

MoU/Research Collaborations of CARI New Delhi

1.	CARI, New Delhi	AIIMS, New Delhi	Dr. Bharti, Director (Ayu)	Randomized double blind placebo controlled clinical study of Ayurvedic Coded Drug Ayush A in the management of Bronchial Asthama (Tamak Shwasa)- A collaborative study	08.02.2018	07.02.2021	Closed	Collaborative clinical project
2.	CARI, New Delhi	AIIA, New Delhi	Dr. Bharti, Director (Ayu)	Validation and Reliability Testing of Ayurvedic Diagnostic Tools”	29.08.2019	2.08.2022	Closed	Collaborative clinical project
3.	CARI, New Delhi	AIIMS, New Delhi	Dr. Bharti, Director, (Ayu)	“Randomized control study to evaluate the efficacy of Ayush CCT and Rajyoga meditation versus conventional treatment on clinical recovery and post operative outcomes following mitral valve open heart surgery	20.01.2020	19.01.2022	Closed	Collaborative clinical project
4.	CARI, New Delhi	A & U Tibbia College & Hospital	Dr. Bharti, Director (Ayu)	Project MoU-Safety and Efficacy of Ayurveda Intervention AYUSH 64 in mild to moderate COVID 19 infection-A prospective,	28.05.2020	27.11.2020	Closed	Collaborative clinical project

				open label, single arm Clinical Study				
5.	CARI, New Delhi	A & U Tibbia College & Hospital	Dr. Bharti, Director (Ayu)	Project MoU-Evaluation of the efficacy an Ayurvedic Intervention (Chyawanprash) in the prevention of COVID-19 pandemic among Health Care Personnel - A Open Label Single Arm Prospective Study	28.05.2020	27.11.2020	Closed	Collaborative clinical project
6.	CARI, New Delhi	Ch. Brahm Prakash Ayurved Charak Sansthan, Khera Dabar, Najafgarh, New Delhi- 110073	Dr. Bharti, Director (Ayu)	Project MoU-A pilot study to assess the efficacy of Ayush - 64 in COVID - 19 cases	02.06.2020	01.12.2020	Closed	Collaborative clinical project
7.	CARI, New Delhi	Ch. Brahm Prakash Ayurved Charak Sansthan, Khera Dabar, Najafgarh,	Dr. Bharti, Director (Ayu)	Project MoU-Evaluation of protective potential of an Ayurvedic Rasayan (Chyawanprash) in the prevention of COVID-19 among Health Care Personnel – An open label, prospective Randomized	02.06.2020	01.12.2020	Closed	Collaborative clinical project

		New Delhi-110073		controlled parallel group study				
8.	CARI, New Delhi	IIT, DELHI	Dr. Bharti, Director (Ayu)	Development of Automated Basti Yantra- A comprehensive tool for therapeutic induction of enema.	24.08.2020	23.08.2022	Closed	DEVELOP MED AUTOMATED BASTI YANTRA
9.	CARI, New Delhi	Datta Meghe Institute of Medical Sciences, Deemed to be University	Dr. Bharti, Director (Ayu)	To carry out the doctoral research projects jointly after due recognition of the institution for such doctoral research at CARI, New Delhi and defines it area.	27.10.2020	26.10.2025	5 Years	MoU with Datta Meghe Institute of Medical Sciences, deemed to be University U/c 3 of UGC act, 1956, conferred 'A' grade status by Ministry of HRD, Govt. of India for recognition of CARI, New Delhi as Ph.D. Institute.
10.	CARI, New Delhi	AIIMS, New Delhi	Dr. Bharti, Director (Ayu)	Prospective Double Blind Randomized Controlled Clinical Study on Ayurvedic Intervention (Sarpagandha Mishran) Vs Amlodipine For The Management of Stage-I Primary Hypertension	24.02.2021	31.01.2024	Closed	collaborative clinical research work for stage I primary hypertension initiated in Dept. of Pharmacology

11.	CCRAS Hqrs., New Delhi	Public Health Foundation of India, PHFI, New Delhi	Dr. Ravindra Singh, AD, (Chemistry)	WHO Fended Project Assessment of integration of AYUSH into the public health system for combating COVID-19.	23.03.2021	22.11.2021	8 Months	Collaboration Project
12.	CARI, New Delhi	National institute of mental health and neurosciences (NIMHANS), Bengaluru	Dr. Bharti, Director (Ayu)	Clinical Study on Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M 3 in the Management of Migraine	10.01.2022	09.01.2025	3 Years	Collaborative clinical project
13.	CARI-CCRAS, New Delhi	All India Institute of Medical Sciences, New Delhi	Dr. Bharti, Director (Ayu)	A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)”	04.04.2022	03.10.2024	02 Years	Collaborative clinical research Project
14.	CARI, New Delhi	VVMC and Safdarjung hospital, New Delhi	Dr. Shweta Mata, R.O. (Ayu)	Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Collaborative Randomized Controlled Trial	12.01.2023	11.07.2025	2 Years	Collaborative clinical project
15.	CARI, New Delhi	VVMC and Safdarjung hospital, New Delhi	Dr. Shivshankar Rajput, R.O. (Ayu)	Clinical evaluation of Trinkantamani Pishti along with Ashokarishta in the management of Raktapradara w.s.r.	12.01.2023	11.01.2026	3 Years	Collaborative clinical project

				menorrhagia - A Pilot Study”				
16.	CARI-CCRAS, New Delhi	1. Uttarakhand Ayurveda University, Gurukul Campus, Haridwar, U.K 2. Rajiv Gandhi Govt Post Graduate Ayurvedic College and Hospital Paprola, Distt. Kangra – H.P 3. Parul Institute of Ayurved, Parul University, AP Limda, Tal Waghodia, Vadodara – Gujarat 4. Faculty	Dr. Bharti, Director (Ayu)	Treatment adherence, tolerability and safety of Ayurveda therapeutic regimen in the management of Primary Knee Osteoarthritis: An OPD-based study" under SMART program.	17.02.2023	16.02.2025	02 Years	Multicentric collaborative clinical research project

		of Ayurveda, Institute of Medical Sciences, Banaras Hindu University (BHU), Varanasi – U.P						
17.	CARI, New Delhi	Ch. Brahm Prakash Ayurved Charak Sansthan, Government of Nct of Delhi, & MSM Institute of Ayurveda, Bps Mahilavish wavidyalaya , Sonipat, Haryana & Rajiv Gandhi Govt P.G Ayurvedic College &	Dr. Renu Rani, R.O. (Ayu)	Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention- Dhatri Lauha in the management of Iron Deficiency Anemia: An open label single arm study	17.02.2023	16.02.2025	2 Years	Collaborative clinical project under SMART IDA

		Hospital, Paprola, & Shubdeep Ayurved Medical College & Hospital (PG Institute), Indore, Madhya Pradesh						
18.	CARI, New Delhi	Vardhman Mahavir Medical College and Safdarjung hospital, New Delhi	Dr. Shivshankar Rajput, RO (Ayu)	Clinical assessment of the efficacy of Ayurvedic management in PCOS – a randomized open label control trial	14.03.2023	13.03.2026	3 Years	IMR clinical project
19.	CARI, New Delhi	Vardhman Mahavir Medical College and Safdarjung hospital, New Delhi	Dr. Sakshi Sharma, R.O. (Ayu.)	Efficacy of Ayurveda Interventions (Pushkar Guggulu and Haritaki) as add-on to Standard Care in Stable Coronary Artery Disease: A Double-blind Randomized Controlled Study	14.03.2023	13.03.2027	4 Years	Collaborative clinical research work Initiated in March 2024 in dept. of cardiology
20.	CARI-CCRAS, New Delhi	All India Institute of Medical	Dr. Bharti, Director (Ayu)	An exploratory series of n of 1 responder restricted study of Ayurveda regimen on	28.03.2023	27.09.2025	2.5 Years	Community based collaborative clinical research Project

		Sciences, New Delhi		quality of life among elderly population in Ballabhgarh district of Haryana- A community-based study.”				
21.	CARI, New Delhi	AIIMS, New Delhi	Dr. Bharti, Director (Ayu)	A randomized placebo control study to evaluate the effect of AYUSH SR as adjunct to usual care for cardiac rehabilitation on biochemical, physical and psychological parameters, in adult patients who underwent Coronary Artery Bypass Graft (CABG) surgery	20.01.2024	19.01.2027	3 Years	Collaborative clinical project
22.	CARI, Punjabi Bagh (CCRAS), New Delhi	AIIA, Sarita Vihar & ILBS	Dr. N. Srikanth(PI) Dr. Shaizi Layeeq(Co-I) Dr. Kishor Patel(Co-I) Dr. Amit (Co-I) Dr. Tanuja Manoj Nesari(PI) Dr. V G Huddar(Co-I) Dr. Prasanth Dharmarajan(Co-I) Dr. Divya Kajaria(Co-I) Dr. Shvetank Sharma Dr. Jaya Benjamin	Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study.	28/08/2020	27/08/2023	3 years	Collaborative clinical research project

23.	CARI, Punjabi Bagh (CCRAS), New Delhi	JNU, New Delhi	Dr. Hemant Ritturaj Kushwaha, P.I @ JNU Dr. Rupesh Chaturvedi, P.I @ JNU Dr. Shruti Kanduri, P.I, CCRAS Hqrs Dr. Lalita Sharma, Co.I, CCRAS Hqrs Dr. Sudha Kumari K.G, Co.I @CARI	"Entrepreneurship in Ayush Industry: Management and commercialization principles in Ayush product & services"	14.06.2024	14.06.2 027	2 years	A comprehensive documentation of Entrepreneurship in Ayush industry covering all domains (Ayurveda, Yoga & Naturopathy, Unani, Siddha, Homeopathy and Sowa Rigpa
24.	CARI, Punjabi Bagh (CCRAS), New Delhi	All India Institute of Ayurveda and Parul Institute of Ayurveda	Dr. Babita Yadav, R.O. (Ay.) Dr. Kamini Dhiman, Prof., SRPT dept., AIIA, Delhi Dr. Divya, Prof., Parul University, Vadodara	“Effectiveness of Ayush Osto (coded Ayurvedic formulation) in post - menopausal women with Osteopenia- A propectivesingle arm multi centric study”	19.02.2025	18.02.2028	3 years	CCRAS CARI New Delhi has decided to enter into an MoU with All India Institute of Ayurveda (AIIA), New Delhi and Parul Institute of Ayurveda And Research, Vadodara to undertake a research project entitled Effectiveness of

									Ayush Osto (coded Ayurvedic formulation) in post -menopausal women with Osteopenia- A prospective single arm multicentric study” under Scope for Mainstreaming Ayurveda Research in Teaching professionals (SMART) 2.0 program
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