CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

I. Administrative Report

1. Staff pattern as per format given below:

(Ref: - Council's letter No. 7-2/2018-CCRAS/Tech./HQ./5675 dated 14.03.2019)

CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
1	Director (Institute)	01	Dr. Bharti	-	F	Neither	-
2	Assistant Director (Ayurveda)	01	Dr Sarada Ota	-	F	Neither	
3	Assistant Director (Medicine)	01	-	01	-	-	-
4	Assistant Director (Bio- Chem.)	01	-	01	-	-	Dr. Reetika Saini, R.O, (Bio-Chem)(Neither)
5	Assistant Director (Pathology)	01	Dr. RenuMakhija	-	F	Neither	-
6	Administrative Officer	01	Smt. Pushakalakumari	-	F	Neither	
7.	Research Officer (Ayurveda)	20	i. Dr. H. Panigrahi	-	M	Neither	Dr. Kumari Archana, transferred RARI, Patna on 31.03.2022 from CARI, New Delhi
			ii. Dr. Sakshi Sharma		F	Neither	
			iii. Dr. Seema Jain		F	Neither	
			iv. Dr. Patel KishorjiPremaji		M	Neither	
			v. Dr. Mata Shweta		F	Neither	
			vi. Dr. Rajput Shiv Shankar		M	Neither + PWD	
			vii. Dr. Nandini Murli Jadhav		F	SC	
			viii. Dr. C. Ashwin		M	OBC	
			ix. Dr. Athira S.		F	Neither	
			x. Dr. Anu Bhatnagar		F	Neither + PWD	
			xi. Dr. Amit		M	SC	
			xii. Dr. ShaiziLayeeq		F	Neither	
			xiii. Dr. Saroj Devi		F	SC	
			xiv. Dr. Sudha Kumari Chiluveri		F	OBC	-
			xv. Dr. Shweta Chaudhary		F	SC	

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
			xvi. Dr. Karthika A.P		F	OBC	
			xvii. Dr. Neha Dubey		F	Neither	
			xviii. Dr. Pramod Chandra Dwivedi		M	UR +PWD	
			xix. Rinky Devi Thakur		F	ST	
			xx. Dr. Renu Rani		F	Neither	
			xxi. Dr Vikas Naryal		M	SC	Joined on transfer from Mandi. 31.05.2021
8	Research Officer (Path.)	01	Dr Ashima Jain	-	F	Neither	
9	Assistant Matron	01	Ms. Moutusi Biswas	-	F	Neither	
10	Asst. Research Officer (Physiotherapy)	01	Ms. Disha Garg	-	F	Neither	Newly appointed 13.05.2021
11	Sister - in - charge	02	-	02	-	-	
12	Statistical Assistant	01	-	01	-	-	
13	Hindi Assistant	01	Smt. Sonali Sharma	-	F	Neither	Joined on transfer from Hqrs. 17.08.2021
14	Staff Nurse	*8-1=7	1. Ms Shweta Chaudhary	04	F	SC	Ms. Supriya Rupam, resigned on 30.06.2021 Ms. Vaishali, resigned on 17.07.2021 Ms. Sapna,
			2. Smt. Priya Chugh		F	Neither	
			3. Ms. Akansha Sharma		F	Neither	

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
							resigned on 15.03.2021
15	Pharmacist Gr-I	7	1. Sh. Pramod Kumar	-	M	Neither	
			2. Sh. Pawan Kumar		M	OBC	
			3. Sh Baccharaj Kumarhar		M	OBC	Newly appointed 10.02.2022
			4. Sh. Ramraj Kumarhar		M	OBC	Newly appointed 16.02.2022
			5. Sh.Umrav Singh		M	OBC	Newly appointed 16.02.2022
			6. Sh. Jaisingh Jatav		M	SC	Newly appointed 16.02.2022
			7. Sh. Jeetender Singh		M	UR+ PWD	Newly appointed 28.02.2022
16	Radiographer	01	-	01	-	-	
17	Security In-charge	01	-	01	-	-	
18	Social Worker	01	-	01	-	-	
19	Stenographer Grade-'I'	01	-	01	-	-	
20	Assistant	01	Smt. Rajani Manoj	-	F	Neither	Joined on transfer from Cheruthuruthy 10.01.2022
21	Electrician	01	-	01	-	-	
22	Laboratory Technician	06	i. Sh. V.S.Pandey	03	M	Neither	
			i. Sh. Nempal Singh		M	ST	
			ii. Sh. Abhishek Gautam		M	Neither	

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
23	Panchakarma Technician	04 (2 M + 2 F)	-	04	-	-	
24	Private Secretary	01	-	01	-	-	
25	Upper Division Clerk	05	Sh. Shivshanker Rai	04	M	Neither	
26	Dark Room Assistant	01	-	01	-	-	
27	Library & Information Assistant	01	-	01	-	-	
28	Driver	02	Sh. Sunil Kumar	01	M	SC	
29	Gestetner Operator	01	-	01	-	-	
30	Lower Division Clerk	05	i. Km. Dipti Sharma,	02	F	Neither	
			ii. Sh. Himanshu		M	SC	
			iii. Sh. KanwaljeetSharma		M	Neither	
31	Laboratory Assistant	01	-	01	-	-	
32	Laboratory Attendant	03	i. Sh. Surender Mohan Sihara ii. Sh. Amit	01	M M	ST SC	
33	Cook	03	-	03	-	-	
34	Dresser	01	-	01	-	-	
35	Panchakarma Attendant	08	Smt. Kalawati	07	F	ST	
36	Ward Aya	06	Smt. Roopa	05	F	Neither	
37	Chowkidar	04	i. Sh. Desh Raj Singh ii. Sh. Kirodh Kumar iii. Sh. Krishna Gopal	01	M M M	SC Neither SC	
38	Dhobhi	01	Sh. Ravinder	01	M	SC	
39	Kitchen Servant	03	-	03	-	-	
40	Labourer/Farma Attendant	03	Sh. Bhim Sen	02	M	SC	
41	Mali	02	-	02	-	-	
42	Peon	08	i. Sh. Om Prakash	03	M	Neither	Sh. Hiralal Mehto, Retired on 31.10.2021
			ii. Sh. Dharmveer Singh		M	OBC	
			iii. Sh. Rahul		M	SC	
			iv. Sh. Nagendra		M	Neither	
			v. Sh. Sunil		M	SC	
43	Safaiwala	06	-	06	-	-	
44	Ward Boy	06	Sh. Raghubir Singh	04	M	Neither	

S. No.	Name of the Sanctioned post	No. of posts Sanctioned	Name & Designation of the persons working against post	No. of posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
			Sh. Amit Kumar		M	OBC	
45	Female Attendant (MTS)	01	-	01	-	-	

The posts below are not in the sanctioned strength of the Institute

- **Ms Aastha Dawar, A.R.O (Clinical Psychology), Whether SC/ST/OBC- Neither**
- **(Ref: - Council's letter No.12-45/2015-CCRAS/Estt./1627 dated 05.09.2016)**
  - Sh. Anil Kumar, Animal Attendant, SC

2. No. of Staff according to group

S.No.	Group	Number of Staff						Whether roster maintained or not
		General	SC	ST	OBC	Others	Total	
1.	A	18	5	1	3	-	27	**Yes**
2.	B	9	2	-	4	-	15	**Yes**
3.	C	10	10	3	2	-	25	**Yes**
4.	D	-	-	-	-	-	-	**Yes**
Total		37	17	4	9	-	67	**Yes**

The posts below are not in the sanctioned strength of the Institute

- **Ms Aastha Dawar, A.R.O (Clinical Psychology), Whether SC/ST/OBC- Neither**
- **(Ref: - Council's letter No.12-45/2015-CCRAS/Estt./1627 dated 05.09.2016)**
  - Sh. Anil Kumar, Animal Attendant, SC

3. Expenditure

S.No.	Components	S.T. Category	Others	Total
1	Male Components	1370002	50151156	51521158
2	Female Components	3509781	18124312	21634093
Total		4879783	68275468	73155251

4. a) Brief report on Infrastructure of the Institute

Establishment	:	The Institute was established in 1979
Staff working	:	Please see page no 1
Building Own or Rented	:	Rented
Laboratory	:	Biochemistry, Pathology, X-Ray
Any Other	:	OPD, IPD, Panchakarma, Ksharsutra, Leech therapy, Eye OPD, Geriatric OPD, Athritis clinic, Gynae clinic, Preventive Cardiology& life style clinic, ENT clinic, Balroga,Physiotherapy, Marma OPD, Clinical Psychology.

b) OPDs running at different places:

- Clinical Research Unit (Ay.) at Safdarjung Hospital,New Delhi
- Ayurvedic Treatment Centre at Lady Hardinge Medical College and Hospital, New Delhi
- First Aid Post at Supreme Court, New Delhi
- Ayurveda Treatment Centre at PGIMER, Dr. Ram Manohar Lohia Hospital, New Delhi
- Ayush Wellness Clinic at President's Estate, New Delhi

5. Resources generated during the year from OPD/IPD/Lab/Panchakarma/Medical plants sale etc.

S.No.	Section	Amount	Remarks
1	OPD	168520	
2	IPD	235818	
3	X Ray	18044	
4	Panchkarma	267903	
5	Lab	46043	
6	Physiotherapy	10492	
7	Ksharsutra	3340	
8	Eye	44572	
9	ENT	2220	
	Total	796952	

6. Details of the Budgetary Provision to the Institutes during reporting period:

Scheme	B.E. (In Lakh)	Fund received In Lakh)	Actual expenditure (In Lakh)
Plan-Contingency	3614400	23226000	23049392
RA	7690000	11851366	1,18,15,803
Non-Plan Pay & Allowances	75160000	75925424	75924503
Total	**86464400**	**111002790**	**110789698**

7. List of members of Institutes Ethical Committee & Central Ethics Committee

Sl. No.	Name & Address	Discipline	Designation
1.	Prof. Subir Kumar Maulik, Dept. of Pharmacology, AIIMS	Basic Medical Scientist (Pharmacology)	Chairperson
2.	Prof. Rajesh Khadgawat Dept. of Endocrinology & Metabolism, AIIMS	Clinician (Modern Medicine)	Member
3.	Dr. Jasbir Kaur, Prof. & Officer-in-charge Dept. of Ocular Biochemistry Dr. R.P. Centre for Ophthamic Sciences, AIIMS, New Delhi	Basic Medical Scientist (Bio-chemistry)	Member
4.	Prof. Mahesh Vyas, Professor & Head, Dept. of Samhita & Siddhant, AIIA, Sarita Vihar, New Delhi	Ayurveda Expert	Member
5.	Dr. Anil Kumar Gupta, Advocate	Legal Expert	Member
6.	Dr. Avadhesh Kumar Srivastava, Ayuveda Maha Sammelane	Social Scientist/Non Govt. Agency	Member
7.	Sh. Rama Krishnan, Admnistrative Officer, Rastriya Ayurveda Vidyapeeth	Lay Man (Non Medical Person)	Member
8.	Prof. R.P. Singh, Centre for Philosphy School of Social Sciences, JNU	Philosopher	Member
9.	Dr. Bharti, Director,CARI, New Delhi	Member Secretary	Member Secretary

II. Technical Report

1. Programme allotted and completed during the reporting period

S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
COLLABORATIVE PROJECTS				
1.	Validation and Reliability Testing of Ayurveda Diagnostic Methods	30/ disease	21	Continue
2.	Clinical evaluation of the efficacy of "Ayush SS Granules" in exclusively breast feeding mothers with Insufficient Lactation	210	99	Continue

S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
	(*Stanyalpata*)- A Randomized Double blind placebo control trial			
3	Randomized control study to evaluate the efficacy of Ayush Card tea (Ayush CCT) and Rajyog meditation versus conventional treatment on clinical recovery and post-operative outcomes following Mitral Valve Open Heart Surgery	100	84	Continue
4.	Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine.	120	-	CRF finalization and E-Format development is going on.
5	Development of Automated Basti Yantra-A comprehensive tool for administration of enema	This project will help establish Ayurvedic Basti procedure at global level byhaving standard operating guidelines and maintaining the hygiene aswell.	Continue	Continue
6.	Randomized double blind Placebo controlled Clinical Study of Ayuredic coded Drug AYUSH-A in the management of Bronchial Asthama(Tamak Shwasa)	100	20	Continue
7.	Prospective Double Blind Randomized Controlled Clinical Study On Ayurvedic Intervention (Sarpgandha Mishran) Vs Amlodipine For The Management Of Stage–I Primary Hypertension	150	11 enrolled	Continue
IMR Research Projects				
8.	Clinical efficacy of *Kaishore Guggulu*&*Bala GuduchyadiTaila* in the management of *Vatarakta* (Gout)	110	87	Completed
9.	An open label clinical trial to evaluate clinical efficacy and safety of Ayush AGT for external wounds.	30	01	Continue
10.	Evaluation of AYUSH- SR tablet in Occupational Stress Among Nurses – A	120	33	Continue

S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
	Randomized Double Blind Placebo Controlled Clinical Study"			
11.	Evaluation of Efficacy and Safety of AYUSH-HR in the management of Pre-Hypertension – A Double blind Randomized control clinical study	140	14 enrolled	Continue
12.	Evaluation of Efficacy and Safety of AYUSH-M3 in the management of Pre-Hypertension – A Double blind Randomized control clinical study	140	25	Continue
13.	Clinical evaluation of Lavanbhaskara Churna in the management of Amajirna¬ Randomized Parallel group study	110	66	Continue
14.	Prospective open labelled observational study to document the potential safety issues and prescription trends in selected Rasausadhi's in CCRAS -OPD's across India	110	105	Completed
15.	Randomized Double Blind Trial for Clinical Evaulation of Ksharsutra prepared manually and by automated machine in Fistula in Ano (Bhagandar)	40	19	Continue
16.	Clinical efficacy of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) - A randomized open label prospective clinical trial	90	16 enrolled	Continue
ANNUAL ACTION PLAN				
17.	Clinical evaluation of the effect of *ChitrakaharitakiAvaleha* and *ShadbinduTailaNasya* in the management of *Peenasa* (Chronic rhinosinusitis).	60	60	Completed
18.	Clinical evaluation of *PathyadiKwatha* and *AnuTailaNasya* in the management of *Ardhavabhedaka* (migraine).	60	56	Completed
19.	Clinical safety and efficacy of *Triphala ghrita* and *Anu taila* in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)	40	04 enrolled	Continue
OUT REACH ACTIVITIES				
20.	Profiling of Demographic, health status and Non communicable Diseases among	Target-5800 the team covered	Achieved	Completed

S.No.	Name of the programme	New Programme		Remarks
		Annual Target	Target Achieved	
	Scheduled Caste population in selected states across India- A descriptive , Cross sectional Epidemiological study	6143 populations in 195 visits.		
21.	"Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Caste population in India- a Community based, cluster randomized controlled study"	70	70	Completed
22.	A prospective community based study for the evaluation of P*unarnavadi Mandura* in Anemia (Pandu)"	50	45	Completed
23.	"Clinical evaluation of efficacy of Ashwagandha on Quality of life in Geriatric Population- Prospective Double-blind placebo controlled study"	120	115	Completed
24.	A prophylactic community based study to assess the impact of Ayuraksha Kit in COVID-19	693	693	Completed
Pharmacovigilance of ASU & H Drugs				
25.	Pharmacovigilance of ASU & H Drugs	Continue		

Research Publications

1.Articles published in reputed Journals only

(a) International Journal

S. No.	Name of the Author(s)	Title of the Paper	Name of the Journal, Volume, Page no. etc.	Date of publication (Month & Year)
1.	Dr. Sudha Kumari K.G, R.O. (Ay.) as Co-author	Noxious Alterations in Human Milk: An Ayurveda Perspective	Journal of Human Lactation. 2021 Jul 26:8903344211032130. doi: 10.1177/08903344211032130.	27/7/2021

			Epub ahead of print. PMID: 34311623	
2.	Dr. Amit, R.O. (Ay.) (Second author) Dr. Bharti, Director Institute (Co-author)	Effect of an Ayurvedic Intervention (Ayush-64) as a Stand-Alone Treatment in Mild to Moderate COVID-19: An Exploratory Prospective Single-Arm Clinical Trial	International Journal of Research in Pharmaceutical Sciences, 2022, 13(1), 68-72 ISSN: 0975-7538	March, 2022
3.	Dr. Sakshi Sharma (second author)	Review of health-care services for older population in India and possibility of incorporating AYUSH in public health system for geriatric care	AYU- International journal of Ayurveda ISSN No. 0974-8520	Volume-41/Issue-1/ (January-march 2020) Published late in August 2021

(b) National Journal

S. No.	Name of the Author(s)	Title of the Paper	Name of the Journal, Volume, Page no. etc.	Date of publication (Month & Year)
1.	Dr. Bharti, Director (Institute), (Co-author)	Chyawanprash as add on to the standard of care in preventing COVID-19 infection among apparently healthy	Annals of Ayurvedic Medicine, Vol – 10,	March, 2022

	Dr. Shivshankar Rajput, R.O. (Ay.) Second athor Dr. Shweta Mata, R.O. (Ay.) (Co-author)	healthcare worker – A single arm longitudinal study.	Issue -3 Jul.-Sep.2021	
2.	Dr. Amit (second author, Dr. Bharti, Director (Intitute)- Co-author	A randomized controlled trial to evaluate the prophylactic efficacy of Chyawanprash in healthcare workers during the COVID-19 pandemic	JRAS, January – March 2021, Volume5, Number 1 ISSN Print: 2456-5601 Online: 2581-9895	January – March 2021
3.	Dr. Ashwin C. Chiluveri (Co-author) Dr. Sudha K. Chiluveri (Co-author)	Scientific Review on indication and therapeutic effects of selected nootropic herbs/drugs from Kashyapa Samhita	JRAS – Journal of Research in Ayurvedic Sciences **Year of publication** : January – March 2021, Volume 5 Number 1 ISSN: 2456-5601, eISSN:2581-9895, Page No: 4 – 12	January – March 2021
4.	Dr. Shweta Mata, Rajput (First author) Dr. Shivshankar (Co-author), Dr. Bharti Gupta (Co-author)	Clinical evaluation of the efficacy of Shadbindu Taila and Chitraka Haritaki in the management of chronic rhinosinusitis: Protocol for a prospective, open-label multicenter single-arm trial	J Res Ayurvedic Sci 2021; 5:131-8.	March, 2022
5.	Dr. Sakshi Sharma, (Second author) Dr. Rajput Shivshankar, (Co-author)	Clinical Evaluation of the Effect of Saptasaram Kashaya and Saraswatarishta in Kashtartava (Primary Dysmenorrhea)	JRAS – Journal of Research in Ayurvedic Sciences ISSN - Print: 2456-5601	March, 2022

	Dr. Bharti Gupta, (Co-author)		Volume 5, Issue 3, July-September 2021 2021; 5:117-124	
6.	Dr. Ashwin C. Chiluveri,Dr. Sudha K. Chiliuveri (Co-author)	A review on preventive and therapeutic potential of selected Ayurveda Medicinal Plants in Viral Pandemics	JRAS, July-September 2021, Volume5, Number 3, ISSN Print: 2456-5601, DOI; 10.4103/jras.jras_52_21	July-September 2021
7.	Dr. Sakshi Sharma as a Co-Editor Dr. Shweta Mata, (Core group member) Dr. Shaizi Layeeq, (Core group member)	Manual /SOP of "Svasthya Assessment Scale".(SAS)	CCRAS Publications	First edition 2020

2. Articles published in Proceedings of Conference/Seminar/Webinar/Workshop etc. (International & National level)

S. No.	Name of the Author(s)	Title of the Paper	Name of the Conference/Seminar/Webinar/Workshop etc. along with organizer and venue	Date of publication (Month & Year)
-	-	-	-	-

Other publication

Publication (Books/Booklets/Chapter/Technical reports/Monographs etc.)

S. No.	Title of the Books/Booklets/ Chapter/Technical	Contribution	Publisher with year of publication (Month & Year)

	reports/ Monographs		
1.	Management of Anaemia through Ayurveda (Glimpses of National Campaign on Anaemia control through Ayurveda)	Dr. Bharti, Research Coordinators	CCRAS Published in 2019; Printed in 2021 ISBN no. 978-81-954096-4-8

Paper presented in Conference/Seminar/Webinar/Workshop etc.

S. No.	**Name of the Author(s)**	**Title of the Paper Presented**	**Name of the Conference/Seminar/ Webinar/Workshop**	**Name of organizer and Venue**	**Date of the event (Month & Year)**

1. SEMINAR/CONFERENCE/WORKSHOP ORGANIZED BY THE INSTITUTE:

S. No.	Title of Seminar/ Conference/	National/International	Date
1.	Technical Review Meeting	Institute Level	05.04.2021
2.	Webinar on "Building a fairer and healthier world &role of Ayurveda in combating COVID-19" onn the eve of World Health Day – 2021	National	07.04.2021
3.	Sensitisation program for the Agni Assessment Tool	Institute level	13.04.2021
4.	Technical Review Meeting	Institute Level	14.04.2021
5.	Institutional Ethics Meeting (IEC) in respect of projects under Scheduled castes sub plan (SCSP).	Institute level	17.04.2021
6.	Technical Review Meeting	Institute level	27.04.2021
7.	Review meeting on distribution of Ayush 64	Institute Level	15.05.2021
8.	Webinar under Azadi Ka Amrut Mahotsav on theme 'Creating awareness, promotion, of Ayurveda and its role in the current COVID19 pandemic situation'.	Institute Level	18.05.2021
9.	Organized the "Anti-terrorism Day, through VC	Institute Level	21.052021
10.	Review meeting on distribution of Ayush 64	Institute Level	21.05.2021
11.	Organized the meeting for 'WORLD NO TOBACCO DAY'	Institute Level	31.05.2021
12.	Webinar on Yoga, Philosophy and Practice under IDY-2021 celebrations	National	02.06.2021
13.	Review meeting on distribution of Ayush-64 under the chairmanship of Joint Secretary	Institute Level	08.06.2021
14.	Virtual Conference on "Yoga for positive health", as a part of one month celebration of International Day of Yoga 2021	National	08.06.2021
15.	Technical review Meeting for ongoing Projects	Institute Level	09.06.2021
16.	Organized National Webinar on Pharmacovigilance "Awareness Programme on Pharmacovigilance In ASU & H Drugs	National	18.06.2021
17.	Celebration of International Day of Yoga- 2021	Institute Level	21.06.2021
18.	Organized Hindi workshop meeting conducted under the chairmanship of Dr.Bharti, Director Institute	Institute Level	22.06.2021
19.	एक दिवसीय हिंदी कार्यशाला – टिप्पण एवं लेखन	Institute Level	24.06.2021
20.	Training programme for Staff Nurses	Institute Level	30.06.2021
21.	Technical Review meeting through VC	Institute level	16.07.2021
22.	Organized Ist seminar under 'AYU SAMVAD' campaign on 'My Health My Responsibility- Ayurveda for Covid 19'	Institute level	22.07.2021
23.	Conducted an online interview for 'Ayurveda Consultant' at CARI, New Delhi	National level	23.07.2021

24.	Organized a IInd seminar under 'AYU SAMVAD' campaign 'Ayurveda for Covid 19 Pandemic'	Institute level	30.07.2021
25.	A webinar was organized for staff and students of D.L.D.A.V School, Shalimar Bagh, New Delhi as an activity under Ayu Samavad	National	13.08.2021
26.	Meeting regarding 'Decentralization of technical work through formation of focus groups'	Institute level	16.08.2021
27.	Meeting to discuss the Strategy of distribution of prophylactic medicine under Azadi ka Amrut Mahotsav from 30.05.2021 to 05.09.2021	Institute level	25.08.2021
28.	Launching of distribution drive of Prophylactic medicine under 'Azadi ka Amrut Mahotsava'	National	30.08.2021
29.	Large scale distribution of Ayush Prophylactic medicines(SanshamniVati) and guidelines under Azadi ka Amrut Mahotsava	National	30.08.2021-05.09.2021
30.	Organized Poster completion on "Azadi ke Baad Ayurveda ka Utthan" for BAMS students at CBPACS & A&U Tibbia College under Azadi ka Amrut Mahotsava	National	September, 2021
31.	Organized Poshan Maah with daily lectures, yoga class and other activities	Institute level	September, 2021
32.	Plantation of nutrition plants like Tulsi, Amrood, Aanar, Tamatar etcas a part of activities of Poshana Maah at Swami Sivananda Memorial Institute, East Punjabi Bagh, New Delhi, M.D.S.C. Pratibha Balika Vidhyalay, Punjabi Bagh, New Delhi and Rajakiya Uttar Madhyamik Bala Vidhyalay No.1, Punjabi Bagh, New Delhi	National	07.09.2021
33.	Organized Hindi Pakhwada	Institute level	14.09.2021-28.09.2021
34.	Distribution of Nutritious food(Payasam) and fruits(Apple & Banana) for women and girls at Nirmal Chhaya Complex under Poshan Maah celebration 2021(National Nutrition Mission)	Institute level	25.09.2021
35.	Organized Hindi Karyashala on the topic 'संघकीराजभाषानीतिएवंउसकाकार्यान्वयन'	National	28.09.2021
36.	Distribution of nutritious food (Mishti Doi & oranges) to OPD patients & attendants	Institute level	27.09.2021-28.09.2021
37.	Conducted IEC meeting for the PhD thesis of Dr. Deepa Makhijaon Amavata	Institute level	08.10.2021
38.	Swachhata Pakhwada-2021	Institute level	16.10.2021-31.10.2021
39.	6th Ayurveda Day celebrations	Institute level	18.10.2021-31.10.2021
40.	Conducted IEC meeting for "Clinical Evaluation of efficacy of Ashwagandha on QOL in Geriatric population" under SCSP	Institute level	25.10.2021

41.	Vigilance Awareness Week - 2021	Institute level	26.10.2021 – 1.11.2021
42.	Inauguration of Vigilance Awareness week and Guest Lecture	Institute level	26.10.2021
43.	Poster competition at SSD Saraswati Bal Mandir School, Punjabi Bagh, New Delhi as an activity under Ayurveda Day celebrations	Institute level	28.10.2021
44.	Essay Writing Competition organized under Vigilance Awareness week	Institute level	28.10.2021
45.	Debate Competition organized under Vigilance Awareness week	Institute level	29.10.2021
46.	Shishyopanayan Sanskara of new batch of Panchakarma Training Course	Institute level	29.10.2021
47.	Daily lectures under Ayurveda Day activities	Institute level	18.10.2021-31.10.2021
48.	Daily public lectures	Institute level	Month of November, 2021
49.	Organized Valedictory function of Vigilance Awareness Week, As nodal Officer CARI,ND	National	01.11.2021
50.	Celebration of Ayurveda Diwas/ Dhanwantari Jayanti- 2021	Institute level	02.11.2021
51.	Food festival Uunder Celebration of Ayurveda Diwas/ Dhanwantari Jayanti- 2021	Institute level	02.11.2021
52.	Nukkad Natak under Celebration of Ayurveda Diwas/ Dhanwantari Jayanti- 2021	Institute level	02.11.2021
53.	Medicinal plant distribution under Celebration of Ayurveda Diwas/ Dhanwantari Jayanti- 2021	Institute level	02.11.2021
54.	IEC material on nutrition distribution Celebration under of Ayurveda Diwas/ Dhanwantari Jayanti- 2021	Institute level	02.11.2021
55.	Seminar on 'Understanding Clinical Depression' presented by Ms. Astha Dawar, ARO (Clinical Psychology)	Institute level	16.11.2021
56.	Meeting regarding *E-inspection of Rajbhasha hindi* and technical matter of institute in the chairmanship of the director institute.	Institute level	25.11.2021
57.	Daily public lectures organized for OPD patients at the institute	Institute level	01.12.2021-31.12.2021
58.	विभागीय राजभाषा कार्यान्वयन समिति की बैठक	Institute level	02.12.2021
59.	Organized a webinar on the topic "जरावस्थाकेसंदर्भविशेषमेंआयुषकामियआहार'' organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	03.12.2021
60.	Organized a webinar on Nutrition through Ayurveda (Concept to Clinic)by Dr Bharat Padhar organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	08.12.2021

61.	Organized various activities at Prakash Institute of Ayurvedic medical Sciences and Research, Jhajjar, Rabupura Road, Noida as a part of the 6th Ayurveda Day Celebration.	National	10.12.2021
62.	Organized a webinar on "Ayurveda for Nutrition" by Vd. Arpan Bhatt organized by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	14.12.2021
63.	Organised activities competition as part of 6th Ayurveda Day celebration at Faulty of Indian Medical Systems, SGT University, Gurugram	National	15.12.2021
64.	परिषद् मुख्यालय के उपनिदेशक (प्रशा.) प्रभारी हिंदी अधिकारी और अन्य प्रशासनिक अधिकारियों द्वारा हिंदी एवं परियोजना संबंधी निरीक्षण	Institute level	17.12.2021
65.	Conducted activities under 6th Ayurveda Day celebrations at Chaudhary Brahm Prakash Aurveda Chrak Sansthan, khera Dabar, Najafgarh, New Delhi	National	22.12.2021
66.	Organized a webinar on "Fundamentals of Poshan in Ayurveda by Vd. Bhupesh Patel" and "Nutrition & Ayurveda by Dr. G Prabhakar Rao " organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	23.12.2021
67.	Organized online hindi karyashala on the topic, संसदीय राजभाषा समिति द्वारा निरीक्षण "	Institute level	23.12.2021
68.	Institutional Technical meeting(VC)	Institute level	27.12.2021
69.	Organized a webinar on "Concept of Ahar & Poshan in Ayurveda by Dr. G.S.Tomar" and "Ayurveda for Poshana w.s.r. Ritucharya" by Dr. Neeru Nathani organised by CARI, New Delhi under 6th Ayurveda Day celebrations	National	30.12. 2021
70.	Institutional Technical Meeting	Institute level	12.01.2022
71.	Observance of the Suryanamaskar Programme as an integral part ofAzadi ka Amrit Mahotsav celebrations at CARI, Punjabi Bagh, New Delhi	Institute level	14.01.2022
72.	Observance of 73rd Republic day	Institute level	26.01.2022
73.	Institutional Ethics Committee meeting	Institute level	27.01.2022
74.	Organized webinar on "Evidence Based Approach for Prophylaxis & Management of COVID – 19 through Ayurveda Interventions" organized by CARI, New Delhi.	National	01.02.2022
75.	Organized webinar on "Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions" under Azadi ka Amrut Mahotsava on 11/02/2022 organized by CARI, New Delhi.	National	11.02.2022
76.	Organized the 1st workshop on "Sustainable Maintenance of National AYUSH Morbidity codes and standardized	National	21.02.2022 & 22.02.2022

	Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes" organized by CARI, New Delhi.		
77.	Organized Virtual Conference on Project Budget for Projects, 2022-2023 and related issues by Dr. Bharti, Director (Inst.) at CARI, New Delhi.	Institutional	25.02.2022
78.	Organized webinar on "Scientific Approach towards understanding of Hypothyroidism and its management through Ayurveda" by Dr. Arun Gupta organized by CARI, Punjabi Bagh as part of the event of "Science Week 2022 - Vigyaan Sarvatra Pujayate" under the ambit of 75 lectures on Science & Traditional Medicine in India.	National	26.02.2022
79.	Organized Technical Meeting on various technical and administrative issues under the chairmanship of Dr. Bharti, Director (Inst.) at CARI, New Delhi.	Institutional	28.02.2022
80.	Organized 3rd Webinar on Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions.	National	05.03.2022
81.	Organized 4th Webinar on, 'Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions'	National	14.03.2022
82.	Organized technical meeting at CARI, New Delhi under Chairmanship of Director Institute regarding Budget and annual report issues.	Institute	22.03.2022
83.	Organized"Vibhagiya Rajabhasha Karyanvayan Samiti Timahi Baithak" at CARI, New Delhi.	Institute	22.03.2022
84.	Organized 5th Webinar on, 'Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions'	National	23.03.2022
85.	Organized a lecture on "Sexual Harassment and appropriate Behavior" at work Place delivered by Adv.Meenu Abol Legal Consultant CCRAS HQ.	Institute Level	29.03.2022
86.	Organized a one day Hindi workshop on the Subject *"Sangha Ki Rajbhasha Niti And Karyanvan"* and invited speaker Sh. Kumar Pal Sharma Deputy Director implementation of Rajbhasa Vibhag, Ghrih Mantralya.	Institute Level	29.03.2022

2. SEMINAR/CONFERENCE/WORKSHOP/MEETING PARTICIPATED BY THE OFFICERS:

S.No	Name of the Participant	Name of Seminar/ Conference/Workshop	National/ International	Date of Participation
1.	Dr. Seema Jain, R.O. (Ay.)	Attended an Interview through VC as a member of selection committee for the post for SRF (Ay.) for collaborative study of AYUSH-A, held at AIIMS, New Delhi	National	03.04.2021
2.	Dr. Seema Jain, R.O. (Ay.)	Attended an International Webinar Series "Reimagine Ethnopharmacology" Organized by AIIA, New Delhi	National	03.04.2021
3.	Dr. Bharti, Director (Institute), Dr. Seema Jain, R.O. (Ay.)	Implementation of WHO-AYUSH project on assessment of integration of AYUSH into Public Health system for combating Covid 19, project with Prof. Tanica PHFI. Web meeting held with 10 institutes.	National	05.04.2021
4.	All technical officers	Technical Review Meeting (F.No 1-69/2018-CARICD/Tech/01 dated 03/04/2021)	Institute Level	05.04.2021
5.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting through VC regarding project "Ayurveda Campaign and distribution Ayurveda Prophylactic internvention among Delhi population" With the doctors and staff involved and the officers of Directorate of AYUSH, Govt of NCT of Delhi .	National	06.04.2021
6.	All technical officers	Webinar on Building a fairer and healthier World & Role of Ayurveda in combating COVID-19 On the eve of World Health Day – 2021	National	07.04.2021
7.	Dr. Bharti, Director (Institute)	Presented power point presentation on the topic *"Building a fairer and healthier World & Role of Ayurveda in Combating COVID 19 on the eve of World Health Day 2021"* in theWebinar on Building a fairer and healthier World & Role of Ayurveda in combating COVID-19 On the eve of World Health Day – 2021	National	07.04.2021
8.	Dr.Seema Jain R.O. (Ay.)	Presented the study on "prophylactic effect of AYUSH Raksha Kit for the prevention of COVID-19" in the Webinar on Building a fairer and healthier World & Role of Ayurveda in combating COVID-19 On the eve of World Health Day - 2021	National	07.04.2021

9.	Dr. Shweta Mata, R.O. (Ay.)	Presented the collaborative studies between CCRAS (CARI, New Delhi) and CBPACS/Tibbia College on two projects each i.e. Ayush-64 in known patients of COVID-19 and Chaywanprash in Health Workers for prevention from COVID-19. in theWebinar on Building a fairer and healthier World & Role of Ayurveda in combating COVID-19 On the eve of World Health Day - 2021	National	07.04.2021
10.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended 2nd IEC Meeting for the Research Project "Double Blind Randomized placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine" at ABVIMS & Dr. RML Hospital New Delhi.	RML Hospital	08.04.2021
11.	All technical officers	Sensitisation program for the Agni Assessment Tool	Institute level	13.04.2021
12.	All technical officers	Technical Review Meeting	Institute Level	14.04.2021
13.	Dr. Bharti, Director (Institute) Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Amit, R.O. (Ay.)	VC meeting scheduled regarding ToT programme for Trainers at 3 TCs and discussion on other issues like name change of Institutes in affiliation with HSSC-NSDC	National	15.04.2021
14.	All technical officers	Lecture and interactive session with Prof. Bhushan Patwardhan, National Research Professor – AYUSH on "Generation of Robust Scientific Evidence through Trans-disciplinary and Translational Research - Scope and Way forward"	National	16.04.2021
15.	All technical officers	IEC Meeting in respect of projects under Scheduled castes sub plan (SCSP) Saturday, April 17 · 3:00 – 5:00pm	Institute level	17.04.2021
16.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting through VC with PI ,Co.I, Nodal Officer and staff of AYUSH –A Project to discuss various issues related to initiation of project in current situation held at AIIMS, New Delhi	National	20.04.2021

17.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attendedthe webinar "Samhita TatwaVichara" session 25 by Vd. N.V Srivaths Conducted by Arya Vaidya Pharmacy , Coimbatore and Ashirvad Health and Education Trust.	National	25.04.2021
18.	Dr.N.Srikanth, DG I/c, CCRAS, Dr.Bharti (Director Inst.), Dr.Adarsh, Prog.officer CCRAS , Dr.Deepa Makhija, AD (Ay.) Dr. Babita, R.O. (Ay.) Dr.Saket Ram, R.O. (Ay.) Dr. Lavaniya, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.)	Co-ordination & finalization of Road Map with regards to enhance the outreach of AYUSH in current pandemic	National	26.04.2021
19.	JSPNRK, Anupam, Anil Khurana, Jaideep Gupta, Manik Mehta, Paritosh Jha, Dr. Bharti, Dr. Adarsh Kumar, Nagarajan Ramakrishnan, Anu Ruhela, Ravindra Rau, Babita & RAV, Rohit Mehta, Sunil Goel, Varun Gupta	Virtual Meeting held for Tele-Medicine. Training Programme for identified volunteers Through AYUSH Systems on Tele-Consultation for COVID-19	National	27.04.2021
20.	All technical officers	Technical Review Meeting	Institute level	27.04.2021
21.	All technical officers	Attended Virtual Press Meet regarding Safety and Efficacy of AYUSH -64 in Mild and Moderate COVID -19 by MoAyush& CSIR	National	29.04.2021

22.	Dr. Bharti, Director (Institute)	Organized training on Consultation for Ayurveda Practitioners	National	01.05.2021
23.	Dr. Seema Jain, R.O. (Ay.)	Attended a tele consultation training session for Ayurveda Practitioners as master trainer organized by RAV, New Delhi	National	01.05.2021
24.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on"Ayurfest:Learn,Heal,Revive" Organized by Sri Sri University Hospital Fund	National	01.05.2021-02.05.2021
25.	Dr.Reetika Saini, R.O. (Biochem)	Attended a teleconsultation training session (AYUSH Helpline) for AYUSH practitioners.	National	01.05.2021
26.	Dr. Bharti, Director (Institute)	Organized training on Consultation for Ayurveda Practitioners	National	02.05.2021
27.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on"Clinical Ayurveda : Interective session with Dr. Styaendra Narayan Ojha" Organized by Ayush Darpan	National	02.05.2021
28.	Dr.Reetika Saini, R.O. (Biochem)	Presented a brief overview on COVID 19 for Ayurveda practitioners for a Tele-consultation training session (AYUSH Helpline)	National	02.05.2021
29.	Dr. Bharti, Director (Institute)	Attended a meeting of Join Monitoring Group committee under DGHS at Nirman Bhavan, MoHFW	National	04.05.2021
30.	Dr. Bharti, Director (Instt), Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	2nd Demo meeting(VC) with step one for Ayush helpline along with master trainers	National	04.05.2021
31.	All technical officers	Review meeting for distribution of AYUSH 64/ Kabasur Kudineer chaired by JS, MoAyush	National	04.05.2021

32.	Dr. Shweta Chaudhary, R.O. (Ay.)	Handled and posted on Social Media (AYUSH Ayurveda Facebook page of CCRAS and Twitter page, CARI, New Delhi) regarding 'Low Cost people's Campaign' (Jan Andolan)and related posters placed at the institute.	National	04.05.2021
33.	Dr. Bharti, Director (Institute), Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K.G., R.O. (Ay.), Dr. Amit, R.O. (Ay.) Dr. Nandini, R.O. (Ay.)	Attended the meeting, exploring the facts AYUSH-64 in combating COVID-19, the webinar to disseminate authentic information among masses about role of AYUSH-64 in management of COVID-19. Organized by RAV, New Delhi	National	05.05.2021
34.	All Technical Officers	Nationwide Campaign for distribution of AYUSH 64 and Kabasur Kudineer has been successfully launched by honorable MoS (I/C) M/o Ayush, Sh. Kiren Rijiju through VC in presence of Secretary Ayush & representatives from Sewa Bharti	National	07.05.2021
35.	Dr. Bharti, Director (Instt), Dr. Seema Jain, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Amit, R.O. (Ay.)	Meeting regarding Ayush Helpline	National	07.05.2021
36.	Dr. Shweta Chaudhary, R.O. (Ay.)	Posted a Facebook post on AYUSH Ayurveda Facebook page of CCRAS regarding inauguration of distribution of AYUSH-64 tablets to Mild to Moderate cases of COVID-19 patients	Institute level	07.05.2021
37.	Dr. Bharti, Director (Institute),	VC meeting for finalization of Ayush helpline.	National	08.05.2021

38.	Dr. Bharti, Director (Institute), Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K.G., R.O. (Ay.)	Cloud HD video meeting to discuss on Implementation of the National Distribution Campaign of AYUSH-64 AND Kabasur Kudineer	National	08.05.2021
39.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on 'Safer option to control viral infections' Organized by Guffic Healthcare	National	08.05.2021
40.	Dr. Seema Jain, R.O. (Ay.)	Management of viral infections –with essential oils Organized by Guffic Healthcare	National	08.05.2021
41.	Dr. Seema Jain, R.O. (Ay.)	Covid 19 से बचाव व उपचार हेतु आधुनिक एवम आयुर्वेदिक चिकित्सा उपाय organized by Vishwa Ayurveda Parishad and rogya Bharti, Rajasthan	National	09.05.2021
42.	Dr. Bharti, Director (Institute)	Virtual meeting of central ethics committee chaired by Prof. S.k. Maulik	Institute level	10.05.2021
43.	Dr. Seema Jain, R.O. (Ay.)	"Specific Panchkarma treatment in certain Musculoskeletal diseases based on Avastha"organized by Shanta Devi Vedaprakash Patil Ayurveda Collage& Research Institute, Hatta,Distt. Hingoli	National	10.05.2021
44.	Dr. Seema Jain, R.O. (Ay.)	Covid management through AyurvedaBy Dr. S.K. Khandel organized by Vivek college of Ayurvedic Sciences and Hospital Bijnor, U.P	National	11.05.2021
45.	Dr. Seema Jain, R.O. (Ay.)	Ayur Talks-2021-22 organized by Dhootpapeshwara,WAF,JAM	National	11.05.2021
46.	Dr. Bharti, Director (Institute), Dr. Seema Jain, R.O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Nandini, R.O. (Ay.)	Attended a meeting to discuss on implementation and smooth execution of Ayush 64 and Kabasura Kudineer distribution campaign chaired by Secretary, Ayush	National	12.05.2021
47.	Dr. Seema Jain, R.O. (Ay.)	Attended a meeting for Ayush Helpline group organized by RAV, New Delhi	National	12.05.2021

48.	Dr. Bharti, Director (Institute)	Virtual meeting under the chairmanship of Advisor (MoAyush), Dr. Manoj Nesari, to discuss the training module on Ayush 64 at IGOT Platform, GOI	National	13.05.2021
49.	Dr. Bharti, Director (Institute)	Attended a review meeting (VC) with Dr. Pratap Makhija on Ayush 64 distribution SOPs by CCRAS	National	13.05.2021
50.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended a webinar "Staying safe during pandemic through Ayurveda" by Vd, M. Prasad conducted by Inner Living Mandrem, Goa	National	13.05.2021
51.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended a webinar on the topic "Integrated Health & Care for COVID -19: Status and Challenges for Ayurveda" organized by Ayush Valley Foundation as a part of Ayush Valley International Webinar Series 2021, Vol 6.	National	15.05.2021
52.	Dr. Bharti,Director (Instt), Dr. Amit, R.O. (Ay.), Dr. Reetika, R.O. (Biochem), Dr. Ashima, R.O. (Path) Ms. Disha, ARO (Physio)	Review meeting on distribution of Ayush 64	Institute level	15.05.2021
53.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended the webinar "Experiences in the Management of COVID-19 through Ayurveda" by Dr. Jose Paikada conducted by National AYUSH Mission(NAM) in association with Indian Systems of Medicine (ISM)	National	16.05.2021
54.	Dr. Bharti, Director (Institute) Dr. Amit, R.O. (Ay.), Dr. Nandini, R.O. (Ay.)	Attended a virtual meeting on distribution study on Ayush 64 and Kabasura Kudineer, organized by team CCRAS	National	17.05.2021

55.	Dr. Bharti, Director (Institute) Dr. Amit, R.O. (Ay.), Dr. Nandini, R.O. (Ay.)	Attended a virtual meeting with Delhi Group for distribution of Ayush -64 Studies (resolving data and drug issues)	National	17.05.2021
56.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended the webinar "COVID 19/ SARS-CoV-2-Neurological Implications" by Dr. Jomon Joseph Daniel, conducted by National AYUSH Mission(NAM) in association with Indian Systems of Medicine (ISM)	National	17.05.2021
57.	All technical Officers	Attended a Webinar on Azadi ka amrut mahotsava, Role of Ayurveda in covid19	National	18.05.2021
58.	Dr. Bharti, Director (Institute), Dr. Amit, R.O. (Ay.) Dr. Nandini, R.O. (Ay.)	Attended a virtual meeting distribution of Ayush -64 / Kabasura Kudineer to Covid19 positive, home isolation patients, Chaired by Shri Pramod Pathak,SS	National	18.05.2021
59.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Presented a paper "Principles and Practice of Ayurveda in COVID -19 Pandemic" in the webinar conducted by CARI on the theme "Creating Awareness on Promotion of Ayurveda & its Role in current COVID-19 Pandemic situation" as part of Celebration of Azadi ka Amrit Mahotsav	Institute level	18.05.2021
60.	Dr. Ashima Jain, R.O. (Path)	Coordinated & participated in the webinar on the theme "Creating Awareness on Promotion of Ayurveda & its Role in current COVID-19 Pandemic situation" as part of Celebration of Azadi ka Amrit Mahotsav	Institute level	18.05.2021
61.	Dr.Reetika Saini, R.O. (Biochem)	Presented a lecture on 'Covid 19- Current Scenario' on 18/5/2021 as part of celebration of Azadi Ka Amrit Mahotsav	Institute level	18.05.2021

62.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended the webinar "Red flags in COVID 19-What to look for and When to refer " Dr. Mukesh E, conducted by National AYUSH Mission(NAM) in association with Indian Systems of Medicine (ISM)	National	18.05.2021
63.	Dr. Shweta Chaudhary, R.O. (Ay.)	Presented a paper Ayush-64 An Ayurvedaformulation in the management ofmild to moderate cases of COVID-19 patients'in the webinar conducted by CARI on the theme "Creating Awareness on Promotion of Ayurveda & its Role in current COVID-19 Pandemic situation" as part of Celebration of Azadi ka Amrit Mahotsav	Institute level	18.05.2021
64.	Dr. Amit, R.O. (Ay.)	Presented a paper'Importance of Langhan in COVID 19 pandemic'in the webinar conducted by CARI on the theme "Creating Awareness on Promotion of Ayurveda & its Role in current COVID-19 Pandemic situation" as part of Celebration of Azadi ka Amrit Mahotsav	Institute level	18.05.2021
65.	Dr. Seema Jain, R.O. (Ay.)	Given lecture on 'Role of Ayurveda in Covid-19 pandemic' as part of celebration of Azadi Ka Amrit Mahotsav	Institute level	18.05.2021
66.	Dr. Seema Jain, R.O. (Ay.)	Attended CEC meeting for the project "A study of Ashwagandha co-administration with COVID-19 vaccine (COVISHIELD TM) on safety, immunogenicity, and protection: A randomized, double blind, active control parallel-group, multicentric clinical drug trial"	Institute level	19.05.2021
67.	Dr. Seema Jain, R.O. (Ay.)	Attended a training programe for all Ayurveda volunteers (fresh batch) /Ayurveda nodal officer as master trainer through VC organized by RAV, New Delhi	National	20.05.2021
68.	Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K. G., R.O. (Ayu)	Gyan Ganga-Knowledge Voyage-A series of webinar ON "Physiology of Pitta Dosha and Agni bheda -Abheda Covid-19 pandemic "	National	20.05.2021

69.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Kumari Archana, R.O. (Ay.)	Co-ordinated the International Yoga Day 2021 online and offline	Institute Level	From 21.05.2021 onwards
70.	All technical Officers	Took pledge on Anti- Terrorism Day	Institute Level	21.05.2021
71.	Dr. Seema Jain, R.O. (Ay.)	Organized "Anti-terrorism Day, through VC	Institute Level	21.05.2021
72.	Dr. Seema Jain, R.O. (Ay.)	AYUR TALKS-2021-22 organized by Dhootpapeshwara,WAF,JAM	National	21.05.2021
73.	Dr. Bharti, Shri N. Ramakrishnan, Dr. Amit, Dr. Nandini, Dr Reetika, Dr. Ashima, Ms. Disha	Attended a review meeting for distribution of Ayush 64 for covid 19 positive patients	Institute Level	21.05.2021
74.	Dr. Shweta Chaudhary, R.O. (Ay.)	Posted a Facebook post on AYUSH Ayurveda Facebook page of CCRAS regarding inauguration of Celebrations of International Day of Yoga- 2021 at CARI, Punjabi Bagh, New Delhi.	Institute Level	21.05.2021
75.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended the webinar "COVID 19 – Activities and Clinical Experience Sharing" by ISM Idukki District, Kerala conducted by National AYUSH Mission(NAM) in association with Indian Systems of Medicine (ISM)	National	24.05.2021
76.	Dr. Bharti, Director (Institute)	Attended a virtual meeting on Ayush 64 distribution chaired by Shri Pramod Pathak, Addl. Secretary, MoAyush	National	25.05.2021
77.	Dr. Bharti, Director (Institute) Dr. Amit, R.O. (Ay.), Dr. Nandini, R.O. (Ay.)	Attended a virtual meeting regarding status update of Ayush 64 distribution	Institutional	25.05.2021

78.	Dr. Seema Jain, R.O. (Ay.)	"Integrated Approach of examination of patients" organized by Bhagvati Ayurveda	National	26.05.2021
79.	Dr. Seema Jain, R.O. (Ay.)	Webinar on "Corona ki Chunoutiyan avam samadhan" organized by Indian Institute of Information Technology,Pune and Shiksha sanskriti uthan Nyas,ND	National	26.05.2021
80.	Dr. Seema Jain, R.O. (Ay.)	3rd Webinar of 5 Webinar Series "Be with Yoga,Be at Home""Science and Practice of Shuddhi Kriya" organized by MoAyush, GOI, Delhi	National	26.05.2021
81.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended a webinar on "Reporting COVID – 19 Clinical Practice Outcomes" by AYUSH Center of Excellence, Savitribai Phule Pune University, Pune"	National	26.05.2021
82.	Dr. Bharti, Director (Institute)	Attended a meeting on filling up data of Ayush 64 from CCRAS, Hqrs	Institutional	27.05.2021
83.	All Technical Officers	Attended a meeting through VC regarding launch of Ayush clinical case study repository portal and Ayush Sanjeevani Mobile application (3rd version)	Institutional	27.05.2021
84.	Dr. Bharti, Director (Institute)	Attended a meeting through VC for making strategy to distribute Ayush 64 with Delhi Govt. officers, Dr. Yogita Munjal, ADMOS, CDMOS etc.	Institutional	27.05.2021
85.	Dr. Seema Jain, R.O. (Ay.)	Attended CME on "Vatavyadhi chikitsa upakram" organized by Vishwa Ayurveda Parishad, NIA Branch, Jaipur	National	28.05.2021
86.	Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K. G., R.O. (Ay.)	Exploring the facts-Role of Yoga in management of Covid-19 organized by RAV, Delhi	National	28.05.2021
87.	Dr. Seema Jain, R.O. (Ay.)	Webinar on "The hepato protective potential of Ayurveda" organized by Shantadevi Vedprakash Patil Ayurveda College and Research Institute,Hatta, Hingoli.	National	29.05.2021
88.	Dr. Seema Jain, R.O. (Ay.)	International Yoga Day 2021-A discussion series on Preparing youth for tomorrow organized by AVCC and MOA with ASSOCHAM	National	30.05.2021

89.	Dr. Seema Jain, R.O. (Ay.)	Question and answer live show on Arthritis - Joint Pains organized by Bhagvati Ayurveda	National	30.05.2021
90.	Dr. Seema Jain, R.O. (Ay.)	Protecting Children from Covid-19: Safeguards in Ayurveda organized by Sri Anandam Ayurveda	National	30 .05.2021
91.	Dr. Bharti, Director (Institute), Dr. Amit, R.O. (Ay.), Dr. Nandini, R.O. (Ay.) Dr. Reetika, R.O. (Biochem), Dr. Ashima, R.O. (Path)	Attended a VC meeting to discuss, closing of IPD/OPD due to COVID-19 Pandemic, Non furnishing of accounts of institute for preparation of Annual Accounts of the Council for the year of 2020-21	Institute level	31.05.2021
92.	All technical officers	Took 'NO TOBACCO PLEDGE' on world Tobacco day	Institute level	31.05.2021
93.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on, 'Yoga for Wellbeing; Past, Present and Future organized by AIIA	National	01.06.2021
94.	Dr. Seema Jain R.O. (Ay.)	Attended webinar series on Be with Yoga – Be at home "Pranayam to strengthen mind and body" organized by MoAyush& MDNIY	National	01.06.2021
95.	Dr. Sakshi Sharma R.O. (Ay.)	Attended Virtual Zoom meetings as nominated member of "Guideline development Group (GDG) for the WHO Guideline on Chronic primary low Back pain in Adults scheduled at 4.30 PM to 7 Pm as per Indian Time.	International	02.06.2021, 03.06.202 & 09.06.2021
96.	Dr. Shweta Chaudhary, R.O. (Ay.)	Organized Webinar on *'Yoga, Philosophy and Practice'* under IDY-2021 one month celebrations	National	02.06.2021
97.	Dr. Bharti, Director, (Institute)	Delivered lecture on *"An Introduction to Yoga"* in Webinar- "Yoga philosophy and practices"	National	02.06.2021
98.	Dr. Shweta Chaudhary, R.O. (Ay.)	Delivered lecture on *"Impact of Yoga Practices on lifestyle disorders"* in Webinar- "Yoga philosophy and practices"	National	02.06.2021

99.	Ms. Disha Garg, ARO (Physiotherapy)	Delivered the lecture on *"Exercise and Yoga- the way of life"* in Webinar- "Yoga philosophy and practices"	National	02.06.2021
100.	Dr. Kumari Archana, R.O. (Ay.)	Delivered the lecture on *"Impact of Yoga Practices on Hypertension"*in Webinar- "Yoga philosophy and practices"	National	02.06.2021
101.	All Technical officers	Attended a webinar on the topic 'Yoga Philosophy and practices' organized by CARI, Punjabi Bagh on As an activity under IDY-2021	National	02.06.2021
102.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home "Stability and awareness through Yoga"MoAyush& MDNIY.	National	02.06.2021
103.	Dr. Bharti, Director, (Institute) Dr. Seema Jain, R.O. (Ay.) Dr.Amit, R.O. (Ay.) Dr.Nandini, R.O. (Ay.) Dr. Reetika Saini, R.O (Biochem.) Dr. Ashima Jain, R.O. (Path.)	Attended an online meeting with Delhi Govt. officials regarding AYUSH 64 distribution	Institute	03.06.2021
104.	Dr. Seema Jain, R.O. (Ay.)	Attended expert Lecture Series on the Eve of IDY-2021 Session -2*"Rational Approach to Yoga Practices for Health and Wellbeing" org by AIIA*,MoAyush, Government of India	National	03.06.2021
105.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home "Pranayam and Kayotsarga" organized by MoAyush& MDNIY.	National	03.06.2021

106.	Dr. Bharti, Director, (Institute) Dr. Amit, R.O. (Ay.) Dr. Nandini, R.O. (Ay.) Dr. Reetika Saini, R.O (Biochem.) Dr. Ashima Jain, R.O. (Path.)	Attended an online meeting with Director RAV and other RAV officials regarding AYUSH-64 distribution	National	04.06.2021
107.	Dr. Seema Jain, R.O. (Ay.)	Attended virtual orientation training for field staffas Co-ordinator organized by WHO- PHFI	National	04.06.2021
108.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home “Mantra in Asasana" organized by MoAyush& MDNIY	National	04.06.2021
109.	Dr. Seema Jain, R.O. (Ay.)	Clinical application of “Kantalauha bhasm” organized by Shaileya Rasashala,	National	04.06.2021
110.	Dr. Bharti, Director, (Institute) Dr.Amit, R.O. (Ay.) Dr. Nandini, R.O. (Ay.) Dr. Reetika Saini, R.O (Biochem.) Dr. Ashima Jain, R.O. (Path.)	Discussion about the strategy for distribution of Ayush-64 with Divya Jyoti Ayurvedic College, Ghaziabad, U.P	National	05.06.2021
111.	Dr. Seema Jain, R.O. (Ay.)	Attended “Practical approach of female infertility through Ayurveda” organized byShanta Devi Vedaprakash Patil Ayurveda Collage& Research Institute, Hatta,Distt. Hingoli	National	05.06.2021
112.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home “Be with yoga master" organized by MoAyush& MDNIY	National	05.06.2021

113.	Dr. Seema Jain, R.O. (Ay.)	Online Expert Lecture Series on the Eve of IDY-2021 Session -3 *"Scope of Marma and Yoga in different diseases"*organized by AIIA & MoAYUSH	National	07.06.2021
114.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home *"How to bring ancient wisdom to everyday practice"*organized by MoAyush & MDNIY	National	07.06.2021
115.	Dr. Bharti, Director, (Institute) Dr.Amit, R.O. (Ay.) Dr. Nandini, R.O. (Ay.) Dr. Reetika Saini, R.O (Biochem.) Dr. Ashima Jain, R.O. (Path.)	Attended an online meeting with Additional Secretary, Min of AYUSH regarding AYUSH 64 distribution, 3:30pm onwards	National	08.06.2021
116.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home "Increase happiness quotient with Yoga" organized by MoAyush& MDNIY	National	08.06.2021
117.	Dr. Bharti, Director, (Institute) Dr. Shweta Chaudhary, R.O. (Ay.)	Organized Virtual Conference on *"Yoga for positive health"*, as a part of celebration of International Day of yoga 2021	National	08.06.2021
118.	Dr. Shweta Chaudhary, R.O. (Ay.)	Moderated the Virtual Conference on "*Yoga for positive health*", as a part of celebration of International Day of yoga-2021	National	08.06.2021
119.	Dr. Sudha Kumari, R.O. (Ay.)	Presented a paper *"Yoga and Psychoneuroimmunology"* in the Virtual Conference "Yoga for positive health", as a part of celebration of International Day of yoga 2021 organized by CARI, New Delhi	National	08.06.2021
120.	All technical officers	Attended a Virtual Conference on "Yoga for positive health", as a part of celebration of International Day of yoga 2021 organized by CARI, New Delhi	National	08.06.2021

121.	Dr. Sudha Kumari, R.O. (Ay.)	Attended Academic Inaugural Lecture Titled "Transferring Ayurveda to Future-Scopes and Challenge" by Dr. Bhushan Patwardhan as a part of *"Sathapoornima"* 100th Birthday program of Padmabhushan Dr. P.K Warrier organized by VPSV Ayurveda College, Kottakkal	National	08.06.2021
122.	Dr. Seema Jain, R.O. (Ay.)	Attended a VC Meeting for Ayush-A Project at AIIMS	Institute	09.06.2021
123.	All technical officers	Attended a Technical review Meeting for ongoing Project	Institute	09.06.2021
124.	Dr. Seema Jain, R.O. (Ay.)	Attended online Expert Lecture Series on the Eve of IDY-2021 Session -5 "Lecture on Medicine for Mind " AIIA & M/o Ayush	National	09.06.2021
125.	Dr. Seema Jain, R.O. (Ay.)	Attended webinar series on Be with Yoga – Be at home "The science of breath-Pranayam" organized by MoAyush & MDNIY	National	09.06.2021
126.	Dr. Nandini, R.O. (Ay.)	Meeting for the training for the use of Ayush -Sanjivani App in concern with Ayush-64/KK distribution	National	09.06.2021
127.	Dr. Sudha Kumari, R.O. (Ay.)	Attended a webinar titled "Respiratory Syndrome & COVID 19 -Ayurveda Perspective" organized by Kerala Ayurveda Research and Education Foundation Initiated by Kerala Ayurveda Limited. Listened lectures on "Prophylactic and Therapeutic management of Respiratory Syndrome for COVID 19- A short glimpse in Ayurveda" by Dr. Gopakumar S and "Post COVID Pulmonary rehabilitation- Plausible solutions in Ayurveda" by Dr. Satya N. Dornala	National	09.06.2021
128.	Dr. Seema Jain, R.O. (Ay.)	Webinar on *"Ayurvedic Perspective of Post COVID Manifestations & their Management"*. organized by Department of Kayachikitsa, National Institute of Ayurveda	National	10.6.2021
129.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home "HEALING" organized by MoAyush & MDNIY	National	10.06.2021

130.	Dr. Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home "Mantra in Pranayam" organized by MoAyush& MDNIY	National	11.06.2021
131.	Dr. Sudha Kumari, R.O. (Ay.)	Attended a talk by Dr. Amit Kumar Rai, Research Officer (Ayu.), CCRAS Hqrs, New Delhi in the webinar series with the title "Exploring the facts – R&D initiatives in Ayurveda during COVID-19 pandemic" organized by Rashtriya Ayurveda Vidyapeeth	National	11.06.2021
132.	Dr. Seema Jain, R.O. (Ay.)	Attended सेहत है संग तो जीतेंगे हर जंग–कोरोना के उपचार में आयुर्वेद का महत्व" organized by MoAyush& RAV	National	14.06.2021
133.	Dr. Seema Jain, R.O. (Ay.)	Online Expert Lecture Series on the Eve of IDY-2021 Session -6 "Lecture on "Scientific Basis of Yoga"organized by AIIA & MoAyush	National	15.06.2021
134.	Dr. Bharti, Director, (Institute) Dr. Sakshi Sharma, R.O. (Ay.) Dr. Nandini, R.O. (Ay.)	Participated in a meeting regarding Press Club of India	Institute	15.06.2021
135.	Dr. Sudha Kumari, R.O. (Ay.)	Attended a talk by Dr. Benoy, Director and Chief Physician, Ayuryoga Gurukulam in the webinar with the title "Mental health in Indian Psychiatry" ,	National	15.06.2021
136.	Dr. Seema Jain, R.O. (Ay.)	Attended a webinar on 'Adhunik jivanshail aur Yoga' organized by RARI, Lucknow	National	16.06.2021
137.	Dr. Reetika Saini, R.O (Biochem.) Dr. Ashima Jain, R.O. (Path.)	Virtual meeting under the Chairmanship of Dr. N. Srikanth, DG I/C, CCRAS	National	16.06.2021

138.	Dr. Bharti, Director, (Institute) Dr. Seema Jain, R.O. (Ay.) Dr. Reetika Saini, R.O (Biochem.) Dr. Ashima Jain, R.O. (Path.)	Training Programme on Implementation of NABH 2nd Standards for Ayurveda Hospitals	National	16.06.2021 to 18.06. 2021
139.	Dr. Sudha Kumari R.O. (Ay.)	Attended a webinar titled *"Role of Panchakarma in COVID-19 Management"* by Dr Rajapandi MD (Ayu), Ayurveda College Coimbatore organized by Ayurveda College, Coimbatore in association with DIKSHA E-Learning.	National	16.06.2021
140.	Dr.Seema Jain, R.O. (Ay.)	Webinar series on Be with Yoga –Be at home "Awearness and motivation organized by MoAyush& MDNIY	National	17.06.2021
141.	Dr. Shivshankar Rajput, R.O. (Ay.)	Attended meeting with all PIs ,Co-Is and project team of CCRAS-VMCC & Safdarjung Hospital Collaborative project entitled "Clinical evaluation of the efficacy of "Ayush SS Granules" in exclusively breast feeding mothers with Insufficient Lactation (*Stanyalpata*)-A Randomized Double blind placebo control trial at Safdarjung Hospital.	Safadarjung Hospital	17.06.2021
142.	Dr. Sudha Kumari, R.O. (Ay.)	Attended a webinar by Dr. Ashok Kumar Varshney, on the topic "Yoga for Holistic healthcare" organized by Rashtriya Ayurveda Vidyapeeth.	National	17.06.2021
143.	Dr. Sudha Kumari R.O. (Ay.)	Attended National Webinar on Yoga organized by National Ayurveda Research Institute for Panchakarma, Chruthuruthi	National	17.06.2021
144.	Dr. Sudha Kumari, R.O. (Ay.)	Attended an International Virtual convention on "Ayurveda & Research advances on COVID 19" organized by Ayurveda College Coimbatore in association with DIKSHA E-Learning.	International	17.06.2021-20.06.2021

145.	Dr.Bharti, Director, (Institute) Dr. Mata Shweta, R.O. (Ay.)	Organized the National Webinar On Pharmacovigilance. "Awareness Programme On Pharmacovogilance For ASU & H Drugs''.	National	18.06.2021
146.	Dr. Shivshankar Rajput, R.O. (Ay.)	Moderated the National Webinar On Pharmacovigilance. Awareness Programme On Pharmacovogilance For ASU &H Drugs''	National	18.06.2021
147.	All technical officers	Attended a national Webinar on Pharmacovigilance "Awareness Programme on Pharmacovigilance In ASU & H Drugs	National	18.06.2021
148.	Dr. Seema Jain R.O. (Ay.)	Attended a webinar *'Yoga & Ayurveda :A complete science of life'*	National	19.06.2021
149.	Dr. Seema Jain, R.O. (Ay.)	Attended Covid-19,Role of AYURVEDA (AYUSH) organized by M/o AYUSH in association with Indian Universities	National	19.06.2021
150.	Dr. Bharti, Director, (Institute) Dr. Shweta Chaudhary, R.O. (Ay.)	Organized International Day of Yoga at CARI, New Delhi	Institute	21.06.2021
151.	All technical officers	Attended International Yoga Day	Institute	21.06.2021
152.	Dr. Bharti, Director, (Institute) Dr. Shweta Chaudhary, R.O. (Ay.) Dr. Sudha Kumari, R.O. (Ay.)	Meeting with Insurance company for 'Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the management of Migraine Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the management of migraine' project	Institute	21.06.2021
153.	Dr. Seema Jain, R.O. (Ay.)	International webinar on *"Role of Ayurveda and yoga in current scenario"*	International	21.06.2021
154.	Dr. Bharti, Director, (Institute)	Attended an Expert Committee meeting as Prakriti Analyst at CCRAS HQs under chairmanship of Prof. Tanuja Nesari	National	22.06.2021

155.	All technical officers	Meeting regarding Hindi workshop under the chairmanship of Dr.Bharti, Director, (Institute)	Institute	22.06.2021
156.	Dr. Sudha Kumari, R.O. (Ay.)	Attended a webinar with the title *"Protective Value of Traditional Healthcare Approaches for Children"* organized by the Department of Integrative Medicine, NIMHANS, Bangalore and Visvesvaraya Industrial &Technical Museum, Bangalore in collaboration with Indian Academy of Pediatrics	National	22.06.2021
157.	Dr. Bharti, Director, (Institute)	Meeting regarding Rotational Transfer Policy at CCRAS HQs	National	23.06.2021
158.	Dr.Shweta Chaudhary, R.O. (Ay.)	Attended a Training programme on AYUSH Helpline organized by RAV	National	23.06.2021
159.	Dr. Reetika Saini, R.O (Biochem.)	Delivered a Lecture (retraining) on COVID-19, for AYUSH practitioners for AYUSH Helpline	National	23.06.2021
160.	Dr. Shaizi Layeeq, R.O. (Ay.)	Attended a webinar on Role of Ayurveda in Covid-19 pandemic under Azadi ka Amrit Mahotsav organized by RARI, Pune	National	24.06.2021
161.	All technical officers	Attended एक दिवसीय हिंदी कार्यशाला – टिप्पण एवं लेखन	Institute	24.06.2021
162.	Dr. Sakshi Sharma, R.O. (Ay.)	Organized Virtual Hindi Workshop on the topic 'Karyalaya mein Tippan Aalekhan (Noting Drafting in the Office) with the invited speaker Joint Director rajbhasha ESI new Delhi	Institute	24.06.2021
163.	Dr. Seema Jain, R.O. (Ay.)	Attended Rakta Dushti Vikar- An Ayurveda perspective organized by RAV	National	24.6.2021

164.	Dr. Bharti, Director, (Institute) Dr. Seema Jain, R.O. (Ay.) Dr.Amit, R.O. (Ay.) Dr. Nandini, R.O. (Ay.)	Attended CEC meeting for interim analysis	National	29.06.2021
165.	Dr. Nandini, R.O. (Ay.)	Attended national webinar on retinal diseases, Islampur	National	29.06.2021
166.	Dr. Sudha Kumari, R.O. (Ay.)	Attended a talk on *"Identifying Our Strengths and Weaknesses"* by Ms. Salma Fatima, Director, Capgemini Technology Services India Limited organized by NPTEL, IIT Madras	National	29.06.2021
167.	All technical officers	Training programme for staff nurse	Institute	30.06.2021
168.	Dr. Sudha Kumari, R.O. (Ay.)	Attended a webinar on "Promotion of Ayurveda in current COVID-19 Pandemic situation organized by Regional Ayurveda Research Institute, Vijayawada as a part of "Azadi Ki Amrut Mahotsav	National	30.06.2021
169.	Dr. Shaizi Layeeq, R.O. (Ay.)	Attended a webinar on "Role of Ayurveda in Covid-19 pandemic organized by NARIP, Cheruthuruthy as part of "Azadi Ki Amrut Mahotsav"	National	30.06.2021
170.	Dr. Nandini Jadhav, R.O. (Ay.)	Attended a seminar on the topic, 'Management of mucormycosis through ayurveda', R.N. Lahoti Ayurvedic college, Buldhana	National	01.07.2021
171.	Dr. Seema Jain, R.O. (Ay.)	Stakeholder consultation meeting PHFI	National	02.07.2021
172.	Dr. Mata Shweta, R.O. (Ay.)	A National Workshop Series On Research Proposal writing and Grants by G.J. Patel Institute of Ayurvedic Studies and Research, V.V. Nagar, Anand, Gujarat	National	03.07.2021, 10.07.2021
173.	Dr. Nandini, R.O. (Ay.)	Insight on Ayurvedic management of Netraroga, Apm's Ayurved College, Sion, Mumbai-22 Shalakya tantra Department	National	03.07.2021

174.	Dr. Sakshi Sharma, R.O. (Ay.)	Gave general consultation and medicine in addition to distribution of AYUSH-64 to the journalist fraternity, member of Press Club of India, New Delhi.	PCI	From July 2021 to March 2022 (Every Saturday)
175.	Dr. Bharti, Director (institute), Dr. Sudha Kumari K.G. R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)	Attended online launching of Ayurvedic Dataset on CTRI Portal along with four Portals and publications by CCRAS, By Shri. Kiren Rijiju, MoS (IC) MoAyush.	National level	05.07.2021
176.	Dr. Sakshi Sharma, R.O. (Ay.)	Moderated virtual programme of CCRAS, New Delhi on launching of five portals along with 4 publications by Hon'ble Minister of AYUSH, Sh. Kiren Rijiju at CCRAS, New Delhi.	National	05.07.2021
177.	Dr. Seema Jain, R.O. (Ay.)	Meeting for Orientation and training of qualitative interviews by PHFI	National	06.07.2021
178.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Meeting with HOD, Dr. Srivatsav, Dept of Psychiatry and Medical Superintendent Dr. A.K Rana of ABVIMS & Dr. RML Hospital regarding installation of sign boards of ATC in the main campus and in the Dept. of Psychiatry campus for general public awareness about the facility.	National	07.07.2021
179.	Dr. Bharti, Director (institute), Dr. Sudha Kumari K.G., R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a video conference with the 'Marsh India Insurance Brokers Pvt. Ltd (Marsh)' to discuss the Insurance deal for the project Ayush – M3 for Migraine.	Institute Level	09.07.2021
180.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended the online technical sessions of the Vaidyaratnam Founder's day celebrations 2021	National level	11.07.2021-12.07.2021

181.	Dr. Ashima Jain R.O. (Pathology), Dr. Reetika Saini R.O. (Biochemistry)	Quality Management System and Internal Audit training course conducted by QAI as per ISO 15189:2012	National	12.07.2021 to 18.07.2021
182.	All technical officers	Attended an online meeting of all the Technical Officers (Ay.) of the Council through VC regarding Decentralization of Technical Activities and formation of Focus Groups.	National level	13.07.2021
183.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended an International webinar "Arogya Sanghoshti" for Ayush Practitioners and Students by Dr. Arun Gupta on the topic “Role of Panchakarma in Ayurvedic Practices”, organized by the Namo Gange Trust.	National level	13.07.2021
184.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended a webinar on "Cosmetology" organized by AMAI.	National level	13.07.2021
185.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended "Kalpam Talks" - Embrace Ayurveda, Combat COVID Series II organized by Kerala Ayurveda Research and Education Foundation initiated by Kerala Ayurveda Ltd.	National level	14.07.2021
186.	Dr. Bharti, Director (Institute)	Review meeting of all directors, Assistant Directors, Incharges for Outreach activities through VC	National	14.07.2021
187.	Dr. Seema Jain, R.O. (Ay.)	Safety Efficacy and Regulatory aspect of Schedule-E Drugs Vijayshree Ayurved Medical College, Jabalpur, MP.	National	15.07.2021
188.	Dr. Seema Jain, R.O. (Ay.)	DSMB Meeting CARI, New Delhi	National	15.07.2021
189.	All technical Officers	Attended an online technical review meeting organized by CARI, New Delhi	National level	16.07.2021
190.	All Technical Officers	Attended a technical review meeting under chairmanship of Director (Institute) through video conference	Institute	16.07.2021

191.	Dr. Sudha Kumari K.G., R.O. (Ay.)	"Know thyself for optimal Health - Ayurveda insights" by Dr. Satya, N, Dornala organized by Entrepreneurship Cell (Department of Commerce) School of Open Learning University of Delhi.	National level	17.07.2021
192.	Dr. Bharti, Director (Institute) Dr. Amit, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.)	Attended VC for collaborative project entitled "Study the physiological basis and gut bacteria modulations induced by Virechan in healthy adults" with CCRAS, AIIA and ILBS, New Delhi	National level	20.07.2021
193.	Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Organized First seminar under 'AYU SAMVAD' campaign on 'My Health My Responsibility- Ayurveda for Covid 19'	Institute Level	22.07.2021
194.	Dr. Amit, R.O. (Ay.)	Delivered a lecture on the topic, ' Importance of Kitchen spices in the management of COVID-19'	Institute	22.07.2021
195.	All technical officers	Attended first Seminar under 'AYU SAMVAD' campaign on 'My Health My Responsibility- Ayurveda for Covid 19'	Institute level	22.07.2021
196.	Dr. Seema Jain, R.O. (Ay.)	Given Lecture in First Seminar of AYU SAMVAD on the topic'Role of Ayurveda in COVID-19' at CARI, New Delhi	National	22.07.2021
197.	Dr. Seema Jain, R.O. (Ay.)	VC meeting of WHO-PHFI Project by PHFI	National	22.07.2021
198.	Dr. Seema Jain, R.O. (Ay.)	56 TH WEBINAR ON Rogi pariksha W.E.R. to Dashvidh pariksha by RAV	National	22.07.2021
199.	Dr. Rajput Shivshankar, R.O. (Ay.), Dr. Mata Shweta, R.O. (Ay.)	National Webinar on Shalakyatantra on topic Applications of Raktamokshan in Netraroga by Dr. V.J. Dhone Gramin Ayurved College, Akola.	National	23.07.2021
200.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended online program "Ayurved Talk" by Dr. Praveen Kumar, R.O (ay), CARI, CCRAS, Guwahati, MoAyush.	National	23.07.2021

201.	Dr. Seema Jain, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.) & Dr. Shweta Chaudhary, R.O. (Ay.)	Committee member in the interview committee for 'Ayurveda Consultant' at CARI, New Delhi	Institute level	23.07.2021
202.	Dr. Mata Shweta, R.O. (Ay.)	National Webinar on Rasashastra & BK on topic Rasaushadhi (Herbo-Mineral Preparations) Myths, facts & Clinical Relevance by Dr. V.J. Dhone Gramin Ayurved College, Akola.	National	27.07.2021
203.	Dr. Sakshi Sharma, R.O. (Ay.)	Organized plantation drive on the occasion of world nature conservation day in association with climate foundation of India at CARI, Punjabi Bagh.	Institute level	28.07.2021
204.	All technical officers	Attended a plantation program held at CARI, Punjabi Bagh in association with Climate Care Foundation	National	28.07.2021
205.	Dr Nandini jadhav, R.O. (Ay.)	Attended Meeting regarding purchase of instruments for eye OPD in NARIP Cheruthuruthy	National	28.07.2021
206.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended a webinar "Hepatitis: What you need to know" by Dr. Sreeraj V.S conducted as a part of the World Hepatitis Day by JCI Smart City.	National	28.07.2021
207.	Dr. Sudha Kumari K.G., R.O. (Ay.)	Attended an International webinar "Arogya Sangoshti" on the topic "Clinical Experiences of Emergency Jwara Treatment" by Dr. Bhavdeep Ganatra conducted by Namo Gange Trust.	National	28.07.2021
208.	Dr. Seema Jain, R.O. (Ay.)	Liver care through Ayurveda organized by G.J.P.I.A.S.R, Deptt. of Kayachikitsa,2 pm	National	28.07.2021
209.	Dr. Seema Jain, R.O. (Ay.)	"Evolving Physiotherapy Practices" organized by Faculty of Physiotherapy, SGT University	National	30.07.2021-31.07.2021
210.	Dr. Shweta Chaudhary, R.O. (Ay.)	Organized second Seminar of Ayu Samvad campaign on 30.07.2021 for OPD patients/ General public on the topic, 'Ayurveda for Covid 19 Pandemic'	Institute level	30.07.2021

211.	Dr. Kishore Patel, R.O. (Ay.)	Delivered a lecture on the topic'Ayurveda for Covid 19 Pandemic' to the patients/ General public	Institute level	30.07.2021
212.	All technical officers	Attended the second Seminar of Ayu Samvad campaign on 30.07.2021 for OPD patients/ General public on the topic, 'Ayurveda for Covid 19 Pandemic' organized by CARI, New Delhi	Institute level	30.07.2021
213.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended one day online training programme on : Medicinal Plant Research Training to (Pharmocognosy) organized by CCRAS peripheral institute Central Ayurveda research institute kolkata in coordination with Captain SriNivasamurthi central ayurveda research Institute, Chennai	National	30.7.2021
214.	Ms.Disha Garg, ARO (Physiotherapy)	Quick journey to advance orthopedic conditions, Organized by IAPWC North Delhi District	National	01.08.2021
215.	Dr. Rajput Shivshankar, R.O. (Ay.)	Meeting with All investigators & Staff of ICMR Project entitled "Clinical evaluation of the efficacy of "Ayush SS Granules" in exclusively breast feeding mothers with Insufficient Lactation (*Stanyalpata*)-Study protocol for a Randomized Double blind placebo control trial, at Safadarjung Hospital, New delhi.	Institutional	02.08.2021
216.	All technical Officers	Attended a webinar on How to register & use Up-to-date Advanced – Clinical Decision Support Tool Organized by CCRH library	National	03.08.2021
217.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.),	Meeting regarding discussion of queries of Virechana project	National	03.08.2021

218.	Dr. Mata Shweta, R.O. (Ay.)	National Webinar on Kayachikitsa on topic treatment of Amavata in Ayurveda (Rhematoid Arthritis) organized by Dr. V.J. Dhone Gramin Ayurved College, Akola.	National	03.08.2021
219.	Dr.Nandini R.O. (Ay.)	Webinar attended on Amavata organized by Ayurveda College, Patur Akola.	National	03.08.2021
220.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended the webinar "Arogya Sangoshthi" for AYUSH Practitioners &Students – IV organized by Namo Gange trust on the topic "Cardiology Practice for Ayurveda Doctors" by Dr. Rohit Madhav Sane.	International webinar	04.08.2021
221.	Dr. Seema Jain, R.O. (Ay.)	Review meeting for the monitoring of ongoing research oriented outreach programmes (AMHCP and RCH) NRIDD,Bhubhaneshwara 2.00pm-5.00pm	National	04.08.2021
222.	Dr. Bharti, Director (Institute)	Nominated as a member of the committee formed to prepare A comprehensive proposal to provide the staff for National Commission for Indian System of Medicine (NCISM)	National	05.08.2021
223.	Dr. Rajput Shivshankar, R.O. (Ay.), Dr. Mata Shweta, R.O. (Ay.)	National Webinar on Swasthvritta & Yoga on topic "Utility of Ahar vidhi Vidhan For maintenance of Health" Organized by dept. of Swasthavritta & Yoga, Dr. Vandanatai Jagannathrao Dhone Gramin Ayurved Mahavidyalaya Patur, TQ-Patur, Dist. Akola	National	06.08.2021
224.	Dr. Sudha Kumari K.G, R.O (Ay)	Attended the webinar organized by Vaidyaratnam Oushadhasala as a part of "Ashtavaidyan E.T.Narayanan.Mooss - Commemoration of 1st Death Anniversary", followed by Scientific Session, "Jwara - Conceptual Insights And its Clinical Application".	National	06.08.2021 & 07.08.2021
225.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.)	Attended Online Webinar on "Promotion of Ayurveda and its role in the current COVID-19 pandemic situation" under the program- Azadi Ka Amrut Mahotsav organized by CARI, Kolkata	National	07.08.2021
226.	Ms.Disha Garg, ARO (Physiotherapy)	Women health in post-menopausal period, Organized by IAP India	National	07.08.2021

227.	Dr. Mata Shweta, R.O. (Ay.)	National Webinar on Dravyaguna Vigyana organized by Dr. V.J. Dhone Gramin Ayurved College, Akola.	National	07.08.2021
228.	Ms.Disha Garg, ARO (Physiotherapy)	Dysfunction of pelvic floor muscles in COPD, Organized by IAP India	National	08.08.2021
229.	Dr. Seema Jain, R.O. (Ay.)	Gyan Ganga-Knowledge Voyage-A series of webinar ON "Concept of Jwara in Ayurveda and its principles of treatment" RAV	National	12.08.2021
230.	Dr. Bharti, Director (Institute)	Attended a virtual meeting on GIA Capital with DDA, CCRAS	National	13.08.2021
231.	Dr. Bharti, Director (institute)	Attended a meeting on e- office implementation with IT section CCRAS	National	13.08.2021
232.	Dr. Seema Jain, R.O. (Ay.)	Integrative medicine: Mirage or Reality NIMHANS, Bengaluru	National	13.08.2021
233.	Dr. Shaizi Layeeq, R.O. (Ay.)	Delivered lecture on Awareness programme on "Ayurveda for Covid 19 pandemic" under Ayu Samvad campaign	National	13.08.2021
234.	Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Rajput Shivshankar, R.O. (Ay.), Dr.Nandini, R.O. (Ay.)	National Webinar as a part of celebrations of **Charaka Jayanti- 2021** organised by Department of Basic Principles, Institute of Teaching and Research in Ayurveda, Jamnagar	National	13.08.2021
235.	Dr. Shaizi Layeeq, R.O. (Ay.)	Virtual Meeting for discussion of e-office implementation	National	13.08.2021
236.	Dr.Nandini, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.)	Attended JAIM club webinar	National	13.08.2021
237.	Dr. Shaizi Layeeq, R.O. (Ay.)	SAMSIDDHI 2021- An International Web Conference organized by AVP, Coimbatore.	International	15.08.2021-12.09.2021

238.	All technical officers	Meeting to discuss regarding "Decentralization of technical work through formation of focused group"	Institutional	16.08.2021
239.	Dr. Bharti, Director (Institute)	Attended a webinar for selection of preliminary work on development of Selected Research Papers on Panchakarma	National	17.08.2021
240.	Dr. Bharti, Director (Institute)	Attended a virtual training on data collection of E-office implementation	National	17.08.2021
241.	Dr. Seema Jain, R.O. (Ay.)	Fastest acting remedy for allergic rhinitis IMMBO	National	17.08.2021
242.	Dr. Shaizi Layeeq, R.O. (Ay.)	Virtual training on data collection for eOffice	National	17.08.2021
243.	Dr. Bharti, Director (Institute), Dr. Seema Jain, R.O. (Ay.), Dr. Kishor Patel, R.O.(Ay.) Dr. Amit,R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Meeting regarding, "Large scale distribution of Ayush Prophylactic medicines and guidelines under Azadi ka Amrut Mahotsava	National	19.08.2021
244.	Dr. Kishor Patel, R.O. (Ay.), Dr. Amit, R.O. (Ay.)	Visit to Bahalgarh, Haryana for physical verification	Institutional	19.08.2021
245.	Ms.Disha Garg, ARO (Physiotherapy)	Sports Psychophysiotherapy, Organized by BCIP, Delhi	National	19.08.2021
246.	Dr. Seema Jain, R.O. (Ay.)	International conference on Tobacco control and Smoking cessation ISCO	International	20.8.2021-21.08.2021
247.	Dr. Reetika Saini, R.O. (Biochem), Dr Ashima Jain, R.O. (Path)	Workshop on Hospital Infection Control organized by MELAP	National	21.08.2021

248.	Dr. Bharti, Director (Institute), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.),	Proposed and planned a Poster Competition for BAMS students on the topic, 'Azadi ke Baad Ayurveda ka Utthan' under *'Azadi Ka Amrut Mahotsava*', a pamphlet has been prepared and shared to the CBPACS & Tibbia college, New Delhi for encouraging BAMS students for participating	National	24.08.2021
249.	All technical Officers	Webinar on Clinical Trials Registry - India (CTRI) hosted by the ICMR-National Institute of Medical Statistics (NIMS)	National	24.08.2021
250.	Dr. Mata Shweta, R.O. (Ay.)	National Webinar on Dravyaguna Vigyana organized Dept. og Dravyaguna Vigyana, Ayurved Mahavidyalaya, Panchavati Nasik	National	24.08.2021
251.	Dr. Kishor Patel, R.O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Virtual Meeting for discussion of queries regarding the project titled Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation Therapy) in healthy adults		24.08.2021
252.	All technical officers	Meeting to discuss the Strategy of distribution of Samshamani vati under Azadi ka Amrut Mahotsav from 30.05.2021 to 05.09.2021	Institutional	25.08.2021
253.	Dr. Kishor Patel, R.O. (Ay.), Dr. Amit, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Meeting regarding the discussion of, "Inauguration schedule under AKAM for distribution campaign."	National	25.08.2021
254.	Dr. Seema Jain, R.O. (Ay.)	Review meeting for the monitoring of ongoing research oriented outreach programmes (AMHCP and RCH)NRIDD,Bhubhaneshwara	National	26.08.2021
255.	Dr.Nandini, R.O. (Ay.)	Attended webinar on skilling of healthcare workers-BRICS	International	27.08.2021
256.	Dr. Sudha Kumari K.G, R.O (Ay)	"Immunity and Ayurveda " by Dr. Gopakumar S, MD, Phd organized by University of Chikago Women's Alliance as a part of a Yoga event	International webinar	28.08.2021

257.	Dr. Sudha Kumari K.G, R.O (Ay)	Webinar on Ayush Intervention on COVID Management Titled "Surviving the Storm through shelter of Ayush" organized by MoAyush and All India Institute of Ayurveda.	National	30.08.2021
258.	Dr. Rajput Shivshankar, R.O. (Ay.), Dr. Mata Shweta, R.O. (Ay.)	National Webinar on PharmacovigilanceAwareness programme on ASU & H drugs organized by Peripheral pharmacovigilance centre, Dr. Sarvepalli Radhak rishna Rajasthan Ayurved University, Jodhpur	National	31.08.2021
259.	Dr.Nandini, R.O. (Ay.)	Webinar attended on refractive errors and it's Ayurvedic management by LAL Bahadur shastri Ayurvedic college bilaspur Haryana	National	01.09.2021
260.	Ms. Disha Garg, ARO, (Physiotherapy)	Conducted daily yoga classes for OPD patients and attendants	Institutional	September,2021
261.	Dr.Sakshi Sharma R.O. (Ay.)	Anchored and attended "Launch of distribution campaign of prophylactic Ayush medicines and Guidelines On Diet and Lifestyle with Special Focus on Geriatric Population at Central Councils Common Building Complex at Janakpuri, New Delhi.	National	02.09.2021
262.	Dr. Bharti, Director Institute	Inaugration of Azadi ka Amrut Mahotsava under the chairmanship of Dr. R.K Manchanda, Director, Directorate of AYUSH, NCT, Delhi	Institutional	02.09.2021
263.	All Technical officers	Online program of inauguration of National Campaign for distribution of prophylactic medicine free of cost under "AzadiKaAmrutMahotsava" by SarbanandaSonowal, Hon'ble Union Minister for AYUSH and Ports, Shipping & Waterways & Dr. Munjpara Mahendrabhai Kalubhai, Hon'ble Union Minister of State for AYUSH and Women & Child Development at CCRAS, Hqtrs and by Dr. R.K. Manchanda. Director. Directorate of AYUSH. Govt. of NCT of Delhi at Central Ayurveda Research Institute, Punjabi Bagh.	National	02.09.2021

264.	Dr. Seema Jain R.O. (Ay.) Dr.Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)	Participated in "Large scale distribution of AyushProphlctic medicines(ShanshamniVati) and guidelines under Azadi ka Amrut Mahotsava	National	01.09.2021 To 05.09.2021
265.	Dr. Bharti, Director Institute Dr.Shweta Chaudhary, R.O (Ay) Dr. Sudhakumari K.G, R.O (Ay)	Meeting with DDO at Hqtrs regarding the finalization of Insurance deal in Ayush M3 – Migraine project	Institutional	03.09.2021
266.	Dr. Bharti, Director Institute Dr. Sudhakumari K.G, R.O (Ay)	Meeting with Medical Superintendent of ABVIMS & Dr. RML Hospitalregarding provision of extra space in ATC at RML Hospital.	Institutional	04.09.2021
267.	Dr. Bharti, Director Institute Dr.Shaizi Layeeq, R.O. (Ay.) Dr.Shweta Chaudhary, R.O (Ay)	Organized Poster completion on "Azadi ke Baad Ayurveda ka Utthan" for BAMS students at CBPACS & A&U Tibbia College under Azadi ka Amrut Mahotsava	National	05.09.2021
268.	Dr.Sakshi Sharma, R.O. (Ay.)	Delivered Lecture on the Importance Of Nutrition in day to day life for health & immunity at CARI Punjabi bagh, New delhi.	Institute level	06.09.2021
269.	Dr. Bharti, Director Institute Dr.Sakshi Sharma, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Chaudhary, R.O.(Ay)	Attended video conferencing meeting for Discussion on strategy for celebrating Poshan Maah.	Institute level	06.09.2021

270.	Dr. Bharti, Director Institute Dr.Sakshi Sharma, R.O. (Ay.) Dr. Seema Jain, R.O. (Ay.) Dr.Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)	Review meeting on distribution campaign of Ayush Prophylactic medicine	National	06.09.2021
271.	Dr.Sakshi Sharma, R.O. (Ay.)	Recorded for DD Kisan channel for Medicinal Plant based Program.	National	06.09.2021
272.	Dr. Bharti, Director Institute Dr.Sakshi Sharma, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.) Dr.Shweta Chaudhary, R.O. (Ay.)	Plantation of nutrition plants like Tulsi, Amrood, Aanar, Tamatar etc was done as a part of activities of Poshana Maah, Swami Sivananda Memorial Institute, East Punjabi Bagh, New Delhi, M.D.S.C. Pratibha Balika Vidhyalay, Punjabi Bagh, New Delhi and Rajakiya Uttar Madhyamik Bala Vidhyalay No.1, Punjabi Bagh, New Delhi	National	07.09.2021
273.	All technical officers	Attended National webinar on "Importance of Poshan Vatika/Nutrigarden in Alleviation of Malnutrition"	National	07.09.2021
274.	Dr. Bharti, Director Institute Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Meeting regarding testimonials required for HSSC Annual Report 2021	National	08.09.2021.
275.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended meeting as a sub- committee member under CSIR-Ayush through video conferencing.	National	08.09.2021

276.	Dr. Bharti, Director Institute	Given lecture to OPD patients and attendants on the topic, 'Importance of poshan (nutrition for women & children) and Poshak Ahar Recipes' under Poshan Maah	Institute	09.09.2021
277.	Dr.Sakshi Sharma, R.O. (Ay.)	Invited as a resource person for CME at Dayanand Ayurvedic College, Jalandhar.	National	09.09.2021
278.	Dr. Sudhakumari K.G, R.O (Ay)	Webinar on "Ayurveda Management of Post Covid problems-Clinical Experiences" by Dr. C.M Srikrishnan, organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	09.09.2021
279.	Dr Nandini, R.O. (Ay.)	Attended webinar on shalakyatantra update by RAPC Worli Mumbai	National	09.09.2021
280.	Dr. Kishor Patel, R.O. (Ay.)	Given lecture to OPD patients and attendants on the topic, 'Importance of Nutrition in Infant/Neonate/Children'.	Institute	10.09.2021
281.	Dr.Nandini, R.O. (Ay.)	Attended webinar on practice based clinical experience in shalakyatantra disorders by L.N. Ayurvedic college, Bhopal	National	11.9.2021
282.	Ms. Disha Garg, ARO(Physiotherapy)	"Tele- rehabilitation: An opportunity in physiotherapy for the post COVID world.	National	11.09.2021
283.	Ms. Disha Garg, ARO(Physiotherapy)	Psychological strategies in improving the performance of athletes in post COVID sports training	National	12.09.2021
284.	Dr. Shweta Chaudhary, R.O. (Ay.)	Given lecture to OPD patients and attendants on the topic, 'Matravat Ahara Sevan'.	Institute	13.09.2021
285.	Dr. Bharti, Director Institute	Visit of Audit team at CARI, New Delhi	Institute	13.09.2021 & 15.09.2021
286.	Dr.Sakshi Sharma, R.O. (Ay.)	Attended meeting as a sub- committee member under CSIR-Ayush through video conferencing.	National	13.09.2021
287.	Dr. Bharti, Director Institute	Inaugration of Hindi Pakhwada	National	14.09.2021to 28.09.2021

288.	Dr.Sakshi Sharma, R.O. (Ay.)	Delivered Lecture on 'Importance of nutrition in women' under Poshan Maah at CARI Punjabi bagh, New delhi.	Institute level	14.09.2021
289.	Dr.Sakshi Sharma, R.O. (Ay.)	Anchored and attended inauguration of Hindi Pakhvada at Rashtriya Ayurved Vidhypeeth inaugurated by Prof Rakesh Sinha, M.P Rajyashabha.	RAV	14.09.2021
290.	Dr.Sakshi Sharma, R.O. (Ay.)	Organized 'हिन्दी पखवाड़ा'as Hindi Adhikari, at CARI Punjabi bagh, New delhi.	Institute level	14.09.2021 to 28.09.2021
291.	All technical Officers	Participated in Hindi Karyashala	National	14.09.2021to 28.09.2021
292.	Dr. Seema Jain, R.O. (Ay.)	Given lecture on Ahar vidhi visheshayatan during Poshan mah celebration	Institute	15.09.2021
293.	Dr. Seema Jain, R.O. (Ay.)	A decade of soulful healing: "Clinical management of tough skin diseses"	National	15.09.2021
294.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha kumari K.G, R.O (Ay.)	Webinar on "Concept of Poshan Vatika & its relevance" by Dr. JLN Shastry, organized by Rashtriya Ayurveda Vidyapeeth as a part of "National Nutrition Month – PoshanMaah	National	15.09.2021
295.	Dr. Sudhakumari K.G, R.O (Ay)	"ArogyaSangoshthi" Webinar for AyushPractioners and students –IX organized by NamoGange trust on the topic "Role of Integrative Medicine in Treating Diseases" by Dr. P. Raj Gupta.	International Webinar	15.09.2021
296.	Dr. Amit, R.O. (Ay.)	Given lecture to OPD patients & attendants on the topic 'Concept of Poshan (Nutrition) in view of Ayurveda'	Institute	16.09.2021
297.	Dr. Seema Jain, R.O. (Ay.)	Panchakarma ka nidan –chikitsa avastha UNDER Gyan ganga –a knowledge voyage	National	16.09.2021
298.	Dr. Seema Jain, R.O. (Ay.)	Attended training program on methods of documentation of LHT and etheno medical practices	National	16.09.2021
299.	Dr. Nandini, R.O. (Ay.)	Attended JAIM club webinar	National	17.09.2021
300.	Dr. Seema Jain, R.O. (Ay.)	Given lecture to OPD patients & attendants on the topic 'Importance of nutrition in Pregnant & Lactating Women'	Institute	17.09.2021

301.	Dr. Sakshi Sharma, R.O. (Ay.)	Anchored and attended as moderator Programme of Visit of Hon'ble Minister of Ayush and Ports, Shipping & Waterways to the Central Councils Common Building Complex at Janakpuri, New Delhi.	CCRAS	18.09.2021
302.	Dr. Seema Jain, R.O. (Ay.)	Interactive session on ayurvedic medicines and manufacturing units	National	18.09.2021
303.	Dr Nandini, R.O. (Ay.)	Delivered lecture on nutrition in children in poshan maah	Institute	18.9.2021
304.	Ms. Disha Garg, ARO(Physiotherapy)	Dimensions of sacroiliac joint dysfunction, Organized by IAP India	National	18.9.2021
305.	Dr. Bharti, Director Institute	Meeting at Central Information Commission, Munirka regarding appeal of one RTI	Institute level	20.09.2021
306.	Dr. Seema Jain, R.O. (Ay.)	Visit to IIT, ND for monitoring of progress of Automation of Basti project.	National	20.09.2021
307.	Dr. Rajput Shivshankar, R.O. (Ay.)	Participated in Hindi Nibandha lekhana on occasion to Hindi Pakhwada at CARI.	Institutional	20.09.2021
308.	Dr. Bharti, Director Institute	Given lecture to OPD patients & attendants on the topic 'Importance of Poshana (Nutrition for Women & Children) and Poshak Ahar Recipes	Institute	21.09.2021
309.	Dr. Bharti, Director Institute Dr. Amit, R.O. (Ay.) Dr. Kishor Patel, R.O. Ay.)	Meeting with collaborating institutes for the discussion of project entitled, "Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal studyat ILBS, VasantKunj, New Delhi	National	21.09.2021
310.	Dr. Seema Jain, R.O. (Ay.)	Virtual meeting (VC) on"Distribution campaign of Prophylactic Ayush medicines and Guidelines on diet and lifestyle with special focus on geriatric population under Azadi ka Amrit Mahotsav- India@75"	National	21.09.2021
311.	Dr. Sudhakumari K.G, R.O (Ay.)	Meeting with Dr. Srivastav, HOD, Department of Psychiatry, regarding follow-up of request regarding provision of extra space in ATC at RML Hospital.	Institute	21.09.2021

312.	Dr. Shweta Chaudhary, R.O. (Ay.)	Given lecture to OPD patients & attendants on the topic 'Importance of nutrition in women and children'	Institute	22.09.2021
313.	Dr. Seema Jain, R.O (Ay.)	Review meeting of SCSP project	National	22.09.2021
314.	Dr.Sakshi Sharma, R.O (Ay.) Dr. Kishor Patel, R.O (Ay.)	Imparted Hands on training for Prakriti Analysis to Ayurvedic doctors/physicians & research associate at CARI, which is essentially required to conduct Prakriti Analysis under a recently initiated clinical trial on Ayurvedic product (SDA-217) in treatment of chronic insomnia sponsored by ICMR.	National	22.09.2021
315.	Dr. Shweta Chaudhary, R.O. (Ay.)	Given lecture to OPD patients & attendants on the topic 'Importance of nutrition in adolescent girls	Institute	23.09.2021
316.	Dr. Seema Jain, R.O. (Ay.)	UNDER Gyan ganga –a knowledge voyage "Live demonstration of tooth extraction by the procedure of jalandhar bandha"	National	23.09.2021
317.	Dr. Seema Jain, R.O. (Ay.)	UNDER National nutrition month-Poshana maah –"Yoga an effective tool for promoting health of lactating mother and children"	National	24.09.2021
318.	Dr.Sakshi Sharma, R.O. (Ay.)	Delivered Lecture on Swarnprashan, Annprashan and Phalprashan Sanskar in Infant/ neonate to the OPD patients at CARI Punjabi bagh, New delhi.	Institute	24.09.2021
319.	Dr. Bharti, Director Institute Dr. Shweta Chaudhary, R.O. (Ay.)	Distribution of Nutritious food(Payasam) and fruits(Apple & Banana) for women and girls at Nirmal Chhaya Complex under Poshan Maah celebration 2021(National Nutrition Mission)	Institute level	25.09.2021
320.	Dr. Sakshi Sharma, R.O. (Ay.)	Invited as Chairperson in 6th Scientific Session in International Conference of AYURYOGA Expo at Greater Noida.	National	25.09.2021
321.	Dr Nandini, R.O. (Ay.)	Exhibition and consultation done in state arogya fair at India expo center and mart greater Noida UP	National	25.09.2021 to 27.09.2021

322.	Dr. Bharti, Director Institute Dr.Sakshi Sharma, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.) Ms. Disha Garg, ARO(Physiotherapy)	Distribution of Nutritious food (Mishti Doi and Oranges) at CARI,New Delhi	Institute level	27.09.2021-28.09.2021
323.	Dr.Sakshi Sharma, R.O. (Ay.)	Delivered Lecture on 'Rules of eating as per Ayurveda' to the OPD patients and their Attendants at CARI Punjabi bagh, New delhi.	Institute	28.09.2021
324.	Dr.Sakshi Sharma, R.O. (Ay.)	Organized Hindi Karyashala on the topic 'संघ की राजभाषा नीति एवं उसका कार्यान्वयन' as Hindi Adhikari.	Institute	28.09.2021
325.	All technical officers	Attended Hindi Karyashala on the topic 'संघ की राजभाषा नीति एवं उसका कार्यान्वयन'	Institute	28.09.2021
326.	Dr Nandini, R.O. (Ay.)	Attended webinar on update shalakyatantra by SMBT Ayurvedic College, Nashik	International	28.09.2021
327.	Dr. Bharti, Director Institute Dr. Kishor Patel, R.O. (Ay.) Dr. Shweta Chaudhary, R.O.(Ay)	Participated in technical group meeting 1 (cardiovascular diseases related research including hypertension	National	29.09.2021
328.	Dr. Shweta Chaudhary, R.O.(Ay)	Participated in 1st focused group meeting (GIT related research including hypertension)	National	29.09.2021
329.	Dr. Seema Jain, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in Ist focused group meeting on Panchkarma related research	National	29.09.2021

330.	Dr. Bharti, Director Institute Dr. Amit, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Kishor Patel, R.O. (Ay.)	Meeting with collaborating institutes for the discussion of project entitled,"Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study"	National	29.09.2021
331.	Dr. Sudhakumari K.G, R.O. (Ay.)	Webinar on "COVID -19 Prevention through Ayurveda"organized by National Ayurveda Research Institute for Panchakarma, Cheruthuruthi in connection with Azadi ka AmrutMahotsav	National	29.09.2021
332.	Dr. Sudhakumari K.G, R.O. (Ay.) Dr Nandini, R.O. (Ay.)	Webinar on Salakya Tantra organized by Ayush Darpan Foundation, Dehradun, (Talk by Vd. K.S. Dhiman on "Shalakya Tantra in General Practice" and vd. Kunjal H. Bhat on Therapeutic Procedures in ShalakyaTantra") in connection with Azadi ka Amrut Mahotsav and National Ayurveda Day.	National	29.09.2021
333.	Dr Nandini, R.O. (Ay.)	Attended webinar on cardiovascular health through ayurveda by ITRA,Jamnagar	National	29.09.2021
334.	Dr Nandini, R.O. (Ay.)	Attended webinar on covid 19 prevention through ayurveda by NARIP, Cheruthuruthy	National	29.09.2021
335.	Dr Reetika Saini, R.O. (Biochem) Dr Ashima Jain, R.O. (Path.)	Introductory meeting of Focused group on Research in Pathology and Biochemistry via VC	National	29.09.2021
336.	Dr.Sakshi Sharma, R.O. (Ay.)	Nominated as sub-committee member for monitoring and verification of data of Ayush CSIR study at Medanta Hospital, Gurugram.	National	29.09.2021 30.09.2021
337.	Dr. Seema Jain, R.O. (Ay.)	UNDER Gyan ganga –a knowledge voyage Ayurvedic treat ment for Dermal Disorder	National	30.09.2021
338.	Dr. Mata Shweta, R.O. (Ay.), Dr Nandini, R.O. (Ay.)	Attended Shalakya core group meeting	National	30.09.2021

339.	Dr. Sudhakumari K.G, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Online meeting of CCRAS Mental Health Research Focus Group	Institutional	30.09.2021
340.	Dr. Kishor Patel, R.O. (Ay.)	Given lecture to OPD patients and attendants on the topic, 'Asthaahar Vidhi Visheshayatan'.	Institute	30.09.2021
341.	Dr.Nandini, R.O. (Ay.)	Attended clinical applications of kriyakalpa shalakya disorders in DY Patil college Nerul Navi Mumbai	National	September 2021
342.	Dr.Shweta Chaudhary, R.O. (Ay.)	Attended "Hridayavlokan" a National webinar on Cardiac Investigative Procedures	National	29.09.2021-30.09.2021
343.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended "Hridayavlokan" a National webinar on Cardiac Investigative Procedures	National	04.10.2021 & 05.10.2021
344.	Dr. Seema Jain, R.O..(Ay.) Dr. Sudha Kumari K.G, R.O (Ay)	Webinar on "Cancerous wound healing with Ayurveda" by Dr. Akhilesh Bhargava organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	07.10.2021
345.	Dr. Shweta Chaudhary, R.O (Ay.)	Attended Late Prof. Madhavsinh Baghel Memorial Lecture series on Nadi Pariksha Confirmation	National	07.10.2021 & 08.10.2021
346.	Dr. Bharti, Director (Institute)	Attended IEC meeting for PhD thesis of Dr. Deepa Makhija on Amavata	Institute Level	08.10.2021
347.	Dr. Bharti, Director (Institute), Dr. Seema Jain, R.O.(Ay.), Dr. Kishor Patel, R.O. (Ay.) Dr. Amit R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Virtual meeting (VC) scheduled on 08th October, 2021, at 2:00 PM for providing training for submission of data in Google forms for the yearlong activity of "Distribution Campaign of Prophylactic Ayush medicines and Guidelines on diet and lifestyle with special focus on geriatric population under Azadi ka Amrit Mahotsav.	National	08.10.2021

348.	Dr. Kishor Patel, R.O (Ay.) Dr. Amit, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.)	Done Observer duty for the examination of MTS	National	10.10.2021
349.	Ms. Disha Garg, ARO (Physio)	"Treating low back pain better through controlling the uncontrolled movements" Organized by IAP India	National	10.10.2021
350.	Dr. Amit R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Meeting with collaborating institutes for the discussion of initiation of the project entitled, "Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study	National	11.10.2021
351.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Meeting with HOD Psychiatry, Dr Srivbastav of ABVIMS & Dr. RML Hospital regarding provision of extra space in ATC at RML Hospital.	Institutional	12.10.2021
352.	Dr. Shweta Chaudhary R.O. (Ay.)	National webinar on Sandhivata (Osteoarthritis) by Jupiter Ayurved Medical College, Nagpur	National	12.10.2021
353.	Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Role of Ksharasutra in the Management of Complex Fistula- A Histopathological study" organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	14.10.2021
354.	Dr.Kishor Patel, R.O. (Ay.), Dr. Amit, R.O. (Ay.)	Actively participated by giving lectures & various other activities in Swachhta Pakhwada celebrated in the institute.	National	16.10.2021 to 31.10.2021
355.	Ms. Disha Garg, ARO (Physio)	Stroke- Time is brain. Recognise-Respond, Organized by IAP India	National	16.10.2021
356.	Dr. Amit R.O. (Ay.)	Actively participated and delivered lectures to the OPD patients of CARI, New Delhi on "Ayurveda for Nutrition" under Azadi ka Amrit Mahotsava.	National	18.10.2021 onwards
357.	All Technical Officers	Attended a meeting regarding discussion of 6th Ayurveda Day	National	18.10.2021

358.	Dr.Kishor Patel, R.O. (Ay.)	Delivered a public lecture on account of 6th Ayurveda Day celebration under Azadi Ka Amrut Mohatasav.	National	20.10.2021
359.	Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Traditional Management of Gridhrasi" by Vd. V. Sreekumar organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	21.10.2021
360.	Dr. Bharti, Director (Institute), Dr Reetika Saini, R.O. (Biochem), Dr. Ashima Jain, R.O. (Path)	Attended meeting of Focused Group on Research in CVDs	National	22.10.2021
361.	Dr. Seema Jain, R.O.(Ay.)	Delivered a lecture on 6th Ayurveda Day celebration "Medicinal value of spices available in kitchen"	National	22.10.2021
362.	Dr.Kishor Patel, R.O.(Ay.)	Delivered a public lecture on account of 6th Ayurveda Day celebration under Azadi Ka Amrut Mohatasav.	National	25.10.2021
363.	Dr. Bharti, Director (Institute) Dr. Seema Jain, R.O.(Ay.) Dr. Shaizi Layeeq, R.O.(Ay.)	Conducted IEC meeting for "Clinical Evaluation of efficacy of Ashwagandha on QOL in Geriatric population" under SCSP	Institute level	25.10.2021
364.	All Technical Officers	Inauguration of Vigilance Awareness week & oath taking and A guest Lecture by Sh.Rajiv Verma.	Institutional	26.10.2021
365.	Dr. Shweta Chaudhary R.O. (Ay.)	Public lecture on the topic, '***Importance of Amalaki as described in Ayurveda***' has been given to the OPD patients at CARI, New Delhi	Institute Level	27.10.2021
366.	All Technical Officers	Web lecture on "PIDPI – Public Interest Disclosure and Protection of Informer's Resolution" organized by MoAyush as a part of Vigilance Awareness Week celebration – 2021	National	27.10.2021

367.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Online seminar on "Publication of Research Papers: Exploring the Gaps" conducted by CCRH at Ayush Auditorium at Janakpuri	National	27.10.2021
368.	Dr. Bharti, Director (Institute) Dr. Sudha Kumari K.G, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Meeting at Hqtrs regarding "Creation of a department of integrated medicine in the Central Government Hospitals" along with Director Institute, CARI	Institutional	28.10.2021
369.	Dr. Seema Jain, R.O.(Ay.)	Attended Review meeting of AMHCP under SCSP	National	28.10.2021
370.	Dr Reetika Saini, R.O. (Biochem), Dr. Ashima Jain, R.O. (Path)	Organized poster competition in SSD Saraswati Bal Mandir for middle school students as a part of Ayurveda Day celebration	Institutional	28.10.2021
371.	Dr. Seema Jain, R.O.(Ay.)	UNDER Gyan ganga –a knowledge voyage "Shotha roga –Ekanga Shoth (DVT) org by RAV	National	28.10.2021
372.	All Technical Officers	Shishyopanayan Sanskara of new batch of Panchakarma Training Course	Institute Level	29.10.2021
373.	Dr. Shweta Chaudhary, R.O. (Ay.)	Public lecture on the topic, '***Day to day nutrition as per Ayurveda***' has been given to the OPD patients at CARI, New Delhi	Institute Level	29.10.2021
374.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Ayurved ke Anusar Poshan Ahaar organized by Regional Ayurveda Research Institute, Jaipur, MoAyush,	National	30.10. 2021
375.	Dr Reetika Saini, R.O. (Biochem), Dr. Ashima Jain, R.O. (Path)	Organized a talk on vigilance for class 9th students of Sarvodaya Kanya Vidyalaya No.2, Punjabi Bagh as a part of Vigilance Week Awareness celebration	Institutional	30.10.2021
376.	Dr. Shaizi Layeeq, R.O. (Ay.)	Public lecture on the topic, '***Day to day nutrition as per Ayurveda***' has been given to the OPD patients at CARI, New Delhi	Institute Level	30.10.2021

377.	Dr. Seema Jain, R.O.(Ay.)	Delivered a lecture at Sarvodaya Kanya Vidhyalaya during vigilance awareness week 21 on "***SATYANISHTHA SE AATMNIRBHARTA***"	National	30.10.2021
378.	Dr. Seema Jain, R.O.(Ay.)	International webinar on "Women's health'	International	31.10.2021
379.	Dr.Karthika A P, R.O.(Ay.)	Certificate course on Marma Chikitsa organized by NARIP, Cheruturuthi, Kerala	National	20.10.2021-18.11.2021
380.	All technical officers	Closing and prize distribution ceremony of Vigilance Awareness Week	Institutional	01.11.2021
381.	All technical officers	Attended programmes of "Dhanwantari Jayanti" at CARI, Punjabi Bagh.	Institute level	02.11.2021
382.	Dr. Sakshi Sharma R.O, (Ay.), Dr. Nandini, R.O.(Ay.) Ms. Astha Dawar, Clinical Psychologist	Coordinated and organized a food festival inaugurated by Prof. Rakesh Sinha Hon'ble member parliament Rajyasabha on the occasion of Dhanwantri Day celebration.	Institute level	02.11.2021
383.	Dr. Seema Jain, R.O. (Ay.)	Organized a NUKKAD Natak on 6^{TH} ayurveda day celebration CARI,NDas Scrip writer and director of Nukkad Natak	National	02.11.2021
384.	Dr. Amit, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Attended a meeting for discussion on final Examination of PTC-2020-21	National	03.11.2021
385.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Meeting with Medical Superintendent Dr. A.K Rana and HOD Psychiatry, Dr Srivastav of ABVIMS & Dr. RML Hospital regarding provision of extra space in ATC at RML Hospital.	Institutional	08.11.2021
386.	Dr. Amit, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Attended a meeting for discussion on final Examination of PTC-2020-21	National	09.11.2021

387.	Dr. Bharti, Director, CARI Dr. Sudha Kumari K.G, R.O. (Ay.)	Meeting to discuss the Creation of new Department of Integrated Medicine in Central Govt Hospitals and on the draft MOU between MoAyush and Dte. DHS, MoHFW in the conference hall 445- A of DGHS office, Nirman Bhavan under the chairmanship of DGHS.	Institutional	09.11.2021
388.	Dr. Seema Jain, R.O. (Ay.) Dr. Amit, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Attended 2nd meeting of Panchakarma Research related focused group	National	10.11.2021
389.	Dr. Bharti, Director (Institute), Dr. Amit, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Kishor Patel, R.O. (Ay.)	Attended a meeting on Virechana Project with AIIA & ILBS	National	10.11.2021
390.	Dr. Bharti, Director, CARI, Dr. Rajput Shivshankar, R.O. (Ay.)	Attended the visitation team from DGHS, SJH for space availability in Safdarjung Hospital for creation of Department of integrated Medicine in Central Government Hospitals.	Institutional	10.11.2021
391.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended AYUSH SAMRIDDHI – International Webinar on "Ayush for Best Mental Health Care" organized by Independent Research Ethics Society" on the occasion of World Mental Health Day	International	10.11.2021
392.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended KALPAM TALKS- Webinar on "Concept of auto immunity and its management through Ayurveda" by Dr. L. Mahadevan hosted by Kerala Ayurveda Research and Foundation initiated by Kerala Ayurveda Ltd.	National	10.11.2021

393.	Dr. Seema Jain, R.O.(Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Common Medicines Prescribed in Amavata and their Critical Interpretation" by Vd. Narayan Chandra Dash organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	11.11.2021
394.	Dr. Sakshi Sharma R.O. (Ay.)	***As invited resource person*** delivered a lecture on the subject "***Directives of Ayurveda in healthy ageing****"* in Ayurveda Parv, at Shri Dhanwantry Ayurvedic College & hospital, sector 46-B, Chandigarh	National	13.11.2021
395.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended "AYURVEDIC BIOLOGY" an online interaction with Padma Vibhushan Dr. M.S Valiathan organized by AYUSH CENTRE Of EXCELLENCE, Savitribai Phule Pune Unuversity and Journal Of Ayurveda and Integrative Medicine.	National	13.11.2021
396.	Ms. Astha Dawar, Clinical Psychologist	Presented lecture on 'Understanding Clinical Depression	Institutional	16.11.2021
397.	All Technical Officers	Attended Seminar on 'Understanding Clinical Depression' presented by Ms. Astha Dawar, ARO(Clinical Psychology)	Institutional	16.11.2021
398.	Dr. Sudha Kumari K.G, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)	Attended Webinar on "Ayurvedic Principles and Personalizes Medicine – Infections Inflammation and COVID 19" by Dr. Pratibha P. Nair, organized by National AyurvedaResearch Institute for Panchakarma, Cheruthuruthy in connection with Azadi Ka Amrut Mahotsav.	National	16.11.2021
399.	Dr. Seema Jain, R.O.(Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Vatarakta –A Critical Viepoint" by Vd. Ravindra Vatsyayan organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	18.11.2021
400.	Dr. Seema Jain, R.O. (Ay.)	Post covid complications management – experiences from managing 420000= Covid -19 cases Sitaram Ayurveda Research foundation	National	21.11.2021

401.	Dr. Seema Jain, R.O. (Ay.)	Online Training Programme on Creativity in Innovation Management Research from 22-26 Nov,. ICSE,Hyderabad sponsored by Ministry of Science & Technology, Govt of India	National	22-26.1120.21
402.	Dr. Sakshi Sharma R.O. (Ay.)	Attended *virtual DSMB meeting* for appraisal of the collaborative project pre-HTN a double blind study between pharmacology department of AIIMS and CCRAS and presented the project Protocol.	Intra-Institutional	23.11.2021
403.	Dr.Bharti, Director, CARI, Dr. Karthika, R.O.(Ay.)	Visit of Sh.Sarbanand Sonowal, Minister of Ports, Shipping and Waterways and Minister of AYUSH in the Government of India at IITF, Pragati Maidan, New Delhi	National	23.11.2021
404.	Dr. Bharti, Director, CARI	Presented Ministry's Achievements in the management of COVID-19 pandemic in 5th World Congress on Disaster Management at IIT, New Delhi	National	24.11.2021
405.	Dr. Seema Jain, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Poshan bodhini"Importance of Nutrition in children" NARIP, Cheruthuruthy	National	24.11.2021
406.	Dr. Rajput Shivshankar, R.O. (Ay.)	Virtual Meeting attended for Focus group of RCH and shared my view towards research scope in gynecology disorders.	Institutional	24.11.2021
407.	Dr. Karthika AP, R.O.(Ay.)	Attended focus group meeting on "Reproductive & Child Health" related research	National	24.11.2021
408.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Ayurvedic Understanding and Management Approach in Autism Sprectrum Disorders" by Vd.M. Prasad organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	25.11.2021
409.	Dr. Sakshi Sharma R.O. (Ay.)	Received *Award of Honour* as a Researcher, Physician and Academician from Akhil Bhartiya Ayurved Mahasammelan at Ayurveda parv inaugurated by hon'ble minister of state Ayush Dr. Munjpara Mahendrabhai.	National	26.11.2021

410.	Dr.Shaizi Layeeq, R.O. (Ay.)	Given free consultation to the visitors at Ayurveda Parv	National	26.11.2021
411.	Dr. Sakshi Sharma R.O. (Ay.)	*Attended scientific session* on nutrition as *Invited resource person* on the occasion of Ayurveda parv organized by All India Ayurvedic Congress in Constitution club, Rafi Marg, New Delhi.	National	27.11.2021
412.	Dr. Shweta Chaudhary, R.O.(Ay.), Dr. Amit, R.O.(Ay.)	Given free consultation to the visitors at Ayurveda Parv	National	27.11.2021
413.	Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O (Ay)	Attended talk on the topic "Sleep & Sleep Disorders – Ayurvrvedic Perspective" by Dr. Srikant, DG, CCRAS in the webinar "Ubuntu : International Sleep Conference 2021"organized by Africa Study Centre and Sukhayu Wellness Centre.	International	28.11.2021
414.	Dr. Reetika Saini, R.O. (Biochem) Dr. Ashima Jain, R.O. (Path)	Attended Presentation and Demonstration of Portable Diagnostic Mobile Lab at CCRAS headquarters	National	29.11.2021
415.	Dr. Seema Jain, R.O. (Ay.)	Attended review meeting of AMHCP, 2021	National	29.11.2021
416.	Dr. Rajput Shivshankar, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Virtual Meeting attended for Focus group for mental health and discussed protocol article submitted by Dr. Pratibha and shared my view.	National	30.11.2021
417.	Dr. Bharti, Director (Inst.) Dr. Seema Jain, R.O.(Ay.) Dr. Shaizi Layeeq, R.O.(Ay.) Dr. Amit, R.O.(Ay.)	Attended VC meeting to review the yearlong activity of "Distribution campaign of Prophylactic Ayush medicines and Guidelines on diet and lifestyle with special focus on geriatric population under Azadi ka Amrit Mahotsav- India@75 org by CCRAS Hqs	National	01.12.2021

418.	Dr. Bharti, Director(Inst.) Dr. Sakshi Sharma, R.O.(Ay.) Dr. Reetika Saini R.O. (Biochem) Dr. Ashima Jain R.O.(Path)	Attended virtual meeting of Focused Group for Cardiovascular Diseases related research including Hypertension as a member of CVDs group.	National Level	01.12.2021
419.	Dr. Amit, R.O.(Ay)	Given lecture to the OPD patients of CARI, New Delhi under the activity, 'Programs on age related promotion of health through Ayurveda Ahara' under Azadi ka Amrit Mahotsava.	National	01.12.2021
420.	Dr. Sakshi Sharma, R.O.(Ay.)	विभागीय राजभाषा कार्यान्वयन समिति की बैठक में सदस्य सचिव के रूप में भागलिया	Institute Level	02.12.2021
421.	All technical officers	Attended विभागीय राजभाषा कार्यान्वयन समिति की बैठक	Institute Level	02.12.2021
422.	Dr. Amit, R.O.(Ay.) Dr. Shaizi Layeeq, R.O.(Ay.)	Organized Panchkarma Technician Course 2020-21 examination	Institute level	02.12.2021
423.	Dr. Seema Jain, R.O.(Ay.) Dr. Sudha Kumari K.G, R.O.(Ay.)	Webinar on "Viruddha Ahara- The Clinical Review" by Vd. B. Prabhakaran organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	02.12.2021
424.	All technical officers	Participated in Webinar on "जरावस्था के सन्दर्भ विशेष में आयुष्य का मीय आहार" by Prof. Mangla Gauri organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	03.12.2021
425.	Dr.Nandini, R.O.(Ay)	Webinar attended on update shalakyatantra NIA Jaipur	International	03.12.2021

426.	Dr. Sakshi Sharma, R.O.(Ay.)- Coordinator Dr. Shweta Mata, R.O.(Ay.)- Co-Coordinator	Organized a webinar on the topic ' जरावस्था के सन्दर्भ विशेष में आयुष्य का मीय आहार''at CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations.	Institute level	.03.122021
427.	Dr. Seema Jain, R.O.(Ay.)	Ayurveda for Poshan organized by RARI, Itanagar	National	04.12.2021
428.	Dr. Seema Jain, R.O.(Ay.)	Role of classical vegetables of ayurveda in the prevention and management of life style disorder organized by CARI,KOLKATA	National	04.12.2021
429.	Dr. Seema Jain, R.O.(Ay.)	Ayurveda for Poshan-WOMEN Health organized by RARI,Jammu	National	04.12.2021
430.	Dr. Seema Jain, R.O.(Ay.)	Poshan abhiyan and kuposhana organized by RARI, Patna	National	06.12.2021
431.	Dr. Amit, R.O.(Ay.)	Given lecture to the OPD patients of CARI, New Delhi on 'Pathya Apathya in Kasa Roga as per Ayurveda' under Azadi ka Amrit Mahotsava.	National	06.12.2021
432.	Dr. Sakshi Sharma, R.O.(Ay.)- Coordinator Dr. Shweta Mata, R.O.(Ay.)- Co-Coordinator	Moderated and coordinated a webinar series on Ayurveda for Nutrition on the Topic – Nutrition through Ayurveda (Concept to Clinic)	Institute level	08.12.2021
433.	Dr. Amit, R.O.(Ay.)	Given lecture to the OPD patients of CARI, New Delhi under the activity, 'Programs on age related promotion of health through Ayurveda Ahara' under Azadi ka Amrit Mahotsava.	National	08.12.2021
434.	All technical officers	Participated in webinar on Nutrition through Ayurveda (Concept to Clinic)by Dr Bharat Padhar organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	08.12.2021
435.	Dr. Shweta Chaudhary, R.O. (Ay.)	Public lecture on "Benefits of Guduchi"	Institute level	09.12.2021

436.	Dr. Seema Jain, R.O.(Ay.)	Aharoumahabhaishajyam organized by RARI, Lucknow	National	09.12.2021
437.	Dr. Seema Jain, R.O.(Ay.)	UNDER Gyan ganga –a knowledge voyage "significance of Ayurveda Ahara" organized by RAV, Delhi	National	09.12.2021
438.	Dr. Seema Jain, R.O.(Ay.) Dr. Shaizi Layeeq R.O.(Ay.) Dr. Reetika Saini, R.O.(Biochem) Dr. Ashima Jain, R.O.(Path)	Attended meeting regarding user charges at CARI under the chairmanship of Director, CARI	Institute	09.12.2021
439.	Dr. Shaizi Layeeq, R.O.(Ay.) Dr. Sudha Kumari, R.O. (Ay.)	Conducted Quiz competition under 6th Ayurveda Day celebrations at Prakash Institute of Ayurvedic Medical Sciences & Research, Jhajhar	Institute	10.12.2021
440.	Dr. Bharti, Director (Institute), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.)	Attended a VC meeting regarding Development of Ayush Foods/ Ayush Aahar through Research & Development and their branding & popularization organized by CCRAS, hqrs	National	10.12.2021
441.	Dr. Sakshi Sharma, R.O.(Ay.)	Organized exhibition at Prakash Institute of Ayurvedic medical Sciences and Research, Jhajjar, Rabupura Road, Noida as a part of the 6th Ayurveda Day Celebration.	Institutional	10.12.2021
442.	Dr. Sudha Kumari KG, R.O.(Ay.)	Organized Quiz at Prakash Institute of Ayurvedic medical Sciences and Research, Jhajjar, Rabupura Road, Noida as a part of the 6th Ayurveda Day Celebration.	Institutional	10.12.2021

443.	Dr. Seema Jain, R.O. (Ay.), Reetika Saini R.O.(Biochem)	Organized an Essay competition as part of 6th Ayurveda Day celebration at Prakash Institute of Ayurvedic Medical Sciences and Research, Jhajhar, Rabupura road, NOIDA	Institutional	10.12.2021
444.	Dr. Seema Jain, R.O. (Ay.), Reetika Saini R.O.(Biochem)	Organised poster competition as part of 6th Ayurveda Day celebration at Prakash Institute of Ayurvedic Medical Sciences and Research, Jhajhar, Rabupura road, NOIDA	Institutional	10.12.2021
445.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.)	Prepared a document with 10 recipes for work under development of Ayush Foods/ Ayush Aahar through Research & Development and their branding & popularization sought by CCRAS, hqrs	National	13.12.2021
446.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Visited & Interviewed 6 sowa rigpa centres/ practitioners in Delhi, also shared the Google spreadsheet link to the practitioners which was to be filled by the patients, sent the report of the same to CCRAS, hqrs	National	14.12.2021
447.	Dr. Seema Jain, R.O. (Ay.) Dr. Shweta Mata, R.O. (Ay.)	Prophylactic medicine was distributed to OPD patients & attendants of the institute for immunity boosting against COVID-19 infection.	Institute level	14.12.2021
448.	All technical officers	Participated in webinar on "Ayurveda for Nutrition" by Vd. Arpan Bhatt organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	14.12.2021
449.	Dr. Sakshi Sharma, R.O.(Ay)-Coordinator Dr. Shweta Mata, R.O.(Ay)-Co- Coordinator	Moderated Webinar Series on Ayurveda for Nutrition on the Topic – Ayurveda & Nutrition	Institutional	14.12.2021
450.	Dr. Seema Jain, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)	Organized an Essay competition for the students of Faculty of Indian Medical System, SGT University, Gurugram.Theme - "Ayurveda for Health and Nutrition".	National	15.12.2021

451.	Dr. Reetika Saini, R.O.(Biochem)	Organised poster competition as part of 6th Ayurveda Day celebration at Faulty of Indian Medical Systems, SGT University, Gurugram	Institutional	15.12.2021
452.	Dr. Sudha Kumari KG, R.O.(Ay.)	Organised Quiz competition as part of 6th Ayurveda Day celebration at Faulty of Indian Medical Systems, SGT University, Gurugram	Institutional	15.12.2021
453.	Dr. Seema Jain, R.O.(Ay.)	Medicinal Plants and Nutraceuticals as Nutritional Supplements " organized by CARI, Bhuvaneshwara	National	15.12.2021
454.	Dr. Seema Jain, R.O.(Ay.), Dr. Sudha Kumari KG, R.O.(Ay.)	Webinar on "Regional Foods for Health Promotion and Disease Prevention" by Dr. Mangalagowri V. Rao organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge Voyage"	National	16.12.2021
455.	Dr.Karthika.A.P, R.O.(Ay.)	Awareness lectures on Poshan for patients of OPD and public at CARI, New Delhi on the topic "Importance of Breast feeding"	National	16.12.2021
456.	Dr. Seema Jain, R.O.(Ay.)	Diatery carbohydrate and diabetes: an update organized by CARI, KOLKATA	National	16.12.2021
457.	Dr. Seema Jain, R.O.(Ay.)	Role of Ayurveda In Jarajanya Vyadhis organized by RARI,Jammu	National	17.12.2021
458.	Dr. Reetika Saini R.O.(Biochem) Dr. Ashima Jain R.O.(Path)	Demonstration of Portable diagnostic mobile lab and Labikewith satellite control at CARI, Punjabi Bagh	Institute level	17.12.2021
459.	Dr. Sakshi Sharma, R.O.(Ay.)	परिषद् मुख्यालय के उपनिदेशक (प्रशा.) प्रभारी हिंदी अधिकारी और अन्य प्रशासनिक अधिकारियों द्वारा हिंदी एवं परियोजना संबंधी निरीक्षण में हिंदी अधिकारी के रूप में भाग लिया	Institute level	17.12.2021
460.	All technical officers	परिषद् मुख्यालय के उपनिदेशक (प्रशा.) प्रभारी हिंदी अधिकारी और अन्य प्रशासनिक अधिकारियों द्वारा हिंदी एवं परियोजना संबंधी निरीक्षण में हिंदी अधिकारी के रूप में भाग लिया	Institute level	17.12.2021
461.	Dr. Seema Jain, R.O.(Ay.)	Ayurveda for Poshan through Mindful Eating organized by CARI, Patiala	National	18.12.2021

462.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Visited & Interviewed 8 sowa rigpa centres/ practitioners in Delhi, also shared the Google spreadsheet link to the practitioners which was to be filled by the patients, sent the report of the same to CCRAS, hqrs	National	20.12.2021
463.	Dr. Shaizi Layeeq R.O.(Ay.)	Conducted Exhibition under 6th Ayurveda Day celebrations at Chaudhary Brahm Prakash Ayurveda Charak Sansthan, khera Dabar, Najafgarh, New Delhi	National	22.12.2021
464.	Dr. Seema Jain, R.O.(Ay.)	Ayurveda For Poshan through Mindful Eating organized by CARI, Patiala	National	18.12.2021
465.	Dr. Reetika Saini R.O.(Biochem)	Organised poster competition as part of 6th Ayurveda Day celebration at CBPACS, Najafgarh, New Delhi	Institutional	22.12.2021
466.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended AYURVEDA POSHAN Webinar on the topic "Nutritional Facts in the prevention of Cataract" organized by Regional Ayurveda Research Institute, Vijayawada on the Occasion of 6th Ayurveda Day and Azadi ka Amrut Mahotsav.	National	22.12.2021
467.	Dr. Bharti, Director Institute Dr. Sakshi Sharma, R.O.(Ay.)	Attended meeting as a member of DPC to consider grant of 3rd MACP to Sh. Deshraj Singh, MTS (Chowkidar)	Institute Level	22.12.2021
468.	Dr. Sakshi Sharma, R.O.(Ay)-Coordinator Dr. Shweta Mata, R.O.(Ay)-Co- Coordinator	Moderated and organized a webinar on "Fundamentals of Poshan in Ayurveda by Vd. Bhupesh Patel" and "Nutrition & Ayurveda by Dr. G Prabhakar Rao " organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	Institute Level	23.12.2021
469.	All technical officers	ऑनलाइन हिंदी कार्यशाला" संसदीय राजभाषा समिति द्वारा निरीक्षण"	Institute Level	2312.2021.
470.	Dr. Sakshi Sharma, R.O.(Ay.)	Organized ऑनलाइन हिंदी कार्यशाला संसदीय राजभाषा समिति द्वारा निरीक्षण as Hindi Adhikari	Institute Level	23.12.2021

471.	All technical officers	Participated in webinar on "Fundamentals of Poshan in Ayurveda by Vd. Bhupesh Patel" and "Nutrition & Ayurveda by Dr. G Prabhakar Rao " organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations	National	23.12.2021
472.	Dr.Nandini, R.O.(Ay), Dr.Karthika A P, R.O.(Ay.)	VC meeting for Vidyanjali Initiative (A school volunteer programme)	National	23.12.2021
473.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Role of Ayurveda Ahara in Childhood" by Prof. Dinesh K.S organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge Voyage".	National	23.12.2021
474.	Dr.Karthika.A.P, R.O.(Ay.)	Awareness lectures on Poshan for patients of OPD and public at CARI, New Delhi on the topic "Lactational insufficiency and its management"	National	23.12.2021
475.	Dr. Shweta Chaudhary, R.O. (Ay.)	Public Lecture on 'Programs on age related promotion of health through Ayurveda Ahara'	Institute level	24.12.2021
476.	Dr. Seema Jain, R.O.(Ay.)	Intervention for nutrition in first 1000 days of life organized by RARI, Itanagar	National	27.12.2021
477.	All Technical Officers	Attended virtual technical meeting in CARI, New Delhi	Institute Level	27.12.2021
478.	All Technical Officers	Attended a brainstorming session on, ' Scinetific exploration of Potentials of AYUSH Ahara – A focus on Global Positioning , Marketing & Branding through zoom app	International	28.12.2021
479.	Dr Nandini, R.O.(Ay.) Dr. Karthika, R.O.(Ay.)	Health awareness lecture delivered in saraswati bal mandir sr.secondary school,Punjabi bagh under Vidyanjali initiative programme	Institutional	28.12.2021
480.	Dr. Amit, R.O.(Ay.)	Given lecture to the OPD patients of CARI, New Delhi under the activity, 'Programs on age related promotion of health through Ayurveda Ahara' under Azadi ka Amrit Mahotsava.	National	28.12.2021
481.	Dr. Seema Jain, R.O.(Ay.)	Review meeting SCSP	National	28.12.2021

482.	Dr. Shweta Mata, RO.(Ay.) Dr. Nandini, R.O.(Ay.) Dr. Archana Kumari, R.O.(Ay.)	Participated in Shalakyatantra Focused Group Meeting	National	29.12.2021
483.	Dr. Ashima Jain R.O.(Path)	Meeting to discuss the formulation and submission of COE proposal by JNU in collaboration with CCRAS to MoAyush under AYURSWASTHYA YOJANA	National	29.12.2021
484.	Dr. Seema Jain, R.O.(Ay.), Dr. Sudha Kumari KG, R.O.(Ay.)	Attended Webinar "Nutritional Supplements for Women and Children through Ayurveda" organized by CARI, Bharatpur, Bhuvaneshwar on the Occasion of 6th Ayurveda Day and Azadi ka Amrut Mahotsav.	National	29.12.2021
485.	Dr. Seema Jain, R.O.(Ay.)	Application of kritanna varga in practice organized by CARI, KOLKATA	National	30.12.2021
486.	Dr.Karthika.A.P, R.O.(Ay.)	Awareness lectures on Poshan for patients of OPD and public at CARI, New Delhi on the topic "Complimentary feeding in infancy"	National	30.12.2021
487.	All technical officers	Participated in webinar on "Concept of Ahar &Poshan in Ayurveda by Dr. G.S.Tomar" and "Ayurveda for Poshana w.s.r. Ritucharya" by Dr. Neeru Nathani organised by CARI, New Delhi under 6th Ayurveda Day celebrations	National	30.12. 2021
488.	Dr. Sakshi Sharma, R.O.(Ay.)- Coordinator Dr. Shweta Mata, R.O.(Ay.)- Co-Coordinator	Organized and moderated a webinar on "Concept of Ahar &Poshan in Ayurveda by Dr. G.S.Tomar" and "Ayurveda for Poshana w.s.r. Ritucharya" by Dr. Neeru Nathani organised by CARI, New Delhi under 6th Ayurveda Day celebrations	Institute level	30.12.2021
489.	Dr. Sudha Kumari K.G, R.O (Ay.)	Attended Webinar "Parampara 2021- Traditional Foods and their Role in Nutrition" organized by CARI, Bengaluru	National	30.12.2021
490.	Dr. Rajput Shivshankar, R.O. (Ay.)	Attended meeting of Ayush SS Granules Project at Chamber of Dr. Upma saxena, consultant Gynaecology dept. safdarjung Hospital New Delhi.	Institutional	31.12.2021

491.	Dr. Seema Jain,R.O.(Ay) Dr. Shaizi Layeeq, R.O.(Ay.)	Third meeting of Focus group, Joint Disorder	National	31.12.2021
492.	Dr.Karthika A P, R.O. (Ay.)	Webinar on "Rasa preparations in Traditional Kerala classics" by Dr.Jithesh M.K, Physician, Dept. of R & D, Aryavaidyasala, Kottakkal.	National	01.01.2022
493.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. SudhaKumari, R.O. (Ay.)	Attended a meeting regarding finalization of Protocol & CRF of the project, 'Double Blind Randomized Placebo Controlled Multicentric Clinical Trial Of Ayush M-3 In The Management Of Migraine" with the nodal officers at headquarters	Institute level	06.01.2022
494.	Dr. Bharti, Director (Inst.)	Participated in VC urgent meeting of all incharges organized by CCRAS, Hqrs	CCRAS	06.01.2022
495.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended virtual meeting of project "Prospective Double blind Randomized controlled clinical study on Ayurvedic intervention (SarpgandhaMishran) vs Amlodipine for the management of stage-I Primary Hypertension" as a co-investigator of project.	National Level	06.01.2022
496.	Dr. Seema Jain, R.O. (Ay.), Dr.Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Raktamokshanam (Blood Letting Procedure) – a Scientific Overview w.r.t Buergers Disease" by Dr. M. Bhaskar Rao organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	06.01.2022
497.	Dr. Reetika Saini R.O (Bio-chem)	Visit to SDMC PUHC in Tughlakabad, New Delhi to see the working of the Mobile Lab installed there	Institutional	07.01.2022
498.	Dr.Bharti, Director (Inst.), Dr.Sakshi Sharma, R.O. (Ay.), Dr.Kishor Patel, R.O. (Ay.), Dr. Reetika Saini R.O. (Bio-chem)	Meeting (online) of Focussed Group for Cardiovascular Diseases	National	07.01.2022

499.	All technical Officers	राजभाषा समारोह organized by CCRAS HQs	National	10.01.2022
500.	Dr. Sakshi Sharma, R.O. (Ay.)	विश्व हिंदी दिवस के अवसर पर परिषद मुख्यालय के हिंदी अनुभाग द्वारा आयोजित राजभाषा समारोह में स्वरचित काव्य पाठ की प्रस्तुति सहित प्रतिभागिता।	National Level	10.01.2022
501.	Dr.Bharti , Director (Inst.), Dr. Seema Jain, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.), Dr. Ashima Jain, R.O. (Path), Dr.Reetika Saini, R.O.(Bio-chem.)	Participated in Brief Sensitization Meeting for upcoming Training Programme of CCRAS Scientists entitled, "CPE presentation on a short term training course" organized by Centre for Publication Ethics and Centre for Complimentary and Integrative Health (CCIH), Department of Health Sciences, Savitribai Phule Pune University, Pune.	National	11.01.2022
502.	All technical Officers	Attended a virtual held under the chairmanship of DG I/c, CCRAS regarding "Preparation of Action Plan for preparedness for COVID-19 & Surya Namaskar Event"	National	11.01.2022
503.	All technical Officers	Attended a technical meeting under the Chairmanship of Director of Institute regarding organizing of webinars on COVID 19, distribution of prophylaxis medicine including focus group.	Institute Level	12.01.2022
504.	Dr. Reetika Saini R.O.(Biochem) Dr. Ashima Jain R.O.(Path)	Virtual meeting on 'Up gradation of Clinical Laboratories'	National	12.01.2022
505.	All technical Officers	Institutional Technical Meeting	Institute level	12.01.2022
506.	Dr. Seema Jain, R.O. (Ay.)	Virtual meeting of SCSP –ARK PROJECT organized by CCRAS Hqrs	National	13.01.2022

507.	Dr. Seema Jain, R.O. (Ay.), Dr. SudhaKumari K.G, R.O. (Ay.)	Webinar on "Management of Spinal Disoreders (PrushtavamshaVyadhi) by Panchakarma" by Vd. Dhanraj Gahukar organized by Rashtriya Ayurveda Vidyapeethas a part of "Gyan Ganga- a Knowledge series"	National	13.01.2022
508.	All technical Officers	Participated in Suryanamaskar Programme as an integral part of Azadi ka Amrit Mahotsav celebrations at CARI, Punjabi Bagh, New Delhi	Institute level	14.01.2022
509.	Dr. Shweta Mata, R.O. (Ay.)	Demonstration of Suryanamaskar in Suryanamaskar Programme as an integral part of Azadi ka Amrit Mahotsav celebrations at CARI, Punjabi Bagh, New Delhi	Institute level	14.01.2022
510.	Dr. Shivshankar Rajput, R.O. (Ay.)	Submission of detailed protocol entitled, "Clinical evaluation of the efficacy of Ayurvedic management in PCOS – a Randomized Open Label Control Trial" at CCRAS Hqrs	Institute level	17.01.2022
511.	Dr.Bharti, Director (Inst.)	Participated in Meeting of all Institute Incharge regarding distribution of Medicine organized by CCRAS	National	18.01.2022
512.	Dr. Shweta Mata, R.O. (Ay.)	Presented a concept note on "Clinical Evaluation of the efficacy of an Ayurvedic Formulation in the management of Allergic Rhinitis-a randomized open label standard control trial" in Shalakya Focus group meeting.	National	18.01.2022
513.	Dr.Nandini Jadhav, R.O. (Ay.)	FGD meeting on Shalakya- Presentation given on Proposal submitted for research project on CVS.	National	18.01.2022
514.	Dr.Shaizi Layeeq, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O (Ay), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Amit, R.O. (Ay.)	The Four-Day webinar "GUT FEELING - Impact of Gut micro biome on Health & Diseases" hosted by the School of Fundamental Research in Ayurveda (KUHS)	National	18.01.2022 20.01.2022 25.01.2022

515.	Dr. Kishor Patel, R.O. (Ay.), Dr. Shweta Mata, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Nandini Jadhav, R.O. (Ay.), Dr. Pramod Chandra Dwivedi, R.O. (Ay.)	Participated Online Training Programme of CCRAS Scientists on Research Integrity and Publication Ethics in collaboration with Centre for Publication Ethics and Centre for Complimentary and Integrative Health (CCIH), Department of Health Sciences, Savitribai Phule Pune University, Pune.	National	18.01.2022 to 21.01.2022
516.	Dr. Seema Jain, R.O.(Ay.), Dr. SudhaKumari K.G, R.O. (Ay.)	Webinar on "Principle and Practice of Wound Management in Ayurveda" by Prof. Manoranjan Sahu organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	20.01.2022
517.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in meeting of Ayush SS granules project at Safdarjung Hospital Delhi	CCRAS	21.01.2022
518.	Dr. Shweta Mata, R.O. (Ay.), Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in webinar entitled, "Effect of _Withania somnifera_ hydroalcoholic extract and other dietary interventions in improving muscle strength in aging rats" organized by J-AIM journal club	National	22.01.2022
519.	Dr. Shweta Chaudhary, R.O. (Ay.)	Submitted a clinical project proposal (Amlapitta) in the VC meeting of Focused Group for Gastro Intestinal Disorders	National	22.01.2022

520.	Dr.Bharti, Director (Inst.), Dr. Kishor Patel, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.) Dr.Amit, R.O.(Ay.), Dr.Nandini Jadhav, R.O. (Ay.)	Attended the technical meeting for distribution of AYUSH prophylaxis Medicine under Azadi Ka Amrit Mohatsava under the chairmanship of Dr. Bharti, Director (Institute).	Institute	24.01.2022
521.	Dr.Nandini Jadhav, R.O.(Ay.)	CME on digital eyestrain organized by AMAI, tripunithura	National	24.01.2022
522.	Dr.Bharti, Director (Inst.)	Participated in Scrutiny committee meeting of Pharmacist Grade-I through VC.	Institutional	24.01.2022
523.	Dr.Sakshi Sharma, R.O (Ay.), Dr.Shaizi Layeeq, R.O.(Ay.), Ms. Aastha Dawar, Clinical psychologist	Online training for upgraded version of AHMIS organized by MoAyush	National	25.01.2022
524.	Dr. Shivshankar Rajput, R.O. (Ay.)	Presented a proposal on, "Clinical evaluation of the efficacy of Ayurvedic management in PCOS – a Randomized Open Label Control Trial" in Institutional Ethics Committee meeting	Institute level	27.01.2022
525.	All technical Officers	Participated in Institutional Ethics Committee meeting organized by CARI, New Delhi	Institute level	27.01.2022
526.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended National Webinar on Lifestyle in Shishir Ritu organized by Guru Ravidas Ayurveda University, Punjab, Hoshiyarpur with speakers Ish Sharma, Academic Chair (Ayush), University of Mauritius	National Level	27.01.2022

527.	Dr. Seema Jain, R.O. (Ay.), Dr. SudhaKumari K.G, R.O. (Ay.)	Webinar on "Principles for management of Infectious Diseases in Ayurveda" by Vd. Shrikrishna Sharma Khandelorganized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge Voyage"	National	27.01.2022
528.	Dr. Shivshankar Rajput, R.O. (Ay.), Dr. SudhaKumari K.G, R.O. (Ay.)	Attended Focus Group meeting to discuss a Protocol presented by Dr. Pratibha, titled "A two arm mixed method model to develop a tool for evaluating the effectiveness of Ayurvedic treatment protocols in psychiatric disorders and a cross sectional survey to document the effectiveness of Ayurvedic treatment protocols in psychiatric disorders"	Institutional	28.01.2022
529.	Dr. Shaizi Layeeq, R.O. (Ay.)	Organized and attended expert meet for the collaborative project "Development of Basti Yantra- A comprehensive tool for therapeutic induction of enema" in collaboration with IIT, Delhi	National	28.01.2022
530.	Dr. Seema Jain, R.O. (Ay.)	Obesity-multi-mirror approach organized by Ayush Darpan Foundation	National	30.01.2022
531.	Dr. Seema Jain, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Attended Focus meeting of Panchakarma Group	National	31.01.2022
532.	Dr. Shweta Mata, R.O. (Ay.), Dr. SudhaKumari K.G, R.O (Ay), Dr.Nandini Jadhav, R.O. (Ay.)	Attended National Webinar on the topic"Evidence based approach for prophylaxis and managementof COVID – 19 through Ayurveda Interventions" by Dr. Ghanshyam Kodwani organized by Regional Ayurveda Research Institute, Nagpur as a part of celebrations of Azadi ka Amrut Mahotsav.	National	31.01.2022
533.	Dr.Nandini Jadhav, R.O. (Ay.)	Attended webinar on 'scope simulation in teaching case study and Ayurveda diagnosis' organized by Faculty of Indian medical system, SGT university	National	31.01.2022

534.	Dr.Karthika A P, R.O. (Ay.)	Submitted a concept note on "Clinical trial on the efficacy of selected Ayurvedic treatment protocol in the management of Underweight in children aged 3-5 years age group" for further discussions and suggestions under the CCRAS focus group on Reproductive and Child Health related research, submitted through mail to Dr.Sekhar Namburi, RO (Ay), ur.sekhar@gov.in	National	January, 2022
535.	All Technical Officers	Attended webinar on “Evidence Based Approach for Prophylaxis & Management of COVID – 19 through Ayurveda Interventions" organized by CARI, Punjabi Bagh.	Institutional	01.02.2022
536.	Dr. Shweta Chaudhary, R.O. (Ay.)	Coordinated the webinar entitled Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions under Azadi ka Amrut Mahotsava on 01/02/2022 Facilitators were IMA-AYUS Indian Vaidyas	National	01.02.2022
537.	Dr. Shaizi Layeeq, R.O. (Ay.)	Delivered the lecture in the webinar entitled Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions under Azadi ka Amrut Mahotsava on 01/02/2022 Facilitators were IMA-AYUS Indian Vaidyas	National	01.02.2022
538.	Dr. Bharti, Director (Inst.), Dr. Sakshi Sharma R.O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.), Dr. Shweta Mata R.O. (Ay.)	Attended virtual Conference regarding conducting of Workshop on NAMASTE Portal organized by CCRAS Hqtrs.	National	01.02.2022
539.	Dr. Seema Jain, R. O. (Ay.)	Attended webinar on Application of Ayurveda Dietary principles in clinical practice organized by NIA Jaipur	National	03.02.2022

540.	Dr. Sakshi Sharma, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O.(Ay.)	Attended 83rd webinar on safety and efficacy concern of minerals and metals used in Ayurvedic therapeutics organized by Rashtriya Ayurveda Vidyapeeth (RAV), Delhi.	National Level	03.02.2022
541.	Ms. Aastha Dawar, ARO (Clinical Psychologist)	Attended virtual seminar on yoga and integrative oncology organized by Central Council for Research in Yoga and Naturopathy	National	04.02.2022
542.	Dr. Seema Jain, R.O. (Ay.)	Attended webinar "Use of yoga and naturopathy in cancer patients on world cancer day" organized by CCRYN	National	04.02.2022
543.	Dr. Mata Shweta, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in webinar entitled, ”Bio-Ethics with Emphasis on GCP Guidelines” Organized by Regional Research Institute of Unani Medicine, Chennai . CCRUM, New Delhi, MoAyush, Govt. of India.	National	05.02.2022
544.	Dr. Nandini Jadhav, R.O (Ay.)	Attended under “Sunetra Conclave 2022”	International	5.02.2022 to 7.02.2022
545.	Dr. Seema Jain, R. O. (Ay.)	Attended under "Ayurvedic Garbh sanskar:Prenatal guidelines for healthy baby" organized by MSM Institute of Ayurveda, khanpur	National	08.02.2022
546.	Dr. Kishor Patel, R.O.(Ay.)	Nomination as resource person to impart one day training workshop of Prakriti Assessment scale through Ayur prakriti web portal to Dr. Anu Bhatnagar, R.O.(Ay.)	Institute	09.02.2022
547.	Dr. Amit, R.O (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Kishor Patel, R.O.(Ay.)	Participated in Project Review Meeting (VC) – ‘Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation) in healthy adults- A prospective longitudinal study’	Institute	09.02.2022
548.	Dr. Seema Jain, R. O. (Ay.)	Attended webinar UNDER Gyan ganga – Basic Principles of Dravyaguna organized by RAV	National	10.02.2022

549.	All Technical Officers	Attended webinar on 'Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions under Azadi ka Amrut Mahotsava on 11/02/2022 organized by CARI, Punjabi Bagh.	Institutional	11.02.2022
550.	Dr. Shweta Chaudhary, R.O. (Ay.)	Coordinated the webinar entitled Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions under Azadi ka Amrut Mahotsava on 11/02/2022 organized by CARI, New Delhi. Facilitators- Prakash Institute of Ayurvedic Medical Sciences & Research	National	11.02.2022
551.	Dr. Shaizi Layeeq, R.O. (Ay.)	Delivered lecture in the webinar entitled Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions under Azadi ka Amrut Mahotsava on 11/02/2022 organized by CARI, New Delhi. Facilitators- Prakash Institute of Ayurvedic Medical Sciences & Research	National	11.02.2022
552.	Dr. Seema Jain, R.O. (Ay.)	Attended Virtual meeting of SCSP –ARK PROJECT	CCRAS HQs	11.02.2022
553.	Dr.Nandini Jadhav, R.O. (Ay.)	Webinar- Concept of Hridroga in view of Ayurvedic and Modern science, organized by FIMS, SGT university	National	15.02.2022
554.	Dr. Sakshi Sharma, R.O. (Ay.)	As Hindi adhikhari initiated prgya and probhodh classes as per Rajbhasha vibhag instructed at institute level.	Institute	15.02.2022
555.	Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Attended Webinar "GUT FEELING - Impact of Gut microbiome on Health & Diseases" by Dr. Madona Lien Paul, Scientific Manager, Zygene Biotechnologies Pvt. Ltd., Kalamassery	National	15.02.2022

556.	Dr. Karthika. A.P, R.O. (Ay),	Attended Hindi training (Hindi Prashikshan kaksha) at CARI, New Delhi.	Institute	February & March, 2022 (Every Tuesday & Thursday)
557.	Dr. Kishor Patel, R.O. (Ay), Dr. Mata Shweta, R.O. (Ay), Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Nandini Jadhav, R.O.(Ay), Dr. Reetika Saini, R.O. (Bio-chem), Ms. Aastha Dawar, ARO, (Clinical Psychologist)	Attended Hindi training (Hindi Pragya kaksha) at CARI, New Delhi.	Institute	February & March, 2022 (Every Tuesday & Thursday)
558.	Dr. Seema Jain, R. O. (Ay.) Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Preventive Paediatrics in Ayurveda wsr to Karnavedhana Samskara as an Immune Inductor" by Vd. N. Krishnaiah organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge series"	National	17.02.2022
559.	Dr. Shweta Chaudhary, R.O. (Ay.) Dr. Reetika Saini, R.O. (Bio-chem)	Organised a Poster competition for students of SDMC Pratibha School, Punjabi Bagh under the Azadi Ka Amrut Mahotsav Celebration	Institutional	17.02.2022
560.	Dr.Karthika. A.P. R.O. (Ay.)	Attained completion certificate of "Certificate Course on Marma Chikitsa (CCMC)" – 1 month training course at NARIP Cheruturuthi, Kerala.	National	Attended during the period of 20.10.2021-18.11.2021

561.	All Technical Officers	Attended meeting of Hon'ble Union Minister of AYUSH, Sarbananda Sonowal on the occasion of foundation stone laying ceremony of the fourth block of the Dhanwantari Bhavan at the All-India Ayurvedic Congress at Ayurveda Mahasammelan Hall.	Institutional	18.02.2022
562.	Dr. Mata Shweta, R.O. (Ay.)	Participated in webinar entitled, "Effect of ethanolic extract of *Rosa centifolia* against doxorubicin-induced nephrotoxicity in albino rats" organized by J-AIM Journal Club	National	19.02.2022
563.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended 3rd Focus group meeting of GI Disorders	National	19.02.2022
564.	Dr. Seema Jain, R. O. (Ay.)	Attended Kasa-swasa-Clinical interpretation, under Clinical experience series-II organized by Vishwa Ayurveda Parishad,UP	National	19.02.2022
565.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in webinar on "Evidence based approach for prophylaxis and management of COVID-19 through Ayurveda interventions" organized by NARIP, Cheruthuruthy	National	21.02.2022
566.	Dr. Sudha Kumari K.G, R.O. (Ay), Dr. Shweta Mata R.O. (Ay.) Dr. Karthika R.O. (Ay).	Coordinated the 1st workshop on "Sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes" organized by CARI, Punjabi Bagh.	National	21.02.2022 & 22.02.2022
567.	All Technical Officers	Participated in the 1st workshop on "Sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes" organized by CARI, Punjabi Bagh.	National	21.02.2022 & 22.02.2022

568.	Dr. Sudha Kumari K.G, R.O. (Ay), Dr. Karthika R.O. (Ay.)	Presented a paper on Know How about Online NAMASTE Training Module titled "Online Training on Sustainable Maintenance of National AYUSH Morbidity Codes and Standardized Terminologies Electronic-portal (NAMASTE) and Capacity Building Program" available on NAMASTE Portal.	National	21.02.2022 & 22.02.2022
569.	Dr. Reetika Saini, R.O. (Bio-chem)	Attended virtual meeting to discuss and finalize the reference range and methods for screening of healthy participants of Research Project entitled 'System Biology Approach to Delineate Molecular Signatures of Prakriti in Healthy Humans'	National	22.02.2022
570.	Dr. Nandini Jadhav, R.O. (Ay.)	Attended National Webinar on "Evidence-based approach for prophylaxis and management of COVID-19 through Ayurveda interventions	National	22.02.2022
571.	Dr. Mata Shweta, R.O. (Ay.)	Participated in webinar entitled, "Management of menier's disease-Ayurved Perspective organized by Dept. of Shalakyatantra, Parul Institute of Ayurved, Faculty of Ayurved, Parul University	National	23.02.2022
572.	Dr. Amit, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Kishor Patel, R.O.(Ay.)	Participated in 1 day training and Virechana project meeting at ILBS to give training to project staff.	Institute	24.02.2022
573.	Dr. Sakshi Sharma, R.O. (Ay.)	Attended webinar on-83rd webinar on "Traditionally enrooted Ayurveda from kitchen to industry organized by Rashtriya Ayurveda Vidyapeeth(RAV)	National	24.02.2022
574.	Dr. Seema Jain, R. O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay), Dr. Kumari Archana, R.O. (Ay.)	Attended a short-Term Training Programme on "Research Integrity and Publication Ethics" by Center for Publication Ethics, Savitribai Phule Pune University, Pune organized by CCRAS.	National	22.02.2022 to 25.02.2022

575.	Dr. Amit, R.O. (Ay.) Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Kishor Patel, R.O.(Ay.)	Participated in 1 day training and Virechana project meeting at AIIA to give training to project staff.	Institute	25.02.2022
576.	All Technical Officers	Attended Virtual Conference on Projected Budget for Projects, 2022-2023 and related issues under the chairmanship of Dr. Bharti, Director (Inst.)	Institutional	25.02.2022
577.	All Technical Officers	Attended Hon'ble PM's addressing on Post Budget Webinar on "Strengthening Tele Medicine and IT Enabled Services for Inclusive & Equitable Healthcare Delivery".	National	26.02.2022
578.	All Technical Officers	Attended webinar on "Scientific Approach towards understanding of Hypothyroidism and its management through Ayurveda" by Dr. Arun Gupta organized by CARI, Punjabi Bagh as part of the event of "Science Week 2022 - Vigyaan Sarvatra Pujayate" under the ambit of 75 lectures on Science & Traditional Medicine in India.	Institutional	26.02.2022
579.	Dr. Shaizi Layeeq, R.O.(Ay.)	Moderated in the Webinar entitled "Scientific Approach towards understanding of Hypothyroidism and its management through Ayurveda"	National	26.02.2022
580.	Dr. Mata Shweta, R.O. (Ay.) Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in Science and traditional medicine in India as part of event "Science week 2022-Vigyan Sarvatra Pujayate" organized by RRAP- CARI, Mumbai	National	26.02.2022
581.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participated in Science and traditional medicine in India as part of event "Science week 2022-Vigyan Sarvatra Pujayate" organized by RARI, Nagpur	National	26.02.2022

582.	Dr. Karthika. A.P, R.O. (Ay.)	Attended Webinar on "Science and Traditional Medicine in India" as a part of event Science week 2022- Vigyan Sarvatra Pujyate, organized by Central Ayurveda Research Institute, Bhuvaneswar, CCRAS	National	26.02.2022
583.	Dr.Shweta Mata, R.O. (Ay.), Dr. Nandini Jadhav, R.O. (Ay.), Dr. Kumari Archana, R.O. (Ay.),	Meeting (online) of Focus Group, Shalakya Tantra under the Chairmanship of Dr Alok Kumar Srivastava, Research Officer (Ayurveda),Sci-3, RARI, Lucknow for clinical research in eye and ENT	National	26.02.2022
584.	Dr. Mata Shweta, R.O. (Ay.) Dr.Nandini Jadhav, R.O. (Ay.)	Participated in webinar entitled, "AyuSTATS – Seminar on Statistics for Ayurveda Confirmation"	National	28.02.2022
585.	Dr. Mata Shweta, R.O. (Ay.)	Participated in 3rd National webinar on "Evidence based approach for prophylaxis and management of COVID-19 through Ayurveda interventions" organized by RARI, Nagpur	National	28.02.2022
586.	All Technical Officers	Attended Technical Meeting on various technical issues and administrative under the chairmanship of Dr. Bharti, Director (Inst.)	Institutional	28.02.2022
587.	Dr.Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in 2ndwebinaron topic 1."COVID-19 Pandemic & Ayurveda" 2."Initiatives of MoAyush for COVID-19" organized by RRAP-CARI, Mumbai.	National	02.03.2022
588.	Dr. Mata Shweta, R.O. (Ay.)	Participated in national webinar series "AYUSH VIBODHINI 2" organized by Smt. Urmila devi Ayurvedic College of Medical Sciences & Hospital, Hoshiyarpur	National	02.03.2022 to 19.03.2022
589.	Dr.Karthika. A.P, R.O.(Ay)	Presented project entitled "Clinical Trial on the efficacy of a selected Ayurvedic treatment protocol in the management of Childhood Underweight." in the focused group discussion.	National	03.03.2022

590.	Dr. Shivshankar Rajput, R.O. (Ay.)	Attending focus group Meet of Stree roga and Prasutitantra focus group and presenting a proposal entitled, "Clinical evaluation of Ayurvedic management in menorrhagia – a pilot study"	National	03.03.2022
591.	Dr. Seema Jain, R.O. (Ay.), Dr.Kishor Patel, R.O. (Ay.) Dr. Sudha Kumari K.G, R.O (Ay), Dr. Amit, R.O. (Ay.)	Participated in 87thwebinarentitled "Pragyaparadh - Ek Vivechan" organized by Rashtriya Ayurved Vidhyapeeth, New Delhi.	National	03.03.2022
592.	Dr. Shaizi Layeeq, R.O. (Ay.)	Visit to IIT Delhi for Basti project	National	04.03.2022
593.	Dr. Seema Jain, R.O. (Ay.)	Principles and Practices of Uttar Basti organsied by SGT University, Gurugram	National	04.03.2022
594.	Dr. Bharti, Director (Institute)	Participated in introductory review meeting of DG, CCRAS with all heads of peripheral institutes and presented a presentation of CARI, New Delhi institute.	National	04.03.2022
595.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.)	Participated in 4th National webinaron "Evidence-based approach for prophylaxis and management of COVID-19 through Ayurveda Interventions" organized by RARI MH,Nagpur.	National	04.03.2022
596.	Dr.Bharti, Director (Inst.), Dr.Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in a review meeting (VC) of the activity "Distribution activity of Prophylactic Ayush medicines and Guidelines on Diet and Lifestyle with special focus on Geriatric population under Azadi Ka Amrut Mohatsav-India@75" organized by CCRAS Hqs	National	04.03.2022
597.	Dr. Mata Shweta, R.O. (Ay.)	Attended meeting with Dr. Isha Preet Tuli, Professor, ENT dept., VMMC, Safdarjung Hospital, New Delhi regarding development of proposal of the Allergic rhinitis project.	Safdarjung Hospital, New Delhi	04.03.2022

598.	All Technical Officers	Attended 3rd Webinar on Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions.	National	05.03.2022
599.	Dr. Mata Shweta, R.O. (Ay.)	Delivered the lecture in the 3rd webinar entitled Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions under Azadi ka Amrut Mahotsava on 05/03/2022 Facilitators were Shri Baba Mastnath Ayurvedic College affiliated with Baba Mastnath University, Rohtak, Haryana	National	05.03.2022
600.	Dr. Seema Jain, R.O. (Ay.)	" Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions, CARI, Patiala	National	05.03.2022
601.	Dr. Shweta Chaudhary, R.O. (Ay.)	Organized and Moderated, the 3rd 'Webinar on Evidence Based Approach For Prophylaxis & Management of COVID-19 through Ayurveda interventions' organized for faculty & students of Shri Baba Mastnath Ayurvedic College, Rohtak, Haryana	National	05.03.2022
602.	Dr.Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)	Participated in 3rdwebinar on "Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions" at 03:00 PM organized by CARI, Patiala, Punjab.	National	05.03.2022
603.	Dr.Karthika. A.P, R.O.(Ay.)	Attended webinar on "Innovative Integrated approach in Sports Medicine and Orthopaedic disorders"- 66th episode of Achara Rasayanam by Sitaram Ayurveda Research Foundation	National	06.03.2022
604.	Dr. Shaizi Layeeq, R.O. (Ay.)	Attended webinar on Understanding and Management of Parkinson's Disease by Dr. Narayan Nambi, organized by Ayurveda Map	National	06.03.2022

605.	Dr. Bharti, Director (Inst.), Dr. Sakshi Sharma, R.O. (Ay.) Dr. Shivshankar Rajput R.O. (Ay.), Dr.Amit, R.O. (Ay.), Dr. Karthika A.P., R.O. (Ay.) Dr.Reetika Saini, R.O. (Bio-chem), Ms. Astha Dawar, ARO (Clinical Psychologist)	Attended training program on "Research Integrity and Publication ethics" in collaboration with Centre for Complimentary and Integrative Health (CCIH), Dept. of Health Sciences, Savitribai Phule Pune University, Pune.	National	08.03.2022 to 11.03.2022
606.	Dr. Seema Jain, R.O. (Ay.)	AMHCP & RCH under SCSP. Meeting	National	09.03.2022
607.	Dr. Sakshi Sharma, R.O. (Ay.)	As an invited poetess recited self-written poem at CCRAS Hqr. on the occasion of celebration of International Women's Day 2022	National	10.03.2022
608.	Dr. Sudha Kumari K.G, R.O. (Ay.)	Attended 27th National Seminar on "Ayurved Aahar Swasth Bharat ka Aadhar" organized by Rashtriya Ayurveda Vidyapeeth at Vijnan Bhavan, New Delhi.	National	12.03.2022
609.	Dr.Karthika.A.P, R.O. (Ay.)	Attended webinar on "Clinical pearls in Ayurvedic Ophthalmic practice" by Dr.P K Santha Kumari, MD (Ay)- 67th episode of Achara Rasayanam by Sitaram Ayurveda Research Foundation	National	13.03.2022
610.	Dr. Shaizi Layeeq, R.O. (Ay.)	Organized and Moderated, the 4th 'Webinar on Evidence Based Approach For Prophylaxis & Management of COVID-19 through Ayurveda interventions' organized for faculty & students of Gaur Brahman Ayurvedic College, Haryana	National	14.03.2022

611.	Dr. Shweta Chaudhary, R.O. (Ay.)	Gave a power point presentation on, *'Initiatives of MoAyush for COVID-19 & Prophylaxis and Management of COVID-19 through Ayurveda interventions Best practices and evidence-based approach'* in the 4th 'Webinar on Evidence Based Approach For Prophylaxis & Management of COVID-19 through Ayurveda interventions' organized for faculty & students of Gaur Brahman Ayurvedic College, Haryana	National	14.03.2022
612.	All Technical Officers	Attended 4th Webinar on, 'Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions'	National	14.03.2022
613.	Dr. Mata Shweta, R.O. (Ay.)	Attended meeting with Dr. Isha Preet Tuli. Professor, ENT dept., VMMC, Safdarjung Hospital, New Delhi regarding development of proposal, discussion of outcome measures, objectives etc. of the Allergic rhinitis project.	Safdarjung Hospital, New Delhi	15.03.2022
614.	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.) Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Participated in webinar entitled "Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions" at 10:30 AM organized by RARI, Jhansi.	National	16.03.2022
615.	Dr.Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.)	Participated in 88thwebinar on "Clinical Applications of Basic Principles of Ayurveda" organized by Rashtriya Ayurved Vidhyapeeth at 03:30 PM, New Delhi.	National	17.03.2022
616.	Dr. Mata Shweta, R.O. (Ay.)	Attended 17th online J-AIM journal club	National	19.03.2022

617.	Dr. Seema Jain, R.O.(Ay.)	SCSP(AMHCP&RCH) –budget estimate 2022-23 regarding meeting	National	21.03.2022
618.	All Technical Officers	Attended technical meeting at CARI, New Delhi under Chairmanship of Director Institute regarding Budget and annual report issues.	Institute	22.03.2022
619.	All Technical Officers	Participated in "Vibhagiya Rajabhasha Karyanvayan Samiti Timahi Baithak" organized by CARI, New Delhi.	Institute	22.03.2022
620.	Dr.Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Participated in a review meeting (VC) of the activity "Distribution activity of Prophylactic Ayush medicines and Guidelines on Diet and Lifestyle with special focus on Geriatric population under Azadi Ka Amrut Mohatsav-India@75" organized by CCRAS Hqs	National	23.03.2022
621.	Dr. ShaiziLayeeq, R.O. (Ay.)	Organized and Moderated, the 5th'Webinar on Evidence Based Approach For Prophylaxis & Management of COVID-19 through Ayurveda interventions' organized for faculty & students of Shri Krishna Govt. Ayurvedic College & Hospital, Kurukshetra, Haryana	National	24.03.2022
622.	Dr. Shweta Chaudhary, R.O. (Ay.)	Gave a power point presentation on, *'Initiatives of MoAyush for COVID-19 & Prophylaxis and Management of COVID-19 through Ayurveda interventions* *Best practices and evidence-based approach'* in the 5th 'Webinar on Evidence Based Approach For Prophylaxis & Management of COVID-19 through Ayurveda interventions' organized for faculty & students of Shri Krishna Govt. Ayurvedic College & Hospital, Kurukshetra, Haryana	National	24.03.2022
623.	All Technical Officers	Attended 5th Webinar on, 'Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions'	National	24.03.2022

624.	Dr. Sakshi Sharma, R.O. (Ay.)	As invited Resource person delivered a lecture on Strength of Ayurveda in Health and Well-Being Session of national seminar organized by Shaheed Rajguru College of Applied Sciences For Women, University of Delhi held on dated 24.03.2022	Institute	24.03.2022
625.	Dr. Shivshankar Rajput, R.O. (Ay.)	Meeting with Dr. Seema Singhal, Professor, AIIMS, New Delhi regarding discussion of proposal of PCOS project.	AIIMS, New Delhi	24.03.2022
626.	Dr. Seema Jain, R.O. (Ay.), Dr. Sudha Kumari K.G, R.O. (Ay.)	Webinar on "Abhyanga Techniques in Practical Marma Chikitsa" by DR. N. V Srivatsorganized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga-aKnowledge Voyage"	National	24.03.2022
627.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participating in meeting with Dr. Kapil Suri and Prof. Rajiv Sharma, Dept. of Oncology-Radiotherapy, Safdarjung Hospital, New Delhi regarding discussion on project on radiation induced dermatitis.	National	24.03.2022
628.	Dr. Shweta Chaudhary, R.O. (Ay.)	Attended Ayush Display- AKAM festival and exhibition in the front lawns of Red Fort where ancient literature of Ayurveda like Bhruhattrayi & Laghutrayi were displayed	National	26.03.2022
629.	Dr. Sakshi Sharma, R.O.(Ay.)	Organized and coordinated one day Hindi workshop on the subject "Sangha ki rajbhasha niti and karyanvan" and invited speaker Sh. Kumar Pal Sharma deputy director implementation of Rajbhasa Vibhag, Ghrih Mantralya.	Institute	29.03.2022
630.	All Technical Officers	Attended a lecture on "Sexual Harassment and appropriate Behavior" at work Place delivered by Meenu Abrol Legal Consultant CCRAS HQ.	Institute	29.03.2022
631.	All Technical Officers	Participated in one day Hindi workshop on the subject "sangha ki rajbhasha niti and karyanvan" and invited speaker Sh. Kumar Pal Sharma deputy director implementation of Rajbhasa Vibhag, Ghrih Mantralya.	Institute	29.03.2022

632.	Dr. Mata Shweta, R.O.(Ay.)	Attended meeting with Dr. Isha Preet Tuli. Professor, ENT dept., VMMC, Safdarjung Hospital, New Delhi regarding development of proposal, discussion of control group, definition of Allergic rhinitis in the Allergic rhinitis project.	Safdarjung Hospital, New Delhi	29.03.2022
633.	Dr. Shivshankar Rajput, R.O. (Ay.)	Participating in meeting with Dr. Upma Saxena, Consultant, AIIMS, New Delhi and Dr. Sarada Ota, AD (Ay.), CCRAS Hqrs regarding progress of Ayush SS granules project and planning of DSMB for project	National	29.03.2022
634.	Dr. Mata Shweta, R.O (Ay.), Dr. Archna Kumari, R. O. (Ay.)	Participating focus group Meet of Shalakyatantra group and presenting the project entitled, "Clinical evaluation of an Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Clinical trial."	National	31.03.2022
635.	Dr. Sudha Kumari K.G, R.O (Ay.)	Webinar on "Oesophagal Varices and its Management through Ayurveda" by Vd. Narendra Gujarathi organized by Rashtriya Ayurveda Vidyapeeth as a part of "Gyan Ganga- a Knowledge Voyage"	National	31.03.2022
636.	Dr. Seema Jain, R.O. (Ay.), Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Karthika. A.P, R.O. (Ay), Dr. Sudha Kumari, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)	Attended a 90th National Webinar on 'Esophageal varices and its management through Ayurveda' organized by RAV. (Speaker- Vd. Narendra Gujarathi)	National	31.03.2022

3. ORGANIZED AROGYA/MELA/EXHIBITION/CAMP/OTHERS:

S. No	Name of Mela/ Exhibition/ Camp	Organizer	Duration &Place	Inaugurated by	Activities	Remarks
1.	Food festival Uunder Celebration of Ayurveda Diwas/ Dhanwantari Jayanti- 2021	CARI, New Delhi	CARI, New Delhi on 02.11.2021	Prof. Rakesh Sinha (Hon'MP)	Organized various programmes like Nukkad Natak, Food festival, IEC material distribution etc.	-

4. PARTICIPATED IN AROGYA/MELA/EXHIBITION/CAMP/OTHERS:

S. No.	Name of Mela/ Exhibition/ Camp	Participation	Organizer	Duration & Place	Inaugurated by	Activities	Remarks
1.	National Campaign for distribution of prophylactic medicine free of cost under "Azadi Ka Amrut Mahotsava"- reg.	All Technical Officers	Ministry of AYUSH, Govt. of India,	Various parts of Delhi & NCR 30/08/2021 to 05/09/2021	Hon'ble Minister of AYUSH at CCRAS, Hqtrs	Distribution of Giloy Ghanavati to 93862 beneficiaries	
2.	Ayuryog Expo-State Level Arogya Fair	Dr.Kishor Patel, R.O (Ay) ,Dr. Nandini Jadhav, R.O (Ay) Dr. Amit, R.O (Ay)	Export promotion Council for Handicrafts (EPCH)	25^{th} – 27^{th} September, 2021.India Expo Centre & Mart (IEML), Greater Noida, Uttar Pradesh	Vd. Devender Trigunaji & Sh. Pramod Pathak	Putting up exhibition stall in the event with display of IEC material. 2. Free distribution of IEC material in the event. 3. Setting up clinic for visitors in the event with distribution of	

						medicines free of cost inclinics to the needy patients.	
3.	IITF-2021 at Pragati Maidan, New Delhi	Dr. Nandini, R.O (Ay.)-14-20 Nov. 2021 Dr. Karthika, R.O (Ay.)-21-27 Nov. 2021	India Trade Promotion Organization	Duty at Pragati Maidan, New Delhi from 14th - 27th November 2021	Honorable Minister of Commerce and Industry	Free consultation, Free distribution of Guduchi ghan vati, Distribution of IEC matierials, Display of CCRAS research products, CCRAS publications	Around 1600 people visited the stall, 300 patients were given free consultation, 1250 guduchi ghan vati were distributed.
4.	'Ayurveda Parv-2021'organized	Dr. Shaizi Layeeq, R.O. (Ay.) Dr. Amit, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.)s	All India Ayurvedic Congress (AIAC)	Constitutional club, Rafi Marg, New Delhi from 26-28 November, 2021.	Dr. Munjpara Mahendrabhai, Hon'ble Minister of State for AYUSH & Min.of Women & Child Development	Free consultation, Free distribution of Guduchi ghan vati, Distribution of IEC matierials, Display of CCRAS research products, CCRAS publications	Around 500 people visited the stall, Guduchi ghan vati were distributed to 248 visitors.
5.	Vigyan Sarvatra Pujyate Mega Expo	Dr. Kishor Patel, R.O. (Ay.) Dr. Nandini	Vigyan Prasar	Feb 22-28, 2022, Jawaharlal Nehru Stadium, New Delhi.	Inaugurated by Dr. Jitendra Singh, Hon'ble Minister of	Exhibited Trans slides, banners, standees, CCRAS Publications,	

		Jadhav, R.O. (Ay.) Dr. Karthika A.P, R.O. (Ay.) Dr. Vishal Aggarwal, (Consultant)			Science & Technolog, Earth Science, PMO	Ay distribution of Ayur Raksha kit & Bal Raksha kit	
6.	2nd BIMSTEC Ayush International Exhibition cum Conference, Arogya Fair	Dr. Kishor Patel, R.O. (Ay.) Dr. Amit, R.O. (Ay.)	Indian Chamber of Commerce (ICC), Kolkata.	24 – 26 March 2022, Silver Oak Hall, India Habitat Centre, Lodhi Road, New Delhi	Welcome address by Mr. Prashant Sharma, Chairman ICC, National Healthcare Committee MD, Charnock Hospital	Exhibited Trans slides, banners, standees, CCRAS Publications, Distribution of Ayush prophylactic medicines	
7.	Ayush Display-AKAM festival and exhibition in the front lawns of Red Fort	Dr. Shaizi Layeeq, R.O. (Ay.), Dr. Shweta Chaudhary, R.O. (Ay.),	CARI, Punjabi Bagh	25.03.2022 - 27.03.2022 , Front lawns of Red fort	Smt. Smriti Irani, Member of parliament,Minister of Women and Child Development	Display of ancient literature of Ayurveda like Bhruhattrayi& Laghutrayi	

5. OTHER ACTIVITIES

1)Azadi ka Amrit Mahotsava

Activities done under Azadi Ka Amrut Mahotsava by CARI, New Delhi

The institute has taken up various activities under Azadi Ka Amrut Mahotsava, which is a 75 week-long celebration on the occasion of 75th year of India's Independence assigned by MoAyush& CCRAS, headquarters (F.No. 48-9/2021-CCRAS/Admin/117), activities taken up under this are as follows:

- Celebrations of 6th Ayurveda Day on the theme ***'Ayurveda for Poshan***' from 18.10.2021 to 31.12.2021
- Daily public lectures were given to the patients and attendants coming to the institute OPD on the topics related to benefits of nutrition
- Daily distribution of IEC materials on the topics related to ***'Ayurveda for Poshan***' to the public coming at OPD of the institute
- Activities conducted on 02.11.2021, 6th Ayurveda Day like food festival, nukkad natak, distribution of medicinal plants of nutritional value, distribution of IEC material on guidelines of poshan & Ayurveda, Ayush Tea distribution etc.
- Various competitions like poster Competition, essay writing competition, quiz competition, various exhibitions were conducted in the nearby schools and colleges like SGT university, Gurugram, Prakash institute of Ayurvedic College, Jhajar, CBPACS, New Delhi, SDMC Pratibha School,SSD Saraswati Bal Mandir School, Punjabi bagh etc.
- A webinar series of 5 webinars was also conducted with eminent guest speakers on the topic,***'Ayurveda For Nutrition'***
- Plantation of various plants with nutritional values was done in the nearby schools and public gardens
- Prophylactic Medicines (Sanshamani vati, Ashwagandha tablets, Ayush -64) for COVID-19 were distributed free of cost to the General public through various camps
- Various kits like *Ayu Raksha kit*, *Ayu Care kit*, *Bal Raksha Kit* etc. were also distributed to the general public.
- A series of 5 webinars on *"Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions",* an initiative by MoAyush on 01.02.2022, 11.02.2022, 05.03.2022, 14.03.2022 and 23.03.2022.
- Webinar on *"Scientific Approach towards understanding of Hypothyroidism and its management through Ayurveda"* under Science Week 2022 - Vigyan Sarvatra Pujayateon the theme "Science and Traditional Medicine in India" under Azadi Ka Amrit Mahotsava'on 26 February, 2022.

2)Efforts for NABH Accreditation- The institute has started the process of ground work for NABH accreditation like procuring NOC from Delhi Pollution Control Committee, Fire NOC, water testing report from Delhi Jal Board, outsourcing of laundry services, registration of X-Ray services with AERB etc.

3)**Panchakarma Technician Training Course** is running in this institute since 2017. The course is affiliated to Healthcare Sector Skill Council. Till date 3 batches have already passed out and one batch is continuing.

4)**PhD**- Dr. Babita Yadav and Dr. Deepa Makhija are pursuing PhD. from Datta Meghe Institute of Medical Sciences, Wardha, Maharashtra and doing their research work in this institute.

5)MoU

- MoU between CCRAS and AIIMS, New Delhi for the project entitled to carry out the collobrative research project entilled "Prospective double blind randomized controlled clinical study on Ayurvedic Intervention (SarpagandhaMishran) VsAmlobipine in the management of stage 1 Primary Hypertension" on 23.02.2021.
- Agreement for Biomedical Waste Management Services between Central Ayurveda Research Institute, Punjabi Bagh, New Delhi (Waste generator) and SMS Water Grace BMW Pvt. Ltd. (Service provider) for outsourcing the disposal of the institute's biomedical waste on 15.05.2021

6) Poshana Maah: Organized Poshan Maah with daily lectures, yoga and Plantation of nutrition plants like Tulsi, Amrood, Aanar, Tamatar etc was done as a part of activities of Poshana Maah at Swami Sivananda Memorial Institute, East Punjabi Bagh, New Delhi, M.D.S.C. Pratibha Balika Vidhyalay, Punjabi Bagh, New Delhi and Rajakiya Uttar Madhyamik Bala Vidhyalay No.1, Punjabi Bagh, New Delhi, class and other activitiesDistribution of Nutritious food(Payasam) and fruits(Apple & Banana) for women and girls at Nirmal Chhaya Complex under Poshan Maah celebration 2021(National Nutrition Mission) etc. were carried out in September, 2021.

7)NAMASTE portal workshop: Sustainable Maintenance Of National Ayush Morbidity Codes And Standardized Terminologies Electronic-Portal (Namaste) And Capacity Building Programmes" was organized on 21st- 22nd February 2022 at CARI, New Delhi

8) Vigilance awareness week, 2021: Vigilance awareness week, 2021 was observed from 26.10.2021 to 1.11.2021

9) Hindi workshops: 1. 29/03/2021 2. 24/06/2021 3. 28/09/2021 4. 23.12.2021

10) A-HMIS:

S.No	Duration	No. of Registration	No. of Consalted
1	April - June 2021	5460	5387
2	July – Sept 2021	11627	11467
3	Oct – Dec 2021	13718	13663
4	Jan – March 2022	12880	12793
Total		43685	43310

1. **Brief progress Report of allotted programmes.**

(i) Clinical Research –

PART-A

A. COLLABORATIVE CLINICAL RESEARCH PROJECTS

1. **A1**) **Validation and Reliability Testing of Ayurveda Diagnostic Methods**.

Objectives :

- To develop StandardizedAyurvedic Case Taking Protocol (SACTP**)** in consideration with elements of diagnosis/case recording from Ayurveda and Standard health records format(s)
- Development of standard diagnostic protocols for selected diseases frequently managed through Ayurved
- To develop interface for integration/customization and development of diagnostic gadgets which are aptly integrated with latest Information Technology tools for Ayurveda specific diagnostic requirements.

Study Design :

Study Type	:	Observational
Purpose	:	Development of validated Ayurveda Diagnostic Tool
Masking	:	NA
Control	:	NA
End Point	:	Development and validation of standardized Ayurveda Diagnostic methods for disease conditions identified by the CCRAS.
No. of groups	:	NA
Sample Size	**:**	30 patients/disease

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: NA

Duration of Study : 3 years

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIA, New Delhi	PI-Dr V G Huddar, Asso. Professor, AIIA, New Delhi
2.	CARI,New Delhi	Co-I Dr. Seema Jain

Date of IEC approval: IEC-AIIA/2019-F 13 24/10/2019

CTRI Registration/Reference (for clinical trials) : NA

Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	AIIA, Sarita Vihar, & CARI,New Delhi	March 2020

Budget allocated: 17,76.000/-(Seventeen lakh seventy six thousand only)

Installment wise release

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	1st – 5,92,000/-	F. No. 3-1/2018– CCRAS /Admn./V&RT /7059	30/01/2020	30/04/2019

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	2 months	Achieved	-
2.	Recruitment of patients	32 months	continuing	
3.	Statistical analysis	2 months	NA	

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIA, Sarita Vihar	21	21	-	Ist phase completed 2nd phase continue

Summary of project: The first investigator (Expert Ayurveda physician) diagnoses the patient with PRF (Physician Reporting Form) and second investigator (Research Scholar/ Junior Physician etc.) diagnose the same patient with the help of developed Ayurveda Diagnostic Tool. Treatment is prescribed by the First Investigator and response is recorded during follow-up.

Any relevant information: Nil

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A2.) Clinical evaluation of the efficacy of "Ayush SS Granules" in exclusively breast feeding mothers with Insufficient Lactation (*Stanyalpata*)- A Randomized Double blind placebo control trial

Objectives:

Primary Objective- To evaluate the *Galactogogue*effect of Ayurvedic formulation Ayush-SS granules in insufficient lactation among lactating mothers

Secondary Objective- To evaluate the clinical safety of Ayush-SS granules in insufficient lactation among lactating mothers.

Study Design **:** Randomized double blind placebo controlled trial

Study type **:** Interventional prospective study

Allocation **:** Double blind clinical trial

End point **:** Efficacy and Safety

Mask **:** Double blind

Timing **:** Prospective

Level of study **:** OPD and Field

Control **:** Placebo controlled

No. of group : Two

No. of patients **:** 105 in each group

Treatment period **:** **14 weeks**

Sample Size **:** **210**

Approval of Collaborative with ICMR: F.No.5/7/1644/2019-RBMH&CH dated 20.01.2020

Duration of Study **:** **Two years**

Drug Interventions **:**

Group-A: Trial Group-Ayush-SS granules 6 gm bd with milk along with Proper nutrition and adequate rest

Group-B: Placebo Control Group-Suitable excipient like Micro-crystalline Cellulose (MCC) I.P.Grade with same texture, odor and color like that of Ayush-SS Granules in a dose of 6gm bd with milk along with Proper nutrition and adequate rest

Follow up Period : 2 weeks

Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI	Name of Co-I
1.	Department of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC &Safdarjang Hospital, New Delhi-110029 Dr. Sarada Ota, Assistant Director (Ay.), CCRAS, Janakpuri, New Delhi	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 2. Dr Bhavna Anand, Specialist Grade-II Paediatrics, Dept. OfPaediatrics VMMC &SafdarjungHospital New Delhi-110029

Date of IEC approval: S.NO.IEC/VMMC/SJH/Project/2019-05/26 Dt.19.06.19

CTRI Registration :CTRI/2019/08/020579 [Registered on: 06/08/2019] - Trial Registered Prospectively

Date of Initiation : 01.02.2021

Budget allocated : Rs. 52, 39, 460/-

Installment wise release:

S.N.	Installment	Sanction order	Date	Date of Receipt of fund
1.	1st Instalment22,52,320/-	F.No.5/7/1644/2019-RBMH&CH	20.01.2020	20.01.2020

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	1-3 months	Achieved	-
2.	Recruitment in main study	4-18 months	Initiated on 01.2.2021	Recruitment delayed for one year due to outbreak of COVID-19 pandemic.

Current Status: Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	161	99	46	16

Summary of Project: It is a randomized double blind placebo control trial. Total 210 participants are to be recruited in the study through randomization to evaluate the effect of Ayush SS granules in insufficient lactation. The enrolled participants will receive Ayush SS granules for 12 weeks. The effect of therapy will be assessed by Proportion of mothers exclusively breast feeding and weight gain (>20gms/day) among these exclusively breast fed babies.

Relevant information, if any:

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A3.) "Randomized control study to evaluate the efficacy of Ayush Card tea (AYUSH CCT) and Rajyog meditation versus conventional treatment on clinical recovery and post-operative outcomes following Mitral Valve Open Heart Surgery"

Objectives:

Primary objectives:

A. Effect of Ayurvedic herbal medicine along with Rajyoga Meditation on the recovery phase of patients undergone mitral valve replacement surgery
B. To evaluate the effect of this mind body intervention on biochemical co-relates like interleukin-10, interleukin-6 and serotonin.

Secondary objectives:

A. Improvement in sleep quality
B. Change in subjective well being
   Change in worry state of patient

METHODOLOGY/DETAILED STUDY DESIGN

i. Study Type:	Interventional study
ii. Study Design:	Prospective, Open label, Two-arm, Randomized Controlled Trial
iii. Purpose:	Effect of Ayurvedic herbal medicine along with Rajyoga Meditation on the recovery phase of patients undergone mitral valve replacement surgery under cardiac pulmonary bypass
iv. Masking:	None (Open Label)
v. Control:	Controlled
vi. Timing:	Prospective
vii. End Point:	-----
viii. No. of Groups:	2 groups (100 no. each)

ix. Sample size	Considering the exploratory nature of the study, all patients admitted for surgical repair of mitral valve disease and those willing to give informed consent and able to adhere to the study regimen will be recruited in the study for 2 years.

Drug/Intervention

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date : F.No. 3-55/2019-CCRAS/Admn/IMR/436 Dated 30 April 2019&F.No. 3-55/2019-CCRAS/Admn/IMR/3909 Dated 14 October 2019

Duration of Study : 2 years

Interventions : Group-I Control Group: will not receive any intervention.

Group-II (Rajyoga + Ayush Card Tea): will receive Ayurvedic tea as well as Rajyoga Meditation. Ayush Card Tea (daily twice) as tea for a period of two months

Both groups will be followed up for duration of 2 months (2 months intervention) to monitor the changes in the clinical recovery, biochemical (serotonin and interleukin levels) and cognitive correlates.

Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	**Dr. Shiv Choudhary, Professor & Head CTVS,AIIMS - PI**
2.	CARI,New Delhi	**Dr. Seema Jain, R.O. (Ay.)- Co.-I)**

Date of IEC approval : IEC-AIIMS-334/03.05.19,RP-34/2019, 20.05.2019

CTRI Registration/Reference (for clinical trials) : CTRI/2019/06/019954.

Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	AIIMS ,New Delhi AND CARICD,ND	23.07.2021

Budget allocated: 41,78,788/- , F. N. 3-55/2019- CCRAS/Admn /IMR/436, Dated 30.04.2019
For AIIMS - 6,58,788/-
For CARI,ND - 5,00,000/-

Installment wise release

S.No.	Instalment	Sanction order	Date	Date of receipt of fund
1.	**Ist Instalment 22,42,280/-**	**F.N. 3-55/2019-CCRAS/Admn /IMR/436**	**30.04.19**	27.05.2019 **17,42,280/-(**Released to AIIMS on 17.01.2020) 5,00,000/--CARI,ND
2.	**2ND Instalment 9,99,895/-/-**	**F.N. 3-55/2019-CCRAS/Admn/IMR/1138**	**24.02.2022**	21.03.2022

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	2 months	Achieved	Delay in receiving of trial drug
2.	Recruitment of patients	32 months	Completed	**Suspended for some period due to Covid 19 outbreak**
3.	Statistical analysis	2 months	-	

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS,New Delhi	100	84	14	02

The study will be completed in April 2022.

Summary of project : The first investigator (Expert Allopathic physician) diagnoses the patient with PRF (Physician Reporting Form) and second investigator (Research Scholar/ Junior Physician etc.) diagnose the same patient with the help of developed Ayurveda Diagnostic Tool. Treatment is prescribed by the First Investigator and response is recorded during follow-up. Target of the study is 100(50 in 2 groups).100patients enrolled in the study till date out of which 84 completed the study and 14 were dropped out/withdrawn from the study.

Any relevant information: Nil

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A4.)Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine

Objectives:

a. **PrimaryObjective:**
   - To assess the Clinical Efficacy of Ayush M-3 in Migraine.
b. **SecondaryObjective:**
   - To assess the Clinical Safety of Ayush M-3 in Migraine

Study Design:

The study is designed as a multicentre study to be conducted at 3 different places at CARI, New Delhi, RML hospital & at NIMHANS, Bengaluru. It will be a prospective, randomized, double blind, parallel group, placebo controlled, multi-centric study on the diagnosed cases of Migraine.Interventional drug will be given for 16 weeks followed by 1 week without medication follow up visit. Duration of the study project will be of three years.

Study Type	**:**	Interventional
Purpose	**:**	Treatment
Masking	**:**	Double blind
Control	**:**	Controlled
Study Period	**:**	3 years
Timing	**:**	Prospective
End Point	**:**	Efficacy and Clinical Safety
No. of Groups	**:**	2
Sample Size	**:**	60 patients in each group
Intervention period	**:**	16 weeks
Follow up period	**:**	4 weeks (without treatment)

(On the basis of assumption of reduction in the intensity of pain as assessed by VAS on a scale of 0 to 10 cm in group 1 (Ayush-M3) by 4 cm and a change of 2 cm in group II (Placebo group) with a standard deviation of 3.5 cm Based on the results of the previous studies, with 95% Confidence level ($\alpha = 0.05$) and 80 % power. Expecting a dropout rate of 20 % the number of patients enrolled in the study.

Sample Size:60 patients in each group (2 groups)

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with the date:

Duration of the study: 3 years

Interventions:

Drug Intervention:

Group 1: Ayush M3

Dose : 1 g twice a day for 12 weeks followed by 500 mg twice a day for 4 weeks
Dosage of Administration : Tablet
Route of Administration : Oral
Time of Administration : Twice a day after meals;
Anupana : Water

Group 2: Placebo

Dose : 1 g twice a day for 12 weeks followed by 500 mg Twice a day for 4 weeks
Dosage of Administration : Tablet
Route of Administration : Oral
Time of Administration : Twice a day after meals
Anupana : Water

Participating centre along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	CARI, NEW DELHI.	Dr. Shweta Chaudhary, R.O. (Ay.)CARI, ND drshwetaccras@gmail.com 8077926271	Dr. Shweta Mata, R.O.(Ay.), CARI, ND shwetamatadr@gmail.com 08866014946
2.	ABVIMS& Dr. RML Hospital, New Delhi	Dr. K.S. Anand HOD, Department of Neurology kuljeet_anand@rediffmail.com Mobile no. 9868535711 Coordinator : Dr. RenuMakhija renu_mkhj@yahoo.co.in	Dr. Sudha, R.O Sudha14ayu@gmail.com 9108175522 & 8281782290
3.	NIMHANS, Bangalore	Dr. Kishore Kumar R Assistant Professor of Ayurved ayurkishore@gmail.com 9845839174	Co PI : 1 Dr. Girish B kulkarni Professor of Neurology 9035160614 09480829409 Co PI : 2 Dr. Umesh C Scientist C, Department of integrative Medicine.

Date of IEC approval: Ethical clearance was obtained for this project in ethics committee meeting dated 23.10.2020 at CARI, New Delhi (F.No.1-12/2015/ACRI/Tech/ (IEC) Part II/214 dated.11.10.17)

CTRI Registration: CTRI/2021/12/038548

Date of initiation: Yet to initiate

Budget allocated: Rs.24, 03,300/-

Installment wise release

S.no.	Instalment	Sanction order	Date	Date of receipt of fund
1.	Rs. 21,92,345/-	F. No 3-97/2020-CCRAS/Admin/ Coll./1010	08.06.2021	

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	1. Pre-trial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with certificate of analysis:	3 months	• Approval of Institutional ethics committee- taken at all the 3 centres • CTRI- Done • Procurement of medicines- Done • E-Format of CRF is underway	--
2.	Trial Period	4th month- 22nd month [Recruitment of patients will be up to 18th month].	To be done after receiving of e-Format	
3.	Statistical Analysis & submission of final report:	2 months	--	

Current status:CRF finalization and E-Format development is pending from CCRAS, hqrs.
Status of project:IEC done at all the 3 centers, after receiving e-format project will be initiated
Any Relevant information, if any:-NIL

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A5.) "Development of Automated Basti Yantra- A comprehensive tool for administration of enema"

1. Objectives:

1. Primary Objective: To develop Automated *Basti Yantra*.

2. Secondary Objectives:

A: 1. To standardize and validate the sequential release timing of the ingredients from the reservoirs to mixing chamber in comparison to the standard of classical *Basti*procedure.

2.To standardize and validate the revolution per minute (RPM) of the mixing machine for the preparation of homogenous emulsion of *Basti dravya* in comparison to the standard of classical *Basti*procedure.

3. To standardize/validate the pressure of the pressure machine to be fixed in *bastiputak*.

B: To develop the Standard Operating Procedure (SOP) of the *Basti Dravya* (homogenous emulsion of end product)

2. **Milestones with deliverables**

Deliverables:- Project start with actual release of 1st Instalment offund.

Study Duration: - 2years

Phase – I (0- 6 Months)

Strategic decisions regarding identification of the inert material for development of structure of the tool, finalization of the blue print of tool by CCRAS and IIT, New Delhi, fixation of volume of each flask, finalization of the ways for validation of the tool in respect to mixing machine and pressure machine and finalization of the coding of the software part. Submission of the design of the tool for patentright.

Phase – II (7 to 14 months)

Handover of the developed prototype to CCRAS by IIT, New Delhi.

Phase – III (15 to 18 months)

Validation study on developed prototype at CCRAS to standardize and validate the sequential release timing of the ingredient from the reservoir to mixing chamber. To standardize and validate the revolution per minute of the mixing machine for the preparation of homogenous emulsion of *basti dravya*. To standardize the SOP of the homogenous emulsion *(basti dravya.* To standardize/validate the pressure of the pressure machine to be fixed in *basti putak*.

- Quality assured ingredients to be taken for preparation of finished product (homogenous emulsion). In-house/ API parameter should be compiled wherevernecessary.
- The intermediate and finished product to be standardised for futurereproducibility.

Phase – IV (19 to 22 months)

Modification in prototype by IIT, New Delhi & delivery of final biomedical instrument to CCRAS

Phase – V) (23 to 24 months)

Final delivery of the tool and preparing of technical report.

3. **Expected outcomes**

In the field of research on Basti procedures, it is expected that there will be minimization of errors due to administrator or nozzle or enema bag of errors. The tool will prepare a standard homogenous emulsion of Basti dravya and will provide Standard Operating Procedures (SOPs) of Basti for further research. The tool is also expected to be standardized, user-friendly, minimize the risk of transfer of infected material, cost effective, time saving and reducing manpower thus improving the acceptance of the therapy at global level.

4. **Applicability/Translational value/Relevance in the light of Ayurveda:**

- The present study will enable the development of standard operating procedurefor *Basti*.
- This project will help establish Ayurvedic Basti procedure at global level byhaving standard operating guidelines and maintaining the hygiene aswell.

This will help in saving of time and manpower at multispecialtyhospitals.

5. **Participating centre along with PI :**

S.No.	Name of the participating centre	Name of PI	Name of CoI
1.	CARICD,New Delhi	Dr.Ramavatar Sharma, R.O.(Ay)	Dr. SeemaJain,R.O.(Ay) Dr. Shaizi Layeeq, R.O.(Ay)
2.	IIT, Delhi	Dr. Sumer Singh	Prof.Surya Prakash Singh

6. **Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date**: F.N. 13-7/2019-CCRAS/Tech. /HQ/145, 10.04.2019
7. **Period of Initiation**: Oct 2020
8. **Sanctioned Budget**: F.No3-119/2019-CCRAS/Admin/IMR/ 8029/12.03.2020 -52,17,560/-

   1st instalment -52,17,560/-(F.No.C.V./Expenditure/IMR/215/CCRAS/HQ/2019-20/1385, 13.03.2020
9. **Released Amount to IIT till date**: 1st installment- 49,12,560/- transferred to IIT(Jan 2020)

   1, 52,650/- for CARI,ND,147178/- returned to HQ

   2nd installment- 24,62,560/-transferred to IIT(Nov 21)

   1,37,500/- for CARI,ND
10. **Status of the project: Continue**

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A6.) Randomized double blind Placebo controlled Clinical Study of Ayuredic coded Drug AYUSH-A in the management of Bronchial Asthma(Tamak Shwasa)

1. **Objectives :**

   • Primary- To evaluate the efficacy of Ayush –A in the patients with mild- moderate Bronchial Asthma

   • Secondary: To evaluate the safety of Ayush –A in the above patients.

2. **Study Design :**

Study Type	:	Interventional
Purpose	:	Intervention
Masking	:	Blinding
Control	:	yes
End point	:	Efficacy and safety
Timing	:	02 yrs
No. of groups	:	02
Sample Size	**:**	100 (50 patient (each group)

3. **Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date :** F.**N.3-34/2018- CCRAS /Admn/ Tamak shwasa,IMR-Collaborative**
4. **Duration of Study :** 2 years (extended up to 03.07.2022, F**.N.3-34/2018-CCRAS /Admn/ Tamak shwasa/4773, dated 21.12.2020**
5. **Interventions :** High dose ICS or LABA combination inhalers + Ayush –A2GM TDS with Luke warm water after food

6. **Participating centre along with PI : Collaborative study**

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS - PI
2.	CARI,New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I (as per email of institute dated 25.11.2019)

7. **Date of IEC approval :** IEC-AIIMS/2019-F 13 24/10/2019

   CTRI Registration/Reference (for clinical trials) : CTRI/2021/06/034446

8. **Date of initiation :**

S.No.	Name of the participating centre	Date of initiation*
1.	AIIMS ,New Delhi AND CARI,ND	01.08.2021

9. **Budget allocated: 59,26,260/- , F.N. 3-34/2018- CCRAS/Admn /Tamak shwasa/1181, Dated 04.07.18**

10. Installment wise release

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	Ist Instalment 35,52,156/- (Thirty five Lakh fify thousand one hundred fifty six only)	F.N. 3-34/2018-CCRAS/Admn /Tamak shwasa/1181,	04.07.18	19.07.2018 35,52,156/-(Released to AIIMS on 20.01.2020)

11. Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1	Pre- trial Preparation	2 months	Recruitment of staff under process	delay in receiving of trial drug
2	Recruitment of patients	32 months	In progress	
3	Statistical analysis	2 months	NA	

12. Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS,New Delhi	42	20	11	11

Summary of project : The first investigator (Expert Allopathic physician) diagnoses the patient with PRF (Physician Reporting Form) and second investigator (Research Scholar/ Junior Physician etc.) diagnose the same patient with the help of developed Ayurveda Diagnostic Tool. Treatment is prescribed by the First Investigator and response is recorded during follow-up. Target of the study is 100(50 in 2 groups).42 patients enrolled in the study till date out of which 20completed the study and 11 were dropped out/withdrawn from the study.

Any relevant information: Nil

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A7.) **Prospective Double Blind Randomized Controlled Clinical Study On Ayurvedic Intervention (Sarpgandha Mishran) Vs Amlodipine For The Management Of Stage-I Primary Hypertension**

1.Objectives:
Primary objective:

- To assess the clinical efficacy of Sarpgandha Mishran in the Management of Stage-I Hypertension (JNC-VII report).

Secondary Objectives

- To assess the clinical safety of Sarpgandha Mishranin the Management of Stage−I Hypertension (JNC−VIIreport).

2.Study Design:

Study Type : Interventional
Purpose : Treatment
Masking : Double blind
Control : Controlled
Timing : Prospective
Groups : Two

3.Sample Size: 150

4. Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:

F.NO 3-36/2020-CCRAS/Admn/Coll./8301 on dated 30.03.2020

5.Duration of Study : 24 months(2 years)

6.Interventions : Group−I

Sarpgandha Mishran (SM) (API − Part III; 1st Ed.; Pg 170).

Dose	500mg Twicedaily
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration	Twice a day afterfood
Anupana	Water
Packingform	30 capsule (180 cap during the entiretrial)
Durationoftherapy	3months

Hydrochlorthiazide (HCT)

Dose	12.5mg
Dosageform	Tablet
RouteofAdministration	Oral
TimeofAdministration	Once a day afterfood
Anupana	Water
Packingform	Blisterpack
Durationoftherapy	3months

Matching Placebo of Amlodipine

Dose	5mg
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration	Once in a day after food (morning)
Anupana	Water
Packingform	90capsule
Durationoftherapy	3months

Group–II
HydrochlorthiazideHCT)

Dose	12 . 5mg
Dosageform	Tablet
RouteofAdministration	Oral
TimeofAdministration	Once a day afterfood
Anupana	Water
Packingform	Blisterpack
Durationoftherapy	6months

Amlodipine

Dose	5mg
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration	Once in a day after food(morning)
Anupana	Water
Packingform	90capsule
Durationoftherapy	3months

Matching placebo of Sarpgandha Mishran

Dose	500mg Twicedaily
Dosageform	Capsule
RouteofAdministration	Oral
TimeofAdministration :	Twice a day afterfood
Anupana	Water
Packingform	30 capsule（180 cap during the entiretrial）
Durationoftherapy	3months

7.Participating centre along with PI: Collaborative study

Name of the participating Centre	Name of PI	Name of Co-I
AIIMS, New Delhi	PI-Dr. D. S. Arya Professor, Department of Pharmacology, AIIMS, New Delhi.	Prof .Rajeev Narang, Professor, Department of Cardiology, AIIMS, New Delhi Dr .Jagriti Bhatia, Professor, Department of Pharmacology, AIIMS, New Delhi CO-I Dr. Shivam Pandey, Department of Biostatistics, AIIMS, New Delhi
CARI, New Delhi	----	CO-I Dr. Sakshi Sharma, Research Officer (Ay.),CARI, New Delhi.

Date of IEC approval: IEC-311/03.05.2019,RP-39/2019, RP-06/2019 on dated 13.08.2019

CTRI Registration/Reference (for clinical trials): CTRI/2021/12/038589 registration on 13.12.2021

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	AIIMS, NEW DELHI &CARI,New Delhi	22ND January 2022

Budget allocated: Rs.66,32,426.000/-(Sixty Six Lakh Thiry Two Thousand Four Hundred Twenty Six Only) F.NO 3-36/2020-CCRAS/Admn/Coll./8301 on dated 30.03.2020

Installment wise release:

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	1st installment 45,90,560/- for AIIMS Rs.500000/ for sarpagandha & placebo purchase through CARI New Delhi	F.NO 3-36/2020-CCRAS/Admn/Coll./8301	30/03/2020	27.04.2021
2.	Releasing status to AIIMS Rs.25,45,280/-	F.NO-5-5/2020-21/CARI/Accounts/Ch.forward/835	23.03.2021	23.03.2021
3.	Releasing status to AIIMS Rs.12,72,912/-	F.NO-5-5/2020-21/CARI/Accts/733 Office order no-974/2021-22	25.03.2022 16.03.2022	17.03.2022

Chronological timeline & deliverables:

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	PreparatoryPeriod	6months	Achieved	-
2.	Recruitment	12months	continuing	
3.	Treatment Period	3 months	continuing	
4.	Statistical analysis	3months	NA	

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, NEW DELHI	11	0	01	10

Summary of Project: Project has been initiated on 22nd January 2022. Project sample size is 150 divided in two groups having 75 patients in each group to assess the effect of *SarpagandhaMishran* vs Amlodipine in the management of Stage I Primary Hypertension and to observe the changes inblood pressure, changes in Quality of life by using SF-36 Questionnaire, changes in IL-6, Serum Pro-BNP, lipid profile, LFT and RFT parameters. Patients are being enrolled after screening and investigations as per protocol i.e., General Investigations, ECG and X-ray following inclusion and exclusion criteria. Group I patients are administered with *SarpagandhaMishran* 500mg twice daily, Hydrochlorothiazide 12.5mg once daily and matching placebo of Amlodipine 5mg once daily and Group II patients are administered with matching placebo of *SarpagandhaMishran* 500mg twice daily, Hydrochlorothiazide 12.5mg once daily and Amlodipine 5mg once daily. Theassessment of the patients from both groups is done at 2ndweek, 4th week, 8th week and 12thweek. During treatment, investigations are done at the end of 4th Week and 12th week.

Any relevant information: Nil

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B. INTRA MURAL RESEARCH PROJECTS

B1.) "Clinical efficacy of *KaishoreGuggulu* and *Balaguduchyaditaila* in the management of Gout (*Vatarakta*)."

1. **Objectives :**

Primary objective:

- To assess the Clinical efficacy especially the hypouricemic effect of *KaishoreGuggulu* and *BalaguduchyadiTaila* in the patients of Gout (*Vatarakta*).

Secondary Objective:

- To study the safety of *KaishoreGuggulu* and *BalaguduchyadiTaila* in the patient of Gout (*Vatarakta*).

2. **Study Design :**

Study type	Interventional
Purpose	Treatment
Masking	Open label
Control	Not controlled
Timing	Prospective
End Point	Efficacy and safety
No. of Groups	Single

Deliverables with time line fixed for the project:

- Total Study Period : 36 months (144 weeks)

  Pre-trial preparatory period:
- Recruitment of staff/Literature survey/ Screening

  Of patients/Procurement of medicine etc : 02 months (8 weeks)
- Washout Period (if required) : 02weeks
- Recruitment patients/follow ups/ data recording : 26 months (104 weeks)
- Treatment Period : 12 weeks
- Follow-Up Period : 02 weeks
- Data analysis/report preparation/ submission : 04 months (16 weeks)

3. **Sample Size :** 110

4. **Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:** F.No. 3-26/2016-CCRAS/Admin/IMR 4/Gout/1379,dated 10.08.2017, under Annual Action plan

5. Duration of Study : 3years, till July 2021

6. <u>Drug Interventions:</u>

❖ ***<u>Kaishore Guggulu</u>*** **(**<u>API, Part-II, Vol.-I pg.94-96, AFI, Part-I,-5:2).</u>

Dose	:	1000 mg. (2 Tablets) twice daily
Dosage form	:	Tablet of 500 mg each
Route of administration	:	Oral
Time of administration	:	Twice a day after food
Anupana	:	Lukewarm water
Packing form	:	Pack containing 60 Tablets
Duration of therapy	**:**	12 weeks

❖ ***Balaguduchyadi Taila***(API, Part-II, Vol.-I, pg. 115-116, AFI, Part-I-8:34).

Dose	:	10 ml twice daily
Dosage form	:	Oil
Route of administration	:	Local application on affected joint (s) gentle massage followed by lukewarm fomentation.
Time of administration	:	Twice a day at 12 hrs interval
Packing form	:	300 ml plastic bottle
Duration of therapy	**:**	12 weeks

NOTE: Patients may be guided regarding *Pathya / Apathya* regimen by the investigator.

7. Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1.	CARI,New Delhi	Dr. Seema Jain,R.O. (Ay)

8. Date of IEC approval : 25.10.17

9. CTRI Registration/Reference (for clinical trials) : CTRI/2018/04/013326

S.No.	Sanction order	Installment	Date	Date of fund receipt	Refunded
1.	F.No. 3-26/2016-CCRAS/Admin/IMR 4/Gout/1379	11,52,600.00 (1st installment)	10/08/2017	10.08.17	unspent 5,32,807/- returned to hq
2.	F.N. 3-66/2018-CCRAS/Admn /AYUSH-SR/5024	309992/-	29.12.2020	29.12.2020	unspent 5640/- returned to hq
3.	F.N. 3-66/2018-CCRAS/Admn /AYUSH-SR/6957	10000/-	18.03.21	18.03.21	
4.	F.N. 3-97/2020-CCRAS/Admn /Coll/1010	1,12,300/-	08.06.2021	08.06.2021	
5.	F.N. 3-26/2016-CCRAS/Admn /IMR/418	71,500 /-	02.09.2021	02.09.2021	
Total released -- 16,56,392/-					

Expenditure-- 10,72,364/- Unspent- 45581/-(returned to HQ with UC on 25.03.22)	**Total Refunded- 5,38,447/-**

10. Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	07.07.2018

***Date of first enrolment - 07.07.2018**

11. Budget allocated : 19,21,000/-

12. Installment wise release

13. Chronological timeline & deliverables

Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1. Preparatory period	1 months	Achieved	
2. Recruitment of Patients	26 Months *	Achieved	
3. Statistical Analysis	01 Month	E format and CRF submitted to HQ in Oct 21	

14. Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	110	87	23	Study completed

15. Summary of project:

This is an open level, multicentre, prospective, non-controlled, clinical trial.110 subjects of primary gouty arthritis aged between 25 to 65 years fulfilling the diagnostic criteria of American College of Rheumatology (ACR) were enrolled in the study. *Kaishore guggulu* 1000 mg twice in a day with luke warm water after food and *Balaguduchyaditaila for* external application twice in a day was given for 12 weeks. The assessment was done every 4 weeks. Primary outcome was assessed by seeing Reduction in Serum Uric Acid levels from the baseline to the end of study period and secondary outcome was assessed by using Patient's Global Assessment, Physician's global Assessment and Pain assessment on VAS scale. Laboratory investigations were carried out at baseline and at the end of treatment. One follow up assessment without treatment was carried out 14 days after completion of treatment.

110 patients of gout, fulfilling Inclusion and Exclusion criteria, enrolled in the study. Out of these 87patients have successfully completed the study and 23 were *dropped* out.**Most of the patients (16) were dropped out during lockdown in Covid-19 Pandemic**

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B2.) An Open Label Clinical Trial To Evaluate Clinical Efficacy and Safety of AYUSH AGT for External Wounds

Objectives :

Primary Objective:

To assess the efficacy of AYUSH AGT ointment in external wound healing

Secondary Objective:

To assess the safety of AYUSH AGT ointment in external wound healing

Study Design :

Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	None
Control	:	None
Timing	:	Prospective
End Point	:	Healing
No. of groups	:	One

SampleSize **:** 30

Duration of Study : 1 year

Interventions :

AYYUSH AGT ointment

Dosage – Q.S.

Route of Administration – Topical

Dosage Form- Gel Based ointment

Time of Administration – Applied on wound bed once a day and bandage with the sterile material

Duration of Therapy – 4 weeks

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1.	Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi	Dr.Hemanta Panigrahi R.O (Ay)
2.	Regional Ayurvedic Research Institute, Vijayawada	Dr.A.J.V. sai Prasad R.O. (Ay)
3.	Regional Ayurvedic Research Institute, Ahmedabad	Dr.Anil Avhad R.O. (Ay)

Date of IEC approval: 02.04.2019

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	**Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi**	25/02/2022

Budget allocated: 3,65,000/-

Installment wise release

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	**1,82,500/-**	**F.No 3-97/2020-CCRAS/Admn/Coll./1010**	**08/06/2021**	**08/06/2021**

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	30	1 year	Continuing	Due to Covid 19 Hospital was Closed

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	03	01	00	02

19. Relevant information, if any:-NIL

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B3.) Evaluation of Ayush-SR tablet in occupational stress among nurses –A randomized double-blind placebo controlled clinical study

1. Objectives:

PrimaryObjective:

To assess the clinical efficacy of AYUSH -SR in patients suffering with occupational stress among nurses working in RML hospital, New Delhi.

SecondaryObjective:

To assess the clinical safety of Ayurvedic intervention – AYUSH- SR in the management of Occupational stress among nurses working in RML hospital, New Delhi.

2.Study Design:

Study Type	:	Interventional - Randomized Clinical Trial
Purpose	:	Treatment and Research
Masking	:	Double blind
Control	:	Placebo Controlled
Timing	:	Prospective

End Point : Efficacy and Safety
No. of groups : Two (1:1)

3.SampleSize **:** 120

4. Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F. No 3-66/2018-CCRAS/ Adm/IMR/ AYUSH- SR/2970, Dt: 16.10.2018

5. Duration of Study : 36 months (3years)

6. Interventions

Group-I : Ayush SR tablet

Group-II : Placebo

7. Participating center along with PI:

S.No.	Name of the participating center	Name of PI
1.	ATC at ABVIMS, Dr. RML Hospital, New Delhi	Dr. Sudha Kumari K.G, Research officer (Ay)

8. Date of IEC approval: 02.04.2019, (F.No.1-12/2015-ACRI/Tech/IEC/Part-II)

19.03.2020, [No.330 (48/2019)/IEC/ABVIMS/RMLH) 103]–For 1 year

30.04.2021 [F.No.330(48/2019/IEC/ABVIMS/RMLH/528] - Renewed

9. CTRI Registration/Reference (for clinical trials) : CTRI/2020/07/026276, Dt.01.07.2020

10. Date of initiation:

S.No.	Name of the participating center	Date of initiation
1.	ATC at ABVIMS, Dr. RML Hospital, New Delhi	4/02/2021

11. Budget allocated : Rs. 27, 18,400 /-

12. Installment wise release

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	1st- 8,34,800 /-	F.No. 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/2970	16.10.2018	26.10.2018
2.	2nd - 2,39,022/-	F. No. 3-66/2018- CCRAS/ Adm/IMR/ AYUSH- SR/5024	29.12.2020	02.01.2021
3.	3rd– (1) 3,92,900/- (2) 2,20,000/-	F.No.3-97/2020-CCRAS/Admn/Coll./1010	08.06.2021 10.09.2021	08.06.2021 24.09.2021

		F.No.3-66/2018- CCRAS/ Adm/IMR, Office Order No.460/2021-22		

13. Chronological timeline & deliverables

S.N	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Period required for Pre-trial preparation (after sanction of the project to the PI),Development and printing CRFs:	0-2 months	Achieved	-
2.	Trial drug procurement and Subject Recruitment	3-33 months	Trial drug received. Enrolled 52 patients	IEC approval was sanctioned on 19.03.2020 from Dr. RML Hospital but Trial Drug was procured only on 27.08.2020, SRF got appointed on 24.12.2020 and Enrolment started on 04.02.2021.
3.	Data verification, Statistical Analysis & report preparation:	34-36 months	-	-

14. Current status:

S.No	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	ATC at ABVIMS, Dr. RML Hospital, New Delhi	52	33	4	15

15. Any relevant information: Nil

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B4.) Evaluation of Efficacy and Safety of AYUSH-HR in the management of Pre-Hypertension – A Double blind Randomized control clinical study

1. Objectives:

- **Primary Objective:**To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).
- **Secondary Objective:** To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Study Design **:** Double blind Randomized control clinical study
Study Type **:** Interventional

Purpose : Treatment
Masking : Double blind
Control : Controlled
Timings : Prospective
End Point : Efficacy & Safety
No. of Groups : Two
Sample Size : 140 (70 patients in each group)

2. Approval of IMR-PEMC: As per headquarters' order dated 12/09/2018
File No. 3-56/2018-CCRAS/Admn/Pre-Hypertension/2400

3. Duration of Study : Two years

4. Interventions :

(i) Group 1 (**AYUSH – HR**)

Dose : 500mg twice daily
Dosage form : Tablet
Route of Administration: Oral
Time of Administration: Twice a day after food
Anupana : Water
Packing form : 60 tablets
Duration of therapy: 3 months
Life style advocacy

(ii) Group 2 (**Matching placebo**)

Dose : 500mg twice daily
Dosage form : Tablet
Route of Administration: Oral
Time of Administration: Twice a day after food
Anupana : Water
Packing form : 60 tablets
Duration of therapy : 3 months
Life style advocacy

5. **Participatingcentre along with PI**:

S.No.	Name of the Participating centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma, Research Officer (Ay.)
2.	RARIGID, Guwahati	Dr. Pravin Masram, Research Officer (Ay.)
3.	RARI, Thiruvananthapuram	Dr. Varsha Sumedhan, Research Officer (Ay.)

6. Date of IEC approval :F.No.1-12/2015-ACRI/Tech./IEC/Part II dated 02.04.2019

7. CTRI Registration :CTRI/2019/09/021266 dated 17.09.2019

8. Date of Initiation :08.02.2022

9. **Budget allocated** :Rs. 17, 48,000/-

10. Installment wise release :

S. No	Installment	Sanction order	Date	Date of Receipt of fund
1.	1st installment 15,48,000/-	FileNo.3-56/2018-CCRAS/Admn/Pre-Hypertension/2400	12.09.2018	18.09.2018

11. Chronological timeline & deliverables

Total Study Period : 24 Months

S.N.	Milestones	Time lines
1.	Preparatory Phase	3 months
2.	Recruitment Phase	16 months
3.	Treatment Period	3 months
4.	Statistical Analysis and preparation of Report	2 months

12.Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	14	00	00	14

13.Summary of Project: Project has been initiated on 8th Feb.2022. Project sample size is 140 divided in two groups having 70 patients in each group to assess the effect of AYUSH-HR in the management of Pre-hypertension and to observe the changes in the Quality of life by using SF-36 Questionnaire, the changes in the blood pressure, lipid profile, HbA1c and Ejection Fraction. Patients are being enrolled after screening and investigations as per protocol i.e General Investigations, ECG X-ray and Echocardiography following inclusion and exclusion criteriaGroup I patients are administered with AYUSH-HR medicine 500mg twice daily with *life style advocacy* and Group II patients are administered with matching placebo of the drug in same dosage with *life style advocacy*, and the assessment of the patients from both groups have done at and interval of 2 weeks upto 12weeks.

14. Relevant information, if any – Not significant

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B5.) Evaluation of Efficacy and Safety of AYUSH-M3 in the management of Pre-Hypertension – A Double blind Randomized control clinical study

1. Objectives:

- **Primary Objectives:** To assess the clinical efficacy of **AYUSH-M-3** in the Management of Pre-Hypertension (JNC-VII report).
- **Secondary Objectives:** To assess the clinical safety of **AYUSH-M-3** in the Management of Pre-Hypertension (JNC-VII report).

2.StudyDesign:

Study Type : Randomized Clinical Trial

Masking : Double blind (Participant and Investigator)
Control : Placebo Controlled
Timing : Prospective
No. of groups : Two

3 Sample Size : 140 {70 Participants for each arm (Test arm and Control Arm)}

4. Approval of IMR-PEMC : FileNo.3-29/2020-CCRAS/Admn/IMR/8177dated17.03.2020

5. Duration of Study : 2 year

6. Interventions :

Group-I

1. **AYUSH - M-3**

Dose : 500mg twice daily
Dosage form : Tablet
Route of Administration : Oral
Time of Administration **:** Twice a day after food
Anupana : Water
Packing form : 60 tablets
Duration of therapy : 3 months
Follow-Up : 1month (without intervention)
Life style advocacy

Group-II

1. **Matching Placebo**

Dose : 500mg twice daily
Dosage form : Tablet
Route of Administration : Oral
Time of Administration : Twice a day after food
Anupana : Water
Packing form : 60 tablets
Duration of therapy : 3 months
Follow-Up : 1month (without intervention)
Life style advocacy

7. Participating center along with PI:

Sr.	Name of the Practicipating Centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma
2.	RARI, Guwahati	Dr. P. L. Bharti
3	RARI, Trivandrum	Dr. Varsha Sumedhan

8. Date of IEC approval: File No.1-12/2015-ACRI/Tech/IEC/Part II dated 18.07.2020

9. CTRI Registration/Reference (for clinical trials): CTRI/2020/09/028121 registered on 29.09.2020

10. Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	CARI, New Delhi	30.03.2021

11. Budget allocated: Rs. Rs. 14, 62,000/-

12. Installment wise release

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	Ist year Installment-Rs. 12,62,000/-	F.no. 3-29/2020-CCRASAS/admn./IMR./8177	17.03.2020	01.04.2020

13. Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	140	2 year	Continue	NA

14.Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	49	25	01	23

15.Project Summary:

Project has been initiated on 30th March.2021. Project sample size is 140 divided in two groups having 70 patients in each group to assess the effect of AYUSH-M3 in the management of Pre-hypertension and to observe the changes in the Quality of life by using SF-36 Questionnaire, the changes in the blood pressure, lipid profile, HbA1c and Ejection Fraction. Patients are being enrolled after screening and investigations as per protocol i.e General Investigations, ECG X-ray and Echocardiography following inclusion and exclusion criteriaGroup I patients are administered with AYUSH-M3 medicine 500mg twice daily with *life style advocacy* and Group II patients are administered with matching placebo of the drug in same dosage with *life style advocacy*, and the assessment of the patients from both groups have done at and interval of 2 weeks upto 12weeks.After Treatment investigations were done on 12th Week and one follow-up was on 16th Week(without Medication). Prakriti analysis and Swasthya assessment (Before and after treatment) was also done at the time of baseline using online Portal of both.

16. Any relevant information: After initiation of project March2021, Expected enrollment of patients were reduced due to Covid-19 Pandemic.

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B6.) Clinical evaluation of LavanbhaskaraChurna in the management of Amajirna¬ Randomized Parallel group study

Objectives:

Primary:

Clinical efficacy of Lavana Bhaskar Churna in the management of Amajirna

Secondary:

Clinical Safety of of Lavana Bhaskar Churna in the management of Amajirna

Study Type **:** Interventional

Study Design : Open clinical trial, parallel group.
Purpose : Treatment
Control : Not Controlled
Timing : Prospective
End point : **Primary end point** - Overall Relief from symptoms in patients of Amajirna
Secondary end point – Reduced relapse rate of disease during post treatment period.
No. of groups : 2

No. of patients to be completed in the clinical trial (Sample Size): 110(55 in each group)

Approval of IMR-PEMC : Annual Action Plan 2018-19 dated 11/12/2017

Duration of Study : 16 months

Interventions :

Group I : Lavan Bhaskar Churna

- Dose: 3 gram, twice daily
- Dosage form: Fine Powder
- Route of administration: Oral
- Time of administration: Just five minutes after finishing the food
- Anupana: water(mixed with 40 ml of water)
- Duration of therapy:2 weeks
- Ayurveda Lifestyle Advocacy

Group II : Ayurveda Lifestyle Advocacy

Follow up Period : 14 days

Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI
1.	CARI, New Delhi	Dr. Shaizi Layeeq, Research Officer, (Ay.)
2.	RARI,Lucknow	Dr. Pallavi Kamble,Research Officer, (Ay.)
3.	ALARCA, Chennai	Dr. S. Asha, Research Officer(Ay.)

Date of IEC approval : F.No.1-12/2015-ACRI/Tech/IEC Part II Dt.15.07.2020

CTRI Registration : CTRI/2021/01/030439 dated 13/01/2021

Date of Initiation : 22/02/2021

Total Budget allocated : Rs. 17,55,800/-(F.No. 3-43/2020-CCRAS/Admn/IMR/8222 dated 20/03/2020)

Amount received till March 2022:

1. Rs. 3,77,900/- vide letter no. F.No. 3-66/2018-CCRAS/Admn/IMR/AYUSH-SR/5024 dated 29/12/2020

2. Rs. 5,91,516/- vide letter no. F.No.3-97/2020-CCRAS/Admn/Coll/1010 dt.08/06/2021

Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/ Not Achieved	Cause of deviation, if any
1.	Pre-trial preparations	24 weeks	Achieved	-
2.	Recruitment in main study	32 weeks	Continuing	Repeated waves of Covid 19

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	94	66	10	18

Summary of Project: This is an open level, multicentric, prospective, non-controlled, clinical trial. 110 subjects of Amajirna aged between 18-60 years fulfilling the diagnostic criteria to be enrolled in the study. The patients in the Group 'I' are give *Lavan bhaskar churna* 3gms twice a day with 40ml lukewarm water just 5 minutes after meals along with Lifestyle advocacy while those in 'II' are only being advocated Lifestyle modification for 2 weeks. The assessment is to be done on day 3,7 and 14. They will be followed up for duration of 2 weeks. CRFs are updated on each visit for every patient.

Relevant information,if any: NIL

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B7.) Prospective open labelled observational study to document the potential safety issues and prescription trends in selected Rasausadhi's in CCRAS -OPD's across India

Objectives:

Primary Objectives:

- Development of an Ayurvedic informatics database of selected *Rasausadhi's* in terms of clinical safety.

Secondary Objectives

- Prospective documentation and analysis of information related with prescription trends of selected *Rasausadhi's* in a structured format to draw the meaningful possible outcomes and conclusions.

2. Study Design:

- StudyType : Observational (Interventional)
- Masking : None
- Control : Open
- Timing : Prospective
- No. of Groups : One

- Centers : Multi-Centric (18 Centers)
- **Number of Patients to be completed in the clinical trial (Sample Size)**: 10 subjects/ per Rasa Aushadhi (Herbo- Mineral Medicine) per Center. Total 110 subjects for all 11 Rasa Aushadhies including 25% dropouts at each institute (total 1980 subjects for all 18 institutes for 11 medicines). As such total 180 patients in 18 Institutes/Centers will be enrolled for each medicine/ drug.

3. Approval of IMR-PEMC : F.NO.- 84-1/2019-CCRAS/Admn/HQ/7470 dated 17.02.2020

4. Duration of Study : 1 year

5. Interventions

Formulations:

- All formulations included under the observational study shall be procured from IMPCL/ PSU. The manufacturing house has to supply the COA.
- Each prescription shall contain only one Rasausadhi along with other herbal formulations.
- List of formulations to be evaluated for clinical safety:

S.No.	Medicine (Rasausadhi)	Reference	Dosage form	Suggestive Dose range	Suggestive Duration	Indications As per AFI
1.	Laxmi Vilas rasa (Naradiya)	A.F.I, Part-I, 20:39	125mg tablet	375 mg in divided dose in empty stomach with water	Max. duration: 21 days (3 weeks)	Nasa roga, pinasa, mukhroga, karnaroga, akshiroga, Yakshma, arsha, sthoulya
2.	Sutasekhar Rasa	A.F.I, Part-III, 15:92	125mg tablet	500 mg in divided dose.	Max. duration: 42 days (6 Weeks)	Amlapitta, chardi, gulma, kasa, grahni, svasa, tridoshaj-atisara
3.	Tribhuvankirti Rasa	A.F.I, Part-I, 20:20	125mg tablet	250 mg in divided dose after meals	Max. duration: 7 days	Vata kaph jwar, sannipatajwar, tarunjwar
4.	Swasakuthar Rasa	A.F.I, Part-I, 20:49	125mg tablet	750 mg in divided dose	Max. duration: 42 days	Svasa, kasa, agnimandya, vatakaphajajwar.
5.	ChandraprabhaVati	A.F.I, Part-I, 12:10	250mg tablet	3 g in divided doses	Max. duration: 42 days	Prameha, mutrakruccha, ashmari, mutraghat, antravridhi, pandu, kamla, rajo-shool, shukradosh, pleehodar.
6.	GandhakaRasayana	A.F.I, Part-II, 7:5	500mg tablet	6 g in divided doses	Max. duration: 42 days	Kandu , kushta, vishvikara, viryakshaya, agnimandya, Meha.

7.	Rasa manikya Rasa	A.F.I, Part-I, 20:33	60 mg Capsule	120 mg in divided doses	Max. duration: 21 days	Vata-shelshmajwar, svasa. (Avoid the drug for Pitta Prakriti)
8.	Smritisagara Rasa	A.F.I, Part-II, 16:64	125mg tablet	250 mg in divided doses	Max. duration: 42 days	Apasmara, smruti-daurbalya.
9.	ArogyavardhiniGutika	A.F.I, Part-I, 20:4	250mg tablet	3 g in divided doses	Max. duration: 42 days	Yakrut- vikara, kushta, jirnajwar, medo-dosh.
10.	Mahayogarajaguggulu	A.F.I, Part-I, 5:6	250mg tablet	500 mg in divided doses	Max. duration: 42 days	Sannipatajwar.
11.	PrabhakarVati	A.F.I, Part-I, 12:15	125mg tablet	500 mg in divided doses	Max. duration:42 days	Hrudroga.

6. Participating centre along with PI:

S.No.	Name of the Participating centre	Name of PI
1.	CARI, New Delhi	Dr. Sakshi Sharma,Research Officer, (Ay.)

18 Peripheral institutes of CCRAS	
1	Central Ayurveda Research Institute, New Delhi
2	Central Ayurveda Research Institute for Hepatobiliary Disorders, Bhubaneswar
3	Central Ayurveda Research Institute for Drug Development, Kolkata
4	Central Ayurveda Research Institute for Respiratory Disorders, Patiala
5	Raja RamdeoAnandilalPodar (RRAP) Central Ayurveda Research Institute for Cancer, Mumbai
6	Regional Ayurveda Research Institute for Eye Diseases, Lucknow
7	M.S. Regional Ayurveda Research Institute for Endocrine Disorders, Jaipur
8	Regional Ayurveda Research Institute for Drug Development, Gwalior
9	Regional Ayurveda Research Institute for Skin disorders, Vijayawada
10	Regional Ayurveda Research Institute for Mother and Child Health, Nagpur
11	Regional Ayurveda Research Institute for Metabolic Disorders, Bangalore
12	Regional Ayurveda Research Institute for Life style related Disorders, Thiruvananthapuram
13	Regional Ayurveda Research Institute for Infectious Diseases, Patna
14	Regional Ayurveda Research Institute for Gastro-Intestinal Disorders, Guwahati
15	Regional Ayurveda Research Institute for Urinary Disorders, Jammu
16	Regional Ayurveda Research Institute for Nutritional Disorders, Mandi
17	Regional Ayurveda Research Institute for Skin Disorders, Ahmedabad
18	Dr. Achanta Lakshmipati Research Centre for Ayurveda, Chennai

7. Date of IEC approval : F.NO.1-12/2015-ACRI/Tech/IEC/ Part II Dt.18.07.2020
8. CTRI Registration : CTRI/2020/09/027526 Registered on 01.09.2020
9. Date of Initiation : 23.01.2021

10. Total Budget allocated : Rs.6,21,000/-(F.No. 84-1/2019-CCRAS/Admn/HQ/7470 dated 19/02/2020)

11. Installment wise release : Rs. 1,21,000/- F.No. 3-66/2018-CCRAS/Admn/IMR/AYUSH-SR/5024 dated 29/12/2020

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	Rs.6,21,000/-	F.No. 84-1/2019-CCRAS/Admn/HQ/7470	19/02/2020	27.02.2020

12. Chronological timeline & deliverables:

S.No.	Target For	Time Line	Achieved/Not Achieved	Cause of deviation, if any
1.	110(10 patients in each 11rasuashdhy medicine)	1 year	Achieved, Project completed on 17th March 2022	NA

13. Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	110	105	05	00

14. Summary of Project: The study was initiated on 23rd January 2021. The enrollment of fresh patients having indications of listed 11 Rasausadhies were recruited following the inclusion and exclusion criteria strictly taking the LFT & KFT status of the patients in consideration. Selected participants were prescribedmedication as per the diagnosis along with only one out of 11 Rasausadhies. Dose, duration of treatment, anupan etc. were directed as per the physician's perception.

Follow-up visits were uptoone week to maximum six weeks.All participants were screened with a physical exam and medical history. After complete medical history and physical exam, hematological and biochemical evaluation, medicines (*Rasaushadhi*(list given below) along with other non herbo - mineral medicines)were prescribed as per the disease condition of the patient. The patients were routinely followed up at weekly intervals and hematological &biochemical assessment were done during the enrollment and at the end of visit. ADR/AE if any, was recorded and causality assessment was also done accordingly. All the observations related to the safety, trends in prescription such as dose, anupana, indication for which prescribed, effectiveness etc was recorded in a pre-designed format.

16. Relevant information,if any: Project completed with achieved Target on 17th March 2022.

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B8.) Randomized Double Blind Trial for Clinical Exavulation of Ksharsutra prepared manually and by automated machin in Fistula in Ano (Bhagandar)

Objectives :

Primary Objectives:

- Study the disease pattern of fistula-in-ano (Bhagandara).
- To evaluate the clinical efficacy of two different kinds of Ksharasutra on fistula-in-ano cases. (Ksharasutra prepared manually and by automated machine)
- To achieve complete cut through of the tract with simultaneous healing

Secondary Objective:

- Clinical safety of the Ksharasutra therapy.

Study Design :

Study Type	:	Interventional
Purpose	:	Treatment
Masking	:	Double-Blind
Control	:	Manually prepared Standard Ksharasutra
Timing	:	Prospective
End Point	:	Till cut through
No. of groups	:	2

SampleSize:100

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.No. 3-66/2019-CCRAS/Admin/Misc./2086 dt 15.07.2019

Duration of Study : 1 year

Interventions :Double blind study with Ksharasutra prepared manually and Automated prepared.

Date of IEC approval: 27.01.2021

CTRI Registration/Reference (for clinical trials): CTRI/2021/12/038414

Date of initiation: 28.06.2021

S.No.	Name of the participating centre	Date of initiation*
1.	**Central Ayurvedic Research Institute, Punjabi Bagh, New Delhi**	28/06/2021

Budget allocated: 8,10,400/-

Installment wise release

S.No.	Installment	Sanction order	Date	Date of receipt of fund
1.	5,60,400/-	F.No 3-97/2020-CCRAS/Admn/Coll./1010	08/06/2021	08/06/2021
2.	2,50,000/-	F.No CV/209/CARICD/New Delhi/2021-22/486	15/11/2021	15/11/2021

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	100	1 year Likely to be extended for another 1 year	Continuing	Due to Covid 19 pandemic OT was Closed for 1 year

Current status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	40	19	01	20

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B9.) "Clinical Efficacy and safety of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) –A randomized open level prospective clinical trial"

OBJECTIVES

Primary Objectives

- To assess the efficacy of *Pippalyadyasava* and *Arogyavardhini Vati* in the management of NAFLD.

Secondary Objectives

- To assess the safety of *Pippalyadyasava* and *Arogyavardhini Vati* in the patients of NAFLD .

Study Design: It will be a

Site of the study: Two CCRAS Institutes

1. Central Ayurveda Research Institute, New Delhi
2. Central Ayurveda Research Institute, Bhuvaneswar

Study duration: Two years

Groups : Two

Group-A: Life style modification + Ayurveda interventions (*Pippalyadyasava* and *Arogyavardhini Vati)*

Group-B: Life style modification

Duration of treatment: Four months (Three months with Ayurvedic intervention & Life style modification as per the schedule below and one month follow up only with life style modification)

Sample Size: 90 (30 in Group-A & 60 in Group-B)

Study Design :

Study type	Interventional
Purpose	Treatment
Masking	Randomized open level
Control	controlled

Timing	Prospective
End Point	Efficacy and safety
No. of Groups	02group(90 patients) 60 in intervention group 30 in control group
Duration	02 yrs
Site of the study	Two CCRAS Institutes CARI,New Delhi CARI,Bhuvaneshwara

Sample Size : 90

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F. No. 3-24/2020– CCRAS /Admn./IMR /6928 dated 27.01.2020

Duration of Study : 2year

Drug Interventions:

Group-A: Life style modification + Ayurveda interventions (*Pippalyadyasava* and *Arogyavardhini Vati)*

1. Arogyavardhini Vati (AFI Part I)

Dose:	500 mg tablet twice daily
Dosage form:	tablet
Route of administration:	Oral
Time of administration:	Twice a day after food
Anupana:	Lukewarm Water
Packing form:	30Tab.
Duration of administration:	45 days (day 1-day 45)

2 Pippalyadyasava) :API Part II Volume II, AFI, Part-I,1:22(

Dose:	15 ml twice daily
Dosage form:	Arishta
Route of Administration:	Oral
Time of Administration:	Twice a day after food
Anupana:	Water
Packing form:	450 ml
Duration of administration:	3 months

Group-B: Life style modification

Physical Exercise

- Brisk walking daily half an hour in fresh air (min.30 minutes)/ Jogging/ Running/ Cycling/ Swimming.

- Yoga (Morning and Evening): **For 45 minutes** (Suryanamaskar: 10 minutes, Bhujangasana: 5 minutes, Ustrasana: 5 minutes, Naukasana: 5 minutes, Dhanurasana: 5 minutes, Trikonasana: 5 minutes), Pranayama (Kapalbhati): 10 minutes
- Yoga and Pranayama: 45 minutes.

Diet:

Do's

Eat freshly prepared food

- Eat only when hungry and after evacuation of Mala (waste products).
- Take oil free diet.
- Low glycemic food:yava mixed wheat flour, Red rice, barley, Rice (minimum 1 year old)
- Fibrous food and vegetables: Parval, Karvellaka, Papaya, Pumpkin,Water guard (Lauki), RibedGuard, Palaka, Methi, Chaulai, Bitter gourd, snake gourd, drumstick, curry leaves, coriander, ginger, garlic.Legumes- Moong daal,Kulatha, green gram
- Fruits: Dadima,,Guava,Chiku,Water melon , Riped Papaya, dry fruits like raisins
- Dairy Products: Cow milk, Cow Milk Ghee.
- Beverages: Green Tea, Maansa Rasa,Luke warm water minimum 8 glasses/day, buttermilk.

Don'ts:

- Avoid reheated & untimely food.
- Oily diet. ,Saturated fat, creamy peanut butter.
- Food: Packaged snack,chips and nuts, Spicy diet, Baked food,Red Meat,Junk food, Chocolates, Ice creams, Bakery items, Artificial sweeteners, jams
- High glycemic food: Wheat flour, Rice (newly harvested), Refined Sugar, white bread, foods made with refined white flour,
- Legumes- Black gram,yellow gram, peas,Urad,
- Fruits and vegetables:Fruit juice without pulp, Potato, Spinach, Couliflower, Broccoli, Cabbage, beans.
- Dairy Products: Full fat milk, curd, High fat dairy products.
- Beverages: Alcohol,Tea, Fruit juice without pulp,Soda, Aerated drinks.

Duration of therapy - 3 months

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI
1	Central Ayurveda Research Institute, New Delhi	Dr. Seema Jain,R.O. (Ay)
2.	Central Ayurveda Research Institute, Bhuvaneswar	Dr. Banmali Das,R.O. (Ay.)

Date of IEC approval : 29.10.2020

CTRI Registration/Reference (for clinical trials) : CTRI/2022/02/040321

Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	15.02.2022

***Date of first enrolment - 15.02.2022**

Budget allocated 27,74,100/-

Budget Released-16,64,460(return back to Headquarter on 08/06/2021)

8,35,500/- (received on 23/11/2021)

Installment wise release

S.No.	Sanction order	Installment	Date	Date of receipt of fund	Refunded
1.	F. No. 3-24/2020– CCRAS /Admn./IMR /7991	16,64,460 (1st installment)	11.03.2020	11.03.2020	16,64,460 **RETURNED TO HQ**
2.	F. No. 3-24/2020– CCRAS /Admn./IMR /811	8,35,500/-	27.11.2021	27.11.2021	-

Chronological timeline & deliverables

Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
Preparatory period	04months	**Achieved**	
Recruitment of Patients	**17 Months ***	**Continuing**	
Statistical Analysis	**03 Month**	**-**	

Current status :

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	16	-	-	16

Summary of project:

This is an open level, multicentre, prospective, controlled, clinical trial. 90 subjects of Grade-I&II of Non-alcoholic fatty liver disease as evident fatty infiltration on Ultrasound aged between 18 to 60 years fulfilling the diagnostic criteria were enrolled in the study. In intervention group A*arogyavardhini vati* 500mg twice in a day with luke warm water after food for 45 days and *Papplyadhyasava 15 ml twice daily after food for 3 months followed by lifestyle modification* .In control group only diet and life style modification is advised to the patients.The

assessment was done every 4 weeks. Primary outcome Change in fibroscan score)Kpa (and CAP value)Kpa (which signifies fibrosis and steatosis status respectively and secondary outcome was assessed by changes in LFT,Lipid profile,Hba1c,BMI And changes in Ftty Liver Index after treatment. Laboratory investigations were carried out at baseline and at the end of treatment. One follow up assessment without treatment was carried out 30 days after completion of treatment. 16 patients of NAFLD fulfilling inclusion and exclusion criteria, enrolled in the study till 3.03.2022.

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C. ANNUAL ACTION PLAN PROJECT

C1.)Clinical evaluation of S*hadbindu Taila Nasya* and *Chitraka Haritaki* in the management of *Pinasa* (Chronic rhinosinusitis)

Objectives:

Primary Objective

- To validate the clinical efficacy of *Shadbindu Taila Nasya* and *Chitraka Haritaki* in the management of *Pinasa* (Chronic Rhinosinusitis).

Secondary Objectives

- To evaluate the safety of *Shadbindu Taila Nasya* and *Chitraka Haritaki* in the management of *Pinasa* (Chronic Rhinosinusitis).

Study Design :

Study Type	:	Interventional
Purpose	:	Treatment
Level of study	:	OPD
Masking	:	Open Label
Timing	:	Prospective
Control	:	Not controlled
End Point	:	Efficacy and Safety
No. of Groups	:	One
Sample Size	:	60

Approval of project along with date: F.N.3-35/2018-CCRAS/Admn/Pinasa/2148

Duration of Study **:** 02 Years (1 year + 1 year extention)

Interventions:

A. Pre-treatment period: There will be washout period of two weeks only if the patient gives previous history of taking allopathic/ Ayurvedic / any medicine.

B. Treatment period:

1. ***Chitraka Haritaki* (API-II Vol-I)**

Dose : 6 gm BD twice a day after food for 42 days

2. ***Shadbindu Taila Nasya* (AFI-I API-II Vol-IV)**

Dose : 6 *Bindu* in each nostril

*Nasya*was given for 3 sittings, seven days in each, with the interval of seven days between each sitting. *Nasya*was given in each nostril in lying down position early morning in empty stomach after taking *Sthanik Abhyanga* with *Bala Taila* (AFI part I) for 5 minutes followed by *Bashpa Sweda* for 5 minutes.

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARI, New Delhi	Dr. Shweta Mata
2.	CARI, Patiala	Dr. Harbans singh

Date of IEC approval: 25.10.17

CTRI Registration/Reference (for clinical trials): CTRI/2017/12/010937

Date of initiation:

S.No.	Name of the participating centre	Date of initiation*
1.	CARI, New Delhi	08.07.2019
2.	CARI, Patiala	29.08.2019

***Date of first enrollment**

Budget allocated: 11,42,000/-(Eleven Lakh forty two thousands only)

Chronological timeline & deliverables

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Pre- trial Preparation	1- 2 months	Achieved	
2.	Recruitment	09 months	Completed	

Current status : Completed

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued

1.	CARI, New Delhi	60	55	05	00
2.	CARI, Patiala	60	60	00	00
	Total	**120**	**115**	**05**	**00**

Summary of project: In this AAP Project 60 Patient of *Pinasa* (Chronic rhinosinusitis) have to be included in each centre to evaluate the effect of *Shadbindu Taila Nasya* and *Chitraka Haritaki Avaleha* in *Pinasa*. After general physical examination, ENT examination Patient has been sent for and laboratory investigations including CT Scan (PNS) after that patient enrolled for the study. The selected patients have received *Chitraka Haritaki Avaleha*for 42 daysand 3 sittings of *Shadbindu Taila Nasy*a was given for 7 days. The effect of therapy has been assessed by Lund-Mackay scores of CT scan PNS, Diagnostic Criteria for Chronic Rhinosinusitis, RSDI Score, SNOT 20.

Target of the study was 60 patients. Out of 60, 55 patients successfully completed the study. No any side effects and adverse effect were reported during the therapy.

Research work completed and data was submitted to HQ as early as. Research paper entitled, *"Clinical evaluation of the efficacy of Shadbindu Taila and Chitraka Haritaki in the management of chronic rhinosinusitis: Protocol for a prospective, open-label multicenter single-arm trial"* has been published and publication of clinical article is under process.

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C2.) Name of Project: "Clinical evaluation of Pathyadi Kwatha and Anu Taila Nasya in the management of Ardhavabhedaka (Migraine)".

1. **Objectives :**

i. **PrimaryObjectives:**ToassesstheclinicalefficacyofPathyadi kwatha and Anu Taila Nasyainpatients suffering withArdhavabhedaka (Migraine).

ii. **SecondaryObjectives**ToassessthesafetyofPathyadi kwatha and Anu Taila Nasya inpatients suffering withArdhavabhedaka (Migraine).

2. **Study Design :**

- Study Type : Interventional
- Level of study : OPD, Clinical Research Unit (Ayu.), Safdarjung Hospital
- Purpose : Treatment
- Masking : Open label
- Control : Not controlled

- Timing : Prospective
- End Point : Efficacy and Safety
- Sample Size : 120 (60 per centre)
- No. of Groups : One
- Study Period : 24 months (2 years)

(On the basis of assumption of overall improvement of 50% in terms of reduction in sign and symptoms (duration, intensity and frequency of episodes of headache) , taking into account 95% confidence level and a margin of error of 10%, expecting a dropout rate of 20% the number of patients to be enrolled in the study wascalculated 60 for each centre).

3. **Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:** F.No.6-3/2017-CCRAS/Tech/Hqrs./302 dated 02-05-2017.
4. **Duration of Study :** 2 years.
5. **Interventions :**

1)***Pathyadi Kwatha-*** [Ref.-A.F.I, Part-2, Vol.4:15.]

Ingredients- *Haritaki, Bibhitaki, Amalaki, Kiratatikta, Haridra, Nimba and Guduchi.*

Dose	:	50 ml.
Dosage form	:	Kwatha (Decoction)
Route of Administration	:	Oral
Time of Administration	:	Twice a day; before food.
Anupana	:	Guda
Duration of therapy	:	84 days (12 weeks).

(* Add 16 times of potable water in 25 g Kvatha churna and boil till it is reduced to 1/8, filter and consume)

2) *Anu Taila*- *Nasya*-[Ref.-A.F.I Part 1,Vol.8:1 Page 365,366.]

Dose	:	2 drops in each nostril.
Dosage form	:	Oil.
Route of administration	:	Nasal oleation (Nasya).
Time of administration	:	Early morning.
Duration of therapy	:	84 days (12 weeks).

6. **Participating centre along with PI& Co-I :**

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	**C.A.R.I., NEW DELHI.**	Dr. Kishor Patel kishoreworld007@gmail.com 07405403106	1. Dr. Neera Chaudhry,Prof. & Head, Neurology Dept, Safdarjung Hospital, ND. neerachaudhry@gmail.com 09810508681 2. Dr. Shweta Mata, R.O.(Ayu.), CARI, ND.

			shwetamatadr@gmail.com 08866014946
2.	**C.A.R.I., Bengaluru Nodal Institute**	Dr.Srinibash Sahoo drsrinibashsahoo@yahoo.co.in Mob: 09448941203	1. Dr H.K.Gupta R.O.(Psy) Hemantgupta04@yahoo.com 09449664598 2. Dr.G.V.Ramana R.O (Ay.) Gvr1528@gmail.com 0944836641 3. Dr.Tejaswini C R.O.(Ay.) Theju.tani99@gmail.com 9738222525

7. **Date of IEC approval:**
   Ethical clearance was obtained for this project in ethics committee meetingdated 21.09.2017 (F.No.1-12/2015/ACRI/Tech/(IEC) Part II/214 dated.11.10.17)
8. **CTRI Registration/Reference (for clinical trials) : CTRI/2019/07/020392.**
9. **Date of initiation : 03-09-2019**
10. **Budget allocated:21,71,600/-**
11. **Installment wise release**

S.No.	Installment	Sanction order	Date
1.	14,85,800/-	F.NO.3-31/2019-CCRAS/Admn./IMR/Migraine/5672	14-03-2019

12. **Chronological timeline & deliverables**

S.No.	Target For	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	1. Period required for Pretrial preparation (after sanction of the project to the PI): 2. Development and printing CRFs: 3. Approval of Institutional ethics committee, CTRI 4. Procurement of medicines along with certificate of analysis:	3 months	Achieved	--
2.	Trial Period	4th month-22nd month [Recruitment of patients will be up to 18th month].	Achieved	--

3.	Statistical Analysis & submission of final report:	2 months	UC & Final report submitted to CCRAS Hqrs.	--

13. **Current status : Project is completed. UC prepared and submitted to CCRAS Hqr.**

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs
1.	CARI, New Delhi	60	56	04
2.	CARI, Bengaluru	51	41	10
	Total	**111**	**97**	**14**

14. Summary of project:

This research study was conducted under the Intra Mural Clinical Research Programme of Central Council for Research in Ayurvedic Sciences (CCRAS), MoAyush, Government of India. This study involved administration of Pathyadi kwatha and Anu Taila Nasya with a view to scientifically document the efficacy and safety of the said Ayurvedic formulations that have been in use since thousands of years for the management of Ardhavabhedaka (Migraine).In this study 60 subjects were recruited from the OPD of Clinical Research Unit (Ayu) of Safdarjung Hospitalover a period of 2 years.

Diagnosis of Ardhavabhedaka (Migraine) was done according to ICHD-III.Pathyadi Kwatha in dose of 50 ml BD with Guda (Jaggery) as Anupana &Anu Taila Nasya in dose of 2 drops in both nostrils after bath was administered daily for 84 days. Subjects fulfilling the inclusion criteria and willing to provide written consent visited the investigator eight times during the trial.Enrolled Subjects have undergone general physical examination and laboratory investigations from time to time for the assessment of the effect of the medicine.. The initial visit was screening phase (visit 0), then the baseline (visit 1) and subsequently after 14 days (visit 2), 28 days (visit 3), 42 days (visit 4), 56 days (visit 5) and 70 days (visit 6) and 84 days (visit 7).The follow up (visit 8 on 112 day) without drug was done after 1 months post active treatment. Subjectswere nominally compensated for your loss of wages / conveyance charges by paying an amount of Rs.100 (One hundred only) for every visit to the hospital during the

study period i.e Baseline / 14th day / 28th day / 42nd day/ 56th day/70th day/84th day and 112th day(Follow-up), a total of Rs. 800 / - (Eight hundred for total 8 visits).

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C3). Clinical safety and efficacy of *Triphala Ghrita* and *Anu Taila* in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Objectives :

Primary Objective:

To obtain preliminary data on clinical efficacy of TriphalaGhrita and AnuTaila in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Secondary Objective:

To assess the Clinical safety of TriphalaGhrita and AnuTaila in the management of Dry Age-Related Macular Degeneration(*Jarajanya Drishtigata Roga*)

Study design		
i.	**Study Type**	Interventional
ii.	**Purposes**	Treatment
iii.	**Masking**	Open label
iv.	**Control**	Not controlled
v.	**Timing**	Prospective
vi.	**End Point**	Efficacy and Safety
vii.	**No. of Groups**	One
viii.	**Sample size**	40

Approval of Annual action plan project: 28 March 2019

Drug / intervention references (Classical textual / API / AFI / Publications, if available)

A. TriphalaGhrita **:** For Aschyotana (AFI, Part I, 6:14, Pg.No. 85)

- Dose : 0.1 ml (0.05 ml in each eyes)
- Dosage form : Ghee (ghrita)
- Route of Administration : Topical
- Time of Administration : Aschyotana (Topical administration of the drug) will be done by patient at bed time for 168 days.
- Duration of therapy : 24weeks (from the first day of marshanasya for 6 months)
- Packing form : Pet Jar/ Bottle containing 200 ml

B. **TriphalaGhrita** : For oral ((AFI, Part I, 6:14, Pg.No. 85)

- Dose : Ten gm once daily
- Dosage form : Ghee (ghrita)
- Route of Administration : Oral
- Time of Administration **:** Once a day (Empty stomach in the morning)
- Anupana : Luke warm water (not more than 10 ml)
- Duration of therapy : 18 weeks i.e 3 weeks per month after marshanasya
- Packing form **:** Pet Jar/ Bottle containing 200 ml

C. Anutaila : for nasal (AFI, Part2, volume3pg no.55)

- Dose : 1 ml
- Dosage form : Oil
- Route of Administration : Nasal
- Time of Administration **:** Nasya (nasal administration) of drug will be donein the institute in the morning for 07 days for 06 consecutive months as described below:

01st week	1st, 2nd, 3rd, 4th, 5th, 6th ,7th day
05th week	29th, 30th, 31st, 32nd, 33rd, 34th ,35th day
09th week	57th, 58th, 59th, 60th, 61st, 62nd, 63rd day
13th week	85th, 86th, 87th, 88th, 89th, 90th ,91st day
17th week	113rd, 114th, 115th, 116th, 117th, 118th, 119th day
21st week	141st, 142nd, 143rd, 144th, 145th, 146th, 147th day

- Duration of therapy : 6 weeks i.e. first week of every month (6months)
- Packing form **:** Bottle containing 10 ml

D.Anutailafor PratimarshaNasya(API Part 2 Vol3 pg.55)

- Dose : 0.2 ml
- Dosage form : Oil
- Route of Administration : Nasal
- Time of Administration **:** PratimarshaNasya (nasal administration) of drug will be done by patient in the evening for 126 days for 06 consecutive months excluding days of Nasya as described below:

01stmonth	8th day to 28th day
2nd month	36th day to 56th day
3rd month	64 th day to 84th day

4th month	92nd day to 112th day
5th month	120th day to 140th day
6th month	148th day to 168th day

- **Duration of therapy** : 18 weeks i.e 3 weeks per month after marshanasya
- **Packing form** : Bottle containing 10 ml

PARTICIPATING CENTRE

S.no	Name of participating centre	Name of PI
1	CARI, Delhi	Dr. NandiniJadhav
2	RARIED, Luckhnow	Dr.Pallavi Kmable

Date of IEC approval: F.NO.1-12/2015-ACRI/Tech/IEC/Part II Dt. 16/07/2019

CTRI Registration: CTRI/2019/06/019667

Date of initiation: 5 feb 2020

Budget allocated: 21,76,250

Installment wise release:

Sr. No.	Installment	Sanction order	Date	Date of receipt of fund
1	1st Rs13,11,250/-	F.NO. 3-34/2019-CCRAS/Admn/IMR/JDR/6013	19/12/2019	19/12/2019

Chronological timeline and deliverables:

Sr. No.	Target for	Time line	Achieved/ Not Achieved	Causes of deviations if any
1.	*(a)* Pre-trial Preparations	4 month	Achieved	-
2.	*(b)* Recruitment	23 month	Continue	-

Current status: Continuing

Status of projects Centrewise-CARI New Delhi

S.NO	Participating centre	No.of cases enrolled	No.of cases completed	No.of cases Drop outs	No.of cases continued
1.	CARI	4	0	4	0

Summary:In this anuual action plan project 40 patients of ARMD have to be included in the study in each centre to evaluate Clinical safety and efficacy of TriphalaGhrita and Anutaila in the management of dry age-related macular degeneration (JarajanyaDrishtigataRoga).

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D.) OUT REACH ACTIVITIES

Ayurveda Mobile health Care Programme (AMHCP) Under SCSP.

This Year total 05 projects completed under Scheduled Cast Sub Plan (SCSP).All 5 projects successfully achieved the target and completed within time

D1.) Profiling of Demographic, health status and Non communicable Diseases among Scheduled Caste population in selected states across India- A descriptive , Cross sectional Epidemiological study

Objectives-

Primary Objectives:

i. Profiling of health statusand Non communicable Diseaseslike Hypertension, Diabetes mellitus, Cancer, Asthma/COPD, Osteoarthritis inScheduled Castepopulation in selected states across India

Secondary Objectives:

i. Demographic profiling of Scheduled Caste population in selected states.

Profiling of risk factors of NCDs inScheduled Caste population across selected states of India.

Study Design:

Study type - Cross sectionalOutreach activities

Purpose of the study- To create awareness in SC populations / collection of demographic data and screening of HTN/DM/Anemia/Malnutrition

Timing - Prospective

EndPoint- awareness about health & hygiene

Total Study Period - 01 year

Sample Size : Population Target -5800
Villages target-5-10
Tours Target-180

Milestone with deliverables:

Total Study Period: 10 months

i. Preparatory Period (Survey Formats finalization, permission from village/ area authorities) : **2 weeks**
ii. Field Survey- **9 months (180 Visits/ Tours)**
iii. Statistical Analysis/ Annual Report preparation: **2 weeks**

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /1071,Dated 11.06.2021, Annual Action Plan

Duration of Study: 1 year

Participating centre along withPI:

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI,New Delhi	**PI** :Dr. Seema Jain,R.O. (Ay) **CoI**:Dr. Shaizi Layeeq, R.O.(Ay)

Date of IEC approval: 26.04.21

Date of initiation

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	26.07.21

CTRI Registration/Reference (for clinical trials) : NA

Budget allocated: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /816,Dated 11.6.21, IMR

Sanction amount-32, 11,000/.(Thirty two lakh eleven thousand only) for 1 year

Revised estimate-20,28,000/-(F.N.65-1/2021-CCRAS/Admn/ SCSP/6708 dated 29.03.22)

Instalment wise release

S.No.	Installment	Sanction order	Date
1.	1st – 8,02,750/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/1074	11.06.2021
2.	2nd –8,02,750/-	F.N. . 65-1/2021- CCRAS/admn/SCSP/New Delhi/469	15.09.2021
3.	3rd3,00,000/-	F.N.1-33/2021-CCRAS/Admn/ SCSP/4736, dated 18.12.2020	20.01.2022
4.	4TH 1,22,500/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/6426, dated 14.03.2021	14.03.2021

Current status: COMPLETED(Aug 2021 –March2022)

S.No.	Particulars	Consolidated data of the study
1.	Durations of the study	1 year **(15 April 2019-16 Mach 2020)**
2.	Villages covered	5
3.	Visits made	195
4.	Population covered	6143

5.	No. of patients treated	4397
6.	No. of SC patients treated	3713
7.	No. of Investigations done	4297- OPD 3573-Survey
8.	No visits by PI & Co-I	27

Summary of project:

The study was conducted after obtaining the approval of Institutional Ethics Committee. One Research Officer (Ay.) of the Institute monitored the work under the supervision of Institute In-charge and a separate Nameplate was affixed in the space allocated for this purpose within the institute. This SCSP Unit conduced tours and extend health care services, document information from time to time.

The following SC population dominated areas (within convenient distance) were selected by the Central Ayurvedic Research Institute for cardiovascular Diseases, functioning under Central Council for Research in Ayurvedic Sciences:-

1. Paschim puri
2. Nangloi J.J. Colony 2
3. . Nangloi J.J. Colony 3
4. Nangloi J.J. Colony 4
5. Sabda Colony

The above mentioned objectives were propagated in each of the above mentioned areas.

Under this programme, the team of CARI, New Delhi has collected different data as per format and also distributed free medicines in different illness. The laboratory investigations were also done like Hb%, FBS, PPBS free of cost for screening of HTN/DM/Anemia/Malnutrition in adults and children belongs to SC community. During the study period from 26.07.2021 to 31.03.2022 , the team covered 6143 populations belonging to SC community in 195 visits. It was observed that 6143 total population covered belong to SC communities. There were RCC/Pukka Houses in all covered areas. Majority of the houses were equipped with electricity & cooking gas, people used to take wheat, rice & pulses. People used to speak Hindi. Govt. Hospital for health care services and Govt. School for education was available nearby in each area.

Total 4397 patients, who were suffering from various ailments, were covered under this plan. Out of which,3713 patients were belonging to SC, 684 belongs to other communities. The main prevalent diseases among these areas were *Sandhivata,Kasa, Shwasa, Madhumeha,TwakaRoga* etc.

The team had put their efforts by distributing IEC material among the masses in Hindi to make people aware about preventive measures of disease and propagation of ayurvedic concept of Pathy-Apathya. It was found that most of the prevailing diseases responded to the Ayurvedic treatment.Awareness lectures were also conducted by Principal investigator and Co-investigator on maintenance of hygiene, diet, life style and immunization on time to time.

Relevant information, if any

Area wise statement of no. of visits, house surveyed, Population covered, patients treated during the reporting period)

A. Number of Tours, Population Surveyed, Patients treated and Investigations done

Name of the Institute	Name of Villages covered	No. of tour conducted	Population			Patient treated									Investigations
			Surveyed (SC)			New			Follow up			Total			OPD
			M	F	Total	SC	Other	Total	SC	Other	Total	SC	Other	Total	
	Nangloi J.J. Colony 02	48	944	838	1782	956	134	1090	87	1	88	1043	135	1178	1156
	Nangloi J.J. Colony 03	38	578	606	1184	738	137	875	27	1	28	765	138	903	876
	Nangloi J.J. Colony 04	38	632	641	1273	710	163	873	39	4	43	749	167	916	959
CARI, NEW DELHI	Paschim Puri	46	475	476	951	559	212	771	58	5	63	617	217	834	810
	Shabda Colony	29	497	456	953	417	17	434	122	10	132	539	27	566	530
	TOTAL	199	3126	3017	6143	3380	663	4043	333	21	354	3713	684	4397	4331

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D2.)"Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Caste population in India- a Community based, cluster randomized controlled study"

Primary Objective:

i. To assess the effectiveness of Ayurvedic diet and Lifestyle advocacy on Quality of Life among schedule Caste population.

Secondary Objectives:

i. To assess the effectiveness of Ayurvedic diet and Lifestyle advocacy on Ayurvedic health assessment parameters.
ii. To evaluate acceptability and adherence to Ayurvedic diet and Lifestyle advocacy among schedule Caste population

Study Design :

Study Type	Open label, cluster randomized controlled Interventional study
Study Site	Schedule Caste dominant areas
Control	Controlled
Timing	Prospective
Number of groups	Two

Sample Size :70

Milestone with deliverables:

Total Study Period: 10 months

- Preparatory Period (Survey Formats finalization, permission from village/ area authorities) : 2 weeks
- Field Survey- 9 months (180 Visits/ Tours)
- Statistical Analysis/ Annual Report preparation: 2 weeks

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /1071,Dated 11.06.2021, IMR

Drug Interventions:

- **Group -1-Ayurveda diet and lifestyle advocacies**
  Duration of therapy **:** 12 weeks
- **Group-2- control group**
  Duration of therapy **:** 12 weeks

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI,New Delhi	**PI** :Dr. Seema Jain,R.O. (Ay) **CoI**:Dr. Shaizi Layeeq, R.O.(Ay)

Date of IEC approval : 26.04.21

CTRI Registration/Reference (for clinical trials) : CTRI/2021/07/034952 , 19.07.21

Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	23.08.21

Budget allocated: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /816,Dated 11.6.21, AAP

Sanctioned amount-32, 11,000/.(Thirty two lakh eleven thousand only) for 1 year

Revised estimate-20, 28,000/- (F.N.65-1/2021-CCRAS/Admn/ SCSP/6708 dated 29.03.22)

Instalment wise release

S.No.	Instalment	Sanction order	Date
1.	1st – 8,02,750/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/1074	11.06.2021
2.	2nd –8,02,750/-	F.N. . 65-1/2021-CCRAS/admn/SCSP/New Delhi/469	15.09.21
3.	3rd3,00,000/-	F.N.1-33/2021-CCRAS/Admn/ SCSP/4736, dated 18.12.2020	20.01.22
4.	4TH 1,22,500/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/6426, dated 14.03.2021	14.03.2021

Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	70	70	00	study completed

Summary of project:

This is an open level, cluster randomized controlled study. 70 subjects of SC Population aged between 18 to 65 years fulfilling the inclusion criteria were enrolled in the study. Persons eligible for participation in the study were randomly allocated into two groups (Group-I/ Group-II) and. For Group-I participants (Intervention) Ayurveda based Lifestyle Advocacy and Practices (ALAP)were advised and In Group II, participants (Control) were advised to practice their routine diet and lifestyle during the study period for 12 weeks. Health status was monitored at the interval of 4 weeks.

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D3) "A prospective community based study for the evaluation of P*unarnavadi Mandura* in Anemia (Pandu)"

1. Objectives:

Primary Objectives:

i. To examine the role of Ayurvedic formulation '*PunarnavadiMandura'* in Anaemia (Pandu)

Secondary Objectives:

i. To assess the change in disease specific symptoms.
ii. To evaluate the tolerability of Ayurvedic formulation '*PunarnavadiMandura'*

2. Study Design :

Study Type	Single arm, Interventional, Multi centric , Prospective study
Study Site	Schedule Caste dominant areas
Control	non-Controlled
Timing	Prospective
Number of groups	one
Sample- Size	50
End Point	Treatment, Tolerability
Centres	Multi-Centric (10 Centers of CCRAS)

3. Sample Size :50

4. Milestone with deliverables:

Total Study Period: 10 months

- Preparatory Period (Survey Formats finalization, permission from village/ area authorities) : **2 weeks**
- Field Survey- **9 months (180 Visits/ Tours)**
- Statistical Analysis/ Annual Report preparation: **2 weeks**

5. **Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date:** F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /1071,Dated 11.06.2021, IMR

6. Drug Interventions:

PunarnavadiMandura- AFI Part- I, 19:1; API, Part-II, Vol.III)

Dose: 500mg Twice daily.
Dosage form: Tablet
Rout of Administration: Oral
Time of Administration: Twice daily just after food.
Packing form: Pack of 60 tabs.
Anupana: Water
Duration ofTherapy: 12 weeks

7. Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI,New Delhi	PI :Dr. Seema Jain,R.O. (Ay) CoI:Dr. Shaizi Layeeq, R.O.(Ay)

8. Date of IEC approval : 26.04.21

9. CTRI Registration/Reference (for clinical trials) : CTRI/2021/07/034967 ,19.07.21

10. Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
2.	CARI,New Delhi	26.09.21

11. Budget allocated: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /816,Dated 11.6.21, IMR

Sanctioned amount-32,11,000/.(Thirty two lakh eleven thousand only) for 1 year

Revised estimate-20,28,000/-(F.N.65-1/2021-CCRAS/Admn/ SCSP/6708 dated 29.03.22)

12. Instalment wise release

S.No.	Installment	Sanction order	Date
1.	1st – 8,02,750/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/1074	11.06.2021
2.	2nd –8,02,750/-	F.N. . 65-1/2021-CCRAS/admn/SCSP/New Delhi/469	15.09.21
3.	3rd 3,00,000/-	F.N.1-33/2021-CCRAS/Admn/ SCSP/4736, dated 18.12.2020	20.01.22
4.	4TH 1,22,500/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/6426, dated 14.03.2022	14.03.22

13. Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	50	45	05	study completed

14. Summary of project:

This is an open label, non controlled study, 50 subjects of SC Population diagnosed with Anemia(Hb gm% betbeen 8-10 gm%)aged between 18 to 55 years fulfilling the inclusion criteria were enrolled in the study. *Punarnava Mandoor* 500mg twice daily with water after food was given for 12 weeks. The assessment was done every 4 weeks. Primary outcome was assessed by Mean Change in hemoglobin percentage from baseline to the end of study period and secondary outcome was assessed by Assessment of changes in disease specific symptoms, Tolerability assessed by proportion of recruited participants remaining in the trial intervention &Change in FACIT –Fatigue Scale. Laboratory investigations were carried out at baseline and at the end of treatment. One follow up assessment without treatment was carried out 4 weeks after completion of treatment. 50 patients of anaemia, fulfilling Inclusion and Exclusion criteria, enrolled in the study. Out of these 45 patients have successfully completed the study and 05 were *dropped* out .

Relevant information, if any

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D4.) "Clinical evaluation of efficacy of Ashwagandha on Quality of life in Geriatric Population- Prospective Double-blind placebo controlled study"

Objectives

Primary Objectives:

To assess the efficacy of Ashwagandha in improving Quality of life (QoL) in geriatric population.

Study Design :

Study Type	**:**	Randomized controlled trial
Masking	**:**	Double blind
Control	:	Placebo controlled
Timing	**:**	Prospective
No. of Groups	**:**	Two
Sample Size	**:**	1080 (540 in Intervention group & 540 in placebo group)120 in each centre (60 in Intervention group & 60 in placebo group)
Centers	**:**	Multi-Centric (09)

Sample Size : 120 (60 in eachgroup)

Total Study Period: 5 months

Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /628,Dated 25.10.2021

DrugInterventions:

Ashwagandha aqueous extract - API, Part- I, Volume VIII, pg- 37-39

Dose: 1 gm Twice daily (02 tablets of 500 mg each twice a day)

Dosage form:Tablet: Aqueous extract

Rout of Administration: Oral

Time of Administration: Twice daily on empty stoma

Anupana: Lukewarm water

Duration of Therapy: 3 months (90 days)

Total Study period: 5 months (150 Days)

Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI,New Delhi	**PI** :Dr. Seema Jain,R.O. (Ay) **CoI**:Dr. Shaizi Layeeq, R.O.(Ay)

Date of IEC approval : F.No. 1-145/21-22-CARI/Tech/SCSP2021-22 Dated: 25.10.21

CTRI Registration/Reference (for clinical trials) : CTRI/2021/11/038315, 29.11.21

Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	24.12.21

Budget allocated: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /628,Dated 25.10.2021

Sanction amount-20,00,000/-(twenty lakh only) for 5 months

Revised estimate-12, 65,000/- (F.N.65-1/2021-CCRAS/Admn/ SCSP/6709 ,dated 29.03.22)

Instalment wise release

S.No.	Installment	Sanction order	Date
1	1st – 11,00,000/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/788	18.11.2021
2	2nd – 1,65,000/-	F.N. . 65-1/2021-CCRAS/admn/SCSP/New Delhi/6425	14.03.2022

Current status :

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	120	115	05	study completed

Summary of project:

In this randomized controlled double blind clinical study, 120 subjects participants of scheduled caste community irrespective of gender in the age group 60 to 75 years whose general health is stable with or without medication fulfilling the inclusion criteria were enrolled in the study. **Ashwagandha aqueous extract** 1 gm Twice daily empty stomach with lukewarm water was given for 3 months. The assessment was done every 4 weeks. Primary outcome was assessed by improvement in Quality of life (QOL) assessedby using SF 36 (Time frame: Baseline,30th day 60th day &90th day) and secondary outcome was assessed by anyimprovement in score generated for Ayurveda Swasthya Assessment Scale (SAS) from baseline, change in laboratory parameters viz. ESR, hs-CRP and IL-6, change in stress level assessed by using Penns State Worry scale &. improvement in Quality of Sleep assessed by using Pittsburgh Sleep Quality Index (PSQI). Laboratory investigations were carried out at baseline and at the end of treatment. 120 patientsfulfilling inclusion and exclusion criteria, enrolled in the study. Out of these 115 patients have successfully completed the study and 05 were *dropped* out from the study..

Relevant information, if any

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D5.) "A prophylactic community based study to assess the impact of Ayuraksha Kit in COVID-19"

1. Objectives:

Primary objective

To assess the efficacy of Ayuraksha Kit in preventing the incidence of COVID-19 like symptoms in scheduled castes predominant areas/villages across India.

Secondary objectives

i) To assess the efficacy of Ayuraksha Kit in preventing the incidence of RT-PCR confirmed COVID-19 cases in a subset of population randomly selected from the study population.

ii) To assess the effect of Ayuraksha Kit on Hematological and Biochemical parameters of a subset of population randomly selected from the study population

iii) To assess the effect of Ayuraksha Kit on severity of upper respiratory symptoms if developed during the study period

iv) To assess the effect of Ayuraksha Kit on the clinical outcome of the participants developing COVID-19 like symptoms or COVID-19 illness diagnosed by RT-PCR, during the study period.

v) To assess the impact of Ayuraksha Kit on the psychological distress as an impact of COVID-19 exposure, among the study population

vi) To compare the incidence of Severe Adverse Events among both groups

2. Study Design:

METHODOLOGY

Study Type	: Interventional
Purpose	: Prophylaxis
Masking	: Nil
Control	: Controlled
Timing	: Prospective
No. of Groups	: Two
Sample Size	: 8316 (Intervention 7560 + Control 756)
Sampling	: Cluster Sampling
Randomisation	: Out 20 identified clusters, 10 will be randomly selected
Allocation Concealment	: None
Blinding	: None
Centers	: Multi-Centre (12 Institutes of CCRAS)
Study Period (Duration of intervention)	: 1 month
Follow-ups	: Biweekly for 4 weeks (daily if any Covid-19 like symptoms developed during the study)
Total Study duration	: 2 months

3.Sample Size : 693

4. Approval of IMR-PEMC, Annual Action Plan, RFD etc. along with date: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /1019,Dated 28.01.22

5. Drug Interventions:

- Group-I (Intervention group): Participants will receive *Ayuraksha Kit* as add on to the Standard preventive measures of COVID-19. (Instructions to follow Hand hygiene and respiratory etiquettes; Soap for hand wash and masks will be provided to all the participants)

Components of Ayuraksha Kit (recommended by M/o AYUSH)

- Chyawanprash- 6 gm OD in the morning
- Ayush kwath - 3 gm boiled in 150 ml of water filtered and consume once a day
- Samshamani Vati - Two tabs (250 mg each) twice a day with normal water
- Anu taila - one drop in each nostril two times a day

The Ayuraksha Kit will be procured from IMPCL, a GMP certified Ayurveda Pharmaceutical Company under M/o AYUSH, Govt. of India.

- Group-B (control arm): Standard preventive measures of COVID-19 (Instructions to follow Hand hygiene and respiratory etiquettes; Soap for hand wash and masks will be provided to all the participants)

Standard Preventive measures as per MOHFW, Govt of India guidelines

6. Participating centre along with PI :

S.No.	Name of the participating centre	Name of PI/CoI
1.	CARI,New Delhi	PI :Dr. Seema Jain,R.O. (Ay) CoI:Dr. Shaizi Layeeq, R.O.(Ay)

7. Date of IEC approval: F .No. 1-145/21-22-CARI/Tech/SCSP2021-22 /ARK Dated: 27.01.2022

8. CTRI Registration/Reference (for clinical trials) : CTRI/2022/02/040156, 10.02.22

9. Date of initiation :

S.No.	Name of the participating centre	Date of initiation*
1.	CARI,New Delhi	14.02.22

10. Budget allocated: F.N. 65-1 /2020-CCRAS/SCSP/Admn ./Delhi /1019, Dated 28.01.22

Sanction amount-8 ,96,720/-/.(Thirty two lakh eleven thousand only) for 2 months

11. Instalment wise release

S.No.	Instalment	Sanction order	Date
1	1st – 90,000/-	F.N.65-1/2021-CCRAS/Admn/ SCSP/5885	10.02.2022
2	2nd – 8,06,720/-	F.N. . 1-33/ CCRAS/CASH/Ayush Raksha kit /6315	09.03.2022

12. Current status:

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	693	693	00	study completed

13. Summary of project:

This is an Interventional, controlled study prospective prophylactic multicentric study. 693 subjects of SC Participants not having COVID-19 like symptoms, of age between 18 – 70 years, of any sex from the identified scheduled castes predominant areas/villages across Indiafulfilling the inclusion criteria were enrolled in the study. In group A Chyawanprash- 6 gm OD in the morning ,Ayush kwath - 3 gm boiled in 150 ml of water filtered and consume once a day,Samshamani Vati - Two tabs (250 mg each) twice a day with normal water &Anu taila - one drop in each nostril two times a day given to the participant for 30 days. Soap for hand wash and masks were also provided to all the participants. In Group-B (control arm): Standard preventive measures of COVID-19 Instructions to follow Hand hygiene and respiratory etiquettes; Soap for hand wash and masks were provided to all the participants.

The assessment was done after 15th day and 30th day. Primary outcome was assessed by Comparison of proportion of participants developing COVID-19 like symptoms in both the groups during the study period. [Number of participants with fever, cough, or other respiratory/systemic symptoms (including but not limited to fatigue, myalgias, arthralgias, shortness of breath, sore throat, headache, chills, coryza, nausea, vomiting, diarrhoea) and secondary outcome was assessed byComparison of incidence of RT-PCR diagnosed cases in both the groups in a subset of population randomly selected from the study population. [RT-PCR test of the nasopharyngeal swab of the participants in the subset of population randomly selected from the study population will be done at the time of screening and as and when participants report incidence of symptoms or at 30th day if they remain asymptomatic through-out the study period, any change in CBC, LFT and RFT at baseline and at the end of study period in a subset of population randomly selected from the study population, Any change in psychological distress as an impact of exposure to COVID-19 among participants of both the groups assessed by using Kessler Psychological Distress Scale (K10), Comparison of the clinical outcome of the participants developing COVID-19 like symptoms in both the groups, during the study period as per WHO Clinical progression scale (10 point) etc.. were carried out at baseline and at the end of treatment in 154 participants .

In this subset, 140 subjects out of 630 intervention group and 14 subjects out of 63 of Control group, undergone following Laboratory investigations –

1) RT-PCR of nasopharyngeal swab, Complete Blood Count (CBC), Liver Function Test (LFT) and Renal Function Test (RFT), at the time of screening and at the end of the study.
2) RT-PCR of nasopharyngeal swab as soon as patient reports occurrence of symptoms compatible to COVID-19 illness during the study*

693 subjects, fulfilling Inclusion and Exclusion criteria, enrolled in the study. Out of these 693 patients have successfully completed the study . .

Relevant information, if any

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E.Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

MoAyush has introduced new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani and Homoeopathy (ASU&H) Drugs. The prime objective of the scheme is **to develop the culture of documenting adverse effects and undertake safety monitoring of**

Ayurveda, Siddha, Unani and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral PharmacovigilanceCentres (PPvCCs).Total 352 misleading advertisement have been detected since April 2021 to March 2022 and sent to Intermediary PharmacovigilanceCentres (IPvCCs) , NIA, Jaipur.

Programme Coordinator: Dr. Shweta Mata

Misleading Advertisements and ADR reported in 2021-22

Month	Status of misleading Advertisement(detected)	Suspected Adverse drug reaction
April 2021	56	0
May 2021	41	0
June 2021	34	0
July 2021	26	0
August 2021	26	0
September 2021	30	0
October 2021	30	0
November 2021	23	0
December 2021	26	0
January 2022	17	0
February 2022	20	0
March 2022	23	0
Total	**352**	**0**

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F.PROJECTS IN PIPELINE

1. Clinical evaluation of the efficacy of Ayush-SSM tablet (a coded Ayurvedic formulation) after Virechan therapy inthe management of PCOS – a randomized open labelstandard control trial.
2. An investigation to evaluate the efficacy of cannabis leaf preparation alongwith the Cancer Chemotherapy in patients with locally advanced solid tumours in improving the quality o f life and minimizing side effects o f the Chemotherapy

3. To evaluate the therapeutic effect of *Apamargakshara karma* and AyushUT ointment application with conventional Electrocautery procedure in *Garbhashya greeva mukhagatavrana* w.r.t. Cervical Erosion - A Randomized Control Trial
4. Clinical evaluation of an Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Clinical trial
5. Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)

7(ii) Brief progress Report

Laboratory - Bio chemistry, Pathology& X-Ray

Pathological, Bio-Chemical and Radiological Investigations: Statement of Patients attended at OPD/IPD

1. Table showing No . of investigations done

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	2135	2366	4501
2	Biochemical Investigations	4106	5018	9124
3	Radiological Investigations	0	0	0
4	Other Investigations viz ECG, Ultra sound, Endoscopies etc.	0	0	0
Total		**6241**	**7384**	**13625**

2. Pathological and Bio-Chemical Investigation Report (OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	253	285	**538**
2	T.L.C	250	275	**525**
3	D.L.C	250	276	**526**
4	E.S.R	250	277	**527**
5	R.B.C	143	199	**342**
6	P.C.V	143	199	**342**
7	PLT	154	214	**368**
8	MPV	0	1	**1**
9	AFC	1	1	**2**
10	B.T./C.T	89	24	**113**
11	M	4	20	**24**
12	UPT	0	2	**2**
13	VDRL	1	2	**3**
14	Urine Routine/Microscopy	96	55	**151**
15	MPV	80	109	**189**
16	Hb1b2	51	7	**58**
17	HbsAg	62	22	**84**
18	HCV	50	5	**55**

19	MCV	86	131	**217**
20	MCH	86	131	**217**
21	MCHC	86	131	**217**
22	Blood Sugar	402	363	**765**
23	Total Cholesterol	89	61	**150**
24	Serum Triglyceride	89	60	**149**
25	H.D.L. Cholesterol	89	60	**149**
26	L.D.L. Cholesterol	89	60	**149**
27	V.L.D.L. Cholesterol	89	60	**149**
28	Serum Bilurubin	244	326	**570**
29	Direct Bilirubin	244	326	**570**
30	Indirect Bilrubin	244	326	**570**
31	Blood Urea	239	328	**567**
32	Serum Creatinine	238	327	**565**
33	Serum Uric Acid	239	328	**567**
34	S.G.O.T	248	337	**585**
35	S.G.P.T	248	337	**585**
36	Alkaline Phosphatase	244	332	**576**
37	Calcium	23	18	**41**
38	S.Protien	244	332	**576**
39	S.Albumin	244	332	**576**
40	S.Globulin	244	332	**576**
41	C/H	76	40	**116**
42	AG Ratio	240	333	**573**
43	HbA1C	0	0	**0**
44	RA Qualitative	0	0	**0**
45	CRP Qualitative	0	0	**0**
Total		**6241**	**7384**	**13625**

3. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	45	93	138
2	Biochemical Investigations	193	272	465
3	Radiological Investigations	0	0	0
4	Other Investigations viz ECG, Ultrasound, Endoscopies etc.	0	0	0
Total		**238**	**365**	**603**

4. Table Showing No. of Investigation done (Section Wise-IPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	5	12	**17**
2	T.L.C	5	12	**17**
3	D.L.C	5	12	**17**
4	E.S.R	5	12	**17**
5	R.B.C	5	12	**17**
6	P.C.V	5	12	**17**

7	PLT	5	12	**17**
8	MP	0	0	**0**
9	AEC	0	1	**1**
10	B.T./C.T	0	1	**1**
11	R.A. Factor	0	1	**1**
12	CRP	0	0	**0**
13	VDRL	0	0	**0**
14	Urine Routine/Microscopy	4	0	**4**
15	Stool Routine/Microscopy	0	0	**0**
16	Semen Analysis	0	0	**0**
17	Sputum for AFB	0	0	**0**
18	MCV	2	2	**4**
19	MCH	2	2	**4**
20	MCHC	2	2	**4**
21	(Chikungunya) IgM	0	0	**0**
22	Blood Sugar	31	29	**60**
23	Total Cholesterol	3	8	**11**
24	Serum Triglyceride	3	8	**11**
25	H.D.L. Cholesterol	3	8	**11**
26	L.D.L. Cholesterol	3	8	**11**
27	V.L.D.L. Cholesterol	3	8	**11**
28	Serum Bilurubin	10	15	**25**
29	Direct Bilirubin	10	15	**25**
30	Indirect Bilrubin	10	15	**25**
31	Blood Urea	14	15	**29**
32	Serum Creatinine	12	15	**27**
33	Serum Uric Acid	12	16	**28**
34	S.G.O.T	11	15	**26**
35	S.G.P.T	11	15	**26**
36	Alkaline Phosphatase	10	14	**24**
37	Calcium	4	2	**6**
38	S.Protien	10	15	**25**
39	S.Albumin	10	15	**25**
40	S.Globulin	10	15	**25**
41	C/H	3	8	**11**
42	AG Ratio	10	13	**23**
43	HbA1C	0	0	**0**
44	RA Qualitative	0	0	**0**
45	CRP Qualitative	0	0	**0**
Total		**238**	**365**	**603**

5. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Investigations	Male	Female	Grand Total
1	Pathological Investigations	200	170	370
2	Biochemical Investigations	165	414	579
3	Radiological Investigations	0	0	0
4	Other Investigations viz ECG, Ultrasound, Endoscopies etc.	0	0	0

Total	**365**	**584**	**949**

6. Table Showing No. of Investigation done (Section Wise-Geriatric OPD)

S.No.	Type of Investigation	Male	Female	Total
1	Hb%	29	24	**53**
2	T.L.C	27	22	**49**
3	D.L.C	27	22	**49**
4	E.S.R	27	22	**49**
5	R.B.C	26	20	**46**
6	P.C.V	26	20	**46**
7	PLT	26	21	**47**
8	MP	0	0	**0**
9	AEC	0	2	**2**
10	B.T./C.T	0	1	**1**
11	R.A. Factor	0	0	**0**
12	HBSAG	0	1	**1**
13	VDRL	0	0	**0**
14	Urine Routine/Microscopy	6	6	**12**
15	Stool Routine/Microscopy	0	0	**0**
16	Semen Analysis	0	0	**0**
17	Sputum for AFB	0	0	**0**
18	MCV	2	3	**5**
19	MCH	2	3	**5**
20	MCHC	2	3	**5**
21	(Chikungunya) IgM	0	0	**0**
22	Blood Sugar	68	34	**102**
23	Total Cholesterol	26	16	**42**
24	Serum Triglyceride	26	16	**42**
25	H.D.L. Cholesterol	26	16	**42**
26	L.D.L. Cholesterol	26	16	**42**
27	V.L.D.L. Cholesterol	26	16	**42**
28	Serum Bilurubin	35	22	**57**
29	Direct Bilirubin	35	22	**57**
30	Indirect Bilrubin	35	22	**57**

31	Blood Urea	36	22	**58**
32	Serum Creatinine	36	20	**56**
33	Serum Uric Acid	34	20	**54**
34	S.G.O.T	36	23	**59**
35	S.G.P.T	36	23	**59**
36	Alkaline Phosphatase	35	22	**57**
37	Calcium	9	5	**14**
38	S.Protien	35	22	**57**
39	S.Albumin	35	22	**57**
40	S.Globulin	35	22	**57**
41	C/H	23	12	**35**
42	AG Ratio	32	21	**53**
43	HbA1C	0	0	**0**
44	RA Qualitative	0	0	**0**
45	CRP Qualitative	0	0	**0**
Total		**885**	**584**	**1469**

Radiology Section April 2021 to March 2022

7(iii) Hospital Status : O.P.D. I.P.D (No of beds sanctioned)

Sex	OPD/ IPD	Chest	Abdomen	Spine	Skull/PNS	Upper extremities	Lower extremities	Pelvis/ extremities	Total
M	OPD	12	0	17	6	9	42	2	**88**
M	Geriatric	3	0	3	0	0	18	0	**24**
M	IPD	0	0	0	0	1	0	2	**3**
F	OPD	11	0	41	0	7	88	0	**147**
F	Geriatric	1	0	3	0	2	11	0	**17**
F	IPD	0	0	0	0	0	6	0	**6**
Total		**27**	**0**	**64**	**6**	**19**	**165**	**4**	**285**

- OPD : OPD, Geriatric, Ksharsutra, Leech, Arthritis clinic, Eye clinic, Preventive Cardiology clinic, ENT OPD
- IPD : 40 beds, Panchakarma

7(iv) Pharmacy

S.No	Name of the trial & gen. Medicine	Qty. Prepared	Qty. supplied to other instt./centre/unit of the council	Qty. Used in CARI, New Delhi OPD/IPD	Balance	Remarks
1	NIL	NIL	NIL	NIL	NIL	NIL

Details of the medicines purchased during reporting year: 2021-22.

S. No.	Name of firm	Cost of medicines (in Rupees)	Amount paid (in Rupees)	Bill pending if any	Head
1	IMPCL	63,22,253-00	63,22,253-00	NA	CARI (RA)
		*41,99,732-00	41,99,732-00	41,99,732-00	IMR COLLABORATIVE PROJECTS (RA)
TOTAL		1,05,21,985-00	1,05,21,985-00	41,99,732-00	

***Amount received as contingent advance on 30.03.2020 from H.Q office to purchase medicines from IMPCL for OPD/IPD during the year 2020-21.**

7(v) Condition of major equipments lying in the institute up to previous year

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	Vashpa Swedana Yantra	Panchakarma section	2004	Not working	-
2.	Vidhuyta Swedan Yantra	-do-	2001	Not working	-
3.	Droni (fiber)	-do-	2001	working	-
4.	Droni (fiber)	-do-	2001	working	-
5.	Nadi Swedana Yantra	-do-	2004	Not working	-
6.	Droni (massage table)	-do-	Oct 2010	working	-
7.	Geyser 2 nos.	-do-	Oct 2010	working	-
8.	Shoulder wheel	Physiotherapy Section	1999	working	-
9.	Quadriceps table	-do-	1999	working	-
10.	Static cycle	-do-	2001	working	-
11.	Traction unit	-do-	2001	Not working	-
12.	Ultrasound unit	-do-	2001	Not working	-
13.	T.E.N.S machine	-do-	2002	working	-
14.	Hydro collator	-do-	Oct 2010	working	-
15.	Wax bath	-do-	Oct 2010	working	-
16.	Tread mill	-do-	Oct 2010	working	-
17.	Inter Ferential Therapy unit (IFT)	-do-	Oct 2010	working	-
18.	ELISA reader	Clinical Laboratory Use	2005	Not working	-
19.	ELISA washer	-do-		Not Working	-
20.	B. Microscope	-do-	2005	Working	-
21.	Centrifuge Machine	-do-	Received from Hastinapur in 2008	Not working	-
22.	Refrigerator	-do-	2006	Not working	-
23.	Cell counter (automated)	-do-	2008	Working	-
24.	Automated Blood Coagulation Analyzer CA-50	-do-	March, 2011	Not working	-
25.	Automated Urine Analyzer Uro-dipcheck^{TM}300	-do-	March, 2011	Not working	-
26.	Clinical Chemistry Analyzer EM-200	-do-	March, 2011	Not working	-
27.	X-ray unit	X-ray	1989	Not Working	Since 24.09.2014
28.	Fax Machine	Office use	1998	Not Working	-

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
29.	Multi Utility Printer	Office use	2011	Working	-
30.	Hb Analyzer (2)	SRP /SCSP Projects	06.02.16	Not working	
31.	Glucose Analyzer (2)	SRP /SCSP Project	-do-	-do-	
32.	ACRI Sinage Board	Display	05.12.15	Not working	
33.	Steam Bath (Wooden)	For Panchkarma use	03.12.15	Working	
34.	Abhyang Table (2)	-do-	-do-	-do-	
35.	Shirodhara yantra(2)	-do-	-do-	-do-	
36.	Nasya Peeth (2)	-do-	-do-	-do-	
37.	Nadi Swedan Yantra (2)	-do-	-do-	-do-	
38.	Steam Generator (2)	-do-	-do-	-do-	
39.	Vasti Yantra (2)	-do-	-do-	-do-	
40.	Almira (Glass Door) (5)	For IPD dispensary	17.11.15	-do-	
41.	Ex Table/Chair(1+1)	For Dr. Seema Jain	17.11.15	-do-	
42.	Pulse oxymeter (1)	IPD	13.10.15	Not working	
43.	Glucometer (1)	-do-	-do-	working	
44.	B.P. Aparatus (Mercury (1))	-do-	-do-	-do-	
45.	A.C. 1.5 Ton (2) stabilizer	OPD	-do-	-do-	
46.	A.C (2 Ton) (1)	Director Chamber	01.10.15	-do-	
47.	A.C. (1.5 Ton) 01	Admn. Section	05.10.15	-do-	
48.	Panasonic EAPBX System (01)	Director's (P.A.) Room	17.09.15	-do-	
49.	Exide Inverter (01)	IPD ward	20.07.15	-do-	
50.	B.P. Aparatus (Digital) (2)	President Estate AWC unit	21.07.15	Not working	
51.	Height Measuing Scale (02)	-do-	-do-	-do-	
52.	Weighing Machine (02)	-do-	-do-	-do-	
53.	X-Ray viewing Box (02)	-do-	-do-	-do-	
54.	Diagnostic Set (ENT) (02)	-do-	-do-	-do-	
55.	Hot Plate (Electric) (2)	-do-	-do-	-do-	
56.	B.P. Aparatus (Digital) (03)	IPD	02.07.15	-do-	

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
57.	Height measuring scale (01)	-do-	-do-	-do-	
58.	Weighing Machine (02)	-do-	-do-	-do-	
59.	Window AC (02 Ton) (3)	Path/Bio/Leech section	19.06.15	-do-	
60.	R.O.(03)	IPD	20.05.15	-do-	
61.	Water Cooler (120 ltr) (01)	Admn. Section	20.04.15	-do-	
62.	R.O. (45-50 ltr) (01)	-do-	-do-	-do-	
63.	Almira (01)	O.A. Knee Project	04.04.15	-do-	
64.	O.T. Light (Ksharsurta) (1)	Ksharsutra	15.05.15	Not working	
65.	Hydraulic OT Table	OT (kshar sutra)	22.11.16	Working	
66.	Sign board big electrical	Display	19.10.16	Not working	
67.	Sign board (CARIGate)	Display	21.02.17	Working	
68.	Weighing machine	OPD	09.06.16	Working	
69.	Scorpio vehicle (Jeep)	SCSP project	28.11.16	Working	
70.	Bio-Matric Attendance System	CARICD staff/officers	07.06.16	Working	Received from HQ office
71.	High back chair (15 Nos)	For officers	23.02.17	Working	
72.	Visitor chairs		23.02.17	Working	
73.	Office table (13 Nos)	For officers	06.03.17	Working	
74.	AC 1.5 ton window (03)	Doctor cabin (02) Accounts (01)	06.08.16	Working	
75.	Stabilizer (03)	For Acs	18.11.16	Working	
76.	AC 1.5 ton window (01)	General store (01)	18.11.16	Working	
77.	AC 1.5 ton split (02)	Admn sec	18.11.16	Working	
78.	Wall fan (02)	SRP/SCSP project	31.05.16	Working	
79.	Fan (03)	PA Room /OPD Counter	05.08.16	Working	
80.	Fan (05)	Conference hall/estt	30.03.17	Working	
81.	Pedestal fan (01)	Guard room	21.04.16	Working	
82.	Printer	CVS project	15.10.16	Working	
83.	Printer	Hindi section	27.08.16	Working	
84.	Weight machine Count Scal 10 Kg	I.P.D	03.08.2017	Working	

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
85.	Weight machine Count Scal 05 Kg	Pharmacy	22.08.2017	Working	
86.	Tubs (G.I. steel)	Washerman	28.10.2017	Working	
87.	Usha Mixer Grader 03 JAR	Pharmacy	01.01.2018	Working	
88.	Cooler 18'', 15''	IPD, Security Room, Panchakarma,	26.05.2018	Working	
89.	Drill Machine	Electricity Work	15.10.2018	Working	
90.	Room Heater	CARICD	21.12.2018	Working	
91.	Exhaust Fan	O.P.D, Eye	26.12.2018	Working	
92.	Patients Stool SS	I.P.D Dept	10.12.2018	Working	
93.	Patient Wetting Chair	OPD/IPD	19.12.2018	Working	
94.	Computer	Doctors	18.12.2018	Working	
95.	Mattress with covers	IPD Bed	24.12.2018	Working	
96.	Bed Side Locker	IPD	04.01.2019	Working	
97.	CR System	X-Ray	16.01.2019	Working	
98.	Patient Bed (Semi fold)	IPD	26.03.2019	Working	
99.	L.P G. Stove(01)	Kitchen	330,24-5-19	Working	
100.	Revolving chair(G) (30)	Conference Room	408,21/6/19	Working	
101.	Air Condition1.5tan(W) (01)	Conference Room	0356,1/7/19	Working	
102.	Split Air Condition 1.5 Ton, Model183v czt (01)	ENT Section	1135,19/6/19	Working	
103.	Pressure cooker 10Ltr.Hawkins (02)	Kitchen	453,18/7/19	Working	
104.	Fully Bio-Chemistry Analyzer (EB-200) (01)	Chemistry Lab	1458,24/7/19	Working	
105.	Wheel Chair (02)	OPD/IPD	706, 01/8/19	Working	
106.	Food Trolleys (02)	IPD	230,10/8/19	Working	
107.	Elite 5805-part cell counter Hematology Analyser (01)	Chemistry Lab	1591, 1/8/19	Working	
108.	COMPUTER (INSTITUTE) (06)	Institute/Projects	230,10/8/19	Working	
109.	MEETING TABLE (01)	Conference Room	134, 13/7/19	Working	

S.No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
110.	DESK SEATING (10)	Panchkarma	530, 3/9/19	Working	
111.	Multifunction Printer(institute) (2Pc.)	Director Chamber/ AYUSH SR Projects	52 ,11/10/19	Working	
112.	Laser Printer(3Pc.)	Institute	071, 28/9/19	Working	
113.	RO water Purification system (50Ltr.) (1Pc.)	IPD	41, 24/10/19	Working	
114.	BPE 05KVAOnL ine UPS PB1105L10 (01)	Chemistry Lab	131,26/09/19	Working	
115.	Shoe Rack (01)	Ksharsutra	0054,2/11/19	Working	
116.	Wall Fan (02)	OPD/ Gyne OPD	1140,25/02/20	Working	
117.	Canon IR ADV 4545 (set) (01)	Institute	RI/1920/207,9 /03/2020	Working	
118.	Three Seat Steel Chair(05)	Institute	238. 9/03/2020	Working	
119.	Steel Almirah 1000mm (10)	Institute	,20-19/07 2020/03/18	Working	
120.	Computer (05)	A-HMIS	APS270,13/02 020	Working	
121.	Vartical Steam Sterlizer (01)	Ksharsutra	,2300 2020/3/30	Working	
122.	Door 4 Book Cases (16)	Library	20/03/0027,30 20	Working	
123.	High Vacuum Suction 0.5 (01pc)	I.P.D	718/2021, 16/2/2020	Working	
124.	HP Inter core i5 Computer (03pcs)	Doctors	812/2021, 12/3/2021	Working	
125.	Desktop USB Camera (02pcs)	Director Chamber/ Tech Cell	813/2020-21, 12/3/2021	Working	
126.	Steel Almirah (05pcs)	Doctor/IPD/ Admn	829/2020-21, 19/03/2021	Working	
127.	Luminous UPS (10pcs)	Doctors	830/2020-21, 19/3/2021	Working	
128.	Window AC 1.5 Ton (02pcs)	Doctor/Library	869/2020-21, 27/3/2021	Working	
129.	Oxgyen Concentrator (01pc)	IPD	884/2021-21, 30/3/2021	Working	
130.	Llody 1.0 ton split AC (03pcs)	Doctors	891/2020-21, 27/3/2021	Working	
131.	Officer Table	Doctors	863/2020-21, 24/03/2021	Working	

7(vi) List of equipments purchased during the reporting year 2021-22.

S.N.	Name of Item	Purpose for which it was purchased	Year of Purchase	Condition of Equipments	Qty.	Remarks
1	Mounting Wall Fan750mm	IPD/Ksharasutra	125,16/9/21	Working	4pc.	
2.	Exercise Band	Physiotherapy	679,8/12/21	Working	1set	
3.	UPS	Institute	221,11/12/21	Working	15pc	
4.	Induction Heater	Panchkarma	1925,6/12/21	Working	2pc	
5.	Gas Stove	Panchkarma	642,1/12/21	Working	1pc	
6.	PA Speaker	Institute	732,10/12/21	Working	1pc	
7.	Usha Heater 25Ltrs.	IPD	244,14/12/21	Working	1pc.	
8.	Computer	A/C, Physio, Doctors, Lab	31767,14/12/21	Working	4pc	
9.	3Seater Chairs	OPD/Ksharasutra	266,22/12/21	Working	30pc	
10	Usha 150Ltrs Water Cooler	IPD	623,16/12/21	Working	1pc	
11.	Revolving Chair	Doctors	726,23/12/21	Working	5pc.	
12.	Visitor Chair	Director Chamber/ Doctor Chamber/ Admn.	731, 21/12/21	Working	20pc.	
13.	Low Temperature deep freezer 350l	Laboratory	1321, 15/12/21	Working	1pc	
14.	Extension board	Institute	600,27/12/21	Working	5pc	
15.	Room Hearter singal rad	Institute	425,27/12/21	Working	10pc	
16	Nadi Swedan Yantra	Panchkarma	100001342,30/ 12/21	Working	1pc	
17	Manual treatment Couch	Physiotherapy	109,20/12/21	Working	1pc	
18	Nadi Swedan Yantra	Panchkarma	100001345,30/ 12/21	Working	1pc	
19	Wireless Microphone	Institute	193, 5/01/22	Working	1pc.	
20	Canon CIG Sheet Feb Scanner	Directors Chamber/ Accounts Section	4701,30/12/21	Working	2pc	

21	Intellect Mobile 2 Combo Set EU	Physiotherapy	1077,31/01/22	Working	1pc.	
22	Invertor	Director Chamber/ Kharasutra/IPD	15/03/2022	Working	3 Pcs	
23	Steel Almirah	Doctors	17/03/2022	Working	2 Pc	
24	Split AC 1 ton	Laboratory	21/03/2022	Working	1 Pc	
25	Dell Computer	Accounts Section	24/03/2022	Working	1 Pc	

7 (vii) Library

S.No.	Name of the books	Amount	Remarks
1	No. of Books Available upto March, 31st as per accession register	-	2210
2	No. of Swamy publication (Administrative, Accounts, Establishment etc) during reporting year	11425-00	24
3	Council's publications received for record/sale /display/sale purpose	-	18
4	Books received without payment (Received from NIIMH, Hydrabad)	-	180

7 (viii) Hindi Section

Hindi section has been playing a leading role to follow *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi and keeping continuous efforts towards meeting the annual target. All quarterly progress reports, half-yearly progress reports are prepared on time and submitted to the Official Language Department and *NARAKAS (Town Official Language Implementation Committee)* by email and online. *VibhagiyaRajbhashaKaryanvayan Samiti* meeting is being organized in each trimester to observe the official & technical work in Hindi in every department. *Hindi Pakhwada* was successfully organized from 14th Sept to 28thSept, 2021. This year four "*One Day Hindi workshops*" were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the institution was praised for increasing percentage towards achieving the annual target.

Hindi workshops: 1. 29/03/2021 2. 24/06/2021 3. 28/09/2021 4. 23.12.2021

7 (ix) Medicinal Plant Garden

Institute is maintainingmedicinal plant garden for dual purpose ie. for demonstration as well as for providing raw herbs for panchkarma and ksharsutra therapy. For identification and demonstration purpose all the plants have their specific name plates with their classical names, botanical names, family and main uses. This Medicinal garden is continuously providing raw herbs for patrapotli preparation and for other decoctions also. *Madhuyashti, Narikel*, Shigru, Haritaki, Ashvagandha, *Guduchi, Bhrami, Isabgol, Nirgundi, Agnimantha, jati* etc. are the main species available here. During Ayurveda Day celebration & Poshan Pakhwada this year exhibitions of medicinal plants were organized, to create awareness about the usage of common medicinal plants among public along with the free distribution of the Medicinal plants. This garden always remains center of attraction for visitors, students and patients.

Any collaborative studies taken up by the Institutes with details: Clinical Report-1(i)

Refer Clinical Research page no. 99-116

4-5 important photograph related to Institute activity.

Refer page No. 317 to 341

Major pending issues in brief-NA

Other Activities if any.-NA
Summary Hindi/English on each project-in the end**: English: 264 to 288 Hindi 289 to 316**

HOSPITAL STATISTICS

Out Patient Department

1. Statement of patients attended to OPD during different years (Since inception upto 2020-21)

Year	No. of patients attended at OPD																	Grand Total		Gross Total
	New								Old											
	Adult		Children			Total			Adult		Children			Total			M	T	F	
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F
1982-83	-	-	-	-	-	7511	-	7289	-	-	0	-	-	13044	0	15288	20555	0	22577	43132
1983-84	6760	6804	0	1440	1041	8200	0	7845	11375	15500	0	1441	1185	12816	0	16685	21016	0	24530	45546
1984-85	6581	6602	0	1427	911	8008	0	7513	9256	12010	0	1352	865	10608	0	12875	18616	0	20388	39004
1985-86	6709	7671	0	1252	913	7961	0	8584	8278	10424	0	1446	804	9724	0	11228	17685	0	19812	37497
1986-87	6922	7927	0	1459	1075	8381	0	9002	8397	10018	0	1214	807	9611	0	10826	179920	0	19828	199748
1987-88	6692	7852	0	6921	9022	13613	0	16874	1239	1153	0	850	710	2089	0	1863	15702	0	18737	34439
1988-89	6110	5766	0	5962	6852	12072	0	12618	1056	822	0	698	456	1754	0	1278	13826	0	13896	27722
1989-90	3843	2296	0	3783	2795	7626	0	5091	605	285	0	424	242	1029	0	527	8655	0	5618	14273
1990-91	4516	3677	0	3956	3916	8472	0	7593	733	433	0	414	238	1147	0	671	9619	0	8264	17883
1991-92	5331	5577	0	4952	6031	10283	0	11608	730	499	0	565	361	1295	0	860	11578	0	12468	24046
1992-93	5461	5330	0	4897	5821	10358	0	11151	682	620	0	448	278	1130	0	898	11488	0	12049	23537
1993-94	5208	4830	0	4643	5274	9851	0	10104	632	593	0	463	287	1095	0	880	10946	0	10984	21930
1994-95	5352	5384	0	4957	5656	10309	0	11040	641	367	0	455	275	1096	0	642	11405	0	11682	23087
1995-96	5977	7077	0	5979	7560	11956	0	14637	629	414	0	496	337	1125	0	751	13081	0	15388	28469
1996-97	5979	6075	0	5681	6886	11660	0	12961	643	482	0	488	404	1131	0	886	12791	0	13847	26638
1997-98	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
1998-99	6079	6549	0	5789	7292	11868	0	13841	604	388	0	503	410	1107	0	798	12975	0	14639	27614
1999-00	6390	6278	0	649	531	7039	0	6809	9825	7586	0	521	369	7346	0	7955	14385	0	14764	29149
2000-01	6463	6215	0	5860	6240	12323	0	12455	624	472	0	420	311	1044	0	783	13367	0	13238	26605
2001-02			14306								11609							25915		25915

Year	No. of patients attended at OPD																	Grand Total		Gross Total
	New								Old											
	Adult		Children			Total			Adult		Children			Total			M	T	F	
	M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	M+F
2002-03			18436								23345							41781		41781
2003-04	10633	9369	0	1326	1041	11959	0	10410	16212	15117		1164	696	17376	0	15813	29335	0	26223	55558
2004-05	4455	4955	0	1218	977	5673	0	5932	5277	3945	0	686	648	5963	0	4593	11636	0	10525	22161
2005-06	10078	8013	0	769	448	10847	0	8461	12792	8310	0	492	411	13284	0	8721	24131	0	17182	41313
2006-07	11076	8875	0	1716	922	12792	0	9796	9976	8830	0	955	1144	10931	0	9974	22588	0	19950	42538
2007-08	9446	6823	0	653	483	10099	0	7306	11920	9067	0	480	318	12400	0	9385	22499	0	16691	39190
2008-09	9513	7378	0	685	527	10198	0	7905	12983	11101	0	502	360	13485	0	11461	23683	0	19366	43049
2009-10	9163	7324	0	608	474	9771	0	7798	15100	11845	0	500	401	15600	0	12246	25371	0	20044	45415
2010-11	8074	6334	0	494	397	8568	0	6731	15254	12457	0	499	407	15753	0	12864	24321	0	19595	43916
2011-12	8459	6755	0	467	346	8926	0	7101	15112	11958	0	462	300	15574	0	12258	24500	0	19359	43859
2012-13	8754	6794	0	460	348	9214	0	7142	16841	13535	0	433	446	17274	0	13981	26488	0	21123	47611
2013-14	11225	8754	0	571	439	11796	0	9193	19776	15314	0	526	361	20302	0	15675	32098	0	24868	56966
2014-15	10971	8767	0	516	376	11487	0	9053	13019	11076	0	367	1352	14810	0	11340	26297	0	20393	46690
2015-16	16814	13398	0	805	596	17619	0	13994	19195	14140	0	572	437	19767	0	14577	37386	0	28571	65957
2016-17	15565	12271	0	858	610	16423	0	12881	21525	15614	0	747	417	22272	0	16031	38695	0	28912	67607
2017-18	16470	13124	0	949	660	17419	0	13784	24545	18653	0	757	517	25302	0	19170	42721	0	32954	75675
2018-19	15072	12669	0	890	652	15962	0	13321	25583	21038	0	848	694	26431	0	21732	42393	0	35053	77446
2019-20	15990	14491	0	844	691	16834	0	15182	30011	27655	0	1079	787	31090	0	28442	47924	0	43624	91548
2020-21	**6136**	**5707**	**3**	**211**	**161**	**6347**	**3**	**5868**	**8489**	**7262**	**0**	**174**	**133**	**8663**	**0**	**7395**	**15010**	**3**	**13263**	**28276**
2021-22	**8888**	**8257**	**0**	**395**	**263**	**9283**	**0**	**8520**	**14826**	**13199**	**0**	**384**	**303**	**15210**	**0**	**13502**	**24493**	**0**	**22022**	**46515**

2. In Patient departmentStatement of patients admitted/discharged during different years (Since Inception upto 2020-21)

S.No.	Year	No. of patients attended at IPD											
		ADMITTED						DISCHARGED					
		Adult		Children		Total		Adult		Children		Total	
		M	F	M	F	M	F	M	F	M	F	M	F
1	1980-81	84	95	11	4	95	99	78	95	9	4	87	99
2	1981-82	134	123	9	8	143	131	129	117	10	8	139	125
3	1982-83	197	265	12	14	209	279	197	258	13	12	210	270
4	1983-84	231	257	25	15	256	272	223	272	21	14	244	286
5	1984-85	132	214	49	27	181	241	139	221	52	28	191	249
6	1985-86	112	180	12	8	124	188	312	79	148	11	460	90
7	1986-87	127	216	33	26	160	242	91	162	23	8	114	170
8	1987-88	108	199	20	13	128	212	72	135	9	8	81	143
9	1988-89	10	28	4	1	14	29	53	93	4	1	57	94
10	1989-90	10	28	4	1	14	29	4	20	3	1	7	21
11	1990-91	57	110	24	14	81	124	51	101	22	1	73	102
12	1991-92	57	77	14	12	71	89	56	82	16	13	72	95
13	1992-93	68	136	13	5	81	141	61	130	13	5	74	135
14	1993-94	53	67	3	4	56	71	39	59	3	4	42	63
15	1994-95	40	93	15	7	55	100	37	87	13	5	50	92
16	1995-96	75	132	9	6	84	138	64	128	2	1	66	129
17	1996-97	85	121	11	8	96	129	81	108	8	6	89	114

18	1997-98	89	118	11	10	100	128	84	110	11	10	95	120
19	1998-99	86	122	10	13	96	135	76	118	7	11	83	129
20	1999-00	77	99	15	9	92	108	70	93	13	7	83	100
21	2000-01	69	96	13	11	82	107	66	88	19	9	85	97
22	2001-02	94	120	17	13	111	133	86	107	14	13	100	120
23	2002-03	61	112	21	40	82	152	51	104	20	40	71	144
24	2003-04	158	156	22	11	180	167	149	148	22	10	171	158
25	2004-05	60	76	7	5	67	81	59	72	7	5	66	77
26	2005-06	101	127	12	4	113	131	96	116	12	4	108	120
27	2006-07	173	169	9	3	182	172	170	163	8	3	178	166
28	2007-08	101	112	0	0	101	112	104	111	0	0	104	111
29	2008-09	135	199	5	1	140	200	130	199	4	1	134	200
30	2009-10	163	190	5	4	168	194	158	180	7	6	165	186
31	2010-11	184	215	9	2	193	217	186	221	9	2	195	223
32	2011-12	124	233	7	7	131	240	128	235	4	6	132	241
33	2012-13	176	187	13	6	189	193	181	186	14	7	195	193
34	2013-14	249	280	13	3	262	283	241	272	10	3	251	275
35	2014-15	218	245	14	6	232	251	228	250	12	5	240	255
36	2015-16	212	274	20	8	232	282	215	265	18	8	233	273
37	2016-17	212	228	18	7	230	235	220	216	16	6	236	222
38	2017-18	354	363	23	11	377	374	414	352	11	11	425	363
39	2018-19	325	359	43	20	368	379	321	364	48	22	369	386
40	2019-20	281	364	34	12	315	376	290	375	34	13	324	388
41	2020-21	29	32	5	0	34	32	24	25	3	0	27	25
42	2021-22	117	118	9	1	126	119	116	117	11	1	127	118

3. Disease-wise statement of patients admitted/discharged during last five years (excluding reporting period)
(1st April 2015-2016 to 31st March 2019-2020)

Sl No	Disease	Number of Patients											
		Admitted						Discharged					
		Adult		Child		Total		Adult		Child		Total	
		Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	Ababahuka	6	9	1	0	7	9	6	9	1	0	7	9
2	Abhishyand	4	9	1	1	5	10	4	9	1	1	5	10
2	Adhimanth	13	8	2	2	15	10	13	8	2	2	15	10
3	Ajirna	1	1	0	0	1	1	1	1	0	0	1	1
4	Amavata	30	98	1	0	31	98	30	98	1	0	31	98
5	Amlapitta	5	5	0	0	5	5	5	5	0	0	5	5
6	Apinas	2	0	0	0	2	0	2	0	0	0	2	0
7	Ardit	3	9	0	0	3	9	3	8	0	0	3	8
8	Artabdosa	0	18	0	0	0	18	0	18	0	0	0	18
9	Ashmari	1	0	0	0	1	0	1	0	0	0	1	0
10	Asthishosh	0	0	1	0	1	0	0	0	1	0	1	0
11	Bal Pakshaghata	0	0	0	0	0	0	0	0	0	0	0	0
12	Bhagandar	1	1	0	0	1	1	1	1	0	0	1	1
13	Daurbalyam	8	3	0	1	8	4	8	3	0	1	8	4
15	Gridhrasi	56	72	0	2	56	74	56	71	0	2	56	73
16	Kach	10	8	0	0	10	8	10	8	0	0	10	8
17	Kandu	10	9	0	1	10	10	10	9	0	1	10	10
18	Trikishoola	97	132	0	0	97	132	99	133	0	0	99	133

19	Lingnash	14	5	4	0	18	5	14	5	4	0	18	5
20	Madhumeha	3	2	0	0	3	2	3	2	0	0	3	2
21	Manyastambh	11	12	0	0	11	12	11	12	0	0	11	12
22	Nakulandha	9	2	2	2	11	4	9	2	2	2	11	4
23	Nasa Roga	2	0	0	0	2	0	2	0	0	0	2	0
24	Netra Roga	103	63	8	6	111	69	103	63	8	6	111	69
25	Pakshaghata	199	78	7	5	206	83	199	77	8	5	207	82
26	Pandu Roga	1	0	0	0	1	0	1	0	0	0	1	0
27	Prastariarm	1	0	0	0	1	0	1	0	0	0	1	0
28	Sandhi Vata	228	444	3	1	231	445	229	448	3	1	232	449
29	Saushkakshipak	6	11	0	0	6	11	6	11	0	0	6	11
30	Stree Roga	0	6	0	0	0	6	0	6	0	0	0	6
31	Timir	37	44	18	11	55	55	35	44	18	11	53	55
33	Vatarakta	13	30	0	0	13	30	13	30	0	0	13	30
34	Vatavyadhi	159	121	50	8	209	129	159	124	49	8	208	132
35	Arbud	0	11	0	0	0	11	0	11	0	0	0	11
36	Arsha	1	0	0	0	1	0	1	0	0	0	1	0
37	Ekangavata	3	5	0	0	3	5	3	5	0	0	3	5
38	Grivastamva	6	12	0	0	6	12	6	11	0	0	6	11
39	Kitibha	6	3	0	0	6	3	6	3	0	0	6	3
40	Pinas	1	3	0	0	1	3	1	3	0	0	1	3
41	Prameha	1	1	0	0	1	1	1	1	0	0	1	1
42	Soth	3	1	0	0	3	1	3	1	0	0	3	1
43	Sukrabahasratodosha	3	0	0	0	3	0	2	0	0	0	2	0
44	Swas	2	2	0	0	2	2	2	2	0	0	2	2
45	Udarshool	1	2	0	0	1	2	1	2	0	0	1	2
46	Unmaad	1	0	3	0	4	0	1	0	3	0	4	0
47	Vishad	1	2	0	0	1	2	1	2	0	0	1	2

48	Others	130	104	11	9	141	113	132	106	11	9	143	115
Total		1192	1346	112	49	1304	1395	1194	1352	112	49	1306	1401

4. Result of treatment for the discharged patients during last five years (excluding reporting period)
(1st April 2015-2016 to 31st March 2019-2020)

Sl No	Disease	Result of Treatment						
		Good	Fair	Poor	No	Death	Drop	Total
		Response	Response	Response	Response		Out	
1	Ababahuka	2	8	4	0	0	2	16
2	Abhishyand	5	4	4	2	0	0	15
3	Adhimanth	10	5	6	4	0	0	25
4	Ajirna	1	1	0	0	0	0	2
5	Amavata	30	52	29	14	0	4	129
6	Amlapitta	2	5	3	0	0	0	10
7	Apinas	0	1	1	0	0	0	2
8	Ardit	5	3	2	0	0	1	11
9	Ashmari	1	0	0	0	0	0	1
10	Asthishosh	0	0	1	0	0	0	1
11	Bhagandar	1	1	0	0	0	0	2
12	Daurbalyam	1	4	4	2	0	1	12
13	Gridhrasi	39	43	21	12	0	14	129
14	Kach	1	3	7	7	0	0	18
15	Kandu	5	11	3	1	0	0	20
16	Trikshool	79	89	34	17	0	13	232
17	Lingnash	4	10	6	2	0	1	23
18	Madhumeha	1	2	1	1	0	0	5
19	Manyastambh	4	5	10	4	0	0	23

20	Nakulandha	6	4	2	3	0	0	15
21	Nasa Roga	1	1	0	0	0	0	2
22	Netra Roga	22	66	75	12	0	5	180
23	Pakshaghata	51	105	63	42	2	26	289
24	Pandu Roga	0	1	0	0	0	0	1
25	Prastariarm	0	0	0	1	0	0	1
26	Sandhi Vata	184	272	126	54	1	44	681
27	Saushkakshipak	5	5	4	3	0	0	17
28	Stree Roga	2	3	0	1	0	0	6
29	Timir	40	39	20	8	0	1	108
30	Vata Vyadhi	99	141	72	27	0	1	340
31	Vatarakta	7	23	8	5	0	0	43
32	Arbud	5	2	3	0	0	1	11
33	Arsha	0	0	1	0	0	0	1
34	Artav Dosa	5	7	6	0	0	0	18
35	Ekangavata	2	4	2	0	0	0	8
36	Grivastamva	7	4	4	2	0	0	17
37	Kitibha	1	5	3	0	0	0	9
38	Pinas	0	3	1	0	0	0	4
39	Prameha	1	1	0	0	0	0	2
40	Soth	2	1	1	0	0	0	4
41	Sukrabahasratodosh a	1	0	0	0	0	1	2
42	Swas	1	1	1	1	0	0	4
43	Udarshool	2	0	1	0	0	0	3
44	Unmaad	2	1	0	0	0	1	4
45	Vishad	0	3	0	0	0	0	3
46	Others	61	102	64	12	0	19	258

Total	698	1041	593	237	3	135	2707

5. **Percentage of yearly bed occupancy during different years since inception upto the reporting year 2020-21**

S.No	Year	No of Beds Available	Percentage of Yearly Bed Occupancy(%)
1	1980-81	50	16.34%
2	1981-82	50	36.90%
3	1982-83	50	56.15%
4	1983-84	50	70.21%
5	1984-85	50	68.70%
6	1985-86	50	28.49%
7	1986-87	50	47.85%
8	1987-88	50	51.63%
9	1988-89	50	43.10%
10	1989-90	50	5.20%
11	1990-91	50	33.86%
12	1991-92	50	29.02%
13	1992-93	50	29.70%
14	1993-94	50	34.02%
15	1994-95	50	Not available
16	1995-96	50	29%
17	1996-97	50	28.56%
18	1997-98	50	24.66%
19	1998-99	50	30.44%
20	1999-00	50	35.92%
21	2000-01	50	30.25%
22	2001-02	50	35.58%
23	2002-03	50	42.32%
24	2003-04	50	41.10%
25	2004-05	50	12.37%
26	2005-06	50	24.93%
27	2006-07	50	34.03%
28	2007-08	50	16.95%
29	2008-09	50	28.19%
30	2009-10	50	30.74%
31	2010-11	30	59.68%
32	2011-12	30	51.15%
33	2012-13	30	51.70%
34	2013-14	30	72.54%
35	2014-15	30	59.46%
36	2015-16	30	71.82%
37	2016-17	35	63.81%
38	2017-18	40	70.76%
39	2018-19	40	52.94%
40	2019-20	40	57.13%
41	2020-21	*as per COVID Guidelines 20 from 1st Feb. 2021	60.76%
42	2021-22	*as per COVID Guidelines **20** from 1st Feb. 2021 to 28th Feb 2022 **40 from 1st March 2022	*60.91% (1st April 2021 to 28th February2022) **56.04% (1st March to 31st March)

*Percentage of yearly Bed occupancy for the year 2021-22 (1st April to 28 th Feb 2022)

$$= \frac{\text{Total days of care to the patients during the year X 100}}{\text{No. of beds X No. of days}}$$

$$= \frac{2729 \text{ X } 100}{*20 \text{ X}***224} = 60.91\%$$

*Percentage of yearly Bed occupancy for the year 2021-22 (1st March 2022 to 31st March 2022)

$$= \frac{\text{Total days of care to the patients during the year X 100}}{\text{No. of beds X No. of days}}$$

$$= \frac{695\text{X}100}{40\text{X}31} = 56.04\%$$

*** **Due to COVID Pandemic IPD closed from 19th April 2021 to 30thJune 2021 & 7th January 2022 to 13th February 2022**

6. **Statement of Patient's admitted/discharged during the reporting year 2020-21 (To be furnished separately for assigned clinical problems)**

Sl No	Disease Code	Disease	Carried forward from previous year						Admitted						Discharged					
			Adult		Child		Total		Adult		Child		Total		Adult		Child		Total	
			Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
1	AA	वाताव्याधि	0	2	2	0	2	2	7	11	3	0	10	11	7	10	5	0	12	10
2	AAB-24	कम्पः/वेपथुः (केवलवात)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
3	AAB-33	ग्रीवास्तम्भः (केवलवात)	0	1	0	0	0	1	3	1	0	0	3	1	2	2	0	0	2	2
4	AAB-39	जानुभेदः (केवलवात)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
5	AAB-80	त्रिकग्रहः (केवलवात)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
6	AAC-12.4	विबन्ध	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	0
7	AAC-20	गृध्रसी	0	2	0	0	0	2	6	12	0	0	6	12	5	14	0	0	5	14
8	AAC-24	पक्षाघातः/पक्ष वधः	2	1	0	0	2	1	21	5	0	0	21	5	23	6	0	0	23	6
9	AAC-32	मान्यास्तम्भः	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
10	AAC-4	अर्दितः	0	0	0	0	0	0	2	1	0	0	2	1	2	1	0	0	2	1
11	AAC-8	अवबाहुकः	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
12	AAC-36	कम्पः/वेपथुः	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
13	AAE-16	सन्धिवातः	0	0	0	0	0	0	13	32	1	0	14	32	13	29	1	0	14	29

14	AAE-8	असृग्गतवातः/ रक्तगतवात	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
15	ABB-34	रक्तपित्तम् (केवलपित्त)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
16	ACB-1	अतिस्थौल्यम् (केवल-कफ)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
17	EA-4.5	तमकश्वासः	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
18	EB-10.16	त्रिकक्षूल	0	0	0	0	0	0	23	13	0	0	23	13	20	12	0	0	20	12
19	EB-12	परिकर्तिका	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
20	EC-6	आमवातः	0	1	0	0	0	1	8	14	0	0	8	14	7	15	0	0	7	15
21	ED-14.1	शीतपित्त-पूर्वरूपम्	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
22	ED-8	वातरक्तम्	0	0	0	0	0	0	1	2	0	0	1	2	1	1	0	0	1	1
23	EE-2	अर्बुदः	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
24	EE-2.4	रक्तज-अर्बुद	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2
25	EF-2.4.4	मधुमेहः/क्षौद्र मेहः	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
26	EI-1	शुक्रवहस्रोतो दुष्टिः	1	0	0	0	1	0	0	0	0	0	0	0	1	0	0	0	1	0
27	EK-4	उदर/उदररोगः	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
28	EL-2.9	अरजस्का	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
29	EL-3	आर्तवदोषः/ आर्तवदुष्टिः/रजोदोषः	0	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2

30	EL-5	सोमरोगः/श्वेत प्रदरः	0	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1
31	EM-2	उन्मादः	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
32	EM-3	अपस्मारः	0	0	0	0	0	0	2	0	0	0	2	0	2	0	0	0	2	0
33	H	नेत्ररोगः/अक्षि रोगः	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
34	HF-2	अधिमन्थः	0	0	0	0	0	0	3	0	0	0	3	0	3	0	0	0	3	0
35	HG-1	तिमिरः	2	0	0	0	2	0	15	10	3	1	18	11	17	10	3	1	20	11
36	HG-10	नकुलान्ध्यम्	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0
37	HG-3	लिङ्गनाशः	0	0	0	0	0	0	4	2	1	0	5	2	4	2	1	0	5	2
TOTAL			5	7	2	0	7	7	117	118	9	1	126	119	116	117	11	1	127	118

7. Results of treatment for the patients discharged during the reporting year 2020-21 (To be furnished separately for assigned clinical problems and general patients treated):

Sl No	Disease Code	Disease	Result of Treatment						
			Good Response	Fair Response	Poor Response	No Response	Drop Out	Death	Total
1	AA	Vatavyadhi	4	10	5	3	0	0	22
2	AAB-24	Kampavata	0	0	0	1	0	0	1
3	AAB-33	Grivastambh	2	2	0	0	0	0	4
4	AAB-39	Janubhed	0	1	0	0	0	0	1
5	AAB-80	Trikgraha	1	0	0	0	0	0	1
6	AAC-12.4	Vibandh	0	0	1	0	0	0	1
7	AAC-20	Gridhashi	5	5	7	2	0	0	19
8	AAC-24	Pakshaghat	5	16	6	2	0	0	29
9	AAC-32	Manyastambha	0	1	0	0	0	0	1
10	AAC-4	Ardit	2	0	0	1	0	0	3
11	AAC-8	Aavbhahuk	0	1	0	0	0	0	1
12	AAE-16	Kampa	0	0	1	0	0	0	1
13	AAE-16	Sandhivaat	10	16	12	5	0	0	43
14	AAE-8	Raktgatavata	0	1	0	0	0	0	1
15	ABB-34	Raktpitta	0	1	0	0	0	0	1
16	ACB-1	Atisthaulayam	0	1	0	0	0	0	1
17	EA-4.5	Tamakswas	0	1	0	0	0	0	1
18	EB-10.16	Trikshool	12	16	3	1	0	0	32
19	EB-12	Parikarthika	0	0	1	0	0	0	1
20	EC-6	Aamvata	1	12	6	3	0	0	22
21	ED-14.1	Sitapitt	0	1	0	0	0	0	1
22	ED-8	Vaatrakht	0	1	1	0	0	0	2
23	EE-2	Arbhud	0	0	1	0	0	0	1
24	EE-2.4	Raktarbud	0	1	1	0	0	0	2
25	EF-2.4.4	Madhumeha	1	0	0	0	0	0	1
26	EI-1	Shukravahshrotodusti	0	0	1	0	0	0	1
27	EK-4	Udharog	0	0	1	0	0	0	1
28	EL-2.9	Anartarv/Arajaska	0	0	1	0	0	0	1
29	EL-3	Artavadushti	0	1	1	0	0	0	2
30	EL-5	Swetapradar	0	0	1	0	0	0	1
31	EM-2.1	Unmad	0	0	1	0	0	0	1
32	EM-3	Apasmar	0	1	1	0	0	0	2
33	H	Netra Roga	0	1	0	0	0	0	1
34	HF-2	Adhimant	0	0	1	2	0	0	3
35	HG-1	Timir	2	21	8	0	0	0	31
36	HG-10	Nakuladhnya	0	0	0	1	0	0	1
37	HG-3	Lingnash	0	4	1	2	0	0	7
TOTAL			**45**	**115**	**62**	**23**	**0**	**0**	**245**

8. Disease wise average duration of hospitalisation during the reporting period 2020-21 (based on days of care to the patients discharged excluding cases of death and LAMA.

Average duration of hospitalisation (of a particular disease) =

Total days of care provided to (for a particular disease) the patient discharged

No. of patients discharged

Sl. No	Disease	Average duration of hospitalization
1	Aamvata	15.55
2	Adhimant	3.33
3	Aavbhahuk	17
4	Anartarv/Arajaska	8
5	Apasmar	12.5
6	Arbhud	10
7	Ardit	14
8	Artavadushti	6
9	Gridhashi	11.74
10	Grivastambh	9
11	Janubhed	15
12	Kampa	8
13	Kampavata	26
14	Lingnash	7.14
15	Madhumeha	9
16	Manyastambha	14
17	Nakuladhnya	2
18	Netra Roga	21
19	Pakshaghat	14.55
20	Parikarthika	8
21	Raktarbud	15.5
22	Raktgatavata	4
23	Raktpitta	5
24	Sandhivaat	11.04
25	Shukravahshrotodusti	5
26	Sitapitt	9
27	Atisthaulayam	7
28	Swetapradar	1
29	Tamakswas	29
30	Timir	7.67
31	Trikgraha	14
32	Trikshool	16.62
33	Udharog	15
34	Unmad	31
35	Vaatrakht	11.5
36	Vatavyadhi	14.31
37	Vibandh	12

9. Statement of patients attended at OPD during the reporting year 2021-22

S. No.	NAMC ID	NAMC Code	NAMC_ Name	Short_definition	No. of patients treated																		Grand Total (M+F)
					New								Follow up								Total		
					Adult			Child		Total			Adult			Child		Total					
					M	F	T	M	F	M	T	F	M	F	T	M	F	M	T	F	M	T	F	
1	147	AAC-12	आध्मानम् / आनाहः	distension/tympanites/meteorism or painful abdominal distension	44	23	0	0	0	**44**	**0**	**23**	61	28	0	1	0	**62**	**0**	**28**	**106**	**0**	**51**	**157**
2	2983	AAC-12.4	विबन्ध	simple constipation	214	111	0	12	14	**226**	**0**	**125**	293	124	0	9	13	**302**	**0**	**137**	**528**	**0**	**262**	**790**
3	152	AAC-15	एकाङ्गवातः	monoplegia	16	3	0	0	0	**16**	**0**	**3**	29	12	0	0	0	**29**	**0**	**12**	**45**	**0**	**15**	**60**
4	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	1	0	0	0	**0**	**0**	**1**	1	0	0	0	0	**1**	**0**	**0**	**1**	**0**	**1**	**2**
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
6	157	AAC-20	गृध्रसी	sciatica	124	148	0	1	0	**125**	**0**	**148**	267	310	0	0	0	**267**	**0**	**310**	**392**	**0**	**458**	**850**
7	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	139	61	0	5	3	**144**	**0**	**64**	395	159	0	0	16	**395**	**0**	**175**	**539**	**0**	**239**	**778**
8	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	1	0	0	1	1	**2**	**0**	**1**	0	0	0	0	2	**0**	**0**	**2**	**2**	**0**	**3**	**5**
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
10	172	AAC-30	पङ्गु (केवलवात)	lameness (bilateral)	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	23	28	0	0	0	**23**	**0**	**28**	45	30	0	2	1	**47**	**0**	**31**	**70**	**0**	**59**	**129**
12	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	**0**	**0**	**0**	1	0	0	0	0	**1**	**0**	**0**	**1**	**0**	**0**	**1**
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
14	135	AAC-4	अर्दितः	facial paralysis	14	7	0	1	0	**15**	**0**	**7**	32	39	0	0	0	**32**	**0**	**39**	**47**	**0**	**46**	**93**
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	1	2	0	0	0	**1**	**0**	**2**	3	4	0	0	0	**3**	**0**	**4**	**4**	**0**	**6**	**10**
16	141	AAC-8	अवबाहुकः	frozen shoulder	49	40	0	2	0	**51**	**0**	**40**	95	85	0	1	0	**96**	**0**	**85**	**147**	**0**	**125**	**272**
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	1	7	0	0	0	**1**	**0**	**7**	3	0	0	0	0	**3**	**0**	**0**	**4**	**0**	**7**	**11**
18	248	AAE-16	सन्धिवातः	osteo-arthritis	934	1380	0	6	9	**940**	**0**	**1389**	1719	2487	0	1	22	**1720**	**0**	**2509**	**2660**	**0**	**3898**	**6558**

19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
20	285	ABB-24	दाहः	burning sensation	7	1	0	0	0	**7**	**0**	**1**	15	3	0	0	0	**15**	**0**	**3**	**22**	**0**	**4**	**26**
21	287	ABB-26	पालित्य	premature graying of hair	10	4	0	0	0	**10**	**0**	**4**	22	9	0	0	0	**22**	**0**	**9**	**32**	**0**	**13**	**45**
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	36	23	0	9	3	**45**	**0**	**26**	56	39	0	9	0	**65**	**0**	**39**	**110**	**0**	**65**	**175**
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhea	0	1	0	0	0	**0**	**0**	**1**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**1**	**1**
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	2	0	0	0	**0**	**0**	**2**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**2**	**2**
25	420	BI	राजयक्ष्मा	consumption	6	3	0	0	0	**6**	**0**	**3**	4	2	0	0	0	**4**	**0**	**2**	**10**	**0**	**5**	**15**
26	471	EA-2	हिक्का	hiccup/singultus	6	0	0	0	0	**6**	**0**	**0**	4	0	0	0	0	**4**	**0**	**0**	**10**	**0**	**0**	**10**
27	480	EA-3	कासः	cough / tussis	213	133	0	25	10	**238**	**0**	**143**	223	157	0	18	2	**241**	**0**	**159**	**479**	**0**	**302**	**781**
28	500	EA-5	स्वरभेदः	dysphonia	6	1	0	0	0	**6**	**0**	**1**	4	2	0	0	0	**4**	**0**	**2**	**10**	**0**	**3**	**13**
29	511	EA-6	उरःक्षतः /क्षतक्षीण	thoracic trauma	4	0	0	0	0	**4**	**0**	**0**	1	0	0	0	0	**1**	**0**	**0**	**5**	**0**	**0**	**5**
30	633	EB-10	शूलः	colicky pain/abdominal colic	168	177	0	3	2	**171**	**0**	**179**	235	272	0	4	0	**239**	**0**	**272**	**410**	**0**	**451**	**861**
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	1	0	0	0	0	**1**	**0**	**0**	1	8	0	0	0	**1**	**0**	**8**	**2**	**0**	**8**	**10**
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	3	3	0	0	0	**3**	**0**	**3**	11	7	0	0	0	**11**	**0**	**7**	**14**	**0**	**10**	**24**
34	651	EB-10.15	पार्श्वशूलः	flank pain	7	4	0	0	0	**7**	**0**	**4**	6	22	0	0	0	**6**	**0**	**22**	**13**	**0**	**26**	**39**
35	656	EB-11	उदावर्तः	obstipation	45	34	0	0	0	**45**	**0**	**34**	71	61	0	1	0	**72**	**0**	**61**	**117**	**0**	**95**	**212**
36	676	EB-12	परिकर्तिका	proctalgia	248	191	0	5	3	**253**	**0**	**194**	558	408	0	4	4	**562**	**0**	**412**	**815**	**0**	**606**	**1421**
37	515	EB-2	अतिसारः	diarrhoea	24	12	0	1	1	**25**	**0**	**13**	31	7	0	2	1	**33**	**0**	**8**	**58**	**0**	**21**	**79**
38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	1	0	0	0	**0**	**0**	**1**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**1**	**1**
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
41	536	EB-3	अजीर्णम्	indigestion	228	196	0	4	0	**232**	**0**	**196**	366	264	0	2	0	**368**	**0**	**264**	**600**	**0**	**460**	**1060**
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

43	558	EB-4	अम्लपित्तम्	hyperacidity	232	169	0	0	1	**232**	**0**	**170**	265	259	0	1	1	**266**	**0**	**260**	**498**	**0**	**430**	**928**
44	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	0	**0**	**0**	**0**	3	0	0	0	0	**3**	**0**	**0**	**3**	**0**	**0**	**3**
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	60	31	0	3	0	**63**	**0**	**31**	110	81	0	0	0	**110**	**0**	**81**	**173**	**0**	**112**	**285**
46	611	EB-8	गुल्मः	lump	0	0	0	0	0	**0**	**0**	**0**	1	0	0	0	0	**1**	**0**	**0**	**1**	**0**	**0**	**1**
47	628	EB-9	प्रवाहिका	dysentery	2	1	0	0	0	**2**	**0**	**1**	1	0	0	0	0	**1**	**0**	**0**	**3**	**0**	**1**	**4**
48	681	EC-2	हृद्रोगः	heart disease	91	36	0	1	0	**92**	**0**	**36**	231	44	0	0	0	**231**	**0**	**44**	**323**	**0**	**80**	**403**
49	689	EC-3	ज्वरः	fever / pyrexia	104	89	0	10	11	**114**	**0**	**100**	82	76	0	1	3	**83**	**0**	**79**	**197**	**0**	**179**	**376**
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	1	0	0	0	0	**1**	**0**	**0**	1	2	0	0	0	**1**	**0**	**2**	**2**	**0**	**2**	**4**
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
52	812	EC-5	पाण्डुरोगः	anaemia	5	26	0	0	0	**5**	**0**	**26**	2	14	0	0	0	**2**	**0**	**14**	**7**	**0**	**40**	**47**
53	823	EC-6	आमवातः	rheumatism due to आम	99	252	0	1	2	**100**	**0**	**254**	207	633	0	1	0	**208**	**0**	**633**	**308**	**0**	**887**	**1195**
54	828	EC-7	अरुचिः	anorexia	9	3	0	4	1	**13**	**0**	**4**	2	10	0	4	0	**6**	**0**	**10**	**19**	**0**	**14**	**33**
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
57	1017	ED-12	प्लीहोदरः	spleenomegaly	1	3	0	0	0	**1**	**0**	**3**	2	0	0	0	0	**2**	**0**	**0**	**3**	**0**	**3**	**6**
58	1024	ED-13	श्लीपदः	filariasis	1	0	0	0	0	**1**	**0**	**0**	4	1	0	0	0	**4**	**0**	**1**	**5**	**0**	**1**	**6**
59	1029	ED-14	शीतपित्तम्	urticaria with *vata* predominance	23	21	0	1	0	**24**	**0**	**21**	28	31	0	1	0	**29**	**0**	**31**	**53**	**0**	**52**	**105**
60	1031	ED-15	उदर्दः	urticaria with *kapha* predominance	0	3	0	1	0	**1**	**0**	**3**	4	4	0	0	0	**4**	**0**	**4**	**5**	**0**	**7**	**12**
61	1033	ED-16	भगन्दरः	fistula-in-ano	204	47	0	1	0	**205**	**0**	**47**	713	171	0	5	0	**718**	**0**	**171**	**923**	**0**	**218**	**1141**
62	838	ED-2.2	कण्डूः	pruritis	247	214	0	36	28	**283**	**0**	**242**	314	284	0	24	17	**338**	**0**	**301**	**621**	**0**	**543**	**1164**
63	850	ED-2.8	निद्रानाशः /अनिद्रा	loss of sleep (insomnia)	26	15	0	0	0	**26**	**0**	**15**	66	24	0	0	0	**66**	**0**	**24**	**92**	**0**	**39**	**131**
64	874	ED-3	कामला	jaundice	6	9	0	0	0	**6**	**0**	**9**	7	12	0	0	0	**7**	**0**	**12**	**13**	**0**	**21**	**34**
65	883	ED-4	कुष्ठम्	integumentary disease	328	277	0	14	12	**342**	**0**	**289**	502	384	0	25	14	**527**	**0**	**398**	**869**	**0**	**687**	**1556**
66	905	ED-4.3.10	विचर्चिका	wet eczema	17	7	0	0	0	**17**	**0**	**7**	25	12	0	0	0	**25**	**0**	**12**	**42**	**0**	**19**	**61**
67	897	ED-4.3.3	किटिभः	psoriasis	33	20	0	0	0	**33**	**0**	**20**	53	47	0	2	1	**55**	**0**	**48**	**88**	**0**	**68**	**156**

68	898	ED-4.3.4	विपादिका	cracks in palms and soles	6	3	0	1	0	**7**	**0**	**3**	6	1	0	0	0	**6**	**0**	**1**	**13**	**0**	**4**	**17**
69	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	63	43	0	1	1	**64**	**0**	**44**	128	86	0	0	0	**128**	**0**	**86**	**192**	**0**	**130**	**322**
70	902	ED-4.3.8	पामा	scabies	3	1	0	0	0	**3**	**0**	**1**	0	3	0	0	0	**0**	**0**	**3**	**3**	**0**	**4**	**7**
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	26	23	0	9	13	**35**	**0**	**36**	91	54	0	25	27	**116**	**0**	**81**	**151**	**0**	**117**	**268**
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
74	944	ED-7	रक्तपित्तम्		3	5	0	0	0	**3**	**0**	**5**	2	16	0	0	0	**2**	**0**	**16**	**5**	**0**	**21**	**26**
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	89	105	0	0	1	**89**	**0**	**106**	176	289	0	0	0	**176**	**0**	**289**	**265**	**0**	**395**	**660**
76	972	ED-9	विद्रधिः	abscess	0	0	0	0	1	**0**	**0**	**1**	0	9	0	0	0	**0**	**0**	**9**	**0**	**0**	**10**	**10**
77	1064	EE-2	अर्बुदः	tumor	12	54	0	0	0	**12**	**0**	**54**	3	216	0	0	0	**3**	**0**	**216**	**15**	**0**	**270**	**285**
78	1074	EE-3	अर्शः	haemorrhoids	658	288	0	4	0	**662**	**0**	**288**	1076	365	0	8	7	**1084**	**0**	**372**	**1746**	**0**	**660**	**2406**
79	1095	EE-4	ग्रन्थिः	cyst	101	109	0	4	2	**105**	**0**	**111**	178	209	0	1	8	**179**	**0**	**217**	**284**	**0**	**328**	**612**
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	189	119	0	0	0	**189**	**0**	**119**	359	190	0	0	1	**359**	**0**	**191**	**548**	**0**	**310**	**858**
81	1161	EF-3	मेदोरोगः	obesity	31	32	0	0	2	**31**	**0**	**34**	56	62	0	1	4	**57**	**0**	**66**	**88**	**0**	**100**	**188**
82	1163	EF-4	पिडका	eruption	4	8	0	0	0	**4**	**0**	**8**	3	8	0	0	3	**3**	**0**	**11**	**7**	**0**	**19**	**26**
83	1173	EI-2	क्लैब्यम्	male infertility	17	0	0	0	0	**17**	**0**	**0**	36	0	0	0	0	**36**	**0**	**0**	**53**	**0**	**0**	**53**
84	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	10	1	0	0	0	**10**	**0**	**1**	3	0	0	0	0	**3**	**0**	**0**	**13**	**0**	**1**	**14**
85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	22	0	0	0	0	**22**	**0**	**0**	38	0	0	0	0	**38**	**0**	**0**	**60**	**0**	**0**	**60**
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	106	65	0	0	0	**106**	**0**	**65**	146	95	0	0	1	**146**	**0**	**96**	**252**	**0**	**161**	**413**
87	1258	EJ-3	मूत्राघातः	urinary retention	78	52	0	2	2	**80**	**0**	**54**	167	121	0	2	1	**169**	**0**	**122**	**249**	**0**	**176**	**425**
88	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	14	0	0	0	0	**14**	**0**	**0**	18	0	0	0	0	**18**	**0**	**0**	**32**	**0**	**0**	**32**
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	52	20	0	0	0	**52**	**0**	**20**	84	48	0	0	0	**84**	**0**	**48**	**136**	**0**	**68**	**204**
90	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	87	109	0	4	1	**91**	**0**	**110**	202	186	0	4	1	**206**	**0**	**187**	**297**	**0**	**297**	**594**
92	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

93	1337	EK-4.6	यकृद्दाल्युदरः	hepatomegaly	103	76	0	0	0	**103**	**0**	**76**	174	142	0	0	0	**174**	**0**	**142**	**277**	**0**	**218**	**495**
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
96	1340	EK-4.9	जलोदरः	ascites	3	3	0	0	0	**3**	**0**	**3**	23	3	0	0	0	**23**	**0**	**3**	**26**	**0**	**6**	**32**
97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	19	0	0	0	**0**	**0**	**19**	0	19	0	0	0	**0**	**0**	**19**	**0**	**0**	**38**	**38**
98	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
100	1370	EL-2.20	महायोनिः /विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
101	1374	EL-2.24	वन्ध्या	female infertility	0	26	0	0	0	**0**	**0**	**26**	0	41	0	0	0	**0**	**0**	**41**	**0**	**0**	**67**	**67**
102	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	3	0	0	0	**0**	**0**	**3**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**3**	**3**
103	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	2	0	0	0	**0**	**0**	**2**	0	2	0	0	0	**0**	**0**	**2**	**0**	**0**	**4**	**4**
104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
105	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	23	0	0	1	**0**	**0**	**24**	0	53	0	0	0	**0**	**0**	**53**	**0**	**0**	**77**	**77**
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	162	0	0	0	**0**	**0**	**162**	0	196	0	0	0	**0**	**0**	**196**	**0**	**0**	**358**	**358**
107	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	1	0	0	0	**0**	**0**	**1**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**1**	**1**
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	7	6	0	0	0	**7**	**0**	**6**	24	4	0	0	0	**24**	**0**	**4**	**31**	**0**	**10**	**41**
112	1423	EM-2	उन्मादः	psychosis/insanity	3	0	0	0	0	**3**	**0**	**0**	2	2	0	0	0	**2**	**0**	**2**	**5**	**0**	**2**	**7**
113	1457	EM-3	अपस्मारः	epilepsy	9	5	0	5	2	**14**	**0**	**7**	11	9	0	4	0	**15**	**0**	**9**	**29**	**0**	**16**	**45**
114	1466	EM-5	मदात्ययः	alcohol abuse	1	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	51	128	0	5	3	**56**	**0**	**131**	124	152	0	13	1	**137**	**0**	**153**	**193**	**0**	**284**	**477**
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
120	1530	F-8	अर्धावभेदकः	hemicrania	6	24	0	0	0	**6**	**0**	**24**	20	46	0	0	0	**20**	**0**	**46**	**26**	**0**	**70**	**96**
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	74	63	0	1	3	**75**	**0**	**66**	65	52	0	0	0	**65**	**0**	**52**	**140**	**0**	**118**	**258**
123	1548	FA-4	दारुणकः	pytiriasis capitis	7	6	0	0	0	**7**	**0**	**6**	10	4	0	0	0	**10**	**0**	**4**	**17**	**0**	**10**	**27**
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
126	1583	GC	दन्तगतरोगः	tooth disorders	15	16	0	1	2	**16**	**0**	**18**	9	1	0	1	0	**10**	**0**	**1**	**26**	**0**	**19**	**45**
127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
129	1616	GF	कण्ठरोगः	throat disorders	5	4	0	0	0	**5**	**0**	**4**	10	6	0	0	0	**10**	**0**	**6**	**15**	**0**	**10**	**25**
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	1	0	0	0	**0**	**0**	**1**	1	1	0	0	0	**1**	**0**	**1**	**1**	**0**	**2**	**3**
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
133	1643	GF-19	गलगण्डः	goiter	5	12	0	0	0	**5**	**0**	**12**	13	3	0	0	0	**13**	**0**	**3**	**18**	**0**	**15**	**33**
134	1649	GG	मुखपाकः	stomatitis	22	13	0	3	3	**25**	**0**	**16**	64	37	0	3	14	**67**	**0**	**51**	**92**	**0**	**67**	**159**
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	36	33	0	5	1	**41**	**0**	**34**	23	16	0	5	2	**28**	**0**	**18**	**69**	**0**	**52**	**121**
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
137	1689	HB	वर्त्म-रोगः	eyelid disorders	0	1	0	0	1	**0**	**0**	**2**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**2**	**2**
138	1708	HB-19	लगणः	chalazion	1	1	0	0	0	**1**	**0**	**1**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**1**	**2**
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

140	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	81	96	0	2	3	**83**	**0**	**99**	88	95	0	6	1	**94**	**0**	**96**	**177**	**0**	**195**	**372**
143	1745	HF-2	अधिमन्थः	glaucoma	5	8	0	0	1	**5**	**0**	**9**	42	16	0	0	0	**42**	**0**	**16**	**47**	**0**	**25**	**72**
144	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	31	47	0	0	1	**31**	**0**	**48**	37	35	0	0	3	**37**	**0**	**38**	**68**	**0**	**86**	**154**
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	244	217	0	27	8	**271**	**0**	**225**	296	217	0	25	7	**321**	**0**	**224**	**592**	**0**	**449**	**1041**
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	6	1	0	0	0	**6**	**0**	**1**	15	2	0	0	0	**15**	**0**	**2**	**21**	**0**	**3**	**24**
147	1778	HG-2	काचः	moderate low vision	72	67	0	0	0	**72**	**0**	**67**	115	83	0	0	1	**115**	**0**	**84**	**187**	**0**	**151**	**338**
148	1785	HG-3	लिङ्गनाशः	complete blindness	22	7	0	1	0	**23**	**0**	**7**	51	23	0	13	0	**64**	**0**	**23**	**87**	**0**	**30**	**117**
149	1813	I	नासारोगः	nose diseases	5	5	0	0	0	**5**	**0**	**5**	0	3	0	0	1	**0**	**0**	**4**	**5**	**0**	**9**	**14**
150	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	142	105	0	13	4	**155**	**0**	**109**	183	181	0	3	10	**186**	**0**	**191**	**341**	**0**	**300**	**641**
151	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	1	0	**1**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
152	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
153	1832	I-6	अपीनसः	chronic rhinitis	3	1	0	0	0	**3**	**0**	**1**	0	0	0	0	0	**0**	**0**	**0**	**3**	**0**	**1**	**4**
154	1860	J	कर्णरोगः	ear diseases	12	8	0	2	1	**14**	**0**	**9**	13	13	0	0	0	**13**	**0**	**13**	**27**	**0**	**22**	**49**
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
156	1880	J-14	कर्ण-स्रावः	otorrhoea	4	1	0	0	0	**4**	**0**	**1**	6	3	0	1	0	**7**	**0**	**3**	**11**	**0**	**4**	**15**
157	1896	J-19	बाधिर्यम्	deafness	5	0	0	0	0	**5**	**0**	**0**	10	0	0	4	0	**14**	**0**	**0**	**19**	**0**	**0**	**19**
158	1897	J-20	कर्णशूलः	earache/otalgia	9	18	0	0	1	**9**	**0**	**19**	21	16	0	0	0	**21**	**0**	**16**	**30**	**0**	**35**	**65**
159	1869	J-9	कर्ण-नादः	tinnitus	4	3	0	0	0	**4**	**0**	**3**	4	5	0	0	0	**4**	**0**	**5**	**8**	**0**	**8**	**16**
160	1913	K	व्रणः	wounds	22	4	0	5	2	**27**	**0**	**6**	15	5	0	0	0	**15**	**0**	**5**	**42**	**0**	**11**	**53**
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	19	1	0	0	0	**19**	**0**	**1**	34	0	0	0	0	**34**	**0**	**0**	**53**	**0**	**1**	**54**
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

163	1971	LA	भग्नः)अस्थिभग्नः(	fracture	9	9	0	0	0	**9**	**0**	**9**	12	8	0	0	0	**12**	**0**	**8**	**21**	**0**	**17**	**38**
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
166	2085	LE	शल्यः	foreign body	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
167	2170	MD-11	दौर्बल्यम्	debility	445	424	0	44	30	**489**	**0**	**454**	469	473	0	24	14	**493**	**0**	**487**	**982**	**0**	**941**	**1923**
168	2172	MD-13	शय्यामूत्रता	enuresis	0	1	0	7	7	**7**	**0**	**8**	0	0	0	11	15	**11**	**0**	**15**	**18**	**0**	**23**	**41**
169	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	9	3	**9**	**0**	**3**	0	0	0	7	3	**7**	**0**	**3**	**16**	**0**	**6**	**22**
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
173	2184	N	कृमिः/सञ्जातकृमि	worm infestation	3	3	0	27	12	**30**	**0**	**15**	0	0	0	18	7	**18**	**0**	**7**	**48**	**0**	**22**	**70**
174	2250	O-14	कदरः	corn /callosity	3	1	0	0	0	**3**	**0**	**1**	0	1	0	0	0	**0**	**0**	**1**	**3**	**0**	**2**	**5**
175	2251	O-15	कुनखः	paronychia	7	0	0	0	0	**7**	**0**	**0**	29	4	0	0	0	**29**	**0**	**4**	**36**	**0**	**4**	**40**
176	2255	O-18	गुदभ्रंशः	rectal prolapse	5	3	0	0	0	**5**	**0**	**3**	9	1	0	0	0	**9**	**0**	**1**	**14**	**0**	**4**	**18**
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
179	2278	O-33	मषकः	blackgram-spots	0	2	0	0	0	**0**	**0**	**2**	1	0	0	0	0	**1**	**0**	**0**	**1**	**0**	**2**	**3**
180	2280	O-35	युवानपिडका	pimples	57	55	0	0	2	**57**	**0**	**57**	53	65	0	0	3	**53**	**0**	**68**	**110**	**0**	**125**	**235**
181	2284	O-39	इन्द्रलुप्तः	alopecia	9	6	0	2	1	**11**	**0**	**7**	7	2	0	0	0	**7**	**0**	**2**	**18**	**0**	**9**	**27**
182	2287	O-42	व्यङ्गः	black patches on face / melasma	10	10	0	0	0	**10**	**0**	**10**	27	17	0	0	0	**27**	**0**	**17**	**37**	**0**	**27**	**64**
183	2243	O-7	अरूंषिका	eruptions on head having multiple openings/furunculosis	2	0	0	1	0	**3**	**0**	**0**	2	0	0	0	0	**2**	**0**	**0**	**5**	**0**	**0**	**5**
184	1110	EF-2	प्रमेहः	diabetes mellitus	138	85	0	1	2	**139**	**0**	**87**	432	190	0	3	10	**435**	**0**	**200**	**574**	**0**	**287**	**861**
185	4	AA	वातव्याधिः	disorders due to vāta	297	349	0	21	12	**318**	**0**	**361**	486	509	0	39	18	**525**	**0**	**527**	**843**	**0**	**888**	**1731**
186	1324	EK-4	उदर/उदररोगः	ascites	381	289	0	25	23	**406**	**0**	**312**	508	412	0	24	31	**532**	**0**	**443**	**938**	**0**	**755**	**1693**

187	489	EA-4	श्वासः	dyspnoea	139	104	0	2	3	**141**	**0**	**107**	226	174	0	3	7	**229**	**0**	**181**	**370**	**0**	**288**	**658**
188	49	AAB-33	ग्रीवास्तम्भःकेवल वात	neck stiffness/torticollis/spasmodic torticollois (due only to vātadōṣa)	63	100	0	0	0	**63**	**0**	**100**	81	134	0	0	0	**81**	**0**	**134**	**144**	**0**	**234**	**378**
189	1383	EL-3	आर्तवदोषः/आर्तव दुष्टिः/रजोदोषः	menstrual disorders	0	243	0	0	0	**0**	**0**	**243**	0	369	0	0	0	**0**	**0**	**369**	**0**	**0**	**612**	**612**
190	1605	GE-2	गलग्रहः	throat spasm	1	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
191	72	AAB-55	पादशूलः)केवलवात(	leg pain (due only to vātadōṣa)	16	19	0	1	0	**17**	**0**	**19**	24	33	0	0	0	**24**	**0**	**33**	**41**	**0**	**52**	**93**
192	494	EA-4.5	तमकश्वासः	the disorder is characterized by pīnasam [cold, catarrh],	19	12	0	2	0	**21**	**0**	**12**	28	41	0	0	0	**28**	**0**	**41**	**49**	**0**	**53**	**102**
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	1	0	0	0	**0**	**0**	**1**	0	1	0	0	0	**0**	**0**	**1**	**0**	**0**	**2**	**2**
194	1421	EM	मनोवहस्रोतोविकारः	disorders of manōvahasrōtas	66	36	0	5	0	**71**	**0**	**36**	115	59	0	9	0	**124**	**0**	**59**	**195**	**0**	**95**	**290**
195	3573	I:10		Hypertension	4	3	0	0	0	**4**	**0**	**3**	2	1	0	0	0	**2**	**0**	**1**	**6**	**0**	**4**	**10**
196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterized by śūkrābha	112	0	0	0	0	**112**	**0**	**0**	150	0	0	0	0	**150**	**0**	**0**	**262**	**0**	**0**	**262**
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterized by mass	16	11	0	1	0	**17**	**0**	**11**	48	8	0	2	0	**50**	**0**	**8**	**67**	**0**	**19**	**86**
198	1606	GE-3	तुण्डिकेरी	the disorder is characterized by sthūla śōpha [large swelling	9	2	0	0	0	**9**	**0**	**2**	14	3	0	0	0	**14**	**0**	**3**	**23**	**0**	**5**	**28**
199	55	AAB-39	जानुभेदः)केवलवात(	breaking pain of knees (due only to vātadōṣa)	8	10	0	0	0	**8**	**0**	**10**	13	14	0	0	0	**13**	**0**	**14**	**21**	**0**	**24**	**45**
200	167	C-166	सिराःग्रंथि	(Varicos Vain)	24	18	0	0	0	**24**	**0**	**18**	64	14	0	0	0	**64**	**0**	**14**	**88**	**0**	**32**	**120**
201	1236	EI-6	वृद्धिः	hernia, hydrocele	9	1	0	0	0	**9**	**0**	**1**	3	0	0	0	0	**3**	**0**	**0**	**12**	**0**	**1**	**13**
202	1385	EL-3.2	पित्तज/आर्तवदुष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
203	19	AAB-3	अङ्गमर्द (केवलवात)	generalized body ache (due only to vātadōṣa)	4	12	0	0	0	**4**	**0**	**12**	15	14	0	0	0	**15**	**0**	**14**	**19**	**0**	**26**	**45**
204	2888	VA	प्रकृतिः	somatic constitution	1	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	16	7	0	0	1	**16**	**0**	**8**	27	13	0	0	1	**27**	**0**	**14**	**43**	**0**	**22**	**65**
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**

207	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
208	108	AAB-91	विषादः/दीनता)केवलवात(	depression/apathy (due only to vātadōṣa	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
209	406	BG	शुक्रवैषम्यम्		9	0	0	0	1	**9**	**0**	**1**	13	0	0	0	0	**13**	**0**	**0**	**22**	**0**	**1**	**23**
210	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	2	4	0	1	2	**3**	**0**	**6**	5	5	0	0	0	**5**	**0**	**5**	**8**	**0**	**11**	**19**
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōśa and other dōṣa	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
212	1604	GE-1	गलशुण्डिका)कण्ठशुण्डी(	uvulitis/elongated uvula	1	0	0	1	0	**2**	**0**	**0**	5	5	0	0	0	**5**	**0**	**5**	**7**	**0**	**5**	**12**
213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
214	652	EB-10.16	त्रिकशूलः/	sacralgia	224	266	0	1	2	**225**	**0**	**268**	333	437	0	5	0	**338**	**0**	**437**	**563**	**0**	**705**	**1268**
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	1	0	0	1	1	**2**	**0**	**1**	0	0	0	0	4	**0**	**0**	**4**	**2**	**0**	**5**	**7**
216	1350	EL-2	योनिरोगः/योनि-व्यापदः	gynecological disorder	0	9	0	0	0	**0**	**0**	**9**	0	12	0	0	0	**0**	**0**	**12**	**0**	**0**	**21**	**21**
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravr̥ddhi-kṣayavr̥ddhi	0	4	0	0	0	**0**	**0**	**4**	0	5	0	0	0	**0**	**0**	**5**	**0**	**0**	**9**	**9**
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	**0**	**0**	**0**	0	1	0	0	0	**0**	**0**	**1**	**0**	**0**	**1**	**1**
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	0	**0**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**0**	**0**	**0**	**0**
220	1175	EI-2.2	ध्वजभङ्गःजक्लैब्यम्	klaibya due to erectile dysfunction	5	0	0	0	0	**5**	**0**	**0**	4	0	0	0	0	**4**	**0**	**0**	**9**	**0**	**0**	**9**
221	2269	O-28	प्रसुप्तिः	hypoesthesia	6	8	0	0	0	**6**	**0**	**8**	17	6	0	0	0	**17**	**0**	**6**	**23**	**0**	**14**	**37**
222	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated vāta in rakta	52	40	0	0	0	**52**	**0**	**40**	107	66	0	1	0	**108**	**0**	**66**	**160**	**0**	**106**	**266**
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	24	14	0	0	0	**24**	**0**	**14**	28	9	0	0	0	**28**	**0**	**9**	**52**	**0**	**23**	**75**
224	2263	O-23	तिलकः/तिलकालक	sesame-eruption	0	3	0	0	0	**0**	**0**	**3**	2	11	0	0	0	**2**	**0**	**11**	**2**	**0**	**14**	**16**
225	7	AAA-2	वातवृद्धिः	vātavr̥ddhiḥ	10	4	0	0	0	**10**	**0**	**4**	17	10	0	1	0	**18**	**0**	**10**	**28**	**0**	**14**	**42**
226	265	ABB-4	अतिस्वेदकेवलपित्त(		1	0	0	0	0	**1**	**0**	**0**	0	0	0	0	0	**0**	**0**	**0**	**1**	**0**	**0**	**1**
227			Not consulted		14	15	0	0	0	**14**	**0**	**15**	0	0	0	0	0	**0**	**0**	**0**	**14**	**0**	**15**	**29**
Grand Total					**8888**	**8257**	**0**	**395**	**263**	**9283**	**0**	**8520**	**14826**	**13199**	**0**	**384**	**303**	**15210**	**0**	**13502**	**24493**	**0**	**22022**	**46515**

10. Geriatric OPD

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	Adult	F	M	F	M	F	M	F	
1	147	AAC-12	आध्मानम् / आनाहः	distension/tympanites/meteorism or painful abdominal distension	4	0	0	0	**4**	**0**	5	0	0	0	**5**	**0**	**9**	**0**	**9**
2	2983	AAC-12.4	विबन्ध	simple constipation	6	2	0	0	**6**	**2**	7	0	0	0	**7**	**0**	**13**	**2**	**15**
3	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
4	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	1	0	0	**0**	**1**	0	0	0	0	**0**	**0**	**0**	**1**	**1**
5	132	S	अपतन्त्रकः	convulsive fit	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
6	157	AAC-20	गृध्रसी	sciatica	0	7	0	0	**0**	**7**	5	4	0	0	**5**	**4**	**5**	**11**	**16**
7	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	9	2	0	0	**9**	**2**	16	2	0	0	**#**	**2**	**25**	**4**	**29**
8	166	AAC-24.2	बाल–पक्षाघातः	hemiplegia in children	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
9	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
10	172	AAC-30	पङ्गुःकेवलवात	lameness (bilateral)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
11	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	1	0	0	**0**	**1**	0	0	0	0	**0**	**0**	**0**	**1**	**1**
12	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
13	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
14	135	AAC-4	अर्दितः	facial paralysis	1	1	0	0	**1**	**1**	0	0	0	0	**0**	**0**	**1**	**1**	**2**
15	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
16	141	AAC-8	अवबाहुकः	frozen shoulder	0	2	0	0	**0**	**2**	0	0	0	0	**0**	**0**	**0**	**2**	**2**
17	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
18	248	AAE-16	सन्धिवातः	osteo-arthritis	44	47	0	0	**44**	**47**	87	99	0	0	**#**	**99**	**131**	**146**	**277**
19	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
20	285	ABB-24	दाहः	burning sensation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

21	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
22	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
23	410	BA-3.1	आर्तवक्षयः	scanty menstruation/hypomenorrhoea/oligomenorrhea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
24	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
25	420	BI	राजयक्ष्मा	consumption	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
26	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
27	480	EA-3	कासः	cough / tussis	6	1	0	0	**6**	**1**	12	2	0	0	**#**	**2**	**18**	**3**	**21**
28	500	EA-5	स्वरभेदः	dysphonia	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	**1**	**0**	**1**
29	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
30	633	EB-10	शूलः	colicky pain/abdominal colic	1	0	0	0	**1**	**0**	10	0	0	0	**#**	**0**	**11**	**0**	**11**
31	643	EB-10.10	परिणामशूलः	duodenal ulcer	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
32	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
33	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
34	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
35	656	EB-11	उदावर्तः	obstipation	3	2	0	0	**3**	**2**	2	2	0	0	**2**	**2**	**5**	**4**	**9**
36	676	EB-12	परिकर्तिका	proctalgia	0	0	0	0	**0**	**0**	0	1	0	0	**0**	**1**	**0**	**1**	**1**
37	515	EB-2	अतिसारः	diarrhoea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
38	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
39	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
40	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
41	536	EB-3	अजीर्णम्	indigestion	0	3	0	0	**0**	**3**	7	2	0	0	**7**	**2**	**7**	**5**	**12**
42	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	**0**	**0**	0	1	0	0	**0**	**1**	**0**	**1**	**1**
43	558	EB-4	अम्लपित्तम्	hyperacidity	3	2	0	0	**3**	**2**	7	5	0	0	**7**	**5**	**10**	**7**	**17**
44	586	EB-6	छर्दिः	vomiting/emesis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
45	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	2	1	0	0	**2**	**1**	3	1	0	0	**3**	**1**	**5**	**2**	**7**
46	611	EB-8	गुल्मः	lump	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

47	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
48	681	EC-2	हृद्रोगः	heart disease	2	0	0	0	**2**	**0**	4	0	0	0	**4**	**0**	**6**	**0**	**6**
49	689	EC-3	ज्वरः	fever / pyrexia	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	**1**	**0**	**1**
50	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
51	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
52	812	EC-5	पाण्डुरोगः	anaemia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
53	823	EC-6	आमवातः	rheumatism due to आम	3	3	0	0	**3**	**3**	4	3	0	0	**4**	**3**	**7**	**6**	**13**
54	828	EC-7	अरुचिः	anorexia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
55	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
56	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
57	1017	ED-12	प्लीहोदरः	spleenomegaly	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
58	1024	ED-13	श्लीपदः	filariasis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
59	1029	ED-14	शीतपित्तम्	urticaria with *vata* predominance	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
60	1031	ED-15	उदर्दः	urticaria with *kapha* predominance	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
61	1033	ED-16	भगन्दरः	fistula-in-ano	4	0	0	0	**4**	**0**	2	1	0	0	**2**	**1**	**6**	**1**	**7**
62	838	ED-2.2	कण्डूः	pruritis	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	**1**	**0**	**1**
63	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	1	1	0	0	**1**	**1**	3	0	0	0	**3**	**0**	**4**	**1**	**5**
64	874	ED-3	कामला	jaundice	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
65	883	ED-4	कुष्ठम्	integumentary disease	3	2	0	0	**3**	**2**	6	13	0	0	**6**	**13**	**9**	**15**	**24**
66	905	ED-4.3.10	विचर्चिका	wet eczema	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
67	897	ED-4.3.3	किटिभः	psoriasis	0	0	0	0	**0**	**0**	3	0	0	0	**3**	**0**	**3**	**0**	**3**
68	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
69	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	0	1	0	0	**0**	**1**	2	0	0	0	**2**	**0**	**2**	**1**	**3**
70	902	ED-4.3.8	पामा	scabies	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
71	919	ED-5	श्वित्रः	vitiligo /leucoderma	0	1	0	0	**0**	**1**	4	0	0	0	**4**	**0**	**4**	**1**	**5**
72	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
73	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

74	944	ED-7	रक्तपित्तम्		0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
75	956	ED-8	वातरक्तम्	rheumatism due to रक्त	0	2	0	0	**0**	**2**	5	3	0	0	**5**	**3**	**5**	**5**	**10**
76	972	ED-9	विद्रधिः	abscess	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
77	1064	EE-2	अर्बुदः	tumor	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	**1**	**0**	**1**
78	1074	EE-3	अर्शः	haemorrhoids	3	2	0	0	**3**	**2**	4	1	0	0	**4**	**1**	**7**	**3**	**10**
79	1095	EE-4	ग्रन्थिः	cyst	1	0	0	0	**1**	**0**	1	2	0	0	**1**	**2**	**2**	**2**	**4**
80	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	9	4	0	0	**9**	**4**	10	6	0	0	**#**	**6**	**19**	**10**	**29**
81	1161	EF-3	मेदोरोगः	obesity	0	0	0	0	**0**	**0**	3	0	0	0	**3**	**0**	**3**	**0**	**3**
82	1163	EF-4	पिडका	eruption	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
83	1173	EI-2	क्लैब्यम्	male infertility	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
84	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
85	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	**0**	**0**	2	0	0	0	**2**	**0**	**2**	**0**	**2**
86	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	2	0	0	0	**2**	**0**	1	0	0	0	**1**	**0**	**3**	**0**	**3**
87	1258	EJ-3	मूत्राघातः	urinary retention	4	3	0	0	**4**	**3**	4	1	0	0	**4**	**1**	**8**	**4**	**12**
88	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	1	0	0	0	**1**	**0**	1	0	0	0	**1**	**0**	**2**	**0**	**2**
89	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	**1**	**0**	**1**
90	1291	EK-2	तृष्णा	polidypsia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
91	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	0	1	0	0	**0**	**1**	1	6	0	0	**1**	**6**	**1**	**7**	**8**
92	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
93	1337	EK-4.6	यकृद्वाल्युदरः	hepatomegaly	0	1	0	0	**0**	**1**	4	0	0	0	**4**	**0**	**4**	**1**	**5**
94	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
95	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
96	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
97	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
98	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
99	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
100	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

101	1374	EL-2.24	वन्ध्या	female infertility	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
102	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
103	1382	EL-2.28	योनि–अर्शः	cervical polyp	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
104	1359	EL-2.9	अरजस्का	amenorrhea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
105	1392	EL-4	रक्तप्रदरः / असृग्दरः	menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
106	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
107	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
108	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
109	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
110	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
111	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	2	0	0	0	**2**	**0**	0	0	0	0	**0**	**0**	**2**	**0**	**2**
112	1423	EM-2	उन्मादः	psychosis/insanity	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
113	1457	EM-3	अपस्मारः	epilepsy	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
114	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
115	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
116	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
117	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	2	1	0	0	**2**	**1**	2	0	0	0	**2**	**0**	**4**	**1**	**5**
118	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
119	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
120	1530	F-8	अर्धावभेदकः	hemicrania	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
121	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
122	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
123	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
124	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
125	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
126	1583	GC	दन्तगतरोगः	tooth disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

127	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
128	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
129	1616	GF	कण्ठरोगः	throat disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
130	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
131	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
132	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
133	1643	GF-19	गलगण्डः	goiter	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
134	1649	GG	मुखपाकः	stomatitis	0	1	0	0	**0**	**1**	3	0	0	0	**3**	**0**	**3**	**1**	**4**
135	1662	H	अक्षिरोगः/नेत्ररोगः	ophthalmic diseases/ eye diseases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
136	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
137	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
138	1708	HB-19	लगणः	chalazion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
139	1691	HB-2	कुम्भीका	styes	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
140	1692	HB-3	पोथकी	trachoma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
141	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
142	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
143	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
144	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
145	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	0	1	0	0	**0**	**1**	1	0	0	0	**1**	**0**	**1**	**1**	**2**
146	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
147	1778	HG-2	काचः	moderate low vision	1	0	0	0	**1**	**0**	1	0	0	0	**1**	**0**	**2**	**0**	**2**
148	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
149	1813	I	नासारोगः	nose diseases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
150	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	1	0	0	0	**1**	**0**	3	2	0	0	**3**	**2**	**4**	**2**	**6**
151	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

152	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
153	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
154	1860	J	कर्णरोगः	ear diseases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
155	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
156	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
157	1896	J-19	बाधिर्यम्	deafness	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
158	1897	J-20	कर्णशूलः	earache/otalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
159	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
160	1913	K	व्रणः	wounds	1	0	0	0	**1**	**0**	1	1	0	0	**1**	**1**	**2**	**1**	**3**
161	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
162	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
163	1971	LA	भग्नः अस्थिभग्नः	fracture	0	0	0	0	**0**	**0**	0	1	0	0	**0**	**1**	**0**	**1**	**1**
164	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
165	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
166	2085	LE	शल्यः	foreign body	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
167	2170	MD-11	दौर्बल्यम्	debility	8	8	0	0	**8**	**8**	11	8	0	0	**#**	**8**	**19**	**16**	**35**
168	2172	MD-13	शय्यामूत्रता	enuresis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
169	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
170	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
171	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
172	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
173	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
174	2250	O-14	कदरः	corn /callosity	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
175	2251	O-15	कुनखः	paronychia	0	0	0	0	**0**	**0**	6	0	0	0	**6**	**0**	**6**	**0**	**6**
176	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
177	2256	O-19	चर्मकीलः	wart	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
178	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
179	2278	O-33	मषकः	blackgram-spots	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
180	2280	O-35	मुखदूषिका	pimples	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
181	2284	O-39	इन्द्रलुप्तः	alopecia	0	1	0	0	**0**	**1**	0	1	0	0	**0**	**1**	**0**	**2**	**2**
182	2287	O-42	व्यङ्गः	black patches on face / melasma	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

183	2243	O-7	अरूंषिका	eruptions on head having multiple openings/furunculosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
184	1110	EF-2	प्रमेहः	diabetes mellitus	6	0	0	0	**6**	**0**	7	2	0	0	**7**	**2**	**13**	**2**	**15**
185	4	AA	वातव्याधिः	disorders due to vāta	10	6	0	0	**10**	**6**	18	16	0	0	**#**	**16**	**28**	**22**	**50**
186	1324	EK-4	उदर/उदररोगः	ascites	1	1	0	0	**1**	**1**	6	1	0	0	**6**	**1**	**7**	**2**	**9**
187	489	EA-4	श्वासः	dyspnoea	3	3	0	0	**3**	**3**	3	1	0	0	**3**	**1**	**6**	**4**	**10**
188	49	AAB-33	ग्रीवास्तम्भः केवलवात	neck stiffness/torticollis/spasmodic torticollois (due only to vātadōṣa)	1	0	0	0	**1**	**0**	0	5	0	0	**0**	**5**	**1**	**5**	**6**
189	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोषः	menstrual disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
190	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
191	72	AAB-55	पादशूलः केवलवात	leg pain (due only to vātadōṣa)	0	1	0	0	**0**	**1**	1	1	0	0	**1**	**1**	**1**	**2**	**3**
192	494	EA-4.5	तमकश्वासः	the disorder is characterized	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
193	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
194	1421	EM	मनोवहस्रोतोविकारः	disorders of manōvahasrōtas	3	0	0	0	**3**	**0**	2	1	0	0	**2**	**1**	**5**	**1**	**6**
195	3573	I:10		Hypertension(BP)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
196	1118	EF-2.2.6	शुक्रमेहः	the disorder is characterized by śūkrābha mūtra pravr̥tti [semen like appearance of urine], śukra miśra mūtra pravr̥tti [semen mixed urination], muhurmūtra pravr̥tti [frequent micturition]	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
197	1081	EE-3.7	रक्तज-अर्शः	the disorder is characterized by nyagrōdhaprarōhasadr̥śagudāṅkurāḥ [anal sprouts as shoots of	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
198	1606	GE-3	तुण्डिकेरी	the disorder is characterized by sthūla śōpha [large swelling],	0	1	0	0	**0**	**1**	0	2	0	0	**0**	**2**	**0**	**3**	**3**
199	55	AAB-39	जानुभेदः केवलवात	breaking pain of knees (due only to vātadōṣa)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
200	167	C-166	सिरा : ग्रंथि	Varicos Vain	1	0	0	0	**1**	**0**	1	0	0	0	**1**	**0**	**2**	**0**	**2**
201	1236	EI-6	वृद्धिः	hernia, hydrocele	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	**1**	**0**	**1**
202	1385	EL-3.2	पित्तज/आर्तवदुष्टिः	the disorder is characterized by dōṣa varṇa (ārtava) [characteristics of ārtava will be	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

203	19	AAB-3	अङ्गमर्दः केवलवात	generalized body ache (due only to vātadōṣa)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
204	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
205	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	0	0	0	0	**0**	**0**	1	1	0	0	**1**	**1**	**1**	**1**	**2**
206	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
207	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
208	108	AAB-91	विषादः/दीनता) केवलवात (	depression/apathy (due only to vātadōṣa)	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
209	406	BG	शुक्रवैषम्यम्		0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
210	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
211	2310	O-51	आलस्यम्	laziness/lethargy (due to kaphadōśa and other dōṣa	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
212	1604	GE-1	गलशुण्डिका कण्ठशुण्डी	uvulitis/elongated uvula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
213	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
214	652	EB-10.16	त्रिकशूलः/	sacralgia	2	4	0	0	**2**	**4**	6	16	0	0	**6**	**16**	**8**	**20**	**28**
215	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
216	1350	EL-2	योनिरोगः/योनि-व्यापदः	gynecological disorder	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
217	1099	EE-4.4	मेदोजग्रन्थिः	the disorder is characterized by śarīravṛddhi-kṣayavṛddhi-hāniḥ (granthēḥ) [swelling increases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
218	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
219	1216	EI-4.8	त्वक्पाकः	posthitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
220	1175	EI-2.2	ध्वजभङ्गजक्लैब्यम्	klaibya due to erectile dysfunction	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
221	2269	O-28	प्रसुप्तिः	hypoesthesia	1	1	0	0	**1**	**1**	0	1	0	0	**0**	**1**	**1**	**2**	**3**
222	240	AAE-8	असृग्गतवातः/रक्तगतवात	vitiated vāta in rakta	3	0	0	0	**3**	**0**	3	8	0	0	**3**	**8**	**6**	**8**	**14**
223	21	Z29.1	Phophylactic Immunotherapy	Phophylactic Immunotherapy	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
Grand Total					**160**	**122**	**0**	**0**	**160**	**122**	**305**	**223**	**0**	**0**	**305**	**223**	**465**	**345**	**810**

11. Ano-rectal (Ksharasutra) Clinic for the Month of April 2021 to March 2022

S.N	NAMC ID	NAMC Code	Disease	New		Old		Total		Grand Total
				M	F	M	F	M	F	
1	1033	ED-16	भगंदर	81	7	1094	212	1175	219	**1394**
2	1074	EE-3	अर्श	237	43	787	143	1024	186	**1210**
3	1961	K-14	नाड़ीव्रण	10	0	57	1	67	1	**68**
4	676	EB-12	परिकर्तिका	204	144	490	409	694	553	**1247**
5	276	ABB-15	गुदपाक	54	27	220	111	274	138	**412**
Total				**586**	**221**	**2648**	**876**	**3234**	**1097**	**4331**

12. Clinical Research Leech Department

Statement of patients attended at Leech Department during the Period of April,2021 to March,2022

S.N	NAMC ID	NAMC Code	Disease	Number of patients attended				Total		Grand Total
				M	F	MC	FC	M	F	
1	883	ED-4	कुष्ठ	1	1	0	0	1	1	2
2	1728	HD-9	शिराजाल	78	0	0	0	78	0	78
3	1024	ED-13	शलिपद	0	0	0	0	0	0	0
4	919	ED-5	श्वित्र	0	0	0	0	0	0	0
5	2284	0-39	इंद्रलुप्त	2	0	0	0	2	0	2
Total				81	1	0	0	81	1	82

13. PHYSIOTHERAPY SECTION

April 2021 To March, 2022

Period	No. of Patients Attended on daily basis								Total		Grand Total
	I.P.D.				OPD						
	New		Old		New		Old				
	M	F	M	F	M	F	M	F	M	F	
April,2021 To June,2021	0	0	0	0	2	1	8	5	10	6	16
July 2021 to September ,2021	22	24	221	241	27	31	19	44	289	340	629
October,2021 to December, 2021	14	8	118	66	27	25	34	51	193	150	343
January,2022 to March,2022	20	11	89	28	23	30	60	33	192	102	294
Total	56	43	428	335	79	87	121	133	684	598	1282

14. Panchakarma Clinic

S.No.	Disease	IPD								OPD								Total M	Total F	Grand Total
		NEW				OLD				NEW				OLD						
		M	F	MC	FC	M	F	MC	FC	M	F	MC	FC	M	F	MC	FC			
1.	Sandhivata	15	33	0	0	0	0	0	0	2	4	0	0	0	1	0	0	17	38	55
2.	Kati Shool	21	14	0	0	0	0	0	0	3	7	0	0	0	0	0	0	24	21	45
3.	Aamvata	8	14	0	0	0	1	0	0	1	0	0	0	0	0	0	0	9	15	24
4.	Avbahuk	1	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	3	0	3
5.	Ekang Vata	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	Pakshaghat	21	5	0	0	2	1	0	0	0	0	0	0	0	0	0	0	23	6	29
7.	Gridhrasi	8	12	0	0	0	2	0	0	0	0	0	0	0	2	0	0	8	16	24
8.	Udar Roga	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	Netra Rog/ Timir	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
10.	Greevastambh	1	1	0	0	0	1	0	0	1	1	0	0	0	0	0	0	2	3	5
11.	Madhumeha	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
12.	Twak Roga	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13.	Vatavyadhi	6	10	2	0	0	1	1	0	0	0	1	0	1	0	0	0	11	11	22
14.	Vatika Unmad	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
15.	Anidra	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16.	Kandu	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17.	Pratishyaya	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	2
18.	Manyastambh	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
19.	Karnshool	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20.	Lingnaash	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	2	1	3
21.	Granthishool	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

22.	Aatdusti	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
23.	Kampavata	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	1	1	2
24.	Sarvang Vata	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
25.	Abhishyanda	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
26.	Mamsa Kshaya	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27.	Baal Pakshaghaat	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
28.	Shotha	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
29.	Nakulandh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
30.	Anartava	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
31.	Amalpitta	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
32.	Ardit	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	3
33.	Vibandh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34.	Prameha	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	Shwet pradar	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1	1
36.	Timir	7	3	0	0	1	0	0	0	0	0	0	0	0	0	0	0	8	3	11
37.	Ardhangavata	1	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	2	1	3
38.	Garbhashaye Arbud	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
39.	Parikartika	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40.	Sthaulya	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1
41.	Padashool	0	0	0	0	0	0	0	0	0	1	1		0	0	0	0	1	1	2
42.	Raktpitta	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
43.	Artav Dusti	0	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	2	2
44.	Agnimandhya	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45.	Vatarakta	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	3
46.	Other	**3**	**2**	**1**	**0**	**0**	**1**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**0**	**2**	**0**	6	3	9
47.	Total	**100**	**108**	**4**	**0**	**3**	**8**	**2**	**0**	**9**	**15**	**2**	**0**	**1**	**3**	**2**	**0**	**123**	**134**	**257**

15. DISTRIBUTION OF PATIENTS AS PER PROCEDURES

S.No.	Panchakarma Procedures	Sittings
1	Abhyanga	1558
3	N. Sweda	784
4	Janu Basti	155
5	Kshir Basti	47
6	Nasya	195
7	Patra Pind	313
8	Kati Basti	419
9	Niruh Basti	30
10	Dashang Lep	147
11	Shirodhara Kwath	43
12	Anuvasan Basti	52
13	Matra Basti	545
14	Ann Lepan	0
15	Jambira Pind	45
16	Ruksh Sweda	0
17	Upnaah /Andalep	9
18	Shiro Abhyang	14
19	Kshaye Dhara	3
20	Ruksh Sweda	100
21	Urdhavartan	62
22	Churna Pind	52
23	Takra Dhara	0
24	Greeva Basti	38
25	Vetaran Basti	78
26	Shashtik Shali	38
27	Baluka Sweda	183
28	Sarvang Sweda	923
29	Shirodhara Tail	41
30	Anda Lep	3
31	Virechan	9
32	Vaman	1
33	Shiro picchu	17
34	Akanga dhara	28
35	Yoga basti	4
36	Janu dhara	**7**
37	Kshir dhum	**6**
38	**Total**	**5949**

16. Ayurveda Treatment Centre, Lady Hardinge Medical College & Hospital for the Period of April,2021 To March,2022

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/meteorism or painful abdominal distension	94	48	0	0	94	48	31	29	0	0	31	29	125	77	202
2.	2983	AAC-12.4	विबन्ध	simple constipation	235	107	1	2	236	109	93	22	0	0	93	22	329	131	460
3.	152	AAC-15	एकाङ्गवातः	monoplegia	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	9	2	0	0	9	2	6	0	0	0	6	0	15	2	17
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात(	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	7	8	0	0	7	8	1	2	0	0	1	2	8	10	18
12.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14.	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

16.	**141**	**AAC-8**	**अवबाहुकः**	**frozen shoulder**	1	3	0	0	**1**	**3**	0	1	0	0	**0**	**1**	**1**	**4**	**5**
17.	**142**	**AAC-9**	**ऊरुस्तम्भः**	**stiff thigh**	4	2	0	0	**4**	**2**	0	0	0	0	**0**	**0**	**4**	**2**	**6**
18.	**248**	**AAE-16**	**सन्धिवातः**	**osteo-arthritis**	429	397	1	0	**430**	**397**	133	119	0	0	**133**	**119**	**563**	**516**	**1079**
19.	**262**	**ABB-1**	**अक्षिपाकः**	**red eye/bloodshot eye**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
20.	**285**	**ABB-24**	**दाहः**	**burning sensation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
21.	**287**	**ABB-26**	**पालित्य**	**premature graying of hair**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
22.	**348**	**ACB-23**	**अग्निमान्द्यम्**	**impaired digestion / loss of appetite**	40	20	2	3	**42**	**23**	2	8	0	0	**2**	**8**	**44**	**31**	**75**
23.	**410**	**BA-3.1**	**आर्तवक्षयः**	**scanty menstruation/hypomenorrhoea/oligomenorrhea**	0	9	0	0	**0**	**9**	0	1	0	0	**0**	**1**	**0**	**10**	**10**
24.	**413**	**BA-4.1**	**स्तन्यक्षयः**	**hypogalactia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
25.	**420**	**BI**	**राजयक्ष्मा**	**consumption**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
26.	**471**	**EA-2**	**हिक्का**	**hiccup/singultus**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
27.	**480**	**EA-3**	**कासः**	**cough / tussis**	247	121	5	13	**252**	**134**	39	31	0	4	**39**	**35**	**291**	**169**	**460**
28.	**489**	**EA-4**	**श्वासः**	**dyspnoea**	33	14	0	0	**33**	**14**	17	7	0	0	**17**	**7**	**50**	**21**	**71**
29.	**500**	**EA-5**	**स्वरभेदः**	**dysphonia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
30.	**511**	**EA-6**	**उरःक्षतः / क्षतक्षीण**	**thoracic trauma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
31.	**633**	**EB-10**	**शूलः**	**colicky pain/abdominal colic**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
32.	**643**	**EB-10.10**	**परिणामशूलः**	**duodenal ulcer**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
33.	**647**	**EB-10.11**	**अन्नद्रवशूलः**	**peptic ulcer**	3	0	0	0	**3**	**0**	0	0	0	0	**0**	**0**	**3**	**0**	**3**
34.	**650**	**EB-10.14**	**हृदयशूलः**	**cardialgia/precordial pain**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
35.	**651**	**EB-10.15**	**पार्श्वशूलः**	**flank pain**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
36.	**656**	**EB-11**	**उदावर्तः**	**obstipation**	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	**1**	**0**	**1**

37.	**676**	**EB-12**	**परिकर्तिका**	**proctalgia**	6	1	0	1	**6**	**2**	11	0	0	0	**11**	**0**	**17**	**2**	**19**
38.	**515**	**EB-2**	**अतिसारः**	**diarrhoea**	10	9	3	0	**13**	**9**	0	0	0	1	**0**	**1**	**13**	**10**	**23**
39.	**526**	**EB-2.10**	**रक्तातिसारः**	**diarrhoea associated with blood**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
40.	**524**	**EB-2.8**	**आमातिसारः**	**आमstage of अतिसार**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
41.	**525**	**EB-2.9**	**ज्वरातिसारः**	**diarrhoea associated with fever**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
42.	**536**	**EB-3**	**अजीर्णम्**	**indigestion**	8	5	15	12	**23**	**17**	2	0	0	0	**2**	**0**	**25**	**17**	**42**
43.	**543**	**EB-3.7**	**विसूचिका**	**acute gastroenteritis**	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	**1**	**0**	**1**
44.	**558**	**EB-4**	**अम्लपित्तम्**	**hyperacidity**	40	24	0	0	**40**	**24**	11	1	0	0	**11**	**1**	**51**	**25**	**76**
45.	**586**	**EB-6**	**छर्दिः**	**vomiting/emesis**	3	0	0	0	**3**	**0**	0	0	0	0	**0**	**0**	**3**	**0**	**3**
46.	**601**	**EB-7**	**ग्रहणीदोषः**	**disorders of lower gastro-intestinal tract**	1	0	0	0	**1**	**0**	0	0	0	0	**0**	**0**	**1**	**0**	**1**
47.	**611**	**EB-8**	**गुल्मः**	**lump**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
48.	**628**	**EB-9**	**प्रवाहिका**	**dysentery**	3	2	0	0	**3**	**2**	0	0	0	0	**0**	**0**	**3**	**2**	**5**
49.	**681**	**EC-2**	**हृद्रोगः**	**heart disease**	9	10	0	0	**9**	**10**	0	0	1	0	**1**	**0**	**10**	**10**	**20**
50.	**689**	**EC-3**	**ज्वरः**	**fever / pyrexia**	92	75	2	2	**94**	**77**	4	5	2	0	**6**	**5**	**100**	**82**	**182**
51.	**761**	**EC-3.10**	**विषमज्वरः**	**intermittent pyrexia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
52.	**791**	**EC-3.21**	**पुनरावर्तक-ज्वरः**	**relapsing fever**	3	1	0	0	**3**	**1**	0	0	0	0	**0**	**0**	**3**	**1**	**4**
53.	**812**	**EC-5**	**पाण्डुरोगः**	**anaemia**	21	84	0	0	**21**	**84**	2	8	0	0	**2**	**8**	**23**	**92**	**115**
54.	**823**	**EC-6**	**आमवातः**	**rheumatism due to आम**	30	44	0	0	**30**	**44**	14	25	0	0	**14**	**25**	**44**	**69**	**113**
55.	**828**	**EC-7**	**अरुचिः**	**anorexia**	9	3	14	20	**23**	**23**	3	1	1	7	**4**	**8**	**27**	**31**	**58**
56.	**997**	**ED-10**	**विसर्पः**	**erysipelas /acute spreading eruptions**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
57.	**1013**	**ED-11**	**फिरङ्गः**	**syphilis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

58.	**1017**	**ED-12**	**प्लीहोदरः**	**spleenomegaly**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
59.	**1024**	**ED-13**	**श्लीपदः**	**filariasis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
60.	**1029**	**ED-14**	**शीतपित्तम्**	**urticaria with *vata* predominance**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
61.	**1031**	**ED-15**	**उदर्दः**	**urticaria with *kapha* predominance**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
62.	**1033**	**ED-16**	**भगन्दरः**	**fistula-in-ano**	3	2	0	0	**3**	**2**	0	0	0	0	**0**	**0**	**3**	**2**	**5**
63.	**838**	**ED-2.2**	**कण्डूः**	**pruritis**	92	73	6	4	**98**	**77**	11	8	0	0	**11**	**8**	**109**	**85**	**194**
64.	**850**	**ED-2.8**	**निद्रानाशः / अनिद्रा**	**loss of sleep (insomnia)**	17	7	0	0	**17**	**7**	0	0	0	0	**0**	**0**	**17**	**7**	**24**
65.	**874**	**ED-3**	**कामला**	**jaundice**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
66.	**883**	**ED-4**	**कुष्ठम्**	**integumentary disease**	5	5	1	0	**6**	**5**	0	2	1	0	**1**	**2**	**7**	**7**	**14**
67.	**905**	**ED-4.3.10**	**विचर्चिका**	**wet eczema**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
68.	**897**	**ED-4.3.3**	**किटिभः**	**psoriasis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
69.	**898**	**ED-4.3.4**	**विपादिका**	**cracks in palms and soles**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
70.	**900**	**ED-4.3.6**	**दद्रु-कुष्ठः**	**ringworm / tinea**	13	13	0	0	**13**	**13**	3	1	0	0	**3**	**1**	**16**	**14**	**30**
71.	**902**	**ED-4.3.8**	**पामा**	**scabies**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
72.	**919**	**ED-5**	**श्वित्रः**	**vitiligo /leucoderma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
73.	**2979**	**ED-6.10**	**रोमान्तिका**	**measles**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
74.	**942**	**ED-6.8**	**लघु-मसूरिका**	**chicken pox**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
75.	**944**	**ED-7**	**रक्तपित्तम्**	**bleeding disorder**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
76.	**956**	**ED-8**	**वातरक्तम्**	**rheumatism due to रक्त**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
77.	**972**	**ED-9**	**विद्रधिः**	**abscess**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
78.	**1064**	**EE-2**	**अर्बुदः**	**tumor**	1	0	0	0	**1**	**0**	4	0	0	0	**4**	**0**	**5**	**0**	**5**

79.	**1074**	**EE-3**	**अर्शः**	**haemorrhoids**	158	59	0	1	**158**	**60**	109	19	0	0	**109**	**19**	**267**	**79**	**346**
80.	**1095**	**EE-4**	**ग्रन्थिः**	**cyst**	27	14	0	0	**27**	**14**	8	5	0	0	**8**	**5**	**35**	**19**	**54**
81.	**1139**	**EF-2.4.4**	**मधुमेहः**	**diabetes mellitus**	89	48	0	0	**89**	**48**	21	3	0	0	**21**	**3**	**110**	**51**	**161**
82.	**1161**	**EF-3**	**मेदोरोगः**	**obesity**	2	2	0	0	**2**	**2**	0	8	0	0	**0**	**8**	**2**	**10**	**12**
83.	**1163**	**EF-4**	**पिडका**	**eruption**	5	0	0	0	**5**	**0**	0	0	0	0	**0**	**0**	**5**	**0**	**5**
84.	**1173**	**EI-2**	**क्लैब्यम्**	**male infertility**	2	0	0	0	**2**	**0**	0	0	0	0	**0**	**0**	**2**	**0**	**2**
85.	**1244**	**EI-6.8**	**अन्त्र-वृद्धिः**	**hernia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
86.	**1245**	**EI-6.9**	**अण्ड-वृद्धिः**	**scrotal swelling**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
87.	**1248**	**EJ-2**	**अश्मरी**	**lithiasis/urolithiasis/nephrolithiasis**	4	1	0	0	**4**	**1**	0	2	0	0	**0**	**2**	**4**	**3**	**7**
88.	**1258**	**EJ-3**	**मूत्राघातः**	**urinary retention**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
89.	**1266**	**EJ-3.6**	**वाताष्ठीला**	**prostatic enlargement**	2	1	0	0	**2**	**1**	0	0	0	0	**0**	**0**	**2**	**1**	**3**
90.	**1278**	**EJ-4**	**मूत्रकृच्छ्रम्**	**dysuria**	59	26	1	0	**60**	**26**	27	5	0	0	**27**	**5**	**87**	**31**	**118**
91.	**1291**	**EK-2**	**तृष्णा**	**polidypsia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
92.	**1304**	**EK-3**	**श्वयथुः/शोथः/शोफः**	**oedema/inflammation**	1	1	0	0	**1**	**1**	3	0	0	0	**3**	**0**	**4**	**1**	**5**
93.	**1319**	**EK-3.15**	**कर्णमूलशोथः**	**mumps**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
94.	**1337**	**EK-4.6**	**यकृद्दाल्युदरः**	**hepatomegaly**	35	20	0	0	**35**	**20**	0	4	0	0	**0**	**4**	**35**	**24**	**59**
95.	**1338**	**EK-4.7**	**बद्धगुदोदरः**	**intestinal obstruction**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
96.	**1339**	**EK-4.8**	**छिद्रोदरः / क्षतोदरम्**	**Intestinal perforation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
97.	**1340**	**EK-4.9**	**जलोदरः**	**ascites**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
98.	**1360**	**EL-2.10**	**उदावर्तिनी**	**dysmennorrhea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

99.	**1362**	**EL-2.12**	**जातघ्नी/पुत्रघ्नी**	**habitual abortion**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
100.	**1366**	**EL-2.16**	**परिप्लुता**	**acute vaginitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
101.	**1370**	**EL-2.20**	**महायोनिः / विवृता**	**utero-vaginal prolapse/procidentia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
102.	**1374**	**EL-2.24**	**वन्ध्या**	**female infertility**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
103.	**1377**	**EL-2.27**	**योनिकन्दः**	**vaginal cyst / bartholin's cyst**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
104.	**1382**	**EL-2.28**	**योनि-अर्शः**	**cervical polyp**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
105.	**1359**	**EL-2.9**	**अरजस्का**	**amenorrhea**	0	4	0	0	**0**	**4**	0	0	0	0	**0**	**0**	**0**	**4**	**4**
106.	**1392**	**EL-4**	**रक्तप्रदरः/असृग्दरः**	**menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)**	0	20	0	0	**0**	**20**	0	1	0	0	**0**	**1**	**0**	**21**	**21**
107.	**1398**	**EL-5**	**श्वेतप्रदरः**	**leucorrhoea**	0	122	0	0	**0**	**122**	0	17	0	0	**0**	**17**	**0**	**139**	**139**
108.	**1402**	**EL-7.1**	**गर्भस्रावः**	**miscarriage-before fourth month**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
109.	**1403**	**EL-7.2**	**गर्भपातः**	**miscarriage-after fourth month**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
110.	**1412**	**EL-8**	**मूढगर्भः**	**abnormal foetal presentation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
111.	**1419**	**EL-9**	**सूतिकारोगः**	**puerperial disorder**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
112.	**1521**	**EM-11**	**भ्रमः**	**giddiness / dizziness / vertigo**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
113.	**1423**	**EM-2**	**उन्मादः**	**psychosis/insanity**	10	8	0	0	**10**	**8**	4	6	0	0	**4**	**6**	**14**	**14**	**28**
114.	**1457**	**EM-3**	**अपस्मारः**	**epilepsy**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
115.	**1466**	**EM-5**	**मदात्ययः**	**alcohol abuse**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
116.	**1479**	**EM-6**	**मदः**	**intoxication due to drugs (other than alcohol)**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
117.	**1491**	**EM-7**	**मूर्च्छा**	**syncope/fainting**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
118.	**1522**	**F**	**शिरःशूल / शिरोरुक्**	**headache/cephalgia/cephalgia**	3	3	0	0	**3**	**3**	0	0	0	0	**0**	**0**	**3**	**3**	**6**
119.	**1532**	**F-10**	**शङ्खकः**	**temporal cephalalgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
120.	**1529**	**F-7**	**अनन्तवातः**	**trigeminal neuralgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
121.	**1530**	**F-8**	**अर्धावभेदकः**	**hemicrania**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

122.	**1531**	**F-9**	**सूर्यावर्तः**	**sunshine induced cephalalgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
123.	**1543**	**FA-3**	**खलित्यम्**	**baldness / alopecia totalis**	2	2	0	0	**2**	**2**	0	2	0	0	**0**	**2**	**2**	**4**	**6**
124.	**1548**	**FA-4**	**दारुणकः**	**pytiriasis capitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
125.	**1565**	**GB**	**दन्तमूलरोगः**	**gum disorders**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
126.	**1571**	**GB-6**	**परिदरः**	**bleeding gums**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
127.	**1583**	**GC**	**दन्तरोगः**	**tooth disorders**	2	2	0	0	**2**	**2**	0	0	0	0	**0**	**0**	**2**	**2**	**4**
128.	**1586**	**GC-3**	**दन्तहर्षः**	**hyperaesthesia teeth**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
129.	**1601**	**GD-5**	**उपजिह्विका**	**ranula**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
130.	**1604**	**GE-1**	**गलशुण्डिका**	**uvulitis/elongated uvula**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
131.	**1616**	**GF**	**कण्ठरोगः**	**throat disorders**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
132.	**1617**	**GF-1**	**रोहिणी**	**diphtheria**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
133.	**1637**	**GF-14**	**अपची**	**cervical and axillary lymphadenitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
134.	**1641**	**GF-17**	**गण्डमाला**	**scrofula**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
135.	**1643**	**GF-19**	**गलगण्डः**	**goiter**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
136.	**1649**	**GG**	**मुखपाकः**	**stomatitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
137.	**1662**	**H**	**अक्षिरोगः/नेत्र रोगः**	**ophthalmic diseases/ eye diseases**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
138.	**1679**	**HA-2**	**उपनाहः**	**marginal chalazion / lacrymal cyst**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
139.	**1689**	**HB**	**वर्त्म-रोगः**	**eyelid disorders**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
140.	**1708**	**HB-19**	**लगणः**	**chalazion**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
141.	**1691**	**HB-2**	**कुम्भीका**	**styes**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
142.	**1692**	**HB-3**	**पोथकी**	**trachoma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
143.	**1720**	**HD-1**	**प्रस्तारि-अर्म**	**pterygium**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
144.	**1740**	**HF-1**	**अभिष्यन्दः**	**conjunctivitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
145.	**1745**	**HF-2**	**अधिमन्थः**	**glaucoma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
146.	**1754**	**HF-7**	**शुष्काक्षिपाकः**	**xeropthalmia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
147.	**1761**	**HG-1**	**तिमिरः**	**partial or total blindness/amaurosis/ametropia/partial obstruction of vision**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
148.	**1807**	**HG-10**	**नकुलान्ध्यम्**	**maculopathy**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

149.	**1778**	**HG-2**	**काचः**	**moderate low vision**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
150.	**1785**	**HG-3**	**लिङ्गनाशः**	**complete blindness**	2	0	0	0	**2**	**0**	0	0	0	0	**0**	**0**	**2**	**0**	**2**
151.	**1813**	**I**	**नासारोगः**	**nose diseases**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
152.	**1814**	**I-1**	**प्रतिश्यायः /पीनसः**	**rhinitis**	116	77	0	1	**116**	**78**	22	1	0	0	**22**	**1**	**138**	**79**	**217**
153.	**1852**	**I-15**	**नासागत-रक्तपित्तम्**	**epistaxis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
154.	**1853**	**I-16**	**नासार्शः**	**nasal polyp**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
155.	**1832**	**I-6**	**अपीनसः**	**chronic rhinitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
156.	**1860**	**J**	**कर्णरोगः**	**ear diseases**	1	1	0	0	**1**	**1**	1	0	0	0	**1**	**0**	**2**	**1**	**3**
157.	**1870**	**J-10**	**कर्णपाकः**	**ear furunculosis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
158.	**1880**	**J-14**	**कर्ण-स्रावः**	**otorrhoea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
159.	**1896**	**J-19**	**बाधिर्यम्**	**deafness**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
160.	**1897**	**J-20**	**कर्णशूलः**	**earache/otalgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
161.	**1869**	**J-9**	**कर्ण-नादः**	**tinnitus**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
162.	**1913**	**K**	**व्रणः**	**wounds**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
163.	**1961**	**K-14**	**नाडीव्रणः**	**fistula/sinus wound**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
164.	**1914**	**KA**	**व्रणशोफः**	**inflammatory swelling**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
165.	**1971**	**LA**	**भग्नः (अस्थिभग्नः(**	**fracture**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
166.	**1972**	**LA-1**	**सन्धिमुक्तम्**	**dislocation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
167.	**2013**	**LB-1**	**अग्निदग्धः**	**burns**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
168.	**2085**	**LE**	**शल्यः**	**foreign body**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
169.	**2170**	**MD-11**	**दौर्बल्यम्**	**debility**	156	32	3	2	**159**	**34**	31	11	1	0	**32**	**11**	**191**	**45**	**236**
170.	**2172**	**MD-13**	**शय्यामूत्रता**	**enuresis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
171.	**2173**	**MD-14**	**कुकूणकः**	**opthalmia neonatarum**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
172.	**2177**	**MD-17**	**फक्क-रोगः**	**delay in walking**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
173.	**2178**	**MD-18**	**क्षीरालसकः**	**acute gastroenteritis (pediatric)**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
174.	**2164**	**MD-7**	**गुदपाकः**	**proctitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
175.	**2184**	**N**	**कृमिः/सञ्जात कृमि**	**worm infestation**	3	3	1	0	**4**	**3**	0	0	0	0	**0**	**0**	**4**	**3**	**7**
176.	**2250**	**O-14**	**कदरः**	**corn /callosity**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
177.	**2251**	**O-15**	**कुनखः**	**paronychia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
178.	**2255**	**O-18**	**गुदभ्रंशः**	**rectal prolapse**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
179.	**2256**	**O-19**	**चर्मकीलः**	**wart**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

180.	**2266**	**O-25**	**निरुद्धप्रकशः**	**phimosis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
181.	**2278**	**O-33**	**मषकः**	**blackgram-spots**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
182.	**2280**	**O-35**	**युवानपिडका (मुखदूषिका(**	**pimples**	9	12	0	0	**9**	**12**	3	3	0	0	**3**	**3**	**12**	**15**	**27**
183.	**2284**	**O-39**	**इन्द्रलुप्तः**	**alopecia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
184.	**2287**	**O-42**	**व्यङ्गः**	**black patches on face / melasma**	2	1	0	0	**2**	**1**	2	0	0	0	**2**	**0**	**4**	**1**	**5**
185.	**2243**	**O-7**	**अरूंषिका**	**eruptions on head having multiple openings/furunculosis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
Total					**2164**	**1548**	**56**	**61**	**2220**	**1609**	**618**	**358**	**6**	**12**	**624**	**370**	**2844**	**1979**	**4823**

17. Ayurveda Treatment Centre, Safdarjung Hospital, New Delhi for the Period of April,2021 To March,2022

S. No.	NAMC ID	NAMC Code	NAMC_ Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites	40	14	0	1	40	15	40	7	0	1	40	8	80	23	103
2.	2983	AAC-12.4	विबन्ध	constipation	404	143	15	7	419	150	347	170	25	4	372	174	791	324	1115
3.	152	AAC-15	एकाङ्गवातः	monoplegia	2	0	1	0	3	0	25	5	1	0	26	5	29	5	34
4.	154	AAC-17	क्रोष्टुक शीर्षः	knee synovitis	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	2	0	2	0	0	0	0	0	0	0	2	2
6.	157	AAC-20	गृध्रसी	sciatica	154	133	0	0	154	133	217	169	1	5	218	174	372	307	679
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	16	13	0	1	16	14	17	6	0	0	17	6	33	20	53
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	2	0	2	0	0	0	0	0	0	0	2	0	2
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1

10.	172	AAC-30	पङ्गुः (केवलवात(	lameness (bilateral)	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis	27	27	1	0	28	27	30	62	0	0	30	62	58	89	147
12.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	3	2	0	0	3	2	13	2	0	0	13	2	16	4	20
13.	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	6	0	0	0	6	8	32	0	0	8	32	8	38	46
14.	135	AAC-4	अर्दितः	facial paralysis	14	6	1	2	15	8	8	17	5	0	13	17	28	25	53
15.	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	1	1	0	0	1	1	7	0	0	0	7	0	8	1	9
16.	141	AAC-8	अवबाहुकः	frozen shoulder	45	36	0	0	45	36	62	63	0	0	62	63	107	99	206
17.	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
18.	248	AAE-16	सन्धिवातः	osteo-arthritis	399	350	1	1	400	351	541	497	2	1	543	498	943	849	1792
19.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	2	0	2	0	1	0	0	0	1	0	3	0	3
20.	285	ABB-24	दाहः	burning sensation	13	4	0	0	13	4	37	40	0	0	37	40	50	44	94
21.	287	ABB-26	पालित्य	premature graying of hair	9	8	1	0	10	8	12	7	1	0	13	7	23	15	38
22.	348	ACB-23	अग्निमान्द्यम्	impaired digestion	48	29	6	2	54	31	58	21	7	0	65	21	119	52	171
23.	410	BA-3.1	आर्तवक्षयः	oligomenorrhea	0	156	0	0	0	156	0	312	0	0	0	312	0	468	468
24.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
25.	420	BI	राजयक्ष्मा	consumption	1	4	0	0	1	4	2	9	0	0	2	9	3	13	16
26.	471	EA-2	हिक्का	hiccup/singultus	3	0	0	0	3	0	13	1	1	2	14	3	17	3	20
27.	480	EA-3	कासः	cough / tussis	273	183	22	24	295	207	266	145	28	7	294	152	589	359	948

28.	489	EA-4	श्वासः	dyspnoea	62	54	1	1	63	55	80	56	3	1	83	57	146	112	258
29.	500	EA-5	स्वरभेदः	dysphonia	0	2	1	0	1	2	1	0	1	2	2	2	3	4	7
30.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	2	3	1	0	3	3	0	0	1	1	1	1	4	4	8
31.	633	EB-10	शूलः	colicky pain/abdominal colic	56	40	3	2	59	42	53	31	9	1	62	32	121	74	195
32.	643	EB-10.10	परिणाम शूलः	duodenal ulcer	3	0	0	0	3	0	12	1	0	0	12	1	15	1	16
33.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	1	1	0	0	1	1	11	7	0	0	11	7	12	8	20
34.	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	0	0	0	0	0	0	8	0	0	0	8	0	8	0	8
35.	651	EB-10.15	पार्श्वशूलः	flank pain	1	1	0	0	1	1	8	0	0	0	8	0	9	1	10
36.	656	EB-11	उदावर्तः	obstipation	86	44	0	1	86	45	124	63	5	0	129	63	215	108	323
37.	676	EB-12	परिकर्तिका	proctalgia	30	16	0	1	30	17	39	21	1	0	40	21	70	38	108
38.	515	EB-2	अतिसारः	diarrhoea	9	3	0	0	9	3	8	1	6	0	14	1	23	4	27
39.	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
40.	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	3	0	0	0	3	0	3	0	3
41.	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
42.	536	EB-3	अजीर्णम्	indigestion	169	123	1	2	170	125	176	84	1	0	177	84	347	209	556
43.	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44.	558	EB-4	अम्लपित्तम्	hyperacidity	161	82	0	0	161	82	309	125	0	0	309	125	470	207	677

45.	586	EB-6	छर्दिः	vomiting/emesis	1	1	0	0	1	1	3	3	0	0	3	3	4	4	8
46.	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	85	31	0	0	85	31	171	32	0	0	171	32	256	63	319
47.	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
48.	628	EB-9	प्रवाहिका	dysentery	1	2	0	0	1	2	11	1	0	0	11	1	12	3	15
49.	681	EC-2	हृद्रोगः	heart disease	101	25	0	0	101	25	220	75	0	0	220	75	321	100	421
50.	689	EC-3	ज्वरः	fever / pyrexia	66	72	8	4	74	76	63	35	5	5	68	40	142	116	258
51.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52.	791	EC-3.21	पुनरावर्तकज्वरः-	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
53.	812	EC-5	पाण्डुरोगः	anaemia	8	10	0	0	8	10	25	38	0	0	25	38	33	48	81
54.	823	EC-6	आमवातः	rheumatism due to आम	87	166	2	0	89	166	154	401	6	0	160	401	249	567	816
55.	828	EC-7	अरुचिः	anorexia	4	7	2	0	6	7	25	1	8	0	33	1	39	8	47
56.	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
57.	1013	ED-11	फिरङ्गः	syphilis	1	0	0	0	1	0	4	2	0	0	4	2	5	2	7
58.	1017	ED-12	प्लीहोदरः	spleenomegaly	1	1	0	0	1	1	5	0	0	0	5	0	6	1	7
59.	1024	ED-13	श्लीपदः	filariasis	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
60.	1029	ED-14	शीतपित्तम्	urticaria with *vata* predominance	15	16	1	0	16	16	27	28	0	0	27	28	43	44	87

61.	1031	ED-15	उदर्दः	urticaria with *kapha* predominance	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
62.	1033	ED-16	भगन्दरः	fistula-in-ano	31	2	0	0	31	2	57	1	0	0	57	1	88	3	91
63.	838	ED-2.2	कण्डूः	pruritis	104	65	8	5	112	70	122	57	0	2	122	59	234	129	363
64.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	21	18	0	0	21	18	34	22	0	1	34	23	55	41	96
65.	874	ED-3	कामला	jaundice	15	1	0	0	15	1	29	2	0	0	29	2	44	3	47
66.	883	ED-4	कुष्ठम्	integumentary disease	44	45	3	3	47	48	76	48	4	0	80	48	127	96	223
67.	905	ED-4.3.10	विचर्चिका	wet eczema	16	4	0	0	16	4	67	12	0	0	67	12	83	16	99
68.	897	ED-4.3.3	किटिभः	psoriasis	17	3	0	2	17	5	60	8	0	2	60	10	77	15	92
69.	898	ED-4.3.4	विपादिका	cracks in palms and soles	2	4	0	0	2	4	18	34	0	1	18	35	20	39	59
70.	900	ED-4.3.6	दद्रुकुष्ठः-	ringworm / tinea	84	51	3	1	87	52	110	21	2	2	112	23	199	75	274
71.	902	ED-4.3.8	पामा	scabies	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
72.	919	ED-5	श्वित्रः	vitiligo /leucoderma	27	31	5	1	32	32	96	45	8	2	104	47	136	79	215
73.	2979	ED-6.10	रोमान्तिका	measles	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
74.	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
75.	944	ED-7	रक्तपित्तम्	bleeding disorder	6	1	1	0	7	1	17	0	1	0	18	0	25	1	26
76.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	17	6	0	0	17	6	40	1	0	0	40	1	57	7	64

77.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	1064	EE-2	अर्बुदः	tumor	18	13	0	0	18	13	34	21	0	0	34	21	52	34	86
79.	1074	EE-3	अर्शः	haemorrhoids	234	129	0	0	234	129	476	182	0	0	476	182	710	311	1021
80.	1095	EE-4	ग्रन्थिः	cyst	55	55	1	2	56	57	69	89	0	4	69	93	125	150	275
81.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	192	84	1	0	193	84	374	184	0	0	374	184	567	268	835
82.	1161	EF-3	मेदोरोगः	obesity	15	21	0	0	15	21	45	38	0	0	45	38	60	59	119
83.	1163	EF-4	पिडका	eruption	6	2	0	0	6	2	21	11	0	0	21	11	27	13	40
84.	1173	EI-2	क्लैब्यम्	male infertility	148	0	0	0	148	0	212	0	0	0	212	0	360	0	360
85.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
86.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	18	0	0	0	18	0	15	0	0	0	15	0	33	0	33
87.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis /nephrolithiasis	87	49	0	0	87	49	187	79	0	0	187	79	274	128	402
88.	1258	EJ-3	मूत्राघातः	urinary retention	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
89.	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	28	0	0	0	28	0	107	0	0	0	107	0	135	0	135
90.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	111	52	8	10	119	62	181	89	5	12	186	101	305	163	468
91.	1291	EK-2	तृष्णा	polidypsia	2	0	0	0	2	0	4	0	0	0	4	0	6	0	6
92.	1304	EK-3	श्वयथुःशो/शोफः/थः	oedema/inflammation	66	59	0	2	66	61	54	72	0	2	54	74	120	135	255

93.	1319	EK-3.15	कर्णमूल शोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
94.	1337	EK-4.6	यकृद्वाल्पुदरः	hepatomegaly	24	9	0	0	24	9	95	12	0	0	95	12	119	21	140
95.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
96.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97.	1340	EK-4.9	जलोदरः	ascites	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
98.	1360	EL-2.10	उदावर्तिनी	dysmennorrhea	0	43	0	0	0	43	0	150	0	0	0	150	0	193	193
99.	1362	EL-2.12	जातघ्नीपु/त्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
100.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	7	0	0	0	7	0	8	0	0	0	8	0	15	15
101.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
102.	1374	EL-2.24	वन्ध्या	female infertility	0	7	0	0	0	7	0	27	0	0	0	27	0	34	34
103.	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
104.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1359	EL-2.9	अरजस्का	amenorrhea	0	13	0	0	0	13	0	17	0	0	0	17	0	30	30
106.	1392	EL-4	रक्तप्रदरः असृग्दरः/	menorrhagia / metrorrhagia /(DUB)	0	38	0	0	0	38	0	107	0	0	0	107	0	145	145
107.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	121	0	0	0	121	0	195	0	1	0	196	0	317	317
108.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1

109.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
110.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	3	0	0	0	3	0	0	0	0	0	0	0	3	3
111.	1419	EL-9	सूतिकारोगः	puerperial disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
112.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	15	8	0	0	15	8	24	4	3	0	27	4	42	12	54
113.	1423	EM-2	उन्मादः	psychosis/insanity	37	10	1	0	38	10	49	13	9	0	58	13	96	23	119
114.	1457	EM-3	अपस्मारः	epilepsy	5	3	1	0	6	3	21	1	5	0	26	1	32	4	36
115.	1466	EM-5	मदात्ययः	alcohol abuse	3	6	0	0	3	6	20	1	0	0	20	1	23	7	30
116.	1479	EM-6	मदः	intoxication due to drugs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia /cephalalgia	49	82	0	1	49	83	23	93	0	0	23	93	72	176	248
119.	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
120.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
121.	1530	F-8	अर्धावभेदकः	hemicrania	15	25	0	0	15	25	13	64	0	0	13	64	28	89	117
122.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	82	89	1	3	83	92	62	93	1	2	63	95	146	187	333
124.	1548	FA-4	दारुणकः	pytiriasis capitis	4	3	0	0	4	3	1	1	0	0	1	1	5	4	9

125.	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	0	0	12	1	0	0	12	1	12	1	13
126.	1571	GB-6	परिदरः	bleeding gums	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
127.	1583	GC	दन्तरोगः	tooth disorders	26	24	2	2	28	26	8	12	0	1	8	13	36	39	75
128.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	2	4	0	0	2	4	0	1	0	0	0	1	2	5	7
129.	1601	GD-5	उपजिह्विका	ranula	2	0	0	0	2	0	3	0	0	0	3	0	5	0	5
130.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
131.	1616	GF	कण्ठरोगः	throat disorders	15	10	0	0	15	10	31	26	1	0	32	26	47	36	83
132.	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
134.	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1643	GF-19	गलगण्डः	goiter	2	5	0	0	2	5	0	6	0	0	0	6	2	11	13
136.	1649	GG	मुखपाकः	stomatitis	15	11	1	0	16	11	5	8	3	0	8	8	24	19	43
137.	1662	H	अक्षिरोगः/ नेत्ररोगः	ophthalmic diseases/ eye diseases	4	4	0	1	4	5	1	6	0	1	1	7	5	12	17
138.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
139.	1689	HB	वर्त्मरोगः-	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
140.	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

141.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
142.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1740	HF-1	अभिष्यन्दः	conjunctivitis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
145.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
146.	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1761	HG-1	तिमिरः	partial or total blindness	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
148.	1807	HG-10	नकुलान्ध्यम्	maculopathy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
149.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1813	I	नासारोगः	nose diseases	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
152.	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	110	71	2	6	112	77	78	71	3	5	81	76	193	153	346
153.	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	8	1	0	1	8	0	0	0	0	0	0	1	8	9
154.	1853	I-16	नासार्शः	nasal polyp	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
155.	1832	I-6	अपीनसः	chronic rhinitis	19	15	0	0	19	15	44	49	0	0	44	49	63	64	127
156.	1860	J	कर्णरोगः	ear diseases	8	3	1	0	9	3	4	5	0	0	4	5	13	8	21
157.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
158.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2

159.	1896	J-19	बाधिर्यम्	deafness	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
160.	1897	J-20	कर्णशूलः	earache/otalgia	6	3	0	0	6	3	3	1	0	0	3	1	9	4	13
161.	1869	J-9	कर्णनादः-	tinnitus	3	0	0	0	3	0	4	0	0	0	4	0	7	0	7
162.	1913	K	व्रणः	wounds	10	18	2	0	12	18	9	15	12	0	21	15	33	33	66
163.	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
164.	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	10	0	0	0	10	0	10	0	10
165.	1971	LA	भग्नःअस्थि भग्न	fracture	13	23	0	0	13	23	1	5	0	0	1	5	14	28	42
166.	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	2013	LB-1	अग्निदग्धः	burns	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
168.	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	2170	MD-11	दौर्बल्यम्	debility	134	55	2	3	136	58	180	50	1	1	181	51	317	109	426
170.	2172	MD-13	शय्यामूत्रता	enuresis	0	0	3	1	3	1	1	0	1	0	2	0	5	1	6
171.	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
172.	2177	MD-17	फक्क-रोगः	delay in walking	0	0	2	1	2	1	0	0	2	0	2	0	4	1	5
173.	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
174.	2164	MD-7	गुदपाकः	proctitis	0	1	0	0	0	1	4	0	0	0	4	0	4	1	5
175.	2184	N	कृमिःस/ ज्ञातकृमि	worm infestation	31	5	24	7	55	12	7	4	26	13	33	17	88	29	117
176.	2250	O-14	कदरः	corn /callosity	1	4	0	0	1	4	0	10	0	0	0	10	1	14	15
177.	2251	O-15	कुनखः	paronychia	7	2	0	0	7	2	3	0	0	0	3	0	10	2	12
178.	2255	O-18	गुदभ्रंशः	rectal prolapse	0	2	0	0	0	2	1	0	2	0	3	0	3	2	5

179.	2256	O-19	चर्मकीलः	wart	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
180.	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	2278	O-33	मषकः	blackgram-spots	2	3	0	0	2	3	0	0	0	0	0	0	2	3	5
182.	2280	O-35	युवानपिडका (मुखदूषिका(	pimples	38	49	0	2	38	51	19	47	0	0	19	47	57	98	155
183.	2284	O-39	इन्द्रलुप्तः	alopecia	1	1	0	0	1	1	3	1	0	0	3	1	4	2	6
184.	2287	O-42	व्यङ्गः	black patches on face / melasma	8	9	0	2	8	11	13	55	2	2	15	57	23	68	91
185.	2243	O-7	अरूंषिका	eruptions on head having multiple openings/furunculosis	8	4	2	0	10	4	8	4	0	0	8	4	18	8	26
Total					**4485**	**3319**	**148**	**106**	**4633**	**3425**	**6529**	**4754**	**209**	**84**	**6738**	**4838**	**11371**	**8263**	**19634**

18. Ayurveda Chikitsa Kendra, PGIMER, Dr. Ram Manohar Lohia Hospital, New Delhi for the Period of April,2021 to March,2022

Sl No:	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	4	AA	वातव्याधिः	disorders due to vāta	59	33	0	0	59	33	62	39	2	0	64	39	123	72	195
2.	19	AAB-3	अङ्गमर्दःकेवल वात	generalized body ache (due only to vātadōṣa)	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2

3.	42	AAB-26	क्लमः	fatigue without physical exertion	7	7	0	1	7	8	46	15	0	0	46	15	53	23	76
4.	45	AAB-29	कार्श्यम्	emaciation	8	7	0	3	8	10	4	6	1	1	5	7	13	17	30
5	49	AAB-33	ग्रीवास्तम्भःकेवलवात	neck stiffness/torticollis	7	1	0	0	7	1	4	3	0	0	4	3	11	4	15
6.	55	AAB-39	जानुभेदकेवलवात	breaking pain of knees (due only to vātadōṣa)	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
7.	72	AAB-55	पादशूलःकेवलवात	leg pain (due only to vātadōṣa)	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3
8.	93	AAB-76	रजोनाशः	amenorrhoea (due only to vātadōṣa)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	108	AAB-91	विषादः/दीनता	depression/apathy (due only to vātadōṣa)	2	1	0	0	2	1	2	5	0	0	2	5	4	6	10
11	135	AAC-4	अर्दितः	facial paralysis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
12	139	AAC-6	अस्थिशोषः	osteopenia/osteoporosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	141	AAC-8	अवबाहुकः	frozen shoulder	23	18	0	0	23	18	22	18	0	0	22	18	45	36	81
14	142	AAC-9	ऊरुस्तम्भः	stiff thigh	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15.	147	AAC-12	आध्मानम् / आनाहः	distension/meteorism/painful abdominal distension	71	27	0	0	71	27	79	31	0	0	79	31	150	58	208
16.	2983	AAC-12.4	विबन्ध	simple constipation	114	49	1	0	115	49	85	49	0	3	85	52	200	101	301
17.	152	AAC-15	एकाङ्गःवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
19.	157	AAC-20	गृध्रसी	sciatica	27	16	0	0	27	16	15	26	0	0	15	26	42	42	84
20.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	8	2	0	0	8	2	9	5	0	0	9	5	17	7	24
21.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
22.	172	AAC-30	पङ्गुःकेवलवात	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
23.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	4	0	0	0	4	0	0	0	0	0	0	0	4	0	4
24.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1

25.	179	AAC-37	शिरोग्रहः	head and neck rigidity	3	1	0	0	3	1	15	1	0	0	15	1	18	2	20
26.	240	AAE-8	रक्तगतवात	hypertension	24	10	0	0	24	10	46	17	0	0	46	17	70	27	97
27.	243	AAE-11	अस्थिगतवातः	aggravation of vāta in asthi	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
28.	248	AAE-16	सन्धिवातः	osteo-arthritis	142	125	2	0	144	125	155	200	0	0	155	200	299	325	624
29.	262	ABB-1	अक्षिपाकः	red eye/bloodshot eye	0	0	0	0	0	0	0	3	0	0	0	3	0	3	3
30	285	ABB-24	दाहः	burning sensation	8	6	0	0	8	6	8	9	0	0	8	9	16	15	31
31.	287	ABB-26	पालित्य	premature graying of hair	8	9	1	0	9	9	7	7	0	0	7	7	16	16	32
32.	348	ACB-23	अग्निमान्द्यम्	impaired digestion / loss of appetite	17	9	0	2	17	11	7	2	0	2	7	4	24	15	39
33	410	BA-3.1	आर्तवक्षयः	scanty menstruation /oligomenorrhea	0	4	0	0	0	4	0	3	0	0	0	3	0	7	7
34.	413	BA-4.1	स्तन्यक्षयः	hypogalactia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
35.	420	BI	राजयक्ष्मा	consumption	1	3	0	0	1	3	0	4	0	0	0	4	1	7	8
36.	471	EA-2	हिक्का	hiccup/singultus	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
37.	480	EA-3	कासः	cough / tussis	75	24	5	2	80	26	47	22	1	1	48	23	128	49	177
38.	489	EA-4	श्वासः	dyspnoea	28	15	0	1	28	16	28	28	0	0	28	28	56	44	100
39	494	EA-4.5	तमकश्वासः	Cold, tīvravēga śvāsa, kāsam, inflammation of throat	1	0	0	0	1	0	4	0	0	0	4	0	5	0	5
40.	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
41.	511	EA-6	उरःक्षतः / क्षतक्षीण	thoracic trauma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	515	EB-2	अतिसारः	diarrhoea	0	3	0	0	0	3	0	1	0	0	0	1	0	4	4
43	526	EB-2.10	रक्तातिसारः	diarrhoea associated with blood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
44	524	EB-2.8	आमातिसारः	आमstage of अतिसार	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
45	525	EB-2.9	ज्वरातिसारः	diarrhoea associated with fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
46	536	EB-3	अजीर्णम्	indigestion	12	3	0	0	12	3	24	3	0	0	24	3	36	6	42
47	543	EB-3.7	विसूचिका	acute gastroenteritis	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
48	558	EB-4	अम्लपित्तम्	hyperacidity	61	24	3	0	64	24	64	32	0	0	64	32	128	56	184

49	586	EB-6	छर्दिः	vomiting/emesis	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
50	601	EB-7	ग्रहणीदोषः	disorders of lower gastro-intestinal tract	13	2	1	0	14	2	22	4	0	0	22	4	36	6	42
51	611	EB-8	गुल्मः	lump	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
52	628	EB-9	प्रवाहिका	dysentery	0	0	0	0	0	0	0	3	1	0	1	3	1	3	4
53.	633	EB-10	शूलः	colicky pain/abdominal colic	23	11	1	0	24	11	15	14	2	7	17	21	41	32	73
54.	643	EB-10.10	परिणामशूलः	duodenal ulcer	2	4	0	0	2	4	0	4	0	0	0	4	2	8	10
55.	647	EB-10.11	अन्नद्रवशूलः	peptic ulcer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
56	650	EB-10.14	हृदयशूलः	cardialgia/precordial pain	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
57.	651	EB-10.15	पार्श्वशूलः	flank pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
58.	652	EB 10.16	त्रिकशूल:	Sacralgia	25	22	0	0	25	22	25	28	0	0	25	28	50	50	100
59.	656	EB-11	उदावर्तः	obstipation	0	1	0	0	0	1	7	3	0	0	7	3	7	4	11
60.	676	EB-12	परिकर्तिका	proctalgia	33	13	0	0	33	13	45	15	0	0	45	15	78	28	106
61.	681	EC-2	हृद्रोगः	heart disease	10	2	0	0	10	2	5	3	0	0	5	3	15	5	20
62.	689	EC-3	ज्वरः	fever / pyrexia	16	10	0	1	16	11	21	7	0	8	21	15	37	26	63
63.	761	EC-3.10	विषमज्वरः	intermittent pyrexia	2	1	0	0	2	1	6	1	0	0	6	1	8	2	10
64.	791	EC-3.21	पुनरावर्तक-ज्वरः	relapsing fever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
65.	812	EC-5	पाण्डुरोगः	anaemia	1	12	0	0	1	12	2	7	0	0	2	7	3	19	22
66.	823	EC-6	आमवातः	rheumatism due to आम	9	20	1	0	10	20	14	23	0	0	14	23	24	43	67
67.	828	EC-7	अरुचिः	anorexia	16	5	3	4	19	9	9	5	2	1	11	6	30	15	45
68.	838	ED-2.2	कण्डूः	pruritis	22	17	4	2	26	19	22	12	2	2	24	14	50	33	83
69.	850	ED-2.8	निद्रानाशः / अनिद्रा	loss of sleep (insomnia)	24	15	0	0	24	15	19	11	0	0	19	11	43	26	69
70.	874	ED-3	कामला	jaundice	9	0	0	0	9	0	9	0	0	0	9	0	18	0	18
71.	883	ED-4	कुष्ठम्	integumentary disease	8	0	0	0	8	0	7	0	0	1	7	1	15	1	16

72	894	ED-4.3	क्षुद्रकुष्ठम्	minor skin diseases	4	2	0	0	4	2	1	10	0	0	1	10	5	12	17
73.	905	ED-4.3.10	विचर्चिका	wet eczema	1	1	0	0	1	1	2	0	1	0	3	0	4	1	5
74.	897	ED-4.3.3	किटिभः	psoriasis	19	6	1	0	20	6	39	14	0	1	39	15	59	21	80
75.	898	ED-4.3.4	विपादिका	cracks in palms and soles	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
76.	900	ED-4.3.6	दद्रु-कुष्ठः	ringworm / tinea	20	5	0	0	20	5	8	1	1	0	9	1	29	6	35
77	901	ED-4.3.7	चर्मदल-कुष्ठः	carmadala-kuShThaH	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
78.	902	ED-4.3.8	पामा	scabies	6	4	0	0	6	4	3	7	0	0	3	7	9	11	20
79.	919	ED-5	श्वित्रः	vitiligo /leukoderma	10	1	0	2	10	3	16	7	1	0	17	7	27	10	37
80	2979	ED-6.10	रोमान्तिका	measles	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
81	942	ED-6.8	लघु-मसूरिका	chicken pox	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
82.	944	ED-7	रक्तपित्तम्	bleeding disorder	1	1	0	0	1	1	0	2	0	0	0	2	1	3	4
83.	956	ED-8	वातरक्तम्	rheumatism due to रक्त	18	16	0	0	18	16	13	42	0	2	13	44	31	60	91
84.	972	ED-9	विद्रधिः	abscess	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
85	997	ED-10	विसर्पः	erysipelas /acute spreading eruptions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
86	1013	ED-11	फिरङ्गः	syphilis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
87	1017	ED-12	प्लीहोदरः	splenomegaly	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
88	1024	ED-13	श्लीपदः	filariasis	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
89	1029	ED-14	शीतपित्तम्	urticaria with vata predominance	5	4	0	0	5	4	4	2	1	0	5	2	10	6	16
90	1031	ED-15	उदर्दः	urticaria with kapha predominance	2	3	0	1	2	4	4	1	0	0	4	1	6	5	11

91	1033	ED-16	भगन्दरः	fistula-in-ano	8	6	0	0	8	6	5	1	0	0	5	1	13	7	20
92.	1064	EE-2	अर्बुदः	tumour	4	1	0	0	4	1	5	0	0	0	5	0	9	1	10
93.	1074	EE-3	अर्शः	haemorrhoids	32	8	0	0	32	8	18	19	0	0	18	19	50	27	77
94	1081	EE-3.7	रक्तज-अर्शः	Pile mass with discharge of vitiated, hot blood.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
95.	1095	EE-4	ग्रन्थिः	cyst	17	23	1	1	18	24	13	29	0	0	13	29	31	53	84
96	1099	EE-4.4	मेदोजग्रन्थिः	Fatty mobile swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
97	1110	EF-2	प्रमेहः	diabetes mellitus	53	17	0	1	53	18	54	24	0	0	54	24	107	42	149
98.	1139	EF-2.4.4	मधुमेहः	diabetes mellitus	11	6	0	0	11	6	8	5	0	0	8	5	19	11	30
99	1118	EF-2.2.6	शुक्रमेहः	semen mixed urination	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
100.	1161	EF-3	मेदोरोगः	obesity	11	11	0	0	11	11	2	20	1	0	3	20	14	31	45
101	1163	EF-4	पिडका	eruption	8	1	1	0	9	1	5	1	0	0	5	1	14	2	16
102.	1173	EI-2	क्लैब्यम्	male infertility	45	0	0	0	45	0	47	0	0	0	47	0	92	0	92
103	1175	EI-2.2	ध्वजभङ्गःजक्लैब्यम्	klaibya due to erectile dysfunction	2	0	0	0	2	0	5	0	0	0	5	0	7	0	7
104..	1236	EI-6	वृद्धिः	hernia, hydrocele	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
105.	1244	EI-6.8	अन्त्र-वृद्धिः	hernia	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
106.	1245	EI-6.9	अण्ड-वृद्धिः	scrotal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
107.	1248	EJ-2	अश्मरी	lithiasis/urolithiasis/nephrolithiasis	31	12	0	0	31	12	47	22	1	0	48	22	79	34	113
108..	1258	EJ-3	मूत्राघातः	urinary retention	4	4	0	0	4	4	19	1	0	0	19	1	23	5	28
109.	1266	EJ-3.6	वाताष्ठीला	prostatic enlargement	4	0	0	0	4	0	5	0	0	0	5	0	9	0	9
110.	1278	EJ-4	मूत्रकृच्छ्रम्	dysuria	25	12	0	0	25	12	31	18	4	0	35	18	60	30	90
111.	1291	EK-2	तृष्णा	polydipsia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

112.	1304	EK-3	श्वयथुः/शोथः/ शोफः	oedema/inflammation	12	8	0	0	12	8	16	11	0	0	16	11	28	19	47
113	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
114	1324	EK-4	उदर/उदररोगः	ascites	1	0	0	0	1	0	2	1	0	0	2	1	3	1	4
115.	1337	EK-4.6	यकृद्वाल्युदरः	hepatomegaly	0	1	0	0	0	1	14	0	0	0	14	0	14	1	15
116.	1338	EK-4.7	बद्धगुदोदरः	intestinal obstruction	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
117.	1339	EK-4.8	छिद्रोदरः / क्षतोदरम्	Intestinal perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
118.	1340	EK-4.9	जलोदरः	ascites	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119.	1350	EL-2	योनि-व्यापदः	gynecological disorder	0	1	0	0	0	1	0	7	0	0	0	7	0	8	8
120.	1360	EL-2.10	उदावर्तिनी	dysmenorrhea	0	5	0	0	0	5	0	8	0	0	0	8	0	13	13
121.	1362	EL-2.12	जातघ्नी/पुत्रघ्नी	habitual abortion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
122.	1366	EL-2.16	परिप्लुता	acute vaginitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
123.	1370	EL-2.20	महायोनिः / विवृता	utero-vaginal prolapse/procidentia	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
124.	1374	EL-2.24	वन्ध्या	female infertility	0	6	0	0	0	6	0	12	0	0	0	12	0	18	18
125.	1377	EL-2.27	योनिकन्दः	vaginal cyst / bartholin's cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
126.	1382	EL-2.28	योनि-अर्शः	cervical polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
127.	1359	EL-2.9	अरजस्का	amenorrhea	0	4	0	0	0	4	0	3	0	0	0	3	0	7	7
128	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः	menstrual disorders	0	0	0	0	0	0	0	3	0	0	0	3	0	3	3
129.	1392	EL-4	रक्तप्रदरः/असृग्दरः	menorrhagia / metrorrhagia / (DUB)	0	4	0	0	0	4	0	3	0	0	0	3	0	7	7
130.	1398	EL-5	श्वेतप्रदरः	leucorrhoea	0	37	0	0	0	37	0	47	0	6	0	53	0	90	90
131	1399	EL-6	गर्भिणीरोगः	obstetric diseases and conditions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
132.	1402	EL-7.1	गर्भस्रावः	miscarriage-before fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
133.	1403	EL-7.2	गर्भपातः	miscarriage-after fourth month	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

134.	1412	EL-8	मूढगर्भः	abnormal foetal presentation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
135.	1419	EL-9	सूतिकारोगः	puerperal disorder	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
136.	1421	EM	मनोवहस्रोतोविकारः	disorders of मनोवहस्रोतस्	107	71	4	0	111	71	156	92	4	2	160	94	271	165	436
137.	1423	EM-2	उन्मादः	psychosis/insanity	3	4	0	0	3	4	8	4	0	0	8	4	11	8	19
138.	1424	EM-2.1	उन्माद-पूर्वरूपम्	prodromes of उन्माद	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
139	1425	EM- 2.2	वातज-उन्मादः	उन्मादdue to वात	9	5	0	0	9	5	5	13	0	0	5	13	14	18	32
140.	1426	EM-2.3	पित्तजउन्मादः-	उन्मादdue to पित्त	2	0	0	0	2	0	5	2	0	0	5	2	7	2	9
141.	1427	EM-2.4	कफज-उन्मादः	उन्मादdue to कफ	10	7	0	0	10	7	7	3	0	0	7	3	17	10	27
142.	1428	EM-2.5	सन्निपातज-उन्मादः	उन्मादdue to three दोष	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
143.	1429	EM-2.6	शोकज-उन्मादः	उन्मादdue to grief	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
144.	1452	EM-2.8	भूतोन्मादः	उन्मादdue to possession of भूत	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
145.	1457	EM-3	अपस्मारः	epilepsy	3	1	1	0	4	1	1	3	0	0	1	3	5	4	9
146.	1465	EM-4	अतत्त्वाभिनिवेशः	psychic perversion/delusion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
147.	1466	EM-5	मदात्ययः	alcohol abuse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
148.	1479	EM-6	मदः	intoxication due to drugs (other than alcohol)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
149.	1491	EM-7	मूर्च्छा	syncope/fainting	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
150.	1519	EM-9	मन-सन्तापः	mental agitation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
151.	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
152.	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	9	16	0	0	9	16	25	16	0	0	25	16	34	32	66
153.	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
154.	1530	F-8	अर्धावभेदकः	hemicrania	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

155.	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
156	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
157.	1543	FA-3	खलित्यम्	baldness / alopecia totalis	10	27	0	0	10	27	13	22	0	0	13	22	23	49	72
158.	1548	FA-4	दारुणकः	pytiriasis capitis	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
159.	1565	GB	दन्तमूलरोगः	gum disorders	4	0	0	0	4	0	0	2	0	0	0	2	4	2	6
160.	1571	GB-6	परिदरः	bleeding gums	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
161.	1583	GC	दन्तरोगः	tooth disorders	1	3	0	0	1	3	2	0	0	0	2	0	3	3	6
162.	1586	GC-3	दन्तहर्षः	hyperaesthesia teeth	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
163.	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
164.	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
165	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
166.	1606	GE-3	तुण्डिकेरी	pharyngeal swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
167.	1616	GF	कण्ठरोगः	throat disorders	8	8	0	0	8	8	17	3	1	0	18	3	26	11	37
168..	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
169.	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
170.	1641	GF-17	गण्डमाला	scrofula	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
171.	1643	GF-19	गलगण्डः	goitre	7	18	0	0	7	18	7	18	0	0	7	18	14	36	50
172.	1649	GG	मुखपाकः	stomatitis	6	4	0	0	6	4	16	5	0	0	16	5	22	9	31
173.	1662	H	अक्षिरोगः/नेत्ररोग:	ophthalmic diseases/ eye diseases	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
174.	1679	HA-2	उपनाहः	marginal chalazion / lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
175.	1689	HB	वर्त्म-रोगः	eyelid disorders	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
176.	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
177.	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

178	1706	HB-17	निमेषः	blinking eyes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
179	1708	HB-19	लगणः	chalazion	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
180.	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
181.	1740	HF-1	अभिष्यन्दः	conjunctivitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
182.	1745	HF-2	अधिमन्थः	glaucoma	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
183.	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
184.	1761	HG-1	तिमिरः	partial or total blindness/partial obstruction of vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
185.	1778	HG-2	काचः	moderate low vision	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
186.	1785	HG-3	लिङ्गनाशः	complete blindness	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
187	1807	HG-10	नकुलान्ध्यम्	maculopathy	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
188.	1813	I	नासारोगः	nose diseases	0	2	0	0	0	2	4	1	0	0	4	1	4	3	7
189.	1814	I-1	प्रतिश्यायः/पीनसः	rhinitis	43	24	5	2	48	26	32	23	0	0	32	23	80	49	129
190	1832	I-6	अपीनसः	chronic rhinitis	3	5	0	0	3	5	1	0	0	0	1	0	4	5	9
191.	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
192.	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
193.	1860	J	कर्णरोगः	ear diseases	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
194	1869	J-9	कर्ण-नादः	tinnitus	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
195.	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
196	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
197.	1880	J-14	कर्ण-स्रावः	otorrhoea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
198.	1896	J-19	बाधिर्यम्	deafness	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
199	1897	J-20	कर्णशूलः	earache/otalgia	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
200	1913	K	व्रणः	wounds	1	1	0	0	1	1	3	0	0	0	3	0	4	1	5
201	1961	K-14	नाडीव्रणः	fistula/sinus wound	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
202	1914	KA	व्रणशोफः	inflammatory swelling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
203	1971	LA	भग्नःअस्थिभग्नः	fracture	1	3	0	0	1	3	0	0	0	0	0	0	1	3	4
204	1972	LA-1	सन्धिमुक्तम्	dislocation	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
205	2013	LB-1	अग्निदग्धः	burns	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
206	2085	LE	शल्यः	foreign body	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

207	2132	M	बालरोगः	paediatric medical conditions	0	0	0	0	0	0	0	0	0	2	0	2	0	2	2
208	2164	MD-7	गुदपाकः	proctitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
209	2170	MD-11	दौर्बल्यम्	debility	55	14	0	2	55	16	31	9	0	0	31	9	86	25	111
210	2171	MD-12	कुमारशोषः	marasmus/primary complex	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
211	2172	MD-13	शय्यामूत्रता	enuresis	0	0	1	0	1	0	0	0	0	1	0	1	1	1	2
212	2173	MD-14	कुकूणकः	opthalmia neonatarum	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
213	2177	MD-17	फक्क-रोगः	delay in walking	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
214	2178	MD-18	क्षीरालसकः	acute gastroenteritis (pediatric)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
215	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
216	2243	O-7	अरूंषिका	eruptions on head with multiple openings/furunculosis	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
217	2250	O-14	कदरः	corn /callosity	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
218	2251	O-15	कुनखः	paronychia	1	0	0	0	1	0	0	6	0	0	0	6	1	6	7
219	2255	O-18	गुदभ्रंशः	rectal prolapse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
220	2256	O-19	चर्मकीलः	wart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
221	2266	O-25	निरुद्धप्रकशः	phimosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
222	2278	O-33	मषकः	blackgram-spots	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
223	2280	O-35	युवानपिडका	pimples	4	15	0	0	4	15	10	3	0	1	10	4	14	19	33
224	2284	O-39	इन्द्रलुप्तः	alopecia	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
225	2287	O-42	व्यङ्गः	black patches on face / melasma	4	6	0	0	4	6	3	5	0	0	3	5	7	11	18
226	2310	O-51	आलस्यम्	laziness/lethargy (due to kapha& other dosha)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
227	132	S	अपतन्त्रकः	convulsive fit	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
228	2888	VA	प्रकृतिः	somatic constitution	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
229	0	I-83.9	Varicose Vein	derangement of mamsavahasrotas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
230		Z-29.1	Immuno Prophylaxis		4	1	0	0	4	1	6	3	0	0	6	3	10	4	14
Total					**1594**	**990**	**36**	**25**	**1630**	**1015**	**1714**	**1228**	**26**	**41**	**1740**	**1269**	**3370**	**2284**	**5654**

19.Ayurveda Unit Supreme Court of India, FAP Hon'ble Supreme Court, First Aid Post for the period of Arpil 2021 to March 2022

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1.	147	AAC-12	आध्मानम्/आनाहः	distension/tympanites/meteorism or painful abdominal distension	12	8	0	0	12	8	0	0	0	0	0	0	12	8	20
2.	2983	AAC-12.4	विबन्ध	simple constipation	245	112	0	0	245	112	35	8	0	0	35	8	280	120	400
3.	152	AAC-15	एकाङ्गवातः	monoplegia	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4.	154	AAC-17	क्रोष्टुकशीर्षः	knee synovitis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5.	132	AAC-2	अपतन्त्रकः	convulsive fit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6.	157	AAC-20	गृध्रसी	sciatica	6	1	0	0	6	1	0	1	0	0	0	1	6	2	8
7.	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	5	1	0	0	5	1	0	0	0	0	0	0	5	1	6
8.	166	AAC-24.2	बाल-पक्षाघातः	hemiplegia in children	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9.	134	AAC-3	अपतानकः	orthotonos	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10.	172	AAC-30	पङ्गुः (केवलवात(	lameness (bilateral)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11.	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12.	177	AAC-35	विश्वाची	brachial neuralgia /arm pain	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

13.	**179**	**AAC-37**	**शिरोग्रहः**	**head and neck rigidity**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
14.	**135**	**AAC-4**	**अर्दितः**	**facial paralysis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
15.	**139**	**AAC-6**	**अस्थिशोषः**	**osteopenia/osteoporosis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
16.	**141**	**AAC-8**	**अवबाहुकः**	**frozen shoulder**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
17.	**142**	**AAC-9**	**ऊरुस्तम्भः**	**stiff thigh**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
18.	**248**	**AAE-16**	**सन्धिवातः**	**osteo-arthritis**	246	166	0	0	**246**	**166**	17	23	0	0	**17**	**23**	**263**	**189**	**452**
19.	**262**	**ABB-1**	**अक्षिपाकः**	**red eye/bloodshot eye**	22	15	0	0	**22**	**15**	5	5	0	0	**5**	**5**	**27**	**20**	**47**
20.	**285**	**ABB-24**	**दाहः**	**burning sensation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
21.	**287**	**ABB-26**	**पालित्य**	**premature graying of hair**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
22.	**348**	**ACB-23**	**अग्निमान्द्यम्**	**impaired digestion / loss of appetite**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
23.	**410**	**BA-3.1**	**आर्तवक्षयः**	**scanty menstruation/hypomenorrhoea/oligomenorrhea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
24.	**413**	**BA-4.1**	**स्तन्यक्षयः**	**hypogalactia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
25.	**420**	**BI**	**राजयक्ष्मा**	**consumption**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
26.	**471**	**EA-2**	**हिक्का**	**hiccup/singultus**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
27.	**480**	**EA-3**	**कासः**	**cough / tussis**	147	95	0	0	**147**	**95**	15	14	0	0	**15**	**14**	**162**	**109**	**271**
28.	**489**	**EA-4**	**श्वासः**	**dyspnoea**	43	42	0	0	**43**	**42**	11	0	0	0	**11**	**0**	**54**	**42**	**96**
29.	**500**	**EA-5**	**स्वरभेदः**	**dysphonia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
30.	**511**	**EA-6**	**उरःक्षतः / क्षतक्षीण**	**thoracic trauma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
31.	**633**	**EB-10**	**शूलः**	**colicky pain/abdominal colic**	0	37	0	0	**0**	**37**	5	0	0	0	**5**	**0**	**5**	**37**	**42**
32.	**643**	**EB-10.10**	**परिणामशूलः**	**duodenal ulcer**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
33.	**647**	**EB-10.11**	**अन्नद्रवशूलः**	**peptic ulcer**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
34.	**650**	**EB-10.14**	**हृदयशूलः**	**cardialgia/precordial pain**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
35.	**651**	**EB-10.15**	**पार्श्वशूलः**	**flank pain**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

36.	**656**	**EB-11**	**उदावर्तः**	**obstipation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
37.	**676**	**EB-12**	**परिकर्तिका**	**proctalgia**	119	9	0	0	**119**	**9**	10	8	0	0	**10**	**8**	**129**	**17**	**146**
38.	**515**	**EB-2**	**अतिसारः**	**diarrhoea**	18	3	0	0	**18**	**3**	2	2	0	0	**2**	**2**	**20**	**5**	**25**
39.	**526**	**EB-2.10**	**रक्तातिसारः**	**diarrhoea associated with blood**	6	1	0	0	**6**	**1**	0	0	0	0	**0**	**0**	**6**	**1**	**7**
40.	**524**	**EB-2.8**	**आमातिसारः**	**आमstage of अतिसार**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
41.	**525**	**EB-2.9**	**ज्वरातिसारः**	**diarrhoea associated with fever**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
42.	**536**	**EB-3**	**अजीर्णम्**	**indigestion**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
43.	**543**	**EB-3.7**	**विसूचिका**	**acute gastroenteritis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
44.	**558**	**EB-4**	**अम्लपित्तम्**	**hyperacidity**	243	139	0	0	**243**	**139**	29	10	0	0	**29**	**10**	**272**	**149**	**421**
45.	**586**	**EB-6**	**छर्दिः**	**vomiting/emesis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
46.	**601**	**EB-7**	**ग्रहणीदोषः**	**disorders of lower gastro-intestinal tract**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
47.	**611**	**EB-8**	**गुल्मः**	**lump**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
48.	**628**	**EB-9**	**प्रवाहिका**	**dysentery**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
49.	**681**	**EC-2**	**हृद्रोगः**	**heart disease**	4	0	0	0	**4**	**0**	0	0	0	0	**0**	**0**	**4**	**0**	**4**
50.	**689**	**EC-3**	**ज्वरः**	**fever / pyrexia**	97	80	0	0	**97**	**80**	20	10	0	0	**20**	**10**	**117**	**90**	**207**
51.	**761**	**EC-3.10**	**विषमज्वरः**	**intermittent pyrexia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
52.	**791**	**EC-3.21**	**पुनरावर्तक-ज्वरः**	**relapsing fever**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
53.	**812**	**EC-5**	**पाण्डुरोगः**	**anaemia**	0	4	0	0	**0**	**4**	0	0	0	0	**0**	**0**	**0**	**4**	**4**
54.	**823**	**EC-6**	**आमवातः**	**rheumatism due to आम**	275	177	0	0	**275**	**177**	44	18	0	0	**44**	**18**	**319**	**195**	**514**
55.	**828**	**EC-7**	**अरुचिः**	**anorexia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
56.	**997**	**ED-10**	**विसर्पः**	**erysipelas /acute spreading eruptions**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
57.	**1013**	**ED-11**	**फिरङ्गः**	**syphilis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
58.	**1017**	**ED-12**	**प्लीहोदरः**	**spleenomegaly**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
59.	**1024**	**ED-13**	**श्लीपदः**	**filariasis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
60.	**1029**	**ED-14**	**शीतपित्तम्**	**urticaria with *vata* predominance**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

61.	**1031**	**ED-15**	**उदर्दः**	**urticaria with *kapha* predominance**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
62.	**1033**	**ED-16**	**भगन्दरः**	**fistula-in-ano**	88	9	0	0	**88**	**9**	5	0	0	0	**5**	**0**	**93**	**9**	**102**
63.	**838**	**ED-2.2**	**कण्डूः**	**pruritis**	113	65	0	0	**113**	**65**	0	0	0	0	**0**	**0**	**113**	**65**	**178**
64.	**850**	**ED-2.8**	**निद्रानाशः / अनिद्रा**	**loss of sleep (insomnia)**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
65.	**874**	**ED-3**	**कामला**	**jaundice**	79	45	0	0	**79**	**45**	0	0	0	0	**0**	**0**	**79**	**45**	**124**
66.	**883**	**ED-4**	**कुष्ठम्**	**integumentary disease**	4	1	0	0	**4**	**1**	0	0	0	0	**0**	**0**	**4**	**1**	**5**
67.	**905**	**ED-4.3.10**	**विचर्चिका**	**wet eczema**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
68.	**897**	**ED-4.3.3**	**किटिभः**	**psoriasis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
69.	**898**	**ED-4.3.4**	**विपादिका**	**cracks in palms and soles**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
70.	**900**	**ED-4.3.6**	**दद्रु-कुष्ठः**	**ringworm / tinea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
71.	**902**	**ED-4.3.8**	**पामा**	**scabies**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
72.	**919**	**ED-5**	**श्वित्रः**	**vitiligo /leucoderma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
73.	**2979**	**ED-6.10**	**रोमान्तिका**	**measles**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
74.	**942**	**ED-6.8**	**लघु-मसूरिका**	**chicken pox**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
75.	**944**	**ED-7**	**रक्तपित्तम्**	**bleeding disorder**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
76.	**956**	**ED-8**	**वातरक्तम्**	**rheumatism due to रक्त**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
77.	**972**	**ED-9**	**विद्रधिः**	**abscess**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
78.	**1064**	**EE-2**	**अर्बुदः**	**tumor**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
79.	**1074**	**EE-3**	**अर्शः**	**haemorrhoids**	134	16	0	0	**134**	**16**	0	0	0	0	**0**	**0**	**134**	**16**	**150**
80.	**1095**	**EE-4**	**ग्रन्थिः**	**cyst**	30	8	0	0	**30**	**8**	6	10	0	0	**6**	**10**	**36**	**18**	**54**
81.	**1139**	**EF-2.4.4**	**मधुमेहः**	**diabetes mellitus**	219	127	0	0	**219**	**127**	18	14	0	0	**18**	**14**	**237**	**141**	**378**
82.	**1161**	**EF-3**	**मेदोरोगः**	**obesity**	36	19	0	0	**36**	**19**	3	1	0	0	**3**	**1**	**39**	**20**	**59**
83.	**1163**	**EF-4**	**पिडका**	**eruption**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
84.	**1173**	**EI-2**	**क्लैब्यम्**	**male infertility**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
85.	**1244**	**EI-6.8**	**अन्त्र-वृद्धिः**	**hernia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

86.	**1245**	**EI-6.9**	**अण्ड-वृद्धिः**	**scrotal swelling**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
87.	**1248**	**EJ-2**	**अश्मरी**	**lithiasis/urolithiasis/nephrolithiasis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
88.	**1258**	**EJ-3**	**मूत्राघातः**	**urinary retention**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
89.	**1266**	**EJ-3.6**	**वाताष्ठीला**	**prostatic enlargement**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
90.	**1278**	**EJ-4**	**मूत्रकृच्छ्रम्**	**dysuria**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
91.	**1291**	**EK-2**	**तृष्णा**	**polidypsia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
92.	**1304**	**EK-3**	**श्वयथुः/शोथः/शोफः**	**oedema/inflammation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
93.	**1319**	**EK-3.15**	**कर्णमूलशोथः**	**mumps**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
94.	**1337**	**EK-4.6**	**यकृद्वाल्पुदरः**	**hepatomegaly**	73	0	0	0	**73**	**0**	0	0	0	0	**0**	**0**	**73**	**0**	**73**
95.	**1338**	**EK-4.7**	**बद्धगुदोदरः**	**intestinal obstruction**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
96.	**1339**	**EK-4.8**	**छिद्रोदरः / क्षतोदरम्**	**Intestinal perforation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
97.	**1340**	**EK-4.9**	**जलोदरः**	**ascites**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
98.	**1360**	**EL-2.10**	**उदावर्तिनी**	**dysmennorrhea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
99.	**1362**	**EL-2.12**	**जातघ्नी/पुत्रघ्नी**	**habitual abortion**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
100.	**1366**	**EL-2.16**	**परिप्लुता**	**acute vaginitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
101.	**1370**	**EL-2.20**	**महायोनिः / विवृता**	**utero-vaginal prolapse/procidentia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
102.	**1374**	**EL-2.24**	**वन्ध्या**	**female infertility**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
103.	**1377**	**EL-2.27**	**योनिकन्दः**	**vaginal cyst / bartholin's cyst**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
104.	**1382**	**EL-2.28**	**योनि-अर्शः**	**cervical polyp**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
105.	**1359**	**EL-2.9**	**अरजस्का**	**amenorrhea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
106.	**1392**	**EL-4**	**रक्तप्रदरः/असृग्दरः**	**menorrhagia / metrorrhagia / dysfunctional uterine bleeding (DUB)**	0	62	0	0	**0**	**62**	0	0	0	0	**0**	**0**	**0**	**62**	**62**
107.	**1398**	**EL-5**	**श्वेतप्रदरः**	**leucorrhoea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

108.	**1402**	**EL-7.1**	**गर्भस्रावः**	**miscarriage-before fourth month**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
109.	**1403**	**EL-7.2**	**गर्भपातः**	**miscarriage-after fourth month**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
110.	**1412**	**EL-8**	**मूढगर्भः**	**abnormal foetal presentation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
111.	**1419**	**EL-9**	**सूतिकारोगः**	**puerperial disorder**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
112.	**1521**	**EM-11**	**भ्रमः**	**giddiness / dizziness / vertigo**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
113.	**1423**	**EM-2**	**उन्मादः**	**psychosis/insanity**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
114.	**1457**	**EM-3**	**अपस्मारः**	**epilepsy**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
115.	**1466**	**EM-5**	**मदात्ययः**	**alcohol abuse**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
116.	**1479**	**EM-6**	**मदः**	**intoxication due to drugs (other than alcohol)**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
117.	**1491**	**EM-7**	**मूर्च्छा**	**syncope/fainting**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
118.	**1522**	**F**	**शिरःशूल / शिरोरुक्**	**headache/cephalgia/cephalalgia**	91	43	0	0	**91**	**43**	0	5	0	0	**0**	**5**	**91**	**48**	**139**
119.	**1532**	**F-10**	**शङ्खकः**	**temporal cephalalgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
120.	**1529**	**F-7**	**अनन्तवातः**	**trigeminal neuralgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
121.	**1530**	**F-8**	**अर्धावभेदकः**	**hemicrania**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
122.	**1531**	**F-9**	**सूर्यावर्तः**	**sunshine induced cephalalgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
123.	**1543**	**FA-3**	**खलित्यम्**	**baldness / alopecia totalis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
124.	**1548**	**FA-4**	**दारुणकः**	**pytiriasis capitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
125.	**1565**	**GB**	**दन्तमूलरोगः**	**gum disorders**	170	90	0	0	**170**	**90**	3	11	0	0	**3**	**11**	**173**	**101**	**274**
126.	**1571**	**GB-6**	**परिदरः**	**bleeding gums**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
127.	**1583**	**GC**	**दन्तरोगः**	**tooth disorders**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
128.	**1586**	**GC-3**	**दन्तहर्षः**	**hyperaesthesia teeth**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
129.	**1601**	**GD-5**	**उपजिह्विका**	**ranula**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
130.	**1604**	**GE-1**	**गलशुण्डिका**	**uvulitis/elongated uvula**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
131.	**1616**	**GF**	**कण्ठरोगः**	**throat disorders**	0	43	0	0	**0**	**43**	0	0	0	0	**0**	**0**	**0**	**43**	**43**
132.	**1617**	**GF-1**	**रोहिणी**	**diphtheria**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

133.	**1637**	**GF-14**	**अपची**	**cervical and axillary lymphadenitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
134.	**1641**	**GF-17**	**गण्डमाला**	**scrofula**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
135.	**1643**	**GF-19**	**गलगण्डः**	**goiter**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
136.	**1649**	**GG**	**मुखपाकः**	**stomatitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
137.	**1662**	**H**	**अक्षिरोगः/नेत्र रोगः**	**ophthalmic diseases/ eye diseases**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
138.	**1679**	**HA-2**	**उपनाहः**	**marginal chalazion / lacrymal cyst**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
139.	**1689**	**HB**	**वर्त्म-रोगः**	**eyelid disorders**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
140.	**1708**	**HB-19**	**लगणः**	**chalazion**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
141.	**1691**	**HB-2**	**कुम्भीका**	**styes**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
142.	**1692**	**HB-3**	**पोथकी**	**trachoma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
143.	**1720**	**HD-1**	**प्रस्तारि-अर्म**	**pterygium**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
144.	**1740**	**HF-1**	**अभिष्यन्दः**	**conjunctivitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
145.	**1745**	**HF-2**	**अधिमन्थः**	**glaucoma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
146.	**1754**	**HF-7**	**शुष्काक्षिपाकः**	**xeropthalmia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
147.	**1761**	**HG-1**	**तिमिरः**	**partial or total blindness/amaurosis/ametropia/partial obstruction of vision**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
148.	**1807**	**HG-10**	**नकुलान्ध्यम्**	**maculopathy**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
149.	**1778**	**HG-2**	**काचः**	**moderate low vision**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
150.	**1785**	**HG-3**	**लिङ्गनाशः**	**complete blindness**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
151.	**1813**	**I**	**नासारोगः**	**nose diseases**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
152.	**1814**	**I-1**	**प्रतिश्यायः /पीनसः**	**rhinitis**	119	53	0	0	**119**	**53**	0	0	0	0	**0**	**0**	**119**	**53**	**172**
153.	**1852**	**I-15**	**नासागत-रक्तपित्तम्**	**epistaxis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
154.	**1853**	**I-16**	**नासार्शः**	**nasal polyp**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
155.	**1832**	**I-6**	**अपीनसः**	**chronic rhinitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
156.	**1860**	**J**	**कर्णरोगः**	**ear diseases**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

157.	**1870**	**J-10**	**कर्णपाकः**	**ear furunculosis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
158.	**1880**	**J-14**	**कर्ण-स्रावः**	**otorrhoea**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
159.	**1896**	**J-19**	**बाधिर्यम्**	**deafness**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
160.	**1897**	**J-20**	**कर्णशूलः**	**earache/otalgia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
161.	**1869**	**J-9**	**कर्ण-नादः**	**tinnitus**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
162.	**1913**	**K**	**व्रणः**	**wounds**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
163.	**1961**	**K-14**	**नाडीव्रणः**	**fistula/sinus wound**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
164.	**1914**	**KA**	**व्रणशोफः**	**inflammatory swelling**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
165.	**1971**	**LA**	**भग्नःअस्थिभग्नः**	**fracture**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
166.	**1972**	**LA-1**	**सन्धिमुक्तम्**	**dislocation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
167.	**2013**	**LB-1**	**अग्निदग्धः**	**burns**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
168.	**2085**	**LE**	**शल्यः**	**foreign body**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
169.	**2170**	**MD-11**	**दौर्बल्यम्**	**debility**	255	137	0	0	**255**	**137**	30	19	0	0	**30**	**19**	**285**	**156**	**441**
170.	**2172**	**MD-13**	**शय्यामूत्रता**	**enuresis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
171.	**2173**	**MD-14**	**कुकूणकः**	**opthalmia neonatarum**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
172.	**2177**	**MD-17**	**फक्क-रोगः**	**delay in walking**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
173.	**2178**	**MD-18**	**क्षीरालसकः**	**acute gastroenteritis (pediatric)**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
174.	**2164**	**MD-7**	**गुदपाकः**	**proctitis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
175.	**2184**	**N**	**कृमिः/सञ्जातकृमि**	**worm infestation**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
176.	**2250**	**O-14**	**कदरः**	**corn /callosity**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
177.	**2251**	**O-15**	**कुनखः**	**paronychia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
178.	**2255**	**O-18**	**गुदभ्रंशः**	**rectal prolapse**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
179.	**2256**	**O-19**	**चर्मकीलः**	**wart**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
180.	**2266**	**O-25**	**निरुद्धप्रकशः**	**phimosis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
181.	**2278**	**O-33**	**मषकः**	**blackgram-spots**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
182.	**2280**	**O-35**	**युवानपिडकामुखदूषिका**	**pimples**	148	14	0	0	**148**	**14**	7	0	0	0	**7**	**0**	**155**	**14**	**169**

183.	**2284**	**O-39**	**इन्द्रलुप्तः**	**alopecia**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
184.	**2287**	**O-42**	**व्यङ्गः**	**black patches on face / melasma**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
185.	**2243**	**O-7**	**अरूंषिका**	**eruptions on head having multiple openings/furunculosis**	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
Total					**3047**	**1622**	**0**	**0**	**3047**	**1622**	**265**	**159**	**0**	**0**	**265**	**159**	**3312**	**1781**	**5093**

20.Ayush Wellness Clinic, President's Estate For The Period Of April 2021 To March 2022

S. No.	NAMC ID	NAMC Code	NAMC_Name	
1.	147	AAC-12	आ□	dis
2.	2983	AAC-12.4	□□ब□□ध	sim

3.	152	AAC-15	ए 	mo
4.	154	AAC-17	 	kne
5.	132	AAC-2	अ प	cor
6.	157	AAC-20	 	sci
7.	163	AAC-24	प 	her
8.	166	AAC-24.2	 ल	her
9.	134	AAC-3	अप□□न□□	ort
10.	172	AAC-30	प 	lan
11.	174	AAC-32	म 	Sti
12.	176	AAC-34	□□तक□□टक□□	cal
13.	177	AAC-35	 	bra
14.	179	AAC-37	 	hea
15.	135	AAC-4	अ 	fac
16.	139	AAC-6	अ 	ost

17.	141	AAC-8	अव	fro
18.	142	AAC-9	ऊ□	stif
19.	248	AAE-16	स□	ost
20.	262	ABB-1	अ□	red
21.	285	ABB-24	□□	bur
22.	287	ABB-26	□□	pre
23.	348	ACB-23	अ□	imp
24.	410	BA-3.1	अ□□तव□□ष□□	sca
25.	413	BA-4.1	□□त□□य□□ष□□	hyp
26.	420	BI	□□	cor
27.	471	EA-2	□□	hic
28.	480	EA-3	□□	cou
29.	489	EA-4	□□	dys
30.	500	EA-5	□□	dys

31.	511	EA-6	उ	tho
32.	633	EB-10		col
33.	643	EB-10.10	प	duc
34.	647	EB-10.11	अ	pep
35.	650	EB-10.14	द	car
36.	651	EB-10.15		fla
37.	656	EB-11	उ	obs
38.	676	EB-12	प	pro
39.	515	EB-2	अ	dia
40.	526	EB-2.10	र	dia
41.	524	EB-2.8	आ	आम
42.	525	EB-2.9		dia
43.	536	EB-3	अ	ind

44.	543	EB-3.7	□ □	acu
45.	558	EB-4	अ □	hyp
46.	586	EB-6	छ □	vor
47.	601	EB-7	□ □	dis
48.	611	EB-8	□ □	lun
49.	628	EB-9	□ □	dys
50.	681	EC-2	□ □	hea
51.	689	EC-3	□□व□□	fev
52.	761	EC-3.10	□□ष्म□□व□□	int
53.	791	EC-3.21	□□न□□व□□तक-□□व□□	rel
54.	812	EC-5	□ □	ana
55.	823	EC-6	आ म	rhe
56.	828	EC-7	अ □	and
57.	997	ED-10	□ □	ery

58.	1013	ED-11	□ □	syp
59.	1017	ED-12	□ □	spl
60.	1024	ED-13	□ □	fila
61.	1029	ED-14	□ □	urti
62.	1031	ED-15	उ द	urti
63.	1033	ED-16	भग□□द□□	fist
64.	838	ED-2.2	क □	pru
65.	850	ED-2.8	□ □	los
66.	874	ED-3	□□म□□	jau
67.	883	ED-4	□ □	int
68.	905	ED-4.3.10	□ □ च	we
69.	897	ED-4.3.3	□ □ □	psc
70.	898	ED-4.3.4	□ □ □	cra

71.	900	ED-4.3.6	द □ □	ring
72.	902	ED-4.3.8	□ □ □□	sca
73.	919	ED-5	□ □	viti
74.	2979	ED-6.10	□ □ □	me
75.	942	ED-6.8	ल □	chi
76.	944	ED-7	र □	ble
77.	956	ED-8	□□तर □□त□□	rhe
78.	972	ED-9	□ □	abs
79.	1064	EE-2	अ □	tun
80.	1074	EE-3	अ □	hae
81.	1095	EE-4	□ □	cys
82.	1139	EF-2.4.4	म □ □	dia
83.	1161	EF-3	□ □	obe

84.	1163	EF-4	□□ड□□	eru
85.	1173	EI-2	□ □	ma
86.	1244	EI-6.8	अ □	her
87.	1245	EI-6.9	अ □	scr
88.	1248	EJ-2	अ□□म□□	lith
89.	1258	EJ-3	□ □	uri
90.	1266	EJ-3.6	□ □ □	pro
91.	1271	EJ-3.11	□ □	spe
92.	1278	EJ-4	□ □	dys
93.	1291	EK-2	□ □	pol
94.	1304	EK-3	□ □	oed
95.	1319	EK-3.15	क □ □	mu
96.	1337	EK-4.6	य □	hep

97.	1338	EK-4.7	ब □	inte
98.	1339	EK-4.8	□ □	Inte
99.	1340	EK-4.9	ज□□द□□	asc
100.	1360	EL-2.10	उ □ □	dys
101.	1362	EL-2.12	□ □ त	hab
102.	1366	EL-2.16	प □ □	acu
103.	1370	EL-2.20	म □ □	ute
104.	1374	EL-2.24	व □ □	fen
105.	1377	EL-2.27	□ □ □	vag
106.	1382	EL-2.28	□ □ □	cer
107.	1359	EL-2.9	अ र	am
108.	1392	EL-4	र	me

109.	1398	EL-5	□	leu
110.	1402	EL-7.1	ग □	mis
111.	1403	EL-7.2	ग □	mis
112.	1412	EL-8	□ □	abr
113.	1419	EL-9	□	pue
114.	1521	EM-11	□□र □□	gid
115.	1423	EM-2	उ □	psy
116.	1457	EM-3	अ प	epi
117.	1466	EM-5	म □	alc
118.	1479	EM-6	म□□	int
119.	1491	EM-7	□ □	sym
120.	1522	F	□	hea
121.	1532	F-10	श□□ख□□	ten
122.	1529	F-7	अ _	trig
123.	1530	F-8	अ	her
124.	1531	F-9	□	sur
125.	1543	FA-3	ख	bal

126.	1548	FA-4	□	pyt
127.	1565	GB	द	gur
128.	1571	GB-6	प□□द□□	ble
129.	1583	GC	द	too
130.	1586	GC-3	द	hyp
131.	1601	GD-5	उ प	ran
132.	1604	GE-1	ग _	uvu
133.	1616	GF	क	thr
134.	1617	GF-1	□	dip
135.	1624	GF-2	क	Tor
136.	1637	GF-14	अप□□	cer
137.	1641	GF-17	ग	scr
138.	1643	GF-19	ग _	goi
139.	1649	GG	□	sto
140.	1662	H	अ	oph
141.	1679	HA-2	उ प	ma
142.	1689	HB	व	eye
143.	1708	HB-19	लग□□	cha
144.	1691	HB-2	□	sty
145.	1692	HB-3	□□थ□□	trac

146.	1720	HD-1	□ □	pte
147.	1740	HF-1	अ	cor
148.	1745	HF-2	अ	gla
149.	1754	HF-7	□	xer
150.	1761	HG-1	□ □	par
151.	1807	HG-10	न □	ma
152.	1778	HG-2	□ □	mo
153.	1785	HG-3	□ □	cor
154.	1813	I	□	nos
155.	1814	I-1	□	rhi
156.	1852	I-15	□	epi
157.	1853	I-16	□	nas
158.	1832	I-6	अ□□न□□	chr
159.	1860	J	क	ear
160.	1870	J-10	क	ear
161.	1880	J-14	क	oto
162.	1896	J-19	□	dea
163.	1897	J-20	क	ear
164.	1869	J-9	क	tin

165.	1913	K	□□र □□	wo
166.	1961	K-14	□	fist
167.	1914	KA	□	infl
168.	1971	LA	भ	frac
169.	1972	LA-1	स	dis
170.	2013	LB-1	अ	bur
171.	2085	LE	श	for
172.	2170	MD-11	□ □	deb
173.	2172	MD-13	श □	enu
174.	2173	MD-14	□ □	opt
175.	2177	MD-17	फ □	del
176.	2178	MD-18	□ □	acu
177.	2164	MD-7	□ □	pro
178.	2184	N	□	wo
179.	2250	O-14	कद्र□□	cor
180.	2251	O-15	□□न□□	par
181.	2255	O-18	□	rec
182.	2256	O-19	च	wa

183.	2266	O-25	□	phi
184.	2278	O-33	मष□□	bla
185.	2280	O-35	□	pin
186	2284	O-39	इ	alo
187	2287	O-42	□	bla
188	2243	O-7	अ	eru
189	1519	EM-9	म न	me
190	652	EB 10.16	त्रिकशूल:	Sac
191	1350	EL-2	योनि-व्यापदः	gyn
192	45	AAB-29	कार्श्यम्	em
193	42	AAB-26	क्लमः	fati
194	240	AAE-8	रक्तगतवात	hyp

GRAND TOTAL

21. Eye Clinic Statement of patients attended at O.P.D for the period of last 05 years

S. No	Period	No. of Patients Attended													
		New						Old						Grand Total	
		Adult		Child		Total		Adult		Child		Total			
		M	F	M	F	M	F	M	F	M	F	M	F	M	F
1	18th Feb 2017-March 2018	1252	1194	114	80	1366	1274	1230	1078	98	68	1328	1146	2694	2420
2	2018-19	**1168**	**1098**	**73**	**75**	**1241**	**1173**	**1466**	**1377**	**97**	**79**	**1563**	**1456**	**2804**	**2629**
3	2019-20	**1018**	**1029**	**85**	**95**	**1103**	**1124**	**1305**	**1216**	**98**	**60**	**1403**	**1276**	**2506**	**2400**
4	2020-21	**235**	**270**	**11**	**13**	**246**	**283**	**245**	**210**	**5**	**5**	**250**	**215**	**496**	**498**
5	2021-22	**485**	**458**	**35**	**14**	**520**	**472**	**670**	**487**	**49**	**14**	**719**	**501**	**1239**	**973**

22.Statement of Eye Clinic patients attended OPD/IPD during the reporting period of April 2021 to March 2022

S. No	NAMC ID	NAMC Code	NAMC_ Name	Short_ definition	No. of patients treated												Total		Grand Total (M+F)
					New						Old								
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	1662	H	नेत्ररोगः/अक्षिरोगः	ophthalmic diseases	34	26	5	1	39	27	23	17	5	2	28	19	67	46	**113**
2	1679	HA-2	उपनाहः	marginal chalazion/lacrymal cyst	0	0	0	0	0	0	0	0	0	0	0	0	0	0	**0**
3	1689	HB	वर्त्म-रोगः	eyelid disorders	1	0	0	0	1	0	1	0	0	0	1	0	2	0	**2**
4	1708	HB-19	लगणः	chalazion	1	1	0	0	1	1	0	0	0	0	0	0	1	1	**2**
5	1691	HB-2	कुम्भीका	styes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	**0**
6	1692	HB-3	पोथकी	trachoma	0	0	0	0	0	0	0	0	0	0	0	0	0	0	**0**
7	1720	HD-1	प्रस्तारि-अर्म	pterygium	0	0	0	0	0	0	0	0	0	0	0	0	0	0	**0**
8	1740	HF-1	अभिष्यन्दः	conjunctivitis	74	92	2	3	76	95	88	95	6	1	94	96	170	191	**361**
9	1745	HF-2	अधिमन्थः	glaucoma	5	8	0	1	5	9	42	16	0	1	42	17	47	26	**73**
10	1754	HF-7	शुष्काक्षिपाकः	xeropthalmia	31	47	0	1	31	48	37	35	0	2	37	37	68	85	**153**
11	1761	HG-1	तिमिरः	partial or total blindness/amaurosis/ametropia/partial obstruction of vision	245	214	27	8	272	222	300	218	25	7	325	225	597	447	**1044**
12	1807	HG-10	नकुलान्ध्यम्	maculopathy	6	1	0	0	6	1	15	2	0	0	15	2	21	3	**24**
13	1778	HG-2	काचः	moderate low vision	68	64	0	0	68	64	115	83	2	1	117	84	185	148	**333**
14	1785	HG-3	लिङ्गनाशः	complete blindness	20	5	1	0	21	5	49	21	11	0	60	21	81	26	**107**

Total	**485**	**458**	**35**	**14**	**520**	**472**	**670**	**487**	**49**	**14**	**719**	**501**	**1239**	**973**	**2212**

23.Shalakya Kriyakalpas for the period of April 2021 to March 2022

S.No	Shalakya Kriya Kalpas	Total
1	Nasyam	555
2	Netradhara	63
3	Bidalaka	215
4	Tharpanam	343
5	Siropichu	22
6	Aschothanam	0
7	Anjanam	0
8	Karandhupan	5
Total		1203

24.Arthritis OPD for the period of April 2021 to March 2022

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	823	EC-6	आमवातः	rheumatism due to आम	13	32	0	0	**13**	**32**	15	67	0	0	**15**	**67**	**28**	**99**	**127**
2	5470 (ICD-10)	M54-5 (ICD-10)	कटिशूल	Lumbago	10	21	0	0	**10**	**21**	19	39	0	0	**19**	**39**	**29**	**60**	**89**
3	956	ED-8	वातरक्तम्	rheumatism due to रक्त	2	3	0	0	**2**	**3**	8	14	0	0	**8**	**14**	**10**	**17**	**27**
4	189	AA4	वातव्याधि	वाताव्याधि	11	14	1	0	**12**	**14**	23	22	1	1	**24**	**23**	**36**	**37**	**73**
5	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	3	0	0	**0**	**3**	5	6	0	0	**5**	**6**	**5**	**9**	**14**
6	157	AAC-20	गृध्रसी	sciatica	7	14	0	0	**7**	**14**	5	14	0	0	**5**	**14**	**12**	**28**	**40**
7	49	AAB-33	ग्रीवास्तम्भःकेवलवात	neck torticollois (due only to vātadōṣa)	2	2	0	0	**2**	**2**	0	1	0	0	**0**	**1**	**2**	**3**	**5**
8	652	EB-10.16	त्रिकशूलः/	sacralgia	1	1	0	0	**1**	**1**	6	1	0	0	**6**	**1**	**7**	**2**	**9**
9	141	AAC-8	अवबाहुकः	frozen shoulder	1	3	0	0	**1**	**3**	0	2	0	0	**0**	**2**	**1**	**5**	**6**
10	248	AAE-16	सन्धिवातः	osteo-arthritis	76	109	0	0	**76**	**109**	96	140	0	0	**96**	**140**	**172**	**249**	**421**

Total	**123**	**202**	**1**	**0**	**124**	**202**	**177**	**306**	**1**	**1**	**178**	**307**	**302**	**509**	**811**

25.ENT OPD for the period of April 2021 to March 2022

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	No. of patients treated														Grand Total (M+F)
					New						Follow up						Total		
					Adult		Child		Total		Adult		Child		Total				
					M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	174	AAC-32	मन्यास्तम्भः	Stiff neck/ torticollis/spasmodic torticollois	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	**1**	**0**	**1**
2	179	AAC-37	शिरोग्रहः	head and neck rigidity	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
3	135	AAC-4	अर्दितः	facial paralysis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
4	248	AAE-16	सन्धिवातः	osteo-arthritis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
5	287	ABB-26	पालित्य	premature graying of hair	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
6	471	EA-2	हिक्का	hiccup/singultus	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
7	480	EA-3	कासः	cough / tussis	18	7	2	1	**20**	**8**	13	22	1	1	**14**	**23**	**34**	**31**	**65**
8	500	EA-5	स्वरभेदः	dysphonia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
9	536	EB-3	अजीर्णम्	indigestion	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
10	944	ED-7	रक्तपित्तम्		0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
11	1064	EE-2	अर्बुदः	tumor	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
12	1095	EE-4	ग्रन्थिः	cyst	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
13	1304	EK-3	श्वयथुः/शोथः/शोफः	oedema/inflammation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
14	1319	EK-3.15	कर्णमूलशोथः	mumps	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
15	1521	EM-11	भ्रमः	giddiness / dizziness / vertigo	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
16	1522	F	शिरःशूल / शिरोरुक्	headache/cephalgia/cephalalgia	0	1	0	0	**0**	**1**	0	0	0	0	**0**	**0**	**0**	**1**	**1**
17	1532	F-10	शङ्खकः	temporal cephalalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
18	1529	F-7	अनन्तवातः	trigeminal neuralgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
19	1530	F-8	अर्धावभेदकः	hemicrania	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
20	1531	F-9	सूर्यावर्तः	sunshine induced cephalalgia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

21	1543	FA-3	खलित्यम्	baldness / alopecia totalis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
22	1548	FA-4	दारुणकः	pytiriasis capitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
23	1565	GB	दन्तमूलरोगः	gum disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
24	1583	GC	दन्तरोगः	tooth disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
25	1601	GD-5	उपजिह्विका	ranula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
26	1604	GE-1	गलशुण्डिका	uvulitis/elongated uvula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
27	1616	GF	कण्ठरोगः	throat disorders	3	0	1	0	**4**	**0**	1	1	0	0	**1**	**1**	**5**	**1**	**6**
28	1617	GF-1	रोहिणी	diphtheria	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
29	1637	GF-14	अपची	cervical and axillary lymphadenitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
30	1641	GF-17	गण्डमाला	scrofula	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
31	1643	GF-19	गलगण्डः	goiter	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
32	1649	GG	मुखपाकः	stomatitis	0	1	0	0	**0**	**1**	1	0	1	0	**2**	**0**	**2**	**1**	**3**
33	1813	I	नासारोगः	nose diseases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
34	1814	I-1	प्रतिश्यायः /पीनसः	rhinitis	12	10	2	0	**14**	**10**	40	18	2	0	**42**	**18**	**56**	**28**	**84**
35	1852	I-15	नासागत-रक्तपित्तम्	epistaxis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
36	1853	I-16	नासार्शः	nasal polyp	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
37	1832	I-6	अपीनसः	chronic rhinitis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
38	1860	J	कर्णरोगः	ear diseases	3	4	0	0	**3**	**4**	0	1	0	0	**0**	**1**	**3**	**5**	**8**
39	1870	J-10	कर्णपाकः	ear furunculosis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
40	1880	J-14	कर्ण-स्रावः	otorrhoea	0	1	0	0	**0**	**1**	1	1	0	0	**1**	**1**	**1**	**2**	**3**
41	1896	J-19	बाधिर्यम्	deafness	0	1	0	0	**0**	**1**	2	0	0	0	**2**	**0**	**2**	**1**	**3**
42	1897	J-20	कर्णशूलः	earache/otalgia	2	3	0	0	**2**	**3**	5	0	0	0	**5**	**0**	**7**	**3**	**10**
43	1869	J-9	कर्ण-नादः	tinnitus	1	1	0	0	**1**	**1**	2	5	0	0	**2**	**5**	**3**	**6**	**9**
44	1913	K	व्रणः	wounds	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
45	2284	O-39	इन्द्रलुप्तः	alopecia	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
46	4	AA	वातव्याधिः	disorders due to vāta	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
47	1324	EK-4	उदर/उदररोगः	ascites	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
48	49	AAB-33	ग्रीवास्तम्भः (केवलवात(	neck stiffness	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
49	1605	GE-2	गलग्रहः	throat spasm	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
50	494	EA-4.5	तमकश्वासः		0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
51	1606	GE-3	तुण्डिकेरी	quinsy	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
52	163	AAC-24	पक्षाघातः/पक्षवधः	hemiplegia/hemiparesis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**

53	558	EB-4	अम्लपित्तम्	hyperacidity	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
54	1871	J-11	कर्ण-प्रतिनाहः	tympanic perforation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
55	1383	EL-3	आर्तवदोषः/आर्तवदुष्टिः/रजोदोष:	menstrual disorders	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
56	838	ED-2.2	कण्डूः	pruritis	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
57	1074	EE-3	अर्शः	haemorrhoids	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
58	2184	N	कृमिः/सञ्जातकृमि	worm infestation	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
59	2280	O-35	युवानपिडका (मुखदूषिका(	pimples	0	0	0	0	**0**	**0**	1	0	0	0	**1**	**0**	**1**	**0**	**1**
60	1596	GD	जिह्वागतरोगः	tongue diseases	0	0	0	0	**0**	**0**	0	0	0	0	**0**	**0**	**0**	**0**	**0**
Grand Total					**39**	**29**	**5**	**1**	**44**	**30**	**67**	**48**	**4**	**1**	**71**	**49**	**115**	**79**	**194**

26.Bal roga OPD for the period of April 2021 to March 2022

S. No.	NAMC ID	NAMC Code	NAMC_Name	Short_definition	Number of Pediatric patients treated						Grand total
					New		Follow up		Total		
					Male child	Female child	Male child	Female child	Male child	Female child	
1	689	EC-3	Jvarah	fever / pyrexia	0	0	0	0	0	0	**0**
2	1583	GC	Dantaroga	tooth disorders	0	0	0	0	0	0	**0**
3	480	EA-3	Kasa	cough / tussis	0	0	0	2	0	2	**2**
4	883	ED-4	Kushta	Integumentary disease	0	0	2	1	2	1	**3**
5	2284	0-39	Indralupta	Alopecia	0	0	0	0	0	0	**0**
6	348	ACB-23	Agnimandya	Impaired digestion/Loss of appetite	1	1	0	0	1	1	**2**
7	166	AAC-24.2	Bala pakshaghata	Hemiplegia in children	0	0	0	2	0	2	**2**
8	919	ED-5	Shwitra	Vitiligo/Leukoderma	0	0	0	0	0	0	**0**
9	172	AAC-30	Pangu	Lameness (Bilateral)	0	0	0	0	0	0	**0**
10	2983	AAC-12.4	Vibandha	Simple constipation	0	0	0	0	0	0	**0**
11	1029	ED-14	Sheetapitta	Urticaria with vata predominance	1	0	0	0	1	0	**1**
12	515	EB-2	Atisara	Diarrhoea	1	0	0	0	1	0	**1**
13	1961	K-14	Nadivrana	Fistula/Sinus wound	0	0	0	0	0	0	**0**
14	812	EC-5	Panduroga	anaemia	0	0	0	0	0	0	**0**
15	2266	OC-25	Nirudhaprakasa	Phimosis	0	0	0	0	0	0	**0**
16	633	EB-10	Shula	Colicky abdominal pain	1	0	0	0	1	0	**1**
17	2255	O-18	Gudabhramsa	Rectal prolapse	0	0	0	0	0	0	**0**
18	2170	MD-11	Daurbalya	Weakness	0	0	0	1	0	1	**1**
19	72	AAB-55	Padashula	Leg pain	0	0	0	0	0	0	**0**

20	1161	EF-3	Medoroga	Obesity	0	1	0	0	0	1	**1**
21	287	ABB-26	Palitya	Premature greying of hairs	0	0	0	0	0	0	**0**
22	1304	EK-3	Sopham	Oedema/ inflammation	0	0	0	1	0	1	**1**
23	900	ED-4.3.8	Dadru kushta	Ring worm/Tinea	0	0	0	0	0	0	**0**
24	1421	EM	Manovahasrotovikara	Disorders of manovaha srotas	0	0	0	0	0	0	**0**
25	2177	MD-17	Phakka roga	Delayed walking	0	0	0	0	0	0	**0**
26	489	EA-4	Swasa	Dyspnoea	0	0	0	0	0	0	**0**
27	1521	EM-11	Bhrama	Giddiness	0	0	0	0	0	0	**0**
28	1258	EJ-3	Mutraghat	Obstucted micturition	0	0	0	0	0	0	**0**
29	4	AA	Vatavyadhi	Disorders due to vata	2	0	3	3	5	3	**8**
30	1897	J-20	Karnashula	Ear ache	0	0	1	0	1	0	**1**
31	2184	N	Krimi	Worm infestation	0	0	1	0	1	0	**1**
32	1880	J-14	Karnasrava	Otorrhoea	0	0	0	0	0	0	**0**
33	1814	I-I	Pratisyaya	Rhinitis	1	1	0	0	1	1	**2**
34	1457	EM-3	Apasmara	Epilepsy	0	0	0	0	0	0	**0**
35	1423	EM-2	Unmada	Psychosis/Insanity	0	0	0	0	0	0	**0**
36	2172	MD-13	Sayyamutra	Enuresis	0	0	0	0	0	0	**0**
37	1530	F-8	Ardhavabhedaka	Hemicrania	0	0	0	0	0	0	**0**
38	1913	K	Vrana	wounds	0	0	0	0	0	0	**0**
39	1248	EJ-2	Asmari	urolithiasis	0	0	0	0	0	0	**0**
40	676	EB-12	Parikartika	Fissure in ano	0	0	0	0	0	0	**0**
41	326	ACB-1	Sthaulyam	Obesity	0	0	0	0	0	0	**0**
42	905	ED-4.3.10	Vicarchika	wet eczema	0	0	0	0	0	0	**0**
43	1649	GG	mukhapaka	Stomatitis	0	0	0	0	0	0	**0**
44	1095	EE-4	Granthi	cyst	1	0	0	0	1	0	**1**
45	897	ED-4.3.3	Kitibha	Psoriasis	0	0	0	0	0	0	**0**
46	1522	F	Sirashul	Head ache	0	0	0	0	0	0	**0**
47	154	AAC-17	Kroshtuka sirsham	Knee synovitis	0	0	0	2	0	2	**2**
48	997	ED-10	visarpa	acute spreading eruptions	0	0	0	0	0	0	**0**
49	1662	H	Akshiroga	Eye diseases	0	0	0	0	0	0	**0**
50	601	EB-7	Grahani	Disorders of lower gastro intestinal tract	0	0	0	0	0	0	**0**
51	2280	O-35	Mukhadooshika	Pimples	0	0	0	0	0	0	**0**
52	1606	GE-3	Tundikerika	Tonsillitis	0	0	0	0	0	0	**0**
53	49	AAB-33	Greevagraham	Cervical pain	0	0	0	0	0	0	**0**
54	829	EC-8	Kesaroga	Hair loss	0	0	0	1	0	1	**1**
55	2237	O-2	Ajagallika		0	0	0	0	0	0	**0**
56	1641	GF-17	Gandamala	Lymphnode enlargement	1	0	1	0	2	0	**2**
57	851	ED-2.9	Pidaka	Eruptions	0	0	1	0	1	0	**1**
Total					**9**	**3**	**9**	**13**	**18**	**16**	**34**

CENTRAL AYURVEDA RESEARCH INSTITUTE, NEW DELHI

SUMMARY OF THE ANNUAL PROGRESS REPORT

(2021-2022)

INTRODUCTION:-

Central Ayurveda Research Institute, New Delhi was established in the year 1979 (under Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Govt. of India). This Institute is devoted to Clinical Research in the field of Ayurveda. This Institute is housed in a rented building and caters to health care services of general public besides conducting Clinical Research Studies on various Chronic disease conditions and diseases from priority areas of the country.

The Clinical Research and patients' care services are being carried out through various Units/Sections like, *Panchakarma, Ksharasutra*, Pharmacy, *Jalukavacharana, Kriyakalpas*, Clinical Laboratory, Physiotherapy, Library and specialty clinics like Geriatric, Eye, Preventive Cardiology, ENT, Arthritis etc.

Following sections are functioning in this Institute:

1. *Technical Section*

2. Administrative Section

1. Technical Section includes the following:

- **RESEARCH PROJECTS**
  - Collaborative Projects
  - IMR Projects
  - Annual Action Plan Projects
  - Outreach Activities
- IPD
- OPD
- The CARI, Punjabi Bagh, New Delhi, has also satellite O.P.D. centres at:
  - ATC, Safdarjung Hospital
  - ATC, Lady Hardinge Hospital
  - Ayurvedic Unit- FAP, Supreme Court
  - Ayurveda Chikitsa Kendra, PGIMER, Dr. Ram ManoharLohia Hospital
  - Ayush Wellness Clinic at President's Estate.

A. COLLABORATIVE CLINICAL RESEARCH PROJECTS

A1) Validation and Reliability Testing of Ayurveda Diagnostic Methods.

Objectives :

- To develop Standardized Ayurvedic Case Taking Protocol (SACTP**)** in consideration with elements of diagnosis/case recording from Ayurveda and Standard health records format(s)
- Development of standard diagnostic protocols for selected diseases frequently managed through Ayurved
- To develop interface for integration/customization and development of diagnostic gadgets which are aptly integrated with latest Information Technology tools for Ayurveda specific diagnostic requirements.

Duration of Study : 3 years

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIA, Sarita Vihar	21	21	-	Ist phase completed 2nd phase continue

*****

A2.) Clinical evaluation of the efficacy of "Ayush SS Granules" in exclusively breast feeding mothers with Insufficient Lactation (*Stanyalpata*)- A Randomized Double blind placebo control trial

Objectives:

Primary Objective- To evaluate the *Galactogogue* effect of Ayurvedic formulation Ayush-SS granules in insufficient lactation among lactating mothers

Secondary Objective- To evaluate the clinical safety of Ayush-SS granules in insufficient lactation among lactating mothers.

Duration of Study : Two years

Participating center along with PI:

S.No.	Name of the Participating center	Name of PI	Name of Co-I
1.	Departments of Obstetrics &Gynecology, VMMC &Safdarjung Hospital, New Delhi, India.	Dr. (Professor) Upma Saxena Senior Specialist, Dept. of Obstetrics& Gynaecology, VMMC & Safdarjang Hospital, New Delhi-110029 Dr. Sarada Ota, Assistant Director (Ay.), Central Council for Research in Ayurvedic Sciences Janakpuri, New Delhi	1. Dr. Shivshankar Rajput, R.O. (Ay.), Central Ayurveda Research Institute, Punjabi Bagh, New Delhi 110026 2. Dr Bhavna Anand, Specialist Grade-II Paediatrics, Dept. OfPaediatrics VMMC &SafdarjungHospital New Delhi-110029

Current Status: Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	VMMC & Safdarjung Hospital, New Delhi	161	99	46	16

*****

A3.) "Randomized control study to evaluate the efficacy of Ayush Card tea (AYUSH CCT) and Rajyog meditation versus conventional treatment on clinical recovery and post-operative outcomes following Mitral Valve Open Heart Surgery"

Objectives:

Primary objectives:

C. Effect of Ayurvedic herbal medicine along with Rajyoga Meditation on the recovery phase of patients undergone mitral valve replacement surgery
D. To evaluate the effect of this mind body intervention on biochemical co-relates like interleukin-10, interleukin-6 and serotonin.

Secondary objectives:

C. Improvement in sleep quality
D. Change in subjective well being
   Change in worry state of patient

Duration of Study : 2 years

1. Participating centre along with PI : Collaborative study with AIIMS

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Shiv Choudhary, Professor & Head CTVS ,AIIMS - PI
2.	CARI, New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I)

2. Current status: Ongoing

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS,New Delhi	100	71	14	15

*****

A4.) A Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine

Objectives:

a. Primary Objective:

- To assess the Clinical Efficacy of Ayush M-3 in Migraine.

b. Secondary Objective:

- To assess the Clinical Safety of Ayush M-3 in Migraine

Sample Size: 60 patients in each group (2 groups)

Duration of the study: 3 years

Participating centre along with PI & Co-I:

S.No.	Name of the Institute	Name of the Principal Investigator	Name of the Co-Investigator
1.	C.A.R.I., NEW DELHI	Dr. Shweta Chaudhary, R.O. (Ay.)	Dr. Shweta Mata, R.O.(Ay.)
2.	ABVIMS& Dr. RML Hospital, New Delhi	Dr. K.S. Anand, HOD , Department of Neurology Coordinator : Dr. RenuMakhija renu_mkhj@yahoo.co.in	Dr. Sudha, R.O.(Ay.)

3.	NIMHANS, Bangalore	Dr. Kishore Kumar R Assistant Professor (Ay.)	Co PI : 1. Dr. Girish B Kulkarni, Professor of Neurology 2. Dr. Umesh C, Scientist C, Department of Integrative Medicine.

Current status: CRF finalization and E-Format development is pending from CCRAS, hqrs.

*****

A5.) "Development of Automated Basti Yantra- A comprehensive tool for administration of enema"

1. Objectives:

1. Primary Objective: To develop Automated *Basti Yantra*.

2. Secondary Objectives:

A: 1. To standardize and validate the sequential release timing of the ingredients from the reservoirs to mixing chamber in comparison to the standard of classical *Basti*procedure.

2.To standardize and validate the revolution per minute (RPM) of the mixing machine for the preparation of homogenous emulsion of *Basti dravya* in comparison to the standard of classical *Basti*procedure.

3. To standardize/validate the pressure of the pressure machine to be fixed in *bastiputak*.

B: To develop the Standard Operating Procedure (SOP) of the *Basti Dravya* (homogenous emulsion of end product)

2. **Participating centre along with PI :**

S.No.	Name of the participating centre	Name of PI
	CARI,New Delhi IIT, Delhi	**PI**: 1. Dr.Ramavatar Sharma,R.O. (Ay.) 2. Dr. Sumer Singh,IIT,Delhi **Co-I:** 1. Dr. Seema Jain,R.O.(Ay) 2. Dr. Shaizi Layeeq, R.O.(Ay) 3. Prof.Surya prakash Singh, IIT, Delhi

Status of the project: Continue

*****

A6.) Randomized double blind Placebo controlled Clinical Study of Ayuredic coded Drug AYUSH-A in the management of Bronchial Asthama(Tamak Shwasa)

Objectives :

- Primary- To evaluate the efficacy of Ayush –A in the patients with mild- moderate Bronchial Asthma

- Secondary: To evaluate the safety of Ayush –A in the above patients.

Duration of Study : 2 years (extended up to 03.07.2022, F**.N.3-34/2018- CCRAS /Admn/ Tamak shwasa/4773, dated 21.12.2020**

Participating centre along with PI : Collaborative study

S.No.	Name of the participating centre	Name of PI
1.	AIIMS, New Delhi	Dr. Ananat Mohan, Professor AIIMS - PI
2.	CARI,New Delhi	Dr. Seema Jain, R.O. (Ay.)- Co.-I (as per email of institute dated 25.11.2019)

Current status:

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS,New Delhi	42	20	11	11

*****

A7.) Prospective double blind randomized controlled clinical study on ayurvedic intervention (Sarpgandha Mishran)vs Amlodipine for the management of stage-I primary hypertension

1.Objectives:
Primary objective:

- To assess the clinical efficacy of Sarpgandha Mishran in the Management of Stage-I Hypertension (JNC-VII report).

Secondary Objectives

- To assess the clinical safety of **Sarpgandha Mishran**in the Management of Stage-I Hypertension (JNC-VIIreport).

Sample Size: 150
Duration of Study : 24 months(2 years)

Participating centre along with PI: Collaborative study

Name of the participating Centre	Name of PI	Name of Co-I
AIIMS, New Delhi	PI-Dr. D. S. Arya Professor, Department of Pharmacology, AIIMS, New Delhi.	Prof .Rajeev Narang, Professor, Department of Cardiology, AIIMS, New Delhi Dr .Jagriti Bhatia, Professor, Department of Pharmacology, AIIMS, New Delhi CO-I Dr. Shivam Pandey, Department of Biostatistics, AIIMS, New Delhi
CARI, New Delhi	----	CO-I Dr. Sakshi Sharma, Research Officer (Ay.),CARI, New Delhi.

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	AIIMS, New Delhi	11	0	01	10

*****

B. INTRA MURAL RESEARCH PROJECTS

B1.) Clinical efficacy of *Kaishore Guggulu* and *Balaguduchyadi Taila* in the management of gout (*Vatarakta*).

Investigator: Dr. DeepaMakhija, R.O. (Ay.)(till 18.11.2020)&
Dr. SeemaJain,R.O. (Ay.), (from19.11.2020)

Primary objective:

- To assess the Clinical efficacy especially the hypouricemic effect of KaishoreGuggulu and BalaguduchyadiTaila in the patients of Gout (Vatarakta).

Secondary Objective:

- To study the safety of KaishoreGuggulu, BalaguduchyadiTaila in the patients of Gout (Vatarakta).

Sample Size: 110 patients

Duration of Study: 3 years extended till July 2021

Current status : Completed

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
2.	CARI,New Delhi	110	87	23	study completed

*****

B2.) An Open Label Clinical Trial To Evaluate Clinical Efficacy and Safety of AYUSH AGT for External Wounds

Investigator: Dr. Hemanta panigrahi, R.O(Ay).

Primary Objective: To assess the efficacy of AYUSH AGT ointment in external wound healing

Secondary Objective: To assess the safety of AYUSH AGT ointment in external wound healing

SampleSize : 30

Duration of Study : **1 year**

Current status : Ongoing

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	**CARI, New Delhi**	**03**	**01**	**00**	**02**

******

B3.) Evaluation of Ayush-SR tablet in occupational stress among nurses –A randomized double-blind placebo controlled clinical study

Investigator: Dr. Sudha Kumari K.G, R.O.(Ay.)

PrimaryObjective: To assess the clinical efficacy of AYUSH -SR in patients suffering with occupational stress among nurses working in RML hospital, New Delhi.

SecondaryObjective: To assess the clinical safety of Ayurvedic intervention – AYUSH- SR in the management of Occupational stress among nurses working in RML hospital, New Delhi

Sample size : 120

Duration of Study : 36 months (3years)

Current status : Ongoing

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
2.	ATC at ABVIMS, Dr. RML Hospital, New Delhi	52	33	4	15

******

B4.) Evaluation of Efficacy and Safety of AYUSH-HR in the management of Pre-Hypertension – A Double blind Randomized control clinical study

Investigator: Dr. Sakshi Sharma, R.O.(Ay.)

Primary Objective: To assess the clinical efficacy of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Secondary Objective: To assess the clinical safety of AYUSH-HR in the management of Pre-Hypertension (JNC-VII report).

Sample size **:** 140

Duration of Study **:** 2 years

Current Status **:** Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	14	00	00	14

******

B5.) Evaluation of Efficacy and Safety of AYUSH-M3 in the management of Pre-Hypertension – A Double blind Randomized control clinical study

Investigator: Dr. Sakshi Sharma, R.O.(Ay.)

Primary Objective: To assess the clinical efficacy of AYUSH-M-**3** in the management of Pre-Hypertension (JNC-VII report).

Secondary Objective: To assess the clinical safety of AYUSH-M-3 in the management of Pre-Hypertension (JNC-VII report).

Sample size: 140

Duration of study:2 years

Current Status:

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	49	25	01	23

******

B6.) Clinical evaluation of Lavanbhaskara Churna in the management of Amajirna¬ Randomized Parallel group study

Investigator: Dr. Shaizi Layeeq, Research Officer, (Ay.)

Primary: Clinical efficacy of Lavanabhaskar Churna in the management of Amajirna.

Secondary: Clinical Safety of LavanabhaskarChurna in the management of Amajirna

Sample Size: 110

Duration of Study:16 months;extended till 30.06.2022

Current Status : Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	94	66	10	18

******

B7.) Prospective open labelled observational study to document the potential safety issues and prescription trends in selected Rasausadhi's in CCRAS -OPD's across India sakshimam

Investigator: Dr. Sakshi Sharma, Research Officer(Ay.)
Primary Objectives: Development of an Ayurvedic informatics database of selected *Rasausadhi's* in terms of clinical safety.

Secondary Objectives: Prospective documentation and analysis of information related with prescription trends of selected *Rasausadhi's* in a structured format to draw the meaningful possible outcomes and conclusions.

Sample Size: 10 subjects/ per Rasa Aushadhi (Herbo- Mineral Medicine) per Center. Total 110 subjects for all 11 Rasa Aushadhies including 25% dropouts at each institute (total 1980 subjects for all 18 institutes for 11 medicines). As such total 180 patients in 18 Institutes/Centers will be enrolled for each medicine/ drug.

Duration of Study: 1 year

Current Status: Completed

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	110	105	05	00

******

B8.) Randomized Double Blind Trial for Clinical Exavulation of Ksharsutra prepared manually and by automated machin in Fistula in Ano (Bhagandar)

Primary Objective:

- Study the disease pattern of fistula-in-ano (Bhagandara).
- To evaluate the clinical efficacy of two different kinds of Ksharasutra on fistula-in-ano cases. (Ksharasutra prepared manually and by automated machine)
- To achieve complete cut through of the tract with simultaneous healing

Secondary Objective:

- Clinical safety of the Ksharasutra therapy.

Sample Size:100

Duration of Study : 1 year

Current status: : Ongoing

Sr. No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1	CARI, New Delhi	40	19	01	20

******

B9.) "Clinical Efficacy and safety of Arogyavardhini Vati and Pippalyadyasava in the management of Non–Alcoholic Fatty Liver Disease（NAFLD） –A randomized open level prospective clinical trial"

Investigator: Dr. Seema Jain,R.O. (Ay)

Primary Objectives: To assess the efficacy of *Pippalyadyasava* and *Arogyavardhini Vati* in the management of NAFLD.
Secondary Objectives: To assess the safety of *Pippalyadyasava* and *Arogyavardhini Vati* in the patients of NAFLD.

Study duration: Two years
Sample Size: 90 (30 in Group-A & 60 in Group-B)

Current status :

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	16	-	-	16

******

C. ANNUAL ACTION PLAN PROJECT

C1.)Clinical evaluation of S*hadbindu Taila Nasya* and *Chitraka Haritaki* in the management of *Pinasa* (Chronic rhinosinusitis)

Participating centre along with PI:

S.No.	Name of the participating centre	Name of PI
1.	CARI,New Delhi	Dr. Shweta Mata
2.	NIAPR, Patiala	Dr. Harbans Singh

Objectives:

- **Primary Objective**

  To validate the clinical efficacy of *ShadbinduTailaNasya*and*ChitrakaHaritaki*in the management of *Pinasa*(Chronic Rhinosinusitis).

- **Secondary Objectives**

  To evaluate the safety of *ShadbinduTailaNasya*and*ChitrakaHaritaki*in the management of *Pinasa*(Chronic Rhinosinusitis).

  Study Design: Open label

  Sample size: 60

  Current status : Completed

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	60	55	05	00
2.	CARI, Patiala	60	60	00	00
	Total	**120**	**115**	**05**	**00**

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C2.) Clinical evaluation of *Pathyadi Kwatha and Anu Taila Nasya* in the management of *Ardhavabhedaka* (Migraine)

Investigator : Dr. Kishore Patel, R.O.(Ay.),
Co-investigator : Dr. Neera Chaudhry,Prof. & Head, Neurology Dept, Safdarjung Hospital, ND
Dr. Shweta Mata, R.O.(Ay.)

Primary Objectives: To assess the clinical efficacy of Pathyadi kwatha and Anu Taila Nasya in patients suffering with Ardhavabhedaka (Migraine).

Secondary Objectives: To assess the safety of Pathyadi kwatha and Anu Taila Nasya in patients suffering with Ardhavabhedaka (Migraine).

Sample size: 120 (60 per centre)

Study Period:24 months (2 years)

Status of projects: Completed

S.NO	Participating centre	No.of cases enrolled	No.of cases completed	No.of cases Drop outs	No.of cases continued
1.	CARI, New Delhi	60	39	04	17
2.	CARI, Bengaluru	51	28	10	13
	Total	111	67	14	30

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C3.) Clinical safety and efficacy of *Triphala Ghrita* and *Anu Taila* in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Investigator: Dr. Nandini Jadhav, R.O.(Ay.),
Co-investigator: Dr. Archana, R.O.(Ay.)

Objectives:

Primary Objective:
To obtain preliminary data on clinical efficacy of TriphalaGhrita and AnuTaila in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Secondary Objective:
To assess the clinicalsafety of *Triphala Ghritaand AnuTaila* in the management of Dry Age-Related Macular Degeneration (*Jarajanya Drishtigata Roga*)

Sample size: 4**0**
Status of projects –Ongoing

S.NO	Participating centre	No.of cases enrolled	No.of cases completed	No.of cases Drop outs	No.of cases continued
1.	CARI, New Delhi	4	0	3	1

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D.) OUT REACH ACTIVITIES

Ayurveda Mobile health Care Programme (AMHCP) Under SCSP-

In 2021-22, total 05 projects were undertaken under Scheduled Cast Sub Plan (SCSP).All the 5 projects successfully achieved the target within stipulated time.

Project In-charge : Dr. Seema Jain
Project co-Incharge : Dr. Shaizi Layeeq

D1.) Profiling of Demographic, health status and Non communicable Diseases among Scheduled Caste population in selected states across India- A descriptive , Cross sectional Epidemiological study

Primary Objectives: Profiling of health statusand Non communicable Diseases likeHypertension, Diabetes mellitus, Cancer, Asthma/COPD, Osteoarthritis inScheduled Caste population in selected states across India

Secondary Objectives: Demographic profiling of Scheduled Caste population in selected states.

Profiling of risk factors of NCDs inScheduled Caste population across selected states of India.

Sample Size : Population Target -5800
Villages target-5-10
Tours Target-180

Current status: Completed (Aug 2021 –March2022)

D2.) "Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Caste population in India- a Community based, cluster randomized controlled study"

Primary Objectives:

ii. To assess the effectiveness of Ayurvedic diet and Lifestyle advocacy on Quality of Life among schedule Caste population.

Secondary Objectives:

iii. To assess the effectiveness of Ayurvedic diet and Lifestyle advocacy on Ayurvedic health assessment parameters.

iv. To evaluate acceptability and adherence to Ayurvedic diet and Lifestyle advocacy among schedule Caste population

Sample Size : 70

Current status : Completed

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI,New Delhi	70	70	00	study completed

D3.) "A prospective community based study for the evaluation of P*unarnavadi Mandura* in Anemia (Pandu)"

Primary Objectives:

ii. To examine the role of Ayurvedic formulation '*PunarnavadiMandura'* in Anaemia (Pandu)

Secondary Objectives:

iii. To assess the change in disease specific symptoms.
iv. To evaluate the tolerability of Ayurvedic formulation '*PunarnavadiMandura'*

Sample Size : 50

Current status : Completed

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
2.	CARI, New Delhi	50	45	05	study completed

D4.) "Clinical evaluation of efficacy of Ashwagandha on Quality of life in Geriatric Population- Prospective Double-blind placebo controlled study"

Primary Objectives: To assess the efficacy of Ashwagandha in improving Quality of life (QoL) in geriatric population.

Sample Size : 120 (60 in each group)

Total Study Period: 5 months

Current status : Completed

Status of projects

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	120	115	05	study completed

D5.) **"A prophylactic community based study to assess the impact of Ayuraksha Kit in COVID-19"**

Primary objective: To assess the efficacy of Ayuraksha Kit in preventing the incidence of COVID-19 like symptoms in scheduled castes predominant areas/villages across India.

Secondary objectives:

i) To assess the efficacy of Ayuraksha Kit in preventing the incidence of RT-PCR confirmed COVID-19 cases in a subset of population randomly selected from the study population.
ii) To assess the effect of Ayuraksha Kit on Hematological and Biochemical parameters of a subset of population randomly selected from the study population
iii) To assess the effect of Ayuraksha Kit on severity of upper respiratory symptoms if developed during the study period
iv) To assess the effect of Ayuraksha Kit on the clinical outcome of the participants developing COVID-19 like symptoms or COVID-19 illness diagnosed by RT-PCR, during the study period.
v) To assess the impact of Ayuraksha Kit on the psychological distress as an impact of COVID-19 exposure, among the study population
vi) To compare the incidence of Severe Adverse Events among both groups

Sample Size : 693

Current status: Completed

Status of projects Centre wise

S.No.	Participating Centre	No. of cases enrolled	No. of cases completed	No. of cases Drop outs	No. of cases continued
1.	CARI, New Delhi	693	693	00	study completed

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E.Pharmacovigilance of ASU & H Drugs

Initiation of Project : 24th August 2018

Ministry of AYUSH has introduced new Central Sector scheme for promoting pharmacovigilance of Ayurveda, Siddha, Unani and Homoeopathy (ASU&H) Drugs. The rime objective of the scheme is to develop the culture of documenting adverse effects and undertake safety monitoring of Ayurveda, Siddha, Unani and Homoeopathy drugs and surveillance of misleading advertisements appearing in the print and electronic media.

Central Ayurveda Research Institute, New Delhi (under CCRAS) has been identified as one of the Peripheral PharmacovigilanceCentres (PPvCCs).Total 352 misleading advertisement have been detected since April 2021 to March 2022 and sent to Intermediary PharmacovigilanceCentres (IPvCCs) , NIA, Jaipur.

Misleading Advertisements and ADR reported in 2021-22

Month	Status of misleading Advertisement(detected)	Suspected Adverse drug reaction
April 2021	56	0
May 2021	41	0
June 2021	34	0
July 2021	26	0
August 2021	26	0
September 2021	30	0
October 2021	30	0
November 2021	23	0
December 2021	26	0
January 2022	17	0
February 2022	20	0
March 2022	23	0
Total	**352**	**0**

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F.PROJECTS IN PIPELINE

1. Clinical evaluation of the efficacy of Ayush-SSM tablet (a coded Ayurvedic formulation) after *Virechan* therapy in the management of PCOS – a randomized open label standard control trial.
2. An investigation to evaluate the efficacy of cannabis leaf preparation alongwith the Cancer Chemotherapy in patients with locally advanced solid tumours in improving the quality of life and minimizing side effects of the Chemotherapy
3. To evaluate the therapeutic effect of *Apamargakshara karma* and Ayush UT ointment application with conventional Electrocautery procedure in *Garbhashyagreevamukhagata Vrana* w.r.t. Cervical Erosion - A Randomized Control Trial
4. Clinical evaluation of an Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Clinical trial
5. Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in *Jaanu Sandhigatavata* (Primary Knee Osteoarthritis)

IN-PATIENT DEPARTMENT (IPD)

Total admitted patients in the reporting period i.e. 2021-22 are **245** out of which 126 are male and 119 are female. During the reporting period 245 patients were discharged out of which 127 males and 118 females.Annual bed occupancy is 60.91% (1st April, 2021 to 28th February2022) and **56.04% (1st March to 31st March), The number was limited due to intermittent waves of COVID-19 pandemic.

OUT-PATIENT DEPARTMENT (OPD)

CARI, Punjabi Bagh, New Delhi

CARI, New Delhi is providing OPD facilities to the patients, in morning shift (9:30 am to 1pm). Special clinics like Ano Rectal, Preventive Cardiology Clinic, Arthritis Clinic, ENT clinic. Eye Clinic, Gynae Clinic and Geriatric Clinics are functioning on designated days. During the reporting year the Institute has provided OPD services to **46515** numbers of patients and dispensed medicines free of cost. Out of which 24493 patients were male and 22022 were female. During the reporting year total 17803 new and 128712 old patients attended the OPD. Preference in registration and consultation has also been provided to senior citizens and research participants. During the reporting period 4331 cases availed treatment for various Geriatric Disorders. Most of the patients reported with conditions like Osteoarthritis, *Madhumeha, Vatavikara,Vyanabalavaishamya* and General debility etc.

CRU, Safdarjung Hospital, New Delhi:-

Ayurvedic Chikitsa Kendra was established in Jan, 1998. Two big rooms have been provided to Ayurvedic Chikitsa Kendra. One room is used for consultation and another room for registration, store and dispensing of medicines.

During the reporting period the total no. of 19634 patients attended O.P.D. out of which 11371 patients were male and 8263 patients were female. Common diseases found in the O.P.D were *Vataroga, Sandhivata, Amavata, Madhumeh, Arsha* and *Twakrogas* etc.

Ayurvedic Treatment Center, Lady Hardinge Medical College and Hospital, New Delhi:

Ayurvedic Treatment center at Lady Hardinge Medical College was established on 19th September, 2009. During the reporting year a total no. of 4823 patients attended the OPD out of which 2844 patients were male and 1979 patients were female. It was observed that most of the patients who attended the O.P.D were of *Sandhivata, Jwara, Pratishyay, Daurbalyam, Madhumeha, Shweta Pradar* and *Kandu.*. The competent authority of Lady Harding Medical College and Hospital permitted to conduct various laboratory investigations and other specific investigations in laboratory of LHMC, New Delhi.

Ayurvedic Chikitsa Kendra, PGIMER, Dr. Ram Manohar Lohia Hospital, New Delhi:

Ayurvedic Treatment center at PGIMER-Dr. Ram Manohar Lohia Hospital is functional since 14thJanuary, 2016. During the reporting year a total no. of 5654patients attended OPD out of which 3370 patients were male and 2284 were female. It was observed that most of the patients who attended the O.P.D were suffering from *Sandhivata, Adhman, Amlapitta, Manovahsroto Vikas, Prameha etc.*

Ayush Wellness Clinic, President's Estate

Ayush Wellness Clinic, at President's Estate had been started since July, 2015 under CARI, New Delhi. This center is rendering O.P.D. services along with Panchakarma therapy to the patients. During reporting year a total of 2438patients were treated, out of which 1596were male patients and 842were female patients.

Ayurveda Unit: FAP- Supreme Court, New Delhi

The Ayurveda Unit, FAP at Supreme Court of India has been functional in the Supreme Court premises since 2008. The Unit is rendering services to Hon'ble Judges and Registry in the Supreme Court of India. At present one senior doctor, one Pharmacist and one Pharmacy attendant are rendering their services in this unit. During current reporting period a total of 5093 patients were treated in FAP Supreme Court out of which 3312 were male and 1781 were female patients.

SECTION-WISE ACTIVITIES

Panchakarma Section:-

Panchakarma section has been functioning in the institute since February 1981, offering the following procedures to patients as per the need: *Vamana*(therapeutic emesis), *Virechana*(therapeutic purgation), *Anuvasanavasti* (oil enema), *Asthapanavasti* (decoction enema) and *Nasya* (nasal insufflations). Apart from these, some other procedures of traditional *KeraliyaChikitsa*are also being practiced in this unit successfully. These include *ShashtikashaliPindaSweda, PatraPindaSweda, Snehadhara, Shirodhara, Shirobasti, Katibasti, Janubasti*etc. Being safe and effective these procedures are effectively used for prevention and management of number of health problems like *Pakshavadha, Pangu, Gridhrasi, Amavata, Sandhivata, Sthaulya, GreevaStambha, Katishula, Katigraha, JirnaPratishaya,* and*Ardita, Ardhavabhedaka* etc.

During the reporting period, Panchakarma section provided treatment to 257 patients. A total of 5949 sittings of specialized procedures of *Panchakrma* was done at IPD level predominantly Abhyanga(1558), *Nadisweda* (155), *Nasya* (195), *Katibasti* (419), *Patrapinda Sweda* (313), *Matrabasti* (545),*Basti* (147) etc. were administered to the patients to provide them better results.

Kshara Sutra Section (Ano-Rectal Clinic):-

During reporting period 4331 patients attended the *Kshara Sutra* Section out of which 1210 patients were of *Arsha,* 1394 patients were of *Bhagandara,* 1247 patients were of *Parikartika*,68 patients were*Nadivrana*and412 patients were of *Gudapaka*.

Leech Therapy Clinic :-

Leech Therapy Clinic caters to patients of various disease conditions like *Twakarog, Sira-Shotha, Shlipad, Shvitra*etc. During reporting period, total 82 patients attended the clinics for various

disease conditions. Out of these 02 patients were of *Kushtha*,78 patients of *Sirajala*. Total 81 patients were male and 01 patient was female.

Physiotherapy Section:-

The Physiotherapy section was established in 1999. As per the need and requirement of the hospital, the section is equipped with required modalities.

Both IPD and OPD patients are being treated on daily basis for conditions like osteoarthritis, rheumatoid arthritis, Adhesive capsulitis, cervical and lumbar spondylosis, ankylosing spondylitis, prolapsed intervertebral disc, post polio residual paralysis, neurological conditions like stroke, quadriplegia, paraplegia, cerebral palsy, Parkinson's disease, peripheral nerve injuries, muscular dystrophies, bell's palsy, motor neuron disease; Sport's injuries like tennis elbow, rotator cuff tear, meniscal tear and General conditions like obesity, varicose veins, peripheral vascular disorders etc.

During the reporting period total 1282 patients were treated of which 684 were male and 598 were female.

Eye Clinic:-

The Eye clinic has been functioning efficiently and giving service to eye patients from 18th February 2017 onwards on OPD and IPD basis. Within the existing facility we are also doing *Kriyakalpas* to selected patients throughout the week. During the reporting period (2021-22) there were 2212 OPD patients out of which 1239 patients were male and 973 were female patients. Most commonly found eye diseases were *Timira, Abhishyanda, Kacha, Shushkakshipaka, Adhimantha, Lingnash, Netrasrava,* ARMD, Retinitis Pigmentosa, Optic Atrophy, Diabetic Retinopathy, Computer vision syndrome, Color blindness etc. Various *Kriyakalpa*c arried out to treat eye diseases included 555 of *Nasya*, 343 of *Tarpana*, 215 of *Bidalaka*, 63 of *Netradhara*, 22 of *Shiropichu* etc.

ENT OPD

ENT OPD caters to patients of various disease conditions like *Pratishyaya/Pinasa, Badhirya, Ardhavabhedaka, Karnashola, Karnanada*etc. During reporting period total 194 patients attended the clinics those were successfully treated for various disease conditions. Out of these 20 patients were of kasa, 84 patients were of *Pratishyaya*,65 patients were of *Kasa,* 10 patients of *Karnashool* etc. Total 115 patients were male and 79 patients were female.

Arthritis Clinic

During reporting period 811 patients attended the *Arthritis clinic* out of which 421 patients were of *Sandhivata,* 127 *Amavata*, 73 *Vatavyadhi* and 40 were of *Gridhrasi*.

Bal Rog Clinic:

During reporting year 34 children (18 male, 16 female) were trated in OPD for various childhood disorders like *Vatavyadhi, Shool, Krimi, Pidika* etc.

Consultation at Press Club of India

As per the direction received by Ministry of Ayush Dr. Sakshi Sharma, Research Officer (Ay.) has been nominated through CCRAS, HQ as nodal officer to visit "Press Club of India" once in a week (on Saturday). This visitation was specially for addressing the queries regarding efficacy of Ayush -64 with distribution of the same as prophylactic medicine as well as in Covid-19 minor symptoms. This was further extended with the general consultation along with free distribution of medicine as per the requirement to press club members & their family members.
This counseling & consultation was initiated in June 2021 and extended up to 31st march 2022 as per the permission received by CCRAS HQ. So as per the objective Dr. Sakshi Sharma very well interacted with journalist & addressed their queries regarding efficacy of Ayurvedic treatments and its role as immunity enhancer in pandemic.
Press club members also took Ayurvedic consultation on an average 20 to 25 patients per visit for various disease conditions along with prophylactic treatment.

Library

The Library section of the Institute is having 2210 books in Hindi and English. The library remains open for readers from 9:30 am to 4:30 pm.

Clinical Laboratory:-

The Laboratory section provides services to both general patients from OPD, IPD and research subjects. A total no. of 13625 investigations were carried out during the reporting year.

Bio-chemical Investigations

Routine Biochemical investigations including Blood Sugar, Lipid Profile, Renal Function Test and Liver Function Tests are conducted in Biochemistry section of the Institute. Total 9124 investigations were carried out during the year 2021-22.

Pathological Investigations

Routine pathological investigations of blood, urine and stool were done. Total 4501 investigations were carried out during the year 2021-22.

Pharmacy

At present CARI pharmacy is coordinating purchase as well as distribution of the medicine for OPD and IPD of CARI along with for all the attached peripheral units under the institute as Lady Harding, Dr RML hospital, Supreme Court, Safdarjung Hospital and President Estate Ayurveda treatment

Centre. The Pharmacy also keeps balance in demand and supply of medicines for clinical projects. In this current year pharmacy has procured medicines worth Rs. 1,05,21,985-00for meeting the demand.

*Amount received as contingent advance on 30.03.2020 from H.Q office to purchase medicines from IMPCL for OPD/IPD during the year 2020-21.

Hindi Section

Hindi section has been playing a leading role to follow *Official Language Rules* such as issuing all documents related to Section 3 (3) in bilingual, answering the letters in Hindi and keeping continuous efforts towards meeting the annual target. All quarterly progress reports, half-yearly progress reports are prepared on time and submitted to the Official Language Department and *NARAKAS (Town Official Language Implementation Committee)* by email and online. *VibhagiyaRajbhashaKaryanvayan Samiti* meeting is being organized in each trimester to observe the official & technical work in Hindi in every department. *Hindi Pakhwada* was successfully organized from 14th Sept to 28thSept, 2021. This year four "*One Day Hindi workshops*" were organized. In the half-yearly meetings organized by the Town Official Language Implementation Committee, the institution was praised for increasing percentage towards achieving the annual target.

Hindi Workshops :129.03.2022 (23.12.20214 (3 28.09.2021 (2 24.06.2021 (

Medicinal Plant Garden

Institute is maintaining medicinal plant garden for dual purpose ie. for demonstration as well as for providing raw herbs for panchkarma and ksharsutra therapy. For identification and demonstration purpose all the plants have their specific name plates with their classical names, botanical names, family and main uses. This Medicinal garden is continuously providing raw herbs for patrapotli preparation and for other decoctions also. Madhuyashti, Narikel, Shigru, Haritaki, Ashvagandha, Guduchi, Bhrami, Isabgol, Nirgundi, Agnimantha, jati etc. are the main species available here. During Ayurveda Day celebration & Poshan Pakhwada this year exhibitions of medicinal plants were organized, to create awareness about the usage of common medicinal plants among public along with the free distribution of the Medicinal plants. This garden always remains center of attraction for visitors, students and patients.

Activities organized by Institute

1. Webinar on Building a fairer and healthier World & Role of Ayurveda in combating COVID-19 On the eve of **World Health Day – 2021** on 07.04.2021.
2. Organized a **Webinar Azadi Ka Amrut Mahotsav** on theme 'Creating awareness, promotion, of Ayurveda and its role in the current COVID19 pandemic situation'. 18.05.2021
3. Webinar on Yoga, Philosophy and Practice under **International Day of Yoga-2021** celebrations on 02.06.2021

4. Virtual **Conference on "Yoga for positive health**", as a part of one month celebration of International Day of Yoga 2021 on 08.06.2021
5. Organized National Webinar on Pharmacovigilance "**Awareness Programme on Pharmacovigilance In ASU & H Drugs".**
6. Initiation of **Distribution of Sanshamni Vati under 'Azadi ka Amrut Mahotsava'** on 30.08.2021
7. Participated in **large scale distribution of Ayush Prophylactic medicines(ShanshamniVati) and guidelines under Azadi ka Amrut Mahotsava from 30.08.2021-05.09.2021**
8. Organized **Poster completion** on "Azadi ke Baad Ayurveda ka Utthan" for BAMS students at CBPACS & A&U Tibbia College under Azadi ka Amrut Mahotsava in September, 2021
9. Organized **Hindi Karyashala** on the topic 'संघ की राजभाषा नीति एवं उसका कार्यान्वयन dated 28.09.2021
10. **Swachhata Pakhwada-2021** dt. 16.10.2021- 31.10.2021
11. **Vigilance Awareness Week – 2021**
12. Celebration of **Ayurveda Diwas/ Dhanwantari Jayanti- 2021** on Ayurveda Day dated 02.11.2021.
13. Organized a **National Webinar on "Ayurveda ForNutrition"** "topic ''जरावस्था के संदर्भ विशेष में आयुषकामिय आहार'' on 03.12.2021
14. **A webinar onNutrition through Ayurveda (Concept to Clinic)by Dr Bharat Padhar** organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations on 08.12.2021
15. Organized **various activities at Prakash Institute of Ayurvedic medical Sciences and Research, Jhajjar, Rabupura Road, Noida** as a part of the 6th Ayurveda Day Celebration on 10.12.2021
16. Organized a **webinar on "Ayurveda for Nutrition" by Vd. Arpan Bhatt** organized by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations on 14.12.2021
17. Organised competition & activities as part of 6th Ayurveda Day celebration at **Faculty of Indian Medical Systems, SGT University, Gurugram on 15.12.2021.**
18. Conducted activities under 6th Ayurveda Day celebrations at **Chaudhary Brahm Prakash Aurveda Chrak Sansthan, khera Dabar, Najafgarh, New Delhi on 22.12.2021**
19. Organized a **webinar on** "**Fundamentals of Poshan in Ayurveda by Vd. Bhupesh Patel" and "Nutrition & Ayurveda by Dr. G Prabhakar Rao "** organised by CARI, New Delhi under 6th Ayurveda Day, Azadi Ka Amrit Mahotsava celebrations on 23.12.2021
20. Organized a **webinar on "Concept of Ahar &Poshan in Ayurveda by Dr. G.S.Tomar" and "Ayurveda for Poshana w.s.r. Ritucharya" by Dr. Neeru Nathani** organised by CARI, New Delhi under 6th Ayurveda Day celebrations on 30.12.2021

21. Observance of the **Suryanamaskar Programme as an integral part of Azadi ka Amrit Mahotsav** celebrations at CARI, Punjabi Bagh, New Delhi on 14.01.2022
22. Observance of **75th Republic day** on 26.01.2022
23. Organized **the 1st workshop on** "**Sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes"** organized by CARI, New Delhi on 22-22 February, 2022.
24. Organized **webinar on "Scientific Approach towards understanding of Hypothyroidism and its management through Ayurveda"** by **Dr. Arun Gupta** organized by CARI, Punjabi Bagh as part of the event of "Science Week 2022 **- Vigyaan Sarvatra Pujayate**" under the ambit of 75 lectures on Science & Traditional Medicine in India on 26.02.2022
25. Organized a lecture on **"Sexual Harassment and appropriate Behavior"** at work Place delivered by **Adv.Meenu Abol** Legal Consultant CCRAS HQ on 29.03.2022.
26. Organized a one day **Hindi workshop** on the Subject ***"Sangha Ki Rajbhasha Niti And Karyanvan"*** and invited speaker **Sh. Kumar Pal Sharma** Deputy Director implementation of Rajbhasa Vibhag, Ghrih Mantralya on 29.03.2022.
27. Organised a series of 5 webinars on **Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions, an initiative by Ministry of Ayush on** 01.02.2022, 11.02.2022, 05.03.2022, 14.03.2022 and 23.03.2022

संक्षिप्त वार्षिक प्रगति विवरण
2021–2022

परिचयः-

केन्द्रीय आयुर्वेदीय अनुसंधान संस्थान की स्थापना 1 मई,1979 को हुई। यह संस्थान सी.सी.आर.ए.एस (केन्द्रीय आयुर्वेद विज्ञान अनुसंधान परिषद्) आयुष मंत्रालय, भारत सरकार के अधीन कार्यरत है। आयुर्वेद के क्षेत्र में चिकित्सकीय अनुसंधान के लिए समर्पित यह संस्थान किराए के भवन में संचालित है तथा जनसामान्य के लिए सामान्य स्वास्थ्य सुविधा प्रदान करने के साथ-साथ विभिन्न रोगों पर चिकित्सकीय अनुसंधान एवं परीक्षण भी कर रहा है।

संस्थान में चिकित्सकीय अनुसंधान के साथ-साथ सामान्य रोगियों के लिए चिकित्सा सेवाएं विभिन्न विभागों यथा- पंचकर्म, क्षारसूत्र, भौतिक चिकित्सा, नेत्र चिकित्सा, जरा चिकित्सा, हृदयरोग सुरक्षा क्लिनिक, ईएनटी क्लिनिक, संधिरोग क्लिनिककेद्वाराउपलब्ध कराई जा रही है।

इनके अलावा बहिरंग एवं अन्तरंग रोगी चिकित्सा सेवाएँ भी संस्थान द्वारा प्रदान कि जा रहीं है।
इस संस्थान में निम्नलिखित विभाग कार्यरत हैं :

1.तकनीकी विभाग

2.प्रशासनिक विभाग

1. तकनीकी विभाग निम्नलिखित अनुभागों के गठन से बना है।

- **अनुसंधान परियोजना**
- सहयोगात्मक अध्ययन परियोजना
- इन्ट्राम्यूरल रिसर्च
- वार्षिककार्ययोजना
- बाह्यगतिविधियां

- **अंतरंगविभाग**
- **सामान्य बहिरंग विभाग**

सीएआरआई, पंजाबी बाग, नई दिल्ली स्थित बहिरंग विभाग के अतिरिक्त, हमारे पास निम्न सैटेलाइट केंद्र हैं :

- आयुर्वेद चिकित्सा केन्द्र, सफदरजंग अस्पताल
- आयुर्वेद चिकित्सा केन्द्र, लेडी हार्डिंग मेडिकल कॉलेज एवं अस्पताल
- आयुर्वेदिक केंद्र सर्वोच्च न्यायालय
- आयुर्वेद चिकित्सा केन्द्र, डॉ राम मनोहर अस्पताल
- आयुष वेलनेस क्लीनिक, राष्ट्रपति भवन

<u>क. सहयोगात्मक नैदानिक अनुसंधान परियोजनाएं</u>

क1) आयुर्वेद नैदानिक विधियों की मान्यता और विश्वसनीयता परीक्षण।

उद्देश्यः आयुर्वेद और मानक स्वास्थ्य रिकॉर्ड प्रारूपों से निदान मामले की रिकॉर्डिंग के तत्वों के / साथ मानकीकृत आयुर्वेदिक केस टेकिंगप्रोटोकॉल (SACTP)विकसित करने हेतु

• अक्सर आयुर्वेद के माध्यम से प्रबंधित किए जाने वालेचयनित रोगों के लिए मानक नैदानिक प्रोटोकॉल का विकास|

• आयुर्वेद विशिष्ट निदान आवश्यकताओं के लिए नवीनतम सूचना प्रौद्योगिकी उपकरणों के साथ एकीकृत डायग्नोस्टिक गैजेट्स के एकीकरण अनुकूलन और वि /कास के लिए इंटरफ़ेस विकसित करना।

अध्ययन अवधि :03 वर्ष

क्रम सं.	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्रापआउट/ वापस लिए गए की संख्या**	**जारी मामलों की संख्या**
1	एआईआईए, सरिता विहार	21	21	-	प्रथम चरण पूर्ण हो चुका है| द्वितीय चरण जारी है|

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क 2.) **विशेष रूप से स्तनपान कराने वाली माताओं कीअपर्याप्त स्तनपान (स्तन्याल्पता) में"आयुष एसएस ग्रैन्यूल्स" की प्रभावकारिता का नैदानिक मूल्यांकन–एक रेंडमाइस्ड डबल ब्लाइंड प्लेसिबोनियंत्रित अध्ययन**

उद्देश्यः

प्राथमिक उद्देश्य– स्तनपान कराने वाली माताओं के बीच अपर्याप्त स्तनपान में आयुर्वेदिक सूत्रीकरण आयुष एसएस-ग्रैन्यूल्स के *गैलेक्टोगोग* प्रभाव का मूल्यांकन करना

गौण उद्देश्य– स्तनपान कराने वाली माताओं के बीच अपर्याप्त स्तनपान में आयुष एसएस-ग्रैन्यूल्स की नैदानिक सुरक्षा का मूल्यांकन करना।

अध्ययन अवधि :02 **वर्ष**

क्रम सं.	**भाग लेने वाले केंद्र**	**मुख्य अन्वेषक**	**सह अन्वेषक**
.1	प्रसूति एवं स्त्री रोग विभाग , वीएमएमसी एवं सफरदजंग	1. डॉ. (प्रो.) उपमा सक्सेना, वरिष्ठ विशेषज्ञ, वीएमएमसी एवं सफरदजंग चिकित्सालय, नई दिल्ली	1. डॉ. शिव शंकर राजपूत, अनु.अधि. (आयु.) केन्द्रीय आयुर्वेद अनुसंधान संस्थान, पंजाबी बाग़, नई दिल्ली

	चिकित्सालय, नई दिल्ली, भारत	2. डॉ. शारदा ओता, सहायक निदेशक, केन्द्रीय आयुर्वेद अनुसंधान विज्ञान परिषद्, जनकपुरी, नई दिल्ली	2. डॉ भावना आनंद , विशेषज्ञ ग्रेड II बाल रोग, बाल रोग विभाग, वीएमएमसी एवं सफरदजंग चिकित्सालय, नई दिल्ली

वर्तमान स्थिति :अध्ययन जारी है |

क्रम सं.	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्रापआउट/ वापस लिए गए की संख्या**	**जारी मामलों की संख्या**
1	वीएमएमसी एवं सफरदजंग चिकित्सालय, नई दिल्ली	161	99	46	16

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क 3.) **"क्लिनिकल रिकवरी और पोस्ट–ऑपरेटिव परिणामों पर पारंपरिक उपचार बनाम माइट्रल वाल्व ओपन हार्ट सर्जरी के बाद "आयुष कार्ड चाय" (आयुष सीसीटी) और राजयोग ध्यान की प्रभावकारिता का मूल्यांकन करने के लिए रेंड़ोमाइज्ड नियंत्रण अध्ययन"**

उद्देश्यः

प्राथमिक उद्देश्य:

क. माइट्रल वाल्व ओपन हार्ट सर्जरी वाले रोगियों के रिकवरी फ़ेज पर आयुर्वेदिक हर्बल औषधि के साथ राजयोग ध्यान का प्रभाव

ख. बायोकेमिकल को-रिलेट्स जैसे इंटरलियुकिन - 10, इंटरलियुकिन – 6 और सेरोटोनिन पर इस मस्तिष्क शरीर इंटरवेंशन के प्रभाव का मूल्यांकन

गौण उद्देश्य:

क. नींद की गुणवत्ता में सुधार

ख. रोगी के स्वास्थ्य में परिवर्तन

रोगी की चिंताजनक स्थिति में बदलाव

अध्ययन काल : 2वर्ष

1. प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: एम्स के साथ सहयोगात्मक अध्ययन

क्रम संख्या	**भाग लेने वाले केंद्र का नाम**	प्रधान अन्वेषक का नाम
1.	एम्स, नई दिल्ली	डॉ. शिव चौधरी, प्रोफ़ेसर और सीटीवीएस अध्यक्ष, एम्स - प्रधान अन्वेषक
2.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि.(आयु.) – सह अन्वेषक

2. वर्तमान स्थिति: अध्ययन जारी है|

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	एम्स नई ,दिल्ली	100	71	14	15

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क 4.) **माइग्रेन के प्रबंधन में आयुष एम3 का डबल ब्लाइंड रेंड़ोमाइज्ड प्लेसेबो नियंत्रित बहुकेंद्रिक नैदानिक परीक्षण**

उद्देश्य:

क. प्राथमिक उद्देश्य:

- माइग्रेन में आयुष एम3 की नैदानिक प्रभावकारिता का आकलन

ख. गौण उद्देश्य:

- माइग्रेन में आयुष एम3 की नैदानिक सुरक्षा का आकलन

सैम्पल साइज : प्रत्येक समूह में 60 रोगी (2 समूह)

अध्ययन अवधि: 3 वर्ष

प्रधान अन्वेषक और सह अन्वेषक के साथ प्रतिभागी केंद्र:

क्र.सं.	**संस्थान का नाम**	**प्रधान अन्वेषक का नाम**	**सह अन्वेषक का नाम**

4.	सीएआरआई, नई दिल्ली	डॉ. श्वेता चौधरी, अनु. अधि. (आयु.)	डॉ. श्वेता माटा, अनु. अधि. (आयु.)
5.	एबीवीआईएमएस और डॉ. आरएमएल अस्पताल, नई दिल्ली	डॉ. के.एस. आनंद, विभागाध्यक्ष, न्यूरोलोजी विभाग समन्वयक: डॉ. रेनू माखीजा renu_mkhj@yahoo.co.in	डॉ. सुधा, अनु. अधि. (आयु.)
6.	निमहांस, बैंगलोर	डॉ. किशोर कुमार आर सहायक प्रोफेसर (आयु.)	सह अन्वेषक : 3. डॉ. गिरीश बी कुलकर्णी, न्यूरोलोजी के प्रोफ़ेसर 4. डॉ. उमेश सी, वैज्ञानिक ग, एकीकृत औषधि विभाग

वर्तमान स्थिति: सीसीआरएएस, मुख्यालय में सीआरएफ को अंतिम रूप दिए जाने और ई- फोर्मेट विकास का कार्य लंबित है|

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क 5.) **स्वचालित बस्ति यंत्र का विकास– एनीमा देने के लिए एक व्यापक उपकरण**

उद्देश्य:

1. प्राथमिक उद्देश्य-स्वचालित *बस्ति यंत्र* विकसित करना|

2. गौण उद्देश्य-

क: 1.शास्त्रीय *बस्ति* प्रक्रिया के मानक की तुलना में जलाशयों से मिश्रण कक्ष तक सामग्री के अनुक्रमिक रिलीज समय को मानकीकृत और मान्य करने हेतु।

2. शास्त्रीय *बस्ति* प्रक्रिया के मानक की तुलना में बस्ति द्रव्य के समरूप इमल्शन की तैयारी के लिए मिक्सिंग मशीन की चक्कर प्रति मिनट को मानकीकृत और मान्य करना। (आरपीएम)

3. *बस्ति पुटक* में तय की जाने वाली दबाव मशीन के दबाव को मानकीकृत मान्य करने /हेतु।

ख:बस्ति द्रव्य के मानक परिचालन प्रक्रिया (एसओपी) विकसित करनेहेतुअंतिम उत्पाद का) (समरूप उत्सर्जन

भाग लेने वाले केंद्र तथा मुख्य अन्वेषक:

क्रम सं.	भाग लेने वाले केंद्र	मुख्य अन्वेषक
.1	सीएआरआईनई , दिल्ली आईआईटीदिल्ली ,	**मुख्य अन्वेषकः** डॉ. राम अवतार शर्मा, अनु.अधि.(आयु.) डॉ. सुमेर सिंह, आईआईटी, दिल्ली **सह अन्वेषकः** डॉ सीमा जैन, अनु. अधि. (आयु.) डॉ. शैज़ी लइक, अनु. अधि. (आयु.) प्रो. सूर्य प्रकाश सिंह, आईआईटी, दिल्ली

वर्तमान स्थिति :अध्ययन जारी है |

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क 6.) तमकश्वास के प्रबंधन में आयुर्वेदिक कोडिड औषधि आयुष–ए का रेंड़ोमाइज्ड डबल ब्लाइंड प्लेसेबो कंट्रोल्ड नैदानिक अध्ययन

1. उद्देश्य:

- प्राथमिक- हल्के से मध्यम त्मक श्वास वाले रोगियों में आयुष- ए की प्रभावकारिता का मूल्यांकन
- गौण- उपरोक्त रोगियों में आयुष- ए की सुरक्षा का मूल्यांकन

2. अध्ययन काल : वर्ष (03.07.2022 तक बढ़ा दिया गया है, दिनांक 21.12.2020 की फा.सं.3-34/2018-सीसीआरएएस/प्रशा./तमक श्वास/4773)

3. प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

क्रम संख्या	भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम
1.	एम्सनई दिल्ली ,	डॉ. अनंत मोहन, प्रोफ़ेसर एम्स - प्रधान अन्वेषक
2.	सीएआरआई, नई दिल्ली	डॉ. सीमा जैन, अनु. अधि. (आयु.) - सह अन्वेषक (दिनांक 25.11.2019 के संस्थान के ई- मेल के अनुसार)

4. **वर्तमान स्थिति** :

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	एम्सनई दिल्ली ,	42	20	11	11

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क 7.) स्टेज I–प्राइमरी उच्चरक्तचाप के उपचार में आयुर्वेदिक औषधि बनाम अम्लोडिपिन (सर्पगंधा मिश्रण) पर प्रोस्पेक्टिव डबल ब्लाइंड रेंड़ोमाइज्ड नियंत्रितनैदानिक अध्ययन

उद्देश्य:

प्राथमिक उद्देश्य:

- स्टेज I-प्राइमरी उच्चरक्तचाप के उपचार में सर्पगंधा मिश्रण की नैदानिक प्रभावकारिता का आकलन (जेएनसी-VII रिपोर्ट)

गौण उद्देश्य

- स्टेज I-प्राइमरी उच्चरक्तचाप के उपचार में सर्पगंधा मिश्रण की नैदानिक सुरक्षा का आकलन (जेएनसी-VII रिपोर्ट)

सैम्पल साइज: 150

अध्ययन अवधि : 24 माह (2 वर्ष)

प्रधान अन्वेषक के साथ प्रतिभागी केंद्र: सहयोगात्मक अध्ययन

भाग लेने वाले केंद्र का नाम	प्रधान अन्वेषक का नाम	सह अन्वेषक का नाम
एम्स, नई दिल्ली	प्रधान अन्वेषक –डॉ. डी.एस. आर्या, प्रोफ़ेसर, फार्माकोलोजी विभाग, एम्स, नई दिल्ली	प्रो. राजीव नारंग, प्रोफ़ेसर, कार्डियोलोजी विभाग, एम्स, नई दिल्ली डॉ. जागृति भाटिया, प्रोफ़ेसर, फार्माकोलोजी विभाग, एम्स, नई दिल्ली डॉ. जागृति भाटिया, प्रोफ़ेसर, फार्माकोलोजी विभाग, एम्स, नई दिल्ली सह अन्वेषक डॉ. शिवम पांडे, बायोस्टेटिस्टिक्स विभाग, एम्स, नई दिल्ली
सीएआरआई, नई दिल्ली	----	सह अन्वेषक डॉ. साक्षी शर्मा, अनु. अधि. (आयु.), सीएआरआई, नई दिल्ली

वर्तमान स्थिति

क्र.सं.	भाग लेने वाला केंद्र	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
1.	एम्स, नई दिल्ली	11	0	01	10

<u>ख. आंतरिक अनुसंधान परियोजनाएं</u>

ख 1.) **वातरक्त की चिकित्सा में *कैशोर गुग्गुलु* एवं *बलागुडूच्यादी तेल* के प्रभाव नैदानिक मूल्यांकन**

अन्वेषक : डॉ. दीपा माखीजा, अनु. अधि. (आयु.) (18.11.2020 तक) और

डॉ. सीमा जैन, अनु. अधि. (आयु.) (19.11.2020 से)

प्राथमिक उद्देश्यः

- वातरक्त प्रबंधन में कैशोर गुग्गुलु एवं बला गुडूच्यादी की चिकित्सीय प्रभावकारिता विशेषकर हाईपौरीसेमिक प्रभाव का मूल्यांकन

गौण उद्देश्य :

- वातरक्त के रोगियों में कैशोर गुग्गुलु एवं बला गुडूच्यादी की सुरक्षा का मूल्यांकन

सैम्पल साइज : 110 रोगी

अध्ययन काल : 03 वर्ष (जुलाई 2021 तक विस्तार)

वर्तमान स्थिति : **अध्ययन पूर्ण हो चुका है।**

क्रम संख्या	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
1	सीएआरआई, नई दिल्ली	110	87	23	अध्ययन पूर्ण हो चुका है।

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ख 2.) **बाह्य व्रण हेतु आयुष एजीटी की नैदानिक प्रभावकारिता और सुरक्षा का मूल्यांकन करने हेतु एक ओपन लेबल नैदानिक परीक्षण**

अन्वेषक: डॉ. हेमंत पाणिग्रही, अनु. अधि. (आयु.)

प्राथमिक उद्देश्य: बाह्य व्रण के उपचार में आयुष एजीटी ऑइंटमेंट की प्रभावकारिता का मूल्यांकन

गौण उद्देश्य: बाह्य व्रण के उपचार में आयुष एजीटी ऑइंटमेंट की सुरक्षा का मूल्यांकन

सैम्पल साइज :30

अध्ययन अवधि: 1 वर्ष

वर्तमान स्थिति:

क्रम संख्या	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
1.	सीएआरआई, नई दिल्ली	03	01	00	02

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ख 3.) **"नर्सों के मध्य होने वाले व्यावसायिक तनाव मेंआयुष– एसआर टेबलेट का मूल्यांकन–एक रेंडेमाइज्ड डबल–ब्लाइंड प्लेसेबो नियंत्रित नैदानिक अध्ययन"**

अन्वेषक : डॉ. सुधा कुमारी के.जी., अनु. अधि. (आयु.)

प्राथमिक उद्देश्य : आरएमएल अस्पताल, नई दिल्ली में कार्यरत नर्सों के बीच व्यावसायिक तनाव से पीड़ित रोगियों में आयुष –एसआर की नैदानिक प्रभावकारिता का आंकलन करना

गौण उद्देश्य : आरएमएल अस्पताल, नई दिल्ली में कार्यरत नर्सों के बीच व्यावसायिक तनाव में आयुर्वेदिक औषधि आयुष –एसआर की नैदानिक सुरक्षा का आंकलन करना

सैम्पल साइज : 120

अध्ययन काल : 36 माह (03 वर्ष)

वर्तमान स्थिति

क्रम संख्या	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
1	ए.टी.सी, ए.बी.वी.आई.एम. डॉ.आर.एम.एल चिकित्सालय नई दिल्ली	52	33	4	15

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ख4.) **पूर्व–उच्च रक्तचाप के प्रबंधन में आयुष– एचआर की प्रभावकारिता एवं सुरक्षा का मूल्यांकन – एक डबल ब्लाइंड रेंडमाइज्ड नियंत्रित नैदानिक अध्ययन**

अन्वेषक: डॉ. साक्षी शर्मा, अनु. अधि. (आयु.)

प्राथमिक उद्देश्य- पूर्व- उच्चरक्तचाप की चिकित्सा में आयुष : एचआर की नैदानिक प्रभावकारिता का मूल्यांकन -जेएनसी)VII रिपोर्ट(

गौण उद्देश्य: पूर्वउच्चरक्तचाप की चिकित्सा में आयुष -एम3 की नैदानिक सुरक्षा का मूल्यांकन --(जेएनसीVII रिपोर्ट(

सैंपल साइज़ 140 :

अध्ययन काल वर्ष 2 :

वर्तमान स्थिति:

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	14	00	00	14

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ख5.) **पूर्व–उच्च रक्तचाप के प्रबंधन में आयुष– एम-3 की प्रभावकारिता एवं सुरक्षा का मूल्यांकन – एक डबल ब्लाइंड रेंडमाइज्ड नियंत्रित नैदानिक अध्ययन**

अन्वेषक: डॉ. साक्षी शर्मा, अनु. अधि. (आयु.)

- **प्राथमिक उद्देश्य** पूर्व- उच्चरक्तचाप की चिकित्सा में : **आयुष एम**3– की नैदानिक प्रभावकारिता का मूल्यांकन -जेएनसी)VII रिपोर्ट(
- **गौण उद्देश्य:** पूर्व उच्चरक्तचाप की चिकित्सा में -**आयुष एम**3– की नैदानिक सुरक्षा का मूल्यांकन -जेएनसी)VII रिपोर्ट(

सैंपल साइज़ 140 **:**

अध्ययन काल वर्ष 2 **:**

वर्तमान स्थिति :

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	49	25	01	23

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ख 6.) **आमाजीर्ण की चिकित्सा में लवण भास्कर चूर्ण का नैदानिक मूल्यांकन–एक रेंड़ोमाइज्ड पैरेलल समूह अध्ययन**

अन्वेषक: डॉ. शैज़ी लइक, अनु. अधि. (आयु.)

प्राथमिक उद्देश्य : आमाजीर्ण की चिकित्सा में लवण भास्कर चूर्ण की नैदानिक प्रभावकारिता

गौण उद्देश्य : आमाजीर्ण की चिकित्सा में लवण भास्कर चूर्ण की नैदानिक सुरक्षा

सैंपल साइज़ : 110

अध्ययन काल : 16 माह; 30.06.2022 तक विस्तार किया गया

वर्तमान स्थिति :

क्रमसं.	भागलेनेवालेकेंद्र	नामांकितरोगियोंकीसंख्या	पूर्णमामलोंकीसंख्या	ड्रापआउटकीसंख्या	जारीमामलोंकी संख्या
1.	सीएआरआई, नई दिल्ली	94	66	10	18

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ख 7.) **सम्पूर्ण भारत में सीसीआरएएस के बहिरंग विभाग में चयनित रसौषधियों के उपयोग में संभावित सुरक्षात्मक मुद्दों तथा औषध पत्र के प्रलेखीकरण हेतु एक संभावित ओपेन लेबल अवलोकनार्थ अध्ययन।**

अन्वेषक: डॉ. साक्षी शर्मा, अनु. अधि. (आयु.)

प्राथमिक उद्देश्य: नैदानिक सुरक्षा की दृष्टि से चयनित *रसौषधियों* के लिए एक आयुर्वेदिक सूचनात्मक डेटाबेस का विकास।

गौण उद्देश्य: संभावित परिणामों एवं निष्कर्षों के लिए एक संचरित प्रारूप में चयनित *रसौषधि* के औषध पत्र से संबंधितप्रत्याशित प्रलेखीकरण और जानकारी का विश्लेषण।

सैंपल साइज़:प्रति केंद्र 10रोगी प्रति / रसौषधि %25 । प्रत्येक संस्थान में(मिनरल मेडिसिन-हर्बो) ड्रॉपआउट सहित सभी 11रसौषधि हेतु कुल 110रोगी 11) औषधियों के लिए सभी 1980 संस्थानों के लिए कुल 18रोगी / संस्थानों 18 ।(रोगियों को प्रत्येक 180 केंद्रों में ऐसे कुलऔषधि हेतु नामांकित किया जाएगा।

अध्ययन अवधि: 1 वर्ष
वर्तमान स्थिति: पूर्ण हो चुका है|

क्रमसं.	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
1.	सीएआरआई, नई दिल्ली	110	105	05	00

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ख 8.) **भगंदर में मानवनिर्मित और स्वचालित मशीन द्वारा निर्मित कक्षारसूत्र का नैदानिक मूल्यांकन करने हेतु रेंड़ोमाइज्ड डबल ब्लाइंड परीक्षण**

प्राथमिक उद्देश्य**:**

- फिस्टुला|इन-एनो (भगंदर) के रोग पैट्रन का अध्ययन-
- फिस्टुलाइन-एनो (मानवनिर्मित क्षारसूत्र और स्व-चालित मशीनपर क्षारसूत्र के दो विभिन्न प्रकारों (|की नैदानिक प्रभावकारिता का मूल्यांकन
- एकसाथ चिकित्सा के साथ कंप्लीट कट थ्रू ऑफ़ द ट्रेक्ट प्राप्त करना|

गौण उद्देश्य:

- **क्षारसूत्र चिकित्सा की नैदानिक सुरक्षा**

सैम्पल साइज:100

अध्ययन अवधि :1 **वर्ष**

वर्तमान स्थिति:

क्रमसं.	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
1	सीएआरआई, नई दिल्ली	40	19	01	20

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ख 9.) **नॉन'–एल्कोहोलिक फैटी लीवर रोग (एनएएफएलडी) के प्रबंधन में आरोग्यवर्धिनी वटी और पिप्पल्याद्यसव की नैदानिक प्रभावकारिता और सुरक्षा – ए रेंड़ोमाइज्ड ओपन लेवल प्रोस्पेक्टिव नैदानिक परीक्षण"**

अन्वेषक : डॉ. सीमाजैन,अनु.अधि. (आयु.)

प्राथमिक **उद्देश्य** :नॉन-एल्कोहोलिक फैटी लीवर रोग (एनएएफएलडी) के प्रबंधन में *आरोग्यवर्धिनी वटी और पिप्पल्याद्यसव* की नैदानिक प्रभावकारिता का मूल्यांकन

गौण उद्देश्यः नॉन-एल्कोहोलिक फैटी लीवर रोग (एनएएफएलडी) के प्रबंधन *में आरोग्यवर्धिनी वटी और पिप्पल्याद्यसव* की नैदानिक सुरक्षा का मूल्यांकन

अध्ययन अवधि : 2वर्ष

सैम्पल साइज : 90 (समूह क में 30 और समूह ख में 60)

वर्तमान स्थिति :

क्रम संख्या	भाग लेने वाले केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलों की संख्या	ड्राप आउट की संख्या	जारी मामलों की संख्या
1	सीएआरआई, नई दिल्ली	16	-	-	16

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ग. वार्षिक कार्य योजना परियोजना

ग 1. पीनस (क्रोनिक राइनोसाइटिस) की चिकित्सा में *षडबिंदु तैल नस्य* एवं *चित्रक हरीतकी*का नैदानिक मूल्यांकन

मुख्य अन्वेषक के साथ भाग लेने वाले केंद्रः

क्रम सं.	**भाग लेने वाले केंद्र**	**मुख्य अन्वेषक**
1.	सीएआरआई, नई दिल्ली	डॉश्वेता माटा .
2.	एनआईएपीआर, पटियाला	डॉहरबंस सिंह .

उद्देश्यः

- **प्राथमिक उद्देश्य :**
  पीनसकी चिकित्सा में *षडबिंदु तैल नस्य*एवं *चित्रक हरीतकी* की नैदानिक प्रभावकारिता को मान्य करना

- **गौण उदेश्य**:
  पीनसकी चिकित्सा में *षडबिंदु तैल नस्य* एवं *चित्रक हरीतकी* की नैदानिक सुरक्षा कामूल्यांकन

स्टडी डिज़ाइन : ओपन लेबल

सैंपल साइज़ : 60
वर्तमान स्थिति : **अध्ययन पूर्ण हुआ**

क्रम सं.	**भागलेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्णमामलोंकीसंख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
1.	सीएआरआई, नई दिल्ली	60	55	05	00
2.	सीएआरआईआरडी, पटियाला	60	60	00	00
	कुल	120	115	05	00

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ग.2."अर्धावभेदक (माइग्रेन) के प्रबंधन में पथ्यादि क्वाथ और अणु तैल नस्य का चिकित्सात्मक प्रभाव का मूल्यांकन |"

अन्वेषक : डॉ किशोर पटेल, अनु. अधि. (आयु.)

सह अन्वेषक : डॉ. नीरा चौधरी, प्रोफ़ेसर और विभागाध्यक्ष,न्यूरोलोजी विभाग,सफदरजंग अस्पताल,नई दिल्ली
डॉ. श्वेता माटा, अनु. अधि. (आयु.)

प्राथमिक उद्देश्यः अर्धावभेदक (माइग्रेन) से पीड़ित रोगियों में पथ्यादि क्वाथ और अणु तैल नस्य कीनैदानिक प्रभावकारिता का आकलन करना।

गौण उद्देश्य– अर्धावभेदक (माइग्रेन) से पीड़ित रोगियों में पथ्यादि क्वाथ और अणु तैल नस्य की सुरक्षा का आकलन करना।

सैंपल साइज़ : 60)120 प्रति केंद्र(
अध्ययन काल : 24 माह (2 वर्ष)
वर्तमान स्थिति :

क्रम संख्या	**भाग लेने वाले केंद्र**	**नामांकित रोगियों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्राप आउट की संख्या**	**जारी मामलों की संख्या**
3.	सीएआरआई, नई दिल्ली	60	39	04	17

4.	सीएआरआई,बेंगलुरु	51	28	10	13
	कुल	111	67	14	30

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ग.3. जराजन्य दृष्टिगत रोग में त्रिफला घृत एवं अणु तैल की चिकित्सीय सुरक्षा और प्रभावकारिता का मूल्यांकन।

मुख्य अन्वेषक - डॉ. नंदिनीजाधव, अनु. अधि. (आयु.)

सहअन्वेषक - डॉ. अर्चना, अनु. अधि. (आयु.)

<u>उद्देश्य:</u>

प्राथमिक उद्देश्यः

जराजन्य दृष्टिगत रोग की चिकित्सा में त्रिफलाघृत एवं अणुतैल की नैदानिक प्रभावकारिता पर प्रारम्भिक डेटा प्राप्त करना |

गौण उद्देश्यः

जराजन्य दृष्टिगत रोग की चिकित्सा में त्रिफलाघृत एवं अणुतैल की नैदानिक सुरक्षा का मूल्यांकन करना|

सैम्पल साइज : 40
वर्तमानस्थिति : केंद्र वार- सीएआरआई, नई दिल्ली।

क्रमसंख्या	भाग लेने वाला केंद्र	नामांकित रोगियों की संख्या	पूर्ण मामलो की संख्या	ड्राप आउट की संख्या	जारी मामलो की संख्या
1	सीएआरआई, नई दिल्ली	4	0	3	1

<u>घ.) बाह्य गतिविधियां</u>

1.) एससीएसपी के अंतर्गत आयुर्वेद चल स्वास्थ्य देखभाल कार्यक्रम (एएमएचसीपी) -

2021 -22 में, अनुसूचित जाति उप योजना (एससीएसपी) के अंतर्गत कुल 05 परियोजना की गईं| सभी 5 परियोजनाओं ने निर्धारित समय में सफलतापूर्वक लक्ष्य प्राप्त किया है|

परियोजना प्रभारी : : डॉ. सीमा जैन

परियोजना सह प्रभारी : डॉ. शैज़ी लइक

घ 1.) भारत के चयनित राज्यों में अनुसूचित जाति की आबादी के बीच जनसांख्यिकी, स्वास्थ्य की स्थिति और गैर संचारी रोगों की प्रोफाइलिंग- एक वर्णनात्मक, क्रॉस सेक्शनल महामारी विज्ञान अध्ययन

प्राथमिक उद्देश्य:भारत के चयनित राज्यों में अनुसूचित जाति की आबादी में स्वास्थ्य की स्थिति और उच्चरक्तचाप, मधुमेह, अस्थमा/सीओपीडी, ओस्टियोअर्थराइटिस जैसे गैर संचारी रोगों की प्रोफाइलिंग

गौण उद्देश्य: चयनित राज्यों में अनुसूचित जाति आबादी की जनसांख्यिकीय प्रोफाइलिंग

भारत के चयनित राज्यों में अनुसूचित जाति की आबादी में एनसीडी के जोखिम कारकों की प्रोगाइलिंग।

सैंपल साइज : लक्षित आबादी - 5800
लक्षित गाँव - 5-10
लक्षित दौरे - 180

वर्तमान स्थिति: **अध्ययन पूर्ण हो चुका है|** (**अगस्त** 2021 – **मार्च** 2022)

घ 2.) "भारत में अनुसूचित जाति की आबादी में स्वास्थ्य से संबंधित जीवन की गुणवत्ता पर आयुर्वेद आधारित आहार और जीवन शैली की प्रभावकारिता- एक समुदाय आधारित, क्लस्टर रेंडोमाइज्ड नियंत्रित अध्ययन"

प्राथमिक उद्देश्य:

i. भारत में अनुसूचित जाति की आबादी में जीवन की गुणवत्ता पर आयुर्वेद आधारित आहार और जीवन शैली की प्रभावकारिता का आकलन करना|

गौण उद्देश्य:

i. आयुर्वेदिक स्वास्थ्य मूल्यांकन मापदंडों पर आयुर्वेदिक आहार और जीवन शैली की प्रभावकारिता का आकलन करना।

ii. अनुसूचित जाति की आबादी के बीच आयुर्वेदिक आहार और जीवनशैली की स्वीकार्यता और अनुपालन का मूल्यांकन करना|

सैंपल साइज : 70

वर्तमान स्थिति : **अध्ययन पूर्ण हो चुका है|**

परियोजना की केंद्र वार स्थिति

क्र.सं.	**भाग लेने वाला केंद्र**	**नामित मामलों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्रॉप आउट्स मामलों की संख्या**	**जारी मामलों की संख्या**
1.	सीएआरआई, नई दिल्ली	70	70	00	अध्ययन पूर्ण हो चुका है|

घ 3.) **"पांडू में *पुनर्नवादी मंडूर* का मूल्यांकन करने हेतु एक संभावित समुदाय आधारित अध्ययन"**

<u>प्राथमिक उद्देश्य</u>:

i. पांडू में आयुर्वेदिक औषधयोग 'पुनर्नवादी मंडूर' की भूमिका की जांच करना|

<u>गौण उद्देश्य</u>:

i. रोग विशिष्ट लक्षणों में प्रभाव का आकलन|
ii. आयुर्वेदिक औषधयोग *'पुनर्नवादी मंडूर'* की सहनशीलता का मूल्यांकन|

सैंपल साइज : 50

वर्तमान स्थिति : **अध्ययन पूर्ण हो चुका है|**

परियोजना की केंद्र वार स्थिति

क्र.सं.	**भाग लेने वाला केंद्र**	**नामित मामलों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्रॉप आउट्स मामलों की संख्या**	**जारी मामलों की संख्या**
1	सीएआरआई, नई दिल्ली	50	45	05	अध्ययन पूर्ण हो

.					चुका है|

घ 4.) **"वृद्धावस्था आबादी में जीवन गुणवत्ता पर अश्वगंधा की प्रभावकारिता का नैदानिक मूल्यांकन - प्रोस्पेक्टिव डबल ब्लाइंड' प्लेसेबो नियंत्रित अध्ययन"**

<u>प्राथमिक उद्देश्य</u>: वृद्धावस्था आबादी में जीवन गुणवत्ता (क्यूओएल) पर अश्वगंधा की प्रभावकारिता का मूल्यांकन करना|

सैंपल साइज : 120 (प्रत्येक समूह में 60)

कुल अध्ययन अवधि: 5 माह

वर्तमान स्थिति : **अध्ययन पूर्ण हो चुका है|**

परियोजना की केंद्र वार स्थिति

क्र.सं.	**भाग लेने वाला केंद्र**	**नामित मामलों की संख्या**	**पूर्ण मामलों की संख्या**	**ड्रॉप आउट्स मामलों की संख्या**	**जारी मामलों की संख्या**
	सीएआरआई, नई दिल्ली	120	115	05	अध्ययन पूर्ण हो चुका है|

घ 5.) **"कोविड-19 में आयुरक्षा किट के प्रभाव का आकलन करने के लिए एक रोगनिरोधी समुदाय आधारित अध्ययन"**

<u>प्राथमिक उद्देश्य</u>: भारत में अनुसूचित जाति के प्रमुख क्षेत्रों / गांवों में कोविड-19 जैसे लक्षणों की घटनाओं को रोकने में आयुरक्षा किट की प्रभावकारिता का आकलन करना।

<u>गौण उद्देश्य</u>:

- अध्ययन आबादी से रेंडोमाइज्ड रूप से चुनी गई आबादी के एक सबसेट में आरटी-पीसीआर पुष्ट कोविड-19 मामलों की घटनाओं को रोकने में आयुरक्षा किट की प्रभावकारिता का आकलन करना|

- अध्ययन जनसंख्या से रेंडोमाइज्ड रूप से चुनी गई जनसंख्या के एक उपसमूह के रुधिर विज्ञान और जैव रासायनिक मापदंडों पर आयुरक्षा किट के प्रभाव का आकलन करना|

- अध्ययन अवधि के दौरान विकसित होने पर ऊपरी श्वसन लक्षणों की गंभीरता पर आयुरक्षा किट के प्रभाव का आकलन करना|
- अध्ययन अवधि के दौरान आरटी-पीसीआर द्वारा पता लगाए गए कोविड-19 जैसे लक्षण या कोविड-19 रोग वाले प्रतिभागियों के नैदानिक परिणामों पर आयुरक्षा किट के प्रभाव का आकलन करना।

- अध्ययन आबादी के बीच कोविड-19 जोखिम के प्रभाव के रूप में मनोवैज्ञानिक संकट पर आयुरक्षा किट के प्रभाव का आकलन करना|

- दोनों समूहों के बीच गंभीर प्रतिकूल घटनाओं की तुलना करना|

सैंपल साइज : 693

वर्तमान स्थिति: अध्ययन पूर्ण हो चुका है|

परियोजना की केंद्र वार स्थिति

क्र.सं.	भाग लेने वाला केंद्र	नामित मामलों की संख्या	पूर्ण मामलों की संख्या	ड्रॉप आउट्स मामलों की संख्या	जारी मामलों की संख्या
4.	सीएआरआई, नई दिल्ली	693	693	00	अध्ययन पूर्ण हो चुका है|

[3] एएसयू और एच औषधियों हेतु फ़ार्माकोविजिलेंस

परियोजना के आरंभ होने की तिथि : 24 अगस्त 2018

आयुष मंत्रालय ने आयुर्वेद, सिद्ध, यूनानी और होम्योपैथी (एएसयू एंड एच) औषधियों के फार्माकोविजिलेंस को बढ़ावा देने के लिए नई केंद्रीय क्षेत्र योजना शुरू की है। योजना का मुख्य उद्देश्य प्रतिकूल प्रभावों के दस्तावेजीकरण की संस्कृति को विकसित करना और आयुर्वेद, सिद्ध, यूनानी और होम्योपैथी औषधियों की सुरक्षा निगरानी और मुद्रण और इलेक्ट्रॉनिक मीडिया में आने वाले भ्रामक विज्ञापनों की निगरानी करना है।

केन्द्रीय आयुर्वेद हृदयरोग अनुसंधान संस्थान, नई दिल्ली (सीसीआरएएस के अंतर्गत) को पेरिफेरल फार्माकोविजिलेंस सेंटर (पीपीवीसीसी) में से एक के रूप में पहचाना गया है। अप्रैल 2021 से मार्च 2022 तक कुल 352 भ्रामक विज्ञापनों का पता चला है और उन्हें इंटरमीडियरी फार्माकोविजिलेंस सेंटर्स (आईपीवीसीसी) ,जयपुर को भेजा गया है। ।

2021-22 में रिपोर्ट किए गए भ्रामक विज्ञापन और एडीआर

माह	**भ्रामक विज्ञापन की स्थिति (पता लगे हुए)**	**संभावित एडवर्स ड्रग रिएक्शन**
अप्रैल 2021	56	0
माई 2021	41	0
जून 2021	34	0
जुलाई 2021	26	0
अगस्त 2021	26	0
सितंबर 2021	30	0
अक्टूबर 2021	30	0
नवंबर2021	23	0
दिसंबर 2021	26	0
जनवरी 2022	17	0
फरवरी 2022	20	0
मार्च 2022	23	0
कुल	**352**	**0**

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अंतरंग विभाग:

रिपोर्टिंग वर्ष 2021-22 में अंतरंग विभाग में कुल 245मरीज भर्ती हुए, जिसमें कुल 126 पुरुष और 119महिलाएं हैं। रिपोर्टिंग वर्ष के दौरान 245 रोगियों को डिस्चार्ज किया गया जिसमें से 127 पुरुष तथा 118 महिलाएं थीं। अंतरंग विभाग में बेड ऑक्यूपेंसी का प्रतिशत 60.91% (1 अप्रैल 2021 से 28 फरवरी 2022) तथा56.04% (1 मार्चसे 31 मार्च 2022) है।

बहिरंग विभाग

सीएआरआई, पंजाबी बाग, नई दिल्ली

सीएआरआई, नई दिल्ली रोगियों को प्रातः (प्रातः9:30से दोपहर 1बजे तक) ओपीडी की सुविधा प्रदान कर रहा है। एनो रेक्टल, प्रिवेंटिव कार्डियोलॉजी क्लिनिक, आर्थराइटिस क्लिनिक, ईएनटी क्लिनिक जैसे विशेष क्लीनिक। नेत्र क्लिनिक, स्त्री रोग क्लीनिक और जरारोग क्लीनिक निर्दिष्ट दिनों में कार्य कर रहे हैं। रिपोर्टिंग वर्ष के दौरान संस्थान ने 46515 रोगियों को ओपीडी सेवाएं और निशुल्क औषधियां प्रदान कीं जिसमें से 24493रोगी पुरुष, 22022महिलाएं थीं। रिपोर्टिंग वर्ष के दौरान कुल 17803नए और 128712 पुराने रोगी ओपीडी में आए। वरिष्ठ नागरिकों और अनुसंधान प्रतिभागियों को पंजीकरण और परामर्श में वरीयता भी प्रदान की गई है।
रिपोर्टिंग अवधि के दौरान 4331रोगियों ने विभिन्न जराचिकित्सा विकार के उपचार का लाभ उठाया गया। अधिकांश रोगी *संधिवात, मधुमेह, वातव्याधि, रक्तगतवात* और दुर्बलता आदि वाले थे।

सीआरयू, सफदरजंग अस्पताल, नई दिल्ली: -

आयुर्वेदिक चिकित्सा केंद्र की स्थापना जनवरी, 1998में की गई थी। आयुर्वेदिक चिकित्सा केंद्र को दो बड़े कमरे उपलब्ध कराए गए हैं। एक कमरे का उपयोग परामर्श के लिए और दूसरा कमरे का पंजीकरण, स्टोर और औषधियों के वितरण के लिए किया जाता है।

रिपोर्टिंग अवधि के दौरान कुल 19634 रोगी ओ.पी.डी. में आए जिसमें से 11371 रोगी पुरुष और 8263 रोगी महिलाएं थीं। ओपीडी में सामान्यतः *वातव्याधि, संधिवात, आमवात, मधुमेह, अर्श और त्वक रोग* आदि के रोगी आए थे ।

आयुर्वेदिक उपचार केंद्र, लेडी हार्डिंग मेडिकल कॉलेज एंड हॉस्पिटल, नई दिल्ली:

लेडी हार्डिंग मेडिकल कॉलेज में आयुर्वेदिक उपचार केंद्र 19सितंबर, 2009को स्थापित किया गया था। रिपोर्टिंग वर्ष के दौरान कुल 4823 रोगी ओपीडी में आए जिनमें से 2844 रोगी पुरुष और 1979 रोगी महिलाएं थीं। यह देखा गया कि ओ.पी.डी. में आने वाले अधिकांश रोगी *संधिवात, ज्वर, प्रतिश्याय, दौर्बल्यं, मधुमेह, श्वेत प्रदर और कंडू* के थे। लेडी हार्डिंग मेडिकल कॉलेज और अस्पताल के सक्षम अधिकारी ने एलएचएमसी, नई दिल्ली की प्रयोगशाला में विभिन्न प्रयोगशाला जांच और अन्य विशिष्ट जांच करने की अनुमति दी।

आयुर्वेदिक चिकित्सा केंद्र, पीजीआईएमईआर, डॉ. राम मनोहर लोहिया अस्पताल, नई दिल्ली:

पीजीआईएमईआर-डॉ राम मनोहर लोहिया अस्पताल में आयुर्वेदिक उपचार केंद्र 14जनवरी, 2016से कार्यात्मक है। रिपोर्टिंग वर्ष के दौरान कुल 5654 रोगी ओपीडी में आए जिसमें से 3370 रोगी पुरुष और 2284 महिलाएं थीं। यह देखा गया कि ओपीडी में आने वाले अधिकांश रोगी *संधिवात, आधमान, अम्लपित्त, मनोवाह्स्रोत विकार, प्रमेह आदि* से पीड़ित थे।

आयुष वेलनेस क्लिनिक, राष्ट्रपति भवन

सीएआरआई, नयी दिल्ली के अंतर्गत राष्ट्रपति भवनमें आयुष वेलनेस क्लिनिक जुलाई, 2015 से शुरू किया गया था। यह केंद्र रोगियों को पंचकर्म चिकित्सा के साथ-साथ ओपीडी सेवाएं प्रदान कर रहा है। रिपोर्टिंग वर्ष के दौरान कुल 2438 रोगियों का उपचार किया गया, जिनमें से 1596 पुरुष रोगी थे और 842 महिला रोगी थीं।

आयुर्वेद इकाई: एफएपी- सुप्रीम कोर्ट, नई दिल्ली

भारत के सर्वोच्च न्यायालय में आयुर्वेद इकाई एफएपी 2008 से सुप्रीम कोर्ट परिसर में कार्य कर रही है। यह इकाई भारत के सर्वोच्च न्यायालय में माननीय न्यायाधीशों और रजिस्ट्री को सेवाएं प्रदान कर रही है। वर्तमान में एक वरिष्ठ चिकित्सक, एक फार्मासिस्ट और एक फार्मेसी परिचारक इस इकाई में अपनी सेवाएं दे रहे हैं। वर्तमान रिपोर्टिंग अवधि के दौरान एफएपी सुप्रीम कोर्ट में कुल 5093रोगियों का उपचार किया गया, जिनमें से 3312 पुरुष थे और 1781महिला रोगी थीं।

अनुभागानुसार गतिविधियां

पंचकर्म विभागः-

इस संस्थान में पंचकर्म विभाग फ़रवरी 1981 से कार्यरत है जो रोगियों को आवश्यकतानुसार विविध पद्धतियों से चिकित्सा उपलब्ध कराता है जैसे वमन, विरेचन, अनुवासन बस्ति, आस्थापन बस्ति और नस्य आदि| इसके अतिरिक्त केरल की कुछ अन्य परं परागत चिकित्सा पद्धतियों का इस एकक में सफलतापूर्वक प्रयोग किया जाता है। इनमें षष्टिकशाली पिंडस्वेद, पत्रपिंडस्वेद, स्नेहधारा, शिरोधारा, शिरोबस्ति , कटिबस्ति , जानुबस्ति भी सम्मिलित है।

यह बहुत सी स्वास्थ्य समस्याओं जैसे पक्षवध, पंगु, गृध्रसी, आमवात, संधिवात, स्थौल्य, ग्रीवास्तम्भ, कटिशूल, कटिग्रह, जीर्णप्रतिश्याय ,अर्दित ,अर्धावभेदक आदि की रोकथाम करने व इन्हें नियंत्रित करने में बहुत सुरक्षित व प्रभावी तरीके से काम करता है।

प्रतिवेदन अवधि में पंचकर्म अनुभाग में 257 रोगियों की चिकित्सा की गई। पंचकर्म विभाग में आईपीडी रोगियों हेतु विशिष्ट पद्धतियों की कुल 5949 सिटिंग्स की गई जिनमें से 1558 अभ्यंग, 155नाड़ीस्वेद,195नस्य, 419कटिबस्ति, 313पत्रपिंडस्वेद, 545मात्राबस्ति, 147बस्ति आदि किये गए। ये सब रोगियों को बेहतर चिकित्सा परिणाम उपलब्ध कराने के उद्देश्य से की गई।

क्षारसूत्र अनुभाग:-

वर्तमान रिपोर्ट वर्ष में क्षारसूत्र अनुभाग में कुल 4331 रोगी आए जिनमें से 1210 रोगी अर्श के, 1394 रोगी भगन्दर के, 1247 रोगी परिकर्तिका के, 68 रोगी नाड़ीवर्ण के तथा 412 रोगी गुदपाक के थे।

जलौका चिकित्सा क्लीनिक:-

त्वकरोग, शिरोशोथ, श्लीपद, श्वित्र जैसे विभिन्न रोगों की चिकित्सा के लिए एक जलौका चिकित्सा क्लीनिक चलाया जा रहा है। रिपोर्टिंग अवधि में 82 रोगियों की जलौका चिकित्सा से सफलतापूर्वक चिकित्सा की गई जिनमें से 02 कुष्ठ, 78 रोगी सिराजाल के थे। कुल 81 रोगी पुरूष थे और 01 महिला रोगी थी।

फिजियोथेरेपी अनुभाग/भौतिक चिकित्सा:-

फिजियोथेरेपी अनुभाग की स्थापना 1999में की गई। संस्थान की अपेक्षाओं और आवश्यकता के अनुसार अनुभाग में सभी आधुनिक उपकरणों की व्यवस्था की गई है।

अंतरंग एवं बहिरंग दोनों विभागों के रोगियों की प्रतिदिन निम्न रोगावस्थाओं के लिए चिकित्सा प्रदान की जाती है जैसे ऑस्टियोआर्थराइटिस, रुमेटोईड अर्थराइटिस, एढेसिव केप्सुलिटिस,सर्विकल और लम्बरस्पोंडीलोसिस, एंकिलॉज़िंग स्पॉन्डिलाइटिस,प्रोलैप्सड इंटरवर्टेब्रल डिस्क, पोलियो पश्चात अवशिष्ट पक्षाघात, न्यूरोलोजिकल स्थितियां जैसे स्ट्रोक, क्वाड्रिपल्जिया, सेरेब्रल पाल्सी, पार्किंसंस रोग,पेरिफेरल नर्व इंजरीज़, मस्कुलर डाईस्ट्रोफीज़, बेल्स पाल्सी, मोटर न्यूरोन डिजीज़, खेल की चोटें जैसे टेनिस एल्बो, रोटेटर कफ टीयर, मेनिस्कल टीयर और सामान्य स्थिति जैसे मोटापा, वैरिकॉज़ वेंस, पेरिफेरल वस्कुलर विकार आदि। रिपोर्टिंग अवधि के दौरान कुल1282 रोगियों का उपचार किया गया जिसमें से 684 पुरुष और 598 महिला रोगी थे|

शालाक्य अनुभाग

नेत्र ओपीडी

नेत्र ओपीडी 18 फरवरी, 2017 से ओपीडी और आईपीडी के आधार पर नेत्र रोगियों को कुशलतापूर्वक सेवाएं प्रदान कर रहा है। वर्तमान सुविधा के भीतर चयनित रोगियों क्रियाकल्प भी कर रहे हैं। रिपोर्टिंग अवधि (2021-22) के दौरान 2212 ओपीडी रोगी थे जिनमें से 1239 मरीज पुरुष और 973 महिला रोगी थे। आमतौर पर तिमिर, अभिष्यंद, काच, शुष्काक्षिपाक, अधिमंथ, लिंगनाश, नेत्रस्राव, एआरएमडी, रेटिनाइटिसपिगमेंटोसा, ऑप्टिकएट्रोफी, डायबिटिकरेटिनोपैथी, कंप्यूटरदृष्टिसिंड्रोम, कलरब्लाइंडनेस इत्यादि के रोगी थे।

ईएनटी ओपीडी

ईएनटी ओपीडी में विभिन्न रोगस्थितियों जैसेकि प्रतिश्याय/ पीनस, बाधिर्य,अर्धवभेदक, कर्णशूल, कर्णनाद आदि के रोगियों का उपचार करता है। रिपोर्टिंग अवधि के दौरान कुल194 रोगी क्लीनिक आये, जिनका विभिन्न रोगावस्थाओं में सफल उपचार किया गया। इनमें से 20 रोगी कास, 84 रोगी प्रतिश्याय, 65रोगीबाधिर्य, 10 रोगी कर्णशूल आदि के थे। कुल115 रोगी पुरुष थे और 79 रोगी महिला थीं।

रिपोर्टिंग अवधि में 555 रोगियों का नस्य, 343 रोगियों का तर्पण, 215 रोगियों का बिड़ालक, 63 रोगियों की नेत्र धारा तथा 22 रोगियों का शिरोपिचु आदि क्रियाकल्पों द्वारा चिकित्सा की गयी।

आर्थराइटिस क्लिनिक

रिपोर्टिंग अवधि के दौरान 811 रोगी आर्थराइटिस क्लिनिक में आए जिसमें से 421 रोगी संधिवात,127 रोगी आमवात, 73 रोगी वातव्याधि और 40 गृध्रसी के थे।

बालरोग:-

रिपोर्टिंग अवधि के दौरान विभिन्न बाल विकारों जैसे वातव्याधि, शूल, कृमि, पीड़िका आदि हेतु 34 बच्चों (18 पुरुष, 16 महिला) का ओपीडी में उपचार किया गया|

<u>प्रेस क्लब ऑफ इंडिया परामर्श</u>

आयुष मंत्रालय द्वारा प्राप्त निर्देश के अनुसार, डॉ.साक्षी शर्मा, अनुसंधान अधिकारी (आयु)को सीसीआरएएस, मुख्यालय के माध्यम से सप्ताह में एकबार (शनिवार) को "प्रेस क्लब ऑफ इंडिया" का दौरा करने के लिए नोडल अधिकारी के रूप में नामित किया गया है। यह दौरा विशेष रूप से आयुष 64-की प्रभावकारिता के बारे में प्रश्नों का समाधान करने के साथ-साथ कोविड 19- मामूली लक्षणों में रोगनिरोधी औषधि के रूप मे इसका वितरण करने के लिए था। इसे प्रेसक्लब के सदस्यों और उनके परिवार के सदस्यों को आवश्यकता के अनुसार औषधि के नि:शुल्क वितरण के साथ सामान्य परामर्श के लिए आगे बढ़ाया गया। यह काउन्सलिंग औरपरामर्श जून 2021 में शुरू की गई थी और सीसीआरएएस मुख्यालय द्वारा प्राप्त अनुमति के अनुसार इसे 31 मार्च 2022 तक बढ़ा दिया गया था। उद्देश्य के अनुसार, डॉ .साक्षी शर्मा ने पत्रकारों के साथ से बात चीत की और आयुर्वेदिक उपचार की प्रभावकारिता और महामारी में रोग प्रतिरोधक क्षमता को बढ़ाने के रूप में इसकी भूमिका के बारे मेंउनके प्रश्नों काउत्तर दिया। प्रेसक्लब के सदस्यों ने रोग निरोधी उपचार के साथ-साथ विभिन्न रोगावास्थाओं के लिए प्रति विज़िट औसतन 20 से 25 रोगियों ने आयुर्वेदिक परामर्श भी लिया।

पुस्तकालय

संस्थान के पुस्तकालय खंड में हिंदी और अंग्रेजी में 2210 पुस्तकें हैं। पुस्तकालय सुबह 9:30 से शाम 4:30 तक पाठकों के लिए खुला रहता है।

नैदानिक प्रयोगशालाः–

प्रयोगशाला अनुभाग ओपीडी, आईपीडी सामान्य रोगियों और अनुसंधान विषयों को सेवाएं प्रदान करता है। रिपोर्टिंग वर्ष के दौरान कुल 13625 जांच की गई।

जैव रासायनिक जांच

ब्लड शुगर, लिपिड प्रोफाइल, रीनल फंक्शन टेस्ट और लिवर फंक्शन टेस्ट सहित रूटीन बायोकेमिकल जांच संस्थान के बायोकेमिस्ट्री सेक्शन में की जाती है। वर्ष 2021-22 के दौरान कुल 9124 जांच की गई।

पैथोलॉजिकल जांच

रक्त, मूत्र और मल की नियमित पैथोलॉजिकल जांच की गई। इसके अतिरिक्त प्रयोगशाला में आरए फैक्टर, वीडीआरएल, स्पटम और वीर्य विश्लेषण किया गया। वर्ष 2021-22 के दौरान कुल 4501 जांच की गई।

भैषज अनुभाग

वर्तमान में सीएआरआई फार्मेसी, लेडी हार्डिंग, डॉ। आरएमएल अस्पताल, सुप्रीम कोर्ट, सफदरजंग अस्पताल और राष्ट्रपति एस्टेट आयुर्वेद उपचार केंद्र के रूप में संस्थान से जुड़ी सभी परिधीय इकाइयों के साथ-साथ ओपीडी और आईपीआई के आईपीडी के लिए दवा के वितरण के साथ-साथ खरीद का समन्वय कर रही है। । फार्मेसी नैदानिक परियोजनाओं के लिए दवाओं की मांग और आपूर्ति में भी संतुलन रखती है। इस चालू वर्ष में फार्मेसी ने मांग को पूरा करने के लिए Rs.1,05,21,985/ - मूल्य की दवाएं खरीदी हैं।

*वर्ष2020-21 के दौरान ओपीडी/आईपीडी के लिए आईएमपीसीएल से औषधियां खरीदने हेतु परिषद मुख्यालय से दिनांक30.03.2020 को आकस्मिक अवकाश के रूप में राशि प्राप्त की|

हिंदी अनुभाग

हिंदी अनुभाग *राजभाषा नियमों* का पालन करते हुए धारा 3 (3) से संबंधित सभी दस्तावेजों को द्विभाषी में जारी करने, हिंदी में पत्रों का उत्तर देने और वार्षिक लक्ष्य को पूरा करने का निरंतर प्रयास करते हुए अग्रणी भूमिका निभा रहा है| सभी त्रैमासिक प्रगति रिपोर्ट, अर्धवार्षिक प्रगति रिपोर्ट समय पर तैयार की जाती है और राजभाषा विभाग और *नराकास (नगर राजभाषा कार्यान्वयन समिति)* को ईमेल तथा ऑनलाइन के माध्यम से भेजी जाती है। प्रत्येक विभाग में हिंदी में आधिकारिक और तकनीकी कार्यों का निरीक्षण करने के लिए प्रत्येक तिमाही में *विभागीय राजभाषा कार्यवयन समिति की बैठक* आयोजित की जा रही है। *हिंदी*

पखवाड़ा का 14 सितंबर से 28 सितंबर, 2021 तक सफलतापूर्वक आयोजन किया गया। इस वर्ष चार "*एक दिवसीय हिंदी कार्यशाला*" का आयोजन किया गया। नगर राजभाषा कार्यान्वयन समिति द्वारा आयोजित अर्धवार्षिक बैठकों में वार्षिक लक्ष्य को प्राप्त करने की दिशा में प्रतिशत बढ़ाने के लिए संस्था की प्रशंसा की गई।

हिन्दी कार्यशाला 1. 29/03/2021 2. 24/06/2021 3. 28/09/2021 4. 23.12.2021

औषधीय पादप उद्यान

संस्थान औषधीय पादप उद्यान का रख-रखाव औषधीय पादपों के प्रदर्शन के साथ ही पंचकर्म एवं क्षारसूत्र चिकित्सा हेतु औषधियाँ प्रदान करने के उद्देश्य से कर रहा है। पहचान और प्रदर्शन के उद्देश्य से सभी पादपों पर उनके आयुर्वेदिक नाम, वानस्पतिक नाम, फ़ैमिली और मुख्य उपयोग संबंधी विशिष्ट नामपट्टिका अंकित हैं। यह उद्यान पत्र-पोटली तथा अन्य कषाय इत्यादि के लिए कच्ची जड़ी-बूटियाँ प्रदान कर रहा है | मधुयष्टी, नारिकेल, शिग्रु,हरीतकी, अश्वगंधा, गुडूची, ब्राह्मी, इसबगोल, निर्गुण्डी, अग्निमंथ आदि मुख्य प्रजातियों यहाँ उपलब्ध हैं| इस वर्ष रोग-प्रतिरोध क्षमता हेतु आयुर्वेद दिवस उत्सव और पोषण पखवाड़ा के दौरान कई बार औषधीय पादप की प्रदर्शनी का आयोजन किया गया जिसके अंतर्गत औषधीय पादपों के उपयोग से जनमानस को अवगत कराया गया | साथ ही निःशुल्क पादप वितरण भी किया गया| यह उद्यान हमेशा आगंतुकों, छात्रों तथा रोगियों के लिए आकर्षण का केंद्र बना रहता है |

संस्थान द्वारा आयोजित गतिविधियाँ

1. दिनांक 07.04.2021 को विश्व स्वास्थ्य दिवस-2011 के अवसर पर एक निष्पक्ष और स्वस्थ विश्व के निर्माण और कोविड-19 का मुकाबला करने में आयुर्वेद की भूमिका पर वेबिनार का आयोजन किया गया।
2. दिनांक 18.05.2021 को आज़ादी का अमृत महोत्सव थीम पर 'आयुर्वेद के बारे में जागरूकता, प्रचार और वर्तमान कोविड 19 महामारी की स्थिति में इसकी भूमिका' विषय पर एक वेबिनार का आयोजन किया।
3. दिनांक 02.06.2021 को आईडीवाई-2021 समारोह के अंतर्गत योग, दर्शन और अभ्यास पर वेबिनार आयोजित किया गया|
4. दिनांक 08.06.2021 को अंतर्राष्ट्रीय योग दिवस 2021 के एक महीने के उत्सव के भाग के रूप में "सकारात्मक स्वास्थ्य के लिए योग" पर वर्चुअल सम्मेलन का आयोजन किया गया|
5. फार्माकोविजिलेंस पर "एएसयू एंड एच ड्रग्स में फार्माकोविजिलेंस पर जागरूकता कार्यक्रम" नामक राष्ट्रीय वेबिनार का आयोजन किया गया|
6. दिनांक 30.08.2021 को 'आजादी का अमृत महोत्सव' के अंतर्गत संशमनी वटी के वितरण की प्रक्रिया आरंभ की गई|

7. दिनांक 30.08.2021-05.09.2021 तक आजादी का अमृत महोत्सव के अंतर्गत दिशानिर्देशों और आयुष रोगनिरोधी औषधियों (संशमनी वटी) के बड़े पैमाने पर हुए वितरण में भाग लिया|

8. सितंबर, 2021 में आजादी का अमृत महोत्सव के अंतर्गत सीबीपीएसीएस और ए एंड यू तिब्बिया कॉलेज में बीएएमएस छात्रों के लिए "आजादी के बाद आयुर्वेद का उत्थान" पर पोस्टर प्रतियोगिता का आयोजन किया गया|

9. दिनांक 28.09.2021 को 'संघ की राजभाषा नीति एवं उसका कार्यान्वयन' विषय पर हिन्दी कार्यशाला का आयोजन किया गया|

10. दिनांक 16.10.2021 से 31.10.2021 तक स्वच्छता पखवाड़ा-2021 मनाया गया|

11. सतर्कता जागरूकता सप्ताह - 2021

12. दिनांक 02.11.2021 को आयुर्वेद दिवस के अवसर पर आयुर्वेद दिवस/धन्वंतरि जयंती- 2021 का आयोजन किया गया।

13. दिनांक 03.12.2021 को ''पोषण हेतु आयुर्वेद'' के अंतर्गत "जरावस्था के संदर्भ विशेष में आयुषकामिय आहार" नामक विषय पर एक राष्ट्रीय वेबिनार का आयोजन किया गया।

14. दिनांक 08.12.2021 को छठे आयुर्वेद दिवस, आजादी का अमृत महोत्सव समारोह के अंतर्गत सीएआरआई, नई दिल्ली द्वारा एक वेबिनार का आयोजन किया गया जिसमें डॉ. भरत पाधर ने आयुर्वेद के माध्यम से पोषण (क्लिनिक की अवधारणा) पर व्याख्यान दिया|

15. दिनांक 10.12.2021 को छठे आयुर्वेद दिवस समारोह के भाग के रूप में प्रकाश आयुर्वेदिक चिकित्सा विज्ञान और अनुसंधान संस्थान, झज्जर, रबुपुरा रोड, नोएडा में विभिन्न गतिविधियों का आयोजन किया गया।

16. दिनांक 14.12.2021 को छठे आयुर्वेद दिवस, आजादी का अमृत महोत्सव समारोह के अंतर्गत सीएआरआई, नई दिल्ली द्वारा "पोषण के लिए आयुर्वेद" पर एक वेबिनार का आयोजन किया जिसमें वैद्य अर्पण भट्ट ने व्याख्यान दिया|

17. दिनांक 15.12.2021 को भारतीय चिकित्सा प्रणाली संकाय, एसजीटी विश्वविद्यालय, गुरुग्राम में छठे आयुर्वेद दिवस समारोह की गतिविधियों के भाग के रूप में प्रतियोगिताओं का आयोजन किया गया।

18. दिनांक 22.12.2021 को चौधरी ब्रह्म प्रकाश आयुर्वेद चक्र संस्थान, खेड़ा डाबर, नजफगढ़, नई दिल्ली में छठे आयुर्वेद दिवस समारोह के अंतर्गत गतिविधियों का आयोजन किया गया|

19. दिनांक 23.12.2021 को छठे आयुर्वेद दिवस, आजादी का अमृत महोत्सव समारोह के अंतर्गत सीएआरआई, नई दिल्ली द्वारा एक वेबिनार का आयोजन किया गया जिसमें "आयुर्वेद में पोषण की मूल बातें" पर वैद्य भूपेश पटेल और "पोषण और आयुर्वेद" पर डॉ. जी. प्रभाकर राव ने व्याख्यान दिया|

20. दिनांक 30.12.2021 को को छठे आयुर्वेद दिवस समारोह के अंतर्गत सीएआरआई, नई दिल्ली द्वारा वेबिनार का आयोजन किया गया जिसमें "आयुर्वेद में आहार और पोषण की अवधारणा" पर डॉ. जी.एस. तोमर और "ऋतुचर्या के संबंध में पोषण के लिए आयुर्वेद" पर डॉ. नीरू नथानी ने व्याख्यान दिया|

21. दिनांक 14.01.2022 को सीएआरआई, पंजाबी बाग, नई दिल्ली में आजादी का अमृत महोत्सव समारोह के एक अभिन्न अंग के रूप में सूर्यनमस्कार कार्यक्रम किया गया|

22. दिनांक 26.01.2022 को 73वां गणतंत्र दिवस मनाया गया|

23. दिनांक 21-22 फरवरी, 2022 को सीएआरआई, नई दिल्ली द्वारा "राष्ट्रीय आयुष रुग्णता कोड और मानकीकृत शब्दावली इलेक्ट्रॉनिक-पोर्टल (नमस्ते) और क्षमता निर्माण कार्यक्रमों के सतत रखरखाव" नामक विषय पर प्रथम कार्यशाला का आयोजन किया गया।

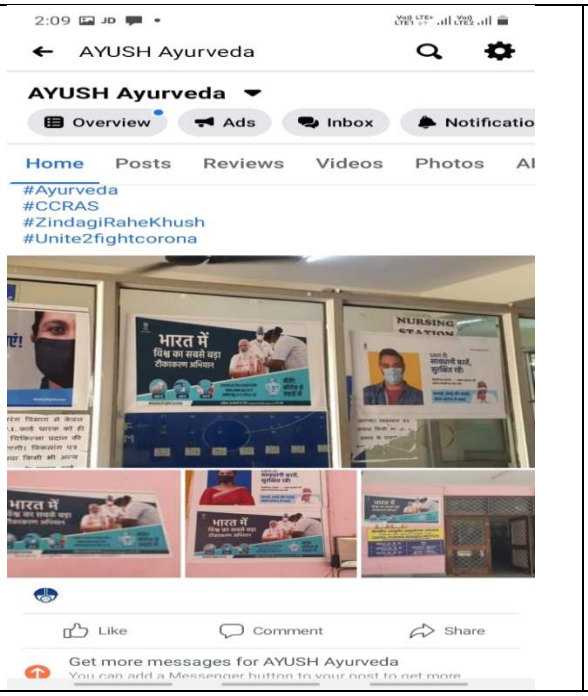
24. दिनांक 26.02.2022 को भारत में विज्ञान और पारंपरिक चिकित्सा पर 75 व्याख्यान के दायरे में "विज्ञान सप्ताह 2022 - विज्ञान सर्वत्र पूज्यते" के आयोजन के भाग के रूप में सीएआरआई, पंजाबी बाग द्वारा "आयुर्वेद के माध्यम से हाइपोथाईरोईडिजम और इसके प्रबंधन को समझने की दिशा में वैज्ञानिक दृष्टिकोण" नामक विषय वेबिनार का आयोजन किया गया जिसमें डॉ. अरुण गुप्ता ने व्याख्यान दिया।

25. दिनांक 29.03.2022 को **अधिवक्ता मीनू अब्रोल**, कानूनी सलाहकार, सीसीआरएएस मुख्यालय द्वारा "कार्यस्थल पर यौन उत्पीड़न और उचित व्यवहार" विषय पर व्याख्यान दिया।

26. दिनांक 29.03.2022 को ***"संघ की राजभाषा नीति एवं उसका कार्यान्वयन"*** नामक विषय पर एक दिवसीय **हिंदी कार्यशाला** का आयोजन किया गया जिसमें **श्री कुमार पाल शर्मा**, उप निदेशक (कार्यान्वयन), राजभाषा विभाग, गृह मंत्रालय, भारत सरकार को अतिथि वक्ता के रूप में आमंत्रित किया गया|

27. दिनांक 01.02.2022, 11.02.2022, 05.03.2022, 14.03.2022 और 23.03.2022 को **आयुष मंत्रालय की पहल परआयुर्वेद औषधियों के माध्यम से कोविड–19 के रोकथाम और प्रबंधन के लिए साक्ष्य आधारित दृष्टिकोण पर 5 वेबिनार की एक श्रृंखला का आयोजन किया गया।**

Pictures





Initiation of distribution of Ayush – 64 to mild to moderate cases of COVID-19 at CARI, New Delhi on 07.05.2021



International Day of Yoga -2021 observance at CARI on 21.06.2021



Ayu Samvad campaign for paramedical staff held at CARI, New Delhi on 22.07.2021



Plantation drive on the occasion of World Nature Conservation Day in association with Climate Foundation of India at CARI, Punjabi Bagh on 28.07.2021



Public lecture on nutrition given by Dr. Bharti, Director (Institute) & Dr. Shweta Chaudhary, R.O. (Ay.)



Prophylactic Medicine distribution by Dr. Bharti, Director (institute) and Dr. Shaizi Layeeq, R.O. (Ay.) on 30.08.2021



Inaugration of Distribution of Prophylactic medicine campaign at CARI, New Delhi on 02.09.2021



Plantation carried out by Dr. Bharti, Director (Institute), Dr. sakshi Sharma , R.O. (Ay.) & Dr. Kishor Patel R.O. (Ay.) Under Poshan Abhiyan on 07.09.2021



Planatation in nearby schools carried out by Dr. Dr. Bharti, Director (Institute) & Dr. Shweta Chaudhary, R.O.(Ay.) with the principal of school under Poshan Maah celebrations on 08.09.2021



Yoga postures performed and taught to the general public by Dr. Bharti, Director (institute) and Dr. Shweta Chaudhary, R.O. (Ay.) under Poshan maah celebrations on 09.09.2021



Nutritional fruits, payasam distribution at Nirmal chhaya complex resident girls by Dr. Bharti, Director (institute & Dr. Shweta Chaudhary, R.O. (AY.) on 25.09.2021



Swachchhata Pakhwada celebrations: on 16.10.2021



Inauguration of 6th Ayurveda Day celebrations at CARI, New Delhi on 18.10.2021



Public lecture given by Dr. Bharti, Director (Institute) to the OPD patients & attendants on the topic *'Benefits of Milk & Curd as food items'* on 21.10.2021- 6th Ayurveda Day celebrations



Inauguration of Vigilance Awareness Week at CARI, New Delhi on 26.10.2021 by Mr. Rajiv Verma, OSD, Central Vigilance Commission. A pledge was taken by all the employees of the institute led by Dr. Bharti, Director, CARI, New Delhi



Essay competition organized in the institute on 28.10.2021under *Vigilance Awareness Week* celebrations on the topic "*Self-reliance with integrity*".



Poster competition on the topic "Ayurveda for Health and Nutrition" for the students of SSD Saraswati Bal Mandir School, Punjabi Bagh on 28.10.2021



A lecture was organized at Sarvodaya Kanya Vidyalaya No. 2, Punjabi Bagh West for the students of Class 9th – 12th under Vigilance Awareness Week celebrations on 30.10.2021



Anaemia screening camp organized at Nangloi J J Colony under SCSP project, on 30.10.2021



Inaugration of 6th Ayurveda Day celebration on the theme of AYURVEDA FOR POSHAN on 02.11.2021 by Hon'ble Member of Parliament Prof. Rakesh Sinhaji.



Dr. Seema Jain, R.O. (Ay) with her team played Nukkad Natak on 02.11.2021with the theme to create awareness about good food habits among the public.



Medicinal plants of nutritional value eg. *Amalaki* &*Shigru* were distributed by Hon'ble Member of Parliament Prof. Rakesh Sinha on 02.11.2021



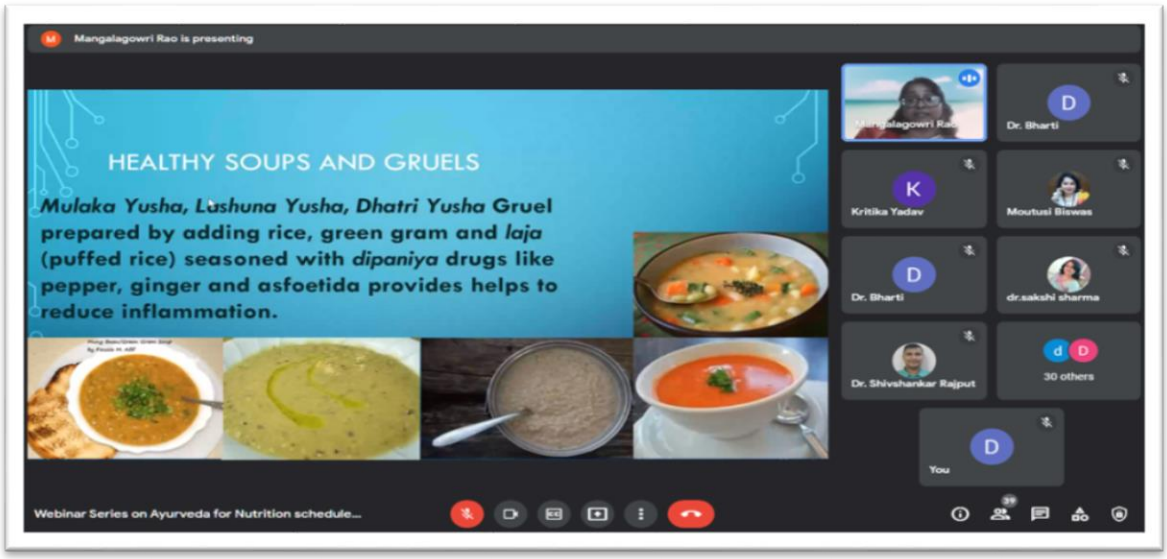
6th Ayurveda Day celebrations- Food festival, coordinated by Dr. Sakshi Sharma, R.O. (Ay)



6th Ayurveda Day celebrations- Ayush Tea



Award given to Dr. Sakshi Sharma, R.O(Ay.) by Vd Rajesh Kotecha, Secretary, MoAyush on Ayurveda Parv



First Webinar organized on Ayurveda for Nutrition under 6th Ayurveda day, Azadi ka Amrit Mahotsava on the topic, 'Jarawastha ke sandarbha vishesh me Ayushkamiya Ahara' by Prof. Mangala Gauri, HOD, Dept. of Swasthvritta, IMS, BHU on 03.12.2021.



Poster competition organized under celebrations of 6th Ayurveda Day Prakash Institute of Ayurvedic Medical Sciences & Research, Jhajhar, UP



Quiz competition organized under celebrations of 6th Ayurveda Day -2021 at Prakash Institute of Ayurvedic Medical Sciences & Research, Jhajhar, UP.



Exhibition organized under celebrations of 6th Ayurveda Day -2021 at Prakash Institute of Ayurvedic Medical Sciences & Research, Jhajhar, UP



Poster competition organized under celebrations of 6th Ayurveda Day -2021 at SGT University, Gurugram on 15.12.2021



Essay writing competition organized under celebrations of 6th Ayurveda Day -2021 at SGT University, Gurugram on 15.12.2021.



Exhibition of medicinal dry herbs organized under celebrations of 6th Ayurveda Day -2021 at SGT University, Gurugram on 15.12.2021



Quiz competition was organized under celebrations of 6th Ayurveda Day -2021 at SGT University, Gurugram on 15.12.2021.



Poster competition organized under*6th Ayurveda Day -2021* on 22.12.2021 under celebration of Azadi ka Amrut Mahotsavaat Chaudhary Brahma Prakash Ayurveda Charak Sansthan (CBPACS), Khera Dabar, Najafgarh, New Delhi.



Essay writing competition, organized under *6th Ayurveda Day -2021* on 22.12.2021 at Chaudhary Brahma Prakash Ayurveda Charak Sansthan (CBPACS), Khera Dabar, Najafgarh, New Delhi.



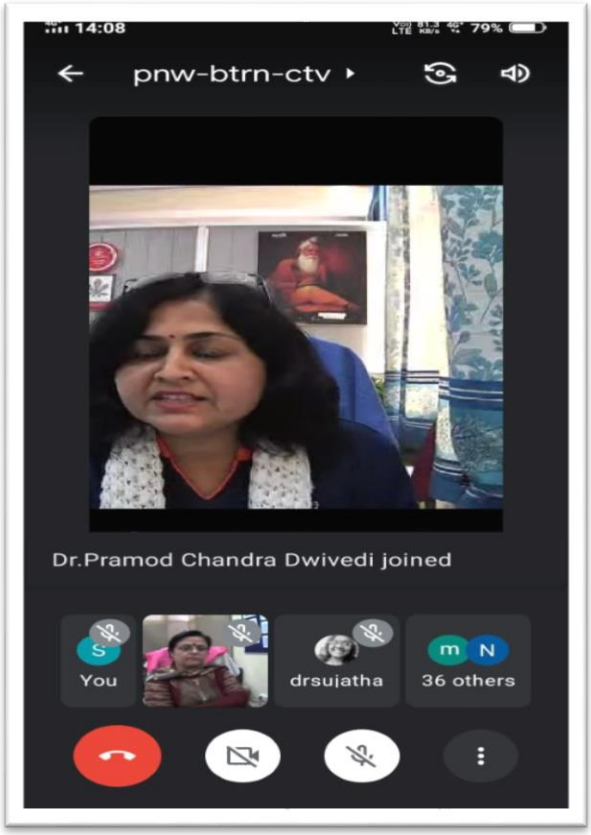
Quiz competition, organized under *6th Ayurveda Day -2021* on 22.12.2021 at Chaudhary Brahma Prakash Ayurveda Charak Sansthan (CBPACS), Khera Dabar, Najafgarh, New Delhi

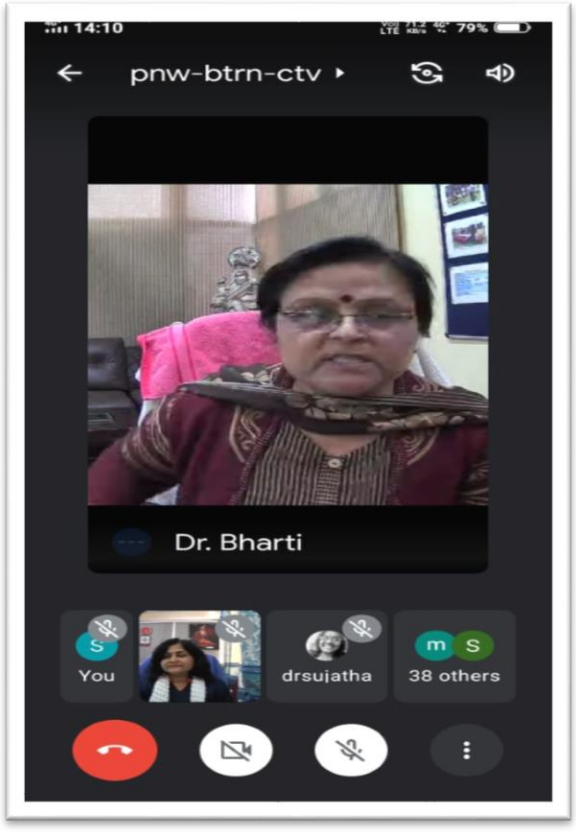


Exhibition, organized under *6th Ayurveda Day -2021* on 22.12.2021 under celebration of Azadi ka Amrut Mahotsavaat Chaudhary Brahma Prakash Ayurveda Charak Sansthan (CBPACS), Khera Dabar, Najafgarh, New Delhi.



Nutrition camp was organized as an outreach activity under SCSP at 5 selected SC dominant areas and fruits were distributed to 1300 population including women and children on 31.12.2021





Hindi workshop conducted on 31.12.2021 at CARI, New Delhi



Suryanamaskar Programme has been celebrated as an integral part of Azadi ka Amrit Mahotsav celebrations at CARI, Punjabi Bagh, New Delhi on 14.01.2022



Inauguration of workshop on "Sustainable Maintenance of National AYUSH Morbidity codes and standardized Terminologies Electronic-Portal (NAMASTE) and Capacity Building Programmes" on 21st& 22nd Feb. 2022 organized by CARI, New Delhi



Certificate distribution to Attendees and the managing staff involved in the Workshop On 'Sustainable Maintenance Of National Ayush Morbidity Codes And Standardized Terminologies Electronic-Portal (Namaste) And Capacity Building Programmes"

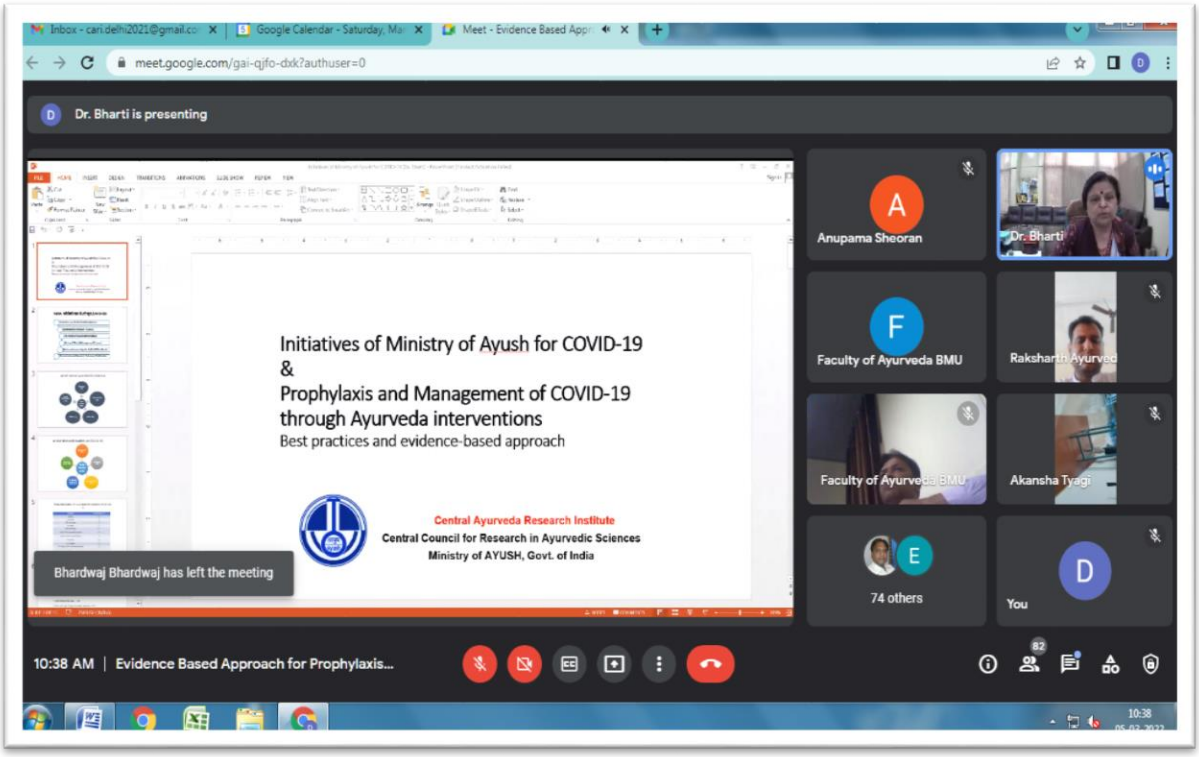




Dr. Kishor Patel, R.O. (Ay.), Dr. Karthika, R.O. (Ay) & Dr. Nandini, R.O. (Ay.) at the Ayush Stall at Trade Fair, Pragati Maidan, New Delhi



Attendees and the managing staff of the Workshop On 'Sustainable Maintenance Of National Ayush Morbidity Codes And Standardized Terminologies Electronic-Portal (Namaste) And Capacity Building Programmes" which was organized by CARI, New Delhi on 21st- 22nd February 2022



Third webinar was organized on “Evidence Based Approach for Prophylaxis & Management of COVID-19 through Ayurveda interventions” on 05.03.2022 with Shri Baba Mastnath Ayurvedic College, Rohtak, Haryana.





Dr. Shaizi Layeeq, R.O. (Ay.) & Dr. Shweta Chaudhary, R.O. (Ay.) attending Ayush Display-AKAM festival and arranged an exhibition under Bharat Bhagya Vidhata Event" in the front lawns of Red Fort, New Delhi from 25th March, 2022 to 27th March, 2022



***Inauguration of* one day Hindi workshop on the Subject *"Sangha Ki Rajbhasha Niti And Karyanvan"* invited speaker was Sh. Kumar Pal Sharma Deputy Director implementation of Rajbhasa Vibhag, Ghrih Mantralya**



Adv. Meenu Abrol, Legal Consultant CCRAS HQ Delivering lecture on "Sexual Harassment and appropriate Behavior" at workplace on 29.03.2022