

Introduction of CARI, New Delhi

Central Ayurveda Research Institute, Punjabi Bagh, New Delhi, was established in the year 1979 under Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India. It is registered under the SOCIETIES REGISTRATION ACT OF 1860 w.e.f. 29/07/2011. The institute is housed in a rented building covering approximately 2 acres.

The institute is dedicated to clinical research of Ayurveda. Its mandate is Clinical research on lifestyle related and Non-communicable disorders focussing on other Cardiovascular Diseases.

VISION- To develop scientific evidence in Clinical Research on Non-communicable diseases, focusing on chronic diseases, lifestyle diseases and preventive Cardiology. The vision of the institute is to develop scientific evidence in Clinical Research on Non-communicable diseases, focusing on chronic diseases, lifestyle diseases and preventive Cardiology.

Milestones to achieve Mission:

- The Institute has obtained NABH on 7th October, 2022 for its 40 bedded hospital.
- The Institute has also obtained NABL on 13th March 2023 for its pathology and biochemistry labs.
- The Institute also running self finance 1 Year Panchkarma Technician Course since 2018 which is affiliated to Healthcare Sector Skill Council of India.
- The institute is focusing on its mandate through collaborative research projects with AIIMS and Safdarjung hospital with the quality of patient care and safety.
- Institute has collaboration with Datta Meghe Institute of Medical Sciences, Wardha for PhD Program and 06 scholars are pursuing PhD at the Institute currently.
- The Institute Obtained Bureau of Indian Standards Certification on 4th April 2025 QMS license No CRO/QM/L-8004510 as per IS/ISO 9001:2015.

A Landmark Moment for CARI New Delhi

January 5, 2025 was a momentous step towards advancing healthcare and promoting traditional medicine, the Hon'ble Prime Minister Shri Narendra Modi ji laid the foundation stone for the new building of Central Ayurveda Research Institute (CARI) at FC-5 ,Block A, Sector- 28, Rohini, New Delhi. The ceremony was graced by Shri Prataprao Jadhav ji, Hon'ble Union Minister of Ayush, Shri Yogender Chandoliya ji, Member of Parliament, North West Delhi, along with other distinguished dignitaries from Ministry of Ayush and CCRAS, Hqrs. Their presence highlighted the significance of this landmark project, which will play a crucial a role integrating Ayurveda into mainstream healthcare

For this Purpose, Ministry of Ayush, Government of India sanctioned budget of Rs. 187.15 crore. This building will be constructed at 2.92-acre land offering new opportunities for holistic healing, specialized clinics, and skill development, and is expected to be completed within 30 months.

CARI New Delhi had signed MoU with CPWD on 23rd September, 2024 for the construction of proposed building on the allotted land at Rohini, Delhi. Director Institute under the able guidance of DG, CCRAS& DDA, CCRAS visited the Land on regular basis at Rohini Delhi around one month and various meetings were conducted with the headquarters officers &officials, CPWD Officers and other vendors who contributed a lot in planning and execution of this mega step of ownership of building and inaugural ceremony.

The new facility will feature four main blocks: the Administrative Block, Outpatient Department (OPD) Block, Inpatient Department (IPD) Block, and a dedicated Treatment Block, ensuring a seamless and comprehensive healthcare experience. The institute will offer specialized clinics in geriatrics, pediatrics, ear-nose-throat (ENT), arthritis, preventive cardiology, and eye care, alongside traditional treatments like Panchakarma, Kshara sutra (medicated thread therapy), and Jalukavacharana (leech therapy), combined with modern diagnostic and therapeutic technologies. The institute will also house cutting-edge clinical laboratories, physiotherapy units, two big auditoriums, Meeting rooms, Special rooms/guest rooms, Library and two level underground parking . The building will be green building as per GHAR norms having rain water harvesting, STP, ETP, solar panels and green Area.

This advanced infrastructure is expected to revolutionize research and patient care in Ayurveda, positioning CARI as a global leader in the integration of traditional and modern healthcare practices.

B. BIS certification

As per the directives of CCRAS Headquarters (Letter No. F.No.HQ-CR011/3/2024/1429), **CARI, New Delhi** was selected among the first five institutes to undergo the **BIS Licence Certification Process**. In this regard, designated **Nodal and Co-Nodal Officers** were trained in **Quality Management System (QMS)** implementation.

Under the guidance of the Director, a dedicated team developed the necessary QMS documentation and **Standard Operating Procedures (SOPs)** to elevate the institute's quality standards. The institute successfully completed the **Stage-I BIS Audit** on **24th December 2024**, during which the QMS framework and supporting documents were presented to the audit team. Based on the recommendations received in Stage-I, the institute thoroughly prepared for the **Stage-II Audit**, which was conducted on **11th and 12th March 2025**. The audit was completed **without any non-conformities**. Following this, **CARI, New Delhi** was awarded the **IS/ISO 9001:2015 Certification** on **4th April 2025**.

C: Collaborations During Current Year

.During the reporting year 2024–25, CARI, New Delhi signed Memorandums of Understanding (MoUs) with Jawaharlal Nehru University (JNU), All India Institute of Ayurveda (AIIA), and Parul Institute of Ayurveda, Vadodara to undertake three major collaborative research studies: (1) a three-year multicentric project with JNU on “Exploring the Role of Prakriti in Host-Pathogen Interactions,” involving multiple CCRAS institutes for subject enrollment and sample collection; (2) a SMART 2.0 initiative titled “Effectiveness of Ayush Osto in Post-Menopausal Women with Osteopenia,” jointly conducted with AIIA and Parul Institute, evaluating an Ayurvedic formulation for bone health; and (3) a study with JNU on “Entrepreneurship in Ayush Industry,” aimed at exploring management and commercialization strategies to enhance the impact and reach of Ayush products and services

I. Administrative Report**1. Staff pattern as per format given below:****Staff pattern (31.03.2025 updated)**

S. No.	Name of the sanctioned post	No. of posts sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
1	Director (Institute)	01	Dr.Bharti	-	F	Neither	-
2	Assistant Director (Ayurveda)	01	-	01	-	-	
3	Assistant Director (Medicine)	01	-	01	-	-	-
4	Assistant Director (Bio-Chem.)	01	-	01	-	-	
5	Assistant Director (Pathology)	01	Dr.Renu Makhija	-	F	Neither	-
6	Administrative Officer	01	-	01	-	-	-
7.	Research Officer (Ayurveda)	20	i.Dr.H.Panigrahi ii.Dr.Anu Bhatnagar iii.Dr.Sakshi Sharma iv.Dr.Seema Jain v. Dr Babita Yadav vi.Dr.Patel Kishorji Premaji vii.Dr.Mata Shweta viii.Dr.Rajput Shiv Shankar ix. Dr.AthiraS. x. Dr.Shaizi Layeeq xi. Dr.Saroj Devi xii. Dr.Sudha Kumari Chiluveri xiii. Dr.Shweta Chaudhary xiv. Dr.Neha Dubey xv. Dr.Kuldeep xvi. Dr Sharwan Kumar Sahu	-	M F F F F M F M F F F F F M M	Neither Neither +PWD Neither Neither OBC Neither Neither +PWD Neither Neither SC OBC SC Neither OBC OBC	21 Research Officers posted at CARI and Satellite Centres Dr. C. Ashwin resigned on 18.10.24 (Technically resigned) Rinky Devi Thakur resigned on 18.10.24 (Technically resigned)

S. No.	Name of the Sanctioned post	No. of Posts Sanctioned	Name & Designation Of the persons working against post	No. of Posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
			xvii. Dr Swati Sharma		F	Neither	
			xviii. Dr. Renu Rani		F	Neither	
			xix. Dr. Mayur Surana Chandrakant		M	Neither	
			xx. Dr Aishwarya K		F	Neither	Joined on transfer from RARI Ranikhet 11.10.24
			xxi. Dr Ratheesh P		M	OBC	Joined on transfer from CCRAS 12.03.25
8	Research Officer (Path.)	01	Dr. Ashima Jain	-	F	Neither	02 Research Officer (Path) at CARI New Delhi
			Dr Meenakshi Suri		F	Neither	
9	Assistant Matron	01	Ms. Moutusi Biswas	-	F	Neither	
10	Asst. Research Officer (Physiotherapy)	01	Ms. Disha Garg	-	F	Neither	
11	Sister-in-charge	02	Ms Sima Hutaik	01	F	Neither	Ms Salubai Mangate transferred to RRAP, Mumbai on 17.12.24
12	Statistical Assistant	01	-	01	-	-	
13	Hindi Assistant	01	Smt. Sonali Sharma	-	F	Neither	
14	Staff Nurse	08	i. Ms. Shweta Chaudhary		F	SC	Sh Dipender transferred to RRAP, Mumbai on 20.07.24
			ii. Smt Priya Chugh		F	Neither	
			iii. Ms. Akansha Sharma		F	Neither	
			iv. Smt Ekta		F	SC	
			v. Smt Arannya Mukhjree		F	Neither	
			vi. Ms. Monu Sharma		F	Neither	
			vii. Sh Munesh		M	ST	
			viii. Sh Vijay Singh Rohlaniya		M	OBC	Joined on transfer from RRAP, Mumbai 30.08.24
			ix. Smt Preeti Singh		F	OBC	Joined on transfer from RRAP, Mumbai 28.12.24
15	Pharmacist Gr-I	7	i. Sh. Pramod Kumar	03	M	Neither	1. Sh. Gorav resigned on 22.01.25
			ii. Sh. Bachharaj Kumhar		M	OBC	
			iii. Sh Veerendra Gupta		M	OBC	2. Sh Manish resigned on 21.12.24
			iv. Sh Navratan Singh Meena		M	ST	Joined on transfer from RARI, Ahmedabad 16.12.24
16	Radiographer	01	-	01	-	-	
17	Security In-charge	01	-	01	-	-	
18	Social Worker	01	-	01	-	-	
19	Stenographer Grade-'I'	01	-	01	-	-	

S. No.	Nameofthe Sanctionedpost	No.of Posts Sanctioned	Name & Designation Of the persons working against post	No.of Posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks	
20	Assistant	01	i. Sh Mukesh Kumar	-	M	SC	02 Assistant posted at CARI New Dehi	
			ii. Sh Rajnath Rawat		M	SC		
21	Electrician	01	-	01	-	-		
22	Laboratory Technician	06	i. Sh.V.S.Pandey	02	M	Neither		
			ii. Sh.Nempal Singh		M	ST		
			iii.Sh.Abhishek Gautam		M	Neither		
			iv.Sh Lakhmi Chand Yadav		M	OBC		
23	Panchakarma Technician	04 (2 M+ 2F)	i. Sh Pradeep Mehta	01	M	OBC	-	
			ii. Sh Hareesh		M	OBC		Newly appointed 27.01.25
			iii. Smt Jyoti Rawat		F	Neither		Newly appointed 28.01.25
24	Private Secretary	01	-	01	-	-	-	
25	Upper Division Clerk	05	Sh. Ankit Thakran	04	M	Neither		
26	Dark Room Assistant	01	Smt Sweta Bhardwaj	-	F	Neither	-	
27	Library& Information Assistant	01	Sh Ashish Bajpayee	-	M	Neither		
28	Driver	02	Sh.Sunil Kumar	01	M	SC		
29	Gestetner Operator	01	-	01	-	-		
30	Lower Division Clerk	05	i.Sh. Himanshu	03	M	SC		
			ii.Sh Sonu		M	OBC		
31	Laboratory Assistant	01	-	01	-	-		
32	Laboratory Attendant	03	i. Sh. Surender Mohan Sihara	-	M	ST		
			ii.Sh.Amit		M	SC		
			iii.Sh Bhupender Singh		M	SC		
33	Cook	03	-	03	-	-		
34	Dresser	01	-	01	-	-		
35	Panchakarma Attendant	08	i. Smt.Kalawati	06	F	ST	Joined on transfer from CARI, Patiala 20.12.24	
			ii.Smt Neetu Chanalia		F	SC		
36	Ward Aya	06	i. Smt.Roopa	03	F	Neither		
			ii. Sh Kumar Vivek		M	Neither		
			iii.Sh Sagar		M	PWD+SC		
37	Chowkidar	04	i.Sh.Kirodh Kumar	02	M	Neither		
			ii.Sh.Krishna Gopal		M	SC		
38	Dhobhi	01	Sh.Ravinder	01	M	SC		

39	Kitchen Servant	03	-	03	-	-	
40	Labourer/Farma Attendant	03	i. Sh. Bhim Sen	-	M	SC	
			ii. Sh Deepak Chauhan		M	Neither	
			iii. Sh Manjeet		M	Neither	
41	Mali	02	i. Sh Shiv Raj Meena	-	M	ST	
			ii. Sh Aman		M	SC	
42	Peon	08	i. Sh. Om Prakash	03	M	Neither	
			ii. Sh. Dharmveer Singh		M	OBC	
			iii. Sh. Rahul		M	SC	
			iv. Sh. Nagendra		M	Neither	
			v. Sh. Sunil		M	SC	
43	Safaiwala	06	-	06	-	-	
44	Ward Boy	06	-	06			Sh. Raghubir Singh retired on 30.04.24 Sh. Vijay Kumar MTS (ward boy) promoted to the post of LDC and transferred to CCRAS on 21.09.2024
45	Female Attendant (MTS)	01	-	01	-	-	

The posts below are not in the sanctioned strength of the Institute

1. Smt Aastha Dawar, A.R.O (Clinical Psychology), SC/ST/OBC-Neither
2. Ms Sonam Chandok, A.R.O (Clinical Psychology), SC/ST/OBC-Neither
3. Sh Rakesh Redhu, Pharmacist, SC/ST/OBC-Neither, Posted at Rashtrapati Bhavan (New appointed 08.01.2025), Vide Letter No. 2-1/2023-CCRAS/Rectt/3581, dated 09.09.2024
4. Sh Vinod Kumar, Phanchkarma Technician, SC/ST/OBC-Neither, Posted at Rashtrapati Bhavan, Vide Letter No. 2-2/2023-CCRAS/Rectt/3559, dated 23.08.2023
5. Ku. Karishma Kumari, Phanchkarma Technician, SC/ST/OBC-OBC, Posted at Rashtrapati Bawan (New appointed 24.01.2025), Vide Letter No. 2-2/2023-CCRAS/Rectt/5541, dated 04.12.2024
6. Sh. Anil Kumar, Animal Attendant, SC/ST/OBC- SC

2. Staff distribution as per group A to D

S.No.	Group	Number of Staff						Whether roster maintained or not
		General	SC	ST	OBC	Others	Total	
1.	A	19	02	00	05	00	25	Yes
2.	B	12	04	02	04	00	20	Yes
3.	C	13	13	04	06	00	39	Yes
4.	D	00	00	00	00	00	00	Yes
Total		44	19	06	15	00	84	

3. Gender wise expenditure done

S.No.	Components	S.T. Category	Others	Total
1	Male Components	3724806	40893849	44618655
2	Female Components	3664856	59112684	62777540
	Total	7389662	100006533	107396195

4. a) Brief report on Infrastructure of the Institute

Establishment	:	The Institute was established in 1979
Staff working	:	Please see page no 4
Building Own or Rented	:	Rented
Laboratory	:	Biochemistry, Pathology, X-Ray
Any Other	:	OPD, IPD, Panchakarma, Ksharsutra, Leech therapy, Eye OPD, Geriatric OPD, Athritis clinic, Preventive Cardiology& life style clinic, ENT clinic, Balroga, Physiotherapy, Clinical Psychology.

b) OPDs running at different places(satlite centers/services):

- Ayurvedic Treatment Centre at Safdarjung Hospital,New Delhi.
- Department of Integrated Medicine Lhmc And Associated Hospital at Lady Hardinge Medical College and Hospital, New Delhi.
- First Aid Post at Supreme Court, New Delhi.
- Ayurveda Treatment Centre at ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi.
- Ayush Wellness Clinic at President's Estate, New Delhi.
- CCRAS- JNU Ayurveda Treatment & Research Facility, Delhi.
- CSIR-NPL, Delhi: OPD once a week.
- Press Club of India: OPD once a week.

5. Renew generated during the year (2024-25) from OPD/IPD/Lab/Panchakarma/Medical plants sale, etc.

S.No.	Section	Amount(in Rs)
1	OPD	3,08,570
2	IPD	5,67,784
3	X Ray	1,04,308
4	Panchkarma	8,30,358
5	Panchkarma Lady Harding	71,337
6	Lab	1,85,390
7	Physiotherapy	32,626
8	Ksharsutra	16,976
9	Eye	1,34,960
10	ENT	53,586
	Total	23,05,895

6. Details of the Budgetary Provision to the Institutes during the reporting period:

Scheme	B.E. (In Lakh)	Fund received In Lakh)	Actual expenditure (In Lakh)
Plan-Contingency	4,12,35,000	4,40,25,000	4,40,25,000
RA	2,75,00,000	2,75,00,000	2,75,00,000
Non-Plan Pay & Allowances	12,00,00,000	10,67,45,374	10,67,45,374
Total	18,87,35,000	17,82,70,374	17,82,70,374

7. Composition of Institutional Ethical Committee / Central Ethics Committee (constituted during COVID pandemic)

Sl. No.	Name & Address	Discipline	Designation
1.	Prof. Subir Kumar Maulik, Dept. of Pharmacology, AIIMS	Basic Medical Scientist (Pharmacology)	Chairperson
2.	Prof. Rajesh Khadgawat Dept. of Endocrinology & Metabolism, AIIMS	Clinician (Modern Medicine)	Member
3.	Dr. Jasbir Kaur, Prof. & Officer-in-charge Dept. of Ocular Biochemistry Dr. R.P. Centre for Ophthalmic Sciences, AIIMS, New Delhi	Basic Medical Scientist (Biochemistry)	Member
4.	Prof. Mahesh Vyas, Professor & Head, Dept. of Samhita & Siddhant, AIIA, Sarita Vihar, New Delhi	Ayurveda Expert	Member
5.	Dr. Anil Kumar Gupta, Advocate	Legal Expert	Member
6.	Dr. Avadhesh Kumar Srivastava, Ayurveda Maha Sammelane	Social Scientist/Non-Govt. Agency	Member
7.	Sh. Rama Krishnan, Administrative Officer, Rashtriya Ayurveda Vidyapeeth	Lay Man (Non-Medical Person)	Member
8.	Prof. R.P. Singh, Centre for Philosophy School of Social Sciences, JNU	Philosopher	Member
9.	Dr. Bharti, Director (Institute) CARI, New Delhi	Ayurveda Expert	Member Secretary

II. Technical Report

1. Programme /Projects allotted and completed during the reporting period(2024-25)

S.No.	Name of the programme	New Programme		Remarks
		Target	Target Achieved	
A. COLLABORATIVE PROJECTS				
1.	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine. (RML, New Delhi)	120	98	Completed
2.	Randomized Double-Blind Placebo controlled Clinical Study of Ayurvedic coded drug AYUSH-A in the management of Bronchial Asthma (Tamak Shwas)- Collaborative study with AIIMS	100	79	Completed
3.	Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study	37	32	Completed
4.	A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)	150	127	Completed
5.	Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial – Collaborative study with VMMC & safdarjung hospital, New Delhi	90	88	Completed
6.	Efficacy of Ayurveda interventions in the management of <i>menorrhagia (Raktapradara)</i> –A randomized controlled trial - Collaborative study with VMMC & safdarjung hospital, New Delhi	140	69	ongoing
7.	Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention- <i>Dhatri Lauha</i> in the management of Iron Deficiency Anemia: An open label single arm Multicenter study	480 120 at each center	CBPACS- New Delhi: 39 MSM Khanpur, Sonipat: 69 RGGPGAC & H, Paprola: 109 SAMC & H, Indore: 60	ongoing
8.	Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study	480 (120 from each center)	Gurukul- Haridwar: 40 RGGPGAC & H-Paprola: 115 Parul- Vadodara: 72 BHU-Varanasi: 43	ongoing
9.	Efficacy of Ayurveda Interventions (PushkarGuggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study	100	11	ongoing
10.	“An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabgarh district of Haryana- A community-based study”	400	33	ongoing
11.	Randomized controlled trial of “ <i>Anshumati Ksheer Paka</i> ” in hypertension induced left ventricular hypertrophy- Collaborative study with VMMC & safdarjung hospital, New Delhi	110	04	ongoing
B. Intra Mural Research(IMR) Projects				
13.	Evaluation of Efficacy and Safety of AYUSH-HR in the	140	121	Completed

	Management of Pre-Hypertension – A Double-blind Randomized control clinical study			
14.	Clinical assessment of the efficacy of Ayurvedic management in PCOS –a randomized open-label control trial- Study site VMMC & safdarjung hospital, New Delhi	180	131	ongoing
15.	Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial	100	100	Ongoing
16.	A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis	30	28	Completed
17.	“Efficacy and Safety of AYUSH SR tablet in the management of stress among university students–A double-blind randomized placebo-controlled study	70	34	Continued
18.	Evaluation of efficacy and safety of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avaleha in Chronic Rhinosinusitis: A Randomized Controlled Multicenter Study	80	It will be initiated soon	It will be initiated soon
C. Observational Survey Study				
19.	Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicenter cross-sectional survey study		Completed	
20.	"Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study"		Completed	
D. Survey Study				
21.	A Systematic survey of the Labeling Information of Ayurvedic Drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945.		Ongoing	
E. Out Reach Activities				
22.	AMHCP Under SCSP 2024-25	In 4 villages	Patient Treated -4653 Investigation Done-8975 Total Visits done-210	Date of initiation-03.05.2024
23.	“Acceptability of the comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster randomized study” Under SCSP 2024-25	Survey- 962 (481 pre-study and 481 post-study) IAHA-30 families Household covered -128	Completed	Completed
F. Pharmacovigilance of ASU & H Drugs				
24.	Pharmacovigilance of ASU & H Drugs		ongoing	
G. Literary Study- Life Profile of Ayurveda Luminary				
25.	Entrepreneurship in Ayush Industry: Management and commercialisation principles in Ayush products & services		ongoing	
26.	Life Profile of Ayurveda Luminary -Prof. PNV Kurup		Completed	
27.	Life Profile of Ayurveda Luminary –Vd. Tarachand Sharma		Completed	
28.	Life Profile of Ayurveda Luminary – Dr.HM Chandola		Completed	

2. Submission of Information for Research outcomes published in reputed National/ International Journals for the current financial year 2024-25.

S. No.	Name of the Corresponding author	Type of Research Publication (Research Article/ Review article)	Citation of the Research Publication (Research Article) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medico-Ethno-Botanical Survey, Cultivation, Agro techniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	Indexing agency i.e. Scopus, Pubmed, UGC care, Web of Science etc. <i>(Note: Please check the indexing based on the database link provided in the email)</i>	DOI, ISSN	Name of Institute /Centre
1.	Dr. H. Panigrahi, R.O. (Ay.)- 3 rd author	Original article	Agrawal, T., Inamdar, S., Panigrahi, H. K. and Rathod, P. (2024) "Randomized, Single Blind, Standard Controlled, Equivalence Clinical Trial to Evaluate the Comparative Efficacy of Eladi Kasaya Versus Tranexamic Acid Tablet in the Management of Asrigdara (Heavy Menstrual Bleeding): A Clinical Trial Protocol", Journal of Pharmaceutical Research International, 36(3), pp. 1-9. doi: 10.9734/jpri/2024/v36i37502.	Clinical Research	13.03.2024	Scopus, PubMed (selected citations), and Index Copernicus	DOI: 10.9734/jpri/2024/v36i37502 Page1-9 Issue:2024-volume 36 [Issue3]	CARI, New Delhi

2.	Dr. Seema Jain, R.O. (Ay.)-3 rd author	Research article	Dr. Pankaj Kumar Katara, Dr. Punam Sawarkar, Dr. Seema Jain. Evaluation the Efficacy of Snehapana (Oral Route) and Matra Basti (Rectal Route) with Ksheera Bala Taila in the Management of Janu Sandhi Vata (Osteoarthritis of Knee) -A Pilot Study. African Journal of Biomedical Research, 5622–5631. https://doi.org/10.53555/ajbr.v27i4s.4655	Clinical Research	Acceptance : 06/12/2024	Scopus - From 2010 - 2024 Web of Science - Zoological Record	DOI: https://doi.org/10.53555/AJB R.v27i4S.4655	CARI, New Delhi
3.	Dr. Seema Jain, R.O. (Ay.)-3 rd author	Review Article	Sawarkar, Punam & Jain, Seema. (2024). Role of Panchakarma Chikitsa in the Management of Katigraha (Lumbar Spondylosis): A Literature Review. JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH. 10.7860/JCDR/2024/62954.19250.	Clinical Research	01.04.2024	Google Scholar Web of Science	DOI: 10.7860/JCDR/2024/62954.19250	CARI, New Delhi
4.	Dr. Babita Yadav, R.O. (Ay.)-2 nd author Dr. Kuldeep, R.O. (Ay.)-17 th author	Research Article	Sharma, Vipin; Yadav, Babita; Sharma, Lalita; Rana, Rakesh; Singhal, Richa; Tripathi, Arunabh et.al. Ayurveda formulations for prophylaxis against coronavirus disease-2019 infection - A prospective community-based study in identified containment zones of 19 districts across India. AYU (An International Quarterly Journal of Research in Ayurveda) 45(1):p 1-11, Jan–Mar 2024. DOI: 10.4103/ayu.ayu_223_22	Clinical Research	08.06.2024	PubMed	DOI: 10.4103/ayu.ayu_223_22	CARI, New Delhi
5.	Dr. Babita Yadav, R.O. (Ay.)-1 st Author Dr. Sakshi Sharma, R.O. (Ay.)-6 th author Dr. Bharti Gupta, Director (Institute)-10 th author	Protocol Article	Yadav B, Rao B, Narang R, Jameela S, Khanduri S, Sharma S, Dinesh D, Srivastava A, Bhardwaj R, Gupta B, Srikanth N, Arya DS. Efficacy and safety of ayurvedic intervention (Sarp Gandha Mishran) vs Amlodipine for Stage-I primary hypertension- study protocol for a prospective Double-Dummy, Double-Blind, placebo-controlled Randomized Clinical Trial. BMC Complement Med Ther. 2025 Mar 1;25(1):88. doi: 10.1186/s12906-025-04802-4. PMID: 40025470;	Clinical Research	01.03.2025	Pub Med	https://doi.org/10.1186/s12906-025-04802-4	CARI, New Delhi

PMCID: PMC11871589.								
6.	Dr. Seema Jain, R.O. (Ay.)-2 nd author Dr. Babita Yadav, R.O. (Ay.)- 4 th author	Protocol article	Das, Banamali; Jain, Seema; Krishna Rao, S.; Yadav, Babita; Jameela, Sophia; Rana, Rakesh; Rao, B. C. S.; Rao, M. M.; Srikanth, N.. Efficacy of Ayurveda interventions and lifestyle versus lifestyle interventions alone in grade I and II non-alcoholic fatty liver disease: Protocol for a multicenter exploratory pilot randomized controlled trial. Journal of Research in Ayurvedic Sciences 8(4):p 201-208, July-August 2024. DOI: 10.4103/jras.jras_106_24	Clinical Research	25.10.2024	UGC care	10.4103/jras.jras_106_24	CARI, New Delhi
7.	Dr. Babita Yadav R.O. (Ay.)- 4 th author	Outcome article	Panda, Purnendu; Bhuyan, Guru Charan; Rao, Meda Mrutyunjaya; Yadav, Babita; Sharma, Bhagwan Sahai; Khanduri, Shruti; Rana, Rakesh Kumar; Srikanth, Narayanam. Effect of Kaishora Guggulu and Madhusnuhi Rasayana in the management of gout (Vatarakta): An open-label single-arm prospective study. Journal of Research in Ayurvedic Sciences 8(4):p 165-172, July-August 2024. DOI: 10.4103/jras.jras_115_24	Clinical Research	25.10.2024	UGC care	10.4103/jras.jras_115-24	CARI, New Delhi
8.	Dr. Babita Yadav R.O. (Ay.)-1 st author	Case report	Babita Yadav, Vaishali Kuchewar, Bharti, 2024. A protocol for an open-label randomized parallel group clinical study on non-alcoholic fatty liver disease (NAFLD). Journal of medical pharmaceutical and allied sciences, V 13 - I 4, Pages - 6681 – 6686. Doi: https://doi.org/10.55522/jmpas.V13I4.6470 .	Clinical research	28.07.2024	Scopus Indexed JCDR	DOI: 10.7860/JCDR/2024/71064.20373	CARI, New Delhi
9.	Dr. Kishor Patel R.O. (Ay.)-3 rd author	Clinical & Drug Research	Charde, Vaibhav A.1; Kaur, Harmeet B.2; Patel, Kishore P.3; Patgiri, B. J.4; Prajapati, P. K.4. Comparative safety and study of Shadguna Makaradhwaja prepared from thin foils of gold and residue with Guduchi Ghana (aqueous extract of Tinospora cordifolia Miers.) in management of Madhumeha (type 2	Clinical Research & Drug Standardization	08.06.2024	PubMed	10.4103/AYU.AYU_315_19	CARI, New Delhi

			diabetes): A double-blind, randomized, clinical trial. AYU (An International Quarterly Journal of Research in Ayurveda) 45(1):p 32-42, Jan-Mar 2024. DOI: 10.4103/ AYU.AYU_315_19					
10.	Dr. Shweta Mata, R.O. (Ay.)-1st author Dr. Rajput Shivshankar R.O. (Ay.)-2 nd author Dr. Bharti Gupta, Director (Institute)-5 th author	Research Article (Protocol)	Mata S, Rajput S, Tuli IP, Mundada P, Gupta B, Srikanth N, Acharya R Ayurveda Management of Allergic Rhinitis: Protocol for a Randomized Controlled Trial JMIR Res Protoc 2024;13:e56063	Clinical Research	25.09.2024	PubMed, PubMed Central (PMC), MEDLINE, Sherpa Romeo, DOAJ, Scopus, Web of Science (WoS)/ESCI/SCIE, and EBSCO	JMIR Res Protoc 2024;13:e56063 doi: 10.2196/56063	CARI, New Delhi
11.	Dr. Shweta Mata R.O. (Ay.)-1st author Dr. Sakshi Sharma, R.O. (Ay.)-2 nd author Dr. Kuldeep, R.O. (Ay.)-3 rd author Dr. Renu Rani, R.O. (Ay.)- 4 th author Dr. Bharti Gupta, Director (Institute)-5 th author	Literary research	Mata, Shweta & Sharma, Sakshi & Singh, Kuldeep & Ota, Sarada & Rani, Renu & Gupta, Bharti & Acharya, Rabinarayan. (2024). Vaidya Bhagwan Dash – a renowned clinician, researcher, and litterateur of Ayurveda. Journal of Research in Ayurvedic Sciences. 8. S81-S87. 10.4103/jras.jras_314_23.	Fundamental Research	03.05.2024	UGC care	JMIR Res Protoc 10.4103/jras.jras_314_23	CARI, New Delhi

12.	Dr. Rajput Shivshankar R.O. (Ay.)-1st author Dr. Shweta Mata, R.O. (Ay.)-2nd & corresponding author Dr. Bharti Gupta, Director (Institute)-5 th author	Research Protocol Article	Rajput S, Mata S, Saxena U, Ota S, Gupta B. Ayurveda Management of Menorrhagia (Raktapradara): Protocol for a Randomized Controlled Trial Ayurveda Management of Menorrhagia (Raktapradara): Protocol for a Randomized Controlled Trial. JMIR Res Protoc 2025;14:e60801	Clinical Research	31.03.2025	PubMed, PubMed Central (PMC),MEDLINE, Sherpa Romeo,DOAJ,Scopus,Web of Science(WoS)/ESCI/SCIE, and EBSCO.	10.2196/60801	CARI, New Delhi
13.	Dr. Shaizi Layeeq R.O. (Ay.)-1st author & corresponding author	Life Profile Article	Layeeq, Shaizi. Professor Shivcharan Dhyani - Exponent of new concepts on Ayurveda principles. Journal of Research in Ayurvedic Sciences 8(Suppl 1):p S56-S63, May 2024. DOI: 10.4103/jras.jras_346_23	Life Profile Article	May 2024	UGC Care	DOI: 10.4103/jras.jras_355_24	CARI, New Delhi
14.	Dr. Rajput Shivshankar R.O. (Ay.)-1st author Dr. Shweta Mata, R.O. (Ay.)-2nd author Dr. Bharti Gupta, Director (Institute)-6 th author	Protocol article	Rajput S, Mata S, Saxena u,Ota S,Tripathi A, Gupta B,,et al. Clinical assessment of the efficacy of Ayurvedic management in PCOS: Study protocol for a randomized open-label standard control trial J Res Ayurvedic Sci 2024;8:147-56.	Clinical Research	2024	UGC Care	DOI : 10.4103/jras.jras_199_23	CARI, New Delhi
15.	Dr. Sudha Kumari K. G R.O. (Ay.)-1 st author & corresponding author Dr. Babita Yadav R.O. (Ay.)-4 th	Protocol article	Chiluveri SK, Deshpande SN, Bhatia T, Yadav B, Gupta B, Jameela S, et al. Study protocol of a randomized, double-blind, placebo-controlled clinical trial on the efficacy and safety of an Ayurveda formulation (Ayush-SR) in the management of occupational stress among nurses. J Res Ayurvedic Sci 2024;8:85-92.	Clinical Research	17.06.2024	UGC care	DOI:10.4103/jras.jras_294_23	CARI, New Delhi

	author Dr. Bharti Gupta, Director (Institute)-5th author							
16.	Dr. Sudha Kumari K. G, R.O. (Ay.)-1 st author & corresponding author Dr. Bharti Gupta, Director (Institute)-3 rd author	Literary research	Sudha K, Ashwin CC, Gupta B. Epic journey of Prof.Vaidya Shriram Sharma Evincing Ayurveda to the World. J Res Ayurvedic Sci 2024;8:S75-80.	Fundamental Research	03.05.2024	UGC care	DOI:10.4103/ jras.jras_331_ 23	CARI, New Delhi
17.	Dr. Shweta Chaudhary R.O. (Ay.)-1 st author & Correspondin g Author Sudha Kumari KG, R.O. (Ay.)-7th author Dr. Shweta Mata, R.O. (Ay.)-11th author Dr. Bharti Gupta, Director (Institute)-13 th author	Protocol article	Chaudhary S, Khanduri S, Mata S, Rao BCS, Singh Anand K, Kishore Kumar R, Sudha Kumari KG, Mahajan B, Kumar Rana R, Singhal R, Mata S, Makhija R, Bharti, Srikanth N, Dhiman KS, Rabinarayan Acharya. Randomized double blind placebo controlled multicentric clinical trial of Ayush M-3 in the management of migraine- A study protocol. J Ayurveda Integr Med. 2025 Mar 7;16(2):101054. doi: 10.1016/j.jaim.2024.101054. Epub ahead of print. PMID: 40056811.	Clinical Research	08.03.2025	Scopus Medline Directory of Open Access Journals (DOAJ) PubMed Central (PMC) Emerging Sources Citation Index (ESCI) SCImago Journal Rank (SJR) SNIP	doi.org/10.101 6/j.jaim.2024. 101054	CARI, New Delhi

18.	Dr. Renu Rani R.O. (Ay.)-5th author	Case report	Chaudhary, Nareshkumar & Patir, Nikita & Kori, Virendra & Bhide, Sagar & Rani, Renu. (2024). Ayurvedic Management of Guttate Psoriasis (Kitibha Kushtha) in Children: A Case Report. DPU's Journal of Ayurved, Homeopathy and Allied Health Sciences. 2. 19-24. 10.4103/jahas.jahas_16_23.	Clinical Research	18.07.2024	--	DOI: 10.4103/jahas.jahas_16_23	CARI, New Delhi
19.	Dr. Aishwarya K R.O. (Ay.)- as First author	Review article/ Insights	Aishwarya K, Devarajan D. Vaidyasaadhana: Evidence- based Ayurveda- A synthesis of scriptural authority and empirical validation. Int J Ayurveda Res 2024;5:330-4	Fundamental Research	October-December 2024	UGC care	DOI- 10.4103/ijar.ijar_225_24 ISSN- 09747788	CARI, New Delhi
20.	Dr. Swati Sharma, R.O.(Ay.)-as 2 nd &corresponding author	Review Article	Dr Ankur Tripathi1, Dr Swati Sharma Afr. J. Biomed. Res. Vol. 27(3s); 4223-4227Research Article Millets: Miracle grain for eyes	Fundamental Research	October2024	Scopus. Web of Science	https://doi.org/10.53555/AJB R.v27i3S.3140	CARI, New Delhi
21.	Dr. Swati Sharma, R.O.(Ay.)- as co author	Review Article	International Research Journal of Ayurveda & Yoga Vol. 7(4), pp. 67-70, Patala the layers of Eye - basis of all eye disorders in Ayurveda a critical review	Fundamental Research	April, 2024	International peer reviewd journal	DOI: 10.48165/IRJ AY.2024.70412	CARI, New Delhi

3. Submission of Information about Book Chapter/Papers published in Seminar proceedings for the year 2024-25 (April, 2024 to March 2025)

S. No.	Name of the Corresponding author	Type of Research Publication (Book Chapter/Papers in Seminar proceedings)	Citation of the Research Publication (Book Chapter/Papers in Seminar proceedings) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medico-Ethno-Botanical Survey, Cultivation, Agrotechniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	ISBN	Name of Institute/ Centre
1.	Dr. Hemanta Kumar Panigrahi,	Book chapter: Diverse approaches to Ababahuka(Frozen Shoulder) Treatment	Published in an International conference on perspective on Recent innovation in Science, Technology, Engineering, Management, Medicine and Health Sciences	Literary Research	29.06.24	ISBN; 978-0-443-15995-4	CARI, New Delhi

4. Submission of Information about Book/Monograph published in the year 2024-25 (April, 2024 to March 2025)

S. No.	Name of the Corresponding author	Type of Research Publication (Book/ Monograph)	Citation of the Research Publication (Book/ Monograph) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medio-Ethno-Botanical Survey, Cultivation, Agrotechniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	ISBN	Name of Institute/ Centre
NIL							

5. Information about the Research outcomes presented in Seminar/Workshop/Conference in the year 2024-25 (April, 2024 to March, 2025)

S. No.	Name of the Author (S)	Title of the paper presented	Name of the conference/Seminar/ Webinar/Workshop	Name of the organizer and venue	Date of the event	Name of the Institute/ Centre
1.	Dr. Shivshankar Rajput, R.O. (Ay.)	Guest Speaker and Presented Navigation Menopause through Ayush Holistics Approach	WoMAN-2024 Workshop on Menopause : Awareness & Navigation	Central Health Education Bureau, DGHS, ministry of Health and Family welfare , Govt. of India	06.08.2024	CHEB, DGHS, ministry of Health and Family welfare , Govt. of India
2.	Dr. Shweta Mata, R.O. (Ay.) & Coordinator of Pharmacovigilance for ASU & H drugs	Presentation of awareness program of Pharmacovigilance for ASU & H drugs	Awareness program of Pharmacovigilance for ASU & H drugs	CARI, Peripheral Pharmacovigilance Centre (PPvC), New Delhi	16.10.2024	A & U Tibbia College & Hospital, Karol Bagh, New Delhi
3.	Dr. Hemanta Kumar Panigrahi,	Shushruta's Contribution, Wound & its assessment, wound debridement and Sandhan karama	CME as a Resource Person for teachers of Shalya Tantra	K.A.T.S. Ayurvedic College & Hospital, Berhampur, Odisha	9.01.25 to 10.01.25.	CARI, New Delhi
4.	Dr. Sakshi Sharma, R.O. (Ay.)	Healthy life after retirement with Ayurveda	Lecture in an induction Training program for employees of the Airports Authority of India.	Indian Aviation Academy	23.01.2025	CARI, Punjabi bagh
5.	Dr. Hemanta Kumar Panigrahi,	Leech Therapy, mechanism & Research opportunities	CME as an Expert for Training Programme on Rakta mokshan and Agni karma at AIAC hall, organized by RAV	RAV, New Delhi,	04.02.2025	CARI, New Delhi
6.	Dr. Shweta Mata, R.O.	Delivered a guest lecture as an invited	Holistic approach to	National Resource Centre for Oral-	04.02.2025	CARI, New Delhi

	(Ay.)	resource person on "Holistic approach to prevention of OPMDs & Oral Cancer"	prevention of OPMDs & Oral Cancer	Potentially Malignant Disorders (OPMD-Hub), Dept. of Dental and Oral Surgery, Lady Harding Medical College, NOHP, MoHFW		
7.	Mrs. Aastha Dawar, Asst. Research Officer (Clinical Psychology)	Participated and presented a paper	12 th International Conference	School of Management Sciences, Varanasi	01.03.2025 - 02.03.2025	CARI, Punjabi bagh
8.	Dr. Shivshankar Rajput, R.O. (Ay.)	Guest Expert Panelist and delivered inputs on Integrative medicines for Women's health	1 st International Conference on Advances in Integrative Medicine – AIM 2025	Centre for Integrative Medicines and Research, AIIMS, New Delhi	07.03.2025	CIMR, AIIMS, New Delhi
9.	Dr Swati Sharma, R.O.(Ay.)	Breastmilk: Predictor of Future Health	Workshop on Breastfeeding	All India institute of Ayurveda , New Delhi	7-8-2024	CARI, Punjabi bagh
10.	Dr Swati Sharma, R.O.(Ay.)	"Selection of Research problem and introduction to research designs"	Transitional Curriculum	RGGPG Ayu. College, Paprola, H.P.	26-11-2024	CARI, Punjabi bagh

6. Seminar/Conference/Workshop/CME/Trainings/Technoadministrative Meetings /Events /Awareness lectures for the Society organized by the Institute:

S.N.	Name of the Seminar/Conference/CME	National/ International	Date
1.	Organized Techno-Administrative Meeting in the light of “Avlokana-2024” (Review & Planning of CCRAS Nifty Activities) under the chairmanship of director institute.	Institutional	08.04.2024
2.	Organized inaugural program of World Environment Day and Oath taking ceremony for “How to conserve the Environment” in the inaugural session of World Environment Day delivered by Dr. Shravan Sahu, R.O (Ay.) as per the direction of the Ministry of Environment forest& climate vide letter no 2111/1/2024-GC Dated at CARI, New Delhi.	Institutional	10.04.2024
3.	Organized a meeting with CPWD officials (Project Manager and Executive Engineer) under the chairmanship of Director, Institute at CARI, New Delhi.	Institutional	15.04.2024
4.	Organized “Three bucket Cleanliness training” as per NABH norms at conference room, CARI, New Delhi .	Institutional	19.04.2024
5.	Organized training on “Scope of institute” as per NABH norms at conference room, CARI, New Delhi.	Institutional	22.04.2024.
6.	Organized training on “Hand Washing Technique and infection Control” as per NABH norms at conference room, CARI, New Delhi.	Institutional	23.04.2024
7.	Organized training on “Spill management” as per NABH norms at conference room, CARI, New Delhi.	Institutional	24.04.2024
8.	Organized training on “Emergency Codes in Hospital and Disaster Management” as per NABH norms at conference room, CARI, New Delhi.	Institutional	25.04.2024.
9.	Organized a meeting of Incident report, Referral & Rejection Committee at conference room, CARI, New Delhi.	Institutional	25.04.2024.
10.	Organized training on “Biomedical waste management” as per NABH norms at conference room, CARI, New Delhi.	Institutional	26.04.2024.
11.	Organized “CPR training” as per NABH norms at conference room, CARI, New Delhi.	Institutional	29.04.2024.
12.	Organized Varksharopan event activity “Meri Life campaign” under the World Environment Day celebration.	Institutional	05.05.2024
13.	Organized an awareness lecture to OPD patients under the Meri Life	Institutional	05.05.2024

	campaign under the World Environment Day celebration, which benefitted approx. 150 OPD patients.		
14.	Organized an awareness lecture and pledge-taking program of “World No Tobacco Day (WNTD)” on the theme “Protecting Children from Tobacco Industry Interference” in pursuance of MOH&FW memorandum FTS-362459 dated 27.05.2024.	Institutional	31.05.2024.
15.	Organized a technical meeting through Google meet to discuss the points in view of Avalokana.	National	18.06.2024.
16.	Organized an orientation lecture on reporting of Vaccine-Preventable Diseases in Children by Dr Chetan Sharma, WHO, Surveillance Medical Officer, NPSN Delhi-2 Unit.	Institutional	15.07.2024
17.	Organized meeting of ICC (Internal Complaint Committee) as Chair Person of the Committee with all the nominated members and Advocate Lata Lochav as legal member from outside as directed by the Director Institute.	Institutional	08.07.2024
18.	Organized a meeting regarding the User Charges of O.P.D, I.P.D, Lab and Therapy charges under Chairmanship of Director Institute.	Institutional	23.07.2024
19.	Organized a technical review meeting to discuss the status update of clinical projects & Avalokana points.	Institutional	24.07.2024.
20.	Organized a meeting regarding the national seminar on Fostering of Patient Safety: Diagnostics Practises in Ayush” with the scientific committee of CCRAS hqrs.	National	30.07.2024.
21.	Organized ‘Hindi Karyashala’ – workshop on “Hindi E - tools” by Smt. Vinita Tiwari, Asst. Director, Hindi Shikshan Yojana, Rajabhasha Vibhag, Ministry of Home Affairs, Govt. of India organized by CARI, Punjabi Bagh in virtual mode.	Institutional	06.09.2024
22.	Organized a two-day National Seminar on Fostering Patient Safety: Diagnostic Practices in Ayush at India International Centre, New Delhi.	National	18 th -19 th Sept, 2024
23.	Organized webinar on the Role of Ayush to address Anemia.	National	27.09.2024
24.	Organized a training cum awareness program of Pharmacovigilance for ASU & H drugs at A & U Tibbia College & Hospital, Karol Bagh, New Delhi.	National	16.10.2024
25.	Organized a Technical review meeting.	Institutional	04.10.2024.
26.	Organized a technical review meeting (online) to discuss the technical issues pertaining to clinical Research Projects, Ayurveda Day activities and action points of Manthan 2024 on committee room of the Institute.	Institutional	17.10.2024

27.	Organized inauguration of Vigilance Awareness Week.	Institutional	28.10.2024
28.	Organized an awareness lecture and Drawing Competition at Sarvodaya Kanya Vidyalaya, Punjabi Bagh, New Delhi.	Institutional	23.10.2024
29.	Organized Ayurveda food festival under the celebration of 9 th Ayurveda Day.	Institutional	24.10.2024.
30.	Organized in Run for Ayurveda under the celebration of 9 th Ayurveda Day.	Institutional	26.10.2024
31.	Organized distribution of medicinal plants under the celebration of 9 th Ayurveda Day.	Institutional	29.10.2024
32.	Organized a CME program at Ayurveda Mahasammelan on “A Clinical Approach in Joint Disorders” coordinated by RAV and funded by the Ministry of Ayush under the Ayurgyan Scheme.	National	29 th -30 th Nov, 2024
33.	Organized training on “Scope of Institute, patient’s role & responsibilities” in view of NABH norms/BIS inspection.	Institutional	11.02.2025
34.	Organized a training on “Emergency codes in hospital and disaster management” in view of NABH norms/BIS inspection.	Institutional	13.02.2025
35.	Organized a training on “Emergency codes in hospital and disaster management” in view of NABH norms/BIS inspection.	Institutional	13.02.2025
36.	Organized a technical Review meeting chaired by the Director (Institute), CARI, Punjabi Bagh.	Institutional	14.02.2025
37.	Organized a training on “Hand washing technique and infection control & spill management” in view of NABH norms/BIS inspection.	Institutional	15.02.2025
38.	Organized a training on “Needle Stick injury’ in view of NABH norms/BIS inspection.	Institutional	17.02.2025
39.	Organized a training on Biomedical Waste Management in view of NABH norms/BIS inspection.	Institutional	19.02.2025
40.	Organized a training on “CPR Training” in view of NABH norms/BIS inspection.	Institutional	21.02.2025
41.	Organized the monthly meeting of the Incident report, Referral & Rejection committee.	Institutional	11.02.2025.
42.	Organized a training on Induction training & Employee's rights & responsibilities.	Institutional	22.02.2025
43.	Organized a technical Review meeting chaired by the Director (Institute), CARI, Punjabi Bagh.	Institutional	05.03.2025
44.	Organized a technical Review meeting chaired by the Director (Institute), CARI, Punjabi Bagh.	Institutional	06.03.2025

45.	training on “Three Bucket Cleaning System” as a part of NABH to CARI staff	Institutional	07.03.2025.
46.	Pharmacovigilance Awareness Program was organized by the Peripheral Pharmacovigilance Centre (PPvC) team of Central Ayurveda Research Institute (CARI), New Delhi, for general OPD patients, their attendants, and other staff of the institute.	Institutional	04.03.2025, 10.03.2025, 11.03.2025, 18.03.2025 and 25.03.2025.
47.	CARI, New Delhi organized awareness lecture on TB elimination.	Institutional	20.03.2025.
48.	CARI, New Delhi organized awareness lecture on Heat wave and its impacts- prevention and treatment.	Institutional	20.03.2025
49.	Organized Hindi Workshop on Rajbhasha Niti, Niyam evam Adhinyam by CARI, New Delhi.	Institutional	21.03.2025
50.	Organized a technical Review meeting chaired by the Director (Institute), CARI, Punjabi Bagh.	Institutional	25.03.2025.

7. Seminar/conference/workshop/meeting participated by the officers:-

S.N.	Name of Participant	Title of the Seminar/Conference/Workshop/Meeting	National/International	Date
1.	Dr. Seema Jain, R.O. (Ay.)	Attended 2nd Live interactive session on, Module-1, Fundamentals of Epidemiology.	National	02.04.2024
2.	Dr. Shaizi Layeeq, R.O.(Ay.) Dr. Kuldeep, R.O. (Ay.)	Attended a meeting with Prof. Satish Chandra Garkoti, Rector, JNU & Dr. Fauzia, CMO, JNU at Health center and discussed a brief proposal with spacerequirements for opening of Panchakarma Unit at JNU Campus, New Delhi.	Institutional	03.04.2024
3.	Dr. Shivshankar Rajput, R.O. (Ay.)	Attended national webinar on “The Concept of Holistic Health in Ayush” organized by the Deptt. of Swasthavritta, Institute of Teaching and Research in Ayurveda (ITRA), Jamnagar, celebrating “World Health Day-2024”.	National	07.04.2024
4.	Dr. Bharti, Director (Institute) Dr. Hemanta Kumar Panigrahi, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Attended “Avlokana-2024” (Review & Planning of CCRAS Nifty Activities) at CCRAS hqrs.	National	08.04.2024
5.	All technical officers	Attended Techno-Administrative Meeting in the light of “Avlokana-2024” (Review & Planning of CCRAS Nifty Activities) under the chairmanship of Director, Institute at conference room, CARI, New Delhi.	Institutional	08.04.2024
6.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting to discuss the survey proposal of SCSP 2024-25.	Institutional	09.04.2024
7.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Achara rasayanamwebinar “Clinical Insights for Respiratory Practitioners” by Dr.Shyam Prasad M. MD (Ay.), PhD. organized by Sitaram Ayurveda Research Foundation.	National	14.04.2024
8.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting regarding execution of AMHCP-SCSP, WCH-SCSP & THCRP-TSP Program.	Institutional	15.04.2024
9.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)	Attended a meeting with CPWD Officials (Project Manager and Executive Engineer) under the chairmanship of Director instituteat CARI, New Delhi.	Institutional	15.04.2024
10.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Attended a meeting with Dr. Isha Preet Tuli, Dept. (ENT), Safdarjung Hospital regarding the Allergic Rhinitis project at Safdarjung hospital.	Institutional	18.04.2024
11.	Dr. Hemanta Kumar Panigrahi, R.O.(Ay.)	Chair the training session as the institute in charge three three-bucket system cleanliness training under NABH Program	Institutional	19.04.2024
12.	Dr. Kishor Patel, R.O. (Ay.)	Imparted “Three bucket Cleanliness training” as per NABH norms at conference room, CARI, New Delhi.	Institutional	19.04.2024

13.	All technical officers	Attended “Three bucket cleanliness training” demonstrated by Dr. Kishor Patel, R.O. (Ay.) as per NABH norms at conference room, CARI, New Delhi.	Institutional	19.04.2024
14.	Dr. Sakshi Sharma, R.O. (Ay.), Dr. Babita Yadav & Kishor Patel, R.O. (Ay.)	Attended and coordinated Focus Group Meeting for Cardiovascular Disorders to discuss new projects presented by other Institutes.	National	20.04.2024
15.	Dr. Hemanta Kumar Panigrahi,R.O.(Ay.)	Chair the training session institute in charge Scope of the institute under NABH Program	Institutional	22.04.2024
16.	Dr. Seema Jain, R.O. (Ay.)	Imparted training on “Scope of institute” as per NABH norms at conference room, CARI, New Delhi.	Institutional	22.04.2024
17.	All technical officers	Attended training on “Scope of institute” demonstrated by Dr. Seema Jain, R.O. (Ay.) as per NABH norms at conference room, CARI, New Delhi.	Institutional	22.04.2024
18.	Dr. Hemanta Kumar Panigrahi,R.O.(Ay.)	Chair the training session as the institute in charge Hand washing technique under the NABH Program	Institutional	23.04.2024
19.	All technical officers	Attended training on “Hand Washing Technique and infection Control” demonstrated by Mrs, Aranya, staff Nurse as per NABH norms at conference room, CARI, New Delhi.	Institutional	23.04.2024
20.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting to discussion and finalize the Formulations for selected Diseases conditions- UNDER SCSP 2024-25.	Institutional	23.04.2024
21.	Dr. Shweta Mata, R.O. (Ay.) and Dr. Shivshankar Rajput, R.O. (Ay.)	Attended a meeting with Dr. Isha Preet Tuli, Dept. (ENT), Safdarjung Hospital regarding Allergic Rhinitis project at Safdarjung hospital.	Institutional	24.04.2024
22.	All technical officers	Attended training on “Spill management” demonstrated by Ms. Monu, staff nurse as per NABH norms at conference room, CARI, New Delhi.	Institutional	24.04.2024
23.	Dr. Hemanta Kumar Panigrahi, R.O.(Ay.)	Chair the training session as the institute in charge Spill management under NABH Program	Institutional	24.04.2024
24.	Dr. Hemanta Kumar Panigrahi,R.O.(Ay.)	Chair the training session as institute in charge Emergency codes in hospital and disaster management under NABH Program	Institutional	25.04.2024
25.	All technical officers	Attended training on “Emergency Codes in Hospital and Disaster Management” demonstrated by Mrs. Ekta, staff nurse as per NABH norms at conference room, CARI, New Delhi.	Institutional	25.04.2024
26.	Dr. Renu Rani R.O. (Ay.)	Organized a meeting of Incident report, Referral & Rejection Committee at conference room, CARI, New Delhi.	Institutional	25.04.2024
27.	All technical officers	Attended a meeting of Incident report, Referral & Rejection Committee at conference room, CARI, New Delhi.	Institutional	25.04.2024

28.	Dr. Sudha Kumari K.G, R.O (Ay.)	Visited Statistics section of CCRAS Hqrs regarding analysis of the completed project – Ayush SR.	Institutional	26.04.2024
29.	Dr. Hemanta Kumar Panigrahi, R.O.(Ay.)	8. Chair the training session as the institute in charge Biomedical waste management under NABH Program	Institutional	26.04.2024
30.	Dr. Hemanta Kumar Panigrahi, R.O.(Ay.)	chairmanship of Kavita Garg joint secretary at CARI, New Delhi	Institutional	26.04.2024
31.	Dr. Hemanta Kumar Panigrahi, R.O. (Ay.)	Review meeting as an in charge of the institute under the chairmanship of Kavita Garg joint secretary at CARI, New Delhi.	Institutional	26.04.2024
32.	All technical officers	Attended training on “Biomedical waste management” demonstrated by Mrs. Ekta, staff nurse as a part of NABH norms at conference room, CARI, New Delhi.	Institutional	26.04.2024
33.	All technical officers	Attended “CPR training” demonstrated by Mrs. Disha, ARO (Physio) as a part of NABH norms at conference room, CARI, New Delhi.	Institutional	29.04.2024
34.	Dr. Hemanta Kumar Panigrahi, R.O. (Ay.)	Chair the meeting as the institute in charge CPR training under the NABH Program	Institutional	29.04.2024
35.	Dr. Hemanta Kumar Panigrahi,R.O.(Ay.)	Enquiry committee member CARI Patiala to enquire about a complaint against Harjit Singh RO Patiala vide CCRAS o.no. 69/24-25	Institutional	29.04.2024
36.	Dr.Bharti,Director Institute Dr. Hemanta Kumar Panigrahi,R.O.(Ay.), Dr.Sakshi Sharma R.O. (Ay.)	Meeting with CPWD officers to finalize DPR Rohini building 10.05.2024 vide o.o.no 54/24-25 at CARI Delhi	Institutional	29.04.2024
37.	Dr. Hemanta Kumar Panigrahi,R.O.(Ay.)	Chair the meeting as an institute in charge Needle stick injury under NABH Program	Institutional	30.04.2024
38.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended meeting with Mr. Sanjay, Junior Engineer (Civil Works), CPWD, ABVIMS, Dr. RML Hospital and discussed regarding pending renovation works in the new premises for ATC at old resident hostel and requested for urgent expedition of the same.	Institutional	30.04.2024
39.	Dr. Shweta Mata, R.O. (Ay.)	Attended Focus Group Meeting for Shalakyatantra.	Institutional	30.04.2024
40.	Dr. Kishor Patel, R.O. (Ay.)	Participated in an onlinetraining cum discussion session on SOPs for Drug administration (including compliance&maintenance) for PMandDrakshavaleha under the Ayush-ICMRprojectentitled“Efficacy and safety ofPunarnavadi Manduraalone and incombination with Drakshavaleha compared to iron folicacid in the treatment of moderate iron deficiency anaemia among non-pregnantwomen of reproductive eage group: acommunity-based three arm multicentrer andomized controlled trial.”	Institutional	01.05.2024
41.	Dr. Shivshankar	Attended meeting of “RCH Focus group”. And	National	01.05.2024

	Rajput, R.O. (Ay.)	shared inputs to proposals presented by Dr. Rinku Tomar and Dr. Anubha Chandla.		
42.	Dr. Kishor Patel, R.O. (Ay.)	Participated in an online training cum discussion session on SOPs for AE monitoring and referral mechanism under the Ayush-ICMR project entitled “Efficacy and safety of PunarnavadiMandura alone and in combination with Drakshavaleha compared to iron folic acid in the treatment of moderate iron deficiency anaemia among non-pregnant women of reproductive age group: a community-based three arm multicentric randomized controlled trial.” by RIMS, Ranchi.	Institutional	02.05.2024 03.05.2024 06.05.2024 08.05.2024
43.	Dr. Shweta Mata, R.O. (Ay.)	Attended a national seminar on Vamana Sambhasha organized by GJPIASR, New Vallabh Vidyanagar, Anand.	National	02.05.2024
44.	Dr. Shaizi Layeeq, R.O.(Ay)	Attended meeting regarding opening of Panchakarma Unit at JNU under the chairmanship of the Vice Chancellor, JNU at VC Office, JNU, New Delhi.	Institutional	03.05.2024
45.	Dr. Bharti, Director Institute, Dr. Hemanta Kumar Panigrahi, R.O. (Ay.) & Dr. Shaizi, R.O. (Ay.)	Meeting with the vice chancellor at JNU to set up the Panchakarma unit there	National	03.05.2024.
46.	Dr. Hemanta Kumar Panigrahi, R.O. (Ay.)	Webinar on adherence to the provisions of standard operating procedure at CARI Delhi	Institutional	04.05.2024
47.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Soft Tissue Rheumatism - an Ayurveda Outlook’ by Dr. G. Syama Krishnan MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	05.05.2024
48.	All technical officers	Attended a project review meeting in compliance to Avalokan 2024 minutes chaired by the Director (Institute) at CARI, Punjabi Bagh.	Institutional	07.05.2024
49.	Dr. Seema Jain, R.O (Ay.)	1st Live interaction session on 07 May 2024 Module 2- Introduction to Statistics (Lecture 1- Lecture 6).	National	07.05.2024
50.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended meeting with the Executive Engineer (Civil Works), CPWD, ABVIMS, Dr. RML Hospital and discussed regarding pending renovation works in the new premises for ATC at old resident hostel and submitted a request for construction of a waiting area for patients.	National	08.05.2024
51.	Dr. Seema Jain, R.O (Ay.)	Coordinated Mid -term NABH Surveillances visit as nodal officer.	Institutional	9.05.2024
52.	Dr. Shaizi Layeeq, R.O.(Ay) Dr. Renu Rani, R.O.(Ay.)	Coordinated NABH Mid-term surveillance.	Institutional	9.05.2024
53.	Dr. Sakshi Sharma, R.O (Ay).	Coordinated the Pharmacy inspection as pharmacy In charge during the NABH Midterm Surveillance with NABH assessor’s team comprising Dr Anurag Mittal and Prof: Dr. Deepak wali.	Institutional	9.05.2024

54.	All technical officers	Attended Mid-term NABH Surveillance at CARI, New Delhi.	Institutional	9.05.2024
55.	Dr. Kishor Patel, R.O. (Ay.)	Participated in an online training cum discussion session on SOPs for IPmanagement for PM & Drakshavaleha & SOPs for AE monitoring and referral mechanism under the Ayush-ICMR project entitled “Efficacy and safety of PunarnavadiMandura alone and in combination with Drakshavaleha compared to iron folic acid in the treatment of moderate iron deficiency anaemia among non-pregnant women of reproductive age group: a community-based three arm multicentric randomized controlled trial.” by CCRAS.	National	10.05.2024
56.	All technical officers	Attended training on “Needle stick injury” in view of NABH mid-term inspection, conducted by CARI, New Delhi.	Institutional	11.05.2024
57.	Dr. Bharti, Director Institute, Dr. Sakshi Sharma, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Attended meeting under chairmanship of DG CCRAS, regarding Presentation of DPR & drawings by CPWD officers of proposed building of CARI, Rohini –New Delhi, at CCRAS HQ, Janakpuri, New Delhi.	National	13.05.2024
58.	Dr. Kishor Patel, R.O. (Ay.)	Participated in an online training cum discussion session on SOPs for Data entry under the Ayush-ICMR project entitled “Efficacy and safety of Punarnavadi Mandura alone and in combination with Drakshavaleha compared to iron folic acid in the treatment of moderate iron deficiency anaemia among non-pregnant women of reproductive age group: a community-based three arm multicentre randomized controlled trial” by ICMR, Hqs.	National	13.05.2024
59.	Dr. Bharti, Director Institute, Dr. Hemanta Kumar Panigrahi, R.O. (Ay.), Dr. Sakshi Sharma, R.O. (Ay.)	Meeting to finalize the roadmap of construction of own building at Rohini New Delhi was held at CARI ND with CPWD officers	Institutional	14.05.2024
60.	All technical officers	Attended a Technical meeting regarding Adherence to the provisions of standard operating procedure (SOP) for implementation of Integrity Pact.	National	14.05.2024
61.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended meeting under the chairmanship of Director, Institute regarding the queries raised by NABH team of midterm surveillance.	National	15.05.2024
62.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended meeting with the Chairman, Redevelopment Committee, ABVIMS, Dr. RML Hospital and discussed regarding relocation of ATC to new premises due to probable inconveniences due to upcoming STP (Sewage Treatment Plant) and lack of accessibility for patients in the old resident hostel and submitted a request to the Medical Superintendent regarding	National	15.05.2024

		this.		
63.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Management of Pediatric Skin lesions through Ayurveda - A birds eye view’ by Dr. Arun B. MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	19.05.2024
64.	Dr. Sakshi Sharma, R.O (Ay) & Dr.Babita Yadav	Attended meeting regarding finalization of Ayush intervention for establishment of Ayush – ICMR advanced center for integrative health research (AI-ACHR) at AIIMS under extra mural program. The meeting was chaired by DDG CCRAS Dr N. Srikanth.	National	20.05.2024
65.	Dr. Sakshi Sharma, R.O (Ay.)	Coordinated an online meeting of CARI New Delhi with all satellite units of CARI, New Delhi as Pharmacy in charge under the chairmanship of the Director, Institute regarding pharmacy medicine issues.	Institutional	21.05.2024
66.	All technical officers	Attended an online meeting of CARI, New Delhi with all satellite units of CARI, New Delhi under the chairmanship of the Director, Institute regarding pharmacy medicine issues.	Institutional	21.05.2024
67.	Dr. Bharti, (Director), Dr. Babita Yadav, R.O (Ay.), Dr. Shaizi Layeeq, R.O (Ay.), Dr. Kuldeep, R.O (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.),	Attended a meeting in hybrid mode for discussion on Research project by JNU, New Delhi under CoE component of Ayurwashthya Yojana entitled “Ayurveda and Systems Medicine”	National	22.05.2024
68.	Dr. Bharti, (Director), Dr. Babita Yadav, R.O (Ay.), Dr. Sudha Kumari K.G, R.O (Ay.), Dr. Shaizi Layeeq, R.O (Ay.), Dr. Kuldeep, R.O (Ay.)	Attended a meeting to sign a Memorandum of Understanding (MoU) between CARI, Punjabi Bagh, and Jawaharlal Nehru University (JNU) for a collaborative research project titled "Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services" at CARI, Punjabi Bagh, New Delhi.	National	22.05.2024
69.	Dr. Kishor Patel, R.O. (Ay.)	Participated and coordinated a Focus Group Meeting for CVD.	National	24.05.2024
70.	Dr. Seema Jain, R.O (Ay.)	Attended sensitization programme for reputed CEOs/CMDs of General Insurance Companies and Ayush Hospital owners with regard to coverage of Ayush treatment in the insurance sector.	National	22.05.2024
71.	Dr. Renu Rani, R.O. (Ay.)	Attended an online lecture on “Ayurvedic Management of Renal Cyst” organized by Vishwa Ayurveda Parishad, NIA Branch, Jaipur.	National	24.05.2024
72.	Dr. Bharti, (Director), Dr. Sakshi Sharma, R.O (Ay).	Attended the inaugural program of World environment Day and Oath taking ceremony for “How to conserve the Environment” in the inaugural session of World Environment Day	National	28.05.2024

	Dr. Kishor Patel, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Shaizi Layeeq, R.O (Ay.) Dr. Kuldeep, R.O (Ay.) Dr. Renu Rani, R.O. (Ay.)	delivered by Dr. Shравan Sahu, R.O (Ay.) as per the direction of the Ministry of environment forest & climate vide letter no 2111/1/2024-GC Dated 10th April 2024 at CARI, New Delhi.		
73.	Dr. Kuldeep, R.O (Ay.)	Delivered an awareness lecture to OPD patients under Meri Lifecampaign under World Environment Day celebration benefitted approx. 150 OPD patients	Institutional	28.05.2024
74.	All technical officers	Attended विभागीय राजभाषा की तिमाही बैठक.	Institutional	28.05.2024
75.	All technical officers	Attended Hindi workshop	Institutional	28.05.2024
76.	Dr. Seema Jain, R.O (Ay.)	Delivered a lecture in Hindi workshop.	Institutional	28.05.2024
77.	Dr. Seema Jain, R.O (Ay.) &Dr.Babita Yadav	Attended a meeting to prepare the training module and treatment protocol on de-addiction and geriatric care through Ayurveda at MoAYUSH.	National	28.05.2024
78.	Dr. Shweta Mata, R.O. (Ay.)	Coordinated Virtual meeting regarding National seminar on Patient Safety Day during September, 2024.	National	29.05.2024
79.	Dr. Shaizi Layeeq, R.O (Ay.)	Attended Virtual meeting regarding National seminar on Patient Safety Day during September, 2024.	National	29.05.2024
80.	Dr. Seema Jain, R.O (Ay.)	Attended Training workshop on “Integrative Oncology Research” Course through VC.	National	29.05.2024 & 30.05.2024
81.	Dr. Sakshi Sharma, R.O (Ay.) Dr. Shaizi Layeeq, R.O (Ay.)	Attended a workshop as A-HMIS Nodal officer organized by Ministry of Ayush in collaboration with the National Health Authority (MHA) regarding HPR /HFR ID Creation and linking with Bridge ID to Register the Nodal officers as well as Institutes in health facility registry of Ayushman Bharath Digital mission (ABDM).	National	30.05.2024
82.	Dr. Seema Jain, R.O (Ay.) Dr.Babita Yadav	Attended a webinar on “Traditional management of psoriasis” Under Gyan ganga -a knowledge voyage organized by RAV.	National	30.05.2024
83.	Dr. Sakshi Sharma, R.O (Ay.), Dr. Seema Jain, R.O (Ay.), Dr. Shweta Mata, R.O. (Ay.) and Dr. Shaizi Layeeq, R.O.(Ay)	Attended awareness lecture and pledge taking program of “World No tobacco Day (WNTD)” on the theme “Protecting Children from Tobacco Industry Interference” in pursuance of MOH&FW memorandum FTS-362459 dated 27.05.2024.	Institutional	31.05.2024
84.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered an Awareness Lecture on the topic “Steps Required to be taken to Conserve our environment” specifically addressing patients and	Institutional	01.06.2024

		the General Public in compliance with CCRAS Hq directives for the Celebration of world Environment Day with the theme of year 2024o-Lifestyle for Environment.		
85.	Dr. Seema Jain, R.O. (Ay.)	Delivered a public lecture on “Role and responsibilities of the public to prevent the environment” at CARI, ND during Celebration of Environment Day.	Institutional	03.06.2024
86.	Dr. Bharti, Director (Institute) and all the technical officers	Celebrate environmental day 2025 and Distributed saplings of Tulasi to the OPD patients	Institutional	04.06.2024
87.	Dr. Shivshankar Rajput R.O. (Ay.) and Dr. Sudha Kumari K.G, R.O (Ay)	Attended the Manasroga focus group meeting on the Research project “Effectiveness of Ayurvedic Formulation on Generalized Anxiety Disorder (GAD) and Gut Microbiome profile in comparison to selected SSRI- A randomized controlled collaborative trial”.	National	05.06.2024
88.	Dr. Seema Jain, R.O. (Ay) Dr. Babita Yadav	Attended VC Meeting to discuss Geriatric Treatment protocol.	Institutional	05.06.2024.
89.	Dr. Bharti, Director (Institute), Dr. Shaizi Layeeq, R.O.(Ay), Dr. Shweta Mata, R.O. (Ay.)	Participated in a meeting at CCRAS Hqrs regarding the organizing of National Seminar on Right Diagnosis, Appropriate Treatment: Safe Patient to held in September under the chairmanship of DG, CCRAS.	National	07.06.2024.
90.	Dr Meenakshi Suri, R.O. (Path.)	Participated in World Accreditation Day 2024 "Empowering Tomorrow and Shaping the Future.	Institutional	10.06.2024
91.	Dr. Babita Yadav, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Attended a VC meeting to discuss proposal under SMART 2.0 at 11 am organised by CCRAS HQs.	National	11.06.2024.
92.	Dr. Kishor, R.O. (Ay.)	Participated in a Review Meeting to discuss the project titled "A Randomized controlled trial to Evaluate the efficacy of Multimodal Ayurveda interventions in Jaanu Sandhigataavata (Primary Knee Osteoarthritis)" organized by CCRAS Hqrs.	National	12.06.2024.
93.	Dr Meenakshi Suri, R.O. (Path.)	Participated Mid-Year GBM 2024-IAPM organized by Indian Association of Pathologists & Microbiologists (IAPM).	National	12.06.2024
94.	Dr. Seema Jain, R.O. (Ay.)	Attended Focus group meeting of Rheumatoid arthritis.	National	13.06.2024.
95.	Mrs. Disha Garg	Attended the online webinar “Exercise Prescription: Guide for Clinicians”.	National	13.06.2024
96.	All technical officers	Attended the “Blood Donor Day “celebration with pledge-taking under chairmanship of the director institute with a brief awareness/motivational Lecture regarding blood donation delivered by Dr. Meenakshi Suri R.O. (Path.)	Institutional	14.06.2024
97.	Dr. Meenakshi Suri R.O. (Path.)	Delivered brief awareness/motivational Lecture regarding blood donation.	Institutional	14.06.2024

98.	All technical officers	Participated in different activities in celebration of World Blood Donor Day 2024 .	National	14.06.2024
99.	Dr Meenakshi Suri, R.O. (Path.)	Participated Changing Sickle Cell Scenario in India" organized by Sarvodaya Healthcare, National Cancer Society and Manage Health Foundation.	National	15.06.2024
100.	Dr. Shivshankar Rajput R.O. (Ay.)	Attended meeting chaired by Secretary Ayush, JS and other Senior officers for planning and execution of IDY 2024 event.	National	15.06.2024 to 17.06.2024.
101.	Mrs. Disha Garg, A.R.O (Physio)	Attended deep insight "Core muscles for the management of Low Back pain".	National	17.06.2024
102.	Dr. Sakshi Sharma, R.O. (Ay.) and Dr. Shaizi Layeeq, R.O. (Ay)	Attended Training about ABHA creation and health record linking as Nodal officer of A-HMIS for process of ABHA creation and linking the health record to ABDM through the A-HMIS Portal organized by Ayush grid cell, ministry of Ayush.	National	19.06.2024
103.	Dr. Kuldeep, R.O. (Ay.)	Participated in an online meeting regarding the IYD Delhi event under the chairmanship of joint secretary (BKS), Ministry of Ayush.	National	19.06.2024
104.	All Technical Officers	Participated in CYP one day before International Yoga Day 2024	Institutional	20.06.2024
105.	Dr. Renu Rani, R.O. (Ay.) Mrs. Disha, ARO (Physio.)	Demonstrated CYP one day before International Yoga Day 2024	Institutional	20.06.2024
106.	Dr. Kuldeep, R.O. (Ay.)	Participated in Yoga Day 2024 as an overall coordinator at Swarna Jayanti Park, Rohini, New Delhi.	National	21.06.2024
107.	Dr. Kishor, R.O. (Ay.)	Participated in IDY 2024 at Central Park, New Delhi.	National	21.06.2024
108.	Dr. Bharti, Director (Institute), Dr. Sakshi Sharma, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O (Ay), Dr. Ashwinchandra, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Participated in Yoga performance following common yoga protocol at CARI, Punjabi Bagh as a part of celebration of 10 th International Day of Yoga with the theme "Yoga for Self and Society".	National	21.06.2024
109.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended Achararasayanam Webinar – 'Parpatikalpana in Ayurveda practice' by Vd. Parth Prakash Kale MD (Ay), BA (Sanskrit) organized by Sitaram Ayurveda Research Foundation.	National	23.06.2024
110.	Dr. Kishor, R.O. (Ay.)	Participated in a National Consultative Meet on "Research Priority Settings (RPS) in Traditional Medicine" and co-ordinated the session of Group 3-Theories and Principles of Traditional Medicine - Exploring knowledge gaps and their applications	National	24.06.2024

		at Jacaranda Hall, India Habitat Centre, Lodhi Road, New Delhi organized by CCRAS & WHO-SEARO.		
111.	Dr Meenakshi Suri, R.O. (Path.)	Participated Focus group meeting-ENDOCRINE organized by NADRI Bengaluru.	National	24.06.2024
112.	Dr. Seema Jain, R.O. (Ay.) and Dr. Renu Rani, R.O. (Ay.)	Conducted an online monthly review meeting of the SMART-IDA project of all the collaborative institutes.	Institutional	24.06.2024
113.	Dr.SudhaKumari K.G, R.O (Ay).	Held a meeting with Dr.Himanshu Mahapatra, HOD, Dept of Nephrology, Chairman, Relocation Committee, ABVIMS, Dr. RML Hospital regarding re- location of ATC to the proposed premises and discussed the issues.	National	26.06.2024
114.	Dr. Bharti, Director (Institute), and Dr.ShaiziLayeeq, R.O.(Ay)	Participated in an expert group meeting for discussion on the research project entitled "Ayurveda and Systems Medicine" of JNU, New Delhi in collaboration with CCRAS under CoE component of AyurwashthyaYojana, Ministry of Ayush.	National	26.06.2024
115.	Dr.Kishor, R.O. (Ay.)	Participated in &Coordinated a Meeting of the Focus Group Discussion for Cardiovascular Disorders.	National	29-06-2024 at 02:30 PM
116.	Mrs. Disha Garg	Demonstrated yoga postures (Asanas) to hospital staff Under the 10 th International Yoga Day celebration at the institute.	Institutional	21.06.2024.
117.	Dr. Seema Jain, R.O. (Ay.)	Participated in Gravience redressal committee meeting.	Institutional	27.06.2024.
118.	Dr.SudhaKumari, R.O. (Ay.)	Co-ordinated the visit of Dr. A. Raghu, DDG (Ayush), and Dr.Ramavatar, R.O (Ay.), Directorate General of Health Services (DGHS) to ATC, RML Hospital and held a meeting with Dr.Pawan Kumar, CMO, NFSG (Dept. of Chest Medicine), Chairman of Re- Allotment committee, ABVIMS, Dr. RML Hospital and discussed the issues regarding relocation of ATC.	National	29.06.2024
119.	Dr. H. Panigrahi, R.O. (Ay.), Dr. Seema Jain R.O (Ay.), Dr. Sakshi Sharma, R.O (Ay.), Dr. Babita Yadav, R.O. (Ay) Dr. Kishore Patel, R.O. (Ay.), Dr. Shivshankar Rajput, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O (Ay). and Dr. Renu Rani, R.O. (Ay.), Dr. Shaizi Layeeq,	Attended in training of AYUSH Doctors in Delhi/NCR for Primary Trauma Care (PTC) and Management in collaboration with Life Line Foundation, Vadodara organized by Rashtriya Ayurveda Vidhyapeeth at Dhanwantri Bhawan, Punjabi Bagh West, New Delhi.	National	01.07.2024

	R.O (Ay.)			
120.	Dr. Seema Jain R.O (Ay.), Dr. Babita Yadav, R.O. (Ay)	Attended Geriatric Protocol Meeting at Ayush Ministry.	National	03.07.2024.
121.	Dr. Renu Rani R.O. (Ay.)	Attended Focus Group meeting.	National	03.07.2024
122.	Dr. Shweta Mata, R.O. (Ay.) and Dr. Shivshankar Rajput R.O. (Ay.)	Attended National Virtual Seminar- “MANA-concept to Clinic” organized by depart of Samhita Siddhanta, Matoshri Ayurveda College, Eklahare, Nashik, with recognition of Maharashtra University of Health Sciences, Nashik.	National	03.07.2024
123.	Dr. Sudha Kumari K.G, R.O (Ay.)	Held a meeting with Dr. Pawan Kumar, CMO, NFSG (Dept. of Chest Medicine), Chairman of Re- Allotment committee, ABVIMS, Dr. RML Hospital and discussed the issues regarding relocation of ATC.	National	03.07.2024.
124.	Dr. Kishore Patel, R.O. (Ay.) Dr. Sakshi Sharma, R.O. (Ay.) Dr. Babita Yadav, R.O. (Ay.)	Participated & Coordinated a Meeting of the Focus Group Discussion for Cardiovascular Disorders.	National	05.07.2024
125.	Dr. Bharti, Director (Institute), Dr. Sakshi Sharma, R.O (Ay.), Dr. Babita Yadav, R.O (Ay.)	Attended focus group meeting for Cardiovascular Disorders under Chairmanship of Dr. Bharti Director Institute and discussed the project protocol of Dyslipidemia.	Intuitional	05.07.2024
126.	Dr. Shivshankar Rajput R.O. (AY.)	Attended Mockdrill and observer duty for AIAPGET- 2024 Examination organized by National testing Agency (NTA).	National	05.07.2024 & 06.07.2024
127.	Dr. Meenakshi Suri	Attended a webinar on “How to diagnose lymphomas presenting as splenomegaly by peripheral blood & bone marrow studies” organized by Mumbai Hematology Group.	National	06.07.2024
128.	Dr. Meenakshi Suri	Attended a webinar on “Essential Thrombocythemia-Prognostic and Therapeutic approach in 2024” organized by Mumbai Hematology Group.	National	06.07.2024
129.	Dr. Sakshi Sharma, R.O (Ay.)	Coordinated and attended meeting of ICC (Internal Complaint Committee) as Chair Person of the Committee with all the nominated members and Advocate Lata Lochav as legal member from outside as directed by the Director Institute.	Institutional	08.07.2024
130.	Dr. Seema Jain R.O (Ay.), Dr. Shweta Mata, R.O. (Ay.) and Dr. Shaizi Layeeq, R.O. (Ay.)	Attended meeting of Internal Complaints Committee (ICC) of CARI, Punjabi Bagh.	Institutional	08.07.2024
131.	Dr. Sakshi Sharma, R.O (Ay.) (as Nodal Officer) and	Attended VC Training regarding problems in ABDM linking and issues related to A-HMIS organized by Ayush grid cell, ministry of Ayush	Institutional	10.07.2024.

	Dr. Shaizi Layeeq, R.O.,(Ay)	under the chairmanship of Smt Kavita Garg, JS, Ministry of Ayush.		
132.	Dr. Babita Yadav, R.O.(Ay) Dr. Kishore Patel, R.O. (Ay.), Dr. Shaizi Layeeq, R.O.(Ay.), Dr. Shweta Mata, R.O. (Ay.), Dr. Shivshankar Rajput R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.) and Dr. Renu Rani R.O. (Ay.)	Attended Sensitization Training Session for the Reviewers organized by CCRAS Hqrs., Janakpuri, New Delhi for reviewing the proposals received for PG STAR Session 02 (Virtual mode).	National	10.07.2024
133.	Dr. Seema Jain R.O (Ay.) & Dr. Babita Yadav	Attended Geriatric Protocol Meeting at Ayush Ministry.	National	11.07.2024.
134.	Dr. H.Panigrahi, R.O. (Ay.)	Attended the meeting about awareness of Vaccine preventable diseases in children At CARI, New Delhi	Institutional	15.07.2024
135.	Dr. Sudha Kumari K.G, R.O (Ay.)	Held a meeting with Dr. Pawan Kumar, CMO, NFSG (Dept. of Chest Medicine), Chairman of Re- Allotment committee, ABVIMS, Dr. RML Hospital and visited the proposed premises for relocation of ATC.	National	16.07.2024.
136.	Dr. H.Panigrahi, R.O. (Ay.)	Attended ISC meeting at CCRAS New Delhi to finalize Shalya-related projects	Institutional	16.07.2024
137.	Dr. Seema Jain R.O (Ay.)	Attended meeting of NARAKAS at Vigyan Bhavan.	National	19.07.2024
138.	Dr. Sudha Kumari K.G, R.O (Ay.) and Dr. Shivshankar Rajput, R.O. (Ay.)	Attended a Focus Group meeting to review a revised project on "Effectiveness of Ayurvedic Formulation on Generalized Anxiety Disorder (GAD) and Gut Micro biome profile in comparison to selected SSRI – A randomized controlled collaborative trial" submitted by Dr. Kavita Vyas, R.O (Ay.) RARI, Pandoh, Mandi.	National	19.07.2024
139.	Dr. Shweta Mata, R.O. (Ay.), Dr. Shivshankar Rajput R.O. (Ay.), Dr. Ashwinchandra, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O (Ay.), Dr. Swati Sharma, R.O. (Ay.)	Attended the workshop on "Intellectual Property Rights for Ayush Scientists" organized by Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush, Govt. of India at Ayush Auditorium, Janakpuri, New Delhi.	National	18.07.2024
140.	Dr. Bharti, Director (Institute), Dr. Babita, R.O. (Ay.) &	Attended the Zoom meeting entitled, 'Ethics Committee Management: Current Advances Confirmation' organized by FERCAP-FERCI workshop for Ethics Committees.	National	22.07.2024

	Dr. Shweta Mata, R.O. (Ay.)			
141.	Dr. Bharti, Director (Institute), Dr. H. Panigrahi, R.O. (Ay.), Dr. Seema Jain R.O (Ay.) Dr. Sakshi Sharma, R.O (Ay.), Dr. Shweta Mata, R.O. (Ay.), Dr. Shrawan Sahu, R.O. (Ay.) and Dr. Renu Rani R.O. (Ay.)	Attended a meeting regarding the User Charges of O.P.D, I.P.D, Lab and Therapy charges under Chairmanship of Director Institute.	Institutional	23.07.2024.
142.	Shweta Mata, R.O. (Ay.)	Attended 23rd Meeting of the Internal Scrutiny Committee (ISC) organized by CCRAS Hqrs. and presented a project proposal entitled, "To Develop Minimum Standard Requirements to Practice Kriyakalpa in a Hospital/Clinical Set- Up"	National	23.07.2024
143.	All technical Officers	Attended a technical review meeting to discuss the status update of clinical projects & Avalokana points at CARI, Punjabi Bagh.	Institutional	24.07.2024
144.	Dr. Sudha Kumari K.G, R.O (Ay.)	Held a meeting with Dr. Pawan Kumar, CMO, NFSG (Dept. of Chest Medicine), Chairman of Re- Allotment committee, ABVIMS, Dr. RML Hospital and finalized the rooms for relocation of ATC.	National	25.07.2024
145.	Dr. H. Panigrahi, R.O. (Ay.)	Participated as an Expert in the "Two-day CME Training program on Mukha Roga" at RAV (AIAC)	Institutional	25.07.2024-26.07.2024
146.	Dr. Renu Rani, R.O. (Ay.)	Conducted an online monthly review meeting of SMART-IDA project of all the collaborative institutes.	National	27.07.2024
147.	Dr. Bharti, Director (Institute), Dr. Shweta Mata, R.O. (Ay.) and Dr. Shaizi Layeeq, R.O. (Ay.)	Coordinated and attended a meeting regarding the national seminar on "Fostering of Patient Safety: Diagnostics Practises in Ayush" with the scientific committee of CCRAS HQs.	National	30.07.2024
148.	Dr. Shrawan Kumar Sahu, R.O.(Ay.)	Attended a webinar entitled " X ray chest Live Class" organized by Clinical Guruji.	National	31.07.2024
149.	Dr. Bharti, Director (Institute), Dr. H.Panigrahi, R.O.(Ay) Dr. Sakshi Sharma, R.O (Ay.) and Dr. Kishore Patel, R.O. (Ay.)	Attended a meeting with CPWD officers under the chairmanship of DG CCRAS to finalize the drawings/building map for proposed building of CARI New Delhi at committee room of CCRAS, Hqrs.	National	31.07.2024
150.	Dr.Kishor Patel, R.O. (Ay.)	Participated in meeting for CCRAS Journals organized by CCRAS.	National	01.08.2024
151.	Dr.Sudha Kumari K.G, R.O (Ay.)	Held a meeting with Dr.Pawan Kumar, CMO, NFSG (Dept. of Chest Medicine), Chairman of Re- Allotment committee, ABVIMS, Dr. RML	National	01.08.2024

		Hospital and discussed the issues regarding relocation of ATC to the finalized the rooms for relocation of ATC.		
152.	All technical officers	Attended the Training & Workshop in “One Day Administrative Capacity Enhancement” at CARI.	Institutional	03-08.2024
153.	Dr.SudhaKumari K.G, R.O (Ay.)	Attended a meeting under the chairmanship of Dr. Ajay Shukla, Director & Medical Superintendent, ABVIMS, Dr. RML Hospital along with HOD’s and other officials regarding review of shifting status of various departments to new location and the issues regarding relocation from the present premises of ATC.	National	05.08.2024.
154.	Dr. Bharti, Director (Institute), Dr. Seema Jain R.O. (Ay.)	Attended review meeting SMART IDA.	National	06.08.2024.
155.	Dr. Bharti, Director (Institute), Dr.Sakshi Sharma, R.O (Ay.) and Dr.Kishor Patel, R.O. (Ay.)	Participated in review meeting for SMART-OA Projects under the chairmanship of DG, CCRAS organized by CCRAS.	National	06.08.2024
156.	Dr.SudhaKumari K.G, R.O (Ay.)	Met the Executive engineers of Department of Civil and Electrical works of CPWD, RML Hospital and submitted request for undertaking regarding various civil and electrical renovation works in the newly allotted rooms (Room no. 4,5& 9 on Ground floor of old Resident Doctor Hostel) to Dr. Ajay Shukla, Director & Medical Superintendent, ABVIMS, Dr. RML Hospital.	National	06.08.2024.
157.	All technical officers	Attended technical review meeting with special reference to IPD issues organized by CARI, New Delhi.	Institutional	07.08.2024
158.	Dr.Sakshi Sharma, R.O (Ay.) as nodal officer and Dr.Shaizi Layeeq, R.O. (Ay)	As Co-nodal officer attended A Training on IPD module and inventory module of A-HMIS portal organized by Ministry of Ayush.	National	07.08.2024
159.	Dr. Seema Jain R.O. (Ay.)	Attended review meeting SCSP 2024-25.	National	07.08.2024
160.	Dr.Renu Rani R.O. (Ay.)	Attended online refresher training session by CCRH.	National	08.08.2024
161.	Dr.Sakshi Sharma, R.O (Ay.), Dr. Seema Jain R.O. (Ay.), and Dr.Renu Rani R.O. (Ay.)	Attended CME, on the topic “Cervical Spondylosis- an Ayurvedic Prospective and Clinical Exploration of CS” organized by Gufic Biosciences Ltd.	National	10.08.2024
162.	Dr.Renu Rani R.O. (Ay.)	Attended an online webinar on “Documentation for management system certification” organized by Central Regional Office-CRO.	National	21.08.2024
163.	Dr. Seema Jain R.O. (Ay.)	Attended training on research oriented Public Health Care programs under SCSP at CRAI, Lucknow.	National	21.08.2024 & 22.08.2024

164.	All technical officers	Attended a national seminar "Vaidya Sambhashanam" on "Back Pain Management" organised by Arya Vaidya Pharmacy at Dhanwanthari Bhawan, Punjabi Bagh	National	22.08.2024
165.	Dr.Sakshi Sharma, R.O (Ay.) Dr.Babita Yadav, R.O(Ay)	Attended 5 days online workshop on Traditional Knowledge – Intellectual Property and People’s rights, organized by the IKS(Indian Knowledge Systems) Division, Ministry of Education in collaboration with CSIR – TKDL(Traditional Knowledge Digital Library)	National	20.08.2024 to 23.08.2024
166.	Dr.Sudha Kumari K.G, R.O (Ay).	Attended HSET (Health Sciences Education Technology) orientation/training organised by the Board of Ayurveda, National Commission for Indian System of Medicine (NCISM), New Delhi, as a committee member for 5 days in virtual mode.	National	27.08.2024 to 31.08.2024
167.	Dr.Babita Yadav, R.O.(Ay) & Kishor Patel, R.O. (Ay.)	Participated in a meeting for discussion regarding Collaborative project at Ballabgarh organized by CCRAS at CCRAS HQrs.	National	09.08.2024
168.	Dr. Shравan Kumar Sahu, R.O (Ay)	Participated in a webinar entitled ECG LIVE CLASS organized by Clinical Guruji.	National	09.08.2024
169.	Dr. Shравan Kumar Sahu, R.O (Ay.)	Participated in a webinar entitled "Fever In Children organized by Clinical Guruji.	National	16.08.2024
170.	All technical officers	Attended participated in a meeting to discuss regarding the assessment of Prakriti through CCRAS AYUR Prakriti web portal and issue of prakriti cards organized by CCRAS-CARI, New Delhi.	Institutional	17.08.2024
171.	Dr.Sakshi Sharma, R.O (Ay.)	Attended a meeting as Nodal officer regarding Assessment of Prakriti, on-Prakriti web portal and issuing of Prakirti Card.	National	17.08.2024.
172.	All technical officers	Attended technical review meeting with special reference to "Poshan Maah Activities" organized by CARI, New Delhi.	Institutional	22.08.2024
173.	Dr. Shравan Kumar Sahu, R.O (Ay)	Participated in a webinar entitled "Febrile Convulsions" organized by Clinical Guruji.	National	23.08.2024.
174.	Dr. Bharti, Director (Institute)	Attended online meeting with CCRAS hqrs regarding Audit para, internal audit & tally implementation.	National	23.08.2024.
175.	Dr. Bharti, Director (Institute), Dr.Sakshi Sharma, R.O (Ay.), Dr.Babita Yadav, R.O.(Ay.) and Dr.Kishor Patel, R.O. (Ay.)	Attended a Virtual meeting of Focus group of cardiovascular disease under the chairmanship of Director Institute.	Institutional	24.08.2024
176.	Dr.Renu Rani R.O. (Ay.)	Conducted an online monthly review meeting of SMART-IDA project of all the collaborative institutes.	National	27.08.2024.

177.	Dr. Seema Jain R.O. (Ay.)	Attended an online monthly review meeting of SMART-IDA project of all the collaborative institutes.	National	27.08.2024.
178.	Dr. Bharti, Director (Institute) and Dr. Seema Jain R.O. (Ay.)	Attended meeting with HOD, CTVS, Dept. AIIMS under AYUSH SR collaborative study.	National	28.08.2024.
179.	All technical officers	Attended Technical review meeting with special reference to Manthan 2024 organized by CARI, New Delhi.	Institutional	29.08.2024.
180.	Dr. Bharti, Director (Institute) & Dr. Kishor Patel, R.O. (Ay.)	Participated in a Review Meeting of research project entitled "Systems biology approach to delineate molecular signatures of Prakriti in healthy humans" organized by CCRAS.	National	30.08.2024
181.	Dr. Kishor Patel, R.O. (Ay.)	Participated in online meeting regarding the status of SMART-OA collaborative project with all collaborating institutes.	National	30.08.2024.
182.	Dr. Sakshi Sharma, R.O. (Ay.)	Coordinated and attended the Virtual meeting of SMART-OA project with PI and Co-Is of all the 4 Coordinating Centres under the Chairmanship of Director institute.	Institutional	30.08.2024
183.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended National Seminar on Drug Development in Traditional Medicine organized by the National Institute of Indian Medical Heritage (NIIHM) Hyderabad through virtual mode.	National	3 rd -4 th Sept., 2024
184.	Dr. Renu Rani, R.O. (Ay.)	Attended a seminar on 'Overview of Quality Management System' by CRO- Bureau of Indian Standards at Hotel Royal Plaza, New Delhi.	National	04.09.2024
185.	Dr. Babita Yadav, R.O. (Ay.), Dr. Kishor Patel, R.O. (Ay.) & Dr. Shivshankar Rajput, R.O. (Ay.)	Attended Training on "GCP & Ethics" for investigators and project staff of EMRS project being organized by the council's institute NARIP, Cheruthurthy.	National	05.09.2024.
186.	Dr. Shrawan Sahu, R.O. (Ay.)	Participated in a webinar entitled "LIVE CLASS ON DIABETES" organized by Clinical Guruji.	National	05.09.2024
187.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended online session of the integrated oncology course (IORC).	National	05.09.2024 and 06.09.2024
188.	All technical officers	Attended the 'Hindi Karyashala' – workshop on "Hindi E - tools" by Smt. Vinita Tiwari, Asst. Director, Hindi Shikshan Yojana, Rajabhasha Vibhag, Ministry of Home Affairs, Govt. of India organized by CARI, Punjabi Bagh in virtual mode.	Institutional	06.09.2024
189.	Dr. H. Panigrahi, R.O. (Ay.)	Under celebration of Rashtriya Poshan Maah 2024, Delivering lecture to the patients and attendants coming to OPD on the topic "Theme and purpose of celebration of Poshan Maah" at CARI, New Delhi.	Institutional	06.09.2024
190.	Dr. Renu Rani, R.O. (Ay.)	Delivered an awareness lecture on the Ayush meal for the prevention of Anemia at CARI, New Delhi.	Institutional	07.09.2024.

191.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar - Endometriosis: Understanding, Managing, and Overcoming the Challenge –by Dr. Sanjana Bhole, MD (Ay.) organized by Sitaram Ayurveda Research Foundation.	National	08.09.2024
192.	Dr. Kishor Patel, R.O. (Ay.)	Delivered a lecture on “Seasonal dietary modifications for prevention of Anemia” under celebration of Rashtriya Poshan Maah 2024 to nearly 80 patients and their relatives.	Institutional	09.09.2024
193.	All technical officers	Attended Hindi Baithak.	Institutional	10.09.2024.
194.	Dr. Kishor Patel, R.O. (Ay.)	Participated in onboarding and new NIC eMail platform training (online).	Institutional	10.09.2024
195.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended as the Chairman of ICC, CARI, New Delhi, attended ICC meeting regarding “Awareness and re-orientation of POSH Act” under the chairmanship of Madam Meenakshi Negi, Member secretary National commission for Woman organized by CCRUM, Ministry of Ayush, for Ayush Professionals	National	10.09.2024
196.	Dr. Shweta Mata, R.O. (Ay)	Attended as the member of ICC, CARI, New Delhi, attended ICC meeting regarding “Awareness and re-orientation of POSH Act” under the chairmanship of Madam Meenakshi Negi, Member secretary National commission for Woman organized by CCRUM, Ministry of Ayush, for Ayush Professionals.	National	10.09.2024
197.	Dr. Seema Jain, R.O. (Ay.)	Has attended meeting at Hq regarding the Review of technical cosure of AYUSH -SR Project.	National	12.09.2024
198.	Dr. Shrawan Sahu, R.O. (Ay.)	Participated in a webinar entitled dawai ka reaction organized by Clinical Guruji.	National	13.09.2024
199.	Dr. Seema Jain, R.O. (Ay.)	Attended हिंदी दिवस तथा चतुर्थ अखिल भारतीय राजभाषा sammelana at BHARAT MANDAPAM.	National	14th – 15th Sept., 2024
200.	All technical officers	Participated in the two-day National Seminar on Fostering Patient Safety: Diagnostic Practices in Ayush at India International Centre, Seminar Hall no. 1,2,3Max Muller Marg, Lodhi Road, New Delhi.	National	18 th -19 th Sept, 2024
201.	Dr. Seema Jain, R.O. (Ay.)	Awareness lecture on Diet & lifestyle changes to prevent Anemia in Children at Mukhrji Nagar, New Delhi during SCSP visit.	National	19.09.2024
202.	Dr. Bharti, Director (Institute), Dr. Sakshi Sharma, R.O. (Ay.) &Dr. Kishor Patel, R.O. (Ay.)	Participated in an online meeting related to the Construction of a New Hospital building at FC-5, Block –A, Sector -28, Rohini, New Delhi CCRAS Journals organized by CCRAS.	National	20.09.2024.
203.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the webinar of Pharmacovigilance Awareness Program on Ayurveda Drugs on the eve of the 3 rd National Pharmacovigilance Week organized by PPvCGopabandhu Ayurveda Mahavidyalaya, Puri.	National	21.09.2024.

204.	Dr. Sakshi Sharma, R.O. (Ay.), Dr. Babita Yadav, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)	Attended Webinar on “Role of Ayush to address Anemia under Celebration of Poshan Maah 2024, organized by CARI, Kolkata.	National	21.09.2024.
205.	Dr. Renu Rani, R.O. (Ay.)	Delivered an awareness lecture to the participants visited for OPD facilities on “Complimentary feeding” at CARI, New Delhi.	Institutional	21.09.2024.
206.	Dr. Meenakshi Suri, R.O. (Path.)	Participated as a panelist faculty in webinar on “Non-transplant treatment of MPNs in 2024” organized by Mumbai Hematology Group.	National	21.09.2024.
207.	Dr. Shrawan Sahu, R.O. (Ay.)	Participated in the 3rd edition of World Food India from at Pragati Maidan, New Delhi.	National	19th to 22nd September 2024
208.	Dr. Shweta Mata, R.O. (Ay.)	Participated as the Judge panel of Hindi Vad-vivad Pratiyogita.	National	23.09.2024.
209.	Dr. Bharti, Director (Institute), Dr. Sakshi Sharma, R.O. (Ay.) & Dr. Kishor Patel, R.O. (Ay.)	Meeting with CPWD & CCRAS Hqrs Officers for signing of MoU with CPWD at CCRAS Hqrs Janak Puri	National	23.09.2024.
210.	Dr. Babita Yadav, R.O. (Ay.) & Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in Vad-Vivad Pratiyogita on the occasion of Hindi Pakhwada 2024.	Institutional	23.09.2024.
211.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Expert Committee meetings organised by the Board of Ayurveda, National Commission for Indian System of Medicine (NCISM), New Delhi, under the chairmanship of Director, Board of Ayurveda regarding framing of syllabus for third professional subjects & PG programmes of Ayurveda as a committee member in virtual mode.	National	2 nd , 4 th , 5 th , 11 th , 12 th 24 th September 2024
212.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Expert Committee meetings regarding framing of syllabus for third professional subjects & PG programmes of Ayurveda chaired by the co- chairman of the committee.	National	9 th , 14 th , 16 th , 19 th , 21 st , 23 rd , 25 th , 28 th and 30 th September 2024
213.	Dr. Sudha Kumari K.G, R.O (Ay.)	Held a meeting with the Executive engineers of Department of Civil works of CPWD, RML Hospital and reviewed the request for undertaking regarding various civil works in the newly allotted rooms (Room no. 4,5 & 9 on Ground floor of old Resident Doctor Hostel).	National	24.09.2024.
214.	Dr. Shivshankar Rajput, R.O. (Ay.)	Submitted 50 Participants' Prakriti report & Prakriti card in Compliance to “Desh ka Prakriti Parikshana Abhiyan.	National	24.09.2024

215.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a webinar on the "Role of Ayurveda in addressing Anemia on the occasion of Poshan Maah-24, organized by CARI, Jhansi.	National	24.09.2024.
216.	All technical officers	Participated in a yoga session during the Poshan maah celebration.	National	24.09.2024.
217.	Dr. Renu Rani, R.O. (Ay.)	Coordinated & demonstrated "Yoga session" under celebration of Poshan Maah at CARI, New Delhi.	Institutional	24.09.2024.
218.	Dr. Sakshi Sharma, R.O. (Ay.) & Dr. Babita Yadav, R. O. (Ay.)	Attended Hindi Pakhwada as member of Jeuri for Nibandh Pratiyogita organized by CARI, New Delhi.	Institutional	24.09.2024.
219.	Dr. Shweta Mata, R.O. (Ay.), Dr. Shrawan Sahu, R.O. (Ay.), & Dr. Renu Rani, R.O. (Ay.)	Participated in Hindi Nibandh Pratiyogita at CARI, New Delhi.	Institutional	24.09.2024.
220.	Dr. Shivshankar Rajput, R.O. (Ay.)	Imparted training to project staff under project titled "Randomized controlled trial of Anshumati Ksheer Paka in hypertension-induced left ventricular hypertrophy related to study protocol, CRF, modalities of implementation, roles & responsibilities, tools for outcomes assessment, Prakriti assessment, etc., to the research staff for the aforesaid project.	National	24.09.2024.
221.	Dr. Seema Jain, R.O. (Ay.) & Dr. Renu Rani, R.O. (Ay.)	Coordinated a Webinar on the Role of AYUSH to address anemia under POSHAN Mah Celebration.	National	25.09.2024
222.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended a meeting for the smooth execution of the project entitled "A Systematic survey of the labeling information of Ayurvedic drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945" organized by CARI, Mumbai.	National	26.09.2024
223.	Dr. Shaizi Layeeq, R. O. (Ay.)	Delivered an awareness lecture on the Role of cleanliness for the maintenance of general well-being for the students of Sarvodaya Kanya Vidyalaya, Punjabi Bagh, New Delhi.	Institutional	26.09.2024.
224.	All technical officers	Attended the webinar on the Role of Ayush in addressing Anemia.	National	27.09.2024.
225.	Dr. Shaizi Layeeq, R. O. (Ay.) & Dr. Shivshankar Rajput, R.O. (Ay.)	Have participated as the Judge panel of Hindi Kavya Pratiyogita.	Institutional	27.09.2024.
226.	Dr. Shrawan Sahu, R.O. (Ay.), Dr. Swati Sharma, R.O. (Ay.) & Dr. Renu Rani, R.O. (Ay.)	Participated in Hindi Kavita Pratiyogita at CARI, New Delhi.	Institutional	27.09.2024.

227.	Dr. Kishor Patel, R.O. (Ay.)	Participated in Safai Mitra Suraksha Shivir by Distribution of hygiene kit & safety gear to safeguard the sanitation workers from occupational hazards as an activity under Swachhta Hi Sewa 2024.	National	27.09.2024
228.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a Webinar on Role of AYUSH to Address Anemia under Rashtriya Poshan Maah 2024, organized by CARI, Patiala.	National	28.09.2024
229.	Dr. Shaizi Layeeq, R. O. (Ay.)	Delivered an awareness lecture on Ayush Lifestyle practices for Health promotion as a part of the observance of Poshana Maah.	Institutional	28.09.2024.
230.	Dr. Renu Rani, R.O. (Ay.)	Conducted & attended an online monthly review meeting of the SMART-IDA project of all the collaborative institutes.	National	28.09.2024.
231.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended 200 th Achara rasayanam Webinar – Horizons where frontiers of modern medicine and Ayurveda meet w.r.t Janu Sandhi Vata/ Osteoarthritis of Knee- Insights and vision of an Orthopaedic Surgeon” by Dr. Manoj Kumar M.S(Orth), DNB (Orth), AIIA organized by Sitaram Ayurveda Research Foundation.	National	29.09.2024
232.	Dr. Seema Jain, R.O. (Ay.) & Dr. Ashima Jain, R.O. (Path.) Attended by all technical officers	Organized Antyakshari pratiyogita under the celebration of hindi pakhwada.	Institutional	30.09.2024.
233.	All technical officers	Technical review meeting to discuss the action taken points pertaining to Avalokan .	Institutional	04.10.2024
234.	Dr. Sudha Kumari K. G, R.O (Ay.)	Participated in a Conference on “Intellectual Property, Regulatory Framework and Commercialization Aspects in Traditional Knowledge of AYUSH Systems in Amrit Kaal” jointly organized by the Office of the Controller General of Patents, Designs and Trade Marks (CGPDTM), School of Biotechnology, Jawaharlal Nehru University (JNU), New Delhi and National Institute of Ayurveda (NIA), Jaipur at the India International Centre (IIC), Delhi.	National	07.10.2024,
235.	Dr. Sakshi Sharma, R. O. (Ay.) & Dr. Shweta Mata, R.O. (Ay.)	Coordinated Press Conferences on 100 Days Achievements of the CARI-CCRAS, New Delhi under Ministry of Ayush.	Institutional	08.10.2024
236.	Dr. Seema Jain, R.O. (Ay.)	Participated in a monthly review meeting SCSP 2024-25 organized by CCRAS Hqrs .	Institutional	08.10.2024.
237.	Dr. Shivshankar Rajput R.O. (Ay.)	Attended RCH focus group meeting. Project presented on PCOS by Dr. Rinku Tomar, Dr.P. P. Pradip Kumar and Priya Thakre	National	10.10.2024.

238.	Dr. Shweta Mata, R.O. (Ay)	Coordinator of Pharmacovigilance for ASU & H drugs coordinated a training cum awareness program of Pharmacovigilance for ASU & H drugs at A & U Tibbia College & Hospital, Karol Bagh, New Delhi	National	16.10.2024.
239.	Dr. Panigrahi, R.O (Ay) Dr. Shivshankar Rajput, R.O. (Ay.), Dr. Neha Dubey R.O. (Ay.), Dr. Babita Yadav R.O. (Ay.),	Attended DSMB (Data and Safety Monitoring Board) meeting for LVH (Left Ventricular Hypertrophy) project.	National	16.10.2024.
240.	Dr. Seema Jain, R.O. (Ay.)	Participated in meeting Regarding review on the execution of IAHA under AMHCP - SCSP -2024-25.	Institutional	16.10.2024.
241.	All technical officers	Attended technical review meeting (online) to discuss the technical issues pertaining to clinical Research Projects, Ayurveda Day activities and action points of Manthan 2024 on committee room of the Institute	Institutional	17.10.2024
242.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Expert Committee meetings organised by the Board of Ayurveda, National Commission for Indian System of Medicine (NCISM), New Delhi, under the chairmanship of Director, Board of Ayurveda regarding framing of syllabus for third professional subjects & PG programmes of Ayurveda as a committee member in virtual mode.	Institutional	04.10.2024 and 17.10.2024.
243.	Dr. Sakshi Sharma, R.O (Ay) Dr. Babita Yadav R.O (Ay) Dr Kishor Patel, R.O. (Ay.)	Participated and coordinated a meeting of Focused Group for Cardiovascular Diseases related research including Hypertension organized by CARI-CCRAS.	Institutional	18.10.2024.
244.	Dr. Babita Yadav, R.O. (Ay) & Dr Shaizi Layeeq, R.O. (Ay)	Attended CoE training on Extracellular Vesicle "Vesicle Vision 1.0" at ILBS, New Delhi as a nominated officer.	National	18.10.2024.
245.	Dr. Sudha Kumari K. G, R.O. (Ay.)	Participated in a Physical Workshop for Framing of Competency Based Curriculum and Syllabus for Mansaroga PG, organized by the National Commission for Indian System of Medicine, Ministry at National Institute for Micro. Small and Medium Enterprises (nimse), Yousufguda, Hyderabad, Telangana.	National	19.10.2024 to 21.10.2024
246.	Dr. Shweta Chaudhary, R.O. (Ay.)	Delivered an awareness lecture on "Healthy Lifestyle as per Ayurveda" at AWC, Rashtrapati Bhawan, New Delhi as a part of 9 th Ayurveda Day celebrations on 20.10. 2024.	National	20/10/2025
247.	Dr. Sakshi Sharma, R. O. (Ay.) & Dr. Kishor Patel, R.O. (Ay.)	Organized a Virtual review meeting regarding the current status of SMART-OA Project under the chairmanship of Dr. Bharti, Director Institute.	Institutional	23.10.2024

248.	Dr. Sudha Kumari K. G, R.O. (Ay.)	Attended an online lecture on “Refreshing Counselling Techniques” by Dr.Vinod Kumar M.Vin the ‘Advanced Course on Counseling and Ayurveda Psychotherapy (ACCAP): focal theme -Parenting.	National	23.10.2024
249.	Dr. Sudha Kumari K. G, R.O. (Ay.)	Attended an online lecture on ‘Management & Ayurveda psychotherapy” by Dr.Thushara Joy in the ACCAP.	National	26.10.2024
250.	Dr. Seema Jain, R.O (Ay.)	Attended National Conference on "Ayurveda Innovation for Global Health".	National	27.10.2024
251.	Dr. Sudha Kumari K. G, R.O.(Ay.)	Attended an online lecture on “Mental Status Examination” by Dr.SusmithaChandranin the ACCAP.	National	27.10.2024
252.	Dr. Sudha Kumari K. G, R.O.(Ay.)	Attended an online lecture on “Parenting Techniques” by Dr. Preetha P.V in the ACCAP.	National	28.10.2024
253.	Dr. Sudha Kumari K.G, R.O (Ay.)	Held a meeting with the Junior engineer of Department of Civil works of CPWD, RML Hospital and reviewed the request for undertaking regarding various civil works in the newly allotted rooms (Room no. 4, 5 & 9 on Ground floor of old Resident Doctor Hostel.	National	14.10.2024 and 28.10.2024.
254.	All technical officers	Attended Inauguration of Vigilance Awareness Week and taking oath.	Institutional	28.10.2024
255.	Dr. Sudha Kumari K. G, R.O (Ay.)	Attended an online lecture on “Psychological & Psychiatric Conditions in Children” by Dr. Satheesh K in the ACCAP.	National	29.10.2024
256.	Dr. Sudha Kumari K. G, R.O (Ay.)	Attended an online lecture on “Psychological & Psychiatric Conditions in Children” by Dr. Satheesh K in the ACCAP.	National	29.10.2024
257.	Dr. Shweta Chaudhary, R.O.(Ay)	Attended 9 th Ayurveda Day celebration at All India Institute of Ayurveda on 29 th October2024	National	29/10/2024
258.	Dr. Sakshi Sharma, R. O. (Ay.) and all technical Officers	Attended a meeting under the Chairmanship of DG, CCRAS todiscuss Prakriti assessment targets through new VC Setup on behalf of Director Institute.	National	30.10.2024
259.	Dr. Sudha Kumari K. G, R.O (Ay.)	Attended an online lecture on “Counselling for the caregivers of special children” & “Satva assessment of parents and children” in the ACCAP.	National	30.10.2024
260.	Dr. Sudha Kumari K. G, R.O (Ay.)	Attended the AachaaraRasaayanam Webinar on “An introduction to Clinical methods and case-taking in Ayurveda’ by Dr. Vaidya M. Prasad MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	03.11.2024
261.	Dr. Shweta Mata, R.O. (Ay.)	Attended a meeting for the Kriyakalpa proposals and presented proposal entitled, “To develop minimum standard requirements to practice Kriyakalpa in a Hospital/Clinical set-up” organized by CCRAS Hqrs.	National	04.11.2024

262.	Dr. Babita Yadav, R.O(Ay)& Dr Shweta Mata, R.O. (Ay.)	Coordinated the IEC meeting at CARI, New Delhi.	Institutional	07.11.2024
263.	Dr. Bharti, Director (Institute), and Dr. Seema Jain R.O (Ay.)	Facilitated the Hindi Sansadiya Samiti Parliament Committee Inspection of the Institute at Sports Authority of India, Lodhi Road, New Delhi	National	08.11.2024.
264.	Dr. Seema Jain R.O (Ay.)	Attended Review Meeting at Hqrs for the project entitled “Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in the Prevention and Reduction of the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study”.	National	12.11.2024.
265.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended meeting with CPWD officers and invited experts under the chairmanship of Director Institute to finalize the tender of proposed building of CARI, New Delhi.	National	16.11.2024
266.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Expert Committee meetings organized by the Board of Ayurveda, National Commission for Indian System of Medicine (NCISM), New Delhi, under the chairmanship of Director, Board of Ayurveda regarding framing of syllabus for third professional subjects & PG programmes of Ayurveda as a committee member.	National	19.11.2024
267.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the webinar series” Kayaprabodhini episode 15 on the occasion of World Diabetes Day delivered by Prof. H.M. Chandola on the topic “Diabetes Mellitus with recent advances in its management: An Ayurvedic Perspective” organized by the Department of Kayachikitsa, ITRA, Jamnagar, Gujarat.	National	19.11.2024
268.	Dr. Seema Jain R.O (Ay.)	Attended AMHCP monthly review meeting.	National	20.11.2024.
269.	Dr. Sudha Kumari K. G, R.O (Ay.) and Dr. Shweta Chaudhary, R.O (Ay.)	Attended Advanced Training Course on Sample Size Determination & Power Analysis in Health Research on online mode.	National	18.11.2024 to 20.11.2024
270.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended an online Expert Committee meeting of experts of Kayachikitsa and Roga Nidan evum Vikriti Vigyan, for “Reaching consensus on the introduction of new terminologies in important branches of Ayurveda”	National	20.11.2024
271.	All technical officers	Attended the Technical Meeting regarding IPD night duty chaired by Director (Institute).	Institutional	22.11. 2024
272.	Dr. Sudha Kumari K. R.O (Ay.)	Attended the AchaaraRasaayanam Webinar on ‘My Clinical Experience’ by T. P Sarasa, MD (Ay.) organized by Sitaram Ayurveda Research Foundation.	National	24.11. 2024

273.	Dr. Seema Jain R.O (Ay.) Dr. Renu Rani, R.O.(Ay.)	Attended the Review meeting SMART IDA.	Institutional	26.11. 2024
274.	Dr. Shweta Mata, R.O. (Ay.)	Participated in a meeting for the Symposium on "Research and Innovation in Ayurveda" organized by CCRAS Hqrs at Vigyan Bhavan, New Delhi.	National	26.11. 2024 & 29.11. 2024
275.	Dr. Sakshi Sharma, R.O. (Ay.)	Imparted Prakriti training as a resource person on the "Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal" at GS Ayurveda Medical College and Hospital, Hapur (U.P.) conducted by Central Council for Research in Ayurvedic Sciences (CCRAS).	National	27.11. 2024 to 28.11. 2024
276.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Expert Committee meetings regarding framing of syllabus for third professional subjects & PG programmes of Ayurveda chaired by the co- chairman of the committee.	National	03.11.2024., 05.11.2024, 07.11.2024, 10.11.2024, 14.11.2024 17.11.2024, 19.11.2024, 26.11.2024 and 29.11.2024
277.	Dr. Shaizi Layeeq, R.O (Ay.)	Attended 2 days national seminar on "Nirroham- A National Seminar on Vasti" organized by NARI, Cheruthuruthy	National	25.11. 2024 - 26.11.2024
278.	Dr. Shrawan Sahu, R.O (Ay.)	Attended a webinar entitled "Septo Rhinoplasty: Elevating Your Surgical Expertise" by Dr. Pramod T. Borghare, Professor, Shalaky Department organized by Vishwa Ayurveda Parishad (Shalaky Sambhasha).	National	29.11. 2024
279.	All technical officers	Attended a CME program at Ayurveda Mahasammelan on "A Clinical Approach in Joint Disorders" coordinated by RAV and funded by Ministry of Ayush under Ayurgyan Scheme.	National	29.11. 2024 and 30.11. 2024
280.	Dr. Shweta Mata, R.O.(Ay) Coordinated as an anchor and stage committee member and attended by All technical officers	Participated in the Symposium on "Research and Innovation in Ayurveda", held on the occasion of the 56th Foundation Day of CCRAS at Hall No.6, Vigyan Bhawan, New Delhi.	National	01.12. 2024
281.	Dr. Renu rani, R.O. (Ay.)	Delivered a guest lecture on Shishyopanayam Samskar at Shri Ram Ayurvedic Medical college, Meerut	National	02.12.2024
282.	All technical officers	Attended VC meeting under the Chairmanship of DG, CCRAS for discussion on "Desh ka Prakriti Parikshan Abhiyan" initiative by Ministry of Ayush.	National	10.12.2024

283.	Dr. Seema Jain, R.O. (Ay.)	Participated in the नगर राजभाषा कार्यान्वयन समिति दक्षिण दिल्ली - 2 की चतुर्थ बैठक.	National	11.12.2024.
284.	All technical officers	Attended an online meeting on Desh ka Prakriti Praikshan Abhiyan by the Ministry of Ayush, organized by CCRAS, ND.	National	12.12.24
285.	Dr. Seema Jain, R.O. (Ay.)	Participated in review meeting for AMHCP(SCSP).	National	17.12.24.
286.	Dr. Shrawan Sahu, R.O. (Ay.)	Attended the live class on Diabetic Neuropathy and Dermatology organized by Clinical Guruji.	National	20.12.24
287.	All technical officers	Attended "हिंदी कार्यशाला" - राजभाषा नीति और उसकी चुनौतियाँ guest lecture delivered by Sh. Jagdish Ram Pori, Director, Siksha Mantralya.	Institutional	27/12/2024.
288.	All technical officers	Attended an online meeting on preparedness for the foundation stone laying ceremony of the CARI.	National	27.12.24.
289.	All technical officers	सभी तकनीकी अधिकारियों ने दिनांक 28.12.2024 को विभागीय राजभाषा कार्यान्वयन समिति की बैठक का आयोजन किया गया जिसकी अध्यक्षता डॉ .भारती, निदेशक (संस्थान) द्वारा की गई।	Institutional	28.12.24
290.	Dr. Seema Jain, R.O. (Ay.)	Attended ePost Graduate Program in Epidemiology - eLearning (January - December 2024 batch)	National - organized by IIPH)	January - December 2024 batch
291.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended a review meeting on SMART OA under the chairmanship of DG, CCRAS.	National	01.01.25
292.	Dr. Seema Jain, R.O. (Ay.)	Attended the AMHCP Review meeting.	National	02.01.25
293.	Dr. Bharti, Director Institute, Dr. H. Panigrahi, R.O. (Ay) Sh. Mukesh, Assistant (Admin)	Meeting with DDA & Dr. Pratap Makhija, A.D. (Ay) for laying down the Foundation Stone ceremony for the State-of-the-Art Central Ayurveda Research Institute at Rohini Sector 28, Delhi.	National	1 st & 3 rd Jan, 2025
294.	Dr. Bharti Director Institute & All technical officers	Participated in inaugural ceremony of laying down the Foundation Stone ceremony for the State-of-the-Art Central Ayurveda Research Institute at Rohini Sector 28, Delhi	National	05.01.25
295.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended NLEAM project training with expert speaker Dr. Vijay Garg, Drug Inspector, Ayush Dept., Govt of NCT Delhi.	National	06.01.25
296.	All technical officers	Attended the meeting regarding KPI/ Risks/ Quality assessment of pharmacy regarding BIS accreditation of the institute.	Institutional	08.01.25
297.	Dr. H. Panigrahi, R.O. (Ay.)	Attended the CME as a Resource Person for teachers of Shalya Tantra at K.A.T.S. Ayurvedic College & Hospital, Berhampur, Odisha.	National	09.01.25 to 10.01.25.
298.	All technical officers	Attended the meeting regarding BIS Certification for the CARI, ND.	Institutional	10.01.25

299.	Dr. Shrawan Sahu, R.O. (Ay.)	Participated in a webinar entitled “live class on drug reaction” organized by Clinical Guruji.	National	10.01.25.
300.	Dr. Sudha Kumari K.G, R.O (Ay.) and attended by all technical Officers	Delivered a lecture on “Significance of Observing Ayush Medical Codes and Records Day” to the officers and officials of CARI, Punjabi Bagh pertaining to the celebration of Ayush Medical Codes and Records Day on 10th January every year.	Institutional	13.01.25
301.	All technical officers	Attended the meeting of BIS for the discussion on quality objectives.	Institutional	17.01.25
302.	Dr. Seema Jain, R.O. (Ay.)	Delivered awareness lecture on TB diagnosis, treatment, and Prognosis.	Institutional	17.01.25
303.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended a meeting of project entitled “A Systematic survey of the labeling information of Ayurvedic drugs included in NLEAM” regarding project work coordination on	National	20.01.25
304.	Dr. Shivshankar Rajput, R.O. (Ay.)	Attended an e-office refresher training program organized by the server room department VMMC & Safdarjung Hospital at the MS office.	National	22.01.2025
305.	Dr. Sakshi Sharma, R.O. (Ay.)	Coordinated and attended the meeting of the therapeutic committee as chairman of the committee in view of NABH & BIS accreditation.	Institutional	24.01.25
306.	Dr. Renu Rani, R.O. (Ay.)	Attended a virtual project review meeting under SMART 1.0.	National	27.01.25
307.	Dr. H.Panigrahi, R.O. (Ay.)	Organized Ano-rectal and wound healing Focus group meeting for finalization of various shalya-related projects as Chairman	Institutional	28.01.25
308.	Dr. Shivshankar Rajput, R.O. (Ay.)	Attended the Focus group meeting”. and presented the proposal on the Topic “Management of menopausal symptoms (Rajonivrattijanya lakshan)” organized by Focus group RCH.	National	29.01.25
309.	Dr. Seema Jain, R.O. (Ay.)	Review meeting AMHCP under SCSP 2024-25, Organized by HQ.	National	29.01.25
310.	Dr. Seema Jain, R.O (Ay.)	Attended 29th Meeting of the Internal Scrutiny Committee.	National	03.02.25
311.	Dr. Seema Jain, R.O (Ay.)	Attended a meeting to discuss Public Health Research Programmes under SCSP & AMHCP-SCSP for 2025-26.	National	03.02.25
312.	Dr. Seema Jain, R.O (Ay.) and Dr. Renu Rani R.O. (Ay.)	Attended SMART IDA monthly review meeting	National	03.02.25
313.	Dr. Seema Jain, R.O (Ay.)	Attended Meeting for पंजाबी बाग संस्थान के राजभाषा ई-निरीक्षण.	National	03.02.25.
314.	Dr. Shweta Mata, RO. (Ay.)	Delivered a talk in an awareness program on ‘Holistic approach for prevention of Oral cancer and Oral potentially malignant Disorders’ on World cancer day at LHMC, New Delhi.	National	04-02-2025

315.	Dr. Panigrahi, R.O. (Ay) & Dr Shivshankar Rajput R.O. (Ay.)	Attended One-Day Programme on 'Holistic Approach to Prevent OPMDs and Oral Cancer' in observance of World Cancer organized by Department of Dental and Oral Surgery, LHMC, New Delhi, National Resource Centre for Oral Potentially Malignant Disorders (OPMDs) under the National Oral Health Programme (NOHP).	National	04.02.2025
316.	Dr. Shravan Kumar Sahu, R.O (Ay.)	Participated in a webinar entitled LIVE CLASS on "Joint Pain – Rheumatoid Arthritis" organized by Clinical Guruji.	National	07.02.2025
317.	Dr. Sudha Kumari K.G, R.O (Ay.)	AachaaraRasaayanam Webinar on 'Important Rasa Medicines for the Management of Non-Healing Ulcers' by Dr. Sasikumar Nechiyil, BAMS, MD(Ay) organized by Sitaram Ayurveda Research Foundation.	Institutional	09.02.2025
318.	Dr. Renu Rani, R.O. (Ay.) and attended by all technical Officers	Coordinated monthly meeting of Incident report, Referral & Rejection committee in reference to BIS certification	Institutional	11.02.2025
319.	All technical officers	Attended a training on "Scope of Institute, patient's role & responsibilities" in view of NABH norms/BIS inspection.	Institutional	11.02.2025
320.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended meeting with 5 collaborative centres for execution of the project entitled "A Systematic survey of the labeling information of Ayurvedic drugs included in NLEAM"	National	13.02.2025.
321.	All technical officers	Attended a training on "Emergency codes in hospital and disaster management" in view of NABH norms/BIS inspection.	Institutional	13.02.2025
322.	All technical officers	Attended Technical Review meeting chaired by Director (Institute), CARI, Punjabi Bagh.	Institutional	14.02.2025.
323.	All technical officers	Attended lecture on "Hand washing technique and infection control & spill management" in view of NABH norms/BIS inspection.	Institutional	15.02.2025
324.	Dr. Kuldeep, R.O (Ay.)	Participated in 9th Unani day celebration at AWC Rastrapati Bhawan, New Delhi.	National	15.02.2025
325.	Dr. Sudha Kumari K.G, R.O (Ay.)	participated in the AachaaraRasaayanam Webinar on 'Viddhakarma and Agnikarma in Respiratory Diseases' by Dr. Neeta Sumit Kala, MD (Roganidana) organized by Sitaram Ayurveda Research Foundation.	National	16.02.2025
326.	All technical officers	Attended a training on "Needle Stick injury" in view of NABH norms/BIS inspection.	Institutional	17.02.2025
327.	Dr. Bharti, Director(Institute) Dr. Sakshi Sharma, R.O. (Ay.), Dr. Babita Yadav, R. O. (Ay.) and Dr. Kishore Patel, R.O. (Ay.)	Participated in an online Focus Group meeting on cardiovascular diseases including Hypertension.	National	18.02.2025

328.	All technical officers	Attended a training on Biomedical Waste Management in view of NABH norms/BIS inspection.	Institutional	19.02.2025
329.	All technical officers	Attended a training on “CPR Training” in view of NABH norms/BIS inspection.	Institutional	21.02.2025
330.	Dr. Seema Jain, R.O (Ay.)	Attended meeting regarding proposals to be executed in SCSP 2025-26.	National	21.02.2025
331.	Dr. Shivshankar Rajput, R.O. (Ay.) and Dr. Shweta Mata, R.O. (Ay.)	Participated in online webinar on “Menopause and Ayurved” organized by VISHWA AYURVED PARISHAD, NIA branch, Jaipur	National	21.02.2025
332.	Dr. Sakshi Sharma, R.O. (Ay.)	Imparted training on the topic “Right & Responsibilities of Employees” in view of NABH norms/BIS inspection	National	21.02.2025
333.	Dr. Saroj Devi, R.O. (Ay.)	Online Refresher Course on Research Methodology & Data Analysis from 21st to 27th February, 2025.	National	21.02.2025 to 27.02.2025
334.	Dr. Saroj Devi, R.O. (Ay.)	Participated in the event Health Tech India 2025 from 20th to 22nd February, 2025.	National	20.02.2025 to 22.02.2025
335.	All technical officers	Induction training & Employee's rights & responsibilities under BIS certification Program ”.	Institutional	22.02.2025
336.	Dr. Babita Yadav, R.O (Ay) delivered a lecture and Dr. Shaizi Layeeq, R.O (Ay.) attended the 6 days training	one day conference on “Ayurvedic Concept of Ama and Shotha in the Context of Disease and Modern Medicine”. organized by JNU under COE sponsored by Ministry of Ayush	National	24.02.2025.
337.	Dr. Shweta Mata, R.O. (Ay.)	Participated an online webinar entitled, “Evidence Base Ayurvedic Management of Diabetic Retinopathy-Clinical Success Stories” organized by VISHWA AYURVED PARISHAD’s Shalakyasambhasha.	National	28.02.2025
338.	Dr. Seema Jain, R.O. (Ay.) and Dr. Renu Rani, R.O. (Ay.)	Conducted an online monthly review meeting of the SMART-IDA project for all the collaborative institutes.	National	03.03.2025.
339.	All technical officers	Attended a Project Budget Review Meeting in the Conference room at CARI, ND.	Institutional	04.03.2025
340.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered an awareness lecture regarding the immediate and effective steps taken by the ICC in view of POSH Act 2013.	National	06.03.2025.
341.	Dr. Saroj Devi, R.O. (Ay.) and Dr. Aishwarya K, R.O. (Ay.)	Attended a National Workshop on Research methodology and scientific writing.	National	05.03.2025 and 06.03.2025
342.	Dr. Bharti, Director (Institute),	Delivered a guest lecture on Women's Health Care on the occasion of International Women’s Day.	Institutional	07.03.2025
343.	Dr. Kishore Patel, R.O (Ay.)	Participated as a resource person and imparted sensitization training on the “Three Bucket	Institutional	07.03.2025

		Cleaning System” as a part of NABH to CARI staff organized by CARI, New Delhi.		
344.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participated as panel Expert in “1st International Conference on Advances in Integrative Medicine (AIM) 2025: Ancient Inspiration, Modern Evidence” organized by Centre for Integrative Medicine and Research, AIIMS, New Delhi.	National	07.03.2025.
345.	All technical officers	Attended a virtual meeting regarding sensitization on the Responsibilities of Sponsor, monitoring and auditing of research Projects organized by CCRAS Head quarters, New Delhi	National	07.03.2025.
346.	Dr. Meenakshi Suri, R.O (Path.)	Attended “Bone marrow trephine biopsy- Indications and relevance in the current era” organized by Mumbai Haematology Group	National	09.03.2025.
347.	Dr. Renu Rani R.O. (Ay.)	Coordinated a review meeting in view of the BIS 2nd stage audit.	Institutional	10.03.2025.
348.	Dr. Seema Jain, R.O. (Ay.)	Attended 02 days training workshop for SCSP 25-26 projects.	National	11.03.2025 and 12.03.2025.
349.	Ms. Sonam Chandhok, ARO (Cli. Psy.),	Attended and conducted sessions on ‘Focus Group Discussion’ and ‘In-depth interviews’ during the Investigators’ Training for Projects under Research Oriented Public Health Care Programme (THCRP-TSP, AMHCP-SCSP, WCH-SCSP and AHC-NE) organized by CCRAS-RARI Vijayawada.	National	11.03.2025 and 12.03.2025.
350.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participated one day Training on ‘Contraceptive Implant under family planning organized by Integrated District Health Society (IDHS) South District, department of Obs &Gynae, Safdarjung Hospital.	National	18.03.2025
351.	Dr. Meenakshi Suri, R.O (Path.)	Attended “India TB Innovation Summit – Pioneering Solutions to End TB” organized by MOHFW, ICMR, UNION, DH.	National	18.03.2025 and 19.03.2025.
352.	Dr.Sakshi Sharma, R.O. (Ay.)	1 st international conference on the topic “Global Perspectives of medicinal plants: Traditional system of medicine to nano-medicine” at Ramjas College for dissemination of CCRAS activity and consultation	National	18.03.2025
353.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the National Seminar on Pharmacovigilance Program for ASU and H Drugs organized by Matoshri Ayurved College, Eklahare, Nashik in collaboration with Peripheral Pharmacovigilance Center (UNANI), Regional Research Institute of Unani Medicine, Mumbai.	National	20.03.2025
354.	Dr. Saroj Devi, R.O. (Ay.) and Dr. Aishwarya K, R.O.(Ay.)	Attended a webinar on Clinical Experiences in Ayurvedic Infertility Management, conducted by Vaidyaratnam Ayurveda College, Ollur..	National	20/03/2025

355.	Dr. Renu Rani, R.O. (Ay.)	Attended a National Seminar on Pharmacovigilance Program for ASU and H Drugs organized by Matoshri Ayurved College, Eklahare, Nashik .	National	20.03.2025
356.	Dr. Bharti (Director, Institute)	Attended a Technical review meeting on project details and various techno-administrative issues in light of Avalokana 2025 (Senior officers meeting) held on at Jaipur.	National	21.03.2025 and 22.03.2025
357.	Dr. Meenakshi Suri R.O (Path.)	Attended a seminar on the POCSO Act, 2012 and Medical Profession organized	National	22.03.2025
358.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended one day workshop on “Impactful Grant Writing” organized by Department of Pediatrics, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi	National	22.03.2025.
359.	All technical officers	Attended a Technical review meeting at CARI, ND.	Institutional	25.03.2025
360.	All technical officers	Attended the Rajbhasha Karyanvayan Samiti Baithak.	Institutional	25.03.2025
361.	Dr. Renu Rani R.O. (Ay.)	Conducted an online monthly review meeting of the SMART-IDA project for all the collaborative institutes.	National	26.03.2025.
362.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the Pharmacovigilance Symposium organized by Peripheral Pharmacovigilance Centre Faculty of Ayurveda Banaras Hindu University.	National	26.03.2025
363.	All technical officers	Attended a webinar on ‘Publication Research Policy’ organised by CCRAS Head quarters, New Delhi	National	27.03.2025
364.	Dr. Bharti, Director (Institute), Dr. Babita Yadav, R.O. (Ay.), Dr. Kishore Patel, R.O (Ay.)	Participated in Data Safety & Monitoring Board (DSMB) meeting for the project entitled “An Exploratory Series of n- of-1 Responder Restricted Study of Ayurveda Regimen on Quality of Life among Elderly Population in Ballabhgarh District of Haryana – A Community-Based Study “organized by CARI, New Delhi.	Institutional	27.03.2025

8. Arogya Fair/Exhibition/Mela/Camp attended by Officer

S. No.	Name of Mela/ Exhibition/Camp	Participation	Organizer	Duration&Place	Inauguratedby	Activities
1.	Celebration of "World Blood Donor Day" and Free Blood Grouping camp	All technical officers	CARI, New Delhi	14.06.2024 at CARI, New Delhi	Dr. Bharti, Director (Institute)	Free "Blood Group Testing Camp", pledge taking ceremony to create awareness amongst everyone about the need for regular, voluntary unpaid blood donation and awareness lecture on the benefits of blood donation to the general public.
2.	3 rd Edition of "World Food India 2024"	Dr. Shrawan Sahu, Research Officer (Ay.)	Ministry of Food Processing Industries, Government of India	19.09.2024 to -22.09.2024 at Bharat Mandapam, Pragathi Maidan, New Delhi	Mr. Prataprao Jadhav, Honorable Minister of State (Independent Charge) for the Ministry of AYUSH, GOI.	Display of food products developed jointly by Central Ayurveda Research Institute, Bengaluru in collaboration with CSIR-Central Food Technological Research of India (CSIR-CFTRI), Mysore to create awareness about the importance of AYUSH AAHAR and Prakriti assessment of the visitors.
3.	43 rd India International Trade Fair exhibition	Dr. Shrawan Sahu, R.O.(Ay), Dr. Garima Consultant (Ay.), Sh. Kumar Vivek, MTS	India Trade Promotion Organisation (ITPO)	14.09.2024 to 27.09.2024 at Bharat Mandapam, Pragathi Maidan, New Delhi	Shri. Piyush Goyal, Union Minister of Commerce & Industry, GOI.	Free consultation and Prakriti Assessment of the visitors on online portal, free distribution of IEC materials, special counseling regarding the life style disorders and their prevention based on diet and lifestyle modification.
4.	Expo in International Conference on "Advancements in Research and Global Opportunities for Holistic Ayurveda" (AROHA-2024)	Dr. Shrawan Kumar Sahu, R.O. (Ay.), Dr. Utkarsh Soni, Consultant (Ay.) and Mr. Deepak Chauhan, MTS.	All India Institute of Ayurveda, New Delhi	17.10.2024 to 19.10.2024 at AIIA campus	Justice Dhananjaya Yeshwant Chandrachud, The Chief Justice of India.	Display of Drugs developed by CCRAS in addition to different types of scientific Publications, Digital Display of CCRAS activities in Audio Visual Screens, free distribution of IEC materials in Hindi, English.

5.	Bharat Parv 2025	Dr. Shrawan Sahu, R.O.(Ay.), Dr. Arun Bhadula, Domain Expert, Sh. Deepak Chauhan, MTS	Ministry of Tourism	26.01.2025 to 31.01.2025 at Gyan Path, Red Fort, New Delhi	Smt. V. Vidyavathi (Secretary, Tourism), Shri. Gyan Bhushan (Senior Economic Advisor) and Smt. Mugdha Sinha (DG, Tourism).	Exhibition themed “Ayush Ke Sath Swastha Bharat ,Viksit Bharat” highlighting the Ministry’s latest initiatives and innovations, free consultation of patients, free Prakriti assessment on online portal. Free distribution of IEC materials, special counseling regarding the life style disorders and their prevention based on diet and lifestyle modification, prophylactic practices of Dincharya /Ritucharya, Home remedies and Ayurvedic guidelines for a healthy life.
6.	37 th Surajkund International Crafts Mela	Dr. Kishor Patel, R.O. (Ay.), Dr. Kuldeep, R.O.(Ay.), Dr. Shrawan Sahu, R.O. (Ay.) and Kumar Vivek, MTS.	Surajkund Mela Authority & Haryana Tourism in collaboration with Union Ministries of Tourism, Textiles, Culture and External Affairs.	02.02.2025 to 18.02.2025 at Surajkund, Faridabad, Haryana.	Honorable President of India, Smt. Draupadi Murmu.	Free consultation and free distribution of IEC materials.
7.	International Conference on “Global Perspectives of medicinal plants: Traditional system of medicine to nano-medicine”	Dr. Sakshi Sharma, R.O. (Ay.), Dr. Arun Bhadola, Domain Expert and Dr. Ayushi Garg, SRF.	Ramjas college, University of Delhi	20.03.2025 to 21.03.2025 at Ramjas college, University of Delhi.	Dr. Mahesh Kumar Dadhich, Chief Executive, Ministry of Ayush, Government of India	Free Ayurvedic consultation for the conference participants as well as the Visitors, detailed discussions on the identification, uses and therapeutic applications of various raw medicinal plants, Publications of CCRAS, CCRAS-developed drugs, their indications and research backed efficacy.

9. Subhead Activities

Sub Heads	Activity Description
Technical Staff sponsored for Training outside the organization	<ol style="list-style-type: none"> 1. Dr. Sudha Kumari K.G, R.O (Ay). HSET (Health Sciences Education Technology) orientation/ training organized by the Board of Ayurveda, National Commission for Indian System of Medicine (NCISM), New Delhi, as a committee member for 5 days from 27.08.2024 to 31.08.2024 from 3.00 PM to 5 PM in virtual mode. 2. Dr. Shaizi-Workshop cum training programme under collaborative project entitled "Centre of Excellence (CoE) on Ayurveda and Systems Medicine" organized by School of Biotechnology, School of Life Sciences and School of Computational and Integrative Sciences, JNU, New Delhi from 24.2.2025 to 01.03.2025
Organized Administrative Staff Training at institutional level	<ol style="list-style-type: none"> 1. All technical officers participated in a one day administrative and capacity enhancement training & workshop organized by CCRAS-CARI, New Delhi on 03.08.2024. 2. All technical officers attended an online lecture on "Awareness about NGO Portal" by Dr. Babita Yadav, R.O (Ay.) on 16.08.2024. 3. Dr. Shweta Mata, R.O. (Ay.) has participated in the online training program "Therapeutic monitoring (drug and procedural monitoring) of pharmacovigilance concerns of Ayurveda medicine" organized by the Institute of Teaching and Research in Ayurveda (Institute of National Importance), (Ministry of Ayush, Govt. of India) Intermediary Pharmacovigilance Centre for Ayurveda, ITRA Under the aegis of NPvCC, New Delhi on 03.03.2025 and 04.03.2025
Invited Guest Lectures, delivered Radio/TV Talks and Interviews/ Chaired Scientific sessions.	<ol style="list-style-type: none"> 1. Dr. Meenakshi Suri R.O (Path.) participated as a Speaker in Alumni Engagement Lecture Series Program" on 27.07.2024 at SSODL, Pune. 2. Dr. Shweta Mata, R.O. (Ay.) invited as a guest speaker at Shri Sanatan Dharma Saraswati Bal Mandir School for counseling session on the topic entitled, "Swaranaprashana" on 20.07.2024. 3. Dr. Seema Jain R.O (Ay.) attended and delivered a lecture in CME "VAIDYA VIMARSH", by Dhootpapeshwar on 26.07.2024 4. Dr. Shivshankar Rajput R.O. (Ay.) delivered Guest lecture "Navigation Menopause through Ayush Holistic Approach" at Central Health Education Bureau under DGHS Ministry of Health and Family Welfare on 06.08.2024. 5. Dr. Bharti, Director (Institute) has given TV interview for Press Conferences on 100 Days Achievements of the CARI-CCRAS, New Delhi under the Ministry of Ayush on 08/10/2024 on local news channel Raftar TV news Channel & Network 10 TV news channel. 6. Dr. Shweta Mata, R.O. (Ay.) delivered a guest lecture on Pharmacovigilance for Asu & H drugs at A & U Tibbia College, Karol Bagh, New Delhi on 16.10.2024. 7. Dr. Renu Rani, R.O. (Ay.) delivered a guest lecture at Shree Ram Ayurvedic Medical College & Hospital, Meerut on the occasion of Shishu upanayan Samskar on 02/12/2024. 8. Dr. Shweta Mata, R.O. (Ay.) delivered a guest lecture as an invited resource person on "Holistic approach to prevention of OPMDs & Oral Cancer" organized by National Resource Centre for Oral-Potentially Malignant Disorders (OPMD-Hub), Dept. of Dental and Oral Surgery, Lady Harding Medical College, NOHP, MoHFW on 04.02.2025. 9. Dr. Sudha Kumari K. G, R.O (Ay.) delivered a lecture as invited speaker on

	<p>“Traditional Wisdom for Modern lives: Balancing Life the Holistic Way” in association with International Women's Day under the theme, “For All Women and Girls: Rights. Equality. Empowerment” at CSIR- NPL and Indian Women Scientists’ Association (IWSA) at National Physical Laboratory, New Delhi on 06.03.2025.</p> <p>10. Dr. Bharti, Director (Institute), delivered a guest lecture on Women's Health Care on the occasion of International Women’s Day organized by Vishwa Hindu Parishad on 07.03.2025.</p>
Honors/Awards received	<ol style="list-style-type: none"> 1. Dr. Bharti, Director (Institute) attended the national seminar "Vaidya Sambhashanam" on “Back Pain Management” organised by Arya Vaidya Pharmacy at Dhanwanthari Bhawan, Punjabhi Bagh on 22.08 2024 as a Guest of Honour 2. Dr. Bharti, Director (Institute), Dr. Shweta Mata, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Kishor Patel, R.O. (Ay.) & Dr. Renu Rani, R.O. (Ay.) received an appreciation award for the successfully organizing a two-day National Seminar on Fostering Patient Safety: Diagnostic Practices in Ayush at India International Centre, Seminar Hall no. 1, 2,3Max Muller Marg, Lodhi Road, New Delhi on 18th -19th Sept, 2024. 3. CCRAS-CARI, New Delhi is accredited with IS/ISO 9001:2015 (QMS certification) w.e.f. 24.03.2025 to 23.03.2028.
Celebration/observation of important days, Vigilance Awareness Week, Ayurveda Day Celebration, Poshan Maah Celebration, Independence Day Celebration, International Women's Day, Plantation drive, etc.	<ol style="list-style-type: none"> 1. Organized inaugural program of World Environment Day and Oath taking ceremony for “How to conserve the Environment” in the inaugural session of World Environment Day delivered by Dr. Shravan Sahu, R.O (Ay.) as per the direction of the Ministry of Environment Forest& climate vide letter no 2111/1/2024-GC Dated 10th April 2024 at CARI, New Delhi. 2. Organized in Varksharopan event as activity “Meri Life campaign” under the World Environment Day celebration. 3. Organized an awareness lecture to OPD patients under the Meri Life campaign under the World Environment Day celebration, which benefitted approx. 150 OPD patients. 4. Organized an awareness lecture and pledge-taking program of “World No Tobacco Day (WNTD)” on the theme “Protecting Children from Tobacco Industry Interference” in pursuance of MOH&FW memorandum FTS-362459 dated 27.05.2024 on 31.05.2024. 5. Observation of World Blood Donor Day, 2024 on 14.06.2024 at CARI, New Delhi. 6. Observation of 10th International Yoga Day at CARI, New Delhi on 21.06.2024. 7. All technical officers attended “National Organ Day celebration & awareness campaign at CARI, New Delhi on 03.08.2024. 8. All technical officers participated in the celebration of Independence Day and national flag unfurling ceremony in the institute premises on 15.08.2024 9. All technical officers participated in the “Har Ghar Tiranga” campaign of Govt. of India and uploaded selfie with national Flag in the website on 15.08.2024. 10. Observance of Swachhata Pakhwada, 2024 at CARI, New Delhi from 17.09.2024 to 02.10.2024. 11. Organized various awareness lectures for the OPD & IPD patients and their attendants, plantation drives, camps & other activities as a part of the observance of Poshana Maah on 28.09.2024. 12. Organized Hindi Pakhwada from 14.09.2024 to 30.09.2024. 13. Dr. Bharti, Director Institute inaugurated Ayurveda Day activities at CARI, New Delhi and delivered an awareness lecture which was attended by all technical officers. 14. Dr. Kishor Patel, R.O. (Ay.) rendered duties as Nodal Officer for Special Campaign 4.0 2024 and carried out various activities from 03.10.2024 to 31.10.2024. 15. Dr. Kishor Patel, R.O. (Ay.) participated & coordinated general cleanliness of

	<p>institute's premises as an activity under Special Campaign 4.0 on 05.10.2024.</p> <ol style="list-style-type: none"> 16. Dr. Kishor Patel, R.O. (Ay.) participated & coordinated cleaning of garden area as an activity under Special Campaign 4.0 on 07.10.2024. 17. Dr. Kishor Patel, R.O. (Ay.) participated & coordinated discarding of waste card boxes/ polythene as an activity under Special Campaign 4.0 on 11.10.2024. 18. Dr. Shaizi Layeeq, R.O.(Ay) organised 9th Ayurveda Day as Nodal Officer and coordinated activities from 18.10.2024 to 29.10.2024. 19. Dr. Kuldeep, R.O. (Ay.) & Dr. Shweta Chaudhary, R.O. (Ay.) delivered an awareness lecture on "Daily regimen for healthy life" at AWC, Rashtrapati Bhawan, New Delhi as a part of 9th Ayurveda Day celebrations on 20.10. 2024. 20. Dr. Sakshi Sharma, R. O. (Ay.) delivered a Public Lecture addressing patients & general public on the topic "Role of Ayurveda in Lifestyle disorders" on 21.10.2024 21. Dr. Shivshankar Rajput R.O. (Ay.) attended a meeting chaired by Secretary Ayush, ministry of Ayush regarding preparation of 9th Ayurveda Day Celebration at Ministry of Ayush, New Delhi on 21.10.2024 and 23.10.2024. 22. Dr. Shivshankar Rajput R.O. (Ay.) delivered War Room Duty for 9th Ayurveda Day Celebration at ministry of Ayush & AIIA, New Delhi from 21.10.2024 to 29.10.2024. 23. As a part of the 9th Ayurveda Day celebrations Dr. Shweta Mata, R.O. (Ay.), and Dr. Sudha Kumari, R.O. (Ay.) have coordinated an awareness lecture at Sarvodaya Kanya Vidyalaya, Punjabi Bagh, New Delhi on 23.10.2024. 24. Dr. Seema Jain, R.O. (Ay.) Celebrated Ayurveda food festival under the celebration of 9th Ayurveda Day on 24.10.2024. 25. As a part of the 9th Ayurveda Day celebrations Dr. Shweta Mata, R.O. (Ay.) has taken an awareness lecture on "Role of Ayurveda in Seasonal Dietary and Lifestyle Modifications for Prevention of Seasonal Disorders" on 25.10.2024. 26. Dr. Kuldeep, R.O. (Ay.) & Dr. Shweta Chaudhary, R.O. (Ay.) delivered an awareness lecture on "Healthy food habits" at Dr. Rajendra Prashad Kendriya Vidyalaya, Rashtrapati Bhawan, New Delhi as a part of the 9th Ayurveda Day celebrations on 25.10.2024. 27. Dr. Shaizi Layeeq, R.O. (Ay) organised Medical Camp at CSIR-NIScPR as a part of 9th Ayurveda Day celebrations on 25.10.2024. 28. Dr. Sudha Kumari K.G, R.O (Ay.) has delivered an awareness class for OPD patients of Ayurveda Treatment Centre at ABVIMS, Dr. RML Hospital on 25.10.2024 on the topic "Role of Ayurveda in Prevention of Diseases". 29. Dr. Shaizi Layeeq, R.O. (Ay) & Dr. Kishor Patel, R.O. (Ay.) Organised 'Run for Ayurveda' as a part of 9th Ayurveda Day celebrations on 26.10.2024. 30. Dr. Sudha Kumari K. G, R. O (Ay.) has taken an awareness class for OPD patients of Ayurveda Treatment Centre at ABVIMS, Dr. RML Hospital on 26.10.2024 on the topic "Health care Advocacies in Ayurveda". 31. Dr. Sudha Kumari K. G, R. O (Ay.) has taken an awareness class for the Nursing Officers of the Department of CTVS ABVIMS, Dr. RML Hospital on 26.10.2024 on the topic "Ayurveda for Workplace Wellness". 32. Dr. Shweta Mata, R.O. (Ay.) coordinated the distribution of IEC material for OPD patients and their relatives as a part of the 9th Ayurveda Day celebrations. 33. Dr. Shweta Mata, R.O. (Ay.) coordinated facilitating patients by clicking on the "I Support Ayurveda" icon at the time of registration and other OPD areas for patients and their relatives as a part of the 9th Ayurveda Day celebration. 34. All technical officers and officials participated in Run for Ayurveda under the celebration of 9th Ayurveda Day on 26.10.2024. 35. Dr. Sudha Kumari K. G, R. O (Ay.) has taken an awareness class for OPD patients of Ayurveda Treatment Centre at ABVIMS, Dr. RML Hospital on 28.10.2024 on the topic "Ashtanga Ayurveda and Health for all". 36. Dr. Bharti (Director- institute) and Dr. Shaizi Layeeq, R.O. (Ay) Attended Inauguration of Centre of Excellence on Ayurveda & Systems Medicine, JNU, New Delhi as a part of the 9th Ayurveda Day celebrations on 29.10.2024.
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	<ol style="list-style-type: none"> 37. Dr. Seema Jain, R.O. (Ay) distributed medicinal plants under the celebration of 9th Ayurveda Day on 29.10.2024. 38. Dr. Shivshankar Rajput R.O. (Ay.) and Dr. Sudha Kumari K. G, R.O (Ay.) attended the Ayurveda Day Celebration at All India Institute of Ayurveda on the theme “Ayurveda Innovation for Global Health” graced by the Hon’ble PM Sri. Narendra Modi on 29.10.2024. 39. Dr. Seema Jain, R.O. (Ay) delivered a Lecture on Ayurveda Day under the celebration of 9th Ayurveda Day on 29.10.2024. 40. Dr. Kishor Patel, R.O. (Ay.), Dr. Kuldeep, R.O. (Ay.) and Dr. Shrawan Sahu rendered duties a liaison officer from CCRAS at All India Institute of Ayurveda on 28th& 29th October 2024 under celebration of 9th Ayurveda Day. 41. Dr. H. Panigrahi attended an Inauguration of the Centre of Excellence in Sustainable Ayush For Advanced Technologies solutions, start-up support, and net zero sustainable solutions for Rasaushadhies at the Indian Institute of Technology (IIT), Delhi by the honorable PM on 9th Ayurveda Day 29.10.2024. 42. Inauguration of Vigilance Awareness Week was done on 28.10.2024. 43. Observance of Vigilance Awareness Week: Dr. Sakshi Sharma, R.O (Ay.) as nodal officer coordinated an invited speech by Mr. G.S Ganguli former Director (Admin/ Finance) ministry of tourism, in the one-day Workshop/ Sensitization program as a part of Vigilance Awareness Week on 11.11.2024. 44. All technical officers have participated in an invited speech by Mr. G.S Ganguli former Director (Admin/ Finance) ministry of tourism, in the one-day Workshop/ Sensitization program as a part of Vigilance Awareness Week on 11.11.2024. 45. Constitutional Day Celebration: Dr. Sakshi Sharma, R.O (Ay.) coordinated Constitutional Day Celebration as the coordinating officer and delivered an informative lecture on the same on 26.11.2024. 46. All technical officers attended oath taking ceremony on Constitution Day on 26.11.2024. 47. Dr. Shweta Mata, R.O. (Ay.), Dr. Shrawan Sahu, R.O. (Ay.), & Dr. Sudha Kumari, R.O. (Ay.) participated in the observance of the Republic Day celebration on 26.01.2025. 48. Observance of T.B. Mukta Bharat Abhiyan, 2025. <ol style="list-style-type: none"> i. All technical officers have taken the Nikshaya pledge, for TB elimination T.B. Mukta Bharat Abhiyan on 31.01.2025. ii. Awareness lectures to the staff and the public have been taken and distribution of IEC material, prepared flex board/banner and kept at the OPD waiting area as the part of observance of TB Mukta Bharat Abhiyan in January 2025. 49. Observance of International Women’s Day celebration and organized ICC meeting chaired by the Director (Institute), CARI, Punjabi Bagh, on 06.03.25. 50. Attended Unani day celebrations at AWC, Prtesident’s Estate 2025
<p>Visitorial - National/ International repute at the institute.</p>	<ol style="list-style-type: none"> 1. Dr. Sakshi Sharma, R.O. (Ay.) & Dr. Kishor Patel, R.O. (Ay.) participated in a Project Monitoring Visit at Faculty of Ayurveda, IMS, BHU, Varanasi (Participating Centre) for the Collaborative Clinical Research Project entitled “Treatment Adherence, Tolerability and Safety of Ayurveda Therapeutic Regimen in the Management of Primary Knee Osteoarthritis: An Opd-Based Study” under the SMART program was conducted from 05.09.2024 to 07.09.2024. 2. Dr. Seema Jain R.O (Ay.) and Dr. Renu Rani R.O. (Ay.) carried out monitoring visit of SMART-IDA program at SAMC & H, Indore. from 29.07.2024 to 31.07.2024 3. Dr. Sakshi Sharma, R.O. (Ay.) Carried out visit for Project Monitoring of RGGPGAC&H, Paprola as official from collaborative institute of SMART-OA. From 21.11.2024 to 23.11.2024. 4. Dr. Seema Jain R.O. (Ay.) Visited AIIMS for AYUSH SR collaborative study on

	<p>09.08.2024.</p> <ol style="list-style-type: none"> 5. Dr. Sakshi Sharma, R.O (Ay.) & Dr. Kishore Patel, R.O. (Ay.) Participated in a Project Monitoring Visit at Parul Institute of Ayurveda, Vadodara, Gujarat (Participating Centre) for the Collaborative Clinical Research Project entitled “Treatment Adherence, Tolerability and Safety of Ayurveda Therapeutic Regimen in the Management of Primary Knee Osteoarthritis: An Opd-Based Study” under the SMART (Scope for Mainstreaming Ayurveda Research in Teaching professionals) program was conducted. from 2024 to 20.07.2024 6. Dr. Sakshi Sharma, R.O. (Ay.) visited Safdarjung Hospital Cardiology department for a meeting regarding Project work coordination on 09.12.2024. 7. Dr. Kishore Patel, R.O. (Ay.) Visited KLE Ayurveda Hospital, Belgavi, Karnataka along with CPWD officers to assess its basic infrastructure of Panchakarma setup on 03.07.2024 8. Dr. Shrawan Kumar Sahu, R.O.(Ay.) and Sh. Ankit Thakran on 29.07.2024. Carried out a monitoring visit to Base Hospital, Delhi Cantonment, New Delhi – for the collaborative project entitled “Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study” . 9. Dr. Seema Jain, R.O. (Ay.) & Dr. Renu Rani, R.O. (Ay.) Went to a monitoring visit of the SMART-IDA program at CBPACS, New Delhi. On 28.01.2025 10. Dr. Seema Jain R.O (Ay.) carried out visit for Monitoring of SCSP & THCRP-TSP Projects at CARI, Bengluru. 17.11.2024 to 20.11.2024. 11. Dr. Seema Jain R.O (Ay.) and Dr. Renu Rani R.O. (Ay.) attended a monitoring visit of SMART-IDA program at MSM, Khanpur, Sonipat on 22.07.2024 12. Dr. Kishore Patel, R.O (Ay.) & Dr. Babita Yadav, R.O.(Ay) from CARI Participated in Project Monitoring Visit to Dayalpur PHC, Haryana, for the project entitled “An Exploratory Series of n-of-1 Responder Restricted Study of Ayurveda Regimen on Quality of Life among Elderly Population in Ballabgarh District of Haryana – A Community-Based Study” .
Social activities if any	NIL
Association meetings (retire/working)	NIL

11. Social Media Report for Annual Report 2024-25

S. No.	Month	Total post shared	Links of the post shared on different platforms
1.	April 2024	00	NIL
2.	May 2024	08	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/7M2EYkDb4BCjEfnZ/?mibextid=WC7FNe 2. https://www.facebook.com/share/7sgnTw4qtPk63SfG/?mibextid=WC7FNe 3. https://www.facebook.com/share/Vm9yMBU36LYy4St4/?mibextid=WC7FNe 4. https://www.facebook.com/share/wd6FadsoTaB8bzPu/?mibextid=WC7FNe 5. https://x.com/dbharti98836/status/1793863750988304419?s=48 6. https://x.com/dbharti98836/status/1796433343015485915?s=48 7. https://x.com/dbharti98836/status/1796438800874569780?s=48 8. https://x.com/dbharti98836/status/1796542718648443043?s=48
3.	June 2024	25	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/TNinPP4CdusZn3mZ/?mibextid=WC7FNe 2. https://www.facebook.com/share/1SNStDUPHLwiUbzF/?mibextid=WC7FNe 3. https://www.facebook.com/share/QkzxsG6GZjbX5nMc/?mibextid=WC7FNe 4. https://www.facebook.com/share/HBsDycW1JvVUxBXd/?mibextid=WC7FNe 5. https://www.facebook.com/share/RihMGAxjXhyJbSaj/?mibextid=WC7FNe 6. https://www.facebook.com/share/p/cqExP8ecmwoHcyyW/?mibextid=WC7FNe 7. https://www.facebook.com/share/v/b33uPDADyHoPdyY/?mibextid=WC7FNe 8. https://www.facebook.com/share/v/s3BLZhpAqVvcH9aQ/?mibextid=WC7FNe 9. https://www.facebook.com/share/mVAWtQF8XxsHvx9u/?mibextid=WC7FNe 10. https://www.facebook.com/share/HB8gA1ELM7yBFNvZ/?mibextid=WC7FNe 11. https://www.facebook.com/share/bRJ3UdNfcJHxCQtX/?mibextid=WC7FNe 12. https://x.com/dbharti98836/status/1798322089746976864?s=48 13. https://x.com/dbharti98836/status/1801569762381807726?s=48 14. https://x.com/dbharti98836/status/1803304594891743461?s=48 15. https://x.com/moayush/status/1803268310814896602?s=48 16. https://x.com/dbharti98836/status/1803305175895122366?s=48 17. https://x.com/dbharti98836/status/1803310713768911332?s=48 18. https://x.com/dbharti98836/status/1803310713768911332?s=48 19. https://x.com/moayush/status/1803322403046445181?s=48 20. https://x.com/moayush/status/1803650331546448207?s=48 21. https://x.com/moayush/status/1803601312485167441?s=48 22. https://x.com/dbharti98836/status/1803659232551772596?s=48 23. https://x.com/moayush/status/1803379722891440169?s=48 24. https://x.com/pmoindia/status/1807291361839755312?s=48 25. https://x.com/dbharti98836/status/1804803408320172121?s=48
1.	July 2024	02	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/p/J9A2JgqBEPTsWSyj/?mibextid=WC7FNe 2. https://x.com/dbharti98836/status/1812893980977230029?s=46

3.	August 2024	11	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/Gd1eAFuNQVQQEexM/?mibextid=WC7FNe 2. https://x.com/dbharti98836/status/1819679069770051921?s=48 3. https://www.facebook.com/share/vU7kFLdDYmtXNCtL/?mibextid=WC7FNe 4. https://x.com/dbharti98836/status/1819688503996723375?s=48 5. https://www.facebook.com/share/pquXc2WjLq7ieHKv/?mibextid=WC7FNe 6. https://www.facebook.com/share/pquXc2WjLq7ieHKv/?mibextid=WC7FNe 7. https://x.com/dbharti98836/status/1823680928671261129?s=48 8. https://www.facebook.com/share/zxDP8Ujy7L54Qkif/?mibextid=WC7FNe 9. https://x.com/dbharti98836/status/1823996674265501873?s=48 10. https://www.facebook.com/share/AweP9vgMqS4a9KzF/?mibextid=WC7FNe 11. https://x.com/dbharti98836/status/1826553039341150712?s=48
4.	September 2024	73	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/p/VLScdgGUqLKF8AER/?mibextid=WC7FNe 2. https://m.facebook.com/story.php?story_fbid=pfbid026sx7B2VYgDXWVRkcBGHFjvvU7VhuCFEmLCj8DcMGL48sYM7tdtURarhh9hC9uk2Sl&id=100070558595563&mibextid=WC7FNe 3. https://m.facebook.com/story.php?story_fbid=pfbid0JH7L9CZJTALHDcCHvbJXZhE2DrutY4WgSRhxoLKW8zbAbcXcpEApwPcEPmUhHxPPI&id=100070558595563&mibextid=WC7FNe 4. https://www.facebook.com/share/p/ehm1yEtPkqcfLXs8/?mibextid=WC7FNe 5. https://www.facebook.com/share/p/ne81UughD89J4yDh/?mibextid=WC7FNe 6. https://www.facebook.com/share/p/ne81UughD89J4yDh/?mibextid=WC7FNe 7. https://www.facebook.com/share/p/MyFN4bU3w5CuiRMA/?mibextid=WC7FNe 8. https://www.facebook.com/share/p/2nmFWA4eHquFpsLz/?mibextid=WC7FNe 9. https://www.facebook.com/share/p/sHWtdLfDMEjZuKCcu/?mibextid=WC7FNe 10. https://www.facebook.com/share/p/z3ttudxtQpGf4znz/?mibextid=WC7FNe 11. https://www.facebook.com/share/p/HkLhj44swLKQUWd3/?mibextid=WC7FNe 12. https://www.facebook.com/share/p/34RmtoHhM7x1VRB8/?mibextid=WC7FNe 13. https://www.facebook.com/share/p/Djs3VVtdpqCAco1y/?mibextid=WC7FNe 14. https://www.facebook.com/share/p/BPy8pyPsfQuBK5V/?mibextid=WC7FNe 15. https://www.facebook.com/share/p/iN2bpiYTSUPhHj8U/?mibextid=WC7FNe 16. https://www.facebook.com/share/p/C6Frsg4C7F4q5Lq8/?mibextid=WC7FNe 17. https://www.facebook.com/share/p/5Cwc2ydMQCK6mWWg/?mibextid=WC7FNe 18. https://www.facebook.com/share/p/iYrE2fgLrwz6CFuB/?mibextid=WC7FNe 19. https://www.facebook.com/share/p/yrWogxvMHRzTG11r/?mibextid=WC7FNe 20. https://www.facebook.com/share/p/8kid2x6TB2YoA3xp/?mibextid=WC7FNe 21. https://www.facebook.com/share/p/zEFvyBo3N9hA2pzd/?mibextid=WC7FNe 22. https://www.facebook.com/share/p/EdRAvUPQMrJ6inv2/?mibextid=WC7FNe 23. https://www.facebook.com/share/p/wQLGACHCCQzBQ1o1/?mibextid=WC7FNe 24. https://www.facebook.com/share/p/mkC92RKtmubnuUDC/?mibextid=WC7FNe 25. https://www.facebook.com/share/p/boBmxrGsQf3MgiBp/?mibextid=WC7FNe

			<p>26. https://www.facebook.com/share/p/boBmxrGsQf3MgiBp/?mibextid=WC7FNe</p> <p>27. https://www.facebook.com/share/p/vRVfQdVARwWdsBJD/?mibextid=WC7FNe</p> <p>28. https://www.facebook.com/share/p/enHGYweoGAePJS4t/?mibextid=WC7FNe</p> <p>29. https://www.facebook.com/share/p/TwE3vA8fGF4PMwNU/?mibextid=WC7FNe</p> <p>30. https://www.facebook.com/share/p/sUyErwWQmmbAePvk/?mibextid=WC7FNe</p> <p>31. https://www.facebook.com/share/p/uxquEgFKmaSfxNxo/?mibextid=WC7FNe</p> <p>32. https://www.facebook.com/share/p/VRUcfoji5T6nEb57/?mibextid=WC7FNe</p> <p>33. https://www.facebook.com/share/p/go9wQHasQcPLRduk/?mibextid=WC7FNe</p> <p>34. https://www.facebook.com/share/p/4Jjbgq4axcXdKoGQ/?mibextid=WC7FNe</p> <p>35. https://www.facebook.com/share/GVhEd1URkYrdx1Xx/?mibextid=WC7FNe</p> <p>36. https://x.com/dbharti98836/status/1836073646068289680?s=48</p> <p>37. https://x.com/moayush/status/1836358167111901234?t=TbpQhHeJeZBEhtZ6LsXXQw&s=19</p> <p>38. https://www.instagram.com/p/DADIDrmvcd8/?igsh=MXFr3JiemI5enFhbA==</p> <p>39. https://www.facebook.com/share/7q8zLQB5xXNjskTk/?mibextid=xfxF2i</p> <p>40. https://x.com/dbharti98836/status/1837087242289827861?s=48</p> <p>41. https://x.com/dbharti98836/status/1837088766625751528?s=48</p> <p>42. https://x.com/dbharti98836/status/1837090963316977880?s=48</p> <p>43. https://x.com/dbharti98836/status/1837455235012612408?s=48</p> <p>44. https://x.com/dbharti98836/status/1837456328740237676?s=48</p> <p>45. https://x.com/dbharti98836/status/1837457914409504799?s=48</p> <p>46. https://x.com/dbharti98836/status/1838180198749274317?s=48</p> <p>47. https://x.com/dbharti98836/status/1838242372775494107?s=48</p> <p>48. https://x.com/dbharti98836/status/1838537029329826279?s=48</p> <p>49. https://x.com/dbharti98836/status/1838537787278266447?s=48</p> <p>50. https://x.com/dbharti98836/status/1838900997424357543?s=48</p> <p>51. https://x.com/dbharti98836/status/1838903669682516478?s=48</p> <p>52. https://x.com/dbharti98836/status/1838919625750302874?s=48</p> <p>53. https://x.com/dbharti98836/status/1839281652872401226?s=48</p> <p>54. https://x.com/dbharti98836/status/1839283256707186787?s=48</p> <p>55. https://x.com/dbharti98836/status/1839649789530570865?s=48</p> <p>56. https://x.com/dbharti98836/status/1839657371406041374?s=48</p> <p>57. https://x.com/dbharti98836/status/1840049686549283309?s=48</p> <p>58. https://x.com/dbharti98836/status/1840051307719090476?s=48</p> <p>59. https://x.com/dbharti98836/status/1840741194831376421?s=48</p> <p>60. https://x.com/dbharti98836/status/1840742732782014654?s=48</p> <p>61. https://x.com/dbharti98836/status/1840743686457700854?s=48</p> <p>62. https://x.com/dbharti98836/status/1840945038215258309?s=48</p> <p>63. https://x.com/dbharti98836/status/1832001845197177073?s=48</p> <p>64. https://x.com/dbharti98836/status/1832062289870246343?s=48</p> <p>65. https://x.com/dbharti98836/status/1832425881513390206?s=48</p> <p>66. https://x.com/dbharti98836/status/1833547931057852877?s=48</p> <p>67. https://x.com/dbharti98836/status/1833548657917849816?s=48</p> <p>68. https://x.com/dbharti98836/status/1833825133074812934?s=48</p> <p>69. https://x.com/dbharti98836/status/1834561852476731664?s=48</p> <p>70. https://x.com/dbharti98836/status/1834563345661481430?s=48</p> <p>71. https://x.com/dbharti98836/status/1836003358517219808?s=48</p> <p>72. https://x.com/dbharti98836/status/1836070819791090045?s=48</p>
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5.	October 2024	38	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/tshBck7VWcspHjKK/?mibextid=WC7FNe 2. https://www.facebook.com/share/6sbGQZtT2kpYloPT/?mibextid=WC7FNe 3. https://www.facebook.com/share/mypcLsq6shGLgK38/?mibextid=WC7FNe 4. https://www.facebook.com/share/JMfVP5YZNzVv97HH/?mibextid=WC7FNe 5. https://www.facebook.com/share/g3a76DmW5FgyaXrq/?mibextid=WC7FNe 6. https://www.facebook.com/100070558595563/posts/pfbid0aLFFFav9mTmMW5NuLKDN2Hg6db7hRHAYN6qr7ym72EnkrGJfxamtG5Kzc9hcjtCZl/?mibextid=WC7FNe 7. https://www.facebook.com/share/kJxA1LRpD5zFXxXN/?mibextid=WC7FNe 8. https://www.facebook.com/share/p/ciyNQNSAowFKpoTc/ 9. https://x.com/dbharti98836/status/1842035556819288082?s=48 10. https://x.com/dbharti98836/status/1843582315559289194?s=48 11. https://x.com/dbharti98836/status/1846537597499166863?s=48 12. https://x.com/doayush_delhi/status/1846512549371461821?s=48 13. https://x.com/dbharti98836/status/1846743850108506419?s=48 14. https://x.com/dbharti98836/status/1847630974730818037?s=48 15. https://x.com/dbharti98836/status/1847692711328874619?s=48 16. https://x.com/dbharti98836/status/1848349553524957467?s=48 17. https://x.com/dbharti98836/status/1848704664302207336?s=48 18. https://x.com/dbharti98836/status/1848705794725786046?s=48 19. https://x.com/dbharti98836/status/1849071976792588427?s=48 20. https://x.com/dbharti98836/status/1849432742175342857?s=48 21. https://x.com/dbharti98836/status/1849433704029934001?s=48 22. https://x.com/dbharti98836/status/1850030474141499494?s=48 23. https://x.com/dbharti98836/status/1850031541788999831?s=48 24. https://x.com/dbharti98836/status/1850032185816002573?s=48 25. https://x.com/dbharti98836/status/1850032837396922470?s=48 26. https://x.com/dbharti98836/status/1850033743626715345?s=48 27. https://x.com/dbharti98836/status/1850727132923941127?s=48 28. https://x.com/dbharti98836/status/1850727651067215937?s=48 29. https://x.com/dbharti98836/status/1850728440909140058?s=48 30. https://x.com/dbharti98836/status/1850729384019427815?s=48 31. https://x.com/dbharti98836/status/1851108413771796649?s=48 32. https://x.com/dbharti98836/status/1851108860184182877?s=48 33. https://x.com/dbharti98836/status/1851109231770169840?s=48 34. https://x.com/dbharti98836/status/1851109623824290137?s=48 35. https://x.com/dbharti98836/status/1851233280680657189?s=48 36. https://x.com/dbharti98836/status/1851289762084372967?s=48 37. https://x.com/dbharti98836/status/1851290241656897809?s=48 38. https://x.com/dbharti98836/status/1851290950448132267?s=48 39. https://youtu.be/bAhn7xaGagw?si=KoscbrJKnc5G3bzU 40. https://youtu.be/o0PBBzvJGi4?si=3bokotzLDXM_sqMM
6.	November 2024	02	<ol style="list-style-type: none"> 1. https://www.facebook.com/61567375566880/posts/122116145030579185/?mibextid=rS40aB7S9Ucbxw6v 2. https://x.com/dbharti98836/status/1855955701102989564?s=48
7.	December 2024	01	<ol style="list-style-type: none"> 1. https://x.com/dbharti98836/status/1866860371870654943?s=48

8.	January 2025	34	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/p/1Cj6rMB5km/ 2. https://www.facebook.com/share/p/15aBPcvJUS/ 3. https://www.facebook.com/share/p/1EsZwmsCpZ/ 4. https://www.facebook.com/share/p/1BgYEymNV8/ 5. https://www.facebook.com/share/p/1Tv6U4xdnW/ 6. https://www.facebook.com/share/p/19mBx5xBwm/ 7. https://www.facebook.com/share/p/12K69CH2gjr/ 8. https://www.facebook.com/share/p/1EH63hEjS8/ 9. https://www.facebook.com/share/p/15cPZxNLog/ 10. https://www.facebook.com/share/p/15wvx3Twt/ 11. https://www.facebook.com/share/p/1GYT4hBeEA/ 12. https://www.facebook.com/share/p/15y9pM4N13/ 13. https://www.facebook.com/share/p/18XzGkQM87/ 14. https://www.amarujala.com/delhi-ncr/pm-modi-laid-the-foundation-of-ayurveda-institute-in-delhi-2025-01-05?client=ios&client_new=au_revamp 15. http://www.univarta.com/modi-laid-the-foundation-stone-of-the-building-of-central-ayurveda-research-institute-in-rohini/India/news/3361213.html 16. https://www.pmindia.gov.in/en/news_updates/pm-inaugurates-and-lays-foundation-stone-of-multiple-development-projects-in-delhi-worth-over-rs-12200-crore/ 17. https://www.thestatesman.com/india/pm-lays-stone-for-new-building-of-central-ayurveda-research-institute-at-rohini-1503383166.html 18. https://www.business-standard.com/india-news/pm-modi-lays-foundation-for-ayurveda-institute-worth-rs-187-cr-in-delhi-125010500579_1.html 19. https://thenewshashtag.com/pm-modi-lays-foundation-stone-for-central-ayurveda-research-institute-in-delhi-aiming-for-ayurvedas-next-big-leap/ 20. https://www.pmindia.gov.in/en/news_updates/pm-inaugurates-and-lays-foundation-stone-of-multiple-development-projects-in-delhi-worth-over-rs-12200-crore/ 21. https://x.com/dbharti98836/status/1875059058342011259?s=48 22. https://x.com/dbharti98836/status/1876225895473750428?s=48 23. https://x.com/dbharti98836/status/1876940593684779072?s=48 24. https://x.com/dbharti98836/status/1876941018647445824?s=48 25. https://x.com/dbharti98836/status/1877651840658997386?s=48 26. https://x.com/dbharti98836/status/1880205968937742618?s=48 27. https://x.com/dbharti98836/status/1881302196744262079?s=48 28. https://x.com/dbharti98836/status/1884560147927687660?s=48 29. https://x.com/dbharti98836/status/1884560852977594589?s=48 30. https://x.com/dbharti98836/status/1885222666296349161?s=48 31. https://x.com/ccras_moayush/status/1885375866269819277?s=48 32. https://x.com/dbharti98836/status/1885217105869439353?s=48 33. https://x.com/dbharti98836/status/1880174940802138132?s=48 34. https://x.com/dbharti98836/status/1876118898518733126?s=48
9.	February 2025	20	<ol style="list-style-type: none"> 1. https://www.facebook.com/share/p/193abo14Nk/ 2. https://www.facebook.com/share/p/1X83ibPHEY/ 3. https://www.facebook.com/share/p/1B5ZgJsrDJ/ 4. https://www.facebook.com/share/p/156NQ4ciHD/ 5. https://www.facebook.com/share/p/18u69WGJT/ 6. https://x.com/ccras_moayush/status/1885628995796185433?s=48 7. https://x.com/moayush/status/1886313667316138083?s=48 8. https://x.com/ccras_moayush/status/1886723954620207221?s=48

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10.	March 2025	15	<p>1. https://www.facebook.com/share/p/1FwEPZV5Gw/</p> <p>2. https://www.facebook.com/share/p/16P2arLsVP/</p> <p>3. https://www.facebook.com/share/p/15Witroiwx/</p> <p>4. https://www.facebook.com/share/p/1XYG3w61YZ/</p> <p>5. https://www.facebook.com/share/p/18qhMSiA16/</p> <p>6. https://www.facebook.com/share/p/18EweqBN3q/</p> <p>7. https://www.facebook.com/share/p/15aEkUS2Qf/</p> <p>8. https://x.com/moayush/status/1897173518867214824?s=48</p> <p>9. https://x.com/dbharti98836/status/1902720640949559504?s=48</p> <p>10. https://x.com/dbharti98836/status/1902722928841736380?s=48</p> <p>11. https://x.com/dbharti98836/status/1902724478830002508?s=48</p> <p>12. https://x.com/ccras_moayush/status/1902964948868927953?s=48</p> <p>13. https://x.com/dbharti98836/status/1904028238869086646?s=48</p> <p>14. https://x.com/ccras_moayush/status/1904415053622952401?s=48</p>

11. RTI (Right to Information) for Annual Report 2024-25

Sl. No.	Month	RTI Received	Referred	Disposed
1.	April 2024	01	Nil	01 (Reply)
2.	May 2024	Nil	Nil	Nil
3.	June 2024	01 RTI received from Sh. Aditya Vats, Plot No.18, Khasra No.10/6, B1k-WZ Extension, Village Begumpur, Delhi-110086 through CCRAS, Hqs vide Ltr. No.1-1/2024-CCRAS/RTI/2747/1490 dated 11.06.2024	Nil	01 Reply has been forwarded to the applicant on dated 19.06.2024 through email/Letter with copy to CCRAS Hqs.
4.	July 2024	01	Nil	01

		RTI received from Mr. Arujun Chandra Sahu, C/o UpendraSahoo, Nilakanthapur Santhia, Bhadrak-756100, Odisha through Councils e-mail dated 01 July, 2024 received in Council through M/o AYUSH vide Regn. No. AYUSH/R/E/24/00451 dated 25.06.2024.		Reply has been forwarded to the applicant/CCRAS Hqs on dated 06.07.2024 through email).
5.	August 2024	01 RTI received from Mr. Arjun Chandra Sahu, C/o UpendraSahoo, Nilakanthapur Santhia, Bhadrak-756 100, Odisha through Councils e-mail dated 14 August, 2024 received in Council through M/o AYUSH vide Regn. No. AYUSH/R/E/24/00451 dated 12.07.2024.	Nil	01 Reply has been forwarded to the applicant and CCRAS HQs on dated 20.08.2024 through email.
6.	September 2024	01 Online RTI Regn. No. CCRAS/R/E/24/00057 dated 19.08.2024 received from Sh. Mayank Sharma, Nepaliya Bhawan, Near New Sabji Mandi, Bandikui, Rajasthan-303313 (mayank.sharma.bki@gmail.com) through Council e-mail dated 18 September, 2024 received in Council on 20 August, 2024 regarding seeking information for daily wages/salary in respect of outsourcing staff	Nil	01 Reply has been forwarded to the applicant and CCRAS HQr on dated 27.09.2024 through email.
7.	October 2024	02 1. Online RTI Regn. No. CCRAS/R/T/24/00059 dated 30.09.2024 which has been transferred to this Institute vide Council's e-mail dated	Nil	02 1. Reply has been forwarded to the applicant and CCRAS HQs on dated 09.10.2024.

		<p>03/10/2024, received in Council on 30 September, 2024 through Ministry of Ayush vide reference No. AYUSH/R/E/24/00660 dated 30.09.2024.</p> <p>2. Registered post RTI dated 18.09.2024 which has been transferred to this Institute vide Council's e-mail dated 04/10/2024, received in Council on 25/09/2024 regarding seeking information of role and responsibility of pharmacist and compounder.</p>		<p>2. Reply has been forwarded to the applicant and CCRAS HQr on dated 14.10.2024 through email.</p>
8.	November 2024	<p>02</p> <p>1. Online RTI Regn. No. AYUSH/R/T/24/00313/1 dated 01.10.2024 which has been transferred to this Institute vide Council's e-mail dated 18/10/2024, received in Council on 17/10/2024 through Ministry of Ayush vide reference No. AYUSH/R/T/24/00313 dated 01.10.2024 of Advocate Rishabh Jain, C4/17, Block C4, Safdarjung Development Area, Hauz Khas, New Delhi-16 regarding seeking information of working hours in r/o nurses in each month/week.</p> <p>2. Registered post RTI dated 23.10.2024 which has been transferred to this Institute vide Council's letter No.1-1/2024-CCRAS/RTI/2807/5044 dated 14/11/2024 and e-mail dated 14.11.2024 regarding seeking information in r/o pharmacist.</p>	Nil	<p>02</p> <p>1. Reply has been forwarded to the applicant and CCRAS HQr on dated 11.11.2024</p> <p>2. Reply has been forwarded to the applicant and CCRAS HQr on dated 22.11.2024</p>
9.	December 2024	<p>02</p> <p>1. RTI regarding action on</p>	Nil	<p>02</p> <p>1. The reply has been sent</p>

		<p>complaint dated 25/10/2024 by her husband against Ms Sonali Sharma, Hindi Assistant for her medical treatment.</p> <p>2. RTI from Mr Banti, Kanpur received through CCRAS Hqr vide e-mail dated 23/12/2024 for seeking information about staff position/promotion etc of AYUSH.</p>		<p>vide letter No.615 dated 09/12/2024.</p> <p>2. The reply of RTI is under process.</p>
10.	January 2025	Nil	Nil	01 (RTI Received from Mr.Banti, Uttar Pradesh in December 2024 and shown under process in December 2024. The reply of RTI sent to receipt F.No.18-1/2024-CARI/Admn/RTI/697 dated.03.01.2024).
11.	February 2025	02		02
		<p>1. Under Ministry of Ayush CCRAS Centre in Delhi CARI contractual Salary not received last from November 2024 to till and till no budget if Possible all month permanent staff salary on time but contractual employee salary not able to pay</p> <p>2. Information required in respect of Pharmacist for their Salary, promotion and benefits of Fast track committee.</p>		<p>1. This institute has already disbursed the remuneration of contractual employee up to December 2024. The remuneration of January 2025 budget Account head "Professional Charges". The remunerations of contract staff is given from Professional Charges but salary to the regular Staff is paid from Pay & Allowances.</p> <p>2. Point-wise reply sent vide letter No.161 dated 21/02/2025</p>
12.	March 2025	01	Nil	
		(Received Online RTI dated 24/03/2025 from Shri Naresh Kumar, Rajasthan regarding working hours of Nursing Staff .		The reply of RTI is under process.

12. Details of PhD/PDF scholars at CARI, New Delhi

SN	Name of the PhD /PDF scholar	Co-supervisor/ Mentor	Topic of the thesis	Year of registration	Year of Completion	PhD institution
1.	Dr. Babita Yadav (CARI, New Delhi)	Dr. Bharti, Director (Institute)	A comparative study of Agnideepan & Vyadhipratyanek Chikitsa vs Vyadhipratyanek Chikitsa for the management of NAFLD.	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
2.	Dr. Deepa Makhija (CCRAS hqrs)	Dr. Renu Singh, R.O. (Ay.)	Comparative Study of Efficacy of Pathadi Churna with Trikatu Churna in the management of Amavata (Rheumatoid Arthritis) wsr to the concept of Ama	2020	2025	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
3.	Dr. Anup Jain (CBPACS)	Dr. Seema Jain, R.O. (Ay.)	Comparative evaluation of efficacy of modified Ashmaghna sweda (stone therapy) and Choorna pinda sweda in management of Katigraha (Lumbar spondylosis).	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
4.	Dr. Pankaj Katarar (CBPACS)	Dr. Seema Jain, R.O. (Ay.)	Evaluation of the efficacy of Snehapana (oral route) and Matra vasti (rectal route) with Ksheera bala taila in the management of Janu Sandhivata (osteoarthritis of knee)- A randomized clinical trial.	2020	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
5.	Dr. Mahesh Kumar (CBPACS)	Dr. H. Panigrahi, R.O. (Ay.)	Comparative evaluation of efficacy of Agnikarma and topical Diclofenac sodium gel in the management of Avabahuk (frozen shoulder).	2019	2024	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
6.	Dr. Trapti Agarwal (CBPACS)	Dr. H. Panigrahi, R.O. (Ay.)	Evaluation of comparative efficacy of Eladi Kashaya versus Tab Tranexamic acid in the management of Asrigdara (Heavy menstrual bleeding).	2020	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
7.	Dr. Rakesh Roshan (CBPACS)	Dr. Bharti, Director (Institute)	Study of the Influence of Masa (Month) of Conception on <i>Prakriti</i> among Healthy Individuals.	2023	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER),

						Wardha
8.	Dr. Arun Kumar-PDF	Dr. Seema Jain, R.O. (Ay.)	Clinical study to evaluate the efficacy of oral administration of Praval Bhasma, Lakshadi Guggulu, and local application of Dashang Lepa with Pinda tail on knee joints having arthritic changes in Hemophilia patients	2023	Ongoing	CCRAS Hqrs
9.	Dr. Sarika (SGT University, Gurugram)	Dr. H. Panigrahi, R.O. (Ay.)	Evaluation of comparative efficacy of Havishyapan in Rajaswala Paricharya Vs Non Rajaswala Paricharya on menstruation-related symptomatology	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
10.	Dr. Swati Sharma (CARI, New Delhi)	Dr. Bharti, Director (Institute)	A comparative clinical study to evaluate the efficacy of Agastya Haritaki Rasayana and Gudardraka in the management of Kaphaja Kasa (wet cough) in children: An open-label randomized controlled study	2022	Ongoing	Shri Krishna Ayush University Kurukshetra (Haryana)
11.	Dr. Pallavi Mundada (CCRAS Hqrs)	Dr. Bharti, Director (Institute)	Evaluation of efficacy of oral Ashwagandha and Abhyanga with Shwadanshtradi oil in chronic knee pain among older adults with knee osteoarthritis – A randomized controlled trial	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
12.	Dr. Amit Kumar Rai (A & U Tibbia College, Delhi)	Dr. Bharti, Director (Institute)	Comparative evaluation of the efficacy of Baladi granules, Baladi Ksheerpaka, and Yograj Guggulu in primary knee osteoarthritis: A randomized controlled multi-arm study	2022	Ongoing	Datta Meghe Institute of Higher Education and Research (DMIHER), Wardha
13.	Dr. Neha Dubey (CARI-CCRAS Hqrs)	Dr. Babita Yadav, R.O. (Ay.)	Development of Ayurvedic Diagnostic tool for differential diagnosis of Sandhigata Vata.	2022	Ongoing	Shri Krishna Ayush University Kurukshetra (Haryana)

राजभाषा गतिविधियाँ

अप्रैल 2024 ,से मार्च 2025 ,की अवधि हेतु हिंदी अनुभाग की गतिविधियाँ

- दिनांक 15.05.2024 को भारतीय राष्ट्रीय राजमार्ग प्राधिकरण की ओर से “प्रशासनिक कार्य में राजभाषा का अन्य भारतीय भाषाओं से विरोध नहीं है” नामक विषय पर राजभाषा संगोष्ठी का आयोजन किया गया जिसमें डॉ सीमा . जैन, अनु व प्रभारी हिंदी (.आयु) .अधि .अधिकारी एवं सोनाली शर्मा, अनुवादकने भाग लिया (हिंदी सहायक) |
- दिनांक 28.05.2024 को संस्थान में हिंदी कार्यशाला का ऑनलाइन माध्यम से आयोजन किया गया जिसका विषय “संघ का राजकीय कार्य हिंदी में करने के लिए वार्षिक कार्यक्रम 2024-25” रखा गया| डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी ने इस विषय पर सबका ज्ञानवर्धन किया एवं मुख्य बिन्दुओं पर चर्चा की|
- दिनांक 19.06.2024 को विभागीय राजभाषा कार्यान्वयन समिति की बैठक का आयोजन किया गया जिसकी अध्यक्षता डॉ. भारती, निदेशक (संस्थान) ने की|
- दिनांक 19.07.2024 को नराकास की बैठक का आयोजन विज्ञान भवन, नई दिल्ली में किया गया जिसमें डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी एवं सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया|
- दिनांक 06.09.2024 को संस्थान में हिंदी कार्यशाला का ऑनलाइन माध्यम से आयोजन किया गया जिसका विषय “हिंदी ई - टूल्स” रखा गया| श्रीमती विनीता तिवारी, सहायक निदेशक (टं/आ.), हिंदी शिक्षण योजना, राजभाषा विभाग, गृह मंत्रालय, नई दिल्ली ने इस विषय पर व्याख्यान दिया|
- दिनांक 11.09.2024 को विभागीय राजभाषा कार्यान्वयन समिति की तिमाही बैठक का आयोजन किया गया जिसकी अध्यक्षता निदेशक महोदया ने की|
- दिनांक 13.09.2024 को आयुष मंत्रालय द्वारा राजभाषा समारोह का आयोजन किया गया जिसमें संस्थान से सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया|
- दिनांक 14 – 15 सितंबर, 2024 को भारत मंडपम, नई दिल्ली में हिंदी दिवस एवं चतुर्थ अखिल भारतीय राजभाषा सम्मलेन का आयोजन किया गया जिसमें डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी तथा सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया|
- दिनांक 14 से 30 सितंबर, 2024 तक संस्थान में हिंदी पखवाड़ा आयोजित किया गया जिसमें हिंदी टिप्पण एवं आलेखन प्रतियोगिता, श्रुतलेख प्रतियोगिता, हिंदी वाद- विवाद प्रतियोगिता, हिंदी निबन्ध प्रतियोगिता, हिंदी कविता पाठ/ गायन प्रतियोगिता, हिंदी प्रश्नोत्तरी प्रतियोगिता एवं अंताक्षरी प्रतियोगिता का आयोजन किया गया|
- दिनांक 3.10.2024 को हिंदी पखवाड़ा समापन समारोह आयोजित किया गया जिसमें विजेताओं को प्रमाण-पत्र वितरित किए गए|

- दिनांक 4.11.2024 को भारतीय खेल प्राधिकरण, नई दिल्ली में संसदीय राजभाषा समिति के निरीक्षण संबंधी बैठक का आयोजन किया गया जिसमें डॉ. भारती, निदेशक (संस्थान), सोनाली शर्मा, अनुवादक (हिंदी सहायक), श्री मुकेश, सहायक ने भाग लिया।
- दिनांक 4.11.2024 को संसदीय राजभाषा समिति सचिवालय, तीन मूर्ति, नई दिल्ली में संसदीय राजभाषा निरीक्षण संबंधी ब्रीफिंग बैठक का आयोजन किया गया जिसमें डॉ. भारती, निदेशक (संस्थान), सोनाली शर्मा, अनुवादक (हिंदी सहायक), श्री मुकेश, सहायक ने भाग लिया।
- दिनांक 8.11.2024 को संसदीय राजभाषा समिति की आलेख एवं साक्ष्य उप समिति द्वारा केंद्रीय आयुर्वेद अनुसन्धान संस्थान, नई दिल्ली का निरीक्षण अशोका होटल, चाणक्यपुरी, नई दिल्ली में किया गया जो सफलतापूर्वक सम्पन्न हुआ। इस निरीक्षण में प्रदर्शनी भी लगाई गई। निरीक्षण में डॉ. भारती, निदेशक (संस्थान), डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी, सुश्री मौटुसी विश्वास, सहायक मेट्रन, सोनाली शर्मा, अनुवादक (हिंदी सहायक), श्री मुकेश, सहायक, श्री लक्की, डी.ई.ओ., श्री कुमार विवेक, एम.टी.एस. ने भाग लिया।
- दिनांक 11.12.2024 को नराकास की बैठक का आयोजन मेजर ध्यानचंद स्टेडियम, नई दिल्ली में किया गया जिसमें डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी, सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया।
- दिनांक 27.12.2024 को एक दिवसीय ऑनलाइन हिंदी कार्यशाला का आयोजन किया गया जिसमें श्री जगदीश राम पौरी, निदेशक (रा. भा.), शिक्षा मंत्रालय, भारत सरकार, नई दिल्ली द्वारा "राजभाषा नीति एवं उसकी चुनौतियाँ" विषय पर व्याख्यान दिया गया।
- दिनांक 28.12.2024 को विभागीय राजभाषा कार्यान्वयन समिति की बैठक का आयोजन किया गया जिसकी अध्यक्षता डॉ. भारती, निदेशक (संस्थान) द्वारा की गई।
- दिनांक 06.01.2025 को भारतीय खेल प्राधिकरण, नई दिल्ली द्वारा "केंद्रीय सरकारी कार्यालयों में राजभाषा हिंदी का अनुपालन तथा कंठस्थ 3.0 या 2.0 टूल्स पर प्रस्तुतीकरण" विषय पर ऑनलाइन हिंदी कायशाला का आयोजन किया गया जिसमें अन्य अधिकारियों/ कर्मचारियों, डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी तथा सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया।
- दिनांक 10.01.2025 को भारतीय राष्ट्रीय राजमार्ग प्राधिकरण, नई दिल्ली द्वारा विश्व हिंदी दिवस के अवसर पर "विश्व में हिंदी की स्वीकृति तथा समादर" विषय पर राजभाषा संगोष्ठी का आयोजन किया गया जिसमें संस्थान की ओर से डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी तथा सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया।

- दिनांक 3.2.2025 को परिषद मुख्यालय द्वारा संस्थान का राजभाषा संबंधी ई - निरीक्षण किया गया जिसमें डॉ. सीमा जैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी तथा सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया। संस्थान का ई - निरीक्षण सफलतापूर्वक सम्पन्न हुआ।
- संस्थान में दिनांक 21.3.2025 को "राजभाषा नीति, नियम एवं अधिनियम " विषय पर ऑनलाइन हिंदी कार्यशाला का आयोजन किया गया जिसमें अतिथि वक्ता के रूप में श्री संजय कुमार सिंह, महाप्रबंधक (हिंदी कार्यान्वयन), सेवानिवृत्त, इंडियन ऑयल कॉर्पोरेशन लिमिटेड, नई दिल्ली ने व्याख्यान दिया।
- दिनांक 25.3.2025 को निदेशक महोदया की अध्यक्षता में विभागीय राजभाषा कार्यान्वयन समिति की बैठक का आयोजन किया गया।

PART-A“RESEARCH PROJECTS**A. COLLABORATIVE CLINICAL RESEARCH PROJECTS****A1.) Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine****1. Objectives:****b. Primary Objective:**

- To assess the Clinical Efficacy of Ayush M-3 in Migraine.

c. Secondary Objective:

- To assess the Clinical Safety of Ayush M-3 in Migraine

2. Study Design:

The study is designed as a to be conducted at 3 different institutions viz; CARI, New Delhi, Ayurveda Treatment Centre at ABVIMS, Dr. RML hospital & at NIMHANS, Bengaluru. It is a prospective, randomized, double-blind, parallel-group, placebo-controlled, multi-centric study on the diagnosed cases of Migraine. The interventional drug is given for 12 weeks in a dose of 2 tabs bid followed by 4 weeks in a dose of 1 tab bid and 4 weeks without medication for a follow-up visit. The duration of the study project is of three years.

Study Type	:	Interventional multicentric collaborative
Purpose	:	Treatment
Masking	:	Double-blind
Control	:	Controlled
Study Period	:	3 years
Timing	:	Prospective
End Point	:	Efficacy and Clinical Safety
No. of Groups	:	2

3. Sample Size: 60 patients in each group (2 groups), making a total of 360 patients in 3 centers.

4. Approval of IMR-PEMC, Annual Action Plan, RFD etc., along with the date:

Sanction order No. - F. No 3-70/2020- CCRAS/ Adm/Coll./ 3421, Dt: 15.10.2020

5. Duration of the study: 3 years

6. Interventions:

Drug Intervention:

Group 1: Ayush M3

Dose : 2 tabs of 500 mg twice a day for 12 weeks followed by 1 tab of 500 mg twice a day for 4 weeks

Form of Administration : Tablet

Route of Administration : Oral

Time of Administration : Twice a day after meals;

Anupana : Water

Group 2: Placebo

Dose : 2 tabs of 500 mg twice a day for 12 weeks followed by 1 tab of 500 mg twice a day for 4 weeks

Twice a day for 4 weeks

Form of Administration : Tablet

Route of Administration : Oral

Time of Administration : Twice a day after meals

Anupana : Water

7. Participating center along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, New Delhi	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946	--
2.	ABVIMS & Dr. RML Hospital, New Delhi	Dr. Jyoti Garg HOD, Department of Neurology jyotigarg.rmlh@gmail.com Mobile no. 7900157900 Coordinator : Dr. Renu Makhija renu_mkjh@yahoo.co.in	Dr. Sudha Kumari K.G, R.O. (Ay.), CARI, ND sudha14ayu@gmail.com 9108175522 & 8281782290
3.	NIMHANS, Bengaluru	Dr. Kishore Kumar R Assistant Professor of Ayurveda, Dept. of Integrated Medicine ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B kulkarni Professor of Neurology 9035160614 09480829409 Co PI : 2 Dr. Umesh C, Scientist C, Department of Integrative Medicine.

8. Date of IEC approval: Ethical clearance was obtained for this project in an ethics committee meeting dated 23.10.2020 at CARI, New Delhi (F.No.1-12/2015/ACRI/Tech/ (IEC) Part II/214 dated.11.10.17)

IEC details of ATC RML: File No 461(110/2020)/IEC/PGIMER/RMLH/698 103, dated 01.12.2021

9. CTRI Registration: CTRI/2021/12/038548

10. Date of initiation:

Sl. No	Name of the participating center	Date of initiation
1.	CARI, New Delhi	13.05.2022
2.	ATC, ABVIMS, Dr. RML Hospital	14.05.2022
3.	NIMHANS	31.12.2021

11. Budget allocated: Rs. 82,50,955/-

12. Installment wise release

S.no.	Instalment	Sanction order	Date	Date of receipt of fund
1.	Amount Received during 2020-2021 24,03,300/- [CARI- 10,27,500/- RML - 6,62,900/- NIMHANS – 7,12,900/-]	F.No CV/Exp/CCRAS/hqtrs/202 0-21/329	02.01.2021	02.01.2021
2.	Amount Received during 2021-2022 21,92,345/- [CARI- 4,66,545/-, RML- 3,00,000/-, Transferred to NIMHANS -14,25,800/-]	F.No3-97/2020/CCRAS/ Adm/Coll./ 1010	08.06.2021	08.06.2021
3.	Amount Received during 2022-2023 Rs. 68,000/- + Rs. 4,29,330/- (Transferred from RA head of CARI) Total =4,97,330/- (For CARI, & RML) Received -10,52,460/- (5,00,000/- for CARI, Rs. 5,52,460/- For RML) Total - Rs. 15,49,790/ -	F.No. 3- 97/2020/CCRAS/admin/IM R/1642 F.No3-70/2020-CCRAS/ Admn/Coll./5005,	27.06.2022 13.12.2022	05.07.2022 23.12.2022

4.	Amount Received during 2023-2024 Rs. 5,85,436/- + Rs. 2,14,564/- (Fund returned from RA of CARI) Total =8,00,000/- (For CARI & RML)	F.No.5-10/2023-24/CCRAS/ Accnts, O.O No.466/2023-24	09.08.2023	11.07.2022
5.	Amount Received during 2024-2025 Rs.7,63,651/- (1 st Quarter Budget) Rs.22,000/- (3 rd Quarter Budget)	F.No..HQ-PROJ 011/40/2023-PROJ/436 F.No..HQ-PROJ 011/40/2023-PROJ/5950	26.04.2024 19.12.2024	15.05.2023 27.12.2024

13. Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	1. Pre-trial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with the certificate of analysis:	3 months	Achieved	--
2.	Trial Period	4 th month- 22 nd month [Recruitment of patients will be up to 18 th month].	Achieved at CARI, New Delhi & RML, Delhi Ongoing at NIMHANS, Bengaluru	Due to drug expiry ,fresh batch of medicine was manufactured ,so it going beyond the timelines at one center
3.	Statistical Analysis & submission of final report:	2 months	--	--

14. Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	120	100	20	00
2.	ATC, ABVIMS, Dr. RML Hospital	120	98	22	00
3.	NIMHANS, Bangalore	120	66	50	04

Relevant information, if any:- Study completed at CARI and RML & and ongoing at NIMHANS, Bengaluru.

A2.) Randomized double blind Placebo controlled Clinical Study of Ayurvedic coded Drug AYUSH-A in the management of Bronchial Asthama (Tamak Shwasa)

1. Objectives :

Primary- To evaluate the efficacy of Ayush –A in the patients with mild- moderate Bronchial Asthma

Secondary: To evaluate the safety of Ayush –A in the above patients.

2. Study Design : NA

Study Type	:	Interventional
Purpose	:	Intervention
Masking	:	Blinding
Control	:	yes
End point	:	Efficacy and safety
Timing	:	02 yrs
No. of groups	:	02
Sample Size	:	100 (50 patient (each group))

3. Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date : F.N.3-34/2018- CCRAS /Admn/ Tamak shwasa, IMR-Collaborative

Yes, it is approved by the PEMC vide F.N.3-34/2018- CCRAS /Admn/ Tamak shwasa, as collaborative projects

4. Duration of Study : 2 years (extended up to 03.07.2022, F.N.3-34/2018- CCRAS /Admn/ Tamak shwasa/4773, dated 21.12.2020

5. Interventions : High dose ICS or LABA COMBINATION INHALERS + Ayush –A ,2GM TDS with Luke warm water after food

6. Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS - PI
2.	CARICD, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I

7. Date of IEC approval : IEC-AIIMS/2019-F 13 24/10/2019

8. CTRI Registration/Reference (for clinical trials) : CTRI/2021/06/034446.

9. Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	AIIMS ,New Delhi AND CARICD,ND	01.08.2021 Reinitiated after Covid 19 from 03.04.2023

10. **Budget allocated: 59,26,260/-, F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa/ 1181, Dated 04.07.18**

11. **Installment wise release**

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1	Ist Instalment - 41,52,156/- 35,52,156/-,(for AMMS,ND) 6,00,000/-- (for NIRDD, KOLKATA)	F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa/1181,	04.07.18 29.03.22	19.07.2018
2.	2 nd instalment – Rs.11,84,052/-	F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa,	20.07.23	
3.	3 rd Installment - 14,75,519/-	F.N.HQPROJ011/19/2023PROJ /2480		

12. **Chronological timeline & deliverables**

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	2 months	Recruitment of staff under process	delay in receiving of trial drug
2.	Recruitment of patients	32 months	Extended for 03 month up to Sep 24 COMPLETED	
3.	Statistical analysis	2 months	Under process	

13. **Current status:**

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	100	79	21	00

Summary of project: The first investigator (Expert Allopathic physician) diagnoses the patient with PRF (Physician Reporting Form), and the second investigator (Research Scholar/ Junior Physician etc.) diagnoses the same patient with the help of the developed Ayurveda Diagnostic Tool. Treatment is prescribed by the First Investigator and response is recorded during follow-up. The target of the study is 100(50 in 2 groups).100 patients enrolled in the study, out of which 79 completed the study and 21 dropped out.

Any relevant information: Initiated in Aug 21 but as per council's letter, no. F.N. 3-34/2018-CCRAS/aDMN/6214 Dated 02.03.2022,the participant enrollment was withheld for 1 yr from Marc 22 after that enrollment restarted from April 2023 due to COViD 19 . Project is extended for 1 year till Sep 2024 .

A3.) Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study.

Objectives:

- **Primary objective:** To determine the effect of *Virechana* (purgation) therapy on the changes in the gut microbial profile.
- **Secondary Objective:**
 - i. To understand the efficacy of *Virechana* therapy on the nutritional and metabolic profile of healthy individuals.
 - ii. To evaluate the effect of *Virechana* on the biochemical and clinical parameters and general well-being in healthy individuals.

Study Design:

Study Type	:	Prospective Multicentric parallel group study
Purpose	:	Treatment
Masking	:	None
Control	:	None
Timing	:	Prospective
End Point	:	Clinical Efficacy
No. of groups	:	1

Sample Size : 37, 38 per center. In two centers (37 CARI, Punjabi Bagh & 38 AIIA, Sarita Vihar), 75 sample size

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

Duration of Study : 36 months

Interventions:

Phase I: *Purvakarma* (pre-procedural treatment)

- *Deepana- Pachana* therapy with *Musta + Shunthi*
- *Snehapana* therapy with *go ghrita*
- *Abhyanga (Tila Taila)- Svedana (Dashamula Kwath Ushma Sweda)*

Phase II: *Virechana Karma with Hridya Virechana Leha (Trivrita leha)*

Phase III: *Samsarjana Karma*

Participating centers along with PI: Collaborative study

Sr. No.	Name of the participating centre	Name of PI
1.	CARI, Punjabi Bagh, New Delhi	Dr. N. Srikanth
2.	AIIA, Sarita Vihar, New Delhi	Dr. Tanuja Manoj Nesari
3.	ILBS, Vasant Kunj, New Delhi	Dr. Shvetank Sharma

Date of IEC approval:

At AIIA: 01.10.2020

At CARI: 03.12.2020

At ILBS: 11.01.2021

CTRI Registration/Reference (for clinical trials): CTRI /2021/05/033639**Date of initiation:**

S. No.	Name of the participating center	Date of initiation*
1	CARI, Punjabi Bagh	8/11/2021
2	AIIA, Sarita Vihar	25/11/2021

Budget allocated: 2,38,74,680/-**For AIIA: 47,57,840/-****For ILBS: 1,53,44,040/-****For CARI: 37,72,800/-****Installment wise release:****Sanction Order:** F. No. 3-97/2020/CCRAS/Admn./Coll./3616 dated 23/10/2020

Sr. No.	Installment	Order No	Date of receipt of fund
1.	17,18,570/-	F. No. HQ-PROJ011/29/2023-PROJ/1867	26/06/2023
2.	3,18,320/-	F. No. HQ-PROJ011/29/2023-PROJ/3846	19/09/2023
3.	325000/-	F. No. HQ-PROJ011/29/2023-PROJ/6398	27/12/2023
4.	5,00,000/-	F. No. HQ-PROJ011/29/2023-PROJ/7647 (Part-payment of the remaining budget to ILBS)	12/02/2024
5.	26,62,825	F. No. HQ-PROJ011/29/2023-PROJ/8326	19/03/2024

Chronological timeline & deliverables:

Sr. No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Set-up; IRB and consent, CRF, Medicine	06 months	Achieved	CRF finalization was pending
2.	Recruitment period:	24 months	On progress	

Current status: Completed

Center Name	Target	Enrolled	Completed	Drop-out
CARI, New Delhi	37	35	32	3
AIIA, New Delhi	38	38	33	5

Summary of the project : This is an open level, multicentric, prospective, non-controlled, clinical trial. 37 healthy subjects aged between 18-60 years fulfilling the diagnostic criteria were enrolled in the study. The patients in the Group were given classical Virechana. The stool samples were collected on after *Deepan Pachan*, *Snehpana*, *Abhyang-Swedan*, on the day of *Virechan (multiple samples)*, after *Virechan*, after *Samsarjana Krama*, day 15, 30 and day 90 and sent to gut microbiota analysis to ILBS. The analysis is ongoing.

A4) “A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)”.

1. Objectives :

Primary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on knee pain and functional disability.

Secondary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on range of motion of knee joint
- To compare the change in the need of rescue analgesic medication
- To compare the Change in quality of life after the study interventions
- To compare the effects of Ayurveda interventions versus standard care on knee structural changes (delay of the structural progression of OA)
- To compare the effects of Ayurveda interventions versus standard care on inflammatory biomarkers
- To compare the change in Bone mineral density
- To compare the proportion of participants experiencing any Adverse Event/ Adverse Drug Reaction.

2. Study Design :

180 days active drug with 4 weeks follow up prospective open clinical trial design is proposed. Duration of the research project is 30 months. Recruitment period is up to 16 months. The study is carried out in collaboration between AIIMS, New Delhi & CARI, New Delhi.

Study Type	:	Interventional (Clinical Trial)
Allocation	:	Randomized
Intervention model	:	Parallel group
Masking	:	No
Blinding	:	Open-label Study outcome assessment will be blinded and done by independent assessor at each of the scheduled follow-up.
Control	:	Yes
Timing	:	Prospective
No. of Groups	:	Two
Sample size	:	150 (75 in each group)

3. Saction order along with date:

1. CCRAS Hqrs office order no.930/2021 & F.No.3-139/2021/CCRAS/Admn/Coll., dated-24.12.2021
2. F.No.3-139/2021/CCRAS/Admn/Coll./4178 dated 01.11.2022.
3. F.No.3-139/2021/CCRAS/Admn/Coll./979 dated 19.05.2023.

4. Duration of Study: 30 months.

5. Interventions :

Trial Group: Matra Basti with Ksheerabala Taila and Janu Basti with Dhanwantara Taila for 14 days every two months for 6 months along with oral medications Laksha Guggulu (1g twice daily with lukewarm water after food) and Muktaashukti bhasma (250 mg twice daily with lukewarm water after food) for a period of 180 days.

Control Group: Standard care (topical NSAIDs) for a period of 180 days.

The participants will be examined at every 30 days at 30th, 60th, 90th, 120th, 150th and 180th day for follow-up

6. Participating centre along with PI & Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	AIIMS, New Delhi	<p>Dr. Uma Kumar</p> <p>Qualification: MBBS MD</p> <p>Address: Room No 4076, 4th Floor, Teaching Block, AIIMS, New Delhi</p> <p>Telephone / Mob: 91-9868217040</p> <p>E- mail : umaakumar@yahoo.co.in</p>	<p>1. Dr. Danveer Bhadu, Asso. Prof., Dept. of Orthopedics, AIIMS, New Delhi.</p> <p>2. Dr. Vijay Kumar, Professor, Dept. of Orthopedics, AIIMS, New Delhi.</p> <p>3. Dr. R K Arya, Dept. of Orthopedics, RML Hospital, New Delhi.</p> <p>4. Dr. Buddhadev Chowdhury, Professor, Dept. of Orthopedics, AIIMS Trauma Centre, New Delhi.</p> <p>5. Dr. Ravi Mittal, Professor, Dept. of Orthopedics, AIIMS, New Delhi.</p>
2	C.C.R.A.S. C.A.R.I., NEW DELHI.	<p>Dr. Bharti</p> <p>Qualification: M.D. (Ay.), Ph.D. (Ay.)</p> <p>Address: Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026</p> <p>Telephone / Mob: 011-25221059; 9868109737</p> <p>E- mail : drbhartidelhi@gmail.com; cari.delhi2021@gmail.com</p>	<p>Dr. Kishor Patel</p> <p>Qualification: M.D. (Ay.)</p> <p>Address: Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026</p> <p>Telephone / Mob: 7405403106</p> <p>E- mail : kishoreworld007@gmail.com</p>

7. Date of IEC approval:

Ethical clearance was obtained for this project in ethics committee of AIIMS, New Delhi and CARI, New Delhi

AIIMS, New Delhi- IEC-132/04.02.2022, RP-36/2022 dated 02.03.2022.

CARI, New Delhi-F. No.1-12/2020-CARICD/Tech/IEC dated 04.05.2022

8. CTRI Registration/Reference (for clinical trials) :

The project has been registered in CTRI- CTRI/2022/05/042792.

9. Date of initiation : 11-10-2022**10. Budget allocated:Rs. 1,23,05,584/-****11. Installment wise release- For F.Y.2024-25.**

Installment	Amount	Sanctioned order	Date
1.	Rs.4,64,064/- for CARI	F.No.HQ.PROJ011/165/2022-PROJ/360	24.04.2024
2.	Rs.10,64,939/- for AIIMS	F.No.HQ.PROJ011/165/2022-PROJ/974	17.05.2024
3.	Rs. 5,97,696/- for CARI	F.No.HQ.PROJ011/165/2022-PROJ/3684	12.09.2024

12. Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1	1. Period required for Pretrial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with certificate of analysis:	6 months	Achieved	--
2	Trial Period	7 th month- 22 nd month	Completed	--
3	Statistical Analysis & submission of final report:	1 month	Yet to be done	--

13. Current status: Completed**Status of projects Centre wise as on 31.03.2025**

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
11.10.2022	150	80	150	127	23	00	Nil

Summary of project:

This collaborative research study was conducted between AIIMS, New Delhi and CARI, New Delhi. The study involved two groups. The trial group received *Matra Basti* with *Ksheerabala Taila* (60 ml) and *Janu Basti* with *Dhanwantara Taila* for 14 days every two months over a period of 6 months, along with oral medications—*Laksha Guggulu* (1 g twice daily with

lukewarm water after food) and *Muktashukti Bhasma* (250 mg twice daily with lukewarm water after food) for a total duration of 180 days. In the control group, standard care with topical NSAIDs was provided for the same duration of 180 days.

AIIMS, New Delhi served as the recruiting center for the study, while the treatment for trial group participants was carried out at CARI, New Delhi. Subjects who fulfilled the inclusion criteria and provided written informed consent were enrolled in the trial. Enrolled participants underwent general physical examinations and laboratory investigations at regular intervals to assess the effects of the therapy and medication.

The initial visit constituted the screening phase (Visit 0), followed by the baseline (Visit 1), and then subsequent follow-ups on Day 30 (Visit 2), Day 60 (Visit 3), Day 90 (Visit 4), Day 120 (Visit 5), Day 150 (Visit 6), and Day 180 (Visit 7). Participants were nominally compensated for their loss of wages and conveyance.

Relevant information, if any: Protocol article of the study is submitted in JMIR for publication.

A5.) Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial

Objectives:

To assess the efficacy of Ayurvedic management in Allergic Rhinitis (*Vataja Pratishyaya*) by comparing it with a conventional control group.

Study Design	:	Randomized open-label controlled
Study Type	:	Interventional
Purpose	:	Treatment
Level of study	:	OPD
Masking	:	Open study
Timing	:	Prospective
Control	:	Controlled
End Point	:	Efficacy and Safety
No. of Groups	:	two
Treatment period	:	45 days
Sample Size	:	90

Approval of IMR-PEMC, Annual Action Plan, RFD etc., along with date: Yes, it is approved by 2ndPEMC held on 13th & 14th Sept, 2022 and sanctioned vide Office order no-1230/2022-23 dated 14.02.2023

Duration of Study: Two years

Drug Interventions

Treatment Group

1) **Anutaila- Nasya** (6 drops in each nostril) -Ref.-AFI Part I 8:1,

Dose : 06 ml

Dosage form : Oil

Route of administration: Nasal oleation (Nasya) 07 days for three consecutive cycles with the interval of 08 days

Packing form : 10 ml plastic bottle

Duration of therapy : 45 days

2) **Nardiya Laxmivilas Rasa:** Ref.-AFI, Part1

Dose : 250 mg

Dosage form : Tablet

Route of administration : Oral

Time of administration : Twice a day after food

Anupana : Honey

Packing form : Pack containing 32 tablets of medicine

Duration of therapy : 45 days

3) **Shirishadi Kashaya** ---- Anubhuta yoga

Ingredients- *Shirisha, Vasa, Kushtha, Kantkari, Madhuyashti, Pushkarmoola, Vibhitakibark, Haridra and Ajvayan.*

Dosage form : Powder

Route of administration : Oral

Time of administration : Twice a day empty stomach

Packing form : Pack containing 600 gm

Duration of therapy : 45 day

Dose : 40 ml. twice a day (morning & evening).

Control Group

Fluticasone propionate Nasal Spray 50 mcg/ spray) in a dose of 200 mcg/ day

Dose : two sprays in each nostril once daily

Dosage form : Nasal spray

Time of administration : once a day

Route of administration : Nose

Packing form : Each canister contains 100 metered doses

Duration of therapy : 45 days

FollowUp:03Months

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	VMMC & Safdarjung Hospital, New Delhi	1. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 2.Co-PI: 1. Dr. Isha Preet Tuli (till 07.05.2024) Professor, ENT department, Safdarjung Hospital, New Delhi. 3.Dr. Priti Lal (07.05.2024 onwards) Professor, ENT department, Safdarjung Hospital, New Delhi.	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval: 28.03.2023

CTRI Registration : CTRI/2023/06/053395 [Registered on: 01/06/2023]

Date of Initiation : 25.10.2023

Budget allocated : Rs. 33,08,000/-

Installment-wise release:

S.N.	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st Installment of Rs. 9,09,600/ and released of Rs. 8,99,600/- for VMMC & Safdarjung Hospital, New Delhi 10,000/- for CARI, New Delhi	Office order no- 1230/2022-23	14.02.2023	17.02.2023
2.	2 nd installment 2,96,300/-	F.No. HQ- PROJ011/30/2023- PROJ/1598	14.06.2023	27.06.2023
3.	3 rd installment 3,88,000/-	F.No. HQ- PROJ011/30/2023- PROJ/3860	05.09.2023	19.09.2023
4.	4 th installment 12,00,000/- 10,00,000/- for VMMC & Safdarjung Hospital, New Delhi 2,00,000/- for CARI, New Delhi	F.N.Hq- Proj011/30/2022- proj/446	29.04.2024	

- Rs. 2,00,000/- return to CCRAS Hqrs through PFMS to CCRAS hqrs account (Transaction No. C092317531871) dated 12.01.2024
- Rs. 4,325/- returned to CCRAS hqrs (O/O No.1303/2024-25 dated 12.03.2025)

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/ Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	6 months	Done	NIL
2.	Recruitment in the main study	15 months	Achieved	-

Current Status: Completed

S.No	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	90	88	02	00

Relevant information, if any: Protocol article has been published in JMIR indexed in PubMed, PubMed Central (PMC), MEDLINE, Sherpa Romeo, DOAJ, Scopus, Web of Science (WoS)/ESCI/SCIE, and EBSCO. [Mata S, Rajput S, Tuli IP, Mundada P, Gupta B, Srikanth N, Acharya R. Ayurveda Management of Allergic Rhinitis: Protocol for a Randomized Controlled Trial JMIR Res Protoc 2024;13:e56063 doi: 10.2196/56063. The e-format of data has been completed and sent to CCRAS Hqrs.

A6.) Efficacy of Ayurveda intervention in the management of *menorrhagia (Raktapradara)*—A randomized controlled trial**Objectives:**

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara).

Secondary Objective- To assess the efficacy of Ayurveda intervention on the Quality of life of women with menorrhagia (Raktapradara).

Study Design	:	Randomized open-label controlled
Study Type	:	Interventional prospective study
Purpose	:	Treatment
Masking	:	open-label
Control	:	Controlled
Timings	:	Prospective
End Point	:	Efficacy & Safety
No. of Groups	:	Two
Sample Size	:	140 (70 patients in each group)

Approval of IMR-PEMC, Annual Action Plan, RFD, etc., along with date: Yes, it is approved by 2ndPEMC held on 13th & 14th Sept, 2022 and sanctioned vide Office order no-1230/2022-23 dated 14.02.2023

Date of IEC approval: IEC/VMMC/SJH/Project/2023-02/CC-321 dated 28/3/2023

Duration of Study : Three years

Drug Interventions :**Group A**

- 1) Trinkantamani Pishti (AFI part I, 17:1 pg no.584, Rasatantrasara Siddhaprayogasangraha, Bhasmaprakarana,33)

Dose : 250mg
 Dosage Form : Capsule
 Route of Administration : Oral
 Time of Administration : Two times a day morning and evening before meal
 Duration of therapy : 3 months

- 2) Ashokarishta (AFI part I, pg.45, Bh.R. Streerogadhikar pg.114-117)

Dose : 20ml
 Dosage Form : Liquid
 Route of Administration : Oral
 Time of Administration : Two times a day, morning and evening after meal
 Duration of therapy : 3 months

- 3) Tablet IFA: One tablet (100mg Elemental Iron+1.5mg folic acid) twice daily orally with plain water after break fast for 3 months.

Follow Up: 02 Months or 02 Cycles with out drug.

Group- B

- 1) Tablet Tranexamic acid :500mg thrice daily orally with plain water for 7 days from 1st day of menses for three cycles

- 2) Tablet IFA: one tablet (100mg Iron+1.5mg folic acid) twice daily orally with plain water after break fast for 3 months.

Follow Up: 02 Months or 02 Cycles without drug.

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics & Gynecology, VMMC & Safdarjung Hospital, New Delhi, India.	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjung Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

CTRI Registration : CTRI/2023/05/052929 Dated 19.05.2023

Date of Initiation : 05/12/2023

Budget allocated : Rs. 62,47,800/-

Installment-wise release:

S.N.	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st Instalment 50,000/-	Office order no- 1241/2022-23	14.02.023	20.02.2023
2.	2 nd Installment 1,56,000/-	F. NO. PROJ011/134/2022- PROJ/1251	29.05.2023	05.06.2023
3.	3 rd Installment 12,74,479/-	F. NO. PROJ011/134/2022- PROJ/5266	2.11.2023	16.11.2023
4.	4 th Installment 12,85,150/-	F. NO. PROJ011/134/2022- PROJ/712	7.05.2024	27.05.2024
5.	5 th Installment 7,00,000/-	F. NO. PROJ011/134/2022- PROJ/712	12.11.2024	11.02.2025

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	6 months	Achieved	-
2.	Recruitment in main study	23 months	Enrollment Ongoing	-
3.	Treatment Period with follow up period	05 months	Ongoing	
4.	Statistical Analysis	02 months	-	

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	106	69	04	33

Any relevant information: The protocol article has been published in the JMIR journal. (Rajput S, Mata S, Saxena U, Ota S, Gupta B Ayurveda Management of Menorrhagia (Raktapradara): Protocol for a Randomized Controlled Trial JMIR Res Protoc 2025;14:e60801 URL: <https://www.researchprotocols.org/2025/1/e60801> doi: 10.2196/60801)

A7.) Title: - Tolerability, treatment adherence, and safety of an Ayurvedic intervention - Dhatri Lauha in the management of Iron Deficiency Anemia: An open label single arm clinical study

Objectives:

• **Primary Objective:**

To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-Dhatri Lauha in the management of Iron deficiency anemia.

• **Secondary Objective:**

To assess safety of Dhatri Lauha in the management of Iron deficiency anemia.

To assess efficacy of Dhatri Lauha in the management of Iron deficiency anemia

Study Design:

Study Type: Interventional

Purpose: Treatment

Masking: Open labeled

Control: No

Timing: Prospective

End Point: Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen

No. of groups: One

Sample Size: 480 (120 from each center)

Approval of IMR-PEMC, Annual Action Plan, RFD etc., along with date: yes, it is approved by PEMC and sanctioned vide File No.HQ-PROJ011/60/2023-PROJ dated 28.04.2023.

Duration of Study: 2 Years

Interventions :Dhatri Lauha

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	CBPACS- New Delhi	Dr. Subash Sahu
2.	MSM Khanpur, Sonipat	Dr. Gati Krushna Panda
3.	RGGPGAC & H, Paprola	Prof. Vijay Chaudhary
4.	SAMC & H, Indore	Dr. Ratnaprava Mishra
5.	CARI,ND, Coordinating Institute	Dr Seema Jain, R.O. (Ay.)- Co-I Dr. Renu Rani, R.O. (Ay.)- Co-PI

CTRI Registration/Reference (for clinical trials): CTRI/2023/08/056926 [Registered on: 25/08/2023].

Date of initiation:

S.No.	Name of the participating centre	Date of initiation
1.	CBPACS- New Delhi	06.03.2024
2.	MSM Khanpur, Sonipat	28.03.2024
3.	RGGPGAC & H, Paprola	11.03.2024
4.	SAMC & H, Indore	29.02.2024

Total Budget allocated: Rs. 1, 24,26,304/-vide office order no File No. HQ-PROJ011/60/2023/PROJ on dated 28.04.2023

Installment Wise Budget Release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	52,75,190/-	File No.HQ-PROJ011/60/2023-PROJ/6780	28.04.2023	08.05.2023
2.	2,65,400/-	HQ-PROJ011/60/2023-PROJ/6780	19.01.2024	06.02.2024
3.	3,58,350/-	File No.HQ-PROJ011/60/2023-PROJ/999	17.05.2024	28.05.2024
4.	3,84,522/-	File No.HQ-PROJ011/60/2023-PROJ/4587	22.10.2024	07.01.2025
5.	42,978/-	File No.HQ-PROJ011/60/2023-PROJ/6517	17.01.2025	18.01.2025
6.	1,85,600/-	File No.HQ-PROJ011/60/2023-PROJ/7506	28.02.2025	06/03/2025
7.	46,63,640/-	File No.HQ-PROJ011/60/2023-PROJ/7823	11.03.2025	13.03.2025

Chronological timeline & deliverables

S. No.	Target	Timeline	Achieved/ Not Achieved	Cause of Deviation, If Any
1.	Total Study Period	24 months	Not Achieved	Extended for 6 months
2.	Preparatory phase	03 Months	Not Achieved	Extended for 6 months
3.	Recruitment	18 Months	Achieved	-
4.	Statistical Analysis	02 Months	Not Achieved	-
5.	Study report	01 Months	Not Achieved	-
6.	Treatment Period	90 Days (03 Months)	-	-

Current status:

S.No.	Name of the participating centre	Total Target	Total No. of participants enrolled	No. of participants successfully completed	No. of drop out participants	No. of continuing participants
1.	CBPACS- New Delhi	120	110	39	01	70
2.	MSM Khanpur, Sonipat	120	115	69	03	43
3.	RGGPGAC & H, Paprola	120	119	109	01	09
4.	SAMC & H, Indore	120	103	60	03	40
Total		480	447	277	08	162

Any relevant information: The enrollment process has been delayed to amendment in title and study protocol, non-availability of the trial formulations and final CRF received in December 2023, hence the project has been initiated in the month of February 2024. Periodically monitoring of the project and monthly review meetings are conducted to review the project status. Extension of the project vide F. No. 1-194/2023-24/CARI/Tech./SMART-IDA/515 dated 26/03/2025 demanded from the headquarters for 6 months without any financial support.

A8.) Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study

Objectives:

- **Primary objective:** To compare the clinical efficacy of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care versus standard care alone in patients of stable coronary artery disease
- **Secondary Objective:** To assess the safety of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care in patients of stable coronary artery disease

Study Design:

Study Type	:	Interventional
Purpose	:	Therapeutic
Masking	:	Double Blind
Control	:	Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	2 Groups
Sample Size	:	100 (50 per group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

Approved in 2nd PEMC held on 13th & 14th September 2022 as per Council's Sanction Order No. F.No.HQ-PROJ011/128/2022-PROJ, Office Order No.834/2022-23 dated 21st Nov 2022

Revised sanction Order:

F.No.HQ-PROJ011/128/2022-PROJ/3276 dated 21st Aug 2024

Duration of Study: 3 years

Interventions:

Group-I: Standard Care for CAD with Ayurvedic interventions as per the Current ACC AHA guidelines

- **Pushkar Guggulu**

Dose	1gm.
Dosage form	Capsule (500 mg each)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30capsules
Duration of therapy	6months

- **Haritaki Churna**

Dose	500 mg
Dosage form	Tablet (each containing 500 mg extract)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30 tablets
Duration of therapy	6 months

Group-II: Standard Care for CAD management as per the Current ACC AHA guidelines

- **Matching Placebo of Pushkar Guggulu**

Dose	1gm
Dosage form	Capsule (500 mg each)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30capsules
Duration of therapy	6 months

- **Matching Placebo of Haritaki Churna**

Dose	500mg
Dosage form	Tablet
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30 tablets
Duration of therapy	6months

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Department of Cardiology, Safdarjung hospital, Ansari nagar East, New Delhi-29	Dr. Anunay Gupta Associate Professor, Dept. of Cardiology, VMMC and Safdarjung Hospital, New Delhi
2.	CARI, Road no.66, Punjabi Bagh, New Delhi-26	Dr. Sakshi Sharma R.O (Ay.), CARI, New Delhi

Date of IEC approval: IEC/VMMC/SJH/Project/2023-08/CC-396 dated 04/12/2023

CTRI Registration/Reference (for clinical trials): CTRI/2024/02/062553 prospectively registered on dated 12.02.2024

Date of initiation:

S.No.	Name of the participating centre	Date of initiation
1.	Department of cardiology VMMC & Safdarjung Hospital, Ansari nagar, East New Delhi	27/03/2024

Budget allocated: Rs. 61,24,600/-

Revised Budget: Rs.64,08,800/- (Rs. 2,84,200/- for revised salary of SRF)

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	Rs.22,50,000/-	F.No.HQ-PROJ011/128/2022-PROJ.O.O No. 834/2022-23	21/11/2022	03/12/2022
2.	Rs.2,78,350/-	F.No. HQ-PROJ011/128/2022-PROJ/893	16/05/2023	14/06/2023
3.	Rs.4,08,500/-	F.No. HQ-PROJ011/128/2022-PROJ/3276	21/08/2024	13/09/2024
4.	Rs.1,30,000/-	F.No. HQ-PROJ011/128/2022-PROJ/6718	29/01/2025	06/02/2025

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	100	3 years	Continue	NA

Current status:

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of participants enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1.	Department of cardiology VMMC & Safdarjung Hospital, Ansari nagar, East New Delhi	100	27	27	14	11	Ongoing

Relevant information if any: Project has been initiated on 27th March 2024. Project sample size is 100 divided in two groups having 50 patients in each group to assess the clinical efficacy and safety of Pushkar Guggulu & Haritaki Churna as an add on therapy along with standard care for the management of the stable coronary artery disease and to observe the changes in Canadian cardiovascular society angina grading scale, Seattle angina questionnaire, grading of exercise stress test, health related Quality of life SF-12 heart QOL EQ 5D, changes in IL-6, Sr. Pro-BNP, effect on lipid profile and blood pressure, ECG & reduction in dose pattern. Patients of CAD are being enrolled after screening following inclusion and exclusion criteria and investigations as per protocol. Group I patients are administered standard care along with Ayurvedic intervention (Pushkar Guggulu & Haritaki Churna) and Group II patients

are administered with standard care with a matching placebo of Ayurvedic intervention (Pushkar Guggulu & Haritaki Churna). The assessment of the patients is done during selection at 31st day, 61st day, 91st day, 121st day, 151st day and 181st day. During treatment, CBC, LFT, KFT will be done at 90th day also.

A9.) “An exploratory series of N of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabgarh district of Haryana- A community-based study”

Objectives :

Primary:

- To assess the impact of Ayurveda regimen on quality of life among elderly population in the community of Ballabgarh District of Haryana.

Secondary:

- To assess the impact of Ayurveda regimen on various haematological and biochemical, radiological parameters among elderly population in the community of Ballabgarh District of Haryana
- To assess the impact of Ayurveda regimen on health status of elderly population in the community of Ballabgarh District of Haryana

Study Design :

Study Type	:	Series of N of 1 responder restricted design
Purpose	:	Impact assessment on quality of life in geriatric population
Masking		Open-labeled
Control	:	Participant themselves will serve as controls as it will be N of 1 trial
Timing	:	Prospective
No. of Groups	:	Treatment plan (3 nos. of 2 months each) will be randomized for the administration among geriatric participants (respondents) of 6 months.
Sample size	:	400 for screening Phase and 120 for respondents

Sanction order along with date: CCRAS Hqrs office order no.1469/2022-23 dated: 23.03.2023 Vide F.No.HQ-PROJ011/168/2022-PROJ.

Duration of Study: 30 months.

Interventions :

Initially, a feasibility survey was conducted to identify apparently healthy participants among the geriatric population residing near the Primary Healthcare Centre of Dayalpur and the surrounding villages. Awareness camps and meetings with the *sarpanch* and other village authorities were undertaken to sensitize the community about the purpose of the study and to seek their cooperation.

This clinical study comprised an assessment of the efficacy of *Rasayana*. The study was conducted among apparently healthy elderly individuals aged 60 years or above, after obtaining their informed consent. Screening was carried out based on predefined inclusion criteria within the community of Ballabgarh District in Haryana.

The study followed an N-of-1 and responder-restricted design. Participants from the Ballabgarh district were identified using a cluster sampling technique. The enrolled participants were administered the treatment modality during a run-in period of three months, after which they were categorized as responders or non-responders. Only the responders were recruited for the actual interventional phase of the study. Subsequently, treatments were randomized for each participant as per the N-of-1 trial design.

The regimen in run-in period is comprise of -

- Ayush Rasayana A for the period of six days,
- Ayush Rasyana B for 84 days
- Lakshaguggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal (from 7th day onwards for a period of 70 days).
- Ksheer bala -101 softule 2 ml for 70 days
- Basti regimen: 14 day in first month regimen in a dose of 60 ml Ksheer bala oil
It will be accompanied by 1 week break in intervention

The regimen of 180 days is comprise of-

- Ayush rasayana B for 180 days
- Laksha guggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal for a period of 159 days
- Ksheer bala -101 softule 2 ml for 159 days
- Basti regimen: 7 day regimen in a dose of 60 ml Ksheer bala oil bimonthly
- Basti regimen: 14 day regimen in a dose of 60 ml Ksheer bala oil bimonthly

**Based on the outcomes obtained in run-in-period, the treatment plan may be modified if required with due permission of ethics committee.*

Details of Participating centers along with PI & Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	Comprehensive Rural Health Services Project, Ballabgarh National Highway, 2, Mathura Rd, Ballabgarh, Faridabad, Haryana - 121004 under AIIMS, New Delhi	Dr. Puneet Misra Designation: Professor Department: Centre for Community Medicine Institute Name: All India Institute of Medical Sciences, New Delhi. Address: Room No- 30, Centre for Community Medicine, AIIMS, New Delhi. Telephone: 011-26593773 E-mail: doctormisra@gmail.com	1. Dr. Sanjay K. Rai, Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi. 2. Dr. Gautam Sharma, Professor, Department of Cardiology, All India Institute of Medical Sciences, New Delhi. 3. Dr. Harshal Salve, Additional Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi.
2	C.C.R.A.S. C.A.R.I., NEW DELHI.		1. Dr. Anagha Ranade Research Officer (Ay.) Central Council for Research in Ayurvedic Sciences, Institutional Area, Opposite D-block, JanakPuri, New Delhi-110058 2. Dr. Babita Yadav, Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 3. Dr. Kishor Patel Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 7405403106 E-mail : kishoreworld007@gmail.com

Date of IEC approval:

Ethical clearance was obtained for this project in ethics committee of AIIMS, New Delhi AIIMS, New Delhi- IEC-867/04.11.2022, dated 07.11.2022.

CTRI Registration/Reference (for clinical trials) :

The project has been registered in CTRI- REF/2022/11/060231.

Date of initiation: initiated, 12 participants enrolled during March 2025

Budget allocated: Rs. 3,96,57,500/-

Installment wise release- For F.Y.2024-25.

Installment	Amount	Sanctioned order	Date
1.	Rs.8,80,000/- CARI	F.No.HQ-PROJ011/168/2022- PROJ/1971,	03.07.2024
2.	Rs.5.000/- CARI	F.No.HQ-PROJ011/168/2023- PROJ/8433,	28.03.2025

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1	Preparatory Phase 1. Development and printing CRFs: 2. Approval of Institutional ethics committee, CTRI 3. Procurement of medicines along with certificate of analysis:	6 months	Achieved	--
2	Trial Period	21 months	Initiated	--
3	Statistical Analysis & submission of final report:	1month	--	--

Current status:

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
12.02.2025	400	16	33	00	03	30	00

Summary of project:

This community based collaborative research study is being conducted in collaboration with between AIIMS, New Delhi and CARI, New Delhi., a feasibility survey will be carried out to identify the apparently healthy participants among geriatric population near Primary Healthcare Centre of dayalpur and the villages surrounding it. Awareness camps and meetings with sarpanch and other village authorities will be undertaken for sensitizing people about the need of the study and their co-operation for the same. This clinical study comprises of assessment of efficacy of Rasayana. The study will be carried out in apparently healthy elderly of age 60 years or more after obtaining their consent. The screening will be carried out based on the inclusion criteria in the community of Ballabgarh District of Haryana. The study will be N of 1 and responder restricted design. Participants from Ballabgarh district will be identified using cluster sampling technique. The enrolled participants will be administered the treatment modality for a run-in period of three months following which they will be divided

into responders and non-responders. Only responders will be recruited for the actual interventional study. Further, the treatments will be randomized for each of the participants being n of 1 trial.

The regimen in run-in period will comprise of -

- Ayush rasayana A for the period of six days,
- Ayush rasyana B for 84 days
- Lakshaguggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal (from 7th day onwards for a period of 70 days).
- Ksheer bala -101 softule 2 ml for 70 days
- Basti regimen: 14 day in first month regimen in a dose of 60 ml Ksheer bala oil
It will be accompanied by 1 week break in intervention

The regimen of 180 days will comprise of-

- Ayush rasayana B for 180 days
- Laksha guggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal for a period of 159 days
- Ksheer bala -101 softule 2 ml for 159 days
- Basti regimen: 7 day regimen in a dose of 60 ml Ksheer bala oil bimonthly
Basti regimen: 14 day regimen in a dose of 60 ml Ksheer bala oil bimonthly

Subjects fulfilling the inclusion criteria and willing to provide written consent will be enrolled in the trial. Enrolled Subjects have to undergo general physical examination and laboratory investigations from time to time for the assessment of the effect of the therapy and medicine.

A10.) Treatment adherence, tolerability, and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives:

Primary objective:

- To evaluate the treatment adherence, tolerability, and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis

Secondary Objective:

- To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function
- To evaluate the change in the need of rescue analgesic medication
- To evaluate the change in quality of life after the study intervention

Study Design:

Study Type	: Interventional (Clinical Study)
Purpose	: Treatment
Masking	: Open Label
Control	: No
Timing	: Prospective
End Point	: To conclude Adherence, Tolerability and Safety of Intervention
No. of groups	: One
SampleSiz	: 480 (120 at each participating centre)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

File No. HQ-PROJ011/56/2023-PROJ, Office .Order No. 1328/2022-23 Dated: 27th Feb 2023

Revised sanction Order:

a) File No. HQ-PROJ011/56/2023-PROJ , Office .Order No. 598/2023-24 Dated: 13th Sep 2023

b) File No. HQ-PROJ011/56/2023-PROJ/3584 Dated: 09th Sep 2024

Duration of Study : 24 months

Interventions:

Yograjguggulu	1gm TDS one hour after the meals with lukewarm water
Ashwagandha churna	3 gm BD with milk morning and evening
Local application of Narayana Taila followed by hot fomentation	Twice daily (8 am and 5 pm)

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Gurukul-Haridwar	Prof. Uttam Kumar Sharma
2.	RGPGAC& H-Paprola	Prof. Vijay Chaudhary
3.	Parul University- Vadodara	Dr. Hemant Toshikhane
4.	BHU-Varanasi	Prof. Jai Prakash Singh
5.	CARI, New Delhi (coordinating centre)	Dr. Sakshi Sharma Dr. Kishore Patel

Date of IEC approval:

Gurukul-Haridwar - 10/03/2023

RGAC-Paprola – 13/02/2023

Parul- Vadodara – 21/03/2023

BHU-Varanasi – 06/05/2023

CTRI Registration/Reference (for clinical trials):CTRI/2023/06/054503

Date of initiation:

S.No.	Name of the participating centre	Date of initiation
1.	Gurukul-Haridwar	13/12/2023
2.	RGGPGAC& H -Paprola	03/01/2024
3.	Parul- Vadodara	17/01/2024
4.	BHU-Varanasi	06/01/2024

Budget allocated: Rs. 1,56,05,704/-**Revised Budget: Rs. 1,67,90,312 /-****Additional Budget sanctioned:Rs. 10,41,088/-** (for revised salary of SRF)

For CARI: Rs. 23,66,800 /- + Rs. 2,37,671/-

For Gurukul-Haridwar: Rs. 35,66,143 /- + Rs. 1,91,520/-

For RGGPGAC& H -Paprola:Rs. 35,66,143 /- + Rs. 1,88,976/-

For Parul- Vadodara: Rs. 36,45,523/- + Rs. 2,11,185/-

For BHU-Varanasi: Rs. 36,45,523/- + Rs. 2,11,736/-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	Rs.87,87,440/-	HQ O.O no. 1328/2022-23	27/02/2023	02/03/2023
2.	Rs.6,00,000/-	HQ-PROJ011/56/2023-PROJ/O.O no.936/2023-24	17/05/2023	14/06/2023
3.	Rs.11,28,028/-	HQ-PROJ011/56/2023-PROJ/O.O no. 598/2023-24	13/09/2023	26/10/2023
4.	Rs.12,07,538/-	HQ-PROJ011/56/2023-PROJ/3584	09/09/2024	26/09/2024
5.	Rs.32,24,091/-	HQ-PROJ011/56/2023-PROJ/7401	27/02/2025	13/03/2025

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	480(120 each centre)	24Months	RGGPGAC & H, Paprola has achieved its target in Feb 2025, in other 3 centers continue	NA

Current status:

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of Pts enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1.	Gurukul-Haridwar	120	120	101	48	40	Ongoing
2.	RGGPGAC& H-Paprola	120	128	120	00	115	Completed
3.	Parul- Vadodara	120	156	130	49	72	Ongoing
4.	BHU-Varanasi	120	130	120	77	43	Ongoing

Any relevant information:

The SMART program (Scope for Mainstreaming Ayurveda Research in Teaching Professionals), a collaborative research initiative between CCRAS and esteemed Ayurveda colleges across the India has been initiated in Four Participating centers i.e. Gurukul Ay. College Uttarakhand University Haridwar initiated on 13/12/2023, RGGPGAC & H- Paprola on 03/01/2024, Parul University-Vadodara on 17/01/2024, BHU-Varanasi on 06/01/2024. With Project sample size of 480 (120 at each centre) to assess the Treatment adherence, Tolerability and Safety of intervention i.e. Ashwagandha churna, Yograj Guggulu and Narayan oil in the management of Primary Knee Osteoarthritis also to observe the changes in quality of life by using SF -12 Questionnaire and changes need to Rescue Analgesic Medications. Patients are being enrolled after screening and investigations as per protocol i.e., General Investigations (CBC, LFT, KFT) including X-ray, ECG as well as following inclusion and exclusion criteria. Change in the Lab safety parameters (CBC, LFT, KFT) from baseline to day 90th and 120th. RGGPGAC & H, Paprola has completed its target in Feb 2025, in other 3 centres, the project is continued.

A11.) Randomized controlled trial of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy**Objectives:**

- a. **Primary:** Efficacy of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy.
- b. **Secondary:** Safety of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy.

2. **Study Design** : Randomized open-label standard control clinical trial
- No. of Groups** : Two
3. **Sample Size** : 110 (55 patients in each group)
4. **Duration of Study** : Three years
5. **Drug Interventions:**

Group I**Standard Care**

1. As per existing guidelines.
2. Anti hypertensive therapy, medications used to treat are Angiotensin-converting enzyme inhibitors (ACE inhibitors), Angiotensin II receptor blockers (ARB's), Beta blockers, Calcium channel Blockers (CCB) and diuretics.

Ayurvedic Intervention

- Anshumati: *Desmodium Gangeticum*, Ksheerpaka (Medicated Milk Preparation)
- | | | |
|-------------------------|---|-------------------|
| Dose | : | 80 ml twice daily |
| Route of administration | : | Oral |
| Time of administration | : | Before food |
| Anupana | : | NA |
| Duration of therapy | : | 6 months |

Group- II**1. Standard Care**

- 1) As per existing guidelines.
- 2) Anti-hypertensive therapy, medications used to treat are Angiotensin-converting enzyme inhibitors (ACE inhibitors), Angiotensin II receptor blockers (ARB's), Beta blockers, Calcium channel Blockers (CCB) and diuretics.

FollowUp:

During treatment period –After every 1 month i.e. on day 30, day 60, day 90, day 120, day 150 and day 180.

6. Date of Sanction: 25 June, 2024

7. Outcome measures:**Primary Outcome:**

- Changes in Left Ventricular Mass Index from baseline [Time Frame: Baseline, 3 months, 6 months]

Secondary Outcome:

- Number of participants with reduction of left ventricular hypertrophy [Time Frame: Baseline, 3 months, 6 months]
- Changes in Left Ventricular Ejection Fraction [Time Frame: Baseline, 3 months, 6 months]
- Changes in Left Ventricular end-systolic/Diastolic volume [Time Frame: Baseline, 3 months, 6 months]
- Changes in Inflammatory (CRP, IL-6) and cardiovascular blood markers (BNP, Troponin T)[Time Frame: Baseline, 3 months, 6 months]
- Number of participants with Adverse Event [Time Frame: Baseline, 3 months, 6 months]
- Safety profile (CBC, LFT, KFT, e-GFR) assessment [Time Frame: Baseline, 3 months, 6 months]

8. Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Department of Cardiology, Superspeciality Block, VMMC and Safdarjung Hospital, New Delhi, India.	1.Dr. Puneet Gupta Associate Professor (Cardiology) VMMC and Safdarjung Hospital, New Delhi	1.Dr. Rajput Shivshankar, Research Officer (Ayurveda) ATC, Safdarjung Hospital, New Delhi CARI, New Delhi
2.	Central Ayurveda Research Institute, New Delhi	2.Dr. Neha Dubey , R.O. (Ay) CARI, New Delhi CCRAS, HQ	2. Dr. Kalpana Kachare, R.O. (Ay) CCRAS, HQ , New Delhi 3.Name: Dr. Anunay Gupta Associate Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi

9. Date of IEC approval:

S. No.	Name of the Participating Centre	Date of IEC approval
1.	VMMC and Safdarjung Hospital, New Delhi,	IEC/VMMC/SJH/Project/2023-09/CC-418 Dated on 05.02.2024

10. CTRI Registration : CTRI/2024/03/064352 Dated 18/03/2024

11. Date of Initiation : 13/09/2024

12 Budget Details:

Total Budget sanctioned	Rs 83,95,880/-	Safdarjung hospital	CARI Delhi
		Rs 70,20,880/-	Rs 13,75,000/-
Total amount released:	Rs 21,61,676/-	Rs 15,11,676/-	Rs 6,50,000/-

13. Extension received, if any: NA

14. Current Status:

S. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	Safdarjung Hospital, New Delhi	17	4	0	13

PART B) INTRA MURAL RESEARCH PROJECTS

B1.) Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study.

Objectives:

- **Primary Objective:** To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Study Design	:	Double blind Randomized control clinical study
Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	Double blind
Control	:	Controlled
Timings	:	Prospective
End Point	:	Efficacy & Safety
No. of Groups	:	Two
Sample Size	:	140 (70 patients in each group)

Approval of IMR-PEMC: Approved by the Chairman PEMC and ratification was done in 1st PEMC and the project was sanctioned vide Order File No. 3-56/2018-CCRAS/Admn/Pre-Hypertension/2400 dated 12/09/2018.

Duration of Study : Two years

Interventions

(i) Group 1 (AYUSH – HR)

Dose	:	500mg twice daily
Dosage form	:	Tablet
Route of Administration:		Oral
Time of Administration:		Twice a day after food
Anupana	:	Water
Packing form	:	60 tablets
Duration of therapy	:	3 months
<i>Life style advocacy</i>		

(ii) Group 2 (Matching placebo)

Dose	:	500mg twice daily
Dosage form	:	Tablet
Route of Administration:		Oral
Time of Administration:		Twice a day after food
Anupana	:	Water
Packing form	:	60 tablets
Duration of therapy	:	3 months

Life style advocacy**Participating center along with PI:**

S.No.	Name of the Participating Centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma, Research Officer (Ay.) (till 19.12.2022) Dr. Shweta Mata, Research Officer (Ay.) (From 20.12.2022)
2.	RARIGID, Guwahati	Dr. Pravin Masram, Research Officer (Ay.)
3.	RARI, Thiruvananthapuram	Dr. Varsha Sumedhan, Research Officer (Ay.)

Date of IEC approval : F.No.1-12/2015-ACRI/Tech./IEC/PartII, dated 02.04.2019

CTRI Registration : CTRI/2019/09/021266 dated 17.09.2019

Date of Initiation : 08.02.2022

Budget allocated : Rs. 17, 48,000/-

Installment wise release

S.No	Installment	Sanction order	Date	Date of Receipt of fund
1.	1 st installment 15,48,000/-	FileNo.3-56/2018- CCRAS/Admn/ Pre-Hypertension/ 2400	12.09.2018	18.09.2018
15,48,000/- (return back to Headquarter on 08/06/2021)				
2.	2 nd installment 7,74,000/-	F.N. 3-97/2020- CCRAS/Admn/Coll./1010 dated 08.06.21	08/06/2021	
3.	3 rd installment 7,53,046/-	F.No.1-33/cash/CCRAS/23-24/414	25.10.2023	
1,18,000/- (return back to hqrs on 01.01.2024)				

Chronological timeline & deliverables

Total Study Period : 24 Months

S.N.	Milestones	Time lines
1.	Preparatory Phase	3 months
2.	Recruitment Phase	16 months
3.	Treatment Period	3 months
4.	Statistical Analysis and Preparation of Report	2 months

Current Status: Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1	CARI, New Delhi	140	121	19	00

Relevant information, if any – Protocol article has been published. [Babita Y, Neha D, Sumeet G, Sakshi S, Varsha S, Rakesh R, Richa S, BCS Rao, N. Srikanth and K. S. Dhiman. Evaluation of efficacy and safety of Ayush-HR in the management of Pre- Hypertension: A Study protocol for a double-blind randomized controlled clinical study. Bull. Env. Pharmacol. Life Sci., Vol 12[6] May 2023:299-307.

B2.) Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial.

Objectives:

- **Primary Objective:** To assess the therapeutic efficacy of Ayurvedic management on irregular menstrual cycles/Anovulation and Hirsutism in PCOS.
- **Secondary Objective:** To assess the therapeutic efficacy of Ayurvedic management on acne, acanthosis nigricans, and BMI.

Study Design :- Randomized open-label standard control clinical trial

Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	open-label
Control	:	Controlled
Timings	:	Prospective
End Point	:	Efficacy & Safety
No. of Groups	:	Two
Sample Size	:	180 (90 patients in each group)
Approval of IMR-PEMC	:	F.No.HQ-PROJ011/32/2022-PROJ O.O NO-392/2022-23 dated 15.07.2022

Duration of Study : Three years

Interventions:

Group A:i) *Virechana* therapy (Charak Sutrach.15/17-18)

No	Procedure	Drug&dose	Duration
1	Deepana–Pachana	TrikatuChurna –6gm.(AFIPart1,parta,pg. no.322) BD before meal with warm water	3to 5 days
2	Snehapana	Go-Ghrita (30ml to250 ml; according to Koshtha of participant)	3to 5 days
3	Abhyanga& Swedana	BalaTaila (AFIPart 1, parta, pg.no. 413), Sarvanga Bashpa swedana	1to 3 days
4	VirechanaKarma	Trivrit Avaleha (AH.K. 2/9-10)[Trivrit (Operculinaturpentum Linn.), Tamalpatra (Cinnamomum tamala Neesand Eberm.), Twak (Cinnamomumzeylanicum Breyn.), Ela (Elettariacadamomum Maton.), Honey, Sugar.60to 100gm (as per the Koshtha)	Single dose
5	SamsarjanaKarma (Ch.Su. 15/16)	Dietas perShuddhi givenbelow:	3 to 7 days

ii) *Ayush-SSM*(*Stanya Shodhana Mahakashaya*) (Ch.Su.4/18)

- **Dose** : 2tablets of 500 mg twice a day
- **Dosageform** : *Ghanavati*
- **Route of administration** : Oral
- **Time of administration** : Twice daily before meals
- **Anupana** : Lukewarm water
- **Packingform** : 500 mg tablets
- **Duration of therapy** : 180 Days

GroupB: (Standard control)**Tablet Metformin: Dose & duration**500 mg Once a day - 1st week (1-7 days)500mg Twiceaday - 2nd week (8-14days)500mg Thriceaday- 3rd week (15-20days)

850mg twiceaday till 6 months(21 day-200th day)

- **Dosage form** : Tablet
- **Route of administration** : Oral
- **Anupana** : water
- **Packing form** : 500mg and 850 mg tablets
- **Duration of therapy** : 200days

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	CRU, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjung Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval : F.No. 1-12/2020-CARICD/Tech/IEC dated 04.05.2022**CTRI Registration** : CTRI/2022/09/045478 [Registered on: 13/09/2022]**Date of Initiation**

S. No.	Name of the participating center	Date of initiation*
1	CRU, Safdarjung Hospital, New Delhi, India.	24.05.2023

Budget allocated : 64,85,900/-

Installment wise release :

S.No	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st installment-50,000/-	F.No.HQ-PROJ011/32/2022-PROJ O.O NO- 392/2022-23	15.07.2022	26.8.2022
2	2 nd Installment-14,38,500/-	F.NO-HQ-PROJ011/32/2022-PROJ/4250	04.11.2022	17.11.2022
3.	3 rd Installment-6,28,285/-	F.NO.-HQ-PROJ011/32/2022-1249	30.05.2023	05.06.2023
4.	4 th Installment-12,20,355/-	F.NO-PROJ011/32/2022-PROJ/4046	14.09.2023	25.10.2023
5.	5 th Installment-15,85,000/-	F.NO-PROJ011/32/2022-PROJ/815	13.05.2024	27.05.2024
6.	6 th Installment-6,00,000/-	F.NO-PROJ011/32/2022-PROJ/5038	13.11.2024	11.02.2025

Chronological timeline & deliverables**Total Study Period : 36 Months**

S.N	Target For	Timeline	Achieved/ Not Achieved	Causes of deviation, if any
1.	The period required for Pretrial preparation (after sanction of the project to the PI),Development, and printing CRFs:	5 months	Achieved	-
2.	Trial drug procurement and Subject Recruitment	5-27 months	Achieved	-
3.	Treatment Period	6 months	Ongoing	
4.	Data verification, Statistical Analysis & Report preparation:	2 months	-	-

Current Status:Ongoing

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases withdrawal	No. of cases continued
1	CRU, Safdarjung Hospital, New Delhi, India.	180	131	10	09	30

Relevant information, if any – The protocol article has been published in JRAS journal. (Rajput, Shivshankar1; Mata, Shweta1; Saxena, Upma2; Ota, Sarada3; Tripathi, Arunabh4; Gupta, Bharti1; Srikanth, Narayanam4; Acharya, Rabinarayan4. Clinical assessment of the efficacy of Ayurvedic management in PCOS: Study protocol for a randomized open-label standard control trial. Journal of Research in Ayurvedic Sciences 8(3):p 147-156, May-June 2024. | DOI: 10.4103/jras.jras_199_23)

B3.) Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial

Objectives:

Primary objective:

To determine the efficacy of Yashtimadhu Ghrita anal infiltration on healing of anal fissure in comparison with 2% Diltiazem topical application

Secondary objective:

- To determine the efficacy of Yashtimadhu Ghrita anal infiltration on reduction of pain & bleeding in comparison with 2% Diltiazem topical application.
- To determine the efficacy of Yashtimadhu Ghrita anal infiltration in prevention of recurrence of anal fissure in comparison with 2 % Diltiazem topical application.
- To assess the safety of Yashtimadhu Ghrita anal infiltration in comparison with 2% Diltiazem topical application

Study design with detail methodology:

- **Study Type** : Randomized controlled clinical trial
- **Control** : Yes
- **Timing** : Prospective
- **No: of groups** : Two
- **Sample size** : 100 (50 in each group).
- **Blinding** : Open Label study
- **Study setting** : OPD

Approval of IMR-PEMC along with date File No.HQ-PROJ011/91/2023-PROJ/1410 Dated: 16.03.2023

Duration of study : 2.5 Years

Date of IEC approval : 12.04.2023

CTRI Registration no : CTRI/2023/05/052302

Date of initiation : 14.12.2023

Name of participating centre: Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi

Total Budget allocated in CARI New Delhi (total): 21,96,800/- office order no. 1410/2022-2023

Installment release:

S.No.	Installment	Sanctioned order	Date	Date of receipt of Fund
1	10,00,000	F.No.HQ-PROJ011/91/2023-PROJ/444	29.04.2024	14.04.2024

Chronological timeline & deliverables

S.No.	Target for	Time line	Achieved/ Not Achieved	Cause of deviation
1	Preparatory period	3 months	Achieved	NA
2	Recruitment of patients	14 months	Continuing	NA

CURRENT STATUS:

Total screened till date : 114

Screen failure : 14

Total Enrolled till date : 100

B4.) A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis

Principal Investigator: Dr.Devi Nair, M.D.(Ay), NARIP, Cheruthuruthy

Co-Investigator: Dr .Aswathykkutty V, R.O(Ay)
Dr. Shaizi Layeeq, R.O(Ay)
Dr .Praveen Kumar.K.S, R.O(Ay.)

Objectives:

a. **Primary Objective:** To prepare the practice guidelines for Marsa nasya karma

b. **Secondary Objective:**

- 1 .To prepare guidelines for calculation of dose of medicine used in Marsa nasya karma
- 2 .Standardization of end point of the procedure of marsa nasya karma
- 3 .Standardization of quality indicators of Marsa nasya karma
4. To assess the feasibility and preliminary effectiveness of the standardized procedure of Marsa Nasya in different geographical areas of the country.

Brief Research Plan:The study will be conducted in a muti phase mixed method design

Phase -1: A Clinical Concensus method study for developing the practice guidelines of Marsa Nasya

Phase -2: Standardization of doze for commonly used Taila yoga for Marsa Nasya:

Phase 3: Feasibility clinical trial

Study Design:

Level of study	:	OPD level
Type of study	:	Open clinical trial
Sample size	:	Complete 30 cases (in each centre)
Groups	:	1
Period of study	:	1 week /case
Masking	:	None
Blinding	:	No blinding
Timing	:	Prospective

Intervention

- Dose : Standardized madhyama matra (Standardized medium doze), daily
- Dosage form : Taila
- Route of administration : Nose
- Time of administration : 3-5 p.m
- Anupana : NA
- Duration of therapy : 01 Week
- **Participating centre along with PI : Collaborative study**

S.No.	Name of the participating centre	Name of PI
1.	NARIP Cheruthuruthy	Dr.Devi Nair, M.D.(Ay), PI
2.	CCRAS Hqrs	Dr .Aswathykkutty V. R.O (Ay) CoI
3.	CARI, New Delhi	Dr. Shaizi Layeeq, R.O(Ay.), CoI
4.	CARI, Guwahati	Dr. Praveen Kumar.K.S, R.O(Ay.), CoI

Date of IEC approval: 12.04.

CTRI Registration/Reference (for clinical trials):CTRI/2023/05/052422

Date of initiation: 27/12/2023

Budget allocated:

- **CARI, New Delhi: 12,57,100/-**
- **NARIP Cheruthuruthy: 19,20,200/-**
- **CARI, Guwahati: 12,66,516/-**

Sanction Order: CCRAS Hqrs Office order no. 998/2022-23 dated 22/12/2022

S.No.	Sanction & Date	Grant Received	Remarks
1.	F.No. HQ-PROJ011/29/2022-PROJ/998 dated 22/12/22	25000	1. The amount was sanctioned for IEC. However as the IEC of the project was pending the amount was transferred to RA of institute for purchase of medicine from IMPCL vide F.No. 4-7/2022/CARI/Med. Store/1353 dated 29/3/2023 2. The amount was returned from RA head to project vide O.O.466/2023-24 dated 09/08/2024
2.	F.No.HQ-PROJ011/29/2022-PROJ/2396 dated 18/7/23	25000	-
3.	F.No.HQ-PROJ011/29/2022-PROJ/6787 dated 08/01/24	137829	-
4.	F.No.HQ-PROJ011/29/2022-PROJ/8454 dated 13/03/24	60689	-
5.	F.No.HQ-PROJ011/29/2022-PROJ/948 dated 16/5/24	260840	-
6.	F.No.HQ-PROJ011/29/2022-PROJ/3476 dated 03/09/24	221240	-
7.	F.No.HQ-PROJ011/29/2022-PROJ/6102 dated 27/12/24	122449	-
Total		8,53,047	

Chronological timeline & deliverables:

- Total Study Period : 2 year
- Pre-trial Preparatory Period : 2 months
- Recruitment of patients : 8 months
- Treatment Period : 4 weeks
- Data Analysis : 1 month

Current status:

Name of the Institute	Date of Initiation	Target/ Sample Size	No. of participants screened	No of Participants enrolled	No. of drop outs	No. of Participants successfully completed	No. of continuing participants	No. Of ADR/AE reported	Details of AE/ADR reported
CARI, Punjabi Bagh	27-12-2023	30	37	30	2	28	NIL	NIL	NIL

Summary of Project: This is an open level, multicentric, prospective, non-controlled, clinical trial. 30 subjects of Cervical Spondylosis aged between 35-60 years fulfilling the diagnostic criteria to be enrolled in the study. The patients in the Group were given Marsha Nasya with Anu Taila in the dose of 2.8 ml per nostril for 7 days. The assessment was done on day 8. The data has been sent to CCRAS Hqs for analysis.

Relevant information, if any: NIL

B5.) “Efficacy and safety of AYUSH SR tablet in the management of stress among university students –A double-blind randomized placebo-controlled study”

Objectives:

- **Primary objective:** To assess the clinical efficacy of AYUSH-SR in the management of stress among university Student
- **Secondary Objective:** To assess the clinical safety of AYUSH-SR in the management of stress among university Student.

Study Design:

Study Type	:	Interventional - Clinical Trial
Purpose	:	Treatment
Masking	:	Double blind
Control	:	Placebo Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	Two (1:1)
Sample Size	:	70 (35 in each Group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved in 6th Meeting of Project Evaluation Monitoring Committee (PEMC) held on 12th July, 2023

Duration of Study : Two year

Interventions:

Group-I AYUSH-SR Tablet /Placebo

Drug References: Coded Drug

Dose : 1 gm (500 mg X 2) tab b i d
 Dosage form : Tablet
 Route of Administration : Oral
 Time of Administration : Twice a day after food
 Anupana : water
 Duration of therapy : 90 days

Group-II AYUSH-SR Tablet /Placebo

Drug References : Coded Drug
 Dose : 1 gm (500 mg X 2) tab b i d
 Dosage form : Tablet
 Route of Administration : Oral
 Time of Administration : Twice a day after food
 Anupana : water
 Duration of therapy : 90 days

Participating centre along with PI: IMR project

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)	i. Dr. Shaizi Layeeq, R.O.Ay ii. Ms. Rabiya Umman, Clinical Psychologist

Date of IEC approval: 29/11/2023

CTRI Registration/Reference (for clinical trials):CTRI/2024/01/060996

Date of initiation:11.03.2024

S.No.	Name of the participating centre	Date of initiation*
1.	Study site- CCRAS JNU Ayurveda Treatment and Research Facility, JNU Health Centre Under CARI, New Delhi	11.03.2024

Revised Budget allocated: 22,46,400/- (for two years) vide order No. 448/2023-24, (File No. HQ-PROJ 011/207/2023-proj/4563, dated 10.08.2023) and F.No. HQ-PROJ011/207/2023-PROJ/1537 Dated 13.06.2024

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	6,44,700 1 st Installment 2023-24	File No. HQ-PROJ 011/207/2023-proj/4563	05/10/2023	25/10/2023
2.	2,57,860 1 st Installment 2024-25	F.N.HQPROJ011/207/2023-PROJ/488	11/05/2024	15/05/2024
3.	2,36,752 2 nd Installment 2024-25	F.N.HQPROJ011/207/2023-PROJ/3042	08/08/2024	17/09/2024
4.	2,07,486 3 rd Installment 2024-25	F.No.HQ-PROJ011/207/2023-PROJ/5385	29.11.2024	11.02.2025
5.	2,61,555 4 th Installment 2024-25	F.N. HQ-PROJ011/207/2023-PROJ/672	29.01.2025	17.02.2025

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Period required for pre-study preparations like staff recruitment, procurement of the trial drugs etc	04 months	Achieved	nil
2.	Period needed for enrolment of patients and collecting the data	17 months	Ongoing	nil
3.	Period required for analyzing the data	03 months	N/A	nil

Current status: Total Screened – 66

Enrolled -51

Ongoing- 12

Completed- 34

Drop out- 5

Any relevant information: The project has been initiated at CCRAS JNU Ayurveda Treatment and Research Facility, JNU Health Centre under supervision of CARI, New Delhi.

B6.) Evaluation of efficacy and safety of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avaleha in Chronic Rhinosinusitis: A Randomized Controlled Multicenter Study

Objectives:

Primary objective: To assess the efficacy of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhinosinusitis

Secondary objective: To assess the safety of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhinosinusitis.

Study Design	:	Randomized open-label multi-centric controlled trial
Study Type	:	Interventional
Purpose	:	Treatment
Level of study	:	OPD
Masking	:	Open labelled
Timing	:	Prospective
Control	:	Controlled
End Point	:	Efficacy and safety of Ayurveda therapeutic regimen.
No. of Groups	:	two
Treatment period	:	56 days
Sample Size	:	160 (80 from each institute)

Approval of IMR-PEMC, Annual Action Plan, RFD, etc., along with date: Yes, it is approved by PEMC, held on 24.07.2023, and sanctioned vide Office order no-1313/2024-25 dated 04.03.2025

Duration of Study: Two years

Drug Interventions

- 1.** *hadbindu Taila Marsha Nasya (6 Bindu in each nostril) -Ref.-AFI- Part I, API –Part-II, Vol. IV* **S**
Dose : 6 Bindu (3 ml) in one nostril
Dosage form : *Taila* (Medicated oil)
Route of Administration : Nasal

Time of administration : Once a day empty stomach.
Nasya to be given for 4 sittings, seven days each, with the interval of seven days between each sitting. *Nasya* to be given in each nostril in lying down position early morning in empty stomach after taking *Sthanik Abhyanga* with *Bala Taila* (AFI part I) for 5 minutes followed by *Bashpa Sweda* for 5 minutes.

Duration of therapy : 28 days of therapy + 28 days interval = 56 days
 Packing : 20 plastic bottles of 10 ml. (For one patient.)

2.

C

hitraka Haritaki Avaleha Ref.: API –Part II, Vol. I

Dose : 6 gm
 Dosage form : *Avleha* (Solid Convection)
 Route of Administration : Oral
Anupana : lukewarm water
 Time of administration : Twice a day after food
 Duration of therapy : 56 days
 Packing : 8 container of 100 gm packing.
 (For one patient.)

Group -2 (Control Group):**INCS (Intranasal Corticosteroid): Fluticasone Furoate***

- Dose : One puffs into each nostril every 12 hour daily.
- Dosage form : Nasal spray
- Time of administration: Twice a day
- Route of administration: Nasal
- Packing form : 4 canister contains 70 metered doses
- Duration of therapy : 56 days.

FollowUp: 28 days

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	PI: Dr. Shweta Mata, MS, Ph.D. (Ay-Shalakyia Tantra), Research Officer (Ay), CARI, New Delhi. shwetamatadr@gmail.com 8866014946	Co-I 1): Dr. Ashima Jain, MBBS, MD (Path), Research Officer (Path), CARI, New Delhi. 8971121641 Co-I 2): Dr. Shrawan Sahu, MS, Ph.D. (Ay-Shalakyia Tantra), Research Officer (Ay), CARI, New Delhi drsahu79@gmail.com , 7500799915
2.	RARI, Patna	PI: Dr. Kumari Archana RO.(Ay.) MS(Shalakyia Tantra), Ph.D.(Ayu.) Regional Ayurveda Research Institute, Patna-07 7046074206 archana06bly@gmail.com	Co-PI : Dr. (Major) Madhukar (Scientist C) Rajendra Memorial Research Institute of Medical Sciences (RMRI), Agam Kuan, Patna madhukarcaptpatna@gmail.com 9934064900

	6300198391 Balaji_potbhare@yahoo.com	Co-I : Dr. Balaji Potbhare Research Officer (Ayu), MD Regional Ayurveda Research Institute Patna, pin code: 800007
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Date of IEC approval : Pending
CTRI Registration : Pending
Date of Initiation : will be initiated soon
Budget allocated : Rs. 68,66,784/-

Installment-wise release: No installment received till 31.03.2025

Chronological timeline & deliverables:

Sl.No	Milestones	Timelines
1	Preparatory period (Recruitment of project personnel,IEC approval,Preparation of CRF & e-Format,Training of personnel, Procurement of Medicines).	4 months
2	Study Intervention (for Participants).	56 Days.
3	Recruitment period	15 months.
4	Statistical Analysis & Publication.	3 months

Current Status: will be initiated soon

Relevant information, if any:Nil

C.: **OBSERVATIONAL SURVEY STUDY**

C1) Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicenter cross-sectional survey study at Hindon U.P.

Objectives:

Primary objective: To understand the care seeking behavior of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.

Secondary Objective:

- To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
- To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
- To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Study Design:

Study Type	: Observational survey study
Purpose	: Survey
Masking	: NA
Control	: NA
Timing	: Prospective
End Point	: NA
No. of groups	: NA

Sample Size: The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals throughout the data collection period will be considered to take part in the study. Each participant visiting these OPDs during the study period will be surveyed only once.

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved by 4th SAG held on 31.05.2023.

Duration of Study : 16 months

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	11 Air Force station Ghaziabad (U.P)	1.Dr Swati Sharma , R.O.(Ay.) (from Nov. 2023 to end of the project) 2. Dr. Amit R.O.(Ay.) (from July 2023 to Oct 2023) Co-Principal Investigator details: 3.From Base Hospital: Col (Dr) Rajneesh Kumar Joshi	1.From Air Force Hospital: Dr. Gurpreet Singh , Senior Medical Officer, 28 wing, 11 AFH., Hindon. 2. From CARI-CCRAS: Dr. Pramod Chandra Dwivedi , R.O.(Ay.) (from July 2023 to March 2024)

Date of IEC approval: 02-08-2023**Date of initiation: 24.07.2023 (date of sanction)**

S.No.	Name of the participating centre	Date of initiation*
1.	11 Air Force station Ghaziabad (U.P)	23-08-2023 (date of first enrolment)

Budget allocated: 8,42,300/-**Installment wise release:**

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	First installment of Rs. 5,13,380/-	File No. HQ-PROJ011/144/2023-Proj-Part - 3/office order no. 362/2023-24	24/7/2023	(Received on 04.08.2023)
2.	Second installment of Rs.2,85,772/-	File No. HQ-PROJ011/144/2023-Proj-Part - 3/1721	20/6/2024	(Received on 07.08.2024)
3.	Third installment of Rs.1,91,388/-	File No. HQ-PROJ011/144/2023-Proj-Part - 3/5474	3/12/2024	(Received on 11.02.2024)

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre-study preparation (developing Google forms, recruitment of research staff etc.):	2 months	Achieved	-
2.	Period for data collection:	12 months	Achieved	-
3.	Period for data analysis	2 months	ongoing	-

Current status: The recruitment of participants has been completed, and data has been submitted in the form of a Google form questionnaire provided by CCRAS Hq.Total Two thousand one hundred twenty-seven (2127) participants successfully completed the study. The number of non-responders were nil.

Any relevant information: Data is under analysis at CCRAS Hq.

C2.) Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicenter cross-sectional survey study

Objectives

Primary

- To understand the care seeking behaviour of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.

Secondary

- To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
- To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
- To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Methodology:

- Study Type : Observational survey study
- Purpose : Survey
- Masking : NA
- Control : NA
- Timing : Prospective
- No. of Groups: NA

Sample Size : Patients visiting to hospital for 1 year

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved by 4th SAG held on 31.05.2023 vide Sanction Order No. HQ-PROJ011/144/2023-PROJ-Part(3)/412/2023-24 dated 28.07.2023.

Duration of study: 16 months

Participating centre along with PI: Collaborative study

S.N.	Name of the Co-ordinating/ participating centre	Name of PI/Co-I
1.	Central Ayurveda Research Institute New Delhi	Dr. Shrawan Sahu, R.O (Ay.),
2.	Base Hospital, Hospital Road, Chanan Singh Park, Delhi Cantonment, New Delhi – 110010	Col (Dr) Rajneesh Kumar Joshi, Capt. Umang Kant Gangania

CTRI Registration/Reference(for clinical trial): NA

Date of sanction: 28.07.2023

Date of initiation: 24.08.2023

Budget allocated: Rs.8,42,300/- vide sanction order No. HQ-PROJ011/144/2023-PROJ-Part(3)/412/2023-24 dated 28.07.2023.

Installment wise release

S.N.	Installment	Sanction order	Date	Date of receipt of Fund
1.	Rs. 5,13,380/-	File No. HQ-PROJ011/144/2023-Proj-Part -3/412	28.07.2023	04.08.2023
2.	Rs. 2,92,000/-	File No. HQ-PROJ011/144/2023-Proj-Part -3/1464	10.06.2024	07.08.2024
3.	Rs. 1,85,262/-	File No. HQ-PROJ011/144/2023-Proj-Part -3/6058	27.12.2024	11.02.2024

TIMELINES& DELIVERABLES:

- i. Pre-study preparation
(Developing Google forms, recruitment of research staff etc.): 2 months
- ii. Period for data collection: 12 months
- iii. Period for data analysis: 2 month

Current status: Completed

Summary of the project

This collaborative survey study was carried out to understand the healthcare seeking behaviour of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals. It was also aimed to serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals. Total 1368 participants were successfully surveyed during the study period of 1 year. Disease conditions are being identified on which clinical studies may be planned to evaluate the therapeutic efficacy of Ayurveda Interventions in their management.

D.) SURVEY STUDY

D1.) A Systematic survey of the Labeling Information of Ayurvedic Drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945.

Objectives:

Primary objective:

- To evaluate the labeling pattern of Classical Ayurvedic formulations marketed in India in compliance with Rule 161 of the D & C Act and Rule 1945.

Secondary objective:

- To improve the labeling practices implementation and Pharmacovigilance system.

Study Design: Classical Drug Survey Study of Labeling Information of Ayurvedic Classical as per NLEAM

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

Approved in 11th meeting of PEMC held on 28th March 2024 as per Council's Sanction Order No. 382/2024-25 File No HQ-PROJ011/70/2024-PROJ dated 18/07/2024

Duration of Study : 12 months

Participating centers along with PI:

S.No.	Name of the participating center	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma
2.	RARI, Lucknow	Dr. Anjali Parsad
3.	RARI, Trivandrum	Dr. Varsha Sumedhan
4.	CARI, Kolkata	Dr. Shakti Bhushan
5.	CARI, Mumbai (Nodal Institute)	Dr. Dattatray Dighe

Date of IEC approval: Project was appraised in IEC dated 7.11.2024 (As no active voluntary human participation involved in the study).

Date of initiation: 18.01.2025

Budget allocated: 49, 84,284 /-

S.No.	Name of the participating Institute	Amount sanctioned
1.	CARI, New Delhi	9,05,236/-
2.	RARI, Lucknow	9,24,784/-
3.	RARI, Trivandrum	8,98,344/-
4.	CARI, Kolkata	9,33,800/-
5.	CARI, Mumbai	13,22,120/-
	Total	49,84,284/-

Budget Expenditure:

Total sanctioned budget (per site)	Budget released till March 2025	Budget utilized till March 2025	Remaining budget in the project as per the sanction order	Any requirement for additional sanction (If so, provide amount and justification)
Rs. 9,05,236/-	Rs. 5,43,141/- Amount remitted to CCRAS, HQ Rs. 4,15,679/- (3,93,141 + 22,538)	Rs.1,27,462/-	Nil	NA
Total	Rs.1,27,462/-	Rs.1,27,462/-		

Current status:

1. An offline Delhi market survey was conducted. 639 medicines from various vendors were identified from the National List of Essential Ayurvedic Medicines (NLEAM), after comparative analysis as per availability and objective of the project, 369 classical medicines were allocated initially to CARI, New Delhi and out of 369 allocated medicines, 152 were procured.
2. In compliance with Rule 161 of the D & C Act and Rule 1945, Label capturing of procured Classical Ayurvedic formulations marketed in Delhi will be shortly initiated in April 2025.

E. OUTREACH ACTIVITIES

E1.) AMHCP Under SCSP 2024-25

Area wise statement of no. of visits, house surveyed, Population covered, patients treated during the reporting period)
 Number of Tours, Population Surveyed, Patients treated and Investigations done

Cluster No.	Area/Villages covered under pocket	No. of tours till date	No. of Houses Surveyed till date	Population Surveyed (SC) till date				Number of patients till date																				Grand Total	Investigations done till date
								New				Old				Total													
				SC		Other		SC		Other		SC				Other				Total									
				M	F	O	Total	M	F	O	Total	M	F	O	Total	M	F	O	Total	M	F	O	Total	M	F	O	Total		
Cluster 1	BURARI	39	64	126	115	0	241	171	290	0	3	3	0	183	551	0	1	7	0	354	841	0	1195	4	10	0	14	1209	2357
Cluster 2	MUKHARJEE NAGAR	55	64	126	114	0	240	164	314	0	23	24	0	78	263	0	17	10	0	242	577	0	819	40	34	0	74	893	2014
Cluster 3	SULTAN PURI-C	66	0	0	0	0	0	358	574	0	15	11	0	296	521	0	19	19	0	654	1095	0	1749	34	30	0	64	1813	3211
Cluster 4	SHAKUR PUR	50	0	0	0	0	0	150	214	0	13	15	0	135	204	0	4	3	0	285	418	0	703	17	18	0	35	738	1393
Total		210	128	252	229	0	481	843	1392	0	54	53	0	692	1539	0	41	39	0	1535	2931	0	4466	95	92	0	187	4653	8975

E2.)“Acceptability of the comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster randomized study”**Aims:**

- 1) To know about the impact of comprehensive Ayurveda-based health care approach (CABHA) on acceptability of Ayurveda as a health care modality in the specific community (assessed through change in perception and health-seeking behavior)
- 2) To know the clinical outcomes of the individualized Ayurveda health care approach (IAHA) among selected families (as a subset of the population in one of the identified clusters)

Objectives:

Primary – To assess the change in perception and health-seeking behavior of the community after the introduction of a comprehensive Ayurveda-based health care approach (CABHA) for six months

Secondary –

- 1) To assess the impact of CABHA on the quality of life of the participants in the community
- 2) To assess the impact of individualized Ayurveda health-care approach (IAHA) on the frequency of incidence of infectious and/or allergic diseases in the participants from the included families
- 3) To assess the impact of IAHA on the general well-being of the participants from the included families
- 4) To assess the impact of IAHA on the sleep quality of the participants from the included families
- 5) To assess the impact of IAHA on the oral health of the participants from the included families
- 6) To assess the impact of CABHA on the clinical outcomes of participants in the community
- 7) To assess the adherence of the participants to the CABHA

Methods –

Study design: Quasi-experimental study design (Mixed method including both qualitative and quantitative approach)

Study setting: Field study/ community based

Two pockets with at least 2500 scheduled castes population residing in each and having prominent demarcation in the most possible vicinity of the institute will be identified for

defining the two clusters in the study. To avoid any bias during the baseline survey, the recently surveyed (within last 4 years) areas shall be avoided during selection of the pocket.

Two more pockets will be identified for providing routine health-care services (weekly Outreach OPDs for treatment and awareness lectures, monthly health screening and awareness camps focussed on common NCDs). However, these areas/pockets will not be part of study-related plan. The total population of all the 4 clusters should not be less than 10000 at each study site.

Sampling Method: Systematic sampling

Randomization for Intervention: Cluster Randomized

Number of groups: Two (Clusters)

Group 1 – CABHA+IAHA

Group 2 – Only CABHA

Duration of intervention: 6 months

Duration of Survey:

Baseline Survey - 2 months (before intervention period) &

End-line Survey – 2 months (after intervention period)

Follow-Up: Every month for six months

Sample Size:

	Phase of study	Total Sample Size	Sample size at each center
i.	Survey	7200	480 (240 in each cluster)
ii.	IAHA	420	30 families (in Cluster-1 only)

Interventions:

Group-1:

1. Individualized Ayurveda Health care Approach (IAHA):

Holistic health care to each participating member in the included family will be given (appropriate dietary and lifestyle related advice and treatment in the scope of Ayurveda as per requirement). Behavior Change and Communication (BCC) modules for introducing Ayurveda-based dietary and lifestyle modifications shall be explained in detail to all the participating members. Apparently healthy adults will be encouraged to comply with all the advocacies provided through personal counseling. An Ayurveda Lifestyle advocacy kit may be

provided including *Dashan Sanskar Churna* for *Danta Dhavana*, *Trifala Churna* for *Gandusha* and *Tila Taila* for *Abhyanga*, *Anu Taila* for *Pratimarsha Nasya* as per requirement.

2. Comprehensive Ayurveda-based health care approach (CABHA):

- Ancillary health care through Ayurveda for health-related complaints through the out-reach OPDs
- Monthly camps for health screening, awareness regarding general health, healthy dietary and lifestyle modifications, nutrition, disease-wise counseling of dos and don'ts, etc.

Group - 2

1. Comprehensive Ayurveda-based health care approach (CABHA):

- Ancillary health care through Ayurveda for health-related complaints through the out-reach OPDs
- Monthly camps for health screening, awareness regarding general health, healthy dietary and lifestyle modifications, nutrition, disease-wise counseling of dos and don'ts, etc.

A. Eligibility criteria for survey:

- 1) Those who are willing to participate in the survey;
- 2) Those who are ≥ 18 years age and;
- 3) Those who are able to respond or communicate

B. Criteria for selection of families for the intervention IAHA in Cluster-1:

Inclusion Criteria:

- The families residing in the identified areas and consisting of at least 2 members and, at least one among them is aged ≥ 18 years
- And at least one adult member in the family is willing to participate in this study for the 6 months

Exclusion Criteria:

- The families those are planning to move out of the identified area during the study period.
 - Families whose members cannot dedicate any suitable time for the activities involved in this study (personal interview and counseling)
- Head of the family does not consent for participation of any member.

Methodology:

- Repeated cross-sectional surveys will be conducted in both the clusters to know the perception, health seeking behaviour (HSB), and acceptability of the comprehensive

- Ayurveda-based health care (CABHA), and status of quality of life before and after the intervention is introduced in the community.
- The sample size for each of these surveys will be 240 individuals in each of the two clusters at each study centre. The voter's list of the identified area will be considered as the sampling frame and the sample for survey will be selected through Systematic sampling method for the baseline survey. The same sample will be surveyed after the intervention period.
 - The utilization of Ayurveda-based health-care services will also be enquired during the end-line survey. The surveyed population will be specifically motivated to use the Ayurveda-based services throughout the study duration.
 - A survey questionnaire will be developed to assess the level of perception about Ayurveda, prevalent health issues and trends in HSB, acceptance of CABHA, Socio-economic status (SES) (modified B G Prasad Classification published for October 2023 will be used to categorise the SES based on the total monthly income of the family), demographic characters and quality of life of the participant. Pilot testing and validation of this questionnaire will be done during the preparatory period. The survey in each cluster will be completed in one month.
 - For intervention in the Cluster-1, total 30 families shall be included for this activity at each study centre. The list of households willing to participate in the IAHA activity of the program shall be prepared from the baseline survey. This list will be sent for random selection for further screening for this activity. If adequate numbers of willing households are not found then, all of them shall be screened.
 - The BCC modules for introducing Ayurveda-based dietary and lifestyle modifications shall be prepared in various formats like audio-visual, graphical and pictorial materials in the regional languages, during the preparatory phase of this study.
 - For the holistic health care a list of commonly occurring disease conditions shall be prepared from the previous monographs/annual reports of the projects. Standard treatment guidelines for those diseases shall also be prepared based on the study setting and feasibility of the program.
 - Similarly a list of standard/validated but simple tools shall be prepared to assess the patient reported outcomes after the holistic health care in the community.

- Follow-up of the participating family members for outcome assessment in the Cluster-1 shall be done on monthly basis for 6 months.

Outcome Measures:

Primary: Any change in perception & health-seeking behavior of the selected population after introduction of the CABHA (*to be assessed through a questionnaire administered among the randomly selected sample for survey in two clusters, before and after the interventions in the community*)

Secondary:

- 1) Any change in the score of quality of life (SF-12) of the surveyed participants (including selected families) (*to be assessed during baseline & end-line surveys*)
- 2) Any change in the score of Immune Status Questionnaire (ISQ) in the participants from the included families (*to be assessed at baseline, 90th day & 180th day*)
- 3) Any change in WHO-5 Wellbeing Index score of the participants from the included families (*to be assessed at baseline, 30th day, 60th, 90th, 120th, 150th & 180th day*)
- 4) Any change in the score of Global Sleep Assessment Questionnaire (GSAQ) of the participants from the included families (*to be assessed at baseline, 90th day & 180th day*)
- 5) Any change in the Oral Health Assessment Tool (OHAT) score of the participants from the included families (*to be assessed at baseline, 90th day & 180th day*)
- 6) Any change in the scores of diseases specific patient reported outcomes of the participants in the community (including selected families) (*Acute conditions: to be assessed at baseline, and as per the course of disease; Chronic conditions: to be assessed at baseline, 30th day, 60th, 90th, 120th, 150th & 180th day*)
- 7) Proportion of participants adhering ($\geq 70\%$) to the Ayurveda advocacy and/or treatment throughout the duration of intervention (*to be assessed at baseline, 30th day, 60th, 90th, 120th, 150th & 180th day*)
- 8) Trend in rise of OPD attendance in the outreach OPDs during the intervention period (6 months)

Post-stratification subgroup analysis will be done to assess of the effect of interventions on the health related parameters of healthy and diseases sufferers; male and female; on different age range people; different group of disease conditions (e.g. painful conditions, digestive system disorders, respiratory system disorders etc.) may also be done. Regression analysis to explore

possible associations e.g. trend of treatment adherence of the people suffering with NCDs or chronic diseases versus other individuals.

Timeline:

1. Preparatory activities: 01 month

(Staff recruitment, training, survey questionnaire validation, Medicine procurement, Standard treatment guideline preparation, CRF preparation, information regarding sampling frame for surveys, BCC module preparation and translations)

Baseline survey : 02 months

(Pre-intervention Survey in Cluster-1 & 2)

Intervention : 06 months

(Outreach OPDs for ancillary health care and Awareness programs in both groups and, in the trial group family focussed activity as described above)

Endline survey : 02 months

(Post-intervention Survey in Cluster-1 & 2)

Data Analysis and report writing: 01 month

(Data cleaning, Preparing annual report, Data analysis, manuscript drafting)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. HQ-PROJ013/1/24-PROJ/63), DATED 25.04.2024

Duration of Study: 1 year

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay)

Date of IEC approval: 02.07.2024

Date of initiation: 03.05.2024

S.No.	Name of the participating centre	Date of initiation
1.	CARI, New Delhi	03.05.2024

CTRI Registration/Reference (for clinical trials) : NA

Budget allocated: F.N. HQ-PROJ013/1/2024-Proj/63 DATED 25.04.2024

Sanctioned amount-36,98,000/-(Thirty six lakh eight thousand only) for 1 year

Revised estimate-35,78,000/- (F.N. HQ-PROJ013(11)/7/23-PROJ/8380), dated 08.03.24

Instalment wise release

1st installment	924500/-	F.NO. HQ-PROJ013/1/2024-proj/470	30.04.2024
2nd installment	617000	F.NO. HQ-PROJ013/1/2024-proj/3066	08.08.2024
3 rd installment	307500/-	F.NO. HQ-PROJ013/1/2024-proj/4218	08.10.2024

4rd installment	924500/-	F.NO. HQ-PROJ013/1/2024-proj/5000	12.11.2024
5th installment	871748/-	F.NO. HQ-PROJ013/1/2024-proj/7381	27.02.2025
Additional	210000/-	F.NO. HQ-PROJ013/1/2025-proj/8137	20.03.2025
Additional	839/- From Hq budget	F.NO. HQ-PROJ013/1/2024-proj/8505	29.03.2025

Current status: COMPLETED

S.No.	Particulars	Consolidated data of the study
1.	Durations of the study	1 year
2.	Villages covered	4
3.	Visits made	210
4.	Population covered	3892
5.	No. of patients treated	4653
6.	No. of Investigations done	8975

Summary of project:

The study was conducted after obtaining the approval of Institutional Ethics Committee. One Research Officer (Ay.) of the Institute monitored the work under the supervision of the Institute In-charge and a separate nameplate was affixed in the space allocated for this purpose within the institute. This SCSP Unit conducted tours and extended health care services, documented information from time to time.

The following SC population-dominated areas (within convenient distance) were selected by the Central Ayurvedic Research Institute for Cardiovascular Diseases, functioning under Central Council for Research in Ayurvedic Sciences: -

1. Burari -Cluster 1 (CABHA+ IAHA)
2. Mukharjee nagar – Cluster 2 (CABHA)
3. Sultanpuri - Cluster 3 (ONLY HEALTH CARE SERVICES)
4. Shakurpur - Cluster 4 (ONLY HEALTH CARE SERVICES)

The above-mentioned objectives were propagated in each of the areas.

Under this program, the team of CARI, New Delhi, collected different data as per format and also distributed free medicines in different illnesses. The laboratory investigations were also done like Hb%, FBS, PPBS with free of cost for screening of HTN, DM/Anemia/Malnutrition in adults and children belongs to SC community. During the study period from 03.05.24-21.03.25, the team covered 4653 populations in 210 visits out of which 4466 patients belongs to SC and 187 were other. There were RCC/Pukka Houses in all covered areas. Majority of the houses were equipped with electricity & cooking gas, people used to take wheat, rice & pulses. People used to speak Hindi. Nearby Govt. Hospital for health care services and Govt. School for education was available in each area.

The team put their efforts by distributing IEC material among the masses in Hindi to make people aware of preventive measures for diseases and propagation of ayurvedic concept of Pathy-Apathya. It was found that most of the prevailing diseases responded to the Ayurvedic treatment. Awareness lectures were also conducted by Principal investigator and Co-investigator on maintaining hygiene, diet, lifestyle and immunization on time to time.

Relevant information, if any

F. Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

The Ministry of AYUSH has introduced a new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is to develop a culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani, and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral Pharmacovigilance Centres (PPvCCs). A total of 230 misleading advertisements and 15 ADR have been detected from April 2024 to March 2025 and sent to Intermediary Pharmacovigilance Centers (IPvCCs), NIA, Jaipur, and the Drug Controller of Ayush, Delhi State.

1. Organized two-day National seminar on "Fostering patient safety: Role of diagnostic practices in Ayush" organized by Pharmacovigilance team, CARI, New Delhi at India International Centre, New Delhi on 19.09.2024 and Coordinator received Appreciation Award from DG, CCRAS and Prof. Bejon Kumar Mishra, former advisor, govt of Odissa for successfully coordination of program.
2. Organized Pharmacovigilance awareness programme under Pharmacovigilance of ASU & H Drugs on 16.10.2024 at Tibbia College & Hospital, Karol bagh, New Delhi
3. The Coordinator and JRF (Ay.) have attended a total of 9 webinars in the year 2024-25.
4. The CARI, New Delhi PPvC center, organized meetings with hospital staff to raise awareness of ADRs and other important aspects of pharmacovigilance from time to time.
5. Pharmacovigilance Awareness lectures were given to OPD patients and their relatives and IEC material was also distributed throughout the year.
6. Two Suggestion boxes with an ADR form are placed at the OPD and IPD areas for patients.
7. In the year 2024-25, Pharmacovigilance awareness plates are placed at the OPD area for awareness.

Misleading Advertisements and ADR reported in 2024-25

Month	Status of misleading Advertisement(detected)	Suspected reaction	Adverse drug
April 2024	24		1
May 2024	22		2
June 2024	16		1
July 2024	14		3
August 2024	17		0
September 2024	13		0
October 2024	19		2
November 2024	21		1
December 2024	22		2
January 2025	41		1
February 2025	21		0
March 2025	13		2
Total	230		15

G. Literary Study

G1.) Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services.

1. Objectives:

a) Primary objective:

1. To prepare a comprehensive document on "Entrepreneurship in Ayush."

b) Secondary Objective:

1. To analyze and develop a basic understanding of entrepreneurship opportunities in various domains of Ayush.
2. To develop comprehensive data analysis on the Ayush Industry in the following aspects
 - Understanding Business models of Ayush (Technology, Product and Services)
 - Human capital and resources requirement
 - The innovation component of Technology, Products and Services in Ayush
 - Financial and investment opportunities in Ayush industries
 - Market development for Ayush products and services
3. To assess the Ayush Technology, Products and Services regulatory approval and compliance process.
4. To explore the opportunities and development of new markets for Ayush Technology, Products and Services.
5. To assess the Ethical Issues for Ayush Industries

2. **Approval of IMR-PEMC, Annual Action Plan, RFD, etc. along with date:**
HQ-PROJ011/163/2023-PROJ, Office No./71/2024-25, Dt: 29.04.2024

3. **Duration of Study: 24 months**

4. **Nature of Document /Publication (Book, Manuscript, Bibliography etc.):**
Book/Manual

5. **Participating center along with PI:**

S.No.	Name of the participating center	Name of PI
1.	School of Biotechnology, Jawaharlal Nehru University, New Delhi 110067	Dr. Hemant R. Kushwaha Prof. Rupesh Chaturvedi

6. **Date of initiation:**

S.No.	Name of the participating centre	Date of initiation*
1.	School of Biotechnology, Jawaharlal Nehru University, New Delhi 110067	01.07.2024

7. **Budget allocated: Rs. 1,98,00,764.00/- (1,00,86,632.00 + 97,34,132.00)**

8. **Installment wise release**

S.No.	Installment	UTR details	Amount	Date	Date of receipt of fund
1.	1 st	DEP TFR NEFT*RBIS0PFMS01* RBI1792441616339* Central Ayurved 0097248044304 AT 10441 JNU, NEW CAMPUS	10,86,632.00	26.06.24	26.06.24
		DEP TFR NEFT*RBIS0PFMS01* RBI1792441616458* Central Ayurved 0098197044302 AT 10441 JNU, NEW CAMPUS	90,00,000.00	26.06.24	26.06.24

9. Chronological timeline & deliverables

S.No.	Target For	Timeline	Achieved/ Not achieved	Causes of deviation, if any
1.	Identification and invitation to the experts	0-04 months	Achieved	-
2.	Data collection, compilation and analysis	05-16 months	Going on	-
3.	Arrangement of Chapters	17-19 months	2 nd year	-
4.	Final Editing	20-22 months	2 nd year	-
5.	Design and publication	22-24 months	2 nd year	-

10. Summary of the Work done:

This work focused on generating a comprehensive document on various aspects required to establish entrepreneurship in the Ayush Industry, especially emphasizing management and commercialization principles in AYUSH products and services. The ongoing objectives include the development of an LLM-Based AI Generative Tool for AYUSH Information, designed to assist AYUSH entrepreneurs by leveraging AI for insights, strategies, and market solutions. This involves data collection through web scraping and user interactions and preprocessing and structuring for training using Ollama, an advanced AI framework. Challenges such as data inconsistencies and limited specialized datasets are addressed through data validation. Additionally, a website is also under development which will be showcasing as a structured knowledge platform for AYUSH entrepreneurship, covering market trends, business strategies, regulatory compliance, branding, digital outreach, and e-commerce.

Various dedicated article and chapter writing sections are being prepared. The first chapter explores the history and significance of AYUSH (Ayurveda, Yoga, Unani, Siddha, Homeopathy) in holistic healthcare, discussing its economic contributions, government support, and startup ecosystem, including initiatives like incubation centers and export promotion councils. The principles of AYUSH treatments are analyzed, focusing on diagnostic methods, treatment protocols, and drug classifications, particularly within Siddha medicine,

which is based on balancing three humors and five elements. Another section examines the journey of an AYUSH product from patent to commercialization, covering intellectual property rights (IPR), regulatory approvals, patent filing procedures, licensing, and market entry strategies. The document will also include a patent landscape analysis, highlighting AYUSH's patent distribution across India and globally, showcasing increased international interest in AYUSH products. The business aspect will further explore by analyzing various business models, such as freemium, insurance, open innovation, and unbundled models, emphasizing sustainability and scalability within the AYUSH sector. The next chapter explains the Business Model Canvas as a tool for strategic planning and execution in healthcare and AYUSH-related industries.

Additionally, in one of the section Good Manufacturing Practices (GMP) in Ayurveda are discussed, focusing on quality control, compliance, certification, and best practices to ensure the credibility and safety of AYUSH products. The further section emphasizes the integration of AYUSH with modern healthcare systems, exploring synergies between traditional and contemporary medicine while addressing investment opportunities, policy recommendations, and global expansion strategies. It also delves into supply chain optimization, intellectual property frameworks, and commercialization pathways for AYUSH-based innovations, ensuring sustainability and market viability. With a focus on innovation, AI-driven insights, and structured entrepreneurship support, the complete document will serve as a comprehensive resource for researchers, entrepreneurs, policymakers, and stakeholders in the AYUSH industry. By aligning AI technology, business strategies, regulatory frameworks, and market insights, the final document aims to propel sustainable growth, investment attraction, and global outreach of AYUSH practices, fostering an ecosystem promoting holistic healthcare, economic development, and scientific advancements.

11. Relevant information, if any

The document also details upon various visits and surveys for analyzing AYUSH-based pharma companies' to understand the strategic and logistic approaches and public perceptions of traditional medicine. Till now, four pharma companies in Uttar Pradesh were interviewed and rated based on their performance. Survey questionnaires were designed for ayurveda practitioners, customers, traditional Vaidyas, and manufacturers. During the World Ayurveda Congress 2024 organized in Dehradun, a compilation of visited pharma companies was made. A survey at the Prayagraj Kumbh Mela found that youth are increasingly adopting AYUSH practices for a healthier lifestyle. In Jammu and Kashmir, visits to Ayurvedic and Unani medical facilities highlighted that Jammu residents integrate Ayurveda with modern medicine, while Kashmiris rely on Unani treatments. A survey in Pampore explored Saffron's role in AYUSH formulations. Other visits and surveys are going on. These findings underscore the growing acceptance and regional preferences for traditional healthcare systems.

G2.) Projects on “Documentation of Life Profiles of Luminaries in the field of Ayurveda”.**Sanction Order No. : HQ-PROJ011/92/2024-PROJ/3961 dated 25.09.2024****1. Life Profile of Ayurveda Luminary -Prof. PNV Kurup (Literary Study)**

Dr. Rajput Shivshankar, R.O (Ay)

Dr. Shweta Mata, R.O (Ay)

2. Life Profile of Ayurveda Luminary- Vd. Tarachand Sharma (Literary Study)

Dr. Shweta Mata, R.O (Ay)

Dr. Rajput Shivshankar, R.O (Ay)

Dr. Kuldeep, R.O (Ay)

3. Life Profile of Ayurveda Luminary -Dr. H.M. Chandola (Literary Study)

Dr. Shaizi Layeeq, R.O. (Ay.)

Dr. Renu Rani, R.O. (Ay.)

Current Status:Draft manuscripts are prepared and submitted to CCRAS, Hqrs**Any relevant information, if any:**NIL

H.**PROJECTS IN PIPELINE**

1. Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single-arm multi-centric study "
2. To develop minimum standard requirements to practice Kriyakalpa in a Hospital/Clinical set-up
3. "A Clinical Consensus study for the development of Standard Operating procedure and practice guidelines for Anjana Karma with a Feasibility study in Immature Cataract"
4. Randomized controlled trial to evaluate the efficacy of *Classical Ayurveda Interventions* in *Amavata* (Rheumatoid Arthritis)
5. Comparative clinical evaluation of Arsh Kuthar rasa and Bol Prarpati/Bolbhdra rasa versus Turnexamic acid in the management of Bleeding Piles- A randomized controlled clinical trial
6. A Randomized Double Blind Placebo control study of Ayush-A as an add-on to the standard care for the management of mild to moderate chronic obstructive pulmonary disease (COPD).
7. A Randomized Controlled Clinical Trial to Evaluate the Efficacy of Vynosadi Guggulu in the Management of Medoroga (Dyslipidemia)"
8. Efficacy of Ayurveda interventions in the management of Menopausal symptoms (Rajonivriti janya lakshan)- A randomized controlled trial
9. Comparative clinical evaluation of Madhutailika basti prepared manually and by automated bastiyantra
10. Effectiveness of Ayurveda interventions to improve quality of life and well-being in older adults- a multicenter clinical study
11. Morbidity and Health-seeking behavior of patients receiving Ayurveda along with conventional medicine in NCDs at Department of Integrated Medicine, Lady Hardinge Hospital: A cross-sectional study

(ii) Brief progress Report

Laboratory - Bio chemistry, Pathology & X-Ray
Pathological, Bio-Chemical and Radiological Investigations:

Statement of OPD/IPD Patients VISIT TO LAB**1. Table showing No. of patients visited to lab at OPD level**

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	2597	3298	5895
2	Biochemical Investigations	6556	5784	12340
Total		9153	9082	18235

2. Table showing No. of Pathological and Bio-Chemical Investigation done at OPD level

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	361	467	828
2	T.L.C	361	459	820
3	D.L.C	361	459	820
4	E.S.R	364	461	825
5	R.B.C	306	391	697
6	P.C.V	306	391	697
7	PLT	306	391	697
8	MP	3	2	5
9	ACE	9	9	18
10	B.T./C.T	31	40	71
11	R.A. Factor	0	0	0
12	CRP	0	0	0
13	VDRL	0	0	0
14	Urine Routine/Microscopy	75	54	129
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0
17	Sputum for AFB	0	0	0
18	NSI	0	0	0
19	IgM	0	0	0
20	IgG	0	0	0
21	Chikanguniya (IgM)	0	0	0
22	MCV	9	23	32
23	MCH	9	23	32
24	MCHC	9	23	32
25	HIV I&II	29	35	64
26	HCV	29	35	64
27	HbsAg	29	35	64
28	Blood Sugar	446	294	740
29	Total Cholesterol	235	206	441
30	Serum Triglyceride	235	206	441
31	H.D.L. Cholesterol	235	206	441
32	L.D.L. Cholesterol	235	206	441
33	V.L.D.L. Cholesterol	235	206	441

34	Serum Total Billiurubin	367	345	712
35	Direct Billiurubin	367	345	712
36	Indirect Billiurubin	367	345	712
37	Blood Urea	321	320	641
38	Serum Creatinine	337	322	659
39	Serum Uric Acid	299	286	585
40	S.G.O.T	381	344	725
41	S.G.P.T	381	344	725
42	Alkaline Phosphatase	372	341	713
43	Calcium	84	58	142
44	S.Protien	356	301	657
45	S.Albumin	356	301	657
46	S.Globulin	356	301	657
47	C/H	235	206	441
48	AG Ratio	356	301	657
49	HbA1C	0	0	0
50	RA Qualitative	0	0	0
51	CRP Qualitative	0	0	0
Total		9153	9082	18235

1. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	235	284	519
2	Biochemical Investigations	752	554	1306
Total		987	838	1825

2. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	31	37	68
2	T.L.C	31	37	68
3	D.L.C	31	37	68
4	E.S.R	32	39	71
5	R.B.C	31	37	68
6	P.C.V	31	37	68
7	PLT	31	37	68
8	MP	0	0	0
9	ACE	1	1	2
10	B.T./C.T	0	1	1
11	R.A. Factor	0	0	0
12	CRP	0	0	0
13	VDRL	0	0	0
14	Urine Routine/Microscopy	13	18	31
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0
17	Sputum for AFB	0	0	0
18	NS1	0	0	0
19	IgM	0	0	0
20	IgG	0	0	0
21	Chikanguniya (IgM)	0	0	0
22	MCV	1	1	2

23	MCH	1	1	2
24	MCHC	1	1	2
25	HIV I&II	0	0	0
26	HCV	0	0	0
27	HbsAg	0	0	0
28	Blood Sugar	58	91	149
29	Total Cholesterol	38	26	64
30	Serum Triglyceride	38	26	64
31	H.D.L. Cholesterol	38	26	64
32	L.D.L. Cholesterol	38	26	64
33	V.L.D.L. Cholesterol	38	26	64
34	Serum Total Billiurubin	35	21	56
35	Direct Billiurubin	35	21	56
36	Indirect Billiurubin	35	21	56
37	Blood Urea	43	32	75
38	Serum Creatinine	39	31	70
39	Serum Uric Acid	37	31	68
40	S.G.O.T	35	22	57
41	S.G.P.T	35	22	57
42	Alkaline Phosphatase	37	21	58
43	Calcium	3	1	4
44	S.Protien	33	21	54
45	S.Albumin	33	21	54
46	S.Globulin	33	21	54
47	C/H	38	26	64
48	AG Ratio	33	21	54
49	HbA1C	0	0	0
50	RA Qualitative	0	0	0
51	CRP Qualitative	0	0	0
Total		987	838	1825

3. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	725	445	1170
2	Biochemical Investigations	2206	1352	3558
Total		2931	1797	4728

4. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	99	61	160
2	T.L.C	99	59	158
3	D.L.C	99	59	158
4	E.S.R	99	60	159
5	R.B.C	97	59	156
6	P.C.V	97	59	156
7	PLT	97	59	156

8	MP	0	0	0
9	ACE	2	3	5
10	B.T./C.T	2	0	2
11	R.A. Factor	0	0	0
12	CRP	0	0	0
13	VDRL	0	0	0
14	Urine Routine/Microscopy	22	8	30
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0
17	Sputum for AFB	0	0	0
18	NS1	0	0	0
19	IgM	0	0	0
20	IgG	0	0	0
21	Chikanguniya (IgM)	0	0	0
22	MCV	4	6	10
23	MCH	4	6	10
24	MCHC	4	6	10
25	HIV I&II	0	0	0
26	HCV	0	0	0
27	HbsAg	0	0	0
28	Blood Sugar	215	147	362
29	Total Cholesterol	97	66	163
30	Serum Triglyceride	97	66	163
31	H.D.L. Cholesterol	97	66	163
32	L.D.L. Cholesterol	97	66	163
33	V.L.D.L. Cholesterol	97	66	163
34	Serum Total Billiurubin	103	57	160
35	Direct Billiurubin	103	57	160
36	Indirect Billiurubin	103	57	160
37	Blood Urea	114	68	182
38	Serum Creatinine	117	67	184
39	Serum Uric Acid	118	67	185
40	S.G.O.T	107	61	168
41	S.G.P.T	107	61	168
42	Alkaline Phosphatase	103	57	160
43	Calcium	22	21	43
44	S.Protien	103	59	162
45	S.Albumin	103	59	162
46	S.Globulin	103	59	162
47	C/H	97	66	163
48	AG Ratio	103	59	162
49	HbA1C	0	0	0
50	RA Qualitative	0	0	0
51	CRP Qualitative	0	0	0
Total		2931	1797	4728

5. Radiology Section: No. of X-rays done from April 2024 to March 2025

Sex	OPD/IPD	Chest	Abdomen	Spine	Skull/PNS	Upper extremities	Lower extremities	Pelvis/ extremities	Total
M	OPD	38	0	34	4	5	73	2	156
	Geriatric	9	0	12	1	2	37	0	61
M	IPD	0	0	8	0	1	6	0	15
F	OPD	21	0	55	3	10	110	2	201
	Geriatric	1	0	18	2	4	42	1	68
F	IPD	2	0	18	1	0	14	0	35
Total		71	0	145	11	22	282	5	536

6. 7(iii) Hospital Status :

- OPD : 10 special and 02 general OPD
Special OPD viz: Geriatric, Ksharsutra, Leech, Arthritis clinic, Eye clinic, Preventive Cardiology clinic, ENT OPD, Panchakarma, Bal roga
- IPD : 40 beds (available)

7.7. (iv) PHARMACY AS PER FORMAT GIVEN BELOW:

S.NO	NAME OF THE TRIAL & GEN. MEDICINE	QTY. PREPARED	QTY. SUPPLIED TO OTHER INSTT./CENTRE/UNIT OF THE COUNCIL	QTY. USED IN OWN OPD/IPD ETC.	BALANCE	REMARKS
1	NIL	NIL	NIL	NIL	NIL	NIL

DETAIL OF THE MEDICINES PURCHASED DURING REPORTING YEAR: 2023-24

S. NO.	Name of Firm	Cost of Medicines (in Rupees)	Amount Paid (in Rupees)	Bill Pending if Any	Head
1	IMPCL	2,59,26,946.00	2,42,32,152.00	16,94,794.00 (IMPCL)	CARI (RA)
2	Oushadhi	3,32,404.00	3,32,404.00		
Total Rs		2,62,59,350.00	2,45,64,556.00		

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr. RML hospital, Supreme Court, Safdarjung Hospital, Press Club of India, JNU, and Ayush Wellness Clinic, President Estate, New Delhi.

7 (v) Condition of major equipment lying in the institute up to previous year

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	Vashpa Swedana Yantra	Panchakarma section	2004	Not working	-
2.	Vidhuyta Swedan Yantra	-do-	2001	Not working	-
3.	Droni (fiber)	-do-	2001	working	-
4.	Droni (fiber)	-do-	2001	working	-
5.	Nadi Swedana Yantra	-do-	2004	Not working	-
6.	Droni (massage table)	-do-	Oct 2010	working	-
7.	Geysers (02).	-do-	Oct 2010	working	-
8.	Shoulder wheel	Physiotherapy Section	1999	working	-
9.	Quadricestable	-do-	1999	working	-
10.	Static cycle	-do-	2001	working	-
11.	Traction unit	-do-	2001	Not working	-
12.	Ultra sound unit	-do-	2001	Not working	-
13.	T.E.N. Machine	-do-	2002	working	-
14.	Hydro collator	-do-	Oct 2010	working	-
15.	Wax bath	-do-	Oct 2010	working	-
16.	Tread mill	-do-	Oct 2010	working	-
17.	Interferential Therapy unit (IFT)	-do-	Oct 2010	working	-
18.	B. Microscope	-do-	2005	Working	-
19.	Refrigerator	-do-	2006	Not working	-
20.	Cell counter (automated)	-do-	2008	Working	-
21.	Automated Urine Analyzer Uro-Dipcheck TM300	-do-	March, 2011	Not working	-
22.	Clinical Chemistry Analyzer EM-200	-do-	March, 2011	Not working	-
23.	Multi Utility Printer	Office use	2011	Working	-
24.	Glucose Analyzer (2)	SRP/SCSP Project	-do-	-do-	
25.	Abhyang Table (2)	-do-	-do-	-do-	
26.	Shirodhara yantra (2)	-do-	-do-	-do-	
27.	Nasya Peeth (2)	-do-	-do-	-do-	
28.	Nadi Swedan Yantra (2)	-do-	-do-	-do-	
29.	Steam Generator (2)	-do-	-do-	-do-	
30.	Vasti Yantra (2)	-do-	-do-	-do-	
31.	Almira (Glass Door) (5)	For IPD dispensary	17.11.15	-do-	
32.	Ex Table/Chair (1+1)	For Dr. Seema Jain	17.11.15	-do-	
33.	Glucometer (1)	-do-	-do-	working	
34.	B.P. Aparat Mercury (1)	-do-	-do-	-do-	
35.	A.C. 1.5 Ton (2) stabilizer	OPD	-do-	-do-	
36.	A.C. (2 Ton) (1)	Director Chamber	01.10.15	-do-	
37.	A.C. (1.5 Ton) 01	Admn. Section	05.10.15	-do-	
38.	Panasonic EAPBX System (01)	Director's (P.A.) Room	17.09.15	-do-	
39.	Exide Inverter (01)	IPD ward	20.07.15	-do-	
40.	B.P. Aparatus (Digital) (2)	President Estate AWC unit	21.07.15	Not working	
41.	Height Measuring Scale (02)	-do-	-do-	-do-	

42.	Weighing Machine(02)	-do-	-do-	-do-	
43.	X-Ray viewing Box(02)	-do-	-do-	-do-	
44.	HotPlate (Electric)(2)	-do-	-do-	-do-	
45.	B.P.Aparatus (Digital) (03)	IPD	02.07.15	-do-	
46.	Height measuring scale(01)	-do-	-do-	-do-	
47.	Weighing Machine(02)	-do-	-do-	-do-	
48.	Window AC(02 Ton) (3)	Path/Bio/Leech section	19.06.15	-do-	
49.	R.O. (02)	IPD	20.05.15	-do-	
50.	Water Cooler (120ltr) (01)	Admn.Section	20.04.15	-do-	
51.	R.O.(45-50ltr) (01)	-do-	-do-	-do-	
52.	Almira (01)	O.A.Knee Project	04.04.15	-do-	
53.	Hydraulic OT Table	OT(ksharsutra)	22.11.16	Working	
54.	Signboard (CARI Gate)	Display	21.02.17	Working	
55.	Weighing machine	OPD	09.06.16	Working	
56.	Scorpio vehicle(Jeep)	SCSP project	28.11.16	Working	
57.	Bio-Matric Attendance System	CARI staff/officers	07.06.16	Not Working	Received from HQ office
58.	High backchair (15Nos)	For officers	23.02.17	Working	
59.	Visitor chairs		23.02.17	Working	
60.	Office table(13Nos)	For officers	06.03.17	Working	
61.	AC1.5 ton window (03)	Doctorcabin(02) Accounts(01)	06.08.16	Working	
62.	Stabilizer(03)	ForAcs	18.11.16	Working	
63.	AC1.5 ton window (01)	Generalstore(01)	18.11.16	Working	
64.	AC1.5 ton split (02)	Admnsec	18.11.16	Working	
65.	Wallfan(02)	SRP/SCSPproject	31.05.16	Working	
66.	Fan(03)	PARoom /OPDCounter	05.08.16	Working	
67.	Fan(05)	Conference hall/estt	30.03.17	Working	
68.	Pedestal fan(01)	Guardroom	21.04.16	Working	
69.	Printer	CVSproject	15.10.16	Working	
70.	Printer	Hindisection	27.08.16	Working	
71.	Weight machineCount Scale 10 Kg	I.P.D	03.08.2017	Working	
72.	Weight machineCount Scale 05 Kg	Pharmacy	22.08.2017	Working	
73.	Tubs(G.I.steel)	Washerman	28.10.2017	Working	
74.	Usha Mixer Grader 03JAR	Pharmacy	01.01.2018	Working	
75.	Cooler18'',15''	IPD,SecurityRoom, Panchakarma,	26.05.2018	Working	
76.	Drill Machine	ElectricityWork	15.10.2018	Working	
77.	Room Heater	Institute	21.12.2018	Working	
78.	Exhaust Fan	O.P.D,Eye	26.12.2018	Working	
79.	Patients Stool SS	I.P.DDept	10.12.2018	Working	
80.	Patient Wetting Chair	OPD/IPD	19.12.2018	Working	
81.	Computer	Doctors	18.12.2018	Working	
82.	Mattress with covers	IPDBed	24.12.2018	Working	
83.	Bed Side Locker	IPD	04.01.2019	Working	
84.	CR System	X-Ray	16.01.2019	Working	
85.	Patient Bed (Semifold)	IPD	26.03.2019	Working	
86.	L.PG.Stove(01)	Kitchen	330,24-5-19	Working	
87.	Revolving chair (G) (30)	Conference Room	408,21/6/19	Working	
88.	Air Condition 1.5tan (W) (01)	ConferenceRoom	0356,1/7/19	Working	

89.	Split Air Condition 1.5 Ton, Model 183vczt (01)	ENTSection	1135,19/6/19	Working	
90.	Pressure cooker10Ltr. Hawkins(02)	Kitchen	453,18/7/19	Working	
91.	Fully Bio-Chemistry Analyzer (EB-200)(01)	ChemistryLab	1458,24/7/19	Working	
92.	Wheel Chair(02)	OPD/IPD	706, 01/8/19	Working	
93.	Food Trolleys(02)	IPD	230,10/8/19	Working	
94.	Elite 5805-partcellcounter Hematology Analyser(01)	Chemistry Lab	1591, 1/8/19	Working	
95.	Computer (Institute) (06)	Institute/Projects	230,10/8/19	Working	
96.	Meeting Table(01)	Conference Room	134, 13/7/19	Working	
97.	Desk seating (10)	Panchkarma	530, 3/9/19	Working	
98.	Multifunction Printer (institute) (2Pc.)	Director Chamber/ AYUSH SR Projects	52 ,11/10/19	Working	
99.	Laser Printer(3Pc.)	Institute	071,28/9/19	Working	
100.	RO water Purification System (50Ltr.)(1Pc.)	IPD	41, 24/10/19	Working	
101.	BPE 05KVA OnLine UPSPB1105L10 (01)	ChemistryLab	131,26/09/19	Working	
102.	Shoe Rack(01)	Ksharsutra	0054,2/11/19	Working	
103.	Wall Fan(02)	OPD/Gyne OPD	1140,25/02/20	Working	
104.	Canon IRADV4545 (set) (01)	Institute	RI/1920/207,9/03/2020	Working	
105.	Three Seat Steel Chair (05)	Institute	238. 9/03/2020	Working	
106.	Steel Almirah (10)	Institute	20-19/07 2020/03/18	Working	
107.	Computer(05)	A-HMIS	APS270, 13/02/2020	Working	
108.	Vartical Steam Sterlizer (01)	Ksharsutra	2300 2020/3/30	Working	
109.	Door 4Book Cases(16)	Library	202/03/0027, 300	Working	
110.	High Vacuum Suction0.5(01pc)	I.P.D	718/2021, 16/2/2020	Working	
111.	HP Inter corei5 Computer (03pcs)	Doctors	812/2021, 12/3/2021	Working	
112.	Desktop USB Camera (02pcs)	Director Chamber/ Tech Cell	813/2020-21, 12/3/2021	Working	
113.	Steel Almirah (05pcs)	Doctor/IPD/ Admn	829/2020-21, 19/03/2021	Working	
114.	Luminous UPS (10pcs)	Doctors	830/2020-21, 19/3/2021	Working	
115.	Window AC 1.5 Ton (02pcs)	Doctor/Library	869/2020-21, 27/3/2021	Working	
116.	Oxygen Concentrator (01pc)	IPD	884/2021-21, 30/3/2021	Working	
117.	Llody1.0 tonsplit AC (03pcs)	Doctors	891/2020-21, 27/3/2021	Working	
118.	Officer Table	Doctors	863/2020-21, 24/03/2021	Working	
119.	Mounting WallFan750mm (04pc)	IPD/Ksharasutra	125, 16/9/21	Working	
120.	Exercise Band (1set)	Physiotherapy	679,8/12/21	Working	

121.	UPS (15pc)	Institute	221,11/12/21	Working	
122.	Induction Heater (2pc)	Panchkarma	1925,6/12/21	Working	
123.	Gas Stove(1pc)	Panchkarma	642,1/12/21	Working	
124.	PASpeaker (1pc)	Institute	732,10/12/21	Working	
125.	Usha Heater 25Ltrs.(1pc)	IPD	244,14/12/21	Working	
126.	Computer (4pc)	A/C,Physio,Doctors, Lab	31767, 14/12/21	Working	
127.	3 Seater Chairs(30pc)	OPD/Ksharasutra	266, 22/12/21	Working	
128.	Usha 150Ltrs WaterCooler(01pc)	IPD	623,16/12/21	Working	
129.	Revolving Chair (05pcs)	Doctors	726,23/12/21	Working	
130.	Visitor Chair(20pcs)	Director Chamber/ Doctor Chamber/ Admn.	731, 21/12/21	Working	
131.	Low Temperature deep freezer350l (01pc)	Laboratory	1321, 15/12/21	Working	
132.	Extension board (05pcs)	Institute	600,27/12/21	Working	
133.	Room Heater singal rod(10pcs)	Institute	425,27/12/21	Working	
134.	NadiSwedanYantra(01pc)	Panchkarma	100001342, 30/12/21	Working	
135.	Manual treatment Couch(01pc)	Physiotherapy	109,20/12/21	Working	
136.	Nadi Swedan Yantra (01pc)	Panchkarma	100001345,30/12/21	Working	
137.	Wireless Microphone(01pc)	Institute	193, 5/01/22	Working	
138.	Canon CIG Sheet Feb Scanner (02pcs)	Directors Chamber/ Accounts Section	4701, 30/12/21	Working	
139.	IntellectMobile2 Combo Set EU(01pc)	Physiotherapy	1077, 31/01/22	Working	
140.	Invertor (03pcs)	Director Chamber/ Kharasutra/IPD	15/03/2022	Working	
141.	Steel Almirah(02pc)	Doctors	17/03/2022	Working	
142.	Split AC 1 ton(01)	Laboratory	21/03/2022	Working	
143.	Dell Computer(1Pc)	AccountsSection	24/03/2022	Working	
144.	Double rod heater(05pcs)	Institute	18/01/23	Working	
145.	Steel Almirah(02pcs)	Laboratory	27/01/23	Working	
146.	Water cooler with RO(01pc)	Laboratory	27/01/23	Working	
147.	Visitor Chairs(08pcs)	Laboratory	20/01/23	Working	
148.	Table(04pc)	Laboratory	514, 21/01/23	Working	
149.	Sliding door Hot Case(04pcs)	Institute	382, 30/01/23	Working	
150.	RO+UF Portable System(01pc)	RML Hospital Unit	1649, 27/01/23	Working	
151.	Heater Double Road (07pcs)	Institute	22232520, 3/2/23	Working	
152.	Toothless sanitizer Dispenser(02pcs)	Laboratoryand	073, 6/02/23	Working	
153.	Aluminium Reddal (01pc)	Pharmacy	TI/22-23/010 8/02/23	Working	
154.	PlatformTrolley (02pc)	Pharmacy	TI/22-23/011 8/02/23	Working	
155.	DoubleDoor Refrigerator(01pc)	Laboratory	DSE-22-23/58 10/02/23	Working	
156.	Steel Containers1kg.(06pcs)	IPD	412, 3/03/23	Working	
157.	SteelContainers10kg.(04pcs)	IPD	6363, 10/03/23	Working	
158.	CentrifugeMachine(01pc)	Laboratory	274, 27/3/23	Working	

159.	Havells standard 400 millimeter Fan for Wall(05pcs)	Institute	002, 26.05.2023	Working	
160.	Ahuja Two way Communication System (01 set)	Institute	034, 30.06.2023	Working	
161.	Working LG Professional Large format Display Size 108 cm-01 No sony LCD (01pc)	Director chamber	002/23-24, 10.07.2023	Working	
162.	Steel Almirah (01 nos)	Institute	502, 5.07.2023	Working	
163.	HP Multifunction Machin Printer (02pc)	Institute	PKS/GST/120/23-24	Working	
164.	Blood Pressur Recording Unit Aneroid Automated (02pcs)	Institute	Gem-32/23-24	Working	
165.	Revolving Chair with Arm (01pcs)	Institute	PCF/127, 23-24	Working	
166.	Chair with Armrest (Non revolving) (08nos)	Institute	21/7-7-23	Working	
167.	Mosquito Insect Killer	IPD	454/23.7.2023	Working	
168.	Bosch Mixer Grinder	IPD Kitchen	2023-24, 13.07.2023	Working	
169.	Whilpool 1-5 Ton 5 Star AC (03pcs)	Director Chamber/ Ksharasutra/Doctor	0830, 10.07.2023	Working	
170.	Plastic Bukets 60 Ltr (10nos)	IPD	AII/23-24/46, 25.07.2023	Working	
171.	Hawkins 05 Ltr Ppressure Cooker (02nos)	IPD Kitchen	GEM/67, 26.07.2023	Working	
172.	Crown Electronic Weighing scale (02nos)	Panchkarma	28, 18.07.2023	Working	
173.	BPL Blood Pressur Recording (02nos)	IPD	766, 02.08.2023	Working	
174.	Stainless steel container 10 Ltr (02nos)	Panchkarma	0139, 03.08.2023	Working	
175.	Stainless steel food storage 05 Ltr (05 nos)	Panchkarma	260, 01.08.2023	Working	
176.	HP Laser 108A Printer with 1 year warranty (01nos)	Library	DSPL/67, 04.09.2023	Working	
177.	Espon Dot Matrix Printers LQ 310-01 100 year (01 no)	RML Unit	RE/02, 31.08.2023	Working	
178.	Dimand Adult Stethiscopes (02nos)	IPD/OPD	339, 29.06.2023	Working	
179.	Unbranded Plastic Measuring Mug/Cup, Capacity 1000ml (05nos)	Panchkarma	UNI/23-24/0025, 04.08.2023	Working	
180.	Matte Apron Locker Cabinet (02nos)	IPD	018, 11.08.2023	Working	
181.	Panchkarma Accessories Specification (02 Set)	Panchkarma Section	524, 19.08.2023	Working	
182.	M Track Channel (42 foot)	IPD	424, 13.09.2023	Working	
183.	Pigeon Glass Tea Kettle (07nos)	Director chamber/ Admn/Doctors	AE/07/2023-24, 27.01.2023	Working	
184.	Stainilless Steel Double Foot Steep (03pc)	Panchkarma/Physio/IPD	641, 24.08.2023	Working	

185.	Round mild Revolving Stool (05nos)	OPD/Pharmacy/X-ray	IS202/23-24, 07.09.2023	Working	
186.	Zebronics one way PA Speakar (03nos)	Doctors	DTSI/577/23-24, 09.01.2024	Working	
187.	UPS with AVR of Rating (03pcs)	Doctors	407/23-24, 11.01.2024	Working	
188.	Extension board Electrical Box (06nos)	Institute	114, 12.01.2024	Working	
189.	HP Multifunction Machines MFM Printer (03nos)	Doctors	027, 15.01.2024	Working	
190.	Tubular Heater Double Rod (06nos)	Institute	GP/23-24/139, 16.01.2024	Working	
191.	Revolving Chair (03nos)	Doctors	VF/0198,23-24, 23.01.2024	Working	
192.	Pewi Almirah Steel sheving (03nos)	Accounts	543, 16.01.2024	Working	
193.	Logitech Web Camera (03nos)	Doctors	TCPI/150, 21.01.2024	Working	
194.	Nadi Swedan yantra & Steam cabinet (01nos) Sarvang vashpa (01nos) Swedan yantra (01nos)	Panchkarma Section	261/ 270/ 2023-24, 26.01.2024, 06.01.2024	Working	
195.	Curtain Rod & Curtain Channel (02nos)	Lady Hardinge Unit	442-443/23-24, 21.01.2024	Working	
196.	Revoling Chair (05nos)	Doctor	FCF/511/23-24, 17.02.2024	Working	

List of equipments purchased during the reporting year 2024-25

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	Suggestion Box (01No)	Institute	2024	Working	
2.	Nebulizer Machine (01No)	Institute	2024	Working	
3.	Surgical Dressing Trays (Big) (01 No)	Ksharsutra Section	2024	Working	
4.	Surgical Dressing Trays (small) (01No)	Ksharsutra Section	2024	Working	
5.	Matrix PABX System (01 No)	Institute Telephone Line	2024	Working	
6.	Biometric 10000 Scans (Biometric Attendant System) (02 Nos)	Institute	2024	Working	
7.	Video Conferencing Setup with Interactive (01 Setup)	Institute Conference Room	2024	Working	
8.	Vistor Chair (05 Nos)	Institute	2024	Working	
9.	Speaker (01set)	Smart IDA Project	2024	Working	
10.	Camera (01 No)	Smart IDA Project	2024	Working	
11.	Projector (01No)	Panchkarma Training Course (Student)	2024	Working	

12.	Kent Potable Water Purification (01No)	Panchkarma Section	2024	Working	
13.	Revolving Chair (01 No)	Doctor	2024	Working	
14.	HP Inter Core I7 All in One PC (10Nos)	Institute	2025	Working	
15.	Wifi Router	Institute	2025	Working	
16.	Revolving Chair (03 No)	Institute/Officer	2025	Working	
17.	Abhyanga Table with stand (02Nos), Shirodhar Table with shirodhara stand (02 Nos), Dhara Patra (02Nos), Stepper Non Slipper (04Nos), Nadi Swedana with Stand (02Nos), Steam Bath Chamber sitting type (02Nos), Sarvanga Swedana Lying type (02Nos), Vamana Peeth (01No), Vasti putakam Disposable (02Nos), Vasti Netram (204Nos), Enema pot (04Nos), Matra vasti yantra (06Nos), Gokarnam (04Nos), Kindi Pouring Vessel (04Nos), Janu Vasti (03Nos), Kati Vasti cap (03 Nos), Shiro vasti cap (02Nos), Greevavasti yantra (03Nos), Prusthravasti yantra (02Nos), Netra Vasti Yantra (02Nos), Dhumpana yantra (02Nos), Small measuring jar (04Nos), Table Trolley SS movable (04Nos), Shalaka for Agnikarma (01No), Sputum cup (04Nos)	LHMC Unit	2025	Working	
18.	LG Refrigerator 250 Ltr (01No)	LHMC Unit	2025	Working	
19.	Steel Drum 1kg, 02kg and 05kg (25Nos)	LHMC Unit	2025	Working	
20.	Hot Case (01Nos)	LHMC Unit	2025	Working	
21.	Electronic Weighing Machine (04No)	LHMC Unit	2025	Working	
22.	Mobile Folding Ward Screen (04 Nos)	LHMC Unit	2025	Working	
23.	Stadiometer (03Nos)	LHMC Unit	2025	Working	
24.	Geysers 15Ltr (01No)	LHMC Unit	2025	Working	
25.	Mercurial Blood Pressure (02Nos)	LHMC Unit	2025	Working	
26.	HP Inter Core i5-13500PC (03Nos)	LHMC Unit	2025	Working	
27.	LG Refrigerator 185Ltr (01No)	Institute (Creche)	2025	Working	

7 (vii) Library Section

S.No.	Name of the books	Amount	Remarks
1	No. of Books Available Upto March, 31 st as per accession register	-	1819
2	No. of Books purchased during reporting year	-	Nil
3	Council's publications received for record /display/sale purpose	-	1573
4	Books received without payment	-	Nil

7 (viii) Hindi Section

The Hindi Section has consistently played a pivotal role in implementing the Official Language Rules. It ensures that all documents under Section 3(3) are issued bilingually, replies to correspondence are given in Hindi, and continuous efforts are made to meet the prescribed annual targets. All quarterly and half-yearly progress reports are prepared punctually and submitted to the Official Language Department and NARAKAS (Town Official Language Implementation Committee) through email and online platforms.

The Vibhagiya Rajbhasha Karyanvayan Samiti meetings were held every trimester to monitor the usage of Hindi in official and technical work across departments. The institution received appreciation during the half-yearly meetings of the Town Official Language Implementation Committee for its significant progress in increasing the percentage of work done in Hindi and for its efforts in meeting the annual targets.

The "Hindi Pakhwada" was also successfully organized from 14th to 29th September 2024, featuring various Hindi-related activities. The Hindi Pakhwada closing ceremony was organized on 3rd October 2024 in which certificates were distributed to all the winners. Additionally, four "One Day Hindi Workshops" were conducted during the year to promote and strengthen the use of Hindi in official communication.

The dates of the workshops were:

1. 28.05.2024
2. 06.09.2024
3. 27.12.2024
4. 21.03.2025

7 (ix) Medicinal Plant Garden

The Institute maintains a well-established medicinal plant garden serving dual purposes—educational demonstration and the provision of raw herbs for Panchakarma and Ksharasutra therapies. For the purpose of identification and demonstration, each plant is labeled with nameplates depicting its classical name, botanical name, family, and primary therapeutic uses as per classical Ayurvedic texts.

During the financial year 2024–25, all existing nameplates were updated and replaced with newly designed ones to reflect the revised botanical names and plant family classifications based on information sourced from an official authorized database. It continued to supply essential raw herbs regularly for various Panchakarma procedures and Ksharasutra preparation. Commonly utilized species include *Madhuyashti*, *Shigru*, *Haritaki*, *Ashvagandha*, *Guduchi*, *Brahmi*, *Isabgol*, and *Nirgundi* etc.; additionally, several new medicinal species were introduced into the garden during the reporting year, such as *Mandukparni*, *Sita Ashoka*, *Shalparni*, and *Khadira*, further enriching the garden's diversity and utility.

7 (x) ICC

In compliance of Honorable Supreme Court order dated 12.05.2023 and direction of ministry of Ayush vide X.18030/125/2021-CDN dated 26.06.2024, the institute has constituted ICC Internal Complaint Committee in provision of PoSH (Prevention of Sexual Harassment) Act 2013, with the objective of Prevention, Prohibition and Redressal of the act. The committee regularly conducted meetings and conducted awareness/ orientation programme. In the reporting year, ICC has not received any complaint regarding the same.

Any collaborative studies taken up by the Institutes with details: Clinical Report-1(i)please refer Clinical Research page no. 78-109

Some important photograph related to Institute activity.please refer page No. 386-423

Major pending issues in brief-No major pending issues were there at the Institute level

Other Activities if any.please refer

Summary Hindi/English on each project -in the end: English: 321 to 353 Hindi 354 to 385

1) HOSPITAL STATISTICS**Out Patient Department**

Statement of patients attended to OPD during different years (Since inception upto 2024-25)

Year	No. of patients attended at OPD															Grand Total			Gross Total	
	New						Old						M	T	F					
	Adult		Children		Total		Adult		Children		Total									
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F
1982-83	-	-	-	-	-	7511	-	7289	-	-	0	-	-	13044	0	15288	20555	0	22577	43132
1983-84	6760	6804	0	1440	1041	8200	0	7845	11375	15500	0	1441	1185	12816	0	16685	21016	0	24530	45546
1984-85	6581	6602	0	1427	911	8008	0	7513	9256	12010	0	1352	865	10608	0	12875	18616	0	20388	39004
1985-86	6709	7671	0	1252	913	7961	0	8584	8278	10424	0	1446	804	9724	0	11228	17685	0	19812	37497
1986-87	6922	7927	0	1459	1075	8381	0	9002	8397	10018	0	1214	807	9611	0	10826	179920	0	19828	199748
1987-88	6692	7852	0	6921	9022	13613	0	16874	1239	1153	0	850	710	2089	0	1863	15702	0	18737	34439
1988-89	6110	5766	0	5962	6852	12072	0	12618	1056	822	0	698	456	1754	0	1278	13826	0	13896	27722
1989-90	3843	2296	0	3783	2795	7626	0	5091	605	285	0	424	242	1029	0	527	8655	0	5618	14273
1990-91	4516	3677	0	3956	3916	8472	0	7593	733	433	0	414	238	1147	0	671	9619	0	8264	17883
1991-92	5331	5577	0	4952	6031	10283	0	11608	730	499	0	565	361	1295	0	860	11578	0	12468	24046
1992-93	5461	5330	0	4897	5821	10358	0	11151	682	620	0	448	278	1130	0	898	11488	0	12049	23537
1993-94	5208	4830	0	4643	5274	9851	0	10104	632	593	0	463	287	1095	0	880	10946	0	10984	21930
1994-95	5352	5384	0	4957	5656	10309	0	11040	641	367	0	455	275	1096	0	642	11405	0	11682	23087
1995-96	5977	7077	0	5979	7560	11956	0	14637	629	414	0	496	337	1125	0	751	13081	0	15388	28469
1996-97	5979	6075	0	5681	6886	11660	0	12961	643	482	0	488	404	1131	0	886	12791	0	13847	26638
1997-98	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
1998-99	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
1999-00	6390	6278	0	649	531	7039	0	6809	9825	7586	0	521	369	7346	0	7955	14385	0	14764	29149
2000-01	6463	6215	0	5860	6240	12323	0	12455	624	472	0	420	311	1044	0	783	13367	0	13238	26605
2001-02						14306								11609					25915	25915
2002-03						18436								23345					41781	41781

Year	No. of patients attended at OPD																Grand Total			Gross Total	
	New									Old									M		T
	Adult			Children			Total			Adult			Children			Total			M	T	F
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F	
2003-04	10633	9369	0	1326	1041	11959	0	10410	16212	15117		1164	696	17376	0	15813	29335	0	26223	55558	
2004-05	4455	4955	0	1218	977	5673	0	5932	5277	3945	0	686	648	5963	0	4593	11636	0	10525	22161	
2005-06	10078	8013	0	769	448	10847	0	8461	12792	8310	0	492	411	13284	0	8721	24131	0	17182	41313	
2006-07	11076	8875	0	1716	922	12792	0	9796	9976	8830	0	955	1144	10931	0	9974	22588	0	19950	42538	
2007-08	9446	6823	0	653	483	10099	0	7306	11920	9067	0	480	318	12400	0	9385	22499	0	16691	39190	
2008-09	9513	7378	0	685	527	10198	0	7905	12983	11101	0	502	360	13485	0	11461	23683	0	19366	43049	
2009-10	9163	7324	0	608	474	9771	0	7798	15100	11845	0	500	401	15600	0	12246	25371	0	20044	45415	
2010-11	8074	6334	0	494	397	8568	0	6731	15254	12457	0	499	407	15753	0	12864	24321	0	19595	43916	
2011-12	8459	6755	0	467	346	8926	0	7101	15112	11958	0	462	300	15574	0	12258	24500	0	19359	43859	
2012-13	8754	6794	0	460	348	9214	0	7142	16841	13535	0	433	446	17274	0	13981	26488	0	21123	47611	
2013-14	11225	8754	0	571	439	11796	0	9193	19776	15314	0	526	361	20302	0	15675	32098	0	24868	56966	
2014-15	10971	8767	0	516	376	11487	0	9053	13019	11076	0	367	1352	14810	0	11340	26297	0	20393	46690	
2015-16	16814	13398	0	805	596	17619	0	13994	19195	14140	0	572	437	19767	0	14577	37386	0	28571	65957	
2016-17	15565	12271	0	858	610	16423	0	12881	21525	15614	0	747	417	22272	0	16031	38695	0	28912	67607	
2017-18	16470	13124	0	949	660	17419	0	13784	24545	18653	0	757	517	25302	0	19170	42721	0	32954	75675	
2018-19	15072	12669	0	890	652	15962	0	13321	25583	21038	0	848	694	26431	0	21732	42393	0	35053	77446	
2019-20	15990	14491	0	844	691	16834	0	15182	30011	27655	0	1079	787	31090	0	28442	47924	0	43624	91548	
2020-21	6136	5707	3	211	161	6347	3	5868	8489	7262	0	174	133	8663	0	7395	15010	3	13263	28276	
2021-22	8888	8257	0	395	263	9283	0	8520	14826	13199	0	384	303	15210	0	13502	24493	0	22022	46515	
2022-23	14503	14314	2	717	540	15220	2	14854	25953	23801	5	781	680	26734	5	24481	41954	7	39335	81296	
2023-24	15345	15273	1	808	655	16153	1	15928	33342	30142	3	1262	1087	34604	3	31229	50757	4	47157	97918	
2024-25	15619	15506	1	678	527	16297	1	16033	36075	30914	0	1039	835	37114	0	31749	53411	1	47782	101194	

2) In Patient department

Statement of patients admitted/discharged during different years (Since Inception upto 2024-25)

S.No.	Year	No. of patients attended at IPD											
		ADMITTED						DISCHARGED					
		Adult		Children		Total		Adult		Children		Total	
		M	F	M	F	M	F	M	F	M	F	M	F
1	1980-81	84	95	11	4	95	99	78	95	9	4	87	99
2	1981-82	134	123	9	8	143	131	129	117	10	8	139	125
3	1982-83	197	265	12	14	209	279	197	258	13	12	210	270
4	1983-84	231	257	25	15	256	272	223	272	21	14	244	286
5	1984-85	132	214	49	27	181	241	139	221	52	28	191	249
6	1985-86	112	180	12	8	124	188	312	79	148	11	460	90
7	1986-87	127	216	33	26	160	242	91	162	23	8	114	170
8	1987-88	108	199	20	13	128	212	72	135	9	8	81	143
9	1988-89	10	28	4	1	14	29	53	93	4	1	57	94
10	1989-90	10	28	4	1	14	29	4	20	3	1	7	21
11	1990-91	57	110	24	14	81	124	51	101	22	1	73	102
12	1991-92	57	77	14	12	71	89	56	82	16	13	72	95
13	1992-93	68	136	13	5	81	141	61	130	13	5	74	135
14	1993-94	53	67	3	4	56	71	39	59	3	4	42	63
15	1994-95	40	93	15	7	55	100	37	87	13	5	50	92
16	1995-96	75	132	9	6	84	138	64	128	2	1	66	129
17	1996-97	85	121	11	8	96	129	81	108	8	6	89	114
18	1997-98	89	118	11	10	100	128	84	110	11	10	95	120
19	1998-99	86	122	10	13	96	135	76	118	7	11	83	129
20	1999-00	77	99	15	9	92	108	70	93	13	7	83	100
21	2000-01	69	96	13	11	82	107	66	88	19	9	85	97
22	2001-02	94	120	17	13	111	133	86	107	14	13	100	120
23	2002-03	61	112	21	40	82	152	51	104	20	40	71	144
24	2003-04	158	156	22	11	180	167	149	148	22	10	171	158
25	2004-05	60	76	7	5	67	81	59	72	7	5	66	77

26	2005-06	101	127	12	4	113	131	96	116	12	4	108	120
27	2006-07	173	169	9	3	182	172	170	163	8	3	178	166
28	2007-08	101	112	0	0	101	112	104	111	0	0	104	111
29	2008-09	135	199	5	1	140	200	130	199	4	1	134	200
30	2009-10	163	190	5	4	168	194	158	180	7	6	165	186
31	2010-11	184	215	9	2	193	217	186	221	9	2	195	223
32	2011-12	124	233	7	7	131	240	128	235	4	6	132	241
33	2012-13	176	187	13	6	189	193	181	186	14	7	195	193
34	2013-14	249	280	13	3	262	283	241	272	10	3	251	275
35	2014-15	218	245	14	6	232	251	228	250	12	5	240	255
36	2015-16	212	274	20	8	232	282	215	265	18	8	233	273
37	2016-17	212	228	18	7	230	235	220	216	16	6	236	222
38	2017-18	354	363	23	11	377	374	414	352	11	11	425	363
39	2018-19	325	359	43	20	368	379	321	364	48	22	369	386
40	2019-20	281	364	34	12	315	376	290	375	34	13	324	388
41	2020-21	29	32	5	0	34	32	24	25	3	0	27	25
42	2021-22	117	118	9	1	126	119	116	117	11	1	127	118
43	2022-23	218	291	39	15	257	306	214	281	36	12	250	293
44	2023-24	234	314	39	15	273	329	237	327	41	17	278	344
45	2024-25	236	381	36	8	272	389	227	367	35	9	262	376

3) Disease-wise statement of patients admitted/discharged during last five years (excluding reporting period)
(1st April 2018-2019 to 31st March 2022-2023)

Sl No	NAMC Code	Disease	Number of Patients											
			Admitted						Discharged					
			Adult		Child		Total		Adult		Child		Total	
			Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	AA	वाताव्याधि	88	110	74	25	162	135	86	109	73	25	159	134
6	AAB-6	अर्दितः (केवलवात)	3	1	0	0	3	1	3	1	0	0	3	1
2	AAB-17	उदावर्तः (केवलवात)	0	3	0	0	0	3	0	3	0	0	0	3
3	AAB-24	कम्पः/वेपथुः (केवलवात)	6	0	0	0	6	0	6	0	0	0	6	0
4	AAB-33	ग्रीवास्तंभ/ग्रीबहुंडनम	19	30	0	0	19	30	18	30	0	0	18	30
5	AAB-39	जानुभेदः (केवलवात)	1	0	0	0	1	0	1	0	0	0	1	0
7	AAB-61	पृष्ठ-ग्रहः (केवलवात)	0	1	0	0	0	1	0	1	0	0	0	1
8	AAB-63	बाधिर्यम् (केवलवात)	11	1	3	0	14	1	11	1	3	0	14	1
9	AAB-80	त्रिकग्रहः (केवलवात)	0	1	0	0	0	1	0	1	0	0	0	1
10	AAB-85	वाक्-सङ्गः	0	0	1	0	1	0	0	0	1	0	1	0
11	AAB-91	विषादः/दीनता	1	2	0	0	1	2	1	2	0	0	1	2
25	AAC-4	अर्दितः	5	5	0	0	5	5	5	5	0	0	5	5
26	AAC-8	अवबाहुकः	10	18	0	0	10	18	10	19	0	0	10	19
12	AAC-11	आक्षेपकः	0	0	2	0	2	0	0	0	2	0	2	0
13	AAC-12	आध्मानम्	1	0	0	0	1	0	1	0	0	0	1	0
14	AAC-12.4	विबन्ध	3	2	1	0	4	2	3	2	1	0	4	2
15	AAC-15	एकाङ्गवातः	3	5	0	0	3	5	3	5	0	0	3	5
16	AAC-20	गृध्रसी	68	105	0	0	68	105	69	105	0	0	69	105
17	AAC-24	पक्षाघातः/पक्षवधः	139	45	1	0	140	45	139	45	1	0	140	45
18	AAC-24.3	बाल-पक्षाघातः	0	0	8	6	8	6	0	0	8	6	8	6
19	AAC-30	पङ्गुः	1	0	0	0	1	0	1	0	0	0	1	0
20	AAC-31	मिन्मिनः	0	0	1	0	1	0	0	0	1	0	1	0
21	AAC-32	मान्यास्तम्भः	3	5	0	0	3	5	3	6	0	0	3	6

22	AAC-35	विश्वाची	1	0	0	0	1	0	1	0	0	0	1	0
23	AAC-36	कम्पः/वेपथुः	1	0	0	0	1	0	1	0	0	0	1	0
24	AAC-37	शिरोग्रहः	4	3	0	0	4	3	4	3	0	0	4	3
27	AAE-11	अस्थिगतवातः	1	1	0	1	1	2	1	1	0	1	1	2
28	AAE-16	सन्धिवातः	108	259	1	0	109	259	110	262	1	0	111	262
29	AAE-8	असृग्गतवातः/रक्तगतवात	1	0	0	0	1	0	1	0	0	0	1	0
30	AAE-9	मांसगतवातकोप	2	1	0	0	2	1	2	1	0	0	2	1
31	ABB-34	रक्तपित्तम् (केवलपित्त)	0	1	0	0	0	1	0	1	0	0	0	1
32	ACB-1	अतिस्थौल्यम् (केवल-कफ)	0	3	0	0	0	3	0	3	0	0	0	3
33	ACB-23	अग्निमान्द्यम्	2	0	0	0	2	0	2	0	0	0	2	0
34	BC-1	मांसक्षयः	0	2	0	0	0	2	0	2	0	0	0	2
35	BE-1	अस्थिक्षयः	4	1	0	0	4	1	4	1	0	0	4	1
36	CA-1	मूत्रक्षयः	0	2	0	0	0	2	0	2	0	0	0	2
37	EA-3	कासः	1	1	0	0	1	1	1	1	0	0	1	1
38	EA-4	श्वाप	2	2	0	0	2	2	2	2	0	0	2	2
39	EA-4.5	तमकश्वासः	0	1	0	0	0	1	0	1	0	0	0	1
40	EB-10.16	त्रिकशूलः	139	130	0	0	139	130	141	129	0	0	141	129
41	EB-11	उदावर्तः	0	2	0	0	0	2	0	2	0	0	0	2
42	EB-12	परिकर्तिका	0	2	0	0	0	2	0	2	0	0	0	2
43	EB-3	अजीर्णम्	2	0	0	0	2	0	2	0	0	0	2	0
44	EB-4	अम्लपित्तम्	3	3	0	0	3	3	3	2	0	0	3	2
45	EB-5.16	अभिघातज-अरोचकः	1	0	0	0	1	0	1	0	0	0	1	0
46	EB-7	ग्रहणीदोषः	3	1	0	0	3	1	3	1	0	0	3	1
47	EC-2	हृद्रोगः	0	1	0	0	0	1	0	1	0	0	0	1
48	EC-3	ज्वरः	1	0	1	0	2	0	1	0	1	0	2	0
49	EC-6	आमवातः	36	115	0	0	36	115	36	114	0	0	36	114
50	EC-8	केशरोगः	1	0	0	0	1	0	1	0	0	0	1	0
51	ED-14	शीतपित्तम्	0	4	1	0	1	4	0	4	1	0	1	4
52	ED-14.1	शीतपित्त-पूर्वरूपम्	1	0	0	0	1	0	1	0	0	0	1	0

53	ED-16	भगन्दरः	1	0	0	0	1	0	1	0	0	0	1	0
54	ED-2.2	कण्डूः	3	5	0	0	3	5	3	5	0	0	3	5
55	ED-2.8	निद्रानाशः/अस्वप्नः	0	2	0	0	0	2	0	2	0	0	0	2
56	ED-4	कुष्ठम्	3	3	0	0	3	3	3	3	0	0	3	3
57	ED-4.3	क्षुद्रकुष्ठम्	6	6	0	0	6	6	5	6	0	0	5	6
58	ED-4.3.1	एककुष्ठः	3	0	0	0	3	0	3	0	0	0	3	0
59	ED-4.3.10	विचर्चिका	1	0	0	0	1	0	1	0	0	0	1	0
60	ED-4.3.3	किटिभः	7	3	0	0	7	3	7	3	0	0	7	3
61	ED-5	श्वित्रः	0	3	0	0	0	3	0	3	0	0	0	3
62	ED-8	वातरक्तम्	5	21	0	0	5	21	6	22	0	0	6	22
63	EE-1	मांसवहस्रोतोदुष्टिः	1	0	3	0	4	0	1	0	3	0	4	0
64	EE-2	अर्बुदः	0	13	0	0	0	13	0	13	0	0	0	13
65	EE-2.4	रक्तज-अर्बुद	0	2	0	0	0	2	0	2	0	0	0	2
66	EE-3	ARSHA	1	0	0	0	1	0	1	0	0	0	1	0
67	EE-3.1	अर्श-पूर्वरूपम्	1	0	0	0	1	0	1	0	0	0	1	0
68	EE-4	ग्रन्थिः	0	3	0	0	0	3	0	3	0	0	0	3
69	EF-2	प्रमेह	2	3	0	0	2	3	2	3	0	0	2	3
70	EF-2.4.4	मधुमेहः/क्षौद्रमेहः	1	2	0	0	1	2	1	2	0	0	1	2
71	EF-3	मेदोरोगः	0	1	0	0	0	1	0	1	0	0	0	1
72	EG-2	अध्यस्थिः	0	0	1	0	1	0	0	0	1	0	1	0
73	EI-1	शुक्रवहस्रोतोदुष्टिः	3	0	0	0	3	0	3	0	0	0	3	0
74	EI-2	क्लैब्यम्	2	0	0	0	2	0	2	0	0	0	2	0
75	EJ	मूत्रवहस्रोतोविकारः	0	1	0	0	0	1	0	1	0	0	0	1
76	EJ-2	अश्मरी	1	0	0	0	1	0	1	0	0	0	1	0
77	EJ-3	मूत्राघातः	0	2	0	0	0	2	0	2	0	0	0	2
78	EJ-4	मूत्रकृच्छ्रम्	1	0	0	0	1	0	1	0	0	0	1	0
79	EK-3	श्वयथुः/शोथः/शोफः	4	3	0	0	4	3	4	3	0	0	4	3
80	EK-4	उदर/उदररोगः	2	5	0	0	2	5	2	5	0	0	2	5
81	EL-2.10	उदावर्तिनी	0	1	0	0	0	1	0	1	0	0	0	1

82	EL-2.24	वन्ध्या	0	3	0	0	0	3	0	3	0	0	0	3
83	EL-2.9	अरजस्का	0	1	0	0	0	1	0	1	0	0	0	1
84	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	0	69	0	0	0	69	0	71	0	0	0	71
85	EL-4	रक्तप्रदरः	0	4	0	0	0	4	0	4	0	0	0	4
86	EL-5	सोमरोगः/श्वेतप्रदरः	0	2	0	0	0	2	0	2	0	0	0	2
87	EM	मनोवहस्रोतोविकारः	3	3	0	0	3	3	3	3	0	0	3	3
88	EM-1	मनोवहस्रोतोदुष्टिः	1	0	0	0	1	0	1	0	0	0	1	0
89	EM-2	उन्मादः	2	0	3	0	5	0	2	0	3	0	5	0
90	EM-3	अपस्मारः	2	0	1	0	3	0	2	0	1	0	3	0
91	F	शिरोरोगः/शिरःशूल	1	1	0	0	1	1	1	1	0	0	1	1
92	F-8	अर्ध्वावभेदकः	0	1	0	0	0	1	0	1	0	0	0	1
93	FA-3	खालित्यम्/खलति	4	3	0	0	4	3	4	3	0	0	4	3
94	FA-4	दारुणकः	1	0	0	0	1	0	1	0	0	0	1	0
95	H	नेत्ररोगः/अक्षिरोगः	8	4	1	0	9	4	8	4	1	0	9	4
96	HB-15	वातहत-वर्त्म	4	0	0	0	4	0	3	0	0	0	3	0
97	HF-1	अभिष्यन्दः	0	4	0	0	0	4	0	4	0	0	0	4
98	HF-2	अधिमन्थः	12	10	0	0	12	10	13	10	0	0	13	10
99	HF-7	शुष्काक्षिपाकः	6	3	0	0	6	3	6	3	0	0	6	3
100	HG-1	तिमिरः	65	45	15	7	80	52	65	47	15	7	80	54
101	HG-10	नकुलान्ध्यम्	7	0	1	1	8	1	7	0	1	1	8	1
102	HG-3	लिङ्गनाशः	20	4	5	0	25	4	20	4	5	0	25	4
103	I-1	प्रतिश्यायः/पीनसः	2	6	0	0	2	6	2	6	0	0	2	6
104	I-1.3	वातजप्रतिश्यायः	0	1	0	0	0	1	0	1	0	0	0	1
105	I-16	नासार्शः	0	2	0	0	0	2	0	2	0	0	0	2
106	I-3	नासाशोषः	2	0	0	0	2	0	2	0	0	0	2	0
107	J	कर्णरोगः	2	0	0	0	2	0	2	0	0	0	2	0
108	J-14	कर्ण-स्त्रावः	1	1	0	0	1	1	1	1	0	0	1	1

109	LA	भग्नः	0	1	0	0	0	1	0	1	0	0	0	1
110	LD-1.12	मणिबन्ध-मर्मविद्धः	0	1	0	0	0	1	0	1	0	0	0	1
111	MD-11	दौर्बल्यम्	10	2	2	1	12	3	10	2	2	1	12	3
112	MD-17	फक्क-रोगः	0	0	0	2	0	2	0	0	0	2	0	2
113	O-35	युवानपिडका (मुखदूषिका)	2	0	0	0	2	0	2	0	0	0	2	0
Total			879	1119	126	43	1005	1162	881	1125	125	43	1006	1168

4) Result of treatment for the discharged patients during last five years (excluding reporting period)
(1st April 2018-2019 to 31st March 2022-2023)

S. No.	NAMC Code	NAMC_Name	Result of Treatment						
			Good Response	Fair Response	Poor Response	No Response	Drop Out	Death	Total
1	AA	वाताव्याधि	37	101	91	65	0	0	294
6	AAB-17	उदावर्तः (केवलवात)	0	2	1	0	0	0	3
2	AAB-24	कम्पः/वेपथुः (केवलवात)	1	1	1	3	0	0	6
3	AAB-33	ग्रीवास्तंभ/ग्रीवहंडनम	19	16	10	3	0	2	50
4	AAB-6	अर्दितः (केवलवात)	1	2	1	0	0	0	4
5	AAB-39	जानुभेदः (केवलवात)	0	1	0	0	0	0	1
6	AAB-61	पृष्ठ-ग्रहः (केवलवात)	0	1	0	0	0	0	1
7	AAB-63	बाधिर्यम् (केवलवात)	2	8	4	1	0	0	15
8	AAB-85	वाक्-सङ्गः	0	0	1	0	0	0	1
9	AAB-91	विषादः/दीनता	0	3	0	0	0	0	3
10	AAC-11	आक्षेपकः	0	0	2	0	0	0	2
11	AAC-12	आध्मानम्	0	0	1	0	0	0	1
12	AAC-12.4	विबन्ध	1	3	2	0	0	0	6
13	AAC-15	एकाङ्गवातः	2	4	2	0	0	0	8
14	AAC-20	गृध्रसी	63	69	28	12	0	0	172
15	AAC-24	पक्षाघातः/पक्षवधः	33	80	39	29	0	4	185
16	AAC-24.3	बाल-पक्षाघातः	0	6	5	2	0	1	14
17	AAC-30	पङ्गुः	0	1	0	0	0	0	1
18	AAC-31	मिन्मिनः	0	1	0	0	0	0	1
19	AAC-32	मान्यास्तम्भः	1	3	3	2	0	0	9

20	AAC-35	विश्वाची	0	1	0	0	0	0	1
21	AAC-36	कम्पः/वेपथुः	0	0	1	0	0	0	1
22	AAC-37	शिरोग्रहः	2	1	2	2	0	0	7
23	AAC-4	अर्दितः	6	0	1	1	0	1	9
24	AAC-8	अवबाहुकः	7	13	5	2	0	2	29
25	AAE-11	अस्थिगतवातः	0	0	2	1	0	0	3
26	AAE-16	सन्धिवातः	95	146	86	37	0	9	373
27	AAE-8	असृग्गतवातः/रक्तगतवात	0	1	0	0	0	0	1
28	AAE-9	मांसगतवातकोप	0	0	2	1	0	0	3
29	ABB-34	रक्तपित्तम् (केवलपित्त)	0	1	0	0	0	0	1
30	ACB-1	अतिस्थौल्यम् (केवल-कफ)	1	2	0	0	0	0	3
31	ACB-23	अग्निमान्द्यम्	0	1	0	1	0	0	2
32	BC-1	मांसक्षयः	0	1	1	0	0	0	2
33	BE-1	अस्थिक्षयः	1	0	2	2	0	0	5
34	CA-1	मूत्रक्षयः	0	0	2	0	0	0	2
35	EA-3	कासः	0	0	2	0	0	0	2
36	EA-4	श्वाष	1	1	1	1	0	0	4
	EA-4.5	तमकश्वासः	0	1	0	0	0	0	1
37	EB-10.16	त्रिकशूलः	94	113	41	20	0	3	271
38	EB-11	उदावर्तः	1	0	0	1	0	0	2
39	EB-12	परिकर्तिका	1	0	1	0	0	0	2
40	EB-3	अजीर्णम्	1	1	0	0	0	0	2
41	EB-4	अम्लपित्तम्	1	3	1	0	0	0	5
42	EB-5.16	अभिघातज-अरोचकः	0	0	1	0	0	0	1
43	EB-7	ग्रहणीदोषः	2	2	0	0	0	0	4
44	EC-2	हृद्रोगः	0	0	0	1	0	0	1
45	EC-3	ज्वरः	0	0	0	2	0	0	2
46	EC-6	आमवातः	30	65	36	16	0	3	150
47	EC-8	केशरोगः	1	0	0	0	0	0	1
48	ED-14	शीतपित्तम्	1	5	0	0	0	0	6
49	ED-16	भगन्दरः	0	1	0	0	0	0	1
50	ED-2.2	कण्डूः	3	3	2	0	0	0	8
51	ED-2.8	निद्रानाशः/अस्वप्नः	0	1	1	0	0	0	2
52	ED-4	कुष्ठम्	0	2	2	2	0	0	6

53	ED-4.3	क्षुद्रकुष्ठम्	2	3	3	3	0	0	11
54	ED-4.3.1	एककुष्ठः	0	0	1	2	0	0	3
55	ED-4.3.10	विचर्चिका	0	1	0	0	0	0	1
56	ED-4.3.3	किटिभः	1	6	3	0	0	0	10
57	ED-5	श्वित्रः	1	1	0	1	0	0	3
58	ED-8	वातरक्तम्	6	17	4	1	0	0	28
59	EE-1	मांसवहस्रोतोदुष्टिः	1	0	2	1	0	0	4
60	EE-2	अर्बुदः	5	3	4	0	0	1	13
61	EE-2.4	रक्तज-अर्बुद	0	1	1	0	0	0	2
62	EE-3	अर्शः	0	0	1	0	0	0	1
63	EE-3.1	अर्श-पूर्वरूपम्	0	1	0	0	0	0	1
64	EE-4	ग्रन्थिः	2	0	1	0	0	0	3
65	EF-2	प्रमेह	1	3	1	0	0	0	5
66	EF-2.4.4	मधुमेहः/क्षौद्रमेहः	2	1	0	0	0	0	3
67	EF-3	मेदोरोगः	0	0	1	0	0	0	1
68	EG-2	अध्यस्थिः	0	0	1	0	0	0	1
69	EI-1	शुक्रवहस्रोतोदुष्टिः	1	0	1	0	0	1	3
70	EI-2	क्लैब्यम्	0	2	0	0	0	0	2
71	EJ	मूत्रवहस्रोतोविकारः	0	0	0	1	0	0	1
72	EJ-2	अश्मरी	0	1	0	0	0	0	1
72	EJ-3	मूत्राघातः	0	1	1	0	0	0	2
73	EJ-4	मूत्रकुच्छ्रम्	0	1	0	0	0	0	1
74	EK-3	श्वयथुः/शोथः/शोफः	4	1	2	0	0	0	7
75	EK-4	उदर/उदररोगः	2	1	4	0	0	0	7
76	EL-2.10	उदावर्तिनी	0	1	0	0	0	0	1
77	EL-2.24	वन्ध्या	1	1	0	1	0	0	3
78	EL-2.9	अरजस्का	0	0	1	0	0	0	1
79	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	7	57	7	0	0	0	71
80	EL-4	रक्तप्रदरः	1	2	1	0	0	0	4
81	EL-5	सोमरोगः/श्वेतप्रदरः	1	0	1	0	0	0	2
82	EM	मनोवहस्रोतोविकारः	0	3	1	2	0	0	6
83	EM-1	मनोवहस्रोतोदुष्टिः	0	1	0	0	0	0	1

84	EM-2	उन्मादः	2	1	1	0	0	1	5
85	EM-3	अपस्मारः	1	1	1	0	0	0	3
86	F	शिरोरोगः/शिरःशूल	1	0	1	0	0	0	2
87	F-8	अर्धावभेदकः	0	1	0	0	0	0	1
88	FA-3	खालित्यम्/खलति	1	5	0	1	0	0	7
89	FA-4	दारुणकः	0	1	0	0	0	0	1
90	H	नेत्ररोगः/अक्षिरोगः	6	4	3	0	0	0	13
91	HB-15	वातहत-वर्त्म	3	0	0	0	0	0	3
92	HF-1	अभिष्यन्दः	4	0	0	0	0	0	4
93	HF-2	अधिमन्थः	12	4	5	2	0	0	23
94	HF-7	शुष्काक्षिपाकः	5	3	1	0	0	0	9
95	HG-1	तिमिरः	46	68	14	5	0	1	134
96	HG-10	नकुलान्ध्यम्	5	3	0	1	0	0	9
97	HG-3	लिङ्गनाशः	6	15	5	2	0	1	29
98	I-1	प्रतिश्यायः/पीनसः	1	6	1	0	0	0	8
99	I-1.3	वातजप्रतिश्यायः	0	1	0	0	0	0	1
100	I-16	नासार्शः	0	2	0	0	0	0	2
101	I-3	नासाशोषः	1	0	1	0	0	0	2
102	J	कर्णरोगः	0	2	0	0	0	0	2
103	J-14	कर्ण-स्नावः	0	1	0	1	0	0	2
104	LA	भग्नः	0	1	0	0	0	0	1
105	LD-1.12	मणिबन्ध-मर्मविद्धः	0	1	0	0	0	0	1
106	MD-11	दौर्बल्यम्	3	4	4	3	0	1	15
107	MD-17	फक्क-रोगः	0	0	0	2	0	0	2
108	O-35	युवानपिडका (मुखदूषिका)	2	0	0	0	0	0	2
Total			545	900	462	236	0	31	2174

5) Percentage of yearly bed occupancy during different years since inception upto the reporting year 2024-25

S.No	Year	No of Beds Available	Percentage of Yearly Bed Occupancy(%)
1	1980-81	50	16.34%
2	1981-82	50	36.90%
3	1982-83	50	56.15%
4	1983-84	50	70.21%
5	1984-85	50	68.70%
6	1985-86	50	28.49%
7	1986-87	50	47.85%
8	1987-88	50	51.63%
9	1988-89	50	43.10%
10	1989-90	50	5.20%
11	1990-91	50	33.86%
12	1991-92	50	29.02%
13	1992-93	50	29.70%
14	1993-94	50	34.02%
15	1994-95	50	Not available
16	1995-96	50	29%
17	1996-97	50	28.56%
18	1997-98	50	24.66%
19	1998-99	50	30.44%
20	1999-00	50	35.92%
21	2000-01	50	30.25%
22	2001-02	50	35.58%
23	2002-03	50	42.32%
24	2003-04	50	41.10%
25	2004-05	50	12.37%
26	2005-06	50	24.93%
27	2006-07	50	34.03%
28	2007-08	50	16.95%
29	2008-09	50	28.19%
30	2009-10	50	30.74%
31	2010-11	30	59.68%
32	2011-12	30	51.15%

33	2012-13	30	51.70%
34	2013-14	30	72.54%
35	2014-15	30	59.46%
36	2015-16	30	71.82%
37	2016-17	35	63.81%
38	2017-18	40	70.76%
39	2018-19	40	52.94%
40	2019-20	40	57.13%
41	2020-21	*as per COVID Guidelines 20 from 1st Feb. 2021	60.76%
42	2021-22	*as per COVID Guidelines 20 from 1st Feb. 2021 to 28th Feb 2022 **40 from 1st March 2022	*60.91% (1st April 2021 to 28th February 2022) **56.04% (1st March to 31st March)
43	2022-23	40	53.79%
44	2023-24	40	53.14%
45	2024-25	40	56.50%

Percentage of yearly Bed occupancy for the year 2024-25

*Percentage of yearly Bed occupancy for the year 2023-24

$$= \frac{\text{Total days of care to the patients during the year X 100}}{\text{No. of beds X No. of days}}$$

$$= \frac{8249 \times 100}{40 \times 365} = 56.50\%$$

6) Statement of Patient's admitted/discharged during the reporting year 2024-25 (To be furnished separately for assigned clinical problems)

S. No.	NA MC ID	NAM C Code	NAMC_Name	Short_definition	Carried forward from previous year						Admitted						Discharged					
					Adult		Child		Total		Adult		Child		Total		Adult		Child		Total	
					M al e	Fe ma le	M al e	Fe ma le	M al e	Fe ma le	M al e	Fe ma le	M al e	Fe ma le	M al e	Fe ma le	M al e	Fe ma le	M al e	Fe ma le	M al e	Fe ma le
1	4	AA	वाताव्याधि	disorders due to वात	1	1	2	1	3	2	32	40	20	4	52	44	30	36	20	5	50	41
2	2170	AAB-17	उदावर्तः (केवलवात)	obstipation	0	0	0	0	0	0	1	1	0	0	1	1	1	1	0	0	1	1
3	40	AAB-24	कम्पः/वेपथुः (केवलवात)	tremor (due only to वातदोष)	0	0	0	0	0	0	5	2	0	0	5	2	5	2	0	0	5	2
4	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to वातदोष)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
5	49	AAB-33	ग्रीवास्तंभ/ग्रीव हुंडनम(केवल वात)	neck stiffness/ torticollis/ spasmodic torticollis (due only to वातदोष)	1	0	0	0	1	0	10	12	0	0	10	12	11	10	0	0	11	10
6	51	AAB-35	गुदार्तिः (केवलवात)	anal pain/proctalgia (due only to वातदोष)	0	0	0	0	0	0		1	0	0	0	1	0	1	0	0	0	1
7	157	AAB-37	गृध्रसी	sciatica	0	0	0	0	0	0	32	45	0	0	32	45	29	43	0	0	29	43
8	80	AAB-63	बाधिर्यम् (केवलवात)	deafness (due only to वातदोष)	0	0	0	0	0	0	3	1			3	1	3	1	0	0	3	1
9	102	AAB-85	वाक्-सङ्गः	(केवलवात) lalling speech (due only to वातदोष)	0	0	0	0	0	0			2	1	2	1	0	0	2	1	2	1
10	2983	AAC-12.4	विवन्ध	simple constipation	0	0	0	0	0	0	1	0	0	1	1	1	1	0	0	1	1	1

11	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	45	9	1	0	46	9	40	9	1	0	41	9
12	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	3	1	0	0	3	1	3	1	0	0	3	1
13	22	AAB-6	अर्दितः (केवलवात)	facial paralysis (due only to वातदोष)	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
14	140	AAC-7	वाताष्टीला	prostatic enlargement	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
15	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	0	0	0	1	4	0	0	1	4	1	4	0	0	1	4
16	243	AAE-11	अस्थिगतवातः	aggravation of वात in अस्थि	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
17	248	AAE-16	सन्धिवातः	osteo-arthritis	1	0	0	0	1	0	30	110	0	0	30	110	30	105	0	0	30	105
18	240	AAE-8	असृग्गतवातः/ रक्तगतवात	vitiated वात in रक्त	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
19	326	ACB-1	अतिस्थौल्यम्	obesity (due only to कफदोष)	0	0	0	0	0	0	1	1	0	0	1	1	1	0	0	0	1	0
20	338	ACB-13	गलगण्डः (केवल-कफ)	goiter (due only to कफदोष)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
21	332	ACB-7	बुद्धिमान्द्यम् (केवल-कफ)	lack of decisiveness (due only to कफदोष)	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
22	480	EA-3	कासः	cough/tussis	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
23	489	EA-4	श्वासः	dyspnoea	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
24	652	EB-10.16	त्रिकशूलः	sacralgia	1	1	0	0	1	1	26	33	0	0	26	33	25	32	0	0	25	32
25	515	EB-2	अतिसारः	diarrhoea	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
26	526	EB-2.10	रक्तातिसारः	अतिसार due to vitiated रक्त	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
27	558	EB-4	अम्लपित्तम्	hyperacidity	0	1	0	0	0	1	0	2	0	0	0	2	0	3	0	0	0	3
28	681	EC-2	हृद्रोगः	heart disease	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
29	823	EC-6	आमवातः	rheumatism due to आम	0	2	0	0	0	2	7	42	0	1	7	43	6	44	0	1	6	45
30	997	ED-10	विसर्पः	acute spreading	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1

51	1374	EL-2.24	वन्ध्या	primary infertility	0	0	0	0	0	0	0	3	0	0	0	3	0	3	0	0	0	3
52	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	0	0	0	36	0	0	0	36	0	36	0	0	0	36
53	1421	EM	मनोवहस्रोतो विकारः	disorders of मनोवहस्रोतस्	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
54	1522	F	शिरोरोगः/शिरःशूल/शिरस्ताप/शिरोभिताप	disorders of head/cephalalgia	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
55	1530	F-8	अर्ध्वावभेदकः	hemigrania	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
56	662	H	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
57	1704	HB-15	वातहत-वर्त्म	lagophthalmos	1	0	0	0	1	0	0	0	0	0	0	0	1	0	0	0	1	0
58	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
59	1761	HG-1	तिमिरः	partial or total blindness/amaurosis /ametropia/partial obstruction of vision	0	0	0	0	0	0	2	4	0	0	2	4	2	4	0	0	2	4
60	2141	MB-1	स्कन्दग्रहः	possession of स्कन्द	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
61	2170	MD-11	दौर्बल्यम्	debility	0	0	0	0	0	0	3	0	5	1	8	1	3	0	5	1	8	1
Total					6	5	2	1	8	6	236	381	36	8	272	389	227	367	35	9	262	376

7) Results of treatment for the patients discharged during the reporting year 2024-25 (To be furnished separately for assigned clinical problems and general patients treated):

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Result of Treatment						
					Good Response	Fair Response	Poor Response	No Response	Drop Out	Death	Total
1	4	AA	वाताव्याधि	disorders due to वात	18	39	26	8	0	0	91
2	2170	AAB-17	उदावर्तः (केवलवात)	obstipation	1	1	0	0	0	0	2
3	40	AAB-24	कम्पः/त्रेपथुः (केवलवात)	tremor (due only to वातदोष)	2	5	0	0	0	0	7
4	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to वातदोष)	1	0	0	0	0	0	1
5	49	AAB-33	ग्रीवास्तंभ/ग्रीबहुंडनम(केवलवात)	neck stiffness/ torticollis/ spasmodic torticollis (due only to वातदोष)	6	13	1	1	0	0	21
6	51	AAB-35	गुदार्तिः (केवलवात)	anal pain/proctalgia (due only to वातदोष)	0	1	0	0	0	0	1
7	157	AAB-37	गृध्रसी	sciatica	17	40	8	6	1	0	72
8	80	AAB-63	बाधिर्यम् (केवलवात)	deafness (due only to वातदोष)	0	3	1	0	0	0	4
9	102	AAB-85	वाक्-सङ्गः	(केवलवात) lalling speech (due only to वातदोष)	0	1	2	0	0	0	3
10	2983	AAC-12.4	विबन्ध	simple constipation	0	0	1	1	0	0	2
11	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	12	26	5	7	0	0	50
12	179	AAC-37	शिरोग्रहः	head and neck rigidity	2	2	0	0	0	0	4
13	22	AAB-6	अर्दितः (केवलवात)	facial paralysis (due only to वातदोष)	0	2	0	0	0	0	2
14	140	AAC-7	वाताष्टीला	prostatic enlargement	0	1	0	0	0	0	1
15	141	AAC-8	अवबाहुकः	frozen shoulder	3	2	0	0	0	0	5
16	243	AAE-11	अस्थिगतवातः	aggravation of वात in अस्थि	1	0	0	0	0	0	1
17	248	AAE-16	सन्धिवातः	osteo-arthritis	47	69	6	13	0	0	135
18	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated वात in रक्त	1	0	0	0	0	0	1
19	326	ACB-1	अतिस्थौल्यम्	obesity (due only to कफदोष)	1	0	0	0	0	0	1

20	338	ACB-13	गलगण्डः (केवल-कफ)	goiter (due only to कफदोष)	1	0	0	0	0	0	1
21	332	ACB-7	बुद्धिमान्द्यम् (केवल-कफ)	lack of decisiveness (due only to कफदोष)	0	0	0	1	0	0	1
22	480	EA-3	कासः	cough/tussis	0	1	0	0	0	0	1
23	489	EA-4	श्वासः	dyspnoea	0	1	0	0	0	0	1
24	652	EB-10.16	त्रिकशूलः	sacralgia	20	29	5	3	0	0	57
25	515	EB-2	अतिसारः	diarrhoea	0	1	0	0	0	0	1
26	526	EB-2.10	रक्तातिसारः	अतिसार due to vitiated रक्त	0	0	1	0	0	0	1
27	558	EB-4	अम्लपित्तम्	hyperacidity	1	2	0	0	0	0	3
28	681	EC-2	हृद्रोगः	heart disease	0	0	0	1	0	0	1
29	823	EC-6	आमवातः	rheumatism due to आम	11	30	6	4	0	0	51
30	997	ED-10	विसर्पः	acute spreading eruptions	1	0	0	0	0	0	1
31	1029	ED-14	शीतपित्तम्	urticaria	0	0	0	0	0	0	0
32	838	ED-2.2	कण्डूः	pruritis	0	1	0	0	0	0	1
33	850	ED-2.8	निद्रानाशः/अस्वप्नः	loss of sleep (insomnia)	0	1	0	0	0	0	1
34	883	ED-4	कुष्ठम्	integumentary disease	2	2	0	0	0	0	4
35	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	1	3	0	0	0	0	4
36	905	ED-4.3.10	विचर्चिका	vicarcikA-कुष्ठ /wet Eczema	0	3	0	0	0	0	3
37	897	ED-4.3.3	किटिभः	kiTibha-कुष्ठ	2	2	0	0	0	0	4
38	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	2	0	0	0	0	2
39	985	ED-9.7.6	वृक्कजविद्रधिः	renal-विद्रधी	0	4	0	0	0	0	4
40	1063	EE-1	मांसवहस्रोतोदुष्टिः	derangement of maMsavahasrOtas	0	2	2	2	0	0	6
41	1074	EE-3	अर्शः	haemorrhoids	0	1	0	0	0	0	1
42	1076	EE-3.2	शुष्क-अर्शः	non-exudative अर्शस्	0	1	0	0	0	0	1
43	1095	EE-4	ग्रन्थिः	cyst	0	2	0	0	0	0	2
44	1100	EE-4.5	सिराजग्रन्थिः	ग्रन्थि afflicting vessels	0	1	0	0	0	0	1
45	1110	EF-2	प्रमेहः	diabetes mellitus	1	0	0	0	0	0	1
46	1139	EF-2.4.4	मधुमेहः/क्षौद्रमेहः	Diabetes mellitus	1	5	0	1	0	0	7

47	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	1	0	0	0	0	0	1
48	1258	EJ-3	मूत्राघातः	urinary retention	0	1	0	0	0	0	1
49	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	2	0	0	1	0	0	3
50	1324	EK-4	उदर/उदररोगः	ascitis	1	5	0	0	0	0	6
51	1374	EL-2.24	वन्ध्या	primary infertility	3	0	0	0	0	0	3
52	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	19	17	0	0	0	0	36
53	1421	EM	मनोवहस्रोतोविकारः	disorders of मनोवहस्रोतस्	0	1	0	0	0	0	1
54	1522	F	शिरोरोगः/शिरःशूल/शिरस्ताप/शिरो भिताप	disorders of head/cephalalgia	0	1	0	0	0	0	1
55	1530	F-8	अर्धावभेदकः	hemicrania	0	1	0	0	0	0	1
56	662	H	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	0	1	0	0	0	0	1
57	1704	HB-15	वातहत-वर्त्म	lagophthalmos	1	0	0	0	0	0	1
58	1745	HF-2	अधिमन्थः	glaucoma	1	1	0	0	0	0	2
59	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	1	4	0	1	0	0	6
60	2141	MB-1	स्कन्दग्रहः	possession of स्कन्द	0	0	1	0	0	0	1
61	2170	MD-11	दौर्बल्यम्	debility	0	4	4	1	0	0	9
Total					182	335	69	51	1	0	638

Disease wise average duration of hospitalisation during the reporting period 2024-25 (based on days of care to the patients discharged excluding cases of death and LAMA).

Average duration of hospitalisation (of a particular disease) =

$$\frac{\text{Total days of care provided to (for a particular disease) the patient discharged}}{\text{No. of patients discharged}}$$

Sl. No	Disease	Average duration of hospitalization
1	वाताव्याधि	13.80
2	उदावर्तः (केवलवात)	19.00
3	कम्पः/वेपथुः (केवलवात)	13.60
4	अङ्गमर्दः (केवलवात)	7.00
5	ग्रीवास्तंभ/ग्रीबहुंडनम (केवलवात)	10.30
6	गुदातिः (केवलवात)	30.00
7	गृध्रसी	13.30
8	बाधिर्यम् (केवलवात)	5.50
9	वाक्-सङ्गः	21.70
10	विबन्ध	2.50
11	पक्षाघातः/पक्षवधः	14.80
12	शिरोग्रहः	11.50
13	अर्दितः (केवलवात)	8.00
14	वाताष्ठीला	7.00
15	अवबाहुकः	11.40
16	अस्थिगतवातः	21.00
17	सन्धिवातः	12.50
18	असृग्गतवातः/रक्तगतवात	5.00
19	अतिस्थौल्यम्	13.00
20	गलगण्डः (केवल-कफ)	13.00
21	बुद्धिमान्द्यम् (केवल-कफ)	19.00
22	कासः	4.00
23	श्वसः	26.00
24	त्रिकशूलः	11.30
25	अतिसारः	18.00
26	रक्ततिसारः	5.00
27	अम्लपित्तम्	8.67
28	हृद्रोगः	1.00
29	आमवातः	15.00
30	विसर्पः	17.00

31	कण्डूः	2.00
32	निद्रानाशः/अस्वप्नः	14.00
33	कुष्ठम्	3.25
34	क्षुद्रकुष्ठम्	3.75
35	विचर्चिका	8.33
36	किटिभः	7.00
37	वातरक्तम्	5.50
38	वृक्कजविद्रधिः	14.00
39	मांसवहस्रोतोदुष्टिः	22.80
40	अर्शः	8.00
41	शुष्क-अर्शः	6.00
42	ग्रन्थिः	6.50
43	सिराजग्रन्थिः	11.00
44	प्रमेहः	29.00
45	मधुमेहः/क्षौद्रमेहः	8.00
46	अश्मरी	12.00
47	मूत्राघातः	10.00
48	श्वयथुः/शोथः/शोफः	9.33
49	उदर/उदररोगः	11.00
50	वन्ध्या	2.33
51	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	2.00
52	मनोवहस्रोतोविकारः	14.00
53	शिरोरोगः/शिरःशूल/शिरस्ताप/शिरोभिताप	18.00
54	अर्धावभेदकः	23.00
55	नेत्ररोगः/अक्षिरोगः	13.00
56	वातहत-वर्त्म	5.00
57	अधिमन्थः	9.50
58	तिमिरः	8.83
59	स्कन्दग्रहः	16.00
60	दौर्बल्यम्	18.30

8) statement of patients attended at OPD during the reporting year 2024-25

S.No	NAMC ID	NAMC Code	NAMC Name	Short definition	No. of patients treated																		Grand Total (M+F)			
					New									Follow up										Total		
					Adult			Child			Total			Adult			Child			Total				Total		
					M	F	T	M	F	T	M	T	F	M	F	T	M	F	T	M	T	F		M	T	F
1	147	AA C-12	आध्मानम्/ आनाहः	distension / tympanites / meteorism or painful abdominal distension	73	54	0	2	1	75	0	55	165	112	0	3	3	168	0	115	243	0	170	413		
2	2983	AA C-12.4	विबन्ध	simple constipation	296	175	0	16	13	312	0	188	641	358	0	15	39	656	0	397	968	0	585	1553		
3	152	AA C-15	एकाङ्ग वातः	monoplegia	3	2	0	0	0	3	0	2	7	3	0	0	0	7	0	3	10	0	5	15		
4	154	AA C-17	क्रोष्ठुक शीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
5	132	S	अपतन्नकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
6	157	AA C-20	गृध्रसी	sciatica	251	376	0	1	0	252	0	376	780	1077	0	0	1	780	0	1078	1032	0	1454	2486		
7	163	AA C-24	पक्षाघातः/पक्षवधः	hemiplegia/hemipar	161	73	0	1	0	162	0	73	637	196	0	6	8	643	0	204	805	0	277	1082		

				esis																				
8	16 6	AA C- 24.2	बाल- पक्षाघा तः	hemi plegi a in childr en	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
9	13 4	AA C-3	अपतान कः	ortho tonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
10	17 2	AA C-30	पङ्गुः (केवल वात)	lame ness (bilat eral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11	17 4	AA C-32	मन्यास्त म्भः	Stiff neck/ tortic ollis/ spas modi c tortic ollois	27	18	0	0	0	27	0	18	68	58	0	0	0	68	0	58	95	0	76	171
12	17 7	AA C-35	विश्राची	brach ial neura lgia /arm pain	4	1	0	0	0	4	0	1	12	7	0	0	0	12	0	7	16	0	8	24
13	17 9	AA C-37	शिरोग्र हः	head and neck rigidi ty	6	11	0	0	0	6	0	11	22	24	0	0	0	22	0	24	28	0	35	63
14	13 5	AA C-4	अर्दितः	facial paral ysis	13	6	0	0	0	13	0	6	30	6	0	0	0	30	0	6	43	0	12	55
15	13 9	AA C-6	अस्थिशो षः	osteo penia /oste opor	2	0	0	0	0	2	0	0	14	0	0	0	0	14	0	0	16	0	0	16

16	14 1	AA C-8	अववाहकः	sis froze n shoul der	90	82	0	0	0	90	0	82	186	153	0	0	0	186	0	153	276	0	235	511
17	14 2	AA C-9	ऊरुस्तम्भः	stiff thigh	1	0	0	0	0	1	0	0	2	0	0	0	0	2	0	0	3	0	0	3
18	24 8	AA E-16	सन्धिवातः	osteo - arthri tis	2129	2702	0	17	9	2146	0	2711	4134	5734	0	23	34	4157	0	5768	6303	0	8479	147 82
19	26 2	AB B-1	अक्षिपाकः	red eye/b loods hot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	28 5	AB B-24	दाहः	burni ng sensa tion	10	3	0	0	0	10	0	3	22	6	0	0	0	22	0	6	32	0	9	41
21	28 7	AB B-26	पालित्य	prem ature grayi ng of hair	12	9	0	1	1	13	0	10	17	16	0	0	0	17	0	16	30	0	26	56
22	34 8	AC B-23	अग्निमान्द्यम्	impai red dige stion / loss of appet ite	70	59	0	3	4	73	0	63	196	99	0	12	4	208	0	103	281	0	166	447
23	41 0	BA- 3.1	आर्तवक्षयः	scant y mens truati on/hy pome norrh oea/o	0	4	0	0	0	0	0	4	0	2	0	0	0	0	0	2	0	0	6	6

35	65 6	EB-11	उदावर्तः	obstipation	56	36	0	0	0	56	0	36	113	58	0	0	0	113	0	58	169	0	94	263
36	67 6	EB-12	परिकर्तिका	proctalgia	506	375	0	0	5	506	0	380	1264	898	0	1	6	1265	0	904	1771	0	1284	3055
37	51 5	EB-2	अतिसारः	diarrhoea	36	30	0	2	0	38	0	30	39	39	0	0	0	39	0	39	77	0	69	146
38	52 6	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
39	52 4	EB-2.8	आमातिसारः	Amst age of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	52 5	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41	53 6	EB-3	अजीर्णम्	indigestion	218	164	0	3	5	221	0	169	465	301	0	5	7	470	0	308	691	0	477	1168
42	54 3	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	55 8	EB-4	अम्लपित्तम्	hyperacidity	312	260	0	2	4	314	0	264	792	481	0	1	1	793	0	482	1107	0	746	1853
44	58 6	EB-6	छर्दिः	vomiting/emesis	2	1	0	0	0	2	0	1	2	2	0	0	0	2	0	2	4	0	3	7
45	60 1	EB-7	ग्रहणीदोषः	disorders	113	38	0	2	3	115	0	41	261	120	0	1	7	262	0	127	377	0	168	545

65	88 3	ED- 4	कुष्ठम्	integ umen tary disea se	379	326	0	25	23	404	0	349	697	604	0	18	30	715	0	634	1119	0	983	210 2
66	90 5	ED- 4.3.1 0	विचर्चि का	wet ecze ma	11	7	0	0	0	11	0	7	28	16	0	0	0	28	0	16	39	0	23	62
67	89 7	ED- 4.3.3	किटिभः	psori asis	49	20	0	1	0	50	0	20	164	79	0	0	0	164	0	79	214	0	99	313
68	89 8	ED- 4.3.4	विपादि का	crack s in palm s and soles	5	2	0	0	0	5	0	2	11	7	0	0	0	11	0	7	16	0	9	25
69	90 0	ED- 4.3.6	ददु- कुष्ठः	ringw orm/ tinea	41	40	0	4	1	45	0	41	92	93	0	2	0	94	0	93	139	0	134	273
70	90 2	ED- 4.3.8	पामा	scabi es	5	2	0	0	0	5	0	2	13	18	0	0	0	13	0	18	18	0	20	38
71	91 9	ED- 5	श्वित्रः	vitili go /leuc oder ma	39	35	0	6	13	45	0	48	143	103	0	17	42	160	0	145	205	0	193	398
72	29 79	ED- 6.10	रोमान्ति का	measl es	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73	94 2	ED- 6.8	लघु- मसूरिका	chick en pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74	94 4	ED- 7	रक्तपित्त म्		23	19	0	0	0	23	0	19	126	62	0	0	0	126	0	62	149	0	81	230
75	95 6	ED- 8	वातरक्त म्	rheu matis m due to रक्त	49	92	0	0	0	49	0	92	143	197	0	0	0	143	0	197	192	0	289	481
76	97	ED-	विद्रधिः	absce	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	2	9		ss																				
77	10 64	EE- 2	अर्बुदः	tumo r	12	10	0	0	0	12	0	10	57	54	0	0	0	57	0	54	69	0	64	133
78	10 74	EE- 3	अर्शः	haem orrhoids	886	383	1	12	7	898	1	390	3115	830	0	21	9	3136	0	839	4034	1	1229	526 4
79	10 95	EE- 4	ग्रन्थिः	cyst	173	223	0	12	15	185	0	238	531	688	0	16	11	547	0	699	732	0	937	166 9
80	11 39	EF- 2.4.4	मधुमेहः	diabe tes mellit us	391	228	0	0	0	391	0	228	1450	619	0	0	0	1450	0	619	1841	0	847	268 8
81	11 61	EF-3	मेदोरो गः	obesi ty	25	34	0	1	0	26	0	34	58	64	0	0	0	58	0	64	84	0	98	182
82	11 63	EF-4	पिडका	erupti on	2	5	0	0	0	2	0	5	2	13	0	0	0	2	0	13	4	0	18	22
83	11 73	EI-2	क्लैब्यम्	male infert ility	36	0	0	0	0	36	0	0	90	0	0	0	0	90	0	0	126	0	0	126
84	12 44	EI- 6.8	अन्त्र- वृद्धिः	herni a	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
85	12 45	EI- 6.9	अण्ड- वृद्धिः	scrot al swell ing	15	0	0	0	0	15	0	0	35	0	0	0	0	35	0	0	50	0	0	50
86	12 48	EJ-2	अश्मरी	lithia sis/ur olithi asis/n ephro lithia sis	164	138	0	1	0	165	0	138	302	284	0	1	0	303	0	284	468	0	422	890
87	12 58	EJ-3	मूत्राघा तः	urina ry retent ion	96	52	0	0	1	96	0	53	262	131	0	2	0	264	0	131	360	0	184	544
88	12 66	EJ- 3.6	वाताष्टी ला	prost atic enlar geme	31	0	0	0	0	31	0	0	87	0	0	0	0	87	0	0	118	0	0	118

89	12 78	EJ-4	मूत्रकृच्छ्रम्	dysuria	84	35	0	4	0	88	0	35	213	79	0	3	0	216	0	79	304	0	114	418
90	12 91	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	13 04	EK-3	श्वयथुः/ शोथः/ शोफः	oedema/inflammation	123	168	0	7	4	130	0	172	356	430	0	8	3	364	0	433	494	0	605	1099
92	13 19	EK-3.15	कर्णमूल शोथः	mumps	5	0	0	0	0	5	0	0	10	0	0	0	0	10	0	0	15	0	0	15
93	13 37	EK-4.6	यकृद्दाल्युदरः	hepatomegaly	136	57	0	5	3	141	0	60	346	137	0	12	6	358	0	143	499	0	203	702
94	13 38	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	13 39	EK-4.8	छिद्रोदरः/ क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	13 40	EK-4.9	जलोदरः	ascites	5	0	0	0	0	5	0	0	7	0	0	0	0	7	0	0	12	0	0	12
97	13 60	EL-2.10	उदावर्तिनी	dysmenorrhea	0	1	0	0	0	0	0	1	0	3	0	0	0	0	0	3	0	0	4	4
98	13 62	EL-2.12	जातघ्नी/ पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	13 66	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100	13 70	EL-2.20	महायोनिः/ विवृता	uterovaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

				al prola pse/p rocid entia																				
101	13 74	EL- 2.24	वन्ध्या	femal e infert ility	0	39	0	0	0	0	0	39	0	87	0	0	0	0	0	87	0	0	126	126
102	13 77	EL- 2.27	योनि- न्दः	vagin al cyst / barth olin's cyst	0	2	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	2	2
103	13 82	EL- 2.28	योनि- अर्शः	cervi cal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104	13 59	EL- 2.9	अरज स्का	amen orrhoe a	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105	13 92	EL- 4	रक्तप्रद रः/असृ ग्दरः	meno rrhag ia / metro rrhag ia / dysfu nctio nal uterin e bleed ing (DU B)	0	22	0	0	0	0	0	22	0	51	0	0	0	0	0	51	0	0	73	73
106	13 98	EL- 5	श्वेतप्रद रः	leuco rrhoe a	0	376	0	0	2	0	0	378	0	603	0	0	15	0	0	618	0	0	996	996
107	14 02	EL- 7.1	गर्भस्रा वः	misca rriage -	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1

				before fourth month																				
108	14 03	EL- 7.2	गर्भपातः	miscarriage -after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
109	14 12	EL- 8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
110	14 19	EL- 9	सूतिका रोगः	puerperal disorder	1	1	0	0	0	1	0	1	0	1	0	0	0	0	0	1	1	0	2	3
111	15 21	EM- 11	भ्रमः	giddiness / dizziness / vertigo	7	2	0	0	0	7	0	2	13	5	0	0	0	13	0	5	20	0	7	27
112	14 23	EM- 2	उन्मादः	psychosis/ insanity	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
113	14 57	EM- 3	अपस्मारः	epilepsy	15	3	0	0	1	15	0	4	29	20	0	0	0	29	0	20	44	0	24	68
114	14 66	EM- 5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115	14 79	EM- 6	मदः	intoxication due	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

				to drugs (other than alcohol)																				
116	14 91	EM-7	मूर्च्छा	syncope/fainting	4	0	0	0	0	4	0	0	8	0	0	0	0	8	0	0	12	0	0	12
117	15 22	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	63	124	0	2	1	65	0	125	147	216	0	4	5	151	0	221	216	0	346	562
118	15 32	F-10	शङ्खकः	temporal cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	15 29	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120	15 30	F-8	अर्ध्वाभेदकः	hemicrania	15	38	0	0	0	15	0	38	36	101	0	0	0	36	0	101	51	0	139	190
121	15 31	F-9	सूर्यावर्तः	sunshine induced cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122	15 43	FA-3	खलित्यम्	alopecia totalis	88	116	0	2	4	90	0	120	143	154	0	2	6	145	0	160	235	0	280	515
123	15 48	FA-4	दारुणकः	pytiriasis capiti	9	3	0	1	3	10	0	6	22	9	0	0	0	22	0	9	32	0	15	47

	70		कः	furunculosis																				
156	18/80	J-14	कर्ण- स्रावः	otorrhoea	9	7	0	3	0	12	0	7	14	16	0	0	1	14	0	17	26	0	24	50
157	18/96	J-19	बाधिर्यम्	deafness	29	13	0	2	0	31	0	13	98	44	0	2	0	100	0	44	131	0	57	188
158	18/97	J-20	कर्णशूलः	earache/otalgia	36	37	0	2	4	38	0	41	90	74	0	4	3	94	0	77	132	0	118	250
159	18/69	J-9	कर्ण- नादः	tinnitus	13	10	0	0	0	13	0	10	24	16	0	0	0	24	0	16	37	0	26	63
160	19/13	K	व्रणः	wounds	21	3	0	0	5	21	0	8	44	6	0	1	1	45	0	7	66	0	15	81
161	19/61	K-14	नाडीव्रणः	fistula/sinus wound	14	2	0	0	0	14	0	2	49	3	0	0	0	49	0	3	63	0	5	68
162	19/14	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163	19/71	LA	भग्नः (अस्थि भग्नः)	fracture	12	11	0	0	0	12	0	11	27	27	0	0	0	27	0	27	39	0	38	77
164	19/72	LA-1	सन्धिमुक्तम्	dislocation	0	1	0	0	0	0	0	1	2	0	0	0	0	2	0	0	2	0	1	3
165	20/13	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166	20/85	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

167	21 70	MD- 11	दौर्बल्यम्	debility	882	760	0	133	89	1015	0	849	1255	1058	0	106	83	1361	0	1141	2376	0	1990	436 6
168	21 72	MD- 13	शय्यामू त्रता	enuresis	0	0	0	9	3	9	0	3	0	0	0	29	30	29	0	30	38	0	33	71
169	21 73	MD- 14	कुक्कूणकः	opthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170	21 77	MD- 17	फक्क- रोगः	delay in walking	0	0	0	5	2	5	0	2	0	0	0	18	18	18	0	18	23	0	20	43
171	21 78	MD- 18	क्षीराल सकः	acute gastr oente ritis (pedi atric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172	21 64	MD- 7	गुदपाकः	proctitis	3	1	0	0	0	3	0	1	7	0	0	0	0	7	0	0	10	0	1	11
173	21 84	N	कृमिः/ सञ्जातकृ मि	worm infestation	7	5	0	22	10	29	0	15	10	5	0	43	23	53	0	28	82	0	43	125
174	22 50	O- 14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175	22 51	O- 15	कुनखः	paronychia	11	1	0	0	0	11	0	1	22	1	0	0	0	22	0	1	33	0	2	35
176	22 55	O- 18	गुदभ्रंशः	rectal prolapse	38	8	0	2	0	40	0	8	85	21	0	1	0	86	0	21	126	0	29	155
177	22 56	O- 19	चर्मकी लः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178	22 66	O- 25	निरुद्धप्र कशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	22 78	O- 33	मषकः	black gram	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1

188	49	AA B-33	ग्रीवास्तम्भः (केवल वात)	neck stiffness/torticollis/spasmodic torticollis (due only to vātadōṣa)	125	221	0	0	0	125	0	221	307	495	0	0	0	307	0	495	432	0	716	1148
189	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	499	0	0	4	0	0	503	0	871	0	0	1	0	0	872	0	0	1375	1375
190	1605	GE-2	गलग्रहः	throat spasm	3	8	0	0	0	3	0	8	11	19	0	0	0	11	0	19	14	0	27	41
191	72	AA B-55	पादशूलः (केवल वात)	leg pain (due only to vātadōṣa)	28	40	0	5	1	33	0	41	71	85	0	7	5	78	0	90	111	0	131	242
192	494	EA-4.5	तमकश्वसाः	Cold, tīvravēgaśvāsa, kāsam, inflammation of	22	20	0	3	3	25	0	23	40	32	0	16	5	56	0	37	81	0	60	141

				throat																				
193	13 99	EL- 6	गर्भिणी रोगः	obste tric disea ses and condi tions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
194	14 21	EM	मनोवह स्रोतोवि कारः	disor ders of manō vahas rōtas	73	45	0	4	1	77	0	46	219	121	0	6	6	225	0	127	302	0	173	475
195	35 73	I:10	Hypert ension(BP)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
196	11 18	EF- 2.2.6	शुक्रमेहः	the disor der is chara cteriz ed by śukrā bha mūtra pravṛ tti [sem en like appea rance of urine], śukra miśra mūtra pravṛ	105	0	0	0	0	105	0	0	248	0	0	0	0	248	0	0	353	0	0	353

				mmat ion], kārpā sīpha lasan nibha ḥ kaṇṭh a śōpha ḥ [phar ynge al swell ing as that of fruit of kārpā sa], picch ila śōpha ḥ [slim y swell ing],																				
199	55	AA B-39	जानुभेदः (केवल वात)	break ing pain of knees (due only to vātad ōṣa)	15	12	0	0	0	15	0	12	34	36	0	0	0	34	0	36	49	0	48	97

200	167	C-166	(Varico s Vain) सिरा:ग्रं थि		78	74	0	0	1	78	0	75	203	211	0	1	2	204	0	213	282	0	288	570
201	1236	EI-6	वृद्धि:	herni a, hydro cele	19	1	0	0	0	19	0	1	28	0	0	0	0	28	0	0	47	0	1	48
202	1385	EL-3.2	पित्तज/ आर्तवदु ष्टि:	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be similar to corresponding dosha], dōṣa vēdā nā [, kiñcit pītam [slightly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

				yello w], kiñcit picch ilama [nons limy] , kiñcit āñila m̄ [bluis h disch arge], daha diva prava rtatē [men strual disch age acco mpai ned with burni ng sensa tion]																				
203	19	AA B-3	अङ्गम र्दः (केवल वात)	gener alize d body ache (due only to vātad ōṣa)	6	17	0	0	0	6	0	17	16	39	0	0	0	16	0	39	22	0	56	78

204	28 88	VA	प्रकृति:	soma tic const itutio n	5	6	0	0	0	5	0	6	0	0	0	0	0	0	0	0	5	0	6	11
205	89 4	ED- 4.3	क्षुद्रकुष्ठम्	mino r skin disea ses	23	8	0	0	0	23	0	8	39	34	0	0	0	39	0	34	62	0	42	104
206	17 06	HB- 17	निमेषः	blink ing eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	90 1	ED- 4.3.7	चर्मदल- कुष्ठः	carm adala - kuSh ThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	10 8	AA B-91	विषादः /दीनता (केवल वात)	depre ssion/ apath y (due only to vātad ōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	40 6	BG	शुक्रवैष म्यम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
210	24 3	AA E-11	अस्थिग तवातः	aggra vatio n of vāta in asthi	18	12	0	0	0	18	0	12	59	44	0	0	0	59	0	44	77	0	56	133
211	23 10	O- 51	आलस्य म्	lazin ess/ letharg y (due to kaph	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

				adōṣa and other dōṣa																				
212	16 04	GE- 1	गलशु ण्डिका (कण्ठशु ण्डी)	uvulit is/elo ngate d uvula	2	0	0	0	0	2	0	0	2	0	0	0	0	2	0	0	4	0	0	4
213	21 32	M	बालरो गः	paedi atric medi cal condi tions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
214	65 2	EB- 10.1 6	त्रिकशू लः/	sacral gia	325	387	0	2	0	327	0	387	766	863	0	11	8	777	0	871	1104	0	1258	236 2
215	21 71	MD- 12	कुमारशो षः	mara smus/ prima ry comp lex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	13 50	EL- 2	योनिरो गः/यो नि- व्यापदः	gyne colog ical disor der	0	21	0	0	0	0	0	21	0	60	0	0	0	0	0	60	0	0	81	81
217	10 99	EE- 4.4	मेदोजग्र न्थिः	the disor der is chara cteriz ed by śarīra vṛddh i- kṣaya vṛddh	13	4	0	0	0	13	0	4	28	6	0	0	0	28	0	6	41	0	10	51

				i- hānih (gran thēḥ) [swel ling incre ases or decre ases accor ding to incre ase or decre ase of body mass																				
218	18 71	J-11	कर्ण- प्रतिना हः	tymp anic perfo ration	11	11	0	0	0	11	0	11	23	21	0	0	0	23	0	21	34	0	32	66
219	12 16	EI- 4.8	त्वक्पा कः	posth itis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	11 75	EI- 2.2	ध्वजभ ङ्गजकलै व्यम्	klaib ya due to erecti le dysfu nctio n	6	0	0	0	0	6	0	0	0	0	0	0	0	0	0	6	0	0	6	
221	22 69	O- 28	प्रसृतिः	hypo esthe sia	0	1	0	0	0	0	0	1	3	2	0	0	0	3	0	2	3	0	3	6
222	24 0	AA E-8	असृग्गत	vitiat ed	49	40	0	0	0	49	0	40	140	84	0	0	0	140	0	84	189	0	124	313

			वातः/रक्तगतवात	vāta in rakta																				
223	21	Z29.1	Phophysical Immunotherapy	Phophysical Immunotherapy	0	0	0	0	0	0	0	5	7	0	0	0	5	0	7	5	0	7	12	
224	2263	O-23	तिलकः/तिलकालक	sesame-eruption	2	0	0	0	0	2	0	2	0	0	0	0	2	0	0	4	0	0	4	
225	7	AA A-2	वातवृद्धिः	vātavṛddhiḥ	2	2	0	0	0	2	0	2	8	0	0	0	8	0	0	10	0	2	12	
226	265	AB B-4	अतिस्वेदः (केवलपित्त)		1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
227	2667	SH-2	विरेचनायोग	virēc anāyōga	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
228	173	AA C-31	मिन्मिनः	nasal voice	2	0	0	0	0	2	0	0	1	0	0	0	1	0	0	3	0	0	3	
229			Not consultant		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
				Grand Total	15619	15506	1	678	527	16297	1	16033	36075	30914	0	1039	835	37114	0	31749	53411	1	47782	101194

1) Geriatric OPD

S.no.	NAMC ID	NAMC Code	NAMC Name	Short_definition	No. of patients treated																		Grand Total (M+F+T)			
					New									Follow up										Total		
					Adult			Child		Total			Adult			Child		Total								
					M	F	T	M	F	M	F	T	M	F	T	M	F	T	M	F	T	M		F	T	
1	147	AAC-12	आध्मानम्/आनाहः	distension/typanites/meteorism or painful abdominal distension	1	3	0	0	0	1	3	0	6	1	0	0	0	6	1	0	7	4	0	11		
2	2983	AAC-12.4	विबन्ध	simple constipation	16	4	0	0	0	16	4	0	75	23	0	0	0	75	23	0	91	27	0	118		
3	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
4	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
6	157	AAC-20	गृध्रसी	sciatica	19	23	0	0	0	19	23	0	113	88	0	0	0	113	88	0	132	111	0	243		
7	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	15	6	0	0	0	15	6	0	91	22	0	0	0	91	22	0	106	28	0	134		
8	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
10	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		

11	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/spasmodic torticollis	1	0	0	0	0	1	0	0	5	0	0	0	5	0	0	6	0	0	6	
12	177	AAC-35	विश्रवाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
14	135	AAC-4	अर्दितः	facial paralysis	0	1	0	0	0	0	1	0	0	1	0	0	0	1	0	0	2	0	2	
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
16	141	AAC-8	अववाहकः	frozen shoulder	6	8	0	0	0	6	8	0	14	5	0	0	0	14	5	0	20	13	0	33
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
18	248	AAE-16	सन्धिवातः	osteo-arthritis	366	312	0	0	0	366	312	0	934	839	0	0	0	934	839	0	1300	1151	0	2451
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
20	285	ABB-24	दाहः	burning sensation	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
21	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	7	2	0	0	0	7	2	0	26	9	0	0	0	26	9	0	33	11	0	44
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
25	420	BI	राज्य	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

				eruptions																				
56	1013	ED-11	फिर ङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
57	1017	ED-12	प्लीहो दरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
58	1024	ED-13	क्षीप दः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
59	1029	ED-14	शीत पित्तम्	urticaria with vata predominance	1	2	0	0	0	1	2	0	4	4	0	0	0	4	4	0	5	6	0	11
60	1031	ED-15	उदरः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
61	1033	ED-16	भगन्द रः	fistula-in-ano	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62	838	ED- 2.2	कण्डूः	pruritis	32	10	0	0	0	32	10	0	158	54	0	0	0	158	54	0	190	64	0	254
63	850	ED- 2.8	निद्रा नाशः / अनि द्रा	loss of sleep (insomnia)	2	3	0	0	0	2	3	0	1	3	0	0	0	1	3	0	3	6	0	9
64	874	ED-3	काम ला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65	883	ED-4	कुष्ठम्	integumentary disease	1	5	0	0	0	1	5	0	25	7	0	0	0	25	7	0	26	12	0	38
66	905	ED- 4.3.10	विच र्चिका	wet eczema	0	1	0	0	0	0	1	0	0	5	0	0	0	0	5	0	0	6	0	6
67	897	ED- 4.3.3	किटि भः	psoriasis	1	2	0	0	0	1	2	0	10	5	0	0	0	10	5	0	11	7	0	18
68	898	ED- 4.3.4	विपा दिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
69	900	ED- 4.3.6	दहू- कुष्ठः	ringworm / tinea	3	1	0	0	0	3	1	0	27	0	0	0	0	27	0	0	30	1	0	31

70	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	1	1	0	0	0	1	1	0	8	3	0	0	0	8	3	0	9	4	0	13
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
74	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	2	4	0	0	0	2	4	0	16	21	0	0	0	16	21	0	18	25	0	43
76	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
77	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1
78	1074	EE-3	अर्शः	haemorrhoids	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79	1095	EE-4	ग्रन्थिः	cyst	7	5	0	0	0	7	5	0	25	28	0	0	0	25	28	0	32	33	0	65
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	57	18	0	0	0	57	18	0	245	85	0	0	0	245	85	0	302	103	0	405
81	1161	EF-3	मेदो रोगः	obesity	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
82	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
83	1173	EI-2	क्लैव्यम्	male infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84	1244	EI-6.8	अन्न-वृद्धिः	hernia	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1

85	1245	EI-6.9	अण्ड - वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	3	0	0	0	0	3	0	0	3	0	0	3
86	1248	EJ-2	अश्म री	lithiasis/urolithiasis/nephrolithiasis	2	5	0	0	0	2	5	0	30	16	0	0	0	30	16	0	32	21	0	53
87	1258	EJ-3	मूत्रा घातः	urinary retention	14	4	0	0	0	14	4	0	55	8	0	0	0	55	8	0	69	12	0	81
88	1266	EJ-3.6	वाता घीला	prostatic enlargement	9	0	0	0	0	9	0	0	17	0	0	0	0	17	0	0	26	0	0	26
89	1278	EJ-4	मूत्रकृ च्छ्रम्	dysuria	15	2	0	0	0	15	2	0	65	3	0	0	0	65	3	0	80	5	0	85
90	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	श्वय थुः/ शोथः /शो फः	oedema/inflammation	11	5	0	0	0	11	5	0	34	19	0	0	0	34	19	0	45	24	0	69
92	1319	EK-3.15	कर्णमू लशो थः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93	1337	EK-4.6	यकृदा ल्युद रः	hepatomegaly	6	1	0	0	0	6	1	0	20	1	0	0	0	20	1	0	26	2	0	28
94	1338	EK-4.7	बद्धगु दोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छिद्रो दरः / क्षतोद रम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोद रः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

97	1360	EL-2.10	उदाव तिनी	dysmennorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98	1362	EL-2.12	जात घ्नी/पु त्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	1366	EL-2.16	परि प्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100	1370	EL-2.20	महा योनि: / विवृ ता	utero-vaginal prolapse/procidence ntia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102	1377	EL-2.27	योनि कन्द:	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103	1382	EL-2.28	योनि - अर्श:	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104	1359	EL-2.9	अरज स्का	amenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105	1392	EL-4	रक्तप्र दर: /असृग्द र:	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106	1398	EL-5	श्वेतप्र दर:	leucorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107	1402	EL-7.1	गर्भ साव:	miscarriage- before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108	1403	EL-7.2	गर्भपा त:	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109	1412	EL-8	मूढग र्भ:	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110	1419	EL-9	सूति	puerperial	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126	1583	GC	दन्तगतरोगः	tooth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134	1649	GG	मुखपाकः	stomatitis	1	1	0	0	0	1	1	0	0	0	0	0	0	0	1	1	0	2
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137	1689	HB	वर्त्मरोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
141	1720	HD-1	प्रस्ता रि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
142	1740	HF-1	अभिप्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
143	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
144	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
147	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
149	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
150	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	7	3	0	0	0	7	3	0	14	8	0	0	0	14	8	0	21	11	0	32

151	1852	I-15	नासा गत- रक्तपि त्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152	1853	I-16	नासा र्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
153	1832	I-6	अपीन सः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154	1860	J	कर्णरो गः	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155	1870	J-10	कर्णपा कः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1880	J-14	कर्ण- स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157	1896	J-19	बाधि र्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158	1897	J-20	कर्णशू लः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159	1869	J-9	कर्ण- नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160	1913	K	व्रणः	wounds	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1
161	1961	K-14	नाडी व्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162	1914	KA	व्रण शोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163	1971	LA	भग्नः (अ स्थिभ ग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164	1972	LA-1	सन्धि मुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165	2013	LB-1	अग्निद	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

			रघु:																					
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
167	2170	MD-11	दौर्बल्यम्	debility	86	41	0	0	0	86	41	0	213	55	0	0	0	213	55	0	299	96	0	395
168	2172	MD-13	शल्यमूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
169	2173	MD-14	कुक्कुकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
170	2177	MD-17	फक्कुरोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
171	2178	MD-18	धीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
173	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
174	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
175	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
176	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
180	2280	O-35	युवानपिडका	pimples	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

			(मुख दूषि का)																					
181	2284	O-39	इन्द्रलु सः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
182	2287	O-42	व्य ङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
183	2243	O-7	अरुं षिका	eruptions on head having multiple openings/furunc ulosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
184	1110	EF-2	प्रमेहः	diabetes mellitus	5	2	0	0	0	5	2	0	57	8	0	0	0	57	8	0	62	10	0	72
185	4	AA	वात व्या धिः	disorders due to vāta	246	165	0	0	0	246	165	0	523	371	0	0	0	523	371	0	769	536	0	1305
186	1324	EK-4	उदर/ उदर रोगः	ascites	37	17	0	0	0	37	17	0	99	72	0	0	0	99	72	0	136	89	0	225
187	489	EA-4	श्वासः	dyspnoea	31	11	0	0	0	31	11	0	107	40	0	0	0	107	40	0	138	51	0	189
188	49	AAB- 33	ग्रीवा स्त म्भः (केव लवात	neck stiffness/torticoll is/spasmodic torticollois (due only to vātadōṣa)	4	5	0	0	0	4	5	0	20	3	0	0	0	20	3	0	24	8	0	32
189	1383	EL-3	आर्तव दोषः /आर्त वदु ष्टिः/ रजो दोषः	menstrual disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
190	1605	GE-2	गलग्र हः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

191	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vāṭadōṣa)	0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2
192	494	EA-4.5	तमकश्व्वासः	Cold, tivravēga śvāsa, kāsam, inflammation of throat	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
194	1421	EM	मनोवहस्रोतो विकारः	disorders of manōvahasrōtas	0	2	0	0	0	0	2	0	27	4	0	0	0	27	4	0	27	6	0	33
195	3573	I:10	Hypertension (BP)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterized by śūkrābha mūtra pravṛtti [semen like appearance of urine], śukra miśra mūtra pravṛtti [semen mixed urination], muhur mūtra pravṛtti [frequent micturition]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterized by nyagrōdhapararōh asadṛśagudāṅkur āḥ [anal sprouts as shoots of indian fig tree],	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

				lar joint]																				
199	55	AAB-39	जानु भेदः (केव लवात	breaking pain of knees (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
200	167	C-166	(Varicos Vain) सिराः ग्रं थि		3	1	0	0	0	3	1	0	0	1	0	0	0	0	1	0	3	2	0	5
201	1236	EI-6	वृद्धिः	hernia, hydrocele	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
202	1385	EL-3.2	पित्त ज/आ र्तवदु ष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be similar to corresponding dosha], dōṣa vēdanā [characteristics of pain will be similar to corresponding dōṣa], svaliṅgairdōṣaja m [same symptoms as that of corresponding dōṣa], kiñcit pītam [slightly yellow], kiñcit picchilama [nonslimy], kiñcit ānīlam [bluish discharge], dahadiva	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

				pravartatē [menstrual discharge accompanied with burning sensation]																			
203	19	AAB-3	अङ्ग मर्दः (केवल वात)	generalized body ache (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
204	2888	VA	प्रकृ तिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	894	ED-4.3	क्षुद्रकु ष्ठम्	minor skin diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
206	1706	HB-17	निमे षः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	901	ED-4.3.7	चर्मद ल- कुष्ठः	carmadala- kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	108	AAB-91	विषा दः/दी नता (केवल वात)	depression/apath y (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	406	BG	शुक्रवै षम्यम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
210	243	AAE-11	अस्थि गतवा तः	aggravation of vāta in asthi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
211	2310	O-51	आल स्यम्	laziness/lethargy (due to kaphadōṣa and other dōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
212	1604	GE-1	गलशु ण्डिका (कण्ठ)	uvulitis/elongate d uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

			शुण्डी)																					
213	2132	M	बाल रोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
214	652	EB-10.16	त्रिक शूलः/	sacralgia	21	18	0	0	0	21	18	0	86	64	0	0	0	86	64	0	107	82	0	189
215	2171	MD-12	कुमार शोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
216	1350	EL-2	योनि रोगः /यो नि-व्याप दः	gynecological disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
217	1099	EE-4.4	मेदोज ग्रन्थिः	the disorder is characterized by śarīravṛddhi-kṣayavṛddhi-hāniḥ (granthēḥ) [swelling increases or decreases according to increase or decrease of body mass], snigdhaḥ (granthiḥ) [unctuous swelling], mahān (granthiḥ) [large swelling], alparujah (granthiḥ) [swelling with mild pain], atikaṇḍūḥ (granthiḥ)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

218	1871	J-11	कर्ण- प्रति नाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
219	1216	EI-4.8	त्व क्पा कः	posthitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
220	1175	EI-2.2	ध्वज भङ्ग जक्लै व्यम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
221	2269	O-28	प्रसु प्तिः	hypoaesthesia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
222	240	AAE- 8	असृग्ग तवा तः/र क्तगत वात	vitiated vāta in rakta	10	5	0	0	0	10	5	0	59	15	0	0	0	59	15	0	69	20	0	89
223	21	Z29.1	Phop hylac tic Imm unot herap y	Phophylactic Immunotherapy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Grand Total					1223	819	0	0	0	1223	819	0	3603	2118	0	0	0	3603	2118	0	4826	2937	0	7763

2) Annual Progress Report of Ano-rectal Clinic for the Month of April 2024 to March, 2025

S.N	NAMC ID	NAMC Code	Disease	New		Old		Total		Grand Total
				M	F	M	F	M	F	
1	1033	ED-16	भगंदर	95	21	2582	273	2677	294	2971
2	1074	EE-3	अर्श	415	97	2249	357	2664	454	3118
3	1961	K-14	नाडीत्रण	2	2	88	27	90	29	119
4	676	EB-12	परिकर्तिका	410	246	1205	916	1615	1162	2777
5	276	ABB-15	गुदपाक	137	54	683	278	820	332	1152
Total				1059	420	6807	1851	7866	2271	10137

3) Clinical Research Leech Department Statement of patients attended at Leech Department during the month of April 2024 to March, 2025

S.N	NAMC ID	NAMC Code	Disease	Number of patients attended				Total		Grand Total
				M	F	MC	FC	M	F	
1	883	ED-4	कुष्ठ	0	0	0	0	0	0	0
2	1728	HD-9	शिराजाल	194	81	0	0	194	81	275
3	1024	ED-13	क्षीपद	0	0	0	0	0	0	0
4	919	ED-5	श्वित्र	0	0	0	0	0	0	0
5	2284	0-39	इंद्रलुप्त	0	0	0	0	0	0	0
Total				194	81	0	0	194	81	275

4) PHYSIOTHERAPY SECTION ANNUAL PROGRESS REPORT FOR THE MONTH OF April 2024 to March, 2025

Period	No of Patients attended on daily basis								Total		Grand Total
	I.P.D.				OPD						
	New				Old						
	M	F	M	F	M	F	M	F	M	F	
April- June 2024	63	76	398	503	65	72	34	14	559	665	1224
July-September 2024	46	53	383	426	75	67	27	22	531	568	1099
October - December 2024	30	43	159	351	60	69	8	4	257	467	724
Jan to March 2025	38	61	253	463	55	60	9	7	355	591	946
Total	177	233	1193	1743	255	268	78	47	1702	2291	3993

Panchakarma Clinic

S.No.	Disease	IPD								OPD								TO TAL
		NEW				OLD				NEW				OLD				
		M	F	MC	FC	M	F	MC	FC	M	F	MC	FC	M	F	MC	FC	
1	SandhiVaat	32	114	0	0	17	32	0	0	11	57	0	0	3	31	0	0	297
2	Kati Shool	25	32	0	0	10	10	0	0	0	2	0	0	0	0	0	0	79
3	Aamvata	8	38	1	0	2	22	0	1	0	0	0	0	0	0	0	0	72
4	Avbahuk	2	4	0	0	1	0	0	0	0	4	0	0	0	0	0	0	11
5	Vatavyadhi	31	45	20	5	9	20	8	3	0	3	1	0	0	0	0	1	146
7	Pakshaghaat	45	2	1	0	16	4	1	0	0	0	0	0	0	0	0	0	69
8	Gridhrasi	32	48	0	0	12	17	0	0	4	0	0	0	0	0	0	0	113
9	Udar Roga	2	2	0	0	0	2	0	0	2	0	0	0	0	0	0	0	8
10	Artava Dusti	0	40	0	0	0	2	0	0	0	2	0	0	0	0	0	0	44
11	Netra Rog/ Timir	3	3	0	0	1	3	0	0	1	0	0	0	0	0	0	0	11
12	Wak sanga	0	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	2
13	Greevastambh	3	7	0	0	2	0	0	0	1	4	0	0	0	0	0	0	17
14	Prameha	0	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	3
15	Twakvikaar	4	4	0	0	1	1	0	0	0	0	0	0	0	0	0	0	10
17	Budhi mandya	0	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	2
18	Anidra	1	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	3
21	Mansh sosha	1	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	3
26	Kampavaat	5	1	0	0	1	1	0	0	0	0	0	0	0	0	0	0	8
29	Ardit	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
30	Kitibha	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	3
31	Skandgarah	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
37	Amalpitta	0	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	3
41	Vibandh	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
43	Shotha	0	2	1	0	1	0	0	0	0	0	0	0	0	0	0	0	4
45	Shira granthi	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
46	Ashmari	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
48	Stholya	1	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	3
51	Atishar	1	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	3
52	Vrika roga	3	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	5
54	Ajirna	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
55	Garahni	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
56	Udavarta	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	2
57	Swash	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	2
58	Madhumeha	5	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	6
59	Vata rakta	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2
60	Asthimajjagat vata	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
61	Galganda	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	2
62	Shiro roga	3	2	0	0	1	1	0	0	0	0	0	0	0	0	0	0	7
63	Mansh gata vata	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1
64	Vischarchika	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
65	Daurbalya	5	0	2	0	1	0	1	0	0	0	0	0	0	0	0	0	9
66	Grivagata vata	4	2	0	0	1	1	0	0	0	5	0	0	0	1	0	0	14
67	Swet pradar	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2
68	Kustha	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
69	Manovikara	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1
70	Garanthi vikar	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
71	Vandhatwa	0	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	3
72	Arsha	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2
73	Mutra roga	1	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4

74	Griva graha	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
75	Griva shool	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	2
76	Goudarti	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	2
77	Anga marda	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
78	Manhs shosha	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1
79	Visharpa	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
80	Kandu	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
81	Others	5	4	1	0	2	1	1	0	0	0	0	0	0	0	0	0	14
Total		233	388	32	5	82	124	15	4	20	77	1	0	3	32	0	1	1017

5) DISTRIBUTION OF PATIENTS AS PER PROCEDURES

S.No.	Procedures	Sittings
1	Abhyanga	2882
2	S. Sweda	1718
3	N. Sweda	789
4	Janu Basti	3652
5	Kshir Basti	159
6	Nasya	599
7	Patra Pind	873
8	Kati Basti	1194
9	Niruh Basti	615
10	Dashang Lep	743
11	Shirodhara Kwath	217
12	Anuvasan Basti	974
13	Matra Basti	1481
14	Ann Lapan	17
15	Jambira Pind	51
16	Ruksh Sweda	0
17	Upnaah /Andalep	213
18	Shiro Abhyang	0
19	Kshaye Dhara	0
20	Talam	0
21	Urdhavartan	170
22	Churna Pind	15
23	Takra Dhara	54
24	Greeva Basti	131
25	Vetaran Basti	291
26	Shashtik Shali	175
27	Baluka Sweda	436
28	Sarvang dhara	25
29	Shirodhara Tail	138
30	Anda basti	44
31	Virechan	52
32	Vaman	1
34	Shiro picchu	32
35	Prisht basti	35
36	Yoga basti	0
37	Janu dhara	8
38	Kshir Dhum	0
39	Shiro basti	0
40	Lekhan basti	2
41	Picha basti	8
42	Karna puran	0
43	Kshir Dhara	57
Total		17851

6) Ayurveda Treatment Centre, Lady Hardinge Medical College & Hospital

S. No.	NA MC ID	NA MC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympantites/me teorism or painful abdominal distension	160	154	13	8	173	162	265	217	9	5	274	222	447	384	831
2.	2983	AAC-12.4	विवन्ध	simple constipation	161	138	6	4	167	142	203	163	1	2	204	165	371	307	678
3.	152	AAC-15	एकाङ्गवातः	monoplegia	9	7	0	0	9	7	5	3	0	0	5	3	14	10	24
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	10	7	0	1	10	8	51	12	0	0	51	12	61	20	81
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	35	33	0	0	35	33	48	56	0	2	48	58	83	91	174
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	8	3	0	0	8	3	6	6	0	0	6	6	14	9	23
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/spasmodic torticollois	22	22	0	0	22	22	45	26	0	0	45	26	67	48	115
12.	177	AAC-35	विश्व्वाची	brachial neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

13.	179	AAC-37	शिरोग्रहः	/arm pain head and neck rigidity	0	3	0	0	0	3	0	0	0	0	0	0	0	3	3
14.	135	AAC-4	अर्दितः	facial paralysis	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	2	2	0	2	2	4	0	0	0	5	0	5	2	9	11
16.	141	AAC-8	अवबाहुकः	frozen shoulder	34	28	0	0	34	28	42	44	1	2	43	46	77	74	151
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	2	1	0	0	2	1	2	1	0	1	2	2	4	3	7
18.	248	AAE-16	सन्धिवातः	osteoarthritis	250	271	0	0	250	271	298	387	0	1	298	388	548	659	1207
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot of eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	285	ABB-24	दाहः	burning sensation	6	7	0	0	6	7	7	3	0	0	7	3	13	10	23
21.	287	ABB-26	पालित्य	premature graying of hair	12	11	0	0	12	11	19	16	0	0	19	16	31	27	58
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	34	32	0	1	34	33	67	67	0	0	67	67	101	100	201
23.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	74	0	0	0	74	0	109	0	2	0	111	0	185	185
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	471	EA-2	हिक्का	hiccup/singultus	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
27.	480	EA-3	कासः	cough / tussis	115	100	29	35	144	135	143	128	41	29	184	157	328	292	620
28.	489	EA-4	श्वासः	dyspnoea	46	36	2	3	48	39	93	74	14	11	107	85	155	124	279
29.	500	EA-	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

		5																	
30.	511	EA-6	उरःक्षतः /क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	633	EB-10	शूलः	colicky pain/abdomi nal colic	25	19	0	2	25	21	44	30	3	0	47	30	72	51	123
32.	643	EB-10.1 0	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33.	647	EB-10.1 1	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	650	EB-10.1 4	हृदयशूलः	cardialgia/pr ecordial pain	9	4	0	0	9	4	2	3	0	0	2	3	11	7	18
35.	651	EB-10.1 5	पार्श्वशूलः	flank pain	12	5	0	0	12	5	8	6	1	0	9	6	21	11	32
36.	656	EB-11	उदावर्तः	obstipation	2	3	0	0	2	3	2	1	0	0	2	1	4	4	8
37.	676	EB-12	परिकर्तिका	proctalgia	25	20	0	0	25	20	38	27	0	0	38	27	63	47	110
38.	515	EB-2	अतिसारः	diarrhoea	45	38	0	1	45	39	52	38	0	0	52	38	97	77	174
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	2	1	0	0	2	1	2	1	3
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	3	2	0	0	3	2	3	2	5
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	49	57	0	0	49	57	39	40	4	4	43	44	92	101	193
43.	543	EB-3.7	विसूचिका	acute gastroenterit is	6	4	0	0	6	4	8	2	0	0	8	2	14	6	20

44.	558	EB-4	अम्लपित्तम्	hyperacidity	106	92	0	1	106	93	154	152	0	0	154	152	260	245	505
45.	586	EB-6	छर्दिः	vomiting/emesis	1	2	0	1	1	3	0	0	0	0	0	0	1	3	4
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	38	23	0	0	38	23	64	37	0	0	64	37	102	60	162
47.	611	EB-8	गुल्मः	lump	9	4	0	0	9	4	11	6	0	0	11	6	20	10	30
48.	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
49.	681	EC-2	हृद्रोगः	heart disease	15	10	0	0	15	10	24	13	2	0	26	13	41	23	64
50.	689	EC-3	ज्वरः	fever / pyrexia	35	37	1	2	36	39	31	28	0	0	31	28	67	67	134
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	4	3	0	0	4	3	2	0	0	0	2	0	6	3	9
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
53.	812	EC-5	पाण्डुरोगः	anaemia	16	39	1	3	17	42	37	80	0	0	37	80	54	122	176
54.	823	EC-6	आमवातः	rheumatism due to आम	126	121	0	1	126	122	137	192	0	0	137	192	263	314	577
55.	828	EC-7	अरुचिः	anorexia	27	25	5	1	32	26	32	25	0	1	32	26	64	52	116
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	2	4	0	0	2	4	0	0	0	0	0	0	2	4	6
57.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1024	ED-13	क्षीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1029	ED-14	शीतपित्तम्	urticaria with vata	25	21	0	0	25	21	33	47	2	0	35	47	60	68	128

				predominan ce															
61.	1031	ED-15	उदरदः	urticaria with kapha predominan ce	2	1	0	0	2	1	1	4	0	0	1	4	3	5	8
62.	1033	ED-16	भगन्दरः	fistula-in- ano	16	11	0	0	16	11	28	32	0	0	28	32	44	43	87
63.	838	ED-2.2	कण्डूः	pruritis	97	136	8	5	105	141	154	195	12	7	166	202	271	343	614
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	17	15	0	0	17	15	9	27	0	0	9	27	26	42	68
65.	874	ED-3	कामला	jaundice	2	4	0	1	2	5	4	1	0	1	4	2	6	7	13
66.	883	ED-4	कुष्ठम्	integumenta ry disease	7	7	0	0	7	7	8	11	0	0	8	11	15	18	33
67.	905	ED-4.3.1 0	विचर्चिका	wet eczema	5	2	0	0	5	2	8	0	0	0	8	0	13	2	15
68.	897	ED-4.3.3	किटिभः	psoriasis	3	9	0	0	3	9	0	0	0	0	0	0	3	9	12
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	2	1	0	0	2	1	0	2	0	0	0	2	2	3	5
70.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	23	28	0	3	23	31	40	36	0	6	40	42	63	73	136
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	13	11	1	0	14	11	27	13	0	0	27	13	41	24	65
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	11	15	2	0	13	15	7	10	0	0	7	10	20	25	45
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	141	175	1	0	142	175	209	312	2	0	211	312	353	487	840

77.	972	ED-9	विद्रधि:	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	1064	EE-2	अर्बुदः	tumor	0	34	0	0	0	34	0	39	0	1	0	40	0	74	74
79.	1074	EE-3	अर्शः	haemorrhoids	63	58	2	0	65	58	168	167	2	0	170	167	235	225	460
80.	1095	EE-4	ग्रन्थिः	cyst	16	42	3	2	19	44	30	64	4	5	34	69	53	113	166
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	118	100	0	0	118	100	247	164	0	0	247	164	365	264	629
82.	1161	EF-3	मेदोरोगः	obesity	2	4	0	0	2	4	4	2	0	0	4	2	6	6	12
83.	1163	EF-4	पिडका	eruption	1	1	0	1	1	2	0	0	0	0	0	0	1	2	3
84.	1173	EI-2	क्लैब्यम्	male infertility	54	0	0	0	54	0	92	0	0	0	92	0	146	0	146
85.	1244	EI-6.8	अन्न-वृद्धिः	hernia	3	0	0	0	3	0	1	0	0	0	1	0	4	0	4
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
87.	1248	EJ-2	अश्मरी	lithiasis/uroolithiasis/nephrolithiasis	39	37	1	3	40	40	129	124	8	0	137	124	177	164	341
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	66	70	2	0	68	70	228	159	5	3	233	162	301	232	533
91.	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	31	44	9	5	40	49	136	107	20	10	156	117	196	166	362
93.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	यकृद्वालयुदरः	hepatomegaly	71	63	0	1	71	64	192	147	3	7	195	154	266	218	484
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
97.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
99.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidencia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
102.	1374	EL-2.24	वन्ध्या	female infertility	6	16	0	0	6	16	22	22	0	0	22	22	28	38	66
103.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
105.	1359	EL-2.9	अरजस्का	amenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
106.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	16	0	0	0	16	0	26	1	0	1	26	1	42	43
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	153	0	5	0	158	0	233	0	7	0	240	0	398	398
108.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
112.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
113.	1423	EM-2	उन्मादः	psychosis/in sanity	12	12	4	2	16	14	42	24	6	0	48	24	64	38	102
114.	1457	EM-3	अपस्मारः	epilepsy	23	15	1	3	24	18	26	17	0	0	26	17	50	35	85
115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	29	27	0	0	29	27	40	47	0	0	40	47	69	74	143
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धावभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	30	23	2	0	32	23	63	35	0	2	63	37	95	60	155
124.	1548	FA-4	दारुणकः	pytiriasis capitis	18	8	2	2	20	10	30	20	3	0	33	20	53	30	83
125.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

127.	1583	GC	दन्तरोगः	tooth disorders	6	4	0	0	6	4	3	3	0	0	3	3	9	7	16
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	5	6	0	0	5	6	1	1	2	0	3	1	8	7	15
132.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1643	GF-19	गलगण्डः	goiter	22	16	1	0	23	16	24	39	0	0	24	39	47	55	102
136.	1649	GG	मुखपाकः	stomatitis	3	1	0	1	3	2	3	3	0	0	3	3	6	5	11
137.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/eye diseases	6	5	0	1	6	6	7	14	0	0	7	14	13	20	33
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
139.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

143.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	नासारोगः	nose diseases	1	4	2	0	3	4	4	6	0	7	4	13	7	17	24
152.	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	82	77	9	6	91	83	167	145	4	5	171	150	262	233	495
153.	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	3	0	0	0	3	0	3	3
154.	1853	I-16	नासार्शः	nasal polyp	1	1	0	0	1	1	1	2	0	0	1	2	2	3	5
155.	1832	I-6	अपीनसः	chronic rhinitis	5	5	0	1	5	6	1	6	0	0	1	6	6	12	18
156.	1860	J	कर्णरोगः	ear diseases	7	5	2	0	9	5	4	9	1	0	5	9	14	14	28
157.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

158.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	1913	K	व्रणः	wounds	0	0	0	1	0	1	3	1	0	0	3	1	3	2	5
163.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
165.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	1	0	0	0	1	0	4	0	0	0	4	0	5	0	5
166.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	172	94	14	6	186	100	308	157	25	12	333	169	519	269	788
170.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	2173	MD-14	कुक्कुणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	1	1	0	0	1	1	1	2	0	0	1	2	2	3	5
175.	2184	N	कृमिः/सञ्जात	worm	26	20	3	9	29	29	47	38	1	4	48	42	77	71	148

			कृमि	infestation															
176.	2250	O-14	कदरः	corn /callosity	0	1	0	1	0	2	2	0	0	0	2	0	2	2	4
177.	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	36	40	2	0	38	40	38	29	0	0	38	29	76	69	145
183.	2284	O-39	इन्द्रलुप्तः	alopecia	1	0	0	0	1	0	2	1	0	0	2	1	3	1	4
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	17	13	0	1	17	14	28	28	0	0	28	28	45	42	87
185.	2243	O-7	अरुंधिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					2889	2960	113	115	3002	3075	4519	4568	165	109	4684	4677	7686	7752	15438

DEPARTMENT OF INTEGRATED MEDICINE LADY HARDINGE MEDICAL COLLEGE AND ASSOCIATED HOSPITAL, NEW DELHI

Nov 2023- Mar 2024 & Apr 2024-Mar 2025 (Since the establishment of Department)

	New Patients						Follow up						Grand total		
	Adult		Child		Total		Adult		Child		Total		Total		
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	
Nov 2023- Mar 2024	1097	1008	51	34	1148	1042	1533	1296	41	17	1574	1313	2722	2355	5077
Apr 2024- Mar 2025	2889	2960	113	115	3002	3075	4519	4568	165	109	4684	4677	7686	7752	15438

7) Ayurveda Treatment Centre, Safdarjung Hospital, New DelhiAyurveda Treatment Centre, Safdarjung Hospital, New Delhi
Last Five Years

Year	New Patients						Follow up						Total		Grand total
	Adult		Child		Total		Adult		Child		Total		M	F	
	M	F	M	F	M	F	M	F	M	F	M	F			
2021-2022	4485	3319	148	106	4633	3425	6529	4754	209	84	6738	4838	11371	8263	19634
2022-2023	5468	4084	193	126	5661	4210	7466	5684	180	118	7646	5802	13307	10012	23319
2023-2024	5350	4211	162	135	5512	4346	9075	7101	175	139	9250	7240	14762	11586	26348
2024-2025	5578	4673	185	123	5763	4796	9552	8401	169	139	9721	8540	15484	13336	28820

Ayurveda Treatment Centre, Safdarjung Hospital, New Delhi

S. No.	NAMC ID	NAMC Code	NAMC Name	Short definition	New												Follow up		Total		Grand Total (M+F)
					Adult		Child		Total		Adult		Child		Total		M	F			
					M	F	M	F	M	F	M	F	M	F	M	F					
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tymp anites	100	54	0	0	100	54	154	80	1	0	155	80	255	134	389		
2.	2983	AAC-12.4	विबन्ध	constipation	515	198	5	3	520	201	694	241	0	2	694	243	1214	444	1658		
3.	152	AAC-15	एकाङ्ग वातः	monoplegia	74	51	0	0	74	51	83	72	0	0	83	72	157	123	280		
4.	154	AAC-17	क्रोष्टुक शीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		

5.	132	AAC-2	अपतन्नकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	254	213	0	0	254	213	360	363	0	0	360	363	614	576	1190
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	26	9	0	0	26	9	69	9	0	0	69	9	95	18	113
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthonosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis	27	39	0	0	27	39	28	47	0	0	28	47	55	86	141
12.	177	AAC-35	विश्व्वाची	brachial neuralgia /arm pain	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
14.	135	AAC-4	अर्दितः	ardit	2	2	0	0	2	2	12	0	0	0	12	0	14	2	16
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1

16.	141	AAC-8	अवबाहु कः	frozen shoulder	28	34	0	0	28	34	37	59	0	0	37	59	65	93	158
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18.	248	AAE-16	सन्धिवातः	osteoarthritis	453	426	0	0	453	426	918	764	1	1	919	765	1372	1191	2563
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	3	0	0	0	3	0	0	0	0	0	0	0	3	3
20.	285	ABB-24	दाहः	burning sensation	13	5	0	0	13	5	9	12	0	0	9	12	22	17	39
21.	287	ABB-26	पालित्य	premature graying of hair	12	4	1	0	13	4	5	2	2	0	7	2	20	6	26
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion	15	6	4	1	19	7	57	10	2	0	59	10	78	17	95
23.	410	BA-3.1	आर्तवक्षयः	oligomenorrhea	0	549	0	0	0	549	0	1774	0	0	0	1774	0	2323	2323
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	420	BI	राज्यक्ष्मा	consumption	10	9	0	0	10	9	16	16	0	0	16	16	26	25	51
26.	471	EA-2	हिक्का	hiccup/singultus	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
27.	480	EA-3	कासः	cough / tussis	314	178	33	28	347	206	340	178	29	18	369	196	716	402	1118

28.	489	EA-4	श्वासः	dyspnoea	108	59	5	3	113	62	177	112	7	8	184	120	297	182	479
29.	500	EA-5	स्वरभेदः	dysphonia	4	1	0	1	4	2	0	0	0	0	0	0	4	2	6
30.	511	EA-6	उरःक्षतः /क्षतक्षीण	thoracic trauma	2	1	0	0	2	1	5	2	0	0	5	2	7	3	10
31.	633	EB-10	शूलः	colicky pain/abdominal colic	168	153	10	6	178	159	205	219	7	7	212	226	390	385	775
32.	643	EB-10.10	परिणाम शूलः	duodenal ulcer	3	4	0	0	3	4	5	4	0	0	5	4	8	8	16
33.	647	EB-10.11	अन्नद्रव शूलः	peptic ulcer	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	651	EB-10.15	पार्श्वशूलः	flank pain	0	1	0	0	0	1	4	1	0	0	4	1	4	2	6
36.	656	EB-11	उदावर्तः	obstipation	24	10	0	0	24	10	34	15	0	0	34	15	58	25	83
37.	676	EB-12	परिकर्तिका	proctalgia	32	14	3	0	35	14	36	28	0	0	36	28	71	42	113
38.	515	EB-2	अतिसारः	diarrhoea	6	3	0	0	6	3	1	1	0	0	1	1	7	4	11

39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	Amstage of अतिसार	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	184	87	0	4	184	91	328	95	0	3	328	98	512	189	701
43.	543	EB-3.7	त्रिसूत्रिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	149	98	0	0	149	98	241	161	0	0	241	161	390	259	649
45.	586	EB-6	हृदिः	vomiting/emesis	3	1	0	0	3	1	1	0	0	0	1	0	4	1	5
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastrointestinal tract	77	23	1	0	78	23	156	32	0	0	156	32	234	55	289
47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1

48.	628	EB-9	प्रवाहिका	dysentery	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
49.	681	EC-2	हृद्दोगः	heart disease	74	26	1	0	75	26	230	61	0	0	230	61	305	87	392
50.	689	EC-3	ज्वरः	fever / pyrexia	55	70	6	6	61	76	37	101	1	4	38	105	99	181	280
51.	761	EC-3.10	विषम ज्वरः	intermittent pyrexia	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3
54.	823	EC-6	आमवातः	rheumatism due to आम	146	241	1	1	147	242	227	476	0	0	227	476	374	718	1092
55.	828	EC-7	अरुचिः	anorexia	17	13	3	1	20	14	5	5	5	9	10	14	30	28	58
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
57.	1013	ED-11	फिरङ्गः	syphilis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
58.	1017	ED-12	प्लीहोदरः	splenomegaly	3	1	0	0	3	1	0	5	0	0	0	5	3	6	9
59.	1024	ED-13	क्षीपदः	filariasis	3	0	0	0	3	0	7	0	0	0	7	0	10	0	10

60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	6	2	0	0	6	2	2	0	0	0	2	0	8	2	10
61.	1031	ED-15	उदरदः	urticaria with kapha predominance	2	1	0	0	2	1	0	0	0	0	0	0	2	1	3
62.	1033	ED-16	भगन्दरः	fistula-in-ano	27	6	0	0	27	6	35	5	0	0	35	5	62	11	73
63.	838	ED-2.2	कण्डूः	pruritis	46	38	1	0	47	38	77	60	7	0	84	60	131	98	229
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	12	9	0	0	12	9	11	6	0	0	11	6	23	15	38
65.	874	ED-3	कामला	jaundice	10	5	1	0	11	5	9	0	0	0	9	0	20	5	25
66.	883	ED-4	कुष्ठम्	integumentary disease	309	222	18	11	327	233	513	330	24	14	537	344	864	577	1441
67.	905	ED-4.3.10	विचर्चिका	wet eczema	15	4	0	0	15	4	49	3	0	0	49	3	64	7	71
68.	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	43	20	0	2	43	22	81	37	0	0	81	37	124	59	183

71.	902	ED-4.3.8	पामा	scabies	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	22	27	5	2	27	29	96	64	13	6	109	70	136	99	235
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	6	4	0	0	6	4	2	2	0	0	2	2	8	6	14
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	48	38	1	0	49	38	73	31	1	0	74	31	123	69	192
77.	972	ED-9	विद्रधिः	abscess	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
78.	1064	EE-2	अर्बुदः	tumor	7	10	1	0	8	10	20	54	3	0	23	54	31	64	95
79.	1074	EE-3	अर्शः	haemorrhoids	312	148	3	0	315	148	512	217	3	1	515	218	830	366	1196
80.	1095	EE-4	ग्रन्थिः	cyst	110	116	1	4	111	120	211	120	0	3	211	123	322	243	565
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	263	111	0	2	263	113	551	168	0	0	551	168	814	281	1095
82.	1161	EF-3	मेदोरोगः	obesity	14	5	0	2	14	7	20	8	0	4	20	12	34	19	53
83.	1163	EF-4	पिडका	eruption	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
84.	1173	EI-2	क्लैव्यम्	male infertility	232	0	0	0	232	0	582	0	0	0	582	0	814	0	814
85.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	2	0	1	0	3	0	5	0	0	0	5	0	8	0	8

86.	124 5	EI- 6.9	अण्ड- वृद्धिः	scrotal swelling	7	0	0	0	7	0	7	0	0	0	7	0	14	0	14
87.	124 8	EJ-2	अश्मरी	lithiasis /urolithi asis/nep hrolithi asis	89	57	0	0	89	57	256	78	0	0	256	78	345	135	480
88.	125 8	EJ-3	मूत्राघा तः	urinary retentio n	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
89.	126 6	EJ- 3.6	वाताघ्नी ला	prostat ic enlarge ment	14	0	0	0	14	0	47	0	0	0	47	0	61	0	61
90.	127 8	EJ-4	मूत्रकृच्छ्र म्	dysuria	169	60	6	2	175	62	429	110	2	5	431	115	606	177	783
91.	129 1	EK-2	तृष्णा	polydyp sia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	130 4	EK-3	श्वयथुः/ शोथः/ शोफः	oedema /inflam mation	63	58	1	1	64	59	227	96	1	11	228	107	292	166	458
93.	131 9	EK- 3.15	कर्णमूल शोथः	mumps	0	0	0	0	0	0	1	2	0	0	1	2	1	2	3
94.	133 7	EK- 4.6	यकृद्वा ल्युदरः	hepato megaly	56	9	0	0	56	9	120	21	0	2	120	23	176	32	208
95.	133 8	EK- 4.7	बद्धगुदो दरः	intestin al obstruct ion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	133 9	EK- 4.8	छिद्रोद रः / क्षतोदर म्	Intestin al perforat ion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

97.	134 0	EK- 4.9	जलोदरः	ascites	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
98.	136 0	EL- 2.10	उदावर्ति नी	dysmen norhea	0	10	0	0	0	10	0	29	0	0	0	29	0	39	39
99.	136 2	EL- 2.12	जातघ्नी/ पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	136 6	EL- 2.16	परिप्लु ता	acute vaginitis	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
101.	137 0	EL- 2.20	महायो निः /विवृता	utero- vaginal prolaps e/procid entia	0	0	0	0	0	0	0	6	0	0	0	6	0	6	6
102.	137 4	EL- 2.24	बन्ध्या	female infertilit y	0	21	0	0	0	21	0	46	0	0	0	46	0	67	67
103.	137 7	EL- 2.27	योनिक् न्दः	vaginal cyst / bartholi n's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	138 2	EL- 2.28	योनि- अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	135 9	EL- 2.9	अरज स्का	amenorr hea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	139 2	EL-4	रक्तप्रद रः/असृ ग्दरः	menorr hagia / metrorr hagia /(DUB)	0	253	0	1	0	254	0	803	0	0	0	803	0	1057	1057
107.	139 8	EL-5	श्वेतप्रद रः	leucorrh oea	0	222	0	0	0	222	0	325	0	0	0	325	0	547	547

108.	140 2	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
109.	140 3	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	141 2	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	141 9	EL-9	सूतिका रोगः	puerperal disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	152 1	EM-11	भ्रमः	giddiness / dizziness / vertigo	13	10	1	1	14	11	13	2	3	0	16	2	30	13	43
113.	142 3	EM-2	उन्मादः	psychosis/insanity	59	30	0	1	59	31	119	23	0	3	119	26	178	57	235
114.	145 7	EM-3	अपस्मारः	epilepsy	11	1	1	0	12	1	37	1	0	0	37	1	49	2	51
115.	146 6	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	147 9	EM-6	मदः	intoxication due to drugs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	149 1	EM-7	मूर्च्छा	syncope /fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

118.	152 2	F	शिरःशूल /शिरोरु क्	headach e/cephal gia/cep halalgia	45	94	4	1	49	95	60	137	2	1	62	138	111	233	344
119.	153 2	F-10	शङ्खकः	tempora l cephalal gia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	152 9	F-7	अनन्तवा तः	trigemi nal neuralgi a	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	153 0	F-8	अर्धावभे दकः	hemicra nia	6	12	0	0	6	12	32	31	0	0	32	31	38	43	81
122.	153 1	F-9	सूर्यावर्तः	sunshin e induced cephalal gia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	154 3	FA-3	खलित्य म्	baldnes s/ alopecia totalis	63	93	2	3	65	96	89	79	0	1	89	80	154	176	330
124.	154 8	FA-4	दारुणकः	pytiriasi s capitis	3	2	0	0	3	2	2	22	0	0	2	22	5	24	29
125.	156 5	GB	दन्तमूल रोगः	gum disorder s	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	157 1	GB-6	परिदरः	bleedin g gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	158 3	GC	दन्तरोगः	tooth disorder s	11	10	1	2	12	12	3	5	1	0	4	5	16	17	33

128.	158 6	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
129.	160 1	GD-5	उपजि ह्रिवका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	160 4	GE-1	गलशु ण्डिका	uvulitis/ elongated uvula	2	0	1	0	3	0	1	0	0	0	1	0	4	0	4
131.	161 6	GF	कण्ठरो गः	throat disorders	0	1	0	0	0	1	10	1	0	0	10	1	10	2	12
132.	161 7	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	163 7	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	164 1	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	164 3	GF-19	गलगण्डः	goiter	4	6	0	0	4	6	0	7	0	0	0	7	4	13	17
136.	164 9	GG	मुखपाकः	stomatitis	29	10	0	0	29	10	25	17	0	0	25	17	54	27	81
137.	166 2	H	अक्षिरो गः/नेत्रो गः	ophthalmic diseases / eye diseases	13	6	2	0	15	6	5	10	2	0	7	10	22	16	38

138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness	1	0	0	0	1	0	0	0	0	0	0	1	0	1	
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

151.	181 3	I	नासारो गः	nose diseases	1	1	0	0	1	1	4	0	0	0	4	0	5	1	6
152.	181 4	I-1	प्रतिश्या यः /पीनसः	rhinitis	139	103	9	6	148	109	259	154	15	8	274	162	422	271	693
153.	185 2	I-15	नासागत - रक्तपित्त म्	epistaxi s	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	185 3	I-16	नासाशः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	183 2	I-6	अपीनसः	chronic rhinitis	1	3	0	0	1	3	1	2	0	0	1	2	2	5	7
156.	186 0	J	कर्णरोगः	ear diseases	11	5	1	1	12	6	4	6	0	1	4	7	16	13	29
157.	187 0	J-10	कर्णपा कः	ear furuncu losis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	188 0	J-14	कर्ण- स्रावः	otorrho ea	2	1	0	0	2	1	0	1	0	0	0	1	2	2	4
159.	189 6	J-19	बाधिर्यम्	deafnes s	2	2	1	0	3	2	5	0	0	0	5	0	8	2	10
160.	189 7	J-20	कर्णशूलः	earache/ otalgia	4	2	1	0	5	2	12	0	0	0	12	0	17	2	19
161.	186 9	J-9	कर्ण- नादः	tinnitus	2	2	0	0	2	2	0	0	0	0	0	0	2	2	4
162.	191 3	K	व्रणः	wounds	14	3	1	0	15	3	29	6	1	0	30	6	45	9	54
163.	196 1	K-14	नाडीव्र णः	fistula/s inus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	191 4	KA	व्रणशो फः	inflamma tory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	197 1	LA	भग्नः (अस्थिभ ग्नः)	fracture	11	6	0	1	11	7	28	13	0	0	28	13	39	20	59
166.	197	LA-1	सन्धिमु	dislocat	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	2		क्तम्	ion															
167.	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	286	156	40	20	326	176	344	161	26	11	370	172	696	348	1044
170.	2172	MD-13	शल्यामूत्रता	enuresis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
171.	2173	MD-14	कुक्कूणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्कुरोगः	delay in walking	0	0	1	1	1	1	0	0	1	0	1	0	2	1	3
173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	1	1	0	0	1	1	3	6	0	0	3	6	4	7	11
175.	2184	N	कृमिः/संज्ञातकृमि	worm infestation	6	1	6	2	12	3	3	7	9	16	12	23	24	26	50
176.	2250	O-14	कदरः	corn /callosity	1	1	0	1	1	2	0	0	0	0	0	0	1	2	3
177.	2251	O-15	कुनखः	paronychia	1	2	0	0	1	2	3	1	0	0	3	1	4	3	7
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
179.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

181.	227 8	O-33	मषकः	blackgr am- spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	228 0	O-35	युवानपि डका (मुखदूषि का)	pimples	23	47	0	2	23	49	29	127	0	0	29	127	52	176	228
183.	228 4	O-39	इन्द्रलुप्तः	alopecia	6	3	1	0	7	3	7	3	0	0	7	3	14	6	20
184.	228 7	O-42	व्यङ्गः	black patches on face /melas ma	4	3	0	0	4	3	0	4	0	0	0	4	4	7	11
185.	224 3	O-7	अरूषि का	eruption s on head having multiple opening s/furunc ulosis	4	2	0	0	4	2	1	1	0	0	1	1	5	3	8
Total					5578	4673	185	123	5763	4796	9552	8401	169	139	9721	8540	15484	13336	28820

8) Ayurveda Treatment Center, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi
Patient footfall for the last Five Years

Years	New Patients						Follow up						Total		Grand total
	Adult		Child		Total		Adult		Child		Total		M	F	
	M	F	M	F	M	F	M	F	M	F	M	F			
2021-2022	1594	990	36	25	1630	1015	1714	1228	26	41	1740	1269	3370	2284	5654
2022-2023	2085	1559	58	44	2143	1603	3266	2340	63	60	3329	2400	5472	4003	9475
2023-2024	2424	1598	73	44	2497	1642	4733	3990	182	133	4915	4123	7412	5765	13177
2024-2025	2060	1421	33	29	2093	1456	3321	2186	62	38	3383	2224	5476	3680	9156

Ayurveda Treatment Centre, ABVIMS, Dr. RML Hospital, New Delhi

SI No:	NA MC ID	NAM C Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total		M	F	
					M	F	M	F	M	F	M	F	M	F	M	F			
1.	4	AA	वातव्याधि:	disorders due to vāta	101	74	0	0	101	74	175	128	0	0	175	128	276	202	478
2.	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3.	42	AAB-26	क्लमः	fatigue without physical exertion	36	23	0	1	36	24	56	32	0	0	56	32	92	56	148
4.	45	AAB-29	काश्यम्	emaciation	5	3	0	0	5	3	5	3	4	0	9	3	14	6	20
5	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness/torticollis	16	16	0	0	16	16	37	30	0	0	37	30	53	46	99

6.	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	2	3	0	0	2	3	14	3	0	0	14	3	16	6	22
7.	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	1	5	0	0	1	5	0	0	0	3	0	3	1	8	9
8.	93	AAB-76	रजोनाशः	amenorrhoea (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	108	AAB-91	विषादः/दीनता	depression/apathy (due only to vātadōṣa)	2	8	0	0	2	8	10	5	0	0	10	5	12	13	25
10	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	141	AAC-8	अवबाहुकः	frozen shoulder	12	11	0	0	12	11	13	4	0	0	13	4	25	15	40
14	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	147	AAC-12	आध्मानम्/आनाहः	distension/meteorism/painful abdominal distension	72	19	0	0	72	19	95	49	0	0	95	49	167	68	235
16.	2983	AAC-12.4	विबन्ध	simple constipation	122	50	0	0	122	50	173	75	0	0	173	75	295	125	420
17.	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18.	154	AAC-17	क्रोष्ठुक्शीर्षः	knee synovitis	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
19.	157	AAC-20	गृध्रसी	sciatica	34	45	0	0	34	45	39	46	0	0	39	46	73	91	164
20.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	10	0	0	0	10	0	22	2	0	0	22	2	32	2	34
21.	166	AAC-	बाल-	hemiplegia in	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

		24.2	पक्षाघातः	children															
22.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
23.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
24.	177	AAC-35	विश्वाम्नी	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
25.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
26.	240	AAE-8	रक्तगतवात	hypertension	12	11	0	0	12	11	60	27	0	0	60	27	72	38	110
27.	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	0	0	0	0	0	0	2	1	0	0	2	1	2	1	3
28.	248	AAE-16	सन्धिवातः	osteo-arthritis	197	190	0	0	197	190	345	259	0	0	345	259	542	449	991
29.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
30.	285	ABB-24	दाहः	burning sensation	4	4	0	0	4	4	7	9	0	0	7	9	11	13	24
31.	287	ABB-26	पालित्य	premature graying of hair	5	8	0	0	5	8	5	6	0	0	5	6	10	14	24
32.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	66	29	2	0	68	29	98	38	2	0	100	38	168	67	235
33.	410	BA-3.1	आर्तवक्षयः	scanty menstruation /oligomenorrhea	0	4	0	0	0	4	0	6	0	0	0	6	0	10	10
34.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	420	BI	राजयक्ष्मा	consumption	1	3	0	0	1	3	6	12	0	0	6	12	7	15	22
36.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
37.	480	EA-3	कासः	cough / tussis	77	29	5	4	82	33	66	51	0	0	66	51	148	84	232
38.	489	EA-4	श्वासः	dyspnoea	33	19	2	0	35	19	51	25	6	0	57	25	92	44	136

39	494	EA-4.5	तमकश्वासः	Cold, tivravēga śvāsa, kāsam, inflammation of throat	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
40.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
41.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
42	515	EB-2	अतिसारः	diarrhoea	4	2	0	0	4	2	5	4	0	0	5	4	9	6	15
43	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
44	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
45	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
46	536	EB-3	अजीर्णम्	indigestion	21	13	0	0	21	13	41	6	0	0	41	6	62	19	81
47	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
48	558	EB-4	अम्लपित्तम्	hyperacidity	81	38	0	0	81	38	136	75	0	0	136	75	217	113	330
49	586	EB-6	हृदिः	vomiting/emesis	0	1	0	0	0	1	1	1	0	0	1	1	1	2	3
50	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	12	3	0	0	12	3	17	1	0	0	17	1	29	4	33
51	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	4	0	0	0	4	0	4	4
52	628	EB-9	प्रवाहिका	dysentery	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
53.	633	EB-10	शूलः	colicky pain/abdominal colic	22	21	1	1	23	25	52	30	0	4	52	34	75	59	134
54.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	4	0	0	0	4	0	1	0	0	0	1	0	5	5
55.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	650	EB-	हृदयशूलः	cardialgia/precordial	2	1	0	0	2	1	2	2	0	0	2	2	4	3	7

57.	651	10.14 EB-10.15	पार्श्वशूलः	pain flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	652	EB 10.16	त्रिकशूलः	Sacralgia	21	11	0	0	21	11	46	10	1	0	47	10	68	21	89
59.	656	EB-11	उदावर्तः	obstipation	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
60.	676	EB-12	परिकर्तिका	proctalgia	30	17	0	0	30	17	53	34	0	0	53	34	83	51	134
61.	681	EC-2	हृद्रोगः	heart disease	10	6	0	0	10	6	28	8	0	0	28	8	38	14	52
62.	689	EC-3	ज्वरः	fever / pyrexia	29	16	2	5	31	21	38	19	4	0	42	19	73	40	113
63.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	3	2	0	0	3	2	19	5	2	0	21	5	24	7	31
64.	791	EC-3.21	पुनरावर्तक- ज्वरः	relapsing fever	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
65.	812	EC-5	पाण्डुरोगः	anaemia	6	3	0	2	6	5	19	3	0	0	19	3	25	8	33
66.	823	EC-6	आमवातः	rheumatism due to आम	21	37	0	0	21	37	24	40	0	0	24	40	45	77	122
67.	828	EC-7	अरुचिः	anorexia	2	0	0	0	2	0	1	7	1	0	2	7	4	7	11
68.	838	ED-2.2	कण्डूः	pruritis	14	15	0	0	14	15	13	19	1	2	14	21	28	36	64
69.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	32	10	0	1	32	11	39	25	0	0	39	25	71	36	107
70.	874	ED-3	कामला	jaundice	2	6	0	0	2	6	2	4	0	0	2	4	4	10	14
71.	883	ED-4	कुष्ठम्	integumentary disease	29	19	2	0	31	19	47	39	0	1	47	40	78	59	137
72.	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73.	905	ED-4.3.10	विचर्चिका	wet eczema	10	13	0	0	10	13	28	20	0	0	28	20	38	33	71
74.	897	ED-4.3.3	किटिभः	psoriasis	23	8	0	0	23	8	24	17	0	0	24	17	47	25	72

75.	898	ED-4.3.4	विपादिका	cracks in palms and soles	2	4	0	0	2	4	2	2	1	0	3	2	5	6	11
76.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	20	17	0	2	20	19	20	24	0	0	20	24	40	43	83
77	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
78.	902	ED-4.3.8	पामा	scabies	1	0	0	1	1	1	0	0	0	2	0	2	1	3	4
79.	919	ED-5	श्वित्रः	vitiligo /leukoderma	10	12	0	0	10	12	17	22	1	0	18	22	28	34	62
80	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
81	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
82.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
83.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	20	17	0	0	20	17	39	49	0	0	39	49	59	66	125
84.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
85	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
88	1024	ED-13	क्षीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	2	2	0	0	2	2	2	0	0	0	2	0	4	2	6
90	1031	ED-15	उदरदः	urticaria with kapha predominance	7	4	0	0	7	4	4	3	0	0	4	3	11	7	18
91	1033	ED-16	भगन्दरः	fistula-in-ano	7	3	0	0	7	3	3	0	0	0	3	0	10	3	13
92.	1064	EE-2	अर्बुदः	tumour	6	0	0	0	6	0	7	0	0	0	7	0	13	0	13
93.	1074	EE-3	अर्शः	haemorrhoids	56	23	0	0	56	23	91	48	0	0	91	48	147	71	218

94	1081	EE-3.7	रक्तज-अर्शः	Pile mass with discharge of vitiated, hot blood.	2	1	0	0	2	1	1	0	0	0	1	0	3	1	4
95.	1095	EE-4	ग्रन्थिः	cyst	25	47	0	1	25	48	36	75	0	1	36	76	61	124	185
96	1099	EE-4.4	मेदोजग्रन्थिः	Fatty mobile swelling	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
97	1110	EF-2	प्रमेहः	diabetes mellitus	55	31	0	1	55	32	86	40	0	0	86	40	141	72	213
98.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	33	14	0	0	33	14	79	18	0	0	79	18	112	32	144
99	1118	EF-2.2.6	शुक्रमेहः	semen mixed urination	1	0	0	0	1	0	4	0	0	0	4	0	5	0	5
100.	1161	EF-3	मेदोरोगः	obesity	16	11	0	0	16	11	4	7	0	0	4	7	20	18	38
101	1163	EF-4	पिडका	eruption	0	2	0	0	0	2	4	4	0	0	4	4	4	6	10
102.	1173	EI-2	क्लैब्यम्	male infertility	17	0	0	0	17	0	20	0	0	0	20	0	37	0	37
103	1175	EI-2.2	ध्वजभङ्गज क्लैब्यम्	klaihya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104..	1236	EI-6	वृद्धिः	hernia, hydrocele	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
105.	1244	EI-6.8	अन्न-वृद्धिः	hernia	5	0	0	0	5	0	8	2	0	0	8	2	13	2	15
106.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	4	0	0	0	4	0	5	0	0	0	5	0	9	0	9
107.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	28	16	2	0	30	16	96	48	2	0	98	48	128	64	192
108..	1258	EJ-3	मूत्राघातः	urinary retention	7	5	0	0	7	5	9	6	0	0	9	6	16	11	27
109.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	23	0	0	0	23	0	63	0	0	0	63	0	86	0	86

110.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	46	2	0	2	46	4	60	3	0	0	60	3	106	7	113
111.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
112.	1304	EK-3	श्वयथुः/शोथः /शोफः	oedema/inflammation	13	6	0	0	13	6	34	20	0	0	34	20	47	26	73
113	1319	EK-3.15	कर्णमूलशोथः	mumps	4	5	0	0	4	5	8	3	0	0	8	3	12	8	20
114	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	0	0	2	2	0	0	2	2	2	2	4
115.	1337	EK-4.6	यकृद्वालयुदरः	hepatomegaly	16	2	0	0	16	2	13	8	0	0	13	8	29	10	39
116.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119.	1350	EL-2	योनि-व्यापदः	gynecological disorder	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
120.	1360	EL-2.10	उदावर्तिनी	dysmenorrhea	0	14	0	0	0	14	0	5	0	0	0	5	0	19	19
121.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124.	1374	EL-2.24	बन्ध्या	female infertility	0	11	0	0	0	11	0	14	0	0	0	14	0	25	25
125.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1359	EL-2.9	अरजस्का	amenorrhea	0	2	0	0	0	2	0	8	0	0	0	8	0	10	10

128	1383	EL-3	आर्तवदोषः/आ र्तवदुष्टिः	menstrual disorders	0	12	0	0	0	12	1	15	0	0	1	15	1	27	28
129.	1392	EL-4	रक्तप्रदरः/असृ ग्दरः	menorrhagia / metrorrhagia / (DUB)	0	6	0	0	0	6	0	24	0	0	0	24	0	30	30
130.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	1	28	0	0	1	28	0	70	0	0	0	70	1	98	99
131	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1402	EL- 7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1403	EL- 7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1419	EL-9	सूतिकारोगः	puerperal disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	1421	EM	मनोवहस्रोतो विकारः	disorders of मनोवहस्रोतस्	94	45	9	3	103	48	177	94	14	8	191	102	294	150	444
137.	1423	EM-2	उन्मादः	psychosis/insanity	5	1	0	0	5	1	10	13	0	0	10	13	15	14	29
138.	1424	EM- 2.1	उन्माद- पूर्वरूपम्	prodromes of उन्माद	0	1	0	0	0	1	0	5	0	1	0	6	0	7	7
139	1425	EM- 2.2	वातज- उन्मादः	उन्माद due to वात	5	2	0	0	5	2	11	4	0	0	11	4	16	6	22
140.	1426	EM- 2.3	पित्तज- उन्मादः	उन्माद due to पित्त	3	3	0	0	3	3	5	5	0	0	5	5	8	8	16
141.	1427	EM- 2.4	कफज-उन्मादः	उन्माद due to कफ	7	8	0	0	7	11	14	16	0	0	14	16	21	27	48
142.	1428	EM- 2.5	सन्निपातज- उन्मादः	उन्माद due to three दोष	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1429	EM- 2.6	शोकज- उन्मादः	उन्माद due to grief	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1452	EM- 2.8	भूतोन्मादः	उन्माद due to possession of भूत	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

145.	1457	EM-3	अपस्मारः	epilepsy	3	2	0	0	3	2	33	14	0	8	33	22	36	24	60
146.	1465	EM-4	अतत्त्वाभिनिवेशः	psychic perversion/delusion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1466	EM-5	मदात्ययः	alcohol abuse	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
148.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1519	EM-9	मन-सन्तापः	mental agitation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	5	2	0	0	5	2	11	6	0	0	11	6	16	8	24
152.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalgia	37	55	0	0	37	55	63	132	1	0	64	132	101	187	288
153.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1530	F-8	अर्धविभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	12	29	0	0	12	29	10	13	2	1	12	14	24	43	67
158.	1548	FA-4	दारुणकः	pytiritiasis capitis	6	4	1	0	7	4	20	3	0	0	20	3	27	7	34
159.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1583	GC	दन्तरोगः	tooth disorders	6	0	0	0	6	0	5	1	0	0	5	1	11	1	12
162.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
163.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1606	GE-3	तुण्डिकेरी	pharyngeal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	1616	GF	कण्ठरोगः	throat disorders	15	6	0	0	15	6	21	10	0	0	21	10	36	16	52
168..	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	1637	GF-14	अपची	cervical and axillary	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2

				lymphadenitis															
170.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	1643	GF-19	गलगण्डः	goitre	0	22	0	0	0	22	0	16	0	0	0	16	0	38	38
172.	1649	GG	मुखपाकः	stomatitis	13	4	0	0	13	4	30	7	0	0	30	7	43	11	54
173.	1662	H	अक्षिरोगः/नेत्र रोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
174.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	1740	HF-1	अभिप्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	1761	HG-1	तिमिरः	partial or total blindness/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
186.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
187	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
188.	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
189.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	63	34	2	1	65	35	64	42	0	0	64	42	129	77	206
190	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
191.	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
192.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
193.	1860	J	कर्णरोगः	ear diseases	0	1	0	0	0	1	1	2	2	0	3	2	3	3	6
194	1869	J-9	कर्ण-नादः	tinnitus	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3

195.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
197.	1880	J-14	कर्ण-स्रावः	otorrhoea	2	1	0	0	2	1	0	2	0	0	0	2	2	3	5
198.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
199	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
200	1913	K	व्रणः	wounds	1	0	0	0	1	0	7	2	0	0	7	2	8	2	10
201	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
202	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
203	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
204	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
206	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	2170	MD-11	दौर्बल्यम्	debility	88	38	5	2	93	40	158	52	11	2	169	54	262	94	356
210	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	5	0	0	0	5	0	5	0	5
211	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
212	2173	MD-14	कुक्कणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
214	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
215	2184	N	कृमिः/सञ्जात कृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	2243	O-7	अरुणिका	eruptions on head with multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
217	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
218	2251	O-15	कुनखः	paronychia	1	1	0	0	1	1	2	0	0	0	2	0	3	1	4
219	2255	O-18	गुदप्रेशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

221	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
222	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
223	2280	O-35	युवानपिडका	pimples	8	22	0	0	8	22	12	13	7	5	19	18	27	40	67
224	2284	O-39	इन्द्रलुप्तः	alopecia	2	0	0	0	2	0	0	0	0	0	0	2	0	2	
225	2287	O-42	व्यङ्गः	black patches on face / melasma	8	10	0	0	8	10	18	11	0	0	18	11	26	21	47
226	2310	O-51	आलस्यम्	laziness/lethargy (due to kapha & other dosha)	0	0	0	1	0	1	0	9	0	0	0	9	0	10	10
227	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
228	288 8	VA	प्रकृतिः	somatic constitution	62	28	0	0	62	28	0	0	0	0	0	0	62	28	90
229	0	I-83.9	Varicose Vein	derangement of mamsavahasrotas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
230		Z-29.1	Immuno Prophylaxis		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					2060	1421	33	29	2093	1456	3321	2186	62	38	3383	2224	5476	3680	9156

9) Ayurveda Unit Supreme Court of India, FAP Hon'ble Supreme Court, First Aid Post

S. No.	NA MC ID	NAM C Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/meteorism or painful abdominal distension	31	0	0	0	31	0	16	8	0	0	16	8	47	8	55
2.	2983	AAC-12.4	विबन्ध	simple constipation	95	96	0	0	95	96	55	34	0	0	55	34	150	130	280
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4.	154	AAC-17	क्रोष्ठुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	52	44	0	0	52	44	28	12	0	0	28	12	80	56	136
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/spasmodic torticollis	33	0	0	0	33	0	22	0	0	0	22	0	55	0	55
12.	177	AAC-35	विश्व्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
16.	141	AAC-8	अवबाहुकः	frozen shoulder	49	0	0	0	49	0	41	6	0	0	41	6	90	6	96
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
18.	248	AAE-16	सन्धिवातः	osteo-arthritis	291	222	0	0	291	222	191	102	0	0	191	102	482	324	806
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
20.	285	ABB-24	दाहः	burning sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
21.	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
23.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
25.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
26.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
27.	480	EA-3	कासः	cough / tussis	254	171	0	0	254	171	133	83	12	8	145	91	399	262	661
28.	489	EA-4	श्वासः	dyspnoea	33	0	0	0	33	0	18	2	2	0	20	2	53	2	55
29.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
31.	633	EB-10	शूलः	colicky pain/abdominal colic	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
32.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

35.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36.	656	EB-11	उदावर्तः	obstipation	54	43	0	0	54	43	40	9	2	1	42	10	96	53	149
37.	676	EB-12	परिकर्तिका	proctalgia	22	0	0	0	22	0	8	2	0	0	8	2	30	2	32
38.	515	EB-2	अतिसारः	diarrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	131	84	0	0	131	84	67	31	8	2	75	33	206	117	323
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	153	50	0	0	153	50	59	29	7	4	66	33	219	83	302
45.	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48.	628	EB-9	प्रवाहिका	dysentery	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
49.	681	EC-2	हृद्रोगः	heart disease	49	8	0	0	49	8	12	12	0	0	12	12	61	20	81
50.	689	EC-3	ज्वरः	fever / pyrexia	67	11	0	0	67	11	20	4	0	0	20	4	87	15	102
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	8	0	0	0	8	0	0	0	0	0	0	0	8	0	8
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	15	0	0	0	15	0	17	0	0	0	17	0	32	0	32
54.	823	EC-6	आमवातः	rheumatism due to आम	164	57	0	0	164	57	110	52	0	0	110	52	274	109	383

55.	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1024	ED-13	श्लेपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	15	31	0	0	15	31	4	0	0	0	4	0	19	31	50
61.	1031	ED-15	उदरदः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62.	1033	ED-16	भगन्दरः	fistula-in-ano	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
63.	838	ED-2.2	कण्डूः	pruritis	15	0	0	0	15	0	7	0	0	0	7	0	22	0	22
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65.	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
66.	883	ED-4	कुष्ठम्	integumentary disease	39	0	0	0	39	0	6	0	0	0	6	0	45	0	45
67.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68.	897	ED-4.3.3	किटिभः	psoriasis	26	0	0	0	26	0	16	2	0	0	16	2	42	2	44
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	900	ED-4.3.6	दद्व-कुष्ठः	ringworm / tinea	20	0	0	0	20	0	9	0	0	0	9	0	29	0	29
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	9	0	0	0	9	0	1	0	0	0	1	0	10	0	10
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4

76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
77.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
78.	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
79.	1074	EE-3	अर्शः	haemorrhoids	113	19	0	0	113	19	50	16	0	0	50	16	163	35	198
80.	1095	EE-4	ग्रन्थिः	cyst	20	0	0	0	20	0	2	0	0	0	2	0	22	0	22
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	133	43	0	0	133	43	88	28	0	0	88	28	221	71	292
82.	1161	EF-3	मेदोरोगः	obesity	24	7	0	0	24	7	0	0	0	0	0	0	24	7	31
83.	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84.	1173	EI-2	क्लैब्यम्	male infertility	23	0	0	0	23	0	2	0	0	0	2	0	25	0	25
85.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	38	0	0	0	38	0	26	2	0	0	26	2	64	2	66
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	17	0	0	0	17	0	1	0	0	0	1	0	18	0	18
91.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	15	0	0	0	15	0	7	0	0	0	7	0	22	0	22
93.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	यकृद्वाल्गुदरः	hepatomegaly	81	15	0	0	81	15	25	12	0	0	25	12	106	27	133
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	48	0	0	0	48	0	20	0	0	0	20	0	68	68
99.	1362	EL-2.12	जातघ्नी/पुत्र घ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1392	EL-4	रक्तप्रदरः/असु ग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cep halalgia	32	10	0	0	32	10	16	0	0	0	16	0	48	10	58
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धविभेदकः	hemicrania	14	0	0	0	14	0	0	0	0	0	0	0	14	0	14
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	5	0	0	0	5	0	2	0	0	0	2	0	7	0	7
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	38	0	0	0	38	0	12	5	0	0	12	5	50	5	55
124.	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	2	1	0	0	2	1	2	1	3
125.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1583	GC	दन्तरोगः	tooth disorders	68	33	0	0	68	33	38	21	0	0	38	21	106	54	160
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

135.	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	1649	GG	मुखपाकः	stomatitis	34	0	0	0	34	0	10	2	0	0	10	2	44	2	46
137.	1662	H	अक्षिरोगः/नेत्र रोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	नासारोगः	nose diseases	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
152.	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	94	42	0	0	94	42	47	30	0	0	47	30	141	72	213
153.	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3

154.	1853	I-16	नासाशः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	1832	I-6	अपीनसः	chronic rhinitis	66	24	0	0	66	24	26	15	0	0	26	15	92	39	131
156.	1860	J	कर्णरोगः	ear diseases	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
157.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	281	132	0	0	281	132	140	88	0	0	140	88	421	220	641
170.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	2173	MD-14	कुक्कणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

175.	2184	N	कृमि:/सञ्जात कृमि	worm infestation	23	0	0	0	23	0	0	0	0	0	0	0	23	0	23
176.	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	2251	O-15	कुनखः	paronychia	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	6	3	0	0	6	3	5	2	0	0	5	2	11	5	16
183.	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	2243	O-7	अरुंषिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					2761	1193	0	0	2761	1193	1390	630	31	15	1421	645	4182	1838	6020

9) AYUSH WELLNESS CLINIC, PRESIDENT'S ESTATE

S. No.	NAM C ID	NAM C Code	NAMC_Name	Short_definition	No. of Patients Attended						No. of Patients Attended						Grand Total		
					New						Follow up								
					Adult		Child		Total		Adult		Child		Total		M	F	TOT AL
					M	F	M	F	M	F	M	F	M	F	M	F			
1.	147	AAC-12	आध्मानम्/ आनाहः	distension/tympanites/ meteorism or painful abdominal distension	48	14	0	0	48	14	49	12	0	0	49	12	97	26	123
2.	2983	AAC-12.4	विबन्ध	simple constipation	43	6	0	0	43	6	66	16	0	0	66	16	109	22	131
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	1	0	0	0	1	4	1	0	0	4	1	4	2	6
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	8	4	0	0	8	4	18	32	0	0	18	32	26	36	62
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	2	4	0	0	2	4	5	3	0	0	5	3	7	7	14
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
11.	174	AAC-	मन्यास्तम्भः	Stiff neck/	2	2	0	0	2	2	8	17	0	0	8	17	10	19	29

		32		torticollis/spasmodic torticollis															
12.	176	AAC-34	वातकण्ठकम्	calcanial spur/painful heel	1	2	0	0	1	2	1	10	0	0	1	10	2	12	14
13.	177	AAC-35	विश्वाम्नी	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
17.	141	AAC-8	अवबाहुकः	frozen shoulder	27	10	0	0	27	10	77	22	0	0	77	22	104	32	136
18.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
19.	248	AAE-16	सन्धिवातः	osteo-arthritis	99	52	0	0	99	52	211	138	1	0	212	138	311	190	501
20.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21.	285	ABB-24	दाहः	burning sensation	0	1	0	1	0	2	0	0	0	0	0	0	0	2	2
22.	287	ABB-26	पालित्य	premature greying of hairs	5	1	0	0	5	1	3	2	0	0	3	2	8	3	11
23.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	5	0	0	0	5	0	3	1	0	0	3	1	8	1	9
24.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/ hypomenorrhoea/ oligomenorrhoea	0	2	0	0	0	2	0	3	0	0	0	3	0	5	5
25.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
28.	480	EA-3	कासः	cough / tussis	122	28	2	1	124	29	135	45	0	1	135	46	259	75	334
29.	489	EA-4	श्वासः	dyspnoea	5	1	0	0	5	1	16	5	0	0	16	5	21	6	27

30.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
32.	633	EB-10	शूलः	colicky pain/abdominal colic	9	5	1	0	10	5	4	2	0	0	4	2	14	7	21
33.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
36.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
37.	656	EB-11	उदावर्तः	obstipation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38.	676	EB-12	परिकर्तिका	proctalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
39.	515	EB-2	अतिसारः	diarrhoea	11	0	0	1	11	1	4	2	0	0	4	2	15	3	18
40.	526	EB-2.10	रक्ततिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	2	1	0	0	2	1	0	0	0	0	0	0	2	1	3
43.	536	EB-3	अजीर्णम्	indigestion	40	17	0	1	40	18	62	15	0	0	62	15	102	33	135
44.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45.	558	EB-4	अम्लपित्तम्	hyperacidity	68	16	0	0	68	16	67	40	0	0	67	40	135	56	191
46.	586	EB-6	हृदिः	vomiting/emesis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
47.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	7	0	0	0	7	0	4	1	0	0	4	1	11	1	12
48.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

49.	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
50.	681	EC-2	हृद्रोगः	heart disease	2	2	0	0	2	2	1	0	0	0	1	0	3	2	5
51.	689	EC-3	ज्वरः	fever / pyrexia	26	5	0	0	26	5	26	10	0	0	26	10	52	15	67
52.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
53.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
54.	812	EC-5	पाण्डुरोगः	anaemia	4	3	0	1	4	4	0	7	0	0	0	7	4	11	15
55.	823	EC-6	आमवातः	rheumatism due to आम	5	3	0	0	5	3	9	12	0	0	9	12	14	15	29
56.	828	EC-7	अरुचिः	anorexia	3	1	3	0	6	1	2	1	0	0	2	1	8	2	10
57.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1024	ED-13	क्षीपदः	filariasis	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
61.	1029	ED-14	शीतपित्तम्	urticaria with <i>vata</i> predominance	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
62.	1031	ED-15	उदरदः	urticaria with <i>kapha</i> predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
63.	1033	ED-16	भगन्दरः	fistula-in-ano	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
64.	838	ED-2.2	कण्डूः	pruritis	22	6	2	0	24	6	47	9	0	0	47	9	71	15	86
65.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	1	2	0	0	1	2	22	2	0	0	22	2	23	4	27
66.	874	ED-3	कामला	jaundice	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
67.	883	ED-4	कुष्ठम्	integumentary disease	7	5	0	0	7	5	7	5	0	0	7	5	14	10	24
68.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1

69.	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	898	ED-4.3.4	विपादिका	cracks in palms and soles	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
71.	900	ED-4.3.6	दद्दु-कुष्ठः	ringworm / tinea	6	2	0	0	6	2	6	1	0	0	6	1	12	3	15
72.	902	ED-4.3.8	पामा	scabies	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
73.	919	ED-5	श्वित्रः	vitiligo /leucoderma	1	0	0	2	1	2	0	0	0	1	0	1	1	3	4
74.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	942	ED-6.8	लघु-मसूरिका	chicken pox	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
76.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	8	2	0	0	8	2	18	8	0	0	18	8	26	10	36
78.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79.	1064	EE-2	अर्बुदः	tumor	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
80.	1074	EE-3	अर्शः	haemorrhoids	36	4	0	0	36	4	84	27	0	0	84	27	120	31	151
81.	1095	EE-4	ग्रन्थिः	cyst	2	0	0	0	2	0	3	0	0	0	3	0	5	0	5
82.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	38	12	0	0	38	12	100	27	0	0	100	27	138	39	177
83.	1161	EF-3	मेदोरोगः	obesity	24	3	0	0	24	3	65	12	0	0	65	12	89	15	104
84.	1163	EF-4	पिडका	eruption	6	0	0	0	6	0	5	3	0	0	5	3	11	3	14
85.	1173	EI-2	क्लैव्यम्	male infertility	9	0	0	0	9	0	6	0	0	0	6	0	15	0	15
86.	1244	EI-6.8	अन्न-वृद्धिः	hernia	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
87.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
88.	1248	EJ-2	अश्मरी	lithiasis/uroolithiasis/ne	12	3	0	0	12	3	2	1	0	0	2	1	14	4	18

89.	1258	EJ-3	मूत्राघातः	phrolithiasis urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.	1266	EJ-3.6	वाताघ्नीला	prostatic enlargement	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
91.	1271	EJ-3.11	मूत्रशुक्रः	spermaturia	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
92.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	12	2	0	0	12	2	21	0	0	0	21	0	33	2	35
93.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1304	EK-3	श्वयथुः/शोथः /शोफः	oedema/inflammation	4	0	0	0	4	0	2	4	0	0	2	4	6	4	10
95.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	1337	EK-4.6	यकृद्वाल्युदरः	hepatomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1360	EL-2.10	उदावर्तिनी	dysmenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1362	EL-2.12	जातघ्नी/पुत्र घ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1374	EL-2.24	बन्ध्या	female infertility	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
105.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1359	EL-2.9	अरजस्का	amenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108.	1392	EL-4	रक्तप्रदरः/अ	menorrhagia /	0	17	0	0	0	17	0	11	0	0	0	11	0	28	28

			सृग्दरः	metrorrhagia / dysfunctional uterine bleeding (DUB)															
109.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	8	0	0	0	8	0	11	0	0	0	11	0	19	19
110.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	1	2	0	0	1	2	0	6	0	0	0	6	1	8	9
115.	1423	EM-2	उन्मादः	psychosis/insanity	1	0	0	0	1	0	0	0	0	0	0	1	0	1	1
116.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/ce phalalgia	16	3	0	0	16	3	12	55	0	0	12	55	28	58	86
121.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1530	F-8	अर्धविभेदकः	hemicrania	2	0	0	0	2	0	8	14	0	0	8	14	10	14	24
124.	1531	F-9	सूर्यावर्तः	sunshine induced cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	9	5	0	0	9	5	12	5	0	0	12	5	21	10	31
126.	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
128.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1583	GC	दन्तरोगः	tooth disorders	12	0	0	0	12	0	2	0	0	0	2	0	14	0	14
130.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

132.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1616	GF	कण्ठरोगः	throat disorders	3	1	0	0	3	1	3	0	0	0	3	0	6	1	7
134.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1624	GF-2	कण्ठशालूकः/ तुण्डिकेरी	Tonsilitis/Adenoids	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
139.	1649	GG	मुखपाकः	stomatitis	8	4	0	0	8	4	2	6	0	0	2	6	10	10	20
140.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	4	0	0	1	4	1	5	1	0	0	5	1	9	2	11
141.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	2	2	0	0	2	2	2	2	4
143.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1761	HG-1	तिमिरः	partial or total blindness/ amaurosis /ametropia /partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
153.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
155.	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	33	15	1	1	34	16	34	22	0	0	34	22	68	38	106
156.	1852	I-15	नासागत-	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

			रक्तपित्तम्																
157.	1853	I-16	नासार्शः	nasal polyp	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
158.	1832	I-6	अपीनसः	chronic rhinitis	4	1	0	1	4	2	9	3	0	0	9	3	13	5	18
159.	1860	J	कर्णरोगः	ear diseases	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4
160.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
164.	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1913	K	व्रणः	wounds	6	0	0	0	6	0	6	0	0	0	6	0	12	0	12
166.	1961	K-14	नाडीव्रणः	fistula/sinus wound	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
167.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
169.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170.	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2170	MD-11	दौर्बल्यम्	debility	36	14	0	0	36	14	92	33	0	0	92	33	128	47	175
173.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2173	MD-14	कुक्कणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	2184	N	कृमिः/सञ्जात कृमि	worm infestation	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
179.	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
180.	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
181.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	2280	O-35	युवानपिडका	pimples	8	4	0	0	8	4	22	5	0	0	22	5	30	9	39

			(मुखदूषिका)																
186	2284	O-39	इन्द्रलुप्तः	alopecia	1	3	0	0	1	3	4	3	0	0	4	3	5	6	11
187	2287	O-42	व्यङ्गः	black patches on face / melasma	2	2	0	0	2	2	1	4	0	0	1	4	3	6	9
188	2243	O-7	अरुणिका	eruptions on head having multiple openings/ furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
189	1519	EM-9	मन-सन्तापः	mental agitation	3	4	0	1	3	5	1	7	0	0	1	7	4	12	16
190	652	EB 10.16	त्रिकशूलः	Sacralgia	43	11	0	0	43	11	164	117	0	0	164	117	207	128	335
191	1350	EL-2	योनि- व्यापदः	gynecological disorder	0	1	0	0	0	1	0	9	0	0	0	9	0	10	10
192	45	AAB- 29	काश्यम्	emaciation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
193	42	AAB- 26	क्लमः	fatigue without physical exertion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
194	240	AAE-8	रक्तगतवात	hypertension	16	6	0	0	16	6	31	13	0	0	31	13	47	19	66
195	4	AA	वातव्याधिः	disorders due to vāta	80	38	0	1	80	39	250	146	0	0	250	146	330	185	515
196	167	C-166	सिराःग्रन्थि	Varicose Veins	3	2	0	0	3	2	2	3	0	0	2	3	5	5	10
197	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	4	3	1	1	5	4	6	3	1	0	7	3	12	7	19
198	1099	EE-4.4	मेदोजग्रन्थिः		3	0	0	0	3	0	6	0	0	0	6	0	9	0	9
199	1175	EI-2.2	ध्वजभङ्गज क्लैव्यम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
200	1081	EE-3.7	रक्तज-अर्शः	bleeding haemorrhoids	16	0	0	0	16	0	12	8	0	0	12	8	28	8	36
GRAND TOTAL					1072	368	10	17	1082	385	1866	987	2	2	1868	989	2950	1374	4324

10) JNU common diseases with National Ayurveda Morbidity Codes

S.No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	147	AAC-12	आँमानम/ आनाहः	distension/tympanites/me teorism or painful	18	12	0	0	18	12	5	10	0	0	5	10	23	22	45
2	2983	AAC-12.4	विबद्ध	simple constipation	37	34	0	0	37	34	24	15	0	0	24	15	61	49	110
3	152	AAC-15	एकाग्रवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	154	AAC-17	ढोःटु कशीष [ः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	132	S	अपतद्धुकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	157	AAC-20	गःसी	sciatica	17	20	0	0	17	20	22	24	0	0	22	24	39	44	83
7	163	AAC-24	पःघातः/पःवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	166	AAC-24.2	बाल-पःघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	172	AAC-30	पःगुः (के बलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	174	AAC-32	मःयाःतःदभः	Stiff neck/ torticollis/spasmodic	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	177	AAC-35	विःवाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	179	AAC-37	शिरोःःहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	135	AAC-4	अदि [तः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	139	AAC-6	अिःथशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16	141	AAC-8	अवबाहुकः	frozen shoulder	10	3	0	0	10	3	18	15	0	0	18	15	28	18	46
17	142	AAC-9	ऊःवःतःदभः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	248	AAE-16	सिःधवातः	osteo-arthritis	42	51	0	0	42	51	43	44	0	0	43	44	85	95	180
19	262	ABB-1	अःपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

20	285	ABB-24	दाहः	burning sensation	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
21	287	ABB-26	पालि०य	premature graying of hair	15	8	0	0	15	8	12	11	0	0	12	11	27	19	46
22	348	ACB-23	अिनिमादयम्	impaired digestion / loss of appetite	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
23	410	BA-3.1	आत [वह्यः	scanty menstruation/hypomenor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24	413	BA-4.1	ेतद्वयह्यः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25	420	BI	राजयद्वामा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26	471	EA-2	हिरका	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27	480	EA-3	कासः	cough / tussis	48	47	10	6	58	53	33	28	1	0	34	28	92	81	173
28	500	EA-5	ेवरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29	511	EA-6	उरःहतः / हतहीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	633	EB-10	शूलः	colicky pain/abdominal colic	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
31	643	EB-10.10	परणामशूलः	duodenal ulcer	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
32	647	EB-10.11	अद्वनवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33	650	EB-10.14	दयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	651	EB-10.15	पाव [शूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35	656	EB-11	उदावत [ः	obstipation	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
36	676	EB-12	परकतिका	proctalgia	22	14	0	0	22	14	16	8	0	0	16	8	38	22	60
37	515	EB-2	अतिसारः	diarrhoea	15	13	0	0	15	13	5	7	0	0	5	7	20	20	40
38	526	EB-2.10	ररतातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	525	EB-2.9	वरातिसारः	diarrhoea associated with fever	2	1	0	0	2	1	1	2	0	0	1	2	3	3	6
41	536	EB-3		indigestion	34	32	1	0	35	32	18	21	0	0	18	21	53	53	106
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	558	EB-4	अद्वलपिजम्	hyperacidity	10	0	0	0	10	0	10	1	0	0	10	1	20	1	21
44	586	EB-6	द्वदि [ः	vomiting/emesis	4	6	0	0	4	6	5	0	0	0	5	0	9	6	15
45	601	EB-7		disorders of lower gastro-intestinal tract	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

46	611	EB-8	गुमः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
47	628	EB-9	हवाहिका	dysentery	1	0	0	0	1	0	0	0	0	0	0	1	0	1	
48	681	EC-2	55ोगः	heart disease	31	21	0	0	31	21	22	16	0	0	22	16	53	37	90
49	689	EC-3	ह्वरः	fever / pyrexia	17	16	0	0	17	16	2	0	0	0	2	0	19	16	35
50	761	EC-3.10	विषमह्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
51	791	EC-3.21	पुनरावत [क-ह्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52	812	EC-5	पाण्डु रोगः	anaemia	9	13	0	0	9	13	8	3	0	0	8	3	17	16	33
53	823	EC-6	आमवातः	rheumatism due to आम	8	13	0	0	8	13	15	11	0	0	15	11	23	24	47
54	828	EC-7	अवचिः	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	1013	ED-11	सिफिलिस	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57	1017	ED-12	प्लेकहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58	1024	ED-13	श्लेकपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59	1029	ED-14	शीतपिण्डम्	urticaria with vata predominance	7	6	0	0	7	6	6	6	0	0	6	6	13	12	25
60	1031	ED-15	उददः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
61	1033	ED-16	भगदरः	fistula-in-ano	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62	838	ED-2.2	कण्डूः	pruritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
64	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65	883	ED-4	कुष्ठम्	integumentary disease	6	3	0	0	6	3	2	5	0	0	2	5	8	8	16
66	905	ED-4.3.10	विचचिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
67	897	ED-4.3.3	कटिभः	psoriasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
69	900	ED-4.3.6	दण्डु कुष्ठः	ringworm / tinea	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
70	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
71	919	ED-5	विश्वङ्गः	vitiligo /leucoderma	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
72	2979	ED-	रोमाक्षतका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

		6.10																	
73	942	ED-6.8	लघु-मसूरका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74	944	ED-7	रRतपि०म्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75	956	ED-8	वातरRतम्	rheumatism due to रRत	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
76	972	ED-9	वि5धि:	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77	1064	EE-2	अबु [द:	tumor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78	1074	EE-3	अश [०:	haemorrhoids	39	11	0	0	39	11	33	15	0	0	33	15	72	26	98
79	1095	EE-4	ईिथ:	cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
80	1139	EF-2.4.4	मधुमेह:	diabetes mellitus	47	44	0	0	47	44	55	35	0	0	55	35	102	79	181
81	1161	EF-3	मेदोरोग:	obesity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
82	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
83	1173	EI-2	Rलैयम्	male infertility	2	0	0	0	2	0	3	0	0	0	3	0	5	0	5
84	1244	EI-6.8	अङ्गु-वदधि:	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
85	1245	EI-6.9	अÖड-वदधि:	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86	1248	EJ-2	अ9मरक	lithiasis/uroolithiasis/nephrolithiasis	24	19	0	0	24	19	19	13	0	0	19	13	43	32	75
87	1258	EJ-3	मूठ्ाघात:	urinary retention	12	6	0	0	12	6	13	9	0	0	13	9	25	15	40
88	1266	EJ-3.6	वाताठZला	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89	1278	EJ-4	मूठ्कू ùÈम्	dysuria	37	18	0	0	37	18	25	18	0	0	25	18	62	36	98
90	1291	EK-2	तृणा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	9वयथु:/शोथ:/शोफ:	oedema/inflammation	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
92	1319	EK-3.15	कण [मूलशोथ:	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93	1337	EK-4.6	यकृ ददायुदर:	hepatomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94	1338	EK-4.7	वदधुगुदोदर:	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छि5ोदर:/ हतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोदर:	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97	1360	EL-2.10	उदावतिनी	dysmenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98	1362	EL-2.12	जातÈनी/पुठुÈनी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	1366	EL-2.16	पारÜलुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

100	1370	EL-2.20	महायोनिः / विवता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101	1374	EL-2.24	ब्रह्मण्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102	1377	EL-2.27	योनिक्वदः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103	1382	EL-2.28	योनि-अशुः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104	1359	EL-2.9	अरजकेका	amenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105	1392	EL-4	ररतुतुदरः/असतुदरः	menorrhagia / metrorrhagia /	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106	1398	EL-5	शुवेतुतुदरः	leucorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107	1402	EL-7.1	गभुतुतुवः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108	1403	EL-7.2	गभुतुतुवः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109	1412	EL-8	तुदुगभुतुः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110	1419	EL-9	सुतुतुकरुगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111	1521	EM-11	तुतुतुः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112	1423	EM-2	तुदुतुतुदः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113	1457	EM-3	अतुतुतुतुः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114	1466	EM-5	तुदुतुतुतुः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115	1479	EM-6	तुदुतुः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116	1491	EM-7	तुतुतुतुतुतु	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117	1522	F	शुतुःशुतु / शुतुतुतुतु	headache/cephalgia/ceph alalgia	24	29	0	0	24	29	16	21	0	0	16	21	40	50	90
118	1532	F-10	शुतुतुतुतुः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	1529	F-7	अतुतुतुतुतुतुः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120	1530	F-8	अधुतुतुतुतुतुः	hemicrania	18	19	0	0	18	19	15	17	0	0	15	17	33	36	69
121	1531	F-9	सुतुतुतुतुतुः	sunshine induced cephalalgia	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
122	1543	FA-3	खतुतुतुतुतुतु	baldness / alopecia totalis	22	9	0	0	22	9	9	6	0	0	9	6	31	15	46
123	1548	FA-4	दुतुतुतुतुः	pytiasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124	1565	GB	दुतुतुतुतुतुः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125	1571	GB-6	तुतुतुतुः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

126	1583	GC	दंतगत रोगः	tooth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127	1586	GC-3	दंतहृष [ः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128	1601	GD-5	उपिजिऽवका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129	1616	GF	कंठरोगः	throat disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132	1641	GF-17	गंडमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133	1643	GF-19	गलगंडः	goiter	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134	1649	GG	मुखपाकः	stomatitis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
135	1662	H	अंरुः/नेरुः	ophthalmic diseases/ eye diseases	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137	1689	HB	वम [-रुः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139	1691	HB-2	कुंभीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140	1692	HB-3	पोथका	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141	1720	HD-1	हेतार-अम [pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142	1740	HF-1	अभ्युदः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143	1745	HF-2	अधमदथः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144	1754	HF-7	शुकांरुपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145	1761	HG-1	तुमरः	partial or total blindness/amaurosis/ame	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146	1807	HG-10	नुकुलांयुम	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147	1778	HG-2	कचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148	1785	HG-3	लुगनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149	1813	I	नासरुः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150	1814	I-1	हेतुयः/पीनसः	rhinitis	31	12	6	12	37	24	23	15	0	0	23	15	60	39	99
151	1852	I-15	नासागत-ररुतुम	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152	1853	I-16	नासाश [ः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
153	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154	1860	J	कण [रुः	ear diseases	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
155	1870	J-10	कण [पाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1880	J-14	कण [ावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

157	1896	J-19	बाधिय [म्	deafness	15	9	0	0	15	9	12	7	0	0	12	7	27	16	43
158	1897	J-20	कण [शूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159	1869	J-9	कण [-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160	1913	K	रणः	wounds	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161	1961	K-14	नाडीगणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162	1914	KA	रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163	1971	LA	भङ्गः (अस्थिभङ्गः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164	1972	LA-1	सिद्धमूर्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165	2013	LB-1	अग्निदग्धिः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166	2085	LE	शयः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167	2170	MD-11	दौर्ब [यम्	debility	36	23	0	0	36	23	21	21	0	0	21	21	57	44	101
168	2172	MD-13	शयामुद्धता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169	2173	MD-14	कु कृ णकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170	2177	MD-17	फरक-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171	2178	MD-18	द्वीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173	2184	N	कृ मिः/संजातकृ मि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175	2251	O-15	कु नखः	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176	2255	O-18	गुदहंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177	2256	O-19	चम [कालः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178	2266	O-25	निवधधकशः	phimosiis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180	2280	O-35	युवानपिडका (मुखदपिका)	pimples	6	6	0	0	6	6	6	10	0	0	6	10	12	16	28
181	2284	O-39	इदलुतः	alopecia	2	2	0	0	2	2	0	0	0	0	0	0	2	2	4
182	2287	O-42	व्यगः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183	2243	O-7	अठं पिका	eruptions on head having multiple	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184	1110	EF-2	मेहः	diabetes mellitus	4	0	0	0	4	0	4	0	0	0	4	0	8	0	8
185	4	AA	वातव्याधिः	disorders due to vāta	9	11	0	0	9	11	15	10	0	0	15	10	24	21	45
186	1324	EK-4	उदर/उदररोगः	ascites	20	17	0	0	20	17	15	16	0	0	15	16	35	33	68
187	489	EA-4	वासः	dyspnoea	38	24	0	0	38	24	33	25	0	0	33	25	71	49	120

188	49	AAB-33	ईवातदभः (के वलवात)	neck stiffness/torticollis/spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
189	1383	EL-3	आत [वदोषः/आत [वदिट्टः/रजोदोषः	menstrual disorders	0	26	0	0	0	26	0	13	0	0	13	0	39	39	
190	1605	GE-2	गलईहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
191	72	AAB-55	पादशूलः (के वलवात)	leg pain (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
192	494	EA-4.5	तमकवासः	the disorder is characterized by pīnasam	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
193	1399	EL-6	गर्भ [णीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
194	1421	EM	मनोवहांतोवकारः	disorders of manōvahasrōtas	28	22	0	0	28	22	23	16	2	0	25	16	53	38	91
195	3573	I:10	Hypertension(BP)		7	2	0	0	7	2	9	0	0	0	9	0	16	2	18
196	1118	EF-2.2.6	शुभेहः	the disorder is characterized by	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
197	1081	EE-3.7	रतज-अश [ः	the disorder is characterized by	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
198	1606	GE-3	तुिंडके रक	the disorder is characterized by sthūla	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
199	55	AAB-39	जानुभेदः (के वलवात)	breaking pain of knees (due only to vātadōṣa)	35	21	0	0	35	21	30	24	0	0	30	24	65	45	110
200	167	C-166	(Varicos Vain) सिराः ईंध		0	0	0	0	0	0	0	0	0	0	0	0	0	0	
201	1236	EI-6	वदधिः	hernia, hydrocele	11	3	0	0	11	3	7	3	0	0	7	3	18	6	24
202	1385	EL-3.2	पिणज/आत [वदिट्टः	the disorder is characterized by dōṣa	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
203	19	AAB-3	अणमद [ः (के वलवात)	generalized body ache (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
204	2888	VA	हंकृ तिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
205	894	ED-4.3	कुठम	minor skin diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
207	901	ED-4.3.7	चम [दल-कुठः	carmadala-kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
208	108	AAB-91	विषादः/दकनता (के वलवात)	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
209	406	BG	शुभैषदयम		0	0	0	0	0	0	0	0	0	0	0	0	0	0	
210	243	AAE-11	अिथगतवातः	aggravation of vāta in asthi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

211	2310	O-51	आलढेयम्	laziness/lethargy (due to kaphadōśa and other	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
212	1604	GE-1	गलशुण्डिका (कण्ठशुण्डी)	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2132	M	बालरोगः	paediatric medical conditions	0	0	3	1	3	1	1	1	0	0	1	1	4	2	6
214	652	EB-10.16	द्विकशूलः/	sacralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
215	2171	MD-12	कु मारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	1350	EL-2	योनिरोगः/योनि-च्यापदः	gynecological disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
217	1099	EE-4.4	मेदोजडिथः	the disorder is characterized by	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
218	1871	J-11	कण [-हतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
219	1216	EI-4.8	खरपाकः	posthitis	10	9	0	0	10	9	16	12	0	0	16	12	26	21	47
220	1175	EI-2.2	उवजभगजलैयम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
221	2269	O-28	हसुतः	hypoesthesia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
222	240	AAE-8	असङ्गतवातः/रगतवात	vitiated vāta in rakta	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
224	2263	O-23	तिलकः/तिलकालक	sesame-eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
225	7	AAA-2	वातवदधिः	vātavḥ dधिḥ	35	17	0	0	35	17	30	26	0	0	30	26	65	43	108
226	265	ABB-4	अतिवेदः (केवलपि)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
227			Not consultant		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Grand Total					899	697	21	22	920	719	711	572	3	0	714	572	1634	1291	2925

11) EYE CLINIC
Statement of patients attended at O.P.D

S. No	Period	No. of Patients Attended													
		New						Old						Grand Total	
		Adult		Child		Total		Adult		Child		Total			
		M	F	M	F	M	F	M	F	M	F	M	F	M	F
1	18 th Feb 2017- March 2018	1252	1194	114	80	1366	1274	1230	1078	98	68	1328	1146	2694	2420
2	2018-19	1168	1098	73	75	1241	1173	1466	1377	97	79	1563	1456	2804	2629
3	2019-20	1018	1029	85	95	1103	1124	1305	1216	98	60	1403	1276	2506	2400
4	2020-21	235	270	11	13	246	283	245	210	5	5	250	215	496	498
5	2021-22	485	458	35	14	520	472	670	487	49	14	719	501	1239	973
6	2022-23	722	758	50	31	772	789	908	827	67	52	975	879	1747	1668
7	2024-25	851	913	46	36	897	949	1236	1007	80	54	1316	1061	2213	2010

12) Statement of patients attended OPD/IPD during the reporting period

S. No	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated												Total		Grand Total (M+F)
					New						Old								
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	1662	H	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	26	25	1	0	27	25	35	19	0	1	35	20	62	45	107
2	1679	HA-2	उपनाहः	marginal chalazion/ lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	1740	HF-1	अभिष्यन्दः	conjunctivitis	90	91	4	0	94	91	135	138	6	0	141	138	235	229	464
7	1745	HF-2	अधिमन्थः	glaucoma	32	36	0	0	32	36	41	38	0	0	41	38	73	74	147
8	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	81	82	0	1	81	83	86	82	0	0	86	82	167	165	332
9	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ ametropia/partial obstruction of vision	575	638	41	35	616	673	886	680	74	53	960	733	1576	1406	2982
10	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	1778	HG-2	काचः	moderate low vision	35	34	0	0	35	34	42	42	0	0	42	42	77	76	153
12	1785	HG-3	लिङ्गनाशः	complete blindness	12	7	0	0	12	7	11	8	0	0	11	8	23	15	38
Total					851	913	46	36	897	949	1236	1007	80	54	1316	1061	2213	2010	4223

13) Kriya kalpas

S.No	Shalakya Kriya Kalpas	Total
1	Nasyam	1935
2	Netradhara	16
3	Bidalaka	72
4	Tharpanam	1204
5	Siropichu	555
6	Karan Purnam	42
7	AnFebam	0
8	Karn Dhupam	91
9	sek	0
10	sirovasti	0
Total		3915

14) Arthritis OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated												Grand Total (M+F)		
					New						Follow up							Total	
					Adult		Child		Total		Adult		Child		Total			M	F
					M	F	M	F	M	F	M	F	M	F	M	F			
1	823	EC-6	आमवातः	rheumatism due to आम	64	92	0	0	64	92	82	168	0	0	82	168	146	260	406
2	5470 (ICD-10)	M54-5 (ICD-10)	कटिशूल	Lumbago	33	54	0	0	33	54	43	74	0	0	43	74	76	128	204
3	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	6	0	0	0	6	4	16	0	0	4	16	4	22	26
4	189	AA4	वातव्याधि	वाताव्याधि	59	76	0	1	59	77	109	160	0	0	109	160	168	237	405
5	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	2	2	0	0	2	2	6	7	0	0	6	7	8	9	17
6	157	AAC-20	गृध्रसी	sciatica	21	35	0	0	21	35	25	96	0	0	25	96	46	131	177
7	49	AAB-33	श्रीवास्तम्भः (केवलवात)	neck torticollois (due only to vātadōṣa)	8	10	0	0	8	10	1	14	0	0	1	14	9	24	33
8	652	EB-10.16	त्रिकशूलः/	sacralgia	5	4	0	0	5	4	17	20	0	0	17	20	22	24	46
9	141	AAC-8	अवबाहुकः	frozen shoulder	0	8	0	0	0	8	0	6	0	0	0	6	0	14	14
10	248	AAE-16	सन्धिवातः	osteo-arthritis	127	199	0	0	127	199	186	341	0	0	186	341	313	540	853
Total					319	486	0	1	319	487	473	902	0	0	473	902	792	1389	2181

15) ENT OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)		
					New						Follow up		Child		Total		Total				
					Adult		Child		Total		Adult		M	F	M	F	M	F		M	F
					M	F	M	F	M	F	M	F									
1	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/ spasmodic torticollis	0	0	0	0	0	0	3	1	0	0	3	1	3	1	4		
2	179	AAC-37	शिरोग्रहः	head and neck rigidity	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1		
3	135	AAC-4	अर्दितः	facial paralysis	0	1	0	0	0	1	2	2	0	0	2	2	2	3	5		
4	248	AAE-16	सन्धिवातः	osteo-arthritis	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1		
5	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
6	471	EA-2	हिक्का	hiccup/singultus	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2		
7	480	EA-3	कासः	cough / tussis	19	7	0	0	19	7	21	27	1	0	22	27	41	34	75		
8	500	EA-5	स्वरभेदः	dysphonia	5	2	0	0	5	2	4	2	0	0	4	2	9	4	13		
9	536	EB-3	अजीर्णम्	indigestion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
10	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
11	1064	EE-2	अर्बुदः	tumor	2	0	1	0	3	0	13	5	4	0	21	5	24	5	29		
12	1095	EE-4	ग्रन्थिः	cyst	0	0	0	0	0	0	6	5	0	2	6	7	6	7	13		
13	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	6	8	0	0	6	8	17	6	0	0	17	6	23	14	37		
14	1319	EK-3.15	कर्णमूलशोथः	mumps	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1		
15	1521	EM-11	भ्रमः	giddiness /dizziness / vertigo	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3		
16	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	2	4	0	0	2	4	14	8	0	0	14	8	16	12	28		
17	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
18	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
19	1530	F-8	अर्धवभेदकः	hemisrania	4	5	0	0	4	5	8	20	0	0	8	20	12	25	37		
20	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
21	1543	FA-3	खलित्यम्	baldness /alopecia totalis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
22	1548	FA-4	दारुणकः	pytiriasis capitis	1	0	0	0	1	0	3	0	0	0	3	0	4	0	4		
23	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
24	1583	GC	दन्तरोगः	tooth disorders	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1		
25	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
26	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	5	0	0	0	5	0	5	0	5		

27	1616	GF	कण्ठरोगः	throat disorders	3	1	0	0	3	1	1	2	0	0	1	2	4	3	7
28	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	7	0	0	0	7	0	7	0	7
31	1643	GF-19	गलगण्डः	goiter	1	12	0	0	1	12	8	4	0	0	8	4	9	16	25
32	1649	GG	मुखपाकः	stomatitis	3	5	0	0	3	5	12	3	0	0	12	3	15	8	23
33	1813	I	नासारोगः	nose diseases	5	0	0	0	5	0	11	0	1	2	12	2	17	2	19
34	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	69	66	11	1	80	67	167	115	3	2	169	117	249	184	433
35	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	2	4	0	0	2	4	2	4	6
36	1853	I-16	नासार्शः	nasal polyp	2	5	0	0	2	5	19	5	0	0	19	5	21	10	31
37	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	1860	J	कर्णरोगः	ear diseases	1	2	0	0	1	2	3	2	0	0	3	2	4	4	8
39	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
40	1880	J-14	कर्ण-स्रावः	otorrhoea	12	29	0	0	12	29	30	36	0	2	30	38	42	67	109
41	1896	J-19	बाधिर्यम्	deafness	34	27	1	0	35	27	86	23	0	0	86	23	121	50	171
42	1897	J-20	कर्णशूलः	earache/otalgia	12	19	5	2	17	21	18	17	5	0	23	17	40	38	78
43	1869	J-9	कर्ण-नादः	tinnitus	18	14	0	0	18	14	59	13	0	0	59	13	77	27	104
44	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
45	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	1	6	0	0	1	6	1	6	7
46	4	AA	वातव्याधिः	disorders due to vāta	1	0	0	0	1	0	7	2	0	0	7	2	8	2	10
47	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48	49	AAB-33	प्रीवास्तम्भः (केवलवात)	neck stiffness	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
49	1605	GE-2	गलग्रहः	throat spasm	0	1	0	0	0	1	18	5	0	0	18	5	18	6	24
50	494	EA-4.5	तमकश्वासः		4	4	0	0	4	4	18	12	0	0	18	12	22	16	38
51	1606	GE-3	तुण्डिकेरी	quinsy	1	0	3	1	4	1	1	0	5	4	7	4	11	5	16
52	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	1	3	0	3	1	2	0	0	0	2	0	5	1	6
53	558	EB-4	अम्लपित्तम्	hyperacidity	0	0	1	0	1	0	0	3	0	1	0	4	1	4	5
54	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	3	2	0	0	3	2	0	3	0	0	0	3	3	5	8
55	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	0	0	10	0	0	0	10	0	10	0	10
56	838	ED-2.2	कण्डूः	pruritis	8	1	0	2	8	3	4	2	0	0	4	2	12	5	17
57	1074	EE-3	अर्शः	haemorrhoids	0	1	1	0	1	1	0	2	0	0	0	2	1	3	4
58	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1

59	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60	1596	GD	जिह्वागत रोगः	tongue diseases	2	0	0	0	2	0	3	1	0	0	3	1	5	1	6
61	173	AAC-31	मिन्मिनः	nasal voice	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
Grand Total					222	223	26	6	248	229	586	339	19	13	609	352	857	581	1438

16) Bal roga OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Number of Pediatric patients treated						Grand total
					New		Follow up		Total		
					Male child	Female child	Male child	Female child	Male child	Female child	
1	689	EC-3	Jvarah	fever / pyrexia	24	21	38	29	62	50	112
2	1583	GC	Dantaroga	tooth disorders	1	0	0	0	1	0	1
3	480	EA-3	Kasa	cough / tussis	40	18	71	28	111	46	157
4	883	ED-4	Kushta	Integumentary disease	14	5	27	19	41	24	65
5	2284	O-39	Indralupta	Alopecia	0	0	0	0	0	0	0
6	348	ACB-23	Agnimandya	Impaired digestion/ Loss of appetite	1	2	0	0	1	2	3
7	166	AAC-24.2	Bala pakshaghata	Hemiplegia in children	1	0	5	1	6	1	7
8	919	ED-5	Shwitra	Vitiligo/Leukoderma	13	27	29	36	42	63	105
9	172	AAC-30	Pangu	Lameness (Bilateral)	0	0	0	0	0	0	0
10	2983	AAC-12.4	Vibandha	Simple constipation	15	3	30	20	45	23	68
11	1029	ED-14	Sheetapitta	Urticaria with vata predominance	0	0	0	0	0	0	0
12	515	EB-2	Atisara	Diarrhoea	2	0	11	7	13	7	20
13	1961	K-14	Nadivrana	Fistula/Sinus wound	0	0	0	0	0	0	0
14	812	EC-5	Panduroga	anaemia	1	5	3	2	4	7	11
15	2266	OC-25	Nirudhaprakasa	Phimosi	0	0	0	0	0	0	0
16	633	EB-10	Shula	Colicky abdominal pain	5	4	9	4	14	8	22
17	2255	O-18	Gudabhramsa	Rectal prolapse	0	0	0	0	0	0	0
18	2170	MD-11	Daurbalya	Weakness	17	15	29	27	46	42	88
19	72	AAB-55	Padashula	Leg pain	0	0	0	0	0	0	0
20	1161	EF-3	Medoroga	Obesity	0	0	0	0	0	0	0
21	287	ABB-26	Palitya	Premature greying of hairs	0	0	0	0	0	0	0
22	1304	EK-3	Sopham	Oedema/ inflammation	0	0	0	0	0	0	0

23	900	ED-4.3.8	Dadru kushta	Ring worm/Tinea	2	0	0	0	2	0	2
24	1421	EM	Manovahasrotovikara	Disorders of manovaha srotas	0	0	1	1	1	1	2
25	2177	MD-17	Phakka roga	Delayed walking	0	0	0	0	0	0	0
26	489	EA-4	Swasa	Dyspnoea	2	2	7	5	8	7	15
27	1521	EM-11	Bhrama	Giddiness	0	0	0	0	0	0	0
28	1258	EJ-3	Mutrghat	Obstructed micturition	0	0	2	4	2	4	6
29	4	AA	Vatavyadhi	Disorders due to vata	36	32	74	54	110	86	196
30	1897	J-20	Karnashula	Ear ache	0	0	0	0	0	0	0
31	2184	N	Krimi	Worm infestation	3	10	6	4	9	14	23
32	1880	J-14	Karnasrava	Otorrhoea	2	3	6	6	8	9	17
33	1814	I-I	Pratisyaya	Rhinitis	17	5	24	24	41	29	70
34	1457	EM-3	Apasmara	Epilepsy	0	1	0	1	0	2	2
35	1423	EM-2	Unmada	Psychosis/Insanity	0	0	0	0	0	0	0
36	2172	MD-13	Sayyamuutra	Enuresis	0	0	1	1	1	1	2
37	1530	F-8	Ardhavabhedaka	Hemicrania	0	0	0	0	0	0	0
38	1913	K	Vrana	wounds	0	0	0	0	0	0	0
39	1248	EJ-2	Asmari	urolithiasis	7	0	17	1	24	1	25
40	676	EB-12	Parikartika	Fissure in ano	0	0	0	0	0	0	0
41	326	ACB-1	Sthaulyam	Obesity	0	0	0	0	0	0	0
42	905	ED-4.3.10	Vicarchika	wet eczema	0	0	0	0	0	0	0
43	1649	GG	mukhapaka	Stomatitis	0	0	0	0	0	0	0
44	1095	EE-4	Granthi	cyst	3	20	13	33	16	53	69
45	897	ED-4.3.3	Kitibha	Psoriasis	1	2	2	2	3	4	7
46	1522	F	Sirashul	Head ache	0	0	0	0	0	0	0
47	154	AAC-17	Kroshtuka sirsham	Knee synovitis	0	0	0	0	0	0	0
48	997	ED-10	visarpa	acute spreading eruptions	0	0	0	0	0	0	0
49	1662	H	Akshiroga	Eye diseases	0	0	0	0	0	0	0
50	601	EB-7	Grahani	Disorders of lower gastro intestinal tract	29	27	67	47	96	74	170
51	2280	O-35	Mukhadooshika	Pimples	1	0	0	2	1	2	3
52	1606	GE-3	Tundikerika	Tonsillitis	0	0	0	0	0	0	0
53	49	AAB-33	Greevagraham	Cervical pain	2	4	2	6	4	10	14
54	829	EC-8	Kesaroga	Hair loss	5	18	13	21	18	39	57
55	2237	O-2	Ajagallika		0	0	0	0	0	0	0
56	1641	GF-17	Gandamala	Lymphnode	0	0	0	0	0	0	0

				enlargement							
57	1110	EF-2	prameh		0	0	2	0	2	0	2
58	681	EC-2	heart		0	0	0	0	0	0	0
59	851	ED-2.9	Pidaka	Eruptions	0	4	0	5	0	9	9
60	102	AAB-85	VAK-SANGAH (KEVALAVATA)		9	3	10	2	19	5	24
61	586	EB-6	CARDIH	vomiting/emesis	0	0	1	0	1	0	1
62	1398	EL-5	SOMAROGAH/SVETAPRA DARAH	leucorrhoea	0	0	0	0	0	0	0
63	1834	I-8	NASASVAYATHUH	oedematous rhinitis	0	0	0	0	0	0	0
64	45	AAB-29	KARSYAM (KEVALAVATA)	emaciation (due only to vātadōṣa)	1	0	0	0	1	0	1
65	409	BA-3	ARTAVAVAISHAMYAM	ārtava disorder	0	1	0	1	0	2	2
66	30	AAB-14	AKSHEPAKAH (KEVALAVATA)	clonic convulsion (due only to vātadōṣa)	5	1	9	1	14	2	16
67	445	CA	MUTRAVAISHAMYAM	mūtra vitiation	0	0	0	1	0	1	1
68	446	CA-1	MUTRAKSHAYAH	oliguria/anuria/anuresis	0	1	0	0	0	1	1
69	611	EB-8	GULMAH	lump	1	0	1	0	2	0	2
70	494	EA-4.5	TAMAKASVASAH	tamakaśvāsa /bronchial asthma	4	0	6	2	10	2	12
71	1816	I-1.2	DUSHTAPRATISYAYAH	chronic pratiśyāya	0	0	0	0	0	0	0
72	1832	I-6	APINASAH	chronic rhinitis	0	0	0	0	0	0	0
73	64	AAB-47	DANTABEDAH (KEVALAVATA)	odontalgia/tooth fracture (due only to vātadōṣa)	0	0	1	0	1	0	1
74	1110	EF-2	PRAMEHAH	diabetes mellitus	0	0	2	0	2	0	2
75	108	AAB-91	VISHADAH/DINATA (KEVALAVATA)	depression/apathy (due only to vātadōṣa)	0	0	1	5	1	5	6
76	823	EC-6	AMAVATAH	rheumatism due to āma	6	12	10	16	16	28	44
77	248	AAE-16	SANDHIGATAVATAH	vitiated vāta in sandhi	0	3	0	9	0	12	12
78	567	AAC-12.2	AMAJA-ANAHAH	ānāha due to āma	0	0	0	0	0	0	0
79	1457	EM-3	APASMARAH	epilepsy	0	0	0	0	0	0	0
80	2251	O-15	KUNAKHAH	paronychia	0	0	1	0	1	0	1
81	902	ED-4.3.8	PAMA (KACCU)	pAmA-kuṣṭha	0	0	0	0	0	0	0

82	1165	EG	ASTHIVAHASROTOVIKAR AH	disorders of asthivahasrōtas	0	5	3	13	3	18	21
83	1074	EE-3	ARSAH	haemorrhoids	0	0	1	0	1	0	1
84	1033	ED-16	BAGANDARAH	fistula-in-ano	0	0	0	0	0	0	0
85	1081	EE-3.7	RAKTAJA-ARSAH	arśas due to rakta	0	0	0	0	0	0	0
86	536	EB-3	AJIRNAM	indigestion	1	0	0	1	1	1	2
87	539	EB-3.3	AMAJA-AJIRNAM/ KAPAJA-AJIRNAM	ajīrṇa due to kapha	0	0	0	0	0	0	0
88	1350	EL-2	YONIROGAH/YONI-VYAPADAH	gynecological disorder	0	6	0	12	0	18	18
89	838	ED-2.2	KANDUH	pruritis	0	0	1	1	1	1	2
90	416	BH-1	OJAKSHAYAH	ōjas depletion	0	0	0	0	0	0	0
91	1548	FA-4	DARUNAKAH	pytirtiasis capitis	0	0	0	0	0	0	0
92	761	EC-3.10	VISHAMAJVARAH	intermittent pyrexia	0	0	0	0	0	0	0
93	898	ED-4.3.4	VIPADIKA	cracks in palms and soles	0	0	0	0	0	0	0
94	274	ABB-13	KAMALA (KEVALAPITTA)	jaundice (due only to pittadōṣa)	0	0	0	2	0	2	2
95	879	ED-3.5	HALIMAKAH(LODHARAH)	halīmaka	0	0	0	0	0	0	0
96	818	EC-5.6	MRUDBAKSHANAJANYA PANDUROGAH/KRUMIJA PANDUROGAH	pāṇḍurōga due to geophagia	0	0	1	0	1	0	1
97	2287	O-42	VYANGAH	black patches on face	0	1	0	0	0	1	1
98	681	EC-2	HRUDROGAH	heart disease	0	0	0	0	0	0	0
99	332	ACB-7	BUDDHIMANDYAM (KEVALA-KAPHA)	lack of decisiveness (due only to kaphadōṣa)	1	3	0	6	1	9	10
100	1869	J-9	KARNA-NADAH	tinnitus	0	0	0	0	0	0	0
101	395	BC-1	MAMSAKSHAYAH	māmsa depletion	0	0	0	0	0	0	0
102	1062	EE	MAMSAVAHASROTOVIKARAH	disorders of maMsavahasrOtas	0	0	0	0	0	0	0
Total					272	264	537	462	808	726	1534

18) Statement of Patients attended at Preventive Cardiology & Lifestyle Disorder Clinic

annual repor 24-25										
Sl.No	NAME	NAME CODE	Disease	NUMBER OF PATIENTS				TOTAL		GRAND TOTAL
				M	F	MC	FC	M	F	
1	681	EC 2	HEART DISEASE	307	92	0	0	307	92	399
2	240	AAE 8	HYPERTENSION	49	27	0	0	49	27	76
3	1139	EF 2.4.4	DIABETES	35	18	0	0	35	18	53
Total				391	137	0	0	391	137	528

17) CSIR-NPL common diseases with National Ayurveda Morbidity Codes (NAMC)

S. No.	NAM C ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated												Grand Total (M+F)		
					New						Follow up							Total	
					Adult		Child		Total		Adult		Child		Total			M	F
					M	F	M	F	M	F	M	F	M	F	M	F			
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/metorism or painful abdominal distension	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
2.	2983	AAC-12.4	विबन्ध	simple constipation	5	0	0	0	5	0	0	0	0	0	0	0	5	0	5
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4.	154	AAC-17	क्रोष्ठकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-	मन्यास्तम्भः	Stiff neck/ torticollis/	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

		32		spasmodic torticollis															
12.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16.	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18.	248	AAE-16	सन्धिवातः	osteo-arthritis	24	9	0	0	24	9	14	14	0	0	14	14	38	23	61
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	285	ABB-24	दाहः	burning sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21.	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	10	3	0	0	10	3	41	22	0	0	41	22	51	25	76
23.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	480	EA-3	कासः	cough / tussis	21	2	0	1	21	3	10	1	0	2	10	3	31	6	37
28.	489	EA-4	श्वासः	dyspnoea	5	2	0	0	5	2	14	0	0	0	14	0	19	2	21
29.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	633	EB-10	शूलः	colicky pain/abdominal colic	1	0	0	1	1	1	0	0	0	0	0	0	1	1	2
32.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
35.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

36.	656	EB-11	उदावर्तः	obstipation	0	1	0	0	0	0	1	0	0	0	0	0	0	1	1
37.	676	EB-12	परिकर्तिका	proctalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38.	515	EB-2	अतिसारः	diarrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	7	0	0	0	7	0	13	1	0	0	13	1	20	1	21
45.	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48.	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
49.	681	EC-2	हृद्रोगः	heart disease	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
50.	689	EC-3	ज्वरः	fever / pyrexia	6	0	0	0	6	0	1	0	0	0	1	0	7	0	7
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
54.	823	EC-6	आमवातः	rheumatism due to आम	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
55.	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
59.	1024	ED-13	क्षीपदः	filaria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
61.	1031	ED-15	उदरदः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62.	1033	ED-16	भगन्दरः	fistula-in-ano	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
63.	838	ED-2.2	कण्डूः	pruritis	6	1	0	1	6	2	5	2	0	0	5	2	11	4	15
64.	850	ED-2.8	निद्रानाशः /अनिद्रा	loss of sleep (insomnia)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

65.	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
66.	883	ED-4	कुष्ठम्	integumentary disease	1	0	0	0	1	0	5	1	0	0	5	1	6	1	7
67.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68.	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
77.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79.	1074	EE-3	अर्शः	haemorrhoids	3	0	0	0	3	0	18	0	0	0	18	0	21	0	21
80.	1095	EE-4	ग्रन्थिः	cyst	7	0	0	0	7	0	2	0	0	0	2	0	9	0	9
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	4	4	0	0	4	4	4	0	0	0	4	0	8	4	12
82.	1161	EF-3	मेदोरोगः	obesity	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
83.	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84.	1173	EI-2	क्लैब्यम्	male infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
85.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87.	1248	EJ-2	अश्मरी	lithiasis/uroolithiasis/nephrolithiasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	3	2	0	0	3	2	4	2	0	0	4	2	7	4	11

93.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	यकृद्वालयुदरः	hepatomegaly	1	5	0	0	1	5	1	3	0	0	1	3	2	8	10
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	1339	EK-4.8	छिद्रोदरः /क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	भ्रमः	giddiness /dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

118.	1522	F	शिरःशूल /शिरोरूक्	headache/cephalgia/cephal algia	3	4	0	0	3	4	1	0	0	0	1	0	4	4	8
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धविभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
124.	1548	FA-4	दारुणकः	pytiritiasis capitis	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
125.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1583	GC	दन्तरोगः	tooth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	3	0	0	0	3	0	0	1	0	0	0	1	3	1	4
132.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	1649	GG	मुखपाकः	stomatitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness/	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

177.	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
179.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
181.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
182.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
183.	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	1	0	0	0	1	0	6	1	0	0	6	1	7	1	8
183.	4	AA	वातव्याधिः	disorders due to vāta	13	5	0	0	13	5	4	2	0	0	4	2	17	7	24
184.	2243	O-7	अरुंधिका	eruptions on head having multiple openings/ furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.			वृक्कविकार		2	0	0	0	2	0	11	0	0	0	11	0	13	0	13
184.			रक्तगतवात		8	2	0	0	8	2	1	0	0	0	1	0	9	2	11
183.			भ्रमः		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					164	59	0	3	164	62	192	54	0	2	192	56	356	118	474

CENTRAL AYURVEDA RESEARCH INSTITUTE, NEW DELHI
SUMMARY OF THE ANNUAL PROGRESS REPORT
(2024-2025)

INTRODUCTION: -

The Central Ayurveda Research Institute (CARI), New Delhi, is a flagship research institution under the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush, Govt. of India. The institute was established in the year 1979. This Institute is mandated to the research policy of CCRAS and dedicated to clinical research in the field of Ayurveda. The Institute is currently located in a rented building and caters to the health care services to general public besides conducting clinical research studies on various disease conditions and priority areas of the public sector healthcare challenges.

The Clinical Research and patients care services are being carried out through various Units/Sections like, Panchakarma, Ksharasutra, Pharmacy, Jalukavacharana, Kriyakalpas, Clinical Laboratory (Biochemistry, Pathology and X-Ray), Physiotherapy, Library and specialty clinics like Geriatric, Paediatrics (Balroga), Eye, Preventive Cardiology & Lifestyle changes, ENT, Arthritis and NaidanikManovigyan (Clinical Psychology) etc.

Following sections are functioning in this Institute:

1. Technical Section

2. Administrative Section

1. TechnicSection includes the following:

RESEARCH WING

It include the various research projects as

Collaborative Projects

IMR Projects

Annual Action Plan Projects

Outreach Activities

Patient Care Services

IPD-Indoor Patient Department

OPD -Out door PatientDepartment

The CARI, Punjabi Bagh, New Delhi, has also satellite O.P.D. centres at:

ATC, Safdarjung Hospital

ATC, Lady Hardinge Hospital

Ayurvedic Unit- FAP, Supreme Court

Ayurveda Chikitsa Kendra, ABVIMS, Dr. Ram Manohar Lohia Hospital

Ayush Wellness Clinic at President's Estate.

CCRAS-JNU treatment & research facility, JNU, New Delhi

CSIR-NPL, Delhi: OPD once a week.

Press Club of India: OPD once a week.

PART-A**COLLABORATIVE CLINICAL RESEARCH PROJECTS****A1.) Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine.**

Objectives:

Primary Objective:

To assess the Clinical Efficacy of Ayush M-3 in Migraine.

Secondary Objective:

To assess the Clinical Safety of Ayush M-3 in Migraine

Sample Size: 60 patients in each group (2 groups), making a total of 360 patients in 3 centers.

Duration of the study: 3 years

Participating center along with PI & Co-I:

S.No	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	CARI, New Delhi	Dr. Shweta Mata, R.O.(Ay.), CARI, ND	--
2	ABVIMS & Dr. RML Hospital, New Delhi	Dr. Jyoti Garg HOD, Department of Neurology Coordinator: Dr. Renu Makhija	Dr. Sudha Kumari K.G, R.O. (Ay.), CARI, ND
3	NIMHANS, Bengaluru	Dr. Kishore Kumar R Assistant Professor of Ayurveda, Dept. of Integrated Medicine	1. Dr. Girish B kulkarni Professor of Neurology 2. Dr. Umesh C, Scientist C, Department of Integrative Medicine.

Current status: Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	120	100	20	00
2	ATC, ABVIMS, Dr. RML Hospital	120	98	22	00
3	NIMHANS, Bangalore	120	66	50	04

A2.) Randomized double blind Placebo controlled Clinical Study of Ayurvedic coded Drug AYUSH-A in the management of Bronchial Asthama (Tamak Shwasa).

Objectives:

Primary Objective- To evaluate the efficacy of Ayush –A in the patients with mild- moderate Bronchial Asthma.

Secondary Objective: To evaluate the safety of Ayush –A in the above patients.

Sample Size : 100 (50 patient (each group))

Duration of Study: 2 years (extended up to 03.07.2022, F.N.3-34/2018- CCRAS /Admn/ Tamak shwasa/4773, dated 21.12.2020.

Participating center along with PI :

S.No.	Name of the participating center	Name of PI	Name of CI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS	
2.	CARI, New Delhi		Dr. Seema Jain, R.O. (Ay.)- Co.-I

Current status: Completed

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	AIIMS, New Delhi	100	79	21	00

A3.) Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study.

Objectives:

Primary objective: To determine the effect of Virechana (purgation) therapy on the changes in the gut microbial profile.

Secondary Objective:

To understand the efficacy of Virechanatherapy on the nutritional and metabolic profile of healthy individuals.

To evaluate the effect of Virechana on the biochemical and clinical parameters and general well-being in healthy individuals.

Sample Size : 75 sample size-37, 38 per center. In two centers (37 CARI, Punjabi Bagh & 38 AIIA, Sarita Vihar).

Duration of Study : 36 months

Participating centers along with PI: Collaborative study

Sr. No.	Name of the participating centre	Name of PI	Name of Co-I
1	CARI, Punjabi Bagh, New Delhi/ CCRAS Hqrs, New Delhi	Dr. Prof. Vd. K.S.Dhiman (till 31/3/2021) Dr.N. Srikanth(till date)	Dr. Rajkala Patil, R.O.(Ay) till 16/11/20 Dr. Amit, R.O.(Ay.) till 13/11/23 Dr. Shaizi Layeeq, R.O.(Ay) Dr. Kishor Patel, R.O.(Ay.)
2	AIIA, Sarita Vihar, New Delhi	Dr. Prof. Tanuja Manoj Nesari Director, AIIA, New Delhi	Dr. V.G. Huddar, Associate Professor, Dept of Kayachikitsa Dr. Divya Kajaria, Assistant Professor, Dept of Kayachikitsa Dr. Pransanth D. Assistant Professor, Dept of Panchakrma
3	ILBS, Vasant Kunj, New Delhi	Dr. Dr. Shvetank Sharma,, Associate Professor, Department of Molecular and Cellular Medicine	Dr. Dr. Jaya Benjamin, Associate Professor, Dept of Clinical nutrition

Current status: Completed

Center Name	Target	Enrolled	Completed	Drop-out
CARI, New Delhi	37	35	32	3
AIIA, New Delhi	38	38	33	5

A4) “A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)”.

Objectives:

Primary Objective:

To compare the effects of multimodal Ayurveda interventions versus standard care on knee pain and functional disability.

Secondary Objective:

To compare the effects of multimodal Ayurveda interventions versus standard care on range of motion of knee joint

To compare the change in the need of rescue analgesic medication

To compare the Change in quality of life after the study interventions

To compare the effects of Ayurveda interventions versus standard care on knee structural changes (delay of the structural progression of OA)

To compare the effects of Ayurveda interventions versus standard care on inflammatory biomarkers

To compare the change in Bone mineral density

To compare the proportion of participants experiencing any Adverse Event/ Adverse Drug Reaction.

Sample size : 150 (75 in each group)

Duration of Study : 30 months.

Participating centre along with PI & Co-I :

S.No.	Name of the Institute	Name of the PI	Name of the CoI
1	AIIMS, New Delhi	Dr. Uma Kumar Qualification: MBBS MD Address: Room No 4076, 4th Floor, Teaching Block, AIIMS, New Delhi Telephone / Mob: 91- 9868217040 E- mail : umaakumar@yahoo.co.in	1. Dr. Danveer Bhadu, Asso. Prof., Dept. of Orthopedics, AIIMS, New Delhi. 2. Dr. Vijay Kumar, Professor, Dept. of Orthopedics, AIIMS, New Delhi. 3. Dr. R K Arya, Dept. of Orthopedics, RML Hospital, New Delhi. 4. Dr. Buddhadev Chowdhury, Professor, Dept. of Orthopedics, AIIMS Trauma Centre, New Delhi. 5. Dr. Ravi Mittal,

			Professor, Dept. of Orthopedics, AIIMS, New Delhi.
2	C.C.R.A.S. C.A.R.I., NEW DELHI.	Dr. Bharti M.D. (Ay.), Ph.D. (Ay.) Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026	Dr. Kishor Patel M.D. (Ay.) Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026

Current status: Completed

Status of projects Centre wise as on 31.03.2025

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
11.10.2022	150	80	150	127	23	00	Nil

Relevant information: Protocol article of the study is submitted in JMIR for publication.

A5.) Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial.

Objectives: To assess the efficacy of Ayurvedic management in Allergic Rhinitis (VatajaPratishyaya) by comparing it with a conventional control group.

Sample Size : 90

Duration of Study: Two years

Participating center along with PI & CoI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	VMMC & Safdarjung Hospital, New Delhi	Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 2.Co-PI: 1. Dr. Isha Preet Tuli (till 07.05.2024) Professor, ENT department, Safdarjung Hospital, New Delhi.	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

		3.Dr. Priti Lal (07.05.2024 onwards) Professor, ENT department, Safdarjung Hospital, New Delhi.	
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Current Status: Completed

S.No	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	90	88	02	00

A6.) Efficacy of Ayurveda intervention sin the management of Menorrhagia (Raktapradara)– Arandomized controlled trial

Objectives:

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara).

Secondary Objective- To assess the efficacy of Ayurveda intervention on the Quality of life of women with menorrhagia (Raktapradara).

Sample Size : 140 (70 patients in each group)

Duration of Study : Three years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status: Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	106	69	04	33

A7.) Title: - Tolerability, treatment adherence, and safety of an Ayurvedic intervention - Dhatri Lauha in the management of Iron Deficiency Anemia: An open label single arm clinical study

Objectives:

Primary Objective:

To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-Dhatri Lauha in the management of Iron deficiency anemia.

Secondary Objective:

To assess safety of Dhatri Lauha in the management of Iron deficiency anemia.

To assess efficacy of Dhatri Lauha in the management of Iron deficiency anemia

Sample Size: 480 (120 from each center)

Duration of Study: 2 Years

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	CBPACS- New Delhi	Dr. Subash Sahu
2.	MSM Khanpur, Sonipat	Dr. Gati Krushna Panda
3.	RGGPGAC & H, Paprola	Prof. Vijay Chaudhary
4.	SAMC & H, Indore	Dr. Ratnaprava Mishra
5.	CARI, ND, Coordinating Institute	Dr Seema Jain, R.O. (Ay.)- Co-I Dr. Renu Rani, R.O. (Ay.)- Co-I

Current status: Ongoing

S. No	Name of the participating centre	Total Target	Total No. of participants enrolled	No. of participants successfully completed	No. of drop out participants	No. of continuing participants
1.	CBPACS- New Delhi	120	110	39	01	70
2.	MSM Khanpur, Sonipat	120	115	69	03	43
3.	RGGPGAC & H, Paprola	120	119	109	01	09
4.	SAMC & H, Indore	120	103	60	03	40
Total		480	447	277	08	162

A8.) Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study.

Objectives:

Primary objective: To compare the clinical efficacy of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care versus standard care alone in patients of stable coronary artery disease

Secondary Objective: To assess the safety of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care in patients of stable coronary artery disease

Sample Size: 100 (50 per group)

Duration of Study: 3 years

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Department of Cardiology, Safdarjung hospital, Ansari nagar East, New Delhi-29	Dr. Anunay Gupta Associate Professor, Dept. of Cardiology, VMMC and Safdarjung Hospital, New Delhi
2.	CARI, Road no.66, Punjabi Bagh, New Delhi-26	Dr. Sakshi Sharma R.O (Ay.), CARI, New Delhi

Current status: Ongoing

S. No	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of participants enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1	Department of cardiology VMMC & Safdarjung Hospital, Ansari nagar, East New Delhi	100	27	27	14	11	Ongoing

A9.) “An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community based study”

Objectives:

Primary:

To assess the impact of Ayurveda regimen on quality of life among elderly population in the community of Ballabhgarh District of Haryana.

Secondary:

To assess the impact of Ayurveda regimen on various haematological and biochemical, radiological parameters among elderly population in the community of Ballabhgarh District of Haryana

To assess the impact of Ayurveda regimen on health status of elderly population in the community of Ballabhgarh District of Haryana

Sample Size: 400 for screening and 120 for respondents

Duration of Study: 30 months.

Participating centre along with PI & Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	Comprehensive Rural Health Services Project, Ballabhgarh National Highway, 2, Mathura Rd, Ballabhgarh, Faridabad, Haryana - 121004 under AIIMS, New Delhi	Dr. Puneet Misra Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi.	1. Dr. Sanjay K. Rai, Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi. 2. Dr. Gautam Sharma, Professor, Department of Cardiology, All India Institute of Medical Sciences, New Delhi. 3. Dr. Harshal Salve, Additional Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi.
2	C.C.R.A.S. Hqrs. C.A.R.I., New Delhi.		1. Dr. Anagha Ranade Research Officer (Ay.) Central Council for Research in Ayurvedic Sciences, Institutional Area, Opposite D-block, JanakPuri, New Delhi-110058 2. Dr. Babita Yadav,

			Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 3. Dr. Kishor Patel Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026
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Current status: Ongoing

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
12.02.2025	400	16	33	00	03	30	00

A10.) Title: Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives:

Primary objective:

To evaluate the treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis

Secondary Objective:

To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function

To evaluate the change in the need of rescue analgesic medication

To evaluate the change in quality of life after the study intervention

Sample Size : 480 (120 at each participating centre)

Duration of Study : 24 months

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1	Gurukul-Haridwar	Prof. Uttam Kumar Sharma
2	RGGPGAC & H-Paprola	Prof. Vijay Chaudhary
3	Parul University- Vadodara	Dr. Hemant Toshikhane
4	BHU-Varanasi	Prof. Jai Prakash Singh
5	CARI, New Delhi (coordinating centre)	Dr. Sakshi Sharma Dr. Kishore Patel

Current status: Ongoing

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of Pts enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1	Gurukul-Haridwar	120	120	101	48	40	Ongoing
2	RGGPGAC & H-Paprola	120	128	120	00	115	Completed
3	Parul-Vadodara	120	156	130	49	72	Ongoing
4	BHU-Varanasi	120	130	120	77	43	Ongoing

A11.) Randomized controlled trial of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy.

Objectives:

Primary: Efficacy of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy.

Secondary: Safety of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy. .

Sample Size : 110 (55 patients in each group)

Duration of Study : Three years

Participating center along with PI & CoI

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Department of Cardiology, Superspeciality Block, VMMC and Safdarjung Hospital, New Delhi, India	Dr. Puneet Gupta Associate Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi	Dr. Anunay Gupta Associate Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi
2.	Central Ayurveda Research Institute, New Delhi	Dr. Neha Dubey R.O. (Ay) CARI, New Delhi CCRAS, HQ	1. Dr. Rajput Shivshankar, Research Officer (Ayurveda) ATC, Safdarjung Hospital, New Delhi CARI, New Delhi 2. Dr. Kalpana Kachare, R.O. (Ay), CCRAS, HQ , New Delhi

Current Status: Ongoing

S. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	Safdarjung Hospital, New Delhi,	17	4	0	13

B. INTRA MURAL RESEARCH PROJECTS

B1.) Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study.

Objectives:

Primary Objective: To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Secondary Objective: To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Sample Size : 140 (70 patients in each group)

Duration of Study : Two years

Participating center along with PI:

S.No.	Name of the Participating Centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma, Research Officer (Ay.) (till 19.12.2022) Dr. Shweta Mata, Research Officer (Ay.) (From 20.12.2022)
2.	RARIGID, Guwahati	Dr. Pravin Masram, Research Officer (Ay.)
3.	RARI, Thiruvananthapuram	Dr. Varsha Sumedhan, Research Officer (Ay.)

Current Status: Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1	CARI, New Delhi	140	121	19	00

B2.) Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial.

Objectives:

Primary Objective: To assess the the rapeutic efficacy of Ayurvedic management on irregular menstrual cycles/Anovulation andHirsutism in PCOS.

Secondary Objective: To assess the the rapeutic efficacy of Ayurvedic management on acne, Acanthosis Nigricans,and BMI.

Sample Size : 180 (90 patients in each group)

Duration of Study : Three years

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	CRU, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status: Ongoing

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases withdrawal	No. of cases continued
1	CRU, Safdarjung Hospital, New Delhi, India.	180	131	10	09	30

B3.) Comparing the efficacy of YashtimadhuGhrita anal infiltration and Diltiazem topical application in the management of Chronic AnalFissure –An open-label randomized controlled trial

Objectives:

Primary objective:

To determine the efficacy of YashtimadhuGhrita anal infiltration on healing of anal fissure in comparison with 2% Diltiazem topical application

Secondary objective:

To determine the efficacy of YashtimadhuGhrita anal infiltration on reduction of pain & bleeding in comparison with 2% Diltiazem topical application.

To determine the efficacy of Yashtimadhu Ghrita anal infiltration in prevention of recurrence of anal fissure in comparison with 2 % Diltiazem topical application.

To assess the safety of YashtimadhuGhrita anal infiltration in comparison with 2% Diltiazem topical application

Sample size : 100 (50 in each group).

Duration of study : 2.5 Years

Name of participating centre: Central Ayurvedic Research Institute , Punjabi Bagh, NewDelhi

Current status : Ongoing

Total screened till date – 114

Screen failure – 14

Total Enrolled till date- 100

B4.) A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis.

Objectives:

a. Primary Objective: To prepare the practice guidelines for Marsa nasya karma

b. Secondary Objective:

1 .To prepare guidelines for calculation of dose of medicine used in Marsa nasya karma

- 2 .Standardization of end point of the procedure of marsanasya karma
- 3 .Standardization of quality indicators of Marsa nasya karma
4. To assess the feasibility and preliminary effectiveness of the standardized procedure of Marsa Nasya in different geographical areas of the country.

Sample size : Complete 30 cases (in each centre).

Duration of therapy : 01 Week

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1	NARIP Cheruthuruthy	Dr.Devi Nair, M.D.(Ay), PI
2	CCRAS Hqrs	Dr .Aswathykuttu V, R.O(Ay.), CoI
3	CARI, New Delhi	Dr. Shaizi Layeeq, R.O(Ay.), CoI
4	CARI, Guwahati	Dr .Praveen Kumar.K.S, R.O(Ay.), CoI

Current status: Complete

Name of the Institute	Date of Initiation	Target / Sample Size	No. of participants screened	No of Participants enrolled	No. of drop outs	No. of Participants successfully completed	No. of continuing participants	No. Of ADR/ AE reported	Details of AE/ADR reported
CARI, Punjabi Bagh	27-12-2023	30	37	30	2	28	NIL	NIL	NIL

B5) “Efficacy and safety of AYUSH SR tablet in the management of stress among university students –A double-blind randomized placebo-controlled study”

Objectives:

Primary objective: To assess the clinical efficacy of AYUSH-SR in the management of stress among university Student

Secondary Objective: To assess the clinical safety of AYUSH-SR in the management of stress among university Student.

Sample Size : 70 (35 in each Group)

Duration of Study : Two Year

Participating center along with PI:

S.No.	Name of the participating centre	Name of PI	Name of CoI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)	1. Dr. Shaizi Layeeq, R.O.(Ay.) 2. Ms. Rabya Umman, Clinical Psychologist

Current status: Ongoing

Total Screened – 66, Enrolled -51, Ongoing- 12, Completed- 34, Dropout- 5

B6.) “Evaluation of efficacy and safety of Shadbindu Taila Marsha Nasya and ChitrakaHaritakiAvalehain Chronic Rhinosinusitis” A Randomized Controlled Multicenter Study

Objectives:

Primary objective:

To assess the efficacy of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhinosinusitis

Secondary objective:

To assess the safety of Ayurveda Interventions versus conventional control (INCS) in patients with Chronic Rhinosinusitis.

Sample Size: 160 (80 from each institute)

Duration of Study: Two Year

Participating centre along with PI :

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	CARI, New Delhi	PI: Dr. Shweta Mata, MS, Ph.D. (Ay-Shalakyta Tantra), Research Officer (Ay), CARI, New Delhi	1): Dr. Ashima Jain, MBBS, MD (Path), Research Officer (Path), CARI, New Delhi. 2): Dr. Shrawan Sahu, MS, Ph.D. (Ay-Shalakyta Tantra), Research Officer (Ay), CARI, New Delhi
2.	RARI, Patna	PI: Dr. Kumari Archana RO.(Ay.) MS(Shalakyta Tantra), Ph.D.(Ayu.) Regional Ayurveda Research Institute, Patna-07	Dr. (Major) Madhukar (Scientist C) Rajendra Memorial Research Institute of Medical Sciences (RMRI), Agam Kuan, Patna Dr. Balaji Potbhare Research Officer (Ayu), MD Regional Ayurveda Research Institute Patna

Current Status: Yet to initiate.

C. Observational Survey Study

C1) Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicenter cross-sectional survey study

Objectives:

Primary objective:

To understand the care seeking behavior of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.

Secondary Objective:

To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals

To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.

To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Sample Size: The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals throughout the data collection period will be considered to take part in the study. Each participant visiting these OPDs during the study period will be surveyed only once.

Duration of Study : 16 months

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	11 Air Force station Ghaziabad (U.P)	Dr, Swati Sharma, Research officer (Ay.)

Current status: Completed

C2.) "Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study"

Objectives:

Primary objective:

To understand the care seeking behaviour of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.

Secondary Objective:

To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals

To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.

To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Sample Size: Patients visiting to hospital for 1 year

Duration of Study : 1 year

Participating centre along with PI: Collaborative study

S. No.	Name of the Coordinating/ participating centre	Name of PI/Co-I
1.	Central Ayurveda Research Institute, New Delhi	Dr. Shrawan Kumar Sahu (PI)
2.	Base Hospital, Delhi Cantt	Col (Dr) Rajneesh Kumar Joshi, (PI) Capt. Umang Kant Gangania,

Current status: Completed

D.) SURVEY STUDY

D1.) A Systematic survey of the Labeling Information of Ayurvedic Drugs included in NLEAM and marketed in India in compliance with Rule 161 of the D & C Act 1940 and Rule 1945.

Objectives:

Primary objective:

To evaluate the labeling pattern of Classical Ayurvedic formulations marketed in India in compliance with Rule 161 of the D & C Act and Rule 1945.

Secondary objective:

To improve the labeling practices implementation and Pharmacovigilance system.

Duration of Study : 12 months

Participating centers along with PI:

S.No.	Name of the participating center	Name of PI
1	CARI, New Delhi	Dr. Sakshi Sharma
2	RARI, Lucknow	Dr. Anjali Parsad
3	RARI, Trivandrum	Dr. Varsha Sumedhan
4	CARI, Kolkata	Dr. Shakti Bhushan
5	CARI, Mumbai (Nodal Institute)	Dr. Dattatray Dighe

Current status: Ongoing

E.) OUT REACH ACTIVITIES

E1.) AMHCP Under SCSP 2024-25

Area wise statement of no. of visits, house surveyed, Population covered, patients treated during the reporting period)

Number of Tours : 210
 Population Surveyed : 481
 Patients treated : 465 (SC- 446)
 Investigations : 8975

E2) “Acceptability of the comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster randomized study”

Aims:

- 1) To know about the impact of comprehensive Ayurveda-based health care approach (CABHA) on acceptability of Ayurveda as a health care modality in the specific community (assessed through change in perception and health-seeking behavior)
- 2) To know the clinical outcomes of the individualized Ayurveda health care approach (IAHA) among selected families (as a subset of the population in one of the identified clusters)

Objectives:

Primary – To assess the change in perception and health-seeking behavior of the community after the introduction of a comprehensive Ayurveda-based health care approach (CABHA) for six months

Secondary –

- 1) To assess the impact of CABHA on the quality of life of the participants in the community
- 2) To assess the impact of individualized Ayurveda health-care approach (IAHA) on the frequency of incidence of infectious and/or allergic diseases in the participants from the included families
- 3) To assess the impact of IAHA on the general well-being of the participants from the included families
- 4) To assess the impact of IAHA on the sleep quality of the participants from the included families
- 5) To assess the impact of IAHA on the oral health of the participants from the included families
- 6) To assess the impact of CABHA on the clinical outcomes of participants in the community
- 7) To assess the adherence of the participants to the CABHA

Sample Size :

S.No	Phase of study	Total Sample Size	Sample size at each center
i.	Survey	7200	480 (240 in each cluster)
ii.	IAHA	420	30 families (in Cluster-1 only)

Duration of Study: One Year.

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay)

Status: Completed

S.No.	Particulars	Consolidated data of the study
1	Duration of the study	1 year
2	Villages covered	4
3	Visits made	210
4	Population covered	3892
5	No. of patients treated	4653
6	No. of Investigations done	8975

F. Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

The Ministry of Ayush has introduced a new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is to develop a culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani, and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral Pharmacovigilance Centres (PPvCCs). A total of 230 misleading advertisements and 15 ADR have been detected from April 2024 to March 2025 and sent to Intermediary Pharmacovigilance Centers (IPvCCs), NIA, Jaipur, and the Drug Controller of Ayush, Delhi State.

Organized two-day National seminar on "Fostering patient safety: Role of diagnostic practices in Ayush" organized by Pharmacovigilance team, CARI, New Delhi at India International Centre, New Delhi on 19.09.2024 and Coordinator received Appreciation Award from DG, CCRAS and Prof. Bejon Kumar Mishra, former advisor, govt of Odissa for successfully coordination of program.

Organized Pharmacovigilance awareness programme under Pharmacovigilance of ASU & H Drugs on 16.10.2024 at Tibbia College & Hospital, Karol bagh, New Delhi

The Coordinator and JRF (Ay.) have attended a total of 9 webinars in the year 2024-25.

The CARI, New Delhi PPvC center, organized meetings with hospital staff to raise awareness of ADRs and other important aspects of pharmacovigilance from time to time.

Pharmacovigilance Awareness lectures were given to OPD patients and their relatives and IEC material was also distributed throughout the year.

Two Suggestion boxes with an ADR form are placed at the OPD and IPD areas for patients.

In the year 2024-25, Pharmacovigilance awareness plates are placed at the OPD area for awareness.

Misleading Advertisements and ADR reported in 2024-25

Month	Status of misleading Advertisement(detected)	Suspected Adverse drug reaction
April 2024	24	1
May 2024	22	2
June 2024	16	1
July 2024	14	3
August 2024	17	0
September 2024	13	0
October 2024	19	2
November 2024	21	1
December 2024	22	2
January 2025	41	1
February 2025	21	0
March 2025	13	2
Total	230	15

G. Literary Study

G1.) Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services.

Objectives:

a) Primary objective:

1. To prepare a comprehensive document on "Entrepreneurship in Ayush."

b) Secondary Objective:

1. To analyze and develop a basic understanding of entrepreneurship opportunities in various domains of Ayush.

2. To develop comprehensive data analysis on the Ayush Industry in the following aspects

Understanding Business models of Ayush (Technology, Product and Services)

Human capital and resources requirement

The innovation component of Technology, Products and Services in Ayush

Financial and investment opportunities in Ayush industries

Market development for Ayush products and services

3. To assess the Ayush Technology, Products and Services regulatory approval and compliance process.

4. To explore the opportunities and development of new markets for Ayush Technology, Products and Services.

5. To assess the Ethical Issues for Ayush Industries

Duration of Study: 24 months

Nature of Document /Publication (Book, Manuscript, Bibliography etc.): Book/Manual

Participating center along with PI:

S.No.	Name of the participating center	Name of PI
1	School of Biotechnology, Jawaharlal Nehru University, New Delhi 110067	Dr. Hemant R. Kushwaha Prof. Rupesh Chaturvedi

Current Status- Ongoing

G2.) Projects on “Documentation of Life Profiles of Luminaries in the field of Ayurveda”. Sanction Order No. : HQ-PROJ011/92/2024-PROJ/3961 dated 25.09.2024

Life Profile of Ayurveda Luminary -Prof. PNV Kurup (Literary Study)

Dr. Rajput Shivshankar, R.O (Ay)

Dr. Shweta Mata, R.O (Ay)

Life Profile of Ayurveda Luminary- Vd. Tarachand Sharma (Literary Study)

Dr. Shweta Mata, R.O (Ay)

Dr. Rajput Shivshankar, R.O (Ay)

Dr. Kuldeep, R.O (Ay)

Life Profile of Ayurveda Luminary -Dr. H.M. Chandola (Literary Study)

Dr. Shaizi Layeeq, R.O. (Ay.)

Dr. Renu Rani, R.O. (Ay.)

Current Status: Draft manuscripts are prepared and submitted to CCRAS, Hqrs

H.PROJECTS IN PIPELINE

Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single-arm multi-centric study ".

To develop minimum standard requirements to practice Kriyakalpa in a Hospital/Clinical set-up.

"A Clinical Consensus study for the development of Standard Operating procedure and practice guidelines for Anjana Karma with a Feasibility study in Immature Cataract".

Randomized controlled trial to evaluate the efficacy of Classical Ayurveda Interventions in Amavata (Rheumatoid Arthritis).

Comparative clinical evaluation of Arsh Kuthar Rasa and Bol Prarpati/Bolbhdra Rasa versus Tranexamic acid in the management of Bleeding Piles- A randomized controlled clinical trial.

A Randomized Double Blind Placebo control study of Ayush-A as an add-on to the standard care for the management of mild to moderate chronic obstructive pulmonary disease (COPD).

A Randomized Controlled Clinical Trial to Evaluate the Efficacy of VyoSadiGuggulu in the Management of Medoroga (Dyslipidemia)".

Efficacy of Ayurveda interventions in the management of Menopausal symptoms (Rajonivriti janya lakshan)- A randomized controlled trial

Comparative clinical evaluation of Madhutailikabasti prepared manually and by automated bastiyantra

Effectiveness of Ayurveda interventions to improve quality of life and well-being in older adults- a multicenter clinical study

Morbidity and Health-seeking behavior of patients receiving Ayurveda along with conventional medicine in NCDs at Department of Integrated Medicine, Lady Hardinge Hospital: A cross-sectional study

IN-PATIENT DEPARTMENT (IPD)

Total admitted patients in the reporting period i.e. 2024-25 are 661 out of which 272 are male (including 36 male child) and 389 are female (including 08 female child). During the reporting period 638 patients were discharged out of which 262 males and 376 females including 35 male child and 09 female child respectively. Annual bed occupancy is 56.50%

OUT-PATIENT DEPARTMENT (OPD)

The Central Ayurveda Research Institute (CARI), New Delhi, provides OPD services during the morning shift from 9:00 AM to 1:00 PM. The Institute also runs special clinics on designated days, including Ano-Rectal, Preventive Cardiology, Arthritis, ENT, Eye, Pediatric, and Geriatric Clinics.

During the reporting year, the Institute served a total of 101,194 patients through its OPD services, with free medicines dispensed to all. Among them, 53,411 were male, 47,782 were female, and 1 was a transgender patient. The OPD recorded 32,331 new and 68,863 follow-up cases.

Senior citizens and research participants were given priority in registration and consultation. A total of 7,763 patients received treatment for various geriatric conditions, with common ailments including Sandhivata (osteoarthritis), Madhumeha (diabetes), Vatavikara (neurological disorders), Raktagata Vata (vascular disorders), Shwas (respiratory disorders), Mutrakriccha (urinary disorders), and Daurbalya (general debility).

CRU, Safdarjung Hospital, New Delhi:-

The Ayurvedic Chikitsa Kendra was established in January 1998. The Kendra is equipped with two spacious rooms—one designated for patient consultation and the other serving multiple functions, including patient registration, medicine storage, and dispensing.

During the reporting period, a total of 28,941 patients visited the OPD. Among them, 15,556 were male and 13,385 were female. The commonly reported ailments included Sandhivata (osteoarthritis), Raktapradara (menorrhagia), Mutrakricchra (urinary disorders), Shotha (inflammation), Klaibya (erectile dysfunction), Arsha (piles), Cyst, Amavata (rheumatoid arthritis), Madhumeha (diabetes), Kushtha (skin disorders), Artavakshaya (oligomenorrhea), Kasa (cough), Amlapitta (hyperacidity), Shweta Pradara (leucorrhoea), Pratishyaya (rhinitis), and Khalitya (hair loss).

Ayurvedic Treatment Center, Lady Hardinge Medical College and Hospital, New Delhi:

The Ayurvedic Treatment Centre at Lady Hardinge Medical College, New Delhi, was established on 19th September 2009. During the reporting year, the OPD recorded a total of 15,438 patient visits, comprising 7,686 male and 7,752 female patients.

The most commonly reported conditions included Aadhmaan (abdominal distension), Sandhivata (osteoarthritis), Amavata (rheumatoid arthritis), Kandu (itching), Vatarakta (gout),

Pratishyay (rhinitis), Daurbalyam (general weakness), Kasa (cough), Vibandh (constipation), Arsha (piles), Amlapitta (hyperacidity), Madhumeha (diabetes), and Ashmari (urinary calculi).

The competent authorities at Lady Hardinge Medical College and Hospital have granted permission for conducting various laboratory and specialized diagnostic investigations within the LHMC laboratory facilities, supporting comprehensive patient care.

Ayurvedic Chikitsa Kendra, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi:

Ayurvedic Treatment center at ABVIMS -Dr. Ram Manohar Lohia Hospital is functional since 14th January, 2016. During the reporting year a total no. of 9156 patients attended the OPD out of which 5476 patients were male and 3680 patients were female. It was observed that most of the patients who attended the O.P.D were suffering from Manovahsrotos Vikar Sandhivata, Aadhmana, Vibandh Vatavyadhi, Amlapitta, Shirahshool, Raktagata Vata, Kasa, Gridhrasi, Ashmari, Mutrakricchra etc.

Ayush Wellness Clinic, President's Estate

Ayush Wellness Clinic, at President's Estate had been started since July, 2015 under CARI, New Delhi. This center is rendering O.P.D. services along with Panchakarma therapy to the patients. During reporting year a total of 4324 patients were treated, out of which 2950 were male patients and 1374 were female patients. Most of the patients attending the OPD were suffering from Vatavyadhi, Trikshoola, Arsha, Madhumeha, Medoroga, Daurbalyam, Sandhivata, Kasa, Ajirna, Amlapittametc

Ayurveda Unit: FAP- Supreme Court, New Delhi

The Ayurveda Unit, FAP at Supreme Court of India has been functional in the Supreme Court premises since 2008. The Unit is rendering services to Hon'ble Judges and Registry in the Supreme Court of India. At present one senior doctor, one Pharmacist and one Pharmacy attendant are rendering their services in this unit. During current reporting period a total of 6020 patients were treated in FAP Supreme Court out of which 4182 were male and 1838 were female patients. Most of the patients were suffering from Vibandh, Aadhman, Gridhrasi, Kasa, Sandhivata, , Udavarta, Ajirnam, Amlapiitam, Amavata, Madhumeha, Arsha, Yakkritdalyudaretc

CCRAS-JNU Treatment & Research Facility, New Delhi

A new unit of CCRAS, established in collaboration with Jawaharlal Nehru University (JNU), was initiated on 25th January 2023. The unit provides Ayurvedic consultations three days a week to students, university employees (both working and retired), and their dependents within the campus.

During the current reporting period, a total of 2,925 patients received consultations, including 1,634 male and 1,291 female patients. The commonly observed health conditions included Vibandh (constipation), Sandhivata (osteoarthritis), Kasa (cough), Aadhman (bloating), Ajirna (indigestion), Gridhrasi (sciatica), Madhumeha (diabetes), Arsha (piles), Mutrakricchra (urinary disorders),

Pratishyay (rhinitis), Daurbalyam (general debility), Shwasa (respiratory issues), and Janubheda (knee pain).

SECTION-WISE ACTIVITIES

Panchakarma Section

The Panchakarma Section has been operational at the Institute since February 1981, offering classical Ayurvedic therapies based on clinical requirements. The primary procedures administered include:

Vamana (therapeutic emesis)

Virechana (therapeutic purgation)

Anuvasana Basti (oil enema)

Asthapana Basti (decoction enema)

Nasya (nasal administration)

In addition, several traditional Keraliya Chikitsa therapies are effectively practiced, such as Shashtikashali Pinda Sweda, Patra Pinda Sweda, Snehadhara, Shirodhara, Shirobasti, Katibasti, and Janubasti. These procedures are widely recognized for their safety and effectiveness in managing conditions like Pakshavadha (hemiplegia), Pangu (paralysis), Gridhrasi (sciatica), Amavata (rheumatoid arthritis), Sandhivata (osteoarthritis), Sthaulya (obesity), Greeva Stambha (cervical spondylosis), Katishoola (low back pain), Katigraha (lumbar stiffness), JirnaPratishyaya (chronic rhinitis), Ardita (facial palsy), and Ardhavabhedaka (migraine).

During the reporting period, 1,017 patients received Panchakarma treatments, with a total of 17,851 specialized procedure sessions delivered at the IPD level. These included:

Abhyanga (2,882)

Sarvanga Sweda (1,718)

Janu Basti (3,652)

Patra Pinda Sweda (873)

Dashanga Lepa (743)

Nadi Sweda (789)

Nasya (599)

Katibasti (1,194)

Udvartana (170)

Matra Basti (1,481)

Niruha Basti (615)

Anuvasana Basti (974)

Vaitarana Basti (291)

Baluka Sweda (436)

During the reporting year, 10,137 patients visited the Kshara Sutra section. The distribution of cases was as follows:

Arsha (Piles) – 3,118

Bhagandara (Fistula-in-ano) – 2,971

Parikartika (Fissure-in-ano) – 2,777

Nadivrana (Sinus) – 119

Gudapaka (Perianal abscess) – 1,152

Leech Therapy Clinic

The Leech Therapy Clinic addressed various conditions such as TwakRoga (skin disorders), Sira-Shotha (vascular inflammation), Shlipada (filariasis), and Shvitra (vitiligo). A total of 275 patients availed this therapy during the reporting period.

Physiotherapy Section

Established in 1999, the Physiotherapy Section is equipped with essential modalities to treat both OPD and IPD patients. It caters to a wide range of conditions, including:

Musculoskeletal Disorders: osteoarthritis, rheumatoid arthritis, frozen shoulder, spondylosis, prolapsed intervertebral disc

Neurological Conditions: stroke, quadriplegia, paraplegia, cerebral palsy, Parkinson's disease, peripheral nerve injuries, muscular dystrophies, Bell's palsy, motor neuron disease

Sports Injuries: tennis elbow, rotator cuff tear, meniscal injury

General Conditions: obesity, varicose veins, peripheral vascular disorders

During the reporting year, 3,993 patients were treated, comprising 1,702 male and 2,291 female patients.

Eye Clinic

The Eye Clinic has been operational since 18th February 2017, offering OPD and IPD services along with Kriyakalpa procedures throughout the week. During 2024–25, a total of 4,223 patients were treated (2,213 male and 2,010 female). Commonly treated conditions included Timira (refractive error), Abhishyanda (conjunctivitis), Kacha (cataract), Shushkakshipaka (dry eye), Adhimantha (glaucoma), and Linganasha (vision loss).

Kriyakalpas administered included:

Nasya – 1,935

Tarpana – 1,204

Shiropichu – 555

ENT OPD

The ENT OPD catered to 1,438 patients during the reporting period, including 857 males and 581 females. Common conditions treated were:

Pratishyaya / Pinasa (rhinitis) – 433

Badhirya (hearing loss) – 171

Karnasrava (ear discharge) – 109

Karnanada (tinnitus) – 104

Arthritis Clinic

A total of 2,181 patients visited the Arthritis Clinic, with 792 males and 1,389 females. Key conditions managed included:

Sandhivata – 853

Amavata – 406

Vatavyadhi – 405

Katishool – 204

Gridhrasi – 177

Bal Rog Clinic (Pediatric Clinic)

During the reporting year, 1,534 children (808 male and 726 female) received treatment for conditions such as Pidika (boils), Vatavyadhi (neurological disorders), Shool (abdominal pain), Krimi (worm infestation), Shwitra (vitiligo), Pangu (paralysis), Kushtha (skin disorders), and Pratishyaya (cold/rhinitis).

Preventive Cardiology & Lifestyle Clinic

This clinic operates on Tuesdays and Fridays, offering preventive and therapeutic care for lifestyle-related disorders. In 2024–25, 968 patients were consulted (637 males and 331 females). The commonly treated conditions included Hridroga (cardiac ailments), Uccharaktachapa (hypertension), Madhumeha (diabetes), and Sthaulya (obesity).

Naidanik Manovigyan (Clinical Psychology OPD)

The Clinical Psychology OPD has been functional since July 2021. During April 2024–March 2025, 132 psychological sessions were conducted—67 for female and 65 for male patients—addressing issues like generalized anxiety, cognitive challenges, hyperactivity, sleep disturbances, and depressive symptoms. Several patients are continuing with follow-up sessions.

Press Club of India – Weekly Consultation

As per office order no. F.N. HQ-Estt 11012/109/2023-ESTT/7274 dated 29.01.2024 and institute order no. F.S.4-41/2023-24/CARI/Admn-Office Order No.1230/2023-24 dated 03.02.2024, the weekly clinic at the Press Club of India was reinitiated from 10th February 2024 with one Ayurvedic Consultant deputed every Saturday. During the financial year 2024–25, 683 patients received consultation (553 male and 130 female). General Ayurvedic consultation and free medicines were provided to Press Club members and their family.

Library

The Library section of the Institute is having 1819 books in Hindi and English. The library remains open for readers from 9:30 am to 4:30 pm.

Clinical Laboratory

The NABL Accredited laboratory section provides services to both general patients from OPD, IPD and research subjects. A total no. of 24788 investigations was carried out during the reporting year.

Bio-chemical Investigations

Routine Biochemical investigations including Blood Sugar, Lipid Profile, Renal Function Test and Liver Function Tests are conducted in Biochemistry section of the Institute. Total 17204 investigations were carried out during the year 2024-25.

Pathological Investigations

Routine pathological investigations of blood, urine and stool were done. Total 7584 investigations were carried out during the year 2024-25.

Radiological Investigations: In the reporting year 2024-25 total number of radiological investigations done in Radiology department were 536.

Pharmacy

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute such as Lady Harding, Dr RML hospital, Supreme Court, Safdarjung Hospital and AWC, President Estate etc. The Pharmacy also keeps balance in demand and supply of medicines for clinical projects. In this current year pharmacy has procured medicines worth Rs. 2,62,59,350.00 (IMPCL- Rs.2,59,26,946.00 and Oushadhi- Rs. 3,32,404.00) for meeting the demands.

Hindi Section

The Hindi Section has consistently played a pivotal role in implementing the Official Language Rules. It ensures that all documents under Section 3(3) are issued bilingually, replies to correspondence are given in Hindi, and continuous efforts are made to meet the prescribed annual targets. All quarterly and half-yearly progress reports are prepared punctually and submitted to the Official Language Department and NARAKAS (Town Official Language Implementation Committee) through email and online platforms.

The VibhagiyaRajbhashaKaryanvayan Samiti meetings were held every trimester to monitor the usage of Hindi in official and technical work across departments. The institution received appreciation during the half-yearly meetings of the Town Official Language Implementation Committee for its significant progress in increasing the percentage of work done in Hindi and for its efforts in meeting the annual targets.

The "Hindi Pakhwada" was also successfully organized from 14th to 29th September 2024, featuring various Hindi-related activities. The Hindi Pakhawada closing ceremony was organized on 3rd October 2024 in which certificates were distributed to all the winners. Additionally, four "One Day Hindi Workshops" were conducted during the year to promote and strengthen the use of Hindi in official communication.

The dates of the workshops were:

28.05.2024

06.09.2024

27.12.2024

21.03.2025

Medicinal Plant Garden

Institute is maintaining a medicinal plant garden for dual purposes i.e. for demonstration as well as for providing raw herbs for panchakarma and ksharasutra therapy. In view of identification and demonstration purposes, all the plants were having their specific nameplates with their classical names, botanical names, family, and main uses as per classical references.

In the reporting financial year 2024-25 all the name plates were replaced with the new modified nameplates in view of changed botanical names as well as the families of Medicinal plants from the authorized website.

This Medicinal garden is continuously providing raw herbs for various Panchakarma procedures and Ksharasutra e.g. Madhuyashti, Shigru, Haritaki, Ashvagandha, Guduchi, Bhrami, Isabgol, Nirgundi, Agnimantha, etc. In the reporting year, few new species have been added such as Mandukparni, Sita Ashoka, Shalparni, Khadira, etc.

About Internal Complaint Committee (ICC)

In compliance of Honorable Supreme Court order dated 12.05.2023 and direction of ministry of Ayush vide X.18030/125/2021-CDN dated 26.06.2024, the institute has constituted ICC Internal Complaint Committee in provision of PoSH (Prevention of Sexual Harassment) Act 2013, with the objective of Prevention, Prohibition and Redressal of the act. The committee regularly conducted meetings and conducted awareness/ orientation programme. In the reporting year, ICC has not received any complaint regarding the same.

Important Activities organized by Institute-At a Glance

Organized Techno-Administrative Meeting in the light of “Avlokana-2024” (Review & Planning of CCRAS Nifty Activities) under the chairmanship of director institute on 08.04.2024

Organized inaugural program of World Environment Day and Oath taking ceremony for “How to conserve the Environment” in the inaugural session of World Environment Day on 10.04.2024

Organized an awareness lecture and pledge-taking program of “World No Tobacco Day (WNTD)” on the theme “Protecting Children from Tobacco Industry Interference” in pursuance of MOH&FW memorandum FTS-362459 dated 27.05.2024 on 31.5.2024

Organized an orientation lecture on reporting of Vaccine-Preventable Diseases in Children by Dr Chetan Sharma, WHO, Surveillance Medical Officer, NPSN Delhi-2 Unit on 15.07.2024

Organized meeting of ICC (Internal Complaint Committee) as Chair Person of the Committee with all the nominated members and Advocate Lata Lochav as legal member from outside as directed by the Director Institute on 08.7.2024

Organized 'Hindi Karyashala' – workshop on "Hindi E - tools" by Smt. Vinita Tiwari, Asst. Director, Hindi Shikshan Yojana, Rajabhasha Vibhag, Ministry of Home Affairs, Govt. of India organized by CARI, Punjabi Bagh in virtual mode 06.09.2024

Organized a two-day National Seminar on Fostering Patient Safety: Diagnostic Practices in Ayush at India International Centre, New Delhi on 18-19 Sept, 2024

Organized webinar on the Role of Ayush to address Anemia on 27.09.2024

Organized a training cum awareness program of Pharmacovigilance for ASU & H drugs at A & U Tibbia College & Hospital, Karol Bagh, New Delhi 16.10.2024

Organized a technical review meeting (online) to discuss the technical issues pertaining to clinical Research Projects, Ayurveda Day activities and action points of Manthan 2024 on committee room of the Institute on 17.10.2024.

Organized inauguration of Vigilance Awareness Week on 28.10.2024

Organised 9th Ayurveda Day from 18/10/2024- 29/10/2024

Organized a CME program at Ayurveda Mahasammelan on "A Clinical Approach in Joint Disorders" coordinated by RAV and funded by the Ministry of Ayush under the Ayurgyan Scheme from 29.11.2024 - 30.11.2024

First stage audit at CARI by BIS, New Delhi on 24.12.2024

Inauguration of new building of CARI, New Delhi at Rohini on 05.01.2025

Organised various training in view of NABH norms/BIS inspection from 11.02.2025 to 22.2.2025

Pharmacovigilance Awareness Program was organized by the Peripheral Pharmacovigilance Centre (PPvC) team of Central Ayurveda Research Institute (CARI), New Delhi, for general OPD patients, their attendants, and other staff of the institute on 04.03.2025, 10.03.2025, 11.03.2025, 18.03.2025 and 25.03.2025.

BIS has conducted second stage audit for BIS certification in CARI, New Delhi on 11.03.2025 and 12.03.2025

Organized Awareness lecture on TB elimination and Prevention of Heat Stroke on 20.03.2025.

Organized Hindi Workshop on Rajbhasha Niti, Niyam evam Adhinyam by CARI, New Delhi on 21.03.2025

Organized a technical Review meeting chaired by the Director (Institute), CARI, Punjabi Bagh on 25.03.2025

केंद्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली संक्षिप्त वार्षिक प्रगति प्रतिवेदन 2024-2025

परिचय :-

केंद्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), नई दिल्ली, की स्थापना 1979 को (केंद्रीय आयुर्वेद विज्ञान अनुसंधान परिषद्, आयुष मंत्रालय, भारत सरकार के अधीन) हुई। यह संस्थान आयुर्वेद के क्षेत्र में क्लिनिकल अनुसंधान के लिए समर्पित है। यह संस्थान वर्तमान में किराए के भवन में स्थित है। यह जनसामान्य के लिए विभिन्न रोगदशाओं और रोगों पर नैदानिक अनुसंधान अध्ययन करने के अलावा सामान्य जनता को स्वास्थ्य सेवाएं प्रदान कर रहा है।

संस्थान में चिकित्सिय अनुसंधान के साथ-साथ सामान्य रोगियों के लिए चिकित्सा सेवाएं विभिन्न विभागों यथा क्लिनिकल रिसर्च और मरीजों की देखभाल सेवाएं विभिन्न इकाइयों/अनुभागों के माध्यम से की जा रही हैं, जैसे पंचकर्म, क्षारसूत्र, फार्मसी, जलुकावाचन, क्रियाकल्प, क्लिनिकल लैब (बायोकेमेस्ट्री, पैथोलॉजी और एक्स-रे), फिजियोथेरेपी, लाइब्रेरी और विशेष क्लीनिक जैसे जेरियाट्रिक, पीडियाट्रिक्स (बालरोग), आंख, निवारक कार्डियोलॉजी और जीवनशैली में परिवर्तन, ईएनटी, आर्थराइटिस और क्लिनिकल मनोविज्ञान आदि द्वारा उपलब्ध कराई जा रही है।

इस संस्थान में निम्नलिखित विभाग कार्यरत हैं:

1. तकनीकी विभाग
2. प्रशासनिक विभाग
1. तकनीकी विभाग के अंतर्गत निम्नलिखित गतिविधियां की जाती हैं:
 - अनुसंधान परियोजनाएँ
 - सहयोगी परियोजनाएँ
 - आई.एम.आर. परियोजनाएँ
 - वार्षिक कार्य योजना परियोजनाएँ
 - आउटरीच गतिविधियाँ
 - अंतरंग अनुभाग
 - बाहरी बहिरंग अनुभाग
 - सीएआरआई, पंजाबी बाग, नई दिल्ली के पास निम्नलिखित सैटेलाइट ओ.पी.डी. केंद्र भी हैं:
 - एटीसी, सफदरजंग अस्पताल
 - एटीसी, लेडी हार्डिंग अस्पताल
 - आयुर्वेदिक इकाई- एफएपी, सर्वोच्च न्यायालय
 - आयुर्वेद चिकित्सा केंद्र, पीजीआईएमईआर, डॉ. राम मनोहर लोहिया अस्पताल
 - आयुष वेलनेस क्लिनिक राष्ट्रपति एस्टेट
 - सीसीआरएस-जेएनयू उपचार और अनुसंधान सुविधा, जेएनयू, नई दिल्ली
 - सीएसआईआर-एनपीएल, दिल्ली: सप्ताह में एक बार ओपीडी।
 - इंडिया प्रेस क्लब: सप्ताह में एक बार ओपीडी।

भाग-ए

क. सहयोगात्मक नैदानिक अनुसंधान परियोजनाएँ

क 1.) माइग्रेन के प्रबंधन में आयुष एम-3 के लिए डबल ब्लाइंड रैंडमाइज्ड प्लेसेबो कंट्रोलड मल्टीसेंट्रिक क्लिनिकल ट्रायल।
उद्देश्य:

क. प्राथमिक उद्देश्य:

- माइग्रेन में आयुष एम-3 की चिकित्सीय प्रभावशीलता का मूल्यांकन करने के लिए

ख. गौड़ उद्देश्य:

- माइग्रेन में आयुष एम-3 की नैदानिक सुरक्षा का मूल्यांकन

सैम्पल साइज: प्रत्येक समूह में 60 रोगी (2 समूह), 3 केंद्रों में कुल रोगी संख्या 360 अध्ययन की अवधि: 3 वर्ष।
प्रधान अन्वेषक और सह अन्वेषक के साथ प्रतिभागी केंद्र:

क्र.सं.	संस्थान का नाम	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. श्वेता माटा, अनु. अधि. (आयु.) सीएआरआई, नई दिल्ली shwetamatadr@gmail.com 08866014946	-
2.	एबीवीआईएमएस और डॉ. आरएमएल अस्पताल, नई दिल्ली	डॉ. ज्योति गर्ग न्यूरोलॉजी विभाग jyotigarg.rmlh@gmail.com Mobile no. 7900157900 समन्वयक: डॉ. रेनु माखीजा renu_mkhj@yahoo.co.in	डॉ. सुधा कुमारी के. जी, अनु. अधि. (आयु.), सीएआरआई, नई दिल्ली Sudha14ayu@gmail.com 9108175522 & 8281782290
3.	निमहांस बेंगलुरु	डॉ. किशोर कुमार आर आयुर्वेद के सहायक प्रोफेसर, समेकित चिकित्सा विभाग ayurkishore@gmail.com 9845839174	सह अन्वेषक: 1 डॉ. गिरिश बी कुलकर्णी न्यूरोलॉजी विज्ञान के प्रोफेसर 9035160614, 09480829409 सह-पीआई: 2 डॉ. उमेश सी, वैज्ञानिक सी, एकीकरण चिकित्सा विभाग।

वर्तमान स्थिति: पूर्ण

क्र.सं.	भाग लेने वाले संस्थान	नामांकित रोगियों की संख्या	परियोजना पूर्ण करने वाले प्रतिभागियों की संख्या	परियोजना छोड़कर जाने वाले प्रतिभागियों की संख्या	परियोजना वर्तमान चिकित्सा ले रहे प्रतिभागियों की संख्या
1	सीएआरआई, नई दिल्ली	120	100	20	00
2	एटीसी, एबीवीआईएमएस, डॉ. आरएमएल अस्पताल	120	98	22	22
3	एनआईएमएचएनएस, बेंगलोर	120	66	50	04

क2.) ब्रॉकियल अस्थमा (तमक श्वासा) के प्रबंधन में आयुर्वेदिक कोडित दवा आयुष-A के लिए यादृच्छिक डबल ब्लाइंड प्लेसबो नियंत्रण नैदानिक अध्ययन।

उद्देश्य:

- प्राथमिक उद्देश्य- हल्के- मध्यम ब्रॉकियल अस्थमा वाले मरीजों में आयुष-ए की प्रभावशीलता का मूल्यांकन करना।
- गौड़ उद्देश्य: उपरोक्त रोगियों में आयुष -ए की सुरक्षा का मूल्यांकन करना।

नमूना का आकार: 100 (50 रोगी (प्रत्येक समूह))

अध्ययन की अवधि: 2 वर्ष (03.07.2022 तक बढ़ाई गई, एफ.एन.3-34/2018- सीसीआरएएस / प्रशासन / तामक श्वासा / 4773, दिनांक 21.12.2020।

प्रधान अन्वेषक के साथ भाग लेने वाले केंद्र

क्र.सं.	भाग लेने वाले केंद्र	प्रधान अन्वेषक का नाम	सीआई का नाम
1	एआईआईएमएस, नई दिल्ली	डॉ. अनंत मोहन प्रोफेसर एआईआईएमएस	-
2	सीएआरआईसीडी, नई दिल्ली	-	डॉ. सीमा जैन, अनु. अधि. (आयु.)

वर्तमान स्थिति: पूर्ण

क्र.सं.	भाग लेने वाले केंद्र	नामांकित किए गए मामलों की संख्या	पूर्ण किए गए मामलों की संख्या	केसों की संख्या छोड़ने वाले	जारी मामलों की संख्या
1	एआईआईएमएस, नई दिल्ली	100	79	21	00

क 3.) स्वस्थ वयस्कों में विरेचन (पाचन चिकित्सा) द्वारा प्रेरित शारीरिक आधार और आंत के बैक्टीरिया के विभेदन का अध्ययन: एक संभावित दीर्घकालिक अध्ययन।

उद्देश्य:

- प्राथमिक उद्देश्य: आंतों के माइक्रोबियल प्रोफाइल में बदलावों पर विरेचन (पर्जेशन) उपचार के प्रभाव का निर्धारण करना।
- गौड़ उद्देश्य:
 - स्वस्थ व्यक्तियों के पोषण और चयापचय प्रोफाइल पर विरेचन चिकित्सा की प्रभावशीलता को समझना।
 - स्वस्थ व्यक्तियों में विरेचन के जैव रासायनिक और नैदानिक मापदंडों एवं सामान्य कल्याण पर प्रभाव का मूल्यांकन करना।

सैम्पल साइज : 75 नमूना आकार-37, 38 प्रति केंद्र। दो केंद्रों में (37 सीएआरआई, पंजाबी बाग और 38 एआईआईए, सरिता विहार)।

अध्ययन की अवधि: 36 महीने

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्र.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक के नाम	सह-अन्वेषक का नाम
1	सीएआरआई, पंजाबी बाग, नई दिल्ली/सीसीआरएएस मुख्यालय	प्रोफे.वेद्य के.एस.धीमान (31/03/2021 तक) डॉ.एन.श्रीकांत दि.तक)	डॉ.राजकला पाटिल,अनु.अधि.(आयु.) 16/11/2020 तक डॉ.अमित,अनु.अधि.(आयु.) 13/11/23 डॉ.शैजी लईक,अनु.अधि.(आयु.) डॉ.किशोर पटेल,अनु.अधि.(आयु.)
2	एआईआईए,सरिता विहार,नई दिल्ली	प्रोफेसर तनुजा मनोज नेसारी निदेशक, एआईआईए, नई दिल्ली	डॉ. वीजी. हुदार, सहयोगी प्रोफेसर, काया चिकित्सा विभाग डॉ. दिव्या कजारिया, सहायक प्रोफेसर, काया चिकित्सा विभाग डॉ. प्रसाथ डी. सहायक प्रोफेसर, पंचकर्म विभाग
3	आईएलबीएस, वसंत कुंज, नई दिल्ली	डॉ. श्वेतांक शर्मा, सहायक प्रोफेसर, आणविक और सेलुलर चिकित्सा विभाग	डॉ. जया बेंजामिन, सहयोगी प्रोफेसर, चिकित्सीय पोषण विभाग

वर्तमान स्थिति: पूर्ण

केंद्र का नाम	लक्ष्य	नामांकित	पूर्ण	छोड़ने वाले
सीएआरआई,नई दिल्ली	37	35	32	3
एआईआईए,नई दिल्ली	38	38	33	5

क4) "जानु संधिगतवत (प्राथमिक घुटने का आर्थराइटिस) में बहु-मोडल आयुर्वेद हस्तक्षेपों की प्रभावशीलता का मूल्यांकन करने के लिए एक यादृच्छिक नियंत्रित परीक्षण।"

उद्देश्य:

प्राथमिक उद्देश्य:

- घुटने के दर्द और कार्यात्मक अक्षमता पर बहु-आयामी आयुर्वेदिक हस्तक्षेपों और मानक देखभाल के प्रभावों की तुलना करना

गौड़ उद्देश्य:

- घुटने के जोड़ों की गति की सीमा पर मल्टीमोडल आयुर्वेद इंटरवेंशन और मानक देखभाल के प्रभावों की तुलना करना
- बचाव एनाल्जेसिक दवा की आवश्यकता में बदलाव की तुलना करने के लिए
- अध्ययन हस्तक्षेपों के बाद जीवन की गुणवत्ता में परिवर्तन की तुलना करना
- आयुर्वेदिक हस्तक्षेपों और मानक देखभाल के बीच घुटने की संरचनात्मक परिवर्तनों (OA के संरचनात्मक प्रगति में देरी) के प्रभावों की तुलना करना
- आयुर्वेदिक हस्तक्षेपों और मानक देखभाल के सूजन बायोमार्करों पर प्रभावों की तुलना करना।
- हड्डी की खनिज घनत्व में परिवर्तन की तुलना करने के लिए
- किसी भी प्रतिकूल घटना/प्रतिकूल औषधीय प्रतिक्रिया का अनुभव करने वाले प्रतिभागियों के अनुपात की तुलना करना।

सैम्पल साइज: 150 (प्रत्येक समूह में 75)
अध्ययन की अवधि: 30 महीने।

प्रधान अन्वेषक के साथ भागीदारी केंद्र:

क्र.सं.	भाग लेने वाले संस्थान का नाम	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम
1	एआईआईएमएस, नई दिल्ली	डॉ. उमा कुमार शैक्षणिक योग्यता: एमबीबीएस एमडीपता: कमरा संख्या 4076, चौथा मंजिल, शिक्षण ब्लॉक, एम्स, नई दिल्ली Telephone/Mob: 91- 9868217040 E-mail: umaakumar@yahoo.co.in	1. डॉ. दानवीर भाडू, सहायक प्रोफेसर, हृद्दी रोग विभाग, एम्स, नई दिल्ली। 2. डॉ. विजय कुमार, ऑर्थोपेडिक्स विभाग, एम्स, नई दिल्ली। 3. डॉ. आर.के. आर्य आर्थोपेडिक्स विभाग, आरएमएल अस्पताल, नई दिल्ली। 4. डॉ. बुद्धदेव चौधरी, प्रोफेसर, ऑर्थोपेडिक्स विभाग, एआईआईएमएस ट्रॉमा सेंटर, नई दिल्ली। 5. डॉ. रवि मित्तल, प्रोफेसर, आर्थोपेडिक्स विभाग, एम्स, नई दिल्ली।
2	सीसीआरएस सीएआरआई, नई दिल्ली	डॉ. भारती शैक्षणिक योग्यता: एम.डी. (आयु.), पीएच.डी. (आयु.) पता: केंद्रीय आयुर्वेद अनुसंधान संस्थान, पश्चिम पंजाबी बाग, नई दिल्ली-110026 Telephone/Mob: 011- 25221059; 9868109737 Email: drbhartidelhi@gmail.com; cari.delhi2021@gmail.com	डॉ. किशोर पटेल शैक्षणिक योग्यता: एम.डी. (आयुर्वेद) पता: केंद्रीय आयुर्वेद अनुसंधान संस्थान, पश्चिम पंजाबी बाग, नई दिल्ली-110026 Telephone/Mob: 7405403106 E-mail: kishoreworld007@gmail.com

वर्तमान स्थिति: पूर्ण

31.03.2025 को केंद्र के अनुसार परियोजनाओं की स्थिति

आरंभ की तिथि	लक्ष्य	अब तक स्क्रीन विफलताओं की संख्या	अब तक नामांकित रोगियों की संख्या	सफलतापूर्वक पूर किए गए रोगियों की संख्या	छोड़ने वाले रोगियों की संख्या	अब तक जारी रहने वाले मरीजों की संख्या	वर्तमान में माह के दौरान ADR/AE/SAE विवरण की संख्या
11.10.2022	150	80	150	127	23	00	शून्य

प्रासंगिक जानकारी, यदि कोई हो: प्रोटोकॉल अध्ययन का लेख JMIR में प्रकाशित होने के लिए प्रस्तुत किया गया।

क 5.) एलर्जिक राइनाइटिस में आयुर्वेदिक प्रबंधन का नैदानिक मूल्यांकन - एक यादृच्छिक नियंत्रित परीक्षण।

उद्देश्य: एक पारंपरिक नियंत्रण समूह के साथ इसकी तुलना करके एलर्जिक राइनाइटिस (वातज प्रतिश्याय) में आयुर्वेदिक प्रबंधन की प्रभावशीलता का आकलन करना।

सैम्पल साइज : 90

अध्ययन की अवधि: दो वर्ष

केंद्र: के साथ भाग लेने वाले अन्वेषक और सह-अन्वेषक

क्र.सं.	भाग लेने वाले केंद्र का नाम	प्रधाल अन्वेषक के नाम	सह-अन्वेषक के नाम
1	वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली	डॉ. श्वेता माटा, आर.ओ.(आयुर्वेद) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली 110026 सह-पीआई:1. डॉ. ईशा प्रीत टुली (07.05.2024 तक) प्रोफेसर, ईएनटी विभाग, सफदरजंग अस्पताल, नई दिल्ली। डॉ. प्रीति लाल (07.05.2024 से) ईएनटी विभाग, सफदरजंग अस्पताल, नई दिल्ली।	डॉ. शिवशंकर राजपूत, आर.ओ.(आयु.),केंद्रीयआयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली 110026

वर्तमान स्थिति: पूर्ण

क्र.सं.	भाग लेने वाले केंद्र का नाम	नामांकित किए गए रोगियों की संख्या	पूर्ण किए गए रोगियों की संख्या	केस छोड़ने वाले रोगियों की संख्या	वर्तमान में रोगियों की संख्या
1	वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली	90	88	02	00

क 6.) मेनोरेजिया (रक्तप्रदर्श) के प्रबंधन में आयुर्वेद हस्तक्षेपों की प्रभावशीलता - एक यादृच्छिक नियंत्रित परीक्षण

उद्देश्य:

प्राथमिक उद्देश्य- अमोरिया (रक्तप्रदारा) के प्रबंधन में आयुर्वेद हस्तक्षेप की प्रभावकारिता का मूल्यांकन करना।
गौड़ उद्देश्य- महिलाएं जिनको मेनोरेजिया (रक्तप्रदारा) है, उनके जीवन की गुणवत्ता पर आयुर्वेद हस्तक्षेप की प्रभावशीलता का आकलन करना।

सैम्पल साइज : 140 (प्रत्येक समूह में 70 रोगी)

अध्ययन की अवधि : तीन वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्र.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम
1	गर्भविज्ञान और स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली, भारत	1. डॉ. शिवशंकर राजपूत, अनु.अधि.. (आय.), केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली 110026	1. डॉ. (प्रोफेसर) उपमा सक्सेना वरिष्ठ विशेषज्ञ, प्रसूति एवं स्त्री रोग विभाग, वी.एम.एम.सी. और सफदरजंग अस्पताल, नई दिल्ली-110029 2. डॉ. श्वेता माटा, आर.ओ. (आयुर्वेद) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली 110026

वर्तमान स्थिति: परियोजना जारी है

क्र.सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	परियोजना पूर्ण करने वाले प्रतिभागियों की संख्या	परियोजना छोड़कर जाने वाले प्रतिभागियों की संख्या	परियोजना वर्तमान चिकित्सा ले रहे प्रतिभागियों की संख्या
1	वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली	106	69	04	33

क7.) शीर्षक: - आयुर्वेदिक हस्तक्षेप - धात्री लौह के प्रबंधन में सहिष्णुता, उपचार की अनुपालन और सुरक्षा आयरन डेफिशियेंसी एनीमिया: एक ओपन लेबल सिंगल आर्म क्लिनिकल अध्ययन

उद्देश्य:

• प्राथमिक उद्देश्य:

आयरन की कमी के एनीमिया के प्रबंधन में धात्री लोहा के मौखिक आयुर्वेदिक तैयारी को प्राप्त करने वाले प्रतिभागियों में सहिष्णुता और औषधि के पालन का आकलन करना।

• गौड़ उद्देश्य:

- 1) आयरन की कमी से होने वाले एनीमिया के प्रबंधन में धात्री लौहा की सुरक्षा का मूल्यांकन करना।
- 2) आयरन की कमी वाले एनीमिया के प्रबंधन में धात्री लौहा की प्रभावशीलता का मूल्यांकन करना।

सैम्पल साइज: 480 (प्रत्येक केंद्र से 120)

अध्ययन की अवधि: 2 वर्ष

प्रधान अन्वेषक के साथ भागीदारी केन्द्र: सहयोगात्मक अध्ययन

क्र.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1	सीबीपीएसीएस- नई दिल्ली	डॉ. सुभाष साहू
2	एमसीएम खानपुर, सोनीपत	डॉ. गति कृष्णा पंडा
3	आरजीजीपीजीएसी & एच, पापरोला	प्रो. विजय चौधरी
4	एसएएमसी & एच, इंदौर	डॉ. रत्नप्रवा मिश्रा
5	सीएआरआई, एनडी, समन्वय संस्थान	1. डॉ. सीमा जैन, अनु. अधि. (आयु.) सह-अन्वेषक 2. डॉ. रेनू रानी, अनु. अधि. (आयु.) सह-अन्वेषक

वर्तमान स्थिति: परियोजना जारी है

क्र.सं.	भाग लेने वाले प्रतिभागी केंद्रों के नाम	कुल लक्ष्य	भाग लेने वालों प्रतिभागियों की कुल संख्या	सफलतापूर्ण करने वाले प्रतिभागियों की संख्या	छोड़ने वाले प्रतिभागियों की संख्या	वर्तमान में प्रतिभागियों की संख्या
1	सीबीपीएसीएस- नई दिल्ली	120	110	39	01	70
2	एमसीएम खानपुर, सोनीपत	120	115	69	03	43
3	आरजीजीपीजीएसी & एच, पापरोला	120	119	109	01	09
4	एसएएमसी & एच, इंदौर	120	103	60	03	40
	कुल	480	447	227	08	162

क 8.) स्थिर कोरोनरी आर्टरी रोग में मानक देखभाल के साथ जोड़ के रूप में आयुर्वेद हस्तक्षेपों (पुष्कर गुग्गुलु और हरितकी) की प्रभावशीलता: एक डबल-ब्लाइंड यादृच्छिक का अध्ययन नियंत्रित अध्ययन।

उद्देश्य:

- **प्राथमिक उद्देश्य:** स्थिर कोरोनरी धमनी रोग के मरीजों में मानक देखभाल के साथ पुष्कर गुग्गुलु और हरितकी की अतिरिक्त चिकित्सा के रूप में नैदानिक प्रभावशीलता की तुलना और मानक देखभाल करना।
- **गौड़ उद्देश्य:** स्थायी कोरोनरी आर्टरी रोग के रोगियों में मानक देखभाल के साथ एक अतिरिक्त चिकित्सा के रूप में पुष्कर गुग्गुलु और हरितकी की सुरक्षा का मूल्यांकन करना।

सैम्पल साइज: 100 (प्रत्येक समूह के लिए 50)

अध्ययन अवधि: 3 साल

केन्द्र के साथ प्रधान अन्वेषक की भागीदारी का सहयोगात्मक अध्ययन

क्र.सं.	भाग लेने वाले प्रतिभागी केंद्रों के नाम	प्रधान अन्वेषक का नाम
1	कार्डियोलॉजी विभाग, सफदरजंग अस्पताल, अंसारी नगर पूर्व, नई दिल्ली-29	डॉ. अनुनय गुप्ता, सहयोगी प्रोफेसर, कार्डियोलॉजी विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली
2	सीएआरआई, पंजाबी बाग, रोड संख्या 66 नई दिल्ली-26	डॉ. साक्षी शर्मा, अनु.अधि. (आयु) सीएआरआई, नई दिल्ली

वर्तमान स्थिति: परियोजना जारी है

क्र.सं.	संस्थान का नाम	लक्ष्य/सैम्पल साइज	अब तक स्क्रीन किए गए प्रतिभागियों की संख्या	अब तक नामांकित प्रतिभागियों की संख्या	जारी रहने वाले प्रतिभागियों की संख्या	अब तक सफलतापूर्वक पूर्ण प्रतिभागियों की संख्या	वर्तमान परियोजना की स्थिति
1	वीएमसीसी और सफदरजंग अस्पताल का कार्डियोलॉजी विभाग, अंसारी नगर, पूर्वी नई दिल्ली	100	27	27	14	11	परियोजना जारी है

क9.) "बल्लभगढ़ जिले, हरियाणा में वृद्ध जनसंख्या के बीच जीवन की गुणवत्ता पर आयुर्वेद अनुशासन के प्रतिबंधित अध्ययन की एक अन्वेषणात्मक श्रृंखला - एक सामुदायिक आधारित अध्ययन"

उद्देश्य:

प्राथमिक:

- हरियाणा के बल्लभगढ़ जिला में वृद्ध समुदाय के जनसंख्या में जीवन की गुणवत्ता पर आयुर्वेद चिकित्सा के प्रभाव का आकलन करना।

गौड़:

- बल्लभगढ़ जिला, हरियाणा के वृद्ध समुदाय में जनसंख्या के बीच आयुर्वेद के नियमों का विभिन्न रक्त विज्ञान और जैव रासायनिक, रेडियोग्राफिक मानकों पर प्रभाव का आकलन करना।
- हरियाणा के बल्लभगढ़ जिला के वृद्ध समुदाय में जनसंख्या के स्वास्थ्य स्थिति पर आयुर्वेद के कार्यक्रम के प्रभाव का आकलन करना

सैम्पल साइज: 400 स्क्रीनिंग के लिए और उत्तरदाताओं के लिए 120

अध्ययन की अवधि: 30 महीने

प्रधान अन्वेषक और सह-अन्वेषक के साथ प्रतिभागी केंद्र:

क्र.सं.	संस्थान का नाम	प्रधान अन्वेषक का नाम	सह-अन्वेषक का नाम
1	सम्पूर्ण ग्रामीण स्वास्थ्य सेवा परियोजना, बल्लभगढ़ राष्ट्रीय राजमार्ग, 2, मथुरा रोड, बल्लभगढ़, फरीदाबाद, हरियाणा - 121004, अखिल भारतीय आयुर्विज्ञान संस्थान, नई दिल्ली	1.डॉ.पुनित मिश्रा पदनाम: प्रोफेसरविभाग: सामुदायिक चिकित्सा केंद्रसंस्थान का नाम: अखिल भारतीय आयुर्विज्ञान संस्थान, नई दिल्ली।पता: कमरे नं- 30, सामुदायिक चिकित्सा केंद्र, AIIMS, नई दिल्ली।telephone: 011-26593773ई-मेल: doctormisra@gmail.com	1.डॉ.संजय कुमार राय प्रोफेसर, सामुदायिक चिकित्सा केंद्र, अखिल भारतीय आयुर्विज्ञान संस्थान, नई दिल्ली। 2.डॉ.गौतम शर्मा प्राध्यापक, कार्डियोलॉजी विभाग, अखिल भारतीय चिकित्सा विज्ञान संस्थान, नई दिल्ली 3.डॉ.हरीश साल्वे अतिरिक्त प्रोफेसर, सामुदायिक चिकित्सा केंद्र, अखिल भारतीय आयुर्विज्ञान संस्थान, नई दिल्ली।
2	सी.सी.आर.ए.एस.मुख्यालय सी.ए.आर.आई., नई दिल्ली.		2. डॉ. बबीता यादव, अनुसंधान अधिकारी (आयु.), केंद्रीय आयुर्वेद अनुसंधान संस्थान, पश्चिम पंजाबी बाग, नई दिल्ली-110026 3. डॉ. किशोर पटेल अनुसंधान अधिकारी (आयु.), केंद्रीय आयुर्वेद अनुसंधान संस्थान, पश्चिम पंजाब बाग, नई दिल्ली-110026 टेलीफोन / मोबाइल: 7405403106, ई-मेल: kishoreworld007@gmail.com

वर्तमान स्थिति: परियोजना जारी है

आरंभ की तिथि	लक्ष्य	स्क्रीन विफलताओं की संख्या	नामांकित रोगियों की संख्या	सफलतापूर्वक पूरे किए गए रोगियों की संख्या	छोड़ने वाले रोगियों की संख्या	जारी रहने वाले रोगियों की संख्या	वर्तमान माह के दौरान एडीआर/एई/एसएई की संख्या (विवरण के साथ)
12.02.2025	400	16	33	00	03	30	00

क10.) शीर्षक: प्राथमिक घुटने के ऑस्टियोआर्थराइटिस के प्रबंधन में आयुर्वेद चिकित्सा योजना की उपचार अनुपालन, सहनशीलता और सुरक्षा: एक औपीडी पर आधारित अध्ययन।
उद्देश्य:

प्राथमिक उद्देश्य:

- प्राथमिक घुटने के ऑस्टियोआर्थराइटिस के प्रबंधन में आयुर्वेदिक उपचार योजना की उपचार अनुपालन, सहनशीलता और सुरक्षा का मूल्यांकन

गौड़ उद्देश्य:

- घुटने के दर्द, कठोरता और शारीरिक क्रियाशीलता पर आयुर्वेदिक उपचार प्रणाली की प्रभावशीलता का मूल्यांकन करना
- बचाव एनाल्जेसिक दवा की आवश्यकता में बदलाव का मूल्यांकन करना
- अध्ययन हस्तक्षेप के बाद जीवन की गुणवत्ता में परिवर्तन का मूल्यांकन करना

सैम्पल साइज : 480 (प्रत्येक भाग लेने वाले केंद्र पर 120)

अध्ययन की अवधि 24 महीने

प्रधान अन्वेषक के साथ भागीदारी केन्द्र: सहयोगात्मक अध्ययन

क्र.सं.	भाग लेने वाले प्रतिभागी केन्द्र	अन्वेषक का नाम
1	गुरुकुल-हरिद्वार	प्रो. उत्तम कुमार शर्मा
2	आरजीजीपीजीएसी& एच-पापरोला	प्रो.विजय चौधरी
3	पारुल यूनिवर्सिटी- वडोदरा	डॉ.हेमंत तोशिखाने
4	बीएचयू-वाराणसी	प्रो.जय प्रकाश सिंह
5	सीएआरआई, नई दिल्ली (समन्वय केंद्र)	डॉ.साक्षी शर्मा डॉ.किशोर पटेल

वर्तमान स्थिति: परियोजना जारी है

क्र.सं.	संस्थान का नाम	लक्ष्य/ सैम्पल साइज	अब तक स्क्रीन किए गए प्रतिभागियों की संख्या	नामांकित अंकों की संख्या	जारी रहने वाले प्रतिभागियों की संख्या	सफलतापूर्वक पूर्ण प्रतिभागियों की संख्या	वर्तमान परियोजना की स्थिति
1	गुरुकुल-हरिद्वार	120	120	101	48	40	जारी
2	आरजीजीपीजीएसी& एच-पापरोला	120	128	120	00	115	पूर्ण
3	पारुल यूनिवर्सिटी- वडोदरा	120	156	130	49	72	जारी
4	बीएचयू-वाराणसी	120	130	120	77	43	जारी

क11.) उच्च रक्तचाप से उत्पन्न बाएं वेंट्रिकुलर हाइपरट्रॉफी में "अंशुमती क्षीर पक"के लिए यादृच्छिक नियंत्रण परीक्षण।

उद्देश्य:

प्राथमिक: हाइपरटेंशन से प्रेरित बाएं वेंट्रिकुलर हाइपरट्रॉफी में "अंशुमती क्षीर पक"की प्रभावशीलता।

गौड़: उच्च रक्तचाप से प्रेरित बाएं वेंट्रिकुलर हाइपरट्रॉफी में "अंशुमती क्षीर पक"की सुरक्षा।

सैम्पल साइज :110 (प्रत्येक समूह में 55 रोगी)

अध्ययन की अवधि :तीन वर्ष

प्रधान अन्वेषक और सह अन्वेषक-के साथ भागीदारी केंद्र

क्र.सं.	प्रतिभागी भाग लेने वाले केंद्र का नाम	अन्वेषक का नाम	सह-अन्वेषक का नाम
1	कार्डियोलॉजी विभाग, सुपरस्पेशलिटी ब्लॉक, वीएमसी और सफदरजंग अस्पताल, नई दिल्ली, भारत	डॉ. पुनीत गुप्ता सहायक प्रोफेसर(कार्डियोलॉजी)वीएमसी और सफदरजंग अस्पताल, नई दिल्ली	डॉ. अनुने गुप्ता संयुक्त प्रोफेसर (कार्डियोलॉजी)वीएमसी और सफदरजंग अस्पताल, नई दिल्ली
2	केंद्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली	डॉ. नेहा दुबे अनु.अधि (आयुर्वेद)सीएआरआई, नई दिल्ली, सीसीआरएएस, मुख्यालय	.डॉ. राजपूत शिवशंकर, अनुसंधान अधिकारी (आयुर्वेद)एटीसी, सफदरजंग अस्पताल, नई दिल्ली कारी, नई दिल्ली 2. डॉ. कल्पना काचरे, अनु.अधि (आयुर्वेद), सीसीआरएएस, मुख्यालय, नई दिल्ली

वर्तमान स्थिति :परियोजना जारी है

क्र.सं.	प्रतिभागी केंद्र	नामांकित रोगियों की संख्या	पूर्ण किए गए रोगियों की संख्या	छोड़ने वाले रोगियों की संख्या	वर्तमान में जारी रोगियों की संख्या
1	सफदरजंग अस्पताल नई दिल्ली,	17	4	0	13

ख. अंतःवर्ती अनुसंधान परियोजनाएं

ख 1.) प्री- उच्च रक्तचाप के प्रबंधन में आयुष- एचआर की प्रभावकारिता एवं सुरक्षा का मूल्यांकन - एक डबल ब्लाइंड रैंडोमाइज्ड नियंत्रित नैदानिक अध्ययन

प्राथमिक उद्देश्य- प्री-उच्चरक्तचाप के प्रबंधन में आयुष एस-आर की नैदानिक प्रभावकारिता का मूल्यांकन (जेएनसी- VII रिपोर्ट)

गौण उद्देश्य: प्री-उच्चरक्तचाप के प्रबंधन में आयुष एस-आर की नैदानिक सुरक्षा का मूल्यांकन (जेएनसी-VII रिपोर्ट)

सैम्पल साइज़ : 140 (प्रत्येक समूह में 70 रोगी)

अध्ययन अवधि : दो वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्र.सं.	भाग लेने वाले केंद्र	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. साक्षी शर्मा, अनु. अधि. (आयु.) (19.12.2022 तक) डॉ. श्वेता माटा , अनु. अधि. (आयु.) (20.12.2022 से)
2.	आरएआरआईजीआईडी, गुवाहाटी	डॉ. प्रवीण मसराम, अनु. अधि. (आयु.)
3.	आरएआरआई, तिरुवनंतपुरम	डॉ. वर्षा सुमेधन, अनु. अधि. (आयु.)

वर्तमान स्थिति: परियोजना पूर्ण हो चुकी है।

क्र.सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट मामलों की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	140	121	19	00

ख 2.) पीसीओएस में आयुर्वेदिक प्रबंधन की प्रभावकारिता का नैदानिक मूल्यांकन- एक रैंडोमाइज्ड ओपन – लेबल नियंत्रित परीक्षण

• प्राथमिक उद्देश्य: पीसीओएस में अनियमित मेन्स्ट्रुअल साईकिल्स/ एनोव्लुशन और हिरसुटिज्म के आयुर्वेदिक प्रबंधन की उपचारात्मक प्रभावकारिता का आकलन करना

गौण उद्देश्य:

• एंक्रे, एंक्रथोसिस, निग्रिकेन्स और बीएमआई पर आयुर्वेदिक प्रबंधन की उपचारात्मक प्रभावकारिता का आकलन करना

सैम्पल साइज़ : 180 (प्रत्येक समूह में 90 रोगी)

अध्ययन अवधि : तीन वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

वर्तमान स्थिति: जारी

क्रम.सं	भाग लेने वाले केंद्र का नाम	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट मामलों की संख्या	जारी मामलों की संख्या
1.	एटीसी, सफदरजंग अस्पताल, नई दिल्ली, भारत	180	131	09	30

ख 3.) क्रोनिक एनलफिशर के प्रबंधन में यष्टिमधु घृत एनल इन्फिल्ट्रेशन और डिल्टियाज़ेम टॉपिकल अनुप्रयोग की प्रभावकारिता की तुलना - एक ओपन-लेबल रैंडोमाइज्ड नियंत्रित परीक्षण

उद्देश्य:

प्राथमिक उद्देश्य:

2% डिल्टियाज़ेम टॉपिकल अनुप्रयोग की तुलना में एनल फिशर के उपचार पर यष्टिमधु घृत एनल इन्फिल्ट्रेशन की प्रभावकारिता निर्धारित करने के लिए

गौण उद्देश्य:

- 2% डिल्टियाज़ेम टॉपिकल अनुप्रयोग की तुलना में पीड़ा और रक्तस्राव को कम करने पर यष्टिमधु घृत एनल इन्फिल्ट्रेशन की प्रभावकारिता निर्धारित करने के लिए
- 2% डिल्टियाज़ेम टॉपिकल अनुप्रयोग की तुलना में एनल फिशर को दोबारा होने से रोकने के लिए यष्टिमधु घृत एनल इन्फिल्ट्रेशन की प्रभावकारिता निर्धारित करने के लिए
- 2% डिल्टियाज़ेम टॉपिकल अनुप्रयोग की तुलना में यष्टिमधु घृत एनल इन्फिल्ट्रेशन की सुरक्षा का आकलन करने के लिए

सैम्पल साइज : 100 (प्रत्येक समूह में 50)

अध्ययन अवधि : 25. वर्ष

प्रतिभागी केंद्र का नाम नई दिल्ली ,पंजाबी बाग ,केंद्रीय आयुर्वेद अनुसंधान संस्थान :

वर्तमान स्थिति : जारी

अभी तक कुल स्क्रीन किए गए रोगी - 114

स्क्रीन फेलियर - 14

अभी तक कुल नामांकित रोगी - 100

ख 4.) सर्वाइकल स्पॉडिलोसिस में एक बहु केंद्र व्यवहार्यता अध्ययन के साथ मर्श नस्य कर्म के अभ्यास दिशानिर्देशों को विकसित करने के लिए एक नैदानिक सर्वसम्मति अध्ययन

उद्देश्य:

क. प्राथमिक उद्देश्य: मर्श नस्य कर्म के लिए अभ्यास दिशानिर्देश तैयार करना

ख. गौण उद्देश्य:

1. मर्श नस्य कर्म में प्रयुक्त औषधि की खुराक की गणना के लिए दिशानिर्देश तैयार करना
2. मर्श नस्य कर्म की प्रक्रिया के अंतिम बिंदु का मानकीकरण करना
3. मर्श नस्य कर्म के गुणवत्ता संकेतकों का मानकीकरण करना
4. देश के विभिन्न भौगोलिक क्षेत्रों में मार्सा नस्य की मानकीकृत प्रक्रिया की व्यवहार्यता और प्रारंभिक प्रभावकारिता का आकलन करना।

सैम्पल साइज: पूर्ण 30 मामले (प्रत्येक केंद्र में)

थेरपी की अवधि : 1 सप्ताह

प्रधान अन्वेषक के साथ भाग लेने वाले केंद्र: सहयोगात्मक अध्ययन

क्र.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	एन.ए.आर.आई.पी. चेरुथुरुथी	डॉ. देवी नायर, अनु. अधि.(आयु.), मुख्य अन्वेषक
2.	सी.सी.आर.ए.एस. मुख्यालय	डॉ. अश्वत्ति कुट्टी वी, अनु. अधि.(आयु.), सह अन्वेषक
3.	सी.ए.आर.आई., नई दिल्ली	डॉ. शैज़ी लईक, अनु. अधि. (आयु.), सह अन्वेषक
4.	सी.ए.आर.आई., गुवाहाटी	डॉ. प्रवीण कुमार.के.एस., अनु.अधि.(आयु.), सह अन्वेषक

क्र.सं.	प्रतिभागी केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	केंद्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), रोड नं. 66, पंजाबी बाग (पश्चिम), नई दिल्ली - 110026	डॉ. शैज़ी लईक, अनु. अधि. (आयु.)

वर्तमान स्थिति: परियोजना पूर्ण हो चुकी है।

संस्थान का नाम	प्रारंभ की तिथि	लक्ष्य/सैम्पल साइज	स्क्रीन किये गए प्रतिभागी	नामांकित प्रतिभागियों की संख्या	ड्राप आउट की संख्या	सफलतापूर्वक पूर्ण किए गए प्रतिभागियों की संख्या	जारी प्रतिभागियों की संख्या	रिपोर्ट किए गए एडीआर/आई की संख्या	रिपोर्ट किए गए एई/एडीआर का विवरण
सीएआर आई, पंजाबी बाग	27-12-2023	30	37	30	2	28	शून्य	शून्य	शून्य

ख 5) विश्वविद्यालय के छात्रों के बीच तनाव के प्रबंधन में आयुष-एसआर टैबलेट की प्रभावकारिता और सुरक्षा – एक डबल-ब्लाइंड रैंडोमाइज्ड प्लेसबो नियंत्रित अध्ययन

उद्देश्य:

प्राथमिक उद्देश्य: विश्वविद्यालय के छात्रों के बीच तनाव के प्रबंधन में आयुष-एसआर की नैदानिक प्रभावकारिता का आकलन करना

गौण उद्देश्य : विश्वविद्यालय के छात्रों के बीच तनाव के प्रबंधन में आयुष-एसआर की नैदानिक सुरक्षा का आकलन करना

सैम्पल साइज : 70 (प्रत्येक समूह में 35)

अध्ययन अवधि : दो वर्ष

प्रधान अन्वेषक के साथ भाग लेने वाले केंद्र:

वर्तमान स्थिति: जारी है।

क्र.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	केंद्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), रोड नं. 66, पंजाबी बाग (पश्चिम), नई दिल्ली - 110026	डॉ. कुलदीप, अनु. अधि. (आयु.)

कुल स्क्रीन्ड ,66 – नामांकित ,51 – जरी 5 – ड्राप आउट , 34 -पूर्ण ,12 -

ख 6.) " क्रॉनिक राइनोसिनुसाइटिस में षडबिंदु तैल मर्श नस्य और चित्रक हरितकी अवलेह की प्रभावकारिता और सुरक्षा का मूल्यांकन" एक रैंडोमाइज्ड नियंत्रित बहुकेंद्रीय अध्ययन"

उद्देश्य:

प्राथमिक उद्देश्य: क्रोनिक राइनोसिनुसाइटिस के रोगियों में पारंपरिक नियंत्रण (आईएनसीएस) बनाम आयुर्वेद उपचार की प्रभावकारिता का आकलन करना

गौण उद्देश्य: क्रोनिक राइनोसिनुसाइटिस के रोगियों में पारंपरिक नियंत्रण (आईएनसीएस) बनाम आयुर्वेद उपचार की सुरक्षा का आकलन करना।

सैम्पल साइज: 160 (प्रत्येक संस्थान से 80)

अध्ययन की अवधि: दो वर्ष

प्रधान अन्वेषक के साथ भाग लेने वाले केंद्र :

क्र.सं.	प्रतिभागी केंद्र का नाम	प्रधान अन्वेषक का नाम	सह – अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	पीआई: डॉ. श्वेता माटा, एमएस, पीएच.डी. (आयु-शालाक्य तंत्र), अनुसंधान अधिकारी (आय), सीएआरआई, नई दिल्ली _	1. डॉ. आशिमा जैन, एमबीबीएस, एमडी (पैथ), अनुसंधान अधिकारी (पैथ), सीएआरआई, नई दिल्ली। 2: डॉ. श्रवण साहू, एमएस, पीएच.डी (आयु-शालाक्य तंत्र), अनुसंधान अधिकारी (अय), सीएआरआई, नई दिल्ली
2.	आरएआरआई, पटना	पीआई: डॉ. कुमारी अर्चना अनु.अधि.(आयु.) एमएस (शालाक्य तंत्र), पीएच.डी. (आयु.) क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, पटना-07	डॉ. (मेजर) मधुकर (वैज्ञानिक सी) राजेंद्र मेमोरियल रिसर्च इंस्टीट्यूट ऑफ मेडिकल साइंसेज (आरएमआरआई), अगमकुआं, पटना डॉ. बालाजी पोटभरे अनुसंधान अधिकारी (आयु), एमडी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, पटना

वर्तमान स्थिति: परियोजना अभी आरम्भ होनी है।

ग अवलोकन .सर्वेक्षण अध्ययन

ग 1) मोर्बिडिटी एंड हेल्थ केर सीकिंग बिहैविअर ऑफ द पैशेंट्स विजिटिंग द आयुर्वेद हेल्थकेर फ्रैशिलिटीज ऑफ द डीजीएफएमएस हॉस्पिटल्स: ए मल्टीसेंटर क्रॉस-सेक्सनल सर्वे स्टडी”

उद्देश्य:

प्राथमिक उद्देश्य: डीजीएफएमएस अस्पतालों में स्थापित आयुर्वेद स्वास्थ्य सुविधाओं में आने वाले रोगियों के देखभाल चाहने वाले व्यवहार को समझना।

गौण उद्देश्य:

- प्रचलित रोग स्थितियों का अनुपात निर्धारित करना जिसके लिए रोगी डीजीएफएमएस अस्पतालों में आयुर्वेद स्वास्थ्य देखभाल सुविधाओं से उपचार चाहते हैं।
- इन आयुर्वेद स्वास्थ्य देखभाल सुविधाओं की सेवा के दायरे को निर्धारित करने के लिए आधार के रूप में कार्य करना।

- आयुर्वेद उपचारों के माध्यम से विशिष्ट रोगों के प्रबंधन पर गहन अनुसंधान अध्ययन के लिए एक प्रारंभिक बिंदु के रूप में कार्य करना, जिसके लिए रोगी डीजीएफएमएस अस्पतालों में आयुर्वेद स्वास्थ्य देखभाल सुविधाओं से उपचार चाहते हैं।

सैम्पल साइज : डेटा संग्रह अवधि के दौरान चयनित डीजीएफएमएस अस्पतालों में आयुर्वेद ओपीडी में आने वाले सभी रोगियों की पूरी गणना को अध्ययन में भाग लेना माना जाएगा। अध्ययन अवधि के दौरान इन ओपीडी में आने वाले प्रत्येक प्रतिभागी का केवल एक बार सर्वेक्षण किया जाएगा।

अध्ययन अवधि : 16 माह

प्रधान अन्वेषक के साथ भाग लेने वाला केंद्र: सहयोगात्मक अध्ययन

क्र.सं.	प्रतिभागी केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	11 एयर फ़ोर्स स्टेशन गाजियाबाद (उत्तर प्रदेश)	डॉ. स्वाति शर्मा , अनुसंधान अधिकारी (आयु.)

वर्तमान स्थिति : परियोजना पूर्ण हो चुकी है |

ग 2.) मोर्बिडिटी“एंड हेल्थ केर सीकिंग बिहैविअर ऑफ द पैशेंट्स विजिटिंग द आयुर्वेद हेल्थकेर फ़ैशिलिटीज ऑफ द डीजीएफएमएस हॉस्पिटल्स: ए क्रॉस-सेक्सनल सर्वे स्टडी”

उद्देश्य:

प्राथमिक उद्देश्य:

डीजीएफएमएस अस्पतालों में स्थापित आयुर्वेद स्वास्थ्य सुविधाओं में आने वाले रोगियों के देखभाल वाले व्यवहार को समझना।

गौण उद्देश्य:

प्रचलित रोग स्थितियों का अनुपात निर्धारित करना जिसके लिए रोगी डीजीएफएमएस अस्पतालों में आयुर्वेद स्वास्थ्य देखभाल सुविधाओं से इलाज चाहते हैं।

इन आयुर्वेद स्वास्थ्य देखभाल सुविधाओं की सेवा के दायरे को निर्धारित करने के लिए आधार के रूप में कार्य करना।

आयुर्वेद उपचारों के माध्यम से विशिष्ट रोगों के प्रबंधन पर गहन अनुसंधान अध्ययन के लिए एक प्रारंभिक बिंदु के रूप में कार्य करना, जिसके लिए रोगी डीजीएफएमएस अस्पतालों में आयुर्वेद स्वास्थ्य देखभाल सुविधाओं से उपचार चाहते हैं।

सैम्पल साइज : 1 वर्ष हेतु रोगियों का अस्पताल में आना
अध्ययन अवधि : 1 वर्ष

प्रधान अन्वेषक के साथ भाग लेने वाले केंद्र: सहयोगात्मक अध्ययन

क्र.सं.	समन्वय / भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक/ सह अन्वेषक का नाम
1.	केन्द्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली	डॉ. श्रवण कुमार साहू (प्रधान अन्वेषक)
2.	बेस अस्पताल, दिल्ली कैंट	i. कर्नल (डॉ.) रजनीश कुमार जोशी, (प्रधान अन्वेषक) ii. कैप्टन उमंग कांत गंगनिया(सह अन्वेषक)

वर्तमान स्थिति : परियोजना पूर्ण हो चुकी है।

घ. सर्वेक्षण अध्ययन

घ 1.) डी एंड सी अधिनियम 1940 के नियम 161 और नियम 1945 के अनुपालन में एनएलईएएम में सम्मिलित और भारत में विपणन की गई आयुर्वेदिक औषधियों की लेबलिंग सूचना का एक व्यवस्थित सर्वेक्षण।

उद्देश्य:

प्राथमिक उद्देश्य:

डी एंड सी अधिनियम के नियम 161 और नियम 1945 के अनुपालन में भारत में विपणन किए जाने वाले शास्त्रीय आयुर्वेदिक फोर्मुलेशन्स के लेबलिंग पैटर्न का मूल्यांकन करना।

गौण उद्देश्य:

लेबलिंग प्रथाओं के कार्यान्वयन और फार्माकोविजिलेंस प्रणाली में सुधार करना

अध्ययन की अवधि : माह 12

प्रधान अन्वेषक के साथ भाग लेने वाले केंद्र:

क्र.सं	प्रतिभागी केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. साक्षी शर्मा
2.	आरएआरआई, लखनऊ	डॉ. अंजलि प्रसाद
3.	आरएआरआई, त्रिवेन्द्रम	डॉ. वर्षा सुमेधन
4.	सीएआरआई, कोलकाता	डॉ. शक्ति भूषण
5.	सीएआरआई, मुंबई (नोडल संस्थान)	डॉ. दत्तात्रेय दीघे

वर्तमान स्थिति: जारी

ड.) बाह्य गतिविधियां

ड.1) एससीएसपी 2024-25 के अंतर्गत एएमएचसीपी

रिपोर्टिंग अवधि के दौरान क्षेत्रवार दौरे की संख्या, सर्वेक्षण किए गए घर, कवर की गई जनसंख्या, उपचार किये गए रोगियों का विवरण

दौरों की संख्या	:	210
सर्वेक्षण की गई जनसंख्या:	:	481
उपचार किए गए रोगी	:	465 (SC- 446)
जांच	:	8975

ड. 2) समुदाय में व्यापक आयुर्वेद-आधारित स्वास्थ्य देखभाल दृष्टिकोण की स्वीकार्यता और व्यक्तिगत स्वास्थ्य देखभाल की प्रभावकरीता - क्लस्टर रेंडोमाइज्ड अध्ययन”

लक्ष्य:

- 1) विशिष्ट समुदाय में स्वास्थ्य देखभाल पद्धति के रूप में आयुर्वेद की स्वीकार्यता पर व्यापक आयुर्वेद-आधारित स्वास्थ्य देखभाल दृष्टिकोण (सीएबीएचए) के प्रभाव के बारे में जानना (धारणा और स्वास्थ्य चाहने वाले व्यवहार में परिवर्तन के माध्यम से मूल्यांकन किया गया)
- 2) चयनित परिवारों (पहचाने गए समूहों में से किसी एक में जनसंख्या के एक उपसमूह के रूप में) के मध्य व्यक्तिगत आयुर्वेद स्वास्थ्य देखभाल दृष्टिकोण (आईएचए) के नैदानिक परिणामों को जानना।

उद्देश्य:

प्राथमिक - छह माह के लिए व्यापक आयुर्वेद-आधारित स्वास्थ्य देखभाल दृष्टिकोण (सीएबीएचए) की शुरूआत के बाद समुदाय की धारणा और स्वास्थ्य-प्राप्ति व्यवहार में परिवर्तन का आकलन करना

गौण –

- 1) समुदाय में प्रतिभागियों के जीवन की गुणवत्ता पर सीएबीएचए के प्रभाव का आकलन करना
- 2) सम्मिलित परिवारों के प्रतिभागियों में संक्रामक और/या एलर्जी संबंधी रोगों की घटनाओं की आवृत्ति पर व्यक्तिगत आयुर्वेद स्वास्थ्य देखभाल दृष्टिकोण (आईएचए) के प्रभाव का आकलन करना।
- 3) सम्मिलित परिवारों के प्रतिभागियों के सामान्य कल्याण पर आईएचए के प्रभाव का आकलन करना

- 4) सम्मिलित परिवारों के प्रतिभागियों की नींद की गुणवत्ता पर आईएचए के प्रभाव का आकलन करना
- 5) सम्मिलित परिवारों के प्रतिभागियों के मौखिक स्वास्थ्य पर आईएचए के प्रभाव का आकलन करना
- 6) समुदाय में प्रतिभागियों के नैदानिक परिणामों पर सीएबीएचए के प्रभाव का आकलन करना
- 7) प्रतिभागियों द्वारा सीएबीएचए के अनुपालन का आकलन करना

सैम्पल साइज :

क्र.सं	अध्ययन का चरण	कुल सैम्पल साइज	प्रत्येक केंद्र पर सैम्पल साइज
i.	सर्वेक्षण	7200	480 (प्रत्येक क्लस्टर में 240)
ii.	आईएचए	420	30 परिवार (क्लस्टर में- केवल 1)

अध्ययन की अवधि : एक वर्ष

प्रधान अन्वेषक के साथ भाग लेने वाले केंद्र:

क्र.सं.	प्रतिभागी केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.)

स्थिति: परियोजना पूर्ण हो चुकी है।

क्र.सं.	विवरण	अध्ययन के समेकित आंकड़े
1.	अध्ययन की अवधि	1 वर्ष
2.	कवर किए गए गाँव	4
3.	किए गए दौरे	210
4.	कवर की गई जनसंख्या	3892
5.	उपचार किए गए रोगियों की संख्या	4653
6.	की गई जांचों की संख्या	8975

च.) एएसयू और एच औषधियों का फार्माकोविजिलेंस

परियोजना आरम्भ की तिथि: 24 अगस्त 2018

आयुष मंत्रालय ने आयुर्वेद, सिद्ध, यूनानी और होम्योपैथी (एएसयू एंड एच) औषधियों के फार्माकोविजिलेंस को बढ़ावा देने के लिए एक नई केंद्रीय क्षेत्रीय योजना शुरू की है। योजना का मुख्य उद्देश्य प्रतिकूल प्रभावों का दस्तावेजीकरण करने की संस्कृति विकसित करना और आयुर्वेद, सिद्ध, यूनानी और होम्योपैथी औषधियों की सुरक्षा निगरानी करना और प्रिंट और इलेक्ट्रॉनिक मीडिया में आने वाले भ्रामक विज्ञापनों की निगरानी करना है।

केंद्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली (सीसीआरएएस के तहत) को पेरिफेरल फार्माकोविजिलेंस सेंटर (पीपीवीसीसी) में से एक के रूप में पहचाना गया है। अप्रैल 2024 से मार्च 2025 तक कुल 230 भ्रामक विज्ञापनों और 15 एडीआर का पता लगाया गया है और इन्हें इंटरमीडियरी फार्माकोविजिलेंस सेंटर्स (आईपीवीसीसी), एनआईए, जयपुर तथा आयुष औषध नियंत्रक दिल्ली राज्य, को भेजा गया है।

1. फार्माकोविजिलेंस टीम, सीएआरआई, नई दिल्ली द्वारा इंडिया इंटरनेशनल सेंटर, नई दिल्ली में दिनांक 19.09.2024 को आयोजित "रोगी सुरक्षा को बढ़ावा देना: आयुष में नैदानिक प्रथाओं की भूमिका" पर दो दिवसीय राष्ट्रीय संगोष्ठी का आयोजन किया गया और समन्वयक को कार्यक्रम के सफलतापूर्वक समन्वय के लिए महानिदेशक, सीसीआरएएस और प्रो. बेजोन कुमार मिश्रा, पूर्व सलाहकार, ओडिशा सरकार से प्रशंसा पुरस्कार प्राप्त हुआ।
2. दिनांक 16.10.2024 को तिब्बिया कॉलेज एवं अस्पताल, करोल बाग, नई दिल्ली में एएसयू एवं एच औषधियों के फार्माकोविजिलेंस के अंतर्गत फार्माकोविजिलेंस जागरूकता कार्यक्रम का आयोजन किया गया।
3. समन्वयक और जेआरएफ (आयुर्वेद) ने वर्ष 2024-25 में कुल 9 वेबिनारों में भाग लिया है।
4. सीएआरआई, नई दिल्ली पीपीवीसी केंद्र ने समय-समय पर एडीआर और फार्माकोविजिलेंस के अन्य महत्वपूर्ण पहलुओं के बारे में जागरूकता बढ़ाने के लिए अस्पताल कर्मचारियों के साथ बैठकें आयोजित की हैं।
5. ओपीडी रोगियों और उनके रिश्तेदारों को फार्माकोविजिलेंस जागरूकता व्याख्यान दिए गए और पूरे वर्ष आईईसी सामग्री भी वितरित की गई।
6. रोगियों के लिए ओपीडी और आईपीडी क्षेत्रों में एडीआर फॉर्म के साथ दो सुझाव पेटियां रखी गई हैं।
7. वर्ष 2024-25 में, जागरूकता हेतु ओपीडी क्षेत्र में फार्माकोविजिलेंस जागरूकता प्लेटें लगाई गई हैं।

वर्ष 2023-24 में भ्रमित विज्ञापन और एडीआर रिपोर्टिंग

माह	भ्रमित विज्ञापनों की स्थिति (पाए गए)	संदिग्ध प्रतिकूल औषधि प्रतिक्रिया
अप्रैल 2024	24	1
मई 2024	22	2
जून 2024	16	1
जुलाई 2024	14	3
अगस्त 2024	17	0
सितंबर 2024	13	0
अक्टूबर 2024	19	2
नवंबर 2024	21	1
दिसंबर 2024	22	2
जनवरी 2025	41	1
फरवरी 2025	21	0
मार्च 2025	13	2
कुल	230	15

छ. साहित्यिक अध्ययन

छ 1.) आयुष उद्योग में उद्यमिता: आयुष उत्पाद और सेवाओं में प्रबंधन और व्यावसायीकरण सिद्धांत।

1. उद्देश्य:

क) प्राथमिक उद्देश्य:

1. "आयुष में उद्यमिता" पर एक व्यापक दस्तावेज़ तैयार करना।

ख) गौण उद्देश्य:

1. आयुष के विभिन्न क्षेत्रों में उद्यमिता के अवसरों की बुनियादी समझ का विश्लेषण और विकास करना।

2. निम्नलिखित पहलुओं में आयुष उद्योग पर व्यापक डेटा विश्लेषण विकसित करना:

- आयुष के व्यवसाय मॉडल (प्रौद्योगिकी, उत्पाद और सेवाएँ) को समझना
- मानव पूंजी और संसाधनों की आवश्यकता
- आयुष में प्रौद्योगिकी, उत्पाद और सेवाओं का नवाचार घटक
- आयुष उद्योगों में वित्तीय और निवेश के अवसर

- आयुष उत्पादों और सेवाओं के लिए बाज़ार का विकास
- 3. आयुष प्रौद्योगिकी, उत्पाद और सेवाओं के विनियामक अनुमोदन और अनुपालन प्रक्रिया का आकलन करना।
- 4. आयुष प्रौद्योगिकी, उत्पाद और सेवाओं के लिए नए बाजारों के अवसरों और विकास का पता लगाना।
- 5. आयुष उद्योगों के लिए नैतिक मुद्दों का आकलन करना।
- 2. अध्ययन की अवधि: 24 माह
- 3. दस्तावेज़/प्रकाशन की प्रकृति (पुस्तक, पांडुलिपि, ग्रंथ सूची आदि): पुस्तक/मैनुअल
- 4. प्रधान अन्वेषक के साथ भाग लेने वाला केंद्र:

क्र.सं.	प्रतिभागी केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	स्कूल ऑफ बायोटेक्नोलॉजी, जवाहरलाल नेहरू विश्वविद्यालय, नई दिल्ली 110067	डॉ. हेमंत आर. कुशवाहा प्रो. रूपेश चतुर्वेदी

- 5. वर्तमान स्थिति- परियोजना जारी है।

छ 2.) पर परियोजनाएं "डोक्युमेंटेशन ऑफ़ लाइफ प्रोफाइल्स ऑफ़ लुमिनरीज इन द फील्ड ऑफ़ आयुर्वेद " स्वीकृति आदेश सं.: HQ-PROJ011/92/2024-PROJ/3961 दिनांक 25.09.2024

1. आयुर्वेद लुमिनरी की लाइफ प्रोफाइल –प्रो. पीएनवी कुरूप (साहित्यिक अध्ययन)
डॉ. शिवशंकर राजपूत, अनु. अधि. (आयु.)
डॉ. श्वेता माटा, अनु. अधि. (आयु.)
2. आयुर्वेद लुमिनरी की लाइफ प्रोफाइल - वैद्य ताराचंद शर्मा (साहित्यिक अध्ययन)
डॉ. श्वेता माटा, अनु. अधि. (आयु.)
डॉ. शिवशंकर राजपूत, अनु. अधि. (आयु.)
डॉ. कुलदीप, अनु. अधि. (आयु.)
3. आयुर्वेद लुमिनरी की लाइफ प्रोफाइल -डॉ. एच.एम. चंदोला (साहित्यिक अध्ययन)
डॉ. शैज़ी लईक, अनु. अधि. (आयु.)
डॉ. रेणु रानी, अनु. अधि. (आयु.)

वर्तमान स्थिति : मसौदा पांडुलिपियां तैयार हैं एवं सीसीआरएएस मुख्यालय को प्रेषित की गई हैं ।

ज. पाइपलाइन में परियोजनाएं

1. ऑस्टियोपेनिया से पीड़ित रजोनिवृत्त महिलाओं में आयुष ओस्टो (कोडिड आयुर्वेदिक फोर्मुलेशन) की प्रभावकारिता - एक संभावित सिंगल-आर्म बहु-केंद्रित अध्ययन "।
2. अस्पताल/क्लिनिकल सेट-अप में क्रियाकल्प का अभ्यास करने के लिए न्यूनतम मानक आवश्यकताओं को विकसित करना।
3. अपरिपक्व मोतियाबिंद में व्यवहार्यता अध्ययन के साथ अंजन कर्म के लिए मानक संचालन प्रक्रिया और अभ्यास दिशानिर्देशों के विकास के लिए एक नैदानिक सहमति अध्ययन"।
4. आमवात (रुमेटॉइड आर्थराइटिस) में शास्त्रीय आयुर्वेद उपचार की प्रभावकारिता का मूल्यांकन करने के लिए रेंडोमाइज्ड नियंत्रित परीक्षण।
5. रक्तस्रावी बवासीर के उपचार में अर्शकुठार रस और बोल प्रपटी/बोलभद्र रस बनाम ट्रैनेक्सैमिक एसिड का तुलनात्मक नैदानिक मूल्यांकन - एक रेंडोमाइज्ड नियंत्रित नैदानिक परीक्षण।
6. हल्के से मध्यम क्रोनिक ऑब्स्ट्रक्टिव पल्मोनरी डिजीज (सीओपीडी) के उपचार के लिए मानक देखभाल के अतिरिक्त आयुष-ए का एक रेंडोमाइज्ड डबल ब्लाइंड प्लेसबो नियंत्रण अध्ययन।
7. मेदोरोग (डिसलिपिडेमिया) के उपचार में व्योषादि गुग्गुलु की प्रभावकारिता का मूल्यांकन करने के लिए एक रेंडोमाइज्ड नियंत्रित नैदानिक परीक्षण।
8. रजोनिवृत्ति लक्षणों (रजोनिवृत्तिजन्यलक्षण) के उपचार में आयुर्वेद उपचार की प्रभावकारिता - एक रेंडोमाइज्ड नियंत्रित परीक्षण।
9. मैन्युअल और स्वचालित बस्तीयंत्र द्वारा तैयार मधुतैलिका बस्ती का तुलनात्मक नैदानिक मूल्यांकन।
10. वृद्धों के जीवन की गुणवत्ता और स्वास्थ्य में सुधार के लिए आयुर्वेद उपचार की प्रभावकारिता - एक बहुकेन्द्रीय नैदानिक अध्ययन।
11. लेडी हार्डिंग अस्पताल के एकीकृत चिकित्सा विभाग में एनसीडी में पारंपरिक चिकित्सा के साथ आयुर्वेद उपचार प्राप्त करने वाले रोगियों की रुग्णता और स्वास्थ्य-प्राप्ति व्यवहार: एक क्रॉस-सेक्शनल अध्ययन।

अंतरंग रोगी विभाग (आईपीडी)

रिपोर्टिंग अवधि 2024-25 में कुल भर्ती रोगी 661 हैं, जिनमें से 272 पुरुष हैं (36 पुरुष शिशु को शामिल करते हुए) और 389 महिलाएँ (08 महिला शिशु को शामिल करते हुए)। रिपोर्टिंग अवधि के दौरान 638 रोगियों को छुट्टी दी गई, जिनमें से 262 पुरुष और 376 महिलाएँ थीं, जिनमें क्रमशः 35 पुरुष शिशु और 09 महिला शिशु शामिल हैं। वार्षिक बिस्तरों का अधिभोग 56.50% है।

बाहरी बहिरंग रोगी विभाग (ओपीडी)

सीएआरआई, पंजाबी बाग नई दिल्ली

सीएआरआई, नई दिल्ली में रोगियों के लिए सुबह (सुबह 9:00 बजे से 1:00 बजे तक) में ओपीडी सुविधाएँ प्रदान की जा रही हैं। विशेष क्लिनिक जैसे एनो रेक्टल, प्रिवेंटिव कार्डियोलॉजी क्लिनिक, आर्थराइटिस क्लिनिक, ईएनटी क्लिनिक, आंखों का क्लिनिक, बाल चिकित्सा क्लिनिक और वृद्ध चिकित्सा क्लिनिक निर्धारित दिनों पर कार्यरत हैं। रिपोर्टिंग वर्ष के दौरान संस्थान ने 101194 रोगियों को ओपीडी सेवाएँ प्रदान की और मुफ्त में औषधि वितरण की। जिनमें से 53411 पुरुष, 47782 महिलाएँ और 1 ट्रांसजेंडर था। रिपोर्टिंग वर्ष के दौरान कुल 32331 नए और 68863 पुराने रोगियों ने ओपीडी का दौरा किया। पंजीकरण और परामर्श द्वारा वरिष्ठ नागरिकों और अनुसंधान प्रतिभागियों को प्राथमिकता भी दी गई है। रिपोर्टिंग अवधि के दौरान 7763 मामलों ने विभिन्न वृद्ध चिकित्सा विकारों के लिए उपचार प्राप्त किया। अधिकांश रोगियों ने संधिवात, मधुमेह, वातविकारा, रक्तगता वात, श्वास, मूत्रकृच्छ्र, दुरबलता आदि जैसी स्थितियों के साथ रिपोर्ट किया।

सीआरयू, सफदरजंग अस्पताल, नई दिल्ली:-

आयुर्वेदिक चिकित्सा केंद्र की स्थापना जनवरी 1998 में की गई थी। आयुर्वेदिक चिकित्सा केंद्र के लिए दो बड़े कमरे प्रदान किए गए हैं। एक कमरे का उपयोग परामर्श के लिए और दूसरे कमरे का उपयोग पंजीकरण, दवाओं को संग्रहित करने और वितरित करने के लिए किया जाता है।

रिपोर्टिंग अवधि के दौरान कुल 28941 रोगी ओ.पी.डी. में आए, जिनमें से 15556 रोगी पुरुष थे और 13385 रोगी महिलाएँ थीं। ओ.पी.डी. में पाए गए सामान्य रोग थे, संधिवात, रक्तप्रदरा, मूत्रकृच्छ्र, शोथ, क्लैब्य, अर्श, सिस्ट, अमवात, मधुमेह, कुष्ठ, अर्थवक्षय, कास, अम्लपित्तम, श्वेत प्रदर, प्रतिश्याय, खलित आदि।

आयुर्वेदिक उपचार केंद्र, लेडी हार्डिंग चिकित्सा कॉलेज और अस्पताल, नई दिल्ली:

लेडी हार्डिंग मेडिकल कॉलेज में आयुर्वेदिक उपचार केंद्र का स्थापना 19 सितंबर, 2009 को हुई थी। रिपोर्टिंग वर्ष के दौरान कुल 15438 रोगियों ने ओपीडी का दौरा किया, जिनमें से 7686 रोगी पुरुष थे और 7752 रोगी महिलाएँ थीं।

यह देखा गया कि अधिकांश रोगी जो ओपीडी में आए, वे आद्वन, संधिवात, आमवात, कंडू, वातरक्त, प्रतिश्याय, दुर्बल्यम, कसा, विबंध, अर्श, आम्लपित्तम, मधुमेह, अशमरी आदि के थे। लेडी हार्डिंग मेडिकल कॉलेज और अस्पताल की सक्षम प्राधिकरण ने एलएचएमसी, नई दिल्ली के प्रयोगशाला में विभिन्न प्रयोगशाला जांचें और अन्य विशिष्ट जांच करने की अनुमति दी।

आयुर्वेदिक चिकित्सा केंद्र, ए. बी. वी. आई. एम. एस, डॉ. राम मनोहर लोहिया अस्पताल, नई दिल्ली:

ए. बी. वी. आई. एम. एस - डॉ. राम मनोहर लोहिया अस्पताल में आयुर्वेदिक उपचार केंद्र 14 जनवरी, 2016 से कार्यशील है। रिपोर्टिंग वर्ष के दौरान कुल 9156 रोगियों ने ओ.पी.डी में भाग लिया, जिनमें से 5476 रोगी पुरुष और 3680 रोगी महिला थे। यह महसूस किया गया कि जिन अधिकांश रोगियों ने ओ.पी.डी का दौरा किया, वे मनोवाहस्रोत विकार संधिवात, आघमन, विद्विष्णु वातव्याधि, आम्लपित्त, सिरदर्द, रक्तगत वायु, कास, ग्रिध्रसी, अशमरी, मूत्रकृच्छ्र आदि से पीड़ित थे।

आयुष वेलनेस क्लिनिक, राष्ट्रपति निवास

आयुष वेलेनेस क्लिनिक, राष्ट्रपति संपत्ति में जुलाई 2015 से सीएआरआई, नई दिल्ली के तहत शुरू किया गया था। यह केंद्र रोगियों को पंचकर्म चिकित्सा के साथ ओ.पी.डी. सेवाएं प्रदान कर रहा है। रिपोर्टिंग वर्ष के दौरान कुल 4324 रोगियों का इलाज किया गया, जिनमें से 2950 पुरुष रोगी थे और 1374 महिला रोगी थीं। ओ.पी.डी. में आने वाले अधिकांश रोगी वातव्याधि, त्रिकशूल, अरसा, मधुमेह, मेदोरोग, दुर्बल्यं, संधिवात, कासा, अजीर्ण, अम्लपित्तम आदि से पीड़ित थे।

आयुर्वेद इकाई: एफएपी- सुप्रीम कोर्ट, नई दिल्ली

भारत के सुप्रीम कोर्ट में आयुर्वेद इकाई, एफएपी 2008 से सुप्रीम कोर्ट परिसर में कार्यशील है। यह इकाई माननीय न्यायाधीशों और रजिस्ट्ररी को सेवाएं प्रदान कर रही है। वर्तमान में एक वरिष्ठ डॉक्टर, एक फार्मासिस्ट और एक फार्मसी अटेंडेंट इस इकाई में अपनी सेवाएं दे रहे हैं। वर्तमान रिपोर्टिंग अवधि के दौरान एफएपी सुप्रीम कोर्ट में कुल 6020 रोगियों का इलाज किया गया, जिनमें से 4182 पुरुष और 1838 महिला रोगी थे। अधिकांश रोगियों को विपंद, आधमन, ग्रिध्रसी, कसा, संधिवात, उदावरत, अजीर्णम, आम्लपित्त, अमवात, मधुमेह, आर्श, यकृतदल्युदर आदि की समस्या थी।

सीसीआरएस-जेएनयू उपचार और अनुसंधान सुविधा, नई दिल्ली

दिनांक 25/01/2023 को जेएनयू के सहयोग से CCRAS की एक नई इकाई शुरू की गई है। यह इकाई विश्वविद्यालय परिसर के छात्रों और कर्मचारियों (कार्यरत और सेवानिवृत्त) को सप्ताह में तीन बार परामर्श प्रदान कर रही है। वर्तमान रिपोर्टिंग अवधि के दौरान कुल 2910 रोगियों को परामर्श दिया गया, जिनमें 1619 पुरुष और 1290 महिला हैं। अधिकांश रोगी विबंध, संधिवात, कास, आधमन, अजीर्णम, ग्रिध्रसी, मधुमेह, अर्श, मूत्रकृच्छ्र, प्रतिश्याय, दुर्बल्यम, श्वासा, जनुभेद, आदि से पीड़ित थे।

अनुभाग-वार गतिविधियाँ

पंचकर्म अनुभाग

यहां पंचकर्म अनुभाग फरवरी 1981 से संस्थान में कार्यरत है, जो रोगियों को आवश्यकतानुसार निम्नलिखित प्रक्रियाएं प्रदान करता है: वमन (चिकित्सा वमन), विरेचन (चिकित्सा शोधन), अनुवासन वस्ति (तेल एनीमा), आस्थापन वस्ति और नस्य (नासिका निष्कासन)। इन प्रक्रियाओं के अलावा, पारंपरिक केरलीय चिकित्सा की कुछ अन्य प्रक्रियाएं भी इस इकाई में सफलतापूर्वक की जा रही हैं। इनमें षष्टिकशाली पिंडस्वेद, पत्र पिंड स्वेद, स्नेहधारा, सिरोधारा, सिरोबस्ती, कटिबस्ति, जानुवस्ति आदि शामिल हैं। ये प्रक्रियाएं सुरक्षित और प्रभावी हैं और इन्हें कई स्वास्थ्य समस्याओं जैसे पक्षाघात, पंगु, गृध्रसी, आमावात, संधिवात, स्थूलता, गर्दन का खिंचाव, कटिशूल, कटिग्रह, जीर्ण प्रतिश्याय और अंधता, अर्धवभेदक आदि की रोकथाम और प्रबंधन के लिए प्रभावी ढंग से उपयोग किया जाता है।

रिपोर्टिंग अवधि के दौरान, पंचकर्म अनुभाग ने 1017 रोगियों का उपचार किया। आईपीडी स्तर पर पंचकर्म की विशेष प्रक्रियाओं की कुल 17851 बैठकों का आयोजन किया गया, जिसमें मुख्य तौर पर अभ्यंग (2882), सर्वांग स्वेद (1718), जानु बस्ति (3652), पत्रपिंड स्वेद (873), दशांग लेप (743), नाडी स्वेद (789), नस्य (599), कटिबस्ति (1194), उद्वर्तन (170), मातृबस्ति (1481), निरूह बस्ति (615), अनुपासन बस्ति (974), वेतरण बस्ती (291), बालूका स्वेद (436) आदि का प्रशासन किया गया ताकि रोगियों को बेहतर परिणाम प्रदान किए जा सकें।

क्षारसूत्र अनुभाग (ऑयो-रेक्टल क्लिनिक)

रिपोर्टिंग अवधि के दौरान 10137 रोगियों ने क्षार सूत्र अनुभाग में भाग लिया, जिनमें से 3118 रोगी अर्शा के, 2971 रोगी भगंदर के, 2777 रोगी पारिकर्तिका के, 119 रोगी नाडीव्रण के और 1152 रोगी गुदपाक के थे।

लीच थैरापी क्लिनिक

लीच थैरापी क्लिनिक विभिन्न रोग स्थितियों जैसे त्वक् रोग, शिरा-शोथ क्षीपद, श्वित्र आदि के रोगियों की सेवा करता है। रिपोर्टिंग अवधि के दौरान, विभिन्न रोग स्थितियों के लिए कुल 275 रोगियों ने क्लिनिकों में भाग लिया।

भौतिक चिकित्सा अनुभाग

फिजियोथेरेपी अनुभाग की स्थापना 1999 में की गई थी। अस्पताल की आवश्यकता और जरूरतों के अनुसार, अनुभाग आवश्यक तरीके से सुसज्जित है। आईपीडी और ओपीडी दोनों के रोगियों का रोज़ाना उपचार किया जा रहा है, जिसमें ऑस्टियोआर्थराइटिस, रुमेटी बेदाग, चिपकनेवाले कैप्सुलाइटिस, गर्दन और पीठ की संधिशोथ, एंकाइलोज़िंग स्पॉन्डिलाइटिस, प्रोलेप्स इंटरवर्टेब्रल डिस्क, पोस्ट पोलियो अवशिष्ट लकवा, स्ट्रोक, क्वाड्रिप्लेजिया, पैराप्लेजिया, सेरेब्रल पाल्सी, पार्किंसन रोग, पेरिफेरल नर्व चोटें, मस्कुलर डिस्ट्रॉफी, बेलस पाल्सी, मोटर न्यूरॉन रोग; खेल की चोटें जैसे टेनिस कोहनी, रोटेटर कफ टिअर, मेनिस्कल टिअर और सामान्य स्थितियां जैसे मोटापा, वैरिकोज़ नसें, पेरिफेरल वास्कुलर विकार आदि शामिल हैं। रिपोर्टिंग अवधि के दौरान कुल 3993 रोगियों का उपचार किया गया, जिनमें 1702 पुरुष और 2291 महिला थीं।

नेत्ररोग चिकित्सा इकाई

यह इकाई 18 फरवरी 2017 से ओपीडी और आईपीडी आधार पर कुशलता से कार्य कर रही है और आँखों के रोगियों को सेवा प्रदान कर रही है। मौजूदा सुविधा के तहत हम पूरे सप्ताह चयनित मरीजों के लिए क्रियाकल्प भी कर रहे हैं। रिपोर्टिंग अवधि (2024-25) के दौरान 4223 मरीज थे जिनमें 2213 पुरुष और 2010 महिला मरीज थे। सबसे आम पाए जाने वाले आँखों के रोग थे तिमिर, अभिष्यंद, कांच, शुष्काक्षिपाक, अधिमंथ, लिंगनाश आदि। आँखों के रोगों के उपचार के लिए विभिन्न क्रियाकल्प किए गए जिनमें 1935 नस्य, 1204 तर्पण, 555 शिरोपिचु आदि शामिल हैं।

ईएनटी ओपीडी

ईएनटी ओपीडी विभिन्न रोग स्थितियों जैसे प्रतिश्याय/पीनस, बाधिर्य, अर्धावभेदक, कर्णशूल, कर्णनाद आदि के रोगियों की सेवा करती है। रिपोर्टिंग अवधि के दौरान कुल 1438 रोगियों ने क्लिनिक में भाग लिया जिनका विभिन्न रोग स्थितियों के लिए सफलतापूर्वक इलाज किया गया। इनमें से 433 रोगी प्रतिश्याय के, 171 रोगी बाधिर्य के, 109 रोगी कर्णस्राव के, 104 रोगी कर्णनाद के थे। कुल 857 रोगी पुरुष थे और 581 रोगी महिला थीं।

अर्थराइटिस क्लिनिक

रिपोर्टिंग अवधि के दौरान 2181 रोगी (792 पुरुष और 1389 महिलाएं) ने अर्थराइटिस क्लिनिक का दौरा किया, जिनमें से 853 रोगी संधिवात, 406 आमवात, 405 वातव्याधि, 204 कटिशूल, 177 गृध्रसी आदि के थे।

बाल रोग क्लिनिक

रिपोर्टिंग वर्ष के दौरान 1534 बच्चों (808 पुरुष, 726 महिला) का विभिन्न बाल रोगों जैसे पीडिका, वातव्याधि, शूल, कृमि, श्वित्र, पंगु, कुष्ठ, प्रतिश्याय आदि के लिए ओपीडी में इलाज किया गया।

प्रिवेन्टिव कार्डियोलॉजी एवं जीवनशैली क्लिनिक

यह मंगलवार और शुक्रवार को कार्य कर रहा है। रिपोर्टिंग वर्ष के दौरान, 968 रोगियों को सलाह दी गई और ए-एचएमआईएस के माध्यम से दस्तावेजित किया गया। जिनमें से 637 पुरुष और 331 महिलाएं थीं। अधिकांश रोगियों ने हृदय रोग, उच्च रक्तचाप, मधुमेह और स्थूल्य जैसी स्थितियों की शिकायत की।

नैदानिक मनोविज्ञान (क्लिनिकल साइकोलॉजी)

क्लिनिकल मनोविज्ञान के क्षेत्र में विशेष ओपीडी जुलाई 2021 से कार्यशील हो गई। वर्ष अप्रैल 2024-मार्च 2025 में, सभी आयु समूहों के रोगियों के लिए सामान्यीकृत चिंता, संज्ञानात्मक समस्याएं, अति सक्रियता, नींद में बाधाएं, अवसादी लक्षण आदि जैसे मुद्दों के लिए कुल 132 मनोवैज्ञानिक सत्र आयोजित किए गए। महिलाओं के लिए कुल 67 मनोवैज्ञानिक सत्र और पुरुषों के लिए 65 मनोवैज्ञानिक सत्र आयोजित किए गए। उनमें से कई फॉलो-अप सत्रों के लिए भी जारी हैं।

भारत प्रेस क्लब में परामर्श

आदेश संख्या फा.सं. HQ-Estt 11012/109/2023-ESTT/7274 दिनांक 29.01.2024 और संस्थान के पत्र संख्या फा.सं.4-41/2023-24/CARI/प्रशासन-कार्यालय आदेश संख्या 1230/2023-24 दिनांक 03.02.2024 के अनुसार "प्रेस क्लब ऑफ इंडिया" में साप्ताहिक क्लिनिक की फिर से शुरुआत की गई थी, जिसमें हर शनिवार को एक आयुर्वेदिक सलाहकार की नियुक्ति की गई थी, जो 10 फरवरी 2024 से शुरू होकर वित्तीय वर्ष 2024-25 में जारी रहा। रिपोर्टिंग वर्ष में कुल 683 रोगियों का परामर्श किया गया, जिसमें 31 मार्च 2025 तक 553 पुरुष और 130 महिला थीं। प्रेस क्लब ऑफ इंडिया के सदस्यों और उनके परिवार के सदस्यों की आवश्यकता के अनुसार जनरल परामर्श दिया गया और दवाओं का मुफ्त वितरण किया गया।

पुस्तकालय

संस्थान का पुस्तकालय अनुभाग में हिंदी और अंग्रेजी में 1819 किताबें संग्रहित हैं। पुस्तकालय पाठकों के लिए सुबह 9:30 बजे से शाम 4:30 बजे तक खुला रहता है।

क्लिनिकल प्रयोगशाला:-

एनएबीएल मान्यता प्राप्त प्रयोगशाला अनुभाग ओपीडी, आईपीडी से सामान्य रोगियों और शोध विषयों को सेवाएँ प्रदान करता है। रिपोर्टिंग वर्ष के दौरान कुल 24788 जांचें की गईं।

जैव-रासायनिक जांच

रक्त शर्करा, लिपिड प्रोफाइल, गुर्दे का कार्य परीक्षण और यकृत कार्य परीक्षण जैसे नियमित जैव-रासायनिक जांचों का संचालन संस्थान के इस अनुभाग में किया जाता है। वर्ष 2024-25 के दौरान कुल 17204 जांचें की गईं।

पैथोलॉजिकल जांच

रक्त, मूत्र और मल की नियमित पैथोलॉजिकल की वर्ष 2024-25 के दौरान कुल 7584 जांचें की गईं।

विकिरणीय जांच: रिपोर्टिंग वर्ष 2024-25 में रेडियोलॉजी विभाग में की गई कुल विकिरणीय जांचों की संख्या 536 थी।

फार्मैसी

वर्तमान में सीएआरआई फार्मैसी ओपीडी और आईपीडी के लिए औषधियों की खरीद और वितरण का समन्वय कर रही है, साथ ही संस्थान के सभी संबद्ध परिधीय इकाइयों जैसे लेडी हार्डिंग, डॉ आरएमएल अस्पताल, सुप्रीम कोर्ट, सफदरजंग अस्पताल और AWC, राष्ट्रपति एस्टेट आदि के लिए भी। फार्मैसी नैदानिक परियोजनाओं के लिए दवाओं की आपूर्ति और मांग में संतुलन बनाए रखती है। इस वर्तमान वर्ष में फार्मैसी ने मांगों को पूरा करने के लिए 2,62,59,350.00 रुपये (IMPCL- 2,59,26,946.00 रुपये और ओउषधि- 3,32,404.00 रुपये) मूल्य की औषधियाँ खरीदी हैं।

हिंदी विभाग

हिन्दी विभाग ने आधिकारिक भाषा नियमों को लागू करने में लगातार एक महत्वपूर्ण भूमिका निभाई है। यह सुनिश्चित करता है कि धारा 3(3) के तहत सभी दस्तावेज द्विभाषा में जारी किए जाएं, पत्राचार के उत्तर हिंदी में दिए जाएं, और निर्धारित वार्षिक लक्ष्यों को पूरा करने के लिए निरंतर प्रयास किए जाएं। सभी त्रैमासिक और अर्धवार्षिक प्रगति रिपोर्ट समय पर तैयार की जाती हैं और उन्हें आधिकारिक भाषा विभाग और नरकास (नगर राजभाषा कार्यान्वयन समिति) को ईमेल और ऑनलाइन प्लेटफार्मों के माध्यम से रिपोर्ट प्रस्तुत किया जाता है।

विभागीय राजभाषा क्रियान्वयन समिति की बैठकें प्रत्येक त्रैमासिक में आयोजित की गईं ताकि विभागों में आधिकारिक और तकनीकी कार्यों में हिंदी के उपयोग की निगरानी की जा सके। संस्थान ने नगर आधिकारिक भाषा कार्यान्वयन समिति की अर्ध-वार्षिक बैठकों के दौरान हिंदी में किए गए कार्य के प्रतिशत बढ़ाने और वार्षिक लक्ष्यों को पूरा करने के प्रयासों के लिए प्रशंसा प्राप्त की।

"हिंदी पखवाड़ा" 14 से 29 सितंबर 2024 तक सफलतापूर्वक आयोजित किया गया, जिसमें विभिन्न हिंदी संबंधित गतिविधियाँ शामिल थीं। हिंदी पखवाड़ा समापन समारोह 3 अक्टूबर 2024 को आयोजित किया गया जिसमें सभी विजेताओं को प्रमाणपत्र बांटे गए। इसके अलावा, आधिकारिक संचार में हिंदी के उपयोग को बढ़ावा देने और मजबूत करने के लिए वर्ष के दौरान चार "एक दिवसीय हिंदी कार्यशालाएँ" आयोजित की गईं।

कार्यशालाएं की तारीखें इस प्रकार हैं-

1. 28.05.2024
2. 06.09.2024
3. 27.12.2024
4. 21.03.2025

औषधीय उद्यान

संस्थान दो उद्देश्यों के लिए एक औषधीय पौधों का बगीचा बनाए रख रहा है, अर्थात् प्रदर्शन के लिए और पंचकर्म और क्षारसूत्र चिकित्सा के लिए कच्ची जड़ी-बूटियाँ प्रदान करने के लिए। पहचान और प्रदर्शन के दृष्टिकोण से, सभी पौधों के पास उनके विशिष्ट नामपट्ट थे, जिनमें उनके शास्त्रीय नाम, वनस्पति नाम, परिवार और शास्त्रीय संदर्भ के अनुसार मुख्य उपयोग शामिल थे। रिपोर्टिंग वित्तीय वर्ष 2024-25 में सभी नामपट्टों को नए संशोधित नामपट्टों से बदल दिया गया ताकि औषधीय पौधों के बदले हुए वनस्पति नामों और परिवारों को अधिकृत वेबसाइट से ध्यान में रखा जा सके। यह औषधीय उद्यान निरंतर विभिन्न पंचकर्म प्रक्रियाओं और क्षारसूत्र के लिए कच्चे जड़ी-बूटियाँ प्रदान कर रहा है जैसे कि मधुयष्टि, नारिकेल, शिग्रू, हरीतकी, अश्वगंधा, गुडूची, ब्राह्मी, इसबगोल, निर्गुण्डी, अग्निमंथ, आदि। रिपोर्टिंग वर्ष में, कुछ नए प्रजातियाँ जोड़ी गई हैं जैसे कि मण्डूकपर्णी, सीता अशोक, शालपर्णी, खदिर, आदि।

आईसीसी

माननीय सर्वोच्च न्यायालय के 12.05.2023 के आदेश और आयुष मंत्रालय के X.18030/125/2021-सीडीएन के दिनांक 26.06.2024 के दिशानिर्देशों के अनुपालन में, संस्थान ने पौष (यौन उत्पीड़न की रोकथाम) अधिनियम 2013 के अंतर्गत आईसीसी आंतरिक शिकायत समिति का गठन किया है, जिसका उद्देश्य इस अधिनियम की रोकथाम, निषेध और निवारण करना है। समिति ने नियमित रूप से बैठकें आयोजित की हैं और जागरूकता/ ओरिएंटेशन कार्यक्रम आयोजित किए हैं। रिपोर्टिंग वर्ष में, आईसीसी को इस संबंध में कोई शिकायत प्राप्त नहीं हुई है।

संस्थान द्वारा आयोजित गतिविधियाँ

1. दिनांक 08.04.2024 को निदेशक संस्थान की अध्यक्षता में "अवलोकन-2024" (सीसीआरएएस निफ्टी गतिविधियों की समीक्षा एवं योजना) के आलोक में तकनीकी-प्रशासनिक बैठक का आयोजन।
2. दिनांक 10.04.2024 को विश्व पर्यावरण दिवस के उद्घाटन सत्र में "पर्यावरण का संरक्षण कैसे करें" के लिए शपथ ग्रहण समारोह और विश्व पर्यावरण दिवस का उद्घाटन कार्यक्रम आयोजित किया।
3. दिनांक 05.05.2024 को विश्व पर्यावरण दिवस समारोह के अंतर्गत "मेरी लाइफ अभियान" नामक संरक्षण कार्यक्रम गतिविधि का आयोजन किया।
4. दिनांक 09.05.2024 को संस्थान का एनएबीएच मध्यावधि निरीक्षण आयोजित किया।
5. 31.5.2024 को MOH&FW ज्ञापन FTS-362459 दिनांक 27.05.2024 के अनुसरण में "बच्चों को तंबाकू उद्योग के हस्तक्षेप से बचाना" विषय पर "विश्व तंबाकू निषेध दिवस (WNTD)" के बारे में जागरूकता व्याख्यान और शपथ ग्रहण कार्यक्रम का आयोजन किया।
6. 15.07.2024 को डॉ. चेतन शर्मा, WHO, निगरानी चिकित्सा अधिकारी, NPSN दिल्ली-2 इकाई द्वारा बच्चों में वैक्सीन-निवारक रोगों की रिपोर्टिंग पर एक अभिविन्यास व्याख्यान का आयोजन किया।
7. 08.7.2024 को निदेशक संस्थान के निर्देशानुसार समिति के अध्यक्ष के रूप में सभी नामित सदस्यों और बाहर से कानूनी सदस्य के रूप में एडवोकेट लता लोचव के साथ ICC (आंतरिक शिकायत समिति) की बैठक आयोजित की। निदेशक, हिंदी शिक्षण योजना, राजभाषा विभाग, गृह मंत्रालय, भारत सरकार। CARI, पंजाबी बाग द्वारा वर्चुअल मोड में 06.09.2024 को आयोजित किया गया।
9. 18-19 सितंबर, 2024 को इंडिया इंटरनेशनल सेंटर, नई दिल्ली में आयुष में रोगी सुरक्षा को बढ़ावा देने: नैदानिक प्रथाओं पर दो दिवसीय राष्ट्रीय संगोष्ठी का आयोजन किया।
10. 27.09.2024 को एनीमिया को संबोधित करने के लिए आयुष की भूमिका पर वेबिनार का आयोजन किया।
11. ए एंड यू तिब्बिया कॉलेज एंड हॉस्पिटल, करोल बाग, नई दिल्ली में 16.10.2024 को एएसयू और एच दवाओं के लिए फार्माकोविजिलेंस का प्रशिक्षण सह जागरूकता कार्यक्रम आयोजित किया।
12. 17.10.2024 को संस्थान के समिति कक्ष में नैदानिक अनुसंधान परियोजनाओं, आयुर्वेद दिवस की गतिविधियों और मंथन 2024 के कार्य बिंदुओं से संबंधित तकनीकी मुद्दों पर चर्चा।
13. 28.10.2024 को सतर्कता जागरूकता सप्ताह का उद्घाटन आयोजित किया।
14. 18/10/2024- 29/10/2024 तक 9वें आयुर्वेद दिवस का आयोजन किया।
15. 29.11.2024 - 30.11.2024 तक आयुर्वेद योजना के तहत आयुष मंत्रालय द्वारा वित्तपोषित और आरएवी द्वारा समन्वित "संयुक्त विकारों में एक नैदानिक दृष्टिकोण" पर आयुर्वेद महासम्मेलन में एक सीएमई कार्यक्रम का आयोजन किया।

16. 24.12.2024 को बीआईएस, नई दिल्ली द्वारा सीएआरआई में प्रथम चरण का ऑडिट।
17. 05.01.2025 को रोहिणी में सीएआरआई, नई दिल्ली के नए भवन का उद्घाटन।
18. 11.02.2025 से 22.2.2025 तक एनएबीएच मानदंड/बीआईएस निरीक्षण के मद्देनजर विभिन्न प्रशिक्षण आयोजित किए गए।
19. केंद्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), नई दिल्ली के परिधीय फार्माकोविजिलेंस केंद्र (पीपीवीसी) टीम द्वारा सामान्य ओपीडी रोगियों, उनके परिचारकों और संस्थान के अन्य कर्मचारियों के लिए 04.03.2025, 10.03.2025, 11.03.2025, 18.03.2025 और 25.03.2025 को फार्माकोविजिलेंस जागरूकता कार्यक्रम आयोजित किया गया।
20. बीआईएस ने 11.03.2025 और 12.03.2025 को सीएआरआई, नई दिल्ली में बीआईएस प्रमाणन के लिए दूसरे चरण का ऑडिट किया।
21. 20.03.2025 को टीबी उन्मूलन और हीट स्ट्रोक की रोकथाम पर जागरूकता व्याख्यान का आयोजन।
22. 21.03.2025 को सीएआरआई, नई दिल्ली द्वारा राजभाषा नीति, नियम एवं अधिनियम पर हिंदी कार्यशाला का आयोजन।
23. 25.03.2025 को निदेशक (संस्थान), सीएआरआई, पंजाबी बाग की अध्यक्षता में एक तकनीकी समीक्षा बैठक का आयोजन।

PHOTOGRAPHS



A MoU was signed between the *CARI-CCRAS, New Delhi & Jawaherlal Nehru University (JNU)* for a collaborative research project titled **“*Enterpreneurship in Ayush Industry: Management and commercialization Principles in Ayush product and services*”** at CARI, New Delhi on 22.05.2024



Under the observance of **World Environment Day 2024**, a Life Pledge was taken by the officers and officials of CARI New Delhi under the leadership of Director (Institute) on 28.05.2024



World No Tobacco Day was celebrated in CARI Delhi. Dr Meenakshi Suri, R. O. (Path.), gave a brief description regarding the need to celebrate No Tobacco Day following pledge administration to all officials on 31/05/2024



World Environment Day celebrated with a great enthusiasm in the CARI, New Delhi. An awareness lecture was given by Dr Bharti, Director (Institute) to the officials and the patients visiting CARI, New Delhi. Saplings of Tulsi were also distributed in this occasion on 05/06/2024



On the occasion of **World Blood Donor Day**, a free Blood Grouping Camp was organised at CARI, ND. An awareness lecture was delivered by Dr Bharti, Director (Institute) & Dr. Ashima Jain to spread the awareness for the same. A pledge taking ceremony also organised in the Institute on 14.06.2024



A Common Yoga Protocol (CYP) was practiced one day prior to celebrations of **10th International Yoga Day (IDY)** by officers and officials at CARI, ND on 20.06.2024



केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग में 10वें अंतर्राष्ट्रीय योग दिवस का हुआ आयोजन



पंजाबी बाग। दसवें अंतर्राष्ट्रीय योग दिवस 2024 के उपलक्ष में 21 जून को प्रातः 7 बजे केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग नई दिल्ली के सभी अधिकारियों व कर्मचारियों एवं रोगियों द्वारा एक सामान्य योग प्रोटोकॉल का योगाभ्यास किया गया। संस्थान के अधिकारी एवं कर्मचारी सुबह 7 से पहले संस्थान के केन्द्रीय उद्यान

में एकत्रित हुए। डॉ. श्वेता माटा, अनु. (अधि.), आयु और डॉक्टर रेनु रानी एवं सभी कर्मचारियों और रोगियों के स्वागत के साथ कार्यक्रम की शुरुआत की।

डॉ. भारती, निदेशक संस्थान के अष्टांग योग पर विशेष जोर देते हुए योग के इतिहास और महत्व के बारे में एक संक्षिप्त परिचय दिया गया। इसके

अलावा डॉक्टर हेमंत पाणिग्रही एवं अनु. (अधि.), आयु ने दैनिक दिनचर्या में योग अभ्यास के महत्व के बारे में बताया। श्रीमती दिशा गर्ग सहा अनु. (अधि.) (फिजियोथेरेपी) द्वारा एक सामान्य योग प्रोटोकॉल 2024 का अभ्यास कराया गया। जिसमें लगभग 120 प्रतिभागियों ने भाग लिया वह नियमित योगाभाष करने का संकल्प लिया गया।

Meri Delhi Newspaper coverage on **10th International Yoga Day** celebrated at CARI, New Delhi on 21.06.2024



An awareness talk on *Vaccine Preventable Diseases* especially in children delivered by Dr. Chetan Sharma (SMO, WHO) in the committee room. The session was inaugurated by Dr. Bharti, Director (Institute) on 15.07.2024



National Organ Donation Day was celebrated at CARI, New Delhi with much gusto. The entire staff was made aware about the launching of Government of India's mass awareness campaign "*Angdaan Jan Jagrukta Abhiyaan*" and the benefits of Organ Donation on 03.08.2024



One day **Administrative Capacity Enhancement Training & Workshop** was conducted at CARI, New Delhi by Mr.Laxmi Kant Ganguli, Ex Director(Admn & Finance), NCHM&CT, Min. of Tourism highlighting various administrative issues like General office procedures, Conduct Rules, Record management, GFR etc. on 03.08.2024



Dr. Shivshankar Rajput delivered talk as Guest Speaker in WoMan 2024 on topic Menopausal syndrome organised by Central Health Education Bureau, DGHS, Ministry of Health and Family Welfare, Govt of India on 06-08-2024.



"Har Ghar Tiranga" program was celebrated at CARI, ND. Flags were distributed to all the officers and officials of the Institute on 14.08.2024



78th Independence Day was celebrated at CARI, New Delhi campus with patriotic fervour. National flag was hoisted by Dr. Bharti, Director (Institute) in the presence of Director (RAV), officers and officials of Institute on 15.08.2024



Rashtriya Poshan Maah 2024 inaugurated by Dr H. Panigrahi, R. O. (Ay.) in the presence of officers and officials of CARI, ND on 06.09.2024.



दिनांक 6.9.2024 को सीएआरआई, पंजाबीबाग, नई दिल्ली में ऑनलाइन हिंदी कार्यशाला का आयोजन किया गया जिसमें श्रीमती विनीता तिवारी, सहायक निदेशक (टं/आ.), हिंदी शिक्षण योजना, राजभाषा विभाग, गृहमंत्रालय, भारत सरकार ने "हिंदी ई-टूल्स" नामक विषय पर व्याख्यान दिया।



As a part of celebration of **Rashtriya Poshan Maah 2024**, A growth monitoring health check-up camp was conducted by Dr. Renu Rani, R.O. (Ay.) at Balaroga OPD, CARI, ND for children upto 16 year age group on 11.09.2024.



दिनांक 17.9.2024 को सी. ए. आर. आई., पंजाबीबाग, नईदिल्ली में **हिंदी पखवाडा 2024** का शुभारम्भ किया गया। इस अवसर पर डॉ. सीमाजैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी ने माननीय आयुष मंत्री जी का सन्देश पढ़ा एवं हिंदी के विषय में विभिन्न मुद्दों पर प्रकाश डाला।



Swachhata Hi Seva program was inaugurated by Dr. Bharti, Director (Institute) from 17.09.24 to 02.10.24. All the officers and officials of the Institute took the pledge. A plantation drive was also carried out at Institute premises on 17.09.2024



A National seminar on **“Fostering Patient Safety: Role of Diagnostic Practices in Ayush”** *Samyak Pariksha: Atur Suraksha* organised by PPvC, Central Ayurveda Research Institute (CCRAS-CARI), New Delhi in collaboration with NPVC, AIIA, New Delhi on 18.09.2024



On behalf of CCRAS, CARI ND is participating in the **3rd edition of World Food India** organized by the Ministry of Food Processing Industries from 19-22 September 2024, at Pragati Maidan, New Delhi.



As a part of the celebration of *Swachhata Hi Seva 2024*, an educational public demonstration on “12 Steps of Hand Washing” was given by Ms. Moutusi Biswas, (Asst. Matron) to patients and their attendants visiting the OPD of CARI, New Delhi on 21.09.2024



Dr. Renu Rani, R. O. (Ay.) & Mrs. Disha Garg, ARO (Physio.) demonstrated *Common Yoga Protocol*. Officers and officials of CARI, ND along with OPD patients practiced Yoga under the celebration of *Rashtriya Poshan Maah 2024 (24.09.2024)*.



A national webinar was organized on the topic "*Role of Ayush to address the anemia*" under the celebrations of *Rashtriya Poshan Maah 2024*. Guest Lecture was delivered by Dr. Sagar Bhide, Asst. Professor, Department of Kaumarbhryta, ITRA, Jamnagar on 25.09.2024 at 2.00 pm.



An *Anaemia screening camp* was conducted at Sarvodaya Kanya Vidyalaya No.2, Punjabi Bagh, New Delhi under celebration of *Rashtriya Poshan Maah2024* on 26.09.2024



Under the observance of *Swachhata hi Seva 2024*, an awareness lecture was taken by Dr. Shaiz Layeeq, Research Officer (Ay.) on "Role of Cleanliness for maintenance of general well being" for the students and teachers of Sarvodaya Kanya Vidyalaya, Punjabi Bagh West, ND on 26.09.2024.



As a part of the celebration of *Swachhata Hi Seva 2024*, hygiene kits and safety gears were distributed for the protection of Housekeeping staff by Dr. Bhari, Director (Institute) on 27.09.2024.



केंद्रीय आयुर्वेद अनुसन्धान संस्थान, नई दिल्ली में दिनांक 3.10.2024 को **हिंदी पखवाड़ा समापन समारोह 2024** आयोजित किया गया। इस समारोह में प्रतियोगिताओं के विजेताओं को निदेशक महोदया एवं डॉ. हेमंत पाणिग्रही, अनु. अधि. (आयु.) द्वारा प्रमाण पत्र वितरित किए गए।



Press conference was held by CCRAS-CARI, ND to **Highlight the 100 days achievements of the institutes** under aegis of Ministry of Ayush on 08.10.2024



Launching ceremony of ground breaking project in collaboration with AIIMS entitled “*Improving the QOL for the elderly population in the surrounding villages of Dayalpur PHC, Ballabgarh*” on 16.10.2024



Dr. Shweta Mata, R.O.(Ay.) delivered a guest lecture during **Pharmacovigilance Awareness Program** organized by A & U Tibbia College & Hospital, New Delhi on 16.10.2024



9th Ayurveda Day celebration with Focal theme “*Ayurveda Innovation for Global Health*” has been formally initiated at CARI, ND on 19.10.2024.



Under the celebration of **9th Ayurveda Day**, CARI, New Delhi organized Ayurveda Food Festival on 22.10.2024



As a part of celebration of **9th Ayurveda Day**, an awareness lecture was taken by Dr. Shweta Chaudhary, R.O (Ay.) and Dr. Kuldeep, R.O.(Ay.) at *Dr. Rajendra Prasad Kendriya Vidyalaya, Rashtrapati Bhawan*, on 25.10.2024



A medical camp was organised by Dr Shaizi Layeeq, R. O. (Ay), CARI, New Delhi under **9th Ayurveda Day** Celebrations at CSIR- NIScPR, SV Marg Campus, New Delhi on 25.10.2024.



Under celebration of **9th Ayurveda Day**, *Run for Ayurveda* event was organized under the leadership of Dr. Bharti, Director (Institute) on 26.10.2024



Dr. Shivshankar Rajput delivered an orientation lecture focusing on the importance of Ayurveda as a part of celebrations of the upcoming 9th Ayurveda Day & Foundation of MBBS 2024 batch of Safdarjung Hospital, Delhi on 18.10.2024





On the Auspicious occasion of ***Dhanwantari Poojan, 9th Ayurveda Day*** celebrations has been done at CARI, New Delhi, and its satellite centres i.e. *Ayush Wellness Centre, President's Estate, ATC, Safdarjung Hospital, ATC, Lady Hardinge Hospital, Delhi* on 29.10.2024



Inauguration of Centre of Excellence in Sustainable Ayush For Advanced technologies solutions, start-up support and net zero sustainable solutions for Rasaushadhies at *Indian Institute of Technology (IIT), Delhi* by Honourable PM on 9th Ayurveda Day 29.10.2024



Inauguration of Centre of Excellence in Ayurveda and system medicines under *Ayurswathya Yojana* at *JNU* by Honourable PM on 9th Ayurveda Day celebration on 29.10.2024



CARI, New Delhi organized workshop/ sensitisation programme on **Preventive Vigilance** with invited speaker LK Ganguli Ex Director (Admin/Finance)&secretary ministry of tourism Govt. of India, in view of *Vigilance Awareness Campaign* on 11.11.2024



दिनांक 11.12.2024 को मेजर ध्यान चंद स्टेडियम, नई दिल्ली में भारतीय खेल प्राधिकरण, नई दिल्ली द्वारा नराकास की **छमाही बैठक** का आयोजन किया गया। इस बैठक में संस्थान की ओर से डॉ. सीमाजैन, अनु. अधि. (आयु.) व प्रभारी हिंदी अधिकारी तथा सोनाली शर्मा, अनुवादक (हिंदी सहायक) ने भाग लिया

56^{वाँ} स्थापना दिवस

1 दिसम्बर, 2024

केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्

आयुष मंत्रालय, भारत सरकार, नई दिल्ली



केन्द्रीय आयुर्वेद अनुसंधान संस्थान

प्लॉट नं. 66, पंजाबी बाग (एस्टिपसा), नई दिल्ली-110026

शुभचत्वार्षिक सेवाएँ

सीसीआरएएस 19 एनएबीएच-आयुषता प्राप्त अस्पतालों के साथ शुभचत्वार्षिक स्वास्थ्य देखभाल, 14-आयुषता प्राप्त प्रयोगशालाओं के माध्यम से उच्चतम शिक्षण, 6 एनएबीएच-आयुषता प्राप्त केंद्रों पर विश्वस्तरीय सेवा प्रदाताओं और 5 जीएनपी-प्रमाणित फार्मेशियों से सुसज्जित एवरेड सुविधाएँ प्रदान की जाती हैं।

सहयोग और जवाबदेही के माध्यम से अनुसंधान उत्कृष्टता की ओर

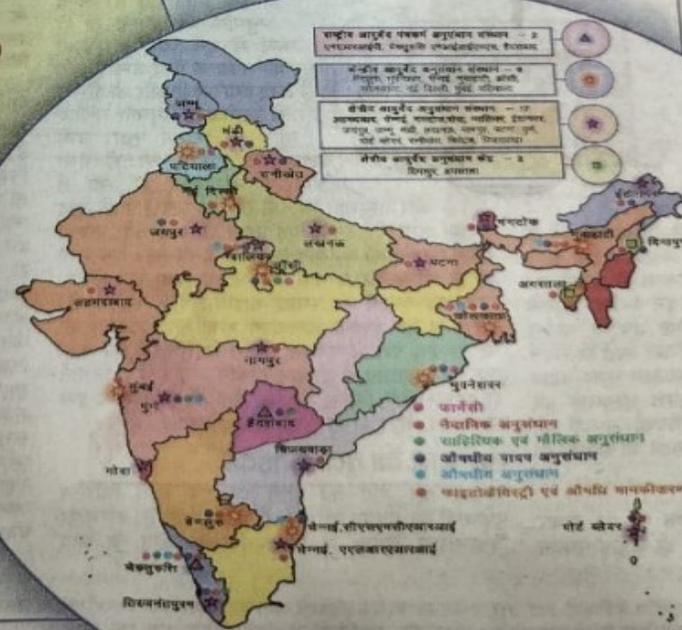
- वैधानिक अनुसंधान (25 परिधीय संस्थान)**
प्रमुख सहयोग : निम्हांस, आईआईएससी, टीएमसी मुंबई, आईसीएमआर, सीएसआईआर, आईएलबीएस, एम्स (मुबनेश्वर, नई दिल्ली, चोपाल), जीयूडीसीएएसयू, आदि।
- सांख्यिक एवं मौलिक अनुसंधान (5 परिधीय संस्थान)**
प्रमुख सहयोग : टीडीयू, टीएमवी पुणे, सीडीक पुणे, एवीएस, कोटक्वेल, जेएनय
- फाइटोकेमिस्ट्री और औषधि मानकीकरण (7 परिधीय संस्थान)**
प्रमुख सहयोग : आईआईटी (इंदौर, दिल्ली) एनबीआरआई, सीएटी, डीबीटी, संबलपुर यूनिवर्सिटी, सीडीआरआई
- औषधीय पादप अनुसंधान (18 परिधीय संस्थान)**
प्रमुख सहयोग : आईसीएमआर, जेएनयू, एनबीआरआई, टीडीयू, आईएआरआई, एनआईपीआईआर, जीकेबीके, सीएफटीआरआई, बीएयय
- औषधीय अनुसंधान (6 परिधीय संस्थान)**
प्रमुख सहयोग : एसीटीआईसी, सीएसआईआर-आईआईसीबी, एनआईआरआईएच, आईएलबीएस, आईआईटी गुवाहाटी, एनआईपीआईआर आईआईटीआर लखनऊ, सीडीआरआई लखनऊ, सीवीएस

सीसीआरएएस अनुसंधान उत्पाद

आयुष 56 - मिर्गी
आयुष सीसीटी - हर्बल चाय
आयुष एजी - प्रसवपूर्व देखभाल
आयुष पीके - प्रसवोत्तर देखभाल
केवीएम सिरप - बाल चिकित्सा देखभाल
आयुष घुट्टी - खांसी और जुकाम
आयुष एसजी - रुमेटॉइड आर्थराइटिस
आयुष पीई - एलर्जिक कॉंजक्टिवाइटिस
आयुष बीआर लेहम - बाल चिकित्सा देखभाल
आयुष पीजी टैबलेट - प्रसवपूर्व देखभाल
आयुष 82 - टाइप II डायबिटीज मेलिटस
आयुष एसएस ग्रैनुल्स - प्रसवोत्तर देखभाल
आयुष 84 - मलेरिया, कोविड-19 (निवारक)
बाल रसायन - बच्चों में सामान्य रोग प्रतिरोधक क्षमता

सेवाएँ एवं सुविधाएँ

- ओपीडी, आईपीडी सेवाओं, एनएबीएच मान्यता प्राप्त टीजे (पेथोलॉजी और बायो-केमिस्ट्री), विषय उपचार प्रक्रियाओं - क्षार स्नान चिकित्सा, पंचकर्म चिकित्सा, क्रियाकल्प चिकित्सा और जलोत्का चिकित्सा के साथ एनएबीएच मान्यता प्राप्त अस्पताल।
- संस्थान की पोषणटी (दत्ता मेघे डीप्ट यूनिवर्सिटी, सर्घा, महाराष्ट्र) और पंचकर्म तकनीशियन प्रशिक्षण पाठ्यक्रम (स्विट्स काउंसिल ऑफ इंडिया) के लिए मान्यता प्राप्त है।



राष्ट्रीय आयुर्वेद संस्थानों का नक्शा

- राष्ट्रीय आयुर्वेद संस्थान (नई दिल्ली)
- वैधानिक अनुसंधान संस्थान (नई दिल्ली)
- सांख्यिक एवं मौलिक अनुसंधान संस्थान (पुणे)
- औषधीय पादप अनुसंधान संस्थान (गुवाहाटी)
- औषधीय अनुसंधान संस्थान (लखनऊ)

CBC 17216/13/0014/2425

Dainik Jagran Newspaper coverage on 56th Foundation Day of CCRAS, New Delhi on 30/11/2024.



100 day intensified campaign on TB elimination was launched at CARI, New Delhi by Dr. Bharti, Director (Institute) on 03.01.2025.



Lamp Enlightening event of *Foundation Stone Laying Ceremony* of New Building of CARI, New Delhi by Secretary of Ministry of Ayush, DDG (MoA), DG-CCRAS and Director (Institute) at Rohini on 05.01.2025



Foundation Stone Laying Ceremony of New Building of CARI, New Delhi by Honourable PM at Rohini on 05.01.2025



Officers and Officials of CCRAS-CARI at **Foundation Stone Laying Ceremony** of New Building of CARI, New Delhi at Rohini on 05.01.2025



The building site with its inventory at FC-5, A-block, Rohini, New Delhi has been handed over to CPWD by officers and officials of CARI, for further construction activities on 16.01.2025.



A program was conducted to celebrate the announcement of **“Ayush Medical Coding and Records Day”**, to be observed annually on 10th January starting from 2025. A lecture was delivered by Dr. Sudha, Research Officer (Ayurveda), & Nodal Officer for the Namaste Portal, on the **“Significance of Observing Ayush Medical Coding and Records Day”** at CARI, Punjabi Bagh, on 13th January 2025.



As a part of **100 Day Intensified Campaign on TB elimination** launched by the government, an awareness lecture on **“Diagnosis, Management, and prevention of Tuberculosis”** was delivered by Dr. Meenakshi Suri, R.O. (path) for the entire staff of CARI, New Delhi on 17.01.2025.



Central Ayurveda Research Institute (CARI), New Delhi, showcased its initiatives at the Ayush Pavilion, under the theme **“Ayush Ke Sath Swastha Bharat, Viksit Bharat”**, during Bharat Parv at Red Fort, New Delhi from 26th-31st January 2025.



As a part of the **100 Day Intensified Campaign on TB elimination** , a *Nikshay pledge* was taken by the entire staff of CARI, New Delhi in the presence of Dr. H. Panigrahi, R.O. (Ay.), I/C on 31.01.2025



Dr. Shweta Mata, RO (Ay.), delivered a guest lecture on **"Holistic Approach to Prevention of OPMDs & Oral Cancer"** at Department of Dental & Oral Surgery, LHMC, NOHP, MoHFW on 04.02.2025



CCRAS-CARI, New Delhi, team Dr. Kishor Patel, R.O. (Ay.) & Dr. Shrawan Sahu, R.O. (Ay.) participated in '38th Surajkund International Crafts Mela' at Surajkund, Faridabad, Haryana on 11.02.2025



A Tripartite MoU was signed among CARI-CCRAS, New Delhi, AIIA Sarita Vihar, Delhi & Parul Institute of Ayurveda & Research, Vadodara at CARI, New Delhi for collaborative research on **Osteopenia Project under SMART 2.0** on 19.02.2025



Northern Region organised a **Trade Show, Health Tech India 2025** at the Pragati Maidan, ND from 20-22 Feb 2025. On behalf of CCRAS, Dr. Saroj, Research Officer (Ay.) & Dr. Shivani Puri, JRF (Ay.) from CARI, New Delhi participated and gave free consultation and awareness to the visitors.



Ayush Ministry stall was awarded with the **Best Stall Award** at *Rise in India* at Ghaziabad on 22.02.2025



Dr. Bharti, Director (Institute) delivered *Inaugral Address* at one day conference on *Ayurvedic Concept of Ama and Shotha in the context of Disease & Modern Medicine* organised by School of Biotechnology, School of Life Sciences JNU; in association with ICGEB, CARI-CCRAS New Delhi at JNU, on 24.02.2025



Dr. Babita Yadav, R.O. (Ay.) delivered a Guest lecture during *Hands-on training cum Workshop on Ayurvedic Concept of Ama and Shotha in the context of Disease & Modern Medicine* organised by School of Biotechnology, School of Life Sciences JNU; in association with ICGEB, CARI-CCRAS New Delhi at JNU, under Functional Centre of Excellence on Ayurveda & System Medicines, JNU from 25.02.2025 to 01.03.2025



Dr. Shaizi Layeeq, R.O. (Ay.) attended a *Hands-on training cum Workshop on Ayurvedic Concept of Ama and Shotha in the context of Disease & Modern Medicine* organised by School of Biotechnology, School of Life Sciences JNU; in association with ICGEB, CARI-CCRAS New Delhi at JNU, under Functional Centre of Excellence on Ayurveda & System Medicines, JNU from 25.02.2025 to 01.03.2025



The *Pharmacovigilance Awareness Program* was organized among OPD patients, their attendants, and staff by the PPvC team of CARI-CCRAS, New Delhi on 04.03.2025



Officers & officials of CARI, New Delhi present during *Closing Meeting of BIS 2nd Stage Audit team* at Conference Room on 12.03.2025. No any Major & Minor NCs observed during Audit.



BIS 2nd Stage Audit team with officers & Officials of CARI, New Delhi on 12.03.2025



As a part of the *100 Day Intensified Campaign on TB Elimination*, an awareness lecture on *Tuberculosis & its prevention* was delivered at Mukharjee Nagar & IEC material was also distributed for Tuberculosis awareness under AMHCP-SCSP 2024-25 on 20.03.2025.



CCRAS-CARI Delhi showcased its initiatives at International Conference on “*Global Perspectives of Medicinal Plants*” at Ramjas College, DU (March 20-21, 2025). The team lead by Dr. Sakshi Sharma, R.O. (Ay.) set up an exhibition stall, displayed IEC Brochures & Raw Drugs, and offered expert counselling on Ayurvedic wellness



Under aegis of “*100-day campaign for TB Elimination*” activities, an interactive session and awareness lecture for staff was delivered by Dr. Meenakshi Suri, R. O. (Path.) in the conference room of CARI, New Delhi on 20.03.2025.



An awareness lecture on *Heat wave and its Impacts- Prevention and Treatment* was delivered by Dr. Seema Jain, Research Officer (Ay.) to the officers & officials of CARI, New Delhi on 20.03.2025.



Dr. Bharti, Director (Institute) attended *CCRAS-Avalokana-2025*, a two day meeting centered on reviewing and planning CCRAS Nifty activities at RIC, Jaipur from 21.03.2025-22.03.2025



Dr. Bharti, Director (Institute) awarded with *QMS Certification for IS/ISO 9001:2015* at CCRAS-Avalokana-2025, RIC, Jaipur from 21.03.2025-22.03.2025



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MSC-F6.4-12 Issue – 04

भारतीय मानक ब्यूरो BUREAU OF INDIAN STANDARDS

गुणता प्रबंध पद्धति प्रमाणन लाइसेंस LICENCE FOR THE QUALITY MANAGEMENT SYSTEMS CERTIFICATION

601-A, Konnectus Tower-1, 6th Floor, DMRC Building, Bhavbhuti Marg, New Delhi-110002
601-ए, कनेक्टस टॉवर-1, छठी मंजिल, डीएमआरसी बिल्डिंग, भवभूति मार्ग, नई दिल्ली-110002

लाइसेंस सं. म.क्षे.का/क्यूएमएस/एल – 8004510

Licence No. CRO/QMS/L- 8004510

1. भारतीय मानक ब्यूरो अधिनियम, 2016 (2016 का 11) द्वारा प्रदान की गई शक्तियों के आधार पर, ब्यूरो By virtue of the power conferred on it by, the Bureau of Indian Standards Act 2016 (11 of 2016), the Bureau hereby grants to

मैसर्स केन्द्रीय आयुर्वेद अनुसंधान संस्थान
धनवन्तरी भवन, रोड नं. 66
पंजाबी भाग (पश्चिम)
नई दिल्ली - 110026

M/s. Central Ayurveda Research Institute
Dhanvanrti Bawan, Road No. 66,
Punjabi Bagh (West),
New Delhi - 110026

को (जिन्हें इसके बाद लाइसेंसधारी कहा गया है)। इसके साथ लगी अनुसूची में विशेष रूप से वर्णित उत्पादों और/या सेवाओं या प्रक्रमों के संबंध में ब्यूरो के गुणता प्रबंधन प्रणाली प्रमाणन के लाइसेंसधारियों के रजिस्टर (री) में उसी संख्या से सूचीबद्ध होने का अधिकार और लाइसेंस प्रदान करता है, जो इस लाइसेंस की है। इस प्रकार के उत्पाद और/या सेवाएं या प्रक्रम लाइसेंसधारी द्वारा, आईएस/आईएसओ 9001 : 2015 के अनुरूप गुणता प्रबंध पद्धति के अनुसार केवल ऊपर बताएं गए पते (पत्तों) पर निर्मित/प्रदत्त/ प्रचालित किए जाएंगे।

(hereinafter called the Licensee) the right and licence to be listed in the Bureau's register(s) of Licensees of **Quality Management System Certification** in respect of the products and/or services of processes particularly described in the schedule hereto, bearing the same number as this licence. Such products and/or services or processes shall be manufactured/ provided/carried out by the Licensee at only the address (es) given above, and under the Quality Management Systems in accordance with

IS/ISO 9001:2015

2. यह लाइसेंस इस लाइसेंस का विनियम करने वाले उपरोक्त अधिनियम और इसके अधीन बनाए गए नियमों और विनियमों के संबद्ध प्रावधानों के अंतर्गत स्वीकृत किया गया है और लाइसेंसधारी एतदद्वारा ब्यूरो को उपरोक्त नियमों और विनियमों का विधिवत पालन करने का वचन देता है।

The licence is granted subject to the relevant provisions of the above Act and the Rules and Regulations made there under governing the licences referred to above, and the Licensee hereby covenants with the Bureau duly to observe with the said Rules and Regulations.

यह लाइसेंस 24 मार्च 2025 से 23 मार्च 2028 तक वैध होगा और इसका विनियमों के अनुसार नवीकरण किया जा सकेगा।

This licence shall be valid from 24th March 2025 to 23th March 2028 and may be Re-certified as prescribed in the Regulations.

2025 के अप्रैल माह के चौथे दिन हस्ताक्षरित एवं मुहरोंकित।

Signed, Sealed and dated this Fourth day of April 2025.

भारतीय मानक ब्यूरो
BUREAU OF INDIAN STANDARDS
मुख्य क्षेत्रीय कार्यालय/Central Regional Office
601-ए/कनेक्टस टॉवर-1, छठी मंजिल, डीएमआरसी बिल्डिंग, भवभूति मार्ग, नई दिल्ली-110002

Dr. R K Tyagi
Deputy Director General (Central)
भारतीय मानक ब्यूरो के लिए
FOR BUREAU OF INDIAN STANDARDS



Page 1 of 2

CCRAS-CARI accredited with IS/ISO 9001:2015 Certification (BIS accreditation) with effect from 24th March 2025 to 23rd march 2028.

Details of MOU Signed

S. No.	Details of MoU (project details, etc.)	Name of the Institute/ Universities/ Organization	Date of Execution of MoU	Purpose of the MoUs	Period of MoU	Progress made/ activities undertaken	Outcomes/ intended benefits
1.	A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)	All India Institute of Medical Sciences, New Delhi	04.04.2022	To carry out the collaborative research project "A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)" henceforth name as project as per the terms and conditions and guidelines of CCRAS Research Policy.	33 months	<ul style="list-style-type: none"> Project got initiated on 11.10.2022 Progress till 31.03.2023 Patients enrolled- 20 Screening failure- 23 Drop out- 1 Continuing patients-19 	<ul style="list-style-type: none"> The outcomes of this study will help in planning large-scale study on Ayurveda interventions in the management of primary osteoarthritis. The evidence generated through large-scale studies will facilitate the implementation of Ayurveda interventions in the national programs related to osteoarthritis management.
2.	"Clinical evaluation of Ayurvedic management in Allergic Rhinitis - A Randomized Controlled Trial"	Vardhman Mahavir Medical College and Safdarjung hospital	12.01.2023	To conduct clinical study on Allergic rhinitis.	30 months	<ul style="list-style-type: none"> IEC and CTRI has been done. Draft drug procurement is also prepared. 	<p>Primary Objective</p> <p>To assess the efficacy of Ayurvedic management on CARAT score in Allergic Rhinitis (<i>Vataja Pratishyaya</i>) by comparing it with a conventional control group</p> <p>Secondary Objective</p> <p>To assess the efficacy of Ayurvedic management on Nasal endoscopy Index in Allergic Rhinitis (<i>Vataja Pratishyaya</i>) by comparing it with a conventional control group.</p> <p>To assess the clinical safety of Ayurvedic management in the treatment of Allergic Rhinitis (<i>Vataja Pratishyaya</i>) by comparing it with a conventional control group.</p>

3.	“Clinical evaluation of <i>Trinkantamani Pishiti</i> along with <i>Ashokarishta</i> in the management of <i>Raktapradara w.s.r. menorrhagia</i> - A Pilot Study”	Vardhman Mahavir Medical College & Safdarjung Hospital	12.01.2023	To conduct a clinical study on raktapradar.	36 months	<ul style="list-style-type: none"> IEC and CTRI has been done. Draft drug procurement is also prepared. 	<p>Primary Objective: To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradar).</p> <p>Secondary Objectives: To assess the efficacy of Ayurveda intervention on Quality of life of the women with menorrhagia (Raktapradar).</p>
4.	Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial	Vardhman Mahavir Medical College & Safdarjung Hospital	14.03.2023	To conduct a clinical study on PCOS	36 months	<ul style="list-style-type: none"> IEC and CTRI has been done. Drug procurement is also sent. 	<p>Outcomes measures</p> <p>a) Primary : Primary Outcome Measure</p> <ul style="list-style-type: none"> Attainment of normal menstrual cycle length (21-35days) <p>[Time frame: at base line & end of the treatment]</p> <ul style="list-style-type: none"> Changes in hirsutism as per modified Ferriman-Gallwey (FG) Score. <p>[Time frame: at base line, 140th day & 200th Day.]</p> <ul style="list-style-type: none"> Attainment of ovulation (By clinically or USG) <p>[Time frame: at base line, end of the treatment]</p> <p>b) Secondary : Secondary Outcome Measures</p>

							<input type="checkbox"/> Changes in Acne score and acanthosis nigricans. [Time frame: at base line, 140th day & 200th Day.] <input type="checkbox"/> Changes in abdominal girth/waist circumference & BMI. [Time frame: at base line, 200th day.] <input type="checkbox"/> To assess the clinical safety of coded Ayurvedic formulation Ayush-SSM. [Time frame: at base line and 200th day.]
5.	Randomized control trial of “Anshumati Ksheer Paka” in hypertension-induced left ventricular hypertrophy	Vardhman Mahavir Medical College & Safdarjung Hospital	14.03.2023	To conduct a clinical study on “Anshumati Ksheer Paka” in hypertension-induced left ventricular hypertrophy	36 months	<ul style="list-style-type: none"> IEC is awaited 	Outcomes measures : a) Primary : 1. Changes in Left Ventricular Mass Index from baseline [Time Frame: Baseline, 3 months, 6 months] b) Secondary : 1. Number of participants with reduction of left ventricular hypertrophy [Time Frame: Baseline, 3 months,6 months] 2. Changes in Left Ventricular Ejection Fraction [Time Frame: Baseline, 3 months, 6 months] 3. Changes in Left Ventricular

							<p>end systolic/ Diastolic volume</p> <p>[Time Frame: Baseline, 3 months, 6 months]</p> <p>4. Changes in Inflammatory (CRP, IL-6) and cardiovascular blood markers (BNP, Troponin T)[Time Frame: Baseline, 3 months,6 months]</p> <p>5. Number of participants with Adverse Event</p> <p>[Time Frame: Baseline, 3 months, 6 months]</p> <p>6. Safety profile (CBC, LFT, KFT, e-GFR) assessment</p> <p>[Time Frame: Baseline, 3 months, 6 months]</p>
6.	<p>Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study</p>	<p>MoU between Central Council for Research in Ayurvedic Sciences (CCRAS), N.D</p> <p>Uttarakhand Ayurveda University, Gurukul Campus, Haridwar, U.K</p> <p>Rajiv Gandhi Govt Post Graduate Ayurvedic College and Hospital Paprola, Distt. Kangra – H.P</p> <p>Parul Institute of Ayurved, Parul</p>	17.02.2023	<p>To conduct clinical study on Primary Knee Osteoarthritis in different institutes.</p>	2 years	<ul style="list-style-type: none"> • Project not started yet. • IEC and CTRI registration is pending. • Budget not received yet. 	<p>Objectives:</p> <p>Primary Objective:</p> <ul style="list-style-type: none"> ➤ To compare the effects of multimodal Ayurveda interventions versus standard care on knee pain and functional disability <p>Secondary Objectives:</p> <ul style="list-style-type: none"> ➤ To compare the effects of multimodal Ayurveda interventions versus standard care on range of motion of knee joint ➤ To compare the change in the need of rescue

		University, AP Limda, Tal Waghodia, Vadodara – Gujrat & Faculty of Ayurveda, Institute of Medical Sciences, Banaras Hindu University (BHU), Varanasi – U.P					<p>analgesic medication</p> <ul style="list-style-type: none"> ➤ To compare the Change in quality of life after the study interventions ➤ To compare the effects of Ayurveda interventions versus standard care on knee structural changes (delay of the structural progression of OA) ➤ To compare the effects of Ayurveda interventions versus standard care on inflammatory biomarkers ➤ To compare the change in Bone mineral density ➤ To compare the proportion of participants experiencing any Adverse Event/ Adverse Drug Reaction
7.	Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention- <i>Dhatri Lauha</i> in the management of Iron Deficiency Anemia: An open label single arm study	MoU between Central Council for Research in Ayurvedic Sciences (CCRAS), N.D & Ch. Brahm Prakash Ayurved Charak Sansthan, Government of NCT of Delhi, An Autonomous Institution, Khera Dabar, Najafgarh, New Delhi-110073 & MSM Institute of Ayurveda, BPS Mahila Vishwavidyalaya, Khanpur, Sonipat,	17.02.2023	To conduct clinical study on IDA in different institutes.	2 years	<ul style="list-style-type: none"> • Project not started yet. • IEC of every institute completed and got IEC Certificate. • CTRI registration is pending. • Budget not received yet. 	<p>1. Assessment of the tolerability of the Ayurvedic intervention through reported incidence of treatment-emergent adverse events and serious adverse events during the study period.</p> <p>2. Assessment of treatment adherence through self-reported compliance log and used medication containers/strip</p>

		Haryana -131305 & Rajiv Gandhi Govt Post Graduate Ayurvedic College and Hospital Paprola, Distt. Kangra – H.P & Shubhdeep Ayurvedic College Gram Datoda, Khandwa Road, Indore (M.P.)-452020					
8.	“An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabgarh district of Haryana- A community based study.”	Central Council for Research in Ayurvedic Sciences, and All India Institute of Medical Sciences, New Delhi	28.03.2023	To conduct clinical study on impact of Ayurveda regimen on QoL among elderly population in the community of Ballabgarh District of Haryana	3 years and 6 months	<ul style="list-style-type: none"> • Project not started yet. • IEC approval received • CTRI registration is pending. • Budge received and released to collaborating institute-AIIMS, New Delhi 	<p>Primary objective-</p> <p>To assess the impact of Ayurveda regimen on QoL among elderly population in the community of Ballabgarh District of Haryana</p> <p>[Secondary Objective-</p> <p>1. To assess the impact of Ayurveda regimen on haematological and biochemical, radiological parameters among elderly population in the community of Ballabgarh District of Haryana.</p> <p>2. To assess the impact of Ayurveda regimen on health status of elderly population in the community of Ballabgarh District of</p>

							Haryana
9.	Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study	Safdarjung Hospital, New Delhi	14.03.2023	To carry out the collaborative research project titled “Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study” henceforth name as project as per the terms and conditions and guidelines of CCRAS Research Policy at Safdarjung Hospital through CCRAS institute, CARI Delhi.	39 months	<ul style="list-style-type: none"> Supply order of trial medicines placed to IMPCL. IEC of this project is pending at SJH, New Delhi. 	The outcomes of this study will help in providing preliminary data regarding efficacy and safety of Ayurveda interventions (<i>Pushkar Guggulu</i> and <i>Haritaki</i>) as an add-on to standard care for Stable Coronary Artery Disease and facilitate planning large-scale study on Ayurveda interventions for the management of CAD. The evidence generated through large-scale studies will facilitate the implementation of Ayurveda interventions in the treatment protocols for managing Coronary Artery Disease. participants.
10.	Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services;	Jawaharlal Nehru University New Delhi	22.05.2024	People from the drug and marketing industry will be contacted and data will be collected	3 years	Ongoing study	This collaboration aims to foster innovation in the management and commercialization of Ayush products and services, marking a new phase of growth for the sector.
11.	“Exploring the Role of Prakriti in Host-Pathogen Interactions”.	Jawaharlal Nehru University New Delhi	19.12.2024	The project is to be executed at following four field institutes of the CCRAS viz. i. National Ayurveda Research Institute for Panchakarma (NARIP), Cheruthuruthy;	3 years	Ongoing study	Enrollment of the subjects as per the protocol and the Prakriti assessment of the enrolled subjects will be done by CCRAS four institutes. The samples of Blood of the subjects will be collected by the CCRAS four institutes and provided to the JNU for execution

				<p>ii. Central Ayurveda Research Institute (CARI), Bhubaneswar;</p> <p>iii. Raja Ramdeo Anandilal Podar Central Ayurveda Research Institute (RRAP-CARI), Mumbai;</p> <p>iv. Regional Ayurveda Research Institute (RARI), Lucknow</p>			of study at JNU.
12.	<p>“Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A propectivesingle arm multi centric study”</p>	<p>All India Institute of Ayurveda and Parul Institute of Ayurveda</p>	19.02.2025	<p>CCRAS CARI New Delhi has decided to enter into an MoU with All India Institute of Ayurveda (AIIA), New Delhi and Parul Institute of Ayurveda And Research, Vadodara to undertake a research project entitled Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single arm multicentric study” under Scope for Mainstreaming Ayurveda Research in Teaching professionals (SMART) 2.0 program</p>	3 years	<ul style="list-style-type: none"> Will be initiated shortly 	<p>Participants will be screened aand enrolled at both the study centers as per the protocol and abiding the clauses of CCRAS Research Policy.</p>

