

## **Details of Completed Research Projects (64)**

1. **Evaluation of efficacy and safety of Ayush-M3 in the management of Pre-Hypertension- A double blind Randomized Control Clinical Study**
2. **Prospective open labelled observational study to document the potential safety issues and prescription trends of selected Rasaushadhi in CCRAS OPD across India**
3. **Evaluation of the effect of Jambheera Pinda Sweda in Cervical Spondylosis wrt Clinical Symptomatology**
4. **Clinical evaluation of the effect of Sapthasara Kashaya and Saraswatharishta in Kashtartava (Primary Dysmennorrhoea).**
5. **Collaborative multi centric clinical trial to study the effect of Ayush Rasayana (A&B) on ageing in apparently healthy elderly subjects.**
6. **Evaluation of Efficacy and Safety of Ayurveda Intervention (Ayush 64) in the management of COVID 19 Infection (Asymptomatic & Mild to Moderate Smtoms) - A open lebel single arm prospective clinical trial at A & U Tibbia College**
7. **Evaluation of the efficacy an Ayurvedic Intervention (Chyawnprash) in the prevention of COVID-19 pandemic among Health Care Personnel - A Open Label Single Arm Prospective Study at A & U Tibbia College**
8. **Clinical evaluation of an Ayurvedic formulation in the management of Allergic Rhinitis-A pilot study**
9. **Clinical evaluation of Shadbindu Taila Nasya and Chitraka Haritaki in the management of Pinasa (Chronic Rhinosinusitis)**
10. **Documentation of Life Profiles of Luminaries in the field of Ayurveda- Vd. Bhagwan Dash**
11. **Clinical Evaluation of Ayush PE Eye drops in the management of acute allergic conjunctivitis**
12. **Documentation of Life Profiles of Luminaries in the field of Ayurveda- Vd. Dhyani Sir**
13. **Efficacy and Safety of Ayurveda Interventions for Depression: A Systematic Review**
14. **A Randomized placebo controlled Prospective phase 2 clinical study of an Ayurvedic coded drug 'AYUSH D' on glycemc control in Pre-Diabetic subjects**
15. **A Randomized placebo-controlled phase 2 clinical study of an Ayurvedic coded drug 'AYUSH D' in the management of Type 2 Diabetes Mellitus as add on Therapy to Metformin.**
16. **A pilot study to assess the efficacy of Ayush - 64 in COVID - 19 cases**
17. **Evaluation of protective potential of an Ayurvedic Rasayan (Chyawanprash) in the prevention of COVID-19 among Health Care Personnel – An open label, prospective Randomized controlled parallel group study.**
18. **Comparative observations on charges in serum lipid profile in patients under goining Snehana with pure ghee in one group and Mahatiktaka Ghrita in the other group**

19. Development and validation of Prakarti assessment questionnaire /scale
20. Development of Biomedical Instrumentation for automized preparation of Standardized Kshar sutra in collaboration with IIT Delhi.
21. Efficacy & Safety of Ayurveda Intervention for Dry Eye Syndrome : A Systematic Review
22. Clinical evaluation of Lavan Bhaskara Churna in the management of Amajirna- A Randomized Parallel Group Study
23. Multi-centric open clinical trial of Rajah Pravartini Vati in Kashtartava (Dysmenorrhoea)
24. Effect of Nisha Amlaki and Chandraprabha Vati in the management of type-2 diabetes Mellitus (Madhumeha)
25. Assessment of therapeutic efficacy & safety of Sitopaladi Churna in the management of Kasa (Bronchitis)
26. Evaluation of Sirodhara with Amalaki Kwatha in Patients of Anxiety Neurosis
27. A prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 -A community-based study
28. Clinical efficacy of Kaishore Guggulu and Balaguduchyadi Taila in the management of Gout (Vatarakta)
29. A prophylactic community-based study to assess the impact of Ayuraksha Kit in COVID-19
30. Clinical evaluation of efficacy of Ashwagandha on quality of life in geriatric population- prospective double-blind placebo-controlled study-outreach (SCSP)
31. A prospective community-based study for the evaluation of Punarnavadi Mandura in anemia (pandu)-SCSP
32. Validation of reliability testing of diagnostic methods in Ayurveda
33. Randomized control study to evaluate the efficacy of Ayush Card Tea (AYUSH CCT) and Rajyoga Meditation versus conventional treatment on clinical recovery and post-operative outcomes following mitral valve open heart surgery
34. Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A community based randomized controlled trial under AMHCP -2022-23
35. Evaluation of changes in serum electrolyte levels (Na, K etc.) after Virechana Karma with Eranda Taila
36. Clinical evaluation of the efficacy of Pushyanuga Churna in the management of Shweta Pradara w.r.t. Bacterial vaginosis (Leucorrhoea)
37. Reproductive and child Health care program under Schedule cast sub plan Programme (SCSP) through Mobile Health Services
38. Impact of Ayurvedic Intervention in the prevention of COVID 19 Infection in Containment areas of Delhi- A community based Observational Study
39. Randomized Double blind trial for clinical evaluation of Ksharsutra prepared Manually and by Automated Machine in Fistula-in-ano (Bhagandara).

40. **An Open Label Clinical Trial to Evaluate Clinical Efficacy and Safety of AYUSH AGT for External Wounds.**
41. **Controlled Clinical Trial to assess the effectiveness of topical application of C1 Herbal Oil on Superficial external wound and Split thickness skin graft donors site for surgical wound healing- 1st & 2nd phase in collaboration with AIIMS Delhi**
42. **A clinical evaluation of Pathyadi Kwatha and Anu Taila Nasya in the management of Ardhavabhedaka (Migraine) an Annual Action Plan 2017-18.**
43. **“Evaluation of Ayush-SR tablet in occupational stress among nurses –A randomized double- blind placebo controlled clinical study”**
44. **Efficacy of Ayurveda Nutritional Supplements and Yoga Protocol in Preventing/Reducing the Severity of Acute Mountain Sickness: An Open-Label Randomized Controlled Study**
45. **Development of Automated Basti Yantra- A comprehensive tool for the administration of enema for therapeutic purpose”**
46. **“Clinical efficacy of Arogyavardhini Vati and Pippalyadyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) –Arandomized open-label prospective clinical trial”**
47. **Documentation of Life Profiles of Luminaries in the field of Ayurveda- Prof. Vaidya Shri Ram Sharma**
48. **Documentation of Life Profiles of Luminaries in the field of Ayurveda- Vd. Labhshankar Shukla**
49. **Life Profile of Ayurveda Luminary- Vd. Bhaskarbai Hardikar**
50. **Evaluation of efficacy and safety of AYUSH-HR in the management of Pre-Hypertension - A Double-blind Randomized Control Clinical Trial.**
51. **Prospective Double Blind Randomized controlled clinical study on Ayurvedic intervention (Sarpagandha Mishran) vs Amlodipine in the management of stage - I Primary Hypertension'**
52. **Randomized Double Blind Placebo controlled Clinical study of Ayurvedic coded drug “AYUSH-A” in the Management of Bronchial Asthma (Tamaka Shwasa)**
53. **Study the physiological basis and gut bacterial modulations induced by Virechana (Purgation therapy) in Healthy adults: A prospective longitudinal study**
54. **Double Blind Randomized Placebo Controlled Multicentric Clinical Trial of Ayush M-3 in the Management of Migraine (CARI, New Delhi & RML)**
55. **A Randomized controlled trial to evaluate the efficacy of multimodal Ayurveda interventions in Jaanu Sandhigatavata (Primary Knee Osteoarthritis)**
56. **Clinical evaluation of Ayurvedic management in Allergic Rhinitis-A Randomized Controlled trial.**
57. **A Clinical Consensus study for developing the practice guidelines of Marsa Nasya Karma with a multi-center Feasibility study in Cervical Spondylosis**
58. **Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A Multicentre Cross-sectional Survey Study. (28 Wing, AF Hospital, Hindon, Ghaziabad – U.P)**

- 59. Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A Multicentre Cross-sectional Survey Study. (28 Wing, AF Hospital, Hindon, Ghaziabad – U.P)**
- 60. “Profiling of Demographic, health status and Non communicable Diseases among Scheduled Caste population in selected states across India- A descriptive, Cross sectional Epidemiological study”**
- 61. To evaluate the effect of Mandur Vatak and Drakshavaleha (ayurveda medicines) in improving haemoglobin (gm/dl) among scheduled caste population with moderate iron deficiency anaemia**
- 62. “Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factors among scheduled castes in selected states across India”.**
- 63. Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community-based study**
- 64. Acceptability of the comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster randomized study**