

CENTRAL AYURVEDA RESEARCH INSTITUTE

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Details of PhD/PDF scholars at CARI, New Delhi

SN	Name of the PhD /PDF scholar	Co-supervisor/ Mentor	Topic of the thesis	Year of registration	Year of Completion	PhD institution
1.	Dr. Babita Yadav (CARI, New Delhi)	Dr. Bharti, Director (Institute)	A comparative study of Agnideepan & Vyadhipratyanek Chikitsa vs Vyadhipratyanek Chikitsa for the management of NAFLD.	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
2.	Dr. Deepa Makhija (CCRAS hqrs)	Dr. Renu Singh, R.O. (Ay.)	Comparative Study of Efficacy of Pathadi Churna with Trikatu Churna in the management of Amavata (Rheumatoid Arthritis) wsr to the concept of Ama	2020	2025	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
3.	Dr. Anup Jain (CBPACS)	Dr. Seema Jain, R.O. (Ay.)	Comparative evaluation of efficacy of modified Ashmaghna sweda (stone therapy) and Choorna pinda sweda in management of Katigraha (Lumbar spondylosis).	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
4.	Dr. Pankaj Katarar (CBPACS)	Dr. Seema Jain, R.O. (Ay.)	Evaluation of the efficacy of Snehapana (oral route) and Matra vasti (rectal route) with Ksheera bala taila in the management of Janu Sandhivata (osteoarthritis of knee)- A randomized clinical trial.	2020	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
5.	Dr. Mahesh Kumar (CBPACS)	Dr. H. Panigrahi, R.O. (Ay.)	Comparative evaluation of efficacy of Agnikarma and topical Diclofenac sodium gel in the management of	2019	2024	Datta Meghe Institute of Higher Education and

			Avabahuk (frozen shoulder).			Research (DMIHER), Wardha
6.	Dr. Trapti Agarwal (CBPACS)	Dr. H. Panigrahi, R.O. (Ay.)	Evaluation of comparative efficacy of Eladi Kashaya versus Tab Tranexamic acid in the management of Asrigdara (Heavy menstrual bleeding).	2020	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
7.	Dr. Rakesh Roshan (CBPACS)	Dr. Bharti, Director (Institute)	Study of the Influence of Masa (Month) of Conception on <i>Prakriti</i> among Healthy Individuals.	2023	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
8.	Dr. Sarika (SGT University, Gurugram)	Dr. H. Panigrahi, R.O. (Ay.)	Evaluation of comparative efficacy of Havishyapan in Rajaswala Paricharya Vs Non Rajaswala Paricharya on menstruation-related symptomatology	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
9.	Dr. Pallavi Mundada (CCRAS Hqrs)	Dr. Bharti, Director (Institute)	Evaluation of efficacy of oral Ashwagandha and Abhyanga with Shwadanshradi oil in chronic knee pain among older adults with knee osteoarthritis – A randomized controlled trial	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
10	Dr. Amit Kumar Rai (A & U Tibbia College, Delhi)	Dr. Bharti, Director (Institute)	Comparative evaluation of the efficacy of Baladi granules, Baladi Ksheerpaka, and Yograj Guggulu in primary knee osteoarthritis: A randomized controlled multi-arm study	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha