



A MoU has been signed between **CARI, CCRAS, New Delhi and Deptt. of CTVS, AIIMS, New Delhi**, for a Collaborative project entitled, "A Randomized placebo control clinical study to evaluate the effect of **Ayush-SR** as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery" on 20/01/24.



On the auspicious occasion of **75th Republic Day**, Vaidya Shri Jayant Devpujari, Chairman, NCISM hoisted the flag in the presence of officers and staff of CARl, New Delhi and NCISM on 26/01/2024



Dr. Bharti, Director (Institute) inaugurated **Poshan Pakhwada 2024** at CARl, New Delhi on 11/03/24



Dr. Seema Jain, R.O. (Ay.) delivered an awareness lecture on **“Importance of Poshan (nutrition)”** to the patients and attendants under the celebration of the **Poshan Pakhwada 2024** at CARI, New Delhi on 11/03/2024



Dr. Sakshi Sharma, R.O. (Ay.) delivered a lecture during the **Celebration of Women’s Day** at CARI, New Delhi on 11/03/2024



Dr. Sakshi Sharma, R.O. (Ay.) addressed the OPD Patients and General Public on the topic “*Seasonal healthy dietary practices*” under the celebration of the ***Poshan Pakhwada 2024*** at CARI, New Delhi on 12/03/2024



Dr. Renu Rani, R. O. (Ay.) delivered an awareness lecture on the topic “*Infant & young child feeding practices*” to the OPD Patients and general public under the celebration of the ***Poshan Pakhwada 2024*** at CARI, New Delhi on 13/03/2024



An awareness lecture was given by Dr. Shweta Mata, R. O. (Ay.) and Dr. Shrawan Sahu, R. O. (Ay.) on the topic “*Poshan Bhi Padhai Bhi*” at MCD Pratibha School, Punjabi Bagh under the celebration of the *Poshan Pakhwada 2024* on 15/03/2024



Training on *Spill management* was organised by CARI, New Delhi for all the staff of the institute on 15/03/2024.

Social media post- Twitter Handle Update of activities of Poshan *Pakhwada 2024* and *Spill Management Training* at CARI, New Delhi.



Oath on ECCE administered by Dr. Bharti, Director (Institute) to all officers and officials of CARI, New Delhi under the celebration of the *Poshan Pakhwada 2024* on 16/03/2024



Dr Shaizi Layeeq, R.O. (Ay.) delivered an awareness lecture on the topic *“Traditional and Local Dietary Practices w.s.r. Vasant Ritucharya”* to the OPD Patients and general public under the celebration of the *Poshan Pakhwada 2024* at CARI, New Delhi on 18/03/2024.



Dr. Kishor Patel, R.O. (Ay.), delivered an awareness lecture on the topic **“Traditional Food Recipes”** to the OPD Patients and general public under the celebration of the **Poshan Pakhwada 2024** at CARI, New Delhi on 22/03/2024