

In-Patient Department (IPD)

A 40-bedded In-Patient Department (IPD) has been established at the Central Ayurveda Research Institute (CARI), New Delhi, to provide comprehensive medical care and continuous monitoring for admitted patients. In this department, patients are provided with essential treatment, nutritious diet, medicines, and nursing care under round-the-clock supervision, ensuring proper recovery in a safe and hygienic environment.

Wards and Capacity

The IPD has been divided into five wards to ensure systematic patient management and comfort. The distribution of beds has been done as follows:

- Nagarjun Ward (Beds 1–8)
- Charak Ward (Beds 9–16)
- Dhanwantari Ward (Beds 17–24)
- Kashyap Ward (Beds 25–32)
- Vagbhat Ward (Beds 33–40)

This ward-wise arrangement allows for efficient monitoring and care, while also creating a structured environment that supports patient privacy and comfort.

IPD Charges

Nominal user charges have been fixed for all admitted patients. These charges cover diet, medicines, and bed facilities, and are designed to make healthcare accessible to everyone. The charges are as follows:

- **General Patients:** ₹100/- per day
- **Senior Citizens:** ₹40/- per day

By providing these services at affordable rates, the hospital ensures that financial constraints do not limit access to quality healthcare.

Facilities Provided in the IPD

Various facilities have been provided in the IPD to ensure patient comfort and proper medical care:

- Clean and well-maintained wards are provided for all patients.
- Comfortable beds are made available in hygienic surroundings.
- Nutritious meals are supplied according to the medical requirements of patients.
- Essential medicines are provided daily as part of the nominal charges.
- Continuous nursing care is ensured, with staff available 24×7.
- Regular sanitation and infection control measures are undertaken to maintain hygiene and prevent hospital-acquired infections.
- Assistance is provided by support staff in patient care, hospital upkeep, and kitchen services to ensure smooth functioning of the department.

Human Resources in the IPD

Qualified nursing and support staff have been deployed to ensure effective functioning of the IPD:

- **Assistant Matron:** 1 has been appointed to supervise nursing staff and coordinate services.
- **Sister In-Charge:** 1 has been assigned to manage the overall nursing care in the wards.
- **Nursing Staff:** 10 qualified nurses have been posted to provide round-the-clock patient care.
- **MTS Staff:** 12 members (10 male and 5 female) have been engaged to assist in patient care, hospital maintenance, and kitchen services.

Key Highlights

- Affordable daily charges have been prescribed for general patients, while concessions have been provided for senior citizens.
- Patient-friendly facilities have been maintained, ensuring a safe, clean, and comfortable environment.
- Continuous monitoring and professional care have been provided to every patient admitted.
- Hygiene and infection control measures have been strictly implemented in all wards.
- A structured system of wards and dedicated staff has been established to ensure proper supervision, treatment, and recovery for all patients.

Through these arrangements, the In-Patient Department of CARI, New Delhi has been developed as a dedicated healthcare facility where quality healthcare, comfort, and dignity are provided to all admitted patients. This department stands as a model of organized, affordable, and compassionate medical care, reflecting the commitment of the hospital toward patient welfare.