survey approaches and validating collected data. Engagements with academic institutions and participation in expert discussions enhanced methodological rigour and ensured alignment with research objectives.

Lastly, the meeting was held in March 2026 with expert Dr Sanjay Tamoli from the Target Institute of Medical Education & Research (TIMER), a pioneer in Contract Research Organisations (CROs), to gain deeper insights into research, product development, and commercialisation pathways.

Upcoming visits and surveys are planned to further strengthen the project's empirical base. These include visits to additional AYUSH manufacturing units, particularly Homoeopathy and Unani pharmaceutical industries, with a focus on understanding Good Manufacturing Practices (GMP), regulatory compliance, and production processes.

- **Development of AYUSH Entrepreneurship AI Chatbot**

An AI-powered chatbot is being designed to serve as an intelligent knowledge assistant for AYUSH stakeholders in entrepreneurial pursuits. The chatbot ensures information retrieval on the content development during the project. The database aims to improve access to knowledge, digital documentation, and evidence-based decision-making within the AYUSH entrepreneurial ecosystem.

11. Applied value of the project:

The applied value of the project titled “Entrepreneurship in AYUSH Industry, Management and Commercialization Principles in AYUSH Products and Services” lies in its significance as a

foundational and practical guide for understanding the AYUSH sector from an entrepreneurial and business perspective. The book created through this project serves as a foundational resource for students, researchers, and aspiring entrepreneurs, providing a clear, structured introduction to the industry. It simplifies complex concepts of developing the industry related to traditional systems such as Ayurveda, Yoga, Unani, Siddha, Sowa-Rigpa, and Homoeopathy, making them easy to understand and encouraging readers to explore the field in greater depth.

One of the key applications of the project is its focus on entrepreneurship. It helps readers identify various business opportunities within the AYUSH industry, including product manufacturing, health tourism, and online healthcare services. By demonstrating how traditional knowledge can be transformed into sustainable and profitable ventures, the project encourages innovation while preserving the authenticity of AYUSH practices. This makes it especially useful for individuals who wish to start their own businesses in this growing sector.

The study highlights the critical role in management principles in creating successful AYUSH businesses. It covers fundamental topics like marketing, financial management, organisational development, and strategic planning and shows how these ideas can be successfully implemented in practical situations. It enables entrepreneurs to effectively and creatively manage and expand AYUSH-based businesses by integrating theory and practice. Commercialisation is a key focus, emphasising how AYUSH goods and services can be transformed into market-ready products through effective branding, enticing packaging, rigorous quality assurance, and adherence to regulatory requirements. The book also highlights the strategic significance of intellectual property, describing how license agreements enable partnerships, knowledge transfer, and additional revenue sources, thereby guaranteeing sustainable competitive advantage, while patents safeguard novel formulas and methods. Funding is addressed comprehensively, guiding entrepreneurs on accessing venture capital, government grants, bank loans, and other financial support to drive research and development and business expansion. The study further explores international market opportunities, outlining strategies for global expansion, export readiness, and compliance with international standards. Modern marketing techniques, including e-commerce, digital platforms, and global supply chain management, are emphasized as essential tools for reaching both domestic and international consumers. By fostering entrepreneurship, creating jobs, assisting small-scale businesses, showcasing the worldwide demand and export potential of AYUSH goods, and promoting public health through natural and preventive healthcare solutions, it also has economic and social significance.

In conclusion, the project serves as a solid foundation that connects traditional AYUSH knowledge with contemporary commercial and management techniques. It offers fundamental knowledge while promoting additional education, creativity, and real-world application. As a result, it has significant practical value for academic advancement, business growth, and practical involvement in the AYUSH industry.

12. Research work which remains to be done under the project

The remaining research work under the project includes a few additional field visits to Unani, Siddha, and Homoeopathy manufacturing units to develop a comprehensive comparative understanding of their processes and techniques.
Furthermore, certain key geographical areas, as identified during project review meetings—such as Gujarat, Maharashtra, and Kerala—are yet to be explored to conduct surveys and collect relevant data. However, further field visits, surveys, and expert consultations will be undertaken as required to enhance the content and ensure the compendium's comprehensiveness and quality. A few more meetings with the CROs are still required to explore potential research domains or identify new opportunities in the field of Ayush Entrepreneurship.

The proposed book on AYUSH Entrepreneurship demonstrates structured progression across its various sections, with each chapter reflecting a specific stage of development, as outlined in point 12 above. All research articles have to be in the final stage. AYUSH Entrepreneurship AI Chatbot is under process.

F2.) Projects on "Documentation of Life Profiles of Luminaries in the field of Ayurveda". Sanction Order No. : HQ-PROJ011/92/2024-PROJ/3961 dated 25.09.2024

1. **Life Profile of Ayurveda Luminary -Prof. PNV Kurup (Literary Study)**
   Dr. Rajput Shivshankar, R.O (Ay)
   Dr. Shweta Mata, R.O (Ay)

2. **Life Profile of Ayurveda Luminary- Vd. Tarachand Sharma (Literary Study)**
   Dr. Shweta Mata, R.O (Ay)
   Dr. Rajput Shivshankar, R.O (Ay)
   Dr. Kuldeep, R.O (Ay)

3. **Life Profile of Ayurveda Luminary -Dr. H.M. Chandola (Literary Study)**
   Dr. Shaizi Layeeq, R.O. (Ay.)
   Dr. Renu Rani, R.O. (Ay.)

Current Status: Draft manuscripts are prepared and submitted to CCRAS, Hqrs
Any relevant information, if any:NIL

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F3.) Title- "Ayurveda Interventions for Khalitya (Hair Fall): A Scoping Review"
Objectives :
Primary Objective: To map and summarize the range of Ayurvedic interventions studied for the management of *Khalitya* (Hair Fall).
Secondary Objective: To identify and describe the types of study designs used. To examine the variety of interventions and outcome measures assessed.To explore the reporting of safety

and adverse effects. To highlight gaps in the existing evidence base and suggest directions for future research.

Study Design :

· Study Type: Scoping Review

· Purpose: Evidence mapping synthesis

· Duration: 6 months

End Points: Hair-related outcomes (hair fall reduction, hair count, regrowth, scalp condition) Patient-reported outcomes (quality of life, satisfaction) and Safety outcomes (adverse effects, if any)

Sample Size: Not applicable

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved in 33rd internal scrutiny committee (ISC) dated 09.09.2025

Duration of Study : 06 Months

Population

Inclusion: Studies involving Ayurvedic interventions for *Khalitya* (hair fall).Any study design (RCTs, observational studies, case reports/series, dissertations).Participants aged 18–60.English-language studies.

Exclusion: Non-Ayurvedic interventions.Studies in <18 or >60 age groups.Animal or in vitro studies.

Intervention(s) or exposure(s): Any Ayurvedic intervention (oral formulations, external applications, Panchakarma, Rasayana therapy, etc.)

Comparator(s) or control(s)

Included: Studies with or without comparator groups

Excluded: Non-Ayurvedic interventions (Allopathic, Homeopathic, Unani, Siddha, Chinese medicine)

Primary Outcome: Hair count change in standardized area (via trichoscopy or phototrichogram) Hair fall score (visual scale or standardized count after combing/brushing)

Secondary Outcome: Scalp condition (oiliness, dandruff, inflammation) Patient Satisfaction Questionnaire Quality of Life Index (e.g., Dermatology Life Quality Index - DLQI)

Study design

Included: Randomized Controlled Trials (RCTs),Observational studies,Case series and case reports and Dissertations and clinical studies

Excluded: Animal studies and in-vitro studies **,**Narrative reviews, editorials, commentaries And Conference abstracts without full text

Participating centre along with PI : IMR Project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Shweta Chaudhary, R.O. (Ay.)

Date of IEC approval: NA

Prospero Registration/Reference: "Study Protocol has been registered on OSF – Open Science Framework on Feb 27, 2026.

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	06.01.2026

Budget allocated: (Nil Budget)

Chronological timeline & deliverables

S.No.	Target For	Timeline	Achieved/Not Achieved	Causes of Deviation
1	Preparatory Phase	0.5 Month (2 weeks)	Achieved	NIL
2	Literature Search	01 Month	Achieved	NIL
3	Screening & Eligibility Phase	01 Month	Ongoing	NIL
4	Data Extraction & Charting	01 Month	Not yet started	—
5	Data Synthesis & Analysis	1.5 Months (6 weeks)	Not yet started	—
6	Report Writing & Dissemination	01 Month	Not yet started	—

Current status: Literature search: Completed ,Registration in open science framework: Completed,Screening & Eligibility Phase (Ongoing).Data extraction: Not yet started

Any relevant information: Nil

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F4) Title- "Efficacy and Safety of Ayurveda interventions in the treatment of Vitiligo (*Shwitra*) : A Systematic Review"

Objectives :

Primary objective: To investigate the effectiveness of Ayurveda intervention in the treatment of vitiligo.

Secondary Objective: To investigate the safety of Ayurveda intervention in the treatment of vitiligo.

Study Design :

- Study Type: Systematic Review
- Purpose: Evidence synthesis
- Duration: 6 months
- End Points: Efficacy (re-pigmentation outcomes) and safety (adverse effects,if any)

Sample Size:Not applicable

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved in 33rd internal scrutiny committee (ISC) dated 09.09.2025

Duration of Study : 06 Months

PICO Framework of the study:

Population interms of inclusion and exclusion criteria

Inclusion: Individuals diagnosed with vitiligo/ Leukoderma (any age, gender, or ethnicity), regardless of disease duration or severity.

Exclusion: post-burn leukoderma or white depigmented patches on the skin where the burn injury occurred**.**

Intervention(s) or exposure(s): Any Ayurvedic intervention (oral formulations, external applications, *Panchakarma* or *Rasayan*a therapy)

Comparator(s) or control(s) Included **as** Placebo and Usual Care will be excluded

Homeopathic, Unani, Siddha, or Chinese medicine treatments, animal studies, Commercial cosmetic treatments not based on Ayurvedic pharmacopeia, Homeopathic, Unani, Siddha, or Chinese medicine treatments

Out comes: Primary outcomes assessed include re-pigmentation, reduction in lesion size, improvement in quality of life, and recurrence rate.

Additional outcomes include any reported adverse effects

Study design

Included

Randomized Control trials (RCTs), Non-Randomized Control trials, Quasi Randomized Controlled Trials, Open Level Clinical Trials, Randomized Parallel group Trials, Multi Arms Clinical Trials and case series with clear methodology.

Excluded

1. Animal Studies and In-vitro Studies
2. Narrative Reviews, Editorials, and Commentaries
3. Conference Abstracts or Posters Without Full Text

Participating centre along with PI : IMR Project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)

Date of IEC approval: NA

Prospero Registration/Reference : PROSPERO 2025 CRD420251107329

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	06.01.2026

Budget allocated: N/A (Nil Budget)

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Preparatory phase	0.5 month (02 weeks)	Achieved	NIL
2.	Search conduct	01 Month	Achieved	NIL
3.	Screening & Eligibility Phase	01 Month	Ongoing	NIL
4.	Data extraction, resolving disagreement, Risk of Bias Assessment	01 Months	Not yet started	
5.	Statistical Analysis	1.5 Months (06 weeks)	Not yet started	
6.	Report writing & dissemination	01 Month	Not yet started	

Current status:

Preparatory phase: Completed

Registration in PROSPERO framework: Completed

(Registration No. -PROSPERO 2025 CRD420251107329**)**

Literature search: Completed

Screening & Eligibility Phase: Ongoing

Data extraction: Not yet started

Any relevant information: Nil

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F5) To develop minimum standard requirements to Practice Kriyakalpa in a Hospital/Clinical Set-Up. (Project code – ICL0264)

Objectives:

Primary: To develop minimum standard requirements to Practice Kriyakalpa in a Hospital/Clinical Set-Up.

Secondary: To prepare guidelines for the Specifications of Kriya kalpa kaksha.To develop standardization of Kriya kalpa Theatre.To develop guidelines for bio-medical waste management of Kriyakalpa kaksha.

Study Design **:** Multiphase mixed method design

Methodology:

1. A literature review with evidence synthesis will be done to gather all pertinent information to help evidence-based decision-making.
2. A survey will be conducted to develop a list of clinical scenarios to provide to the expert panel.
3. Multidisciplinary expert panel will be selected preferably with 9-12 experts**.**

Duration of the study: One year

Participating center along with PI & Co-I:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	PI: Dr. Shweta Mata, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com 8866014946	Co-I: Dr. Shrawan Sahu, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi drsahu79@gmail.com 7500799915

Approval of IMR-PEMC, Annual Action Plan, RFD, etc., along with date: Yes, it is approved by PEMC, held on 19.11.2024, and sanctioned vide Office order no-230/2025-26 dated 19.05.2025

Date of IEC approval: 26-11-2025

Date of Initiation : 19.05.2025

Budget allocated : Rs. 2,00,000

Installment-wise release: No installment received till date

Chronological timeline & deliverables:

Sl.No	Milestones	Timelines	Achieved/Not achieved
1	**Preparatory period** Planning and literature	3 months	Achieved
2	Meeting 1 (online).	3 months	Achieved
3	Meeting 3(offline).	2 months..	Achieved
4	Manuscript development and Journal submission	4 months	Ongoing

Current Status: Ongoing

Relevant information, if any: Nil

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G.PROJECTS IN PIPELINE

1. Efficacy of Ayurveda interventions in the management of Mennopausal symptoms (Rajonivriti janya lakshan)- A randomized controlled trial
2. Effectiveness of Arjuna and Punarnavastaka Kwatha as an Adjunct to Standard Care on Quality of Life in Patients with Chronic Heart Failure with Reduced Ejection Fraction (HFrEF): A Randomized, Parallel-Group, Open-Label Controlled Clinical Study
3. Morbidity and Health-seeking behavior of patients receiving Ayurveda along with conventional medicine in NCDs at Department of Integrated Medicine, Lady Hardinge Hospital: A cross-sectional study
4. A Cross-sectional Survey to study the distribution pattern of different prakriti types across India- A multi centric Study
5. Compliance assessment of marketed “Ayurvedic”/ “Herbal”/ “Natural” positioned cosmetics in India with existing regulatory framework of D & C Act 1940 and Rule 1945, Cosmetics Rules 2020 and Cosmetic Amendment Rules 2025: A Systematic Survey Study
6. Knowledge, Attitude and Practices (KAP) of Parents towards Ayurveda treatment for Respiratory disorders: A Cross-Sectional Study at OPD level
7. A Cross-Sectional Survey on Knowledge, Attitude, and Practice (KAP) towards use of Cosmetics (सौन्दर्य प्रसाधक) (Ayurvedic and other cosmetic products) and Cosmetovigilance among the General Public in India.

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A-HMIS Annual Report : 01-04-2025 to 31-03-2026

Name of the institute	No. of patients registered in A-HMIS						No. of patients consulted in A-HMIS					
	M	**F**	**T**	**MC**	**FC**	**Total**	**M**	**F**	**T**	**MC**	**FC**	**Total**
CARI, Punjabi Bagh, New Delhi	46809	43246	0	1875	1392	**93322**	46498	42985	0	1866	1387	**92736**

A-HMIS under Ayush Grid has been functional in the institute since its inception i.e.17.11.2018. On an average 350-400 patients are registered through this online portal. In the reporting year 2025-2026 the total number of patients registered in the A-HMIS are 93322 and total number of 92736 patients documented under consultation.

(ii) Section wise Brief progress Report: Pathological, Bio-Chemical and Radiological Investigations:

Statement of OPD/IPD Patients VISIT TO LAB

1. **Table showing No. of patients visited to lab at OPD level**

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	2296	2894	5190
2	Biochemical Investigations	5952	5588	11540
Total		**8248**	**8482**	**16730**

2. **Table showing No. of Pathological and Bio-Chemical Investigation done at OPD level**

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	239	309	**548**
2	T.L.C	239	300	**539**
3	D.L.C	239	300	**539**
4	E.S.R	240	301	**541**
5	R.B.C	239	300	**539**
6	P.C.V	239	300	**539**
7	PLT	239	300	**539**
8	MP	2	2	**4**
9	ACE	11	15	**26**
10	B.T./C.T	8	0	**8**
11	R.A. Factor	0	0	**0**
12	CRP	0	0	**0**
13	VDRL	0	0	**0**
14	Urine Routine/Microscopy	79	59	**138**
15	Stool Routine/Microscopy	0	0	**0**
16	Semen Analysis	0	0	**0**
17	Sputum for AFB	0	0	**0**
18	NS1	0	0	**0**
19	IgM	0	0	**0**
20	IgG	0	0	**0**
21	Chikanguniya (IgM)	0	0	**0**
22	MCV	97	145	**242**
23	MCH	174	236	**410**
24	MCHC	174	236	**410**
25	HIV I&II	77	91	**168**
26	HCV	0	0	**0**
27	HbsAg	0	0	**0**

28	Blood Sugar	465	352	**817**
29	Total Cholesterol	211	189	**400**
30	Serum Triglyceride	211	189	**400**
31	H.D.L. Cholesterol	211	189	**400**
32	L.D.L. Cholesterol	211	189	**400**
33	V.L.D.L. Cholesterol	211	156	**367**
34	Serum Total Billiurubin	314	312	**626**
35	Direct Billiirubin	314	312	**626**
36	Indirect Billirubin	314	312	**626**
37	Blood Urea	322	295	**617**
38	Serum Creatinine	324	311	**635**
39	Serum Uric Acid	335	310	**645**
40	S.G.O.T	320	311	**631**
41	S.G.P.T	320	311	**631**
42	Alkaline Phosphatase	314	311	**625**
43	Calcium	84	102	**186**
44	S.Protien	314	312	**626**
45	S.Albumin	314	312	**626**
46	S.Globulin	314	312	**626**
47	C/H	215	189	**404**
48	AG Ratio	314	312	**626**
49	HbA1C	0	0	**0**
50	RA Qualitative	0	0	**0**
51	CRP Qualitative	0	0	**0**
Total		8248	8482	**16730**

1. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	395	637	1032
2	Biochemical Investigations	941	1209	2150
Total		**1336**	**1846**	**3182**

2. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	42	68	**110**
2	T.L.C	42	68	**110**
3	D.L.C	42	68	**110**
4	E.S.R	42	69	**111**
5	R.B.C	42	68	**110**

S.No.	Type of Investigation	Male	Female	Total
6	P.C.V	42	68	**110**
7	PLT	42	68	**110**
8	MP	0	1	**1**
9	ACE	1	1	**2**
10	B.T./C.T	0	1	**1**
11	R.A. Factor	0	0	**0**
12	CRP	0	0	**0**
13	VDRL	0	0	**0**
14	Urine Routine/Microscopy	22	25	**47**
15	Stool Routine/Microscopy	0	0	**0**
16	Semen Analysis	0	0	**0**
17	Sputum for AFB	0	0	**0**
18	NS1	0	0	**0**
19	IgM	0	0	**0**
20	IgG	0	0	**0**
21	Chikanguniya (IgM)	0	0	**0**
22	MCV	26	44	**70**
23	MCH	26	44	**70**
24	MCHC	26	44	**70**
25	HIV I&II	0	0	**0**
26	HCV	0	0	**0**
27	HbsAg	0	0	**0**
28	Blood Sugar	102	111	**213**
29	Total Cholesterol	36	41	**77**
30	Serum Triglyceride	36	41	**77**
31	H.D.L. Cholesterol	36	41	**77**
32	L.D.L. Cholesterol	36	41	**77**
33	V.L.D.L. Cholesterol	36	41	**77**
34	Serum Total Billiurubin	46	65	**111**
35	Direct Billiirubin	46	65	**111**
36	Indirect Billirubin	46	65	**111**
37	Blood Urea	53	63	**116**
38	Serum Creatinine	54	63	**117**
39	Serum Uric Acid	54	66	**120**
40	S.G.O.T	46	65	**111**
41	S.G.P.T	46	65	**111**
42	Alkaline Phosphatase	46	65	**111**
43	Calcium	2	10	**12**

S.No.	Type of Investigation	Male	Female	Total
44	S.Protien	46	65	**111**
45	S.Albumin	46	65	**111**
46	S.Globulin	46	65	**111**
47	C/H	36	41	**77**
48	AG Ratio	46	65	**111**
49	HbA1C	0	0	**0**
50	RA Qualitative	0	0	**0**
51	CRP Qualitative	0	0	**0**
Total		1336	1846	**3182**

3. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	701	524	1225
2	Biochemical Investigations	2788	2653	5441
Total		**3489**	**3177**	**6666**

4. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	75	57	**132**
2	T.L.C	75	56	**131**
3	D.L.C	75	56	**131**
4	E.S.R	75	56	**131**
5	R.B.C	75	56	**131**
6	P.C.V	75	56	**131**
7	PLT	75	56	**131**
8	MP	0	0	**0**
9	ACE	0	0	**0**
10	B.T./C.T	0	0	**0**
11	R.A. Factor	0	0	**0**
12	CRP	0	0	**0**
13	VDRL	0	0	**0**
14	Urine Routine/Microscopy	20	14	**34**
15	Stool Routine/Microscopy	0	0	**0**
16	Semen Analysis	0	0	**0**
17	Sputum for AFB	0	0	**0**
18	NS1	0	0	**0**
19	IgM	0	0	**0**
20	IgG	0	0	**0**

S.No.	Type of Investigation	Male	Female	Total
21	Chikanguniya (IgM)	0	0	**0**
22	MCV	52	39	**91**
23	MCH	52	39	**91**
24	MCHC	52	39	**91**
25	HIV I&II	0	0	**0**
26	HCV	0	0	**0**
27	HbsAg	0	0	**0**
28	Blood Sugar	246	207	**453**
29	Total Cholesterol	89	64	**153**
30	Serum Triglyceride	89	64	**153**
31	H.D.L. Cholesterol	89	64	**153**
32	L.D.L. Cholesterol	89	64	**153**
33	V.L.D.L. Cholesterol	89	64	**153**
34	Serum Total Billiurubin	149	155	**304**
35	Direct Billiirubin	149	155	**304**
36	Indirect Billirubin	149	155	**304**
37	Blood Urea	168	160	**328**
38	Serum Creatinine	168	162	**330**
39	Serum Uric Acid	172	169	**341**
40	S.G.O.T	149	156	**305**
41	S.G.P.T	149	156	**305**
42	Alkaline Phosphatase	149	155	**304**
43	Calcium	10	15	**25**
44	S.Protien	149	156	**305**
45	S.Albumin	149	156	**305**
46	S.Globulin	149	156	**305**
47	C/H	89	64	**153**
48	AG Ratio	149	156	**305**
49	HbA1C	0	0	**0**
50	RA Qualitative	0	0	**0**
51	CRP Qualitative	0	0	**0**
Total		3489	3177	6666

5. Radiology Section: No. of X-rays done from April 2025 to March 2026

Sex	OPD/IPD	Chest	Abdomen	Spine	Skull/ PNS	Upper extremities	Lower extremities	Pelvis/extremities	Total
M	**OPD**	59	2	137	4	25	244	5	**476**
	Geriatric	12	0	36	0	15	119	0	**182**
M	**IPD**	4	0	40	0	5	12	2	**63**

F	**OPD**	56	1	209	3	28	420	14	**731**
	Geriatric	9	0	73	0	18	164	5	**269**
F	**IPD**	2	1	46	0	4	21	2	**76**
Total		**142**	**4**	**541**	**7**	**95**	**980**	**28**	**1797**

7(iii) Hospital Status :

- OPD : 10 special and 02 general OPD
  Special OPD viz: Geriatric, Ksharsutra, Leech, Arthritis clinic, Eye clinic, Preventive Cardiology clinic, ENT OPD, Panchakarma, Bal roga
- IPD : 40 beds (available)

6.7. (iv) PHARMACY AS PER FORMAT GIVEN BELOW:

S.NO	NAME OF THE TRIAL & GEN. MEDICINE	QTY. PREPARED	QTY. SUPPLIED TO OTHER INSTT./CENTRE/UNIT OF THE COUNCIL	QTY. USED IN OWN OPD/IPD ETC.	BALANCE	REMARKS
1	NIL	NIL	NIL	NIL	NIL	NIL

DETAIL OF THE MEDICINES PURCHASED DURING REPORTING YEAR: 2025-26

S. NO.	Name of Firm	Cost of Medicines (in Rupees)	Amount Paid (in Rupees)	Bill Pending if Any	Head
1	IMPCL	21963261	20685033	1278228	CARI (RA)
2	Oushadhi	219099	156099	63000	
Total Rs		**22182360**	**20841132**	**1341228**	

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr. RML hospital, Supreme Court, Safdarjung Hospital, Press Club of India, JNU, and Ayush Wellness Clinic, President Estate, New Delhi.

7 (v) List of equipments & status of major equipment lying in the institute up to previous year

S.No	Nameof equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	VashpaSwedanaYantra	Panchakarma section	2004	Not working	-

2.	Vidhuyta SwedanYantra	-do-	2001	Not working	-
3.	Droni (fiber)	-do-	2001	working	-
4.	Droni (fiber)	-do-	2001	working	-
5.	Nadi SwedanaYantra	-do-	2004	Not working	-
6.	Droni(massage table)	-do-	Oct2010	working	-
7.	Geyser (02).	-do-	Oct2010	working	-
8.	Shoulder wheel	Physiotherapy Section	1999	working	-
9.	Quadrice pstable	-do-	1999	working	-
10.	Staticcycle	-do-	2001	working	-
11.	Tractionunit	-do-	2001	Not working	-
12.	Ultra sound unit	-do-	2001	Not working	-
13.	T.E.N.Smachine	-do-	2002	working	-
14.	Hydro collator	-do-	Oct2010	working	-
15.	Wax bath	-do-	Oct2010	working	-
16.	Tread mill	-do-	Oct2010	working	-
17.	Inter FerentialTherapyunit (IFT)	-do-	Oct2010	working	-
18.	B.Microscope	-do-	2005	Working	-
19.	Refrigerator	-do-	2006	Not working	-
20.	Cellcounter (automated)	-do-	2008	Working	-
21.	Automated Urine Analyzer Uro-Dipcheck TM300	-do-	March,2011	Not working	-
22.	Clinical Chemistry Analyzer EM-200	-do-	March,2011	Not working	-
23.	Multi Utility Printer	Officeuse	2011	Working	-
24.	Glucose Analyzer (2)	SRP/SCSPProject	-do-	-do-	
25.	Abhyang Table (2)	-do-	-do-	-do-	
26.	Shirodhara yantra(2)	-do-	-do-	-do-	
27.	Nasya Peeth(2)	-do-	-do-	-do-	
28.	Nadi Swedan Yantra(2)	-do-	-do-	-do-	
29.	Steam Generator(2)	-do-	-do-	-do-	
30.	Vasti Yantra(2)	-do-	-do-	-do-	
31.	Almira (GlassDoor) (5)	For IPDdispensary	17.11.15	-do-	
32.	ExTable/Chair(1+1)	ForDr.SeemaJain	17.11.15	-do-	
33.	Glucometer(1)	-do-	-do-	working	
34.	B.P.Aparat Mercury(1)	-do-	-do-	-do-	
35.	A.C.1.5 Ton (2) stabilizer	OPD	-do-	-do-	
36.	A.C(2Ton)(1)	DirectorChamber	01.10.15	-do-	
37.	A.C.(1.5 Ton)01	Admn.Section	05.10.15	-do-	
38.	Panasonic EAPBXSystem(01)	Director's(P.A.)Room	17.09.15	-do-	
39.	Exide Inverter(01)	IPDward	20.07.15	-do-	
40.	B.P.Aparatus (Digital) (2)	President Estate AWC unit	21.07.15	Not working	

41.	Height MeasuringScale (02)	-do-	-do-	-do-	
42.	Weighing Machine(02)	-do-	-do-	-do-	
43.	X-Ray viewing Box(02)	-do-	-do-	-do-	
44.	HotPlate (Electric)(2)	-do-	-do-	-do-	
45.	B.P.Aparatus (Digital) (03)	IPD	02.07.15	-do-	
46.	Height measuring scale(01)	-do-	-do-	-do-	
47.	Weighing Machine(02)	-do-	-do-	-do-	
48.	Window AC(02 Ton) (3)	Path/Bio/Leech section	19.06.15	-do-	
49.	R.O. (02)	IPD	20.05.15	-do-	
50.	Water Cooler (120ltr) (01)	Admn.Section	20.04.15	-do-	
51.	R.O.(45-50ltr) (01)	-do-	-do-	-do-	
52.	Almira (01)	O.A.Knee Project	04.04.15	-do-	
53.	Hydraulic OT Table	OT(ksharsutra)	22.11.16	Working	
54.	Signboard (CARI Gate)	Display	21.02.17	Working	
55.	Weighing machine	OPD	09.06.16	Working	
56.	Scorpio vehicle(Jeep)	SCSP project	28.11.16	Working	
57.	Bio-Matric Attendance System	CARI staff/officers	07.06.16	Not Working	Received from HQ office
58.	High backchair (15Nos)	For officers	23.02.17	Working	
59.	Visitor chairs		23.02.17	Working	
60.	Office table(13Nos)	For officers	06.03.17	Working	
61.	AC1.5 ton window (03)	Doctorcabin(02) Accounts(01)	06.08.16	Working	
62.	Stabilizer(03)	ForAcs	18.11.16	Working	
63.	AC1.5 ton window (01)	Generalstore(01)	18.11.16	Working	
64.	AC1.5 ton split (02)	Admnsec	18.11.16	Working	
65.	Wallfan(02)	SRP/SCSPproject	31.05.16	Working	
66.	Fan(03)	PARoom /OPDCounter	05.08.16	Working	
67.	Fan(05)	Conference hall/estt	30.03.17	Working	
68.	Pedestal fan(01)	Guardroom	21.04.16	Working	
69.	Printer	CVSproject	15.10.16	Working	
70.	Printer	Hindisection	27.08.16	Working	
71.	Weight machineCount Scale 10 Kg	I.P.D	03.08.2017	Working	
72.	Weight machineCount Scale 05 Kg	Pharmacy	22.08.2017	Working	
73.	Tubs(G.I.steel)	Washerman	28.10.2017	Working	
74.	Usha Mixer Grader 03JAR	Pharmacy	01.01.2018	Working	
75.	Cooler18”,15”	IPD,SecurityRoom, Panchakarma,	26.05.2018	Working	
76.	Drill Machine	ElectricityWork	15.10.2018	Working	
77.	Room Heater	Institute	21.12.2018	Working	
78.	Exhaust Fan	O.P.D,Eye	26.12.2018	Working	
79.	Patients Stool SS	I.P.DDept	10.12.2018	Working	
80.	Patient Wetting Chair	OPD/IPD	19.12.2018	Working	
81.	Computer	Doctors	18.12.2018	Working	
82.	Mattress with covers	IPDBed	24.12.2018	Working	

83.	Bed Side Locker	IPD	04.01.2019	Working	
84.	CR System	X-Ray	16.01.2019	Working	
85.	Patient Bed (Semifold)	IPD	26.03.2019	Working	
86.	L.PG.Stove(01)	Kitchen	330,24-5-19	Working	
87.	Revolving chair (G) (30)	Conference Room	408,21/6/19	Working	
88.	Air Condition 1.5tan (W) (01)	ConferenceRoom	0356,1/7/19	Working	
89.	Split Air Condition 1.5 Ton, Model 183vczt (01)	ENTSection	1135,19/6/19	Working	
90.	Pressure cooker10Ltr. Hawkins(02)	Kitchen	453,18/7/19	Working	
91.	Fully Bio-Chemistry Analyzer (EB-200)(01)	ChemistryLab	1458,24/7/19	Working	
92.	Wheel Chair(02)	OPD/IPD	706, 01/8/19	Working	
93.	Food Trolleys(02)	IPD	230,10/8/19	Working	
94.	Elite 5805-partcellcounter Hematology Analyser(01)	Chemistry Lab	1591, 1/8/19	Working	
95.	Computer (Institute) (06)	Institute/Projects	230,10/8/19	Working	
96.	Meeting Table(01)	Conference Room	134, 13/7/19	Working	
97.	Desk seating (10)	Panchkarma	530, 3/9/19	Working	
98.	Multifunction Printer (institute) (2Pc.)	Director Chamber/ AYUSH SR Projects	52 ,11/10/19	Working	
99.	Laser Printer(3Pc.)	Institute	071,28/9/19	Working	
100	RO water Purification System (50Ltr.)(1Pc.)	IPD	41, 24/10/19	Working	
101	BPE 05KVA OnLine UPSPB1105L10 (01)	ChemistryLab	131,26/09/19	Working	
102	Shoe Rack(01)	Ksharsutra	0054,2/11/19	Working	
103	Wall Fan(02)	OPD/Gyne OPD	1140,25/02/20	Working	
104	Canon IRADV4545 (set) (01)	Institute	RI/1920/207,9/03/2020	Working	
105	Three Seat Steel Chair (05)	Institute	238. 9/03/2020	Working	
106	Steel Almirah (10)	Institute	20-19/07 2020/03/18	Working	
107	Computer(05)	A-HMIS	APS270,13/02020	Working	
108	Vartical Steam Sterlizer (01)	Ksharsutra	2300 30/03/2020	Working	
109	Door 4Book Cases(16)	Library	202/03/0027, 300	Working	
110	High Vacuum Suction0.5(01pc)	I.P.D	718/2021, 16/2/2020	Working	
111	HP Inter corei5 Computer (03pcs)	Doctors	812/2021, 12/3/2021	Working	
112	Desktop USB Camera (02pcs)	Director Chamber/ Tech Cell	813/2020-21, 12/3/2021	Working	
113	Steel Almirah (05pcs)	Doctor/IPD/ Admn	829/2020-21, 19/03/2021	Working	
114	Luminous UPS (10pcs)	Doctors	830/2020-21, 19/3/2021	Working	
115	Window AC 1.5 Ton (02pcs)	Doctor/Library	869/2020-21, 27/3/2021	Working	

116	Oxgyen Concentrator (01pc)	IPD	884/2021-21, 30/3/2021	Working	
117	Llody1.0 tonsplit AC (03pcs)	Doctors	891/2020-21, 27/3/2021	Working	
118	Officer Table	Doctors	863/2020-21, 24/03/2021	Working	
119	Mounting WallFan750mm (04pc)	IPD/Ksharasutra	125, 16/9/21	Working	
120	Exercise Band (1set)	Physiotherapy	679,8/12/21	Working	
121	UPS (15pc)	Institute	221,11/12/21	Working	
122	Induction Heater (2pc)	Panchkarma	1925,6/12/21	Working	
123	Gas Stove(1pc)	Panchkarma	642,1/12/21	Working	
124	PASpeaker (1pc)	Institute	732,10/12/21	Working	
125	Usha Heater 25Ltrs.(1pc)	IPD	244,14/12/21	Working	
126	Computer (4pc)	A/C,Physio,Doctors, Lab	31767, 14/12/21	Working	
127	3 Seater Chairs(30pc)	OPD/Ksharasutra	266, 22/12/21	Working	
128	Usha 150Ltrs WaterCooler(01pc)	IPD	623,16/12/21	Working	
129	Revolving Chair (05pcs)	Doctors	726,23/12/21	Working	
130	Visitor Chair(20pcs)	Director Chamber/ Doctor Chamber/ Admn.	731, 21/12/21	Working	
131	Low Temperature deep freezer350l (01pc)	Laboratory	1321, 15/12/21	Working	
132	Extension board (05pcs)	Institute	600,27/12/21	Working	
133	Room Hearter singal rod(10pcs)	Institute	425,27/12/21	Working	
134	NadiSwedanYantra(01pc)	Panchkarma	100001342, 30/12/21	Working	
135	Manual treatment Couch(01pc)	Physiotherapy	109,20/12/21	Working	
136	Nadi Swedan Yantra (01pc)	Panchkarma	100001345,30/12/21	Working	
137	Wireless Microphone(01pc)	Institute	193, 5/01/22	Working	
138	Canon CIG Sheet Feb Scanner (02pcs)	Directors Chamber/ Accounts Section	4701, 30/12/21	Working	
139	IntellectMobile2 Combo Set EU(01pc)	Physiotherapy	1077, 31/01/22	Working	
140	Invertor (03pcs)	Director Chamber/ Kharasutra/IPD	15/03/2022	Working	
141	Steel Almirah(02pc)	Doctors	17/03/2022	Working	
142	Split AC 1 ton(01)	Laboratory	21/03/2022	Working	
143	Dell Computer(1Pc)	AccountsSection	24/03/2022	Working	
144	Double rod heater(05pcs)	Institute	18/01/23	Working	
145	Steel Almirah(02pcs)	Laboratory	27/01/23	Working	
146	Water cooler with RO(01pc)	Laboratory	27/01/23	Working	
147	Visitor Chairs(08pcs)	Laboratory	20/01/23	Working	
148	Table(04pc)	Laboratory	514, 21/01/23	Working	
149	Sliding door Hot Case(04pcs)	Institute	382, 30/01/23	Working	

150	RO+UF Portable System(01pc)	RML Hospital Unit	1649, 27/01/23	Working	
151	Heater Double Road (07pcs)	Institute	22232520, 3/2/23	Working	
152	Toothless sanitizer Dispenser(02pcs)	Laboratoryand	073, 6/02/23	Working	
153	Aluminium Reddal (01pc)	Pharmacy	TI/22-23/010 8/02/23	Working	
154	PlatformTrolley (02pc)	Pharmacy	TI/22-23/011 8/02/23	Working	
155	DoubleDoor Refrigerator(01pc)	Laboratory	DSE-22-23/58 10/02/23	Working	
156	Steel Containers1kg.(06pcs)	IPD	412, 3/03/23	Working	
157	SteelContainers10kg.(04pcs)	IPD	6363, 10/03/23	Working	
158	CentrifugeMachine(01pc)	Laboratory	274, 27/3/23	Working	
159	Havells standard 400 millimeter Fan for Wall(05pcs)	Institute	002, 26.05.2023	Working	
160	Ahuja Two way Communication System (01 set)	Institute	034, 30.06.2023	Working	
161	WorkingLG Professional Large formet Display Size 108 cm-01 No sony LCD (01pc)	Director chamber	002/23-24, 10.07.2023	Working	
162	Steel Almirah (01 nos)	Institute	502, 5.07.2023	Working	
163	HP Multifunction Machin Printer (02pc)	Institute	PKS/GST/120/23-24	Working	
164	Blood Pressur Recording UnitAneroid Automated (02pcs)	Institute	Gem-32/23-24	Working	
165	Revolving Chair with Arm (01pcs)	Institute	PCF/127, 23-24	Working	
166	Chair with Armrest (Non revolving) (08nos)	Institute	21/7-7-23	Working	
167	Mosquto Insect Killer	IPD	454/23.7.2023	Working	
168	Bosch Mixer Grinder	IPD Kitchen	2023-24, 13.07.2023	Working	
169	Whilpool 1-5 Ton 5 Star AC (03pcs)	Director Chamber/ Ksharasutra/Doctor	0830, 10.07.2023	Working	
170	Plastic Bukets 60 Ltr (10nos)	IPD	AII/23-24/46, 25.07.2023	Working	
171	Hawkins 05 Ltr Prressure Cooker (02nos)	IPD Kitchen	GEM/67, 26.07.2023	Working	
172	Crown Eleetronic Weighing scale (02nos)	Panchkarma	28, 18.07.2023	Working	
173	BPL Blood Prressur Recording (02nos)	IPD	766, 02.08.2023	Working	
174	Stainless steel container 10 Ltr (02nos)	Panchkarma	0139, 03.08.2023	Working	
175	Stainless steel food storage 05 Ltr (05 nos)	Panchkarma	260, 01.08.2023	Working	
176	HP Laser 108A Printer with 1 year warranty (01nos)	Library	DSPL/67, 04.09.2023	Working	
177	Espon Dot Matrix Printers LQ 310-01 100 year (01 no)	RML Unit	RE/02, 31.08.2023	Working	

178	Dimand Adult Stethiscopes (02nos)	IPD/OPD	339, 29.06.2023	Working	
179	Unbranded Plastic Measuring Mug/Cup, Capacity1000ml (05nos)	Panchkarma	UNI/23-24/0025, 04.08.2023	Working	
180	Matte Apron Locker Cabinet (02nos)	IPD	018, 11.08.2023	Working	
181	Panchkarma Accessories Specification (02 Set)	Panchkarma Section	524, 19.08.2023	Working	
182	M Track Channel (42 foot)	IPD	424, 13.09.2023	Working	
183	Pigeon Glass Tea Kettle (07nos)	Director chamber/ Admn/Doctors	AE/07/2023-24, 27.01.2023	Working	
184	Stainiless Steel Double Foot Steep (03pc)	Panchkarma/Physio/IPD	641, 24.08.2023	Working	
185	Round mild Revolving Stool (05nos)	OPD/Pharmacy/X-ray	IS202/23-24, 07.09.2023	Working	
186	Zebronics one way PA Speakar (03nos)	Doctors	DTSI/577/23-24, 09.01.2024	Working	
187	UPS with AVR of Rating (03pcs)	Doctors	407/23-24, 11.01.2024	Working	
188	Extension board Electrical Box (06nos)	Institute	114, 12.01.2024	Working	
189	HP Multifunction Machines MFM Printer (03nos)	Doctors	027, 15.01.2024	Working	
190	Tubular Heater Double Rod (06nos)	Institute	GP/23-24/139, 16.01.2024	Working	
191	Revolving Chair (03nos)	Doctors	VF/0198,23-24, 23.01.2024	Working	
192	Pewi Almirah Steel sheving (03nos)	Accounts	543, 16.01.2024	Working	
193	Logitech Web Camera (03nos)	Doctors	TCPI/150, 21.01.2024	Working	
194	Nadi Swedan yantra & Steam cabinet (01nos) Sarvang vashpa (01nos) Swedan yantra (01nos)	Panchkarma Section	261/ 270/ 2023-24, 26.01.2024, 06.01.2024	Working	
195	Curtain Rod & Curtain Channel (02nos)	Lady Hardinge Unit	442-443/23-24, 21.01.2024	Working	
196	Revoling Chair (05nos)	Doctor	FCF/511/23-24, 17.02.2024	Working	
197	Suggestion Box (01No)	Institute	2024	Working	
198	Nebulizer Machine (01No)	Institute	2024	Working	
199	Surgical Dressing Trays (Big) (01 No)	Ksharsutra Section	2024	Working	
200	Surgical Dressing Trays (small) (01No)	Ksharsutra Section	2024	Working	
201	Matrix PABX System (01 No)	Institute Telephone Line	2024	Working	
202	Biometric 10000 Scans (Biometric Attendant System) (02 Nos)	Institute	2024	Working	

203	Video Conferencing Setup with Interactive (01 Setup)	Institute Conference Room	2024	Working	
204	Vistor Chair (05 Nos)	Institute	2024	Working	
205	Speaker (01set)	Smart IDA Project	2024	Working	
206	Camera (01 No)	Smart IDA Project	2024	Working	
207	Projector (01No)	Panchkarma Training Course (Student)	2024	Working	
208	Kent Potable Water Purification (01No)	Panchkarma Section	2024	Working	
209	Revolving Chair (01 No)	Doctor	2024	Working	
210	HP Inter Core I7 All in One PC (10Nos)	Institute	2025	Working	
211	Wifi Router	Institute	2025	Working	
212	Revolving Chair (03 No)	Institute/Officer	2025	Working	
213	Abhyanga Table with stand (02Nos), Shirodhar Table with shirodhara stand (02 Nos), Dhara Patra (02Nos), Stepper Non Slipper (04Nos), Nadi Swedana with Stand (02Nos), Steam Bath Chamber sitting type (02Nos), Sarvanga Swedana Lying type (02Nos), Vamana Peeth (01No), Vasti putakam Disposable (02Nos), Vasti Netram (204Nos), Enema pot (04Nos), Matra vasti yantra (06Nos), Gokarnam (04Nos), Kindi Pouring Vessel (04Nos), Janu Vasti (03Nos), Kati Vasti cap (03 Nos), Shiro vasti cap (02Nos), Greevavasti yantra (03Nos), Prusthravasti yantra (02Nos), Netra Vasti Yantra (02Nos), Dhumpana yantra (02Nos), Small measuring jar (04Nos), Table Trolley SS movable (04Nos), Shalaka for Agnikarma (01No), Sputum cup (04Nos)	LHMC Unit	2025	Working	
214	LG Refrigerator 250 Ltr (01No)	LHMC Unit	2025	Working	
215	Steel Drum 1kg, 02kg and 05kg (25Nos)	LHMC Unit	2025	Working	
216	Hot Case (01Nos)	LHMC Unit	2025	Working	
217	Electronic Weighing Machine (04No)	LHMC Unit	2025	Working	

218	Mobile Folding Ward Screen (04 Nos)	LHMC Unit	2025	Working	
219	Stadiometer (03Nos)	LHMC Unit	2025	Working	
220	Geyser 15Ltr (01No)	LHMC Unit	2025	Working	
221	Mercurial Blood Pressure (02Nos)	LHMC Unit	2025	Working	
222	HP Inter Core i5-13500PC (03Nos)	LHMC Unit	2025	Working	
223	LG Refrigerator 185Ltr (01No)	Institute (Creche)	2025	Working	

List of equipments purchased during the reporting year 2025-26

S.No.	Nameof equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	Suggestion Box (01No)	Institute	2024	Working	
2.	Nebulizer Machine (01No)	Institute	2024	Working	
3.	Surgical Dressing Trays (Big) (01 No)	Ksharsutra Section	2024	Working	
4.	Surgical Dressing Trays (small) (01No)	Ksharsutra Section	2024	Working	
5.	Matrix PABX System (01 No)	Institute Telephone Line	2024	Working	
6.	Biometric 10000 Scans (Biometric Attendant System) (02 Nos)	Institute	2024	Working	
7.	Video Conferencing Setup with Interactive (01 Setup)	Institute Conference Room	2024	Working	
8.	Vistor Chair (05 Nos)	Institute	2024	Working	
9.	Speaker (01set)	Smart IDA Project	2024	Working	
10.	Camera (01 No)	Smart IDA Project	2024	Working	
11.	Projector (01No)	Panchkarma Training Course (Student)	2024	Working	
12.	Kent Potable Water Purification (01No)	Panchkarma Section	2024	Working	
13.	Revolving Chair (01 No)	Doctor	2024	Working	
14.	HP Inter Core I7 All in One PC (10Nos)	Institute	2025	Working	
15.	Wifi Router	Institute	2025	Working	
16.	Revolving Chair (03 No)	Institute/Officer	2025	Working	
17.	Abhyanga Table with stand (02Nos), Shirodhar Table with shirodhara stand (02 Nos), Dhara Patra (02Nos), Stepper Non Slipper (04Nos), Nadi Swedana with Stand (02Nos), Steam Bath Chamber sitting type (02Nos), Sarvanga Swedana	LHMC Unit	2025	Working	

	Lying type (02Nos), Vamana Peeth (01No), Vasti putakam Disposable (02Nos), Vasti Netram (204Nos), Enema pot (04Nos), Matra vasti yantra (06Nos), Gokarnam (04Nos), Kindi Pouring Vessel (04Nos), Janu Vasti (03Nos), Kati Vasti cap (03 Nos), Shiro vasti cap (02Nos), Greevavasti yantra (03Nos), Prusthravasti yantra (02Nos), Netra Vasti Yantra (02Nos), Dhumpana yantra (02Nos), Small measuring jar (04Nos), Table Trolley SS movable (04Nos), Shalaka for Agnikarma (01No), Sputum cup (04Nos)				
18.	LG Refrigerator 250 Ltr (01No)	LHMC Unit	2025	Working	
19.	Steel Drum 1kg, 02kg and 05kg (25Nos)	LHMC Unit	2025	Working	
20.	Hot Case (01Nos)	LHMC Unit	2025	Working	
21.	Electronic Weighing Machine (04No)	LHMC Unit	2025	Working	
22.	Mobile Folding Ward Screen (04 Nos)	LHMC Unit	2025	Working	
23.	Stadiometer (03Nos)	LHMC Unit	2025	Working	
24.	Geyser 15Ltr (01No)	LHMC Unit	2025	Working	
25.	Mercurial Blood Pressure (02Nos)	LHMC Unit	2025	Working	
26.	HP Inter Core i5-13500PC (03Nos)	LHMC Unit	2025	Working	
27.	LG Refrigerator 185Ltr (01No)	Institute (Creche)	2025	Working	

7 (vii) Library Section

S.No.	Name of the books	Amount	Remarks
1	No. of Books Available Upto March, 31st as per accession register	-	1954
2	Council's publications received for record /display/sale purpose	-	1849
3	Books received without payment	-	1954

7 (viii) हिन्दी अनुभाग

हिंदी अनुभाग राजभाषा नियमों का पालन करते हुए धारा 3 (3) से संबंधित सभी दस्तावेजों को द्विभाषी में जारी करने, हिंदी में पत्रों का उत्तर देने और वार्षिक लक्ष्य को पूरा करने का निरंतर प्रयास करते हुए अग्रणी भूमिका निभा रहा है| सभी त्रैमासिक प्रगति रिपोर्ट, अर्धवार्षिक प्रगति रिपोर्ट समय पर तैयार की जाती है और राजभाषा विभाग और नराकास (नगर राजभाषा कार्यान्वयन समिति) को ईमेल तथा ऑनलाइन के माध्यम से भेजी जाती है। प्रत्येक विभाग में हिंदी में आधिकारिक और तकनीकी कार्यों का निरीक्षण करने के लिए प्रत्येक तिमाही में विभागीय राजभाषा कार्यान्वयन समिति की बैठक आयोजित की जा रही है। नराकास की अर्धवार्षिक बैठकों में भी संस्थान के राजभाषा संबंधी कार्य की प्रशंसा की जा रही है। हिंदी पखवाड़ा का 15 सितंबर से 30 सितंबर, 2025 तक सफलतापूर्वक आयोजन किया गया। हिन्दी पखवाड़ा समापन समारोह 1.10.2025 को आयोजित किया गया। इस वर्ष चार "हिंदी कार्यशाला" का आयोजन किया गया।

हिन्दी कार्यशाला की तिथियां -

1. 27.06.2025

विषय : राजभाषा परिचय, राजभाषा नीति, नियम, अधिनियम एवं राजभाषा प्रश्नोत्तरी

2. 19.09.2025

विषय : राजभाषा नीति का कार्यान्वयन

3. 10.12.2025

विषय : देवनागरी लिपि का मानकीकरण

4. 28.03.2026

विषय : राजभाषा के कार्यान्वयन में ई टूल

7 (ix) Medicinal Plant Garden

A Medicinal plant Herbal garden has been maintained by the institute for dual purposes i.e. for demonstration as well as for providing raw herbs for panchakarma and ksharasutra therapy. In view of identification and demonstration purposes, all the plants were having their specific nameplates with their classical names, botanical names, family, and main uses as per classical references.

This Medicinal garden is continuously providing raw herbs for various Panchakarma procedures and *Ksharasutra e.g. Madhuyashti, Narikel, Shigru, Haritaki, Ashvagandha, Guduchi, Bhrami, Isabgol, Nirgundi, Agnimantha, etc.* In the reporting year, few new species have been added such as *Kapitha*, *Narikel and talish, etc.*

In the reporting financial year 2025-26 Plantation drive was organized by the institute in view of Ayurveda Day Celebration. During the celebration Free medicinal plants such as Tulsi, Giloy and Japa and Parijat etc. were distributed to the patients and visitors visiting Ayurveda Stall on Dhanwantri Diwas.

7 (x) Internal Complaint Committee

In compliance of Honorable Supreme Court order dated 12.05.2023 and direction of ministry of Ayush vide X.18030/125/2021-CDN dated 26.06.2024, the institute has ICC Internal Complaint Committee constituted as per norms in provision of PoSH (Prevention of Sexual Harassment) Act 2013, with the objective of Prevention, Prohibition and Redressal of the act. The committee regularly conducted meetings and conducted awareness/ orientation programme. In the reporting year, Institute has conducted two consecutive ICC meetings on 24/10/2025 and 17/03/2026 under the chairman of the committee along with the nominated members. An awareness lecture for sensitizing all women staff of CARI, New Delhi was also organized. Smt. Lata Lochav, senior advocate cum legal trainer and Smt. Sanjana, practicing advocate high court new Delhi gave a awareness lecture on Sexual Harassment of Women at Workplace (prevention, prohibition, and redressal). Chairman of the committee also shared the status as committee has not received any complaint in the reporting year.

Any collaborative studies taken up by the Institutes with details: Clinical Report-1(i)please refer Clinical Research page no. 127-156

Major pending issues in brief-No major pending issues were there at the Institute level

Other Activities if any.please refer

Summary Hindi/English on each project -in the end**: English: 321 to 353 Hindi 354 to 385**

HOSPITAL STATISTICS

epartment

atients attended to OPD during different years (Since inception upto 2025-26)

No. of patients attended at OPD															Grand Total		Gross Total
New						Old											
Children			Total			Adult		Children			Total			M	T	F	
T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F
-	-	-	7511	-	7289	-	-	0	-	-	13044	0	15288	20555	0	22577	43132
0	1440	1041	8200	0	7845	11375	15500	0	1441	1185	12816	0	16685	21016	0	24530	45546
0	1427	911	8008	0	7513	9256	12010	0	1352	865	10608	0	12875	18616	0	20388	39004
0	1252	913	7961	0	8584	8278	10424	0	1446	804	9724	0	11228	17685	0	19812	37497
0	1459	1075	8381	0	9002	8397	10018	0	1214	807	9611	0	10826	179920	0	19828	199748
0	6921	9022	13613	0	16874	1239	1153	0	850	710	2089	0	1863	15702	0	18737	34439
0	5962	6852	12072	0	12618	1056	822	0	698	456	1754	0	1278	13826	0	13896	27722
0	3783	2795	7626	0	5091	605	285	0	424	242	1029	0	527	8655	0	5618	14273
0	3956	3916	8472	0	7593	733	433	0	414	238	1147	0	671	9619	0	8264	17883
0	4952	6031	10283	0	11608	730	499	0	565	361	1295	0	860	11578	0	12468	24046
0	4897	5821	10358	0	11151	682	620	0	448	278	1130	0	898	11488	0	12049	23537
0	4643	5274	9851	0	10104	632	593	0	463	287	1095	0	880	10946	0	10984	21930
0	4957	5656	10309	0	11040	641	367	0	455	275	1096	0	642	11405	0	11682	23087
0	5979	7560	11956	0	14637	629	414	0	496	337	1125	0	751	13081	0	15388	28469
0	5681	6886	11660	0	12961	643	482	0	488	404	1131	0	886	12791	0	13847	26638
0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
0	649	531	7039	0	6809	9825	7586	0	521	369	7346	0	7955	14385	0	14764	29149
0	5860	6240	12323	0	12455	624	472	0	420	311	1044	0	783	13367	0	13238	26605
14306								11609							25915		25915

Year	No. of patients attended at OPD																	Grand Total		Gross Total
	New								Old											
	Adult		Children			Total			Adult		Children			Total			M	T	F	
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F
2003-04	10633	9369	0	1326	1041	11959	0	10410	16212	15117		1164	696	17376	0	15813	29335	0	26223	55558
2004-05	4455	4955	0	1218	977	5673	0	5932	5277	3945	0	686	648	5963	0	4593	11636	0	10525	22161
2005-06	10078	8013	0	769	448	10847	0	8461	12792	8310	0	492	411	13284	0	8721	24131	0	17182	41313
2006-07	11076	8875	0	1716	922	12792	0	9796	9976	8830	0	955	1144	10931	0	9974	22588	0	19950	42538
2007-08	9446	6823	0	653	483	10099	0	7306	11920	9067	0	480	318	12400	0	9385	22499	0	16691	39190
2008-09	9513	7378	0	685	527	10198	0	7905	12983	11101	0	502	360	13485	0	11461	23683	0	19366	43049
2009-10	9163	7324	0	608	474	9771	0	7798	15100	11845	0	500	401	15600	0	12246	25371	0	20044	45415
2010-11	8074	6334	0	494	397	8568	0	6731	15254	12457	0	499	407	15753	0	12864	24321	0	19595	43916
2011-12	8459	6755	0	467	346	8926	0	7101	15112	11958	0	462	300	15574	0	12258	24500	0	19359	43859
2012-13	8754	6794	0	460	348	9214	0	7142	16841	13535	0	433	446	17274	0	13981	26488	0	21123	47611
2013-14	11225	8754	0	571	439	11796	0	9193	19776	15314	0	526	361	20302	0	15675	32098	0	24868	56966
2014-15	10971	8767	0	516	376	11487	0	9053	13019	11076	0	367	1352	14810	0	11340	26297	0	20393	46690
2015-16	16814	13398	0	805	596	17619	0	13994	19195	14140	0	572	437	19767	0	14577	37386	0	28571	65957
2016-17	15565	12271	0	858	610	16423	0	12881	21525	15614	0	747	417	22272	0	16031	38695	0	28912	67607
2017-18	16470	13124	0	949	660	17419	0	13784	24545	18653	0	757	517	25302	0	19170	42721	0	32954	75675
2018-19	15072	12669	0	890	652	15962	0	13321	25583	21038	0	848	694	26431	0	21732	42393	0	35053	77446
2019-20	15990	14491	0	844	691	16834	0	15182	30011	27655	0	1079	787	31090	0	28442	47924	0	43624	91548
2020-21	6136	5707	3	211	161	6347	3	5868	8489	7262	0	174	133	8663	0	7395	15010	3	13263	28276
2021-22	**8888**	**8257**	**0**	**395**	**263**	**9283**	**0**	**8520**	**14826**	**13199**	**0**	**384**	**303**	**15210**	**0**	**13502**	**24493**	**0**	**22022**	**46515**
2022-23	**14503**	**14314**	**2**	**717**	**540**	**15220**	**2**	**14854**	**25953**	**23801**	**5**	**781**	**680**	**26734**	**5**	**24481**	**41954**	**7**	**39335**	**81296**
2023-24	**15345**	**15273**	**1**	**808**	**655**	**16153**	**1**	**15928**	**33342**	**30142**	**3**	**1262**	**1087**	**34604**	**3**	**31229**	**50757**	**4**	**47157**	**97918**
2024-25	**15619**	**15506**	**1**	**678**	**527**	**16297**	**1**	**16033**	**36075**	**30914**	**0**	**1039**	**835**	**37114**	**0**	**31749**	**53411**	**1**	**47782**	**101194**
2025-26	**16852**	**17152**	**0**	**857**	**607**	**17709**	**0**	**17759**	**37042**	**32552**	**0**	**1243**	**900**	**38285**	**0**	**33452**	**55994**	**0**	**51211**	**107205**

In Patient department

Statement of patients admitted/discharged during different years (Since Inception upto 2025-26)

S.No	Year	No. of patients attended at IPD											
		ADMITTED						DISCHARGED					
		Adult		Children		Total		Adult		Children		Total	
		M	F	M	F	M	F	M	F	M	F	M	F
1	1980-81	84	95	11	4	95	99	78	95	9	4	87	99
2	1981-82	134	123	9	8	143	131	129	117	10	8	139	125
3	1982-83	197	265	12	14	209	279	197	258	13	12	210	270
4	1983-84	231	257	25	15	256	272	223	272	21	14	244	286
5	1984-85	132	214	49	27	181	241	139	221	52	28	191	249
6	1985-86	112	180	12	8	124	188	312	79	148	11	460	90
7	1986-87	127	216	33	26	160	242	91	162	23	8	114	170
8	1987-88	108	199	20	13	128	212	72	135	9	8	81	143
9	1988-89	10	28	4	1	14	29	53	93	4	1	57	94
10	1989-90	10	28	4	1	14	29	4	20	3	1	7	21
11	1990-91	57	110	24	14	81	124	51	101	22	1	73	102
12	1991-92	57	77	14	12	71	89	56	82	16	13	72	95
13	1992-93	68	136	13	5	81	141	61	130	13	5	74	135
14	1993-94	53	67	3	4	56	71	39	59	3	4	42	63
15	1994-95	40	93	15	7	55	100	37	87	13	5	50	92
16	1995-96	75	132	9	6	84	138	64	128	2	1	66	129
17	1996-97	85	121	11	8	96	129	81	108	8	6	89	114
18	1997-98	89	118	11	10	100	128	84	110	11	10	95	120
19	1998-99	86	122	10	13	96	135	76	118	7	11	83	129
20	1999-00	77	99	15	9	92	108	70	93	13	7	83	100
21	2000-01	69	96	13	11	82	107	66	88	19	9	85	97
22	2001-02	94	120	17	13	111	133	86	107	14	13	100	120
23	2002-03	61	112	21	40	82	152	51	104	20	40	71	144
24	2003-04	158	156	22	11	180	167	149	148	22	10	171	158
25	2004-05	60	76	7	5	67	81	59	72	7	5	66	77

S.No	Year	No. of patients attended at IPD											
		ADMITTED						DISCHARGED					
		Adult		Children		Total		Adult		Children		Total	
		M	F	M	F	M	F	M	F	M	F	M	F
26	2005-06	101	127	12	4	113	131	96	116	12	4	108	120
27	2006-07	173	169	9	3	182	172	170	163	8	3	178	166
28	2007-08	101	112	0	0	101	112	104	111	0	0	104	111
29	2008-09	135	199	5	1	140	200	130	199	4	1	134	200
30	2009-10	163	190	5	4	168	194	158	180	7	6	165	186
31	2010-11	184	215	9	2	193	217	186	221	9	2	195	223
32	2011-12	124	233	7	7	131	240	128	235	4	6	132	241
33	2012-13	176	187	13	6	189	193	181	186	14	7	195	193
34	2013-14	249	280	13	3	262	283	241	272	10	3	251	275
35	2014-15	218	245	14	6	232	251	228	250	12	5	240	255
36	2015-16	212	274	20	8	232	282	215	265	18	8	233	273
37	2016-17	212	228	18	7	230	235	220	216	16	6	236	222
38	2017-18	354	363	23	11	377	374	414	352	11	11	425	363
39	2018-19	325	359	43	20	368	379	321	364	48	22	369	386
40	2019-20	281	364	34	12	315	376	290	375	34	13	324	388
41	2020-21	29	32	5	0	34	32	24	25	3	0	27	25
42	2021-22	117	118	9	1	126	119	116	117	11	1	127	118
43	2022-23	218	291	39	15	257	306	214	281	36	12	250	293
44	2023-24	234	314	39	15	273	329	237	327	41	17	278	344
45	2024-25	236	381	36	8	272	389	227	367	35	9	262	376
46	2025-26	211	305	57	8	268	313	223	323	60	8	283	331

Disease-wise statement of patients admitted/discharged during last five years (excluding reporting period)
(1st April 2020-2021 to 31st March 2024-2025)

Sl No	NAMC Code	Disease	Number of Patients											
			Admitted						Discharged					
			Adult		Child		Total		Adult		Child		Total	
			Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	AA	वाताव्याधि	102	128	84	29	186	157	99	123	82	29	181	152
2	AAB-17	उदावर्तः (केवलवात)	1	4	0	0	1	4	1	4	0	0	1	4
3	AAB-24	कम्पः/वेपथुः (केवलवात)	11	2	0	0	11	2	11	2	0	0	11	2
4	AAB-3	अङ्गमर्दः (केवलवात)	1	0	0	0	1	0	1	0	0	0	1	0
5	AAB-33	ग्रीवास्तंभ/ग्रीबहुंडनम	23	31	0	0	23	31	23	29	0	0	23	29
6	AAB-35	गुदार्तिः (केवलवात)	0	1	0	0	0	1	0	1	0	0	0	1
7	AAB-39	जानुभेदः (केवलवात)	1	0	0	0	1	0	1	0	0	0	1	0
8	AAB-6	अर्दितः (केवलवात)	3	3	0	0	3	3	3	3	0	0	3	3
9	AAB-61	पृष्ठ-ग्रहः (केवलवात)	0	1	0	0	0	1	0	1	0	0	0	1
10	AAB-63	बाधिर्यम् (केवलवात)	14	2	3	0	17	2	14	2	3	0	17	2
11	AAB-85	वाक्-सङ्गः	0	0	3	1	3	1	0	0	3	1	3	1
12	AAB-91	विषादः/दीनता	0	0	0	0	0	0	0	0	0	0	0	0
13	AAC-11	आक्षेपकः	0	0	2	0	2	0	0	0	2	0	2	0
14	AAC-12	आध्मानम्	1	0	0	0	1	0	1	0	0	0	1	0
15	AAC-12.4	विबन्ध	4	0	1	1	5	1	4	0	1	1	5	1
16	AAC-15	एकाङ्गवातः	0	0	0	0	0	0	0	0	0	0	0	0
17	AAC-20	गृध्रसी	83	125	0	0	83	125	80	123	0	0	80	123
18	AAC-24	पक्षाघातः/पक्षवधः	138	35	2	0	140	35	133	35	2	0	135	35
19	AAC-24.3	बाल-पक्षाघातः	0	0	0	1	0	1	0	0	0	1	0	1
20	AAC-30	पङ्गुः	0	0	0	0	0	0	0	0	0	0	0	0
21	AAC-31	मिन्मिनः	0	0	1	0	1	0	0	0	1	0	1	0
22	AAC-32	मान्यास्तम्भः	2	5	0	0	2	5	2	5	0	0	2	5
23	AAC-35	विश्वाची	1	0	0	0	1	0	1	0	0	0	1	0
24	AAC-36	कम्पः/वेपथुः	1	0	0	0	1	0	1	0	0	0	1	0
25	AAC-37	शिरोग्रहः	7	4	0	0	7	4	7	4	0	0	7	4
26	AAC-4	अर्दितः	2	2	0	0	2	2	2	2	0	0	2	2

27	AAC-8	अवबाहुकः	7	18	0	0	7	18	7	18	0	0	7	18
28	AAE-11	अस्थिगतवातः	2	1	0	1	2	2	2	1	0	1	2	2
29	AAE-16	सन्धिवातः	103	275	1	0	104	275	102	270	1	0	103	270
30	AAE-8	असृग्गतवातः/रक्तगतवात	1	1	0	0	1	1	1	1	0	0	1	1
31	AAE-9	मांसगतवातकोप	0	0	0	0	0	0	0	0	0	0	0	0
32	ABB-34	रक्तपित्तम् (केवलपित्त)	0	1	0	0	0	1	0	1	0	0	0	1
33	ACB-1	अतिस्थौल्यम् (केवल-कफ)	1	4	0	0	1	4	1	3	0	0	1	3
34	ACB-13	गलगण्डः (केवल-कफ)	0	1	0	0	0	1	0	1	0	0	0	1
35	ACB-23	अग्निमान्द्यम्	2	0	0	0	2	0	2	0	0	0	2	0
36	ACB-7	बुद्धिमान्द्यम् (केवल-कफ)	0	0	1	0	1	0	0	0	1	0	1	0
37	BC-1	मांसक्षयः	0	2	0	0	0	2	0	2	0	0	0	2
38	BE-1	अस्थिक्षयः	4	1	0	0	4	1	4	1	0	0	4	1
39	CA-1	मूत्रक्षयः	0	2	0	0	0	2	0	2	0	0	0	2
40	EA-3	कासः	1	0	0	0	1	0	1	0	0	0	1	0
41	EA-4	श्वास	1	1	0	0	1	1	1	1	0	0	1	1
42	EA-4.5	तमकश्वासः	0	1	0	0	0	1	0	1	0	0	0	1
43	EB-10.16	त्रिकशूलः	117	123	0	0	117	123	115	121	0	0	115	121
44	EB-11	उदावर्तः	0	1	0	0	0	1	0	1	0	0	0	1
45	EB-12	परिकर्तिका	0	2	0	0	0	2	0	2	0	0	0	2
46	EB-2	अतिसारः	0	0	1	0	1	0	0	0	1	0	1	0
47	EB-2.10	रक्तातिसारः	0	1	0	0	0	1	0	1	0	0	0	1
48	EB-3	अजीर्णम्	2	0	0	0	2	0	2	0	0	0	2	0
49	EB-4	अम्लपित्तम्	2	4	0	0	2	4	2	4	0	0	2	4
50	EB-5.16	अभिघातज-अरोचकः	1	0	0	0	1	0	1	0	0	0	1	0
51	EB-7	ग्रहणीदोषः	0	1	0	0	0	1	0	1	0	0	0	1
52	EC-2	हृद्रोगः	0	2	0	0	0	2	0	2	0	0	0	2
53	EC-3	ज्वरः	0	0	1	0	1	0	0	0	1	0	1	0
54	EC-6	आमवातः	32	132	0	1	32	133	31	132	0	1	31	133
55	EC-8	केशरोगः	1	0	0	0	1	0	1	0	0	0	1	0
56	ED-10	विसर्पः	0	1	0	0	0	1	0	1	0	0	0	1
57	ED-14	शीतपित्तम्	0	2	1	0	1	2	0	2	1	0	1	2
58	ED-16	भगन्दरः	0	0	0	0	0	0	0	0	0	0	0	0
59	ED-2.2	कण्डूः	1	0	0	0	1	0	1	0	0	0	1	0

60	ED-2.8	निद्रानाशः/अस्वप्नः	1	2	0	0	1	2	1	2	0	0	1	2
61	ED-4	कुष्ठम्	5	5	0	0	5	5	5	5	0	0	5	5
62	ED-4.3	क्षुद्रकुष्ठम्	8	7	0	0	8	7	8	7	0	0	8	7
63	ED-4.3.1	एककुष्ठः	3	0	0	0	3	0	3	0	0	0	3	0
64	ED-4.3.10	विचर्चिका	3	1	0	0	3	1	3	1	0	0	3	1
65	ED-4.3.3	किटिभः	5	0	0	0	5	0	5	0	0	0	5	0
66	ED-5	श्वित्रः	0	3	0	0	0	3	0	3	0	0	0	3
67	ED-8	वातरक्तम्	1	4	0	0	1	4	1	4	0	0	1	4
68	ED-9.7.6	वृक्कजविद्रधिः	3	1	0	0	3	1	3	1	0	0	3	1
69	EE-1	मांसवहस्रोतोदुष्टिः	3	0	8	0	11	0	3	0	7	0	10	0
70	EE-2	अर्बुदः	0	6	0	0	0	6	0	6	0	0	0	6
71	EE-2.4	रक्तज-अर्बुद	0	2	0	0	0	2	0	2	0	0	0	2
72	EE-3	अर्शः	0	1	0	0	0	1	0	1	0	0	0	1
73	EE-3.1	अर्श-पूर्वरूपम्	1	0	0	0	1	0	1	0	0	0	1	0
74	EE-3.2	शुष्क-अर्शः	0	1	0	0	0	1	0	1	0	0	0	1
75	EE-4	ग्रन्थिः	1	1	0	0	1	1	1	1	0	0	1	1
76	EE-4.5	सिराजग्रन्थिः	1	0	0	0	1	0	1	0	0	0	1	0
77	EF-2	प्रमेह	1	3	0	0	1	3	1	3	0	0	1	3
78	EF-2.4.4	मधुमेहः/क्षौद्रमेहः	6	3	0	0	6	3	6	2	0	0	6	2
79	EF-3	मेदोरोगः	0	1	0	0	0	1	0	1	0	0	0	1
80	EG-2	अध्यस्थिः	0	0	1	0	1	0	0	0	1	0	1	0
81	EI-1	शुक्रवहस्रोतोदुष्टिः	1	0	0	0	1	0	1	0	0	0	1	0
82	EI-2	क्लैब्यम्	2	0	0	0	2	0	2	0	0	0	2	0
83	EJ	मूत्रवहस्रोतोविकारः	0	1	0	0	0	1	0	1	0	0	0	1
84	EJ-2	अश्मरी	1	1	0	0	1	1	1	1	0	0	1	1
85	EJ-3	मूत्राघातः	0	3	0	0	0	3	0	3	0	0	0	3
86	EJ-4	मूत्रकृच्छ्रम्	1	0	0	0	1	0	1	0	0	0	1	0
87	EK-3	श्वयथुः/शोथः/शोफः	1	5	0	0	1	5	1	5	0	0	1	5
88	EK-4	उदर/उदररोगः	4	6	0	0	4	6	4	6	0	0	4	6
89	EL-2.10	उदावर्तिनी	0	0	0	0	0	0	0	0	0	0	0	0
90	EL-2.24	वन्ध्या	0	5	0	0	0	5	0	5	0	0	0	5
91	EL-2.9	अरजस्का	0	1	0	0	0	1	0	1	0	0	0	1
92	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	0	90	0	0	0	90	0	90	0	0	0	90

93	EL-4	रक्तप्रदरः	0	0	0	0	0	0	0	0	0	0	0	0
94	EL-5	सोमरोगः/श्वेतप्रदरः	0	1	0	0	0	1	0	1	0	0	0	1
95	EM	मनोवहस्रोतोविकारः	2	2	1	0	3	2	2	2	1	0	3	2
96	EM-1	मनोवहस्रोतोदुष्टिः	1	0	0	0	1	0	1	0	0	0	1	0
97	EM-2	उन्मादः	1	0	0	0	1	0	1	0	0	0	1	0
98	EM-3	अपस्मारः	2	0	1	0	3	0	2	0	1	0	3	0
99	F	शिरोरोगः/शिरःशूल	0	1	0	0	0	1	0	1	0	0	0	1
100	F-8	अर्धावभेदकः	0	2	0	0	0	2	0	2	0	0	0	2
101	FA-3	खालित्यम्/खलति	4	3	0	0	4	3	4	3	0	0	4	3
102	FA-4	दारुणकः	1	0	0	0	1	0	1	0	0	0	1	0
103	H	नेत्ररोगः/अक्षिरोगः	7	1	0	0	7	1	7	1	0	0	7	1
104	HB-15	वातहत-वर्त्म	4	0	0	0	4	0	4	0	0	0	4	0
105	HF-1	अभिष्यन्दः	0	0	0	0	0	0	0	0	0	0	0	0
106	HF-2	अधिमन्थः	8	7	0	0	8	7	8	7	0	0	8	7
107	HF-7	शुष्काक्षिपाकः	2	1	0	0	2	1	2	1	0	0	2	1
108	HG-1	तिमिरः	49	31	8	3	57	34	49	31	8	3	57	34
109	HG-10	नकुलान्ध्यम्	1	0	0	0	1	0	1	0	0	0	1	0
110	HG-3	लिङ्गनाशः	11	3	1	0	12	3	11	3	1	0	12	3
111	I-1	प्रतिश्यायः/पीनसः	1	3	0	0	1	3	1	3	0	0	1	3
112	I-1.3	वातजप्रतिश्यायः	0	1	0	0	0	1	0	1	0	0	0	1
113	I-16	नासार्शः	0	2	0	0	0	2	0	2	0	0	0	2
114	I-3	नासाशोषः	2	0	0	0	2	0	2	0	0	0	2	0
115	J	कर्णरोगः	0	0	0	0	0	0	0	0	0	0	0	0
116	J-14	कर्ण-स्रावः	1	1	0	0	1	1	1	1	0	0	1	1
117	LA	भग्नः	0	0	0	0	0	0	0	0	0	0	0	0
118	LD-1.12	मणिबन्ध-मर्मविद्धः	0	1	0	0	0	1	0	1	0	0	0	1
119	MB-1	स्कन्दग्रहः	1	0	0	0	1	0	1	0	0	0	1	0
120	MD-11	दौर्बल्यम्	8	2	7	1	15	3	8	2	7	1	15	3
121	MD-17	फक्क-रोगः	0	0	0	2	0	2	0	0	0	2	0	2
122	O-35	युवानपिडका (मुखदूषिका)	1	0	0	0	1	0	1	0	0	0	1	0
Total			832	1135	128	40	960	1175	817	1117	125	40	942	1157

Result of treatment for the discharged patients during last five years (excluding reporting period)
(1st April 2020-2021 to 31st March 2024-2025)

Sl No	NAMC Code	Disease	Result of Treatment						
			Good **Response**	Fair **Response**	Poor **Response**	No **Response**	Death	Drop **Out**	Total
1	AA	वाताव्याधि	46	114	105	68	0	0	333
2	AAB-17	उदावर्तः (केवलवात)	1	3	1	0	0	0	5
3	AAB-24	कम्पः/वेपथुः	3	6	1	3	0	0	13
4	AAB-3	अङ्गमर्दः (केवलवात)	1	0	0	0	0	0	1
5	AAB-33	ग्रीवास्तंभ/ग्रीबहुंडनम	18	25	7	2	0	0	52
6	AAB-35	गुदार्तिः (केवलवात)	0	1	0	0	0	0	1
7	AAB-39	जानुभेदः (केवलवात)	0	1	0	0	0	0	1
8	AAB-6	अर्दितः (केवलवात)	1	4	1	0	0	0	6
9	AAB-61	पृष्ठ-ग्रहः (केवलवात)	0	1	0	0	0	0	1
10	AAB-63	बाधिर्यम् (केवलवात)	2	11	5	1	0	0	19
11	AAB-85	वाक्-सङ्गः	0	1	3	0	0	0	4
12	AAB-91	विषादः/दीनता	0	0	0	0	0	0	0
13	AAC-11	आक्षेपकः	0	0	2	0	0	0	2
14	AAC-12	आध्मानम्	0	0	1	0	0	0	1
15	AAC-12.4	विबन्ध	0	2	3	1	0	0	6
16	AAC-15	एकाङ्गवातः	0	0	0	0	0	0	0
17	AAC-20	गृध्रसी	64	93	29	16	0	1	203
18	AAC-24	पक्षाघातः/पक्षवधः	31	80	30	29	0	0	170
19	AAC-24.3	बाल-पक्षाघातः	0	1	0	0	0	0	1
20	AAC-30	पङ्गुः	0	0	0	0	0	0	0
21	AAC-31	मिन्मिनः	0	1	0	0	0	0	1
22	AAC-32	मान्यास्तम्भः	1	2	2	2	0	0	7
23	AAC-35	विश्वाची	0	1	0	0	0	0	1
24	AAC-36	कम्पः/वेपथुः	0	0	1	0	0	0	1
25	AAC-37	शिरोग्रहः	4	3	2	2	0	0	11
26	AAC-4	अर्दितः	2	0	1	1	0	0	4
27	AAC-8	अवबाहुकः	10	10	3	2	0	0	25
28	AAE-11	अस्थिगतवातः	1	0	2	1	0	0	4
29	AAE-16	सन्धिवातः	114	150	65	44	0	0	373
30	AAE-8	असृग्गतवातः/रक्तगतवात	1	1	0	0	0	0	2

31	AAE-9	मांसगतवातकोप	0	0	0	0	0	0	0
32	ABB-34	रक्तपित्तम् (केवलपित्त)	0	1	0	0	0	0	1
33	ACB-1	अतिस्थौल्यम्	2	2	0	0	0	0	4
34	ACB-13	गलगण्डः (केवल-कफ)	1	0	0	0	0	0	1
35	ACB-23	अग्निमान्द्यम्	0	1	0	1	0	0	2
36	ACB-7	बुद्धिमान्द्यम् (केवल-कफ)	0	0	0	1	0	0	1
37	BC-1	मांसक्षयः	0	1	1	0	0	0	2
38	BE-1	अस्थिक्षयः	1	0	2	2	0	0	5
39	CA-1	मूत्रक्षयः	0	0	2	0	0	0	2
40	EA-3	कासः	0	1	0	0	0	0	1
41	EA-4	श्वास	0	1	0	1	0	0	2
42	EA-4.5	तमकश्वासः	0	1	0	0	0	0	1
43	EB-10.16	त्रिकशूलः	82	104	30	20	0	0	236
44	EB-11	उदावर्तः	0	0	0	1	0	0	1
45	EB-12	परिकर्तिका	1	0	1	0	0	0	2
46	EB-2	अतिसारः	0	1	0	0	0	0	1
47	EB-2.10	रक्तातिसारः	0	0	1	0	0	0	1
48	EB-3	अजीर्णम्	1	1	0	0	0	0	2
49	EB-4	अम्लपित्तम्	2	3	1	0	0	0	6
50	EB-5.16	अभिघातज-अरोचकः	0	0	1	0	0	0	1
51	EB-7	ग्रहणीदोषः	0	1	0	0	0	0	1
52	EC-2	हृद्रोगः	0	0	0	2	0	0	2
53	EC-3	ज्वरः	0	0	0	1	0	0	1
54	EC-6	आमवातः	34	80	32	18	0	0	164
55	EC-8	केशरोगः	1	0	0	0	0	0	1
56	ED-10	विसर्पः	1	0	0	0	0	0	1
57	ED-14	शीतपित्तम्	1	2	0	0	0	0	3
58	ED-16	भगन्दरः	0	0	0	0	0	0	0
59	ED-2.2	कण्डूः	0	1	0	0	0	0	1
60	ED-2.8	निद्रानाशः/अस्वप्नः	0	2	1	0	0	0	3
61	ED-4	कुष्ठम्	2	4	2	2	0	0	10
62	ED-4.3	क्षुद्रकुष्ठम्	3	6	3	3	0	0	15
63	ED-4.3.1	एककुष्ठः	0	0	1	2	0	0	3
64	ED-4.3.10	विचर्चिका	0	4	0	0	0	0	4
65	ED-4.3.3	किटिभः	2	3	0	0	0	0	5
66	ED-5	श्वित्रः	1	1	0	1	0	0	3
67	ED-8	वातरक्तम्	0	3	1	1	0	0	5

68	ED-9.7.6	वृक्कजविद्रधिः	0	4	0	0	0	0	4
69	EE-1	मांसवहस्रोतोदुष्टिः	1	2	4	3	0	0	10
70	EE-2	अर्बुदः	0	2	4	0	0	0	6
71	EE-2.4	रक्तज-अर्बुद	0	1	1	0	0	0	2
72	EE-3	अर्शः	0	1	0	0	0	0	1
73	EE-3.1	अर्श-पूर्वरूपम्	0	1	0	0	0	0	1
74	EE-3.2	शुष्क-अर्शः	0	1	0	0	0	0	1
75	EE-4	ग्रन्थिः	0	2	0	0	0	0	2
76	EE-4.5	सिराजग्रन्थिः	0	1	0	0	0	0	1
77	EF-2	प्रमेह	1	2	1	0	0	0	4
78	EF-2.4.4	मधुमेहः/क्षौद्रमेहः	2	5	0	1	0	0	8
79	EF-3	मेदोरोगः	0	0	1	0	0	0	1
80	EG-2	अध्यस्थिः	0	0	1	0	0	0	1
81	EI-1	शुक्रवहस्रोतोदुष्टिः	0	0	1	0	0	0	1
82	EI-2	क्लैब्यम्	0	2	0	0	0	0	2
83	EJ	मूत्रवहस्रोतोविकारः	0	0	0	1	0	0	1
84	EJ-2	अश्मरी	1	1	0	0	0	0	2
85	EJ-3	मूत्राघातः	0	2	1	0	0	0	3
86	EJ-4	मूत्रकृच्छ्रम्	0	1	0	0	0	0	1
87	EK-3	श्वयथुः/शोथः/शोफः	4	0	1	1	0	0	6
88	EK-4	उदर/उदररोगः	1	6	3	0	0	0	10
89	EL-2.10	उदावर्तिनी	0	0	0	0	0	0	0
90	EL-2.24	वन्ध्या	3	1	0	1	0	0	5
91	EL-2.9	अरजस्का	0	0	1	0	0	0	1
92	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	21	68	1	0	0	0	90
93	EL-4	रक्तप्रदरः	0	0	0	0	0	0	0
94	EL-5	सोमरोगः/श्वेतप्रदरः	0	0	1	0	0	0	1
95	EM	मनोवहस्रोतोविकारः	0	3	1	1	0	0	5
96	EM-1	मनोवहस्रोतोदुष्टिः	0	1	0	0	0	0	1
97	EM-2	उन्मादः	0	0	1	0	0	0	1
98	EM-3	अपस्मारः	1	1	1	0	0	0	3
99	F	शिरोरोगः/शिरःशूल	0	1	0	0	0	0	1
100	F-8	अर्धावभेदकः	0	2	0	0	0	0	2
101	FA-3	खालित्यम्/खलति	1	5	0	1	0	0	7
102	FA-4	दारुणकः	0	1	0	0	0	0	1
103	H	नेत्ररोगः/अक्षिरोगः	1	5	2	0	0	0	8
104	HB-15	वातहत-वर्त्म	4	0	0	0	0	0	4

105	HF-1	अभिष्यन्दः	0	0	0	0	0	0	0
106	HF-2	अधिमन्थः	4	4	5	2	0	0	15
107	HF-7	शुष्काक्षिपाकः	1	1	1	0	0	0	3
108	HG-1	तिमिरः	18	55	13	5	0	0	91
109	HG-10	नकुलान्ध्यम्	0	0	0	1	0	0	1
110	HG-3	लिङ्गनाशः	2	7	4	2	0	0	15
111	I-1	प्रतिश्यायः/पीनसः	1	3	0	0	0	0	4
112	I-1.3	वातजप्रतिश्यायः	0	1	0	0	0	0	1
113	I-16	नासार्शः	0	2	0	0	0	0	2
114	I-3	नासाशोषः	1	0	1	0	0	0	2
115	J	कर्णरोगः	0	0	0	0	0	0	0
116	J-14	कर्ण-स्रावः	0	1	0	1	0	0	2
117	LA	भग्नः	0	0	0	0	0	0	0
118	LD-1.12	मणिबन्ध-मर्मविद्धः	0	1	0	0	0	0	1
119	MB-1	स्कन्दग्रहः	0	0	1	0	0	0	1
120	MD-11	दौर्बल्यम्	2	6	6	4	0	0	18
121	MD-17	फक्क-रोगः	0	0	0	2	0	0	2
122	O-35	युवानपिडका (मुखदूषिका)	1	0	0	0	0	0	1
Total			**506**	**938**	**400**	**254**	**0**	**1**	**2099**

Percentage of yearly bed occupancy during different years since inception upto the reporting year 20

S.No	Year	No of Beds Available	Percentage of Yearly Bed Occup
1	1980-81	50	16.34%
2	1981-82	50	36.90%
3	1982-83	50	56.15%
4	1983-84	50	70.21%
5	1984-85	50	68.70%
6	1985-86	50	28.49%
7	1986-87	50	47.85%
8	1987-88	50	51.63%
9	1988-89	50	43.10%
10	1989-90	50	5.20%
11	1990-91	50	33.86%
12	1991-92	50	29.02%
13	1992-93	50	29.70%
14	1993-94	50	34.02%
15	1994-95	50	Not available
16	1995-96	50	29%
17	1996-97	50	28.56%
18	1997-98	50	24.66%
19	1998-99	50	30.44%
20	1999-00	50	35.92%
21	2000-01	50	30.25%
22	2001-02	50	35.58%
23	2002-03	50	42.32%
24	2003-04	50	41.10%
25	2004-05	50	12.37%
26	2005-06	50	24.93%
27	2006-07	50	34.03%
28	2007-08	50	16.95%
29	2008-09	50	28.19%
30	2009-10	50	30.74%
31	2010-11	30	59.68%
32	2011-12	30	51.15%
33	2012-13	30	51.70%
34	2013-14	30	72.54%
35	2014-15	30	59.46%
36	2015-16	30	71.82%
37	2016-17	35	63.81%

38	2017-18	40	70.76%
39	2018-19	40	52.94%
40	2019-20	40	57.13%
41	2020-21	*as per COVID Guidelines 20 from 1st Feb. 2021	60.76%
42	2021-22	*as per COVID Guidelines **20** from 1st Feb. 2021 to 28th Feb 2022 **40 from 1st March 2022	*60.91% (1st April 2021 to 28th February2022) **56.04% (1st March to 31st March)
43	2022-23	40	53.79%
44	2023-24	40	53.14%
45	2024-25	40	56.50%
46	2025-26	40	65.74%

Percentage of yearly Bed occupancy for the year 2025-26

*Percentage of yearly Bed occupancy for the year 2023-24

$$= \frac{\text{Total days of care to the patients during the year X 100}}{\text{No. of beds X No. of days}}$$

$$= \frac{9599X100}{40X365} = 65.74\%$$

nt of Patient's admitted/discharged during the reporting year 2025-26 (To be furnished separately for assigned clinical problems)

C_Na e	Short_definition	Carried forward from previous year						Admitted						Discharged					
		Adult		Child		Total		Adult		Child		Total		Adult		Child		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
धि	disorders due to वात	3	5	2	0	5	5	40	65	38	5	78	70	41	69	40	5	81	74
म् ात)	kyphosis/captocormia (due only to vātadōṣa)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
ात)	emaciation (due only to वातदोष)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
भ/ग्रीब केवल	neck stiffness/ torticollis/ spasmodic torticollois (due only to वातदोष)	0	2	0	0	0	2	4	7	0	0	4	7	4	9	0	0	4	9
ात)	facial paralysis (due only to वातदोष)	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2	0
ात)	deafness (due	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
ङ्गः	(केवलवात) lalling speech (due only to वातदोष)	0	0	0	0	0	0	0	0	2	0	2	0	0	0	2	0	2	0
	simple constipation	0	0	0	0	0	0	1	1	0	0	1	1	1	1	0	0	1	1
	sciatica	3	2	0	0	3	2	29	36	0	0	29	36	32	38	0	0	32	38
ः/पक्षव	hemiplegia/hemiparesis	5	0	0	0	5	0	40	12	1	1	41	13	45	12	1	1	46	13
म्भः	stiff neck/torticollis/wry neck	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
	dumbness/aphasia	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0

13	178	AAC-36	कम्पः/वेपथुः	tremor	0	0	0	0	0	0	3	0	1	0	4	0	3	0	1	0	4	0
14	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
15	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	0	0	0	2	9	0	0	2	9	1	9	0	0	1	9
16	243	AAE-11	अस्थिगतवातः	aggravation of वात in अस्थि	0	0	0	0	0	0	0	0	1	1	1	1	0	0	1	1	1	1
17	248	AAE-16	सन्धिवातः	osteo-arthritis	1	5	0	0	1	5	32	77	1	0	33	77	33	82	1	0	34	82
18	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated वात in रक्त	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
19	326	ACB-1	अतिस्थौल्यम्	obesity (due only	0	1	0	0	0	1	0	3	0	0	0	3	0	4	0	0	0	4
20	332	ACB-7	बुद्धिमान्द्यम् (केवल-कफ)	lack of decisiveness (due only to कफदोष)	0	0	0	0	0	0	0	0	4	0	4	0	0	0	4	0	4	0
21	489	EA-4	श्वासः	dyspnoea	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
22	652	EB-10.16	त्रिकशूलः	sacralgia	2	2	0	0	2	2	26	32	0	0	26	32	28	34	0	0	28	34
23	656	EB-11	उदावर्तः	obstipation	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
24	558	EB-4	अम्लपित्तम्	hyperacidity	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
25	601	EB-7	ग्रहणीदोषः	disorders of lower G.I.T	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
26	681	EC-2	हृद्रोगः	heart disease	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
27	812	EC-5	पाण्डुरोगः	anaemia	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
28	823	EC-6	आमवातः	rheumatism due to आम	1	0	0	0	1	0	3	24	0	0	3	24	4	24	0	0	4	24
29	1029	ED-14	शीतपित्तम्	urticaria	0	1	0	0	0	1	1		0	0	1	0	1	1	0	0	1	1
30	883	ED-4	कुष्ठम्	integumentary disease	0	0	0	0	0	0	2	2	0	0	2	2	2	2	0	0	2	2
31	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	0	0	0	0	0	1		0	0	1	0	1	0	0	0	1	0
32	895	ED-4.3.1	एककुष्ठः	eka कुष्ठ	0	0	0	0	0	0	2	1	0	0	2	1	2	1	0	0	2	1
33	897	ED-4.3.3	किटिभः	kiTibha-कुष्ठ	0	0	0	0	0	0	1	2	0	0	1	2	1	2	0	0	1	2

34	985	ED-9.7.6	वृक्कजविद्रधिः	renal-विद्रधी	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
35	1063	EE-1	मांसवहस्रोतोदुष्टिः	derangement of maMsavahasrOtas	0	0	1	0	1	0	0	0	3	0	3	0	0	0	4	0	4	0
36	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0		1	0	0	0	1	0	1	0	0	0	1
37	1110	EF-2	प्रमेहः	diabetes mellitus	0	0	0	0	0	0	1	1	0	0	1	1	1	1	0	0	1	1
38	1139	EF-2.4.4	मधुमेहः/क्षौद्रमेहः	Diabetes mellitus	0	1	0	0	0	1	5	3	0	0	5	3	5	4	0	0	5	4
39	246	EJ	मूत्रवहस्रोतोविकारः	disorders of मूत्रवहस्रोतस्	0	0	0	0	0	0	2		0	0	2	0	2	0	0	0	2	0
40	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	0	0	0	0	0	0	1		0	0	1	0	1	0	0	0	1	0
41	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	0	0	0	0	0	0		4	0	0	0	4	0	4	0	0	0	4
42	1374	EL-2.24	वन्ध्या	primary infertility	0	0	0	0	0	0		2	0	0	0	2	0	2	0	0	0	2
43	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	0	0		2	0	0	0	2	0	2	0	0	0	2
44	1421	EM	मनोवहस्रोतोविकारः	disorders of मनोवहस्रोतस्	0	0	0	0	0	0	1		0	0	1	0	1	0	0	0	1	0
45	1530	F-8	अर्धावभेदकः	hemicrania	0	0	0	0	0	0		1	0	0	0	1	0	1	0	0	0	1
46	662	H	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	0	0	0	0	0	0	1		0	0	1	0	1	0	0	0	1	0
47	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	1	1	0	0	1	1	1	1	0	0	1	1
48	1754	HF-7	शुष्काक्षिपाकः		0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
49	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	4	0	0	0	4	0	4	0	0	0	4
50	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	2	0	1	0	3	0	2	0	1	0	3	0
51	1785	HG-3	लिंगनाश	Complete blindness	0	0	0	0	0	0	2	0	1	0	3	0	2	0	1	0	3	0
52	1814	I-1	प्रतिश्याय	rhinitis	0	0	0	0	0	0	1	3	0	0	1	3	1	3	0	0	1	3

53	2170	MD-11	दौर्बल्यम्	debility	0	0	0	0	0	0	1	2	0	0	1	2	1	2	0	0	1	2
54	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	2	1	2	1	0	0	2	1	2	1
Total					15	19	3	0	18	19	211	305	57	8	268	313	223	323	60	8	283	331

Results of treatment for the patients discharged during the reporting year 2025-26 (To be furnished separately for assigned clinical problems and general patients treated):

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Result of Treatment						
					Good Response	Fair Response	Poor Response	No Response	Drop Out	Death	Total
1	4	AA	वाताव्याधि	disorders due to वात	26	80	35	14	0	0	155
2		AAB-28	कुब्जत्वम् (केवलवात)	kyphosis/captocormia (due only to vātadōṣa)	0	1	0	0	0	0	1
3	45	AAB-29	कार्श्यम् (केवलवात)	emaciation (due only to वातदोष)	0	1	0	0	0	0	1
4	49	AAB-33	ग्रीवास्तंभ/ग्रीबहुंडनम(केवल वात)	neck stiffness/ torticollis/ spasmodic torticollois (due only to वातदोष)	6	6	1	0	0	0	13
5	22	AAB-6	अर्दितः (केवलवात)	facial paralysis (due only to वातदोष)	1	1	0	0	0	0	2
6	80	AAB-63	बाधिर्यम् (केवलवात)	deafness (due only to वातदोष)	0	1	0	0	0	0	1
7	102	AAB-85	वाक्-सङ्गः	(केवलवात) lalling speech (due only to वातदोष)	0	2	0	0	0	0	2
8	2983	AAC-12.4	विबन्ध	simple constipation	1	0	0	1	0	0	2
9	157	AAC-20	गृध्रसी	sciatica	24	34	4	8	0	0	70
10	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	15	27	12	5	0	0	59
11	174	AAC-32	मन्यास्तम्भः	stiff neck/torticollis/wry neck	0	0	1	0	0	0	1
12	175	AAC-33	मूकत्वम्	dumbness/aphasia	0	1	0	0	0	0	1
13	178	AAC-36	कम्पः/वेपथुः	tremor	0	3	0	1	0	0	4
14	179	AAC-37	शिरोग्रहः	head and neck rigidity	1	0	0	0	0	0	1
15	141	AAC-8	अवबाहुकः	frozen shoulder	5	5	0	0	0	0	10
16	243	AAE-11	अस्थिगतवातः	aggravation of वात in अस्थि	0	0	2	0	0	0	2
17	248	AAE-16	सन्धिवातः	osteo-arthritis	43	53	9	11	0	0	116
18	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated वात in रक्त	1	0	0	0	0	0	1
19	326	ACB-1	अतिस्थौल्यम्	obesity (due only to कफदोष)	2	1	1	0	0	0	4
20	332	ACB-7	बुद्धिमान्द्यम् (केवल-कफ)	lack of decisiveness (due only to कफदोष)	0	1	3	0	0	0	4
21	489	EA-4	श्वासः	dyspnoea	0	1	0	0	0	0	1
22	652	EB-10.16	त्रिकशूलः	sacralgia	22	32	6	2	0	0	62

23	656	EB-11	उदावर्तः	obstipation	0	1	0	0	0	0	1
24	558	EB-4	अम्लपित्तम्	hyperacidity	0	2	0	0	0	0	2
25	601	EB-7	ग्रहणीदोषः	disorders of lower G.I.T	1	0	0	0	0	0	1
26	681	EC-2	हृद्रोगः	heart disease	0	0	0	1	0	0	1
27	812	EC-5	पाण्डुरोगः	anaemia	0	1	0	0	0	0	1
28	823	EC-6	आमवातः	rheumatism due to आम	12	9	5	2	0	0	28
29	1029	ED-14	शीतपित्तम्	urticaria	1	1	0	0	0	0	2
30	883	ED-4	कुष्ठम्	integumentary disease	2	2	0	0	0	0	4
31	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	1	0	0	0	0	1
32	895	ED-4.3.1	एककुष्ठः	eka कुष्ठ	2	1	0	0	0	0	3
33	897	ED-4.3.3	किटिभः	kiTibha-कुष्ठ	1	1	1	0	0	0	3
34	985	ED-9.7.6	वृक्कजविद्रधिः	renal-विद्रधी	0	0	1	0	0	0	1
35	1063	EE-1	मांसवहस्रोतोदुष्टिः	derangement of maMsavahasrOtas	2	0	2	0	0	0	4
36	1064	EE-2	अर्बुदः	tumor	0	1	0	0	0	0	1
37	1110	EF-2	प्रमेहः	diabetes mellitus	1	1	0	0	0	0	2
38	1139	EF-2.4.4	मधुमेहः/क्षौद्रमेहः	Diabetes mellitus	3	4	0	2	0	0	9
39	246	EJ	मूत्रवहस्रोतोविकारः	disorders of मूत्रवहस्रोतस्		1		1	0	0	2
40	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	0	0	1	0	0	0	1
41	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	1	2	1	0	0	0	4
42	1374	EL-2.24	वन्ध्या	primary infertility	1	1	0	0	0	0	2
43	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	1	1	0	0	0	0	2
44	1421	EM	मनोवहस्रोतोविकारः	disorders of मनोवहस्रोतस्	1	0	0	0	0	0	1
45	1530	F-8	अर्धावभेदकः	hemicrania	0	1	0	0	0	0	1
46	662	H	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	0	1	0	0	0	0	1
47	1745	HF-2	अधिमन्थः	glaucoma	0	2	0	0	0	0	2
48	1754	HF-7	शुष्काक्षिपाकः		0	0	0	1	0	0	1
49	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	2	1	1	0	0	0	4
50	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	3	0	0	0	0	3
51	1785	HG-3	लिंगनाश	Complete blindness	1	1	1	0	0	0	3
52	1814	I-1	प्रतिश्याय	rhinitis	1	2	0	1	0	0	4
53	2170	MD-11	दौर्बल्यम्	debility	2	1	0	0	0	0	3
54	2177	MD-17	फक्क-रोगः	delay in walking	0	2	1	0	0	0	3
Total					**182**	**294**	**88**	**50**	**0**	**0**	**614**

Disease wise average duration of hospitalisation during the reporting period 2025-26 (based on days of ca patients discharged excluding cases of death and LAMA.

Average duration of hospitalisation (of a particular disease) =

$$\frac{\text{Total days of care provided to (for a particular disease) the patient discharged}}{\text{No. of patients discharged}}$$

Sl. No	Disease	Average duration of hospitalization
1	वाताव्याधि	16.8
2	ग्रीवास्तंभ/ग्रीबहुंडनम(केवलवात)	8.92
3	कुब्जत्वम् (केवलवात)	10
4	कार्श्यम् (केवलवात)	10
5	मन्यास्तम्भः	15
6	वाक्-सङ्गः	15.5
7	विबन्ध	22
8	गृध्रसी	13.9
9	पक्षाघातः/पक्षवधः	19.9
10	मूकत्वम्	12
11	कम्पः/वेपथुः	15.5
12	शिरोग्रहः	14
13	अर्दितः (केवलवात)	11
14	अवबाहुकः	12.8
15	सन्धिवातः	15.5
16	असृग्गतवातः/रक्तगतवात	7
17	अतिस्थौल्यम्	9
18	बुद्धिमान्द्यम् (केवल-कफ)	6.75
19	त्रिकशूलः	15.1
20	श्वासः	15
21	उदावर्तः	35
22	शीतपित्तम्	4.5
23	अम्लपित्तम्	16.5
24	ग्रहणीदोषः	27
25	हृद्रोगः	1
26	पाण्डुरोगः	16
27	आमवातः	18.1
28	कुष्ठम्	4
29	एककुष्ठः	2
30	किटिभः	6.33
31	वृक्कजविद्रधिः	4
32	मांसवहस्रोतोदुष्टिः	14.5
33	अर्बुदः	5
34	प्रमेहः	15
35	मधुमेहः/क्षौद्रमेहः	12.9
36	मूत्रवहस्रोतोविकारः	9
37	अश्मरी	8
38	श्वयथुः/शोथः/शोफः	5.75

39	वन्ध्या	7
40	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	15.5
41	मनोवहस्रोतोविकारः	11
42	अर्धावभेदकः	9
43	नेत्ररोगः/अक्षिरोगः	10
44	अधिमन्थः	6
45	शुष्काक्षिपाकः	16
46	तिमिरः	14.5
47	नकुलान्ध्यम्	28.7
48	लिंगनाश	48
49	प्रतिश्याय	7
50	बाधिर्यम् (केवलवात)	4
51	दौर्बल्यम्	27.7
52	delay in walking	12.3
53	क्षुद्रकुष्ठम्	16
54	अस्थिगतवातः	9

nded at OPD during the reporting year 2025-26

ort_def ition	No. of patients treated																			Grand Total (M+F)
	New								Follow up								Total			
	Adult			Child		Total			Adult			Child		Total						
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	
stension mpanit meteori n or inful dominal stension	284	241	0	3	1	**287**	**0**	**242**	518	318	0	1	2	**519**	**0**	**320**	**806**	**0**	**562**	**1368**
mple nstipati	377	213	0	16	13	**393**	**0**	**226**	754	367	0	19	29	**773**	**0**	**396**	**1166**	**0**	**622**	**1788**
onopleg	5	1	0	0	0	**5**	**0**	**1**	8	2	0	0	0	**8**	**0**	**2**	**13**	**0**	**3**	**16**
ee novitis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
nvulsiv it	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
iatica	363	469	0	4	2	**367**	**0**	**471**	876	988	0	0	0	**876**	**0**	**988**	**1243**	**0**	**1459**	**2702**
miplegi hemipar s	179	67	0	0	1	**179**	**0**	**68**	632	224	0	3	0	**635**	**0**	**224**	**814**	**0**	**292**	**1106**
miplegi n ildren	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
hotono	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
meness ilateral)	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
iff neck/ rticollis/ asmodic rticolloi	24	15	0	0	0	**24**	**0**	**15**	78	32	0	0	0	**78**	**0**	**32**	**102**	**0**	**47**	**149**
achial uralgia m pain	9	5	0	0	0	**9**	**0**	**5**	11	10	0	0	0	**11**	**0**	**10**	**20**	**0**	**15**	**35**

13	179	AAC-37	शिरोग्रहः	head and neck rigidity	27	33	0	0	0	**27**	**0**	**33**	70	94	0	0	0	**70**	**0**	**94**	**97**	**0**	**127**	**224**
14	135	AAC-4	अर्दितः	facial paralysis	20	9	0	0	0	**20**	**0**	**9**	58	6	0	0	0	**58**	**0**	**6**	**78**	**0**	**15**	**93**
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
16	141	AAC-8	अवबाहुकः	frozen shoulder	93	95	0	0	0	**93**	**0**	**95**	259	203	0	0	0	**259**	**0**	**203**	**352**	**0**	**298**	**650**
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	1	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
18	248	AAE-16	सन्धिवातः	osteo-arthritis	2193	3036	0	18	15	**2211**	**0**	**3051**	4428	5517	0	36	22	**4464**	**0**	**5539**	**6675**	**0**	**8590**	**15265**
19	262	ABB-1	अक्षिपाकः	red eye/blood shot eye	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
20	285	ABB-24	दाहः	burning sensation	16	3	0	0	0	**16**	**0**	**3**	27	12	0	0	0	**27**	**0**	**12**	**43**	**0**	**15**	**58**
21	287	ABB-26	पालित्य	premature graying of hair	11	1	0	0	0	**11**	**0**	**1**	13	1	0	0	0	**13**	**0**	**1**	**24**	**0**	**2**	**26**
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	88	69	0	9	4	**97**	**0**	**73**	167	133	0	5	5	**172**	**0**	**138**	**269**	**0**	**211**	**480**
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhea	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
25	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
26	471	EA-2	हिक्का	hiccup/singultus	1	0	0	0	0	**1**	**0**	**0**	2	0	0	0	0	**2**	**0**	**0**	**3**	**0**	**0**	**3**
27	480	EA-3	कासः	cough / tussis	534	372	0	67	45	**601**	**0**	**417**	745	481	0	54	42	**799**	**0**	**523**	**1400**	**0**	**940**	**2340**
28	500	EA-5	स्वरभेदः	dysphonia	7	3	0	0	1	**7**	**0**	**4**	25	16	0	0	0	**25**	**0**	**16**	**32**	**0**	**20**	**52**
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
30	633	EB-10	शूलः	colicky pain/abdo	570	610	0	27	20	**597**	**0**	**630**	731	675	0	20	26	**751**	**0**	**701**	**1348**	**0**	**1331**	**2679**

				minal colic																				
31	643	EB-10.10	परिणाम शूलः	duodenal ulcer	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
33	650	EB-10.14	हृदयशूलः	cardialgia/ precordial pain	50	22	0	0	0	**50**	**0**	**22**	116	41	0	0	0	**116**	**0**	**41**	**166**	**0**	**63**	**229**
34	651	EB-10.15	पार्श्वशूलः	flank pain	3	0	0	0	0	**3**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**3**	**0**	**0**	**3**
35	656	EB-11	उदावर्तः	obstipation	52	39	0	0	0	**52**	**0**	**39**	144	64	0	0	0	**144**	**0**	**64**	**196**	**0**	**103**	**299**
36	676	EB-12	परिकर्तिका	proctalgia	442	385	0	2	6	**444**	**0**	**391**	1180	1052	0	12	16	**1192**	**0**	**1068**	**1636**	**0**	**1459**	**3095**
37	515	EB-2	अतिसारः	diarrhoea	27	16	0	1	4	**28**	**0**	**20**	64	33	0	0	0	**64**	**0**	**33**	**92**	**0**	**53**	**145**
38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
41	536	EB-3	अजीर्णम्	indigestion	96	70	0	3	2	**99**	**0**	**72**	211	165	0	4	4	**215**	**0**	**169**	**314**	**0**	**241**	**555**
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
43	558	EB-4	अम्लपित्तम्	hyperacidity	323	316	0	1	3	**324**	**0**	**319**	661	581	0	0	4	**661**	**0**	**585**	**985**	**0**	**904**	**1889**
44	586	EB-6	छर्दिः	vomiting/ emesis	2	0	0	0	0	**2**	**0**	**0**	4	0	0	0	0	**4**	**0**	**0**	**6**	**0**	**0**	**6**
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	94	59	0	7	3	**101**	**0**	**62**	355	121	0	10	1	**365**	**0**	**122**	**466**	**0**	**184**	**650**
46	611	EB-8	गुल्मः	lump	1	2	0	0	0	**1**	**0**	**2**	1	29	0	0	0	**1**	**0**	**29**	**2**	**0**	**31**	**33**
47	628	EB-9	प्रवाहिका	dysentery	3	0	0	0	0	**3**	**0**	**0**	1	0	0	0	0	**1**	**0**	**0**	**4**	**0**	**0**	**4**
48	681	EC-2	हृद्रोगः	heart disease	212	123	0	0	1	**212**	**0**	**124**	635	280	0	0	0	**635**	**0**	**280**	**847**	**0**	**404**	**1251**

49	689	EC-3	ज्वरः	fever / pyrexia	225	265	0	34	24	**259**	**0**	**289**	242	302	0	33	27	**275**	**0**	**329**	**534**	**0**	**618**	**1152**
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
52	812	EC-5	पाण्डुरोगः	anaemia	11	58	0	2	4	**13**	**0**	**62**	31	115	0	3	6	**34**	**0**	**121**	**47**	**0**	**183**	**230**
53	823	EC-6	आमवातः	rheumatism due to आम	132	428	0	0	0	**132**	**0**	**428**	388	1134	0	1	0	**389**	**0**	**1134**	**521**	**0**	**1562**	**2083**
54	828	EC-7	अरुचिः	anorexia	25	21	0	7	2	**32**	**0**	**23**	57	51	0	2	3	**59**	**0**	**54**	**91**	**0**	**77**	**168**
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	**0**	**0**	**0**	2	1	0	0	0	**2**	**0**	**1**	**2**	**0**	**1**	**3**
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
57	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
58	1024	ED-13	श्लीपदः	filariasis	2	2	0	0	0	**2**	**0**	**2**	4	6	0	0	0	**4**	**0**	**6**	**6**	**0**	**8**	**14**
59	1029	ED-14	शीतपित्तम्	urticaria with *vata* predominance	38	47	0	4	3	**42**	**0**	**50**	110	143	0	5	0	**115**	**0**	**143**	**157**	**0**	**193**	**350**
60	1031	ED-15	उदर्दः	urticaria with *kapha* predominance	8	1	0	0	0	**8**	**0**	**1**	10	11	0	0	0	**10**	**0**	**11**	**18**	**0**	**12**	**30**
61	1033	ED-16	भगन्दरः	fistula-in-ano	255	33	0	1	0	**256**	**0**	**33**	1641	300	0	2	0	**1643**	**0**	**3000**	**1899**	**0**	**333**	**2232**
62	838	ED-2.2	कण्डूः	pruritis	471	390	0	35	26	**506**	**0**	**416**	942	748	0	46	27	**988**	**0**	**775**	**1494**	**0**	**1191**	**2685**
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	35	17	0	1	0	**36**	**0**	**17**	78	71	0	0	0	**78**	**0**	**71**	**114**	**0**	**88**	**202**
64	874	ED-3	कामला	jaundice	14	10	0	0	1	**14**	**0**	**11**	36	26	0	0	0	**36**	**0**	**26**	**50**	**0**	**37**	**87**
65	883	ED-4	कुष्ठम्	integumentary disease	426	367	0	28	23	**454**	**0**	**390**	879	811	0	39	31	**918**	**0**	**842**	**1372**	**0**	**1232**	**2604**
66	905	ED-4.3.10	विचर्चिका	wet eczema	6	4	0	0	0	**6**	**0**	**4**	13	6	0	0	0	**13**	**0**	**6**	**19**	**0**	**10**	**29**

67	897	ED-4.3.3	किटिभः	psoriasis	45	21	0	0	1	**45**	**0**	**22**	150	66	0	0	0	**150**	**0**	**66**	**195**	**0**	**88**	**283**
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	5	6	0	1	0	**6**	**0**	**6**	12	7	0	0	0	**12**	**0**	**7**	**18**	**0**	**13**	**31**
69	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	34	22	0	1	2	**35**	**0**	**24**	58	49	0	1	0	**59**	**0**	**49**	**94**	**0**	**73**	**167**
70	902	ED-4.3.8	पामा	scabies	1	1	0	0	0	**1**	**0**	**1**	1	7	0	0	0	**1**	**0**	**7**	**2**	**0**	**8**	**10**
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	51	47	0	11	10	**62**	**0**	**57**	152	100	0	34	59	**186**	**0**	**159**	**248**	**0**	**216**	**464**
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
74	944	ED-7	रक्तपित्तम्		1	0	0	0	0	**1**	**0**	**0**	4	5	0	0	0	**4**	**0**	**5**	**5**	**0**	**5**	**10**
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	41	58	0	0	0	**41**	**0**	**58**	146	233	0	0	0	**146**	**0**	**233**	**187**	**0**	**291**	**478**
76	972	ED-9	विद्रधिः	abscess	1	0	0	0	0	**1**	**0**	**0**	1	0	0	0	0	**1**	**0**	**0**	**2**	**0**	**0**	**2**
77	1064	EE-2	अर्बुदः	tumor	22	19	0	0	7	**22**	**0**	**26**	58	53	0	0	0	**58**	**0**	**53**	**80**	**0**	**79**	**159**
78	1074	EE-3	अर्शः	haemorrhoids	804	295	0	12	4	**816**	**0**	**299**	2352	741	0	19	30	**2371**	**0**	**771**	**3187**	**0**	**1070**	**4257**
79	1095	EE-4	ग्रन्थिः	cyst	210	303	0	9	4	**219**	**0**	**307**	447	784	0	14	23	**461**	**0**	**807**	**680**	**0**	**1114**	**1794**
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	440	247	0	0	0	**440**	**0**	**247**	1571	724	0	0	0	**1571**	**0**	**724**	**2011**	**0**	**971**	**2982**
81	1161	EF-3	मेदोरोगः	obesity	24	35	0	1	1	**25**	**0**	**36**	66	94	0	0	2	**66**	**0**	**96**	**91**	**0**	**132**	**223**
82	1163	EF-4	पिडका	eruption	8	13	0	0	2	**8**	**0**	**15**	15	21	0	2	2	**17**	**0**	**23**	**25**	**0**	**38**	**63**
83	1173	EI-2	क्लैब्यम्	male infertility	45	0	0	0	0	**45**	**0**	**0**	134	0	0	0	0	**134**	**0**	**0**	**179**	**0**	**0**	**179**
84	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	10	0	0	0	0	**10**	**0**	**0**	19	0	0	0	0	**19**	**0**	**0**	**29**	**0**	**0**	**29**
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/ nephrolithiasis	155	109	0	0	0	**155**	**0**	**109**	378	210	0	12	2	**390**	**0**	**212**	**545**	**0**	**321**	**866**
87	1258	EJ-3	मूत्राघातः	urinary retention	114	49	0	0	0	**114**	**0**	**49**	300	102	0	1	1	**301**	**0**	**103**	**415**	**0**	**152**	**567**

88	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	84	0	0	0	0	**84**	**0**	**0**	261	0	0	0	0	**261**	**0**	**0**	**345**	**0**	**0**	**345**
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	135	72	0	2	0	**137**	**0**	**72**	251	117	0	1	0	**252**	**0**	**117**	**389**	**0**	**189**	**578**
90	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	148	199	0	6	6	**154**	**0**	**205**	408	488	0	32	6	**440**	**0**	**494**	**594**	**0**	**699**	**1293**
92	1319	EK-3.15	कर्णमूल शोथः	mumps	8	3	0	0	1	**8**	**0**	**4**	10	5	0	0	0	**10**	**0**	**5**	**18**	**0**	**9**	**27**
93	1337	EK-4.6	यकृद्दाल्युदरः	hepatomegaly	140	87	0	2	2	**142**	**0**	**89**	372	247	0	4	3	**376**	**0**	**250**	**518**	**0**	**339**	**857**
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
96	1340	EK-4.9	जलोदरः	ascites	4	1	0	0	0	**4**	**0**	**1**	0	4	0	0	0	**0**	**0**	**4**	**4**	**0**	**5**	**9**
97	1360	EL-2.10	उदावर्तिनी	dysmenorrhea	0	11	0	0	0	**0**	**0**	**11**	0	31	0	0	0	**0**	**0**	**31**	**0**	**0**	**42**	**42**
98	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
100	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
101	1374	EL-2.24	वन्ध्या	female infertility	0	51	0	0	0	**0**	**0**	**51**	0	115	0	0	6	**0**	**0**	**121**	**0**	**0**	**172**	**172**
102	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
105	1392	EL-4	रक्तप्रदरः /असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine	0	49	0	0	0	**0**	**0**	**49**	0	96	0	0	0	**0**	**0**	**96**	**0**	**0**	**145**	**145**

				bleeding (DUB)																				
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	448	0	0	2	**0**	**0**	**450**	0	846	0	0	10	**0**	**0**	**856**	**0**	**0**	**1306**	**1306**
107	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	3	1	0	0	0	**3**	**0**	**1**	4	1	0	0	0	**4**	**0**	**1**	**7**	**0**	**2**	**9**
112	1423	EM-2	उन्मादः	psychosis/ insanity	3	0	0	0	0	**3**	**0**	**0**	6	0	0	0	0	**6**	**0**	**0**	**9**	**0**	**0**	**9**
113	1457	EM-3	अपस्मारः	epilepsy	15	5	0	2	2	**17**	**0**	**7**	57	25	0	8	0	**65**	**0**	**25**	**82**	**0**	**32**	**114**
114	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
117	1522	F	शिरःशूल / शिरोरुक्	headache/ cephalgia/ cephalalgia	20	24	0	0	0	**20**	**0**	**24**	40	57	0	0	0	**40**	**0**	**57**	**60**	**0**	**81**	**141**
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
120	1530	F-8	अर्धावभेदकः	hemicrania	17	37	0	1	0	**18**	**0**	**37**	49	111	0	0	0	**49**	**0**	**111**	**67**	**0**	**148**	**215**
121	1531	F-9	सूर्यावर्तः	sunshine induced	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

				cephalalgia																				
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	85	96	0	1	9	**86**	**0**	**105**	170	150	0	7	8	**177**	**0**	**158**	**263**	**0**	**263**	**526**
123	1548	FA-4	दारुणकः	pytiriasis capitis	6	4	0	1	0	**7**	**0**	**4**	8	4	0	0	0	**8**	**0**	**4**	**15**	**0**	**8**	**23**
124	1565	GB	दन्तमूलरोगः	gum disorders	1	1	0	2	0	**3**	**0**	**1**	4	5	0	1	0	**5**	**0**	**5**	**8**	**0**	**6**	**14**
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
126	1583	GC	दन्तगतरोगः	tooth disorders	8	8	0	2	0	**10**	**0**	**8**	10	9	0	0	0	**10**	**0**	**9**	**20**	**0**	**17**	**37**
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
129	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	**0**	**0**	**0**	3	0	0	0	0	**3**	**0**	**0**	**3**	**0**	**0**	**3**
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
133	1643	GF-19	गलगण्डः	goiter	16	24	0	0	0	**16**	**0**	**24**	36	53	0	0	0	**36**	**0**	**53**	**52**	**0**	**77**	**129**
134	1649	GG	मुखपाकः	stomatitis	22	16	0	0	0	**22**	**0**	**16**	55	47	0	0	0	**55**	**0**	**47**	**77**	**0**	**63**	**140**
135	1662	H	अक्षिरोगः/ नेत्ररोगः	ophthalmic diseases/ eye diseases	7	4	0	0	1	**7**	**0**	**5**	13	7	0	2	0	**15**	**0**	**7**	**22**	**0**	**12**	**34**
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
137	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

142	1740	HF-1	अभिष्यन्दः	conjunctivitis	52	50	0	3	2	**55**	**0**	**52**	91	112	0	6	5	**97**	**0**	**117**	**152**	**0**	**169**	**321**
143	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
144	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	68	97	0	6	3	**74**	**0**	**100**	97	121	0	11	3	**108**	**0**	**124**	**182**	**0**	**224**	**406**
145	1761	HG-1	तिमिरः	partial or total blindness/ amaurosis /ametropia/partial obstruction of vision	653	790	0	58	52	**711**	**0**	**842**	1092	1166	0	127	86	**1219**	**0**	**1252**	**1930**	**0**	**2094**	**4024**
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
147	1778	HG-2	काचः	moderate low vision	3	3	0	0	0	**3**	**0**	**3**	12	9	0	0	0	**12**	**0**	**9**	**15**	**0**	**12**	**27**
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	**0**	**0**	**0**	0	1	0	0	0	**0**	**0**	**1**	**0**	**0**	**1**	**1**
149	1813	I	नासारोगः	nose diseases	7	4	0	0	0	**7**	**0**	**4**	11	12	0	0	0	**11**	**0**	**12**	**18**	**0**	**16**	**34**
150	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	228	231	0	63	42	**291**	**0**	**273**	416	393	0	104	60	**520**	**0**	**453**	**811**	**0**	**726**	**1537**
151	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	1	0	0	0	0	**1**	**0**	**0**	2	0	0	0	0	**2**	**0**	**0**	**3**	**0**	**0**	**3**
152	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
153	1832	I-6	अपीनसः	chronic rhinitis	1	0	0	0	0	**1**	**0**	**0**	12	0	0	0	0	**12**	**0**	**0**	**13**	**0**	**0**	**13**
154	1860	J	कर्णरोगः	ear diseases	4	4	0	0	0	**4**	**0**	**4**	10	2	0	0	0	**10**	**0**	**2**	**14**	**0**	**6**	**20**
155	1870	J-10	कर्णपाकः	ear furunculosis	0	1	0	0	1	**0**	**0**	**2**	6	4	0	3	0	**9**	**0**	**4**	**9**	**0**	**6**	**15**
156	1880	J-14	कर्ण-स्रावः	otorrhoea	5	2	0	1	0	**6**	**0**	**2**	13	7	0	1	0	**14**	**0**	**7**	**20**	**0**	**9**	**29**
157	1896	J-19	बाधिर्यम्	deafness	14	11	0	1	0	**15**	**0**	**11**	53	36	0	2	0	**55**	**0**	**36**	**70**	**0**	**47**	**117**
158	1897	J-20	कर्णशूलः	earache/otalgia	28	29	0	6	1	**34**	**0**	**30**	58	42	0	5	3	**63**	**0**	**45**	**97**	**0**	**75**	**172**
159	1869	J-9	कर्ण-नादः	tinnitus	5	3	0	1	0	**6**	**0**	**3**	16	15	0	0	0	**16**	**0**	**15**	**22**	**0**	**18**	**40**
160	1913	K	व्रणः	wounds	23	10	0	0	3	**23**	**0**	**13**	60	16	0	0	0	**60**	**0**	**16**	**83**	**0**	**29**	**112**

161	1961	K-14	नाडीव्रणः	fistula/sinus wound	14	1	0	0	0	**14**	**0**	**1**	54	2	0	0	0	**54**	**0**	**2**	**68**	**0**	**3**	**71**
162	1914	KA	व्रणशोफः	inflammatory swelling	1	1	0	0	0	**1**	**0**	**1**	2	1	0	0	0	**2**	**0**	**1**	**3**	**0**	**2**	**5**
163	1971	LA	भग्नः (अस्थिभग्नः)	fracture	9	8	0	0	0	**9**	**0**	**8**	28	16	0	0	0	**28**	**0**	**16**	**37**	**0**	**24**	**61**
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
167	2170	MD-11	दौर्बल्यम्	debility	797	707	0	218	141	**1015**	**0**	**848**	1274	963	0	204	111	**1478**	**0**	**1074**	**2493**	**0**	**1922**	**4415**
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	3	5	**3**	**0**	**5**	0	0	0	16	17	**16**	**0**	**17**	**19**	**0**	**22**	**41**
169	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	1	**0**	**0**	**1**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**1**	**1**
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	4	2	**4**	**0**	**2**	0	0	0	7	10	**7**	**0**	**10**	**11**	**0**	**12**	**23**
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
172	2164	MD-7	गुदपाकः	proctitis	3	1	0	0	0	**3**	**0**	**1**	7	0	0	0	0	**7**	**0**	**0**	**10**	**0**	**1**	**11**
173	2184	N	कृमिः/सञ्जातकृमि	worm infestation	6	2	0	12	8	**18**	**0**	**10**	5	1	0	35	26	**40**	**0**	**27**	**58**	**0**	**37**	**95**
174	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
175	2251	O-15	कुनखः	paronychia	8	0	0	0	0	**8**	**0**	**0**	18	0	0	0	0	**18**	**0**	**0**	**26**	**0**	**0**	**26**
176	2255	O-18	गुदभ्रंशः	rectal prolapse	67	33	0	4	1	**71**	**0**	**34**	224	59	0	0	0	**224**	**0**	**59**	**295**	**0**	**93**	**388**
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
180	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	50	59	0	0	0	**50**	**0**	**59**	161	116	0	0	0	**161**	**0**	**116**	**211**	**0**	**175**	**386**

181	2284	O-39	इन्द्रलुप्तः	alopecia	6	0	0	0	0	**6**	**0**	**0**	15	1	0	7	0	**22**	**0**	**1**	**28**	**0**	**1**	**29**
182	2287	O-42	व्यङ्गः	black patches on face / melasma	3	12	0	0	0	**3**	**0**	**12**	3	32	0	0	0	**3**	**0**	**32**	**6**	**0**	**44**	**50**
183	2243	O-7	अरूंषिका	eruptions on head having multiple openings/furunculosis	1	1	0	0	0	**1**	**0**	**1**	0	2	0	0	1	**0**	**0**	**3**	**1**	**0**	**4**	**5**
184	1110	EF-2	प्रमेहः	diabetes mellitus	156	91	0	0	1	**156**	**0**	**92**	432	203	0	5	5	**437**	**0**	**208**	**593**	**0**	**300**	**893**
185	4	AA	वातव्याधिः	disorders due to vāta	2107	2328	0	92	43	**2199**	**0**	**2371**	3180	3530	0	142	71	**3322**	**0**	**3601**	**5521**	**0**	**5972**	**11493**
186	1324	EK-4	उदर/उदररोगः	ascites	567	499	0	36	26	**603**	**0**	**525**	1135	817	0	69	58	**1204**	**0**	**875**	**1807**	**0**	**1400**	**3207**
187	489	EA-4	श्वासः	dyspnoea	255	187	0	11	5	**266**	**0**	**192**	638	453	0	30	26	**668**	**0**	**479**	**934**	**0**	**671**	**1605**
188	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness/torticollis/spasmodic torticollois (due only to vātadōṣa)	137	207	0	1	1	**138**	**0**	**208**	371	450	0	0	1	**371**	**0**	**451**	**509**	**0**	**659**	**1168**
189	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	506	0	0	1	**0**	**0**	**507**	0	972	0	0	0	**0**	**0**	**972**	**0**	**0**	**1479**	**1479**
190	1605	GE-2	गलग्रहः	throat spasm	3	2	0	0	0	**3**	**0**	**2**	3	1	0	0	0	**3**	**0**	**1**	**6**	**0**	**3**	**9**
191	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	31	35	0	2	1	**33**	**0**	**36**	95	101	0	10	5	**105**	**0**	**106**	**138**	**0**	**142**	**280**
192	494	EA-4.5	तमकश्वासः		14	13	0	3	5	**17**	**0**	**18**	44	59	0	6	8	**50**	**0**	**67**	**67**	**0**	**85**	**152**
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	1	0	0	0	**0**	**0**	**1**	0	11	0	0	0	**0**	**0**	**11**	**0**	**0**	**12**	**12**

194	1421	EM	मनोवह स्रोतोविकारः	disorders of manōvaha srōtas	93	50	0	2	2	**95**	**0**	**52**	254	113	0	14	4	**268**	**0**	**117**	**363**	**0**	**169**	**532**
195	3573	I:10	Hypertension(BP)		0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterized by śūkrābha mūtra pravr̥tti [semen like appearance of urine], śukra miśra mūtra pravr̥tti [semen mixed urination], muhurmūtra pravr̥tti [frequent micturition]	127	0	0	0	0	**127**	**0**	**0**	258	0	0	0	0	**258**	**0**	**0**	**385**	**0**	**0**	**385**
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterized by nyagrōdha prarōhasa dr̥śagudāṅkurāḥ [anal sprouts as shoots of indian fig tree], vidrumasannibhāḥ gudāṅkurāḥ [pile mass are like the coral], guñjāsannibhāḥ	35	3	0	0	0	**35**	**0**	**3**	101	16	0	0	0	**101**	**0**	**16**	**136**	**0**	**19**	**155**

				gudāṅkurāḥ/kākaṇantikāphalasadṛśagudāṅkurāḥ [pile mass are like the gunja or coral], pittalakṣaṇāni [clinical features of pitta type of arśa], gāḍhaviṭkaprapīḍitāḥ [being pressed by hard feces], raktam-atipravṛttiḥ [excessive bleeding], atyarthaduṣṭamasṛk visṛjanti [severely vitiated blood discharge], anlpamasṛk sahasā visṛjanti [frequent bleeding], pittākṛtisamanvitāḥ gudāṅkurāḥ [features similar to those of paittik], vaṭaprarōhasadṛśā gudāṅkurā [pile mass are like the sprouts of																					

				the banyan tree], sahasā duṣṭamuṣṇaṁ raktaṁ sravanti [suddenly discharge excessively vitiated and hot blood], śōṇitakṣayasaṁbhavaiḥ duḥkhaiḥpīḍyatē [suffers from various diseases due to loss of the blood], bhēkābhaḥ [appearance like that of frog], hīnavarṇaḥ [dull complexion], hīnabalam [loss of energy], hīnōtsāhaḥ [loss of drive], hataujāḥ [loss of vitality], kaluṣēndriyaḥ [depression in the sensory organs]																				
198	1606	GE-3	तुण्डिकेरी	the disorder is	8	1	0	0	0	**8**	**0**	**1**	23	2	0	0	1	**23**	**0**	**3**	**31**	**0**	**4**	**35**

				characterized by sthūla śōpha [large swelling], sthūla śōtha [large swelling], tōdaḥ [pricking pain], dāhaḥ [burning sensation], prapākaḥ [severe inflammation], kārpāsīphalasannibhaḥ kaṇṭha śōphaḥ [pharyngeal swelling as that of fruit of kārpāsa], picchila śōphaḥ [slimy swelling], mandaruk śōphaḥ [swelling with dull aching pain], kaṭhina śōphaḥ [hard swelling], hanusandhyāśritaḥ [associated with temporomandibular joint]																					

199	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	13	15	0	0	0	**13**	**0**	**15**	51	53	0	0	0	**51**	**0**	**53**	**64**	**0**	**68**	**132**
200	167	C-166	(Varicos Vain) सिराःग्रंथि	Varicos Vain	114	102	0	1	0	**115**	**0**	**102**	349	250	0	0	0	**349**	**0**	**250**	**464**	**0**	**352**	**816**
201	1236	EI-6	वृद्धिः	hernia, hydrocele	22	0	0	1	0	**23**	**0**	**0**	71	0	0	0	0	**71**	**0**	**0**	**94**	**0**	**0**	**94**
202	1385	EL-3.2	पित्तज/आर्तवदुष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be similar to corresponding dosha], dōṣa vēdanā [characteristics of pain will be similar to corresponding dōṣa], svaliṅgair dōṣajam [same symptoms as that of corresponding dōṣa], kiñcit pītam [slightly yellow], kiñcit picchilama [nonslimy	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

				], kiñcit ānīlaṁ [bluish discharge], dahadiva pravartatē [menstrual dischage accompained with burning sensation]																				
203	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	17	23	0	0	0	**17**	**0**	**23**	61	52	0	0	0	**61**	**0**	**52**	**78**	**0**	**75**	**153**
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	12	8	0	0	0	**12**	**0**	**8**	38	11	0	0	0	**38**	**0**	**11**	**50**	**0**	**19**	**69**
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
207	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
208	108	AAB-91	विषादः/दीनता (केवलवात)	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
209	406	BG	शुक्रवैषम्यम्		0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
210	243	AAE-11	अस्थिगत वातः	aggravation of vāta in asthi	8	6	0	0	0	**8**	**0**	**6**	16	10	0	0	0	**16**	**0**	**10**	**24**	**0**	**16**	**40**
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōśa and other dōṣa	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
212	1604	GE-1	गलशुण्डिका (कण्ठशुण्डी)	uvulitis/elongated uvula	3	2	0	0	0	**3**	**0**	**2**	4	3	0	0	0	**4**	**0**	**3**	**7**	**0**	**5**	**12**

213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
214	652	EB-10.16	त्रिकशूलः /	sacralgia	465	614	0	4	1	**469**	**0**	**615**	978	1248	0	6	2	**984**	**0**	**1250**	**1453**	**0**	**1865**	**3318**
215	2171	MD-12	कुमारशोषः	marasmus /primary complex	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
216	1350	EL-2	योनिरोगः/ योनि-व्यापदः	gynecological disorder	0	32	0	0	1	**0**	**0**	**33**	0	91	0	0	0	**0**	**0**	**91**	**0**	**0**	**124**	**124**
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravṛddhi-kṣayavṛddhi-hāniḥ (granthēḥ) [swelling increases or decreases according to increase or decrease of body mass], snigdhaḥ(granthiḥ) [unctuous swelling], mahān (granthiḥ) [large swelling], alparujaḥ (granthiḥ) [swelling with mild pain], atikaṇḍūḥ (granthiḥ) [associated with eccessive itching	12	1	0	0	0	**12**	**0**	**1**	28	3	0	0	0	**28**	**0**	**3**	**40**	**0**	**4**	**44**

				sensation], piṇyāka-sarpiḥpratima-srāvaḥ (bhinnē) [on bursting discharge comes out resembling an oil cake or ghee], mṛduḥ (granthiḥ) [soft swelling], calaḥ (granthiḥ) [mobile swelling], bhinnaḥ ghanaṁ tāmram asitaṁ sitaṁ mēdaḥ sravēt																				
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	9	2	0	0	0	**9**	**0**	**2**	10	4	0	0	0	**10**	**0**	**4**	**19**	**0**	**6**	**25**
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
220	1175	EI-2.2	ध्वजभङ्ग जक्लैब्यम्	klaibya due to erectile dysfunction	2	0	0	0	0	**2**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**2**	**0**	**0**	**2**
221	2269	O-28	प्रसुप्तिः	hypoesthesia	3	3	0	0	0	**3**	**0**	**3**	2	6	0	0	0	**2**	**0**	**6**	**5**	**0**	**9**	**14**
222	240	AAE-8	असृग्गत वातः/रक्त गतवात	vitiated vāta in rakta	91	77	0	0	0	**91**	**0**	**77**	320	179	0	0	0	**320**	**0**	**179**	**411**	**0**	**256**	**667**
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
224	2263	O-23	तिलकः/ तिलकालक	sesame-eruption	2	0	0	0	0	**2**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**2**	**0**	**0**	**2**

225	7	AAA-2	वातवृद्धिः	vātavr̥ddhiḥ	0	1	0	0	0	**0**	**0**	**1**	12	1	0	0	0	**12**	**0**	**1**	**12**	**0**	**2**	**14**
226	265	ABB-4	अतिस्वेदः (केवलपित्त)		1	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
227	2667	SH-2	विरेचना योग	virēcanāy ōga	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
228	173	AAC-31	मिन्मिनः	nasal voice	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
229			Not consultant		0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
				Grand Total	**16852**	**17152**	**0**	**857**	**607**	**17709**	**0**	**17759**	**37042**	**32552**	**0**	**1243**	**900**	**38285**	**0**	**34452**	**55994**	**0**	**51211**	**107205**

1. Geriatric OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated																				Grand Total (M+F)
					New									Follow up									Total			
					Adult			Child			Total			Adult			Child			Total						
					M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	
1	147	AAC-12	आध्मानम्/ आनाहः	distension/tympanites/meteorism or painful abdominal distension	14	7	0	0	0	0	**14**	**7**	**0**	43	8	0	0	0	0	**43**	**8**	**0**	**57**	**15**	**0**	**72**
2	2983	AAC-12.4	विबन्ध	simple constipation	31	10	0	0	0	0	**31**	**10**	**0**	70	22	0	0	0	0	**70**	**22**	**0**	**101**	**32**	**0**	**133**
3	152	AAC-15	एकाङ्गवातः	monoplegia	2	0	0	0	0	0	**2**	**0**	**0**	4	0	0	0	0	0	**4**	**0**	**0**	**6**	**0**	**0**	**6**

4	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
6	157	AAC-20	गृध्रसी	sciatica	37	36	0	0	0	0	**37**	**36**	**0**	111	73	0	0	0	0	**111**	**73**	**0**	**148**	**109**	**0**	**257**
7	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	57	11	0	0	0	0	**57**	**11**	**0**	126	46	0	0	0	0	**126**	**46**	**0**	**183**	**57**	**0**	**240**
8	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
10	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	2	0	0	0	0	0	**2**	**0**	**0**	5	0	0	0	0	0	**5**	**0**	**0**	**7**	**0**	**0**	**7**
12	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
14	135	AAC-4	अर्दितः	facial paralysis	3	1	0	0	0	0	**3**	**1**	**0**	6	0	0	0	0	0	**6**	**0**	**0**	**9**	**1**	**0**	**10**
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
16	141	AAC-8	अवबाहुकः	frozen shoulder	5	5	0	0	0	0	**5**	**5**	**0**	14	9	0	0	0	0	**14**	**9**	**0**	**19**	**14**	**0**	**33**
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
18	248	AAE-16	सन्धिवातः	osteo-arthritis	349	325	0	0	0	0	**349**	**325**	**0**	776	673	0	0	0	0	**776**	**673**	**0**	**1125**	**998**	**0**	**2123**
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
20	285	ABB-24	दाहः	burning sensation	1	0	0	0	0	0	**1**	**0**	**0**	2	0	0	0	0	0	**2**	**0**	**0**	**3**	**0**	**0**	**3**

21	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	5	0	0	0	0	0	**5**	**0**	**0**	9	1	0	0	0	0	**9**	**1**	**0**	**14**	**1**	**0**	**15**
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhea	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
24	413	BA-4.1	आर्तवक्षयः	hypogalactia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
25	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
26	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
27	480	EA-3	कासः	cough / tussis	60	33	0	0	0	0	**60**	**33**	**0**	95	49	0	0	0	0	**95**	**49**	**0**	**155**	**82**	**0**	**237**
28	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	**0**	**0**	**0**	1	1	0	0	0	0	**1**	**1**	**0**	**1**	**1**	**0**	**2**
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
30	633	EB-10	शूलः	colicky pain/abdominal colic	58	50	0	0	0	0	**58**	**50**	**0**	84	56	0	0	0	0	**84**	**56**	**0**	**142**	**106**	**0**	**248**
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
34	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
35	656	EB-11	उदावर्तः	obstipation	2	1	0	0	0	0	**2**	**1**	**0**	6	0	0	0	0	0	**6**	**0**	**0**	**8**	**1**	**0**	**9**
36	676	EB-12	परिकर्तिका	proctalgia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
37	515	EB-2	अतिसारः	diarrhoea	4	2	0	0	0	0	**4**	**2**	**0**	8	4	0	0	0	0	**8**	**4**	**0**	**12**	**6**	**0**	**18**
38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
41	536	EB-3	अजीर्णम्	indigestion	1	2	0	0	0	0	**1**	**2**	**0**	2	6	0	0	0	0	**2**	**6**	**0**	**3**	**8**	**0**	**11**
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
43	558	EB-4	अम्लपित्तम्	hyperacidity	28	17	0	0	0	0	**28**	**17**	**0**	74	45	0	0	0	0	**74**	**45**	**0**	**102**	**62**	**0**	**164**
44	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	8	3	0	0	0	0	**8**	**3**	**0**	20	7	0	0	0	0	**20**	**7**	**0**	**28**	**10**	**0**	**38**
46	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	**0**	**0**	**0**	0	4	0	0	0	0	**0**	**4**	**0**	**0**	**4**	**0**	**4**
47	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
48	681	EC-2	हृद्रोगः	heart disease	11	2	0	0	0	0	**11**	**2**	**0**	30	12	0	0	0	0	**30**	**12**	**0**	**41**	**14**	**0**	**55**
49	689	EC-3	ज्वरः	fever / pyrexia	22	10	0	0	0	0	**22**	**10**	**0**	17	21	0	0	0	0	**17**	**21**	**0**	**39**	**31**	**0**	**70**
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
52	812	EC-5	पाण्डुरोगः	anaemia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
53	823	EC-6	आमवातः	rheumatism due to आम	7	24	0	0	0	0	**7**	**24**	**0**	37	74	0	0	0	0	**37**	**74**	**0**	**44**	**98**	**0**	**142**
54	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
57	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
58	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
59	1029	ED-14	शीतपित्तम्	urticaria with *vata* predominance	0	0	0	0	0	0	**0**	**0**	**0**	1	2	0	0	0	0	**1**	**2**	**0**	**1**	**2**	**0**	**3**
60	1031	ED-15	उदर्दः	urticaria with *kapha* predominance	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

61	1033	ED-16	भगन्दरः	fistula-in-ano	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
62	838	ED-2.2	कण्डूः	pruritis	42	16	0	0	0	0	**42**	**16**	**0**	103	46	0	0	0	0	**103**	**46**	**0**	**145**	**62**	**0**	**207**
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	4	1	0	0	0	0	**4**	**1**	**0**	7	3	0	0	0	0	**7**	**3**	**0**	**11**	**4**	**0**	**15**
64	874	ED-3	कामला	jaundice	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
65	883	ED-4	कुष्ठम्	integumentary disease	20	12	0	0	0	0	**20**	**12**	**0**	55	30	0	0	0	0	**55**	**30**	**0**	**75**	**42**	**0**	**117**
66	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
67	897	ED-4.3.3	किटिभः	psoriasis	4	0	0	0	0	0	**4**	**0**	**0**	12	4	0	0	0	0	**12**	**4**	**0**	**16**	**4**	**0**	**20**
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
69	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
70	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	1	2	0	0	0	0	**1**	**2**	**0**	3	2	0	0	0	0	**3**	**2**	**0**	**4**	**4**	**0**	**8**
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
74	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	3	0	0	0	0	0	**3**	**0**	**0**	11	0	0	0	0	0	**11**	**0**	**0**	**14**	**0**	**0**	**14**
76	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

77	1064	EE-2	अर्बुदः	tumor	1	0	0	0	0	0	**1**	**0**	**0**	1	0	0	0	0	0	**1**	**0**	**0**	**2**	**0**	**0**	**2**
78	1074	EE-3	अर्शः	haemorrhoids	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
79	1095	EE-4	ग्रन्थिः	cyst	7	3	0	0	0	0	**7**	**3**	**0**	13	5	0	0	0	0	**13**	**5**	**0**	**20**	**8**	**0**	**28**
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	94	28	0	0	0	0	**94**	**28**	**0**	220	66	0	0	0	0	**220**	**66**	**0**	**314**	**94**	**0**	**408**
81	1161	EF-3	मेदोरोगः	obesity	0	2	0	0	0	0	**0**	**2**	**0**	0	6	0	0	0	0	**0**	**6**	**0**	**0**	**8**	**0**	**8**
82	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
83	1173	EI-2	क्लैब्यम्	male infertility	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
84	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	12	1	0	0	0	0	**12**	**1**	**0**	23	7	0	0	0	0	**23**	**7**	**0**	**35**	**8**	**0**	**43**
87	1258	EJ-3	मूत्राघातः	urinary retention	39	6	0	0	0	0	**39**	**6**	**0**	91	17	0	0	0	0	**91**	**17**	**0**	**130**	**23**	**0**	**153**
88	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	23	0	0	0	0	0	**23**	**0**	**0**	57	0	0	0	0	0	**57**	**0**	**0**	**80**	**0**	**0**	**80**
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	12	4	0	0	0	0	**12**	**4**	**0**	29	11	0	0	0	0	**29**	**11**	**0**	**41**	**15**	**0**	**56**
90	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	10	8	0	0	0	0	**10**	**8**	**0**	29	22	0	0	0	0	**29**	**22**	**0**	**39**	**30**	**0**	**69**
92	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
93	1337	EK-4.6	यकृद्वाल्पुदरः	hepatomegaly	10	1	0	0	0	0	**10**	**1**	**0**	20	5	0	0	0	0	**20**	**5**	**0**	**30**	**6**	**0**	**36**
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
96	1340	EK-4.9	जलोदरः	ascites	1	0	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**

97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
98	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
100	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
101	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
102	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
105	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
107	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
112	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
113	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
114	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	4	2	0	0	0	0	**4**	**2**	**0**	5	3	0	0	0	0	**5**	**3**	**0**	**9**	**5**	**0**	**14**
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
120	1530	F-8	अर्धावभेदकः	hemicrania	1	0	0	0	0	0	**1**	**0**	**0**	1	0	0	0	0	0	**1**	**0**	**0**	**2**	**0**	**0**	**2**
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	1	0	0	0	0	**0**	**1**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**1**	**0**	**1**
123	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
126	1583	GC	दन्तगतरोगः	tooth disorders	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
129	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
133	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
134	1649	GG	मुखपाकः	stomatitis	0	1	0	0	0	0	**0**	**1**	**0**	2	3	0	0	0	0	**2**	**3**	**0**	**2**	**4**	**0**	**6**
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

137	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
143	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
144	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
147	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
149	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
150	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	3	0	0	0	0	0	**3**	**0**	**0**	9	2	0	0	0	0	**9**	**2**	**0**	**12**	**2**	**0**	**14**
151	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
152	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
153	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
154	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
156	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
157	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

158	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
159	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
160	1913	K	व्रणः	wounds	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
163	1971	LA	भग्नः (अस्थिभग्नः)	fracture	1	0	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
167	2170	MD-11	दौर्बल्यम्	debility	100	69	0	0	0	0	**100**	**69**	**0**	188	97	0	0	0	0	**188**	**97**	**0**	**288**	**166**	**0**	**454**
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
169	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
173	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
174	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
175	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
176	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

180	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
181	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
182	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
183	2243	O-7	अरूंषिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
184	1110	EF-2	प्रमेहः	diabetes mellitus	37	4	0	0	0	0	**37**	**4**	**0**	87	9	0	0	0	0	**87**	**9**	**0**	**124**	**13**	**0**	**137**
185	4	AA	वातव्याधिः	disorders due to vāta	292	248	0	0	0	0	**292**	**248**	**0**	528	463	0	0	0	0	**528**	**463**	**0**	**820**	**711**	**0**	**1531**
186	1324	EK-4	उदर/उदररोगः	ascites	47	55	0	0	0	0	**47**	**55**	**0**	96	99	0	0	0	0	**96**	**99**	**0**	**143**	**154**	**0**	**297**
187	489	EA-4	श्वासः	dyspnoea	42	11	0	0	0	0	**42**	**11**	**0**	103	32	0	0	0	0	**103**	**32**	**0**	**145**	**43**	**0**	**188**
188	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness/torticollis/spasmodic torticollois (due only to vātadōṣa)	5	2	0	0	0	0	**5**	**2**	**0**	21	6	0	0	0	0	**21**	**6**	**0**	**26**	**8**	**0**	**34**
189	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
190	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
191	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	0	0	0	0	0	0	**0**	**0**	**0**	1	0	0	0	0	0	**1**	**0**	**0**	**1**	**0**	**0**	**1**
192	494	EA-4.5	तमकश्वासः	the disorder is characterized by pīnasam [cold, catarrh], ghurghurakam/kaṇṭhaghurghurikānvitaḥ [making ghurghur sound], atīva-tīvravēgaṁ śvāsaḥ/tīvravēgaṁ śvāsam [severe increased respiratory rate/tachypnea], prāṇaprapīḍakam/prāṇōpatāpinam [life threatening], ativēgāt pratāmyati/pratāmyēt tasya vēgēna/tamakapīḍitaḥ	1	0	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**

				[fainting due to tachypnea], kāsatē/sakāsaḥ/kāsam [cough], sannirudhyatē [motionless], kāsamānaśca pramōhaṁ muhurmuhuḥ gacchati [frequent fainting while coughing], ślēṣmaṇi amucyamānē tu bhr̥śaṁ bhavati duḥkhitaḥ [distressed as unable to spit out phlegm], saśāmyati kaphē hīnē [feels better with little spitting of phlegm], tasyaiva ca (ślēṣmaṇi) vimōkṣāntē muhūrtaṁ labhatē sukham / niṣṭhyūtāntē kṣaṇaṁ sukhī [feels better for a while due to spitting of phlegm], kaṇṭhaḥ uddhvaṁsatē [inflammation of throat (pharynx, larynx)], kr̥cchrācchaknōti bhāṣitum [hardly able to speak], nidrāṁ na labhatē [loss of sleep/insomnia], śayānaḥ śvāsapīḍitaḥ/kr̥cchrāt śayānaḥ śvasiti [difficulty in sleeping position/unable to sleep], pārśvē avagr̥hṇāti [hindering in respiration by sides of chest due to vāta], āsīnō labhatē saukhyam / niṣaṇṇaḥ svāsthyamr̥cchati [feels comfortable in sitting posture], uṣṇaṁ caiva abhinandati / uṣṇaṁ kāṅkṣati [desire for hot], ucchritākṣaḥ [bulging of eyes], lalāṭēna svidyataḥ																									

				[sweating on forehead], bhṛśam artimān [sudden onset of pain], viśuṣkāsyaḥ [dryness of mouth], muhuḥ śvāsō muhuścaiva avadhamyatē [body moves along with respiration during attack.], mēghāmbuśītaprāgvātaiḥ ślēṣmalaiśca abhivardhatē/vivarddhatē [aggravation of attack due to clouds, rain, cold, wind coming from front and others which increase kapha], tṛṭ-prāyaḥ/tṛṣyatē/tṛṣam [thirst], svēda-prāyaḥ [perspiration], vamathu-prāyaḥ [vomiting], viśēṣāt durdinē tāmyēt [more distressed on bad weather day], ghōṣēṇa mahatā āviṣṭaḥ [associated with large sound], sakaphaḥ [with sputum/phlegm], annadviṭ [person having aversion towards food], aruciḥ [tastelessness], suptaḥ [numbness], svapataśca vivardhatē [increased on sleep], mōham [confusion/delirium], savēpathuḥ [tremor]																										
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
194	1421	EM	मनोवहस्रोतोविकारः	disorders of manōvahasrōtas	1	1	0	0	0	0	**1**	**1**	**0**	1	2	0	0	0	0	**1**	**2**	**0**	**2**	**3**	**0**	**5**
195	3573	I:10	Hypertension(BP)		0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterized by śūkrābha mūtra pravr̥tti [semen like appearance of urine], śukra miśra mūtra pravr̥tti [semen mixed urination], muhurmūtra pravr̥tti [frequent micturition]	0	0	0	0	0	0	**0**	**0**	**0**	1	0	0	0	0	0	**1**	**0**	**0**	**1**	**0**	**0**	**1**
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterized by nyagrōdhaprarōhasadr̥śa gudāṅkurāḥ [anal sprouts as shoots of indian fig tree], vidrumasannibhāḥ gudāṅkurāḥ [pile mass are like the coral], guñjāsannibhāḥ gudāṅkurāḥ/kākaṇantikā phalasadr̥śagudāṅkurāḥ [pile mass are like the gunja or coral], pittalakṣanāni [clinical features of pitta type of arśa], gāḍhaviṭkaprapīḍitāḥ [being pressed by hard feces], raktam-atipravr̥ttiḥ [excessive bleeding], atyarthaduṣṭamasr̥k visr̥janti [severely vitiated blood discharge], anlpamasr̥k sahasā visr̥janti [frequent bleeding], pittākr̥tisamanvitāḥ gudāṅkurāḥ [features similar to those of paittik], vaṭaprarōhasadr̥śā gudāṅkurā [pile mass are like the sprouts of the banyan tree], sahasā duṣṭamuṣṇaṁ raktaṁ sravanti [suddenly discharge excessively	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

				vitiated and hot blood], śōṇitakṣayasaṁbhavaiḥ duḥkhaiḥpīḍyatē [suffers from various diseases due to loss of the blood], bhēkābhaḥ [appearance like that of frog], hīnavarṇaḥ [dull complexion], hīnabalam [loss of energy], hīnōtsāhaḥ [loss of drive], hataujāḥ [loss of vitality], kaluṣēndriyaḥ [depression in the sensory organs]																						
198	1606	GE-3	तुण्डिकेरी	the disorder is characterized by sthūla śōpha [large swelling], sthūla śōtha [large swelling], tōdaḥ [pricking pain], dāhaḥ [burning sensation], prapākaḥ [severe inflammation], kārpāsīphalasannibhaḥ kaṇṭha śōphaḥ [pharyngeal swelling as that of fruit of kārpāsa], picchila śōphaḥ [slimy swelling], mandaruk śōphaḥ [swelling with dull aching pain], kaṭhina śōphaḥ [hard swelling], hanusandhyāśritaḥ [associated with temporomandibular joint]	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
199	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
200	167	C-166	(Varicos Vain) सिराःग्रंथि		7	1	0	0	0	0	**7**	**1**	**0**	12	4	0	0	0	0	**12**	**4**	**0**	**19**	**5**	**0**	**24**
201	1236	EI-6	वृद्धिः	hernia, hydrocele	0	0	0	0	0	0	**0**	**0**	**0**	1	0	0	0	0	0	**1**	**0**	**0**	**1**	**0**	**0**	**1**

202	1385	EL-3.2	पित्तज/आर्तवदुष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be similar to corresponding dosha], dōṣa vēdanā [characteristics of pain will be similar to corresponding dōṣa], svaliṁgairdōṣajam [same symptoms as that of corresponding dōṣa], kiñcit pītam [slightly yellow], kiñcit picchilama [nonslimy], kiñcit ānīlaṁ [bluish discharge], dahadiva pravartatē [menstrual dischage accompained with burning sensation]	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
203	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	4	0	0	0	0	0	**4**	**0**	**0**	14	1	0	0	0	0	**14**	**1**	**0**	**18**	**1**	**0**	**19**
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
207	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
208	108	AAB-91	विषादः/दीनता (केवलवात)	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
209	406	BG	शुक्रवैषम्यम्		0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
210	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōśa and other dōṣa	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

212	1604	GE-1	गलशुण्डिका (कण्ठशुण्डी)	uvulitis/elongated uvula	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
214	652	EB-10.16	त्रिकशूलः/	sacralgia	41	51	0	0	0	0	**41**	**51**	**0**	96	133	0	0	0	0	**96**	**133**	**0**	**137**	**184**	**0**	**321**
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
216	1350	EL-2	योनिरोगः/योनि-व्यापदः	gynecological disorder	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravr̥ddhi-kṣayavr̥ddhi-hāniḥ (granthēḥ) [swelling increases or decreases according to increase or decrease of body mass], snigdhaḥ(granthiḥ) [unctuous swelling], mahān (granthiḥ) [large swelling], alparujaḥ (granthiḥ) [swelling with mild pain], atikaṇḍūḥ (granthiḥ) [associated with eccessive itching sensation], piṇyāka-sarpiḥpratima-srāvaḥ (bhinnē) [on bursting discharge comes out resembling an oil cake or ghee], mr̥duḥ (granthiḥ) [soft swelling], calaḥ (granthiḥ) [mobile swelling], bhinnaḥ ghanaṁ tāmram asitaṁ sitaṁ mēdaḥ sravēt [on bursting thick coppery black cloloured meda discharge]	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

220	1175	EI-2.2	ध्वजभङ्गःजक्लैब्यम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
221	2269	O-28	प्रसुप्तिः	hypoesthesia	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
222	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated vāta in rakta	35	18	0	0	0	0	**35**	**18**	**0**	101	35	0	0	0	0	**101**	**35**	**0**	**136**	**53**	**0**	**189**
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
224	2263	O-23	तिलकः/तिलकालक	sesame-eruption	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
225	7	AAA-2	वातवृद्धिः	vātavr̥ddhiḥ	2	2	0	0	0	0	**2**	**2**	**0**	1	1	0	0	0	0	**1**	**1**	**0**	**3**	**3**	**0**	**6**
226	265	ABB-4	अतिस्वेदः (केवलपित्त)		0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
227	2667	SH-2	विरेचनायोग	virēcanāyōga	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
228	173	AAC-31	मिन्मिनः	nasal voice	0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
229			Not consultant		0	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
				Grand Total	**1613**	**1089**	**0**	**0**	**0**	**0**	**1613**	**1089**	**0**	**3483**	**2227**	**0**	**0**	**0**	**0**	**3483**	**2227**	**0**	**5096**	**3316**	**0**	**8412**

2. Annual Progress Report of Ano-rectal Clinic for the Month of April 2025 to March, 2

S.N	NAMC ID	NAMC Code	Disease	New		Old		Total		Gra
				M	F	M	F	M	F	
1	1033	ED-16	भगंदर	100	09	2088	246	2188	255	
2	1074	EE-3	अर्श	332	76	1991	287	2323	363	
3	1961	K-14	नाड़ीव्रण	06	02	125	05	131	07	
4	676	EB-12	परिकर्तिका	371	251	1041	1148	1412	1399	
5	276	ABB-15	गुदपाक	122	64	787	307	909	371	
Total				931	402	6032	1993	6963	2395	

3. Clinical Research Leech DepartmentStatement of patients attended at Leech Department during month of April 2025 to March, 2026

S.N	NAMC ID	NAMC Code	Disease	Number of patients attended				Total		Gra
				M	F	MC	FC	M	F	
1	883	ED-4	कुष्ठ	0	0	0	0	0	0	
2	1728	HD-9	शिराजाल	150	62	0	0	150	62	
3	1024	ED-13	श्लीपद	0	0	0	0	0	0	
4	919	ED-5	श्वित्र	0	0	0	0	0	0	
5	2284	0-39	इंद्रलुप्त	0	0	0	0	0	0	
Total				150	62	0	0	150	62	

4. PHYSIOTHERAPY SECTION ANNUA PROGRESS REPORT FOR THE MONTH OF Apri March, 2026

Period	No of Patients attended on daily basis								Total		Grand
	I.P.D.				OPD						
	New				Old						
	M	F	M	F	M	F	M	F	M	F	
April- June 2025	63	76	398	503	65	72	34	14	559	665	12
July-September 2025	46	53	383	426	75	67	27	22	531	568	10
October - December 2025	30	43	159	351	60	69	8	4	257	467	72
Jan to March 2026	29	27	214	253	27	32	6	3	291	322	6
Total	168	199	1154	1533	227	240	75	43	1638	2022	36

5. Panchakarma Clinic

S. No.	Disease	IPD								OPD							
		NEW				OLD				NEW				OLD			
		M	F	MC	FC	M	F	MC	FC	M	F	MC	FC	M	F	MC	FC
1	SandhiVaat	33	77	0	1	22	46	0	0	9	8	0	0	2	1	0	0
2	Kati Shool	28	31	0	0	12	17	0	0	9	6	0	0	3	0	0	0
3	Aamvata	3	26	0	0	1	14	0	0	0	3	0	0	0	0	0	0
4	Avbahuk	1	7	0	0	1	2	0	0	3	0	0	0	0	0	0	0
5	Vatavyadhi	41	67	42	4	27	38	29	2	3	6	1	0	0	0	0	0
7	Pakshaghaat	43	9	0	0	20	14	0	0	0	0	0	0	0	0	0	0
8	Gridhrasi	34	40	0	0	27	20	0	0	1	3	0	0	0	1	0	0
9	Udar Roga	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Artava Dusti	0	4	0	0	0	1	0	0	0	0	0	0	0	0	0	0
11	Netra Rog	3	3	1	0	0	0	1	0	1	0	0	0	1	0	0	0

12	Wak sanga	0	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	2
13	Greevastambh	3	4	0	0	1	5	0	0	0	2	0	0	0	0	0	0	15
14	Prameha	0	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	2
15	Twakvikaar	0	3	0	0	0	0	0	0	2	0	0	0	0	0	0	0	5
17	Budhi mandya	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1
18	Anidra	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21	Mansh sosha	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26	Kampavaat	3	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	5
29	Ardit	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2
30	Kitibha	1	1	0	0	0	1	1	0	0	0	0	0	0	0	0	0	4
31	Rakt chap	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
37	Amalpitta	0	2	0	0	0	0	0	0	1	0	0	0	0	0	0	0	3
41	Vibandh	2	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	4
43	Shotha	0	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4
45	Shira granthi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46	Ashmari	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48	Stholya	0	4	0	0	0	2	0	0	0	2	0	0	0	2	0	0	10
51	Ashti vakrta	0	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	2
52	Vrika roga	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
54	Ajirna	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
55	Garahni	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	Udavarta	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
57	Swash	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	2
58	Madhumeha	7	3	0	0	3	2	0	0	2	0	0	0	1	1	0	0	19
59	Vata rakta	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60	Asthimajjagat vata	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
61	Galganda	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62	Shiro roga	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
63	Mansh gata vata	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
64	Vischarchika	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65	Daurbalya	1	2	0	0	1	1	0	0	1	1	0	0	0	1	0	0	8
66	Shuskkhipak	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
67	Swet pradar	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68	Kustha	1	2	0	0	0	0	0	0	1	0	0	0	0	0	0	0	4
69	Manovikara	0	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	3
70	Garanthi vikar	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
71	Vandhatwa	0	3	0	0	0	1	0	0	0	0	0	0	0	0	0	0	4
72	Arsha	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73	Mutra roga	2	0	0	0	1	0	0	0	0	0	0	0	1	0	0	0	4
74	Griva graha	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
75	Griva gat vata	2	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	4
76	Goudarti	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77	Anga marda	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78	Manhs shosha	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79	Visharpa	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
80	Phak roga	0	0	2	1	0	0	1	1	0	0	0	0	0	0	0	0	5
81	Krishya	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2
82	Partishyay	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	2
83	Supti	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1
84	medorog	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	2
85	Ardha bhedak	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
	Adhimand	1	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	3
86	Hridyaroga	0	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	2
87	Pandu	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	2
88	Others	0	1	1	0	0	1	0	0	0	0	0	0	0	0	0	0	3
89	Total	**217**	**306**	**52**	**7**	**122**	**166**	**33**	**3**	**36**	**34**	**1**	**0**	**8**	**6**	**0**	**0**	**991**

6. DISTRIBUTION OF PATIENTS AS PER PROCEDURES

S.No.	**Procedures**	**Sittings**
1	Abhyanga	3412
2	S. Sweda	2843
3	N. Sweda	475
4	Janu Basti	1599
5	Kshir Basti	130
6	Nasya	608
7	Patra Pind	1012
8	Kati Basti	956
9	Niruh Basti	626
10	Dashang Lepa	375
11	Shirodhara Kwath	112
12	Anuvasan Basti	838
13	Matra Basti	588
14	Ann Lepan	16
15	Jambira Pind	232
16	Pizichil	21
17	Upnaah /Andalep	1181
18	Shiro Abhyang	5
19	Dhanyamal Dhara	40
20	Talam	39
21	Urdhavartan	491
22	Churna Pind	54
23	Takra Dhara	22
24	Greeva Basti	108
25	Vetaran Basti	152
26	Shashtik Shali	268
27	Baluka Sweda	494
28	Sarvang dhara	28
29	Shirodhara Tail	291
30	Anda basti	50
31	Virechan	5
32	Vaman	1
34	Shiro picchu	7
35	Prisht basti	38
36	Kshir Dhara	22
37	Janu pichu	12
38	Kati pichu	13
39	pichu	122
40	Lekhan basti	26
41	Shiro lepa	15
42	Karna puran	24
43	Agnikarma	54
Total		**17405**

T OF INTEGRATED MEDICNE LADY HARDINGE MEDICAL COLLEGE AND ASSOCIATED HOSPITAL, NEW DELHI

AMC_Name	Short_definition	No. of Patients Attended						No. of Patients Attended						Grand Total		
		New						Follow up								
		Adult		Child		Total		Adult		Child		Total				
		M	F	M	F	M	F	M	F	M	F	M	F	M	F	TOTAL
ध्मानम्/ नाहः	distension /tympanites/meteorism or painful abdominal distension	171	134	8	12	**179**	**146**	272	237	9	7	**281**	**244**	460	390	**850**
न्ध	simple constipation	146	114	5	5	**151**	**119**	192	181	9	2	**201**	**183**	352	302	**654**
ाङ्गवातः	monoplegia	2	1	0	0	**2**	**1**	3	2	0	0	**3**	**2**	5	3	**8**
ष्टुकशीर्षः	knee synovitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
तन्त्रकः	convulsive fit	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
सी	sciatica	34	54	0	0	**34**	**54**	95	102	0	0	**95**	**102**	129	156	**285**
ाघातः/पक्षवधः	hemiplegia/hemiparesis	10	7	0	0	**10**	**7**	18	13	0	0	**18**	**13**	28	20	**48**
न-पक्षाघातः	hemiplegia in children	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
तानकः	orthotonos	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
गुः (केवलवात)	lameness (bilateral)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
ास्तम्भः	Stiff neck/ torticollis/ spasmodic torticolloi s	32	40	0	0	**32**	**40**	45	77	0	0	**45**	**77**	77	117	**194**
कपादकम	calcanial s pur/painfu	2	1	0	0	**2**	**1**	2	2	0	0	**2**	**2**	4	3	**7**

13.	177	AAC-35	**विश्वाची**	brachial neuralgia /arm pain	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
14.	179	AAC-37	**शिरोग्रहः**	head and neck rigidity	1	2	0	0	**1**	**2**	1	1	0	0	**1**	**1**	2	3	**5**
15.	135	AAC-4	**अर्दितः**	facial paralysis	0	0	0	0	**0**	**0**	2	0	0	0	**2**	**0**	2	0	**2**
16.	139	AAC-6	**अस्थिशोषः**	osteopenia/osteoporosis	0	0	2	2	**2**	**2**	0	0	3	2	**3**	**2**	5	4	**9**
17.	141	AAC-8	**अवबाहुकः**	frozen shoulder	13	13	6	0	**19**	**13**	21	40	0	0	**21**	**40**	40	53	**93**
18.	142	AAC-9	**ऊरुस्तम्भः**	stiff thigh	0	2	0	0	**0**	**2**	0	1	0	0	**0**	**1**	0	3	**3**
19.	248	AAE-16	**सन्धिवातः**	osteo-arthritis	378	559	0	0	**378**	**559**	766	997	0	0	**766**	**997**	1144	1556	**2700**
20.	262	ABB-1	**अक्षिपाकः**	red eye/blood shot eye	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
21.	285	ABB-24	**दाहः**	burning sensation	3	1	0	0	**3**	**1**	4	6	0	0	**4**	**6**	7	7	**14**
22.	287	ABB-26	**पालित्य**	premature greying of hairs	8	12	5	1	**13**	**13**	25	8	10	0	**35**	**8**	48	21	**69**
23.	348	ACB-23	**अग्निमान्द्यम्**	impaired digestion / loss of appetite	22	22	0	4	**22**	**26**	20	35	1	0	**21**	**35**	43	61	**104**
24.	410	BA-3.1	**आर्तवक्षयः**	scanty menstruation/ hypomenorrhoea/ oligomenorrhea	0	97	0	4	**0**	**101**	0	142	0	2	**0**	**144**	0	245	**245**
25.	413	BA-4.1	**स्तन्यक्षयः**	hypogalactia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
26.	420	BI	**राजयक्ष्मा**	consumption	0	2	0	0	**0**	**2**	0	2	0	0	**0**	**2**	0	4	**4**
27.	471	EA-2	**हिक्का**	hiccup/singultus	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
28.	480	EA-3	**कासः**	cough / tussis	152	157	62	58	**214**	**215**	141	149	49	44	**190**	**193**	404	408	**812**
29.	489	EA-4	**श्वासः**	dyspnoea	72	57	5	0	**77**	**57**	181	115	6	2	**187**	**117**	264	174	**438**

30.	500	EA-5	**स्वरभेदः**	dysphonia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
31.	511	EA-6	**उरःक्षतः / क्षतक्षीण**	thoracic trauma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
32.	633	EB-10	**शूलः**	colicky pain/abdominal colic	16	9	2	0	**18**	**9**	13	17	0	0	**13**	**17**	31	26	**57**
33.	643	EB-10.10	**परिणामशूलः**	duodenal ulcer	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
34.	647	EB-10.11	**अन्नद्रवशूलः**	peptic ulcer	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
35.	650	EB-10.14	**हृदयशूलः**	cardialgia/ precordial pain	0	0	0	0	**0**	**0**	2	0	0	0	**2**	**0**	2	0	**2**
36.	651	EB-10.15	**पार्श्वशूलः**	flank pain	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
37.	656	EB-11	**उदावर्तः**	obstipation	2	3	0	0	**2**	**3**	1	1	0	0	**1**	**1**	3	4	**7**
38.	676	EB-12	**परिकर्तिका**	proctalgia	17	15	0	0	**17**	**15**	22	29	0	0	**22**	**29**	39	44	**83**
39.	515	EB-2	**अतिसारः**	diarrhoea	4	9	0	0	**4**	**9**	9	10	0	0	**9**	**10**	13	19	**32**
40.	526	EB-2.10	**रक्तातिसारः**	diarrhoea associated with blood	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
41.	524	EB-2.8	**आमातिसारः**	stage of	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
42.	525	EB-2.9	**ज्वरातिसारः**	diarrhoea associated with fever	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
43.	536	EB-3	**अजीर्णम्**	indigestion	18	23	0	0	**18**	**23**	30	30	0	0	**30**	**30**	48	53	**101**
44.	543	EB-3.7	**विसूचिका**	acute gastroenteritis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
45.	558	EB-4	**अम्लपित्तम्**	hyperacidity	70	71	2	1	**72**	**72**	131	131	0	0	**131**	**131**	203	203	**406**
46.	586	EB-6	**छर्दिः**	vomiting/ emesis	0	1	0	0	**0**	**1**	1	1	0	0	**1**	**1**	1	2	**3**
47.	601	EB-7	**ग्रहणीदोषः**	disorders of lower gastro-intestinal tract	40	18	2	1	**42**	**19**	96	55	5	0	**101**	**55**	143	74	**217**

48.	611	EB-8	**गुल्मः**	lump	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
49.	628	EB-9	**प्रवाहिका**	dysentery	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
50.	681	EC-2	**हृद्रोगः**	heart disease	11	4	0	0	**11**	**4**	19	21	0	0	**19**	**21**	30	25	**55**
51.	689	EC-3	**ज्वरः**	fever / pyrexia	16	21	5	4	**21**	**25**	20	21	2	2	**22**	**23**	43	48	**91**
52.	761	EC-3.10	**विषमज्वरः**	intermittent pyrexia	10	12	1	1	**11**	**13**	4	11	2	1	**6**	**12**	17	25	**42**
53.	791	EC-3.21	**पुनरावर्तक-ज्वरः**	relapsing fever	0	0	0	0	**0**	**0**	1	2	0	0	**1**	**2**	1	2	**3**
54.	812	EC-5	**पाण्डुरोगः**	anaemia	3	11	1	0	**4**	**11**	1	52	2	2	**3**	**54**	7	65	**72**
55.	823	EC-6	**आमवातः**	rheumatism due to	268	336	0	1	**268**	**337**	132	203	0	0	**132**	**203**	400	540	**940**
56.	828	EC-7	**अरुचिः**	anorexia	11	15	3	6	**14**	**21**	21	17	5	13	**26**	**30**	40	51	**91**
57.	997	ED-10	**विसर्पः**	erysipelas /acute spreading eruptions	0	0	0	0	**0**	**0**	0	3	0	0	**0**	**3**	0	3	**3**
58.	1013	ED-11	**फिरङ्गः**	syphilis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
59.	1017	ED-12	**प्लीहोदरः**	spleenomegaly	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
60.	1024	ED-13	**श्लीपदः**	filariasis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
61.	1029	ED-14	**शीतपित्तम्**	urticaria with *vata* predominance	7	14	2	0	**9**	**14**	12	25	0	0	**12**	**25**	21	39	**60**
62.	1031	ED-15	**उदर्दः**	urticaria with *kapha* predominance	3	1	0	0	**3**	**1**	2	8	0	0	**2**	**8**	5	9	**14**
63.	1033	ED-16	**भगन्दरः**	fistula-in-ano	8	5	0	0	**8**	**5**	16	19	0	0	**16**	**19**	24	24	**48**
64.	838	ED-2.2	**कण्डूः**	pruritis	92	118	16	14	**108**	**132**	110	178	11	11	**121**	**189**	229	321	**550**
65.	850	ED-2.8	**निद्रानाशः / अनिद्रा**	loss of sleep (insomnia)	16	13	0	0	**16**	**13**	21	28	0	0	**21**	**28**	37	41	**78**

66.	874	ED-3	**कामला**	jaundice	0	0	0	0	**0**	**0**	3	2	0	0	**3**	**2**	3	2	**5**
67.	883	ED-4	**कुष्ठम्**	integumentary disease	7	4	1	0	**8**	**4**	20	9	2	0	**22**	**9**	30	13	**43**
68.	905	ED-4.3.10	**विचर्चिका**	wet eczema	10	16	1	2	**11**	**18**	20	39	2	3	**22**	**42**	33	60	**93**
69.	897	ED-4.3.3	**किटिभः**	psoriasis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
70.	898	ED-4.3.4	**विपादिका**	cracks in palms and soles	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
71.	900	ED-4.3.6	**दद्रु-कुष्ठः**	ringworm / tinea	16	12	1	5	**17**	**17**	33	24	2	8	**35**	**32**	52	49	**101**
72.	902	ED-4.3.8	**पामा**	scabies	1	0	0	0	**1**	**0**	1	0	0	0	**1**	**0**	2	0	**2**
73.	919	ED-5	**श्वित्रः**	vitiligo /leucoderma	8	6	0	2	**8**	**8**	21	10	0	0	**21**	**10**	29	18	**47**
74.	2979	ED-6.10	**रोमान्तिका**	measles	1	0	0	0	**1**	**0**	5	2	0	0	**5**	**2**	6	2	**8**
75.	942	ED-6.8	**लघु-मसूरिका**	chicken pox	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
76.	944	ED-7	**रक्तपित्तम्**	bleeding disorder	0	0	0	1	**0**	**1**	2	2	0	0	**2**	**2**	2	3	**5**
77.	956	ED-8	**वातरक्तम्**	rheumatism due to	135	142	0	0	**135**	**142**	216	310	0	0	**216**	**310**	351	452	**803**
78.	972	ED-9	**विद्रधिः**	abscess	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
79.	1064	EE-2	**अर्बुदः**	tumor	1	7	1	0	**2**	**7**	4	9	0	0	**4**	**9**	6	16	**22**
80.	1074	EE-3	**अर्शः**	haemorrhoids	111	92	0	0	**111**	**92**	193	178	0	0	**193**	**178**	304	270	**574**
81.	1095	EE-4	**ग्रन्थिः**	cyst	20	18	3	3	**23**	**21**	27	26	3	0	**30**	**26**	53	47	**100**
82.	1139	EF-2.4.4	**मधुमेहः**	diabetes mellitus	158	128	0	0	**158**	**128**	472	280	0	0	**472**	**280**	630	408	**1038**
83.	1161	EF-3	**मेदोरोगः**	obesity	39	73	1	1	**40**	**74**	46	149	1	0	**47**	**149**	87	223	**310**
84.	1163	EF-4	**पिडका**	eruption	4	5	0	0	**4**	**5**	8	10	0	0	**8**	**10**	12	15	**27**
85.	1173	EI-2	**क्लैब्यम्**	male infertility	54	2	0	0	**54**	**2**	95	7	0	0	**95**	**7**	149	9	**158**
86.	1244	EI-6.8	**अन्त्र-वृद्धिः**	hernia	8	1	0	0	**8**	**1**	16	2	0	0	**16**	**2**	24	3	**27**

87.	1245	EI-6.9	**अण्ड-वृद्धिः**	scrotal swelling	11	5	1	0	**12**	**5**	19	4	0	0	**19**	**4**	31	9	**40**
88.	1248	EJ-2	**अश्मरी**	lithiasis/urolithiasis/ nephrolithiasis	28	23	3	0	**31**	**23**	52	34	1	0	**53**	**34**	84	57	**141**
89.	1258	EJ-3	**मूत्राघातः**	urinary retention	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
90.	1266	EJ-3.6	**वाताष्ठीला**	prostatic enlargement	2	3	0	0	**2**	**3**	27	4	0	0	**27**	**4**	29	7	**36**
91.	1271	EJ-3.11	**मूत्रशुक्रः**	spermaturia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
92.	1278	EJ-4	**मूत्रकृच्छ्रम्**	dysuria	94	55	1	5	**95**	**60**	207	117	2	4	**209**	**121**	304	181	**485**
93.	1291	EK-2	**तृष्णा**	polidypsia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
94.	1304	EK-3	**श्वयथुः/शोथः/शोफः**	oedema/inflammation	9	14	13	8	**22**	**22**	16	27	21	17	**37**	**44**	59	66	**125**
95.	1319	EK-3.15	**कर्णमूलशोथः**	mumps	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
96.	1337	EK-4.6	**यकृद्दाल्युदरः**	hepatomegaly	48	46	0	0	**48**	**46**	123	89	0	0	**123**	**89**	171	135	**306**
97.	1338	EK-4.7	**बद्धगुदोदरः**	intestinal obstruction	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
98.	1339	EK-4.8	**छिद्रोदरः / क्षतोदरम्**	Intestinal perforation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
99.	1340	EK-4.9	**जलोदरः**	ascites	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
100.	1360	EL-2.10	**उदावर्तिनी**	dysmenorrhea	0	3	0	0	**0**	**3**	0	10	0	0	**0**	**10**	0	13	**13**
101.	1362	EL-2.12	**जातघ्नी/पुत्रघ्नी**	habitual abortion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
102.	1366	EL-2.16	**परिप्लुता**	acute vaginitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
103.	1370	EL-2.20	**महायोनिः / विवृता**	utero-vaginal prolapse/procidentia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
104.	1374	EL-2.24	**वन्ध्या**	female infertility	11	52	0	0	**11**	**52**	35	112	0	0	**35**	**112**	46	164	**210**
105.	1377	EL-2.27	**योनिकन्दः**	vaginal cyst /	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**

				bartholin's cyst															
106.	1382	EL-2.28	**योनि-अर्शः**	cervical polyp	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
107.	1359	EL-2.9	**अरजस्का**	amenorrhea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
108.	1392	EL-4	**रक्तप्रदरः/असृग्दरः**	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	53	0	0	**0**	**53**	11	110	0	0	**11**	**110**	11	163	**174**
109.	1398	EL-5	**श्वेतप्रदरः**	leucorrhoea	0	132	0	0	**0**	**132**	0	255	0	0	**0**	**255**	0	387	**387**
110.	1402	EL-7.1	**गर्भस्रावः**	miscarriage-before fourth month	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
111.	1403	EL-7.2	**गर्भपातः**	miscarriage-after fourth month	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
112.	1412	EL-8	**मूढगर्भः**	abnormal foetal presentation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
113.	1419	EL-9	**सूतिकारोगः**	puerperial disorder	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
114.	1521	EM-11	**भ्रमः**	giddiness / dizziness / vertigo	0	2	0	0	**0**	**2**	5	6	0	0	**5**	**6**	5	8	**13**
115.	1423	EM-2	**उन्मादः**	psychosis/ insanity	35	34	3	2	**38**	**36**	54	68	5	2	**59**	**70**	97	106	**203**
116.	1457	EM-3	**अपस्मारः**	epilepsy	9	12	2	1	**11**	**13**	22	24	7	0	**29**	**24**	40	37	**77**
117.	1466	EM-5	**मदात्ययः**	alcohol abuse	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
118.	1479	EM-6	**मदः**	intoxication due to drugs (other than alcohol)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
119.	1491	EM-7	**मूर्च्छा**	syncope/fainting	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**

120.	1522	F	**शिरःशूल / शिरोरुक्**	headache/ cephalgia/ cephalalgia	29	38	0	1	**29**	**39**	40	68	0	0	**40**	**68**	69	107	**176**
121.	1532	F-10	**शङ्खकः**	temporal cephalalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
122.	1529	F-7	**अनन्तवातः**	trigeminal neuralgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
123.	1530	F-8	**अर्धावभेदकः**	hemicrania	6	10	0	0	**6**	**10**	3	7	0	0	**3**	**7**	9	17	**26**
124.	1531	F-9	**सूर्यावर्तः**	sunshine induced cephalalgia	2	0	0	0	**2**	**0**	2	2	0	0	**2**	**2**	4	2	**6**
125.	1543	FA-3	**खलित्यम्**	baldness / alopecia totalis	24	20	1	0	**25**	**20**	19	22	0	0	**19**	**22**	44	42	**86**
126.	1548	FA-4	**दारुणकः**	pytiriasis capitis	1	2	1	0	**2**	**2**	3	3	1	0	**4**	**3**	6	5	**11**
127.	1565	GB	**दन्तमूलरोगः**	gum disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
128.	1571	GB-6	**परिदरः**	bleeding gums	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
129.	1583	GC	**दन्तरोगः**	tooth disorders	3	4	0	0	**3**	**4**	4	5	0	0	**4**	**5**	7	9	**16**
130.	1586	GC-3	**दन्तहर्षः**	hyperaesthesia teeth	1	0	0	1	**1**	**1**	1	0	0	0	**1**	**0**	2	1	**3**
131.	1601	GD-5	**उपजिह्विका**	ranula	0	0	0	0	**0**	**0**	10	5	0	0	**10**	**5**	10	5	**15**
132.	1604	GE-1	**गलशुण्डिका**	uvulitis/elongated uvula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
133.	1616	GF	**कण्ठरोगः**	throat disorders	1	2	0	0	**1**	**2**	1	3	0	0	**1**	**3**	2	5	**7**
134.	1617	GF-1	**रोहिणी**	diphtheria	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
135.	1624	GF-2	**कण्ठशालूकः/तुण्डिकेरी**	Tonsilitis/ Adenoids	9	9	0	0	**9**	**9**	9	9	1	0	**10**	**9**	19	18	**37**
136.	1637	GF-14	**अपची**	cervical and axillary lymphadenitis	0	0	0	0	**0**	**0**	1	1	0	0	**1**	**1**	1	1	**2**
137.	1641	GF-17	**गण्डमाला**	scrofula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
138.	1643	GF-19	**गलगण्डः**	goiter	12	15	1	0	**13**	**15**	19	20	0	0	**19**	**20**	32	35	**67**
139.	1649	GG	**मुखपाकः**	stomatitis	11	15	1	0	**12**	**15**	5	29	0	0	**5**	**29**	17	44	**61**

140.	1662	H	**अक्षिरोगः/नेत्ररोगः**	ophthalmic diseases/ eye diseases	3	5	0	2	**3**	**7**	5	4	0	0	**5**	**4**	8	11	**19**
141.	1679	HA-2	**उपनाहः**	marginal chalazion / lacrymal cyst	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
142.	1689	HB	**वर्त्म-रोगः**	eyelid disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
143.	1708	HB-19	**लगणः**	chalazion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
144.	1691	HB-2	**कुम्भीका**	styes	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
145.	1692	HB-3	**पोथकी**	trachoma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
146.	1720	HD-1	**प्रस्तारि-अर्म**	pterygium	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
147.	1740	HF-1	**अभिष्यन्दः**	conjunctivitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
148.	1745	HF-2	**अधिमन्थः**	glaucoma	0	2	0	0	**0**	**2**	0	0	0	0	**0**	**0**	0	2	**2**
149.	1754	HF-7	**शुष्काक्षिपाकः**	xeropthalmia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
150.	1761	HG-1	**तिमिरः**	partial or total blindness/ amaurosis /ametropia /partial obstruction of vision	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
151.	1807	HG-10	**नकुलान्ध्यम्**	maculopathy	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
152.	1778	HG-2	**काचः**	moderate low vision	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
153.	1785	HG-3	**लिङ्गनाशः**	complete blindness	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
154.	1813	I	**नासारोगः**	nose diseases	5	5	4	3	**9**	**8**	8	19	6	5	**14**	**24**	23	32	**55**
155.	1814	I-1	**प्रतिश्यायः /पीनसः**	rhinitis	64	52	16	12	**80**	**64**	136	88	17	22	**153**	**110**	233	174	**407**
156.	1852	I-15	**नासागत-रक्तपित्तम्**	epistaxis	0	0	1	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	**1**
157.	1853	I-16	**नासार्शः**	nasal polyp	9	8	1	1	**10**	**9**	4	10	6	6	**10**	**16**	20	25	**45**
158.	1832	I-6	**अपीनसः**	chronic rhinitis	22	21	3	5	**25**	**26**	38	36	7	4	**45**	**40**	70	66	**136**
159.	1860	J	**कर्णरोगः**	ear diseases	6	5	1	0	**7**	**5**	5	5	2	0	**7**	**5**	14	10	**24**

160.	1870	J-10	**कर्णपाकः**	ear furunculosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
161.	1880	J-14	**कर्ण-स्रावः**	otorrhoea	0	0	1	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	**1**
162.	1896	J-19	**बाधिर्यम्**	deafness	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
163.	1897	J-20	**कर्णशूलः**	earache/otalgia	0	1	0	1	**0**	**2**	0	0	0	0	**0**	**0**	0	2	**2**
164.	1869	J-9	**कर्ण-नादः**	tinnitus	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	**1**
165.	1913	K	**व्रणः**	wounds	2	4	0	0	**2**	**4**	0	0	0	0	**0**	**0**	2	4	**6**
166.	1961	K-14	**नाडीव्रणः**	fistula/sinus wound	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
167.	1914	KA	**व्रणशोफः**	inflammatory swelling	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
168.	1971	LA	**भग्नः (अस्थिभग्नः)**	fracture	0	1	0	0	**0**	**1**	0	0	0	0	**0**	**0**	0	1	**1**
169.	1972	LA-1	**सन्धिमुक्तम्**	dislocation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
170.	2013	LB-1	**अग्निदग्धः**	burns	2	2	0	0	**2**	**2**	0	2	0	0	**0**	**2**	2	4	**6**
171.	2085	LE	**शल्यः**	foreign body	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
172.	2170	MD-11	**दौर्बल्यम्**	debility	236	150	17	22	**253**	**172**	310	211	34	24	**344**	**235**	597	407	**1004**
173.	2172	MD-13	**शय्यामूत्रता**	enuresis	0	0	0	0	**0**	**0**	0	0	1	2	**1**	**2**	1	2	**3**
174.	2173	MD-14	**कुकूणकः**	opthalmia neonatarum	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
175.	2177	MD-17	**फक्क-रोगः**	delay in walking	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
176.	2178	MD-18	**क्षीरालसकः**	acute gastroenteritis (pediatric)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
177.	2164	MD-7	**गुदपाकः**	proctitis	2	4	0	0	**2**	**4**	0	0	0	0	**0**	**0**	2	4	**6**
178.	2184	N	**कृमिः/सञ्जातकृमि**	worm infestation	13	19	6	9	**19**	**28**	37	32	9	12	**46**	**44**	65	72	**137**
179.	2250	O-14	**कदरः**	corn /callosity	3	3	0	0	**3**	**3**	4	4	6	0	**10**	**4**	13	7	**20**
180.	2251	O-15	**कुनखः**	paronychia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
181.	2255	O-18	**गुदभ्रंशः**	rectal prolapse	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
182.	2256	O-19	**चर्मकीलः**	wart	0	0	0	0	**0**	**0**	0	0	2	0	**2**	**0**	2	0	**2**
183.	2266	O-25	**निरुद्धप्रकशः**	phimosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
184.	2278	O-33	**मषकः**	blackgram-spots	0	0	0	0	**0**	**0**	1	1	0	0	**1**	**1**	1	1	**2**

185.	2280	O-35	**युवानपिडका (मुखदूषिका)**	pimples	28	57	2	21	**30**	**78**	45	76	19	12	**64**	**88**	94	166	**260**
186	2284	O-39	**इन्द्रलुप्तः**	alopecia	4	2	0	0	**4**	**2**	3	2	0	0	**3**	**2**	7	4	**11**
187	2287	O-42	**व्यङ्गः**	black patches on face / melasma	9	24	1	1	**10**	**25**	31	31	0	0	**31**	**31**	41	56	**97**
188	2243	O-7	**अरूंषिका**	eruptions on head having multiple openings/ furunculosis	4	3	1	1	**5**	**4**	6	4	0	5	**6**	**9**	11	13	**24**
189	1519	EM-9	**मन-सन्तापः**	mental agitation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
190	652	EB 10.16	**त्रिकशूल:**	Sacralgia	115	151	0	0	**115**	**151**	267	297	0	0	**267**	**297**	382	448	**830**
191	1350	EL-2	**योनि-व्यापदः**	gynecological disorder	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
192	45	AAB-29	**कार्श्यम्**	emaciation	13	11	10	12	**23**	**23**	17	28	10	11	**27**	**39**	50	62	**112**
193	42	AAB-26	**क्लमः**	fatigue without physical exertion	1	1	0	0	**1**	**1**	2	0	0	0	**2**	**0**	3	1	**4**
194	240	AAE-8	**रक्तगतवात**	hypertension	138	133	0	0	**138**	**133**	260	227	0	0	**260**	**227**	398	360	**758**
195	4	AA	**वातव्याधिः**	disorders due to vāta	96	127	4	1	**100**	**128**	241	344	9	9	**250**	**353**	350	481	**831**
196	167	C-166	**सिरा:ग्रंथि**	Varicose Veins	7	6	0	0	**7**	**6**	6	8	0	0	**6**	**8**	13	14	**27**
197	894	ED-4.3	**क्षुद्रकुष्ठम्**	minor skin diseases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
198	1099	EE-4.4	**मेदोजग्रन्थिः**		0	1	0	0	**0**	**1**	6	2	0	0	**6**	**2**	6	3	**9**
199	1175	EI-2.2	**ध्वजभङ्गजक्लैब्यम्**	klaibya due to erectile dysfunction	32	4	0	0	**32**	**4**	74	0	0	0	**74**	**0**	106	4	**110**

200	1081	EE-3.7	**रक्तज-अर्शः**	bleeding haemrroh oids	28	15	0	0	**28**	**15**	31	33	0	0	**31**	**33**	59	48	**107**
GRAND TOTAL					**3420**	**3846**	**230**	**237**	**3650**	**4083**	**5859**	**6529**	**290**	**234**	**6149**	**6763**	**9799**	**10846**	**20645**

DEPARTMENT OF INTEGRATED MEDICNE LADY HARDINGE MEDICAL COLLEGE AND ASSOCIATED HOSPITAL, NEW DELHI

Nov 2023- -Mar 2026 (Since the establishment of Department)

	New Patients						Follow up								Grand total
	Adult		Child		Total		Adult		Child		Total		Total		
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
Nov 2023- Mar 2024	**1097**	**1008**	**51**	**34**	**1148**	**1042**	**1533**	**1296**	**41**	**17**	**1574**	**1313**	**2722**	**2355**	**5077**
Apr 2024- Mar 2025	**2889**	**2960**	**113**	**115**	**3002**	**3075**	**4519**	**4568**	**165**	**109**	**4684**	**4677**	**7686**	**7752**	**15438**
Apr 2025- Mar 2026	**3420**	**3846**	**230**	**237**	**3650**	**4083**	**5859**	**6529**	**290**	**234**	**6149**	**6763**	**9799**	**10846**	**20645**

Department of Integrated Medicine
Lady Hardinge Medical College and Hospital, New Delhi
Annual Report: Panchakarma Procedure held during April-2025 to March-2026
Reporting Period April-2025 to March-2026

S. No.	THERAPY	NO. OF PATIENTS						
		Male	Female	Male Child	Female Child	Total Male	Total Female	Grand Total
1	**कटिबस्ति**	278	201	0	0	**278**	**201**	**479**
2	**जानुबस्ति**	210	314	0	0	**210**	**314**	**524**
3	**ग्रीवाबस्ति**	21	67	0	0	**21**	**67**	**88**
4	**मात्राबस्ति**	183	181	22	23	**205**	**204**	**409**
5	**स्थानिक अभ्यंग**	185	169	0	0	**185**	**169**	**354**
6	**सर्वांग अभ्यंग**	461	572	31	35	**492**	**607**	**1099**
7	**नाड़ी स्वेद**	333	256	1	1	**334**	**257**	**591**

8	**सर्वांग स्वेद**	608	797	26	31	**634**	**828**	**1462**
9	**चूर्ण पिण्ड स्वेद**	2	16	0	0	**2**	**16**	**18**
10	**बालुका स्वेद**	85	163	0	0	**85**	**163**	**248**
11	**नस्य**	186	129	67	10	**253**	**139**	**392**
12	**अक्षि तर्पण**	82	84	24	5	**106**	**89**	**195**
13	**विडालक**	1	7	14	0	**15**	**7**	**22**
14	**उद्वर्तन**	73	30	0	0	**73**	**30**	**103**
15	**सिरों पिचु**	0	0	6	0	**6**	**0**	**6**
16	**शिरो-धारा (तेल)**	162	184	41	40	**203**	**224**	**427**
17	**नीरूह बस्ति**	21	32	0	0	**21**	**32**	**53**
18	**जम्बीर पिण्ड स्वेद**	143	152	0	0	**143**	**152**	**295**
19	**अंशबस्ति**	3	4	0	0	**3**	**4**	**7**
20	**षष्टिक-शाली**	7	7	23	0	**30**	**7**	**37**
21	**कषाय बस्ति**	26	24	1	0	**27**	**24**	**51**
22	**अनुवासन बस्ति**	42	44	0	0	**42**	**44**	**86**
23	**स्नेहन**	1	7	0	0	**1**	**7**	**8**
24	**उपनाह**	45	23	0	0	**45**	**23**	**68**
25	**पृष्ठबस्ति**	12	14	0	0	**12**	**14**	**26**
26	**कषाय-धारा**	10	4	0	0	**10**	**4**	**14**
27	**तक्र- धारा**	5	0	0	0	**5**	**0**	**5**
28	**शिरो-अभ्यंग**	29	24	0	0	**29**	**24**	**53**
29	**पिच्छा बस्ति**	0	0	0	0	**0**	**0**	**0**
30	**कुक्कुटाण्ड स्वेद**	12	7	0	0	**12**	**7**	**19**
31	**वैतरण बस्ति**	16	7	0	0	**16**	**7**	**23**
32	**सर्वांग धारा**	0	1	0	0	**0**	**1**	**1**
33	**षष्टिक-शालि**	0	0	12	7	**12**	**7**	**19**
34	**नेत्र प्रक्षालन**	0	5	0	0	**0**	**5**	**5**
35	**लवण पोटली**	0	2	0	0	**0**	**2**	**2**
36	**कर्ण पुरण:**	2	0	0	0	**2**	**0**	**2**
37	**लेप**	1	10	0	0	**1**	**10**	**11**
38	**कटि अभ्यंग**	12	0	0	0	**12**	**0**	**12**
39	**क्षीर बस्ति**	8	0	0	0	**8**	**0**	**8**
40	**शिरो-बस्ति**	4	0	0	0	**4**	**0**	**4**
TOTAL		**3269**	**3537**	**268**	**152**	**3537**	**3689**	**7,226**

8. Ayurveda Treatment Centre, Safdarjung Hospital, New Delhi

Ayurveda Treatment Centre, Safdarjung Hospital, New Delhi
Last Five Years

Year	New Patients						Follow up						Total		Grand total
	Adult		Child		Total		Adult		Child		Total				
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
2021-2022	4485	3319	148	106	4633	3425	6529	4754	209	84	6738	4838	11371	8263	**19634**
2022-2023	5468	4084	193	126	5661	4210	7466	5684	180	118	7646	5802	13307	10012	**23319**
2023-2024	5350	4211	162	135	5512	4346	9075	7101	175	139	9250	7240	14762	11586	**26348**
2024-2025	5578	4673	185	123	5763	4796	9552	8401	169	139	9721	8540	15484	13336	**28820**
2025-2026	4949	4049	147	84	5096	4133	8963	7119	154	72	9117	7191	14213	11324	**25537**

Ayurveda Treatment Centre, Safdarjung Hospital, New Delhi

S.No.	NAMCID	NAMCCode	NAMC_Name	Short_definition	No. of patients treated														
					New						Follow up						Total		Total M+F
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	T
1	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/meteorism or painful abdominal distension	64	34	0	0	64	34	101	59	0	0	101	59	165	93	258
2	2983	AAC-12.4	विबन्ध	simple constipation	442	166	4	1	446	167	494	301	6	8	500	309	946	476	1422

3	152	AAC-15	एकाङ्ग वातः	Monoplegia	73	63	0	0	73	63	151	81	0	0	151	81	224	144	368
4	154	AAC-17	क्रोष्टुक शीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	157	AAC-20	गृध्रसी	sciatica	211	186	0	0	211	186	400	298	0	0	400	298	611	484	1095
7	163	AAC-24	पक्षाघातः/पक्ष वधः	hemiplegia/hemiparesis	24	6	1	0	25	6	103	23	0	0	103	23	128	29	157
8	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	134	AAC-3	अपतानकः	Orthotonus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	172	AAC-30	पङ्गुः (केवल वात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

11	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	30	25	0	0	30	25	47	69	0	0	47	69	77	94	171
12	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	11	13	0	0	11	13	38	37	0	0	38	37	49	50	99
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	135	AAC-4	अर्दितः	facial paralysis	2	1	0	0	2	1	16	0	0	0	16	0	18	1	19
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
16	141	AAC-8	अवबाहुकः	frozen shoulder	28	24	0	0	28	24	20	41	0	0	20	41	48	65	113
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
18	248	AAE-16	सन्धिवातः	osteo-arthritis	318	315	1	1	319	316	639	537	2	0	641	537	960	853	1813
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	285	ABB	दाहः	burning sensation	12	15	0	0	12	15	8	22	0	0	8	22	20	37	57

		-24																	
21	287	ABB-26	पालित्य	premature graying of hair	7	8	0	0	7	8	2	4	0	0	2	4	9	12	21
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	13	5	3	1	16	6	70	10	1	0	71	10	87	16	103
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation /hypomenorrhoea/oligomenorrhea	0	341	0	1	0	342	0	794	0	2	0	796	0	1138	1138
24	413	BA-4.1	स्तन्यक्षयः	Hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25	420	BI	राजयक्ष्मा	Consumption	6	5	0	0	6	5	1	5	0	0	1	5	7	10	17
26	471	EA-2	हिक्का	hiccup/singultus	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
27	480	EA-3	कासः	cough / tussis	253	131	25	16	278	147	283	129	36	11	319	140	597	287	884
28	500	EA-5	स्वरभेदः	Dysphonia	3	1	0	0	3	1	2	0	0	0	2	0	5	1	6
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	5	2	0	0	5	2	3	0	0	0	3	0	8	2	10
30	633	EB-10	शूलः	colicky pain/abdominal colic	104	86	11	4	115	90	183	101	11	1	194	102	309	192	501

31	643	EB-10.10	परिणामशूलः	duodenal ulcer	4	0	0	0	4	0	13	13	0	0	13	13	17	13	30
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	1	3	0	0	1	3	2	4	0	0	2	4	3	7	10
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	18	10	0	0	18	10	18	10	28
34	651	EB-10.15	पार्श्वशूलः	flank pain	0	2	0	0	0	2	0	4	0	0	0	4	0	6	6
35	656	EB-11	उदावर्तः	Obstipation	9	6	0	0	9	6	30	26	0	0	30	26	39	32	71
36	676	EB-12	परिकर्तिका	Proctalgia	44	17	1	0	45	17	85	46	3	0	88	46	133	63	196
37	515	EB-2	अतिसारः	Diarrhoea	14	5	0	1	14	6	25	33	0	0	25	33	39	39	78
38	526	EB-2.	रक्तातिसारः	diarrhoea associated with blood	1	3	0	0	1	3	1	1	0	0	1	1	2	4	6

		10																	
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41	536	EB-3	अजीर्णम्	Indigestion	146	81	0	0	146	81	237	127	0	0	237	127	383	208	591
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	558	EB-4	अम्लपित्तम्	Hyperacidity	150	109	1	0	151	109	221	172	0	0	221	172	372	281	653
44	586	EB-6	छर्दिः	vomiting/emesis	3	4	0	0	3	4	2	7	0	0	2	7	5	11	16
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	76	23	1	0	77	23	212	45	0	0	212	45	289	68	357
46	611	EB-8	गुल्मः	Lump	0	0	0	0	0	0	0	6	0	0	0	6	0	6	6
47	628	EB-9	प्रवाहिका	Dysentery	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
48	681	EC-2	हृद्रोगः	heart disease	61	13	0	0	61	13	130	56	0	0	130	56	191	69	260
49	689	EC-3	ज्वरः	fever / pyrexia	73	77	8	4	81	81	59	113	5	4	64	117	145	198	343
50	761	EC-	विषम ज्वरः	intermittent pyrexia	4	0	0	0	4	0	23	0	0	0	23	0	27	0	27

		3.10																	
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	2	0	0	0	2	2	1	0	0	2	1	2	3	5
52	812	EC-5	पाण्डुरोगः	Anaemia	2	5	0	0	2	5	10	2	0	0	10	2	12	7	19
53	823	EC-6	आमवातः	rheumatism due to आम	70	149	0	1	70	150	119	250	0	0	119	250	189	400	589
54	828	EC-7	अरुचिः	Anorexia	5	7	1	1	6	8	8	26	1	0	9	26	15	34	49
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	2	1	0	1	2	0	3	0	0	0	3	1	5	6
56	1013	ED-11	फिरङ्गः	Syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57	1017	ED-12	प्लीहोदरः	Splenomegaly	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
58	1024	ED-13	श्लीपदः	filariasis	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
59	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	6	1	0	0	6	1	5	0	0	0	5	0	11	1	12
60	10	ED-	उदर्दः	urticaria with kapha	2	4	0	0	2	4	4	3	0	0	4	3	6	7	13

	31	15		predominance															
61	1033	ED-16	भगन्दरः	fistula-in-ano	18	3	1	0	19	3	50	0	4	0	54	0	73	3	76
62	838	ED-2.2	कण्डूः	Pruritic	41	24	1	0	42	24	92	56	7	0	99	56	141	80	221
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	19	13	0	0	19	13	36	26	0	0	36	26	55	39	94
64	874	ED-3	कामला	Jaundice	14	5	0	1	14	6	54	28	0	1	54	29	68	35	103
65	883	ED-4	कुष्ठम्	integumentary disease	198	167	9	5	207	172	308	225	10	3	318	228	525	400	925
66	905	ED-4.3.10	विचर्चिका	wet eczema	27	10	1	0	28	10	51	28	1	0	52	28	80	38	118
67	897	ED-4.3.3	किटिभः	psoriasis	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	6	5	0	0	6	5	16	0	0	4	16	4	22	9	31
69	900	ED-4.	दद्रु-कुष्ठः	ringworm / tinea	48	30	1	3	49	33	96	56	0	1	96	57	145	90	235

		3.6																	
70	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	22	30	3	4	25	34	91	54	9	2	100	56	125	90	215
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
73	942	ED-6.8	लघु-मसूरिका	chicken pox	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
74	944	ED-7	रक्तपित्तम्		2	1	0	0	2	1	0	0	0	0	0	0	2	1	3
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	48	24	1	0	49	24	75	20	0	0	75	20	124	44	168
76	972	ED-9	विद्रधिः	abscess	1	0	0	0	1	0	19	1	0	0	19	1	20	1	21
77	1064	EE-2	अर्बुदः	tumor	12	15	1	0	13	15	22	81	0	0	22	81	35	96	131
78	1074	EE-3	अर्शः	haemorrhoids	222	110	0	0	222	110	327	184	0	0	327	184	549	294	843
79	1095	EE-4	ग्रन्थिः	cyst	101	113	3	2	104	115	229	187	3	1	232	188	336	303	639
80	11	EF-2.	मधुमेहः	diabetes mellitus	241	83	0	0	241	83	512	140	0	0	512	140	753	223	976

	39	4.4																	
81	1161	EF-3	मेदोरोगः	obesity	10	24	0	0	10	24	24	44	0	0	24	44	34	68	102
82	1163	EF-4	पिडका	eruption	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
83	1173	EI-2	क्लैब्यम्	male infertility	195	0	0	0	195	0	496	0	0	0	496	0	691	0	691
84	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	3	0	0	0	3	0	1	0	0	0	1	0	4	0	4
85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	16	0	0	0	16	0	70	0	0	0	70	0	86	0	86
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	94	47	0	0	94	47	177	125	0	0	177	125	271	172	443
87	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
88	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	26	0	0	0	26	0	118	0	0	0	118	0	144	0	144
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	115	51	6	1	121	52	270	96	2	0	272	96	393	148	541
90	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	63	44	0	2	63	46	164	105	0	6	164	111	227	157	384

92	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93	1337	EK-4.6	यकृद्दाल्युदरः	hepatomegaly	47	15	0	1	47	16	154	40	0	0	154	40	201	56	257
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोदरः	ascites	3	1	0	0	3	1	9	0	0	0	9	0	12	1	13
97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	7	0	0	0	7	0	28	0	0	0	28	0	35	35
98	1362	EL-2.12	जातघ्नी/ पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

101	1374	EL-2.24	वन्ध्या	female infertility	0	46	0	0	0	46	0	107	0	0	0	107	0	153	153
102	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	1	0	0	0	1	0	4	0	0	0	4	0	5	5
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	5	0	0	0	5	0	0	0	0	0	0	0	5	5
104	1359	EL-2.9	अरजस्का	amenorrhea	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
105	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	189	0	0	0	189	0	490	0	0	0	490	0	679	679
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	178	0	2	0	180	0	296	0	0	0	296	0	476	476
107	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110	14	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	19																	
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	13	9	2	0	15	9	21	6	3	0	24	6	39	15	54
112	1423	EM-2	उन्मादः	psychosis/insanity	54	14	4	2	58	16	92	15	2	0	94	15	152	31	183
113	1457	EM-3	अपस्मारः	epilepsy	6	2	1	0	7	2	6	4	1	0	7	4	14	6	20
114	1466	EM-5	मदात्ययः	alcohol abuse	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	46	66	1	1	47	67	55	106	0	1	55	107	102	174	276
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120	1530	F-8	अर्धावभेदकः	hemicrania	6	24	0	0	6	24	33	60	0	0	33	60	39	84	123
121	15	F-9	सूर्यावर्तः	sunshine induced cephalalgia	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4

	31																		
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	85	83	1	0	86	83	90	77	0	0	90	77	176	160	336
123	1548	FA-4	दारुणकः	pytiriasis capitis	14	4	0	0	14	4	1	3	0	2	1	5	15	9	24
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126	1583	GC	दन्तगतरोगः	tooth disorders	8	14	0	0	8	14	0	2	0	1	0	3	8	17	25
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

133	1643	GF-19	गलगण्डः	goiter	5	8	0	1	5	9	7	36	0	1	7	37	12	46	58
134	1649	GG	मुखपाकः	stomatitis	29	8	0	0	29	8	9	9	0	0	9	9	38	17	55
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	7	1	0	0	7	1	0	0	0	0	0	0	7	1	8
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

144	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149	1813	I	नासारोगः	nose diseases	2	2	0	0	2	2	6	0	0	0	6	0	8	2	10
150	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	100	69	4	1	104	70	134	74	0	0	134	74	238	144	382
151	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
153	1832	I-6	अपीनसः	chronic rhinitis	13	2	0	0	13	2	11	7	4	0	15	7	28	9	37

154	1860	J	कर्णरोगः	ear diseases	1	2	0	0	1	2	2	0	0	0	2	0	3	2	5
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1880	J-14	कर्ण-स्रावः	otorrhoea	0	5	0	0	0	5	0	1	0	0	0	1	0	6	6
157	1896	J-19	बाधिर्यम्	deafness	3	1	0	0	3	1	1	0	0	0	1	0	4	1	5
158	1897	J-20	कर्णशूलः	earache/otalgia	4	5	0	0	4	5	9	2	0	0	9	2	13	7	20
159	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
160	1913	K	व्रणः	wounds	5	5	0	2	5	7	29	2	0	0	29	2	34	9	43
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163	1971	LA	भग्नः (अस्थिभग्नः)	fracture	5	4	0	0	5	4	13	12	0	0	13	12	18	16	34
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

165	20013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166	20085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167	21700	MD-11	दौर्बल्यम्	debility	192	124	26	11	218	135	278	124	19	12	297	136	515	271	786
168	21722	MD-13	शय्यामूत्रता	enuresis	0	1	0	3	0	4	0	0	2	2	2	2	2	6	8
169	21733	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170	21777	MD-17	फक्क-रोगः	delay in walking	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
171	21788	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172	21644	MD-7	गुदपाकः	proctitis	0	0	4	0	4	0	0	1	0	0	0	1	4	1	5
173	21844	N	कृमिः/सञ्जात कृमि	worm infestation	7	6	5	5	12	11	3	10	7	2	10	12	22	23	45
174	22500	O-14	कदरः	corn /callosity	3	1	0	0	3	1	0	0	0	0	0	0	3	1	4

175	2251	O-15	कुनखः	paronychia	3	8	0	0	3	8	6	1	0	0	6	1	9	9	18
176	2255	O-18	गुदभ्रंशः	rectal prolapse	3	0	0	0	3	0	15	0	0	0	15	0	18	0	18
177	2256	O-19	चर्मकीलः	wart	0	1	0	0	0	1	0	3	0	0	0	3	0	4	4
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	18	50	0	2	18	52	90	117	2	1	92	118	110	170	280
181	2284	O-39	इन्द्रलुप्तः	alopecia	4	0	0	0	4	0	3	2	0	0	3	2	7	2	9
182	2287	O-42	व्यङ्गः	black patches on face / melasma	7	9	0	0	7	9	17	20	0	0	17	20	24	29	53
183	2243	O-7	अरूंषिका	eruptions on head having multiple openings/furunculosis	2	4	1	1	3	5	4	5	0	0	4	5	7	10	17
184	11110	EF-2	प्रमेहः	diabetes mellitus	38	16	0	0	38	16	99	59	0	0	99	59	137	75	212
185	4	AA	वातव्याधिः	disorders due to vāta	112	120	3	1	115	121	181	184	3	0	184	184	299	305	604

186	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
187	489	EA-4	श्वासः	dyspnoea	79	50	4	1	83	51	154	73	1	4	155	77	238	128	366
188	49	AAB-33	ग्रीवास्तम्भः (केवल वात)	neck stiffness/torticollis/spasmodic torticollois (due only to vātadōṣa)	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3
189	1383	EL-3	आर्तव दोषः/ आर्तवदुष्टिः/रजो दोषः	menstrual disorders	0	1	0	0	0	1	0	7	0	0	0	7	0	8	8
190	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
191	72	AAB-55	पादशूलः (केवल वात)	leg pain (due only to vātadōṣa)	2	7	0	0	2	7	6	19	0	0	6	19	8	26	34
192	494	EA-4.5	तमक श्वासः	the disorder is characterized by pīnasam [cold, catarrh], ghurghurakam/kaṇṭhaghurghurikānvitaḥ [making ghurghur sound], atīva-tīvravēgaṁ śvāsaḥ/tīvravēgaṁ	8	#VALUE!	0	0	8	13	24	15	2	0	26	15	34	28	62

				śvāsam [severe increased respiratory rate/tachypnea], prāṇaprapīḍakam/prāṇōpatāpinam [life threatening], ativēgāt pratāmyati/pratāmyēt tasya vēgēna/tama kapīḍitaḥ [fainting due to tachypnea], kāsatē/sakāsaḥ/kāsam [cough], sannirudhyatē [motionless], kāsamānaśca pramōhaṁ muhurmuhuḥ gacchati [frequent fainting while coughing], ślēṣmaṇi amucyamānē tu bhṛśaṁ bhavati duḥkhitaḥ [distressed as unable to spit out phlegm], saśāmyati kaphē hīnē [feels better with little spitting of																

				phlegm], tasyaiva ca (ślēṣmaṇi) vimōkṣāntē muhūrtaṁ labhatē sukham / niṣṭhyūtāntē kṣaṇaṁ sukhī [feels better for a while due to spitting of phlegm], kaṇṭhaḥ uddhvaṁsatē [inflammation of throat (pharynx, larynx)], kṛcchrāccha knōti bhāṣitum [hardly able to speak], nidrāṁ na labhatē [loss of sleep/insomnia], śayānaḥ śvāsapīḍitaḥ/ kṛcchrāt śayānaḥ śvasiti [difficulty in sleeping position/unable to sleep], pārśvē avagṛhṇāti [hindering in respiration by sides of chest due to vāta], āsīnō labhatē saukhyam /																	

				niṣaṇṇaḥ svāsthyamṛcchati [feels comfortable in sitting posture], uṣṇaṁ caiva abhinandati / uṣṇaṁ kāṅkṣati [desire for hot], ucchritākṣaḥ [bulging of eyes], lalāṭēna svidyataḥ [sweating on forehead], bhṛśam artimān [sudden onset of pain], viśuṣkāsyaḥ [dryness of mouth], muhuḥ śvāsō muhuścaiva avadhamyatē [body moves along with respiration during attack.], mēghāmbuśītaprāgvātaiḥ ślēṣmalaiśca abhivardhatē /vivarddhatē [aggravation of attack due to clouds, rain, cold, wind coming from front and others																

				which increase kapha], tr̥ṭ-prāyaḥ/tr̥ṣyatē/tr̥ṣam [thirst], svēda-prāyaḥ [perspiration], vamathu-prāyaḥ [vomiting], viśēṣāt durdinē tāmyēt [more distressed on bad weather day], ghōṣēṇa mahatā āviṣṭaḥ [associated with large sound], sakaphaḥ [with sputum/phlegm], annadviṭ [person having aversion towards food], aruciḥ [tastelessness], suptaḥ [numbness], svapataśca vivardhatē [increased on sleep], mōham [confusion/delirium], savēpathuḥ [tremor]																	

193	1399	EL-6	गर्भिणी रोगः	obstetric diseases and conditions	0	2	0	0	0	2	0	2	0	0	0	2	0	4	4
194	1421	EM	मनोवह स्रोतोविकारः	disorders of manōvahasrōtas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
195	3573	I:10	Hypertension (BP)		40	11	0	0	40	11	54	35	0	0	54	35	94	46	140
196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterized by śūkrābha mūtra pravr̥tti [semen like appearance of urine], śukra miśra mūtra pravr̥tti [semen mixed urination], muhurmūtra pravr̥tti [frequent micturition]	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterized by nyagrōdhaprarōhasadr̥śaguda ṅkurāḥ [anal sprouts as shoots of indian fig tree], vidrumasannibhāḥ gudāṅkurāḥ [pile mass	58	38	0	0	58	38	85	29	0	0	85	29	143	67	210

				are like the coral], guñjāsannibhāḥ gudāṅkurāḥ/ kākaṇantikāphalasadṛśag udāṅkurāḥ [pile mass are like the gunja or coral], pittalakṣanāni [clinical features of pitta type of arśa], gāḍhaviṭkaprapīḍitāḥ [being pressed by hard feces], raktam-atipravṛttiḥ [excessive bleeding], atyarthaduṣṭ amasṛk visṛjanti [severely vitiated blood discharge], anlpamasṛk sahasā visṛjanti [frequent bleeding], pittākṛtisamanvitāḥ gudāṅkurāḥ [features similar to those of paittik], vaṭaprarōhasadṛśā																

				gudāṅkurā [pile mass are like the sprouts of the banyan tree], sahasā duṣṭamuṣṇaṁ raktaṁ sravanti [suddenly discharge excessively vitiated and hot blood], śōṇitakṣayas aṁbhavaiḥ duḥkhaiḥpīḍyatē [suffers from various diseases due to loss of the blood], bhēkābhaḥ [appearance like that of frog], hīnavarṇaḥ [dull complexion], hīnabalam [loss of energy], hīnōtsāhaḥ [loss of drive], hataujāḥ [loss of vitality], kaluṣēndriyaḥ [depression in the sensory organs]																	
198	16	GE-3	तुण्डिकेरी	the disorder is characterize	0	2	1	0	1	2	4	26	3	2	7	28	8	30	38

	06			d by sthūla śōpha [large swelling], sthūla śōtha [large swelling], tōdaḥ [pricking pain], dāhaḥ [burning sensation], prapākaḥ [severe inflammation], kārpāsīphala sannibhaḥ kaṇṭha śōphaḥ [pharyngeal swelling as that of fruit of kārpāsa], picchila śōphaḥ [slimy swelling], mandaruk śōphaḥ [swelling with dull aching pain], kaṭhina śōphaḥ [hard swelling], hanusandhyā śritaḥ [associated with temporomandibular joint]															
199	55	AAB-39	जानुभेदः (केवल वात)	breaking pain of knees (due only to vātadōṣa)	74	59	4	0	78	59	174	85	4	0	178	85	256	144	400	

200	167	C-166	(Varicos Vain) सिराःग्रंथि		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
201	1236	EI-6	वृद्धिः	hernia, hydrocele	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
202	1385	EL-3.2	पित्तज/ आर्तवदुष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be similar to corresponding dosha], dōṣa vēdanā [characteristics of pain will be similar to corresponding dōṣa], svaliṁgairdōṣajam [same symptoms as that of corresponding dōṣa], kiñcit pītam [slightly yellow], kiñcit picchilama [nonslimy], kiñcit ānīlaṁ [bluish discharge], dahadiva pravartatē [menstrual	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1

				dischage accompained with burning sensation]															
203	19	AAB-3	अङ्गमर्दः (केवल वात)	generalized body ache (due only to vātadōṣa)	4	2	0	0	4	2	0	1	0	0	0	1	4	3	7
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	108	AAB-91	विषादः/दीनता (केवल वात)	depression/apathy (due only to vātadōṣa)	2	2	0	0	2	2	0	1	0	0	0	1	2	3	5
209	406	BG	शुक्रवैषम्यम्		1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
210	243	AAE-111	अस्थिगतवातः	aggravation of vāta in asthi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
211	23110	O-51	आलस्यम्	laziness/lethargy (due to kaphadōśa	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

				and other dōṣa															
212	1604	GE-1	गलशुण्डिका (कण्ठशुण्डी)	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2132	M	बालरोगः	paediatric medical conditions	0	0	1	0	1	0	1	0	0	0	1	0	2	0	2
214	652	EB-10.16	त्रिकशूलः/	sacralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	1350	EL-2	योनिरोगः/योनि-व्यापदः	gynecological disorder	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravr̥ddhi-kṣayavr̥ddhi-hāniḥ (granthēḥ) [swelling increases or decreases according to increase or decrease of body mass], snigdhaḥ(granthiḥ) [unctuous swelling],	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

				mahān (granthiḥ) [large swelling], alparujaḥ (granthiḥ) [swelling with mild pain], atikaṇḍūḥ (granthiḥ) [associated with eccessive itching sensation], piṇyāka-sarpiḥpratima-srāvaḥ (bhinnē) [on bursting discharge comes out resembling an oil cake or ghee], mr̥duḥ (granthiḥ) [soft swelling], calaḥ (granthiḥ) [mobile swelling], bhinnaḥ ghanaṁ tāmram asitaṁ sitaṁ mēdaḥ sravēt [on bursting thick coppery black cloloured meda discharge]																

218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	1175	EI-2.2	ध्वजभङ्गःजक्लैब्यम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
221	2269	O-28	प्रसुप्तिः	hypoesthesia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
222	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated vāta in rakta	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
224	2263	O-23	तिलकः/तिलकालक	sesame-eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
225	7	AA-2	वातवृद्धिः	vātavr̥ddhiḥ	0	5	0	0	0	5	0	0	0	0	0	0	0	5	5
226	265	ABB-4	अतिस्वेदः(केवलपित्त)		0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
227	2667	SH-2	विरेचनायोग	virēcanāyōga	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
228	173	AAC-	मिन्मिनः	nasal voice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

		31																	
229			Not consultant		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Grand Total					4949	4049	147	84	5096	4133	8963	7119	154	72	9117	7191	142113	11324	25537

9. Ayurveda Treatment Center, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi

Patient footfall for the last Five Years

Years	New Patients						Follow up						Total		Grand total
	Adult		Child		Total		Adult		Child		Total				
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
2021-2022	1594	990	36	25	1630	1015	1714	1228	26	41	1740	1269	3370	2284	5654
2022-2023	2085	1559	58	44	2143	1603	3266	2340	63	60	3329	2400	5472	4003	9475
2023-2024	2424	1598	73	44	2497	1642	4733	3990	182	133	4915	4123	7412	5765	13177
2024-2025	2060	1421	33	29	2093	1456	3321	2186	62	38	3383	2224	5476	3680	9156
2025-2026	1840	1325	30	23	1870	1348	3154	2259	60	31	3214	2290	5084	3638	8722

Ayurveda Treatment Centre, ABVIMS, Dr. RML Hospital, New Delhi

Sl No:	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	4	AA	वातव्याधिः	disorders due to vāta	175	150	1	0	176	150	240	176	7	3	247	179	423	329	752
2.	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	6	4	0	0	6	4	0	0	0	0	0	0	6	4	10
3.	42	AAB-26	क्लमः	fatigue without physical exertion	6	8	1	0	7	8	15	9	1	0	16	9	23	17	40
4.	45	AAB-29	कार्श्यम्	emaciation	4	2	1	0	5	2	3	4	0	0	3	4	8	6	14
5	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness/torticollis	16	11	0	0	16	11	22	18	0	0	22	18	38	29	67
6.	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	0	2	0	0	0	2	8	2	0	0	8	2	8	4	12
7.	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	93	AAB-76	रजोनाशः	amenorrhoea (due only to vātadōṣa)	0	6	0	0	0	6	0	0	0	0	0	0	0	6	6
9.	108	AAB-91	विषादः/दीनता	depression/apathy (due only to vātadōṣa)	6	0	0	0	6	0	1	5	0	0	1	5	7	5	12
10	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	141	AAC-8	अवबाहुकः	frozen shoulder	10	7	0	0	10	7	5	3	0	0	5	3	15	10	25
14	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	147	AAC-12	आध्मानम्/ आनाहः	distension/meteorism/painful abdominal distension	70	58	0	1	70	59	78	44	0	0	78	44	148	103	251
16.	2983	AAC-12.4	विबन्ध	simple constipation	82	43	0	0	82	43	79	47	4	2	83	49	165	92	257
17.	152	AAC-15	एकाङ्गवातः	monoplegia	3	0	0	0	3	0	2	0	0	0	2	0	5	0	5

18.	154	AAC -17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	5	1	0	0	5	1	5	1	6
19.	157	AAC -20	गृध्रसी	sciatica	27	25	0	0	27	25	77	63	0	0	77	63	104	88	192
20.	163	AAC -24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	9	2	0	0	9	2	45	2	0	0	45	2	54	4	58
21.	166	AAC -24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
22.	172	AAC -30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
23.	174	AAC -32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24.	177	AAC -35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	179	AAC -37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	240	AAE-8	रक्तगतवात	hypertension	10	8	0	0	10	8	39	35	0	0	39	35	49	43	92
27.	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
28.	248	AAE-16	सन्धिवातः	osteo-arthritis	188	155	2	0	190	155	342	364	0	0	342	364	532	519	1051
29.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	285	ABB-24	दाहः	burning sensation	1	2	0	0	1	2	3	8	0	0	3	8	4	10	14
31.	287	ABB-26	पालित्य	premature graying of hair	4	1	0	0	4	1	0	0	0	0	0	0	4	1	5
32.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	38	27	5	0	43	27	72	39	0	0	72	39	115	66	181
33	410	BA-3.1	आर्तवक्षयः	scanty menstruation /oligomenorrhea	0	2	0	0	0	2	0	4	0	0	0	4	0	6	6
34.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
37.	480	EA-3	कासः	cough / tussis	132	78	4	2	136	80	99	69	0	3	99	72	235	152	387
38.	489	EA-4	श्वासः	dyspnoea	41	39	0	0	41	39	64	48	0	0	64	48	105	87	192
39	494	EA-4.5	तमकश्वासः	Cold, tīvravēga śvāsa, kāsam, inflammation of throat	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

42	515	EB-2	अतिसारः	diarrhoea	1	1	0	0	1	1	2	0	0	0	2	0	3	1	4
43	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46	536	EB-3	अजीर्णम्	indigestion	26	16	0	0	26	16	42	9	0	0	42	9	68	25	93
47	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48	558	EB-4	अम्लपित्तम्	hyperacidity	79	49	0	0	79	49	132	50	0	0	132	50	211	99	310
49	586	EB-6	छर्दिः	vomiting/emesis	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
50	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	28	19	0	0	28	19	56	17	0	0	56	17	84	36	120
51	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	633	EB-10	शूलः	colicky pain/abdominal colic	27	16	1	2	28	18	26	29	0	2	26	31	54	49	103
54.	643	EB-10.10	परिणामशूलः	duodenal ulcer	1	1	0	0	1	1	1	0	0	0	1	0	2	1	3
55.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	4	2	0	0	4	2	13	3	0	0	13	3	17	5	22
57.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
58.	652	EB 10.16	त्रिकशूल:	Sacralgia	4	5	0	0	4	5	5	6	0	0	5	6	9	11	20
59.	656	EB-11	उदावर्तः	obstipation	5	7	0	0	5	7	4	6	0	0	4	6	9	13	22
60.	676	EB-12	परिकर्तिका	proctalgia	9	2	0	0	9	2	30	19	0	0	30	19	39	21	60
61.	681	EC-2	हृद्रोगः	heart disease	16	2	1	0	17	2	37	14	0	0	37	14	54	16	70
62.	689	EC-3	ज्वरः	fever / pyrexia	30	13	2	4	32	17	21	23	5	2	26	25	58	42	100
63.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
64.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65.	812	EC-5	पाण्डुरोगः	anaemia	3	18	0	0	3	18	7	19	0	0	7	19	10	37	47
66.	823	EC-6	आमवातः	rheumatism due to आम	24	18	0	0	24	18	39	36	1	3	40	39	64	57	121
67.	828	EC-7	अरुचिः	anorexia	1	0	0	0	1	0	6	0	0	0	6	0	7	0	7
68.	838	ED-2.2	कण्डूः	pruritis	19	11	0	1	19	12	16	19	0	0	16	19	35	31	66

69.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	7	5	0	0	7	5	19	19	0	3	19	22	26	27	53
70.	874	ED-3	कामला	jaundice	5	4	0	0	5	4	20	4	0	0	20	4	25	8	33
71.	883	ED-4	कुष्ठम्	integumentary disease	65	57	1	4	66	61	95	70	6	2	101	72	167	133	300
72	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
73.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	38	0	0	0	38	0	38	38
74.	897	ED-4.3.3	किटिभः	psoriasis	7	6	0	0	7	6	20	5	0	0	20	5	27	11	38
75.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	1	0	0	0	1	1	6	0	0	1	6	1	7	8
76.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	0	0	0	0	0	0	7	6	0	0	7	6	7	6	13
77	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	902	ED-4.3.8	पामा	scabies	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
79.	919	ED-5	श्वित्रः	vitiligo /leukoderma	6	2	0	1	6	3	15	6	0	0	15	6	21	9	30
80	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
81	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
82.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
83.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	19	14	0	0	19	14	35	47	0	0	35	47	54	61	115
84.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
85	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
88	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	1	2	0	0	1	2	7	1	0	0	7	1	8	3	11
90	1031	ED-15	उदर्दः	urticaria with kapha predominance	5	0	0	0	5	0	7	2	0	0	7	2	12	2	14
91	1033	ED-16	भगन्दरः	fistula-in-ano	12	5	0	0	12	5	12	1	0	0	12	1	24	6	30
92.	1064	EE-2	अर्बुदः	tumour	0	0	0	0	0	0	5	1	0	0	5	1	5	1	6
93.	1074	EE-3	अर्शः	haemorrhoids	56	24	0	0	56	24	171	78	0	0	171	78	227	102	329

94	1081	EE-3.7	रक्तज-अर्शः	Pile mass with discharge of vitiated, hot blood.	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
95.	1095	EE-4	ग्रन्थिः	cyst	15	51	0	0	15	51	50	74	0	0	50	74	65	125	190
96	1099	EE-4.4	मेदोजग्रन्थिः	Fatty mobile swelling	0	1	0	0	0	1	3	4	0	0	3	4	3	5	8
97	1110	EF-2	प्रमेहः	diabetes mellitus	19	12	0	0	19	12	43	35	0	0	43	35	62	47	109
98.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	60	22	0	0	60	22	139	36	0	0	139	36	199	58	257
99	1118	EF-2.2.6	शुक्रमेहः	semen mixed urination	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
100.	1161	EF-3	मेदोरोगः	obesity	8	13	0	0	8	13	20	30	0	0	20	30	28	43	71
101	1163	EF-4	पिडका	eruption	1	0	0	0	1	0	1	5	0	0	1	5	2	5	7
102.	1173	EI-2	क्लैब्यम्	male infertility	39	0	0	0	39	0	73	0	0	0	73	0	112	0	112
103	1175	EI-2.2	ध्वजभङ्गजक्लैब्यम्	klaibya due to erectile dysfunction	7	0	0	0	7	0	3	0	0	0	3	0	10	0	10
104..	1236	EI-6	वृद्धिः	hernia, hydrocele	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	1	0	0	0	1	0	9	0	0	0	9	0	10	0	10
107.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	37	23	1	3	38	26	125	58	0	0	125	58	163	84	247
108..	1258	EJ-3	मूत्राघातः	urinary retention	0	1	0	0	0	1	9	0	0	0	9	0	9	1	10
109.	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	18	2	0	0	18	2	58	1	0	0	58	1	76	3	79
110.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	48	9	1	0	49	9	106	20	0	0	106	20	155	29	184
111.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	3	6	0	0	3	6	14	1	0	0	14	1	17	7	24
113	1319	EK-3.15	कर्णमूलशोथः	mumps	5	1	0	0	5	1	4	6	0	0	4	6	9	7	16
114	1324	EK-4	उदर/उदररोगः	ascites	0	4	0	0	0	4	32	28	0	0	32	28	32	32	64
115.	1337	EK-4.6	यकृद्वाल्पुदरः	hepatomegaly	29	4	0	0	29	4	3	14	0	0	3	14	32	18	50
116.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	3	0	0	0	3	0	3	0	3

119.	1350	EL-2	योनि-व्यापदः	gynecological disorder	0	5	0	0	0	5	0	7	0	0	0	7	0	12	12
120.	1360	EL-2.10	उदावर्तिनी	dysmenorrhea	0	13	0	0	0	13	0	13	0	0	0	13	0	26	26
121.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124.	1374	EL-2.24	वन्ध्या	female infertility	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
125.	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	4	0	0	0	4	0	0	0	0	0	0	0	4	4
127.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128	1383	EL-3	आर्तवदोषः/आर्तव दुष्टिः	menstrual disorders	0	10	0	0	0	10	0	0	0	0	0	0	0	10	10
129.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / (DUB)	0	4	0	0	0	4	0	17	0	0	0	17	0	21	21
130.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	35	0	0	0	35	0	75	0	0	0	75	0	110	110
131	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1419	EL-9	सूतिकारोगः	puerperal disorder	0	0	0	0	0	0	3	0	0	0	3	0	3	0	3
136.	1421	EM	मनोवहस्रोतोविकारः	disorders of मनोवहस्रोतस्	16	19	2	1	18	20	82	42	12	2	94	44	112	64	176
137.	1423	EM-2	उन्मादः	psychosis/insanity	6	4	0	0	6	4	9	8	0	0	9	8	15	12	27
138.	1424	EM-2.1	उन्माद-पूर्वरूपम्	prodromes of उन्माद	0	0	0	0	0	0	2	2	0	0	2	2	2	2	4
139	1425	EM-2.2	वातज-उन्मादः	उन्माद due to वात	5	0	0	0	5	0	2	1	0	0	2	1	7	1	8
140.	1426	EM-2.3	पित्तज-उन्मादः	उन्माद due to पित्त	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1427	EM-2.4	कफज-उन्मादः	उन्माद due to कफ	8	0	0	0	8	0	4	7	0	0	4	7	12	7	19
142.	1428	EM-2.5	सन्निपातज-उन्मादः	उन्माद due to three दोष	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

143.	1429	EM-2.6	शोकज-उन्मादः	उन्माद due to grief	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1452	EM-2.8	भूतोन्मादः	उन्माद due to possession of भूत	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	5	3	0	0	5	3	5	3	8
146.	1465	EM-4	अतत्त्वाभिनिवेशः	psychic perversion/delusion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1519	EM-9	मन-सन्तापः	mental agitation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	1	0	0	0	1	5	6	0	0	5	6	5	7	12
152.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	8	19	0	0	8	19	18	37	0	0	18	37	26	56	82
153.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1530	F-8	अर्धावभेदकः	hemicrania	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
155.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	15	15	0	2	15	17	3	29	0	0	3	29	18	46	64
158.	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	13	1	0	0	13	1	13	1	14
159.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1583	GC	दन्तरोगः	tooth disorders	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
162.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1606	GE-3	तुण्डिकेरी	pharyngeal swelling	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
167.	1616	GF	कण्ठरोगः	throat disorders	11	4	0	0	11	4	11	20	0	0	11	20	22	24	46
168..	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	7	0	0	0	7	0	7	0	7
171.	1643	GF-19	गलगण्डः	goitre	0	9	0	0	0	9	13	11	0	0	13	11	13	20	33
172.	1649	GG	मुखपाकः	stomatitis	11	0	0	0	11	0	6	6	0	0	6	6	17	6	23
173.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

175.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	1761	HG-1	तिमिरः	partial or total blindness/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
186.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
187	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
188.	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
189.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	55	32	1	1	56	33	50	75	1	1	51	76	107	109	216	
190	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	7	7	0	0	7	7	7	7	14	
191.	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1	
192.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
193.	1860	J	कर्णरोगः	ear diseases	7	6	0	0	7	6	10	9	0	0	10	9	17	15	32	
194	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
195.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
196	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
197.	1880	J-14	कर्ण-स्रावः	otorrhoea	1	2	0	0	1	2	0	5	0	0	0	5	1	7	8	
198.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
199	1897	J-20	कर्णशूलः	earache/otalgia	5	0	0	0	5	0	7	0	0	0	7	0	12	0	12	
200	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2	
201	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
202	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
203	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
204	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
205	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
206	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
207	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
208	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

209	2170	MD-11	दौर्बल्यम्	debility	85	46	1	0	86	46	112	50	20	1	132	51	218	97	315
210	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
211	2172	MD-13	शय्यामूत्रता	enuresis	0	0	3	1	3	1	0	0	0	3	0	3	3	4	7
212	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
214	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
215	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	2	0	2	0	0	0	3	1	3	1	5	1	6
216	2243	O-7	अरूंषिका	eruptions on head with multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
217	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
218	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	15	1	0	0	15	1	15	1	16
219	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
221	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
222	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
223	2280	O-35	युवानपिडका	pimples	4	4	0	0	4	4	3	11	0	3	3	14	7	18	25
224	2284	O-39	इन्द्रलुप्तः	alopecia	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
225	2287	O-42	व्यङ्गः	black patches on face / melasma	13	4	0	0	13	4	12	2	0	0	12	2	25	6	31
226	2310	O-51	आलस्यम्	laziness/lethargy (due to kapha & other dosha)	2	2	0	0	2	2	0	0	0	0	0	0	2	2	4
227	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
228	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
229	0	I-83.9	Varicose Vein	derangement of mamsavahasrotas	0	0	0	0	0	0	0	20	0	0	0	20	0	20	20
230		Z-29.1	Immuno Prophylaxis		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					1840	1325	30	23	1870	1348	3154	2259	60	31	3214	2290	5084	3638	8722

10. Ayurveda Unit Supreme Court of India, FAP Hon'ble Supreme Court, First Aid Post

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/meteorism or painful abdominal distension	37	0	0	0	37	0	21	0	0	0	21	0	58	0	58
2.	2983	AAC-12.4	विबन्ध	simple constipation	102	83	0	0	102	83	72	36	0	0	72	36	174	119	293
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	49	40	0	0	49	40	28	0	0	0	28	0	77	40	117
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	35	0	0	0	35	0	27	0	0	0	27	0	62	0	62
12.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16.	141	AAC-8	अवबाहुकः	frozen shoulder	51	0	0	0	51	0	50	10	0	0	50	10	101	10	111
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

18.	248	AAE-16	सन्धिवातः	osteo-arthritis	241	202	0	0	241	202	147	94	0	0	147	94	388	296	684
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	285	ABB-24	दाहः	burning sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21.	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
23.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	480	EA-3	कासः	cough / tussis	228	180	0	0	228	180	135	85	10	6	145	91	373	271	644
28.	489	EA-4	श्वासः	dyspnoea	33	0	0	0	33	0	30	4	0	0	30	4	63	4	67
29.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	633	EB-10	शूलः	colicky pain/abdominal colic	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
32.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36.	656	EB-11	उदावर्तः	obstipation	58	39	0	0	58	39	50	21	0	0	50	21	108	61	169
37.	676	EB-12	परिकर्तिका	proctalgia	11	6	0	0	11	6	8	4	0	0	8	4	19	10	29
38.	515	EB-2	अतिसारः	diarrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	149	94	0	0	149	94	99	47	0	0	99	47	248	141	389
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	161	85	0	0	161	85	95	56	0	0	95	56	256	141	397
45.	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48.	628	EB-9	प्रवाहिका	dysentery	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
49.	681	EC-2	हृद्रोगः	heart disease	79	16	0	0	79	16	18	9	0	0	18	9	97	25	122
50.	689	EC-3	ज्वरः	fever / pyrexia	56	15	0	0	56	15	32	11	0	0	32	11	88	26	114
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	15	0	0	0	15	0	18	0	0	0	18	0	33	0	33
54.	823	EC-6	आमवातः	rheumatism due to आम	152	83	0	0	152	83	88	56	0	0	88	56	240	139	379
55.	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	25	32	0	0	25	32	8	2	0	0	8	2	33	34	67

61.	1031	ED-15	उदर्दः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62.	1033	ED-16	भगन्दरः	fistula-in-ano	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
63.	838	ED-2.2	कण्डूः	pruritis	14	0	0	0	14	0	11	0	0	0	11	0	25	0	25
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65.	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
66.	883	ED-4	कुष्ठम्	integumentary disease	24	0	0	0	24	0	4	0	0	0	4	0	28	0	28
67.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68.	897	ED-4.3.3	किटिभः	psoriasis	32	0	0	0	32	0	24	4	0	0	24	4	56	4	60
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	22	0	0	0	22	0	15	0	0	0	15	0	37	0	37
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	14	0	0	0	14	0	1	0	0	0	1	0	15	0	15
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79.	1074	EE-3	अर्शः	haemorrhoids	95	14	0	0	95	14	52	12	0	0	52	12	147	26	173
80.	1095	EE-4	ग्रन्थिः	cyst	28	0	0	0	28	0	2	0	0	0	2	0	30	0	30
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	137	54	0	0	137	54	74	27	0	0	74	27	211	81	292
82.	1161	EF-3	मेदोरोगः	obesity	6	2	0	0	6	2	3	0	0	0	3	0	9	2	11

83.	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84.	1173	EI-2	क्लैब्यम्	male infertility	27	0	0	0	27	0	4	0	0	0	4	0	31	0	31
85.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	36	0	0	0	36	0	28	4	0	0	28	4	64	4	68
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	21	0	0	0	21	0	1	0	0	0	1	0	22	0	22
91.	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	13	0	0	0	13	0	12	0	0	0	12	0	24	0	24
93.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	यकृद्दाल्युदरः	hepatomegaly	55	16	0	0	55	16	28	8	0	0	28	8	83	24	107
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	48	0	0	0	48	0	25	0	0	0	25	0	73	73
99.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

105.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	36	16	0	0	36	16	23	0	0	0	23	0	59	16	75
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
121.	1530	F-8	अर्धावभेदकः	hemicrania	11	0	0	0	11	0	0	0	0	0	0	0	11	0	11
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	36	0	0	0	36	0	24	10	0	0	24	10	60	10	70
124.	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1583	GC	दन्तरोगः	tooth disorders	82	37	0	0	82	37	47	15	0	0	47	15	129	52	181
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

131.	**1616**	**GF**	**कण्ठरोगः**	**throat disorders**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	**1617**	**GF-1**	**रोहिणी**	**diphtheria**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	**1637**	**GF-14**	**अपची**	**cervical and axillary lymphadenitis**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	**1641**	**GF-17**	**गण्डमाला**	**scrofula**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	**1643**	**GF-19**	**गलगण्डः**	**goiter**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	**1649**	**GG**	**मुखपाकः**	**stomatitis**	30	0	0	0	30	0	16	4	0	0	16	4	46	4	50
137.	**1662**	**H**	**अक्षिरोगः/नेत्र रोगः**	**ophthalmic diseases/ eye diseases**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.	**1679**	**HA-2**	**उपनाहः**	**marginal chalazion / lacrymal cyst**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	**1689**	**HB**	**वर्त्म-रोगः**	**eyelid disorders**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	**1708**	**HB-19**	**लगणः**	**chalazion**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	**1691**	**HB-2**	**कुम्भीका**	**styes**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	**1692**	**HB-3**	**पोथकी**	**trachoma**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	**1720**	**HD-1**	**प्रस्तारि-अर्म**	**pterygium**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	**1740**	**HF-1**	**अभिष्यन्दः**	**conjunctivitis**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	**1745**	**HF-2**	**अधिमन्थः**	**glaucoma**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	**1754**	**HF-7**	**शुष्काक्षिपाकः**	**xeropthalmia**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	**1761**	**HG-1**	**तिमिरः**	**partial or total blindness/amaurosis/ametropia/partial obstruction of vision**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	**1807**	**HG-10**	**नकुलान्ध्यम्**	**maculopathy**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	**1778**	**HG-2**	**काचः**	**moderate low vision**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	**1785**	**HG-3**	**लिङ्गनाशः**	**complete blindness**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	**1813**	**I**	**नासारोगः**	**nose diseases**	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
152.	**1814**	**I-1**	**प्रतिश्यायः /पीनसः**	**rhinitis**	97	38	0	0	97	38	35	15	0	0	35	15	132	53	185
153.	**1852**	**I-15**	**नासागत-रक्तपित्तम्**	**epistaxis**	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
154.	**1853**	**I-16**	**नासार्शः**	**nasal polyp**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	**1832**	**I-6**	**अपीनसः**	**chronic rhinitis**	66	21	0	0	66	21	28	10	0	0	28	10	94	31	125
156.	**1860**	**J**	**कर्णरोगः**	**ear diseases**	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
157.	**1870**	**J-10**	**कर्णपाकः**	**ear furunculosis**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	**1880**	**J-14**	**कर्ण-स्रावः**	**otorrhoea**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	**1896**	**J-19**	**बाधिर्यम्**	**deafness**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

160.	**1897**	**J-20**	**कर्णशूलः**	**earache/otalgia**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	**1869**	**J-9**	**कर्ण-नादः**	**tinnitus**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	**1913**	**K**	**व्रणः**	**wounds**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.	**1961**	**K-14**	**नाडीव्रणः**	**fistula/sinus wound**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	**1914**	**KA**	**व्रणशोफः**	**inflammatory swelling**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	**1971**	**LA**	**भग्नः (अस्थिभग्नः)**	**fracture**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	**1972**	**LA-1**	**सन्धिमुक्तम्**	**dislocation**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	**2013**	**LB-1**	**अग्निदग्धः**	**burns**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	**2085**	**LE**	**शल्यः**	**foreign body**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	**2170**	**MD-11**	**दौर्बल्यम्**	**debility**	240	110	0	0	240	110	123	73	0	0	123	73	363	183	546
170.	**2172**	**MD-13**	**शय्यामूत्रता**	**enuresis**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	**2173**	**MD-14**	**कुकूणकः**	**opthalmia neonatarum**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	**2177**	**MD-17**	**फक्क-रोगः**	**delay in walking**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173.	**2178**	**MD-18**	**क्षीरालसकः**	**acute gastroenteritis (pediatric)**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	**2164**	**MD-7**	**गुदपाकः**	**proctitis**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	**2184**	**N**	**कृमिः/सज्ञात कृमि**	**worm infestation**	19	0	0	0	19	0	0	0	0	0	0	0	19	0	19
176.	**2250**	**O-14**	**कदरः**	**corn /callosity**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	**2251**	**O-15**	**कुनखः**	**paronychia**	3	0	0	0	3	0	2	0	0	0	2	0	5	0	5
178.	**2255**	**O-18**	**गुदभ्रंशः**	**rectal prolapse**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	**2256**	**O-19**	**चर्मकीलः**	**wart**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	**2266**	**O-25**	**निरुद्धप्रकशः**	**phimosis**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	**2278**	**O-33**	**मषकः**	**blackgram-spots**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	**2280**	**O-35**	**युवानपिडका (मुखदूषिका)**	**pimples**	6	3	0	0	6	3	5	2	0	0	5	2	11	5	16
183.	**2284**	**O-39**	**इन्द्रलुप्तः**	**alopecia**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	**2287**	**O-42**	**व्यङ्गः**	**black patches on face / melasma**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	**2243**	**O-7**	**अरूंषिका**	**eruptions on head having multiple openings/furunculosis**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					2645	1234	0	0	2645	1234	1497	644	10	6	1507	650	4151	1885	6036

11. AYUSH WELLNESS CLINIC, PRESIDENT'S ESTATE

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of Patients Attended New						No. of Patients Attended Follow up						Grand Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	TOTAL
1.	147	AAC-12	आध्मानम्/ आनाहः	distension/tympanites/meteorism or painful abdominal distension	17	5	0	0	**17**	**5**	26	10	0	0	**26**	**10**	43	15	58
2.	2983	AAC-12.4	विबन्ध	simple constipation	64	16	1	1	**65**	**17**	81	50	0	1	**81**	**51**	146	68	214
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	1	0	0	**0**	**1**	0	0	0	0	**0**	**0**	0	1	1
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	2	1	0	0	**2**	**1**	0	1	0	0	**0**	**1**	2	2	4
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	3	1	0	0	**3**	**1**	12	16	0	0	**12**	**16**	15	17	32
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	3	0	0	0	**3**	**0**	1	0	0	0	**1**	**0**	4	0	4
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	1	0	0	**0**	**1**	0	2	0	0	**0**	**2**	0	3	3
12.	176	AAC-34	वातकण्टकम्	calcanial spur/painful heel	3	1	1	0	**4**	**1**	9	4	0	0	**9**	**4**	13	5	18
13.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	1	0	0	0	**1**	**0**	4	1	0	0	**4**	**1**	5	1	6
14.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	1	0	0	**0**	**1**	0	0	0	0	**0**	**0**	0	1	1
15.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	1	0	1
16.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
17.	141	AAC-8	अवबाहुकः	frozen shoulder	17	3	0	0	**17**	**3**	43	16	0	1	**43**	**17**	60	20	80

18.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
19.	248	AAE-16	सन्धिवातः	osteo-arthritis	74	40	0	0	**74**	**40**	197	150	0	1	**197**	**151**	271	191	462
20.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
21.	285	ABB-24	दाहः	burning sensation	4	0	0	0	**4**	**0**	2	0	0	0	**2**	**0**	6	0	6
22.	287	ABB-26	पालित्य	premature greying of hairs	5	1	0	0	**5**	**1**	6	1	0	0	**6**	**1**	11	2	13
23.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	7	1	0	0	**7**	**1**	4	1	0	0	**4**	**1**	11	2	13
24.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/ hypomenorrhoea/ oligomenorrhea	0	4	0	0	**0**	**4**	0	4	0	0	**0**	**4**	0	8	8
25.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
26.	420	BI	राजयक्ष्मा	consumption	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
27.	471	EA-2	हिक्का	hiccup/singultus	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
28.	480	EA-3	कासः	cough / tussis	119	24	6	4	**125**	**28**	151	66	1	0	**152**	**66**	277	94	371
29.	489	EA-4	श्वासः	dyspnoea	7	0	0	0	**7**	**0**	14	3	0	0	**14**	**3**	21	3	24
30.	500	EA-5	स्वरभेदः	dysphonia	0	0	1	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
31.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
32.	633	EB-10	शूलः	colicky pain/abdominal colic	4	0	0	2	**4**	**2**	1	1	0	0	**1**	**1**	5	3	8
33.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
34.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	2	0	0	0	**2**	**0**	0	0	0	0	**0**	**0**	2	0	2
35.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
36.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
37.	656	EB-11	उदावर्तः	obstipation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
38.	676	EB-12	परिकर्तिका	proctalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
39.	515	EB-2	अतिसारः	diarrhoea	11	0	0	0	**11**	**0**	5	0	0	0	**5**	**0**	16	0	16

40.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
41.	524	EB-2.8	आमातिसारः	आम stage of अतिसार	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
42.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
43.	536	EB-3	अजीर्णम्	indigestion	56	6	0	1	**56**	**7**	81	28	0	0	**81**	**28**	137	35	172
44.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
45.	558	EB-4	अम्लपित्तम्	hyperacidity	45	8	0	0	**45**	**8**	55	21	0	0	**55**	**21**	100	29	129
46.	586	EB-6	छर्दिः	vomiting/emesis	0	0	1	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
47.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	6	0	0	0	**6**	**0**	10	1	0	0	**10**	**1**	16	1	17
48.	611	EB-8	गुल्मः	lump	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
49.	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
50.	681	EC-2	हृद्रोगः	heart disease	10	3	0	0	**10**	**3**	6	4	0	0	**6**	**4**	16	7	23
51.	689	EC-3	ज्वरः	fever / pyrexia	25	3	0	2	**25**	**5**	8	2	0	0	**8**	**2**	33	7	40
52.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
53.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
54.	812	EC-5	पाण्डुरोगः	anaemia	2	4	0	0	**2**	**4**	2	5	0	0	**2**	**5**	4	9	13
55.	823	EC-6	आमवातः	rheumatism due to आम	5	5	0	0	**5**	**5**	23	16	0	0	**23**	**16**	28	21	49
56.	828	EC-7	अरुचिः	anorexia	14	1	0	1	**14**	**2**	8	5	0	4	**8**	**9**	22	11	33
57.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
58.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
59.	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
60.	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
61.	1029	ED-14	शीतपित्तम्	urticaria with *vata* predominance	4	1	0	0	**4**	**1**	5	0	0	0	**5**	**0**	9	1	10
62.	1031	ED-15	उदर्दः	urticaria with *kapha* predominance	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0

63.	1033	ED-16	भगन्दरः	fistula-in-ano	2	0	0	0	**2**	**0**	0	0	0	0	**0**	**0**	2	0	2
64.	838	ED-2.2	कण्डूः	pruritis	29	6	1	0	**30**	**6**	33	14	1	0	**34**	**14**	64	20	84
65.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	6	0	0	0	**6**	**0**	6	3	0	0	**6**	**3**	12	3	15
66.	874	ED-3	कामला	jaundice	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
67.	883	ED-4	कुष्ठम्	integumentary disease	13	13	0	0	**13**	**13**	19	11	0	0	**19**	**11**	32	24	56
68.	905	ED-4.3.10	विचर्चिका	wet eczema	2	0	0	0	**2**	**0**	6	0	0	0	**6**	**0**	8	0	8
69.	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
70.	898	ED-4.3.4	विपादिका	cracks in palms and soles	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
71.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	5	0	0	0	**5**	**0**	8	2	0	0	**8**	**2**	13	2	15
72.	902	ED-4.3.8	पामा	scabies	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
73.	919	ED-5	श्वित्रः	vitiligo /leucoderma	2	0	0	0	**2**	**0**	2	0	0	0	**2**	**0**	4	0	4
74.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
75.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
76.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
77.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	3	1	0	0	**3**	**1**	4	3	0	0	**4**	**3**	7	4	11
78.	972	ED-9	विद्रधिः	abscess	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
79.	1064	EE-2	अर्बुदः	tumor	0	0	0	0	**0**	**0**	0	1	0	0	**0**	**1**	0	1	1
80.	1074	EE-3	अर्शः	haemorrhoids	21	3	0	0	**21**	**3**	51	9	0	0	**51**	**9**	72	12	84
81.	1095	EE-4	ग्रन्थिः	cyst	7	1	0	0	**7**	**1**	4	0	0	0	**4**	**0**	11	1	12
82.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	26	6	0	0	**26**	**6**	56	22	0	0	**56**	**22**	82	28	110
83.	1161	EF-3	मेदोरोगः	obesity	15	6	0	0	**15**	**6**	30	13	0	0	**30**	**13**	45	19	64
84.	1163	EF-4	पिडका	eruption	3	0	0	0	**3**	**0**	1	1	0	0	**1**	**1**	4	1	5

85.	1173	EI-2	क्लैब्यम्	male infertility	22	0	0	0	**22**	**0**	35	1	0	0	**35**	**1**	57	1	58
86.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
87.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
88.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	15	2	0	0	**15**	**2**	11	3	0	0	**11**	**3**	26	5	31
89.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
90.	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	0	0	0	0	**0**	**0**	3	0	0	0	**3**	**0**	3	0	3
91.	1271	EJ-3.11	मूत्रशुक्रः	spermaturia	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	1	0	1
92.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	24	3	0	0	**24**	**3**	39	5	0	0	**39**	**5**	63	8	71
93.	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
94.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	4	5	0	0	**4**	**5**	4	3	0	0	**4**	**3**	8	8	16
95.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
96.	1337	EK-4.6	यकृद्दाल्युदरः	hepatomegaly	4	4	0	0	**4**	**4**	14	3	0	0	**14**	**3**	18	7	25
97.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
98.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
99.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
100.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
101.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
102.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
103.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
104.	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
105.	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
106.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
107.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
108.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	**0**	**0**	0	20	0	0	**0**	**20**	0	20	20
109.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	16	0	1	**0**	**17**	0	17	0	0	**0**	**17**	0	34	34

110.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
111.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
112.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
113.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
114.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	1	0	0	**0**	**1**	2	0	0	0	**2**	**0**	2	1	3
115.	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
116.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
117.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
118.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
119.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
120.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	8	9	0	0	**8**	**9**	15	23	0	0	**15**	**23**	23	32	55
121.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
122.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
123.	1530	F-8	अर्धावभेदकः	hemicrania	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
124.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
125.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	7	4	0	0	**7**	**4**	6	4	0	0	**6**	**4**	13	8	21
126.	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
127.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
128.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
129.	1583	GC	दन्तरोगः	tooth disorders	11	5	0	0	**11**	**5**	6	3	0	0	**6**	**3**	17	8	25
130.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	1	0	0	**0**	**1**	0	1	0	0	**0**	**1**	0	2	2
131.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
132.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
133.	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
134.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
135.	1624	GF-2	कण्ठशालूकः/तुण्डिकेरी	Tonsilitis/Adenoids	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
136.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
137.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
138.	1643	GF-19	गलगण्डः	goiter	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
139.	1649	GG	मुखपाकः	stomatitis	8	1	0	0	**8**	**1**	8	1	0	0	**8**	**1**	16	2	18
140.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	2	1	0	0	**2**	**1**	1	0	0	0	**1**	**0**	3	1	4

141.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
142.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
143.	1708	HB-19	लगणः	chalazion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
144.	1691	HB-2	कुम्भीका	styes	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
145.	1692	HB-3	पोथकी	trachoma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
146.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
147.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
148.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
149.	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
150.	1761	HG-1	तिमिरः	partial or total blindness/ amaurosis /ametropia /partial obstruction of vision	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
151.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
152.	1778	HG-2	काचः	moderate low vision	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
153.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
154.	1813	I	नासारोगः	nose diseases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
155.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	48	19	1	3	**49**	**22**	50	25	0	0	**50**	**25**	99	47	146
156.	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	1	0	0	**0**	**1**	0	0	0	0	**0**	**0**	0	1	1
157.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
158.	1832	I-6	अपीनसः	chronic rhinitis	4	2	0	0	**4**	**2**	4	3	0	0	**4**	**3**	8	5	13
159.	1860	J	कर्णरोगः	ear diseases	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
160.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
161.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
162.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
163.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
164.	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
165.	1913	K	व्रणः	wounds	3	0	2	0	**5**	**0**	2	0	0	0	**2**	**0**	7	0	7
166.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
167.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
168.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
169.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
170.	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
171.	2085	LE	शल्यः	foreign body	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
172.	2170	MD-11	दौर्बल्यम्	debility	48	19	1	0	**49**	**19**	89	48	0	2	**89**	**50**	138	69	207
173.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
174.	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
175.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0

176.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
177.	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
178.	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	1	0	0	**0**	**1**	0	0	1	0	**1**	**0**	1	1	2
179.	2250	O-14	कदरः	corn /callosity	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
180.	2251	O-15	कुनखः	paronychia	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	1	0	1
181.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
182.	2256	O-19	चर्मकीलः	wart	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
183.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
184.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
185.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	8	2	0	0	**8**	**2**	11	5	0	0	**11**	**5**	19	7	26
186	2284	O-39	इन्द्रलुप्तः	alopecia	0	2	0	0	**0**	**2**	0	2	0	0	**0**	**2**	0	4	4
187	2287	O-42	व्यङ्गः	black patches on face / melasma	2	1	0	0	**2**	**1**	0	3	0	0	**0**	**3**	2	4	6
188	2243	O-7	अरूंषिका	eruptions on head having multiple openings/ furunculosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	0
189	1519	EM-9	मन-सन्तापः	mental agitation	8	0	3	0	**11**	**0**	23	0	0	0	**23**	**0**	34	0	34
190	652	EB 10.16	त्रिकशूल:	Sacralgia	57	14	0	0	**57**	**14**	184	110	0	0	**184**	**110**	241	124	365
191	1350	EL-2	योनि-व्यापदः	gynecological disorder	2	16	0	0	**2**	**16**	0	22	0	0	**0**	**22**	2	38	**40**
192	45	AAB-29	कार्श्यम्	emaciation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
193	42	AAB-26	क्लमः	fatigue without physical exertion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
194	240	AAE-8	रक्तगतवात	hypertension	24	1	0	0	**24**	**1**	88	19	0	0	**88**	**19**	112	20	**132**
195	4	AA	वातव्याधिः	disorders due to vāta	109	63	1	0	**110**	**63**	309	179	4	1	**313**	**180**	423	243	**666**
196	167	C-166	सिराःग्रंथि	Varicose Veins	1	0	0	0	**1**	**0**	5	1	0	0	**5**	**1**	6	1	**7**
197	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	0	0	0	**0**	**0**	4	4	0	0	**4**	**4**	4	4	**8**
198	1099	EE-4.4	मेदोजग्रन्थिः		0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	0	0	**0**
199	1175	EI-2.2	ध्वजभङ्गःजक्लैब्यम्	klaibya due to erectile dysfunction	1	0	0	0	**1**	**0**	2	0	0	0	**2**	**0**	3	0	**3**
200	1081	EE-3.7	रक्तज-अर्शः	bleeding haemarrohoids	9	0	0	0	**9**	**0**	20	1	0	0	**20**	**1**	29	1	**30**
GRAND TOTAL					1079	360	19	**15**	**1098**	**375**	1911	993	**7**	**10**	**1918**	**1003**	**3016**	**1378**	**4394**

AYUSH WELLNESS CENTRE
PRESIDENT ESTATE, NEW DELHI - 110004

PANCHKARMA THERAPY RECORD

(April 2025 to March– 2026)
(01.04.2026 - 31.03.2026)

S. No.	THERAPY	NO. OF PATIENTS	
		Male	Female
1.	SARVANGA ABHYANGA	183	103
2.	SARVANGA SWEDANA	191	106
3.	NADI SWEDA	119	90
4.	EKANGA ABHYANGA	111	97
5.	KATI VASTI	188	76
6.	JANU BASTI	101	100
7.	NASYA	16	0
8.	PPS (PATRA PINDA SWEDANA)	169	63
9.	MATRA VASTI	15	1
10.	SHIRODHARA	20	42
11.	BALUKA SWEDA	2	10
12.	EKANGA DHARA	0	0
13.	UDWARTANAM	14	5
14.	GREEVA VASTI	16	20
15.	AKSHI TARPANA	0	0
		1145	713
	TOTAL	1858	

12. JNU common diseases with National Ayurveda Morbidity Codes

S.No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated												Total		Grand Total (M+F)
					New						Follow up								
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	147	AAC-12	आÚमानम/ृ आनाहः	distension/tympanites/meteorism or painful	22	17	6	2	28	19	22	23	18	0	40	23	68	42	110
2	2983	AAC-12.4	fवबăध	simple constipation	28	23	0	0	28	23	28	21	0	0	28	21	56	44	100
3	152	AAC-15	एकाuगवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	154	AAC-17	Đो̧ç्टु कशीष[ः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	132	S	अपतăङकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	157	AAC-20	गĢसी	sciatica	26	28	0	0	26	28	23	27	0	0	23	27	49	55	104
7	163	AAC-24	प¢ाघातः/प¢वधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	166	AAC-24.2	बाल-प¢ाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	172	AAC-30	पuगुः (के वलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	174	AAC-32	मăयाèतdभः	Stiff neck/ torticollis/spasmodic	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	177	AAC-35	fव9वाची	brachial neuralgia /arm pain	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
13	179	AAC-37	fशरोĒहः	head and neck rigidity	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
14	135	AAC-4	अfद[तः	facial paralysis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
15	139	AAC-6	अिèथशोषः	osteopenia/osteoporosis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
16	141	AAC-8	अवबाहुकः	frozen shoulder	**0**	**0**	**3**	**5**	**3**	**5**	**23**	**14**	**0**	**0**	**23**	**14**	**26**	**19**	**45**
17	142	AAC-9	ऊVèतdभः	stiff thigh	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
18	248	AAE-16	सिăधवातः	osteo-arthritis	**30**	**34**	**0**	**0**	**30**	**34**	**15**	**8**	**0**	**0**	**15**	**8**	**45**	**42**	**87**

19	262	ABB-1	अf¢पाकः	red eye/bloodshot eye	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
20	285	ABB-24	दाहः	burning sensation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
21	287	ABB-26	पाf्ल×य	premature graying of hair	**25**	**32**	**0**	**3**	**25**	**35**	**12**	**26**	**0**	**0**	**12**	**26**	**37**	**61**	**98**
22	348	ACB-23	अिÊनमाăदयम ्	impaired digestion / loss of appetite	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
23	410	BA-3.1	आत[व¢यः	scanty menstruation/ hypomenor	**0**	**19**	**0**	**0**	**0**	**19**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**19**	**19**
24	413	BA-4.1	èतăय¢यः	hypogalactia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
25	420	BI	राजयāमा	consumption	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
26	471	EA-2	fहRका	hiccup/singultus	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
27	480	EA-3	कासः	cough / tussis	**43**	**36**	**22**	**20**	**65**	**56**	**24**	**13**	**0**	**0**	**24**	**13**	**89**	**69**	**158**
28	500	EA-5	èवरभेदः	dysphonia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
29	511	EA-6	उरः¢तः / ¢त¢ीण	thoracic trauma	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
30	633	EB-10	शूलः	colicky pain/abdominal colic	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
31	643	EB-10.10	पiरणामशूलः	duodenal ulcer	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
32	647	EB-10.11	अăन5वशूलः	peptic ulcer	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
33	650	EB-10.14	5दयशूलः	cardialgia/precordial pain	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
34	651	EB-10.15	पा9व[शूलः	flank pain	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
35	656	EB-11	उदावत[ः	obstipation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
36	676	EB-12	पiरकf्तका	proctalgia	**35**	**29**	**0**	**0**	**35**	**29**	**32**	**20**	**0**	**0**	**32**	**20**	**67**	**49**	**116**
37	515	EB-2	अf्तसारः	diarrhoea	**33**	**32**	**0**	**12**	**33**	**44**	**15**	**22**	**0**	**0**	**15**	**22**	**48**	**66**	**114**
38	526	EB-2.10	रRताf्तसारः	diarrhoea associated with blood	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
39	524	EB-2.8	आमाf्तसारः	आमstage of अf्तसार	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

40	525	EB-2.9	ïवराfतसारः	diarrhoea associated with fever	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
41	536	EB-3		indigestion	**30**	**31**	**0**	**0**	**30**	**31**	**12**	**24**	**0**	**0**	**12**	**24**	**42**	**55**	**97**
42	543	EB-3.7	fवसूfचका	acute gastroenteritis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
43	558	EB-4	अdलfपoीम ्	hyperacidity	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
44	586	EB-6	छfद[ः	vomiting/emesis	**47**	**21**	**0**	**0**	**47**	**21**	**2**	**0**	**0**	**0**	**2**	**0**	**49**	**21**	**70**
45	601	EB-7		disorders of lower gastro-intestinal tract	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
46	611	EB-8	गुiमः	lump	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
47	628	EB-9	Ûवाfहका	dysentery	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
48	681	EC-2	55ोगः	heart disease	**26**	**28**	**0**	**0**	**26**	**28**	**26**	**25**	**0**	**0**	**26**	**25**	**52**	**53**	**105**
49	689	EC-3	ïवरः	fever / pyrexia	**34**	**26**	**0**	**0**	**34**	**26**	**0**	**0**	**0**	**0**	**0**	**0**	**34**	**26**	**60**
50	761	EC-3.10	fवषमïवरः	intermittent pyrexia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
51	791	EC-3.21	पुनरावत[क-ïवरः	relapsing fever	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
52	812	EC-5	पाÖडु रोगः	anaemia	**25**	**36**	**0**	**0**	**25**	**36**	**24**	**0**	**0**	**0**	**24**	**0**	**49**	**36**	**85**
53	823	EC-6	आमवातः	rheumatism due to आम	**27**	**43**	**0**	**0**	**27**	**43**	**33**	**32**	**0**	**0**	**33**	**32**	**60**	**75**	**135**
54	828	EC-7	अVfचः	anorexia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
55	997	ED-10	fवसप[ः	erysipelas /acute spreading eruptions	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
56	1013	ED-11	fफरuगः	syphilis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
57	1017	ED-12	Ülkहोदरः	spleenomegaly	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
58	1024	ED-13	9लkपदः	filariasis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
59	1029	ED-14	शीतfपoीम ्	urticaria with vata predominance	**22**	**26**	**0**	**0**	**22**	**26**	**24**	**17**	**0**	**0**	**24**	**17**	**46**	**43**	**89**
60	1031	ED-15	उदद[ः	urticaria with kapha predominance	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
61	1033	ED-16	भगăदरः	fistula-in-ano	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

62	838	ED-2.2	कÖडू ः	pruritis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
63	850	ED-2.8	fन5ानाशः / अfन5ा	loss of sleep (insomnia)	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
64	874	ED-3	कामला	jaundice	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
65	883	ED-4	कु ्ठम ्	integumentary disease	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
66	905	ED-4.3.10	fवचfच[का	wet eczema	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
67	897	ED-4.3.3	fकfटभः	psoriasis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
68	898	ED-4.3.4	fवपाfदका	cracks in palms and soles	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
69	900	ED-4.3.6	द5-ु कु ्ठः	ringworm / tinea	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
70	902	ED-4.3.8	पामा	scabies	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
71	919	ED-5	ि9वङ्ः	vitiligo /leucoderma	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
72	2979	ED-6.10	रोमाि्तका	measles	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
73	942	ED-6.8	लघु-मसू[रका	chicken pox	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
74	944	ED-7	ऱRतfप०म ्		**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
75	956	ED-8	वातऱRतम ्	rheumatism due to ऱRत	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
76	972	ED-9	fव5fधः	abscess	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
77	1064	EE-2	अबु[दः	tumor	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
78	1074	EE-3	अश[ः	haemorrhoids	**18**	**12**	**0**	**0**	**18**	**12**	**36**	**24**	**0**	**0**	**36**	**24**	**54**	**36**	**90**
79	1095	EE-4	Ēि्थः	cyst	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	**58**	**55**	**0**	**0**	**58**	**55**	**44**	**34**	**0**	**0**	**44**	**34**	**102**	**89**	**191**
81	1161	EF-3	मेदोरोगः	obesity	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
82	1163	EF-4	fपडका	eruption	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
83	1173	EI-2	RलैÞयम ्	male infertility	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
84	1244	EI-6.8	अङ्ग-वदfधः	hernia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
85	1245	EI-6.9	अÖड-वदfधः	scrotal swelling	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
86	1248	EJ-2	अ9मरk	lithiasis/urolithiasis/nephrolithiasis	**36**	**35**	**0**	**0**	**36**	**35**	**33**	**33**	**0**	**0**	**33**	**33**	**69**	**68**	**137**

87	1258	EJ-3	मूğ०ाघातः	urinary retention	**38**	**25**	**0**	**0**	**38**	**25**	**15**	**32**	**0**	**0**	**15**	**32**	**53**	**57**	**110**
88	1266	EJ-3.6	वाताçठZला	prostatic enlargement	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
89	1278	EJ-4	मूğकृ ŭËम ्	dysuria	**36**	**27**	**0**	**0**	**36**	**27**	**18**	**38**	**0**	**0**	**18**	**38**	**54**	**65**	**119**
90	1291	EK-2	तçणा	polidypsia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
91	1304	EK-3	9वयथुः/शोथः/शोफः	oedema/inflammation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
92	1319	EK-3.15	कण[मूलशोथः	mumps	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
93	1337	EK-4.6	यकृ ददा॒युदरः	hepatomegaly	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
94	1338	EK-4.7	बदधगुदोदरः	intestinal obstruction	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
95	1339	EK-4.8	fछ5ोदरः / ¢तोदरम ्	Intestinal perforation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
96	1340	EK-4.9	जलोदरः	ascites	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
97	1360	EL-2.10	उदावfतनी	dysmennorrhea	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
98	1362	EL-2.12	जातËनी/पुğËनी	habitual abortion	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
99	1366	EL-2.16	पा॒रÜलुता	acute vaginitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
100	1370	EL-2.20	महायोfनः / fववता	utero-vaginal prolapse/procidentia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
101	1374	EL-2.24	वăÚया	female infertility	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
102	1377	EL-2.27	योfनकăदः	vaginal cyst / bartholin's cyst	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
103	1382	EL-2.28	योfन-अश[ः	cervical polyp	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
104	1359	EL-2.9	अरजèका	amenorrhea	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
105	1392	EL-4	रRतĤदरः/असÊदरः	menorrhagia / metrorrhagia /	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
106	1398	EL-5	9वेतĤदरः	leucorrhoea	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
107	1402	EL-7.1	गभ[Í०ावः	miscarriage-before fourth month	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

108	1403	EL-7.2	गभ[पातः	miscarriage-after fourth month	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
109	1412	EL-8	मूढगभ[ः	abnormal foetal presentation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
110	1419	EL-9	सूfतकारोगः	puerperial disorder	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
111	1521	EM-11	ħमः	giddiness / dizziness / vertigo	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
112	1423	EM-2	उăमादः	psychosis/insanity	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
113	1457	EM-3	अपèमारः	epilepsy	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
114	1466	EM-5	मदा×ययः	alcohol abuse	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
116	1491	EM-7	मूŭछा[	syncope/fainting	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
117	1522	F	fशरःशूल / fशरोV क्	headache/cephalgia/cephalalgia	**36**	**30**	**0**	**0**	**36**	**30**	**36**	**23**	**0**	**0**	**36**	**23**	**72**	**53**	**125**
118	1532	F-10	शurखकः	temporal cephalalgia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
119	1529	F-7	अनăतवातः	trigeminal neuralgia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
120	1530	F-8	अधा[वभेदकः	hemicrania	**28**	**35**	**0**	**0**	**28**	**35**	**16**	**34**	**0**	**0**	**16**	**34**	**44**	**69**	**113**
121	1531	F-9	सूया[वत[ः	sunshine induced cephalalgia	**18**	**0**	**0**	**0**	**18**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**18**	**0**	**18**
122	1543	FA-3	खfलि×यम ्	baldness / alopecia totalis	**27**	**40**	**0**	**0**	**27**	**40**	**14**	**24**	**0**	**0**	**14**	**24**	**41**	**64**	**105**
123	1548	FA-4	दाVणकः	pytiriasis capitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
124	1565	GB	दăतमूलरोगः	gum disorders	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
125	1571	GB-6	पiरदरः	bleeding gums	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
126	1583	GC	दăतगतरोगः	tooth disorders	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
127	1586	GC-3	दăतहष[ः	hyperaesthesia teeth	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

128	1601	GD-5	उपिजि5वका	ranula	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
129	1616	GF	कÖठरोगः	throat disorders	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
130	1617	GF-1	रोfहणी	diphtheria	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
132	1641	GF-17	गÖडमाला	scrofula	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
133	1643	GF-19	गलगÖडः	goiter	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
134	1649	GG	मुखपाकः	stomatitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
135	1662	H	अf¢रोगः/नेğरोगः	ophthalmic diseases/ eye diseases	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
137	1689	HB	व×म[-रोगः	eyelid disorders	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
138	1708	HB-19	लगणः	chalazion	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
139	1691	HB-2	कु dभीका	styes	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
140	1692	HB-3	पोथकà	trachoma	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
141	1720	HD-1	Ĥè̃tiïr-अम[	pterygium	**12**	**0**	**0**	**0**	**12**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**12**	**0**	**12**
142	1740	HF-1	अfभçयăदः	conjunctivitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
143	1745	HF-2	अfधमăथः	glaucoma	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
144	1754	HF-7	शुçकाf¢पाकः	xeropthalmia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
145	1761	HG-1	fतfमरः	partial or total blindness/amaurosis/ame	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
146	1807	HG-10	नकु लाăÚयम ्	maculopathy	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
147	1778	HG-2	काचः	moderate low vision	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
148	1785	HG-3	fलuगनाशः	complete blindness	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
149	1813	I	नासारोगः	nose diseases	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
150	1814	I-1	Ĥfत9यायः /पीनसः	rhinitis	**28**	**22**	**17**	**24**	**45**	**46**	**16**	**25**	**0**	**0**	**16**	**25**	**61**	**71**	**132**
151	1852	I-15	नासागत-रRतfप०ूम ्	epistaxis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
152	1853	I-16	नासाश[ः	nasal polyp	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
153	1832	I-6	अपीनसः	chronic rhinitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
154	1860	J	कण[रोगः	ear diseases	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

155	1870	J-10	कण[पाकः	ear furunculosis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
156	1880	J-14	कण[-i॰वः	otorrhoea	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
157	1896	J-19	बाfधय[म ्	deafness	**22**	**28**	**0**	**0**	**22**	**28**	**15**	**0**	**0**	**0**	**15**	**0**	**37**	**28**	**65**
158	1897	J-20	कण[शूलः	earache/otalgia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
159	1869	J-9	कण[-नादः	tinnitus	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
160	1913	K	ïणः	wounds	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
161	1961	K-14	नाडीïणः	fistula/sinus wound	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
162	1914	KA	ïणशोफः	inflammatory swelling	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
163	1971	LA	भÊनः (अिèथभÊनः)	fracture	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
164	1972	LA-1	सिăधमुRतम ्	dislocation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
165	2013	LB-1	अिÊनदÊधः	burns	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
166	2085	LE	शïयः	foreign body	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
167	2170	MD-11	दौब[ïयम ्	debility	**40**	**24**	**0**	**0**	**40**	**24**	**31**	**21**	**0**	**0**	**31**	**21**	**71**	**45**	**116**
168	2172	MD-13	शăयामूğता	enuresis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
169	2173	MD-14	कु कू णकः	opthalmia neonatarum	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
170	2177	MD-17	फRक-रोगः	delay in walking	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
171	2178	MD-18	¢ीरालसकः	acute gastroenteritis (pediatric)	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
172	2164	MD-7	गुदपाकः	proctitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
173	2184	N	कृ fमः/सïजातकृ fम	worm infestation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
174	2250	O-14	कदरः	corn /callosity	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
175	2251	O-15	कु नखः	paronychia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
176	2255	O-18	गुदh॰शः	rectal prolapse	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
177	2256	O-19	चम[कăलः	wart	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
178	2266	O-25	fनVदधÎकशः	phimosis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
179	2278	O-33	मषकः	blackgram-spots	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
180	2280	O-35	युवानfपडका (मुखदfषका)	pimples	**21**	**23**	**0**	**0**	**21**	**23**	**42**	**42**	**0**	**0**	**42**	**42**	**63**	**65**	**128**
181	2284	O-39	इăऽलुÜतः	alopecia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

182	2287	O-42	cयuगः	black patches on face / melasma	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
183	2243	O-7	अÓं fषका	eruptions on head having multiple	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
184	1110	EF-2	Ĥमेहः	diabetes mellitus	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
185	4	AA	वातcयाfधः	disorders due to vāta	**10**	**11**	**0**	**0**	**10**	**11**	**0**	**0**	**0**	**0**	**0**	**0**	**10**	**11**	**21**
186	1324	EK-4	उदर/उदररोगः	ascites	**33**	**36**	**0**	**0**	**33**	**36**	**33**	**38**	**0**	**0**	**33**	**38**	**66**	**74**	**140**
187	489	EA-4	9वासः	dyspnoea	**30**	**27**	**0**	**0**	**30**	**27**	**36**	**45**	**0**	**0**	**36**	**45**	**66**	**72**	**138**
188	49	AAB-33	Ē◌ीवाèतdभः (केवलवात)	neck stiffness/torticollis/spasm	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
189	1383	EL-3	आत[वदोषः/आत[वदिç टः/ रजोदोषः	menstrual disorders	**0**	**40**	**0**	**0**	**0**	**40**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**40**	**40**
190	1605	GE-2	गलĒहः	throat spasm	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
191	72	AAB-55	पादशूलः (के वलवात)	leg pain (due only to vātadōṣa)	**4**	**5**	**0**	**0**	**4**	**5**	**0**	**0**	**0**	**0**	**0**	**0**	**4**	**5**	**9**
192	494	EA-4.5	तमक9वासः	the disorder is characterized by pīnasam	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
193	1399	EL-6	गfभ[णीरोगः	obstetric diseases and conditions	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
194	1421	EM	मनोवहां◌ोतोfवकारः	disorders of manōvahasrōtas	**21**	**22**	**0**	**0**	**21**	**22**	**34**	**30**	**0**	**0**	**34**	**30**	**55**	**52**	**107**
195	3573	I:10	Hypertension(BP)		**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
196	1118	EF-2.2.6	शुÐमेहः	the disorder is characterized by	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
197	1081	EE-3.7	ʀRतज-अश[◌ः	the disorder is characterized by	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
198	1606	GE-3	तु◌Öडके ʀk	the disorder is characterized by sthūla	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

199	55	AAB-39	जानुभेदः (के वलवात)	breaking pain of knees (due only to vātadōṣa)	**24**	**2**	**0**	**0**	**24**	**2**	**24**	**36**	**0**	**0**	**24**	**36**	**48**	**38**	**86**
200	167	C-166	(Varicos Vain) fसराः Ē◌ंfथ		**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
201	1236	EI-6	वदfधः	hernia, hydrocele	**0**	**0**	**0**	**0**	**0**	**0**	**25**	**0**	**0**	**0**	**25**	**0**	**25**	**0**	**25**
202	1385	EL-3.2	fपo|ज/आत[वदिç्टः	the disorder is characterized by dōṣa	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
203	19	AAB-3	अuगमद[◌ः (के वलवात)	generalized body ache (due only to vātadōṣa)	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
204	2888	VA	Ĥकृ fतः	somatic constitution	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
205	894	ED-4.3	¢ु5कु ç्ठम ्	minor skin diseases	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
206	1706	HB-17	fनमेषः	blinking eyes	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
207	901	ED-4.3.7	चम[दल-कु ç्ठः	carmadala-kuShThaH	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
208	108	AAB-91	fवषादः/दkनता (कवलवात)	depression/apathy (due only to vātadōṣa)	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
209	406	BG	शुÐवैषdयम ्		**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
210	243	AAE-11	अिèथगतवातः	aggravation of vāta in asthi	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
211	2310	O-51	आलèयम ्	laziness/lethargy (due to kaphadōśa and other	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
212	1604	GE-1	गलशु◌ंÖडका (कÖठशुÖडी)	uvulitis/elongated uvula	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
213	2132	M	बालरोगः	paediatric medical conditions	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
214	652	EB-10.16	fg्कशूलः/	sacralgia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
215	2171	MD-12	कु मारशोषः	marasmus/primary complex	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**

216	1350	EL-2	योfनरोगः/योfन-cयापदः	gynecological disorder	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
217	1099	EE-4.4	मेदोजÊ ँअथः	the disorder is characterized by	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
218	1871	J-11	कण[-Ĥfतनाहः	tympanic perforation	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
219	1216	EI-4.8	×वRपाकः	posthitis	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
220	1175	EI-2.2	Úवजभ ुrगजRलैÞयम ्	klaibya due to erectile dysfunction	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
221	2269	O-28	Ĥसु ँÜतः	hypoesthesia	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
222	240	AAE-8	असÊगतवातः/रRतगत वा त	vitiated vāta in rakta	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
224	2263	O-23	fतलकः/fतलकालक	sesame-eruption	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
225	7	AAA-2	वातवदfधः	vātavr̥ ddhiḥ	**29**	**15**	**0**	**0**	**29**	**15**	**32**	**36**	**0**	**0**	**32**	**36**	**61**	**51**	**112**
226	265	ABB-4	अfतèवेदः (के वलfपo|)		**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
227			Not consultant		**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**
Grand Total					**1022**	**975**	**48**	**66**	**1070**	**1041**	**815**	**787**	**18**	**0**	**833**	**787**	**1903**	**1828**	**3731**

13. EYE CLINIC

Statement of patients attended at O.P.D

S. No	Period	No. of Patients Attended													
		New						Old						Grand Total	
		Adult		Child		Total		Adult		Child		Total			
		M	F	M	F	M	F	M	F	M	F	M	F	M	F
1	18th Feb 2017- March 2018	1252	1194	114	80	1366	1274	1230	1078	98	68	1328	1146	2694	2420
2	2018-19	1168	1098	73	75	1241	1173	1466	1377	97	79	1563	1456	2804	2629
3	2019-20	1018	1029	85	95	1103	1124	1305	1216	98	60	1403	1276	2506	2400
4	2020-21	235	270	11	13	246	283	245	210	5	5	250	215	496	498
5	**2021-22**	485	458	35	14	520	472	670	487	49	14	719	501	1239	973
6	**2022-23**	722	758	50	31	772	789	908	827	67	52	975	879	1747	1668
7	**2024-25**	851	913	46	36	897	949	1236	1007	80	54	1316	1061	2213	2010
8	**2025-26**	1001	1165	66	65	1067	1230	1086	1177	90	73	1176	1250	2243	2480

14. Statement of patients attended OPD/IPD during the reporting period

S. No.	NAMC ID	NAMC Code	NAMC_ Name	Short_ definition	No. of patients treated												Total		Grand Total (M+F)
					New						Old								
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	**1662**	**H**	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	37	48	5	7	42	55	31	38	6	6	37	44	79	99	178
2	**1679**	**HA-2**	उपनाहः	marginal chalazion/lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	**1689**	**HB**	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	**1708**	**HB-19**	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	**1691**	**HB-2**	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	**1740**	**HF-1**	अभिष्यन्दः	conjunctivitis	128	158	8	7	136	165	156	159	17	17	173	176	309	341	650
7	**1745**	**HF-2**	अधिमन्थः	glaucoma	50	50	0	0	50	50	68	73	0	0	68	73	118	123	241
8	**1754**	**HF-7**	शुष्काक्षिपाकः	xeropthalmia	119	126	1	2	120	128	113	133	0	0	113	133	233	261	494
9	**1761**	**HG-1**	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	620	742	50	49	670	791	677	726	67	50	744	776	1414	1567	2981
10	**1807**	**HG-10**	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	**1778**	**HG-2**	काचः	moderate low vision	38	33	2	0	40	33	34	41	0	0	34	41	74	74	148
12	**1785**	**HG-3**	लिङ्गनाशः	complete blindness	9	8	0	0	9	8	7	7	0	0	7	7	16	15	31
Total					1001	1165	66	65	1067	1230	1086	1177	90	73	1176	1250	2243	2480	4723

15. Kriya kalpas

S.No	Shalakya Kriya Kalpas	Total
1	Nasyam	1897
2	Netradhara	217
3	Bidalaka	134
4	Tharpanam	701
5	Siropichu	937
6	Karan Purnam	0
7	AnFebam	0
8	Karn Dhupam	14
9	sek	122
10	sirovasti	27
11	Asochan	172
12	anjan	468
13	Jalaka	186
14	lepan	372
15	IOP	180
16	Permetry	29
Total		5456

16. Arthritis OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	823	EC-6	आमवातः	rheumatism due to आम	66	118	0	0	66	118	86	188	0	0	86	188	152	306	458
2	5470 (ICD-10)	M54-5 (ICD-10)	कटिशूल	Lumbago	20	29	0	0	20	29	30	56	0	0	30	56	50	85	135
3	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	2	0	0	0	2	3	22	0	0	3	22	3	24	27
4	189	AA4	वातव्याधि	वाताव्याधि	84	147	0	0	84	147	115	273	0	0	115	273	199	420	619
5	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	10	20	0	0	10	20	15	22	0	0	15	22	25	42	67
6	157	AAC-20	गृध्रसी	sciatica	10	17	0	0	10	17	8	24	0	0	8	24	18	41	59
7	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck torticollois (due only to vātadōṣa)	0	8	0	0	0	8	3	6	0	0	3	6	3	14	17
8	652	EB-10.16	त्रिकशूलः/	sacralgia	5	8	0	0	5	8	10	26	0	0	10	26	15	34	49
9	141	AAC-8	अवबाहुकः	frozen shoulder	8	16	0	0	22	16	16	48	0	0	16	48	38	64	102
10	248	AAE-16	सन्धिवातः	osteo-arthritis	104	172	0	0	90	172	113	313	0	0	113	313	203	485	688
Total					307	537	0	0	307	537	399	978	0	0	399	978	706	1515	2221

17. ENT OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated						Follow up		Child		Total		Total		Grand Total (M+F)
					New				Total		Adult								
					Adult		Child												
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
					0	0	0	0	0	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**
1	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

2	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	135	AAC-4	अर्दितः	facial paralysis	9	0	0	0	9	0	1	6	0	0	1	6	10	6	16
4	248	AAE-16	सन्धिवातः	osteo-arthritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	287	ABB-26	पालित्य	premature graying of hair	6	0	0	0	6	0	0	0	0	0	0	0	6	0	6
6	471	EA-2	हिक्का	hiccup/singultus	0	17	4	0	4	17	0	14	7	0	7	14	11	31	42
7	480	EA-3	कासः	cough / tussis	16	14	4	0	20	14	9	18	0	1	9	19	29	33	62
8	500	EA-5	स्वरभेदः	dysphonia	13	9	11	1	24	10	9	5	0	7	9	12	33	22	55
9	536	EB-3	अजीर्णम्	indigestion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	1064	EE-2	अर्बुदः	tumor	0	6	0	0	0	6	12	0	6	0	18	0	18	6	24
12	1095	EE-4	ग्रन्थिः	cyst	0	0	0	0	0	0	0	12	0	0	0	12	0	12	12
13	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	12	7	0	0	12	7	24	6	0	0	24	6	36	13	49
14	1319	EK-3.15	कर्णमूलशोथः	mumps	0	5	0	1	0	6	0	0	0	0	0	0	0	6	6
15	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
17	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
19	1530	F-8	अर्धावभेदकः	hemicrania	12	9	0	0	12	9	6	10	4	5	10	15	22	24	46
20	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
22	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
23	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24	1583	GC	दन्तरोगः	tooth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27	1616	GF	कण्ठरोगः	throat disorders	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4
28	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31	1643	GF-19	गलगण्डः	goiter	6	14	7	0	13	14	0	0	6	0	6	0	19	14	33
32	1649	GG	मुखपाकः	stomatitis	12	14	0	0	12	14	1	6	1	0	2	6	14	20	34

33	1813	I	नासारोगः	nose diseases	9	15	1	10	10	25	3	8	16	3	19	11	29	36	65
34	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	71	52	22	21	93	73	85	51	15	15	100	66	193	139	332
35	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	23	0	0	0	23	0	23	23
36	1853	I-16	नासार्शः	nasal polyp	16	16	2	0	18	16	15	2	6	0	21	2	39	18	57
37	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	1860	J	कर्णरोगः	ear diseases	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
39	1870	J-10	कर्णपाकः	ear furunculosis	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
40	1880	J-14	कर्ण-स्रावः	otorrhoea	8	14	9	2	17	16	5	13	6	0	11	13	28	29	57
41	1896	J-19	बाधिर्यम्	deafness	28	21	8	5	36	26	23	17	12	1	35	18	71	44	115
42	1897	J-20	कर्णशूलः	earache/otalgia	16	15	4	10	20	25	4	11	9	2	13	13	33	38	71
43	1869	J-9	कर्ण-नादः	tinnitus	17	14	13	1	30	15	22	13	6	9	28	22	58	37	95
44	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46	4	AA	वातव्याधिः	disorders due to vāta	0	0	0	0	0	0	0	5	0	0	0	5	0	5	5
47	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
49	1605	GE-2	गलग्रहः	throat spasm	0	2	0	0	0	2	3	1	0	0	3	1	3	3	6
50	494	EA-4.5	तमकश्वासः		9	3	8	1	17	4	4	25	13	1	17	26	34	30	64
51	1606	GE-3	तुण्डिकेरी	quinsy	6	1	0	0	6	1	0	1	10	9	10	10	16	11	27
52	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	1	0	1	0	12	0	0	0	12	0	13	0	13
53	558	EB-4	अम्लपित्तम्	hyperacidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
54	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
55	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	838	ED-2.2	कण्डूः	pruritis	3	0	1	3	4	3	1	0	1	0	2	0	6	3	9
57	1074	EE-3	अर्शः	haemorrhoids	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60	1596	GD	जिह्वागतरोगः	tongue diseases	3	0	0	0	3	0	1	0	0	0	1	0	4	0	4
61	173	AAC-31	मिन्मिनः	nasal voice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Grand Total					277	250	95	55	372	305	240	247	118	53	358	300	730	605	1335

18. Bal roga OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Number of Pediatric patients treated						Grand total
					New		Follow up		Total		
					Male child	Female child	Male child	Female child	Male child	Female child	
1	689	EC-3	Jvarah	fever / pyrexia	29	17	40	31	69	48	117
2	1583	GC	Dantaroga	tooth disorders	0	0	0	0	0	0	0
3	480	EA-3	Kasa	cough / tussis	26	22	35	26	61	48	109
4	883	ED-4	Kushta	Integumentary disease	5	0	11	1	16	1	17
5	2284	0-39	Indralupta	Alopecia	1	0	0	0	1	0	1
6	348	ACB-23	Agnimandya	Impaired digestion/Loss of appetite	1	0	4	1	5	1	6
7	166	AAC-24.2	Bala pakshaghata	Hemiplegia in children	0	0	0	0	0	0	0
8	919	ED-5	Shwitra	Vitiligo/Leukoderma	27	24	43	34	70	58	128
9	172	AAC-30	Pangu	Lameness (Bilateral)	0	0	0	0	0	0	0
10	2983	AAC-12.4	Vibandha	Simple constipation	36	25	50	42	86	67	153
11	1029	ED-14	Sheetapitta	Urticaria with vata predominance	0	0	0	0	0	0	0
12	515	EB-2	Atisara	Diarrhoea	0	0	0	0	0	0	0
13	1961	K-14	Nadivrana	Fistula/Sinus wound	0	0	0	0	0	0	0
14	812	EC-5	Panduroga	anaemia	0	0	0	0	0	0	0
15	2266	OC-25	Nirudhaprakasa	Phimosis	0	0	0	0	0	0	0
16	633	EB-10	Shula	Colicky abdominal pain	2	1	3	2	5	3	8
17	2255	O-18	Gudabhramsa	Rectal prolapse	0	0	0	0	0	0	0
18	2170	MD-11	Daurbalya	Weakness	34	25	53	31	87	56	143
19	72	AAB-55	Padashula	Leg pain	0	0	0	0	0	0	0
20	1161	EF-3	Medoroga	Obesity	0	0	0	0	0	0	0
21	287	ABB-26	Palitya	Premature greying of hairs	13	3	18	12	31	15	46
22	1304	EK-3	Sopham	Oedema/ inflammation	0	0	0	0	0	0	0
23	900	ED-4.3.8	Dadru kushta	Ring worm/Tinea	3	2	5	3	8	5	13
24	1421	EM	Manovahasrotovikara	Disorders of manovaha srotas	0	0	0	0	0	0	0
25	2177	MD-17	Phakka roga	Delayed walking	0	0	0	0	0	0	0
26	489	EA-4	Swasa	Dyspnoea	26	17	36	38	62	55	117
27	1521	EM-11	Bhrama	Giddiness	0	0	0	0	0	0	0
28	1258	EJ-3	Mutraghat	Obstucted micturition	0	0	0	0	0	0	0
29	4	AA	Vatavyadhi	Disorders due to vata	46	34	71	45	117	79	196
30	1897	J-20	Karnashula	Ear ache	0	0	0	0	0	0	0
31	2184	N	Krimi	Worm infestation	0	3	18	10	18	13	31

32	1880	J-14	Karnasrava	Otorrhoea	0	0	0	0	0	0	0
33	1814	I-I	Pratisyaya	Rhinitis	21	12	46	35	67	47	114
34	1457	EM-3	Apasmara	Epilepsy	0	0	0	0	0	0	0
35	1423	EM-2	Unmada	Psychosis/Insanity	0	0	0	0	0	0	0
36	2172	MD-13	Sayyamutra	Enuresis	0	0	0	0	0	0	0
37	1530	F-8	Ardhavabhedaka	Hemicrania	0	0	0	0	0	0	0
38	1913	K	Vrana	wounds	0	0	0	0	0	0	0
39	1248	EJ-2	Asmari	urolithiasis	1	1	11	9	12	10	22
40	676	EB-12	Parikartika	Fissure in ano	0	0	0	0	0	0	0
41	326	ACB-1	Sthaulyam	Obesity	0	0	0	0	0	0	0
42	905	ED-4.3.10	Vicarchika	wet eczema	0	0	0	0	0	0	0
43	1649	GG	mukhapaka	Stomatitis	0	0	0	0	0	0	0
44	1095	EE-4	Granthi	cyst	34	22	84	54	118	76	194
45	897	ED-4.3.3	Kitibha	Psoriasis	0	0	7	0	7	0	7
46	1522	F	Sirashul	Head ache	26	25	60	42	86	67	153
47	154	AAC-17	Kroshtuka sirsham	Knee synovitis	0	0	0	0	0	0	0
48	997	ED-10	visarpa	acute spreading eruptions	0	0	0	0	0	0	0
49	1662	H	Akshiroga	Eye diseases	1	0	0	0	1	0	1
50	601	EB-7	Grahani	Disorders of lower gastro intestinal tract	34	21	87	46	121	67	188
51	2280	O-35	Mukhadooshika	Pimples	0	0	0	0	0	0	0
52	1606	GE-3	Tundikerika	Tonsillitis	52	0	0	0	52	0	52
53	49	AAB-33	Greevagraham	Cervical pain	2	4	11	12	13	16	29
54	829	EC-8	Kesaroga	Hair loss	0	1	3	1	3	2	5
55	2237	O-2	Ajagallika		0	0	2	0	2	0	2
56	1641	GF-17	Gandamala	Lymphnode enlargement	0	0	2	0	2	0	2
57	1110	EF-2	prameh		0	0	0	0	0	0	0
58	681	EC-2	heart		0	0	0	0	0	0	0
59	851	ED-2.9	Pidaka	Eruptions	0	0	0	0	0	0	0
60	102	AAB-85	VAK-SANGAH (KEVALAVATA)		0	1	0	1	0	2	2
61	586	EB-6	CARDIH	vomiting/emesis	0	0	0	0	0	0	0
62	1398	EL-5	SOMAROGAH/SVETAPRADARAH	leucorrhoea	0	0	0	0	0	0	0
63	1834	I-8	NASASVAYATHUH	oedematous rhinitis	0	0	0	0	0	0	0
64	45	AAB-29	KARSYAM (KEVALAVATA)	emaciation (due only to vātadōṣa)	0	0	0	0	0	0	0
65	409	BA-3	ARTAVAVAISHAMYAM	ārtava disorder	1	1	4	1	5	2	7
66	30	AAB-14	AKSHEPAKAH (KEVALAVATA)	clonic convulsion (due only to vātadōṣa)	0	0	0	0	0	0	0
67	445	CA	MUTRAVAISHAMYAM	mūtra vitiation	0	0	0	0	0	0	0
68	446	CA-1	MUTRAKSHAYAH	oliguria/anuria/anuresis	0	0	0	0	0	0	0
69	611	EB-8	GULMAH	lump	0	0	0	0	0	0	0
70	494	EA-4.5	TAMAKASVASAH	tamakaśvāsa /bronchial asthma	0	2	0	2	0	4	4
71	1816	I-1.2	DUSHTAPRATISYAYAH	chronic pratiśyāya	0	0	0	0	0	0	0
72	1832	I-6	APINASAH	chronic rhinitis	0	0	0	0	0	0	0

73	64	AAB-47	DANTABEDAH (KEVALAVATA)	odontalgia/tooth fracture (due only to vātadōṣa)	0	0	0	0	0	0	0
74	1110	EF-2	PRAMEHAH	diabetes mellitus	0	0	0	0	0	0	0
75	108	AAB-91	VISHADAH/DINATA (KEVALAVATA)	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	0	0
76	823	EC-6	AMAVATAH	rheumatism due to āma	0	0	0	0	0	0	0
77	248	AAE-16	SANDHIGATAVATAH	vitiated vāta in sandhi	0	3	0	3	0	6	6
78	567	AAC-12.2	AMAJA-ANAHAH	ānāha due to āma	0	0	0	0	0	0	0
79	1457	EM-3	APASMARAH	epilepsy	0	0	0	0	0	0	0
80	2251	O-15	KUNAKHAH	paronychia	0	0	0	0	0	0	0
81	902	ED-4.3.8	PAMA (KACCU)	pAmA-kuṣṭha	0	0	0	0	0	0	0
82	1165	EG	ASTHIVAHASROTOVIKARAH	disorders of asthivahasrōtas	0	0	0	0	0	0	0
83	1074	EE-3	ARSAH	haemorrhoids	0	0	0	0	0	0	0
84	1033	ED-16	BAGANDARAH	fistula-in-ano	0	0	0	0	0	0	0
85	1081	EE-3.7	RAKTAJA-ARSAH	arśas due to rakta	0	0	2	0	2	0	2
86	536	EB-3	AJIRNAM	indigestion	2	0	4	0	6	0	6
87	539	EB-3.3	AMAJA-AJIRNAM/KAPAJA-AJIRNAM	ajīrṇa due to kapha	0	0	0	0	0	0	0
88	1350	EL-2	YONIROGAH/YONI-VYAPADAH	gynecological disorder	0	0	0	0	0	0	0
89	838	ED-2.2	KANDUH	pruritis	0	0	0	0	0	0	0
90	416	BH-1	OJAKSHAYAH	ōjas depletion	0	0	0	0	0	0	0
91	1548	FA-4	DARUNAKAH	pytiriasis capitis	0	0	0	0	0	0	0
92	761	EC-3.10	VISHAMAJVARAH	intermittent pyrexia	0	0	0	0	0	0	0
93	898	ED-4.3.4	VIPADIKA	cracks in palms and soles	0	0	0	0	0	0	0
94	274	ABB-13	KAMALA (KEVALAPITTA)	jaundice (due only to pittadōṣa)	0	0	0	0	0	0	0
95	879	ED-3.5	HALIMAKAH (LODHARAH)	halīmaka	0	0	0	0	0	0	0
96	818	EC-5.6	MRUDBAKSHANAJANYA PANDUROGAH/KRUMIJAPANDUROGAH	pāṇḍurōga due to geophagia	0	0	0	0	0	0	0
97	2287	O-42	VYANGAH	black patches on face	0	0	0	0	0	0	0
98	681	EC-2	HRUDROGAH	heart disease	0	0	0	0	0	0	0
99	332	ACB-7	BUDDHIMANDYAM (KEVALA-KAPHA)	lack of decisiveness (due only to kaphadōṣa)	0	0	0	0	0	0	0
100	1869	J-9	KARNA-NADAH	tinnitus	0	0	0	0	0	0	0
101	395	BC-1	MAMSAKSHAYAH	māṁsa depletion	0	0	0	0	0	0	0
102	1062	EE	MAMSAVAHASROTOVIKARAH	disorders of maMsavahasrOtas	0	0	0	0	0	0	0
Total					423	266	710	482	1133	748	1881

19. Statement of Patients attended at Preventive Cardiology & Lifestyle Disorder Clinic

Sl.No	NAME	NAME CODE	Disease	NUMBER OF PATIENTS				TOTAL		GRAND TOTAL
				M	F	MC	FC	M	F	
1	681	EC 2	HEART DISEASE	273	143	1	0	274	143	417
2	240	AAE 8	HYPERTENSION	118	80	0	0	118	80	198
3	1139	EF 2.4.4	DIABETES	197	89	0	0	197	89	286
4	Other lifestyle disorder			255	314	1	2	256	316	572
total				843	626	2	2	845	628	1473

20. CSIR-NPL common diseases with National Ayurveda Morbidity Codes (NAMC)

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/meteorism or painful abdominal distension	7	8	0	0	7	8	18	0	0	0	18	0	25	8	33
2.	2983	AAC-12.4	विबन्ध	simple constipation	11	8	0	0	11	8	6	2	0	0	6	2	17	10	27
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	1	5	0	0	1	5	4	1	0	0	4	1	5	6	11
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	3	2	0	0	3	2	10	8	0	2	10	10	13	12	25
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3
12.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	1	1	0	0	1	1	8	2	0	0	8	2	9	3	12
16.	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	1	2	0	0	1	2	1	0	0	0	1	0	2	2	4
18.	248	AAE-16	सन्धिवातः	osteo-arthritis	6	10	0	0	6	10	2	11	0	0	2	11	8	21	29
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	285	ABB-24	दाहः	burning sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21.	287	ABB-26	पालित्य	premature graying of hair	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	1	0	0	0	1	0	3	2	0	0	3	2	4	2	6
23.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhea	0	6	0	0	0	6	0	0	0	0	0	0	0	6	6
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	480	EA-3	कासः	cough / tussis	12	4	0	0	12	4	11	3	0	0	11	3	23	7	30
28.	489	EA-4	श्वासः	dyspnoea	3	1	0	0	3	1	2	0	0	0	2	0	5	1	6
29.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	633	EB-10	शूलः	colicky pain/abdominal colic	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
32.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	2	2	0	0	2	2	1	2	0	0	1	2	3	4	7
34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
35.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36.	656	EB-11	उदावर्तः	obstipation	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
37.	676	EB-12	परिकर्तिका	proctalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38.	515	EB-2	अतिसारः	diarrhoea	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	7	0	0	0	7	0	0	0	0	0	0	0	7	0	7
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	7	1	0	0	7	1	6	0	0	0	6	0	13	1	14
45.	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	1	0	0	0	1	0	5	0	0	0	5	0	6	0	6
47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
48.	628	EB-9	प्रवाहिका	dysentery	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
49.	681	EC-2	हृद्रोगः	heart disease	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
50.	689	EC-3	ज्वरः	fever / pyrexia	1	0	0	0	1	0	1	3	0	0	1	3	2	3	5
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	4	0	0	0	4	0	1	1	0	0	1	1	5	1	6
54.	823	EC-6	आमवातः	rheumatism due to आम	3	0	0	0	3	0	1	3	0	0	1	3	4	3	7
55.	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	1	2	0	0	1	2	1	2	3

56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
61.	1031	ED-15	उदर्दः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62.	1033	ED-16	भगन्दरः	fistula-in-ano	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3	
63.	838	ED-2.2	कण्डूः	pruritis	2	1	0	0	2	1	0	2	0	0	0	2	2	3	5	
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	2	2	0	0	2	2	2	3	0	0	2	3	4	5	9	
65.	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
66.	883	ED-4	कुष्ठम्	integumentary disease	5	0	0	0	5	0	1	0	0	0	1	0	6	0	6	
67.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
68.	897	ED-4.3.3	किटिभः	psoriasis	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3	
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
70.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1	
77.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

78.	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79.	1074	EE-3	अर्शः	haemorrhoids	3	0	0	0	3	0	24	0	0	0	24	0	27	0	27	
80.	1095	EE-4	ग्रन्थिः	cyst	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3	
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	2	3	0	0	2	3	6	4	0	0	6	4	8	7	15	
82.	1161	EF-3	मेदोरोगः	obesity	3	3	0	0	3	3	1	0	0	0	1	0	4	3	7	
83.	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
84.	1173	EI-2	क्लैब्यम्	male infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
85.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
87.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2	
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
89.	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2	
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
91.	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
92.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1	
93.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
94.	1337	EK-4.6	यकृद्वाल्युदरः	hepatomegaly	6	3	0	0	6	3	0	1	0	0	0	1	6	4	10	
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
97.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1	
99.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	1	0	0	0	1	0	3	0	0	0	3	0	4	4	
108.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	1	0	0	0	1	0	2	1	0	0	2	1	3	1	4	
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धावभेदकः	hemicrania	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2	
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1	
124.	1548	FA-4	दारुणकः	pytiriasis capitis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1	
125.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1583	GC	दन्तरोगः	tooth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1643	GF-19	गलगण्डः	goiter	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
136.	1649	GG	मुखपाकः	stomatitis	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
137.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	नासारोगः	nose diseases	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
152.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	3	0	1	0	4	0	3	2	0	0	3	2	7	2	9
153.	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	1832	I-6	अपीनसः	chronic rhinitis	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
156.	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
157.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1869	J-9	कर्ण-नादः	tinnitus	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
162.	1913	K	व्रणः	wounds	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
163.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

164.	1914	KA	व्रणशोफः	inflammatory swelling	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
165.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	6	2	0	0	6	2	16	0	0	0	16	0	22	2	24
170.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	0	3	0	0	0	3	0	1	0	0	0	1	0	4	4
183.	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.	4	AA	वातव्याधिः	disorders due to vāta	3	2	0	0	3	2	1	0	0	0	1	0	4	2	6
184.	2243	O-7	अरूंषिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.			वृक्कविकार		0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
184.			रक्तगत वात		5	2	0	0	5	2	5	0	0	0	5	0	10	2	12
183.			भ्रमः		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					136	87	1	0	137	87	167	58	0	2	167	60	304	147	451

CENTRAL AYURVEDA RESEARCH INSTITUTE, NEW DELHI
SUMMARY OF THE ANNUAL PROGRESS REPORT
(2025-2026)

INTRODUCTION:

The Central Ayurveda Research Institute (CARI), New Delhi, established in 1979 under the Central C
Research in Ayurvedic Sciences (CCRAS), Ministry of AYUSH, Government of India, is a premie
dedicated to the advancement of clinical research in Ayurveda. The Institute primarily focuses on lifesty
and non-communicable diseases, with special emphasis on cardiovascular disorders and preventive ca

During the year 2025–26, the Institute achieved notable milestones in strengthening its research a
frameworks. It was awarded certification by the Bureau of Indian Standards (BIS) under IS/ISO 900
4th April 2025, reinforcing its commitment to quality management systems. The Institute also pro
international and national accreditation processes, including SIDCER–FERCAP and ATAB. Further, it
to conduct the self-financed one-year Panchakarma Technician Course, affiliated with the Healthcare S
Council of India. The Institute also enhanced its collaborative research initiatives with premier institu
as AIIMS and Safdarjung Hospital, thereby ensuring high standards of patient care, safety, and
excellence.

PART-A

COLLABORATIVE CLINICAL RESEARCH PROJECTS

**A1.) Title of the Project: Double Blind Randomized Placebo Controlled Multi-centric Clinica
Ayush M-3 in the Management of Migraine (Project Code: CCL0051)**

Objectives:

Primary Objective: To assess the Clinical Efficacy of Ayush M-3 in Migraine.

Secondary Objective: To assess the Clinical Safety of Ayush M-3 in Migraine
Sample Size: 60 patients in each group (2 groups), making a total of 360 patients in 3 centers.

Duration of the study: 3 years

Participating center along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, New Delhi	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946	--
2.	ABVIMS & Dr. RML Hospital, New Delhi	Dr. Jyoti Garg HOD, Department of Neurology jyotigarg.rmlh@gmail.com Mobile no. 7900157900 Coordinator : Dr. Renu Makhija renu_mkhj@yahoo.co.in	Dr. Sudha Kumari K.G, R.O. (Ay.), ND sudha14ayu@gmail.com 9108175522 & 8281782290

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
3.	NIMHANS, Bengaluru	Dr. Kishore Kumar R Assistant Professor of Ayurveda, Dept. of Integrated Medicine ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B kulkarni Professor of Neurology 9035160614 09480829409 Co PI : 2 Dr. Umesh C, Scientist C, Department of Integrative Medicine.

Current status: Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	120	100	20	00
2	ATC, ABVIMS, Dr. RML Hospital	120	98	22	00
3	NIMHANS, Bangalore	120	71	49	00

A2.) Title of the Project : Efficacy of Ayurveda interventions in the management of *menorrhagia (Raktapradara)* – A randomized controlled trial. (Project code – ICL0235)

Objectives:

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara).

Secondary Objective- To assess the efficacy of Ayurveda intervention on the Quality of life of women with menorrhagia (Raktapradara).

Sample Size **:** 140 (70 patients in each group)
Duration of Study **:** Three years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status: Completed

Sr.N.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, NDNew Delhi	140	133	07	00

A3) Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives:

Primary objective: To evaluate the treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis

Secondary Objective(s): To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function. To evaluate the change in the need of rescue analgesic medication. To evaluate the change in quality of life after the study intervention

Sample Size : Sample size of 480 (120 at each centre and reallocated sample size 105 to Haridwar and 135 to Parul University)

Duration of Study : 24 months

Current Status: Completed

Participating centre along with PI: Collaborative study

S. No.	Name of the participating centre	Name of PI
1.	Gurukul-Haridwar	Prof. Uttam Kumar Sharma
2.	RGGPGAC & H-Paprola	Prof. Vijay Chaudhary
3.	Parul University- Vadodara	Dr. Hemant Toshikhane
4.	BHU-Varanasi	Prof. Jai Prakash Singh
5.	CARI, New Delhi (coordinating centre)	Dr. Sakshi Sharma Dr. Kishore Patel

A4.) Tolerability, treatment adherence and safety of an Ayurvedic intervention - *Dhatri Lauha* in the management of Iron Deficiency Anemia: An open label single arm clinical study (CCL0077)

Objectives:

- **Primary Objective:** To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-Dhatri Lauha in the management of Iron deficiency anemia.
- **Secondary Objective(s):** To assess safety of Dhatri Lauha in the management of Iron deficiency anemia. To assess efficacy of Dhatri Lauha in the management of Iron deficiency anemia

Sample Size: 480 (120 from each center)

Duration of Study: 2 Years + 6 months

Participating Center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	CBPACS- New Delhi	Dr. Subash Sahu
2.	MSM Khanpur, Sonipat	Dr. Gati Krushna Panda
3.	RGGPGAC & H, Paprola	Prof. Vijay Chaudhary
4.	SAMC & H, Indore	Dr. Ratnaprava Mishra
5.	CARI, ND- Coordinating Institute	Dr. Seema Jain, R.O. (Ay.)- Co-I Dr. Renu Rani, R.O. (Ay.)- Co-PI

Current status: Completed

S. No.	Name of the participating centre	Total Target	Total No. of participants enrolled	No. of participants successfully completed	No. of drop out participants
1.	CBPACS- New Delhi	120	120	118	02
2.	MSM Khanpur, Sonipat	120	120	117	03
3.	RGGPGAC & H, Paprola	120	120	119	01
4.	SAMC & H, Indore	120	120	117	03
Total		**480**	**480**	**471**	**09**

A5.) Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study

Objectives:

Primary objective: To compare the clinical efficacy of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care versus standard care alone in patients of stable coronary artery disease

Secondary Objective: To assess the safety of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care in patients of stable coronary artery disease

Sample Size : 100 (50 per group)

Duration of Study: 3 years

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Department of Cardiology, Safdarjung hospital, Ansari nagar East, New Delhi-29	Dr. Anunay Gupta Associate Professor, Dept. of Cardiology, VMMC and Safdarjung Hospi New Delhi
2.	CARI, Road no.66, Punjabi Bagh, New Delhi-26	Dr. Sakshi Sharma R.O (Ay.), CARI, New Delhi

Current status: Ongoing

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of participants enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1.	Department of cardiology VMMC & Safdarjung Hospital, Ansari nagar, East New Delhi	100	81	80	21	46	Ongoing

A6.) "An exploratory series of N of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community-based study"

Objectives:

Primary objective: To assess the impact of Ayurveda regimen on quality of life among elderly population in the community of Ballabhgarh District of Haryana.

Secondary objective(s): To assess the impact of Ayurveda regimen on various haematological and biochemical, radiological parameters among elderly population in the community of Ballabhgarh District of Haryana. To assess the impact of Ayurveda regimen on health status of elderly population in the community of Ballabhgarh District of Haryana

Sample size : 400 for screening and 120 for respondents

Duration of Study: 30 months.

Participating centre along with PI & Co-I :

S.No.	**Name of the Institute**	**Name of the Principal Investigator**	**Name of the Co-Investigator**
1	Comprehensive Rural Health Services Project, Ballabhgarh National Highway, 2, Mathura Rd, Ballabhgarh, Faridabad,Haryana - 121004 under AIIMS, New Delhi	**Dr. Puneet Misra** Professor, Centre for Community Medicine, AIIMS, New Delhi. Telephone: 011-26593773 E-mail: doctormisra@gmail.com	**1. Dr. Sanjay K. Rai,** Professor, Centre for Community Medicine, AIIMS, New Delhi. 2. **Dr. Gautam Sharma,** Professor, Department of Cardiology, AIIMS, New Delhi. 3.**Dr. Harshal Salve**, Additional Professor, Centre for Community Medicine, AIIMS, New Delhi.
2	**C.C.R.A.S.** **C.A.R.I., NEW DELHI.**		**1. Dr. Anagha Ranade** Research Officer (Ay.) CCRAS, JanakPuri, New Delhi-110058 **2. Dr. Babita Yadav,** Research Officer (Ay.), CARI, West Punjabi Bagh, New Delhi-110026 **3. Dr. Kishor Patel** Research Officer (Ay.), CARI, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 7405403106 E- mail : kishoreworld007@gmail.com

Current status for run in period:

Date of initiation	**Target**	**No. of Screen failures till date**	**No. of Patients enrolled till date**	**No. of patients successfully completed till date**	**No. of drop out patients till date**	**No. of continuing patients till date**	**No. of ADR/AE/SAE during Current Month (with details)**
12.02.2025	400	140	174	127	29	18	00

Current status for main trial period-ongoing

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
12.02.2025	120	00	107	41	8	58	04

A7.) Randomized controlled trial of "*Anshumati Ksheer Paka"* in hypertension induced left ventricular hypertrophy

Objectives:

a. Primary: Efficacy of "*Anshumati Ksheer Paka"* in hypertension induced left ventricular hypertrophy.

b. Secondary: Safety of "*Anshumati Ksheer Paka"* in hypertension induced left ventricular hypertrophy.

Sample Size : 110 (55 patients in each group)

Duration of Study : Three years

Participating center along with PI:

S. No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Department of Cardiology, Superspeciality Block, VMMC and Safdarjung Hospital, New Delhi**,** India.	1.Dr. Puneet Gupta Associate Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi 2.Dr. Neha Dubey R.O. (Ay) CARI, New Delhi CCRAS, HQ	Dr. Anunay Gupta Associate Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi Dr. Rajput Shivshankar, Research Officer (Ayurveda) ATC, Safdarjung Hospital, New Delhi Dr. Babita Yadav R.O. (Ay.) CARI New Delhi Dr. Kalpana Kachare, R.O. (Ay), CCRAS, HQ , New Delhi
2.	Central Ayurveda Research Institute, New Delhi	-	

Current Status: Ongoing

S. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	Safdarjung Hospital, New Delhi	**95**	**57**	**03**	**35**

A8.) Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single arm multi centric study. (CCL0090)

Objectives:

Primary objective: To evaluate the effectiveness of Ayush Osto in Bone mineral density of post-menopausal women with osteopenia

Secondary Objective(s): To assess the safety and tolerability of Ayush Osto in Postmenopausal women with osteopenia.To assess the treatment adherence to Ayush Osto in post-menopausal women with osteopenia

Sample Size : 110 (55 for each centre)

Duration of Study : 2 years

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI	Name of CoI
1	Central Ayurveda Research Institute, New Delhi	Dr. Babita Yadav	Dr. Renu Rani
2	All India Institute of Ayurveda, New Delhi	Dr. Meenakshi Pandey	Dr. Sandeep Singh Tiwari
3	Parul Institute of Ayurved and Research, Vadodara, Gujarat	Dr Divya B	Dr Anagha Mathad

Current status: Yet to be initiated after getting the Participants Insurance coverage for the trial.

A9.) Effect of Seasonal Emesis (Vasanthik Vamana) on Metabolic, Inflammatory, and Microbiome Markers in Apparently Healthy Adults – An Exploratory Randomized Controlled Study. (PROJECT Code-CCL0106)

Objectives:

Primary Objective:

To assess the effect of administration of therapeutic emesis (Vasanthik Vamana) in apparently healthy individuals on gut microbiome composition and Gut microbiota-derived metabolites.

Secondary Objectives(s) : To assess the effect of administration of emesis **(** Vasantik Vamana**)** on metabolic profile in apparently healthy individuals. To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on urine microbiome of healthy adult individuals. To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** on nutritional profile in apparently healthy individuals. To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on gut microbiome composition and its metabolic products.To assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on oral microbiome composition and also to assess the effect of administration of therapeutic emesis **(**Vasantik Vamana**)** in apparently healthy individuals on inflammatory markers

Sample Size: 40

Duration of Study: 1 year

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI	Name of Co-PI/CoI
1.	CARI, New Delhi	Dr. Babita Yadav	Dr. Shaizi Layeeq Dr. Renu Rani
2.	Jawahar Lal Nehru University	Prof. Dr. Arun Kharat	-

3.	A & U Tibbia College & Hospital, New Delhi	Prof. Dr Manoj Shamkuwar	Dr. Nitin Jindal

Current status: Yet to initiate

A 10.) Effectiveness of Punarnavadi Maṇḍūra in the management of Anaemia in older adults: A Community-Based Study.

Objectives:
Primary Objective : To estimate the proportion of older adults (≥60 years) with mild to moderate anaemia achieving haemoglobin normalization after treatment with Punarnavadi Maṇḍūra
Secondary Objectives : To assess the effect of Punarnavadi Maṇḍūra on haematological indices, iron-related biochemical parameters (serum ferritin, transferrin), and high-sensitivity C-reactive protein in older adults with anaemia. To evaluate the safety of Punarnavadi Maṇḍūra through liver function tests, kidney function tests, estimated glomerular filtration rate (eGFR), and urine albumin–creatinine ratio (uACR) in older adults with anaemia. To know the response rate, in terms of mean change in haemoglobin of the study participants upon administration of Punarnavadi Maṇḍūra To assess the effect of Punarnavadi Maṇḍūra on the health-related quality of life of older adults with anaemia. To assess the effect of Punarnavadi Maṇḍūra on symptoms of anaemia (viz., fatigue severity, loss of appetite, breathlessness on exertion, dizziness, palpitations, generalized weakness and pallor) among older adults.To assess the effect of Punarnavādi Maṇḍūra administration on the mobility and functional status of the study participants and to evaluate acceptability, adherence, and user experience of the intervention in the community setting using a structured questionnaire and brief qualitative interviews
Sample Size : 2350 (at 9 collaborative site), CCRAS-CARI, New Delhi-250
Duration of Study: 18 months
Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI	Name of Co-PI/CoI
1.	CARI, New Delhi	Dr. Saroj Devi, ,	Dr. Shaizi Layeeq Dr. Aishwarya
		Co-PI for coordination- Dr. Babita Yadav	Co-I for coordination Dr. Renu Rani
2.	CARI Guwahati	Dr. Jeuti Rani Das, RO (Ay.)	Dr. Prem Lal Bharati Dr. Girindra Kumar Bora
3.	RARI Nagpur	Dr. Vilas Gangurde, RO (Ay.)	Dr. Vanmala Wakode Dr. Sumedh Paikrao
4.	RARI Jaipur	Dr. Kishor A. Gavali	Dr. Avinash Kumar Jain Dr. Monika Kumari
5.	CBPACS, New Delhi	Dr. Yogesh Kumar Pandey	Dr Subhash Sahu Dr. Pankaj Katara
6.	GAC, Paprola	Prof. Dr. Vijay Chaudhary	Dr. Manik Soni Dr. Priyanka Bharadwaj
7.	GAC, Rewa	Prof. Dr. Deepak Kulshreshtha	Dr. Jinesh Jain Dr. Muraree Girare
8.	GAC, Nagpur	Dr. Amit Nakanekar	Prof. Dr. Dhananjay Vitthal Hange Dr. Manjiri Vaibhav Bhende
9.	NEIAH, Shillong	Prof. Dr. Vijay Kumar	Dr. Bishnu Choudhury Dr. Rehana Parveen

Current Status: Yet to initiate

B. INTRA MURAL RESEARCH PROJECTS

B1.) Title of the Project: Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial. (Project code – ICL0226)

Objectives:

Primary Objective: To assess the therapeutic efficacy of Ayurvedic management on irregular menstrual cycles/ Anovulation and Hirsutism in PCOS.

Secondary Objective: To assess the therapeutic efficacy of Ayurvedic Management on acne, acanthosis nigricans, and BMI.
Sample Size: 180 (90 patients in each group)
Duration of Study: Three years

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	CRU, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), CARI, Punjabi Bagh, New Delhi 110026	1.Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.), CARI, Punjabi Bagh, New Delhi 110026

Current Status: **Completed**

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	CRU, Safdarjung Hospital, New Delhi, India.	180	158	22	00

B2.) Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial

Objectives:
Primary objective:
To determine the efficacy of Yashtimadhu Ghrita anal infiltration on healing of anal fissure in comparison with 2% Diltiazem topical application
Secondary objective:

- To determine the efficacy of Yashtimadhu Ghrita anal infiltration on reduction of pain & bleeding in comparison with 2% Diltiazem topical application.
- To determine the efficacy of Yashtimadhu Ghrita anal infiltration in prevention of recurrence of anal fissure in comparison with 2 % Diltiazem topical application.
- To assess the safety of Yashtimadhu Ghrita anal infiltration in comparison with 2% Diltiazem topical application

Sample size: 100 (50 in each group).
Duration of study: 2 Years 6 Months 19days

Current Status: Study Completed and Target achieved. UC is settled, the protocol article is published, and the original research article is submitted to Surgery Open Sciences, an Elsevier publication, and is under review.

B3.) "Efficacy and safety of AYUSH SR tablet in the management of stress among university students –A double-blind randomized placebo-controlled study"

Objectives:

Primary objective: To assess the clinical efficacy of AYUSH-SR in the management of stress among university Student

Secondary Objective: To assess the clinical safety of AYUSH-SR in the management of stress among university Student.

Sample Size : 70 (35 in each Group)

Duration of Study : Two year

Participating centre along with PI: IMR project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)

S.No.	Name of the participating centre	Date of initiation*
1.	Study site- CCRAS JNU Ayurveda Treatment and Research Facility, JNU Health Centre Under CARI, New Delhi	11.03.2024

Current status: Total Screened – 86, Enrolled -70, Completed- 62, Dropout- 8, Ongoing- 0

B4.) Evaluation of efficacy and safety of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avaleha in Chronic Rhino-sinusitis: A Randomized Controlled Multicenter Study. (Project code – ICL0262)

Objectives:

Primary objective: To assess the efficacy of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhino-sinusitis

Secondary objective: To assess the safety of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhino-sinusitis.

Sample Size: 160 (80 from each institute)

Duration of Study: Two years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	**PI**: Dr. Shweta Mata, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com 8866014946	**Co-PI** 1): Dr. Ashima Jain, MBBS, MD (Path), Research Officer (Path), CARI, New Delhi. 8971121641 **Co-I** 2): Dr. Shrawan Sahu, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi, drsahu79@gmail.com 7500799915
2.	RARI, Patna	**PI**: Dr. Kumari Archana RO.(Ay.), MS (Shalakya Tantra), Ph.D. (Ayu.) RARI, Patna-07 7046074206 archana06bly@gmail.com 6300198391	**Co-PI** :Dr. (Major) Madhukar (Scientist C), RMRI, Agam Kuan, Patna madhukarcaptpatna@gmail.com 9934064900 **Co-I**: Dr. Balaji Potbhare Research Officer (Ayu), MD

			RARI, Patna, pin code: 800007 Balaji_potbhare@yahoo.com

Current Status: Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	CARI, New Delhi	13	00	00	13
2.	RARI, Patna	35	00	03	32

B5) "A Clinical Consensus study for the development of Standard Operating Procedure and practice guidelines for Anjana Karma with a Feasibility study in Immature Cataract" (Project code – ICL0265)

Primary objective: Development of Standardized Operating Procedure and practice guidelines of Anjana Karma

Secondary objective: To prepare guidelines for procedure with respect to dosage form, temperature of medicine used, retention time for procedures and safety instructions

Sample Size: 60(30 from each institute)

Duration of Study: One year

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	PI-Dr. Shrawan Sahu, MS, Ph.D. (Ay-Shalakya Tantra), Research Officer (Ay), CARI, New Delhi drsahu79@gmail.com 7500799915	Co-PI: Dr. Shweta Mata, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com/8866014946
2.	RARI, Trivandrum	----	**Co-PI** : Dr. Praveen Balakrishnan MS(Ayu-Shalakya Tantra) Research Officer (Ayu), Regional Ayurveda Research Institute for life style related disorders, Poojapura, Trivandrum , pin code: 695012 drpraveenbalakrishnan @gmail.com/7012911654

Current Status: Ongoing (Preparation of guideline is ongoing and clinical work will be initiated soon)

B6) A Clinical Consensus study for developing the practice guidelines and Standardization of Tarpana & Putapaka with a Feasibility study in Myopia". (Project code – ICL0277)

Primary Objective: To develop standard operative procedure and practice guidelines for Tarpana & Putapaka kriyakalpa procedure

Secondary objective: To prepare guidelines for procedure with respect to dosage form, temperature of medicine used, height of administration of medicaments, retention time for procedures and safety instructions**.** Standardization of quality indicators of procedures to improve outcome**.** To assess the feasibility, acceptability and potential effectiveness of the standardized dose and procedure of Tarpana and Putapaka in selected disease condition and intervention conducted at various zones of India i.e. Bengaluru, Kerala (Cheruthurthy), New Delhi and Lucknow

Sample size: 30 in each centre (minimum sample size for feasibility study)

Duration of Study: One year

S.No	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, New Bengaluru	Dr. Bhavya B.M, RO (Ayu.) (Shalakya Tantra) Mob: 9741748242 drbhavya25@gmail.com	Dr. Shubhashree M.N, R.O (Ayu.), BAMS, MD, (Dravyaguna) Mob: 9448016968 shubhathejas@gmail.com
2	National Ayurveda Research Institute for Panchakarma, Cheruthuruthy		Dr. Krishnakumar V, R.O (Ayu), BAMS, MS (Ayu), PhD (Shalakya Tantra) Mob: 7306892140 drkkempran@gmail.com
3	Central Ayurveda Research Institute, West Panjabi bagh, New Delhi, Delhi		Dr. Shweta Mata, MS, Ph.D. (Ay-Shalakya Tantra), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com 8866014946
4	Regional Ayurveda Research Institute, Lucknow		Dr. Kamble Pallavi Namdev, R.O (Ayu), M.S (Shalakya- NetraRoga) Mob: 8955325835 drpallavikamble24@gmail.com

Current Status: Ongoing

B7) Comparative Clinical Evaluation of *Bola Parpati and Haritaki Churna* versus Tranexamic acid in the Management of Bleeding Piles: A Randomized Controlled Clinical Trial

Objectives:

Primary objective: To evaluate the efficacy of *Bola parpati and Haritaki churna* versus Tranexamic Acid in patients with bleeding hemorrhoids.

Secondary objective: To evaluate the safety profile of both interventions, as determined by the No. of participants requiring rescue medication during the study period.To determine the duration required for the cessation of active bleeding following treatment initiation.To assess changes in Quality of Life (QoL) within each group using a validated haemorrhoid-specific QoL instrument.To document the frequency of bleeding episodes or symptom relapse post-treatment and to quantify changes in ano-rectal pain intensity utilizing the Visual Analogue Scale (VAS).

Sample size : 100 (50 in each group).

Duration of study **:** 2 Years

CURRENT STATUS: ongoing

B8). Effectiveness of *Drakshavaleha* in Improving the Symptoms of Functional Gastrointestinal Disorders – A Multi-Centre Study

Objectives:
Primary objective: To evaluate the effectiveness of *Drakshavaleha* in the remission of symptoms of Functional Gastrointestinal Disorders (such as dyspepsia, constipation, abdominal bloating, or distension) in adults
Secondary Objective: To explore the effect of *Drakshavaleha* on the general well-being of the FGID cases. To evaluate the effect of *Drakshavaleha* on the appetite of the FGID cases. To assess the tolerability of *Drakshavaleha* in patients with FGID
Sample Size **:** 4500 (300 Patients per institute)

Duration of Study : one year

Sr. No.	Name of the Institute	Name of the PI	Names of Co-Is
1	RARI, Gwalior	Dr D S Rotwar	Dr S B Singh
2	RARI, Nagpur	Dr Sumedh Paikrao	Dr Vilas Gangurde
3	RARI, Lucknow	Dr Sreekala V	Dr Sanjay Kumar Singh
			Dr Alok Kumar Srivastav
4	CARI, Bhubaneswar	Dr Sudhanshu Meher	Dr Kshirod Kumar
			Dr Banmali Das
			Dr Purnendu Panda
5	NARIP, Cheruthuruthy	Dr P Pradeep	Dr Chris Antony
			Dr Sariga K S
6	RARI, Patna	Dr Ashok Sinha	Dr Rohit Kumar Ravate
7	CARI, Guwahati	Dr Jeuti Rani Das	Dr P L Bharti
			Dr Amit Madan
			Dr Masram Pravin
8	CARI, Bengaluru	Dr S K Giri	Dr S H Doddamani
9	CARI, Kolkata	Dr Hetalben Amin	Dr T K Mandal
			Dr Debajyoti Das
			Dr Ranjita Ekka
			Dr Shakti Bhushan
			Dr Bhuvnesh Kumar Sharma

10	RARI, Jaipur	Dr. A.K. Jain , R O (Ay)	Dr S.K. Vedi
			Dr Suhas A. Chaudhary
			Dr. Monika Kumari
			Dr Kisaor Gavali
			Dr B R Meena
11	CARI, New Delhi	Dr Saroj Devi	Dr Ratheesh P
			Dr Aishwarya K
			Dr Meenakshi Suri
12	RARI, Ahmedabad	Dr A K Panda	Dr Niral Sojeetra
13	CARI, Patiala	Dr Amit Gajarmal	Dr Sandeep Baheti
			Dr Sangeeta Sangvikar
14	RARI, Vijayawada	Dr Sujata Dhoke	Dr Savita Gopod
			Dr Midhuna Mohan
15	CARI, Mumbai	Dr Govind Reddy	Dr Anil Avhad
			Dr Vipin Sharma

Current Status: Ongoing

C.) SURVEY STUDY

C1.) A Systematic survey of the Labeling Information of Ayurvedic Drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945.

Objectives:

Primary objective:

- To evaluate the labeling pattern of Classical Ayurvedic formulations marketed in India in compliance with Rule 161 of the D & C Act and Rule 1945.

Secondary objective:

- To improve the labeling practices implementation and Pharmacovigilance system.

Duration of Study: 12 months

Participating centers along with PI:

S.No.	Name of the participating center	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma
2.	RARI, Lucknow	Dr. Anjali Parsad
3.	RARI, Trivandrum	Dr. Varsha Sumedhan
4.	CARI, Kolkata	Dr. Shakti Bhushan
5.	CARI, Mumbai (Nodal Institute)	Dr. Dattatray Dighe

Current status:

1. As per the protocol and objectives of the study initially offline Delhi market survey was conducted, 639 medicines from various vendors were identified as per from the National List of Essential Ayurvedic Medicines (NLEAM). After comparative analysis as per availability and objective of the project, 756 classical medicines were allocated to CARI, New Delhi **i.e. 368 offline and 388 online**. Following all the directives of protocol out of 368 offline allocated medicines, 350 were procured offline and out of 388 online allocated medicines 250 medicines were purchased online as per the availability.

2. In compliance with Rule 161 of the D & C Act and Rule 1945, Label capturing with documentation of procured Classical Ayurvedic formulations marketed in Delhi has been done for 350 offline products and 250 online up to the month of January, 2026. Thus, the total 600 classical medicines were documented and completed the project with in extended stipulated time. Data has been submitted to Nodal institute RARI Mumbai for consolidated data compilation and onwards submission to CCRAS HQ.

C2.) "Survey and Documentation on Netra Kriyakalpa practices among registered Ayurveda practitioners across India"

Objectives:

Primary objective: Documentation and identification of Netra Kriyakalpa practices/ methods, medicines, modalities of use, indications among registered Ayurveda practitioners across India

Duration of Study: 1 year

Participating centers along with PI & Co-I:

S. No	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	**CARI, Bengaluru**	**Dr. Bhavya B.M**, RO (Ayu.) (Shalakya Tantra) BAMS, MS (Ayu), (Shalakya Tantra) #12, Uttarahalli Manavarthe Kaval, Uttarahalli (Hobli), Kanakapura Main Road, Talaghattapura post, Bengaluru-560109 Mob: 9741748242 drbhavya25@gmail.com	**Dr. Shashidhar.H.Doddamani** Research officer (Ay.)
2.	**NARIP, Cheruthuruthy**		**Dr Krishnakumar V** Research officer (Ay.)
3.	**CARI, New Delhi**		**Dr. Mata Shweta** Research Officer (Ay.) Mobile : 8866014946 **E-mail : drshwetamataccras@gmail.com**
4.	**RARI, Lucknow**		**Dr. Kamble Pallavi Namdev R.O. (Ay.)**
5.	**Regional Ayurveda Research Institute for Mineral and Marine Medicinal Resources, Goa**		**Dr Nandini Jadhav** Research officer (Ay.)
6.	**RARI, Patna**		**Dr. Kumari Archana** Research officer (Ay.)
7.	**RARI, Thiruvananthapuram**		**Dr. Praveen Balakrishna** Research officer (Ay.)
8.	**RARI, Ahmedabad**		**Dr. Parth Prakashbhai Dave** Research officer (Ay.)

Current status: Ongoing

D.) OUTREACH ACTIVITIES

D1.) "Documentation of Ethno-dietary practices indigenous to India"

Aim: To document the indigenous ethno-dietary practices in diverse geographical areas, different ethnic groups, and communities across India which will contribute to preservation and promotion of traditional dietary practices.

Objectives:

1. To systemically document the indigenous ethno-dietary practices in diverse geographical areas and communities across India.
2. To critically analyse the variation in indigenous dietary practices based on state, zone, region, cultural/ethnic group and community.
3. To assess the understanding and perception of the community about the relevance and health benefits of indigenous ethno-dietary practices
4. To validate the documented data regarding indigenous ethno-dietary practices.

Duration of Study: One Year

Participating centres along with PI & Co-I:

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay)	Sonam Chandhok, ARO (Cli. Psy.)

Status: Completed

D2.) Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across India

Objectives

Primary objective:

5. To systematically document plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across different regions, cultural groups, and communities of India.
6. To critically analyse the variation in indigenous religious practices and rituals across different states, zones, regions, cultures, and communities within India.
7. To assess the understanding and perception in the community about the relevance and health benefits of indigenous religious practices and rituals.
8. To validate the documented data regarding indigenous religious practices and rituals.

Duration of Study: One Year

Participating centres along with PI & Co-I:

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay)	Sonam Chandhok, ARO (Cli. Psy.)

Status: Completed

Total 80 IDIs and 16 FGD were conducted under Ethno-dietary project and 81 IDIs and 05 FGD were conducted under Religious practices and rituals project in this year.

D3.) Impact assessment of Ayurveda-based lifestyle advocacy and utilization of medicinal plants in primary healthcare

Objectives:

Primary Objectives: To assess the impact of adopting Ayurveda-based lifestyle advocacy & utilization of medicinal plants on the general health status of the participants.

Secondary Objectives: To assess adherence to Ayurveda-based lifestyle advocacy regarding *Dinacharya* and *Ritucharya*.To assess the impact of adopting Ayurveda-based lifestyle practices and utilization of medicinal plants on household healthcare expenditure

Total Study Period: 12 months

Participating centres along with PI & Co-I:

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay)	Sonam Chandhok, ARO (Cli. Psy.)

Status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	IAS&R,SKAU,Kurukshetra	Yet to be initiated			

F. Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

The Ministry of Ayush has introduced a new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is to develop a culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani, and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral Pharmacovigilance Centres (PPvCCs). A total of 190 misleading advertisements and 13 ADR have been detected from April 2025 to March 2026 and sent to Intermediary Pharmacovigilance Centers (IPvCCs), NIA, Jaipur, and the Drug Controller of Ayush, Delhi State, and also uploaded on the Ayush Suraksha Portal.

1. The JRF (Ay.) has attended two two-day pharmacovigilance workshops held at NIA, Jaipur, on 27.02.2026 & 28.02.2026.
2. The Coordinator and JRF (Ay.) have attended a total of 6 webinars related to pharmacovigilance in the year 2025-26.
3. Conduction of Pharmacovigilance awareness program Pharmacovigilance of ASU & H Drugs on 27.10.2025 at Nehru Homeopathic Medical College & Hospital, New Delhi, coordinated by Dr. Shweta Mata, R.O, (Ay.) & Dr. Shivani Puri, J.R.F, (Ay.)
4. The CARI, New Delhi, PPvC center organized meetings with hospital staff for awareness of ADRs and other important aspects of pharmacovigilance from time to time.

5. A total of 28 pharmacovigilance Awareness lectures were given to OPD & IPD patients and their relatives throughout the year.
6. Two Suggestion boxes with an ADR form are placed at the OPD and IPD areas for patients.
7. Designed & developed a calendar as a part of the IEC awareness material of pharmacovigilance.
8. Misleading advertisements and ADR are uploaded on the Ayush Suraksha Portal daily.
9. Developed a survey project on Cosmetovigilance.

Misleading Advertisements and ADR reported in 2024-25

Month	Status of misleading Advertisement(detected)	Suspected Adverse drug reaction	Awareness lectures
April 2025	16	1	4
May 2025	12	1	4
June 2025	17	0	2
July 2025	28	2	4
August 2025	32	3	1
September 2025	15	3	3
October 2025	12	2	2
November 2025	14	0	2
December 2025	11	0	2
January 2026	11	1	2
February 2026	09	0	1
March 2026	13	0	1
Total	**190**	**13**	**28**

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G. Literary Study

G1.) Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services**.**

1. **Objectives:**

a) Primary objective:

1. To prepare a comprehensive document on "Entrepreneurship in Ayush."

b) Secondary Objective:

1. To analyze and develop a basic understanding of entrepreneurship opportunities in various domains of Ayush.
2. To develop comprehensive data analysis on the Ayush Industry in the following aspects

- Understanding Business models of Ayush (Technology, Product and Services)
- Human capital and resources requirement
- The innovation component of Technology, Products and Services in Ayush
- Financial and investment opportunities in Ayush industries
- Market development for Ayush products and services

3. To assess the Ayush Technology, Products and Services regulatory approval and compliance process.
4. To explore the opportunities and development of new markets for Ayush Technology, Products and Services.
5. To assess the Ethical Issues for Ayush Industries

2. **Duration of Study:** 24 months

3. **Nature of Document /Publication (Book, Manuscript, Bibliography etc.):** Book/Manual

4. **Participating center along with PI:**

S.No.	Name of the participating center	Name of PI
1.	School of Biotechnology, Jawaharlal Nehru University, New Delhi 110067	Dr. Hemant R. Kushwaha Prof. Rupesh Chaturvedi

5. **Current Status- Ongoing**

G2.) Projects on "Documentation of Life Profiles of Luminaries in the field of Ayurveda".

Sanction Order No. : HQ-PROJ011/92/2024-PROJ/3961 dated 25.09.2024

4. Life Profile of Ayurveda Luminary -Prof. PNV Kurup (Literary Study)
Dr. Rajput Shivshankar, R.O (Ay)
Dr. Shweta Mata, R.O (Ay)

5. Life Profile of Ayurveda Luminary- Vd. Tarachand Sharma (Literary Study)

Dr. Shweta Mata, R.O (Ay)

Dr. Rajput Shivshankar, R.O (Ay)

Dr. Kuldeep, R.O (Ay)

6. Life Profile of Ayurveda Luminary -Dr. H.M. Chandola (Literary Study)
Dr. Shaizi Layeeq, R.O. (Ay.)
Dr. Renu Rani, R.O. (Ay.)

Current Status: Draft manuscripts are prepared and submitted to CCRAS, Hqrs

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G3.) Title- "Ayurveda Interventions for Khalitya (Hair Fall): A Scoping Review"

Objectives:

Primary Objective: To map and summarize the range of Ayurvedic interventions studied for the management of *Khalitya* (Hair Fall).

Secondary Objective: To identify and describe the types of study designs used. To examine the variety of interventions and outcome measures assessed.To explore the reporting of safety and adverse effects. To highlight gaps in the existing evidence base and suggest directions for future research.

Duration of Study: 06 months

Participating centre along with PI : IMR Project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Shweta Chaudhary, R.O. (Ay.)

Current status: Literature search: Completed registration in open science framework: Completed, Screening & Eligibility Phase (Ongoing).Data extraction: Not yet started

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G4) Efficacy and Safety of Ayurveda interventions in the treatment of Vitiligo (*Shwitra*): A Systematic Review

Objectives:

Primary objective: To investigate the effectiveness of Ayurveda intervention in the treatment of vitiligo.

Secondary Objective: To investigate the safety of Ayurveda intervention in the treatment of vitiligo.

Duration of Study: 06 Months

Participating centre along with PI: IMR Project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)

Current status:

Preparatory phase: Completed
Registration in PROSPERO framework: Completed
(Registration No. -PROSPERO 2025 CRD420251107329**)**
Literature search: Completed
Screening & Eligibility Phase: Ongoing
Data extraction: Not yet started

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G5) To develop minimum standard requirements to Practice Kriyakalpa in a Hospital/Clinical Set-Up. (Project code – ICL0264)

Objectives:

Primary: To develop minimum standard requirements to Practice Kriyakalpa in a Hospital/Clinical Set-Up.

Secondary: To prepare guidelines for the Specifications of Kriya kalpa kaksha.To develop standardization of Kriya kalpa Theatre.To develop guidelines for bio-medical waste management of Kriyakalpa kaksha.

Duration of the study: One year

Participating center along with PI & Co-I:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	PI: Dr. Shweta Mata,_MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com 8866014946	Co-I: Dr. Shrawan Sahu, MS, Ph.D. (Ay-*Shalakya Tantra*), Research Officer (Ay), CARI, New Delhi drsahu79@gmail.com 7500799915

Current Status: Ongoing

H. PROJECTS IN PIPELINE

1. Efficacy of Ayurveda interventions in the management of Mennopausal symptoms (Rajonivriti janya lakshan)- A randomized controlled trial
2. Effectiveness of Arjuna and Punarnavastaka Kwatha as an Adjunct to Standard Care on Quality of Life in Patients with Chronic Heart Failure with Reduced Ejection Fraction (HFrEF): A Randomized, Parallel-Group, Open-Label Controlled Clinical Study
3. Morbidity and Health-seeking behavior of patients receiving Ayurveda along with conventional medicine in NCDs at Department of Integrated Medicine, Lady Hardinge Hospital: A cross-sectional study
4. A Cross-sectional Survey to study the distribution pattern of different prakriti types across India- A multi centric Study
5. Compliance assessment of marketed “Ayurvedic”/ “Herbal”/ “Natural” positioned cosmetics in India with existing regulatory framework of D & C Act 1940 and Rule 1945, Cosmetics Rules 2020 and Cosmetic Amendment Rules 2025: A Systematic Survey Study
6. Knowledge, Attitude and Practices (KAP) of Parents towards Ayurveda treatment for Respiratory disorders: A Cross-Sectional Study at OPD level

IN-PATIENT DEPARTMENT (IPD)

Total admitted patients in the reporting period i.e. 2025-26 are **581** out of which **268** are male and **313** are female. During the reporting period **614** patients were discharged out of which **283** males and **331**females. Annual bed occupancy is **65.74%.**

OUT-PATIENT DEPARTMENT (OPD)

CARI, Punjabi Bagh, New Delhi

CARI, New Delhi is providing OPD facilities to the patients, in morning shift (9:00 am to 1pm). Special clinics like Ano Rectal, Preventive Cardiology Clinic, Arthritis Clinic, ENT clinic. Eye Clinic, Pediatric clinic and Geriatric Clinics are functioning on designated days. During the reporting year the Institute has provided OPD services to **107205** numbers of patients and dispensed medicines free of cost. Out of which **55994** patients were male, **51211** were female and no transgender. During the reporting year total **35468** new and **71737** old patients attended the OPD. Preference in registration and consultation has also been provided to senior citizens and

research participants. During the reporting period 8412 cases availed treatment for various Geriatric Disorders. Most of the patients reported with conditions like *Sandhivata*, *Madhumeha, Vatavikara, Raktagata Vata, Shwas, Mutakriccha, Daurbalya* etc.

CRU, Safdarjung Hospital, New Delhi:-

Ayurvedic Chikitsa Kendra was established in Jan, 1998. Two big rooms have been provided to AyurvedicChikitsa Kendra. One room is used for consultation and another room for registration, store and dispensing of medicines.

During the reporting period the total no. of **25537** patients attended O.P.D. out of which **14213** patients were male and **11324** patients were female. Common diseases found in the O.P.D were, *Sandhivata, Raktapradara, Mutrakricchra, Shotha, Klaibya, Arsha, Cyst, Amavata, Madhumeha ,Kushtha, Artavakshaya, Kasa, Amlapittam, Shweta Pradar, Pratishyaya, Khalitya* etc.

Ayurvedic Treatment Center, Lady Hardinge Medical College and Hospital, New Delhi:

Ayurvedic Treatment center at Lady Hardinge Medical College was established on 19th September, 2009. During the reporting year a total no. of **20645** patients attended the OPD out of which **9799** patients were male and **10846** patients were female. It was observed that most of the patients who attended the O.P.D were of *Aadhman*, *Sandhivata, Aamvata, Kandu, Vatarakta, Pratishyay, Daurbalyam, Kasa, Vibandh, Arsha, Amlapittam, Madhumeha,Ashmari* etc. The competent authority of Lady Harding Medical College and Hospital permitted to conduct various laboratory investigations and other specific investigations in laboratory of LHMC, New Delhi.

Ayurvedic Chikitsa Kendra, PGIMER, Dr. Ram Manohar Lohia Hospital, New Delhi:

Ayurvedic Treatment center at PGIMER-Dr. Ram ManoharLohia Hospital is functional since 14thJanuary, 2016. During the reporting year a total no. of **8722** patients attended the OPD out of which **5084** patients were male and **3638** patients were female. It was observed that most of the patients who attended the O.P.D were suffering from *Manovahsrotos Vikar Sandhivata, Aadhmana, Vibandh Vatavyadhi, Amlapitta, Shirahshool, Raktagata Vata, Kasa, Gridhrasi, Ashmari, Mutrakricchra etc.*

Ayush Wellness Clinic, President's Estate

Ayush Wellness Clinic, at President's Estate had been started since July, 2015 under CARI, New Delhi. This center is rendering O.P.D. services along with Panchakarma therapy to the patients. During reporting year, a total of **4394** patients were treated, out of which **3016** were male patients and **1378** were female patients. Most of the patients attending the OPD were suffering from *Vatavyadhi, Trikshoola, Arsha, Madhumeha, Medoroga, Daurbalyam, Sandhivata, Kasa, Ajirna, Amlapittam* etc

Ayurveda Unit: FAP- Supreme Court, New Delhi

The Ayurveda Unit, FAP at Supreme Court of India has been functional in the Supreme Court premises since 2008. The Unit is rendering services to Hon'ble Judges and Registry in the Supreme Court of India. At present one senior doctor, one Pharmacist and one Pharmacy attendant are rendering their services in this unit. During current reporting period a total of **6036** patients were treated in FAP Supreme Court out of which **4151** were male and **1885** were female patients. Most of the patients were suffering from *Vibandh, Aadhman, Gridhrasi, Kasa, Sandhivata, , Udavarta, Ajirnam, Amlapiitam, Amavata, Madhumeha, Arsha, Yakkritdalyudar* etc

CCRAS-JNU Treatment & Research Facility, New Delhi

A new unit of CCRAS in collaboration JNU has been initiated on 25/01/2023. The unit is providing consultations to the students and employees (working & retired) of the university campus thrice a week. During current reporting period) total **3731** patients were been given consultation, of which **1903** are male and **1828** are female. Most of the patients were suffering from *Vibandh, Sandhivata, Kasa, Aadhman, Ajirnam, Gridhrasi, Madhumeha, Arsha, Mutrakricchra, Pratishyaya, Daurbalyam, Shwasa, Janubhed, etc*

SECTION-WISE ACTIVITIES

Panchakarma Section

Panchakarma section has been functioning in the institute since February 1981, offering the following procedures to patients as per the need: *Vamana*(therapeutic emesis), *Virechana* (therapeutic purgation), *Anuvasana vasti* (oil enema), *Asthapana vasti* (decoction enema) and *Nasya* (nasal insufflations). Apart from these, some other procedures of traditional *Keraliya Chikitsa* are also being practiced in this unit successfully. These include *Shashtikashali PindaSweda, Patra Pinda Sweda, Snehadhara, Shirodhara, Shirobasti, Katibasti, Janubasti*etc. Being safe and effective these procedures are effectively used for prevention and management of number of health problems like *Pakshavadha, Pangu, Gridhrasi, Amavata, Sandhivata, Sthaulya, GreevaStambha, Katishula, Katigraha, Jirna Pratishaya,* and *Ardita, Ardhavabhedaka* etc.

During the reporting period, Panchakarma section provided treatment to **991** patients. A total of **17405** sittings of specialized procedures of *Panchakrma* was done at IPD level predominantly Abhyanga, *Sarvanga sweda*, *Janu Basti*, *Patrapinda Sweda*, *Dashang Lepa*, *Nadi Sweda, Nasya*, *Katibasti* , *Udhvartana* , *Matrabasti, Niruh Basti* , Anuvasan Basti , *Vaitran Basti* , *Baluka Sweda* etc. were administered to the patients to provide them better results.

Kshara Sutra Section (Ano-Rectal Clinic)

During reporting period **9358** patients attended the *Kshara Sutra* Section out of which 6963 were male and 2395 were females.

Leech Therapy Clinic

Leech Therapy Clinic caters to patients of various disease conditions like *Twakarog, Sira-Shotha, Shlipad, Shvitra*etc. During reporting period, total **212** patients attended the clinics for various disease conditions.

Physiotherapy Section

The Physiotherapy section was established in 1999. As per the need and requirement of the hospital, the section is equipped with required modalities. Both IPD and OPD patients are being treated on daily basis for conditions like osteoarthritis, rheumatoid arthritis, Adhesive capsulitis, cervical and lumbar spondylosis, ankylosing spondylitis, prolapsed intervertebral disc, post polio residual paralysis, neurological conditions like stroke, quadriplegia, paraplegia, cerebral palsy, Parkinson's disease, peripheral nerve injuries, muscular dystrophies, bell's palsy, motor neuron disease; Sport's injuries like tennis elbow, rotator cuff tear, meniscal tear and General conditions like obesity, varicose veins, peripheral vascular disorders etc. During the reporting period total **3660** patients were treated of which **1638** were male and **2022** were female.

Eye Clinic

The Eye clinic has been functioning efficiently and giving service to eye patients from 18th February 2017 onwards on OPD and IPD basis. Within the existing facility *Kriyakalpas is being done* for selected patients throughout the week. During the reporting period (2025-26) there were **4723** patients out of whom **2243** patients were male and **2480** were female patients. Most commonly found eye diseases were *Timira, Abhishyanda, Kacha, Shushkakshipaka, Adhimantha*, *Lingnash* etc. Various *Kriyakalpa* carried out to treat eye diseases included 1935 of *Nasya*, 1204 of *Tarpana*, 555 of *Shiropichu* etc.

ENT OPD

ENT OPD caters to patients of various disease conditions like *Pratishyaya/Pinasa, Badhirya, Ardhavabhedaka, Karnashola, Karnanada*etc. During reporting period total **1335** patients attended the clinics those were successfully treated for various disease conditions. Total 730 patients were male and 605 patients were female.

Arthritis Clinic

During reporting period **2221** patients (706 male and 1515 female) attended the *Arthritis clinic* for various musculoskeletal disorders primarily *Amavata, Sandhigatavata, Gridhrasi, Katigatavata etc*

Bal Rog Clinic

During reporting year **1881** children (1133 male, 748 female) were treated in OPD for various childhood disorders like *Pidika*, *Vatavyadhi, Shool, Krimi, Shwitra, Pangu, Kushtha, Pratishyay* etc.

Preventive Cardiology & Lifestyle Clinic

Preventive Cardiology & lifestyle Clinic is functioning on Tuesday and Friday. During the reporting year, 1473 numbers of patients were consulted and documented through A-HMIS. Out of which 845 patients were males and 628 were females. Most of the patients reported with conditions like Hridya roga, Ucchraktachap, Madhumeha and Sthaulya etc.

Naidanik Manovigyan (Clinical Pychology)

Special OPD in the domain of Clinical Psychology started functioning from July 2021 onwards. In the year April 2025-March 2026, a total of 130 psychological sessions were conducted for patients across all age groups for issues like generalized anxiety, stress, burnout, cognitive problems, hyperactivity, sleep disturbances, depressive symptoms etc. A total of seventy psychological sessions for females and sixty psychological sessions for males were conducted. Many of them are continuing for follow-up sessions also.

Consultation at Press Club of India

As per order no. F.N. HQ-Estt 11012/109/2023-ESTT/7274 dated 29.01.2024 and institute letter no. F.S.4-41/2023-24/CARI/Admn-Office Order No.1230/2023-24 dated 03.02.2024 weekly clinic at "Press club of India" is continue with the deputation of one Ayurvedic consultant on every Saturday in financial year 2025-26, for the benefit of journalists and other press club members. In the reporting year, total no. of patients consulted were 1143 out of which 912 were male and 231 were female. Press club clinic reported prevalence of gastro-intestinal disorders along with fatty Liver. General consultation and follow up sessions were given along with the free distribution of medicine as per the requirement of members of Press Club of India and their family members.

Library

The library section of the Institute is having 1819 books in Hindi and English. The library remains open for readers from 9:30 am to 4:30 pm.

Clinical Laboratory:-

The NABL Accredited laboratory section provides services to both general patients from OPD, IPD and research subjects. A total no. of **19,912** investigations were carried out during the reporting year.

Bio-chemical Investigations

Routine Biochemical investigations including Blood Sugar, Lipid Profile, Renal Function Test and Liver Function Tests are conducted in Biochemistry section of the Institute. Total **13690** investigations were carried out during the year 2025-26.

Pathological Investigations

Routine pathological investigations of blood, urine and stool were done. Total **6222** investigations were carried out during the year 2025-26.

Radiological Investigations: In the reporting year 2025-26 total number of radiological investigations done in Radiology department were **1797.**

Pharmacy

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute such as Lady Harding, Dr RML hospital, Supreme Court, Safdarjung Hospital and AWC, President Estate etc. The Pharmacy also keeps balance in demand and supply of medicines for clinical projects. In this current year pharmacy has procured medicines worth **Rs.** 20,84,1132 for meeting the demands.

Hindi Section

The Hindi Section has consistently played a pivotal role in implementing the Official Language Rules. It ensures that all documents under Section 3(3) are issued bilingually, replies to correspondence are given in Hindi, and continuous efforts are made to meet the prescribed annual targets. All quarterly and half-yearly progress reports are prepared punctually and submitted to the Official Language Department and NARAKAS (Town Official Language Implementation Committee) through email and online platforms.

The Vibhagiya Rajbhasha Karyanvayan Samiti meetings were held every trimester to monitor the usage of Hindi in official and technical work across departments. The institution received appreciation during the half-yearly meetings of the Town Official Language Implementation Committee for its significant progress in increasing the percentage of work done in Hindi and for its efforts in meeting the annual targets.

The "Hindi Pakhwada" was also successfully organized from, featuring various Hindi-related activities. The Hindi Pakhawada closing ceremony was organized on in which certificates were distributed to all the winners. Additionally, four "One Day Hindi Workshops" were conducted during the year to promote and strengthen the use of Hindi in official communication.

Medicinal Plant Garden

A Medicinal plant Herbal garden has been maintained by the institute for dual purposes i.e. for demonstration as well as for providing raw herbs for panchakarma and ksharasutra therapy. In view of identification and demonstration purposes, all the plants were having their specific nameplates with their classical names, botanical names, family, and main uses as per classical references.

This Medicinal garden is continuously providing raw herbs for various Panchakarma procedures and Ksharasutra e.g. Madhuyashti, Narikel, Shigru, Haritaki, Ashvagandha, Guduchi, Bhrami, Isabgol, Nirgundi, Agnimantha, etc. In the reporting year, few new species have been added such as Kapitha, Narikel and talish, etc.

In the reporting financial year 2025-26 Plantation drive was organized by the institute in view of Ayurveda Day Celebration. During the celebration Free medicinal plants such as Tulsi, Giloy and Japa and Parijat etc. were distributed to the patients and visitors visiting Ayurveda Stall on Dhanwantri Diwas.

ICC

In compliance of Honorable Supreme Court order dated 12.05.2023 and direction of ministry of Ayush vide X.18030/125/2021-CDN dated 26.06.2024, the institute has ICC Internal Complaint Committee constituted as per norms in provision of PoSH (Prevention of Sexual Harassment) Act 2013, with the objective of Prevention, Prohibition and Redressal of the act. The committee regularly conducted meetings and conducted awareness/ orientation programme. In the reporting year, Institute has conducted two consecutive ICC meetings on 24/10/2025 and 17/03/2026 under the chairman of the committee along with the nominated members. An awareness lecture for sensitizing all women staff of CARI, New Delhi was also organized. Smt. Lata Lochav, senior advocate cum legal trainer and Smt. Sanjana, practicing advocate high court new Delhi gave a awareness lecture on Sexual Harassment of Women at Workplace (prevention, prohibition, and redressal). Chairman of the committee also shared the status as committee has not received any complaint in the reporting year.

Important Activities organized by Institute-At a Glance

- Techno-Administrative Meeting in the light of "Avlokana-2025" (Review & Planning of CCRAS Nifty Activities) under the chairmanship of director institute
- Organized an 'Elimination of the latent TB through Ayurvedic intervention' as a part of "End Latent TB" campaign during April, 2025.
- Observance of World Environment Day 2025 and organized a plantation drive on 05.06.2025.
- Observance of International Day of Yoga 2025 and organized various yoga sessions during May & June, 2025.
- Organized 04 Hindi Karyashala on at the Institute on quarterly basis.
- An Exposure Visit cum Training programme to Assistant matrons, Sister In-charge, Staff Nurse, MTS, Radiographers and Dark room Assistants staff of various CCRAS Institutes was organized at CARI, New Delhi during July,2025.
- Organised "Mass pledge against Drug Abuse" on the occasion of 5th Foundation Day of Nasha Mukt Bharat Abhiyan.
- Organized various trainings of NABH on different topics on a monthly basis throughout the year.
- Organized the 'Panch Pran pledge' as part of the 'Azadi Ka Amrit Mahotsav 2025' celebrations for all employees of CARI, New Delhi.
- Organized various awareness lectures, webinar, press conference, food festival & activities as a part of celebration of 10th Ayurveda Day 2025.

- Organized various awareness lectures, webinar, food festival & activities as a part of Swasth Nari Sashakta Parivar Abhiyan 2025.
- Organized and coordinated renewal of NABH Accreditation Assessment Inspection during October 2025.
- Organized and coordinated renewal of ATAB Accreditation Assessment Inspection during October 2025.
- Organised and conducted BIS Surveillance Audit.
- Organized Pharmacovigilance awareness lectures and distributed IEC material to participants.
- Organized exhibitions in various events such as Shalyacon 2025, Indian International trade fair 2025, Bharat parv, 2026 etc.
- Organized e-office training programme for officers/officials of CARI, New Delhi
- Organized Awareness lectures, health camps, Poshak Aahar Activity and Distriubiution of Ayurvedidc Poshak Ahar under under Rashtriya Poshan Maah 2025
- Organised Press Conference for the 10th Ayurveda day celebration with the theme "Ayurveda for People & planet" as directions received by CCRAS HQ and Ministry of Ayush
- Organized various activities quiz competition, essay completion, and rhyme recitation and antakshari as a part of Hindi Pakhwada
- Organized free blood grouping camp in the laboratory of CARI, ND to celebrate national voluntary blood donation day on 01.10.2025.
- Organized Karmayogi training programmes.
- Organized a webinar on "Know your paired state Sikkim" under Ek Bharat Shresht Bharat.
- Organized debate competition, quiz competition and Guest lecture on Preventive Vigilance of Shri Sachidanand Prasad Secretary NCISM, New Delhi for the staff of CARI, ND as a part of Vigilance awareness week 2025.
- Organized a preamble recitation event on constitution day.
- Organized a press conference for the upcoming 2nd WHO Summit on Traditional Medicine.
- Organized celebration of Veer Baal Diwas Program in the institute and joined the live webcast of the event graced by Hon'ble prime minster Shr. Narendra Modi Ji.
- Organized celebration of Independence Day, Republic day, Womens Day at CARI,ND
- Organised a CME on "Management of Lifestyle disorders" 13.02.206 at CARI,ND.
- Organised CCRAS BEST Training program for Investigators and Staff of SMART 2.0 Osteopenia project at conference Room, CARI, ND.
- Organised the Flagging off ceremony of Ambulance sponsored under CSR initiative of NBCFDC, by DG, CCRAS.
- Organised one day GCP Training program for all the Investigators and Project Staff of SMART 3.0
- Organized visit a team of students and 02 faculties from Samata Ayurvedic Medical College, Hospital & Research Centre visited CCRAS-Central Ayurveda Research Institute (CARI), New Delhi on 26.02.2026
- Organised SIDCER FERCAP Survey visit from the conference Room, CARI, ND from 09.03.2026 to 12.03.2026 at CARIND.
- Organized meeting of ICC (Internal Complaint Committee) as Chair Person of the Committee with all the nominated members and Advocate Lata Lochav as legal member 17.03.2026.
- Organized online Hindi workshop on IT Tools for translation and Rajbhasha Niti with invited speaker shri Keval krishan Retired Scientist F Rastriya suchna vibhagh 28.03.2026.
- Organized a technical Review meetings chaired by the Director (Institute), CARI, Punjabi Bagh on monthly basis throughout the year.

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केंद्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली

वार्षिक प्रगति रिपोर्ट का सारांश

(2025-2026)

परिचय: -

केंद्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), नई दिल्ली, जिसकी स्थापना 1979 में केंद्रीय आयुर्वेदिक विज्ञान अनुसंधान परिषद (सीसीआरएएस) के तहत की गई थी, आयुष मंत्रालय, भारत सरकार, एक प्रमुख संस्थान है जो आयुर्वेद में नैदानिक अनुसंधान को आगे बढ़ाने के लिए समर्पित है। संस्थान मुख्य रूप से जीवनशैली से संबंधित और गैर-संचारी रोगों पर ध्यान केंद्रित करता है, जिसमें हृदय संबंधी विकारों और निवारक कार्डियोलॉजी पर विशेष जोर दिया जाता है।

वर्ष 2025-26 के दौरान, संस्थान ने अपने अनुसंधान और गुणवत्ता ढांचे को मजबूत करने में उल्लेखनीय मील के पत्थर हासिल किए। इसे गुणवत्ता प्रबंधन प्रणालियों के प्रति अपनी प्रतिबद्धता को सुदृढ़ करते हुए, भारतीय मानक ब्यूरो (बीआईएस) द्वारा आईएस/आईएसओ 9001: 2015 के तहत 4 अप्रैल 2025 को प्रमाणन प्रदान किया गया था। संस्थान ने एसआईडीसीईआर-एफईआरसीएपी और एटीएबी सहित अंतर्राष्ट्रीय और राष्ट्रीय मान्यता प्रक्रियाओं में भी प्रगति की। इसके अलावा, इसने भारतीय स्वास्थ्य सेवा क्षेत्र कौशल परिषद से संबद्ध स्व-वित्तपोषित एक वर्षीय पंचकर्म तकनीशियन पाठ्यक्रम का संचालन जारी रखा। संस्थान ने एम्स और सफदरजंग अस्पताल जैसे प्रमुख संस्थानों के साथ अपनी सहयोगात्मक अनुसंधान पहलों को भी बढ़ाया है, जिससे रोगी देखभाल, सुरक्षा और अनुसंधान उत्कृष्टता के उच्च मानकों को सुनिश्चित किया जा सके।

भाग- क

सहयोगात्मक नैदानिक अनुसंधान परियोजनाएँ

क 1) परियोजना का शीर्षक: माइग्रेन के प्रबंधन में आयुष एम -3 का डबल ब्लाइंड रैंडमाइज्ड प्लेसबो नियंत्रित बहु – केंद्रीय नैदानिक परिक्षण

उद्देश्य:

प्राथमिक उद्देश्य : माइग्रेन में आयुष एम -3 की नैदानिक प्रभावकारिता का आकलन करना।

गौण उद्देश्य: माइग्रेन में आयुष एम -3 की नैदानिक सुरक्षा का आकलन करना

नमूना आकार: प्रत्येक समूह में 60 रोगी (2 समूह), कुल मिलाकर 3 केंद्रों में 360 रोगियों को शामिल किया गया।

अध्ययन की अवधि: 3 वर्ष

मुख्य अन्वेषक और सह अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र. सं.	संस्थान का नाम	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम

1.	नई दिल्ली, नई दिल्ली	डॉ. श्वेता माटा, अनु.अधि. (आयु.), सीएआरआई, नई दिल्ली 08866014946	--
2.	एबीवीआईएमएस और डॉ आरएमएल अस्पताल, नई दिल्ली	डॉ ज्योति गर्ग विभागाध्यक्ष, तंत्रिका विज्ञान विभाग मोबाइल नं . 7900157900 समन्वयक: डॉ रेणु मखीजा	डॉ. सुधा कुमारी केजी, अनु.अधि. (आयु.), सीएआरआई, नई दिल्ली 9108175522 और 8281782290
3.	निमहंस, बेंगलुरु	डॉ. किशोर कुमार आर आयुर्वेद के सहायक प्रोफेसर, एकीकृत चिकित्सा विभाग 9845839174	सह मुख्य अन्वेषक : 1 डॉ. गिरीश बी कुलकर्णी तंत्रिका विज्ञान के प्रोफेसर 9035160614 09480829409 सह मुख्य अन्वेषक : 2 डॉ. उमेश सी, वैज्ञानिक सी, एकीकृत चिकित्सा विभाग।

वर्तमान स्थिति: पूर्ण

क्रम संख्या	भाग लेने वाला केंद्र	नामांकित मामलों की संख्या	पूरे किए गए मामलों की संख्या	केस ड्रॉप आउट की संख्या	जारी मामलों की संख्या है
1	सीएआरआई, नई दिल्ली	120	100	20	00
2	एटीसी, एवीबीआईएमएस, डॉ. आरएमएल अस्पताल	120	98	22	00
3	निमहंस, बैंगलोर	120	71	49	00

क 2.) परियोजना का शीर्षक: रक्तप्रदर के प्रबंधन में आयुर्वेद उपचारों की प्रभावकारिता - *एक* रैंडमाइज्ड *नियंत्रित परीक्षण*।

उद्देश्य:

प्राथमिक उद्देश्य - रक्तप्रद के प्रबंधन में आयुर्वेद उपचार की प्रभावकारिता का मूल्यांकन करना।

गौण उद्देश्य - रक्तप्रदर से पीड़ित महिलाओं के जीवन की गुणवत्ता पर आयुर्वेद उपचार की प्रभावकारिता का आकलन करना।

नमूना आकार: प्रत्येक समूह में 140 (70 रोगी)

अध्ययन की अवधि: तीन वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली, भारत।	डॉ शिवशंकर राजपूत, अनु. अधि. (आयु.) केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली 110026	1 डॉ. (प्रोफेसर) उपमा सक्सेना सीनियर स्पेशलिस्ट, प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल नई दिल्ली -110029 2 डॉ. श्वेता माटा, अनु. अधि. (आयु.) केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली 110026

वर्तमान स्थिति : पूर्ण

क्र.सं.	भाग लेने वाला केंद्र	नामांकित मामलों की संख्या	पूरे किए गए मामलों की संख्या	केस ड्रॉप आउट की संख्या	जरी मामलों की संख्या
1.	वीएमएमसी और सफदरजंग अस्पताल, एनडीनई दिल्ली	140	133	07	00

क 3) घुटने के ऑस्टियोआर्थराइटिस के प्रबंधन में आयुर्वेद चिकित्सीय व्यवस्था का उपचार पालन, सहनशीलता और सुरक्षा: एक ओपीडी आधारित अध्ययन।

<u>उद्देश्य:</u>

प्राथमिक उद्देश्य: घुटने के ऑस्टियोआर्थराइटिस के प्रबंधन में आयुर्वेद चिकित्सीय व्यवस्था के उपचार पालन, सहनशीलता और सुरक्षा का मूल्यांकन करना

गौण उद्देश्य: घुटने के दर्द, अकड़न और शारीरिक कार्य पर आयुर्वेद चिकित्सीय व्यवस्था की प्रभावकारिता का मूल्यांकन करना। एनाल्जेसिक औषधि की आवश्यकता में परिवर्तन का मूल्यांकन करने, अध्ययन उपचार के बाद जीवन की गुणवत्ता में परिवर्तन का मूल्यांकन करने के लिए|

नमूना आकार: नमूना आकार 480 (प्रत्येक केंद्र पर 120 और पुनर्वितरित नमूना आकार हरिद्वार विश्वविद्यालय को 105 और पारुल विश्वविद्यालय को 135)

अध्ययन की अवधि: 24 माह

वर्तमान स्थिति : पूर्ण

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: सहयोगात्मक अध्ययन

क्र.सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम
1.	गुरुकुल	प्रोफेसर उत्तम कुमार शर्मा
2.	आरजीजीपीजीएसी और एच-पाप्रोला	प्रोफेसर विजय चौधरी
3.	पारुल विश्वविद्यालय - वडोदरा	डॉ हेमंत तोशीखाने
4.	बीएचयू-वाराणसी	प्रोफेसर जय प्रकाश सिंह
5.	नई दिल्ली, नई दिल्ली (समन्वय केंद्र)	डॉ साक्षी शर्मा डॉ. किशोर पटेल

क 4) आयरन डेफिशिएंसी एनीमिया के प्रबंधन में आयुर्वेदिक औषधि धात्री लौह की सह*नशीलता, उपचार* का पालन और सुरक्षा: एक ओपन लेबल सिंगल आर्म नैदानिक अध्ययन (सीसीएल 0077)

<u>उद्देश्य:</u>

- **प्राथमिक उद्देश्य:** आयरन की कमी से होने वाले एनीमिया के प्रबंधन में मौखिक आयुर्वेदिक फॉर्मूलेशन - धात्री लौह प्राप्त करने वाले प्रतिभागियों में सहनशीलता और औषधि पालन का आकलन करना।
- **गौण उद्देश्य:** आयरन की कमी से होने वाले एनीमिया के प्रबंधन में धात्री लौह की सुरक्षा का आकलन करना। आयरन की कमी से होने वाले एनीमिया के प्रबंधन में धात्री लौह की प्रभावकारिता का आकलन करने के लिए|

नमूना आकार: 480 (प्रत्येक केंद्र से 120)

अध्ययन की अवधि: 2 वर्ष + 6 माह

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: सहयोगात्मक अध्ययन

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम
1.	सीबीपीएसीएस - नई दिल्ली	डॉ. सुभाष साहू
2.	एमएसएम खानपुर, सोनीपत	डॉ. गति कृष्ण पांडा
3.	आरजीजीपीजीएसी और एच, पप्रोला	प्रोफेसर विजय चौधरी
4.	एसएएमसी और एच, इंदौर	डॉ रत्नाप्रवा मिश्रा
5.	सीएआरआई, नई दिल्ली - समन्वय संस्थान	डॉ. सीमा जैन, अनु. अधि. (आयु.)- सह- अन्वेषक डॉ रेणु रानी, अनु. अधि. (आयु.)- सह-मुख्य अन्वेषक

वर्तमान स्थिति: पूर्ण

क्र.सं.	भाग लेने वाले केंद्र का नाम	कुल लक्ष्य	नामांकित प्रतिभागियों की कुल संख्या	सफलतापूर्वक पूर्ण प्रतिभागियों की संख्या	ड्रॉप आउट प्रतिभागियों की संख्या
1.	सीबीपीएसीएस - नई दिल्ली	120	120	118	02
2.	एमएसएम खानपुर, सोनीपत	120	120	117	03
3.	आरजीजीपीजीएसी और एच, पप्रोला	120	120	119	01
4.	एसएएमसी और एच, इंदौर	120	120	117	03
कुल		**490**	**490**	**471**	**09**

क 5) स्थिर कोरोनरी धमनी रोग में मानक देखभाल के लिए अतिरिक्त के रूप में आयुर्वेद उपचारों की प्रभावकारिता (पुष्कर गुग्गुलु और हरितकी): एक डबल-ब्लाइंड रैंडमाइज्ड नियंत्रित अध्ययन

<u>उद्देश्य:</u>

प्राथमिक उद्देश्य: स्थिर कोरोनरी धमनी रोग के रोगियों में मानक देखभाल बनाम एकल मानक देखभाल के साथ एक अतिरिक्त चिकित्सा के रूप में पुष्कर गुग्गुलु और हरितकी की नैदानिक प्रभावकारिता की तुलना करना

गौण उद्देश्य: स्थिर कोरोनरी धमनी रोग के रोगियों में मानक देखभाल के साथ एक अतिरिक्त चिकित्सा के रूप में पुष्कर गुग्गुलु और हरितकी की सुरक्षा का आकलन करना

नमूना आकार: 100 (प्रति समूह 50)

अध्ययन की अवधि: 3 वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: सहयोगात्मक अध्ययन

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम
1.	हृदय रोग विभाग, सफदरजंग अस्पताल, अंसारी नगर पूर्व, नई दिल्ली **-29**	डॉ. अनुनय गुप्ता एसोसिएट प्रोफेसर, कार्डियोलॉजी विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली
2.	**केएआरआई, रोड नं**. 66 , **पंजाबी बाग, नई दिल्ली** -26	डॉ साक्षी शर्मा अनु. अधि. (आयु.), सीएआरआई, नई दिल्ली

वर्तमान स्थिति: जारी है

क्र.सं.	संस्थान का नाम	लक्ष्य नमूना आकार	अब तक जांच किए गए	अभी तक नामांकित	अभी तक जारी रहने वाले	अब तक सफलतापूर्वक पूर्ण	वर्तमान परियोजना की स्थिति

			प्रतिभागियों की संख्या	प्रतिभागियों की संख्या	प्रतिभागियों की संख्या	प्रतिभागियों की संख्या	
1.	हृदय रोग विभाग वीएमएमसी और सफदरजंग अस्पताल, अंसारी नगर, पूर्वी नई दिल्ली	100	81	80	21	46	जारी

क 6) "हरियाणा के बल्लभगढ़ जिले में बुजुर्ग आबादी के मध्य जीवन की गुणवत्ता पर आयुर्वेद आहार के 1 उत्तरदाताओं के सीमित अध्ययन की एक खोजपूर्ण श्रृंखला - एक समुदाय आधारित अध्ययन"

<u>उद्देश्य:</u>

प्राथमिक उद्देश्य: हरियाणा के बल्लभगढ़ जिले की आबादी में बुजुर्गों के जीवन की गुणवत्ता पर आयुर्वेद आहार के प्रभाव का आकलन करना।

गौण उद्देश्य: हरियाणा के बल्लभगढ़ जिले की आबादी में बुजुर्गों पर आयुर्वेद आहार के विभिन्न हेमेटोलॉजिकल और बायोकेमिकल, रेडियोलॉजिकल मापदंडों के प्रभाव का आकलन करना। हरियाणा के बल्लभगढ़ जिले में बुजुर्ग आबादी की स्वास्थ्य स्थिति पर आयुर्वेद आहार के प्रभाव का आकलन करने हेतु

नमूना आकार: स्क्रीनिंग के लिए 400 और 120 उत्तरदाता

अध्ययन की अवधि: 30 माह

मुख्य अन्वेषक और सह अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र. सं.	संस्थान का नाम	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम
1	व्यापक ग्रामीण स्वास्थ्य सेवा परियोजना, बल्लभगढ़ राष्ट्रीय राजमार्ग, 2 , मथुरा रोड, बल्लभगढ़, फरीदाबाद, हरियाणा - 121004 के तहत एम्स, नई दिल्ली	डॉ पुनीत मिश्रा प्रोफेसर, सामुदायिक चिकित्सा केंद्र, एम्स, नई दिल्ली। टेलीफोन : 011 - 26593773 ई मेल : .	1 डॉ. संजय के राय, प्रोफेसर, सामुदायिक चिकित्सा केंद्र, एम्स, नई दिल्ली। 2 डॉ. गौतम शर्मा प्रोफेसर, कार्डियोलॉजी विभाग, एम्स, नई दिल्ली। 3 डॉ. हर्षल साल्वे अतिरिक्त प्रोफेसर, सामुदायिक चिकित्सा केंद्र, एम्स, नई दिल्ली।
2	सीसीआरएएस सीएआरआई, नई दिल्ली।		1 डॉ. अनघा रानाडे अनुसंधान अधिकारी (आयु.) सीसीआरएएस, जनकपुरी, नई दिल्ली -110058

			2 डॉ. बबीता यादव अनुसंधान अधिकारी (आयु), सीएआरआई, पंजाबी बाग (पश्चिम), नई दिल्ली -110026 3 डॉ. किशोर पटेल अनुसंधान अधिकारी (एवाई), आयु), सीएआरआई, पंजाबी बाग (पश्चिम), नई दिल्ली -110026 टेलीफोन/मोब: 7405403106 ई मेल: kishoreworld007@gmail.com

वर्तमान स्थिति में रन के लिए:

प्रारंभ होने की तिथि	लक्ष्य	अभी तक स्क्रीन विफलता की संख्या	अभी तक नामांकित रोगियों की संख्या	अभी तक सफलतापूर्वक पूर्ण होने वाले रोगियों की संख्या	अभी तक ड्रॉप आउट रोगियों की संख्या	अभी तक जारी रोगियों की संख्या	एडीआर/एई/एसएई की संख्या वर्तमान माह के दौरान (विवरण के साथ)
12.02	400	140	174	127	29	18	00

मुख्य परीक्षण अवधि के लिए वर्तमान स्थिति - जारी है

प्रारंभ होने की तिथि	लक्ष्य	अभी तक स्क्रीन विफलता की संख्या	अभी तक नामांकित रोगियों की संख्या	अभी तक सफलतापूर्वक पूर्ण होने वाले रोगियों की संख्या	अभी तक ड्रॉप आउट रोगियों की संख्या	जारी रोगियों की संख्या अभी तक	एडीआर/एई/एसएई की संख्या वर्तमान माह के दौरान (विवरण के साथ)
12.02	120	00	107	41	8	58	04

क 7) उच्च रक्तचाप प्रेरित लेफ्ट वेंट्रिकुलर हाइपरट्रॉफी में "अंशुमति क्षीर पाक" का रैंडमाइज्ड नियंत्रित परीक्षण

उद्देश्य:

क. **प्राथमिकः** उच्च रक्तचाप प्रेरित लेफ्ट वेंट्रिकुलर हाइपरट्रॉफी में "अंशुमति क्षीर पाक" की प्रभावकारिता।

ख. **गौण:** उच्च रक्तचाप प्रेरित लेफ्ट वेंट्रिकुलर हाइपरट्रॉफी में "अंशुमति क्षीर पाक" की सुरक्षा।

नमूना आकार: प्रत्येक समूह में 110 (55 रोगी)

अध्ययन की अवधि: तीन वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र.सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह-अन्वेषक का नाम
1.	हृदय रोग विभाग, सुपरस्पेशलिटी ब्लॉक, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली, भारत।	1 डॉ पुनीत गुप्ता एसोसिएट प्रोफेसर (कार्डियोलॉजी) वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली 2 डॉ नेहा दुबे अनु. अधि. (आयु.) नई दिल्ली, नई दिल्ली सीसीआरएएस, मुख्यालय	डॉ. अनुनय गुप्ता एसोसिएट प्रोफेसर (कार्डियोलॉजी) वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली डॉ.राजपूत शिवशंकर अनुसंधान अधिकारी (आयुर्वेद) एटीसी, सफदरजंग अस्पताल, नई दिल्ली डॉ बबीता यादव, अनु.अधि. (आयु.) नई दिल्ली
2.	केन्द्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली	-	डॉ.कल्पना कचरे, अनु. अधि. (आयु.), सीसीआरएएस, मुख्यालय, नई दिल्ली

वर्तमान स्थिति: चल रही है

क्र.सं.	भाग लेने वाला केंद्र	नामांकित मामलों की संख्या	पूरे किए गए मामलों की संख्या	ड्रॉप आउट मामलों की संख्या	जारी मामलों की संख्या
1.	सफदरजंग अस्पताल, नई दिल्ली	**95**	**57**	**03**	**35**

क 8) ऑस्टियोपेनिया से पीड़ित रजोनिवृत्ति के बाद की महिलाओं में आयुष ओस्टो (कोडिड आयुर्वेदिक फॉर्मूलेशन) की प्रभावशीलता - एक संभावित सिंगल आर्म बहु केंद्रीय अध्ययन। (सीसीएल0090)

<u>उद्देश्य:</u>

प्राथमिक उद्देश्यः ऑस्टियोपेनिया से पीड़ित रजोनिवृत्ति के बाद की महिलाओं में अस्थि खनिज घनत्व में आयुष ओस्टो की प्रभावशीलता का मूल्यांकन करना

गौण उद्देश्य: ऑस्टियोपेनिया से पीड़ित रजोनिवृत्ति के बाद की महिलाओं में आयुष ओस्टो की सुरक्षा और सहनशीलता का आकलन करना। ऑस्टियोपेनिया से पीड़ित रजोनिवृत्ति के बाद की महिलाओं में आयुष ओस्टो के उपचार के अनुपालन का आकलन करना

नमूना आकार: 110 (प्रत्येक केंद्र के लिए 55)

अध्ययन की अवधि: 2 वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: सहयोगात्मक अध्ययन

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम

1	केन्द्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली	डॉ. बबीता यादव	डॉ रेणु रानी
2	अखिल भारतीय आयुर्वेद संस्थान, नई दिल्ली	डॉ मीनाक्षी पांडे	डॉ संदीप सिंह तिवारी
3	पारुल इंस्टीट्यूट ऑफ आयुर्वेद एंड रिसर्च, वडोदरा, गुजरात	डॉ दिव्या बी	डॉ. अनघा माथाड

वर्तमान स्थिति: परीक्षण के लिए प्रतिभागियों का बीमा कवरेज प्राप्त करने के बाद अभी तक शुरू नहीं किया गया है।

क 9) स्पष्ट रूप से स्वस्थ वयस्कों में चयापचय, सूजन और माइक्रोबायोम मार्करों पर वसंतिक वमन का प्रभाव - एक खोजपूर्ण रैंडमाइज्ड नियंत्रित अध्ययन। (प्रोजेक्ट कोड - सीसीएल0106)

उद्देश्य:

प्रमुख उद्देश्य:

आमतौर पर स्वस्थ व्यक्तियों में आंत माइक्रोबायोम संरचना और आंत माइक्रोबायोटा से व्युत्पन्न मेटाबोलाइट्स पर वसंतिक वमन देने के प्रभाव का आकलन करने के लिए।

गौण उद्देश्य: स्पष्ट रूप से स्वस्थ व्यक्तियों में चयापचय प्रोफाइल पर वसंतिक वमन देने के प्रभाव का आकलन करना। स्पष्ट रूप से स्वस्थ व्यक्तियों के मूत्र माइक्रोबायोम पर वसंतिक वमन देने के प्रभाव का आकलन करने के लिए। स्पष्ट रूप से स्वस्थ व्यक्तियों में पोषण प्रोफाइल पर वसंतिक वमन देने के प्रभाव का आकलन करने के लिए। आमतौर पर स्वस्थ व्यक्तियों में आंत माइक्रोबायोम संरचना और इसके चयापचय उत्पादों पर वसंतिक वमन देने के प्रभाव का आकलन करने के लिए। मौखिक माइक्रोबायोम संरचना पर स्पष्ट रूप से स्वस्थ व्यक्तियों में वसंतिक वमन देने के प्रभाव का आकलन करना और सूजन मार्करों पर स्पष्ट रूप से स्वस्थ व्यक्तियों में वसंतिक वमन देने के प्रभाव का भी आकलन करना

नमूना आकार: 40

अध्ययन की अवधि: 1 वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: सहयोगात्मक अध्ययन

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह -मुख्य अन्वेषक /सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. बबीता यादव	डॉ. शैज़ी लईक डॉ रेणु रानी
2.	जवाहर लाल नेहरू विश्वविद्यालय	प्रो. डॉ. अरुण खराट	-
3.	ए एंड यू टिब्बिया कॉलेज एंड हॉस्पिटल, नई दिल्ली	प्रो. डॉ मनोज शामकुवर	डॉ. नितिन जिंदल

वर्तमान स्थिति: अभी तक शुरू नहीं किया गया है|

क10) वृद्ध वयस्कों में एनीमिया के प्रबंधन में पुनर्नवादी मंडूर की प्रभावशीलता: एक सामुदायिक-आधारित अध्ययन।

उद्देश्य:

प्राथमिक उद्देश्य: पुनर्नवादी मंडूर के साथ उपचार के बाद हीमोग्लोबिन सामान्यीकरण प्राप्त करने वाले हल्के से मध्यम एनीमिया वाले वृद्ध वयस्कों (60 वर्ष से अधिक) के अनुपात का अनुमान लगाना

गौण उद्देश्य: एनीमिया से पीड़ित वृद्ध वयस्कों में रक्त संबंधी सूचकांकों, आयरन से संबंधित जैव रासायनिक मापदंडों (सीरम फेरिटिन, ट्रांसफर्रिन) और उच्च संवेदनशीलता सी-रिएक्टिव प्रोटीन पर पुनर्नवादी मंडूर के प्रभाव का आकलन करना। एनीमिया वाले वृद्ध वयस्कों में लिवर फंक्शन टेस्ट, किडनी फंक्शन टेस्ट, अनुमानित ग्लोमेरुलर निस्पंदन दर (ईजीएफआर), और मूत्र एल्ब्यूमिन-क्रिएटिनिन अनुपात (यूएसीआर) के माध्यम से पुनर्नवादी मंडूर की सुरक्षा का मूल्यांकन करने के लिए। पुनर्नवादी मंडूर देने पर अध्ययन प्रतिभागियों के हीमोग्लोबिन में औसत परिवर्तन के संदर्भ में प्रतिक्रिया दर जानने के लिए एनीमिया से पीड़ित वृद्ध वयस्कों के स्वास्थ्य संबंधी जीवन की गुणवत्ता पर पुनर्नवादी मंडूर का प्रभाव आकलन करने के लिए। वृद्ध वयस्कों में एनीमिया के लक्षणों (अर्थात थकान की गंभीरता, भूख न लगना, परिश्रम पर सांस फूलना, चक्कर आना, धड़कन बढ़ना, सामान्यीकृत कमजोरी और पीलापन) पर पुनर्नवादी मंडूर के प्रभाव का आकलन करने के लिए। अध्ययन प्रतिभागियों की गतिशीलता और कार्यात्मक स्थिति पर पुनर्नवादी मंडूर प्रशासन के प्रभाव का आकलन करना तथा एक संरचित प्रश्नावली और संक्षिप्त गुणात्मक साक्षात्कारों का उपयोग करके सामुदायिक सेटिंग में हस्तक्षेप की स्वीकार्यता, पालन और उपयोगकर्ता अनुभव का मूल्यांकन करना

नमूना आकार: (9 सहयोगात्मक साइट पर), सीसीआरएएस-सीएआरआई, नई दिल्ली -250

अध्ययन की अवधि: 18 माह

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: सहयोगात्मक अध्ययन

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह-मुख्य अन्वेषक /सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ सरोज देवी सह-मुख्य अन्वेषक - डॉ. बबीता यादव	डॉ. शैज़ी लईक डॉ रेणु रानी डॉ ऐश्वर्या
2.	सीएआरआई, गुवाहाटी	डॉ. जेउती रानी दास, अनु. अधि. (आयु.)	डॉ. प्रेम लाल भारती डॉ. गिरिन्द्र कुमार बोरा
3.	आरएआरआई नागपुर	डॉ विलास गंगुर्डे, अनु. अधि. (आयु.)	डॉ वनमाला वाकोडे डॉ. सुमेध पैकराव
4.	आरएआरआई जयपुर	डॉ. किशोर ए. गवली	डॉ. अविनाश कुमार जैन डॉ. मोनिका कुमारी
5.	सीबीपीएसीएस, नई दिल्ली	डॉ योगेश कुमार पांडे	डॉ सुभाष साहू डॉ पंकज कटारा
6.	जीएसी, पप्रोला	प्रो. डॉ विजय चौधरी	डॉ. माणिक सोनी डॉ. प्रियंका भारद्वाज
7.	जीएसी, रीवा	प्रो. डॉ. दीपक कुलश्रेष्ठ	डॉ. जिनेश जैन

			डॉ. मुरारी गिरारे
8.	जीएसी, नागपुर	डॉ अमित नाकेनेकर	प्रो. डॉ. धनंजय विट्ठल हांगे डॉ मंजिरी वैभव भेंडे
9.	एनईआईएएच, शिलांग	प्रो. डॉ विजय कुमार	डॉ. बिष्णु चौधरी डॉ रेहाना परवीन

वर्तमान स्थिति: अभी तक शुरू नहीं किया गया है

ख. बाह्यवर्ती अनुसन्धान परियोजनाएं

ख1) परियोजना का शीर्षक: पी*सीओएस में आयुर्वेदिक प्रबंधन की प्रभावकारिता का नैदानिक मूल्यांकन - एक रैंडमाइज्ड ओपन-लेबल नियंत्रण परीक्षण।* (*परियोजना कोड* - आईसीएल0226)

उद्देश्य:

प्राथमिक उद्देश्यः पीसीओएस में अनियमित मासिक धर्म चक्र/एनोव्यूलेशन और हिर्सुटिज्म पर आयुर्वेदिक प्रबंधन की चिकित्सीय प्रभावकारिता का आकलन करना।

गौण उद्देश्य: मुँहासे, एकैंथोसिस निग्रिकन्स और बीएमआई पर आयुर्वेदिक प्रबंधन की चिकित्सीय प्रभावकारिता का आकलन करना।

नमूना आकार: 180 (प्रत्येक समूह में 90 रोगी)

अध्ययन की अवधि: तीन साल

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीआरयू, सफदरजंग अस्पताल, नई दिल्ली, भारत।	डॉ शिवशंकर राजपूत, अनु. अधि. (आयु.), सीएआरआई, पंजाबी बाग, नई दिल्ली 110026	1 डॉ। (प्रोफेसर) उपमा सक्सेना वरिष्ठ विशेषज्ञ, प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली -110029 2 डॉ. श्वेता माटा, अनु. अधि. (आयु.), सीएआरआई, पंजाबी बाग, नई दिल्ली 110026

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र:

वर्तमान स्थिति : पूर्ण हो

क्र. सं.	भाग लेने वाला केंद्र	नामांकित मामलों की संख्या	पूरे किए गए मामलों की संख्या	ड्रॉपआउट मामलों की संख्या	जारी मामलों की संख्या

1.	सीआरयू, सफदरजंग अस्पताल, नई दिल्ली, भारत।	180	158	22	00

ख 2) क्रोनिक एनल फिशर के प्रबंधन में यष्टिमधु घृत एनल इन्फिल्ट्रेशन और डिल्टियाज़ेम सामयिक अनुप्रयोग की प्रभावकारिता की तुलना करना - एक ओपन-लेबल रैंडमाइज्ड नियंत्रित परीक्षण

<u>उद्देश्य:</u>

प्राथमिक उद्देश्य:

2% डिल्टियाज़ेम सामयिक अनुप्रयोग की तुलना में एनल फिशर के उपचार पर यष्टिमधु घृत एनल इन्फिल्ट्रेशन की प्रभावकारिता निर्धारित करने के लिए

गौण उद्देश्य:

- 2% डिल्टियाज़ेम सामयिक अनुप्रयोग के साथ तुलना में दर्द और रक्तस्राव को कम करने में यष्टिमधु घृत एनल इन्फिल्ट्रेशन की प्रभावकारिता का निर्धारण
- 2% डिल्टियाज़ेम सामयिक अनुप्रयोग की तुलना में एनल फिशर की पुनरावृत्ति को रोकने के लिए यष्टिमधु घृत एनल इन्फिल्ट्रेशन की प्रभावकारिता निर्धारित करने के लिए।
- 2% डिल्टियाज़ेम सामयिक अनुप्रयोग की तुलना में यष्टिमधु घृत एनल इन्फिल्ट्रेशन की सुरक्षा का आकलन करने के लिए

नमूना आकार: 100 (प्रत्येक समूह में 50)।

अध्ययन की अवधि: 2 वर्ष 6 माह 19 दिन

वर्तमान स्थिति: अध्ययन पूरा हुआ और लक्ष्य प्राप्त किया गया। यूसी समायोजन हो गया है, प्रोटोकॉल लेख प्रकाशित किया जाता है, और मूल शोध लेख सर्जरी ओपन साइंसेज, एल्सेवियर प्रकाशन में प्रस्तुत किया जाता है और समीक्षा के अधीन है।

ख 3) "विश्वविद्यालय के छात्रों में तनाव के प्रबंधन में आयुष एसआर टैबलेट की प्रभावकारिता और सुरक्षा - एक डबल-ब्लाइंड रैंडमाइज्ड प्लेसीबो-नियंत्रित अध्ययन"

उद्देश्य:

प्राथमिक उद्देश्य: विश्वविद्यालय के छात्रों में तनाव के प्रबंधन में आयुष-एसआर की नैदानिक प्रभावकारिता का आकलन करना

गौण उद्देश्य: विश्वविद्यालय के छात्रों में तनाव के प्रबंधन में आयुष-एसआर की नैदानिक सुरक्षा का आकलन करना।

नमूना आकार: प्रत्येक समूह में 70 (प्रत्येक समूह में 35)

अध्ययन की अवधि: दो वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: आईएमआर परियोजना

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम

1.	केन्द्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), रोड नं. 66, पश्चिम पंजाबी बाग, नई दिल्ली -110026	डॉ. कुलदीप, अनु. अधि. (आयु.)

क्र. सं.	भाग लेने वाले केंद्र का नाम	आरंभ होने की तारीख *
1.	अध्ययन स्थल - सीसीआरएएस जेएनयू आयुर्वेद उपचार और अनुसंधान सुविधा, जेएनयू स्वास्थ्य केंद्र नई दिल्ली के तहत	11.03.2024

वर्तमान स्थिति: कुल स्क्रीन - 86, नामांकित -70, पूर्ण हो गया- 62 , ड्रॉप आउट्स - 8 , जारी है- 0

ख 4) क्रॉनिक राइनो- साइनसाइटिस में षडबिंदु तैल मर्ष नस्य और चित्रक हरितकी अवलेह की प्रभावकारिता और सुरक्षा का मूल्यांकन: एक रैंडमाइज्ड बहुकेंद्र अध्ययन। (परियोजना कोड - आईसीएल0262)

<u>उद्देश्य:</u>

प्राथमिक उद्देश्यः क्रोनिक राइनो-साइनसाइटिस वाले रोगियों में पारंपरिक नियंत्रण (आईएनसीएस) के मुकाबले आयुर्वेद उपचार की प्रभावकारिता का आकलन करना

गौण उद्देश्यः क्रोनिक राइनो-साइनसाइटिस वाले रोगियों में पारंपरिक नियंत्रण (आईएनसीएस) के मुकाबले आयुर्वेद उपचार की सुरक्षा का आकलन करना।

नमूना आकार: 160 (प्रत्येक संस्थान से 80)

अध्ययन की अवधि: दो वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	**सीएआरआई, नई दिल्ली**	**<u>मुख्य अन्वेषक</u>** : डॉ. श्वेता माटा, एमएस, पीएचडी *(आयु.-शालाक्य तंत्र*), अनुसंधान अधिकारी (आयु.), सीएआरआई, नई दिल्ली। <u>shwetamatadr@gmail.com</u> <u>8866014946</u>	**<u>सह-मुख्य अन्वेषक</u>** 1): डॉ. आशिमा जैन, <u>एमबीबीएस, एमडी (पैथ.)</u>, अनु. अधि. (पैथ.) सीएआरआई, नई दिल्ली। 8971121641 **सह-अन्वेषक** 2): डॉ. श्रवण साहू, एमएस, पीएचडी (*अय-शलाक्य तंत्र),* अनुसंधान अधिकारी (आयु.), सीएआरआई, नई दिल्ली, drsahu79@gmail.com 7500799915
2.	**आरएआरआई, पटना**	**मुख्य अन्वेषक** : डॉ. कुमारी अर्चना अनु. अधि. (आयु.) एमएस (*शालाक्य* तंत्र), पीएच.डी. (आयु)	**सह-मुख्य अन्वेषक** : डॉ. (मेजर) मधुकर (वैज्ञानिक सी), आरएमआरआई, आगम कुआं, पटना

		आरएआरआई, पटना -07 7046074206 archana06bly@gmail.com 6300198391	madhukarcaptpatna@gmail.com 9934064900 **सह-अन्वेषक:** डॉ बालाजी पोटभरे अनुसंधान अधिकारी (आयु), एमडी आरएआरआई, पटना, पिन कोड : 800007 Balaji_potbhare@yahoo.com

वर्तमान स्थिति: चल रही है

क्रम सं.	भाग लेने वाला केंद्र	नामांकित मामलों की संख्या	पूरे किए गए मामलों की संख्या	ड्रॉपआउट मामलों की संख्या	जारी मामलों की संख्या
1.	सीएआरआई, नई दिल्ली	13	00	00	13
2.	आरएआरआई, पटना	35	00	03	32

ख 5) "अपरिपक्व मोतियाबिंद में व्यवहार्यता अध्ययन के साथ अंजन कर्म के लिए मानक संचालन प्रक्रिया और अभ्यास दिशानिर्देशों के विकास के लिए एक नैदानिक सहमति अध्ययन" (परियोजना कोड - आईसीएल0265)

प्राथमिक उद्देश्य: अंजन कर्म की मानकीकृत संचालन प्रक्रिया और अभ्यास दिशानिर्देशों का विकास

गौण उद्देश्य: खुराक रूप, उपयोग की गई औषधि के तापमान, प्रक्रियाओं के लिए प्रतिधारण समय और सुरक्षा निर्देशों के संबंध में प्रक्रिया के लिए दिशानिर्देश तैयार करना

नमूना आकार: प्रत्येक संस्थान से 60 (30)

अध्ययन की अवधि: एक वर्ष

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	मुख्य अन्वेषक - डॉ. श्रवण साहू, एमएस, पीएचडी (आय-शलक्य तंत्र), अनुसंधान अधिकारी (आयु.), सीएआरआई, नई दिल्ली drsahu79@gmail.com	सह-मुख्य अन्वेषक : डॉ. श्वेता माटा, एमएस, पीएचडी *(आयु,-शलाक्य तंत्र)*, अनुसंधान अधिकारी (आयु.), सीएआरआई, नई दिल्ली। shwetamatadr@gmail.com/8866014946

		7500799915	
2.	आरएआरआई, त्रिवेंद्रम	----	सह-मुख्य अन्वेषक : डॉ. प्रवीण बालकृष्णन एमएस (आयु.-शालाक्य तंत्र) अनुसंधान अधिकारी (आयु.), आयुर्वेद अनुसंधान संस्थान, पूजपुरा, त्रिवेंद्रम, पिन कोड: 695012 drpraveenbalakrishnan @gmail.com/7012911654

वर्तमान स्थिति: चल रही है (दिशानिर्देश तैयार करने का काम जारी है और नैदानिक कार्य जल्द ही शुरू किया जाएगा)

ख 6) **मायोपिया में व्यवहार्यता अध्ययन के साथ तर्पण और पुटपाक के अभ्यास दिशानिर्देशों को विकसित करने और मानकीकरण के लिए एक नैदानिक सहमति अध्ययन। (परियोजना कोड - आईसीएल0277)**

प्राथमिक उद्देश्य: तर्पण और पुटपाक क्रियाकल्प प्रक्रिया के लिए मानक परिचालन प्रक्रिया और अभ्यास दिशानिर्देश विकसित करना

गौण उद्देश्य: खुराक रूप, उपयोग की गई औषधि के तापमान, औषधियां देने की ऊंचाई, प्रक्रियाओं और सुरक्षा निर्देशों के लिए प्रतिधारण समय के संबंध में प्रक्रिया के लिए दिशानिर्देश तैयार करना। परिणाम में सुधार के लिए प्रक्रियाओं के गुणवत्ता संकेतकों का मानकीकरण। भारत के विभिन्न क्षेत्रों जैसे बेंगलुरु, केरल (चेरुथुरथी), नई दिल्ली और लखनऊ में आयोजित चयनित रोग स्थिति और उपचार में तर्पण और पुटपाक की मानकीकृत खुराक और प्रक्रिया की व्यवहार्यता, स्वीकार्यता और संभावित प्रभावशीलता का आकलन करने के लिए

नमूना आकार: प्रत्येक केंद्र में 30 (व्यवहार्यता अध्ययन के लिए न्यूनतम नमूना आकार)

अध्ययन की अवधि: एक वर्ष

क्रम सं.	संस्थान का नाम	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम
1	सीएआरआई, बेंगलुरु	डॉ. भवया बीएम, अनु. अधि. (आयु.) (आयु) (शालक्य तंत्र) मो: 9741748242 drbhavya25@gmail.com	डॉ. शुभाश्री एमएन, अनु. अधि. (आयु.) (आयु), बीएएमएस, एमडी, (द्रव्यगुण) मो: 9448016968 shubhathejas@gmail.com
2.	राष्ट्रीय पंचकर्म आयुर्वेद अनुसंधान संस्थान, चेरुतूरूथी		डॉ. कृष्णकुमार वी, अनु. अधि. (आयु.) (आयु), बीएएमएस, एमएस (आयु), पीएचडी (शलक्य तंत्र) मो: 7306892140

			drkkempran@gmail.com
3.	केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पश्चिम पंजाबी बाग़, नई दिल्ली,		डॉ. श्वेता माटा, एमएस, पीएच.डी. (आयु.-शालाक्य तंत्र), अनुसंधान अधिकारी (आयु.), सीएआरआई, नई दिल्ली। shwetamatadr@gmail.com 8866014946
4.	क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, लखनऊ		डॉ. कांबले पल्लवी नामदेव, अनु. अधि. (आयु.), एमएस (शलक्य - नेत्ररोग) मो: 8955325835 drpallavikamble24@gmail.com

वर्तमान स्थिति: चल रही है

ख 7) रक्तस्रावी बवासीर के प्रबंधन में *बोल पर्पटी और हरितकी चूर्ण बनाम* ट्रानेक्सामिक एसिड का तुलनात्मक नैदानिक मूल्यांकन: एक रैंडमाइज्ड नियंत्रित नैदानिक परीक्षण

<u>उद्देश्य:</u>

प्राथमिक उद्देश्य: रक्तस्रावी बवासीर वाले रोगियों में ट्रानेक्सामिक एसिड के मुकाबले बोलपर्पटी और हरितकी चूर्ण की प्रभावकारिता का मूल्यांकन करना।

गौण उद्देश्य: दोनों उपचार की सुरक्षा प्रोफ़ाइल का मूल्यांकन करना, जैसा कि अध्ययन अवधि के दौरान बचाव औषधि की आवश्यकता वाले प्रतिभागियों की संख्या से निर्धारित किया गया है उपचार शुरू होने के बाद सक्रिय रक्तस्राव को रोकने के लिए आवश्यक अवधि निर्धारित करें। एक मान्य बवासीर-विशिष्ट क्यूएलओआई उपकरण का उपयोग करके प्रत्येक समूह में जीवन की गुणवत्ता (क्यूएलओआई) में परिवर्तन का आकलन करने के लिए। उपचार के बाद रक्तस्राव एपिसोड या लक्षण पुनरावृत्ति की आवृत्ति का दस्तावेजीकरण करना और विजुअल एनालॉग स्केल (वीएएस) का उपयोग करके एनोरेक्टल दर्द तीव्रता में बदलावों को मापना।

नमूना आकार: 100 (प्रत्येक समूह में 50)।

अध्ययन की अवधि: 2 *वर्ष*

वर्तमान स्थिति : **जारी है**

ख 8) कार्यात्मक गेस्ट्रोइंटेस्टाइनल विकारों के लक्षणों में सुधार करने में द्राक्षवलेह की प्रभावशीलता - एक बहु-केंद्रीय अध्ययन

उद्देश्य:

प्राथमिक उद्देश्य: वयस्कों में कार्यात्मक गैस्ट्रोइंटेस्टाइनल विकारों (जैसे अपच, कब्ज, पेट फूलना या फैलाव) के लक्षणों की छूट में द्राक्षवलेह की प्रभावशीलता का मूल्यांकन करना

गौण उद्देश्य: एफजीआईडी मामलों के सामान्य कल्याण *पर द्राक्षवालेह* के प्रभाव का पता लगाना। एफजीआईडी मामलों की भूख पर द्राक्षवलेह के प्रभा*व का मूल्यांकन* करने के लिए। एफजीआईडी वाले रोगियों में द्राक्षवलेह की सहनशीलता *का आकलन करने* के लिए

नमूना आकार: 4500 (प्रति संस्थान 300 रोगी)

अध्ययन की अवधि: एक वर्ष

क्रम सं.	संस्थान का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1	आरएआरआई, ग्वालियर	डॉ डी एस रोटवार	डॉ एस बी सिंह
2	आरएआरआई, नागपुर	डॉ सुमेध पैकराओ	डॉ विलास गंगुर्डे
3	आरएआरआई, लखनऊ	डॉ. श्रीकला वी	डॉ. संजय कुमार सिंह
			डॉ आलोक कुमार श्रीवास्तव
4	सीएआरआई, भुवनेश्वर	डॉ. सुधांशु मेहर	डॉ. क्षीरोद कुमार
			डॉ. बनमाली दास
			डॉ. पूर्णेंदु पांडा
5	एनएआरआईपी, चेरुतूरूथी	डॉ पी प्रदीप	डॉ क्रिस एंटनी
			डॉ. सरिगा के एस
6	आरएआरआई, पटना	डॉ. अशोक सिन्हा	डॉ रोहित कुमार रवते
7	सीएआरआई, गुवाहाटी	डॉ. जेउती रानी दास	डॉ पी एल भारती
			डॉ अमित मदन
			डॉ मसरम प्रवीन
8	सीएआरआई, बेंगलुरु	डॉ एस के गिरी	डॉ एस एच डोड्डामानी
9	सीएआरआई, कोलकाता	डॉ. हेतलबेन अमीन	डॉ टी के मंडल
			डॉ. देबज्योति दास
			डॉ रंजीता एक्का
			डॉ शक्ति भूषण
10	आरएआरआई, जयपुर	डॉ एके जैन, आर ओ (एवाई)	डॉ भुवनेश कुमार शर्मा
			डॉ एसके वेदी
			डॉ. सुहास ए. चौधरी
			डॉ. मोनिका कुमारी
			डॉक्टर किसौर गवली
			डॉ बी आर मीणा
11	सीएआरआई, नई दिल्ली	डॉ सरोज देवी	डॉ. रथीश पी
			डॉ ऐश्वर्या के
			डॉ मीनाक्षी सूरी
12	आरएआरआई, अहमदाबाद	डॉ ए के पांडा	डॉ नीरल सोजिता
13	सीएआरआई, पटियाला	डॉ अमित गजमल	डॉ संदीप बाहेती
			डॉ संगीता सांगविकर

14	आरएआरआई, विजयवाड़ा	डॉ सुजाता ढोके	डॉ सविता गोपोड
			डॉ मिधुन मोहन
15	सीएआरआई, मुंबई	डॉ गोविंद रेड्डी	डॉ. अनिल अव्हाद
			डॉ विपिन शर्मा

वर्तमान स्थिति: चल रही है

ग.) सर्वेक्षण अध्ययन

ग.1) एनएलईएएम में शामिल आयुर्वेदिक औषधियों के लेबलिंग सूचना का व्यवस्थित सर्वेक्षण और डी एंड सी अधिनियम 1940 के नियम 161 और नियम 1945 के अनुपालन में भारत में किया गया विपणन

उद्देश्य:

प्राथमिक उद्देश्य:

- डी एंड सी अधिनियम के नियम 161 और नियम 1945 के अनुपालन में भारत में विपणन किए गए पारंपरिक आयुर्वेदिक फॉर्मूलेशन के लेबलिंग पैटर्न का मूल्यांकन करने के लिए।

गौण उद्देश्य:

- लेबलिंग प्रथाओं के कार्यान्वयन और फार्माकोविजिलेंस प्रणाली में सुधार करने के लिए।

अध्ययन की अवधि: 12 माह

मुख्य अन्वेषक के साथ भाग लेने वाले केंद्र:

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ साक्षी शर्मा
2.	आरएआरआई, लखनऊ	डॉ. अंजलि प्रसाद
3.	आरएआरआई, त्रिवेंद्रम	डॉ.वर्षा सुमेधन
4.	केएआरआई, कोलकाता	डॉ. शक्ति भूषण
5.	केएआरआई, मुंबई (नोडल संस्थान)	डॉ. दत्तात्रेय दिघे

वर्तमान स्थिति:

1. अध्ययन के प्रोटोकॉल और उद्देश्य के अनुसार शुरू में ऑफ़लाइन दिल्ली बाजार सर्वेक्षण किया गया था, राष्ट्रीय आवश्यक आयुर्वेदिक औषधियों की सूची (एनएलईएएम) के अनुसार विभिन्न विक्रेताओं से 639 औषधियों की पहचान की गई। परियोजना की उपलब्धता और उद्देश्य के अनुसार तुलनात्मक विश्लेषण के बाद, 756 पारंपरिक औषधियां अर्थात 368 ऑफ-लाइन और 388 ऑन-लाइन सीएआरआई, नई दिल्ली को आवंटित की गईं| प्रोटोकॉल के सभी निर्देशों का पालन करते हुए 368 आवंटित औषधियों में से 350 औषधियां ऑफलाइन खरीदी गईं और 388 ऑनलाइन आवंटित औषधियों में से 250 औषधियां उपलब्धता के अनुसार ऑनलाइन खरीदी गईं।

2. डी एंड सी अधिनियम के नियम 161 और नियम 1945 के अनुपालन में, दिल्ली में विपणन किए गए पारंपरिक आयुर्वेदिक फॉर्मूलेशन की खरीद के दस्तावेजीकरण के साथ लेबल कैप्चरिंग 350 ऑफ़लाइन उत्पादों और 250 ऑनलाइन जनवरी, 2026 तक किया गया है। इस प्रकार कुल 600 पारंपरिक औषधियों का दस्तावेजीकरण किया गया और परियोजना को विस्तारित निर्धारित समय में पूरा कर लिया गया। समेकित डेटा संकलन और आगे सीसीआरएएस मुख्यालय को प्रस्तुत करने के लिए नोडल संस्थान आरएआरआई मुंबई में डेटा प्रस्तुत किया गया है।

ग. 2) "भारत में पंजीकृत आयुर्वेद चिकित्सकों के मध्य नेत्र क्रियाकल्प प्रथाओं पर सर्वेक्षण और दस्तावेजीकरण"

उद्देश्य:

प्राथमिक उद्देश्य: भारत में पंजीकृत आयुर्वेद चिकित्सकों के मध्य नेत्र क्रियाकल्प प्रथाओं/तरीकों, औषधियों, उपयोग की तौर-तरीकों, संकेतों का दस्तावेजीकरण और पहचान करना

अध्ययन की अवधि: 1 वर्ष

मुख्य अन्वेषक और सह अन्वेषक के साथ भाग लेने वाले केंद्र:

क्रमांक	का नाम संस्थान	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम
1.	सीएआरआई, बेंगलुरु	डॉ. भव्या बीएम, अनु. अधि. (आयु.) (शालक्य तंत्र) बीएएमएस, एमएस (आयु), (शलाक्य तंत्र) # 12 , उत्तरहल्ली मानवर्थे कवल, उत्तरहल्ली (होबली), कनकापुरा मेन रोड, तलघट्टपुरा पोस्ट, बेंगलुरु - मो: 9741748242 drbhavya25@gmail.com	डॉ शशिधर एच.डोडामणि अनुसंधान अधिकारी (आयु.)
2.	एनएआरआईपी, चेरुतुरुथी		डॉ कृष्णकुमार वी अनुसंधान अधिकारी (आयु.)
3.	सीएआरआई, नई दिल्ली		डॉ. श्वेता माटा अनुसंधान अधिकारी (आयु.) मो : 8866014946 ई मेल : drshwetamataccras@gmail.com

4.	आरएआरआई, लखनऊ		डॉ. कांबले पल्लवी नामदेव अनु. अधि. (आयु.)
5.	क्षेत्रीय खनिज और समुद्री औषधीय संसाधन आयुर्वेद अनुसंधान संस्थान, गोवा		डॉ नन्दिनी जाधव अनुसंधान अधिकारी (आयु.)
6.	आरएआरआई, पटना		डॉ कुमारी अर्चना अनुसंधान अधिकारी (आयु.)
7.	आरएआरआई, तिरुवनंतपुरम		डॉ. प्रवीण बालकृष्ण अनुसंधान अधिकारी (आयु.)
8.	आरएआरआई, अहमदाबाद		डॉ. पार्थ प्रकाशभाई दवे अनुसंधान अधिकारी (आयु.)

वर्तमान स्थिति: जारी है

घ) बाह्यवर्ती गतिविधियाँ

घ 1) "भारत में स्वदेशी एथनो-आहार प्रथाओं का दस्तावेजीकरण"

लक्ष्य: भारत के विभिन्न भौगोलिक क्षेत्रों, विभिन्न जातीय समूहों और समुदायों में स्वदेशी एथनो-आहार प्रथाओं का दस्तावेजीकरण करना जो पारंपरिक आहार प्रथाओं के संरक्षण और संवर्धन में योगदान देगा।

उद्देश्य:

1. भारत के विभिन्न भौगोलिक क्षेत्रों और समुदायों में स्वदेशी जातीय आहार प्रथाओं को व्यवस्थित रूप से प्रलेखित करने के लिए।
2. राज्य, क्षेत्र, क्षेत्र, सांस्कृतिक/जातीय समूह और समुदाय के आधार पर स्वदेशी आहार प्रथाओं में भिन्नता का आलोचनात्मक विश्लेषण करना।
3. स्वदेशी जातीय आहार प्रथाओं की प्रासंगिकता और स्वास्थ्य लाभों के बारे में समुदाय की समझ और धारणा का आकलन करने के लिए
4. स्वदेशी जातीय आहार प्रथाओं के बारे में प्रलेखित डेटा को मान्य करने के लिए।

अध्ययन की अवधि: एक वर्ष

मुख्य अन्वेषक और सह-अन्वेषक के साथ भाग लेने वाले केंद्र

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.)	सोनम चंडोक, सह. अनु. अधि. (नै. मनो.)

स्थिति : पूर्ण

घ 2) भारत में विभिन्न स्वदेशी धार्मिक प्रथाओं और अनुष्ठानों में उपयोग किए जाने वाले पादपों, **धातुओं, खनिजों, पशु उत्पादों और अन्य सामग्रियों का दस्तावेजीकरण**

उद्देश्य

प्राथमिक उद्देश्य:

1. भारत के विभिन्न क्षेत्रों, सांस्कृतिक समूहों और समुदायों में विभिन्न स्वदेशी धार्मिक प्रथाओं और अनुष्ठानों में उपयोग की जाने वाली पादपों, धातुओं, खनिजों, पशु उत्पादों और अन्य सामग्रियों का व्यवस्थित रूप से दस्तावेजीकरण करने के लिए।
2. भारत के भीतर विभिन्न राज्यों, क्षेत्रों, क्षेत्रों, संस्कृतियों और समुदायों में स्वदेशी धार्मिक प्रथाओं और अनुष्ठानों में भिन्नता का आलोचनात्मक विश्लेषण करना।
3. स्वदेशी धार्मिक प्रथाओं और अनुष्ठानों की प्रासंगिकता और स्वास्थ्य लाभों के बारे में समुदाय में समझ और धारणा का आकलन करने के लिए।
4. स्वदेशी धार्मिक प्रथाओं और अनुष्ठानों के बारे में प्रलेखित डेटा को मान्य करने के लिए।

अध्ययन की अवधि: एक वर्ष

मुख्य अन्वेषक और सह-अन्वेषक के साथ भाग लेने वाले केंद्र

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.)	सोनम चंडोक, सह. अनु. अधि. (नै. मनो.)

स्थिति : पूर्ण

वर्ष 2025-26 में एथनो-डाइटरी परियोजना के तहत कुल **80** आईडीआई और **16** एफजीडी आयोजित किए गए तथा धार्मिक प्रथाओं एवं अनुष्ठानों की परियोजना के अंतर्गत **81** आईडीआई और **05** एफजीडी आयोजित किए गए।

घ 3) प्राथमिक स्वास्थ्य देखभाल में आयुर्वेदिक जीवन शैली का समर्थन और औषधीय पादपों के उपयोग का प्रभाव मूल्यांकन

उद्देश्य:

प्राथमिक उद्देश्य: आयुर्वेद आधारित जीवन शैली का समर्थन और औषधीय पादपों के उपयोग को अपनाने का प्रतिभागियों के सामान्य स्वास्थ्य स्थिति पर प्रभाव का आकलन करना।

गौण उद्देश्य: दिनचर्या और ऋतुचर्या के संबंध में आयुर्वेद आधारित समर्थित जीवन शैली का *अनुपालन क*रने का *आकलन करना*। आयुर्वेदिक जीवनशैली प्रथाओं को अपनाने और घरेलू स्वास्थ्य देखभाल व्यय पर औषधीय पादपों के उपयोग के प्रभाव का आकलन करना

कुल अध्ययन अवधि: 12 माह

मुख्य अन्वेषक और सह-अन्वेषक के साथ भाग लेने वाले केंद्र

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.)	सोनम चंडोक, सह. अनु. अधि. (नै. मनो.)

स्थिति:

क्र. सं.	भाग लेने वाला केंद्र	नामांकित मामलों की संख्या	पूरे किए गए मामलों की संख्या	केस ड्रॉप आउट की संख्या	जारी मामलों की संख्या
1.	आईएएस एवं आर, एसकेएयू, कुरुक्षेत्र	अभी शुरू किया जाना है			

ङ. एएसयू और एच औषधियों की फार्माकोविजिलेंस

परियोजना की शुरुआत: 24 अगस्त 2018

आयुष मंत्रालय ने आयुर्वेद, सिद्ध, यूनानी और होम्योपैथी (एएसयू एंड एच) औषधियों की फार्माकोविजिलेंस को बढ़ावा देने के लिए एक नई केंद्रीय क्षेत्रीय योजना शुरू की है। इस योजना का मुख्य उद्देश्य प्रतिकूल प्रभावों के दस्तावेजीकरण की संस्कृति विकसित करना और आयुर्वेद, सिद्ध, यूनानी और होम्योपैथी दवाओं की सुरक्षा निगरानी और प्रिंट और इलेक्ट्रॉनिक मीडिया में छपने वाले भ्रामक विज्ञापनों पर नजर रखना है।

केंद्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली (सीसीआरएएस के तहत) को परिधीय फार्माकोविजिलेंस केंद्रों (पीपीवीसी) में से एक के रूप में पहचाना गया है। अप्रैल 1993 से मार्च 1994 तक कुल 190 भ्रामक विज्ञापनों और 13 एडीआर का पता लगाया गया है और मध्यवर्ती फार्माकोविजिलेंस केंद्रों (आईपीवीसीसीसी), एनआईए, जयपुर और आयुष के ड्रग कंट्रोलर, दिल्ली राज्य को भेजा गया है। राज्य और आयुष सुरक्षा पोर्टल पर भी अपलोड किया गया है।

1. जेआरएफ (आयु) एनआईए, जयपुर में आयोजित दो दिवसीय फार्माकोविजिलेंस कार्यशालाओं में भाग लिया है। 27.02 . 2026 & 28.02 . 2026 ।
2. समन्वयक और जेआरएफ (आयु) वर्ष 2025--26 में फार्माकोविजिलेंस से संबंधित कुल 6 वेबिनार में भाग लिया है।
3. औषधि सुरक्षा जागरूकता कार्यक्रम का संचालन एएसयू और एच दवाओं की औषधि सुरक्षा दिनांक 27.10.2025 को नेहरू होम्योपैथिक मेडिकल कॉलेज एवं अस्पताल, नई दिल्ली में डॉ. श्वेता माता, आर.ओ, (आयु) तथा डॉ. शिवानी पुरी, जे.आर.एफ, (आयु) द्वारा समन्वित किया गया
4. सीएआरआई, नई दिल्ली, पीपीवीसी केंद्र ने समय-समय पर एडीआर और फार्माकोविजिलेंस के अन्य महत्वपूर्ण पहलुओं के बारे में जागरूकता के लिए अस्पताल कर्मचारियों के साथ बैठकें आयोजित कीं।
5. पूरे वर्ष के दौरान ओपीडी और आईपीडी रोगियों तथा उनके परिजनों को कुल 28 फार्माकोविजिलेंस जागरूकता व्याख्यान दिए गए।

6. रोगियों के लिए ओपीडी और आईपीडी क्षेत्रों में एडीआर फॉर्म वाले दो सुझाव बॉक्स रखे गए हैं।
7. फार्माकोविजिलेंस की आईईसी जागरूकता सामग्री के एक भाग के रूप में एक कैलेंडर डिजाइन और विकसित किया गया।
8. भ्रामक विज्ञापन और एडीआर को प्रतिदिन आयुष सुरक्षा पोर्टल पर अपलोड किया जाता है।
9. कॉस्मेटोविजिलेंस पर एक सर्वेक्षण परियोजना विकसित की।

भ्रामक विज्ञापन और 2024-25 में ए.डी.आर. की सूचना दी गई

माह	भ्रामक विज्ञापन की स्थिति (पता लगाया गया)	संदिग्ध प्रतिकूल दवा प्रतिक्रिया	जागरूकता व्याख्यान
अप्रैल 2025	16	1	4
मई 2025	12	1	4
जून 2025	17	0	2
जुलाई 2025	28	2	4
अगस्त 2025	32	3	1
सितंबर 2025	15	3	3
अक्टूबर 2025	12	2	2
नवंबर 2025	14	0	2
दिसंबर 2025	11	0	2
जनवरी 2026	11	1	2
फरवरी 2026	09	0	1
मार्च 2026	13	0	1
कुल	**190**	**13**	**28**

च. साहित्यिक अध्ययन

च1) आयुष उद्योग में उद्यमिता: आयुष उत्पाद और सेवाओं में प्रबंधन और व्यावसायीकरण सिद्धांत।

6. **उद्देश्य:**

क) प्राथमिक उद्देश्य:

1 . आयुष में उद्यमिता पर एक व्यापक दस्तावेज तैयार करने के लिए

ख) गौण उद्देश्य:

1 आयुष के विभिन्न क्षेत्रों में उद्यमिता अवसरों की बुनियादी समझ का विश्लेषण और विकास करना।

2 निम्नलिखित पहलुओं में आयुष उद्योग पर व्यापक डेटा विश्लेषण विकसित करना

- आयुष के व्यापार मॉडल को समझना (प्रौद्योगिकी, उत्पाद और सेवाएं)
- मानव पूंजी और संसाधन आवश्यकता
- आयुष में प्रौद्योगिकी, उत्पाद और सेवाओं का नवाचार घटक
- आयुष उद्योगों में वित्तीय और निवेश के अवसर
- आयुष उत्पादों और सेवाओं के लिए बाजार विकास

3 आयुष प्रौद्योगिकी, उत्पादों और सेवाओं की नियामक अनुमोदन और अनुपालन प्रक्रिया का आकलन करने के लिए।

4 आयुष प्रौद्योगिकी, उत्पादों और सेवाओं के लिए नए बाजारों के अवसरों और विकास का पता लगाना।

5 आयुष उद्यम के लिए नैतिक मुद्दों का आकलन करने के लिए

7. **अध्ययन की अवधि:** 24 माह

8. **दस्तावेज़/प्रकाशन की प्रकृति (पुस्तक, पांडुलिपि, ग्रंथ सूची आदि):** पुस्तक/मैनुअल

9. **मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र:**

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम
1.	जैव प्रौद्योगिकी विद्यालय, जवाहरलाल नेहरू विश्वविद्यालय, नई दिल्ली 110067	डॉ हेमंत आर कुशवाहा प्रोफेसर रूपेश चतुर्वेदी

10. **वर्तमान स्थिति -** चल रहा है|

च 2) "आयुर्वेद के क्षेत्र में दिग्गजों की जीवन प्रोफ़ाइल का दस्तावेजीकरण" पर परियोजनाएं।

अनुमोदन आदेश सं: HQ-PROJ011/92/2024-PROJ/3961 दिनांक 25.09. 2024

1. **आयुर्वेद ल्यूमिनरी का जीवन प्रोफ़ाइल-प्रोफेसर पीएनवी कुरुप (साहित्यिक अध्ययन)**
   डॉ.राजपूत शिवशंकर, अनु. अधि. (आयु.)
   डॉ. श्वेता माटा, अनु. अधि. (आयु.)

2. **आयुर्वेद ल्यूमिनरी का जीवन प्रोफ़ाइल - वैद्य ताराचंद शर्मा (साहित्यिक अध्ययन)**

   डॉ. श्वेता माटा, अनु. अधि. (आयु.)

   डॉ.राजपूत शिवशंकर, अनु. अधि. (आयु.)

   डॉ. कुलदीप, अनु. अधि. (आयु.)

3. आयुर्वेद ल्यूमिनरी डॉ. एचएम चंदोला का जीवन परिचय (साहित्यिक अध्ययन)

डॉ. शैज़ी लईक, अनु. अधि. (आयु.)

डॉ रेणु रानी, अनु. अधि. (आयु.)

वर्तमान स्थिति: तैयार मसौदा पांडुलिपियाँ सीसीआरएएस मुख्यालय में प्रस्तुत की हैं

च 3) शीर्षक - "खालित्य (बाल झड़ने) के लिए आयुर्वेदिक उपचार: एक स्कोपिंग समीक्षा"

उद्देश्य:

प्राथमिक उद्देश्य: खालित्य (बाल झड़ने) के प्रबंधन के लिए अध्ययन किए गए आयुर्वेदिक उपचार की सीमा का मा*नचित्रण* और सारांश बनाना।

गौण उद्देश्य: उपयोग किए गए अध्ययन डिजाइनों के प्रकारों की पहचान करना और उनका वर्णन करना। जांच करने के लिए विभिन्न प्रकार के हस्तक्षेप और परिणाम उपायों का आकलन किया गया। सुरक्षा और प्रतिकूल प्रभावों की रिपोर्टिंग का पता लगाने के लिए। मौजूदा साक्ष्य आधार में अंतराल को उजागर करने और भविष्य के अनुसंधान के लिए दिशा-निर्देश सुझाने के लिए।

अध्ययन की अवधि: 06 माह

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: आईएमआर परियोजना

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम
1.	केन्द्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), रोड नं. 66, पश्चिम पंजाबी बाग, नई दिल्ली -110026	डॉ. श्वेता चौधरी, अनु. अधि. (आयु.)

वर्तमान स्थिति: साहित्य खोज: ओपन साइंस फ्रेमवर्क में पंजीकरण पूरा किया गया: पूर्ण, स्क्रीनिंग और पात्रता चरण (जारी)। डेटा निष्कर्षण: अभी तक शुरू नहीं हुआ है|

च 4) विटिलिगो के प्रबंधन में आयुर्वेद उपचार की प्रभावकारिता और सुरक्षा*: एक व्यवस्थित समीक्षा*

उद्देश्य:

प्राथमिक उद्देश्य: विटिलिगो के प्रबन्धन में आयुर्वेद उपचार की प्रभावशीलता की जांच करना।

गौण उद्देश्य: विटिलिगो के प्रबंधन में आयुर्वेद उपचार की सुरक्षा की जांच करना।

अध्ययन की अवधि: 06 माह

मुख्य अन्वेषक के साथ भाग लेने वाला केंद्र: आईएमआर परियोजना

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम

1.	केन्द्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), रोड नं. 66, पश्चिम पंजाबी बाग, नई दिल्ली -110026	डॉ. कुलदीप, अनु. अधि. (आयु.)

वर्तमान स्थिति:

तैयारी चरण: पूरा किया गया

PROSPERO में पंजीकरण पूरा हुआ

(पंजीकरण नं. -PROSPERO 2025 CRD420251107329)

साहित्य खोज: पूरा किया गया

स्क्रीनिंग और पात्रता चरण: चल रहा है

डेटा निष्कर्षण अभी तक शुरू नहीं हुआ है

च 5) अस्पताल/नैदानिक सेट-अप में क्रियाकल्प का अभ्यास करने के लिए न्यूनतम मानक आवश्यकताएं विकसित करना।

(परियोजना कोड - आईसीएल0264)

उद्देश्य:

प्राथमिक: अस्पताल/नैदानिक सेट-अप में क्रियाकल्प का अभ्यास करने के लिए न्यूनतम मानक आवश्यकताएं विकसित करना।

माध्यमिक: क्रियाकल्प कक्षा के विनिर्देशों के लिए दिशानिर्देश तैयार करना। क्रियाकल्प थिएटर के मानकीकरण को विकसित करना। क्रियाकल्प कक्षा के बायोमेडिकल अपशिष्ट प्रबंधन के लिए दिशानिर्देश विकसित करना।

अध्ययन की अवधि: एक वर्ष

मुख्य अन्वेषक और सह अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र. सं.	भाग लेने वाले केंद्र का नाम	मुख्य अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	मुख्य अन्वेषक : डॉ. श्वेता माता, एमएस, पीएचडी (आयु.-*शालाक्य तंत्र*), अनुसंधान अधिकारी (आयु.), सीएआरआई, नई दिल्ली। shwetamatadr@gmail.com 8866014946	सह-अन्वेषक: डॉ. श्रवण साहू, एमएस, पीएचडी (आयु-*शालाक्य तंत्र*), अनुसंधान अधिकारी (आयु.), सीएआरआई, नई दिल्ली drsahu79@gmail.com 7500799915

वर्तमान स्थिति: चल रही है|

छ. पाइपलाइन में परियोजनाएं

1. रजोनिवृत्तिजन्य लक्षणों के प्रबंधन में आयुर्वेद उपचार की प्रभावकारिता - एक रैंडमाइज्ड नियंत्रित परीक्षण
2. कम इजेक्शन अंश (HFrEF) वाले जीर्ण हृदय विफलता के रोगियों में जीवन की गुणवत्ता पर मानक उपचार के पूरक के रूप में अर्जुन और पुनर्नवाष्टक क्वाथ की प्रभावशीलता- एक या रैंडमाइज्ड, समानांतर-समूह, ओपन-लेबल नियंत्रित नैदानिक अध्ययन
3. एकीकृत चिकित्सा विभाग, लेडी हार्डिंग अस्पताल में गैर-संचारी रोगों में पारंपरिक चिकित्सा के साथ आयुर्वेद चिकित्सा प्राप्त करने वाले रोगियों की रुग्णता और स्वास्थ्य संबंधी व्यवहार: एक क्रॉस-सेक्शनल अध्ययन
4. भारत में विभिन्न प्रकृति प्रकारों के वितरण पैटर्न का अध्ययन करने के लिए एक क्रॉस-सेक्शनल सर्वेक्षण - एक बहु केंद्रीय अध्ययन
5. भारत में विपणन किए गए "आयुर्वेदिक"/"हर्बल"/"प्राकृतिक" स्थित सौंदर्य प्रसाधनों का वर्तमान नियामक ढांचे डी एंड सी अधिनियम 1940 और नियम 1945, कॉस्मेटिक्स रूल्स 2020 और कॉस्मेटिक संशोधन नियम 2025 के साथ अनुपालन मूल्यांकन: एक व्यवस्थित सर्वेक्षण अध्ययन
6. श्वसन विकारों के लिए आयुर्वेद उपचार के प्रति माता-पिता का ज्ञान, दृष्टिकोण और व्यवहार: ओपीडी स्तर पर एक क्रॉस-सेक्शनल अध्ययन

अंत: रोगी विभाग (आईपीडी)

रिपोर्टिंग अवधि में कुल भर्ती किए गए रोगियों की संख्या 2025 है, जिसमें से 268 पुरुष और 313 महिलाएं हैं। रिपोर्टिंग अवधि के दौरान 614 रोगियों को छुट्टी दे दी गई, जिनमें से 283 पुरुष और 331 महिलाएं थीं। वार्षिक बिस्तर अधिभोग 65.74% है।

बाह्य रोगी विभाग (ओपीडी)

सीएआरआई, पंजाबी बाग, नई दिल्ली

सीएआरआई, नई दिल्ली अस्पताल रोगियों को सुबह (सुबह 9:45 से दोपहर 1 बजे तक) ओपीडी सुविधा प्रदान कर रहा है। विशेष क्लीनिक जैसे एनो रेक्टल, निवारक कार्डियोलॉजी क्लिनिक, गठिया क्लिनिक, ईएनटी क्लिनिक, नेत्र चिकित्सालय, बाल चिकित्सा क्लिनिक और जराचिकित्सा क्लिनिक निर्धारित दिनों में काम कर रहे हैं। रिपोर्टिंग वर्ष के दौरान संस्थान ने 107205 रोगियों को ओपीडी सेवाएं प्रदान की हैं और नि: शुल्क औषधियां वितरित की हैं जिनमें से 55994 पुरुष थे, 51211 महिलाएं थीं और कोई ट्रांसजेंडर नहीं था। रिपोर्टिंग वर्ष के दौरान कुल 35468 नए और 71737 पुराने रोगी ओपीडी में आए| पंजीकरण और परामर्श में वरिष्ठ नागरिकों और अनुसंधान प्रतिभागियों को भी प्राथमिकता दी गई है। रिपोर्टिंग अवधि के दौरान विभिन्न जराचिकित्सा विकारों के लिए 8412 रोगियों ने उपचार का लाभ उठाया। अधिकांश रोगी *संधि वात , मधुमेह, वातविकार, रक्तगत वात, श्वास, मूत्रकृच्छ, दौर्बल्य* आदि *जैसी स्थितियों के साथ आए|*

सीआरयू, सफदरजंग अस्पताल, नई दिल्ली:-

जनवरी 1991 में आयुर्वेदिक चिकित्सा केंद्र की स्थापना की गई थी। आयुर्वेदिक चिकित्सा केंद्र के लिए दो बड़े कमरे उपलब्ध कराए गए हैं। एक कमरे का उपयोग परामर्श के लिए किया जाता है और दूसरे कमरे का उपयोग पंजीकरण, औषधियों के भंडारण और वितरण के लिए किया जाता है।

रिपोर्टिंग अवधि के दौरान ओपीडी में कुल 25537 रोगियों ने भाग लिया, जिनमें से 14213 पुरुष और 11324 महिलाएं थीं। ओपीडी में पाई जाने वाली सामान्य बीमारियाँ *संधिवात, रक्तप्रदर, मूत्रकृच्छ्रा शोथ, क्लेब्य, अर्श, सिस्ट, अमावत, मधुमेह, कुष्ठ, आर्तवक्षय, कास, अम्लपित्त, श्वेत प्रदर, प्रतिश्याय, खालित्य आदि* थीं|

<u>आयुर्वेदिक उपचार केंद्र, लेडी हार्डिंग मेडिकल कॉलेज और अस्पताल, नई दिल्ली</u>:

लेडी हार्डिंग मेडिकल कॉलेज में आयुर्वेदिक उपचार केंद्र की स्थापना 19 सितंबर, 1991 को हुई थी। रिपोर्टिंग वर्ष के दौरान कुल 20645 रोगियों ने ओपीडी में भाग लिया, जिनमें से 9799 पुरुष और 10846 महिलाएं थीं। यह देखा गया कि ओपीडी में आने वाले अधिकांश रोगी *अधमन, संधिवात, आमवात, कण्डु, वातरक्त, प्रतिश्याय, दौर्बल्यम, कास, विबंध, अर्श, आम्लपित्त, मधुमेह, अशमरी आदि के थे। लेडी हार्डिंग मेडिकल कॉलेज और अस्पताल के सक्षम प्राधिकारी ने एलएचएमसी, नई दिल्ली* की प्रयोगशाला में विभिन्न प्रयोगशाला जांच और अन्य विशिष्ट जांच करने की अनुमति दी है।

<u>आयुर्वेदिक चिकित्सा केंद्र, पीजीआईएमईआर, डॉ राम मनोहर लोहिया अस्पताल, नई दिल्ली</u>

पीजीआईएमईआर - डॉ राम मनोहर लोहिया अस्पताल में आयुर्वेदिक उपचार केंद्र 14 जनवरी, 1991 से कार्यरत है। रिपोर्टिंग वर्ष के दौरान कुल 8722 रोगियों ने ओपीडी में भाग लिया, जिनमें से 5084 पुरुष और 3638 महिलाएं थीं। यह देखा गया कि ओपीडी में आने वाले अधिकांश रोगी *मनोवाहस्रोत विकार संधिवात, आधमन, विबंध वातव्याधि, अम्लपित्त, शिरशूल, रक्तगत वात, कास, ग्रधसी, अश्मरी, मूत्रकृच्छ्र आदि से पीड़ित थे।*

<u>आयुष वेलनेस क्लिनिक, राष्ट्रपति संपदा</u>

राष्ट्रपति भवन में आयुष वेलनेस क्लिनिक जुलाई 1991 से कैरी, नई दिल्ली के तहत शुरू किया गया था। यह केंद्र रोगियों को पंचकर्म चिकित्सा के साथ-साथ ओपीडी सेवाएँ भी प्रदान कर रहा है। रिपोर्टिंग वर्ष के दौरान कुल 4394 रोगियों का उपचार किया गया, जिनमें से 3016 पुरुष रोगी और 1378 महिला रोगी थीं। ओपीडी में आने वाले अधिकांश रोगी *वातव्याधि, त्रिकशूल, अर्श, मधुमेह, मेदोरोग, दौर्बल्यम, संधिवात, कास, अजीर्ण, अम्लपित्त आदि से पीड़ित थे|*

<u>आयुर्वेद यूनिट: एफएपी - सुप्रीम कोर्ट, नई दिल्ली</u>

भारत के उच्चतम न्यायालय में आयुर्वेद इकाई, एफएपी 2008 से सर्वोच्च न्यायालय परिसर में कार्यरत है। यह यूनिट भारत के उच्चतम न्यायालय में माननीय न्यायाधीशों और रजिस्ट्री को सेवाएं प्रदान कर रही है। वर्तमान में इस यूनिट में एक वरिष्ठ डॉक्टर, एक फार्मासिस्ट और एक फार्मेसी परिचारक अपनी सेवाएं दे रहे हैं। वर्तमान रिपोर्टिंग अवधि के दौरान एफएपी सुप्रीम कोर्ट में कुल 6036 रोगियों का उपचार किया गया, जिनमें से 4151 पुरुष और 1885 महिला रोगी थे। अधिकांश रोगी विबंध, धमन, ग्रधसी, कास, संधिवात, उदावर्त, अजीर्ण, अम्ल*पित्त, अमावत, मधुमेह, अर्श, यक्कृतदलयुदर आदि से पीड़ित थे*।

सीसीआरएएस-जेएनयू उपचार और अनुसंधान सुविधा, नई दिल्ली

जेएनयू के सहयोग से सीसीआरएएस की एक नई इकाई 25/01/2023 को शुरू किया गया है। यह इकाई विश्वविद्यालय परिसर के छात्रों और कर्मचारियों (कार्यरत एवं सेवानिवृत्त) को सप्ताह में तीन बार परामर्श प्रदान कर रही है। वर्तमान रिपोर्टिंग अवधि के दौरान कुल 3731 रोगियों को परामर्श दिया गया था, जिनमें से 1903 पुरुष और 1828 महिलाएं थीं। अधिकांश रोगी *विबंध, संधिवात, कास, धमन, अजीर्ण,* ग्रधसी , *मधुमेहा अर्श, मूत्रकृच्छ्र, प्रतिश्याय, दौर्बल्य, श्वास, जानुभेद आदि से पीड़ित थे|*

अनुभागवार गतिविधियाँ

पंचकर्म अनुभाग

पंचकर्म अनुभाग फरवरी 1981 से संस्थान में काम कर रहा है, जो रोगियों को आवश्यकतानुसार निम्नलिखित प्रक्रियाएं प्रदान करता है: वमन (उपचारात्मक उल्टी*), विरे*चन (उपचारात्मक प्यूगेश*न), अनुवा*सन वस्ती (तेल एनिमा), अस्थ*पना वस्ती (डिकॉ*कशन एनिमा) और *नस्य (नासिका* इन्फलेशन)। इनके अलावा इस *इकाई* में पारंपरिक केरलीय चिकित्सा की कुछ अन्य प्रक्रियाएं भी सफलतापूर्वक अभ्यास की *जा रही हैं। इनमें* षष्ठीशाली पिंडस्वेद, पत्रपिंड स्वेद, स्नेहधारा, शिरोधारा, शिरो*बस्ती, कटिबस्ती, जानुबस्ति आदि शामिल हैं। सुरक्षित और प्रभावी होने के कारण इन प्रक्रियाओं का उपयोग कई* स्वास्थ्य समस्याओं जैसे *पक्षावध, पंगु, ग्रधसी, आमवात, संधिवात, स्थौल्य, ग्रीवा स्तम्भ, कटिशूल, कटिग्रह, जीर्ण प्रतिश्याय, अर्दित, अर्धभेदक आदि की रोकथाम और प्रबंधन के लिए प्रभावी ढंग से किया जाता है।*

रिपोर्टिंग अवधि के दौरान पंचकर्म अनुभाग ने 991 रोगियों को उपचार प्रदान किया। आईपीडी स्तर पर पंचकर्म की विशेष प्रक्रियाओं के कुल 17405 सत्र किए ग*ए जिनमें* रोगियों को बेहतर *परिणाम प्रदा*न क*रने के लिए मु*ख्य रूप से अभ्यंग, सर्वांग स्वेद, जानु बस्ती, प*त्रपिंड स्वेद, दशांग लेप,* ना*ड़ी स्वेद, नस्य,, कटिबस्ती, उध्वर्त*न, *मात्राबस्ती, निरुह बस्ती, अनु*वासन *बस्ती, वैत्रण बस्ती, बालुका स्वेद आदि* की गई थीं|

क्षारसूत्र अनुभाग (एनो-रेक्टल क्लिनिक)

रिपोर्टिंग अवधि के दौरान क्षार सूत्र अनुभाग में 935*8 रोगियों ने* भाग लिया, जिनमें से 6963 पुरुष और 2395 महिलाएं थीं।

लीच थेरेपी क्लिनिक

लीच थेरेपी क्लिनिक विभिन्न रोग स्थितियों जैसे त्वकरोग, सिरा-शोथ, *श्लीपद, श्वित्र आदि के रोगियों की देखभाल करता है।* रिपोर्टिंग अवधि के दौरान, कुल 212 रोगी विभिन्न रोग स्थितियों के लिए क्लीनिक में आए|

फिजियोथेरेपी अनुभाग

फिजियोथेरेपी अनुभाग की स्थापना 1999 में हुई थी। अस्पताल की जरूरत और आवश्यकता के अनुसार, अनुभाग आवश्यक तौर-तरीकों से सुसज्जित है। ओस्टियोआर्थराइटिस, रुमेटाइड गठिया, एड्रेसिव कैप्सुलिटिस, सर्वाइकल और लम्बर स्पोंडिलोसिस,

एंकिलोजिंग स्पोंडिलाइटिस, प्रोलैप्स्ड इंटरवर्टेब्रल डिस्क, पोस्ट पोलियो अवशिष्ट पक्षाघात, स्ट्रोक जैसी न्यूरोलॉजिकल स्थितियां, क्वाड्रिप्लेजिया, पैराप्लेजिया, सेरेब्रल पाल्सी, पार्किंसन रोग, परिधीय तंत्रिका चोटें, मांसपेशियों की डिस्ट्रोफी, बेल्स पाल्सी, मोटर न्यूरॉन रोग जैसे स्थितियों, खेल संबंधी चोटें जैसे टेनिस एल्बो, रोटेटर कफ टियर, मेनिस्कल टियर और सामान्य स्थितियाँ जैसे मोटापा, वैरिकोज वेंस, पेरिफेरल वास्कुलर डिसऑर्डर आदि के लिए आईपीडी और ओपीडी दोनों रोगियों का दैनिक आधार पर उपचार किया जा रहा है। रिपोर्टिंग अवधि के दौरान कुल 3660 रोगियों का उपचार किया गया जिनमें से 1638 पुरुष थे और 2022 महिलाएं थीं।

नेत्र क्लिनिक

नेत्र क्लिनिक 18 फरवरी, 1991 से ओपीडी और आईपीडी आधार पर नेत्र रोगियों को कुशलतापूर्वक सेवा प्रदान कर रहा है। मौजूदा सुविधा के भीतर पूरे सप्ताह चयनित रोगियों को क्रियाकल्प भी दे रहे हैं*। रिपोर्टिंग* अवधि (2025--26) के दौरान 4723 रोगी थे, जिनमें से 2243 पुरुष और 2480 महिला रोगी थीं। आमतौर पर पाई जाने वाली नेत्र रोग थे तिमिर, अभिष्यंद, काच, शुष्कक्षिपक, अधिमंथ, लिंगनाश आदि। नेत्र रोगों के उपचार के लिए किए गए विभि*न्न क्रियाकल्प में 1935 नस्य, 1204 तर्पण, 555 शिरोपिचु* आदि *शामिल हैं*

ईएनटी ओपीडी

ईएनटी ओपीडी विभिन्न रोग स्थितियों जैसे प्रतिश्याय/पीनस, बाधिर्य*, अर्धवभेदक, कर्णशूल, कर्णनाद आदि के रोगियों की देखभाल करता है। रि*पोर्टिंग अवधि के दौरान कुल 1335 रोगियों आए जिनका विभिन्न रोग स्थितियों के लिए सफलतापूर्वक उपचार किया गया था। कुल 730 पुरुष और 605 महिलाएं थीं।

आर्थराइटिस क्लिनिक

रिपोर्टिंग अवधि के दौरान विभिन्न मस्कुलोस्केलेटल विकारों मुख्य रूप से *आमवात, संधिगत वात, गृध्रसी, कटिगतवात* आदि के लिए 2221 रोगी (706 पुरुष और 1515 महिलाएं) आर्थराइटिस क्लि*निक में आए/*

बाल रोग क्लिनिक

रिपोर्टिंग वर्ष 1881 के दौरान बच्चों (1133 पुरुष, 748 महिला) का विभिन्न बचपन विकारों जैसे पिडिका, वातव्याधि, शूल, कृमि, *श्वित्र, पंगु, कुष्ठ, प्रतिश्याय आदि के लिए ओपीडी में उपचार किया गया।*

निवारक कार्डियोलॉजी और जीवनशैली क्लिनिक

निवारक कार्डियोलॉजी और जीवनशैली क्लिनिक मंगलवार और शुक्रवार को काम कर रहा है। रिपोर्टिंग वर्ष के दौरान, एएचएमआईएस के माध्यम से 1473 रोगियों की परामर्श और दस्तावेजीकरण किया गया जिनमें से 845 पुरुष और 628 महिलाएं थीं। अधिकांश रोगियों ने हृदय रोग, उच्च रक्तचाप, मधुमेह और स्थौल्य आदि जैसी स्थितियों के साथ रिपोर्ट किया।

नैदानिक मनोविज्ञान (क्लिनिकल साइकोलॉजी)

नैदानिक मनोविज्ञान के क्षेत्र में विशेष ओपीडी जुलाई 2021 से कार्य करना शुरू कर दिया। वर्ष अप्रैल 2025-मार्च 2026 में सभी आयु वर्ग के रोगियों के लिए सामान्यीकृत चिंता, तनाव, बर्नआउट, संज्ञानात्मक समस्याएं, अति सक्रियता, नींद की गड़बड़ी, अवसादग्रस्त लक्षणों आदि जैसे मुद्दों पर कुल 130 मनोवैज्ञानिक सत्र आयोजित किए गए। महिलाओं के लिए कुल सत्तर और पुरुषों के लिए साठ मनोवैज्ञानिक सत्र आयोजित किए गए थे। उनमें से कई अनुवर्ती सत्रों के लिए भी जारी हैं।

प्रेस क्लब ऑफ इंडिया में परामर्श

F.N. HQ-Estt 11012/109/2023-ESTT/7274 दिनांक 29.01.2024 और संस्थान पत्र संख्या letter no. F.S.4-41/2023-24/CARI/Admn-कार्यालय आदेश संख्या 1230/2023 दिनांक 03.02 .2024 "प्रेस क्लब ऑफ इंडिया" में साप्ताहिक क्लिनिक को प्रत्येक शनिवार को एक आयुर्वेदिक सलाहकार की प्रतिनियुक्ति के साथ फरवरी 10, 2006 से पुनः शुरू किया गया था और वित्तीय वर्ष 2025/-26 में जारी रखा गया था। रिपोर्टिंग वर्ष 31 मार्च 2026 में परामर्श किए गए रोगियों की कुल संख्या 1143, जिनमें से पुरुष 912 थे और तक 231 महिलाएँ थीं। प्रेस क्लब क्लिनिक में फैटी लिवर के साथ-साथ गैस्ट्रो-इंटेस्टाइनल विकारों की व्यापकता पाई गई। प्रेस क्लब ऑफ इंडिया के सदस्यों और उनके परिवार के सदस्यों की आवश्यकता के अनुसार सामान्य परामर्श और फॉलो-अप सत्र आयोजित किए गए, साथ ही मुफ्त दवा वितरण भी किया गया।

पुस्तकालय

संस्थान के पुस्तकालय अनुभाग में हिंदी और अंग्रेजी की 1819 पुस्तकें हैं। पुस्तकालय पाठकों के लिए सुबह 9:00 से शाम 8:00 बजे तक खुला रहता है।

नैदानिक प्रयोगशाला: -

एनएबीएल मान्यता प्राप्त प्रयोगशाला अनुभाग ओपीडी, आईपीडी और अनुसंधान विषयों से सामान्य रोगियों दोनों को सेवाएं प्रदान करता है। रिपोर्टिंग वर्ष के दौरान कुल 19,912 जांच की गई।

जैव रासायनिक जांच

संस्थान के जैव रसायन अनुभाग में नियमित बायोकेमिकल जांच जैसे ब्लड शुगर, लिपिड प्रोफाइल, रीनल फंक्शन टेस्ट और लिवर फंक्शन टेस्ट किए जाते हैं। वर्ष 2025-26 के दौरान कुल 13690 जांच की गई।

रोग संबंधी जांच

रक्त, मूत्र और मल की नियमित रोग संबंधी जांच की गई। वर्ष 2025-2026के दौरान कुल 6222 जांच की गई।

रेडियोलॉजिकल जांच: रिपोर्टिंग वर्ष 2025-2026 में रेडियोलॉजी विभाग में की गई कुल रेडियोलॉजिकल जांचों की संख्या 1797 थी।

फार्मेसी

वर्तमान में सीएआरआई फार्मेसी संस्थान के तहत सभी संबद्ध इकाइयों जैसे लेडी हार्डिंग, डॉ आरएमएल अस्पताल, सुप्रीम कोर्ट, सफदरजंग अस्पताल और एडब्ल्यूसी, प्रेसिडेंट एस्टेट आदि की ओपीडी और आईपीडी के लिए औषधि की खरीद के साथ-साथ वितरण का समन्वय कर रही है। फार्मेसी नैदानिक परियोजनाओं के लिए औषधियों की मांग और आपूर्ति में संतुलन भी बनाए रखती है। इस वर्ष फार्मेसी ने मांग को पूरा करने के लिए 20,84,1132 रुपये की औषधियां खरीदी हैं।

हिंदी अनुभाग

हिंदी अनुभाग ने लगातार राजभाषा नियमों को लागू करने में महत्वपूर्ण भूमिका निभाई है। यह सुनिश्चित करता है कि धारा 3 (3) के तहत सभी दस्तावेज द्विभाषी रूप से जारी किए जाते हैं, पत्राचार का उत्तर हिंदी में दिया जाता है और निर्धारित वार्षिक लक्ष्यों को पूरा करने के लिए निरंतर प्रयास किया जाता है। सभी त्रैमासिक और अर्धवार्षिक प्रगति रिपोर्ट समय पर तैयार की जाती हैं और राजभाषा विभाग तथा नराकास को ईमेल और ऑनलाइन प्लेटफॉर्म के माध्यम से प्रस्तुत की जाती हैं। विभागों में आधिकारिक और तकनीकी कार्यों में हिंदी के उपयोग की निगरानी के लिए हर तिमाही में विभागीय राजभाषा कार्यान्वयन समिति की बैठकें आयोजित की गईं। संस्थान को हिंदी में किए गए कार्य के प्रतिशत को बढ़ाने और वार्षिक लक्ष्यों को पूरा करने के प्रयासों में अपनी महत्वपूर्ण प्रगति के लिए नगर राजभाषा कार्यान्वयन समिति की अर्धवार्षिक बैठकों के दौरान सराहना मिली।

विभिन्न हिंदी से संबंधित गतिविधियों को प्रदर्शित करते हुए "हिंदी पखवाड़ा" का भी सफलतापूर्वक आयोजन दिनांक 15 से 30 सितम्बर, 2025 को किया गया। हिंदी पखवाड़ा समापन समारोह का आयोजन दिनांक 01.10.2025 को किया गया जिसमें सभी विजेताओं को प्रमाण पत्र वितरित किए गए। इसके अलावा, आधिकारिक संचार में हिंदी के उपयोग को बढ़ावा देने और मजबूत करने के लिए वर्ष के दौरान चार एक दिवसीय हिंदी कार्यशालाएं आयोजित की गईं।

कार्यशालाओं की तिथियाँ थीं:

1. 27.06.2025
   विषय: राजभाषा परिचय, राजभाषा निति, नियम अधिनियम एवं राजभाषा प्रश्नोत्तरी
2. 19.09.2025
   विषय: राजभाषा नीति का कार्यान्वयन

3. 10.12.2025
   विषय: देवनागरी लिपि का मानकीकरण
4. 28.03.2026
   विषय: राजभाषा के कार्यान्वयन में ई- टूल्स

औषधीय पादप उद्यान

संस्थान द्वारा औषधीय पौधों का एक हर्बल उद्यान दोहरे उद्देश्य से विकसित किया गया है: प्रदर्शन के लिए और पंचकर्म और क्षारसूत चिकित्सा के लिए कच्ची जड़ी-बूटियाँ उपलब्ध कराने के लिए। पहचान और प्रदर्शन के उद्देश्य से, सभी पौधों पर उनके विशिष्ट नामपट्ट लगाए गए हैं, जिन पर उनके शास्त्रीय नाम, वानस्पतिक नाम, कुल और शास्त्रीय संदर्भों के अनुसार मुख्य उपयोग अंकित हैं।

यह औषधीय उद्यान विभिन्न पंचकर्म प्रक्रियाओं और क्षारसूत के लिए लगातार कच्ची जड़ी-बूटियाँ उपलब्ध करा रहा है, जैसे मधुयष्टि, नारियल, शिग्रु, हरीतकी, अश्वगंधा, गुडुची, ब्राह्मी, इसबगोल, निर्गुंडी, अग्निमांथ आदि। वर्तमान वर्ष में, कुछ नई प्रजातियाँ जोड़ी गई हैं, जैसे कपिता, नारियल और तालिश आदि।

वित्तीय वर्ष 2025-26 में आयुर्वेद दिवस समारोह के उपलक्ष्य में संस्थान द्वारा वृक्षारोपण अभियान का आयोजन किया गया। धनवंतरी दिवस के अवसर पर आयुर्वेद स्टॉल पर आने वाले मरीजों और आगंतुकों को तुलसी, गिलोय, जपा और पारिजात आदि जैसी औषधीय वनस्पतियां मुफ्त में वितरित की गईं।

आईसीसी

माननीय सर्वोच्च न्यायालय के दिनांक 12.05.2023 के आदेश और आयुष मंत्रालय के दिनांक 26.06.2024 के निर्देश (X.18030/125/2021-CDN) के अनुपालन में, संस्थान ने यौन उत्पीड़न निवारण अधिनियम (PoSH) 2013 के प्रावधानों के अंतर्गत आंतरिक शिकायत समिति (ICC) का गठन किया है, जिसका उद्देश्य यौन उत्पीड़न की रोकथाम, निषेध और निवारण करना है। समिति ने नियमित रूप से बैठकें आयोजित कीं और जागरूकता/मार्गदर्शन कार्यक्रम चलाए। चालू वर्ष में, ICC को इस संबंध में कोई शिकायत प्राप्त नहीं हुई है।

संस्थान द्वारा आयोजित महत्वपूर्ण गतिविधियां - एक नज़र में

- “अवलोकन -2025" के आलोक में निदेशक संस्थान की अध्यक्षता में "(सीसीआरएएस निफ्टी गतिविधियों की समीक्षा और योजना) तकनीकी-प्रशासनिक बैठक की गई|
- अप्रैल, 2025 के दौरान “एंड लेटेन्ट टीबी” अभियान के एक भाग के रूप में "एलिमिनेशन ऑफ़ द लेटेन्ट टीबी थ्रू आयुर्वेदिक इंटरवेंशन” आयोजित किया गया।
- दिनांक 05.06. 2025 को विश्व पर्यावरण दिवस का आयोजन किया गया और वृक्षारोपण अभियान चलाया गया।

- अंतर्राष्ट्रीय योग दिवस 2025 का आयोजन और मई और जून, 2025 के दौरान विभिन्न योग सत्रों का आयोजन किया गया।
- संस्थान में त्रैमासिक आधार पर 04 हिंदी कार्यशाला का आयोजन किया गया।
- सीएआरआई, नई दिल्ली में सीआरएएस संस्थानों के सहायक मेट्रन, सिस्टर इंचार्ज, स्टाफ नर्स, एमटीएस, रेडियोग्राफर और डार्क रूम सहायकों के लिए जुलाई, 2025 के दौरान एक एक्सपोजर विजिट सह प्रशिक्षण कार्यक्रम आयोजित किया गया था।
- नशा मुक्त भारत अभियान के पांचवें स्थापना दिवस के अवसर पर "मादक द्रव्यों के सेवन के विरुद्ध सामूहिक प्रतिज्ञा" का आयोजन किया गया।
- वर्ष में मासिक आधार पर विभिन्न विषयों पर एनएबीएच के विभिन्न प्रशिक्षण आयोजित किए गए।
- कार्मिक एवं प्रशिक्षण विभाग (सीएआरआई), नई दिल्ली के सभी कर्मचारियों के लिए 'आजादी का अमृत महोत्सव 2025' समारोह के भाग के रूप में 'पंच प्राण प्रतिज्ञा' का आयोजन किया गया।
- आयुर्वेद दिवस के 10वें वर्षगांठ समारोह के भाग के रूप में विभिन्न जागरूकता व्याख्यान, वेबिनार, प्रेस कॉन्फ्रेंस, खाद्य महोत्सव और गतिविधियों का आयोजन किया गया।
- स्वस्थ नारी सशक्त परिवार अभियान 2025 के एक भाग के रूप में विभिन्न जागरूकता व्याख्यान, वेबिनार, खाद्य महोत्सव और गतिविधियों का आयोजन किया गया।
- अक्टूबर 2025 के दौरान एनएबीएच प्रत्यायन मूल्यांकन निरीक्षण के नवीनीकरण का आयोजन और समन्वय किया गया।
- अक्टूबर 2025 के दौरान एटीएबी प्रत्यायन मूल्यांकन निरीक्षण के नवीनीकरण का आयोजन और समन्वय किया।
- बीआईएस निगरानी ऑडिट का आयोजन और संचालन किया।
- फार्माकोविजिलेंस जागरूकता व्याख्यानों का आयोजन किया और प्रतिभागियों को आईईसी सामग्री वितरित की।
- शल्यकॉन 2025, भारतीय अंतर्राष्ट्रीय व्यापार मेला 2025, भारत पर्व 2026 आदि जैसे विभिन्न आयोजनों में प्रदर्शनियों का आयोजन किया।
- सीएआरआई, नई दिल्ली के अधिकारियों/कर्मचारियों के लिए ई-ऑफिस प्रशिक्षण कार्यक्रम का आयोजन किया।
- राष्ट्रीय पोषण माह 2025 के अंतर्गत जागरूकता व्याख्यान, स्वास्थ्य शिविर, पोषक आहार गतिविधि और आयुर्वेदिक पोषक आहार वितरण का आयोजन किया।

- सीसीआरएएस मुख्यालय और आयुष मंत्रालय से प्राप्त निर्देशों के अनुसार, "लोगों और ग्रह के लिए आयुर्वेद" विषय पर 10वें आयुर्वेद दिवस समारोह के लिए प्रेस कॉन्फ्रेंस का आयोजन किया।
- हिंदी पखवाड़े के अंतर्गत विभिन्न गतिविधियों जैसे प्रश्नोत्तरी प्रतियोगिता, निबंध प्रतियोगिता, कविता पाठ और अंताक्षरी का आयोजन किया।
- 1 अक्टूबर 2025 को राष्ट्रीय स्वैच्छिक रक्तदान दिवस के उपलक्ष्य में सीएआरआई, नई दिल्ली की प्रयोगशाला में निःशुल्क रक्त समूह निर्धारण शिविर का आयोजन किया।
- कर्मयोगी प्रशिक्षण कार्यक्रम आयोजित किये गये।
- एक भारत श्रेष्ठ भारत अभियान के अंतर्गत “अपने पड़ोसी राज्य सिक्किम को जानें” विषय पर एक वेबिनार का आयोजन किया गया।
- सतर्कता जागरूकता सप्ताह 2025 के अंतर्गत, सीएआरआई, नई दिल्ली के कर्मचारियों के लिए वाद-विवाद प्रतियोगिता, प्रश्नोत्तरी प्रतियोगिता और एनसीआईएसएम, नई दिल्ली के सचिव श्री सच्चिदानंद प्रसाद द्वारा निवारक सतर्कता पर अतिथि व्याख्यान का आयोजन किया गया।
- संविधान दिवस पर प्रस्तावना पाठ कार्यक्रम का आयोजन किया गया।
- आगामी दूसरे विश्व स्वास्थ्य संगठन (डब्ल्यूएचओ) के पारंपरिक चिकित्सा शिखर सम्मेलन के लिए एक प्रेस कॉन्फ्रेंस का आयोजन किया गया।
- संस्थान में वीर बाल दिवस कार्यक्रम का आयोजन किया गया और माननीय प्रधानमंत्री श्री नरेंद्र मोदी जी की उपस्थिति में कार्यक्रम के लाइव वेबकास्ट में भाग लिया गया।
- सीएआरआई, नई दिल्ली में स्वतंत्रता दिवस, गणतंत्र दिवस और महिला दिवस का आयोजन किया गया।
- सीएआरआई, नई दिल्ली में 13 फरवरी 2026 को “जीवनशैली संबंधी विकारों का प्रबंधन” विषय पर एक सीएमई का आयोजन किया गया।
- सीएआरआई, नई दिल्ली के सम्मेलन कक्ष में स्मार्ट 2.0 ऑस्टियोपेनिया परियोजना के जांचकर्ताओं और कर्मचारियों के लिए सीसीआरएएस बेस्ट प्रशिक्षण कार्यक्रम का आयोजन किया गया।
- सीसीआरएएस के महानिदेशक द्वारा एनबीसीएफडीसी की सीएसआर पहल के तहत प्रायोजित एम्बुलेंस के हरी झंडी दिखाने का समारोह आयोजित किया गया।
- स्मार्ट 3.0 के सभी जांचकर्ताओं और परियोजना कर्मचारियों के लिए एक दिवसीय जीसीपी प्रशिक्षण कार्यक्रम का आयोजन किया गया।

- समता आयुर्वेदिक मेडिकल कॉलेज, अस्पताल एवं अनुसंधान केंद्र के छात्रों और 2 संकाय सदस्यों की एक टीम ने 26.02.2026 को सीसीआरएएस- केंद्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई) ,नई दिल्ली का दौरा किया।
- दिनांक 09.03.2026 से 12.03.2026 तक सीएआरआई, नई दिल्ली के सम्मेलन कक्ष से SIDCER FERCAP सर्वेक्षण का दौरा आयोजित किया गया।
- दिनांक 17.03.2026 को आईसीसी (आंतरिक शिकायत समिति) की बैठक का आयोजन किया गया, जिसमें समिति के अध्यक्ष के रूप में सभी मनोनीत सदस्यों और अधिवक्ता लता लोचव (कानूनी सदस्य) ने भाग लिया गया।
- दिनांक 28.03.2026 को राष्ट्रीय सूचना विभाग के सेवानिवृत्त वैज्ञानिक एफ श्री केवल कृष्ण द्वारा राजभाषा नीति और अनुवाद के लिए आईटी उपकरण विषय पर वक्ता के रूप में एक ऑनलाइन हिंदी कार्यशाला का आयोजन किया गया।
- पूरे वर्ष में मासिक आधार पर सीएआरआई, पंजाबी बाग के निदेशक (संस्थान) की अध्यक्षता में तकनीकी समीक्षा बैठकों का आयोजन किया गया।

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Photographs for Annual Report 2025-26



A public awareness lecture was Delivered by Dr. Saroj Devi, R.O. (Ay.) to the OPD patients and their attendants at CARI, New Delhi under the campaign of ***"End Latent Tuberculosis (LTB) Elimination through Ayurvedic- Interventions"*** on 11.04.2025.



An Awareness lecture regarding ***"Early diagnosis and prevention of tuberculosis"*** was taken by Dr. Meenakshi Suri and Dr. Shweta Mata at Sarvodaya Kanya Vidyalaya Punjab Bagh New Delhi under activities for the "Latent TB Elimination through Ayurvedic interventions" campaign on 16/04/2025.



Dr. Kuldeep, R.O. (Ay.) participated in the ***Convocation Ceremony of Panchkarma Technician Course (PTC)*** student's batch 2023-24 organized by the HSSC-Health Care Sector Skill Council (sub -Council on Ayush) at Juniper hall, India Habitat Centre, New Delhi on 13.05.2025.



To mark the countdown to the ***11th International Yoga Day 2025,*** and its theme "Yoga for One Earth, One Health," a Common Yoga Protocol (CYP) was conducted for all officers and officials at CARI, New Delhi on 22.05.2025.



Under the pre-campaign of ***World Environment Day***, a pledge was administered to all the officers and officials by Director (Institute) to promote awareness towards freeing the environment from plastic pollution on 24/05/2025.



As a part of ***World Environment Day Celebration*** Campaign all the officers and officials took part in cleanliness drive at CARI, New Delhi on 26.5.2025.



In Continuation to the celebration of **11th International Yoga Day 2025**, and its theme "Yoga for One Earth, One Health," a Common Yoga Protocol (CYP) was conducted for all officers, officials & patients at CARI, New Delhi on 27.05.2025.



5 जून 2025 को केन्द्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली में **विश्व पर्यावरण दिवस** उत्साहपूर्वक मनाया गया जिसके अंतर्गत संस्थान के प्रांगण में वृक्षारोपण किया गया और रोगियों को पौधे वितरित किए गए।



Launching of "SMART 4.0 Flyer" a unique initiative of CCRAS for preventive care with the theme of *Ritu Shodhana* by all the dignitaries during the ***One-day Workshop under Yoga Samyog*** organized by CARI, New Delhi on 18/06/2025.



ommon Yoga Protocol (CYP) Practiced by participants in the Central Yoga Park of CARI, ND on 21.06.2025



दिनांक 26.6.2025 को राजभाषा विभाग, गृह मंत्रालय, भारत सरकार द्वारा स्वर्ण जयंती समारोह का आयोजन किया गया जिसमें संस्थान की ओर से डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी, श्री करनपाल सिंह, अनुवादक (हिंदी सहायक) और सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया।



दिनांक 27.6.2025 को केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली में हिंदी कार्यशाला का आयोजन किया गया जिसमें अतिथि वक्ता के रूप में श्री संजय कुमार सिंह, उप महाप्रबंधक (हिंदी कार्यान्वयन), सेवानिवृत्त, इंडियन ऑयल लिमिटेड, नई दिल्ली ने राजभाषा नीति पर अपने विचार व्यक्त किए।



CCRAS-CARI participated in ***Shalyacon 2025*** during 13-15 July 2025 at AIIA, ND. MoS Shri Pratap Rao Jadhav & Secretary Ayush had inaugurated the event and visited the CCRAS stall on 14 July 2025.



An "***Exposure Visit "*** was organized at CARI, New Delhi for Dark Room Assistants and Radiographers from various CCRAS institutes on 16/07/2025



Training on ***Patient Rights & Responsibilities*** imparted by Dr. Babita Yadav, R.O. (Ay.) to all the officers and officials of the Institute CARI, New Delhi on 30/07/2025



An ***"Exposure Visit"*** was organized at CARI, New Delhi for Nursing Staff and MTS from various CCRAS institutes on 31/07/2025



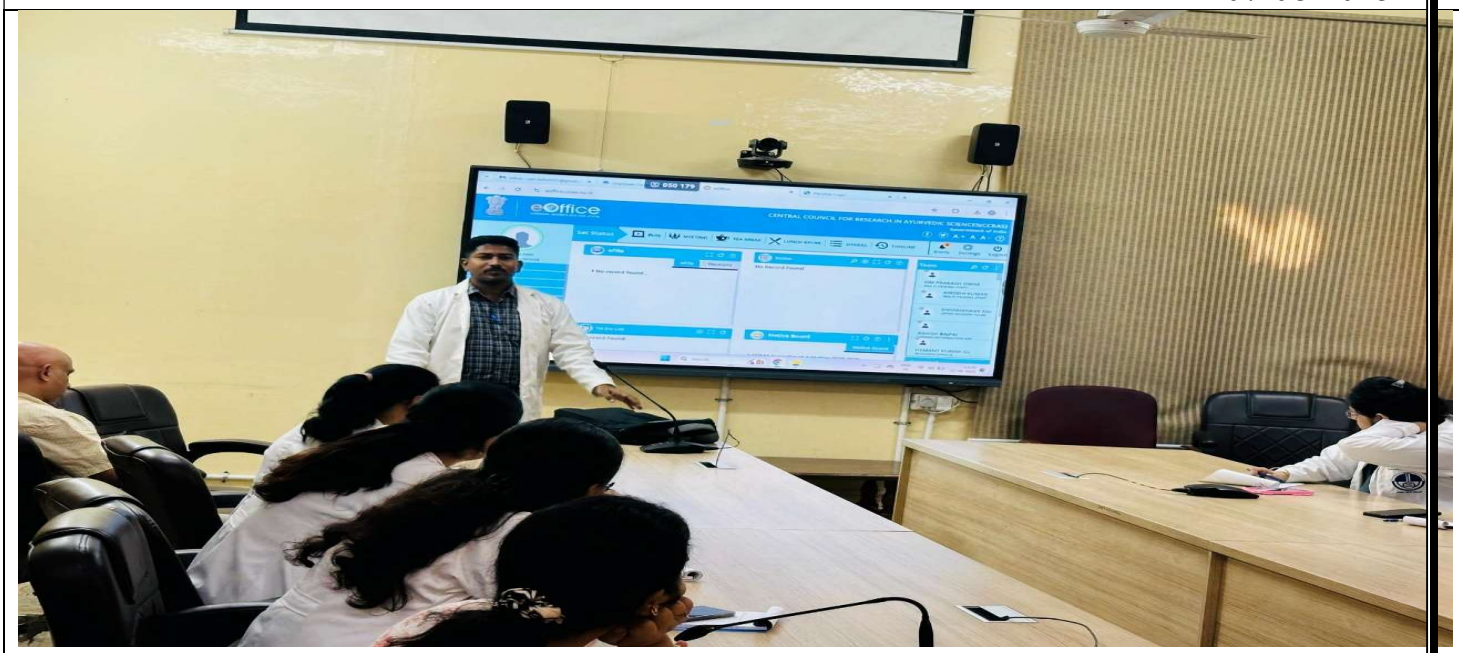
Depth Interviews (IDIs) Conducted by CARI, New Delhi AHMCP-SCSP Team on "Documentation of plants, metals, minerals and animal products and other materials used in various indigenous religious practices and rituals across India" @ Sai Baba Mandir, Najafgarh on 02/08/2025.



Depth Interviews (IDIs) Conducted by CARI, New Delhi AHMCP-SCSP Team on "Documentation of plants, metals, minerals and animal products and other materials used in various indigenous religious practices and rituals across India" @ Gurudwara Sri Guru Sahib Bali Nagar, Ramesh Nagar, New Delhi on 05/08/2025.



A team from ***Ayush Department, Uttar Pradesh consisting Ms. Nisha Anant, IAS, Mission Director, National Ayush Mission, Uttar Pradesh*** & others visited the institute. Dr. Sakshi Sharma, R.O. (Ay.), I/C Director welcomed the team and brief about the institute activities. Dr. Babita Yadav, R. O. (Ay.) & Dr. Renu Rani, R.O. (Ay.) coordinated the visit, gave details about all the research & other activities carried out at CCRAS & Institute level on 07/08/2025



Dr. Ratheesh P., R.O. (Ay.) imparted hands on training of e office to all officers and officials of the Institute on 11/08/2025.



Dr. Bharti, Director (Institute) and Dr. Vandana Siroha, Director, RAV hosted the National flag on the occasion of 79th Independence Day at CARI, New Delhi 15/8/2025



The CARI, New Delhi, organized the campaign ***"Meri Maati Mera Desh"*** under the 'Azadi K a Amrit Mahotsav from 16.08.2025 to 20.08.2025'. On this occasion, the Director of the Institu e administered the ***Pancha Prana Pledge*** to all officers and officials with '*Desh Ki Maati'* and Mitti-Kalasha on 20.08.2025



10th Ayurveda Day was inaugurated on 09/09/2025& a**wareness Lecture Delivered by Dr Hemanta Panigrahi, R.O. (Ay.)** highlighting on essence of Ayurveda and its relevance in promoting health under celebration of Ayurveda Day on 10/09/2025





Yoga camp and Drawing Competition was organized for the young minds by Team of CARI including Dr Ashima Jain, Dr. Meenakshi Suri and Dr. Disha Garg in MCD Pratibha Co-Ed school, Punjabi Bagh (West), ND on 12/09/2025





An **Awareness Lecture** was delivered by Dr. Shivshankar Rajput, R.O. (Ay.) on "Arthritis" at ATC, Safdarjung Hospital, under 10th Ayurveda Day celebration on 12/09/2025	On occasion of 10th Ayurveda Day Celebration, **an awareness Lecture** was delivered by Dr. Swati Sharma, R.O. (Ay.), at the Department of Integrated Medicine, LHMC Hospital on 13/09/2025



8th Rashtriya Poshan Maah was inaugurated by Dr. Bharti, Director (Institute), Dr. H. Panigrahi, R.O. (Ay.) talk focusing on how men's roles & responsibilities in mainstreaming o nutrition at CARI, ND on 16/09/2025.



On the occasion of Inauguration of **Swasth Nari Sashakt Parivar Abhiyan 2025,** Dr.Bharti Director (Institute) Inaugurated the Abhiyan, Staff and patients took the pledge on 17/09/202



संस्थान में 10वें आयुर्वेद दिवस के उपलक्ष्य में संस्थान में ***आयुर्वेद खाद्य महोत्सव*** का भव्य आयोजन 22.09.2025 को किया गया।



"Run for Ayurveda" event is organized on the occasion of 10th Ayurveda Day 2025, with active participation from staff and community members on 22.09.2025



On the occasion of the ***10th Ayurveda Day (23rd September 2025)*** celebrated with Dhanwantri Poojan at different Satellite units of CARI, New Delhi



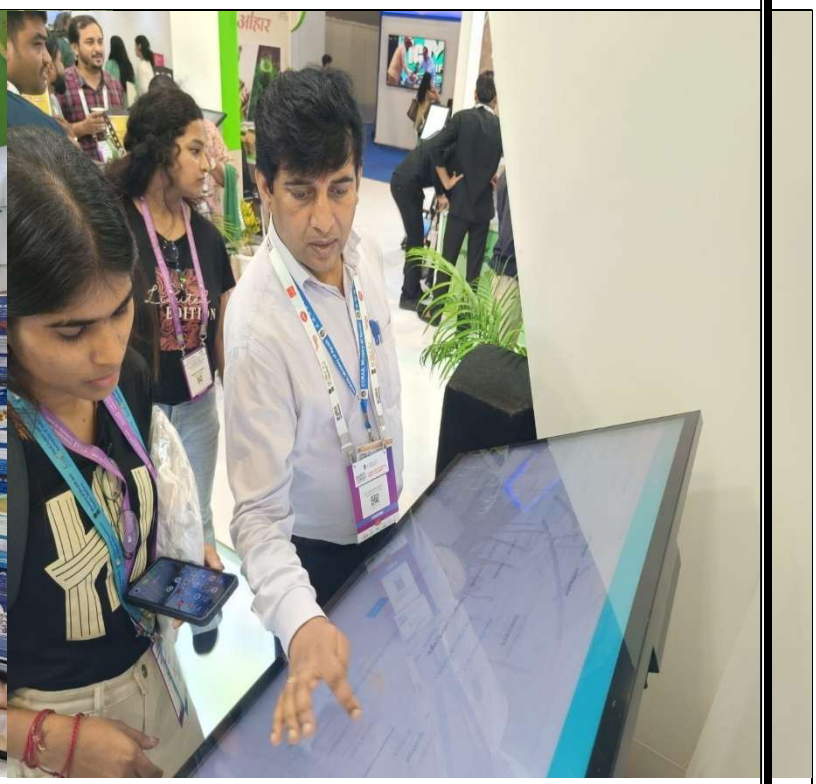
Opening Meeting of NABH assessors with all the officers of CARI, ND for reassessment of NABH on 25.09.2025





दिनांक 26.09.2025 को ***स्वच्छता पखवाड़ा–2025*** के अंतर्गत केंद्रीय आयुर्वेद अनुसंधान संस्थान (CARI), नई दिल्ली में सभी कर्मचारियों द्वारा कार्यालय एवं संस्थागत भवनों की सफाई की गई।





On behalf of CCRAS, Central Ayurveda Research Institute, New Delhi and Bangalore are participating in 4th edition of ***World Food India held at Bharat Mandapam, Pragati Maidan, New Delhi*** from 25th September to 28th September 2025.



Under celebration of ***Rashtriya Poshan Maah, "Ek Ped Maa ke Naam"*** activity organized at CARI, ND. Dr. Bharti, Director (Institute) along with all officers and officials planted the *Amlaki* plant in CARI Garden. *Tulsi* and *Guduchi* saplings were distributed to the Patients attending the OPD on 03.10.2025



Under celebration of ***Rashtriya Poshan Maah***, a *'Growth Monitoring & Health Check-up Camp'* organized by Dr. Renu Rani, R.O. (Ay.) at Balroga OPD, CARI, New Delhi on 08.10.2025.



CARI, New Delhi under CCRAS successful completed its first ***KARMYOGI Batch*** training on dated 09.10.2025.



Under celebration of ***Rashtriya Poshan Maah,*** a *free anemia screening camp* for patients especially females and children were organized in the laboratory of CARI, New Delhi on 10.10.2025.



World Menopause Day 2025 was observed on 18.10.2025 at CCRAS–CARI, New Delhi. Informative and interactive sessions were organized in the OPD to highlight the importance of women's health during menopause & CCRAS-CARI New Delhi organized different activitie

under "***Ek Bharat Shreshtha Bharat"*** on the auspicious day of Dhanwantri Jyanti on dated 18.10.2025.



Concluding session of Vigilance Awareness Week has been observed at CCRAS-CARI New Delhi on 03.11.2025. Shri Sachidanand Prasad Secretary NCISM, New Delhi took an informative class on Preventive Vigilance.



A ***sensitization training on SoP of SIDCER-FERCAP*** was organized at CARI, New Delhi on 04.11.2025.



A plantation drive was conducted at CARI, Punjabi Bagh, New Delhi on 7th November, 2025 to celebrate the commemoration of 150 years of National Song- ***"Vande Matram".***



A ***MoU has been signed between CCRAS-CARI, New Delhi and VMMC & Safdarjung Hospital*** for a Collaborative Project on Menopause on 18 November 2025 at Safdarjung Hospital, New Delhi.



CCRAS-CARI Insightful day at HRIT University on 25/11/25. Officials from DRDO, UP Police and DST visit the stall.



Celebration of the ***Constitution Day*** at CARI, New Delhi on 26.11.2025. A pledge was administered to all the officers and officials by Dr. H. Panigrahi, Institute Incharge.



The ***Ministry of Ayush Pavilion recognized for Excellence in Display with a Special Appreciation Medal*** at the 44th India International Trade Fair (IITF 2025), Bharat Mandapam, New Delhi (14–27 Nov 2025).



Pharmacovigilance awareness program cum Seminar was organized among faculty, students and other staff of the Nehru Homoeopathic Medical College and Hospital, defence colony, New Delhi on 27/11/2025 by PPvC, Central Ayurveda Research Institute- CCRAS, New Delhi



CCRAS-CARI under leadership of Dr. Hemant Panigrahi, Incharge (Institute) organized a ***press conference for upcoming WHO Summit*** event on 09.12.2025



CCRAS-CARI, New Delhi, has been awarded the ***ATAB Accreditation Certificate*** by Rashtriya Ayurveda Vidyapeeth (RAV) for its Panchakarma Technician course on 23/12/2025



CCRAS-CARI celebrated the ***Veer Bal Diwas*** with great enthusiasm. All the officers and officials of the Institute joined the live webcast of the event, graced by the Hon'ble Prime Minister on 26/12/2025



The ***3rd batch of Rashtriya Karmayogi Large Scale Jan Seva Program*** – Phase II was successfully conducted on 30.12.2025 at CARI, ND.



Monitoring Visit of construction site of new building of CARI, New Delhi by DG, CCRAS & CARI officers at Rohini, Sector 8, New Delhi on 05.01.2026



CCRAS–CARI team actively participated in ***Bharat Parv 2026,*** held from 26.01.2026 to 31.01.2026 at the historic Red Fort, New Delhi.



A team of 42 students along with 3 faculty members from Bapuji Ayurvedic Medical College Karnataka visited Central Ayurveda Research Institute (CARI), New Delhi on 12th February 2026.



A ***Continuing Medical Education (CME)*** program focused on the "Management of Lifestyle Disorders" was sponsored by Baidyanath at CARI, New Delhi on 13/02/2026.



CCRAS-CARI,New Delhi successfully completed ***1st surveillance audit of BIS*** without any non- conformities(NC's) subsequent to BIS Certification on 09/02/26-10/02/26.



CCRAS-CARI, New Delhi, successfully organized the **CCRAS BEST Training Program - Building Ethics, Standards and Transparency, under the SMART 2.0 Collaborative Project** on Osteopenia on 18/02/2026.





CCRAS-CARI, New Delhi, proudly ***flagged off a new ambulance, sponsored under CSR*** initiative of NBCFDC on 19/02/2026.



On the occasion ***of International Women's Day, a Health Camp was*** successfully organized for all women staff at Central Council for Research in Ayurvedic Sciences (CCRAS), Janakpuri, New Delhi on 25.02.2026.



A team of ***students from Samata Ayurvedic Medical College, Hospital & Research Centre*** visited CCRAS-Central Ayurveda Research Institute (CARI), New Delhi on 26.02.2026.



A Tripartite Memorandum of Understanding (MoU) was signed at ***Jawaharlal Nehru University (JNU), New Delhi, among the Central Council for Research in Ayurvedic Sciences (CCRAS) – Central Ayurveda Research Institute (CARI), New Delhi, Jawaharlal Nehru University (JNU), and A & U Tibbia College & Hospital*** for the collaborative research project on Vasanthik Vamana on 06.03.2026.





The Central Ethics Committee of the Central Council for Research in Ayurvedic Sciences (CEC-CCRAS), MoA, GoI, successfully underwent a Survey by an internationally recognized ethics accreditation body - ***Strategic Initiative for Developing Capacity in Ethical Review (SIDCER) i***n collaboration with the Forum for Ethical Review Committees in Asia and the Western Pacific (FERCAP) from 9th to 12th March 2026, at CARI, New Delhi.



A Multi-partite MoU Signing Ceremony was held during CCRAS Avalokana 2026, for the Collaborative project ***under SMART 3.0*** at Gwalior on 13 March 2026.





International Women's Day was celebrated at the CCRAS-Central Ayurveda Research Institute on 17.03.2026. A meeting was organized by the **Internal Complaints Committee (ICC)** for the women staff of the institute followed by cultural event.



An ***MoU has been signed between CCRAS - Central Ayurveda Research Institute, New Delhi and Institute for Ayurved Studies and Research, Shri Krishna Ayush University, Kurukshetra*** for the project titled "Impact Assessment of Ayurveda-Based Lifestyle Advocacy and Utilization of Medicinal Plants in Primary Healthcare" under SCSP programme on 20.03.2026.

National Accreditation Board for Hospitals & Healthcare Providers

(Constituent Board of Quality Council of India)

CERTIFICATE OF ACCREDITATION

Central Ayureda Research Institute
Dhanwantri Bhawan, Road No. 66
Punjabi Bagh, West Delhi
New Delhi - 110026

has been assessed and found to comply with NABH accreditation standards for AYUSH Programmes. This certificate is valid for the Scope as specified in the annexure subject to continued compliance with the accreditation requirements.

Date of first Accreditation: October 07, 2022
Date of Previous Cycle
October 07, 2022 to October 06, 2025
Valid from : October 07, 2025
Valid thru : October 06, 2028

PATIENT SAFETY & QUALITY OF CARE — NABH — ACCREDITED

Certificate No.
AH-2022-0169

Dr. Atul Mohan Kochhar
Chief Executive Officer

National Accreditation Board for Hospitals & Healthcare Providers, Tower K-100, First Floor, World Trade Centre, Safdarjung Enclave, Nauroji Nagar, New Delhi – 110029
Phone: +91-11-42600600, +91-11-42600700 • Email: helpdesk@nabh.co • Website: www.nabh.co
Head Office, J – 200, World Trade Centre, Safdarjung Enclave, Nauroji Nagar, New Delhi – 110029, India

ISQua EEA Accredited Organisation 2022-2026

Sl No. 028957

NABH as an organisation is ISQua Accredited
To verify the authenticity of certificate, reach us on verification@nabh.co

The Institute received NABH Accreditation Certificate valid from 07.10.2025-06.10.2028



AYURVEDA TRAINING ACCREDITATION BOARD

CERTIFICATE OF

ACCREDITATION

This certificate is presented to

Central Ayurveda Research Institute

Road No.66, West Punjabi Bagh, Punjabi Bagh, New Delhi, Delhi- 110026

has been assessed and found to comply with
Ayurveda Training Accreditation Board (ATAB)
accreditation standards for Ayurveda Courses.
This certificate is valid for the **Scope** as specified in the annexure subject to continued compliance with the accreditation requirements.

Valid from: Dec 08, 2025
Valid thru: Dec 07, 2028

Certificate No. :
ATAB/AAC/00008/25-26

राष्ट्रीय आयुर्वेद विद्यापीठ नई दिल्ली
NATIONAL ACADEMY OF AYURVEDA

Dr. Vandana Siroha
Director

AYURVEDA TRAINING ACCREDITATION BOARD (ATAB)
RASHTRIYA AYURVEDA VIDYAPEETH
(NATIONAL ACADEMY OF AYURVEDA)
An autonomous body under Ministry of Ayush, Govt. of India
Dhanwantari Bhawan, Road No. 66, Punjabi Bagh (W), New Delhi - 110026, India.
Tele: 011- 35579175 Email: ravaccred@gmail.com Website: www.ravdelhi.nic.in

The Institute received ATAB Accreditation Certificate valid from 08.12.2025-07.12.2028

SURVEY VISIT CERTIFICATE

This is to certify that the

The Strategic Initiative for Developing Capacity
in Ethical Review

SIDCER
Globalizing Ethics for Health Research

in collaboration with the

FERCAP

Forum for Ethical Review Committees in Asia and
the Western Pacific

Conducted a Survey/Site Visit of the

Central Ethics Committee of Central Council for Research in Ayurvedic Sciences (CEC-CCRAS), Ministry of Ayush, Government of India in New Delhi, India, on 10th-12th March 2026

in accordance with the
WMA Declaration of Helsinki,
WHO Standards and Operational Guidance for Ethics Review and Surveying and Evaluating Ethical Review Practices,
CIOMS International Ethical Guidelines,
International Council for Harmonization (ICH)-Good Clinical Practice (GCP) Guidelines,
EC Standard Operating Procedures (SOPs),
and national requirements at the time of the visit.

Prof.Dr. Juntra Karbwang Laothavorn
Survey Coordinator, FERCAP

CEC-CCRAS, MoA, GoI, successfully underwent a Survey by an internationally recognised ethics accreditation ***SIDCER*** in collaboration with FERCAP from 9th to 12th March 2026, at CARI, New Delhi.

Details of MOU Signed till 31st March,2026

S. N.	Details of MoU (project details, etc.)	Name of the Institute/ Universities/ Organization	Date of Execution of MoU	Purpose of the MoUs	Period of MoU	Progress made/ activities undertaken	Outcomes/ intended benefits
1.	Efficacy of Ayurveda interventions against isoflavones in the management of Menopausal symptoms – A randomized open label controlled trial	MoU has been signed between CARI, CCRAS, New Delhi and VMMC & Safdarjung Hospital New Delhi	18.11.2025	To conduct a clinical study on Menopausal symptoms	30 months	Will be initiated soon	Primary Outcome Measure 1. Change in MRS-H (Menopause Rating- Hindi Scale-in menopausal symptoms) Secondary Outcome Measures 1. Change in quality of life in menopausal patients by using the MENQOL questionnaire. 2. Change in hormone profile (LH, FSH and estrogen) by laboratory investigations
2.	Effect of Seasonal Emesis (Vasanthik Vamana) on Metabolic, Inflammatory, and Microbiome Markers in	Central Council for Research in Ayurvedic Sciences (CCRAS) – Central Ayurveda Research Institute (CARI), New	6 March, 2026	This collaborative initiative aims to explore the scientific basis and health impacts of Vasanthik Vamana by	12 months	IEC and CTRI done.	The findings from this exploratory study can contribute to evidence-based policymaking and the promotion of AYUSH therapies as part of public health strategies. It aligns with the objectives of the National AYUSH Mission, which aims to integrate traditional systems of medicine with mainstream healthcare and enhance their acceptance through research and evidence generation.

	Apparently Healthy Adults – An Exploratory Randomized Controlled Study	Delhi, Jawaharlal Nehru University (JNU), and A & U Tibbia College & Hospital, New Delhi		assessing its effects on metabolic, inflammatory, and microbiome markers in apparently healthy adults.			
3.	Effectiveness of Punarnavadi Maṇḍura in the Management of Anaemia in Older Adults: A Community-Based Study	Central Council for Research in Ayurvedic Sciences (CCRAS) -Central Ayurveda Research Institute (CARI), Delhi & Ch. Brahm Prakash Ayurved Charak Sansthan, New Delhi & Government Ayurveda	13 March, 2026	This collaborative project intends to generate evidence based data in Ayurveda for the management of anaemia in geriatric populations	18 months	Sanction order received; Amount transferred to collaborating institutes; IEC done at NEIAH Shillong, RGGPGAC&H, Paprola, GAC, Nagpur, GAC, Rewa and RARI, Nagpur	Reduced proportion of elderly population with Anaemia and improved quality of life and functionality by the classical Ayurvedic intervention-Punarnavadi Maṇḍūra

		College, Nagpur & Government (Autonomous) Ayurveda College and Hospital, Rewa & Rajiv Gandhi Government Post Graduate Ayurvedic College and Hospital, Paprola & North Eastern Institute of Ayurveda and Homoeopathy (NEIAH)-Shillong & Central Council for Research in Ayurvedic Sciences-Central					

		Ayurveda Research Institute, Guwahati & Central Council for Research in Ayurvedic Sciences-Regional Ayurveda Research Institute, Nagpur & Central Council for Research in Ayurvedic Sciences-M S Regional Ayurveda Research Institute, Jaipur					
4.	Impact Assessment of Ayurveda-Based Lifestyle Advocacy and Utlisation of	CCRAS - Central Ayurveda Research Institute, New Delhi and Institute for Ayurved	20.03.2026.	SCSP Program	1 year	Will be initiated soon	**Primary outcome:** Change in **Quality of Life assessed by SF-12** [Time frame: at baseline and at the end of 2 months, 4 months and 6 months.]

	Medicinal Plants in Primary Healthcare under SCSP programme	Studies and Research, Shri Krishna Ayush University, Kurukshetra					**Secondary Outcomes:** 1. Proportion of participants who adopted Ayurveda-based lifestyle practices in their daily lives. 2. Proportion of participants who utilised medicinal plants as a component of primary healthcare. 3. Compliance scores reflecting adherence to *Dinacharya* and *Ritucharya* practices. 4. Reduction in household healthcare expenditure related to primary healthcare management. 5. Sustainability and continued maintenance of medicinal plant cultivation at the household level.