

I. Administrative Report

1. Staff pattern as per format given below:

(Ref: - Council's letter No. 7-2/2018-CCRAS/Tech./HQ./5675 dated 14.03.2019)

Staff pattern (31.03.2024 updated)

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
1	Director (Institute)	01	Dr. Bharti	-	F	Neither	-
2	Assistant Director (Ayurveda)	01	-	01	-	-	Dr Sarada Ota, transferred to CARI, Bhubaneshwar on 21.06.2023 from CARI, New Delhi
3	Assistant Director (Medicine)	01	-	01	-	-	-
4	Assistant Director (Bio- Chem.)	01	-	01	-	-	-
5	Assistant Director (Pathology)	01	Dr. Renu Makhija	-	F	Neither	-
6	Administrative Officer	01	-	01	-	-	-
7.	Research Officer (Ayurveda)	20	i. Dr. H. Panigrahi ii. Dr. Anu Bhatnagar iii. Dr. Sakshi Sharma iv. Dr. Seema Jain v. Dr Babita Yadav vi. Dr. Patel Kishorji Premaji vii. Dr. Mata Shweta viii. Dr. Rajput Shiv Shankar ix. Dr. C. Ashwin x. Dr. Athira S. xi. Dr. ShaiziLayeeq xii. Dr. Saroj Devi Dr. Sudha Kumari Chiluveri xiv. Dr. Shweta Chaudhary xv. Dr. Neha Dubey xvi. Rinky Devi Thakur	-	M F F F F M F M F F F F F F F	Neither Neither + PWD Neither Neither OBC Neither Neither Neither + PWD OBC Neither Neither SC OBC SC Neither ST	21 Research Officer posted at CARI and Satellite Centres Dr Amit transferred to CARI, Guwahati on 13.11.2023 from CARI, New Delhi Dr Pramod Chandra Dwivedi transferred to RARI, Gwalior on 20.03.2024

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
			xvii. Dr. Kuldeep		M	OBC	
			xviii. Dr. SharwanKumar Sahu		M	OBC	
			xix. Dr Swati Sharma		F	Neither	
			xx. Dr. Renu Rani		F	Neither	
			xxi. Dr. Mayur Surana		M	Neither	
8	Research Officer (Path.)	01	Dr. Ashima Jain	-	F	Neither	02 Research Officer (Path) posted at CARI New Delhi
			Dr Meenakshi Suri		F	Neither	Joined on transfer from RARI, Jammu 27.03.2024
9	Assistant Matron	01	Ms. Moutusi Biswas	-	F	Neither	
10	Asst. Research Officer (Physiotherapy)	01	Ms. Disha Garg	-	F	Neither	
11	Sister - in - charge	02	i. Ms Salubai Mangate	-	F	ST	Joined on transfer from CARI, Mumbai 19.06.2023
			ii. Ms Sima Hutait		F	Neither	Joined on transfer from CARI Kolkata 26.06.2023
12	Statistical Assistant	01	-	01	-	-	
13	Hindi Assistant	01	Smt. Sonali Sharma	-	F	Neither	
14	Staff Nurse	08	1. Ms. Shweta Chaudhary		F	SC	
			2. Smt. Priya Chugh		F	Neither	
			3. Ms. Akansha Sharma		F	Neither	
			4. Smt Ekta		F	SC	
			5. Smt Arannya Mukhjree		F	Neither	
			6. Ms. Monu Sharma		F	Neither	
			7. Sh Munesh		M	ST	
			8. Sh Dipender		M	OBC	Newly appointed 17.05.2023
15	Pharmacist Gr-I	7	1. Sh. Pramod Kumar	02	M	Neither	
			2. Sh. Baccharaj Kumhar		M	OBC	
			3. Sh. Gorav		M	SC	
			4. Sh. Manish Kumar		M	Neither	

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
			5. Sh Veerendra Gupta		M	OBC	
16	Radiographer	01	-	01	-	-	
17	Security In-charge	01	-	01	-	-	
18	Social Worker	01	-	01	-	-	
19	Stenographer Grade-'I'	01	-	01	-	-	
20	Assistant	01	Sh Rajnath Rawat	-	M	SC	02 Assistant posted at CARI New Dehi
			Sh Mukesh	-	M	SC	Joined on transfer from CCRAS, New Delhi 26.06.2023
21	Electrician	01	-	01	-	-	
22	Laboratory Technician	06	i. Sh. V.S.Pandey	02	M	Neither	
			ii. Sh. Nempal Singh		M	ST	
			iii. Sh. Abhishek Gautam		M	Neither	
			iv. Sh Lakhmi Chand Yadav		M	OBC	
23	Panchakarma Technician	04 (2 M + 2 F)	i. Sh Vinod kumar	02	M	Neither	Newly appointed 18.09.2023
			ii. Sh Pradeep Mehta		M	OBC	Newly appointed 11.09.2023
24	Private Secretary	01	-	01	-	-	-
25	Upper Division Clerk	05	Sh. Ankit Thakran	04	M	Neither	Sh Shiwashankar Rai Retired on 30.04.2023
26	Dark Room Assistant	01	Smt Sweta Bhardwaj	-	F	Neither	-
27	Library & Information Assistant	01	Sh Ashish Bajpayee	-	M	Neither	Joined on transfer from CCRAS, New Delhi 31.05.2023
28	Driver	02	Sh. Sunil Kumar	01	M	SC	
29	Gestetner Operator	01	-	01	-	-	
30	Lower Division Clerk	05	i. Sh. Himanshu	03	M	SC	
			ii. Sh Sonu		M	OBC	
31	Laboratory Assistant	01	-	01	-	-	
32	Laboratory Attendant	03	i. Sh. Surender Mohan Sihara	-	M	ST	
			ii. Sh. Amit	-	M	SC	

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
			iii. Sh Bhupender Singh		M	SC	
33	Cook	03	-	03	-	-	Sh Dhanesh transferred to RARI, Patna on 27.12.2023
34	Dresser	01	-	01	-	-	
35	Panchakarma Attendant	08	Smt. Kalawati	07	F	ST	
36	Ward Aya	06	i. Smt. Roopa	03	F	Neither	Sh Bharat Kumar Sharma resigned on 03.10.2023
			ii. Sh Kumar Vivek		M	Neither	
			iii. Sh Sagar		M	PWD+SC	
37	Chowkidar	04	i. Sh. Kirodh Kumar	02	M	Neither	Sh Desh Raj Singh Retired on 31.05.2023
			ii. Sh. Krishna Gopal		M	SC	
38	Dhobhi	01	Sh. Ravinder	01	M	SC	
39	Kitchen Servant	03	-	03	-	-	
40	Labourer/Farma Attendant	03	i. Sh. Bhim Sen	-	M	SC	
			ii. Sh Deepak Chauhan		M	Neither	
			iii. Sh Manjeet		M	Neither	
41	Mali	02	Sh Shiv Raj Meena		M	ST	
			Sh Aman		M	SC	
42	Peon	08	i. Sh. Om Prakash	03	M	Neither	
			ii. Sh. Dharmveer Singh		M	OBC	
			iii. Sh. Rahul		M	SC	
			iv. Sh. Nagendra		M	Neither	
			v. Sh. Sunil		M	SC	
43	Safaiwala	06	-	06	-	-	
44	Ward Boy	06	Sh. Raghubir Singh	04	M	Neither	Sh Amit Kumar transferred to RARI, Jammu on 06.01.2024
			Sh. Vijay Kumar		M	Neither	Joined on transfer from CARI, Patiala 26.12.2023
45	Female Attendant (MTS)	01	-	01	-	-	

The posts below are not in the sanctioned strength of the Institute

1. Ms Aastha Dawar, A.R.O (Clinical Psychology), Whether SC/ST/OBC- Neither
(Ref: - Council's letter No.12-45/2015-CCRAS/Estt./1627 dated 05.09.2016)
2. Sh. Anil Kumar, Animal Attendant, SC

2. No. of Staff according to the group

S.No.	Group	Number of Staff						Whether roster maintained or not
		General	SC	ST	OBC	Others	Total	
1.	A	18	2	1	5	-	26	Yes
2.	B	9	4	2	1	-	16	Yes
3.	C	17	13	4	5	-	39	Yes
4.	D	-	-	-	-	-	-	Yes
Total		44	19	7	11	-	81	

3. Expenditure

S.No.	Components	S.T. Category	Others	Total
1	Male Components	3133099	44298552	47431651
2	Female Components	2951896	55640897	58592793
Total		4289548	6084995	99939449

4. a) Brief report on Infrastructure of the Institute

Establishment	:	The Institute was established in 1979
Staff working	:	Please see page no 1
Building Own or Rented	:	Rented
Laboratory	:	Biochemistry, Pathology, X-Ray
Any Other	:	OPD, IPD, Panchakarma, Ksharsutra, Leech therapy, Eye OPD, Geriatric OPD, Athritis clinic, Preventive Cardiology& life style clinic, ENT clinic, Balroga, Physiotherapy, Clinical Psychology.

b) OPDs running at different places:

- Clinical Research Unit (Ay.) at Safdarjung Hospital, New Delhi.
- Ayurvedic Treatment Centre at Lady Hardinge Medical College and Hospital, New Delhi.
- First Aid Post at Supreme Court, New Delhi.
- Ayurveda Treatment Centre at PGIMER, Dr. Ram Manohar Lohia Hospital, New Delhi.

- Ayush Wellness Clinic at President's Estate, New Delhi.
- CCRAS- JNU Ayurveda Treatment & Research Facility, Delhi.
- CSIR-NPL, Delhi: OPD once a week.
- Press Club of India: OPD once a week.

5. Resources generated during the year from OPD/IPD/Lab/Panchakarma/Medical plants sale etc.

S.No.	Section	Amount
1	OPD	307820
2	IPD	588660
3	X Ray	78688
4	Panchkarma	692806
5	Lab	113640
6	Physiotherapy	18114
7	Ksharsutra	7458
8	Eye	165442
9	ENT	64016
	Total	2036644

6. Details of the Budgetary Provision to the Institutes during the reporting period:

Scheme	B.E. (In Lakh)	Fund received In Lakh)	Actual expenditure (In Lakh)
Plan-Contingency	407.21	407.21	407.21
RA	222.00	222.00	222.00
Non-Plan Pay & Allowances	1088.53	1088.53	1088.53
Total	1717.74	1717.74	1717.74

7. List of members of Institutes Ethical Committee & Central Ethics Committee

Sl. No.	Name & Address	Discipline	Designation
1.	Prof. Subir Kumar Maulik, Dept. of Pharmacology, AIIMS	Basic Medical Scientist (Pharmacology)	Chairperson
2.	Prof. Rajesh Khadgawat Dept. of Endocrinology & Metabolism, AIIMS	Clinician (Modern Medicine)	Member
3.	Dr. Jasbir Kaur, Prof. & Officer-in-charge Dept. of Ocular Biochemistry Dr. R.P. Centre for Ophthalmic Sciences, AIIMS, New Delhi	Basic Medical Scientist (Bio-chemistry)	Member
4.	Prof. Mahesh Vyas, Professor & Head, Dept. of Samhita & Siddhant, AIIA, Sarita Vihar, New Delhi	Ayurveda Expert	Member
5.	Dr. Anil Kumar Gupta, Advocate	Legal Expert	Member
6.	Dr. Avadhesh Kumar Srivastava, Ayurveda Maha Sammelane	Social Scientist/Non- Govt. Agency	Member
7.	Sh. Rama Krishnan, Administrative Officer, Rashtriya Ayurveda Vidyapeeth	Lay Man (Non-Medical Person)	Member
8.	Prof. R.P. Singh, Centre for Philosophy School of Social Sciences, JNU	Philosopher	Member
9.	Dr. Bharti, Director (Institute) CARI, New Delhi	Member Secretary	Member Secretary

II. Technical Report

1. Programme allotted and completed during the reporting period

S.No.	Name of the programme	New Programme		Remarks
		Target	Target Achieved	
A. COLLABORATIVE PROJECTS				
1.	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine. (CARI, New Delhi)	120	Completed: 100 Drop Out: 20	Completed
	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine. (RML, New Delhi)	120	62	Continued
2.	Development and Validation of Computerized Niruha Basti Yantra (A medicated Enema tool) - <i>Collaborative project with IIT</i>	-	Completed Basti yantra shifted to CARI, ND in Nov 23	Completed
3.	Randomized Double-Blind Placebo controlled Clinical Study of Ayurvedic coded drug AYUSH-A in the management of Bronchial Asthma (Tamak Shwas)- Collaborative study with AIIMS	100	100-Enrolled 71-Completed 21-Drop Out 08-Continue	Continued
4.	Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study	37	28	Continued
5.	Prospective Double-Blind Randomized Controlled Clinical Study On Ayurvedic Intervention (Sarpagandha Mishran) Vs Amlodipine For The Management Of Stage-I Primary Hypertension	150	120	Completed
6.	A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)	150	49	Continued
7.	Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial	90	10	Continued
8.	Efficacy of Ayurveda interventions in the management of <i>menorrhagia (Raktapradara)</i> –	140	24 enrolled	Continued

	A randomized controlled trial			
9.	Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention- <i>Dhatri Lauha</i> in the management of Iron Deficiency Anemia: An open label single arm study	480 (120 from each center)	20 enrolled (4 centres)	Continued
10.	Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study	480 (120 from each center)	134 enrolled (4 centres)	Continued
11.	Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in the prevention and reduction of the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study	1660	1660-Enrolled 1541-Completed 119-Drop OUT	Completed
12.	Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study	100	01 patient enrollment	Continued
13.	“A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery”	220	Yet to be initiated	-
14.	“An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community-based study”	400	Yet to be initiated	-
15.	Randomized controlled trial of “ <i>Anshumati Ksheer Paka</i> ” in hypertension induced left ventricular hypertrophy	110	Yet to be initiated	-

B. IMR Research Projects

16.	Evaluation of AYUSH- SR tablet in Occupational Stress Among Nurses – A Randomized Double-Blind Placebo Controlled Clinical Study”	120	98 completed 22 drop out	Completed
17.	Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study	140	120	Continued
18.	Clinical assessment of the efficacy of	180	40	Continued

	Ayurvedic management in PCOS – a randomized open-label control trial			
19.	Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial	100	45	Continued
20.	“Clinical Efficacy and safety of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) – A randomized open level prospective clinical trial”	90	84-completed 06-drop out	Study completed in Dec 23
21.	A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis	30	11 enrolled	Continued
22.	“Efficacy and Safety of AYUSH SR tablet in the management of stress among university students –A double-blind randomized placebo-controlled study	70	04 enrolled	Continued
C. Observational Survey Study				
23.	Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicenter cross-sectional survey study			Continued
24.	"Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study"			Continued
D. OUT REACH ACTIVITIES				
25.	AMHCP Under SCSP 2023-24	In 5 villages Target- 3750 SC Population	SC Population covered- 3892 Patient Treated - 7070 House covered - 701 Total Visits - 193 Date of initiation-	Completed

			(09.05.2023)	
26.	“Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study” Under SCSP 2023-24	40	30-completed 10-drop out	Completed
E. Pharmacovigilance of ASU & H Drugs				
27.	Pharmacovigilance of ASU & H Drugs		Continued	
F. Literary Study- Life Profile of Ayurveda Luminary				
28.	Life Profile of Ayurveda Luminary -Vd Bhagwan Dash		Completed	
29.	Life Profile of Ayurveda Luminary –Vd. Prof. Shri Ram Sharma		Completed	
30.	Life Profile of Ayurveda Luminary - Vd. Labhshankar Shukla		Completed	
31.	Life Profile of Ayurveda Luminary - Vd Bhaskarbai Hardikar		Completed	
32.	Life Profile of Ayurveda Luminary - Dr. S.C Dhyani		Completed	
33.	Life Profile of Ayurveda Luminary –Dr. M. S. Baghel		Completed	

2. Submission of Information for Research outcomes presented in Seminar/Workshop/Conference for the year 2023-24 (April, 2023 to March, 2024)

S. No.	Name of the Corresponding author	Type of Research Publication (Research Article/ Review article)	Citation of the Research Publication (Research Article) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medio-Ethno-Botanical Survey, Cultivation, Agrotechniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	Indexing agency i.e. Scopus, Pubmed, UGC care, Web of Science etc.	DOI, ISSN	Name of Institute/Centre
1.	Dr. Hemanta Kumar Panigrahi- as co-author	ocol Article	Agrawal, T., Inamdar , S., Panigrahi , H. K. and Rathod , P. (2024) “Randomized, Single Blind, Standard Controlled, Equivalence Clinical Trial to Evaluate the Comparative Efficacy of Eladi Kasaya Versus Tranexamic Acid Tablet in the Management of Asrigdara (Heavy Menstrual Bleeding): A Clinical Trial Protocol”, Journal of Pharmaceutical	ical Research	13/03/2024	Web of science , US national library of medicine catalog , index copernicus, chemical extract service, googlescolor , science open	N:2231-2919 DOI:10.9734/jpri/2024/v36i37502	RI, New Delhi

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			Research International, 36(3), pp. 1-9.					
2.	Dr. Hemanta Kumar Panigrahi- as co-author	Research Article	The Role of Agni karma in the management of Avbahuka : A Case Report International Journal of AYUSH case reports VOL -6 NO 4(2022) OCT-DEC	report	Oct-Dec 2023	Googlescolr	ISSN-2457-0443	RI, New Delhi
3.	Dr. Sakshi Sharma as Co-author	Literary Research	Ram JB, Yadav B, Ashwathykutty V, Jameela S, AhmedA, Thrigulla SR, et al. SwasthyaAssessment Scale (SAS)-Ayurveda based health assessment tool-insights on its development and validation. AYU 2021;42:151-5.	Literary Research	17.05.2023	Pub Med	10.4103/ayu.ayu_40_21	CARI, New Dei
4.	Dr. Bharti Dr. Babita Yadav, Dr. Sakshi Sharma as Co-author	Protocol article	Babita Yadav ¹ , Neha Dubey ¹ , Sumeet Goel ¹ , Sakshi Sharma ¹ , Varsha Sumedhan ¹ , Dr. Rakesh Rana ² , Richa Singhal ³ , BCS Rao ⁴ , N. Srikanth ⁵ and K. S. Dhiman. Evaluation of efficacy and safety of Ayush-HR in the management of Pre-Hypertension: A Study protocol for a double-blind randomized controlled clinical study. BEPLS Vol 12 [6] May 2023	ocol article	May, 2023	Web of science &UGC care Listed	ISSN NO 2277-1808	RI, New Delhi

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

5.	Dr. Sakshi Sharma as Co-author	Review Article	Chauhan D, Sethi L, Tyagi M, Sharma S. Millets: The sustainable ancient superfood for the modern world. J Drug Res Ayurvedic Sci 2023;8:S34-41	Review Article	09.11.2023	UGC care Listed	DOI: 10.4103/jdras_248_23	CARI, New Delhi
6.	Dr. Barti, Dr. Sakshi Sharma as Co-author	Literary Research	Singh R, Sharma L, Ota S, Gupta B, Singhal R, Rana R, et al. Development of a standardized assessment scale for assessing Prakriti (psychosomatic constitution). AYU 2022;43:109-29.	Literary Research	20.11.2023	PubMed	10.4103/ayu_239_22	CARI, New Delhi
7.	Dr. Seema Jain- as co-author	Review Article	Anup J, Poonam S, Seema J, Role of Panchakarma Chikitsa in the Management of Katigraha (Lumbar Spondylosis): A Literature Review Journal of Clinical and Diagnostic Research. 2024 Apr, Vol-18(4): YE01-YE04	Clinical Research	1 st April 2024	Cross ref	DOI: 10.7860/JCDR/2024/62954.19250	DMH E & R, Wardha & CARI, ND
8.	Dr. Shweta Mata-First & Corresponding author Dr. Bharti, Dr. Babita Yadav- as co-authors	Research Article	Mata, Shweta; Singh, Harbans; Makhija, Deepa; Baheti, Sandip; Yadav, Babita; Jameela, Sophia; Khanduri, Shruti; Singhal, Richa; Rao, Bhogavalli Chandrasekhara; Gupta, Bharti1; Srikanth, Narayanam3; Dhiman, Kartar Singh. A clinical study to evaluate the efficacy of Ayurvedic	Clinical Research	12-12-2023	UGC Care	10.4103/jras.jras_29_23	CARI, New Delhi

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			interventions in the management of Pinasa (chronic rhinosinusitis). Journal of Research in Ayurvedic Sciences 7(4):p 213-220, October-December 2023.					
9.	Dr. Shweta Mata-First & Corresponding author Dr. Bharti, Dr. Babita Yadav, Patel, Kishor- as co-authors	Research Article	Mata, Shweta; Dave, Parth; Bhardwaj, Naresh; Pereira, Carlton; Patel, Kishor; Bhurke, Laxman W; Yadav, Babita; Sharma, Bhagwan Sahai; Singhal, Richa; Rao, Bhogavalli Chandrasekhara; Gupta, Bharti; Srikanth, Narayanam; Dhiman, Kartar Singh. Effect of ayurvedic interventions in the management of allergic rhinitis - An open label multi-centre single arm clinical study. Journal of Research in Ayurvedic Sciences 7(4):p 206-212, October-December 2023.	Clinical Research	12-12-2023	UGC Care	10.4103/jras.jras_40_23	CARI, New Delhi
10.	Dr. Swati Sharma as a Co Author	Review article	Tripathi Ankur, Fiaz Shasmsa, Sharma Swati, A Comprehensive Review of Diabetic Retinopathy and Diabetic Macular Edema from an Ayurveda Point of View. International Research Journal of Ayurveda & Yoga Vol. 6(11), pp. 61-64, November, 2023	Fundamental Research	November 2023	Google scholar Ebsco Base Indexing Protico PKP SCILIT Crossref ICI	DOI: 10.47223/IRJAY.2023.61113	CARI, New Delhi

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

11.	Dr. Swati Sharma as a Co-Author	Review article	Balakrishnan, Praveen; Subhose, V.; Mahajon, Bidhan ¹ ; Sharma, Swati ¹ ; Jain, Avinash Kumar ¹ ; Khanduri, Shruti ¹ ; Makhija, Pratap ¹ ; Kumar, Adarsh ¹ ; Srikanth, Narayanam ¹ ; Acharya, Rabinarayan ¹ . Globalization of Ayurveda: A traditional Indian system of medicine – Current challenges and way forward. International Journal of Ayurveda Research 4(4):p 248-254, Oct–Dec 2023.	Breif Report	December 2023	Baidu Scholar, CNKI (China National Knowledge Infrastructure), EBSCO Publishing's Electronic Databases, Ex Libris – Primo Central, Google Scholar, Hinari, Infotrieve, National Science Library, ProQuest, TDNet, Wanfang Data	DOI: 10.4103/ijar.ijar_83_23	CARI, New Delhi
-----	---------------------------------	----------------	---	--------------	---------------	--	------------------------------	-----------------

3. Submission of Information for Book Chapter/Papers in Seminar proceedings published for the year 2023-24 (April, 2023 to March, 2024)

S. No.	Name of the Corresponding author	Type of Research Publication (Book Chapter/Papers in Seminar proceedings)	Citation of the Research Publication (Book Chapter/Papers in Seminar proceedings) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medio-Ethno-Botanical Survey, Cultivation, Agrotechniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	ISBN	Name of Institute/ Centre
1.	Dr Hemanta Kumar Panigrahi	Enicient surgery revolved	NA	Literary research	2023	ISBN; 978-93-91783-04-4	Mahatma Gandhi Ayurveda

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

		around rakta and marma					college , hospital and research institute , Wardha
2.	Dr. Sudha Kumari K.G	Seminar proceedings	Dr. C. Sudha Kumari, Dr.Bharti. Optimizing Mental Health Through Dietary Advocacies: Insights and Wisdom from Ayurveda. Mind, Brain, And Consciousness Conference Perspectives from Indian Knowledge System (MBCC-2023).Special Session - III: Ayurveda. 2023 December 13. Indian Knowledge System and Mental Health Applications (IKSMHA) Centre, IIT Mandi	Literary research	December 2023	Published in website (https://iksmha.iitmandi.ac.in/mbcc/)	IIT Mandi

4. Submission of Information for Book/Monograph published for the year 2023-24 (April, 2023 to March, 2024)

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

S. No.	Name of the Corresponding author	Type of Research Publication (Book/ Monograph)	Citation of the Research Publication (Book/ Monograph) [Vancouver style]	Discipline (Biotechnology, Biochemistry and Molecular Biology, Micro Biology, Medicinal Plant Research [Medio-Ethno-Botanical Survey, Cultivation, Agrotechniques, Tissue Culture etc.], Drug Standardization [Quality Control, Quality Assurance, Pharmacognosy], Pharmacology & Safety studies, Veterinary Research, Fundamental Research, Clinical Research including Epidemiological Studies, Medico Historical studies and Literary research)	Date of publication (Month & Year)	ISBN	Name of Institute/ Centre
1.	Dr. Seema Jain	E book	SHASHWAT AYURVEDA - 2024 Ayurveda for Holistic Health	Clinical Research	Jan 24	978-81- 19585-58-8	DMHE & R, Wardha,& CARI,ND

5. Submission of Information for Research outcomes presented in Seminar/Workshop/Conference for the year 2023-24 (April, 2023 to March, 2024)

S. No.	Name of the Author (S)	Title of the paper presented	Name of the conference/Seminar/ Webinar/Workshop	Name of the organizer and venue	Date of the event	Name of the Institute/ Centre
1	Dr. Hemanta Kumar Panigrahi	Study of Diabetes in India	Annual Conference of Research Society for diabetes in India	Bhubaneswar	12-13 th August 2023	CARI, Punjabi bagh
2	Dr. Sudha Kumari K.G	“Evaluating Safety and Efficacy of Integrative Ayurveda and Yoga Intervention as add-on therapy in Geriatric depression/ Late Life	National Level workshop on “Geriatrics: Integrative approach and challenges”, Session on “Integrative approach in neuro cognitive disorders”	CARI, Bengaluru	06.10.2023	CARI, Punjabi bagh

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

		Depression -A Prospective Randomized Open Blinded Endpoint (PROBE) Study” a zero-draft proposal				
3	Sudha Kumari K.G	“Optimizing Mental Health Through Dietary Advocacies: Insights and Wisdom from Ayurveda”	“International Conference on Mind, Brain, and Consciousness (MBCC)” , Special Session on “Ayurveda”	IIT, Mandi	14.12.2023.	CARI, Punjabi bagh
4	Dr. Shweta Mata, R.O. (Ay.)	Presented a zero draft presentation on, “To develop minimum Standard requirements to practice Kriyakalpa in a hospital/clinical set up” at a Brainstorming session on the development of standard operative procedure and standardization of Netra Kriyakalpa organized by CARI, Bengaluru.	National	CARI, Bengaluru	08.09.2023 & 09.09.2023	CARI, Punjabi bagh
5	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.) Dr. Renu Rani,	Actively participated and presented mid-term review & planning of CCRAS Nifty activities of CARI, New Delhi, at CCRAS-Manthan 2023, organized by CCRAS	National	CCRAS Hqrs, New Delhi.	25.09.2023 & 26.09.2023	CARI, Punjabi bagh

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

	R.O (Ay.)	Hqrs, New Delhi.				
6	Dr. Shweta Mata, R.O. (Ay.)	Presented a presentation & delivered lecture as a guest speaker in the CME organized by Vishwa Ayurveda Parishad, NIA branch, Jaipur on the topic, “Pratishyay: Ayurveda and modern aspects and its Ayurvedic management”	National	Vishwa Ayurveda Parishad, NIA branch, Jaipur	27.10.2023	CARI, Punjabi bagh
7	Dr Swati Sharma, R.O.(Ay.)	Potential area of Research in Kaumarbhritya	Online learning management system Ayurveda and the development of e modules of CME of Kaumarbhritya by the Ministry of Ayush through RAV	All India Institute of Ayurveda, New Delhi	09.12.2023	All India Institute of Ayurveda, New Delhi
8	Dr. Renu Rani	A Comparative Clinical Study of Gandhakadi Yoga with and without Rasayana Vati in the Management of Beejadushtijanya Pandu (Thalassemia Major) In Children	International Conference on “Recent Advances in child health care”	DSSRAU, Jodhpur, Rajasthan	28-30 December 2023	CARI, Punjabi bagh

6. Seminar/Conference/Workshop organized by the Institute:

S. No.	Title of Seminar/Conference	National/ International	Date
1.	Organized various awareness lectures at schools for the observance of International year of Millets 2023 at CARI New Delhi.	Institutional	April, 2023
2.	Conducted review meeting in view of Avalokana 2023	Institutional	11.04.2023
3.	Organized IEC meeting for various projects of the institute	Institutional	12.04.2023
4.	Organized a Yoga session at Institute under the celebration of Fire Service week	Institutional	19.04.2023
5.	Conducted Lecture and Training on Fire Mock Drill under the celebration of Fire Safety Week	Institutional	19.04.2023
6.	Conducted SRF interview for the various projects of CARI, New Delhi	Institutional	21.04.2023
7.	Organized various lectures & activities under celebration of World Environment Day	Institutional	May 2023
8.	Organized various lectures & activities under celebration of Azadi ka Amrit Mahotsava 2.0	Institutional	May, 2023
9.	Organized oath-taking activity under the celebration of World Environment Day	Institutional	18.05.2023
10.	Organized lecture on “Creating awareness against sexual harassment at workplace” by Adv. Meenu Abrol at CARI, Punjabi Bagh.	Institutional	10.05.2023
11.	Organized a meeting to discuss OPD-related issues.	Institutional	25.05.2023
12.	Observance of World Environment Day and distribution of plants i.e. Tulasi and Guduchi	National	05.06.2023
13.	Observance of World Accreditation Day at CARI, New Delhi	National	09.06.2023
14.	Organized a Blood group checking camp under the observance of Rakta ka amrit mahotsava on World Blood Donors Day	Institutional	14.06.2023
15.	Organized a national webinar entitled, “Pharmacovigilance for ASU & H drugs” at CARI, New Delhi, Peripheral Pharmacovigilance Centre (PPvC)	National	15.06.2023
16.	Organized the Mass Yoga Performance following Common Yoga Protocol as a part of Observation of 9th International Day of Yoga (IDY), 2023 at CARI, Punjabi Bagh, New Delhi	National	21.06.2023
17.	Organized the National Seminar on Millets- Aahara for Good Health, organized by CARI, New Delhi	National	26.05.2023
18.	□□□□□□ □□□□□ □□□□□□□□□□ □□□ □□□□□□ “□□□□□□□□ □□ □□□□□ □□□ □□□ □□□ □□□□□□□□ □□□ □□□□□□□□□□ □□□□□ □□ □□□□□□□” □□□□ □□ □□□ □□□□□□□□□□ □□	Institutional	28.06.2023

43.	Organized one-day training program of CCRAS-BEST Training for SMART Investigators for the collaborative Research Projects under SMART program of Iron Deficiency Anemia.	National	27.10.2023
44.	Organized Slogan Competition under Swacchta Pakhwada.	Institutional	28.10.2023
45.	Organized essay writing competition on “Bhrashtacharkohatanekeupaya” under VAW, 2023	National	31.10.2023
46.	Organized one day training on "Ethics Guidelines for Biomedical & Health Research involving Human Participants” organized by CARI, New Delhi at Ayush Auditorium, CCRAS, Hqrs.	National	03.11.2023
47.	Organized lecture on the topic "Balancing Health and Harmony- Ayurveda's path to Holistic Wellbeing" to the staff & students of CSIR-National Physical Laboratory, New Delhi as part of 8 th Ayurveda Day celebration	Institutional	03.11.2023
48.	Organized Medical Camp at CSIR-NPL as a part of 8 th Ayurveda Day Celebration	Institutional	03.11.2023
49.	Organized 8 th Ayurveda Day at CARI, New Delhi	National	November, 2023
50.	Organized the program of biker's rally at CARI, New Delhi as a part of the observance of Ayurveda day celebration, 2023	Institutional	05.11.2023
51.	Organized a talk on "Principles and Practice of Ayurveda for Health and Wellness" for the staff of the Institute of Genomics and Integrative Biology - CSIR as a part of 8 th Ayurveda Day Celebration in virtual mode.	Institutional	06.11.2023
52.	Organized Awareness Lecture in Police Bhawan CID special Branch with special Permission of Rajneesh Gupta Joint commissioner of Police, on the topic of “ <i>Role of Ayurveda in Life style Disorders</i> ” in view of Ayurveda Day celebration.	Intra-institutional	06.11.2023
53.	Organized Run for Ayurveda- an activity of 8 th Ayurveda Day celebration	National	07.11.2023
54.	Organized an invited talk on "Ayurveda Advocacies for Health and Wellness" at the office of the Department of Public Enterprises, New Delhi as a part of public health awareness campaign of the 8 th Ayurveda Day Celebration.	Institutional	09.11.2023
55.	Organized an awareness lecture at CSIR-NIScPR (National Institute for science & communication and policy research), Pusa campus, New Delhi under 8 th Ayurveda Day celebration at CSIR Labs.	Institutional	09.11.2023
56.	Organized Health Check-up Camp for the Officials of CSIR-NIScPR (National Institute for science & communication and policy research), Pusa campus, New Delhi in compliance of CCRAS HQ directions regarding organizing the activity under 8 th Ayurveda Day celebration at CSIR Labs.	Institutional	09.11.2023

57.	Organized interview for the post of SRF(Ay) at CARI, New Delhi	Institutional	14.11.2023
58.	Organized National Constitution Day celebration at institute level along with Oath taking and a special Lecture on the Indian constitution delivered by Mrs. Meenu Abrol i.e. Legal Consultant CCRAS HQ.	At Institute level	28.11.2023
59.	Organized Institutional ethical committee Meeting (IEC) Meeting in virtual mode in the Chairmanship of Prof. S K Maulik Chairman of the committee regarding the clearance and appraisal of the projects.	Institutional	29.11.2023
60.	Organized ██████████ ██████████ ████████████████████ ██████████ ██████████ ██████████	Institutional	18.12.2023
61.	Organized ██████████ ████████████████████ ██████████ "██████████████████ ██████████ ██████████ ████████████████████" ██████████ ██████████ ██████████ ██████████████████ ██████████ ██████████ ██████████ ██████████ (██████████████████), ████████████████████ ████████████████████ ████████████████████, ██████████████████ ████████████████████ ████████████████████ ████████████████████ ██████████████████ ██████████ ██████████	Institutional	26.12.2023
62.	Observation of Republic Day at CARI, Punjabi Bagh, New Delhi	Institutional	26.01.2024
63.	Organized a meeting related to DIB of New Institute/Hospital building with CPWD Officials and Project Consultants at Ministry of Ayush, New Delhi	Institutional	06.02.2024
64.	Organized a meeting of the Delegated Investment Board for construction of Hospital Building at Sector-28, Rohini, New Delhi, a unit of Central Council for Research in Ayurvedic Sciences, JanakPuri, New Delhi at Ministry of Ayush, New Delhi	Institutional	19.02.2024
65.	Organized Spill Management Training as a part of NABH at CARI, New Delhi	Institutional	15.03.2024
66.	Organized Cardiopulmonary resuscitation (CPR) Training as a part of NABH at CARI, New Delhi	Institutional	18.03.2024
67.	Observation of Poshan Pakhwada Celebration from 09 th March to 23 th March 2024	Institutional	09.03.2024 to 23.03.2024
68.	Organized in Biomedical waste Training as a part of NABH at CARI, New Delhi	Institutional	19.03.2024
69.	Organized Handwash training for the staff of CARI, New Delhi	Institutional	19.03.2024
70.	Organized Hindi Rajbhasakaryanvayan Sameeti meeting.	Institutional	26.03.2024
71.	Organized ██████████ ████████████████████ ████████████████████ ██████████████████ ██████████ ████████████████████ ████████████████████- "██████████████████ ████████████████████ ████████████████████ ██████████" ██████████████████ ██████████ ██████████ ██████████ ██████████ ██████████ ██████████ ██████████ ██████████████████ ████████████████████ ████████████████████ ████████████████████ ██████████████████ ██████████ ██████████ ██████████ ██████████ ██████████ ██████████ ██████████	Institutional	27.03.2024

	□□□□□□ □□□□□□ □□□ □□□□□□□□ □□		
72.	Organized Multidisciplinary Committee meeting under the chairmanship of Director Institute	Institutional	14.03.2024
73.	Organized an awareness lecture on Cyber Crime at CARI, New Delhi	National	06.03.2024
74.	Organized Therapeutic committee meetings under the chairmanship of the Director institute for Pharmacy related components of NABH.	Institute level	27/03/2024

7. Seminar/Conference/Workshop/Meeting participated by the Officers:-

Sl. No.	Name of the participant	Title of Seminar/ Conference/Workshop	National/ International	Date of Participation
1.	Dr. Shweta Mata, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Organized various awareness lectures at schools for the observance of International year of Millets 2023 at CARI New Delhi.	Institutional	April, 2023
2.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended “The Autism National CME” on virtual mode organized by The Indian Academy of Pediatrics on the occasion of IAP Autism Day.	National	02.04.2023
3.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Exploring Vasthi Protocols in Different Clinical Conditions’ by Dr. Ashvini Kumar M. MD (Ay), Ph.D. organized by Sitaram Ayurveda Research Foundation.	National	02.04.2023
4.	Dr. Bharti, Director(Institute)	Attended Review meeting at CCRAS Headquarter (Avalokana- 2023)	National	5-6 April 2023
5.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘A Scientific overview of Agnikarma (Therapeutic Cauterisation) with a Clinico-radiological Study’ by Dr. M. Bhaskar Rao BAMS (Gold Medalist) MD (Ay), Ph.D. organized by Sitaram Ayurveda Research Foundation.	National	09.04.2023
6.	Dr. Bharti, Director(Institute) Dr. Seema Jain, R.O. (Ay.)	Meeting to open technical quotation of outsourcing of investigations for the project “Efficacy of Ayurveda nutritional supplements and Yoga protocol in the prevention and reduction of the severity of Acute Mountain Sickness: an open-label randomized controlled study”	National	10.04.2023

7.	All Technical Officers	Participated in a meeting in related to Avalokana 2022-23 chaired by the Director, Institute.	Institutional	11.04.2023
8.	Dr. Bharti, Director(Institute)	IEC meeting for various projects of the institute	Institutional	12.04.2023
9.	Dr. Shweta Mata, R.O. (Ay.)	Organized and participated IEC meeting for various projects of the institute.	Institutional	12.04.2023
10.	Dr. Seema Jain, R.O. (Ay.)	Presented 02 projects before the Institutional Ethics Committee (IEC) meeting.	National	12.04.2023
11.	Dr. Bharti, Director(Institute) Dr. Seema Jain, R.O. (Ay.)	Attended VC meeting to discuss the issues related to the execution of the collaborative research project "AMS-LEH".	National	12.04.2023
12.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the webinar on the theme, "Painless Tooth Extraction by Jalandhar Bandh Yog Method" by Dr. Haridra Dave, Prof & HOD, Dept. of Shalakyatantra, govt. Ayurveda College, Ahmedabad.	National	12.04.2023
13.	Dr. Bharti, Director(Institute) Dr. Seema Jain, R.O. (Ay.)	Attended Bid meeting of collaborative research project "AMS-LEH"	National	13.04.2023
14.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – 'Principles and Practice of Thalam and Thalapothishil - An Exploration' by Dr. Simi Raveendran MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	16.04.2023
15.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting at CCRAS Hqrs. under the chairmanship of DG, CCRAS, along with the Director, Institute and other RO's posted at Safdarjung Hospital, and Lady Hardinge Hospital.	Institutional	17.04.2023
16.	Dr. Bharti, Director(Institute) Dr. Seema Jain, R.O. (Ay.)	Attended VC meeting to discuss the issues related to the execution of the collaborative research project "AMS-LEH"	National	17.04.2023
17.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O. (Ay.)	Training regarding the study protocol and GCP guidelines for the investigators and research staff of the clinical study titled "Efficacy of Ayurveda nutritional supplements and Yoga protocol in the prevention and reduction of the severity of Acute Mountain Sickness: an open-label randomized controlled study".	National	17.04.2023
18.	Dr. Shweta	Delivered a guest lecture on the topic,	National	18.04.2023

	Chaudhary, R.O. (Ay.),	‘Healthy Eating habits’ to the students of 11 th and 12 th standard at Dr. Rajendra Prasad Kendriaya Vidyalaya, President’s Estate under the program ‘Tarunotsava 2023-24’.		
19.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shrawan Sahu, R.O. (Ay.)	Delivered an awareness lecture on Importance of Millets taken at MCD Pratibha school, Punjabi Bagh (W).	Institutional	19.04.2023
20.	All Technical Officers & officials	Participated in Yoga session at Institute under Fire Service week	Institutional	19.04.2023
21.	All Technical Officers & officials	Participated in Fire Mock Drill and Training held under the celebration of Fire Safety Week	Institutional	19.04.2023
22.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O. (Ay.)	Training on GCP guidelines to the research team members for a collaborative clinical study titled "Efficacy of Ayurveda nutritional supplements and Yoga protocol in the prevention and reduction of the severity of Acute Mountain Sickness: an open-label randomized controlled study".	National	20.04.2023
23.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting with Oriental Insurance Company regarding AMS-Leh project.	National	20.04.2023
24.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the Webinar on Pharmacovigilance Awareness Programme for ASU&H Drugs at Mahesh Bhattacharya Homeopathic Medical College and Hospital.	National	21.04.2023
25.	Dr. Hemant Panigrahi, R.O. (Ay.) Dr. Seema Jain R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Conducted SRF interview for the various projects of CARI, new Delhi	Institutional	21.04.2023
26.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O. (Ay.)	1 ST DSMB meeting for AMS Leh project,	National	21.04.2023
27.	Dr. Shweta Mata, R.O. (Ay.)	Secured Gold plated silver medal for securing highest marks in MD (Ay.) first year and final year from ITRA, Jamnagar, at 28 th	National	25.04.2023

		convocation ceremony of Gujarat Ayurved University, Jamnagar.		
28.	Dr. Seema Jain, R.O. (Ay.)	Nominated as member of the committee to engage project staff in the stream of Ayurveda for CSIR-TKDL projects at CSIR, New Delhi	National	26.04.2023 & 27.04.2023
29.	Dr. Bharti, Director (Institute) Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting held in the chamber of Dr. Ajay Shukla, Medical Superintendent, ABVIMS, Dr. RML Hospital, Delhi regarding. Establishment of the Department of integrated medicine in ABVIMS, Dr. RML Hospital; along with Dr. BCS Rao, Asstt. Director (Ay.), CCRAS, Dr. H.O. Kaushik, Asstt. Director (Coord.), CCRAS, New Delhi.	Institutional	27.04.2023
30.	Dr. Shweta Chaudhary, R.O. (Ay.),	Attended GIT focus group meeting for protocol discussions.	National	27.04.2023
31.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the Shalakyia focus group meeting.	National	28.04.2023
32.	Dr. Kishor Patel, R.O. (Ay.)	Participated in Virtual Meeting for the collaborative research project entitled “An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community based study”	Institutional	28.04.2023
33.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – Clinical Journey of an Experienced Clinician - Case by Case exploration by Dr. Pulak Kanti Kar, MD (Ay), Ph.D. organized by Sitaram Ayurveda Research Foundation.	National	30.04.2023
34.	Dr. Seema Jain, R.O. (Ay.)	Delivered duty as Chairman of the selection committee for the selection of contractual staff for the SCSP project.	Institutional	01.05.2023
35.	Dr. Shweta Chaudhary, R.O. (Ay.)	Represented Ayurveda OPD, Panchakarma section & Ayurveda Stall to the President and other higher officials of the President's Secretariat during their visit to AWC-Presidents' Estate	Institutional	01.05.2023
36.	Dr. Seema Jain R.O. (Ay.) Dr. Kishor Patel R.O. (Ay.)	Reviewed the progress of projects under the SMART Program.	National	04.05.2023
37.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Successful practice of Rasaushadhis - Experience sharing by an eminent clinician’	National	07.05.2023

		by Prof. Dr. P. Murali Krishna MD (Ay), PhD organized by Sitaram Ayurveda Research Foundation.		
38.	Dr. Bharti Director (institute) Dr. Kishor Patel R.O. (Ay.) Dr. Amit R.O. (Ay.)	Attended a meeting to discuss the strategy for initiation of the proposed SMART Collaborative Clinical Research project entitled “Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-Based Study”	Institutional	08.05.2023
39.	All technical officers	Attended lecture on “Creating awareness against sexual harassment at workplace” by Adv. Meenu Abrol at CARI, Punjabi Bagh.	Institutional	10.05.2023
40.	Dr. Bharti Director (institute) Dr. Kishor Patel R.O. (Ay.) Dr. Amit R.O. (Ay.)	Attended a meeting to review the status of the collaborative project entitled, “Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study”	Institutional	11.05.2023
41.	Dr. Sudha Kumari K.G, R.O (Ay).	Delivered an awareness lecture on “Role of Ayurveda in Mental Health and Stress” as a part of Lecture series on the theme “Health and Well-being” under AKAM 2023 at CARI, Punjabi Bagh.	Institutional	12.05.2023
42.	All technical officers	Attended SPARROW training for APAR 2022-23 for all officers & officials organized by CCRAS.	National	12.05.2023
43.	All technical officers	Delivered an awareness lecture on “Role of Ayurveda in Mental Health and Stress” as a part of Lecture series on the theme – Of health and Well-being under AKAM 2023 at CARI, Punjabi Bagh.	Institutional	12.05.2023
44.	Dr. Sudha Kumari K.G, R.O (Ay).	Submitted the “Minutes of the meeting regarding Establishment of Department of Integrated Medicine” held on 27.04.2023 along with a “Brief Proposal for Space/ Infrastructure requirements for the establishment of the department of integrated Medicine in ABVIMS, Dr. RML Hospital” to the Medical Superintendent, ABVIMS, Dr. RML Hospital, New Delhi	Institutional	13.05.2023
45.	All technical officers	Attended half-day workshop on "Orientation to design public health research proposals for grant"	National	18.05.2023
46.	All technical officers	Participated in oath-taking as an activity in celebration of World Environment Day.	Institutional	18.05.2023

47.	Dr. Shweta Mata R.O. (Ay.)	Participated in Shalakyia focus group meeting.	National	18.05.2023
48.	Dr. Kishor Patel R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Kuldeep R.O. (Ay.) Dr. Amit R.O. (Ay.)	Attended SPARROW Training for APAR.	National	19.05.2023
49.	Dr. Seema Jain R.O. (Ay.) Dr. Kuldeep R.O. (Ay.)	Virtual Meeting to discuss the pockets to be selected for the AMHCP-SCSP 2023-24.	National	19.05.2023
50.	Dr. Amit R.O. (Ay.)	Delivered an awareness lecture to the IPD patients as an activity under celebration of World Environment Day.	Institutional	19.05.2023
51.	All technical officers	Attended An awareness lecture given by Dr. Amit to the IPD patients as an activity under celebration of World Environment Day.	Institutional	19.05.2023
52.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a webinar “Public Health and Epidemiology aspects of Ayush systems” by Prof. Dr. Arvind Chopra, Ayush Distinguished Chair for Public health and Epidemiology, Ministry of Ayush, Govt. of India organized by Saturday Club, Center for Complementary and Integrative Health.	National	20.05.2023
53.	Dr. Kuldeep R.O. (Ay.)	Attended a lecture given by Dr. Amit at CSIR-NIScPR on “Mental Health and Well Being” and organized a health checkup camp under Azadi ka Amrit Mahotsav 2.0.	Institutional	22.05.2023
54.	Dr. Amit R.O. (Ay.)	Given lecture at CSIR-NIScPR on “Mental Health and Well Being” and organized a health checkup camp under Azadi ka Amrit Mahotsav 2.0.	Institutional	22.05.2023
55.	Dr. Kishor Patel R.O. (Ay.) Dr. Amit R.O. (Ay.)	Participated in “□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□”	National	24.05.2023
56.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Attended 136 th webinar on ‘Scientific Methodology and versatility of leech therapy’ organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	25.05.2023

57.	Dr. Bharti, Director (Institute)	Delivered the awareness lecture on “Conserving electricity, water and reducing e-waste” as an activity under the celebration of World Environment Day.	Institutional	25.05.2023
58.	All technical officers	Attended the awareness lecture given by Dr. Bharti, Director (Institute) on “Conserving electricity, water and reducing e-waste” as an activity in celebration of World Environment Day.	Institutional	25.05.2023
59.	All technical officers	Participated in the meeting to discuss the OPD-related issues.	Institutional	25.05.2023
60.	Dr. Kuldeep R.O. (Ay.)	Delivered a lecture on the topic, “Mental Health in Ayurveda” under Azadi ka Amrit Mahotsav 2.0 to OPD Patients.	Institutional	25.05.2023
61.	Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended the Mental Health Focus Group Meeting to discuss the Project Proposal entitled “Cross-sectional survey to evaluate the status of psychological well-being and symptoms of depression, anxiety, and stress among Scheduled Tribes in selected states across India” submitted by Dr. S.H. Doddamani, RO (Ay.), Dr. Rajendra Kumar, RO (Ay.) and Ms. Sonam Chandhok, ARO (Clinical Psychology), CARI, Bengaluru.	National	26.05.2023
62.	Dr. Amit R.O. (Ay.)	Delivered an awareness message to OPD patients and took a pledge to “Save Water” as an activity in celebration of World Environment Day.	Institutional	26.05.2023
63.	All technical officers	Attended an awareness lecture Given by Dr. Amit to OPD patients and took pledge on “Save Water” as an activity under celebration of World Environment Day,	Institutional	26.05.2023
64.	Dr. Shweta Mata, R.O. (Ay.)	Carried out a pledge taking activity on “Save Water” under the celebration of World Environment Day to OPD patients.	Institutional	26.05.2023
65.	Dr. Shweta Mata R.O. (Ay.)	Attended ISC meeting of CCRAS Hqrs to review the projects.	National	26.05.2023
66.	Dr. Bharti Director (institute) Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting with Prof. (Dr.) Anupam Prakash, Dept. of Medicine, Lady Hardinge Medical College, New Delhi regarding follow up of “Establishment of Department of Integrated Medicine” at Ayurveda Treatment Centre, LHMC.	Institutional	27.05.2023

67.	All technical officers	Participated in “Medicinal plant distribution” to OPD patients as an activity under celebration of World Environment Day.	Institutional	29.05.2023
68.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended 2 nd National Webinar on ‘Different recipes of Millets and its nutritional value’ under the international year of millets organized by RARI, Nagpur.	National	30.05.2023
69.	Dr. Kishor Patel R.O. (Ay.)	Delivered a lecture on “Say no to single Use Plastic” as an activity under celebration of World Environment Day.	Institute	30.05.2023
70.	Dr. Bharti Director (institute) Dr. H.Panigrahi, R.O. (Ay.) Dr. Shaizi Layeeq R.O. (Ay.) Dr. Amit,R.O.(Ay.)	Participated in IEC material distribution to the OPD patients to spread awareness about the protection of the environment as an activity under the celebration of world environment day.	Institute	31.05.2023
71.	Dr. Seema Jain, R.O. (Ay.)	Participated in a webinar “Bastikarma in vaious clinical conditions”organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	01.06.2023
72.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara Rasayanam Webinar – ‘Management of Thyroid Disorders - Clinical experience sharing ’ by Dr. Muralidhara Sharma MD (Ay.) organized by Sitaram Ayurveda Research Foundation.	National	04.06.2023
73.	All technical officers	Participated in World Environment Day Celebrationand distributed plants of Tulasi and Guduchi.	National	05.06.2023
74.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended a webinar on Improvising & redesigning search strategies for Effective and efficient literature surveillance- CCRAS organized by CCRAS Hqrs Library.	National	06.06.2023
75.	Dr. Shaizi Layeeq, R.O.(Ay) Dr. Amit, R.O(Ay.)	□□□□□□ □□□□□, □□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□ □□□□□□□ □□□□□□□ □□ □□□□□ □□ □□ □□□□□□ □□□□□□□ □□ □□□ □□□ □□□□□□□□ □	National	06.06.2023
76.	All technical officers	Participated in the Induction Training of SRF Ayurveda organized by CARI, New Delhi.	Institutional	07.06.2023
77.	Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Sudha Kumari	Attended the Mental Health Focus Group Meeting to discuss the Project Proposal entitled “Genetic and pre post evaluation of epigenetic basis of depression based on	National	07.06.2023

	K.G, R.O (Ay).	Ayurvedic principles of prakriti and treatment protocols” submitted by Dr. Sinimol T.P, R.O (Ay), RARI, Trivandrum.		
78.	Dr. Seema Jain, R.O. (Ay.)	Participated in a webinar "Pain management through Ayurveda” organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	08.06.2023
79.	Dr. Bharti, Director (Inst.)	Participated as Guest of Honor in two days interactive Training Programme on Agnikarma & Raktamokshana" organized by Rashtriya Ayurveda Vidyapeeth.	National	08.06.2023 & 09.06.2023
80.	Dr. Shaizi Layeeq, R.O.(Ay) Dr.Amit,R.O(Ay.) Dr.Kishor Patel, R.O.(Ay.) Dr. Kuldeep, R.O.(Ay.) Dr.Pramod C. Dwidvedi, R.O.(Ay.)	Participated in two days interactive Training Programme on Agnikarma & Raktamokshana" organized by Rashtriya Ayurveda Vidyapeeth	National	08.06.2023 & 09.06.2023
81.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended an awareness program for consumers regarding the “Importance and Benefits of Accreditation” on the occasion of World Accreditation Day Celebration organized by CCRAS, Hqrs. on online mode.	Institutional	09.06.2023
82.	All technical officers	Participated in World Accreditation Day activities and meeting organized by CARI, New Delhi.	National	09.06.2023
83.	Dr. Renu Rani, R.O. (Ay.)	Coordinated and participated in Celebration of World Accreditation Day at Conference room, CARI, New Delhi.	Institutional	11.06.2023
84.	Dr. Seema Jain, R.O. (Ay.)	Collected video testimonials Ayush beneficiaries showcasing nine years' achievements of major schemes of the Ministry of Ayush and submitted to the Media cell Ministry of Ayush.	National	11.06.2023
85.	Dr. Seema Jain, R.O. (Ay.)	Attended the webinar “Studies and Research done on Clinically effective formulations for the management of Vitiligo”.	National	12.06.2023
86.	Dr. Shweta Mata, R.O. (Ay.)	Attended Shalakyia focus group meeting for the project entitled, “Evaluation of efficacy of Laxmivilas Rasa, Sanjeevani Vati and Shadbindu Taila in the patients of Chronic Rhino-sinusitis against the allopathic conventional treatment (Intra Nasal	National	13.06.2023

		Corticosteroid INCS) - A randomized, open-label, control study.”		
87.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended First National Webinar Organized by RRAP-CARI, Mumbai on the topic, ‘Health benefits of millets’.	National	13.06.2023
88.	All technical officers	Participated in celebration of Blood donation day organized by CARI, New Delhi.	National	14.06.2023
89.	Dr. Bharti, Director (Institute) Dr. Renu Rani, R.O. (Ay.)	Coordinated and organized a Blood group checking camp under the observance of “Rakta ka amrit mahotasav” on World Blood Donors Day.	Institutional	14.06.2023
90.	All technical officers	Participated in Oath taking program under the observance of “Rakta ka amrit mahotasav” on World Blood Donors Day.	Institutional	14.06.2023
91.	Dr. Shweta Chaudhary, R.O. (Ay.),	Attended national Webinar Organized By CARI, Vijayawada on the topic, ‘Nutritional Health benefits of Millets and their potential in building food security’.	National	14.06.2023
92.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Shaizi layeeq, R.O. (Ay.) Dr. Kuldeep R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Participated in 2 nd foundation day of the National Commission of Indian System of Medicine.	National	14.06.2023
93.	Dr. Amit, R.O. (Ay.)	Participated in online meeting related to the celebration of International Day of Yoga.	National	14.06.2023
94.	Dr. Shweta Mata, R.O. (Ay.)	Organized a national webinar entitled, “Pharmacovigilance for ASU & H drugs” at CARI, New Delhi, Peripheral Pharmacovigilance Centre (PPvC).	National	15.06.2023

95.	Dr. Seema Jain, R.O. (Ay.)	Participated in a webinar “Pain Management through Ayurveda” organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	15.06.2023
96.	Dr. Seema Jain, R.O. (Ay.)	Delivered duties as a nominated chairperson of a Committee for MACP.	National	15.06.2023
97.	All technical officers	Attended a National webinar on Pharmacovigilance entitled, "Awareness Programme on Pharmacovigilance for ASU & H drugs" organized by CARI, Punjabi Bagh.	National	15.06.2023
98.	Dr. Kishor Patel R.O. (Ay.)	Delivered a lecture on “Ayurveda in promotion of Mental Health & Stress Management” as an activity under celebration of Azadi Ka Amrit Mahotsav 2.0.	Institutional	15.06.2023
99.	Dr. Kuldeep R.O. (Ay.)	Attended An awareness lecture given by Dr. Kishor Patel under Azadi ka Amrit Mahotsav 2.0 to OPD Patients.	Institutional	15.06.2023
100.	Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Kuldeep R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in meeting at MDNIY New Delhi on the celebration of IDY 2023.	National	16.06.2023
101.	Dr. Sudha Kumari K.G, R.O (Ay). Dr. Shivshankar Rajput, R.O. (Ay.)	Attended the Mental Health Focus Group Meeting to discuss the Project Proposal entitled “Safety and efficacy of add-on treatment of Ayurvedic Medicines (AYUSH Manas and Bramha Rasayana) in mild to moderate Alzheimer’s Dementia (Smritibhramsa) – a randomized single blind controlled clinical trial” submitted by Dr. Srinibash Sahoo, R.O (Ay), RARIM & MMR , CARI, Bengaluru.	National	16.06.2023
102.	Dr. Shweta Mata, R.O. (Ay.)	Attended meeting for 9 th IDY, 2023 with Deputy Director, DDA, Sh Alok, yoga expert, Sh. Mangesh, Yoga Demonstrator at Coronation Park, Burari, New Delhi as a Nodal officer from the Ministry of Ayush.	National	17.06.2023 & 19.06.2023
103.	Dr. Shivshankar Rajput, R.O. (Ay.)	Attended meeting for 9 th IDY, 2023 with Deputy Director, DDA, yoga expert, Yoga Demonstrator at Pashchim Vihar, New Delhi as a Nodal officer from the Ministry of	National	17.06.2023 & 19.06.2023

		Ayush.		
104.	All technical officers	Participated in Hindi Timahi Baithak organized by CARI, New Delhi.	National	17.06.2023
105.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended National webinar on, 'Mental Health & Stress Management on the occasion of AKAM 2.0' organized by CARI, Bhubaneswar.	National	17.06.2023
106.	All technical officers	Participated in Yoga sessions organized by HSSC and CARI, New Delhi.	National	19.06.2023
107.	Dr. Amit, R.O. (Ay.)	Participated in meeting related to celebration of International Day of Yoga.	National	19.06.2023
108.	Dr. Seema Jain, R.O. (Ay.)	Attended a VC to discuss the issues related to the collaborative research study titled "Efficacy of Ayurveda nutritional supplements and Yoga Protocol in the Prevention and Reduction of the Severity of Acute Mountain Sickness: an open-label randomized controlled study".	National	20.06.2023
109.	Dr. Renu Rani, R.O. (Ay.)	Delivered a lecture on "Ayurveda and Mental Health" under Azadi Ka Amrit Mahotsava 2.0 at CARI, New Delhi.	Institutional	20.06.2023
110.	Dr. Amit, R.O(Ay.) Dr. Kuldeep R.O(Ay.)	Attended An awareness lecture on "Ayurveda and Mental Health" given by Dr. Renu Rani at CARI to OPD Patients under Azadi ka Amrit Mahotsav 2.0.	Institutional	20.06.2023
111.	Dr. Bharti, Director(Institute)	Attended a meeting with DDA, CCRAS, Janakpuri, New Delhi.	Institutional	20.06.2023
112.	Dr. Bharti, Director(Institute)	Attended a Web meeting for Leh Project under the chairmanship of DG, CCRAS.	National	20.06.2023
113.	Dr. Shweta Mata, R.O. (Ay.)	Organized 9 th IDY, 2023 at Coronation Park, Burari, New Delhi as a Nodal officer from the Ministry of Ayush.	National	21.06.2023
114.	Dr. Shivshankar Rajput, R.O. (Ay.)	Organized 9 th IDY, 2023 at Pashchim Vihar, New Delhi as a Nodal officer from the Ministry of Ayush.	National	21.06.2023
115.	Dr. Amit R.O. (Ay.)	Actively participated in the celebration of International Day of Yoga at Swarna Jayanti Park, Rohini, New Delhi.	International	21.06.2023
116.	Ms. Disha Garg R.O. (Ay.)	Demonstrated Yoga postures (Asanas) to hospital staff Under the 9 th International Yoga Day celebration at the institute.	Institutional	21.06.2023

117.	All technical officers	Participated in the Mass Yoga Performance following Common Yoga Protocol as a part of Observation of 9th International Day of Yoga (IDY), 2023 at CARI, Punjabi Bagh.	Institutional	21.06.2023
118.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar “Surgical wound healing through leech therapy and various modalities in Ayurveda” organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	22.06.2023
119.	Dr. Bharti, Director(Institute)	Attended a Web Meeting with DG, CCRAS, Janak puri, New Delhi for budget.	National	22.06.2023
120.	Dr. Bharti, Director (Institute) Dr. Shaizi Layeeq, R.O.(Ay), Dr Amit,R.O.(Ay.) Dr Kishor Patel, R.O.(Ay.) Dr. Renu Rani, R.O. (Ay.)	Participated in “Manak Manthan”, an interactive session on “Two published standards related to Panchakarma equipments” organized by Bureau of Indian Standards, New Delhi.	National	22.06.2023
121.	Dr. Renu Rani, R.O. (Ay.)	Attended a meeting regarding preparations pertaining to the National Seminar on Millets to be held on 26.06.2023 at IIC.	Institutional	23.06.2023
122.	Dr. Seema Jain, R.O. (Ay.)	Delivered a lecture on “Mental Health” under Azadi ka Amrit Mahotsav 2.0 to OPD Patients.	National	23.06.2023
123.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Kuldeep R.O(Ay.)	Attended an awareness lecture on “Mental Health” given by Dr. Seema Jain under Azadi ka Amrit Mahotsav 2.0 to OPD Patients.	Institutional	23.06.2023
124.	Dr. Sudha Kumari K.G, R.O (Ay). Dr. Shivshankar Rajput, R.O. (Ay.)	Attended the Mental Health Focus Group Meeting to discuss the Revised Project Proposal entitled “Genetic and epigenetic evaluation of depression based on prakriti and response of Epigenetic markers to Ayurvedic treatment protocol-A pilot study” submitted by Dr. Sinimol T.P, R.O (Ay), RARI, Trivandrum.	National	23.06.2023
125.	Dr. Shrawan Sahu, R.O. (Ay.)	Participated in a webinar organized by the Regional Ayurveda research institute Itanagar on the topic “Rediscovering the Ancient Grains”.	National	24.06.2023

		Psychosomatic Disorders' by Dr. K. V. Dilip Kumar MD (Ay.) organized by Sitaram Ayurveda Research Foundation.		
138.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Delivered duty as examiner for SRF interview in virtual mode for Osteoarthritis project under SMART Program for Parul Institute of Ayurveda, Vadodara, Gujarat.	National	03.07.2023
139.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Delivered duty as examiner for SRF interview in virtual mode for Osteoarthritis project under SMART Program for RGGPGAC, Paprola, H.P.	National	04.07.2023
140.	Dr. Sudha Kumari K.G, R.O (Ay).	Visited Hqrs to clear queries regarding sample size data of Ayush SR project with Nodal Officer and Statistics section.	National	04.07.2023
141.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Delivered duty as examiner for SRF interview in virtual mode for Osteoarthritis project under SMART Program for BHU, Varanasi, U.P.	National	05.07.2023
142.	Dr. Shweta Mata, R.O. (Ay.)	Attended the Meeting for the Pharmacovigilance Program organized by CCRAS Hqrs. in hybrid mode under the chairmanship of DG, CCRAS.	National	05.07.2023
143.	Dr. Kishor Patel, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Delivered duty as a member of selection committee and conducted interview of SRF for SMART OA project for CARI, New Delhi.	Institutional	06.07.2023
144.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended online meeting on Ayurvedic/IDMP Dose Form Mapping along with Dr. SB Battacharya and Dr. Bhawna Prashar, Scientist, ICMR.	International	06.07.2023
145.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting with Hemant Ritturaj Kushwaha, PhD, Assistant Professor, School of Biotechnology (SBT), Jawaharlal Nehru University (JNU) to discuss on the Research Project entitled "Entrepreneurship in Ayush Industry: Management and Commercialization principles in Ayush product and services".	Institutional	06.07.2023
146.	Dr. Seema Jain, R.O. (Ay.)	Attended Investigator and Project Personnel Training for the Research Studies under Public Health Care Program for the year 2023-24 at Bhubaneswar.	National	06.07.2023 & 07.07.2023

147.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended an online meeting to review the revised drafts on “Life profiles of Ayurveda Luminaries” selected for first-round external editing.	National	07.07.2023
148.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Mucormycosis (Black fungus) and It's Ayurvedic management with case study’ by Dr. Rajnikant Patel organized by Sitaram Ayurveda Research Foundation.	National	09.07.2023
149.	Dr. Bharti, Director (Institute) Dr. Sakshi Sharma,R.O. (Ay.) Dr. Pramod Chandra Dwivedi, R.O (Ay).	Attended Meeting with DGHS and Director LHMC in regard of establishment of Department of Integrated Medicine LHMC in the Director Office LHMC.	National	10.07.2023
150.	Dr. Shivshankar Rajput, R.O. (Ay.)	Actively attended the sensitization program regarding sensitization of different types of contraceptive methods organized by the gynecology dept., Safdarjung Hospital (Family planning wing) as a part of world population day.	National	11.07.2023
151.	Dr. Shweta Mata, R.O. (Ay.)	Attended the 6th Meeting of the Project Evaluation Monitoring Committee (PEMC) and presented the project entitled, “To Evaluate the Efficacy and Safety of Administration of Shadbindu Taila Marsha Nasya and Chitraka Haritaki Avleha in Chronic Rhinosinusitis: A Randomized Controlled Multicenter Study”.	National	12.07.2023
152.	Dr. Kuldeep, R.O. (Ay.)	Attended the 6th Meeting of the Project Evaluation Monitoring Committee (PEMC) and presented Project Proposal -Ayush SR.	National	12.07.2023
153.	Dr. Bharti, Director (Institute) Dr. Sakshi Sharma, R.O. (Ay.) Dr. Pramod Chandra Dwivedi, R.O (Ay).	Attended Meeting with Director LHMC Prof. Dr. Subhash Giri to set the roadmap for the establishment of Department of Integrated Medicine at LHMC.	National	12.07.2023
154.	Dr. Seema Jain, R.O. (Ay.) Dr. Shwea Mata,	Attended a webinar “Millets and its importance” organized by RAV in the weekly webinar series Gyan Ganga- A Knowledge	National	13.07.2023

	R.O. (Ay.)	Voyage.		
155.	Dr. Bharti, Director (Institute) Dr. Kishor Patel, R.O. (Ay.)	Participated in online Focus Group meet on Cardiovascular Diseases to draft quality research proposals.	National	14.07.2023
156.	Dr. Amit, R.O. (Ay.)	Delivered an awareness lecture to OPD Patients at CARI, Punjabi Bagh under AKAM 2.0.	Institutional	14.07.2023
157.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended World plastic Surgery Day Celebration and attended lectures “Susruta – Surgical Heritage of India” by Prof. Vd. K.S. Dhiman and Shri. Sanjib Kumar Singh organized by Dept. of Burns, Plastic and Maxillofacial Surgery, ABVIMS, Dr. RML Hospital.	Institutional	15.07.2023
158.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Clinical Application of Rasashastra - an exploration’ by Professor Dr. Chandra Bhushan Jha MSAM, PhD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	16.07.2023
159.	Dr. Bharti, Director (Institute), Dr. Sakshi Sharma, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay). Dr. Pramod Chandra Dwivedi, R.O (Ay).	Attended a meeting with Dr. Madhur Yadav, Director, Dept. of Medicine at LHMC regarding the Establishment of the Department of Integrated Medicine.	Institutional	17.07.2023
160.	Disha Garg, ARO (Physio)	Attended a webinar “Ventilator Graphics Analysis” Organized by Department of physiotherapy, School of Allied Medical Science, LPU.	National	17.07.2023
161.	All technical officers	Attended Virtual Training session on NABH organized by CCRAS Hqrs.	National	17.07.2023
162.	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.)	Organized the Institutional Ethics Committee meeting through VC.	National	19.07.2023

163.	Dr. Bharti, Director (Institute) Dr. Sakshi Sharma, R.O. (Ay.) Dr. Pramod Chandra Dwivedi, R.O (Ay).	Attended Meeting with Director LHMC Prof. Dr. Subhash Giri to revise the order for the allotment of Wing 2 on 8th floor of New OPD Building at LHMC.	National	19.07.2023
164.	Dr. Amit, R.O. (Ay.)	Attended IEC meeting for DGAFMS proposal in virtual mode.	Institutional	19.07.2023
165.	Dr. Seema Jain, R.O. (Ay.)	Delivered an awareness lecture on “Stress and mental health of children and elderly people” to OPD patients at CARI Punjabi Bagh under AKAM 2.0.	National	19.07.2023
166.	Dr. Kishor Patel, R.O. (Ay.)	Delivered duty as protocol officer for Myanmar delegates for ASEAN Conference on Traditional Medicine.	International	19.07.2023 to 22.07.2023
167.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Shaizi, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Organized Induction training to Nurses (including A-HMIS) at CARI, Punjabi Bagh.	National	20.07.2023
168.	Dr. Seema Jain, R.O. (Ay.)	Attended webinar on “Requirements of Raw materials and Standardization for pharmacy” organized by RAV in the weekly webinar series Gyan Ganga- A Knowledge Voyage.	National	20.07.2023
169.	Dr. Kishor Patel, R.O. (Ay.)	Participated as rapporteur for Session 3— Technical Session on Regulatory reforms in ASEAN Conference on Traditional Medicine.	International	20.07.2023
170.	Dr. Kuldeep, R.O. (Ay.) Dr. Amit,R.O.(Ay.)	Participated in ASEAN Conference on Traditional Medicine.	International	20.07.2023
171.	Dr. Kishor Patel, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Amit,R.O.(Ay.)	Participated in Yoga session at MDNIY, New Delhi along with delegates from various ASEAN countries.	National	21.07.2023
172.	Dr. Seema Jain, R.O. (Ay.)	Attended a virtual meeting for AMHCP, WCH and THCRP organized by CCRAS Hqrs.	National	21.07.2023
173.	Dr. Bharti, Director	Attended a VC regarding SMART Collaborative Clinical Research project	National	21.07.2023

	(Institute) Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	entitled “Tolerability, treatment adherence and safety of Ayurvedic intervention Dhatri Lauha in the management of Iron Deficiency Anemia: An open label single arm clinical study”.		
174.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – “Trichology and Ayurveda - Experiences of an Expert Clinician” by Dr. Srikanth Babu Perugu, MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	23.07.2023
175.	Dr. Shweta Mata, R.O. (Ay.)	Attended the national webinar on Pharmacovigilance of ASU & H drugs organized by PPvC, Regional Research Institute of Unani Medicine, Chennai.	National	24.07.2023
176.	Dr. Kuldeep, R.O. (Ay.)	Participated in online focus group meeting for Panchakarma	National	24.07.2023
177.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Delivered duty as a Member of Interview committee under SMART, IDA project, conducted by SAMC, Indore.	National	25.07.2023
178.	Dr. Kishor Patel, R.O. (Ay.)	Participated in Online Meeting on Project Status/Evaluation of the project entitled "A randomized trial to evaluate the efficacy of multi modal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee osteoarthritis)	Institute	26.07.2023
179.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a special talk on ‘Bulletproof IP using TRIZ’ organized by CSIR.	National	26.07.2023
180.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Delivered duty as a Member of Interview committee under SMART, IDA project, conducted by RGAC, Papparola.	National	26.07.2023
181.	Dr. Kuldeep, R.O. (Ay.)	Organized Guest lecture for Panchakarma Technician Course (Lecture given by Dr. Manoj Shamkuwar, Principal, A & U Tibbia College, New Delhi)	National	26.07.2023
182.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Delivered duty as a Member of Interview committee under SMART, IDA project, conducted by CBPACS, New Delhi.	National	27.07.2023,
183.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Member of Interview committee under SMART, IDA project, conducted by MSM,KHANPUR	National	28.07.2023
184.	Dr. Sudha Kumari K.G, R.O (Ay).	Delivered an awareness lecture on “Mental Health and Illness - Ayurvedic	Institutional	28.07.2023

		Perspective” as a part of Lecture series on the theme - Health and Wellbeing under AKAM 2023 at CARI, Punjabi Bagh for OPDpatients.		
185.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Participated in a review meeting AMHCP (SCSP).	National	28.07.2023
186.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – “Ayurvedic approach and management of Cancer - Challenges & possibilities” by Professor Vaidya Sadanand P. Sardeshmukh & Prof. Dr. Vineeta V. Deshmukh, BSDT’s Integrated Cancer Treatment & Research Centre, Pune organized by Sitaram Ayurveda Research Foundation.	National	30.07.2023
187.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	□□□□□□□□ □□□□□□□□ □□□□□□□□ □□ □□□ □□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□ □□ □□□ □□□□□ □□□□□□□□ □□ □□□□ □□□ □□□□□□□□	National	31.07.2023
188.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Delivered duties as Chairman & Member of the selection committee, conducted and coordinated the interview of SRF respectively under the SMART IDA project for CARI, New Delhi.	National	01.08.2023
189.	Dr. Kuldeep, R.O. (Ay.)	Delivered awareness lecture on “Role of Ayurveda in Mental Health & Stress Management” to OPD patients at CARI under AKAM 2.0.	Institute	03.08.2023
190.	Dr. Bharti, Director (institute) Dr. Renu Rani, R.O. (Ay.)	Attended lecture of Dr. Kuldeep Singh on the topic “Mental health and wellbeing” under AKAM 2.0	Institutional	03.08.2023
191.	Dr. Kishor Patel, R.O. (Ay.)	Visited AIIMS, New Delhi, and monitored of the project entitled-"A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)".	Institute	03.08.2023
192.	All technical officers	Taken pledge and attended lecture under Indian Organ Donation Day celebration at CARI, New Delhi	Institutional	03.08.2023
193.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar “Ashmarighna property of Scoparia Dulcis Linn -A clinical study” organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge	National	03.08.2023

		Voyage.		
194.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Principles & Practice of Vatavyadhi - Experiences of an expert Clinician’ by Dr. K. T. Jayakrishnan, organized by Sitaram Ayurveda Research Foundation.	National	06.08.2023
195.	Dr. Sudha Kumari K.G, R.O (Ay).	Delivered a guest lecture on "Ayush Systems of Medicine" to 4th year B.Sc (H) Nursing students of College of Nursing, ABVIMS & Dr. RML Hospital, New Delhi, for the academic session 2023-24 in the subject Community Health Nursing II.	Institutional	08.08.2023
196.	Dr. Renu Rani, R.O. (Ay.)	Delivered a lecture on "Prevention of Psychological disorders through Ayurveda, especially in children" under Azadi Ka Amrit Mahotsava 2.0 at CARI, New Delhi.	Institutional	09.08.2023
197.	Dr. Seema Jain, R.O. (Ay.)	Attended Panchakarma focus group meeting.	National	09.08.2023
198.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on "Atyayik chikitsa" organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	09.08.2023
199.	Dr. Shivshankar Rajput, R.O. (Ay.)	Prepared Draft of IEC material on "Healthy Lifestyle and Dietetics Practices in Adolescent Girls and Women."	Institutional	09.08.2023
200.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Delivered duties as a nominated member of War Room/Control Room at Ministry of Ayush for overall coordination for the proposed WHO Global Traditional Medicine Summit at Gandhinagar.	International	08.08.2023 to 13.08.2023
201.	Dr. Shweta Mata, R.O. (Ay.)	Delivered a lecture on " under Azadi Ka Amrit Mahotsava 2.0 at CARI, New Delhi	Institutional	11.08.2023
202.	Dr. Renu Rani, R.O. (Ay.)	Attended lecture of Dr. Shweta Mata taken on the topic "Prevention of Mental disorders w.s.r. to Migraine" under AKAM 2.0.	Institutional	11.08.2023
203.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara rasayanam Webinar – ‘Exploring clinical practice of Pinda Swedam’ by Dr. Binitha A. MD (Ay.) organized by Sitaram Ayurveda Research Foundation.	National	13.08.2023
204.	Dr. Bharti, Director(Institute) Dr. Shweta Mata, R.O. (Ay.) Dr. Kuldeep,	Attended Independence Day Celebration at CARIm Punjabi Bagh.	Institutional	15.08.2023

	R.O. (Ay.) Dr. Shrawan Sahu,R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay). Dr. C. Ashwin Chandra,R.O. (Ay.)			
205.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit,R.O.(Ay.)	Participated in WHO Global Traditional Medicine Summit held at Gandhinagar.	International	17.08.2023 & 18.08.2023
206.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit,R.O.(Ay.)	Participated in interphase session of G20 Health Summit held at Gandhinagar.	International	18.08.2023
207.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended meeting with Medical Superintendent, Additional Medical Superintendent and Chief Engineer, CPWD (Civil) ABVIMS, Dr. RML Hospital, New Delhi regarding submittedproposalon Dept. of Integrated Medicine and relocation of Ayurveda Unit to the new Building.	Institutional	21.08.2023
208.	Dr. Renu Rani, R.O. (Ay.)	Coordinated and attended a meeting of the Multi-Disciplinary Committee at 2.30 pm, Conference room, CARI, New Delhi.	Institutional	22.08.2023
209.	All technical officers	Participated in a meeting of the Multi- Disciplinary Committee at 2.30 pm, Conference room, CARI, New Delhi	Institutional	22.08.2023
210.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended CCRAS 7th Meeting of Project Evaluation Monitoring Committee (PEMC) on online mode regarding discussion of the research project entitled "Entrepreneurship in Ayush Industry: Management and Commercialization Principles in Ayush Product and Services".	National	23.08.2023
211.	Dr. Shivshankar Rajput, R.O. (Ay.)	Evaluated 2 PG Synopsis under PG-STAR Scheme and submitted to CCRAS Hqrs.	National	23.08.2023
212.	Dr. Shweta Mata, R.O. (Ay.)	Evaluated 3 PG Synopsis under PG-STAR Scheme and submitted to CCRAS Hqrs.	National	24.08.2023
213.	Dr. Seema Jain, R.O. (Ay.)	Attended VC regarding AMHCP	National	24.08.2023
214.	All technical officers and officials	Taken pledge under Fit India Mission for the celebration of National Sports Day 2023 at CARI, New Delhi	National	25.08.2023
215.	Dr. Renu Rani, R.O. (Ay.)	Coordinated National Sports Day Activitiesat CARI, Punjabi Bagh.	Institutional	25.08.2023 to 29.08.2023

216.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in online SMART OA meeting to discuss the issues related to the project.	National	25.08.2023
217.	All technical officers	Participated in Tennis Ball Cricket, Tug of War, and Lemon Race under Nation Sports Day 2023	Institutional	26.08.2023 to 29.08.2023
218.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Attended AMHCP(SCSP) Review Meeting.	National	29.08.2023
219.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Actively participated in the meeting of the project entitled “Clinical Evaluation of Ayurvedic Management in Allergic Rhinitis- A Randomized Controlled Trial” with Dr. Isha Preet Tuli, Prof, ENT dept., VMMC, Safdarjung hospital, New Delhi	Institutional	30.08.2023
220.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the pre-event of the “Brainstorming session on Development of Standard Operative Procedures (SOP’s) and Standardization of Netra Kriyakalpa’s” for 8th & 9th Sept. 2023 organized by CARI, Bangaluru.	National	30.08.2023
221.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the Rashtriya Tadvidh sambhasha on “clinical application of charakokta Siddhant” by Vd. Chandrakant Patil, Sangali, organized by Param Ayurveda.	National	30.08.2023
222.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay) Dr. Shweta Mata, R.O. (Ay.)	Attended 148th webinar on “Millets – (Shree Anna) - Nutrition , Health benefits and Uses” by Dr. Kamla R Nagar , Associate professor, Dept. of Ayurveda Diet and Nutrition, NIA, Jaipur, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	31.08.2023
223.	Dr. Bharti, Director(Institute) Dr. H. Panigrahi, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.) Dr. Amit,R.O.(Ay.)	Visited Hospital site FC-5 A Block Sector -28 Rohini, New Delhi for Handing / Taking over of security charge with inventory by the new outsourcing agency.	Institutional	01.09.2023
224.	Dr. Seema Jain, R.O. (Ay.)	Attended virtual review meeting of AYAMS Project under chairmanship of DG, CCRAS.	National	04.09.2023

225.	Dr. Kishor Patel, R.O. (Ay.)	Visited DayalpurPHC, Faridabad, Haryana (Study site) for the project entitled- “An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among the elderly population in Ballabgarh district of Haryana- A community-based study”.	Institutional	05.09.2023
226.	Dr. Shweta Mata, R.O. (Ay.)	Participated in Shalakyia focus group meeting on 05.09.2023	National	05.09.2023
227.	Dr. Renu Rani R.O. (Ay.)	Delivered duties as Nodal Officer for Rashtriya Poshan Maah 2023 and coordinated all activities of Poshan Maah.	Institutional	06.09.2023
228.	Dr. Renu Rani R.O. (Ay.)	Reviewed a PG star synopsis.	National	06.09.2023
229.	Dr. Pramod Chandra Dwivedi R.O (Ay.)	Attended a meeting atCCRAS, Hqrs regarding establishment of Integrated Dept of Medicine at LHMC.	Institutional	06.09.2023
230.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended VC of GIT Focus group to discuss/finalize project proposal.	National	07.09.2023
231.	Disha Garg, ARO, (Physio)	Attended a webinar on “Prevention and management of Arthritis”	National	08.09.2023
232.	Disha Garg, ARO, (Physio)	Attended a webinar on “Caring for people with low back pain- Can We do better”, organised by Society of Indian Physiotherapists.	National	08.09.2023
233.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shrawan Sahu, R.O. (Ay.)	Participated and presented a zero draft presentation on, “To develop minimum Standard requirements to practice Kriyakalpa in a hospital/clinical set up” at a Brainstorming session on the development of standard operative procedure and standardization of Netra Kriyakalpa organized by CARI, Bengaluru.	National	08.09.2023 & 09.09.2023
234.	All technical officers	Attended Inaugural Program of Poshan Mah 2023 and taken oath on ECCI under the chairmanship of Director Institute.	Institutional	10.07.2023
235.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended AcharaRasayanam Webinar – ‘International possibilities of Ayurvedic Medicine - Journey of a Dravyaguna expert’ by Dr. Shubhangee Satam MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	10.09.2023
236.	Dr. Renu Rani R.O. (Ay.)	Organized Rashtriya Poshan Maah- 2023 inauguration and briefed about “Need and significance of ECCE (Early Childhood Care	Institutional	11.09.2023

		and Education)” and took oath for the same at CARI, New Delhi.		
237.	All technical officers	Attended WHO Global Conference: “Engaging patients for patient safety” in virtual mode organized by WHO on the occasion of World Patient Safety Day.	International	12.09.2023 & 13.09.2023
238.	Dr. Seema Jain, R.O. (Ay.)	Delivered an awareness lecture on “Life lifestyle changes for prevention of lifestyle disorders” as an activity under Poshan Maah.	National	12.09.2023
239.	Dr. Kuldeep, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended an awareness lecture as an activity under Poshan Maah. delivered by Dr. Seema Jain, R.O. (Ay.)	Institutional	12.09.2023
240.	Dr. Seema Jain, R.O. (Ay.)	Attended E - CME on Hepatitis	National	12.09.2023
241.	Dr. Hemanta Kumar Panigrahi, R.O. (Ay.)	Attended online WHO Global Conference Engaging patients for patient safety	International	12.09.2023
242.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended a lecture on “Use of Millets in the Management and Prevention of Lifestyle Disorders” as an activity under Poshan Maah by Dr. Kishore Patel	Institutional	13.09.2023
243.	Dr. Kishor Patel, R.O. (Ay.)	Delivered a lecture on “Use of Millets in the management and prevention of Lifestyle related disorders” as an activity under Poshan Maah.	Institutional	13.09.2023
244.	Dr. Seema Jain, R.O. (Ay.)	Attended a lecture on “Utility of anupan in clinical practice”	National	13.09.2023
245.	Dr. Bharti, Director(Institute) Dr. Kishor Patel, R.O. (Ay.) Dr. Amit,R.O.(Ay.)	Participated in an online meeting regarding organizing the training program for the project staff under the SMART-Osteoarthritis project.	Institutional	14.09.2023
246.	Dr. Shivshankar Rajput, R.O. (Ay.)	Actively participated in the IEC meeting of VMMC, Safdarjung Hospital for the project entitled, “Randomized Control Trial of AnshumatiKsheerPaka in hypertension induced left ventricular hypertrophy”.	Institutional	14.09.2023
247.	All technical Officers	□□□□□□ □□□□ □□□ □□□□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□ □□ □□□□□□□□□□ □□□ □□□□□□□□ □□□□	Institutional	14.09.2023

248.	All technical officers	□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□ □□ □□□□□□ □□□□ □□□ □□□□□□□□ □□	Institutional	14.09.2023
249.	All technical officers	Participated in Various activities under Hindi Pakhwada.	Institutional	14.09.2023 to 30.09.2023
250.	Dr. Kuldeep, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended lecture on "Healthy dietary practices" at CARI, New Delhi delivered by Dr. Amit, R.O.(Ay.) as an activity under Poshan Maah.	Institutional	14.09.2023
251.	Dr. Amit, R.O. (Ay.)	Delivered a lecture on "Healthy dietary practices" as an activity under Poshan Maahat CARI, New Delhi.	Institutional	14.09.2023
252.	Dr. Shaizi Layeeq, R.O.(Ay)	□□□□□ □□□□ □□□ □□□□□ □□□□ □□□□□□ □□□□□□□ □□□□□□□, □□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□, □□□□□□□□□, □□□□ □□□ □□□□□□□□□ □□	National	14.09.2023- 15.09.2023
253.	Dr. Shaizi Layeeq, R.O.(Ay)	□□□□□ □□□□□□□□□□□ □□ □□□□□ □□	Institutional	14.09.2023 to 29.09.2023
254.	Dr. Seema Jain, R.O. (Ay.)	Attended AMHCP review meeting.	National	15.09. 2023
255.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Delivered duty as Judge in Hindi Tippani evam aalekhana competition under Hindi Pakhwada.	Institutional	16.09.2023
256.	All technical officers	Participated in the Hindi tippani evam Aalekhan pratiyogita held under Hindi Pakhwada	Institutional	16.09.2023
257.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended AcharaRasayanam Webinar 'Unexplored Great Results by VRK Diet (Similar to Snehapana)' by Mr. Veeramachineni Ramakrishna, Dr. Murali Chand Nallamothe MBBS, MS (ENT) and Prof. Dr. Nageswara Rao MD (Kaya Chikitsa) organized by Sitaram Ayurveda Research Foundation.	National	17.09.2023
258.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered Lecture for Patients and the public on the topic "Changes in Lifestyle to cure Lifestyle disorders" in compliance of the Institute circular for Poshan Mah celebration.	At Institute level	18.09.2023
259.	Dr. Kuldeep, R.O. (Ay.)	Participated in an awareness lecture as an activity under Poshan Maah. Delivered by	Institutional	18.09.2023

	Dr. Renu Rani R.O. (Ay.)	Dr. Sakshi Sharma, R.O.(Ay.)		
260.	Dr. Pramod Chandra Dwivedi, R.O (Ay.)	Meeting for Dept of Integrated Medicine with Director LHMC at Director office LHMC along with DG CCRAS and Director (Insitute),	Institute	19.09.2023
261.	Dr. Shweta Mata, R.O. (Ay.)	Delivered a lecture on the “Role of Millets in the Prevention oflifestyle disorders” as an activity under Poshan Maah.	Institutional	19.09.2023
262.	Dr. Kuldeep, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended Poshan Maah lecture on "Role of Millets in Prevention of life style diseases" at CARI, New Delhi	Institutional	19.09.2023
263.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended National Webinar on the occasion of “Rashtriya Poshan Maah 2023 on the subject of Local and traditional Food as per season and as per Nutritional Value organized by RARI Vijayavada.	National	19.09.2023
264.	Dr. Shweta Chaudhary, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended national Webinar on ‘Role of Ayush to address Anaemia’ under 6thRashtriya Poshan Maah 2003 organized by RARI, Gangtok, Sikkim.	National	19.09.2023
265.	All technical officers	Participated in Vaad-Vivaad pratiyogita held under Hindi Pakhwada.	Institutional	19.09.2023
266.	Dr. Sudha Kumari K.G,R.O (Ay). Dr. Shaizi Layeeq,R.O. (Ay.)	Attended National Webinar on “Role of Traditional and Regional Nutritious Food for Health Promotion” by Smt. Nitu Agrawal under the celebration of Rashtriya Poshan Maah -2023 organized by CARI, Bhubaneshwar.	National	20.09.2023
267.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended National Webinar on ‘Role of the Traditional & Regional Nutritious Food for Health Promotion’ under Rashtriya Poshan Maah 2023 organized by RARI, Nagpur.	National	20.09.2023
268.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput,R.O. (Ay.)	Participated in a national webinar on World Patient Safety Day organized by ITRA, (IPvC), Jamnagar.	National	20.09.2023
269.	All technical officers	Participated in Nibandh pratiyogita (for Adhikari and Karmchari) held under Hindi Pakhwada.	Institutional	20.09.2023
270.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting for AMHCP	National	21.09.2023

271.	Dr. Shweta Mata, R.O. (Ay.)	Attended an awareness program on “Pharmacovigilance: Need and Methods” organized by Regional Research Institute of Unani Medicine as part of the celebration of the 3rd National Pharmacovigilance week.	National	21.09.2023
272.	Dr. Seema Jain, R.O. (Ay.)	Attended a lecture on “□□□□□□□□ □□ □□□□□ □□□ □□□□ □□□□ □□□□ □□□□□□ □□ □□□ □□□□□□□□”	Institutional	21.09.2023
273.	Dr. Shaizi Layeeq, R.O.(Ay)	Delivered a lecture on “□□□□□□□□ □□ □□□□□ □□□ □□□□ □□□□ □□□□ □□□□ □□ □□ □□□ □□□□□□□□”	Institutional	21.09.2023
274.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended National Webinar on ‘Role of Ayush to address Anaemia’ under Rashtriya Poshan Maah 2023 organized by RARI, Nagpur.	National	22.09.2023
275.	Dr. Amit, R.O. (Ay.)	Organized a Yoga session under Poshan Maah 2023.	Institutional	22.09.2023
276.	All technical officers	Participated in Yoga session under Poshan Maah 2023.	Institutional	22.09.2023
277.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Delivered duties as member of Nirnayak Mandal and organized Kavita Path/Gayana Pratiyogita during the celebration of Hindi Pakhwada.	Institutional	22.09.2023
278.	All technical officers	Participated in Kavita Paath/Gayan pratiyogita held under Hindi Pakhwada.	Institutional	22.09.2023
279.	Dr. Bharti, Director (Institute) Dr. Kuldeep, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Participated in Plantation drive at CARI, Institute land at FC-5, A Block, Sector 28 Rohini.	Institutional	23.09.2023
280.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended Webinar on “Ras-Aushadhi, the First drug of Choice” organized by Dabur India Limited with Digital Media Partner-Indian Vaidyas.com.	National	23.09.2023
281.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achara Rasayanam Webinar – ‘Manasika Rogas - Traditional Practice by an expert Clinician’ by Dr. K. T. Jayakrishnan organized by Sitaram Ayurveda Research Foundation.	National	24.09.2023
282.	Dr. Sakshi Sharma,R.O. (Ay.) Dr. Shivshankar Rajput,R.O. (Ay.)	Delivered dutie as a Member of Nirnayak Mandal, □□□□□ □□□□□□□□ □□□□□□□□□□ □□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□	Institutional	25.09.2023

	Dr. Sudha Kumari,R.O. (Ay.)	□□ □□□□ □□ □□□□□□ □□□□□		
283.	Dr. Bharti, Director(Institute) Dr. Shweta Mata, R.O. (Ay.)	Actively participated and presented mid-term review & planning of CCRAS Nifty activities of CARI, New Delhi, at CCRAS-Manthan 2023, organized by CCRAS Hqrs, New Delhi.	National	25.09.2023 & 26.09.2023
284.	All technical officers	Participated in Hindi Prashnottri pratiyogita held under Hindi Pakhwada and lead the team	Institutional	25.09.2023
285.	Dr. Seema Jain R.O. (Ay.)	Delivered a lecture on “Healthy dietary practices in Anaemia” at Asha balgrih for Girla at Sec 88 Dwaraka,New Delhi, under Celebration of Poshan mah.	National	25.09.2023
286.	Dr. Renu Rani R.O. (Ay.)	Organized and Coordinated a Webinar on “Role of Ayush to Address Anemia” in celebration of Rashtriya Poshan Maah-2023.	National	26.09.2023
287.	Dr. Kuldeep, R.O. (Ay.)	Co-ordinated a National Webinar on “Role of Ayush to address Anemia” Under Celebration of Rashtriya Poshan Maah-2023.	National	26.09.2023
288.	All technical officers	Attended Webinar on the subject “Role of Ayush to address Anaemia” under the celebration of Rashtriya Poshan Mah with Guest speaker Dr. Mandeep Goyal associate Professor and HOD Kayachikitsa ITRA Jamnagar.	Institutional	26.09.2023
289.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a national Webinar on Role of Traditional & Regional Nutritious Food for Health Promotion’ under Celebration of Rashtriya Poshan Maah- 2023 organized by CARI, Mumbai.	National	27.09.2023
290.	Dr. Shaizi Layeeq,R.O.(Ay.) Dr. Renu Rani R.O. (Ay.)	Judged Antakshari pratiyogita held under Hindi Pakhwada.	Institutional	27.09.2023
291.	Dr. Sakshi Sharma, R.O. (Ay.)	Presented a paper on the topic “Ayurveda in Healthy Ageing” at GERICON 2023 as Invited speaker AIIMS New Delhi, 20th Annual Conference of Indian Academy of Geriatrics, with the theme: “Successful Ageing” organized by Geriatric Department, AIIMS’ New Delhi.	National	28.09.2023
292.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a national Webinar On ‘Nutrition in Children- Role of Ayurveda in current scenario’ under 6th Rashtriya Poshan Maah 2003 organized by NARIP, Cheruthuruthy, Kerala.	National	28.09.2023

293.	Dr. Renu Rani R.O. (Ay.)	Organized and Coordinated an online webinar entitled “Convergence of Traditional wisdom with modern diets- Promising Health Solution” as an activity under Rashtriya Poshan Maah 2023.	National	29.09.2023
294.	Dr. Bharti, Director (Institute) Dr. Sudha Kumari K.G, R.O (Ay.) Dr. Shivshankar Rajput,R.O. (Ay.) Dr.Pramod Chandra Dwivedi R.O.(Ay.)	Attended Interactive meeting of Ayurveda and Integrative Medicine at Swarna Jayanti Auditorium, Lady Hardinge Medical College, organized by CCRAS and Dept of Integrative Medicine, LHMC.	Institutional	29.09.2023
295.	All technical officers	Attended Webinar on the topic “Convergence of Traditional wisdom with modern Diet-Promising Health Solution” under the celebration of Rashtriya Poshan Maah-2023 with Guest Speaker Dr. Anuja Aggrawal Former Senior Dietician AIIMS New Delhi, organized by CARI, New Delhi.	Institutional	29.09.2023
296.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended 2nd National Webinar on ‘Role of Ayush in addressing Anemia’ under 6th Rashtriya Poshan Maah 2003 organized by CARI, Mumbai.	National	29.09.2023
297.	Dr. Kuldeep, R.O. (Ay.)	Co-ordinated National Webinar on “Convergence of Traditional Wisdom with Modern Diets - Promising Health Solution” in celebration of Rashtriya Poshan Maah-2023.	National	29.09.2023
298.	Dr. Shaizi Layeeq, R.O.(Ay)	“□□□□□□□ □□□□ □□□ □□□□” □□□□ □□ □□□□□ □□□□□□□□□□ □□ □□□□□□ □□	Institutional	30.09.2023
299.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shweta Chaudhary, R.O.(Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended national Webinar on ‘Role of Traditional & Regional Nutritious food for Health Promotion’ under the celebration of Rashtriya Poshan Maah- 2023 organized by CARI, Jhansi.	National	30.09.2023
300.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended national Webinar on ‘Role of Ayush in addressing Anemia’ under the celebration of Rashtriya Poshan Maah- 2023 organized by CARI, Jhansi.	National	30.09.2023
301.	All technical officers	Participated in Cleanliness drive at CARI, New Delhi.	Institutional	30.09.2023

302.	Dr. Renu Rani R.O. (Ay.)	Attended the sensitization activity on “Ayush measures for anemia”.	Institutional	30.09.2023
303.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Organized Poshan Activity and distributed Vegetable Krishra, Banana, Halwa and Takra to the OPD and IPD patients.	Institutional	30.09.2023
304.	Dr. Seema Jain, R.O. (Ay.)	Participated in Cleanliness drive under “Swachhta hi sewa” at Sultanpuri, New Delhi.	National	01.10.2023
305.	All technical officers	Attended a Meeting under the chairmanship of the Director Institute regarding discussion on the Points of Manthan held at CCRAS Hqrs.	Institutional	03.10.2023
306.	Dr. Kuldeep, R.O. (Ay.)	Deputed for co-ordinator of 8th Ayurveda Day, 2023 at Ministry of Ayush.	National	03.10.2023 to 08.11.2023
307.	Dr. Amit, R.O (Ay.) Dr. Kishor Patel, R.O (Ay.)	Organized and participated in one day training program of CCRAS-BEST Training for SMART Investigators for the collaborative Research Project entitled, “Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study”	National	04.10.2023
308.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar “Vatarakta - A Physicians Assessment” organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	05.10.2023
309.	Dr. Sudha Kumari K.G, R.O (Ay). Dr. Shaizi Layeeq, R.O. (Ay.)	Attended two-day National Level workshop on “Geriatrics: Integrative approach and challenges” organized by CARI, Bengaluru.	National	05.10.2023 & 06.10.2023
310.	Dr. Sudha Kumari K.G, R.O (Ay).	Moderated a panel Discussion session on “Scope and need for integrative geriatric mental care and neurological disabilities” in the National Level workshop on “Geriatrics: Integrative approach and challenges” organized by CARI Bengaluru.	National	05.10.2023
311.	Dr. Sudha Kumari K.G, R.O (Ay).	Presented a zero-draft proposal on the topic “Evaluating Safety and Efficacy of Integrative Ayurveda and Yoga Intervention as add-on therapy in Geriatric depression/ Late Life Depression -A Prospective Randomized Open	National	06.10.2023

		Blinded Endpoint (PROBE) Study” in the session “Integrative approach in neuro cognitive disorders”		
312.	Dr. Seema Jain, R.O. (Ay.)	Organised training program under vigilance awareness campaign.	National	07.10.2023
313.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the national webinar on “Awareness of pharmacovigilance for ASU & H drugs and Misleading Ads” organized by PPvC, Govt. Tibbia college & Hospital, Patna in collaboration with IPvC, National Institute of Unani medicine, Bengaluru.	National	07.10.2023
314.	All technical officers	Attended Training /Lecture on the subject Say No to Corruption :Commit to the Nation with the invited Speaker Sh. Rajiv verma, Director –Central Vigilance Commission in view of Central Vigilance awareness Week -2023.	Institutional	07.10.2023
315.	Dr. Seema Jain, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Attended training on “Project management of health Program” at Indian Institute of Public Health (IIPH), Public Health Foundation of India, Gurgaon,	National	09.10.2023 to 13.10.2023
316.	Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Organized activities of 8th Ayurveda Day as Nodal Officers.	National	10.10.2023 to 11.10.2023
317.	Dr. Amit, R.O (Ay.) Dr. Kishor Patel, R.O (Ay.)	Attended a VC to discuss the progress of a collaborative project entitled, “An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among the elderly population in Ballabhgarh district of Haryana- A community-based study”.	National	10.10.2023
318.	Dr. Amit, R.O (Ay.)	Delivered an awareness lecture on "Ayurvedic principles of being healthy with special references to ahara" to the Staff and OPD patients at CARI New Delhi under the observance of Ayurveda Day 2023.	Institutional	12.10.2023
319.	Dr Bharti, Director Dr. Shaizi Layeeq, R.O.(Ay), Dr. Amit, R.O(Ay)	Attended a meeting to review the status of collaborative project, “Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study at CCRAS Hqrs.	Institutional	12.10.2023

320.	Dr. Kishor Patel, R.O (Ay.)	Delivered an awareness lecture on "Medicinal uses of Tulsi" and also distributed Tulsi plants to the Staff and OPD patients at CARI New Delhi under the observance of Ayurveda Day 2023.	Institutional	12.10.2023
321.	Dr. Shaizi Layeeq, R.O.(Ay)	Delivered Demo cum Training of AHMIS to AIIA, Delhi	Institutional	13.10.2023
322.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended an awareness lecture for patients and attendants by Dr. Bharti, Director (Institute) and Dr. Amit, R.O, (Ay.) as a part of activity under 8th Ayurveda Day Celebration at CARI, Punjabi Bagh.	Institutional	12.10.2023
323.	Dr. Shaizi Layeeq, R.O.(Ay)	Delivered lecture on "Adopting Ayurveda in daily life for prevention of Lifestyle disorders" under 8th Ayurveda Day celebration.	Institutional	16.10.2023
324.	Dr. Seema Jain, R.O. (Ay.)	Given public lecture on "Swasth and Swasthya in Ayurveda" under 8th Ayurveda Day celebration.	National	17.10.2023
325.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a Lecture as invited Speaker in Transitional Curriculum program 2023-24 on the topic "Role and impact of Ayurvedic physician on society" organized by GS Ayurveda Medical College & Hospital Pilkhuwa.	Institutional	17.10.2023
326.	Dr. Sakshi Sharma, R.O. (Ay.)	Initiated Prakriti Parikshan Program under the celebration as an Activity of Ayurveda Day Celebration and did Prakriti Parikshan on a daily basis.	Institutional	18.10.2023
327.	Dr. Sakshi Sharma, R.O. (Ay.)	As a member of the Judgment panel, evaluated the Millets Rangoli Pratiyogita organized by the Institute in view of the International Year of Millets celebration.	Institutional	18.10.2023
328.	Dr. Seema Jain, R.O. (Ay.)	Organized Millet Rangoli Competition.	National	18.10.2023
329.	Dr. Shweta Mata, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Conducted and coordinated a Drawing and Coloring competition at MCD Pratibha School, Punjabi Bagh (W), Delhi, organized by CARI, Punjabi Bagh as a part of activities of 8th Ayurveda Day with the focal theme "Ayurveda for One Health" with the tagline "Ayurveda for everyone on every day".	Institutional	18.10.2023.
330.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on "Case study on Shodhan Chikitsa in Sirogta vata roga" organized by RAV in the weekly	National	19.10.2023

		webinar series Gyan- Ganga- A Knowledge Voyage.		
331.	All technical officers	Taken 'Swachhta shapath at technical room, CARI, New Delhi	Institutional	20.10.2023
332.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a Public awareness lecture on the topic "Specific Dietetic Rules as per Ayurveda" to the Patients and their relatives as an activity of Ayurveda day celebration.	Institutional	20.10.2023
333.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended an awareness lecture for patients and attendants by Dr. Bharti, Director (Institute) and Dr. Sakshi Sharma, R.O, (Ay) as a apart of activity under 8th Ayurveda Day Celebration at CARI, Punjabi Bagh.	Institutional	20.10.2023
334.	Dr. Renu Rani R.O. (Ay.)	Delivered an awareness lecture on "Dincharya according to Ayurveda perspective" to the Staff and OPD patients at CARI New Delhi under the observance of Ayurveda Day 2023.	Institutional	21.10.2023
335.	Dr. Seema Jain, R.O. (Ay.)	Attended Cleaniness drive	National	21.10.2023
336.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar 'Ayur Clinics - From Ayurveda Classics to Clinics - Part 2' by Dr. Aravind S. MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	22.10.2023
337.	Dr. Sudha Kumari K.G, R.O (Ay).	Participated in the "Millet Food Recipe competition" held as a part of activities of celebration of 8th Ayurveda Day at CARI, Punjabi Bagh and secured 1st prize.	Institutional	25.10.2023
338.	Dr. Seema Jain, R.O. (Ay.)	Participated in Millet Food recipe competition and secured 2nd prize.	National	25.10.2023
339.	Dr. Shivshankar Rajput R.O. (Ay.)	Organized the Free medical Consultation and free Medicine Distribution camp for BIS employees and staff on the occasion of 8th Ayurveda Day.	National	25.10.2023
340.	Dr. Sakshi Sharma,R.O.(Ay.)	Attended Seminar on "Importance of cleanliness Vs Health".	Institutional	25.10.2023
341.	Dr. Sakshi Sharma,R.O.(Ay.) Dr. Shweta Mata, R.O. (Ay.)	As the member of Judging panel evaluated the Millets Recipes Pritiyogita organized by the Institute in view of international Year of Millets celebration.	Institutional	25.10.2023
342.	All technical Officers	Attended Multi-disciplinary Committee Meeting as per NABH norms under the chairmanship of director Institute.	Institutional	25.10.2023

343.	Dr. Amit,R.O (Ay.) Dr. Kishor Patel, R.O (Ay.)	Attended GCP training (online) for the Investigators under SMART program.	National	26.10.2023
344.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a public awareness lecture on the topic “Vague and hidden treatments in Autoimmune Disorders with Laghu and guru ahar parikalpna” to OPD patients at CARI as a part of Ayurveda day celebration.	Institutional	27.10.2023
345.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended inaugural Function of One day training program for SMART-IDA, a multi centric Collaborative research study organized by CARI, New Delhi.	Institutional	27.10.2023
346.	Dr. Shivshankar Rajput R.O. (AY.)	Delivered lecture on “Swastha jivan shaili evam Ayurveda ka mahattava” under 8th Ayurveda Day Celebration at ATC, Safdarjung hospital, New Delhi.	Institutional	27.10.2023
347.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Organized and participated in one day training program of CCRAS-BEST Training for SMART Investigators for the collaborative Research Projects under SMART program of Iron Deficiency Anemia.	National	27.10.2023
348.	Dr. Shweta Mata, R.O. (Ay.)	Delivered lecture as a guest speaker in the CME organized by Vishwa Ayurveda Parishad, NIA branch, Jaipur on the topic, “Pratishyay: Ayurveda and modern aspects and its Ayurvedic management”	National	27.10.2023
349.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Pratishyay- Ayurveda & Modern Aspects And its Ayurvedic Management” by Dr. Shweta Mata, R.O (Ay.) organized by Vishwa Ayurveda Parishat, Jaipur.	National	27.10.2023
350.	Dr. Shivshankar Rajput R.O. (AY.)	Organized daily lectures on Ayurveda to O.P.D. patients under 8th Ayurveda Day Celebration at CRU, Safdarjung hospital, New Delhi	Institutional	27.10.2023 to 31.10.2023
351.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a lecture at Seva Sadan Vridha ashram (Old age home) at Peeragarhi camp on the subject “Jara Janya Vyadhi and Role of Ayurveda” as a part of Ayurveda day celebration.	Institutional	28.10.2023
352.	Dr. Seema Jain, R.O. (Ay.)	Organized Slogan Writing Competition Under Swachhata Pakhwada 2023.	National	28.10.2023
353.	Dr. Renu Rani R.O. (Ay.)	Participated in Slogan Competition under Swachta Pakwada and secured 2nd position.	Institutional	28.10.2023

354.	Dr. Seema Jain, R.O. (Ay.)	Organized inaugural ceremony with OATH taking under VAW 2023.	National	30.10.2023
355.	Dr. Seema Jain, R.O. (Ay.)	Participated in Swachhata pakhwada closing ceremony.	National	30.10.2023
356.	All technical officers	Taken pledge on "Say No To Corruption; Commit To Nation" under observance of Vigilance Awareness Week.	Institutional	30.10.2023
357.	Dr. Sudha Kumari K.G, R.O (Ay).	Delivered an awareness lecture to OPD patients and attendants at ATC, ABVIMS, Dr. RML Hospital on the topic "Healthy Living - Guidelines from Ayurveda" as a part of the activities under 8th Ayurveda Day celebration.	Institutional	30.10.2023
358.	Dr. Sakshi Sharma, R.O. (Ay.)	Organized a Quiz on "Millets" in view of the International Year of Millets Celebration in MCD-Co-ed Primary School Punjabi Bagh west.	Institutional	30.10.2023
359.	Dr. Shaizi Layeeq, R.O.(Ay),	Visited CBPACS, New Delhi as External Examiner for Panchakarma Technician Practicals.	National	31.10.2023
360.	Dr. Seema Jain, R.O. (Ay.)	Organized essay writing competition on "Bhrashtachar ko hatane ke upay" under VAW2023.	National	31.10.2023
361.	Dr. Shweta Mata, R.O. (Ay.)	As the member of Judgment panel evaluated essay writing competition on "Bhrashtachar ko hatane ke upay" under VAW, 2023.	National	31.10.2023
362.	Dr. Sakshi Sharma, R.O. (Ay.)	Conducted Prakriti parikshan of visitors and patients as apart of activity under the celebration Ayurveda Day.	Institutional	31.10.2023
363.	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered lecture on "Upwaas evamlanhan ka mahattva" under 8th Ayurveda Day Celebration.	Institutional	01.11.2023
364.	Dr. Seema Jain R.O. (Ay.)	Attended a webinar "Ved-Ayurveda Chikitsa" organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	02.11.2023
365.	Dr. Shweta Mata, R.O (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Coordinated, Moderated and Attended one day training on "Ethics Guidelines for Biomedical & Health Research involving Human Participants" organized by CARI, New Delhi at Ayush Auditorium, CCRAS, Hqrs.	National	03.11.2023
366.	All technical officers	Participated in one day training on "Ethics Guidelines for Biomedical & Health Research involving Human Participants.	National	03.11.2023

367.	Dr. Shaizi Layeeq, R.O.(Ay)	Delivered lecture on the topic "Balancing Health and Harmony- Ayurveda's path to Holistic Wellbeing" to the staff & students of CSIR-National Physical Laboratory, New Delhi as part of 8th Ayurveda Day celebration.	Institutional	03.11.2023
368.	Dr. Shaizi Layeeq, R.O.(Ay.)	Conducted Medical Camp at CSIR-NPL.	Institutional	03.11.2023
369.	Dr. Seema Jain R.O.(Ay.)	Attended concluding ceremony of VAW 23 & attended a lecture on "Importance of ethical values to fight corruption".	National	04.11.2023
370.	Dr. SudhaKumari K.G, R.O (Ay.)	Delivered an awareness lecture to OPD patients and attendants at ATC, ABVIMS, Dr. RML Hospital on the topic "Ayurveda for Mental Health" as a part of the activities under 8th Ayurveda Day celebration.	Institutional	04.11.2023
371.	Dr. Shweta Mata, R.O (Ay.)	Participated in the webinar series "Kayaprabodhini" episode 01 delivered by Prof. S.H. Acharya on the topic "Charak's concept on Vatavyadhi" organized by the Dept.of Kayachikitsa, ITRA, Jamnagar.	National	04.11.2023
372.	Dr. Renu Rani, R.O.(Ay.)	Delivered an awareness lecture on "Prevention of Lifestyle disorders through Ayurveda" to the OPD patients at CARI under 8th Ayurveda Day celebration.	Institutional	04.11.2023
373.	Dr. Shivshankar Rajput R.O. (Ay.)	Delivered lecture on "Ushapaan ka mahattva" under 8th Ayurveda Day Celebration.	Institutional	04.11.2023
374.	Dr. Bharti, Director(Institute) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.) Dr. Ashwin Chandra, R.O.(Ay) Dr. Renu Rani, R.O.(Ay.)	Attended the program of biker's rally at CARI, New Delhi as a part of the observance of Ayurveda day celebration, 2023.	Institutional	05.11.2023
375.	Dr. Shaizi Layeeq, R.O.(Ay),	Organised Biker's Rally as an activity of 8th Ayurveda Day celebration.	National	05.11.2023
376.	Dr. Sudha Kumari K.G, R.O (Ay).	Delivered a talk on "Principles and Practice of Ayurveda for Health and Wellness" for the staff of the Institute of Genomics and Integrative Biology - CSIR as a part of 8th Ayurveda Day Celebration in virtual mode.	Institutional	06.11.2023

388.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered awareness lecture as nominated speaker at CSIR-NIScPR (National Institute for science & communication and policy research), Pusa campus, New Delhi on the topic “Management of Stress and lifestyle disorders through Ayurveda, under 8th Ayurveda Day celebration.	Institutional	09.11.2023
389.	Dr. Sakshi Sharma, R.O. (Ay.)	Organized Health Check-up Camp for the Officials of CSIR-NIScPR (National Institute for science & communication and policy research), Pusa campus, New Delhi.	Institutional	09.11.2023
390.	Dr. Sakshi Sharma, R.O. (Ay.)	Conducted Prakriti Parikshan of Ayurveda Expo visitors at CARI, New Delhi under the celebration as an Activity of Ayurveda Day Celebration.	Institutional	10.11.2023
391.	All technical officers	Participated in Dhanwantari Poojan and other activities under celebration of 8th Ayurveda Day at CARI, New Delhi.	Institutional	10.11.2023
392.	Dr. SudhaKumari K.G, R.O (Ay).	Attended Achararasayanam Webinar ‘Pitfalls in Spine related Orthopedics’ by Dr. ShameerThodengal MD (Ay.) organized by Sitaram Ayurveda Research Foundation.	National	12.11.2023
393.	Dr. Shaizi Layeeq, R.O.(Ay.)	Sent the draft for the STG for other musculoskeletal disease conditions.	National	13.11.2023
394.	Dr. H. Panigrahi, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.) Dr. ShrawanSahu, R.O. (Ay.)	Delivered duties as Interviewer for the post of SRF(Ay) at CARI, New Delhi.	Institutional	14.11.2023
395.	Dr. Seema Jain, R.O. (Ay.)	Attended Review meeting of AYAMS -Leh Project on virtual mode.	National	15.11.2023
396.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar “Drusshtidosh-evidence based treatment” organized by Rashtriya Ayurveda Vidyapeeth (RAV) as apart of weekly webinar series “Gyan Ganga-A KnowledgeVoyage”.	National	16.11.2023
397.	Dr. Seema Jain, R.O. (Ay.)	Attended Refresher Training – How to Register & Use “Up To Date Advanced – The next generation of interactive clinical decision support”.	National	17.11.2023
398.	Dr. Shaizi Layeeq,R.O. (Ay.)	Participated in Meeting in hybrid mode under the chairmanship of DG, CCRAS.	National	17.11.2023

399.	Dr. Sakshi Sharma, R.O. (Ay.)	As Co-nodal officer organized the activities of CCRAS at India international Trade Fair (IITF 2023).	National	17.11.2023 & 18.11.2023
400.	Dr. Shaizi Layeeq, R.O. (Ay.)	Attended duties at 42nd India International Trade Fair.	International	19.11.2023 & 20.11.2023
401.	Dr. Renu Rani, R.O.(Ay.)	Attended duties at 42nd India International Trade Fair.	International	21.11.2023 & 22.11.2023
402.	Dr. Shaizi Layeeq, R.O. (Ay.)	Attended VC on ICD-11 TM2 Beta Draft Field Test Orientation	International	21.11.2023
403.	All technical officers	Attended an online meeting under the chairmanship of DDG for the planning of the Research Projects to be undertaken in 2024-25 under Public Health Research Programs.	National	22.11.2023
404.	Dr. Kishor Patel, R.O (Ay.) Dr. SudhaKumari K.G, R.O (Ay).	Attended 158th webinar on “Shirodhara in different clinical conditions” by Dr. Sasikumar Nechiyl organized by Rashtriya Ayurveda Vidyapeeth (RAV) as apart of weekly webinar series “Gyan Ganga - A KnowledgeVoyage”.	National	23.11.2023
405.	Dr. Shaizi Layeeq,R.O. (Ay.)	Participated in the ICD-11 TM2 Beta Draft Field Test.	International	24.11.2023
406.	Dr. Sakshi Sharma,R.O.(Ay.) Dr. Shweta Mata, R.O. (Ay.)	Attended the Virtual refresher Training program on “How to access BMJ resources organized by CCRAS library.	National	24.11.2023
407.	Dr. Shivshankar Rajput R.O. (Ay.)	Attended focus group meeting to develop protocol and SoP for Stri Rog evum Prasuti Tantra.	National	25.11.2023
408.	Dr. Seema Jain, R.O. (Ay.)	Attended 4th Review Meeting of AMHCP (SCSP)- 2023-24.	National	22.11.2023
409.	Dr. Seema Jain, R.O. (Ay.)	Attended duties at 42nd India International Trade Fair.	National	25.11.2023
410.	Dr. Bharti, Director(Institute) Dr. Seema Jain, R.O. (Ay.)	Participated in the DSMB Meeting.	National	29.11.2023
411.	Dr. Sakshi Sharma, R.O. (Ay.)	Coordinated National Constitution Day celebration at CARI, along with Oath taking and a special Lecture on “Indian constitution” delivered by Mrs. Meenu Abrol, Legal Consultant, CCRAS Hqrs.	Institutional	28.11.2023

412.	All technical officers	Attended Constitution Day lecture by Ms. Meenu Abrol organized by CARI, Punjabi Bagh and taken Oath in virtual mode.	Institutional	28.11.2023.
413.	Dr. Kishor Patel, R.O (Ay.)	Attended a webinar entitled-“ Use of inhalers in Asthama” organized by CGHS, New Delhi.	National	28.11.2023
414.	Dr. Renu Rani, R.O.(Ay.)	Delivered guest lecture on “Research & Methodology” at Institute of Ayurveda Studies & Research, Sri Krishna Ayush University, Kurukshetra.	Institutional	29.11.2023
415.	Dr. H. Panigrahi, R.O. (Ay.) Dr. Babita Yadav, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Coordinated Institutional ethical committee Meeting (IEC) Meeting in virtual mode in the Chairmanship of Prof. S.K. Maulik, Chairman of the committee regarding the clearance and appraisal of the projects.	Institutional	29.11.2023
416.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.)	Attended Institutional ethical committee Meeting (IEC) Meeting in virtual mode in the Chairmanship of Prof. S.K. Maulik, Chairman of the committee regarding the clearance and appraisal of the projects.	Institutional	29.11.2023
417.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar ‘Concept of Dooshi Visha and its Management’ by Dr. Gopikrishna S. MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	03.12.2023
418.	Dr. Seema Jain, R.O.(Ay)	Attended Sensitization Training on CRF of the RA project under outreach research project.	National	04.12.2023
419.	Dr. Seema Jain, R.O.(Ay) Dr. Sudha Kumari K.G, R.O (Ay).	Attended a webinar "Prevalence of Garavisha” organized by RAV in the weekly webinar series Gyan- Ganga- A Knowledge Voyage.	National	07.12.2023
420.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended the hybrid launch of “W.H.O guideline for non-surgical management of chronic primary lower back pain in adults in primary and community care setting” hosted by the Ageing and Health unit, Geneva” as member of “WHO Guideline Development group”.	International	07.12.2023
421.	Dr. Seema Jain, R.O.(Ay) Dr. Kuldeep, R.O. (Ay.)	Attended a review meeting for AMHCP (SCSP).	National	08.12.2023

438.	Dr. Renu Rani R.O. (Ay.)	Attended a 3 days international Conference on “Recent Advances in child health care” organized by DSSRAU, Jodhpur, Rajasthan.	International	28.12.2023 to 30.12.2023
439.	Dr. Shweta Mata, R.O. (Ay.)	Attended a lecture on, “Obesity- Ayurvedic approach and management” organized by Vishwa Ayurveda Parishad, NIA Branch, Jaipur.	National	29.12.2023
440.	Dr. Renu Rani R.O. (Ay.)	Presented a scientific paper in international conference at DSSRAU, Jodhpur, Rajasthan.	International	30.12.2023
441.	All technical officers	Taken lectures of PTC.	Institutional	01.12.2023- 30.12.2023
442.	Dr. Shivshankar Rajput, R.O. (Ay.)	Reviewed 5 projects as external reviewer for the Studentship Program For Ayurveda Research Ken (SPARK) 2023-2024 Batch assigned by the SPARK team at CCRAS Hqrs.	National	02.01.2024
443.	Dr. Seema Jain, R.O. (Ay.)	Delivered duty as a member of Interview pannel for Selection of Ayurveda project staff: CSIR-TKDL Unit.	National	02.01.2024 & 03.01.2024
444.	Dr. Sudha Kumari K.G, R.O (Ay).	Reviewed 6 projects as external reviewer for the Studentship Program For Ayurveda Research Ken (SPARK) 2023-2024 Batch assigned by the SPARK team at CCRAS Hqrs.	National	04.01.2024
445.	Dr. Shweta Mata, R.O. (Ay.)	Reviewed 6 projects as external reviewer for the Studentship Program For Ayurveda Research Ken (SPARK) 2023-2024 Batch assigned by the SPARK team at CCRAS Hqrs.	National	05.01.2024
446.	Ms. AasthaDawar, (Asst. Research Officer, Clinical Psychology)	Attended Refresher Training-“How to access BMJ resources”.	National	05.01.2024
447.	Dr. Sudha Kumari K.G, R.O (Ay). Dr. Shivshankar Rajput,R.O. (Ay.)	Attended “International Conference on Integrative Approach of Ayush Medicine in Healthcare” organized by Captain Srinivasa Murty Central Ayurveda Research Institute, Chennai as a part of Diamond Jubilee celebration of the Institute.	International	06.01.2024 & 07.01.2024
448.	Dr. Kuldeep, R.O. (Ay.)	Rendered duty as Liaison officer for the guest from UK; for “Launch of ICD 11 TM Chapter Module 2 Version for country implementation preparation” at Jacaranda conference Hall, India Habitate Centre, Lodhi Road, New Delhi.	International	09.01.2024 to 11.01.2024

449.	Dr. Pramod Chandra Dwivedi, R.O. (Ay.)	Attended launch of the ICD-11 TM Chapter Module 2 version for country implementation preparation, ” at Jacaranda conference Hall, India Habitate Centre, Lodhi Road, New Delhi.	International	10.01.2024
450.	Dr. Seema Jain, R.O. (Ay.)	Attended AMHCP Review meeting.	National	11.01.2024
451.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting chaired by Medical Superintendent, ABVIMS, Dr. RML Hospital regarding the allotment of rooms in the Proposed building for relocation.	Institutional	12.01.2024
452.	Ms. Aastha Dawar, (Asst. Research Officer, Clinical Psychology)	Attended EBSCO Medline Complete and Cochrane Collection Plus-webinar organized by CCRH.	National	12.01.2024
453.	Dr. Swati Sharma, R.O (Ay).	Attended VC of Focus Group of Paediatrics.	National	15.01.2024
454.	Dr. Swati Sharma. R.O (Ay).	Attended review meeting of one project of SPARK.	National	15.01.2024
455.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting with Mr. Janardhan Kumar Mishra, Chief Engineer, CPWDABVIMS, Dr. RML Hospital regarding the renovation of allotted rooms in the Proposed building for relocation.	Institutional	16.01.2024
456.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting chaired by Medical Superintendent, ABVIMS, Dr. RML Hospital and submitted a request for allotment of 3 rooms in the Proposed building for relocation.	Institutional	17.01.2024
457.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.) Dr. Shaizi Layeeq, R.O.(Ay) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Swati Sharma, R.O. (Ay.) Ms. Aastha Dawar, (Asst. Research Officer, Clinical Psychology)	Attended an online meeting regarding Completion of APAR and Submission of Annual Property Return through SPARROW organized by CCRAS Hqrs.	National	18.01.2024

458.	Dr. Sudha Kumari K.G, R.O (Ay). Ms. AasthaDawar, (Asst. Research Officer, Clinical Psychology)	Attended an online Refresher Training – How to Register & Use “Up To Date Advanced – The next generation of interactive clinical decision support” organized by CCRH.	National	19.01.2024
459.	Dr. Bharti, Director(Institute) Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	MoU has been signed with CTVS dept, AIIMS, New Delhi for the project entitled, “A randomized placebo control study to evaluate the effect of AYUSH SR as an adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters” in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery”	National	20.01.2024
460.	Dr. Seema Jain, R.O. (Ay.)	Attended lecture of E certificate Course on Epidemiology.	National	22.01.2024
461.	Dr. Shweta Mata, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Sudha Kumari K.G,R.O. (Ay.) Dr. C. Ashwin Chandra. R.O. (Ay.)	Participated in the Celebration of Republic Day at CARI, Punjabi Bagh, New Delhi	Institutional	26.01.2024
462.	Dr. Kuldeep, R.O. (Ay.)	Participated in a review meeting for AMHCP (SCSP).	National	29.01.2024
463.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Organized online prakriti training programme conducted by CARI, New Delhi.	Institutional	29.01.2024
464.	Dr. Seema Jain, R.O. (Ay.)	Attended lecture of E certificate Course on Epidemiology.	National	29.01.2024
465.	Dr. Seema Jain, R.O. (Ay.)	Attended DSMB Meeting of AMHCP.	National	29.01.2024
466.	Dr. Shivshankar RajputR.O. (Ay.)	Attended Meeting – MERA ASPATAAL at Safdarjung Hospital, New Delhi.	Institutional	30.01.2024
467.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shrawan Sahu,R.O. (Ay.)	Attended VC meeting of Shalakyia focus group.	National	31.01.2024
468.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a meeting to discuss the schedule of activities and log book design plan for elective posting of MBBS House surgeons in Ayush /Ayurveda OPD in the chamber of Dr.	Institutional	01 .02.2024

		Arti Maria, Dean, ABVIMS, Dr. RML Hospital.		
469.	Dr. Seema Jain, R.O (Ay.)	Participated as Ayurveda Expert in Live program “Swasth Kisan” on the topic “Mahilaon me thyroid ke karan ,lakhsan evam chikitsa ” (Thyroid disorder in women) telecast by DD Kisan (Doordrashan).	National	03.02.2024, 6.pm
470.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar – ‘Ethnomedicinal Approach in Primary Health Care from an Ayurvedic Perspective’ by Dr. Pallavi Borah MD (Ay), PhD, organized by Sitaram Ayurveda Research Foundation.	National	04.02.2024
471.	Dr. Seema Jain, R.O (Ay.)	Delivered duties as the nodal officer of Arogya Fair at JLN Stadium.	National	03.02.2024 & 04.02.2024
472.	Dr. Kishor Patel, R.O. (Ay.)	Participated in a meeting related to DIB of New Institute/Hospital building with CPWD Officials and Project Consultants at Ministry of Ayush, New Delhi.	Institute	06.02.2024
473.	All technical officers	Attended the inaugural function of new NCISM building, inaugurated by Shri. Sarbananda Sonowal, Cabinet Minister of AYUSH & Ports, Shipping and Waterways, Government of India.	Institutional	07.02.2024
474.	Dr. Seema Jain, R.O (Ay.)	Attended a meeting to discuss the drafting of articles on Health-related demography of WCH-SCSP & AMHCP-SCSP.	National	09.02.2024
475.	Dr. Seema Jain, R.O (Ay.)	Organized VC training regarding the induction of clinical trial under SMART program focusing on iron deficiency anemia (IDA).	National	09.02.2024
476.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar – ‘Missing Links in Managing Musculoskeletal Conditions’ by Dr. Shine Mohan T., organized by Sitaram Ayurveda Research Foundation.	National	11.02.2024
477.	Dr. Kishor Patel, R.O. (Ay.)	Nominated as Nodal Officer for for construction of Hospital Building at Sector-28, Rohini, New Delhi, a unit of Central Council for Research in Ayurvedic Sciences, Janak Puri, New Delhi, Ministry of Ayush, New Delhi	Institute	13.02.2024
478.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar – ‘Factors Affecting Male & Female Fertility - Conveying My Treatments in these” by Dr.	National	18.02.2024

		Shamin Ramachandran, organized by Sitaram Ayurveda Research Foundation.		
479.	Dr. Seema Jain, R.O (Ay.)	Attended 7th Review Meeting SCSP.	National	19.02.2024
480.	Dr. Kishor Patel, R.O. (Ay.)	Participated in a meeting of the Delegated Investment Board for construction of Hospital Building at Sector-28, Rohini, New Delhi, a unit of Central Council for Research in Ayurvedic Sciences, JanakPuri, New Delhi at Ministry of Ayush, New Delhi	Institute	19.02.2024
481.	Dr. Seema Jain, R.O (Ay.)	Attended a meeting of Pre-Submission Viva Voce_Faculty of Ayurveda Sciences for Ph.D.	National	20.02.2024
482.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a review meeting of Ethics Committee of ABVIMS, Dr. RML Hospital to discuss the progress of the clinical studies going on in the institute.	Institutional	20.02.2024
483.	Dr. Shrawan Sahu,R.O. (Ay), Dr. Kuldeep, R.O. (Ay)	Collected information regarding event and credentials of the Ayurveda Federation of India (AFI).	Institutional	20.02.2024
484.	Dr. Seema Jain, R.O (Ay.)	Attended V.C. for Announcement on "Joint R&D and public health initiative of Ministry of Ayush and Ministry of Tribal Affairs, Government of India to cater the health needs of children of Ekalavya Model Residential Schools in different tribal areas of the country".	National	21.02.2024
485.	Dr. Seema Jain, R.O (Ay.)	Attended meeting to discuss the drafting of articles on the health-related demography of AMHCP-SCSP.	National	23.02.2024
486.	Dr. Seema Jain, R.O (Ay.)	Delivered duty as the Chairman of Interview Committee for the post of OA/ COOK/ MTS/ Panchkarma assistant.	National	26.02.2024
487.	Dr. Seema Jain, R.O (Ay.)	Attended VC pre viva -voce of Dr. Anup Jain at Mahatma Gandhi Ayurveda Collge Hospital and Research.	National	28.02.2024
488.	Dr. Kishor Patel, R.O. (Ay.)	Participated in the Training Course on "Building Knowledge Base and Awareness about Traditional and Complementary Medicine" organized by National Institute of Health & Family Welfare (NIHFW), Baba GangNath Marg, Munirka, NewDelhi	National	26.02.2024 to 01.03.2024
489.	Dr. Seema Jain, R.O (Ay.)	Attended PhD open Defence Viva-Voce of Dr. Anup Jain,Ph.D. scholar, Faculty of Ayurveda Sciences.	National	29.02.2024

490.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended the Induction program for Interns at ABVIMS, Dr. RML Hospital.	Institutional	29.02.2024
491.	Dr. Swati Sharma	Attended meeting for preparation of protocol for SMART 2.0 program.	Institutional	29.02.2024 to 01.03.2024
492.	Ms. Aastha Dawar (Clinical Psychology)	Participated and presented a paper at the 11th International Conference on Indian Knowledge Systems for achieving Sustainable development goals.	International	02.03.2024 & 03.03.2024
493.	Dr. Kuldeep, R.O. (Ay.)	Imparted training on the “CCRAS Standardized Prakriti Assessment Scale and the Ayur Prakriti Web Portal” to faculty members and students at the All India Institute of Ayurveda.	National	04.03.2024
494.	Dr. Shaizi Layeeq, R.O.(Ay)	Deputed as Trainer for Training Programme on CCRAS Standardized Prakriti Assessment Scale and Ayur Prakriti Web Portal.	National	04.03.2024
495.	Dr. Seema Jain, R.O. (Ay.)	Delivered duty as Chairman of Interview Committee for the post of OA/COOK/MTS/Panchkarma assistant.	Institutional	06.03.2024
496.	All technical officers	Attended an awareness lecture on Cyber Crime at CARI, New Delhi.	Institutional	06.03.2024
497.	Dr. Shweta Mata, R.O. (Ay.)	Participated in Shalakyia focus group meeting.	National	06.03.2024
498.	Dr. Swati Sharma. R.O. (Ay.)	Attended meeting with DG,CCRAS, Director LHMC and Director CARI.	Institutional	06.03.2024
499.	Ms. Aastha Dawar (Clinical Psychology)	Participated in the training program on ‘Epidemiology and Biostatistics’.	National	11.03.2024 to 15.03.2024
500.	All technical officers	Attended the inauguration programme of Poshan Pakhwada 2024 at CARI, New Delhi.	National	11.03.2024
501.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Visited CBPACS, New Delhi regarding monitoring of SMART-IDA program.	Institutional	12.03.2024
502.	Dr. Kishor Patel, R.O. (Ay.)	Participated in a workshop (virtually) to develop the costing component of ICMR National Health Research Priority Projects on the Topic Economic impact of Public Health interventions/Programs.	National	13.03.2024
503.	Dr. Seema Jain, R.O. (Ay.)	Visited AIIMS, New Delhi regarding Collaborative projects AYUSH A and AYUSH SR.	National	13.03.2024

504.	Dr. Renu Rani, R.O. (Ay.)	Delivered awareness lecture on the occasion of the celebration of Poshan Pakhwada 2024 at CARI OPD.	Institutional	13.03.2024
505.	All technical officers	Attended Multidisciplinary Committee meeting under the chairmanship of the Director Institute.	Institutional	14.03.2024
506.	Dr. Seema Jain, R.O. (Ay.)	Attended Meeting regarding execution of THCRP-TSP, AMHCP-SCSP & WCH-SCSP programmes 2024-25.	National	14.03.2024
507.	Dr. Seema Jain, R.O. (Ay.)	Attended Monthly review meeting SCSP.	National	14.03.2024
508.	All technical officers	Participated in Spill Management Training as a part of NABH at CARI, New Delhi.	Institutional	15.03.2024
509.	Dr. Shaizi Layeeq, R.O.(Ay)	Organized Spill management training for the staff of CARI, New Delhi.	Institutional	15.03.2024
510.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shrawan Sahu, R.O. (Ay.)	Delivered an awareness lecture on the topic “Poshan Bhi Padhai Bhi” at MCD Pratibha School, Punjabi Bagh on the occasion of Poshan Pakhwada 2024.	Institutional	15.03.2024
511.	All technical officers	Attended oath-taking programme “Poshan bhi Padhayi bhi” at CARI as a part of Poshan Pakhwada celebration.	Institutional	15.03.2024
512.	Dr. Shweta Mata, R.O. (Ay.)	Participated in 2-days Pharmacovigilance workshop at NIA, Jaipur organized by the Pharmacovigilance team, NIA, Jaipur.	National	17.03.2024 & 18.03.2024
513.	All technical officers	Participated in Cardio Pulmonary Resuscitation (CPR) Training as a part of NABH at CARI, New Delhi.	Institutional	18.03.2024
514.	Dr. Shaizi Layeeq, R.O.(Ay)	Delivered lecture on “Traditional & Local Dietary practices” as an activity under Poshan Pakhwada.	Institutional	18.03.2024
515.	Dr. Kuldeep, R.O. (Ay.)	Delivered an awareness lecture on the topic “Role of millets in maintaining a healthy lifestyle” to OPD and IPD patients of CARI, New Delhi as a part of activities under Poshan Pakhwada 2024.	Institutional	19.03.2024
516.	All technical officers	Participated in Biomedical waste Training as a part of NABH at CARI, New Delhi.	Institutional	19.03.2024
517.	Dr. Swati Sharma, R.O. (Ay.)	Monitored DGAFMS project, Hindon.	Institutional	20.03.2024

518.	Dr. Sakshi Sharma, R.O. (Ay.)	Coordinated and attended DSME meeting under the chairmanship of Dr. Rajiv Narang Head of the Department Cardiology of Collaborative CAD project executed at Dept. of Cardiology, Safdarjung Hospital, New Delhi.	Institutional	21.03.2024
519.	Dr. Kishor Patel, R.O. (Ay.)	Delivered an awareness lecture on the topic “Traditional Food Recipes” to more than 100 patients and their attendants visiting the OPD and IPD of CARI, New Delhi as an activity under Poshan Pakhwada 2024.	Institutional	22.03.2024
520.	Dr. Shweta Mata, R.O. (Ay.)	Participated in Shalakyia focus group meeting.	National	23.03.2024
521.	Dr. Kishor Patel, R.O. (Ay.)	Presented a case report on Ayurvedic Management of Immune Thrombocytopenic Purpura (ITP)- Pandu in the Training Course and participated on “Building Knowledge Base and Awareness about Traditional and Complementary Medicine” organized by the National Institute of Health & Family Welfare (NIHFW), Baba Gang Nath Marg, Munirka, New Delhi.	National	26.02.2024 to 01.03.2024
522.	Dr. Shaizi Layeeq, R.O.(Ay)	Organized विभागीय राजभाषा कार्यान्वयन समिति की तिमाही बैठक	Institutional	26.03.2024
523.	All technical officers	Participated विभागीय राजभाषा कार्यान्वयन समिति की तिमाही बैठक	Institutional	26.03.2024
524.	Dr. Shaizi Layeeq, R.O.(Ay)	Organized विभागीय राजभाषा कार्यान्वयन समिति की तिमाही कार्यशाला	Institutional	27.03.2024
525.	All technical officers	विभागीय राजभाषा कार्यान्वयन समिति की तिमाही हिन्दी कार्यशाला-“राजभाषा कार्यान्वयन क्यों और कैसे” विषय पर श्री महेश कुमार शर्मा, सहायक हिंदी अधिकारी , नीपको कॉर्पोरेट कार्यालय से दी गयी हिंदी कार्यशाला का ऑनलाइन आयोजन में सहभागिता की।	Institutional	27.03.2024
526.	Dr. Sakshi Sharma,R.O. (Ay.) Dr. Babita Yadav, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.)	Visited National MRI as a committee member to observe the facility and infrastructure as an outsourced center for research Projects regarding NABH.	Institutional	27.03.2024
527.	Dr. Sakshi Sharma, R.O. (Ay.)	Organized Therapeutic committee meetings under the chairmanship of the Director institute for Pharmacy related components of NABH.	Institutional	27.03.2024
528.	All technical officers	Attended Therapeutic Committee meeting.	Institutional	27.03.2024
529.	Dr. Seema Jain,	Attended meeting to discuss the expenditure	National	27.03.2024

	R.O. (Ay.)	of AMHCP-SCSP.		
530.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended meeting with Executive Engineer (Civil Works), CPWD, ABVIMS, Dr. RML Hospital and submitted request regarding urgent expedition of pending renovation works in the new premises for ATC at old resident hostel.	Institutional	27.03.2024
531.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended PEMC Meeting under the Chairmanship of DG CCRAS for the project "A Systematic Survey of the labeling Information of Ayurvedic drugs included in NLEAM and Marketed in india in compliance with rule 161 of the D&C act 1940 and rule 1945.	Institutional	28.03.2024

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

		R.O. (Ay.) Dr. Shaizi Layeeq,R.O. (Ay.) Dr. Shrawan kumar Sahu, R.O. (Ay.) Dr. Kuldeep, R. O. (Ay.) Dr. Renu Rani, R.O. (Ay.)				
5.	"North East Festival 2023"	Dr. Kuldeep, R. O. (Ay.)	Trust-Trends MMS,Chen ikuthi, Guwahati	22/12/2023 at Jawaharlal Nehru Stadium, New Delhi	--	Display of IEC pamphlets, posters and Provided information about Ayurveda treatment and Research work under CCRAS, Ministry of Ayush
6.	"Rise in India" Health & Wellness Expo	Dr. Shrawan kumar Sahu, R.O. (Ay.)	Parichit Foundation	Anil Agrawal, M.P., Raja Sabha, Uttar Pradesh	21.12.2023 to 23.12.2023 At HRIT Group of Institutions, Ghaziabad, Uttar Pradesh	Display of IEC pamphlets, posters and Provided information about Ayurveda treatment and Research work under CCRAS, Ministry of Ayush
7.	"Bharat Parva"	Dr. Kuldeep, R.O. (Ay.) Dr. Shaizi Layeeq,R.O.(Ay) Dr. Swati Sharma,R.O.(Ay) Dr. Renu Rani, R.O. (Ay.)	Ministry of Ayush	23.01.2024 & 31.01.2024 at Lawn and Gyan Path in front of Lal Quila, New Delhi	--	Consultation and distribution of medicine to needy patients (free of cost),Display of IEC pamphlets, posters and Provided information about Ayurveda treatment and Research work under CCRAS, Ministry of Ayush
8.	37thSurajkund International Crafts Mela	Dr. Kishor Patel, R.O.(Ay.), Dr. Kuldeep, R.O.(Ay.), Dr.ShrawanSahu, R.O. (Ay.)	Surajkund Mela Authority & Haryana Tourism in collaborati	02.02.2024 to 05.02.2024 Surajkund, Faridabad,Haryana	Draupadi Murmu, Honourable President of India	1.Consultation of visitors with one/more health issues 2.Free distribution of Ayurvedic medicines

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

		and Kumar Vivek, MTS.	on with Union Ministries of Tourism, Textiles, Culture and External Affairs, G.O.I			
--	--	-----------------------------	---	--	--	--

PART-A

“RESEARCH PROJECTS”

A. COLLABORATIVE CLINICAL RESEARCH PROJECTS

A1.) Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine

Objectives:

a. Primary Objective:

- To assess the Clinical Efficacy of Ayush M-3 in Migraine.

b. Secondary Objective:

- To assess the Clinical Safety of Ayush M-3 in Migraine

Study Design:

This multicenter study is being conducted at 3 different institutions viz; CARI, New Delhi, Ayurveda Treatment Centre at ABVIMS, Dr. RML hospital & at NIMHANS, Bengaluru. It is a prospective, randomized, double-blind, parallel-group, placebo-controlled, multi-centric study on the diagnosed cases of Migraine. The interventional drug is given for 12 weeks in a dose of 2 tabs bid followed by 4 weeks in a dose of 1 tab bid and 4 weeks without medication for a follow-up visit. The duration of the study project is of three years.

Study Type	:	Interventional multicentric collaborative
Purpose	:	Treatment
Masking	:	Double-blind
Control	:	Controlled
Study Period	:	3 years
Timing	:	Prospective
End Point	:	Efficacy and Clinical Safety
No. of Groups	:	2

Sample Size: 60 patients in each group (2 groups) making a total of 360 patients in 3 centers.

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with the date:

The study was approved by the PEMC chairman as IMR project vide Sanction order No. - F. No 3-70/2020- CCRAS/ Adm/Coll./ 3421, Dt: 15.10.2020

Duration of the study: 3 years

Interventions:

Drug Intervention:

Group 1: Ayush M3

Dose : 2 tabs of 500 mg twice a day for 12 weeks followed by 1

Form of Administration : Tablet
Route of Administration : Oral
Time of Administration : Twice a day after meals;
Anupana : Water

Group 2: Placebo

Dose : 2 tabs of 500 mg twice a day for 12 weeks followed by 1
tab of 500 mg twice a day for 4 weeks

Twice a day for 4 weeks

Form of Administration : Tablet
Route of Administration : Oral
Time of Administration : Twice a day after meals
Anupana : Water

Participating center along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, New Delhi.	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946	-
2.	ABVIMS & Dr. RML Hospital, New Delhi	Dr. Jyoti Garg HOD, Department of Neurology jyotigarg.rmlh@gmail.com Mobile no. 7900157900 Coordinator : Dr. Renu Makhija renu_mkhj@yahoo.co.in	Dr. Sudha Kumari K.G, R.O. (Ay.), CARI, ND Sudha14ayu@gmail.com 9108175522 & 8281782290
3.	NIMHANS, Bangalore	Dr. Kishore Kumar R Assistant Professor of Ayurveda, Dept. of Integrated Medicine ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B kulkarni Professor of Neurology 9035160614 09480829409 Co PI : 2 Dr. Umesh C, Scientist C, Department of Integrative Medicine.

Date of IEC approval: Ethical clearance was obtained for this project in an ethics committee meeting dated 23.10.2020 at CARI, New Delhi vide file no.1-12/2015/ACRI/Tech/ (IEC) Part II/214 dated.11.10.17)

CTRI Registration: CTRI/2021/12/038548

Date of initiation:

Sl. No	Name of the participating center	Date of initiation
1.	CARI, New Delhi	13.05.2022
2.	ATC, ABVIMS, Dr. RML Hospital	14.05.2022
3.	NIMHANS	31.12.2021

Budget allocated at CARI New Delhi : Rs. 82,50,955/-

Installment wise release

S.no.	Instalment	Sanction order	Date	Date of receipt of fund
1.	Amount Received during 2020-2021 24,03,300/- [CARI- 10,27,500/- RML - 6,62,900/- NIMHANS – 7,12,900/-]	F.No CV/Exp/CCRAS/hqtrs/2020- 21/329	21.10.2020	21.10.2020
2.	Amount Received during 2021-2022 21,92,345/- [CARI- 4,66,545/-, RML- 3,00,000/-, Transferred to NIMHANS -14,25,800/-)	F.No3-97/2020/CCRAS/ Adm/Coll./ 1010	08.06.2021	08.06.2021
3.	Amount Received during 2022-2023 Rs. 68,000/- + Rs. 4,29,330/- (Transferred from RA head of CARI) Total = 4,97,330/- (For CARI, & RML) Received -10,52,460/- (5,00,000/- for CARI,	F.No. 3- 97/2020/CCRAS/admin/IMR/ 1642	27.06.2022 13.12.2022	27.06.2022 23.12.2022

	Rs. 5,52,460/- For RML) Total - Rs. 15,49,790/-	F. No 3-70/2020- CCRAS/Admn/Coll./5005,		
4.	Amount Received during 2023-2024 Rs. 5,85,436/- + Rs. 2,14,564/- (Fund returned from RA of CARI) Total =8,00,000/- (For CARI & RML)	Item no.51 of Schedule of Rule 4 of Rules & Regulations as per new bye laws of CCRAS, New Delhi. F.No.5-10/2023-24/CCRAS/Accounts, O.O No. 466/2023-24	06.07.2023 09.08.2023	06.07.2023 09.08.2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	1. Pre-trial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with the certificate of analysis:	3 months	Achieved	--
2.	Trial Period	4 th month- 22 nd month [Recruitment of patients will be up to 18 th month].	Enrollment going on at RML Hospital	
3.	Statistical Analysis & submission of final report:	2 months	Not applicable	

Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	CARI, New Delhi	120	100	20	00
2.	ATC, ABVIMS, Dr. RML Hospital	101	62	17	22
3.	NIMHANS, Bangalore	84	17	18	49

Relevant information, if any:- Study completed at CARI and ongoing at RML & NIMHANS

A2.) “Development of Automated Basti Yantra- A comprehensive tool for administration of enema”

1. Objectives:

1. Primary Objective: To develop Automated *Basti Yantra*.

2. Secondary Objectives:

- To standardize and validate the sequential release timing of the ingredients from the reservoirs to mixing chamber in comparison to the standard of classical *Basti* procedure.
- To standardize and validate the revolution per minute (RPM) of the mixing machine for the preparation of a homogenous emulsion of *Basti dravya* in comparison to the standard of classical *Basti* procedure.
- To standardize/validate the pressure of the pressure machine to be fixed in *basti putak*.
- To develop the Standard Operating Procedure (SOP) of the *Basti Dravya* (homogenous emulsion of end product)

1. Milestones with deliverables

Deliverables: -Project start with actual release of 1st Installment of Rs. 49,12,560/- on 10.09.2020

Study Duration: - 2 years, extended for 06 months vide letter no F.No3-119/2019-CCRAS/Admin/2639 dated 23.08.2022 till 11.03.2023.

Phase – I (0- 6 Months)

Strategic decisions regarding identification of the inert material for development of structure of the tool, finalization of the blue print of tool by CCRAS and IIT, New Delhi, fixation of volume of each flask, finalization of the ways for validation of the tool in respect to mixing machine and pressure machine and finalization of the coding of the software part. Submission of the design of the tool for patent right.

Phase – II (7 to 14 months)

First prototype handed over to the CARI New Delhi by IIT, New Delh on 23.08.2022

Phase – III (15 to 18 months)

Validation study on developed prototype at CCRAS to standardize and validate the sequential release timing of the ingredient from the reservoir to mixing chamber was achieved on time

To standardize and validate the revolution per minute of the mixing machine for the preparation of homogenous emulsion of *basti dravya* as well as

standardization of the SOP of the homogenous emulsion (*basti dravya* was also attained on time The intermediate and finished product were also standardised for future reproducibility and quality assurance was also done .

Phase – IV (19 to 22 months)

Modification in prototype by IIT, New Delhi & delivery of final biomedical instrument to CARI was

done on ---09.11.23--

Phase – V) (23 to 24 months)

2. Regarding the Final delivery of the tool and the technical report, IIT New Delhi has submitted the detailed technical report along with the UC and final prototype was also handed over to CARI New Delhi on 15Jan 24

3. Expected outcomes

In the field of research on Basti procedures, it is expected that there will be minimization of errors due to administrator or nozzle or enema bag of errors. The tool will prepare a standard homogenous emulsion of Basti dravya and will provide Standard Operating Procedures (SOPs) of Basti for further research. The tool is also expected to be standardized, user-friendly, minimize the risk of transfer of infected material, cost effective, time saving and reducing manpower thus improving the acceptance of the therapy at global level.

4. Applicability/Translational value/Relevance in the light of Ayurveda:

- The present study will enable the development of standard operating procedure for *Basti*.
- The automated prototype will be a revolutionary change in Panchakarma practice a homogeneous standardized madhutailik basti can be prepared by this automated machine.

5. Participating center along with PI :

S.No.	Name of the participating centre	Name of PI
	CARI, New Delhi IIT, Delhi	PI: Dr.Ramavatar Sharma,R.O. (Ay.) at CCRAS hqrs Dr. Sumer Singh,IIT,Delhi Co-I: Dr. Seema Jain,R.O.(Ay) Dr. Shaizi Layeeq, R.O.(Ay) Prof.Surya prakash Singh,IIT,Delhi

6. **Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:** It is a Collaborative study which is being approved by the PEMC vide sanction order no. 13-7/2019-CCRAS/Tech./HQ/145, 10.04.2019

7. **Period of Initiation:** Oct 2020

8. **Sanctioned Budget:** F.No3-119/2019-CCRAS/Admin/IMR/ 8029/12.03.2020 Rs 52,17,560/-

1st instalment of Rs 52,17,560/- was released vide
(F.No.C.V./Expenditure/IMR/215/CCRAS/HQ/2019-20/1385, 13.03.2020)

Released Amount to IIT till date:

First installment vide F.No.3-119//2019-CCRAS/Admn/IMR/8029, DATED 10.09.2020 of Rs. 49,12,560/-

Details of other installments as part payment is as follows:

- F.No.3-119//2019-CCRAS/Admn/MR/8029, DATED 6.02.21 of Rs 15,06,280/-
- F.No.3-119//2019-CCRAS/Admn/MR/8029, DATED 23.12.21 of Rs 9,56,280
- F.No.3-119//2019-CCRAS/Admn/MR/8029, DATED of Rs 9,46 256/-

Total amount released To IIT is of Rs. 83,21,376/-

Total amount released to CARI, ND was Rs.1,43,716/-/-

Status of the project: Completed.

The final automated machine (Basti Yantra) is installed at CARI, ND by IIT on 9th Nov 2023.

A3.) Randomized double blind Placebo controlled Clinical Study of Ayurvedic coded Drug AYUSH-A in the management of Bronchial Asthama (Tamak Shwasa)

Objectives :

- Primary- To evaluate the efficacy of Ayush –A in the patients with mild- moderate Bronchial Asthma
- Secondary: To evaluate the safety of Ayush –A in the above patients.

Study Design : NA

Study Type	:	Interventional
Purpose	:	Intervention
Masking	:	Blinding
Control	:	yes
End point	:	Efficacy and safety
Timing	:	02 yrs
No. of groups	:	02
Sample Size	:	100 (50 patient (each group))

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

Yes, it is approved by the PEMC vide F.N.3-34/2018- CCRAS /Admn/ Tamak shwasa, as collaborative projects

Duration of Study: 2 years (extended up to 05.07.23 vide F.N.3-34/2018- CCRAS /Admn/ Tamak shwasa/1625, dated-23.06.2022-- and further on date-20.07.23----for the period of -1 Year up to 30.06.24

Note: this project was extended due to delay in trial formulation and further due to COVID pandemic and other technical issues.

Interventions: High dose ICS or LABA COMBINATION INHALERS + Ayush –A ,2 GM TDS with Luke warm water after food

And matcing placebo of Ayush A along with High dose ICS or LABA COMBINATION INHALERS

Participating center along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I (as per email of institute dated 25.11.2019)

Date of IEC approval : Approved by the IEC at AIIMS New Delhi in 2019 -F .No.13 dated 24.10.2019 & 25.06.2021.

CTRI Registration/Reference (for clinical trials): CTRI/2021/06/034446.

Date of initiation: 01.08.2021 at AIIMS, New Delhi

Budget allocated: Rs.59,26,260/- which was sanctioned vide F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa/1181dated 04.07.18

Installment wise Budget release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1	Ist Instalment -41,52,156/- 35,52,156/-,(for AMMS,ND) 6,00,000/--(for NIRDD,KOLKATA) was sanctioned to manufacture Ayush A and its matching placebo	F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa/1181,	04.07.18	19.07.2018
	2nd instalment of Rs.11,84,052/-	F.N. 3-97/2020-- CCRAS/Admn Coll/1010,	08.06.2021	08.06.2021
	3rd Installment of Rs. -14,75,519/-	F.N.HQPROJ011/19/2023 PROJ/2480	20.07.2023	04.09.2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	2 months	Not achieved as gulvanphsa (one of the ingredients was not available till 8 months after sanctioning of the project	delay in receiving of trial drug
2.	Recruitment of patients	32 months	Completed	
3.	Statistical analysis	2 months	NA	

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	100	71	21	08

Any relevant information: Initiated on Aug 21 but as per council's letter, no. F.N. 3-34/2018-CCRAS/aDMN/6214 Dated 02.03.2022, the participant enrollment was withheld for 1 yr from Marc 22 after that enrollment restarted from April 2023. The project is extended for 1 year till July 2024. The first investigator (Expert Allopathic physician) diagnoses the patient with PRF (Physician Reporting Form) and second investigator (Research Scholar/ Junior Physician etc.) diagnose the same patient with the help of developed Ayurveda Diagnostic Tool. Treatment is prescribed by the First Investigator and response is recorded during follow-up.

A4.) Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study.

Objectives:

- **Primary objective:** To determine the effect of *Virechana* (purgation) therapy on the changes in the gut microbial profile.
- **Secondary Objective:**
 - i. To understand the efficacy of *Virechana* therapy on the nutritional and metabolic profile of healthy individuals.
 - ii. To evaluate the effect of *Virechana* on the biochemical and clinical parameters and general well-being in healthy individuals.

Study Design:

Study Type	:	Prospective Multicentric parallel group study
Purpose	:	Treatment
Masking	:	None
Control	:	None
Timing	:	Prospective
End Point	:	Clinical Efficacy
No. of groups	:	1

Sample Size : 75 at two centers (37 atCARI, Punjabi Bagh & 38 atAIIA, Sarita Vihar)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Yes ,this project is approved by PEMC vide dated

Duration of Study : 36 months

Interventions:

1. Phase I: *Purvakarma* (pre-procedural treatment)

- *Deepana- Pachana* therapy with *Musta + Shunthi*
- *Snehapana* therapy with *go ghrita*
- *Abhyanga (Tila Taila)- Svedana (Dashamula Kwath Ushma Sweda)*

2. Phase II: *Virechana Karma* with *Hridya Virechana Leha (Trivrita leha)*

3. Phase III: *Samsarjana Karma*

Participating centers along with PI:

Sr. No.	Name of the participating centre	Name of PI	Name of Co-I
1.	CARI, Punjabi Bagh, New Delhi/CCRAS Hqrs	Prof. Vd. K.S.Dhiman(till 31/3/2021) Dr.N. Srikanth(till date)	Dr. Rajkala Patil, R.O.(Ay) till 16/11/20 Dr. Amit, R.O.(Ay.) till 13/11/ Dr. Shaizi Layeeq,R.O.(Ay) Dr. Kishor Patel, R.O.(Ay.)
2.	AIIA, Sarita Vihar, New Delhi	Prof. Tanuja Manoj Nesari Director, AIIA, NewDelhi	Dr. V.G. Huddar, Associate Professor, Dept of Kayachikitsa Dr. Divya Kajaria, Assistant Professor, Dept of Kayachikitsa Dr. Pransanth D. Assistant Professor, Dept of Panchakrma
3.	ILBS, Vasant Kunj, New Delhi	Dr. Shvetank Sharma,, Associate Professor, Department of Molecular and Cellular Medicine	Dr. Jaya Benjamin, Associate Professor, Dept of Clinical nutrition

Date of IEC approval:

At AIIA: 01.10.2020 vide IEC-AIIA/2020/P(RP22) dated 1/10/2020

At CARI: 03.12.2020 vide F.No. 1-12/2015/ACRI/Tech/IEC/Par II/347

At ILBS: 11.01.2021 vide F.37/(1)/9/ILBS/DOA/2020/20217/5-11

CTRI Registration/Reference (for clinical trials): CTRI /2021/05/033639

Date of initiation:

S. No.	Name of the participating center	Date of initiation*
1	CARI, Punjabi Bagh	8/11/2021
2	AIIA, Sarita Vihar	25/11/2021

Total Budget allocated: Rs. 2,38,74,680/- vide F. No. 3-97/2020/CCRAS/Admn./Coll./3616 dated 23/10/2020

for AIIA: Rs. 47,57,840/-, for ILBS: : Rs. 1,53,44,040/- and for CARI: : Rs. 37,72,800/-

Installment wise budget release:

Sr. No.	Installment	Order No	Date of receipt of fund
1.	17,18,570/-	F. No. HQ-PROJ011/29/2023-PROJ/1867	26/06/2023
2.	3,18,320/-	F. No. HQ-PROJ011/29/2023-PROJ/3846	19/09/2023
3.	325000/-	F. No. HQ-PROJ011/29/2023-PROJ/6398	27/12/2023
4.	5,00,000/-	F. No. HQ-PROJ011/29/2023-PROJ/7647 (Part-payment of the remaining budget to ILBS)	12/02/2024
5.	26,62,825	F. No. HQ-PROJ011/29/2023-PROJ/8326	19/03/2024

Chronological timeline & deliverables:

Sr. No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Set-up; IRB and consent, CRF, Medicine	06 months	Achieved	Delayed due to non-availability of trial formulation
2.	Recruitment period:	24 months	In progress	Delayed due to COVID pandemic

Current status: Ongoing

Center Name	Target	Enrolled	Completed	Drop-out
CARI, New Delhi	37	35	28	3
AIIA, New Delhi	38	38	30	2

Any relevant information: NA

A5.) Prospective Double Blind Randomized Controlled Clinical Study on Ayurvedic intervention (Sarpagandha Mishran) vs Amlodipine in the management of Stage- I Primary Hypertension

Objectives

- **Primary objective:** To assess the clinical efficacy of Sarpagandha-Mishran in the Management of Stage-I Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of Sarpagandha-Mishran in the Management of Stage-I Hypertension (JNC-VII report).

Study Design:

Study Type : Interventional
Purpose : Treatment
Masking : Double Blind
Control : Controlled
Timing : Prospective
End Point : Efficacy and Safety
No. of groups : 2 Groups

Sample Size : 150 (75 each group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

F.No.3-36/2020-CCRAS/Admn/Coll./8301 dated:30/03/2020

Duration of Study: 2 years

Interventions:

Group-I

	Sarpagandha Mishran (SM) (API – Part III; 1st Ed.; Pg 170).	Hydrochlorthiazide (HCT)	Matching Placebo of Amlodipine
Dose	500mg Twice daily	12.5 mg	5 mg
Dosage	Capsule	Tablet	Capsule
Route of administration	Oral	Oral	Oral
Time of administration	Twice a day after food	Once a day after food	Once a day after food (morning)
Anupana	Water	Water	Water
Duration of therapy	3 months	3 months	3 months

Group-II

	Amlodipine	Hydrochlorthiazide (HCT)	Matching placebo of Sarp Gandha Mishran
Dose	5 mg	12.5 mg	500mg Twice daily
Dosage	Capsule	Tablet	Capsule
Route of administration	Oral	Oral	Oral
Time of administration	Once a day after food (morning)	Once a day after food	Twice a day after food
Anupana	Water	Water	Water
Duration of therapy	3 months	3 months	3 months

Participating center along with PI: Collaborative study

S. no.	Name of the participating centre	Name of PI	Name of Co-PI
1.	All India Institute of Medical Sciences (AIIMS), New Delhi	Dr. D S Arya Professor, Dept. of Pharmacology, AIIMS, New Delhi	<i>i.</i> Dr. Rajiv Narang, Professor, Dept. of Cardiology, AIIMS, New Delhi <i>ii.</i> Dr. Jagriti Bhatia, Professor, Dept. of Pharmacology, AIIMS, New Delhi <i>iii.</i> Dr. Rajesh Sagar, Professor, Dept. of Psychiatry, AIIMS, New Delhi <i>iv.</i> Dr. Shivam Pandey, Dept. of Bio-statistics, AIIMS, New Delhi
2.	Central Ayurveda Research Institute		<i>i.</i> Dr. Sakshi Sharma, RO (Ay.), CARI, New Delhi

Date of IEC approval: 13.08.2019

CTRI Registration/Reference (for clinical trials): [CTRI/2021/12/038589] on dated 13.12.2021

Date of initiation:22.01.2022

S.No.	Name of the participating centre	Date of initiation*
1.	All India Institute of Medical Sciences, New Delhi	22.01.2022

Budget allocated to CARI New Delhi : Rs. 66,32,426/-

Installment wise budget release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	Rs. 25,45,280/-	Order No. 3-36/2020-CRAS/Admn/Coll./8301	30.03.2020	Sep 2021
2.	Rs. 12,17,912/-	F No. 5-5/2021-22/CARI/Accts/733	25.03.2022	March 2022
3.	Rs. 3,39,000/-	Order No. 3-97/2020-CCRAS/Admn/IMR/1642	27.06.2022	3 rd Aug 2022
4.	Rs. 8,66,091/-	File No. HQ-PROJ011/101/2022-PROJ/4593	22.11.2022	Dec 2022
5.	Rs. 11,64,143/-	File No. HQ-PROJ011/101/2022-PROJ/969	19.05.2023	June 2023
6.	Rs. 3,85,554/-	File No. HQ-PROJ011/101/2022-PROJ/4560	05.10.2023	Nov 2023
7.	Rs. 1,24,260/-	File No. HQ-PROJ011/101/2022-PROJ/8780	20.03.2024	25 th March 2024

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	150	01.04.2022	Not achieved (only 22 subjects were enrolled)	Due to Covid-19 pandemic project initiated late on 22.01.2022, got Extension up to 31.01.2024 vide File No.HQ-PROJ011/101/2022-PROJ/ 4593 dated 22.11.2022
2.	150	31.01.2024	Not achieved (120 subjects were enrolled in the assigned time period) and further	Enrollment discontinued after obtaining the due permission vide File No.HQ-PROJ011/101/2022-PROJ/ 8776 dated 20.03.2024

Current status: Complete

Target	Number	Number	Number	Number of	Screening	Remarks
--------	--------	--------	--------	-----------	-----------	---------

Sample Size	of patients Screened	of patients enrolled	of dropout patients	patients Successfully completed	Failure	
150	131	120	08	112	11	Protocol is under publication.

Any relevant information: enrollment of the participants discontinued as there was short expiry of the trial formulations and further extension may delay the study and additional resources were needed. Accordingly, as per the statistician opinion enrollment had been discontinued and approval of the same was obtained from CCRA Hqrs.

A6) “A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)”.

Objectives:

Primary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on knee pain and functional disability.

Secondary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on range of motion of knee joint
- To compare the change in the need of rescue analgesic medication
- To compare the Change in quality of life after the study interventions
- To compare the effects of Ayurveda interventions versus standard care on knee structural changes (delay of the structural progression of OA)
- To compare the effects of Ayurveda interventions versus standard care on inflammatory biomarkers
- To compare the change in Bone mineral density
- To compare the proportion of participants experiencing any Adverse Event/ Adverse Drug Reaction.

Study Design :

Study Type	:	Interventional (Clinical Trial)
Allocation	:	Randomized
Intervention model	:	Parallel group
Masking	:	No
Blinding	:	Open-label
Control	:	Yes
Timing	:	Prospective
No. of Groups	:	Two
Sample size	:	150 (75 in each group)

Duration of Study: 30 months.

Interventions :

Trial Group: Matra Basti with Ksheerabala Taila and Janu Basti with Dhanwantara Taila for 14 days every two months for 6 months along with oral medications Laksha Guggulu (1g twice daily with lukewarm water after food) and Muktaashukti bhasma (250 mg twice daily with lukewarm water after food) for a period of 180 days.

Control Group: Standard care (topical NSAIDs) for a period of 180 days.

The participants will be examined at every 30 days at 30th, 60th, 90th, 120th, 150th and 180th day for follow-up

Note: 180 days active drug with 4 weeks follow up prospective open clinical trial design is proposed. Duration of the research project is 30 months. Recruitment period is up to 16 months.

The study is carried out in collaboration between AIIMS, New Delhi & CARI, New Delhi.

Participating centre along with PI & Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	AIIMS, New Delhi	Dr. Uma Kumar Qualification: MBBS MD Address: Room No 4076, 4 th Floor, Teaching Block, AIIMS, New Delhi Telephone / Mob: 91-9868217040 E- mail : umaakumar@yahoo.co.in	Dr Danveer Bhadu Qualification: MBBS MD DM Address: Room No 4076, 4 th Floor, Teaching Block, AIIMS, New Delhi Telephone / Mob: 91-9999762759 E- mail : danveerbhadu2000@gmail.com
2	C.C.R.A.S. C.A.R.I.,	Dr. Bharti Qualification: M.D. (Ay.),	Dr. Amit Kumar Rai Qualification: M.D. (Ay.), PGDHA,

NEW DELHI.	<p>Ph.D. (Ay.) Address: Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi- 110026 Telephone / Mob: 011- 25221059; 9868109737 E- mail :drbhartidelhi@gmail.com; cari.delhi2021@gmail.com</p>	<p>PDCR Address: Central Council for Research in Ayurvedic Sciences, Institutional Area, Opposite D- block, JanakPuri, New Delhi- 110058 Telephone / Mob: 9105134783; 9013231792 E- mail : dr.amitrai1983@gmail.com Dr. Kishor Patel Qualification: M.D. (Ay.) Address: Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 7405403106 E- mail : kishoreworld007@gmail.com</p>
-----------------------	---	--

Date of IEC approval:

Ethical clearance was obtained for this project in ethics committee of AIIMS, New Delhi and CARI, New Delhi

AIIMS, New Delhi- IEC-132/04.02.2022, RP-36/2022 dated 02.03.2022.

CARI, New Delhi-F. No.1-12/2020-CARICD/Tech/IEC dated 04.05.2022

CTRI Registration/Reference (for clinical trials) :

The project has been registered in CTRI- CTRI/2022/05/042792.

Date of initiation : 11-10-2022

Total Budget allocated to CARI New Delhi : Rs. 1,07,25,676/-vide order no.930/2021 & F.No.3-139/2021/CCRAS/Admn/Coll., dated-24.12.2021

Installment wise budget release- For F.Y.2023-24.

Installment	Amount	Sanctioned order	Date
1	Rs.39,13,428/- (AIIMS- Rs. 33,90,760/- & CARI- Rs.5,22,668/-)	F.No.3- 139/2021/CCRAS/Admn/Col 1./979	19.05.2023.
2	Rs.4,05,744/- CARI	F.No.HQ.PROJ011/165/2022 -PROJ/3711	30.08.2023
3	Rs.4,11,524/- CARI	F.No.HQ.PROJ011/165/2022 -PROJ/6484	22.12.2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1	<ol style="list-style-type: none"> 1. Period required for Pretrial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with certificate of analysis: 	6 months	Achieved	--
2	Trial Period	7 th month- 22 nd month	Ongoing	--
3	Statistical Analysis & submission of final report:	1 month	-will be done after completion of the study	--

Current status: Project is ongoing.

Status of projects Centre wise (AIIMS New Delhi) as on 31.03.2024

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
11.10.2022	150	77	116	49	15	52	Nil

Relevant information, if any: NIL

A7.) Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial

Objectives:

To assess the efficacy of Ayurvedic management in Allergic Rhinitis (*Vataja Pratishyaya*) by comparing it with a conventional control group.

Study Design	:	Randomized open-label controlled
Study Type	:	Interventional
Purpose	:	Treatment
Level of study	:	OPD
Masking	:	Open study
Timing	:	Prospective
Control	:	Controlled
End Point	:	Efficacy and Safety
No. of Groups	:	two
Treatment period	:	45 days
Sample Size	:	90

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: yes, it is approved by PEMC and sanctioned vide

Duration of Study: Two years

Drug Interventions

Group A

A. Treatment Group

1) *Anutaila-Nasya* (6 drops in each nostril) -Ref.-AFI Part I 8:1, pg.no.365 A.H.Su.20/16

Dose : 06 ml

Dosage form : Oil

Route of administration: Nasal oleation (*Nasya*) 07 days for three consecutive cycles with the interval of 08 days

Packing form : 10 ml plastic bottle

Duration of therapy : 45 days

2) *Nardiya Laxmivilas Rasa*: Ref.-Ay.Formulary of India, Part-1,20:39

Dose : 250 mg

Dosage form : Tablet
Route of administration : Oral
Time of administration : Twice a day after food
Anupana : Honey
Packing form : Pack containing 32 tablet of medicine
Duration of therapy : 45 days

3) ***Shirishadi Kashaya*** ---- Anubhuta yoga

Ingredients- *Shirisha, Vasa, Kushtha, Kantkari, Madhuyashti, Pushkarmoola, Vibhitakibark, Haridra and Ajvayan.*

Dosage form : Powder
Route of administration : Oral
Time of administration : Twice a day empty stomach
Packing form : Pack containing 600 gm medicine
Duration of therapy : 45 days
Dose : 40 ml. twice a day (morning & evening).

Control Group

Fluticasone propionate Nasal Spray 50 mcg/ spray) in a dose of 200 mcg/ day

Dose : two sprays in each nostril once daily
Dosage form : Nasal spray
Time of administration: once a day
Route of administration: Nose
Packing form : Each canister contains 100 metered doses
Duration of therapy : 45 days

Follow Up: 03 Months

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	VMMC & Safdarjung Hospital, New Delhi	1. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 Co-PI: 1. Dr. Isha Preet Tuli Professor, ENT department, Safdarjung Hospital, New Delhi.	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval: 28.03.2023

CTRI Registration : CTRI/2023/06/053395 [Registered on: 01/06/2023]

Date of Initiation : 25.10.2023

Budget allocated : Rs. 33,08,000/-

Installment-wise release:

S.N.	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st Installment of Rs. 9,09,600/ and released of Rs. 8,99,600/- for VMMC & Safdarjung Hospital, New Delhi 10,000/- for CARI, New Delhi	Office order no- 1230/2022-23	14.02.2023	17.02.2023
2.	2 nd installment 2,96,300/-	F.No. HQ-PROJ011/30/2023-PROJ/1598	14.06.2023	27.06.2023
3.	3 rd installment 3,88,000/-	F.No. HQ-PROJ011/30/2023-PROJ/3860	05.09.2023	19.09.2023

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	6 months	Done	NIL
2.	Recruitment in the main study	15 months	Ongoing	-

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	60	10	01	49

Relevant information, if any: Protocol article has been prepared and submitted to peer-reviewed PubMed journal.

.....

A8.) Efficacy of Ayurveda interventions in the management of *menorrhagia* (*Raktapradara*) – A randomized controlled trial

Objectives:

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara).

Secondary Objective- To assess the efficacy of Ayurveda intervention on the Quality of life of women with menorrhagia (Raktapradara).

Study Design	:	Randomized open-label controlled
Study Type	:	Interventional prospective study
Purpose	:	Treatment
Masking	:	open-label
Control	:	Controlled
Timings	:	Prospective
End Point	:	Efficacy & Safety
No. of Groups	:	Two
Sample Size	:	140 (70 patients in each group)

Date of IEC approval: IEC/VMMC/SJH/Project/2023-02/CC-321 Dated 28/3/2023

Duration of Study : Three years

Drug Interventions :

Group A

- 1) Trinkantamani Pishti (AFI part I, 17:1 pg no. 584, Rasatantrasara Siddhaprayogasangraha, Bhasmaprakarana, 33)

Dose : 250 mg
Dosage Form : Capsule
Route of Administration : Oral
Time of Administration : Two times a day morning and evening before meal
Duration of therapy : 3 months

- 2) Ashokarishta (AFI part I, pg.45, Bh. R. Streerogadhikara pg. 114-117)

Dose : 20 ml
Dosage Form : Liquid
Route of Administration : Oral
Time of Administration : Two times a day, morning and evening after meal
Duration of therapy : 3 months

- 3) Tablet IFA: One tablet (100mg Elemental Iron + 1.5 mg folic acid) twice daily orally with plain water after breakfast for 3 months.

Follow Up: 02 Months or 02 Cycles without drug.

Group- B

- 1) Tablet Tranexamic acid: 500 mg thrice daily orally with plain water for 7 days from 1st day of menses for three cycles

- 2) Tablet IFA: one tablet (100mg Iron + 1.5 mg folic acid) twice daily orally with plain water after breakfast for 3 months.

Follow Up: 02 Months or 02 Cycles without drug.

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	<i>I.</i> Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

CTRI Registration : CTRI/2023/05/052929 Dated 19.05.2023

Date of Initiation : 05/12/2023

Budget allocated : Rs. 62,47,800/-

Installment-wise release:

S.N.	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st Instalment 50,000/-	Office order no-1241/2022-23	14.02.2023	20.02.2023
2.	2 nd Installment 1,56,000/-	F. NO. PROJ011/134/2022-PROJ/1251	29.05.2023	05.06.2023
3.	3 rd Installment 12,74,479/-	F. NO. PROJ011/134/2022-PROJ/5266	02.11.2023	16.11.2023

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	6 months	Achieved	-
2.	Recruitment in main study	23 months	Enrollment Ongoing	-
3.	Treatment Period with follow up period	05 months	Ongoing	
4.	Statistical Analysis	02 months	-	

Current Status:

S.No	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	24	00	00	24

Relevant information, if any: Protocol article has been prepared and will be submitted to peer-reviewed PubMed journal.

A9.) Tolerability, treatment adherence and safety of an Ayurvedic intervention – *Dhatri Lauha* in the management of Iron Deficiency Anaemia: An open label single arm clinical study

Objectives:

- **Primary Objective:**
- To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-*Dhatri Lauha* in the management of Iron deficiency anemia
- **Secondary Objective:**
- To assess safety of *Dhatri Lauha* in the management of Iron deficiency anemia

To assess efficacy of *Dhatri Lauha* in the management of Iron deficiency anemia.

Study Design :

Study Type : Interventional
 Purpose : Treatment
 Masking : Open labeled
 Control : No
 Timing : Prospective
 End Point : Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen
 No. of groups : One

Sample Size : 480 (120 from each centre)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: yes ,it is approved by PEMC and sanctioned vide File No.HQ-PROJ011/60/2023-PROJ on dated 28.04.2023

Duration of Study : 2 years

Participating center along with PI:

S.No.	Name of the participating center	Name of PI
1.	CBPACS- New Delhi	Dr. Subash Sahu
2.	MSM Khanpur, Sonipat	Dr. Gati Krushna Panda
3.	RGPGAC & H, Paprola	Prof. Vijay Chaudhary
4.	SAMC & H, Indore	Dr. Ratnaprava Mishra
5	CARI, ND, Coordinating Institute	Dr Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)

Date of IEC approval:

S.No.	Name of the participating centre	Date
1.	CBPACS- New Delhi	26.07.2023
2.	MSM Khanpur, Sonipat	08.08.2023
3.	RGPGAC & H, Paprola	13.02.2023
4.	SAMC & H, Indore	23.08.2023

CTRI Registration/Reference (for clinical trials) : CTRI/2023/08/056926 [Registered on: 25/08/2023].

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	CBPACS- New Delhi	06.03.2024
2.	MSM Khanpur, Sonipat	28.03.2024
3.	RGGPGAC & H, Paprola	11.03.2024
4.	SAMC & H, Indore	29.02.2024

Total Budget allocated: Rs. 1,24,26,304/-vide office order no File No.HQ-PROJ011/60/2023-PROJ on dated 28.04.2023

Installment wise budget release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	52,75,190 /-	File No.HQ-PROJ011/60/2023-PROJ	28.04.2023	08.05.2023
2.	2,65,400 /-	HQ-PROJ011/60/2023-PROJ/6780	05.01.2024	06.02.2024

Chronological timeline & deliverables

Total Study Period	24 months
Preparatory phase	03 Months
Recruitment	18 Months
Statistical Analysis	02 Months
Study report	01 Months
Treatment Period	90 Days (03 Months)

Current status:

S.No.	Name of the participating centre	Total Screened	Total Enrolled
1.	CBPACS- New Delhi	36	06
2.	MSM Khanpur, Sonipat	10	02
3.	RGGPGAC & H, Paprola	14	06
4.	SAMC & H, Indore	14	06

Any relevant information: The enrollment process has been delayed to no non availability of the trial formulations but now it has been initiated and monitoring of the same is already done in March 2023.

A10.) . Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in the Prevention and reduction of the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study

Objectives:

Primary Objective:

- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in prevention of Acute Mountain Sickness (AMS)
- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in reducing the severity of Acute Mountain Sickness (AMS)

Secondary Objectives:

- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in reducing the incidence of thromboembolic events
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol on markers of coagulation and hemostasis activation (MOCHA) and pro-inflammatory markers.
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in improving the mood states, sleep quality and quality of life parameters

METHODOLOGY/DETAILED STUDY DESIGN

Study Type:	Clinical Trial
Allocation :	Randomized
Intervention model :	Parallel group
Masking :	No
Blinding :	Open-label
Control	Yes
Timing:	Prospective
No. of Groups :	Two
Sample size :	1660

Drug/Intervention

S. No.	Intervention	Dosage
1.	Ayush CCT Tea	125 ml BD
2.	Ayush Poshak Yoga	25 gm BD daily
3.	High Altitude sickness Prevention Protocol of Yoga (HAPPY)	60 minutes daily
4.	Standard care as per the existing Indian Army guidelines (physiological, hematological and biochemical parameters)	

Control Group: Standard care as per the existing guidelines.-**High Altitude sickness Prevention Protocol of Yoga (HAPPY)**

Type of Yoga	Yoga Practices (alternate day schedule)		Rounds	Duration in Minutes
	Day 1	Day 2		
Breathing exercises	Hands stretch breathing	Hands stretch breathing	9	10 min
	Hands In and out Breathing	Hands In and out	9	
	Yogic Breathing	Breathing Yogic	9	
	Ankle stretch breathing	breathing	9	
	Kapalabhati Kriya	Ankle stretch breathing	3	
	Yogic Breathing	KapalabhatiKriya Yogic Breathing		
Asanas- Standing	Surya Namaskar	Surya Namaskar	4	6 min
	Ardha Kati chakrasana	Trikonasana	1	10 min
	Padahasthasana	Parshvakonasana	1	
	ArdhaChakrasana	Vrikshasana	1	
	Trikonasana	Veerabhadrasana	1	
Asanas- Supine	Shavasana – Quick relaxation technique	Shavasana – Quick relaxation technique	1	5 min
	Uttanapadasana	Pawanamuktasana	1	5 min
	Sarvangasana Matsyasana	Suptapadangushtasana Viparaitakarni		
Asanas- Prone	Bhujangasana	Dhanurasana	1	4 min
	Shalabhasana	Makarasana		
Asanas- Sitting	Shashankasana	Ardhamatsyendrasana	1	4 min
	Ustrasana	Gomukhasana		
Pranayama	Nadishuddi	Nadishuddi	9	6 min
	Bhramari	Bhramari	9	
Meditation/ Relaxation	Om Meditation/ Guided Meditation	Om Meditation/ Guided Meditation	1	10 min
	Shavasana/ Quick relaxation technique	Shavasana/ Quick relaxation technique	1	
				60 minutes

Administration of trial interventions

The trial interventions will be administered to the eligible participants as per the selection criteria, at the time of their deployment to the high-altitude regions. The interventions will be continued for 120 days during their deployment to these high-altitude areas.

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date : Yes the project was approved by PEMC,SAB and SFC also and further sanctioned vide File No.HQ-PROJ011/121/2023-PROJ /1493,DATED 14.03.23

Duration of Study : 1 year

Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	1. CARI, New Delhi NODAL INSTITUTE	Dr. Bharti, Director,-PI Dr. Seema Jain, R.O. (Ay.)- Co.-I Col. (Dr.) Arun Kumar Yadav
	2. Northern Command of Indian Army	Principal Investigator
	3. Directorate General of Armed Forces Medical Services (DGAFMS)	Col. (Dr.) R K Joshi Co- Investigator

Date of IEC approval: IEC-DGAFMS-06.02.2023

CTRI Registration/Reference (for clinical trials) : - CTRI/2023/03/051028

S.No.	Name of the participating centre	Date of initiation*
1.	2118 field hospitals, Nimu/ Leh and General area, Phobrang under the AFMS, Northern Command of Indian Army	18.04.2023

Total Budget allocated to CARI New Delhi is Rs. - 9,65,80,900/- F. No.HQ-PROJ011/121/2023-PROJ/179 Date 18.04.23

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1	Ist Installment - 4,53,16,967/-	F.No.HQ-PROJ011/ 121/2023-PROJ/179	18.04.2023	18.04.2023
2	2 nd Intallment -	F.No.HQPROJ011/12 1/ 2023PROJ/3863	05.09.2023	05.09.2023

	1,61,00,000/-			
--	----------------------	--	--	--

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1	Pre- trial Preparation	2 months	Achieved	-
2	Recruitment of patients	32 months	Achieved	-
3	Statistical analysis	2 months	In progress	-

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	2118 field hospitals, Nimu/ Leh	1660	1541	119	00

Any relevant information: Study site of this project was 2118 field hospitals, Nimu/ Leh and General area, Phobrang under the AFMS, Northern Command of Indian Army. The project was executed in difficult terrain of Leh at high altitude of **14,400 feet**.

Current status: completed in Dec 2023

A11.) Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study

Objectives :

- **Primary objective:** To compare the clinical efficacy of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care versus standard care alone in patients of stable coronary artery disease
- **Secondary Objective:** To assess the safety of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care in patients of stable coronary artery disease

Study Design :

Study Type	:	Interventional
Purpose	:	Therapeutic
Masking	:	Double Blind
Control	:	Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	2 Groups
Sample Size	:	100 (50 per group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Yes, it is approved by the 2nd PEMC dated 13-14th September 2022 and further the study was sanctioned vide order no.HQ-PROJ011/128/2022-PROJ, Office Order No.834/2022-23 dated 21st November2022

Duration of Study: 3 years

Interventions:

Group-I: Standard Care for CAD with Ayurvedic interventions as per the Current ACC AHA guidelines

- **Matching Placebo of Pushkar Guggulu**

Dose	1gm
Dosage form	Capsule (500 mg each)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30capsules
Duration of therapy	6 months

- **Matching Placebo of Haritaki Churna**

Dose	500mg
Dosage form	Tablet
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30tablets
Duration of therapy	6months

Group-II:

- **Standard Care for CAD management as per the Current ACC AHA guidelines**
- **Matching Placebo of Pushkar Guggulu**

Dose	1gm
Dosage form	Capsule (500 mg each)
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30capsules
Duration of therapy	6months

- **Matching Placebo of Haritaki Churna**

Dose	500 mg
Dosage form	Tablet
Route of Administration	Oral
Time of Administration	Twice a day after food
Anupana	Lukewarm Water
Packing form	Blister pack of 30tablets
Duration of therapy	6months

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Department of Cardiology, Safdarjung hospital, Ansari nagar East, New Delhi-29	Dr. Anunay Gupta Associate Professor, Dept. of Cardiology, VMMC and Safdarjung Hospital, New Delhi
2.	CARI, Road no.66, Punjabi Bagh, New Delhi-26	Dr. Sakshi Sharma R.O (Ay.), CARI, New Delhi

Date of IEC approval: IEC/VMMC/SJH/Project/2023-08/CC-396 dated 04/12/2023

CTRI Registration/Reference (for clinical trials): CTRI/2024/02/062553 prospectively registered on dated 12.02.2024

Date of initiation: 27/03/2024

S.No.	Name of the participating centre	Date of initiation*
1.	Department of cardiology VMMC & Safdarjung Hospital, Ansari nagar, East New Delhi	27/03/2024

Budget allocated: Rs. 61,24,600/-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	22,50,000/-	F.No.HQ-PROJ011/128/2022-PROJ.O.O No. 834/2022-23	21/11/2022	03/12/2022
2.	2,78,350/-	F.No. HQ-PROJ011/128/2022-PROJ/893	16/05/2023	14/06/2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	100	3 years	Initiated on 27 th March 2024	NA

Current status: Project initiated with the enrollment of one patient on dated 27th march 2024.

Relevant information if any: NIL

A12.)“ .)“A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery”

Objectives:

Primary objective

- To evaluate the role of Ayush SR as adjunct to usual care on biochemical parameters, such as serum cortisol, serum serotonin, IL-10 and biomarkers of oxidative stress following CABG.
- To evaluate the role of Ayush SR as adjunct to usual care on quality of life post CABG.

Secondary objectives:

- To evaluate the role of Ayush SR as adjunct to usual care on clinical recovery
- To evaluate the role of Ayush SR as adjunct to usual care on physical activity, post CABG To demonstrate the efficacy of Ayush SR as adjunct to usual care on perceived stress, anxiety and sleep, post CABG

STUDY DESIGN

i.Study Type:	Intentional study
ii.Study Design:	Prospective, Open label, Two-arm, Randomized Controlled Trial
iii.Purpose:	A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery
iv.Masking:	None (Open Label)
v.Control:	Controlled
vi.Timing:	Prospective
vii.No. of Groups:	2 groups (110 no. each)
viii.Sample size	220 (110 in each group)

Approval of IMR-PEMC, : Approved in 4th PEMC dated FEB23 and further sanctioned vide office order no-HQ/PORJ-011/133-/2023-PROJ/192,----- dated 25.05.2023

Duration of Study : 3 years

Date of IEC approval: Ethical clearance was obtained for this project in ethics committee meeting at AIIMS,ND dated 25.07.2023

CTRI Registration: CTRI/2023/09/057564

Participating centre along with PI : Collaborative study

S.No.	Name of the	Name of PI
-------	-------------	------------

	participating centre	
1.	Department of CTVS, AIIMS, ND	Dr. Manoj Sahu, Professor, Dept. of CTVS, AIIMS New Delhi
2.	CARI, Punjabi Bagh, New Delhi-26	Dr. Seema Jain, R.O (Ay.), CARI, New Delhi

Date of initiation:

Sl. No	Name of the participating center	Date of initiation
1.	AIIMS New Delhi	Will be initiated shortly

Interventions :

- Group A: Will receive AYUSH SR Tablet in the dose 500 mg twice a day for a period of 3 months along with the **usual care** for post CABG.
- Group B: will receive AYUSH SR placebo tablet in the dose of 500 mg twice daily for a period of 3 months.

The usual care include

1. Phase I Rehabilitation (inpatient phase)- In this step, a mix of physical activity of moderate intensity and stress control strategies are incorporated and begins after the patient is considered clinically competent. Clinically competent is when there is no new/recurring chest pain in the previous 8 hours, HR and electrocardiogram (ECG) are normal and stable in the previous 8 hours, no sign of decompensated heart failure (e.g., dyspnea), no elevation of cardiac marker enzymes (CK-MB or troponin).
 - 1) Early mobilization and physical exercise / reconditioning
 - 2) breathing exercises and chest expansion
 - 3) coughing exercises to clear the sputum & incentive spirometry exercise
 - 4) Broad motion exercises for the upper and lower extremities
 - 5) Exercises for neck and shoulder joint motion
 - 6) Ankle pumping exercises (especially when grafting taken from the lower leg)
 - 7) Mobility training, and training activities of daily life.

- **Phase II Rehabilitation (outpatient phase)**

This phase starts shortly after and/or a few days after discharge, usually within 1-3 weeks, with physical activity supervision. This phase is usually 3–6 months, and in some cases, maybe longer

1. Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Manoj Sahu, Associate Professor, CTVS, ICU - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co-I

Total Budget allocated to CARI New Delhi -94,81,132, sanctioned vide letter no.HQ/PORJ-011/133-/2023-PROJ/192 dated 25.05.2023

Installment wise release

S.no.	Instalment	Sanction order	Date	Date of receipt of fund
1.	Ist Installment Rs 38,25,280/-	HQ/PORJ-011/133-/2023-PROJ/192	25.05.2023	01.06.203

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	1.Pre-trial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4.Procurement of medicines along with the certificate of analysis:		Achieved Achieved Achieved Achieved	--
2.	Trial Period		Yet to be initiated	Recruitment of staff at AIIMS under process
3.	Statistical Analysis & submission of final report:		-	

Current status: will be started shortly.

A13.) “An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community based study”

Objectives:

Primary:

- To assess the impact of Ayurveda regimen on quality of life among elderly population in the community of Ballabhgarh District of Haryana.

Secondary:

1. To assess the impact of Ayurveda regimen on various haematological and biochemical, radiological parameters among elderly population in the community of Ballabhgarh District of Haryana
2. To assess the impact of Ayurveda regimen on health status of elderly population in the community of Ballabhgarh District of Haryana

Study Design :

Study Type	:	Series of N of 1 responder restricted design
Purpose	:	Impact assessment on quality of life in geriatric population
Masking	:	Open-labelled
Control	:	Participant themselves will serve as controls as it will be N of 1 trial
Timing	:	Prospective
No. of Groups	:	Treatment plan (3 nos. of 2 months each) will be randomized for the administration among geriatric participants (respondents) of 6 months.
Sample size	:	400 for screening

Sanction order along with date: CCRAS Hqrs office order no.1469/2022-23 dated: 23.03.2023 & F.No.HQ-PROJ011/168/2022-PROJ.

Duration of Study: 30 months.

Interventions :

The regimen in run-in period will comprise of -

- Ayush rasayana A for the period of six days,
- Ayush rasyana B for 84 days
- Lakshaguggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal (from 7th day onwards for a period of 70 days).
- Ksheer bala -101 softule 2 ml for 70 days
- Basti regimen: 14 day in first month regimen in a dose of 60 ml Ksheer bala oil
It will be accompanied by 1 week break in intervention

The regimen of 180 days will comprise of-

- Ayush rasayana B for 180 days
- Laksha guggulu for 500 mg tablet twice a day (1 tablet BD) with lukewarm water after meal for a period of 159 days
- Ksheer bala -101 softule 2 ml for 159 days
- Basti regimen: 7 day regimen in a dose of 60 ml Ksheer bala oil bimonthly
- Basti regimen: 14 day regimen in a dose of 60 ml Ksheer bala oil bimonthly

**Based on the outcomes obtained in run-in-period, the treatment plan may be modified if required with due permission of ethics committee.*

Participating centre along with PI & Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	AIIMS, New Delhi	Dr. Puneet Misra Designation: Professor Department: Centre for Community Medicine Institute Name: All India Institute of Medical Sciences, New Delhi. Address: Room No- 30, Centre for Community Medicine, AIIMS, New Delhi. Telephone: 011-26593773 E-mail: doctormisra@gmail.com	1. Dr. Sanjay K. Rai, Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi. 2. Dr. Gautam Sharma, Professor, Department of Cardiology, All India Institute of Medical Sciences, New Delhi. 3. Dr. Harshal Salve, Additional Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi.
2	C.C.R.A.S. C.A.R.I., NEW DELHI.		1. Dr. Anagha Ranade Research Officer (Ay.) Central Council for Research in Ayurvedic Sciences, Institutional Area, Opposite D-block, JanakPuri, New Delhi-110058 2. Dr. Babita Yadav, Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 3. Dr. Kishor Patel Research Officer (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 7405403106 E- mail kishoreworld007@gmail.com

Date of IEC approval:

Ethical clearance was obtained for this project in ethics committee of AIIMS, New Delhi
AIIMS, New Delhi- IEC-867/04.11.2022, dated 07.11.2022.

CTRI Registration/Reference (for clinical trials):

The project has been registered in CTRI- REF/2022/11/060231.

Date of initiation: Yet to be initiated

Total Budget allocated to CARI New Delhi: Rs. 3,96,57,500/- vide office order no. CCRAS
Hqrs office order no.1469/2022-23 dated: 23.03.2023 & F.No.HQ-PROJ011/168/2022-PROJ.

Installment wise budget release- For F.Y.2023-24.

Installment	Amount	Sanctioned order	Date
1.	Rs.9,70,000/- CARI	F.No.HQ-PROJ011/168/2022-PROJ/1405,	06.06.2023
2.	Rs.6,45,831/- CARI	F.No.HQ-PROJ011/168/2022-PROJ/8602,	13.03.2024

Chronological timeline & deliverables

S.No	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1	Preparatory Phase 1. Development and printing CRFs: 2. Approval of Institutional ethics committee, CTRI 3. Procurement of medicines along with certificate of analysis:	6 months	Achieved	--
2	Trial Period	21 months	Yet to be initiated	--
3	Statistical Analysis & submission of final report:	1month	--	--

Current status: Project is yet to be initiated

A14.) Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives :

Primary objective:

- To evaluate the treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis

Secondary Objective:

- To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function
- To evaluate the change in the need of rescue analgesic medication
- To evaluate the change in quality of life after the study intervention

Study Design :

Study Type	: Interventional (Clinical Study)
Purpose	: Treatment
Masking	: Open Label
Control	: No
Timing	: Prospective
End Point	: To conclude Adherence, Tolerability,safety of Intervention
No. of groups	: One

Sample Size : 480 (120 at each participating centre)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:This is approved by the 2nd PEMC dated and further sanctioned vide File No. HQ-PROJ011/56/2023-PROJ , Office .Order No. 1328/2022-23 Dated: 27th Feb 2023 and revised sanctioned vide

1. File No. HQ-PROJ011/56/2023-PROJ , Office .Order No. 598/2023-24

Dated: 13th Sep 2023

Duration of Study : 24 months

Interventions:

Yogarajguggulu	1gm TDS one hour after the meals with lukewarm water
Ashwagandha churna	3 gm BD with milk morning and evening
Local application of Narayana Taila followed by hot fomentation	Twice daily (8 am and 5 pm)

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	CARI,New Delhi (coordinating centre)	Dr. Sakshi Sharma Dr. Kishore Patel
2.	Gurukul-Haridwar	Prof. Uttam Kumar Sharma
3.	RGAC-Paprola	Prof. Vijay Chaudhary
4.	Parul- Vadodara	Dr. Hemant Toshikhane
5.	BHU-Varanasi	Prof. Jai Prakash Singh

Date of IEC approval:

Gurukul-Haridwar - 10/03/2023

RGAC-Paprola – 13/02/2023

Parul- Vadodara – 21/03/2023

BHU-Varanasi – 06/05/2023

CTRI Registration/Reference (for clinical trials): CTRI/2023/06/054503

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
2.	Gurukul-Haridwar	13/12/2023
3.	RGAC-Paprola	03/01/2024
4.	Parul- Vadodara	17/01/2024
5.	BHU-Varanasi	06/01/2024

Total Budget allocated to CARI New Delhi : 1,67,90,312 /-

For CARI: Rs. 23,66,800 /-

For Gurukul-Haridwar: Rs. 35,66,143 /-

For RGAC-Paprola: Rs. 35,66,143 /-

For Parul- Vadodara: Rs. 36,45,523/-

For BHU-Varanasi: Rs. 36,45,523/-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	87,87,440 /-	Hq o.o no. 1328/2022-23	27/02/2023	02/03/2023
2.	6,00,000 /-	Hq-proj11/56/2023- proj/o.o no.936/2023-24	17/05/2023	14/06/2023
3.	11,28,028 /-	Hq-proj011/56/2023-proj o.o no. 598/2023-24	13/09/2023	26/10/2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	480(120 each centre)	24Months	continue	NA

Current status:

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of Pts enrolled till date	No.of Paticipants continuing till date	No. of successfully completed participants till date	Current project status
1.	Gurukul-Haridwar	120	30	17	14	00	Ongoing
2.	RGAC-Paprola	120	43	39	39	00	Ongoing
3.	Parul-Vadodara	120	79	60	60	00	Ongoing
4.	BHU-Varanasi	120	18	18	18	00	Ongoing

Any relevant information:

The SMART program (Scope for Mainstreaming Ayurveda Research in Teaching Professionals), a collaborative research initiative between CCRAS and esteemed Ayurveda colleges across the India has been initiated in Four Participating centres i.e. Gurukul Ay. College Uttrakhand University Haridwar initiated on 13/12/2023, RGAC-Paprola on (03/01/20224),Parul University-Vadodara on (17/01/2024), BHU-Varanasi on 06/01/2024. With Project sample size of 480 (120 at each centre) to assess the Treatment adherence ,Tolerability and Safety of intervention i.e Ashwagandha churna, Yograj Guggulu and Narayan oil in the management of Primary Knee Osteoarthritis also to observe the changes in quality of life by using SF -12 Questionnaire and changes need to Rescue Analgesic Medications. Patients are being enrolled after screening and investigations as per protocol i.e., General Investigations (CBC,LFT,KFT) including X-ray, ECG as well as following inclusion and exclusion criteria. Change in the Lab safety parameters(CBC,LFT,KFT) from baseline to day 90th and 120.

A15.) Randomized controlled trial of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy

Objectives:

a. Primary: Efficacy of “*Anshumati Ksheer Paka*” in hypertension induced left ventricular hypertrophy.

b. Secondary: Safety of “*Anshumati Ksheer Paka*” in hypertension induced left ventricular hypertrophy.

Study Design	:	Randomized open-label standard control clinical trial
Study Type	:	Randomized clinical trial
Purpose	:	Safety and efficacy
Masking	:	Open-label
Control	:	Controlled (standard care)
Timings	:	Prospective, 3 year study
End Point	:	Efficacy
No. of Groups	:	Two
Sample Size	:	110 (55 patients in each group)

Duration of Study : Three years

Drug Interventions:

Group I

1. Standard Care

1. As per existing guidelines.
2. Anti hypertensive therapy, medications used to treat are Angiotensin-converting enzyme inhibitors (ACE inhibitors), Angiotensin II receptor blockers (ARB's), Beta blockers, Calcium channel Blockers (CCB) and diuretics.

2. Ayurvedic Intervention

Anshumati: *Desmodium Gangeticum*, Ksheerpaka (Medicated Milk Preparation) Ref.- (API, Part-I, Vol-VI, *Charak Samhita, Vata-vyadhi Chikitsa 28/96*, Bhaisajya Ratnawali Vatarogadhikara)

Dose	:	80 ml twice daily (as per <i>Yog Ratnakar</i>)
Dosage form	:	Liquid
Route of administration	:	Oral
Time of administration	:	Before food
Anupana	:	NA

Duration of therapy: 6 month

Group- II

1. Standard Care

- 1) As per existing guidelines.
- 2) Anti-hypertensive therapy, medications used to treat are Angiotensin-converting enzyme inhibitors (ACE inhibitors), Angiotensin II receptor blockers (ARB's), Beta blockers, Calcium channel Blockers (CCB) and diuretics.

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Department of Cardiology, Superspeciality Block, VMMC and Safdarjung Hospital, New Delhi, India.	1.Dr. Puneet Gupta Assistant Professor(Cardiology) VMMC and Safdarjung Hospital, New Delhi 2.Dr. Neha Dubey R.O. (Ay) CARI, New Delhi CCRAS, HQ	1.Dr. Rajput Shivshankar, Research Officer (Ayurveda) Central Ayurveda Research Institute, Road no 66, Punjabi Bagh (West), New Delhi-110026 2. Dr. Kalpana Kachare, Research Officer (Ayurveda) Postal address: Central Council of Research in Ayurvedic Sciences, Head Quarter, New Delhi-110058 3.Name: Dr. Anunay Gupta Associate Professor (Cardiology) Postal address: Room No. 738, Department of Cardiology, Superspeciality Block, VMMC and Safdarjung Hospital
2.	Central Ayurveda Research Institute, New Delhi		

CTRI Registration : CTRI/2024/03/064352 Dated 18/03/2024

Date of IEC approval : IEC/VMMC/SJH/Project/2023-09/CC-418 Dated on 05.02.2024
 Date of Initiation : Soon Enrollment will be started
 Budget sanctioned : Rs.77,11,262/-vide office order no 02/2023-24 dated 03.04.2023

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Preparatory Phase	6 months	-	-
2.	Recruitment Phase	24 months (7 month -30 month)	-	-
3.	Treatment Period	6 months (180 days)	-	-
4.	Statistical Analysis, preparation of Report and publication of research article	6 months (31-36 month)	-	-

Current Status: Project yet to be started

Relevant information, if any :- Not significant.

PART B) INTRA MURAL RESEARCH PROJECTS

B1.) “Evaluation of AYUSH- SR tablet in Occupational Stress among Nurses – A Randomized Double Blind Placebo Controlled Clinical Study”

Objectives:

a. Primary Objective:

To assess the clinical efficacy of AYUSH -SR in patients suffering from occupational stress among nurses working in RML hospital, New Delhi.

b. Secondary Objective:

To assess the clinical safety of Ayurvedic intervention – AYUSH- SR in the management of Occupational stress among nurses working in RML hospital, New Delhi.

Study Design:

Study Type	:	Interventional - Randomized Clinical Trial
Purpose	:	Treatment and Research
Masking	:	Double blind
Control	:	Placebo Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	Two (1:1)
Sample Size	:	120

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: yes approved in PEMC dated and sanctioned vide F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/2970, Dt: 16.10.2018

Duration of Study : 36 months (3years)

Interventions

Group-I : Ayush SR tablet

Group-II : Placebo

Participating center along with PI:

S.No.	Name of the participating center	Name of PI
1.	ATC at ABVIMS, RML Hospital, New Delhi	Dr. Sudha Kumari K.G, Research officer (Ay)

Date of IEC approval: 02.04.2019, (F.No.1-12/2015-ACRI/Tech/IEC/Part-II)

19.03.2020, [No.330 (48/2019)/IEC/ABVIMS/RMLH) 103]

30.04.2021 [F.No.330 (48/2019/IEC/ABVIMS/RMLH/528] – Renewed

27.05.2022 [F.No.330 (48/2019/IEC/ABVIMS/RMLH/823] – Renewed

CTRI Registration/Reference (for clinical trials): CTRI/2020/07/026276, dt.01.07.2020

Date of initiation:

S.No.	Name of the participating center	Date of initiation
1.	ATC, ABVIMS, RML Hospital, New Delhi	04.02.2021

Budget allocated to CARI New Delhi : 27, 18,400 /-

Installment wise release

S.No.	Installment	Sanctioned order	Date
1.	1 st -8,34,800 /- (2019-2020)	F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH-SR/2970	16.10.2018
2.	2 nd - 2,39,022/- (2020-2021)	F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH-SR/5024	29.12.2020
3.	3 rd - 6,12,900/- (2021-2022) 3,92,900/-, 2,20,000/-	F. No. 3-972020- CCRAS/ Admn/Coll./1010 F.No. 3/66/2018/CCRAS/Admn/IMR/ 460-2021-22	08.06.2021 10.09.2021
4.	4 th - 9,30,042/- (2022-2023) 1,63,000/- +33,266/- (Trans. from RA of CARI)=1,96,266/- 7,33,776/-	F.No. 3-97/2020-CCRAS/IMR/1642 F.No.(3-66/2018-CCRAS/Admn/Ayush-SR/3517	27.06.2022 27.09.2022
5.	5 th -4,03,083/- (2023-2024) 95,480/- 2,50,400/- (Trans. from RA of CARI) 57,203/-	Item no.50 of schedule 1 of Rule of Rules & Regulations CCRAS F.No.5-10/2023-24/CCRAS/Accounts, O.O No. 466/2023-24 Item no.51 of Schedule of Rule 4 of Rules & Regulations as per new bye laws of CCRAS, New Delhi	23.06.2023 09.08.2023 01.03.2024

Chronological timeline & deliverables

S.N	Target For	Time line	Achieved/Not achieved	Causes of deviation, if any
1.	Period required for Pretrial preparation (after sanction of the project to the PI), Development and printing CRFs:	0-2 months	Achieved	-
2.	Trial drug procurement and Subject Recruitment	3-33 months	Enrollment completed (120 subjects)	-
3.	Data verification, Statistical Analysis & report preparation:	34-36 months	-	Under process

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	01	120	98	22	0

Any relevant information: The project got completed and analysis is under process.

B2.) Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study.

Objectives:

- **Primary Objective:** To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Study Design : Double blind Randomized control clinical study

Study Type : Interventional

Purpose : Treatment

Masking : Double blind

Control : Controlled

Timings : Prospective

End Point : Efficacy & Safety

No. of Groups : Two

Sample Size : 140 (70 patients in each group)

Approval of IMR-PEMC: Approved by the Chairman PEMC and ractification was done in 1st PEMC and the project was sanctioned vide Order File No. 3-56/2018-CCRAS/Admn/Pre-Hypertension/2400 dated 12/09/2018.

Duration of Study : Two years

Interventions :

(i) Group 1 (AYUSH – HR)

Dose : 500mg twice daily

Dosage form : Tablet

Route of Administration: Oral

Time of Administration: Twice a day after food

Anupana : Water

Packing form : 60 tablets

Duration of therapy: 3 months

Life style advocacy

(ii) Group 2 (Matching placebo)

Dose : 500mg twice daily

Dosage form : Tablet

Route of Administration: Oral

Time of Administration: Twice a day after food

Anupana : Water

Packing form : 60 tablets

Duration of therapy : 3 months

Life style advocacy

Participating center along with PI:

S.No.	Name of the Participating Centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma, Research Officer (Ay.) (till 19.12.2022) Dr. Shweta Mata, Research Officer (Ay.) (From 20.12.2022)
2.	RARIGID, Guwahati	Dr. Pravin Masram, Research Officer (Ay.)
3.	RARI, Thiruvananthapuram	Dr. Varsha Sumedhan, Research Officer (Ay.)

Date of IEC approval :F.No.1-12/2015-ACRI/Tech./IEC/Part II dated 02.04.2019
CTRI Registration :CTRI/2019/09/021266 dated 17.09.2019
Date of Initiation :08.02.2022
Budget allocated :Rs. 17, 48,000/-
Installment wise release :

S.No	Installment	Sanction order	Date	Date of Receipt of fund
1.	1 st installment 15,48,000/-	FileNo.3-56/2018- CCRAS/Admn/Pre-Hypertension/2400	12.09.2018	18.09.2018
15,48,000/- (return back to Headquarter on 08/06/2021)				
2.	2 nd installment 7,74,000/-	F.N. 3-97/2020-CCRAS/Admn/ Coll./1010 dated 08.06.21	08/06/2021	
3.	3 rd installment 7,53,046/-	F.No.1-33/cash/CCRAS/23-24/414	25.10.2023	
1,18,000/- (return back to hqrs on 01.01.2024)				

Chronological timeline & deliverables

Total Study Period : 24 Months

S.N.	Milestones	Time lines
1.	Preparatory Phase	3 months
2.	Recruitment Phase	16 months
3.	Treatment Period	3 months
4.	Statistical Analysis and preparation of Report	2 months

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1	CARI, New Delhi	140	120	19	01

Relevant information, if any – Not significant

B3.) Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial.

Objectives:

- **Primary Objective:** To assess the therapeutic efficacy of Ayurvedic management on irregular menstrual cycles/ Anovulation and Hirsutism in PCOS.
- **Secondary Objective:** To assess the therapeutic efficacy of Ayurvedic management on acne, acanthosis nigricans, and BMI.

Study Design :- Randomized open-label standard control clinical trial

Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	open-label
Control	:	Controlled
Timings	:	Prospective
End Point	:	Efficacy & Safety
No. of Groups	:	Two
Sample Size	:	180 (90 patients in each group)

Approval of IMR-PEMC : F.No.HQ-PROJ011/32/2022-PROJ O.O NO-392/2022-23 dated 15.07.2022

Duration of Study : Three years

Interventions:

Group A: i) Virechana therapy (Charak Sutra ch.15/17-18)

No	Procedure	Drug & dose	Duration
1	<i>Deepana</i> – <i>Pachana</i>	<i>Trikatu Churna</i> – 6 gm. (AFI Part 1, part a, pg. no.322) BD before meal with warm water	3 to 5 days
2	<i>Snehapana</i>	<i>Go- Ghrita</i> (30 ml to 250 ml; according to <i>Koshtha</i> of participant)	3 to 5 days
3	<i>Abhyanga & Swedana</i>	<i>Bala Taila</i> (AFI Part 1, part a, pg. no. 413), <i>Sarvanga Bashpa swedana</i>	1 to 3 days
4	<i>Virechana Karma</i>	<i>Trivrit Avaleha</i> (<i>AH.K. 2/9-10</i>) [<i>Trivrit (Operculina turpenthum</i> Linn.), <i>Tamalpatra (Cinnamomum tamala</i> Nees and Eberm.), <i>Twak (Cinnamomum zeylanicum</i> Breyn.), <i>Ela (Elettaria cadamomum</i> Maton.),Honey, Sugar. 60 to 100gm (as per the <i>Koshtha</i>)	Single dose
5	<i>Samsarjana Karma</i> (Ch. Su. 15/16)	Diet as per <i>Shuddhi</i> given below:	3 to 7 days

ii) Ayush-SSM (Stanya Shodhana Mahakashaya) (Ch. Su. 4/18)

- **Dose:** 2 tablets of 500 mg twice a day
- **Dosage form:** *Ghanavati*
- **Route of administration:** Oral
- **Time of administration:** Twice daily before meals
- **Anupana:** Luke warm water
- **Packing form:** **500 mg** tablets
- **Duration of therapy:** 180 Days

Group B: (Standard control)

Tablet Metformin: Dose & duration

500 mg Once a day-1st week (1-7 days) 500 mg

Twice a day-2nd week (8-14 days)

500 mg Thrice a day-3rd week (15-20 days)

850 mg twice a day till 6 months (21 day-200th day)

- **Dosage form:** Tablet
- **Route of administration:** Oral
- **Anupana:** water
- **Packing form:** 500 mg and 850 mg tablets
- **Duration of therapy:** 200 days

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	ATC, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjung Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval : F.No. 1-12/2020-CARICD/Tech/IEC dated 04.05.2022

CTRI Registration : CTRI/2022/09/045478 [Registered on: 13/09/2022]

Date of Initiation

S. No.	Name of the participating center	Date of initiation*
1	ATC, Safdarjung Hospital, New Delhi, India.	17.05.2023

Budget allocated : 64,85,900/-

Installment wise release :

S.No	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st installment- 50,000/-	F.No.HQ-PROJ011/32/2022- PROJ O.O NO- 392/2022-23	15.07.2022	26.8.2022
2	2 nd Installment- 14,38,500/-	F.NO-HQ-PROJ011/32/2022- PROJ/4250	04.11.2022	17.11.2022
3.	3 rd Installment- 6,28,285/-	F.NO.-HQ-PROJ011/32/2022- 1249	30.05.2023	05.06.2023
4.	4 th Installment- 12,20,355/-	F.NO-PROJ011/32/2022- PROJ/4046	14.09.2023	25.10.2023

Chronological timeline & deliverables

Total Study Period : **36 Months**

S.N	Target For	Timeline	Achieved/Not Achieved	Causes of deviation, if any
1.	The period required for Pretrial preparation (after sanction of the project to the PI), Development, and printing CRFs:	5 months	Achieved	-
2.	Trial drug procurement and Subject Recruitment	5-27 months	Enrollment ongoing(180 subjects)	-
3.	Treatment Period	6 months	Ongoing	
4.	Verification, Statistical Analysis & Report preparation:	2 months	-	-

Current Status: Ongoing

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	ATC, Safdarjung Hospital, New Delhi, India.	109	38	09	62

Relevant information, if any – Protocol article has been submitted to JRAS journal.

B4.) Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial

Objectives:

Primary objective:

To determine the efficacy of Yashtimadhu Ghrita anal infiltration on healing of anal fissure in comparison with 2% Diltiazem topical application

Secondary objective:

- To determine the efficacy of Yashtimadhu Ghrita anal infiltration on reduction of pain & bleeding in comparison with 2% Diltiazem topical application.
- To determine the efficacy of Yashtimadhu Ghrita anal infiltration in prevention of recurrence of anal fissure in comparison with 2 % Diltiazem topical application.
- To assess the safety of Yashtimadhu Ghrita anal infiltration in comparison with 2% Diltiazem topical application

Study design with detail methodology:

- **Study Type** : Randomized controlled clinical trial
- **Control** : Yes
- **Timing** : Prospective
- **No: of groups** : Two
- **Sample size** : 100 (50 in each group).
- **Blinding** : Open Label study
- **Study setting** : OPD

Approval of IMR-PEMC along with date File No.HQ-PROJ011/91/2023-PROJ/1410 Dated : 16.03.2023

Duration of study : 2 Years

Date of IEC approval : 12.04.2023

CTRI Registration no : CTRI/2023/05/052302

Date of initiation : 14.12.2023

Name of participating centre: Central Ayurvedic Research Institute , Punjabi Bagh , New Delhi

Total Budget allocated in CARI New Delhi (total) : 21,96,800/- office order no. 1410/2022-2023

Installment release

S.No.	Installment	Sanctioned order	Date	Date of receipt of Fund
1	6,50,000/-	F.No. HQ-PROJ011/91/2023-PROJ/1409	06.06.2023	06.06.2023
2	81,900/-	F.No. HQ-PROJ011/91/2023-PROJ /8261	05.03.2024	05.03.2024

Chronological timeline & deliverables

S.No.	Target for	Time line	Achieved/ Not Achieved	Cause of deviation
1	Preparatory period	3 months	Achieved	NA
2	Recruitment of patients	14 months	Continuing	NA

CURRENT STATUS :

Total screened till date – 50

Screen failure – 05

Total Enrolled till date- 45

B5.) “Clinical Efficacy and safety of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) –A randomized open level prospective clinical trial”

OBJECTIVES

Primary Objectives

- To assess the efficacy of *Pippalyadyasava* and *Arogyavardhini Vati* in the management of NAFLD.

Secondary Objectives

- To assess the safety of *Pippalyadyasava* and *Arogyavardhini Vati* in the patients of NAFLD .
- 1. Study Design:** It is a Randomized open label controlled prospective clinical trial.
 - 2. Site of the study:** Two CCRAS Institutes
 1. Central Ayurveda Research Institute, New Delhi
 2. Central Ayurveda Research Institute, Bhuvanesar
 - 3. Study duration:** Two years
 - 4. Groups** : Two
 - Group-A** : Life style modification
 - Group-B** : Life style modification + Ayurveda interventions (*Pippalyadyasava* and *Arogyavardhini Vati*)
 - 5 Duration of treatment:** Four months (Three months with Ayurvedic intervention & Life style modification as per the schedule below and one month follow up only with life style modification)

6 Sample Size: 90 (30 in Group-A & 60 in Group-B)

1. Study Design :

Study type	Interventional
Purpose	Treatment
Masking	Randomized open level
Control	controlled
Timing	Prospective
End Point	Efficacy and safety
No. of Groups	02group(90 patients) 60 in the intervention group 30 in the control group
Duration	02 yrs
Site of the study	Two CCRAS Institutes CARI,New Delhi CARI,Bhuvaneshwara

2. Sample Size : 90

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F. No. 3-24/2020– CCRAS /Admn./IMR /6928 dated 27.01.2020

3. **Duration of Study :** 2 years

4. **Drug Interventions:**

Group-A: Life style modification + Ayurveda interventions (*Pippalyadyasava* and *Arogyavardhini Vati*)

Arogyavardhini Vati (AFI Part I)

Dose:	500 mg tablet twice daily
Dosage form:	tablet
Route of administration:	Oral
Time of administration:	Twice a day after food
Anupana:	Lukewarm Water
Packing form:	30Tab.
Duration of administration:	45 days (day 1-day 45)

Pippalyadyasava) :API Part II Volume II, AFI, Part-I,1:22(

Dose:	15 ml twice daily
Dosage form:	Arishta
Route of Administration:	Oral
Time of Administration:	Twice a day after food
Anupana:	Water
Packing form:	450 ml
Duration of administration:	3 months

Group-B: Life style modification

Physical Exercise

- Brisk walking daily half an hour in fresh air (min.30 minutes)/ Jogging/ Running/ Cycling/ Swimming.
- Yoga (Morning and Evening): **For 45 minutes** (Suryanamaskar: 10 minutes, Bhujangasana: 5 minutes, Ustrasana: 5 minutes, Naukasana: 5 minutes, Dhanurasana: 5 minutes, Trikonasana: 5 minutes), Pranayama (Kapalbhati): 10 minutes
- Yoga and Pranayama: 45 minutes.

Diet:

Do's

Eat freshly prepared food

- Eat only when hungry and after evacuation of Mala (waste products).
- Take oil free diet.
- Low glycemic food:yava mixed wheat flour, Red rice, barley, Rice (minimum 1 year old)

- Fibrous food and vegetables: Parval, Karvellaka, Papaya, Pumpkin, Water guard (Lauki), RibedGuard, Palaka, Methi, Chaulai, Bitter gourd, snake gourd, drumstick, curry leaves, coriander, ginger, garlic. Legumes- Moong daal, Kulatha, green gram
- Fruits: Dadima,, Guava, Guava, Riped Papaya, dry fruits like raisins
- Dairy Products: Cow milk, cow milk ghee.
- Beverages: Green Tea, Maansa Rasa, Lukewarm water minimum 8 glasses/day, buttermilk.

Don'ts:

Avoid reheated & untimely food.

- Oily diet. ,Saturated fat, creamy peanut butter.
- Food: Packaged snack, chips and nuts, Spicy diet, Baked food, Red Meat, Junk food, Chocolates, Ice creams, Bakery items, Artificial sweeteners, jams.
- High glycemic food: Wheat flour, Rice (newly harvested), Refined Sugar, white bread, foods made with refined white flour,
- Legumes- Black gram, yellow gram, peas, Udad,
- Fruits and vegetables: Fruit juice without pulp, Potato, Spinach, Couiflower, Broccoli, Cabbage, beans.
- Dairy Products: Full fat milk, curd, High fat dairy products.
- Beverages: Alcohol, Tea, Fruit juice without pulp, Soda, Aerated drinks.

Duration of therapy - 3 months

5. Participating centre along with PI :

S.No	Name of the participating centre	Name of PI
1	Central Ayurveda Research Institute, New Delhi	Dr. Seema Jain, R.O. (Ay)
1.	Central Ayurveda Research Institute, Bhuvaneswar	Dr. Banmali Das, R.O. (Ay.)

6. Date of IEC approval : 29.10.2020

7. CTRI Registration/Reference (for clinical trials) : CTRI/2022/02/040321

8. Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	CARICD, New Delhi	15.02.2022

***Date of first enrolment - 15.02.2022**

9. Budget allocated 27,74,100/-

Budget Released- 17,34,025/-

Budget Utilized- 15,69,304/-

Returned to Hq - 1,64,721/-

Installment wise release

S.No.	Sanctioned order	Installment	Date	Date of receipt of fund	Refunded
1	F. No. 3-24/2020- CCRAS /Admn./IMR /7991	16,64,460 (1st installment)	11.03.2020	11.03.2020	UNSPENT 16,64,460 RETURNED TO HQ
2	F. No. 3-24/2020- CCRAS /Admn./IMR /811	8,35,500/-	27.11.2021	27.11.2021	-
3	F. No. 3-24/2020- CCRAS /Admn./IMR /811	300000	14.02.23	20,02.23	
4	F.No.HQ-PROJ/6354 CCRAS/Admn/IMR,	2,34,637/-	26.06.23	26.06.23	
5	F.No. HQ-PROJ011/173 /2022-PROJ/5975	2,81,626/	04.12.2023	04.12.2023	
6	F.No. HQ-PROJ011/173 /2022-PROJ/8311,	82,262/-	07.03.2024	07.03.2024	
7	F.N.5-10/CARI/ ADMN/1129,DATED	1,64,721/-	11.01.2024		RETURNED TO HQ

10 Chronological timeline & deliverables

Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1. Preparatory period	04months	ACHIEVED	
2. Recruitment of Patients	17 Months *	continue	
3. Statistical Analysis	03 Month	Under process at Hqs.	

11 Current status :

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	90	84	06	00

Any relevant information: Study data submitted to HQ & UC under process.

B6.) A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis

Principal Investigator: Dr.Devi Nair, M.D.(Ay), NARIP, Cheruthuruthy

Co-Investigator: Dr .Aswathy k kutty V, R.O(Ay)
Dr. Shaizi Layeeq, R.O(Ay)
Dr. Praveen Kumar.K.S, R.O(Ay.)

Objectives:

a. **Primary Objective:** To prepare the practice guidelines for Marsa nasya karma

b. **Secondary Objective:**

- 1 .To prepare guidelines for calculation of dose of medicine used in Marsa nasya karma
- 2 .Standardization of end point of the procedure of marsa nasya karma
- 3 .Standardization of quality indicators of Marsa nasya karma
4. To assess the feasibility and preliminary effectiveness of the standardized procedure of Marsa Nasya in different geographical areas of the country.

Brief Research Plan :The study will be conducted in a muti phase mixed method design

Phase -1: A Clinical Concensus method study for developing the practice guidelines of Marsa Nasya

Phase -2: Standardization of doze for commonly used Taila yoga for Marsa Nasya:

Phase 3: Feasibility clinical trial

Study Design:

Level of study	:	OPD level
Type of study	:	Open clinical trial
Sample size	:	Complete 30 cases (in each centre)
Groups	:	1
Period of study	:	1 week /case
Masking	:	None
Blinding	:	No blinding
Timing	:	Prospective

Intervention

- Dose : Standardized madhyama matra (Standardized medium doze), daily
- Dosage form : Taila
- Route of administration : Nose
- Time of administration : 3-5 p.m
- Anupana : NA
- Duration of therapy : 01 Week

• **Participating centre along with PI : Collaborative study**

S.No.	Name of the participating centre	Name of PI
1.	NARIP Cheruthuruthy	Dr.Devi Nair,R.O(Ay), M.D.(Ay), PI
2.	CCRAS Hqrs	Dr V Aswathy Kutty, R.O (Ay). .CoI
3.	CARI, New Delhi	Dr. Shaizi Layeeq, R.O(Ay.), CoI
4.	CARI, Guwahati	Dr. Praveen Kumar.K.S, R.O(Ay.), CoI

Date of IEC approval: 12.04.2023

CTRI Registration/Reference (for clinical trials): CTRI/2023/05/052422

Date of initiation: 27/12/2023

Budget allocated:

- **CARI, New Delhi: Rs. 12,57,100/-**
- **NARIP Cheruthuruthy: Rs. 19,20,200/-**
- **CARI, Guwahati: Rs. 12,66,516/-**

Sanction Order: CCRAS Hqrs Office order no. 998/2022-23 dated 22/12/2022

Chronological timeline & deliverables:

- Total Study Period : 2 year
- Pre-trial Preparatory Period : 2 months
- Recruitment of patients : 8 months
- Treatment Period : 4 weeks
- Data Analysis : 1 month

Current status:

Name of the Institute	Date of Initiation	Target/Sample Size	No. of participants screened	No of Participants enrolled	No. of drop outs	No. of Participants successfully completed	No. of continuing participants	No. Of ADR/AE reported	Details of AE/ADR reported
CARI, Punjabi Bagh	27-12-2023	30	14	11	1	9	2	NIL	NIL

Any other information- None

B7.) Efficacy and safety of AYUSH SR tablet in the management of stress among university students –A double-blind randomized placebo-controlled study

Objectives:

- **Primary objective:** To assess the clinical efficacy of AYUSH-SR in the management of stress among university Student
- **Secondary Objective:** To assess the clinical safety of AYUSH-SR in the management of stress among university Student.

Study Design:

Study Type	:	Interventional - Clinical Trial
Purpose	:	Treatment
Masking	:	Double blind
Control	:	Placebo Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	Two (1:1)

Sample Size : 70 (35 in each Group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved in 6th Meeting of Project Evaluation Monitoring Committee (PEMC) held on 12th July, 2023

Duration of Study : **Two year**

Interventions:

Group-I AYUSH-SR Tablet /Placebo
Drug References : Coded Drug
Dose : 1 gm (500 mg X 2) tab b i d
Dosage form : Tablet
Route of Administration: Oral
Time of Administration : Twice a day after food
Anupana : water
Duration of therapy : 90 days

Group-II AYUSH-SR Tablet /Placebo
Drug References : Coded Drug
Dose : 1 gm (500 mg X 2) tab b i d
Dosage form : Tablet
Route of Administration: Oral
Time of Administration : Twice a day after food
Anupana : water
Duration of therapy : 90 days

Participating centre along with PI: IMR project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)

Date of IEC approval: 29/11/2023

CTRI Registration/Reference (for clinical trials): CTRI/2024/01/060996

Date of initiation: 11.03.2024

S.No.	Name of the participating centre	Date of initiation*
1.	Study site- CCRAS JNU Ayurveda Treatment and Research Facility, JNU Health Centre Under CARI, New Delhi	11.03.2024

Budget allocated: 20,02,800/- (for two years) vide order No. 448/2023-24, (File No. HQ-PROJ 011/207/2023-proj/4563)

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1 st Installment	File No. HQ-PROJ 011/207/2023-proj/4563	05/10/2023	25/10/2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Period required for pre-study preparations like staff recruitment, procurement of the trial drugs etc	04 months	Achieved	nil
2.	Period needed for enrolment of patients and collecting the data	17 months	Ongoing	nil
3.	Period required for analyzing the data	03 months	N/A	nil

Current status: Total screened – 07

Enrolled -04

Screen failure-03

Any relevant information: The project has been initiated at CCRAS JNU Ayurveda Treatment and Research Facility, JNU Health Centre under supervision of CARI, New Delhi.

C.Observational Survey Study

C1) Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicenter cross-sectional survey study

Objectives:

Primary objective: To understand the care seeking behavior of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.

Secondary Objective:

- To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
- To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
- To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Study Design:

Study Type : Observational survey study
Purpose : Survey
Masking : NA
Control : NA
Timing : Prospective
End Point : NA
No. of groups : NA

Sample Size: The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals throughout the data collection period will be considered to take part in the study. Each participant visiting these OPDs during the study period will be surveyed only once.

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved by 4th SAG held on 31.05.2023 vide.

Duration of Study : 16 months

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	11 Air Force station Ghaziabad (U.P)	Dr, Swati Sharma , R.O.(Ay.)

Date of IEC approval: 02-08-2023

Date of initiation: 24.07.2023 (date of sanction)

S.No.	Name of the participating centre	Date of initiation*
1.	11 Air Force station Ghaziabad (U.P)	01 –Sept -2023 (date of first enrolment)

Budget allocated: 8,42,300/-vide sanction order -----

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	First installment of Rs. 5,13,380/-	Office order no.362 / 2023-24	24 July 2023	

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre-study preparation (developing Google forms, recruitment of research staff etc.):	2 months	Achieved	-
2.	Period for data collection:	12 months	Ongoing	-
3.	Period for data analysis	2 months	-	-

Current status: No. of Participants successfully completed participation in the survey (31 march 2024) are 1524

Any relevant information: NA

C2.) "Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study"

Objectives:

- **Primary objective:** To understand the care seeking behaviour of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.
- **Secondary Objective:**
 - i. To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
 - ii. To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
 - iii. To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Study Design:

Study Type	: Observational survey study
Purpose	: Survey
Masking	: NA
Control	: NA
Timing	: Prospective
No. of Groups	: NA

Sample Size: Patients visiting to hospital for 1 year

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: Approved by 4th SAG held on 31.05.2023 vide Sanction Order No.HQ-POJ011/144/2023-POJ-Part(3)/412/2023-24 dated 28.07.2023

Duration of Study : 16 months

Interventions : NA

Group-I

Group-II

Participating centre along with PI: Collaborative study

S. No.	Name of the Coordinating/ participating centre	Name of PI/Co-I
1.	Central Ayurveda Research Institute, New Delhi	i. Dr. Shrawan Kumar Sahu, R.O. (Ay)(PI) ii. Dr. Pramod Chandra Dwivedi, R.O. (Ay) (Co-I)
2.	Base Hospital, Delhi Cantt	i. Col (Dr) Rajneesh Kumar Joshi, R.O. (Ay) (PI)

	ii. Capt. Umang Kant Gangania (Co-I)
--	--------------------------------------

Date of IEC approval:

CTRI Registration/Reference (for clinical trials):

Date of initiation: 24.08.2023

Date of sanction; 28.07.2023

S. No.	Name of the participating centre	Co-ordinating Centre	Date of initiation*
1.	Base Hospital, Hospital Rd, Chanan Singh Park, Delhi Cantonment, New Delhi - 110010	Central Ayurveda Research Institute (CARI), Road No. 66, Punjabi Bagh (west), New Delhi-110026	24.08.2023

Budget allocated: Rs. 8,42,300/- vide sanction order No.HQ-POJ011/144/2023-POJ-Part(3)/412/2023-24 dated 28.07.2023

Installment wise release

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	Rs. 5,13,380/- dated 04-08-2023	vide sanction order No.HQ-POJ011/144/2023-POJ-Part(3)/412/2023-24	28.07.2023	04.08.2023

Chronological timeline & deliverables

- i. Pre-study preparation (developing Google forms, recruitment of research staff etc.): 2 months
- ii. Period for data collection : 12 months
- iii. Period for data analysis : 2 month

Current status: Ongoing

Any relevant information: --NA

D.) OUT REACH ACTIVITIES

D1) Ayurveda Mobile health Care Programme (AMHCP) Under SCSP-

Aim: To provide health care through Ayurveda in the areas predominantly dwelled by scheduled castes.

Objectives:

- 1) To understand the health status of the target population in context with their socio-demographic conditions
- 2) To treat the patients willing to get Ayurveda interventions as adjuvant to the conventional concomitant medication or as stand-alone for various disease conditions
- 3) To provide Ayurveda based lifestyle advocacy for maintenance of health and prevention of diseases among the people willing to practice the same
- 4) To know about perception of the study population regarding Ayurveda for health care

Study Design:

Study type - Health care services

Purpose of the study- To create awareness in SC populations / collection of demographic data and screening of HTN/DM/Anemia/Malnutrition

Timing - Prospective

End Point - awareness about health & hygiene

Total Study Period - 01 year

Sample Size : Population Target -3750

Villages target-5-10

Tours Target-220

Milestone with deliverables:

Total Study Period: 12months

- i. Preparatory Period (Survey Formats finalization, permission from village/ area authorities) :
2 weeks
- ii. Field Survey- **11 months (220 Visits/ Tours)**
- iii. Statistical Analysis/ Annual Report preparation: **2 weeks**

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. HQ-
PROJ013(11/7/23-PROJ/53),DATED 26.04.2023

Duration of Study: 1 year

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARICD,New Delhi	Dr. Seema Jain,R.O. (Ay)

Date of IEC approval : 13.04.23

Date of initiation: 09.05.23

S.No.	Name of the participating centre	Date of initiation
1.	CARI,New Delhi	09.05.23

CTRI Registration/Reference (for clinical trials) : NA

Budget allocated: F.N. HQ-PROJ013(11/7/23-PROJ/53),DATED 26.04.2023

Sanctioned amount-36,08,000/.(Thirty six lakh eight thousand only) for 1 year

Revised estimate-35,78,000/--(F.N. HQ-PROJ013(11)/7/23-PROJ/8380),DATED 08.03.24

Instalment wise release

1st installment	902000	F.NO. HQ-PROJ013(II)/7/2023-PROJ/N93	06.05.2023
2nd installment	902000	F.NO. HQ-PROJ013(II)/7/2023-PROJ/3831	04.09.2023
3rd installment	902000	F.NO. HQ-PROJ013(II)/7/2023-PROJ/5591	20.11.2023
4rd installment	872000	F.NO. HQ-PROJ013(II)/7/2023-PROJ/8380	08.03.2024
1st installment	902000	F.NO. HQ-PROJ013(II)/7/2023-PROJ/N93	06.05.2023

Current status: COMPLETED

S.No.	Particulars	Consolidated data of the study
1.	Durations of the study	1 year
2.	Villages covered	5
3.	Visits made	192
4.	Population covered	3892
5.	No. of patients treated	7076
6.	No. of SC patients treated	4922
7.	No. of Investigations done	11137

Relevant information, if any

Area wise statement of no. of visits, house surveyed, Population covered, patients treated during the reporting period)

D2.) Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study

Objectives:

Primary –To evaluate the effectiveness of composite Ayurveda regimen on the Disease Activity Score in Rheumatoid arthritis

Secondary –

To evaluate the effectiveness of composite Ayurveda regimen on the disease specific biochemical and inflammatory markers in with Rheumatoid arthritis

Study design

Study Type	:	Community based interventional study
Study design	:	Black box design
Randomization	:	Not applicable
Blinding	:	Not applicable
Allocation	:	Not applicable
Groups	:	Treatment will be classified on the basis of major patterns of disease presentation and the treatment will be customized based on the presence of associated symptoms.
Sample size	:	40
Study setting	:	At identified areas

Milestone with deliverables:

Total Study Period: 10 months

- Preparatory Period (Survey Formats finalization, permission from village/ area authorities) : **2 weeks**
- Field Survey- **9 months (220 Visits/ Tours)**
- Statistical Analysis/ Annual Report preparation: **2 weeks**

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. HQ-PROJ013(11/7/23-PROJ/53),DATED 26.04.2023

Drug Interventions:

- 1. With Articular manifestations only, Joint Pain, Stiffness, and minimal swelling:-**
 - Ayush-SG
 - Rasnasaptak Kashaya
 - Brihat Saindhavadi tail - as per requirement
- 2. Articular manifestation with severe pain and swelling (boggy swelling/affusion elicited by fluctuation test, with elevated body and/or joint temperature and redness of joint):**
 - Ayush-SG

- Rasnasaptak kashaya
- Guduchi Ghana vati/Madhusudarshan Ghana vati
- Dashanga Lepa(L/A) - as per requirement

3. Chronic RA with mild aching stiffness, fatigue, anemia:

- Ayush-SG
- Rasnasaptak kashaya
- Punarnavadi Mandura

Incidental Medication:

- Constipation: Triphala churna
- Mandagni: Vaishwanar churna
- Insomnia/Anxiety: Ayush SR

Note :Patients may be guided regarding Pathya /Apathya regimen by the Investigator

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1.	CARI,New Delhi	Dr. Seema Jain,R.O. (Ay)

Date of IEC approval : 13.04.23

CTRI Registration/Reference (for clinical trials) : CTRI/2021/07/034952 , 19.07.21

Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	20.12.23

Budget allocated: F.N. HQ-PROJ013(11/7/23-PROJ/53),DATED 26.04.2023

Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	40	30	10	00 opleted

Summary of project:

This is an open-labelstudy of 40 subjects of SC Population aged between 18 to 65 years fulfilling the inclusion criteria were enrolled in the study. Persons eligible for participation in the study enrolled in the study and their demographic data, clinical history, details of concomitant medications, score of ACR 2010 and DAS 28 of the enrolled participants were recorded at the Baseline .Customized treatment was given to the participants based on major patterns of disease presentation and the presence of associated symptoms.The participants received the intervention medicine for 84 days with instructions about the dose and dosage to consume the medicines. Total 30 patients completed the study and 10 dropped out of the study due to some reasons.

Relevant information, if any

A. Number of Tours, Population Surveyed, Patients treated and Investigations done

Pocket No.	No. of tours till date	No. of Hours Surveyed till date	Population Surveyed (SC) till date			Patients treated till date															Investigations done till date
						New				Old				Total							
			SC		Other		SC		Other		SC			Other							
			M	F	Total	M	F	M	F	M	F	M	F	M	F	Total	M	F	Total	M	
Pocket 1	34	133	391	366	757	273	219	102	84	115	108	35	65	388	327	715	137	149	286	1001	1538
Pocket 2	42	138	377	373	750	192	306	96	142	191	277	150	191	383	583	966	246	333	579	1545	2371
Pocket 3	42	144	437	429	866	171	334	84	205	97	251	57	158	268	585	853	141	363	504	1357	2308
Pocket 4	38	144	402	352	754	176	431	87	157	126	495	62	190	302	926	1228	149	347	496	1724	2643
Pocket 5	37	142	420	345	765	229	402	74	77	198	331	75	63	427	733	1160	149	140	289	1449	2277
Total	193	701	2027	1865	3892	1041	1692	443	665	727	1462	379	667	1768	3154	4922	822	1332	2154	7076	11137

E. Pharmacovigilance of ASU & H Drugs

Leh Initiation of Project : 24th August 2018

The Ministry of AYUSH has introduced a new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is to develop a culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani, and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral Pharmacovigilance Centres (PPvCCs). A total of 299 misleading advertisements and 01 ADR have been detected from April 2023 to March 2024 and sent to Intermediary Pharmacovigilance Centers (IPvCCs), NIA, Jaipur and Drug Controller of Ayush, Delhi State.

1. The Coordinator and JRF (Ay.) have attended two days pharmacovigilance workshop held at NIA, Jaipur on 17.03.2024 & 18.03.2024.
2. The Coordinator and JRF (Ay.) have attended total 8 webinars in the year 2023-24.
3. CARI, New Delhi, PPvC has organized a pharmacovigilance awareness program on 15.06.2023. Total no. of participants were 498.
4. The CARI, New Delhi PPvC center organized meetings to hospital staff for awareness of ADRs and other important aspects of pharmacovigilance time to time.
5. Pharmacovigilance Awareness lectures were also given to OPD patients and their relatives throughout the year.
6. Two Suggestion boxes with ADR form are placed at OPD and IPD area for patients.

Misleading Advertisements and ADR reported in 2023-24

Month	Status of misleading Advertisement(detected)	Suspected Adverse drug reaction
April 2023	14	0
May 2023	18	0
June 2023	30	0
July 2023	30	0
August 2023	28	0
September 2023	30	01
October 2022	30	0
November 2023	21	0
December 2023	31	0
January 2024	23	0
February 2024	24	0
March 2024	20	0
Total	299	01

F. Projects on “Documentation of Life Profiles of Luminaries in the field of Ayurveda”.

Sanction Order No. : HQ-PROJ011/34/2022-PROJ/4972 dated 12.12.2022

1. Life Profile of Ayurveda Luminary -Vd Bhagwan Dash (Literary Study)

Dr. Sarada Ota, AD(Ay.)
Dr. Sakshi Sharma, R.O (Ay)
Dr. Shweta Mata, R.O (Ay)
Dr. Kuldeep, R.O (Ay),
Dr. Renu Rani, R.O (Ay)

2. Life Profile of Ayurveda Luminary- Vd. Prof. Shriram Sharma (Literary Study)

Dr. Sudha Kumari K.G, R.O (Ay)

3. Life Profile of Ayurveda Luminary -Vd. Labhshankar Shukla (Literary Study)

Dr. Shaizi Layeeq, R.O. (Ay.)

4. Life Profile of Ayurveda Luminary -Vd Bhaskarbhai Hardikar (Literary Study)

Dr. Shaizi Layeeq, R.O (Ay.)

5. Life Profile of Ayurveda Luminary -Dr. S.C Dhyani (Literary Study)

Dr. Shaizi Layeeq, R.O (Ay.)

6. Life Profile of Ayurveda Luminary -Dr. M.S Baghel” (Literary Study)

Dr. Kishor Patel, R.O.(Ay)

Current Status: Completed

Any relavant information, if any: Manuscripts have been prepared and will be published soon.

G. PROJECTS IN PIPELINE

1. An investigation to evaluate the efficacy of cannabis leaf preparation along with the Cancer Chemotherapy in patients with locally advanced solid tumours in improving the quality of life and minimizing side effects of the Chemotherapy
2. “To evaluate the efficacy & safety of Administration of Shadbindu Taila Marsha Nasya & Chitraka Haritiki Avaleha in Subjects with Chronic Rhino-sinusitis: A Randomized, Prospective, Open-lable Controlled Parallel-Arm, Multi-Centre Study”

(ii) Brief progress Report

Laboratory - Bio chemistry, Pathology& X-Ray

Pathological, Bio-Chemical and Radiological Investigations: Statement of Patients attended at OPD/IPD

1. Table showing No. OPD investigations done

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	2136	2522	4658
2	Biochemical Investigations	4858	4744	9602
Total		6994	7266	14260

2. Pathological and Bio-Chemical Investigation Report (OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	303	370	673
2	T.L.C	301	367	668
3	D.L.C	301	367	668
4	E.S.R	306	393	699
5	R.B.C	233	258	491
6	P.C.V	233	258	491
7	PLT	248	278	526
8	MP	2	2	4
9	ACE	16	19	35
10	B.T./C.T	47	51	98
11	R.A. Factor	0	0	0
12	CRP	0	0	0
13	VDRL	0	0	0
14	Urine Routine/Microscopy	35	46	81
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0
17	Sputum for AFB	0	0	0
18	NS1	0	0	0
19	IgM	0	0	0
20	IgG	0	0	0
21	Chikanguniya (IgM)	0	0	0
22	Blood Sugar	343	267	610
23	Total Cholesterol	167	119	286
24	Serum Triglyceride	167	119	286
25	H.D.L. Cholesterol	167	119	286
26	L.D.L. Cholesterol	167	119	286
27	V.L.D.L. Cholesterol	167	119	286
28	Serum Total Billiurubin	285	303	588
29	Direct Billiurubin	285	303	588
30	Indirect Billirubin	285	303	588

31	Blood Urea	257	292	549
32	Serum Creatinine	257	282	539
33	Serum Uric Acid	230	269	499
34	S.G.O.T	289	309	598
35	S.G.P.T	289	309	598
36	Alkaline Phosphatase	285	299	584
37	Calcium	31	30	61
38	S.Protien	255	266	521
39	S.Albumin	255	266	521
40	S.Globulin	255	266	521
41	C/H	167	119	286
42	AG Ratio	255	266	521
43	HbA1C	0	0	0
44	RA Qualitative	0	0	0
45	CRP Qualitative	0	0	0
46	MCV	6	9	15
47	MCH	6	9	15
48	MCHC	6	9	15
49	HIV I&II	26	22	48
50	HCV	26	22	48
51	HbsAg	41	42	83
Total		6994	7266	14260

3. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	193	137	330
2	Biochemical Investigations	297	405	702
Total		490	542	1032

4. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	25	18	43
2	T.L.C	25	18	43
3	D.L.C	25	18	43
4	E.S.R	26	18	44
5	R.B.C	25	18	43
6	P.C.V	25	18	43
7	PLT	25	18	43
8	MP	0	0	0

9	ACE	4	1	5
10	B.T./C.T	0	0	0
11	R.A. Factor	0	0	0
12	CRP	0	0	0
13	VDRL	0	0	0
14	Urine Routine/Microscopy	10	11	21
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0
17	Sputum for AFB	0	0	0
18	NS1	0	0	0
19	IgM	0	0	0
20	IgG	0	0	0
21	Chikanguniya (IgM)	0	0	0
22	Blood Sugar	45	73	118
23	Total Cholesterol	10	12	22
24	Serum Triglyceride	10	11	21
25	H.D.L. Cholesterol	10	11	21
26	L.D.L. Cholesterol	10	11	21
27	V.L.D.L. Cholesterol	10	11	21
28	Serum Total Billiurubin	15	20	35
29	Direct Billiurubin	15	20	35
30	Indirect Billirubin	15	20	35
31	Blood Urea	13	20	33
32	Serum Creatinine	13	19	32
33	Serum Uric Acid	16	20	36
34	S.G.O.T	14	20	34
35	S.G.P.T	14	20	34
36	Alkaline Phosphatase	15	20	35
37	Calcium	2	7	9
38	S.Protien	15	20	35
39	S.Albumin	15	20	35
40	S.Globulin	15	20	35
41	C/H	10	11	21
42	AG Ratio	15	18	33
43	HbA1C	0	0	0
44	RA Qualitative	0	0	0
45	CRP Qualitative	0	0	0
46	MCV	1	0	1
47	MCH	1	0	1

48	MCHC	1	0	1
49	HIV I&II	0	0	0
50	HCV	0	0	0
51	HbsAg	0	0	0
Total		490	542	1032

5. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Investigations	Male	Female	Grand Total
1	ological Investigations	529	287	816
2	hemical Investigations	1718	809	2527
Total		2247	1096	3343

6. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	73	40	113
2	T.L.C	73	40	113
3	D.L.C	73	40	113
4	E.S.R	74	41	115
5	R.B.C	70	37	107
6	P.C.V	70	37	107
7	PLT	72	38	110
8	MP	0	0	0
9	ACE	1	2	3
10	B.T./C.T	3	3	6
11	R.A. Factor	0	0	0
12	CRP	0	0	0
13	VDRL	0	0	0
14	Urine Routine/Microscopy	13	5	18
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0
17	Sputum for AFB	0	0	0
18	NS1	0	0	0
19	IgM	0	0	0
20	IgG	0	0	0
21	Chikanguniya (IgM)	0	0	0
22	Blood Sugar	158	73	231
23	Total Cholesterol	71	31	102
24	Serum Triglyceride	71	28	99
25	H.D.L. Cholesterol	71	28	99

26	L.D.L. Cholesterol	71	28	99
27	V.L.D.L. Cholesterol	71	28	99
28	Serum Total Billiurubin	83	42	125
29	Direct Billiurubin	83	42	125
30	Indirect Billirubin	83	42	125
31	Blood Urea	90	41	131
32	Serum Creatinine	94	40	134
33	Serum Uric Acid	97	48	145
34	S.G.O.T	84	41	125
35	S.G.P.T	84	51	135
36	Alkaline Phosphatase	83	42	125
37	Calcium	21	12	33
38	S.Protien	83	41	124
39	S.Albumin	83	41	124
40	S.Globulin	83	41	124
41	C/H	71	28	99
42	AG Ratio	82	41	123
43	HbA1C	0	0	0
44	RA Qualitative	0	0	0
45	CRP Qualitative	0	0	0
46	MCV	2	1	3
47	MCH	2	1	3
48	MCHC	2	1	3
49	HIVI&II	0	0	0
50	HCV	0	0	0
51	HbsAg	2	1	3
Total		2247	1096	3343

Radiology Section April 2023 to March 2024

Sex	OPD/ IPD	Chest	Abdomen	Spine	Skull/ PNS	Upper extremities	Lower extremities	Pelvis/ extremities	Total
M	OPD	86	1	10	7	35	205	10	454
	Geriatric	8	0	34	0	6	69	1	118
M	IPD	1	0	9	0	1	10	3	24
F	OPD	83	1	246	4	21	286	5	646
	Geriatric	12	0	32	0	3	98	2	147
F	IPD	5	0	10	0	1	23	1	40
Total		195	2	441	11	67	691	22	1429

7 (iii) Hospital Status : O.P.D. I.P.D (No of beds sanctioned)

- OPD : OPD, Geriatric, Ksharsutra, Leech, Arthritis clinic, Eye clinic, Preventive Cardiology clinic, ENT OPD, Panchakarma
- IPD : 40 beds

7. (iv) PHARMACY AS PER FORMAT GIVEN BELOW:

S.NO	NAME OF THE TRIAL & GEN. MEDICINE	QTY. PREPARED	QTY. SUPPLIED TO OTHER INSTT./CENTRE/UNIT OF THE COUNCIL	QTY. USED IN OWN OPD/IPD ETC.	BALANCE	REMARKS
1	NIL	NIL	NIL	NIL	NIL	NIL

DETAIL OF THE MEDICINES PURCHASED DURING REPORTING YEAR: 2023-24.

S. NO.	Name of Firm	Cost of Medicines (in Rupees)	Amount Paid (in Rupees)	Bill Pending if Any	Head
1	IMPCL	2,16,22,644.00	1,99,68,152.00	16,54,492.00 (IMPCL)	CARI (RA)
2	Oushadhi	1,06,391.00	1,06,391.00		
Total Rs		2,17,29,035.00	2,17,29,035.00		

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr. RML hospital, Supreme Court, Safdarjung Hospital, Press Club of India, JNU, and President Estate Ayurveda treatment Centre New Delhi.

7 (v) Condition of major equipment lying in the institute up to previous year

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	Vashpa Swedana Yantra	Panchakarma section	2004	Not working	-
2.	Vidhuyta Swedan Yantra	-do-	2001	Not working	-
3.	Droni (fiber)	-do-	2001	working	-
4.	Droni (fiber)	-do-	2001	working	-
5.	Nadi Swedana Yantra	-do-	2004	Not working	-
6.	Droni (massage table)	-do-	Oct 2010	working	-
7.	Geyser 2 nos.	-do-	Oct 2010	working	-
8.	Shoulder wheel	Physiotherapy Section	1999	working	-
9.	Quadriiceps table	-do-	1999	working	-
10.	Static cycle	-do-	2001	working	-
11.	Traction unit	-do-	2001	Not working	-
12.	Ultrasound unit	-do-	2001	Not working	-
13.	T.E.N.S machine	-do-	2002	working	-
14.	Hydro collator	-do-	Oct 2010	working	-
15.	Wax bath	-do-	Oct 2010	working	-
16.	Tread mill	-do-	Oct 2010	working	-
17.	Inter Ferential Therapy unit (IFT)	-do-	Oct 2010	working	-
18.	B. Microscope	-do-	2005	Working	-
19.	Refrigerator	-do-	2006	Not working	-
20.	Cell counter (automated)	-do-	2008	Working	-
21.	Automated Urine Analyzer Uro-dipcheck™300	-do-	March, 2011	Not working	-
22.	Clinical Chemistry Analyzer EM-200	-do-	March, 2011	Not working	-
23.	Multi Utility Printer	Office use	2011	Working	-
24.	Glucose Analyzer (2)	SRP /SCSP Project	-do-	-do-	
25.	Abhyang Table (2)	-do-	-do-	-do-	
26.	Shirodhara yantra(2)	-do-	-do-	-do-	
27.	Nasya Peeth (2)	-do-	-do-	-do-	
28.	Nadi Swedan Yantra(2)	-do-	-do-	-do-	
29.	Steam Generator (2)	-do-	-do-	-do-	

30.	Vasti Yantra (2)	-do-	-do-	-do-	
31.	Almira (Glass Door) (5)	For IPD dispensary	17.11.15	-do-	
32.	Ex Table/Chair(1+1)	For Dr. Seema Jain	17.11.15	-do-	
33.	Glucometer (1)	-do-	-do-	working	
34.	B.P. Aparatus (Mercury (1))	-do-	-do-	-do-	
35.	A.C. 1.5 Ton (2) stabilizer	OPD	-do-	-do-	
36.	A.C (2 Ton) (1)	Director Chamber	01.10.15	-do-	
37.	A.C. (1.5 Ton) 01	Admn. Section	05.10.15	-do-	
38.	Panasonic EAPBX System (01)	Director's (P.A.) Room	17.09.15	-do-	
39.	Exide Inverter (01)	IPD ward	20.07.15	-do-	
40.	B.P. Aparatus (Digital) (2)	President Estate AWC unit	21.07.15	Not working	
41.	Height Measuring Scale (02)	-do-	-do-	-do-	
42.	Weighing Machine (02)	-do-	-do-	-do-	
43.	X-Ray viewing Box (02)	-do-	-do-	-do-	
44.	Hot Plate (Electric) (2)	-do-	-do-	-do-	
45.	B.P. Aparatus (Digital) (03)	IPD	02.07.15	-do-	
46.	Height measuring scale (01)	-do-	-do-	-do-	
47.	Weighing Machine(02)	-do-	-do-	-do-	
48.	Window AC (02 Ton) (3)	Path/Bio/Leech section	19.06.15	-do-	
49.	R.O.(02)	IPD	20.05.15	-do-	
50.	Water Cooler (120 ltr) (01)	Admn. Section	20.04.15	-do-	
51.	R.O. (45-50 ltr) (01)	-do-	-do-	-do-	
52.	Almira (01)	O.A. Knee Project	04.04.15	-do-	
53.	Hydraulic OT Table	OT (kshar sutra)	22.11.16	Working	
54.	Sign board (CARIGate)	Display	21.02.17	Working	
55.	Weighing machine	OPD	09.06.16	Working	
56.	Scorpio vehicle (Jeep)	SCSP project	28.11.16	Working	
57.	Bio-Matric Attendance	CARICD staff/officers	07.06.16	Not Working	Received

	System				from HQ office
58.	High back chair (15 Nos)	For officers	23.02.17	Working	
59.	Visitor chairs		23.02.17	Working	
60.	Office table (13 Nos)	For officers	06.03.17	Working	
61.	AC 1.5 ton window (03)	Doctor cabin (02) Accounts (01)	06.08.16	Working	
62.	Stabilizer (03)	For Acs	18.11.16	Working	
63.	AC 1.5 ton window (01)	General store (01)	18.11.16	Working	
64.	AC 1.5 ton split (02)	Admn sec	18.11.16	Working	
65.	Wall fan (02)	SRP/SCSP project	31.05.16	Working	
66.	Fan (03)	PA Room /OPD Counter	05.08.16	Working	
67.	Fan (05)	Conference hall/estt	30.03.17	Working	
68.	Pedestal fan (01)	Guard room	21.04.16	Working	
69.	Printer	CVS project	15.10.16	Working	
70.	Printer	Hindi section	27.08.16	Working	
71.	Weight machine Count Scal 10 Kg	I.P.D	03.08.2017	Working	
72.	Weight machine Count Scal 05 Kg	Pharmacy	22.08.2017	Working	
73.	Tubs (G.I. steel)	Washerman	28.10.2017	Working	
74.	Usha Mixer Grader 03 JAR	Pharmacy	01.01.2018	Working	
75.	Cooler 18'', 15''	IPD, Security Room, Panchakarma,	26.05.2018	Working	
76.	Drill Machine	Electricity Work	15.10.2018	Working	
77.	Room Heater	CARICD	21.12.2018	Working	
78.	Exhaust Fan	O.P.D, Eye	26.12.2018	Working	
79.	Patients Stool SS	I.P.D Dept	10.12.2018	Working	
80.	Patient Wetting Chair	OPD/IPD	19.12.2018	Working	
81.	Computer	Doctors	18.12.2018	Working	
82.	Mattress with covers	IPD Bed	24.12.2018	Working	
83.	Bed Side Locker	IPD	04.01.2019	Working	
84.	CR System	X-Ray	16.01.2019	Working	
85.	Patient Bed (Semi fold)	IPD	26.03.2019	Working	

86.	L.P G. Stove(01)	Kitchen	330,24-5-19	Working	
87.	Revolving chair(G) (30)	Conference Room	408,21/6/19	Working	
88.	Air Condition1.5tan(W)(01)	Conference Room	0356,1/7/19	Working	
89.	Split Air Condition 1.5 Ton, Model183vczt (01)	ENT Section	1135,19/6/19	Working	
90.	Pressure cooker 10Ltr.Hawkins (02)	Kitchen	453,18/7/19	Working	
91.	Fully Bio-Chemistry Analyzer (EB-200)(01)	Chemistry Lab	1458,24/7/19	Working	
92.	Wheel Chair (02)	OPD/IPD	706, 01/8/19	Working	
93.	Food Trolleys (02)	IPD	230,10/8/19	Working	
94.	Elite 5805-part cell counter Hematology Analyser (01)	Chemistry Lab	1591, 1/8/19	Working	
95.	COMPUTER (INSTITUTE) (06)	Institute/Projects	230,10/8/19	Working	
96.	MEETING TABLE (01)	Conference Room	134, 13/7/19	Working	
97.	DESK SEATING (10)	Panchkarma	530, 3/9/19	Working	
98.	Multifunction Printer(institute) (2Pc.)	Director Chamber/ AYUSH SR Projects	52 ,11/10/19	Working	
99.	Laser Printer(3Pc.)	Institute	071, 28/9/19	Working	
100.	RO water Purification system (50Ltr.) (1Pc.)	IPD	41, 24/10/19	Working	
101.	BPE 05KVAOnL ine UPS PB1105L10 (01)	Chemistry Lab	131,26/09/ 19	Working	
102.	Shoe Rack (01)	Ksharsutra	0054,2/11/ 19	Working	
103.	Wall Fan (02)	OPD/ Gyne OPD	1140,25/02 /20	Working	
104.	Canon IR ADV 4545 (set) (01)	Institute	RI/1920/20 7,9/ 03/2020	Working	
105.	Three Seat Steel Chair(05)	Institute	238. 9/03/2020	Working	
106.	Steel Almirah mm1000 (10)	Institute	,20-19/07 2020/03/18	Working	
107.	Computer (05)	A-HMIS	APS270,	Working	

			13/02020		
108.	Vartical Steam Sterlizer (01)	Ksharsutra	,2300 2020/3/30	Working	
109.	Door 4 Book Cases (16)	Library	202/03/002 7,30 0	Working	
110.	High Vacuum Suction 0.5 (01pc)	I.P.D	718/2021, 16/2/2020	Working	
111.	HP Inter core i5 Computer (03pcs)	Doctors	812/2021, 12/3/2021	Working	
112.	Desktop USB Camera (02pcs)	Director Chamber/ Tech Cell	813/2020- 21, 12/3/2021	Working	
113.	Steel Almirah (05pcs)	Doctor/IPD/ Admn	829/2020- 21, 19/03/2021	Working	
114.	Luminous UPS (10pcs)	Doctors	830/2020- 21, 19/3/2021	Working	
115.	Window AC 1.5 Ton (02pcs)	Doctor/Library	869/2020- 21, 27/3/2021	Working	
116.	Oxygen Concentrator (01pc)	IPD	884/2021- 21, 30/3/2021	Working	
117.	Llody 1.0 ton split AC (03pcs)	Doctors	891/2020- 21, 27/3/2021	Working	
118.	Officer Table	Doctors	863/2020- 21, 24/03/2021	Working	
119.	Mounting Wall Fan750mm (04pc)	IPD/Ksharasutra	125, 16/9/21	Working	
120.	Exercise Band (1set)	Physiotherapy	679, 8/12/21	Working	
121.	UPS (15pc)	Institute	221, 11/12/21	Working	
122.	Induction Heater (2pc)	Panchkarma	1925,6/12/ 21	Working	
123.	Gas Stove (1pc)	Panchkarma	642, 1/12/21	Working	
124.	PA Speaker (1pc)	Institute	732, 10/12/21	Working	
125.	Usha Heater 25Ltrs. (1pc)	IPD	244, 14/12/21	Working	
126.	Computer (4pc)	A/C, Physio, Doctors, Lab	31767, 14/12/21	Working	

127.	3Seater Chairs (30pc)	OPD/Ksharasutra	266, 22/12/21	Working	
128.	Usha 150Ltrs Water Cooler (01pc)	IPD	623,16/12/ 21	Working	
129.	Revolving Chair (05pcs)	Doctors	726,23/12/ 21	Working	
130.	Visitor Chair (20pcs)	Director Chamber/ Doctor Chamber/ Admn.	731, 21/12/21	Working	
131.	Low Temperature deep freezer 350l (01pc)	Laboratory	1321, 15/12/21	Working	
132.	Extension board (05pcs)	Institute	600,27/12/ 21	Working	
133.	Room Heater singal rad (10pcs)	Institute	425,27/12/ 21	Working	
134.	Nadi Swedan Yantra (01pc)	Panchkarma	100001342, 30/ 12/21	Working	
135.	Manual treatment Couch (01pc)	Physiotherapy	109,20/12/ 21	Working	
136.	Nadi Swedan Yantra (01pc)	Panchkarma	100001345, 30/ 12/21	Working	
137.	Wireless Microphone (01pc)	Institute	193, 5/01/22	Working	
138.	Canon CIG Sheet Feeder Scanner (02pcs)	Directors Chamber/ Accounts Section	4701,30/12/ /21	Working	
139.	Intellect Mobile 2 Combo Set EU (01pc)	Physiotherapy	1077,31/01/ /22	Working	
140.	Invertor (03pcs)	Director Chamber/ Ksharasutra/IPD	15/03/2022	Working	
141.	Steel Almirah (02pc)	Doctors	17/03/2022	Working	
142.	Split AC 1 ton (01)	Laboratory	21/03/2022	Working	
143.	Dell Computer (1 Pc)	Accounts Section	24/03/2022	Working	

7(vi) List of equipments purchased during the reporting year 2022-23.

S.N	Name of Item	Purpose for which it was purchased	Year of Purchase	Condition of Equipments	Remarks
1.	Double rod heater (05pcs)	Institute	18/01/22	Working	
2.	Steel Almirah (02pcs)	Laboratory	27/01/23	Working	
3.	Water cooler with RO (01pc)	Laboratory	27/01/23	Working	
4.	Visitor Chairs (08pcs)	Laboratory	20/01/23	Working	
5.	Table (04pc)	Laboratory	514, 21/01/23	Working	
6.	Sliding door Hot Case (04pcs)	Institute	382, 30/01/23	Working	
7.	RO+UF Portable System (01pc)	RML Hospital Unit	1649, 27/01/23	Working	
8.	Heater Double Road (07pcs)	Institute	22232520, 3/2/23	Working	
9.	Toothless sanitizer Dispenser (02pcs)	Laboratory and	073, 6/02/23	Working	
10	Aluminium Reddal (01pc)	Pharmacy	TI/22-23/010 8/02/23	Working	
11.	Platform Trolley (01pc)	Pharmacy	TI/22-23/011 8/02/23	Working	
12.	Double Door Refrigerator (01pc)	Laboratory	DSE-22-23/58 10/02/23	Working	
13.	Steel Containers 1kg. (06pcs)	IPD	412, 3/03/23	Working	
14.	Steel Containers 10kg. (04pcs)	IPD	6363, 10/03/23	Working	
15.	Centrifuge Machine (01pc)	Laboratory	274, 27/3/23	Working	

7 (vii) Library

S.No.	Name of the books	Amount	Remarks
1	No. of Books Available Upto March, 31 st as per accession register	-	1819
2	No. of Books purchased during reporting year	-	Nil
3	Council's publications received for record /display/sale purpose	-	1133
4	Books received without payment	-	Nil
5	Total No. of Books available according to accession register	-	1819

7 (viii) Hindi Section

Hindi section has been playing a leading role in following *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi, and keeping continuous efforts towards meeting the annual target. All quarterly progress reports and half-yearly progress reports are prepared on time and submitted to the Official Language Department and NARAKAS (*Town Official Language Implementation Committee*) by email and online. *Vibhagiya Rajbhasha Karyanvayan Samiti* meeting is being organized each trimester to observe the official & technical work in Hindi in every department. *Hindi Pakhwada* was successfully organized from 14th Sept to 29th Sept, 2023. This year four “*One Day Hindi workshops*” were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the institution was praised for increasing the percentage towards achieving the annual target.

Hindi workshops: 1. 28/06/2023 2. 30/09/2023 3. 26/12/2023 4. 27.03.2024

7 (ix) Medicinal Plant Garden

Institute is maintaining a medicinal plant garden for dual purposes i.e. for demonstration as well as for providing raw herbs for panchakarma and ksharasutra therapy. For identification and demonstration purposes, all the plants have their specific nameplates with their classical names, botanical names, family, and main uses. This Medicinal garden is continuously providing raw herbs for various Panchakarma procedures and Ksharasutra eg. *Madhuyashti*, *Narikel*, *Shigru*, *Haritaki*, *Ashvagandha*, *Guduchi*, *Bhrami*, *Isabgol*, *Nirgundi*, *Agnimantha*, *jati*, etc.

Any collaborative studies taken up by the Institutes with details: **Clinical Report-I(i)**

Refer Clinical Research page no. 99-116

4-5 important photograph related to Institute activity.

Refer page No. 317 to 341

Major pending issues in brief-NA

Other Activities if any.-NA

Summary Hindi/English on each project in the end: **English: 264 to 288 Hindi 289 to**

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

1) HOSPITAL STATISTICS

Out Patient Department

Statement of patients attended to OPD during different years (Since inception upto 2023-24)

Year	No. of patients attended at OPD																Grand Total			Gross Total
	New						Old						M	T	F					
	Adult		Children		Total		Adult		Children		Total									
	M	F	T	M	F	M	T	F	M	F	T	M				F	M	T	F	M+F
1982-83	-	-	-	-	-	7511	-	7289	-	-	0	-	-	13044	0	15288	20555	0	22577	43132
1983-84	6760	6804	0	1440	1041	8200	0	7845	11375	15500	0	1441	1185	12816	0	16685	21016	0	24530	45546
1984-85	6581	6602	0	1427	911	8008	0	7513	9256	12010	0	1352	865	10608	0	12875	18616	0	20388	39004
1985-86	6709	7671	0	1252	913	7961	0	8584	8278	10424	0	1446	804	9724	0	11228	17685	0	19812	37497
1986-87	6922	7927	0	1459	1075	8381	0	9002	8397	10018	0	1214	807	9611	0	10826	179920	0	19828	199748
1987-88	6692	7852	0	6921	9022	13613	0	16874	1239	1153	0	850	710	2089	0	1863	15702	0	18737	34439
1988-89	6110	5766	0	5962	6852	12072	0	12618	1056	822	0	698	456	1754	0	1278	13826	0	13896	27722
1989-90	3843	2296	0	3783	2795	7626	0	5091	605	285	0	424	242	1029	0	527	8655	0	5618	14273
1990-91	4516	3677	0	3956	3916	8472	0	7593	733	433	0	414	238	1147	0	671	9619	0	8264	17883
1991-92	5331	5577	0	4952	6031	10283	0	11608	730	499	0	565	361	1295	0	860	11578	0	12468	24046
1992-93	5461	5330	0	4897	5821	10358	0	11151	682	620	0	448	278	1130	0	898	11488	0	12049	23537
1993-94	5208	4830	0	4643	5274	9851	0	10104	632	593	0	463	287	1095	0	880	10946	0	10984	21930
1994-95	5352	5384	0	4957	5656	10309	0	11040	641	367	0	455	275	1096	0	642	11405	0	11682	23087
1995-96	5977	7077	0	5979	7560	11956	0	14637	629	414	0	496	337	1125	0	751	13081	0	15388	28469
1996-97	5979	6075	0	5681	6886	11660	0	12961	643	482	0	488	404	1131	0	886	12791	0	13847	26638
1997-98	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
1998-99	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
1999-00	6390	6278	0	649	531	7039	0	6809	9825	7586	0	521	369	7346	0	7955	14385	0	14764	29149

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

Year	No. of patients attended at OPD																Grand Total			Gross Total	
	New									Old									M		T
	Adult		Children			Total				Adult		Children			Total				M	T	F
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F	
2000-01	6463	6215	0	5860	6240	12323	0	12455	624	472	0	420	311	1044	0	783	13367	0	13238	26605	
2001-02				14306								11609								25915	25915
2002-03				18436								23345								41781	41781
2003-04	10633	9369	0	1326	1041	11959	0	10410	16212	15117		1164	696	17376	0	15813	29335	0	26223	55558	
2004-05	4455	4955	0	1218	977	5673	0	5932	5277	3945	0	686	648	5963	0	4593	11636	0	10525	22161	
2005-06	10078	8013	0	769	448	10847	0	8461	12792	8310	0	492	411	13284	0	8721	24131	0	17182	41313	
2006-07	11076	8875	0	1716	922	12792	0	9796	9976	8830	0	955	1144	10931	0	9974	22588	0	19950	42538	
2007-08	9446	6823	0	653	483	10099	0	7306	11920	9067	0	480	318	12400	0	9385	22499	0	16691	39190	
2008-09	9513	7378	0	685	527	10198	0	7905	12983	11101	0	502	360	13485	0	11461	23683	0	19366	43049	
2009-10	9163	7324	0	608	474	9771	0	7798	15100	11845	0	500	401	15600	0	12246	25371	0	20044	45415	
2010-11	8074	6334	0	494	397	8568	0	6731	15254	12457	0	499	407	15753	0	12864	24321	0	19595	43916	
2011-12	8459	6755	0	467	346	8926	0	7101	15112	11958	0	462	300	15574	0	12258	24500	0	19359	43859	
2012-13	8754	6794	0	460	348	9214	0	7142	16841	13535	0	433	446	17274	0	13981	26488	0	21123	47611	
2013-14	11225	8754	0	571	439	11796	0	9193	19776	15314	0	526	361	20302	0	15675	32098	0	24868	56966	
2014-15	10971	8767	0	516	376	11487	0	9053	13019	11076	0	367	1352	14810	0	11340	26297	0	20393	46690	
2015-16	16814	13398	0	805	596	17619	0	13994	19195	14140	0	572	437	19767	0	14577	37386	0	28571	65957	
2016-17	15565	12271	0	858	610	16423	0	12881	21525	15614	0	747	417	22272	0	16031	38695	0	28912	67607	
2017-18	16470	13124	0	949	660	17419	0	13784	24545	18653	0	757	517	25302	0	19170	42721	0	32954	75675	
2018-19	15072	12669	0	890	652	15962	0	13321	25583	21038	0	848	694	26431	0	21732	42393	0	35053	77446	
2019-20	15990	14491	0	844	691	16834	0	15182	30011	27655	0	1079	787	31090	0	28442	47924	0	43624	91548	
2020-21	6136	5707	3	211	161	6347	3	5868	8489	7262	0	174	133	8663	0	7395	15010	3	13263	28276	
2021-22	8888	8257	0	395	263	9283	0	8520	14826	13199	0	384	303	15210	0	13502	24493	0	22022	46515	
2022-23	14503	14314	2	717	540	15220	2	14854	25953	23801	5	781	680	26734	5	24481	41954	7	39335	81296	
2023-24	15345	15273	1	808	655	16153	1	15928	33342	30142	3	1262	1087	34604	3	31229	50757	4	47157	97918	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

2) In Patient department

Statement of patients admitted/discharged during different years (Since Inception upto 2023-24)

S.No.	Year	No. of patients attended at IPD											
		ADMITTED						DISCHARGED					
		Adult		Children		Total		Adult		Children		Total	
		M	F	M	F	M	F	M	F	M	F	M	F
1	1980-81	84	95	11	4	95	99	78	95	9	4	87	99
2	1981-82	134	123	9	8	143	131	129	117	10	8	139	125
3	1982-83	197	265	12	14	209	279	197	258	13	12	210	270
4	1983-84	231	257	25	15	256	272	223	272	21	14	244	286
5	1984-85	132	214	49	27	181	241	139	221	52	28	191	249
6	1985-86	112	180	12	8	124	188	312	79	148	11	460	90
7	1986-87	127	216	33	26	160	242	91	162	23	8	114	170
8	1987-88	108	199	20	13	128	212	72	135	9	8	81	143
9	1988-89	10	28	4	1	14	29	53	93	4	1	57	94
10	1989-90	10	28	4	1	14	29	4	20	3	1	7	21
11	1990-91	57	110	24	14	81	124	51	101	22	1	73	102
12	1991-92	57	77	14	12	71	89	56	82	16	13	72	95
13	1992-93	68	136	13	5	81	141	61	130	13	5	74	135
14	1993-94	53	67	3	4	56	71	39	59	3	4	42	63
15	1994-95	40	93	15	7	55	100	37	87	13	5	50	92
16	1995-96	75	132	9	6	84	138	64	128	2	1	66	129
17	1996-97	85	121	11	8	96	129	81	108	8	6	89	114
18	1997-98	89	118	11	10	100	128	84	110	11	10	95	120
19	1998-99	86	122	10	13	96	135	76	118	7	11	83	129
20	1999-00	77	99	15	9	92	108	70	93	13	7	83	100
21	2000-01	69	96	13	11	82	107	66	88	19	9	85	97
22	2001-02	94	120	17	13	111	133	86	107	14	13	100	120

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

23	2002-03	61	112	21	40	82	152	51	104	20	40	71	144
24	2003-04	158	156	22	11	180	167	149	148	22	10	171	158
25	2004-05	60	76	7	5	67	81	59	72	7	5	66	77
26	2005-06	101	127	12	4	113	131	96	116	12	4	108	120
27	2006-07	173	169	9	3	182	172	170	163	8	3	178	166
28	2007-08	101	112	0	0	101	112	104	111	0	0	104	111
29	2008-09	135	199	5	1	140	200	130	199	4	1	134	200
30	2009-10	163	190	5	4	168	194	158	180	7	6	165	186
31	2010-11	184	215	9	2	193	217	186	221	9	2	195	223
32	2011-12	124	233	7	7	131	240	128	235	4	6	132	241
33	2012-13	176	187	13	6	189	193	181	186	14	7	195	193
34	2013-14	249	280	13	3	262	283	241	272	10	3	251	275
35	2014-15	218	245	14	6	232	251	228	250	12	5	240	255
36	2015-16	212	274	20	8	232	282	215	265	18	8	233	273
37	2016-17	212	228	18	7	230	235	220	216	16	6	236	222
38	2017-18	354	363	23	11	377	374	414	352	11	11	425	363
39	2018-19	325	359	43	20	368	379	321	364	48	22	369	386
40	2019-20	281	364	34	12	315	376	290	375	34	13	324	388
41	2020-21	29	32	5	0	34	32	24	25	3	0	27	25
42	2021-22	117	118	9	1	126	119	116	117	11	1	127	118
43	2022-23	218	291	39	15	257	306	214	281	36	12	250	293
44	2023-24	234	314	39	15	273	329	237	327	41	17	278	344

3) Disease-wise statement of patients admitted/discharged during last five years (excluding reporting period)
(1st April 2018-2019 to 31st March 2022-2023)

SI No	Disease	Number of Patients											
		Admitted						Discharged					
		Adult		Child		Total		Adult		Child		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	ahuka	8	16	1	0	9	16	8	16	1	0	9	16
2	ghataj	1	0	0	0	1	0	1	0	0	0	1	0
3	shyand	4	9	1	1	5	10	4	9	1	1	5	10
4	manth	20	8	2	2	22	10	20	8	2	2	22	10
5	vasthi	0	0	1	0	1	0	0	0	1	0	1	0
6	manda	2	0	0	0	2	0	1	0	0	0	1	0
7	a	2	1	0	0	2	1	2	1	0	0	2	1
8	vata	31	105	0	0	31	105	31	99	0	0	31	99
9	apitta	4	6	0	0	4	6	4	6	0	0	4	6
10	mar	2	0	1	0	3	0	2	0	1	0	3	0
11	as	2	0	0	0	2	0	2	0	0	0	2	0
12	aska	0	1	0	0	0	1	0	1	0	0	0	1
13	d	0	14	0	0	0	14	0	14	0	0	0	14
14	t	7	10	0	0	7	10	7	10	0	0	7	10
15	a	1	0	0	0	1	0	1	0	0	0	1	0
16	odosa	0	22	0	0	0	22	0	22	0	0	0	22
17	nari	1	0	0	0	1	0	1	0	0	0	1	0
18	igata vata	0	0	0	1	0	1	0	0	0	0	0	0
19	ikshay	1	0	0	0	1	0	1	0	0	0	1	0
20	ishosh	0	0	1	0	1	0	0	0	1	0	1	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

21	halyam	0	2	0	0	0	2	0	2	0	0	0	2
22	iram	0	0	3	0	3	0	0	0	3	0	3	0
23	Pakshaghata	0	0	9	6	9	6	0	0	9	6	9	6
24	andar	1	0	0	0	1	0	1	0	0	0	1	0
25	na	0	1	0	0	0	1	0	1	0	0	0	1
26	dhya	0	2	0	0	0	2	0	2	0	0	0	2
27	balyam	10	4	0	1	10	5	9	4	0	1	9	5
28	gavata	3	5	0	0	3	5	3	5	0	0	3	5
29	stham	2	0	0	0	2	0	2	0	0	0	2	0
30	a Roga	0	0	0	1	0	1	0	0	0	1	0	1
31	ani Dosa	3	1	0	0	3	1	3	1	0	0	3	1
32	thi	0	3	0	0	0	3	0	3	0	0	0	3
33	rasi	60	87	0	0	60	87	60	85	0	0	60	85
34	astamva	16	21	0	0	16	21	16	21	0	0	16	21
35	phed	1	0	0	0	1	0	1	0	0	0	1	0
36		1	0	1	0	2	0	1	0	1	0	2	0
37		10	8	0	0	10	8	10	8	0	0	10	8
38	byam	1	0	0	0	1	0	1	0	0	0	1	0
39	pa	3	0	0	0	3	0	3	0	0	0	3	0
40	lu	10	9	0	1	10	10	10	9	0	1	10	10
41	a roga	2	0	0	0	2	0	2	0	0	0	2	0
42		1	1	0	0	1	1	1	1	0	0	1	1
43	lvata	1	1	0	0	1	1	1	1	0	0	1	1
44	roga	1	0	0	0	1	0	1	0	0	0	1	0
45	ityam	3	1	0	0	3	1	3	1	0	0	3	1

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

46	ha	6	3	0	0	6	3	6	3	0	0	6	3
47	nam	3	3	0	0	3	3	3	3	0	0	3	3
48	nash	25	7	5	0	30	7	25	7	5	0	30	7
49	numeha	3	3	0	0	3	3	3	3	0	0	3	3
50	shkshay	0	1	0	0	0	1	0	0	0	0	0	0
51	abahasrotavikar	3	3	0	0	3	3	3	3	0	0	3	3
52	bandha	0	1	0	0	0	1	0	1	0	0	0	1
53	sha gata vata kopa	2	1	0	0	2	1	2	1	0	0	2	1
54	yastambh	12	13	0	0	12	13	12	13	0	0	12	13
55	aroga	0	1	0	0	0	1	0	1	0	0	0	1
56	nin	0	0	1	0	1	0	0	0	1	0	1	0
57	ndusika	2	0	0	0	2	0	2	0	0	0	2	0
58	abahasratovikar	0	1	0	0	0	1	0	1	0	0	0	1
59	akshay	0	2	0	0	0	2	0	2	0	0	0	2
60	landha	10	2	2	2	12	4	10	2	2	2	12	4
61	Roga	2	0	0	0	2	0	2	0	0	0	2	0
62	rsha	0	2	0	0	0	2	0	2	0	0	0	2
63	sosh	1	0	0	0	1	0	1	0	0	0	1	0
64	a Roga	51	46	8	2	59	48	51	46	8	2	59	48
65	anaash	0	1	0	0	0	1	0	1	0	0	0	1
66	naghata	42	46	3	2	145	48	39	46	3	2	142	48
67	u Roga	1	0	0	0	1	0	1	0	0	0	1	0
68	u	1	0	0	0	1	0	1	0	0	0	1	0
69	artika	0	2	0	0	0	2	0	2	0	0	0	2
70	s	1	5	0	0	1	5	1	5	0	0	1	5
71	eha	2	2	0	0	2	2	2	2	0	0	2	2

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

72	ariarm	1	0	0	0	1	0	1	0	0	0	1	0
73	agoto Vata	1	0	0	0	1	0	1	0	0	0	1	0
74	aja Arbud	0	2	0	0	0	2	0	2	0	0	0	2
75	apittam	0	1	0	0	0	1	0	1	0	0	0	1
76	hi Vata	24	301	1	1	125	302	24	297	1	1	125	298
77	hkakshipak	7	11	0	0	7	11	7	11	0	0	7	11
78	hool	2	1	0	0	2	1	2	1	0	0	2	1
79	pitta	1	4	1	0	2	4	1	4	1	0	2	4
80		3	1	0	0	3	1	3	1	0	0	3	1
81	Roga	0	4	0	0	0	4	0	4	0	0	0	4
82	abahasratodosha	3	0	0	0	3	0	3	0	0	0	3	0
83		2	2	0	0	2	2	2	2	0	0	2	2
84	apradar	0	2	0	0	0	2	0	2	0	0	0	2
85	ra	0	1	0	0	0	1	0	1	0	0	0	1
86	r	76	78	31	15	107	93	76	77	31	15	107	92
87	shoola	09	100	0	0	109	100	07	100	0	0	107	100
88	nakswash	0	1	0	0	0	1	0	1	0	0	0	1
89	Roga	1	2	0	0	1	2	0	2	0	0	0	2
90	shool	1	2	0	0	1	2	1	2	0	0	1	2
91	atra	0	5	0	0	0	5	0	5	0	0	0	5
92	aad	2	0	3	0	5	0	2	0	3	0	5	0
93	j pratikshay	0	1	0	0	0	1	0	1	0	0	0	1
94	rakta	14	32	0	0	14	32	14	32	0	0	14	32
95	vyadhi	38	127	54	13	192	140	36	123	51	11	187	134
96	archika	1	0	0	0	1	0	1	0	0	0	1	0
97	ad	1	2	0	0	1	2	1	2	0	0	1	2
98	rachi	1	0	0	0	1	0	1	0	0	0	1	0
99	ndh	0	2	1	0	1	2	0	2	1	0	1	2
Total		70	1165	30	48	1100	1213	60	1147	27	45	1087	1192

4) Result of treatment for the discharged patients during last five years (excluding reporting period)
(1st April 2018-2019 to 31st March 2022-2023)

Sl No	Disease	Result of Treatment						Total
		Good	Fair	Poor	No	Death	Drop	
		Response	Response	Response	Response		Out	
1	ahuka	5	12	5	1	0	2	25
2	ghataj	0	0	1	0	0	0	1
3	shyand	5	4	4	2	0	0	15
4	manth	10	8	8	6	0	0	32
5	vasthi	0	0	1	0	0	0	1
6	manda	0	0	0	1	0	0	1
7	a	2	1	0	0	0	0	3
8	vata	24	54	34	16	0	2	130
9	apitta	2	5	3	0	0	0	10
10	mar	1	1	1	0	0	0	3
11	as	0	1	1	0	0	0	2
12	aska	0	0	1	0	0	0	1
13	d	6	3	4	0	0	1	14
14		8	5	2	1	0	1	17
15	a	0	0	1	0	0	0	1
16	v Dosa	6	9	7	0	0	0	22
17	nari	0	1	0	0	0	0	1
18	ikshay	0	0	1	0	0	0	1
19	ishosh	0	0	1	0	0	0	1
20	halyam	0	2	0	0	0	0	2
21	iram	1	2	0	0	0	0	3
22	Pakshaghata	0	6	5	2	0	2	15
23	andar	0	1	0	0	0	0	1

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

24	na	0	1	0	0	0	0	1
25	dhya	1	0	0	1	0	0	2
26	balyam	1	6	4	2	0	1	14
27	gavata	2	4	2	0	0	0	8
28	stham	0	0	1	1	0	0	2
29	a Roga	0	0	0	1	0	0	1
30	ani Dosa	2	2	0	0	0	0	4
31	hi	2	0	1	0	0	0	3
32	hrasi	54	51	25	7	0	8	145
33	astamva	18	12	5	2	0	0	37
34	phed	0	1	0	0	0	0	1
35		0	0	0	2	0	0	2
36	pyam	0	1	0	0	0	0	1
37	pa	1	0	1	1	0	0	3
38	h	1	3	7	7	0	0	18
39	lu	5	11	3	1	0	0	20
40	a roga	0	2	0	0	0	0	2
41		0	0	2	0	0	0	2
42	l vata	1	0	1	0	0	0	2
43	roga	1	0	0	0	0	0	1
44	ityam	1	3	0	0	0	0	4
45	ha	1	5	3	0	0	0	9
46	ham	1	2	2	1	0	0	6
47	nash	6	17	7	4	0	3	37
48	numeha	2	2	1	1	0	0	6
49	abahasrotavikar	0	3	1	2	0	0	6
50	bandha	0	1	0	0	0	0	1
51	sha gata vata kopa	0	0	2	1	0	0	3

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

52	yastambh	4	7	10	4	0	0	25
53	aroga	0	0	1	0	0	0	1
54	nin	0	1	0	0	0	0	1
55	ndusika	2	0	0	0	0	0	2
56	abahastotravikar	0	0	0	1	0	0	1
57	akshay	0	0	2	0	0	0	2
58	landha	6	4	2	4	0	0	16
59	Roga	1	1	0	0	0	0	2
60	rsha	0	2	0	0	0	0	2
61	sosh	1	0	0	0	0	0	1
62	a Roga	19	33	29	6	0	20	107
63	anaash	0	1	0	0	0	0	1
64	haghata	31	76	42	28	1	12	190
65	u Roga	0	1	0	0	0	0	1
66	u	0	1	0	0	0	0	1
67	artika	1	0	1	0	0	0	2
68	s	1	4	1	0	0	0	6
69	eha	1	3	0	0	0	0	4
70	ariarm	0	0	0	1	0	0	1
71	agoto Vata	0	1	0	0	0	0	1
72	aja Arbud	0	1	1	0	0	0	2
73	apittam	0	1	0	0	0	0	1
74	hi Vata	101	175	98	35	0	14	423
75	hkakshipak	6	5	4	3	0	0	18
76	graha	2	0	1	0	0	0	3
77	pitta	1	5	0	0	0	0	6
78		2	1	1	0	0	0	4
79	Roga	1	2	1	0	0	0	4

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

80	abahasratodosha	1	0	1	0	0	1	3
81		1	1	1	1	0	0	4
82	apradar	1	0	1	0	0	0	2
83	ra	1	0	0	0	0	0	1
84	r	50	79	31	9	0	30	199
85	hool	82	83	30	12	0	0	207
86	makswash	0	1	0	0	0	0	1
87	Roga	0	0	2	0	0	0	2
88	shool	2	0	1	0	0	0	3
89	ratra	1	2	1	1	0	0	5
90	aad	2	1	1	0	0	1	5
91	Vyadhi	62	144	69	46	0	0	321
92	j pratikshay	0	1	0	0	0	0	1
93	rakta	7	24	9	6	0	0	46
94	archika	0	1	0	0	0	0	1
95	ad	0	3	0	0	0	0	3
96	rachi	0	1	0	0	0	0	1
97	ndh	1	1	1	0	0	0	3
Total		561	909	490	220	1	98	279

5) Percentage of yearly bed occupancy during different years since inception upto the reporting year 2023-24

S.No	Year	No of Beds Available	Percentage of Yearly Bed Occupancy(%)
1	1980-81	50	16.34%
2	1981-82	50	36.90%
3	1982-83	50	56.15%
4	1983-84	50	70.21%
5	1984-85	50	68.70%
6	1985-86	50	28.49%
7	1986-87	50	47.85%
8	1987-88	50	51.63%
9	1988-89	50	43.10%
10	1989-90	50	5.20%
11	1990-91	50	33.86%
12	1991-92	50	29.02%
13	1992-93	50	29.70%
14	1993-94	50	34.02%
15	1994-95	50	Not available
16	1995-96	50	29%
17	1996-97	50	28.56%
18	1997-98	50	24.66%
19	1998-99	50	30.44%
20	1999-00	50	35.92%
21	2000-01	50	30.25%
22	2001-02	50	35.58%
23	2002-03	50	42.32%
24	2003-04	50	41.10%
25	2004-05	50	12.37%
26	2005-06	50	24.93%
27	2006-07	50	34.03%
28	2007-08	50	16.95%
29	2008-09	50	28.19%
30	2009-10	50	30.74%
31	2010-11	30	59.68%
32	2011-12	30	51.15%
33	2012-13	30	51.70%
34	2013-14	30	72.54%

35	2014-15	30	59.46%
36	2015-16	30	71.82%
37	2016-17	35	63.81%
38	2017-18	40	70.76%
39	2018-19	40	52.94%
40	2019-20	40	57.13%
41	2020-21	er COVID Guidelines 20 from 1st Feb. 2021	60.76%
42	2021-22	er COVID Guidelines 20 from 1st Feb. 2021 to 28th Feb 2022 **40 from 1st March 2022	0.91% (1st April 2021 to 28th February 2022) **56.04% (1st March to 31st March)
43	2022-23	40	53.79%
44	2023-24	40	53.14%

Percentage of yearly Bed occupancy for the year 2023-24

*Percentage of yearly Bed occupancy for the year 2023-24

$$= \frac{\text{Total days of care to the patients during the year X 100}}{\text{No. of beds X No. of days}}$$

$$= \frac{7779 \times 100}{40 \times 366} = 53.14\%$$

6) Statement of Patient's admitted/discharged during the reporting year 2023-24 (To be furnished separately for assigned clinical problems)

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Carried forward from previous year						Admitted						Discharged					
					Adult		Child		Total		Adult		Child		Total		Adult		Child		Total	
					Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	4	AA	□□□□ □□ □□	rders due to □□□	2	4	3	2	5	6	26	8	1	3	57	51	6	1	3	4	59	5
2	170	AB-17	□□□□ □□ (□□□ □□□ □)	ipation	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	0	1
3	40	AB-24	□□□/ □□□ □□□ (□□□ □□□ □)	or (due only to □□□□□□)	0	0	0	0	0	3	0	0	0	3	0	3	0	0	0	0	3	0
4	49	AB-33	□□□□ □□ □□□/ □□ □□□ □□□ (□□□ □□□	stiffness/ torticollis/ spasmodic torticollois (due only to □□□□□□)	0	0	0	0	0	3	0	0	0	3	0	9	2	0	0	0	2	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□ □□□																		
15	174	AC-32	□□□□ □□□ □□ □□	neck / torticollis / spasmodic torticollois)	0)))	0	1	1	0	1	1	1	1	0)	1	1
16	178	AC-36	□□□ □□ □□/□ □□□ □□□ □□ □□□/ □□□ □□ □□	strual disorders)	0)))	0	0	9	0	0	9	0	9	0)	0	9
17	179	AC-37	□□□□ □□□	and neck rigidity)	0)))	0	3	3	0	3	3	3	3	0)	3	3
18	243	AE-11	□□□□ □□□ □□	avation of □□□ in □□□□□)	0)))	1	1	1	0	1	1	1	1	0)	1	2
19	248	AE-16	□□□ □□ □□	b-arthritis)	4)))	4	24	2	0	24	52	13	6	0)	23	6
20	326	CB-1	□□□ □□ □□□ □□	ity (due only to □□□□□))	0)))	0	0	1	0	0	1	0	1	0)	0	1
21	348	CB-23	□□□ □□ □□ □□□ □□	ired digestion (due only to □□□□□))	0)))	0	0	0	0	0	0	1	0	0)	1	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

22	395	BC-1	□□□□ □□□	□□ depletion)	1)))	1	0	1)	0	1	0	2)	0	2
23	401	BE-1	□□□ □□□ □□	□□□ depletion)	0)))	0	3	1)	3	1	3	1)	3	1
24	652	-10.16	□□□ □□ □□	algia)	0)))	0	30	0)	30	30	1	9)	31	9
25	536	EB-3	□□□□ □□	estion)	0)))	0	1))	1	0	1))	1)
26	558	EB-4	□□□□ □□□ □□	racidity)	0)))	0	1	1)	1	1	1))	1)
27	681	EC-2	□□□□ □□	disease)	0)))	0	0	1)	0	1	0	1)	0	1
28	823	EC-6	□□□□	matism due to □□)	6)))	6	9	4)	9	4	9	8)	9	8
29	850	D-2.8	□□□□ □□ □□ / □□□ □□ □□	of sleep (insomnia))	0)))	0	0	1)	0	1	0	1)	0	1
30	883	ED-4	□□□ □□	umentary disease)	0)))	0	2))	2	0	2))	2)
31	894	D-4.3	□□ □□ □□□	r skin diseases)	0)))	0	4	5)	4	6	3	5)	3	5
32	895	D-4.3.1	□□□□ □□	□□□□□)	0)))	0	1))	1	0	1))	1)
33	897	D-4.3.3	□□□□	bha-□□□□□)	0)))	0	1))	1	0	1))	1)
34	919	ED-5	□□□□ □□	go/leucoderma)	0)))	0	0	2)	0	2	0	2)	0	2

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

35	063	EE-1	□□□□ □□ □□ □□ □□ □□ □□□	agement of maMsavahasr Otas)	0)))	0	1)	3	4	0	1)	3)	4)
36	064	EE-2	□□□ □□	r)	0)))	0	0	1)	0	1	0	1)	0	1)
37	075	E-3.1	□□- □□ □□□ □□□ □□	romes □□□□□□ of)	0)))	0	1)	0	1	0	1)	0	1)	
38	110	EF-2	□□□□	etes mellitus)	0)))	0	0	1)	0	1	0	1)	0	1)
39	173	EI-2	□□□□ □□□	sterility)	0)))	0	1)	0	1	0	1)	0	1)	
40	258	EJ-3	□□□□ □□ □□	ry retention)	0)))	0	0	2)	0	2	0	2)	0	2)
41	278	EJ-4	□□□ □□ □□ □□□ □□	ria)	0)))	0	1)	0	1	0	1)	0	1)	
42	304	EK-3	□□ □□□/ □□ □□/ □□ □□	ma/inflammation)	0)))	0	1	2)	1	2	1	2)	1	2)
43	324	EK-4	□/□□ □□□	is)	0)))	0	0	1)	0	1	1	1)	1	1)

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>																				
53	761	HG-1	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	al or total blindness/amauro sis/ametropia/part ial obstruction of vision)	1)))	1	4	5	0	4	6	4	5	0	4	7			
54	814	I-1	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	itis)	0)))	0	1	1	0	1	1	1	1	0	1	1			
55	828	I-3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	AL dryness)	0)))	0	1	0	0	1	0	1	0	0	1	0			
56	880	J-14	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	hoea)	0)))	0	1	1	0	1	1	1	1	0	1	1			
57	1170	ID-11	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	ity)	0)))	0	3	1	2	5	1	4	1	2	6	1			
58	1177	ID-17	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	y in walking)	0)))	0	0	0	0	0	1	0	0	0	0	1			
Total)	0	8	3	3	3	21	34	14	9	5	73	29	37	27	1	7	78	44

7) Results of treatment for the patients discharged during the reporting year 2023-24 (To be furnished separately for assigned clinical problems and general patients treated):

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Result of Treatment						
					Good Response	Fair Response	Poor Response	No Response	Drop Out	Death	Total
1	4		□□□□□□□□	rders due to □□□	7	29	48	30	0	0	14
2	2170	B-17	□□□□□□ (□□□□□□□)	pation	0	1	0	0	0	0	1
3	40	B-24	□□□/□□□ □□□ (□□□□□□□)	or (due only to □□□□□□)			1	2	0	0	3
4	49	B-33	□□□□□□□□□ /□□□□□□□□□ □□□(□□□□ □□□)	stiffness/ torticollis/ spasmodic torticollois (due only to □□□□□□)	1	4	5	1	0	0	11
5	22	B-6	□□□□□□ (□□□□□□□)	l paralysis (due only to □□□□□□)	0	0	1	0	0	0	1
6	78	B-61	□□□-□□□□□□ (□□□□□□□)	back (due only to □□□□□□)	0	1	0	0	0	0	1
7	80	B-63	□□□□□□□□ (□□□□□□□)	ness (due only to □□□□□□)	1	6	4	1	0	0	12
8	102	B-85	□□-□□□□□□	□□□□□□) lalling speech (due only to □□□□□□)	0	0	1	0	0	0	1
9	146	C-11	□□□□□□□	ic convulsion	0	0	2	0	0	0	2
10	147	C-12	□□□□□□□	nsion/tympanites	0	0	1	0	0	0	1
11	2983	C-12.4	□□□□	le constipation	0	2	1	0	0	0	3

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

12	157	C-20	□□□□□	ica	15	26	7	7	0	0	55
13	163	C-24	□□□□□□□/□ □□□□□□	iplegia/hemiparesis	6	22	13	11	0	0	52
14	174	C-32	□□□□□□□□□ □□	neck / torticollis / spasmodic torticollis	1	0	1	0	0	0	2
15	178	C-36	□□□□□□□/□ □□□□□□□□□ □□□/□□□□□□ □□	strual disorders	1	48	0	0	0	0	49
16	179	C-37	□□□□□□□□	and neck rigidity	1	1	2	2	0	0	6
17	141	C-8	□□□□□□	en shoulder	4	3	2	1	0	0	10
18	243	E-11	□□□□□□□□□□	avation of □□□ in □□□□□	0	0	2	1	0	0	3
19	248	E-16	□□□□□□□□	o-arthritis	20	20	37	12	0	0	89
20	326	B-1	□□□□□□□□□ □□	ity (due only to □□□□□)	1	0	0	0	0	0	1
21	348	B-23	□□□□□□□□□□ □□□	ired digestion (due only to □□□□□)	0	1	0	0	0	0	1
22	395	1	□□□□□□□□	□□ depletion	0	1	1	0	0	0	2
23	401	1	□□□□□□□□	□□□ depletion	1	0	1	2	0	0	4
24	652	10.16	□□□□□□□□	algia	11	30	11	8	0	0	60
25	536	3	□□□□□□□	gestion	0	1	0	0	0	0	1
26	558	4	□□□□□□□□□□	racidity	1	0	0	0	0	0	1
27	681	2	□□□□□□□	t disease	0	0	0	1	0	0	1
28	823	5	□□□□	matism due to □□	8	21	10	8	0	0	47
29	850	2.8	□□□□□□□□□ / □□□□□□□□	of sleep (insomnia)	0	0	1	0	0	0	1
30	883	4	□□□□□□	gumentary disease	0	1	0	1	0	0	2
31	894	4.3	□□ □□□□□□	or skin diseases	1	2	3	3	0	0	9
32	895	4.3.1	□□□□□□□	□□□□□	0	0	0	1	0	0	1

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

33	897	4.3.3	□□□□	pha-□□□□□	0	1	0	0	0	0	1
34	919	5	□□□□□□	go/leucoderma	0	1	0	1	0	0	2
35	1063		□□□□□□□□ □□□□□□ □□□	ngement of maMsavahasrOtas	1	0	2	1	0	0	4
36	1064	2	□□□□□	or	0	1	0	0	0	0	1
37	1075	3.1	□□- □□□□□□□□ □□	romes of □□□□□□	0	1		0	0	0	1
38	1110	2	□□□□	etes mellitus	0	0	1	0	0	0	1
39	1173		□□□□□□□	sterility	0	1	0	0	0	0	1
40	1258		□□□□□□□□	ary retention	0	1	1	0	0	0	2
41	1278		□□□□□□□□□ □□□	ria	0	1	0	0	0	0	1
42	1304	3	□□□□□/□□ □□/□□□□	ma/inflammation	2	0	1	0	0	0	3
43	1324	4	□/□□□□□□□□	is	0	1	1	0	0	0	2
44	1374	2.24	□□□□□	ary infertility	0	1	0	0	0	0	1
45	1422	1	□□□□□□□□□□ □□□□□□□□	tion of □□□□□□□□□□ □□	0	1	0	0	0	0	1
46	1530		□□□□□□□□□□	icrania	0	1		0	0	0	1
47	1543	3	□□□□□□□□/□ □□□	ness	0	2	0	1	0	0	3
48	1548	4	□□□□□	tiasis capitis	0	1	0	0	0	0	1
49	662		□□□□□□□□/□ □□□□□□□□	thalmic diseases	1	1	2	0	0	0	4
50	1704	15	□□□- □□□□□□	phthalmos	3	0	0	0	0	0	3
51	1745	2	□□□□□□	coma	2	0	4	0	0	0	6
52	1754	7	□□□□□□□□□ □□□□	phthalmia	0	1	1	0	0	0	2

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

53	1761	1	□□□□	al or total blindness/amaurosis/ame tropia/partial obstruction of vision	6	10	2	3	0	0	21
54	1814		□□□□□□□□□□ /□□□□□	itis	0	2	0	0	0	0	2
55	1828		□□□□□	AL dryness	0	0	1	0	0	0	1
56	1880		□□-□□□□□□	hoea	0	1	0	1	0	0	2
57	2170	11	□□□□□□□□	lity	2	0	2	3	0	0	7
58	2177	17	□□-□□□□	y in walking	0	0	0	1	0	0	1
Total					97	249	173	103	0	0	22

8) **Disease wise average duration of hospitalisation during the reporting period 2023-24 (based on days of care to the patients discharged excluding cases of death and LAMA).**

Average duration of hospitalisation (of a particular disease) =

$$\frac{\text{Total days of care provided to (for a particular disease) the patient discharged}}{\text{No. of patients discharged}}$$

Sl. No	Disease	Average duration of hospitalization
1	अवबाहुकः	12
2	अधिमन्थः	6.5
3	आक्षेपकः	12.5
4	आमवातः	16.34
5	अम्लपित्तम्	11
6	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	1.98
7	अस्थिगतवातः	8.33
8	अस्थिक्षयः	9.75
9	बाधिर्यम् (केवलवात)	11.25
10	दौर्बल्यम्	8.43
11	ग्रीवास्तंभ/ग्रीबहुंडनम(केवलवात)	10.81
12	गृध्रसी	10.83
13	कम्पः/वेपथुः (केवलवात)	4.67
14	कर्ण-स्रावः	8.5
15	खालित्यम्/खलति	2.34
16	कुष्ठम्	2
17	मांसक्षयः	12
18	मांसवहस्रोतोदुष्टिः	34.5
19	मान्यास्तम्भः	16.5
20	मूत्राघातः	9.5
21	नेत्ररोगः/अक्षिरोगः	7.25
22	पक्षाघातः/पक्षवधः	18.88
23	प्रतिश्यायः/पीनसः	4.5
24	सन्धिवातः	13.25
25	शिरोग्रहः	7.16
26	श्वित्रः	1.5

27	श्वयथुः/शोथः/शोफः	16
28	शुष्काक्षिपाकः	8
29	तिमिरः	7.52
30	त्रिकशूलः	13.25
31	त्वक विकार	4.22
32	उदर/उदररोगः	12
33	वातहत-वर्त्म	8.33
34	वाताव्याधि	15.77
35	विबन्ध	11.33
36	आध्मानम्	1
37	अग्निमान्द्यम्	1
38	अजीर्णम्	1
39	निद्रानाशः / अनिद्रा	1
40	अर्बुदः	9
41	अर्धवभेदकः	7
42	अर्दितः (केवलवात)	9
43	अर्श-पूर्वरूपम्	4
44	वाक्-सङ्गः	22
45	वन्ध्या	2
46	दारुणकः	12
47	एककुष्ठः	1
48	फक्क-रोगः	14
49	हृद्रोगः	1
50	क्लैब्यम्	7
51	किटिभः	10
52	मनोवहस्रोतोदुष्टिः	18
53	मूत्रकृच्छ्रम्	19
54	नासासोश	11
55	प्रमेह	12
56	पृष्ठ-ग्रहः (केवलवात)	16
57	अतिस्थौल्यम्	5
58	उदावर्तः (केवलवात)	20

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

9) statement of patients attended at OPD during the reporting year 2023-24

S.No	NAMC ID	NAMC Code	NAMC Name	Short_definition	No. of patients treated																		Grand Total (M+F)			
					New									Follow up										Total		
					Adult			Child			Total			Adult			Child			Total				M	T	F
					M	F	T	M	F	T	M	T	F	M	F	T	M	F	T	M	T	F		M	T	F
1	147	AAC-12	आध्मानम्/ आनाहः	distension/tymp anites/meteorism or painful abdominal distension	61	46	0	0	0	61	0	46	128	201	0	3	0	131	0	201	192	0	247	439		
2	2983	AAC-12.4	विबन्ध	simple constipation	274	136	0	13	9	287	0	145	529	322	0	21	25	550	0	347	837	0	492	1329		
3	152	AAC-15	एकाङ्गवातः	monoplegia	11	6	0	0	0	11	0	6	39	15	0	0	0	39	0	15	50	0	21	71		
4	154	AAC-17	क्रोष्ठुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
6	157	AAC-20	गृध्रसी	sciatica	197	291	0	1	2	198	0	293	641	720	0	0	0	641	0	720	839	0	1013	1852		
7	163	AAC-24	पक्षाघातः/ पक्षवधः	hemiplegia/hemiparesis	189	65	0	1	0	190	0	65	567	190	0	0	0	567	0	190	757	0	255	1012		
8	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	1	1		
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
10	172	AAC-30	मृङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/spasmodic torticollis	32	22	0	0	0	32	0	22	93	50	0	0	0	93	0	50	125	0	72	197		
12	177	AAC-35	विश्वामी	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	10	4	0	0	1	10	0	5	26	19	0	0	1	26	0	20	36	0	25	61		
14	135	AAC-4	अर्दितः	facial paralysis	8	7	0	0	0	8	0	7	36	23	0	0	0	36	0	23	44	0	30	74		
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	7	3	0	1	2	8	0	5	23	23	0	0	16	23	0	39	31	0	44	75		
16	141	AAC-8	अवबाहुकः	frozen shoulder	94	84	0	0	0	94	0	84	163	122	0	0	0	163	0	122	257	0	206	463		
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	6	3	0	0	0	6	0	3	6	4	0	0	0	6	0	4	12	0	7	19		
18	248	AAE-16	सन्धिवातः	osteo-arthritis	2471	3045	0	26	26	2497	0	3071	4675	6049	0	21	20	4696	0	6069	7193	0	9140	16333		

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
20	285	ABB-24	दाहः	burning sensation	14	9	0	1	0	15	0	9	28	41	0	1	0	29	0	41	44	0	50	94
21	287	ABB-26	पालित्य	premature graying of hair	18	7	0	1	2	19	0	9	56	15	0	3	6	59	0	21	78	0	30	108
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	88	61	0	16	7	104	0	68	151	112	0	33	22	184	0	134	288	0	202	490
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	4	0	0	0	0	0	0	4	0	0	4	4
25	420	BI	राजयक्ष्मा	consumption	6	1	0	0	0	6	0	1	11	3	0	0	0	11	0	3	17	0	4	21
26	471	EA-2	हिक्का	hiccup/singultus	2	1	0	0	0	2	0	1	1	0	0	0	0	1	0	0	3	0	1	4
27	480	EA-3	कासः	cough / tussis	261	201	1	36	34	297	1	235	299	337	3	41	48	340	3	385	637	4	620	1261
28	500	EA-5	स्वरभेदः	dysphonia	17	5	0	1	2	18	0	7	36	25	0	3	2	39	0	27	57	0	34	91
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	633	EB-10	शूलः	colicky pain/abdominal colic	224	296	0	11	9	235	0	305	437	508	0	21	13	458	0	521	693	0	826	1519
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	5	3	0	0	0	5	0	3	1	0	0	0	0	1	0	0	6	0	3	9
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	3	0	0	0	0	0	3	0	0	0	0	0	0	0	0	0	0	3	3
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	12	6	0	0	0	12	0	6	16	2	0	0	0	16	0	2	28	0	8	36
34	651	EB-10.15	पार्श्वशूलः	flank pain	4	3	0	0	0	4	0	3	4	2	0	0	0	4	0	2	8	0	5	13
35	656	EB-11	उदावर्तः	obstipation	66	71	0	0	1	66	0	72	242	223	0	0	0	242	0	223	308	0	295	603
36	676	EB-12	परिकर्तिका	proctalgia	563	391	0	7	6	570	0	397	1432	829	0	7	3	1439	0	832	2009	0	1229	3238
37	515	EB-2	अतिसारः	diarrhoea	28	14	0	7	2	35	0	16	28	30	0	8	13	36	0	43	71	0	59	130
38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
39	524	EB-2.8	आमश्लेष्मस्रावः	Amstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
41	536	EB-3	अजीर्णम्	indigestion	266	190	0	7	8	273	0	198	546	396	0	9	13	555	0	409	828	0	607	1435
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	1	0	0	0	0	0	1	0	2	0	0	0	0	0	2	0	0	3	3
43	558	EB-4	अम्लपित्तम्	hyperacidity	254	196	0	2	0	256	0	196	523	478	0	3	4	526	0	482	782	0	678	1460
44	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	82	55	0	2	4	84	0	59	161	142	0	6	3	167	0	145	251	0	204	455
46	611	EB-8	गुल्मः	lump	1	1	0	0	0	1	0	1	0	0	0	0	0	0	0	0	1	0	1	2
47	628	EB-9	प्रवाहिका	dysentery	5	0	0	1	0	6	0	0	20	0	0	0	1	20	0	1	26	0	1	27
48	681	EC-2	हृद्रोगः	heart disease	167	68	0	0	0	167	0	68	576	177	0	1	2	577	0	179	744	0	247	991
49	689	EC-3	ज्वरः	fever / pyrexia	122	163	0	17	24	139	0	187	118	236	0	15	39	133	0	275	272	0	462	734
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52	812	EC-5	पाण्डुरोगः	anaemia	10	26	0	2	2	12	0	28	12	63	0	1	7	13	0	70	25	0	98	123
53	823	EC-6	आमवातः	rheumatism due to आम	151	526	0	1	0	152	0	526	397	1505	0	0	1	397	0	1506	549	0	2032	2581
54	828	EC-7	अरुचिः	anorexia	2	4	0	3	1	5	0	5	9	2	0	2	2	11	0	4	16	0	9	25
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	1	1	0	0	0	1	0	1	1	0	0	0	0	1	0	0	2	0	1	3
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57	1017	ED-12	प्लीहोदरः	splenomegaly	1	3	0	0	0	1	0	3	2	0	0	0	0	2	0	0	3	0	3	6
58	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	0	0	0	0	1	1	0	0	0	1	0	1	1	0	1	2
59	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	34	37	0	0	2	34	0	39	98	85	0	3	12	101	0	97	135	0	136	271
60	1031	ED-15	उदरदः	urticaria with kapha predominance	22	21	0	2	2	24	0	23	47	54	0	4	0	51	0	54	75	0	77	152
61	1033	ED-16	भगन्दरः	fistula-in-ano	260	59	0	2	1	262	0	60	1263	148	0	11	1	1274	0	149	1536	0	209	1745
62	838	ED-2.2	कण्डूः	pruritis	579	589	0	48	56	627	0	645	1383	1248	0	84	85	1467	0	1333	2094	0	1978	4072
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	26	25	0	0	0	26	0	25	59	34	0	0	0	59	0	34	85	0	59	144
64	874	ED-3	कामला	jaundice	6	8	0	0	1	6	0	9	12	16	0	0	0	12	0	16	18	0	25	43
65	883	ED-4	कुष्ठम्	integumentary disease	125	160	0	13	10	138	0	170	262	293	0	25	25	287	0	318	425	0	488	913

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

66	905	ED-4.3.10	विचर्चिका	wet eczema	17	6	0	0	0	17	0	6	48	14	0	1	0	49	0	14	66	0	20	86
67	897	ED-4.3.3	किटिभः	psoriasis	46	22	0	0	1	46	0	23	109	105	0	0	6	109	0	111	155	0	134	289
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	8	3	0	1	0	9	0	3	17	24	0	1	2	18	0	26	27	0	29	56
69	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	40	30	0	2	0	42	0	30	72	65	0	7	6	79	0	71	121	0	101	222
70	902	ED-4.3.8	पामा	scabies	3	0	0	1	0	4	0	0	6	2	0	3	0	9	0	2	13	0	2	15
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	28	26	0	13	16	41	0	42	83	85	0	25	56	108	0	141	149	0	183	332
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	81	114	0	0	0	81	0	114	160	221	0	0	0	160	0	221	241	0	335	576
76	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77	1064	EE-2	अर्बुदः	tumor	16	37	0	0	0	16	0	37	27	66	0	0	0	27	0	66	43	0	103	146
78	1074	EE-3	अशः	haemorrhoids	722	304	0	12	4	734	0	308	2012	647	0	34	5	2046	0	652	2780	0	960	3740
79	1095	EE-4	ग्रन्थिः	cyst	145	168	0	13	7	158	0	175	311	444	0	20	12	331	0	456	489	0	631	1120
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	336	220	0	1	0	337	0	220	938	497	0	0	0	938	0	497	1275	0	717	1992
81	1161	EF-3	मेदोरोगः	obesity	50	73	0	2	2	52	0	75	146	117	0	4	4	150	0	121	202	0	196	398
82	1163	EF-4	पिडका	eruption	3	2	0	0	0	3	0	2	3	1	0	0	0	3	0	1	6	0	3	9
83	1173	EI-2	क्लेब्यम्	male infertility	38	0	0	0	0	38	0	0	100	0	0	0	0	100	0	0	138	0	0	138
84	1244	EI-6.8	अन्त-वृद्धिः	hernia	12	0	0	0	0	12	0	0	16	0	0	0	0	16	0	0	28	0	0	28
85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	16	0	0	0	0	16	0	0	26	0	0	0	0	26	0	0	42	0	0	42
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	136	104	0	1	0	137	0	104	298	211	0	11	0	309	0	211	446	0	315	761
87	1258	EJ-3	मूत्राघातः	urinary retention	143	82	0	6	9	149	0	91	393	202	0	21	13	414	0	215	563	0	306	869
88	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	24	0	0	0	0	24	0	0	63	0	0	0	0	63	0	0	87	0	0	87
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	60	46	0	1	2	61	0	48	212	104	0	10	20	222	0	124	283	0	172	455
90	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	125	157	0	7	4	132	0	161	368	439	0	14	6	382	0	445	514	0	606	1120
92	1319	EK-3.15	कर्णमूल शोथः	mumps	1	0	0	0	0	1	0	0	0	1	0	0	1	0	0	2	1	0	2	3

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

93	1337	EK-4.6	यकृदाल्युदरः	hepatomegaly	116	77	0	4	3	120	0	80	323	155	0	30	4	353	0	159	473	0	239	712
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोदरः	ascites	7	2	0	0	0	7	0	2	20	1	0	0	0	20	0	1	27	0	3	30
97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	4	0	0	0	0	0	4	0	14	0	0	0	0	0	14	0	0	18	18
98	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101	1374	EL-2.24	वन्ध्या	female infertility	0	29	0	0	0	0	0	29	0	52	0	0	0	0	0	52	0	0	81	81
102	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	1	0	0	0	0	0	1	0	1	0	0	0	0	0	1	0	0	2	2
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105	1392	EL-4	रक्तप्रदरः/ असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	33	0	0	0	0	0	33	0	61	0	0	0	0	0	61	0	0	94	94
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	237	0	0	3	0	0	240	0	531	0	0	10	0	0	541	0	0	781	781
107	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	7	6	0	0	0	7	0	6	14	36	0	1	0	15	0	36	22	0	42	64
112	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113	1457	EM-3	अपस्मारः	epilepsy	11	5	0	1	2	12	0	7	20	13	0	7	0	27	0	13	39	0	20	59

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

114	1466	EM-5	मदात्ययः	alcohol abuse	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	104	176	0	5	6	109	0	182	259	378	0	11	16	270	0	394	379	0	576	955
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
120	1530	F-8	अर्धविभेदकः	hemicrania	31	52	0	0	0	31	0	52	62	133	0	4	2	66	0	135	97	0	187	284
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	86	94	0	1	8	87	0	102	178	189	0	11	22	189	0	211	276	0	313	589
123	1548	FA-4	दारुणकः	pytiriasis capitis	7	4	0	1	0	8	0	4	14	5	0	0	0	14	0	5	22	0	9	31
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
126	1583	GC	दन्तगतारोगः	tooth disorders	17	12	0	2	0	19	0	12	28	12	0	8	0	36	0	12	55	0	24	79
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	3	0	0	0	3	0	0	3	0	0	3	
129	1616	GF	कण्ठरोगः	throat disorders	16	10	0	1	0	17	0	10	29	17	0	1	0	30	0	17	47	0	27	74
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
133	1643	GF-19	गलगण्डः	goiter	14	32	0	0	0	14	0	32	56	55	0	0	1	56	0	56	70	0	88	158
134	1649	GG	मुखपाकः	stomatitis	37	34	0	0	1	37	0	35	84	62	0	1	4	85	0	66	122	0	101	223
135	1662	H	अक्षिरोगः/ नेत्ररोगः	ophthalmic diseases/ eye diseases	13	13	0	9	1	22	0	14	20	21	0	39	3	59	0	24	81	0	38	119
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	1	0	0	1	0	0	2	0	0	0	0	0	0	0	0	0	0	2	2
137	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
141	1720	HD-1	प्रस्तारि- अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	76	79	0	8	5	84	0	84	84	93	0	13	2	97	0	95	181	0	179	360
143	1745	HF-2	अधिमन्थः	glaucoma	3	1	0	0	0	3	0	1	4	3	0	0	0	4	0	3	7	0	4	11
144	1754	HF-7	शुष्काक्षि पाकः	xerophthalmia	60	126	0	0	0	60	0	126	65	154	0	0	0	65	0	154	125	0	280	405
145	1761	HG-1	तिमिरः	partial or total blindness/amaur osis/ametropia/p artial obstruction of vision	696	743	0	71	58	767	0	801	1157	1043	0	102	83	1259	0	1126	2026	0	1927	3953
146	1807	HG-10	नकुलान्धम्	maculopathy	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
147	1778	HG-2	काचः	moderate low vision	10	18	0	1	0	11	0	18	30	31	0	1	0	31	0	31	42	0	49	91
148	1785	HG-3	लिङ्गनाशः	complete blindness	4	3	0	0	0	4	0	3	16	3	0	0	0	16	0	3	20	0	6	26
149	1813	I	नासारोगः	nose diseases	17	9	0	1	0	18	0	9	30	18	0	0	0	30	0	18	48	0	27	75
150	1814	I-1	प्रतिश्यायः पीनसः	rhinitis	170	142	0	22	23	192	0	165	274	257	0	44	37	318	0	294	510	0	459	969
151	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1
152	1853	I-16	नासाशः	nasal polyp	5	2	0	2	0	7	0	2	6	13	0	4	0	10	0	13	17	0	15	32
153	1832	I-6	अपीनसः	chronic rhinitis	4	4	0	0	0	4	0	4	10	10	0	0	1	10	0	11	14	0	15	29
154	1860	J	कर्णरोगः	ear diseases	10	6	0	1	0	11	0	6	13	8	0	2	1	15	0	9	26	0	15	41
155	1870	J-10	कर्णपाकः	ear furunculosis	0	1	0	0	0	0	0	1	0	1	0	0	0	0	0	1	0	0	2	2
156	1880	J-14	कर्ण-स्रावः	otorrhoea	14	21	0	1	1	15	0	22	16	26	0	1	0	17	0	26	32	0	48	80
157	1896	J-19	बाधिर्यम्	deafness	37	26	0	0	0	37	0	26	120	39	0	4	13	124	0	52	161	0	78	239
158	1897	J-20	कर्णशूलः	earache/otalgia	66	76	0	7	5	73	0	81	100	81	0	11	11	111	0	92	184	0	173	357
159	1869	J-9	कर्ण-नादः	tinnitus	9	14	0	0	0	9	0	14	28	24	0	0	0	28	0	24	37	0	38	75
160	1913	K	व्रणः	wounds	22	14	0	0	0	22	0	14	37	16	0	0	0	37	0	16	59	0	30	89
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	7	0	0	0	0	7	0	0	16	7	0	0	0	16	0	7	23	0	7	30
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163	1971	LA	भ्रमः (अस्थिभ्रमः)	fracture	7	5	0	0	0	7	0	5	9	3	0	1	1	10	0	4	17	0	9	26
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
167	2170	MD-11	दौर्बल्यम्	debility	1288	1226	0	191	131	1479	0	1357	1464	1137	0	174	133	1638	0	1270	3117	0	2627	5744
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	4	2	4	0	2	0	0	0	4	4	4	0	4	8	0	6	14
169	2173	MD-14	कुक्षकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	6	3	6	0	3	0	0	0	4	4	4	0	4	10	0	7	17
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
172	2164	MD-7	गुदपाकः	proctitis	1	0	0	0	0	1	0	0	2	1	0	0	0	2	0	1	3	0	1	4
173	2184	N	कृमिः/सञ्जातकृमि	worm infestation	5	4	0	29	12	34	0	16	7	7	0	34	31	41	0	38	75	0	54	129
174	2250	O-14	कदरः	corn /callosity	6	3	0	0	0	6	0	3	5	0	0	0	0	5	0	0	11	0	3	14
175	2251	O-15	कुनखः	paronychia	12	5	0	1	0	13	0	5	17	5	0	2	0	19	0	5	32	0	10	42
176	2255	O-18	गुदभ्रंशः	rectal prolapse	29	6	0	0	0	29	0	6	52	23	0	0	0	52	0	23	81	0	29	110
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180	2280	O-35	युवानपिडका (मुखदुषिका)	pimples	56	53	0	0	0	56	0	53	101	91	0	3	6	104	0	97	160	0	150	310
181	2284	O-39	इन्द्रलुप्तः	alopecia	8	1	0	1	2	9	0	3	18	1	0	1	2	19	0	3	28	0	6	34
182	2287	O-42	व्यङ्गः	black patches on face / melasma	6	20	0	0	0	6	0	20	8	22	0	0	0	8	0	22	14	0	42	56
183	2243	O-7	अरुणिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184	1110	EF-2	प्रमेहः	diabetes mellitus	206	128	0	2	4	208	0	132	566	284	0	14	15	580	0	299	788	0	431	1219
185	4	AA	वातव्याधिः	disorders due to vāta	1592	1775	0	89	71	1681	0	1846	3821	3538	0	169	101	3990	0	3639	5671	0	5485	11156
186	1324	EK-4	उदर/उदर रोगः	ascites	456	385	0	33	37	489	0	422	974	826	0	39	46	1013	0	872	1502	0	1294	2796

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

187	489	EA-4	श्वासः	dyspnoea	253	148	0	6	3	259	0	151	579	351	0	12	9	591	0	360	850	0	511	1361
188	49	AAB-33	श्रीवास्तम्भः (केवलवात)	neck stiffness /torticollis/spasmodic torticollis (due only to vātadōṣa)	133	131	0	3	0	136	0	131	223	243	0	1	0	224	0	243	360	0	374	734
189	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	330	0	0	3	0	0	333	0	668	0	0	6	0	0	674	0	0	1007	1007
190	1605	GE-2	गलग्रहः	throat spasm	0	1	0	0	0	0	0	1	2	4	0	0	0	2	0	4	2	0	5	7
191	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	32	48	0	5	4	37	0	52	100	94	0	0	0	100	0	94	137	0	146	283
192	494	EA-4.5	तमकश्वसः	Cold, tivravēga śvāsa, kāsam, inflammation of throat	33	21	0	1	0	34	0	21	68	54	0	2	1	70	0	55	104	0	76	180
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	6	0	0	0	0	0	6	0	1	0	0	0	0	0	1	0	0	7	7
194	1421	EM	मनोवहस्रोतोविकारः	disorders of manōvahasrōtas	71	38	0	7	1	78	0	39	168	105	0	8	5	176	0	110	254	0	149	403
195	3573	I:10	Hypertension(BP)	Raised blood pressure	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1118	EF-2.2.6	शुक्रमेहः	Spermaturia	111	0	0	0	0	111	0	0	184	0	0	1	0	185	0	0	296	0	0	296
197	1081	EE-3.7	रक्तज-अर्शः	Haemorrhoids due to Rakta	28	6	0	1	0	29	0	6	45	16	0	2	0	47	0	16	76	0	22	98
198	1606	GE-3	तुण्डिकेरी	Quinsy	12	6	0	4	4	16	0	10	40	16	0	12	14	52	0	30	68	0	40	108
199	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	24	33	0	0	0	24	0	33	69	43	0	0	2	69	0	45	93	0	78	171
200	167	C-166	(Varicos Vain) सिराःग्रंथि	Granthi afflictin g vessels	55	35	0	1	0	56	0	35	174	81	0	0	0	174	0	81	230	0	116	346
201	1236	EI-6	वृद्धिः	hernia, hydrocele	0	1	0	0	0	0	0	1	5	2	0	0	0	5	0	2	5	0	3	8
202	1385	EL-3.2	पित्तज/आर्तवदुष्टिः		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
203	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	5	8	0	0	0	5	0	8	17	11	0	0	0	17	0	11	22	0	19	41

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	7	6	0	0	0	7	0	6	26	18	0	0	0	26	0	18	33	0	24	57
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	108	AAB-91	विषादः/दीनता केवलवात)	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	406	BG	शुक्रवैषम्यम्	Sukradhatu Vaishamya	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2	2
210	243	AAE-11	अस्थिगत वातः	aggravation of vāta in asthi	11	12	0	0	0	11	0	12	22	24	0	0	0	22	0	24	33	0	36	69
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōṣa and other dōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
212	1604	GE-1	गलशुण्डिका (कण्ठशुण्डी)	uvulitis/elongated uvula	2	0	0	0	0	2	0	0	0	0	0	0	0	0	0	2	0	0	2	2
213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
214	652	EB-10.16	त्रिकशूलः/	sacralgia	224	297	0	0	2	224	0	299	517	655	0	4	2	521	0	657	745	0	956	1701
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1	1
216	1350	EL-2	योनिरोगः/ योनि-व्यापदः	gynecological disorder	0	4	0	0	0	0	0	4	0	2	0	0	0	0	2	0	0	6	6	
217	1099	EE-4.4	मेदोजग्रथिः	Fatty mobile swelling	7	0	0	0	0	7	0	0	14	2	0	0	0	14	0	2	21	0	2	23
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	1	0	0	0	0	1	0	0	3	1	0	0	0	3	0	1	4	0	1	5
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	1175	EI-2.2	ध्वजभङ्गज क्लैब्यम्	klaibya due to erectile dysfunction	2	0	0	0	0	2	0	0	8	0	0	0	0	8	0	0	10	0	0	10

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

221	2269	O-28	प्रसुप्तिः	hypoesthesia	6	4	0	0	0	6	0	4	10	5	0	0	0	10	0	5	16	0	9	25
222	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated vāta in rakta	107	81	0	0	0	107	0	81	261	200	0	0	0	261	0	200	368	0	281	649
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
224	2263	O-23	तिलकः/तिलकालक	sesame-eruption	0	1	0	0	0	0	0	1	0	2	0	0	0	0	0	2	0	0	3	3
225	7	AAA-2	वातवृद्धिः	vātavṛddhiḥ	25	13	0	3	0	28	0	13	41	12	0	2	0	43	0	12	71	0	25	96
226	265	ABB-4	अतिस्वेदः केवलपित्त		1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
227	2667	SH-2	विरेचनायोग	virēcanāyōga	9	13	0	0	0	9	0	13	32	36	0	0	0	32	0	36	41	0	49	90
228	173	AAC-31	मिन्मिनः	nasal voice	3	0	0	1	0	4	0	0	0	0	0	1	0	1	0	0	5	0	0	5
229			Not consultant		1	1	0	0	0	1	0	1	0	0	0	0	0	0	0	0	1	0	1	2
Grand Total					15345	15273	1	808	655	16153	1	15928	33342	30142	3	1262	1087	34604	3	31229	50757	4	47157	97918

10) Geriatric OPD

S.no.	NAM C ID	NAM C Code	NAMC_Name	Short_definition	No. of patients treated																		Grand Total (M+F+T)	
					New						Follow up						Total							
					Adult			Child		Total			Adult			Child		Total			Total			
					M	F	T	M	F	M	F	T	M	F	T	M	F	T	M	F	T	M		F
1	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/meteorism or painful abdominal distension	3	3	0	0	0	3	3	0	5	2	0	0	0	5	2	0	8	5	0	13
2	2983	AAC-12.4	विबन्ध	simple constipation	22	8	0	0	0	22	8	0	59	11	0	0	0	59	11	0	81	19	0	100

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

3	152	AAC-15	एकाङ्गवातः	monoplegia	0	1	0	0	0	0	1	0	2	0	0	0	0	2	0	0	2	1	0	3
4	154	AAC-17	क्रोष्ठुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	157	AAC-20	गृध्रसी	sciatica	18	32	0	0	0	18	32	0	72	56	0	0	0	72	56	0	90	88	0	178
7	163	AAC-24	पक्षाघातः/ पक्षवधः	hemiplegia/hemiparesis	23	14	0	0	0	23	14	0	76	46	0	0	0	76	46	0	99	60	0	159
8	166	AAC-24.2	बाल- पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollis	3	1	0	0	0	3	1	0	10	0	0	0	0	10	0	0	13	1	0	14
12	177	AAC-35	विश्वची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	135	AAC-4	अर्दितः	facial paralysis	2	1	0	0	0	2	1	0	23	0	0	0	0	23	0	0	25	1	0	26
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	2	2	0	0	0	2	2	0	2	2	0	4
16	141	AAC-8	अवबाहुकः	frozen shoulder	4	2	0	0	0	4	2	0	15	0	0	0	0	15	0	0	19	2	0	21
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	248	AAE-16	सन्धिवातः	osteo-arthritis	329	327	0	0	0	329	327	0	766	681	0	0	0	766	681	0	1095	1008	0	2103
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	285	ABB-24	दाहः	burning sensation	2	0	0	0	0	2	0	0	1	0	0	0	0	1	0	0	3	0	0	3
21	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	11	5	0	0	0	11	5	0	16	10	0	0	0	16	10	0	27	15	0	42

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
25	420	BI	राज्यक्ष्मा	consumption	2	0	0	0	0	2	0	0	3	1	0	0	0	3	1	0	5	1	0	6
26	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
27	480	EA-3	कासः	cough / tussis	21	10	1	0	0	21	10	1	28	17	3	0	0	28	17	3	49	27	4	80
28	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	7	0	0	0	0	7	0	0	7	0	0	7
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
30	633	EB-10	शूलः	colicky pain/abdominal colic	15	13	0	0	0	15	13	0	62	34	0	0	0	62	34	0	77	47	0	124
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2
34	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
35	656	EB-11	उदावर्तः	obstipation	5	4	0	0	0	5	4	0	62	19	0	0	0	62	19	0	67	23	0	90
36	676	EB-12	परिकर्तिका	proctalgia	0	1	0	0	0	0	1	0	13	8	0	0	0	13	8	0	13	9	0	22
37	515	EB-2	अतिसारः	diarrhoea	3	0	0	0	0	3	0	0	6	0	0	0	0	6	0	0	9	0	0	9
38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
39	524	EB-2.8	आमातिसारः	Amstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
41	536	EB-3	अजीर्णम्	indigestion	15	6	0	0	0	15	6	0	31	20	0	0	0	31	20	0	46	26	0	72

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	558	EB-4	अम्लपित्तम्	hyperacidity	17	8	0	0	0	17	8	0	47	25	0	0	0	47	25	0	64	33	0	97
44	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	4	6	0	0	0	4	6	0	5	3	0	0	0	5	3	0	9	9	0	18
46	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
47	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1
48	681	EC-2	हृद्रोगः	heart disease	6	0	0	0	0	6	0	0	105	20	0	0	0	105	20	0	111	20	0	131
49	689	EC-3	ज्वरः	fever / pyrexia	2	2	0	0	0	2	2	0	5	15	0	0	0	5	15	0	7	17	0	24
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52	812	EC-5	पाण्डुरोगः	anaemia	0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2
53	823	EC-6	आमवातः	rheumatism due to आम	9	25	0	0	0	9	25	0	17	81	0	0	0	17	81	0	26	106	0	132
54	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	0	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	1
60	1031	ED-15	उदरदः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	1	1	0	0	0	1	1	0	1	1	0	2
61	1033	ED-16	भगन्दरः	fistula-in-ano	0	0	0	0	0	0	0	0	11	0	0	0	0	11	0	0	11	0	0	11

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

62	838	ED-2.2	कण्डूः	pruritis	32	18	0	0	0	32	18	0	164	84	0	0	0	164	84	0	196	102	0	298
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	4	5	0	0	0	4	5	0	14	3	0	0	0	14	3	0	18	8	0	26
64	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65	883	ED-4	कुष्ठम्	integumentary disease	6	6	0	0	0	6	6	0	23	16	0	0	0	23	16	0	29	22	0	51
66	905	ED-4.3.10	विचर्चिका	wet eczema	1	2	0	0	0	1	2	0	5	0	0	0	0	5	0	0	6	2	0	8
67	897	ED-4.3.3	किटिभः	psoriasis	2	1	0	0	0	2	1	0	11	13	0	0	0	11	13	0	13	14	0	27
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	1	0	0	0	0	1	0	2	14	0	0	0	2	14	0	2	15	0	17
69	900	ED-4.3.6	ददृ-कुष्ठः	ringworm / tinea	3	0	0	0	0	3	0	0	13	4	0	0	0	13	4	0	16	4	0	20
70	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	1	0	0	0	0	1	0	0	4	1	0	0	0	4	1	0	5	1	0	6
72	2979	ED-6.10	रोमान्ति का	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	4	1	0	0	0	4	1	0	10	7	0	0	0	10	7	0	14	8	0	22
76	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77	1064	EE-2	अर्बुदः	tumor	3	1	0	0	0	3	1	0	9	0	0	0	0	9	0	0	12	1	0	13
78	1074	EE-3	अर्शः	haemorrhoids	9	3	0	0	0	9	3	0	39	5	0	0	0	39	5	0	48	8	0	56
79	1095	EE-4	ग्रन्थिः	cyst	2	3	0	0	0	2	3	0	14	1	0	0	0	14	1	0	16	4	0	20
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	26	4	0	0	0	26	4	0	92	45	0	0	0	92	45	0	118	49	0	167
81	1161	EF-3	मेदोरोगः	obesity	1	0	0	0	0	1	0	0	1	2	0	0	0	1	2	0	2	2	0	4
82	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
83	1173	EI-2	कलैब्यम्	male infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84	1244	EI-6.8	अन्त-	hernia	1	0	0	0	0	1	0	0	2	0	0	0	0	2	0	0	3	0	0	3

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			वृद्धि:																					
85	1245	EI-6.9	अण्ड- वृद्धि:	scrotal swelling	0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	2	2	0	0	0	2	2	0	4	1	0	0	0	4	1	0	6	3	0	9
87	1258	EJ-3	मूत्राघातः	urinary retention	17	3	0	0	0	17	3	0	86	10	0	0	0	86	10	0	103	13	0	116
88	1266	EJ-3.6	वाताश्लीला	prostatic enlargement	4	0	0	0	0	4	0	0	7	0	0	0	0	7	0	0	11	0	0	11
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	14	3	0	0	0	14	3	0	25	18	0	0	0	25	18	0	39	21	0	60
90	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	7	6	0	0	0	7	6	0	55	12	0	0	0	55	12	0	62	18	0	80
92	1319	EK-3.15	कर्णमूल शोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93	1337	EK-4.6	यकृद्दाल्युदरः	hepatomegaly	3	2	0	0	0	3	2	0	13	1	0	0	0	13	1	0	16	3	0	19
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छिद्रोदरः/क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	1
97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100	1370	EL-2.20	महायोनिः/विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102	1377	EL-2.27	योनिक्कन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105	1392	EL-4	रक्तप्रदरः/ असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	1
107	1402	EL-7.1	गर्भसावः	miscarriage- before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110	1419	EL-9	सूतिकारो गः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	2
114	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgi a/cephalalgia	6	3	0	0	0	6	3	0	13	2	0	0	13	2	0	19	5	0	24
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	1529	F-7	अनन्तवा तः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120	1530	F-8	अर्धावभेद कः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

123	1548	FA-4	दारुणकः	pytiritiasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126	1583	GC	दन्तगत रोगः	tooth disorders	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2	2
134	1649	GG	मुखपाकः	stomatitis	1	0	0	0	0	1	0	0	11	0	0	0	0	11	0	0	12	0	0	12
135	1662	H	अक्षिरोगः/ नेत्ररोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137	1689	HB	वर्त-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

144	1754	HF-7	शुष्काक्षि पाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	1	0	0	0	0	1	0	0	5	2	0	0	0	5	2	0	6	2	0	8
146	1807	HG-10	नकुलान्ध्य म्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	5	2	0	0	0	5	2	0	11	21	0	0	0	11	21	0	16	23	0	39
151	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
153	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1880	J-14	कर्ण-सावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	9	5	0	0	0	9	5	0	9	5	0	14
158	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	4	2	0	0	0	4	2	0	4	2	0	6
159	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160	1913	K	व्रणः	wounds	1	1	0	0	0	1	1	0	0	0	0	0	0	0	0	0	1	1	0	2
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

163	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167	2170	MD-11	दौर्बल्यम्	debility	19	28	0	0	0	19	28	0	78	53	0	0	0	78	53	0	97	81	0	178
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169	2173	MD-14	कुक्कणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173	2184	N	कृमिः/सजातकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1
176	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180	2280	O-35	युवानपिडका (मुखद्रुषिका)	pimples	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

183	2243	O-7	अरूषिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
184	1110	EF-2	प्रमेहः	diabetes mellitus	21	12	0	0	0	21	12	0	95	25	0	0	0	95	25	0	116	37	0	153
185	4	AA	वातव्याधिः	disorders due to vāta	134	112	0	0	0	134	112	0	387	265	0	0	0	387	265	0	521	377	0	898
186	1324	EK-4	उदर/उदर रोगः	ascites	13	12	0	0	0	13	12	0	67	39	0	0	0	67	39	0	80	51	0	131
187	489	EA-4	श्वासः	dyspnoea	27	13	0	0	0	27	13	0	50	16	0	0	0	50	16	0	77	29	0	106
188	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness/torticollis /spasmodic torticollis (due only to vātadōṣa)	1	2	0	0	0	1	2	0	5	19	0	0	0	5	19	0	6	21	0	27
189	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
190	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1
191	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	6	1	0	0	0	6	1	0	7	0	0	0	0	7	0	0	13	1	0	14
192	494	EA-4.5	तमकश्वासः		2	1	0	0	0	2	1	0	10	0	0	0	0	10	0	0	12	1	0	13
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
194	1421	EM	मनोवहस्रोतोविकारः	disorders of manōvahasrōtas	2	0	0	0	0	2	0	0	5	6	0	0	0	5	6	0	7	6	0	13
195	3573	I:10	Hypertension (BP)	Raised blood pressure	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1118	EF-2.2.6	शुक्रमेहः	Spermaturia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
197	1081	EE-3.7	रक्तज-अर्षः	Haemorrhoids due to Rakta	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
198	1606	GE-3	तुण्डिकेरी	Quinsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
199	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	0	0	0	0	0	0	0	0	17	4	0	0	0	17	4	0	17	4	0	21
200	167	C-166	(Varicos Vain) सिराः ग्रंथि	Granthi afflicting vessels	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
201	1236	EL-6	वृद्धिः	hernia, hydrocele	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
202	1385	EL-3.2	पित्तज/आ	Artava dushti due	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			लवदृष्टिः	to pitta																				
203	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	901	ED-4.3.7	चर्मदल- कुष्ठः	carvadala- kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	108	AAB-91	विषादः/दी नता (केवलवात)	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	406	BG	शुक्रवैषम्यम्	Sukradhatu Vaishamya	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
210	243	AAE-11	अस्थिगत वातः	aggravation of vāta in asthi	1	2	0	0	0	1	2	0	7	4	0	0	0	7	4	0	8	6	0	14
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōṣa and other dōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
212	1604	GE-1	गलशुण्डिका (कण्ठशुण्डी)	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
214	652	EB-10.16	त्रिकशूलः/	sacralgia	26	28	0	0	0	26	28	0	63	58	0	0	0	63	58	0	89	86	0	175
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	1350	EL-2	योनिरोगः/ योनि- व्यापदः	gynecological disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
217	1099	EE-4.4	मेदोजग्र स्थिः	Fatty mobile swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
218	1871	J-11	कर्ण- प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	1175	EI-2.2	ध्वजभङ्गज्वलै ब्यम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
221	2269	O-28	प्रसृतिः	hypoesthesia	3	1	0	0	0	3	1	0	4	2	0	0	0	4	2	0	7	3	0	10
222	240	AAE-8	असृग्गतवा तः/रक्तग तवात	vitiated vāta in rakta	5	5	0	0	0	5	5	0	5	14	0	0	0	5	14	0	10	19	0	29

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

223			Phophylactic Immunotherapy		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	21	Z29.1	Phophylactic Immunotherapy																					
				Grand Total	935	754	1	0	0	935	754	1	2910	1830	3	0	0	2910	1830	3	3845	2584	4	6433

11) Annual Progress Report of Ano-rectal Clinic for the Month of April 2023 to March, 2024

S.N	NAMC ID	NAMC Code	Disease	New		Old		Total		Grand Total
				M	F	M	F	M	F	
1	1033	ED-16	भगंदर	97	17	2188	169	2285	186	2471
2	1074	EE-3	अर्श	367	83	1998	309	2365	392	2757
3	1961	K-14	नाड़ीब्रण	1	2	23	7	24	9	33
4	676	EB-12	परिकर्तिका	369	252	1253	833	1622	1085	2707
5	276	ABB-15	गुदपाक	106	65	565	271	671	336	1007
Total				940	419	6027	1589	6967	2008	8975

12) Clinical Research Leech Department

Statement of patients attended at Leech Department during the month of April 2023 to March, 2024

S.N	NAMC ID	NAMC Code	Disease	Number of patients attended				Total		Grand Total
				M	F	MC	FC	M	F	
1	883	ED-4	कुष्ठ	41	1	0	0	41	1	42
2	1728	HD-9	शिराजाल	287	45	0	0	287	45	332
3	1024	ED-13	श्लीपद	0	0	0	0	0	0	0
4	919	ED-5	श्वित्र	0	0	0	0	0	0	0
5	2284	0-39	इंद्रलुप्त	0	0	0	0	3	0	3
Total				328	46	0	0	331	46	377

13) PHYSIOTHERAPY SECTION
Annual PROGRESS REPORT FOR THE MONTH OF April 2023 to March, 2024

Period	No. of Patients Attended on daily basis								Total		Grand Total
	I.P.D.				OPD				M	F	
	New		Old		New		Old				
	M	F	M	F	M	F	M	F	M	F	
April- June 2023	44	32	219	197	38	59	60	27	361	315	676
July-September 2023	33	36	191	176	50	59	52	16	326	287	613
October - December 2023	22	24	224	141	43	43	44	9	333	217	550
Jan to March 2024	25	30	233	209	64	75	49	44	371	358	729
Total	124	122	867	723	195	236	205	96	391	177	2568

14) Panchakarma Clinic

S.No.	Disease	IPD								OPD								TOTAL
		NEW				OLD				NEW				OLD				
		M	F	MC	FC													
1	SandhiVaat	26	57	0	1	11	25	0	1	24	48	0	0	11	29	0	0	233
2	Kati Shool	31	28	0	0	14	11	0	0	6	2	0	0	0	0	0	0	92
3	Aamvata	4	24	0	0	5	16	0	0	1	1	0	0	0	0	0	0	51
4	Avbahuk	2	7	0	0	2	3	0	0	1	6	0	0	1	0	0	0	22
5	Vatavyadhi	28	43	30	15	15	30	21	11	2	1	0	1	0	0	0	0	197
6	Pakshaghaat	39	7	0	0	28	4	0	0	0	0	0	0	0	0	0	0	78
7	Gridhrasi	23	30	0	0	9	10	0	0	2	0	0	0	1	0	0	0	75
8	Udar Roga	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1
9	Artava Dosha	0	48	0	0	0	1	0	0	0	7	0	0	0	0	0	0	56
10	Netra Rog/ Timir	19	12	2	1	4	3	0	0	0	0	0	0	0	0	0	0	41
11	Ardit	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	2
12	Greevastambh	4	10	0	0	2	3	0	0	3	6	0	0	0	0	0	0	28
13	Prameha	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
14	Twakvikaar	7	5	0	0	1	1	0	0	0	0	0	0	0	0	0	0	14
15	Mansika Roga	2	1	0	0	0	0	0	0	2	1	0	0	0	0	0	0	6
16	Anidra	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
17	Manyastambh	1	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	2
18	Kampavaat	4	0	0	0	1	0	0	0	1	0	0	0	1	0	0	0	7
19	Sirahshoola	3	2	0	0	0	0	0	0	2	0	0	0	0	0	0	0	7
20	Abhishyand	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21	Maanskshya	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	2
22	Amalpitta	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2
23	Vibandh	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
24	Mamsgata Shotha	0	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	2
25	Ardhangavata	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

26	Arbud	0	9	0	0	0	2	0	0	0	0	0	0	0	0	0	0	11
27	Stholya	0	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	2
28	Padashool			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29	Khalitya	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
30	Ajirna	2	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	3
31	Mutrakriccha	1		0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
32	Udavarta	0	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	2
33	Shohta	2	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	5
34	Arsha	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
35	Hriday-Roga	0	1	0	0	0	0	0	0	1	0	0	0	0	0	0	0	2
36	Asthimajjagat vata	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1
37	Adhimanth	0	2	0	0	0		0	0	0	0	0	0	0	0	0	0	2
38	Agnimandya	0	0	0	0	1		0	0	0	0	0	0	0	0	0	0	1
39	Athikshaya	3	1	0	0	1	0	0	0	0	0	0	0	0	1	0	0	6
40	Parshva Shoola	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1
41	Daurbalya	3	1	2	0	2	0	0	0	0	0	0	0	0	0	0	0	8
42	Ekakushtha	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
43	Others	2	4	0	0	1	0	0	0	1	0	0	0	0	0	0	0	8
	Total	214	301	36	17	100	111	22	12	47	75	0	1	14	30	0	0	980

15) DISTRIBUTION OF PATIENTS AS PER PROCEDURES

S.No.	Procedures	Sittings
1	Abhyanga	2782
2	S. Sweda	2224
3	N. Sweda	887
4	Janu Basti	3054
5	Kshir Basti	190
6	Nasya	328
7	Patra Pind	477
8	Kati Basti	961
9	Niruh Basti	387
10	Dashang Lep	298
11	Shirodhara Kwath	282
12	Anuvasan Basti	291
13	Matra Basti	2515
14	Ann Lapan	61
15	Jambira Pind	162
16	Ruksh Sweda	0
17	Upnaah /Andalep	278
18	Shiro Abhyang	0
19	Kshaye Dhara	27
20	Talam	1
21	Urdhavartan	217
22	Churna Pind	22
23	Takra Dhara	112
24	Greeva Basti	79
25	Vetaran Basti	244
26	Shashtik Shali	133
27	Baluka Sweda	647
28	Sarvang Sweda	0
29	Shirodhara Tail	112
30	Anda basti	58
31	Virechan	47
32	Vaman	7
34	Shiro picchu	39
35	Prisht basti	13
36	Yoga basti	0
37	Janu dhara	0
38	Kshir Dhum	9
39	Shiro basti	9
40	Karna puran	3
41	Kshir Dhara	65
Total		17021

16) Ayurveda Treatment Centre, Lady Hardinge Medical College & Hospital

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total		M	F	
					M	F	M	F	M	F	M	F	M	F	M	F			
1.	147	AAC-12	□□□□□□ □□/ □□□□□	distension/tympanites/meteorism or painful abdominal distension	119	103	2	4	121	107	152	86	4	1	156	87	277	194	471
2.	2983	AAC-12.4	□□□□□□	simple constipation	175	134	4	2	179	136	208	117	1	3	209	120	388	256	644
3.	152	AAC-15	□□□□□□ □□□□	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4.	154	AAC-17	□□□□□□ □□□□□ □□□□	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	□□□□□□ □□□□□	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	□□□□□□ □□	sciatica	29	12	0	0	29	12	21	11	0	1	21	12	50	24	74
7.	163	AAC-24	□□□□□□ □□□□□/□ □□□□□□	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	166	AAC-24.2	□□□□- □□□□□□ □□□□	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	□□□□□□ □□	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	□□□□□□□ (□□□□□ □□□)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	□□□□□□ □□□□□□ □□	Stiff neck/torticollis/spasmodic torticollois	23	10	0	0	23	10	17	8	0	0	17	8	40	18	58

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

12.	177	AAC-35	□□□□□□ □□	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13.	179	AAC-37	□□□□□□ □□□	head and neck rigidity	2	1	0	0	2	1	0	0	0	0	0	0	2	1	3
14.	135	AAC-4	□□□□□□ □□	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
15.	139	AAC-6	□□□□□□ □□□□	osteopenia/osteopo rosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
16.	141	AAC-8	□□□□□□ □□	frozen shoulder	36	11	0	0	36	11	28	18	0	0	28	18	64	29	93
17.	142	AAC-9	□□□□□□ □□□□	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
18.	248	AAE-16	□□□□□□ □□□□	osteo-arthritis	623	568	0	1	623	569	616	446	0	0	616	446	123 9	1015	2254
19.	262	ABB-1	□□□□□□ □□□□	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
20.	285	ABB-24	□□□□□	burning sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
21.	287	ABB-26	□□□□□□□ □	premature graying of hair	5	2	0	1	5	3	2	0	0	0	2	0	7	3	10
22.	348	ACB-23	□□□□□□ □□□□□□□ □□□	impaired digestion / loss of appetite	53	43	5	1	58	44	84	50	2	0	86	50	144	94	238
23.	410	BA-3.1	□□□□□□ □□□□□□	scanty menstruation/hypo menorrhoea/oligo menorrhea	0	36	0	0	0	36	0	29	0	0	0	29	0	65	65
24.	413	BA-4.1	□□□□□□□ □□□□□□	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
25.	420	BI	□□□□□□□ □□□□□	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
26.	471	EA-2	□□□□□□□	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
27.	480	EA-3	□□□□	cough / tussis	84	68	44	19	128	87	107	50	24	2	131	52	259	139	398
28.	489	EA-4	□□□□□□□	dyspnoea	43	26	2	2	45	28	60	43	0	2	60	45	105	73	178
29.	500	EA-5	□□□□□□□ □□	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
30.	511	EA-6	□□□□□□□ □□ /	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□□□ □□□																
31.	633	EB-10	□□□□□ □□□□	colicky pain/abdominal colic	11	10	2	2	13	12	23	11	4	1	27	12	40	24	64
32.	643	EB-10.10	□□□□□□ □□□□	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33.	647	EB-10.11	□□□□□□ □□□□□□	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	650	EB-10.14	□□□□□□ □□	cardialgia/precordi al pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	651	EB-10.15	□□□□□□ □□□□□	flank pain	6	3	0	0	6	3	0	0	0	0	0	0	6	3	9
36.	656	EB-11	□□□□□□ □□	obstipation	9	14	0	0	9	14	14	6	0	0	14	6	23	20	43
37.	676	EB-12	□□□□□□ □□□□	proctalgia	3	2	0	0	3	2	0	0	0	0	0	0	3	2	5
38.	515	EB-2	□□□□□ □□	diarrhoea	30	18	0	1	30	19	19	5	0	0	19	5	49	24	73
39.	526	EB-2.10	□□□□□ □□□□□□	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	□□□□□ □□□□	□□stage of □□□□□□	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4
41.	525	EB-2.9	□□□□□ □□□□□□	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	□□□□□□ □□	indigestion	5	11	0	0	5	11	0	0	0	3	0	3	5	14	19
43.	543	EB-3.7	□□□□□□ □□	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	□□□□□□ □□□□□	hyperacidity	90	59	1	1	91	60	112	54	0	1	112	55	203	115	318
45.	586	EB-6	□□□□□□	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.	601	EB-7	□□□□□□ □□□□	disorders of lower gastro-intestinal tract	26	19	0	0	26	19	14	15	0	0	14	15	40	34	74
47.	611	EB-8	□□□□□□	lump	5	1	0	0	5	1	0	0	0	0	0	0	5	1	6
48.	628	EB-9	□□□□□	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□																	
49.	681	EC-2	□□□□□□ □□	heart disease	2	1	0	0	2	1	5	2	0	0	5	2	7	3	10	
50.	689	EC-3	□□□□□□	fever / pyrexia	12	7	1	0	13	7	6	9	0	0	6	9	19	16	35	
51.	761	EC-3.10	□□□□□□ □□□	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
52.	791	EC-3.21	□□□□□□ □□□□- □□□□□	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
53.	812	EC-5	□□□□□□ □□□□	anaemia	24	129	0	4	24	133	49	102	0	3	49	105	73	238	311	
54.	823	EC-6	□□□□□□	rheumatism due to □□	61	55	0	1	61	56	90	48	0	1	90	49	151	105	256	
55.	828	EC-7	□□□□□□	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
56.	997	ED-10	□□□□□□ □□	erysipelas /acute spreading eruptions	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1	
57.	1013	ED-11	□□□□□□ □□	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
58.	1017	ED-12	□□□□□□ □□□	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
59.	1024	ED-13	□□□□□□ □□	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
60.	1029	ED-14	□□□□□□ □□□□□□	urticaria with vata predominance	2	1	0	0	2	1	1	0	0	0	1	0	3	1	4	
61.	1031	ED-15	□□□□□□	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
62.	1033	ED-16	□□□□□□ □□	fistula-in-ano	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
63.	838	ED-2.2	□□□□□□	pruritis	146	124	4	6	150	130	159	106	3	0	162	106	312	236	548	
64.	850	ED-2.8	□□□□□□ □□□□□ / □□□□□□ □□	loss of sleep (insomnia)	7	4	0	0	7	4	0	0	0	0	0	0	7	4	11	
65.	874	ED-3	□□□□□□	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
66.	883	ED-4	□□□□□□ □□	integumentary disease	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

67.	905	ED-4.3.10	□□□□□ □□□□	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68.	897	ED-4.3.3	□□□□□□	psoriasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
69.	898	ED-4.3.4	□□□□□□ □□	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	900	ED-4.3.6	□□□□□- □□□□□□	ringworm / tinea	35	26	1	2	36	28	26	22	0	2	26	24	62	52	114
71.	902	ED-4.3.8	□□□□	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	□□□□□□ □□	vitiligo /leucoderma	7	3	1	0	8	3	6	4	1	0	7	4	15	7	22
73.	2979	ED-6.10	□□□□□□ □□□□	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	□□□- □□□□□ □□	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	□□□□□□ □□□□□	bleeding disorder	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
76.	956	ED-8	□□□□□□ □□□	rheumatism due to □□□□	36	29	0	0	36	29	29	28	0	0	29	28	65	57	122
77.	972	ED-9	□□□□□ □□□	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	1064	EE-2	□□□□□ □□	tumor	0	0	0	0	0	0	0	11	0	0	0	11	0	11	11
79.	1074	EE-3	□□□□□	haemorrhoids	116	76	0	0	116	76	185	105	2	0	187	105	303	181	484
80.	1095	EE-4	□□□□□ □□□	cyst	34	22	1	0	35	22	37	28	0	0	37	28	72	50	122
81.	1139	EF-2.4.4	□□□□□ □□	diabetes mellitus	89	57	0	0	89	57	146	97	0	0	146	97	235	154	389
82.	1161	EF-3	□□□□□□ □□	obesity	2	0	0	0	2	0	4	5	0	0	4	5	6	5	11
83.	1163	EF-4	□□□□□	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84.	1173	EI-2	□□□□□□ □□□	male infertility	22	0	0	0	22	0	31	0	0	0	31	0	53	0	53
85.	1244	EI-6.8	□□□□□□ - □□□□ □□□	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86.	1245	EI-6.9	□□□□- □□□□	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

87.	1248	EJ-2	□□□ □□□□□□	lithiasis/uroolithiasis/nephrolithiasis	38	20	0	1	38	21	58	49	0	0	58	49	96	70	166
88.	1258	EJ-3	□□□□□□ □□□□	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	1266	EJ-3.6	□□□□□□ □□□□	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.	1278	EJ-4	□□□□□□ □□□□□□ □□□	dysuria	96	58	2	0	98	58	95	72	0	0	95	72	193	130	323
91.	1291	EK-2	□□□□□□	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	1304	EK-3	□□□□ □□□/□□ □□/□□ □□	oedema/inflammation	25	15	0	0	25	15	22	21	2	1	24	22	49	37	86
93.	1319	EK-3.15	□□□□□□ □□□□□	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	□□□□□□ □□□□□□ □□□	hepatomegaly	83	60	0	0	83	60	84	67	1	0	85	67	168	127	295
95.	1338	EK-4.7	□□□□□□ □□□□□	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	1339	EK-4.8	□□□□□□ □□□ / □□□□□□ □□□	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	□□□□□□	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1360	EL-2.10	□□□□□□ □□□□	dysmennorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99.	1362	EL-2.12	□□□□□□ □□/□□ □□□□□□ □□	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	□□□□□□ □□□□	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1370	EL-2.20	□□□□□□ □□□ / □□□□□□	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	□□□□□□	female infertility	0	11	0	0	0	11	0	0	0	0	0	0	0	11	11

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□																
103.	1377	EL-2.27	□□□□□ □□□□	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	□□□□- □□□□□	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	□□□□□ □□	amenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1392	EL-4	□□□□□□ □□□□/□ □□□□□ □□	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1398	EL-5	□□□□□ □□□□□□	leucorrhoea	0	92	0	0	0	92	0	116	0	0	0	116	0	208	208
108.	1402	EL-7.1	□□□□□□ □□□□	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	□□□□□□ □□	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	□□□□□□ □□	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	□□□□□□ □□□□	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	□□□□□	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1423	EM-2	□□□□□ □□	psychosis/insanity	21	28	0	0	21	28	18	11	2	0	20	11	41	39	80
114.	1457	EM-3	□□□□□□ □□	epilepsy	1	1	0	1	1	2	0	0	0	1	0	1	1	3	4
115.	1466	EM-5	□□□□□□ □□	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	□□□	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	□□□□□□ □□	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	□□□□□□ □ / □□□□□□ □□	headache/cephalgi a/cephalgia	20	14	0	0	20	14	27	26	0	0	27	26	47	40	87

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

119.	1532	F-10	□□□□□□	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	□□□□□ □□□□	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	□□□□□□ □□□□□	hemisrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1531	F-9	□□□□□□ □□□□□	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	□□□□□□ □□	baldness / alopecia totalis	27	16	0	0	27	16	30	34	0	0	30	34	57	50	107
124.	1548	FA-4	□□□□□□ □□	pytiriasis capitis	6	6	1	0	7	6	3	2	2	0	5	2	12	8	20
125.	1565	GB	□□□□□□ □□□□□	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1571	GB-6	□□□□□□	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1583	GC	□□□□□□ □□	tooth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128.	1586	GC-3	□□□□□□ □□□□	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	□□□□□□ □□□□	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	1604	GE-1	□□□□□□ □□□□	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	□□□□□□ □□	throat disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1617	GF-1	□□□□□□	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1637	GF-14	□□□□	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1641	GF-17	□□□□□□ □□	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1643	GF-19	□□□□□□ □□	goiter	3	4	0	0	3	4	7	4	0	0	7	4	10	8	18
136.	1649	GG	□□□□□□ □□	stomatitis	14	10	1	0	15	10	1	8	0	0	1	8	16	18	34
137.	1662	H	□□□□□□ □□□□/ □□□□□	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□																
138.	1679	HA-2	□□□□□□	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	□□□□□□ -□□□□	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	□□□□	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	□□□□□□ □□	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	□□□□□	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	□□□□□ □□□□- □□□□	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	□□□□□□ □□□□	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	□□□□□□ □□	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	□□□□□□ □□□□□□ □□	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	□□□□□□	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1807	HG-10	□□□□□ □□□□□ □□	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	□□□□	moderate low vision	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
150.	1785	HG-3	□□□□□ □□□□	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	□□□□□□ □□	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152.	1814	I-1	□□□□□ □□□□□□ /□□□□□	rhinitis	73	77	10	6	83	83	77	68	9	0	86	68	169	151	320
153.	1852	I-15	□□□□□□ - □□□□□□	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□□																
154.	1853	I-16	□□□□□□ □□	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	1832	I-6	□□□□□□	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156.	1860	J	□□□□□□ □□	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157.	1870	J-10	□□□□□□ □□	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	1880	J-14	□□□□- □□□□□□	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	1896	J-19	□□□□□□ □□□	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1897	J-20	□□□□□□ □□	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1869	J-9	□□□□- □□□□	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	1913	K	□□□□□	wounds	2	3	0	0	2	3	3	2	0	0	3	2	5	5	10
163.	1961	K-14	□□□□□□ □□□	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1914	KA	□□□□□□ □□	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1971	LA	□□□□□ (□□□□□ □□□□□)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1972	LA-1	□□□□□ □□□□□ □□	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	□□□□□□ □□□□	burns	14	8	0	0	14	8	15	6	0	0	15	6	29	14	43
168.	2085	LE	□□□□□	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	□□□□□ □□□□□	debility	187	83	10	4	197	87	165	106	5	0	170	106	367	193	560
170.	2172	MD-13	□□□□□ □□□□□ □□	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	2173	MD-14	□□□□□ □□	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	□□□□-	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

173.	2178	MD-18	□□□□ □□□□□□ □□□□	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	□□□□□ □□	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	2184	N	□□□□□/ □□□□□□ □□□□	worm infestation	3	7	6	1	9	8	14	7	5	3	19	10	28	18	46	
176.	2250	O-14	□□□□	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	2251	O-15	□□□□□	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	2255	O-18	□□□□□ □□□□	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	2256	O-19	□□□□□□ □□	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	□□□□□□ □□□□□ □□	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	□□□□	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2280	O-35	□□□□□ □□□□□ (□□□□□ □□□□)	pimples	27	28	2	0	29	28	4	1	0	0	4	1	33	29	62	
183.	2284	O-39	□□□□□□ □□□□□□	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	2287	O-42	□□□□□ □□	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	2243	O-7	□□□□□□ □□	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					2619	2230	100	60	2719	2290	2874	2116	67	25	2941	2141	5660	4431	10091	

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

17) Ayurveda Treatment Centre, Safdarjung Hospital, New Delhi

S. No.	NA MC ID	NAM C Code	NAMC_Name	Short_definition															Grand Total (M+F)	
					New						Follow up						Total			
					Adult		Child		Total		Adult		Child		Total		M	F		
					M	F	M	F	M	F	M	F	M	F	M	F				
1.	147	AAC-12	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	distension/tympanites	113	49	1	0	114	49	106	70	0	0	106	70	220	119	339	
2.	2983	AAC-12.4	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	constipation	467	141	10	3	477	144	643	279	5	4	648	283	1125	427	1552	
3.	152	AAC-15	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	monoplegia	25	10	0	0	25	10	27	11	0	0	27	11	52	21	73	
4.	154	AAC-17	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	convulsive fit	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2	
6.	157	AAC-20	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	sciatica	169	162	0	0	169	162	216	310	0	0	216	310	385	472	857	
7.	163	AAC-24	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	hemiplegia/hemiparesis	26	5	0	0	26	5	91	8	0	0	91	8	117	13	130	
8.	166	AAC-24.2	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
9.	134	AAC-3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	orthotonos	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1	
10.	172	AAC-30	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			(□□□□ □□□)																
11.	174	AAC-32	□□□□ □□□□ □□□ □□	Stiff neck/ torticollis	32	40	0	1	32	41	37	36	0	0	37	36	69	77	146
12.	177	AAC-35	□□□□ □□□□	brachial neuralgia /arm pain	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
13.	179	AAC-37	□□□□ □□□ □□	head and neck rigidity	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
14.	135	AAC-4	□□□ □□□□	ardit	0	0	0	0	0	0	5	0	0	0	5	0	5	0	5
15.	139	AAC-6	□□□ □□□□ □□	osteopenia/osteop orosis	0	0	0	0	0	0	5	2	0	0	5	2	5	2	7
16.	141	AAC-8	□□□□ □□□□	frozen shoulder	33	27	0	0	33	27	49	42	0	0	49	42	82	69	151
17.	142	AAC-9	□□□ □□□ □□□□	stiff thigh	1	1	0	0	1	1	4	0	0	0	4	0	5	1	6
18.	248	AAE-16	□□□ □□□□ □□	osteo-arthritis	449	393	0	1	449	394	963	752	1	1	964	753	1413	1147	2560
19.	262	ABB-1	□□□ □□□□ □□	red eye/bloodshot eye	0	0	0	0	0	0	82	0	0	0	82	0	82	0	82
20.	285	ABB-24	□□□□	burning sensation	9	9	0	0	9	9	19	7	0	0	19	7	28	16	44
21.	287	ABB-26	□□□□ □□□	premature graying of hair	13	5	0	0	13	5	8	7	0	0	8	7	21	12	33
22.	348	ACB-23	□□□ □□□□ □□□□ □□□	impaired digestion	25	9	1	4	26	13	96	6	18	3	114	9	140	22	162
23.	410	BA-3.1	□□□□ □□□□ □□	oligomenorrhea	0	444	0	0	0	444	0	1316	0	0	0	1316	0	1760	1760

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

38.	515	EB-2	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	diarrhoea	7	16	2	0	9	16	12	13	1	2	13	15	22	31	53
39.	526	EB-2.10	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	diarrhoea associated with blood	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
40.	524	EB-2.8	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> stage of <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	525	EB-2.9	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	indigestion	186	83	2	1	188	84	269	134	1	7	270	141	458	225	683
43.	543	EB-3.7	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	acute gastroenteritis	1	0	0	0	1	0	4	0	0	0	4	0	5	0	5
44.	558	EB-4	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	hyperacidity	167	109	0	1	167	110	266	134	0	0	266	134	433	244	677
45.	586	EB-6	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	vomiting/emesis	3	4	0	0	3	4	10	2	0	0	10	2	13	6	19
46.	601	EB-7	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	disorders of lower gastro-intestinal tract	81	25	1	0	82	25	196	38	0	0	196	38	278	63	341
47.	611	EB-8	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48.	628	EB-9	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	dysentery	0	1	0	0	0	1	7	7	0	0	7	7	7	8	15
49.	681	EC-2	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	heart disease	78	41	0	0	78	41	262	107	0	0	262	107	340	148	488
50.	689	EC-3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	fever / pyrexia	73	74	13	7	86	81	56	55	8	5	64	60	150	141	291
51.	761	EC-3.10	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	intermittent pyrexia	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
52.	791	EC-3.21	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	relapsing fever	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□ □□																
53.	812	EC-5	□□□□ □□□□ □□	anaemia	8	8	0	0	8	8	6	12	0	0	6	12	14	20	34
54.	823	EC-6	□□□□ □□	rheumatism due to □□	125	196	2	0	127	196	157	408	1	0	158	408	285	604	889
55.	828	EC-7	□□□ □□□	anorexia	3	1	3	1	6	2	2	0	0	0	2	0	8	2	10
56.	997	ED-10	□□□ □□□□	erysipelas /acute spreading eruptions	2	0	0	0	2	0	3	8	0	0	3	8	5	8	13
57.	1013	ED-11	□□□ □□□□	syphilis	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
58.	1017	ED-12	□□□□ □□□ □□	splenomegaly	0	1	0	0	0	1	2	3	0	0	2	3	2	4	6
59.	1024	ED-13	□□□□ □□□	filariasis	3	1	0	0	3	1	3	4	0	0	3	4	6	5	11
60.	1029	ED-14	□□□ □□□□ □□□	urticaria with vata predominance	7	10	0	0	7	10	9	25	0	0	9	25	16	35	51
61.	1031	ED-15	□□□□ □□	urticaria with kapha predominance	3	2	0	0	3	2	11	7	0	0	11	7	14	9	23
62.	1033	ED-16	□□□□ □□□	fistula-in-ano	22	5	0	0	22	5	57	11	0	0	57	11	79	16	95
63.	838	ED- 2.2	□□□ □□□	pruritis	54	47	1	2	55	49	91	75	6	2	97	77	152	126	278
64.	850	ED- 2.8	□□□□ □□□□ □□ / □□□ □□□□	loss of sleep (insomnia)	19	4	0	0	19	4	43	28	0	0	43	28	62	32	94
65.	874	ED-3	□□□ □□	jaundice	15	21	0	0	15	21	47	9	0	0	47	9	62	30	92
66.	883	ED-4	□□□□ □□□	integumentary disease	184	142	15	16	199	158	231	210	8	6	239	216	438	374	812
67.	905	ED- 4.3.10	□□□	wet eczema	26	9	0	1	26	10	55	23	0	0	55	23	81	33	114

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□ □□																
68.	897	ED-4.3.3	□□□□ □□	psoriasis	10	2	0	0	10	2	15	2	0	0	15	2	25	4	29
69.	898	ED-4.3.4	□□□□ □□□□	cracks in palms and soles	14	1	1	0	15	1	3	0	0	0	3	0	18	1	19
70.	900	ED-4.3.6	□□□ □□- □□□□ □□	ringworm / tinea	69	24	2	0	71	24	138	49	4	0	142	49	213	73	286
71.	902	ED-4.3.8	□□□□	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	□□□□ □□□□	vitiligo /leucoderma	34	23	2	2	36	25	127	27	2	12	129	39	165	64	229
73.	2979	ED-6.10	□□□□ □□□□ □□	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	□□□- □□□ □□□□	chicken pox	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
75.	944	ED-7	□□□□ □□□□ □□□	bleeding disorder	6	0	0	0	6	0	3	0	0	0	3	0	9	0	9
76.	956	ED-8	□□□□ □□□ □□	rheumatism due to □□□□	24	30	0	0	24	30	21	18	0	0	21	18	45	48	93
77.	972	ED-9	□□□□ □□□□	abscess	0	1	0	0	0	1	3	0	0	0	3	0	3	1	4
78.	1064	EE-2	□□□ □□□□	tumor	19	36	1	0	20	36	31	58	0	0	31	58	51	94	145
79.	1074	EE-3	□□□ □□	haemorrhoids	265	153	3	1	268	154	468	229	5	0	473	229	741	383	1124
80.	1095	EE-4	□□□ □□ □□□	cyst	91	83	1	2	92	85	155	117	1	1	156	118	248	203	451
81.	1139	EF-2.4.4	□□□ □□□□	diabetes mellitus	230	130	0	0	230	130	628	272	1	0	629	272	859	402	1261
82.	1161	EF-3	□□□□ □□□□	obesity	23	12	0	0	23	12	19	14	0	0	19	14	42	26	68

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

83.	1163	EF-4	□□□ □□	eruption	1	14	0	0	1	14	3	1	0	0	3	1	4	15	19
84.	1173	EI-2	□□□□ □□□ □□	male infertility	178	0	0	0	178	0	429	0	0	0	429	0	607	0	607
85.	1244	EI-6.8	□□□ □□□- □□□□ □□□	hernia	4	0	0	0	4	0	10	3	0	0	10	3	14	3	17
86.	1245	EI-6.9	□□□□- □□□□ □□□	scrotal swelling	8	0	0	0	8	0	29	0	0	0	29	0	37	0	37
87.	1248	EJ-2	□□□□ □□	lithiasis/urolithiasis/nephrolithiasis	92	49	0	1	92	50	262	110	0	0	262	110	354	160	514
88.	1258	EJ-3	□□□□ □□□□ □□	urinary retention	0	0	0	0	0	0	6	2	0	0	6	2	6	2	8
89.	1266	EJ-3.6	□□□□ □□□□ □□	prostatic enlargement	34	0	0	0	34	0	117	0	0	0	117	0	151	0	151
90.	1278	EJ-4	□□□□ □□□ □□□□ □□□	dysuria	137	57	4	4	141	61	295	130	0	2	295	132	436	193	629
91.	1291	EK-2	□□□□ □□	polydipsia	0	4	1	0	1	4	5	0	0	0	5	0	6	4	10
92.	1304	EK-3	□□□□ □□□/ □□□□/ □□□□	oedema/inflammation	64	50	1	4	65	54	188	109	0	10	188	119	253	173	426
93.	1319	EK-3.15	□□□□ □□□ □□□□	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	□□□ □□□□ □□□□ □□□	hepatomegaly	62	31	0	1	62	32	106	55	0	0	106	55	168	87	255
95.	1338	EK-4.7	□□□□ □□□□	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□																
96.	1339	EK-4.8	□□□□ □□□ □□/ □□□ □□□□ □□	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	□□□□ □□	ascites	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
98.	1360	EL-2.10	□□□□ □□□□ □□	dysmenorrhoea	0	19	0	0	0	19	0	36	0	0	0	36	0	55	55
99.	1362	EL-2.12	□□□ □□□□/ □□□□ □□□ □□	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	□□□ □□□□ □□	acute vaginitis	0	0	0	0	0	0	0	4	0	0	0	4	0	4	4
101.	1370	EL-2.20	□□□ □□ □□□/ □□□□ □□	utero-vaginal prolapse/procidentia	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
102.	1374	EL-2.24	□□□ □□□□	female infertility	0	22	0	0	0	22	0	42	0	0	0	42	0	64	64
103.	1377	EL-2.27	□□□□ □□□ □□	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	3	0	0	0	3	0	3	3
104.	1382	EL-2.28	□□□□- □□□ □□	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	□□□ □□□□	amenorrhoea	0	0	0	0	0	0	0	4	0	0	0	4	0	4	4
106.	1392	EL-4	□□□□ □□□□ □□/□	menorrhagia / metrorrhagia / (DUB)	0	98	0	0	0	98	0	159	0	0	0	159	0	257	257

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□ □□□																
107.	1398	EL-5	□□□□ □□□□ □□□□ □□□	leucorrhoea	0	158	0	1	0	159	0	298	0	0	0	298	0	457	457
108.	1402	EL-7.1	□□□□ □□□□ □□	miscarriage- before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	□□□□ □□□□	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	□□□□ □□□□	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	□□□□ □□□□ □□	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	□□□ □□	giddiness / dizziness / vertigo	18	13	0	0	18	13	16	5	0	0	16	5	34	18	52
113.	1423	EM-2	□□□ □□□□	psychosis/insanit y	47	26	0	1	47	27	108	17	2	0	110	17	157	44	201
114.	1457	EM-3	□□□□ □□□□	epilepsy	6	6	1	1	7	7	2	14	0	0	2	14	9	21	30
115.	1466	EM-5	□□□ □□□ □□	alcohol abuse	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
116.	1479	EM-6	□□□	intoxication due to drugs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	□□□□ □□□□	syncope/fainting	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
118.	1522	F	□□□□ □□□□ / □□□□ □□□□	headache/cephalg ia/cephalgia	52	100	1	0	53	100	63	88	4	0	67	88	120	188	308
119.	1532	F-10	□□□□ □□	temporal cephalgia	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
120.	1529	F-7	□□□□ □□□ □□	trigeminal neuralgia	0	0	0	0	0	0	3	2	0	0	3	2	3	2	5
121.	1530	F-8	□□□	hemicrania	8	9	0	0	8	9	18	15	0	0	18	15	26	24	50

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□ □□□ □□																	
122.	1531	F-9	□□□□ □□□ □□□□	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	□□□ □□□ □□	baldness / alopecia totalis	84	102	2	6	86	108	142	96	1	0	143	96	229	204	433	
124.	1548	FA-4	□□□□ □□□	pytiritiasis capitis	4	2	0	0	4	2	0	2	0	1	0	3	4	5	9	
125.	1565	GB	□□□□ □□□ □□□□	gum disorders	0	0	0	0	0	0	6	0	0	0	6	0	6	0	6	
126.	1571	GB-6	□□□□ □□	bleeding gums	0	0	0	0	0	0	3	6	0	0	3	6	3	6	9	
127.	1583	GC	□□□□ □□□□	tooth disorders	13	12	2	0	15	12	7	20	0	0	7	20	22	32	54	
128.	1586	GC-3	□□□□ □□□ □□	hyperaesthesia teeth	1	0	0	0	1	0	1	2	0	0	1	2	2	2	4	
129.	1601	GD-5	□□□□ □□□□ □□	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
130.	1604	GE-1	□□□□ □□□□ □□	uvulitis/elongated uvula	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1	
131.	1616	GF	□□□□ □□□□	throat disorders	6	0	0	0	6	0	4	2	0	0	4	2	10	2	12	
132.	1617	GF-1	□□□□ □□	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
133.	1637	GF-14	□□□□	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
134.	1641	GF-17	□□□□ □□□□	scrofula	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1	
135.	1643	GF-19	□□□ □□□□	goiter	15	4	1	0	16	4	4	21	7	0	11	21	27	25	52	
136.	1649	GG	□□□	stomatitis	29	33	0	0	29	33	14	12	0	0	14	12	43	45	88	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

137.	1662	H	□□□□ □□□ □□□□ □□/□□ □□□ □□□□	ophthalmic diseases/ eye diseases	17	5	0	1	17	6	11	2	0	0	11	2	28	8	36
138.	1679	HA-2	□□□□ □□	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	□□□ □□□- □□□□	eyelid disorders	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
140.	1708	HB-19	□□□□	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	□□□□ □□□□	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	□□□ □□	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	□□□ □□□□ □□- □□□□	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	□□□ □□□ □□□□	conjunctivitis	1	0	0	0	1	0	3	0	0	0	3	0	4	0	4
145.	1745	HF-2	□□□□ □□□□	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	□□□□ □□□□ □□□□ □□	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	□□□□ □□	partial or total blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1807	HG-10	□□□ □□□□ □□□ □□	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	□□□□	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

150.	1785	HG-3	□□□□ □□□ □□	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	□□□□ □□□□	nose diseases	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
152.	1814	I-1	□□□ □□□□ □□□□ /□□□ □□	rhinitis	175	120	8	5	183	125	210	86	27	7	237	93	420	218	638
153.	1852	I-15	□□□□ □□- □□□□ □□□□ □□□	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1853	I-16	□□□□ □□□□	nasal polyp	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
155.	1832	I-6	□□□□ □□	chronic rhinitis	4	0	0	0	4	0	1	0	1	0	2	0	6	0	6
156.	1860	J	□□□□ □□□□	ear diseases	9	7	0	1	9	8	10	3	0	0	10	3	19	11	30
157.	1870	J-10	□□□□ □□□□	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	1880	J-14	□□□□- □□□□ □□	otorrhoea	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
159.	1896	J-19	□□□□ □□□ □□	deafness	3	1	0	0	3	1	6	1	0	0	6	1	9	2	11
160.	1897	J-20	□□□□ □□□□	earache/otalgia	6	1	1	0	7	1	2	3	0	0	2	3	9	4	13
161.	1869	J-9	□□□□- □□□□	tinnitus	2	0	0	0	2	0	4	2	0	0	4	2	6	2	8
162.	1913	K	□□□ □□	wounds	17	3	0	1	17	4	25	12	0	0	25	12	42	16	58
163.	1961	K-14	□□□□ □□□ □□	fistula/sinus wound	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

164.	1914	KA	□□□□ □□□□	inflammatory swelling	0	0	0	0	0	0	8	0	0	0	8	0	8	0	8
165.	1971	LA	□□□ □□ (□□□ □□□ □□□□)	fracture	18	4	0	0	18	4	32	0	0	0	32	0	50	4	54
166.	1972	LA-1	□□□ □□□□ □□□ □□	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	□□□ □□□ □□□□	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	2085	LE	□□□ □□	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	□□□□ □□□□ □□	debility	199	138	17	16	216	154	227	170	15	11	242	181	458	335	793
170.	2172	MD-13	□□□ □□□□ □□□ □□	enuresis	0	0	0	1	0	1	0	0	3	1	3	1	3	2	5
171.	2173	MD-14	□□□□ □□□	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	□□□□- □□□□	delay in walking	0	0	0	1	0	1	4	0	0	0	4	0	4	1	5
173.	2178	MD-18	□□□□ □□□□ □□	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	□□□ □□□□	proctitis	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
175.	2184	N	□□ □□□/□ □□□□ □□□ □□	worm infestation	8	4	12	11	20	15	10	14	9	14	19	28	39	43	82
176.	2250	O-14	□□□□	corn /callosity	7	16	0	0	7	16	0	0	0	0	0	0	7	16	23

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

177.	2251	O-15	□□□ □□	paronychia	2	2	0	0	2	2	0	4	0	0	0	4	2	6	8
178.	2255	O-18	□□□ □□□□ □□	rectal prolapse	1	0	0	0	1	0	0	0	3	0	3	0	4	0	4
179.	2256	O-19	□□□□ □□□□	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	□□□□ □□□ □□□□ □□	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	□□□□	blackgram-spots	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
182.	2280	O-35	□□□□ □□□□ □□ (□□□ □□□□ □□)	pimples	36	42	0	1	36	43	78	77	0	3	78	80	114	123	237
183.	2284	O-39	□□□ □□□ □□□□ □□	alopecia	0	1	1	0	1	1	5	7	0	0	5	7	6	8	14
184.	2287	O-42	□□□ □□□□	black patches on face / melasma	6	10	0	0	6	10	6	18	0	0	6	18	12	28	40
185.	2243	O-7	□□□□ □□□□	eruptions on head having multiple openings/furuncu losis	12	3	0	0	12	3	6	0	0	2	6	2	18	5	23
Total					5350	4211	162	135	5512	4346	9075	7101	175	139	9250	7240	14762	11586	26348

18) Ayurveda Treatment Center, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi

SI No:	NAMC	NAMC	NAMC_Name	Short_definition	No. of patients treated	Grand
--------	------	------	-----------	------------------	-------------------------	-------

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

	ID	Code			New						Follow up						Total		Total (M+F)
					Adult		Child		Total		Adult		Child		Total		M	F	
					M	F	M	F	M	F	M	F	M	F	M	F			
1.	4	AA	□□□□□□ □□	disorders due to vāta	63	64	0	0	63	64	162	159	0	0	162	159	225	223	448
2.	19	AAB-3	□□□□□□ □□ (□□□□□□)	generalized body ache (due only to vātadōṣa)	7	1	0	0	7	1	13	9	0	6	13	15	20	16	36
3.	42	AAB-26	□□□□□	fatigue without physical exertion	19	12	2	2	21	14	34	19	9	3	43	22	64	36	100
4.	45	AAB-29	□□□□□□ □□	emaciation	3	14	5	0	8	14	9	16	2	0	11	16	19	30	49
5.	49	AAB-33	□□□□□□ □□□□□□ (□□□□□□)	neck stiffness/torticollis	13	9	0	0	13	9	21	18	0	0	21	18	34	27	61
6.	55	AAB-39	□□□□□□ □□ (□□□□□□)	breaking pain of knees (due only to vātadōṣa)	10	5	0	0	10	5	8	6	0	0	8	6	18	11	29
7.	72	AAB-55	□□□□□□ (□□□□□□)	leg pain (due only to vātadōṣa)	4	5	0	0	4	5	0	3	0	0	0	3	4	8	12
8.	93	AAB-76	□□□□□□	amenorrhoea (due only to vātadōṣa)	2	2	0	0	2	2	5	2	0	0	5	2	7	4	11
9.	108	AAB-91	□□□□□□/ □□□□□	depression/apathy (due only to vātadōṣa)	2	2	0	0	2	2	18	7	0	0	18	7	20	9	29
10.	134	AAC-3	□□□□□□	orthotonos	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
11.	135	AAC-4	□□□□□□	facial paralysis	0	2	0	0	0	2	0	1	0	0	0	1	0	3	3
12.	139	AAC-6	□□□□□□ □□	osteopenia/osteoporosis	0	0	0	0	0	0	0	5	0	0	0	5	0	5	5
13.	141	AAC-8	□□□□□□ □□	frozen shoulder	17	15	0	0	17	15	40	17	0	0	40	17	57	32	89
14.	142	AAC-9	□□□□□□ □□□□	stiff thigh	35	13	1	0	36	13	48	30	0	0	48	30	84	43	127
15.	147	AAC-12	□□□□□□ □□/□□□□□	distension/meteorism/painful abdominal distension	43	23	0	1	43	24	147	57	1	0	148	57	191	81	272
16.	2983	AAC-12.4	□□□□□□	simple constipation	101	37	4	0	105	37	145	64	0	1	145	65	250	102	352

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

17.	152	AAC-15	□□□□□□ □□□□	monoplegia	8	6	0	0	8	6	14	33	0	0	14	33	22	39	61
18.	154	AAC-17	□□□□□□ □□□□□□□□ □□	knee synovitis	1	2	0	0	1	2	0	2	0	0	0	2	1	4	5
19.	157	AAC-20	□□□□□□□□	sciatica	17	34	0	0	17	34	42	57	0	0	42	57	59	91	150
20.	163	AAC-24	□□□□□□□□ □□/□□□□□□ □□	hemiplegia/hemipar- esis	7	2	0	0	7	2	4	8	0	0	4	8	11	10	21
21.	166	AAC-24.2	□□□- □□□□□□□□ □□	hemiplegia in children	0	1	0	0	0	1	0	3	0	0	0	3	0	4	4
22.	172	AAC-30	□□□□□□ (□□□□□□□□)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
23.	174	AAC-32	□□□□□□□□ □□□□□□	Stiff neck/ torticollis/spasmodi- c torticollis	2	1	0	0	2	1	1	1	0	0	1	1	3	2	5
24.	177	AAC-35	□□□□□□□□ □□	brachial neuralgia /arm pain	3	2	0	0	3	2	23	14	0	0	23	14	26	16	42
25.	179	AAC-37	□□□□□□□□ □□	head and neck rigidity	0	0	0	0	0	0	5	0	0	0	5	0	5	0	5
26.	240	AAE-8	□□□□□□□□ □□□□	hypertension	63	54	0	0	63	54	159	152	0	0	159	152	222	206	428
27.	243	AAE-11	□□□□□□□□ □□□□	aggravation of vāta in asthi	0	0	0	0	0	0	2	3	0	0	2	3	2	3	5
28.	248	AAE-16	□□□□□□□□ □□	osteo-arthritis	137	151	0	0	137	151	235	299	0	0	235	299	372	450	822
29.	262	ABB-1	□□□□□□□□ □□	red eye/bloodshot eye	0	1	0	0	0	1	1	6	0	0	1	6	1	7	8
30.	285	ABB-24	□□□□□	burning sensation	8	5	0	0	8	5	8	13	1	5	9	18	17	23	40
31.	287	ABB-26	□□□□□□□□	premature graying of hair	3	4	0	0	3	4	1	18	0	1	1	19	4	23	27
32.	348	ACB-23	□□□□□□□□ □□□□□□□□	impaired digestion / loss of appetite	8	2	2	5	10	7	13	35	4	10	17	45	27	52	79
33.	410	BA-3.1	□□□□□□□□ □□□□	scanty menstruation /oligomenorrhea	0	5	0	0	0	5	3	13	0	0	3	13	3	18	21
34.	413	BA-4.1	□□□□□□□□ □□□□□□	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	420	BI	□□□□□□□□	consumption	39	15	2	3	41	18	63	24	0	8	63	32	104	50	154

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□																	
36.	471	EA-2	□□□□□□	hiccup/singultus	5	6	0	0	5	6	5	11	0	0	5	11	10	17	27	
37.	480	EA-3	□□□□	cough / tussis	55	29	4	2	59	31	71	29	3	5	74	34	133	65	198	
38.	489	EA-4	□□□□□□	dyspnoea	11	7	1	0	12	7	32	37	2	1	34	38	46	45	91	
39	494	EA-4.5	□□□□□□□□ □□	Cold, tivravēga śvāsa, kāsam, inflammation of throat	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
40.	500	EA-5	□□□□□□ □□	dysphonia	3	0	0	0	3	0	5	2	0	1	5	3	8	3	11	
41.	511	EA-6	□□□□□□ □□ / □□□□□□ □□□	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
42	515	EB-2	□□□□□□□□	diarrhoea	7	4	0	0	7	4	2	17	0	1	2	18	9	22	31	
43	526	EB-2.10	□□□□□□□□ □□□□	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
44	524	EB-2.8	□□□□□□□□ □□	□□stage of □□□□□□	4	3	0	0	4	3	10	3	0	0	10	3	14	6	20	
45	525	EB-2.9	□□□□□□□□ □□□□	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
46	536	EB-3	□□□□□□□□ □□	indigestion	58	14	0	2	58	16	87	24	1	0	88	24	146	40	186	
47	543	EB-3.7	□□□□□□□□ □□	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
48	558	EB-4	□□□□□□□□ □□□□□□	hyperacidity	107	44	0	0	107	44	135	93	2	1	137	94	244	138	382	
49	586	EB-6	□□□□□□□□	vomiting/emesis	0	2	0	0	0	2	0	6	0	0	0	6	0	8	8	
50	601	EB-7	□□□□□□□□ □□□□	disorders of lower gastro-intestinal tract	20	12	0	0	20	12	11	17	0	2	11	19	31	31	62	
51	611	EB-8	□□□□□□□□	lump	5	3	0	0	5	3	26	11	0	2	26	13	31	16	47	
52	628	EB-9	□□□□□□□□□□ □□	dysentery	1	0	0	0	1	0	0	6	0	0	0	6	1	6	7	
53.	633	EB-10	□□□□	colicky pain/abdominal colic	25	18	0	0	25	18	72	40	3	9	75	49	100	67	167	
54.	643	EB-10.10	□□□□□□□□ □□□□	duodenal ulcer	2	3	0	0	2	3	0	5	0	0	0	5	2	8	10	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

55.	647	EB-10.11	□□□□□□ □□□□□	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	650	EB-10.14	□□□□□□ □□	cardialgia/precordia l pain	5	5	0	0	5	5	22	10	0	0	22	10	27	15	42
57.	651	EB-10.15	□□□□□□□ □□□□	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	652	EB 10.16	□□□□□□□ □:	Sacralgia	24	15	1	0	25	15	49	14	4	0	53	14	78	29	107
59.	656	EB-11	□□□□□□ □□	obstipation	6	2	0	0	6	2	8	2	0	0	8	2	14	4	18
60.	676	EB-12	□□□□□□ □□□□	proctalgia	25	5	1	0	26	5	48	23	2	1	50	24	76	29	105
61.	681	EC-2	□□□□□□ □□	heart disease	21	4	0	0	21	4	25	5	0	0	25	5	46	9	55
62.	689	EC-3	□□□□□	fever / pyrexia	17	8	3	0	20	8	34	29	4	1	38	30	58	38	96
63.	761	EC-3.10	□□□□□□□ □□	intermittent pyrexia	8	8	0	0	8	8	8	8	8	1	16	9	24	17	41
64.	791	EC-3.21	□□□□□□ □□□□- □□□□□	relapsing fever	4	6	0	0	4	6	11	16	2	0	13	16	17	22	39
65.	812	EC-5	□□□□□□ □□□□	anaemia	5	8	6	0	11	8	14	19	10	1	24	20	35	28	63
66.	823	EC-6	□□□□□□	rheumatism due to □□	12	10	1	1	13	11	29	40	2	1	31	41	44	52	96
67.	828	EC-7	□□□□□□	anorexia	25	11	5	0	30	11	40	32	7	3	47	35	77	46	123
68.	838	ED-2.2	□□□□□□	pruritis	9	6	0	0	9	6	29	26	1	6	30	32	39	38	77
69.	850	ED-2.8	□□□□□□ □□□□ / □□□□□□□	loss of sleep (insomnia)	46	21	0	0	46	21	50	47	1	2	51	49	97	70	167
70.	874	ED-3	□□□□□	jaundice	2	2	0	1	2	3	1	3	0	0	1	3	3	6	9
71.	883	ED-4	□□□□□□□	integumentary disease	22	20	0	2	22	22	37	29	0	0	37	29	59	51	110
72	894	ED-4.3	□□□□□□□ □□□□□□□	minor skin diseases	4	4	0	0	4	4	13	12	0	0	13	12	17	16	33
73.	905	ED- 4.3.10	□□□□□□□ □□	wet eczema	12	16	0	2	12	18	34	21	0	2	34	23	46	41	87
74.	897	ED-4.3.3	□□□□□□	psoriasis	19	5	0	0	19	5	44	52	0	0	44	52	63	57	120
75.	898	ED-4.3.4	□□□□□□	cracks in palms and soles	0	3	0	0	0	3	0	2	0	0	0	2	0	5	5

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

76.	900	ED-4.3.6	□□ □□□□□- □□□□□□	ringworm / tinea	17	11	0	2	17	13	30	23	2	5	32	28	49	41	90
77	901	ED-4.3.7	□□□□□□- □□□□□□	carvadala- kuShThaH	1	0	1	0	2	0	5	0	0	0	5	0	7	0	7
78.	902	ED-4.3.8	□□□□	scabies	0	0	1	1	1	1	3	1	0	4	3	5	4	6	10
79.	919	ED-5	□□□□□□ □□	vitiligo /leukoderma	3	6	1	0	4	6	22	19	0	0	22	19	26	25	51
80	2979	ED-6.10	□□□□□□ □□□□	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
81	942	ED-6.8	□□□- □□□□□□□	chicken pox	2	2	0	0	2	2	11	7	0	0	11	7	13	9	22
82.	944	ED-7	□□□□□□ □□□□□	bleeding disorder	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
83.	956	ED-8	□□□□□□□ □□	rheumatism due to □□□□	10	11	1	0	11	11	22	21	0	0	22	21	33	32	65
84.	972	ED-9	□□□□□ □□□	abscess	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
85	997	ED-10	□□□□□□□	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86	1013	ED-11	□□□□□□□	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87	1017	ED-12	□□□□□□□ □□	splenomegaly	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
88	1024	ED-13	□□□□□□□	filariasis	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
89	1029	ED-14	□□□□□□□ □□□	urticaria with vata predominance	6	2	0	0	6	2	4	2	0	0	4	2	10	4	14
90	1031	ED-15	□□□□□□□	urticaria with kapha predominance	8	5	0	0	8	5	10	6	0	0	10	6	18	11	29
91	1033	ED-16	□□□□□□□	fistula-in-ano	24	5	0	0	24	5	60	9	0	0	60	9	84	14	98
92.	1064	EE-2	□□□□□□□	tumour	4	2	0	0	4	2	1	7	0	0	1	7	5	9	14
93.	1074	EE-3	□□□□□	haemorrhoids	38	21	0	0	38	21	104	67	0	0	104	67	142	88	230
94	1081	EE-3.7	□□□□□- □□□□□	Pile mass with discharge of vitiated, hot blood.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95.	1095	EE-4	□□□□□ □□□	cyst	31	24	0	0	31	24	61	75	0	0	61	75	92	99	191

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

96	1099	EE-4.4	□□□□□□ □□□□□□	Fatty mobile swelling	6	2	0	0	6	2	28	3	0	0	28	3	34	5	39
97	1110	EF-2	□□□□□□□□	diabetes mellitus	45	18	0	0	45	18	70	26	0	0	70	26	115	44	159
98.	1139	EF-2.4.4	□□□□□□□□	diabetes mellitus	35	9	0	0	35	9	86	28	0	0	86	28	121	37	158
99	1118	EF-2.2.6	□□□□□□□□ □□	semen mixed urination	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1161	EF-3	□□□□□□ □□	obesity	17	9	2	0	19	9	31	13	0	0	31	13	50	22	72
101	1163	EF-4	□□□□□□	eruption	5	2	0	0	5	2	4	1	0	0	4	1	9	3	12
102.	1173	EI-2	□□□□□□□□ □□	male infertility	21	0	0	0	21	0	35	1	0	0	35	1	56	1	57
103	1175	EI-2.2	□□□□□□□□ □□□□□□ □□□□□□	klaibya due to erectile dysfunction	0	0	0	0	0	0	2	0	1	0	3	0	3	0	3
104..	1236	EI-6	□□□□□□□□	hernia, hydrocele	2	1	1	0	3	1	2	0	0	0	2	0	5	1	6
105.	1244	EI-6.8	□□□□□□- □□□□□□□□	hernia	11	4	0	0	11	4	15	20	0	0	15	20	26	24	50
106.	1245	EI-6.9	□□□□- □□□□□□□□	scrotal swelling	1	0	1	0	2	0	1	0	0	0	1	0	3	0	3
107.	1248	EJ-2	□□□□□□□□	lithiasis/urolithiasis/nephrolithiasis	29	9	0	0	29	9	78	42	0	0	78	42	107	51	158
108..	1258	EJ-3	□□□□□□ □□□□	urinary retention	20	6	0	0	20	6	24	4	0	0	24	4	44	10	54
109.	1266	EJ-3.6	□□□□□□ □□□□	prostatic enlargement	11	0	0	0	11	0	22	0	0	0	22	0	33	0	33
110.	1278	EJ-4	□□□□□□□□ □□□□□□□□	dysuria	28	11	0	0	28	11	54	20	0	0	54	20	82	31	113
111.	1291	EK-2	□□□□□□□□	polydipsia	1	2	0	0	1	2	0	1	1	0	1	1	2	3	5
112.	1304	EK-3	□□□□□□□□/ □□□□/□□ □□	oedema/inflammation	5	4	0	0	5	4	2	21	0	0	2	21	7	25	32
113	1319	EK-3.15	□□□□□□□□ □□□□	mumps	5	4	0	0	5	4	6	15	5	0	11	15	16	19	35
114	1324	EK-4	□□□/□□□ □□□□	ascites	0	0	0	0	0	0	2	3	0	0	2	3	2	3	5
115.	1337	EK-4.6	□□□□□□□□ □□□□□□□□	hepatomegaly	2	0	0	0	2	0	10	0	0	0	10	0	12	0	12
116.	1338	EK-4.7	□□□□□□□□	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□□																
117.	1339	EK-4.8	□□□□□□□ □□ / □□□□□□□ □□	Intestinal perforation	0	2	0	0	0	2	0	3	0	0	0	3	0	5	5
118.	1340	EK-4.9	□□□□□□	ascites	0	0	0	1	0	1	0	1	0	0	0	1	0	2	2
119.	1350	EL-2	□□□□- □□□□□□□	gynecological disorder	0	3	0	0	0	3	0	3	0	0	0	3	0	6	6
120.	1360	EL-2.10	□□□□□□ □□□□	dysmenorrhea	0	7	0	0	0	7	0	12	0	0	0	12	0	19	19
121.	1362	EL-2.12	□□□□□□□/ □□□□□□□ □□	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1366	EL-2.16	□□□□□□□ □□	acute vaginitis	0	3	0	0	0	3	0	3	0	0	0	3	0	6	6
123.	1370	EL-2.20	□□□□□ □□□ / □□□□□□	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124.	1374	EL-2.24	□□□□□□□	female infertility	0	7	0	0	0	7	0	12	0	0	0	12	0	19	19
125.	1377	EL-2.27	□□□□□□□ □□	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
126.	1382	EL-2.28	□□□□- □□□□□	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1359	EL-2.9	□□□□□□□	amenorrhea	0	6	0	0	0	6	0	19	0	0	0	19	0	25	25
128.	1383	EL-3	□□□□□□□ □□/□□□□□ □□□□□□□	menstrual disorders	0	10	0	0	0	10	0	34	0	0	0	34	0	44	44
129.	1392	EL-4	□□□□□□□ □□□/□□□ □□□□□	menorrhagia / metrorrhagia / (DUB)	0	12	0	0	0	12	0	33	0	0	0	33	0	45	45
130.	1398	EL-5	□□□□□□□ □□□□	leucorrhoea	0	21	0	0	0	21	0	67	0	0	0	67	0	88	88
131.	1399	EL-6	□□□□□□□ □□□□	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1402	EL-7.1	□□□□□□ □□□□	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

133.	1403	EL-7.2	□□□□□□ □□	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1412	EL-8	□□□□□□ □□	abnormal foetal presentation	37	13	0	0	37	13	62	43	11	2	73	45	110	58	168
135.	1419	EL-9	□□□□□□ □□□□	puerperal disorder	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
136.	1421	EM	□□□□□□□□ □□□□□□□□ □□□□	disorders of □□□□□□□□ □□□□□□	104	41	10	2	114	43	190	153	34	0	224	153	338	196	534
137.	1423	EM-2	□□□□□□□□	psychosis/insanity	7	2	0	0	7	2	19	10	0	0	19	10	26	12	38
138.	1424	EM-2.1	□□□□□□- □□□□□□□□ □□□	prodromes of □□□□□□□	1	0	0	0	1	0	2	2	0	0	2	2	3	2	5
139.	1425	EM- 2.2	□□□□- □□□□□□□□	□□□□□□ due to □□□	1	6	0	0	1	6	34	26	0	0	34	26	35	32	67
140.	1426	EM-2.3	□□□□□□- □□□□□□□□	□□□□□□ due to □□□□□	3	2	0	0	3	2	2	12	0	0	2	12	5	14	19
141.	1427	EM-2.4	□□□- □□□□□□□□	□□□□□□ due to □□	3	0	0	0	3	0	19	7	0	0	19	7	22	7	29
142.	1428	EM-2.5	□□□□□□□□ □□- □□□□□□□□	□□□□□□ due to three □□□	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1429	EM-2.6	□□□□- □□□□□□□□	□□□□□□ due to grief	1	1	0	1	1	2	2	3	0	1	2	4	3	6	9
144.	1452	EM-2.8	□□□□□□ □□□□	□□□□□□ due to possession of □□□	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1457	EM-3	□□□□□□ □□	epilepsy	1	1	0	0	1	1	5	0	3	0	8	0	9	1	10
146.	1465	EM-4	□□□□□□ □□□□□□ □□□□	psychic perversion/delusion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1466	EM-5	□□□□□□ □□	alcohol abuse	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
148.	1479	EM-6	□□□	intoxication due to drugs (other than alcohol)	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
149.	1491	EM-7	□□□□□□ □□	syncope/fainting	1	0	0	0	1	0	2	1	0	0	2	1	3	1	4

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

150.	1519	EM-9	□□- □□□□□□	mental agitation	11	12	0	0	11	12	27	70	0	0	27	70	38	82	120
151.	1521	EM-11	□□□□□	giddiness / dizziness / vertigo	6	6	0	0	6	6	5	2	0	0	5	2	11	8	19
152.	1522	F	□□□□□□□ / □□□□□□ □□	headache/cephalgia/ cephalalgia	44	100	0	0	44	100	102	215	0	0	102	215	146	315	461
153.	1529	F-7	□□□□□□□ □□	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1530	F-8	□□□□□□ □□□□□	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	1531	F-9	□□□□□□□ □□□□□	sunshine induced cephalalgia	7	3	0	0	7	3	13	14	0	0	13	14	20	17	37
156.	1532	F-10	□□□□□□□	temporal cephalalgia	1	0	0	0	1	0	5	0	0	0	5	0	6	0	6
157.	1543	FA-3	□□□□□□□ □□	baldness / alopecia totalis	18	24	0	0	18	24	13	34	0	0	13	34	31	58	89
158.	1548	FA-4	□□□□□□□□	pytiritias capitis	1	0	0	1	1	1	2	1	0	0	2	1	3	2	5
159.	1565	GB	□□□□□□□□ □□□□□	gum disorders	0	2	0	0	0	2	2	3	0	0	2	3	2	5	7
160.	1571	GB-6	□□□□□□□□	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1583	GC	□□□□□□□□ □□	tooth disorders	1	1	0	0	1	1	6	0	0	0	6	0	7	1	8
162.	1586	GC-3	□□□□□□□□ □□	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.	1601	GD-5	□□□□□□□□ □□□□□	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1604	GE-1	□□□□□□□□ □□□□□	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1605	GE-2	□□□□□□□□	throat spasm	0	1	0	0	0	1	3	1	0	0	3	1	3	2	5
166.	1606	GE-3	□□□□□□□□ □□□□□	pharyngeal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	1616	GF	□□□□□□□□ □□	throat disorders	5	1	0	0	5	1	14	2	2	0	16	2	21	3	24
168..	1617	GF-1	□□□□□□□□	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	1637	GF-14	□□□□□	cervical and axillary lymphadenitis	0	3	1	0	1	3	1	0	1	0	2	0	3	3	6
170.	1641	GF-17	□□□□□□□□ □□	scrofula	1	2	0	0	1	2	5	3	0	0	5	3	6	5	11

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

171.	1643	GF-19	□□□□□□	goitre	2	6	0	0	2	6	0	10	0	0	0	10	2	16	18
172.	1649	GG	□□□□□□	stomatitis	2	3	0	0	2	3	14	6	0	0	14	6	16	9	25
173.	1662	H	□□□□□□ □□/□□□□ □□□□	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	1679	HA-2	□□□□□□	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	1689	HB	□□□□□□- □□□□	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	1691	HB-2	□□□□□□ □□	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	1692	HB-3	□□□□□	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	1706	HB-17	□□□□□□	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	1708	HB-19	□□□□	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	1720	HD-1	□□□□□□ □□-□□□□	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	1740	HF-1	□□□□□□ □□□□	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	1745	HF-2	□□□□□□ □□	glaucoma	0	0	0	0	0	0	0	4	0	0	0	4	0	4	4
183.	1754	HF-7	□□□□□□ □□□□□□ □□	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	1761	HG-1	□□□□□□	partial or total blindness/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	1778	HG-2	□□□□	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
186.	1785	HG-3	□□□□□□ □□	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
187.	1807	HG-10	□□□□□□ □□□□□□	maculopathy	13	5	0	1	13	6	19	15	2	0	21	15	34	21	55
188.	1813	I	□□□□□□ □□	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
189.	1814	I-1	□□□□□□ □□□□ /□□□□□	rhinitis	34	13	5	2	39	15	73	32	8	5	81	37	120	52	172
190.	1832	I-6	□□□□□□	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

191.	1852	I-15	□□□□□- □□□□□ □□□□□	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
192.	1853	I-16	□□□□□□ □□	nasal polyp	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
193.	1860	J	□□□□□□ □□	ear diseases	3	0	0	0	3	0	2	2	0	0	2	2	5	2	7
194.	1869	J-9	□□□□- □□□□	tinnitus	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
195.	1870	J-10	□□□□□□ □□	ear furunculosis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
196.	1871	J-11	□□□□- □□□□□□□ □□	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
197.	1880	J-14	□□□□- □□□□□□	otorrhoea	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
198.	1896	J-19	□□□□□□□ □□	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
199.	1897	J-20	□□□□□□ □□	earache/otalgia	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
200.	1913	K	□□□□□	wounds	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
201.	1961	K-14	□□□□□□□ □□	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
202.	1914	KA	□□□□□□ □□	inflammatory swelling	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
203.	1971	LA	□□□□□ (□□□□□□ □□□□)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
204.	1972	LA-1	□□□□□□□ □□□□□	dislocation	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
205.	2013	LB-1	□□□□□□ □□□□	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
206.	2085	LE	□□□□□	foreign body	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
207.	2132	M	□□□□□□□	paediatric medical conditions	3	0	0	0	3	0	9	3	1	0	10	3	13	3	16
208.	2164	MD-7	□□□□□□□	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209.	2170	MD-11	□□□□□□□ □□□	debility	23	8	2	0	25	8	99	26	3	2	102	28	127	36	163

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

210	2171	MD-12	□□□□□□ □□	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
211	2172	MD-13	□□□□□□ □□□□□	enuresis	0	0	1	0	1	0	0	0	3	0	3	0	4	0	4
212	2173	MD-14	□□□□□□□	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2177	MD-17	□□□□- □□□□	delay in walking	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
214	2178	MD-18	□□□□□□ □□□	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
215	2184	N	□□□□□/□ □□□□□□□ □□	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	2243	O-7	□□□□□□ □□	eruptions on head with multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
217	2250	O-14	□□□□	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
218	2251	O-15	□□□□□	paronychia	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
219	2255	O-18	□□□□□□□ □□	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	2256	O-19	□□□□□□ □□	wart	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
221	2266	O-25	□□□□□□□ □□□□□□	phimosis	6	5	0	0	6	5	3	6	0	0	3	6	9	11	20
222	2278	O-33	□□□□	blackgram-spots	2	0	0	1	2	1	2	1	0	1	2	2	4	3	7
223	2280	O-35	□□□□□□□ □□□	pimples	7	10	0	1	7	11	11	18	1	2	12	20	19	31	50
224	2284	O-39	□□□□□□ □□□□□□	alopecia	2	2	0	1	2	3	6	0	0	1	6	1	8	4	12
225	2287	O-42	□□□□□□□	black patches on face / melasma	8	9	0	0	8	9	17	1	1	0	18	1	26	10	36
226	2310	O-51	□□□□□□□	laziness/lethargy (due to kapha & other dosha)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
227	132	S	□□□□□□□ □□□	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
228	2888	VA	□□□□□ □□□	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

229	0	I-83.9	Varicose Vein	derangement of mamsavahasrotas	486	276	7	9	493	285	953	849	34	36	987	885	1480	1170	2650
230		Z-29.1	Immuno Prophylaxis		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					2424	1598	73	44	2497	1642	4733	3990	182	133	4915	4123	7412	5765	13177

19) Ayurveda Unit Supreme Court of India, FAP Hon'ble Supreme Court, First Aid Post

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated															Grand Total (M+F)
					Inpatient										Outpatient					
					M	F	M	F	M	F	M	F	M	F	Total					
1.		-12	अनाहः	Distension/tympanites/meteorism or painful abdominal distension	38	15	0	0	38	15	30	21	7	4	37	25	75	40	115	
2.		-12.4	अ	Severe constipation	226	132	0	0	226	132	95	36	0	0	95	36	321	168	489	
3.		-15	अवातः	Paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
4.		-17	अक्षीर्षः	Synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
5.		-2	अन्तकः	Malocclusion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
6.		-20	अ	Fracture	38	23	0	0	38	23	18	14	0	0	18	14	56	37	93	
7.		-24	अवातः/पक्षवधः	Paralysis/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
8.		-24.2	अक्षघातः	Paralysis in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
9.		-3	अन्तकः	Malocclusion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

10.	-30	: (केवलवात)	ness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	-32	स्तम्भः	neck/ torticollis/spasmodic torticollis	10	3	0	0	10	3	8	1	0	0	8	1	18	4	22	
12.	-35	त्री	ial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
13.	-37	ग्रहः	and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
14.	-4	ः	paralysis	7	2	0	0	7	2	2	0	0	0	2	0	9	2	11	
15.	-6	शोषः	penia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
16.	-8	हुकः	n shoulder	16	1	0	0	16	1	12	1	0	0	12	1	28	2	30	
17.	-9	तम्भः	high	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
18.	-16	वातः	-arthritis	368	232	0	0	368	232	197	92	0	0	197	92	565	324	889	
19.	-1	पाकः	ye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
20.	-24		ing sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
21.	-26	स्य	ature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
22.	-23	मान्द्यम्	ired digestion / loss of appetite	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
23.	.1	क्षयः	y menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
24.	.1	क्षयः	galactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
25.		क्ष्मा	mp tion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
26.		ग	p/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
27.			a / tussis	253	133	0	0	253	133	133	61	0	0	133	61	386	194	580	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

28.			hoea	45	18	0	0	45	18	13	3	0	0	13	3	58	21	79
29.		दः	tonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30.		तः / क्षतक्षीण	cic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	0		xy pain/abdominal colic	6	11	0	0	6	11	2	1	0	0	2	1	8	12	20
32.	0.10	मशूलः	enal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33.	0.11	वशूलः	e ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	0.14	शूलः	algia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	0.15	ूलः	pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36.	1	तः	pation	45	25	0	0	45	25	24	3	0	0	24	3	69	28	97
37.	2	तिका	algia	110	11	0	0	110	11	15	5	0	0	15	5	125	16	141
38.		भारः	hoea	12	2	0	0	12	2	0	0	0	0	0	0	12	2	14
39.	.10	तिसारः	hoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	.8	तिसारः	tage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	.9	तिसारः	hoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.		र्णम्	estion	88	54	0	0	88	54	36	18	10	6	46	24	134	78	212
43.	.7	वेका	gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.		पित्तम्	racidity	240	134	0	0	240	134	70	33	0	0	70	33	310	167	477
45.			ting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.		दोषः	nders of lower gastro-intestinal tract	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
47.				0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

48.			इका	tery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
49.			:	disease	57	20	0	0	57	20	16	9	0	0	16	9	73	29	102
50.				/ pyrexia	86	34	0	0	86	34	16	6	0	0	16	6	102	40	142
51.		.10	ज्वरः	mittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52.		.21	वर्तक-ज्वरः	sing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.			रोगः	nia	7	1	0	0	7	1	4	0	0	0	4	0	11	1	12
54.			मतः	matism due to आम	290	171	0	0	290	171	106	36	0	0	106	36	396	207	603
55.			धेः	exia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56.		0	:	pelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57.		1	रिः	lis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.		2	दरः	nomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.		3	दः	asis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.		4	पेत्तम्	aria with vata predominance	0	12	0	0	0	12	0	0	0	0	0	0	0	12	12
61.		5		aria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62.		6	दरः	a-in-ano	49	0	0	0	49	0	5	0	0	0	5	0	54	0	54
63.		.2	:	tis	59	31	0	0	59	31	0	0	0	0	0	0	59	31	90
64.		.8	नाशः / अनिद्रा	f sleep (insomnia)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65.			ला	lice	23	6	0	0	23	6	0	0	0	0	0	0	23	6	29
66.				umentary disease	15	1	0	0	15	1	4	0	0	0	4	0	19	1	20

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

67.	.3.10	वेका	eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68.	.3.3	भः	asis	15	4	0	0	15	4	2	1	0	0	2	1	17	5	22
69.	.3.4	देका	s in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	.3.6	गुष्ठः	worm / tinea	10	1	0	0	10	1	1	0	0	0	1	0	11	1	12
71.	.3.8		es	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.			go /leucoderma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73.	.10	न्तिका	les	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	.8	सूरिका	en pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.		पेत्तम्	ing disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
76.		क्तम्	matism due to रक्त	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77.		धः	ss	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
78.			r	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79.			orrhoids	133	23	0	0	133	23	35	17	0	0	35	17	168	40	208
80.				4	2	0	0	4	2	4	1	0	0	4	1	8	3	11
81.	.4.4	हः	tes mellitus	288	150	0	0	288	150	124	51	0	0	124	51	412	201	613
82.		ोगः	ty	6	1	0	0	6	1	0	0	0	0	0	0	6	1	7
83.		ग	ion	2	2	0	0	2	2	0	2	0	0	0	2	2	4	6
84.		म्	infertility	8	2	0	0	8	2	0	0	0	0	0	0	8	2	10
85.	8	वृद्धिः	a	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
86.	9	वृद्धिः	al swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

87.		री	sis/urolithiasis/nephrolithiasis	17	3	0	0	17	3	10	0	0	0	10	0	27	3	30
88.		गतः	ry retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	.6	डीला	atic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.		च्छम्	ria	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4
91.			ypsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.		/शोधः/शोफः	na/inflammation	6	0	0	0	6	0	0	0	0	0	0	0	6	0	6
93.	.15	ूलशोधः	ps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	.6	ाल्युदरः	omegaly	54	6	0	0	54	6	8	7	0	0	8	7	62	13	75
95.	.7	दोदरः	inal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	.8	दरः / क्षतोदरम्	inal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	.9	रः	s	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	.10	तिनी	enorrhoea	0	25	0	0	0	25	0	3	0	0	0	3	0	28	28
99.	.12	ी/पुत्रघ्नी	ual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	.16	ुता	vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	.20	ीनिः / विवृता	-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	.24		le infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	.27	क्रन्दः	al cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	.28	अर्शः	cal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	.9	स्का	orrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.		दरः/असृग्दरः	rrhagia / metrorrhagia / dysfunctional uterine bleeding	0	23	0	0	0	23	0	10	0	0	0	10	0	33	33

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

			(DUB)																
107.			रः	rrhoea	0	4	0	0	0	4	0	0	0	0	0	0	0	4	4
108.	1		वः	arriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	2		तः	arriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.			र्भः	ormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.			गरोगः	perial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1			ness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	2		दः	osis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114.	3		मारः	psy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115.	5		ययः	ol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	5			ication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	7			ype/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.			शूल / शिरोरुक्	ache/cephalgia/cephalalgia	66	17	0	0	66	17	22	8	0	0	22	8	88	25	113
119.			वकः	oral cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.			नवातः	iminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.			भेदकः	erania	6	1	0	0	6	1	0	0	0	0	0	0	6	1	7
122.			र्तः	ine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.			स्यम्	ness / alopecia totalis	20	3	0	0	20	3	2	0	0	0	2	0	22	3	25
124.			कः	iasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125.			लरोगः	disorders	110	58	0	0	110	58	20	7	0	0	20	7	130	65	195

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

126.		रः	ing gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.		ोगः	disorders	35	15	0	0	35	15	23	10	0	0	23	10	58	25	83
128.		र्षः	raesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.		ह्निका	a	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.		ण्डिका	tis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.		रोगः	t disorders	2	8	0	0	2	8	0	0	0	0	0	0	2	8	10
132.		र्षी	heria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	4	ी	cal and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	7	माला	ula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	9	ण्डः		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.		णकः	atitis	14	1	0	0	14	1	0	0	0	0	0	0	14	1	15
137.		रोगः/नेत्ररोगः	thalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.		हः	inal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.		रोगः	l disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	9	ः	zation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.		का		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.		गी	oma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.		रि-अर्म	gium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.		शन्दः	inctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.		मन्थः	oma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.		क्षिपाकः	phthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

147.			रः	al or total blindness/amauro- sis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
148.	0		गन्ध्यम्	lopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
149.				rate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
150.			नाशः	lete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
151.			रोगः	diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
152.			यायः /पीनसः	tis	120	48	0	0	120	48	62	53	0	0	62	53	182	101	283
153.			गत-रक्तपित्तम्	axis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
154.			र्शः	polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
155.			सः	nic rhinitis	30	9	0	0	30	9	9	4	0	0	9	4	39	13	52
156.			ोगः	diseases	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
157.			ाकः	urunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.			स्रावः	hoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.			र्षम्	ness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.			ूलः	he/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.			नादः	us	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.				ids	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.			रणः	a/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.			ोफः	nnnatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.			अस्थिभग्नः)	ure	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.			मुक्तम्	cation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.			ग्धः	s	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

168.				gn body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
169.	11	यम्		ity	384	206	0	0	384	206	151	100	0	0	151	100	535	306	841
170.	13	मूत्रता		esis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
171.	14	गकः		almia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
172.	17	रोगः		in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
173.	18	लसकः		gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
174.	7	कः		itis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
175.			/सङ्जातकृमि	infestation	10	1	0	0	10	1	0	0	0	0	0	0	10	1	11
176.				/callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
177.				nychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
178.				prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
179.					0	0	0	0	0	0	0	0	0	0	0	0	0	0	
180.			द्रप्रकशः	osis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
181.				gram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
182.			पिडका (मुखद्रुषिका)	les	87	36	0	0	87	36	27	2	0	0	27	2	114	38	152
183.			प्तः	cia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
184.				patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
185.			षिका	ions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Total					3521	1722	0	0	3521	1722	1306	616	17	10	1323	626	4844	2348	7192

20) AYUSH WELLNESS CLINIC, PRESIDENT'S ESTATE

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of Patients Attended						No. of Patients Attended						Grand Total		
					New			Follow up											
					Adult		Child	Total		Adult		Child		Total					
					M	F	M	M	F	M	F	M	F	M	F	M	F	TOTAL	
1.	147	-12	□□□□□□/□□□□□□	ision/tympanites/meteorism or painful abdominal distension	8	0		8	0	31	36			33	36	41	36	197	
2.	2983	-12.4	□□□□	e constipation	2	4		6	4	59	27			59	27	02	1	143	
3.	152	-15	□□□□□□□□	plegia	7	5		12	5	35	77			35	77	72	2	264	
4.	154	-17	□□□□□□□□□□	synovitis	2	0		2	0	2	0			2	0	4	0	4	
5.	132	-2	□□□□□□□□	ulsive fit	0	0		0	0	0	0			0	0	0	0	0	
6.	157	-20	□□□□□□	ca	6	0		6	0	52	93			52	93	78	02	180	
7.	163	-24	□□□□□□□□□□ /□□□□□□□□	plegia/hemiparesis	4	1		4	1	3	1			3	1	7	2	19	
8.	166	-24.2	□□□□□□□□	plegia in children	0	0		0	0	0	0			0	0	0	0	0	
9.	134	-3	□□□□□□	tonos	0	0		0	0	0	0			0	0	0	0	0	
10.	172	-30	□□□□□□ (□□□□□□□□□□)	ness (bilateral)	0	0		0	0	0	0			0	0	0	0	0	
11.	174	-32	□□□□□□□□□□	neck/torticollis/spasmodic torticollois	1	3		4	3	52	73			52	73	73	31	154	
12.	176	AC-34	□□□□□□□□	hial spur/painful heel	4	1		4	1	4	4			4	4	8	5	23	
13.	177	-35	□□□□□□□□	hial neuralgia /arm pain	0	0		0	0	0	0			0	0	0	0	0	
14.	179	-37	□□□□□□□□□□	and neck rigidity	0	0		0	0	0	0			0	0	0	0	0	
15.	135	-4	□□□□□□	paralysis	0	0		0	0	1	0			1	0	1	0	1	
16.	139	-6	□□□□□□□□□□	penia/osteoporosis	1	0		1	0	4	0			4	0	5	1	16	
17.	141	-8	□□□□□□□□	n shoulder	0	3		0	3	39	5			39	5	49	8	67	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

18.	142	9	□□□□□□ □□	high	0	0	0	0	0	0	0	0	0	0	0	0
19.	248	16	□□□□□□ □□	arthritis	3	2	53	2	70	54	70	54	33	36	319	
20.	262	1	□□□□□□ □□	ve/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	
21.	285	24	□□	ng sensation	1	0	4	2	4	2	5	2	7			
22.	287	26	□□□□□	ature greying of hairs	0	1	0	0	0	0	0	0	1	1		
23.	348	23	□□□□□□ □□□□□	red digestion / loss of appetite	6	3	26	3	8	8	8	8	4	6	60	
24.	410	1	□□□□□□ □□	y menstruation/ hypomenorrhoea/ oligomenorrhoea	0	1	0	1	0	0	0	0	0	4	4	
25.	413	1	□□□□□□ □□	galactia	0	0	0	0	0	0	0	0	0	0	0	
26.	420		□□□□□□ □□	mption	0	0	0	0	0	0	0	0	0	0	0	
27.	471		□□□□	p/singultus	0	0	0	0	0	0	0	0	0	0	0	
28.	480		□□	h / tussis	2	1	15	5	34	35	40	39	55	34	339	
29.	489		□□□□	oea	4	2	4	2	35	3	35	3	19	5	54	
30.	500		□□□□□□	onia	0	1	0	1	0	1	0	1	0	2	2	
31.	511		□□□□□□ / □□□□□□ □□□	ic trauma	1	0	1	0	1	0	1	0	2	0	2	
32.	633	0	□□	cy pain/abdominal colic	8	5	20	3	8	4	8	5	38	3	51	
33.	643	0.10	□□□□□□ □□	enal ulcer	1	0	1	0	0	0	0	0	1	0	1	
34.	647	0.11	□□□□□□ □□□□	c ulcer	1	0	1	0	0	0	0	0	1	0	1	
35.	650	0.14	□□□□□□	algia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	
36.	651	0.15	□□□□□□ □□	pain	2	0	2	0	2	0	2	0	4	0	4	
37.	656	1	□□□□□□	oation	0	0	0	0	0	0	0	0	0	0	0	
38.	676	2	□□□□□□ □□	algia	0	0	0	0	0	0	0	0	0	0	0	
39.	515		□□□□□	oea	9	2	9	2	1	1	1	1	0	3	13	
40.	526	10	□□□□□□ □□	oea associated with blood	1	0	1	0	0	0	0	0	1	0	1	
41.	524	8	□□□□□□	stage of □□□□□□	0	0	0	0	0	0	0	0	0	0	0	
42.	525	9	□□□□□□	oea associated with	1	0	1	0	0	0	0	0	1	0	1	

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

			□□	fever															
43.	536		□□□□□□	estion	2			2		4	1		4	1	6	5		11	
44.	543	7	□□□□□□	gastroenteritis	0			0		0	0		0	0	0	0		0	
45.	558		□□□□□□□□ □□	acidity	2			2		9	22		9	2	31	9		110	
46.	586		□□□□	ing/emesis	1			1		0	0		0	0	1	0		1	
47.	601		□□□□□□ □□	lers of lower gastro- intestinal tract	7			8		8	2		10	2	28	2		30	
48.	611		□□□□		0			0		0	0		0	0	0	0		0	
49.	628		□□□□□□□□	tery	0			0		0	0		0	0	0	0		0	
50.	681		□□□□□□□□	disease	3			3		7	0		7	0	0	1		11	
51.	689		□□□	/ pyrexia	6			8		9	1		9	1	7	9		66	
52.	761	10	□□□□□□□□	ittent pyrexia	0			0		1	0		1	0	1	1		2	
53.	791	21	□□□□□□□□ □- □□□□□□	ing fever	3			3		1	0		1	0	4	0		4	
54.	812		□□□□□□ □□	nia	1			1		4	4		4	5	5	7		12	
55.	823		□□□□	atism due to □□	4	2		4	2	66	34		66	34	70	6		116	
56.	828		□□□□	xia	0			0		4	1		4	1	4	1		5	
57.	997	0	□□□□□□	elas /acute spreading eruptions	0			0		0	0		0	0	0	0		0	
58.	1013	1	□□□□□□	lis	0			0		0	0		0	0	0	0		0	
59.	1017	2	□□□□□□□□	omegaly	0			0		1	0		1	0	1	0		1	
60.	1024	3	□□□□□□	sis	0			0		0	0		0	0	0	0		0	
61.	1029	4	□□□□□□□□ □□	ria with vata predominance	2			2		3	2		3	2	5	5		10	
62.	1031	5	□□□□	ria with kapha predominance	1			1		0	0		0	0	1	0		1	
63.	1033	6	□□□□□□	n-in-ano	0			0		1	1		1	1	1	1		2	
64.	838	2	□□□□	is	2			2		6	4		6	4	8	7		25	
65.	850	8	□□□□□□□□ □□/ □□□□□□ □□	f sleep (insomnia)	7			7		7	5		7	5	34	6		40	
66.	874		□□□	ice	3			3		1	0		1	0	4	1		5	
67.	883		□□□□□□	imentary disease	4			5		0	5		0	5	25	9		34	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

68.	905	3.10	□□□□□□	eczema	3	1	0	1	0	4	0	4
69.	897	3.3	□□□□	asis	0	2	1	2	1	2	2	4
70.	898	3.4	□□□□□□	s in palms and soles	0	0	0	0	0	0	0	0
71.	900	3.6	□□□- □□□□□□	orm / tinea	2	2	1	2	1	4	2	6
72.	902	3.8	□□	es	0	0	0	0	0	0	0	0
73.	919		□□□□□□	o /leucoderma	2	8	2	8	2	10	3	23
74.	2979	10	□□□□□□ □□	es	0	0	0	0	0	0	0	0
75.	942	8	□- □□□□□□ □□	en pox	0	0	0	0	0	0	0	0
76.	944		□□□□□□ □□	ing disorder	1	0	0	0	0	1	0	1
77.	956		□□□□□□	atism due to □□□□	1	7	0	7	0	8	2	10
78.	972		□□□□□□	ss	0	0	0	0	0	0	0	0
79.	1064		□□□□□□		1	0	4	0	4	1	6	7
80.	1074		□□□	orrhoids	1	14	9	4	9	15	7	102
81.	1095		□□□□□□		8	4	3	5	3	13	4	37
82.	1139	4.4	□□□□□□	tes mellitus	0	10	15	4	15	24	13	157
83.	1161		□□□□□□	ty	2	11	13	1	13	13	1	94
84.	1163		□□□	on	1	0	0	0	0	1	0	1
85.	1173		□□□□□□	infertility	2	1	0	1	0	3	1	4
86.	1244	8	□□□□- □□□□ □□□		1	0	0	0	0	1	0	1
87.	1245	9	□□- □□□□ □□□	l swelling	6	6	0	6	0	2	0	12
88.	1248		□□□□	sis/urolithiasis/nephrolit hiasis	3	24	2	24	2	27	6	43
89.	1258		□□□□□□ □□	ty retention	1	0	0	0	0	1	0	1
90.	1266	5	□□□□□□ □□	atic enlargement	4	3	0	3	0	7	0	17
91.	1271	11	□□□□□□ □□	aturia	3	0	0	0	0	3	0	3

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

92.	1278		□□□□□□□□ □□□□□□	ia	0	5			0	5	30	0			30	0	10	6	56
93.	1291		□□□□	ypsia	0	0			0	0	0	0			0	0	0	0	0
94.	1304		□□□□□□/ □□□□□□/ □□□□□□	na/inflammation	2	4			2	4	1	5			1	5	3	9	12
95.	1319	15	□□□□□□□□ □□	ps	0	0			0	0	0	0			0	0	0	0	0
96.	1337	6	□□□□□□□□ □□□□□□	omegaly	5	0			5	0	3	3			3	3	8	3	11
97.	1338	7	□□□□□□□□ □□	inal obstruction	0	0			0	0	0	0			0	0	0	0	0
98.	1339	8	□□□□□□□□ / □□□□□□□□ □□□	inal perforation	0	0			0	0	0	0			0	0	0	0	0
99.	1340	9	□□□□□□	s	0	0			0	0	0	0			0	0	0	0	0
100.	1360	10	□□□□□□□□ □□	ennorrhoea	0	4			0	4	0	9			0	9	0	3	13
101.	1362	12	□□□□□□□/ □□□□□□ □□□□□□	ial abortion	0	0			0	0	0	0			0	0	0	0	0
102.	1366	16	□□□□□□□□	vaginitis	0	0			0	0	0	0			0	0	0	0	0
103.	1370	20	□□□□□□□□/ □□□□□□□□	vaginal prolapse/procidentia	0	0			0	0	0	0			0	0	0	0	0
104.	1374	24	□□□□□□	e infertility	0	2			0	2	0	3			0	3	0	5	5
105.	1377	27	□□□□□□□□	al cyst / bartholin's cyst	0	0			0	0	0	0			0	0	0	0	0
106.	1382	28	□□- □□□□□□	al polyp	0	0			0	0	0	0			0	0	0	0	0
107.	1359	9	□□□□□□	orrhoea	0	2			0	2	0	2			0	2	0	4	4
108.	1392		□□□□□□□□ □□/□□□□ □□□□□□	rrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	5			0	5	0	9			0	9	0	4	14
109.	1398		□□□□□□□□ □□	rrhoea	0	5			0	5	0	1			0	1	0	6	26
110.	1402	1	□□□□□□□□ □□	riage-before fourth month	0	0			0	0	0	0			0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

111.	1403	2	□□□□□□	rrriage-after fourth month))	0	0	0	0	0	0	0	0	0
112.	1412		□□□□□□	mal foetal presentation))	0	0	0	0	0	0	0	0	0
113.	1419		□□□□□□ □□	erial disorder))	0	1	0	1	0	1	0	2	2
114.	1521	1	□□□	ness / dizziness / vertigo))	3	5	3	8	3	8	6	3	19
115.	1423		□□□□□□	osis/insanity))	0	0	0	0	0	0	0	0	0
116.	1457		□□□□□□	psy))	0	0	0	0	0	0	0	0	0
117.	1466		□□□□□□	ol abuse))	0	0	0	0	0	0	0	0	0
118.	1479		□	cation due to drugs (other than alcohol)))	0	0	0	0	0	0	0	0	0
119.	1491		□□□□□□	pe/fainting))	0	0	0	0	0	0	0	0	0
120.	1522		□□□□□□ / □□□□□□ □□	che/cephalgia/cephalalgia))	5	4	3	5	3	5	8	9	17
121.	1532		□□□□	oral cephalalgia))	0	0	0	0	0	0	0	0	0
122.	1529		□□□□□□□□	hinal neuralgia))	0	0	0	0	0	0	0	0	0
123.	1530		□□□□□□□□ □□	rania))	2	5	0	24	0	24	2	10	32
124.	1531		□□□□□□□□ □□	ine induced cephalalgia))	1	0	1	0	1	0	2	0	2
125.	1543		□□□□□□	ess / alopecia totalis))	0	0	0	0	0	0	0	0	0
126.	1548		□□□□□□	asis capitis))	1	0	0	0	0	0	1	0	1
127.	1565		□□□□□□□□ □□	disorders))	4	0	4	0	4	0	8	0	8
128.	1571		□□□□	ing gums))	0	0	0	0	0	0	0	0	0
129.	1583		□□□□□□	disorders))	4	0	0	0	0	0	4	0	4
130.	1586		□□□□□□□□	aesthesia teeth))	4	0	5	0	5	0	9	0	9
131.	1601		□□□□□□ □□	a))	0	0	0	0	0	0	0	0	0
132.	1604		□□□□□□ □□	is/elongated uvula))	0	0	0	0	0	0	0	0	0
133.	1616		□□□□□□	disorders))	2	1	0	0	0	0	2	1	3
134.	1617		□□□□	heria))	0	0	0	0	0	0	0	0	0
135.	1624	GF-2	□□□□□□ □□/□□ □□□□□□	litis/Adenoids))	8	3	0	0	2	0	0	3	13

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

136.	1637	4	□□	axillary lymphadenitis	0	0	0	0	2	0	2	0	2	2
137.	1641	7	□□□□□□	ala	0	0	0	0	0	0	0	0	0	0
138.	1643	9	□□□□□□		0	1	0	1	0	0	1	0	2	2
139.	1649		□□□□□□	titis	8	2	3	0	0	3	0	21	2	23
140.	1662		□□□□□□□□ /□□□□□□ □□□□	almic diseases/ eye diseases	6	1	2	0	0	5	0	21	1	22
141.	1679		□□□□	nal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0
142.	1689		□□□□- □□□□	l disorders	0	1	0	2	0	0	2	0	3	13
143.	1708	9	□□	zation	0	0	0	0	0	0	0	0	0	0
144.	1691		□□□□□□□□		0	0	0	0	0	0	0	0	0	0
145.	1692		□□□□	oma	0	0	0	0	0	0	0	0	0	0
146.	1720		□□□□□□□□ -□□□□	gium	0	0	0	0	0	0	0	0	0	0
147.	1740		□□□□□□□□ □□	ntivitis	0	0	0	0	0	0	0	0	0	0
148.	1745		□□□□□□□□	oma	0	0	0	0	0	0	0	0	0	0
149.	1754		□□□□□□□□ □□□□□□	thalmia	0	0	0	0	0	0	0	0	0	0
150.	1761		□□□□	l or total blindness/ amaurosis /ametropia /partial obstruction of vision	0	0	0	0	0	0	0	0	0	0
151.	1807	0	□□□□□□□□ □□□	lopathy	0	0	0	0	0	0	0	0	0	0
152.	1778		□□	rate low vision	0	0	0	0	0	0	0	0	0	0
153.	1785		□□□□□□□□	lete blindness	0	0	0	0	0	0	0	0	0	0
154.	1813		□□□□□□	diseases	1	0	0	0	0	0	0	1	0	1
155.	1814		□□□□□□□□ □□ /□□□□□□	is	3	3	36	3	2	3	2	9	21	100
156.	1852		□□□□- □□□□□□ □□□□	xis	0	0	0	0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

157.	1853		□□□□□□	polyp))		0)	0	0		0	0	0	0	0
158.	1832		□□□□	ic rhinitis))		0)	17	6		17	6	7	5	62
159.	1860		□□□□□□	seases))		1)	2	0		2	0	3	1	4
160.	1870		□□□□□□	runculosis))		0)	0	0		0	0	0	0	0
161.	1880		□□- □□□□□□	noea))		0)	0	0		0	0	0	0	0
162.	1896		□□□□□□□	ess))		0)	0	0		0	0	0	0	0
163.	1897		□□□□□□	he/otalgia))		4)	2	2		2	2	6	3	9
164.	1869		□□-□□□□	us))		2)	1	0		1	0	3	0	3
165.	1913		□□□	ds))		1)	0	0		0	0	1	0	1
166.	1961		□□□□□□□	/sinus wound))		0)	0	0		0	0	0	0	0
167.	1914		□□□□□□	nmatory swelling))		0)	0	0		0	0	0	0	0
168.	1971		□□□ (□□□□□ □□□□□)	re))		0)	0	0		0	0	0	0	0
169.	1972		□□□□□□□ □□□	ation))		0)	0	0		0	0	0	0	0
170.	2013		□□□□□□ □□))		0)	0	0		0	0	0	0	0
171.	2085		□□□	n body))		0)	0	0		0	0	0	0	0
172.	2170	1	□□□□□□ □□	ty)	1	5	51)	7	64	28	64	29	15	16	251
173.	2172	3	□□□□□□□ □□□	sis))		0)	0	0		0	0	0	0	0
174.	2173	4	□□□□□	lmia neonatarum))		0)	0	0		0	0	0	0	0
175.	2177	7	□□-□□□□	in walking))		0)	0	0		0	0	0	0	0
176.	2178	8	□□□□□□ □□	gastroenteritis (pediatric)))		0)	0	0		0	0	0	0	0
177.	2164	7	□□□□□	tis))		0)	0	0		0	0	0	0	0
178.	2184		□□□/□□□ □□□□□ □□	infestation))		3)	0	0		1	0	4	1	5
179.	2250		□□	callosity))		1)	0	0		0	0	1	0	1
180.	2251		□□□	ychia))		2)	2	0		2	0	4	1	5
181.	2255		□□□□□□□	prolapse))		1)	0	0		2	0	3	0	3
182.	2256		□□□□□□))		0)	0	0		0	0	0	0	0
183.	2266		□□□□□□□	psis))		0)	0	0		0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□□□															
184.	2278		□□	gram-spots	0	0		0	0	0	0		0	0	0	0	0	0
185.	2280		□□□□□□ □□ (□□□□□□ □□□□)	es	0	3		9	3	24	2		24	2	33	5	58	
186	2284		□□□□□□ □□□□	cia	0	1		2	3	29	34		29	35	41	8	89	
187	2287		□□□□□□	patches on face / melasma	3	5		4	5	2	7		2	7	6	3	19	
188	2243		□□□□□□	ons on head having multiple openings/ furunculosis	3	0		4	0	3	0		3	0	7	0	7	
189	1519		□□□□□□ □□	al agitation	0	3		9	3	52	39		52	39	51	2	103	
190	652	0.16	□□□□□□□;	lgia	4	5		4	5	91	03		91	03	35	28	363	
191	1350		□□- □□□□□□ □□	ological disorder	0	1		0	1	0	4		0	4	0	5	5	
192	45	29	□□□□□□□□	ation	0	2		0	3	9	5		0	5	30	8	38	
193	42	26	□□□	e without physical exertion	3	0		1	0	7	4		7	4	8	4	12	
194	240	8	□□□□□□□□	tension	3	0		3	0	22	33		22	33	65	3	208	
GRAND TOTAL					79	78	0	7	019	05	119	030	0	49	038	168	433	4601

21) JNU common diseases with National Ayurveda Morbidity Codes

S.No.	NAM C ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated			Grand Total (M+F)
					New	Follow up	Total	

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

					Adult		Child		Total		Adult		Child		Total		M	F	
					M	F	M	F	M	F	M	F	M	F					
1	47	AC-12	श्लेष्म/वात	Distension/tympanites/meteorism or painful	1	0	0	0	1	0	2	0	0	0	2	0	3	2	5
2	983	C-12.4	श्लेष्म	Chronic constipation	75	0	0	0	75	0	60	5	0	0	60	5	35	5	180
3	52	AC-15	श्लेष्म	Paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	54	AC-17	श्लेष्म	Synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	32	S	श्लेष्म	Ulcerative colitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	57	AC-20	श्लेष्म	Diarrhea	2	2	0	0	2	2	8	5	0	0	8	5	20	27	47
7	63	AC-24	श्लेष्म/वात	Paralysis/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	66	C-24.2	श्लेष्म	Paralysis in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	34	AC-3	श्लेष्म	Pharyngitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	72	AC-30	श्लेष्म (श्लेष्म)	Deafness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1
11	74	AC-32	तदभः	Stiff neck/ torticollis/spasmodic	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	77	AC-35	ची	Cervical neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	79	AC-37	दृष्टः	Head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	35	AC-4	तः	Paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	39	AC-6	शोषः	Osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16	41	AC-8	हुकः	Pain in shoulder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	42	AC-9	तदभः	Stiff neck	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	48	AE-16	वातः	Knee arthritis	73	04	0	0	73	04	75	10	0	0	75	10	48	44	392
19	62	BB-1	लकः	Red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	85	BB-24	श्लेष्म	Burning sensation	8	3	0	0	8	3	2	6	0	0	2	6	20	24	44
21	87	BB-26	श्लेष्म	Pre-mature graying of hair	0	2	0	0	0	2	0	0	0	0	0	0	2	2	2
22	48	CB-23	मांसदयम्	Indigestion / loss of appetite	6	5	0	0	6	5	29	3	0	0	29	3	15	9	64
23	10	A-3.1	वृद्धयः	Amenorrhea/hypomenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	4	4	4
24	13	A-4.1	दृष्टयः	Galactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25	20	BI	कामा	Emptiness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26	71	EA-2	ग	Regurgitation/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27	80	EA-3	ग	Cough / tussis	26	7	0	0	29	7	68	3	0	0	77	4	06	74	300

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

28	00	EA-5	दः	tonia	0	0	0	0	0	0	0	0	0	0	0
29	11	EA-6	तः/ हतहीण	ic trauma	0	0	0	0	0	0	0	0	0	0	0
30	33	B-10		cy pain/abdominal colic	3	2	3	2	9	2	9	2	2	4	56
31	43	-10.10	मशूलः	enal ulcer	0	0	0	0	0	0	0	0	0	0	0
32	47	-10.11	वशूलः	e ulcer	0	0	0	0	0	0	0	0	0	0	0
33	50	-10.14	ूलः	algia/precordial pain	0	0	0	0	0	0	0	0	0	0	0
34	51	-10.15	शूलः	pain	0	0	0	0	0	0	0	0	0	0	0
35	56	B-11	तः	opation	0	0	0	0	0	0	0	0	0	0	0
36	76	B-12	तिका	algia	6	5	6	5	2	3	2	3	8	9	17
37	15	EB-2	ारः	oeca	7	2	7	2	8	1	8	1	5	3	18
38	26	B-2.10	तसारः	oeca associated with blood	0	0	0	0	0	0	0	0	0	0	0
39	24	B-2.8	तसारः	age of अतिसार	0	0	0	0	0	0	0	0	0	0	0
40	25	B-2.9	तसारः	oeca associated with fever	0	0	0	0	0	0	0	0	0	0	0
41	36	EB-3		estion	35	8	36	8	34	1	34	1	30	39	129
42	43	B-3.7	वका	gastroenteritis	0	0	0	0	0	0	0	0	0	0	0
43	58	EB-4	पाम्	acidity	51	8	51	8	41	3	41	3	2	1	133
44	86	EB-6	ः	ing/emesis	0	0	0	0	0	0	0	0	0	0	0
45	01	EB-7		lers of lower gastro-intestinal tract	8	2	8	2	1	2	1	2	9	4	23
46	11	EB-8			0	0	0	0	0	0	0	0	0	0	0
47	28	EB-9	इका	tery	0	0	0	0	0	0	0	0	0	0	0
48	81	EC-2	तः	disease	1	2	1	2	9	1	9	1	10	3	33
49	89	EC-3		/ pyrexia	7	4	7	4	5	2	5	2	2	6	28
50	61	D-3.10	विरः	mittent pyrexia	0	0	0	0	0	0	0	0	0	0	0
51	91	D-3.21	तक-विरः	ing fever	0	0	0	0	0	0	0	0	0	0	0
52	12	EC-5	रोगः	nia	0	3	0	3	0	5	0	5	0	9	9
53	23	EC-6	गतः	natism due to आम	5	8	5	8	8	6	8	6	3	4	57
54	28	EC-7	वः	xia	0	0	0	0	0	0	0	0	0	0	0
55	97	D-10	तः	belas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

56	013	D-11	गा:	lis	0	0	0	0	0	0	0	0	0	0	
57	017	D-12	शेदर:	omegaly	0	0	0	0	0	0	0	0	0	0	
58	024	D-13	द:	sis	0	0	0	0	0	0	0	0	0	0	
59	029	D-14	मजम्	ria with vata predominance	2	2	2	2	0	1	0	1	2	3	15
60	031	D-15	ो:	ria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0
61	033	D-16	र:	a-in-ano	0	0	0	0	0	0	0	0	0	0	0
62	38	D-2.2	ो:	is	0	0	0	0	0	0	0	0	8	28	
63	50	D-2.8	नाश: / अनिशा	f sleep (insomnia)	2	7	2	7	5	5	5	5	7	3	40
64	74	ED-3	गा	ice	3	2	3	2	1	5	1	5	4	7	11
65	83	ED-4	म	imentary disease	2	2	2	2	4	2	4	2	6	4	20
66	05	D-4.3.10	वाका	czema	1	0	1	0	0	0	0	0	1	1	2
67	97	D-4.3.3	भ:	asis	0	0	0	0	0	0	0	0	0	0	0
68	98	D-4.3.4	दका	s in palms and soles	2	2	2	2	0	0	0	0	2	3	5
69	00	D-4.3.6	कु र्ठ:	orm / tinea	9	0	9	0	2	5	2	5	1	5	17
70	02	D-4.3.8		es	0	0	0	0	0	0	0	0	0	0	0
71	019	ED-5	ो:	to /leucoderma	2	0	2	0	1	0	1	0	3	8	11
72	979	D-6.10	ातका	es	0	0	0	0	0	0	0	0	0	0	0
73	42	D-6.8	सूरका	en pox	0	0	0	0	0	0	0	0	0	0	0
74	44	ED-7	मजम्		0	0	0	0	0	0	0	0	0	0	0
75	56	ED-8	रतम	natism due to ररत	0	0	0	0	4	0	4	0	4	0	4
76	72	ED-9	ै:	ss	2	5	2	5	5	1	5	1	7	4	11
77	064	EE-2	ै:		0	0	0	0	0	0	0	0	0	0	0
78	074	EE-3	ो:	orrhoids	9	8	9	8	7	7	7	7	6	5	131
79	095	EE-4	ै:		4	5	4	5	22	2	22	2	26	7	33
80	139	F-2.4.4	ै:	tes mellitus	8	5	8	5	56	5	56	5	14	30	194
81	161	EF-3	ग:	ty	4	2	4	2	2	2	2	2	6	4	10
82	163	EF-4	ग	on	0	0	0	0	0	0	0	0	0	0	0
83	173	EI-2	मम्	infertility	0	0	0	0	1	0	1	0	1	0	1
84	244	I-6.8	वदध:	a	0	0	0	0	0	0	0	0	1	1	1
85	245	I-6.9	-वदध:	l swelling	0	0	0	0	0	0	0	0	0	0	0
86	248	EJ-2	रक	sis/uroolithiasis/neph rolithiasis	3	5	3	5	5	2	5	2	8	7	15
87	258	EJ-3	यात:	ry retention	2	1	2	1	25	5	25	5	7	6	53

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

88	266	J-3.6	ठडला	atic enlargement	1	0			1	0	0	0			0	0	1	0	1
89	278	EJ-4	धुंम	ia	1	5			1	5	3	2			3	2	4	8	22
90	291	EK-2		ypsia	0	0			0	0	0	0			0	0	0	0	0
91	304	EK-3	शोधः/शोफः	na/inflammation	6	3			6	3	6	5			6	5	2	8	70
92	319	K-3.15	मूलशोधः	ps	0	0			0	0	0	0			0	0	0	0	0
93	337	K-4.6	दायुदरः	omegaly	8	2			8	2	1	0			1	0	9	2	21
94	338	K-4.7	दोदरः	inal obstruction	0	0			0	0	0	0			0	0	0	0	0
95	339	K-4.8	दरः / दोदरम्	inal perforation	0	0			0	0	0	0			0	0	0	0	0
96	340	K-4.9	रः	s	0	0			0	0	0	0			0	0	0	0	0
97	360	L-2.10	तनी	ennorrhoea	0	0			0	0	0	0			0	0	0	0	0
98	362	L-2.12	नी/पुहुंनी	ial abortion	0	0			0	0	0	0			0	0	0	0	0
99	366	L-2.16	सुता	vaginitis	0	0			0	0	0	0			0	0	0	0	0
100	370	L-2.20	निः / निवता	vaginal prolapse/procidentia	0	0			0	0	0	0			0	0	0	0	0
101	374	L-2.24	नि	e infertility	0	0			0	0	0	0			0	0	0	0	0
102	377	L-2.27	दः	al cyst / bartholin's cyst	0	0			0	0	0	0			0	0	0	0	0
103	382	L-2.28	अशः	al polyp	0	0			0	0	0	0			0	0	0	0	0
104	359	L-2.9	का	orrhoea	0	0			0	0	0	0			0	0	0	0	0
105	392	EL-4	दरः/असदरः	rrhagia / metrorrhagia /	0	0			0	0	0	0			0	0	0	0	0
106	398	EL-5	दरः	rrhoea	0	3			0	3	0	1			0	1	0	4	4
107	402	L-7.1	ावः	rrriage-before fourth month	0	0			0	0	0	0			0	0	0	0	0
108	403	L-7.2	ातः	rrriage-after fourth month	0	0			0	0	0	0			0	0	0	0	0
109	412	EL-8	भाः	mal foetal presentation	0	0			0	0	0	0			0	0	0	0	0
110	419	EL-9	गरोगः	erial disorder	0	0			0	0	0	0			0	0	0	0	0
111	521	M-11		ness / dizziness / vertigo	2	0			2	0	0	0			0	0	2	0	2
112	423	EM-2	दः	osis/insanity	0	0			0	0	0	0			0	0	0	0	0
113	457	EM-3	मारः	psy	0	0			0	0	0	0			0	0	0	0	0
114	466	EM-5	ययः	ol abuse	0	0			0	0	0	0			0	0	0	0	0
115	479	EM-6		ecation due to drugs (other than alcohol)	0	0			0	0	0	0			0	0	0	0	0
116	491	EM-7	नि	pe/fainting	0	0			0	0	0	0			0	0	0	0	0
117	522	F	मूल / शिरोवक्	che/cephalgia/ceph alalgia	3	5			3	5	7	6			7	6	20	1	61
118	532	F-10	कः	oral cephalalgia	0	0			0	0	0	0			0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

119	529	F-7	वातः	inial neuralgia	0	0	0	0	0	0	0	0	0	0	0
120	530	F-8	श्लेष्मिकः	erania	0	0	0	0	0	0	0	0	0	0	0
121	531	F-9	प्रतः	ine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0
122	543	FA-3	श्याम्	ess / alopecia totalis	33	1	33	1	29	0	29	0	52	51	123
123	548	FA-4	कः	asis capitis	0	0	0	0	0	0	0	0	0	0	0
124	565	GB	लरोगः	disorders	0	0	0	0	0	0	0	0	0	0	0
125	571	GB-6	हः	ing gums	0	0	0	0	0	0	0	0	0	0	0
126	583	GC	तरोगः	disorders	0	0	0	0	0	0	0	0	0	0	0
127	586	GC-3	षः	aesthesia teeth	0	0	0	0	0	0	0	0	0	0	0
128	601	GD-5	श्लेष्मिका	a	0	0	0	0	0	0	0	0	0	0	0
129	616	GF	रोगः	disorders	1	0	1	0	0	0	0	0	1	0	1
130	617	GF-1	नी	heria	0	0	0	0	0	0	0	0	0	0	0
131	637	FF-14	नी	cal and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0
132	641	FF-17	माला	ala	0	0	0	0	0	0	0	0	0	0	0
133	643	FF-19	डः		0	0	0	0	0	0	0	0	0	0	0
134	649	GG	कः	titis	8	5	8	5	9	5	9	5	27	1	38
135	662	H	गः/नेत्ररोगः	almic diseases/ eye diseases	9	3	2	3	1	0	2	0	4	3	27
136	679	HA-2	हः	nal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0
137	689	HB	रोगः	l disorders	0	0	0	0	0	0	0	0	0	0	0
138	708	IB-19		zion	0	0	0	0	0	0	0	0	0	0	0
139	691	IB-2	नीका		0	0	0	0	0	0	0	0	0	0	0
140	692	IB-3	नीका	oma	0	0	0	0	0	0	0	0	0	0	0
141	720	ID-1	र-अम्	gium	0	0	0	0	0	0	0	0	0	0	0
142	740	IF-1	यदः	nctivitis	0	0	0	0	0	0	0	0	0	0	0
143	745	IF-2	थः	oma	0	0	0	0	0	0	0	0	0	0	0
144	754	IF-7	दृष्टिपाकः	thalmia	0	0	0	0	0	0	0	0	0	0	0
145	761	IG-1	हः	l or total blindness/amaurosis/ame	0	0	0	0	0	0	0	0	0	0	0
146	807	IG-10	श्लेष्मिक	topathy	0	0	0	0	0	0	0	0	0	0	0
147	778	IG-2		rate low vision	0	0	0	0	0	0	0	0	0	0	0
148	785	IG-3	नाशः	lete blindness	0	0	0	0	0	0	0	0	0	0	0
149	813	I	रोगः	diseases	0	0	0	0	0	0	0	0	0	0	0
150	814	I-1	यायः/पीनसः	is	29	6	29	6	28	0	28	0	27	26	93
151	852	I-15	त-रत्तफणम्	xis	0	0	0	0	0	0	0	0	0	0	0

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

152	853	I-16	श्लेष्मिक:	polyp	0	0	0	0	0	0	0	0	0	0	0
153	832	I-6	सर्जित:	ic rhinitis	0	0	0	0	0	0	0	0	0	0	0
154	860	J	रोग:	seases	0	0	0	0	0	0	0	0	0	0	0
155	870	J-10	माक:	runculosis	0	0	0	0	0	0	0	0	0	0	0
156	880	J-14	जाव:	toea	0	0	0	0	0	0	0	0	0	0	0
157	896	J-19	गाम्:	ess	0	0	0	0	0	0	0	0	0	0	0
158	897	J-20	शूल:	he/otalgia	0	0	0	0	0	0	0	0	1	1	1
159	869	J-9	नाद:	us	0	0	0	0	0	0	0	0	0	0	0
160	913	K		ds	1	0	1	0	0	0	0	1	0	1	1
161	961	K-14	ण:	/sinus wound	0	0	0	0	0	0	0	0	0	0	0
162	914	KA	क:	omatary swelling	0	0	0	0	0	0	0	0	0	0	0
163	971	LA	(अिथभेिन):	re	0	0	0	0	0	0	0	0	0	0	0
164	972	LA-1	मुरतम्	ration	0	0	0	0	0	0	0	0	0	0	0
165	013	LB-1	दधेध:		0	0	0	0	0	0	0	0	0	0	0
166	085	LE		n body	0	0	0	0	0	0	0	0	0	0	0
167	170	ID-11	यम्	ty	50	6	51	6	54	0	54	0	05	56	171
168	172	ID-13	मुहता	sis	0	0	0	0	0	0	0	0	0	0	0
169	173	ID-14	णक:	lmia neonatarum	0	0	0	0	0	0	0	0	0	0	0
170	177	ID-17	रोग:	in walking	0	0	0	0	0	0	0	0	0	0	0
171	178	ID-18	लसक:	gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0
172	164	ID-7	क:	tis	0	0	0	0	0	0	0	0	0	0	0
173	184	N	/साजातकृ म	infestation	0	0	0	0	0	0	0	0	0	0	0
174	250	O-14		callosity	0	0	0	0	0	0	0	0	0	0	0
175	251	O-15	वै:	ychia	0	0	0	0	0	0	0	0	0	0	10
176	255	O-18	श:	prolapse	0	0	0	0	0	0	0	0	0	0	0
177	256	O-19	वाल:		0	0	0	0	0	0	0	0	0	0	0
178	266	O-25	धमिकश:	osis	0	0	0	0	0	0	0	0	0	0	0
179	278	O-33	:	gram-spots	0	0	0	0	0	0	0	0	0	0	0
180	280	O-35	पडका(मुखदाषका)	es	20	5	20	5	2	7	2	7	2	2	54
181	284	O-39	उत:	cia	0	0	0	0	0	0	0	0	0	0	0
182	287	O-42	:	patches on face / melasma	2	3	2	3	3	5	3	5	5	9	14
183	243	O-7	षका	ons on head having multiple	0	0	0	0	0	0	0	0	0	0	0
184	110	EF-2		tes mellitus	9	3	0	3	9	6	9	6	9	4	53
185	4	AA	गाध:	lers due to vāta	57	3	2	7	26	1	26	1	58	58	156

Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24

186	324	EK-4	उदररोगः	s	4	1			5	4	2	0		2	0	7	4	61
187	389	EA-4		roea	7	3			7	3	36	5		36	5	3	8	71
188	49	AB-33	स्तदभः (के वलवात)	stiffness/torticollis/spasm	0	0			0	0	0	0		0	0	0	0	0
189	383	EL-3	वदोषः/आत[वदिट्टः/ रजोदोषः	ruar disorders	0	4			0	4	0	9		0	9	0	3	33
190	605	GE-2	हः	spasm	0	0			0	0	0	0		0	0	0	0	0
191	72	AB-55	लः (के वलवात)	ain (due only to vātadōṣa)	0	0			0	0	4	0		4	0	4	0	4
192	94	A-4.5	वासः	sorder is characterized by pīnasam	0	0			0	0	0	0		0	0	0	0	0
193	399	EL-6	गीरोगः	ric diseases and conditions	0	0			0	0	0	0		0	0	0	0	0
194	421	EM	होतोवकारः	lders of manōvahasrōtas	1	0			2	1	1	0		2	0	4	1	5
195	573	E-10	तension(BP)		6	3			6	3	1	1		1	1	7	4	21
196	118	F-2.2.6	हः	sorder is characterized by	1	0			1	0	0	0		0	0	1	0	1
197	081	E-3.7	न-अशः	sorder is characterized by	0	0			0	0	0	0		0	0	0	0	0
198	606	GE-3	डके रक	sorder is characterized by sthūla	0	0			0	0	0	0		0	0	0	0	0
199	55	AB-39	दः (के वलवात)	ing pain of knees (due only to vātadōṣa)	2	2			2	2	0	1		0	1	2	3	5
200	67	E-166	cos Vain) रसराः Eंध		4	7			4	7	0	2		0	2	4	9	23
201	236	EI-6		a, hydrocele	1	0			1	0	6	1		6	1	7	1	8
202	385	L-3.2	/आत[वदिट्टः	sorder is characterized by dōṣa	2	6			2	6	7	2		7	2	9	8	37
203	19	AB-3	दः (के वलवात)	alized body ache (due only to vātadōṣa)	1	0			1	0	0	0		0	0	1	0	1
204	888	VA	तः	ic constitution	0	0			0	0	0	0		0	0	0	0	0
205	94	D-4.3	कूठम्	r skin diseases	0	0			0	0	0	0		0	0	0	0	0
206	706	IB-17		ng eyes	0	0			0	0	0	0		0	0	0	0	0
207	001	D-4.3.7	ल-कु कूठः	adala-kuShThaH	0	0			0	0	0	0		0	0	0	0	0
208	08	AB-91	ः/दकन्ता (केवलवात)	ssion/apathy (due only to vātadōṣa)	0	0			0	0	0	0		0	0	0	0	0
209	06	BG	षतयम्		0	0			0	0	0	0		0	0	0	0	0
210	43	AE-11	गतवातः	vation of vāta in asthi	0	0			0	0	0	0		0	0	0	0	0
211	310	D-51	यम्	ss/lethargy (due to kaphadōṣa and other	2	0			2	0	0	0		0	0	2	0	2

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

		New						Old						Grand Total	
		Adult		Child		Total		Adult		Child		Total		M	F
		M	F	M	F	M	F	M	F	M	F	M	F		
1	18 th Feb 2017- March 2018	1252	1194	114	80	1366	1274	1230	1078	98	68	1328	1146	2694	2420
2	2018-19	1168	1098	73	75	1241	1173	1466	1377	97	79	1563	1456	2804	2629
3	2019-20	1018	1029	85	95	1103	1124	1305	1216	98	60	1403	1276	2506	2400
4	2020-21	235	270	11	13	246	283	245	210	5	5	250	215	496	498
5	2021-22	485	458	35	14	520	472	670	487	49	14	719	501	1239	973
6	2022-23	722	758	50	31	772	789	908	827	67	52	975	879	1747	1668

23) Statement of patients attended OPD/IPD during the reporting period

S. No.	NAM C ID	NAMC Code	NAMC Name	Short_definition	No. of patients treated												Total		Grand Total (M+F)
					New						Old						M	F	
					Adult		Child		Total		Adult		Child		Total				
M	F	M	F	M	F	M	F	M	F	M	F	M	F						
1			अक्षिरोगः	alamic diseases	31	41	3		4	15	29	24	31		60	24	84	69	173
2			हः	nal chalazion/lacrymal cyst	0	1	0		0	3	0	0	0		0	0	0	3	3
3			ोगः	l disorders	0	0	0		0	0	0	0	0		0	0	0	0	0
4	9			zion	0	0	0		0	0	0	0	0		0	0	0	0	0
5			का		0	0	0		0	0	0	0	0		0	0	0	0	0
6			पन्दः	inctivitis	07	24	4		21	32	10	04	12		22	04	43	36	479
7			न्यः	oma	11	36	0		11	36	22	23	0		22	23	33	39	122
8			क्षिपाकः	thalmia	21	97	0		21	97	97	89	0		97	89	18	86	604
9				l or total blindness/amaurosis/ametropia /partial obstruction of vision	83	05	2	9	55	64	64	79	88		152	64	207	228	3635
10	0		न्धम्	lopathy	4	2	0		4	2	2	2	0		2	2	6	4	10
11				rate low vision	26	14	2		28	14	10	38	1		41	38	39	32	151
12			शः	lete blindness	9	7	1		10	8	23	9	3		26	0	36	8	54
Total					222	257	02	4	24	331	287	268	35	5	222	354	346	385	5231

24) Kriva kalpas

S.No	Shalaky Kriya Kalpas Total	Total
1	Nasyam	2200
2	Netradhara	0
3	Bidalaka	69

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

4	Tharpanam	1574
5	Siropichu	568
6	Karan Purnam	144
7	AnFebam	0
8	Anjanam	0
9	Karn Dhupam	23
10	sek	4
11	sirovasti	10
Total		4592

25) Arthritis OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	823	EC-6	□□□□□□	rheumatism due to □□	30	72	0	0	30	72	38	176	0	0	38	176	68	248	316
2	5470 (ICD-10)	M54-5 (ICD-10)	□□□□□□	Lumbago	24	50	0	0	24	50	18	50	0	0	18	50	42	100	142
3	956	ED-8	□□□□□□□□	rheumatism due to □□□□	0	0	0	0	0	0	4	4	0	0	4	4	4	4	8
4	189	AA4	□□□□□□□□	□□□□□□□□	60	94	2	0	62	94	44	124	0	0	44	124	106	218	324
5	163	AAC-24	□□□□□□□□/□□□□□□	hemiplegia/hemiparesis	4	2	0	0	4	2	4	2	0	0	4	2	8	4	12
6	157	AAC-20	□□□□□□	sciatica	6	18	0	0	6	18	4	42	0	0	4	42	10	60	70
7	49	AAB-33	□□□□□□□□□□ (□□□□□□)	neck torticollis (due only to vātadōṣa)	2	2	0	0	2	2	4	6	0	0	4	6	6	8	14

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

8	652	EB-10.16	□□□□□□□□/	sacralgia	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
9	141	AAC-8	□□□□□□□□	frozen shoulder	4	12	0	0	4	12	4	6	0	0	4	6	8	18	26
10	248	AAE-16	□□□□□□□□	osteo-arthritis	156	304	0	0	156	304	258	490	0	0	258	490	414	794	208
Total					286	554	2	0	288	554	380	900	0	0	380	900	668	1454	122

26) ENT OPD

S. No.	NAMC ID	NAMC Code	NAMC Name	Short definition	No. of patients treated												Grand Total (M+F)		
					New						Follow up							Total	
					Adult		Child		Total		Adult		Child		Total			Total	
					M	F	M	F	M	F	M	F	M	F	M	F		M	F
1	174	AC-32	□□□□□□□□ □□□□	neck/ torticollis /spasmodic torticollois	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
2	179	AC-37	□□□□□□□□	and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	135	AC-4	□□□□□□	paralysis	2	0	0	0	2	0	0	0	0	0	0	2	0	2	0
4	248	AE-16	□□□□□□□□	-arthritis	1	1	0	0	1	1	3	6	0	0	3	6	12	20	32
5	287	BB-26	□□□□□□	ature graying of hair	0	2	0	0	0	2	0	0	0	0	0	2	0	4	4
6	471	EA-2	□□□□□□	p/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	480	EA-3	□□	n / tussis	2	4	0	0	2	6	4	0	0	0	4	0	16	16	92
8	500	EA-5	□□□□□□□□	honia	2	1	2	0	4	1	8	0	0	0	8	0	12	24	66
9	536	EB-3	□□□□□□□□	estion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	944	ED-7	□□□□□□□□ □□		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	1064	EE-2	□□□□□□	r	2	0	0	0	2	0	2	0	0	2	0	4	0	4	0
12	1095	EE-4	□□□□□□□□		2	5	0	0	2	5	5	6	0	0	5	6	8	22	30
13	1304	EK-3	□□□□□□/□□ □□/□□□□	na/inflammation	5	6	0	0	5	6	0	8	0	0	0	8	26	34	60
14	1319	K-3.15	□□□□□□□□ □□	ps	2	0	0	0	2	0	0	0	0	0	0	2	0	2	0
15	1521	EM-11	□□□	ness/dizziness / vertigo	2	2	0	0	2	2	3	4	0	0	3	4	10	16	26

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

16	1522	F	□□□□□ / □□□□□□ □□	ache/cephalgia/cephalalgia	2	0	0	2	0	3	0	0	3	0	10	70	80	
17	1532	F-10	□□□□	oral cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	
18	1529	F-7	□□□□□□□	iminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	
19	1530	F-8	□□□□□□□ □□	crania	2	0	0	2	0	0	2	0	0	2	12	42	54	
20	1531	F-9	□□□□□□□ □□	ine induced cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	
21	1543	FA-3	□□□□□□	ess / alopecia totalis	2	4	0	2	4	2	5	0	2	5	4	10	14	
22	1548	FA-4	□□□□□	asis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	
23	1565	GB	□□□□□□□ □□	disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	
24	1583	GC	□□□□□□	disorders	0	4	0	0	4	2	4	0	2	4	2	8	10	
25	1601	GD-5	□□□□□□ □□	a	0	0	0	0	0	0	0	0	0	0	0	0	0	
26	1604	GE-1	□□□□□□ □□	tis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	
27	1616	GF	□□□□□□	t disorders	4	5	2	6	5	8	8	0	8	8	54	24	88	
28	1617	GF-1	□□□□	heria	0	0	0	0	0	0	0	0	0	0	0	0	0	
29	1637	GF-14	□□	cal and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	
30	1641	GF-17	□□□□□□	ula	0	0	0	0	0	0	0	0	0	0	0	0	0	
31	1643	GF-19	□□□□□	r	0	4	0	0	4	8	4	0	8	4	18	18	36	
32	1649	GG	□□□□□	atitis	4	3	0	4	3	2	2	0	2	2	6	30	36	
33	1813	I	□□□□□□	diseases	2	0	0	2	0	6	4	0	6	4	28	14	42	
34	1814	I-1	□□□□□□□ □□ /□□□□□	is	0	14	0	0	0	24	26	0	4	30	0	20	14	534
35	1852	I-15	□□□□- □□□□□□ □□□□□	axis	0	0	2	2	0	2	0	0	2	0	4	0	4	
36	1853	I-16	□□□□□□	polyp	0	0	0	0	0	4	0	0	4	0	14	20	34	
37	1832	I-6	□□□□	ic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	
38	1860	J	□□□□□□	iseases	6	4	0	6	4	6	2	2	8	2	34	6	40	
39	1870	J-10	□□□□□□	runculosis	0	0	0	0	0	0	2	0	0	2	0	2	2	

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

40	1880	J-14	□□- □□□□□□	noea	4	8	2		6	0	6	6	0		6	6	12	36	128
41	1896	J-19	□□□□□□□	ness	4	6	0		4	6	52	2	0		52	4	16	90	306
42	1897	J-20	□□□□□□	he/otalgia	2	4	8		0	4	6	2	4		0	4	70	58	128
43	1869	J-9	□□-□□□□	us	2	0	0		2	0	0	6	0		0	6	12	56	108
44	1913	K	□□□	ds	0	0	0		0	0	0	0	0		0	0	0	0	0
45	2284	O-39	□□□□□□ □□□□	cia	0	0	0		0	0	0	0	0		0	0	0	0	0
46	4	AA	□□□□□ □□□	ders due to vāta	0	4	0		0	4	3	2	0		3	2	8	16	24
47	1324	EK-4	□/□□□□□ □□	es	0	0	0		0	0	0	0	0		0	0	0	0	0
48	49	AB-33	□□□□□□□ □□□□ (□□□□□□ □)	stiffness	0	2	0		0	2	0	0	0		0	0	0	2	2
49	1605	GE-2	□□□□□	t spasm	0	0	0		0	0	0	0	0		0	0	0	0	0
50	494	LA-4.5	□□□□□□□		2	0	0		2	0	0	4	0		0	4	12	24	36
51	1606	GE-3	□□□□□□ □□	y	0	5	2		2	3	2	0	8		0	2	52	10	62
52	163	AC-24	□□□□□□□/ □□□□□ □□	plegia/hemiparesis	0	0	0		0	0	0	0	0		0	0	0	0	0
53	558	EB-4	□□□□□□□ □□	racidity	0	0	0		0	0	0	0	0		0	0	0	0	0
54	1871	J-11	□□- □□□□□ □□□□	anic perforation	0	2	0		0	2	0	5	0		0	5	0	8	8
55	1383	EL-3	□□□□□□□/ □□□□□ □□□□ □□□/□□□ □□□□	trual disorders	0	2	0		0	2	0	0	0		0	0	0	2	2
56	838	D-2.2	□□□□	is	0	2	0		0	2	2	0	0		2	0	2	2	4
57	1074	EE-3	□□□	orrhoids	0	0	0		0	0	0	0	0		0	0	0	0	0
58	2184	N	□□□/□□□ □□□□□	infestation	0	0	0		0	0	0	0	0		0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

			□□																
59	2280	O-35	□□□□□□ □□(□□□ □□□□□□)	les))	0))))	0))	0	0	0		
60	1596	GD	□□□□□□ □□□□	te diseases))	0))	2)	0	2)	2	0	2		
61	173	-31	□□□□□□	voice	20	50	8	28	56	34	72	4	38	78	16	44	560		
Grand Total					50	38	16	2	36	50	22	58	12	4	44	72	130	132	862

27) Bal roga OPD

S. No.	NAM C ID	NAMC Code	NAMC_Name	Short_definition	Number of Pediatric patients treated						Grand total
					New		Follow up		Total		
					Male child	Female child	Male child	Female child	Male child	Female child	
1	689	EC-3	Jvarah	fever / pyrexia	19	23	23	28	42	51	93
2	1583	GC	Dantaroga	tooth disorders	3	0	5	1	8	1	9
3	480	EA-3	Kasa	cough / tussis	15	18	23	29	38	47	85
4	883	ED-4	Kushta	Integumentary disease	19	23	30	37	49	60	109
5	2284	O-39	Indralupta	Alopecia	2	6	6	9	8	15	23
6	348	ACB-23	Agnimandya	Impaired digestion /Loss of appetite	4	2	8	6	12	8	20
7	166	AAC-24.2	Bala pakshaghata	Hemiplegia in children	0	0	0	0	0	0	0
8	919	ED-5	Shwitra	Vitiligo/Leukoderma	13	13	22	52	35	65	100
9	172	AAC-30	Pangu	Lameness (Bilateral)	11	9	23	21	34	30	64
10	2983	AAC-12.4	Vibandha	Simple constipation	16	5	23	23	39	28	67
11	1029	ED-14	Sheetapitta	Urticaria with vata predominance	0	1	0	3	0	4	4
12	515	EB-2	Atisara	Diarrhoea	6	2	3	5	9	7	16
13	1961	K-14	Nadivrana	Fistula/Sinus wound	0	0	0	0	0	0	0
14	812	EC-5	Panduroga	anaemia	1	1	0	2	1	3	4
15	2266	OC-25	Nirudhaprakasa	Phimosis	0	0	0	0	0	0	0
16	633	EB-10	Shula	Colicky abdominal pain	1	4	7	3	8	7	15
17	2255	O-18	Gudabhramsa	Rectal prolapse	0	0	0	0	0	0	0
18	2170	MD-11	Daurbalya	Weakness	26	23	56	46	82	69	151
19	72	AAB-55	Padashula	Leg pain	0	0	0	0	0	0	0
20	1161	EF-3	Medoroga	Obesity	0	0	0	0	0	0	0
21	287	ABB-26	Palitya	Premature greying of	2	7	6	4	8	11	19

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

22	1304	EK-3	Sopham	hairs Oedema/ inflammation	0	1	0	0	0	1	1
23	900	ED-4.3.8	Dadru kushta	Ring worm/Tinea	0	0	0	0	0	0	0
24	1421	EM	Manovahasroto vikara	Disorders of manovaha srotas	0	0	2	3	2	3	5
25	2177	MD-17	Phakka roga	Delayed walking	4	4	0	6	4	10	14
26	489	EA-4	Swasa	Dyspnoea	18	21	47	27	65	48	113
27	1521	EM-11	Bhrama	Giddiness	0	0	0	0	0	0	0
28	1258	EJ-3	Mutrghat	Obstructed micturition	6	3	26	5	32	8	40
29	4	AA	Vatavyadhi	Disorders due to vata	41	34	82	75	123	109	232
30	1897	J-20	Karnashula	Ear ache	0	0	3	2	3	2	5
31	2184	N	Krimi	Worm infestation	17	9	33	22	50	31	81
32	1880	J-14	Karnasrava	Otorrhoea	0	0	0	0	0	0	0
33	1814	I-I	Pratisyaya	Rhinitis	8	5	9	8	17	13	30
34	1457	EM-3	Apasmara	Epilepsy	6	0	4	0	10	0	10
35	1423	EM-2	Unmada	Psychosis/Insanity	3	3	11	5	14	8	22
36	2172	MD-13	Sayyamutra	Enuresis	1	0	0	3	1	3	4
37	1530	F-8	Ardhavabhedaka	Hemicrania	1	0	0	0	1	0	1
38	1913	K	Vrana	wounds	0	1	0	0	0	1	1
39	1248	EJ-2	Asmari	urolithiasis	2	0	9	0	11	0	11
40	676	EB-12	Parikartika	Fissure in ano	0	0	0	0	0	0	0
41	326	ACB-1	Sthaulyam	Obesity	1	0	0	0	1	0	1
42	905	ED-4.3.10	Vicarchika	wet eczema	0	0	0	0	0	0	0
43	1649	GG	mukhapaka	Stomatitis	0	0	0	0	0	0	0
44	1095	EE-4	Granthi	cyst	18	8	39	21	57	29	86
45	897	ED-4.3.3	Kitibha	Psoriasis	1	1	0	0	1	1	2
46	1522	F	Sirashul	Head ache	12	4	30	28	42	32	74
47	154	AAC-17	Kroshtuka sirsham	Knee synovitis	0	0	0	0	0	0	0
48	997	ED-10	visarpa	acute spreading eruptions	0	0	0	0	0	0	0
49	1662	H	Akshiroga	Eye diseases	7	1	33	3	40	4	44
50	601	EB-7	Grahani	Disorders of lower gastro intestinal tract	32	32	78	47	110	79	189
51	2280	O-35	Mukhadooshika	Pimples	0	1	2	1	2	2	4
52	1606	GE-3	Tundikerika	Tonsillitis	0	3	0	4	0	7	7
53	49	AAB-33	Greevagraham	Cervical pain	0	0	0	0	0	0	0
54	829	EC-8	Kesaroga	Hair loss	0	2	0	3	0	5	5
55	2237	O-2	Ajagallika		0	0	0	0	0	0	0

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2023-24**

56	1641	GF-17	Gandamala	Lymphnode enlargement	0	0	0	0	0	0	0
57	851	ED-2.9	Pidaka	Eruptions	0	0	0	0	0	0	0
58				stree rog	0	12	5	53	5	65	70
59	1110	EF-2	prameh		0	0	3	0	3	0	3
60	681	EC-2	heart		1	0	0	0	1	0	1
Total					317	282	651	585	968	867	835

CENTRAL AYURVEDA RESEARCH INSTITUTE, NEW DELHI
SUMMARY OF THE ANNUAL PROGRESS REPORT
(2023-2024)

INTRODUCTION:-

Central Ayurveda Research Institute, New Delhi was established in the year 1979 (under Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India). This Institute is devoted to Clinical Research in the field of Ayurveda. This Institute is housed in a rented building and caters to health care services of general public besides conducting Clinical Research Studies on various chronic disease conditions and diseases from priority areas of the country.

The Clinical Research and patients care services are being carried out through various Units/Sections like, *Panchakarma*, *Ksharasutra*, Pharmacy, *Jalukavacharana*, *Kriyakalpas*, Clinical Laboratory, Physiotherapy, Library and specialty clinics like Geriatric, Eye, Preventive Cardiology, ENT, Arthritis etc.

Following sections are functioning in this Institute:

1. Technical Section

2. Administrative Section

The technical section deals with the following activities

➤ **RESEARCH ACTIVITIES**

- Collaborative Projects
- IMR Projects
- Annual Action Plan Projects
- Outreach Activities

➤ **TREATMENT FACILITY**

- ✓ IPD facility at CARI, New Delhi
- ✓ OPD facility at CARI, New Delhi
- ✓ O.P.D. facility at satellite centres at:
 - ATC, Safdarjung Hospital
 - ATC, Lady Hardinge Hospital
 - Ayurvedic Unit- FAP, Supreme Court
 - Ayurveda Treatment Center, ABVIMS, Dr. Ram Manohar Lohia Hospital
 - Ayush Wellness Clinic at President's Estate.
 - CCRAS-JNU Treatment & Research facility, JNU, New Delhi
 - CSIR-NPL, New Delhi
 - Press club of India, New Delhi

Administrative Section: Administration section of the institute includes Admin Department, Accounts, Recruitment & Establishment section and management of the Institute and Hospital.

TECHNICAL SECTION

PART-A: COLLABORATIVE CLINICAL RESEARCH PROJECTS

A1.) Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine

Objectives:

a. Primary Objective:

- To assess the Clinical Efficacy of Ayush M-3 in Migraine.

b. Secondary Objective:

- To assess the Clinical Safety of Ayush M-3 in Migraine

Sample Size: 60 patients in each group (2 groups) making a total of 360 patients in 3 centers.

Duration of the study: 3 years

Participating center along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, New Delhi.	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946	-
2.	ABVIMS & Dr. RML Hospital, New Delhi	Dr. Jyoti Garg HOD, Department of Neurology jyotigarg.rmlh@gmail.com Mobile no. 7900157900 Coordinator : Dr. RenuMakhija renu_mkhj@yahoo.co.in	Dr. Sudha Kumari K.G, R.O. (Ay.), CARI, ND Sudha14ayu@gmail.com 9108175522 & 8281782290
3.	NIMHANS, Bangalore	Dr. Kishore Kumar. R Assistant Professor of Ayurveda, Dept. of Integrated Medicine ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B. kulkarni Professor of Neurology 9035160614 09480829409 Co PI : 2 Dr. Umesh C., Scientist C, Department of Integrative Medicine.

Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	CARI, New Delhi	120	100	20	00
2.	ATC, ABVIMS, Dr. RML Hospital	101	62	17	22
3.	NIMHANS, Bangalore	84	17	18	49

A2.) “Development of Automated Basti Yantra- A comprehensive tool for administration of enema”

1. Objectives:

1. Primary Objective: To develop Automated *Basti Yantra*.

2. Secondary Objectives:

- To standardize and validate the sequential release timing of the ingredients from the reservoirs to mixing chamber in comparison to the standard of classical *Basti* procedure.
- To standardize and validate the revolution per minute (RPM) of the mixing machine for the preparation of a homogenous emulsion of *Basti dravya* in comparison to the standard of classical *Basti* procedure.
- To standardize/validate the pressure of the pressure machine to be fixed in *basti putak*.
- To develop the Standard Operating Procedure (SOP) of the *Basti Dravya* (homogenous emulsion of end product).

Study Duration: - 2years

1. Participating center along with PI :

S.No.	Name of the participating centre	Name of PI
	CARICD, New Delhi IIT, Delhi	PI: Dr.Ramavatar Sharma, R.O. (Ay.) at CCRAS hqrs Dr. Sumer Singh, IIT, Delhi Co-I: Dr. Seema Jain, R.O. (Ay.) Dr. Shaizi Layeeq, R.O.(Ay.) Prof. Surya Prakash Singh, IIT, Delhi

Status of the project: Completed. The final automated machine (Basti Yantra) is installed at CARI, ND by IIT on 8th Nov 2023.

A3.) Randomized double blind Placebo controlled Clinical Study of Ayurvedic coded Drug AYUSH-A in the management of Bronchial Asthma (Tamak Shwasa)

Objectives :

- **Primary Objective-** To evaluate the efficacy of Ayush –A in the patients with mild-moderate Bronchial Asthma
- **Secondary Objective:** To evaluate the safety of Ayush –A in the above patients.

Sample Size : 100 (50 patients in each group)

Duration of Study : 2 years

Participating center along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS - PI
2.	CARICD, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I (as per email of institute dated 25.11.2019)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	100	71	21	08

A4.) Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study.

Objectives:

- **Primary objective:** To determine the effect of *Virechana* (purgation) therapy on the changes in the gut microbial profile.
- **Secondary Objective:**
 - i. To understand the efficacy of *Virechana* therapy on the nutritional and metabolic profile of healthy individuals.
 - ii. To evaluate the effect of *Virechana* on the biochemical and clinical parameters and general well-being in healthy individuals.

Sample Size :75 at two centers (37 at CARI, Punjabi Bagh & 38 at AIIA, SaritaVihar)

Duration of Study: 36 months

Participating centers along with PI:

Sr. No.	Name of the participating centre	Name of PI	Name of Co-I
1.	CARI, Punjabi Bagh, New Delhi/CCRAS Hqrs	Prof. Vd. K.S.Dhiman (till 31.03.2021) Dr. N. Srikanth (till date)	Dr. Rajkala Patil, R.O. (Ay.) till 16.11.2020 Dr. Amit, R.O.(Ay.) till 13.11.2023 Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)
2.	AIIA, SaritaVihar, New Delhi	Prof. Tanuja Manoj Nesari Director, AIIA, New Delhi	Dr. V.G. Huddar, Associate Professor, Dept of Kayachikitsa Dr. Divya Kajaria, Assistant Professor, Dept of Kayachikitsa Dr. Pransanth D. Assistant Professor, Dept of Panchakarma
3.	ILBS, Vasant Kunj, New Delhi	Dr. Shvetank Sharma,, Associate Professor, Department of Molecular and Cellular Medicine	Dr. Jaya Benjamin, Associate Professor, Dept of Clinical nutrition

Current status: Ongoing

Center Name	Target	Enrolled	Completed	Drop-out
CARI, New Delhi	37	35	28	3
AIIA, New Delhi	38	38	30	2

A5.) Prospective Double Blind Randomized Controlled Clinical Study on Ayurvedic intervention (Sarpagandha Mishran) vs Amlodipine in the management of Stage- I Primary Hypertension

1. Objectives

- **Primary Objective:** To assess the clinical efficacy of Sarpagandha-Mishran in the Management of Stage-I Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of Sarpagandha-Mishran in the Management of Stage-I Hypertension (JNC-VII report).

Sample Size : 150 (75 each group)

Duration of Study : 2 years

2. Participating center along with PI: Collaborative study

S. no.	Name of the participating centre	Name of PI	Name of Co-PI
1.	All India Institute of Medical Sciences (AIIMS), New Delhi	Dr. D S Arya Professor, Dept. of Pharmacology, AIIMS, New Delhi	<i>i.</i> Dr. Rajiv Narang, Professor, Dept. of Cardiology, AIIMS, New Delhi <i>ii.</i> Dr. Jagriti Bhatia, Professor, Dept. of Pharmacology, AIIMS, New Delhi <i>iii.</i> Dr. Rajesh Sagar, Professor, Dept. of Psychiatry, AIIMS, New Delhi <i>iv.</i> Dr. Shivam Pandey, Dept. of Bio-statistics, AIIMS, New Delhi
2.	Central Ayurveda Research Institute		<i>i.</i> Dr. Sakshi Sharma, RO (Ay.), CARI, New Delhi

Current status: Complete

Target Sample Size	Number of patients Screened	Number of patients enrolled	Number of dropout patients	Number of patients Successfully completed	Screening Failure	Remarks
150	131	120	08	112	11	Protocol is under publication.

A6) “A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)”.

Objectives :

Primary Objective:

- To compare the effects of multimodal Ayurveda interventions versus standard care on knee pain and functional disability.

Secondary Objective:

- To compare the effects of multimodal Ayurveda interventions versus standard care on range of motion of knee joint
- To compare the change in the need of rescue analgesic medication
- To compare the Change in quality of life after the study interventions
- To compare the effects of Ayurveda interventions versus standard care on knee structural changes (delay of the structural progression of OA)
- To compare the effects of Ayurveda interventions versus standard care on inflammatory biomarkers
- To compare the change in Bone mineral density
- To compare the proportion of participants experiencing any Adverse Event/ Adverse Drug Reaction.

Sample size : 150 (75 in each group)

Duration of Study : 30 months.

Participating centre along with PI & Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	AIIMS, New Delhi	Dr. Uma Kumar Qualification: MBBS, MD Address: Room No 4076, 4th Floor, Teaching Block, AIIMS, New Delhi Telephone / Mob: 91-9868217040 E- mail : umaakumar@yahoo.co.in	Dr. Danveer Bhadu Qualification: MBBS, MD, DM Address: Room No 4076, 4th Floor, Teaching Block, AIIMS, New Delhi Telephone / Mob: 91-9999762759 E- mail: danveerbhadu2000@gmail.com
2	CCRAS, CARI, New Delhi	Dr. Bharti Qualification: M.D. (Ay.), Ph.D. (Ay.) Address: Central Ayurveda Research	Dr. Amit Kumar Rai. R.O (Ay.) Qualification: M.D. (Ay.), PGDHA, PDCR Address: Central Council for Research

		Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 011-25221059; 9868109737 E- mail :drbhartidelhi@gmail.com; cari.delhi2021@gmail.com	in Ayurvedic Sciences, Institutional Area, Opposite D-block, Janak Puri, New Delhi-110058 Telephone / Mob: 9105134783; 9013231792 E- mail :dr.amitrai1983@gmail.com Dr. Kishor Patel Qualification: M.D. (Ay.) Address: Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 7405403106 E- mail : kishoreworld007@gmail.com
--	--	---	---

Current status: Project is ongoing.

Status of projects: Centre wise (AIIMS, New Delhi) as on 31.03.2024

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
11.10.2022	150	77	116	49	15	52	Nil

A7.) Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial

Objectives:

1. To assess the efficacy of Ayurvedic management in Allergic Rhinitis (*Vataja Pratishyaya*) by comparing it with a conventional control group.

Sample Size : 90

Duration of Study: Two years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	VMMC & Safdarjung Hospital, New Delhi	P.I - Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 Co-PI : 1. Dr.Isha Preet Tuli Professor, ENT department, Safdarjung Hospital, New Delhi.	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status:

Sl. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	ENT department, Safdarjung Hospital, New Delhi.	60	10	01	49

A8.) Efficacy of Ayurveda interventions in the management of *menorrhagia* (Raktapradara –A randomized controlled trial)

Objectives:

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara).

Secondary Objective- To assess the efficacy of Ayurveda intervention on the Quality of life of women with menorrhagia (Raktapradara).

Sample Size : 140 (70 patients in each group)

Duration of Study : Three years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics & Gynecology, VMMC & Safdarjung Hospital, New Delhi	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	24	00	00	24

A9.) Tolerability, treatment adherence and safety of an Ayurvedic intervention – *Dhatri Lauha* in the management of Iron Deficiency Anaemia: An open label single arm clinical study

Objectives:

• **Primary Objective:**

- To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-*Dhatri Lauha* in the management of Iron deficiency anemia

• **Secondary Objective:**

- To assess safety of *Dhatri Lauha* in the management of Iron deficiency anemia
- To assess efficacy of *Dhatri Lauha* in the management of Iron deficiency anemia.

Sample Size : 480 (120 from each centre)

Duration of Study : 2 years

Participating center along with PI:

S.No.	Name of the participating center	Name of PI
1.	CARI, New Delhi (Coordinating Centre)	Dr. Renu Rani, R.O.(Ay) Dr. Seema Jain, R.O.(Ay)
2.	CBPACS- New Delhi	Dr. Subash Sahu
3.	MSM Khanpur, Sonipat	Dr. Gati Krushna Panda
4.	RGPGAC & H, Paprola	Prof. Vijay Chaudhary
5.	SAMC & H, Indore	Dr. Ratnaprava Mishra

Current status:

S.No.	Name of the participating centre	Total Screened	Total Enrolled
1.	CBPACS- New Delhi	36	06
2.	MSM Khanpur, Sonipat	10	02
3.	RGPGAC & H, Paprola	14	06
4.	SAMC & H, Indore	14	06

A10.) Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in the Prevention and reduction of the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study

Objectives:

Primary Objective:

- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in prevention of Acute Mountain Sickness (AMS)
- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in reducing the severity of Acute Mountain Sickness (AMS)

Secondary Objectives:

- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in reducing the incidence of thromboembolic events
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol on markers of coagulation and haemostasis activation (MOCHA) and pro-inflammatory markers.
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in improving the mood states, sleep quality and quality of life parameters

Sample size : 1660

Duration of Study : 1 year

Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	1.CARI, New Delhi NODAL INSTITUTE 2.Northern Command of Indian Army 3.Directorate General of Armed Forces Medical Services (DGAFMS)	Dr. Bharti, Director, PI Dr. Seema Jain, R.O. (Ay.), Co.-I) Col. (Dr.) Arun Kumar Yadav Principal Investigator Col. (Dr.) R K Joshi Co- Investigator

Current status: Completed

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	2118 field hospitals, Nimu/ Leh	1660	1541	119	00

A11.) Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study

Objectives :

- **Primary objective:** To compare the clinical efficacy of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care versus standard care alone in patients of stable coronary artery disease
- **Secondary Objective:** To assess the safety of Pushkar Guggulu & Haritaki as an add-on therapy along with standard care in patients of stable coronary artery disease

Sample Size : 100 (50 per group)

Duration of Study: 3 years

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	Department of Cardiology, Safdarjung hospital, Ansari nagar East, New Delhi-29	Dr. Anunay Gupta Associate Professor, Dept. of Cardiology, VMMC and Safdarjung Hospital, New Delhi
2.	CARI, Road no.66, Punjabi Bagh, New Delhi-26	Dr. Sakshi Sharma R.O (Ay.), CARI, New Delhi

Current status: Project initiated with the enrollment of one patient on dated 27th march 2024.

A12.) “ A A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery”

Objectives:

Primary objective

- To evaluate the role of Ayush SR as adjunct to usual care on biochemical parameters, such as serum cortisol, serum serotonin, IL-10 and biomarkers of oxidative stress following CABG.
- To evaluate the role of Ayush SR as adjunct to usual care on quality of life post CABG.

Secondary objectives:

- To evaluate the role of Ayush SR as adjunct to usual care on clinical recovery
- To evaluate the role of Ayush SR as adjunct to usual care on physical activity, post CABG To demonstrate the efficacy of Ayush SR as adjunct to usual care on perceived stress, anxiety and sleep, post CABG

Sample size : 220 (110 in each group)

Duration of Study : 3 years

Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Manoj Sahu, Associate Professor, CTVS, ICU - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I

Current status: To be initiated soon.

A13.) “An exploratory series of n of 1 responder restricted study of Ayurveda regimen on quality of life among elderly population in Ballabhgarh district of Haryana- A community based study”

Objectives :

Primary Objective:

- To assess the impact of Ayurveda regimen on quality of life among elderly population in the community of Ballabhgarh District of Haryana.

Secondary Objectives:

1. To assess the impact of Ayurveda regimen on various haematological and biochemical, radiological parameters among elderly population in the community of Ballabhgarh District of Haryana
2. To assess the impact of Ayurveda regimen on health status of elderly population in the community of Ballabhgarh District of Haryana

Sample size : 400 for screening

Duration of Study : 30 months.

Participating centre along with PI & Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	AIIMS, New Delhi	Dr. Puneet Misra Designation: Professor Department: Centre for Community Medicine Institute Name: All India Institute of Medical Sciences, New Delhi. Address: Room No- 30, Centre for Community Medicine, AIIMS, New Delhi. Telephone: 011-26593773 E-mail: doctormisra@gmail.com	1. Dr. Sanjay K. Rai, Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi. 2. Dr. Gautam Sharma, Professor, Department of Cardiology, All India Institute of Medical Sciences, New Delhi. 3. Dr. Harshal Salve, Additional Professor, Centre for Community Medicine, All India Institute of Medical Sciences, New Delhi.
2	CCRAS, CARI, New Delhi		1. Dr. Anagha Ranade R.O. (Ay.), Central Council for Research in Ayurvedic Sciences, Institutional Area, Opposite D-block, Janak Puri, New Delhi- 2. Dr. Babita Yadav, R.O. (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi- 3. Dr. Kishor Patel R.O. (Ay.), Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi Telephone / Mob: 7405403106 E- mail : kishoreworld007@gmail.com

Current status: Project is yet to be initiated

A14.) Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives :

Primary objective:

- To evaluate the treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis

Secondary Objectives:

- To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function
- To evaluate the change in the need of rescue analgesic medication
- To evaluate the change in quality of life after the study intervention

Sample Size : 480 (120 at each participating centre)

Duration of Study : 24 months

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi (coordinating centre)	Dr. Sakshi Sharma Dr. Kishore Patel
2.	Gurukul-Haridwar	Prof. Uttam Kumar Sharma
3.	RGAC-Paprola	Prof. Vijay Chaudhary
4.	Parul- Vadodara	Dr. Hemant Toshikhane

Current status:

S. No.	Name of the Institute	Target/ Sample size	No. of participants screened till date	No. of Pts enrolled till date	No. of Participants continuing till date	No. of successfully completed participants till date	Current project status
1.	Gurukul-Haridwar	120	30	17	14	00	Ongoing
2.	RGAC-Paprola	120	43	39	39	00	Ongoing
3.	Parul-Vadodara	120	79	60	60	00	Ongoing
4.	BHU-Varanasi	120	18	18	18	00	Ongoing

A15.) Randomized controlled trial of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy

Objectives:

a. Primary Objective: Efficacy of “Anshumati KsheerPaka” in hypertension induced left ventricular hypertrophy.

b. Secondary Objective: Safety of “Anshumati KsheerPaka” in hypertension induced left ventricular hypertrophy. .

Sample Size : 110 (55 patients in each group)

Duration of Study : Three years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Department of Cardiology, Super specialty Block, VMMC and Safdarjung Hospital, New Delhi.	1.Dr. Puneet Gupta Assistant Professor (Cardiology) VMMC and Safdarjung Hospital, New Delhi	1.Dr. Rajput Shivshankar, R.O. (Ay.), Central Ayurveda Research Institute, Road no 66, Punjabi Bagh (West), New Delhi-110026 2. Dr. Kalpana Kachare, R.O. (Ay.), Postal address: Central Council of Research in Ayurvedic Sciences, Head Quarter, New Delhi-110058 3.Name: Dr. Anunay Gupta Associate Professor (Cardiology) Postal address: Room No. 738, Department of Cardiology, Super specialty Block, VMMC and Safdarjung Hospital
2.	Central Ayurveda Research Institute, New Delhi.	2.Dr. Neha Dubey R.O. (Ay) CARI, New Delhi CCRAS, Hqrs	

Current Status: Project yet to be started

B. INTRA MURAL RESEARCH PROJECTS

B1.) “Evaluation of AYUSH- SR tablet in Occupational Stress among Nurses – A Randomized Double Blind Placebo Controlled Clinical Study”

Objectives:

a. Primary Objective:

To assess the clinical efficacy of AYUSH -SR in patients suffering from occupational stress among nurses working in RML hospital, New Delhi.

b. Secondary Objective:

To assess the clinical safety of Ayurvedic intervention – AYUSH- SR in the management of Occupational stress among nurses working in RML hospital, New Delhi.

Sample Size : 120

Duration of Study : 36 months (3years)

Participating center along with PI:

S.No.	Name of the participating center	Name of PI
1.	ATC at ABVIMS, RML Hospital, New Delhi	Dr. Sudha Kumari K.G, R.O. (Ay.),

Current status: Completed

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	01	120	98	22	0

B2.) Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study.

Objectives:

- **Primary Objective:** To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Sample Size : 140 (70 patients in each group)

Duration of Study : Two years

Participating center along with PI:

S.No.	Name of the Participating Centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma, R.O. (Ay.) (till 19.12.2022) Dr. Shweta Mata, R.O. (Ay.)(from 20.12.2022)
2.	RARIGID, Guwahati	Dr. Pravin Masram, R.O. (Ay.)
3.	RARI, Thiruvananthapuram	Dr. Varsha Sumedhan, R.O. (Ay.)

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1	CARI, New Delhi	140	120	19	01

B3.) Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial.

Objectives:

- **Primary Objective:** To assess the therapeutic efficacy of Ayurvedic management on irregular menstrual cycles/Anovulation and Hirsutism in PCOS.
- **Secondary Objective:** To assess the therapeutic efficacy of Ayurvedic management on acne, acanthosis nigricans and BMI.

Sample Size : 180 (90 patients in each group)

Duration of Study : Three years

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	ATC, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Prof.) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status: Ongoing

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	ATC, Safdarjung Hospital, New Delhi, India.	109	40	09	60

B4.) Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of chronic anal fissure –An open-label randomized controlled trial

Objectives:

Primary objective:

To determine the efficacy of Yashtimadhu Ghrita anal infiltration on healing of anal fissure in comparison with 2% Diltiazem topical application

Secondary objectives:

- To determine the efficacy of Yashtimadhu Ghrita anal infiltration on reduction of pain & bleeding in comparison with 2% Diltiazem topical application.
- To determine the efficacy of Yashtimadhu Ghrita anal infiltration in prevention of recurrence of anal fissure in comparison with 2 % Diltiazem topical application.
- To assess the safety of Yashtimadhu Ghrita anal infiltration in comparison with 2% Diltiazem topical application

Sample size : 100 (50 in each group).

Duration of study : 2 Years

Name of participating centre: CARI , Punjabi Bagh , New Delhi

Current status : Ongoing

Total screened till date	Screen failure	Total Enrolled till date
50	05	45

B5.) “Clinical Efficacy and safety of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) –A randomized open level prospective clinical trial”

Objectives:

Primary Objective:

- To assess the efficacy of *Pippalyadyasava* and *Arogyavardhini Vati* in the management of NAFLD.

Secondary Objective:

- To assess the safety of *Pippalyadyasava* and *Arogyavardhini Vati* in the patients of NAFLD .

Sample Size: 90 (30 in Group-A & 60 in Group-B)

Duration of Study : 2 years

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1	Central Ayurveda Research Institute, New Delhi	Dr. Seema Jain, R.O. (Ay)

2.	Central Ayurveda Research Institute, Bhubaneswar	Dr. Banmali Das, R.O. (Ay.)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	90	84	06	00

B6.) A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis

Principal Investigator: Dr. Devi Nair, M.D. (Ay), NARIP, Cheruthuruthy

Co-Investigator: Dr .Aswathykkutty V, R.O. (Ay.)
Dr. Shaizi Layeeq, R.O. (Ay.)
Dr . Praveen Kumar .K.S, R.O. (Ay.)

Objectives:

a. **Primary Objective:** To prepare the practice guidelines for Marsa nasya karma

b. **Secondary Objective:**

- 1 .To prepare guidelines for calculation of dose of medicine used in Marsa nasya karma
- 2 .Standardization of end point of the procedure of marsa nasya karma
- 3 .Standardization of quality indicators of Marsa nasya karma
4. To assess the feasibility and preliminary effectiveness of the standardized procedure of Marsa nasya in different geographical areas of the country.

Sample size : Complete 30 cases (in each centre)

Duration of Study : 2 years

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	NARIP Cheruthuruthy	Dr. Devi Nair, M.D.(Ay.), PI
2.	CCRAS Hqrs	Dr .Aswathykkutty V, R.O. (Ay.), Co I
3.	CARI, New Delhi	Dr. Shaizi Layeeq, R.O. (Ay.), Co I
4.	CARI, Guwahati	Dr. Praveen Kumar.K.S, R.O. (Ay.), Co I

Current status: Ongoing

Name of the Institute	Date of Initiation	Target/ Sample Size	No. of participants screened	No of Participants enrolled	No. of drop outs	No. of Participants successfully completed	No. of continuing participants	No. Of ADR/ AE reported	Details of AE/ADR reported
CARI, Punjabi Bagh	27.12.2023	30	14	11	1	9	2	NIL	NIL

B7.) “Efficacy and Safety of AYUSH SR tablet in the management of stress among university students –A double-blind randomized placebo-controlled study”

Objectives:

- **Primary objective:** To assess the clinical efficacy of AYUSH-SR in the management of stress among university Student
- **Secondary Objective:** To assess the clinical safety of AYUSH-SR in the management of stress among university Student.

Sample Size : 70 (35 in each Group)

Duration of Study : Two years

Participating centre along with PI: IMR project

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurveda Research Institute (CARI), Road No.66, West Punjabi Bagh, New Delhi-110026	Dr. Kuldeep, R.O. (Ay.)

Current status: Ongoing

Total screened till date	Screen failure	Total Enrolled till date
07	03	04

C. Observational Survey Study

C1) Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicenter cross-sectional survey study

Objectives:

Primary objective: To understand the care seeking behavior of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.

Secondary Objectives:

- To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
- To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
- To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Sample Size: The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals throughout the data collection period will be considered to take part in the study. Each participant visiting these OPDs during the study period will be surveyed only once.

Duration of Study : 16 months

Participating center along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	11 Air Force station Ghaziabad (U.P)	Dr. Swati Sharma, R.O. (Ay.)

Current status: No. of Participants successfully completed participation in the survey (till 31.03. 2024) are 1524

Any relevant information: NA

C2.) "Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study"

Objectives:

- **Primary objective:** To understand the care seeking behaviour of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals.
- **Secondary Objective:**
 - i. To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
 - ii. To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
 - iii. To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals.

Sample Size: Patients visiting to hospital for 1 year

Duration of Study : 1 year

Participating centre along with PI: Collaborative study

S. No.	Name of the Coordinating/ participating centre	Name of PI/Co-I
1.	Central Ayurveda Research Institute, New Delhi	<i>i.</i> Dr. Shrawan Kumar Sahu, R.O. (Ay.), (PI) <i>ii.</i> Dr. Pramod Chandra Dwivedi, R.O. (Ay.) (Co-I)
2.	Base Hospital, Delhi Cantt.	<i>iii.</i> Col (Dr) Rajneesh Kumar Joshi, (PI) <i>iv.</i> Capt. Umang Kant Gangania, (Co. I)

Current status: Ongoing

D.) OUT REACH ACTIVITIES

D1) Ayurveda Mobile health Care Programme (AMHCP) Under SCSP-

Aim: To provide health care through Ayurveda in the areas predominantly dwelled by scheduled castes.

Objectives:

- 1) To understand the health status of the target population in context with their socio-demographic conditions
- 2) To treat the patients willing to get Ayurveda interventions as adjuvant to the conventional concomitant medication or as stand-alone for various disease conditions
- 3) To provide Ayurveda based lifestyle advocacy for maintenance of health and prevention of diseases among the people willing to practice the same
- 4) To know about perception of the study population regarding Ayurveda for health care

Sample Size :

- Population Target -3750
- Villages target-5-10
- Tours Target-220

Duration of Study: 1 year

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay)

Current status: COMPLETED

S.No.	Particulars	Consolidated data of the study
1.	Durations of the study	1 year
2.	Villages covered	5
3.	Visits made	192
4.	Population covered	3892
5.	No. of patients treated	7076
6.	No. of SC patients treated	4922
7.	No. of Investigations done	11137

D2.) Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study

Objectives:

Primary Objective –To evaluate the effectiveness of composite Ayurveda regimen on the Disease Activity Score in Rheumatoid arthritis

Secondary Objective –

To evaluate the effectiveness of composite Ayurveda regimen on the disease specific biochemical and inflammatory markers in with Rheumatoid arthritis

Sample size : 40

Total Study Period : 10 months

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay)

Current status :Completed

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	40	30	10	00

E. Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24.08. 2018

The Ministry of AYUSH has introduced a new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is to develop a culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani, and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral Pharmacovigilance Centres (PPvCCs). A total of 299 misleading advertisements and 01 ADR have been detected from April 2023 to March 2024 and sent to Intermediary Pharmacovigilance Centers (IPvCCs), NIA, Jaipur.

Misleading Advertisements and ADR reported in 2023-24

Month	Status of misleading Advertisement(detected)	Suspected Adverse drug reaction
April 2023	14	0
May 2023	18	0
June 2023	30	0
July 2023	30	0
August 2023	28	0
September 2023	30	01
October 2022	30	0
November 2023	21	0
December 2023	31	0
January 2024	23	0
February 2024	24	0
March 2024	20	0
Total	299	01

F. LIFE PROFILE PROJECTS (Completed)

1. Life Profile of Ayurveda Luminary -VdBhagwan Dash (Literary Study)

Dr. Sarada Ota, AD (Ay.)

Dr. Sakshi Sharma, R.O. (Ay.)

Dr. Shweta Mata, R.O. (Ay.)

Dr. Kuldeep, R.O. (Ay.)

Dr. Renu Rani, R.O. (Ay.)

2. Life Profile of Ayurveda Luminary- Vd. Prof. Shriram Sharma (Literary Study)

Dr. Sudha Kumari K.G, R.O. (Ay.)

3. Life Profile of Ayurveda Luminary - Vd. Labh shankar Shukla (Literary Study)

Dr. Shaizi Layeeq, R.O. (Ay.)

4. Life Profile of Ayurveda Luminary –Vd Bhaskar bhai Hardikar (Literary Study)

Dr. Shaizi Layeeq, R.O. (Ay.)

5. Life Profile of Ayurveda Luminary - Dr. S.C Dhyani (Literary Study)

Dr. ShaiziLayeeq, R.O. (Ay.)

6. Life Profile of Ayurveda Luminary - Dr. M.S Baghel (Literary Study)

Dr. Kishor Patel, R.O. (Ay.)

G. PROJECTS IN PIPELINE

1. An investigation to evaluate the efficacy of cannabis leaf preparation along with the Cancer Chemotherapy in patients with locally advanced solid tumours in improving the quality of life and minimizing side effects of the Chemotherapy
2. To evaluate the therapeutic effect of *Apamarga kshara karma* and Ayush UT ointment application with conventional Electrocautery procedure in *Garbhashy agreeevamukhagata vrana* w.r.t. Cervical Erosion - A Randomized Control Trial
3. Evaluation of the efficacy of Ayush-BR Leham as adjuvant to the standard of care in the management of Moderate malnutrition among children aged 3-5 years from Anganwadi Centers- A multi-centre randomized controlled preliminary trial
4. “To evaluate the efficacy & safety of Administration of Shadbindu Taila Marsha Nasya & Chitraka Haritiki Avleha in Subjects with Chronic Rhino-sinusitis: A Randomized, Prospective, Open-lable Controlled Parallel-Arm, Multi-Centre Study”

IN-PATIENT DEPARTMENT (IPD)

Total admitted patients in the reporting period i.e. 2023-24 are **602** out of which **273** are male (including **39** male child) and **329** are female (including 15 female child). During the reporting period **622** patients were discharged out of which **278** males and **344** females including **41** male child and **17** female child respectively. Annual bed occupancy is **53.14%**

OUT-PATIENT DEPARTMENT (OPD)

CARI, Punjabi Bagh, New Delhi

CARI, New Delhi is providing OPD facilities to the patients, in morning shift (9:00 am to 1pm). Special clinics like Ano Rectal, Preventive Cardiology Clinic, Arthritis Clinic, ENT clinic. Eye Clinic, Pediatric clinic and Geriatric Clinics are functioning on designated days. During the reporting year the Institute has provided OPD services to **97918** numbers of patients and dispensed medicines free of cost. Out of which **50757** patients were males, **47157** were females and 4 were transgenders. During the reporting year total **32082** new and **65836** old patients attended the OPD. Preference in registration and consultation has also been provided to senior citizens and research participants. During the reporting period **6433** cases availed treatment for various Geriatric Disorders. Most of the patients reported with conditions like *Sandhivata, Madhumeha, Vatavikara, RaktagataVata, Shwas, Mutakriccha, Daurbalya* etc.

ATC, Safdarjung Hospital, New Delhi:-

Ayurveda Treatment Centre was established in Jan, 1998. Two big rooms have been provided to ATC at Room no. 260-261 second floor, main OPD building, VMMC & SAFDARJUNG Hospital. One room is being used for consultation, research activities and another room for registration, store and dispensing of medicines.

During the reporting period the total no. of **26,348** patients attended O.P.D. out of which **14,762** patients were males and **11,586** patients were females. Common diseases found in the O.P.D were *Vataroga, Sandhivata, Amavata, Madhumeh, Arsha* and *Twakrogas* etc.

In the recent year, **MoUs for five research projects have been signed with the Department of Gynecology& Obstetrics, Department of Cardiology, and Department of ENT at VMMC & SAFDARJUNG Hospital.** Additionally, the unit has actively participated in various ministry campaigns such as Ayurveda Day, Yoga Day, and Poshan Maah, conducting awareness lectures for patients.

Ayurvedic Treatment Center, Lady Hardinge Medical College and Hospital, New Delhi:

Ayurvedic Treatment center at Lady Hardinge Medical College was established on 19th September, 2009. During the reporting year a total no. of **10091** patients attended the OPD out of which **5660** patients were males and **4431** patients were females. It was observed that most of the patients who attended the O.P.D were of *Sandhivata, Pratishyay, Daurbalyam, Kasa, Vibandh, Arsha, Amlapittam* etc. The competent authority of Lady Harding Medical College and Hospital permitted to conduct various laboratory investigations and other specific investigations in laboratory of LHMC, New Delhi.

Ayurveda Treatment Center, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi:

Ayurvedic Treatment center at PGIMER-Dr. Ram ManoharLohia Hospital is functional since 14thJanuary, 2016. During the reporting year a total no. of **13177** patients attended the OPD out of which **7412** patients were males and **5765** patients were females. It was observed that most of the patients who attended the O.P.D were suffering from *Sandhivata, Vatavyadhi, Vibandh, Raktagata Vata, Manovahsroto Vikar, Kasa, Gridhrasi, Shirahshoola, Varicose veins* etc.

Ayush Wellness Clinic, President's Estate

Ayush Wellness Clinic, at President's Estate had been started since July, 2015 under CARI, New Delhi. This center is rendering O.P.D. services along with Panchakarma therapy to the patients. During reporting year a total of **4601** patients were treated, out of which **3168** were male patients and **1433** were female patients. Most of the patients attending the OPD were suffering from *Trikshoola, Daurbalyam, Sandhivata, Kasa, Raktagata Vata* etc.

Ayurveda Unit: FAP- Supreme Court, New Delhi

The Ayurveda Unit, FAP at Supreme Court of India has been functional in the Supreme Court premises since 2008. The Unit is rendering services to Hon'ble Judges and Registry in the Supreme Court of India. At present one senior doctor, one Pharmacist and one Pharmacy attendant are rendering their services in this unit. During current reporting period a total of **7192** patients were treated in FAP Supreme Court out of which **4844** were males and **2348** were female patients. Most of the patients were suffering from *Madhumeha, Daurbalyam, Amavata, Mlapitta, Ajirnam, Kasa* etc.

CCRAS-JNU Treatment & Research Facility, New Delhi

A new unit of CCRAS in collaboration JNU has been initiated on 25/01/2023. The unit is providing consultations to the students and employees (working & retired) of the university campus thrice a week. During current reporting period) total **3606** patients were been given consultation, of which **2089** are males and **1517** are females.

SECTION-WISE ACTIVITIES

Panchakarma Section:-

Panchakarma section has been functioning in the institute since February 1981, offering the following procedures to patients as per the need: *Vamana* (therapeutic emesis), *Virechana* (therapeutic purgation), *Anuvasana vasti* (oil enema), *Asthapana vasti* (decoction enema) and *Nasya* (nasal insufflations). Apart from these, some other procedures of traditional *Keraliya Chikitsa* are also being practiced in this unit successfully. These include *Shashtika shali Pinda Sweda*, *Patra Pinda Sweda*, *Snehadhara*, *Shirodhara*, *Shirobasti*, *Katibasti*, *Janubast* etc. Being safe and effective these procedures are effectively used for prevention and management of number of health problems like *Pakshavadha*, *Pangu*, *Gridhrasi*, *Amavata*, *Sandhivata*, *Sthaulya*, *Greeva Stambha*, *Katishula*, *Katigraha*, *Jirna Pratishaya*, *Ardita*, *Ardhavabhedaka* etc.

During the reporting period, Panchakarma section provided treatment to **980** patients. A total of 17021 sittings of specialized procedures of *Panchakarma* was done at IPD level predominantly *Abhyanga* (2782), *Sarvangasweda* (224), *JanuBasti* (3054), *Nasya* (328), *Katibasti* (961), *Udhvartana* (217), *Matra basti* (2515), *Niruh Basti* (387), *Vaitran Basti* (244), etc. were administered to the patients to provide them better results.

Kshara Sutra Section (Ano-Rectal Clinic):-

During reporting period **8975** patients attended the *Kshara Sutra* Section out of which 2757 patients were of *Arsha*, 2471 patients were of *Bhagandara*, 2707 patients were of *Parikartika*, 33 patients were *Nadivrana* and 1007 patients were of *Gudapaka*.

Leech Therapy Clinic :-

Leech Therapy Clinic caters to patients of various disease conditions like *Twakarog*, *Sira-Shotha*, *Shlipad*, *Shvitra* etc. During reporting period, total **377** patients attended the clinics for various disease conditions. Out of these 42 patients were of *Kushtha*, 332 patients of *Sirajala*. Total 331 patients were males and 46 patients were females.

Physiotherapy Section:-

The Physiotherapy section was established in 1999. As per the need and requirement of the hospital, the section is equipped with required modalities. Both IPD and OPD patients are being treated on daily basis for conditions like osteoarthritis, rheumatoid arthritis, Adhesive capsulitis, cervical and lumbar spondylosis, ankylosing spondylitis, prolapsed intervertebral disc, post polio residual paralysis, neurological conditions like stroke, quadriplegia, paraplegia, cerebral palsy, Parkinson's disease, peripheral nerve injuries, muscular dystrophies, bell's palsy, motor neuron disease; Sport's injuries like tennis elbow, rotator cuff tear, meniscal tear and General conditions like obesity, varicose veins, peripheral vascular disorders etc.

During the reporting period total **2568** patients were treated of which **1391** were males and **1177** were females.

Eye Clinic:-

The Eye clinic has been functioning efficiently and giving service to eye patients from 18th February 2017 onwards on OPD and IPD basis. Within the existing facility we are also doing *Kriyakalpas* to selected patients throughout the week. During the reporting period (2023-24) there were **5231** patients out of whom **2546** patients were males and **2685** were female patients. Most commonly found eye diseases were *Timira, Abhishyanda, Kacha, Shushkakshipaka, Adhimantha, Lingnashetc.* Various *Kriyakalpsa* were carried out to treat eye diseases which included 2200 of *Nasya*, 1574 of *Tarpana*, 144 of *Karnapooran* etc.

ENT OPD

ENT OPD caters to patients of various disease conditions like *Pratishyaya/Pinasa, Badhirya, Ardhavabhedaka, Karnashola, Karnanadaetc.* During reporting period total **2862** patients attended the clinics those were successfully treated for various disease conditions. Out of these 92 patients were of *kasa*, 80 of *Sirashshoola*, 634 patients were of *Pratishyaya*, 306 patients were of *Badhiryam*, 660 patients of *Minmim (Nasal voice)*, 128 patients of *Karnasrava* etc. Total 1430 patients were males and 1432 patients were females.

Arthritis Clinic

During reporting period **2122** patients (668 male and 1454 female) attended the *Arthritis clinic* out of which 1208 patients were of *Sandhivata*, 316 *Amavata*, 324 *Vatavyadhi*, 142 were of *Katishool*, 70 of *Gridhrasi* etc

BalRog Clinic:

During reporting year **5746** children (3048 male, 2698 female) were treated in OPD for various childhood disorders like *Pidika, Vatavyadhi, Shool, Krimi, Shwitra, Pangu, Kushtha, Pratishyay* etc.

Consultation at Press Club of India

As per the direction received by Ministry of Ayush, (Letter No.W-13030/46/2022-IEC dated 09.01.2023 and institutes order no.972/2022-23 dated 20.01.2023, Dr. Kishor Patel, R.O.(Ay.), CARI, New Delhi has been nominated through CCRAS as nodal officer to visit “Press Club of India” once in a week (on Saturday) for providing general consultation along with free distribution of medicine as per the requirement to Press Club of India members and their family members.

The consultation and counseling was initiated in January 2023 and discontinued from July, 2023. Total 190 patients got consultation along with free distribution of Ayurvedic medicine during April 2023 to June 2023.

As per order no. F.N. Hq-Estt 11012/109/2023-ESTT/7274 dated 29.01.2024 and institute letter no. F.S.4-38/2022-23/CARI/Admn-Office Order No.1248/2023-24 dated 08.02.2024 weekly clinic at press club of India was reinitiated along with the deputation of one Ayurvedic consultant on every Saturday since 10th Feb 2024. Total no. of patients consulted is 100 till 31st March, 2023.

Ayurvedic Treatment Centre, NPL, CSIR, New Delhi

In compliance to Council's letter vide File No. HQ-ESTT012/65/2022-ESTT/4999 dated 25.10.2023, an Ayurvedic Treatment Centre was initiated on 27.03.2023 at National Physical Laboratory, CSIR, New Delhi for the health benefit of their officers and officials. During the reporting period, total 318 patients, which comprised of 197 male and 121 female patients, were consulted and given free Ayurvedic medicines for their ailments. Common disorders found in the OPD were Sandhivata, Vatavyadhi, Adhman, Amlapitta, Pratishtyaya, Vivandh, Arsha, Daurbalya, Madhumeha, Agnimandya, Kasa etc. Most of the patients found great improvement in their complaints.

Library

The Library section of the Institute is having 1819 books in Hindi and English. The library remains open for readers from 9:30 am to 4:30 pm.

Clinical Laboratory:-

The NABL Accredited laboratory section provides services to both general patients from OPD, IPD and research subjects. A total no. of **18635** investigations were carried out during the reporting year.

Bio-chemical Investigations

Routine Biochemical investigations including Blood Sugar, Lipid Profile, Renal Function Test and Liver Function Tests are conducted in Biochemistry section of the Institute. Total **12831** investigations were carried out during the year 2023-24.

Pathological Investigations

Routine pathological investigations of blood, urine and stool were done. Total **5804** investigations were carried out during the year 2023-24.

Pharmacy

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr RML hospital, Supreme Court, Safdarjung Hospital and President Estate Ayurveda treatment Centre. The Pharmacy also keeps balance in demand and supply of medicines for clinical projects. In this current year pharmacy has procured medicines worth Rs. **2,17,29,035.00** for meeting the demand.

Hindi Section

Hindi section has been playing a leading role to follow *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi and keeping continuous efforts towards meeting the annual target. All quarterly progress reports, half-yearly progress reports are prepared on time and submitted to the Official Language Department and *NARAKAS (Town Official Language Implementation Committee)* by email and online. *Vibhagiya Rajbhasha Karyanvayan Samiti* meeting is being organized in each trimester to observe the official & technical work in Hindi in every department. *Hindi Pakhwada* was successfully organized from 14th Sept to 29th Sept, 2023. This year four “*One Day Hindi workshops*” were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the institution was praised for increasing percentage towards achieving the annual target. The institute had also been lauded for their efforts in the E-Nirikshan done by CCRAS HQs on 28.12.2023

Hindi workshops: 1. 28.06.2023 2. 30.09.2023 3. 26.12.2023 4. 27.03.2024

Medicinal Plant Garden

Institute is maintaining a medicinal plant garden for dual purposes i.e. for demonstration as well as for providing raw herbs for panchakarma and ksharasutra therapy. For identification and demonstration purposes, all the plants have their specific nameplates with their classical names, botanical names, family, and main uses. This Medicinal garden is continuously providing raw herbs for various Panchakarma procedures and Ksharasutra eg. *Madhuyashti, Narikel, Shigru, Haritaki, Ashvagandha, Guduchi, Bhrami, Isabgol, Nirgundi, Agnimantha, jati, etc.*

Activities organized by Institute

1. Organized the **IEC (Institutional Ethical Committee)** meeting through video conferencing under the Chairmanship of Prof. Dr. S.K. Maulik on 12.04.2023
2. Organized “**Fire Safety Mock drill And Yoga session**” as an activity under Fire Safety week on 19.04.2023
3. Organised awareness lectures as activity under celebration of **World Environment Day** in May and June, 2023.
4. Observance of **World Environment Day and distribution of plants** i.e. Tulasi and Guduchi on 05.06.2023
5. Observance of **World Accreditation Day** at CARI, New Delhi on 09.06.2023
6. Organized a Blood group checking camp under the observance of **Rakta ka Amrit Mahotasava on World Blood Donors Day** on 14.06.2023.
7. Organized a national webinar entitled, “**Pharmacovigilance for ASU & H drugs**” at CARI, New Delhi, Peripheral Pharmacovigilance Centre (PPvC) ON 15.6.2023
8. Organized **9th International Yoga Day-2023** on 21.06.2023
9. Organized the National Seminar on **Millets- Aahara for Good Health**, organized by CARI, New Delhi on 26.06.2023
10. Organized a virtual Hindi Workshop on topic “□□□□□□□□ □□ □□□□□ □□ □□ □□ □□□□□□□□ □□□ □□□□□□□□□□ □□□□□ □□ □□□□□□” on 28.06.2023

11. Organized **Induction training to Nurses** (including A-HMIS) on 20.07.2023.
12. Organized various lectures under **Azadi Ka Amrit Mahotsava 2.0** at CARI, New Delhi from August 2023- September, 2023
13. Organized **National Sports Day celebration under the Fit India Mission** from 21.08.2023- 29.08.2023
14. Observance of **Rashtriya PoshanaMaah** in September, 2023.
15. Observance of **Hindi Pakhwada** from 14.09.2023-29.09.2023
16. Observance of **Swachhata Pakhwada** from 15.09.2023-30.09.2023
17. Organized a national training program related to "**Capacity Building of Preventive Vigilance on Public Procurement and Ethics & Governance**" under the observance of the Vigilance Awareness Campaign at CARI, New Delhi on 07.10.2023
18. Organized one-day **national training program of CCRAS-BEST Training for SMART Investigators for the collaborative Research Projects under SMART program of Iron Deficiency Anaemia** on 27.10.2023
19. Observance of **Vigilance Awareness week** in October, 2023
20. Organized one day training on "**Ethics Guidelines for Biomedical & Health Research involving Human Participants**" organized by CARI, New Delhi at Ayush Auditorium, CCRAS, Hqrs. on 03.11.2023
21. Organized the program of **Biker's Rally** at CARI, New Delhi as a part of the observance of Ayurveda day celebration, 2023 on 05.11.2023
22. Organized **Run for Ayurveda-** an activity of 8th Ayurveda Day celebration on 07.11.2023
23. **Observance of 8th Ayurveda day** (organized lectures, webinar/ health camps, Prakriti Parikshana camp etc.) from 10.10.2023 to 10.11.2023
24. Organized **lectures and medical camps in various institutes of CSIR** as an activity under Ayurveda Day 2023.
25. Organized an **awareness lecture on Cyber Crime** at CARI, New Delhi on 06.03.2024
26. Observation of **Poshan Pakhwada Celebration** from 09.04.2024 to 23.04.2024
27. Organized **Multidisciplinary Committee meeting** under the chairmanship of Director Institute on 14.03.2023
28. Organized **Biomedical waste Training** as an important part of NABH at CARI, New Delhi on 19.03.2024
29. Organized Hindi Karyashala- "□□□□□□ □□□□□□□□□□ □□□□ □□ □□□□" by Sh.Mahesh Sharma, Assistant Hindi Officer, NEEPCO, Shillong on 27.03.2024
30. Organized **Therapeutic Committee Meetings** under the chairmanship of the Director institute for Pharmacy related components of NABH on 27.03.2024

□□ □□ □□		
1.	□□□□, □□ □□□□□□	□□. □□□□ □□□□, □□□□□□□□, □□□□ - □□□□□□ □□□□□□
2.	□□□□□□□□, □□ □□□□□□	□□. □□□□ □□□□, □□□□. □□□□. (□□□□.) - □□ □□□□□□□□ (□□□□□□□□ 25.11.2019 □□ □□□□□□□□ □□ □□- □□□□ □□ □□□□□□□□)

□□□□□□□□ □□□□□□□□:

□□□□ □ □□ □□ □□	□□□□ □□□□□□ □□□□□□ □□□□□□□□	□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□	□□□□□□□□ □□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□	□□□□□□□□ □□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□	□□□□□□□□ □□ □□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□
1.	□□□□□□, □□ □□□□□□	100	71	21	08

4.) □□□□□□ □□□□□□□□ □□ □□□□□□ (□□□□□□□□□□ □□□□□□□□)

□□□□□□ □□□□□□ □□□□□□ □□□□ □□ □□□□□□□□ □□□□□□□□□□□□
□□ □□□□□□: □□ □□□□□□ □□□□□□□□□□ □□□□□□□□
□□□□□□□□:

□□□□□□□□ □□□□□□□□ : □□□□□□ □□□ □□□□□□□□
□□□□□□□□ □□□□□□ □□□□□□□□ □□□ □□ □□□□□□ (□□□□□□□□□□)
□□□□□□□□ □□ □□□□□□ □□ □□□□□□□□□□ □□□□ □□ □□□□
□□□□ □□□□□□□□□□

- □□□□□□ □□□□□□□□□□ □□ □□□□ □□ □□□□□□ □□□□□□□□
□□ □□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□ □□ □□□□□□□□
- □□□□□□ □□□□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□□□
□□□□□□□□ □□ □□□□□□ □□□□□□□□ □□ □□□□□□ □□ □□□□□□ □□
□□□□□□ □□ □□□□□□□□□□ □□□□□□

□□□□ □□□□□□□□□□ □□□□□□□□

□□□□□□ □□□□ :75 (□□□□□□□□, □□□□□□ □□□ □□□ □□□ □□□□□□□□, □□□□□ □□□□□ □□□ □□□□□□□□□□□□□□ □□ □□□□ □□□□ □□□□)

□□□□□□ □□□□ : 36 □□□□

□□□□□□ □□□□□□□□ □□ □□□ □□□□□□□□□□ □□□□□□□□:

□□ □□ □□.	□□□□ □□□□□□ □□□□□□ □□□□□□□□	□□□□□□□□ □□□□□□□□ □□ □□□□	□□ □□□□□□□□ □□ □□□□
-----------------	-----------------------------------	---------------------------------	---------------------

□□□□□ □□ □□□□ □□ □□□□□□□□□□ □□□□□□□ □□ □□□□ □□□□□□
□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□ □□□□□□□□ □□
□□□□□ □□□□□

□□□ □□□□□□□□ -

- □□□□□ □□ □□□□ □□ □□□ □□ □□□□ □□ □□□□ □□□□□ □□□□
□□□□□□□□ □□□□□□□□ □□□□□□□□ □□ □□□□□□□□ □□
□□□□□ □□□□□|
- □□□□ □□□□□□□□□□ □□□□ □□ □□□□□□□□ □□□ □□□□□□□□ □□
□□□□□ □□□□□|
- □□□□□□ □□□□□□□□□□ □□ □□□ □□□□ □□ □□□□□□□□ □□□
□□□□□ □□ □□□□□ □□□□□|
- □□□□□ □□ □□□□□□□□□□ □□□□□□□□□□) □□ □□ □□□□□□□□□□
□□□□□□ □□□ □□□□ (□□ □□□□□□□□ □□□□□□□□□□ □□□□ □□□□
□□□□□□ □□ □□□□□□□□ □□ □□□□□ □□□□□|
- □□□□□□□□□□□□ □□□□□□□□□□ □□ □□□□□□□□ □□□□□□□□□□
□□□□ □□□□ □□□□□□ □□ □□□□□□ □□ □□□□□ □□□□□ □□□□□|
- □□□□□ □□□□ □□□□□ □□□ □□□□□□□□ □□ □□□□□ □□□□□|

□□□□ □□ □□□□□□□□ □□□□/□□□□□□□□ □□□□ □□□□□□□□□□□ □□
□□□□□ □□□□ □□□□ □□□□□□□□□□□□ □□ □□□□□□ □□ □□□□□□
□□□□□□

□□□□□□ □□□□□ : 150 (□□□□□□□□□□ □□□□ □□□□ 75)
□□□□□□ □□□□□ : 30 □□□□

□□□□□□ □□□□□□□□ □□ □□- □□□□□□□□ □□ □□□ □□□□□□□□□□ □□□□□□□□:

<p>□□□□ □.□□ .</p>	<p>□□□□ □□□□ □□□□ □□□□□□□□ □□ □□□□</p>	<p>□□□□□□□ □□□□□□□□ □□ □□□□</p>	<p>□□ □□□□□□□□ □□ □□□□</p>
<p>1.</p>	<p>□□□□, □□ □□□□□□□□</p>	<p>□□ .□□□□ □□□□□□, □□□□□□□: □□.□□.□□.□□., □□.□□., □□□: □□□□ □□. 4076, □□□□ □□□□□□, □□□□□□□ □□□□□□, □□□□□, □□ □□□□□□□□</p>	<p>□□. □□□□□□□ □□□□□ , □□□□□□□□: □□.□□.□□.□□., □□.□□., □□.□□. □□□: □□□□ □□. 4076, □□□□□ □□□□□□, □□□□□□□ □□□□□□, □□□□□, □□ □□□□□□□</p>
<p>2.</p>	<p>□□.□□.□□.□.□□. □□□□□□□□, □□ □□□□□□□□</p>	<p>□□. □□□□□□ □□□□□□□: □□. □□. (□□□□.), □□.□□□□. (□□□□.) □□□□: □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□, □□□□□□□ □□□□ (□□□□□□□□), □□ □□□□□□□- 110026 □□□□□□□□ / □□□□□□□□: 011- 25221059; 9868109737 □- □□□□: drbhartidelhi@gmail.com; cari.delhi2021@gmail.com</p>	<p>□□ .□□□□□ □□□□□□□ □□□□, □□□□□□□□: □□.□□. (□□□□.), □□□□□□□□□□□□, □□□□□□□□□□□□ □□□□: □□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□, □□□□□□□□ □□- □□□□□□□□, □□□□□□□□□□, □□□□ □□□□□□□□- 110058 □□□□□□□□□□ / □□□□□□□□□□: 9105134783; 9013231792 □- □□□□□□□□: dr.amitrai1983@gmail.com □□. □□□□□□□ □□□□□□, □□□□□□□□: □□.□□. (□□□□.), □□□□: □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□ □□□□ (□□□□□□□□□□), □□□□ □□□□□□□□□□- 110026 □□□□□□□□□□ / □□□□□□□□□□□□: 7405403106 □- □□□□□□□□: kishoreworld007@gmail.com</p>

□□□□□□□□ □□□□□□□□ : □□□□□□□□ □□□□ □□ □

□□□□□□□□ □□ □□□□□□□□: □□□□□□□□ 31.03.2024 □□ □□□□□□ □□□□ (□□□□□□,
□□ □□□□□□□)

--	--	--	--

□□□□□□ □□□□□□ : □□□□□□

□□□□ .□□.	□□□□ □□□□ □□□□ □□□□□□□□ □□ □□□□	□□□□□□□□□□ □□□□□□□□□□ □□□ □□ □□ □□□□□□□□	□□□□□□□□ □□ □□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□ □□□□□□□□	□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□	□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□
1.	□□□□□□□□ □□ □□□□□□□□ □□□□□□□□, □□ □□□□□□□□	24	00	00	24

9.) □□□□ □□ □□□ □□□□ □□□□□□□□ □□ □□□□□□□□ □□ □□ □□□□□□□□□□
 □□□□□□□□□-□□□□□□□□ □□□ □□ □□□□□□□□, □□□□□□ □□□□□□ □□ □□□□□□□□
 □□ □□□□□□□□ □□□□□□□□: □□ □□□ □□□□ □□□□□ □□□□ □□□□□□□□

□□□□□□□□:

□□□□□□□□ □□□□□□□□□□: □□□□ □□ □□□ □□□□ □□□□□□□□ □□ □□□□□□□□
 □□□ □□ □□□□□ □□□□□□□□□□ □□□□□□□□-□□□□□□□□ □□□ □□□□□□□□ □□□□
 □□□□ □□□□□□□□□□□□□□ □□□ □□□□□□□□ □□ □□□□ □□ □□□□□□□□ □□ □□□□□
 □□□□□

□□□ □□□□□□□□□□:

- □□□□ □□ □□□ □□□□ □□□□□□□□ □□ □□□□□□□□ □□□ □□□□□□ □□□
 □□ □□□□□□□□ □□ □□□□ □□□□□|
- □□□□ □□ □□□ □□□□ □□□□□□□□ □□ □□□□□□□□ □□□ □□□□□□ □□□
 □□ □□□□□□□□□□□□□□ □□ □□□□ □□□□□□

□□□□□□□□ □□□□□ : 480 (□□□□□□□□□ □□□□□□ □□ 120)

□□□□□□□□ □□□□□ : 2 □□□□□

□□□□□□ □□□□□□□□ □□ □□□ □□□□□□□□□□ □□□□□□□□□□
 □□□□□□□□

□□□□ □□.	□□□□ □□□□ □□□□ □□□□□□□□ □□ □□□□	□□□□□□ □□□□□□□□ □□ □□□□
1.	□□□□□□□□, □□ □□□□□□□ (□□□□□□□□ □□□□□□□□)	□□. □□□□ □□□□, □□□□. □□□□.(□□□□.) □□. □□□□ □□□□, □□□□. □□□□.(□□□□.)
2.	□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□, □□□□□ □□□□□,	□□□□□□ □□□□□

1.	□□□□□□ □ – □□□□□□ □□□□	120	30	17	14	00	□□□□
2.	□□□□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□□ – □□□□□□	120	43	39	39	00	□□□□
3.	□□□□□□ □□□□□□ □□□□□□ □□□□□□ □ – □□□□□□	120	79	60	60	00	□□□□
4.	□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□ □□ – □□□□□□ □□	120	18	18	18	00	□□□□

□15.) □□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□
□□□□□□□□□□ □□ “□□□□□□ □□□□ □□□” □□ □□□□□□□□□□
□□□□□□□□□□ □□□□□□

□□□□□□□□□□:
□□□□□□□□□□: □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□
□□□□□□□□□□□□ □□□ “□□□□□□ □□□□ □□□” □□ □□□□□□□□□□□□
□□□□: □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□
□□□□□□□□□□□□ □□□ “□□□□□□ □□□□ □□□” □□ □□□□□□□□
□□□□□□ □□□□ : 110 (□□□□□□□□ □□□□ □□□□ 55 □□□□)
□□□□□□ □□□□ : 3 □□□□
□□□□□□ □□□□□□ □□ □□□ □□□□□□□□□□ □□□□□□□□:

□□□□□□ □□□□□□: □□□□□□□□ □□ □□□□□□□□□□ □□□
 □□□□ □□□□ □□□□□□□□□□ □□ □□□□□□ (31 □□□□□ 2024)
 1524 □□|
 □□□ □□ □□□□□□□□ □□□□□□: □□□□ □□□□

□ 2.) “□□□□□□□□□□ □□□ □□□□□ □□□ □□□□□□□□□□ □□ □
 □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□ □
 □□□□□□□□□□ □□□□□□□□□□: □ □□□□□-□□□□□□□□ □□□□□ □□□□□”

□□□□□□□□□:

□□□□□□□□ □□□□□□□□: □□□□□□□□□□ □□□□□□□□ □□□
 □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□ □□□ □□□ □□□□
 □□□□□□□ □□ □□□□□□ □□□□ □□□□□□□ □□ □□□□□□□

□□□ □□□□□□□□□:

- i. □□□□□□□ □□□ □□□□□□□□ □□ □□□□□□ □□□□□□□□ □□□□
 □□□□□ □□□ □□□□ □□□□□□□□□□□□ □□□□□□□□ □□□ □□□□□□□□
 □□□□□□□□ □□□□□□ □□□□□□□□ □□ □□□□ □□□□□ □□□|
- ii. □□ □□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□ □□ □□□□ □□
 □□□□□ □□ □□□□□□□□ □□□□ □□ □□□ □□□□ □□ □□□ □□□ □□□□□
 □□□□□□
- iii. □□□□□□□□ □□□□□□□□□□ □□ □□□□□□ □□ □□□□□□□ □□□□□
 □□ □□□□□□□ □□ □□□ □□□□□□□□ □□□□□□ □□ □□□ □□
 □□□□□□□□□ □□□□□ □□ □□□ □□□ □□□□□ □□□□□, □□□□□□ □□□
 □□□□ □□□□□□□□□□□ □□□□□□□□ □□□ □□□□□□□□
 □□□□□□□□□ □□□□□□ □□□□□□□□ □□ □□□□□ □□□□□ □□□□□

□□□□□□ □□□□: 1 □□□□ □□□□ □□□□□□□ □□ □□□□□□□ □□□ □□□
 □□□□□□ □□□□ : 1 □□□□□

□□□□□□ □□□□□□□ □□ □□□ □□□ □□□ □□□□ □□□□□□□□:
 □□□□□□□□□□□ □□□□□□□

□□ □. □□.	□□□□□□□ / □□□□ □□□□ □□□□ □□□□□□□□ □□ □□□□	□□□□□□ □□□□□□□□/ □□ □□□□□□□□ □□ □□□□
1.	□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□, □□ □□□□□□□	i. □□. □□□□□□ □□□□□□ □□□□ (□□□□□□□ □□□□□□□□) ii. □□. □□□□□□ □□□□□□ □□□□□□□□ (□□ □□□□□□□□)
2.	□□□ □□□□□□□□□, □□□□□□□ □□□□□	i. □□□□□□ (□□.) □□□□□□ □□□□□ □□□□□, (□□□□□□□ □□□□□□□□) ii. □□□□□□□ □□□□ □□□□ □□□□□□□□□□(□□ □□□□□□□□)

ॐ. _____

_____ : 24 _____ 2018

_____ _____, _____, _____ _____
(_____ _____) _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____

_____ _____ _____ _____, _____ _____
(_____ _____) _____ _____
(_____ _____) _____ _____ _____ _____
2023 _____ 2024 _____ 299 _____ _____ 01 _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____
_____ _____ _____ _____ _____ _____

2023-24 _____

_____	_____ _____ _____ _____ _____	_____ _____ _____ _____
_____ 2023	14	0
_____ 2023	18	0
_____ 2023	30	0
_____ 2023	30	0
_____ 2023	28	0
_____ 2023	30	01
_____ _____ 2023	30	0
_____ 2023	21	0
_____ 2023	31	0
_____ 2024	23	0

□□□□ 2024	24	0
□□□□ 2024	20	0
□□□	299	01

□. □□□□ □□□□□□□□ □□□□□□□□□□ (□□□□□)

1. □□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□ - □□□□□ □□□□□□ □□□□
(□□□□□□□□□□ □□□□□□)

- □□. □□□□□ □□□, □□□□□ □□□□□□ (□□□□.)
- □□. □□□□□□ □□□□□, □□□□. □□□□. (□□□□.)
- □□. □□□□□□ □□□□□, □□□□. □□□□. (□□□□.)
- □□. □□□□□□□, □□□□. □□□□. (□□□□.)
- □□. □□□□□ □□□□□, □□□□. □□□□. (□□□□.)

2. □□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□ - □□□□□ □□□□□.
□□□□□□□□ □□□□□ (□□□□□□□□□□ □□□□□□)

- □□. □□□□□ □□□□□□ □□.□□., □□□□. □□□□. (□□□□.)

3. □□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□ - □□□□□ □□□□□□
□□□□□□ (□□□□□□□□□□ □□□□□□)

- □□. □□□□□ □□□□, □□□□. □□□□. (□□□□.)

4. □□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□ - □□□□□ □□□□□□□□□□
□□□□□□□□ (□□□□□□□□□□ □□□□□□)

- □□. □□□□□ □□□□, □□□□. □□□□. (□□□□.)

5. □□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□ - □□. □□.□□. □□□□□□
(□□□□□□□□□□ □□□□□□)

- □□. □□□□□ □□□□, □□□□. □□□□. (□□□□.)

6. □□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□ - □□. □□.□□. □□□□□
(□□□□□□□□□□ □□□□□□)

- □□. □□□□□ □□□□□, □□□□. □□□□. (□□□□.)

Photos for Annual Report-2023-24



Dr. Bharti, Director (Institute) receiving *Appreciation Certificate* from *Ayush Secretary Vd. Rajesh Kotecha* on 05/04/2023.



Under the observance of *Fire Service Week*, a lecture was delivered by *Shri Praveen Kumar*, Sub-Officer, Fire station, Moti Nagar, ND at *CARI*, New Delhi on 19/04/2023



A Mock Drill on uses of fire extinguishers on fire safety was also carried out under celebration of *Fire Service Week* at CARI, New Delhi on 19/04/2023.



Ayurveda Mobile Health Care program under SCSP 2023-2024 has been inaugurated by Dr. Bharti, Director (Institute), Central Ayurveda Research Institute, Punjabi Bagh, NewDelhi on 09/05/2023.



On the occasion of **World Environment Day**, oath was taken to preserve environment by CARI Officers and Officials on 18/05/2023.



As a part of celebration of **Azadi ka Amrit Mahotsav 2.0**, an awareness Lecture and health check-up camp was organized by CARI, New Delhi at CSIR-NIScPR, New Delhi on 22/05/2023



World Environment Day 2023 was celebrated with great enthusiasm in Central Ayurveda Research Institute. Medicinal plants (Giloy, Tulsi) were distributed to the patients visiting the OPD of CARI, New Delhi by Dr. Bharti, Director (Institute) & other officers on 05/06/2023



World Accreditation Day was celebrated in the Central Ayurveda Research Institute, Punjabi Bagh (W), New Delhi on 09/06/2023.

NNS
Media Group Since 1950
प्रकाशन
बदलते भारत की सभ्य तस्वीर
सप्ताहांत
मेरी दिल्ली
नई दिल्ली, 11 - 17 जून, 2023

केन्द्रीय आयुर्वेद अनुसंधान संस्थान में विश्व प्रत्यायन दिवस मनाया गया



पंजाबी बाग। पंजाबी बाग स्थित केन्द्रीय आयुर्वेद अनुसंधान संस्थान में शुक्रवार, 9 जून को विश्व प्रत्यायन दिवस मनाया गया। इस अवसर पर संस्थान की निदेशक डॉ. भारती, डॉ. हेमंत, डॉ. सीमा जैन, रिसर्च ऑफिसर, पैरामेडिकल स्टाफ सहित ओपीडी के मरीजों ने भी शिरकत की।

इस मौके पर मेरी दिल्ली संवाददाता से बातचीत के दौरान

डॉ. भारती ने बताया कि विश्व प्रत्यायन दिवस के अवसर पर हमने अपने अनुसंधान संस्थान में जागरूकता अभियान चलाया, जिसमें हमने अपने सभी अधिकारियों को यह समझाने की कोशिश की है कि जब अस्पताल में कोई रोगी आता है तो उसके लिए रास्ते के दिशा-निर्देश इस तरीके से बने होने चाहिए कि उसे अपने रोग से संबंधित जगह तक पहुंचने में

किसी भी प्रकार की परेशानी का सामना न करना पड़े।

उन्होंने कहा कि पंजाबी बाग स्थित आयुर्वेद की यह संस्था पिछले 43 वर्षों से आयुर्वेदिक चिकित्सा के माध्यम से पाचन तंत्र के विभिन्न रोगों एवं बहिरंग इत्यादि विभागों के माध्यम से निःशुल्क चिकित्सा प्रदान कर रही है। संस्था में विशिष्ट चिकित्सा सुविधा भी उपलब्ध है। उन्होंने कहा

कि संस्था ने विगत वर्ष में क्वालिटी काउंसिल ऑफ इंडिया द्वारा एनबीएच का मानक प्राप्त किया है और इस वर्ष संस्थान की विकृति विज्ञान एवं जैव रासायनिक प्रयोगशालाओं को भी एनबीएल का मानक प्राप्त हुआ है। उन्होंने कहा कि संस्थान रोगियों की बेहतर सुविधा एवं देखभाल के लिए आगे भी दिन- रात एक कर के काम करता रहेगा।

Meri Delhi Newspaper coverage on *World Accreditation Day* celebrated at CARI, New Delhi on 09/06/2023



Prof. (Dr.) Rabinarayan Acharya, DG, CCRAS inaugurated the free blood group check-up camp on the occasion of *World Blood Donor Day* under *RaktkaAmritMahotsava* at Central Ayurveda Research Institute, New Delhi on 14/06/2023



Blood Group checking camp under the celebration of *World Blood Donor Day* at Pathology Laboratory, CARI, New Delhi in 14/06/2023

As
part
of



celebration of 9th International Yoga Day (IYD-2023), CARI, New Delhi in association with Health Care Sector Skill Council (HSSC) organized a Yoga session on 19/06/2023

9th



International Yoga Day 2023 (IYD-2023) was celebrated at Central Ayurveda Research Institute, Punjabi Bagh, New Delhi on 21/06/2023



A National Seminar on "*Millets – Aahara for Good Health*" was organized by Central Ayurveda Research Institute, New Delhi (CCRAS) at India International Centre, Lodhi Road, New Delhi on 26/06/2023.



Dainik Jagran Newspaper coverage on *National Seminar on "Millets – Aahara for Good Health"* was organized by CARI, New Delhi (CCRAS) at India International Centre, Lodhi Road, New Delhi on 26/06/2023.



Dr. Seema Jain, R.O. (Ay.) & team attended two day training workshop on *CCRAS- Research Oriented Public Health Care Programme* at Bhubaneswar from 6th-7th July 2023

A



free health check-up camp was organized by CARI, New Delhi under celebration of *Azadi Ka Amrit Mahotsava 2.0 (AKAM 2.0)* at Madipur Village on 10/07/2023



The 'Angdaan Mahotsav' – Indian Organ Donation Day was celebrated under the celebration of *Azadi ka Amrit Mahotsava 2.0 (AKAM 2.0)* at CARI, New Delhi on 03/08/2023



Dr. Bharti, Director (Institute) hoisted the flag on the occasion of 77th Independence Day at CARI, New Delhi on 15/08/2023.



Under the Fit India Mission, National Sports Day 2023 was celebrated and inaugurated in the CARI, New Delhi on 25/08/2023.



On the auspicious occasion of Major Dhyanchand birth anniversary, National Sports Day 2023, was celebrated at CARI from 21/8/2023 to 29/08/2023. Sh. Ankit Khatana, National and International Judo Karate player was felicitated at this occasion.



Officers and officials of CARI, New Delhi visited CARI Institute land, FC -5, A block, sector 28, Rohini on 01/09/2023



Dr. Shweta Mata, R.O. (Ay.) presented a 0 draft on, "To develop minimum standard requirements to practice Kriyakalpa" in a hospital/clinical set up at Brainstorming session on development of standard operative procedure and standardization of Netra Kriyakalpa organised by CARI, Bangaluru on 09/09/23

Rashtriya Poshan Maah 2023 has been inaugurated by Dr. Bharti, Director (Institute) at



CARI, New Delhi on 11/09/2023.



Dr. Bharti, Director (Institute) attended a meeting of Insurance brokers cum advisor for the insurance of participants going to be involved in clinical trials at CCRAS HQs on 12/09/2023



Dr. Bharti, Director (Institute) Inaugurated *Hindi Pakhwada* 2023 at CARI, New Delhi on 14.09.2023



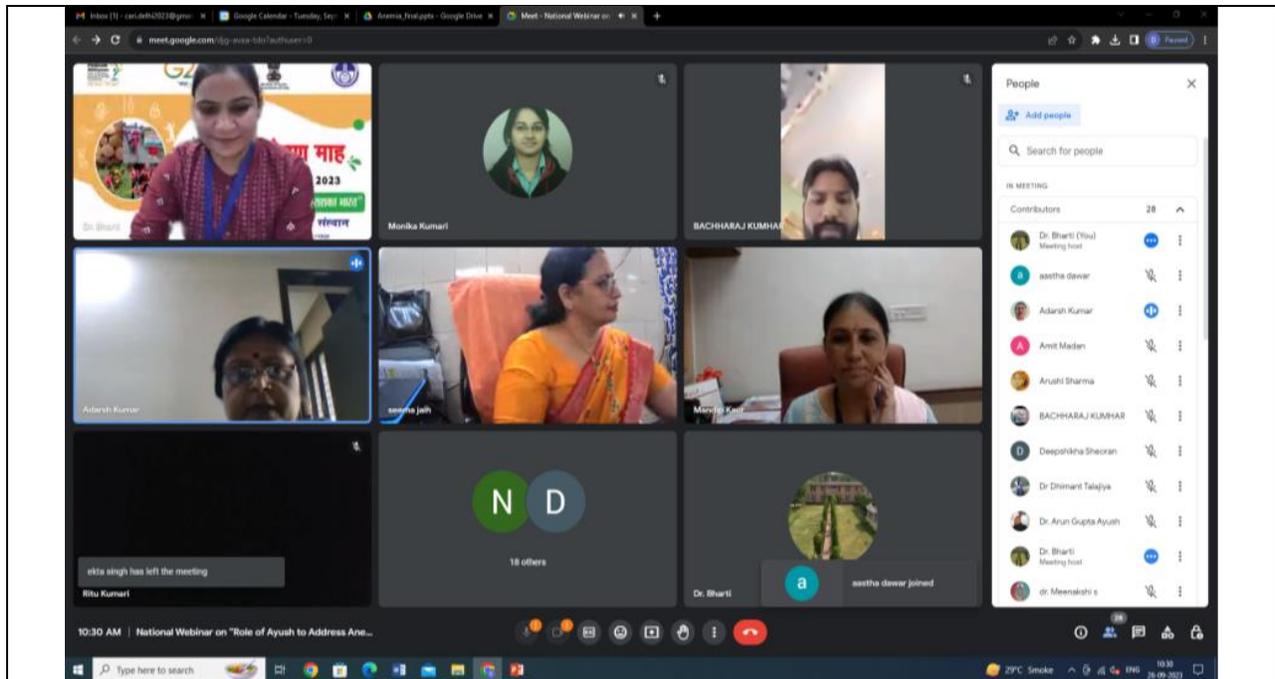
Plantation drive at CARI Institute land, FC -5, A block, sector 28, Rohini under celebration of *Rashtriya Poshan Maah* 2023 on 23/09/2023.



Dr. Bharti, Director (Institute) participated in “2-day brainstorming session- Manthan 2023” along with 30 CCRAS unit heads from across the country at CCRAS HQs from 25th -26th Sept. 2023.



Dr. Seema Jain, R.O (Ay.), Dr. Ashima Jain, R.O. (Path.) and team conducted an awareness Lecture, anaemia screening, Collage competition, distribution of nutritious food items and *Drakshavaleha* as a part of celebration of *Rashtriya Poshan Maah 2023* at Asha girls griha home, sector 8, Dwarka on 25/09/2023.



A national Webinar on “*Role of Ayush to address anemia*” was organized on 26/09/2023 at 10.30 am as a part of celebration of *Rashtriya Poshan Maah 2023*. Lecture was delivered by Dr. Mandip Goyal, Asso. Prof. & I/C HOD, Dept. of KC & RNVV, ITRA, Jamnagar



Dr. Bharti, Director (Institute) received *letter of Appreciation* for NABH & NABL Accreditation from DG, CCRAS on 26/09/2023



Dr. Sakshi Sharma, R.O. (Ay.) delivered a invited talk on “Ayurveda in Healthy Ageing” in Geriatric Conference at AIIMS, New Delhi on 28/09/2023



A national webinar was organized on the topic "Convergence of Traditional wisdom with Modern Diets- Promising Health Solution" on 29/09/2023 at 10.30 am as a part of celebration of Rashtriya Poshan Maah 2023. Lecture was delivered by Dr. Anuja Agrawala, Former Sr. Dietitian, Dept. of Pediatrics, AIIMS, New Delhi.



Sensitization activity on *Paushtik Aahara* was conducted under the observance of *Rashtriya Poshan Maah 2023* "Improving nutrition through Mission LiFE" at *CARI* on 30/09/2023.



In observance to the theme of *Swachhata Hi Sewa 2023* a cleanliness drive "Garbage free India" conducted at *CARI*, New Delhi on 30/09/2023



A one day quaterly *Hindi workshop* was held at CARI, New Delhi on 30/09/2023. Shri Devi Prasad Mishra, Ex. Deputy Director (Rajbhasha), Min. Of Rural Development, GOI delivered lecture on “*Rajbhasha Niti evam Niyam*”.



A one day training program for SMART- OA (an OPD based multi centric collaborative study) has been inaugurated by Prof. R.N. Acharya, DG CCRAS organized through CCRAS-CARI, New Delhi at International Youth Hostel, Chanakya Puri, New Delhi on 04/10/23.



Dr. Bharti, Director (Institute) inaugurated the training program related to "Capacity Building of Preventive Vigilance on Public Procurement and Ethics & Governance" organised by CARI, New Delhi on 07/10/2023. Shri Rajiv Verma, Director CVC was the resource person for this Training program



Multiple activities have been initiated under the Celebration of 8th Ayurveda Day 2023 at CARI, New Delhi on 12/10/2023



Dr. Shweta Mata, R.O. (Ay.) and Dr. Sudha, R.O. (Ay.) visited MCD Pratibha School, Punjabi Bagh (w), New Delhi and briefed about the 8th Ayurveda Day followed by a drawing and colouring competition under the Celebration of 8th Ayurveda Day 2023 organized by CARI, New Delhi on 18/10/2023



Under the celebration of 8th Ayurveda day and International year of Millets 2023 (IYM), Millet Rangoli competition was held at CARI, New Delhi on 18/10/23.



Inauguration of Health Camp by Prof. R.N. Acharya, DG CCRAS with an Awareness lecture, Free Health consultation and Free Medicine Distribution camp organised at BIS, Manak Bhawan under Ministry of Consumer affairs by CARI, New Delhi on 25/10/2023.



Under the celebration of 8th Ayurveda Day, Millet food recipe competition was held at CARI, New Delhi on 25/10/2023.



A one day training program for SMART- IDA (a multi centric collaborative research study) has been organized by Central council for Research in Ayurvedic Sciences through CARI, New Delhi on 27/10/23.



Dr. Sakshi Sharma, R.O. (Ay.) and Dr. Ashima Jain, R.O. (Path.) delivered an awareness lecture under the Celebration of 8th Ayurveda Day 2023 at Seva Sadan Vridh Ashram, Peeragarhi Camp, New Delhi on 30/10/2023



Under the celebration of International year of Millets 2023 (IYM), a *Slogan Competition* was held at Asha Griha Girls Home, Dwarka by CARI, New Delhi on 30/10/23.



Dr. Bharti, Director (Institute) inaugurated the program Vigilance Awareness Week with the theme "*Say no to Corruption; Commit to Nation*" from 30/10/23 to 05/11/23. An integrity pledge has been taken by all officers and officials of the Institute on 30/10/2023



Dr. Sakshi Sharma, R.O (Ay.) organized a quiz on the subject of millets in view of Celebration of International year of Millets 2023 in MCD Co-Ed Primary schools by on 30/10/23.



Under the celebration of 8th Ayurveda Day, a medical camp was organized for the employees of CSIR- TKDL by CARI, New Delhi on 02/11/23.



A one-day training on “Ethics Guidelines for Biomedical & Health Research involving Human Participants” was jointly organized by *Central Ayurveda Research Institute, Punjabi Bagh, World Health Organization Country Office for India & ICMR Bioethics Unit, Indian Council of Medical Research* at Ayush Auditorium, CCRAS Headquarters on 03/11/2023.



Shri.T. P. Sharma, OSD CVC delivered a lecture on *"The importance of Ethical values to fight corruption"* under the observance of **Vigilance Awareness Week** at CARI, New Delhi on 4/11/2023.



“Bikers Rally” organized under the Celebration of 8th Ayurveda Day 2023 by CARI, New Delhi on 05/11/2023.

मेरी दिल्ली

8वें आयुर्वेद दिवस के उपलक्ष्य में बाइक रैली का आयोजन

पंजाबी बाग। केंद्रीय आयुर्वेद अनुसंधान संस्थान (सीएआरआई), नई दिल्ली द्वारा 8वें आयुर्वेद दिवस के उपलक्ष्य में बाइक रैली का आयोजन किया गया। जिसका मुख्य उद्देश्य देश भर के युवाओं को आयुर्वेद दिवस के वैश्विक संदेश 'आयुर्वेद फॉर वन हेल्थ' से जोड़ना और आयुर्वेद की समृद्ध विरासत और सार्वजनिक कल्याण के लिए आयुर्वेद के समग्र दृष्टिकोण को बढ़ावा देना है। रैली में दिल्ली के विभिन्न बाइकर्स ग्रुप के करीब 170 प्रोफेशनल बाइकर्स द्वारा भाग लिया गया। रैली सुबह 8 बजे केंद्रीय आयुर्वेद अनुसंधान संस्थान से शुरू होकर मोती नगर से जखीरा होते हुए



वापस केंद्रीय आयुर्वेद अनुसंधान संस्थान पर समाप्त हुई। दिल्ली बाइकर्स ग्रुप के समन्वयक अनस और शिवम (दिवन नोमैड्स बाइकर्स क्लब, टीएनबीसी), मोहम्मद अरशद, (पुरानी दिल्ली मोटरसाइकिलिस्ट -

पीडीएम), आशीष मल्लोत्रा (वीकेंड राइडर्स क्लब- डब्ल्यूआरसी), मोहम्मद समीर (कायी राइडर ग्रुप- केआरजी), केसी त्यागी (मेराकी राइडर समूह-एमआरजी) ने रैली में अपने ग्रुप सदस्यों के साथ हिस्सा लिया। रैली में आमिर सिद्दीकी के

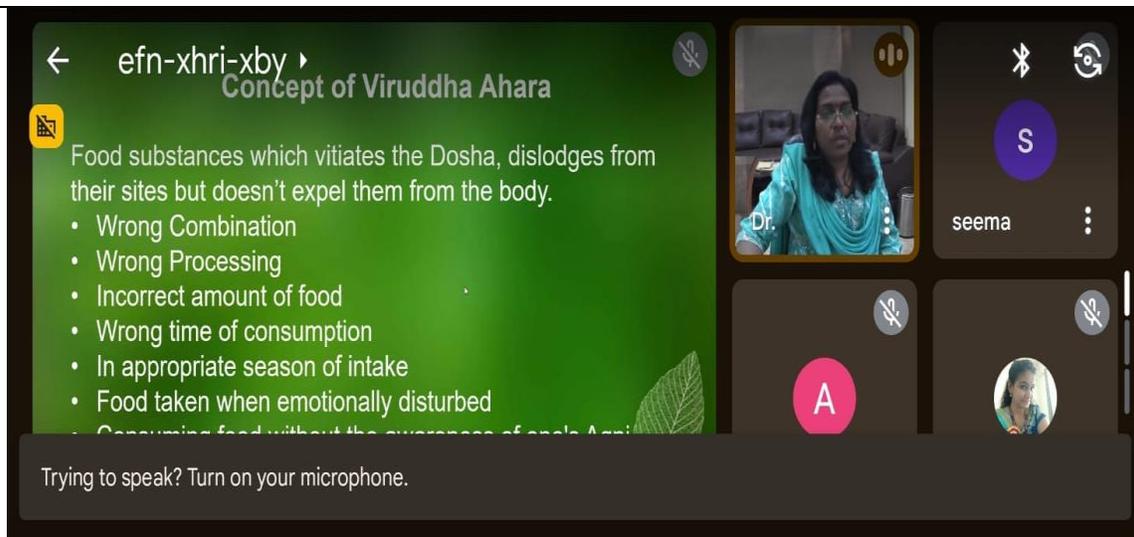
नेतृत्व में 20 दिव्यांगजनों के एक बाइकर्स समूह ने भी हिस्सा लिया। समापन समारोह में संस्थान की निदेशक डॉ. भारती, अखिल भारतीय आयुर्वेद महासम्मेलन के सचिव अवधेश कुमार श्रीवास्तव, केंद्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद के सांख्यिकी अधिकारी डॉ. राकेश राणा, केंद्रीय आयुर्वेद अनुसंधान संस्थान के आयुर्वेद दिवस के नोडल अधिकारी डॉ. शैजी लईक एवं डॉ. अमित तथा संस्थान के अन्य अधिकारी एवं कर्मचारियों मौजूद रहे। बाइकर्स ग्रुप के सभी प्रतिभागियों को मुख्य अतिथि द्वारा प्रमाण पत्र तथा मोमैंटो प्रदान किए गये।



Meri Delhi news paper coverage on Bikers Rally organized on 05/11/2023



Dr. Sakshi Sharma, R.O. (Ay.) and Dr. Ashima Jain, R.O. (Path.), delivered an awareness lecture on “*Role of Ayurveda in stress and lifestyle disorders*” in Delhi Police Bhawan CID special branch, Asif Ali Road, New Delhi activities under the Celebration of 8th Ayurveda Day 2023 on 06/11/23.



Dr. Sudha Ashwin, R.O. (Ay.) delivered an awareness lecture through virtual mode on “*Principles and Practice of Ayurveda for Health and Wellness*” to the the staff of Institute of Genomics and Integrative Medicine (IGIB) – CSIR under the Celebration of 8th Ayurveda Day 2023 on 06/11/2023.



“Run for Ayurveda” event was organized to commemorate the 8th Ayurveda Day 2023 by CARI, New Delhi on 07/11/23.



A free medical health camp was organized at CSIR-CRRI by CARI, New Delhi under the Celebration of 8th Ayurveda Day 2023 on 08/11/2023



Dr. Sakshi Sharma, R.O. (Ay.) delivered an awareness Lecture on "*Strength of Ayurveda in prevention of lifestyle disorders*" on the occasion of celebration of 8th Ayurveda Day at in CSIR-NIScPR Pusa campus, New Delhi on 9/11/2023



Dr. Sudha Ashwin, R.O. (Ay.) delivered an awareness lecture "*Ayurveda Advocacies for Health and Wellness*" under the Celebration of 8th Ayurveda Day 2023 at Department of Public Enterprises, New Delhi on 09/11/23.



On the auspicious occasion of 8th Ayurveda Day, Dhanwantri Pooja was performed at Central Ayurveda Research Institute, Punjabi Bagh (west), New Delhi on 10/11/2023.



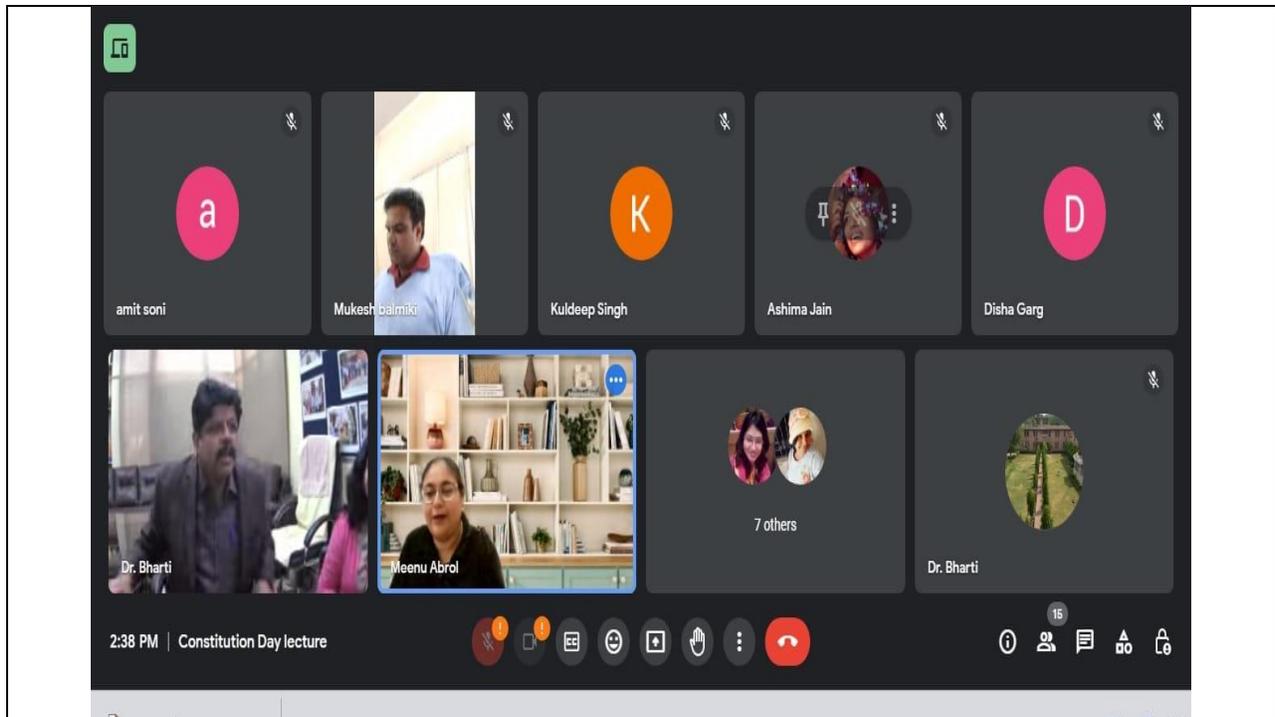
Dr. Bharti, Director (Institute) along with other technical officers and Panchkarma staff welcomed new batch of Panchkarma Technician Course (PTC) affiliated to Healthcare Sector Skill Council (HSSC) at CARI, New Delhi on 16/11/2023.



Prof. Rabinarayana Acharya, Director General, CCRAS visited pavilion of Ministry of Ayush and Ayurveda at IITF 2023 on 18/11/23



Constitution Day celebrated in CARI, New Delhi, Dr. H. Panigrahi, Incharge Director (Institute) administered oath to all officers and officials on 29/11/2023.



Mrs. Meenu Aberol, Legal Advisor, CCRAS HQ delivered an awareness lecture on "Indian Constitution" through virtual mode at 2.30 pm on 29/11/2023.



Dr. Renu Rani, R. O. (Ay.) delivered a guest lecture on "Research & Methodology" at Institute of Ayurveda Studies & Research, Sri Krishna Ayush University, Kurukshetra on 29/11/2023



A MoU has been signed between *CARI, CCRAS, New Delhi and Deptt. of CTVS, AIIMS New Delhi*, for a Collaborative project entitled, “A Randomized placebo control clinical study to evaluate the effect of *Ayush-SR* as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery" on 20/01/24.



On the auspicious occasion of *75th Republic Day*, Vaidya Shri Jayant Devpujari, Chairman, NCISM hoisted the flag in the presence of officers and staff of *CARI, New Delhi and NCISM* on 26/01/2024



Dr. Bharti, Director (Institute) inaugurated *Poshan Pakhwada 2024* at CARI, New Delhi on 11/03/24



Oath on ECCE administered by Dr. Bharti, Director (Institute) to all officers and officials of CARI, New Delhi on 16/03/2024

