

Laboratory Department

Central Ayurveda Research Institute, Punjabi Bagh, New Delhi

Central Ayurveda Research Institute, Punjabi Bagh, New Delhi has laboratory department to provide testing facility to patients. Department has a Biochemistry lab and a Pathology lab section. The laboratory provides testing for haematology, biochemistry and clinical pathology. Samples for various project participants are also processed and reported in the laboratory. Laboratory is running internal quality controls as well as has proficiency testing services from AIIMS, Delhi for haematology and CMC Vellore for Biochemistry.

CARI, New Delhi was established in 1979 under the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of AYUSH, Govt. of India. For many years, the institute has been operating out of rented premises in Punjabi Bagh, New Delhi. From the beginning it had a laboratory for pathological & biochemical investigations as part of its mandate. The lab supported clinical research and diagnostic services (pathology, biochemistry) to support Ayurvedic treatments, Panchakarma, Ksharsutra, etc.

The Laboratory of CARI, Punjabi Bagh, New Delhi received NABL certification for NABL M (EL) T in 13.03.2023 which is valid till 12.03.2026. The pathology and biochemistry labs of CARI New Delhi gained **NABL** accreditation. This is a major milestone in laboratory quality assurance and recognition. There is a process going on for getting NABL Accreditation for the laboratory.

All the lab investigations are currently done at CGHS rates as per directions from CCRAS HQ, with discounted rates for senior citizens.

Key Functions of Lab include:

1. Diagnostic Testing: Detect diseases such as infections, cancers, and metabolic conditions.
2. Preventive Screening: Early detection of diseases (e.g., diabetes, heart disease, cancers).
3. Monitoring Health: Tracking the progress of diseases or effectiveness of treatments.
4. Research & Development: Supporting clinical research and the development of new diagnostic tools.

Future Developments

- As of early 2025, the Government broke ground on a new, purpose-built campus in Rohini, New Delhi for CARI, with outlay of ~ ₹187.15 crore. The new campus will be on about 2.92 acres. It is planned to have a 100-bed research hospital, along with specialized clinics (geriatrics, pediatrics, ENT, arthritis, preventive cardiology, eye care), Panchakarma, Kshara sutra, Jalukavacharana (leech therapy), and modern diagnostic / therapeutic technologies.
- The facility will have separate blocks: Administrative, Out-Patient Department (OPD), In-Patient Department (IPD), and a treatment block.

- The lab / diagnostic component is expected to be more robust, supporting both patient care and research. Further facilities for immunological testing and broadening the spectrum of tests is on the cards.

Staff Details-

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