

CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

I. Administrative Report

1. Staff pattern as per format given below:

(Ref: - Council's letter No. 7-2/2018-CCRAS/Tech./HQ./5675 dated 14.03.2019)

Staff pattern (31.03.2023 updated)

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/OBC	Remarks
1	Director (Institute)	01	Dr. Bharti	-	F	Neither	-
2	Assistant Director (Ayurveda)	01	Dr Sarada Ota	-	F	Neither	
3	Assistant Director (Medicine)	01	-	01	-	-	-
4	Assistant Director (Bio- Chem.)	01	-	01	-	-	
5	Assistant Director (Pathology)	01	Dr. RenuMakhija	-	F	Neither	-
6	Administrative Officer	01	-	01	-		Smt. Pushakala kumari Retired on 28.02.2023
7.	Research Officer (Ayurveda)	20	i. Dr. H. Panigrahi ii. Dr. Sakshi Sharma iii. Dr. Seema Jain iv. Dr. Patel KishorjiPremaji v. Dr. Mata Shweta vi. Dr. Rajput Shiv Shankar vii. Dr. C. Ashwin viii. Dr. Athira S. ix. Dr. Anu Bhatnagar x. Dr. Amit xi. Dr. ShaiziLayeeq xii. Dr. Saroj Devi xiii. Dr. Sudha Kumari Chiluveri xiv. Dr. Shweta Chaudhary xv. Dr. Neha Dubey xvi. Dr. Pramod Chandra Dwivedi	-	M F F M F M M F F M F F F F F M	Neither Neither Neither Neither Neither Neither + PWD OBC Neither Neither + PWD SC Neither SC OBC SC Neither UR +PWD	*Dr. Karthika A.P transferred to NARIP, Kerala on 02.09.2022 from CARI, New Delhi **Dr. Nandini Murli Jadhav transferred to RARC, Goa on 14.11.2022 from CARI, New Delhi ****Dr. Vikas Naryal transferred to RARI, Mandi on 17.03.2023 from CARI, New Delhi

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			xvii. Rinky Devi Thakur		F	ST	
			xviii. Dr. Renu Rani		F	Neither	
			xix. Dr. Kuldeep		M	OBC	Joined on transfer from RARI, Patna 11.04.2022
			xx. Dr. Mayur Surana		M	Neither	Joined on transfer from CCRAS Hqrs 05.09.2022
			xxi. Dr Sharwan Kumar Sahu		M	OBC	Joined on transfer from RARI, Gangtok 18.02.2023
8	Research Officer (Path.)	01	Dr. Ashima Jain	-	F	Neither	
9	Assistant Matron	01	Ms. Moutusi Biswas	-	F	Neither	
10	Asst. Research Officer (Physiotherapy)	01	Ms. Disha Garg	-	F	Neither	
11	Sister - in - charge	02	-	02	-	-	
12	Statistical Assistant	01	-	01	-	-	
13	Hindi Assistant	01	Smt. Sonali Sharma	-	F	Neither	
14	Staff Nurse	*8-1=7	1. Ms. Shweta Chaudhary		F	SC	
			2. Smt. Priya Chugh		F	Neither	
			3. Ms. Akansha Sharma		F	Neither	
			4. Smt Ekta		F	SC	Joined on transfer from CARI, Patiala 02.05.22
			5. Ms. Monu Sharma		F	Neither	Newly appointed 03.02.2023
			6. Smt Arannya Mukhjree		F	Neither	Newly appointed 15.06.2022
			7. Sh Munesh		M	ST	Newly appointed 21.03.2022
15	Pharmacist Gr-I	7	2. Sh. Pramod Kumar	02	M	Neither	1. Sh. Pawan Kumar,
			3. Sh. Baccharaj Kumhar		M	OBC	2. Sh. Ramraj Kumhar
							3. Sh. Jaisingh Jatav,
			4. Sh. Gorav		M	SC	4. Sh. Jeetender Singh (All resigned on 28.12.2022)
			5. Sh. Manish Kumar		M	UR	Newly appointed 08.02.2023
							Newly appointed 08.02.2023

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			6. Sh Veerendra Gupta		M	OBC	Newly appointed 27.02.2023
16	Radiographer	01	-	01	-	-	
17	Security In-charge	01	-	01	-	-	
18	Social Worker	01	-	01	-	-	
19	Stenographer Grade-'I'	01	-	01	-	-	
20	Assistant	01	Sh Rajnath Rawat	-	M	SC	Joined on transfer from CCRAS Hqrs 20.05.22
21	Electrician	01	-	01	-	-	
22	Laboratory Technician	06	i. Sh. V.S.Pandey	02	M	Neither	
			ii. Sh. Nempal Singh		M	ST	
			iii. Sh. Abhishek Gautam		M	Neither	
			iv. Sh Lakhmi Chand Yadav		M	OBC	Newly appointed 31.03.2023
23	Panchakarma Technician	04 (2 M + 2 F)	-	04	-	-	
24	Private Secretary	01	-	01	-	-	
25	Upper Division Clerk	05	Sh. Shiwashankar Rai Sh. Ankit Thakran	03	M M	Neither Neither`	Joined on transfer from RARI, Jaipur 16.01.23
26	Dark Room Assistant	01	Smt Sweta Bhardwaj	-	F	Neither	Newly appointed 05.09.2022
27	Library & Information Assistant	01	-	01	-	-	
28	Driver	02	Sh. Sunil Kumar	01	M	SC	
29	Gestetner Operator	01	-	01	-	-	
30	Lower Division Clerk	05	i. Sh. Himanshu	03	M	SC	*Ms Dipti Sharma resigned on 27.05.22 **Sh. Kanwaljeet Sharma transferred CARI, Patiala on 30.06.2022 from CARI, New Delhi
			ii. Sh Sonu		M	OBC	Newly appointed 14.12.2022
31	Laboratory Assistant	01	-	01	-	-	
32	Laboratory Attendant	03	i. Sh. Surender Mohan Sihara	-	M	ST	
			ii. Sh. Amit		M	SC	

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			iii. Sh Bhupender Singh		M	SC	Newly appointed 22.11.2022
33	Cook	03	Sh Dhanesh	02	M	OBC	Newly appointed 12.08.2022
34	Dresser	01	-	01	-	-	
35	Panchakarma Attendant	08	Smt. Kalawati	07	F	ST	
36	Ward Aya	06	Smt. Roopa	02	F	Neither	
			Sh Kumar Vivek		M	UR	Newly appointed 06.08.2022
			Sh Bharat Kumar Sharma		M	OBC	Newly appointed 02.09.2022
			Sh Sagar		M	PWD+SC	Newly appointed 25.11.2022
37	Chowkidar	04	i. Sh. Desh Raj Singh	01	M	SC	
			ii. Sh. Kirodh Kumar		M	Neither	
			iii. Sh. Krishna Gopal		M	SC	
38	Dhobhi	01	Sh. Ravinder	01	M	SC	
39	Kitchen Servant	03	-	03	-	-	
40	Labourer/Farma Attendant	03	Sh. Bhim Sen	-	M	SC	
			Sh Deepak Chauhan		M	Neither	Newly appointed 02.08.2022
			Sh Manjeet		M	Neither	Newly appointed 20.08.2022
41	Mali	02	Sh Shiv Raj Meena		M	ST	Newly appointed 02.08.2022
			Sh Aman		M	SC	Newly appointed 17.08.2022
42	Peon	08	i. Sh. Om Prakash	03	M	Neither	Sh. Hiralal Mehto, Retired on 31.10.2021
			ii. Sh. Dharmveer Singh		M	OBC	
			iii. Sh. Rahul		M	SC	
			iv. Sh. Nagendra		M	Neither	
			v. Sh. Sunil		M	SC	
43	Safaiwala	06	-	06	-	-	
44	Ward Boy	06	Sh. Raghubir Singh	04	M	Neither	
			Sh. Amit Kumar		M	OBC	
45	Female Attendant (MTS)	01	-	01	-	-	

The posts below are not in the sanctioned strength of the Institute

- **Ms Aastha Dawar, A.R.O (Clinical Psychology), Whether SC/ST/OBC- Neither**
- **(Ref: - Council's letter No.12-45/2015-CCRAS/Estt./1627 dated 05.09.2016)**
- Sh. Anil Kumar, Animal Attendant, SC

2. No. of Staff according to the group

S.No.	Group	Number of Staff						Whether roster maintained or not
		General	SC	ST	OBC	Others	Total	
1.	A	17	03	01	04	-	25	Yes
2.	B	10	03	01	02	-	16	Yes
3.	C	13	14	04	06	-	37	Yes
4.	D	-	-	-	-	-	-	Yes
Total		40	20	06	12		78	

3. Expenditure

S.No.	Components	S.T. Category	Others	Total
1	Male Components	1598202	39872299	41470501
2	Female Components	2691346	43661299	46352645
Total		4289548	83533598	87823146

4. a) Brief report on Infrastructure of the Institute

Establishment	:	The Institute was established in 1979
Staff working	:	Please see page no 1
Building Own or Rented	:	Rented
Laboratory	:	Biochemistry, Pathology, X-Ray
Any Other	:	OPD, IPD, Panchakarma, Ksharsutra, Leech therapy, Eye OPD, Geriatric OPD, Athritis clinic, Gynae clinic, Preventive Cardiology& life style clinic, ENT clinic, Balroga,Physiotherapy, Marma OPD, Clinical Psychology.

b) OPDs running at different places:

- Clinical Research Unit (Ay.) at Safdarjung Hospital, New Delhi
- Ayurvedic Treatment Centre at Lady Hardinge Medical College and Hospital, New Delhi
- First Aid Post at Supreme Court, New Delhi
- Ayurveda Treatment Centre at PGIMER, Dr. Ram Manohar Lohia Hospital, New Delhi
- Ayush Wellness Clinic at President's Estate, New Delhi
- CCRAS- JNU Ayurveda Treatment & Research Facility, Delhi

5. Resources generated during the year from OPD/IPD/Lab/Panchakarma/Medical plants sale etc.

S.No.	Section	Amount	Remarks
1	OPD	286620	
2	IPD	635656	
3	X Ray	47896	
4	Panchkarma	779565	
5	Lab	93710	
6	Physiotherapy	25753	
7	Ksharsutra	3360	
8	Eye	62948	
9	ENT	37414	
	Total	1972922	

6. Details of the Budgetary Provision to the Institutes during the reporting period:

Scheme	B.E. (In Lakh)	Fund received In Lakh)	Actual expenditure (In Lakh)
Plan-Contingency	36501000	23787786	23765617
RA	13500000	17100000	1709217
Non-Plan Pay & Allowances	90000000	87823267	87823146
Total	140001000	128711053	113297980

7. List of members of Institutes Ethical Committee & Central Ethics Committee

Sl. No.	Name & Address	Discipline	Designation
1.	Prof. Subir Kumar Maulik, Dept. of Pharmacology, AIIMS	Basic Medical Scientist (Pharmacology)	Chairperson
2.	Prof. Rajesh Khadgawat Dept. of Endocrinology & Metabolism, AIIMS	Clinician (Modern Medicine)	Member
3.	Dr. Jasbir Kaur, Prof. & Officer-in-charge Dept. of Ocular Biochemistry Dr. R.P. Centre for Ophthalmic Sciences, AIIMS, New Delhi	Basic Medical Scientist (Bio-chemistry)	Member
4.	Prof. Mahesh Vyas, Professor & Head, Dept. of Samhita & Siddhant, AIIA, Sarita Vihar, New Delhi	Ayurveda Expert	Member
5.	Dr. Anil Kumar Gupta, Advocate	Legal Expert	Member
6.	Dr. Avadhesh Kumar Srivastava, Ayurveda Maha Sammelane	Social Scientist/Non- Govt. Agency	Member
7.	Sh. Rama Krishnan, Administrative Officer, Rashtriya Ayurveda Vidyapeeth	Lay Man (Non-Medical Person)	Member
8.	Prof. R.P. Singh, Centre for Philosophy School of Social Sciences, JNU	Philosopher	Member
9.	Dr. Sarada Ota, AD (Ay.), CARI, New Delhi	Member Secretary	Member Secretary

II. Technical Report

1. Programme allotted and completed during the reporting period

S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
A. COLLABORATIVE PROJECTS				
1.	Validation and Reliability Testing of Ayurveda Diagnostic Methods	150	129	Continue
2.	Clinical evaluation of the efficacy of “Ayush SS Granules” in exclusively breastfeeding mothers with Insufficient Lactation (<i>Stanyalpata</i>)- A Randomized Double-blind placebo control trial	210	164	Completed
3.	Randomized control study to evaluate the efficacy of Ayush Card tea (Ayush CCT) and Rajyog meditation versus conventional treatment on clinical recovery and postoperative outcomes following Mitral Valve Open Heart Surgery	100	85	Completed
4.	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine. (CARI, New Delhi)	120	51	Continue
	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine. (RML, New Delhi)	120	24	Continue
5.	Development of Automated Basti Yantra- A comprehensive tool for the administration of enema	This project will help establish Ayurvedic Basti procedure at the global level by having standard operating guidelines and maintaining hygiene as well.	Continue	The final machine (Basti Yantra) is to be installed at CARI, ND, by IIT very soon.
6.	Randomized double-blind Placebo-controlled Clinical Study of Ayurvedic coded Drug AYUSH-A in the management of Bronchial Asthma (Tamak Shwasa)	100	30	Continue
7.	Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in	37	08	Continue

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S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
	Healthy adults: A prospective longitudinal study			
8.	Prospective Double Blind Randomized Controlled Clinical Study On Ayurvedic Intervention (Sarpagandha Mishran) Vs Amlodipine For The Management Of Stage-I Primary Hypertension	150	43	Continue
9.	A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigataavata (Primary Knee Osteoarthritis)	75	20 enrolled	Continue
10.	Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial	90	--	IEC done at VMMC, Safdarjung hospital, New Delhi.
11.	Efficacy of Ayurveda interventions in the management of <i>menorrhagia</i> (<i>Raktapradara</i>) – A randomized controlled trial	140	--	IEC done at VMMC, Safdarjung hospital, New Delhi.
12.	Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention- <i>Dhatri Lauha</i> in the management of Iron Deficiency Anemia: An open label single arm study	480 (120 from each centre)	---	Project started after getting IEC Clearance from all collaborative Institutes
13.	Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study	480 (120 from each centre)	--	IEC approval certificate from BHU-Varanasi, CRF finalization, drug procurement and CTRI registration is pending
14.	Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in the Prevention and Reduction of the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study	1660	---	YET TO BE INITIATED
15.	A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac	220	---	YET TO BE INITIATED

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S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
	rehabilitation on biochemical, physical, and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery			
B. IMR Research Projects				
16.	An open-label clinical trial to evaluate clinical efficacy and safety of Ayush AGT for external wounds.	30	30	Completed
17.	Evaluation of AYUSH- SR tablet in Occupational Stress Among Nurses – A Randomized Double Blind Placebo Controlled Clinical Study”	120	72	Continue
18.	Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study	140	14 enrolled	Continue
19.	Evaluation of Efficacy and Safety of AYUSH-M3 in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study	140	138	Completed
20.	Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial	180	---	IEC & CTRI done. The project will be started soon after drug procurement.
21.	Clinical evaluation of Lavanbhaskara Churna in the management of Amajirna- Randomized Parallel group study	110	99	Completed
22.	Randomized Double Blind Trial for Clinical Evaluation of Ksharsutra prepared manually and by automated machine in Fistula in Ano (Bhagandar)	100	96	Completed
23.	Clinical efficacy of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) - A randomized open label prospective clinical trial	90	54	Continue
24.	A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis	30	---	Yet to be initiated

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S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
C. ANNUAL ACTION PLAN				
25.	Clinical safety and efficacy of <i>Triphala ghrita</i> and <i>Anu taila</i> in the management of Dry Age-Related Macular Degeneration (<i>Jarajanya Drishtigata Roga</i>)	40	04 enrolled	Continue
D. OUT REACH ACTIVITIES				
26.	Ayurveda Mobile Health Care under Scheduled Castes Sub-Plan	6000	Target achived	Completed
27.	Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factors among scheduled castes in selected states across India	185	Target achived	Completed
28.	Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A community based randomized controlled trial	40	Target achived	Completed
29.	Extension of activities being carried out under Poshan Abhiyaan to childcare Institutions (CCIs)	Target of total 4 visits fortnightly in between 15 th January to March in the identified Child Care Institutions.	Target achived	Completed
30.	E.Pharmacovigilance of ASU & H Drugs		Continue	
Literary Study- Life Profile of Ayurveda Luminary				
31.	Life Profile of Ayurveda Luminary -Vd Bhagwan Dash	Continue		
32.	Life Profile of Ayurveda Luminary –Vd. Prof. Shri Ram Sharma	Continue		
33.	Life Profile of Ayurveda Luminary - Vd. Labhshankar Shukla	Continue		
34.	Life Profile of Ayurveda Luminary - Vd Bhaskarbhai Hardikar	Continue		
35.	Life Profile of Ayurveda Luminary - Dr. S.C Dhyani	Continue		
36.	Life Profile of Ayurveda Luminary –Dr. M. S. Baghel	Continue		

2. Publications/Research papers/articles (publication in reputed National/ Internationals journals only peer reviewed journals to be furnished).

Research Publications

1. Articles published in reputed Journals only

(a) International Journal

S. No.	Name of the Author(s)	Title of the Paper	Name of the Journal, Volume, Page no. etc.	Date of publication (Month & Year)
1.	Narayanam Srikanth, Adarsh Kumar, Bhogavalli Chandrasekhara Rao, Richa Singhal, Babita Yadav, Shruti Khanduri, Sophia Jameela, Amit Kumar Rai, Arunabh Tripathi, Rakesh Rana, Azeem Ahmad, Bhagwan Sahai Sharma, Ankit Jaiswal, Rajesh Kotecha and State Level Collaborators (Name under state-level collaborators) Dr. Amit, R. O. (Ay.), Dr. Kuldeep, R. O. (Ay.)	“Disease Characteristics, Care-Seeking Behavior, and Outcomes Associated With the Use of AYUSH-64 in COVID-19 Patients in Home Isolation in India: A Community-Based Cross-Sectional Analysis”.	Frontiers in Public health, Volume 10	--
2.	Dr. Kuldeep, Dr. Shaizi Layeeq, Dr. Amit	“An Evidence-Based Review On Shirodhara: A Unique Panchakarma Therapy”	IJAPR July 2022 Vol 10 Issue 7	July 2022
3.	Dr A.B. Dey Dr. Gambhir Dr. Hazra, Dr. Sakshi Sharma As Corresponding Author	Safety and Efficacy of Ayush Rasayana A and B in Improving Functionality of the Elderly – A Single-Arm Multicenter Study	Journal of the Indian Academy of Geriatrics, Published in July -2022, Pg no-49-57 ISSN 0974-3405	July -2022

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4.	Dr. Sakshi Sharma as Co-Author	A Broad Review on Shatavari (<i>Asparagus Racemosus</i>) : Queen of All Herbs	International Journal of Advanced Research (IJAR), ISSN NO 2320-5407, 10(06), 247-254, Published in June 2022	June 2022
5.	Dr. Sakshi Sharma as Co Author	Review on Pharmacological Actions of <i>Nymphaea nouchali</i>	International Journal of Advanced Research (IJAR), ISSN NO 2320-5407, 10(06), 255-260, Published in June 2022	June 2022
6.	Dr. Sakshi Sharma as Co Author	Evidence-Based Classical and Ethano-medicinal Review on <i>Holoptelea integrifolia</i> (Roxb) Planch.(<i>Chirbilwa</i>)	World Journal of Pharmaceutical Research (WJPR), ISSN 2277-7105 Volume11, Issue 9,Pg 8.no 299-319.0,Published in June 2022	June 2022
7.	Dr. Sakshi Sharma as Co Author	A review on Pharmacological Action of Arjuna (<i>Terminalia arjuna</i> (Roxb.) Wt. and Arn.	World Journal of Pharmaceutical Research (WJPR), ISSN 2277-7105 Volume 11, Issue 9, 1760-1778, Published in July 2022	July 2022

8.	Dr. Sakshi Sharma as Co Author	Review on Pharmacological actions of <i>Valeriana wallichii</i> (Tagara): A fundamental analysis supporting traditional benefits	International Journal of Ayurveda and Pharma Research (IJAPR), ISSN :2322-0902(P) Vol 10 I Suppl 1, Published in August 2022.	August 2022

(b) National Journal

Articles published in Proceedings of Conference/Seminar/Webinar/Workshop etc. (International & National level)

S. No.	Name of the Author(s)	Title of the Paper	Name of the Conference/Seminar /Webinar/Workshop etc. along with organizer and venue	Date of publication (Month & Year)
1.	“Ayurveda formulation AYUSH 64 in asymptomatic and mild COVID 19 infection-A prospective, open label Clinical Study”	Manoj K. Shamkuwar, Shivshankar Rajput, Babita Yadav, Sujata Ranjan, Nitin Jindal, Lalita Sharma, Rakesh K. Rana, Richa Singhal, Shruti Khanduri, Bhagwan S. Sharma, Bhogavalli Chandrasekhara Rao, Narayanam Srikanth, Bharti, Kartar Singh Dhiman, Raj K. Manchanda	Journal of Research in Ayurvedic Sciences – Volume 6, Issue 2, April-June 2022 pg no. 53-64	April-June 2022
2.	Dr. Sakshi Sharma as Co Author	An Open-label, randomized, exploratory study to evaluate the effect of Internal oleation and therapeutic purgation on Lipid profile in Patients with Skin diseases	JRAS, ISSN 0256-5601 (UGC-care list), October-December 22 Vol.-6, Issue-04 Pg. No-181-189 Published in December 2022.	December 2022

2. Other publication

Publication (Books/Booklets/Chapter/Technical reports/Monographs etc.)

S. No.	Title of the Books/Booklets/Chapter/Technical reports/ Monographs	Contribution	Publisher with year of publication (Month & Year)
1	Role of Virechana along with Triphaladi Yoga in the management of Garbhashaya Arbuda (Uterine Fibroid)	Dr. Rajput Shivshankar, Dr. Shweta Mata	Paper published in souvenir of 9th World Ayurveda Congress & AROGYA Expo 2022 at Pangim, Goa, India during 08.12.2022 to 11.12.2022
2	A review on Preventive and therapeutic potential of millets in non-communicable diseases	Dr. Shweta Mata, Dr. Rajput Shivshankar	Full paper published in souvenir of RAV's 28th National Seminar on "Usage of Trina Dhanya (Millets) in Contemporary Lifestyle" at Vigyan Bhavan(Hall No.6), Rajpath area, Central Secretariat, New Delhi during 16th to 17th March 2023
3	Text Book of Dravya Guna Vigyan Ist Volume as per the revised syllabus	Dr. Sakshi Sharma as Co Author	Jaypee Brothers, Medical Publishers (P) Ltd.EMCA House,Daryaganj New Delhi during March 2023

3.Paper presented in Conference/Seminar/Webinar/Workshop etc.

S. N o.	Name of the Author(s)	Title of the Paper Presented	Name of the Conference/Seminar/ Webinar/Workshop	Name of organizer and Venue	Date of the event (Month & Year)
1	Dr. Sakshi Sharma R.O. (Ay.)	Presented a paper on "Role of Rasayana –a strength of Ayurveda in healthy ageing"	International Symposium on "Recent Advances in Research on Healthy ageing and future challenges	Department of Zoology, Banaras Hindu University, Varanasi	05.11.2022-07.11.2022
2	Dr. Seema Jain, R.O (Ay).	Presented a paper on "Concept of Ama: A critical review"	"SIDDHANTCON" International seminar	Indore M.P.	17.12.2022 & 18.12.2022
3	Dr. Sakshi Sharma R.O. (Ay.)	Presented a paper on the topic "Shiksha Evum	Ayurveda Perv at Gopabandhu Ayurveda Mahavidyalya, Puri (Odisha	Ministry of Ayush	20.01.2023

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		Anusandha” as invited Resource person			
4	Dr. Sakshi Sharma, R.O. (Ay.)	Presented a paper on the topic “Research-based evidence of medicinal plants useful in organelle aging.” as an invited Resource person	Ayurveda Parv at Choudhary Charan Singh University Meerut	Ministry of Ayush.	11.03.2023
5	Dr. Seema Jain, R.O. (Ay.)	Delivered a lecture on Sickle Cell Anemia	Symposium on Sickle Cell Disease	ICMR-NIRTH, Jabalpur, BHOPAL, MP	23.02.2023
6	Dr. Shweta Mata	A review on Preventive and therapeutic potential of millets in non-communicable diseases	RAV's 28th National Seminar on “Usage of Trina Dhanya (Millets) in Contemporary Lifestyle” at Vigyan Bhavan(Hall No.6), Rajpath area, Central Secretariat, New Delhi	RAV	16th to 17th March 2023
7	Dr. Rajput Shivshankar, Dr. Shweta Mata	Role of Virechana along with Triphaladi Yoga in the management of Garbhashaya Arbuda (Uterine Fibroid)	9th World Ayurveda Congress & AROGYA Expo 2022 at Pangim, Goa, India	9th World Ayurveda Congress & AROGYA Expo	08.12.2022 to 11.12.2022

4. Seminar/Conference/Workshop organized by the Institute:

S. No.	Title of Seminar/ Conference/	National/ International	Date
1.	Organized the IEC (Institutional Ethical Committee) meeting through video conferencing under the Chairmanship of Prof. Dr. S.K. Maulik.	National	25.04.2022
2.	Organized a Training Programme on “Implementation of NABH 2 nd Edition Ayurveda Accreditation Standards”	National	27.04.2022 to 29.04. 2022
3.	National Webinar on “Awareness Programme on Pharmacovigilance in ASU & H drugs”	National	09.05.2022
4.	Conducted Hindi Pragya Examination (Jan-May 2022 session) Paper 1 and Paper 2	National	18.05.2022
5.	Organized Vibhagiya Rajabhasha Karyanvyan Samiti-Trimahi Baithak	Institutional	16.06.2022
6.	Organized a Technical Meeting regarding budget of financial year 2022-23 for projects and for celebration of Yoga Day.	Institutional	18.06.2022
7.	Organized 8th International Yoga Day-2022 Celebration having theme of “Yoga for Humanity”	Institutional	21.06.2022
8.	Organized 2nd workshop on 'sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes"	National	27.06.2022-28.06.2022
9.	Organized a virtual Hindi Workshop on topic “हिंदी में पत्राचार एवं टिप्पणी कैसे लिखें” with speaker Sh. Shyam sunder kathuria, Joint director Rajabhasha Vibhag, ESI.	Institutional	29.06.2022
10.	Organized “Fire Safety Mock drill & Training demonstrated by Sh. Y.P. Kasana, former fire safety officer, Bhabha Atomic Research Institute.	Institutional	06.07.2022
11.	Conducted interview for the post of Panchakarma Attendant for the project "A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)"	Institutional	19.07.2022
12.	Organized Incident Report, referral, and rejection committee meeting in the Conference room at CARI, New Delhi.	Institutional	27.07.2022
13.	Conducted interview for the post of Panchakarma Attendant for the project "A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)"	Institutional	29.07.2022

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14.	Organized “NABH therapeutic committee meeting” under chairmanship of director Institute.	Institutional	30.07.2022
15.	Observance of Har Ghar Tiranga program on 76th Indian Independence Day 2022 at CARI, New Delhi.	Institutional	13.08.2022 to 15.08.2022
16.	Organized the Reorientation training on steps of Hand wash.	National	25.08.2022
17.	Organized Induction training of new staff and reorientation of existing staff a) Safety issues of patients and healthcare facility b) Soft skills, communication, and discipline c) Rights and responsibilities	National	26.08.2022
18.	Organized the 3-bucket system cleanliness training	National	27.08.2022
19.	Organized the Cardiopulmonary Resuscitation (CPR) Training of Existing staff	National	29.08.2022
20.	Organized monthly meetings of the Incident report, Referral and Rejection Committee	National	30.08.2022
21.	Organized Therapeutic committee meeting at CARI, New Delhi	Institutional	31.08.2022
22.	Observance of Poshana Maah (organized lectures, Poshana Vatika, Healthy food distribution like fruit distribution, kheer, mishti doi distribution among school children and OPD/IPD patients)	Institutional	September, 2022
23.	Organized training on Biomedical Waste Management to the staff of the institute	Institutional	02.09.2022
24.	Organized a meeting related to facility management and safety issues	Institutional	07.09.2022
25.	Organized and coordinated the NABH assessment of the institute.	Institutional	08.09.2022 - 09.09.2022
26.	Observance of Ayurveda day (organized lectures, webinar/ health camps, Prakriti Parikshana camp etc.)	Institutional	12.09.2022 to 23.10.2022
27.	Organized training on ‘Spill Management’.	Institutional	13.09.2022
28.	Observance of Hindi Pakhawada.	Institutional	15.09.2022 to 30.09.2022
29.	Observance of Sewa Pakhawada.	Institutional	17.09.2022 to 02.10.2022
30.	Organized a free health check-up and medicine distribution program under Sewa Pakhwada.	Institutional	21.09.2022
31.	Organized Vriksharopan and Swachhta program under Sewa Pakhwada.	Institutional	23.09.2022
32.	Organized the “Fire Safety Mock Drill & Training” by Sh. Y.P. Kasana, Expert for the training conducted at CARI, Punjabi Bagh, New Delhi.	Institutional	26.09.2022
33.	Organized 1 day free medical camp at CCRAS Hqtrs under Sewa Pakhwada.	Institutional	29.09.2022

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34.	Organized Poshan Utsava under Poshan Abhiyaan at Kartavya Path from 30th Sep – 2nd Oct, 2022	National	30.09.2022
35.	Organized a webinar entitled, “Ayurveda Aahar: Millets/grains/rules” by Dr. Shweta Mata as the part of Poshan Maah celebration.	Institutional	30.09.2022
36.	Observance of 7th Ayurveda day (organized lectures, Plant distribution, Healthy Ayurveda Aahar distribution like Payasam (kheer), Krishra, Takra etc. among school children and OPD/IPD patients, webinar/ health camps, Prakriti Parikshana camp etc)	National	12.09.2022 to 23.10.2022
37.	Observance of Sewa Pakhawada	Institutional	17.09.2022 to 02.10.2022
38.	Organized Prakriti Assessment camp	Institutional	06.10.2022 & 07.10.2022
39.	Organized a webinar entitled, “Ayurveda Aahar: Millets/grains/rules” as the part of 7th Ayurveda day celebration.	Institutional	07.10.2022
40.	Organized a lecture on the topic "Ayurveda for Mental Well-Being" to the students of MCD School, Punjabi Bagh, New Delhi	National	11.10.2022.
41.	Organized a webinar on sharing Clinical experiences for the treatment of different types of Arthritis.	National	19.10.2022
42.	Organized distribution of plants among the OPD, and IPD patients	Institutional	18.10.2022 21.10.2022 22.10.2022
43.	Organized distribution of Ayurveda Aahar among the OPD, IPD patients, and school children	Institutional	15.10.2022 17.10.2022 19.10.2022 21.10.2022
44.	Organized distribution of Jute bags with Ayurveda day logo	Institutional	22.10.2022
45.	Organized distribution of IEC material as a part of 7 th Ayurveda day celebration	Institutional	22.10.2022
46.	Daily public lectures	Institutional	Month of November
47.	Organized various activities under ‘Vigilance awareness week’	National	31.10.2022 to 07.11.2022
48.	Organized पारंगत परीक्षा for the officers and staff of the institute	National	19.11.2022
49.	Organized medicine Purchase/Consumption Related online meeting	Institutional	19.12.2022

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50.	Organized “विभागीय राजभाषा कार्यान्वयन समिति की त्रिमाही बैठक”	Institutional	21.12.2022
51.	Organized “कंप्यूटर पर उपलब्ध हिन्दी के नवीनतम डिजिटल टूल्स और उनका प्रयोग” पर हिंदी कार्यशाला I	Institutional	22.12.2022
52.	Organized monthly meetings on Incident Reports, referral, and rejection committees- at CARI, Punjabi Bagh.	Institutional	04.01.2023
53.	Organized the inauguration of the international year of millets 2023 at CARI, New Delhi	Institutional	10.01.2023
54.	Organized the meeting on Therapeutic Committee of CARI, New Delhi	Institutional	11.01.2023
55.	Organized a budget-related meeting chaired by the Director (Institute) in the conference room of the CARI, Punjabi Bagh.	Institutional	06.02.2023
56.	Organized 2nd Cardiopulmonary Resuscitation (CPR) Training under NABH training	National	08.02.2023
57.	Organized Monthly meeting on Incident Report, referral, rejection committee	National	08.02.2023
58.	Organized 3 days training on Basic Biostatistics under program Ayurveda Research Methodology & Statistics for MD/PhD Students of Delhi- NCR at CARI, New Delhi	National	20.02.2023- 22.02.2023
59.	Organized various awareness lectures and events for the International year of Millets 2023 at CARI New Delhi.	Institutional	February 2023
60.	Organized “विभागीय राजभाषा कार्यान्वयन समिति बैठक”	Institutional	14.03.2023
61.	Organized a yoga session at Institute under Yoga Mahotsava, 2023	Institutional	16.03.2023
62.	Organized a “हिंदी कार्यशाला” and “राजभाषानीति” विषय पर श्री राजेश कुमार श्रीवास्तव, उपनिर्देशक (राजभाषा / तकनीकी) राजभाषा विभाग, गृहमंत्रालय के ऑनलाइन व्याख्यान।”	Institutional	29.03.2023
63.	Organized various awareness lectures at schools for the observance of International year of Millets 2023 at CARI New Delhi.	Institutional	March, 2023

5 Seminar/Conference/Workshop/Meeting participated by the Officers:-

Sr. No.	Name of the participant	Name of Seminar/Conference/Workshop	National/International	Date of Participation
1.	Dr. Bharti, (Director Institute) Dr. Kishor Patel, R. O. (Ay.)	Participated in signing of MoU for the collaborative project "A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)" on 04/04/2022 at AIIMS, New Delhi between Prof. Uma Kumar, HoD of Rheumatology Dept, AIIMS, New Delhi & CCRAS.	Institutional	04.04.2022
2.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on "Role of Ayurveda in Prevention and Management of Anaemia" on the occasion of Poshan Abhiyan 2022 organized by Central Ayurveda Research Institute, Bhubaneswar.	National	04.04.2022
3.	Dr. Kishor Patel, R. O. (Ay.)	Participated in various meetings related to the inauguration of Global Centre for Traditional Medicine (GCTM) and Global Ayush Investment and Innovation Summit at Ministry of Ayush.	International	06.04.2022
4.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on "Role of Ayurveda in Spinal Diseases" by Dr. S. Gopakumar organized by Kairali Ayurvedic Products Pvt. Ltd.	National	07.04.2022
5.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay)	Webinar on "Case Report: Clinic to Publication" by Dr. Kalpana Tawalore organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga-a Knowledge series"	National	07.04.2022
6.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on "A Western and Ayurvedic perspective discussion Cannabis-Based Medicines' Effect on Stress & Anxiety" by Dr. Prashant Jain and Mr. Jahan Peston James organized by Indian Vaidyas.	National	08.04.2022
7.	Dr. Seema Jain, R.O. (Ay.), Dr. Shaizi Layeeq R.O. (Ay.)	Attended the meeting of 'The focus Group for Panchakarma via VC.	National	08.4.2022

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8.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on “Cannabis based Medicines on Stress and Anxiety”.	National	08.04.2022
9.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on “Infectious Gynecological Diseases and their Management” by Dr. Akhila. M organized by AMAI.	National	09.04.2022
10.	Dr. Shivshankar Rajput, R.O. (Ay.), Dr. Karthika. A.P R.O. (Ay.)	Attended RCH Focused group meeting regarding submission of proposal as per IMR format.	National	12.04.2022
11.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on “Rasadarshanam – on Rasaratna Samucchaya wsr to Lakshmivilas Ras” by Dr. Anand organized by AMAI.	National	13.04.2022
12.	Dr. Karthika. A.P R.O. (Ay.)	Prepared and sent proposal in IMR format for the project entitled “Clinical Trial on The Efficacy of a selected Ayurvedic Treatment protocol in the management of Childhood Underweight” as directed in the meeting of Focused group on RCH.		13.04.2022
13.	Dr. Shivshankar Rajput, R.O. (Ay.)	Submitted project proposal on menorrhagia in RCH focused group.	National	15.04.2022
14.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended the Ground Breaking Ceremony of WHO- Global Center for Traditional Medicine and Honorable PM and Director General of WHO Tedros Adhanom Ghebreyesus addressing the ceremony at Jamnagar in online mode.	National	19.04.2022
15.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended a meeting at Cardiology Department, Safdarjung hospital regarding finalization of Cardiac projects developed in CVD focused group.	National	19.04.2022
16.	Dr. Kishor Patel, R. O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Attended the Ayush stall as a committee member Ayush Exhibition at GAIIS-2022 (Global Ayush Investment and Innovation Summit) held at Gandhinagar, Gujarat.	International	20.04.2022 - 22.04.2022
17.	Dr. Bharti, Director (Institute),	Attended the meeting of ‘Focused Group for Cardiovascular Diseases	National	20.4.2022

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	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Reetika Saini R.O. (Biochem.)	related development of research projects via VC.		
18.	Dr. Bharti, Director (Institute), Dr. Sakshi Sharma, R.O. (Ay.)	Coordinated the meeting of 'Focused Group for Cardiovascular Diseases related development of research projects via VC.	National	20.4.2022
19.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Conducted interview for the selection of contractual engagement of staff under SCSP projects 2022-23.	National	21.04.2022
20.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a lecture as an invited eminent guest speaker on, 'Translational Curriculum Program' 2021-22 for Ayurveda students at Prakash Institute of Ayurvedic Medical Sciences & Research, Jhajhar, Rabupura Road, Dist. Bulandshahr.	National	21.04.2022
21.	Dr. Sudha Kumari K.G, R.O (Ay)	Meeting with HOD of Psychiatric Department, ABVIMS, Dr. RML Hospital regarding occupying the allotted Room No.27 for Ayurveda Treatment Centre.	Institutional	22.04.2022
22.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on "Ayurvedic treatment of Infertility".	National	23.04.2022
23.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Conducted interview for the selection of contractual engagement of staff under SCSP projects 2022-23 For lab technicians and pharmacists.	National	23.04.2022
24.	Dr. Sudha Kumari K.G, R.O (Ay) Dr.Karthika.A.P R.O (Ay)	Attended Webinar (Achaara Rasayanam, Episode 73) on "Kerala Special External Treatment Modalities in Bala Chikitsa' by Dr. Roshni Anirudhan MD, PhD (Ay), organized by Sitaram Ayurveda Research Foundation.	National	24.04.2022
25.	All technical Officer	Participated in IEC meeting (virtual) held at CARI, New Delhi.	Institutional	25.04.2022
26.	Dr. Kishor Patel, R. O. (Ay.)	Presented a project in IEC meeting (virtual) for the collaborative project "A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)" held on 25.04.2022.	Institutional	25.04.2022

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27.	Dr. Shweta Mata, R.O. (Ay.)	Presented a project in IEC meeting (virtual) for the collaborative project "Clinical evaluation of an Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Clinical trial" held on 25.04.2022.	Institutional	25.04.2022
28.	Dr. Shivshankar Rajput, R.O. (Ay.)	Presented a project in IEC meeting(virtual) for the project "Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open label control trial" held on 25.04.2022	Institutional	25.04.2022
29.	Dr. Seema Jain, R.O. (Ay.)	Presented SCSP projects in IEC meeting(virtual) held on 25.04.2022 1. Ayurveda Mobile Health Care under Scheduled Castes Sub-Plan 2. Cross sectional survey to determine the prevalence of Non-communicable 3. Diseases and their risk factors among scheduled castes in selected states across India. Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A community based randomized controlled trial.	Institutional	25.04.2022
30.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Participated in a meeting (VC) for discussion of the Protocol under SCSP (AMHCP & WCH)organized by CCRAS Hqtrs at 02:00 PM.	National	26.04.2022
31.	All technical officers	Participated in three day training programme on topic "Implementation of NABH-2 nd edition Ayurveda Accreditation Standards" in the peripheral institutes of CCRAS.	National	27.04.2022 to 29.04.2022
32.	Dr. Seema Jain, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Reetika Saini R.O. (Biochem)	Attended and assisted in co-ordination (as programme Coordinator, co-coordinator) of the training programme on ' Implementation of NABH 2 nd Edition Ayurveda Accreditation Standards'.	National	27.4.2022 to 29.4.2022
33.	Dr. Kishor Patel, R.O. (Ay), Dr. Mata Shweta, R.O. (Ay),	Attended Hindi Prashikshan Kaksha at CARI, New Delhi.	Institutional	March-2022 (Every Tuesday & Thursday)

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	Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Nandini Jadhav, R.O.(Ay), Dr. Karthika. A.P, R.O. (Ay) Dr. Reetika Saini, R.O. (Bio-chem), Ms. Aastha Dawar, ARO(Clinical Psychology)			
34.	Dr. Shweta Mata, R.O. (Ay.)	Presented a PPT of project entitled, “Clinical evaluation of an Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Clinical trial” in focus group meeting of Shalakyatantra under the chairmanship of Dr. Alok Srivastva.	National	30.04.2022
35.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.), Dr. Amit, R.O. (Ay.)	Conducted interview for the selection of contractual engagement of staff (SRF) under SCSP projects 2022-23 For SRF.	Institutional	30.04.2022
36.	Dr. Shivshankar Rajput, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Prepared a draft proposal of internship syllabus of MBBS students.	National	30.04.2022
37.	Dr. Sudha Kumari K.G, R.O (Ay), Dr. Karthika A.P, R.O (Ay)	Attended AACHAARA RASAAYANAM Webinar ‘A to Z of Ayurvedic Clinical Rheumatology-Practical Perspective’ by Dr. L. Mahadevan, MD, PhD (Ay) Conducted by Sitaram Ayurveda Research Foundation.	National	01.05.2022
38.	Ms. Disha Garg, ARO (Physiotherapy)	Attended webinar on “Intro to bladder, Bowel and sexual rehab for neurological disorders”, Organized by IAP India	National	01.05.2022
39.	All Technical Officers	Attended the live programme Aayushmaan Bhava on Sansad TV, Parliamentary Channel of India on Migraine by Dr. Shweta Mata.	National	05.05.2022
40.	Dr. Seema Jain, R.O. (Ay.) Dr. Sakshi Sharma, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Participated in the 93rd Webinar on “परमोषध- Quantum Consciousness” by Prof. Dr. Bishnupriya Mohanty organized by Rashtriya Ayurveda Vidyapeeth (RAV) as a part of weekly webinar series “Gyan Ganga-A Knowledge Voyage”.	National	05.05.2022

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41.	Dr. Shweta Mata, R.O. (Ay.)	Actively participated in Live TV talk/programme Ayushman Bhava on Sansad TV, Parliamentary channel of India on topic Migraine.	National	07.05.2022
42.	Dr. Seema Jain,R.O. (Ay.)	Attended Webinar on "Take care of mother's health" on Mother's day.	National	7.05.2022
43.	Dr. Sudha Kumari K.G, R.O (Ay), Dr. Karthika A.P, R.O (Ay)	Attended AACHAARA RASAAYANAM Webinar 'Clinical Application of Virechana Yogas- From Principles to Practice" by Dr. Subin Vaidyamadham, M.D (Ay) Conducted by Sitaram Ayurveda Research Foundation.	National	08.05.2022
44.	Dr. Shweta Mata, R.O. (Ay.)	Organized and coordinated the National Webinar on "Awareness Programme on Pharmacovigilance in ASU & H drugs"	National	09.05.2022
45.	All Technical Officers	Attended National webinar on "Awareness programme on Pharmacovigilance in ASU & H Drugs" organized by CARI, Punjabi Bagh.	National	09.05.2022
46.	Dr. Kishor Patel, R.O. (Ay.)	Attended a National Webinar on "Healthy Lifestyle-role of proper diet & physical activity" organized CGHS.	National	10.05.2021
47.	Dr. Shaizi Layeeq, R.O. (Ay.)	Attended Hand Hygiene training.	Institutional	11.05.2022
48.	Ms. Disha Garg, ARO(Physiotherapy)	Took Hand hygiene training of various departments for NABH.	Institutional	11.05.2022-18.05.2022
49.	Dr. Seema Jain,R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on "Vaman Kalpa our Vamanki Avasthayem" by Vd. Pravin Joshi organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	12.05.2022
50.	Dr. Sakshi Sharma, R.O. (Ay.)	Invited as Guest speaker to deliver a lecture in "AYUR DIKSHA" Transitional Curriculum Program 2022-2023 in Jammu Institute of Ayurveda & Research.	National	12.05.2022
51.	Dr. Shweta Mata, R.O. (Ay.), Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in National webinar on Awareness of Pharmacovigilance and inculcating habit of reporting Adverse Drug Reactions (ADRs) among AYUSH professionals and other stakeholders organized by PPvC,	National	16.05.2022

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		Regional Research Institute of Unani Medicine, Mumbai.		
52.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “The Concept of Mind in Ayurveda” by Dr. Shubha K.S, M.D (Ay) in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	16.05.2022
53.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “The scientific study on Mind and behaviour” by Dr. Tony Abraham in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	18.05.2022
54.	Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Karthika A.P, R.O (Ay), Dr. Nandini Jadhav, R.O. (Ay.) Dr.Kishor Patel, R.O. (Ay.) Dr. Reetika Saini, R.O.(Biochem), Ms. Astha Dawar, ARO (Psychiatry)	Appeared for the Hindi Pragya Examination (Jan-May 2022 session) Paper 1 and Paper 2.	National	18.05.2022
55.	Dr. Shweta Chaudhary, R.O. (Ay.)	Rendered duty as an invigilator for the Hindi Pragya Examination (Jan-May 2022 session) Paper 1 and Paper 2	National	18.05.2022
56.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Sushruta’s Principles of Plastic and Reconstructive Surgery in the Management of severe anal strictures” by Prof. Dr. Manoranjan Sahu organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga-a Knowledge series”	National	19.05.2022
57.	Dr. Bharti, Director (Institute) Dr. Shaizi Layeeq, R.O. (Ay.)	नगर राजभाषा कार्यान्वयन समिति, दक्षिणी दिल्ली-2 की बैठक में भाग लिया।	State	20.05.2022
58.	Dr. Nandini Jadhav, R.O. (Ay.)	Attended the meeting of ‘Focussed Group on shalakyatantra.	National	20/5/2022
59.	All Technical Officers	Took Anti -terrorism oath.	Institutional	21.05.2022
60.	Dr. Sakshi Sharma, R.O. (Ay.)	Participated as Ayurveda Expert in Ayushman Bhav live TV Health show	National	21.05.2022

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		telecasted by Sansad TV on the stomach flu & ailments.		
61.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “Signs and Symptoms in Psychiatry” by Dr. S. Krishnan in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	21.05.2022
62.	Dr. Seema Jain, R.O. (Ay.)	Attended Webinar on “Menstrual problems and home remedies”	National	21.05.2022
63.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “History Taking and MSE” by Dr. S. Krishnan in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	22.05.2022
64.	All Technical Officers	Attend a meeting regarding NABH accreditation in the chairmanship of Director Institute for drafting policies and execution of work.	Institutional	23.05.2022
65.	Ms. Disha Garg, ARO (Physiotherapy)	Attended webinar on “How to be a reviewer for a journal- Expectation of an author and editor from a reviewer”.	International	22.05.2022 to 29.05.2022
66.	Dr. Sudha Kumari K.G, R.O. (Ay).	Attended Webinar on “Clinical Assessment and Investigations in Psychiatry” by Dr. Bindu Menon in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	23.05.2022
67.	All Technical Officers	Attended Technical Meeting Regarding Current Status of Preparations For NABH Accreditation.	Institutional	23.05.2022
68.	Dr. Seema Jain, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Amit, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Attended the meeting of ‘Focussed Group for Panchakarma via VC.	National	25.05.2022
69.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Presented a project proposal in Panchakarma Focus group meeting.	National	25.05.2022
70.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Organic Mental disorders” by Dr. Bindu P.R, M.D (Ay) in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	25.05.2022
71.	Dr. Mata Shweta, R.O. (Ay.)	Participated in National webinar on Pharmacovigilance Awareness	National	26.05.2022

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		Program organized by RRAP-CARI, Mumbai.		
72.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Ayurveda and Hypertension” by Prof. Dr. Parameshwarappa Bydagi organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge. series”	National	26.05.2022
73.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “De-Addiction and Rehabilitation in Ayurveda” by Dr. Suhas Shetty in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	27.05.2022
74.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a lecture as invited Guest speaker in scientific session on the topic “Research based evidence of medicinal plants useful in organelle ageing” in National Arogya-2022 organized by All India Ayurvedic Congress in Ujjain, M.P.	National	28.05.2022
75.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “Schizophrenia” by Dr. Parvathee Devi M.P in the International Webinar Series MANANAM organized by AMAI, Paravoor Area, Ernakulam, Kerala.	National	30.05.2022
76.	Ms. Disha Garg ARO (Physiotherapy)	Attended webinar on “Interpretation of PFT” by Dr. Ashwini Naik, Pulmonologist and “Interpretation of Renal function test” by Dr. Mahadev Desai.	National	30.05.2021
77.	Dr. Seema Jain, R.O (Ay).	Attended a Meeting of DAB to consider In-situ promotion of Research Officers of CCRAS in various levels.	National	31.05.22
78.	Dr. Bharti, Director (Institute), Dr. Reetika Saini R.O.(Biochem)	Attended online meeting with all institute in charges regarding NABH/NABL, under the chairmanship DG, CCRAS.	National	01.06.2022
79.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on “Anxiety and Somatoform Disorders” by Dr. Santhosh. C as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulam.	International	01.06.2022
80.	Dr. Seema Jain R.O (Ay)	Attended webinar on “Eye disorders and its Ayurvedic management”	National	02.06.2022

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		organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”		
81.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended Webinar on “Personality Disorders” by Dr. Sriman Narayanan as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	03.06.2022
82.	Dr. Shweta Chaudhary, R.O. (Ay.)	Participated in a single lecture series by academy of Roganidana entitled, “Concept of communicable diseases in Ayurvedic prospective” by Prof. Arun Dudhmal.	National	04.06.2022
83.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “Infertility and Sexual Disorders” by Dr. Prasanna Kumari .A.G as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	06.06.2022
84.	Dr. Bharti, Director (Institute), Dr. Sakshi Sharma, R.O. (Ay.), Dr. Kishor Patel, R.O. (Ay.), Dr.Reetika Saini, R.O.(Biochem)	Attended the 5th virtual meeting of Focussed group for Cardiovascular Diseases.	National	07.06.2022
85.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Webinar on “Seizure Disorders” by Dr. Raviprasad Hegde as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	08.06.2022
86.	Dr. Seema Jain R.O (Ay)	Attended Virtual Meeting for execution of NCD SURVEY (SCSP & THCRP) 2022-23.	Naional	08.06.2022
87.	Dr. Seema Jain R.O (Ay) Dr. Sakshi Sharma, R.O. (Ay.)	Attended 98th webinar on “Role of accreditation in Ayush sector” delivered by Shri Anil Jauhari, Ex-CEO National Accreditation Board for Certification Bodies organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	09.06.2022

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88.	Ms. Disha Garg, ARO (Physiotherapy)	Completed Online course on Introduction to systematic reviews on SWAYAM Portal.	National	9.06.2022- 14.06.2022
89.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Webinar on “Sleep and Sleep Disorders” by Dr. Jithesh. M as a part of MANANAM 2022-International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	10.06.2022
90.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Webinar on “Child Psychiatric Disorders” by Dr. Preetha. P. V as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	13.06.2022
91.	Dr. Kishor Patel, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Meeting with NDMC official at NDMC office Palika Kendra, New Delhi for IDY-2022 arrangements at Lodhi Garden, New Delhi.	National	14.06.2022
92.	Dr. Amit, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Meeting with NDMC official for conduction of IDY 2022 (as assistant nodal officer for arrangements of IDY 2022 at Nehru Park, New Delhi).	National	14.06.2022
93.	Dr. Kishor Patel, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in a meeting under the chairmanship of Sh. D Senthil Pandiyan, Joint Secretary, Ministry of Ayush in a virtual mode with all the nodal officers of the Ministry of Ayush for IDY-2022 to sensitize the nodal officers regarding observation of IDY.	National	14.06.2022
94.	Dr. Shivshankar Rajput, R.O. (Ay.)	Actively participated in RCH focus group discussion meeting.	National	14.06.2022
95.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Webinar on “Psychiatry in Old Age” by Dr. Savitha H.D as a part of MANANAM 2022 -International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	15.06.2022
96.	Dr. Bharti, Director (Institute)	Participated in a meeting to review the IDY-2022 activities at 75 locations through a VC from Directorate of Ayush.	National	16.06.2022
97.	All technical officers	Participated in Vibhagiya Rajabhasha Karyanvyan Samiti-Trimahi Baithak.	Institutional	16.06.2022

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98.	Dr. Seema Jain R.O. (Ay.)	"UNDER Gyan Ganga –Management of Psoriasis; An Ayurvedic perspective.	National	16.06.2022
99.	Dr. Sakshi Sharma, R.O. (Ay.)	As a Nodal officer attended a virtual training for upscale version of A-HMIS under Ayush Grid Project organized by Ministry of Ayush.	National	15.06.2022, 17.06.2022
100.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Webinar on “Practical Aspects of Psychopharmacology” by Dr. Anoop Vincent as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	17.06.2022
101.	Dr. Amit, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Meeting with NDMC official for conduction of IDY 2022 (as assistant nodal officer for arrangements of IDY 2022 at Nehru Park, New Delhi)	National	17.06.2022
102.	All technical officers	Attended a Technical Meeting regarding budget of financial year 2022-23 for projects and for celebration of Yoga Day.	Institutional	18.06.2022
103.	Dr. Seema Jain R.O. (Ay.)	Attended Webinar on “Utility of Panchkarma in Treatment of COD/PCOS”.	National	18.06.2022
104.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Webinar on “Ayurvedic Approach to Autism” by Dr. Dinesh K.S as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	20.06.2022
105.	Dr. Amit, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Meeting with NDMC official for conduction of IDY 2022 (as assistant nodal officer for arrangements of IDY 2022 at Nehru Park, New Delhi).	National	20.06.2022
106.	Ms. Disha Garg ARO (Physiotherapy)	Attended Meeting for coordination of IDY celebration at Red Fort with Ministry of Petroleum and Housing Affairs along with CPWD department.	National	20.06.2022
107.	Ms. Disha Garg ARO (Physiotherapy)	Rendered duties as Nodal officer from Ministry of AYUSH for International celebration of Yoga at Red Fort.	National	21.06.2022
108.	All technical officers	Participated in International Yoga Day Celebration having theme of “Yoga for Humanity” at CARI, Punjabi Bagh, New Delhi	Institutional	21.06.2022

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109.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended an International webinar on “Brand India Globally” on the occasion of International Yoga Day with speakers Dr. Ish Sharma academic chair Ayush University of Mauritius and Dr. B.K. Kaushik Vice-Chancellor of the University organized by Guru Ravi Das University Punjab, Hoshiarpur.	International	21.06.2022
110.	Dr. Kishor Patel, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Rendered duties as assistant nodal officer for IDY-2022 celebration at Lodhi Garden, New Delhi.	International	21.06.2022
111.	Dr. Amit, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Rendered duties as assistant nodal officer for arrangements of IDY 2022 at Nehru Park, New Delhi	International	21.06.2022
112.	Dr. Shweta Mata, R.O. (Ay.)	Coordinated of the 8th International Yoga Day-2022 at CARI, New Delhi	Institutional	21.06.2022
113.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Webinar on “Ayurvedic Management of Mood Disorders” by Binoy N, J as a part of MANANAM 2022 - International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	22.06.2022
114.	Dr. Seema Jain R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on “Learning and Understanding of Covid -19 Studies” by Prof. Dr. Tanuja Nesari organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	23.06.2022
115.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in Virechana Project review meeting.	National	23.06.2022
116.	All technical officers	Review meeting for a workshop on NAMASTE Portal.	Institutional	23.06.2022
117.	All technical officers	Attended SPPAROW Application training organized by CCRAS headquarters at the institute.	Headquarters	23.06.2022
118.	Dr. Seema Jain, R.O. (Ay.)	UNDER Gyan ganga –Learning and understanding Covid-19 studies	National	23.06.2022
119.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Webinar on “Psychological Interventions for Mental Illness” by Dr. Gitanjali Natarajan as a part of MANANAM 2022 - International Webinar Series on Mental Health	International	24.06.2022

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		organized by AMAI, Paravoor area, Ernakulum.		
120.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended a CME on “Ayurveda Interventions for Chronic Lifestyle Disorders” Organized by Maharishi Ayurveda.	National	25.06.2022
121.	Dr. Renu Rani, R.O. (Ay.)	Attended CME on Vitiligo organized by department of Dermatology, MEU Hall, LHMC, New Delhi	Institutional	25.06.2022
122.	Dr. Shweta Chaudhary, R.O. (Ay.)	Participated in a single lecture series by academy of Roganidana entitled, “An Analysis of Gut-microbioma w.s.r. to Kayagni in Ayurveda by Prof. Nisha Kumari.	National	25.06.2022
123.	Dr. Seema Jain, R. O. (Ay.)	Attended Webinar on “Importance of nutrition in PCOD/PCOS”	National	25.06.2022
124.	Dr. Sudha Kumari K.G, R.O. (Ay).	Attended Webinar on “Integrated Yoga Therapy for Psychological Disorders” by Dr. Hemant Bhargav as a part of MANANAM 2022 -International Webinar Series on Mental Health organized by AMAI, Paravoor area, Ernakulum.	International	27.06.2022
125.	Ms. Disha Garg ARO (Physio.)	Rendered duties as Invited External examiner for Conducting practical Exams for BPT 4th year at Indian Spinal Injuries center- IRS.	National	27.06.2022
126.	Dr. Sudha Kumari K.G, R.O. (Ay). Dr. Shweta Mata, R.O. (Ay.)	Co-ordinated and Attended 2nd workshop on 'sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes" organized by CARI, Punjabi Bagh, New Delhi	National	27.06.2022 - 28.06.2022
127.	All technical officers	Attended workshop on “Sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes” on 27 & 28 June, 2022 organized by CARI, New Delhi.	National	27.06.2022- 28.06.2022
128.	All technical Officers	Attended review meeting regarding NABH accreditation chaired by Director – Institute along with Dr.	Institutional	28.06.2022

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		Lavaniya Nodal officer for NABH from Hqtrs.		
129.	Dr. Shweta Mata, R.O. (Ay.)	Presented a paper entitled, “Online Training on Sustainable Maintenance of National AYUSH Morbidity Codes and Standardized Terminologies Electronic-portal (NAMASTE) and Capacity Building Program” as a resource person in the workshop entitled, “Sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes” on 28 June, 2022 organized by CARI, New Delhi.	National	28.06.2022
130.	Dr. Shweta Mata, R.O. (Ay.)	Participated in a webinar on pharmacovigilance in Homeopathy organized by National Homeopathy Research Institute in mental health, Kottayam	National	28.06.2022
131.	All technical officers	Attended a virtual Hindi Workshop on topic “हिंदी में पत्राचार एवं टिप्पणी कैसे लिखें” with speaker Sh. Shyam sunder kathuria, Joint director Rajabhasa Vibhag, ESI.	Institutional	29.06.2022
132.	Dr. Bharti, Director (Institute) Dr. Kishor Patel R.O. (Ay.) Dr. Reetika Saini R.O. (Biochem)	Participated in 6th virtual meeting of focused group discussion for Cardiovascular Diseases including Hypertension.	Institutional	01.07.2022
133.	Dr. Pramod Chandra Dwivedi, R.O. (Ay.)	Meeting with CEO cantonment Board Pachmadi.	Institutional	01.07.2022
134.	Dr. Bharti, Director (Institute) Dr. Kishor Patel, R.O. (Ay.)	Participated in DSMB meeting for the collaborative project entitled 'A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)'.	Institutional	02.07.2022
135.	Dr. Shivshankar Rajput R.O. (Ay.)	Actively participated in the Meeting of a focus group of RCH.	National	02.07.2022
136.	Dr. Seema Jain R.O. (Ay.)	Participated in an online webinar on “How stress effects your fertility”	National	02.07.2022

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137.	Dr. Pramod Chandra Dwivedi R.O. (Ay.)	Received appreciation letter for Excellent work - by CEO Cantonment Board, Pachmadi.	Institutional	04.07.2022
138.	All technical Officers	Participated in "Fire Safety Mock drill & Training demonstrated by Sh. Y.P. Kasana, former fire safety officer, Bhabha Atomic Research Institute at CARI, Punjabi Bagh, New Delhi at 02:00 pm.	National	06.07.2022
139.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended an online training program entitled "Introduction to the Principles and Practice of Clinical Research (IPPCR)" organized by Office of Cancer Complementary and Alternative Medicine (OCCAM), National Cancer Institute, NIH, USA and completed the course.	International	06.07.2022 to 27.07.2022
140.	Dr. Sakshi Sharma R.O. (Ay.) Dr. Seema Jain R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Participated in a 102 nd webinar on "Basic principles of Panchbhautik Chikitsa" by Vd. Malhar Joshi, organized by Rashtriya Ayurveda Vidyapeeth of Gyan Ganga -A knowledge Voyage.	National	07.07.2022
141.	Dr. Seema Jain R.O. (Ay.) Dr. Kuldeep R.O. (Ay.)	Participated in the VC for discussing the e- CRF&CRF of NCD project of AMHCP Project under SCSP.	National	07.07.2022
142.	Dr. Pramod Chandra Dwivedi R.O. (Ay.)	Meeting with SADA chairman, Pachmadi.	Institutional	07.07.2022
143.	All technical officers	Participated online workshop on "Improving research writing using Grammarly Software" organized by CCRAS, New Delhi.	National	08.07.2022
144.	Dr. Reetika Saini R.O.(Biochem)	Attended virtual meeting of Focussed group for Pathology & Clinical Biochemistry.	National	08.07.2022
145.	Dr. Seema Jain R.O. (Ay.)	Delivered a Radio talk on DD -KISAN TV on the topic "Mahilaon me badalta hormone aur 40 ke bad ki samasyayaye".	National	09.07.2022
146.	Dr.Pramod Chandra Dwivedi R.O. (Ay.)	Appreciation letter given by CEO SADA, Pachmadi.	Institutional	11.07.2022
147.	Dr. Shivshankar Rajput R.O. (Ay.)	Attended meeting of Mental Health Focus group to discuss the proposal	National	12.07.2022

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	Dr. Sudha Kumari K.G, R.O. (Ay.)	“Efficacy of an Indigenous Integrated Therapy Including Ayurveda-Yoga-Meditation for the Treatment of Mild to Moderate Depression” submitted by Dr. Dipsundar Sahoo.		
148.	Dr. Bharti, Director (Institute) Dr. Shweta Mata R.O. (Ay.) Dr. Shweta Chaudhary R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Participated in DSMB meeting for the Collaborative Clinical Project “Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine.	National	12.07.2022
149.	Dr. Sakshi Sharma R.O. (Ay.)	Attended workshop of Hindi Rajbhasa topic “आजादी का अमृत महोत्सव एवं कंठस्थ ”as nominated head of the institute by Director Institute.	National	13.07.2022
150.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended virtual CME on “Ayurvedic Management of Diabetes” by Vaidya P. Ram Manohar organized by Kairali Ayurvedic group.	National	04.08.2022
151.	Dr. Bharti, Director (Institute) Dr. Shweta Mata R.O. (Ay.) Dr. Shaizi R.O. (Ay.) Dr. Reetika Saini R.O. (Biochem) Ms. Sonali, Hindi Adhikari	Attended online Hindi Karyashala organized by Narakas, South Delhi-2	National	13.7.2022
152.	Dr. Renu Rani, R.O. (Ay.)	Attended online workshop on “ Aajadi ka Amrit Mahotsava and Kanthastha” organized by Rajbhasa Anubhagh, Bureau of Energy Efficiency, West Delhi at 10.45 am	National	13.07.2022
153.	Dr. Sakshi Sharma R.O. (Ay.) Dr. Seema Jain R.O. (Ay.)	Attended a 103rd webinar on “Swathya Urjaskar Chikitsa” delivered by Director Prof. Vd. Shyam Sunder Sharma organized by Rastriya Ayurved Vidhyapeeth, New Delhi.	National	14.07.2022
154.	Dr Pramod Chandra Dwivedi R.O. (Ay.)	Meeting with CEO, Cantonment Board, Pachmadi	Institutional	15.07.2022
155.	Dr. Shweta Mata R.O. (Ay.)	Participated as an expert in Live TV talk/weekly Health show "आयुष्मान भवः" at Sansad TV, the parliamentary	National	16.07.2022

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		channel of India, on the subject of “Stress” on 16.07.2022 at 01:00 PM.		
156.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Meeting with Addl. M.S Dr. Dheeraj Bahl and Addl. M.S, Dr. Kalyani Behra, ABVIMS, Dr. RML Hospital regarding the provision of allocated space for ATC.	Institutional	18.07.2022
157.	Dr. Kishor Patel R.O. (Ay.) Dr. Amit R.O. (Ay.)	Conducted interview for the post of Panchakarma Attendant for the project "A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigataavata (Primary Knee Osteoarthritis)".	Institutional	19.07.2022
158.	Dr. Sakshi Sharma R.O. (Ay.)	Attended a 5th webinar on Science, Technology and Innovation lecture series on “Emerging Infectious Disease: The Risk and Challenges Organized by Shri Ram Institute for Industrial Research, Delhi.	National	19.07.2022
159.	Dr. Seema Jain R.O. (Ay.) Dr. Kuldeep R.O. (Ay.)	Participated in Review meeting for AMHCP Project Under (SCSP).	National	19.07.2022
160.	All technical officers	Participated in meeting regarding budget of IMR/ Collaborative project through VC chaired by DDA, Hqtrs	National	21.07.2022
161.	Dr. Shweta Mata R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.)	Participated in a Webinar series 104th webinar on Talk Show on ATAB, of Gyan Ganga -A knowledge Voyage organized by Rashtriya Ayurveda Vidyapeeth.	National	21.07.2022
162.	Dr. Shivshankar Rajput R.O. (Ay.)	Actively participated in the Ayush SS granules project Meeting with all PI/Co-I of the project at Gynae OPD of Safdarjung Hospital, Delhi.	National	21.07.2022
163.	Dr. Shweta Mata R.O. (Ay.)	Presented a PPT presentation entitled “Registration of Ethics Committees in DHR” for sharing the experience of registration in DHR through VC with 25 peripheral clinical institutes of CCRAS.	National	22.07.2022
164.	Dr. Pramod Chandra Dwivedi R.O. (Ay.)	Meeting with President, Cantonment Board, Pachmadi at plantation program.	Institutional	22.07.2022

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165.	Dr. Pramod Chandra Dwivedi R.O. (Ay.)	Actively participated and attended the plantation program Near Husaini Bangla, Pachmadi	Institutional	22.07.2022
166.	Dr. Seema Jain R.O. (Ay.) Dr. Kuldeep R.O. (Ay.) Dr. Pramod Chandra Dwivedi R.O. (Ay.)	Participated in the 7th Panchakarma focus group meeting	National	23.07.2022
167.	Dr. Shaizi, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in focus group meeting related to Panchakarma and presented a concept note on “A pilot study to assess the effect of Ayurvedic interventions in the quality of life of patients with Osteoarthritis knee joint (up to stage 3).”	National	23.07.2022
168.	Dr. Shivshankar Rajput R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended meeting of Mental Health Focus group to discuss the proposal “Study on the effect of Vipassana-Buddist Meditation on Physical and Mental Health” submitted by Dr. Balaji Potbhare.	National	26.07.2022
169.	All technical Officers	Participated in meeting on Incident Report, referral and rejection committee in the Conference room at CARI, New Delhi.	Institutional	27.07.2022
170.	Dr. Pramod Chandra Dwivedi R.O. (Ay.)	Meeting with SADA, Chairman, Pachmadi.	Institutional	27.07.2022
171.	Dr. Shweta Mata R.O. (Ay.)	Participated in the online lecture series ‘Strabismus A to Z’ jointly organized by the Department of Shalakyatantra, DY Patil Deemed to be university, School of Ayurveda, Nerul, Navi Mumbai & The association of Shalaki (TAS) on the topic “Esotropia” through Zoom meeting.	National	28.07.2022
172.	Dr. Seema Jain R.O (Ay). Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended webinar on “An approach to Sports Injuries with special reference to Repetitive Strain” by Mathews Joseph Vempilly organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”	National	28.07.2022
173.	Dr. Pramod Chandra Dwivedi R.O. (Ay.)	Meeting with CEO, Cantonment Board, Pachmadi.	Institutional	29.07.2022

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174.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended a webinar on “Discussion on Cancer and its Ayurvedic Perspective” organized by AMAI.	National	29.07.2022
175.	Dr. Kishor Patel R.O. (Ay.) Dr. Amit R.O. (Ay.)	Conducted interview for the post of Panchakarma Attendant for the project "A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)".	Institute	29.07.2022
176.	Dr. Kishor Patel, R.O. (Ay.) Dr. Shaizi, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in the meeting to review the year long activity “Distribution campaign of Prophylactic Ayush medicines and Guidelines on diet and lifestyle with special focus on geriatric population under Azadi ka Amrit Mohatsav- India@75.	National	29.07.2022
177.	Dr. Sakshi Sharma , R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.) Dr. Renu Rani, R.O. (Ay.) Ms. Aastha Dawar (ARO, Clinical Psychology)	Participated in a Webinar entitled “Recent Changes in Medical Publishing: Effects of COVID-19” organized by the Center for Publication Ethics and Center for Complementary and Integrative Health Savitribai Phule Pune University.	National	30.07.2022
178.	Dr. Bharti, Director (Institute) Dr. Sakshi Sharma R.O. (Ay.) Dr. Seema Jain R.O. (Ay.) Dr. Shweta Mata R.O. (Ay.) Dr. Nandini R.O. (Ay.) Dr. Reetika Saini, R.O. (Biochem) Sh. Pramod Jha, Pharmacist	Attended “NABH therapeutic committee meeting” under chairmanship of director Institute organized by CARI, New Delhi	Institutional	30.07.2022
179.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended an online training program entitled ‘Scientific Writing in Health	National	Self-paced

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		Research' conducted by ICMR-National Institute of Epidemiology and passed with a score of 95%.		
180.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended virtual CME on "Ayurvedic Management of Diabetes" by Vaidya P. Ram Manohar organized by Kairali Ayurvedic group.	National	04.08.2022
181.	Dr. Shweta Mata R.O. (Ay.)	Participated in the 6th online lecture series "Strabismus A to Z" organized by Dept. of Shalakyatantra, DY Patil Deemed to be University, School of Ayurveda, Nerul, Navi Mumbai & The Association of Shlaki (TAS).	National	04.08.2022
182.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on "Food Safety and Standards Regulations (FSSR) 2022 for Ayurveda" Under Gyan Ganga organized by RAV, New Delhi.	National	04.08.2022
183.	Dr. Bharti, Director (Institute)	Participated in the 8th ISC meeting organized by CCRAS, Hqrs.	National	05.08.2022
184.	Dr. Sakshi Sharma, R.O. (Ay.)	Presented a Project proposal entitled, "Prospective Double-Blind Randomized Controlled Clinical Study on Ayurvedic Intervention (Pushkar Guggulu and Haritaki Churna) in the Management of Stable Coronary Artery Disease" in the 8th ISC meeting.	National	05.08.2022
185.	Dr. Shivshankar Rajput, R.O. (Ay.)	Presented a PPT of the Menorrhagia project in the 8th ISC meeting organized by CCRAS, Hqrs in hybrid mode to review new clinical project proposals.	National	05.08.2022
186.	Dr. Shivshankar Rajput, R.O. (Ay.)	Actively participated in a meeting for cancer projects in collaboration with Prof. Rajiv Sharma and Prof. Kapil Suri, dept of Radiotherapy, VMMC & Safdarjung Hospital.	National	05.08.2022
187.	Dr. Shweta Mata, R.O. (Ay.)	Presented a PPT of the Allergic Rhinitis project in the 8th ISC meeting organized by CCRAS, Hqtrs in hybrid mode to review new clinical project proposals.	National	05.08.2022
188.	Dr. Seema Jain, R.O. (Ay.)	Presented a proposal on Amavata, (Rheumatoid Arthritis) in the 8th ISC meeting.	National	05.08.2022
189.	All Technical Officers	Attended the awareness programme regarding "Har - Ghar Tiranga -	Institutional	06.08.2022

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		hoisting National flag in households from 13th to 15th August 2022” at CARI, Punjabi Bagh, New Delhi.		
190.	Dr. Karthika. A.P R.O. (Ay.)	Submitted Summary and PPT of the project proposal “Evaluation of the efficacy of Rajanyadi churna and Balraksha avaleha in the management of Moderate malnutrition in children aged 3-5 years, a Randomized Controlled Open-label Prospective Clinical study” for ISC meeting.	National	06.08.2022
191.	Dr. Karthika. A.P R.O. (Ay.)	Presented the project proposal on “Evaluation of the efficacy of Rajanyadi churna and Balraksha avaleha in the management of Moderate malnutrition in children aged 3-5 years, a Randomized Controlled Open-label Prospective Clinical study” in the ISC meeting.	National	08.08.2022
192.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended meeting of Mental Health Focus group to discuss the revised proposal “Efficacy of an Indigenous Integrated Therapy Including Ayurveda-Yoga-Meditation for the Treatment of Mild to Moderate Depression” submitted by Dr. Dipsundar Sahoo.	National	10.08.2022
193.	All technical officers and Officials	Attended a meeting at CARI, Punjabi Bagh, and received National Flag as a part of “Har-Ghar Tiranga” campaign.	Institutional	10.08.2022
194.	Dr. Shivshankar Rajput, R.O. (Ay.)	Actively participated in the training entitled, “Cascade training for health care workers on family planning counseling” organized by the Family Planning Unit of the Department of Obstetrics & Gynecology, VMMC & Safdarjung Hospital.	National	11.08.2022
195.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.)	Attended webinar on “Concept of Sports Medicine in Ayurveda” by Dr. C. Suresh Kumar organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	11.08.2022
196.	Dr Karthika. A.P R.O. (Ay.)	Submitted required details in the prescribed format for CCRAS IMR Project - Documentation of Life	National	14.08.2022

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	Dr. Sudha Kumari K.G, R.O. (Ay.)	Profiles of Eminent Personalities. Mail sent to Headquarters.		
197.	Dr. Sakshi Sharma, R.O. (Ay.)- Nodal Officer Dr. Shweta Mata, R.O. (Ay.)- Co-nodal officer	Organized “Har Ghar Trianga Campaign” and distributed flags to the staff members and did flag hoisting in the institute campus along with staff members and patients.	Institutional	13.08.2022 to 15.08.2022
198.	Dr. Shweta Mata R.O. (Ay.)	Participated in the 7th online lecture series “Strabismus A to Z” organized by Dept. of Shalakyatantra, DY Patil Deemed to be University, School of Ayurveda, Nerul, Navi Mumbai & The Association of Shlaki (TAS).	National	15.08.2022
199.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.) Dr. Ashwinchandra R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Attended the flag hoisting ceremony as a part of celebration of 75th Independence Day at CARI, Punjabi Bagh.	Institutional	15.08.2022
200.	Dr. Shivshankar Rajput, R.O. (Ay.)	Actively participated in a meeting for the development of a Menorrhagia project with Dr. Upma Saxena, Senior Gynecologist at VMMC & Safdarjung Hospital.	National	18.08.2022
201.	Dr. Renu Rani, R.O. (Ay.)	Attended three day workshop on “Research methodology” at Tagore Chamber, Scope Complex, New Delhi as Rapporteur organized by CCRAS and RAV.	Institutional	22.08.2022 to 24.08.2022
202.	Dr. Bharti, Director (Institute)	Delivered talk on the genesis of the project entitled, “System biology approach to delineate molecular signature of Prakriti in healthy human”	National	24.08.2022
203.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended online workshop on Standard operative procedures for sample collection and Processing entitled “Systems Biology approach to delineate molecular signatures of Prakruti in Healthy Humans”.	National	23.08.2022
204.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Participated in Virtual Review Meeting of AMHCP Project under SCSP.	National	23.08.2022
205.	Dr. Shweta Mata R.O. (Ay.)	Participated in the online lecture series “Strabismus A to Z” organized by Dept. of Shalakyatantra, DY Patil	National	25.08.2022

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		Deemed to be University, School of Ayurveda, Nerul, Navi Mumbai & The Association of Shlaki (TAS).		
206.	Dr. Kuldeep, R.O. (Ay.)	Imparted training on Reorientation training on steps of hand washing.	Institutional	25.08.2022
207.	All technical Officers and Officials	Actively attended Reorientation training on steps of Hand wash organized by CARI, New Delhi.	National	25.08.2022
208.	Dr. Seema Jain, R.O. (Ay.)	Attended a Satellite seminar by CBPACS.	National	25.08.2022
209.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on –“Jewellery - Immunity-Aging-Clinical Approach” UNDER Gyan Ganga organized by RAV, New Delhi.	National	25.08.2022
210.	All technical Officers and Officials	Attended re-orientation program for staff of CARI with talks on “Safety issues of Patients and healthcare facility” by Dr. Sakshi Sharma, “Soft skills, communication and Discipline” by Dr. Seema Jain, “Rights and Responsibilities” by Dr. Kuldeep Saini.	Institutional	26.08.2022
211.	Dr. Sakshi Sharma, R.O. (Ay.)	Imparted training to the new Hospital staff & existing staff of on topic ‘Safety issue of patients and health care facility’ at CARI, New Delhi.	Institutional	26.08.2022
212.	Dr. Seema Jain, R.O. (Ay.)	Imparted Induction training to new staff and reorientation of old staff on soft skills, Communication, and Discipline.	National	26.08.2022
213.	Dr. Kuldeep, R.O. (Ay.)	Imparted induction training to new staff, and reorientation of existing staff on Rights and responsibilities.	Institutional	26.08.2022
214.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O. (Ay.) Dr. Kishor Patel (Ay.)	Participated in the 3 bucket system cleanliness training	National	27.08.2022
215.	Dr. Sudha Kumari K.G, R.O (Ay).	Meeting with Addl. M.S, Dr. Kalyani Behra, ABVIMS, Dr. RML Hospital regarding the provision of allocated space for ATC.	Institutional	27.08.2022
216.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended online CME on “Ageing, Related Pathologies and Rasayana” by Dr. Rajmohan V. MD, Ph.D. (Ay), organized by Sitaram Ayurveda Research Foundation.	National	28.08.2022

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217.	All technical officers	Actively participated in the Cardiopulmonary Resuscitation (CPR) Training of Existing staff organized by CARI, New Delhi.	National	29.08.2022
218.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended a meeting as a chairperson of the committee for revised DPR of new hospital building construction at block-A, sector-28, Rohini, New Delhi.	Institutional	30.08.2022
219.	Dr. Bharti Director (Institute) Dr. Seema Jain, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.) Dr. Reetika R.O. (Bio-chem.)	Participated in the meeting To Revision of DPR of New Hospital Building at Rohini Sec28, New Delhi.	National	30.08.2022
220.	All technical Officers	Participated in the monthly meeting of the Incident report, Referral and Rejection Committee organized by CARI, New Delhi.	National	30.08.2022
221.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on “Aushadha Jigyasa- A review on Ayurvedic Drugs”	National	31.08.2022
222.	Dr. Kishor Patel, R.O. (Ay.)	Participated in Project meeting at ILBS	National	31.08.2022
223.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Organized Therapeutic committee meeting as a chairperson and co-chairperson of the committee at CARI, New Delhi.	Institutional	31.08.2022
224.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.)	Attended webinar on “Relevance of Charaka Samhita in Modern Era” by Prof. (Dr.) Bharat Chouragade, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”	National	01.09.2022
225.	Dr. Reetika Saini R.O. (Biochem.)	Imparted training on Biomedical Waste Management to the staff of the institute.	Institutional	02.09.2022
226.	All technical officers	Attended virtual programme on launching of SPARK (Studentship Program for Ayurveda Research Ken) followed by MoU exchange between Council & NCISM held at Central Ayurveda Research Institute, Bhubaneswar.	National	02.09.2022
227.	Dr. Sudha Kumari K.G, R.O (Ay.)	Meeting with Addl. M.S, Dr. Kalyani Behra, ABVIMS, Dr. RML Hospital	Institutional	02.09.2022 and 19.09.2022

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		regarding the provision of allocated space for ATC.		
228.	Dr. Sakshi Sharma, R.O. (Ay.)- Nodal officer Dr. Seema Jain, R.O. (Ay.)- Nodal officer Dr. Renu Rani, R.O.(Ay.)- Co-Nodal officer Dr. Mayur Surana, R.O. (Ay.)- Co-Nodal officer	Organized Poshana Maah	Institutional	September 2022
229.	Dr. Seema Jain, R.O. (Ay.)	Attended webinar on "Millets, Grains, and rules for Ayurveda Aahar"	National	02.09.2022
230.	All technical officers	Attended inauguration of Poshan Maah at the institute	Institutional	03.09.2022
231.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a lecture on the topic 'Importance of nutrition in women and children' to the OPD patients and their attendants at CARI, New Delhi.	Institutional	03.09.2022
232.	Dr. Seema Jain, R.O. (Ay.)	Delivered a public lecture on "Importance of poshan" during Poshan mah inauguration.	National	03.09.2022
233.	Dr. Reetika Saini R.O. (Biochem.)	Attended and coordinated the preliminary rounds of the institute, as part of the NABH implementation team, to assess the preparations for the NABH assessment under the chairmanship of the DG, CCRAS & Director (Inst.)	Institutional	06.09.2022
234.	All technical officers	Attended the preliminary rounds of the institute, as part of the NABH implementation team, to assess the preparations for the NABH assessment under the chairmanship of the DG, CCRAS & Director (Inst.)	Institutional	06.09.2022
235.	All technical officers	Participated in meetings related to facility management and safety issues.	Institutional	07.09.2022
236.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on "Role of Rasaushadhis in Anti-Immune Disorders" by Dr. Sanjay Khedekar, organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga-a Knowledge series"	National	08.09.2022
237.	Dr. Reetika Saini, R.O. (Biochem)	Attended and coordinated the NABH assessment of the institute.	Institutional	08.09.2022 & 09.09.2022

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238.	All technical officers	Attended the NABH assessment of the institute	Institutional	08.09.2022 & 09.09.2022
239.	All technical officers	Attended the post-assessment meeting	Institutional	09.09.2022
240.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in a project meeting on Ayush SS granule project at Safdarjung Hospital, New Delhi	Institutional	09.09.2022
241.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended Capacity Building and Continuing Medical Education: 6 – day residential training program in current trends in R&D, modern scientific advances & technology for scientific understanding for AYUSH Doctors / Scientists organized by CSIR – Central Drug Research Institute, Lucknow, sponsored by the Ministry of AYUSH.	National	12.09.2022 to 17.09. 2022
242.	Dr. Shweta Mata, R.O. (Ay.)- Nodal officer Dr. Nandini, R.O. (Ay.)- Co-nodal officer Dr. Renu Rani, R.O. (Ay.)- Co-nodal officer	Organized Ayurveda Day Celebration and Activities 2022.	Institutional	12.09.2022 to onwards
243.	Dr. Seema Jain, R.O. (Ay.)	Delivered a public lecture on “Importance of early diagnosis of Juvenile Diabetes” during Poshan mah inauguration	National	12.09.2022
244.	All technical officers	Attended Poshan Maah lecture on Juvenile Diabetes.	Institutional	12.09.2022
245.	Dr. Kuldeep	Rendered duties on deputation in the Ministry of Ayush for work related to Ayurveda Day Celebration- 2022	--	12.09.2022 to 31.09.2022
246.	Dr. Shweta Chaudhary, R.O. (Ay.)	Delivered a lecture on Anemia in females and Children.	Institutional	13.09.2022
247.	All technical officers	Attended training on ‘Spill Management’.	Institutional	13.09.2022
248.	Dr. Seema Jain, R.O. (Ay.)	Delivered a public lecture on “Traditional foods for women and children in tribal areas” during Poshan mah inauguration.	National	14.9.2022
249.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Attended 2nd PEMC of CCRAS conducted in Hybrid Mode.	National	14.09.2022

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	Dr. Sudha Kumari K.G, R.O (Ay.)			
250.	Dr. Reetika Saini R.O. (Biochem)	Visited the National MRI, CT Scan & Diagnostic Centre (outsourced lab) to assess their quality parameters.	Institutional	14.09.2022
251.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay.)	Attended webinar on “Multidimensional Aspects of Tikta Ksheer Basti” by Vd. Vinay Welankar, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga-a Knowledge series”	National	15.09.2022
252.	Dr. Seema Jain, R.O. (Ay.)	Attended webinar on “Ayurvedic Science Research and Development”.	National	15.09.2022
253.	Dr. Bharti, Director (Institute) Dr. Renu Rani, R.O. (Ay.)	Participated in 51st governing board meeting of National Innovation Foundation (NIF)-India.	National	15.09.2022
254.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Participated in Virtual Review Meeting of AMHCP Project under SCSP.	National	15.09.2022
255.	Dr. Renu Rani R.O. (Ay.)	Delivered lecture on “Anemia in pregnant and lactating women & importance of deworming in children”	Institutional	16.09.2022
256.	All technical officers	विभागीय राजभाषा कार्यान्वयन समिति की जुलाई से सितम्बर २०२२ की अवधि का तिमाही बैठक में सहभागिता की।	Institutional	16.09.2022
257.	Dr. Shivshankar Rajput R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Judged the Hindi tippa evam aalekhan pratiyogita held under Hindi Pakhwada	Institutional	17.09.2022
258.	Dr. Shweta Mata, R.O. (Ay.), Dr. Reetika Saini R.O. (Biochem), Dr. Renu Rani. R.O. (Ay.), Dr. Mayur Surana, R.O. (Ay.)	Participated in the Hindi tippa evam aalekhan pratiyogita held under Hindi Pakhwada.	Institutional	17.09.2022
259.	Dr. Mayur Surana R.O. (Ay.)	Delivered lecture on Ayurved Aahaar.	Institutional	17.09.2022
260.	All technical officers	Attended Poshan Maah lecture on Awareness amongst mother and families on care and nutrition for diarrhoea in children and distributed apples among children.	Institutional	19.09.2022

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261.	Dr. Mayur Surana R.O. (Ay.)	Delivered Poshan Maah lecture on “Awareness amongst mother and families on care and nutrition for diarrhoea in children” and distributed apples among children.	Institutional	19.09.2022
262.	Dr. Reetika Saini R.O. (Biochem) Dr. Pramod Jha (Pharmacist)	Judged the Shrutlekh pratiyogita (for MTS) held under Hindi Pakhwada.	Institutional	19.09.2022
263.	All technical officers	Attended Vaad-Vivaad pratiyogita	Institutional	20.09.2022
264.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.) Dr. Mayur Surana, R.O. (Ay.)	Participated in Vaad-Vivaad pratiyogita.	Institutional	20.09.2022
265.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended Virtual Zoom meetings as nominated member of “Guideline development Group (GDG) for the WHO Guideline on Chronic primary low Back pain in Adults scheduled at 4.30 PM to 7 Pm as per Indian Time.	International	20th , 26th , 28th , 29th September 2022
266.	Dr. Amit, R.O. (Ay.)	Organized a free health check-up and medicine distribution program under Sewa Pakhwada.	Institutional	21.09.2022
267.	Dr. Shweta Mata, R.O. (Ay.)	Delivered Poshan Maah lecture on Diet in Pregnant and Lactating women and distributed Mishti Doi among children.	Institutional	21.09.2022
268.	All technical officers	Attended Poshan Maah lecture on “Diet in Pregnant and Lactating women” and distributed Mishti Doi among children.	Institutional	21.09.2022
269.	Dr. Kishor Patel, R.O. (Ay.) Dr. Mayur Surana, R.O. (Ay.)	Participation in “8 th iPHEX 2022 ” organized by Ministry of Commerce and Industry, Govt. of India at IEML Knowledge Park, Greater Noida, U.P.	International	21.09.2022
270.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in the Nibandh pratiyogita (for Adhikari and Karmchari) held under Hindi Pakhwada.	Institutional	22.09.2022

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271.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay)	Attended webinar on “Potential Ayurvedic Interventions in PCOS” by Prof. Dr. Swati Mohite, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	22.09.2022
272.	Dr.Kishor Patel, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr.Pramod Chandra Dwivedi, R.O. (Ay.)	Judged the Vad-vivad pratiyogita (for Adhikari and Karmchari) held under Hindi Pakhwada.	Institutional	22.09.2022
273.	Dr. Nandini, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Judged the Nibandh pratiyogita (for Adhikari and Karmchari) held under Hindi Pakhwada.	Institutional	22.09.2022
274.	Dr. Bharti, Director (Institute)	Meeting with executive engineer, PWD	Institutional	23.09.2022
275.	Dr. Sakshi Sharma, R.O. (Ay.)	Delivered a lecture as invited Guest speaker in scientific session on the topic “Diet is an individual concept as per fundamentals of prakrti” in Ayurveda Parv-2022 organized by All India Ayurvedic Congress & Maharashtra Ayurveda Sammelan in collaboration with ministry of Ayush at Shirdi, Maharashtra.	National	23.09.2022
276.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Nandini, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Participated in Hindi Kavya Pratiyogita.	Institutional	23.09.2022
277.	Dr. Bharti, Director (Institute), Dr. Shweta Mata, R.O. (Ay.), Dr. Nandini, R.O. (Ay.) Dr. Reetika Saini, R.O. (Biochem)	Attended Inauguration of 7th Ayurveda Day and lecture by Dr. Nandini.	Institutional	23.09.2022
278.	Dr. Amit, R.O. (Ay.)	Given lecture on “Prevention of lifestyle disorders in children” under Poshan Maah 2022.	Institutional	23.09.2022
279.	Dr. Amit, R.O. (Ay.)	Organized Vriksharopan and Swachhta program under Sewa Pakhwada.	Institutional	23.09.2022
280.	Dr. Shweta Mata, R.O. (Ay.)	Delivered and organized an awareness lecture on ‘Ayurveda for Millenials’	Institutional	24.09.2022

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		under celebration of 7th Ayurveda Day, held at Sarvodaya Kanya Vidyalaya, Punjabi Bagh		
281.	Dr. Amit, R.O. (Ay.)	Given lecture on “Diet and lifestyle in children to avoid childhood obesity” at Sarvodaya Kanya Vidyalaya, East Punjabi Bagh, New Delhi under Poshan Maah, 2022.	Institutional	24.09.2022
282.	Dr. Reetika Saini R.O. (Biochem)	Assisted in organizing an awareness lecture on ‘Ayurveda for Millenials’ under celebration of 7th Ayurveda Day, held at Sarvodaya Kanya Vidyalaya, Punjabi Bagh.	Institutional	24.09.2022
283.	All technical officers	Attended Poshan Maah lecture on “Prevention of lifestyle disorders in children” under Poshan Maah 2022.	Institutional	24.09.2022
284.	Dr. Kishor Patel	Participated as a trainer in an online interactive session cum training program for initiation of the collaborative research project on Knee Osteoarthritis through VC.	Institutional	26.09.2022
285.	All technical officers	Attended Poshan Maah lecture on “Healthy food and dietary habits in Children” delivered by Dr. Seema Jain, R.O. (Ay.).	Institutional	26.09.2022
286.	All technical officers	Attended the “Fire Safety Mock Drill & Training” by Sh. Y.P. Kasana, Expert for the training conducted at CARI, Punjabi Bagh, New Delhi.	Institutional	26.09.2022
287.	All technical officers	Participated in Vriksharopana program organized under Sewa Pakhawada.	Institutional	26.09.2022 & 30.09.2022
288.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay) Dr. Mayur Surana, R.O. (Ay.)	हिंदी पखवाड़ा उत्सव के साथ समन्वयित प्रश्नोत्तरी प्रतियोगिता का आयोजन की ।	Institutional	27.09.2022
289.	Dr. Reetika Saini R.O. (Biochem) Dr. Renu Rani R.O. (Ay.)	Participated in Hindi prashnottri pratiyogita held under Hindi Pakhwada.	Institutional	27.09.2022
290.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani R.O. (Ay.)	Delivered a lecture on “Dietry habits in children” in Akhil Bhartiya Netraheen Sangh School, Raghuveer Nagar, New Delhi	Institutional	27.09.2022

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291.	Dr. Sudha Kumari K.G, R.O (Ay.)	Delivered an audio talk on the topic “Ayurveda for Millennials” as required by Media cell, Ministry of Ayush.	National	27.09.2022
292.	Dr. Kishor Patel, R.O. (Ay.)	Delivered lecture to patients at CARI as a part of Poshan Maah Abhiyaan on Gender Sensitive water conservation and management.	Institutional	28.09.2022
293.	All technical officers	Attended Poshan Maah lecture on “Gender Sensitive water conservation and management”	Institutional	28.09.2022
294.	Dr. Bharti, Director (Institute) Dr. Reetika Saini R.O. (Biochem)	Attended meeting of all institute Incharges with Director of CARI, New Delhi for guidelines and experiences of NABH Pre-assessment under the chairmanship of Director, CARI, New Delhi.	National	29.09.2022
295.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Reetika Saini R.O. (Biochem) Dr. Renu Rani R.O. (Ay.)	Participated in Antakshari pratiyogita held under Hindi Pakhwada.	Institutional	29.09.2022
296.	Dr. Seema Jain, R.O. (Ay.)	Organized and Judged Antakshari pratiyogita held under Hindi Pakhwada.	Institutional	29.09.2022
297.	Dr. Kishor Patel, R.O (Ay)	Participated in 1 day free medical camp at CCRAS Hqrs under Sewa Pakhwada.	Institutional	29.09.2022
298.	Dr. Renu Rani, R.O. (Ay.)	Delivered Lecture on “Jan Andolan, Jan Bhagidari, Jan Sandesh for Jan Aarogya” at OPD, CARI, New Delhi.	Institutional	29.09.2022
299.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar –“Diagnosis and a treatment protocol for Shodhan chikitsa in Vandhyatva” under Gyan Ganga.	National	29.09.2022
300.	Dr. Seema Jain, R. O. (Ay.)	Attended a webinar on “Poshan vatika” under Poshan Pakhwada Samapann Samaroh.	National	30.09.2022
301.	Dr. Seema Jain, R. O. (Ay.)	Attended Hindi workshop in “Tippani ka manak swaroop”.	National	30.09.2022
302.	Dr. Seema Jain, R. O. (Ay.)	Attended a webinar during Ayurveda diwas celebration on "Ayurveda Aahar, Millets/Grains/ rules "	National	30.09.22

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303.	Dr. Kishor Patel, R.O (Ay)	Participated in Poshan Utsava under Poshan Abhiyaan at Kartavya Path from 30th Sep – 2nd Oct, 2022.	National	30.09.2022
304.	Dr. Shweta Mata, R.O. (Ay.)	Delivered a lecture as a speaker in webinar on ‘Ayurveda Aahar: Millets/grains/rules’ under celebration of 7th Ayurveda Day, organized by CARI, New Delhi.	Institutional	30.09.2022
305.	Dr. Renu Rani, R.O. (Ay.)	Worked as a Coordinator for webinar entitled Ayurveda Aahar Millets/Grains and rules.	National	30.09.2022
306.	All technical Officers	Attended Webinar “Ayurveda Aahar: Millets/grains/rules” by Dr. Shweta Mata organized by CARI, Punjabi Bagh as a part of Poshan Mah celebration.	Institutional	30.09.2022
307.	All technical Officers	हिंदीकार्यशाला में "हिंदी में टिप्पण का मानक स्वरूप" विषय पर मुख्य वक्ता डॉ. शोभा रानी, संयुक्त निर्देशक (राजभाषा), हिंदी शिक्षण योजना, राजभाषा विभाग, गृह मंत्रालय, भारत सरकार, नई दिल्ली द्वारा दी गई चर्चा में भाग लिया।	Institutional	30.09.2022
308.	Dr. Kishor Patel, R.O. (Ay.)	Coordinated COVID-19 vaccination camp in the institute	National	01.10.2022
309.	Dr. Seema Jain, R.O. (Ay.)	Attended “Poshan Utsav 2022 ” at Kartavya path, New Delhi	National	01.10.2022
310.	Dr. Rajput Shivshankar, R.O. (Ay.)	Delivered an Awareness Lecture on “Swasthasya swasth rakshraham” and “Ayurveda for geriatrics people” at CRU, Safdarjung Hospital, as a part of 7th Ayurveda day activities.	Institutional	04.10.2022
311.	Dr. Kishor Patel, R.O. (Ay.)	Delivered an awareness lecture on “Ayurveda for Senior Citizens” under the activities taken up for the celebration of Ayurveda Day 2022 to the patients & general public at CARI.	National	06.10.2022
312.	Dr. Seema Jain, R.O. (Ay.)	Ayurveda Day lecture	National	06.10.22
313.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)	Organized Prakriti Assessment Camp under the theme “Ayurveda for senior citizens” ” under the activities taken up for celebration of Ayurveda Day 2022.	National	06.10.2022 & 07.10.2022
314.	Dr. Rajput Shivshankar, R.O. (Ay.)	An Awareness Lecture on “Virudha Aahar” was given at CRU, Safdarjung Hospital as a part of 7th Ayurveda day activities.	Institutional	06.10.2022

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315.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Diagnosis and Management of Malignancies in GIT & Rasaushadies” by Prof. Dr. M. Gopikrishna, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	06.10.2022
316.	Dr. Amit, R.O. (Ay.)	Conducted Free Health check-up camps and free medicine distribution at CSIR-CRRI, New Delhi (with collaboration of CSIR)	National	06.10.2022
317.	Dr. Amit, R.O. (Ay.)	Coordinated the Webinar on “Millet, grains, and rules for Ayurveda Aahar” in collaboration with CSIR-IGIB.	National	07.10.2022
318.	Dr. Shweta Mata, R.O. (Ay.)	Delivered a lecture as a speaker in the webinar on ‘Ayurveda Aahar: Millets/grains/rules’ under the celebration of 7th Ayurveda Day, organized by CARI, New Delhi with the collaboration CSIR-IGIB, New Delhi.	National	07.10.2022
319.	All technical officers	Attended a webinar on ‘Ayurveda Aahar: Millets/grains/rules’ under the celebration of 7th Ayurveda Day, organized by CARI, New Delhi with the collaboration CSIR-IGIB, New Delhi.	National	07.10.2022
320.	Dr. Amit, R.O. (Ay.)	Moderated the webinar on ‘Ayurveda Aahar: Millets/grains/rules’ under the celebration of 7th Ayurveda Day, organized by CARI, New Delhi with the collaboration CSIR-IGIB, New Delhi.	National	07.10.2022
321.	All technical Officers	Attended meeting of Quality Management Committee on Key Performance Indicators	Institutional	07.10.2022
322.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar “Pragya in Action - Harnessing Sattvavajaya Chikitsa for global health needs” by Dr.Namyata Pathak organized by Sitaram Ayurveda Research Foundation.	National	09.10.2022
323.	Dr. Sudha Kumari K.G, R.O (Ay).	Meeting with Dr. Kalyani Behra, Addl. M.S, ABVIMS, Dr. RML Hospital regarding the provision of allocated space for ATC.	Institutional	10.10.2022

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324.	Dr. Shweta Chaudhary, R.O. (Ay.)	Delivered a lecture to OPD Patients on “The importance of Ayurveda Day celebrations”.	Institutional	10.10.2022
325.	Dr. Renu Rani, R.O. (Ay.), Dr. Pramod Chandra Dwivedi, R.O. (Ay.), Dr. Mayur Surana, R.O. (Ay.), Dr. Reetika Saini, R.O. (Bio-chem.)	Attended induction training workshop on ‘Research Methodology & Biostatistics’ at CARI, Mumbai.	National	10.10.2022 to 15.10.2022
326.	Dr. Seema Jain, R.O. (Ay.)	Ayurveda Day Lecture	National	10.10.22
327.	Dr. Seema Jain, R.O. (Ay.)	Attended program on “Benefits of meditation and pranayam”	National	11.10.22
328.	Dr. Seema Jain, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Participated in Virtual Review Meeting of AMHCP Project under SCSP	National	12.10.2022
329.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R. O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay). Dr. Amit, R.O. (Ay.) Dr. Nandini, R. O. (Ay.)	Participated in the online meeting regarding “Sensitization & Awareness Program” for all Ayurveda stakeholders for Ayurveda Day Celebration 2022 organized by All India Institute of Ayurveda under Ministry of Ayush.	National	12.10.2022
330.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Emergency Treatment through Ayurveda” by Prof. Dr. Avinash Lele, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	13.10.2022
331.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended National webinar on “Mental wellbeing” organized by Guru Ravidas Ayurveda University, Punjab in view of 7th Ayurveda Day.	National	13.10.2022
332.	All technical officers	Attended an online meeting to discuss the progress of Ayurveda Day celebration 2022 organized by CARI, Punjabi Bagh.	Institutional	14.10.2022
333.	Dr. Kuldeep, R.O. (Ay.)	Delivered duties on deputation to Ministry of Ayush for work related to 7th Ayurveda Day Celebration- 2022.	National	From 12th Sep 2022 to 23.10.2022
334.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended webinar on the topic “Ayurveda Aahar” in collaboration with IICB, CSIR organized by Ayurveda Research Institute, Kolkata.	National	15.10.2022

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335.	Dr. Shweta Chaudhary, R.O. (Ay.)	Delivered a public lecture on the topic, 'Ayurveda & mental health' and took Yoga/Pranayama Class of the patients.	Institutional	15.10.2022
336.	All Technical Officers	Participated in Ayurveda Ahaar Distribution as a part of 7th Ayurveda day activities.	Institutional	15.10.2022 17.10.2022 19.10.2022 21.10.2022
337.	Dr. Amit, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)	Coordinated & participated in Ayurvediya Aahar Distribution (Krishra/khichadi distribution) under the activities taken up for celebration of Ayurveda Day.	Institutional	15.10.2022
338.	Dr. Seema Jain, R.O. (Ay.)	Organized distribution of Krishara and Takra under "Promotion of Ayurveda Ahar".	National	15.10.2022
339.	Disha Garg, ARO (Physio.)	Took a session of yoga for IPD and OPD patients under 7th Ayurveda day celebration.	Institutional	15.10.2022
340.	Dr. Seema Jain, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)	Organized distribution of Payasam under "Promotion of Ayurveda Ahar".	National	17.10.2022
341.	Dr. Amit, R.O. (Ay.)	Delivered a lecture on, "Ayurvedic principles for being healthy", participated in tree plantation and free medical health checkup camp along with medicine distribution at CSIR-NPL.	Institutional	17.10.2022
342.	Dr. Amit, R.O. (Ay.)	Carried out scrutiny for Panchakarma Technician Course 2022-23 in the institute.	Institutional	18.10.2022
343.	Dr. Bharti, Director (Institute), Dr. Shweta Mata, R.O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.), Dr. Mayur Surana, R.O. (Ay.), and Dr. Reetika Saini, R.O. (Bio-chem.)	Distribution of Plants as a part of Ayurveda day activity	Institutional	18.10.2022
344.	Dr. Bharti, Director (Institute)	Attended a meeting on Participation of Ministry of Ayush in the 41st International Trade Fair to be organized at Pragati Maidan, New Delhi from 14-27th Nov., 2022	National	18.10.2022

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345.	Dr. Seema Jain, R.O. (Ay.)	Organized webinar on “Sharing Clinical experiences for the treatment of different types of Arthritis”	National	19.10.2022
346.	Dr. Kishor Patel, R.O. (Ay.)	Co-coordinated the Webinar: “Sharing Clinical experiences for the treatment of various varieties of Arthritis”.	National	19.10.2022
347.	All technical officers	Attended Webinar on ‘Sharing Clinical Experiences for the Treatment of Different Types of Arthritis’	National	19.10.2022
348.	Dr. Seema Jain, R.O. (Ay.)	Organized distribution of vegetable Krishara under “Promotion of Ayurveda Ahar”.	National	19.10.2022
349.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended Dhanwantri Jayanti Celebration at Constitutional Club of India organized by Shri Ayurveda Indraprasthiya Vaidya Sabha, inaugurated by Manoj Tiwari (Member of Parliament).	National	20.10.2022
350.	Dr. Shweta Mata, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Ayurveda Dietetics” by Dr. Indu. S and on “Geriatrics through Ayurveda” by Dr. K. K Ratha organized by CARI, Bhubaneshwar as a part of 7th Ayurveda Day Programs.	National	20.10.2022
351.	Dr. Seema Jain, R.O. (Ay.)	Attended webinar on “Cancer and de adiction in Ayurveda” organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	20.10.2022
352.	Dr. Seema Jain, R.O. (Ay.)	Attended meeting of SCSP 2022 Program.	National	20.10.22,2.00pm
353.	Dr. Seema Jain, R.O. (Ay.)	Organized distribution of Prasadam under “Promotion of Ayurveda Ahar” during 7th Ayurveda Day Celebration.	National	21.10.2022
354.	Dr. Shweta Mata, R.O. (Ay.)	Delivered lecture on “Ashta Aahar vidhi visheshayatana” on the occasion of 7th Ayurveda day.	Institutional	21.10.2022
355.	Dr. Shweta Chaudhary, R.O. (Ay.)	Delivered a public lecture on the topic, ‘Ahar vidhi vidhan’ on the occasion of 7th Ayurveda day in the institute premises.	Institutional	21.10.2022
356.	All Technical Officers	Attended celebration of ‘Ayurveda Day’.	Institutional	21.10.2022

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357.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.) Dr. Reetika Saini, R.O. (Bio Chem.)	Attended orientation meeting on 'Pradhan Mantri TB Mukh Bharat Abhiyaan' by MoHFW.	National	21.10.2022
358.	Dr. Bharti, Director (Institute), Dr. Shweta Mata, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Mayur Surana, R.O. (Ay.), and Dr. Reetika Saini, R.O. (Bio-chem.)	Distribution of Plants as a part of Ayurveda day activity	Institutional	21.10.2022
359.	Dr. H. Panigrahi, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Nandini, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.), Dr. Mayur Surana, R.O. (Ay.), Dr. Seema Jain, R.O. (Ay.)	Distribution of Plants as a part of Ayurveda day activity	Institutional	22.10.2022
360.	Dr. H. Panigrahi, R.O. (Ay.), Dr. Rajput Shivshankar, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.). Dr. Amit, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Attended the 7th Ayurveda Day Celebration Program at Vignan Bhavan, New Delhi presided over by Hon'ble Minister of Ayush, Government of India in presence of Union Minister from other Ministries and senior dignitaries.	National	23.10.2022
361.	Dr. Shweta Chaudhary, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Sudha Kumari, K.G., R.O. (Ay.)	Attended the 7th Ayurveda Day Celebration Program at Vignan Bhavan, New Delhi presided over by Hon'ble Minister of Ayush, Government of India in presence of Union Minister from other Ministries and senior dignitaries on virtual mode.	National	23.10.2022
362.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar Ayurvedic Management of Chronic Kidney Diseases - Possibilities and challenges" by Dr. J. Mannachan organized by Sitaram Ayurveda Research Foundation.	National	23.10.2022

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363.	Dr. Bharti, Director (Institute) Dr. Renu Rani, R.O. (Ay.)	Attended a meeting on Participation of Ministry of Ayush in the 41st International Trade Fair.	National	27.10.2022
364.	Dr. Shweta Mata, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Pharmacovigilance for ASU drugs” by Dr. Sudipt Kumar Rath, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	27.10.2022
365.	Dr. Kishor Patel, R.O. (Ay.)	Carried out scrutiny for Staff nurses in the institute.	Institutional	28.10.2022
366.	Dr. H. Panigrahi, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.), Dr. Rajput Shivshankar, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.), Dr. Reetika Saini, R.O. (Bio-chem.)	Participated at Global Digital Health Summit- 28th & 29th October 2022, Vigyan Bhawan, New Delhi.	International	28.10.2022- 29.10.2022
367.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Prepared translites, IEC material, and Jute bags for distribution among patients as a part of Ayurveda day activity.	Institutional	October 2022
368.	All Technical Officers	Attended the inaugural session of Vigilance Awareness Week and took Integrity Pledge.	Institutional	31.10.2022
369.	Dr. Shweta Chaudhary, R.O. (Ay.)	Uploaded Ayurveda day activities and other institutional activities on social media.	National	October, 2022
370.	Dr. Bharti, Director (Institute)	Attended a meeting under the chairmanship of DDG regarding Participation of MoA in the 41st International Trade Fair (IITF) at Pragati Maidan, New Delhi during 14-27 November, 2022-reg.	National	01.11.2022
371.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.)	Prepared the internship schedule and roster for the new internee joined.	Institutional	01.11.2022
372.	Dr. Seema Jain, R.O. (Ay.)	Participated Nibandh lekhana competition during Vigilance awareness week.	National	02.11.2022

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373.	Dr. Kishor Patel, R.O. (Ay.)	Judged essay competition held under Vigilance Awareness Week 2022.	National	02.11.2022
374.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the webinar on the topic “Awareness of Pharmacovigilance of ASU & H drugs” organized by Peripheral Pharmacovigilance Centre, Unani Medical College, Bhopal.	National	02.11.2022
375.	Dr. Bharti, Director (Institute)	Attended a meeting under the chairmanship of DDG regarding Participation of MoA in the 41st International Trade Fair (IITF) at Pragati Maidan, New Delhi during 14- 27 November, 2022-reg.	National	03.11.2022
376.	Dr. Sakshi Sharma, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.).	Attended webinar on “Takayasu’s Arteritis (Pulse less Disease)” by Dr. S.P Gupta, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	03.11.2022
377.	Dr. Shaizi Layeeq, R.O. (Ay.)	संयुक्त क्षेत्रीय राजभाषा सम्मेलन एवं पुरस्कार वितरण समारोह, अमृतसर	National	03.11.2022
378.	Dr. Sakshi Sharma R.O. (Ay.)	Presented a paper on “Role of Rasayana –a strength of Ayurveda in healthy ageing” in International Symposium on “Recent Advances in Research on Healthy ageing and future challenges” organized at Department of Zoology, Banaras Hindu University, Varanasi. Also designated as chairperson for one Lecture session and poster presentation session in the conference.	International	05.11.2022- 07.11.2022
379.	Dr. Bharti, Director (Institute) Dr. Kishor Patel R.O. (Ay.)	Visited to CRU, Safdarjung Hospital.	Institutional	05.11.2022
380.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in webinar on “Dimensions of Human Intelligence” by Dr. Mansi Kapoor, Management Scientist, Professor, MIT, Pune organized by Journal of Ayurveda and Integrative Medicine.	National	05.11.2022
381.	Dr. Kishor Patel, R.O. (Ay.)	Participated in webinar on topic “Developing an insightful Clinician- Bridging Samhitaa based principles to Clinical Practice” by speaker Dr. S. Gopakumar, Prof. & Head, Dept. of Roga Nidanam & MS, Govt. Ayurveda	National	06.11.2022

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		College, Pariyaram, Kerala organized by Sitaram Ayurveda Research Foundation.		
382.	All technical Officers	Participated concluding ceremony & Prize distribution session during Vigilance awareness week	National	07.11.2022
383.	Dr. Kishor Patel, R.O. (Ay.)	Coordinated activities of Vigilance Awareness Week 2022 at CARI, New Delhi	Institutional	31.10.2022 to 07.11.2022
384.	Dr. Seema Jain, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Visited Asharan Orphanage, Hope Foundation, Multan Nagar and Flag Children Home for girls, Karol Bagh, ND to get permission for conducting Poshan 2.0 abhiyan	Institutional	09.11.2022
385.	Dr. Bharti, Director (Institute)	Attended a meeting under the chairmanship of DDG regarding Participation of MoA in the 41st International Trade Fair (IITF) at Pragati Maidan, New Delhi during 14-27 November, 2022-reg.	National	10.11.2022
386.	Dr. Shweta Mata, R.O. (Ay.)	Attended the online lecture series "Strabismus A to Z" jointly organized by Dept. of Shalakyatantra, D Y patil deemed to be university, Navi Mumbai & The Association of Shalaki (TAS). Topic: Squint case presentation & Revision	National	10.11.2022 17.11.2022 24.11.2022
387.	Dr. Shivshankar Rajput, R.O. (Ay.)	Attended a meeting of the representatives of current interns of MBBS, Batch 2017, internship Committee and Departmental Nodal Officers (Interns) of all departments at Medical education Room of VMMC, Safdarjung hospital, Delhi.	Institutional	10.11.2022
388.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on "Panchakarma in Clinical Practice" by Prof. Dr. K. Sasidharan Kaladi, organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series".	National	10.11.2022
389.	Dr. Kishor Patel, R.O. (Ay.)	Participated and coordinated the meeting of Focused Group for Cardiovascular Diseases related research including Hypertension.	National	11.11.2022

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390.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar “Interactive session on Clinical experiences and Journey with Maharshi Mahesh Yogi with Ashtavaidyan E. T. Divakaran Mooss & Ashtavaidyan E. T. Ravi Mooss” organized by Sitaram Ayurveda Research Foundation.	National	13.11.2022
391.	Dr. Kishor Patel, R.O. (Ay.)	Co-ordinated OPD’s of Ayush at India International Trade Fair (IITF)-2022, Pragati Maidan, New Delhi as Nodal Officer from CCRAS.	International	14.11.2022 To 25.11.2022
392.	Dr. Seema Jain, R.O. (Ay.)	Attended Webinar on “Aoushadhi jigya”, NIA, Jaipur	National	16.11.2022
393.	Dr. Sudha Kumari K.G, R.O (Ay).	Delivered a lecture on "Alternate Health Systems in the Country" to 1st year MBBS students of ABVIMS & Dr. RML Hospital for their Induction/ Orientation Program as a part of the Foundation Course for the Undergraduate Medical Education Program of Medical Council of India.	Institutional	16.11.2022
394.	Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Actively attended in Manasroga focus group meet of CCRAS.	National	16.11.2022
395.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Understanding Soothsekhara Ras” by Vd. Mahesh Thakur, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	17.11.2022
396.	Dr. Seema Jain, R.O. (Ay.)	Attended Webinar - Spandan-2022 on “Joint disorder and their management”	National	18.11. 2022
397.	Dr. Seema Jain, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.)	Conducted पारंगत परीक्षा as Centre Superintendent/ invigilator at CARI.	National	19.11. 2022
398.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shivshankar Rajput, R.O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Kuldeep, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Given पारंगत परीक्षा		19.11.2022
399.	All technical Officers	Attended “workshop through webinar for the purpose of Training of SPARK	National	23.11.2022

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		reviewers” organized by CCRAS, Janakpuri, New Delhi.		
400.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended Lecture by- Dr. Vivek kumar Dubey, GAC, Bilaspur as a part of single lecture series by Academy of Roganidan.	National	23.11.2022
401.	Dr. Shivshankar Rajput, R.O. (Ay.)	Actively attended in focus group meet of RCH group of CCRAS	National	24.11.2022
402.	Dr. Sakshi Sharma, R.O. (Ay.), Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended 121st webinar on “An etiopathological study of Tamak Shwasa vis- a- vis Bronchial Asthma” by Prof. Dr. Puneet Kumar Garg, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	24.11.2022
403.	Dr. Bharti, Director (Institute)	Attended a meeting regarding staff nurse recruitment.	National	25.11.2022
404.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Attended a webinar on “Intimate Partner Violence” organized by AIIMS Kalyani.	National	25.11.2022
405.	Dr. Shweta Mata, R.O. (Ay.)	Participated in Continuing Medical Education (CME) program on ‘Evidence-based Traditional Medicine for Integrative Health Care’ supported by the National Academy of Medical Sciences, Delhi jointly organized by Dr. D Y Patil Medical College Hospital and Research Centre, Pimpri, Pune, and Savitribai Phule Pune University.	National	25.11.2022 & 26.11.2022
406.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended "Awareness programme on Pharmacovigilance" organized by PPvC, Central Ayurveda Research Institute, Bengaluru.	National	26.11.2022
407.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a national webinar, ‘Sthaulya Udbodhanam’ organized by Jupiter Ayurved Medical College & Tarini Ayurved Hospital, Nagpur in association with Rog Nidan & Vikruti Vigyan PG Association.	National	26.11.2022
408.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the workshop on the topic “Pharmacovigilance and its journey in Ayurveda” organized by	National	29.11.2022

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		Peripheral Pharmacovigilance Centre, faculty of Ayurveda, IMS, BHU. Speaker: Dr. Sudipta Kumar Rath, Asso. Prof., Dravyaguna, NIA, Jaipur		
409.	Dr. Seema Jain, R.O. (Ay.)	Attended workshop on “Research Oriented Public Health Care Programme” at CCRAS HQ	National	01.12.2022 to 02.12.2022
410.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Management of Bhagandara by Pratisaraniya Kshara” by Dr. KVS Rao, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	01.12.2022
411.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar - "An interactive session on Ayurvedic Psychiatry with Dr. M. P. Eswara Sarma, Former Principal, V P S V Ayurveda College, Kottakkal" organized by Sitaram Ayurveda Research Foundation.	National	04.12.2022
412.	Dr. Bharti, Director (Institute)	Participated in a meeting with DG CCRAS regarding pending issues of financial senario of incharges of peripheral institutes of CCRAS.	National	05.12.2022
413.	Dr. Shivshankar Rajput, R.O. (Ay.)	Presented a paper and participated in 9th World Ayurveda Congress & AROGYA Expo 2022 at Pangim, Goa, India.	International	08.12.2022 To 11.12.2022
414.	Dr. Kuldeep, R.O. (Ay.)	Conducted exam of Panchakarma Technician Course 2021-22 as Co-coordinator	Institutional	09.12.2022
415.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar - "A sympathetic & wholesome approach in treatment of most challenging cases of Cerebral Palsy & Mental Retardation" organized by Sitaram Ayurveda Research Foundation.	National	11.12.2022
416.	Dr. Bharti, Director (Institute) Dr. Sakshi Sharma, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.) Dr. Shaizi, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Participated in Sensitization Program for Officers under the project "Documentation of life profiles of Luminaries in Ayurveda" organized by CCRAS, Hqrs.	National	14.12.2022

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	Dr. Renu Rani, R.O. (Ay.)			
417.	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R. O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay). Dr. Pramod Chandra Dwivedi, R.O. (Ay.)	Attended online meeting on “ACTION POINTS FOR AYUSH OPD SERVICES AT CENTRAL HOSPITALS” organized by CARI, Punjabi Bagh.	Institutional	14.12.2022
418.	Dr. Sakshi Sharma R.O. (Ay.)	Attended an Online Sensitization program for concerned officers on the topic “How to write a Biography” with the expert Dr. Ramm Manohar, Director.	National	14.12.2022
419.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Dhatu- Dushti janya Rogo me Aam- Dosh ki Bhumika” by Dr. Ashish Tiwari, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	15.12.2022
420.	Dr. Bharti, Director (Institute)	Gave a lecture at Red FM @ invest India podcast Holistic Health with the Ministry of Ayush on strategies policy making, investment, facilitation etc.	National	16.12.2022
421.	Dr. Shweta Mata, R.O. (Ay.)	PHARMACOVIGILANCE AWARENESS PROGRAM at RARC ,Agartala	National	17.12.2022
422.	Dr. Seema Jain, R.O (Ay).	Presented a paper in “SIDDHANTCON” international seminar at Indore M.P.	National	17.12.2022 & 18.12.2022
423.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar - "A Clinical discussion on role of few Rasaushadis in Annava sroto Vikaaras" by Dr. Unnikrishna Pillai MD (Ay), Ph.D. Chief Physician, Amruthanjali Ayurveda Hospital, Kollam (Former Faculty, NIA, Jaipur & IPGTRA, Jamnagar, Former Professor, Amrita School of Ayurveda) organized by Sitaram Ayurveda Research Foundation.	National	18.12.2022
424.	All technical officers	Attended online meeting on “MEDICINE PURCHASE	Institutional	19.12.2022

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		/CONSUMPTION” organized by CARI, Punjabi Bagh.		
425.	Dr. Bharti, Director (Institute)	Participated in a meeting on Swachhata action plan 2022-23 organized by CCRAS Hqrs	CCRAS Hq	19.12.2022
426.	Dr. Shweta Mata, R.O. (Ay.)	The Virtual Awareness Programme on Pharmacovigilance	National	19.12.2022
427.	All technical officers	Participated in राजभाषा हिन्दी के लक्ष्यो की प्राप्ति हेतु हिन्दी की प्रगति के लिए प्रभावी कदम सुनिश्चित करने के संबंध में “विभागीय राजभाषा कार्यान्वयन समिति की त्रिमाही बैठक”	Institutional	21.12.2022
428.	Dr. Kuldeep, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.)	Participated in a review meeting for AMHCP(SCSP)	National	21.12.2022
429.	All technical officers	“कंप्यूटर पर उपलब्ध हिन्दी के नवीनतम डिजिटल टूल्स और उनका प्रयोग” पर हिंदी कार्यशाला में भाग लिया I	Institutional	22.12.2022
430.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended webinar on “Applied Aspects of Panchakarma in Clinical Practice” by Dr. Rajkala Panchakshari Patil, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga-a Knowledge series”.	National	22.12.2022
431.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O. (Ay.)	Meeting with Secretary Ayush at the Ministry of Ayush for receiving the NABH certificate	Institutional	22.12.2022
432.	Dr. Shweta Chaudhary, R.O. (Ay.)	Moderated hindi quarterly workshop Guest speaker: Dr. Rakesh Sharma, Deputy Director, CSIR, Goa	Institutional	22.12.2022
433.	Dr. Sakshi Sharma R.O. (Ay.)	Attended first meeting after joining BIS on Loan basis under Chairmanship of secretary Ayush Vaidya Rajesh Koteja ji at Ministry of Ayush with the agenda of Ayush activities at BIS.	National	23.12.2022
434.	Dr. Shweta Mata, R.O. (Ay.)	Attended National Seminar On Pharmacovigilance Awareness Program Of ASU & H DRUGS organized by Regional Research Institute Of Unani Medicine (RRIUM), Mumbai.	National	23.12.2022
435.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended Single lecture series by the Academy of Roganidan, ‘Clinical Aspects in Ayurvedic Treatment of Diabetes’ by Dr. Amit Nakanekar	National	24.12.2022

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436.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar - 'Management of Gynaecological Disorders in General Practice w. s. r. to Rasa Drugs' by Dr. Rathi B. Unnithan MD (Ay) organized by Sitaram Ayurveda Research Foundation.	National	25.12.2022
437.	Dr. Seema Jain, R.O (Ay). Dr. Kuldeep, R.O. (Ay.)	Participated in meeting Reg. Nikshay Mitra yojana/TB Mukht Bharat Abhiyaan	National	27.12.2022
438.	Dr. Bharti, Director (Institute) Dr. Kishor Patel, R. O. (Ay.)	Participated and coordinated the meeting of the Focused Group for Cardiovascular Diseases-related research, including Hypertension.	National	27.12.2022
439.	Dr. Shweta Mata, R.O. (Ay.)	National level awareness programme on 'Pharmacovigilance For Ayurvedic Drugs '	National	27.12.2022
440.	Dr. Sakshi Sharma R.O. (Ay.)	Attended first meeting of Ayush Division Council under Chairmanship of secretary Ayush Vaidya Rajesh Koteja ji at Ministry o Ayush at Lal cibarm an Hall BIS Manak Bhawan, New Delhi.	National	27.12.2022
441.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended Single lecture series by the Academy of Roganidan 'An Ayurvedic approach to Biological Adaptation' by Prof. Smita Dutta Paul	National	28.12.2022
442.	Dr. Shweta Mata, R.O. (Ay.)	Actively participated in focus group meeting of Shalakyatantra group of CCRAS	National	29.12.2022
443.	Dr. Seema Jain, R.O (Ay). Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on "Strategy to Prevent the Masses from New Variants of COVID-19" by Prof. (Dr.) G. S. Tomar, organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series".	National	29.12.2022
444.	Dr. Sudha Kumari K.G, R.O (Ay).	Delivered a Podcast on "Ayurveda for Millennials – Unlock Health and Happiness" as required by the Media Centre, Ministry of Ayush to get posted in #Ayush Vaani, Facebook page of Ministry of Ayush.	National	02.01.2023
445.	Dr. Bharti, Director (Institute) Dr. Shaizi Layeeq, R.O. (Ay.)	Meeting with Vice Chancellor, JNU, regarding setting of CCRAS- JNU Ayurveda Treatment & Research Facility.	Institutional	03.01.2023

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446.	Dr. Shweta Mata, R.O. (Ay.)	Participated in National Seminar on Pharmacovigilance & ADR by PPvC Tilak Ayurved Mahavidyalay, Pune.	National	04.01.2023
447.	Dr. Renu Rani, R.O. (Ay.)	Organized the meeting of the Incident Report, Referral and Rejection Committee.	Institutional	04.01.2023
448.	All technical Officers	Attended monthly meeting on Incident Report, referral, rejection committee- at CARI, Punjabi Bagh.	Institutional	04.01.2023
449.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Prakriti Analysis and its Significance” by Prof. (Dr.) A.P.S. Chauhan, Principal & HOD- Dept of Kriya Sharir, Govt. Ashtang Ayurveda College, Indore, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	05.01.2023
450.	Dr. Seema Jain, R.O. (Ay.)	Attended Internal scrutiny committee meeting at HQ.	National	05.01.2023
451.	Dr. Bharti, Director (Institute)	Participated in ISC meeting organized by CCRAS Hqrs.	CCRAS Hqrs	05.01.2023 & 06.01.2023
452.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended “Foundation Day Program at BIS under the Chairmanship of DG BIS. Shri. Promod Kumar Tiwari.	Institutional	06.01.2023
453.	Dr. Sakshi Sharma, R.O. (Ay.)	Participated in Swasthya Kisan Live health Program on DD Kisan as Ayurveda Expert on the topic “Winter problems and Ayurveda Solutions”.	National	07.01.2023
454.	Dr. Shweta Mata, R.O. (Ay.)	Delivered a TV talk on “Cervical Pain” as an Ayurveda expert in Sansad TV, a Parliamentary channel of India in the weekly Health show "आयुष्मान भव":	National	07.01.2023
455.	Dr. Shweta Mata, R.O. (Ay.)	Delivered an awareness lecture on “The importance of Millets” on the occasion of the inauguration of the international year of Millets 2023 at CARI, New Delhi	Institutional	10.01.2023
456.	All technical Officers	Participated in the inauguration of the international year of Millets 2023 at CARI, New Delhi.	National	10.01.2023
457.	All technical Officers	Attended an awareness lecture on “Infection control in AyurvHospitalital”.	National	10.01.2023

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458.	Dr. Amit, R.O. (Ay.)	Participated in National seminar on Safety, Efficacy and Standardization of Panchakarma.	National	10.01.2023 & 11.01.2023
459.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the Awareness Program on "How to record and fill ADR form" by Peripheral Pharmacovigilance Centre conducted at Government Ayurved College, Nagpur	National	11.01.2023
460.	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.)	Organized the meeting on the Therapeutic Committee of CARI, New Delhi.	Institutional	11.01.2023
461.	Dr. Bharti, Director (Institute)	Attended a Meeting on budget of CCRAS Hqrs.	CCRAS Hqrs	11.01.2023
462.	Dr. Bharti, Director (Institute) Dr. Shweta Mata, R.O. (Ay.)	MoU Signed for the collaborative project entitled, "Clinical evaluation of Ayurvedic management in Allergic rhinitis -a randomized controlled clinical trial" between CARI, New Delhi on the behalf of CCRAS and VMMC, Safdarjung hospital.	National	12.01.2023
463.	Dr. Sudha Kumari K.G, R.O (Ay). Dr. Shivshankar Rajput, R.O. (Ay.)	Attended Mental Health Focus Group meeting to discuss the protocol entitled "A Double-blind, placebo-controlled, Randomized prospective study to evaluate the efficacy of classical Ayurveda formulation and conventional nutritional supplement in children with Autism Spectrum Disorder" submitted by Dr Vidyashree Anchan, Research Officer (Pathology) CARI, Bengaluru.	National	12.01.2023
464.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on "Arshas (Haemorrhoids) – An update on its Evaluation & Ayurveda Management" by Dr. Bhaskar Rao, Retd. Prof. & Vice Principal, Tirupati, organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series".	National	12.01.2023
465.	Dr. Bharti, Director (Institute) Dr. Shivshankar Rajput, R.O. (Ay.)	MoU Signed for the collaborative project entitled, "Efficacy of Ayurveda interventions in the management of menorrhagia (Raktapradara) – A randomized controlled trial" between	National	12.01.2023

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		CARI, New Delhi on the behalf of CCRAS and VMMC, Safdarjung hospital.		
466.	Dr. Seema Jain, R.O. (Ay.)	Attended PEMC meeting at HQ.	National	12.01.2023
467.	Dr. Shweta Mata, R.O. (Ay.)	Delivered duty as examiner of CRAV Course, batch 2021-22 as a Shalakyatantra expert.	National	16.01.2023
468.	Dr. Bharti, Director (Institute) Dr. Kishor Patel, R.O. (Ay.)	Participated and coordinated the meeting of the Focused Group for Cardiovascular Diseases related research including Hypertension.	Institutional	16.01.2023
469.	Dr. Sakshi Sharma, R.O. (Ay.)	Participated as Guest Speaker in the Talk Session of “Annual Tech Fest Elixir 2023 -Tradition to Trend” at Shaheed Raj Guru College of Applied Sciences, Delhi University.	National	16.01.2023
470.	Dr. Sakshi Sharma, R.O. (Ay.)	Participated as a member in the Judgement Panel in the Poster presentation competition based on ‘Prakriti a unique domain of Ayurveda’ at the event Vicharkosha in Annual Tech Fest Elixir 2023 at Shaheed Raj Guru College of Applied Sciences, Delhi University.	National	16.01.2023
471.	Dr. Kishor Patel, R.O. (Ay.)	Delivered a lecture on, “Importance of millets in our daily life”.	Institutional	17.01.2023
472.	Dr. Bharti, Director (Institute)	Participated in a meeting of Ayurveda Parv with Ministry of Ayush.	National	18.01.2023
473.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Delivered lecture on “Introduction and importance of Millets” at MCD Pratibha School, Punjabi Bagh (W), New Delhi-110026 under the celebration of the International year of Millets.	Institutional	19.01.2023
474.	Dr. Seema Jain R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay).	Attended webinar on “Ksharsutra-Analysis, Research Mode of Action and Applications” by Prof. (Dr.) Dattatray Rao, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.	National	19.01.2023
475.	Dr. Renu Rani, R.O. (Ay.)	Attended online Lecture on “Principles of child psychology” by Dr. Rahul Gujarati.	National	19.01.2023
476.	Dr. Sakshi Sharma R.O. (Ay.)	Presented a paper on the topic “Shiksha Evum Anusandhan” as invited Resource person in Ayurveda Perv at	National	20.01.2023

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		Gopabandhu Ayurveda Mahavidyalaya, Puri (Odisha) sponsored by Ministry of Ayush.		
477.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the meeting of Focus Group for clinical research in eye and ENT diseases through video conferencing.	National	21.01.2023
478.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Organized Health checkup camp and distribution of nutritious food items at Asharan Orphanage, C/o Hope foundation, A-46, New Multan Nagar, New delhi, under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	National	21.01.2023
479.	Dr. Shivshankar Rajput, R.O. (Ay.)	Delivered a TV talk on Acidity as an Ayurveda expert at Sansad TV, Parliamentary channel of India, weekly Health show "आयुष्मान भव":	National	21.01.2023
480.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended ACHARARASAYANAM Webinar – “Clinical experiences in management of Dementia” by Dr. Suhas Kumar Shetty, Phd, organized by Sitaram Ayurveda Research Foundation.	National	22.01.2023
481.	Dr. Bharti, Director (Institute)	Participated in a meeting of expenditure of the Swachchata Action Plan organized by CCRAS hqrs.	CCRAS Hqrs	23.01.2023
482.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Organized Health checkup camp and distribution of nutritious food items at Asha Griha Children Home for Girls D-41, bagdola Village, Sector-8 South west, New delhi, under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	National	23.01.2023 & 24.01.2022
483.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Organized Health checkup camp and distribution of nutritious food items at Asha Griha Children Home for Boys , B-215, sector-19, near Ambrahi Extension, Dwarka , South West, New delhi , under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	National	23.01.2023 & 24.01.2022
484.	Dr. Amit, R.O. (Ay.)	Delivered an awareness lecture on, “Importance of millets in our daily life”.	Institutional	24.01.2023
485.	Dr. Bharti, Director (Institute)	Participated in Inauguration of CCRAS- JNU Ayurveda Treatment &	Institutional	25.01.2023

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	Dr. Shaizi Layeeq, R.O (Ay) Campus coordinator Dr. Kuldeep, R.O. (Ay.) Campus Co- coordinator	Research Facility at JNU Health Center as Nodal Officer.		
486.	Dr. Kishor Patel, R.O. (Ay.)	Participated as Nodal officer for Bharat Parv organized by Ministry of Tourism, GOI at Red Fort, New Delhi	National	26.01.2023 To 31.01.2023
487.	Dr. Seema Jain, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Delivered lecture on “Health benefits of millets” at Sarvodya Kanya School, Punjabi Bagh, New Delhi under the celebration of International year of Millets.	Institutional	27.01.2023
488.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting with Nodal officer at CTVS Department, AIIMS with Prof. Manoj Sahu on finalization of Project.	National	27.01.2023
489.	Dr. Bharti, Director (Institute)	Attended a Meeting on budget of CCRAS Hqrs.	CCRAS Hqrs	27.01.2023
490.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in one-day sensitization program on Ayurveda Aahar organized by RAV at All India Ayurvedic Congress, New Delhi.	National	28.01.2023
491.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in RCH focus group meet.	National	29.01.2023
492.	Dr. Shweta Mata, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Organized various awareness lectures and events for the International year of Millets 2023 at CARI New Delhi as a Nodal Officer of the event.	Institutional	January, 2023
493.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended webinar on “ Clinical Approach towards Rheumatic Diseases WSR to Winter Season” by Dr. Satya N. Dornala, M.d, Phd, as part of E-Vishrutha (Series 3) organized by Vaidyaratnam Oushadhasala Pvt. Ltd	National	31.01.2023
494.	Dr. Kishor Patel, R.O. (Ay.)	Participated in VC Meeting regarding SMART program organized by CCRAS Hqrs.	National	31.01.2023
495.	Dr. Seema Jain R.O. (Ay.)	Delivered duties as examiner of CRAV Course, batch 2021-22 for Kayachikitsa Subject.	National	31.01.2023
496.	Dr. Kuldeep R.O. (Ay.)	Delivered Lecture for OPD Patients on the Importance of Millets at CARI, New Delhi.	National	31.01.2023
497.	Dr. Seema Jain, R.O. (Ay.),	Attended webinar on “Aama v/s Autoimmunity – Breaking chain with Vardhman Pippali Rasayana” by Dr. N.	National	02.02.2023

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	Dr. Sudha Kumari K.G, R.O (Ay).	Krishnaiah, organized by Rashtriya Ayurveda Vidyapeeth as a part of “Gyan Ganga- a Knowledge series”.		
498.	Dr. Bharti, Director (Institute), Dr. Kishor Patel, R.O (Ay).	Participated in virtual meetings held with the 04 identified Ayurveda colleges and CARI to undertake clinical studies on osteoarthritis under the SMART program.	National	03.02.2023
499.	All technical officers	Attended budget-related meeting chaired by the Director (Institute) in the conference room of the CARI, Punjabi Bagh.	Institutional	06.02.2023
500.	Dr. Seema Jain, R.O.(Ay.), Dr. Renu Rani, R.O. (Ay.)	Organised 2nd Visit, group discussion activity and colouring competition along with distribution of nutritious food items at Asharan Orphanage/o Hope foundation, A-46 , New Multan Nagar, Peeragarhi, New delhi, under Mission Vatsalya Poshan 2.0 under Ministry of Ayush	National	06.02.2023
501.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the workshop on awareness of pharmacovigilance in ASU & H drugs and misleading advertisements organized by Dr. S.R Rajasthan Ayurved University, Jodhpur, a peripheral pharmacovigilance center.	National	06.02.2023
502.	Dr. Seema Jain, R.O.(Ay.), Dr. Renu Rani, R.O. (Ay.)	Attended meeting on discussion of protocols under SMART program focusing Iron Deficiency Anemia (IDA) at 2.30 pm	National	07.02.2023
503.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Mental Health Focus Group meeting to discuss the protocol entitled “A Double-blind, placebo-controlled, Randomized prospective study to evaluate the efficacy of classical Ayurveda formulation and conventional nutritional supplement in children with Autism Spectrum Disorder” submitted by Dr Vidyashree Anchan, Research Officer (Pathology) CARI, Bengaluru.	National	08.02.2023
504.	Ms. Disha Garg, ARO (Phy.)	Took 2 nd Cardiopulmonary Resuscitation (CPR) Training under NABH training.	National	08.02.2023

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505.	All technical Officers	Participated in 2nd Cardiopulmonary Resuscitation (CPR) Training under NABH training	National	08.02.2023
506.	All technical Officers	Attended Monthly meeting on Incident Report, referral, rejection committee.	National	08.02.2023
507.	Dr. Seema Jain, R.O.(Ay.), Dr. Renu Rani, R.O. (Ay.)	Organised 2 nd Visit, group discussion activity and colouring competition along with distribution of nutritious food items at Asha Griha Children Home for Girls D-41, bagdola Village , Sector-8 South west , Dwarka, New delhi, under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	National	08.02.2023
508.	Dr. Seema Jain, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Organised 2nd Visit, group discussion activity and colouring compition along with distribution of nutritious food items at Asha Griha Children Home for Boys , B-215, sector-19, near Ambrahi Extension, Dwarka , South West, New delhi , under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	National	09.02.2023
509.	Dr. Bharti, Director (Institute), Dr. Kishor Patel, R.O (Ay). Dr. Amit, R.O (Ay).	Participated in VC meeting to discuss the modalities of execution of collaborative research studies on osteoarthritis under the SMART Program under the chairmanship of DG, CCRAS	Institutional	09.02.2023
510.	Dr. Bharti, Director (institute) Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated virtual meeting held with the 04 identified Ayurveda colleges and CARI to undertake clinical studies on osteoarthritis under the SMART program.	National	09.02.2023
511.	Dr. Amit, R.O (Ay)	Lecture given on topic, “Importance of major millets” under IYM-2023	Institutional	09.02.2023
512.	Dr. Seema Jain, R.O (Ay.) Dr.Kuldeep, R.O (Ay.)	Attended a conference on public health, on the occasion of Unani day celebrations.	National	10-11 Feb 23
513.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Achararasayanam Webinar – “Efficacious DHOOPANAM in various Disorders” by Vaidya Gujarathi Narendra Narayandas MD (Ay), organized by Sitaram Ayurveda Research Foundation.	National	12.02.2023
514.	Dr. Seema Jain, R.O (Ay.) Dr. Kuldeep, R.O (Ay.)	Review meeting for AMHCP(SCSP).	National	14.02.2023

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515.	Dr. Kishor Patel, R.O (Ay).	Delivered a lecture on, “Importance of minor millets in our daily life”.	Institutional	14.02.2023
516.	Dr. Amit, R.O (Ay.)	Participated in International Conference on “Communication and Dissemination of Traditional Knowledge” Organized by CSIR-National Institute of Science Communication and Policy Research.	International	14.02.2023 to 15.02.2023
517.	Dr. Bharti, Director (institute), Dr. Renu Rani, R.O. (Ay.), Dr. Seema Jain, R.O. (Ay.)	Attended Signing of MoU meeting for Collaborative Clinical Research Proposal of IDA under SMART program between CCRAS, CBPACS-New Delhi, MSM-Khanpur, RGGPGAC-Paprola and SAMC & H-Indore at 2:00pm	National	17.02.2023
518.	Dr. Bharti, Director (Institute), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Seema Jain, R.O. (Ay.)	Attended a Virtual meeting for a collaborative research project titled "Efficacy of Ayurveda nutritional supplements and Yoga protocol in preventing/reducing the severity of Acute Mountain Sickness: an open-label randomized controlled study"	National	17.02.2023
519.	Dr. Bharti, Director (institute), Dr. Kishor Patel, R.O (Ay). Dr. Amit, R.O. (Ay.)	Participated in MoU signing for the collaborative project entitled “Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study”.	National	17.02.2023
520.	Dr. Shweta Mata, R.O. (Ay.)	Delivered a TV talk on Common cold as an Ayurveda expert at Sansad TV, Parliamentary channel of India, weekly Health show "आयुष्मान भवः"	National	18.02.2023
521.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar – “Actiopathogenesis and Management of Anal Fissure - Bete Noire in Proctology - An Ayurvedic Perspective” by Prof. Dr. Srinivas K. Bannigol, MD (Ay.), Principal, Sanjeevini Ayurveda Medical College & Hospital, Hubballi, Karnataka, organized by Sitaram Ayurveda Research Foundation.	National	19.02.2023
522.	Dr. Shweta Mata, R.O. (Ay.)	Presented PPT on “Clinical evaluation of an Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Clinical trial”	National	21.02.2023

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		at IEC meeting of VMMC, Safdarjung hospital, New Delhi.		
523.	Dr. Shivshankar Rajput, R.O. (Ay.)	Presented PPT on “Efficacy of Ayurveda interventions in the management of <i>menorrhagia</i> (<i>Raktapradara</i>) – A randomized controlled trial” at IEC meeting of VMMC, Safdarjung hospital, New Delhi.	National	21.02.2023
524.	All Technical Officers	Attended three days Basic Bio-Statistics training Programme on “Ayurveda Research Methodology and Statistics (ARMS) at CARI, Punjabi Bagh, and New Delhi.	Institutional	20.02.2023 to 22.02.2023
525.	Dr. Shweta Mata, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.)	Organized 3 days training on Basic Biostatistics under program Ayurveda Research Methodology & Statistics for MD/PhD Students of Delhi- NCR at CARI, New Delhi	National	20.02.2023-22.02.2023
526.	Dr. Seema Jain, R.O. (Ay.)	Delivered a lecture in the Symposium on Sickle Cell Disease, organized by ICMR-NIRTH, Jabalpur, BHOPAL, MP.	National	23.02.2023
527.	Dr. Renu Rani, R.O. (Ay.)	Delivered lecture on “Importance of Bajra” at CARI, Punjabi Bagh, New Delhi under celebration of International year of Millets-2023	Institutional	24.02.2023
528.	Dr. Sakshi Sharma R.O. (Ay.)	Represented Ministry of Ayush as invited speaker in Post Budget webinar on “Sickle Cell Anaemia Elimination Mission” organized by Health and Family Welfare along with Ministry of Tribal affairs under the Budget Priority named "Reaching the last mile" chaired by Hon Prime Minister Sh. Narendra Modi ji, Hon Union Minister of Health and Family Welfare, Hon Union Minister of Tribal Affairs and Member (Health) NITI Ayog.	National	27.02.2023
529.	Dr. Renu Rani, R.O. (Ay.)	Organised 3rd Visit, Yoga Asana demonstration and delivered lecture on “Benefits of Yoga Asana in school going children” along with distribution of nutritious food items at Asha Griha Children Home for Boys , B-215, sector-19, near Ambrahi Extension,	National	27.02.2023

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		Dwarka , South West, New delhi , under Mission Vatsalya Poshan 2.0 under Ministry of Ayush		
530.	Dr. Shweta Mata, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Organized various awareness lectures and events for the International year of Millets 2023 at CARI New Delhi as a Nodal Officer of the event.	Institutional	February, 2023
531.	Dr. Shweta Mata, R.O. (Ay.)	Participated in the meeting of Focus Group for clinical research in eye and ENT diseases through video conferencing.	National	28.02.2023
532.	Dr. Renu Rani, R.O. (Ay.)	Organised 3rd Visit, Yoga Asana demonstration and delivered lecture on “Benefits of Yoga Asana in school going children” along with distribution of nutritious food items at Asha Griha Children Home for girls , sector-8, Dwarka , South West, New delhi , under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	National	01.03.2023
533.	Dr. Sakshi Sharma, R.O. (Ay.)	Nominated as Speaker for the presentation on the topic of “Quality assurance in Products and services” in the technical event of B2B Conference and Expo on Traditional Medicine (TM) under Shanghai Cooperation Organization (SCO) at Guwahati, Assam, India organized by Ministry of Ayush.	International	02.03.2023 & 01.03.2023
534.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar – ‘Ayurveda approach and Management of Depression’ by Dr. Suhas Kumar Shetty MD (Ay), PhD, organized by Sitaram Ayurveda Research Foundation.	National	05.03.2023
535.	Dr. Bharti (Director), Dr. Seema Jain, R.O. (Ay.)	VC meeting for the collaborative research project titled "Efficacy of Ayurveda nutritional supplements and Yoga protocol in preventing/reducing the severity of Acute Mountain Sickness: an open-label randomized controlled study".	National	07.03.2023
536.	Smt.Disha Garg, ARO (Physio.)	Attended online discussion on “Management of ARDS” by Dr.Sandeep David.	National	10.03.2023

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537.	Dr. Sakshi Sharma, R.O. (Ay.)	Presented a paper on the topic “Research-based evidence of medicinal plants useful in organelle aging.” as an invited Resource person in Ayurveda Parv at Choudhary Charan Singh University Meerut sponsored by Ministry of Ayush.	National	11.03.2023
538.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Achararasayanam Webinar – “Ayurvedic Medicine: Evidence-Based Clinical Practice & Development of Ayurvedic Medicine in US’ by’ Dr. Anupama Kizhakkeveetil BAMS, MAOM, L.Ac., FAIHM, Ph.D. organized by Sitaram Ayurveda Research Foundation.	National	12.03.2023
539.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended Workshop on "Systematic Review and Meta-analysis using RevMan" at IIPH- Delhi organized by CCRAS Hqtrs.	National	13.03.2023 to 17.03.2023
540.	Dr. Bharti, Director (Institute) Dr. Sakshi Sharma R.O. (Ay.) Dr. Kishor Patel R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.) Dr. Neha Dubey, R.O. (Ay.)	MoU Signed for the projects entitled, “Clinical assessment of the efficacy of Ayurvedic management in PCOS-a randomized open-label control trial” and “Randomized control trial of Anshumati Ksheer Paka in hypertension induced left ventricular hypertrophy” and “Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study”.	National	14.03.2023
541.	All technical Officers	Attended Rajabhasha Timahi Baithak meeting at CARI, New Delhi.	Institutional	14.03.2023
542.	Dr. Seema Jain, R.O (Ay).	Attended an Interview as a resource person at AIIMS, ND for selection of SRF under AYUSH-A project.	National	14.03.2023
543.	Dr. Sakshi Sharma R.O. (Ay.)	Attended 26th Convocation and 28th National Seminar on “Usage of Trina Dhanya (Millets) in contemporary Lifestyle” chaired by Shri. Sarbananda Sonowal, Hon’ble Cabinet Minister of Ayush and Dr. Munjpara Hon; ble Minister of State. Text Book of Dravyaguna First part with the revised	National	16.03.2023

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		syllabus as per NCIM as co-author with Vd. Tarachand Sharma ji was also released by Cabinet Minister of Ayush and State Minister of Ayush.		
544.	All Technical Officers	Attended a VC meeting regarding budget status of institute, CARI, New Delhi.	National	16.03.2023
545.	Dr. Shweta Mata, R.O. (Ay.)	Presented a paper in RAV's 28th National Seminar on "Usage of TrinaDhanya (Millets) in Contemporary Lifestyle" at Vigyan Bhavan (Hall No.6), Rajpath area, Central Secretariat, New Delhi.	National	16.03.2023 & 17.03.2023
546.	Dr. Shaizi Layeeq, R.O (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Attended RAV's 28th National seminar on "Usage of Trina Dhanya (Millets) in Contemporary Lifestyle" at Vigyan Bhavan (Hall No.6), Rajpath area, Central Secretariat, New Delhi.	National	16.03.2023- 17.03.2023
547.	Dr. Shweta Mata, R.O. (Ay.) Dr. Renu Rani, R.O. (Ay.)	Organized various awareness lectures at schools for the observance of the International Year of Millets 2023 at CARI, New Delhi.	Institutional	March, 2023
548.	Dr. Seema Jain, R.O (Ay).	VC meeting for insurance of trial participants for AMS Project at Leh.	National	18.03.2023
549.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended a webinar on "Therapeutic Benefits of Millets and its relevance today" by Dr. Nimin Sreedhar as part of Kalpam Talks webinar series organized by Kerala Ayurveda Ltd.	National	18.03.2023
550.	Dr. Sudha Kumari K.G, R.O (Ay).	Attended Achararasayanam Webinar – 'Ayurvedic Holistic Treatment of Cancer' by Prof. Dr. Gadgil Dilip Prabhakar MD, Ph.D. (Ay), MA, M.Phil. (Sanskrit) Organized by Sitaram Ayurveda Research Foundation.	National	19.03.2023
551.	Dr. Shweta Mata, R.O. (Ay.)	Participated in a Pharmacovigilance Awareness Webinar - An Integrated View	National	22.03.2023
552.	Dr. Shweta Mata, R.O. (Ay.)	Participated in an Annual Seminar on Pharmacovigilance organized by Peripheral Pharmacovigilance Centre, VPSV Ayurveda College, Kottakkal, Kerala.	National	23.03.2023

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553.	All Technical Officers	Participated in, “नराकास द्वारा आयोजित ऑनलाइन राजभाषा संगोष्ठी”	National	23.03.2023
554.	Dr. Seema Jain, R.O (Ay). Dr. Renu Rani, R.O. (Ay.)	Organised 4th visit, health check up camp and delivered lecture on “Sign and symptoms of Worm Infestations and prevention” along with distribution of nutritious food items at Asha Griha Children Home for Boys, B-215, sector-19, near Ambrahi Extension, Dwarka, South West, New delhi, under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	Institutional	23.03.2023
555.	Dr. Renu Rani, R.O. (Ay.)	Delivered awareness lecture on “Benefits of millets” at Asha Griha Children Home for Boys , B-215, sector-19, near Ambrahi Extension, Dwarka, South West, New delhi, under celebration of International year of Millets-2023.	Institutional	23.03.2023
556.	Dr. Seema Jain, R.O (Ay). Dr. Renu Rani, R.O. (Ay.)	Organised 4th visit, health check up camp and delivered lecture on “Sign and symptoms of Worm Infestations and prevention” along with distribution of nutritious food items at Asharan Orphanage, C/o Hope foundation, A-46, New Multan Nagar, New delhi, under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	Institutional	24.03.2023
557.	Dr. Renu Rani, R.O. (Ay.)	Delivered awareness lecture on “Benefits of millets” at Asharan Orphanage, C/o Hope foundation, A-46, New Multan Nagar, New delhi, under celebration of International year of Millets-2023.	Institutional	24.03.2023
558.	Dr. Seema Jain, R.O (Ay). Dr. Renu Rani, R.O. (Ay.)	Organised 4th visit, health check up camp and delivered lecture on “Sign and symptoms of Worm Infestations and prevention” along with distribution of nutritious food items at Asha Griha Children Home for Girls D-41, bagdola Village , Sector-8 South west , Dwarka, New delhi, under Mission Vatsalya Poshan 2.0 under Ministry of Ayush.	Institutional	25.03.2023
559.	Smt.Disha Garg, ARO (Physio.)	Attended Webinar on “Pelvic Floor Dysfunction”.	National	25.03.2023

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560.	Dr. Shivshankar Rajput, R.O. (Ay.)	Meeting and discussion on project development on breast cancer and ayurvedic treatment with Dr. Chintamani and senior resident, surgery dept. SJH, New Delhi.	Institutional	28.03.2023
561.	Dr. Bharti (Director)	Meeting with CCRAS Hqs. Regarding expenditure and unspent of CARI, New Delhi.	CCRAS, HQs	28.03.2023
562.	All technical officers	Attended seminar on "Commonly used Exotic Fruits, Vegetables and other Foods in India: An Ayurvedic Perspective" organized by Rashtriya Ayurveda Vidyapeeth at All India Ayurveda Congress Auditorium, Punjabi Bagh New Delhi.	Institutional	28.03.2023
563.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended One day workshop on "Operationalization of New Approach to Standardization" under the chairmanship of DG BIS. Sh. Promod Kumar Tiwari, (IAS) at National Institute of Training for Standardization, Noida.	National	29.03.2023
564.	Dr. Shivshankar Rajput, R.O. (Ay.)	Meeting and discussion on project development on the identification of genetic causes in fetal anomaly on first second-trimester pregnancy and ayurvedic treatment with Dr. Upma Saxena, Gynecology dept., SJH, New Delhi.	Institutional	29.03.2023
565.	All Technical Officers	हिंदी कार्यशाला में आयोजित "राजभाषानीति" विषय पर श्री राजेश कुमार श्रीवास्तव, उपनिर्देशक (राजभाषा / तकनीकी) राजभाषाविभाग, गृहमंत्रालय के ऑनलाइन व्याख्यान में प्रतिभागिता की।	Institutional	29.03.2023
566.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended Virtual WHO Meeting as Nominated in GDG (Guideline Development Group) on topic-focussed discussions for finalizing the recommendations to shape the final stage of guidelines on chronic Low backpain. Participated in online survey also for finalizing the recommendations.	International	20.03.2023, 22.03.2023 & 30.03.2023

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567.	Dr. Seema Jain, R.O. (Ay.)	Attended a Seminar on "Uses Of Millets in Prevention of Lifestyle Disorders" by RAV.	National	31.03.2023
568.	Dr. Shweta Mata, R.O. (Ay.)	Participated in a webinar on "Advanced technology for Ayurveda Research" organized by JAIM club.	National	31.03.2023

6. Arogya Fair /Exhibition/ Mela attended by the officer:

Sr. No.	Name of Mela/ Exhibition / Camp	Participation	Organizer	Duration & Place	Inaugurated by	Activities
1.	29th Edition of South Asia's Travel & Tourism Exchange (SATTE)	Dr. Amit, R.O. (Ay.) Dr. Kuldeep, R.O. (Ay.)	Informa Markets India	18th to 20th May 2022 at the India Expo Centre and Mart, Greater Noida, Uttar Pradesh.	Sh. Shripad Yesso Naik, Minister of State for Tourism	Distribution of Ashwagandha Ghan Vati, Ayush 64 tablets, and guidelines to the general public Distribution of Ayush materials like IEC material, pamphlets, etc. Providing information about Ayurveda, Ayush Ministry, and CCRAS to visitors.
2.	8th International Day of Yoga	In Mass Yoga	CARI, Punjabi Bagh	21.06.2022	Director, Institute	Performance of Yoga
3.	Pachmadi Nagdwari Sawan Mela	Dr. Pramod Chandra Dwiwedi R.O.(Ay.)	Contonment Board, Pachmadi	23.07.2022 to 03.08.2022	----	OPD duties

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4.	Coordination of COVID-19 vaccination camp at CARI, New Delhi	Dr. Kuldeep, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.), Dr. Amit, R.O. (Ay.)	CARI, New Delhi	27.08.2022	---	Vaccination of Covid 19 vaccine
5.	Ayush at India 41st International Trade Fair (IITF)-2022, Pragati Maidan, New Delhi.	Dr. Kishor Patel, R.O. (Ay.), Dr. Kuldeep, R.O. (Ay.), Dr. Renu Rani, R.O. (Ay.),	ITPO	14.11.2022 to 28.11.2022	Shri. Piyush Goyal, Union Minister of Commerce and industry	Ayush stall at Expo, Distribution of IEC material, Display of Council's research activities through Translites, OPD & Prakriti Assessment
6.	National conference and Expo on "Role of Women in Science and Technology for sustainable development of Atmanirbhar Bharat" at Jawaharlal Nehru University, New Delhi	Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)	JNU & Shakti NGO	24/11/2022 - 26/11/2022	Minister of State (Independent charge), Ministry of Science & Technology and Earth Sciences.	Ayush stall at Expo, Distribution of IEC material, Display of Council's research activities through Translites

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7.	Medical camp at “Yoga fest” at Dr. Ambedkar International Centre' 15 Janpath' New Delhi	Dr. Kuldeep, R.O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Mayur Surana, R.O. (Ay.),	Ministry of Ayush in collaboration with Surya foundation NGO	18.11.2022		
8.	Expo titled “Rise in UP-2022” held at HRIT Group of Institutions , Ghaziabad, UP	Dr. Amit, R.O. (Ay.),	Parichit Foundation, NGO	22.11.2022 - 24.11.2022		
9.	Ayurved Parv	Dr. Kuldeep, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Utkarsh Soni, SRF (Ay.)	All India Ayurved Congress	23 – 25 December 2022 at Shri Baba Mastnath Ayurvedic College, Rohtak, Haryana.	Mahant Shri Balaknath Ji Yogi, Hon’ble Member of Parliament, Alwar (Raj.) and chancellor of Baba Mastnath University.	Free medical checkup and medicine distribution to visitors. Distribution of Ayush promoting material like IEC material, pamphlets, etc. Distribution of Ayush prophylactic medicines. Providing information about Ayurveda, Ayush Ministry, and CCRAS to visitors.

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10	Bharat Parv	Dr. Shaizi, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.) Dr. Kuldeep R.O. (Ay.)	Ministry of Tourism, Government of India.	Lawns and Gyan Path in front of Red Fort, New Delhi From 26th to 31st January 2023	Inaugurated by Sh. G. Kishan Reddy, the Union Minister for Culture, Tourism, and Development of the North Eastern Region.	1. Free consultation to the visitors 2. Free distribution of medicines to the visitors. 3. Free distribution of IEC material to the general public
11	30 th Edition of South Asia's Travel & Tourism Exchange (SATTE)" at India Expo Mart, Greater Noida.	Dr. Shivshankar Rajput, R.O.(Ay.)	Ministry of Tourism, Government of India	The India Expo Centre, Greater Noida, Delhi – NCR. From 09 th -11 th Feb. 2023	Shri G. K. Reddy, Minister of Tourism, Govt. of India; Mr. Louis Steven Obeegadoo, Deputy Prime Minister.	1.Free consultation to the visitors 2. Free distribution of medicines to the visitors. 3.Free distribution of IEC material to the general public
12	4 th edition of Health Tech India 2023	1. Dr. Sudha Kumari K.G, R.O (Ay.) 2. Dr. Shiv Shankar Rajput, R.O (Ay.) 3. Sh. Deepak Chauhan, MTS	Confederation of Indian Industry (CII)	16 th – 18 th February, 2023 at Pragati Maidan, New Delhi	Hon'ble President of India, Smt. Droupadi Murmu and Dr. Mahendra Nath Pandey, Hon'ble Minister of Heavy Industries, Government of India (Guest of Honour)	1. Free Consultation and Free distribution of medicines to the visitors 2. Free distribution of IEC materials and health awareness to the general Public.

**Central Ayurveda Research Institute
Punjabi Bagh, New Delhi
Annual Progress Report 2022-23**

13	Ayurved Parv	Dr, Kuldeep R.O. (Ay.)	All India Ayurvedic Congress in collaboration with Ministry of Ayush.	From 11/03/2023 to 13/03/2023 (Three Days) at Chaudhary Charan Singh University Meerut, Uttarpradesh	Shri Jagdeep Dhankar , Hon'ble Vice President of India in the presence of the Smt. Anandi ben Patel , Hon'ble Governor of Uttar Pradesh and Shri YogiAdityanath Ji, Chief Minister, Uttar Pradesh,	A clinic was setup for the visitors wherein health checkup and free of cost medicines were distributed to needy patients.IEC material related to Ayurveda also distributed.
14	Yoga mahotsav-2023	Dr. Jitender Gautam, Consultant	Talkatora Indoor Stadium, New Delhi	13-14 March 2023	Union Minister of Ayush and Ports, Shipping & Waterways Sh. Sarbananda Sonowal ji	Free distribution of IEC material in the event in Hindi & English and sales of publications of the council. Approximately 350 participants received the IEC material from the council stall.
15	AYUSH CAMP	Dr. Shrawan Kumar Sahu, R.O(Ay)	Parliament house annex, New Delhi	20th to 24th March 2023	Sh. Om Birla, Honourable speaker, Lok Sabha	Providing comprehensive information on the scientific research works performed in past and being carried out at present by CCRAS to the visitors.

PART-A

A. COLLABORATIVE CLINICAL RESEARCH PROJECTS

1. A1.) Validation and Reliability Testing of Ayurveda Diagnostic Methods.

Objectives:

- To develop Standardized Ayurvedic Case Taking Protocol (SACTP) in consideration with elements of diagnosis/case recording from Ayurveda and Standard health records format(s)
- Development of standard diagnostic protocols for selected diseases frequently managed through Ayurveda.
- To develop interface for integration/customization and development of diagnostic gadgets which are aptly integrated with latest Information Technology tools for Ayurveda specific diagnostic requirements.

Study Design: NA

Study Type	:	Observational
Purpose	:	Development of validated Ayurveda Diagnostic Tool
Masking	:	NA
Control	:	NA
End Point	:	Development and validation of standardized Ayurveda Diagnostic methods for disease conditions identified by the CCRAS.
No. of groups	:	NA
Sample Size	:	30 patients /disease

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: NA

Duration of Study : 3 years

Interventions : NA

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIA, New Delhi	PI-Dr V G Huddar, Asso. Professor, AIIA, New Delhi
2.	CARI, New Delhi	Co-I Dr. Seema Jain

Date of IEC approval: IEC-AIIA/2019-F 13 24/10/2019

CTRI Registration/Reference (for clinical trials) : NA

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	AIIA, Sarita Vihar, & CARI, New Delhi	March 2020

Budget allocated: 17,76,000/- (Seventeen lakh seventy six thousand only)

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1 st – 5,92,000/-	F. No. 3-1/2018– CCRAS /Admn./V&RT /7059	30/01/2020	30/04/2019

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	2 months	Achieved	-
2.	Recruitment of patients	32 months	continuing	
3.	Statistical analysis	2 months	NA	

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases drop outs	No. of cases continued
1.	AIIA, Sarita Vihar	150	129	-	Ist and 2 nd phase completed . (Grahni ,Jwara, Kasa & Shwasa)

Summary of project: The first investigator (Expert Ayurveda physician) diagnoses the patient with PRF (Physician Reporting Form), and second investigator (Research Scholar/ Junior Physician etc.) diagnoses the same patient with the help of the developed Ayurveda Diagnostic Tool. Treatment is prescribed by the First Investigator, and response is recorded during follow-up. It and 2nd phase completed

Any relevant information: Study data & UC submitted to HQ.

A2.) Clinical evaluation of the efficacy of “Ayush SS Granules” in exclusively breastfeeding mothers with Insufficient Lactation (*Stanyalpata*)- A Randomized Double blind placebo control trial

Objectives:

Primary Objective- To evaluate the *Galactagogue* effect of Ayurvedic formulation Ayush-SS granules in insufficient lactation among lactating mothers

Secondary Objective- To evaluate the clinical safety of Ayush-SS granules in insufficient lactation among lactating mothers.

Study Design	:	Randomized double blind placebo-controlled trial
Study type	:	Interventional prospective study
Allocation	:	Double blind clinical trial
End point	:	Efficacy and Safety
Mask	:	Double blind
Timing	:	Prospective
Level of study	:	OPD and Field
Control	:	Placebo controlled
No. of group	:	Two
No. of patients	:	105 in each group
Treatment period	:	14 weeks
Sample Size	:	210

Approval of Collaborative with ICMR: F.No.5/7/1644/2019-RBMH&CH dated 20.01.2020

Duration of Study : **Two years**

Drug Interventions :

Group-A: Trial Group-Ayush-SS granules 6 gm bd with milk along with Proper nutrition and adequate rest

Group-B: Placebo Control Group-Suitable excipient like Micro-crystalline Cellulose (MCC) I.P.Grade with same texture, odor and color like that of Ayush-SS Granules in a dose of 6gm bd with milk along with Proper nutrition and adequate rest

Follow up Period : 2 weeks

Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	Department of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 Dr. Sarada Ota, Assistant Director (Ay.), CCRAS, Janakpuri, New Delhi	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 2. Dr Bhavna Anand, Specialist Grade-II Paediatrics, Dept. Of Paediatrics VMMC &SafdarjungHospital New Delhi-110029

Date of IEC approval: S.NO.IEC/VMMC/SJH/Project/2019-05/26 Dt.19.06.19

CTRI Registration : CTRI/2019/08/020579 [Registered on: 06/08/2019] - Trial Registered Prospectively

Date of Initiation : 01.02.2021

Budget allocated : Rs. 52, 39, 460/-

Installment wise release:

S.N.	Installment	Sanction order	Date	Date of Receipt of fund
1.	1 st Instalment 22,52,320/-	F.No.5/7/1644/2019-RBMH&CH	20.01.2020	20.01.2020

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	1-3 months	Achieved	-
2.	Recruitment in the main study	4-18 months	Initiated on 01.2.2021	Recruitment delayed for one year due to outbreak of COVID-19 pandemic.

Current Status: Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs
1.	VMMC & Safdarjung Hospital, New Delhi	210	164	46

Summary of Project: It was a randomized double-blind placebo control trial. Total of 210 participants were recruited in the study through randomization to evaluate the effect of Ayush SS granules in insufficient lactation. The enrolled participants were receiving Ayush SS granules for 12 weeks. The effect of therapy will be assessed by the Proportion of mothers exclusively breast feeding and weight gain (>20gms/day) among these exclusively breast fed babies. The project is completed in February, 2023.

Relevant information, if any:

A3.) “Randomized control study to evaluate the efficacy of Ayush Card tea (AYUSH CCT) and Rajyog meditation versus conventional treatment on clinical recovery and post-operative outcomes following Mitral Valve Open Heart Surgery”

Objectives:

Primary objectives:

- A. Effect of Ayurvedic herbal medicine along with Rajyoga Meditation on the recovery phase of patients undergone mitral valve replacement surgery
- B. To evaluate the effect of this mind body intervention on biochemical co-relates like interleukin-10, interleukin-6 and serotonin.

Secondary objectives:

- A. Improvement in sleep quality
- B. Change in subjective well being
Change in worry state of patient

METHODOLOGY/DETAILED STUDY DESIGN

i. Study Type:	Interventional study
ii. Study Design:	Prospective, Open label, Two-arm, Randomized Controlled Trial
iii. Purpose:	Effect of Ayurvedic herbal medicine along with Rajyoga Meditation on the recovery phase of patients undergone mitral valve replacement surgery under cardiac pulmonary bypass
iv. Masking:	None (Open Label)

v. Control:	Controlled
vi. Timing:	Prospective
vii. End Point:	-----
viii. No. of Groups:	2 groups (100 no. each)
ix. Sample size	Considering the exploratory nature of the study, all patients admitted for surgical repair of mitral valve disease and those willing to give informed consent and able to adhere to the study regimen will be recruited in the study for 2 years.

Drug/Intervention

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date :

F.No. 3-55/2019-CCRAS/Admn/IMR/436 Dated 30 April 2019

F.No. 3-55/2019-CCRAS/Admn/IMR/3909 Dated 14 October 2019

Duration of Study : 2 years

Interventions : Group-I Control Group: will not receive any intervention.

Group-II (Rajyoga + Ayush Card Tea): will receive Ayurvedic tea as well as Rajyoga Meditation. Ayush Card Tea (daily twice) as tea for a period of two months

Both groups will be followed up for duration of 2 months (2 months intervention) to monitor the changes in the clinical recovery, biochemical (serotonin and interleukin levels) and cognitive correlates.

Participating center along with PI : Collaborative study with AIIMS

S.No.	Name of the participating center	Name of PI
1.	AIIMS, New Delhi	Dr. Shiv Choudhary, Professor & Head CTVS, AIIMS - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I

Date of IEC approval : IEC-AIIMS-334/03.05.19,RP-34/2019, 20.05.2019

CTRI Registration/Reference (for clinical trials) : CTRI/2019/06/019954.

Date of initiation:

S.No.	Name of the participating center	Date of initiation*
1.	AIIMS, New Delhi & CARI, ND	23.07.2021

Budget allocated: 41,78,788/- , F. N. 3-55/2019- CCRAS/Admn /IMR/436, Dated 30.04.2019
For AIIMS - 6,58,788/-
For CARI, ND - 5,00,000/-

F.No. 3-55/2019-CCRAS/Admn/IMR, Dated 30.03.2021, O/o no. 414, Rs.20,41,040/-

(Revised budget)

Installment wise release

S.No.	Instalment	Sanctioned order	Date	Date of receipt of fund
2.	Ist Instalment 22,42,280/-	F.N. 3-55/2019-CCRAS/Admn /IMR/436	30.04.2019	27.05.2019 17,42,280/- (Released to AIIMS on 17.01.2020) 5,00,000/--CARI,ND
3.	2ND Instalment 9,99,895/-/-	F.N. 3-55/2019-CCRAS/Admn /IMR/1138	24.02.2022	21.03.2022

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	2 months	Achieved	delay in receiving of trial drug
2.	Recruitment of patients	32 months	COMPLETED	suspended for some period due to Covid 19 outbreak
3.	Statistical analysis	2 months	-	

Current status: Completed (April 2022)

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	100	85	15	00

Summary of project : The Principal investigator (Expert Allopathic physician) diagnoses the patient with PRF (Physician Reporting Form) and second investigator (Research Scholar/ Junior Physician etc.) diagnose the same patient with the help of developed Ayurveda Diagnostic Tool. Treatment is prescribed by the principal Investigator after Mitral valve open heart surgery (done at AIIMS) and response is recorded during follow-up. Target of the study is 100(50 in 2 groups). 100 patients enrolled in the study out of which 85 completed the study and 15 were dropped out/withdrawn from the study.

Any relevant information: Nil

A4.) Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine

Objectives:

a. Primary Objective:

- To assess the Clinical Efficacy of Ayush M-3 in Migraine.

b. Secondary Objective:

- To assess the Clinical Safety of Ayush M-3 in Migraine

Study Design:

The study is designed as a multicentric collaborative study to be conducted at 3 different institutions viz; CARI, New Delhi, Ayurveda Treatment Centre at ABVIMS, Dr. RML hospital & at NIMHANS, Bengaluru. It is a prospective, randomized, double-blind, parallel-group, placebo-controlled, study on the diagnosed cases of Migraine. The interventional drug is given for 12 weeks in a dose of 2 tabs bid followed by 4 weeks in a dose of 1 tab bid and 4 weeks without medication for a follow-up visit. The duration of the study project is of three years.

Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	Double-blind
Control	:	Controlled
Study Period	:	3 years
Timing	:	Prospective
End Point	:	Efficacy and Clinical Safety

No. of Groups	:	2
Sample Size	:	60 patients in each group
Intervention period	:	16 weeks
Follow up period	:	4 weeks (without treatment)

Sample Size: 60 patients in each group (2 groups) making a total of 360 patients in 3 centers.

[On the basis of the assumption of reduction in the intensity of pain as assessed by VAS on a scale of 0 to 10 cm in group 1 (Ayush-M3) by 4 cm and a change of 2 cm in group II (Placebo group) with a standard deviation of 3.5 cm Based on the results of the previous studies, with 95% Confidence level ($\alpha = 0.05$) and 80 % power. Expecting a dropout rate of 20 % the number of patients enrolled in the study].

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with the date:

Sanction order No. - F. No 3-70/2020- CCRAS/ Adm/Coll./ 3421, Dt: 15.10.2020

Duration of the study: 3 years

Interventions:

Drug Intervention:

Group 1: Ayush M3

Dose	: 2 tabs of 500 mg twice a day for 12 weeks followed by 1tab of 500 mg twice a day for 4 weeks
Form of Administration	: Tablet
Route of Administration	: Oral
Time of Administration	: Twice a day after meals;
Anupana	: Water

Group 2: Placebo

Dose	: 2 tabs of 500 mg twice a day for 12 weeks followed by 1 tab of 500 mg twice a day for 4 weeks
Twice a day for 4 weeks	
Form of Administration	: Tablet
Route of Administration	: Oral
Time of Administration	: Twice a day after meals
Anupana	: Water

Participating center along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, NEW DELHI.	Dr. Shweta Chaudhary, R.O. (Ay.), CARI, ND drshwetaccras@gmail.com 8077926271	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946
2.	ABVIMS& Dr. RML Hospital, New Delhi	Dr. K.S. Anand Consultant, Department of Neurology kuljeet_anand@rediffmail.com Mobile no. 9868535711 Coordinator : Dr. RenuMakhija Assistant Director (Pathology), CARI, ND renu_mkhj@yahoo.co.in 8368077011	Dr. Sudha Kumari K.G, R.O. (Ay.), CARI, ND Sudha14ayu@gmail.com 9108175522 & 8281782290
3.	NIMHANS, Bangalore	Dr. Kishore Kumar R Assistant Professor of Ayurveda, Dept. of Integrated Medicine ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B.Kulkarni Professor of Neurology 9035160614 & 9480829409 Co PI : 2 Dr. Umesh C Scientist C, Department of Integrative Medicine.

Date of IEC approval:

CARI, New Delhi- F.No.1-12/2015/ACRI/Tech/ (IEC) Part II/214 Dt. 11.10.17

ATC, ABVIMS, Dr. RML Hospital – F. No. 461(110/2020)/IEC/PGMER/RMLH/698, Dt. 01.12.2021

NIMHANS – No. NIMHANS/HECAIM/2nd /MEETING/2020-21, Dt. 31.03.2021

CTRI Registration: CTRI/2021/12/038548

Date of initiation:

Sl. No	Name of the participating center	Date of initiation
1.	CARI, New Delhi	13.05.2022
2.	ATC, ABVIMS, Dr. RML Hospital	14.05.2022
3.	NIMHANS	31.12.2021

Budget allocated: Rs. 82,50,955/-

[CARI-Rs. 21,76,060/-, RML -Rs.28,88,460/-, NIMHANS-Rs. 31,86,435/-]

Installment-wise

S.no.	Instalment	Sanction order	Date	Date of receipt of fund
1.	Amount Received during 2020-2021 24,03,300/- [CARI-10,27,500/- RML -6,62,900/- NIMHANS – 7,12,900/-]	F.No CV/Exp/CCRAS/hqtrs/2020-21/329	21.10.2020	27.10.2020
2.	Amount Received during 2021-2022 21,92,345/- [CARI-4,66,545/-, RML-3,00,000/-, Transferred to NIMHANS -14,25,800/-]	F.No3-97/2020/CCRAS/ Adm/Coll./ 1010	08.06.2021	08.06.2021
3.	Amount Received during 2022-2023 Rs. 68,000/- + Rs. 4,29,330/- (Transferred from RA head of CARI) Total = 4,97,330/- (For CARI, & RML) Received -10,52,460/- (5,00,000/- for CARI, Rs. 5,52,460/- For RML) Total - Rs. 15,49,790/-	F.No. 3-97/2020/CCRAS/admin/IMR/164 2 F. No 3-70/2020-CCRAS/Admn/Coll./5005,	27.06.2022 13.12.2022	05.07.2022 23.12.2022

Chronological timeline & deliverables

S.No.	Target For	Timeline	Achieved/ Not achieved	Causes of deviation, if any
1.	1. Pre-trial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with the certificate of analysis:	3 months	Achieved	--

2.	Trial Period	4 th month- 22 nd month [Recruitment of patients will be up to 18 th month].	Enrollment going on	-
3.	Statistical Analysis & Submission of final report:	2 months	--	-

Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	CARI, New Delhi	115	51	12	52
2.	ATC, ABVIMS, Dr. RML Hospital	48	24	06	18
3.	NIMHANS, Bangalore	32	12	10	10

Summary of Project:

The project was initiated on 13.05.2022 at CARI, 14.05.2022 at ATC, RML, and on 31.12.2021 at NIMHANS. The project sample size is 120, divided into two groups having 60 patients in each group in each center to assess the effect of the AYUSH-M3 tablet in the management of Migraine, diagnosed by ICHD-III. Patients are enrolled after screening and investigations as per protocol i.e General Investigations and ECG following inclusion and exclusion criteria. Group I patients are administered 2 tablets of AYUSH-M3 500mg twice daily after food with water and Group II patients are administered with a matching placebo of the drug in the same dosage with water for a period of 12 weeks. The dosage for the next 4 weeks is 1 tab of AYUSH - M3 500 mg twice daily in both groups and the assessment of changes in the character of Migraine (No. of migraine episodes, Intensity of headache as per VAS, and duration of episodes of migraine), MIDAS score [Migraine Disability Assessment Score] and MSQ2.1 score [Migraine specific quality of life survey] are observed in the patients from both groups at intervals of 4 weeks up to 20 weeks. The investigations are repeated at the end of the 8th week and at the end of the 16th week.

Relevant information, if any: -NIL

A5.) “Development of Automated Basti Yantra- A comprehensive tool for administration of enema”

Objectives:

1. Primary Objective: To develop Automated *Basti Yantra*.

2. Secondary Objectives:

- A:**
1. To standardize and validate the sequential release timing of the ingredients from the reservoirs to mixing chamber in comparison to the standard of classical *Basti* procedure.
 2. To standardize and validate the revolution per minute (RPM) of the mixing machine for the preparation of homogenous emulsion of *Basti dravya* in comparison to the standard of classical *Basti* procedure.
 3. To standardize/validate the pressure of the pressure machine to be fixed in *basti putak*.

B: To develop the Standard Operating Procedure (SOP) of the *Basti Dravya* (homogenous emulsion of end product)

Milestones with deliverables

Deliverables: - Project start with actual release of 1st Instalment of fund.

Study Duration: - 2 years

Phase – I (0- 6 Months)

Strategic decisions regarding identification of the inert material for development of structure of the tool, finalization of the blue print of tool by CCRAS and IIT, New Delhi, fixation of volume of each flask, finalization of the ways for validation of the tool in respect to mixing machine and pressure machine and finalization of the coding of the software part. Submission of the design of the tool for patent right.

Phase – II (7 to 14 months)

Handover of the developed prototype to CCRAS by IIT, New Delhi.

Phase – III (15 to 18 months)

Validation study on developed prototype at CCRAS to standardize and validate the sequential release timing of the ingredient from the reservoir to mixing chamber. To standardize and validate the revolution per minute of the mixing machine for the preparation of homogenous emulsion of *basti dravya*. To standardize the SOP of the homogenous emulsion (*basti dravya*). To standardize/validate the pressure of the pressure machine to be fixed in *basti putak*.

- Quality assured ingredients to be taken for preparation of finished product (homogenous emulsion). In-house/ API parameter should be compiled wherever necessary.
- The intermediate and finished product to be standardised for future reproducibility.

Phase – IV (19 to 22 months)

Modification in prototype by IIT, New Delhi & delivery of final biomedical instrument to CCRAS

Phase – V) (23 to 24 months)

Final delivery of the tool and preparing of technical report.

Expected outcomes

In the field of research on Basti procedures, it is expected that there will be minimization of errors due to administrator or nozzle or enema bag of errors. The tool will prepare a standard homogenous emulsion of Basti dravya and will provide Standard Operating Procedures (SOPs) of Basti for further research. The tool is also expected to be standardized, user-friendly, minimize the risk of transfer of infected material, cost effective, time saving and reducing manpower thus improving the acceptance of the therapy at global level.

Applicability/Translational value/Relevance in the light of Ayurveda:

- The present study will enable the development of standard operating procedure for *Basti*.
- This project will help establish Ayurvedic Basti procedure at global level by having standard operating guidelines and maintaining the hygiene as well.

This will help in saving of time and manpower at multispecialty hospitals.

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi IIT, Delhi	PI: Dr.Ramavatar Sharma,R.O. (Ay.) Dr. Sumer Singh,IIT,Delhi Co-I: Dr. Seema Jain, R.O.(Ay) Dr. Shaizi Layeeq, ,R.O.(Ay) Prof.Surya prakash Singh,IIT,Delhi

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. 13-7/2019-CCRAS/Tech. /HQ/145, 10.04.2019

Period of Initiation: Oct 2020

Sanctioned Budget: F.No3-119/2019-CCRAS/Admin/IMR/ 8029/12.03.2020 -52,17,560/-

1st instalment - 52,17,560/-(F.No.C.V./Expenditure/IMR/215/CCRAS/HQ/2019-20/1385, 13.03.2020

Released Amount to IIT till date: No.3-119//2019-CCRAS/Admn/IMR/8029,
DATED 10.09.2020-4912560/-

- F.No.3-119//2019-CCRAS/Admn/MR/8029, DATED 6.02.21- 15,06,280/-
- F.No.3-119//2019-CCRAS/Admn/MR/8029, DATED 23.12.21- 9,56,280

- F.No.3-119//2019-CCRAS/Admn/MR/8029, DATED ,----946 256/-

TOTAL RELEASE TO IIT-83,21,376/-

Released Amount to CARI,ND till date

3,05,000 received 1st installment -Returned to Hq

1,52,650- Received on Jan 22

147178/- Returned to HQ

1,37,500/-Received in June 21

TOTAL RECEIVED-

137500+5472=1,42,972/-

Status of the project: Extended by HQ till 11.03.23 without any additional budget. The final machine (Basti Yantra) is to be installed at CARI,ND by IIT very soon.

A6.) Randomized double blind Placebo controlled Clinical Study of Ayurvedic coded Drug AYUSH-A in the management of Bronchial Asthma (Tamak Shwasa)

Objectives :

- Primary- To evaluate the efficacy of Ayush –A in the patients with mild-moderate Bronchial Asthma
- Secondary: To evaluate the safety of Ayush –A in the above patients.

Study Design : NA

Study Type	:	Interventional
Purpose	:	Intervention
Masking	:	Blinding
Control	:	yes
End point	:	Efficacy and safety
Timing	:	02 yrs
No. of groups	:	02
Sample Size	:	100 (50 patient (each group)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date : F.N.3-34/2018-CCRAS /Admn/ Tamak shwasa,IMR-Collaborative

Duration of Study: 2 years (extended up to 03.07.2022, F.N.3-34/2018- CCRAS /Admn/ Tamak shwasa/4773, dated 21.12.2020

Interventions: High dose ICS or LABA COMBINATION INHALERS + Ayush –A ,2GM TDS with Luke warm water after food

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I (as per email of institute dated 25.11.2019)

Date of IEC approval : IEC-AIIMS/2019-F 13 24/10/2019

CTRI Registration/Reference (for clinical trials): CTRI/2021/06/034446.

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	AIIMS ,New Delhi AND CARI,ND	01.08.2021

Budget allocated: 59,26,260/- , F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa/1181, Dated 04.07.18

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	Ist Instalment 35,52,156/-(Thirty five Lakh fifty thousand one hundred fifty six only) 2 nd instalment – Rs.11,84,052/- Total Released amount till March 22 - 47,36,208	F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa/1181,	04.07.18	19.07.2018 35,52,156/-(Released to AIIMS on 20.01.2020) 11,84,052/--(Released to AIIMS on 29.03.22)

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	2 months	Recruitment of staff under process	delay in receiving of trial drug
2.	Recruitment of patients	32 months	in progress	
3.	Statistical analysis	2 months	NA	

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	42	30	12	00

Summary of project: The first investigator (Expert Allopathic physician) diagnoses the patient with PRF (Physician Reporting Form), and the second investigator (Research Scholar/ Junior Physician etc.) diagnoses the same patient with the help of the developed Ayurveda Diagnostic Tool. Treatment is prescribed by the First Investigator, and response is recorded during follow-up. Target of the study is 100(50 in 2 groups). 42 patients enrolled in the study till date out of which 30 completed the study and 06 were dropped out & 06 were withdrawn from the study.

Any relevant information: As per council's letter no. F.N. 3-34/2018-CCRAS/aDMN/6214 Dated 02.03.2022, the participant enrollment was withheld until further communication CCRAS. Now a new batch of the trial drug has been received and handed over to AIIMS for the restart of enrollment.

A7.) Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study.

Objectives:

- **Primary objective:** To determine the effect of *Virechana* (purgation) therapy on the changes in the gut microbial profile.
- **Secondary Objective:**
 - i. To understand the efficacy of *Virechana* therapy on the nutritional and metabolic profile of healthy individuals.
 - ii. To evaluate the effect of *Virechana* on the biochemical and clinical parameters and general well-being in healthy individuals.

Study Design:

Study Type	:	Prospective Multicentric parallel group study
Purpose	:	Treatment
Masking	:	None
Control	:	None
Timing	:	Prospective
End Point	:	Clinical Efficacy
No. of groups	:	1

Sample Size : 37, 38 per center. In two centers (37 CARI, Punjabi Bagh & 38 AIIA, Sarita Vihar), 75 sample size

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

Duration of Study : 36 months

Interventions:

1. Phase I: *Purvakarma* (pre-procedural treatment)

- *Deepana- Pachana* therapy with *Musta* + *Shunthi*
- *Snehapana* therapy with *go ghrita*
- *Abhyanga (Tila Taila)- Svedana (Dashamula Kwath Ushma Sweda)*

2. Phase II: *Virechana Karma* with *Hridya Virechana Leha (Trivrita leha)*

3. Phase III: *Samsarjana Karma*

Participating centers along with PI: Collaborative study

Sr. No.	Name of the participating centre	Name of PI
1.	CARI, Punjabi Bagh, New Delhi	Dr. N. Srikanth
2.	AIIA, Sarita Vihar, New Delhi	Dr. Tanuja Manoj Nesari
3.	ILBS, Vasant Kunj, New Delhi	Dr. Shvetank Sharma

Date of IEC approval:

At AIIA: 01.10.2020

At CARI: 03.12.2020

At ILBS: 11.01.2021

CTRI Registration/Reference (for clinical trials): CTRI /2021/05/033639

Date of initiation:

S. No.	Name of the participating center	Date of initiation*
1	CARI, Punjabi Bagh	8/11/2021
2	AIIA, Sarita Vihar	25/11/2021

Budget allocated: 2,38,74,680/-

For AIIA: 47,57,840/-

For ILBS: 1,53,44,040/-

For CARI: 37,72,800/-

Installment wise release:

Sanction Order: F. No. 3-97/2020/CCRAS/Admn./Coll./3616 dated 23/10/2020

Sr. No.	Installment	Order No	Date of receipt of fund
1.	39,52,040/-	F. No. C.V/Exp./84/CCRAS/Hqrs/2020-21/354	26.10.2020
2.	50,01,480/-	F. No. 3-97/202-CCRAS/Admn./Coll./1010	08.06.2021
3.	15,30,000/-	F.No.3-97/2020-CCRAS/Admn./IMR/1642	27.06.2022
4.	68,97,014/-	F.No.3-97/2020 CCRAS/Admn./Coll/4413	15.11.2022

Chronological timeline & deliverables:

Sr. No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Set-up; IRB and consent, CRF, Medicine	06 months	Achieved	CRF finalization is pending
2.	Recruitment period:	24 months	On progress	

Current status: Ongoing

Center Name	Target	Enrolled	Completed	Drop-out
CARI, New Delhi	37	14	8	2
AIIA, New Delhi	38	23	14	1

Any relevant information: NA

A8.) Prospective Double Blind Randomized Controlled Clinical Study On Ayurvedic Intervention (Sarpagandha Mishran) Vs Amlodipine For The Management Of Stage-I Primary Hypertension

Objectives:

Primary objective:

- To assess the clinical efficacy of Sarpagandha Mishran in the Management of Stage-I Hypertension (JNC-VII report).

Secondary Objectives

- To assess the clinical safety of Sarpagandha Mishran in the Management of Stage-I Hypertension (JNC-VII report) .

Study Design:

Study Type: Interventional

Purpose : Treatment

Masking : Double blind

Control : Controlled

Timing : Prospective

Groups : Two

3. Sample Size: 150

4. Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

F.NO 3-36/2020-CCRAS/Admn/Coll./8301 on dated 30.03.2020

5. Duration of Study : 24 months (2 years)

6. Interventions : Group-I

Sarpagandha Mishran (SM) (API – Part III; 1st Ed. ; Pg 170) .

Dose	500mg Twicedaily
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration	Twice a day afterfood
Anupana	Water
Packingform	30 capsule (180 cap during the entiretrial)
Durationoftherapy	3months

Hydrochlorthiazide (HCT)

Dose	12.5mg
Dosageform	Tablet
RouteofAdministration	Oral
TimeofAdministration	Once a day afterfood
Anupana	Water
Packingform	Blisterpack
Durationoftherapy	3months

Matching Placebo of Amlodipine

Dose	5mg
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration	Once in a day after food (morning)
Anupana	Water
Packingform	90capsule
Durationoftherapy	3months

Group-II

HydrochlorthiazideHCT)

Dose	12 . 5mg
Dosageform	Tablet
RouteofAdministration	Oral
TimeofAdministration	Once a day afterfood
Anupana	Water
Packingform	Blisterpack
Durationoftherapy	6months

Amlodipine

Dose	5mg
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration	Once in a day after food(morning)
Anupana	Water
Packingform	90capsule
Durationoftherapy	3months

Matching placebo of Sarpgandha Mishran

Dose	500mg Twicedaily
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration :	Twice a day afterfood
Anupana	Water
Packingform	30 capsule (180 cap during the entiretrial)
Durationoftherapy	3months

7. Participating centre along with PI: Collaborative study

Name of the participating Centre	Name of PI	Name of Co-I
AIIMS, New Delhi	PI-Dr. D. S. Arya Professor, Department of Pharmacology, AIIMS, New Delhi.	Prof .Rajeev Narang, Professor, Department of Cardiology, AIIMS, New Delhi Dr .Jagriti Bhatia, Professor, Department of Pharmacology, AIIMS, New Delhi CO-I Dr. Shivam Pandey, Department of Biostatistics, AIIMS, New Delhi
CARI, New Delhi	----	CO-I Dr. Sakshi Sharma, Research Officer (Ay.), CARI, New Delhi.

Date of IEC approval: IEC-311/03.05.2019, RP-39/2019, RP-06/2019 on dated 13.08.2019

CTRI Registration/Reference (for clinical trials): CTRI/2021/12/038589 registration on 13.12.2021

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	AIIMS, NEW DELHI & CARI, New Delhi	22 ND January 2022

Budget allocated: Rs.66,32,426.000/- (Sixty Six Lakh Thirty Two Thousand Four Hundred Twenty Six Only) F.NO 3-36/2020-CCRAS/Admn/Coll./8301 on dated 30.03.2020

Installment wise release:

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	1 st installment 45,90,560/- for AIIMS Rs.500000/ for sarpagandha & placebo purchase through CARI New Delhi	F.NO 3-36/2020-CCRAS/Admn/Coll./8301	30/03/2020	27.04.2021
2.	Releasing status to AIIMS Rs.25,45,280/-	F.NO-5-5/2020-21/CARI/Accounts/Ch.forward/835	23.03.2021	23.03.2021
3.	Releasing status to AIIMS Rs.12,72,912/-	F.NO-5-5/2020-21/CARI/Accts/733 Office order no-974/2021-22	25.03.2022 16.03.2022	17.03.2022

Chronological timeline & deliverables:

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Preparatory Period	6 months	Achieved	-
2.	Recruitment	12 months	continuing	
3.	Treatment Period	3 months	continuing	
4.	Statistical analysis	3 months	NA	

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, NEW DELHI	60	43	06	11

Summary of Project: Project has been initiated on 22nd January 2022. Project sample size is 150 divided in two groups having 75 patients in each group to assess the effect of *Sarpagandha Mishran* vs Amlodipine in the management of Stage I Primary Hypertension and to observe the changes in blood pressure, changes in Quality of life by using SF-36 Questionnaire, changes in IL-6, Serum Pro-BNP, lipid profile, LFT and

RFT parameters. Patients are being enrolled after screening and investigations as per protocol i.e., General Investigations, ECG and X-ray following inclusion and exclusion criteria. Group I patients are administered with *Sarpagandha Mishran* 500mg twice daily, Hydrochlorothiazide 12.5mg once daily and matching placebo of Amlodipine 5mg once daily and Group II patients are administered with matching placebo of *Sarpagandha Mishran* 500mg twice daily, Hydrochlorothiazide 12.5mg once daily and Amlodipine 5mg once daily. The assessment of the patients from both groups is done at 2nd week, 4th week, 8th week and 12th week. During treatment, investigations are done at the end of 4th Week and 12th week.

Any relevant information: Nil

A9.) “A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)”.

Objectives:

Primary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on knee pain and functional disability.

Secondary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on range of motion of knee joint
- To compare the change in the need of rescue analgesic medication
- To compare the Change in quality of life after the study interventions
- To compare the effects of Ayurveda interventions versus standard care on knee structural changes (delay of the structural progression of OA)
- To compare the effects of Ayurveda interventions versus standard care on inflammatory biomarkers
- To compare the change in Bone mineral density
- To compare the proportion of participants experiencing any Adverse Event/ Adverse Drug Reaction.

Study Design:

180 days active drug with 4 weeks follow up prospective open clinical trial design is proposed. Duration of the research project is 30 months. Recruitment period is up to 16 months. The study is carried out in collaboration between AIIMS, New Delhi & CARI, New Delhi.

Study Type	:	Interventional (Clinical Trial)
Allocation	:	Randomized
Intervention model	:	Parallel group
Masking		No
Blinding		Open-label Study outcome assessment will be blinded and done by independent assessor at each of the scheduled follow-up.
Control	:	Yes
Timing	:	Prospective
No. of Groups	:	Two
Sample size	:	150 (75 in each group)

Saction order along with date:

CCRAS Hqrs office order no.930/2021 & F.No.3-139/2021/CCRAS/Admn/Coll., dated-24.12.2021 &

F.No.3-139/2021/CCRAS/Admn/Coll./4178 dated 01.11.2022.

Duration of Study: 30 months.

Interventions:

Trial Group: Matra Basti with Ksheerabala Taila and Janu Basti with Dhanwantara Taila for 14 days every two months for 6 months along with oral medications Laksha Guggulu (1g twice daily with lukewarm water after food) and Muktaashukti bhasma (250 mg twice daily with lukewarm water after food) for a period of 180 days.

Control Group: Standard care (topical NSAIDs) for a period of 180 days.

The participants will be examined at every 30 days at 30th, 60th, 90th, 120th, 150th and 180thday for follow-up

Participating centre along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	AIIMS, New Delhi	Dr. Uma Kumar Qualification: MBBS MD	Dr Danveer Bhadu Qualification: MBBS MD DM

		Address: Room No 4076, 4th Floor, Teaching Block, AIIMS, New Delhi Telephone / Mob: 91-9868217040 E- mail : umaakumar@yahoo.co.in	Address: Room No 4076, 4th Floor, Teaching Block, AIIMS, New Delhi Telephone / Mob: 91-9999762759 E- mail : danveerbhadu2000@gmail.com
2	C.C.R.A.S. C.A.R.I., NEW DELHI.	Dr. Bharti Qualification: M.D. (Ay.), Ph.D. (Ay.) Address: Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 011-25221059; 9868109737 E- mail : drbhartidelhi@gmail.com; cari.delhi2021@gmail.com	Dr. Amit Kumar Rai Qualification: M.D. (Ay.), PGDHA, PDCR Address: Central Council for Research in Ayurvedic Sciences, Institutional Area, Opposite D-block, JanakPuri, New Delhi-110058 Telephone / Mob: 9105134783; 9013231792 E- mail : dr.amitrai1983@gmail.com Dr. Kishor Patel Qualification: M.D. (Ay.) Address: Central Ayurveda Research Institute, West Punjabi Bagh, New Delhi-110026 Telephone / Mob: 7405403106 E- mail : kishoreworld007@gmail.com

Date of IEC approval:

Ethical clearance was obtained for this project in ethics committee of AIIMS, New Delhi and CARI, New Delhi

AIIMS, New Delhi- IEC-132/04.02.2022, RP-36/2022 dated 02.03.2022.

CARI, New Delhi-F. No.1-12/2020-CARICD/Tech/IEC dated 04.05.2022

CTRI Registration/Reference (for clinical trials):

The project has been registered in CTRI- CTRI/2022/05/042792.

Date of initiation: 11-10-2022

Budget allocated: Rs. 1,00,90,532/-

Installment wise release- For F.Y.2022-23

Installment	Amount	Sanctioned order	Date
1.	Rs.28,85,824/-	CCRAS Hqrs office order no.149/2022-23	13.05.2022
2.	Rs.4,15,335/-	F.No.3-139/2021/CCRAS/Admn/Coll./4178	01.11.2022
3.	Rs.92,165/-	F.No.1-33/Cash/CCRAS/22-23/361	23.02.2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	1. Period required for Pretrial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with certificate of analysis:	6 months	Achieved	--
2.	Trial Period	7 th month-22 nd month	Ongoing	--
3.	Statistical Analysis & submission of final report:	1month	--	--

Current status: Project is ongoing.

Status of projects Centre wise as on 31.03.2023

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
11.10.2022	75	23	20	-	1	19	

Summary of project:

This collaborative research study is being conducted between AIIMS, New Delhi and CARI, New Delhi. This study involves 2 groups. Trial group involves administration of Matra Basti with Ksheerabala Taila (60 ml) and Janu Basti with Dhanwantara Taila for 14 days every two months for 6 months along with oral medications Laksha Guggulu (1g twice daily with lukewarm water after food) and Muktaashukti bhasma (250 mg twice daily with lukewarm water after food) for a period of 180 days. While in Control group : Standard care (topical NSAIDs) is given for a period of 180 days. The recruiting center for this study is AIIMS, New Delhi and the treatment of trial group participants is carried out at CARI, New Delhi. Subjects fulfilling the inclusion criteria and willing to provide written consent will be enrolled in the trial. Enrolled Subjects have to undergo general physical examination and laboratory investigations from time to time for the assessment of the effect of the therapy and medicine. The initial visit is screening phase (visit 0), then the baseline (visit 1) and subsequently after 30 days (visit 2), 60 days (visit 3), 90 days (visit 4), 120 days (visit 5), 150 days (visit 6) and 180 days (visit 7). Subjects are nominally compensated for their loss of wages / conveyance charges by paying an amount of Rs.500 (Five hundred only) for every visit to the AIIMS, New Delhi during the study period i.e Baseline / 30th day / 60th day / 90th day/ 120th day/150th day and 180th day, a total of Rs.3,500 / - (Three Thousand Five hundred for total 7 visits). Subjects of trial group visiting CARI, New Delhi are nominally compensated for their loss of wages / conveyance charges by paying an amount of Rs.100 (One hundred only) for every visit during the study period i.e 3 sitting of 14 days, a total of Rs.4,200 /- (Four Thousand Two hundred for total 3 sittings).

A10.) Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial

Objectives:

To assess the efficacy of Ayurvedic management in Allergic Rhinitis (*Vataja Pratishyaya*) by comparing it with a conventional control group.

Study Design	:	Randomized open-label controlled
Study Type	:	Interventional
Purpose	:	Treatment
Level of study	:	OPD
Masking	:	Open study
Timing	:	Prospective
Control	:	Controlled
End Point	:	Efficacy and Safety
No. of Groups	:	two
Treatment period	:	45 days
Sample Size	:	90

Duration of Study: Two years

Drug Interventions :

Group A

A. Treatment Group

1) *Anutaila- Nasya* (6 drops in each nostril) -Ref.-AFI Part I 8:1, pg.no.365 A.H.Su.20/16

Dose : 06 ml

Dosage form : Oil

Route of administration: Nasal oleation (*Nasya*) 07 days for three consecutive cycles with the interval of 08 days

Packing form : 10 ml plastic bottle

Duration of therapy : 45 days

2) *Nardiya Laxmivilas Rasa* : Ref.-Ay.Formulary of India, Part-1,20:39

Dose	:	250 mg
Dosage form	:	Tablet
Route of administration	:	Oral
Time of administration	:	Twice a day after food
Anupana	:	Honey
Packing form	:	Pack containing 32 tablet of medicine
Duration of therapy	:	45 days

3) ***Shirishadi Kashaya*** ---- Anubhuta yoga

Ingredients- *Shirisha, Vasa, Kushtha, Kantkari, Madhuyashti, Pushkarmoola, Vibhitakibark, Haridra* and *Ajvayan*.

Dosage form	:	Powder
Route of administration	:	Oral
Time of administration	:	Twice a day empty stomach
Packing form	:	Pack containing 600 gm medicine
Duration of therapy	:	45 days

Dose- 40 ml. twice a day (morning & evening).

Control Group

Fluticasone propionate Nasal Spray 50 mcg/ spray) in a dose of 200 mcg/ day

Dose	:	two sprays in each nostril once daily
Dosage form	:	Nasal spray
Time of administration	:	once a day
Route of administration	:	Nose
Packing form	:	Each canister contains 100 metered doses
Duration of therapy	:	45 days

Follow Up: 03 Months

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	VMMC & Safdarjung Hospital, New Delhi	1. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 Co-PI: 1. Dr. Isha Preet Tuli Professor, ENT department, Safdarjung Hospital, New Delhi.	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval: 28.03.2023

CTRI Registration : Pending

Date of Initiation : Not initiated Yet

Budget allocated : Rs. 33,08,000/-

Installment-wise release:

S.N.	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st Instalment 9,09,600/- 8,99,600/- for VMMC & Safdarjung Hospital, New Delhi 10,000/- for CARI, New Delhi	Office order no- 1230/2022-23	14.02.023	14.02.023

- 8,99,600/- is sent to VMMC & Safdarjung Hospital, New Delhi 29.03.2023

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	6 months	In Process	-
2.	Recruitment in the main study	15 months	-	-

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	0	Nil	Nil	0

Summary of Project: The project will be initiated with the collaboration of the ENT dept. VMMC & Safdarjung Hospital, New Delhi on Allergic rhinitis patients. It is an open-label control trial. A total of 90 participants will be recruited in the study through a randomization chart to evaluate the effect of Naradiya Laxmivilas Rasa, Shirishadi Kasahya, and Anu Taila Nasya in comparison to the Fluticasone nasal spray. The enrolled participants will receive treatment for 45 days and 3 months follow-up without medicine to observe the long effect of the trial drug. IEC clearance is obtained from VMMC & Safdarjung Hospital, New Delhi and the study will be initiated after drug procurement.

Relevant information, if any:

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A11.) Efficacy of Ayurveda interventions in the management of *menorrhagia* (*Raktapradara*) – A randomized controlled trial

Objectives:

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (*Raktapradara*).

Secondary Objective- To assess the efficacy of Ayurveda intervention on the Quality of life of women with menorrhagia (*Raktapradara*).

Study Design : Randomized open-label controlled

Study type : Interventional prospective study

Allocation : open

End point : Efficacy and Safety

Mask : open level

Timing : Prospective

Level of study : OPD

Control : controlled

No. of group : Two

No. of patients : 140

Treatment period : 3 months

Sample Size : 140

Duration of Study : Three years

Drug Interventions :

Group A

- 1) Trinkantamani Pishti (AFI part I, 17:1 pg no. 584, Rasatantrasara Siddhaprayogasa ngraha, Bhasmaprakarana, 33)

Dose : 250 mg

Dosage Form : Capsule

Route of Administration : Oral
Time of Administration : Two times a day morning and evening before meal
Duration of therapy : 3 months

2) Ashokarishta (AFI part I, pg.45, Bh. R. Streerogadhikara pg. 114-

117)Dose : 20 ml
Dosage Form : Liquid
Route of Administration : Oral
Time of Administration : Two times a day, morning and evening
after mealDuration of therapy: 3 months

3) Tablet IFA: One tablet (100mg Elemental Iron + 1.5 mg folic acid) twice daily orally with plain water after breakfast for 3 months.

Follow Up: 02 Months or 02 Cycles without drug.

Group- B

1) Tablet Tranexamic acid: 500 mg thrice daily orally with plain water for 7 days from 1st day of menses for three cycles

2) Tablet IFA: one tablet (100mg Iron + 1.5 mg folic acid) twice daily orally with plain water after breakfast for 3 months.

Follow Up: 02 Months or 02 Cycles without drug.

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval: 28.03.2023

CTRI Registration : Pending

Date of Initiation : Not initiated Yet

Budget allocated : Rs. 62,47,800/-

Installment-wise release:

S.N.	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st Instalment 50,000/-	Office order no- 1241/2022-23	14.02.023	14.02.023

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	6 months	In Process	-
2.	Recruitment in main study	23 months	-	-

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	0	Nil	Nil	0

Summary of Project: The project will be initiated with the collaboration of the Gynec & Obs dept. VMMC & Safdarjung Hospital, New Delhi on Menorrhagia (*Raktpradar*) patients. It is an open-label control trial. A total of 140 participants will be recruited in the study through a randomization chart to evaluate the effect of *Trinkantamani Pishti, Ashokaristha* in comparison to the tablet Tranexamic acid. The enrolled participants will receive in group A (*Trinkantamani Pishti, Ashokarista*) and group B (Tablet Tranexamic acid) for 3 months and 2 months follow up without medicine to observe the long effect of the trial drug. For both groups, Tablet IFA is given as standard care for maintaining the Hb level. The effect of therapy will be assessed by PBAC score and MIQ.

Relevant information, if any:

A12.) Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-Dhatri Lauha in the management of Iron Deficiency Anemia: An open label single arm study

Objectives:

- **Primary objective:** To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-Dhatri Lauha in the management of Iron deficiency anemia
- **Secondary Objective:**
- To assess safety of Dhatri Lauha in the management of Iron deficiency anemia
- To assess efficacy of Dhatri Lauha in the management of Iron deficiency anemia.

Study Design:

Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	Open labelled
Control	:	No
Timing	:	Prospective
End Point	:	Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen
No. of groups	:	One

Sample Size : 480 (120 from each centre)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

Duration of Study : 24 months

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of P.I.
1.	Ch. Brahm Prakash Ayurved Charak Sansthan, Khera Dabar, Najafgarh, New Delhi-110073	Dr. Subash Sahu
2.	MSM Institute of Ayurveda, BPS Mahila Vishwavidyalaya, Khanpur, Sonipat, Haryana - 131305	Dr. Gati Krushna Panda
3.	Rajiv Gandhi Govt Post Graduate Ayurvedic College and Hospital Paprola, Distt. Kangra-176115	Prof. Vijay Chaudhary
4.	Shubhdeep Ayurved Medical College & Hospital, Indore-452020	Dr. Ratnaprava Mishra

Date of IEC approval: Pending

CTRI Registration/Reference (for clinical trials) : Pending

Date of initiation: Yet to be initiated

Budget allocated:

1.	Total Budget for 04 study sites	10,059,504/-
2.	Budget for CARI, New Delhi (Coordinating centre)	23,66,800/-
Grand Total		1,24,26,304/-

Current status: Project will be started after getting IEC Clearance from all collaborative Institutes

Any relevant information: No

A13.) Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives:

- **Primary objective:**
 - To evaluate the treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis

• **Secondary Objective:**

- To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function
- To evaluate the change in the need of rescue analgesic medication
- To evaluate the change in quality of life after the study intervention

Study Design:

Study Type	: Interventional (Clinical Study)
Timing	: Prospective
Blinding	: Open-label
Control	: No
Timing	: Prospective
No. of Groups	: One
Sample size	: 480 (120 at each participating centre)

Sample Size : 480 (120 at each participating center)

Duration of Study : 24 months

Interventions:

Yogaraj guggulu	1gm TDS one hour after the meals with lukewarm water
Ashwagandha churna	3 gm BD with milk morning and evening
Local application of Narayana Taila followed by hot fomentation	Twice daily (8 am and 5 pm)

Participating centers along with PI: Collaborative study

Sr. No.	Name of the participating centre	Name of PI/Co-PI
1.	CARI, Punjabi Bagh, New Delhi	Dr. Amit
2.	Gurukul-Haridwar	Prof. Uttam Kumar Sharma,
3.	RGAC-Paprola,	Prof. Vijay Chaudhary
4.	Parul- Vadodara	Dr. Hemant Toshikhane
5.	BHU-Varanasi	Prof. Jai Prakash Singh

Date of IEC approval:

At Gurukul-Haridwar: 10.03.2023

At RGAC-Paprola: 13.02.2023

At Parul- Vadodara: 21.03.2023

At BHU-Varanasi: Pending

CTRI Registration/Reference (for clinical trials): Pending

Date of initiation: Not initiated yet.

Budget allocated: 1,56,05,704/-

For CARI: 23,66,800/-

For Gurukul-Haridwar: 32,70,036/-

For RGAC-Paprola: 32,70,036/-

For Parul- Vadodara: 33,49,416/-

For BHU-Varanasi: 33,49,416/-

Installment wise release:

1st Installment released vide CCRAS Hqrs Office order no. 1328/2022-23 dated 27/02/2023:
87,87,440/- (for all 4 collaborative institutes)

Sanction Order: CCRAS Hqrs Office order no. 1328/2022-23 dated 27/02/2023

Chronological timeline & deliverables:

TIMELINES

Total Study Period : 24 months

Preparatory phase : 03 months

Recruitment : 13 Months

Treatment Period : 180 days

Statistical Analysis : 30 days

Study report : 30 days

Current status: Project not started yet.

Any relevant information: IEC approval certificate from BHU-Varanasi, CRF finalization, drug procurement and CTRI registration is pending.

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A14.) Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in the prevention and reduction of the Severity of Acute migraine Sickness: An Open-Label Randomized Controlled Study

Objectives:

Primary Objective:

- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in prevention of Acute Mountain Sickness (AMS)
- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in reducing the severity of Acute Mountain Sickness (AMS)

Secondary Objectives:

- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in reducing the incidence of thromboembolic events
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol on markers of coagulation and hemostasis activation (MOCHA) and pro-inflammatory markers.
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in improving the mood states, sleep quality and quality of life parameters

METHODOLOGY/DETAILED STUDY DESIGN

Study Type	: Clinical Trial
Allocation	: Randomized
Intervention model	: Parallel group
Masking	No
Blinding	Open-label
Control	: Yes
Timing	: Prospective
No. of Groups	: Two
Sample size	: 1660

Drug/Intervention

S. No.	Intervention	Dosage
1.	Ayush CCT Tea	125 ml BD
2.	Ayush Poshak Yoga	25 gm BD daily
3.	High Altitude sickness Prevention Protocol of Yoga (HAPPY)	60 minutes daily
4.	Standard care as per the existing Indian Army guidelines (physiological, hematological and biochemical parameters)	

Control Group: Standard care as per the existing guidelines.

High Altitude sickness Prevention Protocol of Yoga (HAPPY)

Type of Yoga	Yoga Practices (alternate day schedule)		Rounds	Duration in Minutes
	Day 1	Day 2		
Breathing exercises	Hands stretch breathing Hands In and out Breathing Yogic Breathing Ankle stretch breathing Kapalabhati Kriya Yogic Breathing	Hands stretch breathing Hands In and out Breathing Yogic breathing Ankle stretch breathing KapalabhatiKriya Yogic Breathing	9 9 9 9 3	10 min
Asanas- Standing	Surya Namaskar	Surya Namaskar	4	6 min
	Ardha Kati chakrasana	Trikonasana	1	10 min
	Padahasthasana	Parshvakonasana	1	
	ArdhaChakrasana	Vrikshasana	1	
	Trikonasana	Veerabhadrasana	1	
Asanas- Supine	Shavasana – Quick relaxation technique	Shavasana – Quick relaxation technique	1	5 min
	Uttanapadasana	Pawanamuktasana	1	5 min
	Sarvangasana	Suptapadangushtasana		
	Matsyasana	Viparaitakarni		
Asanas- Prone	Bhujangasana Shalabhasana	Dhanurasana Makarasana	1	4 min
Asanas- Sitting	Shashankasana Ustrasana	Ardhamatsyendrasana Gomukhasana	1	4 min
Pranayama	Nadishuddi	Nadishuddi	9	6 min
	Bhramari	Bhramari	9	
Meditation/ Relaxation	Om Meditation/ Guided Meditation	Om Meditation/ Guided Meditation	1	10 min
	Shavasana/ Quick relaxation technique	Shavasana/ Quick relaxation technique	1	
				60 minutes

Administration of trial interventions

The trial interventions will be administered to the eligible participants as per the selection criteria, at the time of their deployment to the high-altitude regions. The interventions will be continued for 120 days during their deployment to these high-altitude areas.

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date : File No.HQ-PROJ011/121/2023-PROJ /1493, DATED 14.03.23

Duration of Study : 1years

Participating centre along with PI: Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	1.CARI,New Delhi NODAL INSTITUTE 2.Northern Command of Indian Army 3.Director General of Armed Forces Medical Services (DGAFMS)	Dr. Bharti, Director,-PI Dr. Seema Jain, R.O. (Ay.)- Co.-I) Col. (Dr.) Arun Kumar Yadav Principal Investigator Col. (Dr.) R K Joshi Co- Investigator
2.	Central Council for Research in Ayurvedic Sciences, Ministry of Ayus	Dr. B.S. Sharma, R.O.(Ay), Nodal Officer CCRAS, HQ

Date of IEC approval : IEC-DGAFMS-06.02.2023

CTRI Registration/Reference (for clinical trials) : - CTRI/2023/03/051028

S.No.	Name of the participating centre	Date of initiation*
1.	2118 field hospitals, Nimu/ Leh and General area, Phobrang under the AFMS, Northern Command of Indian Army	Yet To Be Initiated

Budget allocated: F.N.HQ-PROJ011/121/2023-PROJ /1493, dated 14.03.23

For CARI, ND - 9,65,80,900/-

Chronological timeline & deliverables

Total Study Period	:	12 months
Preparatory Period	:	2 months
Recruitment	:	1 month

Treatment Period	:	120 days
Follow-up Period (as per feasibility)	:	60 days
Statistical Analysis and Clinical Study report preparation	:	03 months

Current status: YET TO BE INITIATED

A15.) “A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery”

Objectives:

Primary objective

- To evaluate the role of Ayush SR as adjunct to usual care on biochemical parameters, such as serum cortisol, serum serotonin, IL-10 and biomarkers of oxidative stress following CABG.
- To evaluate the role of Ayush SR as adjunct to usual care on quality of life post CABG.

Secondary objectives:

- To evaluate the role of Ayush SR as adjunct to usual care on clinical recovery
- To evaluate the role of Ayush SR as adjunct to usual care on physical activity, post CABG
To demonstrate the efficacy of Ayush SR as adjunct to usual care on perceived stress, anxiety and sleep, post CABG

METHODOLOGY/DETAILED STUDY DESIGN

i. Study Type:	Intentional study
ii. Study Design:	Prospective, Open label, Two-arm, Randomized Controlled Trial
iii. Purpose:	A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery
iv. Masking:	None (Open Label)
v. Control:	Controlled
vi. Timing:	Prospective
vii. No. of Groups:	2 groups (110 no. each)

viii. Sample size	Sample size calculation for “A randomized placebo control study to evaluate the effect of Ayush SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters after Coronary Artery Bypass Graft (CABG) surgery” Sample size for the study has been calculated assuming a change of 11 points in physical component scale of SF-36 health survey questionnaire post treatment in intervention group (Ayush SR + Usual) care as compared to a change of 8 points in the Control group (Placebo of Ayush SR + usual care). A difference of 3 points post treatment in Physical component scale between both treatment arms has been defined as clinically meaningful difference. With a standard deviation of 7 points and 95% confidence interval, a sample of 85 participants per arm will be needed to achieve 80% power. Adding an attrition rate of 25%, participants to be enrolled in each arm will be 110. Therefore, a total of 220 participants will be recruited in the study and will be randomized in the ratio of 1:1. The estimates for difference in the PCS score are based on a previously published study on long term follow up study after cardiac surgery¹.

Approval of IMR-PEMC : Approved in PEMC FEB23

Duration of Study : 3 years

Drug/Intervention

Interventions :

Group A: Will receive AYUSH SR Tablet in the dose 500 mg twice a day for a period of 3 months along with the usual care for post CABG.

- Group B: will receive AYUSH SR placebo tablet in the dose of 500 mg twice daily for a period of 3 months.

The usual care may be provided:

1. Phase I Rehabilitation (inpatient phase)- In this step, a mix of physical activity of moderate intensity and stress control strategies are incorporated and begins after the patient is considered clinically competent. Clinically competent is when there is no new/recurring chest pain in the previous 8 hours, HR and electrocardiogram (ECG) are normal and stable

in the previous 8 hours, no sign of decompensated heart failure (e.g., dyspnea), no elevation of cardiac marker enzymes (CK-MB or troponin).

- 1) Early mobilization and physical exercise / reconditioning
 - 2) breathing exercises and chest expansion
 - 3) coughing exercises to clear the sputum & incentive spirometry exercise
 - 4) Broad motion exercises for the upper and lower extremities
 - 5) Exercises for neck and shoulder joint motion
 - 6) Ankle pumping exercises (especially when grafting taken from the lower leg)
 - 7) Mobility training, and training activities of daily life.
- Phase II Rehabilitation (outpatient phase)

This phase starts shortly after and/or a few days after discharge, usually within 1-3 weeks, with physical activity supervision. This phase is usually 3–6 months, and in some cases, maybe longer.

Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Manoj Sahu, Associate Professor, CTVS, ICU - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I

Total project cost -Rs.1,01,95,132/-

Chronological timeline & deliverable

Total Study Period	3 years
Recruitment months	27 months
Treatment Period	3 months
Preparatory Period	3 months
Statistical Analysis	3 months

B. INTRA MURAL RESEARCH PROJECTS

B1.) An Open Label Clinical Trial To Evaluate Clinical Efficacy and Safety of AYUSH AGT for External Wounds

Objectives:

Primary Objective:

- To assess the efficacy of AYUSH AGT ointment in external wound healing

Secondary Objective:

- To assess the safety of AYUSH AGT ointment in external wound healing

Study Design:

Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	None
Control	:	None
Timing	:	Prospective
End Point	:	Healing
No. of groups	:	One

Sample Size : **30**

Duration of Study : **1 year**

Interventions:

AYUSH AGT ointment

Dosage – Q.S.

Route of Administration – Topical

Dosage Form- Gel Based ointment

Time of Administration – Applied on wound bed once a day and bandage with the sterile material

Duration of Therapy – 4 weeks

Participating centre along with PI: Multicentric Study

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi	Dr.Hemanta Panigrahi R.O (Ay)
2.	Regional Ayurvedic Research Institute, Vijayawada	Dr.A.J.V. Sai Prasad R.O. (Ay)
3.	Regional Ayurvedic Research Institute, Ahmedabad	Dr.Anil Avhad R.O. (Ay)

Date of IEC approval : 02.04.2019

Date of initiation : 01.03.2022

S.No.	Name of the participating centre	Date of initiation*
1.	Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi	01/03/2022

Budget allocated: 3,65,000/-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1,82,500/-	F.No.3-97/2020- CCRAS/Admn/Coll./1010	08/06/2021	08/06/2021

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	30	1 year	Achieved in stipulated time	NA

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	30	30	00	00

Relevant information, if any:-NIL

B2.) Evaluation of Ayush-SR tablet in occupational stress among nurses – A randomized double-blind placebo-controlled clinical study

Objectives:

a. Primary Objective:

To assess the clinical efficacy of AYUSH -SR in patients suffering from occupational Stress among nurses working in RML hospital, New Delhi.

b. Secondary Objective:

To assess the clinical safety of Ayurvedic intervention – AYUSH- SR in the management of Occupational stress among nurses working in RML hospital, New Delhi.

Study Design:

Study Type	:	Interventional - Randomized Clinical Trial
Purpose	:	Treatment and Research
Masking	:	Double-blind
Control	:	Placebo-Controlled
Timing	:	Prospective
End Point	:	Efficacy and Safety
No. of groups	:	Two (1:1)

Sample Size : 120

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/2970, Dt: 16.10.2018

Duration of Study : 3years (Extended till 16.10.2023 vide F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/4084, Dt: 28.10.2022)

Interventions

Group-I	:	Ayush SR tablet
Dose		500 mg X 2 tab b i d
Dosage form		Tablet
Route of Administration		Oral
Time of Administration		Twice a day after food
Anupana		water
Duration of therapy		90 days
Group-II	:	Placebo
Dose		500 mg X 2 tab b i d
Dosage form		Tablet
Route of Administration		Oral
Time of Administration		Twice a day after food
Anupana		water
Duration of therapy		90 days

Participating center along with PI:

S.No.	Name of the participating center	Name of PI
1.	ATC at ABVIMS, Dr. RML Hospital, New Delhi	Dr. Sudha Kumari K.G, Research officer (Ay)

Date of IEC approval: 02.04.2019, (F.No.1-12/2015-ACRI/Tech/IEC/Part-II)
19.03.2020, [No.330 (48/2019)/IEC/ABVIMS/RMLH] 103] - Renewed
30.04.2021 [F.No.330 (48/2019)/IEC/ABVIMS/RMLH/528] - Renewed

CTRI Registration/Reference (for clinical trials): CTRI/2020/07/026276, dt.01.07.2020

Date of initiation:

S.No.	Name of the participating center	Date of initiation
1.	ATC at ABVIMS, Dr. RML hospital, New Delhi	04.02.2021

Budget allocated : 27, 18,400 /-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1 st - 8,34,800 /- (2019-2020)	F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/2970	16.10.2018	18.10.2018
2.	2 nd - 2,39,022 /- (2020-2021)	F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/5024	29.12.2020	02.01.2021
3.	3 rd - 6,12,900 /- (2021-2022) 3,92,900/-, 2,20,000/-	F. No. 3-972020- CCRAS/ Admn/Coll./1010 F.No. 3/66/2018/CCRAS/Admn/IMR/ 460- 2021-22	08.06.2021 10.09.2021	08.06.2021 10.09.2021
4.	4 th - 9,30,042 /- (2022-2023) 1,63,000/- +33,266 (Trans. from RA of CARI) =1,96,266/- 7,33,776/-	F.No. 3-97/2020-CCRAS/IMR/1642 F.No.3-66/2018- CCRAS/Admn/Ayush-SR/3517	27.06.2022 27.09.2022	

Chronological timeline & deliverables

S.N	Target For	Timeline	Achieved/Not Achieved	Causes of deviation, if any
1.	The period required for Pretrial preparation (after sanction of the project to the PI), Development, and printing CRFs:	0-2 months	Achieved	-
2.	Trial drug procurement and Subject Recruitment	3-33 months	Enrollment completed (120 subjects)	-
3.	Data verification, Statistical Analysis & Report preparation:	34-36 months	-	-

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	ATC, ABVIMS, Dr. RML Hospital	120	72	18	30

Summary of the Project

The project was initiated on 04.02.2021 at ATC, ABVIMS, Dr. RML Hospital. The project sample size is 120 divided into two groups having 60 patients in each group to assess the effect of AYUSH-SR tablet in the management of occupational stress along with its safety and efficacy among nurses working in RML hospital, New Delhi. Nurses satisfying the inclusion and exclusion criteria diagnosed with stress as per PLSS (Professional Life Stress Scale) and those who score above 15 and below 46 are recruited for the study. They are randomly assigned into two groups. Group I patients are administered 2 tablets of AYUSH-SR 500 mg twice daily after food with water and Group II patients are administered with a matching placebo of the drug in the same dosage with water for a period of 3 months. Their baseline investigations, scoring of WHO QOL Bref (World Health Organization 1996) and Manasa Bhava Pareeksha is carried out. The outcome is assessed using the changes in scores of PLSS (Professional Life Stress Scale), WHOQOL-BREF, and Manasa Bhava Pareeksha at the end of 30 days, 60 days, and 90 days.

Any relevant information: Nil

B3.) Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study.

Objectives:

- **Primary Objective:** To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Study Design	:	Double blind Randomized control clinical study
Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	Double blind
Control	:	Controlled
Timings	:	Prospective
End Point	:	Efficacy & Safety
No. of Groups	:	Two
Sample Size	:	140 (70 patients in each group)

Approval of IMR-PEMC: As per headquarters' order dated 12/09/2018 (File No. 3-56/2018-CCRAS/Admn/Pre-Hypertension/2400)

Duration of Study : Two years

Interventions :

(i) Group 1 (**AYUSH – HR**)

Dose	:	500mg twice daily
Dosage form	:	Tablet
Route of Administration:		Oral
Time of Administration:		Twice a day after food
Anupana	:	Water
Packing form	:	60 tablets
Duration of therapy	:	3 months
<i>Life style advocacy</i>		

(ii) Group 2 (**Matching placebo**)

Dose	:	500mg twice daily
Dosage form	:	Tablet
Route of Administration:		Oral
Time of Administration:		Twice a day after food
Anupana	:	Water
Packing form	:	60 tablets
Duration of therapy	:	3 months
<i>Life style advocacy</i>		

Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI
1.	CARI, New Delhi	Dr. Shweta Mata, Research Officer (Ay.)
2.	RARIGID, Guwahati	Dr. Pravin Masram, Research Officer (Ay.)
3.	RARI, Thiruvananthapuram	Dr. Varsha Sumedhan, Research Officer (Ay.)

Date of IEC approval : F.No.1-12/2015-ACRI/Tech./IEC/Part II dated 02.04.2019

CTRI Registration : CTRI/2019/09/021266 dated 17.09.2019

Date of Initiation : 08.02.2022

Budget allocated : Rs. 17, 48,000/-

Installment wise release :

S.No	Installment	Sanction order	Date	Date of Receipt of fund
1.	1 st installment 15,48,000/-	FileNo.3-56/2018 CCRAS/Admn /Pre- Hypertension/2400	12.09.2018	18.09.2018

15,48,000/- (return back to Headquarter on 08/06/2021)

7,74,000/- (received on 08/06/2021, F.N. 3-97/2020-CCRAS/Admn/Coll./1010 dated 08.06.21)

Chronological timeline & deliverables

Total Study Period : 24 Months

S.N.	Milestones	Time lines
1.	Preparatory Phase	3 months
2.	Recruitment Phase	16 months
3.	Treatment Period	3 months
4.	Statistical Analysis and preparation of Report	2 months

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases dropouts	No. of cases continued
1	CARI, New Delhi	65	33	05	27

Summary of Project: Project has been initiated on 8th Feb.2022. Project sample size is 140 divided in two groups having 70 patients in each group to assess the effect of AYUSH-HR in the management of Pre-hypertension and to observe the changes in the Quality of life by using SF-36 Questionnaire, the changes in the blood pressure, lipid profile, HbA1c and Ejection Fraction. Patients are being enrolled after screening and investigations as per protocol i.e General

Investigations, ECG X-ray, and Echocardiography following inclusion and exclusion criteria Group I patients are administered with AYUSH-HR medicine 500mg twice daily with *life style advocacy* and Group II patients are administered with matching placebo of the drug in same dosage with *life style advocacy*, and the assessment of the patients from both groups have done at an interval of 2 weeks upto 12 weeks.

Relevant information, if any – Not significant

B4.) Evaluation of Efficacy and Safety of AYUSH-M3 in the management of Pre-Hypertension – A Double blind Randomized control clinical study

Objectives:

- **Primary Objectives:** To assess the clinical efficacy of **AYUSH-M-3** in the Management of Pre- Hypertension (JNC-VII report).
- **Secondary Objectives:** To assess the clinical safety of **AYUSH-M-3** in the Management of Pre- Hypertension (JNC-VII report).

Study Design:

Study Type	:	Randomized Clinical Trial
Masking	:	Double blind (Participant and Investigator)
Control	:	Placebo Controlled
Timing	:	Prospective
No. of groups	:	Two
Sample Size	:	140 {70 Participants for each arm (Test arm and Control Arm)}

Approval of IMR-PEMC : FileNo.3-29/2020-CCRAS/Admn/IMR/8177
dated 17.03.2020

Duration of Study : 2 years

Interventions :

Group-I

1. AYUSH - M-3

Dose	:	500mg twice daily
Dosage form	:	Tablet
Route of Administration	:	Oral
Time of Administration	:	Twice a day after food
Anupana	:	Water
Packing form	:	60 tablets
Duration of therapy	:	3 months
Follow-Up	:	1 month (without intervention)

Life style advocacy

Group-II

1. Matching Placebo

Dose	:	500mg twice daily
Dosage form	:	Tablet
Route of Administration	:	Oral
Time of Administration	:	Twice a day after food
Anupana	:	Water
Packing form	:	60 tablets
Duration of therapy	:	3 months
Follow-Up	:	1month (without intervention)
<i>Life style advocacy</i>		

Participating center along with PI:

Sr.	Name of the Participating Centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma
2.	RARI, Guwahati	Dr. P. L. Bharti
3	RARI, Trivandrum	Dr. Varsha Sumedhan

Date of IEC approval: File No.1-12/2015-ACRI/Tech/IEC/Part II dated 18.07.2020

CTRI Registration/Reference (for clinical trials): CTRI/2020/09/028121 registered on 29.09.2020

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	CARI, New Delhi	30.03.2021

Budget allocated: Rs. Rs. 14, 62,000/-

Installment wise release:-

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	Ist year Installment- Rs. 12,62,000/-	F.no. 3-29/2020-CCRAS /admn./IMR./8177	17.03.2020	01.04.2020

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	140	2 years	Continue	NA

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	140	138	02	00

Project Summary:

Project has been initiated on 30th March.2021. The project sample size is 140, divided in two groups having 70 patients in each group to assess the effect of AYUSH-M3 in the management of Pre-hypertension and to observe the changes in the Quality of life by using SF-36 Questionnaire, the changes in the blood pressure, lipid profile, HbA1c and Ejection Fraction. Patients are being enrolled after screening and investigations as per protocol i.e General Investigations, ECG X-ray, and Echocardiography following inclusion and exclusion criteria Group I patients are administered AYUSH-M3 medicine 500mg twice daily with *life style advocacy* and Group II patients are administered with matching placebo of the drug in same dosage with *life style advocacy*, and the assessment of the patients from both groups have done at an interval of 2 weeks upto 12weeks.After Treatment investigations were done on 12th Week and one follow-up was on 16th Week(without Medication). Prakriti analysis and Swasthya assessment (Before and after treatment) were also done at the time of baseline using the online Portal of both.

Any relevant information: The project is completed in March 2023. The data and UC will be submitted to hqrs shortly.

B5.) Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open-label control trial.

Objectives:

- **Primary Objective:** To assess the therapeutic efficacy of Ayurvedic management on irregular menstrualcycles/ Anovulation and Hirsutism in PCOS.
- **Secondary Objective:** To assess the therapeutic efficacy of Ayurvedic management on acne, acanthosis nigricans, and BMI.

Study Design	:	Randomized open-label standard control clinical trial
Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	open-label
Control	:	Controlled
Timings	:	Prospective
End Point	:	Efficacy & Safety
No. of Groups	:	Two

Sample Size : 180 (90 patients in each group)
Approval of IMR-PEMC : F.No.HQ-PROJ011/32/2022-PROJ O.O NO-392/2022-23 dated 15.07.2022

Duration of Study : Three years

Interventions:

Group A: i) Virechana therapy (Charak Sutra ch.15/17-18)

No	Procedure	Drug & dose	Duration
1	Deepana – Pachana	Trikatu Churna – 6 gm. (AFI Part 1, part a, pg. no.322) BD before meal with warm water	3 to 5 days
2	Snehapana	Go- Ghrita (30 ml to 250 ml; according to <i>Koshtha</i> of participant)	3 to 5 days
3	Abhyanga & Swedana	Bala Taila (AFI Part 1, part a, pg. no. 413), <i>Sarvanga Bashpa swedana</i>	1 to 3 days
4	Virechana Karma	Trivrit Avaleha (AH.K. 2/9-10) [<i>Trivrit</i> (<i>Operculina turpenthum</i> Linn.), <i>Tamalpatra</i> (<i>Cinnamomum tamala</i> Nees and Eberm.), <i>Twak</i> (<i>Cinnamomum zeylanicum</i> Breyn.), <i>Ela</i> (<i>Elettaria cadamomum</i> Maton.), Honey, Sugar. 60 to 100gm (as per the <i>Koshtha</i>)	Single dose
5	Samsarjana Karma (Ch. Su. 15/16)	Diet as per <i>Shuddhi</i> given below:	3 to 7 days

ii) Ayush-SSM (Stanya Shodhana Mahakashaya) (Ch. Su. 4/18)

- **Dose:** 2 tablets of 500 mg twice a day
- **Dosage form:** *Ghanavati*
- **Route of administration:** Oral
- **Time of administration:** Twice daily before meals
- **Anupana:** Luke warm water
- **Packing form:** 500 mg tablets
- **Duration of therapy:** 180 Days

Group B: (Standard control)

Tablet Metformin: Dose & duration

500 mg Once a day-1st week (1-7 days)

500 mg Twice a day-2nd week (8-14 days)

500 mg Thrice a day-3rd week (15-20 days)

850 mg twice a day till 6 months (21 day-200th day)

- **Dosage form:** Tablet
- **Route of administration:** Oral
- **Anupana:** water
- **Packing form:** 500 mg and 850 mg tablets
- **Duration of therapy:** 200 days

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	CRU, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Date of IEC approval : F.No. 1-12/2020-CARICD/Tech/IEC dated 04.05.2022

CTRI Registration : CTRI/2022/09/045478 [Registered on: 13/09/2022]

Date of Initiation : Enrollment has not been initiated yet due to medicine not being received.

Budget allocated : Rs. 64,85,900/-

Installment wise release :

S.No	Installment	Sanctioned order	Date	Date of Receipt of fund
1.	1 st installment- 50,000/-	F.No.HQ-PROJ011/32/2022- PROJ O.O NO- 392/2022-23	15.07.2022	15.07.2022
2	2 nd Installment- 14,38,500/-	F.NO-HQ-PROJ011/32/2022- PROJ/4250	04.11.2022	04.11.2022

Chronological timeline & deliverables

Total Study Period : 36 Months

S.N.	Milestones	Time lines
1.	Preparatory Phase	5 months
2.	Recruitment Phase	5-27 months
3.	Treatment Period	6 months
4.	Statistical Analysis and preparation of Report	2 months

Current Status: Patient enrollment will be started from April, 2023 after drug procurement.

Summary of Project: The project will be initiated at CRU (Ay.) VMMC & Safdarjung Hospital, New Delhi on PCOS patients. It is an open-label control trial. A total of 180 participants will be recruited in the study through a randomization chart to evaluate the effect of tablet AYUSH-SSM and *Virechan* therapy in comparison to tablet Metformin. The enrolled participants will receive in group A (AYUSH-SSM tablet and *Virechan* therapy) and group B (Tablet Metformin) for 200 days. The effect of therapy will be assessed by Rotterdam criteria 2003, Ferrimann – Gallwey Score, Global Acne Grading System (GAGS), and Patient Health Questionnaire (PHQ 9).

Relevant information, if any – Not significant

**B6.) Clinical evaluation of Lavanbhaskara Churna in the management of Amajirna-
Randomized Parallel group study**

Objectives:

a. Primary:

Clinical efficacy of LavanaBhaskar Churna in the management of Amajirna

b. Secondary:

Clinical Safety of ofLavanaBhaskarChurna in the management of Amajirna

Study Type	:	Interventional
Study3 Design	:	Open clinical trial, parallel group.
Purpose	:	Treatment
Control	:	Not Controlled
Timing	:	Prospective
End point	:	Primary end point - Overall Relief from symptoms in patients of Amajirna Secondary end point – Reduced relapse rate of disease during post treatment period.
No. of groups	:	2
No. of patients to be completed in the clinical trial (Sample Size): 110 (55 in each group)		

Approval of IMR-PEMC : Annual Action Plan 2018-19 dated 11/12/2017

Duration of Study : 16 months

Interventions :

Group I : Lavan BhaskarChurna

- Dose: 3 gram, twice daily
- Dosage form: Fine Powder
- Route of administration: Oral
- Time of administration: Just five minutes after finishing the food
- Anupana: water(mixed with 40 ml of water)
- Duration of therapy:2 weeks
- Ayurveda Lifestyle Advocacy

Group II : Ayurveda Lifestyle Advocacy
Follow up Period : 14 days

Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI
1.	CARI, New Delhi	Dr. Shaizi Layeeq, Research Officer, (Ay.)
2.	RARI, Lucknow	Dr. Pallavi Kamble Research Officer, (Ay.)
3.	ALARCA, Chennai	Dr. S. Asha Research Officer(Ay.)

Date of IEC approval : F.NO.1-12/2015-ACRI/Tech/IEC Part II Dt.15.07.2020
CTRI Registration : CTRI/2021/01/030439 dated 13/01/2021
Date of Initiation : 22/02/2021
Total Budget allocated : Rs. 17,55,800/- (F.No. 3-43/2020-CCRAS/Admn/IMR/8222 dated 20/03/2020)

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund	Refunded
1.	1st- 3,77,900/- (2020-2021)	F. No 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/5024	29.12.2020	02.01.2021	3,11,079/-
2.	2 nd – 5,91,516 (2021-2022)	F. No. 3-97/2020- CCRAS/ Admn/Coll./1010	08.06.2021	08.06.2021	
3.	3 rd – 1,31,065 (2022-2023) (Trans. from RA of CARI)	F.No. 5-10/2022- 23/CARI/Accts/148	03.06.2022	03.06.2022	

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	24 weeks	Achieved	-
2.	Recruitment in main study	32 weeks	COMPLETED	Covid 19

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARICD, New Delhi	110	99	11	0

Summary of Project: This is an open level, multicentric, prospective, non-controlled, clinical trial. 110 subjects of Amajirna aged between 18-60 years fulfilling the diagnostic criteria to be enrolled in the study. The patients in the Group 'I' are given Lavanbhaskarchurna 3gms twice a day with 40ml lukewarm water just 5 minutes after meals along with Lifestyle advocacy while those in 'II' are only being advocated Lifestyle modification for 2 weeks. The assessment is to be done on day 3, 7 and 14. They will be followed up for duration of 2 weeks. CRFs are updated on each visit for every patient. The data has been sent to CCRAS Hqs for analysis

Relevant information, if any: NIL

B7.) Randomized Double Blind Trial for Clinical Excavation of Ksharsutra prepared manually and by automated machine in Fistula in Ano (Bhagandar)

Objectives:

Primary Objective:

- Study the disease pattern of fistula-in-ano (Bhagandar).
- To evaluate the clinical efficacy of two different kinds of Ksharsutra on fistula-in-ano cases. (Ksharsutra prepared manually and by automated machine)
- To achieve complete cut through of the tract with simultaneous healing

Secondary Objective:

- Clinical safety of the Ksharsutra therapy.

Study Design:

Study Type : Interventional
Purpose : Treatment
Masking : Double-Blind
Control : Manually prepared Standard Ksharsutra
Timing : Prospective
End Point : Till cut through
No. of groups : 2

Sample Size : 100

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.No. 3-66/2019-CCRAS/Admin/Misc./2086 dt 15.07.2019 and even No. 433 dated- 04.05.2022 and even No.4228 Dated – 04.11.2022

Duration of Study : 2 year

Interventions: Double blind study with Ksharasutra prepared manually and Automated prepared.

Date of IEC approval: 27.01.2021

CTRI Registration/Reference (for clinical trials): CTRI/2021/12/038414

Date of initiation: 28.06.2021

S.No.	Name of the participating Centre	Date of initiation*
1.	Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi	28/06/2021

Budget allocated: 18,50,200/-

Installment wise release

S.No.	Installment	Sanctioned order	Date	Date of receipt of fund
1	12,600/-	F.NO3-66/2019/CCRAS/ADMN/IMR/433	04/05/2022	04/05/2022
2	1,91,000/-	F.NO 3-97/2020/CCRAS/ADMN/IMR/1642	27/06/2022	27/06/2022
3	2,04,284/-	F.NO./10/CARICD/NEW DELHI/2022-23/176	05/08/2022	05/08/2022
4	4,28,419/-	F.NO. 3-66/2019/CCRAS/ADMN/IMR/4228	04/11/2022	04/11/2022
5	84,000/-	F.NO. HQ-PROJ011/95/2023-PROJ/6721	27/02/2023	27/02/2023

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/Not achieved	Causes of deviation, if any
1.	100	2 YEARS	Achieved in stipulated time	NA

Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	100	96	04	00

B8.) “Clinical Efficacy and safety of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) –A randomized open level prospective clinical trial”

OBJECTIVES

Primary Objectives

- To assess the efficacy of *Pippalyadyasava* and *Arogyavardhini Vati* in the management of NAFLD.

Secondary Objectives

- To assess the safety of *Pippalyadyasava* and *Arogyavardhini Vati* in the patients of NAFLD .

Study Design: It is a Randomized open label controlled prospective clinical trial.

Site of the study: Two CCRAS Institutes

1. Central Ayurveda Research Institute, New Delhi
2. Central Ayurveda Research Institute, Bhuvaneswar

Study duration: Two years

Groups : Two

Group-A: Life style modification

Group-B: Life style modification + Ayurveda interventions (*Pippalyadyasava* and *Arogyavardhini Vati*)

Duration of treatment: Four months (Three months with Ayurvedic intervention & Life style modification as per the schedule below and one month follow up only with life style modification)

Sample Size: 90 (30 in Group-A & 60 in Group-B)

Study Design :

Study type	Interventional
Purpose	Treatment
Masking	Randomized open level
Control	controlled
Timing	Prospective
End Point	Efficacy and safety
No. of Groups	02group(90 patients) 60 in intervention group 30 in control group
Duration	02 yrs
Site of the study	CARI,New Delhi CARI,Bhuvaneshwara

Sample Size : 90

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F. No. 3-24/2020–
CCRAS /Admn./IMR /6928 dated 27.01.2020

Duration of Study: 2year

Drug Interventions:

Group-A: Life style modification + Ayurveda interventions (*Pippalyadyasava* and *Arogyavardhini Vati*)

❖ _Arogyavardhini Vati (AFI Part I)

Dose: 500 mg tablet twice daily

Dosage form: tablet

Route of administration: Oral

Time of administration: Twice a day after food

Anupana: Lukewarm Water

Packing form: 30Tab.

Duration of administration: 45 days (day 1-day 45)

(Pippalyadyasava) :API Part II Volume II, AFI, Part-I,1:2

Dose: 15 ml twice daily

Dosage form: Arishta

Route of Administration: Oral

Time of Administration: Twice a day after food

Anupana: Water

Packing form: 450 ml

Duration of administration: 3 months

Group-B: Life style modification

Physical Exercise

- Brisk walking daily half an hour in fresh air (min.30 minutes)/ Jogging/ Running/ Cycling/ Swimming.
- Yoga (Morning and Evening): **For 45 minutes** (Suryanamaskar: 10 minutes, Bhujangasana: 5 minutes, Ustrasana: 5 minutes, Naukasana: 5 minutes, Dhanurasana: 5 minutes, Trikonasana: 5 minutes), Pranayama (Kapalbhati): 10 minutes
- Yoga and Pranayama: 45 minutes.

Diet:

Do's

Eat freshly prepared food

- Eat only when hungry and after evacuation of Mala (waste products).
 - Take oil free diet.
 - Low glycemic food:yava mixed wheat flour, Red rice, barley, Rice (minimum 1 year old)
 - Fibrous food and vegetables: Parval, Karvellaka, Papaya, Pumpkin, Water guard (Lauki), RibedGuard, Palaka, Methi, Chaulai, Bitter gourd, snake gourd, drumstick, curry leaves, coriander, ginger, garlic. Legumes- Moong daal, Kulatha, green gram
 - Fruits: Dadima,,Guava,Chiku,Water melon , Riped Papaya, dry fruits like raisins
 - Dairy Products: Cow milk, Cow Milk Ghee.
 - Beverages: Green Tea, Maansa Rasa, Luke warm water minimum 8 glasses/day, buttermilk.

Don'ts:

- Avoid reheated & untimely food.
- Oily diet Saturated fat, creamy peanut butter.
- Food: Packaged snack, chips and nuts, Spicy diet, Baked food, Red Meat, Junk food, Chocolates, Ice creams, Bakery items, Artificial sweeteners, jams
- High glycemic food: Wheat flour, Rice (newly harvested), Refined Sugar, white bread, foods made with refined white flour,
- Legumes- Black gram, yellow gram, peas, Udad,
- Fruits and vegetables: Fruit juice without pulp, Potato, Spinach, Couliflower, Broccoli, Cabbage, beans.
- Dairy Products: Full fat milk, curd, High fat dairy products.
- Beverages: Alcohol, Tea, Fruit juice without pulp, Soda, Aerated drinks.

Duration of therapy - 3 months

Participating centre along with PI :

S.No	Name of the participating centre	Name of PI
1	Central Ayurveda Research Institute, New Delhi	Dr. Seema Jain, R.O. (Ay)
1.	Central Ayurveda Research Institute, Bhuvaneswar	Dr. Banmali Das, R.O. (Ay.)

Date of IEC approval: 29.10.2020

CTRI Registration/Reference (for clinical trials): CTRI/2022/02/040321

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	CARI, New Delhi	15.02.2022

***Date of first enrolment - 15.02.2022**

Budget allocated 27,74,100/-

Budget Released- 16,64,460 (return back to Headquarter on 08/06/2021)

8,35,500/- (received on 23/11/2021)

3,00,000/- (received on 20.02.2023)-,

Installment wise release

S.N o.	Sanctioned order	Installment	Date	Date of receipt of fund	Refunded
1.	F. No. 3-24/2020– CCRAS /Admn./IMR /7991	16,64,460 (1st installment)	11.03.2020	11.03.2020	UNSPENT 16,64,460 RETURNED TO HQ
2.	F. No. 3-24/2020– CCRAS /Admn./IMR /811	8,35,500/-	27.11.2021	27.11.2021	-
3.	F. No. 3-24/2020– CCRAS /Admn./IMR /811	300000	2002.23		

Chronological timeline & deliverables

Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
Preparatory period	04months	ACHIEVED	
Recruitment of Patients	17 Months *	continue	
Statistical Analysis	03 Month	-	

Current status :

\S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
2.	CARI, New Delhi	77	54	05	18

Summary of project:

This is an open level, multicentre, prospective, controlled, clinical trial. 90 subjects of Grade-I&II of Non-alcoholic fatty liver disease as evident fatty infiltration on Ultrasound aged between 18 to 60 years fulfilling the diagnostic criteria were enrolled in the study. In intervention group *Aarogyavardhini vati* 500mg twice in a day with luke warm water after food for 45 days and *Papplyadhyasava* 15 ml twice daily after food for 3 months followed by lifestyle modification .In control group only diet and life style modification is advised to the patients.The assessment was done every 4 weeks. Primary outcome Change in fibroscan score)Kpa (and CAP value)Kpa (which signifies fibrosis and steatosis status respectively and secondary outcome was assessed by changes in LFT,Lipid profile,Hba1c,BMI And changes in Fatty Liver Index after treatment. Laboratory investigations were carried out at baseline and at the end of treatment. One follow up assessment without treatment was carried out 30 days after completion of treatment.

77 patients of NAFLD fulfilling Inclusion and Exclusion criteria, enrolled in the study out of which 54 were successfully completed the study . Total 05 patients dropped out from the study till date.

Relevant information, if any

B9.) A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis

Principal Investigator: Dr.Devi Nair, M.D.(Ay), NARIP, Cheruthuruthy

Co-Investigator: Dr .Aswathykuttu V, R.O).Ay (.
Dr. Shaizi Layeeq, MD(Ay)

Dr . Praveen Kumar . K.S, R.O(Ay.)

Objectives:

a. Primary Objective: To prepare the practice guidelines for Marsa nasya karma

b. Secondary Objective:

1 .To prepare guidelines for calculation of dose of medicine used in Marsa nasya karma

2. Standardization of end point of the procedure of Marsa nasya karma
3. Standardization of quality indicators of Marsa nasya karma
4. To assess the feasibility and preliminary effectiveness of the standardized procedure of Marsa Nasya in different geographical areas of the country.

Brief Research Plan:

The study will be conducted in a multi phase mixed method design

Phase -1

A Clinical Concensus method study for developing the practice guidelines of Marsa Nasya Karma

Methodology:

1. Literature review with evidence synthesis will be done to gather all pertinent information to help the evidence based decision making.
2. Survey will be conducted to develop a list of clinical scenarios to provide to the expert panel.
3. Multidisciplinary expert panel will be selected preferably with 9-12 experts.
4. Two rounds of rating appropriateness will be done for each of the clinical scenario.

First round:

Each panelist will be asked to do the rating independently.

Second round:

Face to face meeting will be conducted for one–two days led by an experienced moderator. Panel experts will be shared rating done in the first round.

Panel experts are given opportunity to discuss the individual views.

At the end of discussion, each panelist can reconsider their original rating and re rate the clinical scenario.

Analysis of results:

Results will be summarized as descriptive statistics.

Rating between 1 to 3 is considered as inappropriate, 7–9 appropriate and 4–6 uncertain.

Disagreement is when one–third or more panelists rate the scenario in lowest three points and one third or more rate same scenario in highest three points in appropriateness scale.

In the absence of disagreement, median rating in lower three points is inappropriate.

Median rating in upper three points is appropriate and rating in 4–6 range or those with disagreements is uncertain.

Phase -2

Standardization of dose for commonly used Taila yoga for Marsa Nasya:

Methodology

Bindu is defined in classics as the quantity of given medicine dropping off when index finger is dipped in medicine upto proximal Inter Phalangeal Joint.

Methodology:

Taila Yoga Selected for the study:

1. Karpasasthyaditaila
2. Shad bindutaila
3. Ksheerabalataila (plain)
4. Anutaila
5. Tila taila

For each taila, 100 healthy adult participants (50 male and 50 female) will be randomly selected from OPD and IPD of NARIP, Cheruthuruthy and will be instructed to dip their index finger upto proximal interphalangeal joint three times in taila taken in a beaker and average amount of taila dropping off in three times will be measured. Avoiding the extreme values, average value of 100 participants will be calculated and it will be considered as standardized dose of 1 bindu.

Drug /Intervention references)Classical textual /API /AFI /Publications, if available(

Karpasasthyadi taila^[1], shad bindu taila^[2], anu taila^[3], ksheerabala taila)plain[]] (^{4]}thila taila are used in the present study for standardization of doze of 1 bindu and procedure.

Phase 3:

Feasibility clinical trial

Feasibility study of Marsa Nasya Karma with standardized procedure and doze in three different geographical areas of India ie Delhi, Cheruthuruthi and Guwahati.

Study Design:

Level of study	:	OPD level
Type of study	:	Open clinical trial
Sample size	:	Complete 30 cases)in each centre(
Groups	:	1
Period of study	:	1 week /case
Masking	:	None
Blinding	:	No blinding
Timing	:	Prospective

Intervention

- Dose : Standardized madhyama matra (Standardized medium doze), daily
- Dosage form : Taila
- Route of administration : Nose
- Time of administration : 3-5 p.m
- Anupana : NA
- Duration of therapy : 01 Week

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	NARIP Cheruthuruthy	Dr.Devi Nair, M.D.(Ay), PI
2.	CCRAS Hqrs	Dr .Aswathykkutty V, R.O (Ay) CoI
3.	CARI, New Delhi	Dr. Shaizi Layeeq, R.O(Ay.), CoI
4.	CARI, Guwahati	Dr. Praveen Kumar.K.S, R.O(Ay.), CoI

Date of IEC approval: Pending

CTRI Registration/Reference (for clinical trials): Pending

Date of initiation: Not initiated yet.

Budget allocated:

- CARI, New Delhi: 12,57,100/-
- NARIP Cheruthuruthy: 19,20,200/-
- CARI, Guwahati: 12,66,516/-

Sanction Order: CCRAS Hqrs Office order no. 998/2022-23 dated 22/12/2022

Chronological timeline & deliverables:

- Total Study Period : 2 year
- Pre-trial Preparatory Period : 2 months
- Recruitment of patients : 8 months
- Treatment Period : 4 weeks
- Data Analysis : 1 month

Current status: Project not started yet.

Any relevant information: IEC pending at CARI, New Delhi.

C. ANNUAL ACTION PLAN PROJECT

C1.) Clinical safety and efficacy of Triphala Ghrita and Anu Taila in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Objectives:

Primary Objective:

To obtain preliminary data on clinical efficacy of Triphala Ghrita and AnuTaila in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Secondary Objective:

To assess the Clinical safety of Triphala Ghrita and AnuTaila in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

<u>Study design</u>		
i.	Study Type	Interventional
ii.	Purposes	Treatment
iii.	Masking	Open label
iv.	Control	Not controlled
v.	Timing	Prospective
vi.	End Point	Efficacy and Safety
vii.	No. of Groups	One
viii.	Sample size	40

Approval of Annual action plan project: 28 March 2019

Drug / intervention references (Classical textual / API / AFI / Publications, if available)

- A. Triphala Ghrita** : For Aschyotana (AFI, Part I, 6:14, Pg.No. 85)
- Dose : 0.1 ml (0.05 ml in each eyes)
 - Dosage form : Ghee (ghrita)
 - Route of Administration : Topical
 - Time of Administration : Aschyotana (Topical administration of the drug) will be done by patient at bed time for 168 days.
 - Duration of therapy : 24weeks (from the first day of marshanasya for 6 months)
 - Packing form : Pet Jar/ Bottle containing 200 ml
- B. Triphala Ghrita** : For oral ((AFI, Part I, 6:14, Pg.No. 85)
- Dose : Ten gm once daily
 - Dosage form : Ghee (ghrita)

- Route of Administration : Oral
- Time of Administration : Once a day (Empty stomach in the morning)
- Anupana : Luke warm water (not more than 10 ml)
- Duration of therapy : 18 weeks i.e 3 weeks per month after marshanasya
- Packing form : Pet Jar/ Bottle containing 200 ml

C. Anutaila : for nasal (AFI, Part2, volume3pg no.55)

- Dose : 1 ml
- Dosage form : Oil
- Route of Administration : Nasal
- Time of Administration : Nasya (nasal administration) of drug will be done in the institute in the morning for 07 days for 06 consecutive months as described below:

01 st week	1 st , 2 nd , 3 rd , 4 th , 5 th , 6 th , 7 th day
05 th week	29 th , 30 th , 31 st , 32 nd , 33 rd , 34 th , 35 th day
09 th week	57 th , 58 th , 59 th , 60 th , 61 st , 62 nd , 63 rd day
13 th week	85 th , 86 th , 87 th , 88 th , 89 th , 90 th , 91 st day
17 th week	113 rd , 114 th , 115 th , 116 th , 117 th , 118 th , 119 th day
21 st week	141 st , 142 nd , 143 rd , 144 th , 145 th , 146 th , 147 th day

- Duration of therapy : 6 weeks i.e. first week of every month (6months)
- Packing form : Bottle containing 10 ml

D. Anutaila for Pratimarsha Nasya (API Part 2 Vol3 pg.55)

- Dose : 0.2 ml
- Dosage form : Oil
- Route of Administration : Nasal
- Time of Administration : Pratimarsha Nasya (nasal administration) of drug will be done by patient in the evening for 126 days for 06 consecutive months excluding days of Nasya as described below:

01 st month	8 th day to 28 th day
2 nd month	36 th day to 56 th day
3 rd month	64 th day to 84 th day
4 th month	92 nd day to 112 th day
5 th month	120 th day to 140 th day
6 th month	148 th day to 168 th day

- **Duration of therapy** : 18 weeks i.e 3 weeks per month after marshanasya
- **Packing form** : Bottle containing 10 ml

PARTICIPATING CENTRE

S.no	Name of participating centre	Name of PI
1	CARI, Delhi	Dr. NandiniJadhav
2	RARIED, Luckhnow	Dr.Pallavi Kmable

Date of IEC approval: F.NO.1-12/2015-ACRI/Tech/IEC/Part II Dt. 16/07/2019

CTRI Registration: CTRI/2019/06/019667

Date of initiation: 5 feb 2020

Budget allocated: 21,76,250

Installment wise release:

Sr. No.	Installment	Sanction order	Date	Date of receipt of fund
1	1 st Rs13,11,250/-	F.NO. 3-34/2019-CCRAS/ Admn/IMR/JDR/6013	19/12/2019	19/12/2019

Chronological timeline and deliverables:

Sr. No.	Target for	Time line	Achieved/ Not Achieved	Causes of deviations if any
1.	(a) Pre-trial Preparations	4 month	Achieved	-
2.	(b) Recruitment	23 month	Continue	-

Current status: Continuing

Status of projects Centrewise-CARI New Delhi

S.NO	Participating centre	No.of cases enrolled	No.of cases completed	No.of cases Drop outs	No.of cases continued
1.	CARI	4	0	4	0

Summary: In this annual action plan project 40 patients of ARMD have to be included in the study in each centre to evaluate Clinical safety and efficacy of Triphala Ghrita and Anutaila in the management of dry age-related macular degeneration (Jarajanya Drishtigata Roga).

D.) OUT REACH ACTIVITIES

Ayurveda Mobile health Care Programme (AMHCP) Under SCSP.

This Year total 03 projects completed under Scheduled Cast Sub Plan (SCSP)

D1.) Ayurveda Mobile Health Care under Scheduled Castes Sub-Plan

Profiling of Demographic, health status and Non communicable Diseases among Scheduled Caste population in selected states across India- A descriptive, Cross sectional Epidemiological study

Objectives-

Aim: To provide health care through Ayurveda in the areas predominantly dwelled by scheduled castes.

Objectives:

- 1) To understand the health status of the target population in context with their socio-demographic conditions
- 2) To treat the patients willing to get Ayurveda interventions as adjuvant to the conventional concomitant medication or as stand-alone for various disease conditions
- 3) To provide Ayurveda based lifestyle advocacy for maintenance of health and prevention of diseases among the people willing to practice the same
- 4) To know about perception of the study population regarding Ayurveda for health care

Study Design:

Study type - Cross sectional Outreach activities

Purpose of the study- To create awareness in SC populations / collection of demographic data and screening of HTN/DM/Anemia/Malnutrition

Timing - Prospective

EndPoint- awareness about health & hygiene

Total Study Period - 01 year

Sample Size : Population Target -6000

Villages target-5-10

Tours Target-200

Milestone with deliverables:

Total Study Period:12 months

- i. Preparatory Period (Survey Formats finalization, permission from village/ area authorities)
:15 days
- ii. Field Survey- **10.5 months** (200 Visits/ Tours)
- iii. Statistical Analysis/ Annual Report preparation: **1 month**

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.No.1-12/2020-CARICD/Tech/IEC Dated: 04.05.22

Duration of Study: 1 year

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI,New Delhi	PI :Dr. Seema Jain,R.O. (Ay) CoI :Dr. Kuldeep, R.O.(Ay)

Date of IEC approval: 25.04.2022

Date of initiation

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	19.04.2022

CTRI Registration/Reference (for clinical trials) : NA

Budget allocated: F.N. 65-1 /2022-CCRAS/Admn ./Admin/AMHCP-SCSP/421
dated 02-05-2022

Sanction amount-27, 39,000/. (Twenty seven lakh thirty nine thousand only) for 1 year

Revised estimate-28,31,000/-(F.N.HQ-proj 013(11)/b/2022-proj dated 16.02.23)

Instalment wise release

S.No.	Installment	Sanction order	Date
1.	1 st – 6,84,750/-	F.N.65-1/2022-CCRAS/Admn/ AMHCP-SCSP/510	05.05.2022
2.	2 nd – 6,84,750/-	F.N.65-1/2022-CCRAS/Admn/ AMHCP-SCSP/1974	11.07.2022
3.	3 rd 6,84,750/-	F.No.65-1/2020-CCRAS/Admin/SCSP/4745	30.09.2022
4.	4 th 776750/-/-	F.N.HQ-proj 013(11)/b/2022-proj	16.02.2022

Current status: COMPLETED (April 2022 –March2023)

S.No.	Particulars	Consolidated data of the study
1.	Durations of the study	1 year
2.	Villages covered	6
3.	Visits made	207
4.	Population covered	6002
5.	No. of patients treated	4741
6.	No. of SC patients treated	3853
7.	No. of Investigations done	12986- OPD& Survey
8.	No visits by PI & Co-I	27

Summary of project:

The study was conducted after obtaining the approval of Institutional Ethics Committee. One Research Officer (Ay.) of the Institute monitored the work under the supervision of Institute In-charge and a separate name plate was affixed in the space allocated for this purpose within the institute. This SCSP Unit conducted tours and extend health care services, document information from time to time.

The following SC population dominated areas (within convenient distance) were selected by the Central Ayurvedic Research Institute for cardiovascular Diseases, functioning under Central Council for Research in Ayurvedic Sciences:-

1. PREM NAGAR
2. BALJEET NAGAR
3. KIRTI NAGAR
4. ASHOK VIHAR
5. ROHINI SECTOR-11
6. SARASWATI VIHAR

The above mentioned objectives were propagated in each of the above mentioned areas.

Under this programme, the team of CARI, New Delhi has collected different data as per format and also distributed free medicines in different illness. The laboratory investigations were also done like Hb%, FBS, PPBS free of cost for screening of HTN/DM/Anemia/Malnutrition in adults

and children belongs to SC community. During the study period from 19.04.2022 to 31.03.2023 , the team covered 6002 populations belonging to SC community in 207 visits. There were RCC/Pukka Houses in all covered areas. Majority of the houses were equipped with electricity & cooking gas, people used to take wheat, rice & pulses. People used to speak Hindi. Govt. Hospital for health care services and Govt. School for education was available nearby in each area.

Total 4741 patients, who were suffering from various ailments, were covered under this plan. Out of which, 3853 patients were belonging to SC, 888 belongs to other communities. The main prevalent diseases among these areas were *vatavyadhi*, *Sandhivata*, *Kasa*, *Shwasa*, *Madhumeha*, *TwakaRoga* and *kasa* etc.

The team had put their efforts by distributing IEC material among the masses in Hindi to make people aware about preventive measures of disease and propagation of ayurvedic concept of Pathy-Apathya. It was found that most of the prevailing diseases responded to the Ayurvedic treatment. Awareness lectures were also conducted by Principal investigator and Co-investigator on maintenance of hygiene, diet, life style and immunization on time to time.

Relevant information, if any

Area wise statement of no. of visits, house surveyed, Population covered, patients treated during the reporting period)

A. Number of Tours, Population Surveyed, Patients treated and Investigations done

Name of the Institute	Name of Villages covered	No. of tour conducted	Population			Patient treated									Investigations
			Surveyed (SC)			New			Follow up			Total			OPD
			M	F	Total	SC	Other	Total	SC	Other	Total	SC	Other	Total	
CARI, NEW DELHI	PREM NAGAR	18	348	310	658	275	19	294	182	9	191	457	28	485	1272
	BALJEET NAGAR	39	622	582	1204	572	127	699	280	68	348	852	195	1047	2810
	KIRTI NAGAR	44	564	511	1075	380	90	470	222	70	292	602	160	762	2084
	ASHOK VIHAR	39	623	621	1244	414	139	553	244	63	307	658	202	860	2456
	ROHINI SECTOR-11	39	648	647	1295	395	114	509	313	33	346	708	147	855	2439
	SARASWATI VIHAR	28	260	266	526	275	71	346	301	85	386	576	156	732	1925
	TOTAL	207	3065	2937	6002	2311	560	2871	1542	328	1870	3853	888	4741	12986

D2.) “Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factors among scheduled castes in selected states across India”

Primary Objective:

To determine the prevalence of NCDs and its association with post prandial day sleeping among scheduled castes in selected states across India.

Secondary Objectives:

- i. To study the socio demographic status of the study population.
- ii. To assess the dietary habit and exercise habit in the study population.
- iii. To determine prevalence of substance use (tobacco and alcohol) in the study population.
- iv. To study the health seeking behaviour of the participants suffering from NCDs

Study Design:

Study Type	Cross sectional survey
Study Site	Schedule Caste dominant areas
Timing	Prospective
EndPoint	Prevalence of NCDs among Schedule Caste population
Number of groups	one

Sample Size: 185

Milestone with deliverables:

Total Study Period: 12 months

i. Preparatory Period (Survey Formats finalization, permission from village/ area authorities): **1 month**

ii. Field Survey- **10 months**

Statistical Analysis/ Annual Report preparation: **1 month**

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.No.1-12/2020-CARICD/Tech/IEC Dated: 04.05.22

Methodology:

A field based survey study was carried out to find the prevalence of NCDs in the areas having residents belonging to scheduled caste predominantly. A study proforma to assess the socio-demographic profile, eating habits, Exercise habits, Addictions, Present health status, Obstetric and gynecological history and health seeking behavior was also developed.

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI, New Delhi	PI :Dr. Seema Jain, R.O. (Ay) CoI :Dr. Kuldeep, R.O.(Ay)

Date of IEC approval: 25.04.2022

CTRI Registration/Reference (for clinical trials): CTRI/2022/07/043637, 01.07.22

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	CARI, New Delhi	21.11.2022

Budget allocated: F.N. 65-1 /2022-CCRAS/Admn ./Admin/AMHCP-SCSP/421 dated 02-05-2022, under SCSP 2022-23

Current status:

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	185	185	00	study completed

Summary of project:

This is a Cross sectional survey to determine the prevalence of Non-communicable diseases and their risk factors among scheduled castes. A field-based survey was carried out to find the prevalence of NCDs in the areas having residents belonging to scheduled caste predominantly. A study proforma to assess the socio-demographic profile, eating habits, Exercise habits, Addictions, Present health status, Obstetric and gynecological history and health seeking behavior was also developed to collect the data of Non-communicable diseases and their risk factors among scheduled castes .

In this project total 185 subjects of SC Population aged more than 18 years were selected randomly from scheduled castes areas and surveyed with a specially design performa .

D3) “Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A community based randomized controlled trial ”

1. Objectives:

Primary Objectives:

- i. To evaluate the effect of *Mandur Vatak* and *Drakshavaleha* (ayurveda medicines) in improving haemoglobin (gm/dl) among scheduled caste population with moderate iron deficiency anemia

Secondary Objectives:

- i. To assess the effect of *Mandur Vatak* and *Drakshavaleha* on disease specific symptoms viz., fatigue, general weakness, dizziness, drowsiness and palpitation
- ii. To compare the tolerability of Ayurvedic formulations with that of standard of care in iron deficiency anemia

2. Study Design :

Study Type	Open label, interventional, community based, multicentre, randomized controlled study
Study Site	Schedule Caste dominant areas
Control	Yes
Timing	Prospective
Number of groups	Two
Sample- Size	40
End Point	Efficacy and Tolerability
Centres	Multi-Centric (08 Centers of CCRAS)

3. Sample Size :40

4. Milestone with deliverables:

Total Study duration 1 year
Preparatory Period: 3 months
Recruitment period: 4 months
Intervention period: 12week (each patient)
Post intervention follow up 4 week (each patient)
Statistical Analysis: 1 month
Follow-visits: every month (28th day $\pm$ 2, 56th day $\pm$ 2, 84th day $\pm$ 2, 112th day $\pm$ 2)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.No.1-12/2020-CARICD/Tech/IEC Dated: 04.05.22

5. Drug Interventions:

Group I- Intervention group

Mandur Vatak - AFI-part-I -19:2 Pg- 252

Dose: 500mg (1 tablet) Twice daily

Dosage form: Tablet

Rout of Administration: Oral

Time of Administration: just after food.

Packing form: Pack of 60 tabs.

Anupana: water

Duration of Therapy: 12 week

Drakshavaleha - AFI, Part – I, 3;15, pg- 40

Dose: 6g Twice daily

Dosage form: Awaleha

Rout of Administration: Oral

Time of Administration: just after food.

Packing form: Pack of 400gm.

Anupana: water

Duration of Therapy: 12 week

Group I- Control group

120 mg of elemental iron and 400 µg of folic acid daily for 90 days.

Tablets containing 60 mg elemental iron and 200 µg of folic acid will be given twice daily with meals for 90 days

6. Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI, New Delhi	PI :Dr. Seema Jain, R.O. (Ay) CoI:Dr. Kuldeep, R.O.(Ay)

7. Date of IEC approval : 26.04.21

8. CTRI Registration/Reference (for clinical trials) : CTRI/2021/07/034967 ,19.07.21

9. Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI, New Delhi	22.11.22

13. Budget allocated: UNDER SCSP 2022-23

14. Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	11	05	06	-

*** Target not completed due to non availability of IDA patients in limited time period.**

15. Summary of project:

This is an open label, non controlled study, 64 subjects of SC Population screened for Iron deficiency Anemia)out of which only 11 patients aged between 18 to 55 years fulfilling the inclusion criteria were enrolled in the study. *Mandoor Vatak an Drakshavaleha* was given for 12 weeks. The assessment was done every 4 weeks. Primary outcome was assessed by Mean Change in hemoglobin percentage from baseline to the end of study period and secondary outcome was assessed by Assessment of changes in disease specific symptoms, Tolerability assessed by proportion of recruited participants remaining in the trial intervention & Change in FACIT – Fatigue Scale. Laboratory investigations were carried out at baseline and at the end of treatment. One follow up assessment without treatment was carried out 4 weeks after completion of treatment. Out of these 05 patients have successfully completed the study and 06 were *dropped* out.

Relevant information, if any

D4) “Extension of activities being carried out under Poshan Abhiyaan to child care Institutions (CCIs)”

Mission POSHAN 2.0 has been launched by Finance Minister Nirmala Sitharaman in February 2021 to prevent any further backsliding of nutrition indicators. Poshan 2.0 is an Integrated Nutrition Support Programme of WCD. It seeks to address the challenges of malnutrition in children, adolescent girls, pregnant women and lactating mothers through a strategic shift in nutrition content and delivery and by creation of a convergent ecosystem to develop and promote practices that nurture health, wellness and immunity. *It shall focus on Maternal Nutrition, Infant and Young Child Feeding Norms, Treatment of MAM/SAM and Wellness through AYUSH.*

The M/o WCD is also implementing a centrally sponsored scheme namely **Mission Vatsalya Scheme** which has been formulated for ensuring comprehensive child welfare and protection through the State Government/UT Administration.

1. As per the directive of the ministry of Ayush vide letter no.V-17020/2/2020-ADS dated 22/9/2022, the Council has to extend activities being carried out under Poshan Abhiyaan to child care Institutions (CCIs) for-
 - (i) Inculcating healthy life style practices in children living in CCIs and,
 - (ii) Linkage of CCIs with Ayush centre's for nutritional supplements.

2. Services:

- a) Inculcating healthy lifestyle practices in children as per principles of Ayurveda.
- b) Nutritional supplements as per the concept of Ayurveda to the children at CCI.
- c) Periodically Health check-up for identification of MAM/SAM children, Anemia etc. and their management.
- d) Development of Poshan vatika at CCI as per feasibility.
- e) Group discussion on health, hygiene and cleanliness for children and staff of CCIs.
- f) Poem/essay competition on promotion of health and prevention of diseases through Ayurveda principles what they understood through our programme.
- g) Any other relevant activities.

Deliverables with time line fixed for the project

Target of total 4 visits fortnightly in between 15th January to March in the identified Child Care Institutions.

Deliverables achieved during the reporting period as proposed in the scheme:-

Completed 4 visits from 21.01.2021 to 31st March 2023, Approx.75 students and 3 Child Care Institutions covered.

Duration of Study: 2 month

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi	Dr. Renu Rani, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay)

IEC approval: not needed (Pilot project)

Budget allocated: F.No.HQ-CR011/2/2022-CR/5469, dated-05/01/2023

Sanctioned amount-3,50,900/. (Three lakh fifty thousand nine hundred only) for 2 month

List of Child Care Institutions

Sl. No.	Name of CCI with Address	Strength*	Age Group
1.	Asha Griha Children Home for Girls, D-41, Bagdola Village, Sector-8, Dwarka, South West, New Delhi-110077 Mob. No- 9716217229	24	8-16 yrs
2.	Asha Griha Children Home, B-215, Sector-19, Near Ambrahi Extension, Dwarka, South West, New Delhi- 110075 Mob. No- 9716217229	27	10-18 yrs
3.	Aashran Orphanage, C/o Hope Foundation, A-46, New Multan Nagar, Peeragarhi, New Delhi- 110056 Mob. No.- 8130311770	20	6 month-9 yrs

*No. of children may vary because of procedure of transfer and adoption from WCD.

Timeline

Sl. no	SERVICES	ACTIVITIES	SCHEDULE
1.	Inculcating healthy lifestyle practices in children as per principles of Ayurveda.	Lectures, IEC materials/ Charts/posers, Group discussion on health Hygiene and cleanliness, essay competition etc.	Fortnightly
2.	Nutritional supplements as per the concept of Ayurveda and medicines for general health to the children at CCI.	Distributions of nutritional supplements and medicines for improvement of health for two months	Fortnightly
3.	Periodically Health check-up for identification of MAM/SAM children, Anemia etc. and their management	Measurement of height, weight, mid-arm circumference and other anthropometric measurements as per need, Hb%, etc	Monthly
4.	Development of Poshan vatika at CCI as per feasibility.	Plantation of nutritional/common medicinal plants as per the region	Once during the program

Current status: Completed on 31.03.2023 (Jan 2023 –March2023)

S.No.	Particulars	Consolidated data of the study
9.	Durations of the study	2 Months
10.	CCI Covered	4
11.	Visits made	4 in each institute
12.	Population covered	75 approx

Summary of project:

In compliance with V-17020/2/2022-ADS dated 22.09.2022 and letter received from CCRAS headquarter (F. No.- HQ-CR011/2/2022-CR/5338 dated 29/12/2022) a pilot project entitled “Extension of activities being carried out under Poshan Abhiyaan to child Care Institutions (CCIs)”. This program was scheduled for two months from 15th January to 15th March under Mission POSHAN 2.0. The scheme named as **Mission Vatsalya Scheme** by Ministry of WCD for ensuring comprehensive child welfare and protection through state govt. It aims to pursue convergence strategy efficiently and effectively through schemes and efforts to realize desired outcomes of child welfare and protection.

3 CCIs selected for carried out activities under Mission Vatsalya were given above. The above mentioned objectives and services were propagated in each of the above mentioned areas.

Under this programme, the team of CARI, New Delhi has organized health camp to access the health status of children in prescribed format. Some of them were having complaints of cough and cold, pain in abdomen, loss of appetite, pain in knee joints, not gaining proper weight, and white spots on mouth etc. Most of the children were anemic and suffering from worm infestations. The anthropometric measurements along with laboratory investigations were also done like Hb%, to rule out Anemia/Malnutrition in children leaving in CCIs. Medicines like *Arvindasava*, *Vidangarishta*, *Kumariaasava*, *Saptamruta Loha*, *Krimimudgara Rasa*, *Lohasava*, *Kantkari Avaleha* etc. were distributed free of cost according to sign and symptoms of children. Nutritious food items like til patti, guda chikki, khajoor, dryfruits, makahana, dryfruit atta laddoo, mishtidoi, flavoured milk, roasted moongdal and seasonal fruits were also distributed to all children of CCIs

in each and every visit. *Chawanprash* and *Drakshavaleha* were also distributed as an immunobooster and immunomodulator drug.

During the study period of 2 months i.e. from 21.01.2023 to 31.03.2023, the team covered 75 children of 3 Child Care Institutions in 12 visits (4 at each institute).

The team had put their efforts by distributing IEC material among the masses in Hindi to make children aware about preventive measures of disease and propagation of ayurvedic concept of Pathy-Apathya, rules of eating and menstrual hygiene. It was found that most of the prevailing diseases responded to the Ayurvedic treatment. Most of the children covered from anemia as Hb % increased, weight gained and recurrent infection also decreased. Children were feeling energetic after taking ayurveda medicines. All the children and heads of these institutes were also obliged to ministry of Ayush and team CARI for conducting these activities in CCIs. as most of the them were aware of ayurveda Awareness lectures also conducted by Principal investigator and Co-investigator on maintenance of hygiene, diet, life style, worm infestations and immunization on time to time. Group discussion activity was also carried out on different topics. Coloring and hand writing competition were also organized to improve skill of children. A yoga session was also carried out for better understanding of yoga postures and their benefits which were demonstrated by team of CARI. Best of them awarded with attractive and useful gifts.

Relevant information, if any

E. Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

The Ministry of AYUSH has introduced a new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani, and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is to develop a culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani, and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral Pharmacovigilance Centres (PPvCCs). Total misleading advertisements have been detected from April 2022 to March 2023 and sent to Intermediary Pharmacovigilance Centers (IPvCCs), NIA, Jaipur.

Misleading Advertisements and ADR reported in 2022-23

Month	Status of misleading Advertisement(detected)	Suspected Adverse drug reaction
April 2022	18	0
May 2022	19	0
June 2022	18	0
July 2022	17	02
August 2022	24	01
September 2022	19	0
October 2022	20	0
November 2022	35	0
December 2022	52	01
January 2023	34	0
February 2023	23	0
March 2023	27	02
Total	306	06

F. LIFE PROFILE PROJECTS

1. Life Profile of Ayurveda Luminary -Vd Bhagwan Dash (Literary Study)

Dr. Sarada Ota, AD(Ay.)

Dr. Sakshi Sharma, R.O (Ay)

Dr. Shweta Mata, R.O (Ay)

Dr. Kuldeep, R.O (Ay),

Dr. Renu Rani, R.O (Ay)

2. Life Profile of Ayurveda Luminary- Vd. Prof. Shriram Sharma (Literary Study)

Dr. Sudha Kumari K.G, R.O (Ay)

3. Life Profile of Ayurveda Luminary -Vd. Labhshankar Shukla (Literary Study)

Dr. Shaizi Layeeq, R.O (Ay)

4. Life Profile of Ayurveda Luminary -Vd Bhaskarbai Hardikar (Literary Study)

Dr. Shaizi Layeeq, R.O (Ay)

5. Life Profile of Ayurveda Luminary -Dr. S.C Dhyani (Literary Study)

Dr. Shaizi Layeeq, R.O (Ay)

6. Life Profile of Ayurveda Luminary -Dr. M.S Baghel” (Literary Study)

Dr. Kishor Patel, R.O.(Ay)

G.PROJECTS IN PIPELINE

1. An investigation to evaluate the efficacy of cannabis leaf preparation along with the Cancer Chemotherapy in patients with locally advanced solid tumours in improving the quality of life and minimizing side effects of the Chemotherapy
2. To evaluate the therapeutic effect of *Apamargakshara karma* and Ayush UT ointment application with conventional Electrocautery procedure in *Garbhashya greeva mukhagatavrana* w.r.t. Cervical Erosion - A Randomized Control Trial
3. Evaluation of the efficacy of Ayush-BR Lehamas adjuvant to the standard of care in the management of Moderate malnutrition among children aged 3-5 years from Anganwadi Centers- A multi-centre randomized controlled preliminary trial
4. “Prospective Double Blind Randomized Controlled Clinical Study on Ayurvedic Intervention (*Pushkar Guggulu* and *Haritaki Churna*) in the Management of Stable Coronary Artery Disease”
5. Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study (Two Sites at Delhi Cantt & Air force hospital, Hindan- Gaziabad)

7(ii) Brief progress Report

Laboratory - Bio chemistry, Pathology& X-Ray

Pathological, Bio-Chemical and Radiological Investigations: Statement of Patients attended at OPD/IPD

1. Table showing no. of investigations done

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	2799	2674	5473
2	Biochemical Investigations	5695	5066	10761
3	Radiological Investigations	0	0	0
4	Other Investigations viz ECG, Ultra sound, Endoscopies etc.	0	0	0
Total		8494	7740	16234

2. Pathological and Bio-Chemical Investigation Report (OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	375	398	773
2	T.L.C	372	394	766
3	D.L.C	372	394	766
4	E.S.R	378	450	828
5	R.B.C	171	218	389
6	0	171	218	389
7	PLT	242	270	512
8	MP	26	18	44
9	AFC	6	11	17
10	B.T./C.T	153	63	216
11	HIV 1 & 2	70	9	79
12	HbSAg	140	59	199
13	VDRL	18	7	25
14	Urine Routine/Microscopy	132	34	166
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	1	0	1
17	HbSAg	0	0	0
18	HCV	52	2	54
19	MCV	40	43	83
20	MCH	40	43	83
21	MCHC	40	43	83
22	Blood Sugar	511	294	805

23	Total Cholesterol	179	145	324
24	Serum Triglyceride	179	145	324
25	H.D.L. Cholesterol	179	145	324
26	L.D.L. Cholesterol	179	145	324
27	V.L.D.L. Cholesterol	179	145	324
28	Serum Bilurubin	318	302	620
29	Direct Bilirubin	318	302	620
30	Indirect Bilrubin	318	302	620
31	Blood Urea	309	292	601
32	Serum Creatinine	306	301	607
33	Serum Uric Acid	313	302	615
34	S.G.O.T	317	308	625
35	S.G.P.T	317	308	625
36	Alkaline Phosphatase	311	298	609
37	Calcium	35	18	53
38	S.Protien	312	292	604
39	S.Albumin	312	292	604
40	S.Globulin	312	292	604
41	C/H	179	145	324
42	AG Ratio	312	293	605
43	HbA1C	0	0	0
44	RA Qualitative	0	0	0
45	CRP Qualitative	0	0	0
Total		8494	7740	16234

3. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	255	305	560
2	Biochemical Investigations	393	554	947
3	Radiological Investigations	0	0	0
4	Other Investigations viz ECG, Ultrasound, Endoscopies etc.	0	0	0
Total		648	859	1507

4. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	32	40	72
2	T.L.C	32	40	72
3	D.L.C	32	40	72
4	E.S.R	32	40	72
5	R.B.C	32	40	72
6	P.C.V	32	40	72
7	PLT	32	40	72
8	MP	0	0	0
9	AEC	8	2	10
10	B.T./C.T	0	0	0
11	R.A. Factor	0	0	0
12	CRP	0	0	0
13	VDRL	0	0	0
14	Urine Routine/Microscopy	11	14	25
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0
17	Sputum for AFB	0	0	0
18	MCV	4	3	7
19	MCH	4	3	7
20	MCHC	4	3	7
21	(Chikungunya) IgM	0	0	0
22	Blood Sugar	61	83	144
23	Total Cholesterol	10	14	24
24	Serum Triglyceride	10	14	24
25	H.D.L. Cholesterol	10	14	24
26	L.D.L. Cholesterol	10	14	24
27	V.L.D.L. Cholesterol	10	14	24
28	Serum Bilirubin	20	31	51
29	Direct Bilirubin	20	31	51
30	Indirect Bilirubin	20	31	51
31	Blood Urea	22	27	49
32	Serum Creatinine	21	26	47
33	Serum Uric Acid	25	27	52
34	S.G.O.T	20	31	51
35	S.G.P.T	20	31	51
36	Alkaline Phosphatase	20	31	51
37	Calcium	4	5	9

38	S.Protien	20	29	49
39	S.Albumin	20	29	49
40	S.Globulin	20	29	49
41	C/H	10	14	24
42	AG Ratio	20	29	49
43	HbA1C	0	0	0
44	RA Qualitative	0	0	0
45	CRP Qualitative	0	0	0
Total		648	859	1507

5. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	266	143	409
2	Biochemical Investigations	1097	550	1647
3	Radiological Investigations	0	0	0
4	Other Investigations viz ECG, Ultrasound, Endoscopies etc.	0	0	0
Total		1363	693	2056

6. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	34	21	55
2	T.L.C	34	21	55
3	D.L.C	34	21	55
4	E.S.R	34	22	56
5	R.B.C	32	13	45
6	P.C.V	32	13	45
7	PLT	33	15	48
8	MP	0	0	0
9	AEC	2	2	4
10	B.T./C.T	3	3	6
11	HIV 1&2	1	0	1
12	HCV	1	0	1
13	VDRL	0	0	0
14	Urine Routine/Microscopy	14	7	21
15	Stool Routine/Microscopy	0	0	0
16	Semen Analysis	0	0	0

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17	Sputum for AFB	0	0	0
18	HbsAG	3	2	5
19	MCV	3	1	4
20	MCH	3	1	4
21	MCHC	3	1	4
22	Blood Sugar	135	56	191
23	Total Cholesterol	45	17	62
24	Serum Triglyceride	47	18	65
25	H.D.L. Cholesterol	47	18	65
26	L.D.L. Cholesterol	47	18	65
27	V.L.D.L. Cholesterol	47	18	65
28	Serum Bilirubin	49	29	78
29	Direct Bilirubin	49	29	78
30	Indirect Bilirubin	49	29	78
31	Blood Urea	56	28	84
32	Serum Creatinine	54	29	83
33	Serum Uric Acid	55	29	84
34	S.G.O.T	49	30	79
35	S.G.P.T	49	30	79
36	Alkaline Phosphatase	49	29	78
37	Calcium	19	9	28
38	S.Protien	51	29	80
39	S.Albumin	51	29	80
40	S.Globulin	51	29	80
41	C/H	47	18	65
42	AG Ratio	51	29	80
43	HbA1C	0	0	0
44	RA Qualitative	0	0	0
45	CRP Qualitative	0	0	0
Total		1363	693	2056

Radiology Section April 2022 to March 2023

Sex	OPD/ IPD	Chest	Abdomen	Spine	Skull/ PNS	Upper extremities	Lower extremities	Pelvis/ extremities	Total
M	OPD	51	1	71	6	20	81	3	233
	Geriatric	13	0	22	0	2	32	2	71
M	IPD	1	0	12	0	4	2	1	20
F	OPD	30	0	182	3	17	186	6	424
	Geriatric	5	0	27	0	3	60	0	95
F	IPD	3	0	22	0	6	23	5	59
Total		103	1	336	9	52	384	17	902

7(iii) Hospital Status: O.P.D. I.P.D (No of beds sanctioned)

- OPD : OPD, Geriatric, Ksharsutra, Leech, Arthritis clinic,
Eye clinic, Preventive Cardiology clinic, ENT OPD,
Panchakarma
- IPD : 40 beds

7(iv) Pharmacy

S.No	Name of the trial & gen. Medicine	Qty. Prepared	Qty. supplied to other instt./centre/unit of the council	Qty. Used in CARI, New Delhi OPD/IPD	Balance	Remarks
1	NIL	NIL	NIL	NIL	NIL	NIL

Details of the medicines purchased during reporting year: 2022-23.

S. NO.	NAME OF FIRM	COST OF MEDICINES (in Rupees)	AMOUNT PAID (in Rupees)	BILL PENDING IF ANY	HEA D
1	IMPCL	1,46,33,290.00	1,44,61,327.00	1,71,963.00	CARI (RA)
Total Rs		1,46,33,290.00	1,44,61,327.00		

*Rs.61,60,310.00 Sixty one lakh sixty thousand three hundred ten only

Paid in advance to IMPCL for the year 2023-24 for purchase of medicines for OPD/IPD.

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr. RML hospital, Supreme Court, Safdarjung Hospital, Press Club of India, JNU, and President Estate Ayurveda treatment Centre New Delhi.

7(v) Condition of major equipments lying in the institute up to previous year

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	Vashpa Swedana Yantra	Panchakarma section	2004	Not working	-
2.	Vidhuyta Swedan Yantra	-do-	2001	Not working	-
3.	Droni (fiber)	-do-	2001	working	-
4.	Droni (fiber)	-do-	2001	working	-
5.	Nadi Swedana Yantra	-do-	2004	Not working	-
6.	Droni (massage table)	-do-	Oct 2010	working	-
7.	Geyser 2 nos.	-do-	Oct 2010	working	-
8.	Shoulder wheel	Physiotherapy Section	1999	working	-
9.	Quadriceps table	-do-	1999	working	-
10.	Static cycle	-do-	2001	working	-
11.	Traction unit	-do-	2001	Not working	-
12.	Ultrasound unit	-do-	2001	Not working	-
13.	T.E.N.S machine	-do-	2002	working	-
14.	Hydro collator	-do-	Oct 2010	working	-
15.	Wax bath	-do-	Oct 2010	working	-
16.	Tread mill	-do-	Oct 2010	working	-
17.	Inter Ferential Therapy unit (IFT)	-do-	Oct 2010	working	-
18.	B. Microscope	-do-	2005	Working	-
19.	Refrigerator	-do-	2006	Not working	-
20.	Cell counter (automated)	-do-	2008	Working	-
21.	Automated Urine Analyzer Uro-dipcheck TM 300	-do-	March, 2011	Not working	-
22.	Clinical Chemistry Analyzer EM-200	-do-	March, 2011	Not working	-
23.	Multi Utility Printer	Office use	2011	Working	-
24.	Glucose Analyzer (2)	SRP /SCSP Project	-do-	-do-	
25.	Abhyang Table (2)	-do-	-do-	-do-	
26.	Shirodhara yantra(2)	-do-	-do-	-do-	
27.	Nasya Peeth (2)	-do-	-do-	-do-	
28.	Nadi Swedan Yantra (2)	-do-	-do-	-do-	
29.	Steam Generator (2)	-do-	-do-	-do-	
30.	Vasti Yantra (2)	-do-	-do-	-do-	

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S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
31.	Almira (Glass Door) (5)	For IPD dispensary	17.11.15	-do-	
32.	Ex Table/Chair(1+1)	For Dr. Seema Jain	17.11.15	-do-	
33.	Glucometer (1)	-do-	-do-	working	
34.	B.P. Aparatus (Mercury (1))	-do-	-do-	-do-	
35.	A.C. 1.5 Ton (2) stabilizer	OPD	-do-	-do-	
36.	A.C (2 Ton) (1)	Director Chamber	01.10.15	-do-	
37.	A.C. (1.5 Ton) 01	Admn. Section	05.10.15	-do-	
38.	Panasonic EAPBX System (01)	Director's (P.A.) Room	17.09.15	-do-	
39.	Exide Inverter (01)	IPD ward	20.07.15	-do-	
40.	B.P. Aparatus (Digital) (2)	President Estate AWC unit	21.07.15	Not working	
41.	Height Measuring Scale (02)	-do-	-do-	-do-	
42.	Weighing Machine (02)	-do-	-do-	-do-	
43.	X-Ray viewing Box (02)	-do-	-do-	-do-	
44.	Hot Plate (Electric) (2)	-do-	-do-	-do-	
45.	B.P. Aparatus (Digital) (03)	IPD	02.07.15	-do-	
46.	Height measuring scale (01)	-do-	-do-	-do-	
47.	Weighing Machine (02)	-do-	-do-	-do-	
48.	Window AC (02 Ton) (3)	Path/Bio/Leech section	19.06.15	-do-	
49.	R.O.(02)	IPD	20.05.15	-do-	
50.	Water Cooler (120 ltr) (01)	Admn. Section	20.04.15	-do-	
51.	R.O. (45-50 ltr) (01)	-do-	-do-	-do-	
52.	Almira (01)	O.A. Knee Project	04.04.15	-do-	
53.	Hydraulic OT Table	OT (kshar sutra)	22.11.16	Working	
54.	Sign board (CARIGate)	Display	21.02.17	Working	

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S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
55.	Weighing machine	OPD	09.06.16	Working	
56.	Scorpio vehicle (Jeep)	SCSP project	28.11.16	Working	
57.	Bio-Matric Attendance System	CARICD staff/officers	07.06.16	Not Working	Received from HQ office
58.	High back chair (15 Nos)	For officers	23.02.17	Working	
59.	Visitor chairs		23.02.17	Working	
60.	Office table (13 Nos)	For officers	06.03.17	Working	
61.	AC 1.5 ton window (03)	Doctor cabin (02) Accounts (01)	06.08.16	Working	
62.	Stabilizer (03)	For Acs	18.11.16	Working	
63.	AC 1.5 ton window (01)	General store (01)	18.11.16	Working	
64.	AC 1.5 ton split (02)	Admn sec	18.11.16	Working	
65.	Wall fan (02)	SRP/SCSP project	31.05.16	Working	
66.	Fan (03)	PA Room /OPD Counter	05.08.16	Working	
67.	Fan (05)	Conference hall/estt	30.03.17	Working	
68.	Pedestal fan (01)	Guard room	21.04.16	Working	
69.	Printer	CVS project	15.10.16	Working	
70.	Printer	Hindi section	27.08.16	Working	
71.	Weight machine Count Scal 10 Kg	I.P.D	03.08.2017	Working	
72.	Weight machine Count Scal 05 Kg	Pharmacy	22.08.2017	Working	
73.	Tubs (G.I. steel)	Washerman	28.10.2017	Working	
74.	Usha Mixer Grader 03 JAR	Pharmacy	01.01.2018	Working	
75.	Cooler 18'', 15''	IPD, Security Room, Panchakarma,	26.05.2018	Working	
76.	Drill Machine	Electricity Work	15.10.2018	Working	
77.	Room Heater	CARICD	21.12.2018	Working	
78.	Exhaust Fan	O.P.D, Eye	26.12.2018	Working	
79.	Patients Stool SS	I.P.D Dept	10.12.2018	Working	
80.	Patient Wetting Chair	OPD/IPD	19.12.2018	Working	

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S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
81.	Computer	Doctors	18.12.2018	Working	
82.	Mattress with covers	IPD Bed	24.12.2018	Working	
83.	Bed Side Locker	IPD	04.01.2019	Working	
84.	CR System	X-Ray	16.01.2019	Working	
85.	Patient Bed (Semi fold)	IPD	26.03.2019	Working	
86.	L.P G. Stove(01)	Kitchen	330,24-5-19	Working	
87.	Revolving chair(G) (30)	Conference Room	408,21/6/19	Working	
88.	Air Condition1.5tan(W) (01)	Conference Room	0356,1/7/19	Working	
89.	Split Air Condition 1.5 Ton, Model183v czt (01)	ENT Section	1135,19/6/19	Working	
90.	Pressure cooker 10Ltr.Hawkins (02)	Kitchen	453,18/7/19	Working	
91.	Fully Bio-Chemistry Analyzer (EB-200) (01)	Chemistry Lab	1458,24/7/19	Working	
92.	Wheel Chair (02)	OPD/IPD	706, 01/8/19	Working	
93.	Food Trolleys (02)	IPD	230,10/8/19	Working	
94.	Elite 5805-part cell counter Hematology Analyser (01)	Chemistry Lab	1591, 1/8/19	Working	
95.	COMPUTER (INSTITUTE) (06)	Institute/Projects	230,10/8/19	Working	
96.	MEETING TABLE (01)	Conference Room	134, 13/7/19	Working	
97.	DESK SEATING (10)	Panchkarma	530, 3/9/19	Working	
98.	Multifunction Printer(institute) (2Pc.)	Director Chamber/ AYUSH SR Projects	52 ,11/10/19	Working	
99.	Laser Printer(3Pc.)	Institute	071, 28/9/19	Working	
100.	RO water Purification system (50Ltr.) (1Pc.)	IPD	41, 24/10/19	Working	
101.	BPE 05KVAOnL ine UPS PB1105L10 (01)	Chemistry Lab	131,26/09/19	Working	
102.	Shoe Rack (01)	Ksharsutra	0054,2/11/19	Working	

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S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
103.	Wall Fan (02)	OPD/ Gyne OPD	1140,25/02/20	Working	
104.	Canon IR ADV 4545 (set) (01)	Institute	RI/1920/207,9/03/2020	Working	
105.	Three Seat Steel Chair(05)	Institute	238. 9/03/2020	Working	
106.	Steel Almirah mm1000 (10)	Institute	,20-19/07 2020/03/18	Working	
107.	Computer (05)	A-HMIS	APS270,13/020 20	Working	
108.	Vartical Steam Sterlizer (01)	Ksharsutra	,2300 2020/3/30	Working	
109.	Door 4 Book Cases (16)	Library	202/03/0027,30 0	Working	
110.	High Vacuum Suction 0.5 (01pc)	I.P.D	718/2021, 16/2/2020	Working	
111.	HP Inter core i5 Computer (03pcs)	Doctors	812/2021, 12/3/2021	Working	
112.	Desktop USB Camera (02pcs)	Director Chamber/ Tech Cell	813/2020-21, 12/3/2021	Working	
113.	Steel Almirah (05pcs)	Doctor/IPD/ Admn	829/2020-21, 19/03/2021	Working	
114.	Luminous UPS (10pcs)	Doctors	830/2020-21, 19/3/2021	Working	
115.	Window AC 1.5 Ton (02pcs)	Doctor/Library	869/2020-21, 27/3/2021	Working	
116.	Oxygen Concentrator (01pc)	IPD	884/2021-21, 30/3/2021	Working	
117.	Llody 1.0 ton split AC (03pcs)	Doctors	891/2020-21, 27/3/2021	Working	
118.	Officer Table	Doctors	863/2020-21, 24/03/2021	Working	
119.	Mounting Wall Fan750mm (04pc)	IPD/Ksharasutra	125,16/9/21	Working	
120.	Exercise Band (1set)	Physiotherapy	679,8/12/21	Working	
121.	UPS (15pc)	Institute	221,11/12/21	Working	
122.	Induction Heater (2pc)	Panchkarma	1925,6/12/21	Working	
123.	Gas Stove (1pc)	Panchkarma	642,1/12/21	Working	
124.	PA Speaker (1pc)	Institute	732,10/12/21	Working	
125.	Usha Heater 25Ltrs. (1pc)	IPD	244,14/12/21	Working	.

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S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
126.	Computer (4pc)	A/C, Physio, Doctors, Lab	31767,14/12/21	Working	
127.	3Seater Chairs (30pc)	OPD/Ksharasutra	266,22/12/21	Working	
128.	Usha 150Ltrs Water Cooler (01pc)	IPD	623,16/12/21	Working	
129.	Revolving Chair (05pcs)	Doctors	726,23/12/21	Working	
130.	Visitor Chair (20pcs)	Director Chamber/ Doctor Chamber/ Admn.	731, 21/12/21	Working	
131.	Low Temperature deep freezer 350l (01pc)	Laboratory	1321, 15/12/21	Working	
132.	Extension board (05pcs)	Institute	600,27/12/21	Working	
133.	Room Heater singal rad (10pcs)	Institute	425,27/12/21	Working	
134.	Nadi Swedan Yantra (01pc)	Panchkarma	100001342,30/12/21	Working	
135.	Manual treatment Couch (01pc)	Physiotherapy	109,20/12/21	Working	
136.	Nadi Swedan Yantra (01pc)	Panchkarma	100001345,30/12/21	Working	
137.	Wireless Microphone (01pc)	Institute	193, 5/01/22	Working	
138.	Canon CIG Sheet Feb Scanner (02pcs)	Directors Chamber/ Accounts Section	4701,30/12/21	Working	
139.	Intellect Mobile 2 Combo Set EU (01pc)	Physiotherapy	1077,31/01/22	Working	
140.	Invertor (03pcs)	Director Chamber/ Ksharasutra/IPD	15/03/2022	Working	
141.	Steel Almirah (02pc)	Doctors	17/03/2022	Working	
142.	Split AC 1 ton (01)	Laboratory	21/03/2022	Working	
143.	Dell Computer (1 Pc)	Accounts Section	24/03/2022	Working	

7(vi) List of equipments purchased during the reporting year 2022-23.

S.N	Name of Item	Purpose for which it was purchased	Year of Purchase	Condition of Equipments	Remarks
1.	Double rod heater (05pcs)	Institute	457, 18/01/22	Working	
2.	Steel Almirah (02pcs)	Laboratory	45, 27/01/23	Working	
3.	Water cooler with RO (01pc)	Laboratory	071, 27/01/23	Working	
4.	Visitor Chairs (08pcs)	Laboratory	513, 20/01/23	Working	
5.	Table (04pc)	Laboratory	514, 21/01/23	Working	
6.	Sliding door Hot Case (04pcs)	Institute	382, 30/01/23	Working	
7.	RO+UF Portable System (01pc)	RML Hospital Unit	1649, 27/01/23	Working	
8.	Heater Double Road (07pcs)	Institutue	22232520, 3/2/23	Working	
9.	Toothless sanitizer Dispenser (02pcs)	Laboratory and	073, 6/02/23	Working	
10	Aluminium Reddal (01pc)	Pharmacy	TI/22-23/010 8/02/23	Working	
11.	Platform Trolley (01pc)	Pharmacy	TI/22-23/011 8/02/23	Working	
12.	Double Door Refrigerator (01pc)	Laboratory	DSE-22-23/58 10/02/23	Working	
13.	Steel Containers 1kg. (06pcs)	IPD	412, 3/03/23	Working	
14.	Steel Containers 10kg. (04pcs)	IPD	6363, 10/03/23	Working	
15.	Centrifuge Machine (01pc)	Laboratory	274, 27/3/23	Working	

7 (vii) Library

S.No.	Name of the books	Amount	Remarks
1	No. of Books Available Upto March, 31 st as per accession register	-	2210
2	No. of Books purchased during reporting year	-	NIL
3	Council's publications received for record /display/sale purpose	-	120
4	Books received without payment	-	NIL
5	Total No. of Books available according to accession register	-	2210

7 (viii) Hindi Section

Hindi section has been playing a leading role in following *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi, and keeping continuous efforts towards meeting the annual target. All quarterly progress reports and half-yearly progress reports are prepared on time and submitted to the Official Language Department and *NARAKAS (Town Official Language Implementation Committee)* by email and online. *Vibhagiya Rajbhasha Karyanvayan Samiti* meeting is being organized each trimester to observe the official & technical work in Hindi in every department. *Hindi Pakhwada* was successfully organized from 14th Sept to 29th Sept, 2022. This year four “*One Day Hindi workshops*” were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the institution was praised for increasing the percentage towards achieving the annual target.

Hindi workshops: 1. 29/06/2022 2. 30/09/2022 3. 22/12/2022 4. 29.03.2023

7 (ix) Medicinal Plant Garden

Institute is maintaining a medicinal plant garden for dual purposes i.e. for demonstration as well as for providing raw herbs for panchakarma and ksharasutra therapy. For identification and demonstration purposes, all the plants have their specific nameplates with their classical names, botanical names, family, and main uses. This Medicinal garden is continuously providing raw herbs for patrapotli preparation and for other decoctions also. *Madhuyashti*, *Narikel*, *Shigru*, *Haritaki*, *Ashvagandha*, *Guduchi*, *Bhrami*, *Isabgol*, *Nirgundi*, *Agnimantha*, *jati*, etc. are the main species available here. During the Ayurveda Day celebration & Poshan Pakhwada this year, exhibitions of medicinal plants were organized, to create awareness about the usage of common medicinal plants among public along with the free distribution of the Medicinal plants. This garden always remains center of attraction for visitors, students and patients.

Any collaborative studies taken up by the Institutes with details: Clinical Report-1(i)

Refer Clinical Research page no. 87-130

4-5 important photograph related to Institute activity.

Refer page No. 387 to 414

Major pending issues in brief-NA

Other Activities if **any**.-NA

Summary Hindi/English on each project-in the end: **English: 315 to 349 Hindi 350 to 386**

1) HOSPITAL STATISTICS

Out Patient Department

Statement of patients attended to OPD during different years (Since inception upto 2022-23)

Year	No. of patients attended at OPD																	Grand Total			Gross Total
	New								Old												
	Adult		Children			Total			Adult		Children			Total			M	T	F		
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F	
1982-83	-	-	-	-	-	7511	-	7289	-	-	0	-	-	13044	0	15288	20555	0	22577	43132	
1983-84	6760	6804	0	1440	1041	8200	0	7845	11375	15500	0	1441	1185	12816	0	16685	21016	0	24530	45546	
1984-85	6581	6602	0	1427	911	8008	0	7513	9256	12010	0	1352	865	10608	0	12875	18616	0	20388	39004	
1985-86	6709	7671	0	1252	913	7961	0	8584	8278	10424	0	1446	804	9724	0	11228	17685	0	19812	37497	
1986-87	6922	7927	0	1459	1075	8381	0	9002	8397	10018	0	1214	807	9611	0	10826	179920	0	19828	199748	
1987-88	6692	7852	0	6921	9022	13613	0	16874	1239	1153	0	850	710	2089	0	1863	15702	0	18737	34439	
1988-89	6110	5766	0	5962	6852	12072	0	12618	1056	822	0	698	456	1754	0	1278	13826	0	13896	27722	
1989-90	3843	2296	0	3783	2795	7626	0	5091	605	285	0	424	242	1029	0	527	8655	0	5618	14273	
1990-91	4516	3677	0	3956	3916	8472	0	7593	733	433	0	414	238	1147	0	671	9619	0	8264	17883	
1991-92	5331	5577	0	4952	6031	10283	0	11608	730	499	0	565	361	1295	0	860	11578	0	12468	24046	
1992-93	5461	5330	0	4897	5821	10358	0	11151	682	620	0	448	278	1130	0	898	11488	0	12049	23537	
1993-94	5208	4830	0	4643	5274	9851	0	10104	632	593	0	463	287	1095	0	880	10946	0	10984	21930	
1994-95	5352	5384	0	4957	5656	10309	0	11040	641	367	0	455	275	1096	0	642	11405	0	11682	23087	
1995-96	5977	7077	0	5979	7560	11956	0	14637	629	414	0	496	337	1125	0	751	13081	0	15388	28469	
1996-97	5979	6075	0	5681	6886	11660	0	12961	643	482	0	488	404	1131	0	886	12791	0	13847	26638	
1997-98	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614	
1998-99	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614	
1999-00	6390	6278	0	649	531	7039	0	6809	9825	7586	0	521	369	7346	0	7955	14385	0	14764	29149	
2000-01	6463	6215	0	5860	6240	12323	0	12455	624	472	0	420	311	1044	0	783	13367	0	13238	26605	
2001-02				14306							11609						25915			25915	

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Year	No. of patients attended at OPD																	Grand Total			Gross Total
	New								Old												
	Adult		Children			Total			Adult		Children			Total			M	T	F		
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F	
2002-03			18436								23345							41781			41781
2003-04	10633	9369	0	1326	1041	11959	0	10410	16212	15117		1164	696	17376	0	15813	29335	0	26223	55558	
2004-05	4455	4955	0	1218	977	5673	0	5932	5277	3945	0	686	648	5963	0	4593	11636	0	10525	22161	
2005-06	10078	8013	0	769	448	10847	0	8461	12792	8310	0	492	411	13284	0	8721	24131	0	17182	41313	
2006-07	11076	8875	0	1716	922	12792	0	9796	9976	8830	0	955	1144	10931	0	9974	22588	0	19950	42538	
2007-08	9446	6823	0	653	483	10099	0	7306	11920	9067	0	480	318	12400	0	9385	22499	0	16691	39190	
2008-09	9513	7378	0	685	527	10198	0	7905	12983	11101	0	502	360	13485	0	11461	23683	0	19366	43049	
2009-10	9163	7324	0	608	474	9771	0	7798	15100	11845	0	500	401	15600	0	12246	25371	0	20044	45415	
2010-11	8074	6334	0	494	397	8568	0	6731	15254	12457	0	499	407	15753	0	12864	24321	0	19595	43916	
2011-12	8459	6755	0	467	346	8926	0	7101	15112	11958	0	462	300	15574	0	12258	24500	0	19359	43859	
2012-13	8754	6794	0	460	348	9214	0	7142	16841	13535	0	433	446	17274	0	13981	26488	0	21123	47611	
2013-14	11225	8754	0	571	439	11796	0	9193	19776	15314	0	526	361	20302	0	15675	32098	0	24868	56966	
2014-15	10971	8767	0	516	376	11487	0	9053	13019	11076	0	367	1352	14810	0	11340	26297	0	20393	46690	
2015-16	16814	13398	0	805	596	17619	0	13994	19195	14140	0	572	437	19767	0	14577	37386	0	28571	65957	
2016-17	15565	12271	0	858	610	16423	0	12881	21525	15614	0	747	417	22272	0	16031	38695	0	28912	67607	
2017-18	16470	13124	0	949	660	17419	0	13784	24545	18653	0	757	517	25302	0	19170	42721	0	32954	75675	
2018-19	15072	12669	0	890	652	15962	0	13321	25583	21038	0	848	694	26431	0	21732	42393	0	35053	77446	
2019-20	15990	14491	0	844	691	16834	0	15182	30011	27655	0	1079	787	31090	0	28442	47924	0	43624	91548	
2020-21	6136	5707	3	211	161	6347	3	5868	8489	7262	0	174	133	8663	0	7395	15010	3	13263	28276	
2021-22	14503	14314	2	717	540	15220	2	14854	25953	23801	5	781	680	26734	5	24481	41954	7	39335	81296	

2) In Patient department

Statement of patients admitted/discharged during different years (Since Inception upto 2022-23)

S.No.	Year	No. of patients attended at IPD											
		ADMITTED						DISCHARGED					
		Adult		Children		Total		Adult		Children		Total	
		M	F	M	F	M	F	M	F	M	F	M	F
1	1980-81	84	95	11	4	95	99	78	95	9	4	87	99
2	1981-82	134	123	9	8	143	131	129	117	10	8	139	125
3	1982-83	197	265	12	14	209	279	197	258	13	12	210	270
4	1983-84	231	257	25	15	256	272	223	272	21	14	244	286
5	1984-85	132	214	49	27	181	241	139	221	52	28	191	249
6	1985-86	112	180	12	8	124	188	312	79	148	11	460	90
7	1986-87	127	216	33	26	160	242	91	162	23	8	114	170
8	1987-88	108	199	20	13	128	212	72	135	9	8	81	143
9	1988-89	10	28	4	1	14	29	53	93	4	1	57	94
10	1989-90	10	28	4	1	14	29	4	20	3	1	7	21
11	1990-91	57	110	24	14	81	124	51	101	22	1	73	102
12	1991-92	57	77	14	12	71	89	56	82	16	13	72	95
13	1992-93	68	136	13	5	81	141	61	130	13	5	74	135
14	1993-94	53	67	3	4	56	71	39	59	3	4	42	63
15	1994-95	40	93	15	7	55	100	37	87	13	5	50	92
16	1995-96	75	132	9	6	84	138	64	128	2	1	66	129
17	1996-97	85	121	11	8	96	129	81	108	8	6	89	114
18	1997-98	89	118	11	10	100	128	84	110	11	10	95	120
19	1998-99	86	122	10	13	96	135	76	118	7	11	83	129
20	1999-00	77	99	15	9	92	108	70	93	13	7	83	100
21	2000-01	69	96	13	11	82	107	66	88	19	9	85	97
22	2001-02	94	120	17	13	111	133	86	107	14	13	100	120

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23	2002-03	61	112	21	40	82	152	51	104	20	40	71	144
24	2003-04	158	156	22	11	180	167	149	148	22	10	171	158
25	2004-05	60	76	7	5	67	81	59	72	7	5	66	77
26	2005-06	101	127	12	4	113	131	96	116	12	4	108	120
27	2006-07	173	169	9	3	182	172	170	163	8	3	178	166
28	2007-08	101	112	0	0	101	112	104	111	0	0	104	111
29	2008-09	135	199	5	1	140	200	130	199	4	1	134	200
30	2009-10	163	190	5	4	168	194	158	180	7	6	165	186
31	2010-11	184	215	9	2	193	217	186	221	9	2	195	223
32	2011-12	124	233	7	7	131	240	128	235	4	6	132	241
33	2012-13	176	187	13	6	189	193	181	186	14	7	195	193
34	2013-14	249	280	13	3	262	283	241	272	10	3	251	275
35	2014-15	218	245	14	6	232	251	228	250	12	5	240	255
36	2015-16	212	274	20	8	232	282	215	265	18	8	233	273
37	2016-17	212	228	18	7	230	235	220	216	16	6	236	222
38	2017-18	354	363	23	11	377	374	414	352	11	11	425	363
39	2018-19	325	359	43	20	368	379	321	364	48	22	369	386
40	2019-20	281	364	34	12	315	376	290	375	34	13	324	388
41	2020-21	29	32	5	0	34	32	24	25	3	0	27	25
42	2021-22	117	118	9	1	126	119	116	117	11	1	127	118
43	2022-23	218	291	39	15	257	306	214	281	36	12	250	293

3) Disease-wise statement of patients admitted/discharged during last five years (excluding reporting period)
(1st April 2017-2018 to 31st March 2021-2022)

Sl No	Disease	Number of Patients											
		Admitted						Discharged					
		Adult		Child		Total		Adult		Child		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	Ababahuka	7	9	1	0	8	9	7	9	1	0	8	9
2	Abhishyand	4	9	1	1	5	10	4	9	1	1	5	10
3	Adhimanth	16	8	2	2	18	10	16	8	2	2	18	10
4	Ajirna	1	1	0	0	1	1	1	1	0	0	1	1
5	Amavata	30	91	1	0	31	91	29	94	1	0	30	94
6	Amlapitta	5	5	0	0	5	5	5	5	0	0	5	5
7	Apasmar	2	0	0	0	2	0	2	0	0	0	2	0
8	Apinas	2	0	0	0	2	0	2	0	0	0	2	0
9	Arajaska	0	1	0	0	0	1	0	1	0	0	0	1
10	Arbud	0	12	0	0	0	12	0	12	0	0	0	12
11	Ardit	5	10	0	0	5	10	5	10	0	0	5	10
12	Arsha	1	0	0	0	1	0	1	0	0	0	1	0
13	Artabdosa	0	20	0	0	0	20	0	20	0	0	0	20
14	Ashmari	0	0	0	0	0	0	0	0	0	0	0	0
15	Asthishosh	0	0	1	0	1	0	0	0	1	0	1	0
16	Atisthalyam	0	1	0	0	0	1	0	1	0	0	0	1
17	Bal Pakshaghata	0	0	0	0	0	0	0	0	0	0	0	0
18	Bhagandar	1	1	0	0	1	1	1	1	0	0	1	1
19	Daurbalyam	8	3	0	1	8	4	8	3	0	1	8	4
20	Ekangavata	3	5	0	0	3	5	3	5	0	0	3	5

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21	Gridhrasi	48	73	0	2	48	75	48	74	0	2	48	76
22	Grivastambha	9	13	0	0	9	13	8	13	0	0	8	13
23	Janubhed	1	0	0	0	1	0	1	0	0	0	1	0
24	Kach	10	8	0	0	10	8	10	8	0	0	10	8
25	Kampa	1	0	0	0	1	0	1	0	0	0	1	0
26	Kandu	10	9	0	1	10	10	10	9	0	1	10	10
27	Kavalvata	1	0	0	0	1	0	1	0	0	0	1	0
28	Kitibha	6	3	0	0	6	3	6	3	0	0	6	3
29	Lingnash	18	7	5	0	23	7	18	7	5	0	23	7
30	Madhumeha	3	3	0	0	3	3	3	3	0	0	3	3
31	Manyastambh	11	13	0	0	11	13	11	13	0	0	11	13
32	Nakulandha	10	2	2	2	12	4	10	2	2	2	12	4
33	Nasa Roga	2	0	0	0	2	0	2	0	0	0	2	0
34	Netra Roga	103	62	8	6	111	68	103	63	8	6	111	69
35	Others	103	86	10	7	113	93	104	88	10	7	114	95
36	Pakshaghata	176	65	4	3	180	68	176	67	4	3	180	70
37	Pandu Roga	1	0	0	0	1	0	1	0	0	0	1	0
38	Parikartika	0	1	0	0	0	1	0	1	0	0	0	1
39	Pinas	1	3	0	0	1	3	1	3	0	0	1	3
40	Prameha	1	1	0	0	1	1	1	1	0	0	1	1
41	Prastariarm	1	0	0	0	1	0	1	0	0	0	1	0
42	Raktagoto Vata	1	0	0	0	1	0	1	0	0	0	1	0
43	Raktaja Arbud	0	2	0	0	0	2	0	2	0	0	0	2
44	Raktapittam	0	1	0	0	0	1	0	1	0	0	0	1
45	Sandhi Vata	198	385	3	1	201	386	200	392	3	1	203	393
46	Saushkashipak	6	11	0	0	6	11	6	11	0	0	6	11
47	Sita pitta	1	0	0	0	1	0	1	0	0	0	1	0

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48	Soth	3	1	0	0	3	1	3	1	0	0	3	1
49	Stree Roga	0	6	0	0	0	6	0	6	0	0	0	6
50	Sukrabahasratodosha	3	0	0	0	3	0	3	0	0	0	3	0
51	Swas	2	2	0	0	2	2	2	2	0	0	2	2
52	Swetapradar	0	1	0	0	0	1	0	1	0	0	0	1
53	Timir	52	54	21	12	73	66	52	54	21	12	73	66
54	Trikshoola	100	101	0	0	100	101	99	100	0	0	99	100
55	Twamakswash	0	1	0	0	0	1	0	1	0	0	0	1
56	Udarshool	1	3	0	0	1	3	1	3	0	0	1	3
57	Unmaad	2	0	3	0	5	0	2	0	3	0	5	0
58	Vatarakta	14	32	0	0	14	32	14	31	0	0	14	31
59	Vatavyadhi	129	117	40	5	169	122	132	115	40	5	172	120
60	Vishad	1	2	0	0	1	2	1	2	0	0	1	2
61	Vivandh	0	0	1	0	1	0	0	0	1	0	1	0
Total		1114	1244	103	43	1217	1287	1117	1256	103	43	1220	1299

4) Result of treatment for the discharged patients during last five years
(excluding reporting period)
(1st April 2017-2018 to 31st March 2021-2022)

Sl No	Disease	Result of Treatment						
		Good Response	Fair Response	Poor Response	No Response	Death	Drop Out	Total
1	Ababahuka	2	9	4	0	0	2	17
2	Abhishyand	5	4	4	2	0	0	15
3	Adhimanth	10	5	7	6	0	0	28
4	Ajirna	1	1	0	0	0	0	2
5	Amavata	16	55	35	14	0	4	124
6	Amlapitta	2	5	3	0	0	0	10
7	Apasmar	0	1	1	0	0	0	2
8	Apinas	0	1	1	0	0	0	2
9	Arajaska	0	0	1	0	0	0	1
10	Arbud	5	2	4	0	0	1	12
11	Ardit	7	3	2	1	0	2	15
12	Arsha	0	0	1	0	0	0	1
13	Artav Dosa	5	8	7	0	0	0	20
14	Ashmari	0	0	0	0	0	0	0
15	Asthishosh	0	0	1	0	0	0	1
16	Atisthalyam	0	1	0	0	0	0	1
17	Bhagandar	1	1	0	0	0	0	2
18	Daurbalyam	1	4	4	2	0	1	12
19	Ekangavata	2	4	2	0	0	0	8
20	Gridhrasi	31	43	27	10	0	13	124
21	Grivastamva	9	6	4	2	0	0	21
22	Janubhed	0	1	0	0	0	0	1
23	Kach	1	3	7	7	0	0	18
24	Kampa	0	0	0	1	0	0	1
25	Kandu	5	11	3	1	0	0	20
26	Kavalvata	0	0	1	0	0	0	1
27	Kitibha	1	5	3	0	0	0	9

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28	Lingnash	4	14	7	4	0	1	30
29	Madhumeha	2	2	1	1	0	0	6
30	Manyastambh	4	6	10	4	0	0	24
31	Nakulandha	6	4	2	4	0	0	16
32	Nasa Roga	1	1	0	0	0	0	2
33	Netra Roga	22	67	75	12	0	4	180
34	Pakshaghata	37	102	68	24	2	17	250
35	Pandu Roga	0	1	0	0	0	0	1
36	Parikartika	0	0	1	0	0	0	1
37	Pinas	0	3	1	0	0	0	4
38	Prameha	1	1	0	0	0	0	2
39	Prastariarm	0	0	0	1	0	0	1
40	Raktagoto Vata	0	1	0	0	0	0	1
41	Raktaja Arbud	0	1	1	0	0	0	2
42	Raktapittam	0	1	0	0	0	0	1
43	Sandhi Vata	129	252	136	37	1	41	596
44	Saushkakshipak	5	5	4	3	0	0	17
45	Sita pitta	0	1	0	0	0	0	1
46	Soth	2	1	1	0	0	0	4
47	Stree Roga	2	3	0	0	0	1	6
48	Sukrabahasratodosha	1	0	1	0	0	1	3
49	Swas	1	1	1	1	0	0	4
50	Swetapradar	0	0	1	0	0	0	1
51	Timir	42	60	28	8	0	1	139
52	Trikshool	60	85	36	10	0	8	199
53	Twamakswash	0	1	0	0	0	0	1
54	Udarshool	2	0	2	0	0	0	4
55	Unmaad	2	1	1	0	0	1	5
56	Vata Vyadhi	72	136	54	29	0	1	292
57	Vatarakta	7	24	9	5	0	0	45
58	Vishad	0	3	0	0	0	0	3
59	Vivandh	0	0	1	0	0	0	1
60	Others	45	86	61	7	0	10	209
Total		551	1036	624	196	3	109	2519

5) Percentage of yearly bed occupancy during different years since inception upto the reporting year 2022-23

S.No	Year	No of Beds Available	Percentage of Yearly Bed Occupancy(%)
1	1980-81	50	16.34%
2	1981-82	50	36.90%
3	1982-83	50	56.15%
4	1983-84	50	70.21%
5	1984-85	50	68.70%
6	1985-86	50	28.49%
7	1986-87	50	47.85%
8	1987-88	50	51.63%
9	1988-89	50	43.10%
10	1989-90	50	5.20%
11	1990-91	50	33.86%
12	1991-92	50	29.02%
13	1992-93	50	29.70%
14	1993-94	50	34.02%
15	1994-95	50	Not available
16	1995-96	50	29%
17	1996-97	50	28.56%
18	1997-98	50	24.66%
19	1998-99	50	30.44%
20	1999-00	50	35.92%
21	2000-01	50	30.25%
22	2001-02	50	35.58%
23	2002-03	50	42.32%
24	2003-04	50	41.10%
25	2004-05	50	12.37%
26	2005-06	50	24.93%
27	2006-07	50	34.03%
28	2007-08	50	16.95%
29	2008-09	50	28.19%
30	2009-10	50	30.74%
31	2010-11	30	59.68%
32	2011-12	30	51.15%
33	2012-13	30	51.70%
34	2013-14	30	72.54%

35	2014-15	30	59.46%
36	2015-16	30	71.82%
37	2016-17	35	63.81%
38	2017-18	40	70.76%
39	2018-19	40	52.94%
40	2019-20	40	57.13%
41	2020-21	*as per COVID Guidelines 20 from 1st Feb. 2021	60.76%
42	2021-22	*as per COVID Guidelines 20 from 1st Feb. 2021 to 28th Feb 2022 **40 from 1st March 2022	*60.91% (1st April 2021 to 28th February 2022) **56.04% (1st March to 31st March)
43	2022-23	40	53.79%

Percentage of yearly Bed occupancy for the year 2022-23

$$= \frac{\text{Total days of care to the patients during the year} \times 100}{\text{No. of beds} \times \text{No. of days}}$$

$$= \frac{7853 \times 100}{40 \times 365}$$

$$= 53.79\%$$

6) Statement of Patient's admitted/discharged during the reporting year 2022-23 (To be furnished separately for assigned clinical problems)

S. No.	NA M C ID	NAMC Code	NAMC_Name	Short_definition	Carried forward from previous year						Admitted						Discharged					
					Adult		Child		Total		Adult		Child		Total		Adult		Child		Total	
					Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	4	AA	वाताव्याधि	disorders due to वात	0	3	0	0	0	3	34	36	26	11	60	47	32	35	23	9	55	44
2	2170	AAB-17	उदावर्तः (केवलवात)	obstipation	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
3	40	AAB-24	कम्पः/वेपथुः (केवलवात)	tremor (due only to वातदोष)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
4	49	AAB-33	श्रीवास्तंभ/श्रीबहुङ्गनम) केवलवात)	neck stiffness/torticollis/spasmodic torticollis (due only to वातदोष)	1	0	0	0	1	0	7	8	0	0	7	8	8	8	0	0	8	8
5	22	AAB-6	अर्दितः (केवलवात)	facial paralysis (due only to वातदोष)	0	0	0	0	0	0	2	1	0	0	2	1	2	1	0	0	2	1
6	80	AAB-63	बाधिर्यम् (केवलवात)	deafness (due only to वातदोष)	0	0	0	0	0	0	0	0	3	0	3	0	0	0	3	0	3	0
7	157	AAC-20	शृङ्गसी	sciatica	1	0	0	0	1	0	20	34	0	0	20	34	21	32	0	0	21	32
8	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	25	10	0	0	25	10	22	10	0	0	22	10
9	166	AAC-24.3	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1
10	173	AAC-31	मिन्मिन्तः	nasal voice	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
11	174	AAC-32	मान्यास्तम्भः	Stiff neck / torticollis /	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0

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12	177	AAC-35	विश्राची	brachial neuralgia/ar m pain	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
14	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	0	0	0	1	7	0	0	1	7	1	7	0	0	1	7
15	243	AAE-11	अस्थिगतवातः	aggravation of वात in अस्थि	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	0	0	0
16	248	AAE-16	सन्धिवातः	osteo-arthritis	0	3	0	0	0	3	32	66	0	0	32	66	32	65	0	0	32	65
17	326	ACB-1	अतिस्थूल्यम्	obesity (due only to कफदोष (	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
18	348	ACB-23	अग्निमान्द्यम्	impaired digestion (due only to कफदोष (	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	0
19	395	BC-1	मांसक्षयः	मांस depletion	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0
20	401	BE-1	अस्थिक्षयः	अस्थि depletion	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
21	446	CA-1	मूत्रक्षयः	Oliguria	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
22	652	EB-10.16	त्रिकसूल	sacralgia	3	1	0	0	3	1	38	45	0	0	38	45	39	46	0	0	39	46
23	536	EB-3	अजीर्णम्	indigestion	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
24	558	EB-4	अम्लपित्तम्	hyperacidity	0	0	0	0	0	0	1	1	0	0	1	1	1	1	0	0	1	1
25	585	EB-5.16	अभिघातज-अरोचकः	अरोचक due to trauma	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
26	601	EB-7	ग्रहणीदोषः	disorders of lower G.I.T	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
27	689	EC-3	ज्वरः	fever	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
28	823	EC-6	आमवातः	rheumatism due to आम	1	0	0	0	1	0	7	41	0	0	7	41	8	35	0	0	8	35
29	829	EC-8	केशरोगः	hair disorder	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
30	1024	ED-14	शीतपित्तम्	urticaria	0	0	0	0	0	0	0	1	1	0	1	1	0	1	1	0	1	1
31	850	ED-2.8	निद्रानाशः/अस्वप्नः	loss of sleep (insomnia)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
32	883	ED-4	कुष्ठम्	integumenta ry disease	0	0	0	0	0	0	1	3	0	0	1	3	1	3	0	0	1	3

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33	895	ED-4.3.1	एककुष्ठः	eka कुष्ठ	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2	0
34	905	ED-4.3.10	विचर्चिका	vicarcika-कुष्ठ/wet Eczema	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
35	919	ED-5	श्वित्रः	vitiligo/leuco derma	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
36	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	1	0	0	0	1	0	0	0	0	0	0	0	1	0	0	0	1
37	1110	EF-2	प्रमेह	diabetes mellitus	0	0	0	0	0	0	1	1	0	0	1	1	1	1	0	0	1	1
38	1161	EF-3	मेदोरोगः	obesity	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
39	1167	EG-2	अध्यस्थिः	hypertrophy of bone tissue	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
40	1173	EI-2	क्लैब्यम्	male sterility	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
41	246	EJ	मूत्रवहस्रोतोवि कारः	disorders of मूत्रवहस्रोतस्	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
42	1248	EJ-2	अश्मरी	lithiasis/urol ithiasis/neph rolithiasis	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
43	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	0	0	1	1	0	0	1	1	0	1	0	0	0	1
44	1374	EL-2.24	वन्ध्या	primary infertility	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
45	1383	EL-3	आर्तवदोषः/आ र्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
46	1421	EM	मनोवहस्रोतोवि कारः	disorders of मनोवहस्रोतस्	0	0	0	0	0	0	2	2	0	0	2	2	2	2	0	0	2	2
47	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
48	1543	FA-3	खालित्यम्/खल ति	baldness	0	0	0	0	0	0	3	1	0	0	3	1	3	1	0	0	3	1
49	662	H	नेत्ररोगः/अक्षि रोगः	ophthalmic diseases	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2	0
50	1745	HF-2	अधिमन्यः	glaucoma	0	0	0	0	0	0	4	0	0	0	4	0	4	0	0	0	4	0
51	1754	HF-7	शुष्काक्षिपाकः		0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0

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52	176 1	HG-1	तिमिरः	partial or total blindness/a maurosis/a metropia/pa rtial	0	0	0	0	0	0	14	12	5	1	19	13	14	11	5	1	19	12
53	178 5	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	5	0	0	0	5	0	5	0	0	0	5	0
54	181 4	I-1	प्रतिश्यायः/पी नसः		0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
55	181 7	I-1.3	वातजप्रतिश्याय ः	प्रतिश्याय due to वात	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
56	185 3	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
57	182 8	I-3	नासाशोषः		0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
58	204 0	LD- 1.12	मणिबन्ध- मर्मविद्धः	[loss of motor function of hand]	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
59	217 0	MD- 11	दौर्बल्यम्	debility	0	0	0	0	0	0	2	1	0	0	2	1	1	1	0	0	1	1
60	217 7	MD- 17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1
Total					6	8	0	0	6	8	218	291	39	15	255	306	214	281	36	12	250	293

7) Results of treatment for the patients discharged during the reporting year 2022-23 (To be furnished separately for assigned clinical problems and general patients treated):

Sl No	Disease Code	Disease	Result of Treatment						
			Good Response	Fair Response	Poor Response	No Response	Drop Out	Death	Total
1	AA	वाताव्याधि	16	34	25	24	0	0	99
2	AAB-6	अर्दितः (केवलवात (	1	2	0	0	0	0	3
3	AAB-17	उदावर्तः (केवलवात (	0	1	1	0	0	0	2
4	AAB-24	कम्पः/वेपथुः (केवलवात (	0	1	0	0	0	0	1
5	AAB-33	ग्रीवास्तंभ/ग्रीबहुंडनम) केवलवात (	9	6	1	0	0	0	16
6	AAB-63	बाधिर्यम्) केवलवात (	1	2	0	0	0	0	3
7	AAC-20	गृध्रसी	26	19	7	1	0	0	53
8	AAC-24	पक्षाघातः/पक्षवधः	5	13	5	9	0	0	32
9	AAC-24.3	बाल-पक्षाघातः	0	1	0	0	0	0	1
10	AAC-31	मिन्मिनः	0	1	0	0	0	0	1
11	AAC-32	मान्यास्तम्भः	0	1	0	0	0	0	1
12	AAC-35	विश्वाची	0	1	0	0	0	0	1
13	AAC-37	शिरोग्रहः	1	0	0	0	0	0	1
14	AAC-8	अवबाहुकः	3	3	1	1	0	0	8
15	AAE-11	अस्थिगतवातः	0	0	0	0	0	0	0
16	AAE-16	सन्धिवातः	36	40	7	14	0	0	97
17	ACB-1	अतिस्थूल्यम्	0	1	0	0	0	0	1
18	ACB-23	अग्निमान्द्यम्	0	0	0	0	0	0	0
19	BC-1	मांसक्षयः	0	0	0	0	0	0	0
20	BE-1	अस्थिक्षयः	0	0	1	0	0	0	1
21	CA-1	मूत्रक्षयः	0	0	2	0	0	0	2
22	EB-10.16	त्रिकक्षूल	37	29	11	8	0	0	85
23	EB-3	अजीर्णम्	1	0	0	0	0	0	1
24	EB-4	अम्लपित्तम्	0	1	1	0	0	0	2
25	EB-5.16	अभिघातज-अरोचकः	0	0	1	0	0	0	1
26	EB-7	ग्रहणीदोषः	0	1	0	0	0	0	1
27	EC-3	ज्वरः	0	0	0	1	0	0	1
28	EC-6	आमवातः	14	17	10	2	0	0	43

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29	EC-8	केशरोगः	1	0	0	0	0	0	1
30	ED-14	शीतपित्तम्	1	1	0	0	0	0	2
31	ED-2.8	निद्रानाशः/अस्वप्नः	0	1	0	0	0	0	1
32	ED-4	कुष्ठम्	0	1	2	1	0	0	4
33	ED-4.3.1	एककुष्ठः	0	0	1	1	0	0	2
34	ED-4.3.10	विचर्चिका	0	1	0	0	0	0	1
35	ED-5	श्वित्रः	1	0	0	0	0	0	1
36	ED-8	वातरक्तम्	0	0	0	1	0	0	1
37	EF-2	प्रमेह	0	2	0	0	0	0	2
38	EF-3	मेदोरोगः	0	0	1	0	0	0	1
39	EG-2	अध्यस्थिः	0	0	1	0	0	0	1
40	EI-2	क्लैब्यम्	0	1	0	0	0	0	1
41	EJ	मूत्रवहस्रोतोविकारः	0	0	0	1	0	0	1
42	EJ-2	अश्मरी	0	1	0	0	0	0	1
43	EK-4	उदर/उदररोगः	0	0	1	0	0	0	1
44	EL-2.24	वन्ध्या	0	0	0	1	0	0	1
45	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	1	1	0	0	0	0	2
46	EM	मनोवहस्रोतोविकारः	0	2	1	1	0	0	4
47	EM-3	अपस्मारः	1	0	0	0	0	0	1
48	FA-3	खालित्यम्/खलति	1	3	0	0	0	0	4
49	H	नेत्ररोगः/अक्षिरोगः	0	2	0	0	0	0	2
50	HF-2	अधिमन्थः	1	3	0	0	0	0	4
51	HF-7	शुष्काक्षिपाकः	1	0	0	0	0	0	1
52	HG-1	तिमिरः	8	19	3	1	0	0	31
53	HG-3	लिङ्गनाशः	2	3	0	0	0	0	5
54	I-1	प्रतिश्यायः/पीनसः	1	1	0	0	0	0	2
55	I-1.3	वातजप्रतिश्यायः	0	1	0	0	0	0	1
56	I-16	नासार्शः	0	2	0	0	0	0	2
57	I-3	नासाशोषः	1	0	0	0	0	0	1
58	LD-1.12	मणिबन्ध-मर्मविद्धः	0	1	0	0	0	0	1
59	MD-11	दौर्बल्यम्	0	2	0	0	0	0	2
60	MD-17	फक्क-रोगः	0	0	0	1	0	0	1
Total			170	222	83	68	0	0	543

8) Disease wise average duration of hospitalisation during the reporting period 2020-21 (based on days of care to the patients discharged excluding cases of death and LAMA.

Average duration of hospitalisation (of a particular disease) =

Total days of care provided to (for a particular disease) the patient
discharged

No. of patients discharged

Sl. No	Disease	Average duration of hospitalization
1	वाताव्याधि	15.29
2	उदावर्तः (केवलवात)	11.5
3	कम्पः/वेपथुः (केवलवात)	14
4	ग्रीवास्तंभ/ग्रीबहुंडनम (केवलवात)	16.06
5	अर्दितः (केवलवात)	7.33
6	बाधिर्यम् (केवलवात)	11
7	गृध्रसी	13.45
8	पक्षाघातः/पक्षवधः	18.08
9	बाल-पक्षाघातः	25
10	मिन्मिनः	11
11	मान्यास्तम्भः	8
12	विश्वाची	1
13	शिरोग्रहः	11
14	अवबाहुकः	15.12
15	अस्थिगतवातः	7
16	सन्धिवातः	15.44
17	अतिस्थौल्यम्	7
18	अग्निमान्द्यम्	18
19	मांसक्षयः	12
20	अस्थिक्षयः	2
21	मूत्रक्षयः	16.5
22	त्रिकक्षूल	13.55
23	अजीर्णम्	23
24	अम्लपित्तम्	5.5
25	अभिघातज-अरोचकः	18
26	ग्रहणीदोषः	10

27	ज्वरः	1
28	आमवातः	15.24
29	केशरोगः	3
30	शीतपित्तम्	2.5
31	निद्रानाशः/अस्वप्नः	11
32	कुष्ठम्	7.5
34	एककुष्ठः	7
35	विचर्चिका	10
36	श्वित्रः	3
37	वातरक्तम्	1
38	प्रमेह	6.5
39	मेदोरोगः	1
40	अध्यस्थिः	13
41	क्लैब्यम्	4
42	मूत्रवहस्रोतोविकारः	2
43	अश्मरी	4
44	उदर/उदररोगः	19
45	वन्ध्या	7
46	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	2
47	मनोवहस्रोतोविकारः	6
48	अपस्मारः	17
49	खालित्यम्/खलति	6
50	नेत्ररोगः/अक्षिरोगः	5.5
51	अधिमन्थः	7
52	शुष्काक्षिपाकः	8
53	तिमिरः	6.75
54	लिङ्गनाशः	8.4
55	प्रतिश्यायः/पीनसः	8
56	वातजप्रतिश्यायः	6
57	नासार्शः	10.5
58	नासाशोषः	7
59	मणिवन्ध-मर्मविद्धः	21
60	दौर्बल्यम्	8.66
61	फक्क-रोगः	14

9) Statement of patients attended at OPD during the reporting year 2022-23

S. No.	NAM C ID	NAMC Code	NAMC_Na me	Short_definit ion	No. of patients treated																			G ra nd To tal (M +F)		
					New									Follow up									Total			
					Adult			Child		Total			Adult			Child		Total								
					M	F	T	M	F	M	T	F	M	F	T	M	F	T	M	F	M	T	F		M	T
1	147	AAC-12	आध्मानम् / आनाहः	distension/ty mpanites/me teorism or painful abdominal distension	60	47	0	5	0	65	0	47	153	95	0	0	0	153	0	95	218	0	142	36 0		
2	2983	AAC- 12.4	विबन्ध	simple constipation	283	167	0	18	8	301	0	175	418	261	0	11	5	429	0	266	730	0	441	11 71		
3	152	AAC-15	एकाङ्गवातः	monoplegia	14	7	0	0	0	14	0	7	19	21	0	0	0	19	0	21	33	0	28	61		
4	154	AAC-17	क्रोष्ठकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
6	157	AAC-20	शृङ्गरी	sciatica	191	293	0	0	0	191	0	293	505	462	0	0	0	505	0	462	696	0	755	14 51		
7	163	AAC-24	पक्षाघातः/पक्ष वधः	hemiplegia/h emiparesis	194	74	0	2	1	196	0	75	460	265	0	6	11	466	0	276	662	0	351	10 13		
8	166	AAC- 24.2	बाल- पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
10	172	AAC-30	पङ्गुः) केवलवात (	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/sp asmodic torticollois	38	34	0	0	0	38	0	34	117	122	0	0	0	117	0	122	155	0	156	31 1		
12	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	3	0	0	0	0	3	0	0	12	8	0	0	0	12	0	8	15	0	8	23		
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
14	135	AAC-4	अर्दितः	facial paralysis	17	11	0	1	0	18	0	11	38	21	0	0	0	38	0	21	56	0	32	88		
15	139	AAC-6	अस्थिशोषः	osteopenia/os teoporosis	1	15	0	1	3	2	0	18	29	8	0	1	0	30	0	8	32	0	26	58		

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16	141	AAC-8	अवबाहुकः	frozen shoulder	96	92	0	0	0	96	0	92	182	186	0	0	0	182	0	186	278	0	278	556
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	9	12	0	0	0	9	0	12	47	9	0	0	0	47	0	9	56	0	21	77
18	248	AAE-16	सन्धिवातः	osteo-arthritis	1749	2599	0	11	5	1760	0	2604	3355	4302	0	8	9	3363	0	4311	5123	0	6915	12038
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	285	ABB-24	दाहः	burning sensation	20	6	0	0	0	20	0	6	36	28	0	0	0	36	0	28	56	0	34	90
21	287	ABB-26	पालित्य	premature graying of hair	38	18	0	0	0	38	0	18	43	14	0	0	0	43	0	14	81	0	32	113
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	64	50	0	20	14	84	0	64	139	144	0	44	26	183	0	170	267	0	234	501
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation /hypomenorrhoea/oligomenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	2	0	0	0	0	0	2	0	3	0	0	0	0	0	3	0	0	5	5
25	420	BI	राजयक्ष्मा	consumption	3	0	0	0	0	3	0	0	5	0	0	0	0	5	0	0	8	0	0	8
26	471	EA-2	हिक्का	hiccup/singultus	5	0	0	0	0	5	0	0	18	0	0	0	0	18	0	0	23	0	0	23
27	480	EA-3	कासः	cough / tussis	354	285	0	51	70	405	0	355	448	399	0	34	38	482	0	437	887	0	792	1679
28	500	EA-5	स्वरभेदः	dysphonia	8	0	0	0	5	8	0	5	4	0	0	0	0	4	0	0	12	0	5	17
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	2	1	0	0	0	2	0	1	0	0	0	0	0	0	0	0	2	0	1	3
30	633	EB-10	शूलः	colicky pain/abdominal colic	296	381	0	13	11	309	0	392	483	615	0	10	9	493	0	624	802	0	1016	1818
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	3	4	0	0	0	3	0	4	18	33	0	0	0	18	0	33	21	0	37	58
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33	650	EB-10.14	हृदयशूलः	cardialgia/pr ecordial pain	16	2	0	3	0	19	0	2	15	3	0	2	0	17	0	3	36	0	5	41
34	651	EB-10.15	पार्श्वशूलः	flank pain	22	16	0	0	0	22	0	16	23	25	0	0	0	23	0	25	45	0	41	86
35	656	EB-11	उदावर्तः	obstipation	98	84	0	0	0	98	0	84	182	172	0	0	0	182	0	172	280	0	256	536
36	676	EB-12	परिकर्तिका	proctalgia	499	364	1	4	3	503	1	367	1189	743	5	9	12	1198	5	755	1701	6	1122	2829
37	515	EB-2	अतिसारः	diarrhoea	21	14	0	1	1	22	0	15	28	6	0	0	2	28	0	8	50	0	23	73

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38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
41	536	EB-3	अजीर्णम्	indigestion	304	212	0	5	7	309	0	219	518	373	0	18	4	536	0	377	845	0	596	14 41
42	543	EB-3.7	विसूचिका	acute gastroenterit is	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
43	558	EB-4	अम्लपित्तम्	hyperacidity	306	260	0	1	0	307	0	260	526	399	0	0	0	526	0	399	833	0	659	14 92
44	586	EB-6	छर्दिः	vomiting/em esis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro- intestinal tract	133	85	0	19	5	152	0	90	231	142	0	5	0	236	0	142	388	0	232	62 0
46	611	EB-8	गुल्मः	lump	3	5	0	0	0	3	0	5	6	3	0	0	0	6	0	3	9	0	8	17
47	628	EB-9	प्रवाहिका	dysentery	9	0	0	0	0	9	0	0	34	0	0	0	0	34	0	0	43	0	0	43
48	681	EC-2	हृद्रोगः	heart disease	157	81	0	0	0	157	0	81	302	156	0	0	0	302	0	156	459	0	237	69 6
49	689	EC-3	ज्वरः	fever / pyrexia	135	153	0	23	28	158	0	181	192	183	0	13	33	205	0	216	363	0	397	76 0
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
52	812	EC-5	पाण्डुरोगः	anaemia	7	59	0	5	1	12	0	60	21	116	0	5	9	26	0	125	38	0	185	22 3
53	823	EC-6	आमवातः	rheumatism due to आम	161	499	0	3	0	164	0	499	366	949	0	0	0	366	0	949	530	0	1448	19 78
54	828	EC-7	अरुचिः	anorexia	2	8	0	2	2	4	0	10	14	9	0	1	0	15	0	9	19	0	19	38
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	5	5	0	1	1	6	0	6	36	7	0	0	0	36	0	7	42	0	13	55
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
57	1017	ED-12	प्लीहोदरः	spleenomegal y	5	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	5	0	0	5
58	1024	ED-13	क्षीपदः	filariasis	3	1	0	0	0	3	0	1	8	1	0	0	0	8	0	1	11	0	2	13
59	1029	ED-14	शीतपित्तम्	urticaria with vata	61	41	0	2	0	63	0	41	78	89	0	18	2	96	0	91	159	0	132	29 1

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				predominanc e																				
60	1031	ED-15	उदरदः	urticaria with kapha predominanc e	2	6	0	0	0	2	0	6	4	5	0	0	0	4	0	5	6	0	11	17
61	1033	ED-16	भगन्दरः	fistula-in-ano	343	101	0	3	0	346	0	101	953	176	0	16	2	969	0	178	1315	0	279	1594
62	838	ED-2.2	कण्डूः	pruritis	634	680	0	52	35	686	0	715	813	851	0	40	44	853	0	895	1539	0	1610	3149
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	44	40	0	0	0	44	0	40	53	55	0	0	0	53	0	55	97	0	95	192
64	874	ED-3	कामला	jaundice	7	14	0	1	0	8	0	14	29	28	0	4	2	33	0	30	41	0	44	85
65	883	ED-4	कुष्ठम्	integumenta ry disease	240	222	0	31	15	271	0	237	484	438	0	26	25	510	0	463	781	0	700	1481
66	905	ED-4.3.10	विचर्चिका	wet eczema	31	13	0	0	0	31	0	13	41	59	0	0	0	41	0	59	72	0	72	144
67	897	ED-4.3.3	किटिभः	psoriasis	70	26	0	2	0	72	0	26	106	79	0	0	1	106	0	80	178	0	106	284
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	7	12	0	0	0	7	0	12	16	40	0	0	0	16	0	40	23	0	52	75
69	900	ED-4.3.6	दह-कुष्ठः	ringworm / tinea	102	58	0	1	0	103	0	58	156	94	0	4	5	160	0	99	263	0	157	420
70	902	ED-4.3.8	पामा	scabies	8	2	0	0	0	8	0	2	0	0	0	0	0	0	0	0	8	0	2	10
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	64	36	0	21	16	85	0	52	125	75	0	19	27	144	0	102	229	0	154	383
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74	944	ED-7	रक्तपित्तम्		3	1	0	0	0	3	0	1	12	0	0	0	0	12	0	0	15	0	1	16
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	84	124	0	0	0	84	0	124	225	337	0	0	0	225	0	337	309	0	461	770
76	972	ED-9	विद्रधिः	abscess	0	4	0	0	0	0	0	4	0	0	0	0	0	0	0	0	0	0	4	4
77	1064	EE-2	अर्बुदः	tumor	23	75	0	0	0	23	0	75	26	150	0	0	1	26	0	151	49	0	226	275
78	1074	EE-3	अर्शः	haemorrhoid s	773	323	1	10	4	783	1	327	1466	597	0	11	14	1477	0	611	2260	1	938	3199
79	1095	EE-4	ग्रन्थिः	cyst	174	207	0	5	7	179	0	214	333	459	0	20	12	353	0	471	532	0	685	1217
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	376	206	0	1	0	377	0	206	592	334	0	0	0	592	0	334	969	0	540	1509
81	1161	EF-3	मेदोरोगः	obesity	45	64	0	2	0	47	0	64	65	129	0	1	3	66	0	132	113	0	196	309
82	1163	EF-4	पिडका	eruption	19	1	0	1	0	20	0	1	6	0	0	0	0	6	0	0	26	0	1	27
83	1173	EI-2	क्लैब्यम्	male infertility	56	0	0	0	0	56	0	0	108	0	0	0	0	108	0	0	164	0	0	164
84	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	6	3	0	0	0	6	0	3	27	5	0	0	0	27	0	5	33	0	8	41

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85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	18	0	0	0	0	18	0	0	32	0	0	0	0	32	0	0	50	0	0	50
86	1248	EJ-2	अश्मरी	lithiasis/uroli thiasis/nephrolithiasis	201	120	0	1	1	202	0	121	304	229	0	5	2	309	0	231	511	0	352	863
87	1258	EJ-3	मूत्राघातः	urinary retention	111	65	0	8	1	119	0	66	271	165	0	8	3	279	0	168	398	0	234	632
88	1266	EJ-3.6	वाताडीला	prostatic enlargement	45	0	0	0	0	45	0	0	101	0	0	0	0	101	0	0	146	0	0	146
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	105	66	0	0	0	105	0	66	165	96	0	8	5	173	0	101	278	0	167	445
90	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	श्वयशुः/शोथः /शोफः	oedema/inflammation	185	190	0	3	2	188	0	192	259	371	0	3	4	262	0	375	450	0	567	1017
92	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93	1337	EK-4.6	यकृद्वालयुदरः	hepatomegaly	172	103	0	0	0	172	0	103	295	221	0	0	0	295	0	221	467	0	324	791
94	1338	EK-4.7	बद्धयुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोदरः	ascites	4	4	0	0	0	4	0	4	9	0	0	0	0	9	0	0	13	0	4	17
97	1360	EL-2.10	उदातिनी	dysmennorrhoea	0	11	0	0	0	0	0	11	0	17	0	0	0	0	0	17	0	0	28	28
98	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101	1374	EL-2.24	वन्ध्या	female infertility	0	49	0	0	0	0	0	49	0	87	0	0	0	0	0	87	0	0	136	136
102	1377	EL-2.27	योनिक्लदः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104	1359	EL-2.9	अरजस्का	amenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	54	0	0	1	0	0	55	0	65	0	0	0	0	0	65	0	0	120	120

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106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	316	0	0	0	0	0	316	0	490	0	0	0	0	0	490	0	0	806	806
107	1402	EL-7.1	गर्भस्त्रावः	miscarriage-before fourth month	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	10	6	0	0	0	10	0	6	18	20	0	0	0	18	0	20	28	0	26	54
112	1423	EM-2	उन्मादः	psychosis/insanity	4	0	0	0	0	4	0	0	4	0	0	0	4	0	0	8	0	0	8	8
113	1457	EM-3	अपस्मारः	epilepsy	20	3	0	6	0	26	0	3	44	8	0	0	0	44	0	8	70	0	11	81
114	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia	126	211	0	2	7	128	0	218	196	339	0	4	2	200	0	341	328	0	559	887
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120	1530	F-8	अर्धविभेदकः	hemicrania	37	93	0	1	0	38	0	93	73	122	0	0	0	73	0	122	111	0	215	326
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	144	126	0	6	0	150	0	126	189	179	0	3	14	192	0	193	342	0	319	661
123	1548	FA-4	दारुणकः	pytiriasis capitis	7	6	0	0	0	7	0	6	27	3	0	0	0	27	0	3	34	0	9	43
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	1	2	0	0	0	1	0	2	1	0	2	3
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126	1583	GC	दन्तगतरोगः	tooth disorders	16	15	0	0	2	16	0	17	24	24	0	0	0	24	0	24	40	0	41	81

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127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129	1616	GF	कण्ठरोगः	throat disorders	27	18	0	2	1	29	0	19	40	21	0	3	2	43	0	23	72	0	42	114
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133	1643	GF-19	गलगण्डः	goiter	10	16	0	0	0	10	0	16	12	29	0	4	0	16	0	29	26	0	45	71
134	1649	GG	मुखपाकः	stomatitis	65	47	0	2	0	67	0	47	87	94	0	9	8	96	0	102	163	0	149	312
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	32	19	0	1	1	33	0	20	50	37	0	2	2	52	0	39	85	0	59	144
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141	1720	HD-1	प्रस्तरि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	103	158	0	11	6	114	0	164	189	178	0	8	10	197	0	188	311	0	352	663
143	1745	HF-2	अधिमन्थः	glaucoma	12	9	0	0	0	12	0	9	23	14	0	0	0	23	0	14	35	0	23	58
144	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	41	58	0	0	0	41	0	58	62	97	0	0	5	62	0	102	103	0	160	263
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	321	328	0	37	26	358	0	354	452	420	0	45	44	497	0	464	855	0	818	1673
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	5	3	0	0	0	5	0	3	9	3	0	0	0	9	0	3	14	0	6	20
147	1778	HG-2	काचः	moderate low vision	85	74	0	0	0	85	0	74	166	148	0	3	0	169	0	148	254	0	222	476
148	1785	HG-3	लिङ्गनाशः	complete blindness	19	5	0	0	0	19	0	5	31	1	0	4	0	35	0	1	54	0	6	60
149	1813	I	नासारोगः	nose diseases	11	13	0	1	6	12	0	19	21	22	0	4	1	25	0	23	37	0	42	79
150	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	245	200	0	36	50	281	0	250	300	274	0	36	40	336	0	314	617	0	564	1181

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151	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	4	2	0	0	0	4	0	2	6	0	0	0	0	6	0	0	10	0	2	12
152	1853	I-16	नासाशः	nasal polyp	8	5	0	0	0	8	0	5	12	12	0	0	0	12	0	12	20	0	17	37
153	1832	I-6	अपीनसः	chronic rhinitis	0	3	0	0	0	0	0	3	17	16	0	0	0	17	0	16	17	0	19	36
154	1860	J	कर्णरोगः	ear diseases	30	23	0	5	3	35	0	26	29	29	0	3	5	32	0	34	67	0	60	127
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1880	J-14	कर्ण-स्त्रावः	otorrhoea	21	14	0	4	0	25	0	14	29	36	0	0	0	29	0	36	54	0	50	104
157	1896	J-19	बाधिर्यम्	deafness	32	21	0	5	2	37	0	23	58	36	0	7	3	65	0	39	102	0	62	164
158	1897	J-20	कर्णशूलः	earache/otalgia	44	46	0	2	1	46	0	47	73	48	0	2	1	75	0	49	121	0	96	217
159	1869	J-9	कर्ण-नादः	tinnitus	17	2	0	0	0	17	0	2	21	11	0	0	0	21	0	11	38	0	13	51
160	1913	K	व्रणः	wounds	55	17	0	0	3	55	0	20	108	33	0	0	0	108	0	33	163	0	53	216
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	20	0	0	0	0	20	0	0	39	3	0	0	0	39	0	3	59	0	3	62
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163	1971	LA	भग्नः) अस्थिभग्नः (	fracture	19	7	0	0	0	19	0	7	37	8	0	0	0	37	0	8	56	0	15	71
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167	2170	MD-11	दौर्बल्यम्	debility	706	539	0	74	51	780	0	590	949	752	0	76	89	1025	0	841	1805	0	1431	3236
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	17	8	17	0	8	0	0	0	14	11	14	0	11	31	0	19	50
169	2173	MD-14	कुक्षकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	14	10	14	0	10	0	0	0	5	6	5	0	6	19	0	16	35
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173	2184	N	कृमिः/सञ्जात कृमि	worm infestation	2	6	0	18	32	20	0	38	0	2	0	18	24	18	0	26	38	0	64	102
174	2250	O-14	कदरः	corn /callosity	2	0	0	0	0	2	0	0	3	1	0	0	3	3	0	4	5	0	4	9
175	2251	O-15	कुनखः	paronychia	23	6	0	0	1	23	0	7	43	23	0	0	0	43	0	23	66	0	30	96
176	2255	O-18	गुदभ्रंशः	rectal prolapse	25	5	0	0	0	25	0	5	52	7	0	0	2	52	0	9	77	0	14	91
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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178	2266	O-25	निरुद्धप्रकशः	phimosi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
180	2280	O-35	युवानपिडका) मुखदूषिका (	pimples	104	102	0	4	1	108	0	103	153	114	0	6	2	159	0	116	267	0	219	48 6
181	2284	O-39	इन्द्रलुप्तः	alopecia	16	10	0	2	0	18	0	10	39	36	0	2	0	41	0	36	59	0	46	10 5
182	2287	O-42	व्यङ्गः	black patches on face / melasma	12	19	0	0	0	12	0	19	45	23	0	0	0	45	0	23	57	0	42	99
183	2243	O-7	अरुंधिका	eruptions on head having multiple openings/furunculosis	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	1	
184	1110	EF-2	प्रमेहः	diabetes mellitus	227	147	0	4	2	231	0	149	412	268	0	2	0	414	0	268	645	0	417	10 62
185	4	AA	वातव्याधिः	disorders due to vāta	570	722	0	49	32	619	0	754	925	1016	0	79	51	1004	0	106 7	1623	0	1821	34 44
186	1324	EK-4	उदर/उदररोग ोः	ascites	512	462	0	40	32	552	0	494	921	733	0	51	39	972	0	772	1524	0	1266	27 90
187	489	EA-4	श्वासः	dyspnoea	232	169	0	13	6	245	0	175	450	325	0	15	5	465	0	330	710	0	505	12 15
188	49	AAB-33	ग्रीवास्तम्भः) केवलवात (	neck stiffness/torticollis/spasmodic torticollis (due only to vātadōṣa)	143	186	0	0	0	143	0	186	243	305	0	0	0	243	0	305	386	0	491	87 7
189	1383	EL-3	आर्तवदोषः/ आर्तवदुष्टिः/र जोदोषः	menstrual disorders	0	390	0	0	1	0	0	391	0	689	0	0	0	0	0	689	0	0	1080	10 80
190	1605	GE-2	गलग्रहः	throat spasm	1	1	0	0	0	1	0	1	2	1	0	0	0	2	0	1	3	0	2	5
191	72	AAB-55	पादशूलः) केवलवात (	leg pain (due only to vātadōṣa)	52	44	0	3	3	55	0	47	107	72	0	0	0	107	0	72	162	0	119	28 1
192	494	EA-4.5	तमकश्वासः	the disorder is characterized by pīnasam [cold, catarrh], ghurghurakam-----mōham [confusion/de	43	24	0	2	0	45	0	24	98	36	0	16	0	114	0	36	159	0	60	21 9

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				lirium], savēpathuḥ [tremor]																				
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	5	0	0	0	0	0	5	0	11	0	0	0	0	0	11	0	0	16	16
194	1421	EM	मनोबहस्रोतोव टिकारः	disorders of manōvahasr ōtas	98	55	0	4	0	102	0	55	228	94	0	5	1	233	0	95	335	0	150	48 5
195	3573	I:10	Hypertensio n(BP)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterize d by śūkrābha mūtra ----- like appearance of urine], micturition]	113	0	0	0	0	113	0	0	201	0	0	0	0	201	0	0	314	0	0	31 4
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterize d by nyagrōdhapr arōhasadrśa gudāñkurāḥ [anal sprouts as shoots of indian fig tree], vidrumasann ibhāḥ ----- sensory organs]	42	16	0	0	0	42	0	16	61	1	0	0	0	61	0	1	103	0	17	12 0
198	1606	GE-3	तुण्डिकेरी	the disorder is characterize d by sthūla śōpha [large swelling], sthūla śōtha [large swelling], tōdah ----- temporoman dibular joint]	10	4	0	1	2	11	0	6	27	4	0	3	0	30	0	4	41	0	10	51
199	55	AAB-39	जातुभेदः) केवलवात (	breaking pain of knees	32	40	0	0	0	32	0	40	93	63	0	0	0	93	0	63	125	0	103	22 8

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				(due only to vātadōṣa)																				
200	167	C-166	(Varicos Vain) सिरा : ग्रंथि		52	25	0	0	0	52	0	25	141	40	0	0	0	141	0	40	193	0	65	25 8
201	1236	EI-6	वृद्धिः	hernia, hydrocele	14	0	0	1	0	15	0	0	9	0	0	0	0	9	0	0	24	0	0	24
202	1385	EL-3.2	पित्तज/आर्तव दुष्टिः	the disorder is characterize d by dōṣa varṇa (ārtava) ----- pravartatē [menstrual discharge accompanied with burning sensation]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
203	19	AAB-3	अङ्गमर्दः) केवलवात (	generalized body ache (due only to vātadōṣa)	9	32	0	1	0	10	0	32	22	69	0	1	0	23	0	69	33	0	101	13 4
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	18	14	0	1	1	19	0	15	28	18	0	1	0	29	0	18	48	0	33	81
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala- kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	108	AAB-91	विषादः/दीनत ा) केवलवात (	depression/a pathy (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	406	BG	शुक्रवैषम्यम्		11	0	0	0	0	11	0	0	12	0	0	0	0	12	0	0	23	0	0	23
210	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	13	16	0	0	0	13	0	16	27	29	0	0	0	27	0	29	40	0	45	85
211	2310	O-51	आलस्यम्	laziness/letha rgy (due to kaphadōṣa and other dōṣa	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
212	1604	GE-1	गलशुण्डिका) कण्ठशुण्डी)	uvulitis/elong ated uvula	1	0	0	4	0	5	0	0	12	1	0	0	0	12	0	1	17	0	1	18
213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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214	652	EB-10.16	त्रिकशूलः/	sacralgia	304	395	0	2	2	306	0	397	403	512	0	0	0	403	0	512	709	0	909	1618
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	4	0	4	0	0	0	0	0	0	0	0	0	4	0	0	4	
216	1350	EL-2	योनिरोगः/योनि-व्यापदः	gynecological disorder	0	12	0	0	0	0	0	12	0	18	0	0	0	0	0	18	0	0	30	30
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravṛddhi-kṣayavṛddhi-hāniḥ (granthēḥ) -----snigdhaḥ (granthiḥ) ---- ischarge comes out resembling	16	17	0	2	0	18	0	17	37	17	0	0	0	37	0	17	55	0	34	89
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	5	1	0	0	0	5	0	1	5	0	1	6
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	1175	EI-2.2	ध्वजभङ्गजक्लैब्यम्	klaibya due to erectile dysfunction	6	0	0	0	0	6	0	0	2	0	0	0	0	2	0	0	8	0	0	8
221	2269	O-28	प्रसुप्तिः	hypoesthesia	14	16	0	0	0	14	0	16	13	22	0	0	0	13	0	22	27	0	38	65
222	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated vāta in rakta	114	83	0	0	0	114	0	83	200	169	0	0	0	200	0	169	314	0	252	566
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	0	0	0	84	0	0	0	0	84	0	0	84	0	0	84
224	2263	O-23	तिलकः/तिलकालक	sesame-eruption	0	6	0	0	0	0	0	6	1	0	0	0	0	1	0	0	1	0	6	7
225	7	AAA-2	वातवृद्धिः	vātavṛddhiḥ	28	13	0	3	1	31	0	14	84	38	0	0	0	84	0	38	115	0	52	167
226	265	ABB-4	अतिस्वेदः) केवलपित्त (		1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
227	Not consultant				0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Grand Total				14503	14314	2	717	540	15220	2	14854	25953	23801	5	781	680	26734	5	24481	41954	7	39335	81296

10) Geriatric OPD

S.no.	NA MC ID	NAMC Code	NAMC_ Name	Short_definition	No. of patients treated																		Grand Total (M+F +T)			
					New									Follow up										Total		
					Adult			Child		Total			Adult			Child		Total								
					M	F	T	M	F	M	F	T	M	F	T	M	F	M	F	T	M	F	T			
1	147	AAC-12	आध्मानम् / आनाहः	distension/tympanites/meteorism or painful abdominal distension	7	2	0	0	0	7	2	0	14	1	0	0	0	14	1	0	21	3	0	24		
2	2983	AAC-12.4	विबन्ध	simple constipation	24	8	0	0	0	24	8	0	73	21	0	0	0	73	21	0	97	29	0	126		
3	152	AAC-15	एकाङ्गवातः	monoplegia	4	1	0	0	0	4	1	0	10	0	0	0	0	10	0	0	14	1	0	15		
4	154	AAC-17	क्रोष्ठकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
6	157	AAC-20	गृध्रसी	sciatica	27	23	0	0	0	27	23	0	99	46	0	0	0	99	46	0	126	69	0	195		
7	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	22	11	0	0	0	22	11	0	80	26	0	0	0	80	26	0	102	37	0	139		
8	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
10	172	AAC-30	पङ्गुः) केवलवात (	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/spasmodic torticollois	2	5	0	0	0	2	5	0	10	23	0	0	0	10	23	0	12	28	0	40		
12	177	AAC-35	विश्वाम्बी	brachial neuralgia /arm pain	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1		
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
14	135	AAC-4	अर्दितः	facial paralysis	2	1	0	0	0	2	1	0	5	1	0	0	0	5	1	0	7	2	0	9		
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		

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16	141	AAC-8	अवबाहुकः	frozen shoulder	10	2	0	0	0	10	2	0	3	6	0	0	0	3	6	0	13	8	0	21
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	5	1	0	0	0	5	1	0	5	1	0	6
18	248	AAE-16	सन्धिवातः	osteo-arthritis	260	270	0	0	0	260	270	0	650	569	0	0	0	650	569	0	910	839	0	1749
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	285	ABB-24	दाहः	burning sensation	2	1	0	0	0	2	1	0	8	13	0	0	0	8	13	0	10	14	0	24
21	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	6	9	0	0	0	6	9	0	14	7	0	0	0	14	7	0	20	16	0	36
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25	420	BI	राजयक्ष्मा	consumption	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
26	471	EA-2	हिक्का	hiccup/singultus	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
27	480	EA-3	कासः	cough / tussis	41	29	0	0	0	41	29	0	47	28	0	0	0	47	28	0	88	57	0	145
28	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29	511	EA-6	उरःक्षतः / क्षतशीर्ष	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	633	EB-10	शूलः	colicky pain/abdominal colic	11	7	0	0	0	11	7	0	27	17	0	0	0	27	17	0	38	24	0	62
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	2
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	1
35	656	EB-11	उदावर्तः	obstipation	20	10	0	0	0	20	10	0	56	12	0	0	0	56	12	0	76	22	0	98

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36	676	EB-12	परिकर्तिका	proctalgia	0	0	1	0	0	0	0	1	2	1	5	0	0	2	1	5	2	1	6	9
37	515	EB-2	अतिसारः	diarrhoea	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
38	526	EB-2.10	रक्ततिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41	536	EB-3	अजीर्णम्	indigestion	22	7	0	0	0	22	7	0	29	27	0	0	0	29	27	0	51	34	0	85
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	558	EB-4	अम्लपित्तम्	hyperacidity	12	11	0	0	0	12	11	0	43	17	0	0	0	43	17	0	55	28	0	83
44	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	4	4	0	0	0	4	4	0	17	17	0	0	0	17	17	0	21	21	0	42
46	611	EB-8	गुल्मः	lump	2	2	0	0	0	2	2	0	0	0	0	0	0	0	0	0	2	2	0	4
47	628	EB-9	प्रवाहिका	dysentery	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
48	681	EC-2	हृद्रोगः	heart disease	12	6	0	0	0	12	6	0	38	16	0	0	0	38	16	0	50	22	0	72
49	689	EC-3	ज्वरः	fever / pyrexia	2	2	0	0	0	2	2	0	5	6	0	0	0	5	6	0	7	8	0	15
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52	812	EC-5	पाण्डुरोगः	anaemia	2	0	0	0	0	2	0	0	1	5	0	0	0	1	5	0	3	5	0	8
53	823	EC-6	आमवातः	rheumatism due to आम	25	51	0	0	0	25	51	0	38	113	0	0	0	38	113	0	63	164	0	227
54	828	EC-7	अरुचिः	anorexia	0	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	1
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	1	1	0	0	0	1	1	0	2	1	0	0	0	2	1	0	3	2	0	5
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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57	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
58	1024	ED-13	क्षीपदः	filariasis	1	1	0	0	0	1	1	0	1	1	0	0	0	1	1	0	2	2	0	4
59	1029	ED-14	शीतपित्तम्	urticaria with <i>vata</i> predominance	2	0	0	0	0	2	0	0	0	0	0	0	0	0	0	2	0	0	2	
60	1031	ED-15	उदरदः	urticaria with <i>kapha</i> predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
61	1033	ED-16	भगन्दरः	fistula-in-ano	3	0	0	0	0	3	0	0	1	0	0	0	0	1	0	0	4	0	4	
62	838	ED-2.2	कण्डूः	pruritis	9	15	0	0	0	9	15	0	39	22	0	0	0	39	22	0	48	37	0	85
63	850	ED-2.8	निद्रानाशः /अनिद्रा	loss of sleep (insomnia)	2	0	0	0	0	2	0	0	9	12	0	0	0	9	12	0	11	12	0	23
64	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
65	883	ED-4	कुष्ठम्	integumentary disease	23	13	0	0	0	23	13	0	92	41	0	0	0	92	41	0	115	54	0	169
66	905	ED-4.3.10	विचर्चिका	wet eczema	1	2	0	0	0	1	2	0	2	2	0	0	0	2	2	0	3	4	0	7
67	897	ED-4.3.3	किटिभः	psoriasis	6	1	0	0	0	6	1	0	32	5	0	0	0	32	5	0	38	6	0	44
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	1	1	0	0	0	1	1	0	2	23	0	0	0	2	23	0	3	24	0	27
69	900	ED-4.3.6	ददु-कुष्ठः	ringworm / tinea	9	1	0	0	0	9	1	0	13	4	0	0	0	13	4	0	22	5	0	27
70	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
71	919	ED-5	ध्वित्रः	vitiligo /leucoderma	2	0	0	0	0	2	0	0	4	0	0	0	0	4	0	0	6	0	0	6
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
73	942	ED-6.8	लघु- मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
74	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	1
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	3	1	0	0	0	3	1	0	6	4	0	0	0	6	4	0	9	5	0	14
76	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77	1064	EE-2	अर्बुदः	tumor	2	2	0	0	0	2	2	0	3	4	0	0	0	3	4	0	5	6	0	11

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78	1074	EE-3	अर्शः	haemorrhoids	12	9	0	0	0	12	9	0	42	3	0	0	0	42	3	0	54	12	0	66
79	1095	EE-4	ग्रन्थिः	cyst	3	3	0	0	0	3	3	0	9	4	0	0	0	9	4	0	12	7	0	19
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	32	13	0	0	0	32	13	0	111	35	0	0	0	111	35	0	143	48	0	191
81	1161	EF-3	मेदोरोगः	obesity	5	5	0	0	0	5	5	0	5	1	0	0	0	5	1	0	10	6	0	16
82	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
83	1173	EI-2	कलैव्यम्	male infertility	1	0	0	0	0	1	0	0	2	0	0	0	0	2	0	0	3	0	0	3
84	1244	EI-6.8	अन्न-वृद्धिः	hernia	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	5	0	0	0	0	5	0	0	5	0	0	0	0	5	0	0	10	0	0	10
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/ nephrolithiasis	6	3	0	0	0	6	3	0	14	3	0	0	0	14	3	0	20	6	0	26
87	1258	EJ-3	मूत्राघातः	urinary retention	10	9	0	0	0	10	9	0	69	20	0	0	0	69	20	0	79	29	0	108
88	1266	EJ-3.6	वाताछीला	prostatic enlargement	13	0	0	0	0	13	0	0	39	0	0	0	0	39	0	0	52	0	0	52
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	14	3	0	0	0	14	3	0	35	7	0	0	0	35	7	0	49	10	0	59
90	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	श्वयथुः/शोथ ः/शोफः	oedema/inflammatio n	10	10	0	0	0	10	10	0	19	38	0	0	0	19	38	0	29	48	0	77
92	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93	1337	EK-4.6	यकृद्वाल्ग्युदरः	hepatomegaly	4	0	0	0	0	4	0	0	11	0	0	0	0	11	0	0	15	0	0	15
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98	1362	EL-2.12	जातघ्नी/पुत्र घ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
100	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
101	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
102	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
105	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	1	
107	1402	EL-7.1	गर्भस्त्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	2	0	0	0	0	2	0	0	1	0	0	0	1	0	0	3	0	3	
112	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
113	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
114	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/ cephalalgia	2	3	0	0	0	2	3	0	5	5	0	0	0	5	5	0	7	8	0	15

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118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120	1530	F-8	अर्धविभेदकः	hemicrania	0	2	0	0	0	0	2	0	0	0	0	0	0	0	0	2	0	2	0
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123	1548	FA-4	दारुणकः	pytiritiasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124	1565	GB	दन्तमूलरोगः	gum disorders	0	1	0	0	0	0	1	0	0	0	0	0	0	0	0	1	0	1	0
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126	1583	GC	दन्तगतरोगः	tooth disorders	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	1
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133	1643	GF-19	गलगण्डः	goiter	0	3	0	0	0	0	3	0	0	2	0	0	0	0	2	0	0	5	0
134	1649	GG	मुखपाकः	stomatitis	1	1	0	0	0	1	1	0	16	2	0	0	0	16	2	0	17	3	0
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137	1689	HB	वर्त्त-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	1	
143	1745	HF-2	अधिमन्यः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
144	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ ametropia/partial obstruction of vision	0	0	0	0	0	0	0	2	2	0	0	0	2	2	0	2	2	0	4	
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
147	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
149	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
150	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	7	3	0	0	0	7	3	0	9	5	0	0	0	9	5	0	16	8	0	24
151	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
152	1853	I-16	नासार्शः	nasal polyp	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
153	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
154	1860	J	कर्णरोगः	ear diseases	1	0	0	0	0	1	0	0	6	0	0	0	0	6	0	0	7	0	7	
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
156	1880	J-14	कर्ण-स्रावः	otorrhoea	1	0	0	0	0	1	0	0	8	0	0	0	0	8	0	0	9	0	9	
157	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	4	0	0	0	0	4	0	0	4	0	4	
158	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	1	1	0	0	0	1	1	0	1	1	0	2

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159	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2
160	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	0	5	0	0	0	0	5	0	0	5	0	0	5
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163	1971	LA	भग्नः) अस्थिभग्नः (	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167	2170	MD-11	दौर्बल्यम्	debility	33	8	0	0	0	33	8	0	81	35	0	0	0	81	35	0	114	43	0	157
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169	2173	MD-14	कुक्ष्णकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173	2184	N	कृमिः/सञ्ज्ञा तकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174	2250	O-14	कदरः	corn /callosity	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
175	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	3	0	0	0	0	3	0	0	3	0	0	3
176	2255	O-18	गुदघ्नशः	rectal prolapse	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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180	2280	O-35	युवानपिडका) मुखदूषिका (	pimples	0	0	0	0	0	0	0	0	10	0	0	0	0	10	0	0	10	0	0	10
181	2284	O-39	इन्द्रलुप्तः	alopecia	0	2	0	0	0	0	2	0	0	6	0	0	0	0	6	0	0	8	0	8
182	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
183	2243	O-7	अरुणिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
184	1110	EF-2	प्रमेहः	diabetes mellitus	21	7	0	0	0	21	7	0	42	7	0	0	0	42	7	0	63	14	0	77
185	4	AA	वातव्याधिः	disorders due to vāta	75	73	0	0	0	75	73	0	168	152	0	0	0	168	152	0	243	225	0	468
186	1324	EK-4	उदर/उदररोगः	ascites	10	16	0	0	0	10	16	0	48	21	0	0	0	48	21	0	58	37	0	95
187	489	EA-4	श्वासः	dyspnoea	26	5	0	0	0	26	5	0	76	8	0	0	0	76	8	0	102	13	0	115
188	49	AAB-33	ग्रीवास्तम्भः) केवलवात (	neck stiffness/torticollis/spasmodic torticollis (due only to vātadōṣa)	1	4	0	0	0	1	4	0	10	30	0	0	0	10	30	0	11	34	0	45
189	1383	EL-3	आर्तवदोषः/ आर्तवदुष्टिः/ रजोदोषः	menstrual disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
190	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
191	72	AAB-55	पादशूलः) केवलवात (	leg pain (due only to vātadōṣa)	10	4	0	0	0	10	4	0	27	10	0	0	0	27	10	0	37	14	0	51
192	494	EA-4.5	तमकश्वासः	the disorder is characterized by pīnasam [cold, catarrh], ----- [motionless], kāsamānaśca pramōham muhurmuḥuḥ gacchati [frequent fainting while coughing] etc	4	2	0	0	0	4	2	0	3	0	0	0	0	3	0	0	7	2	0	9

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193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
194	1421	EM	मनोवहस्रोतो विकारः	disorders of manōvahasrōtas	6	4	0	0	0	6	4	0	7	1	0	0	0	7	1	0	13	5	0	18
195	3573	I:10	Hyperten sion(BP)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
196	1118	EF- 2.2.6	शुक्रमेहः	the disorder is characterized by śūkrābha mūtra pravṛtti [semen like appearance of urine], śukra miśra mūtra pravṛtti [semen mixed urination], muhur mūtra pravṛtti [frequent micturition]	1	0	0	0	0	1	0	0	6	0	0	0	0	6	0	0	7	0	0	7
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterized by nyagrōdhaprarōhasa dṛśagudāṅkurāḥ [anal sprouts as shoots of indian fig tree], vidrumasannibhāḥ gudāṅkurāḥ [pile mass are like the coral], ----- kaluṣēndriyaḥ [depression in the sensory organs]	1	1	0	0	0	1	1	0	0	0	0	0	0	0	0	0	1	1	0	2
198	1606	GE-3	तुण्डिकेरी	the disorder is characterized by sthūla śōpha [large swelling], sthūla śōtha [large swelling], ----- hanusandhyāśritaḥ [associated with temporomandibular joint]	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1

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199	55	AAB-39	जानुभेदः) केवलवात (	breaking pain of knees (due only to vātadōṣa)	0	1	0	0	0	0	1	0	2	5	0	0	0	2	5	0	2	6	0	8
200	167	C-166	(Varicos Vain) सिरा : ग्रंथि		0	1	0	0	0	0	1	0	0	5	0	0	0	0	5	0	0	6	0	6
201	1236	EI-6	वृद्धिः	hernia, hydrocele	1	0	0	0	0	1	0	0	11	0	0	0	0	11	0	0	12	0	0	12
202	1385	EL-3.2	पित्तज/आर्त वदुष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be similar to corresponding dosha], dōṣa vēdanā ----- dahadiva pravartatē [menstrual discharge accompanied with burning sensation]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
203	19	AAB-3	अङ्गमर्दः) केवलवात (	generalized body ache (due only to vātadōṣa)	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	0	1
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	4	1	0	0	0	4	1	0	1	2	0	0	0	1	2	0	5	3	0	8
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	901	ED-4.3.7	चर्मदल-कुष्ठः	carvadala- kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	108	AAB-91	विषादः/दीन ता) केवलवात (	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	406	BG	शुक्रवैषम्यम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
210	243	AAE-11	अस्थिगतवा तः	aggravation of vāta in asthi	0	2	0	0	0	0	2	0	3	0	0	0	0	3	0	0	3	2	0	5
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōṣa and other dōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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212	1604	GE-1	गलशुण्डिका) कण्ठशुण्डी (	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
214	652	EB-10.16	त्रिकशूलः	sacralgia	27	39	0	0	0	27	39	0	102	89	0	0	0	102	89	0	129	128	0	257
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
216	1350	EL-2	योनिरोगः/योनि-व्यापदः	gynecological disorder	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	0	1	
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravṛddhi-kṣayavṛddhi-hāniḥ (granthēḥ) [swelling increases or decreases according to increase or decrease of body mass], snigdhaḥ(granthiḥ) - ---- [on bursting thick coppery black coloured meda discharge]	0	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	2
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
220	1175	EI-2.2	ध्वजभङ्गाजक्लैव्यम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
221	2269	O-28	प्रसुप्तिः	hypoaesthesia	2	2	0	0	0	2	2	0	4	2	0	0	0	4	2	0	6	4	0	10
222	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated vāta in rakta	6	2	0	0	0	6	2	0	16	6	0	0	0	16	6	0	22	8	0	30
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Grand Total					949	748	1	0	0	949	748	1	2527	1607	5	0	0	2527	1607	5	3476	2355	6	5837

11) Annual Progress Report of Ano-rectal Clinic for the Month of April 2022 to March, 2023

S.N	NAMC ID	NAMC Code	Disease	New		Old		Total		Grand Total
				M	F	M	F	M	F	
1	1033	ED-16	भगंदर	64	12	1989	196	2053	208	2261
2	1074	EE-3	अर्श	367	88	1531	300	1898	388	2286
3	1961	K-14	नाडीव्रण	7	0	75	1	82	1	83
4	676	EB-12	परिकर्तिका	327	225	1045	953	1372	1178	2550
5	276	ABB-15	गुदपाक	106	54	564	330	670	384	1054
Total				871	379	5204	1780	6075	2159	8234

**12) Clinical Research Leech Department
Statement of patients attended at Leech Department during the month of April 2022 to March, 2023**

S.N	NAMC ID	NAMC Code	Disease	Number of patients attended				Total		Grand Total
				M	F	MC	FC	M	F	
1	883	ED-4	कुष्ठ	24	16	0	0	24	16	40
2	1728	HD-9	शिराजाल	225	15	0	0	225	15	240
3	1024	ED-13	शलिपद	0	0	0	0	0	0	0
4	919	ED-5	श्वित्र	1	1	0	0	1	1	2
5	2284	0-39	इंद्रलुप्त	0	0	0	0	0	0	0
Total				250	32	0	0	250	32	282

**13) PHYSIOTHERAPY SECTION
Annual PROGRESS REPORT FOR THE MONTH OF April 2022 to March, 2023**

Period	No. of Patients Attended on daily basis								Total		Grand Total
	I.P.D.				OPD						
	New		Old		New		Old				
	M	F	M	F	M	F	M	F	M	F	
April 2022 To March,2023	107	146	679	1123	169	213	166	168	1121	1650	2771
Total	107	146	679	1123	169	213	166	168	1121	1650	2771

14) Panchakarma Clinic

S.No.	Disease	IPD								OPD								TOTAL		
		NEW				OLD				NEW				OLD				Male	Female	TOTAL
		M	F	MC	FC	M	F	MC	FC	M	F	MC	FC	M	F	MC	FC			
1	SandhiVaata	44	54	0	0	0	3	0	0	9	9	0	0	0	0	0	0	53	66	119
2	Kati Shool	35	41	0	0	2	1	0	0	1	3	0	0	0	0	0	0	38	45	83
3	Aamvata	7	39	0	0	1	0	0	0	0	0	0	0	0	0	0	0	8	39	47
4	Avbahuk	0	8	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	9	9
5	Vicharchika	2	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	3	0	3
6	Sheetpitta	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
7	Pakshaghaat	21	9	0	0	0	0	0	0	1	0	0	0	0	0	0	0	22	9	31
8	Gridhrasi	21	37	0	0	2	0	0	0	2	0	0	0	0	0	0	0	25	37	62
9	Udar Roga	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
10	Artava Dosha	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	3
11	Netra Rog/ Timir	10	9	2	1	0	0	0	0	1	0	0	0	0	0	0	0	13	10	23
12	Ardit	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	1	3
13	Greevastambh	5	3	0	0	0	0	0	0	2	3	0	0	0	0	0	0	7	6	13
14	Madhumeha	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	2
15	Twakvikaar	2	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2	4
16	Vatavyadhi	29	33	26	13	0	3	0	0	1	0	1	0	0	0	0	0	57	49	106
17	Ajirna	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
18	Anidra	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
19	Kandu	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
20	Pratishyay	0	3	0	0	1	0	0	0	1	0	0	0	0	0	0	0	2	3	5
21	Manyastambh	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1	1
22	Phakroga	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
23	Manoroga	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
24	Udavarta	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2
25	Kampavaat	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	0	4
26	Sarvang Vata	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1

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27	Marma vikar	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
28	Rajo dosha	0	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	2	2
29	Baal Pakshaghaat	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
30	Hridya roga	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
31	Khalitya	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	2
32	Amalpitta	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
33	Vata Shoshit	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
34	Mutra kshay	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2
35	Ashthvikara 1	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	2
36	Kati garah	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	3	5
37	Ardhangavata	1	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	3	4
38	Apasmarga	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
39	Panguta	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
40	Stholya	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	1	3
41	Dorbalya	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	1	3
42	kash	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
43	Agnimandya	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
44	Vatarakt	1	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	3	4
45	Avshad	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
46	Other	7	7	0	0	0	0	0	0	3	0	0	0	0	0	0	0	0	10	7	17
	Total	205	274	33	16	6	7	0	0	22	18	1	0	0	0	0	0	0	267	315	582

15) DISTRIBUTION OF PATIENTS AS PER PROCEDURES

S.No.	Procedures	Sittings
1	Abhyanga	3447
2	S. Sweda	2345
3	N. Sweda	1150
4	Janu Basti	1058
5	Kshir Basti	191
6	Nasya	397
7	Patra Pind	888
8	Kati Basti	1071
9	Niruh Basti	299
10	Dashang Lep	616
11	Shirodhara Kwath	243
12	Anuvasan Basti	198
13	Matra Basti	1355
14	Kal basti	2
15	Jambira Pind	21
16	Ruksh Sweda	124
17	Shiro lepa	9
18	Shiro Abhyang	12
19	Kshaye Dhara	10
20	Talam	8
21	Urdhavartan	156
22	Churna Pind	26
23	Takra Dhara	7
24	Greeva Basti	68
25	Vetaran Basti	252
26	Shashtik Shali	247
27	Baluka Sweda	453
28	Sarvang Sweda	0
29	Shirodhara Tail	85
30	Anda Lep	25
31	Virechan	11
32	Vaman	2
34	Shiro picchu	52
35	Kshir dhara	22
36	Yoga basti	2
37	Janu dhara	15
38	Kshir dhum	5
Total		14872

16) Ayurveda Treatment Centre, Lady Hardinge Medical College & Hospital

S. No.	NA MC ID	NAMC Code	NAMC_ Name	Short_definition	No. of patients treated														Gran d Total (M+ F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/ आनाहः	distension/tympanites/ meteorism or painful abdominal distension	41	13	0	0	41	13	21	4	0	0	21	4	62	17	79
2.	2983	AAC-12.4	विबन्ध	simple constipation	111	64	1	1	112	65	80	34	0	0	80	34	192	99	291
3.	152	AAC-15	एकाङ्गवा तः	monoplegia	0	1	0	0	0	1	2	1	0	0	2	1	2	2	4
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	7	6	0	0	7	6	4	8	0	0	4	8	11	14	25
7.	163	AAC-24	पक्षाघातः/ पक्षवधः	hemiplegia/hemipares is	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
8.	166	AAC-24.2	बाल- पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात (	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	मन्यास्तम्भ ंः	Stiff neck/ torticollis/spasmodic torticollois	6	2	0	0	6	2	2	0	0	0	2	0	8	2	10
12.	177	AAC-35	विश्व्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16.	141	AAC-8	अवबाहुकः	frozen shoulder	10	8	0	0	10	8	4	1	0	0	4	1	14	9	23
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18.	248	AAE-16	सन्धिवातः	osteo-arthritis	319	241	0	0	319	241	210	120	0	0	210	120	529	361	890
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	285	ABB-24	दाहः	burning sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21.	287	ABB-26	पालित्य	premature graying of hair	8	2	0	0	8	2	8	1	0	0	8	1	16	3	19
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	23	25	2	1	25	26	30	17	0	0	30	17	55	43	98
23.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	10	0	0	0	10	0	9	0	0	0	9	0	19	19
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
26.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	480	EA-3	कासः	cough / tussis	112	83	11	6	123	89	61	28	2	1	63	29	186	118	304
28.	489	EA-4	श्वासः	dyspnoea	27	18	3	0	30	18	25	10	0	0	25	10	55	28	83
29.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	633	EB-10	शूलः	colicky pain/abdominal colic	21	14	0	0	21	14	10	14	0	0	10	14	31	28	59
32.	643	EB-10.10	परिणामशूलः	duodenal ulcer	8	3	2	0	10	3	1	0	1	0	2	0	12	3	15
33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	4	1	0	0	4	1	7	0	1	0	8	0	12	1	13

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34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	1	0	0	0	1	0	0	3	0	0	0	3	1	3	4
35.	651	EB-10.15	पार्श्वशूलः	flank pain	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
36.	656	EB-11	उदावर्तः	obstipation	2	2	0	0	2	2	0	3	0	0	0	3	2	5	7
37.	676	EB-12	परिकर्तिका	proctalgia	3	0	0	0	3	0	3	0	0	0	3	0	6	0	6
38.	515	EB-2	अतिसारः	diarrhoea	1	3	0	0	1	3	1	1	0	0	1	1	2	4	6
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	9	7	1	1	10	8	2	13	1	0	3	13	13	21	34
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	68	30	0	0	68	30	46	18	0	0	46	18	114	48	162
45.	586	EB-6	वृद्धिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	20	6	0	0	20	6	22	4	0	0	22	4	42	10	52
47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48.	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
49.	681	EC-2	हृद्रोगः	heart disease	2	2	0	0	2	2	5	5	0	0	5	5	7	7	14
50.	689	EC-3	ज्वरः	fever / pyrexia	34	17	0	1	34	18	18	18	0	0	18	18	52	36	88
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	16	50	0	0	16	50	16	30	0	0	16	30	32	80	112
54.	823	EC-6	आमवातः	rheumatism due to आम	21	30	1	0	22	30	28	32	0	0	28	32	50	62	112
55.	828	EC-7	अरुचिः	anorexia	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3

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56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	3	0	0	0	3	0	3	3
57.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1024	ED-13	क्षीपदः	filariasis	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	8	1	0	0	8	1	7	0	0	0	7	0	15	1	16
61.	1031	ED-15	उदरः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62.	1033	ED-16	भगन्दरः	fistula-in-ano	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
63.	838	ED-2.2	कण्डूः	pruritis	91	83	0	2	91	85	82	37	0	0	82	37	173	122	295
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	2	1	0	0	2	1	2	1	0	0	2	1	4	2	6
65.	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
66.	883	ED-4	कुष्ठम्	integumentary disease	5	6	1	0	6	6	3	6	0	0	3	6	9	12	21
67.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68.	897	ED-4.3.3	किटिभः	psoriasis	2	4	1	1	3	5	0	0	0	0	0	0	3	5	8
69.	898	ED-4.3.4	विषादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	900	ED-4.3.6	ददु-कुष्ठः	ringworm / tinea	8	0	1	0	9	0	17	2	0	0	17	2	26	2	28
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	1	3	1	0	2	3	2	4	0	0	2	4	4	7	11
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	18	12	0	0	18	12	6	6	2	0	8	6	26	18	44

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77.	972	ED-9	विद्रधि:	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	1064	EE-2	अर्बुदः	tumor	1	1	0	0	1	1	0	11	0	0	0	11	1	12	13
79.	1074	EE-3	अर्शः	haemorrhoids	112	58	0	0	112	58	88	26	0	0	88	26	200	84	284
80.	1095	EE-4	ग्रन्थिः	cyst	19	25	0	0	19	25	15	11	0	0	15	11	34	36	70
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	62	23	0	0	62	23	68	28	0	0	68	28	130	51	181
82.	1161	EF-3	मेदोरोगः	obesity	1	6	0	0	1	6	1	6	0	0	1	6	2	12	14
83.	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84.	1173	EI-2	क्लैब्यम्	male infertility	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
85.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
87.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/n ephrolithiasis	17	7	0	0	17	7	19	21	0	0	19	21	36	28	64
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	50	26	0	1	50	27	31	25	0	0	31	25	81	52	133
91.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	1304	EK-3	श्वयथुः/शो थः/शोफः	oedema/inflammation	7	7	0	0	7	7	26	3	0	0	26	3	33	10	43
93.	1319	EK-3.15	कर्णमूलशो थः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	यकृद्वालयुदर ः	hepatomegaly	50	24	0	0	50	24	29	10	0	0	29	10	79	34	113
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99.	1362	EL-2.12	जातघ्नी/पु त्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1392	EL-4	रक्तप्रदरः/ असुगदरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	54	0	0	0	54	0	26	0	0	0	26	0	80	80
108.	1402	EL-7.1	गर्भस्त्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
113.	1423	EM-2	उन्मादः	psychosis/insanity	9	17	0	0	9	17	9	8	0	0	9	8	18	25	43

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114.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	7	6	1	0	8	6	8	11	3	1	11	12	19	18	37
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धविभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	13	4	0	0	13	4	9	2	0	0	9	2	22	6	28
124.	1548	FA-4	दारुणकः	pytiasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1583	GC	दन्तरोगः	tooth disorders	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	1604	GE-1	गलशुण्डिक	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
132.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	1649	GG	मुखपाकः	stomatitis	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
137.	1662	H	अक्षिरोगः/ नेत्ररोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तारि- अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपा कः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/a metropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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151.	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	79	53	2	3	81	56	41	19	0	0	41	19	122	75	197
153.	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	15	2	0	0	15	2	15	2	17
154.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156.	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	1913	K	व्रणः	wounds	0	0	0	1	0	1	0	0	0	6	0	6	0	7	7
163.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1971	LA	भग्नः (अस्थिभग्नः (	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	अग्निदग्धः	burns	4	2	2	0	6	2	7	1	0	0	7	1	13	3	16
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	105	46	1	2	106	48	64	35	0	0	64	35	170	83	253

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170.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
171.	2173	MD-14	कुक्षकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	2184	N	कृमिः/सञ्ज्ञा तकृमि	worm infestation	3	0	1	0	4	0	6	1	8	0	14	1	18	1	19
176.	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2280	O-35	युवानपिडक या (मुखदूषिका)	pimples	12	15	0	0	12	15	18	8	0	0	18	8	30	23	53
183.	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	2243	O-7	अरुणिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					1575	1127	32	20	1607	1147	1183	690	18	8	1201	698	2808	1845	4653

17) Ayurveda Treatment Centre, Safdarjung Hospital, New Delhi

S. No.	NA M C ID	NA MC Code	NAMC_ Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/ आनाहः	distension/tympa nites	82	32	0	1	82	33	120	61	2	1	122	62	204	95	299
2.	298 3	AAC-12.4	विबन्ध	constipation	418	164	1 2	8	430	172	448	209	1 1	7	459	216	889	388	1277
3.	152	AAC-15	एकाङ्गवातः	monoplegia	15	7	1	0	16	7	26	5	0	0	26	5	42	12	54
4.	154	AAC-17	क्रोटुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
6.	157	AAC-20	गृध्रसी	sciatica	194	167	0	0	194	167	310	215	0	0	310	215	504	382	886
7.	163	AAC-24	पक्षाघातःप/ क्षवधः	hemiplegia/hemi paresis	31	1	0	0	31	1	42	12	0	0	42	12	73	13	86
8.	166	AAC-24.2	बाल- पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
10.	172	AAC-30	पङ्गुः (केवलवात(	lameness (bilateral)	3	3	0	0	3	3	3	0	0	0	3	0	6	3	9
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis	36	49	0	0	36	49	45	51	0	0	45	51	81	100	181
12.	177	AAC-35	विश्व्वाची	brachial neuralgia /arm pain	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3

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13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	16	26	0	0	16	26	35	29	0	0	35	29	51	55	106
14.	135	AAC-4	अर्दितः	facial paralysis	8	5	1	0	9	5	7	4	2	0	9	4	18	9	27
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	2	0	0	0	2	5	3	0	0	5	3	5	5	10
16.	141	AAC-8	अवबाहुकः	frozen shoulder	42	27	0	0	42	27	69	58	0	0	69	58	111	85	196
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	1	1	0	0	1	1	1	28	0	0	1	28	2	29	31
18.	248	AAE-16	सन्धिवातः	osteo-arthritis	517	537	1	0	518	537	645	624	0	0	645	624	1163	1161	2324
19.	262	ABB-1	अक्षिपाकः	red eye /bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	285	ABB-24	दाहः	burning sensation	42	18	0	0	42	18	47	38	0	0	47	38	89	56	145
21.	287	ABB-26	पालित्य	premature graying of hair	23	15	0	0	23	15	25	18	1	4	26	22	49	37	86
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion	84	30	11	7	95	37	112	51	13	3	125	54	220	91	311
23.	410	BA-3.1	आर्तवक्षयः	oligomenorrhea	0	241	0	3	0	244	0	372	0	0	0	372	0	616	616
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
25.	420	BI	राजयक्ष्मा	consumption	3	1	0	1	3	2	8	1	0	0	8	1	11	3	14
26.	471	EA-2	हिक्का	hiccup/singultus	13	8	0	1	13	9	24	4	0	0	24	4	37	13	50
27.	480	EA-3	कासः	cough / tussis	328	191	34	30	362	221	259	223	33	32	292	255	654	476	1130
28.	489	EA-4	श्वासः	dyspnoea	80	73	5	2	85	75	121	87	6	1	127	88	212	163	375
29.	500	EA-5	स्वरभेदः	dysphonia	3	2	0	0	3	2	6	1	0	0	6	1	9	3	12
30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	5	0	0	0	5	0	1	0	0	0	1	0	6	0	6
31.	633	EB-10	शूलः	colicky pain/abdominal colic	103	80	4	2	107	82	150	78	6	5	156	83	263	165	428
32.	643	EB-10.10	परिणामशूलः	duodenal ulcer	13	2	0	0	13	2	15	0	0	0	15	0	28	2	30

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33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	11	0	0	0	11	0	5	6	0	0	5	6	16	6	22
34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	2	0	0	0	2	0	19	7	0	0	19	7	21	7	28
35.	651	EB-10.15	पार्श्वशूलः	flank pain	12	17	0	0	12	17	22	5	0	0	22	5	34	22	56
36.	656	EB-11	उदावर्तः	obstipation	25	4	0	0	25	4	45	7	0	0	45	7	70	11	81
37.	676	EB-12	परिकर्तिका	proctalgia	12	4	0	0	12	4	37	17	0	0	37	17	49	21	70
38.	515	EB-2	अतिसारः	diarrhoea	25	5	0	0	25	5	45	17	0	1	45	18	70	23	93
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	diarrhoea associated with fever	9	2	1	0	10	2	0	0	0	0	0	0	10	2	12
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	1	1	0	1	1	1	1	2
42.	536	EB-3	अजीर्णम्	indigestion	197	147	5	0	202	147	248	158	0	0	248	158	450	305	755
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	6	0	0	0	6	0	0	0	0	0	0	0	6	6
44.	558	EB-4	अम्लपित्तम्	hyperacidity	172	117	2	0	174	117	306	129	0	2	306	131	480	248	728
45.	586	EB-6	वृद्धिः	vomiting/emesis	0	4	0	0	0	4	10	2	0	0	10	2	10	6	16
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	89	21	2	2	91	23	151	44	2	0	153	44	244	67	311
47.	611	EB-8	गुल्मः	lump	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
48.	628	EB-9	प्रवाहिका	dysentery	2	0	0	0	2	0	3	1	0	0	3	1	5	1	6
49.	681	EC-2	हृद्रोगः	heart disease	101	51	1	0	102	51	159	61	1	0	160	61	262	112	374
50.	689	EC-3	ज्वरः	fever / pyrexia	80	55	2	6	82	61	107	73	2	0	109	73	191	134	325
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	3	0	0	0	3	0	5	2	0	0	5	2	8	2	10
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	5	0	0	0	5	0	2	0	0	0	2	0	7	0	7
53.	812	EC-5	पाण्डुरोगः	anaemia	26	19	2	4	28	23	16	33	0	1	16	34	44	57	101

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54.	823	EC-6	आमवातः	rheumatism due to आम	83	153	1	2	84	155	145	287	2	2	147	289	231	444	675
55.	828	EC-7	अरुचिः	anorexia	19	6	1	1	20	7	42	28	1	0	43	28	63	35	98
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	5	0	0	0	5	0	3	2	0	0	3	2	8	2	10
57.	1013	ED-11	फिरङ्गः	syphilis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
58.	1017	ED-12	प्लीहोदरः	splenomegaly	3	1	0	0	3	1	9	11	0	0	9	11	12	12	24
59.	1024	ED-13	क्षीपदः	filariasis	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	8	13	0	0	8	13	6	20	0	0	6	20	14	33	47
61.	1031	ED-15	उदरदः	urticaria with kapha predominance	2	2	0	0	2	2	4	5	0	0	4	5	6	7	13
62.	1033	ED-16	भगन्दरः	fistula-in-ano	34	1	0	0	34	1	38	0	0	0	38	0	72	1	73
63.	838	ED-2.2	कण्डूः	pruritis	96	76	5	3	101	79	121	102	12	2	133	104	234	183	417
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	25	11	0	0	25	11	60	33	0	0	60	33	85	44	129
65.	874	ED-3	कामला	jaundice	24	4	0	0	24	4	33	1	0	0	33	1	57	5	62
66.	883	ED-4	कुष्ठम्	integumentary disease	58	51	3	3	61	54	82	85	5	4	87	89	148	143	291
67.	905	ED-4.3.10	विचर्चिका	wet eczema	36	7	0	0	36	7	77	2	0	0	77	2	113	9	122
68.	897	ED-4.3.3	किटिभः	psoriasis	6	7	0	0	6	7	41	11	0	0	41	11	47	18	65
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	6	8	0	0	6	8	4	1	0	0	4	1	10	9	19

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70.	900	ED-4.3.6	दद्रुकुष्ठ:-	ringworm / tinea	132	52	5	5	137	57	198	76	1	3	199	79	336	136	472
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	5	0	0	0	5	0	5	0	5
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	56	25	6	0	62	25	90	64	6	4	96	68	158	93	251
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	1	0	0	0	1	0	7	0	0	0	7	0	8	0	8
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	26	7	0	0	26	7	29	11	0	0	29	11	55	18	73
77.	972	ED-9	विद्रधिः	abscess	4	3	0	0	4	3	10	4	0	0	10	4	14	7	21
78.	1064	EE-2	अर्बुदः	tumor	18	22	1	0	19	22	22	24	0	0	22	24	41	46	87
79.	1074	EE-3	अर्शः	haemorrhoids	277	149	1	0	278	149	412	197	0	0	412	197	690	346	1036
80.	1095	EE-4	ग्रन्थिः	cyst	65	50	3	3	68	53	102	80	0	3	102	83	170	136	306
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	283	162	0	0	283	162	419	204	0	0	419	204	702	366	1068
82.	1161	EF-3	मेदोरोगः	obesity	46	57	0	0	46	57	57	86	0	0	57	86	103	143	246
83.	1163	EF-4	पिडका	eruption	1	6	0	0	1	6	1	7	0	0	1	7	2	13	15
84.	1173	EI-2	क्लैब्यम्	male infertility	249	0	0	0	249	0	306	0	0	0	306	0	555	0	555
85.	1244	EI-6.8	अन्त्रवृद्धिः:-	hernia	2	1	0	0	2	1	0	1	0	0	0	1	2	2	4
86.	1245	EI-6.9	अण्डवृद्धिः:-	scrotal swelling	5	0	0	0	5	0	4	0	0	0	4	0	9	0	9
87.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	126	59	3	0	129	59	203	101	0	0	203	101	332	160	492
88.	1258	EJ-3	मूत्राघातः	urinary retention	1	0	0	0	1	0	0	2	0	0	0	2	1	2	3
89.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	38	0	0	0	38	0	90	1	0	0	90	1	128	1	129
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	127	68	1	4	128	72	175	104	0	4	175	108	303	180	483

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91.	1291	EK-2	तृष्णा	polidypsia	2	1	0	0	2	1	2	0	0	0	2	0	4	1	5
92.	1304	EK-3	श्वयथुःशोथः/ शोफः/	oedema/inflammation	73	65	0	0	73	65	126	94	0	1	126	95	199	160	359
93.	1319	EK-3.15	कर्णमूलशोथः	mumps	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
94.	1337	EK-4.6	यकृद्वाल्गुदरः	hepatomegaly	61	17	1	1	62	18	76	51	7	0	83	51	145	69	214
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	1	2	0	0	1	2	1	2	3
96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	जलोदरः	ascites	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	7	0	0	0	7	0	29	0	0	0	29	0	36	36
99.	1362	EL-2.12	जातघ्नीपुत्र/ घ्नी	habitual abortion	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	बन्ध्या	female infertility	0	18	0	0	0	18	0	50	0	0	0	50	0	68	68
103.	1377	EL-2.27	योनिक्कन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	योनिअर्शः-	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	अरजस्का	amenorrhea	0	5	0	0	0	5	0	13	0	0	0	13	0	18	18
106.	1392	EL-4	रक्तप्रदरःअ/ सृग्दरः	menorrhagia / metrorrhagia / (DUB)	0	57	0	0	0	57	0	122	0	0	0	122	0	179	179
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	194	0	1	0	195	0	261	0	0	0	261	0	456	456

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108.	140 2	EL-7.1	गर्भस्त्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	140 3	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	141 2	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	141 9	EL-9	सूतिकारोगः	puerperial disorder	0	3	0	0	0	3	0	0	0	0	0	0	0	3	3
112.	152 1	EM-11	भ्रमः	giddiness / dizziness / vertigo	17	7	0	1	17	8	14	8	0	0	14	8	31	16	47
113.	142 3	EM-2	उन्मादः	psychosis/insanity	50	20	0	1	50	21	69	32	0	0	69	32	119	53	172
114.	1457	EM-3	अपस्मारः	epilepsy	7	8	1	0	8	8	5	9	0	0	5	9	13	17	30
115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
118.	152 2	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	38	74	1	0	39	74	40	128	0	1	40	129	79	203	282
119.	153 2	F-10	शङ्खकः	temporal cephalalgia	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
120.	152 9	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धविभेदकः	hemicrania	16	28	0	0	16	28	18	54	0	0	18	54	34	82	116
122.	153 1	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
123.	154 3	FA-3	खलित्यम्	baldness / alopecia totalis	59	70	3	2	62	72	80	90	5	2	85	92	147	164	311
124.	1548	FA-4	दारुणकः	pytiasis capitis	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
125.	1565	GB	दन्तमूलरोगः	gum disorders	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1

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126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	3	3	0	0	3	3	3	3	6
127.	1583	GC	दन्तरोगः	tooth disorders	9	10	0	1	9	11	4	19	2	0	6	19	15	30	45
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
129.	1601	GD-5	उपजिह्विका	ranula	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	6	6	1	1	7	7	13	6	0	0	13	6	20	13	33
132.	1617	GF-1	रोहिणी	diphtheria	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
135.	1643	GF-19	गलगण्डः	goiter	8	11	2	0	10	11	7	22	2	0	9	22	19	33	52
136.	1649	GG	मुखपाकः	stomatitis	8	10	1	0	9	10	4	6	1	1	5	7	14	17	31
137.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	7	6	0	0	7	6	3	7	0	3	3	10	10	16	26
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्मरोगः-	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तरिअर्म-	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness	2	0	0	0	2	0	2	1	0	0	2	1	4	1	5
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	नासारोगः	nose diseases	3	0	0	0	3	0	1	0	0	0	1	0	4	0	4
152.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	135	93	2	8	160	101	171	101	1	8	189	107	349	208	557
153.	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
154.	1853	I-16	नासार्शः	nasal polyp	4	1	0	0	4	1	3	1	0	0	3	1	7	2	9
155.	1832	I-6	अपीनसः	chronic rhinitis	4	2	0	0	4	2	6	6	0	0	6	6	10	8	18
156.	1860	J	कर्णरोगः	ear diseases	11	4	1	0	12	4	8	6	7	0	15	6	27	10	37
157.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	2	1	0	1	2	1	2	3
158.	1880	J-14	कर्णस्रावः-	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	1896	J-19	बाधिर्यम्	deafness	4	1	0	0	4	1	5	1	0	0	5	1	9	2	11
160.	1897	J-20	कर्णशूलः	earache/otalgia	1	5	0	0	1	5	5	6	0	0	5	6	6	11	17
161.	1869	J-9	कर्णनादः-	tinnitus	0	2	0	0	0	2	1	0	0	0	1	0	1	2	3
162.	1913	K	व्रणः	wounds	17	5	3	0	20	5	32	14	1	1	33	15	53	20	73
163.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	18	4	0	0	18	4	13	6	0	0	13	6	31	10	41
166.	1972	LA-1	सन्धिमुक्तम्	dislocation	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
167.	2013	LB-1	अग्निदग्धः	burns	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	111	98	8	11	119	109	143	95	10	8	153	103	272	212	484
170.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	4	2	4	2	0	0	2	4	2	4	6	6	12
171.	2173	MD-14	कुक्कुणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्करोगः-	delay in walking	1	0	3	2	4	2	1	0	0	1	1	1	5	3	8

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173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	2	0	0	0	2	0	0	1	0	0	0	1	2	1	3
175.	2184	N	कृमिःसञ्जा/तकृमि	worm infestation	9	7	2	3	29	10	11	6	1	2	26	8	55	18	73
176.	2250	O-14	कदरः	corn /callosity	0	1	0	0	0	1	0	4	0	0	0	4	0	5	5
177.	2251	O-15	कुनखः	paronychia	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	5	1	0	0	5	1	12	1	0	0	12	1	17	2	19
179.	2256	O-19	चर्मकीलः	wart	0	1	0	0	0	1	3	0	0	0	3	0	3	1	4
180.	2266	O-25	निरुद्धप्रकशः	phimosi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	3	0	0	0	3	0	3	3
182.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	58	87	4	1	62	88	62	107	0	3	62	110	124	198	322
183.	2284	O-39	इन्द्रलुप्तः	alopecia	8	1	0	0	8	1	3	1	0	0	3	1	11	2	13
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	2	17	0	0	2	17	5	23	0	0	5	23	7	40	47
185.	2243	O-7	अरूपिका	eruptions on head having multiple openings/furunculosis	2	1	1	3	3	4	0	0	1	6	1	6	4	10	14
Total					5468	4084	193	126	5661	4210	7466	5684	180	118	7646	5802	13307	10012	23319

18) Ayurveda Chikitsa Kendra, PGIMER, Dr. Ram Manohar Lohia Hospital, New Delhi

SI No:	NAM C ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	4	AA	वातव्याधि:	disorders due to vāta	147	155	0	0	147	155	204	168	0	0	204	168	351	323	674
2.	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	0	2	0	0	0	2	4	1	0	0	4	1	4	3	7
3.	42	AAB-26	क्लमः	fatigue without physical exertion	34	17	2	0	36	17	31	23	2	1	33	24	69	41	110
4.	45	AAB-29	काश्यम्	emaciation	4	8	6	7	10	15	1	7	0	1	1	8	11	23	34
5.	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness/torticollis	11	17	0	0	11	17	6	17	0	1	6	18	17	35	52
6.	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
7.	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	6	7	0	0	6	7	0	5	0	0	0	5	6	12	18
8.	93	AAB-76	रजोनाशः	amenorrhoea (due only to vātadōṣa)	0	5	0	0	0	5	0	4	0	0	0	4	0	9	9
9.	108	AAB-91	विषादः/दीनता	depression/apathy (due only to vātadōṣa)	2	2	0	0	2	2	2	12	0	0	2	12	4	14	18
10	134	AAC-3	अपतानकः	orthotonos	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
11	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	3	0	0	0	3	0	4	0	0	0	4	0	7	7
13	141	AAC-8	अवबाहुकः	frozen shoulder	9	7	0	0	9	7	1	12	0	0	1	12	10	19	29
14	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	147	AAC-12	आध्मानम्/ आनाहः	distension/meteorism/painful abdominal distension	201	93	1	0	202	93	329	103	3	1	332	104	534	197	731

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16.	2983	AAC-12.4	विबन्ध	simple constipation	106	48	2	1	108	49	138	81	1	4	139	85	247	134	381
17.	152	AAC-15	एकाङ्गवातः	monoplegia	0	2	0	0	0	2	1	1	0	0	1	1	1	3	4
18.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
19.	157	AAC-20	गृध्रसी	sciatica	18	17	0	0	18	17	43	38	2	0	45	38	63	55	118
20.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	3	3	1	0	4	3	7	17	0	0	7	17	11	20	31
21.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
22.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
23.	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/spasmodic torticollis	0	4	0	0	0	4	0	3	0	0	0	3	0	7	7
24.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
26.	240	AAE-8	रक्तगतवात	hypertension	18	19	0	0	18	19	88	72	0	0	88	72	106	91	197
27.	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	1	2	0	0	1	2	6	0	0	0	6	0	7	2	9
28.	248	AAE-16	सन्धिवातः	osteo-arthritis	131	141	0	0	131	141	278	332	0	0	278	332	409	473	882
29.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
30.	285	ABB-24	दाहः	burning sensation	2	3	0	0	2	3	4	4	0	0	4	4	6	7	13
31.	287	ABB-26	पालित्य	premature graying of hair	7	4	0	0	7	4	8	12	0	0	8	12	15	16	31
32.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	20	19	4	3	24	22	8	22	5	8	13	30	37	52	89
33.	410	BA-3.1	आर्तवक्षयः	scanty menstruation /oligomenorrhea	0	3	0	0	0	3	0	3	0	0	0	3	0	6	6

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34.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	420	BI	राजयक्ष्मा	consumption	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
36.	471	EA-2	हिक्का	hiccup/singultus	2	0	0	0	2	0	7	0	0	0	7	0	9	0	9
37.	480	EA-3	कासः	cough / tussis	78	71	6	5	84	76	77	65	5	0	82	65	166	141	307
38.	489	EA-4	श्वासः	dyspnoea	29	19	0	1	29	20	67	39	0	1	67	40	96	60	156
39	494	EA-4.5	तमकश्वासः	Cold, tīrvavēga śvāsa, kāsam, inflammation of throat	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
40.	500	EA-5	स्वरभेदः	dysphonia	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
41.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	515	EB-2	अतिसारः	diarrhoea	19	10	0	0	19	10	22	7	0	0	22	7	41	17	58
43	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46	536	EB-3	अजीर्णम्	indigestion	34	14	2	0	36	14	41	13	0	0	41	13	77	27	104
47	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48	558	EB-4	अम्लपित्तम्	hyperacidity	55	33	0	0	55	33	67	49	0	0	67	49	122	82	204
49	586	EB-6	छर्दिः	vomiting/emesis	0	2	1	0	1	2	0	2	0	0	0	2	1	4	5
50	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	17	4	1	0	18	4	42	6	0	1	42	7	60	11	71
51	611	EB-8	गुल्मः	lump	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
52	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	1	2	1	2	1	2	3
53.	633	EB-10	शूलः	colicky pain/abdominal colic	42	28	3	4	45	32	45	48	1	1	46	66	91	98	189
54.	643	EB-10.10	परिणामशूलः	duodenal ulcer	2	1	0	0	2	1	1	1	0	0	1	1	3	2	5

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55.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	3	1	0	0	3	1	2	0	0	0	2	0	5	1	6
56	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	5	4	0	0	5	4	8	3	0	0	8	3	13	7	20
57.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	652	EB-10.16	त्रिकशूलः	Sacralgia	29	20	0	0	29	20	28	41	0	0	28	41	57	61	118
59.	656	EB-11	उदावर्तः	obstipation	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
60.	676	EB-12	परिकर्तिका	proctalgia	17	8	1	0	18	8	68	18	3	0	71	18	89	26	115
61.	681	EC-2	हृद्रोगः	heart disease	15	0	0	0	15	0	21	1	0	0	21	1	36	1	37
62.	689	EC-3	ज्वरः	fever / pyrexia	24	15	6	4	30	19	18	7	2	4	20	11	50	30	80
63.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	2	1	0	1	2	5	10	0	0	5	10	6	12	18
64.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65.	812	EC-5	पाण्डुरोगः	anaemia	2	7	0	1	2	8	1	10	0	0	1	10	3	18	21
66.	823	EC-6	आमवातः	rheumatism due to आम	4	15	0	0	4	15	14	40	0	0	14	40	18	55	73
67.	828	EC-7	अरुचिः	anorexia	3	6	1	0	4	6	6	3	4	1	10	4	14	10	24
68.	838	ED-2.2	कण्डूः	pruritis	22	17	0	4	22	21	23	12	1	5	24	17	46	38	84
69.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	37	14	0	0	37	14	49	21	0	1	49	22	86	36	122
70.	874	ED-3	कामला	jaundice	4	2	0	0	4	2	10	6	0	0	10	6	14	8	22
71.	883	ED-4	कुष्ठम्	integumentary disease	43	22	1	1	44	23	31	27	4	0	35	27	79	50	129
72	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	5	4	0	0	5	4	2	11	0	0	2	11	7	15	22
73.	905	ED-4.3.10	विचर्चिका	wet eczema	6	2	0	0	6	2	2	5	0	0	2	5	8	7	15

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74.	897	ED-4.3.3	किटिभः	psoriasis	15	5	0	1	15	6	14	12	0	0	14	12	29	18	47
75.	898	ED-4.3.4	विपादिका	cracks in palms and soles	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
76.	900	ED-4.3.6	दद्दु-कुष्ठः	ringworm / tinea	20	13	0	0	20	13	25	5	1	0	26	5	46	18	64
77	901	ED-4.3.7	चर्मदल-कुष्ठः	carvadala-kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	902	ED-4.3.8	पामा	scabies	2	0	0	0	2	0	9	5	0	0	9	5	11	5	16
79.	919	ED-5	श्वित्रः	vitiligo /leukoderma	13	9	0	0	13	9	39	18	0	0	39	18	52	27	79
80	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
82.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
83.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	11	11	0	0	11	11	34	46	0	0	34	46	45	57	102
84.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
85	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
86	1013	ED-11	फिरङ्गः	syphilis	2	0	0	0	2	0	8	3	0	0	8	3	10	3	13
87	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
88	1024	ED-13	क्षीपदः	filariasis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
89	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	3	1	0	0	3	1	1	2	0	0	1	2	4	3	7
90	1031	ED-15	उदरः	urticaria with kapha predominance	4	3	0	0	4	3	5	2	0	0	5	2	9	5	14
91	1033	ED-16	भगन्दरः	fistula-in-ano	5	1	0	0	5	1	20	2	0	0	20	2	25	3	28
92.	1064	EE-2	अर्बुदः	tumour	3	5	0	0	3	5	2	2	0	0	2	2	5	7	12
93.	1074	EE-3	अर्शः	haemorrhoids	76	32	0	0	76	32	89	42	0	0	89	42	165	74	239
94	1081	EE-3.7	रक्तज-अर्शः	Pile mass with discharge of vitiated, hot blood.	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1

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95.	1095	EE-4	ग्रन्थि:	cyst	16	43	0	0	16	43	26	51	0	0	26	51	42	94	136
96	1099	EE-4.4	मेदोजग्रन्थि:	Fatty mobile swelling	1	1	0	0	1	1	2	0	0	0	2	0	3	1	4
97	1110	EF-2	प्रमेहः	diabetes mellitus	35	18	0	0	35	18	61	24	0	0	61	24	96	42	138
98.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	66	33	0	0	66	33	81	32	0	0	81	32	147	65	212
99	1118	EF-2.2.6	शुक्रमेहः	semen mixed urination	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1161	EF-3	मेदोरोगः	obesity	17	16	0	0	17	16	26	12	0	0	26	12	43	28	71
101	1163	EF-4	पिडका	eruption	1	0	1	0	2	0	1	0	0	0	1	0	3	0	3
102.	1173	EI-2	क्लैब्यम्	male infertility	7	0	0	0	7	0	16	0	0	0	16	0	23	0	23
103	1175	EI-2.2	ध्वजभङ्गज क्लैब्यम्	klaibya due to erectile dysfunction	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
104.	1236	EI-6	वृद्धिः	hernia, hydrocele	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
105.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	3	0	0	0	3	0	2	0	0	0	2	0	5	0	5
106.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nep hrolithiasis	31	29	2	0	33	29	82	42	1	0	83	42	116	71	187
108.	1258	EJ-3	मूत्राघातः	urinary retention	16	6	0	0	16	6	43	3	0	0	43	3	59	9	68
109.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	14	0	0	0	14	0	10	0	0	0	10	0	24	0	24
110.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	38	15	1	0	39	15	97	31	0	0	97	31	136	46	182
111.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1304	EK-3	श्वयथुः/शोथः /शोफः	oedema/inflammation	10	10	1	0	11	10	19	18	0	0	19	18	30	28	58
113	1319	EK-3.15	कर्णमूलशोथः	mumps	0	2	0	0	0	2	5	3	0	0	5	3	5	5	10
114	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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115.	1337	EK-4.6	यकृद्वाल्गुदरः	hepatomegaly	9	3	0	0	9	3	41	2	0	0	41	2	50	5	55
116.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1340	EK-4.9	जलोदरः	ascites	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
119.	1350	EL-2	योनि-व्यापदः	gynecological disorder	0	1	0	0	0	1	0	19	0	0	0	19	0	20	20
120.	1360	EL-2.10	उदावर्तिनी	dysmenorrhea	0	6	0	0	0	6	0	21	0	0	0	21	0	27	27
121.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124.	1374	EL-2.24	वन्ध्या	female infertility	0	3	0	0	0	3	0	0	0	0	0	0	0	3	3
125.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1359	EL-2.9	अरजस्का	amenorrhea	0	7	0	0	0	7	0	3	0	0	0	3	0	10	10
128.	1383	EL-3	आर्तवदोषः/ आर्तवदुष्टिः	menstrual disorders	0	19	0	0	0	19	0	14	0	0	0	14	0	33	33
129.	1392	EL-4	रक्तप्रदरः/असृ ग्दरः	menorrhagia / metrorrhagia / (DUB)	0	8	0	0	0	8	0	6	0	0	0	6	0	14	14
130.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	40	0	0	0	40	0	86	0	0	0	86	0	126	126
131.	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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134.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1419	EL-9	सूतिकारोगः	puerperal disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	1421	EM	मनोवहस्रोतो विकारः	disorders of मनोवहस्रोतस्	110	75	5	2	115	77	214	134	0	1	214	135	329	212	541
137.	1423	EM-2	उन्मादः	psychosis/insanity	8	0	0	0	8	0	9	2	0	0	9	2	17	2	19
138.	1424	EM-2.1	उन्माद-पूर्वरूपम्	prodromes of उन्माद	2	2	0	0	2	2	8	1	0	0	8	1	10	3	13
139	1425	EM-2.2	वातज-उन्मादः	उन्माद due to वात	21	9	0	0	21	9	22	19	0	0	22	19	43	28	71
140.	1426	EM-2.3	पित्तज-उन्मादः	उन्माद due to पित्त	2	1	0	0	2	1	1	12	0	0	1	12	3	13	16
141.	1427	EM-2.4	कफज-उन्मादः	उन्माद due to कफ	4	6	0	0	4	6	9	10	0	0	9	10	13	16	29
142.	1428	EM-2.5	सन्निपातज-उन्मादः	उन्माद due to three दोष	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1429	EM-2.6	शोकज-उन्मादः	उन्माद due to grief	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
144.	1452	EM-2.8	भूतोन्मादः	उन्माद due to possession of भूत	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1457	EM-3	अपस्मारः	epilepsy	3	0	0	0	3	0	10	1	1 2	0	22	1	25	1	26
146.	1465	EM-4	अतत्त्वाभिनिवेशः	psychic perversion/delusion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1466	EM-5	मदात्ययः	alcohol abuse	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
148.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	7	0	0	0	7	0	7	0	7
149.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1519	EM-9	मन-सन्तापः	mental agitation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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151.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	5	9	0	0	5	9	6	6	0	0	6	6	11	15	26
152.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	38	74	0	0	38	74	55	88	0	0	55	88	93	162	255
153.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1530	F-8	अर्धविभेदकः	hemicrania	2	2	0	0	2	2	0	0	0	0	0	0	2	2	4
155.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156.	1532	F-10	शङ्खकः	temporal cephalalgia	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
157.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	24	25	0	0	24	25	21	34	0	0	21	34	45	59	104
158.	1548	FA-4	दारुणकः	pytiriasis capitis	0	1	0	0	0	1	4	0	0	0	4	0	4	1	5
159.	1565	GB	दन्तमूलरोगः	gum disorders	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
160.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1583	GC	दन्तरोगः	tooth disorders	5	0	0	0	5	0	4	0	0	0	4	0	9	0	9
162.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1606	GE-3	तुण्डिकेरी	pharyngeal swelling	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
167.	1616	GF	कण्ठरोगः	throat disorders	5	4	0	1	5	5	35	7	0	0	35	7	40	12	52
168.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	4	0	0	0	4	0	4	4

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171.	1643	GF-19	गलगण्डः	goitre	2	5	0	0	2	5	0	17	0	0	0	17	2	22	24
172.	1649	GG	मुखपाकः	stomatitis	5	4	0	0	5	4	13	9	0	0	13	9	18	13	31
173.	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	5	1	0	0	5	1	3	0	0	0	3	0	8	1	9
174.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	1740	HF-1	अभिप्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	1761	HG-1	तिमिरः	partial or total blindness/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
186.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
187.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
188.	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
189.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	44	32	5	7	49	39	60	38	9	6	69	44	118	83	201
190.	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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191.	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
192.	1853	I-16	नासार्शः	nasal polyp	1	0	0	0	1	0	2	1	1	0	3	1	4	1	5
193.	1860	J	कर्णरोगः	ear diseases	2	1	0	0	2	1	1	1	0	0	1	1	3	2	5
194	1869	J-9	कर्ण-नादः	tinnitus	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
195.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1871	J-11	कर्ण- प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
197.	1880	J-14	कर्ण-स्रावः	otorrhoea	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
198.	1896	J-19	बाधिर्यम्	deafness	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
199	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
200	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
201	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
202	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
203	1971	LA	भग्नः (अस्थिभग्नः)	fracture	2	0	0	0	2	0	4	0	0	0	4	0	6	0	6
204	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
206	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	2170	MD-11	दौर्बल्यम्	debility	111	19	3	1	114	20	166	23	3	1	169	24	283	44	327
210	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
211	2172	MD-13	शय्यामूत्रता	enuresis	0	0	1	1	1	1	0	0	1	0	1	0	2	1	3
212	2173	MD-14	कुक्षकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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214	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
215	2184	N	कृमिः/सञ्जात कृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	2243	O-7	अरुणिका	eruptions on head with multiple openings/furunculosis	2	1	0	0	2	1	3	5	0	0	3	5	5	6	11
217	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
218	2251	O-15	कुनखः	paronychia	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
219	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
221	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
222	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
223	2280	O-35	युवानपिडका	pimples	15	23	0	0	15	23	19	17	0	3	19	20	34	43	77
224	2284	O-39	इन्द्रलुप्तः	alopecia	3	2	0	0	3	2	0	0	0	0	0	0	3	2	5
225	2287	O-42	व्यङ्गः	black patches on face / melasma	6	16	0	0	6	16	9	14	0	0	9	14	15	30	45
226	2310	O-51	आलस्यम्	laziness/lethargy (due to kapha& other dosha)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
227	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
228	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
229	0	I-83.9	Varicose Vein	derangement of mamsavahasrotas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
230		Z-29.1	Immuno Prophylaxis		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					2085	1559	58	44	2143	1603	3266	2340	63	60	3329	2400	5472	4003	9475

19) Ayurveda Unit Supreme Court of India, FAP Hon'ble Supreme Court, First Aid Post

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Ch ild		Total		Adult		Chil d		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/ आनाहः	distension/tympanites/meteorism or painful abdominal distension	20	14	0	0	20	14	5	3	0	0	5	3	25	17	42
2.	2983	AAC-12.4	विबन्ध	simple constipation	254	128	0	0	254	128	36	12	0	0	36	12	290	140	430
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4.	154	AAC-17	क्रोष्ठकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	17	3	0	0	17	3	6	1	0	0	6	1	23	4	27
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemi paresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16.	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18.	248	AAE-16	सन्धिवातः	osteo-arthritis	334	192	0	0	334	192	78	36	0	0	78	36	412	640
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	285	ABB-24	दाहः	burning sensation	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21.	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	0	0	0	0	0	0	0	0
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	0	0	0	0	0	0	5	0	0	0	5	0	5	5
23.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0
25.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	480	EA-3	कासः	cough / tussis	177	77	0	0	177	77	16	5	0	0	16	5	193	275
28.	489	EA-4	श्वासः	dyspnoea	30	31	0	0	30	31	4	3	0	0	4	3	34	68
29.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	6	0	0	0	6	0	0	0	0	0	0	0	6	6
31.	633	EB-10	शूलः	colicky pain/abdominal colic	0	24	0	0	0	24	5	3	0	0	5	3	5	27	32
32.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	650	EB-10.14	हृदयशूलः	cardialgia/precor dial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36.	656	EB-11	उदावर्तः	obstipation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
37.	676	EB-12	परिकर्तिका	proctalgia	123	17	0	0	123	17	6	5	0	0	6	5	129	22	151
38.	515	EB-2	अतिसारः	diarrhoea	29	3	0	0	29	3	1	0	0	0	1	0	30	3	33
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	536	EB-3	अजीर्णम्	indigestion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	296	170	0	0	296	170	42	32	0	0	42	32	338	202	540
45.	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro- intestinal tract	0	0	0	0	0	0	6	0	0	0	6	0	6	0	6

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47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48.	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
49.	681	EC-2	हृद्रोगः	heart disease	14	2	0	0	14	2	3	2	0	0	3	2	17	4	21
50.	689	EC-3	ज्वरः	fever / pyrexia	88	48	0	0	88	48	7	5	0	0	7	5	95	53	148
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	4	4	0	0	4	4	0	0	0	0	0	0	4	4	8
52.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
54.	823	EC-6	आमवातः	rheumatism due to आम	308	185	0	0	308	185	23	17	0	0	23	17	331	202	533
55.	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
57.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1024	ED-13	क्षीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
61.	1031	ED-15	उदरदः	urticaria with kapha predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
62.	1033	ED-16	भगन्दरः	fistula-in-ano	65	4	0	0	65	4	4	1	0	0	4	1	69	5	74
63.	838	ED-2.2	कण्डूः	pruritis	65	49	0	0	65	49	0	4	0	0	0	4	65	53	118

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64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65.	874	ED-3	कामला	jaundice	39	19	0	0	39	19	3	3	0	0	3	3	42	22	64
66.	883	ED-4	कुष्ठम्	integumentary disease	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
67.	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68.	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70.	900	ED-4.3.6	दङ्ग-कुष्ठः	ringworm / tinea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
71.	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79.	1074	EE-3	अर्शः	haemorrhoids	129	13	0	0	129	13	4	0	0	0	4	0	133	13	146
80.	1095	EE-4	ग्रन्थिः	cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	283	176	0	0	283	176	59	40	0	0	59	40	342	216	558
82.	1161	EF-3	मेदोरोगः	obesity	9	1	0	0	9	1	1	1	0	0	1	1	10	2	12

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83.	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
84.	1173	EI-2	क्लैब्यम्	male infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
85.	1244	EI-6.8	अन्न-वृद्धिः	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92.	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	यकृद्वाल्गुदरः	hepatomegaly	30	1	0	0	30	1	0	0	0	0	0	0	30	1	31
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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101.	1370	EL-2.20	महायोनि: / विवृता	utero-vaginal prolapse/procidence	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1377	EL-2.27	योनिक्न्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	46	0	0	0	46	0	15	0	0	0	15	0	61	61
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
108.	1402	EL-7.1	गर्भस्त्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114.	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
115.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	84	37	0	0	84	37	12	9	0	0	12	9	96	46	142
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धविभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
124.	1548	FA-4	दारुणकः	pytiritiasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
125.	1565	GB	दन्तमूलरोगः	gum disorders	197	97	0	0	197	97	34	19	0	0	34	19	231	116	347
126.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1583	GC	दन्तरोगः	tooth disorders	15	3	0	0	15	3	6	3	0	0	6	3	21	6	27
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	0	33	0	0	0	33	0	1	0	0	0	1	0	34	34
132.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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136.	1649	GG	मुखपाकः	stomatitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137.	1662	H	अक्षिरोगः/नेत्र रोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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152.	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	88	37	0	0	88	37	17	19	0	0	17	19	105	56	161
153.	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155.	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156.	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
159.	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
160.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
163.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	386	175	0	0	386	175	94	68	0	0	94	68	480	243	723
170.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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171.	2173	MD-14	कुक्षकः	opthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0
173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	2184	N	कृमिः/सञ्जात कृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	2251	O-15	कुनखः	paronychia	0	0	0	0	0	0	0	0	0	0	0	0	0	0
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	139	19	0	0	139	19	29	2	0	0	29	2	168	21
183.	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	2243	O-7	अरुषिका	eruptions on head having multiple openings/furunc ulosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total					3223	1614	0	0	3223	1614	506	309	0	0	506	309	3729	1923

20) AYUSH aS CLINIC, PRESIDENT'S ESTATE

S. No.	NA MC ID	NAM C Code	NAMC_Name	Short_definition	No. of Patients Attended						No. of Patients Attended						Grand Total		
					New						Follow up								
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	TOTAL
1.	147	AAC-12	आध्मानम् / आनाहः	distension/tympanites/meteorism or painful abdominal distension	52	27	2	0	54	27	61	30	0	0	61	30	115	57	172
2.	2983	AAC-12.4	विबन्ध	simple constipation	84	38	7	1	91	39	86	43	5	0	91	43	182	82	264
3.	152	AAC-15	एकाङ्गवातः	monoplegia	33	11	1	0	34	11	64	16	0	0	64	16	98	27	125
4.	154	AAC-17	क्रोष्ठुक्षीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	11	11	0	0	11	11	26	7	0	0	26	7	37	18	55
7.	163	AAC-24	पक्षाघातःपक्ष/वधः	hemiplegia/hemiparesis	1	2	0	0	1	2	3	4	0	0	3	4	4	6	10
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	4	0	0	0	4	0	6	0	0	0	6	0	10	10
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/spasmodic torticollis	13	3	0	0	13	3	27	13	0	0	27	13	40	16	56
12.	176	AAC-34	वातकण्ठकम्	calcaneal spur/painful heel	11	4	0	0	11	4	14	10	0	0	14	10	25	14	39

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13.	177	AAC-35	विश्वाम्नी	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	179	AAC-37	शिरोग्रहः	head and neck rigidity	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
15.	135	AAC-4	अर्दितः	facial paralysis	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
16.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	1	0	0	3	1	3	3	1	0	0	3	1	4	4	8
17.	141	AAC-8	अवबाहुकः	frozen shoulder	13	5	0	0	13	5	32	10	0	0	32	10	45	15	60
18.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
19.	248	AAE-16	सन्धिवातः	osteo-arthritis	91	40	0	0	91	40	195	119	1	1	195	119	286	159	445
20.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21.	285	ABB-24	दाहः	burning sensation	3	0	1	0	4	0	2	1	2	0	4	1	8	1	9
22.	287	ABB-26	पालित्य	premature greying of hairs	2	0	0	0	2	0	3	0	0	0	3	0	5	0	5
23.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	12	0	0	0	12	0	11	3	1	0	12	3	24	3	27
24.	410	BA-3.1	आर्तवक्षयः	scanty menstruation/ hypomenorrhoea/ oligomenorrhoea	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
25.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
28.	480	EA-3	कासः	cough / tussis	110	39	15	5	125	44	183	54	22	13	205	67	330	111	441
29.	489	EA-4	श्वासः	dyspnoea	12	6	0	1	12	7	31	31	1	1	32	32	44	39	83
30.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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31.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
32.	633	EB-10	शूलः	colicky pain/abdominal colic	19	6	1	1	20	7	10	10	0	0	10	10	30	17	47
33.	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
34.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36.	651	EB-10.15	पार्श्वशूलः	flank pain	4	0	0	0	4	0	6	0	0	0	6	0	10	0	10
37.	656	EB-11	उदावर्तः	obstipation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38.	676	EB-12	परिकर्तिका	proctalgia	6	4	0	0	6	4	6	6	0	0	6	6	12	10	22
39.	515	EB-2	अतिसारः	diarrhoea	7	6	0	0	7	6	1	0	0	0	1	0	8	6	14
40.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	524	EB-2.8	आमातिसारः	आम stage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43.	536	EB-3	अजीर्णम्	indigestion	7	4	0	0	7	4	3	1	0	0	3	1	10	5	15
44.	543	EB-3.7	विसूचिका	acute gastroenteritis	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
45.	558	EB-4	अम्लपित्तम्	hyperacidity	26	13	0	0	26	13	23	19	0	0	23	19	49	32	81
46.	586	EB-6	हृदिः	vomiting/emesis	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
47.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	5	8	0	0	5	8	12	6	0	0	12	6	17	14	31
48.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2

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49.	628	EB-9	प्रवाहिका	dysentery	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
50.	681	EC-2	हृद्रोगः	heart disease	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
51.	689	EC-3	ज्वरः	fever / pyrexia	8	3	2	0	10	3	15	9	0	1	15	10	25	13	38
52.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
54.	812	EC-5	पाण्डुरोगः	anaemia	1	1	2	0	3	1	5	6	0	4	5	10	8	11	19
55.	823	EC-6	आमवातः	rheumatism due to आम	8	10	0	0	8	10	72	30	0	0	72	30	80	40	120
56.	828	EC-7	अरुचिः	anorexia	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
57.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59.	1017	ED-12	प्लीहोदरः	splenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60.	1024	ED-13	क्षीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
61.	1029	ED-14	शीतपित्तम्	urticaria with <i>vata</i> predominance	2	4	0	0	2	4	4	14	0	0	4	14	6	18	24
62.	1031	ED-15	उदरः	urticaria with <i>kapha</i> predominance	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
63.	1033	ED-16	भगन्दरः	fistula-in-ano	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
64.	838	ED-2.2	कण्डूः	pruritis	1	8	2	0	3	8	11	10	0	0	11	10	14	18	32
65.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	10	2	0	0	10	2	10	2	0	0	10	2	20	4	24
66.	874	ED-3	कामला	jaundice	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
67.	883	ED-4	कुष्ठम्	integumentary disease	4	0	0	0	4	0	8	8	0	0	8	8	12	8	20

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68.	905	ED-4.3.10	विचर्चिका	wet eczema	5	7	0	0	5	7	6	4	0	0	6	4	11	11	22
69.	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
70.	898	ED-4.3.4	विपादिका	cracks in palms and soles	2	0	0	0	2	0	2	0	0	0	2	0	4	0	4
71.	900	ED-4.3.6	ददुकुष्ठः-	ringworm / tinea	8	2	1	0	9	2	4	5	0	0	4	5	13	7	20
72.	902	ED-4.3.8	पामा	scabies	0	2	0	0	0	2	9	5	0	0	9	5	9	7	16
73.	919	ED-5	श्वित्रः	vitaligo /leucoderma	2	1	0	0	2	1	31	11	0	0	31	11	33	12	45
74.	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	942	ED-6.8	लघुमसूरिका-	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
76.	944	ED-7	रक्तपित्तम्	bleeding disorder	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
77.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	1	0	0	0	1	0	4	1	0	0	4	1	5	1	6
78.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
79.	1064	EE-2	अर्बुदः	tumor	2	2	0	0	2	2	0	1	0	0	0	1	2	3	5
80.	1074	EE-3	अर्शः	haemorrhoids	31	7	0	0	31	7	35	27	0	0	35	27	66	34	100
81.	1095	EE-4	ग्रन्थिः	cyst	13	1	3	0	16	1	14	8	0	0	14	8	30	9	39
82.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	59	22	0	0	59	22	149	43	0	0	149	43	208	65	273
83.	1161	EF-3	मेदोरोगः	obesity	20	6	0	0	20	6	22	21	0	0	22	21	42	27	69
84.	1163	EF-4	पिडका	eruption	1	0	0	0	1	0	1	0	0	1	1	1	2	1	3
85.	1173	EI-2	क्लैव्यम्	male infertility	6	0	0	0	6	0	7	0	0	0	7	0	13	0	13
86.	1244	EI-6.8	अन्त्रवृद्धिः-	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87.	1245	EI-6.9	अण्डवृद्धिः-	scrotal swelling	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
88.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis /nephrolithiasis	14	7	0	0	14	7	25	6	0	0	25	6	39	13	52
89.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
90.	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	4	0	0	0	4	0	13	0	0	0	13	0	17	0	17

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91.	1271	EJ-3.11	मूत्रशुक्रः	spermaturia	5	0	0	0	5	0	12	0	0	0	12	0	17	0	17
92.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	11	3	0	0	11	3	15	1	0	0	15	1	26	4	30
93.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1304	EK-3	श्वयथुः/शोथः/ शोफः	oedema/inflammation	5	0	0	0	5	0	5	9	0	0	5	9	10	9	19
95.	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	1337	EK-4.6	यकृद्वाल्युदरः	hepatomegaly	2	3	0	0	2	3	9	6	0	0	9	6	11	9	20
97.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
101.	1362	EL-2.12	जातघ्नीपुत्रघ्नी/ विवृता	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
102.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1374	EL-2.24	बन्ध्या	female infertility	0	3	0	0	0	3	0	0	0	0	0	0	0	3	3
105.	1377	EL-2.27	योनिक्लदः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106.	1382	EL-2.28	योनिअर्शः-	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1359	EL-2.9	अरजस्का	amenorrhea	0	9	0	0	0	9	0	22	0	0	0	22	0	31	31
108.	1392	EL-4	रक्तप्रदरः/असृ/ गदरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	7	0	0	0	7	0	8	0	0	0	8	0	15	15

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109.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	27	0	0	0	27	0	19	0	0	0	19	0	46	46
110.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
111.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
113.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	1	0	0	0	1	0	1	1	1
114.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	5	2	0	0	5	2	0	0	0	0	0	5	2	7	7
115.	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
116.	1457	EM-3	अपस्मारः	epilepsy	0	0	1	0	1	0	0	0	0	0	0	1	0	1	1
117.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia /cephalalgia	10	1	0	0	10	1	1	6	0	0	1	6	11	7	18
121.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1530	F-8	अर्धविभेदकः	hemicrania	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
124.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	2	0	2	0	0	0	0	0	0	0	2	2
125.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	7	10	0	0	7	10	36	7	0	0	36	7	43	17	60
126.	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	0	1	0	0	1	0	1	1	1
127.	1565	GB	दन्तमूलरोगः	gum disorders	1	0	0	0	1	0	0	0	0	0	0	1	0	1	1
128.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
129.	1583	GC	दन्तरोगः	tooth disorders	1	3	0	0	1	3	0	2	0	0	2	1	5	6	6
130.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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132.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1616	GF	कण्ठरोगः	throat disorders	4	0	0	0	4	0	3	1	0	0	3	1	7	1	8
134.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1624	GF-2	कण्ठशालूकःतु/ण्डिकेरी	Tonsilitis/Adenoids	11	5	0	0	11	5	5	6	1	1	6	7	17	12	29
136.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
137.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138.	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
139.	1649	GG	मुखपाकः	stomatitis	7	0	1	0	8	0	8	3	0	0	8	3	16	3	19
140.	1662	H	अक्षिरोगःनेत्र/रोगः	ophthalmic diseases/ eye diseases	3	0	0	0	3	0	5	0	0	0	5	0	8	0	8
141.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1689	HB	वर्त्मरोगः-	eyelid disorders	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
143.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1720	HD-1	प्रस्तारिअर्म-	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1740	HF-1	अभिष्यन्दः	conjunctivitis	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
148.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1761	HG-1	तिमिरः	partial or total blindness/ amaurosis /ametropia /partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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153.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1813	I	नासारोगः	nose diseases	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
155.	1814	I-1	प्रतिश्यायः पीनसः/	rhinitis	28	5	1	0	29	5	58	8	0	1	58	9	87	14	101
156.	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
158.	1832	I-6	अपीनसः	chronic rhinitis	6	0	0	0	6	0	4	3	0	0	4	3	10	3	13
159.	1860	J	कर्णरोगः	ear diseases	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
160.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1880	J-14	कर्णस्रावः-	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
162.	1896	J-19	बाधिर्यम्	deafness	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
163.	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1869	J-9	कर्णनादः-	tinnitus	3	0	0	0	3	0	2	0	0	0	2	0	5	0	5
165.	1913	K	व्रणः	wounds	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
166.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
168.	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170.	2013	LB-1	अग्निदग्धः	burns	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
171.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2170	MD-11	दौर्बल्यम्	debility	32	9	0	0	32	9	131	28	0	3	131	31	163	40	203
173.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2173	MD-14	कुक्कणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	2177	MD-17	फक्कुरोगः-	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	2164	MD-7	गुदपाकः	proctitis	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4

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178.	2184	N	कृमि:सञ्जातकृमि	worm infestation	0	0	11	0	11	0	0	0	6	0	6	0	17	0	17
179.	2250	O-14	कदरः	corn /callosity	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
180.	2251	O-15	कुनखः	paronychia	12	3	0	0	12	3	13	5	0	0	13	5	25	8	33
181.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
183.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	22	23	1	0	23	23	48	1 0	0	0	48	10	71	33	104
186	2284	O-39	इन्द्रलुप्तः	alopecia	21	6	1	0	22	6	15	5	0	0	15	5	37	11	48
187	2287	O-42	व्यङ्गः	black patches on face / melasma	6	6	0	0	6	6	6	9	0	0	6	9	12	15	27
188	2243	O-7	अरुंषिका	eruptions on head having multiple openings/ furunculosis	14	8	0	1	14	9	21	1	0	0	21	1	35	10	45
189	1519	EM-9	मनसन्तापः-	mental agitation	5	3	0	0	5	3	35	2	0	0	35	2	40	5	45
190	652	EB 10.16	त्रिकशूलः	Sacralgia	51	32	0	0	51	32	12 0	5 9	0	0	120	59	171	91	262
191	1350	EL-2	योनिव्यापदः-	Gynecological disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
192	45	AAB- 29	काश्र्यम्	emaciation	5	2	3	0	8	2	6	0	6	0	12	0	20	2	22
193	42	AAB- 26	क्लमः	fatigue without physical exertion	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
194	240	AAE- 8	रक्तगतवात	hypertension	31	22	0	0	31	22	60	28	0	0	60	28	91	50	141
GRAND TOTAL					1062	513	57	15	1119	528	1883	862	44	25	1927	887	3046	1415	4461

21) JNU common diseases with National Ayurveda Morbidity Codes

S.N o.	NA MC ID	NAMC Code	NAMC_N ame	Short_definition	No. of patients treated																		Gra nd Tot al (M +T+ F)			
					New									Follow up										Total		
					Adult			Child		Total				Adult			Child		Total							
					M	F	T	M	F	M	T	F	M	F	T	M	F	T	M	T	F	M		T	F	
1	147	AAC-12	आध्मानम् / आनाहः	distension/tympanites/meteor ism or painful abdominal distension	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
2	2983	AAC-12.4	विबन्ध	simple constipation	12	1	0	0	0	12	0	1	3	4	0	0	0	3	0	4	15	0	5	20		
3	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
4	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
6	157	AAC-20	गृध्रसी	sciatica	3	1	0	0	0	3	0	1	4	2	0	0	0	4	0	2	7	0	3	10		
7	163	AAC-24	पक्षाघातः/ पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
8	166	AAC-24.2	बाल- पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
10	172	AAC-30	पङ्गुः (केवलवात)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
12	177	AAC-35	विश्र्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			

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13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
14	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
16	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
18	248	AAE-16	सन्धिवातः	osteo-arthritis	19	26	0	0	0	19	0	26	9	10	0	0	0	9	0	10	28	0	36	64
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
20	285	ABB-24	दाहः	burning sensation	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
21	287	ABB-26	पालित्य	premature graying of hair	1	5	0	0	0	1	0	5	0	0	0	0	0	0	0	0	1	0	5	6
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	3	1	0	0	0	3	0	1	4	1	0	0	0	4	0	1	7	0	2	9
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
25	420	BI	राजयक्ष्मा	consumption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
26	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
27	480	EA-3	कासः	cough / tussis	32	13	0	0	1	32	0	14	4	4	0	0	0	4	0	4	36	0	18	54
28	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
30	633	EB-10	शूलः	colicky pain/abdominal colic	5	7	0	0	0	5	0	7	0	1	0	0	0	0	0	1	5	0	8	13
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
34	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
35	656	EB-11	उदावर्तः	obstipation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

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36	676	EB-12	परिकर्तिका	proctalgia	2	0	0	0	0	2	0	0	0	0	0	0	0	0	0	2	0	0	2	
37	515	EB-2	अतिसारः	diarrhoea	2	1	0	0	0	2	0	1	1	3	0	0	0	1	0	3	3	0	4	7
38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
41	536	EB-3	अजीर्णम्	indigestion	14	6	0	0	0	14	0	6	7	10	0	0	0	7	0	10	21	0	16	37
42	543	EB-3.7	विमूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
43	558	EB-4	अम्लपित्तम्	hyperacidity	4	9	0	0	0	4	0	9	3	4	0	0	0	3	0	4	7	0	13	20
44	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	5	0	0	0	0	5	0	0	2	3	0	0	0	2	0	3	7	0	3	10
46	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
47	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
48	681	EC-2	हृद्रोगः	heart disease	2	0	0	0	0	2	0	0	1	0	0	0	0	1	0	0	3	0	0	3
49	689	EC-3	ज्वरः	fever / pyrexia	6	3	0	0	0	6	0	3	2	0	0	0	0	2	0	0	8	0	3	11
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
52	812	EC-5	पाण्डुरोगः	anaemia	2	1	0	0	0	2	0	1	0	2	0	0	0	0	0	2	2	0	3	5
53	823	EC-6	आमवातः	rheumatism due to आम	2	3	0	0	0	2	0	3	1	1	0	0	0	1	0	1	3	0	4	7
54	828	EC-7	अरुचिः	anorexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
57	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
58	1024	ED-13	क्षीपदः	filariasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
59	1029	ED-14	शीतपित्तम्	urticaria with <i>vata</i> predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
60	1031	ED-15	उदरदः	urticaria with <i>kapha</i> predominance	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
61	1033	ED-16	भगन्दरः	fistula-in-ano	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

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62	838	ED-2.2	कण्डूः	pruritis	2	4	0	0	0	2	0	4	0	1	0	0	0	0	0	1	2	0	5	7
63	850	ED-2.8	निद्रानाशः अनिद्रा /	loss of sleep (insomnia)	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
64	874	ED-3	कामला	jaundice	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65	883	ED-4	कुष्ठम्	integumentary disease	7	4	0	0	0	7	0	4	3	2	0	0	0	3	0	2	10	0	6	16
66	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
67	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
69	900	ED-4.3.6	ददुकुष्ठः-	ringworm / tinea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
70	902	ED-4.3.8	पामा	scabies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
72	2979	ED-6.10	रोमात्मिका	measles	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73	942	ED-6.8	लघु- मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
74	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1
76	972	ED-9	विद्रधिः	abscess	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1
77	1064	EE-2	अर्बुदः	tumor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78	1074	EE-3	अर्शः	haemorrhoids	3	2	0	0	0	3	0	2	2	0	0	0	0	2	0	0	5	0	2	7
79	1095	EE-4	ग्रन्थिः	cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	9	4	0	0	0	9	0	4	3	2	0	0	0	3	0	2	12	0	6	18
81	1161	EF-3	मेदोरोगः	obesity	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	1
82	1163	EF-4	पिडका	eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
83	1173	EI-2	क्लैव्यम्	male infertility	2	0	0	0	0	2	0	0	2	0	0	0	0	2	0	0	4	0	0	4
84	1244	EI-6.8	अन्त्रवृद्धिः-	hernia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
85	1245	EI-6.9	अण्डवृद्धिः-	scrotal swelling	2	0	0	0	0	2	0	0	0	0	0	0	0	0	0	2	0	0	2	2

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86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	2	1	0	0	0	2	0	1	4	0	0	0	0	4	0	0	6	0	1	7
87	1258	EJ-3	मूत्राघातः	urinary retention	1	2	0	0	0	1	0	2	0	1	0	0	0	0	0	1	1	0	3	4
88	1266	EJ-3.6	वाताष्टीला	prostatic enlargement	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	2	2	0	0	0	2	0	2	0	7	0	0	0	0	0	7	2	0	9	11
90	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
92	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
93	1337	EK-4.6	यकृद्वाल्गुदरः	hepatomegaly	2	0	0	0	0	2	0	0	2	0	0	0	0	2	0	0	4	0	0	4
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
98	1362	EL-2.12	जातघ्नीपुत्र/घ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100	1370	EL-2.20	महायोनिः विवृता /	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
101	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	1	1
102	1377	EL-2.27	योनिक्कन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
103	1382	EL-2.28	योनिअर्शः-	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105	1392	EL-4	रक्तप्रदरःअ/ सृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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107	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
112	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
113	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
114	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalal gia	4	3	0	0	0	4	0	3	2	2	0	0	0	2	0	2	6	0	5	11
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
120	1530	F-8	अर्धविभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	7	1	0	0	0	7	0	1	0	0	0	0	0	0	0	7	0	1	8	
123	1548	FA-4	दारुणकः	pytoriasis capitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
126	1583	GC	दन्तगतरोगः	tooth disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
129	1616	GF	कण्ठरोगः	throat disorders	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	2	0	0	0	0	2	0	0	0	0	0	0	0	0	0	2	0	0	2	
132	1641	GF-17	गण्डमाला	scrofula	3	1	0	0	0	3	0	1	0	0	0	0	0	0	3	0	1	4	4	
133	1643	GF-19	गलगण्डः	goiter	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

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134	1649	GG	मुखपाकः	stomatitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
137	1689	HB	वर्त्मरोगः-	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
138	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150	1814	I-1	प्रतिश्यायः पीनसः/	rhinitis	11	6	0	0	1	11	0	7	1	0	0	0	0	1	0	0	12	0	7	19
151	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
152	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
153	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1880	J-14	कर्णस्रावः-	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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158	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
159	1869	J-9	कर्णनादः-	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
160	1913	K	व्रणः	wounds	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
163	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
167	2170	MD-11	दौर्बल्यम्	debility	16	7	0	0	1	16	0	8	8	0	0	0	0	8	0	0	24	0	8	32
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
169	2173	MD-14	कुक्कूणकः	ophthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
170	2177	MD-17	फक्कुरोगः-	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
173	2184	N	कृमिःसञ्जा/ तकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
174	2250	O-14	कदरः	corn /callosity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
175	2251	O-15	कुनखः	paronychia	0	5	0	0	0	0	0	5	0	1	0	0	0	0	1	0	0	6	6	
176	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
179	2278	O-33	मषकः	blackgram-spots	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	1	
180	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	4	6	0	0	0	4	0	6	1	2	0	0	0	1	0	2	5	0	8	13
181	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
182	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
183	2243	O-7	अरूषिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

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184	1110	EF-2	प्रमेहः	diabetes mellitus	8	3	0	0	0	8	0	3	4	1	0	0	0	4	0	1	12	0	4	16
185	4	AA	वातव्याधिः	disorders due to vāta	10	6	0	0	0	10	0	6	7	3	0	0	0	7	0	3	17	0	9	26
186	1324	EK-4	उदरउदररो/ गः	ascites	6	3	0	0	0	6	0	3	6	0	0	0	0	6	0	0	12	0	3	15
187	489	EA-4	श्वासः	dyspnoea	3	3	0	0	0	3	0	3	4	2	0	0	0	4	0	2	7	0	5	12
188	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness/torticollis/spasmodic torticollis (due only to vātadōṣa)	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	
189	1383	EL-3	आर्तवदोषः/ आर्तवदुष्टिः रजोदोषः	menstrual disorders	0	3	0	0	0	0	0	3	0	1	0	0	0	0	0	1	0	0	4	4
190	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
191	72	AAB-55	पादशूलः (केवलवात)	leg pain (due only to vātadōṣa)	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1
192	494	EA-4.5	तमकश्वासः	the disorder is characterized by pīnasam [cold, catarrh], ghurghurakam/kaṇthaghurgh urikānvitah [making ghurghur sound],	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
194	1421	EM	मनोवहस्रोत ोविकारः	disorders of manōvahasrōtas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
195	3573	I:10	Hypertension(BP)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterized by sūkrābha mūtra pravṛtti [semen like appearance of urine],	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
197	1081	EE-3.7	रक्तजअर्शः-	the disorder is characterized by nyagrōdhaprarōhasadṛśagudā ṅkurāḥ [anal sprouts as shoots of indian fig tree],	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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				vidrumasannibhāḥ gudāṅkurāḥ [pile mass are like the coral]																				
198	1606	GE-3	तुण्डिकेरी	the disorder is characterized by sthūla śōpha [large swelling], sthūla śōtha [large swelling]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
199	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
200	167	C-166	(Varicos Vain) सिराग्रंथिः		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
201	1236	EI-6	वृद्धिः	hernia, hydrocele	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	1
202	1385	EL-3.2	पित्तजार्त/ वदुष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be similar to corresponding doshā]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
203	19	AAB-3	अङ्गमर्दः (केवलवात)	generalized body ache (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
207	901	ED-4.3.7	चर्मदल- कुष्ठः	carvadala-kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
208	108	AAB-91	विषादः दी/ नता (केवलवात)	depression/apathy (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	406	BG	शुक्रवैषम्यम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
210	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōṣa and other dōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
212	1604	GE-1	गलशुण्डिका (कण्ठशुण्डी)	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
214	652	EB-10.16	त्रिकशूलः/	sacralgia	1	1	0	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1	2	
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
216	1350	EL-2	योनिरोगःयो/व्यापदः-नि	gynecological disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravṛddhi-kṣayavṛddhi-hāniḥ (granthēḥ)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
220	1175	EI-2.2	ध्वजभङ्गज क्लैब्यम्	klaibya due to erectile dysfunction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
221	2269	O-28	प्रसुप्तिः	hypoesthesia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
222	240	AAE-8	असृग्गतवातः रक्तगतवातः/	vitiated vāta in rakta	2	0	0	0	0	2	0	0	4	0	0	0	4	0	0	6	0	0	6	
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
224	2263	O-23	तिलकःति/लकालक	sesame-eruption	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
225	7	AAA-2	वातवृद्धिः	vātavṛddhiḥ	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
226	265	ABB-4	अतिस्वेदः (केवलपित्त)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
227			Not consultant		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
Grand Total					231	147	0	0	3	231	0	150	96	71	0	0	0	96	0	71	327	0	221	548

22) EYE CLINIC
Statement of patients attended at O.P.D

S. No	Period	No. of Patients Attended															
		New						Old								Grand Total	
		Adult		Child		Total		Adult		Child		Total					
		M	F	M	F	M	F	M	F	M	F	M	F	M	F		
1	18 th Feb 2017- March 2018	1252	1194	114	80	1366	1274	1230	1078	98	68	1328	1146	2694	2420		
2	2018-19	1168	1098	73	75	1241	1173	1466	1377	97	79	1563	1456	2804	2629		
3	2019-20	1018	1029	85	95	1103	1124	1305	1216	98	60	1403	1276	2506	2400		
4	2020-21	235	270	11	13	246	283	245	210	5	5	250	215	496	498		
5	2021-22	722	758	50	31	772	789	908	827	67	52	975	879	1747	1668		

23) Statement of patients attended OPD/IPD during the reporting period

S. No.	NAM C ID	NAM C Code	NAMC_ Name	Short_ definition	No. of patients treated												Total		Grand Total (M+F)
					New						Old								
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F			
1	1662	H	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	39	42	6	7	45	49	51	50	9	5	60	55	105	104	209
2	1679	HA-2	उपनाहः	marginal chalazion/ lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	1691	HB-2	कुम्भीका	styies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	1740	HF-1	अभिष्यन्दः	conjunctivitis	108	143	9	5	117	148	161	144	11	6	172	150	289	298	587
9	1745	HF-2	अधिमन्थः	glaucoma	39	40	0	0	39	40	54	45	0	0	54	45	93	85	178

10	1754	HF-7	शुष्काक्षिपाकः	xerophthalmia	81	64	0	0	81	64	76	93	0	3	76	96	157	160	317
11	1761	HG-1	तिमिरः	partial or total blindness/amaurosis /ametropia/partial obstruction of vision	335	364	31	19	366	383	389	364	44	36	433	400	799	783	1582
12	1807	HG-10	नकुलान्ध्यम्	maculopathy	8	8	0	0	8	8	11	6	0	0	11	6	19	14	33
13	1778	HG-2	काचः	moderate low vision	88	77	0	0	88	77	129	110	1	0	130	110	218	187	405
14	1785	HG-3	लिङ्गनाशः	complete blindness	24	20	4	0	28	20	37	15	2	2	39	17	67	37	104
Total					722	758	50	31	772	789	908	827	67	52	975	879	1747	1668	3415

24) Netra Kriya kalpas

S.No	Shalakya Kriya Kalpas	Total
1	Nasyam	1186
2	Netradhara	104
3	Bidalaka	292
4	Tharpanam	585
5	Siropichu	50
6	Karan Purnam	54
7	Anjanam	15
8	Karan Purnam	4
9	sek	0
10	Aschothanam	0
Total		2290

25) Arthritis OPD

S. No.	NAMC ID	NAMC Code	NAMC Name	Short definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult			Child		Total			
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	823	EC-6	आमवातः	rheumatism due to आम	25	64	0	1	25	65	32	107	0	0	32	107	57	172	229
2	5470 (ICD-10)	M54-5 (ICD-10)	कटिशूल	Lumbago	6	13	0	0	6	13	15	17	0	0	15	17	21	30	51
3	956	ED-8	वातरक्तम्	rheumatism due to रक्त	5	1	0	0	5	1	0	7	0	0	0	7	5	8	13
4	189	AA4	वातव्याधि	वाताव्याधि	13	39	1	0	14	39	32	72	0	0	32	72	46	111	157
5	163	AAC-24	पक्षाघातः/ पक्षवधः	hemiplegia/he miparesis	2	1	0	0	2	1	5	1	0	0	5	1	7	2	9
6	157	AAC-20	गृध्रसी	sciatica	2	5	0	0	2	5	6	9	0	0	6	9	8	14	22
7	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck torticollis (due only to vātadōṣa)	1	2	0	0	1	2	2	2	0	0	2	2	3	4	7
8	652	EB-10.16	त्रिकशूलः/	sacralgia	0	0	0	0	0	0	5	2	0	0	5	2	5	2	7
9	141	AAC-8	अवबाहुकः	frozen shoulder	1	2	0	0	1	2	1	3	0	0	1	3	2	5	7
10	248	AAE-16	सन्धिवातः	osteo-arthritis	80	137	0	0	80	137	157	249	0	0	157	249	237	386	623
Total					135	264	1	1	136	265	255	469	0	0	255	469	391	734	1125

26) ENT OPD

S. No.	NAMC ID	NAMC Code	NAMC Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
2	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	135	AAC-4	अर्दितः	facial paralysis	1	0	0	0	1	0	0	2	0	0	0	2	1	2	3
4	248	AAE-16	सन्धिवातः	osteo-arthritis	3	0	0	0	3	0	3	5	0	0	3	5	6	5	11
5	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
6	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	480	EA-3	कासः	cough / tussis	23	21	3	1	26	22	25	29	2	0	27	29	53	51	104
8	500	EA-5	स्वरभेदः	dysphonia	1	0	1	0	2	0	1	0	0	0	1	0	3	0	3
9	536	EB-3	अजीर्णम्	indigestion	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
10	944	ED-7	रक्तपित्तम्		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	1064	EE-2	अर्बुदः	tumor	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
12	1095	EE-4	ग्रन्थिः	cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	1304	EK-3	श्वयथुः/शोथः /शोफः	oedema/inflammation	4	1	0	0	4	1	3	2	0	0	3	2	7	3	10
14	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
16	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	0	2	0	0	0	2	1	0	0	0	1	0	1	2	3
17	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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18	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
19	1530	F-8	अर्धवामभेदकः	hemicrania	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3
20	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21	1543	FA-3	खलित्यम्	baldness / alopecia totalis	2	1	0	0	2	1	3	4	0	0	3	4	5	5	10
22	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
23	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
24	1583	GC	दन्तरोगः	tooth disorders	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
25	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
27	1616	GF	कण्ठरोगः	throat disorders	10	7	1	0	11	7	16	3	0	0	16	3	27	10	37
28	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31	1643	GF-19	गलगण्डः	goiter	2	2	0	0	2	2	3	7	0	0	3	7	5	9	14
32	1649	GG	मुखपाकः	stomatitis	2	4	0	0	2	4	1	1	0	0	1	1	3	5	8
33	1813	I	नासारोगः	nose diseases	5	3	0	1	5	4	3	6	0	1	3	7	8	11	19
34	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	50	31	3	5	53	36	83	72	3	5	86	77	139	113	252
35	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36	1853	I-16	नासार्शः	nasal polyp	3	2	0	0	3	2	9	6	0	1	9	7	12	9	21
37	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	1	4	0	0	1	4	1	4	5
38	1860	J	कर्णरोगः	ear diseases	8	4	0	1	8	5	13	3	0	0	13	3	21	8	29
39	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	1880	J-14	कर्ण-स्रावः	otorrhoea	6	12	2	0	8	12	3	14	0	0	3	14	11	26	37
41	1896	J-19	बाधिर्यम्	deafness	14	11	2	1	16	12	34	8	2	1	36	9	52	21	73

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42	1897	J-20	कर्णशूलः	earache/otalgia	11	9	0	2	11	11	14	5	0	1	14	6	25	17	42
43	1869	J-9	कर्ण-नादः	tinnitus	8	2	0	0	8	2	6	2	0	0	6	2	14	4	18
44	1913	K	व्रणः	wounds	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46	4	AA	वातव्याधिः	disorders due to vāta	1	2	0	0	1	2	10	4	0	0	10	4	11	6	17
47	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	neck stiffness	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
49	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
50	494	EA-4.5	तमकश्वासः		0	0	0	0	0	0	5	8	0	0	5	8	5	8	13
51	1606	GE-3	तुण्डिकेरी	quinsy	1	1	2	1	3	2	0	1	2	1	2	2	5	4	9
52	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53	558	EB-4	अम्लपित्तम्	hyperacidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
54	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
55	1383	EL-3	आर्तवदोषः/ आर्तवदुष्टिः/ रजोदोषः	menstrual disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	838	ED-2.2	कण्डूः	pruritis	1	1	0	0	1	1	2	1	0	0	2	1	3	2	5
57	1074	EE-3	अर्शः	haemorrhoids	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
59	2280	O-35	युवानपिडका (मुखदूषिका)	pimples	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60	1596	GD	जिह्वागतरोग	tongue diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Grand Total					158	119	14	12	172	131	244	193	9	10	253	203	425	334	759

27) Bal roga OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Number of Pediatric patients treated						
					New		Follow up		Total		Grand total
					Male child	Female child	Male child	Female child	Male child	Female child	
1	689	EC-3	Jvarah	fever / pyrexia	14	11	5	17	19	28	47
2	1583	GC	Dantaroga	tooth disorders	0	0	0	0	0	0	0
3	480	EA-3	Kasa	cough / tussis	13	10	14	17	27	27	54
4	883	ED-4	Kushta	Integumentary disease	16	11	29	16	45	27	72
5	2284	0-39	Indralupta	Alopecia	0	0	0	0	0	0	0
6	348	ACB-23	Agnimandya	Impaired digestion/Loss of appetite	13	8	31	1	44	9	53
7	166	AAC-24.2	Bala pakshaghata	Hemiplegia in children	1	1	4	14	5	15	20
8	919	ED-5	Shwitra	Vitiligo/Leukoderma	1	7	3	38	4	45	49
9	172	AAC-30	Pangu	Lameness (Bilateral)	1	0	0	0	1	0	1
10	2983	AAC-12.4	Vibandha	Simple constipation	8	3	3	7	11	10	21
11	1029	ED-14	Sheetapitta	Urticaria with vata predominance	3	0	1	0	4	0	4
12	515	EB-2	Atisara	Diarrhoea	3	2	2	1	5	3	8
13	1961	K-14	Nadivrana	Fistula/Sinus wound	0	0	0	0	0	0	0
14	812	EC-5	Panduroga	anaemia	3	4	6	8	9	12	21
15	2266	OC-25	Nirudhaprakasa	Phimosis	0	0	0	0	0	0	0
16	633	EB-10	Shula	Colicky abdominal pain	9	15	17	20	26	35	61
17	2255	O-18	Gudabhramsa	Rectal prolapse	2	0	1	0	3	0	3
18	2170	MD-11	Daurbalya	Weakness	10	18	8	20	18	38	56
19	72	AAB-55	Padashula	Leg pain	0	1	3	1	3	2	5
20	1161	EF-3	Medoroga	Obesity	1	0	1	0	2	0	2
21	287	ABB-26	Palitya	Premature greying of hairs	1	3	0	1	1	4	5
22	1304	EK-3	Sopham	Oedema/ inflammation	0	2	1	2	1	4	5
23	900	ED-4.3.8	Dadru kushta	Ring worm/Tinea	1	1	0	0	1	1	2
24	1421	EM	Manovahasrotovik ara	Disorders of manovaha srotas	2	0	2	0	4	0	4
25	2177	MD-17	Phakka roga	Delayed walking	0	0	0	0	0	0	0
26	489	EA-4	Swasa	Dyspnoea	2	2	9	5	11	7	18

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27	1521	EM-11	Bhrama	Giddiness	0	0	0	0	0	0	0
28	1258	EJ-3	Mutraghat	Obstructed micturition	1	0	2	1	3	1	4
29	4	AA	Vatavyadhi	Disorders due to vata	29	14	51	47	80	61	141
30	1897	J-20	Karnashula	Ear ache	0	1	0	0	0	1	1
31	2184	N	Krimi	Worm infestation	9	7	9	10	18	17	35
32	1880	J-14	Karnasrava	Otorrhoea	0	1	0	0	0	1	1
33	1814	I-I	Pratisyaya	Rhinitis	27	28	23	30	50	58	108
34	1457	EM-3	Apasmara	Epilepsy	0	0	4	0	4	0	4
35	1423	EM-2	Unmada	Psychosis/Insanity	0	0	0	0	0	0	0
36	2172	MD-13	Sayyamuutra	Enuresis	4	0	5	1	9	1	10
37	1530	F-8	Ardhavabhedaka	Hemicrania	0	0	0	0	0	0	0
38	1913	K	Vrana	wounds	0	1	0	0	0	1	1
39	1248	EJ-2	Asmari	urolithiasis	0	1	1	2	1	3	4
40	676	EB-12	Parikartika	Fissure in ano	3	0	1	0	4	0	4
41	326	ACB-1	Sthaulyam	Obesity	2	0	0	0	2	0	2
42	905	ED-4.3.10	Vicarchika	wet eczema	0	0	0	0	0	0	0
43	1649	GG	mukhapaka	Stomatitis	1	1	0	0	1	1	2
44	1095	EE-4	Granthi	cyst	2	4	11	18	13	22	35
45	897	ED-4.3.3	Kitibha	Psoriasis	0	0	2	0	2	0	2
46	1522	F	Sirashul	Head ache	1	1	11	2	12	3	15
47	154	AAC-17	Kroshtuka sirsham	Knee synovitis	0	0	0	0	0	0	0
48	997	ED-10	visarpa	acute spreading eruptions	3	0	5	0	8	0	8
49	1662	H	Akshiroga	Eye diseases	1	3	0	0	1	3	4
50	601	EB-7	Grahani	Disorders of lower gastro intestinal tract	7	5	2	2	9	7	16
51	2280	O-35	Mukhadooshika	Pimples	4	5	5	6	9	11	20
52	1606	GE-3	Tundikerika	Tonsillitis	2	1	5	1	7	2	9
53	49	AAB-33	Greevagraham	Cervical pain	0	1	0	1	0	2	2
54	829	EC-8	Kesaroga	Hair loss	2	3	0	14	2	17	19
55	2237	O-2	Ajagallika		0	0	0	0	0	0	0
56	1641	GF-17	Gandamala	Lymphnode enlargement	0	0	0	0	0	0	0
57	851	ED-2.9	Pidaka	Eruptions	1	0	0	2	1	2	3
Total					203	176	277	305	480	481	961

28) Marma OPD

S. No.	NAM C ID	NAMC Code	NAMC_ Name	Short_def inition	No. of patients treated						Follow up												Total	Total	Grand Total (Male + Female)
					New						OLD														
					Adult			Child		Total			Adult			Child		Total							
					M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F		
1	147	AAC-12	आध्मानम्/ आनाहः	distension/tympanites/ meteorism or painful abdominal distension	2	3	0	1	2	3	0	5	2	3	0	0	0	2	0	3	5	0	8	13	
2	2983	AAC-12.4	विबन्ध	simple constipation	3	3	0	2	3	5	0	6	2	2	0	0	0	2	0	2	7	0	8	15	
3	152	AAC-15	एकाङ्गवातः	monoplegia	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	0	0	1	
4	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
6	157	AAC-20	गृध्रसी	sciatica	5	2	0	1	0	6	0	2	3	3	0	0	0	3	0	3	9	0	5	14	
7	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	1	1	0	1	1	2	0	2	4	2	0	0	0	4	0	2	6	0	4	10	
8	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
10	172	AAC-30	पङ्गुः (केवलवातः)	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/torticollis/	0	1	0	0	1	0	0	2	1	0	0	0	0	1	0	0	1	0	2	3	

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				spasmodic torticollis																				
12	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	135	AAC-4	अर्दितः	facial paralysis	0	1	0	0	1	0	0	2	0	0	0	0	0	0	0	0	0	0	2	2
15	141	AAC-8	अवबाहुकः	frozen shoulder	0	0	0	1	0	1	0	0	0	0	0	0	0	0	0	1	0	0	1	1
16	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	1	0	0	1	0	0	2	0	0	0	0	0	0	0	0	0	0	2	2
17	248	AAE-16	सन्धिवातः	osteo- arthritis	19	19	0	3	0	22	0	19	43	27	0	0	0	43	0	27	65	0	46	111
18	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	4	6	0	6	6	10	0	12	12	10	0	1	1	13	0	11	23	0	23	46
19	633	EB-10	शूलः	colicky pain/ abdominal colic	3	9	0	2	5	5	0	14	13	11	0	0	1	13	0	12	18	0	26	44
20	656	EB-11	उदावर्तः	obstipation	0	2	0	0	0	0	0	2	5	3	0	0	0	5	0	3	5	0	5	10
21	812	EC-5	पाण्डुरोगः	anaemia	1	3	0	1	0	2	0	3	0	2	0	0	0	0	0	2	2	0	5	7
22	823	EC-6	आमवातः	rheumatism due to आम	4	6	0	0	1	4	0	7	5	4	0	0	0	5	0	4	9	0	11	20
23	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	1	0	0	0	1	1	0	1	1	1	0	0	0	1	0	1	2	0	2	4
24	956	ED-8	वातरक्तम्	rheumatism due to रक्त	1	3	0	0	0	1	0	3	1	2	0	0	0	1	0	2	2	0	5	7
25	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	2	0	0	1	0	3	0	0	2	0	0	0	0	2	0	0	5	0	0	5

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26	1423	EM-2	उन्मादः	psychosis/ insanity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27	1457	EM-3	अपस्मारः	epilepsy	1	0	0	2	0	3	0	0	3	0	0	0	2	3	0	2	6	0	2	8
28	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	1	1
30	1491	EM-7	मूर्च्छा	syncope/ fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31	1522	F	शिरःशूल/ शिरोरुक्	headache/c ephalgia/ce phalalgia	0	2	0	1	3	1	0	5	0	0	0	0	0	0	0	1	0	5	6	
32	1532	F-10	शङ्खकः	temporal cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
33	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	1530	F-8	अर्धाविभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35	1531	F-9	सूर्यावर्तः	sunshine induced cephalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
36	1616	GF	कण्ठरोगः	throat disorders	3	0	0	0	0	3	0	0	2	1	0	1	0	3	0	1	6	0	1	7
37	1813	I	नासारोगः	nose diseases	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	1	1
38	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	0	3	0	3	4	3	0	7	3	4	0	4	0	7	0	4	10	0	11	21
39	1852	I-15	नासागत- रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	1	1
40	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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42	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	1896	J-19	बधिर्यम्	deafness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
47	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48	1971	LA	भग्नः (अस्थिभग्नः)	fracture	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
49	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	1	1	1
50	2085	LE	शल्यः	foreign body	0	1	0	0	0	0	0	1	2	0	0	0	2	0	0	2	0	1	3
51	2172	MD-13	शय्यामूत्रता	enuresis	1	0	0	0	0	1	0	0	0	0	0	0	0	0	1	0	0	1	1
52	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53	1110	EF-2	प्रमेहः	diabetes mellitus	5	3	0	0	0	5	0	3	18	4	0	0	18	0	4	23	0	7	30
54	4	AA	वातव्याधिः	disorders due to vāta	25	27	0	15	10	40	0	37	16	19	0	1	2	17	0	21	57	0	115
55	489	EA-4	श्वसः	dyspnoea	0	1	0	0	0	0	0	1	4	0	0	0	4	0	0	4	0	1	5
56	49	AAB-33	ग्रीवास्तम्भः (केवलवातः)	neck stiffness/torticollis/spasmodic torticollis	1	0	0	0	0	1	0	0	0	2	0	0	0	0	2	1	0	2	3
57	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58	72	AAB-55	पादशूलः (केवलवातः)	leg pain (due only to vātadōṣa)	1	0	0	0	0	1	0	0	1	2	0	0	1	0	2	2	0	2	4

59	494	EA-4.5	तमकश्वासः	the disorder is characterized by pīnasam [cold, catarrh], -- -- [making ghurghur sound]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
60	1421	EM	मनोवहस्रोतो विकारः	disorders of manōvaha srōtas	1	0	0	0	0	1	0	0	0	3	0	0	0	0	0	3	1	0	3	4
61	3573	I:10	Hypertension (BP)		0	0	0	0	0	0	0	0	2	0	0	0	0	2	0	0	2	0	0	2
62	1606	GE-3	तुण्डिकेरी	the disorder is characterized by sthūla śōpha [large swelling]	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
63	55	AAB-39	जानुभेदः (केवलवात)	breaking pain of knees (due only to vātadōṣa)	3	3	0	2	0	5	0	3	3	1	0	0	2	3	0	3	8	0	6	14
64	167	C-166	(Varicos Vain) सिराःग्रंथि		0	1	0	0	0	0	0	1	0	2	0	0	0	0	0	2	0	0	3	3
65	1236	EI-6	वृद्धिः	hernia, hydrocele	1	0	0	0	0	1	0	0	1	0	0	0	0	1	0	0	2	0	0	2
66	108	AAB-91	विषादः/दीनता (केवलवात)	depression /apathy (due only	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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				to vātadōṣa)																				
67	243	AAE-11	अस्थिगतवा तः	aggravatio n of vāta in asthi	1	4	0	1	2	2	0	6	0	3	0	0	0	0	0	3	2	0	9	11
68	2310	O-51	आलस्यम्	laziness/le thargy (due to kaphadōṣa and other dōṣa	2	0	0	2	0	4	0	0	1	5	0	0	0	1	0	5	5	0	5	10
69	2132	M	बालरोगः	paediatric medical conditions	0	0	0	3	1	3	0	1	0	1	0	0	0	0	0	1	3	0	2	5
70	652	EB-10.16	त्रिकशूलः/	sacralgia	1	2	0	0	0	1	0	2	1	5	0	0	0	1	0	5	2	0	7	9
71	2171	MD-12	कुमारशोषः	marasmus/ primary complex	0	0	0	2	0	2	0	0	1	0	0	0	0	1	0	0	3	0	0	3
72	2269	O-28	प्रसुप्तिः	hypoesthe sia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
73	7	AAA-2	वातवृद्धिः	vātavṛddhiḥ	3	3	0	0	0	3	0	3	1	3	0	0	0	1	0	3	4	0	6	10
Grand Total					96	111	1	50	42	146	1	153	153	128	2	7	9	160	2	137	306	3	290	599

CENTRAL AYURVEDA RESEARCH INSTITUTE, NEW DELHI
SUMMARY OF THE ANNUAL PROGRESS REPORT
(2022-2023)

INTRODUCTION:-

Central Ayurveda Research Institute, New Delhi was established in the year 1979 (under Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India). This Institute is devoted to Clinical Research in the field of Ayurveda. This Institute is housed in a rented building and caters to health care services of general public besides conducting Clinical Research Studies on various Chronic disease conditions and diseases from priority areas of the country.

The Clinical Research and patients care services are being carried out through various Units/Sections like, *Panchakarma*, *Ksharasutra*, Pharmacy, *Jalukavacharana*, *Kriyakalpas*, Clinical Laboratory, Physiotherapy, Library and specialty clinics like Geriatric, Eye, Preventive Cardiology, ENT, Arthritis etc.

Following sections are functioning in this Institute:

1. Technical Section

2. Administrative Section

1. Technical Section includes the following:

➤ **RESEARCH PROJECTS**

- Collaborative Projects
- IMR Projects
- Annual Action Plan Projects
- Outreach Activities

➤ IPD

➤ OPD

➤ The CARI, Punjabi Bagh, New Delhi, has also satellite O.P.D. centres at:

- ATC, Safdarjung Hospital
- ATC, Lady Hardinge Hospital
- Ayurvedic Unit- FAP, Supreme Court
- Ayurveda Chikitsa Kendra, PGIMER, Dr. Ram ManoharLohia Hospital
- Ayush Wellness Clinic at President's Estate.
- CCRAS-JNU treatment & research facility, JNU, New Delhi

The institute has been accredited to NABH on **October 7, 2022**. The institute's laboratory is also accredited to NABL on **March 13, 2023**.

The Central Ethics Committee of CCRAS is registered under DHR in **December 2022**.

PART-A

D. COLLABORATIVE CLINICAL RESEARCH PROJECTS

1. A1) Validation and Reliability Testing of Ayurveda Diagnostic Methods.

Objectives:

- To develop Standardized Ayurvedic Case Taking Protocol (SACTP) in consideration with elements of diagnosis/case recording from Ayurveda and Standard health records format(s)
- Development of standard diagnostic protocols for selected diseases frequently managed through Ayurved
- To develop interface for integration/customization and development of diagnostic gadgets which are aptly integrated with latest Information Technology tools for Ayurveda specific diagnostic requirements.

Sample Size : 30 patients /disease

Duration of Study : 3 years

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIA, New Delhi	PI-Dr V G Huddar, Asso. Professor, AIIA, New Delhi
2.	CARICD, New Delhi	Co-I Dr. Seema Jain

Budget allocated: 17,76,000/- (Seventeen lakh seventy six thousand only)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIA, Sarita Vihar	150	129	-	Ist and 2 nd phase completed. (Grahni, Jwara, Kasa & Shwasa)

A2.) Clinical evaluation of the efficacy of “Ayush SS Granules” in exclusively breastfeeding mothers with Insufficient Lactation (*Stanyalpata*)- A Randomized Double blind placebo control trial

Objectives:

Primary Objective- To evaluate the *Galactagogue* effect of Ayurvedic formulation Ayush-SS granules in insufficient lactation among lactating mothers

Secondary Objective- To evaluate the clinical safety of Ayush-SS granules in insufficient lactation among lactating mothers.

Sample Size : 210

Duration of Study : Two years

Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	Department of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjung Hospital, New Delhi-110029 Dr. Sarada Ota, Assistant Director (Ay.), CCRAS, Janakpuri, New Delhi	1. Dr.Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 2. Dr Bhavna Anand, Specialist Grade-II Paediatrics, Dept. OfPaediatrics VMMC &SafdarjungHospital New Delhi-110029

Current Status: Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs
1.	VMMC & Safdarjung Hospital, New Delhi	210	164	46

Relevant information, if any:

A3.) “Randomized control study to evaluate the efficacy of Ayush Card tea (AYUSH CCT) and Rajyog meditation versus conventional treatment on clinical recovery and post-operative outcomes following Mitral Valve Open Heart Surgery”

Objectives:

Primary objectives:

- A. Effect of Ayurvedic herbal medicine along with Rajyoga Meditation on the recovery phase of patients undergone mitral valve replacement surgery
- B. To evaluate the effect of this mind body intervention on biochemical co-relates like interleukin-10, interleukin-6 and serotonin.

Secondary objectives:

- C. Improvement in sleep quality
- D. Change in subjective well being
Change in worry state of patient

Sample size: Considering the exploratory nature of the study, all patients admitted for surgical repair of mitral valve disease and those willing to give informed consent and able to adhere to the study regimen will be recruited in the study for 2 years.

Duration of Study : 2 years

Participating centre along with PI: Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Shiv Choudhary, Professor & Head CTVS ,AIIMS - PI
2.	CARICD, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I

Current status: Completed

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	100	85	15	00

A4.) Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine

Objectives:

a. Primary Objective:

- To assess the Clinical Efficacy of Ayush M-3 in Migraine.

b. SecondaryObjective:

- To assess the Clinical Safety of Ayush M-3 in Migraine

Sample Size : 60 patients in each group

Duration of the study: 3 years

Participating center along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, NEW DELHI.	Dr. Shweta Chaudhary, R.O. (Ay.), CARI, ND drshwetaccras@gmail.com 8077926271	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946
2.	ABVIMS& Dr. RML Hospital, New Delhi	Dr. K.S. Anand Consultant, Department of Neurology kuljeet_anand@rediffmail.com Mobile no. 9868535711 Coordinator : Dr. RenuMakhija Assistant Director (Pathology), CARI, ND renu_mkhj@yahoo.co.in 8368077011	Dr. Sudha Kumari K.G, R.O. (Ay.), CARI, ND Sudha14ayu@gmail.com 9108175522 & 8281782290
3.	NIMHANS, Bangalore	Dr. Kishore Kumar R Assistant Professor of Ayurveda, Dept. of Integrated Medicine ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B.Kulkarni Professor of Neurology 9035160614 & 9480829409 Co PI : 2 Dr. Umesh C Scientist C, Department of Integrative Medicine.

14. Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	115	51	12	52
2.	ATC, ABVIMS, Dr. RML Hospital	48	24	06	18
3.	NIMHANS, Bangalore	32	12	10	10

A5.) “Development of Automated Basti Yantra- A comprehensive tool for administration of enema”

Objectives:

1. Primary Objective: To develop Automated *Basti Yantra*.

2. Secondary Objectives:

A: 1. To standardize and validate the sequential release timing of the ingredients from the reservoirs to mixing chamber in comparison to the standard of classical *Basti* procedure.

4. .To standardize and validate the revolution per minute (RPM) of the mixing machine for the preparation of homogenous emulsion of *Basti dravya* in comparison to the standard of classical *Basti* procedure.

5. To standardize/validate the pressure of the pressure machine to be fixed in *bastiputak*.

B: To develop the Standard Operating Procedure (SOP) of the *Basti Dravya* (homogenous emulsion of end product)

Study Duration: - 2years

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARICD, New Delhi IIT, Delhi	PI: Dr. Ramavatar Sharma, R.O. (Ay.) Dr. Sumer Singh, IIT, Delhi Co-I: Dr. Seema Jain, R.O. (Ay) Dr. Shaizi Layeeq, R.O. (Ay) Prof. Surya prakash Singh, IIT, Delhi

Status of the project: Extended by HQ till 11.03.23 without any additional budget. The final machine (*Basti Yantra*) is to be installed at CARI, ND by IIT very soon.

A6.) Randomized double blind Placebo controlled Clinical Study of Ayurvedic coded Drug AYUSH-A in the management of Bronchial Asthma (TamakShwasa)

Objectives:

- Primary- To evaluate the efficacy of Ayush –A in the patients with mild- moderate Bronchial Asthma
- Secondary: To evaluate the safety of Ayush –A in the above patients.

Sample Size : 100 (50 patient (each group))

Duration of Study : 2 years (extended up to 03.07.2022, F.N.3-34/2018-CCRAS /Admn/ Tamakshwasa/4773, dated 21.12.2020)

Participating centre along with PI: Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I (as per email of institute dated 25.11.2019)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	42	30	12	00

Any relevant information: As per council's letter no. F.N. 3-34/2018-CCRAS/aDMN/6214 Dated 02.03.2022, the participant enrollment was withheld until further communication CCRAS. Now new batch of trial drug received and handed over to AIIMS for restart of enrollment.

A7) Study of the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study.

Objectives:

- **Primary objective:** To determine the effect of *Virechana* (purgation) therapy on the changes in the gut microbial profile.
- **Secondary Objective:**
 - i. To understand the efficacy of *Virechan* therapy on the nutritional and metabolic profile of healthy individuals.
 - ii. To evaluate the effect of *Virechana* on the biochemical and clinical parameters and general well-being in healthy individuals.

Sample Size : 75 (37 CARI, Punjabi Bagh & 38 AIIA, Sarita Vihar)

Duration of Study : 36 months

Participating centers along with PI: Collaborative study

Sr. No.	Name of the participating centre	Name of PI
1.	CARI, Punjabi Bagh, New Delhi	Dr. N. Srikanth
2.	AIIA, Sarita Vihar, New Delhi	Dr. Tanuja Manoj Nesari
3.	ILBS, Vasant Kunj, New Delhi	Dr. Shvetank Sharma

Current status: Ongoing

Center Name	Target	Enrolled	Completed	Drop-out
CARI, New Delhi	37	14	8	2
AIIA, New Delhi	38	23	14	1

Any relevant information: NA

A8.) Prospective Double Blind Randomized Controlled Clinical Study On Ayurvedic Intervention (SarpagandhaMishran) Vs Amlodipine For The Management Of Stage-I Primary Hypertension

Objectives:

Primary objective:

- To assess the clinical efficacy of SarpagandhaMishran in the Management of Stage-I Hypertension (JNC-VII report).

Secondary Objectives

- To assess the clinical safety of SarpagandhaMishran in the Management of Stage-I Hypertension (JNC-VII report) .

- Sample Size : 150
- Duration of Study : 24 months (2 years)
- Participating centre along with PI : Collaborative study

Name of the participating Centre	Name of PI	Name of Co-I
AIIMS, New Delhi	PI-Dr. D. S. Arya Professor, Department of Pharmacology, AIIMS, New Delhi.	Prof .Rajeev Narang, Professor, Department of Cardiology, AIIMS, New Delhi Dr .Jagriti Bhatia, Professor, Department of Pharmacology, AIIMS, New Delhi CO-I Dr. Shivam Pandey, Department of Biostatistics, AIIMS, New Delhi
CARI, New Delhi	----	CO-I Dr. Sakshi Sharma, Research Officer (Ay.), CARI, New Delhi.

4. Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, NEW DELHI	60	43	6	11

A9) “A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in JaanuSandhigatavata (Primary Knee Osteoarthritis)”.

Objective:

Primary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on knee pain and functional disability.

Secondary:

- To compare the effects of multimodal Ayurveda interventions versus standard care on range of motion of knee joint
- To compare the change in the need of rescue analgesic medication
- To compare the Change in quality of life after the study interventions
- To compare the effects of Ayurveda interventions versus standard care on knee structural changes (delay of the structural progression of OA)
- To compare the effects of Ayurveda interventions versus standard care on inflammatory biomarkers
- To compare the change in Bone mineral density
- To compare the proportion of participants experiencing any Adverse Event/ Adverse Drug Reaction.

Sample size : 150 (75 in each group)

Duration of Study : 30 months.

Participating centre along with PI& Co-I :

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1	AIIMS, New Delhi	Dr. Uma Kuma, MBBS MD	Dr Danveer Bhadu, MBBS MD DM
2	C.C.R.A.S. C.A.R.I., NEW DELHI.	Dr. Bharti, M.D. (Ay.), Ph.D. (Ay.)	Dr. Amit Kumar Rai, M.D. (Ay.), PGDHA, PDCR Dr. Kishor Patel, M.D. (Ay.)

Current status: Project is ongoing.

Status of projects Centre wise as on 31.03.2023

Date of initiation	Target	No. of Screen failures till date	No. of Patients enrolled till date	No. of patients successfully completed till date	No. of drop out patients till date	No. of continuing patients till date	No. of ADR/AE/SAE during Current Month (with details)
11.10.2022	75	23	20	-	1	19	

A10) Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial

Objectives:

- To assess the efficacy of Ayurvedic management in Allergic Rhinitis (*VatajaPratishyaya*) by comparing it with a conventional control group.

Sample Size : 90

Duration of Study : Two years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	1. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 Co-PI: 1. Dr.Isha Preet Tuli Professor, ENT department, Safdarjung Hospital, New Delhi.	1. Dr.Shivshankar Rajput, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	0	Nil	Nil	0

A11) Efficacy of Ayurveda interventions in the management of *menorrhagia* (Raktapradara)–Arandomizedcontrolledtrial

Objectives:

Primary Objective- To evaluate the efficacy of Ayurveda intervention in the management of menorrhagia (Raktapradara).

Secondary Objective- To assess the efficacy of Ayurveda interventionon the Quality of life of women with menorrhagia (Raktapradara).

Sample Size : 140

Duration of Study : Three years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr.Shivshankar Rajput, R.O. (Ay.), CARI, New Delhi	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	0	Nil	Nil	0

A12) Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-*Dhatrilauha* in the management of Iron Deficiency Anemia: An open label single arm study

Objective :

- **Primary objective:** To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-*Dhatrilauha* in the management of Iron deficiency anemia
- **Secondary Objective:**
- To assess safety of *Dhatrilauha* in the management of Iron deficiency anemia
- To assess efficacy of *Dhatrilauha* in the management of Iron deficiency anemia.

SampleSize : 480 (120 from each centre)

Duration of Study : 24 months

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of P.I.
1.	Ch. Brahm Prakash AyurvedCharakSansthan, KheraDabar, Najafgarh, New Delhi-110073	Dr. Subash Sahu
2.	MSM Institute of Ayurveda, BPS Mahila Vishwavidyalaya, Khanpur, Sonipat, Haryana - 131305	Dr. Gati Krushna Panda
3.	Rajiv Gandhi Govt Post Graduate Ayurvedic College and Hospital Paprola, Distt. Kangra- 176115	Prof. Vijay Chaudhary
4.	ShubhdeepAyurved Medical College & Hospital, Indore- 452020	Dr. Ratnaprava Mishra

Current status: Project will be started after getting IEC Clearance from all collaborative Institutes

Any relevant information: No

A13) Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study.

Objectives:

- **Primary objective:**
 - To evaluate the treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in managing Primary Knee Osteoarthritis
- **Secondary Objective:**
 - To evaluate the efficacy of Ayurveda therapeutic regimen on knee pain, stiffness and physical function
 - To evaluate the change in the need of rescue analgesic medication
 - To evaluate the change in quality of life after the study intervention

Sample Size : 480 (120 at each participating center)

Duration of Study : 24 months

Participating centers along with PI: Collaborative study

Sr. No.	Name of the participating centre	Name of PI/Co-PI
1.	CARI, Punjabi Bagh, New Delhi	Dr. Amit
2.	Gurukul-Haridwar	Prof. Uttam Kumar Sharma,
3.	RGAC-Paprola,	Prof. Vijay Chaudhary
4.	Parul- Vadodara	Dr. Hemant Toshikhane
5.	BHU-Varanasi	Prof. Jai Prakash Singh

Current status: Project not started yet.

Any relevant information: IEC approval certificate from BHU-Varanasi, CRF finalization, drug procurement and CTRI registration is pending.

A14.)Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in the prevention and reduction of the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study

Objectives:

Primary Objective:

- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in prevention of Acute Mountain Sickness (AMS)
- To evaluate the efficacy of Ayurveda nutritional supplements and a Yoga protocol in reducing the severity of Acute Mountain Sickness (AMS)

Secondary Objectives:

- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in reducing the incidence of thromboembolic events
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol on markers of coagulation and hemostasis activation (MOCHA) and pro-inflammatory markers.
- To evaluate the efficacy of Ayurveda nutritional supplements and Yoga protocol in improving the mood states, sleep quality and quality of life parameters

Sample size : 1660
Duration of study : 1year
Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	1.CARI, New Delhi NODAL INSTITUTE	Dr. Bharti, Director,-PI Dr. Seema Jain, R.O. (Ay.)-Co.-I)
2	Northern Command of Indian Army	Col. (Dr.) Arun Kumar Yadav Principal Investigator
3	Directorate General of Armed Forces Medical Services (DGAfMS)	Col. (Dr.) R K Joshi Co- Investigator
4	Central Council for Research in Ayurvedic Sciences, Ministry of Ayush	Dr. B.S. Sharma, R.O.(Ay), Nodal Officer CCRAS, HQ

A15) A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery

Objectives:

Primary objective

- To evaluate the role of Ayush SR as adjunct to usual care on biochemical parameters, such as serum cortisol, serum serotonin, IL-10 and biomarkers of oxidative stress following CABG.
- To evaluate the role of Ayush SR as adjunct to usual care on quality of life post CABG.

Secondary objectives:

- To evaluate the role of Ayush SR as adjunct to usual care on clinical recovery
 - To evaluate the role of Ayush SR as adjunct to usual care on physical activity, post CABG
- To demonstrate the efficacy of Ayush SR as adjunct to usual care on perceived stress, anxiety and sleep, post CABG

Sample size : 220
Duration of Study : 3 years
Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Manoj Sahu, Associate Professor, CTVS, ICU – PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I

B. INTRA MURAL RESEARCH PROJECTS

B1.) An Open Label Clinical Trial To Evaluate Clinical Efficacy and Safety of AYUSH AGT for External Wounds

Objectives:

Primary Objective:

To assess the efficacy of Ayush AGT in external Wound realing

Secondary Objective:

To assess the safety of Ayush AGT in external Wound realing

Sample Size : 30
Duration of Study : 1 year

Participating centre along with PI : Multicentric Study

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurvedic Research Institute, NewDelhi	Dr.Hemanta Panigrahi R.O (Ay)
2.	RegionalAyurvedicResearchInstitute, Vijayawada	Dr.A.J.V. saiPrasad R.O. (Ay)
3.	RegionalAyurvedicResearchInstitute, Ahmedabad	Dr.AnilAvhad R.O. (Ay)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	30	30	00	00

B2.) Evaluation of Ayush-SR tablet in occupational stress among nurses –A randomized double-blind placebo-controlled clinical study

Objectives:

a. Primary Objective:

To assess the clinical efficacy of AYUSH -SR in patients suffering from occupational stress among nurses working in RML hospital, New Delhi.

b. Secondary Objective:

To assess the clinical safety of Ayurvedic intervention – AYUSH- SR in the management of Occupational stress among nurses working in RML hospital, New Delhi.

Sample Size : 120

Duration of Study : 3years (Extended till 16.10.2023 vide F. No 3-66/2018-CCRAS/ Adm/IMR/ AYUSH- SR/4084, Dt: 28.10.2022)

S.No.	Name of the participating center	Name of PI
1.	ATC at ABVIMS, Dr. RML Hospital, New Delhi	Dr. Sudha Kumari K.G, Research officer (Ay)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Dropouts	No. of cases continued
1.	ATC, ABVIMS, Dr. RML Hospital	120	72	18	30

B3.) Evaluation of Efficacy and Safety of AYUSH-HR in the Management of Pre-Hypertension – A Double-blind Randomized control clinical study.

Objectives:

- **Primary Objective:** To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Sample Size : 140 (70 patients in each group)

Duration of Study : Two years

Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI
1.	CARI, New Delhi	Dr. Shweta Mata, Research Officer (Ay.)
2.	RARIGID, Guwahati	Dr. Pravin Masram, Research Officer (Ay.)
3.	RARI, Thiruvananthapuram	Dr. Varsha Sumedhan, Research Officer (Ay.)

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	65	33	05	27

B4.) Evaluation of Efficacy and Safety of AYUSH-M3 in the management of Pre-Hypertension – A Double blind Randomized control clinical study

Objectives:

- **Primary Objectives:** To assess the clinical efficacy of **AYUSH-M-3** in the Management of Pre- Hypertension (JNC-VII report).
- **Secondary Objectives:** To assess the clinical safety of **AYUSH-M-3** in the Management of Pre- Hypertension (JNC-VII report).

Sample Size : 140 {70 Participants for each arm (Test arm and Control Arm)}

Duration of Study : 2 years

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	140	138	02	00

B5.). Clinical assessment of the efficacy of Ayurvedic management in PCOS –a randomized open-label control trial

Objectives:

- **Primary Objective:** To assess the therapeutic efficacy of Ayurvedic management on irregular menstrual cycles/Anovulation and Hirsutism in PCOS.
- **Secondary Objective:**
To assess the therapeutic efficacy of Ayurvedic management on acne, acanthosis nigricans and BMI.

Sample Size : 180 (90 patients in each group)

Duration of Study : Three years

Participating center along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	CRU, Safdarjung Hospital, New Delhi, India.	Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026	1. Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics & Gynaecology, VMMC & Safdarjung Hospital, New Delhi-110029 2. Dr. Shweta Mata, R.O. (Ay.) Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026

Current Status: Patient enrollment will be started from April, 2023 after drug procurement.

B6.) Clinical evaluation of Lavanbhaskara Churna in the management of Amajirna- Randomized Parallel group study

Objectives:

a. Primary:

Clinical efficacy of Lavana Bhaskar Churna in the management of Amajirna

b. Secondary:

Clinical Safety of Lavana Bhaskar Churna in the management of Amajirna

Sample size : 100
Duration : 16 months
Current Status : Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARICD, New Delhi	110	99	11	0

B7.) Randomized Double Blind Trial for Clinical Evaluation of Ksharsutra prepared manually and by automated machine in Fistula in Ano (Bhagandar)

Primary Objective:

- Study the disease pattern of fistula-in-ano (Bhagandar).
- To evaluate the clinical efficacy of two different kinds of Ksharsutra on fistula-in-ano cases. (Ksharsutra prepared manually and by automated machine)
- To achieve complete cut through of the tract with simultaneous healing

Secondary Objective:

- Clinical safety of the Ksharsutra therapy.

Sample Size : 100

Duration of Study : 2 year

Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	100	96	04	00

B8.) “Clinical Efficacy and safety of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) –A randomized open level prospective clinical trial”

Objectives

Primary Objectives

- To assess the efficacy of *Pippalyadyasava* and *Arogyavardhini Vati* in the management of NAFLD.

Secondary Objectives

- To assess the safety of *Pippalyadyasava* and *Arogyavardhini Vati* in the patients of NAFLD.

Sample Size : 90

Duration of Study : 2 year

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1	Central Ayurveda Research Institute, New Delhi	Dr. Seema Jain, R.O. (Ay)
2.	Central Ayurveda Research Institute, Bhuvaneshwar	Dr. Banmali Das, R.O. (Ay.)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	77	54	05	18

B.9) A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi centre Feasibility study in Cervical Spondylosis

Principal Investigator: Dr. Devi Nair, M.D.(Ay), NARIP, Cheruthuruthy

Co-Investigator: Dr. Aswathykutty V, R.O (Ay).

Dr. Shaizi Layeeq, MD(Ay)

Dr. Praveen Kumar.K.S, R.O(Ay.)

Objectives:

a. Primary Objective: To prepare the practice guidelines for Marsa nasya karma

b. Secondary Objective:

- 1 .To prepare guidelines for calculation of dose of medicine used in Marsa nasya karma
- 2 .Standardization of end point of the procedure of marsa nasya karma
- 3 .Standardization of quality indicators of Marsa nasya karma
4. To assess the feasibility and preliminary effectiveness of the standardized procedure of Marsa Nasya in different geographical areas of the country.

Sample size : 30 cases

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	NARIP Cheruthuruthy	Dr. Devi Nair, M.D.(Ay), PI
2.	CCRAS Hqrs	Dr. Aswathykutty V, R.O(Ay), CoI
3.	CARI, New Delhi	Dr. Shaizi Layeeq, R.O(Ay.), CoI
4.	CARI, Guwahati	Dr. Praveen Kumar.K.S, R.O(Ay.), CoI

Current status: Project not started yet.

C. ANNUAL ACTION PLAN PROJECT

C1.) Clinical safety and efficacy of *TriphalaGhrita* and *Anu Taila* in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Objectives:

Primary Objective:

To obtain preliminary data on clinical efficacy of *TriphalaGhrita* and *AnuTaila* in the management of Dry Age-Related Macular Degeneration (*JarajanyaDrishtigataRoga*)

Secondary Objective:

To assess the Clinical safety of *TriphalaGhrita* and *AnuTaila* in the management of Dry Age-Related Macular Degeneration (*JarajanyaDrishtigataRoga*)

<u>Study design</u>		
i.	Study Type	Interventional
ii.	Purposes	Treatment
iii.	Masking	Open label
iv.	Control	Not controlled
v.	Timing	Prospective
vi.	End Point	Efficacy and Safety
vii.	No. of Groups	One
viii.	Sample size	40

PARTICIPATING CENTRE

S.no	Name of participating centre	Name of PI
1	CARI, Delhi	Dr. NandiniJadhav
2	RARIED, Lucknow	Dr.Pallavi Kamble

Current status: Continuing

Status of projects Centrewise-CARI New Delhi

S.NO	Participating centre	No.of cases enrolled	No.of cases completed	No.of cases Drop outs	No.of cases continued
1.	CARI	4	0	4	0

D.) OUT REACH ACTIVITIES

Ayurveda Mobile health Care Programme (AMHCP) Under SCSP.

This Year total 03 projects completed under Scheduled Cast Sub Plan (SCSP)

D1.) Ayurveda Mobile Health Care under Scheduled Castes Sub-Plan

Profiling of Demographic, health status and Non communicable Diseases among Scheduled Caste population in selected states across India- A descriptive , Cross sectional Epidemiological study

Objectives-

Aim: To provide health care through Ayurveda in the areas predominantly dwelled by scheduled castes.

Objectives:

- 1) To understand the health status of the target population in context with their socio-demographic conditions
- 2) To treat the patients willing to get Ayurveda interventions as adjuvant to the conventional concomitant medication or as stand-alone for various disease conditions
- 3) To provide Ayurveda based lifestyle advocacy for maintenance of health and prevention of diseases among the people willing to practice the same
- 4) To know about perception of the study population regarding Ayurveda for health care

Sample Size : Population Target - 6000
Villages target - 5-10
Tours Target - 200

Total Study Period:12 month

Current status: COMPLETED (April 2022 –March2023)

S.No.	Particulars	Consolidated data of the study
13.	Durations of the study	1 year
14.	Villages covered	6
15.	Visits made	207
16.	Population covered	6002
17.	No. of patients treated	4741
18.	No. of SC patients treated	3853
19.	No. of Investigations done	12986- OPD& Survey
20.	No visits by PI & Co-I	27

D2.) “Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factors among scheduled castes in selected states across India”

Primary Objective:

To determine the prevalence of NCDs and its association with post prandial day sleeping among scheduled castes in selected states across India.

Secondary Objectives:

- i. To study the socio demographic status of the study population.
- ii. To assess the dietary habit and exercise habit in the study population.
- iii. To determine prevalence of substance use (tobacco and alcohol) in the study population.
- iv. To study the health seeking behaviour of the participants suffering from NCDs

Sample Size :185

Total Study Period: 12 months

Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	185	185	00	study completed

D3) “Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A community based randomized controlled trial ”

Objectives:

Primary Objectives:

- To evaluate the effect of *Mandur Vatak* and *Drakshavaleha* (ayurveda medicines) in improving haemoglobin (gm/dl) among scheduled caste population with moderate iron deficiency anemia

Secondary Objectives:

- i. To assess the effect of *Mandur Vatak* and *Drakshavaleha* on disease specific symptoms viz., fatigue, general weakness, dizziness, drowsiness and palpitation
- ii. To compare the tolerability of Ayurvedic formulations with that of standard of care in iron deficiency anemia

Sample Size : 40

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	11	05	06	-

* Target not completed due to non availability of IDA patients in limited time period.

D4) “Extension of activities being carried out under Poshan Abhiyaan to child care Institutions (CCIs)”

Deliverables with time line fixed for the project

Target of total 4 visits fortnightly in between 15th January to March in the identified Child Care Institutions.

Duration of Study: 2 month

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi	Dr. Renu Rani, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay)

List of Child Care Institutions

Current status: Completed on 31.03.2023 (Jan 2023 –March2023)

S.No.	Particulars	Consolidated data of the study
1.	Durations of the study	2 Months
2.	CCI Covered	4
3.	Visits made	4 in each institute
4.	Population covered	75 approx

E. Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

Misleading Advertisements and ADR reported in 2022-23

Month	Status of misleading Advertisement (detected)	Suspected Adverse drug reaction
April 2022	18	0
May 2022	19	0
June 2022	18	0
July 2022	17	02
August 2022	24	01
September 2022	19	0
October 2022	20	0
November 2022	35	0
December 2022	52	01
January 2023	34	0
February 2023	23	0
March 2023	27	02
Total	306	06

F. LIFE PROFILE PROJECTS

- Life Profile of Ayurveda Luminary -Vd Bhagwan Dash (Literary Study)**
 - Dr. Sarada Ota, AD(Ay.)
 - Dr. Sakshi Sharma, R.O (Ay)
 - Dr. Shweta Mata, R.O (Ay)
 - Dr. Kuldeep, R.O (Ay),
 - Dr. Renu Rani, R.O (Ay)
- Life Profile of Ayurveda Luminary- Vd. Prof. Shriram Sharma (Literary Study)**
 - Dr. Sudha Kumari K.G, R.O (Ay)
- Life Profile of Ayurveda Luminary -Vd. Labhshankar Shukla (Literary Study)**
 - Dr. Shaizi Layeeq, R.O (Ay)
- Life Profile of Ayurveda Luminary -Vd Bhaskarbai Hardikar (Literary Study)**
 - Dr. Shaizi Layeeq, R.O (Ay)
- Life Profile of Ayurveda Luminary -Dr. S.C Dhyani (Literary Study)**
 - Dr. Shaizi Layeeq, R.O (Ay)
- Life Profile of Ayurveda Luminary -Dr. M.S Baghel” (Literary Study)**
 - Dr. Kishor Patel, R.O.(Ay)

G.PROJECTS IN PIPELINE

1. An investigation to evaluate the efficacy of cannabis leaf preparation alongwith the Cancer Chemotherapy in patients with locally advanced solid tumours in improving the quality of life and minimizing side effects of the Chemotherapy
2. To evaluate the therapeutic effect of *Apamargakshara karma* and AyushUT ointment application with conventional Electrocautery procedure in *Garbhashya greevamukha gatavrana* w.r.t. Cervical Erosion - A Randomized Control Trial
3. Evaluation of the efficacy of Ayush-BR Lehamas adjuvant to the standard of care in the management of Moderate malnutrition among children aged 3-5 years from Anganwadi Centers- A multi-centre randomized controlled preliminary trial
4. “Prospective Double Blind Randomized Controlled Clinical Study on Ayurvedic Intervention (*Pushkar Guggulu* and *Haritaki Churna*) in the Management of Stable Coronary Artery Disease”
5. Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study (Two Sites at Delhi Cantt & Air force hospital, Hindan- Ghaziabad)

6. IN-PATIENT DEPARTMENT (IPD)

Total admitted patients in the reporting period i.e. 2022-23 are **563** out of which 257 are male (including 39 male child) and 306 are female (including 15 female child). During the reporting period 543 patients were discharged out of which 250 males and 293 females including 36 male child and 12 female child respectively. Annual bed occupancy is 53.79%

OUT-PATIENT DEPARTMENT (OPD)

CARI, Punjabi Bagh, New Delhi

CARI, New Delhi is providing OPD facilities to the patients, in morning shift (9:30 am to 1pm). Special clinics like Ano Rectal, Preventive Cardiology Clinic, Arthritis Clinic, ENT clinic. Eye Clinic, Gynae Clinic and Geriatric Clinics are functioning on designated days. During the reporting year the Institute has provided OPD services to **81296** numbers of patients and dispensed medicines free of cost. Out of which **41954** patients were male, **39335** were female and 7 were transgender. During the reporting year total **30076** new and **51220** old patients attended the OPD. Preference in registration and consultation has also been provided to senior citizens and research participants. During the reporting period **5837** cases availed treatment for various Geriatric Disorders. Most of the patients reported with conditions like Osteoarthritis, *Madhumeha*, *Vatavikara*, *Vyanabalavaishmya* and General debility etc.

CRU, Safdarjung Hospital, New Delhi:-

Ayurvedic Chikitsa Kendra was established in Jan, 1998. Two big rooms have been provided to Ayurvedic Chikitsa Kendra. One room is used for consultation and another room for registration, store and dispensing of medicines.

During the reporting period the total no. of 23319 patients attended O.P.D. out of which 13307 patients were male and 10012 patients were female. Common diseases found in the O.P.D were *Vataroga, Sandhivata, Amavata, Madhumeh, Arsha* and *Twakrogas* etc.

Ayurvedic Treatment Center, Lady Hardinge Medical College and Hospital, New Delhi:

Ayurvedic Treatment center at Lady Hardinge Medical College was established on 19th September, 2009. During the reporting year a total no. of 4653 patients attended the OPD out of which 2808 patients were male and 1845 patients were female. It was observed that most of the patients who attended the O.P.D were of *Sandhivata, Pratishyay, Daurbalyam, Kasa, Vibandh* etc. The competent authority of Lady Harding Medical College and Hospital permitted to conduct various laboratory investigations and other specific investigations in laboratory of LHMC, New Delhi.

Ayurvedic Treatment Centre, ABVIMS, Dr. Ram Manohar Lohia Hospital, New Delhi:

Ayurvedic Treatment center at ABVIMS -Dr. Ram Manohar Lohia Hospital is functional since 14th January, 2016. During the reporting year a total no. of 9475 patients attended the OPD out of which 5472 patients were males and 4003 patients were females. It was observed that most of the patients who attended the O.P.D were suffering from *Sandhivata, Amavata, Amlapitta, ManovahsrotoVikas, Kasa, Gridhrasi* etc.

Ayush Wellness Clinic, President's Estate

Ayush Wellness Clinic, at President's Estate had been started since July, 2015 under CARI, New Delhi. This center is rendering O.P.D. services along with Panchakarma therapy to the patients. During reporting year a total of 1310 patients were treated, out of which 1232 were males & 78 were females.

Ayurveda Unit: FAP- Supreme Court, New Delhi

The Ayurveda Unit, FAP at Supreme Court of India has been functional in the Supreme Court premises since 2008. The Unit is rendering services to Hon'ble Judges and Registry in the Supreme Court of India. At present one senior doctor, one Pharmacist and one Pharmacy attendant are rendering their services in this unit. During current reporting period a total of 5652 patients were treated in FAP Supreme Court out of which 3729 were male and 1923 were female patients.

CCRAS-JNU Treatment & Research Facility, New Delhi

A new unit of CCRAS in collaboration JNU has been initiated on 25/01/2023. The unit is providing consultations to the students and employees (working & retired) of the university campus thrice a week. During current reporting period (Jan-March, 2023) total 548 patients were been given consultation, of which 327 are male and 221 are female.

SECTION-WISE ACTIVITIES

Panchakarma Section:-

Panchakarma section has been functioning in the institute since February 1981, offering the following procedures to patients as per the need: *Vamana* (therapeutic emesis), *Virechana* (therapeutic purgation), *Anuvasana vasti* (oil enema), *Asthapana vasti* (decoction enema) and *Nasya* (nasal insufflations). Apart from these, some other procedures of traditional *Keraliya Chikitsa* are also being practiced in this unit successfully. These include *Shashtikashali PindaSweda*, *Patra Pinda Sweda*, *Snehadhara*, *Shirodhara*, *Shirobasti*, *Katibasti*, *Janubastietc*. Being safe and effective these procedures are effectively used for prevention and management of number of health problems like *Pakshavadha*, *Pangu*, *Gridhrasi*, *Amavata*, *Sandhivata*, *Sthaulya*, *GreevaStambha*, *Katishula*, *Katigraha*, *Jirna Pratishaya*, and *Ardita*, *Ardhavabhedaka* etc.

During the reporting period, Panchakarma section provided treatment to 582 patients. A total of 14872 sittings of specialized procedures of *Panchakarma* was done at IPD level predominantly *Abhyanga* (3447), *Nadisweda* (1150), *Janu Basti* (1058), *Nasya*(397), *Katibasti*(1071), *Patrapinda Sweda* (888), *Matrabasti*(1355), *Niruh Basti* (299), *Vaitran Basti* (252), etc. were administered to the patients to provide them better results.

Kshara Sutra Section (Ano-Rectal Clinic):-

During reporting period 8234 patients attended the *Kshara Sutra* Section out of which 2286 patients were of *Arsha*, 2261 patients were of *Bhagandara*, 2550 patients were of *Parikartika*, 83 patients were *Nadivrana* and 1054 patients were of *Gudapaka*.

Leech Therapy Clinic:-

Leech Therapy Clinic caters to patients of various disease conditions like *Twakarog*, *Sira-Shotha*, *Shlipad*, *Shvitra* etc. During reporting period, total 282 patients attended the clinics for various disease conditions. Out of these 40 patients were of *Kushtha*, 240 patients of *Sirajala*. Total 250 patients were male and 32 patients were female.

Physiotherapy Section:-

The Physiotherapy section was established in 1999. As per the need and requirement of the hospital, the section is equipped with required modalities.

Both IPD and OPD patients are being treated on daily basis for conditions like osteoarthritis, rheumatoid arthritis, Adhesive capsulitis, cervical and lumbar spondylosis, ankylosing spondylitis, prolapsed intervertebral disc, post polio residual paralysis, neurological conditions like stroke, quadriplegia, paraplegia, cerebral palsy, Parkinson's disease, peripheral nerve injuries, muscular dystrophies, bell's palsy, motor neuron disease; Sport's injuries like tennis elbow, rotator cuff tear, meniscal tear and General conditions like obesity, varicose veins, peripheral vascular disorders etc.

During the reporting period total 2771 patients were treated of which 1121 were male and 1650 were female.

Eye Clinic:-

The Eye clinic has been functioning efficiently and giving service to eye patients from 18th February 2017 onwards on OPD and IPD basis. Within the existing facility we are also doing *Kriyakalpas* to selected patients throughout the week. During the reporting period (2022-23) there were 3415 patients out of whom 1747 patients were male and 1668 were female patients. Most commonly found eye diseases were *Timira*, *Abhishyanda*, *Kacha*, *Shushkakshipaka*, *Adhimantha*, *Lingnash*, *Netrasrava*, etc. Various *Kriyakalpa* carried out to treat eye diseases included 1186 of *Nasya*, 585 of *Tarpana*, 292 of *Bidalaka*, 104 of *Netradhara*, 50 of *Shiropichu* etc.

ENT OPD

ENT OPD caters to patients of various disease conditions like *Pratishyaya/Pinasa*, *Badhira*, *Ardhavabhedaka*, *Karnashola*, *Karnanada* etc. During reporting period total 759 patients attended the clinics those were successfully treated for various disease conditions. Out of these 104 patients were of *kasa*, 252 patients were of *Pratishyaya*, 73 patients were of *Badhira*, 37 patients of *Karnasrava* etc. Total 425 patients were male and 334 patients were female.

Arthritis Clinic

During reporting period 1125 patients attended the *Arthritis clinic* out of which 623 patients were of *Sandhivata*, 229 *Amavata*, 157 *Vatavyadhi* and 51 were of *Katishool*.

BalRog Clinic:

During reporting year 961 children (480 male, 481 female) were treated in OPD for various childhood disorders like *Vatavyadhi*, *Shool*, *Krimi*, *Pidika*, *Kushtha*, *Pratishyaya* etc.

Marma OPD:

During reporting year 599 patients (306 male, 290 female & 3 transgender) were given consultation in *Marma OPD*.

Consultation at Press Club of India

As per the direction received by Ministry of Ayush, (Letter No.W-13030/46/2022-IEC dated 09.01.2023 and institutes order no.972/2022-23 dated 20.01.2023, Dr. Kishor Patel, R.O. (Ay.), CARI, New Delhi has been nominated through CCRAS as nodal officer to visit “Press Club of India” once in a week (on Saturday) for providing general consultation along with free distribution of medicine as per the requirement to Press Club of India members and their family members.

The consultation and counseling was initiated in January 2023. On average 20-25 patients takes Ayurvedic consultation and treatment per visit for various disease conditions along with prophylactic treatment.

Library

The Library section of the Institute is having 2210 books in Hindi and English. The library remains open for readers from 9:30 am to 4:30 pm.

Clinical Laboratory:-

The Laboratory section provides services to both general patients from OPD, IPD and research subjects. A total no. of 16234 investigations were carried out during the reporting year.

Bio-chemical Investigations

Routine Biochemical investigations including Blood Sugar, Lipid Profile, Renal Function Test and Liver Function Tests are conducted in Biochemistry section of the Institute. Total 10761 investigations were carried out during the year 2022-23.

Pathological Investigations

Routine pathological investigations of blood, urine and stool were done. Total 5473 investigations were carried out during the year 2022-23.

Pharmacy

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr RML hospital, Supreme Court, Safdarjung Hospital and President Estate Ayurveda treatment Centre. The Pharmacy also keeps balance in demand and supply of medicines for clinical projects. In this current year pharmacy has procured medicines worth Rs. 1,46,33,290.00 for meeting the demand.

Hindi Section

Hindi section has been playing a leading role to follow *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi and keeping continuous efforts towards meeting the annual target. All quarterly progress reports, half-yearly progress reports are prepared on time and submitted to the Official Language Department and NARAKAS (Town Official Language Implementation Committee) by email and online. *Vibhagiya Rajbhasha Karyanvaya nSamiti* meeting is being organized in each trimester to observe the official & technical work in Hindi in every department. *Hindi Pakhwada* was successfully organized from 14th Sept to 28th Sept, 2022. This year four “One Day Hindi workshops” were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the institution was praised for increasing percentage towards achieving the annual target. The institute had also been lauded for their efforts in the E- Nirikshan done by CCRAS HQs on 30/12/2022.

Hindi Workshop: 1. 29/06/2022 2. 30/09/2022 3. 22/12/2022 4. 29.03.2023

Medicinal Plant Garden

Institute is maintaining medicinal plant garden for dual purpose ie. for demonstration as well as for providing raw herbs for panchkarma and ksharsutra therapy. For identification and demonstration purpose all the plants have their specific name plates with their classical names, botanical names, family and main uses. This Medicinal garden is continuously providing raw herbs for patrapotli preparation and for other decoctions also. *Madhuyashti*, *Narikel*, *Shigru*, *Haritaki*, *Ashvagandha*, *Guduchi*, *Bhrami*, *Isabgol*, *Nirgundi*, *Agnimantha*, *jati* etc. are the main species

available here. During Ayurveda Day celebration & Poshan Pakhwada this year exhibitions of medicinal plants were organized, to create awareness about the usage of common medicinal plants among public along with the free distribution of the Medicinal plants. This garden always remains center of attraction for visitors, students and patients.

Activities organized by Institute

1. Organized the IEC (Institutional Ethical Committee) meeting through video conferencing under the Chairmanship of Prof. Dr. S.K. Maulik on 25.04.2022
2. Organized a Training Programme on “Implementation of NABH 2nd Edition Ayurveda Accreditation Standards” from 27.04.2022 to 29.04. 2022
3. National Webinar on “Awareness Programme on Pharmacovigilance in ASU & H drugs” on 09.05.2022
4. Organized Vibhagiya Rajabhasha Karyanvyan Samiti-Trimahi Baithak on 16.06.2022
5. Organized 8th International Yoga Day-2022 Celebration having theme of “Yoga for Humanity” on 21.06.2022
6. Organized 2nd workshop on 'sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes" from 27.06.2022-28.06.2022
7. Organized a virtual Hindi Workshop on topic “हिंदी में पत्राचार एवं टिप्पणी कैसे लिखें” with speaker Sh. Shyam sunder kathuria, Joint director Rajabhasha Vibhag, ESI. on 29.06.2022
8. Organized “Fire Safety Mock drill & Training demonstrated by Sh. Y.P. Kasana, former fire safety officer, Bhabha Atomic Research Institute on 06.07.2022
9. Organized Incident Report, referral, and rejection committee meeting in the Conference room at CARI, New Delhi on 27.07.2022
10. Organized “NABH therapeutic committee meeting” under chairmanship of director Institute on 30.07.2022
11. Observance of Har Ghar Tiranga program on 76th Indian Independence Day 2022 at CARI, New Delhi from 13.08.2022 to 15.08.2022
12. Organized Induction training of new staff and reorientation of existing staff on 26.08.2022
13. Organized the 3-bucket system cleanliness training on 27.08.2022
14. Organized the Cardiopulmonary Resuscitation (CPR) Training of Existing staff on 29.08.2022
15. Observance of Poshana Maah (organized lectures, Poshana Vatika, Healthy food distribution like fruit distribution, kheer, mishti doi distribution among school children and OPD/IPD patients) in September, 2022
16. Organized training on Biomedical Waste Management to the staff of the institute on 02.09.2022
17. Organized and coordinated the NABH assessment of the institute from 08.09.2022 - 09.09.2022

18. Observance of Ayurveda day (organized lectures, webinar/ health camps, Prakriti Parikshana camp etc.) from 12.09.2022 to 23.10.2022
19. Organized training on 'Spill Management' on 13.09.2022
20. Observance of Hindi Pakhawada from 15.09.2022 to 30.09.2022
21. Observance of Sewa Pakhawada from 17.09.2022 to 02.10.2022
22. Organized a free health check-up and medicine distribution program under Sewa Pakhwada on 21.09.2022
23. Organized Vriksharopan and Swachhta program under Sewa Pakhwada on 23.09.2022
24. Organized the "Fire Safety Mock Drill & Training" by Sh. Y.P. Kasana, Expert for the training conducted at CARI, Punjabi Bagh, New Delhi on 26.09.2022
25. Organized Poshan Utsava under Poshan Abhiyaan at Kartavya Path from 30th Sep – 2nd Oct, 2022
26. Organized a webinar entitled, "Ayurveda Aahar: Millets/grains/rules" 30.09.2022
27. Observance of 7th Ayurveda day (organized lectures, Plant distribution, Healthy Ayurveda Aahar distribution like Payasam (kheer), Krishra, Takra etc. among school children and OPD/IPD patients, webinar/ health camps, Prakriti Parikshana camp etc) from 12.09.2022 to 23.10.2022
28. Organized a webinar entitled, "Ayurveda Aahar: Millets/grains/rules" as the part of 7th Ayurveda day celebration on 07.10.2022
29. Organized a lecture on the topic "Ayurveda for Mental Well-Being" to the students of MCD School, Punjabi Bagh, New Delhi on 11.10.2022
30. Organized a webinar on sharing Clinical experiences for the treatment of different types of Arthritis on 19.10.2022
31. Vigilance Awareness Week – from Organized various activities under 'Vigilance awareness'.
32. Organized "कंप्यूटर पर उपलब्ध हिन्दी के नवीनतम डिजिटल टूल्स और उनका प्रयोग" पर हिंदी कार्यशाला- 22.12.2022
33. Organized the inauguration of the international year of millets 2023 at CARI, New Delhi on 10.01.2023
34. Organized 3 days training on Basic Biostatistics under program Ayurveda Research Methodology & Statistics for MD/PhD Students of Delhi- NCR at CARI, New Delhi from 20.02.2023-22.02.2023
35. Organized a yoga session at Institute under Yoga Mahotsava, 2023 on 16.03.2023
36. Organized a "हिंदी कार्यशाला" and "राजभाषा नीति" विषय पर श्री राजेश कुमार श्रीवास्तव, उपनिर्देशक (राजभाषा / तकनीकी) राजभाषा विभाग, गृहमंत्रालय ऑनलाइन व्याख्यान -29.03.2023

केन्द्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली

संक्षिप्त वार्षिक प्रगति प्रतिवेदन

2022-2023

परिचय:-

केन्द्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली की स्थापना वर्ष 1979 को (केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्, आयुष मंत्रालय, भारत सरकार के अधीन) हुई। यह संस्थान आयुर्वेद के क्षेत्र में नैदानिक अनुसंधान के लिए समर्पित है। यह संस्थान किराए के भवन में स्थित है तथा जनसामान्य के लिए सामान्य स्वास्थ्य सुविधा प्रदान करने के साथ-साथ देश के प्रमुख क्षेत्रों से विभिन्न चिरकालिक रोगदशाओं और रोगों पर नैदानिक अनुसंधान अध्ययन भी कर रहा है।

संस्थान में नैदानिक अनुसंधान के साथ-साथ सामान्य रोगियों के लिए चिकित्सा सेवाएं विभिन्न विभागों यथा- पंचकर्म, धारसूत्र, फार्मोसी, जलोकावचरण, क्रियाकल्प, नैदानिक प्रयोगशाला, भौतिक चिकित्सा, पुस्तकालय और विशेषज्ञ क्लिनिक जैसे जरा चिकित्सा, नेत्र चिकित्सा, हृदयरोग सुरक्षा, ईएनटी, संधिरोग के द्वारा उपलब्ध कराई जा रही है।

इस संस्थान में निम्नलिखित विभाग कार्यरत हैं :

1. तकनीकी विभाग
2. प्रशासनिक विभाग

1. तकनीकी विभाग निम्नलिखित अनुभागों के गठन से बना है।

➤ अनुसंधान परियोजना

- सहयोगात्मक परियोजना
- इन्द्राम्यूरल रिसर्च
- वार्षिक कार्य योजना परियोजना
- बाह्य गतिविधियां

➤ अंतरंग विभाग

- बहिरंग विभाग
- सीएआरआई, पंजाबी बाग, नई दिल्ली के निम्न सैटेलाइट केंद्र भी हैं :
 - i. आयुर्वेद चिकित्सा केन्द्र, सफदरजंग अस्पताल
 - ii. आयुर्वेद चिकित्सा केन्द्र, लेडी हार्डिंग मेडिकल कॉलेज एवं अस्पताल
 - iii. आयुर्वेदिक केंद्र- एफएपी, सर्वोच्च न्यायालय
 - iv. आयुर्वेद चिकित्सा केन्द्र, पीजीआईएमईआर, डॉ राम मनोहर लोहिया अस्पताल
 - v. आयुष वेलनेस क्लिनिक, राष्ट्रपति भवन
 - vi. सीसीआरएएस-जेएनयू उपचार एवं अनुसंधान सुविधा, जेएनयू, नई दिल्ली

दिनांक 07 अक्टूबर, 2022 को संस्थान का एनएबीएच प्रत्यायन और दिनांक 13 मार्च, 2023 को एनएबीएल प्रत्यायन किया गया।

भाग-क

क. सहयोगात्मक नैदानिक अनुसंधान परियोजनाएं

1. क1.) आयुर्वेद नैदानिक विधियों की मान्यता और विश्वसनीयता परीक्षण।

उद्देश्य:

- आयुर्वेद और मानक स्वास्थ्य रिकॉर्ड प्रारूपों से निदान/ केस रिकॉर्डिंग के तत्वों के साथ मानकीकृत आयुर्वेदिक केस टेकिंग प्रोटोकॉल (SACTP) विकसित करने हेतु
- प्रायः आयुर्वेद के माध्यम से प्रबंधित किए जाने वाले चयनित रोगों के लिए मानक नैदानिक प्रोटोकॉल का विकास |
- आयुर्वेद विशिष्ट निदान आवश्यकताओं के लिए नवीनतम सूचना प्रौद्योगिकी उपकरणों के साथ एकीकृत डायग्नोस्टिक गैजेट्स के एकीकरण/ अनुकूलन और विकास के लिए इंटरफ़ेस विकसित करना।

सैम्पल साइज़ : 30 रोगी/ रोग

अध्ययन अवधि : 03 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम सं.	भाग लेने वाले केंद्र	प्रधान अन्वेषक का नाम
1.	एआईआईए, सरिता विहार	प्रधान अन्वेषक - डॉ. वी.जी. हुदर, एसोसिएट प्रोफ़ेसर, एआईआईए, नई दिल्ली
2.	सीएआरआई, नई दिल्ली	सह- अन्वेषक – डॉ. सीमा जैन

आबंटित बजट: 17,76,000/- (सत्रह लाख छिहत्तर हजार रूपए केवल)

वर्तमान स्थिति:

क्रम सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट/ वापस लिए गए की संख्या	जारी मामलों की संख्या
1	एआईआईए, सरिता विहार	150	129	-	प्रथम चरण और द्वितीय चरण (ग्रहणी, ज्वर, कास और श्वास) पूर्ण हो चुका है।

क 2.) विशेष रूप से स्तनपान कराने वाली माताओं के अपर्याप्त स्तनपान (स्तन्याल्सा) में “आयुष एसएस ग्रैन्यूल्स” की प्रभावकारिता का नैदानिक मूल्यांकन –एक रैंडोमाइज्ड डबल ब्लाइंड प्लेसेबो नियंत्रित परीक्षण

उद्देश्य:

प्राथमिक उद्देश्य- स्तनपान कराने वाली माताओं के बीच अपर्याप्त स्तनपान में आयुर्वेदिक औषधयोग आयुष एसएस-ग्रैन्यूल्स के गैलेक्टोगोग प्रभाव का मूल्यांकन करना

गौण उद्देश्य - स्तनपान कराने वाली माताओं के बीच अपर्याप्त स्तनपान में आयुष एसएस-ग्रैन्यूल्स की नैदानिक सुरक्षा का मूल्यांकन करना।

सैम्पल साइज़ : 210

अध्ययन अवधि : 02 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम सं.	भाग लेने वाले केंद्र	मुख्य अन्वेषक	सह अन्वेषक
1.	प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली, भारत	डॉ. (प्रो.) उपमा सक्सेना, वरिष्ठ विशेषज्ञ, प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली- 110029 डॉ. शारदा ओता, सहायक निदेशक (आयु.), सीसीआरएएस, जनकपुरी, नई दिल्ली	1. डॉ. शिव शंकर राजपूत, अनु. अधि. (आयु.) केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली- 110026 2. डॉ. भावना आनंद, विशेषज्ञ ग्रेड II बाल रोग, बाल रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली- 110029

वर्तमान स्थिति : अध्ययन पूर्ण हो चुका है।

क्रम सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट/ वापस लिए गए की संख्या
1	वीएमएमसी एवं सफदरजंग चिकित्सालय, नई दिल्ली	210	164	46

प्रासंगिक जानकारी, यदि कोई हो:

क 3.) "क्लिनिकल रिकवरी और पोस्ट-ऑपरेटिव परिणामों पर पारंपरिक उपचार बनाम माइट्रल वाल्व ओपन हार्ट सर्जरी के बाद "आयुष कार्ड चाय" (आयुष सीसीटी) और राजयोग ध्यान की प्रभावकारिता का मूल्यांकन करने के लिए रेंडोमाइज्ड नियंत्रण अध्ययन"

उद्देश्य:

प्राथमिक उद्देश्य:

- क. माइट्रल वाल्व ओपन हार्ट सर्जरी वाले रोगियों के रिकवरी फ्रेज पर आयुर्वेदिक हर्बल औषधि के साथ राजयोग ध्यान का प्रभाव
- ख. बायोकेमिकल को-रिलेट्स जैसे इंटरलियुकिन - 10, इंटरलियुकिन - 6 और सेरोटोनिन पर इस मस्तिष्क शरीर इंटरवेंशन के प्रभाव का मूल्यांकन

गौण उद्देश्य:

- क. नींद की गुणवत्ता में सुधार
- ख. रोगी के स्वास्थ्य में परिवर्तन
- रोगी की चिंताजनक स्थिति में बदलाव

सैम्पल साइज़: अध्ययन की खोजपूर्ण प्रकृति को ध्यान में रखते हुए, सभी माइट्रल वाल्व रोग की शल्य चिकित्सा के लिए भर्ती कराए गए और सूचित सहमति देने के इच्छुक और अध्ययन नियम का पालन करने में सक्षम रोगियों को 2 वर्षों के लिए अध्ययन में भर्ती किया जाएगा।

अध्ययन काल : 2 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: एम्स के साथ सहयोगात्मक अध्ययन

क्रम संख्या	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	एम्स, नई दिल्ली	डॉ. शिव चौधरी, प्रोफेसर और सीटीवीएस अध्यक्ष, एम्स - प्रधान अन्वेषक
2.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि.(आयु.) - सह अन्वेषक

वर्तमान स्थिति: अध्ययन पूर्ण हो चुका है।

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	एम्स नई ,दिल्ली	100	85	15	00

क 4.) माइग्रेन के प्रबंधन में आयुष एम3 का डबल ब्लाइंड रैंडोमाइज्ड प्लेसेबो नियंत्रित बहुकेंद्रीय नैदानिक परीक्षण

उद्देश्य:

क. प्राथमिक उद्देश्य:

- माइग्रेन में आयुष एम 3 की नैदानिक प्रभावकारिता का आकलन

ख. गौण उद्देश्य:

- माइग्रेन में आयुष एम 3 की नैदानिक सुरक्षा का आकलन

सैम्पल साइज : प्रत्येक समूह में 60 रोगी

अध्ययन अवधि : 3 वर्ष

प्रधान अन्वेषक और सह अन्वेषक के साथ प्रतिभागी केंद्र:

क्र.सं.	संस्थान का नाम	प्रधान अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. श्वेता चौधरी, अनु. अधि. (आयु.)	डॉ. श्वेता माटा, अनु. अधि. (आयु.)
2.	एबीवीआईएमएस और डॉ. आरएमएल अस्पताल, नई दिल्ली	डॉ. के.एस. आनंद, सलाहकार, न्यूरोलॉजी विभाग समन्वयक: डॉ. रेनु माखीजा, सहायक निदेशक (पैथोलॉजी)	डॉ. सुधा कुमारी के.जी., अनु. अधि. (आयु.)
3.	निमहांस, बेंगलूर	डॉ. किशोर कुमार आर. सहायक प्रोफेसर (आयु.), डिपार्टमेंट ऑफ इंटीग्रेटेड मेडिसिन	सह अन्वेषक : 1 डॉ. गिरीश बी. कुलकर्णी, न्यूरोलॉजी के प्रोफेसर सह अन्वेषक : 2 डॉ. उमेश सी, वैज्ञानिक सी, डिपार्टमेंट ऑफ इंटीग्रेटेड मेडिसिन

वर्तमान स्थिति:

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1.	सीएआरआई, नई दिल्ली	115	51	12	52
2.	एटीसी, एबीवीआईएमएस, डॉ. आरएमएल अस्पताल	48	24	06	18
3.	निमहांस, बेंगलूर	32	12	10	10

क 5.) स्वचालित बस्ति यंत्र का विकास- एनीमा देने के लिए एक व्यापक उपकरण

उद्देश्य:

1. प्राथमिक उद्देश्य- स्वचालित बस्ति यंत्र विकसित करना।

2. गौण उद्देश्य-

क: 1. शास्त्रीय बस्ति प्रक्रिया के मानक की तुलना में जलाशयों से मिश्रण कक्ष तक सामग्री के अनुक्रमिक रिलीज समय को मानकीकृत और मान्य करने हेतु।

2. शास्त्रीय बस्ति प्रक्रिया के मानक की तुलना में बस्ति द्रव्य के समरूप इमल्शन की तैयारी के लिए मिक्सिंग मशीन की चक्कर प्रति मिनट (आरपीएम) को मानकीकृत और मान्य करना

3. बस्ति पुटक में तय की जाने वाली दबाव मशीन के दबाव को मानकीकृत/ मान्य करने हेतु।

ख: बस्ति द्रव्य (अंतिम उत्पाद के समरूप इमल्शन) के लिए मानक परिचालन प्रक्रिया (एसओपी) विकसित करना।

प्रधान अन्वेषक के साथभाग लेने वाले केंद्र:

क्रम सं.	भाग लेने वाले केंद्र	प्रधान अन्वेषक
1.	सीएआरआई, नई दिल्ली आईआईटी, नई दिल्ली	प्रधान अन्वेषक: डॉ. राम अवतार शर्मा, अनु.अधि.(आयु.) डॉ. सुमेर सिंह, आईआईटी, दिल्ली सह अन्वेषक: डॉ. सीमा जैन, अनु. अधि. (आयु.) डॉ. शैज़ी लईक, अनु. अधि. (आयु.) प्रो. सूर्य प्रकाश सिंह, आईआईटी, दिल्ली

परियोजना की वर्तमान स्थिति: बिना किसी अतिरिक्त बजट के मुख्यालय द्वारा दिनांक 11.03.23 तक बढ़ाया गया। आईआईटी द्वारा जल्द ही सीएआरआई, नई दिल्ली में अंतिम मशीन (बस्ती यंत्र) स्थापित की जानी है।

क 6.) तमक श्वास के प्रबंधन में आयुर्वेदिक कोडिड औषधि आयुष- ए का रैंडोमाइज्ड डबल ब्लाइंड प्लेसेबो नियंत्रित नैदानिक अध्ययन

उद्देश्य:

- प्राथमिक- हल्के से मध्यम तमक श्वास वाले रोगियों में आयुष- ए की प्रभावकारिता का मूल्यांकन
- गौण- उपरोक्त रोगियों में आयुष- ए की सुरक्षा का मूल्यांकन

अध्ययन काल : 2 वर्ष (03.07.2022 तक बढ़ाया गया, दिनांक 21.12.2020 की फा.सं.3-34/2018-सीसीआरएएस/प्रशा./तमक श्वास/4773)

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम संख्या	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	एम्स, नई दिल्ली	डॉ. अनंत मोहन, प्रोफेसर, एम्स - प्रधान अन्वेषक
2.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.) - सह अन्वेषक (दिनांक 25.11.2019 के संस्थान के ई- मेल के अनुसार)

वर्तमान स्थिति :

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण की संख्या	मामलों की संख्या	ड्राप की संख्या	आउट की संख्या	जारी मामलों की संख्या
1	एम्स, नई दिल्ली	42	30	12	00		

कोई प्रासंगिक जानकारी: परिषद् के दिनांक 02.03.2022 के पत्र संख्या फा.सं. 3-34/2018-सीसीआरएएस/प्रशा./6214 के अनुसार, प्रतिभागी नामांकन को सीसीआरएएस के साथ अगले संचार तक रोक दिया गया था। नामांकन को दोबारा शुरू करने के अब परीक्षण औषधि का नया बैच प्राप्त कर एम्स को सौंप दिया गया है।

क 7.) स्वस्थ वयस्कों में विरेचन (शुद्धिकरण चिकित्सा) द्वारा प्रेरित शारीरिक आधार और आंतजीवाणु माँड्यूलेशन का अध्ययन: एक संभावित अनुदैर्घ्य अध्ययन।

- **प्राथमिक उद्देश्य** : आंतमाइक्रोबियल प्रोफाइल में परिवर्तन पर *विरेचन* (शुद्धिकरण) चिकित्सा के प्रभाव को निर्धारित करने के लिए
- **गौण उद्देश्य**
 1. स्वस्थ व्यक्तियों के पोषण और चयापचय प्रोफाइल पर विरेचन चिकित्सा की प्रभावकारिता को समझना।
 2. स्वस्थ व्यक्तियों में जैवरासायनिक और नैदानिक मापदंडों और सामान्य स्वास्थ्य पर *विरेचन* के प्रभाव का मूल्यांकन करना।

सैम्पल साइज़ : 75 (सीएआरआई, पंजाबी बाग: 37 और एआईआईए, सरिता विहार : 38)

अध्ययन काल : 36 माह

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली दिल्ली	डॉ. एन. श्रीकांत
2.	एआईआईए, सरिता विहार	डॉ. तनुजा मनोज नेसरी
3.	आईएलबीएस, वसंत कुंज, नई दिल्ली	डॉ. श्वेतांक शर्मा

वर्तमान स्थिति : परियोजना जारी है।

भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट की संख्या	जारी मामलों की संख्या
केंद्रीय आयुर्वेद अनुसंधान संस्थान, नई दिल्ली	14	8	02	00
अखिल भारतीय आयुर्वेद संस्थान, नई दिल्ली	23	14	1	00

अन्य प्रासंगिक जानकारी: लागू नहीं

क 8.) स्टेज I-प्राइमरी उच्चरक्तचाप के उपचार में आयुर्वेदिक औषधि (सर्पगंधा मिश्रण) बनाम अम्लोडिपिन पर प्रोस्पेक्टिव डबल ब्लाइंड रैंडोमाइज्ड नियंत्रित नैदानिक अध्ययन

उद्देश्य:

प्राथमिक उद्देश्य:

- स्टेज I-प्राइमरी उच्चरक्तचाप के उपचार में सर्पगंधा मिश्रण की नैदानिक प्रभावकारिता का आकलन (जेएनसी-VII रिपोर्ट)

गौण उद्देश्य

- स्टेज I-प्राइमरी उच्चरक्तचाप के उपचार में सर्पगंधा मिश्रण की नैदानिक सुरक्षा का आकलन (जेएनसी-VII रिपोर्ट)

सैम्पल साइज : 150

अध्ययन अवधि : 24 माह (2 वर्ष)

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम	सह अन्वेषक का नाम
1.	एम्स, नई दिल्ली	प्रधान अन्वेषक –डॉ. डी.एस. आर्या, प्रोफेसर, फार्माकोलोजी विभाग, एम्स, नई दिल्ली	प्रो. राजीव नारंग, प्रोफेसर, कार्डियोलोजी विभाग, एम्स, नई दिल्ली डॉ. जागृति भाटिया, प्रोफेसर, फार्माकोलोजी विभाग, एम्स, नई दिल्ली सह अन्वेषक डॉ. शिवम पांडे, बायोस्टैटिस्टिक्स विभाग, एम्स, नई दिल्ली
2.	सीएआरआई, नई दिल्ली	---	सह अन्वेषक डॉ. साक्षी शर्मा, अनु. अधि. (आयु.), सीएआरआई, नई दिल्ली

5. वर्तमान स्थिति:

क्र.सं.	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1.	एम्स, नई दिल्ली	60	43	06	11

क 9.) "जानु संधिगतवात (प्राइमरी नी ऑस्टियोआर्थराइटिस) में मल्टीमॉडल आयुर्वेद इंटरवेंशंस की प्रभावकारिता का मूल्यांकन करने के लिए एक रैंडोमाइज्ड नियंत्रित परीक्षण"

उद्देश्य:

प्राथमिक उद्देश्य :

- घुटने के दर्द और कार्यात्मक अक्षमता पर मानक देखभाल बनाम बहुआयामी आयुर्वेद इंटरवेंशंस के प्रभावों की तुलना करना।

गौण उद्देश्य -

- घुटने के जोड़ की गति की सीमा पर मानक देखभाल बनाम मल्टीमॉडल आयुर्वेद हस्तक्षेप के प्रभावों की तुलना करना।
- बचाव एनाल्जेसिक औषधि की आवश्यकता में परिवर्तन की तुलना करना।
- अध्ययन इंटरवेंशंस के बाद जीवन की गुणवत्ता में बदलाव की तुलना करना।
- घुटने के संरचनात्मक परिवर्तनों (ओए की संरचनात्मक प्रगति में देरी) पर आयुर्वेद के हस्तक्षेप बनाम मानक देखभाल के प्रभावों की तुलना करना।
- इंप्लेमेंटरी बायोमार्कर पर आयुर्वेद हस्तक्षेप बनाम मानक देखभाल के प्रभाव की तुलना करना।
- अस्थि खनिज घनत्व में परिवर्तन की तुलना करना
- किसी भी प्रतिकूल घटना/प्रतिकूल दवा प्रतिक्रिया का अनुभव करने वाले प्रतिभागियों के अनुपात की तुलना करना।

सैम्पल साइज़ : 150 (प्रत्येक समूह में 75)

अध्ययन अवधि : 30 महीने

प्रधान अन्वेषक और सह- अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम	सह अन्वेषक का नाम
1.	एम्स, नई दिल्ली	डॉ. उमा कुमार, एम.बी.बी.एस., एम.डी., एम्स, नई दिल्ली	डॉ. दानवीर भाड़ू, एम.बी.बी.एस., एम.डी., डी.एम., एम्स, नई दिल्ली
2.	सी.सी.आर.ए.एस. सीएआरआई, नई दिल्ली	डॉ. भारती, एम. डी. (आयु.), पी.एचडी. (आयु.)	डॉ. अमित कुमार राय, एम.डी. (आयु.), पीजीडीएचए, पीडीसीआर डॉ. किशोर पटेल, एम.डी. (आयु.),

वर्तमान स्थिति : परियोजना जारी है।

दिनांक 31.03.2023 तक केंद्र वार परियोजना की स्थिति:

आरम्भ की तिथि	लक्ष्य	अभी तक के स्क्रीन फेलियर की सं.	अभी तक नामांकित रोगियों की संख्या	अभी तक पूर्ण मामलों की संख्या	अभी तक जारी मामलों की संख्या	वर्तमान माह में एडीआर/एई/एसएई की सं. (विवरण के साथ)
11.10.2022	75	23	20	-	19	

क 10.) वातज प्रतिश्याय में आयुर्वेदिक प्रबंधन का नैदानिक मूल्यांकन: एक रैंडोमाइज्ड नियंत्रित नैदानिक परीक्षण

उद्देश्य :

- कन्वेंशनल नियंत्रित समूह के साथ तुलना करते हुए वातज प्रतिश्याय में आयुर्वेदिक प्रबंधन की प्रभावकारिता का आकलन करना

सैम्पल साइज़ : 90

अध्ययन अवधि : 2 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम	सह अन्वेषक का नाम
1.	प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली, भारत	डॉ. श्वेता माटा, अनु. अधि. (आयु.) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली- 110026 सह अन्वेषक- डॉ. ईशा प्रीत टुली प्रोफेसर, ईएनटी विभाग, सफदरजंग अस्पताल, नई दिल्ली	डॉ. शिवशंकर राजपूत, अनु. अधि. (आयु.) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली- 110026

वर्तमान स्थिति :

क्र.सं.	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1.	वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली	0	शून्य	शून्य	0

क 11.) रक्तप्रदर के प्रबंधन में आयुर्वेदिक इंटरवेंशंस की प्रभावकारिता: एक रैंडोमाइज्ड नियंत्रित परीक्षण

उद्देश्य:

प्राथमिक उद्देश्य -

रक्तप्रदर के प्रबंधन में आयुर्वेदिक इंटरवेंशंस की प्रभावकारिता का मूल्यांकन करना

गौण उद्देश्य - रक्तप्रदर वाली महिलाओं की जीवन गुणवत्ता में आयुर्वेदिक इंटरवेंशंस की प्रभावकारिता का मूल्यांकन करना

सैम्पल साइज़: 140

अध्ययन अवधि: 3 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम	सह अन्वेषक का नाम
1.	प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली, भारत	डॉ. शिवशंकर राजपूत, अनु. अधि. (आयु.) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली- 110026	1. डॉ. (प्रो.) उपमा सक्सेना, वरिष्ठ विशेषज्ञ, प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली- 110029 2. डॉ. श्वेता माटा, अनु. अधि. (आयु.) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली- 110026

वर्तमान स्थिति :

क्र.सं.	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1.	वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली	0	शून्य	शून्य	0

क 12.) आयरन की कमी वाले एनीमिया के प्रबंधन में एक आयुर्वेदिक इंटरवेंशन-*धात्री लौह* की सहनशीलता, उपचार क्षमता और सुरक्षा पर नैदानिक अध्ययन: एक ओपन लेबल सिंगल आर्म अध्ययन

उद्देश्य:

- प्राथमिक उद्देश्य : आयरन की कमी वाले एनीमिया के प्रबंधन में एक मौखिक आयुर्वेदिक औषधयोग-*धात्री लौह* प्राप्त करने वाले प्रतिभागियों में सहनशीलता और औषधि की क्षमता का आकलन करना।
- गौण उद्देश्य : आयरन की कमी वाले एनीमिया के प्रबंधन में *धात्री लौह* की सुरक्षा का आकलन करना।

सैम्पल साइज़ : 480 (प्रत्येक केंद्र से 120)

अध्ययन काल : 24 माह

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	चौधरी ब्रह्म प्रकाश आयुर्वेद चरक संस्थान, खेरा डाबर, नजफगढ़, नई दिल्ली – 110073	डॉ. सुभाष साहू
2.	एमएसएम आयुर्वेद संस्थान, बीपीएस महिला विश्वविद्यालय, खानपुर, सोनीपत, हरियाणा- 131305	डॉ. गति कृष्णा पांडा
3.	राजीव गांधी सरकारी स्नातकोत्तर आयुर्वेदिक कॉलेज एवं अस्पताल, पपरोला, जिला कांगडा- 176115	प्रो. विजय चौधरी
4.	शुभदीप आयुर्वेद चिकित्सा कॉलेज एवं अस्पताल, इंदौर- 452020	डॉ. रत्नप्रवा मिश्रा

वर्तमान स्थिति : सभी सहयोगी संस्थानों से आईईसी क्लीयरेंस प्राप्त करने के बाद परियोजना आरंभ होगी।

कोई प्रासंगिक जानकारी : नहीं

क 13.) प्राथमिक नी ऑस्टियोआर्थराइटिस के प्रबंधन में आयुर्वेद चिकित्सीय आहार के उपचार का पालन, सहनशीलता और सुरक्षा: एक ओपीडी-आधारित अध्ययन

प्राथमिक उद्देश्य :

- प्राथमिक नी ऑस्टियोआर्थराइटिस के प्रबंधन में उपचार के पालन, सहनशीलता और आयुर्वेद चिकित्सीय आहार की सुरक्षा का मूल्यांकन करने के लिए
- गौण उद्देश्य
 - घुटने के दर्द, अकड़न और शारीरिक कार्यप्रणाली पर आयुर्वेद चिकित्सीय आहार की प्रभावकारिता का मूल्यांकन करने के लिए
 - बचाव एनाल्जेसिक औषधि की आवश्यकता में परिवर्तन का मूल्यांकन करने के लिए
 - अध्ययन इंटरवेंशन के बाद जीवन की गुणवत्ता में परिवर्तन का मूल्यांकन करना

सैम्पल साइज़ : 480 (प्रत्येक प्रतिभागी संस्थान पर 120)

अध्ययन अवधि : 24 माह

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक/सह अन्वेषक का नाम
1.	सीएआरआई, पंजाबी बाग, नई दिल्ली	डॉ. अमित
2.	गुरुकुल – हरिद्वार	प्रो. उत्तम कुमार शर्मा
3.	राजीव गांधी आयुर्वेदिक कॉलेज – पपरोला	प्रो. विजय चौधरी
4.	पारुल आयुर्वेदिक संस्थान – वडोदरा	डॉ. हेमंत तोशीखाने
5.	बनारस हिन्दू विश्वविद्यालय – वाराणसी	प्रो. जय प्रकाश सिंह

वर्तमान स्थिति : परियोजना अभी शुरू नहीं हुई है।

कोई प्रासंगिक जानकारी: बीएचयू-वाराणसी से आईईसी अनुमोदन प्रमाण पत्र, सीआरएफ फ़ाइनलाइजेशन, औषधि खरीदना और सीटीआरआई पंजीकरण लंबित है।

क 14.) एक्यूट माउंटेन सिकनेस की रोकथाम और उसकी गंभीरता में कमी पर आयुर्वेद पोषण पूरकों और योग प्रोटोकॉल की प्रभावकारिता : एक ओपन-लेबल रैंडोमाइज्ड नियंत्रित अध्ययन।

उद्देश्य:

प्राथमिक उद्देश्य:

- एक्यूट माउंटेन सिकनेस (AMS) की रोकथाम में आयुर्वेद पोषण पूरकों और योग प्रोटोकॉल की प्रभावकारिता का मूल्यांकन करना।
- एक्यूट माउंटेन सिकनेस (AMS) की गंभीरता को कम करने में आयुर्वेद पोषण पूरकों और योग प्रोटोकॉल की प्रभावकारिता का मूल्यांकन करने के लिए

गौण उद्देश्य:

- थ्रोम्बोम्बोलिक घटनाओं को कम करने में आयुर्वेद पोषण पूरकों और योग प्रोटोकॉल की प्रभावकारिता का मूल्यांकन करना
- जमावट और हेमोस्टेसिस सक्रियण (MOCHA) मार्कर और प्रो-इंफ्लेमेटरी के मार्कर पर आयुर्वेद पोषण पूरकों और योग प्रोटोकॉल की प्रभावकारिता का मूल्यांकन करना
- मनोदशा की स्थिति में सुधार, नींद और जीवन मापदंडों की गुणवत्ता में आयुर्वेद पोषण पूरकों और योग प्रोटोकॉल की प्रभावकारिता का मूल्यांकन करना

सैम्पल साइज़ : 1660

अध्ययन अवधि : 1 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक/सह अन्वेषक का नाम
1.	सीएआरआई, पंजाबी बाग, नई दिल्ली	डॉ. भारती, निदेशक- पीआई डॉ. सीमा जैन, अनु. अधि. (आयु.) – कोआई
2.	नॉर्थन कमांड ऑफ़ इंडियन आर्मी	कर्नल (डॉ.) अरुण कुमार यादव प्रधान अन्वेषक
3.	सशस्त्र बल चिकित्सा सेवाएं महानिदेशालय (डीजीएएफएमएस)	कर्नल (डॉ.) आर.के.जोशी सह अन्वेषक
4.	केंद्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्, आयुष मंत्रालय	डॉ. बी.एस.शर्मा, अनु. अधि. (आयु.), नोडल अधिकारी, सीसीआरएस मुख्यालय

क 15). " कोरोनरी धमनी बाईपास ग्राफ्ट (CABG) सर्जरी से गुजरने वाले वयस्क रोगियों में जैव रासायनिक, शारीरिक और मनोवैज्ञानिक मापदंडों पर कार्डियक पुनर्वास के लिए सामान्य देखभाल के सहायक के रूप में आयुष एसआर के प्रभाव का मूल्यांकन करने के लिए एक रैंडोमाइज्ड प्लेसबो नियंत्रण अध्ययन"

उद्देश्य:

प्राथमिक उद्देश्य:

1. सीएबीजी के बाद सीरम कोर्टिसोल, सीरम सेरोटोनिन, IL-10 और ऑक्सीडेटिव तनाव के बायोमार्कर जैसे जैव रासायनिक मापदंडों पर सामान्य देखभाल के सहायक के रूप में आयुष एसआर की भूमिका का मूल्यांकन करना।
2. सीएबीजी के बाद जीवन की गुणवत्ता पर सामान्य देखभाल के सहायक के रूप में आयुष एसआर की भूमिका का मूल्यांकन करना।

गौण उद्देश्य:

- क्लिनिकल रिकवरी पर सामान्य देखभाल के सहायक के रूप में आयुष एसआर की भूमिका का मूल्यांकन करना।
- सीएबीजी के बाद, शारीरिक गतिविधि पर सामान्य देखभाल के सहायक के रूप में आयुष एसआर की भूमिका का मूल्यांकन करना।
- सीएबीजी के बाद, कथित तनाव, चिंता और नींद पर सामान्य देखभाल के सहायक के रूप में आयुष एसआर की प्रभावकारिता को प्रदर्शित करना।

सैम्पल साइज़: 220

अध्ययन अवधि: 3 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: एम्स के साथ सहयोगात्मक अध्ययन

क्रम सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक/सह अन्वेषक का नाम
1.	एम्स, नई दिल्ली	डॉ. मनोज साहू, एसोसिएट प्रोफेसर, सीटीवीएस, आईसीयू- पीआई
2.	सीएआरआई, पंजाबी बाग, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.) – कोआई

ख. अंतःवर्ती अनुसंधान परियोजनाएं

ख 1.) बाह्य त्रण हेतु आयुष एजीटी की नैदानिक प्रभावकारिता और सुरक्षा का मूल्यांकन करने हेतु एक ओपन लेबल

उद्देश्य:

प्राथमिक उद्देश्य:

बाह्य त्रण के उपचार में आयुष एजीटी ऑइंटमेंट की प्रभावकारिता का मूल्यांकन

गौण उद्देश्य:

बाह्य त्रण के उपचार में आयुष एजीटी ऑइंटमेंट की सुरक्षा का मूल्यांकन

सैम्पल साइज : 30

अध्ययन अवधि : 1 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: बहुकेंद्रीय अध्ययन

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली	डॉ. हेमंत पाणिग्रही, अनु. अधि. (आयु.)
2.	क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, विजयवाड़ा	डॉ. ए.जे.वी. साई प्रसाद, अनु. अधि. (आयु.)
3.	क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, अहमदाबाद	डॉ. अनिल अक्कड, अनु. अधि. (आयु.)

वर्तमान स्थिति:

क्र.सं.	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1.	सीएआरआई, नई दिल्ली	30	30	00	00

ख 2.) “नर्सों के मध्य होने वाले व्यावसायिक तनाव में आयुष- एसआर टेबलेट का मूल्यांकन- एक रैंडेमाइज्ड डबल-ब्लाइंड प्लेसेबो नियंत्रित नैदानिक अध्ययन”

क. प्राथमिक उद्देश्य :

आरएमएल अस्पताल, नई दिल्ली में कार्यरत नर्सों के बीच व्यावसायिक तनाव से पीड़ित रोगियों में आयुष –एसआर की नैदानिक प्रभावकारिता का आंकलन करना

ख. गौण उद्देश्य :

आरएमएल अस्पताल, नई दिल्ली में कार्यरत नर्सों के बीच व्यावसायिक तनाव में आयुर्वेदिक औषधि आयुष –एसआर की नैदानिक सुरक्षा का आंकलन करना

सैम्पल साइज : 120

अध्ययन काल : 03 वर्ष

(दिनांक 28.10.2022 के फा.सं. 3-66/2018-सीसीआरएएस/प्रशा./आईएमआर/ आयुष-एसआर/4084 के तहत 16.10.2023 तक बढ़ाया गया है)

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	एबीवीआईएमएस में एटीसी, डॉ. आर.एम.एल. अस्पताल, नई दिल्ली	डॉ. सुधा कुमारी के.जी. , अनु. अधि. (आयु.)

वर्तमान स्थिति :

क्रम सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	एबीवीआईएमएस में एटीसी, डॉ. आर.एम.एल. अस्पताल, नई दिल्ली	120	72	18	30

ख3.) प्री- उच्च रक्तचाप के प्रबंधन में आयुष- एचआर की प्रभावकारिता एवं सुरक्षा का मूल्यांकन - एक डबल ब्लाइंड रैंडमाइज्ड नियंत्रित नैदानिक अध्ययन

- प्राथमिक उद्देश्य- प्री-उच्चरक्तचाप के प्रबंधन में आयुष एस-आर की नैदानिक प्रभावकारिता का मूल्यांकन (जेएनसी- VII रिपोर्ट)
- गौण उद्देश्य: प्री-उच्चरक्तचाप के प्रबंधन में आयुष एस-आर की नैदानिक सुरक्षा का मूल्यांकन (जेएनसी- VII रिपोर्ट)

सैम्पल साइज़ : 140 (प्रत्येक समूह में 70 रोगी)

अध्ययन अवधि : 2 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. श्वेता माटा , अनु. अधि. (आयु.)
2.	आरएआरआईजीआईडी, गुवाहाटी	डॉ. प्रवीण मसराम, अनु. अधि. (आयु.)
3.	आरएआरआई, तिरुवनंतपुरम	डॉ. वर्षा सुमेधन, अनु. अधि. (आयु.)

वर्तमान स्थिति:

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	65	33	05	27

ख 4.) प्री-उच्च रक्तचाप के प्रबंधन में आयुष-एम-3 की प्रभावकारिता एवं सुरक्षा का मूल्यांकन - एक डबल ब्लाइंड रैंडमाइज्ड नियंत्रित नैदानिक अध्ययन

- प्राथमिक उद्देश्य: प्री-उच्चरक्तचाप के प्रबंधन में आयुष एम-3 की नैदानिक प्रभावकारिता का मूल्यांकन (जेएनसी- VII रिपोर्ट)
- गौण उद्देश्य: प्री-उच्चरक्तचाप के प्रबंधन में आयुष एम-3 की नैदानिक सुरक्षा का मूल्यांकन (जेएनसी- VII रिपोर्ट)

सैम्पल साइज़: 140 {प्रत्येक समूह में 70 रोगी (टेस्ट आर्म और कंट्रोल आर्म)}

अध्ययन अवधि: 2 वर्ष

वर्तमान स्थिति:

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	140	138	02	00

ख 5). पीसीओएस में आयुर्वेदिक प्रबंधन की प्रभावकारिता का नैदानिक मूल्यांकन- एक रैंडोमाइज्ड ओपन – लेबल नियंत्रित परीक्षण

उद्देश्य:

- प्राथमिक उद्देश्य: पीसीओएस में अनियमित मेन्सचुअल साईकिल्स/ एनोवुलशन और हिरसुटिज्म के आयुर्वेदिक प्रबंधन की उपचारात्मक प्रभावकारिता का आकलन करना
- गौण उद्देश्य:
- एंक्रे, एंक्रथोसिस, निग्रिकेन्स और बीएमआई पर आयुर्वेदिक प्रबंधन की उपचारात्मक प्रभावकारिता का आकलन करना

सैम्पल साइज़ : 180 (प्रत्येक समूह में 90 रोगी)

अध्ययन अवधि : 3 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम	सह अन्वेषक का नाम
1.	सीआरयू, सफदरजंग अस्पताल, नई दिल्ली, भारत	डॉ. शिवशंकर राजपूत, अनु. अधि. (आयु.) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली- 110026	1. डॉ. (प्रो.) उपमा सक्सेना, वरिष्ठ विशेषज्ञ, प्रसूति एवं स्त्री रोग विभाग, वीएमएमसी और सफदरजंग अस्पताल, नई दिल्ली- 110029 2. डॉ. श्वेता माटा, अनु. अधि. (आयु.) केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली- 110026

वर्तमान स्थिति: औषधि खरीदने के पश्चात् अप्रैल, 2023 से रोगी नामांकन शुरू किया जाएगा।

ख 6.) आमाजीर्ण की चिकित्सा में लवण भास्कर चूर्ण का नैदानिक मूल्यांकन-एक रैंडमइज्ड पैरेलल समूह अध्ययन

प्राथमिक उद्देश्य : आमाजीर्ण की चिकित्सा में लवण भास्कर चूर्ण की नैदानिक प्रभावकारिता का मूल्यांकन

गौण उद्देश्य : आमाजीर्ण की चिकित्सा में लवण भास्कर चूर्ण की नैदानिक सुरक्षा का मूल्यांकन

सैम्पल साइज़ : 110 (प्रत्येक समूह में 55)

अध्ययन अवधि : 16 माह

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. शैज़ी लईक, अनु. अधि. (आयु.)
2.	आरएआरआई, लखनऊ	डॉ. पल्लवी काम्बले, अनु. अधि. (आयु.)
3.	एएलएआरसीए, चेन्नई	डॉ. एस. आशा, अनु. अधि. (आयु.)

वर्तमान स्थिति:

क्रम. सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	110	99	11	00

ख 7.) भगंदर में मानवनिर्मित और स्वचालित मशीन द्वारा निर्मित क्षारसूत्र का नैदानिक मूल्यांकन करने हेतु रेंडोमाइज्ड डबल ब्लाइंड परीक्षण

प्राथमिक उद्देश्य:

1. भगंदर के रोग पैटर्न का अध्ययन
2. भगंदर के मामलों में दो विभिन्न प्रकार के क्षारसूत्र (मानवनिर्मित और स्वचालित मशीन द्वारा निर्मित क्षारसूत्र) की नैदानिक प्रभावकारिता का मूल्यांकन
3. एकसाथ चिकित्सा के साथ कंप्लीट कट थ्रू ऑफ़ द ट्रेक्ट प्राप्त करना।

उद्देश्य:

- क्षारसूत्र चिकित्सा की नैदानिक सुरक्षा

सैम्पल साइज़ : 100

अध्ययन अवधि : 2 वर्ष

वर्तमान स्थिति:

क्रम. सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	100	96	04	00

ख 8.) नॉन-एल्कोहोलिक फैटी लीवर रोग (एनएएफएलडी) के प्रबंधन में आरोग्यवर्धिनी वटी और पिप्पल्याद्यसव की नैदानिक प्रभावकारिता और सुरक्षा – ए रेंडोमाइज्ड ओपन लेवल प्रोस्पेक्टिव नैदानिक परीक्षण"

प्राथमिक उद्देश्य :

- नॉन-एल्कोहोलिक फैटी लीवर रोग (एनएएफएलडी) के प्रबंधन में आरोग्यवर्धिनी वटी और पिप्पल्याद्यसव की नैदानिक प्रभावकारिता का मूल्यांकन

गौण उद्देश्य:

- नॉन-एल्कोहोलिक फैटी लीवर रोग (एनएएफएलडी) के प्रबंधन में आरोग्यवर्धिनी वटी और पिप्पल्याद्यसव की नैदानिक सुरक्षा का मूल्यांकन

सैम्पल साइज़ : 90

अध्ययन अवधि : 2 वर्ष

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	केंद्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.)
2.	केंद्रीय आयुर्वेद अनुसंधान संस्थान, गुवाहाटी	डॉ. बनमाली दास, अनु. अधि. (आयु.)

वर्तमान स्थिति:

क्रम. सं.	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	77	54	05	18

ख 9.) सर्विकल स्पोन्डीलोसिस में एक बहुकेंद्रीय व्यवहार्य अध्ययन के साथ मर्ष नस्य कर्म पर अभ्यास दिशानिर्देश विकसित करने के लिए एक नैदानिक सर्वसहमति अध्ययन

प्रधान अन्वेषक : डॉ. देवी नायर, एम.डी. (आयु.), एनएआरआईपी, चेरुतुरुत्ति

सह अन्वेषक : डॉ. अश्वतिकुट्टी वी., अनु. अधि. (आयु.)

डॉ. शैज़ी लईक, एम.डी. (आयु.)

डॉ. प्रवीण कुमार के.एस., अनु. अधि. (आयु.)

उद्देश्य:

क. प्राथमिक उद्देश्य : मर्ष नस्य कर्म पर अभ्यास दिशानिर्देश बनाना

ख. गौण उद्देश्य:

- मर्ष नस्य कर्म में प्रयोग की जाने वाली औषधि की मात्रा की गणना के लिए दिशानिर्देश बनाना
- मर्ष नस्य कर्म की प्रक्रिया के अंतिम बिंदु का मानकीकरण करना
- मर्ष नस्य कर्म के गुणवत्ता संकेतकों का मानकीकरण करना
- देश के विभिन्न भौगोलिक क्षेत्रों में मर्ष नस्य की मानकीकृत प्रक्रिया की व्यवहार्यता और प्राथमिक प्रभावकारिता का आकलन करना

सैम्पल साइज़ : प्रत्येक केंद्र में 30 रोगी

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र : सहयोगात्मक अध्ययन

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	एनएआरआईपी, चेरुतुरुत्ति	डॉ. देवी नायर, एम.डी. (आयु.), पीआई
2.	सीसीआरएस मुख्यालय	डॉ. अश्वतिकुट्टी वी., अनु. अधि. (आयु.), को-आई
3.	सीएआरआई, नई दिल्ली	डॉ. शैज़ी लईक, एम.डी. (आयु.), को-आई
4.	सीएआरआई, गुवाहाटी	डॉ. प्रवीण कुमार के.एस., अनु. अधि. (आयु.), को-आई

वर्तमान स्थिति: परियोजना अभी आरम्भ नहीं हुई है।

ग. वार्षिक कार्य योजना परियोजना

ग.1). जराजन्य दृष्टिगत रोग में त्रिफला घृत एवं अणु तैल की चिकित्सीय सुरक्षा और प्रभावकारिता का मूल्यांकन।

उद्देश्य:

प्राथमिक उद्देश्य:

जराजन्य दृष्टिगत रोग की चिकित्सा में त्रिफला घृत एवं अणु तैल की नैदानिक प्रभावकारिता पर प्रारम्भिक डेटा प्राप्त करना |

गौण उद्देश्य:

जराजन्य दृष्टिगत रोग की चिकित्सा में त्रिफला घृत एवं अणुतैल की नैदानिक सुरक्षा का मूल्यांकन करना।

अध्ययन डिज़ाइन		
i.	अध्ययन का प्रकार	इंटरवेंशनल
ii.	उद्देश्य	उपचार
iii.	मास्किंग	ओपन लेबल
iv.	नियंत्रण	अनियंत्रित
v.	समयावधि	प्रोस्पेक्टिव
vi.	अंतिम बिंदु	प्रभावकारिता और सुरक्षा
vii.	समूहों की सं.	एक
viii.	सैम्पल साइज़	40

प्रतिभागी केंद्र

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. नंदिनी जाधव
2.	आरएआरआईडी, लखनऊ	डॉ. पल्लवी काम्बले

वर्तमान स्थिति : जारी

परियोजना की केंद्र वार स्थिति- सीएआरआई, नई दिल्ली

क्रम संख्या	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	4	0	4	0

घ) बाह्य गतिविधियां

एससीएसपी के अंतर्गत आयुर्वेद चल स्वास्थ्य देखभाल कार्यक्रम

इस वर्ष अनुसूचित जाति उप योजना (एससीएसपी) के अंतर्गत 03 परियोजनाएं पूर्ण हुईं।

घ1.) अनुसूचित जाति उप - योजना के अंतर्गत आयुर्वेद चल स्वास्थ्य देखभाल

देश के चिन्हित राज्यों में अनुसूचित जाति जनसंख्या के मध्य डेमोग्राफिक, स्वास्थ्य स्थिति और गैर- संचारी रोगों की प्रोफाइलिंग – एक विवरणात्मक, क्रॉस सेक्शनल एपिडेमियोलॉजिकल अध्ययन

उद्देश्य:

लक्ष्य: अनुसूचित जाति जनसंख्या बहुल क्षेत्रों में आयुर्वेद के माध्यम से स्वास्थ्य देखभाल प्रदान करना

उद्देश्य:

- 1) उनकी सामाजिक- डेमोग्राफिक स्थितियों के संदर्भ में लक्षित जनसंख्या की स्वास्थ्य स्थिति को समझना
- 2) विभिन्न रोग स्थितियों के लिए कन्वेन्शनल कॉन्सोमिटेंट मेडिकेशन ओर स्टैंड - एलोन के साथ आयुर्वेद इंटरवेंशंस प्राप्त करने के इच्छुक रोगियों का उपचार करना
- 3) इच्छुक रोगियों के मध्य स्वास्थ्य के रख -रखाव और रोगों की रोकथाम हेतु आयुर्वेद आधारित जीवनशैली एडवोकेसी प्रदान करना
- 4) स्वास्थ्य देखभाल के लिए आयुर्वेद के संबंध में अध्ययन जनसंख्या का दृष्टिकोण जानना

सैम्पल साइज़: जनसंख्या लक्ष्य- 6000

गाँव का लक्ष्य- 5-10

दौरों का लक्ष्य- 200

कुल अध्ययन अवधि: 12 माह

वर्तमान स्थिति: पूर्ण (अप्रैल 2022 से मार्च 2023)

क्रम सं.	विवरण	अध्ययन का समेकित डाटा
1.	अध्ययन की अवधि	1 वर्ष
2.	कवर किए गए गाँव	6
3.	किए गए दौरे	207
4.	कवर की गई जनसंख्या	6002
5.	उपचार किए गए रोगियों की सं.	4741
6.	उपचार किए गए एससी रोगियों की सं.	3853
7.	की गई जाँचों की सं.	12986- ओपीडी और सर्वेक्षण
8.	पीआई तथा को-आई द्वारा किए गए दौरों की सं.	27

घ 2.) "भारत के चिन्हित राज्यों में अनुसूचित जाति के मध्य गैर- संचारी रोगों और उनके रिस्क फेक्टर्स के प्रसार का पता लगाने के लिए क्रॉस सेक्शनल सर्वेक्षण"

प्राथमिक उद्देश्य: भारत के चिन्हित राज्यों में अनुसूचित जाति के मध्य एनसीडी का प्रचार और पोस्ट प्रांडियल डे स्लीपिंग के साथ उसके जुड़ाव का पता करना

गौण उद्देश्य:

- अध्ययन जनसंख्या की सामाजिक- डेमोग्राफिक स्थिति का अध्ययन करना
- अध्ययन जनसंख्या में आहार और व्यायाम संबंधी आदतों का आकलन करना
- अध्ययन जनसंख्या में सब्सटेन्स यूज (तंबाकू और शराब) की प्रधानता का पता लगाना
- एनसीडी से पीड़ित रोगियों के स्वास्थ्य सीकिंग व्यवहार का अध्ययन करना

सैम्पल साइज़ : 185

कुल अध्ययन अवधि : 12 माह

वर्तमान स्थिति:

परियोजना की केंद्र वार स्थिति-

क्रम संख्या	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	185	185	00	अध्ययन पूर्ण हो चुका है।

घ 3.) "मोट्रेट आयरन डेफिशिएन्सी एनेमिया में चयनित आयुर्वेद औषधयोग की प्रभावकारिता और सहनशीलता का मूल्यांकन- एक समुदाय आधारित रेंडोमाइज्ड नियंत्रित परीक्षण"

1. उद्देश्य:

प्राथमिक उद्देश्य:

- मोट्रेट आयरन डेफिशिएन्सी एनेमिया वाली अनुसूचित जाति जनसंख्या के मध्य हीमोग्लोबिन (जीएम/ डीएल) में सुधार पर *मंडूर वटक* और *द्राक्षावलेह* (आयुर्वेद औषधियाँ) के प्रभाव का मूल्यांकन करना

गौण उद्देश्य:

- थकान, सामान्य कमजोरी, चक्कर, तंद्रा और घबराहट जैसे रोग निर्दिष्ट लक्षणों पर *मंडूर वटक* और *द्राक्षावलेह* के प्रभाव का मूल्यांकन करना
- आयरन डेफिशिएन्सी एनेमिया में मानक देखभाल के साथ आयुर्वेदिक औषधयोग की सहनशीलता की तुलना करना

2. सैम्पल साइज़ : 40

वर्तमान स्थिति:

क्रम संख्या	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्रापआउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	11	05	06	-

* सीमित समय सीमा में आईडीए रोगियों की अनुपलब्धता के कारण लक्ष्य पूरा नहीं किया जा सका।

घ 4.) "पोशन अभियान के तहत चाइल्ड केयर इंस्टीट्यूशन्स (CCI) के लिए की जा रही गतिविधियों का विस्तार"

परियोजना के लिए निर्धारित समय सीमा के साथ डिलिवरेबल्स

चिन्हित चाइल्ड केयर इंस्टीट्यूशन्स में 15 जनवरी से मार्च के बीच 15 दिनों में कुल 4 विजिट्स का लक्ष्य

अध्ययन की अवधि : 2 महीने

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र:

क्रम.सं.	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	सीएआरआई, नई दिल्ली	डॉ. रेणु रानी, अनु. अधि. (आयु.) डॉ. सीमा जैन, अनु. अधि. (आयु.)

चाइल्ड केयर इंस्टीट्यूशन्स की सूची

वर्तमान स्थिति: दिनांक 31.03.2023 को पूरा हुआ (जनवरी 2023- मार्च 2023)

क्र.सं.	विवरण	अध्ययन का समेकित डाटा
1.	अध्ययन अवधि	2 माह
2.	कवर किए गए सीसीआई	4
3.	विजिट की गई	प्रत्येक संस्थान में 4
4.	कवर की गई जनसंख्या	लगभग 75

ड. एसयू और एच औषधियों का फार्माकोविजिलेंस

परियोजना आरम्भ की तिथि: 24 अगस्त 2018

2022-23 में भ्रमित विज्ञापन और एडीआर रिपोर्टिंग

माह	पाए गए भ्रमित विज्ञापनों की संख्या	संदिग्ध प्रतिकूल औषधि प्रक्रिया
अप्रैल 2022	18	0
मई 2022	19	0
जून 2022	18	0
जुलाई 2022	17	02
अगस्त 2022	24	01
सितंबर 2022	19	0
अक्टूबर 2022	20	0
नवंबर 2022	35	0
दिसंबर 2022	52	01
जनवरी 2023	34	0
फरवरी 2023	23	0
मार्च 2023	27	02
कुल	306	06

च. लाइफ प्रोफाइल परियोजनाएं

1. लाइफ प्रोफाइल ऑफ़ आयुर्वेद लुमिनरी- वैद्य भगवान् दास (साहित्यिक अध्ययन)

- डॉ. शारदा ओता, सहायक निदेशक (आयु.)
- डॉ. साक्षी शर्मा, अनु. अधि. (आयु.)
- डॉ. श्वेता माटा, अनु. अधि. (आयु.)
- डॉ. कुलदीप, अनु. अधि. (आयु.)
- डॉ. रेणु रानी, अनु. अधि. (आयु.)

2. लाइफ प्रोफाइल ऑफ़ आयुर्वेद लुमिनरी- वैद्य प्रो. श्रीराम शर्मा (साहित्यिक अध्ययन)

- डॉ. सुधा कुमारी के.जी., अनु. अधि. (आयु.)

3. लाइफ प्रोफाइल ऑफ़ आयुर्वेद लुमिनरी- वैद्य लभशंकर शुक्ला (साहित्यिक अध्ययन)

- डॉ. शैज़ी लईक, अनु. अधि. (आयु.)

4. लाइफ प्रोफाइल ऑफ़ आयुर्वेद लुमिनरी- वैद्य भास्करभाई हर्दिकर (साहित्यिक अध्ययन)

- डॉ. शैज़ी लईक, अनु. अधि. (आयु.)

5. लाइफ प्रोफाइल ऑफ़ आयुर्वेद लुमिनरी- डॉ. एस.सी. ध्यानी (साहित्यिक अध्ययन)

- डॉ. शैज़ी लईक, अनु. अधि. (आयु.)

6. लाइफ प्रोफाइल ऑफ़ आयुर्वेद लुमिनरी- डॉ. एम.एस. बघेल (साहित्यिक अध्ययन)

- डॉ. किशोर पटेल, अनु. अधि. (आयु.)

छ. पाइपलाइन में परियोजनाएं

1. रोगियों में जीवन गुणवत्ता और कीमोथेरेपी के दुष्प्रभावों को कम करना के लिए लोकली एडवांस्ड सॉलिड ट्यूमर्स वाले रोगियों में कैंसर कीमोथेरेपी के साथ केनिबस लीफ प्रिप्रेशन की प्रभावकारिता की जांच
2. सर्विकल इरोजन अर्थात् गर्भाशयग्रीवामुखगतावरण में पारंपरिक इलेक्ट्रोक्र्यूटरी प्रक्रिया के साथ अपामार्गक्षर कर्म और आयुष यूटी मरहम के उपचारात्मक प्रभाव का मूल्यांकन करना- एक रैंडोमाइज्ड नियंत्रित परीक्षण
3. आंगनवाड़ी केन्द्रों में 3-5 वर्ष की आयु के बच्चों में मध्यम कुपोषण का प्रबंधन करने में मानक देखभाल के साथ आयुष – बीआर लेहमस की प्रभावकारिता का मूल्यांकन – एक बहुकेंद्रीय रैंडोमाइज्ड नियंत्रित प्राथमिक परीक्षण
4. " स्टेबल कोरोनरी आर्टरी डिजीज के प्रबंधन में आयुर्वेदिक इंटरवेंशन (पुष्कर गुग्गुलु और हरीतकी चूर्ण) पर प्रोस्पेक्टिव डबल ब्लाइंड रैंडोमाइज्ड नियंत्रित नैदानिक अध्ययन"
5. डीजीएएफएमएस अस्पतालों की आयुर्वेद स्वास्थ्यदेखभाल सेवाओं में आने वाले रोगियों के सहस्रगुण और स्वास्थ्यदेखभाल प्राप्त करने का व्यवहार: एक- क्रोस सेक्शन सर्वेक्षण अध्ययन (2 साइट्स यथा दिल्ली केंट और वायु सेना अस्पताल, हिनादन – गाजियाबाद)

6. अंतरंग विभाग (आईपीडी) :

रिपोर्टिंग वर्ष 2022-23 में अंतरंग विभाग में कुल 563 मरीज भर्ती हुए, जिसमें कुल 257 पुरुष (जिसमें 39 पुरुष बच्चे सम्मिलित हैं) और 306 महिलाएं (जिनमें 15 बाल महिलाएं सम्मिलित हैं) हैं। रिपोर्टिंग वर्ष के दौरान 543 रोगियों को डिस्चार्ज किया गया जिसमें से 250 पुरुष तथा 293 महिलाएं थीं जिनमें 36 पुरुष बच्चे और 12 महिला बच्चे सम्मिलित थे। वार्षिक बेड ओक्युपेंसी 53.79% है।

बहिरंग विभाग (ओपीडी)

सीएआरआई, पंजाबी बाग, नई दिल्ली

सीएआरआई, नई दिल्ली रोगियों को प्रातः (प्रातः 9:30 से दोपहर 1 बजे तक) ओपीडी की सुविधा प्रदान कर रहा है। एनो रेक्टल, प्रिवेंटिव कार्डियोलॉजी क्लिनिक, आर्थराइटिस क्लिनिक, ईएनटी क्लिनिक, नेत्र क्लिनिक, स्त्री रोग क्लिनिक और जरारोग क्लिनिक जैसे विशेष क्लिनिक निर्दिष्ट दिनों में कार्य कर रहे हैं। रिपोर्टिंग वर्ष के दौरान संस्थान ने 81296 रोगियों को ओपीडी सेवाएं और निशुल्क औषधियां प्रदान कीं जिसमें से 41954 रोगी पुरुष, 39335 महिलाएं और 7 ट्रांसजेंडर थे। रिपोर्टिंग वर्ष के दौरान कुल 30076 नए और 51220 पुराने रोगी ओपीडी में आए। वरिष्ठ नागरिकों और अनुसंधान प्रतिभागियों को पंजीकरण और परामर्श में वरीयता भी प्रदान की गई है। रिपोर्टिंग अवधि के दौरान 5837 रोगियों ने विभिन्न जराचिकित्सा विकार के उपचार का लाभ उठाया। अधिकांश रोगी ओस्टियोअर्थराइटिस, मधुमेह, वातविकार, व्यानबलवैषम्य और सामान्य रोग आदि के थे।

सीआरयू, सफदरजंग अस्पताल, नई दिल्ली: -

आयुर्वेदिक चिकित्सा केंद्र की स्थापना जनवरी, 1998 में की गई थी। आयुर्वेदिक चिकित्सा केंद्र को दो बड़े कमरे उपलब्ध कराए गए हैं। एक कमरे का उपयोग परामर्श के लिए और दूसरा कमरे का पंजीकरण, स्टोर और औषधियों के वितरण के लिए किया जाता है।

रिपोर्टिंग अवधि के दौरान कुल 23319 रोगी ओ.पी.डी. में आए जिसमें से 13307 रोगी पुरुष और 10012 रोगी महिलाएं थीं। ओपीडी में सामान्यतः *वातरोग, संधिवात, आमवात, मधुमेह, अर्श और त्वक रोग* आदि के रोगी आए थे।

आयुर्वेदिक उपचार केंद्र, लेडी हार्डिंग मेडिकल कॉलेज एंड हॉस्पिटल, नई दिल्ली:

लेडी हार्डिंग मेडिकल कॉलेज में आयुर्वेदिक उपचार केंद्र 19 सितंबर, 2009 को स्थापित किया गया था। रिपोर्टिंग वर्ष के दौरान कुल 4653 रोगी ओपीडी में आए जिनमें से 2808 रोगी पुरुष और 1845 रोगी महिलाएं थीं। यह देखा गया कि ओ.पी.डी. में आने वाले अधिकांश रोगी *संधिवात, प्रतिश्याय, दौर्बल्य, कास और विबंध* के थे। लेडी हार्डिंग मेडिकल कॉलेज और अस्पताल के सक्षम अधिकारी ने एलएचएमसी, नई दिल्ली की प्रयोगशाला में विभिन्न प्रयोगशाला जांच और अन्य विशिष्ट जांच करने की अनुमति दी।

आयुर्वेदिक चिकित्सा केंद्र, पीजीआईएमईआर, डॉ. राम मनोहर लोहिया अस्पताल, नई दिल्ली:

पीजीआईएमईआर-डॉ राम मनोहर लोहिया अस्पताल में आयुर्वेदिक उपचार केंद्र 14 जनवरी, 2016 से कार्यात्मक है। रिपोर्टिंग वर्ष के दौरान कुल 9475 रोगी ओपीडी में आए जिसमें से 5472 रोगी पुरुष और 4003 महिलाएं थीं। यह देखा गया कि ओपीडी में आने वाले अधिकांश रोगी *संधिवात, आमवात, अम्लपित्त, मनोवाहस्रोतो विकार, कास, गृध्रसी,* आदि से पीड़ित थे।

आयुष वेलनेस क्लिनिक, राष्ट्रपति भवन

सीएआरआई, नई दिल्ली के अंतर्गत राष्ट्रपति भवन में आयुष वेलनेस क्लिनिक जुलाई, 2015 से शुरू किया गया था। यह केंद्र रोगियों को पंचकर्म चिकित्सा के साथ-साथ ओपीडी सेवाएं प्रदान कर रहा है। रिपोर्टिंग वर्ष के दौरान कुल 1310 रोगियों का उपचार किया गया, जिनमें से 1232 पुरुष रोगी थे और 78 5 महिला रोगी थीं।

आयुर्वेद इकाई: एफएपी- सुप्रीम कोर्ट, नई दिल्ली

भारत के सर्वोच्च न्यायालय में आयुर्वेद इकाई एफएपी 2008 से सुप्रीम कोर्ट परिसर में कार्य कर रही है। यह इकाई भारत के सर्वोच्च न्यायालय में माननीय न्यायाधीशों और रजिस्ट्री को सेवाएं प्रदान कर रही है। वर्तमान में एक वरिष्ठ चिकित्सक, एक फार्मासिस्ट और एक फार्मसी परिचारक इस इकाई में अपनी सेवाएं दे रहे हैं। वर्तमान रिपोर्टिंग अवधि के दौरान एफएपी सुप्रीम कोर्ट में कुल 5652 रोगियों का उपचार किया गया, जिनमें से 3729 पुरुष थे और 1923 महिला रोगी थीं।

सीसीआरएस-जेएनयू उपचार और अनुसंधान सुविधा, नई दिल्ली

जेएनयू के सहयोग से सीसीआरएस ने एक नई यूनिट 25.01.2023 को आरंभ की। यह इकाई सप्ताह में 3 दिन विश्विद्यालय परिसर के छात्रों और कर्मियों (कार्यरत और सेवानिवृत्त) को परामर्श देती है। वर्तमान रिपोर्टिंग अवधि के दौरान (जनवरी-मार्च 2023) कुल 548 रोगियों को परामर्श दिया गया, जिनमें से 327 पुरुष हैं और 221 महिला रोगी हैं।

अनुभागानुसार गतिविधियां

पंचकर्म विभाग:-

इस संस्थान में पंचकर्म विभाग फरवरी 1981 से कार्यरत है जो रोगियों को आवश्यकतानुसार विविध पद्धतियों से चिकित्सा उपलब्ध कराता है जैसे वमन, विरेचन, अनुवासन वस्ति, आस्थापन वस्ति और नस्य आदि। इसके अतिरिक्त केरल की कुछ अन्य परंपरागत चिकित्सा पद्धतियों का इस एकक में सफलतापूर्वक प्रयोग किया जाता है। इनमें षष्टिकशालीपिंडस्वेद, पत्रपिंडस्वेद, स्नेहधारा, शिरोधारा, शिरोवस्ति, कटिवस्ति, जानुवस्ति भी सम्मिलित हैं।

यह बहुत सी स्वास्थ्य समस्याओं जैसे पक्षवध, पंगु, गुधसी, आमवात, संधिवात, स्थौल्य, ग्रीवास्तम्भ, कटिशूल, कटिग्रह, जीर्ण प्रतिश्याय और अर्दित, अर्धविभेदक आदि की रोकथाम करने व इन्हें नियंत्रित करने में बहुत सुरक्षित व प्रभावी तरीके से काम करता है।

प्रतिवेदन अवधि में पंचकर्म अनुभाग में 582 रोगियों की चिकित्सा की गई। पंचकर्म विभाग में आईपीडी रोगियों हेतु विशिष्ट पद्धतियों की कुल 14872 सिटिंग्स की गई जिनमें से 3447 अभ्यंग, 1150 नाडीस्वेद, 397 नस्य, 1071 कटिवस्ति, 888 पत्रपिंडस्वेद, 1355 मात्रावस्ति, 299 वस्ति, 252 वैतरण वस्ति आदि किये गए। ये सब रोगियों को बेहतर चिकित्सा परिणाम उपलब्ध कराने के उद्देश्य से की गई।

क्षारसूत्र अनुभाग:-

वर्तमान रिपोर्ट वर्ष में क्षारसूत्र अनुभाग में कुल 8234 रोगी आए जिनमें से 2286 रोगी अर्श के, 2261 रोगी भगन्दर के, 2550 रोगी परिकर्तिका के, 83 रोगी नाडीवर्ण के तथा 1054 रोगी गुदपाक के थे।

जलौका चिकित्सा क्लीनिक:-

त्वक्रोग, शिरोशोथ, क्षीपद, श्वित्र जैसे विभिन्न रोगों की चिकित्सा के लिए एक जलौका चिकित्सा क्लीनिक चलाया जा रहा है। रिपोर्टिंग अवधि में, कुल 282 रोगियों ने विभिन्न रोग दशाओं के लिए जलौका चिकित्सा प्राप्त की जिनमें से 40 कुष्ठ, 240 रोगी सिराजाल के थे। कुल 250 रोगी पुरुष थे और 32 महिला रोगी थीं।

फिजियोथेरेपी अनुभाग/भौतिक चिकित्सा:-

फिजियोथेरेपी अनुभाग की स्थापना 1999 में की गई। संस्थान की अपेक्षाओं और आवश्यकता के अनुसार अनुभाग में सभी आधुनिक उपकरणों की व्यवस्था की गई है।

अंतरंग एवं बहिरंग दोनों विभागों के रोगियों को प्रतिदिन निम्न रोगावस्थाओं जैसे ऑस्टियोआर्थराइटिस, रुमेटोईड आर्थराइटिस, एडेसिव केप्सुलिटिस, सर्विकल और लम्बर स्पोंडीलोसिस, एंक्लॉजिंग स्पॉन्डिलाइटिस, प्रोलैप्सड इंटरवर्टेब्रल डिस्क, पोलियो पश्चात अवशिष्ट पक्षाघात, न्यूरोलोजिकल स्थितियां जैसे स्ट्रोक, क्वाड्रिपल्जिया, सेरेब्रल पाल्सी, पार्किंसंस

रोग, पेरिफेरल नर्व इंजरीज़, मस्कलर डाईस्ट्रोफीज़, बेल्स पाल्सी, मोटर न्यूरोन डिजीज़, खेल की चोटें जैसे टेनिस एल्बो, रोटेटर कफ टीयर, मेनिस्कल टीयर और सामान्य स्थिति जैसे मोटापा, वैरिकाँज़ वेंस, पेरिफेरल वस्कुलर विकार आदि के लिए चिकित्सा प्रदान की जाती है।

रिपोर्टिंग अवधि के दौरान कुल 2771 रोगियों का उपचार किया गया जिसमें से 1121 पुरुष और 1650 महिला रोगी थे।

नेत्र अनुभाग: -

नेत्र अनुभाग 18 फरवरी, 2017 से ओपीडी और आईपीडी के आधार पर नेत्र रोगियों को कुशलतापूर्वक सेवाएं प्रदान कर रहा है। हम वर्तमान सुविधा के भीतर प्रतिदिन चयनित रोगियों का *क्रियाकल्प* भी कर रहे हैं। रिपोर्टिंग अवधि (2022-23) के दौरान 3415 ओपीडी रोगी थे जिनमें से 1747 मरीज पुरुष और 1668 महिला रोगी थे। आमतौर पर *तिमिर*, *अभिष्यंद*, *काच*, *शुष्काक्षिपाक*, *अधिमंथ*, *लिंगनाश*, *नेत्रसाव* इत्यादि के रोगी थे। रिपोर्टिंग अवधि में 1186 रोगियों का *नस्य*, 585 रोगियों का *तर्पण*, 292 रोगियों का *बिडालक*, 104 रोगियों की *नेत्रधारा* तथा 50 रोगियों की *शिरोपिचुआदि* आदि *क्रियाकल्पों* द्वारा चिकित्सा की गयी।

ईएनटी ओपीडी

ईएनटी ओपीडी में विभिन्न रोगस्थितियों जैसे कि *प्रतिश्याय/पीनस*, *बाधिर्य*, *अर्धवभेदक*, *कर्णशूल*, *कर्णनाद* आदिके रोगियों का उपचार किया जाता है। रिपोर्टिंग अवधि के दौरान कुल 759 रोगी क्लीनिक आये, जिनका विभिन्न रोगावस्थाओं में सफल उपचार किया गया। इनमें से 104 रोगी *कास*, 252 रोगी *प्रतिश्याय*, 73 रोगी *बाधिर्य*, 37 रोगी *कर्णशूल* आदि के थे। कुल 425 रोगी पुरुष थे और 334 रोगी महिलाएं थीं।

आर्थराइटिस क्लिनिक

रिपोर्टिंग अवधि के दौरान 1125 रोगी आर्थराइटिस क्लिनिक में आए जिसमें से 623 रोगी *संधिवात*, 1229 रोगी *आमवात*, 157 रोगी *वातव्याधि* और 51 *कटिशूल* के थे।

बालरोग क्लिनिक:-

रिपोर्टिंग अवधि के दौरान विभिन्न बालविकारों जैसे *वातव्याधि*, *शूल*, *कृमि*, *पीडिका*, *कुष्ठ*, *प्रतिश्याय* आदि हेतु 961 बच्चों (480 पुरुष, 481 महिला) का ओपीडी में उपचार किया गया।

मर्म ओपीडी:

रिपोर्टिंग अवधि के दौरान *मर्म* ओपीडी में 599 (306 पुरुष, 290 महिला और 3 ट्रांसजेंडर) का ओपीडी में परामर्श दिया गया।

प्रेस क्लब ऑफ इंडिया में परामर्श

आयुष मंत्रालय (पत्र सं. डब्ल्यू- 13030/46/2022-आईईसी दिनांक 09.01.2023) द्वारा प्राप्त निर्देश और संस्थान के दिनांक 20.01.2023 के आदेश सं. 972/2022-23 के अनुसार, सीसीआरएएस मुख्यालय के माध्यम से डॉ. किशोर पटेल, अनुसंधान अधिकारी (आयु.) को सप्ताह में एक बार (शनिवार को) "प्रेस क्लब ऑफ इंडिया" में प्रेस क्लब के सदस्यों और

उनके परिवार को आवश्यकतानुसार औषधि के निः शुल्क वितरण के साथ- साथ सामान्य परामर्श देने के लिए नोडल अधिकारी के रूप में जाने के लिए नामित किया गया है।

यह काउंसलिंग और परामर्श जनवरी 2023 से आरम्भ हुई। रोगनिरोधी उपचार के साथ-साथ विभिन्न रोग स्थितियों के लिए औसतन 20 से 25 मरीजों ने आयुर्वेदिक परामर्श और उपचार लिया है।

पुस्तकालय

संस्थान के पुस्तकालय खंड में हिंदी और अंग्रेजी में 2210 पुस्तकें हैं। पुस्तकालय सुबह 9:30 बजे से शाम 4:30 बजे तक पाठकों के लिए खुला रहता है।

नैदानिक प्रयोगशाला:-

प्रयोगशाला अनुभाग ओपीडी, आईपीडी से सामान्य रोगियों और अनुसंधान संबंधित रोगियों को सेवाएं प्रदान करता है। रिपोर्टिंग वर्ष के दौरान कुल 16234 जांच की गई।

जैव रासायनिक जांच

संस्थान के जैव रसायन अनुभाग में ब्लड शुगर, लिपिड प्रोफाइल, रीनल फंक्शन टेस्ट और लिवर फंक्शन टेस्ट सहित रूटीन बायोकेमिकल जांच की जाती है। वर्ष 2022-23 के दौरान कुल 10761 जांच की गई।

पैथोलॉजिकल जांच

रक्त, मूत्र और मल की नियमित पैथोलॉजिकल जांच की गई। वर्ष 2022-23 के दौरान कुल 5473 जांच की गई।

भैषज अनुभाग

वर्तमान में सीएआरआई फार्मसी लेडी हार्डिंग, डॉ. आरएमएल अस्पताल, सुप्रीम कोर्ट, सफदरजंग अस्पताल और राष्ट्रपति एस्टेट आयुर्वेद उपचार केंद्र के रूप में संस्थान से जुड़ी सभी परीधीय इकाइयों के साथ-साथ ओपीडी और आईपीडी के लिए औषधि के वितरण, खरीद में समन्वय कर रहा है। फार्मसी नैदानिक परियोजनाओं के लिए औषधियों की मांग और आपूर्ति में भी संतुलन रखती है। इस चालू वर्ष में फार्मसी ने मांग को पूरा करने के लिए रु.1,46,33,290.00 मूल्य की औषधियां खरीदी हैं।

हिंदी अनुभाग

हिंदी अनुभाग राजभाषा नियमों का पालन करते हुए धारा 3 (3) से संबंधित सभी दस्तावेजों को द्विभाषी में जारी करने, हिंदी में पत्रों का उत्तर देने और वार्षिक लक्ष्य को पूरा करने का निरंतर प्रयास करते हुए अग्रणी भूमिका निभा रहा है। सभी त्रैमासिक प्रगति रिपोर्ट, अर्धवार्षिक प्रगति रिपोर्ट समय पर तैयार की जाती है और राजभाषा विभाग और नराकास (नगर राजभाषा कार्यान्वयन समिति) को ईमेल तथा ऑनलाइन के माध्यम से भेजी जाती है। प्रत्येक विभाग में हिंदी में आधिकारिक और तकनीकी कार्यों का निरीक्षण करने के लिए प्रत्येक तिमाही में विभागीय राजभाषा कार्यान्वयन समिति की बैठक आयोजित की जा रही है। हिंदी पखवाड़ा का 14 सितंबर से 29 सितंबर, 2022 तक सफलतापूर्वक आयोजन किया गया। इस वर्ष चार "एक दिवसीय हिंदी कार्यशाला" का आयोजन किया गया। नगर राजभाषा कार्यान्वयन समिति द्वारा आयोजित अर्धवार्षिक बैठकों में वार्षिक लक्ष्य को प्राप्त करने की दिशा में प्रतिशत बढ़ाने के लिए संस्था की प्रशंसा की गई। परिषद मुख्यालय द्वारा दिनांक 30.12.2022 को किए गए ई- निरीक्षण में भी संस्थान के प्रयासों की सराहना की गई।

हिंदी कार्यशालाएं: 29.06.2022, 30.09.2022, 22.12.2022, 29.03.2022

औषधीय पादप उद्यान

संस्थान औषधीय पादप उद्यान का रख-रखाव औषधीय पादपों के प्रदर्शन के साथ ही पंचकर्म एवं क्षारसूत्र चिकित्सा हेतु औषधियाँ प्रदान करने के उद्देश्य से कर रहा है। पहचान और प्रदर्शन के उद्देश्य से सभी पादपों पर उनके आयुर्वेदिक नाम, वानस्पतिक नाम, फ़ैमिली और मुख्य उपयोग संबंधी विशिष्ट नामपट्टिका अंकित हैं। यह उद्यान पत्र-पोटली तथा अन्य कषाय इत्यादि के लिए कच्ची जड़ी-बूटियाँ प्रदान कर रहा है। मधुयष्टी, नारिकेल, शियु, हरीतकी, अश्वगंधा, गुडूची, ब्राह्मी, इसबगोल, निर्गुण्डी, अग्रिमंथ, जटी आदि मुख्य प्रजातियों यहाँ उपलब्ध हैं। इस वर्ष रोग-प्रतिरोध क्षमता हेतु आयुर्वेद दिवस उत्सव और पोषण पखवाड़ा के दौरान कई बार औषधीय पादप की प्रदर्शनी का आयोजन किया गया जिसके अंतर्गत औषधीय पादपों के उपयोग से जनमानस को अवगत कराया गया। साथ ही निःशुल्क पादप वितरण भी किया गया। यह उद्यान हमेशा आगंतुकों, छात्रों तथा रोगियों के लिए आकर्षण का केंद्र बना रहता है।

संस्थान द्वारा आयोजित गतिविधियाँ

1. दिनांक 25.04.2022 को वीडियो कॉन्फ्रेंसिंग के माध्यम से प्रो. डॉ. एस.के. मौलिक द्वारा आईईसी (संस्थागत नैतिक समिति) की बैठक का आयोजन किया गया।
2. दिनांक 27.04.2022 से 29.04.2022 तक "एनएबीएच के कार्यान्वयन आयुर्वेद प्रत्यायन मानक के द्वितीय संस्करण" पर एक प्रशिक्षण कार्यक्रम का आयोजन किया गया।
3. दिनांक 09.05.2022 को "एएसयू और एच ड्रग्स में फार्माकोविजिलेंस पर जागरूकता कार्यक्रम" पर राष्ट्रीय वेबिनार आयोजित किया गया।
4. दिनांक 16.06.2022 को विभागीय राजभाषा कार्यान्वयन समिति की तिमाही बैठक का आयोजन किया गया।
5. दिनांक 21.06.2022 को 8वें अंतर्राष्ट्रीय योग दिवस-2022 समारोह का आयोजन "मानवता के लिए योग" की थीम पर किया गया।
6. दिनांक 27.06.2022-28.06.2022 तक से 'राष्ट्रीय आयुष रुग्णता कोड के सतत रखरखाव और मानकीकृत शब्दावली इलेक्ट्रॉनिक-पोर्टल (NAMASTE) और क्षमता निर्माण कार्यक्रम' पर दूसरी कार्यशाला का आयोजन किया।
7. दिनांक 29.06.2022 को "हिन्दी में पत्राचार और टिप्पणी कैसे लिखें" नामक विषय पर एक वर्चुअल हिन्दी कार्यशाला का आयोजन किया गया जिसमें वक्ता के रूप में श्री श्याम सुंदर कथूरिया, संयुक्त निदेशक, (रा.भा.), ईएसआई ने अपना व्याख्यान दिया।
8. दिनांक 06.07.2022 को श्री वाई.पी. कसाना, भूतपूर्ण फायर सेफ्टी अधिकारी, भाभा एटोमिक अनुसंधान संस्थान ने "फायर सेफ्टी मोक ड्रिल और प्रशिक्षण" का आयोजन किया।

9. दिनांक 27.07.2022 को सीएआरआई, नई दिल्ली के समिति कक्ष में इंसिडेंट रिपोर्ट, रेफरल और रिजेक्शन समिति का आयोजन किया गया।
10. दिनांक 30.07.2022 को निदेशक (संस्थान) की अध्यक्षता में "एनएबीएच थेराप्युटिक समिति बैठक" का आयोजन किया गया।
11. दिनांक 13.08.2022 से 15.08.2022 तक सीएआरआई, नई दिल्ली में 76वें भारतीय स्वतंत्रता दिवस 2022 के अवसर पर हर घर तिरंगा कार्यक्रम का आयोजन किया गया।
12. दिनांक 26.08.2022 को नए स्टाफ को इंडक्शन प्रशिक्षण और वर्तमान स्टाफ को रीओरिएंटेशन प्रशिक्षण दिया गया।
13. दिनांक 27.08.2022 को 3- बकेट सिस्टम स्वच्छता प्रशिक्षण दिया गया।
14. दिनांक 29.08.2022 को वर्तमान स्टाफ को कार्डियोपल्मुनरी रेसुसिटेशन (सीपीआर) प्रशिक्षण दिया गया।
15. सितंबर, 2022 में पोषण माह (व्याख्यान देना, पोषण वाटिका, विद्यालय के बच्चों और ओपीडी/ आईपीडी रोगियों के मध्य फल वितरण, खीर, मिष्टि दोही जैसे स्वास्थ्य भोजन का वितरण) मनाया गया।
16. दिनांक 02.09.2022 को संस्थान के स्टाफ को बायोमेडिकल वेस्ट प्रबंधन पर प्रशिक्षण दिया गया।
17. दिनांक 08.09.2022 से 09.09.2022 तक संस्थान के एनएबीएच मूल्यांकन का आयोजन करना तथा उसमें समन्वय करना।
18. दिनांक 12.09.2022 से 23.10.2022 तक आयुर्वेद दिवस (व्याख्यान, वेबिनार/ स्वास्थ्य शिविर, प्रकृति परीक्षण शिविर आदि का आयोजन) का आयोजन किया गया।
19. दिनांक 13.09.2022 को "स्पिल मैनेजमेंट" पर प्रशिक्षण आयोजित किया गया।
20. दिनांक 14.09.2022 से 29.09.2022 तक हिन्दी पखवाड़ा मनाया गया। दिनांक 30.09.2022 को 'हिन्दी में टिप्पणी का मानक स्वरूप' पर हिन्दी कार्यशाला का आयोजन किया गया।
21. दिनांक 17.09.2022 से 02.10.2022 तक सेवा पखवाड़ा का आयोजन किया गया।
22. दिनांक 21.09.2022 को सेवा पखवाड़ा के अंतर्गत निः शुल्क स्वास्थ्य जांच शिविर और औषध वितरण किया गया।
23. दिनांक 23.09.2022 को सेवा पखवाड़ा के अंतर्गत वृक्षारोपण और स्वच्छता कार्यक्रम का आयोजन किया गया।

24. दिनांक 26.09.2022 को सीएआरआई, नई दिल्ली में श्री वाई.पी. कसाना, विशेषज्ञ द्वारा "फायर सेफ्टी मोक ड्रिल और प्रशिक्षण" का आयोजन किया गया।
25. दिनांक 30 सितंबर से 2 अक्टूबर, 2022 तक कर्तव्य पथ पर पोषण अभियान के अंतर्गत पोषण उत्सव का आयोजन किया गया।
26. दिनांक 30.09.2022 को "आयुर्वेद आहार: मिलेट्स/ग्रेन्स/नियम" नामक विषय पर वेबिनार का आयोजन किया गया।
27. दिनांक 12.09.2022 से 23.10.2022 तक सातवें आयुर्वेद दिवस (व्याख्यानों का आयोजन, पादप वितरण, विद्यालय के बच्चों और ओपीडी/ आईपीडी रोगियों के मध्य पायसम (खीर), कृशरा, तक्र आदि स्वास्थ्य आयुर्वेद आधार का वितरण, वेबिनार/ स्वस्थ शिविर, प्रकृति परीक्षण शिविर आदि) का आयोजन।
28. दिनांक 07.10.2022 को सातवें आयुर्वेद दिवस समारोह के भाग के रूप में "आयुर्वेद आहार: मिलेट्स/ग्रेन्स/नियम" नामक विषय पर वेबिनार का आयोजन किया गया।
29. दिनांक 11.10.2022 को एमसीडी विद्यालय, पंजाबी बाग, नई दिल्ली के छात्रों को "मानसिक स्वास्थ्य हेतु आयुर्वेद" नामक विषय पर व्याख्यान दिया गया।
30. दिनांक 19.10.2022 को अर्थराइटिस के विभिन्न प्रकारों के उपचार हेतु नैदानिक अनुभवों को साझा करने के लिए एक वेबिनार आयोजित किया गया।
31. सतर्कता जागरूकता सप्ताह - 'सतर्कता जागरूकता' के अंतर्गत विभिन्न गतिविधियों का आयोजन।
32. दिनांक 22.12.2022 को "कंप्यूटर पर उपलब्ध हिन्दी के नवीनतम डिजिटल टूल्स और उनका प्रयोग" पर हिन्दी कार्यशाला का आयोजन किया गया।
33. दिनांक 10.01.2023 को सीएआरआई, नई दिल्ली में अंतरराष्ट्रीय मिलेट्स वर्ष 2023 का उदघाटन किया गया।
34. दिनांक 20.02.2023 से 22.02.2023 तक सीएआरआई, नई दिल्ली में आयुर्वेद अनुसंधान मेथोडोलॉजी और स्टेटिस्टिक्स कार्यक्रम के अंतर्गत दिल्ली-एनसीआर के एमडी/ पीएच.डी छात्रों के लिए बेसिक बायोस्टेटिस्टिक्स पर 3 दिवसीय प्रशिक्षण कार्यशाला का आयोजन किया गया।
35. दिनांक 16.03.2023 को योग महोत्सव के अंतर्गत संस्थान में योग सत्र का आयोजन किया गया।
36. दिनांक 29.03.2023 को "राजभाषा नीति" विषय पर ऑनलाइन हिन्दी कार्यशाला में श्री राजेश कुमार श्रीवास्तव, उप निदेशक (रा.भा.), गृह मंत्रालय, भारत सरकार ने अतिथि वक्ता के रूप में व्याख्यान दिया।

Photos – Annual Report – 2022-23



Dr. Bharti, Director (institute) welcoming Dr. V.K. Lawaniya, R.O. (Ay.) Nodal Officer for the NABH program in NABH training program on 27.04.2022



Participants of NABH training program along with D.G, CCRAS – Dr. Rabinarayana Acharya, Director (institute) Dr. Bharti and Dr. Adarsh Kumar (AD, Hqtrs.) on 29.04.2022.



All ears to the faculty, Dr. Raghuram Ayyagiri, Chief Medical Officer (Ay), NFSG and Qualified AYUSH Assessor of NABH of QCI in NABH training program at CARI on 28.04.2022.



Post-training analysis on strategies for Implementation of NABH 2nd Edition Ayurveda Accreditation Standards for the institute on 29.04.2022.



Dr. Amit, R.O. (Ay.) & Dr. Kuldeep, R.O. (Ay.) attending patients and visitors in the CCRAS stall at 29th Edition of South Asia's Travel & Tourism Exchange (SATTE) on 20.05.2022.



Dr. Shivshankar Rajput, R.O. (Ay.) & Dr. Kishor Patel, R.O. (Ay.) along with DDG Dr.N.Srikanth and Dr.Pratap Makhija, A.D. on the occasion of International Day of Yoga at Lodhi Garden, Delhi



**International Day of Yoga celebration with the active participation of staff at
CARI, Punjabi Bagh on 26.06.2022.**



**SCSP team giving an awareness lecture to the SC population with medicine distribution
as per the disease on 21.06.2022.**



Dr. Bharti, Director (Institute) inaugurated Workshop II on ‘Sustainable Maintenance of National AYUSH Morbidity Codes and Standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes’ on 27.06.2022.



Participants of Workshop II on ‘Sustainable Maintenance of National AYUSH Morbidity Codes and Standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes’ along with Dr.R.K.Manchanda, Director- AYUSH and Dr.Bharti, Director (Institute) on 28.06.2022.



Fire Safety Mock Drill & Training, practical class at CARI, Punjabi Bagh, New Delhi on 06.07.2022.



Fire Safety Mock Drill & Training, practical class as per NABH norms at CARI, Punjabi Bagh, New Delhi on 06.07.2022.



Shot on OnePlus

Covid-19 vaccination camp at CARI, New Delhi on 27.08.2022.



Proud celebration on the occasion of 76th Independence Day with Flag hoisting in the institute premises on 15.08.2022.



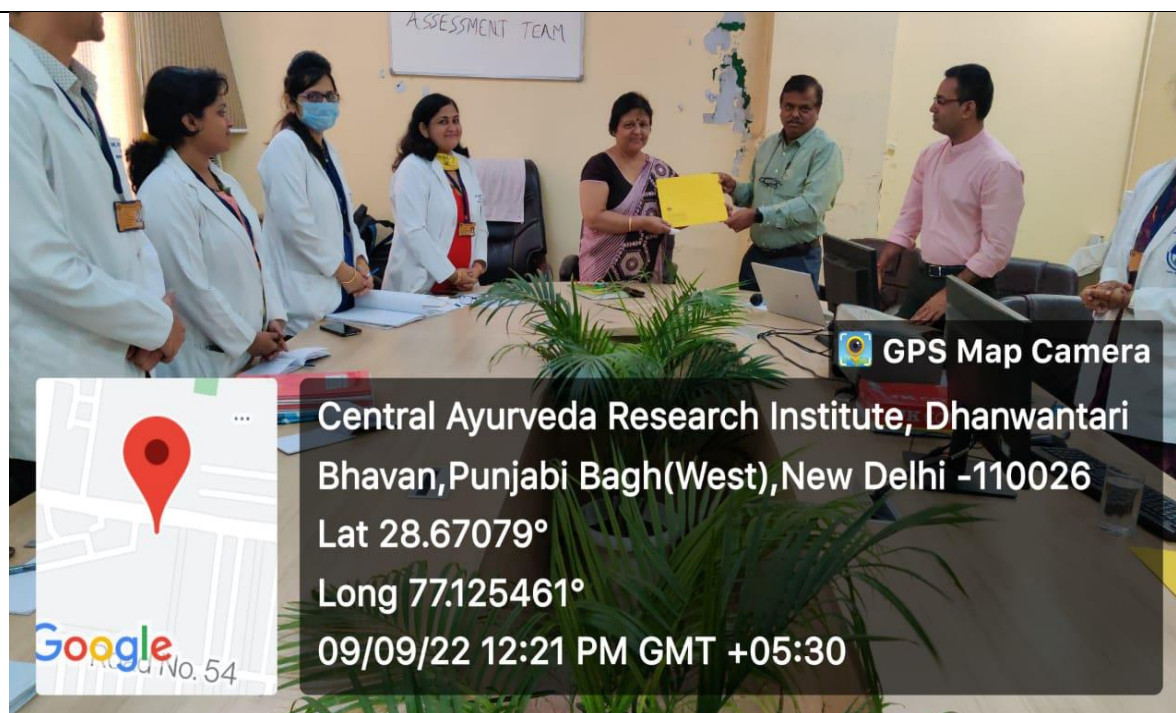
Distribution of Ayurveda Ahara under poshan abhiyaan 2022 on 21.09.2022.



Training session on 3-bucket system cleanliness to the housekeeping staff of the Institute as per NABH norms on 27.08.2022.



Hands on training on CPR management for the staff of CARI, ND on 29.08.2022.



NABH audit team at CARI, New Delhi on 09.09.2022.



Public lecture delivered by Dr. Mayur Surana, R.O. (Ay.) under Poshan Maah celebrations on 19.09.2022.



Awareness Lecture on 'Ayurveda for Millenials' as an activity under celebration of 7th Ayurveda Day, held at Sarvodaya Kanya Vidyalaya, Punjabi Bagh delivered by Dr. Shweta Mata on 24.09.2022.



Dr. Bharti, Director (institute) along with the technical staff of the institute planted nutritional value plants at the campus under Sewa pakhwada activity on 26.09.2022.



Dr. Bharti, Director (institute) along with technical staff and housekeeping staff doing cleaning at the campus under Sewa pakhwada activity on 26.09.2022.



Dr. Amit being felicitated for delivering a lecture on, 'Basic principles of Ayurveda for being healthy with a special focus on old age persons and mental health.' and free medical health checkup camp along with medicine distribution at CSIR-NIScPR on 11.10.2022.



Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Nandini, R.O. (Ay.), Mrs. Disha Garg ARO (Physiotherapy & Miss Astha Dawar, ARO (Cli.psycho.) performing yoga asanas to the public on 11.10.2022.

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Ayurvediya Aahar Distribution (Krishra/khichadi distribution) under the activities taken up for celebration of Ayurveda Day on 19.10.2022.



Distribution of Medicinal plants among the OPD, and IPD patients by Director (institute) under observance of Ayurveda Day-2022 on 21.10.2022.



Vd. Rajesh Kotecha, Secretary, Ministry of Ayush, GOI in CCRAS stall for Prakriti Assessment at India 41st International Trade Fair (IITF)-2022, Pragati Maidan, New Delhi on 19.11.2022.



Prof. Rabinarayan Acharya, DG- CCRAS attending Ayurveda Clinic in the CCRAS Stall on India 41st International Trade Fair (IITF)-2022, Pragati Maidan, New Delhi on 20.11.2022.



Mr. P.K.Pathak, Special Secretary, Ministry of Ayush, GOI at CCRAS stall in 'Stree 2020- A National conference and Expo' on "Role of Women in Science and Technology for sustainable development of Atmanirbhar Bharat" on 26th Nov 2022 at Jawaharlal Nehru University, New Delhi.



Dr. Bharti, Director (institute) receiving NABH accreditation certificated by Secretary – Ayush, Vd. Shri. Rajesh Kotecha on 22.12.2022.



MoU signed between CARI, New Delhi and VMMC, Safdarjung hospital on 12/01/2023 for two projects entitled “ Clinical evaluation of Ayurvedic Management of Allergic Rhinitis- A randomized controlled clinical trial “ and “Efficacy of Ayurveda Interventions on the managemnet of Menorrhagia (Raktapradara)- a randomized controlled trial”.



Dr. Shweta Chaudhary, R.O. (Ay.) delivered a lecture on “Introduction and importance of Millets” at MCD Pratibha School, Punjabi Bagh (W), New Delhi-110026 under the celebration of the International year of Millets on 19.1.2023.



Inauguration of CCRAS- JNU Ayurveda Treatment & Research Facility by Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush, Sh. Pramod Pathak, Special Secretary- Ayush, Prof. Rabinarayan Acharya, DG- CCRAS, Dr. N. Srikanth, DDG-CCRAS, Dr. Bharti, Director (Institute) on 25.01.2023.



Dr. Kishor Patel, R.O. (Ay.) at Bharat Parv as Nodal officer, organized by Ministry of Tourism, GOI at Red Fort, New Delhi from 26.01.2023 to 31.01.2023.



**Flag hoisting ceremony on the occasion of Republic Day at CARI, New Delhi on
26.01.2023**



**2nd Cardiopulmonary Resuscitation (CPR) training as per NABH norms conducted at
CARI, New Delhi 08.02.2023.**



Dr. Seema Jain, R.O. (Ay.) and Dr. Renu Rani, R.O. (Ay.), organized 2nd Visit, group discussion activity, coloring competition and distribution of nutritious food items at Asha Griha Children Home for Girls, D-41, Sector-8 South west, Dwarka, New Delhi, Mission Vatsalya Poshan 2.0 under Ministry of Ayush on 08.02.23.



Dr. Amit, R.O. (Ay.) and team participated in the International Conference on "Communication and Dissemination of Traditional Knowledge (CDTK-2023)" organized by CSIR-NISCP during 14-15 February, 2023.



Dr. Sudha Kumari K.G, R.O (Ay.) and Dr. Shiv Shankar Rajput, R.O (Ay.), participated in 4th edition of Health Tech India 2023, organized by Confederation of Indian Industry (CII) at Pragati Maidan, New Delhi on 16th – 18th February, 2023



Dr. Bharti, Director (Institute), Dr. Kishor Patel, R.O.(Ay.) and Dr. Amit, R.O. (Ay.) participated in MoU signing for the collaborative clinical research project of Osteoarthritis (OA) under SMART program between CCRAS, CBPACS-RGGPGAC-Paprola, Gurukul- Haridwar, Parul College-Vadodra and BHU-Varanasi at CARI, New Delhi on 17.02.23



Dr. Bharti, Director (Institute), Dr. Seema Jain, R.O. (Ay.) and Dr. Renu Rani, R.O. (Ay.) participated in MoU signing for Collaborative Clinical Research Proposal of Iron Deficiency Anemia (IDA) under SMART program between CCRAS, CBPACS-New Delhi, MSM-Khanpur, RGGPGAC-Paprola and SAMC & H-Indore at CARI, New Delhi on 17.02.23



Inauguration of three day training program on Basic Bio-Statistics under the ARMS by Prof. Rabinarayan Acharya, DG- CCRAS, Dr. Bharti, Director (Institute) in the presence of eminent speakers, Research Officers of CARI and participants at CARI, New Delhi on 20th Feb. 2023



Social Media post- Facebook Handle Update of 2nd day training program on Basic Bio-Statistics at CARI, New Delhi on 21.02.2023.



Dr. Seema Jain, R.O. (Ay.) delivered a lecture in the Symposium on Sickle Cell Disease, organized by ICMR-NIRTH at Jabalpur, Bhopal, MP on 23.02.23



MoU Signed for the 3 collaborative projects between CARI, New Delhi and VMMC, Safdarjung, New Delhi entitled “Clinical assessment of the efficacy of Ayurvedic management in PCOS-a randomized open-label control trial” and “Randomized control trial of “Anshumati Ksheer Paka” in hypertension induced left ventricular hypertrophy” and “Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study” on 14.03.2023.



Dr. Shweta Mata, R.O. (Ay.) presented a paper in RAV's 28th National Seminar on “Usage of Trina Dhanya (Millets) in Contemporary Lifestyle” at Vigyan Bhavan (Hall No.6), Rajpath area, Central Secretariat, New Delhi on 16-17th March 2023.



Dr. Kuldeep R.O. (Ay in “Ayurved Parv” organized by All India Ayurvedic Congress in collaboration with Ministry of Ayush at Chaudhary Charan Singh University Meerut, Uttar Pradesh from 11.03.2023 to 13.03.2023.



Dr. Pratap Makhija, DDA I/c CCRAS & Dr. Shrawan Sahu, R.O.(Ay.) in Ayush Camp at Parliament house annex, New Delhi from 20th - 24th March 2023

National Accreditation Board for Hospitals & Healthcare Providers

(Constituent Board of Quality Council of India)

CERTIFICATE OF ACCREDITATION

Central Ayurveda Research Institute

Dhanwantri Bhawan, Road No. 66

Punjabi Bagh (West)

New Delhi - 110026

has been assessed and found to comply with NABH
accreditation standards for AYUSH Programmes.
This certificate is valid for the Scope as specified
in the annexure subject to continued compliance
with the accreditation requirements.

Valid from : October 07, 2022
Valid thru : October 06, 2025



Certificate No.
AH-2022-0169

Dr. Atul Mohan Kochhar
Chief Executive Officer

National Accreditation Board for Hospitals & Healthcare Providers, 5th Floor, ITPI Building, 4A, Ring Road, IP Estate, New Delhi 110 002, India
Phone: +91-11-42600600, Fax: +91-11-2332 3415 • Email: helpdesk@nabh.co • Website: www.nabh.co



SI No. 010330



NABH as an organisation is ISQuA Accredited

Certificate of NABH Accreditation



National Accreditation Board for Testing and Calibration Laboratories
(A Constituent Board of Quality Council of India)
Medical (Entry Level) Testing Labs

CERTIFICATE

Criteria: NABL 128 [NABL Medical (Entry Level) Testing Labs {NABL M(EL)T Labs} Program]

Certificate No.: NABL-M(EL)T-00488

Issue Date: 13-03-2023

Valid till: 12-03-2026

This certificate is valid for the scope as specified in annexure for fulfilment to the requirements of NABL 128.

Department of Pathology and Biochemistry, Central Ayurveda Research Institute

Dhanwantri Bhawan, Road No.66, Punjabi Bagh West, WEST, Delhi 110026, India

Signed for and on behalf of NABL



A handwritten signature in blue ink, likely of a NABL representative, positioned above the title 'Certificate of NABL Accreditation'.

Certificate of NABL Accreditation



Appreciation Certificate awarded to Central Ayurveda Research Institute, New Delhi

