



An MoU was signed between the *CARI-CCRAS, New Delhi & Jawaherlal Nehru University (JNU)* for a collaborative research project titled “*Entrepreneurship in Ayush Industry: Management and commercialization Principles in Ayush product and services*” at CARI, New Delhi on 22.05.2024



Under the observance of *World Environment Day 2024*, a LiFE Pledge was taken by the officers and officials of CARI New Delhi under the leadership of Director (Institute) on 28.05.2024



World No Tobacco Day was celebrated in CARI Delhi. Dr Meenakshi Suri, R. O. (Path.), gave a brief description regarding the need to celebrate No Tobacco Day following pledge administration to all officials on 31/05/2024.



World Environment Day was celebrated with a great enthusiasm in the CARI, New Delhi. An awareness lecture was given by Dr Bharti, Director (Institute) to the officials and the patients visiting CARI, New Delhi. Saplings of *Tulsi* were also distributed in this occasion on 05/06/2024.



On the occasion of **World Blood Donor Day**, a free Blood Grouping Camp was organised at CARI, ND. An awareness lecture was delivered by Dr Bharti, Director (Institute) & Dr. Ashima Jain, R.O. (Path.) to spread the awareness for the same. A pledge taking ceremony also organised in the Institute on 14.06.2024



A Common Yoga Protocol (CYP) was practiced one day prior to celebrations of **10th International Yoga Day (IDY)** by officers and officials at CARI, ND on 20.06.2024

NNS 75
वदलते भारत की साथ तस्वीर
सत्कारिता
मेरी दिल्ली
नई दिल्ली, 23 - 29 जून, 2024

**केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग
में 10वें अंतर्राष्ट्रीय योग दिवस का हुआ आयोजन**



पंजाबी बाग। दसवें अंतर्राष्ट्रीय योग दिवस 2024 के उपलक्ष में 21 जून को प्रातः 7 बजे केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग नई दिल्ली के सभी अधिकारियों व कर्मचारियों एवं रोगियों द्वारा एक सामान्य योग प्रोटोकॉल का योगाभ्यास किया गया। संस्थान के अधिकारी एवं कर्मचारी सुबह 7 से पहले संस्थान के केन्द्रीय उद्यान

में एकत्रित हुए। डॉ. श्वेता माटा, अनु. (अधि.), आयु और डॉक्टर रेनु रानी एवं सभी कर्मचारियों और रोगियों के स्वागत के साथ कार्यक्रम की शुरुआत की।

डॉ. भारती, निदेशक संस्थान के अष्टांग योग पर विशेष जोर देते हुए योग के इतिहास और महत्व के बारे में एक संक्षिप्त परिचय दिया गया। इसके

अलावा डॉक्टर हेमंत पाणिग्रही एवं अनु. (अधि.), आयु ने दैनिक दिनचर्या में योग अभ्यास के महत्व के बारे में बताया। श्रीमती दिशा गर्ग सहा अनु. (अधि.) (फिजियोथेरेपी) द्वारा एक सामान्य योग प्रोटोकॉल 2024 का अभ्यास कराया गया। जिसमें लगभग 120 प्रतिभागियों ने भाग लिया वह नियमित योगभाष करने का संकल्प लिया गया।

Meri Delhi Newspaper coverage on **10th International Yoga Day** celebrated at CARI, New Delhi on 21.06.2024



Dr. Sakshi Sharma, R.O. (Ay.) gives presentation in *E-3 Program to engage the Foreign alumni in promoting commerce and business opportunities abroad in the field of Ayush*, organized by Indian Council for Cultural relations (ICCR) at Delhi university on 12.07.2024



An awareness talk on *Vaccine Preventable Diseases* especially in children was delivered by Dr. Chetan Sharma (SMO, WHO) in the committee room. The session was inaugurated by Dr. Bharti, Director (Institute) on 15.07.2024



National Organ Donation Day was celebrated at CARI, New Delhi with much gusto. The entire staff was made aware about the launching of Government of India's mass awareness campaign "*Angdaan Jan Jagrukta Abhiyaan*" and the benefits of Organ Donation on 03.08.2024



One day ***Administrative Capacity Enhancement Training & Workshop*** was conducted at CARI, New Delhi by Mr. Laxmi Kant Ganguli, Ex Director (Admn & Finance), NCHM & CT, Min. of Tourism highlighting various administrative issues



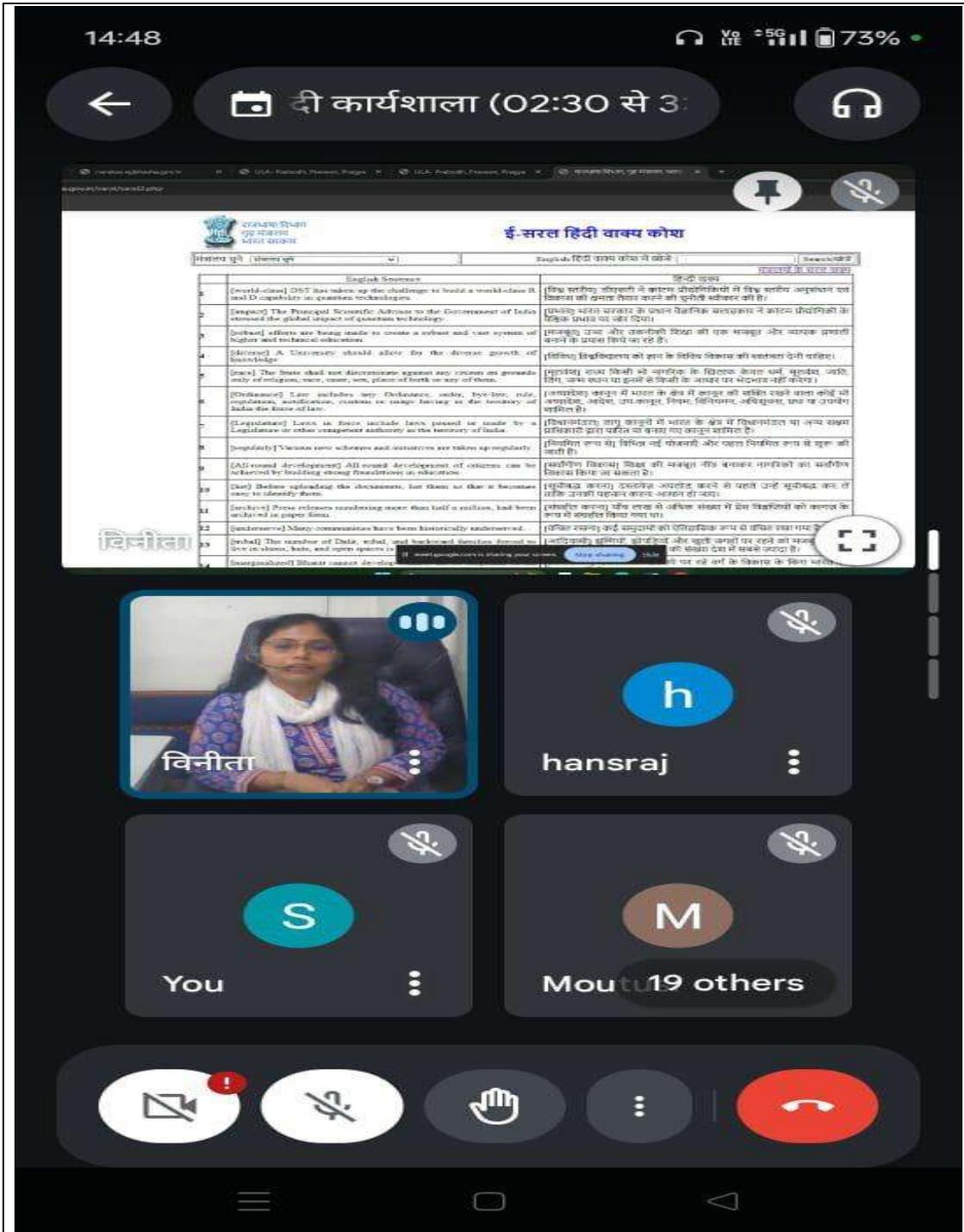
like General office procedures, Conduct Rules, Record management, GFR etc. on 03.08.2024 "*Har Ghar Tiranga*" program was celebrated at CARI, ND. Flags were distributed to all the officers and officials of the Institute on 14.08.2024



78th Independence Day was celebrated at CARI, New Delhi campus with patriotic fervour. National flag was hoisted by Dr. Bharti, Director (Institute) in the presence of Director (RAV), officers and officials of Institute on 15.08.2024



Rashtiriya Poshan Maah 2024 inaugurated by Dr. H. Panigrahi, R. O. (Ay.) in the presence of officers and officials of CARI, New Delhi on 06.09.2024.



दिनांक 06.09.2024 को सीएआरआई, पंजाबी बाग, नई दिल्ली में **ऑनलाइन हिंदी कार्यशाला** का आयोजन किया गया जिसमें श्रीमती विनीता तिवारी, सहायक निदेशक (टं / आ.), हिंदी शिक्षण योजना, राजभाषा विभाग, गृह मंत्रालय, भारत सरकार ने " **हिंदी ई- टूल्स** " नामक विषय पर व्याख्यान दिया।



As a part of celebration of **Rashtriya Poshan Maah 2024**, A growth monitoring health check-up camp was conducted by Dr. Renu Rani, R.O. (Ay.) at Balaroga OPD, CARI, ND for children upto 16 year age group on 11.09.2024.



दिनांक 17.9.2024 को सी. ए. आर. आई., पंजाबी बाग, नई दिल्ली में **हिंदी पखवाडा 2024** का शुभारम्भ किया गया। इस अवसर पर डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी ने माननीय आयुष मंत्री जी का सन्देश पढ़ा एवं हिंदी के विषय में विभिन्न मुद्दों पर प्रकाश डाला।



Swachhata Hi Seva program was inaugurated by Dr. Bharti, Director (Institute) from 17.09.24 to 02.10.24. All the officers and officials of the Institute took the pledge. A plantation drive was also carried out at Institute premises on 17.09.2024



National Seminar on ***“Fostering Patient Safety: Role of Diagnostic Practices in Ayush”*** *Samyak Pariksha: Atur Suraksha* organised by PPvC, Central Ayurveda Research Institute (CCRAS-CARI), New Delhi in collaboration with NPVC, AIIA, New Delhi on 18.09.2024



On behalf of CCRAS, CARI New Delhi participated in the ***3rd edition of World Food India*** organized by the Ministry of Food Processing Industries from 19th to 22nd September 2024, at Pragati Maidan, New Delhi.



As a part of the celebration of **Swachhata Hi Seva 2024**, an educational public demonstration on “12 Steps of Hand Washing” was given by Ms.Moutusi Biswas, (Asst. Matron) to patients and their attendants visiting the OPD of CARI, New Delhi on 21.09.2024



A **Common Yoga Protocol** was practiced by officers and officials of CARI along with OPD patients under the celebration of **Rashtriya Poshan Maah 2024**. Dr. Renu Rani, R. O. (Ay.) & Mrs. Disha Garg, ARO (Physio.) demonstrated Yoga Asana on 24.09.2024



A National webinar was organized on the topic "*Role of Ayush to address the Anemia*" under the celebrations of *Rashtriya Poshan Maah 2024*. Guest Lecture was delivered by Dr. Sagar Bhide, Asst. Professor, Department of Kaumarbhritya, ITRA, Jamnagar on 25.09.2024 at 2.00 pm.



An *Anaemia Screening Camp* was conducted at Sarvodaya Kanya Vidyalaya No.2, Punjabi Bagh, New Delhi under celebration of *Rashtriya Poshan Maah 2024* on 26.09.2024.



Under the observance of **Swachhata hi Seva 2024**, an awareness lecture was delivered by Dr. Shaizi Layeeq, Research Officer (Ay.) on "*Role of Cleanliness for maintenance of general well being*" for the students and teachers of Sarvodaya Kanya Vidyalaya, Punjabi Bagh West, ND on 26.09.2024.



As a part of the celebration of **Swachhata Hi Seva 2024**, hygiene kits and safety gears were distributed for the protection of Housekeeping staff by Dr. Bhari, Director (Institute) on 27.09.2024.



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केंद्रीय आयुर्वेद अनुसन्धान संस्थान, नई दिल्ली में दिनांक 3.10.2024 को **हिंदी पखवाड़ा समापन समारोह 2024** आयोजित किया गया। इस समारोह में प्रतियोगिताओं के विजेताओं को निदेशक महोदया एवं डॉ. हेमंत पाणिग्रही, अनु. अधि. (आयु.) द्वारा प्रमाण पत्र वितरित किए गए।



Press conference was held by CCRAS-CARI, ND to **Highlight the 100 days Achievements of the Institutes** under aegis of Ministry of Ayush on 08.10.2024



Launching Ceremony of ground breaking project in collaboration with AIIMS entitled “*Improving the QOL for the elderly population in the surrounding villages of Dayalpur PHC, Ballabgarh*” on 16.10.2024



Dr. Shweta Mata, R.O.(Ay.) delivered a guest lecture during **Pharmacovigilance Awareness Program** organized by A & U Tibbia College & Hospital, New Delhi on 16.10.2024



9th Ayurveda Day celebration with Focal theme “*Ayurveda Innovation for Global Health*” has been formally initiated at CARI, New Delhi on 19.10.2024.



Under the celebration of *9th Ayurveda Day*, CARI, New Delhi organized Ayurveda Food Festival on 22.10.2024



As a part of celebration of **9th Ayurveda Day**, an awareness lecture was taken by Dr. Shweta Chaudhary, R.O (Ay.) and Dr. Kuldeep, R.O.(Ay.) at *Dr. Rajendra Prasad Kendriya Vidyalaya, Rashtrapati Bhawan*, on 25.10.2024



A Medical Camp was organised by Dr Shaizi Layeeq, R. O. (Ay), CARI, New Delhi under **9th Ayurveda Day Celebrations** at CSIR- NIScPR, SV Marg Campus, New Delhi on 25.10.2024.



Under celebration of **9th Ayurveda Day**, *Run for Ayurveda* event was organized under the leadership of Dr. Bharti, Director (Institute) on 26.10.2024



On the Auspicious occasion of *Dhanwantari Poojan*, *9th Ayurveda Day* celebrations has been done at CARI, New Delhi, and its satellite centres i.e. *Ayush Wellness Centre, President's Estate, ATC, Safdarjung Hospital, ATC, Lady Hardinge Hospital, Delhi* on 29.10.2024



Inauguration of Centre of Excellence in Sustainable Ayush For Advanced technologies solutions, start-up support and net zero sustainable solutions for Rasaushadhis at *Indian Institute of Technology (IIT), Delhi* by Honourable PM on 9th Ayurveda Day 29.10.2024



Inauguration of Centre of Excellence in Ayurveda and system medicines under Ayurswathya Yojana at JNU by Honourable PM on 9th Ayurveda Day Celebration on 29.10.2024



CARI, New Delhi organized workshop/ sensitisation programme on **Preventive Vigilance** with invited speaker LK Ganguli Ex Director (Admin/Finance)&secretary ministry of tourism Govt. of India, in view of *Vigilance Awareness Campaign* on 11.11.2024



Training imparted by Dr. Sakshi Sharma, R.O. (Ay.) on **CCRAS Prakriti Assessment scale** at GS Ayurveda Medical College, Hapur held on 27th -28th November 2024



दिनांक 11.12.2024 को मेजर ध्यानचंद स्टेडियम, नई दिल्ली में भारतीय खेल प्राधिकरण, नई दिल्ली द्वारा नराकास की **छमाही बैठक** का आयोजन किया गया। इस बैठक में संस्थान की ओर से डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी तथा सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया



100 day intensified campaign on TB elimination was launched at CARl, New Delhi by Dr. Bharti, Director (Institute) on 03.01.2025.



Lamp Enlightening event of Foundation Stone Laying Ceremony of New Building of CARl, New Delhi by Secretary of Ministry of Ayush, DDG (MoA), DG-CCRAS and Director (Institute) at Rohini on 05.01.2025



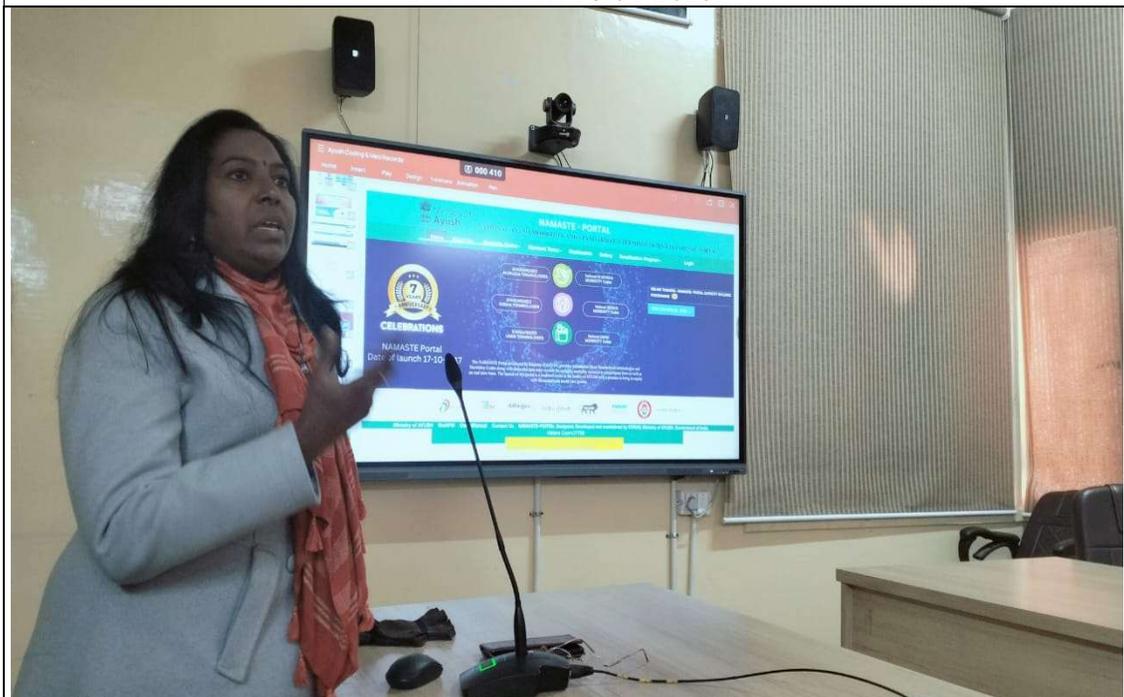
Foundation Stone Laying Ceremony of New Building of CARI, New Delhi by Honourable PM at Rohini on 05.01.2025



Officers and Officials of CCRAS-CARI at **Foundation Stone Laying Ceremony** of New Building of CARI, New Delhi at Rohini on 05.01.2025



The building site with its inventory at FC-5, A-block, Rohini, New Delhi has been handed over to CPWD by officers and officials of CARI, for further construction activities on 16.01.2025.



A program was conducted to celebrate the announcement of **“Ayush Medical Coding and Records Day”**, to be observed annually on 10th January starting from 2025. A lecture was delivered by Dr. Sudha, Research Officer (Ayurveda), & Nodal Officer for the Namaste Portal, on the **“Significance of Observing Ayush Medical Coding and Records Day”** at CARI, Punjabi Bagh, on 13th January 2025.



As a part of **100 Day Intensified Campaign on TB elimination** launched by the government, an awareness lecture on “*Diagnosis, Management, and prevention of Tuberculosis*” was delivered by Dr. Meenakshi Suri, R.O. (path) for the entire staff of CARI, New Delhi on 17.01.2025.



Central Ayurveda Research Institute (CARI), New Delhi, showcased its initiatives at the Ayush Pavilion, under the theme “*Ayush Ke Sath Swastha Bharat, Viksit Bharat*”, during Bharat Parv at Red Fort, New Delhi from 26th-31st January 2025.



As a part of the **100 Day Intensified Campaign on TB elimination** , a **Nikshay pledge** was taken by the entire staff of CARI, New Delhi in the presence of Dr. H. Panigrahi, R.O. (Ay.) on 31.01.2025



Dr. Shweta Mata, RO (Ay.), delivered a guest lecture on **"Holistic Approach to Prevention of OPMDs & Oral Cancer"** at Department of Dental & Oral Surgery, LHMC, NOHP, MoHFW on 04.02.2025



CCRAS-CARI, New Delhi, team Dr. Kishor Patel, R.O. (Ay.) & Dr. Shrawan Sahu, R.O. (Ay.) participated in '**38th Surajkund International Crafts Mela**' at Surajkund, Faridabad, Haryana on 11.02.2025



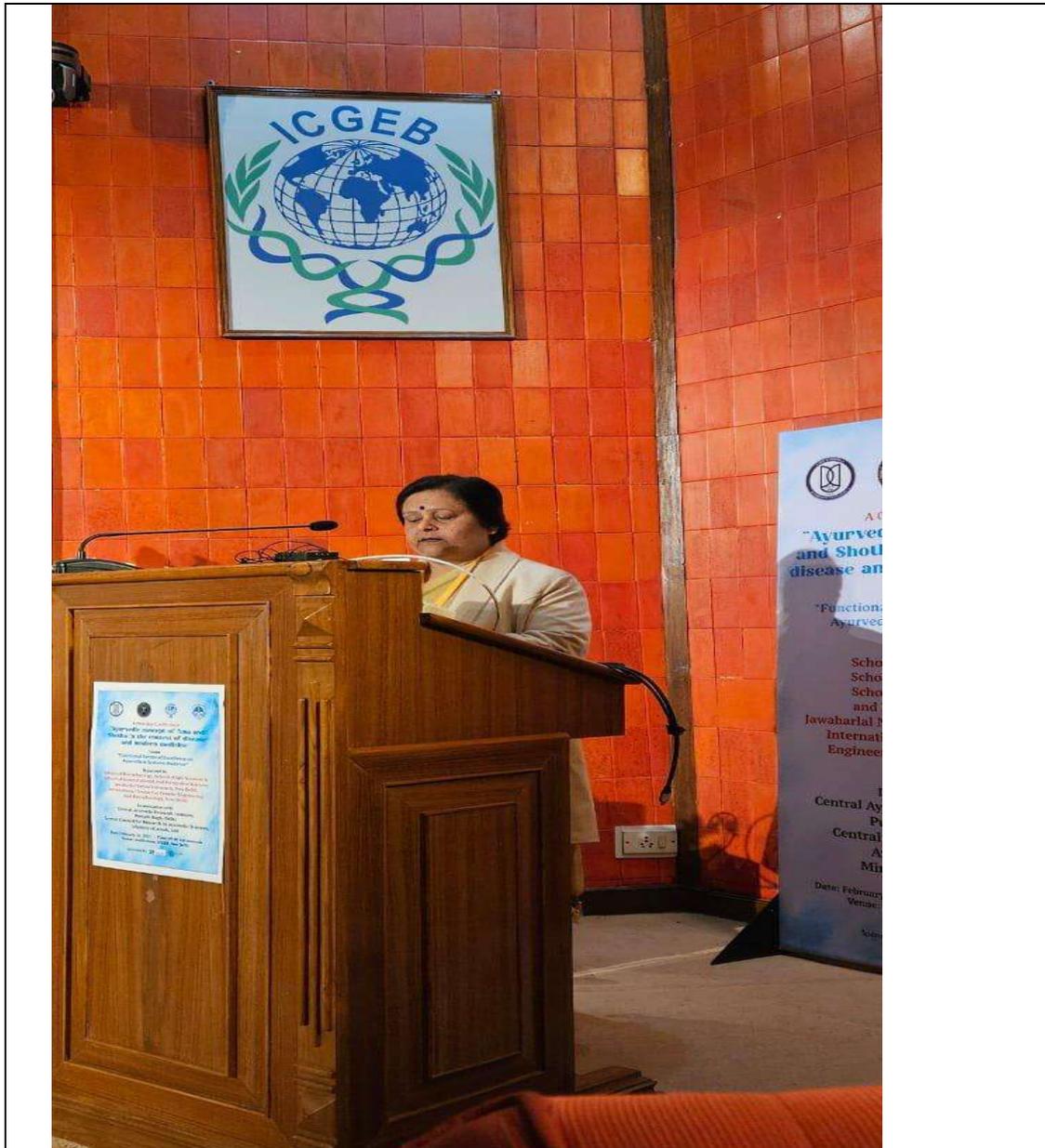
A Tripartite MoU was signed among *CARI-CCRAS, New Delhi, AIIA Sarita Vihar, Delhi & Parul Institute of Ayurveda & Research, Vadodara* at CARI, New Delhi for collaborative research on **Osteopenia Project under SMART 2.0** on 19.02.2025



Northern Region organised a **Trade Show, Health Tech India 2025** at the Pragati Maidan, ND from 20-22 Feb 2025. On behalf of CCRAS, Dr. Saroj, Research Officer (Ay.) & Dr. Shivani Puri, JRF (Ay.) from CARI, New Delhi participated and gave free consultation and awareness to the visitors.



Ayush Ministry stall was awarded with the **Best Stall Award** at Rise in India at Ghaziabad on 22.02.2025



Dr. Bharti, Director (Institute) delivered *Inaugural Address* at one day conference on ***Ayurvedic Concept of Ama and Shotha in the context of Disease & Modern Medicine*** organised by School of Biotechnology, School of Life Sciences JNU; in association with ICGEB, CARI-CCRAS New Delhi at JNU, on 24.02.2025



Dr. Babita Yadav, R.O. (Ay.) delivered a Guest lecture during *Hands-on training cum Workshop on Ayurvedic Concept of Ama and Shotha in the context of Disease & Modern Medicine* organised by School of Biotechnology, School of Life Sciences JNU; in association with ICGEB, CARI-CCRAS New Delhi at JNU, under Functional Centre of Excellence on Ayurveda & System Medicines, JNU from 25.02.2025 to 01.03.2025



Dr. Shaizi Layeeq, R.O. (Ay.) attended a *Hands-on training cum Workshop on Ayurvedic Concept of Ama and Shotha in the context of Disease & Modern Medicine* organised by School of Biotechnology, School of Life Sciences JNU; in association with ICGEB, CARI-CCRAS New Delhi at JNU, under Functional Centre of Excellence on Ayurveda & System Medicines, JNU from 25.02.2025 to 01.03.2025



The *Pharmacovigilance Awareness Program* was organized among OPD patients, their attendants, and staff by the PPvC team of CARI-CCRAS, New Delhi on 04.03.2025



An awareness Programme in view of ICC along with *International Women's Day* was celebrated at CARI, New Delhi on 06.03.2025



Officers & officials of CARI, New Delhi attending ***Closing Meeting of BIS 2nd Stage Audit*** at Conference Room on 12.03.2025.
No any Major & Minor NCs were observed during the Audit.



BIS 2nd Stage Audit team with Officers & Officials of CARI, New Delhi on 12.03.2025



As a part of the **100 Day Intensified Campaign on TB Elimination**, an awareness lecture on **Tuberculosis & its prevention** was delivered at Mukharjee Nagar & IEC material was also distributed for Tuberculosis awareness under AMHCP-SCSP 2024-25 on 20.03.2025



CCRAS-CARI Delhi showcased its initiatives at International Conference on **“Global Perspectives of Medicinal Plants”** at Ramjas College, DU (March 20-21, 2025). The team lead by Dr. Sakshi Sharma, R.O. (Ay.) set up an exhibition stall, displayed IEC Brochures & Raw Drugs, and offered expert counselling on Ayurvedic wellness.



Under aegis of **"100-day campaign for TB Elimination"** activities, an interactive session and awareness lecture for staff was delivered by Dr. Meenakshi Suri, R. O. (Path.) in the conference room of CARI, New Delhi on 20.03.2025.



An awareness lecture on **Heat wave and its Impacts- Prevention and Treatment** was delivered by Dr. Seema Jain, Research Officer (Ay.) to the officers & officials of CARI, New Delhi on 20.03.2025.



Dr. Bharti, Director (Institute) attended *CCRAS-Avalokana-2025*, a two day meeting centered on reviewing and planning CCRAS Nifty activities at RIC, Jaipur from 21st to 22nd March 2025



Dr. Bharti, Director (Institute) awarded with *QMS Certification for IS/ISO 9001:2015* by Vaidya Jayant Deopujari, Chairperson, NCISM, at Avalokana-2025, Jaipur from 21st to 22nd March 2025